CHR Annual Report Approved By Commission
by Jeff Lysiak

After presenting the annual report, goals and objectives to the city’s Below Market Rate Housing subcommittee, the planning commission heard and unanimously approved Community Housing & Resources’ year-end report.

Presented by CHR board chair Richard Johnson on Tuesday morning, the commission offered praise for the program in meeting its objectives and overcoming several challenges during the past few years.

“Below Market Rate Housing is not only alive and well, but successful,” said Johnson, filling-in for the absent Kelly Collini, executive director of CHR. “We’ve made tremendous strides from where we were… we got ourselves into this challenge or situation, but we’re going to get ourselves out of it.”

Among the highlights from CHR’s past year of activities:

• CHR addressed all previous year’s notes from the Auditor’s Report to Management letter, which stated, “No financially significant comments noted” for the current year.
• CHR operated in the black since January of 2013, having paid all outstanding debts and eliminated a $30,000 deficit.
• The CHR/CICLT board of directors designated $60,000 to establish two reserve accounts: $30,000 to establish a rental replacement reserve fund for maintenance and/or replacement of roofs, staircases and other capital projects for CHR rentals buildings. And another $30,000 to establish a Limited Equity Ownership (LEO) appreciation reserve fund to ensure that funding is available to pay for the appreciation owed to LEO owners upon selling their home back to CHR/CICLT.
• The agency sold the last available

Beer Challenge To Debut At Islands Night
by Jeff Lysiak

The battle for bragging rights will be put on the line next week during Islands Night, when members of the Sanibel-Captiva Kiwanis Club and the Rotary Club of Sanibel-Captiva square-off to see who can sell the most beers.

The 1st annual Beer Challenge will take place on Wednesday, June 4 at Hammond Stadium during Islands Night. The Fort Myers Miracle will be taking on the Lakeland Flying Tigers. Gates open at 5:30 p.m., the parade of island clubs, groups and organizations begins at 6:15

Good Deed For The Day

Grampy’s Charities’ good deed for the day on Saturday, May 17 was to provide dinner for the parents staying at the Ronald McDonald House in Fort Myers while their children are in the hospital. Various groups and individuals provide meals at the facility. Warren Bibbins, executive chef and owner of Olive B’s restaurant in Big Sky, Montana prepared the meal, which included braised short ribs, mashed potatoes, lobster mac

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continued on page 10
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Looking Back:
The First Schoolhouse On Captiva

The Captiva Island Historical Society, which has opened its new History Gallery, is focused on presenting the history of Captiva with a series of photos. The History Gallery is accessed through the Captiva Memorial Library located on Chapin Lane on Captiva. This week’s image is the first schoolhouse on Captiva, established in 1901 by William Herbert Binder, on the property now home to Chapel by the Sea. The school was attended by students who lived on both Sanibel and Captiva.

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Registration Under Way For Road Rally

The 35th annual Road Rally on Sanibel is Friday, July 4. So grab your sunglasses, put on your driving gloves and prepare to have some fun.

Sanibel-Captiva Optimist Club’s longest-running 4th of July event celebrates 35 years of fun for teams and families as they puzzle out the clues while following a prescribed driving course around the island. Prizes will be awarded for correct time, mileage and for the most correct answers to the quiz about things seen along the route, as well as for the best decorated vehicle. There will also be a 50/50 raffle and an after-rally party.

Choose your team (a driver, navigator and spotters are usual). Entry forms are available at Bailey’s General Store, Sanibel Cafe, Sanibel Captiva Community Bank, Island Sun newspaper or at the starting line. Mail with entry fee of $35, to San-Cap Optimist Club, PO Box 1370, Sanibel, FL 33957, or bring it to the starting line. Entry fee includes car, driver, navigator, unlimited crew and one commemorative Road Rally T-shirt. Additional T-shirts will be available for $15. The number of entries is limited so register early.

This year the rally begins in Timbers Restaurant/Sanibel Grill parking lot (only one-half block north of Bailey’s on continued on page 40
Zonta Installs New Officers, Directors

Members of the Zonta Club of Sanibel-Captiva gathered recently at the home of Linda Robison, club member and Zonta Area 6 director, where Robison formally installed the leadership for the club year 2014-2015, which begins June 1. During the past year, the club has moved to combine two boards — that of the club and that of the Zonta Foundation of Southwest Florida, the club’s 501(c)3 — for simpler administration and record-keeping. For the first time, the members of the club board (most of the officers plus the members-at-large) will also function as the foundation board, with the exception of the positions of secretary and treasurer, which are each unique to that board. A seat on the foundation board is also reserved for a representative from the Zonta Club of Fort Myers.

Incoming president Robyn Moran presented outgoing president Kris Ritts with an etched vase by Luc Century, and commented in jest that, with the hard work of merging the boards behind them, Zontians can look forward to a year “with nothing to do.” For this award-winning club that raised over $100,000 from its recent fundraiser, A Peek at the Unique, that is highly unlikely.

American Legion Post 123 News

On Sunday, June 1, American Legion Post 123 on Sanibel will serve meatloaf and mashed potatoes from 1 to 8 p.m. The following Sunday, June 8, the legion will serve BBQ ribs and chicken all day long.

Every Monday, 9-Ball Pool Tournament action begins at 5 p.m. Every Wednesday, the legion offers Hump Day specials.

Texas Hold’em is played every Thursday at 7 p.m. and Saturdays at 4:30 p.m. Players are welcome and must be members.

Every Friday, a six-ounce ribeye steak sandwich is available all day. There are daily specials as well as the popular half-pound burgers. The public is welcome.

Hours are Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m.

American Legion Post 123 is located at mile marker 3 on Sanibel-Captiva Road. For more information, call 472-9979.

Back from left, Robyn Moran, president; Lynn Ridlehoover, vice president; Kris Ritts, club treasurer and club past president, ex officio; Barbara Beran; Carol Gestwicki; Jill Janda-Kanner; Linda Robison, Area 6 director; and Karen Storjohann, foundation past president, ex officio. Front from left, Susan Tucker, foundation treasurer; Gini Jones, president-elect; Dalia Jakubauskas; Ruth Mayer; and Maddy Mayor, foundation secretary. Not pictured, Ava Hinojosa, club secretary; Helen Ramsey; and Marietta Meacham, foundation board, Zonta Club of Fort Myers.
and cheese, and carrot cake. The meal was well received by the two dozen guests. "It was a special occasion and a lot of fun, which is always welcome," said Laura Regin, executive director of the Ronald McDonald House. There were toddlers in the group who had a great time playing with the "magic appletree" and the statue of Ronald MacDonald gracing the house’s front porch as well as with a bag of clown noses. Several members of Grampy’s board of directors were on hand to peel potatoes. Grampy’s raises funds in support of organizations who work with comfort and resource based charities who make a difference in the lives of kids who need it most. Last January, Grampy’s held a fundraiser at The Dunes Golf & Tennis Club for the Ronald McDonald House CareMobile and Muscular Dystrophy. They plan to do it again next year.

Grampy’s board members Jim Castle, Bob Risch and chef Warren Bibbins

Chef Warren Bibbins overseeing the head table

From page 1

Good Deed For The Day

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Slash Pines Planted By Third Graders
by Jeff Lysiak

The annual tradition of giving back to the earth was repeated again last Friday morning at The Sanibel School as both third grade classes planted 40 slash pines near the front of the school’s property on Sanibel-Captiva Road.

With the assistance of Richard Finkel, environmental educator from the Sanibel-Captiva Conservation Foundation, youngsters planted their trees in the center aisle of the parking lot as well as alongside the field adjacent to the covered pavilion.

“This project started with a field trip to the Pick Preserve, where the children helped plant a number of trees,” said teacher Debora Baker. “Then for Arbor Day, all of the students received a slash pine to take care of.”

According to Baker, each student measured, graphed and determined growth averages of the slash pines, which complemented classroom work about trees.

On May 23, third graders from both Baker’s and Emily Wells’ classes planted the slash pines they took care of this year. The pupils learned how to remove the tree from its pot, place it in a pre-dug hole, surround it with soil and pack it securely.

“I liked this project… especially planting the trees,” said student Lily Doster.

One by one, the students took their own trees, and then assisted their friends in planting the slash pines around the parking lot area.

“I like getting dirty,” added Preston Hall, a sentiment echoed by fellow third grader Sammy Rose: “Filling in the holes is fun… I like patting down the dirt, too.”

Finkel returned later in the day to water the newly-planted trees, and will monitor their progress throughout the summer.

Debora Baker and her third grade class with Richard Finkel

Photos by Jeff Lysiak

Richard Finkel points out the roots of the tree prior to planting

Third graders planted 40 slash pine trees with the assistance of environmental educator Richard Finkel during a class project last Friday morning at The Sanibel School
Kanzius Foundation To Close
by Jim George

Five years after the death of its founder, the Kanzius Cancer Research Foundation will close its doors on June 30. The announcement was made last week by the board of directors of the organization. Islander John Kanzius developed the possible alternative treatment for cancer while living on Sanibel and research has continued for the past 10 years to bring the treatment to fruition. The foundation was started in 2008 and has raised about $17 million for research for the project. The foundation’s board said it has “reached the peak of its progress” and “funded all of the research of the Kanzius Non-invasive Radiowave Cancer Treatment necessary to launch human trials.” Much of that money came from local Southwest Florida donors, although the foundation does not release donor names. Residual assets of the foundation will be divided among Lee Memorial Health System; Erie, Pennsylvania Medical Center; and Baylor University.

Kanzius died in 2009 from leukemia related complications. Kanzius, a former radio engineer and broadcast manager, invented a device that uses radio waves to heat and destroy cancer cells targeted with nanoparticles without affecting nearby healthy cells.

Although the foundation will cease operations, researchers will submit their application in coming weeks to the Food and Drug Administration to start human clinical trials under the auspices of AkesoGenX, Houston, Texas, owners of the technology patents. The application will focus on pancreatic and liver cancer. If and when the FDA approves human trials, those trials are expected to take place at Lee Memorial Health System, one of five sites. AkesoGenX will cover the cost of human trials, according to Mark Neidig, executive director of the foundation.

Lee Republican Women Meeting
by Jim George

The Lee Republican Women Federated will meet on Monday, June 9 at The Edison Restaurant, 3583 McGregor Boulevard in Fort Myers. The social will begin at 5:15 p.m. followed by dinner and the program. The program will be a panel discussion on the pros and cons of the marijuana legislation. Cost is $22 to attend. RSVP by calling 432-9389, email rnh738@aol.com or go to www.leerepublicanwomen.com.

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Sanibel School Teachers
Take Refuge Tour

Twenty seven teachers from The Sanibel School were treated to a VIP tour of the JN “Ding” Darling National Wildlife Refuge on May 20, with narration provided by Tarpon Bay Explorers naturalist Wendy Rex and refuge manager Paul Tritaik.

Last Tuesday’s group from The Sanibel School attempt to identify some of the birds flying overhead.

Several teachers take in the scenery at the refuge’s Red Mangrove Overlook boardwalk.

Refuge manager Paul Tritaik, left, explains to a group of teachers potential reasons why mullet can be seen “jumping” in the water.

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Is Your Community Ready For Hurricane Season?

For coastal communities across the nation (especially those in the Atlantic and Gulf coasts), June 1 holds a special place on the calendar – the official start of hurricane season.

While hurricanes and coastal storms can strike any time of year, June 1 is the date everyone focuses on – for good reason. Conditions can be ripe, preparations need to be started and residents (and others) need to start paying attention to the potential risk.

What makes a beach storm-ready?

With some exceptions for localized conditions, it means a beach that’s sediment-rich and stable, often with high vegetated dunes and elevated structures set back from the wave zone. Now, it may be too late to achieve that this season if your beach doesn’t fit that description, but this is a goal you could set for your coast.

That’s a target that takes time and planning to achieve, but one that pays off in terms of damage reduction and community recovery.

Further, your coastal managers should be looking over the beach with a critical eye – looking for vulnerable infrastructure such as roads and utilities as well as littoral weaknesses and likely problems such as hot spots that will need to be shored up or low spots prone to overwashing in even the most routine storm events. That will help customize both preparation and recovery efforts, as well as guide future work to make your coast more resilient overall.

Has your community – meaning residents, visitors and businesses – planned for a post-storm beach profile and coast? They may be surprised at the sand loss, but may need to be reminded the sediment was just moved offshore due to the scouring nature of storm waves, and it will migrate back onshore once waves and currents return to normal. That’s also a good time to educate communities on how coastal systems work, and to remind communities of the importance of pre-event mitigation for upland properties and infrastructure.

Do your coastal residents have an emergency preparedness plan – particularly those most at risk? Are their preparations in place – securing home and possessions, and the knowledge of local dangers, the expected warnings and local evacuation plans? Do they have a safe place to go or to stay, and the supplies to handle either? Is there a post-storm protocol for restoring services, repatriating residents and returning things to normal?

Remember, there are a number of ways a storm can attack your beach and community, and you need to be ready for each of them:

- Waves – The most obvious destructive force on the ground during a storm, scouring away sand and then upland ground, buildings and infrastructure once the protective beach is gone or the storm surge pushed the wave zone landward. Your best defense is to relocate critical infrastructure away from the hazard zone and to have a wide beach and elevated structures, with perhaps some hardening of critical infrastructure such as roadways and bridges in vulnerable areas that cannot be relocated areas.
- Winds – Destructive on two fronts... as an assault on structures and infrastructure either directly or by accelerating other wind-borne items as missiles, and as the force which piles up water and waves to push surge shoreward as a storm makes landfall. For the former, good building codes (to enhance building integrity in the face of assault) and removing potential missiles (by cleaning up debris and small items pre-storm) will help. For the latter, locate structures away from the inundation zone and make sure structures and infrastructure are reinforced and elevated with a wide protective beach and high dunes.
- Surf & Tides – Perhaps the most serious destructive force, especially in slow-moving storms that have a lot of time to build their watery momentum before landfall. As was seen in Sandy (a minimal hurricane for wind, but a monster in terms of size and surge), surge and tidal rises can cause flooding problems on both sides of a barrier island. As before, strong elevated structures and infrastructure behind a wide beach make a real difference... but also look for unsuspected vulnerabilities, such as low-lying bayfronts subject to flooding or evacuation routes with weak links that will wash out or over too quickly.
- Rainfall Flooding – On top of everything else that’s happening, a wet storm wreaks its own special havoc – both

Further inland, as creeks and streams turn into some much larger and low-lying areas because instant lakes, and along the coast, where surge and high tides prevent drainage of rainfall flooding. Look at your area’s flood risks and drainage systems – particularly those that rely on tidal outfalls to carry away excess water.

The most important step you can take, however, is to heed local emergency managers when they tell you how to prepare for storm dangers and what to do to survive an approaching storm. They are more aware of local conditions and vulnerabilities, are working with the most up-to-date information and probably have the best handle on the true nature of the storm situation – so listen to them.

Experts are eyeing a quieter than normal season in the Atlantic and a stronger than normal for the Pacific thanks to an expected strong El Nino – above-normal

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**CHR Annual Report**

LORI unit, thus reducing long term debt by $160,000.

Johnson also noted CHR establishing a website (www.sanibelchr.org) as well as a new database for tracking donors and gifts.

During discussion of CHR’s annual report, which also included long-term goals and objectives, fiscal year 2013 demographics and a vacancy loss report, commissioner Holly Smith asked about the waiting list and procedures the program uses to fill vacancies. Johnson offered a number of details on the process, noting that CHR continues to update its list of potential residents on a regular basis.

Following several positive comments from the commission on Johnson’s report, the panel approved passing it to council for consideration.

During his council liaison report, Jimmy Jordan, director of planning, told the commission that according to a study conducted by LaRue Planning and Management Services, the effectiveness of permeable pavers varies with the installation, maintenance and the geographic area due to weather, soil and sub-surface conditions.

“Permeable pavers without a storage bed are placed only on a thin layer of sand and crushed stone that provides only structural support for the paver surface and has no significant runoff storage volume,” the report reads in part. “We suspect, with the likely high water table in Sanibel, that permeable paver systems are most likely built without storage beds.

Even without storage beds, a portion of the runoff from the pavers can still collect in the surface voids and infiltrate through the sand and crushed stone bed into the soil below.”

Jordan noted that several considerations associated with permeable paver systems – including applicability, installation, maintenance and permeability – were investigated, along with how other communities’ regulations for permeable pavers vary.

“It is apparent from this study that the use of materials such as sand, shell and gravel as driveways and parking areas can become more compacted and less pervious over a period of many years,” the city’s staff report reads in part. “It is similarly apparent that pervious pavers, when they are properly installed and maintained, can enhance the treatment and filtration of stormwater runoff carrying contaminants and siltation from shell and sand driveways and vehicular parking areas.”

A draft ordinance amending LDC standards was submitted along with Jordan’s report. The use of permeable pavers for driveways and parking areas at all new and existing single-family, duplex and triplex residential developments, and the replacement of existing sand, shell, asphalt, brick or concrete driveways and parking areas with permeable pavers, shall be deemed to be 100 percent permeable. Among the provisions are:

- The pavers are installed to the manufacturer’s specifications and are not less than 50 percent permeable
- The slope of such surfaces does not exceed one to 12, vertical to horizontal
- A vegetated landscaped buffer at least 10 feet in depth is provided on each side of the driveway, unless the driveway is existing, and is located closer than 10 feet to a side property line, and cannot be relocated in order to comply with this requirement, then the buffer on the one side of the driveway can be less than 10 feet in depth
- The driveway shall not be curbed or blocked along its sides in order to ensure that stormwater is allowed to drain into the adjacent vegetated landscape buffer
- Where there is a shared use path, the paver driveway must stop at and abut the interior edge of the path in order to allow for a continuous pathway without any changes in either height or texture

During a discussion on the proposed legislation, commissioner Chuck Ketteman asked if there was a “backlog” of applications pending passage of the amended ordinance. Jordan responded that he and his staff anticipate a number of applications coming forward once the ordinance becomes effective, however, no applications were currently pending.

