New Exhibit Opening At The Sidney & Berne Davis Art Center

The Sidney & Berne Davis Art Center presents the work of Bradford Shaw Hermann, opening on Friday, August 5, in conjunction with Art Walk. Doors open at 6 p.m. for Art Walk, and the show will continue throughout August.

Bradford, a self-taught artist of 13 years, works primarily in acrylics. His show, No Negatives, will include several forms of painting including his own Message Manifestation, Action, Hard Edge, Arte Povera, Mixed Media and Cubism, as well as palm frond masks and sculptures. He has been creating palm frond art for the past 10 years in Southwest Florida and calls the masks and sculptures, as well as any art created by his hand, Arts of Palm. Bradford refers to the palm frond faces he creates as masks, and says that masks are used by humans daily to protect and hide identities, feelings and emotions, and to mislead.

Bradford’s inspiration and artistic endeavors have been greatly influenced by his travels. His artist statement is a quotation by Wassily Kandinsky: “Abstract art places a new world, which on the surface has nothing to do with reality, next to the real world.” Bradford has now created over 1,000 works and not a day goes by that he does not draw, paint, or create. He has exhibited in galleries throughout Southwest Florida and

The New Community Thrift Store Has Successful Opening Weekend

Shell Point Retirement Community recently opened a new venture in Southwest Florida, the Community Thrift Store in South Fort Myers. The store reported its grand opening weekend in early July was a big success, with many customers finding deals on every shelf. The Community Thrift Store is located at 15501-3 Old McGregor Road next to Planet Fitness in Miner’s Plaza (the old Kiwanis Thrift Store location) on the corner of McGregor Boulevard and Gladiolus Drive.

A dedicated group of around 20 staff members and volunteers were on hand to help shoppers navigate through the store, ring up orders, and carry large purchases to vehicles in the parking lot. Teri Kollath, manager of volunteer services and The Academy for Shell Point, said, “More than 75 residents have stepped into a variety of volunteer roles at the thrift store – and five more residents signed up to volunteer on the first day!”

“The first day of operation at the thrift store was certainly a success,” said Dawn Boren, director of resident life for Shell Point. “Overall, it’s important to recognize...
Southward View
From Jackson And Bay
by Gerri Reaves

In 1973, the country was gripped by the Watergate Scandal, inconvenienced by gasoline shortages, and heartened by a ceasefire agreement in Vietnam.

But in downtown Fort Myers, at least one mainstay countered the international turmoil. Customers could still shop at M. Flossie Hill Company, the women’s clothing store that had opened in 1905. Despite three locations over the decades, the store had always been located no more than a block from Jackson and Bay.

In the 1973 photo taken from the intersection looking south on Jackson Street, a sign (left) points the way to customer parking for Miss Flossie’s at the northeast corner.

In that year, the store was located just a block away at First and Jackson. It moved in after Sears Roebuck vacated the historic Heitman Building to open in the new Edison Mall in the mid-1960s.

But by the end of the decade, Miss Flossie’s store also would vanish from downtown. Other notable changes would occur in the business landscape of that part of downtown too.

Visible just down the east side (left) of Jackson Street on what is now the Franklin Arms parking lot is one of the few downtown buildings that sported an art moderne flair. Diagonal from Miss Flossie’s, the white building originally opened in the early 1940s as Bay Drugs, a Walgreens affiliate, but ended its days in the early 1970s as Tilson’s.

The view is much the same after almost 40 years, but Miss Flossie’s store and the parking lot are history.

The Central Hotel one block farther south on the southwest corner at Main Street also would vanish before long, and eventually be replaced by a city parking garage.

However, a couple of structures provide continuity between the view of almost 40 years ago and today, although a variety of businesses and offices might have rotated through them in the intervening decades and the façades might have changed.

The three-story Bank of Fort Myers Building in the photo’s center looks virtually the same as it did in 1973.

The Lorray Building, originally part of Harvie E. Heitman’s store, facing Jackson and “behind” Miss Flossie’s, has been renovated with sensible awnings and a style compatible with a redeveloping downtown.

Less tangible things remain the same too. Political scandal, gas supplies, and wars persists, but there’s no argument that today’s Jackson and Bay offers more aesthetic appeal due to the recent utility and streetscaping improvements project: brick streets, attractive sidewalks, sparkling new lampposts, benches, waste receptacles, and even the unwelcome parking meters.

Walk down to Jackson and Bay and remember the time when major stores such as Miss Flossie’s, JC Penney’s, and McCrory’s called downtown home.

Then travel several more blocks south to the Southwest Florida Museum of History at 2031 Jackson Street to learn more about how the view has changed on the street that began as a path within the U.S. Army Fort Myers.

For information, call 321-7430 or go to swfmuseumofhistory.com. museum hours are 10 a.m. to 5 p.m., Tuesday through Saturday.

Follow up with more research at the Southwest Florida Historical Society, an all-volunteer non-profit organization at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. You’ll find fabulous archives and friendly volunteers.

Drop by Wednesday or Saturday, 9 a.m. to noon, or call them at 939-4044.
Source: The archives of the Southwest Florida Historical Society.
Edison & Ford Winter Estates August Programs

August at the Edison & Ford Winter Estates is highlighted with the return of quilting and stitchery demonstrations in the Edison Caretaker’s House, Estates Garden Shoppe plant sale and the last week of Edison & Ford Winter Estates Inventor’s Camp as well as a variety of children and adult programs throughout the month. The August schedule of programs and events include:

- Edison Coconut Palms Restoration Dedication Ceremony, August 5, 10 a.m.
- Thomas and Mina Edison loved their coconut palms and planted dozens of them along their McGregor Boulevard fence and at the visitor gate to their winter estate. Join staff, Estates board of trustees, special guests Landscape Architect and Estates Trustee Helen Hendry, garden patron Berne Davis, who remember the Edison coconuts firsthand, and City of Fort Myers Mayor Randy Henderson as the planting of two of the coconut palms are dedicated the restoration process begins that will continue over the next year. Refreshments will be served. RSVP requested by calling 334-7419.
- Monthly Volunteer Meeting and New Volunteer Orientation, August 9, 9:30 a.m.
- Join Estates curatorial staff and John Kurdyla, author and collector of one of the largest collections of Edison phonographs in Europe. Learn about making music and movies with the Estates collection. This is a regular monthly volunteer meeting and mandatory training for all new Estates volunteers, but potential volunteers are also welcome.

- Estates Garden Shoppe Summer Plant Sale, August 12 and 13, 9 a.m. – 5:30 p.m.
- Receive 20 percent off plants, books, seeds, supplies and garden art in the Estates Garden Shoppe located in the Estates public Heritage Gardens. Heritage plants propagated in the Estates nursery are available for sale as well as annuals, herbs, fruit trees, butterfly plants and a variety of landscaping plants. Estates horticultural staff will be available to answer questions on Florida gardening. Admission to the Estates Garden Shoppe is always free.
- Garden Talk: Unusual Plants to add to your Garden, August 13, 10 a.m. and 1 p.m.
- Thomas Edison planted many unusual plants on his winter estates that are part of the historic gardens today. Join Estates horticultural staff to learn about native Florida, exotic and heritage plants. Reservations not required. Estates members are free, non-members $5. All participants will receive a $5 gift certificate to be used in the Estates Garden Shoppe.
- Quilting and Stitchery Demonstration, August 27, 10 a.m. to 1 p.m.
- Quilters from the Southwest Florida Quilter’s Guild and members of the Southwest Embroidery Guild will demonstrate quilting and stitching and will be available to answer questions. Items will be available for purchase. The quilters are preparing for the Estates Annual Clothesline Quilt Show on October 29, 10 a.m. to 2 p.m. Demonstration is free with purchase of Estates Complete Tour ticket.

- One Week Left: Edison & Ford Winter Estates Inventor’s Summer Camp Registration is still open for Estates Summer Camp, August 1 through 5 “NEW Smarts in Art” session at the Edison & Ford Winter Estates. Camps are open for grades 1st through 6th and sessions are separated by grade levels: 1st through 3rd, and 4th through 6th. Cost for Estates members is $200; non-members $230. Scholarships are available. Registration forms are available online at www.edisonfordwinterestates.org or may be picked up at the Edison & Ford Winter Estates at 2350 McGregor Boulevard. For more information or to sign up contact the Estates Education Department at 334-7419.
- NEW German Language Tour, Wednesdays, 10:30 a.m.
- For German-speaking visitors, the Estates offers a German language tour led by an Estates site historian on Wednesdays at 10:30 a.m. The tour includes the historic homes, gardens and Edison Botanic Research Laboratory all presented in German. Groups can schedule a German language tour, available throughout the week, by calling the Estates at 334-7419.
- Behind the Scenes Tour, Thursdays, 10:30 a.m.
- Visitors will take a behind-the-scenes tour inside the Edison and Ford homes. These tours are offered at no cost to Estates members and $40 for non-members. Due to the intimate nature of Behind the Scene Tours, space is limited and registration is required.
New Exhibit

his work is in hundreds of private collections throughout the United States. He has also illustrated two novel covers and donated his art to such organizations and causes as the Children’s Cancer Foundation, breast cancer, cystic fibrosis, tuberculosis, autism, the Humane Society, animal awareness foundations, Alzheimer’s and Parkinson’s research, and Mote Marine Laboratory.

Founded in 1997 by Jim Griffith as Florida Arts, Inc., a 501 (c) (3) nonprofit organization, the Sidney & Berne Davis Art Center holds the annual Florida Arts Festival and numerous other exhibitions, gala events, and performances. The Art Center’s mission is to nurture innovation and excellence in the visual and performing arts through these events and community outreach programs.

Volunteers are needed for the art center to assist with scheduled seasonal events. Contact Sally Joslyn at 333-1933 or PR@sbdac.com.

Bradford Shaw Hermann

Peace Corps Coming To Fort Myers

Peace Corps is actively recruiting for thousands of volunteer opportunities in six work areas: education, health, business development and ICT, agriculture, environment, and youth and community development.

While most Peace Corps assignments require a college degree, there are some positions available for applicants with three to five years of relevant work or life experience and a demonstrated interest in public service. You must be a U.S. Citizen to apply.

Peace Corps provides volunteers with full benefits, including:
- A modest living allowance designed to have you live at the same level as those you're working with
- Paid airfare and travel expenses
- Full medical coverage
- 48 days of paid vacation
- Possible cancellation or deferment of student loans
- Language, cultural and technical training

Opportunities to combine graduate school with Peace Corps service
- Scholarships, reduced tuition, stipends, and internships to earn a master's degree after service
- One year of non-competitive eligibility for federal jobs
- International experience sought after for jobs in the global marketplace
- Currently there are 318 Florida residents serving in Peace Corps. More than 7,000 Florida residents have served in Peace Corps since 1961. There is no upper age limit to service and the oldest currently serving volunteer is 84.

The following event is open to anyone interested in learning more about Peace Corps.

GlobeTalk Information Session:
Wednesday, August 3, 6 to 7 p.m., Fort Myers Library, 2050 Central Avenue. The session will be held in the meeting room.

At the information session, find out how to apply and what it’s like to work and live overseas. The agenda includes:
- Returned Peace Corps volunteers will share their overseas experiences in Peace Corps.
- Learn how to apply for Peace Corps and the benefits of serving including insurance, travel, training, living allowance, housing, and graduate school fellowships.
- Open discussion and questions from the audience.

