Every summer, the Alliance for the Arts GreenMarket offers free farming and gardening workshops conducted by local growers, master gardeners, homesteaders and educators. Residents’ support for these classes has been strong in the past, with many attending, taking notes and asking questions. The result has been an increase in local homes and communities growing food organically in the area. This year, in addition to a core of sound gardening practices, the GreenMarket is adding workshops on more specialized activities, like beekeeping and vermiculture. The community is invited to visit the market at 10:30 a.m. on the first and third Saturdays in June, July and August to participate in the 2013 Urban Farming Workshop At GreenMarket. Urban Farming can be fun for all ages.
Historic Downtown Fort Myers, Then And Now:
View On Altamont
by Gerri Reaves

When Doug Bartleson snapped this photo looking south on Altamont Avenue at West First Street in 2003, he captured a scene that would soon be gone forever.

Ten years ago, what remained of the once thriving Edison-Ford Plaza (originally named Boulevard Plaza) was mostly vacant. Within a year or so after the 2003 photo was taken, all the buildings pictured would be demolished.

For more than four decades, the plaza occupied the area bound by West First Street and McGregor Boulevard on the north and south, and Clifford Street and Virginia Avenue on the east and west.

The two-section plaza was roughly bisected by Altamont, which was spanned by the arches seen in the photo.

When the Boulevard Plaza opened in January 1960, it was big news. Downtown had its first retail shopping center, and it brought major changes in downtown’s economic dynamics.

The plaza not only introduced the age of the shopping mall to Fort Myers, it helped to drain business from the center of downtown to the western outskirts of downtown. The change previewed of something that would have an even bigger impact several years later – the Edison Mall – which definitely moved business south.

Before long, downtown Fort Myers was suffering the malady that swept the nation in the 1960s and 1970s – the near-death of traditional downtowns.

But if you could zoom back 40 years and visit the plaza, you might be delighted to discover almost everything you need for everyday shopping and services.

Anchor stores such as FW Woolworth, Pantry Pride Grocery and Liggett Drugs stood alongside numerous local businesses, which included a beauty salon, barber shop, ice cream parlor, appliance store, coin laundry, shoe shop, jeweler, toy store, and even a yarn and antique shop.

Dental and medical offices, realtors, lawyers, clothing shops and restaurants, and a savings and loan were among the other plaza residents.

The South Plaza Cinema had opened recently at the corner of West First and Clifford Streets, just to top things off.

But the plaza went into decline, and by the mid-2000s, the site was slated for a New Urbanist development, First Street Village. The plaza structures were demolished in preparation.

In late 2007, the first phase of that development opened, giving downtowners a grocery store and other businesses. Oddly enough, the architecture resembles that of the old Boulevard Plaza.

As for the west side of Altamont… in the last few years, the vacant site has reverted a bit to its pre-shopping center history.

People who love an unobstructed view of the Caloosahatchee River from McGregor Boulevard have had something to be grateful for, while the large open space that was called League Field decades ago remains undeveloped.

The land’s history as a multi-purpose public gathering place goes back a century or more.

continued on page 4
Fort Myers Public Art:

Tootie McGregor Fountain Repairs

by Tom Hall

One hundred years ago, plans were under way to install a fountain at Five Points intersection in Fort Myers in honor of Tootie McGregor Terry, the real estate financier who was responsible for converting McGregor Boulevard from a dirt cattle trail into the paved thoroughfare we enjoy today. As the 100th anniversary of the fountain’s completion nears, the Fort Myers Public Art Committee would like to restore it to its original condition. But money stands in the way. Or, to be more precise, the lack thereof.

According to a report commissioned by the Public Art Committee from conservation experts Rosa Lowinger & Associates, returning the landmark to its original state could cost in excess of $65,000. The committee only has $15,000 in its coffers for repairs and maintenance, and that has to cover all 21 sculptures and more than two dozen paintings, prints and photographs contained in the city’s portable works collection.

“We don’t have the money,” bemoaned chairwoman Ava Roeder during the committee’s meeting on May 21. Noting the importance of Tootie McGregor’s financial contribution and commitment to the city’s early development, Committee member Jared Black deemed it appropriate to go beyond the city to the county and corporate sponsors to make the necessary repairs.

Installation of the Tootie McGregor Fountain began on July 10, 1913 and was completed in time for the first anniversary of its namesake’s death on August 17. It resided at Five Points until 1952, when it was dismantled to make way for the crossover to the Caloosahatchee Bridge. The Fort Myers Beautification Advisory Board had North Fort Myers sculptor Don Wilkins reassemble the fountain at the Fort Myers Country Club between 1983 and 1984, but when Wilkins reinstalled it, he added a 40-foot wide reflection pool and made other changes that were not part of the fountain’s original design.

PAC member Bill Taylor has been a vocal proponent of putting Fort Myers’ first public artwork back in its original state by its centennial, but the scope and cost of the necessary repairs make this all but impossible - although the city’s Public Works Department could take a step in this direction by removing the reflection pool and replacing it with landscaping and sod in time for the fountain’s 100th anniversary.

As for the remaining repairs, they’ll either have to wait until a public-private partnership can be assembled to raise the needed funds or the Fort Myers City Council replaces the current voluntary public art ordinance with one that requires public art contributions from all new public and private development within the City of Fort Myers, which is how 35 cities and 13 counties throughout Florida pay to maintain their public artworks.

An arts advocate, Tom Hall guides weekly walking tours of the River District’s public art collection in Fort Myers. For more information, go to www.truetours.net.

The Tootie McGregor Fountain celebrates its 100th on August 17

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THE RIVER - MAY 31, 2013 | 3
Confederate Statue Installed In Buckingham Cemetery

submitted by Commander Robert Gates, W M Footman Camp #1950 Sons of Confederate Veterans

O
n May 27, a 46-inch high, 385-pound statue of a Confederate soldier was placed in the historic Buckingham Cemetery. The statue, named Sgt. Franklin, will overlook, guard and forever be a reminder of the sacrifice of the CSA soldier and to the 11 soldiers buried in the cemetery.

The statue was donated by Dr. Jack Abel and his wife, Jane, who brought the statue to Fort Myers from Macon, Georgia, and was given to the Major W.M. Footman Camp #1950 Sons of Confederate Veterans and the Fort Myers United Daughters of the Confederacy under the stewardship of Commander Robert Gates. Mrs. Abel hand-painted Sgt. Franklin.

The previous weekend, Tom Fyock and Eric Smith of the Major W.M. Footman Camp built a pedestal, using 18 bags of concrete. The pedestal was perfect in every way. Today I, Sean McFall and Weyman Edmundson delivered the statue and set it in place. The fit was beyond perfect. It truly brightens the cemetery and does so with honor. A plaque has been ordered and will eventually be installed as well.

I would like to thank each and everyone who assisted in this project, a special thanks to the Abels for giving us Sgt. Franklin.

Greeeters Club

All are welcome to attend the Thursday, June 20 luncheon meeting of the Greeeters Club of Greater Fort Myers. Meetings are held on the third Thursday of the month at the Colonial Country Club, 9181 Independence Way in Fort Myers. The June speaker will be Kevin Farrell, a fraud specialist from the Lee County Sheriff’s Office.

The cost is $20. Call to make a reservation and to find out more about joining this group of Lee County women. Contact Marie Gaither at 791-8966 or email wmgaither@aol.com. Find the club on Facebook at Greeeters of Fort Myers.

Lee Republican Women Meeting

The next dinner meeting of the Lee Republican Women Federation will be held on Monday, June 10 at the Hilton Garden Inn, 12601 University Drive in Fort Myers. Social hour begins at 5:15 p.m., with dinner and the program to follow.

The guest speaker will be Heather Fitzenhagen, Florida House of Representative District 78. Cost is $20 per person, all inclusive. A cash bar will be available.

To make reservations, call 432-9389 or email cindylignelli222@gmail.com. For more information, contact Michele Duryea via email at micheldemduryea@embarqmail.com or call 280-7653.

Public Invited To Uncommon Friends Meeting

The public is invited to attend the annual membership meeting of the Uncommon Friends Foundation on Thursday, June 13 from 7:30 to 8:30 p.m. at the Burroughs Home, 2505 First Street in Fort Myers. Nonmembers will have an opportunity to learn about the nonprofit foundation.

Coffee and conversation will be followed by the State of the Foundation by President Gray Davis, a regular Board of Directors meeting will follow the annual meeting. New board members and officers will be elected.

There is no cost to attend and there will be an opportunity for a mini tour of the historic home. Reservations are requested and may be made by calling 337-9503.

New Gates At Matlacha Park

New gates have been installed at Matlacha Park in Greater Pine Island. The gates near the park entrance are electronic and based on a timer, and they will replace the manually operated boat-ramp gate. Hours for ramp users and park patrons are 7 a.m. to 9:30 p.m. daily. The electronic gates began operation Tuesday, May 28.

The park, boat ramp, kayak launch, fishing pier and community center are located in the heart of Pine Island’s hamlet of Matlacha at 4577 Pine Island Road Northwest. Park admission is free; parking for vehicles not towing trailers also is free. Trailer parking is $10 daily, or boaters can purchase parking stickers for $60. For more information visit www.leeparks.org or call 283-4110 in Matlacha or the main Lee County Parks & Recreation office at 533-7275.
Urban Farming

Workshop Series. Learn how to produce food in small areas around homes, businesses and community centers in cities and towns using organic, bio-intensive methods. Explore ways to contribute to your community’s sustainability and long-term food security. The series kicks off on Saturday, June 1 with The Kitchen Garden & Beyond. Other topics in the series include The Urban Chicken Coop, Intro to Organic Beekeeping and Earthworms, the Magic Garden Workers. The complete schedule of presentations is as follows:

- **June 1** – Introduction: The kitchen garden and beyond
- **June 15** – Fruit year-round: The right trees for the Southwest Florida yard
- **June 29** – Permaculture: Designing long-term, self-sustaining food gardens (Extra date for the fifth Saturday)
- **July 6** – The urban chicken coop: How To’s for fresh, organic eggs
- **July 20** – An introduction to organic beekeeping in yards and on rooftops
- **August 3** – Earthworms, the magic garden workers: vermiculture in the Urban Farm
- **August 20** – Preparing the Fall season Urban Farm in SWFL

Pre-registration is not required and the workshops are free, but a $5 donation is appreciated and will help support the market and future educational programs.

Area Leaders Go Behind Bars For ‘Good’ To Support MDA

More than 70 business and civic leaders from throughout the Downtown Fort Myers area were “arrested” and put “behind bars” for the Muscular Dystrophy Association’s Lock-Up fundraiser on May 22 at Joe’s Crab Shack. The event raised $49,292.

Accused of having big hearts and being heavily armed with kindness, the “jailbirds” volunteered to be part of MDA’s Lock-Up in order to raise “bail” by encouraging friends, family, co-workers and business contacts to make contributions to MDA that will directly benefit families in the greater Southwest Florida area living with progressive muscle diseases. Top bail-raisers included Cindy Martel of the Verdandah, Kristin Woolam of Liberty Mutual and Beth Wolt of Wolt & Associates.

MDA also assists jailbirds in creating personalized Lock-Up donation websites to help raise their bail ahead of time online. The links for these websites can be emailed to friends, family and co-workers who could make secure online donations.

“It’s amazing how our community jailbirds rallied around MDA and did a great job raising bail,” explained Kim Viquesney, Executive Director. “The Lock-Up was a fun celebration of the work each person did to help families who live right here in our community.”

Lock-Ups are one of MDA’s signature fundraising programs, benefiting local individuals living with muscular dystrophy, ALS and related progressive muscle diseases in the Southwest Florida area.

The event also will help send Fort Myers area youngsters to a special week at MDA summer camp in Brandon, Florida. Youngsters with muscle diseases, as well as the many volunteers who help create magic at MDA summer camp each year, enjoy a wide variety of activities designed specifically for youngsters with limited mobility. Some activities include horseback riding, swimming, football, and arts and crafts.

MDA is the nonprofit health agency dedicated to curing muscular dystrophy, ALS and related diseases by funding worldwide research. The Association also provides unparalleled health care services; advocates for the families it serves; and invests significant resources educating the medical and scientific communities, as well as the general public, about neuromuscular diseases affecting more than one million Americans.