A request to look into permeable pavers as they relate to commercial and mixed use properties was also discussed, and commissioners may address the issue at the June 10 meeting.

Ketteman made a motion to approve the draft ordinance, which was seconded by Dr. Phillip Marks and approved unanimously, 6-0, with Tom Krekel absent. It will be passed along to council, which is expected to conduct a first reading of the law on June 3.

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**Planners Pass Permeable Paver Ordinance On To Council**

by Jeff Lysiak

During Tuesday’s planning commission meeting, a draft ordinance which would amend a city Land Development Code allowing – under certain conditions – the use of permeable pavers within the driveways and parking areas of single-family, duplex and triplex residences was introduced.

“There isn’t going to be a video component,” Jordan noted, but also explained that instead of having to listen to an entire meeting, people will be able to skip ahead to specific items on an agenda.

“We’re very excited about this software,” said Vice Mayor Doug Congress during his council liaison report. He added that the program can be expanded to carry video, and that the first city council meeting that will broadcast audio starts on July 22.
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OBITUARY

PATRICIA GRACE (MCKEON) MAXEINER

Patricia Grace (McKeon) Maxeiner, 89, of Fort Myers, Florida left the loving arms of her family on Friday, May 17, 2014. Patricia was born on July 15, 1924 in Montgomery, Minnesota to Dr. Joseph and Grace (Sullivan) McKeon. Patricia graduated from the University of Minnesota with a bachelor of arts degree and membership in the Phi Beta Kappa honor society. She worked as a social worker in New York City before moving to Edina, Minnesota to marry and raise her family. There, in addition to being a full time mom, she tutored high-risk students in reading and math, and founded the non-profit corporation the Adoption Option Committee, Inc. (currently known as the highly successful Adoption Option Council of Minnesota). Patricia relocated to Southwest Florida 30 years ago and became a resident of Sanibel Island and later Fort Myers. She served as a volunteer and community leader at The Bailey-Matthews Shell Museum, COTI (Committee of the Islands), BIG ARTS, and the Sanibel-Captiva Sail and Power Squadron. She belonged to the parish community of St. Isabel Catholic Church on Sanibel.

Patricia will be dearly missed by her loving husband, Dr. SR Maxeiner, Jr. (Bob); daughter, Madeline “Maddy” Maxeiner and son-in-law, Tom Mahoney; daughter, Margaret Duxbury (David); daughter, Melissa Kodaly (Kross); and five grandchildren: Nicole Marie Duxbury, Christine Melissa Duxbury, Jacob Han Duxbury, Mischa Fisher (Amber Rocklife) and Heather Fisher, and the Murphy kids, her treasured nieces and nephews. She was preceded in death by one grandson, Jonah T. Fisher, by her brother James McKeon, and her beloved sister and brother-in-law, Mary (McKeon) Murphy and William JD Murphy.

Tricia, a steel magnolia, was both fiercely independent and heart-and-soul committed to family. Over her 60-year marriage, she shared many adventures with Bob. Her entire family felt the warmth of her fierce loving protection. From her insight and faith came simple but profound wisdom that provided steady light in times of trial. She could find the ridiculous in the most frustrating or humiliating situation – if you listened carefully enough. She did not insert herself into the situation, just offered “opinions” from the sidelines that could reduce one to hilarity. She never spoke ill of others, no matter what. She was feisty, opinionated, deeply loving, funny, elegant, and a pillar of strength and grace. She will be missed forever.

A private funeral service and interment will be held in Minneapolis. A celebration of her life is planned in Minneapolis on July 15, 2014, the date of her 90th birthday. Memorial contributions may be sent to St. Isabel Catholic Church, 3559 Sanibel-Captiva Rd., Sanibel, FL 33957; or to The Harry Chapin Food Bank, 3760 Fowler St., Fort Myers, FL 33901. Visit www.harvey-engelhardt.com for online condolences.

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Island Seniors At The Center 4 Life

Meet your friends and make some new at the Center 4 Life. Browse through the following activities, then stop by to sign up.

Trash & Treasures Sale will be back in November – The center is now accepting donations of clean, gently used items. Drop off at the Center 4 Life Monday through Friday between 8 a.m. and 3:30 p.m. No books, clothes, shoes, computers or TVs. If you have any questions, call Island Seniors, Inc. at 472-5743.

Page Turners with Ann Rodman – To be on the Page Turners list, email annrodman@aol.com or contact the Center 4 Life. On Wednesday, June 11 at 2:30 p.m., the featured book is The Round House by Louise Erdrich, a political novel that won the National Book Award for Fiction in 2012.

Sunset Social on the Sanibel Causeway – Tuesday, June 10 at 6:30 p.m. Contact the center if you are interested in participating and for directions to the viewing area. Bring an appetizer to share and a beach chair. Weather permitting.

Watercolor & Collage with Bea Pappas – Fridays, May 30 and June 6 and 13 from 12:30 to 3:30 p.m. Additional sessions will be available May 30, June 6 and 13. Work from a still life in watercolor. Pappas will also be teaching an easy approach to collage, both figurative and abstract. Collage can be worked from torn magazines, found papers, which include book pages or handmade papers. Cost is $20 per session for members and $25 for non-members.

If working in watercolor, bring artist quality paint and paper or purchase paper for $4 a sheet. Collage artists will need a pint of fluid matte medium, scissors, papers, magazines and substrates. Substrates can be watercolor paper, canvas, canvas board or mat board.

Broadway Palm Dinner Theater: Mid-Life The Crisis Musical – Friday, June 6, dinner at 5:30 p.m. and show at 7:30 p.m. Advance registration due by Friday, May 30. Cost is $45 for members and $55 for non-members.

This amusing, yet sometimes moving musical comedy pokes fun at the curiosities and inevitability of middle age. Regardless of age or gender, everyone will enjoy a comic look at the trials and tribulations of the middle years.

Holocaust Museum and Education Center of Southwest Florida & Hollywood’s Who’s Who in World War II Exhibit – Wednesday, June 18. Travel to Naples for lunch at Season 52. After lunch will be a trip to the museum with a guided tour to explore the role of actors, actresses and athletes in World War II. From the front lines to the concentration camps, the exhibit will highlight iconic men and women that affected or were affected by World War II and the Holocaust. Advance registration due by Monday, June 16.

Games:

Bridge – Monday and Wednesday at 12:30 p.m. Cost is $2.50 for members and $5 for non-members. Prizes are awarded.

Mahjong – Thursday at 12:30 p.m. Cost is $2.50 for members and $5 for non-members. Prizes are awarded.

Tuesday Kayaking – June 3 and 17, 8:30 a.m. There is space for 16 people on eight two-person kayaks and unlimited space for those who own their own kayaks. Island Seniors, Inc. will provide kayaks, paddles and life jackets. Bring water, a small snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is $5 for members and $10 for non-members. Advance registration is required.

Fitness Classes

Classes are available and all ages are welcome. Cost is $3.50 for members and $6 for non-members. Annual membership is $20. Sanibel Recreation Center members must show their membership cards to attend.

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. This class keeps your brain fit and your heart, lungs and muscles strong with a combination of aerobics and muscle conditioning exercises and balance. Hand weights, stretch cords and your body weight will be used. Class begins with a joke and ends with a positive thought for the day. Silvia Villanueva is the instructor.

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Mahnaz Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Mats are used to meet the needs of varying experience levels. Bring a towel. Kris Brown is the instructor.

For more information on programs or to join Island Seniors, call 472-5743 or stop by 2401 Library Way.
Many people may look upon the Sanibel-Captiva Lions Club as one of the most visible community service organizations on the island. And that is certainly true... especially when you consider most of the time, Lions are seen dressed in their signature bright yellow polo shirts and baseball caps.

But given that one of the club’s primary goals is to provide free glaucoma screenings (along with screenings for diabetes, blood pressure and hearing), you could say that the Lions main focus – no pun intended – is ensuring that the community takes care of their eyesight.

“We do vision and hearing screenings every month at the Sanibel Recreation Center, and they’re open to everyone from preschoolers to adults,” said Kurt Peters, first vice president of the San-Cap Lions Club. “We also check for diabetes and blood pressure, too. In all, we perform about $350 worth of medical screenings free of charge.”

In addition, the Lions collect all sorts of eyeglasses – clear, prescription and sunglasses included – along with eyeglass cases and hearing aids, in working or broken condition. Between 300 and 400 pieces are boxed and shipped to the Lions national processing facility in Indiana, where they are repaired and refurbished, then sent out to clinics in need throughout the United States.

“From Sanibel and Captiva, we ship...” continued on page 54
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Florida continues to be the most dangerous state in the nation for pedestrians, and Lee County’s numbers are among the worst for Southwest Florida. According to a new report released by the National Complete Streets Coalition. From 2003 through 2012, 5,189 people were killed while walking in Florida, with 163 of those in Lee County.

The report, Dangerous By Design 2014, ranks America’s major metropolitan areas according to a Pedestrian Danger Index (PDI) that assesses how safe pedestrians are while walking. The top four deadliest major metropolitan areas in Florida are in Florida – Orlando, Tampa, Jacksonville and Miami. The report also found that the majority of those deaths likely could have been prevented with safer street design.

While the Cape Coral-Fort Myers metro area is not among the 51 largest metro areas that were ranked by PDI, the report presents data on pedestrian fatalities in every U.S. metro area and every county, including Lee County. According to the report, Lee County’s pedestrian fatality rate was 78 percent higher than the national average during the decade of 2003-12. Lee County’s rate was 2.77 pedestrian fatalities per 100,000 people, compared to 1.56 nationwide and 2.83 for Florida overall. In Lee County, there were 163 pedestrian deaths during the last decade, comprising 16.9 percent of all traffic fatalities – 37 percent higher than the national average (12.3 percent), but slightly below the Florida average of 17.7 percent.

The report looks at the annual pedestrian death rate (per 100,000 people) for the past five years (2008-12) in the 20 metro areas in Florida, including the Cape Coral-Fort Myers area, and shows that our area ranked in the bottom 20 percent of Florida metro areas for pedestrian death rate (ranked 18th out of 20). This is a major improvement over the 2011 report, when our metro area ranked fifth out of 20 when ranked by fatality rate. A key difference is that the data set eliminates the period of 2005-07, which saw record high pedestrian fatalities in Lee County.

In terms of Lee County’s ranking compared to all 67 Florida counties, Lee County’s pedestrian fatality rate for the 10-year data period covered (2003-12) ranked 31 out of 67 counties, above both the state and federal averages and highest of Southwest Florida’s coastal counties. This is a significant improvement over the 2011 report, when Lee County ranked 17th out of 67 counties.

While Lee County’s relative rankings within the state may have improved, it’s important to remember that our pedestrian fatality rates and percent of all traffic deaths that are pedestrians far exceed the national averages.

Compared to the 2011 Dangerous By Design (which used 2000-09 data), Lee County’s performance made moderate improvements relative to both national and Florida numbers (see attached table). This is tempered by the knowledge that the county’s performance worsened in 2013, when Lee County had a record 24 pedestrian fatalities—the highest since 2005 (which saw a record 32 fatalities).

While the Dangerous By Design report only focused on pedestrian fatalities, bicycle fatalities are also of great concern – and in fact, Lee County’s performance relative to both the nation and Florida is far worse than our pedestrian record.

During the same period (2003-12), bicycle fatalities represented 4 percent of all traffic fatalities in Lee County – double the national average and one-third higher than the Florida average. The bicycle fatality rate was 0.66 per 100,000 population – three times the national average and 53 percent higher than Florida’s average.

The majority of pedestrian deaths occur on roadways that are dangerous by design – engineered for speeding traffic with little to no provision for the safety of people walking, biking or using public transit. As the report points out, Florida grew in the post-war period, mostly through rapid spread of low-density neighborhoods that rely on wider streets with higher speeds to connect homes, shops and schools – roads that tend to be more dangerous for people walking. Seventy-three percent of pedestrian deaths in Florida were on roads where the posted speed limit was 40 mph or greater (compared to 61.3 percent nationally). In Lee County, the percent was even greater – 81.8 percent.

Pedestrian safety is often perceived as a strictly local issue but, for decades federal dollars have been invested in thousands of miles of state and local roads in the heart of communities. In fact, 68 percent of all pedestrian fatalities over the past decade occurred on federal-aid roads – roads that follow federal guidelines and are eligible to receive federal funds.

“Older adults have the greatest fatality rate of any group,” said AARP Florida State Director Jeff Johnson. “Although Florida has made strides to address pedestrian fatalities in the last few years, there is clearly much more work to be done to make Florida streets and highways safer for all pedestrians. AARP stands ready to work with Florida state, county, city and advocacy groups to make our streets safer for all.”

The Dangerous By Design report includes recommendations for federal, state and local officials to help communities save lives and improve the safety and comfort for everyone who uses the roadways. Since the last report in 2011, Lee County has undertaken some of these recommendations. First, the county’s adoption of a complete streets policy and implementation plan in 2009 serves as the critical long term framework for making our streets safer for all users. In 2011, the Lee County MPO adopted its first ever countywide bicycle and pedestrian master plan, followed by a countywide bicycle and pedestrian safety action plan in 2013. This action plan includes many improvements highlighted in the national report. The plan also takes a collaborative approach, bringing together transportation, public health, law enforcement agencies and advocates to work on these problems.

Southwest Florida Statistics

<table>
<thead>
<tr>
<th>County</th>
<th>Total Fatalities 2003-2012</th>
<th>Total Pedestrian Fatalities 2003-2012</th>
<th>Percentage of traffic deaths that were pedestrians 2003-2012</th>
<th>Annual pedestrian deaths per 100,000 pop.</th>
<th>State rank 2003-2012</th>
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<tbody>
<tr>
<td>Hendry</td>
<td>162</td>
<td>14</td>
<td>6.80%</td>
<td>3.66</td>
<td>11</td>
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<tr>
<td>State total</td>
<td>29,302</td>
<td>5,189</td>
<td>17.70%</td>
<td>2.83</td>
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<tr>
<td>Lee</td>
<td>964</td>
<td>163</td>
<td>16.90%</td>
<td>2.77</td>
<td>31</td>
</tr>
<tr>
<td>Charlotte</td>
<td>282</td>
<td>38</td>
<td>13.50%</td>
<td>2.4</td>
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<tr>
<td>Collier</td>
<td>487</td>
<td>53</td>
<td>10.90%</td>
<td>1.6</td>
<td>56</td>
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<tr>
<td>Glades</td>
<td>60</td>
<td>2</td>
<td>3.30%</td>
<td>1.6</td>
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<tr>
<td>U.S. total</td>
<td>383,489</td>
<td>47,025</td>
<td>12.30%</td>
<td>1.56</td>
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</tr>
</tbody>
</table>

To review the Florida report, which contains data at metro and county level, click here: www.smartgrowthamerica.org/dangerous-by-design/state-statistics.
Link to interactive map of fatalities: www.smartgrowthamerica.org/dangerous-by-design/map

National, Florida and Lee County’s Pedestrian Fatality Trends:


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<th>Total Pedestrian Fatalities</th>
<th>% of traffic deaths that were pedestrians</th>
<th>Annual pedestrian deaths per 100,000</th>
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<th>Total Pedestrian Fatalities</th>
<th>% of traffic deaths that were pedestrians</th>
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<td>2011 Report</td>
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<td>2014 Report</td>
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<td>National</td>
<td>47,700</td>
<td>11.6%</td>
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<td>47,025</td>
<td>12.3%</td>
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<td>Florida</td>
<td>5,163</td>
<td>16.7%</td>
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<td>3.4</td>
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<tr>
<td>Lee</td>
<td>178</td>
<td>17.0%</td>
<td>3.4</td>
<td>163</td>
<td>16.9%</td>
<td>3.4</td>
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Percentage than higher national:

|                |                            |                                         |                                     |                |                            |                                         |                                     |
|----------------|---------------------------|------------------------------------------|                                     | 2011 Report    |                            |                                         |                                     |
| Florida        | +44%                       | +88%                                     | +44%                                 | +81%           |                            |                                         |                                     |
| Lee            | +47%                       | +113%                                    | +44%                                 | +37%           |                            |                                         |                                     |


Submitted by Ken Gooderham

To review the Florida report, which contains data at metro and county level, click here: www.smartgrowthamerica.org/dangerous-by-design/state-statistics.
Link to interactive map of fatalities: www.smartgrowthamerica.org/dangerous-by-design/map
“The key now is for each local jurisdiction and agency leaders to implement the approved action plan,” said Darla Letourneau with BikeWalkLee, a local coalition working to encourage complete streets in Lee County. “It will take commitment and sustained leadership to implement this plan, but it is vital to the safety and quality of life of our citizens that our unacceptably high pedestrian and bicycle fatalities and injuries be greatly reduced.”

Florida and Lee County have a long way to go to improve the safety for all road users, but we’re on the right path. We look forward to the day when Florida no longer holds the dubious distinction as the most dangerous state in the nation for both pedestrians and bicyclists.

- To view the full report, visit www.smartgrowthamerica.org/documents/dangerous-by-design-2014/dangerous-by-design-2014.pdf
- To review the Florida report, which contains data at metro and county level, visit www.smartgrowthamerica.org/dangerous-by-design/state-statistics.
- Link to interactive map of fatalities: www.smartgrowthamerica.org/dangerous-by-design/map.