President John F. Kennedy established the Peace Corps on March 1, 1961, by executive order. Throughout 2011, Peace Corps is commemorating 50 years of promoting peace and friendship around the world. Historically, more than 200,000 Americans have served with Peace Corps to promote a better understanding between Americans and the people of 139 host countries. Today, 8,655 volunteers are working with local communities in 76 host countries. Peace Corps volunteers must be U.S. citizens and at least 18 years of age. Peace Corps service is a 27-month commitment. Visit www.peacecorps.gov for more information.

City Projects Awarded

The City of Fort Myers has chosen Fort Myers-based Sheeley Architects Inc. to design Americans With Disabilities Act (ADA) changes to several city-owned projects. The projects selected to receive these improvements include Eastwood Country Club, The Imaginarium, Fort Myers Country Club, City of Fort Myers Yacht Basin, Golfview Pool & Recreation Center, and the STARZ Sports Complex. Each project consists of design modifications to assist persons with disabilities.

According to a spokesperson for the City of Fort Myers, “The City will make all reasonable modifications to policies and programs to ensure that people with disabilities have an equal opportunity to enjoy all city programs, services, and activities.”

For more information, visit www.sheeleyarchitects.com or call 482-2121.

Greenmarket Rainwater Workshop

The final July gardening workshop at the Alliance for the Arts’ GreenMarket is Saturday, July 30 at 10 a.m. It will offer an opportunity to learn about rain barrels and the benefits of rainwater collection from Master Gardener Todd Roy, a horticulturist at the Edison & Ford Winter Estates.

Roy will introduce attendees to the benefit of using rain barrels, provide tips on water conservation, and talk about his latest project, a solar-powered rain barrel irrigation system. Rain barrels will be available for purchase.

The GreenMarket takes place at the corner of McGregor and Colonial boulevards in Fort Myers.
Thrift Store Grand Opening

Jerry and Dwain Glascock loved the great deals they found

that the positive outcome of this venture was made possible by countless acts of generosity. First of all, we’ve had a seemingly endless supply of donations from residents, staff members, and people from the surrounding community. Additionally, the Thrift Store is blessed with an outstanding staff of employees and volunteers who combined their drive and determination to pull it all together. We are looking forward to the continued success of this exciting endeavor."

A couple from Fort Myers, Dianne and Dwain Glascock, learned about the Thrift Store Grand Opening in the newspaper. "As soon as I read about it, I knew we had to come and take a look," said Dianne. "I'm glad we did! I've found some great decorative items for our home."

"We were honored to welcome our first shoppers during our grand opening weekend," said Debbie Zeis, manager of the new store. "Offering a 25 percent discount was simply our way of saying thank you for shopping with us. We hope that everyone will come back for even more great deals."

The store is open Tuesday through Saturday from 9 a.m. to 4 p.m. All are welcome to shop as well as make donations. Proceeds from the store will be used to help provide services to meet the needs of seniors in our area.

The store carries a wide array of items for all shoppers, including furniture, home décor, household goods, CDs, books, games, adult and children’s clothing, jewelry, and more. Plus, this store offers items not typically found in resale stores such as building supplies, construction materials, appliances, and fixtures. When an individual or an organization donates items to the store, they receive a tax deductible receipt.

To learn more about the Community Thrift Store, contact Debbie Zeis at 225-6529.

Lee Memorial Auxiliaries

$650,000 Pledge To Children’s Hospital Of Southwest Florida

The Lee Memorial Health System Foundation recently announced that the Lee Memorial Health System Auxiliaries have made a $650,000 commitment to The Children’s Hospital of Southwest Florida Building Fund. The Lee Memorial Auxiliary, which serves four hospitals – Lee Memorial Hospital, HealthPark Medical Center, The Rehabilitation Hospital and the existing Children’s Hospital facility – will be contributing $500,000; the Cape Coral Hospital Auxiliary is contributing $100,000 and the Gulf Coast Medical Center Auxiliary has pledged $50,000.

The new 148-bed Children’s Hospital of Southwest Florida will be located on the grounds of HealthPark Medical Center in South Fort Myers and is scheduled for completion in 2015. It will serve the ever-increasing needs for general and specialized healthcare services for children.

The auxiliaries embraced the campaign as part of their mission to benefit the patients of Lee Memorial Health System and the community. As all-volunteer organizations, their generous support is expected to stimulate the participation of many other community groups in The Children’s Hospital expansion project and will help expedite the journey from vision to reality.

Their initiative, their financial commitments, and their recognition of the potential community, regional, state and national impact of America’s Newest Children Hospital on the lives of children everywhere, have generated a powerful momentum for the fundraising efforts. Led by Lee Memorial Auxiliary President Al Kinkle, Cape Coral Hospital Auxiliary President Mary Pat Roleke and Gulf Coast Regional Medical Center Auxiliary President Nancy Stanfield, the Auxiliaries have made a remarkable promise to the children and parents of Southwest Florida.

Lee Memorial Health System Chief Human Resources Officer and liaison to the Health System Auxiliaries Jon Cecil said of the gifts, “In a time honored tradition, the Lee Memorial Health System Auxiliaries stepped up to the plate with extraordinary generosity to help support this vital program within the health system, while also donating over $300,000 for special equipment and other department requests throughout the system.”

For more information on The Children’s Hospital Building Fund, or to make a personal or corporate gift, or to join one of the auxiliaries, contact the Lee Memorial Health System Foundation at 343-6950.
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FROM PAGE 3

Estates August

• Estates Botanical Tour, Tuesday and

  Saturday mornings, 10 a.m.

The Estates Botanical Tours will be

offered on Tuesdays and Saturdays at 10

a.m. The tour includes a walk through

the historical gardens, and a behind-the-

scenes tour of the Estates Propagating

Nursery led by Estates horticultural staff.

The tour is free for Estates members; for

non-members, the cost is $24 for adults

and $10 for children ages six through

12. Visitors may upgrade their tickets for

$4 to include a self-guided audio wand

tour of the historic buildings and Estates

museum. Group botanical tours are avail-

able at a discounted price and may be

scheduled throughout the week by calling

334-7419.

• Edison Ford Young Inventor’s Tour,

  Daily 10 a.m.

The Edison Ford Inventor’s Tour is a

hands-on museum experience for children

focusing on the inventions of Thomas

Edison and Henry Ford. Children will

learn how the inventions work and have

the opportunity to operate historic edu-

cation artifacts including the light bulb,

recorded sound, assembly line and rub-

ber research. The tour is offered on a

first-come, first-served basis and includes

admission to the lab and museum. Estates

members are free; non members’ cost is

$12 for adults and $5 for children ages

six through 12; children five and under are

free. Tickets are available at an additional

cost to upgrade to a complete Home and

Gardens Estates Tour.

The Estates is open daily from 9 a.m.

to 5:30 p.m. For additional information

call 334-7419 or visit www.edisonford-

winterestates.org.

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On July 29 to 31, the Jones/Creal family is hosting its 32nd annual reunion in Fort Myers at the Dr. Carrie Robinson Center. Family members are arriving from Jacksonville; Clearwater; Panama City; Miami; Atlanta, Georgia; Washington D.C.; and Denver, Colorado.

On Friday, there will be a meet and greet at the Holiday Inn. On Saturday they will attend a black and white ball and on Sunday, a church service and banquet.

From page 1

Oak Tree

He created the artwork out of the stump of an historic oak tree that had to be cut down because of structural deficiencies. In addition, Flint & Doyle Inc. transported the tree to the site, and Allied Crane Service provided the crane to lift it into place. The generosity of these three companies will save Lee County approximately $8,000.

A small ceremony to dedicate the new eagle sculpture will be held in August on a date to be determined. Landscaping improvements featuring native plants will be phased in over the next six months.

Lee Republican Women Meeting

Lee Republican Women Federated will meet on Monday, August 8. Social hour begins at 5:15 p.m. with dinner and program to follow.

Speaker for the dinner meeting is David Mulicka, candidate for Florida State Representative District 75.

The meeting will be held at the Hilton Garden Inn-Fort Myers, 12601 University Drive. Cost is $20. For reservations call 432-9389 or email cindylignelli222@gmail.com.

Call For Artists

The Art League of Fort Myers extends a welcoming reminder to all regarding its Call for Artists for its juried national exhibition Celebration. Because this is a huge venue and the league wants to fill the Harborside Event Center with great art:

- Deadline for submissions of art is extended to August 10
- $1,000 for best of show and four continued on page 17
Along The River

Every Friday in downtown Fort Myers’ River District, you can listen to live music in the historic Patio de Leon during Friday Night Live from 6 to 9 p.m.

On July 29, guitarist/singer/songwriter Raiford Starke is performing.

The Patio de Leon is located at 2213 Main Street, Fort Myers in the center of the block formed by First, Hendry, Main and Broadway with entrances on First, Main and Hendry. For more information about Friday Night Live, call 334-4638.

On July 30 and 31, Mango Mania returns to Pine Island. The tropical fruit fair is a casual, family-fun event celebrating the area’s exotic produce.

The festival includes mango and tropical fruit specialty food and beverages, a free mango tasting table, arts and crafts, activities for children, educational talks about tropical plants, trees and plants for sale and a mango recipe book for purchase.

Mango Mania is Saturday from 10 a.m. to 7 p.m. and Sunday from 10 a.m. to 5 p.m. at the German-American Social Club, 2101 Pine Island Road, Cape Coral. Admission is $6 per person, free for children 10 and under. Call 283-0885.

On Monday, August 1, the Fort Myers Film Festival features locally produced Canvas at the Sidney & Berne Davis Art Center. The series runs every Monday night through August 29.

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Have lunch in the climate-controlled, historic Post Office Arcade downtown favorite opened eight years ago and has been family-owned and operated ever since.

In a casual atmosphere that appeals to all ages, sit at the sushi/sake bar or select a table inside the restaurant or outside in the roofed-in gallery.

For lunch, try the combination Honey Garlic Chicken served with fried rice and egg roll for $6.95 or sample a selection of Lo Mein, Chop Suey and vegetarian dishes.

In addition to daily lunch and dinner specials, Ichiban boasts an extensive Japanese and Chinese dinner menu, including Bento boxes containing shrimp and vegetable tempura and Japanese rice.

For quick late-night sustenance on the weekend, try the BBQ Ribs appetizer and wash it down with a cold Kirin Ichiban beer or sake.

Ichiban is located at 1520 Broadway, downtown Fort Myers, in the historic Post Office Arcade. Hours are Monday through Thursday from 11 a.m. to 10 p.m., Friday and Saturday from 11 a.m. to 11 p.m. and Sunday from noon to 9 p.m. Free delivery is available within the River District. Call 334-6991.

Go to The Edison on Tuesday nights for its Showcase of Musical Talent

Monday night through August 29.

When all that keeps you grounded is taken away, your love, your passion, your life... What is left? Anger and bitterness? Surrender and withdrawal? For young artist Brodey, every care is left behind. He will find that letting go is the hardest thing to do. The film was directed by Brent Sattia and is followed by a question and answer session with the cast.

The Sidney & Berne Davis Art Center is located at 2301 First Street, Fort Myers. For information about the film festival, call 810-6323 or go to fortmyersfilmfestival.com.

