Explore The Great Calusa Blueway

Lee County Parks & Recreation offers guided paddling trips of scenic bays and shorelines along the Great Calusa Blueway, a 190-mile canoe and kayak trail.

**Kayak With Your Canine** – Wednesday, August 25, from 10 a.m. to noon. If you and your pooch are experienced, well-mannered kayakers, or if you enjoy paddling without your pooch, this trip is for you. Meet at the kayak launch across from Dog Beach at 50 Estero Boulevard, Fort Myers Beach, just south of Lovers Key. No registration required. Watercraft, life jackets, and snacks are provided. Register by August 20. No pets on the beach allowed. "This is a great opportunity to paddle with your canine companion in a safe and fun environment,” said Lee County Parks & Recreation Director Maria Benitez.

Peter Taylor To Perform At Downtown Music Walk

Music Walk, the new downtown Fort Myers event developed by the creators and promoters of Art Walk, will premiere Saturday, August 21. The event will follow the model of Art Walk, but with a focus on music and performing arts. More than 40 downtown venues will feature some sort of a musical/artistic performance the third Saturday of every month beginning in August.

Daas Gallery will be presenting an intimate and very different performance in conjunction with the Music Walk. “Since we are not a big and spacious venue, we are limiting the amount of people we can have in our space with the performer. This way, the show will be very exclusive and intimate,” said co-owner Xavier Brignoni. “We will follow the same uniqueness that characterizes our gallery for these performances and I am sure people will enjoy them as much as our exhibitions.”

Soul Food Deli Owner Gives Back To The Dunbar Community

Receiving small business assistance from the Fort Myers Community Redevelopment Agency (CRA) inspired Lias Grocery Store owner Joe Louis Lias to give back to his neighbors by donating 500 pounds of food to Community Cooperative Ministries, Inc. (CCMI). The food will be distributed directly to the local Dunbar community.

Win A Firehouse Dinner Or Birthday Party

Donate to the Harry Chapin Food Bank, and you may win dinner or a birthday party at an Iona-McGregor fire station.

The Iona-McGregor Fire District invites the public to donate nonperishable food items August 20 to 22. The first 1,500 elementary and middle school students who donate will receive a pencil pouch with school supplies, compliments of the fire district. Adults who donate can register to win dinner for six, prepared by the firefighters at the fire station, or a children’s birthday party for six, celebrated at the fire station.

Both food and monetary donations will be accepted from 1 to 4 p.m. at the district’s fire stations located at 16651 McGregor Boulevard, north of John Morris Parkway; 15961 Winkler Road, south of Summerlin Road; 6061 South Pointe Boulevard, just south of College Parkway; and 15660 Pine Ridge Road, south of Gladiolus Drive.

Birthday Bash At The Imaginarium

The Imaginarium Hands-On Museum & Aquarium is having its 15th Birthday Bash and Grand Re-Opening on Saturday, August 28 from 10 a.m. to 5 p.m. at 2000 Cranford Avenue in downtown Fort Myers.

Children will be admitted free with each paid adult admission. Museum members and children under three are always admitted free.

Special activities throughout the day include live animal demonstrations, hands-on fun shows, face painting, make-and-take activities, and giveaways from Cat Country Radio.
The Railway Express Agency (REA)

by Gerri Reaves

From 1923 until the 1960s, the Railway Express Agency (REA) on Widman Way (originally Peck Street) handled cargo for the Atlantic Coastline Railroad (ACL) passenger depot. The agency performed the functions that UPS and FedEx do today. Deliveries were first made by horse and wagon and later by trucks. In the early days, shipments could include highly unusual items such as live alligators and wildcats. Lots of produce and gladiolus shipments also went through the REA over the decades.

The 1925 photo shows the REA building, located barely a half-block from the stylish new ACL passenger depot constructed in 1924, now the Southwest Florida Museum of History. (The first ACL passenger depot, built in 1904, was located at Monroe and Main Streets.)

The railroad tracks ran from the depot, west along Widman Way, and passed in front of the REA. The tracks continued to Monroe Street and curved north, traveling all the way to the Caloosahatchee River.

Today the REA is Fancy Flamingo Antiques and collectibles shop is located in the historic REA space. The big overhead wooden door to the right of the entrance is a post-1925 addition.

LD Bochette says that he and his wife Jeanne bought the building in the 1970s when it was a mattress factory, but he remembers the REA days well. The REA trucks drove into the space behind that overhead door to load and unload. The REA panel trucks were “dull railroad gray” in color.

He vividly recalls many conversations with the long-time manager of the agency, Barney DeLoach.

“The lovely old structure retains much of its charm, and that’s not by chance, according to Bochette. “We liked the strength and the character of the building,” he says. The Bochettes have been careful not to alter its historic features.

The old REA’s allure has not gone unappreciated. It inspired artist Marcus Jansen to paint Fancy Flamingo when the Southwest Florida Museum of History commissioned him to create a series of urban-expressionist works from an historical perspective.

The façade has changed significantly over seven decades, but walk inside and you’ll see original brick walls, a high beaded-wood ceiling, a large original skylight, brick arches, and some of the original window glass with that enchanting “wavy” look.

Stop by the Fancy Flamingo and owner Jessie Williams will point out the flue in the...
Tutankhamun’s Reign Is Almost Over

The last days of the reign for King Tut are now upon us. Visitors to the Southwest Florida Museum of History have only until August 15 to explore King Tut and his treasures in the traveling exhibit, Tutankhamun: Wonderful Things from the Pharaoh’s Tomb. This traveling exhibit has welcomed more than 13,000 guests since it debuted January 16, surpassing overall museum attendance since last year.

Visitors still have a chance to experience the spectacle, tradition, history, and religion of ancient Egypt as King Tut is resurrected and the 18th Dynasty comes to life in this astonishing exhibit presenting more than 100 faithfully reproduced replicas of original artifacts that will never be seen outside Egypt.

Not to be missed is an outstanding audio tour narrated by Egyptologist Professor Adrian Kerr, allowing guests to immerse themselves in ancient Egypt. A family-friendly audio tour version for children and students is also available, along with a supplementary education guide distributed at the museum and online.

For more information call 321-7430 or visit www.swflmuseumofhistory.com.

Officers Elected To Serve Uncommon Friends Foundation

Gray David has been elected to serve as president for the Uncommon Friends Foundation for 2010-11. David is agency manager for BB&T-Oswald Tripp and Company.

Other officers elected are:
Vice president, Alexander “Sandy” Robinson, president, Northern Trust Bank; treasurer Leslie D’Alessandro, partner, Wiltshire, Whitley, Richardson, English, CPA, and secretary, Brenda Stewart, executive director, Lee County Dental Society. Immediate past president is Robert R. Jones, Ed.D., vice president, Edison State College.

The Uncommon Friends Foundation, established in 1993, is a character education foundation whose mission is to instill ethics, moral values and a sense of purpose in tomorrow’s leaders. The foundation is dedicated to enriching society by promoting the positive values author James D. Newton discovered in five unique men and their wives – Thomas Edison, Henry Ford, Harvey Firestone, Dr. Alexis Carrel, and Charles Lindbergh – intellectual giants who helped shape the 20th Century.

Additional information about the foundation may be obtained by calling 337-9505 or checking the website at www.uncommonfriends.org.

Sun Splash Family Fun Night Is This Saturday

Sun Splash Family Waterpark will open its doors after hours on Saturday, August 14 for Family Fun Night at discounted admission prices. The special event, which will take place from 5:30 to 8:30 p.m., is the fourth of five Family Fun Nights to be held at the waterpark during the 2010 season.

The evening will feature music, food specials, a chance to meet Swish the Fish, and several prize drawings. Park visitors can also experience over 14 acres of slides, tubes, and attractions, including three thrilling speed slides, Main Stream River, and a Tot Spot for the little ones.

Park admission for is $6 plus tax for Cape Coral residents, $8 plus tax for non-residents, and $3 plus tax for same day park guests who wish to stay for the special evening hours.

continued on page 28
The August meeting of the Lee County Genealogical Society will be held on Thursday, August 19. The meeting is held at the Wesley Memorial Methodist Church, 4141 Deleon Street, Fort Myers. The doors will open at 12:30 p.m. and there will be a short business meeting at 1 p.m. followed by refreshments and a movie: Our American Stories. There is no charge and the public is welcome. Visit the website: http://www.lcgsfl.org for more information or e-mail GenHelp@LCGSFL.org.

Lee County Parks and Recreation is looking for some volunteer park beautification specialists to assist staff with keeping the off-leash Dog Beach clean. Duties include strolling Dog Beach and picking up trash, litter and debris. All training and supplies are provided. Dog Beach is located at 8800 Estero Boulevard just south of Lover’s Key State Park.

For more information about becoming a volunteer visit www.leeparks.org/volunteers or call 432-2159.
Over $5,000 is expected to be contributed to this special fund at CROW and we will be establishing a fitting tribute in Abby’s honor as part of our educational outreach programming for local students. We thank everyone who contributed to our special fund in Abby’s memory.

Susan Petersen Tucker, CROW President

ICAN Needs School Supplies

The Island Coast AIDS Network (ICAN) is seeking donations of school supplies to help children whose families are affected by HIV/AIDS. The list of needs includes backpacks, binders, pocket folders, notebook paper, pens, pencils, markers, crayons, rulers, glue and gift cards. All donated school supplies will be distributed by ICAN case managers directly to the network’s clients and their children.

Donations can be delivered or mailed to the main ICAN offices at 2231 McGregor Boulevard, Fort Myers, FL 33901 or call 337-2391 ext. 211 to arrange pick-up.

ICAN is a 501(c)3 non-profit organization partially funded by United Way of Lee County, Lee County Human Services and the Florida Department of Health. ICAN is on-line at www.icanswfl.org.

Abigail Janssen

Abigail (Abby) Janssen was a fun loving, strong, and independent girl who loved life and all animals. She touched the lives of everyone who came in contact with her.

Abby was seven when her life tragically ended. Unexpectedly, an auto accident claimed her life. Abby was lying face down on her skateboard when she rolled into the street and was hit by a truck.

Abby’s family asked that memorial donations to celebrate her life and honor her memory be made to CROW. We established a special fund in Abby’s name and received many generous, touching and meaningful contributions to the fund.

A special charity golf tournament is being held in Cape Coral next month, hosted by a local company that will be donating all the proceeds to CROW in Abby’s memory.

A black tie in her name.

Passport To Fashion Will Benefit PACE

Trendy furnishings and fashions will be on the itinerary for Passport to Fashion at Robb & Stucky Interiors in Fort Myers on Thursday, August 19 from 5:30 to 7:30 p.m.

Benefiting PACE Center for Girls of Lee County, the evening will feature clothing that complements Robb & Stucky furniture. Fashions from Bell Tower Shops include Saks Fifth Avenue, Chico’s, Talbots, Soma Intimates, Ann Taylor, Banana Republic, White House/Black Market, Gap, Draper’s & Damon’s, Francesca’s Collections, Jos. A. Bank, Swim ’n Sport and Caché.

Admission is free. Bell Tower Shops gift bags will be given to the first 150 people to arrive. Donate $15 or a new or gently used dress to PACE to receive a Grand Prize Passport to be eligible to win a two-night stay in New York City. Additional Passport raffle prizes will be provided by Chico’s, Key West Boutique, Draper’s & Damon’s and Planet Beach and will be drawn at the end of the event.

The fashion show will be coordinated by stylist Michaela Vattimo with entertainment by DJ T-Mac and food and beverages by Bistro 41.

To RSVP, contact Janice Kemp at 936-8541, ext. 162.

We Buy Gold!

Local Residents
Mention this ad to receive special summer savings on all in-stock merchandise!

Check us out online at bradleysjewelers.com!

