CROW Needs Help Feeding Baby Animals

While spring generally means an exodus of snowbirds from Sanibel, it means a proliferation of other birds – namely, baby birds. The Clinic for the Rehabilitation of Wildlife (CROW) is in desperate need of volunteers to help feed the 110 baby animals currently housed at its facility.

In addition to 27 songbirds, a total of 11 owls and doves, 10 raccoons and 62 opposums presently call CROW home. Many are healthy babies that concerned people have brought to CROW believing they were abandoned or orphaned, while some are being treated for various health issues.

“We are 10 times busier now than we are during the winter months and this is when the majority of our volunteers leave for the summer,” said CROW Hospital Director Heather Barron. “Baby continued on page 10

Go Under The Sea With The Little Mermaid Jr.

The Little Mermaid Jr., which features the hit songs Part Of Your World, Kiss The Girl and the Oscar-winning Under The Sea, will be performed by the middle school performing arts students at The Sanibel School next week. The Little Mermaid Jr. is based on Disney’s 2008 Broadway production and animated film. The show runs Thursday and Friday, May 9 and 10, and Thursday and Friday, May 16 and 17 at the school. Curtain is at 7 p.m. and tickets are $8 for adults and $2 for children. Tickets are available at the school office. The Sanibel School is at 3840 Sanibel-Captiva Road and the school office is open from 8 a.m. to 3 p.m. weekdays.

The show is being produced and directed by Sanibel School Music Director Joe Angelo. The cast – made up of sixth, seventh and eighth grade students – continued on page 4

Visual And Performing Arts Are Highlights At Family Day May 5

People of all ages are invited to Family Day in BIG ARTS’ Boler Garden Sunday, May 5. Family Day activities include student vocalists, student art exhibits and light refreshments. The event is free and runs from 3 to 5 p.m.

Vocalists Haley Ondrejka, a student at Palm Beach Atlantic University and Hannah Steele from North Fort Myers Academy for the Arts will be performing. Sarah Best – a finalist in the 2012 Young Artists Awards competition – will perform with her sister Elisabeth. Young Artists Awards is a performing arts education, audition, performance and scholarship program for Southwest Florida youth ages eight to 21.

BIG ARTS Family Day will feature exhibits in Phillips Gallery with artwork created by Sanibel School and Cypress Lake High School students as well as works from the Art by Kids with Cancer project. The Young Artists Awards program works with the continued on page 4

Sam Bailey’s Islands Night Set For Wednesday, May 15

The 20th annual Sam Bailey’s Islands Night is scheduled for Wednesday, May 15 at Hammond Stadium in Fort Myers. Gates open at 5:30 p.m. The parade around the ballfield begins at 6:15 p.m. and the game starts at 7:05 p.m., with the Fort Myers Miracle hosting the Dunedin Blue Jays.

Ric Base, president of the Sanibel & Captiva Islands Chamber of Commerce, will throw out the first pitch. The Beacons Quartet from Sanibel Community Church will sing the National Anthem on the field. Members of the quartet are: Jack David, John Petel, George Waters and Art Werner.

Sponsors are needed to help support local charities. Individual business sponsorships are available at $100 each. Call 472-1516 to reserve your spot in the parade and make checks payable to Islands Night, Bailey’s General Store, 2477 Periwinkle Way, Sanibel, FL 33957.

Sponsorships, concessions and donations from the game last year allowed the Islands Night committee to give $10,730 back to the community. Donations from 2012 were made to The Sanibel School, The Sanibel School Home Economics Program, City of Sanibel Recreation Center sponsorship, 2012 Sanibel high school graduates, Community Foundation of Sanibel-Captiva Good Neighbor Fund, Hope Hospice, Sanibel-Captiva Cares, Community Housing & Resources, FISH of Sanibel, Inc., Sanibel Historical Museum & Village, Sam Bailey Capital Fund, continued on page 11

Open Doors instructors Leo and Krista Johnson

Miss-A-Miracle, the Fort Myers Miracle mascot

A CROW volunteer helping with the care of a rabbit
The Sanibel Historical Museum and Village is open through August 3 from 10 a.m. to 1 p.m. Wednesday through Saturday, staffed by hardy volunteers who brave the heat to serve the museum’s visitors.

“We go from more than 100 docents and volunteers in season to about 15 in the summer,” said museum manager Emilie Alfino. “Everyone has to work smarter, and we all work together to make sure the museum has the personnel it needs to tend to our guests.”

The museum will be suspending its docent-led tours on May 10 but audio tours are always available. Each building has at least one audio recitation, controlled by the visitor, with information about that building and its history. Some buildings have more than one. The audio tours are very popular and also assist the docents when handling large numbers of visitors with little staff – a more common occurrence in the summer.

“I’ve been pleased to discover that we’re not just a winter resort – as soon as the snowbirds head north, a new crew arrives, mostly from Florida’s east coast,” said Karl Rodman, a board member and year-round docent. “They’re after all the good things we offer here, but particularly the cool off-shore breezes. So it’s nice to welcome this new group of visitors.”