On Tuesdays from 7:30 to 10 p.m., listen to great local musicians and singer/songwriters at The Edison Bar and Restaurant. This week’s line-up includes Bill Metts; Alan Bradford and Kevin Dolan; Tom Powell; Frankie Colt and Zach Lombardo; Katelyn Gravel and Steven Silva; Matt Hembling; and Thomas Godsey with J-Law accompanying on violin.

Kick back inside the cool comfort of the bar or step outside onto the Edison’s expansive patio overlooking the Fort Myers Golf Course.

Tuesday specials include two for $2 tacos and two for one margaritas from 5 to 8 p.m. The Edison also offers a full rage of appetizers, sandwiches, pizzas, and home-style comfort food. Happy hour specials run daily from 11 a.m. to 8 p.m. and feature half-priced house brand cocktails, ice cold craft beer or wine.

The Edison Restaurant & Bar is open seven days a week for lunch, dinner and cocktails. It is located at 3583 McGregor Boulevard overlooking the historic Fort Myers Country Club. Call 936-9348 or go to edisonfl.com.

The name Ichiban means Number One in Japanese, and they certainly are when it comes to preparing excellent Japanese and Chinese cuisine. The

Read us online at IslandSunNews.com
Debra Webb, executive director of HOPE Clubhouse of Southwest Florida, and Joyce Miller, board member, were invited to present at the ICCD: 16th International Clubhouse Seminar in Stockholm, Sweden. Their topic was New Clubhouses: Welcoming the Next Generation of Clubhouse Communities. There were over 500 people in attendance from Japan, Sweden, Canada, Australia, United Kingdom and other countries. “It was an honor to have been invited to present at the International Center for Clubhouse Development Seminar” expressed Webb.

The ICCD, a nonprofit and non-governmental organization, was formally established in 1994. It is a global resource for Clubhouse communities, which provide opportunities for people with mental illness to re-enter the worlds of work and friendship and establish personally satisfying lives.

Its mission is to establish and support ICCD Clubhouses in every city and town and to coordinate a vital international network that provides ICCD Clubhouses with training, quality assurance, research and advocacy.

Hope Clubhouse of Southwest Florida opened its doors in March 2010 and currently serves 55 members; six are in the Transitional Employment Program. HOPE Clubhouse is a community resource that fills a significant gap in the opportunities for people living with mental illness in Southwest Florida. HOPE Clubhouse offers opportunities for meaningful work, education, friendships, and access to housing in a supportive, caring, dignified, and respectful community setting.
Connection, LLC, 1415 Panther Lane, #160, Naples.

Donations are: Waterman Broadcasting, 3719 Central Avenue, Fort Myers; and Title by calling Children's Home Society at 334-0222. Drop-off locations for the donation supplies will benefit youth in foster care through Children's Home Society's Independent Living Program as well as those enrolled in the Developmental Disabilities school. Supplies will benefit youth in foster care through Children's Home Society's Hendry and Glades counties.

Donations For School Supply Drive

Children's Home Society is collecting donations of school supplies to make sure that children and families in Southwest Florida are ready to succeed in the new school year. Supplies collected will be given to more than 700 children and teens in Children’s Home Society’s programs in Lee, Collier, Charlotte, Hendry and Glades counties.

Backpacks and school supplies are needed for children from preschool through high school. Supplies will benefit youth in foster care through Children's Home Society’s Independent Living Program as well as those enrolled in the Developmental Disabilities Program, Healthy Families Florida, and the Early Child Learning Centers in Naples.

School supply lists are available at most retail outlets selling school supplies or by calling Children’s Home Society at 334-0222. Drop-off locations for the donations are: Waterman Broadcasting, 3719 Central Avenue, Fort Myers; and Title Connection, LLC, 1415 Panther Lane, #160, Naples.

Recovery Program Grand Opening

The Emmaus House, a Christ-based, long-term residential recovery program, is hosting its Grand Opening event from 4 to 7 p.m. on Monday, August 1, at 2546 Franklin Street, Fort Myers.

This Christ-centered re-entry/recovery program is opening the doors of a new location at Franklin Street to support an in-house program and the community. Everyone is welcome to attend the Grand Opening Open House event to learn more about those involved and how the community can work with them.

The thrift store will be open as well and also will be offering business services with computer repair and sales, car detailing, and much more.

Hot Dogs, Hamburgers, & Cold Drinks will be served along with entertainment provided by DJ John T. Nichols.

Donations will be accepted for the thrift store, and can be made online as well at www.EmmausHouseCorp.com.

The Emmaus House Corporation is a group of men and women who are dedicated to Jesus Christ their personal sharing of faith, strength and hope as we mentor people in recovery from their hurts, habits or hang-ups. We serve the residents to assist them to Jesus Christ their personal sharing of faith, strength and hope as we mentor people in recovery from abuse, family dysfunction, depression, anxiety, grief, relationships and/or addictions to alcohol, drugs, food, pornography, and/or sexual addiction.

The Emmaus House residents are comprised of people whose hurts, habits or hang-ups brought them to their bottom and have allowed others who are successfully in recovery from alcohol, drugs, food, pornography, and/or sexual addiction.

Questions can be directed to Brian Sears, 226-0557.

Children’s Home Society Seeks Donations For School Supply Drive

Community Cooperative Ministries Inc. (CCMI) received a grant in the amount of $30,000 from the Walmart Foundation’s State Giving Program and their Florida Advisory Council.

Through the State Giving Program, the Walmart Foundation supports organizations with programs that align with the company’s mission to create opportunities so people can live better. The State Giving Program awards grants starting at $25,000 to nonprofit organizations that serve a particular state or region. State advisory councils, made up of local Walmart associates represent each state, including Washington, DC and Puerto Rico. The state advisory councils determine the needs within each state, review all eligible grant applications and make funding recommendations to the foundation.

The foundation has adopted four areas of focus: education; workforce development/economic opportunity; environmental sustainability; and health and wellness. Walmart and the Walmart Foundation’s current focus is on hunger relief, and they have made a $2 billion commitment through 2015 to hunger relief efforts in the U.S. in order to support the record one in six Americans who do not know where their next meal is coming from.

Sarah Owen, CEO of CCMI, said the grant dollars have funded a weekend backpack program at Treeline Elementary to feed children who would otherwise go with little or no food on weekends during the school year.

The money comes at a critical time for CCMI’s programs. The country’s economic downturn has made it more difficult to raise money to continue feeding our community’s hungry.

Grant Helps Fund Backpack Program

Children’s Home Society is collecting donations of school supplies to make sure that children and families in Southwest Florida are ready to succeed in the new school year. Supplies collected will be given to more than 700 children and teens in Children’s Home Society’s programs in Lee, Collier, Charlotte, Hendry and Glades counties.

Backpacks and school supplies are needed for children from preschool through high school. Supplies will benefit youth in foster care through Children's Home Society’s Independent Living Program as well as those enrolled in the Developmental Disabilities Program, Healthy Families Florida, and the Early Child Learning Centers in Naples.

School supply lists are available at most retail outlets selling school supplies or by calling Children’s Home Society at 334-0222. Drop-off locations for the donations are: Waterman Broadcasting, 3719 Central Avenue, Fort Myers; and Title Connection, LLC, 1415 Panther Lane, #160, Naples.

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Email editorial copy to: press@riverweekly.com
Trip To The Middle Grounds

by Capt. Matt Mitchell

With business slowing down for the summer, I took off for a few days the beginning of last week and went and did what any fishing guide would do on his time off: I went fishing. A client of mine from Orlando had a cancellation on an annual trip to the middle grounds and had given me a call a few weeks before. I jumped right on it. Not since I was a kid had I been out fishing on a head boat.

The trip left from Hubbard’s Marina in Riviera Beach, near St. Petersburg. The boat left Sunday afternoon and returned at 6 a.m. Tuesday. Due to another cancellation a few days before, I even got to take a buddy along. Although I have lived down here more than 30 years, I have never fished the middle grounds and have always wanted to. Packing a few rods, tackle, a change of clothes and a case of oysters, we headed on the two-hour drive.

The middle grounds is located roughly 70 to 100 miles west of Tampa and is legendary for bottom fishing action. This area has lots of hard bottom, springs and coral formations which really hold lots of fish. After reading up on what to expect, I was all smiles knowing I would not have to do anything but fish for the next few days.

The middle grounds is located roughly 70 to 100 miles west of Tampa and is legendary for bottom fishing action. This area has lots of hard bottom, springs and coral formations which really hold lots of fish. After reading up on what to expect, I was all smiles knowing I would not have to do anything but fish for the next few days.

After everyone loaded their stuff on board, we left the marina at John’s Pass for the roughly a nine-hour run out to the first fishing spot. The 75-foot catamaran, Florida Fisherman II, is a big comfortable boat with a 28-foot beam, making for plenty of room for the 48 anglers aboard. Food and bunks are supplied on the trip and after a cheeseburger from the galley and rigging up my rods, I tried to catch a few hours sleep before we dropped down a bait.

About 12:30 a.m. we reached our first spot, a hump as the captain described it, that came up from 140 feet to 110 feet. As soon as the lines hit the bottom it was on, not what we were looking for, but non-stop sharks. The three- to four-foot sharks were tangling everyone up and the mates had their hands full. Thirty minutes into this we pulled anchor and moved a few miles.

Our catch from the trip days.

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This next spot was hot with lots of big mangrove snapper up to eight pounds. It took me a little while to get the hang of the bite as we were using circle hooks with a 6-ounce weight to hit the bottom. Everyone around me was catching fish. After a few hours and a couple of decent mangrove snapper, the bite slowed and we moved.

At every stop, the bite was on. Mangrove snapper were the main fish being caught with a few red grouper and plenty of big gag grouper and amberjacks, which had to be released as season is closed on these two species.

We fished through the night until, a few hours after sun-up, the bite slowed as we had been told it would. Moving spot to spot we picked up a few fish here and there with almost always someone hooked up all the time.

At one point in the afternoon we had a few mahi mahi around the boat and a couple were even caught. The wide variety of species was really cool and included a few scamp grouper. Every time you dropped a bait you had no clue what kind of fish you would reel up next. My main goal on this trip was to catch a red snapper as this was the last day of red snapper season and I had never caught one before. Anglers on both sides of me had caught a few but for some reason I just could not get it done.

Just before sunset the captain had one more hump to fish that he said had been holding good numbers of red snapper. We caught red snapper one after another and I had my two-day limit of four in less than 15 minutes. Everyone on the boat caught the snapper for about 30 minutes until the bite quit. Making one more stop before we headed in, a few anglers got a few more red snapper along with the biggest one taken on the trip, which was right around the 15-pound mark.

This trip was a blast and I would suggest it to anyone. The captain, who is also the owner of the business, really has this long range overnight fishing down. His family has operated a charter boat for the last 40-plus years.

The only thing that was better than the trip was all the fish I gave away and the Red Snapper Oscar I made with king crab my first night home.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmattmitchell@aol.com.

Send Us Your Fish Tales

The River Weekly would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the River Weekly, 1609 Hendry Street, Suite 15, Fort Myers, Florida 33901, or email to press@riverweekly.com.
CROW Case Of The Week:

Rounds

Every morning at around 9:30, CROW staff, students, and volunteers – in fact, anyone who is interested is welcome – stop what they are doing and head to the second floor of the clinic for rounds.

“Rounds is, in part, a time to go over whatever anybody wants to talk about, whether it’s a particular case, disease processes, radiographs, and sometimes we have to do some housekeeping,” explained Dr. Amber McNamara.