Offer valid through 09/30/2010

Brad & Colbi Congress
Romance Professionals of Southwest Florida

Diamonds • Custom Design • Bridal • Estate Purchasing • Expert Repair
14261 S. Tamiami Trail • Next to Bonefish Grill on US 41 • Fort Myers
Bradleys-Jewelers.com • 239.337.2723
Friday, August 13, grab your friends and strut over to The Bar Association Bistro for a Sex and the City party includes drink specials, delicious food and a kitschy-cool vibe. The Solomon’s European-style bistro has deli-bags and jewelry will also be available by Cat’s Meow Jewelry.

Don’t miss The Bar Association’s BLT (Boxers, Lingere & Togos) theme-party on Friday, August 20. Dress in costume and receive free appetizers. The Bar Association Bistro is located at 1609 Hendry Street, Fort Myers in the historic Peeples Court. Dinner reservations are suggested. Call 334-8080.

On Saturday, August 14, Nervous Nellie’s Crazy Waterfront Eatery in Fort Myers Beach is hosting a beach party with WINK FM from 1 to 3 p.m. Stop by to see DJ Drew Steele and have great food with live music and happy hour all day upstairs at Ugly’s Waterside Bar.

The live music is always on the menu at Nellie’s and Ugly’s: on Friday, August 13, jam to the beats of High Tide from 6 to 10 p.m. and Vytas Vibe from 8 p.m. to 12 a.m.; Saturday, Jesse Young from 6 to 10 p.m.; Sunday, No Way Jose from 1 to 5:30 p.m. and High Tide from 6 to 10 p.m.; and Monday through Thursday, High Tide from 6 to 10 p.m. and Vytas Vibe from 8 p.m. to 12 a.m. Every Thursday, Nellie’s is features Open Mic Night from 8:30 p.m. to 12:30 a.m.

Parking for patrons of Nellie’s and Ugly’s is free, whether you arrive by car or boat. Dock your yacht with the dock attendant’s assistance at Nellie’s Snug Harbour Marina. The GPS coordinates are 26°27‘23.41” N • 81°57’15.18” W.

Nervous Nellie’s Crazy Waterfront Eatery is located at 1131 First Street, Fort Myers Beach in the historic Baywalk district. Take-out is also available by calling 463-8077.

For only $14.99, you can have your car’s oil changed and the A/C checked at NAPA AutoCare Center in downtown Fort Myers. The special, which runs through the month of August, includes oil, lube, oil filter, maintenance inspection and a free A/C check. The auto center is operated by A.J. Auto & Fleet Service, which has been family-owned for over 11 years. It is AAA-approved and offers free courtesy shuttle service and a 12 month/12,000 mile parts and labor nationwide warranty.

NAPA Auto Care Center is located at 2345 Dr. Martin Luther King Boulevard, Fort Myers. It is open Monday through Friday from 7 a.m. to 6 p.m. Call 334-3575 or go to www.NapaAutoCareSWF.com.

Calling all treasure hunters! Beat the heat of garage sale hopping by taking a stroll through Gannon’s Antiques and Art Mall in South Fort Myers. The newly-built facility boasts 20,000 square feet of true antiques and features 100 dealers under one roof, making it the largest antique mall between Sarasota and Miami. Gannon’s Antiques is owned and operated by veteran dealers, Richard and Ursula Gannon, who closed their previous antique shop after ten years for the much larger enterprise.

The family-run business offers fresh inventory arriving daily, creating an ever-changing destination spot for dealers and collectors. The combination of large dealer booths and 150 showcases accounts for a wide variety of upscale antiques, including Tiffany, period furniture, Civil War memorabilia, estate jewelry, and more.

Gannon’s is located at 16521 South Tamiami Trail (US-41) Fort Myers, one mile south of Gladiolus. If you are traveling on interstate, the mall is only two miles off I-75 between exits 128 and 131. Gannon’s is open 10 a.m. to 5:30 Monday through Saturday.

For more information, call 489-2211 or shop online at gannonantsiques.com.

In the mood for Chinese and Japanese cuisine? Stop at local favorite Ichiban in downtown Fort Myers’ River District. The family owned and operated restaurant features an extensive sushi menu, Sake bar and daily Chinese lunch and dinner specials.

For lunch, try the combination Shrimp with Lobster Sauce served with fried rice and egg roll for only $6.95 or sample a selection of Lo Mein, Chop Suey and vegetarian dishes.

Aside from daily lunch specials, Ichiban boasts an extensive Japanese and Chinese dinner menu, including Bento boxes served with Chicken or Beef Teriyaki and Japanese rice.

Ichiban is located at 1520 Broadway, downtown Fort Myers, in the historic Post Office Arcade. Hours are Monday through Thursday from 11 a.m. to 10 p.m., Friday and Saturday from 11 a.m. to 11 p.m. and Sunday from noon to 9 p.m. Free delivery is available within the River District. For more information, call 334-6991.

Steamy Mad Carpets LLC
Low End Prices, High End Quality
(239) 454-3522
Elite Cleaning Services Available For:
* Carpet & Sofas *
* Tile & Grout *
* Oriental & Area Rugs *
* Mattress Cleaning *
* Pool Cleaning *

Just click on the logos surrounding the front page.
Celebrity ‘Fashion To A Tea’ Show

The Zonta Club of Fort Myers hosted a Celebrity Fashion To A Tea event on Saturday, August 7. Celebrity Fashion models included two Florida Senate candidates, Sharon Merchant and Lizbeth Benacquisto, Lee County Commissioner, Tammy Hall, Gail Markham and Sandy Silverglide. They modeled resort and travel leisure fashion provided by Boutique on Wheels to a sold-out crowd of more than 140 guests.

The proceeds from ticket sales and silent auction will benefit Our Mother’s Home and the Multicultural Center of SWFL’s Adopt-A-Student for Back-To-School Program. The ladies from Woman’s Life volunteered to help with the silent auction and will provide $500 matching funds.

From page 1

Win A Firehouse Dinner Or Birthday Party

“Harry Chapin Food Bank provides a wonderful service to our community and needs our support year-round,” said Fire Chief William Elliott. “We think this is a great way to celebrate back to school and a wonderful opportunity for children and the people we serve to visit our stations and meet our firefighters. We’re hoping for a big turnout and a significant donation for the food bank.”
Birthday Bash At The Imaginarium

Joey Evans will perform his comedy magic with shows at 12:15 and 1:15 p.m. Hands-On Fun Shows will be performed at 11 a.m. and 2 p.m. and the feature 3-D movie SOS Planet will be shown at 10:30 a.m., noon, 1, 3 and 4 p.m.

Explore 60 interactive exhibits plus live animal encounters. Get blown away in the Hurricane Experience, forecast the weather for W-IMG TV, have a ball exploring the Science of Motion, experience the Sea-to-See Touch Tank, and discover Fisheye Lagoon.

The Imaginarium has many special birthday gifts to share, like the new brightly colored paint that livens up exhibit areas, and the bright blue paver path that pays homage to Imaginarium supporters in the new Palm Plaza. Find out how you can see your name in stone with Island Musicians.

Career And Networking Fair In Fort Myers

Rasmussen College will host a free Career and Networking Fair for residents of the surrounding communities at the Hyatt Place Fort Myers at the Forum on August 19. Companies from a variety of industries will be present and looking to fill positions with qualified candidates.

Featured businesses include Lee Memorial Health Systems, Paramount Logistics, United Way, Costco, Wachovia, and Lee County Elections. Interested parties are encouraged to attend to gain a competitive edge in the job search process.

Rasmussen College representatives will be on hand to provide information.

Southwest Florida Attractions Association Meeting

The Southwest Florida Attractions Association (SWFAA) will hold its monthly breakfast meeting on Wednesday, August 18 at 7:45 a.m. at the Hilton Garden Inn on Summerlin Road and College Parkway.

Doors and buffet open at 7:45 a.m. and program begins at 8:15 a.m.

The association is hosting a presentation to share marketing strategies on how everyone can work together for the coming year. Representatives from the Charlotte, Collier and Lee County CVBs will give a presentation on marketing their respective destinations and how association members can work with them. Lee County Visitor & Convention Bureau Sales Director Pamela Johnson will be joined by Becky Bovell, executive director of the Charlotte County Visitor’s Bureau and Jack W. Wert, executive director for the Naples, Marco Island, and Everglades Convention & Visitors Bureau.

Don’t miss your chance to attend this valuable VCB marketing presentation with the SWFAA.

Email your editorial copy to:
press@riverweekly.com

IF OUR SEAFOOD WERE ANY FRESHER, WE WOULD BE SERVING IT UNDER WATER

THE LAZY FLAMINGO
Beautiful Downtown Saniva
6520-C Pine Avenue
472-5353

LAZY FLAMINGO II
Beautiful Downtown Sanibel
1036 Periwinkle Way
472-6939

IF OUR SEAFOOD WERE ANY FRESHER, WE WOULD BE SERVING IT UNDER WATER

THE LAZY FLAMINGO
Beautiful Downtown Saniva
6520-C Pine Avenue
472-5353

LAZY FLAMINGO II
Beautiful Downtown Sanibel
1036 Periwinkle Way
472-6939

ENTERTAINMENT NIGHTLY IN “SANIBEL’S SOCIAL SCENE”

THE JACARANDA

Sanibel’s Best HAPPY HOUR
4 - 7 p.m. Nightly in the lounge
2 for 1 Drinks
Call & Well Liquor, Draft Beer Selections,
Select House Wine

Call For Departure Times

1223 PERIWINKLE WAY, SANIBEL 472-1771

Happy Apps $5.95
Sesame Encrusted Ahi Tuna, Crisy Fried Calamari,
Chilled Oysters, Steamed Shrimp,
BBQ Beef Satays, Snow Crab Legs, Chicken Wings
From page 1

Owner Gives Back To Dunbar Community

On Thursday, August 5, Debra Almeida and Randy Doramus from CCMI met Lias at his grocery store, located at 3615 Michigan Avenue, to help him box the canned and dry goods he donated to their charity. The food will be given free to Dunbar residents through CCMI’s Everyday Market, open from noon until 2 p.m. Mondays, Tuesdays, Wednesdays, and Fridays. At the suggestion of CRA Commissioner Johnny Streets to refit the store’s selection more closely to the local demographic by reinventing itself as a soul food deli, Lias decided that the CRA’s community support should be passed along to his neighbors. He donated any products that didn’t fit into the store’s new focus back to those in need.

Lias was approved at the June 23 CRA meeting to receive business and marketing analysis and training, as well as interior and exterior building improvement funds through the Merchant Assistance Program (MAP). MAP is a 2010 Pilot Program to help local, small business owners in the Dunbar-Michigan redevelopment district thrive in a changing market, as a step in improving the neighborhood. His 22-year-old community grocery store is slated for new exterior paint and signage, as well as interior improvements and a product selection change to a soul food deli.

Community Cooperative Ministries, Inc., may be contacted at 332-7687. Bound hungry, offers a food pantry and mobile food pantry that provide emergency groceries to families in need, serves two nutritious meals a day for the children in their childcare center and oversees a backpack program for local schoolchildren who would otherwise receive little to no food on weekends.

Thank you handshake for the food donation from Debra Almeida, CCMI, to Joe Lias, owner of Lias Grocery Store.

From page 2

Railway Express

ceiling, a holdover from the days when a potbellied stove sat underneath it. Hanging in the antique store is the original sign for the Fort Myers Mattress Factory. Williams found that red and white sign when she opened the store in 2002.

Another quaint detail Williams can show you is the engraving in the sidewalk in front of the store: 9/3/76 Mattress Bob Bruiser.

The most memorable item she found when opening Fancy Flamingo was a WWII airplane, a bomber trainer left over from the post-mattress factory years when the historical museum used the structure for storage.

Walk down to Widman Way and see the building from which Fort Myers shipped to the wide world.

