Island Jazz Is Back At BIG ARTS

After a popular 2013 season, Island Jazz will kick off its 9th season of free Sunday concerts at 3 p.m. on January 5 in BIG ARTS Boler Garden. Tom Cooley, Island Jazz manager and drummer, said there was “a record number of attendance” last season and he is looking forward to reuniting with the group once again. In addition to Cooley, Island Jazz features Harry Reiner on trumpet, Gene Federico on vocals and guitar, Babe VanDeVelde on saxophone, Bill Johns on bass and Charlie Winkler on keyboard. Sally-Jane Heit frequently appears

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Mentalmania Dinner Performance Coming To The Community House

The Community House presents an entertaining dinner show with Mark Stone. Stone’s Mentalmania is the funniest mindreading and ESP show in America today. Stone never fails to astound audience members and “see” with his fingertips while blindfolded. He leaves audiences shaking their heads in disbelief when he demonstrates super memory, clairvoyance and telekinesis. He amazed Johnny Carson, Oprah Winfrey and Regis Philbin when he appeared on their TV shows. Not only does Stone amaze everyone with his uncanny abilities, but he keeps the audience laughing throughout the show.

Sanibel Design Center and Dan Hahn Custom Builders are sponsoring this event.

The show is on Friday, January 17 at The Community House, 2173 Periwinkle Way. Festivities start at 6 p.m. Check-in and cocktails will be from 6 to 6:30 p.m., dinner buffet from 6:30 to 7:30 p.m., after which the show begins. Tickets for SCA members are $50 and guests are $60. Payment is required at the time of reservation, with a five-day cancellation policy. Call The Community House at 472-2155 to make reservations. Cocktails are available by donation.

For more information on this or other SCA-sponsored events, visit www.sanibelcommunityhouse.net or call 472-2155.

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Pianist Francesco Attesti

Rotary Club Presents A Night With Pianist Francesco Attesti

The Rotary Club of Sanibel-Captiva will present a night with world famous pianist Francesco Attesti, as a fundraiser for Gift of Life International on Thursday, January 16 at The Heights Cultural Arts Center.

The evening will begin with hors d’oeuvres and a cash bar at 6 p.m., followed by a Gift of Life presentation. The piano concert will begin at 7:15 p.m. The cost is $50 per person

Gift of Life coordinates with doctors, hospitals and Rotary clubs around the world in identifying children in need of heart surgery and then matches them with hospitals and volunteer medical teams mainly in the United States where these vital life-saving surgeries are performed.

Rotary fundraisers and donations provide the families of these children with transportation, housing and per diem expense monies so that they may accompany their child on these remarkable journeys. To date, Gift of Life programs around the world have provided life-saving heart surgery to more than 16,000 children.

Attesti is an Italian pianist of international acclaim. Among his generation of musicians, he is considered one of the finest interpreters of the Romantic and early 20th century repertoire. He began practicing the piano at the age of six and gave his first concert at 11, performing a transcription of the Toccata and Fugue in D Minor by J S Bach. When Attesti was 16, he met Sergio Perticaroli who, impressed by the youth’s capabilities at the piano, invited him to attend the Summer Masterclass at the

continued on page 26
FISH Celebrates 32 Years Of Service

submitted by Maggie Goldsmith, Director of Operations, FISH of Sanibel-Captiva, Inc.

Dedicated and concerned individuals who founded the Communities of Sanibel and Captiva (FISH) in 1982 realized an organization of Friends In Service Here (FISH) should be established. 

A 24-hour-a-day answering service was essential and the Sanibel Police Department allowed the police dispatcher to pick up the calls for FISH. Soon, volunteers were recruited and communication about FISH began. Posters were placed in retail windows, fliers were left on restaurant counters, and the island newspapers published information about FISH.

FISH went into action on March 23, 1982 as this non-profit, non-sectarian group of “neighbors helping neighbors.” By April 15, 1982, Articles of Association were adopted and on September 21, 1982, FISH received its tax-exempt status. FISH was becoming known throughout the island community as a not-for-profit association of volunteers, organized to make assistance available to those requesting help.

The range of FISH services began with needs perceived as most critical: non-emergency transportation to dentist, doctor, hospital, or treatment centers; temporary loan of health equipment; meal delivery; home visitation; telephone reassurance contact; and support groups.

FISH operates solely on the generosity of others who give their time, resources, talents and monetary donations. Donations are used for the many needs of island neighbors and for FISH program expenses. Every donor – no matter the level of wealth – becomes a catalyst that affects positive change within our island community.

FISH January Workshops

FISH of Sanibel-Captiva, Inc. is offering the following complimentary workshops:

Mom and Toddlers Group – Open to All Islanders

• Monday, January 13 and January 27 from 10 to 11 a.m. The Island Mom’s Group will meet at the FISH Walk-In Center. All island moms with children aged birth through five years are welcome, either alone or with their children. It is a time for learning, and sharing with other moms and their children. This group is sponsored by FISH, Healthy Start of Lee County and the United Way of Lee County.

Empowering Women Group

• Tuesday, January 14 from 10 to 11 a.m. The group will meet at the FISH Walk-In Center to provide a source of support for women. All island women are invited to attend and explore topics related to personal empowerment.

FISH Lunch with Friendly Faces

• Tuesday, January 14 at 11:30 a.m. FISH staff, volunteers, board members and clients are invited to the monthly Friendly Faces lunch at George & Wendy’s Seafood Grille, Periwinkle Way and Tarpon Bay Road. The cost is $8 per person, all inclusive.

VITA Tax Preparation

• Friday, January 31 from 9 a.m. to 4 p.m. VITA will offer tax preparation at the FISH Walk-In Center. The IRS Volunteer Income Tax Assistance (VITA) Program offers free tax assistance for qualified taxpayers. Households who make $58,000 or less and need assistance in preparing their tax returns qualify for the program. Certified trained volunteers provide basic income tax return preparation to individuals in the community. They can inform taxpayers about special tax credits for which they may be eligible such as earned income tax credit, child tax credit, and credit for elderly or the disabled. Appointments are required and can be made by calling Christine at 472-4775. Other dates will be available throughout the tax season.

Betty Barrus gets a hug from Santa

Thank you, thank you dear Kiwanis for once again spreading happiness across Sanibel with your beautiful, gracious Santa Clauses delivering from so many to so many more, year after year. Love, Betty Barrus

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Pet Palooza Is Next Weekend

The Royal Shell Companies, Tahitian Gardens merchants and Pets du Soleil Photography join together again to support the Gulf Coast Humane Society (GCHS). The GCHS will bring some dogs looking for new homes to Tahitian Gardens, 1975 Periwinkle Way. The shelter pets will be available for a meet-and-greet on Saturday, January 11 from 11 a.m. to 1 p.m. If you are already a pet owner, Pets du Soleil Photography will be on site with a climate-controlled photography trailer set up for pet portraits. K-Nine Connections Life Center and Academy Kennels will be available to talk to owners about pet training and provide an agility course for pets to try. If the weather is hot, there will be doggie pools for the pups. Activities run from 10 a.m. to 2 p.m. For safety reasons, all pets must be on leashes.

There is no admission charge, but donations are appreciated and a portion of the day’s proceeds benefit the Gulf Coast Humane Society. For a list of the shelter’s needs, visit www.gulfcoasthumane.org.

Throughout season, The Royal Shell Companies hosts several meet-and-greet events with the GCHS. Sanibel has been generous in support with monetary donations, supplies and by opening their homes and hearts to many of the shelter’s dogs.

Sue and Betsy are examples of the pets you can meet at the next Pet Palooza at Tahitian Gardens.
Instructor: Ronda Seifer Walis, Tuesday
members. Prizes are awarded. Cost is $2.50 for members and $5 for non-members. Prizes are awarded.

Bridge - Monday and Wednesday at 1 p.m. Cost is $2.50 for members and $5 for non-members. Prizes are awarded.

Hand and Foot - Tuesday at 1 p.m. Cost is $2.50 for members and $5 for non-members. Prizes are awarded.

Canasta - Tuesday at 1 p.m. Cost is $2.50 for members and $5 for non-members. Prizes are awarded.

Mahjongg - Thursday at 1 p.m. Cost is $2.50 for members and $5 for non-members. Prizes are awarded.

iPad and iPhone Classes – Instructor: Ronda Seifer Walis, Tuesday and Thursday, 9 to 11 a.m. Cost is $60 per session for members and $90 for non-members. Class size limited to four. Own iPad/iPhone required.

• iPad - Introduction - January 7 and 9 and February 4 and 6.
• iPad - Intermediate - January 14 and 16 and February 11 and 13.
• iPhone - Intermediate - January 21 and 23 and February 18 and 20

Page Turners with Ann Rodman – If you are not on the Page Turners list, and wish to be, email annrodman@aol.com or contact the Center 4 Life. The next selection for Wednesday, January 8 at 2:30 p.m. is The Forgotten by David Baldacci This book was recommended by Nola Thesis, director of Human Trafficking Awareness Partners. She will say a few words about her program.

AARP Safe Driving Classes – Thursdays, January 23 and 30 and March 20 and 27, 1 to 4 p.m. Classes are held in the Center 4 Life building on Library Way. Cost is $20 with a $5 discount for AARP members. Taking the class makes you eligible for an auto insurance discount. Register by calling Ed VanderHey at 292-4012. You need not be a member of the Island Seniors to attend.

Caloosahatchee Oxbow and Riverlore Cruise – Sunday, February 9. This 2.5-hour adventure begins by going through the WP Franklin Lock in Olga and through the meanders of the historic upriver Caloosahatchee. Follow the river back in time when a waterfall served as the headwaters of the Caloosahatchee and settlers braved living in the wilderness. The tour is guided by Rae Ann Wessel, a river researcher, long-time river advocate, historian and SCCF natural resource policy director. Cruise is aboard the 47-passenger Manatee Rover pontoon boat departing at 1 p.m. from the WP Franklin Lock and Dam off SR 80 in Olga and returning by 3:30 p.m. Cost is $35 for members, $40 for non-members.

Tuesday Kayaking – January 7, 14, 21 and 28 at 8:30 a.m. There is space for 16 people on eight two-person kayaks and unlimited space for those who own their own kayaks. Kayaks, paddles and life jackets provided. Bring water, a small snack, sun lotion, bug spray, sunglasses, hat, and change of clothing. Cost is $5 for members and $10 for non-members. Advance registration is required.

Fitness Classes are available and all ages are welcome. Members pay $3.50 per class, visitors $6. Island Seniors annual membership is $20. Sanibel Recreation Center members must show their membership cards to attend.

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. This class aims to keep brains fit and heart, lungs and muscles strong with a combination of aerobics and muscle conditioning exercises and balance. Hand weights, stretch cords, and body weight will be used. Silvia Villanueva is the instructor.

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Mahnaz Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords and stability balls, along with mats, are used to strengthen muscles, improve core strength and balance. Mahnaz Bassiri is the instructor. 

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Mats are used to meet the needs of varying experience levels. Bring a towel. Kris Brown is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. This class does all of its exercises using a chair. It is designed to stretch tone and strengthen while improving flexibility and circulation. It meets the needs of varying experience levels. Bring a towel. Kris Brown is the instructor.

Four more information on programs or on becoming a member of Island Seniors, contact the Center 4 Life at 472-5743 or stop by 2401 Library Way.

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2014 Show Date
January 11th & 12th
Sanibel Community House
2173 Periwinkle Way • Sanibel, Florida 33957

Hours:
Saturday 10am - 5pm
Sunday 11am - 5pm

There will also be two $25.00 gift certificates drawn each day.

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Mini Golf, A Holiday Tradition

by Jeff Lysiak

The Sanibel Community Association’s 19th annual Holiday Mini Golf, held from December 26 to 29 at The Community House, has become a tradition of sorts for several families, who took in a couple of rounds the day after Christmas.

“We’ve been coming here for a number of years,” said Roger Pinnicks, a close friend of one of the event sponsors, Kennedy Construction. “We always come out as a family to play.”

Along with Pinnick and his wife, Sandy, his golf group included Max, Brooke and McKenna Adams, D.B. Lowden, Julie DeBord and Elise Kennedy.

“I like the holes that are really challenging,” said Kennedy, who had her likeness included on a dummy standing alongside one of the holes.

The four-day indoor sport raises funds to support The Community House.

Following each round of golf, participants tallied their scores while snacking on a free bag of popcorn.

“I think the toughest hole was the one with the snake,” added Chas LaSata, who shot an incredible round of 36 last Thursday afternoon.

“I couldn’t figure out whether I should hit the ball hard or not... but it was fun,” he said.

D.B. Lowden lines up his shot at the Sanibel Community Association’s 19th annual Holiday Mini Golf, held from December 26 to 29 at The Community House

Sarah LaSata hits a steady shot

Eileen Spiegel gets ready to putt

It is election time at IWA again, and next year two seats on our Board of Directors will be up for election. The seats are currently held by John R. Cunningham, and Ralph E. Sloan. Mr. Cunningham is completing his 2nd term, and Mr. Sloan is running for re-election for his 1st full term after completing the late Mr. Gardner’s term.

IWA is governed by a five member Board of Directors who serve without pay. Directors must be residents of Sanibel or Captiva, so that they can attend all Board meetings, and must be IWA Members or an official representative of a condominium or other IWA Corporate Member. Directors must have no conflict of interest, including but not limited to, active involvement in an enterprise which could potentially do business with IWA or which could benefit from involvement with IWA.

Meetings are normally held on the fourth Tuesday of every month. Directors are elected by the Membership at IWA’s Annual Meeting to be held in April. Anyone who would like to run for one of the open seats should contact our Board Recording Secretary, Beau Stanley, at (239) 472-2113 (extension 114) or by e-mail at beau@islandwater.com by no later than January 10, 2014. A background check will be run on all Board candidates.

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After finishing their round of mini golf, Max Adams, D.B. Lowden, McKenna Adams, Roger Pinnicks, Elise Kennedy, Sandy Pinnicks, Julie DeBord and Brooke Adams munch on popcorn.

Brooke Adams prepares to putt as sister McKenna Adams looks on.

Kiwanian Allan Marcus with mini golf participant Chas LaSata.

Annie O’Neill, left, from Chicago, and Julia Spiegel from Benton Harbor, Michigan play some mini golf the day after Christmas.
Miss Kasey Cameron Harrell and Mr. Brendan Lee Albright were united in marriage on Saturday, October 19, 2013 at The Sanctuary Golf Club on Sanibel Island. The bride is the daughter of Steve Harrell and Toby Tolp of Sanibel. The groom is the son of Karen Golembe of Pompano Beach and Mark Albright of Fort Lauderdale.

The bride is a graduate of The Sanibel School, Fort Myers High School and the University of Central Florida and is a realtor with John Naumann & Associates on Sanibel. The groom is a graduate of Westminster Academy and the University of Central Florida and is employed with South Seas Island Resort on Captiva. They live in Fort Myers.

WEDDING

Kasey and Brendan Lee

Piano Concert At Sanibel Church

Dr. Jim Hendricks will be performing at Sanibel Community Church on Sunday, January 5 at 6 p.m. He intrigued musicians and family members as a child with the ability to play anything he heard on records and memorize any printed music that came across the piano. He continued intensive musical studies and was considered a professional as a teenager. While on tour with the Glenn Miller Orchestra, Hendricks said he realized he was not using his talents for God’s glory. Since he had been a dedicated Christian for many years, he knew it was time to leave the secular music world and follow God’s calling into Christian ministry. A love offering will be received for Dr. Hendricks. The café will be open prior to the concert.

Island Resident To Share Holocaust Experience

On January 10 at 2 p.m., Sanibel resident Steen Metz will tell the story of his childhood in Denmark during the Nazi occupation and his family’s imprisonment in the Theresienstadt concentration camp during a program at the Sanibel Public Library. In his memoir, A Danish Boy in Theresienstadt, Metz tells of his family’s harrowing experience, their struggle for survival, and insights into the Nazis’ propaganda to the public about conditions in the camp. In the camp, Metz faced inhospitable and unsanitary living conditions as well as cruelty from German guards. His father died of starvation less than six months after their arrival. Metz was completely shut off from the outside world until April 1945, when the Red Cross came to the camp and freed the inhabitants. The program is free and open to the public.
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Dr. John H. Danner

Theological Studies At Local Church

Sanibel Congregational United Church of Christ will be hosting a three-week course, entitled Psalms, Hymns and Spiritual Songs on Wednesdays, January 15, 22 and 29. Identical sessions will be offered at 10 a.m. and 7 p.m. The course will trace the development of liturgical music in the Jewish and Christian traditions over the centuries. The course will be co-taught by the Rev. Dr. John H. Danner and Dr. Douglas Renfroe. Dr. Renfroe, an internationally known musician, resides in Fort Myers. He has been career and music director at Temple Bat Yam on Sanibel since 2001, director of music and fine arts at Beach United Methodist Church on Fort Myers Beach since 2008, served as artistic director of Moorings Capital Opera in Naples, and was adjunct professor and director of choral and vocal activities at Edison College. He is in demand as a soloist throughout the United States and Canada, and is listed in the 1980 edition of Outstanding Young Men in America and the 2004 edition of Who’s Who in America for his achievements in the performing arts. In 2004, he received an honorary doctorate from University of California.

Dr. Danner lives on Sanibel and serves as the senior pastor of the host church. His PhD in religious studies (Church History) is from Boston University. He also studied voice under Barbara McClowsky at Bradford College. Dr. Danner has contributed materials to two collections of liturgical resources: Touch Holiness and the recently published From the Psalms to the Cloud. Abbey Allison, pianist, will assist in presenting the course. The public is invited. The church is located at 2050 Periwinkle Way. For more information, visit the church website at www.sanibelucc.org, or call 472-0497.

Paintings On Display At St. Michael’s Church

A collection of paintings, entitled Vintage Florida, by Sanibel artist Myra Roberts will be featured in the gallery of St. Michael and All Angels Episcopal Church during the month of January.

Roberts’ nostalgic vintage style paintings are in private and public collections throughout the United States and Europe. Her paintings and greeting cards are in numerous galleries and shops on Sanibel. The Sanibel-Captiva Chamber of Commerce has used Roberts’ paintings on the cover of the visitors guide for the past four years.

Roberts says that living on Sanibel, she is constantly inspired by the wildlife, beach beauties and the joys that island living brings. Sanibel is also rich in historical places and people that she loves to depict in her paintings. Roberts has used many of these sources in her current exhibition.

Her painting entitled Three Flamingos was inspired by a 1940s Florida shirt while Sanibel Schnauzer is a portrait of Duncan, the schnauzer who loves boat rides, commissioned by the Frankwicz family, who lived on Captiva for 35 years. Roberts has also integrated decals and vintage Florida maps into her latest works.

Roberts’ newest painting of Audrey Hepburn, circa 1940s, will travel from Sanibel to Los Angeles for a vintage Hollywood exhibition next year.

To support many causes on Sanibel, Roberts has donated thousands of dollars from the sale of her original paintings. One such painting, Young “Ding” Darling, is on sale in the current exhibition to benefit the Sanibel Historical Museum.

The exhibit will run through January 30.

St. Michael and All Angels Episcopal Church is at 2304 Periwinkle Way.

Iyengar To Lead Presentation At Unitarian Service

Unitarian Universalists of the Islands will meet on Sunday, January 5 at 5 p.m. in Fellowship Hall at the Sanibel Congregational United Church of Christ, 2050 Periwinkle Way. The public is welcome to attend.