“Primarily, though, rounds is a teaching tool. Sometimes we spend the whole time teaching. It’s a time when the people are all together and even though they’re obviously learning as they go every day, hopefully during rounds they can ask questions or bring up topics they want to know more about. Rounds is their time.”

When people hear “rounds” in relation to a health facility, they likely expect it to be a doctor visiting his or her patients at bedside. “We can’t do rounds the way doctors do in hospitals,” Dr. Amber explained, “because a whole group of people standing at an animal’s cage would be too high-stress – but we can talk about several cases.”

Interestingly, in certain circumstances and for the same reasons, that’s changing in some human settings, too. In some hospitals with ACE (Acute Care for Elders) wards, rounds take place in a conference room where one by one, health professionals talk about the patients.

Each team member – doctors, nurses, rehabilitation therapists – might add some observation or clarify some fact. The reason is the same one Dr. Amber gave: an entire team of people at a patient’s bedside would be invasive, intimidating or frightening to the patient.

Is this an improved way of doing things common to the animal and human worlds?

On rounds this day, it was someone’s request to talk about herbs and how they do different things for healing. It was a full-hour of teaching.

Dr. Amber explained the use of Chinese and western herbs. The Chinese herbs are available only by veterinary prescription, while western herbs are made for human consumption and available at health food stores. In addition, Chinese herbs are used in conjunction with acupuncture. Dr. Amber referred students to the Chinese Veterinary Herbal Handbook, by Huisheng Xie, DVM. For a more reader-friendly option, she suggested Four Paws, Five Directions: A Guide to Chinese Medicine for Cats and Dogs, by Cheryl Schwartz, DVM.

Western herbs include yarrow and peppermint, which are used for digestive problems; St. John’s Wort, which is used for nerve injuries; eye bright, which helps bring blood flow to the back of the eye; liver detox, which includes milk thistle and dandelion and does exactly what it says: helps detoxify the liver. Calendula is topical and used for skin wounds; it’s both soothing and healing. There are many more; those are just a few. These herbs can be supported with vitamins and pain medications as needed.

Dr. Amber went to the Chi Institute in Reddick, Florida, which teaches traditional Chinese veterinary medicine, and took Introduction to Small Animal Acupuncture in 2007; she also took two herbal courses online. She is now a certified veterinary acupuncturist. Through her experience, she has discovered that herbs seem to be particularly effective with trauma, and that gopher tortoises seem very receptive to acupuncture.

“I hope rounds is fun for the students and not just me going on about things,” said Dr. Amber. “It’s one of the two points of this job that I love: helping the animals and teaching the students and volunteers. Usually, rounds is just a half-hour out of the day and it’s a chance for the students to take a break and maybe learn something too.”

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a nonprofit wildlife hospital providing veterinary care for native and migratory wildlife from the Gulf Coast of Florida. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

Eco-Cruises And Junior Naturalists

Captiva Cruises has introduced a new Eco-Cruise Expedition series – The Science at Sea Expedition series. The Science at Sea Expedition series consists of five cruises included in the program. On this hands-on adventure, children and adults will be able to try their hands at marine biology. A trawling net will be used to observe and identify some of the unique inhabitants within our back bay waters, and information will be collected for the Sanibel-Captiva Conservation Foundation’s (SCCF) ongoing water quality research.

The Eco-Cruise Expeditions will also include the Shoreline Discovery Cruise, which will travel to a secluded beach accessible only by boat to explore nature that often goes unnoticed, followed by lunch on North Captiva; the Beach & Shelling excursions to Cayo Costa State Park; the Dolphin & Wildlife Adventure Cruise with SCCF; and the Night Sky Astronomy Cruise.

Children can take part in Captiva Cruises Junior Naturalist program. Upon completion of two of these designated Eco-Cruise Expeditions, participants will receive a Captiva Cruises Junior Naturalist certificate. After their first adventure, children ages two to 14 will receive a $5 off coupon towards the second Eco-Cruise Expedition.

Captiva Cruises also offers lunch cruises to Cabbage Key and Useppa Island, Boca Grande Sailing Adventures and sunset cruises. Additional information and reservations for any of Captiva Cruises’ tours and programs may be obtained by calling Captiva Cruises at 472-5300.

Dinner for 2 for $29.95
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Woolly Pyramidflower

by Gerri Reaves

Woolly pyramidflower (Melochia tomentosa) is an erect perennial shrub presumed extirpated in parts of its South Florida range. In the wild, this resilient native species usually occurs in pine rocklands. A tap and lateral root system makes it very drought-tolerant, so it’s a low-maintenance flowering ornamental for a dry landscape.

The tiny reddish brown pyramidal seed capsules inspire the common name, as do the hairy leaves.

Tomentosa means fuzzy, thus the descriptor “woolly” for the oval or lance-shaped serrated leaves. Melochia derives from the Greek word for honey. The five-petaled flowers, which range from pink, purple, or blue with a yellow eye, bloom spring to fall.

Capable of tolerating nutrient-poor, rocky, and sandy soil, this plant grows in locations that daunt other species. It prefers sun, but must have a well-drained location. It is not salt-tolerant, however.

It can reach 10 feet in height with an equal width. Another common name, teabush, refers to the tea made from the leaves that is used as a cold treatment and eyewash.

Sources: plantbook.org and www.fs.fed.us.

Plant Smart explores sustainable gardening practices that will help you create a low-maintenance, drought-tolerant, hurricane- and pest-resistant South Florida landscape.

Hairs on the serrated leaves explain the description “woolly”

Photos by Gerri Reaves

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**Disney’s Aladdin, Jr. Is A Magic Carpet Ride For All Ages**

Broadway Palm Children’s Theatre is transporting audiences on a magical journey with Disney’s *Aladdin, Jr.* playing July 29, 30 and August 3, 5, 7, 9 and 12.

Favorite characters hit the stage in this adaptation of the Disney hit including Aladdin, Princess Jasmine and of course, the Genie. Hear favorite songs from the movie such as *Prince Ali, Never Had A Friend Like Me* and *A Whole New World.*

Broadway Palm Children’s Theatre presents full-scale productions that are appropriate for all ages. All performances begin with a buffet at noon and show time at 1 p.m. The chef’s special buffet includes children’s favorites like hamburgers, hot dogs, macaroni and cheese, and chicken.

Party guests will have all day to explore the Imaginarium’s science exhibits. Experiment with Newton’s Laws of Motion in the Build Your Own Coaster exhibit and Science in Motion, then hop on the crane to get to work with simple machines in the Make It Move exhibit. Wise up on storm safety at the Storm Smart Hurricane House. Dig up fossils and come face-to-face with a T-rex in the Dino Discovery exhibit area. Get up close and personal with sea life in the SEA-TO-SEE Touch Tanks; discover the fish and swan of Fisheye Lagoon and residents of Animal Lab.

Everyone will receive 50 percent off admission for the day to celebrate the event. Future Imaginarium members can receive $16 off a family membership during the month of August!

For more information about the Imaginarium, call 321-7420 or visit www.imaginariumfortmyers.com.

**Imaginarium’s Birthday Bash**

The Imaginarium is coming of age, celebrating its 16th birthday and everyone is invited! The Imaginarium has grown up, so to speak, and so have its exhibits and programs, serving audiences of all ages. Help celebrate another year with a refined focus, new engaging exhibits, and innovative education programming on Saturday, August 13 from 10 a.m. to 5 p.m.

Enjoy hands-on science demonstrations, live animal encounters, 3-D movies, make-and-take projects, and explore some of the hottest new programs in the Nanoscience Lab, Biofuels Booth, and Engineering Exploration Station. Broadcast live from the new IMAG-TV Studio where visitors can email their video creations to friends and family. Discover the new interactive Watershed Wonders: Caloosahatchee Connections exhibit and walk through Backyard Nature to see the latest exhibit project in progress.

The Imaginarium will also be recognizing a great partner in the new Wells Fargo Educational Center. Through their support, the Imaginarium has been able to update its center with new technology and peripherals.

Festivities begin at 10 a.m. with special activities throughout the day including hands-on fun shows, live animal demonstrations, and giveaways from Cat Country Radio.

**To advertise in The River Weekly News Call 415-7732**
The Outbreak Of Rebellion

by Max Fiedersdorf

Call it the luck of the draw. Or call it chance, accident, fortune, fate or simply being in the right place at the right time. Whatever its name, the main chance in life often rides on an astonishing randomness that has the appearance of destiny, but in retrospect is nothing more than some unexplainable serendipity.

Such was the case with John George Nicolay who served as President Abraham Lincoln’s private secretary during the American Civil War, witnessing close from inside the administration the debate and decision-making that forged the Union response to the Southern secession. Nicolay came to that high position with typical qualifications of that era: journalism, sound party affiliation, and personal connections.

Nicolay was born in Bavaria in 1832 and emigrated to America with his parents six years later. The family settled in Illinois and young Nicolay became a newspaperman in Pittsburg, eventually gaining ownership of the paper, but gave it up in 1857 to become a clerk in the office of the Illinois secretary of state.

The office was frequented by a tall, lanky lawyer from Springfield. Lincoln stopped by to look up election returns and met the 25-year-old Nicolay, by then a Republican in politics.

After gaining the Republican nomination for president in 1860, Lincoln hired Nicolay to help with the mail, and when Lincoln won the presidency, Nicolay in turn hired John Hay to help with even greater amounts of correspondence.

The team went to the White House and were at the president’s elbow for his four-year term and after his re-election in 1864 before the assassination in Ford’s Theater on April 15, 1865.

Naturally, Nicolay, who lived until 1901, possessed both strong opinions and deep knowledge of the conflict, which he had observed from its highest level of politics and grand strategy.

After the war Nicolay married and served as consul in Paris, and he and Hay gained lasting fame as Lincoln’s biographers.

In 1881, Nicolay also wrote The Outbreak Of Rebellion, a first-hand account of the Civil War starting with the secession lever that gripped the South; the opening guns at Fort Sumter; Lincoln’s masterly efforts to keep the border states in the Union, and the stunning Union defeat and chaotic retreat in the first major battle of the war in the summer of 1861 at Manassas Junction (Bull Run) near Washington.

From his inside perch at the White House Nicolay had an intimate knowledge of the individuals and actions involved. His account has the urgency and immediacy of events happening now, rather than 150 years ago.

Nicolay’s disappointment is still palpable after a century and half when Robert E. Lee, “an officer of great promise,” declines President Lincoln’s offer to lead the Northern military forces, and instead, accepts the Virginia command against the United States. (Everyone knows how that worked out).


Next Month At The North Fort Myers Library

August’s roster of activities at North Fort Myers Public Library offers topics for all ages. The following activities are free to the public:

Adults
- Books and Bites, 10:30 a.m. Monday, August 1
- Magic at this performance by Karl Vick. During this monthly social hour, discuss any books in any format, or movies that have piqued your interest. The library provides the coffee and refreshments, and you provide your enthusiasm. Registration is requested.
- Miss Marple Monthly Knitters, 2 p.m., Bass Road, Fort Myers 33919
- Book Discussion: Shilpi Somaya Gowda’s Secret Daughter, 2 p.m. Thursday, August 18
- This first novel by Shilpi Somaya Gowda explores motherhood, loss, identity, and love through the experiences of an American and an Indian family. Registration is required.
- Family: Turkleberry & Friends, 6:30 p.m. Tuesday, August 2
- Help Turkleberry the Clown and friends celebrate National Clown Week. Registration is requested.