Over the past decade, Lee County has received millions in funding from the federal Transportation Alternatives program (and its predecessor programs), which have supported sidewalk and bike path projects throughout the county that have made it safer for pedestrians, as well as cyclists. In September 2013, the Lee MPO was successful in winning a $10.4 million federal TIGER grant for its complete streets initiative project, which will close gaps in the county’s pedestrian and bicycle infrastructure and improve safety of our roadways. Closely tied to the TIGER grant is the Lee MPO’s Bicycle Pedestrian Safety Action Plan (BPSAP) adopted in September 2013, aimed at greatly reducing pedestrian and bicycle fatalities and injury crashes through a wide range of recommended activities – from education, engineering to enforcement. Visit www.leempo.com/documents/BikePedSafetyActionPlanSept2013.pdf; pages 8 to 11 has the 18 specific action items.

State Steps Up For Safety

As the national report highlights, while the federal government can set the tone for national approach to safety, states have ultimate responsibility for reducing pedestrian and bicycle fatalities and injuries. The year 2011 was a turning point for Florida, when the Florida Department of Transportation (FDOT) decided the state had to take action to shed its ranking as worst in the nation. In 2011, FDOT Secretary Ananth Prasad launched a statewide pedestrian and bicycle-focused initiative, led by FDOT District 1 Secretary Billy Hattaway. This comprehensive initiative is focused on Florida’s top 10 worst regions, which includes Lee County. For the past two years, FDOT has provided additional assistance and resources to help Lee County in improving pedestrian and bicycle safety.

“Since 2011, there has been a sea change at the state level, with FDOT taking many steps to improve policies, procedures, staffing, and its agency’s culture, and Lee County is benefiting from FDOT’s leadership,” said Darla Letourneau with BikeWalkLee. “We are confident that FDOT’s initiative will make Florida a safer place to walk and bike; however, the results in terms of reduced fatalities won’t show up immediately. Roads that are dangerous by design take years to be modified and improved for pedestrian and bicycle safety, so the task is like turning a battleship, not a rowboat.”

“We are especially looking forward to the soon to be released FDOT complete streets policy and implementation plan and guidance on road diets, context-sensitive-based pedestrian and bicycle design, mid-block pedestrian crossings, and promotion of roundabouts. All of these policies and guidelines will be valuable tools for local agencies working to improve the safety on our streets,” added Letourneau. “We hope that in the future FDOT will also pursue additional policy changes recommended in report, such as reforms in evaluating roadway performance to account for the needs of all travelers, reforms in policy for establishing speed limits to provide local control, and allowing a wider range of guidelines.”

- Southwest Florida statistics

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ISLAND SUN - MAY 30, 2014 | 17

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Two Nesting Sea Turtles Spotted On Sanibel

Most loggerhead sea turtles come ashore at night to lay their eggs. However, twice last week, females were still on the beach at sunrise, finishing up their nesting duties.

On Monday, May 19, Sanibel-Captiva Conservation Foundation (SCCF) sea turtle patrol volunteer Linda Estep was walking her East End zone when she came across a loggerhead finishing up the nesting process.

On Wednesday, May 21, John and Pam Debitetto – regular visitors from Massachusetts – came across a second loggerhead female heading back into the Gulf after nesting on Bowman’s Beach.

For anyone who comes across a nesting sea turtle, please be aware it is against the law to disturb a nesting sea turtle and it is a federal offense to disturb or interfere with a nest. The photos were taken from a safe distance without disturbing the turtle.

Following are some additional guidelines from the Florida Fish & Wildlife Conservation Commission (FWC):

- Though sea turtles usually nest at night, it is very possible for humans to cross paths with nesting sea turtles and hatchlings on their way to the Gulf. If this happens to you, it is important to stay out of the sea turtle’s way.
- Keep your distance, stay quiet, and don’t put your hands on or near the turtle. Any distractions may frighten or disorient them, causing a female to return to the ocean before finishing her nest.
- Light can also cause a major disruption in the natural behavior of the turtles. Don’t use any flashlights, flash photography or video equipment. This can cause a female to false crawl or lead her away from the water.

SCCF’s Sea Turtle Coordinator Kelly Sloan coordinates more than 100 dedicated volunteers who patrol the beaches of Sanibel and Captiva every morning during the May-through-October nesting season. Learn more at www.sccf.org.

Offshore Rodeo Kids Fishing Tournament

Reel in some fun with Ronald McDonald at the Offshore Rodeo Kids Fishing Tournament, to be held on Saturday, June 7 at Port Sanibel Marina, 14341 Port Comfort Road in Fort Myers.

The event kicks off at 10 a.m. with various stations where young anglers will spend time learning, hooking and catching different types of fish. Lunch and a magic show with Ronald McDonald will follow at 11:30 a.m. The tournament is open to the first 50 kids, ages 12 and under, who are pre-registered.

Registration is $20 per child and includes tournament entry, T-shirt, fishing rod, trophy and lunch with Ronald McDonald. To register online, visit www.rmhcswfl.org. For more information, contact Angela Katz at 437-0202. All donations from the tournament will benefit Ronald McDonald House Charities of Southwest Florida.

Send your editorial copy to: press@islandsunnews.com
CROW Case Of The Week:

Teeny Tiny Turtle

by Patricia Molloy

Earlier this month, an injured Florida box turtle was brought into CROW by the Sanibel-Captiva Conservation Foundation (SCCF). The non-profit agency – which actively conducts studies in area water quality, fish populations, native wildlife populations and native plant growth – had been monitoring a select group of Florida box turtles as part of an ongoing study.

Like all patients, the young Florida box turtle, now known as #0900, was given a thorough examination upon arrival to the wildlife clinic. "He came in at only 126 grams with evidence of a predator attack to the left part of his carapace and a small fracture to his plastron," explained Dr. Kristin. "There is a big deficit that is going to take a long, long time to heal."

Found exclusively in North America, there are four subspecies of box turtles found in the U.S. Very little overlapping occurs between the subspecies; the ones found exclusively in peninsular Florida are the Florida box turtle (*Terrapene carolina baur*). Possessing bright yellow and green lines on their carapace (upper shell) and head, this variety of box turtle grows to be approximately 11 cm x 8 cm.

Amazingly, some box turtles are believed to have lived to the ripe old age of 100 years!

While the ultimate goal for all CROW patients is to be released back into the wild, it is not always possible. Dr. Heather Barron, hospital director, will not release any animal that is not well enough to adequately feed itself or protect itself from predator attack in the manner which nature has intended. While she has not entirely given up hope with regard to this tiny turtle, she is looking into an alternative future for the patient.

"We might look at finding someone who wants to keep him as an educational animal, because whatever we put over that area to protect him when he goes out into the wild, will eventually fall off. There’s nothing I can permanently do. As he grows, he will grow out of whatever we put on him," added Dr. Heather.

Until its future home can be determined, CROW will continue to provide critical care for the young box turtle.

Be a good steward of the environment by sponsoring CROW’s patients, as they do not have health insurance to cover their bills. You may specify that your donation be used to help specific patients or species.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

This baby Florida box turtle, patient #0900, is no larger than a silver dollar. Here, it basks under a heat lamp on a dampened towel to ensure proper hydration.
Hello Shoppers of Sanibel,
When you shop Jerry’s of Sanibel you’ll experience much more than just quality grocery shopping. From H2O Outfitters to Sanibel Surf Shop’s flagship store to Sanybel’s Finest and more, there are just enough shops at Jerry’s to turn an ordinary day into an extraordinary day. Before shopping at Jerry’s Foods, you can enjoy PocoLoco’s exclusive ice cream selection from local favorite, Love Boat Ice Cream, or you can get pampered at Sanibel’s only organic spa and salon—Spa•tini Teabar. And our courtyard is a wonderful spot to relax with family and friends; it’s a little piece of paradise teeming with colorful exotic birds! Stop by and say hello!

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The Tarpon Have Arrived
by Capt. Matt Mitchell

After what must have been almost three straight months of windy conditions it finally happened; the wind laid down. Anglers were greeted this week with tarpon fishing conditions we could have only dreamed about for the last month. Slick calm mornings and light afternoon sea breezes are just what the doctor ordered. Although it’s about a month behind schedule at this point, it sure looks like we are going to have a tarpon season after all this year.

With the awesome conditions, it seemed the tarpon appeared and just came out of nowhere. After seeing very few tarpon all month, I saw more rolling like conditions made the fish easy to locate from what seemed like miles away. Tarpon guides and anglers are finally smiling again as the month of frustration tarpon guides and anglers are finally locate from what seemed like miles away.

I had seen the whole of May. Slick mirror like conditions made the fish easy to see. It was the tarpon all month, I saw more rolling and out along the outside of Captiva all the way up to Cabbage Key, along with a few fish in the middle sound in the Demiere Key area. As the water continues to clear up, tarpon fishing should only get better and better.

Returning to a GPS mark on a personal favorite set of sandholes up by Captiva Pass three days in a row, this week we hooked at least two fish every trip. My best morning so far was jumping three tarpon. These tarpon in the sound seemed to be more keyied on eating live pinfish and crabs presented under a float than the cut bait offerings.

Just to watch these tarpon roll and free jump sure makes this fishing much more entertaining and not the grind and boredom it has been for weeks.

Another thing that made fishing these tarpon so cool was the variety of size of fish. Tarpon anywhere from around 40 pounds all the way up to 150-pound plus monsters where in all this mix. After landing a smaller tarpon in the 40-pound range without even having to chase it down, the next bite would often be a full sized model that would scream out 200 yards of line within 30 seconds. Twice this week we got to see the tarpon circle and eat our live baits. Talk about making your heart race.

Nothing makes me happy like getting a client their first tarpon and this week I got to do it two days in a row. Add to that the fact that twice we had to chase the fish through a pack of anchored up fellow guide friends all trying to do the same thing and it simply just does not get much better.

I know we have only had a few calm days in a row but the 10-day weather forecast looks like much of the same as we are getting into our regular weather pattern of light winds and the perfect tarpon fishing set up. The 4:30 a.m. mornings of waking up to howling winds with a tarpon trip booked, knowing your day is pretty much gonna stink before it even starts and will consist of sitting soaking cut baits and hiding from the wind while trying to pull off the next to impossible seem to be over for now. The last few mornings while walking out to the boat at 5 a.m., I have that pep back in my step and am excited about getting out to the tarpon. The long tarpon fishing depression we have all been experiencing is coming to an end as the big numbers we see annually have started to arrive.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.

From page 9

Hurricane Season

from @island_sunsun winsen fairy tale to Island Sun - May 30, 2014

Send Us Your Fish Tales

The Island Sun would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, or email to islandsuncity@aol.com; or call Anne Mitchell at 395-1213.

CLEAR YOUR GEAR
It Catches More Than Fish

Cast carefully to avoid tangling tackle in mangroves

From page 9

Hurricane Season

water temperatures in the equatorial Pacific that enhances hurricanes in the Pacific but boost wind shear in the Atlantic. However, even a quiet season produces a few storms – and if one comes calling, things won’t be so quiet after all.

For more information on ASBPA, go to www.asbpa.org, Facebook or www.twitter.com/asbpa.

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From page 9

Hurricane Season

water temperatures in the equatorial Pacific that enhances hurricanes in the Pacific but boost wind shear in the Atlantic. However, even a quiet season produces a few storms – and if one comes calling, things won’t be so quiet after all.

For more information on ASBPA, go to www.asbpa.org, Facebook or www.twitter.com/asbpa.

From page 9

Hurricane Season

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Rough scallop, *Lindarpecten muscosus* (W. Wood, 1828). The rough scallop derives its common name from the sculpture of micro-scales that impart a coarse aspect to the shell surface. Rough scallops can be found in many shades of oranges, yellows and reds.

In the season 2009-10, rough scallop shells washed ashore in large numbers, mostly in association with the sea sponge *Myxilla incrustans* (Esper, 1905). The association between the rough scallop and sponge is mutually beneficial, as the rough scallop provides a surface for the sponge to attach and many bivalves have all their feeding apparatus on the surface of their shells. Rough scallops can mucify their shells with mucus, which coats the shell surface.

Mussels known as “mollusks.” What is a mollusk? Ever wonder where all of those shells on the beach came from? They were created by animals known as “mollusks.” What is a mollusk, you ask? Come learn about the fascinating life of our local mollusks and have all your questions answered. Join our marine naturalist for this discussion Tuesdays at 2 p.m.

**Weekly Schedule**

- **Friday, May 30** – Marine Naturalist Cruise at 9 a.m.; Exhibit Chat at 11 a.m.; Live Tank Demonstration at 3 p.m.
- **Saturday, May 31** – Marine Naturalist Cruise at 9 a.m.; Exhibit Chat at 11 a.m.; Live Tank Demonstration at 3 p.m.
- **Sunday, June 1** – Exhibit Chat at 11 a.m.; Live Tank Demonstration at 3 p.m.
- **Monday, June 2** – Exhibit Chat at 11 a.m.; Carolyn’s Collection at 2 p.m.; Live Tank Demonstration at 3 p.m.
- **Tuesday, June 3** – Marine Naturalist Cruise at 9 a.m.; Beach Walk at 10 a.m.; Exhibit Chat at 11 a.m.; What Is A Mollusk? lecture at 2 p.m.; Live Tank Demonstration at 3 p.m.
- **Wednesday, June 4** – Exhibit Chat at 11 a.m.; Live Tank Demonstration at 3 p.m.

**Carolyn’s Collection**

Would you pay $300 for a shell? Come see and learn about shells from a collector’s point of view. Her collection is of the gem quality. Learn from an enthusiast every Monday at 3 p.m.; Carolyn’s Collection at 2 p.m.; Live Tank Demonstration at 3 p.m.

**Island Inn Beach Walks**

Join our marine naturalist for a beach walk on the sand near Island Inn on Sanibel. This guided beach walk leaves from Island Inn every Tuesday at 10 a.m. Come learn about the shells, the mollusks who create them, and other marine life that has washed ashore. The cost is $10, and parking at Island Inn is free for beach walk participants. Space is limited. Call 395-2233 to make a reservation. All participants receive a coupon for half-off museum admission.

**Marine Naturalist Adventure Cruise:**

The Bailey-Matthews Shell Museum and Captiva Cruises present an ecological expedition that will educate and excite marine enthusiasts. Join a marine naturalist from the museum for an unforgettable day with a small group aboard the 40-foot sailing catamaran *Adventure*. The trips set sail Tuesday, Thursday, Friday and Saturday at 9 a.m. at South Seas Island Resort on Captiva. The four-hour cruise costs $100 for adults and $75 for children and includes the boat trip, lunch and museum admission.

**Sea Breeze Café**

- Margarita Monday with Danny Morgan and $5 Margaritas 5:30-8:30 pm
- Sanibel Soft Rock Wednesday with Canary & Keys 7-10 pm
- More Live entertainment every Friday and Saturday 7-10 pm
- Happy Hour daily from 5-7 pm with new menu and drink specials

**Pool & Beach Bar**

- Happy Hour daily 3-5 pm with drink specials from $3-$5
- New Happy Hour Appetizer Menu from $3-$8
- Live entertainment every Friday, Saturday & Sunday from 2-5 pm
- Visit our Mermaids every Saturday & Sunday from 2-5 pm

**Open to the Public**


Sundial is on the 40-foot sailing catamaran *Adventure*. The trips set sail Tuesday, Thursday, Friday and Saturday at 9 a.m. at South Seas Island Resort on Captiva. The four-hour cruise costs $100 for adults and $75 for children and includes the boat trip, lunch and museum admission. **Weekly Schedule**

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**Open to the Public**

those of us who have spent several years on Sanibel have probably heard about Brazilian pepper and why the habitat managers try so hard to eradicate the species from our wild lands. As an exotic species that originated from a faraway ecosystem, the introduced landscaping plant eventually out-competed the island’s native plant community to such a large degree that by the mid-’70s most of the island’s interior freshwater wetlands had become a monoculture of the species.

And with lower plant diversity, more complex species declined as well. Yes, it was green, but it wasn’t ecologically healthy.

Then, the island environmentalists began an effort to fix the ecological mistakes made in the past. We partially began an effort to fix the ecological mistakes made in the past. We partially began an effort to fix the ecological mistakes made in the past. We partially began an effort to fix the ecological mistakes made in the past.

Luckily however, there were thousands of seeds of the native species still viable in the ground where the pepper forest had come to dominate and, combined with seed dispersal from less disturbed habitats, those vacant fields were relatively quickly recolonized within a few years. Sanibel’s efforts to restore the island’s preserved land should be something the whole community can be proud of.

Unfortunately, the threat presented by the invasion of exotic species is something the whole world now has to deal with. This issue is such a worldwide problem that scientists from across four continents (Australia, Africa, Europe, North America) have recently proposed a new sort of classification scheme for understanding the risks to biodiversity that alien species represent.

This classification is modeled after the approach taken by the International Union for Conservation of Nature (IUCN) Red List. That list has been used for years to identify those species on the planet most at-risk of extinction. The new “Black List” classifies invasive or alien species based on the level of impact they have on the recipient ecosystem.

“...and why the habitat managers try so hard to eradicate the species from our wild lands.

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“A critical need for invasion biology is the capacity to evaluate, compare and predict the magnitudes of the impacts of different alien species,” wrote the researchers, led by Dr. Tim M. Blackburn of the Zoological Society of London’s Institute of Zoology, “in order to determine and prioritize appropriate actions where necessary.”