“One of the nice things about being a docent in the summer is that it’s often more relaxed and you get to talk to people more,” said Alfino. “Depending on their level of interest, you can really get into the history of the island. Our docents are great at that.”

submitted by Emilie Alfino

Sanibel Historical Museum & Village
950 Dunlop Rd., Sanibel
239-472-4648
Open Wed-Sat 10-4
Museum Admission $5 for Adults • Gift Shop Only Free
As of now, the museum’s summer docents are Barbara Broadhurst, Lynne Campean, Clivie Goodwin, Ann Haymann, Jeri Magg, Gail Migliorini, Gayle Pence, Ann Rodman, Karl Rodman, Rosemary Ryan, Nancy Siegel, Anita Smith, Debbie Staley and Hal Theiss.

The museum is open now through August 3, Wednesday through Saturday, from 10 a.m. to 1 p.m. It closes August 4 and reopens November 6, Wednesday through Saturday from 10 a.m. to 4 p.m. Visit the museum gift shop, which carries a variety of items for children, including coloring books and paper dolls, replicas of Confederate silver and Union gold, and certificates of parole. The gift shop carries sailor’s valentines, pine needle baskets, and handmade aprons in adult and children’s sizes plus aprons to fit American Girl dolls. All the merchandise in the museum store is made in America.

American Girl dolls. All the merchandise and certificates of parole. The gift shop of Confederate silver and Union gold, a variety of items for children, including coloring books and paper dolls, replicas of Confederate silver and Union gold, and certificates of parole. The gift shop carries sailor’s valentines, pine needle baskets, and handmade aprons in adult and children’s sizes plus aprons to fit American Girl dolls. All the merchandise in the museum store is made in America.

Center 4 Life Programs
Sanibel Fit 4 Life is the motto at Center 4 Life. All ages are welcome.

Island Seniors, Inc. members may attend fitness classes held at the Center 4 Life, 2401 Library Way, by presenting a coupon. Booklets of 12 coupons can be purchased at the center; cost is $42, or buy three coupons for $10.50. Cash or checks to the City of Sanibel are accepted. Members of the City of Sanibel Recreation Center must show their membership cards to attend.

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. with Sandi McDougall. Format is 45 minutes of cardio, 20 minutes of balance, core strength and flexibility exercises.

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 and 11 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Mahnaz Bassiri is the instructor. The 11 a.m. class is being monitored and may be extended beyond Friday, April 19.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords and stability balls, along with mats, are used to strengthen your muscles. Improve core strength and balance.

Gentle Yoga with Kris Brown – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Mats are used to meet the needs of varying experience levels. Bring a towel.

Chair Yoga – Tuesday and Thursday at 11 a.m. Chairs are used to stretch, tone and strengthen while improving flexibility, alignment and circulation.

Tuesday Kayaking – April 23 and 30, 8:30 a.m.
There is space for 16 people on eight two-person kayaks and unlimited space for those who own their own kayaks. Kayaks, paddles and life jackets provided. Bring water, a small snack, change of clothing, sun lotion, bug spray, sunglasses and a hat. Cost is $5 for members and $10 for non-members. Stop by the center to sign up.

Baskewteaving Class. Martha Kehow will teach you how to weave a multi-use basket. She will have the kits made up. All you have to do is weave and have fun, and leave with your own hand-made functional basket. Cost is $30.

Tuesday, April 24, 9 a.m. to noon.
Jewelry Making Class. Andrea Goetzinger has designed a multi-colored necklace that looks great with Florida colors. The “memory wire” fits easily and you don’t have to worry about a clasp. She will help you create your own piece of unique jewelry. Cost is $20.

Games:
Bridge – 1 p.m. Monday and Wednesday.
Hand & Foot – 1 p.m. Tuesday Mahjongg – 1 p.m. Thursday Cost is $2.50 for members and $5 for non-members. Prizes are awarded.

Spring cleaning? Remember the fall Trash and Treasures sale. The center is accepting donations. Please, no clothes, shoes or TVs.

Call 472-5743 for details on programs or stop by to register.

Captiva Community Panel To Meet
The Captiva Community Panel will hold its regular monthly meeting on Tuesday, May 7 beginning at 9 a.m. in the Cone Rooms in Chadwicks Square at South Seas Island Resort. This meeting is open to all interested islanders and the public.

Among the agenda items are:
- A review of proposed changes in the county’s Future Land Use Map and LDC, by county planner Matt Noble.
- Update on the proposed Lee Plan project and grant.
- Update on the Monday After The Masters April 15 event.
- A Captiva Erosion Prevention District update.
- A Captiva Fire District update.
- A Hurricane Preparedness and Response Committee update.

Public participation is welcome and encouraged. The next Captiva Community Panel meeting will tentatively be June 11. Information and background documents are available online at www.captivacommunitypanel.com.