Improving Your English At A Café

Practice speaking English at the English Café, a free conversation session for adults whose native language is not English and are seeking to improve their English language skills. Each 90-minute session provides adult learners an opportunity to practice speaking English with native speakers.

English Café is offered every week at participating Lee County Library System libraries now through September 23, and October 10 through December 16. Participants may start at any time and advanced registration is not necessary. Anyone interested in improving their language skills is welcome. The native speakers are trained to work with a broad range of cultures as well as languages.

English Café participants will learn to improve their English to communicate and feel more at ease socially and culturally in the United States. The ability to communicate with government and private service providers, schools, businesses, emergency personnel, and many other people in the United States depends greatly on the ability to speak English. In 2000 the U.S. Census Bureau asked people aged five and over if they spoke a language other than English at home. Among the 262.4 million people aged five and over, 47.0 million (18 percent) spoke a language other than English at home. If you know of someone who could benefit from practicing English, tell them about this service. Persons interested in volunteering as a native speaker can reach Outreach Services Manager Maria Palacio at 533-4440.

English Café Locations and Times:
- English Café will run now through September 23 and October 10 through December 16.
  - Lakes Regional Library: Monday, 6 to 7:30 p.m., Meeting Room B, 15290 Bass Road, Fort Myers 33919
  - East County Regional Library: Monday, 6 to 7:30 p.m., Meeting Room, 881 Gannery Road, Lehigh Acres 33971
  - Cape Coral Library: Tuesday, 6 to 7:30 p.m., Conference Room, 921 S.W. 39th Terrace, Cape Coral, 33914
  - South County Regional Library: Wednesday, 6 to 7:30 p.m., Computer Lab, 21100 Three Oaks Parkway, Estero, 33928
  - Northwest Regional Library: Thursday, 10:30 a.m. to noon, Multi Purpose Room A, 519 Chiquita Blvd. N., Cape Coral 33993
  - East County Regional Library: Friday, 10 to 11:30 a.m., Meeting Room, 881 Gannery Road, Lehigh Acres 33971
  - Cape Coral Library: Friday, 10 to 11:30 a.m., Conference Room, 921 S.W. 39th Terrace, Cape Coral, 33914

The North Fort Myers Public Library is located at 2001 N. Tamiami Trail NE in North Fort Myers. For more information about a program or to register, call the library at 533-4320. A sign language interpreter is available with five business days’ notice to library staff. An assistive listening system is available; request at desk.

Check the Lee County Library System’s Web site at http://library.leegov.com, or pick up an events calendar, to find out about programs at other locations. Call the host library, or Telephone Reference at 479-INFO (4636) for more information about a specific program.
Lakes Regional Library Programs

The August roster of activities at Lakes Regional Library offers opportunities for all adults and families. The following activities are free to the public:

**Adults**
- **English Café**
  6 p.m. Mondays, August 1, 8, 15, 22, 29. Practice your English with English Café, a free conversation session for adult ESOL (English for Speakers of Other Languages) and ESL (English as a Second Language) students. Each 90-minute session provides adult learners an opportunity to practice speaking English with native speakers. Participants may start at any time. Advanced registration is not necessary.

- **Book Discussion: Wes Moore’s The Other Wes Moore**, 2 p.m. Tuesday, August 16
  Read and discuss the story of two boys with the same name growing up in similar circumstances in Baltimore who end up living very different lives. The author examines eight years in the lives of both Wes Moors to explore the factors and choices that led each to a Rhodes scholarship, military service, and a White House fellowship, and the other to drug dealing, prison, and eventual conversion to the Muslim faith. Registration is required.

- **Family**
  - **Storybook Cinema**, 10:30 a.m. Wednesdays, August 3, 10
    Make a special summertime trip to the library for storytime cinema programs. Storytime activities will be interspersed with animated children’s books on the library’s big screen. All ages are welcome. Registration is required.
  - **Meet a Honey Bee**, 11:15 a.m. Wednesday, August 6
    Did you know that bees help make many of our favorite foods, like watermelons, lemons, strawberries, almonds and broccoli? The Beekeepers Association of Southwest Florida will bring in an observation hive and children will see the day-to-day activities within the hive without disrupting them. Watch as the bees build their hive, produce honey and do the bee dance. Registration is required for this sting-free event.

- **Children**
  - **Meet a Honey Bee**, 11:15 a.m. Wednesday, August 6. See above.
  - **39 Clues**, 4 p.m. Tuesday, August 9
    Join in the fun, games and activities to celebrate the popular 39 Clues series of books. Remember: Solve the clues before anyone else does! For grades three to five. Registration is required.
  - **Music Together**, 10 a.m. Thursday, August 11
    Do you want your children to love music? Friends from Family Music Time will create a relaxed, playful environment to share songs, play instruments, and learn rhythm patterns. For ages three through five. Registration is required.
  - **Kids Read Down Fines**, 2 to 3 p.m. Saturday, August 13
    Children and teens can earn a $2 coupon for every 15 minutes of reading during the allotted time in the designated area of the library. For ages 18 and under. Coupons may be applied to cards issued to patrons age 18 and under only.

- **Teens**
  - **Kids Read Down Fines**, 2 to 3 p.m. Saturday, August 13. See above.
  - **39 Clues**, 4 p.m. Tuesday, August 9
    A sign language interpreter is available with five business days’ notice to library staff. An assistive listening system is available; request at desk.

  Check the Lee County Library System’s Web site at http://library.leegov.com, or pick up an events calendar to find out about programs at other locations. Call the host library, or Telephone Reference at 479-INFO (4636) for more information about a specific program.

continued from page 7

Call For Artists

- **awards of excellence at $250**
- **The artist shares 25 percent commission on the sale of art donated to the Susan G. Komen Breast Cancer Foundation**
- **75 percent from sale of art paid to the artist**

**Open Theme: Artist’s painting does NOT have to be about breast cancer**

See the Rules and Application form at www.artleagueoffortmyers.org.

The Cele-BRA-tion National Juried Exhibition will be on exhibit for the month of October at the Harborside Event Center in Fort Myers’ downtown River District.

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**Jonathan Harbour**

**Bayfront Lots #33 & #34**

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**Crown Colony**

Fantastic Lake Views in the prestigious Crown Colony Golf & Country Club. This 2 bedroom/2 bath Heron model has so many options, the best may be the greatly expanded pool and deck area with a commanding long view of the lake with a sunset view. Location is always important, and this house really delivers. More options include stainless kitchen, custom coffered ceiling treatments, custom fans, built-in wood cabinets for the office/3rd bedroom, built in custom entertainment center in living room with large screen HDTV, satellite dish and built-in surround audio system that stays. The very large pool with spa has both solar and electric heater. Electric shutters at front and rear entries. Price Reduced to $399,000. Contact Larry Hahn 239/898-8789

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Jet Blue Park – The New Red Sox Spring Training Home

by Ed Frank

Rising rapidly from the ground on the east side of Fort Myers is the $77.9-million Jet Blue Park – the new state-of-the-art spring training home for the Boston Red Sox.

It is, however, much more than an 11,000-seat replica of Boston’s historic Fenway Park. The grounds also will include six practice fields, facilities for the Red Sox minor league operations, six lighted soccer fields and parking for 3,400 vehicles.

Jet Blue Park not only will be used for major and minor league spring training, but will serve year-round as the physical training and rehab location for Red Sox players.

“We’re right on time and right on budget,” said Bob Taylor, project manager for the sprawling facility. “January 12 is the completion date, giving us a month to move in and set up offices as players report in mid-February,” he added.

About 200 construction workers are currently employed at Jet Blue Park which is located on Daniels Parkway about one mile east of I-75.

The stadium itself will be an exact replica of Fenway with the same dimensions and playing characteristics, including the famous Green Monster in left field.

Every spring, the Red Sox and the Minnesota Twins face each other at least five or six games in competition for the Mayor’s Cup. Now they will have to travel no more than 10 minutes — the distance between the Twins’ Hammond Stadium and the new Jet Blue Park.

Fort Myers’ Bert Blyleven Now a Hall of Famer

It took 14 years of frustration and disappointment, but last Sunday was Bert Blyleven’s dream come true as he was installed in baseball’s Hall of Fame in Cooperstown, New York.

Blyleven, who spent 14 years on the Hall of Fame ballot before receiving the necessary 75 percent voting approval, struck out 3,701 batters in a 22-year major league career, the fifth most of all time.

He also is only one of two pitchers to win games before their 20th birthday and after their 40th birthday.

Blyleven, who lives in Fort Myers, spent 11 seasons with the Twins and is their all-time leader in pitching complete games at 141.

Tough Stretch for Fort Myers Miracle

It has been a tough second-half season for the Fort Myers Miracle having lost five consecutive games through Monday of this week.

The Miracle were swept on the road last week at Clearwater, losing four in a row. And they began an eight-game home stand Monday dropping a 6-1 decision to the Tampa Yankees.

Following three more games with Tampa this week at Hammond Stadium, the Miracle host Lakeland this weekend with 7:05 p.m. starts Friday and Saturday, a 1:05 p.m. matinee Sunday and conclude the home stand with a 7:05 p.m. game Monday against Lakeland.

The Miracle began the week with a 14-17 second-half record.

New Professional Development Webinar Series: Difficult Employees

Florida Gulf Coast University Office of Continuing Education and the John Scott Dailey Institute of Government announce the launch of a new series of professional development webinars. Titled Managing Difficult Employees, the first webinar will be offered online at fgcu.webex.com on Thursday, August 4, from 10 to 11 a.m.

Early registration through July 31 costs $59 per person, and $79 on or after August 1. Participants may register for the webinar at fgcu.webex.com.

In this webinar, participants will learn to identify common behaviors of difficult employees. They will learn a proven system that will help to correct unacceptable behaviors demonstrated by the difficult employee.

The Office of Continuing Education provides non-credit learning opportunities for the working professional as well as customized training programs to meet the needs of local business and industry. It provides high-quality, integrated, and innovative programs that enable participants to achieve their career and learning objectives through access to affordable education and employment skills training. It offers a variety of continuing education units, contact hours, certificate programs, lectures, short courses, online courses, conferences, symposia and seminars.

For more information on private or public sector training, development and certification programs, contact 425-3270 or go online at www.fgcu.edu/ced.

Read us online at IslandSunNews.com
Local Father And Son Prepare For Special Olympics

Shell Point Golf Club is helping local residents Bob and Jacob Miller prepare for the Special Olympics golf division. Bob and Jacob, father and son, will participate in the 2011 Special Olympics as a team, and this will be their fourth year together. This will mark Jacob’s fifth year of participating because he entered into the skills portion of the golf division in 2007.

Jacob has autism, and this is the first year that the Millers approached the Shell Point Golf Club about using the facility to prepare for the Special Olympics. To qualify for the event, they have to submit eight score cards to the Special Olympics committee prior to the regional competition to be considered as participants. By working with Michael Mongoven, director of golf...

continued on page 21
Psychotherapist Opens New Office

Dorothy Rodwell

Dorothy Rodwell, LMFT, has opened a new office at 11615 Chitwood Drive, Suite 120, Fort Myers to complement her work on Fort Myers Beach, where she uses an office at Chapel by the Sea Presbyterian Church.

Since becoming certified in Clinical Hypnosis with Rapid Trauma Resolution, she now offers a wider range of services and is expanding the practice. Both individual and couple sessions are available.