Then walk across the street to the Southwest Florida Museum of History at 2031 Jackson Street to learn more about the importance of railway shipments in the city’s commercial development.

Don’t miss your last chance to see Tutankhamun: Wonderful Things from the Pharaoh’s Tomb exhibit, closing on August 15.

An exhibit by renowned photographer Clyde Butcher will open on August 24.

For information, call 321-7430 or go to swflmuseumofhistory.com. Museum hours are 10 a.m. to 5 p.m., Tuesday through Saturday.

Continue your research at the Southwest Florida Historical Society at 10091 McGregor Boulevard. Call 939-4044 or drop by on Wednesday or Saturday, 9 a.m. to noon.

Our email address is press@riverweekly.com

Source: The Story of Fort Myers by Karl H. Grismer and Historic Fort Myers by Prudy Taylor Board and Esther B. Colcord.

Historic Fort Myers

Fancy Flamingo Antiques

Antiques

Collectables

Antiques

Hours: Tues-Fri 11-5 & Sat 11-4
Ph: 334-1133
2259 Widman Way
Historic Downtown Fort Myers
UNITARIAN UNIVERSALIST CHURCH of FORT MYERS: 
13411 Shire Lane (off Daniels Parkway one mile west of I-75) 
Pastor Rev. Steve Filizzi 
3049 Mcgregor Boulevard, Fort Myers, 685-8200

For information on early childhood education/preschool, phone 482-1121.

THE NEW CHURCH: 
The New Church of SWFL is located at 10811 Sunset Plaza Circle, by Summerlin and Pine Ridge Roads, behind Zoomers and the ponds.

Reverend Nadine 
Spiritual Recovery, Wednesdays 10 a.m. 
Healing Service, Wednesdays 11 a.m. and Saturdays 6:30 p.m.

Sunday Worship Services, 11 a.m.
Call for information 481-5535.

THOMAS A. EDISON CONGREGATIONAL CHURCH: 
1619 Llewellyn Drive Fort Myers 
Just off McGregor Blvd. opposite the Edison/Ford Winter Estates 
Senior Minister: Douglas Kelchner Traditional Worship Sunday’s 10:15 a.m. 
Website: www.edisonchurch.org 
Phone: 334-4978

UNITARIAN UNIVERSALIST CHURCH FORT MYERS: 
13411 Shire Lane (off Daniels Parkway one mile west of I-75) 
Pastor Rev. Allison Farnum Traditional Worship Sunday's 10:15 a.m. 
Website: www uomf.org 
Phone: 334-4978

For information on all church events call 561-2700 or visit www.uucfm.org.
Gift To Children’s Home Society Will Help Families

Children’s Home Society, Southwest Florida Division received $4,000 in gift cards from Sweetbay Supermarkets through the company’s Sweetbay Supports Moms program. The donation will assist Children’s Home Society’s efforts to support children and families in need in the local community.

With the donation, family support staff from Children’s Home Society can provide families in their programs with needed supplies including formula, baby food, diapers and other essential items. Children’s Home Society reaches more than 7,000 families in Southwest Florida each year through programs that protect children at risk of abuse, neglect or abandonment, strengthen and stabilize families, and help young people break the cycle of abuse and neglect.

“This gift is a tremendous asset to help us reach out to mothers and families in our area,” said Jacqueline House, development director for Children’s Home Society. “We are so appreciative of the support Sweetbay has shown to our organization and to families in need.”

The donation was made as part of the grocery chain’s Sweetbay Supports Moms program that included collection drives at all 104 Sweetbay Supermarket locations. Patrons were able to drop off infant necessities at a Sweetbay or purchase items from the store to donate.

Snook Season Opening Postponed

by Capt. Matt Mitchell

The scheduled reopening of snook season September 1 has been postponed until at least September 16. The Florida Fish & Wildlife Commission will hear from staff biologists about the freeze and huge snook kill this winter and then make the final call. In all likelihood snook season will not open at all until at least next year.

From the information I can gather, east coast snook did a little better than our west coast snook. The mortality rate on the east coast snook was estimated at 25 percent and over 30 percent on the west coast. Shallow water snook got hit really hard with Sarasota Bay and the Everglades taking an even worse hit than we did. Keeping the season closed for a while longer I think is a good thing. As one of the premier gamefish in south Florida, snook are so much more valuable than just filets. If I never ate another snook I would not be upset.

Most fellow snook anglers and charter boat captains I speak with about the continued closure agree that it’s a good thing. Let’s at least give it until next spring and make sure we don’t have another major freeze this winter is the general sentiment. When catching and releasing snook be extra careful to release them unharmed and try not to remove them from the water whenever possible. The cost of a snook stamp also increased in July from $2 to $10 which is still a bargain as long as the money is spent on snook research. Hopefully this increase in revenue is not the deciding factor in the FFWC opening snook season.

What an outstanding week on the water it’s been. Huge morning high tides where the perfect set-up for catching redfish under the bushes and on oyster bars. Catch-and-release snook fishing is in and around the passes was very consistent with lots and lots of schoolie size snook caught, along with a few over the 30-inch mark. While drifting the passes for snook we also caught good numbers of seatrout.

America’s Boating Course

The San Carlos Bay Sail & Power Squadron, a unit of the United States Power Squadrons, will be offering America’s Boating Course on Saturday, August 21 from 8:15 a.m. to 12:30 p.m. This course is recognized by the National Association of State Boating Law Administrators.

The State of Florida recently passed legislation requiring anyone born after January 1, 1988 to have passed a safe boating course and obtain a Boating Safety Education ID card, which is valid for life, in order to operate a boat with more than 10 h.p. Each student will receive a card/certificate from the Florida Fish and Wildlife Commission upon completion of the class.

The course consists of two sessions on consecutive Saturdays. The second session will be on Saturday, August 28, also from 8:15 a.m. to 12:30 p.m.

Topics covered include hull design, docking, anchoring, handling boating emergencies, reading channel markers and many other topics to make each boating experience safer and more enjoyable.

The cost of the course is $40 plus $20 for a second person sharing the instruction materials.

The course is being taught at the San Carlos Bay Sail & Power Squadron classroom at 16048 San Carlos Boulevard at the corner of Kelly Road (across from ACE Hardware). Register online at www.scbps.com or call the office 466-4040.

Pass fishing remained the best bite in town with the fast moving water either incoming or outgoing being the key to getting in on the good action on a variety of species. Running between the passes this week I also came across quite a few tripletail both gulfside and in the bay. Channel markers, crab pots and no-wake buoys were all worth checking out. Tripletail fishing in the hot summer water is usually not good but for some reason there have been a lot more than usual. These tasty fish can often be seen laid up on the surface next to about any kind of structure.

On one trip this week we caught five tripletail up to eight pounds and spooked one that was close to the 20-pound mark. I also had a report this week from a fellow angler who caught an 18-pound, 29-inch tripletail off a no-wake buoy on the outside of Captiva. Regulations on tripletail are 15 inches minimum and you are allowed two per person per day.

Our summertime fishing continues to be on fire. Without a doubt this is my favorite time of year to fish. What makes it even better is the lack of angling pressure out there. Several times this week I had a whole pass all to myself. Summer fishing will only get better too with September being my favorite month of the year out on the water.

If you want to get out and bend a rod on some quality fish, now is the time.

Capt. Matt Mitchell moved to Sanibel in 1980 and has fished local waters for more than 25 years. He now lives in St. James City and has worked as a back country fishing guide for more than 10 years. If you have comments or questions email captmattmitchell@aol.com.

Send Us Your Fish Tales

The River Weekly would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the River Weekly, 16450 San Carlos Boulevard, Suite 2, Fort Myers, Florida 33908, or email to RiverWeeklyNews@aol.com.

Beach Yacht Club Meeting

The monthly meeting of the Fort Myers Beach Yacht Club will be held Wednesday, August 25 on the top floor of Nervous Nellie’s Crazy Waterfront Eatery (formerly Snug Harbor Restaurant) under the sky bridge on Estero Island.

Social hour begins at 5:30 p.m. and dinner is ordered off the menu starting at 6 p.m.

Potential new members wishing to attend are invited to call Commodore Tom Swanbeck for reservations and additional information at 292-6284. To learn more about the club log onto www.fmbyclub.org.

Nine-year-old Blake Desantos with a tripletail caught last week
Patrol Finds Second Green Sea Turtle Nest Of Season

Sanibel-Captiva Conservation Foundation’s Sea Turtle Patrol has found the second green sea turtle nest of the season ... and what a nest it is. This female dug five knee-deep body pits before exiting the beach. Two stakes of an already marked loggerhead nest were knocked down as she nested. The entire nesting event covered a 15- by 30-foot area that looked like a small Volkswagen had driven up from the water, gotten stuck five times, and then made tracks back to sea, said Amanda Bryant, SCCF biologist. It will be 55-65 days before the nest hatches.

Join the SCCF Turtle Tracks program every Thursday at 9 a.m. to learn more about the marine turtles that nest on Sanibel and Captiva beaches. Call 472-2329 for more information. SCCF is at 3333 Sanibel-Captiva Road, Sanibel.
Bushy fleabane (Pluchea carolinensis) produces dense clusters of pink flowers from late winter through late summer. Individual flowers are very small, but the profuse flower heads give an impression of large soft heavy blooms at the branch ends.

This member of the aster family attracts bees, butterflies and birds. The aromatic leaves are elliptical or oval, up to six inches long, and covered with fine soft hairs. Multi-branched and evergreen, this shrub will reach six to eight feet in height. Its natural habitat is the edges of hammocks, but it will thrive in a variety of settings, including disturbed lands and black mangrove habitat. It requires full sun.

Bushy fleabane is also called cure-for-all for its many medicinal uses. The leaves produce a tea used as a cold treatment. They can also be heated and applied to sprains to reduce swelling or to wounds as a poultice. As the common name suggests, it has been used to repel fleas. Bushy fleabane will readily reseed.


Guided Walks

A free guided walk, Exploring Ethnobotany, will take place August 25, September 29, October 27, November 24, and December 29, from 9:30 to 11 a.m. Meet at Matanzas Pass Preserve entrance, 199 Bay Road, Fort Myers Beach.

Bird Patrol Tours, also free, are scheduled for August 14, September 11, October 9, and December 11, from 8 to 10 a.m.; the November 13 tour is from 9 to 11 a.m. Meet at Bunch Beach Preserve, 18201 John Morris Road, Fort Myers.

Low Tide Loafing at Sunset will be on August 24, 6 to 7 p.m.; September 21, 5:30 to 6:30 p.m.; October 21, 5:30 to 6:30 p.m.; November 23, 4:30 to 5:30 p.m.; and December 21, 4:30 to 5:30 p.m. Meet at Bunch Beach Preserve, 18201 John Morris Road.

For more information on any of these events, call 463-3764; to register, call 533-7440 or log onto www.leeparks.org.

Volunteer Boat Captains And Snorkelers Needed To Hunt Scallops

Join the University of Florida/Lee County Sea Grant Extension program and the Sanibel Captiva Conservation Foundation by participating in the 2010 Pine Island Sound Scallop Search, a resource-monitoring program in which volunteers snorkel, looking for scallops in select areas within Pine Island Sound on Saturday, August 28 from 9 a.m. to 2 p.m.

The purpose of this program is to monitor and document the health and status of the bay scallop population. Modeled off of the successful Great Bay Scallop Search conducted in Tampa Bay since 1993, this event is designed to be a fun family event.

Up to 40 boats are needed with as many as 150 participants to search selected sites in Pine Island Sound and San Carlos Bay for the elusive “bay scallop.” Large populations of bay scallops (Argopecten irradians) disappeared from Southwest Florida waters decades ago due in large part to degraded water quality, related declines in seagrass acreage, over harvesting and other causes. Water quality and seagrasses have improved in many areas to levels that may once again support these important bivalves within the area.