A Mother’s Day Gift Guide

Watson MacRae Gallery
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2340 Periwinkle Way, Sanibel, FL 33957
Mon. - Sat. 10:30 to 5:00  239-472-3386
www.watsonmacraegallery.com
From page 1

**Family Day**

Pediatric Oncology/Hematology at Golisano Children’s Hospital of Southwest Florida to showcase and auction artwork created by children who are being treated for cancer. Donated art supplies are used in a therapeutic setting for children being treated at the hospital. Proceeds from the sales will provide assistance to families facing the financial challenges of childhood cancer.

The Open Doors Exhibit runs May 4 through 20 in Founders Gallery. The Open Doors program provides classes for children with artistic talent and/or financial need.

All of the student art will be displayed in Phillips and Founders galleries May 4 through 20. Exhibits are open from 1 to 4 p.m. weekdays.

**BIG ARTS Family Day Reception**

Sponsor is Pinocchio’s Original Italian Ice Cream. Phillips Gallery Patron Sponsor is FineMark National Bank & Trust. Founders Gallery Patron Sponsors are Deborah and John La Gorce.

Visit www.BIGARTS.org for more information. To purchase tickets stop by BIG ARTS, 900 Dunlop Road or call 395-0900.

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Let food be thy medicine & medicine be thy food. – Hippocrates 460 BC

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**Lee Republican Women Meeting**

On Monday, May 13, the Lee Republican Women Federated will hold their monthly meeting at the Hilton Garden Inn, 12601 University Drive in Fort Myers. The guest speaker will be Florida House of Representatives District 77 Rep. Dane Eagle. Social hour begins at 11:15 a.m. with lunch and program to follow.

Cost is $16 per person, all inclusive.
To make reservations, call 432-9389 or email cindylignelli222@gmail.com.

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**The Little Mermaid Jr.**

has been rehearsing the musical since January.

The students put on two musical productions each year, in December and May. In years past they have performed junior versions of *Thoroughly Modern Millie*, *Mulan* and *Willy Wonka* as well as all-time favorites *The Sound of Music*, *Guys and Dolls* and *Beauty and the Beast*. The performing arts classes offer students a chance to be on stage as well as work behind the scenes. Performing arts class at The Sanibel School provides experiences ranging from singing, acting and dancing, to running the audio-visual equipment and other crew responsibilities. The students must plan the choreography and staging of the show. Students develop performance techniques in musical and dramatic settings and learn the basics of drama. Angelo said, “We earn funds for our musicals primarily through donations, fundraisers and ticket sales. Any donations to help support our musical productions are greatly appreciated.”

*The Little Mermaid* is one of Disney’s most popular animated films and winner of two Academy Awards. The story is set in a magical kingdom fathoms below, where the young mermaid Ariel longs to leave her ocean home to live in the world above. But first, she’ll have to defy her father, King Triton, make a deal with the evil sea witch, Ursula, and convince Prince Eric that she’s the girl with the enchanting voice.

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**Fish Caught**

Steve Harrell of Sanibel and Jimmy Franks of Franklin, Tennessee landed two large redfish on April 9 off the coast of Captiva. Kasey Harrell of Sanibel had her first redfish catch the same day.

The group was fishing with Capt. Ozzie Lessinger.

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Kasey Harrell
More than a dozen residents attended Tuesday’s inaugural ice cream social staged at Casa Mariposa, the 12-unit senior development on Sanibel governed by the city’s Community Housing & Resources. The tenants enjoyed an afternoon of live music – provided by local entertainer Danny Morgan – ice cream, pink lemonade, snacks and refreshments, brought by the residents themselves as well as Bailey’s General Store.

According to CHR board member Robyn Moran, when she went around and inspected 72 units, she personally spoke with many of the residents. They talked about wanting a social gathering – such as a potluck dinner or lunch-type outing – that tenants of each CHR property could hold by themselves as a way to get to know each other better.

Moran brought the idea back to the board, who agreed that such an activity would be very beneficial to the community. She also spoke to Morgan, who donated his time and talents to the residents of Casa Mariposa.

Myra Legg, who offered the blessing at the beginning of the gathering, said that she enjoyed the informal get-together.

“This is very nice,” added Legg. “We should do this for birthdays and other special occasions.”

Held in the screened gazebo in the center of the complex, residents listened to Morgan sing old-fashioned tunes – including Red Sails In The Sunset, You Don’t Know Me and Makin’ Whoopee – while munching on cheese and crackers, deviled eggs, egg rolls and assorted snacks. Later, the group cooled off with ice cream.

Another tenant in the complex, Nancy Getto, expressed her desire to hold social gatherings with her neighbors in the future.

“Sometimes it’s hard to plan a get-together,” said Getto. “But I wish we could do things like this more often.”