In the fall of 1999, a rural Kansas high school social sciences teacher, Norm Conard, encouraged three students to research a short 1994 newspaper article about a Catholic Polish social worker, Irena Sendler, whose heroic efforts saved the lives of thousands of Jewish children during the Nazi occupation of Poland. After careful study, the students discovered the facts behind the underground network Sendler created; a network that would ultimately save the lives of 2,500 Jewish children. To preserve the real identity of the hidden children, Sendler wrote their names on slips of paper that she stored in jars that she buried in the Warsaw yard of a friend. To take this story to the public, the students wrote a short play, Life In A Jar, about the life of Irena Sendler. The play has been presented many hundreds of times since. The students’ work and Sendler’s story led to a 2011 book, Life In A Jar: The Irena Sendler Project by Jack Mayer.

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Levine To Be Guest Lecturer

Dr. Amy-Jill Levine will be the guest lecturer for the annual Shared Scholar Program this year, sponsored by Bat Yam Temple of the Islands, Captiva Chapel By The Sea, Sanibel Congregational First Church of Christ, St. Michael and All Angels Episcopal Church and the Sanibel Christian Science Church. The Shared Scholar program is supported by the Leo Rosner Foundation in honor of June Rosner.

Professor Levine’s lecture, entitled Jesus the Jewish Story-Teller, will take place on Sunday, January 26 at 2 p.m. in the sanctuary of the Sanibel Congregational Church. The public is welcome; there is no fee to attend.

Dr. Levine is University Professor of New Testament and Jewish Studies, E. Rhodes and Leona B. Carpenter Professor of New Testament Studies, and Professor of Jewish Studies at Vanderbilt Divinity School and the College of Arts and Sciences. She holds a B.A. from Smith College, M.A. and PhD from Duke University, and honorary doctorates from the University of Richmond, the Episcopal Theological Seminary of the Southwest, the University of North Carolina-Upstate, Drury University and Christian Theological Seminary. Levine has been awarded grants from the Mellon Foundation, the National Endowment for the Humanities and the American Council of Learned Societies. She has held office in the Society of Biblical Literature, the Catholic Biblical Association and the Association for Jewish Studies. With Mark Brettler of Brandeis University, she has edited The Jewish Annotated New Testament and with her Vanderbilt University colleague Douglas Knight, she has written The Meaning of the Bible: What The Jewish Scriptures and The Christian Old Testament Can Teach Us. She has recorded Introduction to the Old Testament, Great Figures of the Old Testament and Great Figures of the New Testament for the Teaching Company.

Teaching in a predominantly Protestant divinity school in the “buckle of the Bible Belt,” Dr. Levine combines historical-critical rigor, literary-critical sensibility and a dash of humor with a commitment to eliminating anti-Semitic, sexist and homophobic theologies. Levine’s reputation as a well recognized and revered educator, writer and speaker is sure to draw a large audience.

A reception will follow the lecture in Fellowship Hall of the Congregational Church.

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Beginner And Intermediate iPad Classes

Bruce Findley, registered iOS developer, and Carol Good will lead beginner and intermediate iPad classes beginning Thursday, January 16, at Sanibel Congregational Church. The beginner class is at 6 p.m. and the intermediate class starts at 7:30 p.m. Registration is required as seats are limited. The cost is $15 per session. Call Carol at 618-201-6252 to register.

The church is at 2050 Periwinkle Way.
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My New Year’s Resolutions For Sanibel

by Mark ‘Bird’ Westall

I guess this is the time of year for people to make their new year’s resolutions. I usually don’t make any for myself because I know that I will probably quit following them before the end of the month and I figure you guys don’t want to hear that I resolved to eat more fruits and vegetables and drink more water anyway.

So…I’ve come up with five environmental resolutions that I think would be good for the people of Sanibel as a community to try and adhere to for the coming year. I’m sure there are some other resolutions that could easily be put on this list, but these five are obviously the ones that are set aside for a privileged few, can support this resolution because neither viewpoint wants to live with the terrible algae blooms and red tide health hazards.

The first resolution is to support the Abacoa Nature Center and their efforts to create a hot-sie-tosie, elitist community that is set aside for a privileged few, can support this resolution because neither viewpoint wants to live with the terrible algae blooms and red tide health hazards.

This last year, we have made some major headway in getting the politicians to understand that we are more than a little upset with the current setup, but we need to continue to stress, beyond a shadow of a doubt, that our state and federal representatives will not continue to remain in office unless they start listening to the victims of their policies.

The last resolution has to do with a subject I have already brought up a few times. I will ask once again that the people of Sanibel let me know where the wading bird nests due to increased raccoon predation. One citizen that has been a staunch supporter of the environmental concepts on the island for decades let me know about the abundant nesting sites in the Sanibel Bayou neighborhood, and I appreciate that. I also know about the one at the Periwinkle Trailer Park. But there have to be more.

In this winter and into next spring, if you see any wading birds nesting behind your house or along a waterway you sometimes explore, don’t disturb them, but let me know where they are, approximately how many nests, what species are involved and if you have seen any alligators under the nests and what its approximate size is. I’m guessing most people on the island like the wading birds and would be interested in preserving their presence here. The first step in accomplishing that is knowing these few basic baseline data.

The third resolution has to do with, of course, the gators directly and SCCF has been doing a good job in trying to educate the public and alleviate their fears about the reptile. But this resolution puts more emphasis on individual residents’ involvement. Help your neighbors who are afraid of the gators to understand how the balance of nature works, how the alligator program only panders to the idea of Sanibel – the first community in the state to recognize the dangers of people feeding gators – putting out the same amount of effort to stop people from creating monsters?

I suspect that there are many on the island today that feel that since we are killing the bigger ones, the problem is solved and there is no longer any need to get serious about stopping the feeding. A pseudo-environmentalist thinks the problem is solved. Those that understand how the balance of nature works, however, and really want to coexist with the island’s wildlife can see that the current state alligator program only panders to any environmental ethic.

So… I’ve come up with five environmental resolutions that I think would be good for the people of Sanibel as a community to try and adhere to for the coming year. I’m sure there are some other resolutions that could easily be put on this list, but these five are obviously the ones that are set aside for a privileged few, can support this resolution because neither viewpoint wants to live with the terrible algae blooms and red tide health hazards.

This last year, we have made some major headway in getting the politicians to understand that we are more than a little upset with the current setup, but we need to continue to stress, beyond a shadow of a doubt, that our state and federal representatives will not continue to remain in office unless they start listening to the victims of their policies.

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Visiting Children Make Donation To CROW

On December 23, CROW was visited by the Yustick family from Perrysburg, Ohio, who travel to Sanibel frequently to visit with family. A visit to CROW is always on the family’s list of “things to do,” but this year the children came bearing gifts.

Moved to action by what they saw and learned from their prior visits, the Yustick children – Bryce (12), Paige (9) and Blake (7) – hosted monthly video game contests at their home, collected donations from family and friends, and contributed their birthday money collected throughout the year. In all, the children raised more than $500, which they presented to CROW’s staff last Monday afternoon.

“What a marvelous gesture,” said CROW’s executive director Steve Calabro. “To see children at this young age demonstrate a sense of stewardship for the environment and wildlife is truly inspirational. They serve as a role model for their generation and a reminder to all of us that our future is in the hands of our youth.”

The children and their family were hosted to a VIP tour of CROW and the hospital and were presented certificates for the work. Their tour included a meeting with Dr. Heather Barron, hospital director, and CROW’s newest ambassador, “Mr. Stanley” a Virginia opossum.

Following the tour, as a special treat, the children were also able to participate in a patient release on the Sanibel Causeway.

Audubon Bailey Tract Bird Walk

The first Sanibel-Captiva Audubon bird walk of the new year will be held on Saturday, January 4 at the Bailey Tract (note the new meeting location). Take Island Inn Road across from Bailey’s General Store and meet at the back entrance to the Bailey Tract at 8 p.m. Free parking is available in the field. These bird walks are open to the public and all levels of experience. A $2 donation is appreciated.

Call Hugh Verry at 395-3798 for additional details.

Northern cardinal photo by Sam Ayres
Live Shrimp Time And Many Ways To Rig Them

by Capt. Matt Mitchell

A"fter catching and using shiners for months, this week they seemed to all but disappear. This always happens around this time of year. It’s just usually much earlier when we make this annual switch over to fishing with live shrimp. Having such a warm November and December I’m sure is part of the reason the shiners have stuck around so long.

Although I will continue to keep looking for shiners for the next few weeks, if I catch them it will be a bonus as now my go-to bait will be live shrimp probably until March.

During our winters live shrimp become the main food source of all our game fish. Basically, there is nothing that swims in our waters that will not eat a shrimp. Live shrimp can be fished in a wide variety of methods depending on the situation and species you are targeting. During winter our local bay shrimp are the largest that they get all year and with cooling water temperatures game fish want the bait that is naturally readily available and smaller forage.

My shrimp rig for most applications is a two- to three-foot piece of fluorocarbon leader tied with a line-to-line knot to the main line. I then attach to the leader with a loop knot a 1/4oz hook-up jig head with a 2/0 hook. This rig is awesome for fishing deeper creeks, docks, mangroves and even bounced across grass flats for trout.

Small chunks of shrimp fished on this same jig head rig is my method of choice for sheepshead fishing too. This jig head rig also gives the shrimp a little larger profile making it look bigger than it really is.

Other ways I fish with live shrimp include a popping cork rig out on the flats. For this rig I like to use a jig head about two feet below the float. This keeps the shrimp down in the water column and gives it better action. Cajun Thunder-style popping corks with a concave top are my choice for this. The concave top makes the loudest noise when popped and the jig head makes the shrimp quickly fall after you pop the float. These rigs work really well and do not tangle up as bad as the old style weighted popping cork. This is probably, day in day out, the best rig to trout fish the flats all winter as it keeps the bait just above the grass and is easy to see visual strike indicator.

For shallow water situations I rig free-line with the live shrimp. You can rig this several ways matching the size of the shrimp to the size of the hook. To rig it weightless, use a longer shanked hook and turn the hook back into the shrimp. If you want to keep the bait closer to the bottom simply add a split shot. Free-lined shrimp fished around dock lights at night are hard to beat as this is the most natural presentation possible.

For lure fishermen, it’s time to make the switch too. After fishing shiner and baitfish patterns since last spring, gamefish really have started to key in on shrimp. Soft plastic shrimp jigs bounced across the bottom and DOA Shrimp are becoming the lures of choice. Chunks of shrimp also make a great addition to tip these jigs with.

To catch a wide variety of species during our winter months no other bait can compete with a live shrimp. They are easy to get and the ways you can fish them are pretty much limitless.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmattmitchell@aol.com.

Send Us Your Fish Tales

The Island Sun would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, or email to islandsunicity@aol.com; or call Anne Mitchell at 395-1213.

Logan Harrell, 5, caught and released his first snook while his sister Ella cheered him on. Logan and Ella are the children of Danish and Lamar Harrell of Indian Harbor Beach, Florida. They were visiting Lamar’s sister, Wesley Fay, over the holidays.
CROW Case Of The Week:
Cat Attack

by Patricia Molloy

Last week, a mourning dove was injured in an attack by a prowling suburban cat. The feline’s quick-thinking family separated kitty and prey and transported the little bird to CROW.

Within five minutes of arrival, the dove was rushed into surgery to treat the numerous puncture wounds and abrasions. The emergency operation was a success.

“(The dove) had lacerations on both sides, puncture wounds everywhere, lost a lot of feathers and was in shock when she got here,” said Dr. Heather. “The goal was to close the wounds quickly.”

Often seen perched on backyard telephone lines and foraging for seeds on the ground below, the mourning dove (Zenaida macroura) is one of the most graceful birds in North America. Possessing a small head atop a delicate neck, they are best known for their soft, mournful calls: a three-part coo-OO-oo.

While the average life expectancy of a wild mourning dove is only 1.5 years, the oldest on record lived to be 19.3 years old.

To bolster its recovery, the injured mourning dove, patient #3336, is kept in a warm incubator. Several times per day, the dove is carefully removed from its cozy quarters to allow for an application of an antibacterial ointment with a sterile cotton swab. The medication is bolstered by a round of antibiotics, which the bird will receive for the first 10 days of treatment.

It will take several weeks for the dove to produce new feathers: she lost almost all of her tail feathers, several flight feathers and a lot of the fuzzy down that covers her body.

“I really wasn’t sure she was going to make it, but she looks very good now,” said Dr. Heather with a sigh of relief.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: www.crowclinic.org.

Jordan Donini, assistant rehabilitation technician, applies an antibacterial ointment to the wounded mourning dove.
Shell Of The Week

Unique Olive
by José H. Leal, PhD, Museum Curator & Director of Education

Shellers are always looking for that rare or unusual find. But a unique, one-of-a-kind lettered olive? That’s exactly what Tom and Deb Longtin of Waukesah, Wisconsin found while shelling at Tarpon Bay Beach at low tide. This 1.5-inch lettered olive (Oliva sayana), which the Longtins donated to The Bailey-Matthews Shell Museum, is technically defective (having a very long spire), most likely because of a “programming” (genetic) error. The resulting effect, however, is very pleasing to the eye. Learn more about the lettered olive at the shell museum website at http://bit.ly/letteredolive.

Feature Event: The shell museum lecture series kicks off on Wednesday, January 8 at 2 p.m. with a presentation from Florida Gulf Coast University Professor Dr. James Douglass. Douglass is assistant professor in the department of marine and ecological sciences and will discuss Seagrass Communities of the Caloosahatchee Estuary. The presentation is free with museum admission/membership or $5. All events are free with museum admission.

Shell Museum Events:

- Exhibit Chat: This 10-minute presentation will provide an in-depth look to a different exhibit. Daily at 11 a.m.
- Live Tank Demonstration: See Live Mollusks Up-Close and Personal. See a fighting conch use its foot for locomotion, watch a lighting whelk slam its trap door shut for protection, or witness scallops zip across the tank with jet propulsion skills. Daily at 3 p.m.
- Shelling 101: Everything You Always Wanted to Know About Shells, but Were Afraid to Ask. Learn how to find, clean and pack shells for safe travel. Discover how mollusks are classified into families and classes. Monday at 2 p.m.
- Shell ID Clinics: This new weekly program will provide shelling enthusiasts additional information about their shell-finding finds and Southwest Florida shells. Thursday at 2 p.m. (no clinic March 6).

Weekly Schedule:

- Saturday, January 4 – Exhibit Chat at 11 a.m.; Live Tank Demonstration at 3 p.m.
- Sunday, January 5 – Exhibit Chat at 11 a.m.; Live Tank Demonstration at 3 p.m.
- Monday, January 6 – Exhibit Chat at 11 a.m.; Shelling 101 at 2 p.m.; Live Tank Demonstration at 3 p.m.
- Tuesday, January 7 – Exhibit Chat at 11 a.m.; Live Tank Demonstration at 3 p.m.
- Wednesday, January 8: Exhibit Chat at 11 a.m; Environmental Lecture with Dr. James Douglass at 2 p.m.; Live Tank Demonstration at 3 p.m.
- Thursday, January 9: Exhibit Chat at 11 a.m.; Shell ID Clinic at 2 p.m.; Live Tank Demonstration at 3 p.m.


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Tree Lily
by Gerri Reaves

Tree lily’s (Cubanola domingensis) extravagant pendant-like flowers is a rare sight in South Florida. A native to the Dominican Republic, this species belongs to the same family as coffee and the gardenia. It is also known as Dominican bells and Dominica bell flower.

The tubular downward-hanging flowers are pale yellowish or greenish white and eight- to 10-inches long.

They bloom periodically in the warm months and are highly fragrant in the evening.

The oval or elliptical leaves are about two to five inches long and one- to two- and a-half inches wide.

Tree lily takes the form of a shrub or small tree, usually reaching five to seven feet tall. It needs well-drained soil, filtered light – ideally, morning sun with some afternoon shade – and plenty of water in the summer.

Avoid letting the roots dry out in winter but take care not to over-water it.

Tree lily does well as a container plant for a sun room or patio.

Propagate it with cuttings.

Caution: Parts of the plant are toxic if ingested.

Sources: fairchildgarden.org, botanicgarden.ox.ac.uk, rareflora.com, and centerofthewebb.ecrater.com.

Plant Smart explores the plant life of South Florida and sustainable landscape practices.
San-Cap Audubon Offering Presentation About Ospreys

When driving down Periwinkle Way or Sanibel-Captiva Road or walking along the beach, we have all seen tall phone poles on top of which sits a three-foot square platform covered with an assembly of sticks of varying lengths and widths. These are, of course, osprey nests. The platforms have been constructed and erected by the International Osprey Foundation, many by its founder, Mark “Bird” Westall, who will kick off San-Cap Audubon’s 2014 lecture season on Thursday, January 9 at 7:30 p.m. at The Community House.

Westall will provide a lively, in-depth visual and audio presentation entitled Everything Osprey. He will describe the osprey’s lifecycle and discuss the implications of knowing how to speak the bird’s language. From his years in the field, Westall has learned to “talk” osprey and will issue many calls and explain their meanings.

Unique among North American raptors for its diet of live fish and its ability to dive into water to catch the fish, ospreys are common sights soaring over Sanibel. These large, rangy hawks thrive around humans and have rebounded in significant numbers following the ban in 1972 of use of the pesticide DDT, which threatened the existence of the osprey, bald eagle and other raptors. In 1979, the survival rate of osprey was minimal, but thanks in part to the International Osprey Foundation, last year saw the highest and most successful Sanibel-Captiva nesting season since then, with a total of 125 surviving osprey chicks.

Westall arrived in 1978 in search of Utopia and found that Sanibel came pretty close. His company, Canoe Adventures, began shortly after his arrival and those eco-trips continue to be offered today. During his 30 years of fighting to preserve Sanibel’s unique environment, Westall has been involved with many community activities. Along
**Island Jazz**

as a special guest vocalist and the group may be joined by other local jazz musicians throughout the season. Island Jazz showcases several styles of music from jazz standards and Dixieland to pop, soul and others.

While there are only two concerts in January, Island Jazz will perform every Sunday in February, March and April. The free concerts are scheduled to begin at 3 p.m. on the following Sundays: January 5 and 12; February 2, 9, 16 and 23; March 2, 9, 16, 23 and 30; April 6, 13, 20 and 27. In the event of rain, the performance will move to the covered BIG ARTS Gainer Verandah, located adjacent to Boler Garden.

**BIG ARTS is at 900 Dunlop Road. For more information, call 395-0900 or email info@BIGARTS.org.**

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**To advertise in the Island Sun Call 395-1213**

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**Young Artists To Perform At Art Walk**

On Friday, January 3, four award-winning vocalists from the Young Artists Awards program will be performing Broadway show tunes at the Franklin Shops from 6:30 to 9:30 p.m. in conjunction with January Art Walk in downtown Fort Myers.

Noelle Aparte, 17, is a senior at North Fort Myers High School and was the overall voice category winner at the 2013 Young Artists Awards.

Callie Atkinson is a 14-year-old freshman attending Cypress Lake High School.

Sam Bostic, 19, is a sophomore in the musical theater program at Shenandoah University in Virginia.

Sarah Daigle is 18 years old and a recent graduate of North Fort Myers High School.

The Young Artists Awards, in its 11th year of programming, is a not-for-profit education, performance, audition and scholarship program for students from throughout Southwest Florida. The organization is also a monthly partner with Art Walk.

The Franklin Shops are at 2200 First Street, at the corner of Broadway and First in the downtown Fort Myers River District. The performance is free and open to the public.