Scallop searchers will meet at 9 a.m. at Pineland Marina, 13921 Waterfront Drive, Bokeelia to receive survey equipment and instructions. Lunch will be provided once participants return to shore and report their information.

This is a no harvest event.

Volunteers with shallow draft boats are needed. Let the organizers know the style and size of your boat. Canoes and kayaks are also welcome but not jpersonal watercraft such as Jet Skis. Bring a dive flag if you have one.

Snorkelers without boats are welcome, however space is limited.

Volunteers should bring a mask, snorkel and gloves and be able to snorkel/swim 50 meters (about 150 feet) along the bottom; fins and weight belt are optional but suggested.

Reservations are required and survey sites and equipment are limited. Early sign-up is recommended. Sign up by emailing joy.hazell@leegov.com or by calling the Lee County Sea Grant Extension office at 533-7518.
Water Quality Monitoring Report
Prepared for Bayous Preservation Association by SCCF Marine Lab
Mark Thompson, Loren Coen, and AJ Martignette

This report presents water quality monitoring results obtained from four sites within the Blind Pass Ecozone sampled previously by the Bayous Preservation Association (BPA) and sampled by the SCCF (Sanibel-Captiva Conservation Foundation) Marine Lab since April 2009. The monitoring program is designed to detect changes in water quality resulting from the opening of Blind Pass and will be meshed with other efforts by SCCF and other entities.

Methods
Water quality monitoring is scheduled for the last week of each month, beginning in April 2009 and extending for approximately 14 months post-completion of the Blind Pass dredging project which was concluded August 1, 2009. Sampling is conducted early in the morning just after sunrise at each of the four sites (see Figure 1). Field measurements include: dissolved oxygen (DO), turbidity, pH, salinity, air and water temperature, secchi depth, photosynthetically active radiation (PAR) and total depth. Laboratory analyses at Lee County’s Environmental Lab and at SCCF’s Marine Lab included: total (TKN Kjeldahl) nitrogen, nitrate plus nitrite “nitrogen,” ammonia (NH3), total nitrogen (TN), turbidity, corrected chlorophyll a, pheophytin, total phosphorus (TP), fecal coliforms, enterococci, and colored dissolved organic matter (or CDOM). All measurements and analyses follow EPA-approved methodologies. Data are entered into a dedicated water quality database maintained at the SCCF Marine Lab and analyzed periodically.

In addition to the monthly report (this format), an end of project findings report will be issued to BPA and its members.

Results
This month’s report describes the sampling effort undertaken on June 29 (0630-0730). The tables summarize the results.

The latest data from the water level logger located on Dr. Miller’s dock in Clam Bayou are shown in Figure 2. Photosynthetically active radiation (PAR) as measured at the SCCF Marine Lab facility is shown in Figure 10. PAR is the amount of light energy available to plants for photosynthesis and is affected by season, percentage of cloud cover, and when related to seagrasses, the water clarity.

Discussion
With the opening of Blind Pass on August 1, 2009, SCCF been plotting the complete set of BPA water quality monitoring data to more easily view any trends and changes which may be apparent with the change in flow regime (see Figures 4-8). A vertical (red) line separating pre-Blind Pass opening from post-opening information has been added to each figure, in an effort to more easily contrast before and after data.

Total precipitation in June was 3.74 inches of rain, only about a third of the 40-year average of 9.3 inches (data from Lee County rain gauge located at San Carlos Boulevard and Summerlin Road).

Freshwater releases from S-79 increased beginning in March 2010 as part of efforts to control water levels in Lake Okeechobee (Figure 11). Average daily water releases from S-79 were 4,590 cfs in May and 3,270 cfs in June of this year. In comparison, average daily releases of 0-500 cfs occurred in Fall 2009 as the rainy season waned. The influence of these releases is apparent in the higher levels of CDOM and lower salinity at the well-flushed Roosevelt Channel station compared to the other stations. Higher levels of chlorophyll a (a phytoplankton indicator) and TN observed at all stations are typical of wet season, although the variability in chlorophyll at the two stations closest to Blind Pass seems to be less after the opening compared to previous wet seasons. Dissolved oxygen levels remain low during early morning sampling events.

The four BPA water quality monitoring stations were re-sampled on July 28, 2010, the results of which will be provided in next month’s report. As approved by BPA, SCCF has extended its monitoring until the end of September to get a more complete look at the wet season this year and be better able to detect changes since the opening of Blind Pass. A brief data summary and analysis will be distributed by the end of November which more closely compares water quality before and after the opening of Blind Pass.

---

![Ellington's Jazz Club & Restaurant](image)

**August 13th**

**Hurricane Charley Party**

**AND OUR ONE YEAR NEW LOCATION ANNIVERSARY**

Charley hit Sanibel and changed the landscape of the island forever.
August 13th, 2009, is also the date Ellington’s landed in our new location, thereby changing the jazz scene of the island forever.

Stop in and celebrate with us. We’ll be featuring “Celebration Cocktails” and Dinner Specials, along with live world class jazz.

Stop in wearing your “Blue Tarp Finery” and you could win a $50 Ellington’s gift certificate.

**Summer Hours:**
Tuesday - Sunday
Dinner 5-10 pm
Live Jazz 7-11 pm
Happy Hour 5-7 pm

1244 Periwinkle Way, Sanibel
239-472-5555
EllingtonsJazz.com
Irving Berlin, With Broadway Palm Salutes I Love A Piano

Broadway Palm Dinner Theatre begins its 18th season with the new musical, I Love A Piano, playing August 19 through October 2. This nostalgic journey spans seven decades of American history with over 60 Irving Berlin songs. I Love A Piano captures the spirit of America from the ragtime era through the swinging elegance of the 1920s and 30s. From the songs that inspired a nation through the Great Depression to the innocent optimism of the 1950s, the show embarks on an enduring journey through musical heaven. The timeless Irving Berlin classics include Puttin’ on the Ritz, There’s No Business Like Show Business, Blue Skies, Anything You Can Do, We’re A Couple of Swells and God Bless America.

It is directed and choreographed by Amy Marie McCleary. Known for her diverse choreography, McCleary is making her Florida directorial debut. She recently directed and choreographed I Love A Piano at Broadway Palm’s sister theater in Mesa, Arizona, where she received stunning reviews for her work. The cast includes David Piazza, Jonathan Van Dyke, Sarah Dowling and Elizabeth Loos from Arizona, who recently toured the country with the Footloose National Tour.

A special guest appearance from Sanibel’s Schoolhouse Theatre, Victor Legarreta. A veteran performer, Legaretta has performed on all three Prather Entertainment Group stages. During 2002 to 2004, he was the Off Broadway Palm’s artistic director. Also in the cast is Elizabeth Loos from Arizona, who recently toured the country with the Footloose National Tour. Performances are Wednesday through Sunday evenings with selected matinees.

Broadway Palm is offering a Season Opener Special with all tickets $35 for dinner and the show. Tickets can be reserved by calling 278-4422, by visiting www.BroadwayPalm.com or by stopping by the box office at 1380 Colonial Boulevard in Fort Myers. For Reservations & Information Call (239) 466-2245 Or (239) 472-5300 www.captivacruises.com

New!! CAPTIVIA CRUISES is now offering cruises from SANIBEL HARBOUR MARRIOTT in FORT MYERS (Punta Rassa)

CAPTIVA ISLAND CRUISE
Escape to this island village with shops, restaurants & beaches.
9:00 AM - 2:00 PM - Adult $30 / Child $20

CAYO COSTA STATE PARK-BEACH & SHELLING
Beach & Shelling cruise to a premier barrier island state park.
Pack a lunch, your swimming gear & adventurous spirit!
9:00 AM - 2:00 PM - Adult $40 / Child $30

DOLPHIN & WILDLIFE CRUISE
This is an excellent cruise to view dolphins and other wildlife in their natural setting.
4:00 PM - 5:30 PM - Adult $25 / Child $15

SUNSET & DOLPHIN CRUISE
Enjoy sunset on the water while admiring the local wildlife in their own playground
Departure Times Vary - Adult $25 / Child $15

Vessels are also available for Private Charters, Weddings, Family Reunions, Birthdays, Anniversary Parties and more!

Art Royale An Elemental Affair

Alliance for the Arts is seeking artists to showcase their most intriguing, entertaining and interactive artwork for Art Royale 2010 – It’s All Elemental, scheduled for November 20. The artist prospectus, including exhibition opportunities for visual and performing artists, is now available at www.ArtinLee.org and by calling 939-2787.

Art Royale has been described as “a marquee” event in Lee County. It is a one-night celebration of art displaying the most intriguing artists, tantalizing entertainers and interactive art exhibits. The Alliance boasts that the event gives artists an outlet to create beyond gallery walls and theater stages, while giving community members an opportunity to revisit their inner artists. As well as serving as the Alliance’s signature fundraiser, Art Royale aims to reinforce the importance of arts and culture in our lives and our community.

New to Art Royale this year, the Alliance is incorporating the theme It’s All Elemental into a juried gallery exhibition. Chosen 2D/3D artwork, related to the event theme, will be displayed November 16 through 27 and will be featured as the main gallery exhibit at Art Royale. This opportunity is exclusively offered to Alliance members. A portion of the proceeds benefits the Alliance for the Arts. Volunteer opportunities are also available by calling 939-2787.

Commissioner Displays Cape Man’s Artwork

This month Robert A. Ford, resident of Cape Coral, will display original artworks in Commissioner Tammy Hall’s downtown Fort Myers office until September 10.

“I enjoy the opportunity and test of a blank canvas,” says Ford. The public is welcome to view the artwork and learn more about the artist. Call 533-2226 to confirm office hours for viewing.

Hall is supporting local artists by giving them an opportunity to display their artwork in her commission office.

The arts are an important part of the cultural and development of our community,” says Commissioner Hall. “I believe that government can play an important role in public awareness, developing the use of public spaces for display and interaction of art, and for the encouragement and commitment of continued financial support both public and private of all the arts.”

Other local artists will be featured every four to six weeks. Hall’s office is on the first floor of the Old County Courthouse, 2120 Main Street in downtown Fort Myers. 9-533-2226.

Ford, 68, lives full time in Cape Coral. After 10 years of military service in the 1960s he returned to the University of continued on page 32
Miss Florida Preliminary Queens Make Special Appearance

The local preliminary queens of Miss Florida U.S. International and Miss Teen Florida-World made an appearance recently at the Harborside Back to School Bash. They are pictured with Patrick Nolan of Fox 4.

Donate To Keep Symphony Alive

The Southwest Florida Symphony is in financial need and has launched a campaign for donations. The symphony is $300,000 in debt and is asking the public for support by these means:

• Drop off your old gold for a tax-deductible donation at Mark Loren Designs, 13351 McGregor Boulevard, Fort Myers;
• Be a host for a symphony musician. A four-night stay would be a $300 donation;
• Sponsor a chair in the symphony or chorus for a year; sponsorships start at $1,500;
• Donate through stock transfers, cash, credit card or check online or call the symphony at 418-0996.

From page 1

Peter Taylor To Perform

Opening this event will be Peter Taylor, a guitar virtuoso and accomplished musician who has collaborated with local and international artists. His performance will begin at 7 p.m. His 45-minute set, titled Single Minded, is an ethereal and beautiful mix of emotional and heartfelt songs in voice and guitar that will captivate the audience.

The owners of daas Gallery invite Music Walk visitors to call 939-1194 and reserve a space, which is very limited. There will be no access inside the gallery once the performance has begun. The gallery is located at 1512 Broadway Street. For more information log on to www.daasgallery.com.

Read Us Online: IslandSunNews.com
Lee County Public School District Maintains ‘A’ Grade

Eighty percent of Lee County schools earned an A or B grade for the second year in a row, despite statewide declines in district and school grades. Out of the 73 Lee County schools receiving a grade, 62 received an A or B – that’s an 85 percent percent. So far this year, 50 schools in Lee County achieved an A grade.