MDA maintains a nationwide network of some 200 hospital-affiliated clinics – 38 of which are designed as MDA/ALS centers – that provide unparalleled medical and health care services to adults and children with neuromuscular diseases. Families in Southwest Florida are encouraged to visit the MDA Clinic at Sarasota Memorial Hospital.
Ronald McDonald House Charities’ Offshore Rodeo & Reggae Party

The inaugural Offshore Rodeo & Reggae Party will be making a splash in Southwest Florida this weekend of June 1 and 2. A benefit for Ronald McDonald House Charities of Southwest Florida, the fishing tournament launches at 6 a.m. on Saturday, June 1 from Port Sanibel Marina. Anglers will spend the day catching a variety of species and return by 6 p.m. Dinner will be served on site at the Lighthouse Waterfront Restaurant.

The awards banquet, live music and brunch will be held on Sunday, June at Sanibel Harbour Marriott Resort & Spa. Spectator and guest tickets are available for both the Saturday and Sunday festivities.

“The Offshore Rodeo & Reggae Party is sure to be a great time for families and anyone interested in fishing,” said Jeff Miloff, event organizer. “Best of all, it supports families in need at the Ronald McDonald House of Southwest Florida.”

Registration is $200 per angler prior to May 15, and $250 per angler thereafter. To register, visit www.rmhcswfl.org. For more information, contact Jeff Miloff of Miloff Aubuchon Realty Group at 565-0831. Sponsorship opportunities are available.

A special kick-off celebration and Texas Hold ‘em Poker Tournament is planned for Friday, May 17 at The Joint in Cape Harbour, with food, drinks and live reggae music. Ticket information is available at www.rmhcswfl.org.

Since 1996, more than 2,000 families from Collier, Lee, Charlotte, Glades and Hendry counties, as well as other states and countries, have found a “home away from home” at Ronald McDonald House in Fort Myers while their children are undergoing medical treatment at Golisano Children’s Hospital. Additional thousands are served by the Ronald McDonald Care Mobile by grants and scholarships awarded to deserving individuals and organizations in the five-county region.

River District Ramble To Benefit Uncommon Friends Foundation

The public is invited to participate in the River District Ramble, held in downtown Fort Myers this Saturday, June 1. The 7 to 10 p.m. event will benefit the Uncommon Friends Foundation.

Check-in will be held on the Patio de Leon. There is no charge to attend the Ramble; a $15 donation is suggested for wristbands, which allow participants to register for deals and specials provided by the participating River District partners. Raffle prizes will be awarded at 9 p.m. on the patio; they include massages, exercise classes, gifts, restaurant certificates and other similar items.

Free parking will be provided for the event by Crown Valet Parking. The Ramble is an opportunity to support downtown businesses and the Uncommon Friends Foundation.

The Uncommon Friends Foundation’s mission is to promote character education in schools, business ethics in the workplace, and historic preservation of the Burroughs Home and James Newton Archives.

Additional information about the Ramble may be obtained by calling 437-3016 or by emailing sharon@shabroofficesolutions.com.

Gulf Coast Humane Society Announces First Annual Duck Dash

The Gulf Coast Humane Society (GCHS), 2010 Arcadia Street, Fort Myers, announces the first annual Duck Dash on October 19 from 12 to 3 p.m., hosted by Bass Pro Shops in Gulf Coast Town Center.

“Adopted” rubber ducks will race in the pond behind Bass Pro for prizes. Ducks can be adopted for $5 at the Gulf Coast Humane Society, all GCHS off-site events and online. This fun family day will also feature Gator Country 101.9, games, vendors, food, drinks and entertainment. Sponsorship and vendor opportunities are now available.

For more information, call 332-0364 or email: Courtney@gulfcoasthumanesociety.org or visit http://www.gulfcoasthumanesociety.org/duck-dash.html.

Learn To Row Day Coming To Cape Coral

Stuck in the same boring workout routine? Tired of seeing the same faces day after day in your local gym? Try something new that could change the way you approach fitness for the rest of your life.

Cape Coral Rowing Club is inviting the public to experience the joy of rowing on Saturday, June 1 from 8 a.m. to 1 p.m. at their facility at Cape Harbour Marina. Interested participants will be introduced to a sport which is enjoyed by people of all ages and fitness abilities; no previous rowing experience is necessary.

The free event will include:

• A tour of the facility and learn the parts of a rowing shell
• A Concept II Ergometer demonstration
• Experience the ergometer while learning the body movement in a rowing shell
• Learn basic rowing commands
• Have an on the water rowing experience in an eight-person shell with an experienced coxswain and rowers
• Enter a raffle for a free six-session Learn To Row program

The program is open to age 13 and up. Contact info@capecoralrowing.com for more information and to register.

Cape Harbour Marina is located at 5828 Cape Harbour Drive in Cape Coral.

HORTOONS

Our email address is press@riverweekly.com
Minister Bids Farewell To Congregation He Founded

On May 26, Rev. Dr. Wayne Robinson delivered his last sermon to the congregation he founded back in February 2001, with a sermon fittingly titled, “Who Would Have Thought It… 12 Years Ago?”

As minister of All Faiths Unitarian Congregation for the past 12 years, from which he has retired, he preached the importance of inclusiveness, and celebrating diversity in all its forms in order to arrive at a world in which people are more humane, compassionate and accepting of their differences. As an expression of his belief in inclusiveness, religious leaders of other faith traditions were always a part of his social and professional circles.

In 2001, he led a group of people wishing to be part of a congregation that respects and celebrates the world’s religions to becoming an organized congregation (All Faiths) and acquiring a home of their own in 2010 at 2756 McGregor Boulevard in Fort Myers.

An ordained minister for more than 50 years, he began his ministry in the Pentecostal Holiness Church, then went on to serve in the United Methodist Church, and finally becoming a Unitarian Universalist (UU) minister in 1990, after

Rev. Dr. Wayne Robinson

which he served congregations in his home state of Oklahoma, and then in Minnesota, Michigan and Florida.

His education includes a Bachelor of Theology, Southwestern College of Christian Ministries Oklahoma City; a Bachelor of Arts in journalism, Oklahoma City University; a Bachelor of Divinity, Southern Methodist University (SMU); a Master of Theology, and a Doctor of Ministry, also from SMU. Before entering UU ministry, he served in a wide variety of nonprofit positions including television, radio, advertising and direct mail. He has ghosted more than a dozen books for others, and authored three of his own.

A frequent guest columnist for the Fort Myers News-Press, Rev. Robinson has always been willing to “speak truth to power” when he sees unjust policies and practices. He has been actively involved in many civil liberties and social justice issues and is known for helping to break down the walls of racial segregation in Southwest Florida by working with other community leaders in the organization once known as Lee County Coming Together.

In addition to his ministry at All Faiths, he served as an adjunct professor at FGCU, teaching a course in civic engagement, where he got his students involved in social action projects.

Rev. Robinson plans to continue his lifelong spiritual journey by returning to his writing. A new endeavor that he’s embarking upon is creating a weekly blog of religious commentary. His ultimate goal is to provide sermons for a global congregation.

He joined his congregants and friends in a Memorial Day BBQ after his final service on May 26. An interim Unitarian Universalist minister, Rev. Margaret Beard, will begin serving All Faiths in September after its summer program, from June 2 to August 25.

Reverend To Address Democratic Women’s Club

Rev. Allison Farnum will be the featured speaker at the Democratic Women’s Club of Lee County meeting on June 8. Rev. Farnum has served the Unitarian Universalist Church of Fort Myers as its minister since 2008. She is on the executive committee of the interfaith justice ministry organization in Lee County, called LIFE. She also serves on the board of directors for the Lee County Homeless Coalition and on the board of Interfaith Action of Southwest Florida, the faith-based ally to the Coalition of Immokalee Workers. Rev. Farnum has her BS in speech from Northwestern University, and master of divinity from Meadville Lombard Theological School.

Rev. Farnum’s topic will be Call to Compassion – Immigration. She will explain how immigration is a moral issue, and why it is the duty of civic-minded people of conscience to call upon the government for compassionate immigration reform. You will learn about what is happening legislatively but also be invited to think from the heart about how this issue affects you and your community.

The meeting will begin at 10:30 a.m. at the Hilton Garden Inn in South Fort Myers, at the northeast corner of College Parkway and Summerlin Road. A lunch will be served following the meeting at a cost of $18 and visitors may make reservations by contacting Jim Helms at jimbhelms@hotmail.com or by calling 432-0970.
Florida is a scuba diver’s paradise. Scubavice in Fort Myers offers classes and dive trips as the privileged daughters of wealthy businessman Nelson Burroughs and his wife Adeline await visitors who want to take a step back in time.

Tours are offered on Tuesday through Friday from 11 a.m. to 12:15 p.m. Prices are $12 for adults, $10 for seniors and $5 for children 6 to 12 years old. No need for reservations unless you have a groups of 10 or more. Box lunches are offered at $10 and require 24 hour advance notice.

The Burroughs Home is located at 2505 First Street, Fort Myers in the historic River District. Call 337-0706 or go to www.burroughshome.com.

Southwest Florida is a great diving destination thanks to the recent sinking of the USS Mohawk. Scubavice Diving Center in Fort Myers offers day and night dive trips to the artificial reef located approximately 28 nautical miles west of Redfish Pass.

The USS Mohawk is a 165-foot Coast Guard cutter launched in 1934 and serving U.S. naval forces in the North Atlantic during World War II. It was sunk with a lifeboat and replica guns. The propeller, anchor, tackle, original decks and the stacks are intact, making it a wreck diver’s dream. Starting around 35 feet, divers will see a wide variety of reef fish in a zone which still has enough natural sunlight to support phytoplankton. Dropping down to 90 feet, it provides numerous and changing environments for a multitude of specialized marine life.

Scubavice also gives beginners the opportunity to earn their Open Water Scuba certifications with classroom instructions and sessions in the shop’s pool. Experienced divers can obtain Advanced Open Water, Nitrox and Rescue certifications. Instructor Ramiro Palma teaches all levels of diving to National Association of Underwater Instructors (NAUI) and Scubavice standards.

Scubavice Diving Center is located at 12600 McGregor Boulevard, Fort Myers. Call 481-4733 or go to www.scubavicedivers.com.

If you prefer to stay above the water, take the entire family on a scenic boat trip this summer with Captiva Cruises.

The dolphin watch and wildlife cruise is the perfect family adventure. There is nothing more exciting than seeing playful dolphins jumping in the wake of the boat. Captiva Cruises reports seeing dolphins on approximately 95 percent of their cruises. The trip runs from 4 to 5:30 p.m. and is narrated by volunteers from the Sanibel-Captiva Conservation Foundation. The cost is $24 per adult and $15 per child.

Captiva Cruises also offers sailing adventure cruises, sunset cruises and trips to Cayo Costa Beach, Cabbage Key, the Edison & Ford Winter Estates and Boca Grande. Prices vary and reservations are required.

Captiva Cruises is located at McCarthy’s Marine, 11401 Andy Rosse Lane, Captiva Island. For reservations, call 472-5300 or go to www.captivacruises.com.

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The Ostego Bay Marine Science Center is still accepting applications for its Marine Summer Camps. The programs are an exciting and educational experience for children ages 6 and older. All instructional materials are provided.

Campers will explore some of the local barrier islands and the waters of Estero Bay. Scheduled field and beach trips introduce campers to sea grass communities, plankton populations, mangrove tangles and bird nesting areas. The staff of state certified teachers offers a wide diversity of expertise providing highly personalized instructions.

Campers run Monday through Friday from 9 a.m. to 4 p.m. and include a graduation luncheon for each group on Friday:

- June 10 to 14: Sea Stars (6 to 8 years old)
- June 17 to 21: Loggerheads (9 to 11 years old)
- June 24 to 28: Sea Stars (6 to 8 years old)
- July 8 to 12: Tiger Sharks (12 years and older)
- July 15: Loggerheads and Sea Stars (6 to 11 years old)
- July 22: Sea Stars (6 to 8 years old)

Ostego Bay Marine Science Center is located at 718 Fisherman Wharf, Fort Myers Beach. Call 765-0181 or go to www.ostegobay.org.