Rodwell’s mission is to help clients liberate their minds. The outcome is made possible by using gentle resolution techniques that are developed to overcome and eliminate guilt, shame, anger, panic attacks, cravings, heartbreak and more.

For more information, go to www.morechoicesnow.com or call 851-7166.

Free Job Training Soon In Medical Front Office Skills

Lee County residents currently working at low-skill, low-paying jobs who have not had an opportunity for higher education or previous job training may take advantage of cost-free job training in medical front office skills to increase their pay.

The seven-month no-cost job-training program starts October 4, and class will graduate in May 2012. Telephone interviews will be accepted now through September 30. The class is filled on a first-come, first-served basis and fills up quickly. All applicants must be working-low-income, must provide proof of earned income, proof of high school diploma or GED, pass a basic assessment in reading, language and spelling, and pass a criminal background check.

This training is available through the Lee Education and Employment Program and is funded by a Community Services Block Grant. The federal grant gives low-income persons the opportunity to raise their income and enter a new career at the front desk of a medical facility or in medical records. The Medical Office Skills (certificate) program includes keyboarding and computer applications, medical terminology, medical front office procedures, basic billing and coding, electronic medical records, HIPAA training and Heartsaver AED certification. Assistance with resumés, job search, and interview skills are also included in the program.

The program won a 2001 National Association of Counties Achievement Award for employment and training and was the only county program in the United States to win a 2002 Public Service Excellence Award.

Successful applicants must have reliable transportation to the classes, which are held 6:30 to 9:30 p.m., Tuesday and Thursday nights at High Tech Center Central, 3800 Michigan Avenue, Fort Myers. The L.E.E. Program covers all costs for tuition and books and can cover childcare cost during class hours.

Contact Marti Mills at 533-7933 for a telephone screening to determine eligibility. Information is also available at http://dhs.leegov.com/programs/familyselfsufficiency/Pages/LEEPProgram.aspx.

Firm Celebrates Partner’s 25 Years

Markham Norton Mosteller Wright & Company, PA has announced that firm partner Randy Wright is celebrating 25 years of employment with the company. Wright is the tax partner with the firm. He is a certified public accountant and a graduate of the University of South Florida. Wright specializes in tax services for corporations, partnerships, estates and trusts. He also has industry expertise including medical practices, construction companies, retail and manufacturing.

Students Named To Dean’s List

The following local residents have been named to the dean’s list at the Savannah College of Art and Design for spring quarter 2011. Full-time undergraduate students who earn a grade point average of 3.5 or above for the quarter receive recognition on the dean’s list. They are:

Hillary Gunder of Fort Myers is seeking a bachelor of fine arts degree in fibers.

Adeshola Adigun of Cape Coral is seeking a bachelor of fine arts degree in writing.

The Savannah College of Art and Design (SCAD) is a private, nonprofit, accredited institution conferring bachelor’s and master’s degrees to prepare talented students for professional careers. As the most comprehensive art and design university in the world, SCAD offers more than 40 majors and more than 50 minors at distinctive locations in Savannah and Atlanta, Georgia; in Hong Kong; in Lacoste, France; and online through SCAD eLearning.

Our email address is press@riverweekly.com

Everybody is recycling. Why not your gold?

Team Lily offers the highest return on gold, platinum, silver, loose diamonds, colored gem stones, estate jewelry, coins, silverware and Rolex watches! We treat you and your items with the integrity and honesty you have come to expect from Lily & Co. Always private and secure, we never re-sell your precious memories, they are lovingly recycled and put back into the market.

Empty that jewelry box and fill your pocket book today! Call Dan at 239.472.2888 to make an appointment.

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active at her school. What kinds of things can I do that will be helpful? Maria L., via e-mail

Maria,

Parent involvement with both your child and the school is one of the most important things you can do to help your child be successful. Sometimes it is difficult to make that connection with the school given a busy work schedule or if your own school experience was not a good one; however, this is an extremely important relationship that is worth developing.

According to research reported by the National Association of School Psychologists, when families are involved in education, there are many positive benefits for students, teachers, and families. Students display better attitudes toward school and learning, higher achievement and test scores, improved behavior, increased homework completion, greater participation in academic activities, and improved school attendance.

At home, parents can make sure that they:
- Monitor homework completion. Talk with your children about their assignments, understand what they are studying and review their progress.
- Participate in leisure reading with your children at all ages. It’s fun to read the same books as your children and then discuss them.
- Communicate often with your children about academic and behavioral expectations; give them constructive praise and support.
- Here are a few ways for parents to be active at school:
  - Participate at school as volunteers and committee members.
  - Participate in school functions, athletics, and other extracurricular activities.
  - Regularly communicate with the teacher(s) about your child’s progress.
  - Participate in adult educational opportunities offered by the school.
  - Be actively involved in school decisions as presented by the school or Board of Education.

Many teachers have special activities designed for parent volunteers. Make sure to ask your child’s teachers what would be helpful. Very often the school’s parent association will have projects and committees for which you can volunteer. While it may be easier to join a parent group or volunteer when your child is in elementary school, it is equally important to stay involved while your child is in high school. Volunteering with other parents during the high school years can help parents stay connected to each other in an informal parent network, which is always helpful.

These are just a few suggestions on how to become and stay involved in your child’s educational journey. There are many more ways to be involved; the key factor is that you are involved.

Ms. Greggs is adjunct faculty at Edison State College where she teaches psychology and education courses. She is also Nationally Certified School Psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.

From page 19

Special Olympics

for Shell Point Golf Club, they were able to make arrangements to practice on the course weekly, and Jacob even signed up to participate in the summer golf camp that was offered at the course in June.

“Shell Point Golf Club and Mike Mongoven have been so flexible and accommodating for us,” said Bob Miller. “Their willingness to work with us and our schedules has given us the chance to practice for the competition more often than we would have anywhere else. We are close to home and the staff at their golf course is wonderful to work with.”

When asked what his favorite part of playing golf is, Jacob said putting is the most fun, but that he really enjoys driving now after learning more about how to control it in the summer golf camp.

The Mills will head to Naples for the regional competition on August 6, and if they pass through that round, will then plan to participate at the state level. The state tournament always takes place in Orlando and will be held in September.

Jacob has already made it to the state level three times before, once in 2007 for his skills, and in 2008 and 2010 as a team with his father Bob.

The Lee County Special Olympics is a program that has been around for over 30 years, and the golf program was started 11 years ago. Local teams in the golf program have made it all the way to the nationals and have held the national championship title for the Special Olympics golf category. The Special Olympics program trains athletes with intellectual disabilities in various sports, and they do not modify the rules of the game.

Each athlete learns the international rules of each sport, and coaches are hired on their experience with the sport, not on their experience with disabilities. This program is set up so participants are trained as athletes. All donations for this program benefit the local athletes.

The Lee County Parks and Recreation offices assist the program with the administration aspects of operation to make sure all donations go to the athletes and their sports training. This year Lee County has six athletes participating in the golf category. Most compete as teams, but this year they do have two athletes playing as singles, and their previous partners are now their caddies. The local program has over 460 athletes who are regularly participating in the Special Olympics, and serves over 2,000 in the local school system. Their office staff consists of two full-time staff members and many dedicated volunteers.

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10 Watt Fan or 10” Solatube Installed

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New Solar Powered Attic Fan
Helps Lower Electric Bill
10, 20, 25 & 40 Watt Avail.

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Having Bad Dreams? It Could Be Your Medicine

by Suzy Cohen, RPh

My doctor is referring me to a psychologist because I’m having so many bad dreams. These are new for me, and while I believe that dreams are “telling” I can’t help but wonder if it’s something I’m taking. In the last six months, I’ve begun taking three new prescriptions. Could my drugs have any bearing on my sleep or dream state?

Yes, medications can definitely impact the way you sleep, and cause vivid dreaming, lucidity, and even nightmares. There are over 130 medications that can cause nightmares and I’ve posted the list at my website, www.SuzyCohen.com because I don’t have the room to do so here. I’ll mention a few of those drugs shortly, but for the moment, let’s talk about nightmares. It’s normal to have them on occasion, but not all the time. I believe that dreams are a way for our unconscious mind to get our attention about a life situation, one that is particularly troubling. They are frightening and often contain emotional content or vivid details that stick with you throughout the day. Not forever. Nightmares are fairly common in children, but they are not usually associated with any underlying psychological problems. About 5 to 8 percent of the adult population, mostly women, have to deal with recurring nightmares. Just FYI, nightmares are considered one of the hallmark symptoms of posttraumatic stress disorder (PTSD). Many war veterans and child abuse survivors can attest to this.

But as I said earlier, medications can trigger nightmares too. Below is a list of some of the most popular drugs or dietary supplements I can think of that have the potential to affect dreaming. If you see your medication on the list, and nightmares have become troublesome for you, then speak to your doctor about lowering your dose a little bit, switching medication categories, or trying something natural.

Albuterol – a popular inhaler used for asthma or bronchospasms
Alprazolam and diazepam – these medications are used for relaxation or sleep
 Amitriptyline and doxepin – two older antidepressants
 Statins – a class of medications used to reduce cholesterol
 Bisoprolol – a blood pressure drug
 Carbidopa/levodopa – used in Parkinson’s disease

Cat. And to think I used to tell my sons to go ahead and pet our neighbour’s cat. And to think I used to tell my sons to go ahead and pet their neighbour’s bumblebees. Cats eat rabbits and bumblebees including: Lyme disease, Rocky Mountain spotted fever, Libya. There are no vaccines for tularemia. The best protection is to keep your pet cats, rabbits, and ticks indoors.

Dear Mom & Me,

Our friends are healthy elderly – just like us. They enjoy doing things and going places, but not now.

Their entire lifestyle is scheduled around the care and the needs of their elderly dog. This care is all-consuming; they will go places just for a few hours so as not to leave the dog alone. They take the odd week’s vacation and employ a woman to live in and care for the animal during that time. They would like to move to a smaller place or a retirement complex, but can’t because of the dog.

We are fed up dealing with it and we have heard that others have also given up. What’s this with dogs?

Dear Stephie,

I am not into dogs but I have heard that they fulfill a very basic need for some people.

This couple seems to have a need for parenting, love this dog as a person and enjoy caring. I have also heard people say that some people are prepared to spend thousands of dollars on chemotherapy, surgeries etc., just to extend their lives.

This type of need is beyond my comprehension and only a person with appropriate skills can understand, and that is not me.

Lizzie

Mom And Me

by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Stephie,

I am a dog person. Our dog is very much an integral part of our family. Dog lovers do not ask you non-dog lovers to understand. We do not criticize you for not having dogs. Do not criticize us for having dogs. Apart from dogs bringing depth and breadth to the life experience, research has validated over and over again the benefits of animals in the lives of humans.

Price

Lizzie and Pryce’s email address is momandmeaging@hotmail.com.

Dr. Dave

Summer Calls

by Dr. Dave Hepburn

As I recall, the happiest time of my schoolboy daze was summer. My teachers, oddly enough, recall the same thing. Summertime and the living is so easy that I still make a point of taking summer off. Could be in the throes of doing a surgical liposuction but if it’s 12.01 June 21, I will put down my scalpel and suckers. “Sorry folks but summer calls.” Return to the OR after Labour Day with new shoes, underwear and a lunch box with a superhero on it, and finish suckling and saving the patient up. (Using this technique, I guarantee they’ll have lost weight.) But to make sure we all show up on Labour Day with our superheroes and underwear intact, remember:

• When Thunder Roars, Go Indoors

The majority of those who die from illness that can be transmitted to humans in cats called tularemia, an unpleasant disease that can cause nightmares and trigger nightmares too. Below is a list of some of the most popular drugs or dietary supplements I can think of that have the potential to affect dreaming. If you see your medication on the list, and nightmares have become troublesome for you, then speak to your doctor about lowering your dose a little bit, switching medication categories, or trying something natural.