The grades only include elementary and middle schools. New components were added to the high school grading system for 2010, delaying the final release date for those grades until November, according to the Florida Department of Education.

Of the nine largest districts in Florida, Lee County has the highest percentage of A schools (69 percent) and highest percentage of A and B schools combined (85 percent). Lee County is the only district with no D or F schools.

Many districts – including Lee County – brought concerns to the attention of the Florida Department of Education when the student scores from the 2010 Florida Comprehensive Assessment Test (FCAT) were released earlier this year. Many districts discovered what they believed to be out-of-the-norm changes in academic performance. Districts saw students who had been consistently performing at Level 4 or 5 drop to Level 1 or 2 in just one year.

The state had independent reviews of the results done, and the determination was that the swings in academic performance were “consistent with historical norms.”

Rasmussen College representatives will be on hand to provide information about master’s degree programs offered through the Rasmussen Partner Network of schools, and bachelor’s and associate’s degree programs offered through the local campus, as well as career opportunities within the Rasmussen College system.

“The economic recovery has begun, nearly 13 percent of Fort Myers residents remain unemployed,” Rasmussen College National Director of Career Development Tamryn Hennessey said. “We are honored to have the opportunity to showcase available jobs in the community and to help residents of Fort Myers and the surrounding area learn about positive steps they can take toward employment.”

For additional information visit www.rasmussen.edu.

Career And Networking Fair In Fort Myers

Rasmussen College will host a free Career and Networking Fair for residents of the surrounding communities at the Hyatt Place Fort Myers at the Forum on August 19. Companies from a variety of industries will be present and looking to fill positions with qualified candidates.

Featured businesses include Lee Memorial Health Systems, Paramount Logistics, United Way, Costco, Wachovia, and Lee County Elections. Interested parties are encouraged to attend to gain a competitive edge in the job search process.

Jewish Federation’s SAT Prep Class

The Jewish Federation of Lee & Charlotte counties is offering a special prep class series to help get local students ready for upcoming 2010 SAT tests. The SAT test, a critical measure of scholarship, is the benchmark used by most colleges and universities for admission decisions. As such, they are crucial to a student’s success in higher education – and a long-term focus of learning for high school students.

Small class sizes and affordable tuition make the Federation’s classes stand out. According to Naomi Rubin, the federation’s programming director, “Our course offers 35 hours of class time, small classes, professional teachers and individualized attention. We are a nonprofit organization, not a business. We provide the SAT classes in a professional manner, affordable to the whole community. Your child will enjoy the course as well as benefit from it."

The classes are led by local residents, Professor Joan Lewin and Mark Irwin, two professional educators with years of experience in SAT preparation.

Class fee is $355 and includes all course materials. A minimum of six students is necessary for this class to be held, and a maximum of 12 students will be accepted. The 14-session classes will be held on Mondays and Wednesdays starting August 23 for the November 6 SAT test. Classes will be held on August 23, 25, 30, September 1, 13, 15, 20, 27, October 4, 6, 13, 20, 27, and November 3.

Math classes are held Mondays, and classes for the verbal section are held Wednesdays. Sessions, which begin promptly at 6:30 p.m. and conclude by 9, are held at the federation office at 9701 Commerce Center Court, Fort Myers (off Bass Road and Summerlin Road opposite Lexington County Club).

Openings are filling up fast. Classes are open to all local students on a first-come, first-founded basis, and applications are available by calling 481-4449 or by visiting www.JewishFederationLCC.org.

District Website Provides Valuable Information About New School Year

It seems like only yesterday when we were saying goodbye for summer break, and now the school year starts in less than two weeks – first day is Monday, August 23.

To help families start to prepare, Lee County Public Schools has created its annual Back to School section on its website (www.leeschools.net). The link provides a wealth of information vital for families. From uniform information to bus routes to information on how to register, families can find almost everything they need on this page.

Many schools will be conducting open houses/orientation events over the next couple of weeks – you can check for your school’s event on the district’s website (the districtwide activities calendar) or families can contact their child’s school directly.

Finally, as the first day approaches, commuters need to be aware that come Monday, August 23 children will be back out waiting for buses on the streets, riding their bikes or walking to and from school – we all need to be a little more cautious and aware as the 2010-11 school year kicks off.
Cucumber, Tomato and Radish Salad With Citrus Dressing

2 tomatoes, seeded and chopped fine
2 cucumbers, peeled, seeded, and chopped fine
3/4 pound radishes, trimmed and chopped fine
2 tablespoons fresh lemon juice
2 tablespoons fresh lime juice
1 clove garlic, mashed to a paste with 1/4 teaspoon salt
1/4 cup virgin olive oil
1/3 cup cilantro finely chopped, or to taste
6 scallions, sliced thin

In a large bowl whisk together the juice and garlic paste, add the oil in a steady stream, and whisk the dressing until it is emulsified. Whisk in the chopped cilantro and salt and pepper to taste. Add the tomatoes, cucumbers, radishes, and the scallions, toss the salad to combine it well, and garnish the dish with the left-over cilantro sprigs.

Look for Fresh from Florida ingredients at your grocery store.

Financial Focus

TOD Agreement Can Reduce Hassles For Heirs

by Jennifer Basey

A mong the reasons you work hard all your life may be so you can leave something to your children, grandchildren or other family members. So, naturally, you’d like to make it as easy as possible for your heirs to take possession of those assets you want them to have. And that’s why you may want to consider establishing a Transfer on Death (TOD) agreement on certain accounts.

Once you’ve established a TOD agreement for your account, ownership of the assets held in that account pass directly to the designated beneficiaries, bypassing probate. Why is this important? Because probate has three major drawbacks:
• It’s time-consuming. If your estate has to go through the probate process, it could easily take a year or more for your assets to be distributed to your heirs.
• It’s expensive. Attorney and court fees could devour up to five percent of your estate’s value – which means fewer assets going to your loved ones.
• It’s public. The probate process is open to everyone. This means anyone can obtain a copy of your will, the names and contact information for your heirs, the inventory of assets and other documents filed as part of the probate proceeding.

As you can see, you’ve got some good reasons to avoid probate – and a TOD agreement can help. Of course, a TOD agreement can’t meet all your estate-planning needs. While it may be particularly useful in helping you bequeath specific financial assets, such as stocks, bonds and other assets held in your brokerage accounts, it can’t help you deal with estate taxes or address other complex estate-planning issues.

And that’s why you also may want to consider creating other estate-planning tools, such as a revocable living trust. Similar to a TOD agreement, a revocable living trust allows you to leave assets to your heirs without going through probate. Furthermore, when you set up a revocable living trust, you can control your assets during your lifetime and determine how they will eventually be distributed to your heirs. You could, for example, have money distributed to your children or grandchildren in installments, over a period of years. Many people like having this ability, especially if they are unsure of the money management skills or maturity level of their heirs. Plus, a properly established revocable living trust will carry out your wishes if you become incapacitated. Be sure to consult with your legal advisor to see if a revocable living trust is appropriate for you.

While a TOD agreement can’t take the place of all estate-planning tools, it can complement them. And a TOD agreement offers another feature that can prove valuable: flexibility. Specifically, you can revoke or modify your TOD agreement at any time in response to changes in your life or family circumstances.

To determine if a TOD agreement is appropriate for your needs, contact your tax advisor or legal professional. It’s taken you many years to accumulate your assets, so take some time to help ensure they end up where you want them to go. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.

School District Earns $1 Million In Grants

Lee County Public Schools announced that it has been awarded a federal Teaching American History grant for nearly $1 million, which will support the first three years of a $1.6 million, five-year project. The district was notified of the award from the office of United States Senator George LeMieux.

The project’s title is E Pluribus Unum: One Nation, One People and will focus on the significant events, people and documents that have shaped our nation. The goals of the project are to increase teachers’ content knowledge and understanding of American history and to increase student knowledge of American history through improved instructional practices.

The project will target 120 teachers in grades five, eight and 11 who currently teach American history. The district is proud to partner with Southwest Florida Museum of History, The History Program in the College of Arts and Sciences at Florida Gulf Coast University (FGCU), The Edison & Ford Winter Estates and the Holocaust Museum of Southwest Florida as part of this project.

The project format is based on several collaborations: teachers with history experts; teachers with history partners; and teachers with other teachers. The professional development will consist of lectures and seminars, local historic site visits, national historic site visits, pedagogical training, research internships at FGCU and local historical museums, graduate level courses, and teacher professional learning communities.

This collaborative project will produce more knowledgeable teachers and students, lasting community partnerships and a rich online lesson resource for teachers in American history.
Swagler and his team conducted spring practices in May. It ended with an intersquad scrimmage in which the final score was 61-46. The Cougars started practicing six days a week starting August 9 in anticipation of their debut season. Their first game is scheduled for August 27.

“My goal is to be better prepared than any team we face,” said Swagler. “My message to the team is that the tools and skills needed to be a good player and teammate will help them develop the skills needed to take on the real world.”

Shell Point Welcomes New Golf Pro

The Shell Point Golf Club welcomes Michael Raber as the new head golf professional. Raber is a certified PGA golf professional, and has over six years of head professional golf experience.

“We are very excited to have Mr. Raber join our team at the Shell Point Golf Club,” said Michael Mongoven, director of golf for Shell Point Golf Club. “He brings a lot of experience to the club, and we know that his arrival will continue to make sure that every day is a great day for golf at the Shell Point Golf Club.”

Raber graduated from Brockport State University in 1994 with a degree in finance, and began his golf course career at the Skaneateles Country Club in 1996 as an assistant. In 2000, Raber worked as the assistant golf professional for Gulf Harbour Golf and Country Club, and briefly moved to Massachusetts in 2003 to work at Townsend Ridge Country Club and Butter Brook Golf Club. Prior to becoming the head golf professional at Shell Point, Raber worked at the Copperhead Golf Club and The Country Club of Naples.

College Baseball’s National Pitcher Of The Year Signed By Twins And Begins His Professional Career Here

by Ed Frank

He was the collegiate pitcher of the year. Twice an All-American, he was considered the most dominant pitcher in college baseball. And he will begin his professional career right here with the Fort Myers Miracle baseball team.

Alex Wimmers, a 6-foot-2 right hander out of Ohio State University, was the Minnesota Twins’ first-round selection in this year’s Major League draft (21st pick overall). He received a $1.32 million signing bonus just before the deadline for teams to sign their picks and was scheduled to report to the Miracle last Sunday.

Recently he had been named a Louisville Slugger First-Team All-American for the second consecutive season and was named the National Pitcher of the Year by the College Baseball Foundation.

Wimmers was the Big Ten Pitcher of the Year for the second year in a row, starting 10 games for the Buckeyes while recording a 9-0 record with a 1.60 ERA, including the first nine-inning no-hitter in school history.

Perhaps he can provide a winning spark for the local team that has struggled this year.

No doubt his sparkling college record is the reason the Twins decided to start his professional career with the high A Miracle in the tough Florida State League. Few first-round selections begin at this relatively high level.

“We are thrilled to have Alex on board with this organization,” said Twins Scouting Director Derek Johnson. “We have watched him the last couple of years and he fits the mold we like.”

Perhaps he can provide a winning spark for the local team that has struggled this year.

No doubt his sparkling college record is the reason the Twins decided to start his professional career with the high A Miracle in the tough Florida State League. Few first-round selections begin at this relatively high level.

“We are thrilled to have Alex on board with this organization,” said Twins Scouting Director Derek Johnson. “We have watched him the last couple of years and he fits the mold we like.”

Interestingly, Wimmers’ selection marks the second straight year that the Twins used their first-round draft pick to take a pitcher. Last year, the Twins waited until 10 minutes before the deadline to sign another college pitcher, Kyle Gibson of Missouri.