If you appreciate the beauty of downtown Fort Myers’ historic River District, take a tour of one of Fort Myers’ oldest homes – The Burroughs Home. Walk among live oaks and lush gardens, relax in a rocking chair on the verandah as you watch the river roll gently by... but, first, join Mona and Jettie Burroughs as they share the history and colorful tales of living in the home. Built in 1901, this Georgian Revival mansion was the scene of many social events that hosted the Fort Myers’ elite including Edison, Ford and Firestone.

The Burroughs Home was host to Fort Myers’ elite including Edison, Ford and Firestone. Antique furnishings, historical artifacts and delightful tales of growing up in a rocking chair on the verandah as you watch the river roll gently by... but, first, join Mona and Jettie Burroughs as they share the history and colorful tales of living in the home. Built in 1901, this Georgian Revival mansion was the scene of many social events that hosted the Fort Myers’ elite including Edison, Ford and Firestone.
Sunday, June 2nd
The American Legion-Post 123
Is Hosting A Benefit For
Melissa and Dave Godfrey

Melissa and Dave were married April 13th of this year. Just a few short weeks afterwards Melissa was diagnosed with acute myeloid leukemia. With no health insurance the hospital bills are adding up fast. Melissa has already endured blood transfusions, platelet transfusions, two bone marrow treatments and seven days of intense chemotherapy. Her treatment will continue over the next few years. Please come out on Sunday, June 2nd beginning at 2pm and help this family out. All money donated will go directly to Melissa and her family.

Melissa Godfrey, You Got This!

♦ LIVE Music starting at 2pm until close
♦ Raffles and 50/50 Raffles every half hour
♦ All you can eat $10.00 for adults and $5.00 for kids
♦ Silent Auction (ending at 6:00)

If you cannot attend but still wish to donate please contact:
Sanibel-Captiva Bank at 239-472-6100
An account has been set up under Melissa Barnes

American Legion-Post 123

4249 San-Cap Road (Mile Marker 3), Sanibel, Florida
Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION (UUA)
Where diversity is treasured
2756 McGregor Boulevard, Fort Myers
Sunday third service: Understanding the Faiths of Our Worlds
June 2 to August 25 211 a.m.
Starting November 4, two services: 9 a.m. and 11 a.m.
Lenten services (Presanctified Liturgy) will be on Wed. evenings at 6 p.m. starting on Feb. 22. Admistrator is Very Rev. Peter Liekman, ph. 305-651-0891. We are a local Catholic Church or Byzantine Rite, 1.5 mi. east of Int. 75.

ANNUNCIATION GREEK ORTHODOX CHURCH
8210 Cypress Lake Drive, Fort Myers
Reverend Fr. George P. Savas
Orthros Service Sunday 9 a.m.
Divine Liturgy Sunday 10 a.m. www.annunciationflt.org
239-481-2099

BELTHILIO MESSIANIC SYNAGOGUE
1575 McGregor Boulevard, 437-3171
Rabbi: Judah Hungerman
Friday Service, 8 p.m., Saturday Service, 11 a.m. Shabbat School Saturday Morning.
Adult Hebrew Classes.
Call for information or full program.

BREAD OF LIFE MINISTRIES
CHURCH OF GOD
16581 McGregor Boulevard, 267-3166
Pastor: Barry Lentz, 281-3063
Sunday Worship, 10:30 a.m.
Wednesday Bible Study, 7 p.m.

CHAPEL OF CYPRESS COVE
10200 Cypress Cove Drive Fort Myers
239-850-3943, Located at Cypress Cove Retirement Center on HealthPark Campus An ecumenical non-denominational community of believers.
Sunday Worship Service, 10 a.m.
Wednesday Bible Study, 7 p.m.
Reverend Ted Althouse, Pastor
www.chapelpcycco.com

CHURCH OF THE CROSS
13500 Freshman Lane; 768-2188
Pastor: Bud Stephens; A nondemoninational church emphasizing a personal relationship with Jesus Christ.
Sunday Service: 9:15 a.m. Traditional, 10:45 Contemporary.

CONCERNED PRESBYTERIAN CHURCH
2439 McGregor Boulevard, 334-8937
Rev. Dr. Jeffrey DeYoe, Senior Pastor
Reverend David Dietzel, Pastor Emeritus.
Sunday Service: Bible study, 9:45 a.m.
Morning Worship, 11 a.m., Evening Worship, 7 p.m., Wednesday Prayer Meeting, 6:30 p.m.

CREST LAKE LUTHERAN CHURCH
8400 Cypress Lake Drive, Fort Myers,
481-5442 Randy A. Alston, Reverend.
Sunday Services: Bible study, 9:45 a.m.
Morning Worship, 11 a.m., Evening Worship, 7 p.m., Wednesday Prayer Meeting, 6:30 p.m.

CYPRUS LAKE PRESBYTERIAN CHURCH
8260 Cypress Lake Drive, Fort Myers,
481-3233; Clint Cottrell, pastor
Sunday Services: Church School 10 a.m.; Traditional; 9:30 a.m.; Contemporary; 9:45 a.m.
Children’s Church K4J Kids for Jesus CYPRESS LAKE UNITED METHODIST CHURCH
8570 Cypress Lake Drive, Fort Myers,
482-1259
8 a.m. and 11 a.m. Sunday Traditional Service 9:30 a.m. Praise Service
Sunday School all times

FAITH FELLOWSHIP WORLD MISSIONS
6111 South Pointe Boulevard, Fort Myers, 278-3638.
Sunday Worship, 10:30 a.m.;
Voice of Faith, WCRN 13.50 AM Radio;
Sunday 1:30 p.m.; Thursday Service, 7:30 p.m.
Friday Youth Service, 7:30 p.m.
Nursery care for pre-school children and Children’s Church for ages 5-12 available at each event.

FAITH UNITED METHODIST CHURCH
15690 McGregor Boulevard
Fort Myers, 482-2030
Pastor: David Stauffer.
Traditional Service: 10:30 a.m.;
Contemporary, 10:30 a.m.
Go south on McGregor Boulevard.
The church is ½ mile past the intersection of Gladiolus and San Carlos Boulevard on the way to Sanibel.
FIRST CHURCH OF CHRIST, SCIENTIST
2390 West First Street, next door to Edison Estates.
Sunday Morning Service and Sunday School, 10:30 a.m.;
Wednesday Evening Testimony Meeting, 7:30 p.m.
Child care provided at all services. Visit our Reading Room for our Book.
The 25-voice Youth Choir from The New Hope Presbyterian Church in Pompano Beach, Florida will be singing on Saturday, June 8 at 4 p.m. at New Hope Presbyterian Church in Fort Myers. The choir is directed by John and Lisa Wilson and is comprised of talented and award-winning high school students from many schools in South Florida. This choir had the honor of being invited to sing this past December for the famous Christmas Candlelight Program at Walt Disney World in Orlando, and they were featured recently in an article on Youth Choirs in the National Journal of the American Choral Directors Association.

The songs they sing will include a wide variety of musical styles, from Classical to Gospel, including Spirituals and Contemporary Christian. The choir also present a staged Christian musical, Bright New Wings, complete with costumes and choreography by prominent Drama Director Richard Briggs. This musical presents the life of Christ in a very dramatic and unique way.

In addition to the choir, there will be vocal solos as well as solo piano selections. A special feature is a choir of talented musicians who play English handbells using the difficult “four-in-hand” technique.

This Youth Choir sings in four-part harmony and is comprised of approximately 25 High School Students who have been preparing diligently throughout the past year for this performance. Some of the music included will be favorite songs such as In Christ Alone, Worthy Is the Lamb, Lord Most High, How Deep the Father’s Love for Us, Let All the People Praise Thee and traditional spirituals such as Ev’rytime I Feel the Spirit, plus Peter Wilhousky’s incredibly popular arrangement of Battle Hymn of the Republic.

This season’s concert tour will be through Western and Central Florida from June 6 to 15, singing at prominent churches located in Naples, Fort Myers, Tampa, The Villages, Orlando and Vero Beach. The choir is directed by Dr. John L. Wilson, who is the full time Director of Music at the New Presbyterian Church in Pompano Beach. He is a graduate of The American Conservatory of Music in Chicago with a Doctor of Musical Arts degree, and the Sacred Music School at Union Seminary in New York City with a Master of Sacred Music degree plus an undergraduate degree from Westminster College in New Wilmington, Pennsylvania, where he recently received a Distinguished Alumni Award. He was formerly Director of Music at the Coral Ridge Presbyterian Church in Fort Lauderdale and was featured weekly on the international television program, The Coral Ridge Hour, with Dr. D. James Kennedy. He studied conducting with Robert Shaw, Wilhelm Ehmann and Dr. Elaine Brown.

His wife, Lisa Blyler Wilson, is the co-director and accompanist of the group. She is a graduate of Westminster Choir College in Princeton, New Jersey and has performed many organ concerts in the Mid-Atlantic area including Lincoln Center in New York City. She is presently the Director of the Rejoice School of the Arts in Wilton Manors, Florida. She was also the vocal music teacher for 14 years at Westminster Academy in Fort Lauderdale, where her school choir consistently won awards around the country. Accompaniment will be on piano and organ along with some solo instruments.

The New Hope Presbyterian Church is located at 3825 McGregor Blvd. in Fort Myers. For further information, call the church office at 274-1230 or visit their website at www.newhopefortmyers.org. Admission to the concert is free, but a love offering will be taken at the intermission.†

†Permission is granted to reproduce this article for use by local newspapers and radio and television stations, with proper credit given to the original source.
Southwest Florida tarpon season is now in full swing. May and June are the main months for anglers from all over the world to come here with one goal in mind; to do battle with a hard fighting tarpon. If you are a fisherman and have never caught a tarpon, it is one of species of fish that should be on your bucket list. The strength and leaping ability of these fish are legendary.

Tarpon fishing this week was very consistent. Despite a few windy days, schools of rolling and free jumping tarpon could be found all throughout the area both on the beaches and in the bay. Although calm mornings give anglers the best opportunity to locate and sight fish, soaking calm mornings give anglers the best chance to do battle with a hard fighting tarpon.

When tarpon fishing is mentioned, most people think Boca Grande Pass. This pass does hold lots of tarpon but in my opinion is really not much fun to fish because of all the boat traffic and crowds. There are plenty of other places to catch tarpon without being involved in this stressful angling mess. With so many tarpon in our area, it’s not hard to get away from the chaos and have tarpon all to yourself.

There are lots of different effective methods to fish for tarpon including live bait, cut bait and artificials. Anglers can generally be categorized by the method they use. When you see anchored up boats in the bay and out from Knapp’s Point, these guys are generally cut bait fishermen. They set up a spread of multiple rods 360 degrees around the boat. Boats drifting and under trolling motor power are most likely the live bait fishermen. They are pitching threadfins, crabs and pinfish as they move through rolling fish.

Many local guides fish with what I like to call the hybrid method, with a few live baits and cut baits put out while anchored. This method involves first locating tarpon and setting up on the anchor. Two heavy spinning rods are baited with large cut baits rigged on circle hooks, they are pitched out and placed in the rod holders. Then my anglers fish live baits under floats. These rigs are baited with crabs, pinfish or threadfins. I find this method most productive and with a wide selection of bait for the tarpon to eat, it lets you narrow down which bait the tarpon prefer that day.

Tarpon are without a doubt my favorite fish to catch and guide anglers on. No matter how many of these fish I hook or have clients hook, it’s still an adrenaline rush that simply cannot be explained. If you have never tried it, you owe it to yourself to give it a shot.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmatt-mitchell@aol.com.

Send Us Your Fish Tales

The River Weekly would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the River Weekly, 1609 Hendry Street, Suite 15, Fort Myers, Florida 33901, or email to press@riverweekly.com.

Recreational Red Snapper Season Begins June 1

The 2013 Gulf of Mexico recreational red snapper season begins on Saturday, June 1 in state and federal waters.

This year’s state season is 44 days long and will be open through July 14 with the first day of the closure being July 15. The federal season off Florida will be 26 days long.

The state season was approved by the Florida Fish and Wildlife Conservation Commission (FWC) at its April 17 meeting in Tallahassee. State waters are from shore to nine nautical miles in Gulf waters; federal waters extend beyond that line to 200 nautical miles.