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**Symphony Presents Real Life Story Of Mozart**

The Southwest Florida Symphony, Lee County’s only professional symphony and the oldest symphony orchestra in Southwest Florida, presents a fascinating look into the life and music of Wolfgang Amadeus Mozart at its Mozart The Miraculous! concerts.

Performances take place on Wednesday, January 22 at BIG ARTS on Sanibel Island at 8 p.m. and on Thursday, January 23 at the Shell Point Village Church at 7:30 p.m. Tickets to BIG ARTS cost $36 and tickets to Shell Point cost $20. Both are general admission. Tickets to the BIG ARTS performance may be purchased either at the BIG ARTS Box Office (in person at 900 Dunlop Road, by calling 395-0900 or online at www.BIGARTS.org), at the Symphony Box Office (in person, by calling 418-1500 or online at www.swflso.org) or at the door one and a half hours prior to the performance.

Tickets to the Shell Point Village performance may be purchased at or at the Symphony Box Office (in person, by calling 418-1500 or online at www.swflso.org), online at www.shellpoint.org or at the door one and a half hours prior to the performance. Shell Point Village Church is located at 15100 Shell Point Boulevard in Fort Myers.

Contrary to the story told in Peter Shaffer’s stage play and movie, both titled *Amadeus*, Mozart was not an oblivious, insensitive man-child as evidenced by the emotional depth of his sacred music compositions and serenades as well as the dynamics of his relationships with his family and colleagues. While the movie and stage play about Mozart’s life are silly and lightheartedly entertaining, Southwest Floridians have an opportunity to hear the real story of Wolfgang Amadeus Mozart.

In this multimedia presentation, the Southwest Florida Symphony, conducted by local favorite Maestro Lief Bjaland, tells the story of how that most divinely gifted of all composers, Wolfgang Amadeus Mozart, came to write one of the most revolutionary works of his time. Towards the end of his short but brilliant life, Mozart was broke, ignored by his formerly adoring public and mourning the death of his daughter. It is said that Mozart’s final symphony sums up an era, but more than that, it is a glimpse into the intimate life of this musical genius. His Symphony no. 41 in C major (Jupiter) is a key that can unlock Mozart’s miraculous world and will be performed at the conclusion of the concert.

Bjaland is one of the most dynamic and exciting American conductors, recently before that he served as the Artistic Director/Conductor of the Sarasota Orchestra, during which time the orchestra saw unprecedented growth.

He is currently the Music Director of the Waterbury Symphony in Connecticut, where he has received enormous enthusiasm and critical praise for his performances and imaginative programming.

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**Lief Bjaland**

A popular and active guest conductor, Bjaland made his debut at the 2003 Ravinia Festival conducting the Chicago Symphony Orchestra in a program entitled Bernstein On Broadway, also involving soloists, a chorus and dancers. He has appeared with the San Francisco Symphony, National Symphony, Florida Philharmonic, Louisiana Philharmonic and the symphony orchestras of Nashville, Detroit, Utah, Des Moines, Rhode Island, Virginia, Colorado, Chicago’s Symphony II, Grand Rapids and New World, to name but a few.

Bjaland is also an active opera conductor and has assisted in the production of David Carlson’s *The Midnight Angel* at Glimmerglass Opera in Cooperstown, New York. He conducted the Florida Grand Opera in three productions in four years, including a highly acclaimed *Don Giovanni*, a triple bill of one-act operas by Manuel de Falla: *El Amor Brujo*, *Master Peter’s Puppet Show* and *La Vida Breve*; and Mozart’s *Le Nozze di Figaro*. Bjaland received great attention and critical acclaim when he gave the world premiere concert performance of George Chadwick’s opera *The Padrone*. In 2000-01, Leif Bjaland conducted a new commission by the Florida West Coast Symphony of David Carlson’s *Quantumsymphony*.

This season features the Southwest Florida Symphony’s signature Masterworks Classical Concert Series (January 11, February 8, March 1 and 29), its Pops Series (*Music of The Rat Pack* on January 17 and 18 at Barbara B. Mann; *Torres & Tango* on January 31 and February 1 at Barbara B. Mann; and the *Sound of Musicals on March 7 and 8 at Barbara B. Mann*), a Sanibel Series performed at BIG ARTS (January 22, February 12 and March 26), additional concerts at Shell Point Village (January 23 and March 25) and a performance at Florida Tech College in St. Augustine, Florida on March 27.

For more information about the Southwest Florida Symphony, call 418-0996 or visit www.swflso.org.
Wonders Of Wildlife Schedule

CROW’s Visitor Education Center and gift shop is open Monday through Saturday from 10 a.m. to 4 p.m. It allows our visitors to share in the lifecycle of the patients from the time they are admitted until their ultimate release back into the wild. For a closer look at what they do, daily presentations are offered at 11 a.m. and 2 p.m. Admission to the education center is $5 per adult, $3 per teenager and children under 12 are free.

The week’s schedule is as follows:

Friday, January 3 – Why Animals Come To CROW. Each year, CROW treats over 3,000 native and migratory wild animals in Lee County. Let a CROW team member discuss an overview of its annual patient statistics and their reason for admission to its wildlife hospital.

Saturday, January 4 – Patient Profiles: Osprey. Even though this animal is considered to be a bird of prey, osprey are in a family all their own. Come listen as one of CROW’s team members share details about their adaptations, their on-site residents and how their contributions help the medical staff to treat this species.

Monday, January 6 – Ask The Clinical Staff. CROW is a teaching hospital that offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation. Let CROW’s medical staff discuss what animals are currently in the hospital and how they treat over 3,000 patients a year.

Tuesday, January 7 – Patient Profiles: Sea Turtles. CROW is the only licensed sea turtle facility from Sarasota to Miami on the southwest coast of Florida. Come listen as one of CROW’s team members describes why they are admitted and how the medical staff treats this species.

Wednesday, January 8 – Patient Rescue & Release. Patients originate from all over Lee County, but not all of the animals brought to CROW need assistance. Facilities like CROW should be wildlife’s last resort, not their first one. This presentation utilizes past rescues, case studies and releases to teach participants about safe interactions with the wildlife in their community.

Thursday, January 9 – Orphaned Vs. Abducted Babies. Wildlife parents are very devoted to the care of their young and rarely abandon them. Juveniles found “abandoned” might actually be in a natural stage of development. Come listen as one of CROW’s team members teaches the old wives tales regarding baby animals, how to renest them and other ways to prevent abduction.

For more information, visit www.crowclinic.org or call 472-3644 ext. 228. CROW is located at 3883 Sanibel-Captiva Road.
Fishing Fun For Local Children

Some lucky children recently had the opportunity to learn how to fish from the experts at Tarpon Bay Explorers, JN “Ding” Darling National Wildlife Refuge and Tarpon Bay Explorer staff members teamed up to get the kids out fishing as part of Youth Fishing Day. The children came from Brightest Horizons, a child development program for low income, working families in nearby Harlem Heights.

Their day began learning the basics, including knot tying taught by Tarpon Bay captains Dan Bridgers and Andy Pollock with assistance from the Sanibel Fishing Club. Capt. Steve Yetsko taught the children how to hold their poles and reels and cast their lines. Safety instructions, including proper fitting of life vests, became fun when they took the form of team competitions.

Participants got to meet some of the locals up close as Tarpon Bay Naturalist Donna Yetsko introduced the children to a few of the creatures that live along the bottom of the bay. The children were given the opportunity to learn about and handle live sea stars (starfish), shrimp, horseshoe crabs, live shells, hermit crabs and oysters in the touch tanks. “The touch tank was super duper awesome,” said Mia Patino, one of the children taking part in the program.

The new anglers split into smaller groups and went out on pontoon boats. Anglers Jay Carman, Anthony Valezuela-Vela, Israel Ponce, Emily Martinez, Kalanni Rayez, Ariana Gomez and Mia Patino with Wendy Schnapp of Tarpon Bay Explorers and Ranger Becky Wolff of JN “Ding” Darling National Wildlife Refuge.

We have the NFL Ticket Package and the BIG TEN Network
$1.50 Domestic Drafts • $6 Domestic Pitchers during the Games

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JEWELRY, CLOTHING, BOOKS & GIFTS
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16501 Stringfellow Rd
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Lazy Flamingo 4, Inc.
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Ft. Myers, Fl. 33919
239-476-9000

Live Music
Chris Workman Every Wed. 7-10pm
Danny Morgan & Friends Tues. & Thurs. 7-10pm
Capt. Steve Yetsko teaches Israel Ponce how to cast his fishing line

Tarpon Bay naturalist Donna Yetsko teaches Kalanni Rayez and Emily Martinez about life underneath Tarpon Bay with the fishing captains in Tarpon Bay. The children were quick studies. The group caught over 25 fish including sea trout, crevalle jack, catfish, redfish and even a sea star. As they caught each new species, they learned the name of the fish along with interesting attributes of each kind.

Once back on dry land, it was time for lunch. George Schnapp of George & Wendy’s Seafood Grille served up hot dogs off the grill for the anglers.

After all was said and done, new angler Jay Carman said, “My favorite thing was catching the fish and then learning about them.”

DANCE

Dance Alive National Ballet
Saturday, January 18, 7:30 pm
Schein Performance Hall
Loge: $47 • General: $42
Student/Child: $5

Benefactor Season Sponsor:
John M. & Mary Jo Boler
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COMMUNITY COLLABORATIONS

Island Jazz
Sunday, January 5 & 12, 3 pm
Boler Garden • Free Admission

FILM

Monday Night Film Series
$8 per ticket, 7 pm
Schein Performance Hall

January 6 Since Otar Left
January 13 The Hunt
January 27 The Attack

Discounts & Specials Available Now For Single Ticket Pricing & Group Rates. For a full listing of programs, please visit: www.BIGARTS.org
Of It All

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Let food be thy medicine & medicine be thy food.
– Hippocrates 460 BC

ROSIE’S

2013 TASTE OF THE ISLANDS WINNER
Top Honor: Golden Eagle Award
Taste of the Taste
Best Carryout: Rosie’s Famous Cheese Steak
Best Dessert: Cake Sundae

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Palm Ridge Place

2330 Palm Ridge Rd.
Sanibel Island, FL

31
Submitted by Linda Edinburg

Needs Shells

Shell Club

4" by 4" and are typically filled with Captiva Shell Club. These gift bags are for your donation gift from the Sanibel-Community Association “shell-sorters” for educational programs, or to The Sanibel Bailey-Matthews Shell Museum for use in fighting conch can be donated to The club. Donated shells should not be larger than a full-grown Florida fighting conch. Ideally, each bag will be filled with shells from the same species, 61 percent were birds, with 33 percent mammals and six percent reptiles.

The club always needs shells to fill their collection. Shells that they receive when they enter the show. They are a “thank you for your donation” gift from the Sanibel-Captiva Shell Club. These gift bags are 4" by 4" and are typically filled with about six or eight appropriately sized shells.

The club always needs shells to fill these bags. Are you cleaning out your garage? Do you want to downsized your shell collection? You might consider donating some of your shells to the shell club. Donated shells should not be larger than a full-grown Florida fighting conch. Ideally, each bag will be filled with shells around the size of an adult apple murex and might include banded tulips, olives, moon snails, nutmegs, or others of that size. The shells do not have to be from the local area. Any shells of the right size make the bagging process go smoothly and quickly. The shells should be cleaned, with barnacles removed and the sand shaken out, since the club does not have a way to clean them at the “bagging parties.”

Shells larger than a full-grown Florida fighting conch can be donated to The Bailey-Mattheos Shell Museum for use in educational programs, or to The Sanibel Community Association “shell-sorters” for sale at the shell festival. Very small shells, such as kitten paws and coquinas, get lost in the bags, but they can be used by the shell-sorters.

Contact Linda Edinburg at 395-9426 or Irene Longly at 283-7417 to arrange for either pick-up or delivery of your shell donation to the club.

From page 16

New Year’s Resolution

At night, attempting to follow these resolutions may not make you very popular with your pseudo-environmentalist neighbors, but you will be following what the original island founders had in mind when they incorporated the city.

Maybe we can’t keep our new year’s resolutions, but I think we should try!

A former city council member and mayor, Mark “Bird” Westall has owned and operated Canoe Adventures, Inc. on Sanibel for over 33 years. Visit www.canoewithbirdwestall.com for more information.

To advertise in the Island Sun
Call 395-1213
Museum Receives Gift From Sanibel-Captiva Shell Club

The Sanibel-Captiva Shell Club recently donated to The Bailey-Matthews Shell Museum to assist with the museum’s collection department. The gift was presented to the museum by Joyce Matthys, shell club president. This donation highlights the museum’s long-standing collaboration with the Sanibel-Captiva Shell Club, and continues to provide the museum with resources to benefit both organizations. The museum continues to host shell club monthly meetings and the board of trustees and staff welcome the shell club members throughout the year.

Each year, the Sanibel-Captiva Shell Club presents financial grants to select marine science related programs. The amount of money available for grants each year is determined by the net profit from the club’s annual shell show. This year, the Sanibel-Captiva Shell Club awarded $23,000 in the form of grants. The grant recipients are: The Bailey-Matthews Shell Museum, Florida Gulf Coast University Department of Marine & Ecological Science, The Bailey-Matthews Shell Museum Adopt-a-Class Program, Sanibel-Captiva Conservation Foundation, Mote Marine Laboratory, Conchologists of America, Florida Museum of Natural History.

In the past, the club has contributed annually to the Sanibel-Captiva Shell Club/Mary and Al Bridell Memorial Fellowship fund at College of Marine Science, University of South Florida, St. Petersburg. Because the scholarship fund is now self-sustaining, this year the club contributed to the FGCU Department of Marine & Ecological Science. This is the first year that the club has donated to the Conchologists of America. The money is earmarked for the COA Scholarship Fund.

A special one-time grant has been given to Roger Portell at the Florida Museum of Natural History for scanning electronic microscope (SEM) imaging of micromollusks. In addition to the grants, the Sanibel-Captiva Shell Club/Mary and Al Bridell Memorial Fellowship fund at University of South Florida awarded a $10,000 endowed fellowship.

Mary and Al Bridell Memorial Fellowship at College of Marine Science, University of South Florida, St. Petersburg. Because the scholarship fund is now self-sustaining, this year the club contributed to the FGCU Department of Marine & Ecological Science. This is the first year that the club has donated to the Conchologists of America. The money is earmarked for the COA Scholarship Fund.

In addition to the grants, the Sanibel-Captiva Shell Club/Mary and Al Bridell Memorial Fellowship fund at University of South Florida awarded a $10,000 endowed fellowship.

Joyce Matthys, shell club president, presents the donation to Dorrie Hipschman, executive director of The Bailey-Matthews Shell Museum.

Sundial WinterFest
A Season of Celebration

During 2014, Sundial Beach Resort has many reasons to celebrate

The first winter season open to the public in 5 years
Three new restaurants for your dining pleasure
Chef Criss Menassa & her culinary creations celebrating Gulf seafood
Enhanced convention & catering services
Awarded Best Full-Service Resort on Sanibel & Captiva
Resort celebrations for every holiday

Dining & Entertainment

Enjoy daily al fresco dining at Sea Breeze Café with an all-day menu served until 10 pm or a Gulfview dining experience in Waterview (Wednesday-Sunday from 5-10).
At Turtles Beach & Pool Bar, casual diners can enjoy menu selections from 11-7 daily.
Sample our All-You-Can-Eat poolside BBQ buffet every Saturday from 1-4.

Enjoy live entertainment in Sea Breeze Café every Friday and Saturday from 7-10 pm and at Turtles every Saturday from 2-5 pm.
Two fun-filled Happy Hours Daily: Turtles 3-5 pm • Sea Breeze Café 5-7 pm


239-472-4151 • 1451 Middle Gulf Drive, Sanibel Island
Sanibel-Captiva Conservation Foundation

Tank Talks

On Tuesday, January 7 at 10 a.m. visit the Sanibel-Conservation Foundation (SCCF) Nature Center and learn about the turtles, snakes, and other island critters SCCF works so hard to protect through research and habitat protection. Maybe the diamondback terrapins will be digging in their new nesting sandbox. Will Indie the indigo snake be looking for a mate? It is mating season in Indigo snake land.

Cost of the program is $5 per adult, children and SCCF members are free. Following the program, you can visit the butterfly house and take a walk on the trails to climb the tower overlooking the Sanibel River.

Learn About Florida’s Alien Invasion

Over 500 non-native fish and wildlife species and 1,180 non-native plant species have been documented in Florida. On Thursday, January 9 at 10 a.m., learn about the local invasive critters that have moved into the area and the problems that come with them. Meet the islands’ newest alien, the giant cane toad, now residing in the nature center. Meet in the SCCF auditorium. The program is $5 per adult; SCCF members and children are free.

Gator And Crocodile Tales

The Biology of Alligators and Crocodiles is an ancient tale of survival. On Wednesday, January 8 at 10 a.m., learn about these living dinosaurs to ensure human safety and their survival on the islands. With cool weather approaching, island gators will be slowing down, looking for a warm place to bask, and sometimes not eating for four to six months. Take a walk on the trails to the Sanibel River following the program or visit the butterfly house. Cost of the program is $5 for adults; SCCF members and children free. Remember, never feed an alligator.

Call SCCF at 472-2329 for more information on these programs unless otherwise indicated. Sanibel-Captiva Conservation Foundation is located at 3333 Sanibel-Captiva Road.

TANGER OUTLET

ART AND CRAFT FESTIVAL

Summerlin Rd

January 8-9, 2014
Wed 10-5 • Thur 10-4

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or www.tnteventsinc.com

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2500 Main Street, Fort Myers Beach, FL
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‘Ding’ Darling Kicks Off Film Series Inside Animal Houses

“Ding” Darling National Wildlife Refuge’s 2nd annual Bi-Weekly Film Series kicks off on Wednesday, January 8 at 2:30 p.m. with the PBS Nature documentary, The Animal House.

Some of the most amazing, creative and innovative structures on earth are neither man-made nor urban, but rather residences built by animals in the natural world. They can be as simple as a small depression in the sand or as elaborate as multi-chambered structures.

This 60-minute film provides a fascinating look at the home life of wildlife, from master builders such as termites and beavers to skilled decorators like the bowerbird.

Admission is free to the film, which is sponsored by the “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS). Seating is limited and available on a first-come basis. Future film events are listed below. All films begin at 2:30 p.m.

For full descriptions of the films, visit www.dingdarlingsociety.org/films.

January 8 – The Animal House
January 22 – Mysteries of the Deep
February 5 – Sanctuary Islands: The Sanibel Legacy
February 19 – March of the Penguins
March 5 – Wolves in Paradise
March 19 – Monster Python: Inside Nature’s Giants
April 2 – The Lost Bird Project
April 16 – A Life Among Whales

To support DDWS and the refuge with a tax-deductible gift, visit www.dingdarlingsociety.org or contact Birgie Vertesch at 292-0566 or director@dingdarlingsociety.org.

Attention Master Gardeners
submitted by Dr. Phillip Marks

The Master Gardener Lecture Series, after 68 programs over the past nine years, will be taking a sabbatical for one year due to a family illness. I plan to resume the programs next year.

Wishing you successful gardening and good health in the coming year.

Read us online at IslandSunNews.com

Master Gardener Certification

A 14-week Lee County Extension Master Gardener Certification Training Class will be offered, starting January 24. The course, which trains citizens to become master gardener volunteers, covers topics such as soils, fertilizers, pest and disease identification and control, native plants, citrus, lawns and palms.