Gibson was paid $1.85 to sign and already has moved up to Double A baseball with the Twins’ New Britain Rock Cats where he has a 7-5 season record. He started
Over 65?
Think eyelid surgery is not affordable?
Medicare pays!

Eyelid Quiz

☐ Can you see your eyelids?
☐ Do you have to raise your eyebrows to see more clearly?
☐ Have you hit your head on a cabinet door while open?
☐ Is it difficult to see beside you without turning your head left or right?
☐ Do your eyelids close while you are reading?
☐ When you play tennis, do you have trouble serving?
☐ Do your eyelids feel heavy?

If you answered “yes” to one or more of these questions, you qualify for a FREE, no obligation eyelid screening performed by Natasha Larson, COA.

Screening candidates receive a $50 gift certificate to your choice of one of five Prawnbroker Restaurant Group establishments in Ft. Myers and Sanibel.

WE OFFER

- One-surgeon practice -- you always see the same doctor
- No assembly-line surgery - you’re the only one
- Personalized post-operative attention
- Specialty-trained nursing staff
- Catered, accommodating care, tailored to your needs

NO DOCTOR REFERRAL NEEDED
J ulmeus received this award due to his character both at work in Shell Point and in the Haitian Community. He balances customer and operational needs with the business and fiscal realities of the company. For example, as laundry supervisor, through observation of outside contractors performing critical and specialized maintenance on key items of equipment at a considerable cost he learned to safely and effectively perform most of the maintenance himself. He is now solely responsible for the laundry equipment preventive maintenance program, saving considerable operating costs yet never sacrificing production or quality of service to residents, according to Yacovitch.

During two hurricanes Charlie and Wilma, Julmeus was one of the employee volunteers who elected to stay on property during both storms to help support emergency operations. Shell Point has an onsite hurricane shelter and residents do not evacuate.

Julmeus is involved with the Haitian community at Shell Point, in Fort Myers and abroad. At work, he frequently acts as interpreter for other Haitian employees. He helps many of the staff work through issues whenever language presents a barrier to comprehension. He is also active in the Fort Myers community and his church, organizing assistance to send clothing and material items to less fortunate Haitian families locally and in Haiti.

He takes weeks of personal vacation time so that he can accompany a private medical assistance team to Haiti to provide free medical care and also to assist in local construction projects. He was in Haiti working with one such team when the earthquake in January devastated that nation.

The Florida Association of Homes and Services for the Aging (FAHSA) was established in 1963 as a Florida not-for-profit corporation. Its purpose is to provide leadership, advocacy, and education for retirement housing and nursing home communities that serve the needs of Florida's retirees.

**Candida Tests And Treatments**

By Suzy Cohen, RPh

Dear Readers:

Last week I answered a question for a person who kept going to the doctor and being told that nothing was wrong with her. She did some reading and learned that her symptoms were tied to a fungus and started to self-treat. This is Part 2 in the series of articles I promised you regarding her story of Candida albicans. My first article is now posted on my website (dearpharmacist.com) and I also posted a link to teach you how to do a saliva test at home to see if you have Candida. Up to 85 percent of people do. There are also stool tests available from Genova and Metametrix Labs.

Candida albicans is one of many yeast organisms that is a natural to the human gut flora. For many people, especially those who take medications routinely, or eat processed foods and sugar, the gut flora loses its camp of healthy micro-organisms, and the candida (or other pathogens) take over. Most often people get thrush, jock itch, vaginal yeast infections and chronic fatigue to go with a lot of GI distress (you name it). Once the yeast leaves your digestive tract, you get sicker and may develop cystitis, headaches, itchy skin, PMS and anxiety or depression. The other “diseases” that candida’s toxic breakdown products cause are numerous and were outlined in last week’s column.

To regain health, you must first destroy the offender. The absolute best way to kill candida is to stop ingesting fast food or anything processed or containing sugar. Eat more raw food (think salads, juicing, fresh veggies) and lean proteins. If you don’t eat meat, supplement with hemp or rice protein shakes. Ease up on carbs, and no refined white bread, white rice or white sugar. No more white!

Doctors can prescribe nystatin, an anti-fungal drug that stays in the gut and kills candida. Diflucan (fluconazole) is a medication that works systemically (in your blood). There are OTC formulas available for all of you. With any anti-candida protocol, there could be a “die-off” reaction (you get worse before getting better) so give these products a chance. Phytofuge contains a fabulous blend of botanical herbs that work synergistically to improve the health of your digestive tract. The product contains Pau D’Arco, wormwood, black walnut, and undecylenic acid, all of which have anti-bacterial, and anti-fungal effects. Buy it online, or ask your health food store or physician to acquire for you.

CandidaClear by NSI is another blend of incredible anti-candida herbs and vitamins including grapefruit seed, garlic, caprylic acid and biotin. I found this one at vitacost.com.

Probiotics replenish gut flora with healthy strains of bacteria. The following have a nice blend of strains and are sold nationwide: Pro-Bio, Kyo-Dophilus, Culturelle, Pears IC, Probiotic All-Flora, Dr. Ohhira’s Probiotics 12.

Pancreatic enzymes are an overlooked, but absolutely crucial step in improving gut function by helping you digest food. You may also need betaine hydrochloride, a natural digestive acid.

**Pint For A Pint Blood Drives**

The Lee Memorial Blood Center and DQ Grill & Chill are teaming up for a bloodmobile drive on the following dates at various locations. Donors will receive a pint of DQ ice cream and a T-shirt.

- August 13, 1 to 6 p.m. 3250 Palm Beach Boulevard, Fort Myers
- August 14, 1 to 6 p.m. 14891 Tamiami Trail, Fort Myers
- August 28, 1 to 6 p.m. 11553 SR 82, Fort Myers

All blood collected remains in the Lee Memorial Health System to serve your community. Lee Memorial Health System uses 500+ units of blood each week. With both The Children’s Hospital and the only trauma center within a five-county area, the need for blood locally remains constant, and needs to be replenished daily. All blood types are currently needed.

The requirements to give blood are:

- Age: At least 17 years old (16 with written parental consent) and in good general health. There is no upper age limit.
- Weight: Minimum of 115 pounds.
- Identification: Must provide photo ID with date of birth.
- Food: Eat a good meal before giving and drink plenty of fluids.
- Medications: Many medications such as insulin, blood pressure, thyroid, cholesterol, aspirin, antidepressants, and hormone replacement do not necessarily prevent someone from giving blood. Call 334-5333 for questions about donating.

A pint of blood can be donated every 56 days.
Dr. Dave
True Blue Degenerate
by Dr. Dave Hepburn

M any of you are degenerates. I am talking about you priests, bishops, nuns, deacons, vicars, athletes, men, women and I'll also throw in my sister, like I did in that poker game in Kuwait 10 years ago (she still writes). Vision, hearing, muscles, bones, hair, hormones and joints are all degenerating by the minute. Here is how I became a degenerate. While playing basketball I jumped and landed on my right leg and felt a sudden and severe pain in my knee. Had this been soccer I would have laid there writhing in pain for three days or until someone pulled out a yellow card, in which case I would have been instantly cured. But I kept playing/limping, though apparently nobody could tell the difference. By the end of the game, having exhausted my body and my personal sideline supply of narcotics, I went and saw a kneeologist. I had broken some cartilage off of the end of the bone, that shiny white stuff at the end of the chicken bones. Not that my bones are chicken, no not at all. The loss of that protective cartilage has left me with a degenerate knee also known as osteoarthritis (OA). So now I'm a true blue degenerate.

OA, be it of common areas like the knee, hip or base of the thumb, involves a thinning of the protective shiny cartilage that prevents bone from painfully grinding on bone. OA is caused by micro cracks/crevasses or lanes in the cushion, likely caused by many factors including age, genetics, trauma and repetitive usage. I chose trauma. Though the primary cause is unknown it may have to do with the increased water or calcium content of the cartilage and decreased protein tenacity of the cartilage. Cartilage does not regenerate in mature adults or soccer players. Osteoarthritis IS NOT osteoporosis. Has nothing to do with it, but some folks always mix up the two because the prefix “osteo” is involved. Get your degenerate condition correct please. Just because they both start with “osteo” doesn't make them the same thing any more than Stephen Harper is the same as Stephen King (OK, bad example).

OA hurts and hurts and then hurts, particularly at night when the pain may cause you to toss and turn and tear your pajamas and/or Paddington Bear to shreds. When all the cartilage in your knee or hip is gone, the only effective treatment is to replace the whole joint. Joint replacements are now lasting for 12 to 20 years or more, and most remain pain-free. There are some very promising treatment options on the horizon including nanofiber gels that promote cartilage growth in joints, stem cell research and even electromagnetic pulses to help restore cartilage cells to their more youthful state.

But I don't want to be the only degenerate left in my sorority with a torn teddy so here are some tips of how you can join me and three million other Canadians in our misery and get OA.

1. Injure your joints. Sports that induce joint fractures can turn into OA. Stick to something non-contact like Chinese checkers or playing left wing for the Maple Leafs.

2. Place repeated stress on the joint, such as heavy physical activity or being bowlegged. My downfall was that I am “pretty bowlegged,” two words that really don't belong together. As you can see by my photo I am indeed pretty, but what you can't see is that my knees are so far apart that Kirstie Alley, the sequel, could waddle through these wickets carrying a peck of pickled peppers.

3. Apply for some parents with OA. Genes regulate angles of joints, body weight, enzymatic activity and repair. If you prefer to have a degenerate knee, order Asian parents as even ethnicity plays a role. Asians have the highest OA of the knee yet lowest of the hip.

4. Get older. OA affects more than 10 percent of those under age 65 and some 50 to 60 percent of those over 65.

5. Lose your hormones, because you then lose muscle and bone strength.

6. Gain weight. Even as little as three pounds can make all the difference. I have this cut off weight where the pain disappears but if I gain the three pounds back and go over 387 then the pain returns.

7. If you're male then change your sex as females have more OA. And you will have way more fun in life as a female unless of course you happen to be... my sister.

Like the column? You'll LOVE the book the Doctor is In(sane) available at Sanibel Island Bookshop. You can also reach Dr. Hepburn via www.wisequacks.org.

Dr. Dave is co-host of Wisequacks, a national radio show that can be heard every Saturday at 1 p.m. EST – best heard in Florida over the Internet on CKRN. He is also a motivational speaker and travels throughout the U.S. and Canada speaking on the exciting new revelations in the world of health and wellness. The Best of Africa tour awaits those who have always wanted to stroll on the Serengeti in September. To laugh like a hyena with Dr. Dave and the hyenas and get hip with Hepburn and the hippo’s call 1-888-432-8344 and/or go to www.wisequacks.org.

Mom And Me
by Lizzie and Pryce

L izzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

We just returned from a lovely cruise to a much warmer climate.

I could hardly avoid seeing so many fat people, young and old. Some ate a bag of potato chips while they waited in line and then piled their plates filled to overflowing. I guess some go for the food paradise and since they prepaid they were really going to get their money’s worth. Some even admitted they were watching their weight – getting heavier and heavier. Obviously they indulge at home so this was not a rare occasion.

On the beautiful deck the chain smokers were enjoying themselves and the drinkers started at breakfast time.

I was appalled at their behavior, what are your comments please?

Pauline

Dear Pauline,

People go on cruises for many different reasons. Some go to have private time to think through their personal problems. Others go for just plain fun and some for the pleasures of enjoying a great deal of food.

I recently read that the International Agency for Research on Cancer estimates that 25 to 30 percent of breast cancer cases could be avoided if women were thinner and exercised more. The agency is part of the World Health Organization.

No wonder our health care costs continue to rise and it is a sad commentary of life in the modern world.

Lizzie

Dear Pauline,

I try to be open-minded when I see individuals engaging in poor health habits. I try hard to convince myself that health habits are a matter of personal choice. I do not know the answers. I try to focus on what I can control – my own habits.