The reasoning goes that humans aren’t just impacting the world’s biodiversity by driving species towards extinction; we are also moving species beyond their natural geographic ranges, either intentionally, or sometimes, unintentionally.

When these exotic species are introduced into a new ecosystem, their impact can range from positive to negligible to negative, and when the impact is negative, it can range from minor to severe; such as it was with the Brazilian pepper on Sanibel. Classifying these species according to the magnitude of the harm they can create is a first step towards creating more effective legislation and prioritizing actions more efficiently.

If you have ever left the country and wondered when you came back why the customs form asks if you are bringing plants into U.S. or visited a farm while you were away, now you know why.

Some years back, I took out a grad student on one of my canoe trips who was a botanist. After listening to me go on and on about how humans were always messing things up, he told me a story about how when he and his fellow classmates got together during happy hour at their local drinking establishment, they would sometimes come up with some crazy ideas about how to solve some of the world’s ecological calamities caused by humans.

One of his classmates made the observation that much of North America was being severely impacted by exotic species introduced from Asia. But then he also noted that Asia was being heavily impacted by introduction of species from North America. Then someone suggested that maybe what should be done was to have the scientists from both continents introduce all the plants and animals from one continent into the other; just trade ecosystems. Then, it was theorized, life would simply start all over again and “balance” would be achieved.

I really miss those happy hour discussions from my college days.

Of course, this idea would not be very practical to implement and was only the fanciful thinking of a few grad students influenced by a few too many libations. But the idea does reinforce my premise that life will survive no matter what we humans do to it. Whether we survive the next hundred years as a species, or the next several million, life will evolve into the riches that the Earth’s ecosystems provide for it. And as a naturalist, that is a good thing to have faith in.
Monofilament Line Is Perilous For Pelicans

Fishing is an important part of the Florida lifestyle as well as its economy. In spite of the obvious benefits, this leisure-time activity, on occasion, can lead to problems for birds and other wildlife such as sea turtles and manatees. According to Florida Fish and Wildlife Conservation Commission (FWC) biologists, monofilament fishing line and fishing hooks can entangle these animals, leading to injury and even death.

The brown pelican is one species that is especially impacted by monofilament line. These birds frequently spend time looking for an easy meal at piers and other fishing hotspots, where they are often hooked accidentally when trying to grab bait off an angler’s line. Discarded monofilament line hanging from trees, piers and other structures can ensnare these birds. Once entangled, pelicans can have a difficult time flying and feeding.

“It is not uncommon to find dead pelicans entangled with fishing line and hooks,” said FWC biologist Ricardo Zambrano. “If they are not rescued, these birds may suffer for days before succumbing to injury or starvation.”

Here are some simple things people can do to help protect brown pelicans and other wildlife:
- Properly dispose of monofilament line. Store unwanted line safely and securely until it can be placed in a recycling bin.
- Don’t leave fishing line unattended, as pelicans may be tempted to steal the bait on the end of the line.
- Avoid casting near trees, utility lines and other areas where line may get caught.
- Check tackle frequently for frayed line that may easily break.
- Do not feed pelicans or other wildlife, since it encourages them to approach fishing boats, piers and anglers. If available, use fish-slap repositories. If they are not available, discard fish scraps in a garbage can or at home.

If you do accidentally hook a pelican, you should avoid cutting the line. Gently remove the hook if you feel confident you can do so without causing harm to yourself or the bird. If you cannot safely remove the hook and line from the pelican, contact a local wildlife rehabilitator. For a list of wildlife rehabilitators in your area, contact any of the FWC’s five regional offices or visit MyFWC.com/Conservation and select “How You Can Conserve” then “Wildlife Assistance.”

For more information on the statewide Monofilament Recovery & Recycling Program, visit mrrp.MyFWC.com/.

Wednesday, June 5 – Marine Naturalist Cruise at 9 a.m.; Exhibit Chat at 11 a.m.; Shell ID Clinic at 2 p.m.; Live Tank Demonstration at 3 p.m.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.

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Sanibel-Captiva Conservation Foundation

Snowy Plovers Are Nesting

Have you ever wondered about the staked nests on the beach or the families of birds with tiny chicks running around? Do you simply want to know which of the birds on the beach actually is a snowy plover? The Sanibel-Captiva Conservation Foundation (SCCF) will offer a program on Tuesday, June 3 at 1:30 p.m. to learn about the biology of the snowy plover, the threats to their survival, and the ongoing research and conservation efforts on Sanibel. The cost of the program is $5; SCCF members and children are free.

Snowy plover chick

photo by Paul Wellman

Nesting Statistics

The Sanibel-Captiva Conservation Foundation reported sea turtle activity as of May 23:

Sanibel East – 10 nests, 10 false crawls
Sanibel West – 37 nests, 61 false crawls
Captiva – 15 nests, 14 false crawls

Two of the false crawls this week were from green sea turtles (one on Sanibel East and one on Sanibel West).

As of May 23, the nest total for snowy plovers is 12:

• Four are active with eggs
• Three have hatched; two with two chicks, one with three chicks
• One was lost due to human interference
• Three were lost due to predation
• One was lost either due to abandonment or depredation.

False crawl – a failed nesting attempt.

Call SCCF at 472-2329 for more information on these programs unless otherwise indicated.

Sanibel-Captiva Conservation Foundation is located at 3333 Sanibel-Captiva Road.

Snowy plover chick

photo courtesy of Hugh McLaughlin

Snowy plover chicks

photo by Hugh McLaughlin

Sea turtle tracks

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An Inside Look At Wildlife Recovery

The CROW Picture Show presents informative anecdotes about the native and migratory wildlife species brought to CROW (Clinic for the Rehabilitation of Wildlife), along with photos of patients admitted to the facility.

In 2013, CROW’s wildlife hospital cared for 3,391 sick, injured and orphaned animals. Of the 200 different species, 60 percent were birds, with 33 percent mammals and seven percent reptiles.

CROW is not permitted to display its patients publically, so this presentation offers the next best thing: numerous candid snapshots of current and past patients with commentary by Claudia Burns, a veteran clinic volunteer.

The next CROW Picture Show is on Friday, June 6 at 11 a.m. in CROW’s Visitor Education Center at 3883 Sanibel-Captiva Road, across from The Sanibel School. Admission is $5 for adults, $3 for teens, free for members and children 12 or under. The entry fee also includes access to the Visitor Education Center, which exhibits CROW’s efforts to save wildlife through care, education and collaboration.

For more information, call 472-3644, ext. 228. To learn more about CROW, visit www.crowclinic.org.

Baby softshell turtle

Baby gopher tortoise soaking

Injured baby gopher tortoise

Baby turtles soaking

photo(s) courtesy of CROW

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CLOSED FOR LUNCH UNTIL FALL
Encouraging Responsible Use Of Fertilizer

Ten Southwest Florida counties, municipalities and organizations have joined to engage and educate the citizens of Southwest Florida on the responsible use of fertilizer. The unique consortium consists of Lee County, City of Sanibel, City of Bonita Springs, City of Fort Myers, Town of Fort Myers Beach, City of Cape Coral, Charlotte County, South Florida Water Management District, Sanibel & Captiva Chamber of Commerce and Sanibel-Captiva Conservation Foundation.

“The purpose of the campaign is to provide information on how over-fertilization impacts our water quality, our quality of life and the local economy,” said Larry Kiker, chairman of the Lee County Board of County Commissioners. “We want to encourage Southwest Florida citizens to limit the use of fertilizer or at least apply fertilizer properly.”

As a result of perceived limited knowledge of the relationship between poor landscaping practices and degraded water in general, the campaign will inform and educate the public about how nutrient loading negatively affects waterways as well as compliance with applicable fertilizer ordinances.

To launch the multi-media campaign, a slime monster character was created to spread the word about importance of fertilizing properly.

“The slime monster symbolizes the effect of over-fertilization and runoff,” said Kevin Ruane, mayor of Sanibel. “Our consortium is committed to helping inform Southwest Florida on the dangers of ‘feeding the monster.’”

To help publicize the program and message to “don’t feed the monster,” the partnership is utilizing broadcast, print and social media with in-store signage.

Organizing the consortium and raising funds for the outreach effort was led by Sanibel City Councilman Mick Denham, who noted that he is pleased with this cooperative effort by all the counties, municipalities and nongovernmental agencies.

“I hope we can increase the members in the future which will enable us to continue to share this critical message,” said Denham.

“We all must be smarter with the use of fertilizers in our gardens and landscapes,” added Kiker.

For community fertilizer regulations or additional information, visit www.FertilizeSmart.com.

Shell Found

Kent Chapman of Calgary, Alberta found a shell in the rolling surf off of West Gulf Drive on May 20. Chapman was a resident of Sanibel from 1971 through 1985, and comes back annually to visit for 10 days.

Fish Caught

Charlie and Charlene Thompson from Wisconsin caught a 26-inch redfish on white bait while fishing with Sea Reed Charters.

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Poet’s Corner

selected by Tanya Hochschild

White Wings And Perseverance
by Sawyer Michaelson

The little big bird seagull,
Flying down the beach.
An orange beak,
with white wings.
A basic but fitting outfit.
Over the sand, a majestic shadow.
Under the sun, your big strong brother.
Keep on flying.
In and back between the waves.
Dive down in the water.
Pulling out a snack.
Look at the little seagull,
king of all the fish.
White Wings And Perseverance
by Di Saggau

I recently heard Florida author Karna Small Bodman speak at Continental Women’s Club, where I bought her newest book Castle Bravo. It was so intriguing I read it in one day. The topic is the terrorist threat of an EMP, Electro-Magnetic Pulse. Such an attack would cripple the country resulting in a complete breakdown of society. I contacted Bodman and asked if this could happen and are we prepared if it did? She said, “Not at all. Certain government facilities are “hardened” against an EMP attack but the rest of us are not protected at all. We’re completely vulnerable. This is one of the scariest scenarios I can imagine and that’s why I wrote about it in Castle Bravo. I’m trying to call attention to this very real national security threat.”

In the novel, White House Director of Homeland Security Samantha Reid receives intelligence about the creation of an Electro-Magnetic Pulse, sending shock waves that would fry all electronics on the ground in its line of sight. It would set us back to the year 1910.

“We would have no communications, internet, electricity, refrigeration, sanitation or transportation,” Bodman said. “Don’t think our enemies aren’t researching this option. Our electric utilities need to harden the grids, purchase backup equipment and we also need to harden other facilities. We could do a lot of this for around $2 billion, a mere pitance compared to the utter devastation that would occur. We need to contact our members of Congress as well as our utility companies and ask them to pay attention.”

Sanibel Library Awarded Certificate Of Excellence

The Sanibel Public Library received a TripAdvisor Certificate of Excellence award. The accolade, which honors hospitality excellence, is given only to establishments that consistently achieve outstanding reviews on TripAdvisor, and is extended to qualifying businesses worldwide. Establishments awarded the certificate of excellence are located all over the world and represent the upper echelon of businesses listed on the website.

When selecting certificate of excellence winners, TripAdvisor uses a proprietary algorithm to determine the honorees, which takes into account reviews ratings. Businesses must maintain an overall TripAdvisor bubble rating of at least four out of five, volume and recency of reviews. Additional criteria include a business’ tenure and popularity ranking on the site.

“There is no greater seal of approval than being recognized by one’s customers. With the TripAdvisor Certificate of Excellence based on customer reviews, the accolade is a remarkable vote of confidence for the library and its continued commitment to excellence,” said library director Margaret Mehundro. The library board of commissioners and staff appreciate all of the Sanibel Public Library patrons and visitors who have taken time to write about their personal experiences and impressions of the library.

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Sanibel Library Awarded Certificate Of Excellence
Photo Exhibition Of Pioneer Now On Display At Historical Society

The Southwest Florida Historical Society has a marvelous, never before seen collection of Lorraine Heitman photographs on view at their Fort Myers headquarters and research center on the campus of the Alliance for the Arts. Heitman, who was born in 1908, was the daughter of two pioneer Southwest Florida families.

Her father, Harvie, was perhaps the most influential early developer of Fort Myers, particularly the downtown area. Her mother, Florida Shultz Heitman, was the daughter of George Shultz, who operated the famed Tarpon Hotel at Punta Rassa.

The exhibit includes photos of Lorraine as a child and others from the 1920s and 1930s. The collection is courtesy of local historian, writer and society board member Kathryn Wilbur. The exhibit runs through Saturday, June 28.

There is no admission charge. The Southwest Florida Historical Society, a non-profit organization run by volunteers, is located at 10091 McGregor Boulevard in Fort Myers. Hours of operation are from 9 a.m. to noon and 4 to 7 p.m. on Wednesday and from 9 a.m. to noon on Saturday. For more information on events, monthly meetings and membership, call 939-4044.

Lorraine Heitman portrait circa 1925

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An associate’s problem could cause unavoidable obligations and your career responsibilities. You’ve learned from the experience to try again. Get yourself back on track and use what you’ve upsetting. But don’t let it discourage you. Get a new career direction might be seen by some as a more difficult experience than you expected. Don’t hesitate to ask for advice in coping with some of the more irksome challenges.

THIS WEEK IN HISTORY

- On June 7, 1692, a massive earthquake devastates the infamous town of Port Royal in Jamaica, killing thousands. A large tsunami hit a makeshift Fort Necessity, near present-day Pittsburgh. The fort was built to defend his forces from French soldiers enraged by the murder of Ensign Joseph Coulon de Jumonville while in Washington’s custody. If you’re like the average American, you will consume 22 pounds of lettuce this year.
- On June 3, 1754, George Washington begins construction of his headquarters for piracy and smuggling. This was a stepping stone to future transparency-oriented legislation, including the Freedom of Information Act, passed in 1966.
- On June 6, 1971, after more than two decades of weekly productions, “The Ed Sullivan Show” airs for the final time. The show is now remembered most for providing one of them was installed in the ceiling over Tunnicliffe’s City Hotel near the also half-finished Capitol building.

THOUGHT FOR THE DAY

“It is far better to grasp the universe as it really is than to persist in delusion, however satisfying and reassuring.” — Carl Sagan

FOR WEEK OF JUNE 2, 2014

ARIES (March 21 to April 19) There’s nothing an Aries Lamb likes less than having to tackle a humdrum task. But finding a creative way to do it can make all the difference. A more exciting time awaits you this weekend.

TAURUS (April 20 to May 20) Finishing up a job on time leaves you free to enjoy your weekend without any Taurean guilt pangs. A romantic attitude from an unlikely source could take you by surprise.

GEMINI (May 21 to June 20) Moving in a new career direction might be seen by some as risky. But if you have both the confidence to see it through and the facts to back you up, it could prove rewarding.

CANCER (June 21 to July 22) Holding back on a decision might be difficult, considering how long you’ve waited for this opportunity. But until you’re able to resolve all doubts, it could be the wiser course to take.

LEO (July 23 to August 22) You still need to move carefully where financial matters are concerned. Better for the Lion to move slowly because some of the more irksome challenges.

PISSIS (February 19 to March 20) Getting into a new situation could prove to be a more difficult experience than you expected. Don’t hesitate to ask for advice in coping with some of the more irksome challenges.

LIBRA (September 23 to October 22) The early part of the week could find you looking to balance your priorities between your family obligations and your career responsibilities. Pressures begin to ease by week’s end.

SCORPIO (October 23 to November 21) An associate’s problem could cause unavoidable delays in moving ahead with your joint venture. If so, use the time to look into other projects you had previously set aside.

SAGITTARIUS (November 22 to December 21) Although a financial problem could be very close to being resolved in your favor, it’s still a good idea to avoid unnecessary spending for at least a little while longer.

CAPRICORN (December 22 to January 19) Support for some unwelcome workplace decisions begins to show up, and continues to build, so that by week’s end, the gregarious Goat is as popular as ever.

AQUARIUS (January 20 to February 18) Congratulations. Deciding to attend a social function you might have earlier tried to avoid could turn out to be one of the best decisions you’ve made in a long time.

BORN THIS WEEK: Your strong sense of duty makes you a valued and trusted member of your community. Have you considered a career in law enforcement?

STRAWNG BUT TRUE

- It was beloved “Peanuts” cartoonist Charles Schulz who made the following sage observation: “Life is like a 10-speed bike. Most of us have gears we never use.”
- You might be surprised to learn that some fish can hibernate. During the long, dark winters, the Antarctic cod will burrow under the seafloor and stay there for days at a time, cutting its metabolism by two-thirds.
- The name of the state of Wyoming comes from the Algonquian word chwewamink, which translates as “at the big river flat.”
- This AQUARIUS was in the practice was dubbed “gerrymandering.”
- Even the world’s best high jumper is unable to stay in the air for more than a single second.
- Before he became a comedian and actor, Bob Newhart worked as an accountant at the Illinois State Unemployment Office.
- Those who keep track of such things say that Elvis Presley had 18 TV’s at Graceland. One of them was installed in the ceiling over his bed.

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RESTAURANTS

The variety of dining options on Sanibel and Captiva just keeps getting better. For their size, the islands offer an extensive culinary array – all making the most of the area’s fresh and abundant seafood and local produce. You’ll find everything from burgers to barbecue, bistro style, Italian, Mexican, American, classic deli fare, organic, vegan, gluten-free, café food and Caribbean.

In this column, each week you will be able to stay updated on our local dining establishments and what they’re offering and get the scoop on the island dining scene, whether it’s fine or casual, take-out or frozen desserts.