Classes are held from 9 a.m. to 3 p.m. every Friday at the North Fort Myers Recreation Center, 2000 Recreation Parkway in North Fort Myers. The fee is $140. For an application or information, email browsh@leegov.com, or call 533-7513 or visit http://lee.ifas.ufl.edu/Hort/HortClasses/MGTrainingClass_2014.pdf.

Lee County Extension agents offer educational services through a three-way cooperative arrangement between the Lee County Board of County Commissioners, the University of Florida and the U.S. Department of Agriculture. Local extension agents are off-campus faculty members of the University of Florida and are housed within Lee County’s Parks & Recreation Department.
Wonders Of Wildlife Schedule

CROW’s Visitor Education Center and gift shop is open Monday through Saturday from 10 a.m. to 4 p.m. It allows visitors to share in the lifecycle of CROW’s patients from the time they are admitted until their ultimate release back into the wild. For a closer look at what they do, daily presentations are offered at 11 a.m. and 2 p.m. Admission to the center is $5 per adult, $3 per teenager and children under 12 are free.

The week’s schedule is as follows:

• Friday, January 10 – Wildlife Ambassador: Meet Trouper Lee
  Trouper, the blind raccoon, was saved by CROW volunteer Dot Lee over four years ago. Come out and listen as she and author Kyle Miller tell Trouper’s story from the time of his head injury to becoming a certified ambassador for education.

• Saturday, January 11 – Patient Profiles: Owls of Southwest Florida
  There are five owl species native to Southwest Florida, and their hunting adaptations enable them to be top predators. Owls are typically nocturnal, but there are crepuscular exceptions. Come listen as one of CROW’s team members teach you about “who” they are, from hunting adaptations to common reasons for admission to the hospital.

• Monday, January 13 – Ask The Clinical Staff
  CROW is a teaching hospital that offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation. Let CROW’s medical staff tell you what animals are currently in the hospital and teach you how they treat over 3,000 patients a year.

• Tuesday, January 14 – Patient Rescue & Release
  Patients originate from all over Lee County, but not all of the animals brought to CROW need assistance. Facilities like CROW should be wildlife’s last resort, not their first one. This presentation utilizes past rescues, case studies and releases to teach about safe interactions with the wildlife in your community.

• Wednesday, January 15 – Patient Rescue & Release
  Patients originate from all over Lee County, but not all of the animals brought to CROW need our assistance. Facilities like CROW should be wildlife’s last resort, not their first one. This presentation utilizes past rescues, case studies and releases to teach about safe interactions with the wildlife in your community.

• Thursday, January 16 – Patient Profiles: Gopher Tortoises
  The life of a gopher tortoise revolves around its burrow, and the species is found digging from Southern Georgia to Southeast Florida. Because of its contributions to the ecosystem, it is classified as a “Keystone Species.” Come listen as one of CROW’s team members describes why they are admitted to the medical staff treats this species.

For more information, visit www.crowclinic.org or call 472-3644 ext. 228. CROW is located at 3883 Sanibel Captiva Road.  

A raccoon investigates seagrape branches

The Modulators Live! | New Year’s Eve - January 4 | Next Week January 7-11

15951 Captiva Dr. | 239.472.5161 | Tween-Waters.com
Free Refuge Programs

From birding and biking the refuge, to learning about gators and crocs, the seasonal calendar of free programs and tours at JN “Ding” Darling National Wildlife Refuge began on January 2 and runs through April 25.

New this year, Indigo Trail Hikes will include the recently opened Wildlife Education Boardwalk, plus three programs have been added to the schedule: Raptors of Southwest Florida, Reptiles and Amphibians, and Nature’s Pollinators & Plant Walk. Daily programs begin at 8:30 a.m. and include such diverse topics as Nature Photography, Plants of the Bailey Tract Tour, Calusa Shell Mound Tours, Florida’s Venomous Wildlife, and Family Craft & Story Time.

“We have something for visitors of all ages,” said refuge ranger Becky Wolff. “The free refuge programs and tours last anywhere from a half hour to two hours.”

For a full calendar of programs and tours and descriptions, visit www.dingdarlingsociety.org/winter-programs. Educational programs are made possible through support from the “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS).

Birding In The Preserves

Experienced birders will lead outings on the second and fourth Fridays of the month to two island preserves: Sanibel Gardens Preserves, jointly owned and managed by the Sanibel-Captiva Conservation Foundation and the City of Sanibel; and the Shipley Trail at the Bailey Homestead Preserve.

Both new and experienced birders are welcome to participate with the chance of seeing a variety of birds in a diversity of wildlife habitats.

Botany enthusiasts are also welcome to help identify plants along the trails. All walks begin at 8 a.m. but the locations do vary. Walks are free for members and non-members. Call 472-2329 for more information.

Where to meet:
January 10 – For Sanibel Gardens, enter Island Inn Road from Tarpon Bay Road and park on the side of the road near the trailhead, or enter Island Inn Road from West Gulf Drive, park near road barrier and take a short walk to the trailhead.

January 24 – For the Shipley Trail, meet in the parking lot at Roadside City Park on Periwinkle Way (just east of Islander Trading Post). The Shipley Trail runs through the Bailey Homestead Preserve and connects the city’s Pond Apple Park Trail to Roadside City Park.

Note: The Shipley Trail is not yet open to the public, nor is the rest of the Bailey Homestead Preserve, which is still undergoing restoration.
Artists For Winter Programs Sought

Sanibel residents and visitors who are interested in art have a wonderful opportunity this winter to participate in educational programs offered by Sanibel Captiva Art League, as well as the opportunity to paint both outdoors at local locations or to attend an indoor portrait open studio using a model.

The Thursday, January 16 Art League General Meeting, open to the public, and beginning with light refreshments at 1 p.m. at The Community House, will feature a workshop by creative arts attorney Anne Dalton, Esquire. The workshop, planned to be a “fun session on a serious subject,” will focus on business issues for artists.

Topics, including legal issues such as protecting artistic integrity, horror stories of art contracts, contract strategies, licensing artwork, gallery contracts, insurance, and miscellaneous cool stuff about copyrights, will be discussed. The program will be highly interactive and visual and will be followed by a question-and-answer session.

Dalton is licensed in New York, Pennsylvania, and Florida and has been representing creative artists and other small businesses for 36 years. She previously worked for Radio City Music Hall as senior attorney and for ABC News as legal and business affairs counsel.

For those who enjoy painting outdoors, each Thursday morning there is an invitation to join a group of local artists to paint, and later to socialize over a brown bag lunch. There is no fee to participate. More information is available by calling the January coordinator Terry Shattuck at 225-7397.

Beginning in January, an indoor portrait open studio will be held for those interested in painting from a model. There is a fee to cover expenses. More information is available by calling the chair Jean Eaton at 433-3086.

The annual $30 membership in Sanibel Captiva Art League offers opportunities to display art in local exhibits as well as many Southwest Florida Art Council shows, such as the current exhibit which is hosted by Sanibel Captiva Art League in Phillips Gallery at BIG ARTS. More information about programs and membership, including an application, may be found online at www.sancapart.com.

To advertise in the Island Sun
Call 395-1213
New Opportunities at Shell Point

Shell Point’s Life Enrichment Series offers the opportunity to discover new things about yourself and the world you live in. Concerts, presentations, lectures, shows, special events, and more! The public is invited and many of these events are FREE!

Jan 4 • Preservation Hall Jazz Band at 7:30pm.
The Preservation Hall Jazz Band has traveled worldwide since 1963, nurturing and perpetuating the art form of New Orleans Jazz.

Jan 7 • LifeQuest Expo from Noon to 2pm.
Get a jump start on a healthy New Year! This event will be held in The Village Church Auditorium on The Island at Shell Point and will showcase 50 booths representing all six dimension of wellness: 1. Physical 2. Emotional 3. Spiritual 4. Educational 5. Community and Social 6. Natural Environment. Follow event signs. For information call 489-8472.

Jan 10 • Tim Zimmerman & The King’s Brass at 6:15pm.
Presenting hymn classics with a contemporary flair, The King’s Brass instruments blend together to create a time of innovative worship that will be enjoyed by audiences of all ages and musical interests! Tickets are $10 and can be purchased at www.shellpoint.org/seasonofpraise or by calling 454-2147.

Jan 12 • The History of Shell Point with President Peter Dys from 1:15 to 2:45pm.
Peter Dys, President of Shell Point, will share a pictorial history that recalls how the community came to be and the growth it has experienced over the past 45+ years. He will share his recollection of personal memories and important events in Shell Point’s history from his 28 years of service. Admission is free. Call 489-8472 to reserve your place.

Jan 13 • A Salute to Shakespeare: 2 Part Series from 10:15 to 11:45am.
The Academy of Lifelong Learning recognizes the 450th anniversary of the birth of William Shakespeare with a two-session Salute to Shakespeare. Presented by Ray Boyce, a Shell Point resident who studied Shakespeare at Oxford as a part of his passion for continuing education. Admission is free. Call 489-8472 for reservations.

Jan 14 • The Tale of Two Cities: 3 Part Series from 1:00 to 2:30pm.
Detroit and Singapore, two major metropolitan areas followed different economic, social, and political pathways. Detroit was a leader and now faces bankruptcy. Singapore went from a third world country to economic and educational leadership. What happened? Presented by Shell Point resident Dr. Phil Gannon, a Detroit native and Michigan college president. Admission is free. Call 489-8472 to reserve your place.

Jan 21 • The History of Shell Point with President Peter Dys from 1:15 to 2:45pm.
Peter Dys, President of Shell Point, will share a pictorial history that recalls how the community came to be and the growth it has experienced over the past 45+ years. He will share his recollection of personal memories and important events in Shell Point’s history from his 28 years of service. Admission is free. Call 489-8472 to reserve your place.

Jan 24 • Tim Zimmerman & The King’s Brass at 6:15pm.
Presenting hymn classics with a contemporary flair, The King’s Brass instruments blend together to create a time of innovative worship that will be enjoyed by audiences of all ages and musical interests! Tickets are $10 and can be purchased at www.shellpoint.org/seasonofpraise or by calling 454-2147.

Learn More About Shell Point:
10am Jan 7, 15, 21 & 29
2pm Jan 22 & 28
Visit for full listings of this month’s events! www.shellpoint.org

Shell Point Retirement Community is located in Fort Myers, 2 miles before the Sanibel Causeway.
Shell Point is a non-profit ministry of The Christian and Missionary Alliance Foundation ©2013 Shell Point. All rights reserved. SLS-2575-13
iPhone Or iPad I And II Workshops Offered At The Community House

These are extraordinary devices that keep you connected to friends, family, knowledge, entertainment and the world. They can enrich and stimulate in new and exciting ways. They can also be intimidating, secretive and, as a result, used in very limited ways.

This workshop is designed to demystify the technology and provide an easy on-ramp to really love your iPhone and iPad. Whether you haven’t yet ventured into this brave new world, or have a device but feel you could be using it more (or more efficiently), this workshop is for you.

iPhone/iPad I is for those wanting to master the basics of setup, navigation, efficiency with the basic apps (e.g., Phone, Mail, Safari, Calendar, Facetime, Maps, Siri). This workshop will be held on January 9 and March 13.

iPhone/iPad II is for those wanting to take their skills to the next level. Specific apps for password control, photo editing, GPS guidance, shopping and more will be discussed. Also covered will be tips for working efficiently, using the cloud and integration across multiple devices. This workshop will be held on February 6 and April 3.

Advance registration encouraged.

Eric B. Orkin is a former business school professor and department chair at the University of New Hampshire, a successful high-tech entrepreneur, author of numerous articles, and an inductee into the prestigious HiTech Hall of Fame.

Orkin owned two companies that developed applications using MS-DOS, then Windows. After two decades of dealing with Microsoft idiosyncrasies, he migrated his family to the Apple world and never looked back. He is highly regarded as a teacher in many fields. When presenting technology, he is noted for making it accessible, practical, and memorable. Orkin hails from Maine and Sanibel.

Workshops are scheduled at The Community House 9:30 to 11 a.m.

iPhone/iPad I January 9 and March 13
iPhone/iPad II February 6 and April 3

Members $30 per class, guests $35 per class. Contact The Community House for advanced registration.

For more information on this event or other SCA-sponsored events, visit www.sanibelcommunityhouse.net or call 472-2155.

Academy Award Series Line-Up

The 2013 BIG ARTS Film Society Academy Award Contender’s Series starts on Wednesday, January 8 at 1 p.m. at Island Cinema. It will continue for eight Wednesdays at the same time through February 26.

Each week, one of the top Academy Award contender films will be screened followed by a discussion at George and Wendy’s Seafood Grille. Everyone is invited to attend. Films will be announced as soon as they are confirmed, usually seven to eight days prior to the screening.

The eight films in the series will include some of the following: 12 Years a Slave, Nebraska, Dallas Buyers Club, Blue Jasmine, All is Lost, American Hustle, The Wolf of Wall Street, August Osage County, Saving Mr. Banks, Inside Lewyn Davis, and Her.

Tickets are available in advance at the Island Cinema box office.
From left, Dorrie Hipschman, Janet Strickland and Liz Harris

**A British Flair For Museum’s Under The Sea Gala**

The Bailey-Matthews Shell Museum is heading Under The Sea for its annual museum gala. This year’s event, titled Under The Sea: Across The Pond, will feature a 1960s theme with a British tribute band.

**Tools For Optimizing Your Health Workshops At Community House**

The Community House will host four public service free workshops, Tools For Optimizing Your Health. The October issue of Prevention Magazine extolls the virtues of energy medicine.

Each class will begin with learning “hands on” tools that take five minutes daily to shift the “Blah’s” to “Ah-Ha’s” with Eden Energy Medicine. Work with subtle energies to restore your energy when tired; sharpen your memory; boost your immune system; and alleviate stress and pain. Join Karen Semmelman to gain the gift of knowledge to self-heal.

• Wednesday, January 15 from 1 to 3 p.m. – Joints groaning? Arthritis, stiffness, replacements? Create movement and looseness with Eden Energy Medicine

Learn tools for those joints that “whine too much” or that discomfort from that hip or knee replacement. What happens if your child or grandchild sticks a ball in the toilet? It is blocked and the water seeks an alternative route. That’s what happens with joints. They need space and fluidity to move. This class will provide tools to create space, to unlock frozen muscles, to get energy into those tight joints or provide pathways to reroute energy flow around replacements.

• Thursday, February 13 from 4 to 6 p.m. – Cancer “dis-ease?” Body, mind or spirit in overdrive? Unleash the innate ease with Eden Energy Medicine

Participants will discuss that with cancer, normal cells have learned a new habit field that does not serve our overall health. Shifting the habit field energetically opens new cellular memory to the cell. This class will work with the commander of our energies to rebalance all the systems to enable shifts to the habit the cancer cells have created. By calming the energies and boosting spleen energy (which metabolizes everything we take in, from emotion to food), a new nice dance begins.

• Wednesday, March 12 from 10 a.m. to noon – Stressed? Dropping a fork set you into meltdown mode? Activate your internal “joy juice” with Energy Medicine

Stress. We all have it; it’s part of our culture. Not only does it deplete our spirit, but it depletes our body and minds, too. You will learn how to activate the “radiant circuits” of your energy systems, to find the positivity and joy even when the lynch pin falls. These exercises create the joy juice of life, relying on defined circuits in our body to wake the joy in each of us. Of course, singing, dancing and playing help, too.

• Wednesday, April 9 from 4 to 6 p.m. – Eyes sad? Cataracts, night vision, bright light hurts. Could it be macular degeneration? Activate your inner healing with Energy Medicine

Anyone do daily eye exercises? No? Why not? We realize the importance of exercise for our body and mind, but the “windows to our world” get neglected. This class will provide exercises for improving eye health and assisting with healing for cataracts, night vision, bright light that hurts the eye, others and teach daily eye routine.

The workshops are free, but pre-registration is required. Call The Community House at 472-2155 to register. For more information about each talk, contact SEMMEnergyCenter@gmail.com or call 472-2155.

**COMING SOON**

**Defamation**

A Play by Todd Logan

Adult: $42 Student/Child $5

8 pm, Shows: Feb. 20 - March 2, 2014
7 pm, Opening Night Reception, Thursday, Feb. 20
4 pm, Sun. Twilight Shows. Feb. 23 & Mar. 2

**Romance/Romance**

Book and Lyrics by Barry Harman

Music by Keith Hermann

Adult: $42 Student/Child $5

8 pm, Shows: March 7 - April 5, 2014
7 pm, Opening Night Reception, Friday, March 7
2 pm Wed. Matinées: March 12 & 19
4 pm, Sun. Twilight Shows; Mar. 9, 16, 23 & 30

**The Big Bang**

Book & Lyrics by Boyd Graham

Music by Jed Feuer

Adult: $42 Student/Child $5

8 pm, Shows: April 11 - May 3, 2014
7 pm, Opening Night Reception, Friday, April 11
2 pm, Wed. Matinées: April 16 & 23

2200 Periwinkle Way, Sanibel, Florida 33957

Tickets: (239) 472-6862
and ONLINE at www.BIGARTS.org

**Big Arts**

2013-2014 Season

**STRAUSS THEATER**

January 10 - February 15, 2014

**Into The Woods**

Music & Lyrics by Stephen Sondheim

Book by James Lapine

Adult: $42 Student/Child: $5

All Shows at 8 pm

7 pm, Opening Night Reception:
Friday, January 10
2 pm, Wednesday Matinées:
January 22 & February 5
4 pm, Sunday Twilight Shows:
Jan. 12, 19, 26 & Feb. 9

Show Sponsor:

**TWEEN WATERS INN**

**So what happens after happily ever after?**

The Stephen Sondheim/ James Lapine beloved musical is a retelling of classic Grimm stories as a parade of familiar folk tale figures find their way into the woods and try to get home before dark. Follow along as iconic fairy tale characters experience a new cautionary tale about the responsibility of having your wishes come true.

**Discounts & Specials**

Available For Group Rates.

**Defamation**

Show Sponsor: Linda & John Kramer

**Romance/Romance**

Show Sponsor: Congress & Budge

**The Big Bang**

Show Sponsors: The Jacaranda

Opening Night Receptions
Hosted by: Starfish Grille

Season Sponsor:
Riverdale Kiwanis Medieval Faire Is Coming Soon

The Riverdale Kiwanis annual Medieval Faire will be held on the weekends of January 11 and 12 and January 18 and 19 from 9 a.m. to 6 p.m. at Lakes Regional Park in Fort Myers. The event is expected to draw over 15,000 attendees.

The club is seeking volunteers to help set up, especially those with carpentry or construction skills.

The faire will feature jousting, live chess match, live sword fighting, royal court, children’s games and rides, jugglers, magicians, minstrels, period food and medieval themed merchants. Entertainment will be provided by professional touring medieval faire professionals. Tickets will be available the day of the faire. Adult tickets are $15 and children ages five to 11 are $5. Free onsite parking is available.

All profits go to the Kiwanis of Riverdale Foundation Fund to support local programs including Thanksgiving baskets for the needy, Christmas dinners, Buckingham Exception School, Orange River Elementary, Sunshine Elementary, school grants and scholarships.

Paint Your Pet On Canvas Workshop Offered At The Community House

 Spend an evening painting your best friend. Sign up for the Paint Your Pet course with professional working artist Jenny M. Licht and enjoy an evening of beautiful art made by you.

 All materials provided with class fee, including gallery-wrapped 11x14-inch canvas, use of brushes, palette, easel, paint cloths and other supplies as well. When registering, bring or email a photo and Jenny will draw your pet on canvas prior to class and have it ready for you to paint. Participants should wear their paint clothes and come prepared to have a fun and relaxing time painting. Bring a friend and make it a party! Wine and beer by donation. All are welcome to bring snacks. Registration and pre-payment is required.