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Rev. Dr. Ellen Sloan, Rector
www.saintmichaels-sanibel.org

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a.m. Confession first Saturday of the month
9 a.m. by appointment. Holy Days call
2304 Periwinkle Way between the
Bean and Baileys, 472-2173
Rev. Dr. Eileen Sloan, Rector
www.saintmichaels-sanibel.org

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Meets on the first Sunday of each month
from December through April at the Sanibel
Congregational Church, 2050 Periwinkle
Way at 5 p.m. A pot luck is held at a mem-
ber’s home on the third Sunday of each
month. For more information call 433-4901
or email ry139@aol.com.

OBITUARY

WILLARD DAVID BOYCE JR.

Willard David Boyce Jr., 75,
of Fort Myers, died on April
22, 2013. He was born
on November 23, 1937 in Dover,
Delaware, a son of Willard David and
Margaret Chance (Phillips) Boyce, Sr.
A resident of Fort Myers since 1987,
he previously lived in West Chester,
Pennsylvania. David lived life to its fullest,
his great outdoors but he was always
the happiest having his family and
friends around. David and Loretta’s home
was always filled with laughter and fun, it
was always the very best of times there.
He is survived by his loving wife of 56
years, Loretta (Frank) Boyce, his beloved
sons, W. David Boyce III of Fort Myers,
and Douglas Chance (Stephanie) Boyce
of Downingtown, Pennsylvania, his sis-
ter, Anna Boyce (husband, John Pratt)
of West Chester, Pennsylvania; he also
leaves behind three cherished grandchild-
ren, Angelina, Anna and Trevor, whom
he was lovingly called “PePe.” David will
be greatly missed by all of his family and
friends, who always enjoyed his charm
and fun loving personality.

David’s family would like to express
their appreciation to the nurses, aides
and staff of the Joanne’s House at Hope
Hospice and Page Rehabilitation and
Health Care Center for their loving care
during David’s illness.

A memorial service to be held at a
later date.

If your heading up North read us online at:
IslandSunNews.com
Sanibel Teen Awarded Zonta Scholarship
submitted by Dalia Jakubauskas

Megan Lucker, an outstanding young Sanibel resident and Fort Myers High School senior, was this year’s recipient of the Zonta Club of Sanibel/Captiva Young Women In Public Affairs Award. Presented on April 17, the $250 scholarship is given each year to a Sanibel or Captiva teenager in recognition of her commitment to volunteerism, participation in student and community activities and dedication to advancing the status of women.

The award is part of a Zonta International Program designed to encourage young women to pursue careers in public policy making, government or volunteer organizations and further their education with those goals in mind.

Lucker, 18, exemplified the qualities necessary to win the award, which is given in honor of the late Carla Johnston, a longtime Zontian, community activist and former Sanibel mayor. Lucker’s long list of accomplishments include membership in the National Junior Honor Society, participation in student government throughout middle and high school, and volunteering at the Sanibel Sea School.

She also spent time mentoring at-risk children in Quito, Ecuador as part of her church’s youth group. The kids were residents of a home set up by The Inca Link Organization for children whose parents were in jail or who were abandoned.

Closer to home, Lucker serves as the Lee County Teen Ambassador for the American Heart Association’s “Go Red For Women Campaign.” Having suffered a stroke and heart valve procedure herself, Lucker said educating women about the dangers of heart disease is a mission she gladly undertakes.

“I think that it is an honor to be recognized by the Sanibel/Captiva division of Zonta for my volunteer work the past four years,” said Lucker, who was recently accepted by St. John’s University in Annapolis, Maryland.

The Zonta Club of Sanibel/Captiva is a service organization of professional women working together to provide hands-on assistance, advocacy and funds to strengthen women’s lives on the islands, in Lee County and around the world through Zonta International. For more information, visit www.zontasancap.com.

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BIG ARTS Live Jazz & Pop Season

BIG ARTS on Sanibel has announced its 2013-14 Live Jazz & Pop 35th anniversary season. The lineup includes The Rossano Sportiello Trio (January 11); John Pizzarelli (January 24); Louise Pitre (February 1); The Piano Men (February 8); Grammy winner Tom Paxton (March 7); Musical Tribute to Hank Williams and Patsy Cline (March 21). All shows begin at 8 p.m. at BIG ARTS Schein Performance Hall, 900 Dunlop Road on Sanibel.

The Rossano Sportiello Trio will present their “The Great American Songbook,” a journey through the masterpieces of American popular music of the ‘30s, ‘40s and ‘50s interpreted according to the idioms of classic jazz improvisation. Award-winning jazz pianist Rossano Sportiello will be joined on stage with bassist and vocalist Nicki Parrott, and percussionist Eddie Metz. This concert features special guest Harry Allen on the saxophone.

Back for his third Sanibel visit, world-renowned jazz guitarist and singer, John Pizzarelli has been called “hip with a wink” by Town & Country, “madly creative” by the Los Angeles Times and “the genial genius of the guitar” by The Toronto Star. Pizzarelli has established himself as one of the prime interpreters of the great American songbook and beyond, bringing to his work the cool jazz flavor of his brilliant guitar playing and singing.