State and federal regulations require all commercial fishers and recreational anglers fishing for any reef fish species in the Gulf of Mexico to use circle hooks, venting tools and dehooking devices. In Gulf state and federal waters, the minimum size limit is 16 inches total length and the bag limit is two fish per person, per day, within a 10-fish snapper aggregate limit.

While the yearly quota for how many pounds of red snapper can be harvested has increased in recent years, the federal season length has gotten shorter over the past few years because of more fishing effort and larger fish, according to federal fishery managers.

The FWC Commission chose to go inconsistent with the 2013 federal season based on reports that the upcoming federal stock assessment would likely show red snapper populations are doing better than previously thought and reports from anglers that the fishery is improving.

More information about red snapper fishing is available online at www.MyFWC.com/Fishing by clicking on “Saltwater,” “Recreational Regulations” and then “Gulf Red Snapper.”
CROW Case Of The Week:

Baby Release Sites Needed

by Patricia Molloy

Imagine watching adorable ducklings frolicking in and around your pond or seeing an osprey sky-dancing above its treetop nest on your property. With the summer approaching, the clinic has a large number of healthy babies ready to return to the wild, but not enough locations on which they can be legally released.

Most of the babies raised at the clinic from babyhood do not need to be returned to the exact location in which they were found, since they were too young to have established a territory. Off island is where space is most needed, as 85 percent of CROW’s patients come from across the Sanibel Causeway. The clinic currently has a variety of native birds, Virginia opossums and raccoons that are ready to return to the wild.

It takes weeks or months for the babies to mature enough to survive in the wild. With baby season in full swing, the clinic’s staff, students and volunteers are working around the clock to feed them. Only a certain amount of animals can be released on one property in order to avoid infestation and over-population. If anyone has private property with a lot of land and would be interested in having wild mammals, birds or turtles released on it, call CROW. The clinic will review the set of guidelines with property owners to determine if their place is suitable. Some of the questions include: Is the property wooded? Is there a pond? Is it safe from free-roaming dogs?

Be a good steward of the environment and help CROW in its efforts to find a safe haven for our precious native wildlife.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

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Call 437-7475

Additional Locations:

1156 N. Tamiami Trail in North Fort Myers  Call 997-5777
2397 Davis Blvd in Naples  Call 793-5800
The evergreen yew plum pine has finely textured needle-like leaves

Yew Plum Pine

Also called yew-pine, Southern yew and Japanese yew, this evergreen tree is native to Japan and southern China.

It’s rarely allowed to its reach full growth potential, which can be as high as 50 feet.

Because this tough plant can be repeatedly hedge-trimmed into any shape – cylinder, cone, box, or sphere – and survive, landscapers like it.

Its silhouette, spaces between branches, and needle-like leaves give it a spruce-like appearance in maturity.

The yellow spring flowers are inconspicuous, the fruit fleshy, oval and bluish.

That fruit produced by the female tree explains the term “plum” in the common name. The fruit is a food source for birds.

The tree adjusts to various light conditions, even shade, but does best in full sun. Highly drought-tolerant, this plant will not do well in wet soil.

Yew plum pine works well as a buffer, screen or container plant. That tolerance for over-trimming makes it a good topiary plant.

However, if you want a low-maintenance evergreen that resembles a Christmas tree, consider a native species such as red cedar (Juniperus virginiana) instead.

Plant Smart explores sustainable gardening practices that will help you create an environmentally responsible, low-maintenance South Florida landscape.

Caring For Your Plants

Shipping Plants

By Justen Dobbs

Did you know that many types of plants and trees are shipped all over the country... and even the world? I find that many people have the misconception that plants will die if stuffed into a box with no sunlight or water. While this is true for some hardwoods and cuttings, there are many types of plants and even trees that can be shipped easily through the postal service or another courier.*

I have personal experience shipping palms, cycads, ferns, flax, bromeliads, succulents, and some hardwood trees. Many Southwest Florida residents have a primary residence up north and have always wanted to take some of the pretty tropical plants they find here home with them. Don’t drive plants home, just ship them!

The plants I listed above can survive in a box with no light, airflow or extra water for a week or more in most cases. Obviously, you want to check weather conditions between here and their destination so that they don’t have to endure freezes. Also, make sure you know that there is going to be someone on the other end to receive them so they don’t sit on a front porch in the sun for several days or weeks. Smaller plants and trees can be shipped for about $8 to $50 and arrive in as little as one to three days. Here are a couple of tips:

1. Remove the soil to save weight.
2. Wrap the roots with moist moss and aluminum foil.
3. Protect the leaves with shredded newspaper.
4. Make sure the plant is secured so it can’t slide around in the box.
5. Ship the plant by priority or third-day mail to make the trip as brief as possible.

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Another option is to ask the garden store or nursery if they ship. For a nominal fee you can save the trouble of driving or flying your plant home and have it waiting for you upon your arrival. If the store cannot ship, search for the same plant online and order it through mail-order. There are many companies that sell living plants online and ship around the country. Don’t limit yourself to cut flowers which are going to die in a week when there are hundreds of house plants available with colorful blooms that should live for years. Make sure that you are familiar with the growing conditions and cold tolerance of any plants you send up north. Just because a plant grows in the ground here in Florida, doesn’t mean it will survive outdoors in Michigan (and vice versa). If a plant cannot survive in cold temperatures, it will probably grow indoors up north if placed next to a south-facing window and watered correctly.

*Check with each state’s agriculture laws and regulations before sending live plants in the mail.

Dobbs is a landscape architect in south Florida specializing in custom, upscale landscapes. He can be reached at seabreezenurseries@gmail.com.
Mollusk Picture Contest Winners Announced

submitted by Ida Vaynberg

The Bailey-Matthews Shell Museum announced the winners of the 2013 Mollusk Picture Contest. Two Gulf Elementary fourth grade students and three Mirror Lakes Elementary fourth grade students were named winners.

All the fourth graders who had visited the museum with their classes were invited to enter the contest, where they were asked to draw a mollusk in its habitat. The rules were that it had to be an entirely free-hand drawing, with their chosen medium of colored pencil, crayon or markers.

Art teacher Tylor Stewart from The Sanibel School judged the entries. Local cartoonist Dave Horton served as a reserve judge.

Winning entries were submitted by:

First place – Peridot De Maio, 9, Gulf Elementary
Second place – Karlyn Romero, 10, Mirror Lakes Elementary
Third place – Samantha Lakomy, 9, Gulf Elementary
Fourth place – Emily Graf, 10, Mirror Lakes Elementary
Fifth place – Schaana Louis, 10, Mirror Lakes Elementary.

Canning Classes

Learn the current science in USDA home food preservation recommendations through lecture and a hands-on boiling water bath/pressure canning experience.

Classes run from 9:30 a.m. to 2:30 p.m. and are held at the Lee County Extension, 3406 Palm Beach Boulevard in Fort Myers. Participants take home two jars of food they canned in class. Cost is $30 per person and includes the So Easy To Preserve canning book.

Upcoming dates for classes include June 19 and 24. Space is limited to nine people per class. You must be registered and paid in advance in order to attend.

Call 533-7510 to sign up or for more information.

To advertise in The River Weekly News Call 415-7732
Special Needs Art Fundraiser

Goodwill Industries of Southwest Florida, Inc. held their annual Breakthrough Awards Luncheon on May 10. Displayed on each table (33 altogether) were hand-painted vases, filled with beautiful white and blue hydrangeas. What made these vases unique is that they were painted by the students of the Goodwill LIFE Academy, a charter school for students ages 11 to 22 with developmental disabilities. The vases were sold to event attendees with proceeds going directly to the school.

“Art projects provide the students with an opportunity to express themselves,” said LIFE Academy Principal Lynn Pottorf. “Some of our students have limited ways of communicating. Creating an art piece allows them to show feelings and talents we might not otherwise see. Knowing their work has value and meaning to others was an extremely important part of this project.”

The LIFE Academy focuses on academic, life and vocational skills to prepare the students for life after graduation. The proceeds from the vases, totaling $1,290, will go directly to Community Based Instruction for the LIFE Academy students.

“Life skills lessons begin in the classroom,” explained Pottorf. “However, they must be reinforced and practiced in settings outside of school. Taking students into the community provides opportunities to incorporate the skills into decision making, communication, and problem solving in real life situations.”

The school is currently gearing up for its move to the future Goodwill Opportunity Center, which will feature larger classrooms, increased accessible technology, and more. The school is expected to be finished by the start of the 2013 summer.

Le Van Wins Voices Of Naples Scholarship

Isabella Le Van of Cape Coral has been awarded the first place and only scholarship given by Voices of Naples for the 2013-14 school year. Her prize of $3,000 will provide tuition assistance at Florida State University, where she will major in Vocal Performance with a minor in Music Therapy. Le Van, daughter of Terris and Jayne Le Van of Cape Coral, received her award from Dr. Douglas Renfroe, Artistic Director of Voices of Naples at a recent Senior Night Awards Ceremony at North Fort Myers High School. She graduates as a Summa Cum Laude member of the class of 2013.

Le Van has been studying classical music for several years under the direction of her teacher, Dr. Ronald Doiron. Over the years, she has won several competitions singing art songs, arias, and operettas from some of the most famous works in classical music. She has won the Young Artists Awards competition twice, is the youngest member of the Southwest Florida Symphony Adult Choir, and has performed in several concert series and musicals. She had a Barbara B. Mann Hall debut singing and acting in The Tenderland with the opera stars of Julliard. Currently, she is in the Edison State College Choir and is an intern in the Bach Ensemble of Naples.

Besides being a musician, Le Van is dual-enrolled at Edison State College where she enjoys several activities such as the college choir and photography. She has recently received her black belt in Tae Kwon Do, loves to write and hopes to publish a novel. In her spare time, she performs at local elementary schools to expose young people to the pleasures of opera and classical music. Music has changed the course of her life at a very young age.

“Besides being one of the most enjoyable things I have done in my life, it has also been one of the most difficult,” said Le Van. Because of it, she has been able to find her place in life.

Voices of Naples, a community chorus of 80 members, has awarded scholarships to area high school seniors who plan to study music in college related to vocal performance. In the last eight years, they have awarded $26,000.

For further information, visit www.voicesofnaples.org. Contributions to the scholarship fund or underwriting the expense of a concert are welcome.

Alliance Exhibition Call For Entries

The Alliance for the Arts invites its members to submit artwork inspired by the theme Mask for its upcoming annual member exhibition. The opening reception is Friday, August 9 from 5 to 7:30 p.m. Artwork in all mediums should be delivered to the Alliance wired, framed and ready to hang on Monday, August 5 during normal business hours. 9 a.m. to 5 p.m. Entries that have previously been shown at the Alliance will not be accepted. Limit of one piece per member. Non-members are welcome to join so they can take advantage of this membership benefit.

Individual Alliance memberships are $50 annually and offer benefits including additional exhibition opportunities, 20 percent discounts on all classes and workshops, and reduced ticket prices on theater shows and concerts. Become a member by visiting www.ArtInLee.org or visiting the Alliance campus on the corner of McGregor and Colonial boulevards in Fort Myers. The Mask prospectus is available at the Alliance, on its website or can be requested by mail by calling 939-2787. The exhibit will run through August 30. Artwork by Doug Patterson will be on display in the Members Gallery. Yvonne Remington’s work will be in the theater lobby.

The Alliance for the Arts galleries are open to the public from 9 a.m. to 5 p.m. Monday through Friday and from 9 a.m. to 1 p.m. on Saturdays.
A Tribute To Patsy Cline At Broadway Palm

by Di Sagguau

A Closer Walk with Patsy Cline is a memorable musical tribute that chronicles and celebrates the life of one of the all-time legends of country music. Who can forget such hits as Sweet Dreams, Walkin’ After Midnight, I Fall To Pieces, Crazy, twenty songs in all.

Heather J. Beck stars in the role of Patsy Cline and she portrays the singer with perfection. Her voice and personality reach out and fill you with emotion, making the audience feel they are actually attending one of Patsy’s concerts. If you attended her concert in 1962 at the Palace Theatre in Little Rock Arkansas, admission was $1.75 per person.

My, how times have changed.