Pryce

Lizzie and Pryce’s email address is momandmeaging@hotmail.com.
Hi, I'm Skipper. I'm a seven-month-old male hound mix. Only a sad dog won’t wag his or her own tail, so let me tell you all the reasons why you should adopt me. First, I’m adorable. Second, you can find a friendlier puppy. Third, I’d make a great family dog that wants to play with you, your kids, or anyone. Finally, you’ll get an awesome deal on an awesome dog since pets over six months are free during August. Come on over and meet me, and we’ll see how well we fit together.

Hello, I’m Bambino, a five-week-old female domestic kitten. As you can see, I’m just an itty bitty kitty but I’m eating on my own and ready for all my seven lives. I would like a loving home, because I love, love, love, to cuddle. Sitting on your shoulder makes me very content. When I’m happy, I just purr like crazy. There are lots of beautiful cats and loads of other cute kittens here at the shelter too. But I’m pretty sure that if you come to meet me, you’ll fall in love. I have a very small adoption fee this month ($25 (during the Awesome August Adoption promotion) and lots of other animals are free.

For information about this week’s pets, call 533-7387 (LEE-PETS) or log on to Animal Services’ website at www.LeeLostPets.com.

The shelter is open for adoptions from 11:30 a.m. to 3:30 p.m. Monday through Saturday at 5600 Banner Drive, Fort Myers, next to the Lee County Sheriff’s Office, off Six Mile Cypress Parkway.

To advertise in The River Weekly News, call 415-7732

---

**PROFESSIONAL DIRECTORY**

**IRRIGATION**

Silcan, Inc. Fabio Silva
“Ian Eco-Friendly Company” 239.938.6541

**SPLINKER REPAIRS, INSTALLATION & ADD-ONS**

Maintenance
• Leak Repairs/
Unclogging
• Broken Pipes/Heads
• Controller Malfunction

New System
Installation Add-Ons
• New Zones & Heads
• Rain Sensors
Scheduled Maintenance:
Monthly, Quarterly, Annually

Lic. # Lee County LS08-01084 • Sanibel S2-14769

**REMODELING**

SANIBEL CREATIVE TILE CO.
Celebrating our 30th year on Sanibel & Captiva

Tile, Marble, Stone, with remodels & repairs A Specialty!

Tile samples to your door! 472-2853

---

**HOUSECLEANING SERVICES**

**MONIKA KENWORTHY HOUSECLEANING SERVICES**
FREE ESTIMATES HONEST/RELIABLE REASONABLE REFERENCES BI-LINGUAL ENGLISH/FRENCH

HOME: (239) 433-0668 CELL: (239) 247-1237
LICENSE NO. 0803040

---

**IMPACT WINDOWS & DOORS/GLASS**

**Windows Plus**
“SWFL Window and Door Specialist”

Windows Plus
PGT Windows & Doors
10831 Sunset Plaza Circle, Unit 107
Fort Myers, FL 33908
E-mail: windowsplusic@earthlink.net
Licensed & Insured
SCC131150832
Phone: 239-267-5858
Fax: 239-267-7855
Mobile: 239-872-0709

---

**PAINTING**

**Ron’s Painting LLC**
QUALITY WITHOUT QUESTION SINCE 1986

RESIDENTIAL AND COMMERCIAL
• INTERIOR PAINTING
• EXTERIOR PAINTING
• FAUX FINISHING
• PRESSURE CLEANING

NOW EXCLUSIVELY FEATURING NeverFade™ Exterior Paint

WWW.RONSPAINING.COM
482-1695 • 275-0425
Complimentary Estimates • Insured
License # PT 005286 • Sanibel #02-07916

---

**SUDOKU**

```
6 8 9 | 4 1 5 | 7 3 2
1 2 4 | 7 8 3 | 5 9 6
3 5 7 | 9 2 6 | 4 1 8

8 1 5 | 6 9 2 | 3 7 4
2 9 3 | 1 4 7 | 6 8 5
4 7 6 | 5 3 8 | 1 2 9

9 3 1 | 2 6 4 | 8 5 7
```

---

SCRAMBLERS

solution
1. Depend; 2. Circle; 3. Found; 4. Probe

Today’s Word: PROP
Ed Frank

the year here with the Miracle.

While college baseball is not the caliber of even minor league baseball, Wimmer’s record in the three years he played for Ohio State border on amazing.

This past season, he held batters to a .211 average and showed the ability to get off the mound quickly as opponents hit just .193 with two outs.

You will be in for a treat if you watch the 21-year-old pitch as, according to Johnson, he has four pitches he throws for strikes, including a great change up. “He throws strikes, and pitches with no fear,” said Johnson.

As we’ve written before, many, many major league stars have become those stars through the training and experience they have garnered here with the Miracle.

Don’t be surprised if Wimmers becomes another of those stars.

Seven-game Losing Streak Drops Miracle into Fifth Place

It was a rough week for the Fort Myers Miracle as a seven-game losing streak resulted in the local team plummeting into fifth place in the Florida State League South Division with a 17-24 second-half season record as the week began.

The team is on the road this weekend, returning home to Hammond Stadium Wednesday to begin a six-game home stand with Clearwater and Bradenton.

Next Week: Four golf legends play together for the first time:

Let’s Go Fishin’

Fishing Charters • Shelling • Sightseeing

Captain Lamar Williams
owner/operator

Captiva Island
Florida
1-239-340-1506
Licensed & Insured

*Jesus Hernandez*

LAWN CARE & TREE SERVICE

www.jesuslawn.com
482-7350
Licensed & Insured • Free Estimates

Landscaping • Tree Service • Stump Grinding
Landscape Design • Ponds • Waterfall Installations
Landscape Refurbishing • Pepper Clearing
12 years serving San-Cap & Ft. Myers

Fishing Charter

Light Tackle Sport Fishing
Tarpon • Snook • Redfish & More

Capt. Matt Mitchell

C: (239) 340-8651
www.captmattmitchell.com
email: captmattmitchell@aol.com
DID YOU KNOW

TRIVIA TEST

1. ADVERTISING: What product did Tony the Tiger sell in advertisements?
2. GEOGRAPHY: What is the highest waterfall in the world?
3. LANGUAGE: Who coined the phrase "wild-goose chase"?
4. MEDICAL TERMS: What is a more common name for somnambulism?
5. MOVIES: What was the title of the movie that was released in 1995?
6. ANATOMY: About how long is the human small intestine?
7. TITLES: What is the abbreviated title of a veterinarian?
8. COMICS: What comic-book superhero is sometimes known as "The Caped Crusader"?
9. MEDICAL TERMS: What is the name of the condition that causes sleepwalking?
10. ASTRONOMY: What are some prominent objects in the night sky?

ANSWERS

SPORTS QUIZ

1. Name the last Royals pitcher before Zack Greinke in 2009 to strike out at least 200 batters in a season.
2. During the 1940s, three different Yankees won the A.L. Most Valuable Player Award. Name two of them.
3. Entering 2010, how many consecutive seasons has the University of Florida football team lost to at least one team in the SEC West Division?
4. In what season did the Atlanta Hawks win the NBA’s All-Star Game?
5. How many consecutive seasons (through 2009-10) have the Detroit Red Wings made the NHL playoffs?
6. Who holds the Baltimore Orioles record for most number of consecutive title defenses?
7. When was the last time that Germany’s men’s soccer team failed to be in the final four teams of the World Cup?

ANSWERS

STRANGE BUT TRUE

1. On Aug. 17, 1987, Rudolf Hess, Nazi leader and Hitler’s former deputy, is found strangled to death in Spandau Prison in Berlin at the age of 93, apparently the victim of suicide.
2. On Aug. 21, 1911, theft of the Mona Lisa is reported. It was earlier reported that two men were arrested in connection with the theft.
3. On Aug. 21, 1917, theft of the Mona Lisa is reported. The painting was later found to be in the possession of a member of the Italian police.

THE RIVER - AUGUST 13, 2010

THOUGHT FOR THE DAY

"To avoid situations in which you might make mistakes is the biggest mistake of all." — Peter McWilliams
HELP WANTED

CROW

VOLUNTEER OPPORTUNITIES
We are currently seeking applicants for several volunteer positions. If you are interested, please contact Marguerite Jordan at 472-3644 Ext. 3 or visit our website www.crowclinic.org

SR 3/5 TFN

NAIL TECHS NEEDED
Nail Techs needed for voted #1 busy nail salon on Sanibel. Percentage negotiable with experience. Call 395-2400.

SR 7/30 V 8/20

SERVICES OFFERED

NEED COMPUTER HELP?

RS 3/12 V 8/20

HELLE’S CLEANING SERVICES
Residential Cleaning to Satisfaction Sanibel & Captiva • 239-565-0471 Sanibel Lic. #11412 Lee Co. Lic. #051047

SR 11/13 B TPN

COMPANION SERVICE
Sanibel-Captiva Care and Companion Service, LLC Medical appointments, general transportation, shopping, light meal preparations, and light cleaning. Our services are customized to meet our clients needs. Call 239-395-3591, or for an emergency call 239-472-0556.

SR 10/3 B TPN

B & B CONDO PROS
Property Management & Care. Home Watch – Pool Service Handyman Repairs www.bbcpondos.com info@bbcondopros.com 239-223-1600

SR 8/13 B TPN

HOUSE CARE
While you are away by retired architect, Sanibel resident. Call 395-1649

SR 10/3 D TPN

CONVENIENT MEDICAL SUPPLIES
Convenient Medical Supplies offers a wide selection of home healthcare products. Including incontinence and urological products, diabetic supplies, durable medical equipment such as walkers, and we can supply all of your enteral nutrition needs. We provide discrete shipping directly to the customer. Shipping on orders over $95 is free. Visit us at www.convenientmedicalsupplies.com

SR 8/13 T 10/1

MUSIC INSTRUCTIONS
In piano, saxophone, flute. On Sanibel/Captiva or South Fort Myers. Qualified, experienced teacher. Call 239-989-7799

SR 8/13 T 10/1

SR 9/5 TPN

SLA Medical appointments, general transportation, cleaning. Our services are customized to meet our clients needs. Call 239-395-3591, or visit our website www.crowclinic.org

SR 4/28 TPN

PROFESSIONAL CLEANING SERVICES
Residential • Commercial Interior Windows • Carpet Cleaning Jennifer Watson 239-810-6293 or Cell 464-6460

SR 11/13 M TPN

CHILD CARE FOR INFANTS & TODDLERS
Phoebe’s Nest Early Learning and Development Program is accepting enrollment for infants and toddlers ages 3 months - 36 months. Full or Part time. Contact Beth at 472-6378 or at info@phoebesnest.com for rates and schedules. License pending.

RS 8/28 B 8/13

DORADO PROPERTY MANAGEMENT
HOME WATCH/HOME CARE
Full range of management services, transportation, home/car maintenance, cleaning, meals. Excellent organizational skills • Island resident • Licensed and insured • 7 days.

Lisa 239-472-8875

SR 10/3 BO TPN

DOCKAGE
Hourly, Daily, Weekly and Monthly. Captiva Island 472-5800

SR 1/30 B TPN

AUTO FOR SALE
2001 Mercedes E-320 Station Wagon White with gray interior 108,000 Miles Excellent Condition, New Tires $9,700 Call 472-1106

SR 8/8 B TPN

VESPA SCOOTER
Silver, 50CC, 2007, 1,700 miles, mechanically sound, below book, $1,750. 239-872-5611

SR 8/8 B TPN

FURNITURE FOR SALE
Maple Desk for sale Denmark Interiors Maple Desk. 30” x 60” w/ File Drawers. Like New, Half Price. $450. 395-1649

SR 7/22 TPN

CONVENIENT MEDICAL SUPPLIES
Join other “news junkies” every Monday, 10 a.m. to noon, Phillips Gallery, BIG ARTS, to discuss current events. Donation $3. Refreshments during break. Tell your friends. For more information call 395-0900.