Recording artist Jim Witter and his band lead an expertly-crafted tour of an entire decade that begins with Your Song and winds us along on a musical time machine, saluting two of the century’s most popular contemporary songwriters.

Grammy-winning guitarist Tom Paxton plays folk music from his celebrated 50-year career. The timeless hit The Last Thing On My Mind, written and recorded by Paxton in 1964, has been...
Grammy winner Tom Paxton

frequently covered, perhaps most memo-
rably by Johnny Cash, Neil Diamond and
Peter, Paul and Mary. Along with a host
of nominations throughout the 2000s,
Paxton received a Lifetime Achievement
Award at the Grammys in 2009. “I have
sung Tom’s songs for three decades and
will go on doing so in the new century,
for they are beautiful and timeless, and
meant for every age,” said Judy Collins.

“Country Royalty” goes back in time
to bring legends Hank Williams and Patsy
Cline back to the stage. Hank Williams:
Lost Highway star Jason Petty re-creates
the role he has become famous for, while
Grammy-nominated singing sensation,
Carolyn Martin, gives a jaw-dropping
performance at Patsy Cline. In The New
York Times, reviewer Bruce Weber writes,
“Jason Petty does a remarkably good job
of rendering Williams’ famous melodies
with the silky warble and sob that recreate
their touching simplicity.” Carolyn Martin
gained national notoriety from the PBS
special, The Time Jumpers. Along with
a five-piece band, Petty and Martin will
perform hits including Crazy, Hey Good
Lookin’, Sweet Dreams, Your Cheatin’
Heart, Walking After Midnight, I Saw
The Light, I Fall To Pieces and I’m So
Lonesome I Could Cry.

Visit www.BIGARTS.org for more
event information, including links to art-
ists’ websites and to purchase tickets.
Tickets also available at BIG ARTS
Marks Box Office, 900 Dunlop Road on
Sanibel, call 395-0900. Other BIG ARTS
Box Office locations are BIG ARTS
Gallery & Gift Shop at 2244 Periwinkle
Way on Sanibel, call 472-9700 or at the
Herb Strauss Theater, 2200 Periwinkle
Way on Sanibel, call 472-6862.*
CROW Needs Help

Birds need to be fed every half hour and we do not have enough volunteers and staff to maintain this pace,” she said.

In addition to feeding the baby animals, CROW needs volunteers willing to act as foster parents. If you are able to help CROW feed or foster these babies, call 472-3644.

Many injured species arrive at CROW, like this baby bird.

On Saturday, April 27, music instructor Jennifer Valiquette held her annual student recital at BIG ARTS on Sanibel.

Each student displayed their diligence and talent by performing a variety of songs on piano, saxophone and flute.

From beginners playing *Mary Had A Little Lamb* to the more advanced playing jazz and classical, it was an entertaining concert for all in attendance.

If you are interested in taking music lessons with Jennifer Valiquette, call 989-7799.

Front, from left, Jackson Sprecher, Evan Rafalski, Amber Crutchfield, Addison Sprecher, McKenna Sprecher, Carley Ross, Caitlin Ross, Jennifer Valiquette, May Babcock, Caroline O’Malia and Tammy Phamm; back, from left, Richard Walker and Daniel Velope.

To advertise in the *Island Sun* Call 395-1213.
Sanibel Physician Helps FISH Clients With Care
submitted by Ida Vaynberg

There are many ways that neighbors in our island community choose to donate their time and money to help the FISH of Sanibel, Inc. neighbors in need. For many years, Dr. Edward LaMotta has been quietly assisting FISH clients in need with medical care on a pro bono basis. There are times when a qualified FISH client requires medical care and does not have any health insurance or money to pay for the much needed visit to the doctor. The very generous Dr. LaMotta has stepped in again and again to provide pro bono healthcare for these qualified FISH clients and their families. Meanwhile, FISH helps pay for their medication and laboratory work.

Dr. LaMotta and his staff have spent many, many hours assisting FISH clients and they continue to provide professional, quality care for those most in need in our community. FISH would like to extend their appreciation to Dr. LaMotta and his staff for their time and dedication. They help uphold our commitment to help our island neighbors in most need by providing access to much needed medical help necessary for them to lead healthy and productive lives.

Words can never express our sincere gratitude for their generosity over the years. If you see Dr. LaMotta or his great team around the islands, please thank him for his great work for those most in need on our islands. He is our own true Sanibel hero.

Every Friday, Post 123 serves a six-ounce ribeye steak sandwich all day. Check out the daily specials and the entire menu. The half-pound burgers are a local favorite. Food is served all day, every day. The public is welcome.

American Legion Post 123 is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m., located at mile marker 3 on Sanibel-Captiva Road. For more information, call 472-9979.