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We are fed up dealing with it and we have heard that others have also given up. What’s this with dogs?

Dear Stephie,

I am not into dogs but I have heard that they fulfill a very basic need for some people.

This couple seems to have a need for parenting, love this dog as a person and enjoy caring. I have also heard people say that some people are prepared to spend thousands of dollars on chemotherapy, surgeries etc., just to extend their lives.

This type of need is beyond my comprehension and only a person with appropriate skills can understand, and that is not me.

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Lizzie
Over 65?
Think eyelid surgery is not affordable?
Medicare STILL pays!

Eyelid Quiz

☐ Can you see your eyelids?
☐ Do you have to raise your eyebrows to see more clearly?
☐ Have you hit your head on a cabinet door while open?
☐ Is it difficult to see beside you without turning your head left or right?
☐ Do your eyelids close while you are reading?
☐ When you play tennis, do you have trouble serving?
☐ Do your eyelids feel heavy?

If you answered “yes” to one or more of these questions, you qualify for a FREE,
no obligation eyelid screening performed by Natasha Larson, COA.

Screening candidates receive a $50 gift certificate to your choice of one of
five Prawnbroker Restaurant Group establishments in Ft. Myers and Sanibel.

WE OFFER

• One-surgeon practice -- you always see the same doctor
• No assembly-line surgery - you’re the only one
• Personalized post-operative attention
• Specialty-trained nursing staff
• Catered, accommodating care, tailored to your needs

NO DOCTOR REFERRAL NEEDED
My Stars

FOR WEEK OF AUGUST 1, 2011

ARIES (March 21 to April 19) A mis-understanding tests the temperament of the sometimes headstrong Aries. Instead of blowing your top, take time for a pleasant diversion while the storm passes down.

TAURUS (April 20 to May 20) A work-place problem could make the divine Bovine see red. But talk it out before you consider walking out. Some surprising facts emerge that change your earlier focus.

GEMINI (May 21 to June 20) You face a choice between ignoring your uneasy feelings about your relationship with that special person and demanding explanations. A close friend offers wise counsel.

LEO (July 23 to August 22) Your talents as a peacemaker are called upon to avoid falling into hidden traps. Pisces (February 19 to March 20) Your artistic side is enhanced with the reception given to your new project. Use this success as encouragement toward fulfilling your larger goals.

BORN THIS WEEK: Your natural sense of leadership is combined with a deep sense of responsibility. People trust you to give them both guidance and understanding.

THIS WEEK IN HISTORY

• On Aug. 4, 1892, Andrew and Abby Borden are found hacked to death in their Fall River, Mass., home. Daughter Lizzie, later immortalized in a famous rhyme, was arrested and charged with the double homicide. Taken with her Christian persona, the all-male jury acquitted her. Today, the house where the Borden murders occurred is a bed and breakfast.

• On Aug. 5, 1914, the world’s first electronic traffic signal is put into place on the corner of Euclid Avenue and East 105th Street in Cleveland. It consisted of four pairs of red and green lights that served as stop-go indicators, each mounted on a corner post.

• On Aug. 6, 1928, Andy Warhol, one of the most influential artists of the latter part of the 20th century, is born in Pennsylvania. He took literally the advice of an art teacher who said he should paint the things he liked.

• On Aug. 8, 1992, Wes Craven, the man responsible for terrorizing millions of moviegoers with his “Nightmare on Elm Street” series, is born in Cleveland. Craven began his directing career with 1972’s “The Last House on the Left,” a violent teen horror film.

• On July 24, 1958, Wes Craven, the man responsible for terrorizing millions of moviegoers with his “Nightmare on Elm Street” series, is born in Cleveland. Craven began his directing career with 1972’s “The Last House on the Left,” a violent teen horror film.

• On Aug. 2, 1939, William Saroyan, the American author and playwright, is born. His works include the short story collection “The Time of Your Life” and the play “The Time of Your Life.”

• On Aug. 3, 1958, the U.S. nuclear submarine Nautilus, the world’s first nuclear submarine, dives at Point Barrow, Alaska, and travels nearly 1,000 miles under the Arctic ice cap to reach the top of the world.

• On Aug. 1, 1966, Charles Whitman takes a stockpile of guns and ammunition to the observatory platform atop a 300-foot tower at the University of Texas and proceeds to shoot 46 people, killing 14 and wounding 31.

• On Aug. 1, 1968, the reunion of the Rolling Stones marks the beginning of a new wave of rock music.

• On Aug. 2, 1939, Wes Craven, the man responsible for terrorizing millions of moviegoers with his “Nightmare on Elm Street” series, is born in Cleveland. Craven began his directing career with 1972’s “The Last House on the Left,” a violent teen horror film.

• On Aug. 3, 1958, the U.S. nuclear submarine Nautilus, the world’s first nuclear submarine, dives at Point Barrow, Alaska, and travels nearly 1,000 miles under the Arctic ice cap to reach the top of the world.

• On Aug. 4, 1964, President Lyndon B. Johnson signs the Civil Rights Act of 1964, which prohibits discrimination based on race, color, national origin, and sex.

• On Aug. 6, 1876, Alexander Graham Bell, the inventor of the telephone, files a patent for his invention.

• On Aug. 8, 1972, the U.S. Treasury Department announces that it will begin minting silver quarters.

• On Aug. 10, 1980, the Supreme Court of the United States rules in the case of Regents of the University of California v. Bakke that universities can use race as a factor in their admissions process.

• On Aug. 13, 1945, the United States and Japan sign the Potsdam Declaration, which demands Japan’s unconditional surrender.

• On Aug. 15, 1945, Japan confirms that it has accepted the terms of the Potsdam Declaration and will surrender to the Allies.

• On Aug. 25, 1995, the World Trade Organization (WTO) is established.

• On Aug. 26, 2003, the American botanist and cytogeneticist George Barlow dies in London at the age of 71.

• On Aug. 28, 1969, the Woodstock Music and Art Festival begins in upstate New York.

• On Aug. 30, 1945, the United States and Japan sign the Potsdam Declaration, which demands Japan’s unconditional surrender to the Allies.

• On Aug. 31, 1969, the American botanist and cytogeneticist David Keilbach dies in London at the age of 71.

• On Aug. 1, 1966, Charles Whitman takes a stockpile of guns and ammunition to the observatory platform atop a 300-foot tower at the University of Texas and proceeds to shoot 46 people, killing 14 and wounding 31.

THOUGHT FOR THE DAY

“It is curious that physical courage should be so common in the world and moral courage so rare.” -- Mark Twain
Florida Yellowfin Tuna with Pepper Garlic Crust

4 eight-ounce tuna steaks, 1/2-inch thick
1/2 tablespoon salt
1/2 tablespoon crushed black peppercorns
1 tablespoon olive oil
1 clove garlic, peeled and chopped

Season the tuna steaks with salt and crushed black peppercorns. Heat oil in a skillet over high heat; add garlic and brown. Add tuna steaks and sear to desired doneness. Cook 2 minutes on each side for rare center; 3 to 5 minutes each side for medium center; 5 to 8 minutes each side for well-done center.

Yield four servings
Nutritional Value Per Serving
Calories 278, Calories From Fat 50, Total Fat 6g, Saturated Fat 1g, Trans Fatty Acid 0g, Cholesterol 102mg, Total Carbohydrates 1g, Protein 53g, Omega 3 Fatty Acid 0g

Look for Fresh from Florida ingredients at your grocery store.

Safety Program For Alzheimer’s Caregivers In Lee

The Alvin A. Dubin Alzheimer’s Resource Center is offering a safety program for Alzheimer’s caregivers in Lee County. The program was created to provide caregivers with tools to implement an emergency plan to prevent crises. Each safety program packet includes two components: 1) an emergency plan kit, and 2) an identification bracelet for the memory-impaired person.

The emergency plan kit is intended to help eliminate the possibility of a crisis situation if the caregiver of a loved one with Alzheimer’s disease or a related disorder requires emergency care. The emergency workers who come to rescue the caregiver may not know a memory-impaired adult resides in the home, and therefore may leave the person with Alzheimer’s alone when they take the caregiver to the hospital.

The Safety Program Universal Symbol, included with the emergency plan kit, is designed to alert emergency workers that a memory-impaired person resides in the home. The symbol hangs on the front of the home’s refrigerator. The corresponding packet of forms, which contain important emergency contacts and care instructions provided by the caregiver, are located inside the refrigerator. Once a trained emergency worker sees the symbol, he or she will automatically know to search for an Alzheimer’s client in the house and using the information in the refrigerator, take appropriate measures to see that care is provided.

The Dubin Alzheimer’s Resource Center staff works closely with local law enforcement and emergency workers throughout Lee County to help train them on how the safety program can help when they respond to an emergency involving the caregiver of an individual with memory loss.

The safety program packet is provided at no charge, through grants from the Southwest Florida Community Foundation, Gulf Harbour Memorial Foundation, Lee County Medical Society Alliance, and the Cape Coral Community Foundation, to those caring for a loved one with memory loss in their homes in Lee County. Each packet contains all the items necessary to participate in the safety program. Instructions to put the emergency plan in place are included with each packet, and assistance is available from the Dubin Alzheimer’s Resource Center.

The safety program also stresses the importance of having an identification bracelet for individuals with memory loss to wear at all times. Identification bracelets help local law enforcement identify individuals who are separated from their caregivers and are unable to find their way home or even tell someone where they live due to memory impairment. Each bracelet (or necklace) is engraved with the person’s first name or nickname, a code number which matches their application number, the words “memory-impaired” and the phone number for the Dubin Alzheimer’s Resource Center and the Lee County Sheriff’s Office. Both the Dubin Alzheimer’s Resource Center and the Lee County Sheriff’s Office maintain records of enrolled persons’ application numbers and identifying information.

Being able to look at a bracelet, make a phone call, and escort the lost person to his/her home reduces the time memory-impaired persons are away from their homes and saves police departments valuable time and effort. A brochure with an application to obtain a bracelet is included in each safety program packet. Bracelets are provided at no charge by Walgreens.

The Alvin A. Dubin Alzheimer’s Resource Center, a United Way agency, provides a variety of services including support groups, a quarterly newsletter, a lending library of books and resource materials, educational seminars, and training programs for professionals as well as family caregivers. The office is located at 10051 McGregor Boulevard, Suite 101 in Fort Myers. For more information about the safety program, or to find out more about the services offered by the center, call 437-3007.

What Is Hoarding?

The Lee County Task Force on Hoarding will hold an educational seminar about the often misunderstood subject on Friday July 29. Florida Gulf Coast University will host the event from 9 a.m. until noon in Reed Hall, Room 249. The seminar is free but registration is required due to limited seating. To register or for more information, contact Sharon Giancola, Department of Human Services, at sgiancola@leegov.com or call 533-7936.

Continuing education credits will be available for attendees. The seminar will offer introductory training on the definitions and types of hoarding, its impact on the community, and resources available to those in need or their families.