There is no question that Beck is the star of this show, but there are others who definitely add pizzazz to the production. Chuck Caruso plays Little Big Man, a disc jockey at WINC Radio in Winchester, Virginia, Patsy’s hometown. As he spins Patsy’s records, he tells people about her life story. His portrayal is great fun to watch as switches gears from DJ to sports announcer and even does live commercials.

Remember the Mr. Clean jingle? Stage manager Jayar Garcia joins in for this one and the Ajax commercial. Laugh out loud moments for me.

Caruso also serves as the warm-up comic for Patsy’s concerts, telling really corny jokes, but he does it so well you can’t help but laugh.

The other stars of the show are members of the Loren Strickland orchestra, right on stage and full of life as they provide the fantastic music to accompany the exhibit, the curator encouraged innovative and unique installations – artwork of immense proportions that could be hung from either its massive walls or from its 20-foot ceiling, or displayed on its magnificient granite floors. The exhibit is open to the general public, and the art work is appropriate for all audiences.

By Ndakhte Ndiaye

Djembe Drum
All levels, drums provided
5:30 p.m.
$120 for six weeks
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$120 for six weeks
Both classes for $180 for six weeks
Single class $25 or $35 for both
Advanced registration required; taught by Ndakhte Ndiaye
For more information, call 283-7885 or email sharingafrica@yahoo.com
The Sidney & Berne Davis Art Center is located at 2301 First Street in Fort Myers. Call 333-1933, email jim@sbdac.com or visit www.sbdac.com for more information.

From page 1

Annual Juried Exhibit At The Davis Art Center

The Sidney & Berne Davis Art Center will hold their annual juried art show in June. This year’s theme is “The Art of Playing.” The opening reception begins at 6 p.m. on Friday, June 7 during the downtown Fort Myers monthly Art Walk. The Davis Art Center is located at 2301 First Street, in the River District.

This year’s juried exhibit asked artists to explore all things games and playing, and the nostalgia these memories bring. The curator encouraged the incorporation/reuse of toys and games in an inventive way or the creation of original toys and games. While there were no specific guidelines for dimensions or sizes of the pieces that were accepted for

Sidney & Berne Davis Art Center June Calendar

The upcoming June calendar of events at the Sidney & Berne Davis Art Center:

- Friday, June 7
  • Art Walk: Call To Artists Juried Show
  - The Art of Playing
  - 6 to 10 p.m.
  - Free

- Thursday, June 20
  • Connect Networking Mixer
  - Expand your business and personal relationships.
  - Get to know each other and connect in your community.
  - Raffle prizes, music and mingling
  - 5:30 to 7:30 p.m.
  - All tickets $5

- Friday, June 21
  • Music Walk
  - 7 to 10 p.m.
  - Free

- Thursday, June 27
  • Art & Poetry Networking Mixer
  - 8 to 11 p.m.
  - $5 admission
  - • Tuesday, May 28 through Friday, June 21

  • Theatre Kids Camp: “Alice, Chasing Rabbits, and Other Adventures”
  - 9:30 a.m. to 1:30 p.m.
  - Bring a boxed lunch and snack
  - $395 per person

- • Wednesdays (ongoing) beginning June 26
  • African Drumming – Learn to play the

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THE RIVER - MAY 31, 2013 | 17
College Football Headlines In The Midst Of Basketball, Hockey Playoffs

by Ed Frank

The 2013 college football season is months away, but two events last week involving high profile collegiate teams already have tongues wagging even though we are in the midst of hockey and basketball playoffs and the baseball season is only two months old.

The first item stirred the passion of Florida fans when former Gator coach Urban Meyer once again issued his regrets over his departure from Gatorland three years ago. His leaving left a bad taste in the mouths of Florida followers, particularly when he took over the Ohio State job a year later.

In an interview with CBSSports.com, Meyer said he would still be coaching in Gainesville if not for health-related issues. He retired briefly, but he said he called Florida athletic director Jeremy Foley early in 2011 to tell him, “I made a mistake.”

“Once I felt like everything was under control, it was like, ‘Oh my gosh, what did I do?’

A few months later, however, he took the Buckeye job – a job he once said was his ‘dream job’ even while coaching Florida.

In his first season, Meyer directed Ohio State to a perfect 12-0 record, although the school was banned from post-season play due to infractions by his predecessor.

You bet the bank that Florida fans would like nothing better than to face Ohio State in the future in the national championship game. Just guess the reception Meyer “dream job” even while coaching Florida.

show & sale

Hibiscus

Restaurant, Hooters, Cloyde’s Steak & Seafood, Victory Layne Chevrolet and Wilford & Tim’s Tree Service, Tropical Hardware, Saunders, Storm Shutter Warehouse, Advanced Pain Management & Spine Specialists, Riverland Nursery, Dr. Derrick Saunders, Storm Shutter Warehouse, Tim’s Tree Service, Tropical Hardware, Victory Layne Chevrolet and Wilford & Lee.

In addition, more than 700 hybrid hibiscus plants will be for sale. Free raffle tickets will be given away every 30 minutes for gift certificates from Oasis Restaurant, Hooters, Cloyde’s Steak & Lobster House, Hemingway’s Island Grill, Outback Steakhouse, Victory Layne Chevrolet, We’re HAIR For You, Salon Nicholas, Unbelievable Hibiscus, Gavins Ace Hardware, Snyderman’s Shoes, B&B Organics and more.

 Anyone who desires to learn more about how to grow, graft and hybridize this attractive tropical flowering plant can do so by joining the James E. Hendry Chapter, AHS at the show. The show is the highlight of the year for the society and no further meetings will take place until they resume in October. The society meets at Eco-Living Center, 6490 South Pointe Blvd. on the second Sunday of each month. Anyone interested is cordially invited to attend the next meeting on Sunday, October 13 at 1:30 p.m.

For more information, visit www.hendrychapterahs.com.

Lake Kennedy Center Grand Reopening

The Lake Kennedy Center repairs are complete. The waters gone, floors are fixed, the walls are painted, and we are ready to welcome everyone back.

Come see the new and improved Lake Kennedy Center, located at 400 Santa Barbara Blvd. in Cape Coral, on Wednesday, June 26 from 2 to 4 p.m. Performances will be conducted by our dedicated members and instructors. Festivities include standup comedy by Betty Dentzau, ballroom dancing by Jeanne Esposito’s team, a hula performance by the Turner Talents, jazz dancing by the Heart and Soles Dance Team, square dancing by Wes Morris’s group, and clogging by the Suncoast Sunshine Singers.

Hors d’oeuvres and dessert will be provided courtesy of our community partner, Heather Bowden and Mederi Caretenders. It will be a spectacular celebration you don’t want to miss!

Admission is free, but pre-registration is required. Doors open at 2 p.m.

For more information or to make reservations, contact the Lake Kennedy Center at 574-0575.

Luau in the Cape

The Lake Kennedy Center in Cape Coral will bring Tony Blake to the main stage July 26 for the Fun in the Sun Luau. There will be songs from yesterday and today plus a performance by The Turner Talents Hula Dancers.

Dinner will include pineapple chicken, fruit salad, rice pilaf, green beans and cheesecake. Cost is $18 for members and $23 for non-members. Doors open at 6:30 p.m., show time is 7 p.m.

Pre-registration is required by calling 574-0575. The Lake Kennedy Center is at 400 Santa Barbara Boulevard.
Open House At Edison State College

Edison State College will host an open house on Thursday, June 13 from 10 a.m. to 2 p.m. This free event will take place on all Edison State College campuses in Fort Myers, Punta Gorda, Naples and the center in LaBelle. Attendees are encouraged to register online for a fast-pass at www.edison.edu/openhouse.

“Fall semester is right around the corner and classes are filling fast,” said Dr. Christine Davis, Vice President for Student Affairs and Enrollment Management. “We encourage future students and their families to learn more about our outstanding academic programs and tour our beautiful campuses to learn how to turn academic goals into reality.”

While at the open house, visitors will receive information about the admissions process, academic programs, financial aid, scholarships and additional funding information. The event will offer campus tours, free give-a-ways, snacks, entertainment, as well as the opportunity to meet with current students, faculty and staff. On the Fort Myers campus, visitors will also have an opportunity to visit Lighthouse Commons, the apartment-style student housing facility, which offers great access to the college and nearby amenities.

To preview the fall class schedule, visit www.edison.edu/academics/schedule/.

For more information about the open house and to register for your fast-pass through check-in, visit www.edison.edu/openhouse.

Voices For Kids Of Southwest Florida

BB&T-OTC team members recently participated in the Lighthouse Project, a company-wide community service program, to support Voices For Kids of Southwest Florida.

BB&T-OTC team members coordinated painting, reorganized and decorated the toddler and teen waiting rooms of Voices For Kids of Southwest Florida Guardian ad Litem Program at the Lee County Courthouse.

“The outcome of this improvement project is absolutely amazing. It’s an uplifting and bright area for the children who are going through difficult circumstances,” said Darlene Ann Grossman, Voices For Kids of Southwest Florida executive director. “We cannot thank the BB&T-Oswald Trippe and Company team enough for their hard work and compassion.”

“We wanted to support Voices For Kids of Southwest Florida because of the great work they do for the children in Lee County,” added Stacey Mercado, BB&T-Oswald Trippe and Company’s marketing/sales development specialist. “We’re proud to team up and help in any way we can.”

For more information about the Lighthouse Project, visit www.bbt.com/bbt/lighthouseproject/.

Email your editorial copy to:
press@riverweekly.com
The sensory equipment increases children's awareness of the environment and encourages increased interaction and participation in everyday activities, improving gross and fine motor skills.

The focus of the Pilot Club is helping people with brain-related disorders and disabilities through volunteer activities, education, and financial support. IMPACT for Developmental Education, Inc. was founded in 1979 as a private, not-for-profit organization. Its mission is to provide a safe, developmentally appropriate learning environment for all preschool-aged children as well as in-home instruction for the parents of infants and toddlers with special needs.

For more information about IMPACT, visit www.impactforkids.org or call 334-6160.

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In conjunction with its annual Father’s Day festivities, the Housing Authority of the City of Fort Myers will be holding an essay contest for youth who want to nominate their fathers for the organization’s Father of Year Award. Explaining why their father should be Father of the Year, all participating students should include with their essay a cover page with their name, age, grade, and the name of their father. Essays should also be typed, doubled spaced and stapled in the upper left-hand corner. The contest is open to all students in Lee County between first and 10th grade. Students in grades 1 through 5 should submit a 100-word essay, while grades 6 through 8 should submit 150 words and 9 through 10 should submit 200 words.

Please submit essays to the HACFM’s CSS office suite #103, located at 4224 Renaissance Preserve Way in Fort Myers, or before Saturday, June 1.

This year’s Father’s Day Event will be held on Saturday, June 15 from 10 a.m. to 2 p.m. at Clemente Park located at 1956 Henderson Avenue in Fort Myers. The event will be filled with a variety of fun and entertainment for the entire family including a BBQ cook-off, a youth basketball tournament, youth games, live entertainment and more. All children interested in playing in the youth basketball tournament must be between 8 and 13 years old and register to participate.

As part of President Obama’s Fatherhood and Mentoring Initiative, the HACFM’s annual Father’s Day Event is a nationwide day of events encouraged by the U.S. Department of Housing and Urban Development. The Fatherhood and Mentoring Initiative partners with the Administration for Children and Families, White House Office of Faith-based and Neighborhood Partnerships, National Responsible Fatherhood Clearinghouse, fathers, mothers, family-serving organizations and other leaders from across the country who wish to be positive role models and mentors for the children in their lives and communities.


Currently, the HACFM serves more than 3,500 low-income families throughout the greater Fort Myers community. The HACFM provides high quality, stable and sustainable housing and related services to people in need. In addition, the staff works diligently in providing programs such as Resident Services, Family Self-Sufficiency and HOPE VI Community Supportive Services. The goal is to help families become self-sufficient, therefore strengthening the communities that use public and private resources efficiently and effectively.

**Essay Contest**

**For Father Of The Year Award**

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**School Smart**

by Shelley M. Gregg, NCSP

Dear Shelley,

I really liked what you said in a recent column about kids becoming self-advocates. I want to work on this with my daughter who has ADHD.

What are some things I can do?