From page 1

Islands Night

Free tickets to Islands Night are available at sponsoring businesses, the Sanibel Recreation Center and Bailey’s General Store.

To advertise in the Island Sun Call 395-1213

Send your editorial copy to:
pres@islandsunnews.com
Kiwanis Club Gifts Over $103,000 To Golisano Campaign

Members of the Kiwanis Club of Sanibel-Captiva recently presented a check for $103,950 to Lee Memorial Health System Foundation in support of the Golisano Children’s Hospital of Southwest Florida capital campaign. The funds were directed toward the totals of a recent record-breaking fundraising event on Sanibel entitled “Sanibel-Captiva Cares.” The funds will be matched dollar-for-dollar via a $20 million matching challenge grant by Mr. B. Thomas Golisano.

Golisano Children’s Hospital of Southwest Florida is part of Lee Memorial Health System in Lee County, Florida. It is the only acute care children’s hospital between Tampa and Miami. The children’s hospital opened in 1994 within HealthPark Medical Center. The name was changed to the Golisano Children’s Hospital in 2012. Lee Memorial Health System Foundation, the primary fund raising entity for the Golisano Children’s Hospital, is currently engaged in a major capital campaign that will enhance pediatric hospital care in Southwest Florida by building a new 292,000 square foot, 128-bed children’s hospital on the campus of HealthPark Medical Center.

For more information, visit www.ChildrensHospitalGoal.org.

First row, from left, Amanda Cross of Sanibel and chair of Sanibel-Captiva Cares; Lee Memorial Health System President and CEO Jim Nathan, Dick Muench of Kiwanis Club Sanibel-Captiva; Medical Director at Golisano Children’s Hospital of Southwest Florida, Dr. Emad Salman; Pete Bender of Kiwanis Club Sanibel-Captiva; and Lee Memorial Health System Chief Foundation Officer Sharon MacDonald; Second row, Dave Essig and Alan Marcus; Second row, Jerry Edelman, Kate Dietrich and Andy Schroder; Third row, Maryanne Daly, Jaimie Wimbush and Doug Dietrich; Fourth row, Tim O’Neill, Bob Wimbush and Ed Ridlehoover; Fifth row, Peter Perkins, George Campean and Bob Smith; Sixth row, Buddy Long and Ric Base; Top row, Al Hanser, Alan Lane and Doug Congress

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Summer Sunday Seminar Series

Beginning Sunday, May 5, Sanibel Congregational United Church of Christ’s popular Summer Sunday Seminar Series returns. Classes will be held every Sunday morning at 9 a.m. in Heron Hall through October. We will explore a variety of topics ranging from the latest in Biblical scholarship to religion in modern life and ethical issues. Watch the website, weekly emails, Facebook and the Sunday bulletin for announcements concerning upcoming topics. Come to church early and/or bring a friend.

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way on Sanibel. For more information, call 472-0497.

SCUCC Celebrates March Madness

The congregation of Sanibel Congregational United Church of Christ played off the excitement of the recent NCAA Basketball Tournament with their own “March Madness” Challenge. For the second year in a row, visitors and members were challenged to bring in jars of peanut butter and jelly for the Harlem Heights Food Pantry during the span of the NCAA Tournament – and they responded. They were able to deliver more than 500 jars to the Harlem Heights Food Pantry, located on Gladiolus Drive in Fort Myers, where they were enthusiastically received by the all volunteer staff from the High Hopes organization. This special challenge is just part of the congregation’s ongoing support of the Harlem Heights Food Pantry and other organizations that address hunger issues.

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way on Sanibel, across from Periwinkle Place.

Concerning The Recent Arrest Of Chad Nave

Submitted by Sanibel Community Church Council and Pastor Daryl Donovan

We are shocked and deeply grieved by what has transpired. We in no way condone or support what Chad has done. We do, however, stand in support of his family.
The charge is that Chad obtained child pornographic materials on the Internet and passed these images to others.
The Federal Court has stringent guidelines in force with the best interest of the public’s protection as the highest priority. An electronic monitor has been attached to Chad and he is under house arrest. Just to state clearly, he will not cross on the property of Sanibel Community Church or any other church, school or public property. Any movement outside of the home must be pre-approved by a federal officer and a court appointed guardian must accompany him.
We ask for your prayers at this time.

FISH Sponsors Tutoring Program

Maria, a single mother who came to the U.S. in pursuit of a healthy, stable environment for her family, is a FISH of Sanibel Inc. success story.
Maria came to FISH four months ago after learning of English as a second language (ESL) program in conjunction with the Literacy Council of the Gulfcoast. FISH collaborates with the Literacy Council of the Gulfcoast, a United Way partner, to provide ESL services for those living and working on the islands.

Maria’s goal was to strengthen her English skills. Through FISH’s program, she met Karen, Literacy Council volunteer, who provides ESL tutoring. They worked together twice a week to reinforce her understanding of the English language, and increase Maria’s English proficiency to help her reach her next goal; to attend college on a part-time basis.