AMONG THE FLOWERS CAFE

Among the Flowers Cafe Gifts and Bakery in Tahitian Gardens, Sanibel, features fresh smoothy and green juices by Chelsea, and ice cream, pizza, french croissant featuring special sandwich like lox and cream cheese, eggplant caprese towers, fresh gluten free vegan soups, smoked turkey and brie, espresso bar, crafted coffees, as well as quality Italian and French breads, desserts, and lasagnes along with vegan and gluten-free options. You’ll also find made-to-order specialty cakes and cupcakes and party planning and catering is offered for the Sanibel island scene, established long before a causeway linked Sanibel to the mainland.

The bakery has freshly made donuts, scones and breads. The deli offers a variety of hot foods for breakfast, lunch and dinner, as well as catering services for special events. Services include shopping for your groceries and delivering them to your home or vacation destination. If you are on a gluten-free diet, pick up the entrance to the supermarket.

The Coffee Bar at Bailey’s serves espresso based drinks, hot chocolate, smoothies and specialty coffees.

BLUE GIRAFFE

Blue Giraffe serves breakfast, lunch and dinner from 10 a.m. to 9 p.m. This restaurant offers casual island dining seven days a week from a menu featuring fresh local seafood, Chowdies, salads and steaks. Besides dessert choices, you can get hand-dipped Edy’s Grand Ice Cream.

Dine outside on the boardwalk or inside at hand-painted tables decorated by a local artist, or sit at the full liquor bar for a mixed drink, glass of wine or cold beer.

CROW’S NEST AT ‘TWEEN WATERS INN

The Crow’s Nest at ‘Tween Waters Inn is a more casual place than its sister the Old Captiva House. It’s home to the famed Captiva Crab Races on Mondays and Thursdays and is a popular venue for live entertainment on Fridays and Saturdays. There is a nightly happy hour.

DOCTOR FORD’S RUN BAR & GRILLE

Doc Ford’s Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White’s best-selling mystery novels. This summer, in addition to its Sanibel restaurant, Doc Ford’s added a Captiva location, in Chadwick’s Square.

It’s a well known gathering place and tropical theme sports bar with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar planked salmon topped with a mango chutney glaze or a marinated grilled chicken sandwich. The fish tacos are an island favorite and there’s a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito.

GEORGE & WENDY’S SEAFOOD GRILLE

George & Wendy’s Seafood Grille features live music Fridays and Saturdays and Karaoke on Thursdays. Specials include prime rib on Tuesdays for $18, snow crab legs on Wednesdays for $18, and Friday night fish fry, $15.

Happy hour is celebrated from 11 a.m. to 6 p.m. The full bar has an extensive wine list, 20 beers on tap, local, domestic and craft beer, mojitos, martinis and tropical favorites. Football specials are served in the bar area during NFL games and Saturday college games. Food specials include 50-cent wings, $1.50 sliders and $2 chili cheese jumbo hot dog. For $5, choose from pretzels with beer cheese, chicken quesadilla, jalapeno poppers, loaded cheese fries or bratwurst. Cheese flatbread is $6.

Drink specials include $1 Jello shots, $2 drafts of Bud Light and Yaugling, $2 bottles of Bud Light, Coors Light, Miller Lite and Rolling Rock, and $2 off all wines by the glass. Bloody Marys are $3. There are free Jello shots with each Chicago or Buffalo touchdown.

Hours are 11 a.m. to midnight seven days a week.

GREEN SHARK

The Green Flash has marvelous waterfront views of Captiva’s bayside and Pine Island Sound. The Green Flash was built on the site of the historic “Kirby’s Nook”, opened in 1950. Fittingly, seafood dominates the menu, although other options are offered as well. The Green Flash is easily navigable by boat and is located southwest of Marker 38 on the Intracoastal Waterway.

Hours are daily from 11:30 a.m. to 3:30 p.m. for lunch and 5:30 to 9:30 p.m. for dinner.

GREAT WHITE GRILL

The Great White Grill is a sports bar featuring 29 beers on tap and a good wine list. It’s home of The Steel Curtain Pizza. There’s free pizza delivery too. The Great White carries the TV Baseball package and the NFL package for sports enthusiasts and has arcade games for kids of all ages.

The regular menu includes hand-cast fresh dough pizza, wings, fries, chicken fingers, salads, gyros, sandwiches and burgers. Check out the Pittsburgh Salad, which consists of grilled chicken, French fries, cheddar cheese, cucumbers, tomatoes and onions on a bed of lettuce.

GREENHOUSE GRILL

The Greenhouse Grill offers happy hour pricing on a special appetizer of the day as well as beer and wine by the glass from 4 to 6 p.m. daily. The menu stretches from fresh salads, homemade soups and grilled black Angus burgers to pasta, steaks and fresh seafood. A must-have is the signature dish of the house, bouillabaisse, a medley of six seafoods prepared in a light broth of fresh aromatic herbs. All meals focus on fresh seasonal ingredients.

You can sit under the market umbrellas on the continued on page 36
From page 35

Island Fare

pet-friendly patio or inside the quaint and casual dining room.
The grill is open daily from 10:30 a.m. to 9 p.m. Reservations appreciated and carry out orders are welcome.

IL TESORO
Il Tesoro serves authentic Italian food “with the taste and feel of a Tuscan holiday,” according to owner Chef AJ Black. He infuses flavors from the old world to the new world of cooking using only fresh seasonal ingredients to bring his dishes to life. Daily specials focus on pairing authentic meals with a bold array of fine Italian wines.

IL TESORO (The Treasure) serves dinner seven nights a week from 5 to 10 p.m.

ISLAND COW
The Island Cow is a family favorite with its colorful indoor and outdoor seating and live entertainment. “Come as our guests... leave as our friends!” is the motto. The Cow serves breakfast, lunch and dinner featuring fresh local seafood and meats and has an extensive children’s menu. Starbucks coffee is also on the menu. Breakfast is served between 7 and 11 a.m. Hours are 7 a.m. to 10 p.m.

Jarrry’s Restaurant and Deli
Jarry’s Restaurant and Deli in Jarry’s Market is the next best thing to dining in a tropical garden. This family-style restaurant has large windows to view the lush garden with caged tropical birds that are favorites with visitors and residents. Daily specials are offered in the spacious restaurant and you can order a sandwich or hot food from the deli or help yourself at the well-stocked salad bar to take out.

The restaurant is open for breakfast, lunch and dinner from 6 a.m. to 8:30 p.m.

LaZY FLAIMINGO
The Lazy Flamingo is a famed island hang-out with two Sanibel locations: one at 1036 Periwinkle Way, the other - the original - at 6520 Pine Avenue, near Blind Pass. “If our seafood were any fresher, we would be serving it under water!” is the Flamingo’s motto. And that includes, shrimp, grouper, oysters, conch fritters and chowder as well as chicken.

The Flamingo Bread and the Caesar Salad are signature items. Pull up a stool to the rustic bar or take a high or low table. The interior feels like the inside of an old pirate ship with its portholes and hewn wood surfaces. The atmosphere is definitely casual and beer is available by the bottle, on draft or by the pitcher.

MAtZALUNA ITALIAN KITCHEN
In the mood for pizza? Matzaluna Italian Kitchen has a wood-fired oven to bake authentic pizzas, including gluten-free ones. That’s in addition to a big selection including 20 combinations of pasta dinners from $11.95 (including soup or salad and fresh baked bread), affordable veal, tender chicken, Choices meats and seafood (Italian style) in a casual market-like setting. Gluten-free pizza is also available.

Matzaluna recently added craft beers on tap. On Wine Wednesdays, every bottle priced $25 and over will be discounted by $8 all evening. Hours are 4:30 to 9:30 p.m. daily and happy hour is from 4:30 to 6:30 p.m.

Mucky Duck
The Mucky Duck may well be the most famous restaurant on the island due to its longevity and quirky name. Then there’s the fabulous sunsets. Patrons gladly wait on the beach for tables - this place draws crowds - sipping cocktails and beverages until they can take their seats. Reservations are not accepted.

The Duck is open for lunch and dinner, serving fresh seafood, pub-style food, sandwiches, steaks and other items.

Old Captiva House at ‘TWEEN WATERS INN
Old Captiva House at ‘Tweens Water Inn, Captiva, offers romantic sunset dining in an historic setting with live piano music. Executive Chef Jason Miller prepares New Florida island favorites, tropical seafoods, classic meats and daily fresh-baked breads and pastries, served with an extensive selection of wines, liquors and coffees.

First built as a one-room school for children of Captiva’s pioneer settlers, the Old Captiva House still reflects much of its original charm — from white French doors to hardwood floors to the Gulf of Mexico sunset that streams through the western windows. Its collection of famed cartoonist JN “Ding” Darling’s 1930s whimsical vacation illustrations has led to its designation as a landmark in Southwest Florida.

Over Easy Café
Over Easy Café is a pet-friendly place with indoor and outdoor dining for breakfast and lunch. The covered patio is a popular spot. Choose from 22 different Eggs Benedict, scramblers and omelettes, 11 pancakes and French toast choices, 15 egg specialities and wraps, eight salads and 26 sandwiches and burgers, plus baked goods. Beer and wine is available.

Breakfast is served all day. Summer hours are 7 a.m. to 3 p.m.

PocoLoco
Need a pick-me-up? Looking for some downtime? Either way, your best bet is PocoLoco on the tropical courtyard at Jerry’s Center. Indoors or out you will savor gourmet coffee, tea, signature sandwiches, pastries, or a cone of the region’s most popular ice cream. Love Boat. PocoLoco is the Sanibel source for this ice cream and always features a couple dozen delicious flavors. Stop by, sit in the sunshine and chatter with six cheerful parrots for a unique and memorable experience.

RC Otter’s, Cantina Captiva, Sunshine Seafood, Keylime Bistro and Captiva Pizza, Yogurt & Gifts - offer a fun and casual dining experience with a tropical flair reminiscent of Key West. RC Otter’s and Keylime Bistro have live music outdoors most of the day. Cantina Captiva serves Mexican food. Sunshine Seafood Cafe Wine Bar specializes in fine dining with a very respectable wine list. You have your choice of dining inside or outdoors.

Rosie’s Café & Grill
Rosie’s repertoire includes crab cakes, grouper and shrimp entrees and steaks with all the trimmings. Southwestern dishes such as burritos and fajitas, soup and sandwich combos, and salads. Among the most popular items is Rosie’s Famous Cheese Steak made from shaved rib eye, grilled mushrooms, onions and green peppers. Ultimate Cuban and Classic Reuben, home-made muffins and cinnamon rolls and Key lime pie, root beer floats and banana splits. A children’s menu and carry-out are also available and outdoor seating is available.

Enjoy the leisure lifestyle in this stunning Captiva Gulf front estate featuring Seven bedrooms, Eight + Baths, two 25 ft beamed ceiling living areas, two kitchens, pool, spa, elevator, and guest house.

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Scoop ice cream. and salsa and $5.50 wings and chicken tenders. The happy hour is from 3 to 6 p.m. seven days a week
starts at $4.50 for items such as nachos with cheese and salsa and $5.50 wings and chicken tenders. The ice cream bar has 20+ flavors of locally made Royal Scoop ice cream.

SANIBEL BEAN
The Sanibel Bean coffee shop is java central on Sanibel Island. With its indoor and outdoor seating and free wi-fi, it’s a popular venue for laptop-toting coffee lovers to relax and check their inboxes, have breakfast or lunch or recharge the batteries in the afternoon.

Besides a big selection of coffee from around the globe and a variety of coffee drinks, The Bean has tea and other beverages and a variety of hearty sandwiches, pastries and muffins, plus other light fare.

SANIBEL DELI & COFFEE FACTORY
Sanibel Deli & Coffee Factory offers a gluten free menu in addition to regular choices, along with pizza and wings, Boar’s Head meats, frozen yogurt and ice cream. There is indoor seating as well as outdoor tables shaded with umbrellas, and free wi-fi.

SANIBEL GRILL
The Sanibel Grill has 19 big screen TVs with satellite TV tuned to every televised sporting event. The Grill shares a kitchen with The Timbers, serving the same fresh seafood, along with burgers, sandwiches, pizzas and salads. Crunchy Grouper and Crunchy Shrimp are signature dishes.

SANIBEL SPROUT
The Sanibel Sprout is the place to go for organic, vegetarian, gluten-free take-out. All food is prepared by The Sprout’s own vegan gourmet chef Nikki.

To complement the food, The Sprout features an organic, sugar-free and dairy-free juice and smoothie bar.

Favorite dishes include Vegan Lasagna, Mexican Salad, Zucchini Pesto Pasta, Indian Curry. Quinoa Salad and Untuna Sandwiches. Desserts include Lemonylicious Tart, Fresh Berries with Cashew Creme, Raspberry Cacao Truffles, gluten-free brownies and The Sprout’s popular Sproutacino Smoothie. Last but not least, there’s always good coffee and a pot of tasty soup.

Healthy Happy Hour is Fridays from 4 to 6 p.m., when juices and smoothies are half price.

Talk to Chef Nikki about her 30-Day Vegan Challenge, for weight loss, optimal health or just a month of no cooking.

SANIBEL DELI & COFFEE FACTORY
Sanibel Deli & Coffee Factory offers a gluten free menu in addition to regular choices, along with pizza and wings, Boar’s Head meats, frozen yogurt and ice cream. There is indoor seating as well as outdoor tables shaded with umbrellas, and free wi-fi.

SUNDIAL BEACH RESORT & SPA
At Sundial Beach Resort & Spa, all restaurants and bars are open to the public. Waterview is open for dinner on Friday and Saturday from 5 to 10 p.m. with panoramic views of the gulf. The signature dish is Clay Pot Baked Mediterranean Gulf Grouper.

Sea Breeze Café offers breakfast, lunch and dinner seven days a week, serving a combination of classic tavern fare and innovative entrees, salads and sandwiches. Indoor gulf view or outdoor terrace dining. Breakfast is from 7 to 11 a.m. and an all-day menu is available from 11 a.m. to 10 p.m.

Pool & Beach Bar is open from 11 a.m. to 7 p.m. daily. Food, tropical drinks, imported and domestic beers, and an array of popular wines are available. Entertainment is offered on select dates on the pool deck. The All-American-Poolside Buffet is held every Saturday from 1 to 4 p.m.; $19.95 for adults, $9.95 for children 5 to 12, kids under 3 dine free.

Happy hour is daily from 3 to 5 p.m. at Pool & Beach Bar and from 5 to 7 p.m. at the Sea Breeze Café with appetizers from $3 to $8 and beverages from $3 to $5.

Register to win an Escape Weekend at Sundial Beach Resort & Spa. Entry forms are located at each resort restaurant.

TIMBERS RESTAURANT & FISH MARKET
The Timbers Restaurant & Fish Market and the adjoining Sanibel Grill are mainstays of the island dining scene, boasting 35 years of fresh fish on Sanibel Island. The restaurant offers 13 dinners for $15 daily (except Sunday, when it’s 2 p.m.)

The Timbers Restaurant & Fish Market is java central on Sanibel Island. The restaurant offers 13 dinners for $15 daily (except Sunday, when it’s 2 p.m.)

TRADERS STORE & CAFE
Traders is unique in that it combines a bustling restaurant with a large shopping emporium selling casual clothing, jewelry, accessories, home decorating and gift items, books and lamps.

The restaurant serves bistro style food with an island flair with offerings such as black beans and rice, blackened fish and fresh salads from an open kitchen. There’s no fryer in this place!

The tables are freshly wrapped in white paper for each party and there’s a pot of colored crayons for doodling, whether you’re an adult or a child. Traders has been around long enough to have become a favored local hang-out. Lunch is served from 11 a.m. to 3 p.m., happy hour 3 to 6 p.m. and dinner 5 to 9 p.m. There’s live music from 7 to 10 p.m. Tuesdays and Thursdays with Danny Morgan and Wednesdays with Chris Workman.

ZEBRA FROZEN YOGURT
The store recently added frozen yogurt to go, by Zebra Frozen Yogurt.

There’s an attractive bar area also serving food and drinks and bars are open to the public. Waterview is open for dinner on Friday and Saturday from 5 to 10 p.m. with panoramic views of the gulf. The signature dish is Clay Pot Baked Mediterranean Gulf Grouper.

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Pool & Beach Bar is open from 11 a.m. to 7 p.m. daily. Food, tropical drinks, imported and domestic beers, and an array of popular wines are available. Entertainment is offered on select dates on the pool deck. The All-American-Poolside Buffet is held every Saturday from 1 to 4 p.m.; $19.95 for adults, $9.95 for children 5 to 12, kids under 3 dine free.

Happy hour is daily from 3 to 5 p.m. at Pool & Beach Bar and from 5 to 7 p.m. at the Sea Breeze Café with appetizers from $3 to $8 and beverages from $3 to $5.

Register to win an Escape Weekend at Sundial Beach Resort & Spa. Entry forms are located at each resort restaurant.

The Timbers Restaurant & Fish Market and the adjoining Sanibel Grill are mainstays of the island dining scene, boasting 35 years of fresh fish on Sanibel Island. The restaurant offers 13 dinners for $15 daily (except Sunday, when it’s 2 p.m.)

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TRADITIONS ON THE BEACH
Traditions on the Beach is one of the few Sanibel restaurants with beachfront dining. The menu features Italian and Mediterranean cuisine based on fresh local seafood, meats and produce. Dining is from 5 p.m. until late and there is live entertainment most nights for listening and dancing.

Besides fish and steaks, you’ll find Moroccan Lamb, roast duck, Texas Wild Boar Saddle and veal. Pasta, grilled items and a raw bar round out the menu. There’s an attractive bar area also serving food and an extensive wine and cocktail list.