Luisa G., Fort Myers, Florida

Luisa,

Self-advocacy is a very important skill for students to learn in order to be successful at all stages of their lives. Formerly, self-advocacy was a term applied for the most part to adults with disabilities but recent research suggests that learning to self-advocate is an important part of success for college and in the work force. According to psychologist Jodie Dawson, “Self-advocacy is understanding your strengths and needs, identifying your personal goals, knowing your legal rights and responsibilities, and communicating these to others.” Since your daughter has learning struggles, she must learn how to maneuver through life’s challenges to make sure her needs are met. She must understand her strengths and limitations, and be able to communicate this to other people.

Dr. Dawson has shared some ideas for developing self-advocacy skills. She says that the young person must understand his or her learning difficulty and then understand how they learn best. The student should know his or her strengths and weaknesses and the strategies, accommodations and environments that help them learn best. Teachers and specialists at school can help with this and personal reflection on these issues is also important.

To self-advocate successfully, the student must be able to communicate this self-knowledge to others. Your child must be clear in her requests and prepared with explanations. The manner in which she communicates can either create supporters for her or push people away. Your daughter will probably need your help preparing ahead of time, planning what she will say. Role-playing is a great way to practice communication skills by helping her anticipate different situations, creating a script that she can use and thus raise her level of confidence for these encounters.

Throughout high school and beyond, your child will face many situations where she’ll be required to inform and educate others about her learning disability. Friends may ask questions about her “special attention” at school and teachers unfamiliar with her needs will need more information about how she learns. On the job, she may require a specific work-related accommodation. At times, these situations may feel uncomfortable for your child but the more self-knowledge she has, the better she’ll be at advocating for herself.

It’s important to help your child identify her support system early on. Who does she trust and feel comfortable talking to — parent, relative, teacher, administrator, counselor, mentor, tutor? She needs to have people she can turn to for help, especially once she leaves home. This way she won’t have to feel so alone as she navigates through life.

By enabling your teenager to self-advocate, you’ll help her develop skills necessary for success in learning and life. Talk with her regularly to reflect on what’s going well for her and what isn’t. Using a self-reflective questioning technique may also be helpful. Here is an excellent site for a list of questions a teen can use for this activity: http://www.emotional-intelligence-education.com/self-reflection.html. Self-evaluation is often where the greatest learning takes place.

Ms. Gregg is adjunct faculty at Edison State College where she teaches psychology and education courses. She is also Nationally Certified School Psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.
The HACFM serves as a catalyst for increasing access to safe, affordable housing, and helping develop, preserve and revitalize communities through affordable rental housing. The agency is dedicated to empowering families with the means to become as self-sufficient as possible, encouraging and facilitating movement toward financial independence beyond the need for HACFM services, while recognizing the needs and limitations of the mentally and physically disabled, aged and infirmed.

For more information or for assistance, call 332-3825.

Krohn Named To Dean’s List

Kaylee Krohn, a resident of Fort Myers, was among 90 students who made the Spring 2013 Dean’s List for scholastic achievement at Georgia Southwestern State University.

Wallace Graduates

Mackenzie Wallace, a resident of Fort Myers, graduated on May 12 from Heidelberg University with a Bachelor of Science degree in Communication & Theatre Arts.

Trower Graduates

Jennifer Elise Trower recently graduated from Valdosta State University with a Education Specialist Curriculum & Instruction. The Fort Myers resident is one of over 1,200 students recognized for meeting the qualifications for graduation during the Spring 2013 Commencement.

Hodge Earns Degree

John-Michael Hodge, a resident of Fort Myers, received a BS degree in Public Communication within the College of Agriculture & Life Sciences during commencement ceremonies on May 19 at the University of Vermont.

George Named To Dean’s List

Worcester Polytechnic Institute announced that Nathan George of Fort Myers, a freshman majoring in robotics engineering, was named to the university’s Dean’s List for academic excellence for the spring 2013 semester.

Heights Math Team Competes

Heights Elementary IB World School fifth grade math team students recently competed in the Lee County School District Elementary Math Competition. Various awards were presented.

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Shell Point Academy
Classes In June

The Academy of Lifelong Learning at Shell Point welcomes Professor Adrian Kerr to its Summer Academy for three classes in June. The classes are scheduled from 10 to 11:30 a.m. in the Grand Cypress Room of The Woodlands at Shell Point Retirement Community. Tickets for classes are $10 each and can be purchased by calling 489-8472.

June 4: Khasab – The Norway of Arabia. Located at the northernmost tip of Oman separated from the rest of the Sultanate by the United Arab Emirates, Khasab has a rugged coastline that is often called the “Norway of Arabia.” With a rocky headland that juts into the Strait of Hormuz, Khasab has one of the most strategic shipping lanes in the world.

June 18: Muscat – Jewel of the Persian Gulf. Muscat, the beautiful historic capital of Oman, has been an important trading port since Roman times. Unlike other Gulf capitals, Muscat has truly retained its old world charm.

June 25: Salalah – Ancient Capital of Incense. Oman’s ancient incense capital is an oasis with lush vegetation resulting from seasonal monsoons. Marco Polo visited in the 13th century, and even the Queen of Sheba fell under the spell of the area and sent frankincense to impress King Solomon.

“Learn about Khasab, called “The Norway of Arabia,” during a June 4 Shell Point Academy class.”

Mom And Me

Dear Hazel,

You certainly are in the middle, straddled between a daughter with poor judgment and a son-in-law who is being deceived by your daughter’s poor judgment. As much as you may want to correct the situation, it is not your business. Whether you are dependent on your daughter or not, your daughter’s life with her husband is not your business.

You can encourage her to rethink her behavior, but to “tell on” her is not a good choice. The best position for you is to be neutral.

Dear Hazel,

Your daughter seems to have you all held hostage to her lifestyle. Pryce, if you ever acted like this, I would be furious and very hurt. I would talk to you privately and discuss this problem and tell you how I feel and ask for your solution. This would be a very difficult meeting for me because I would be disgusted and appalled by your behavior.

by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

When my daughter was in her early 20s, she married a man 20 years her senior. My husband and I were not pleased, but he was her choice.

The years have passed, and now I am a widow. My son-in-law and I have more in common with each other than he has with my daughter. This is compounded by my daughter telling me that she has been having an affair for the last five years with a married co-worker in her office (who is her own age). Of course, her husband does not know and I feel dreadful keeping her secret.

I am not financially dependent on my daughter, but emotionally I am very dependent. I feel terrible being in the middle, living such a lie and being so deceitful to a kind, caring husband. What shall I do?

Hazel

Dear Hazel,

You certainly are in the middle, straddled between a daughter with poor judgment and a son-in-law who is being deceived by your daughter’s poor judgment. As much as you may want to correct the situation, it is not your business. Whether you are dependent on your daughter or not, your daughter’s life with her husband is not your business.

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Lizzie

Lizzie and Pryce’s email address is momandmeaging@hotmail.com.

Cattanach Presents Work At Armstrong

Armstrong Atlantic State University announced Student Scholars for the 2012-13 academic year. Rehabilitation Science major Emily Cattanach, a resident of Fort Myers, presented “The neurological effects of concussion in soccer” at the university’s 19th annual Student Scholars Symposium.

Armstrong has a proud tradition of student involvement in various scholarly and creative endeavors. Whether it’s turning a ceramic vase or synthesizing chemical compounds, students are working side-by-side with faculty making valuable contributions to their fields of expertise.

The Scholars Symposium provides a venue for the campus and the community to come together to celebrate these accomplishments and to recognize the outstanding scholarly achievements made by Armstrong Atlantic State University students.

Family Medicine Residency Program Receives Full Accreditation

The Florida State University College of Medicine and Lee Memorial Health System received news that their family medicine residency program has received full accreditation for the maximum initial interval of three years.

“This is exciting news and something we had been anticipating. With this announcement, we can begin interviewing fourth-year medical students this fall in order to choose the top candidates to become our first class of residents,” said Gary Goforth, MD, director of the Florida State University College of Medicine Family Medicine Residency Program at Lee Memorial Health System.

The program, expected to produce six new family medicine physicians a year, will be the first residency program in Southwest Florida approved by the Accreditation Council for Graduate Medical Education (ACGME). Among the fastest-growing regions in the state, the area needs more physicians to take care of a population that grew by more than 40 percent in Lee County between 2000 and 2010.

The Family Medicine Residency Program is intended to help combat a growing shortage of primary care physicians. Numerous studies have shown that most physicians end up practicing near where they completed residency or fellowship training.

Residency program faculty physicians already are seeing patients in the Family Medicine Center at Lee Memorial Hospital to build the patient base needed for the arrival of the first class of residents in 2014.

The announcement came during the May 20 to 22 meeting of the family medicine review committee of the ACGME, the sanctioning body of graduate medical education in the U.S. and Canada.
Why is it here?

1. Antibiotic overuse. This is normally when I see off and berate you, the patient, for coming to the clinic for antibiotics for a cold or flu or earache. But most of you folks have figured it out. In the past several years, I’ve noted fewer requests for antibiotics and fewer people demanding treatment for a cold. There are still a few who do, of course. They apparently don’t think they should hire a cold with a cold while everyone else should. They want the instant magic cure we’ve been keeping to ourselves, often coming up with brilliant statements like: “I simply can’t be sick, doctor. I have to go on a trip to Drumnell to see the stegosaurus festival.”

2. The world shrinks the medical problems expand. In third world countries where antibiotics are plentiful and education is not, antibiotics are being doled out like Kleenex at a Flames game. Compounding this is medical tourism. Folks scampers off to East Sunilorontiastarya for a really cheap tummy tuck or facelift or a tummy lift into a face tuck, when they’re on sale. While on this trip, they pick up a few lice and a little CRE, bringing both back to North Americastaya. Though they may be asymptomatic they might still be colonized with CRE and falafel crumbs.

British Columbia already has special protocols in place to deal with sick patients who’ve come from places like Greece, the Middle East and the Indian subcontinent. But here is the scary part. There are now actually protocols in place for patients who have been in hospital in... the USA! A couple of hundred hospitals in 41 U.S. states now have confirmed cases of this deadly CRE.

The countermeasures include keeping patients isolated/quarantined as CRE is shed in the feces of patients who are infected or carrying the bacteria. Yet another good reason to stay away from hospitals and clinics unless you have to. Apparently, there is sick people there. Can you catch something in the waiting room? Absolutely! If you use doorknobs, touch a chair or run your hands through the hair of the patient sitting beside you, you could catch a nasty bug. I recently had a patient lick the face of another patient sitting in the waiting room!

The blockbuster movie Contagion showed the entire world, or at least Toronto, grinding to a halt as an unstoppable microphone destroys the Argonauts, the Blue Jays and most of the Leafs’ defense. Could this actually occur? Possibly. This would mean that the Leafs will never again win Lord Stanley’s Cup, prolonging the nightmare of those of us of Leaf Nation. Unless, of course, this year we happen to trade for a stegosaurus. That would be a dream come true.

“Alice, do you have any plans for the stegosaurus festival?”


This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24 Hour Pharmacist and is a registered pharmacist. To contact her, visit www.dearpharmacist.com.”

Support Group For Adult Children Of Alzheimer’s Persons

A support group specifically for adults who have a parent with Alzheimer’s disease or a related disorder will meet at the Dublin Alzheimer’s Resource Center, 12468 Brantly Commons Court in Fort Myers.

Meetings are held each month on the first Tuesday at 6:15 p.m. The meetings are sponsored by the Dublin Alzheimer’s Resource Center.

DeaPharmacist

Lyme Disease And Bartonella: More Common Than You Think

by Suzy Cohen, RPh

Dear Pharmacist:

On Facebook, you said people catch Lyme disease from their pets, which tote ticks. That’s how I got Lyme, and I have Bartonella too. I found out because of you, and it explained my symptoms of joint pain, confusion, memory loss and seizures. I owe my life to you! I love you, don’t take that the wrong way.

DC, Des Moines, Iowa

Thank you. Lyme is the fastest growing epidemic in the United States. It’s been a focus for me ever since my first column which sparked thousands of “atta girl” emails from 27 countries. Few medical journalists tackle Lyme because it’s extremely controversial. You see, some physicians don’t believe chronic Lyme exists, and there’s a huge divide about treatment protocols. So while the docs are busy arguing about whether it’s real, and how long to treat, most Lymies are misdiagnosed. They bounce from doctor to doctor, suffer beyond belief and some die. Others want to.