 Paint Your Pet will be offered on Tuesday, January 14 from 3:30 to 6:30 p.m. Minimum class size is five; maximum of 12. Sign up early and provide a clear photo of a dog, cat, hamster or even horse. Participants will complete painting in class. Register by calling 472-2155 or stopping in with your pet picture at The Community House, 2173 Periwinkle Way.

 Cost for SCA members is $40 per class, and guests are $45 per class.

 For more information on this or other SCA-sponsored events, visit www.sanibelcommunityhouse.net or call 472-2155.

 Book Discussion At The Library

 The focus of the Wednesday, January 22 book discussion meeting at the Sanibel Public Library is Flight Behavior by Barbara Kingsolver. The meeting is free and open to the public.

 The discussion begins at 2 p.m. in meeting room 4 across from the elevator on the ground floor. Lorraine Walker Williams will lead the discussion.

 Tired of living on a failing farm and suffering oppressive poverty, bored housewife Dellarobia Turnbow, on the way to meet a potential lover, is detoured by a miraculous event on the Appalachian mountainside that ignites a media and religious firestorm that changes her life forever.

 Books featured for discussions are available in the library near the reference desk. It is preferable to come having read the book to be able to join in the discussion, but all are welcome. For more information, call the library at 472-2483.

 Fill your bag for $1

 The Sanibel Public Library book sale will begin on January 3. Patrons are invited to fill a bag for $1. The sale will be held in the lobby of the library. Proceeds will go to the Sanibel Public Library Foundation, Inc. to help support the library.

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Sanibel 8-Ball Pool League

Odd Balls Move Up In Standings

Doc Lubinski, Matt Hall and Ray Walker racked up three wins each and the Odd Balls coasted to an 11-5 shellacking of Island Lifers. The win moved the Odd guys into second place in the league standings. Gary Murza showed flashes of brilliance for his Lifer team as he handed visiting Maine snowbird Noah Smith two losses.

Fresh Legion Crew captain Gator Gates decided to take action to lift his team out of the league cellar. He imported Dennis Bender and John Gonzalez, two members of last year’s championship team, to cue up against Sanibel Café. The result: a 9-7 win which pushed Sanibel Café into third place. Birthday boy Gonzalez led the Crew with three wins over Pete Mindel and Café’s Joe Mason grabbed three victories over Bender.

Jack Dalton led his fourth place Sandycapper team with three masterful winning games over Ball Buster Terry Ricotta. Two of the wins featured cross banks on the winning 8-ball shots. Sandycapper captain Kevin Pottorf utilized his patented laser aiming technology to embarrass Ball Buster captain Bob Bunrock in the last two games of the evening. Pottorf’s effort helped his team to an 8-8 tie with the league leaders. Bunrock is checking with the Billiard Congress of America to see if Pottorf’s laser aiming technology is legal or even ethical.

### SANIBEL 8-BALL POOL LEAGUE 2013-14
### Standings through December 30

<table>
<thead>
<tr>
<th>Standing</th>
<th>Team Name</th>
<th>Won</th>
<th>Lost</th>
</tr>
</thead>
<tbody>
<tr>
<td>First</td>
<td>Bunt’s Ball Busters</td>
<td>128</td>
<td>64</td>
</tr>
<tr>
<td>Second</td>
<td>Odd Balls</td>
<td>109</td>
<td>83</td>
</tr>
<tr>
<td>Third</td>
<td>Sanibel Café</td>
<td>108</td>
<td>84</td>
</tr>
<tr>
<td>Fourth</td>
<td>Sandycappers</td>
<td>103</td>
<td>89</td>
</tr>
<tr>
<td>Fifth</td>
<td>Island Lifers</td>
<td>68</td>
<td>124</td>
</tr>
<tr>
<td>Sixth</td>
<td>Fresh Legion Crew</td>
<td>60</td>
<td>132</td>
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</table>

### December 30 Results

<table>
<thead>
<tr>
<th>Team</th>
<th>Score 1</th>
<th>Score 2</th>
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</thead>
<tbody>
<tr>
<td>Odd Balls</td>
<td>11</td>
<td>Island Lifers 5</td>
</tr>
<tr>
<td>Fresh Legion Crew</td>
<td>9</td>
<td>Sanibel Café 7</td>
</tr>
<tr>
<td>Bunt’s Ball Busters</td>
<td>8</td>
<td>Sandycappers 8</td>
</tr>
</tbody>
</table>

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January 3 Is For Grownups

T he once-a-month special event at The Sanibel Public Library, Stories For Grownups, is set for the First Friday of the month during the winter season, starting January 3.

Stories for Grownups are at 2 p.m. in the Sanibel Public Library. This month, the featured story teller is Dr. Sidney B. Simon, professor emeritus from the University of Massachusetts, and an authority in psychological education. Simon is also the author of two Childrens’ books, written for his own kids when they were little. W.W. Norton published them in the late 60s.

Simon has also appeared on various talk show programs, including Oprah and The Donahue Show.

He has the knack for drawing stories from people in the audience. He urges people to come and just listen, or with a story they might get a chance to tell.

Call the library at 472-2483 for further information.

Monday Night Movie

Since Otar Left

by Di Saggau

The BIG ARTS movie for Monday Night, January 6 is Since Otar Left, a superb family drama. Otar’s aged mother Eka (played by Esther Gorintin, who was 90 when she played the role) lives in Tbilisi, the capital of the onetime Soviet republic of Georgia. She is a committed communist who thinks Stalin was a great man. Her daughter Marina says he was a murderer. The cramped quarters of their flat becomes an arena for their arguments.

The one joy in Eka’s life comes from the regular letters sent from Paris by her adored son Otar. She thinks he is working in Paris, but her resentful daughter and restless granddaughter with whom she shares the flat know a far more tragic truth. Should they tell her? The daughter tries to conceal the truth from her mother, changing the course of their lives forever.

The late Roger Ebert said, “The film tells a story of conventional melodrama, and makes it extraordinary because of the acting. The characters are so deeply known, so intensely observed, so immediately alive to us, that the story primarily becomes the occasion for us to meet them. I was touched deeply, again and again, simply by watching these people live their lives. The director and co-writer, Julie Bertuccelli, sees right into the beings of her characters.” The film was a prize winner at the Cannes Film Festival. It runs 103 minutes.

The movie for Monday, January 16, is The Hunt, a gripping drama. More on that next week.

Admission to BIG ARTS Monday Night Film Series is $8 and all screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary reception and discussion in Phillips Gallery. Sponsors are Bank of the Islands and Stan and Visnja Gembicki. Supporters are Sanibel Taxi, Jerry’s Foods of Sanibel and John R. Wood Island Real Estate.

BIG ARTS is located at 900 Dunlop Road. Tickets are available by calling 395-0900.

Community House Beading Classes

L earn the intricate art of beading with shells and other treasures of the sea with instructor Anita Gober at The Community House. All supplies are included in the price. If you wear reading glasses, you should bring them.

A minimum of three is required for the class and there will be a maximum of 10 per class. Classes are held the first Wednesday of the month from 9 a.m. to noon. The schedule is:

- January 8: Spiral Rope Bracelet
- February 5: Large Shell Right Angle Weave Necklace
- April 2: Sea Biscuit Pendant

Cost per class is $35 for members and $40 for guests. Advanced three-hour classes will be scheduled for $50 for members. For more information or class registration call 472-2155.

To become a SCA sponsor, visit online at www.sanibelcommunityhouse.net or call 472-2155.

No need to leave the island... it's all right here!

Bailey’s Shopping Center (just right of the hardware store)
Corner of Periwinkle and Tarpon Bay • 472-1682
Mon.-Sat. 9 a.m. - 9 p.m. Sun. noon - 7 p.m.
Poet’s Corner

We invite submissions from local poets. Anyone interested may submit their work via email to tutsie@comcast.net. Each week, individual work will be showcased.

Weep Not For Madiba

by Mike van Graan

There will come a time When history turns When new heroes are birthed And made more giant by fading memory Of him who has now passed Not yet interred The time has already come For those without sin To cast their first Second Third Stones He should have done He did not do He could have done They hurl Empty vessel revolutionaries grown fat on Revolutionary speak Unexercised by revolutionary acts Already vulture his legacy Lesser mortals see fit To remind us of his fallibility Devils mock his un-saintly moments For anger against them Who pirate his name Who for thirty pieces of silver Betray his life

Who in selling him out Have sold us short He needs no defending His defence is written In his people’s hearts In statues strewn across the globe In reams of tributes from high and low For a life well-lived It is we who must make our destiny Who must constantly free ourselves from tyrannies old From tyrants new Yet when we weep We weep not for him We weep for ourselves For what has come after him For the likes of him who are not on our horizon We mourn what has become of us So soon after his light burned a path of hope

This poem, written by a South African Mike van Graan shortly after Nelson Mandela died, sums up much of the ambiguity people live with in South Africa.

Shore Fishing: Don’t Harm The Fish

by Capt. Matt Mitchell

Landing a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you’re going to release it is not an option as it usually damages or kills the fish.

• Hold the fish in the water while you unhook it if you’re going to release it.
• The less you can touch a fish before release the better for the fish.
• If you want a picture with the fish, support it as you lift it out of the water – and do it quickly.
• Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it’s ready to swim off.
• Florida just recently changed the regulations on fishing from shore. Florida residents as well as out of state visitors need a fishing license to fish from shore.

New Seasonal Menu Farm-To-Table

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From page 12

Iyengar

Ruth Yonan Iyengar, a Unitarian and local activist, will lead the presentation that includes a short video. Iyengar is an author (O Dolphin In The Deep, 2012), a playwright and actor. In 2008, she organized Greg Mortenson’s Sanibel presentation about his school building projects in Pakistan, a work that led to the publication of his book, Three Cups Of Tea. The Sanibel event raised over $14,000 to build a school in Afghanistan. Iyengar was born and raised in Chicago, attended Park College and Indiana University, and taught school for several years in the Chicago area. She is a former long-time Sanibel resident, now living in Fort Myers with her husband, Hal Iyengar. They have two grown children and two grandchildren.

All are welcome to attend. Lively discussion, fellowship and refreshments follow the service. ☺️
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Captiva Fire Engine Company 181 Takes Part In Training Exercise
submitted by Lt. Shawn Kilgore

On December 17 at 1 p.m., Captiva Fire Engine Company 181 received a radio notification stating that they had a structure fire at 16459 Captiva Drive.

Crew members pulled on their bunker gear, grabbed their tools, and approached the smoking building.

A bystander told the crews that there was a person inside. Crew members forced the door open and disappeared into the smoke then emerged shortly after with the fire district’s 180-pound training manikin.

All of the excitement was due to a multi-day training program put on by the district. Over a period of five days, firefighters performed hands-on fire skills including search and rescue, victim removal, forcible entry, fire suppression, firefighter emergency escape techniques, and smoke ventilation under the direction of Lt. Paul DeArmond.

Captiva Fire Commissioner Colon Kilgore stated, “This type of training is incredibly valuable for the district, both firefighting crews and the community. These training evolutions greatly improve the services the fire district provides to both the taxpayers and visitors to our island.”

The district greatly appreciates the generosity of the property owners for providing this opportunity.

Fire crews arrived to find smoke pouring from the structure
Lt. Shawn Kilgore creates an escape route through a wall to simulate a firefighter survival skill

Firefighters Zack Van Dyck and Paul Morris making entry into the structure
Event Volunteer Registration

January 24, 6-9 pm; January 25, 10-4, 6-9; January 26, Sunday 12-4

2173 Periwinkle Way www.sanibelcommunityhouse.net

Please submit this form before January 17, 2014

Name: (Print ) Last_____________________First_______________________Date_______
Birthday_________Gender_____Occupation_____________________________________
Address___________________City___________State________Zip___________________
Local Phone_________________Cell Phone__________________Email:_______________

Days Available
Before the Event (Circle Days) M, T, W, TH
Friday , Jan.24 , Saturday, Jan.25,
Sunday, January 26

Areas of Interest
Assist with tents, tables, & chair set up
Runner with items during event
Clean-up
Entrance gate sales
T-shirt, hat, shell tent sales
Sale of shells for shell wall
Garbage collection
Seating at Wolanin on Friday evening
Seating at Luau on Saturday evening
Volunteer tent
VIP servicing

Times Available
Morning 9am-1 pm
Afternoon Noon-4pm
Evening 5pm-9 pm
Anytime

Duty Assignment (Office Use Only)

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Upon arrival, please check in at the volunteer tent where you will receive a volunteer lanyard to be worn during your shift. Please turn it in at the volunteer tent at the end of your time. Please fax your registration to 239-472-0124, email it to Teresa@sanibelcommunityhouse.net or drop it off at the Community House. For more information call Teresa or Yvonne at 239-472-2155. Parking for all volunteers will be behind The Bean.
The mural, which is expected to be completed this week, includes a whimsical beach scene co-created by John Grey Painting.

**Mural At Community House Nears Completion**

Artist Christine Moore works on the mural located on the east wall of The Community House last Friday afternoon. She anticipates it will take her more than 24 hours to complete it.

photos by Jeff Lysiak

The Community House mural will be decorated with real sea shells by residents and visitors throughout January.
New Year Resolutions

by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

As we turn our calendars to 2014, many decide to make New Year resolutions. What are yours this year? Is it to lose weight? Give up self-destructive vices such as smoking or drinking? Allow me to suggest seven estate planning to-dos that shouldn’t be ignored.

1. Update Your Will. That will, which sits in your safety deposit box — yeah you know it — the one that names your sister Nancy to act as the guardian for your children who are now in their forties. It desperately needs to be updated. Your family and financial circumstances have significantly changed since then, notwithstanding the fact that you no longer reside in Ohio where it was drawn up.

2. Sign a New Durable Power of Attorney. This document needs updating just as much as your will does — and may actually be more important to you than your will. At least if your will is a problem it doesn’t affect you — you’ll be dead! You’ll just leave a mess behind for your loved ones. But your durable power of attorney affects you. If you become incapacitated and don’t have a valid durable power of attorney document that names someone who can write checks, pay bills and manage your financial and legal affairs, the alternative is a court-ordered guardianship. That’s no fun and can be really expensive.

3. Take a Look at your IRA and 401(k) Beneficiary Designations. It could be a real downer for your current spouse to discover that your former spouse is still named as the primary beneficiary on your IRA and 401(k) accounts. Another bummer is when your stockbroker switched firms and forgot to have you update the beneficiary documents. When that happens the Custodial Agreement controls who gets the IRA or 401(k). Have you ever read your Custodial Agreement? It’s the thin onion skin paper thingy that came in the mail when you opened your account. The one you threw out along with the prospectus to all of the mutual funds. What the Custodial Agreement may say is that your estate becomes the beneficiary if you don’t name one. Federal tax law — our friends at the IRS — shout with glee when your estate becomes your beneficiary because upon your demise your entire account becomes immediately taxable as income.

4. Update Your Health Care Directives. Unless you wish to become the next Terri Schiavo you should strongly consider signing a new living will and health care surrogate. You may remember the Dunedin, Florida woman who was on life support for 15 years. Schiavo’s court case between her husband who insisted that she would have wanted to remove the food and water tubes and her parents who argued she wasn’t in a persistent vegetative state — resulted in a political and media circus involving the U.S. Congress and the Supreme Court. I don’t know about you but one of my lifetime goals does not include having my private health care matters being mentioned by our esteemed congressmen and senators preening for votes on national television.

5. Dust off your Life Insurance and Annuity Beneficiary Designations. For many of the same reasons I mention in #3 above, it’s a good idea to dust off the beneficiary designations to your life insurance and annuities. If you have any chance of having a taxable estate for federal estate tax purposes, now may be a good time to investigate removing the life insurance from your taxable estate by using any number of strategies, including an irrevocable life insurance trust (ILIT). If you already have such a trust but don’t have all of your “Crumphey notices” (the ones that made the contributions to the ILIT tax free) saved in one place, gather them together and give them to your estate attorney so that he will have copies in case they are ever needed. When might they be needed? Not until your death when your estate tax return is audited. By then you obviously won’t be around to tell everyone where they are.

6. Make a Tangible Personal Property List. Believe it or not, it’s usually not the money or real estate that the kids fight over. Those things can be divided up rather easily. It’s the heirlooms that cause the most strife. Dad’s baseball card collection. Mom’s engagement ring. The painting on the wall. Creating a list of who is to get what can avoid some heated arguments in the stress of losing a parent.

7. Make Lists. Do those important to you know where your financial accounts are located, how to log onto your accounts online or which bank branch your safety deposit box is located? All sorts of personal information might be very difficult to find in the event of your incapacity or death. Unless your son is Sherlock Holmes it’s a good idea to let them all know where these important documents and items can be found.

Just as most of us give up on our resolutions by January 2, do yourself (and your loved ones) a big favor. If you haven’t taken care of these matters, try your best to do so. Unlike losing weight or getting more exercise, you can actually delegate most of these tasks among your advisors such as your friendly estate planning attorney, accountant and financial advisor.

Beautiful 3 bedroom, 3 bath home situated on a quiet cul-de-sac in the Dunes Golf and Tennis Community. This home features tiled flooring and the large living/dining room is enhanced by a stunning wood, tongue and groove vaulted ceiling. Sliding glass doors open on to a glass and screen enclosed porch overlooking the pool with a sweeping golf and water view. This home also offers a permitted, private guest suite with bath just off the pool. This is definitely a must see!  

1182 Kittiwake Circle.  
Offered at $745,000

Nicely Upgraded Immaculate 2BD/2BA home in the Dunes Golf and Tennis Community. This home features an open floor plan, the living room features a stone fireplace, gorgeous wood floors and a vaulted ceiling with wood beams. The tile kitchen has new cabinets with lovely quartz countertops and the dining room sliding glass doors open to a porch overlooking the private/screened pool. The master bedroom includes an extra large 10X6 walk-in closet and a separate private screened porch with a view of the beautiful landscaping.  
1076 Sand Castle.  
Offered at $620,000

Darling Island Retreat  
This two bedroom, one bath home is situated along the Sanibel River with a full wrap around porch, perfect for relaxing and watching wildlife. The bright living room/kitchen features a vaulted wood ceiling, tiled floors and a spiral staircase leading to a loft, perfect for an office or artist studio. Included is a double car garage and loads of lush landscaping for a very private feeling.  
724 Rabbit Road.  
Offered at $495,000

Price Reduced  
Nicely Upgraded Immaculate 2BD/2BA home in the Dunes Golf and Tennis Community. This home features an open floor plan, the living room features a stone fireplace, gorgeous wood floors and a vaulted ceiling with wood beams. The tile kitchen has new cabinets with lovely quartz countertops and the dining room sliding glass doors open to a porch overlooking the private/screened pool. The master bedroom includes an extra large 10X6 walk-in closet and a separate private screened porch with a view of the beautiful landscaping.  
1076 Sand Castle.  
Offered at $620,000

Location is Everything  
Stunning Florida Style 3 bedroom, 3 bath home in desirable neighborhood of Bailey Road. With 3 bedrooms plus a den/office and 2.5 baths this home has a wonderful flow. Enter through the outdoor atrium into this immaculate home with canal views. Other features include screen enclosed pool/lanai area with a hot tub, fireplace in the family room, boat dock & lift and a deck off of the Master Bedroom suite. Deeded beach access. Enjoy quiet East End living with easy access on and off the island.  
1001 Kings Crown.  
Offered at $997,000

Sweeping Lake & Golf Course View  
You will be amazed by the spectacular land and golf course views from this ground level 2bd/2ba, pool home located in the Dunes Golf and Tennis Community. Relax and enjoy the views from the open, screened-in lanai or take a dip in the pool with its new energy efficient pool pump. This is a wonderful location for bird watching or watching a “birdie” on the golf course.  
1481 Sand Castle Rd.  
Offered at $575,000

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Rotary Happenings
submitted by Shirley Jewell

The last meeting of 2013 was election time for Sanibel-Captiva Rotary Club officers. Election committee members have been working on a slate for a number of weeks now, including a call for club members to make additional nominations for club officers for 2014/2015. Votes were tabulated by Rotarian Clair Beckman and the results are in:

Bill Rahe, president; Chris DeCosta, president-elect; Charlie Emerson, vice-president; Chet Sadler, secretary; John Danner, treasurer.