This bold and bright café/store offers a variety of frozen yogurt flavors – try the caramel sea salt pretzel – with more than 50 toppings such as strawberries, blueberries, chopped candy and sprinkles. Other offerings include milk shakes, smoothies and frappes.

Zebra has indoor and outdoor seating. The store recently added frozen yogurt to go, by the pint and quart.

continued on page 38
Sundial Beach Resort Is Serious About Patriotism

Sundial Beach Resort & Spa held official flag raising ceremonies at 8 a.m. on Memorial Day and is planning similar events on Flag Day, June 14 and July 4, accompanied by a musical tribute from attendees. A costumed Uncle Sam will share in the festivities.

Bob Kramm, general manager of the resort and an air force veteran, said, “On these special days, all resort staff, management, guests and island visitors are invited to meet at our flag pole in front of the resort. We will have a brief meet and greet with those assembled, present attending veterans with a flag pin to honor their service, share a moment of silence and then our safety and engineering department will raise the Florida and U.S. flag according to standard military protocol.”

As the flags are raised, the group will sing America the Beautiful with Kramm conducting the ceremony. Song lyrics will be provided. Bottled water, coffee service and pastries will be available. A costumed Uncle Sam – in patriotic bathing trunks – will be present on Flag Day and July 4, walking the property, waving and shaking hands and distributing flag pins to veterans, visitors and guests.

All employees will wear flag ribbon pins on these holidays and housekeeping will place an American flag in each occupied room on Flag Day and over the July 4th weekend.

Resort guests who are veterans will be given a thank you note for their service, along with food vouchers for use during their holiday vacation, plus an invitation to the flag raising ceremony. Guest messages will be broadcast as reminders. Special patriotic activities will be scheduled for guests during these holiday weekends.

Sundial Beach Resort & Spa is 1451 Middle Gulf Drive. For more information, visit SundialResort.com.

Sundial Celebrates Wednesdays With Island Professionals

Sundial Beach Resort & Spa is planning Sundial Celebrates, a new gathering every Wednesday throughout the summer to celebrate different groups of island professionals. The event will also provide networking opportunities, live entertainment, drink specials and a new seafood bar.

Bob Kramm, general manager of Sundial Beach Resort, said, “We wanted to host a weekly event for separate groups of island businesses or organizations to provide a fun environment for networking and relaxing after work every Wednesday from 5:30 to 8:30 p.m. With the season now concluded, we wanted to celebrate the locals who have worked so hard to ensure that our island visitors had a great time this year.”

The first event was held on Wednesday, May 28 and featured members of the Sanibel-Captiva Chamber of Commerce. Upcoming gatherings will include area realtors, property managers, hospitality and attraction businesses. Contact Donna Brown at 395-6004 to be placed on the list.

There will be different business card drawings every week for $200 worth of prizes. Prizes will include gift certificates from the newly opened Kay Casperson Lifestyle Spa & Boutique located at the resort, dining certificates, a golf game with Sanibel Island Golf, a kayak rental through the resort and a resort amenities package for a family day of fun, complete with a s’mores party.

Guests can also register to win an Escape Weekend at Sundial with entry forms provided at the resort. The winner will be selected on September 22.

Sundial Beach Resort & Spa is at 1451 Middle Gulf Drive.

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School is out and summer has arrived! Here are some of my favorite tips for a balanced, beautiful summer in Southwest Florida.

**Go Outside And Enjoy Nature**
One of my favorite affirmations is “I will love and protect nature.” Don’t take the natural beauty of Sanibel and Captiva for granted – embrace and enjoy it every single day. Go on a beach walk by yourself or a bike ride with your friends. Go kayaking or swimming. Explore the beauty that surrounds you and celebrate it with people you love.

And don’t forget to take time to care for yourself. Treat your trips to the beach like a visit to the spa – let the sand and saltwater exfoliate and soothe your skin as you soak up your daily dose of summer sunshine.

**Get Plenty Of Sun, But Not Too Much**
One of Mother Nature’s most beneficial beauty and wellness tools, sunlight can make a positive impact on physical and mental health as long as proper precautions are taken. Moderate sun exposure helps our bodies produce the essential nutrient vitamin D and can be useful in treating various skin conditions (like psoriasis and acne) as well as helping to alleviate depression.

On the other hand, too much sun can cause damage to the skin and cause you to overheat. When you’re going to be outside or in the sun for long periods of time, make sure you’re protecting yourself – always remember to use (and occasionally reapply) broad-spectrum sunscreen, wear loose and comfortable clothing, and shade your face and eyes from the sun with a hat and sunglasses.

**Use Double-Duty Beauty Products**
Because of the summer heat and humidity, it’s important to use beauty products that protect your skin and stay put. For an effortless summer look that’s perfect for both work and play, I recommend using a lightweight BB cream or tinted moisturizer with SPF protection on the face and neck, lengthening mascara and a waterproof top coat for lashes (use the top coat to tame and set eyebrows too!), and a gorgeous lip gloss (also with SPF protection) in a rich, vibrant jewel tone.

Check the label when buying sunscreen and cosmetics with SPF protection, and always look for broad spectrum UVA-UVB protection and mineral ingredients like titanium dioxide and zinc oxide. Protecting skin from harmful UV rays helps to prevent photo damage and delay the formation of fine lines and wrinkles.

**Stay Hydrated And Energized**
If you’re on the go, at work or just relaxing poolside, make sure you’re getting all the right nutrients. Fill up on fresh fruits and vegetables, drink plenty of water, and try a daily multivitamin or B-12 supplement to keep your energy up. Staying hydrated is essential for overall wellness and plays an essential role in keeping your skin looking fresh and healthy.

**Spend Time With Friends And Family**
Whether it’s a barbecue, ballgame or a day at the beach, make time to celebrate summer with the people you care about. Find seashells, enjoy sunsets or just relax – whatever you do, have a beautiful summer!

Beauty and lifestyle expert Kay Casperson lives on Sanibel with her husband, two daughters and dogs. She produces her own inspirational collections of skincare, cosmetics, apparel and accessories, and operates four Lifestyle Spa & Boutique locations (at Sundial on Sanibel, across from South Seas on Captiva, the Promenade in Bonita Springs, and Downtown Disney Orlando). Learn more about Beauty Inside Out at kaysapersn.com.

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or email
press@islandsunnews.com
Blue Ribbon Classic Golf Tourney
At The Sanctuary A Big Success

With more than 100 golfers in attendance, a beautiful course and gorgeous weather, great fun was had by all at The Sanibel School Fund’s Blue Ribbon Classic Golf Tournament. The event culminated in a Helicopter Ball Drop, with three tournament players winning a trip around the island in the helicopter, followed by a lively live auction, which included a vacation to Ireland.

To top it off, the evening reception included performances by Sanibel School parent Mike d’Abo, the lead singer/songwriter of the group Manfred Mann, and singer/acoustic guitarist Bobby James.

Many thanks to all of the Blue Ribbon partners, sponsors and players for making this a successful event. Because of their support, students at The Sanibel School are able to take lessons in Spanish beginning in kindergarten through eighth grade, and benefit from enhancements in educational technology. The school serves approximately 340 students, is a nationally-recognized Blue Ribbon School and is rated the top K-8 school in the state of Florida.

Realtor Sponsors Successful Team At Blue Ribbon Classic

The golf team sponsored by Valerie Tutor, realtor for John R. Wood Island Real Estate, captured second place in the A Flight of the 2014 Blue Ribbon Classic Golf Tournament. The tournament was held at The Sanctuary Golf Club on Saturday, May 17. The annual tournament is a major fundraiser for The Sanibel School.

“When I heard The Sanibel School was looking for Blue Ribbon sponsors, I jumped at the chance. Not only do I love golf, but The Sanibel School is a great asset to our community and I couldn’t be more proud to participate,” said Tutor.

The second place winning team was comprised of Gene Taylor, Helmut Peters, Bill Fellows and Mike Mallouk. “I’m so proud of them. What a great team,” said Tutor.

Road Rally

Tarpon Bay Road at noon, and also ends there for the “afterglow” party. Staggered starting times will be pre-assigned by the rally master.

Sponsorships are available for tax-free donations of $100 or more. There are three levels:
- Lion’s Paw – $500
- Junonia – $250
- Conch – $100

Each sponsor gets publicity and a placard on one of the rally vehicles. All proceeds from the rally provide funds for the local Sanibel-Captiva Optimist Club’s college scholarships.

For more information, call Randy Carson at 699-8739.

Email your editorial copy to: press@islandsunnews.com
Youth Group Swim Lessons

Improve your child’s comfort level and abilities in the water with American Red Cross Youth Group Swim Lessons, which will be offered this summer at the Sanibel Recreation Center.

Group lessons are offered for youth of all ages starting at 6 months. Registration is on a first come, first serve basis. These free American Red Cross Swim Lessons are made possible by the Sanibel Swims grant from the Charitable Foundation of the Islands and the Golisano Children’s Hospital of Southwest Florida. Each participant can register for one session of nine lessons at the appropriate level. A class schedule with detailed lesson information is available at the Rec Center’s front desk. Accompanying parent/guardian must present a valid photo ID.

The Summer Session will be held on Saturdays: June 28, July 5, 12 and 19, August 9, 16, 23 and 30 and September 6. (No lessons on July 26 and August 2 due to facility closure.)

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information, call 472-0345 or visit www.mysanibel.com.

Community CPR/AED/First Aid Class Offered At Sanibel Rec Center

The American Red Cross Community CPR/AED/First Aid course will be held on Sunday, June 1 from 12:30 to 5 p.m. at the Sanibel Recreation Center. The course provides participants with the knowledge and skills necessary to sustain life and minimize the consequences of injury or sudden illness until advanced medical help arrives. Upon successful completion of this course, participants will hold an adult, infant, child CPR/AED/First Aid certification valid for two years.

The cost of the course is $70 for members and $87.50 for non-members and includes all materials. Skills acquired in this course cannot be applied to a lifeguarding certification as this course certifies participants in rescue skills for lay responders, not professional rescuers.

For more information, contact Tasha Maddix, aquatics manager, at tasha.maddix@mysanibel.com or call the Sanibel Recreation Center at 472-0345.

Expanded Pool Hours At Sanibel Recreation Center

Expanded summer leisure pool and slide hours began on Tuesday, May 27 at the Sanibel Recreation Center. Other amenities include: open gym time, tennis courts, lap pool, state-of-the-art weight room with cardio equipment, gymnasium, and over 40 fitness classes a week, included with membership.

Leisure Pool Hours:
Monday through Friday: 12 to 5 p.m.
Saturday: 10 a.m. to 5 p.m.
Sunday: 12 to 5 p.m.

Slide Hours:
Monday through Friday: 2 to 5 p.m.
Saturday and Sunday: 12 to 5 p.m.

All persons 18 years and over must present valid government issued photo identification. When accompanied by a resident who holds a daily, weekly, six-month or annual membership, guests will qualify for a reduced member guest rate.

The Sanibel Recreation Center is at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. For more information, call 472-0345 or visit www.mysanibel.com.
Weekly camp themes are as follows: children aged 4 and 5 as well as campers in enrolled in first through fifth grade, the week. Tuition assistance may be available for all age groups.

The fee for campers who will be attending middle or high school in the fall is $80 per for children aged 4 through those who will be attending fifth grade in the fall. The p.m. for all age groups. Enrollment is on a weekly basis and costs $150 per week.

Features Fun Themes Every Week

BIG ARTS Summer Camp

The 2014 BIG ARTS Summer Arts Camp is now open for enrollment for ages 4 through high school level students. Beginning on June 2, BIG ARTS Summer Arts Camp will be held Monday through Friday, 9 a.m. through 3 p.m. for all age groups. Enrollment is on a weekly basis and costs $150 per week. Tuition assistance may be available for all age groups.

For the younger campers, each week of the BIG ARTS Summer Arts Camp will include professional instruction in golf and tennis and continue with instruction in soccer, hockey, art, theatre, water sports and more. Lunch provided.

Week 1: June 2 to 6: Animal Kingdom – From the wilds of the Savannah to the pets in your home and the oddities on island, we will be inspired to sculpt, print, create and even become various animals.

Week 2: June 9 to 13: Around The World In Five Days – We’ll make our own passports and explore the culture, traditions, music and art of eight specific destinations. On Friday, the campers will perform the songs and dances of the specific countries and display their versions of the travel-inspired artwork.

Week 3: June 16 to 20: Imagine, Create, Illustrate – A favorite book, story or legendary tale will serve as the inspiration to create great art this week and then bring stories to life through drawing, painting, collage, puppetry and live production. Campers will even be able to make their own book.

Week 4: June 23 to 27: I’m A Rock Star! – Each camper will be a star this week as they participate in a red carpet event and perform on stage in a talent show. Musical creativity will be encouraged to make cardboard instruments in the visual arts class.

Week 5: June 30 to July 4: Stars and Stripes (There will be no camp on July 4 at BIG ARTS, but campers may participate in the Sanibel 4th of July Parade) – The creativity will be encouraged to make cardboard instruments in the visual arts class.

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Summer Day Camp Registration

Open, Early Bird Rates Available

The Sanibel Recreation Department’s Summer Day Camp is a traditional 11-week day camp which will run from Monday, June 2 through Friday, August 15. Summer Camp is offered to children entering grades first through eighth and will operate Monday through Friday from 8 a.m. to 5 p.m. on all days except Friday, July 4.

Campers will participate in activities such as swimming, arts and crafts, athletics as well as a variety of games. Special guests along with an enhanced field trip itinerary will also be a part of the action. Campers should bring a swimsuit, towel, sunscreen and a brown bag lunch daily.

The cost is $85 per week for members and $105 for non-members. Register in advance and receive the “Early Bird” rate. Financial assistance is also available to qualifying families.

For more information, call the Sanibel Recreation Center at 472-0345 or visit www.mysanibel.com.

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BIG ARTS Summer Camp

patriotic spirit will soar as the campers devote their time this week to completing crafts and costumes for the 4th of July parade float. All the campers will be invited to either ride or walk in the parade down Periwinkle Way, but please note that children under 7 years must fill out a waiver to participate.

Week 6: July 7 to 11: Beach Party! – A week dedicated to learning about the perks of island living as the campers discover the vibrant world under the sea and create nautical crafts as well as sing and play popular summertime songs. There will even be a beach-themed show on Friday.

Week 7: July 14 to 18: Superheroes Unite! – Campers will be discovering their inner superheroes this week as well as designing their own costumes, masks and capes. After learning about the artists behind graphic novels, campers will create their own comic book starting their superhero character. The week will end with a superheroes production on Friday.

Week 8: July 21 to 25: Mission Is-Possible With Art – Anything is possible with art and each day, campers will learn about renowned artist and use their works as inspiration.

Middle school and high school age children are welcome to enroll in BIG ARTS Summer Arts Camp and are encouraged to submit an application to volunteer as part of the BIG ARTS Fine Arts Apprentice Program to receive volunteer/community service hours required by the local schools. Since BIG ARTS Summer Arts Camp for middle school and high school students features a half day of classes, the enrollment fee to participate in just the camp or to participate in the camp as well as in the BIG ARTS Fine Arts Apprentice volunteer program is $80 per week. Tuition assistance may be available for all ages groups enrolled in BIG ARTS Summer Arts Camp.

Middle school and high school students enrolled in BIG ARTS Summer Arts Camp and BIG ARTS Fine Arts Apprentice Program may participate class sessions held in the morning, from 9 to 11:30 a.m.) or in the afternoon, from 12:30 to 3 p.m. This level of camp features more advanced projects and skills including:

Week 1: June 2 to 6: Fused glass – Petra Kaiser, instructor
Week 2: June 9 to 13: Geometric drawing – Jon Montoya, instructor
Week 3: June 16 to 20: Irish dance – Jamie Knaub, instructor
Week 4: June 23 to 27: Print making – Megan Davis, instructor
Week 5: June 30 to July 4: Documentary Photography – David Meardon, instructor
Week 6: July 7 to 11: Acrylic painting – Megan Davis, instructor
Week 7: July 14 to 18: Film production – Chris Bright, instructor
Week 8: July 21 to 25: Film production - Chris Bright, instructor
Week 9: July 28 to August 1: Photography – David Meardon, instructor

BIG ARTS Fine Arts Apprentice participants will be assigned volunteer service hours based on experience and on a first come, first serve basis. Responsibilities may include assisting the kindergarten to fifth grade campers with program activities and providing supervision during as well as in-between classes. In addition, the volunteers will assist camp instructors with class set-up/clean-up and provide administrative/offices assistance. Although middle school and high school students may submit an application just to volunteer, priority volunteer placement will be given to campers enrolled in the BIG ARTS Fine Arts Apprentice Program, which involves a half-day class and a half-day volunteering.

To reserve a space in the 2014 BIG ARTS Summer Arts Camp or the BIG ARTS Fine Arts Apprentice Program, please submit payment, along with a completed registration form. Camp begins promptly at 9 a.m. and please plan on providing a non-perishable snack, lunch and drink for each day your child attends camp. Although a water fountain is available, there will not be access to refrigeration or a microwave for the campers.

For additional information or the BIG ARTS Summer Arts Camp registration and application for tuition assistance forms, call BIG ARTS at 239-950-9000, stop by in person at 900 Dunlop Road, Sanibel or visit www.BIGARTS.org/family.

A non-profit 501(c) 3 organization, programming at BIG ARTS is made possible through the generous support of more than 300 dedicated volunteers and donors as well as our corporate sponsors, including BIG ARTS Summer Arts Camp sponsors Sanibel-Captiva Kiwanis Foundation, L.A.T. Foundation, Hans and Leslie Fleischer and Sanibel-Captiva Community Bank.