There are 30 Bartonella-like or “Bart” species; you can get infected from cat bites/scratches, mites, fleas, mosquitos, biting flies and ticks. Sadly, antibody blood tests only detect a few strains. So your test result may say negative for Bart (and Lyme for that matter) but you still have it. Physicians unaware of the limitations of standard ELISA blood tests mistakenly accept a “negative” result and diagnose you with a neurological or autoimmune disease, fibromyalgia, CFS or any one of 300 diseases that Lyme mimics. It’s a terrible oversight because you might really have Lyme and con-infections like Bart, Babesia or Ehrlichia.

I’m sure you are alarmed by now, but do you realize there’s no conclusive test for fibromyalgia or CFS? These are diagnoses of “exclusion,” meaning your doctor tests you and rules out every other disease before stamps you with CFS? But you must ask if Lyme and Bartonella have been ruled out properly by capable, specialized laboratories. For Lyme, I recommend Igenex Labs. For Bartonella, I recommend either Igenex or Galaxy Labs. With all their limitations, they’re still more reliable than standard ELISA tests, which are frequently wrong.

I interviewed a Lyme-literate medical doctor, Marty Ross MD who said, “I often make my decision to treat Bartonella based on symptoms. If you have enough Bartonella symptoms, you should be treated for the infection regardless of testing.” I suggest you get Dr. Ross’s free treatment manual from www.TreatLyme.net.

Bart symptoms include chronic fatigue, pain, muscle twitching (fasciculations), anxiety, depression, abdominal pain, vomiting, fever/chills, autist-like symptoms, hallucinations, neuropathy, linitus, joint pain, skin rash, stretch marks, memory loss, brain fog, cystitis or excessive daytime sweats. Bartonella affects the brain, and vision causing conjunctivitis, foreign body sensation, vision loss, optic neuritis, redness, bluriness and light sensitivity.

I have more to say. To receive an extended version of my article, sign up for my free newsletter at www.DearPharmacist.com. I also recommend an excellent book by Stephen Harrod Buhner, Healing Lyme Disease Co-infections available at Amazon.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24 Hour Pharmacist and is a registered pharmacist. To contact her, visit www.dearpharmacist.com."
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FOR WEEK OF JUNE 3, 2013

My Stars ★★★★

ARIES (March 21 to April 19) An apparent act of injustice might turn out to be either an error in judgment or just plain stupidity. So calm down and cool off, and don't let your anger over the matter get in your way of progressing toward your goals.

TAURUS (April 20 to May 20) It's upsetting when someone you trusted might have failed you. But with new opportunities ahead, you'll soon be too busy to feel even a wee bit sorry for yourself.

GEMINI (May 21 to June 20) A sense of uncertainty could be a good reason to change your position on an important matter. Someone close might try to talk you out of it, but it's your decision to make.

CANCER (June 21 to July 22) Being too zealous in pursuing your goal could create some resistance. Try to be more mindful of what you ask people to do, and they'll be more likely to do it.

LEO (July 23 to August 22) Changes are about to change you from being ignored to being Lionized once again. This is a good time to reintroduce those previously rejected ideas to a more receptive audience.

VIRGO (August 23 to September 22) Someone new in your life creates both anticipation as well as anxiety. Avoid the temptation to jump the gun.

LIBRA (September 23 to October 22) Watch your budget so that you don't over-spend now and have less to invest when the time is right later on. Arrange to share your weekend with someone special.

SCORPIO (October 23 to November 21) The temptation to involve yourself in a friend's or family member's personal problems is laudable. But get the facts before you make a firm commitment.

SAGITTARIUS (November 22 to December 21) You might be upset by some of your critics. But most of your associates continue to keep the faith in your ability to get the job done, and done well.

CAPRICORN (December 22 to January 19) You've reached an important point in your ongoing pursuit of your goals. You might now want to consider letting someone you trust join you on your journey.

AQUARIUS (January 20 to February 18) You've been going through a spate of uncertainty involving people you care for. But it might be time to take a stand on a position you feel sure you can defend.

PISCES (February 19 to March 20) Treading water keeps you busy, but it won't get you where you need to go. Time to stop making excuses and to start moving ahead toward your goals.

BORN THIS WEEK: You see life as both creative and pragmatic. You would not only be a fine artist, but also a successful one.

THIS WEEK IN HISTORY

• On June 4, 1896, Henry Ford unveils the "Quadricycle." The 500-pound vehicle had two driving speeds, no reverse, no brakes, rudimentary steering ability and a doorbell button as a horn. It could reach about 20 mph.

• On June 7, 1913, Hudson Stuck, an Alaskan missionary, leads the first successful ascent of Mt. McKinley, the highest point on the American continent at 20,320 feet. Stuck and two others began the climb in March and faced challenges of difficult weather and a fire at one of their camps, which destroyed food and supplies.

• On June 6, 1933, eager motorists park their automobiles on the grounds of the Park-In movie theater in New Jersey, the first-ever drive-in movie theater. Inventor Richard Hollingshead had come up with the idea in the driveway of his own house, where he perfected projection and sound techniques.

• On June 8, 1949, Hollywood figures, including film star Frederic March and Edward G. Robinson, are named in a FBI report as Communist Party members.

• On June 5, 1968, U.S. Sen. Robert Kennedy was shot at the Ambassador Hotel in Los Angeles after winning the California presidential primary. Kennedy was shot by 22-year-old Palestinian Sirhan Sirhan, and died a day later.

• On June 6, 1972, a flash flood hits Rapid City, S.D., when 15 inches of rain fall in only six hours. The spillway for the Pactola Dam got clogged with debris, leading to the collapse of the dam and a devastating wave of water that crushed most of the nearby buildings and swept away 238 people.

• On June 3, 1989, with protests for Tiananmen Square. By nightfall on June 4, Chinese troops had forcibly cleared the square, killing hundreds and arresting thousands of demonstrators and suspected dissidents.

• On June 9, 1972, a flash flood hits St. Anthony Falls, Minn., killing 238 people. The nearby buildings and swept away 238 people.

• On June 10, 1989, a Chinese military vehicle rammed into a crowd of protesting students in Tiananmen Square.

• On June 14, 1980, eight Madonna songs hit the Top 40 for the first time, a record that stood for 16 years.

• On June 15, 1973, a flash flood kills 80 people in North Dakota.

• On June 19, 1967, the first U.S. Constitution Day is celebrated.

• On June 20, 1950, the first U.S. Secretary of Energy is sworn in.

• On June 21, 1981, the first U.S. Constitution Day is observed.

• On June 22, 1944, the first U.S. Secretary of Energy is sworn in.

• On June 23, 1945, the first U.S. Constitution Day is observed.

• On June 24, 1950, the first U.S. Secretary of Energy is sworn in.

• On June 25, 1981, the first U.S. Constitution Day is observed.

• On June 26, 1945, the first U.S. Constitution Day is observed.

• On June 27, 1981, the first U.S. Constitution Day is observed.

• On June 28, 1945, the first U.S. Constitution Day is observed.

• On June 29, 1981, the first U.S. Constitution Day is observed.

• On June 30, 1945, the first U.S. Constitution Day is observed.

• On July 1, 1945, the first U.S. Constitution Day is observed.

• On July 2, 1945, the first U.S. Constitution Day is observed.

• On July 3, 1945, the first U.S. Constitution Day is observed.

• On July 4, 1945, the first U.S. Constitution Day is observed.

• On July 5, 1945, the first U.S. Constitution Day is observed.

• On July 6, 1945, the first U.S. Constitution Day is observed.

• On July 7, 1945, the first U.S. Constitution Day is observed.

• On July 8, 1945, the first U.S. Constitution Day is observed.

• On July 9, 1945, the first U.S. Constitution Day is observed.

• On July 10, 1945, the first U.S. Constitution Day is observed.

• On July 11, 1945, the first U.S. Constitution Day is observed.

• On July 12, 1945, the first U.S. Constitution Day is observed.

• On July 13, 1945, the first U.S. Constitution Day is observed.

• On July 14, 1945, the first U.S. Constitution Day is observed.

• On July 15, 1945, the first U.S. Constitution Day is observed.

• On July 16, 1945, the first U.S. Constitution Day is observed.
Family Pizza

1 prepared pizza dough
1 cup prepared pizza sauce
1 cup tomatoes, chopped
1/2 cup zucchini, chopped
1 teaspoon fresh or 1/2 teaspoon dried ground oregano
1 teaspoon fresh or 1/2 teaspoon dried basil leaves
12 ounces low fat, grated mozzarella cheese
1/2 cup parsley, chopped

Spread dough evenly on a baking sheet.
Cover top of dough with the sauce.
Sprinkle oregano and basil over sauce and bake dough on 400 F for 5 to 7 minutes or until dough starts to brown on edges.
Remove from oven and add tomatoes and zucchini.
Top with cheese, add parsley, return to oven until cheese melts and begins to brown, about 10 to 12 minutes.
Chef Tip: Use leftover vegetables or meat from other meals for the toppings.

Read us online at IslandSunNews.com
SCRAMBLERS

Use some or all the letters in this square to form four ordinary words. Then rearrange the letters to form the mystery word. What word complete the gap?