New or re-elected three-year term club board of directors members: Bob Guggino and Scott Herzoff.

New Rotary or re-elected three-year term trust officers: Lee Almas and John Grey.

These officers will not take on their club responsibilities until July 2014 but during the first part of 2014 will be expected to take Rotary leadership training classes and begin their planning sessions for the next Rotary year.

Rotary International’s official year runs from July to July so we had two club presidents at the helm; John Grey from July 2012 through July 2013; and Scot Congress from July 2013 to July 2014. Some of the highlights for the year were:
- January – the completion of a $75,000 restroom built in Haiti (club fundraising, Rotary matching grants and private donations).
- February – successful arts and crafts fair, a $25,000 pledge to the Harlem Heights Community Foundation (naming of activities room).
- March – Sanibel-Captiva Rotary recognized by Jack Drury for an $11,000 contribution to the Wheelchair Foundation (club fundraising, Rotary matching grants and private donations).
- April – $500 to the FGCU art department for a student art show.
- May – visit from Rotary Group Exchange from Caribbean, FGCU Rotaract gave an update on their trip to Costa Rica with school supplies (Sanibel-Captiva Rotary contributed to the $9,000 collected from district clubs).
- July – 2013-2014 club officers officially on duty, Harlem Heights school supply distribution event, Rotarian John Danner’s Birthday Ride, which raised approximately $20,000 for the Wheelchair Foundation (private donations and match from Sanibel-Captiva Rotary).
- August – three $4,000 college scholarships awarded.
- September – $5,000 to Blessings in a Backpack Sanibel.
- October – Rotary Dictionary Day for third graders at The Sanibel School and Fort Myers Beach Elementary, sponsored 10K Race for FISH, “Ding” Darling Days and CROW’s Taste of the Islands.
- November – donations to Heights Foundation’s Bountiful Blessings Thanksgiving Marketplace.
- December – holiday party.

We continued with our support for CHR, NAMI, Miracles in Action, El Hogar School, SCCF, Shelterbox, Polio Plus, Barbara’s Friends, Hope Hospice Sanibel Library Foundation, Clinica Verde, Sanibel Youth Soccer, Haiti Water Projects, ECHO, The Bailey-Matthew Shell Museum.

This year, we also welcomed in six new members: Will Palmer, Scot Herzoff, Jack Alexander, Dorrie Hipschman, Holli Martin and Angela Larson-Roehl.

There was a surprise element to our yearly wrap-up meeting. St. Andrew Rotary Club Kingston, Jamaica Club President Marie Powell was visiting that morning with her brother-in-law to say thank you to John Grey for his participation in the wheelchair distribution event held in Jamaica last October. Grey flew to Jamaica and stayed for four days, attended numerous Rotary functions and participated in wheelchair distribution events throughout the island. Over 110 chairs were distributed to amputees, accident victims, and the elderly. The St. Andrew Rotary club has a long association with the Wheelchair Foundation and has been distributing wheelchairs on the island since 2002. Since that time, 4,000 wheelchairs have been delivered. This club is now named the Wheelchair Club. Powell said, “St. Andrew’s is a passionate club.” (50 members strong, counting 46 past presidents). As president of her club this year, Powell will focus on building a safe home for girls turning 18 and aging out of state care. The home will offer a safe environment where girls can stay for an additional two years and receive vocational training.

The Sanibel-Captiva Rotary Club meets at 7 a.m. every Friday at The Dunes Golf and Tennis Club, 949 Sand Castle Road. If you have any questions regarding Rotary, e-mail President Scot Congress at scot@scongress.com.

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Improvement Seen For Twins In 2014 After Three Straight 96-Loss Seasons
by Ed Frank

In just a few weeks the Boston Red Sox and the Minnesota Twins will return here for spring training. Another great season is expected from the reigning World Series Champion Red Sox.

The bigger question is whether any improvement is expected from the downtrodden Twins who have lost at least 96 games in each of the last three seasons.

The old cliché is “hope springs eternal” every spring for every team, but objectively improvement is on the horizon for the Twins. Whether they can vie for the tough American League Central Division title in 2014 is doubtful. But definitely they could edge back to a .500 season – 81-81 – far better than last season’s 66-96 mark.

The heightened future for the Twins is the result of a stronger farm system, off-season acquisitions to bolster a woeful starting pitching staff and the possibility that several of baseball’s most promising youngsters in the Twins organization could make their Major League debuts in 2014.

The Twins’ starting rotation a year ago was the worst in the Major Leagues with the highest combined ERA and the fewest innings pitched. One hurler, Kevin Correia, with 185.1 innings pitched, came close to the 200-inning mark that Twins General Manager Terry Ryan says is the hallmark of effective pitching.

But in the off-season, Ryan signed free agents Ricky Nolasco, Phil Hughes and Mike Pelfrey, all seasoned hurlers, to multi-year deals. And with Correia returning, starting pitching should be far, far better.

That would leave a host of hopefuls including Samuel Deduno, Vance Worley, Scott Diamond and Andrew Albers competing for the fifth starting slot. In addition, top pitching prospects Kyle Gibson, Alex Meyer and Trevor May are being groomed at the Triple A and Double levels.

Perennial All Star Joe Mauer is being moved from behind the plate to first base after suffering a season-ending concussion from a foul tip last August. The shift resolves a first-base question mark for the Twins who traded away their former MVP first-baseman Justin Morneau last season.

Don’t be surprised if baseball No. 3 overall prospect Miquel Sano makes his Major League debut for the Twins this year. The 20-year-old third baseman slugged 35 home runs and 103 RBIs in the minor leagues last season.

And looming as the Twins future center-fielder, Byron Buxton is another Top 5 baseball prospect progressing rapidly in the Twins farm system. He may, however, be a year away from the majors.

After three disastrous seasons many were surprised that the Twins awarded Manager Ron Gardenhire a new contract.

But clearly the Twins have better personnel for 2014 and Gardenhire, with six AL Central titles in his first nine years, has proven he is a solid manager.

Mientkiewicz to Return as Miracle Skipper

The Twins announced last week that the popular Doug Mientkiewicz will return for his second year to manager their Class A Advanced Fort Myers Miracle in 2014.

In his rookie managerial year, Mientkiewicz guided the Miracle to a 79-56 season record, including a Florida State League South Division title in the season’s first-half.
The Dunes Golf Club

Throw Out Worst

Lee Bogan

Doris DeWitt

Betsy Cox

Daphne Hellmuth

The Dunes Women’s Golf Association members played a New Year’s Resolution (Throw out the Worst 9 Holes) tournament on Friday, December 27.

The results were:

1st Lee Bogan 20
T2nd Doris DeWitt 21
T2nd Betsy Cox 21
T2nd Daphne Hellmuth 21

Chip-in #17 Betsy Cox

From page 8B

Improvement For Twins

Hitting coach Jim Dwyer and trainer Alan Rail also will return to the Miracle staff while Gary Lucas will begin his first season as the team’s pitching coach. He has been in the Twins organization for 15 season, the last six with Class A Beloit/Cedar Rapids.

Everblades on Four-Game Road Trip with Solid Second Place Standings

The Florida Everblades began the week with a season record of 19-8-1-1 in the midst of a four-game road trip that started with a 3-2 victory over Orlando Saturday.

With 40 points, the Everblades trailed first-place South Carolina by five points in the ECHL South Division.

The road trip continued Monday at Orlando followed by weekend games at Gwinnett and Greenville. The local hockey team returns home to Germain Arena January 10 for four games against South Carolina and Orlando.

Email your editorial copy to: press@islandsunnews.com

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Sanibel Island Golf Club
Best Net Ball

On December 28, the Sanibel Island Golf Club men played a two best net ball game. The interesting wrinkle in scoring was that in spite of having a partner, you did not know who that partner would be until after the conclusion of play. Each player’s number was put in the computer and it decided who the partners would be. It was a point’s game with one point for a net bogie, two points for a net par, three points for a net birdie and four points for a net eagle.

The winning pair was Roger Cogswell and Jerry Mader. Cogswell contributed 40 points and Mader had 43 for a total score of 83 points. Cogswell said he got off to a rough start but improved as the match progressed. Mader said he had a good front nine (25 points) and then faded a bit on the back, so it was a very complimentary pairing.

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Wheelchair Soccer Clinic

Tampa Thunder, a nationally recognized soccer club for people who use wheelchairs, will be in North Fort Myers next month to host a free event at Lee County Parks & Recreation’s newest center. From noon to 3 p.m. Saturday, January 18, people can watch a demonstration and participate in what’s dubbed a Power Chair Clinic with team members of the Tampa Thunder Power Soccer Team and Assistant Coach Tari Carpenter.

It will take place at the North Fort Myers Recreation Center, 2000 North Recreation Park Way, North Fort Myers. The center is at North Fort Myers Community Park next to the North Fort Myers Library.

Power soccer is the first competitive team sport designed and developed specifically for power wheelchair users. Participants include people with quadriplegia, multiple sclerosis, muscular dystrophy, cerebral palsy, head trauma, stroke, spinal cord injury and other disabilities. Power soccer combines the skill of the wheelchair user with the speed and power of the chair itself to participate in an extremely challenging game similar to soccer.

continued on page 23B

SPORTS QUIZ

1. Name the last brothers before Atlanta’s B.J. and Justin Upton in 2013 to hit back-to-back home runs.
2. Who holds the major-league record for most career major-league pinch-hit home runs?
3. In 2012, the New England Patriots ended a record run for most consecutive games played without their won-loss mark falling below .500. How many was it?
4. How many consecutive seasons has Gonzaga men’s basketball coach Mark Few notched at least 20 wins?
5. Who was the Washington Capitals’ career points leader entering the 2013-14 NHL season?
6. How many CONCACAF Gold Cup soccer tournaments has the U.S. men’s soccer team won?
7. Name the last filly to win the Kentucky Derby, and the year it was done.

ANSWERS

1. Pittsburgh’s Lloyd and Paul Waner, in 1938.
3. It was 145 games.
4. Fourteen seasons, entering the 2013-14 campaign.
5. Peter Bondra, with 825 points.
Sanibel is...

...Cycling.

No. 8 in a series featuring the many things that make our home a tropical paradise.
ISLAND FAIRE
Dine Your Way Around Sanibel And Captiva With Anne Mitchell
For more information, check out our advertisers in this week’s Island Sun

RESTAURANTS

The variety of dining options on Sanibel and Captiva just keeps getting better. For their size, the islands offer an extensive culinary array – all making the most of the area’s fresh and abundant seafood and local produce. You’ll find everything from burgers to barbecue, bistro style, Italian, Mexican, American, classic deli fare, organic, vegan, gluten-free, café food and Caribbean.

In this column, each week you will be able to stay updated on our local dining establishments and what they’re offering and get the scoop on the island dining scene, whether it’s fine or casual, take-out or frozen desserts.w

BAILEY’S GENERAL STORE

Bailey’s General Store has a full deli, bakery, daily lunch specials, take out and catering for cook-outs, picnics and parties. This is the oldest supermarket on the islands, established long before a causeway linked Sanibel to the mainland. The bakery has freshly made donuts, scones and breads. The deli offers a variety of hot foods for breakfast, lunch and dinner, as well as catering services for special events. Services include shopping for your groceries and delivering them to your home or vacation destination. If you are on a gluten-free diet, pick up the extensive list of gluten-free products near the entrance to the supermarket.

The Coffee Bar at Bailey’s serves espresso based drinks, hot chocolate, smoothies and specialty coffees.

BLUE GIRAFFE

Blue Giraffe serves breakfast, lunch and dinner from 10 a.m. to 9 p.m. This restaurant offers casual island dining seven days a week from a menu featuring fresh local seafood, chowders, salads and steaks. Besides dessert choices, you can get hand-dipped Edy’s Grand Ice Cream.

Dine outside on the boardwalk or inside at hand-painted tables decorated by a local artist, or sit at the full liquor bar for a mixed drink, glass of wine or cold beer.

CIP’S PLACE

Cip’s Place is named for the late Jimmy Cipriani, a longtime island resident of the property on which the restaurant sits. Jimmy always made time for a good conversation, good company and great food. In Jimmy’s memory, Cip’s styles itself as a local watering hole. A mural that takes up an entire wall shows lots of islanders through the ages – including Cip – and if you don’t recognize them all, ask to see the “key.”

Food choices range from “comfort” to culinary with some Caribbean and island favorites as well. And do try the home-made potato chips, the fried buttermilk chicken with sage gravy and the snapper tacos.

Choose between the outdoor garden patio or front porch. Indoor seating and full bar are also available. Hours are 11:30 a.m. to 9:30 p.m. daily with happy hour from 4 to 6 p.m.

CHIPS SANIBEL STEAKHOUSE

Chips’ Steakhouse has many great options for locals and tourists alike. It is open seven nights a week with daily happy hour from 5 to 6 p.m., featuring two-for-one drinks and $4.95 appetizers. For early diners, there’s a three-course prix fixe menu for $35 including a cocktail. In addition to an updated wine list, seasonal house-infused liquors such as strawberry-lajepito tequila, blood orange vodka and cucumber gin are available.

The menu features steaks and seafood, including a six-ounce filet mignon topped with jumbo lump crabmeat finished with Hollandaise and served with a choice of asparagus and choice of potato; Parmesan-crusted seabass served with mushroom risotto and finished with a creamy dill sauce. Save room for dessert though, because whether you are a chocolate lover or Key lime pie fan, Chip’s has something for every sweet tooth.

CROW’S NEST AT ‘TWEEN WATERS INN

The Crow’s Nest at ‘Tween Waters Inn is a more casual place than its sister the Old Captiva House. It’s home to the famed Captiva Crab Races on Mondays and Thursdays and a popular venue for live entertainment on Fridays and Saturdays.

There is a nightly happy hour.

DOC FORD’S RUM BAR & GRILLE

Doc Ford’s Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White’s best-selling mystery novels.

This summer, in addition to its Sanibel restaurant, Doc Ford’s added a Captiva location, in Chadwick’s Square.

It’s a well known gathering place and tropical theme sports bar with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chipotle glaze or a marinaded grilled chicken sandwich. The fish tacos are an island favorite and there’s a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito.

THE DUNES RESTAURANT

You may not be aware that the restaurant at The Dunes Golf & Tennis Club on Sanibel is open to the public for lunch and dinner.

The clubhouse offers great views of the lush greens and fairways and the sunsets are spectacular. There’s a new gourmet chef on board, a brand new lunch menu and sunset dinner specials every night. In addition, there are comedy nights, wine dinners, trivia nights, murder mysteries and Name that Tune.

GEOGE & WENDY’S SEAFOOD GRILLE

George & Wendy’s Seafood Grille features live music Fridays and Saturdays and Karaoke on Thursdays. Specials include prime rib on Tuesdays for $18, snow crab legs on Wednesdays for $18, and Friday night fish fry $15.

Happy hour is celebrated from 11 a.m. to 6 p.m. The full bar has an extensive wine list, 10 beers on tap, local, domestic and craft beer, mojitos, martinis and tropical favorites.

Football specials are served in the bar area during NFL games and Saturday college games. Food specials include 50-cent wings, $1.50 sliders and $2 chili cheese jumbo hot dog. For $5, choose from pretzels with beer cheese, chicken quesadilla, jalapeno poppers, loaded cheese fries or bratwurst. Cheese flatbread is $6.

Drink specials include $1 Jello shots, $2 drafts of Bud Light and Yuengling, $2 bottles of Bud, Bud Light, Coors Light, Miller Lite and Rolling Rock, and $2 off all wines by the glass. Bloody Marys are $3. There are free Jello shots with each Chicago or Buffalo touchdown.

Hours are 11 a.m. to midnight seven days a week.

GRAMMA DOT’S

Gramma Dot’s, the only docksided dining on Sanibel, offers a lunch and dinner menu seven days a week from “Sanibel’s only Seaside Saloon” where you can leisurely dine at the Sanibel Marina in view of luxury yachts and modest fishing boats and watch the comings and goings of seagoing folk and fishermen.

The menu features a full line of “only fresh” seafood, salads, sandwiches and more. Appropriate dress is required.

If you’re arriving by boat, check in with dockmaster for a slip, monitor VHF 16. You can tie up for a night or two at the available dockage if you wish. Gramma Dot’s is open daily at 11:30 a.m. For dinner, arrive before 8 p.m.

GREEN FLASH

The Green Flash has marvelous waterfront views of Captiva’s bayside and Pine Island Sound. The Green Flash was built on the site of the historic Timmy’s Nook, opened in 1950. Fittingly, seafood dominates the menu, although other options are offered as well. The Green Flash is easily navigable by boat and is located southwest of Marker 38 on the Intracoastal Waterway.

Hours are daily from 11:30 a.m. to 3:30 p.m. for lunch and 5:30 to 9:30 p.m. for dinner.

GREAT WHITE GRILL

The Great White Grill is a sports bar featuring 29 beers on tap and a good wine list. It’s home of The Steel Curtain Pizza. There’s free pizza delivery too. The Great White carries the TV Baseball package and the NFL package for sports enthusiasts and has arcade games for kids of all ages.

The regular menu includes hand-cast fresh dough pizza, wings, fries, chicken fingers, salads, gyros, sandwiches and burgers. Check out the Pittsburgh Salad, which consists of grilled chicken, French fries, cheddar cheese, cucumbers, tomatoes and onions on a bed of lettuce.

GREENHOUSE GRILL

The Greenhouse Grill offers happy hour pricing on a special appetizer of the day as well as beer and wine by the glass from 4 to 6 p.m. daily. The menu stretches from fresh salads, homemade soups and grilled black Angus burgers to pasta, steaks and fresh seafood. A must-have is the signature dish of the house, bouillabaisse, a medley of six seafoods prepared in a light broth of fresh aromatic herbs. All meals focus on fresh seasonal ingredients.

You can sit under the market umbrellas on the pet-friendly patio or inside the quaint and casual dining room.

The grill is open daily from 10:30 a.m. to 9 p.m. Reservations appreciated and carry out orders are welcome.

IL CIELO

Chef Neil Griffin and his team are reinventing Il Cielo to bring diners creative American cuisine and internationally inspired specials in an upscale casual atmosphere. From locally caught fish, American lamb and grass-finished beef to farm fresh organic produce, there is a thoughtfully-prepared dish on the menu for everyone. Visit us to see what’s new at Il Cielo.

Read us online at IslandSunNews.com
**IL TESORO**
Il Tesoro serves authentic Italian food “with the taste and feel of a Tuscan holiday,” according to owner Chef AJ Black. He infuses flavors from the old world to the new world of cooking using only fresh seasonal ingredients to bring his dishes to life. Daily specials focus on pairing authentic meals with a bold array of fine Italian wines.
Il Tesoro (The Treasure) serves dinner seven nights a week from 5 to 10 p.m.