Share your community news with us. Call 395-1213, Fax: 395-2299 or email press@islandsunnews.com

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- John & Denise Beggs 239.357.5500

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New Price

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- Private Garage, Poolside Cabana, Rooftop Sundeck
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- 2 Bedrooms, 2 Bathrooms
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- Close to All Amenities
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- 3BR/2BA, Steps to Beach
- 1 Acre of Land, Multiple Lanais
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- 2 Bedrooms, 2 Bathrooms
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- New AC, Water Heater, Paint, Carpet, W/D
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- Jennifer Berry 239.472.3535

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- Ground Level, 2BD/2BA Attached Villa
- Wonderful Private Lake View, Move-in Ready
- New AC, Water Heater, Paint, Carpet, W/D
- $209,000  MLS 2140497
- Jennifer Berry 239.472.3535

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**Spectacular Dunes**

- 4BR/3BA w/separate guest house
- Wood flooring, wood beamed ceilings
- Multiple porches, sparkling pool, double lot
- $1,849,000  MLS 2140495
- Burns Family Team 239.464.2984

**Dinkins Bayou**

- Stunning Views of Dinkins Bayou
- Large Lot – 30,000+ S.F.
- Dock in Place
- $499,000  MLS 2130696
- Sarah Ashton 239.691.4915

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**Burns Family Team**

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**Serial Sanibel Setting**

- 1 1/4 Acre Lot Borders Wildlife Refuge
- Private Setting-Deeded Beach Access
- Walk to Beach & Tennis Court
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**Sanibel View Condo**

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**Dunes Lake View Home**

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**Serene Sanibel Setting**

- 1 1/4 Acre Lot Borders Wildlife Refuge
- Private Setting-Deeded Beach Access
- Walk to Beach & Tennis Court
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**Dinkins Bayou**

- Stunning Views of Dinkins Bayou
- Large Lot – 30,000+ S.F.
- Dock in Place
- $499,000  MLS 2130696
- Sarah Ashton 239.691.4915

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**NEW PRICE**

- 1/2 Acre Lot Borders Wildlife Refuge
- Beautifully Furnished
- Very European Look and Feel
- $549,000  MLS 2131294
- Andre Arensman 239.233.1414

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**Sanibel View Condo**

- Penthouse Corner Unit
- 2 Bedrooms Plus Den
- Private Gated Community
- $269,000  MLS 2140334
- Cindy Sitton 239.810.4772

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**Spectacular Dunes**

- 4BR/3BA w/separate guest house
- Wood flooring, wood beamed ceilings
- Multiple porches, sparkling pool, double lot
- $1,849,000  MLS 2140495
- Burns Family Team 239.464.2984

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**Dinkins Bayou**

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**New Listing**

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- 3BD/2BA Beautifully Finished Interior
- Ferry Landing Subdivision
- $1,389,000  MLS 2140634
- McMurray & Nette 239.281.4435
Highlights Of STEM Night

Wyatt Scott and Gunnar Liljequist displayed fossil finds

Kearra Holton, Sophia Tata and Marissa Thomas at the Make Your Own Chromosome Bracelet booth

At the LCEC booth, from left, Gib Warren, Laura Puerto and Sarah Jarlowe

Danielle Flood, left, a representative from ECHO, discusses the benefits of worms on the environment with students attending STEM Night at The Sanibel School on May 22

Nick Leonardi with SCCF representatives Leah Reidenbach and AJ Martignette
At the CROW booth, from left, Brooke Yelenich, Dr. Heather Barron, Yvette Carrasco, EB McKibben and Stevie Gorka.

Richard Finkel discussed sea grass critters, offering a look at them through a microscope.

Officers John Jakubowski and Grace Towler demonstrated the sciences of crime scene investigations.

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Red Sox Demise After Last Year’s Victory Is Baseball’s Puzzlement

by Ed Frank

It’s almost impossible to believe. What in the world has gone wrong with the World Champion Boston Red Sox in 2014? When this week began, the Red Sox had lost a staggering 10 games in a row, their longest losing streak in 20 years. With the second worst record in the American League at 20-29 (.408), the Bosox already had fallen eight games behind first-place Toronto in the AL East.

The last-to-first finish of a year ago was a distant memory as two months into the 2014 season, Boston was once again in last place. Never, never when the team left here two months ago at the end of spring training was such a disastrous season anticipated.

The reasons are many for the unexpected collapse. During the 10-game skid, Boston hit a feeble .212 overall. With runners in scoring position, the team batting average was .197 and a mere .207 against right-handed pitching.

Last year, the team never experienced anything more than losing three games in a row.

The frustration of the day-after-day losses boiled over last Sunday during an 8-5 loss to Tampa Bay at Tropicana Field.

After the Rays’ Yunel Escobar had doubled home two runs to give Tampa an 8-3 lead, he took off for third base in an uncontested swipe of the base. Red Sox catcher David Ross began to bark at Escobar from the dugout and Escobar began to shout back.

Then Red Sox left fielder Jonny Gomes, a former Ray, rushed in from the outfielder and shoved Escobar. The benches cleared and when order was restored, Escobar, Gomes and Sean Rodriguez were ejected.

Obviously, the uncontested steal with an 8-3 lead by Tampa did not sit well with Boston. But Rays’ manager Ray Maddon harkened back to Game One of the 2013 AL Division Series between the two clubs. With Tampa trailing 8-2 in the eighth inning, Jacob Ellsbury singled to lead off the inning and then stole second.

“I did not take exception when they stole on us last year in the eighth inning of the Division Series. I really wish they (Boston) would roll back the tape and look at that more specifically,” Maddon said.

But Ross countered: “I think our whole team took exception to the stolen base down five with two outs in the seventh. He (Escobar) is in scoring position. I think we’re just tired of getting beat. We’re frustrated.”

Within minutes of that 10th straight loss, the downtrodden Red Sox learned that Josh Beckett, the former Red Sox pitcher who was traded away two years ago, had pitched a no-hit game that afternoon for the Los Angeles Dodgers.

Beckett reportedly was the ringleader in the infamous beer-and-chicken-eating episode during Red Sox games.

As bad as the first two months of the season have been for Boston, remember it is a six-month season and there is time to correct the ship. But that course correction must come soon or the Red Sox will fall so far down in the basement they will never see daylight.

Miracle Start Week Just 1-1/2 Games Out of First Place

After winning four of their last six games, the Fort Myers Miracle started this week with a 28-21 season record and trailed first-place St. Lucie by just 1-1/2 games in the Florida State League South Division.

Miracle starter Jose Berrios, a first-round draft pick last year by the Minnesota Twins, pitched Fort Myers to a 6-1 win last Sunday by limiting Jupiter to just one run and seven hits over six strong innings. He struck out seven to raise his strikeout total to a team-leading 52.

The 19-year-old Berrios improved his season record to 4-2 with a low 2.55 ERA. The Miracle begin an eight-game home stand tomorrow, Saturday, at 6:05 p.m. against the Tampa Yankees. Tampa is here for four games followed by a four-game series with Lakeland.

SPORTS QUIZ

1. Only two players in major-league history have had a season of at least 30 home runs and 50 stolen bases. Name them.

2. How many major-league seasons did Julio Franco play, and did he ever appear in a World Series?

3. Who was the first black quarterback to win the Heisman Trophy?

4. Name the last rookie before Portland’s Damian Lillard in the 2012-13 season to lead the NBA in minutes played for a season.

5. In 2013, Cornell’s Mitch Gillam became the third hockey goalie in NCAA history to score off a direct shot. Name either of the other two to do it.

6. When was the last time before 2014 that a South American country hosted the World Cup for men’s soccer?

7. Who was the only world heavyweight boxing champion not to win a title bout?

ANSWERS


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Million Word Readers Get Rewarded At Sanibel School

With incentives including 45 minutes of free video game play, lunch at a local restaurant and a high-speed boat tour around the islands, students from The Sanibel School might not consider that their successful participation in the Million Word Challenge comes with an even more impressive benefit: better grades.

Last week, more than 100 pupils – including 68 from the elementary school and 41 from the middle school – reaped the rewards of completing the challenge. Throughout the day on May 22, youngsters from the school’s first through fifth grades were treated to a visit from The Game Guys, a mobile video game truck loaded with the latest arcade and dance-themed games. On May 23, middle schoolers boarded the Sanibel Thriller for a 90-minute boat excursion; repeat challenge winners took in lunch at Captiva’s Bubble Room.

“We started the program last year, which brings attention to the importance of reading,” said Barbara Von Harten, principal of the school. “The main goal of the Million Word Challenge is to motivate students to read more.”

According to Von Harten, the number of students completing the Million Word Challenge more than doubled from last year.

“I’m very happy when a student reaches one million words,” said Von Harten. “I think that this program helps develop a lifelong love of reading.”

This year, one fourth grader, Beru Pierce, exceeded 6.1 million words read.

“Right now, I’m reading one of the Seekers books,” she added. “It’s about bears who go on a quest. It’s an interesting story with very descriptive words.”

Wendy Wassman, the school’s reading coach, lauded the pupils who participated in the Million Word Challenge.

“All it takes is to read 20 minutes per day,” said Wassman. “It makes a big difference in whether you wind up being in the 90th percentile of students, or the 40th percentile.”

Fourth grader Beru Pierce, who read more than six million words this year, with Sanibel School Principal Barbara Von Harten continuing to read as much as possible this summer.
Any parent of more than one child knows how different our kids are—even if they have the same mother and father and were raised in the same household. One’s an athlete, the other a bookworm. One’s an A+ student while another struggles to get Bs and Cs. One handles stress easily while another melts down at the slightest provocation.

It’s almost mind blowing, until one considers how different one’s own siblings handle stress. One’s an A+ student while another struggles to get Bs and Cs. One’s an athlete, the other a bookworm. One’s an A+ student while another struggles to get Bs and Cs. One’s an athlete, the other a bookworm. One’s an A+ student while another struggles to get Bs and Cs. One’s an athlete, the other a bookworm.

But are they equal? And more to the point, if we are going to treat our children equally inside of our estate plans? Is treating our children the same in our will or trust an implicit obligation to demonstrate—through our very last words and actions—that we did really love them all equally?

There is no right or wrong answer here. Suppose that you have a daughter, “Sandra,” who is a world renowned neurosurgeon. Sandra has speaking engagements in London, lives in a mansion and enjoys the good life. Your son, Thomas, is an eighth grade schoolteacher. He works very hard but struggles to take modest vacations with his family and to save for his children’s college education.

Should you leave more money to Thomas then you leave to Sandra?

John Sheppard, my retired law partner, commonly counseled his clients to treat his children equally when making these types of decisions. He would say that the children made their own choices in building their lives, and that we are all just stewards of everything that we own anyway. It was his thought that when leaving more to one child than to another, one makes an implicit nod favoring that child that can leave a hole in the other child’s heart.

I don’t know if I agree with his philosophy. I can tell you from first-hand experience, when children are treated differently in an estate plan that the one who is treated less favorably will commonly ask if I knew of anything that they may have said or done to upset their parent. Unfortunately, the parent isn’t around any longer (or we wouldn’t be reading his or her will) to provide assurances that their love was just as strong for the one child as the other who was left more assets or money.

But that shouldn’t preclude one from leaving more to one child than another, particularly where there is a real need. Consider the child who has a disability, and because of decreased lifetime earning potential may not be able to accumulate sufficient savings to take care of himself in retirement. Leaving that child a larger chunk of one’s inheritance would certainly be justified.

Or how about another child who needs a little more help to educate her children? Or the other child who experienced unfortunate medical problems? There are all sorts of reasons for treating our children differently inside of our estate planning documents.

The key to avoiding any emotional trauma that may result from our decision is communication. Whether that communication is through a heart-to-heart with a son or daughter to ensure that they know your estate plan is not representative of your love for him or her, or through a letter that is only to be opened at the time of your death, a few words of explanation can go a long way.

If it were up to me, I would suggest the lifetime heart-to-heart as opposed to the letter to be opened later. A letter doesn’t allow for the give and take that a conversation does. It’s best to look your child in the eyes and tell him or her what you really feel.

What about a punitive situation? You and the child have had a falling out. Or you don’t like his or her spouse and fear that the spouse will squander the inheritance that you leave your child. These situations are much more volatile.

Here I usually suggest that the parent take a few days—or even weeks—to consider the emotional impact of reducing that child’s inheritance or leaving them out altogether. There’s no moral judgment here, just a pause to make sure that the emotions and thoughts are true and consistent. This is never an easy decision to make.

So in the end, there’s a great deal of emotion in our estate plans, whether we are leaving everything equally to our children or not. Whatever you do, make sure that your heart is in sync with your mind, and that you’ve done your best to communicate your intentions where appropriate.


School Smart

by Shelley M. Greggs, NCSP

Dear Shelley,

My child has an IEP for some behavioral and academic problems. We are going to meet soon for his annual review and I need some help to understand what is meant by measureable IEP goals. How are goals supposed to be measured?

Lynnette, Fort Myers

You have asked an excellent question. IEP goals provide the basis for instruction, describing what a child needs related to their disability. Goals are typically written for what a student can reasonably accomplish in one school year. A measurable goal is generally written in quantifiable terms. That means numbers in some form very often in percentages, words per minute, time or amount and scores.

There is a process for writing measurable goals and it is essentially the same for academics and behaviors. It begins with identifying a target or specific behavior. The behavior must be clearly defined in non-judgmental terms and must have baseline data collected on it. Sometimes, behavior goals are harder to write as measurable goals. Often, behavior goals indicate that a behavior needs to increase such as work production or paying attention but it is not written clearly.

You can make behavior goals measurable by describing the factors surrounding the behavior. These factors include:

- Precipitating events – What happens before free time, lunch, specials
- Environmental factors – Physical conditions of the setting, i.e. instructional setting, cafeteria, etc.

- Results of the behavior – Consequences of the behavior, i.e. how is the student rewarded?
- Other observable patterns, i.e. time of day, associations, etc.

Identifying the factors around the behavior can really key in and provide specific answers about the behavior. For example, a common mistake would be to write a goal that says the student must complete more work in class. That is not a measurable goal, however, it can be turned into one. Here’s an example:

By end of school year, this student will independently complete five assignments per day, with five or less prompts, with 85 percent accuracy on four out of five trials as documented on this student’s log.

Here is an example of a well-written measurable academic goal for early reading. By end of school year, the student will increase his ability to sequence a story with using three or four pictures by 30 percent over baseline data.

Remember that IEP goals must describe what the student will do, be observable, functional, meaningful, achievable, measurable and related to grade/state standards. Here is an easy acronym—SMART (one of many used in special education) — that may be helpful when trying to assess IEP goals. SMART stands for specific, measurable, achievable, relevant and time. It takes time and energy to review your child’s goals each year but it is well worth it given that this is the key to his education. For more information on IEP goals, visit www.wrightslaw.com.

Ms. Greggs is adjunct faculty at Edison State College where she teaches psychology and education courses. She is also Nationally Certified School Psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be submitted to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.
Phaidra did a superb job of showcasing our home and bringing possible buyers in a difficult market. Phaidra exceeded our expectations in all aspects; follow-up communication, management of details, services, and overall expertise. Well done! – Hans and Marie

Welcome to Sanibel and Captiva Islands... No Jacket Required

Phaidra McDermott
Lifelong Island Resident
239-472-4411 • info@sanibelrealestate.net
SanibelRealEstate.net
by Cindy Malszycki

Any time of year can be a great time to spruce up your home – with new colors, new styles, even a few new furniture and accessory pieces to breathe life and energy into a tired old space.

Here are a few great ideas guaranteed to “uplift” any tired room:

1. Lighten, Brighten & De-Clutter – Try clearing your rooms of excessive clutter, and even consider downsizing your precious collections. Brighten your floors with a new area rug. Change out your window treatments to lighten your room. Add a few accent pillows to your furniture for a fresh new look.

2. Try A New Color Scheme – How about adding an accent wall to a room, perhaps in a shade (or two) darker than the room’s other three walls? Or, consider block painting a wall for more visual interest. It’s amazing what a fresh, new color scheme can do to uplift your room, and give you a totally new outlook on life in the process.

3. Add Some Fresh New Patterns – Perhaps it’s time to consider replacing that tired, worn-looking sofa. Smart fabric choices of bold stripes, botanicals, leafy patterns or geometric designs would definitely add some spice to your décor.

4. Refresh Your Accessories – A new lamp or lampshade might just brighten up one dark corner in your room. Perhaps a new piece of art or the addition of an exciting piece of sculpture might just set the tone for a wonderful, fresh room makeover. Whatever your pleasure, consider breathing a little life into your tired interior. You won’t be sorry, once your new look is complete!

Cindy Malszycki is an interior designer on Sanibel/Captiva Islands. She can be reached at cindy@decdeen.net.

From page 1

Beer Challenge

p.m. and the game starts at 7:05 p.m.

“We were talking during one of our meetings and had a good idea for a laugh – to challenge the Rotary Club and see who could sell more beer,” said Dick Muench, longtime member of the Kiwanis Club. “We were looking to have a bit of fun and engage in a little friendly competition.”

Of course, the Rotarians gladly accepted the challenge.

“There was a big discussion about it at our meeting this morning,” said Chet Sadler, secretary of the Rotary Club. “Our booth is going to be set up by some of our lady members. We’re gonna show the Kiwanians how hard we can work – the ladies are up to the challenge!”

Members of the Sanibel-Captiva Kiwanis Club will be selling beer on the first base side of Hammond Stadium while the Rotary Club of Sanibel-Captiva will be pulling taps along the third base side.