There is no single central agency that is specifically responsible for this complex issue yet numerous agencies from law enforcement to Animal Services, the Health Department, Human Services, and many others deal with problems related to hoarding. The task force was formed to educate the public about the disorder and provide a forum for exchange and support in dealing with the cases.

According to the International Obsessive Compulsive Disorder Foundation, hoarding is defined as collecting and keeping large amounts of items, even those that appear useless or of little value to most people; having clutter in one’s living spaces that keeps rooms from being used as they were intended; and having so many items that it causes distress or problems in day-to-day activities.

Hoarding is considered a separate disorder from OCD and is believed to be far more common than previously thought.

The OCD Foundation further reports that “at least 75 communities in the United States have formed task forces to help coordinate care. The mission, goals and functions of the task forces are as different as the communities themselves. The common purpose of all task forces is to provide a directed and managed response to hoarding cases that come to public attention. Whether in large cities or in small towns, task forces organize and provide public education about hoarding, give out service agency information, offer training and give support to families.”

Look for Fresh from Florida ingredients at your grocery store.

Florida Yellowfin Tuna with Pepper Garlic Crust
Hi, I’m Bruce, a male cocker spaniel and I’m three years old. I’m a happy, handsome, attentive boy with a sweet disposition. What more can I say? If you can give me a good home, I will be your loving, loyal companion. My adoption fee is $75.

My name is Athena and I am spayed a domestic, medium hair gray and white female cat. I’m sweet, loving and beautiful so I don’t know why my owners moved and left me behind. If you can share your home and life with me, I will share my love and affection with you. My adoption fee is only $8 during the July adoption promotion. Don’t forget, you can get a second cat free. I would love to have a feline pal at my new home.

Adoption fees at Animal Services are being slashed even further. Adult cats may be adopted for just $8 (the cost of the county pet license) and kittens may be adopted for only $10. Cats and kittens are always two-for-one at Animal Services. Also, check out the vast array of dogs available for $30.

For information about this week’s pets, call 533-7387 (LEE-PETS) or log on to Animal Services’ website at www.LeeLostPets.com. When calling, refer to the animal’s ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 11:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive, Fort Myers, next to the Lee County Sheriff’s Office, off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at $500.☆

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Florida Public Relations Star

Erin Comerford, public affairs coordinator with the Lee County Port Authority, has earned the Rising Star award, a distinction given annually by the Southwest Florida Chapter of the Florida Public Relations Association (FPRA).

Each year, the Rising Star award recognizes an up-and-coming leader in the chapter. Winners show enthusiasm and passion for the profession, and make a positive difference through their service to chapter events, career pursuits, and in the local community.

Comerford has been an FPRA member since 2007, and since then has held many positions in the chapter, including sponsorship chair, website chair and as a member of the Image Awards team. In 2010, she joined the chapter’s board of directors as treasurer, developing a new format for financial reporting and initiating innovative cost-reduction measures.

Established in 1938, FPRA is the oldest public relations organization in the country. FPRA is dedicated to developing public relations practitioners, who, through ethical and standardized practices, enhance the public relations profession in Florida. For more information about the Southwest Florida chapter, please visit http://www.fpraswfl.org.

Rising Star Erin Comerford, public affairs coordinator for the Lee County Port Authority, and Pam Nulman, president of the Southwest Florida Chapter of the Florida Public Relations Association
HELP WANTED

3883 Sanibel Captiva Road, Sanibel, FL Phone: 239-472-3644, ext 1 Fax: 239-472-2334 www.crowclinic.org

VOLUNTEER OPPORTUNITIES
We are currently seeking applicants for several volunteer positions. Positions Needed:
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NOW HIRING
Now hiring Servers, Bakery/Coach Baristas, Host/Hostesses, and Baker for IL TESORO’s Bakery Shop, “DOLCE” in the Tahitian Gardens Plaza. Competitive pay and growth opportunities available. Send resume to Karen.Kahle@chicos.com with reference to MWALJ. We are an equal opportunity employer. Phone: 239-472-3644, ext 229 or Email: volunteers@crowclinic.org

HELP WANTED

DOC FORD’S RUN BAR & GRILLE
Is currently accepting applications for bartenders, servers, and host/hostesses. Please apply in person 9am - noon or 3pm - 4pm. 975 Rabbit Road, Sanibel. 239-729 6112

Chico’s FAS Inc. seeks Manager, Web Analytics in Fort Myers, FL to be responsible for analysis & customer insights in support of E-commerce & Marketing programs. Develop robust insights from customer analytics & testing results to support development of new & optimization of existing programs. Requires BS or equivalent in Math, Stats, Finance or Bus Admin & experience in E-commerce digital marketing measurement. Send resume to Karen.Kahle@chicos.com w/reference to MWALJ. We are an equal opportunity employer. 239-729 CC 7/28

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Looking for high energy, self motivated, friendly individual for part time sales. Must be available days, evenings, and weekends. Able to interact with customers, ring register, unpack shipment (lift 40 lbs). Please stop by store for application and to set up an interview. Butterfly Beach, 2075 Periwinkle Way #44-45, Sanibel, FL 33957. 239-579-0172

TROLLEY DRIVER
CDL Class C, with passenger indorsement. Safe driving record. Happy, fun person with flexible hours. Call Evelyn at Adventures in Paradise, 239-472-8443.

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239-580-8573

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While you are away by retired architect, Sanibel resident. Call 395-1649.

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Sanibel Resident. 20 Years pc Experience, Pc Troubleshooting, Data Backup & Restoration, Networks, Virus Detection & Removal. Free Initial Consultation. Call Fred 472-3873

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THE RIVER - JULY 29, 2011

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<tr>
<th>Category</th>
<th>Description</th>
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<tr>
<td>REAL ESTATE</td>
<td><strong>Classifieds</strong></td>
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<tr>
<td>Scan Code</td>
<td>For a free list of all Island properties for sale, visit <a href="http://www.FreeSanibelList.com">www.FreeSanibelList.com</a>.</td>
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<tr>
<td>CONDO FOR SALE</td>
<td>Two bed/two bath unfurnished ground floor condo, close to Sanibel and Fort Myers Beach. $89,500. Call 239-233-2413 to see this property.</td>
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<tr>
<td>INVESTMENT GRADE</td>
<td>Owner Financing Complete 2011 Renovation Walk to beach neighborhood, 2BR/1BA format for your next phase of expansion/pool 70’ x 150’. 721 Cardium Street, Sanibel. Cash fee for introducing parties. $385K. Call 239-415-5125.</td>
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<td>COMMERCIAL SPACE</td>
<td>PRIME SPACE FOR LEASE Retail, Office, Take Out, Etc. Attractive Rates Offered!</td>
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<td>BUSINESS FOR SALE</td>
<td>Downtown Fort Myers Business for sale. Owner moving out of state. For information, call 239-689-1860. $34,000.</td>
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<td>ANNUAL RENTAL</td>
<td>Dunes, 3/2.5 UF townhouse $1,700/mo. Canal Home, 3/2/den/pool/dock/just off Island $2,300/mo. Piling home, 2/2 remodeled, UF, w/d, beach access $1,450/mo. Dunes, Lake Front, 4BR +/4BA $3,000/mo. Duplex, 2/1 UF, remodeled, walk to beach. $900/mo. 472-6747 sanibelannualrentals.com.</td>
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<td>ANNUAL RENTAL</td>
<td>NEAR BEACH PRIVATE HOME 3 BEDROOM, 2 BATH 3 bedroom, 2 bath Home with heated pool, in quiet Sanibel neighborhood. Seasonal and monthly rentals. 239-472-0692 or <a href="http://www.4sanibel.com">www.4sanibel.com</a>.</td>
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SUDOKU

To play Sudoku:
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.)

There is no guessing and no math involved, just logic.

answer on page 27
Theatre
Conspiracy Picks
Top Three Plays

by Di Saggau

The annual fundraiser for Theatre Conspiracy, held last Saturday night, decided the winning play in its 14th annual New Play Contest. Following a festive reception with food and wine, participants were treated to readings of the top three plays.

Point of interest: Julia Brothers, daughter of local actor John Brothers, is headed for Broadway where she will start with Marlo Thomas in Relatively Speaking, opening in October.

Prior to the readings, Producing Artistic Director Bill Taylor said he received 291 entries from around the U.S. and Canada. The audience listened to readings from the top three and then cast their votes.

The contenders were Writer’s Cramp Or How Will Shakespeare Got Into Show Biz, by Larry Glaiser of New Mexico; Glorious Roses by Tony Howarth of New York; and Invasion of Privacy, by Larry Parr of Florida.

And the winner is (drum roll please) Invasion of Privacy, which will be a full stage production at Theatre Conspiracy in October. The drama, which has been described as “black spells,” is about Marcie Barbaro, Henry and Karen Ostop, March, The School For Wives. The season opens August 12 with a dark comedy Elsewhere, the second place winner in last year’s new play contest. Mark your calendars now.

For more information call 936-3239.

Wild N Crazy Tiki Rolls • Nervous Wreck Nachos • Tavern Bread • Homemae • Mozzarella Panko • Coconut Fried Shrimp • Fried Green Tomato Stack • Compulsive Chicken Lollipops • Drunken Devil Wings • “Rocks” • Crabmeat Stuffed Artichoke Dip • Crusty Fried Artichokes • Mussels in Garlic and Wine • Devilish Mussels • Tropical Crabcooke • Baked Brie In A Puff • Lazy Days Conch Fritters Teryaki Steak Saté • “Florida’s Best” Smoked Fish Dip • Crispy Florida Gator Bites • BBQ Chicken N More • Rogan Cajun Chicken & Sausage Quesadilla • Tequila Chicken and Black Bean Burrito • Seafood Quesadilla • Very Veggie Quesadilla • Bourbon Chicken and Steak • Famous Black Beans and Rice • Crab Cake Salad • Buffalo Chicken Salad • Ultimate Chilled Lobster Salad • Grilled Fresh Salmon Tostada Salad • Beefstro Salad • Thai Dynamite Shrimp Salad • “The Best” Chicken & Steak Taco Salad • Spicy Tuna Salad • Toughman’s Salad • Crazy Cobb Salad The Big Sandwich • Soft Steak Tacos The Finest Kind Cheese Steak • Our Favorite Cuban Sandwich • Mahi Mahi Soft Tacos • Ale Battered Haddock Sandwich • Crunchy Irish Sandwich • The Cobb Sandwich Beach Chicken Sandwich • Cranky Chicken Breast Sandwich • Shiver Me Liverwurst • “A Corned Beef Sandwich” • World’s Ultimate Lobster Roll • The Big Dog • Po-Boy • Olde Fashioned BBQ Chicken • Grilled Vegetable • A Stav’in Panini • Two-Fisted Corned Beef Reuben • Bronzed Grouper Reuben • Cuban Reuben • Nellie’s Molten Burger • Black N Bleu • BBQ Chicken Sandwich • Spicy Bourbon Baby Backs • Olde Fashioned Ale Battered Fish and Chips • Fried Golamari • Ale Battered Jumbo Shrimp and Fish • Ultimate Seafood Harvest • Nellie’s Gumbo • Liver and Onions • Chicken Parmesan • Very Veggie Stir-Fry • Roasted Chicken Alfredo • Blackened Parm Rib Open-face Sandwich • Spice Encrusted Ribeye • the list goes on and on and on and on!