**ISLAND COW**
The Island Cow is a family favorite with its colorful indoor and outdoor seating and live entertainment. “Come as our guests… leave as our friends!” is the motto. The Cow serves breakfast, lunch and dinner featuring fresh local seafood and meats and has an extensive children’s menu. Starbucks coffee is also on the menu.
Breakfast is served between 7 and 11 a.m. Hours are 7 a.m. to 10 p.m.

**JACARANDA**
The Jacaranda Restaurant & Patio Lounge is a Sanibel mainstay, with a reputation for fine seafood and steaks. Dinner is served year round and starting Tuesday, November 12, the Jacaranda will be serving lunch from 11:30 a.m. to 2:30 p.m. Monday through Saturday. You can eat inside or outside on the pretty patio with its farty lights and tropical vegetation. The Jac Bar with its live music nightly is the unofficial HQ for Sanibel's social scene. The patio lounge menu includes a selection of “happy apps” for $5.95 and half price drinks during happy hour, 5 to 7 p.m. There is also a raw bar.

**JERRY’S RESTAURANT AND DELI**
Jerry’s Restaurant and Deli in Jerry’s Market is the next best thing to dining in a tropical garden. This family-style restaurant has large windows to view the lush garden with caged tropical birds that are favorites with visitors and residents. Daily specials are offered in the spacious restaurant and you can order a sandwich or hot food from the deli or help yourself at the well-stocked salad bar to take out.
The restaurant is open for breakfast, lunch and dinner from 8 a.m. to 9:30 p.m.

**LAZY FLAMINGO**
The Lazy Flamingo is a fambed island hang-out with two Sanibel locations: one at 1036 Periwinkle Way, the other – the original – at 6520 Pine Avenue, near Blind Pass. “If our seafood were any fresher, we would be serving it under water!” is the Flamingo’s motto. And that includes, shrimp, grouper, oysters, conch fritters and Chowder as well as chicken.
The Flamingo Bread and the Caesar Salad are signature items. Pull up a stool to the rustic bar or take a high or low table. The interior feels like the inside of an old pirate ship with its portholes and hewn wood surfaces. The atmosphere is definitely casual and beer is available by the bottle, on draft or by the pitcher.

**MATZALUNA ITALIAN KITCHEN**
In the mood for pizza? Matzaluna Italian Kitchen has a wood-fired oven to bake authentic pizzas, including gluten-free ones. That’s in addition to a big selection including over 20 combinations of pasta dinners from $11.95 (including soup or salad and fresh baked bread), affordable veal, tender chicken, choice steaks and seafood (Italian style) in a casual market-like setting. Gluten-free pizza is also available.
Matzaluna recently added craft beers on tap. On Wine Wednesdays, every bottle priced $25 and over will be discounted by $5 all evening. Hours are 4:30 to 9:30 p.m. daily and happy hour is from 4:30 to 6:30 p.m.

**MUCKY DUCK**
The Mucky Duck may well be the most famous restaurant on the islands due to its longevity and quirky name. There then’s the fabulbes sunsets. Patrons gladly wait on the beach for tables - this place draws crowds - sipping cocktails and beverages until they can take their seats. Reservations are not accepted.
The Duck is open for lunch and dinner, serving fresh seafood, pub-style food, sandwiches, steaks and other items.

**OLD CAPTIVA HOUSE AT ’TWEE WATERS INN**
Old Captiva House at ’Tewens Waters Inn, Captiva, offers romantic sunset dining in an historic setting with live piano music. Executive Chef Jason Miller prepares New Florida island favorites, tropical seafood, classic meals and daily fresh-baked breads and pastries, served with an extensive selection of wines, liquors and coffees.
First built as a one-room school for children of Captiva’s pioneer settlers, the Old Captiva House still reflects much of its original charm – from white French doors to hardwood floors to the Gulf of Mexico sunset that streams through the western windows. Its collection of famed cartoonist JN “Ding” Darling’s 1930s whimsical vacation illustrations has led to its designation as a landmark in Southwest Florida.

**OVER EASY CAFE**
Over Easy Cafe is a pet-friendly place with indoor and outdoor dining for breakfast and lunch. The covered patio is a popular spot. Choose from 22 different Eggs Benedict, scramblers and omelettes, 11 pan-cakes and French toast choices, 15 egg specialties and wraps, eight salads and sandwiches and burgers, plus baked goods. Beer and wine is available.
Breakfast is served all day. Summer hours are 7 a.m. to 3 p.m.

**POCOLOCALO**
Need a pick-me-up? Looking for some downtime? Either way, your best bet is PocoLoco on the tropical courtyard at Jerry’s Center. Indoors or out you will savor gourmet coffee, tea, signature sandwiches, pastries, or a cone of the region’s most popular ice cream, Love Boat. PocoLoco is the Sanibel source for this ice cream and always features a couple dozen delicious flavors. Stop by, sit in the sunshine and chatter with six cheerful parrots for a unique and memorable experience.

**ROSIE’S CAFE & GRILL**
Rosie’s repertoire includes crab cakes, grouper and shrimp entrees and steaks with all the trimmings, Southwestern dishes such as burritos and fajitas, soup and sandwich combos, and salads. Among the most popular items is Rosie’s Famous Cheese Steak made from shaved rib eye, grilled mushrooms, onions and green peppers, Ultimate Cuban and Classic Reuben, home-made muffins and cinnamon rolls and Key lime pie, root beer floats and banana splits. A children’s menu and carry-out are also available and outdoor seating is available.
Breakfast is served from 8 a.m. to 3 p.m. and happy hour is from 3 to 6 p.m. seven days a week with two-for-one draft beer and wine and a menu that starts at $4.50 for items such as nachos with cheese and salsa and $5.50 wings and chicken tenders. The ice cream bar has 20+ flavors of locally made Royal Scoop ice cream.

**SANIBEL BEAN**
The Sanibel Bean coffee shop is java central on Sanibel Island. With its indoor and outdoor seating and free wifi, it’s a popular venue for laptop-toting coffee lovers to relax and check their inboxes, have breakfast or lunch or recharge the batteries in the afternoon.

continued on page 14B
RESURGENT & COFFEE FACTORY

Sanibel Deli & Coffee Factory offers a gluten-free menu in addition to regular choices, along with pizzas and salads. Crunchy Grouper and Crunchy Grill shares a kitchen with The Timbers, serving the lite TV tuned to every televised sporting event. The menu in addition to regular choices, along with pizza, sandwiches, pastries and muffins, plus other light fare.

SANIBEL GRILL

The Sanibel Grill has 16 big screen TVs with satellite TV tuned to every televised sporting event. The Grill shares a kitchen with The Timbers, serving the same fresh seafood, along with burgers, sandwiches, pizzas and salads. Crunchy Grouper and Crunchy Shrimp are signature dishes.

SANIBEL SPROUT

The Sanibel Sprout is the island’s only health food store and vegetarian/vegan gourmet take-out eatery. Fresh organic juices, smoothies and pure, clean food is their hallmark and “Let Food Be Thy Medicine and Let Medicine Be Thy Food” is their motto. Juices: Emerald Island, Pink Citrus Sunrise, Carrot Zinger, Garden Goodness and Sweet Salsa including, shokol and elvens. Smoothies: Chocolate Pecan Bliss, Strawberry Kiss, Mango Morning, Emerald Mermaid and Chaika Sunrise.
Meals: soups, kale salad with creamy avocado chipotle dressing, coconut quinoa salad, pesto quinoa pasta, arugula salad with figs, pine nuts and raspberry, hummus, tuna, corn chips and guacamole, almond butter and homemade jam, bananas and coconut on sunflower bread, raw artisan crackers. Watch for daily specials. Custom meals can be ordered. Catering available.

The Sanibel Sprout’s juice bar attracts a lively crowd of health conscious islanders and visitors, and the daily lunch specials are very popular. Hours: Monday, Tuesday, Thursday, 10 a.m. to 4 p.m.; Wednesday and Friday, 10 a.m. to 6 p.m.; Saturday and Sunday, closed.

SUNDIAL BEACH RESORT & SPA

Sundial Beach Resort has undergone a $5 million renovation and is open to the public with three new restaurants and a talented new chef specializing in fresh Gulf seafood and other culinary creations. Waterview features fine dining Wednesday through Sunday from 5 to 10 p.m. with panoramic gulf views. Be sure to sample the signature dish: Clay-Pot Baked Mediterranean Gulf Grouper.

Dine al fresco at the Sea Breeze Café with an all-day menu Wednesday through Sunday from 5 to 10 p.m. There’s live entertainment Fridays and Saturdays from 7 to 10 p.m. and Happy Hour daily from 7 to 10 p.m. Turtle Beach & Pool Bar is open 11 a.m. to 7 p.m. daily and there’s an all-you-can-eat BBQ Buffet Saturdays from noon to 4 p.m. Happy Hour is from 3 to 5 p.m. daily.

TIMBERS RESTAURANT & FISH MARKET

The Timbers Restaurant & Fish Market and the adjoining Sanibel Grill are mainstays of the island dining scene, boasting 35 years of fresh fish on Sanibel Island. The restaurant offers 13 dinners for $13 daily before 6 p.m. plus a large selection of local seafood such as grilled shrimp, fried grouper, oysters, clams and crab cakes.
Besides specializing in fresh local seafood, the restaurant has a seafood market that opens at 11 a.m. (except Sunday, when it’s 2 p.m.).

TRADITIONS ON THE BEACH

Traditions on the Beach is one of the few Sanibel restaurants with beachfront dining. The menu features Italian and Mediterranean cuisine based on fresh local seafood, meats and produce. Dining is from 5 p.m. until late and there is live entertainment most nights for listening and dancing.

Besides fish and steaks, you’ll find Moroccan Lamb, roast duck, Texas Wild Boar Saddle and veal. Pasta, grilled items and a raw bar round out the menu. There’s an attractive bar area also serving food and an extensive wine and cocktail list.

ZEBRA FROZEN YOGURT

This bold and bright cafe/store offers a variety of frozen yogurt flavors – try the caramel sea salt pretzel – with more than 50 toppings such as strawberries, blueberries, chopped candy and sprinkles. Other offerings include milk shakes, smoothies and frappes. Zebra has indoor and outdoor seating. The store recently added frozen yogurt to go, by the pint and quart.

Thomas R. Louwers, M.S.T.

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Southwest Florida Gumbo Fest

The 12th annual Southwest Florida Gumbo Fest will be held on Sunday, January 26 from 11 a.m. to 6 p.m. at The Shell Factory & Nature Park in North Fort Myers. All proceeds will benefit The Nature Park’s Environmental Education Foundation, Inc. Philanthropist Sam Galloway is presenting sponsor.

Music, children’s activities, beer, cocktails, jello shots and several varieties of gumbo will be available. Gumbo is a rich stew made around a base of a dark, rich roux supplemented with celery, onions, peppers, spices and meat or seafood.

Headlining the entertainment will be the Cracker Blues band. The band is made up of five players of diverse backgrounds: Don “Zero” Hedman, keyboards, trumpet and vocals; Bob “The Professor” Stickel, lead guitar; Tom Pillsy, bass and vocals; “Smokin’ Bill” Zink, lead guitar and vocals; and Ted Scott, drums.

Cracker Blues has been performing for the last nine years in the Fort Myers area, has played at festivals and opened for acts including Charlie Daniels, Eddie Money, Foreigner and Lee Brice.

Other entertainment includes The Certified Band, a four-piece group of accomplished musicians, and Gator Gumbo returns with the Cajun stylings of Gator and Sam.

The sponsorship by Galloway Ford has allowed the gates to be open to all for free.

Aqua Dog Sports Outdoor Big Air, Extreme Vertical & Speed Retrieve Iron Dog Challenges will be held on Friday, January 24 beginning at noon; Saturday, January 25 starting at 8:30 a.m.; and Sunday, January 26 at 8:30 a.m. Applications and the full schedule are available at www.aquadogsports@gmail.com.

The Shell Factory & Nature Park is located four miles north of the Caloosahatchee River on U.S. 41. For more information, visit www.shellfactory.com.®

Top Ten Books On The Island

1. Two Sanibel Sunset Detectives by Ron Base
2. Deceived by Randy Wayne White
3. Sanibel Flats by Randy Wayne White
4. Obituary Writer by Ann Hood
5. Invisible Thread by Laura Schroff
6. Living Sanibel by Charles Sobczak
7. What Alice Forgot by Liane Moriarty
8. David and Goliath by Malcolm Gladwell
9. Allegiant by Veronica Roth
10. Another Sanibel Sunset Detective by Ron Base

Courtesy of Sanibel Island Bookshop.
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профессиональных и личных ситуаций. Профессиональную и личную выдачу в особенности полезно провести с тем, кто вам дорог. Какие-то ранее упущенные моменты могут быть восполнены. А романтическая встреча поможет восстановить веселье в вашей жизни.

**В этом номере: Куда идти?**

**Комментарий недели**

Одним из вариантов, которыми вы можете воспользоваться, может быть отправка на самолете в Китай. Вся корпорация, которая сидит на вашем рабочем месте, может быть отвлечена, но вы не сможете сделать это. Ваше решение будет зависеть от того, кем вы работали.

**Планы на будущее**

**Аспекты**

**Капричус** (22 декабря - 19 января) Проблемы в рабочих отношениях полезно рассматривать, чтобы предотвратить дальнейшее ухудшение. Ваше решение будет зависеть от того, кто в данный момент находится у вас на работе.

**Близнецы** (23 июля - 22 августа) Даже если вы чувствуете себя неуютно, у вас есть время для других проектов. Но в конце недели вам нужно вернуться к работе, чтобы не допустить отсрочки.

**Телец** (20 апреля - 20 мая) Вы готовы к целого дня неспокою, но вы можете найти время для других проектов. Но в конце недели вам нужно вернуться к работе, чтобы не допустить отсрочки.

**Рыбы** (20 января - 19 февраля) Это хорошее время для рассмотрения ваших долгосрочных целей, чтобы увидеть, что может быть сделано.

**Стрелец** (22 ноября - 22 декабря) Ваше решение будет зависеть от того, кто в данный момент находится у вас на работе.

**Овен** (21 марта - 21 апреля) Вы готовы к целого дня неспокою, но вы можете найти время для других проектов. Но в конце недели вам нужно вернуться к работе, чтобы не допустить отсрочки.

**Утешение дня**

“В любом соперничестве между силой и умством, умство всегда имеет преимущество.” — В. Б. Прескотт
eral agencies as well as partners in several regions, which includes participants from 22 federal agencies and private research organizations.

A major finding was that the number of children living in the United States declined slightly, as did the percentage of the U.S. population who are children, although the percentage of children who are Asian, of two or more races, and Hispanic increased. The percentages of children who are white, non-Hispanic, and black, non-Hispanic declined.

Other significant findings in this year’s report include:

- A drop in the percentage of children ages 4 to 11 with any detectable blood cotinine level, a measure for recent exposure to secondhand smoke, from 53 percent in the years 2007 and 2008 to 42 percent in 2009 and 2010.
- A drop in births to adolescents, from 17 per 1,000 girls ages 15 to 17 in 2009 to 15 per 1,000 in 2011 (preliminary data).
- A drop in the percentage of children from birth to 17 years of age living with two married parents, from 65 percent in 2010 to 64 percent in 2011.
- A drop in the percentage of children from birth to 17 years with no usual source of health care, from five percent in 2010 to four percent in 2011.
- A rise in the percentage of households with children from birth to 17 years that reported housing that costs more than 30 percent of household income, crowding, and/or physically inadequate housing, from 45 percent in 2009 to 46 percent in 2011.
- A rise in the percentage of children who are white, non-Hispanic, and black, non-Hispanic declined.
- A drop for the fifth straight year in the number of decayed, missing, or filled teeth (cavities or tooth decay) over the past year.
- A drop in the percentage of children who are Asian, of two or more races, and Hispanic increased.

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Happy New Year!

by Marcia Feeney

This year, instead of making that same old New Year’s resolution of losing that 10 pounds or going to the health club three times a week, resolve to give your home a New Year’s face lift.

These design tips should serve you well as you move towards an updated, fresh new look for your home:

• Start a file of magazine pictures of rooms that you like. Even if you can’t exactly pinpoint why you find a room attractive, these design tips should serve you well.

• Your first goal should be to design your home to suit the way you and your family live. Analyze all the rooms of your home; are some underutilized and some just exhausted from use? Maybe it’s time to relocate some activity centers and redirect some traffic patterns.

• Be realistic when determining the amount you plan to invest in the project. If you haven’t redecorated in several years, you may need to acquaint yourself with today’s pricing to determine your budget range.

• Resist the urge to repaint your interior as the first step in your new look. There are myriad beautiful paint colors to complement your final fabric selections but painting your walls first will severely limit your choices in fabric selections.

• Something slightly whimsical in every room will ensure that your rooms don’t take their new look too seriously.

• Forget matching sets of furniture and mono-chromatic “sale” schemes. A far more interesting look is a room of coordinating wood pieces and companion fabrics in exciting complementary colors.

• Uniformity from room to room, especially in the adjoining living areas. This means some detailed attention needs to be paid early to the long range overall color plan.

• Use many different textures, materials and surfaces. Combinations of metals, woods, glass, woven reeds, fabrics, ceramics and stone will provide depth and interest to your decorative theme.

• Insist upon good lighting. A well planned room will have lighting at varying levels and intensities appropriate to the activity of the area. Close attention should be given especially to task lighting for activities such as reading, dining, cooking and desktop work.

 • This is one New Year’s resolution that you and your family will be pleased you kept for years to come.

Marcia Feeney is an interior designer on Sanibel/Captiva Islands. She can be reached at marcia@decdn.net.

Insurance Tip

Citizens Property Insurance Clearinghouse

by Angela Larson Roehl

Citizens Property Insurance will implement a new program effective January 27 that will attempt to identify private-market insurance options for new homeowner policies being quoted through Citizens.

Insurances markets in the state have rebounded somewhat over the past couple years, therefore a clearinghouse statute was enacted by the Florida Legislature during the 2013 legislative session with the goal to help Florida homeowners find coverage in the private market.

The advantages of the clearinghouse will be that the consumers will gain access to broader coverage options available in the private market and avoid potential assessments by Citizens that can be as high as 45 percent of the policy premiums. All Floridians will benefit from Citizens’ decrease in exposure and corresponding assessment risk.

If a private market insurer offers coverage and the premium is within 15 percent of the premium being offered by Citizens, the coverage must be written with the private market. However, if the private market offers a premium more than 15 percent higher than the Citizens offer, coverage can be still written through Citizens.

The clearinghouse will not affect Citizens’ depopulation program currently in effect for policies through Citizens.

Currently, the clearinghouse is open only to homeowner policies, so policyholders that have either a wind only or a dwelling fire policy will not be affected at this time.

Consumers will not have direct access to this program and will need to contact an agent appointed with Citizens to access this program.

It is very important that you talk to your agent about the coverage options available that fit your individual insurance needs, as there are many insurer options available to avoid having a homeowner policy written through Citizens.

Angela Larson Roehl is a local Sanibel-Captiva insurance agent with over 20 years of insurance experience, who can be reached at info@rosierinsurance.com.

Top Agents

VIP Realty Group announced the top agents and sales teams for the month of November. They are:

Lynda and Kit Traverso were recognized as top sales agents; Lomano, Nicholson and Associates was recognized as the top producing team and top listing team; Robin Humphrey and Martha Smith were recognized as top listing agents; Mary Lou Bailey was recognized as top producing agent.