BOATS - CANOES - KAYAKS

BOATS - CANOES - KAYAKS

DOCKAGE

CURRENT EVENTS

Oxford English Dictionary
13 Volumes 1978 Excellent Condition $100 395-1649

SR 64 N TPN

WANT TO BUY

CASH FOR JUNK CARS
Running or not. Top dollar paid up to $500. Call 239-220-2137

RS 7/23 V 8/13

YARD/GARAGE SALE

GARAGE SALE
Furniture, Bedding, Clothes, Housewares, Garden stuff, Large Bird Cages, Misc. items. Gumbo Limbo, 454 Cotten Court, Sanibel Sat & Sun from 7am - 12pm

RS 6/13 V 8/13

GARAGE SALE
Gift shop merchandise and lots of misc. Sat., Aug. 14, 8am - 1pm. 2190 Sunset Circle, Sanibel. (Behind Periwinkle Place)

SR 8/6 B 8/13

For Only $12 Per Week – Your Classified Can Be Seen From Anywhere In The World! Send it to ads@RiverWeekly.com or Log onto www.IslandSunNews.com & click on – Place Classified –
Applications Sought For Blue Chip Community Business Award

The 16th annual Southwest Florida Blue Chip Community Business Award, coordinated and sponsored by BB&T-Oswald Trippe and Company, recognizes small businesses that have overcome adversity to achieve success. The luncheon ceremony will take place Thursday, November 4 at Harborside Event Center, 1375 Monroe Street in Fort Myers. Registration begins at 11 a.m. The program starts at 11:30 a.m. Keynote speaker will be Olympic gold medal winner Nikki Stone.

“We are honored to have sponsored the Blue Chip Award program for 16 years,” said Gary V. Trippe, CIC, managing director of BB&T-Oswald Trippe and Company. “We believe it is vital to recognize small businesses in our communities who have overcome adversity and are willing to share their successes as lessons for all of us.”

For more information call 574-0558 or visit www.4bluechipaward.com. Independent judges will select the winning entry.

The River Weekly News
Call @ 415-7732 Fax @ 415-7702
– OR –
Send an email:
ads@riverweekly.com
log on to the Web site www.IslandSunNews.com
Lots of ways to get it done!
COMMERCIAL SPACE

TURN KEY OFFICE SPACE

Central location - 1630 Periwinkle Way. Furnished office including a Reception area and kitchen facility. Recently designer decorated. Suite B-1072.6 sqft. $815 per sqft. Plus CAM.

Call 239-965-0033 or 960-7823.

SR 12/1 B TPN

FOR LEASE

Architecturally designed real estate office on Periwinkle with 7-12 private offices depending on configuration. Freshly painted, new floor covering, reasonably priced. Call 239-940-7823 for showing.

SR 12/14 B TPN

OFFICE SPACES FOR LEASE

Iona Schoolhouse Professional Center

Great Location at McGregor Blvd & Kelly Road. 865 sq feet & 1350 sq feet units available. Will negotiate year lease! Call Lisa at 239-472-2792

RS 1/4 B TPN

TOTALLY RENOVATED


SR 8/7 B TPN

OFFICE SPACE FOR LEASE

Convenient location on Periwinkle Way. Island Tower Plaza. Sanibel. 1st Floor availability with 700 sq. ft. of space. Leasehold improvements negotiable. Call Joe at 516-972-2883 or toll free at 800-592-0009. Fax is 212-371-2290

RS 1/9 B TPN

PRIME SPACE FOR LEASE

Retail, Office, Take Out, Etc. Attractive Rates Offered!

Call Today! 239-850-7888

SR 4/30 B TPN

PRIME COMMERCIAL/OFFICE SPACE

For sublease on Periwinkle Way, Sanibel. Excellent exposure and convenient location, flexible square footage available to suit your needs. Call 239-472-2183 for more information.

SR 12/3 B TPN

ANNUAL/SEASONAL RENTAL

SANIBEL ARMS


SR 4/13 V TPN

1 BR/BA AVAILABLE-SANIBEL


RS 7/23 M TPN

DIRECT BAYFRONT COTTAGES

Popular west end where Sanibel/Captiva meet. 1 BR+3-4BR, single story, furnished, full kitchens, 3 docks, direct access, heated pools, pet friendly, beach across street. Best spot on island. 239-948-0906

RS 3/12 M TPN

www.BaytoSea.com

Bay to Sea is FREE! Captiva & Sanibel Vacation Rentals

Rent directly from more than 300 property owners!

FREE for Renters to use!

FREE for Owners to use!

SR 2/12 B TPN

SANIBEL ARMS 2/2


Call owners: 401-253-2511

SR 1/26 M TPN

EAST END COTTAGE

Steps from the beach. 1 bdrm/1 1/2 bath, AC/heat, full kitchen, laundry, $3,500/mo + tax Jan-Mar, neg.off-season. Call for availability. 239-738-3021

SR 1/8 B TPN

ANNUAL RENTAL

PROPERTIES AVAILABLE

For a complete list visit our Website www.remax-ofthesilands.com

Call Dustyn Corace, RE/MAX of the Islands 239-472-2311

RS 10/9 B TPN

SPACIOUS 3 BR+ WITH 2BA

1-story home avail for long term lease. Includes kitchen with island & hardwood cabinets, full sized washer/dryer in separate laundry room. 2 addt rooms that could be used as bedrooms or den/office space, access to neigh-boat launch, screened lanai, lawn service & more. Pet friendly. Avail Sept 1 at $1,450/mo. Call 651-353-6674 & visit www.sanibelcharm.com.

RS 8/16 V 8/12

EDISON COLLEGE

2 BR Whiskey Creek, 2 BATH CONDO.

Appliances, washer/dryer, stove, refrigerator, AC, large LIVING RM/ DINING, SUN RM, no pets. $750. 913-400-3628

RS 8/6 V 8/13

SANIBEL HOUSES FOR RENT

Available immediately. Fantastic Opportunity. 3/1 by Traders

3/2 by Bowmans Beach

M Rice Realty, LLC 239-398-0404

RS 8/6 M 8/27

1 BEDROOM CONDO

Fully Furnished across from Beach.

$1,000/mo.

Deb 770-7253

SR 7/30 V 8/20

ANNUAL RENTAL


SR 6/11 M TPN

READ THE RIVER ONLINE:

www.IslandSunNews.com

click on

Read the River
SUDOKU

To play Sudoku:
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.)
There is no guessing and no math involved, just logic.

answer on page 25

HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words, then arrange the boxed letters to form the mystery word which will complete the gag!

Relax, I just use this as a to sell life insurance."

TODAY'S WORD:

answer on page 25
BEACH CHAIR PASTIME

Super Crossword

ACROSS
1. France
2. Galiano
3. Green
4. Buffalo
5. Fane
6. Biltmore
7. Leary
8. Sheer
9. Mangel
10. Blue
11. Green
12. Biltmore
13. Fane
14. Leary
15. Mangel
16. Sheer

I LOVE NEW YORK

King Crossword

ACROSS
1. Rainman
2. High tennis shot
3. Puffy heat symptom
4. Minery
5. Specialist
6. Puff
7. Pop flavor
8. Calendars place
9. Equal
10. Change the tide
11. Groups of icons
12. Body
13. Crinkle
14. Stiffen
15. Exclaim

MAGIC MAZE

STRAIN(S) OF


Annan Dover Homestead Messina
Bonfido Florida Johner Otranto
Callas Foremost Mackeeo Singapore
Gotti Georgia Magellan
### National Gymnastics Championship Will Feature Works By Al Oerter

As gymnasts at the 2010 Visa National Gymnastics Championship in Hartford, Connecticut take flight in their routines, so will the work of Al Oerter.

Color field paintings created by the late great Olympian will adorn banners, posters, bill boards, T-shirts, and even the accreditations that the athletes wear during their necks during the championships from August 11 through 14. One of the pieces highlighted to design the look of the games is Flight, by Oerter.

Oerter was a four-time, consecutive gold medalist in discus and is considered to be the role model for all Olympians around the world.

This special honor will promote sport and the arts among the competitors and the public alike. Oerter was a recognized artist with talent rivaling his famous athletic accomplishments. Visa is the title sponsor for the championships hosted by the USA Gymnastics Federation. Oerter and Visa worked on projects together over the years.

In addition the acclaimed Olympian artist Liston Bochette will create a special commemorative work of art to acknowledge the national championships. Bochette has done similar works for many international and national federations in the past. He was a gold medal winner at the Barcelona Olympic Games on the cultural side. His work is sought after in many parts of the world.

Art of the Olympians (AOO) will host a special exhibition of art work created by Olympians during the championships. This exhibition will highlight works by 15 different Olympians including Bob Beamon, Florence Griffith Joyner, Cameron Myer and other distinguished names.

More information about Art of the Olympians is available at: www.artoftheolympians.org. Art of the Olympians Gallery is located at 1300 Hendry Street in the River District, downtown Fort Myers.

---

### FIRE READINESS ASSESSMENT: WHAT YOU NEED TO KNOW

<table>
<thead>
<tr>
<th>Q: What is a Fire Readiness Assessment?</th>
</tr>
</thead>
<tbody>
<tr>
<td>A: The Fire Readiness Assessment is an annual assessment that would pay part of each property's fire service costs with a flat assessment. The assessment would allow for some reduction in ad valorem property taxes and would be charged to developed and undeveloped parcels alike.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Q: Why will I still pay property taxes to the Fire District?</th>
</tr>
</thead>
<tbody>
<tr>
<td>A: The Fire District will continue to use ad valorem property taxes for the balance of its fire budget and non-fire emergency and protective services. The Fire Readiness Assessment, however, lessens the demand on property taxes and shares equal portions of the cost of fire protection readiness among all assessed parcels.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Q: Will I pay more? Or less?</th>
</tr>
</thead>
<tbody>
<tr>
<td>A: Since the Fire Readiness Assessment would supplement some of the funds now raised through property taxes, the ad valorem tax could be lowered. With the combination of the assessment and the adjusted ad valorem taxes, some property owners could pay a little less, some will pay about the same, and others will pay a little more. Even for those paying more, however, the maximum increase would not exceed $140 per tax parcel for the first year.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Q: What services are provided by the Iona-McGregor Fire District?</th>
</tr>
</thead>
<tbody>
<tr>
<td>A: The District protects 93 million square feet of homes, businesses and other structures within its 42-square-mile service area. During 2009, the District responded to 8,557 calls, including 18 structure fires and 24 cardiac arrest victims who were resuscitated by District paramedics. It is important to remember fire protection is a critical public service, and the District must be ready 24/7 to answer your call. The time to consider if the appropriate level of service is available and ready is now, and not when you dial 911.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Q: How will the referendum appear on the ballot?</th>
</tr>
</thead>
<tbody>
<tr>
<td>IONA MCGREGOR FIRE PROTECTION AND RESCUE SERVICE DISTRICT NON-AD VALOREM SPECIAL ASSESSMENT PROGRAM</td>
</tr>
</tbody>
</table>

To partially fund the construction, operation, and maintenance of the facilities and services of the Iona McGregor Fire Protection and Rescue Service District for the continual readiness to provide fire protection, shall the District be authorized to levy an annual special assessment in a flat amount that shall not exceed $185.00 per tax parcel within the District, excluding governmental, submerged, tax-exempt or other parcels deemed by the District to be infeasible or impracticable to assess? |

- ☑ YES for approval
- ☑ NO for rejection

**TO LEARN MORE:**
Call the Iona-McGregor Fire District at 239-433-0660, log onto www.IonaFire.com, or attend an informational meeting Saturday, Aug. 21, at 10 a.m. at the fire station at 6061 South Pointe Boulevard.