CASTLE
PISTOL
DEETLE
ENGLLET
VAUSE

TODAY’S WORD

answer on page 27
**REAL ESTATE**

**ANNUAL RENTALS**

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<td><strong>SANIBEL</strong></td>
<td><strong>BAY FRONT RESIDENCE</strong>&lt;br&gt;This spectacular Bay Front home offers Panoramic Views of the Bay, 4 bedrooms + maid’s quarters, large garage, pool on Bay and UF.</td>
<td><strong>472-6747</strong>&lt;br&gt;Gulf Beach Properties, Inc. Paul H. Zimmerman, Broker/Owner&lt;br&gt;sambelanannualrentals.com&lt;br&gt;Serving The Island’s Rental Needs Since 1975&lt;br&gt;<strong>$4,200/mo.</strong></td>
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<tr>
<td><strong>COMMERCIAL RENTAL</strong></td>
<td><strong>OFFICE / COMMERCIAL SPACE FOR RENT</strong>&lt;br&gt;PALM COURT CENTER 2404 PALM RIDGE ROAD&lt;br&gt;SANIBEL, FLORIDA&lt;br&gt;HIGHLY VISIBLE GROUND FLOOR SPACE 520 SQUARE FEET&lt;br&gt;MOVE IN CONDITION IMMEDIATE OCCUPANCY $750 / MONTH&lt;br&gt;Landlord pays all common maintenance.</td>
<td><strong>239-472-6543 or 973-726-3213</strong>&lt;br&gt;<strong>$531 CC TFN</strong></td>
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<tr>
<td><strong>VACATION RENTAL</strong></td>
<td><strong>RE/MAX OF THE ISLANDS</strong>&lt;br&gt;Putting owners and tenants together&lt;br&gt;Call Dustyn Corace&lt;br&gt;www.remax-offislands.com</td>
<td><strong>239-472-2311</strong>&lt;br&gt;<strong>$144 BM TFN</strong></td>
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<td><strong>FOR RENT</strong></td>
<td><strong>FOR RENT</strong>&lt;br&gt;Community Housing &amp; Resources (CHR) has apartments for rent to individuals who work full time on Sanibel. Rent based on income. For information call 239-472-1189.</td>
<td><strong>$135 CC TFN</strong></td>
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<tr>
<td><strong>BOATS - CANOES - KAYAKS</strong></td>
<td><strong>DOCKAGE</strong>&lt;br&gt;Hourly, Daily, Weekly and Monthly. Captiva Island 472-5800&lt;br&gt;<strong>$115,000. 60 x 12 w/ metal roof-over plus carport with adjacent 2nd parking space.</strong>&lt;br&gt;<strong>$16.00/sq/ft plus sales tax. Only 1 space remaining. Great space for a business that needs quick access to mainland. $16.00/sq/ft plus sales tax.</strong>&lt;br&gt;<strong>$4,000/mo. + util. Annual rental only. Unfurnished. Landscaping &amp; association fees paid by owner. Avail Oct 2013.</strong>&lt;br&gt;<strong>Call 917-680-4440.</strong>&lt;br&gt;<strong>$531 CC TFN</strong></td>
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<td><strong>HOMEWATCH SANIBEL</strong></td>
<td><strong>CASH PAID FOR MILITARY ITEMS</strong>&lt;br&gt;Cash Paid For Old Military Items. Medals, Swords, Uniforms, helmets, old guns, awards &amp; more. Local Toll Free 1-866-440-3280&lt;br&gt;<strong>$531 CC TFN</strong></td>
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<td><strong>CONCIERGE SERVICES</strong></td>
<td><strong>ANNUAL RENTAL</strong>&lt;br&gt;Apartment for lease on Sanibel, Mid Island, Furnished, 1/1B $895, per month. Call 734-761-7600 ext. 231.</td>
<td><strong>$14 BM TFN</strong></td>
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<td><strong>HOMESTAY SANIBEL</strong></td>
<td><strong>ANNUAL RENTAL</strong>&lt;br&gt;APARTMENT FOR RENT&lt;br&gt;Sanibel’s most beautiful &amp; sought after&lt;br&gt;PRIVATE BEACH PATH 3200 sq ft home in Gulf Pines, one of Sanibel’s most beautiful &amp; sought after communities. One house from beach &amp; private beach path. Short walk to Gulf Pines’ 2 swimming pools &amp; tennis courts. Large landscaped lot provides privacy. 3-4 bedrooms, 3 1/2 baths, large open living area, screened porch &amp; several decks. W/2nd floor, Elevator, 2-car garage. $4,000/mo. + util. Annual rental only. Unfurnished. Landscaping &amp; association fees paid by owner. Avail Oct 2013.&lt;br&gt;<strong>Call 917-680-4440.</strong></td>
<td><strong>$144 BM TFN</strong></td>
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<td><strong>HOMEWATCH SANIBEL</strong></td>
<td><strong>COMPANION SERVICE</strong>&lt;br&gt;Sanibel-Captiva Care and Companion Service, LLC medical appointments, general transportation, shopping, light meal preparations, and light cleaning. Our services are customized to meet our clients needs. Call 239-395-3591, or for an emergency call 239-472-0556.&lt;br&gt;<strong>$135 CC TFN</strong></td>
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<td><strong>CONCIERGE SERVICES</strong></td>
<td><strong>HOMEWATCH SANIBEL</strong>&lt;br&gt;Property Management-Bookkeeping&lt;br&gt;Call Bob or Sally Island Residents 239-565-7439, <a href="mailto:sanisal186@gmail.com">sanisal186@gmail.com</a>&lt;br&gt;WWW.HOMESTAYSANIBEL.COM&lt;br&gt;<strong>$14 CC TFN</strong></td>
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<td><strong>HOMEWATCH SANIBEL</strong></td>
<td><strong>ROGER NODRUFF ELECTRIC</strong>&lt;br&gt;Lic# EC12002788.&lt;br&gt;Call Roger 239-707-7203.&lt;br&gt;Electrical - Motor Controls. Office &amp; Store Maint.&lt;br&gt;<strong>$517 CC TFN</strong></td>
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</table>

**SERVICES OFFERED**

- **PAINTING GOAT**<br>Professional Painting & Home Maintenance<br>Very Reasonable Rates<br>**www.paintinggoat.com**<br>**239-271-2919**<br>**$419 CC TFN** |
- **LOCKS & KEYS SERVICES**<br>Highly Visible<br>**www.lockskeysisland.com**<br>**239-472-1180**<br>**$419 CC TFN** |
- **HOMEWATCH SANIBEL**<br>Property Management-Bookkeeping<br>Call Bob or Sally Island Residents 239-565-7439, sanisal186@gmail.com<br>WWW.HOMESTAYSANIBEL.COM<br>**$14 CC TFN** |
- **ROGER NODRUFF ELECTRIC**<br>Lic# EC12002788.<br>Call Roger 239-707-7203.<br>Electrical - Motor Controls. Office & Store Maint.<br>**$517 CC TFN** |
- **HOMESTAY SANIBEL**<br>Property Management-Bookkeeping<br>Call Bob or Sally Island Residents 239-565-7439, sanisal186@gmail.com<br>WWW.HOMESTAYSANIBEL.COM<br>**$14 CC TFN** |
- **LOCKSMITHS SERVICES**<br>Highly Visible<br>**www.locksmithsanibel.com**<br>**239-472-1180** | **$419 CC TFN** |

**HELP WANTED**

- **HOMESTAY SANIBEL**<br>Property Management-Bookkeeping<br>Call Bob or Sally Island Residents 239-565-7439, sanisal186@gmail.com<br>WWW.HOMESTAYSANIBEL.COM<br>**$14 CC TFN** |
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- **LOCKSMITHS SERVICES**<br>Highly Visible<br>**www.locksmithsanibel.com**<br>**239-472-1180** | **$419 CC TFN** |

**ENGEL & VÖLKERS**

1101 Periwinkle Way #115<br>Sanibel, FL 33957<br>**239-14 NC TFN**

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(239) 246-4716<br>Email: IsabellaRasi@aol.com

**ROGER NODRUFF ELECTRIC**

Lic# EC12002788.<br>Call Roger 239-707-7203.<br>Electrical - Motor Controls. Office & Store Maint.<br>**$517 CC TFN**

**GULF BEACH PROPERTIES**

3200 sq ft home in Gulf Pines, one of Sanibel’s most beautiful & sought after communities. One house from beach & private beach path. Short walk to Gulf Pines’ 2 swimming pools & tennis courts. Large landscaped lot provides privacy. 3-4 bedrooms, 3 1/2 baths, large open living area, screened porch & several decks. W/2nd floor, Elevator, 2-car garage. $4,000/mo. + util. Annual rental only. Unfurnished. Landscaping & association fees paid by owner. Avail Oct 2013. Call 917-680-4440.
HELP WANTED

Sanibel Beauty Salon

RECEPTIONIST
STYLIST/NAI TECH
We are looking to add somebody fresh and fun, professional and courteous to our team! If you fill the description, come in and meet us!
2330 Palm Ridge Road
472-1111 email sanbeautys@aol.com
@RS 5/31 CC 5/31

HELP WANTED

HELP WANTED Volunteers needed for Independence Day parade on Sanibel. Help needed prior to and during the parade. Various duties. If you can help out, call Trish Phillips at 246-2981 or email trishphillips@mysanibel.com.
@RS 5/31 CC 5/31

VOLUNTEERS NEEDED
At The Sanibel School
Call Michelle Wesley
239-910-8000
@RS 5/31 CC 5/31

HELP WANTED

CUSTOMER SERVICE/OUTSIDE SALES
We need you to pamper our customers and spread the word about our services. Union Mechanical Inc. 239-437-5595 Knowledge of construction/contracting a plus.
@RS 2/8 CC TFN

HELP WANTED

For Sale

2 box springs for sale.
Used 5 weeks in the year of ownership.
$50/pair. Call 309-830-4302
@RS 5/31 CC 5/31

LOS T AND FOUND

Lost Ladies Watch
Make: Brighton
Area of Mucky Duck on Captiva Island
Lost on Dec. 10, 2012 around noon
If found call: 941-639-5395
@RS 1/4 NC TFN

FOUND
Prescription sunglasses found in parking lot of Limetree Center on Wednesday, February 27. Claim at Island Sun newspaper, suite 2 in Limetree Center, or call 395-1213.
@RS 3/8 NC TFN

LOSS AND FOUND

FREE KITTEN TO GOOD HOME
Free kitten to good, safe home.
No de-clawing. Fiesty Bengal mix.
Call 472-1788 after 5 p.m.
@RS 5/31 NC TFN

HELP US PLEASE!!
We need volunteers for:
Clinic emergency patient admissions desk and baby animal feeders
Visitor education center greeters and gift shop cashiers
CROW - (239) 472-3644, ext. 231 or volunteers@crowclinic.org
@RS 1/4 NC TFN
SUDOKU

To play Sudoku:
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 27

Pets Of The Week

Daisy ID# 530105

photos by squaredogphoto.com

Woofer, my name is Daisy and I am a 2-year-old spayed female tan Florida Curr. I am a multi-talented canine! Besides being beautiful and extremely sociable to both people and pets, I am an excellent athlete. I like to play fetch and retrieve, but playing Frisbee is my absolute favorite pastime... I can leap straight up into the air to catch it! If you adopt me, we could have tons of fun at Dog Beach!

My adoption fee is $30 (regularly $75) during Animal Services’ Spring Fever adoption promotion.

Meow, my name is Samwise and I am a 1-year-old male brown tabby domestic short hair. I’m a very handsome young man who has personality as well as looks. I get along well with other pets. I’m fun and very affectionate to people. If you are looking for the total package, I’m your man. My adoption fee is $30 (regularly $50) during Animal Services’ Spring Fever adoption promotion.

For information about this week’s pets, call 533-7387 (LEE-PETS) or log on to Animal Services’ website at www.LeeLostPets.com. When calling, refer to the animal’s ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

To advertise in The River Weekly News Call 415-7732
Ostego Bay Marine Science Center Continues Commercial Fishing Tours

The popular San Carlos Island Commercial Fishing Fleet Tour begins every Wednesday at 9 a.m. This three-hour guided tour includes: a 1.5 hour tour of the Marine Science Center and a 1.5 hour guided tour of the commercial fishing industry, including the Erickson & Jensen Supply House, Trico Shrimp Company and Beach Seafood. Experience firsthand how the boats are unloaded, the trawl doors are built, the shrimp nets are hand-sewn, the seafood is processed and other important factors used in this unique industry.

The cost is $15 per adult and $10 per student over 6 years of age. Reservations are required and may be made by calling 765-8101.

Ostego Bay Foundation is a 501c(3) non-profit organization. The Marine Science Center provides many different interactive educational experiences for children and adults throughout most of the year.

2013 Marine Science Camp

The Ostego Bay Foundation Marine Science Center is accepting applications for the 2013 Marine Summer Camps. We have an exciting and educational season set up for our Summer Camps for children ages 6 and up. All instructional materials are provided plus a graduation luncheon will be held on Friday.

Our campers will explore some of our beautiful Barrier Islands and the waters of Estero Bay. Scheduled field and beach trips will introduce campers to sea grass communities; plankton populations, mangrove tangles, and bird nesting areas. Our staff of State certified teachers offers a wide diversity of expertise providing highly personalized instruction. Camp runs from 9 a.m. to 4 p.m. Monday through Friday.

The schedule is as follows:

- June 10 to 14 – Sea Stars (6 to 8 years)
- June 24 to 28
- July 22 to 26
- July 15 to 19 – Sea Stars/Loggerheads (6 to 11 years)
- July 8 to 12 Tiger Sharks (12 years and up)
- June 17 to 21 – Loggerheads (9 to 11 years)

We welcome and need volunteers at this time; the positions available are docent, aquarium maintenance, office help and fundraising, publishing and distribution plus some work outside in our local “forest.” If you can spare a few hours a week, call the Marine Science Center at 765-8101.

We are also available for birthday parties and provide some delightful souvenirs for your guests. For further information, contact us Monday through Friday from 10 a.m. to 4 p.m. or Saturday from 10 a.m. to 1 p.m. at 765-0181.

For further information, contact the Marine Science Center through our website at www.info@ostegobay.org.

Free Nature Walk

Take a morning nature walk at Lakes Park on Saturday, June 1 at 8:30 a.m. This easy walk along clear paths offers an opportunity to see birds in native vegetation with experienced bird patrol guides pointing out the many species in Lakes Park, a Lee County birding hot spot and crucial nesting area for many birds. Arrive a few minutes after 8 a.m. for a brief introduction and to sign waivers. Tours start promptly at 8:30. Wear comfortable shoes and dress. Bring water, sunscreen and binoculars. There is no charge for the tour but parking is $1 per hour or $5 for all day.

Lakes Regional Park is at 7330 Gladiolus Drive in Fort Myers. Meet at Shelter A7. Enter Lakes Park gate from Gladiolus. Turn right. Drive to end of road, continue through the parking lot. Shelter A7 is located near the train station.

For more information, call 533-7580 or 533-7576. The tour is provided in cooperation with Lee County Parks and Recreation.

Eastern phoebe

photo by Meg Rousher