ISLAND SUN BUSINESS NEWSMAKERS

Lynda and Kit Traverso

Lomano, Nicholson and Associates

Robin Humphrey and Martha Smith

Mary Lou Bailey

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Presenting
The History
Of Shell Point

The Academy of Lifelong Learning at Shell Point Retirement Community presents The History of Shell Point, with President Peter Dys, on Monday, January 13 in the Village Church Auditorium from 1:15 to 2:45 p.m.

Dys will share a pictorial history of Shell Point in this informative presentation that recalls how this lifecare community came to be, and the many changes and growth the community has experienced over the past 45 years.

Throughout his 28 years at Shell Point, Dys has had the opportunity to interact with the founders and other key individuals who have made Shell Point the success it is today, and he will share his recollection of personal memories and important events in its history.

This presentation is free and open to the public. Reservations are not required. Call 489-8472 for more information.

To learn more about Shell Point Retirement Community, visit www.shellpoint.org.

Using GPS Class

Submitted by Cdr. Mary Smelter, The San Carlos Bay Sail & Power Squadron

The San Carlos Bay Sail & Power Squadron, a unit of the United States Power Squadrons, will be offering a class in basic GPS operation on Saturday, January 18 from 1:15 to 4:30 p.m. This class will be offered again in February.

The class is designed to introduce new users to GPS. The class will include discussions of marine navigation, how a GPS works, and GPS limitations. There will be an extensive presentation on what a GPS can do and what a boater can do with GPS. For those interested in purchasing a GPS, they will understand what a GPS can do for you along with some of the key features to look for.

The cost of the class is $45 per person.

The class is being taught at the San Carlos Bay Sail & Power Squadron classroom, located at 16048 San Carlos Blvd at the corner of Kelly Road (across from ACE Hardware).

Students can register online at www.sbbps.com or call 466-4040.
Dear Readers: Here are some interesting FDA-approved items for 2013 in the United States. My column is printed in various languages so I apologize that I’ve only listed English brand names; please ask your local pharmacist for translations. Happy new year!

Love, Suzy

- FluNada (nasal/throat spray) homeopathic, OTC: Spray to stop cold and flu-like symptoms with this new natural remedy that contains a homeopathic blend of mint, wintergreen, eucalyptus and elderberry. Spray it in your mouth, and nasal passages, right where the bugs try to enter your body. The kill rate of FluNada was tested by two independent labs and found to be 99.9 percent. www.FluNada.com
- Vizamyl (flutemetamol) injection, Rx: Can this compound detect Alzheimer’s disease at an earlier stage? Think of it as a contrast dye used for PET imaging, because it attaches to beta amyloid plaques in the brain which dementia patients often have.
- Fetzima (levominacipran) extended release capsules, Rx: This is what pharmacists call a “me too” drug because works like other SNRI “serotonin-norepinephrine reuptake inhibitor” drugs. Older ones include Effexor, Pristiq, Cymbalta and Savella and they improve levels of two key brain neurotransmitters involved in major depression, as well as fibromyalgia, ADHD, obsessive-compulsive and anxiety. www.Fetzima.com
- Adempas (riociguat) tablets, Rx: The year 2013 brought approvals for several lung drugs, among them Adempas for pulmonary hypertension. The disease forces your heart to work harder. The other brand new medication that works similarly is Opsanut (macitentan).
- Can this compound detect Alzheimer’s disease at an earlier stage? Think of it as a contrast dye used for PET imaging, because it attaches to beta amyloid plaques in the brain which dementia patients often have.
Balancing Energetic Flow Between The Eyes Improves Vision

by Karen L. Semmelman, Certified EEM, JD, AAML (03-12)

Last week, we learned that by doing eight exercises for the eyes, known as Daily Eye Energy Routine, you may improve your vision. I received an email last week from another student advising that she experienced improved vision per her ophthalmologist after doing the exercises daily for two months. To review, the exercises are as follows (see last week’s column for details on completing each exercise):

1. Rub eyes when you awaken
2. Palm the eyes and rub the orbits while still in bed
3. Be shifty eyed
4. While reading, working on the computer or text messaging, stop for a moment. Rub the orbits of your eyes around the eye sockets, and then palm them (number 2) for a minute or so.
5. Wash eye glasses in cold water at least once per day
6. Figure eight around your eyes.
7. Use good eye support ergonomics, use good light, sit the correct distance and in proper posture when working at your desk or computer for long periods.
8. The last exercise is called Cover the Eyes; this exercise helps bring flow and balance between the energies of the eyes as well as the rest of the body.

Step 1. Rub your hands together and shake them off.
Step 2. Place your energized hands, with palms facing the eyes, over the eyes.
Step 3. With palm over the eyes, cross your little fingers over your eyes, rest your thumbs on the temples and your middle fingers right at the hairline above the pupils of the eyes.
Step 4. Hold for three to five minutes.

You may do this several times each day to create balance between the eyes. This works since the palms are dispersing positive energy right into the eyes, the thumbs are settling down our buddy, Triple Warmer (the meridian that controls all of our energies); the middle fingers are resting on the liver neurovascular points; and the little fingers are resting right where the energy from the right and left hemispheres of the brain cross.

If you want to see your vision improve, try these simple techniques that take all of five minutes each day. Or do the exercises more frequently to enhance vision to really make a difference. Exercises that are not covered in these columns include tools for cataracts and macular degeneration, both of which are beyond the scope of information for the paper. However, be aware the tools exist to change and improve those conditions.

Have fun with your energy. Next week’s topic is New Year’s Resolution—Strengthen Your Heart Energy!

If you have a question for Karen, email her at SemmEnergyCenter@gmail.com. Learn more at www.semmelemanenergy.com. EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.

From page 22B

Dr. Connie

if possible. Surround yourself in the company of trees, flowers and wildlife no matter where you live, work or travel. One time I was giving seminars in different cities in one week. I took my travel day to the next city and stopped at a zoo. It was fantastic and centered me again before the next seminar!

A massage of any kind relieves muscular tension. Muscle tension is the number one symptom of stress, whether it’s sitting in traffic or in your workspace cubicle. Over time, muscle tension distorts body posture; it even compromises some organ functions. Swedish massage, Shiatsu, Rolffing, reflexology, or sports massage all have one goal: to relieve muscle tension and restore your sense of inner peace. What was once regarded as a luxury years ago is now considered a necessity in the fast-paced, information age we live in. Schedule a massage this week even if you are traveling for work.

At some point, your inner guidance system will let you know when the right time is to make a career change that will shift you into a more peaceful and happy place.

From page 10B

Wheelchair Soccer Clinic

The game is played in a gymnasium on a regulation basketball court. Two teams of four attack, defend and spin-kick a 13-inch soccer ball in an attempt to score goals. Power soccer is a growing sport, both nationally and internationally. Founded in 2004, the Tampa Thunder team has played in 150 games and competed in more than 25 regional and national tournaments and is currently ranked third in the nation.

January 18 participants must be users of power chairs and must bring their own. Registration is in person on the day of the event, but prospective participants are asked to call Lee County Parks & Recreation’s Terri Farrell at 267-2181 or Tfarrell@leegov.com.

For more information, visit www.tampathunder.org or www.powersoccerusa.org. For directions to the Fort Myers Recreation Center, go to www.leeparks.org.

Pet Microchip Clinics At LCDAS

Lee County Domestic Animal Services will host a series of clinics in 2014 to encourage microchipping of pets to help increase the return of stray animals to their owners and to protect owners if their pet is lost or stolen.

Microchip Clinics will be held from 9 to 11 a.m. the first Friday of each month in 2014 with the exception of July. Dates are January 3, February 7, March 7, April 4, May 2, June 6, August 1, September 5, October 3, November 7 and December 5.

The cost is $15 per pet; no appointment is necessary. Lee County pet-licensing fees are reduced if a pet is sterilized and microchipped. Visit www.leelostpets.com to view pets for adoption or for more information.

“If a stray animal is found in the field by our Animal Control Officer, it can be returned immediately to its rightful owner from the field. The pet never has to enter the view of information for the paper. However, be aware the tools exist to change and improve those conditions.

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“If a stray animal is found in the field by our Animal Control Officer, it can be returned immediately to its rightful owner from the field. The pet never has to enter the
**Baked Cabbage Eggrolls**

2 1/2 cups Florida cabbage, shredded  
2 medium Florida carrots, peeled and shredded  
2 cups Florida mushrooms, diced  
1 bunch green onions, sliced  
1 tablespoon fresh grated ginger or 1 teaspoon dried  
12 egg roll wrappers  
Nonstick cooking spray  
2 tablespoons cornstarch (divided)  
1/2 cup water (divided)  
1 cup water chestnuts, chopped (optional)  
2 tablespoons low-sodium soy sauce  
Your favorite dipping sauce

Spray a baking sheet with nonstick cooking spray. Mix 1 tablespoon of the cornstarch into 1/4 cup water and set aside.

Lightly spray large sauté pan with cooking spray and warm over low heat. Add cabbage, carrots, mushrooms, water chestnuts and ginger to the sauté pan. Cook for five to seven minutes or just until vegetables start to get slightly tender.

Stir in cornstarch mixture and soy sauce. Cook until the sauce thickens. Let vegetable mixture completely cool and add green onions.

Dissolve the remaining tablespoon of cornstarch in 1/4 cup water. Brush onto egg roll wrappers and fill with vegetables and wrap according to the directions on the egg roll package.

Bake in a preheated 350 degree oven for 15 minutes or until brown. Serve hot with dipping sauce.
FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS

SUDOKU

To play Sudoku:
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.)
There is no guessing and no math involved, just logic.

answer on page 27B

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**SCRAMBLERS**

Unscramble the letters within each rectangle to form four syllable words. Then re-arrange the boxed letters to form the mystery word. Which will complete the page:

Fold

CARES

Last

FLAFTID

Cover

CAYPON

Exact

TIFINE

TODAY’S WORD

“It’s not easy being married to an expert.”

answer on page 27B
Top 10 Real Estate Sales

<table>
<thead>
<tr>
<th>Development</th>
<th>City</th>
<th>Year Built</th>
<th>Square Footage</th>
<th>Listing Price</th>
<th>Selling Price</th>
<th>Days On Market</th>
</tr>
</thead>
<tbody>
<tr>
<td>Woodrings</td>
<td>Sanibel</td>
<td>1976</td>
<td>2,947</td>
<td>$1,975,000</td>
<td>$1,800,000</td>
<td>1819</td>
</tr>
<tr>
<td>Town &amp; River</td>
<td>Fort Myers</td>
<td>1988</td>
<td>2,720</td>
<td>$799,000</td>
<td>$760,000</td>
<td>563</td>
</tr>
<tr>
<td>Siesta Isles</td>
<td>Fort Myers Beach</td>
<td>1996</td>
<td>3,309</td>
<td>$889,000</td>
<td>$752,000</td>
<td>43</td>
</tr>
<tr>
<td>Gumbo Limbo</td>
<td>Sanibel</td>
<td>1986</td>
<td>2,397</td>
<td>$695,000</td>
<td>$650,000</td>
<td>70</td>
</tr>
<tr>
<td>Sanibel Shores</td>
<td>Sanibel</td>
<td>1982</td>
<td>1,152</td>
<td>$449,000</td>
<td>$435,000</td>
<td>133</td>
</tr>
<tr>
<td>Royal Tee Country Club Estates</td>
<td>Cape Coral</td>
<td>2005</td>
<td>3,363</td>
<td>$449,900</td>
<td>$426,000</td>
<td>131</td>
</tr>
<tr>
<td>Cape Coral</td>
<td>Cape Coral</td>
<td>2000</td>
<td>2,156</td>
<td>$417,000</td>
<td>$397,272</td>
<td>61</td>
</tr>
<tr>
<td>Carena</td>
<td>Fort Myers</td>
<td>2012</td>
<td>2,276</td>
<td>$384,000</td>
<td>$345,000</td>
<td>78</td>
</tr>
<tr>
<td>Bonita Farms</td>
<td>Bonita Springs</td>
<td>1974</td>
<td>1,676</td>
<td>$349,000</td>
<td>$315,000</td>
<td>118</td>
</tr>
<tr>
<td>Colonial Country Club</td>
<td>Fort Myers</td>
<td>2004</td>
<td>1,715</td>
<td>$285,000</td>
<td>$275,000</td>
<td>78</td>
</tr>
</tbody>
</table>

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**BOATS - CANOES - KAYAKS**

**DOCKAGE**
Hourly, Daily, Weekly and Monthly. Captiva Island 472-5800

**LOST AND FOUND**

**TOOL BOX WASHES UP ON SANIBEL**
This tool box with motor parts washed up on shore Saturday morning, May 8 about 8:30 on the beach at Sundial Resort on Sanibel Island. To claim call Sundial Resort Security 239-472-4151.

**FOR SALE**

**BIG CLEARANCE SALE**
2431 Periwinkle Way
www.SanibelSeaLifeGallery.com

**BUY SELL TRADE**

**3883 Sanibel Captiva Road, Sanibel, Fl**
Phone: 239-472-3644, ext 1
Fax: 239-472-2334
www.crowclinic.org

**HELP US PLEASE!!**
We need volunteers for: Clinic emergency patient admissions desk and baby animal feeders Visitor education center greeters and gift shop cashiers CROW - (239) 472-3644, ext. 231 or volunteers@crowclinic.org

**WANTED TO BUY**

**CASH PAID FOR MILITARY ITEMS**
Cash Paid For Old Military Items. Medals, Swords, Uniforms, helmets, old guns, awards & more. Local Toll Free 1-866-440-3280

**FOUND**
Prescription sunglasses found in parking lot of Limetree Center on Wednesday, February 27. Claim at Island Sun newspaper, suite 2 in Limetree Center, or call 395-1213.

**CLASIFIED DEADLINE Friday at Noon**
G irls just want to have fun! I’m Marry and that’s my motto. I’m young and fun-loving and still looking for my forever home. You can start the new year with me as your new family member. My adoption fee is $50 ($25 off the regular adoption fee of $75 during Animal Services’ Resolution Buddies Adoption Promotion).

For information about this week’s pets, call 533-7387 [LEE-PETS] or log on to Animal Services’ website at www.LeeLostPets.com. When calling, refer to the animal’s ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 11:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive, Fort Myers, next to the Lee County Sheriff’s Office, off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, blood test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food. The adoption package is valued at $500.

## Pets Of The Week

### Tippy ID# 578706

I'm Tippy and I was found with a paralyzed front leg that had to be amputated but it hasn’t slowed me down a bit. I recovered in a foster home and I’m ready to be adopted. I’m a mix between explorer cat and lap cat and will keep you company all day long. My adoption fee is $25 ($25 off the regular adoption fee of $50 during Animal Services’ promotion).

For this week’s animals, I am Tippy and I was found with a paralyzed front leg that had to be amputated but it hasn’t slowed me down a bit. I recovered in a foster home and I’m ready to be adopted. I’m a mix between explorer cat and lap cat and will keep you company all day long. My adoption fee is $25 ($25 off the regular adoption fee of $50 during Animal Services’ promotion).

### Marry ID# 577559

I’m Marry and girls just want to have fun! I’m young and fun-loving and still looking for my forever home. You can start the new year with me as your new family member. My adoption fee is $50 ($25 off the regular adoption fee of $75 during Animal Services’ Resolution Buddies Adoption Promotion).

For this week’s animals, I am Marry and girls just want to have fun! I’m young and fun-loving and still looking for my forever home. You can start the new year with me as your new family member. My adoption fee is $50 ($25 off the regular adoption fee of $75 during Animal Services’ Resolution Buddies Adoption Promotion).
Florida: Bonita Springs, Fort Myers, Naples, Ocala, Sanibel and Captiva Islands
North Carolina: Cashiers, Franklin, Highlands, Lake Glenville, Lake Toxaway and Sapphire Valley

WE MAKE IT EASY.
YOU MAKE IT HOME.

RoyalShellSales.com 239.472.0078

Florida: Bonita Springs, Fort Myers, Naples, Ocala, Sanibel and Captiva Islands
North Carolina: Cashiers, Franklin, Highlands, Lake Glenville, Lake Toxaway and Sapphire Valley

Captiva Bayfront, Top Floor
• 3 Separate Sleeping Quarters
• Sparkling Pool
• $899,000 MLS 2800924
• John & Denice Beggs 239.357.5500

Captiva Hideaway
• 4BD/3.5BA w/ 2 Car Garage
• Impeccably Remodeled
• Virtual Tour: www.4992Joewood.info
• $1,459,000 MLS 2130936
• Bob Radigan 239.691.6240

Captiva Beach Gem
• Private Setting- Deeded Beach Access
• Walk to Beach & Tennis Court
• Custom Built- One Owner- Many Upgrades
• $749,999 MLS 2131092
• Sarah Ashton 239.691.4915

Kings Crown
• 2 Bedroom, 2 Bathroom Beachside Condo
• Offered Fully Furnished
• Exterior Storage and Covered Parking
• $387,500 MLS 2113132
• Jennifer Perry 239.472.3535

Sanibel Harbours
• 2 Bedroom, 2 Bath w/Loft Beach Front Condo
• Updated Interior w/ Granite Counters, New Carpet & Paint
• Amenities Include Pool, Tennis, Beach & Close to Captiva Village
• $725,000 MLS 2131331
• Fred Newman & Vicki Panico 239.826.2704

Delightful East Rocks
• Overlooks Sanibel River to Conservation Land
• 3BD/3.5BA Pool Home
• Luxuriously Large Lanai
• $599,000 MLS 2130065
• Sarah Ashton 239.691.4915

Bayside Villa 5132
• Large 1BD/2BA at South Seas
• Directly on Bay with Sunrise Views
• Perfect Island Retreat or Island Getaway
• $273,900 MLS 2120260
• Fred Newman & Vicki Panico 239.826.2704

Prime Commercial Space
• Remodeled Upscale Eatery/Office Building
• High Traffic Periwinkle Way Location
• $2,299,000 MLS 2130703
• McMurray & Nette 239.850.7888

Luxury Meets Location
• Private Boat Dock and Lift
• Screened in Pool, Tropical Vegetation
• Incredible Waterfront Location
• $725,000 MLS 2130888
• McMurray & Nette 239.850.7888

Gulf Ridge Estates Beauty
• Furnished 3BD/3.5 BA w/ 2 Car Garage
• Absolutely Stunning 2 Bedroom/2 Bath, 6 Unit Complex
• Gulf Front View
• $495,000 MLS 2130260
• McMurray & Nette 239.850.7888

Anglers Key
• Rare to Market 4BD/3BA
• Large Condo Lives Like a Home
• Luxurious Upscale Interior
• $1,775,000 MLS 2130091
• Burns Family Team 239.464.2984

Pet Friendly for Owners
• 2 Bedrooms, 2 Baths
• Fully Furnished on Beach
• Close to All Amenities
• $440,000 MLS 2130290
• Sally Davies 239.691.3319

Direct Gulf of Mexico Views
• 2 Bedroom, 2 Bath w/Loft Beach Front Condo
• Updated Interior w/ Granite Counters, New Carpet & Paint
• Amenities Include Pool, Tennis, Beach & Close to Captiva Village
• $725,000 MLS 2131331
• Fred Newman & Vicki Panico 239.826.2704

Mandalay- A Beachfront Estate
• 4BA/4BA with Den
• Private Pool & Hot Tub
• Chef’s Kitchen w/ Custom Cabinetry
• $1,895,000 MLS 2131189
• Burns Family Team 239.464.2984

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