Maria has expressed her gratitude to FISH for providing ESL tutoring. Both she and her tutor, Karen, are experiencing the rewards resulting from hard work and dedication. Thanks to another successful FISH program, Maria has now realized a goal that will impact her future forever.

Share your community news with us.
Call 395-1213
Fax: 395-2299
or email press@islandsunnews.com
Rotary Happenings
submitted by Shirley Jewell

Just over a year ago, the Sanibel-Captiva Rotary Club ventured overseas (across the causeway) on a field trip to the construction site of the Harlem Heights Cultural Arts and Community Center. In the middle of a five-acre parcel, just off San Carlos Boulevard sat an impressive 14,000-square-foot unfinished construction shell. Construction stopped when a financial pledge of $4 million to complete the project was withdrawn because of the national downturn in the economy and its impact on the primary financial supporter of the center. The challenge for the Heights Foundation was to search out financial support from community, state and federal resources to complete the project. Executive Director Kathryn Kelly and Heights Foundation board members Julie Workman and Victor Mayeron never gave up. They had the vision of a bustling community center offering a myriad of activities: English and literacy classes, after school and summer camp programs, play groups and Reading Buddies programs, job training, outreach programs, computer learning lab, culinary arts training facilities, a 250-seat theater space with light track and sound booth equipment for theatrical performances, dance classes and theater arts instruction. The space will also be used for community functions and social gatherings and will have a full catering kitchen.

Rotarians were so impressed with the impact that this center could make in the Harlem Heights community that they voted to pledge $25,000, upon receipt of the center’s certificate of occupancy, for the fitting of a general-purpose activities room. Rotarians were so impressed with the impact that this center could make in the Harlem Heights community that they voted to pledge $25,000, upon receipt of the center’s certificate of occupancy, for the fitting of a general-purpose activities room.

Kelly, along with Heights board members and many others, worked diligently on grant writing and fundraising to reach their financial goal and put back into action construction and completion of the Harlem Heights Cultural Arts and Community Center. They reached their goal earlier this year and the construction shell is now a beautiful and colorful completed center.

Last Friday, Rotarians journeyed overseas to tour the community center in all its splendor. All classrooms are now open for after-school programs plus a number of adult activities and training programs. Sanibel-Captiva Rotarians were there to present their $25,000 check and to tour the building. Our club president, John Grey, was so impressed with the community center that he joined the board of directors at the center.

We also invited a number of other local Rotary Clubs to send representatives to join us for breakfast, see the facilities, hear Kelly outline the types of programs now running and future plans. Rotary Trust Foundation member Chet Sadler is now trying to put together another Rotary matching-grant project with six other local Rotary Clubs for the community center. This grant is being written to help fit out the kitchen area. Funds are also needed for light and sound equipment for the theater area.

The Sanibel-Captiva Rotary Club congratulates the Harlem Heights Foundation for its remarkable achievement and hopes to continue our support for your cultural arts and community center.

The Sanibel-Captiva Rotary Club meets at 7 a.m. every Friday at Sanibel Island Golf Club, 1100 Par View Drive. If you have any questions regarding Rotary, e-mail Sanibel-Captiva Rotary Club President, John Grey-John@JohnGreyPainting.com or President-Elect, Scot Congress-Scot@scongress.com.

Read us online at IslandSunNews.com
A new rule on habitat might end up pitting healthy beaches against healthy turtles — and that’s an unnecessary conflict that ends up benefiting neither.

Some background: In late March, the U.S. Fish and Wildlife Service (USFWS) issued a proposed rule to designate much of the coastal East Coast as “critical habitat” for the loggerhead turtle, which is already designated as an endangered species. Broken into three units covering coastline from North Carolina to Mississippi, these designations would place restrictions on what can be done in coastal regions where the loggerhead nests.

Those restrictions could be pretty broad, extending to what is allowed to be done on beaches — including how beach-rooms are designed and maintained.

The proposed rule acknowledges “a nourished beach that is designed and constructed to mimic a natural beach system may benefit sea turtles more than an eroding beach it replaces.” However, it claims a larger proportion of turtle-abandon attempts to nest on engineered beaches compared to natural beaches, due chiefly to physical differences between the two post-construction. Also cited by the rule as interfering with nesting are groins and jetties, coastal development, recreational beach use, predation, and the increased severity of tropical storms caused by global warming, among other elements.

No one will argue against protecting loggerheads, but the broad designation advocated by USFWS may not achieve much protection — and could bring with it a significant cost. Failure to adequately restore eroded coastlines would not only reduce the nesting habitat for turtles (who thrive on a wide natural beach), it could pose significant threats to coastal economies (who thrive on the visitors and residents healthy beaches bring), to recreation (since beaches are more highly used that all our public parks combined) and to private properties and public infrastructure (which are best protected by wide beaches and high dunes to keep storm waves away). This potentially pits turtles against people — and that’s just not necessary nor productive.