While bragging rights may be their only reward, all of the money raised by both clubs will go to charity. Monies raised last year went to The Sanibel School, Golisano Children’s Hospital of Southwest Florida, Sanibel-Captiva Cares, FISH of Sanibel-Captiva and Hope Hospice.

New Limited-Edition Vintage Circus Posters Stamps

Step right up and share the magic of the circus as the U.S. Postal Service issues the new, limited-edition Vintage Circus Posters Forever stamps. Available as a set of 16 stamps, customers may purchase the Vintage Circus Posters stamps at the Postal Store, at 800-STAMP24 (800-782-6724) and at post offices nationwide or visit ebay.com/stamps to shop for a wide variety of postage stamps and collectibles.

The new Vintage Circus Posters Forever stamps are modeled after original circus posters – including those promoting the Ringling Bros. and Barnum & Bailey Circus – and are now part of the Tihbals Digital Collection at The John and Mable Ringling Museum of Art in Sarasota.

Each stamp features one vintage circus poster. The pane’s verso text includes a brief description of the history and purpose of circus posters. The selvage features an image of a circus entrance shot by photographer Edward J. Kelty in 1937. Art director Greg Breeding worked on the stamp pane with designer Jennifer Arnold.

Ocean’s Reach Honored With TripAdvisor Certificate Of Excellence

For the fourth year in a row, Ocean’s Reach Condominiums has been named a TripAdvisor Certificate of Excellence award winner. The award celebrates hospitality excellence and is only given to establishments that consistently achieve outstanding traveler reviews on TripAdvisor, the world’s largest travel site.

Ocean’s Reach has maintained the number one ranking for specialty lodgings on Sanibel Island for several years, with an average 99.65 (out of 100) Customer Satisfaction rating since 2011, a score based on specific feedback for factors such as cleanliness, location, rooms, service, value, overall rating and likelihood to recommend.

“On behalf of all of our owners and staff, we’re proud to have once again been honored by TripAdvisor,” said Andy Boyle, general manager. “We strive to provide an extraordinary beach experience for our guests and feel that our guest reviews on TripAdvisor reflect the tremendous vacation value we try to provide.”

“TripAdvisor is pleased to honor exceptional hospitality businesses for consistent excellence,” said Marc Charron, president of TripAdvisor for Business. “The Certificate of Excellence award gives top performing establishments around the world the recognition they deserve, based on feedback from those who matter most – their customers.

For more information on Ocean’s Reach, call 800-336-6722 or visit www.oceansreach.com.

Sanibel Seaview

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Sanibel Seaview

ISLAND SUN BUSINESS NEWSMAKERS

Top Sales

Deb Stone was the top sales associate for the month of April at RE/MAX of the Islands.

Top Marketing

Dave Gilchrist was the top marketing associate in April at RE/MAX of the Islands.
Shell Point Informational Meetings

Residents of Southwest Florida who would like to learn about resort-style retirement options and lifecare from an experienced retirement counselor are invited to attend one of several informational meetings at Shell Point Retirement Community.

The meetings will be held at 10 a.m. in the main Commons located in The Woodlands neighborhood at Shell Point on June 10, 18 and 25.

After the presentation, guests can tour The Island neighborhood and visit furnished models in The Woodlands neighborhood. Guests will also learn more about The Estuary, Shell Point’s newest neighborhood, which will include 50 residences in a combination of single-family and twin villa homes along with a community center and a pool. Admission is free; however, seating is limited, so reservations are required and may be made by visiting www.shellpoint.org/seminars or by calling Maureen Thomson at 466-1131 or 1-800-780-1131.

Shell Point Retirement Community is just off Summerlin Road and McGregor Boulevard, two miles before the Sanibel Causeway.

Our email address is press@islandsunnews.com
Beckwith Participates In U.S. Senate Special Committee On Aging Panel

Samira K. Beckwith, president and CEO of Hope HealthCare Services, participated in a U.S. Senate Special Committee on Aging panel in Washington, DC on May 21 that focused on end-of-life issues and how the private sector and government can be more responsive to patients and their families.

“Our health care system is excellent at managing acute episodic illness or injury, but there is great need to establish appropriate care systems for the number of aging boomers with advanced progressing illness,” Beckwith shared with the committee. “Hospice benefits need to be more accessible for individuals as they experience significant physical, emotional, spiritual, and financial burdens and become eligible for hospice care.”

The U.S. Senate Special Committee on Aging is chaired by Sen. Ben Nelson (D-Fla.) with ranking member Sen. Susan Collins (R-Maine).

FISH Upcoming June Workshops

FISH of Sanibel-Captiva, Inc. announced a number of upcoming complimentary workshops for the month of June:

- Mom & Toddlers Group – Monday, June 16 from 10 to 11 a.m. at the FISH Walk-In Center. Join this fun and educational group to connect with other island moms and children. Open to all island parents and their children ages birth to 5 years.
- Friendly Faces Lunch – Tuesday, June 10 starting at 11:30 a.m. at George & Wendy’s Seafood Grille. Visit with FISH staff, volunteers and board. Cost is $8 per person, all inclusive. RSVP to Sally Ernis or call 995-8821. Exact cash requested.
- New Volunteer Social – Tuesday, June 17 from 5 to 6:30 p.m. at Zebra Frozen Yogurt in Bailey’s Center. Learn how to become a new FISH volunteer.
- Affordable Healthcare Q&A – Friday, June 20 from 10 a.m. to noon at the FISH Walk-In Center. Healthcare navigator Chelsea Cicero will answer questions or assist with sign up for healthcare coverage. RSVP to Christine Swiersz or Jessi Zeigler or by calling 472-4775.

Top Ten Books On The Island

1. Me Before You by Jojo Moyes
2. The Girl Who Fell from the Sky by Helen W. Durrow
3. A Dog’s Life by Martin Clunes
4. The Light Between Oceans by M.L. Stedman
5. Gift from the Sea by Anne Morrow Lindberg
6. Bone Deep by Randy Wayne White
7. House at the End of Hope Street by Menno Van Praag
8. Time Keeper by Mitch Albom
9. Six Mornings on Sanibel by Charles Sobczak
10. Z: A Novel of Zelda Fitzgerald by Therese Anne Fowler

From page 14

Outreach

out about 4,500 pieces – including 2,000 eyeglasses – every year,” added Peters. “Actually, I’m amazed at how many we get.”

Back in 1925, Helen Keller challenged the Lions to become the “Knights of the Blind.” Today, the club continues that work to help those afflicted with sight impairment and blindness through local education and testing, surgeries, as well as providing eyeglasses and guide dogs to those in need. The San-Cap Lions Club supports organizations including Southeastern Guide Dogs, Lighthouse Foundation, Trailways Camp, Conklin Center for the Blind, UNICEF, Florida Lions Foundation, the Blind and Lions Clubs International Foundation.

“Because we raise money locally, we give priority to those who are right here on Sanibel and Captiva,” said Jim Graham, assistant treasurer of the San-Cap Lions. “There is a great need here on the islands. Our giving is a continuation of that community culture.”

Locally, the Lions help support groups including FISH of Sanibel-Captiva, Inc. and Friends Who Care. They provide parking assistance at many island events, including the Sanibel Public Library’s Author Series as well as Sanibel Shell Fair & Show. They also participate in Luminary Night every December.

“Our arts and crafts fair every year is a 12-month project,” said Roger Grogman, a director of the San-Cap Lions. “We make a great effort to populate the show with quality artists and quality materials, and the people on this island appreciate and respect that quality.”

Additionally, the Lions host the yearly Christmas tree sale at Bailey’s Center, an annual pancake breakfast and fish fry at The Community House and a golf tournament, which they are planning to return this November.

“I love being a part of such a local and powerful service club,” said Debi Almeida, second vice president of the San-Cap Lions. “For me, being the first woman to serve on the Sanibel-Captiva board of directors is quite an honor. I think women now joining the club adds a formidable force to accomplish much of what the board has planned this upcoming year and a different perspective that complements it.”

“It’s all about service,” added Grogman. “The Lions are actively involved with so many activities... there’s not a group on this island that doesn’t use our services.”

Through the Lions fully-funded Bailey Scholarship Program, the club offers individual scholarships to students to advance their higher education. It also supports the handicapped youth program at Edison State College and WGCC, which offers audio programs for those who are blind.

Working with the Periwinkle Partnership of Sanibel Beautification, the Lions have sponsored 29 benches along the Shared Use Path system, another “subtle way you can see our presence,” added Grogman.

Lions International is comprised of 1.35 million members scattered across 46,000 clubs worldwide. The Sanibel-Captiva club – founded 50 years ago by a group of islanders, including the late Francis Bailey – has approximately 100 active members, which meet on the first and third Wednesday of every month at The Community House. Gathering begins at 6 p.m., with the meeting starting at 7 p.m.

It is also wonderful to be speaking to someone in another part of the country for business and when they say they are a fellow Lion, I know they have a heart to serve,” added Almeida. “That really means something to me. Instantly, a trust factor is there.”

For more information about lion@sanibel-captivations.org, contact a member or attend an upcoming meeting.
Dear Pharmacist:

I've been fainting (or almost fainting) several times a year for the last six years, and no one has been able to figure out why. I've done every scan on my brain and arteries, and everything is normal. I take two blood pressure medications, something for depression and thyroid. What can you say to someone prone to fainting?

BW, Silver Springs, Florida

Normal? It’s not normal to pass out. After passing out, a person requires little more than just lying flat (supine) until consciousness is regained. Smelling salts can help you “come to” a little faster. If you vomit or have chronic diarrhea. So eat slowly, and nurture your digestive tract by eating well, taking probiotics and avoiding food triggers. Check your blood pressure routinely, your medication dose may be too high, or the combination of your two drugs could be triggering this. The vagus nerve is a touchy little nerve that could be infected. I truly believe most people carry pathogens in their body that attack the vagus nerve, and you don’t even know it. Images don’t show these bugs on MRIs, MRAs, CT or CTA scans.

Definitely avoid dehydration. Too little water in your bloodstream lowers your blood pressure (plus you take medicine), and this stimulates the vagus nerve, causing dizziness and fainting. Living in hot climates can make this worse. So can anxiety, like the sight of blood or shocking news. Drinking alcohol or taking certain drugs, even prescription drugs, can cause blood vessel relaxation and dehydration, which cause fainting. Diuretics like HCTZ, furosemide or natural diuretics can make the lights go out in your brain! Other medications that make you more prone to fainting include nitrates for angina, stimulants for attention-deficit, heart drugs and all the blood pressure medications. A condition called “carotid sinus hypersensitivity” occurs in elderly men and the slightest rubbing to a certain area of the neck can make you drop.

Doctors don’t usually look for this. Heart disease, anemia and hypothyroidism are other common causes for fainting.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.

Support Group

On Monday, June 9 beginning at 11 a.m., Faith United Methodist Church is launching an Alzheimer’s Caregiver Support Group sponsored by the Southwest Florida Gulf Alzheimer’s Association.

On the second Monday of each month, caregivers or diagnosed loved ones will find excellent resources, information and emotional support.

Free respite care may be provided by a professional facility near our church for the hour of meeting. RSVP at least one day prior to the meeting is required.

Call Pastor Kathy at 482-2030 ext. 233 for more information. Faith United Methodist Church is located at 15690 McGregor Blvd. in Fort Myers.

Caring for elderly family members can be very difficult – more difficult than most families realize when they first make the invitation. In order for you to care for them, you must care for yourself. It may be the right choice to move your mother, but first try having some part-time help – maybe two or three hours a day – in your home. While the help is there, do something for yourself: ask a friend to go for a walk or go walking in a nearby mall. Talk to a nutritionist and make a diet plan for yourself, and lose the weight. These are just starting solutions; when your physical health improves, you can go on to the next step and make further decisions.

Dear Winifred,

Your parents need to move into an assisted living community or other living environment. While I can tell from your letter that you love your parents and want to care for them, there are many ways to love and care for older parents. Additionally, if something happened to you, what would happen to their best advocate? In a way, it is in your parents’ best interest to care for yourself.

I am not suggesting that you pick a place without involving them and then leave them there. I am suggesting you talk with them and make this a family decision and planning process. If you need outside assistance, contact their primary care physician for a mental health referral.

Dear Winifred,

Mom And Me

by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

I used to have the time to exercise and watch my diet, but no more. My elderly parents moved in, and their care appears to be more than I can physically and emotionally handle. I have gained 70 pounds and on a recent visit, my doctor has told me I am now diabetic.

We are thinking of moving my mother into an assisted living community to ease my burden, because living with this stress is destroying my health. Do you have any suggestions to help ease our burden?

Dear Winifred,

Winifred

Mom and Me’s email address is momandmeaging@hotmail.com.
Share your community news with us.
Call 395-1213, Fax: 395-2299
or email press@islandsunnews.com
SUDOKU
To play Sudoku:
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.)
There is no guessing and no math involved, just logic.

answer on page 58

Find at least six differences between panels

answer on page 58

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**MAGIC MAZE**

- Share your community news with us.  
- Call 395-1213  
- Fax: 395-2299  
- or email: press@islandsunnews.com

- FISH Facts
  - Did you know?
    - In 2013, FISH of Sanibel-Captiva, Inc. impacted the lives of 1,217 households comprised of 1,634 individuals on Sanibel and Captiva. Volunteers provided 6,311 hours of service and drove 27,319 miles on behalf of FISH and its clients.
    - Some accomplishments were:
      - Assisted 58 elderly or disabled households with hurricane preparedness
      - Delivered 2,565 meals to clients with limited mobility or needing assistance
      - Subsidized 75 households with $166,634 of emergency financial assistance
      - Provided $150,148 of other client support through various programs
      - Distributed 76,459 pounds of food to 295 households
    - “Neighbors Helping Neighbors”

- **SCRAMBLERS**
  
  1. Savory; 2. Prize; 3. Incite; 4. Anchor

  Today’s Word: **NOTICE**
**Single Serve Fruity Pizza**
1 (nine-inch) whole wheat pita bread
1 orange, peeled and sectioned
1/4 cup fresh strawberries, sliced
1/4 cup cantaloupe, sliced
1 ounce light cream cheese
1 teaspoon natural vanilla extract
Combine cream cheese and vanilla extract in a mixing bowl until well blended. Spread cheese over pitas.
Decorate with fruit by creating fun faces and patterns. 

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Ambassadors will greet, assist and be a
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If you would be interested in learning more
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relations efforts for the agency. Duties include: writing and coordinating press releases,
advertising, newsletters and website content; creating brochures, posters and other collateral materials;
public speaking and assisting with events. Applicants must be adept public speakers, possess exceptional writing and
organizational skills, and have a strong
working knowledge of Microsoft Word, PowerPoint and Publisher. A Bachelor’s
Degree or equivalent experience is
required. Experience working in a non-profit setting is a plus. This is a fully
benefitted position. Please mail or deliver resume and cover letter to Kelly Collini,
Executive Director 2401 Library Way
Sanibel, FL 33957 by 4 p.m. Friday, June
13. See a complete position description on
CHR’s website at SanibelCHR.org. EOE
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ART TEACHERS
BIG ARTS is looking for energetic art
teachers of all disciplines for BIG ARTS
2014 Summer Camp. Supplies are
provided, all you need to bring is your imagination. For more details contact
Jessica at jbaxter@bigarts.org.
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PUBLIC RELATIONS / COMMUNICATIONS MANAGER
Community Housing and Resources, Inc. (CHR) is seeking applicants for a full-time
Public Relations and Communications Manager to lead outreach and public
relations efforts for the agency. Duties include: writing and coordinating press releases,
advertising, newsletters and website content; creating brochures, posters and other collateral materials;
public speaking and assisting with events. Applicants must be adept public speakers, possess exceptional writing and
organizational skills, and have a strong
working knowledge of Microsoft Word, PowerPoint and Publisher. A Bachelor’s
Degree or equivalent experience is
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Executive Director 2401 Library Way
Sanibel, FL 33957 by 4 p.m. Friday, June
13. See a complete position description on
CHR’s website at SanibelCHR.org. EOE
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helmets, old guns, awards & more.
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LOSS AND FOUND

FOUND
Prescription sunglasses found in parking lot of Limetree Center on Wednesday,
February 27. Claim at Island Sun
newspaper, suite 2 in Limetree Center,
or call 395-1213.
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GARAGE • MOVING • YARD SALES

Giant Yard Sale
Antiques, Printers, Laptops, Games,
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Pets Of The Week

Good grief Charlie Brown, why haven’t I been adopted? My name is Sally and I’ve been patiently waiting for someone to notice what a sweet little dog I am. I’m the right size, shape, breed, color and temperament that most families want. I’d be a great match for a couple that just needs a little buddy to cuddle with and take for walks. So come see me, I’ll be waiting... My adoption fee is $75. 

My name is Fairy. Don’t you think I’m absolutely precious just like a little fairy? If you can’t resist my sweet face, you will fall in love with my personality for sure. Don’t forget that cats and kittens are always two-for-one here at Animal Services so why not bring home a friend for me too. I get along with all the cats here at the shelter. My adoption fee is $50.

For information about this week’s pets, call 533-7387 (LEE-PETS) or log on to Animal Services’ website at www.LeeLostPets.com. When calling, refer to the animal’s ID Number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 11:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive, Fort Myers, next to the Lee County Sheriff’s Office, off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet food.

The adoption package is valued at $500.
Doc Ford's Rum Bar & Grille

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239.472.8311

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Captiva Island
South Seas Island Resort
Captiva Island Fl 33924
239.312.4275

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Every Night!
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