The proposed USFWS rule cites beach sand placement as one of twelve primary threats to loggerhead habitat, but relies upon data from 1999 to support that claim. Managing beaches to protect environmental resources has advanced significantly since then, and those advances need to be recognized in the agency’s findings.

Remember, all U.S. Army Corps of Engineers beach renourishment projects face a thorough environmental review before approval, and many state and local governments currently have management plans in place to protect wildlife and habitat as well. It would be prudent to expand those efforts first, to ensure that turtle habitat is protected but not to the exclusion of other activities — and that the myriad threats to nesting are considered as part of the planning process for use and management, not after the fact.

Most coastal residents, businesses and communities are committed to protecting loggerhead sea turtle habitats — a goal best achieved when all resources are balanced as part of the planning process for use.

Many governments currently have management, not after the fact.

Critical Habitat For Loggerheads

A list of states and their counties that contain “critical habitat” for the loggerhead (although not all of the county’s coastline is necessarily included in that designation):

- Florida: Bay, Brevard, Broward, Charlotte, Collier, Duval, Escambia, Flagler, Franklin, Gulf, Indian River, Lee, Manatee, Martin, Monroe, Palm Beach, Sarasota, St. Johns, St. Lucie and Volusia
- North Carolina: Brunswick, Carteret, New Hanover, Onslow and Pender
- South Carolina: Beaufort, Charleston, Colleton and Georgetown
- Georgia: Camden, Chatham, Liberty and McIntosh
- Alabama: Baldwin
- Mississippi: Jackson

the-northwest, which is also where you can leave your comments.

For more information, go to www.asbpa.org, Facebook or www.twitter.com/asbpa."
Easier-To-Follow Marine Fisheries Regulations

The Florida Fish and Wildlife Conservation Commission (FWC), at its April 17 Commission meeting near Tallahassee, discussed a draft proposal designed to make the state’s marine fisheries regulations easier to read, understand and enforce.

Current regulations contain inconsistencies from one species chapter to the next. For example, definitions and the location of specific rules vary from chapter-to-chapter. It is because of issues like these that the public asked the FWC to streamline current marine fisheries rules.

The first part of the proposed cleanup and reorganization effort includes standardizing the format and rule language for 20 species chapters and relocating the regulations for swordfish, wahoo and sheepshead to new rule chapters of their own, separate from chapters dealing with other species. Neither of the changes will alter the meaning of these rules or how they are enforced.

The second part of the proposal includes the creation of a new “General” chapter, which will house definitions and regulations that can be applied to all marine fisheries.

Currently, there is no place for general definitions or rules that apply to all marine fisheries. Instead, individual chapters contain repetitive definitions or rule language, which can be cumbersome and confusing to the reader, especially when worded differently. These changes will reduce confusion and enhance compliance by ensuring there is consistency among wording and meaning, and by eliminating repetition.

All proposed regulations for the new chapter have been taken from existing species rules, and are therefore not new regulations. However, moving them to the new chapter will mean they apply to all marine fisheries, which could change how certain rules are currently enforced for certain species.

For example, a rule in place for red drum, reef fish and king mackerel, specifying vessel operators are responsible for any fishery violations that occur aboard a vessel, will be moved to the “General” chapter and applied to all saltwater fishing. This change will improve enforceability even if no one on the vessel is willing to claim responsibility.

Changes in definitions could also improve how the regulations are enforced. For example, the proposal would expand the definition of “Florida waters” to include any potential fishing site and the adjacent parking area. The definition of “harvest” would be expanded to include the unnecessary harming or destruction of marine organisms.

This rule-cleanup proposal, which will be brought before the Commission for final approval at its June meeting in Lakeland, is the first phase of an extensive rule-cleanup process being conducted by FWC staff, including members of the FWC’s Legal Office and divisions of Law Enforcement and Marine Fisheries Management.

The public is encouraged to offer input on this proposal by attending one of two public webinars April 22 or 24 from 6 to 8 p.m. EDT. Learn more by visiting www.MyFWC.com/Fishing and clicking on “Saltwater,” “Rulemaking” and “Upcoming Public Workshops.”

SCCF’s Anders To Speak At Shell Point Academy

The Academy of Lifelong Learning at Shell Point Retirement Community welcomes to its Summer Academy Kristie Anders, education director at the Sanibel Captiva Conservation Foundation. Anders will speak Monday, May 13 from 10 to 11:30 a.m. in the Grand Cypress Room of The Woodlands at Shell Point Retirement Community.

Anders’ presentation, entitled Fish: No Bones About It, is an overview of cartilaginous fish that have no bones. Anders will speak about elasmobranchii, a subclass of Chondrichthyes, which are cartilaginous fish such as sawfish, sharks, stingrays and skates. Anders will also share what motivated Teddy Roosevelt’s visit to Captiva and what it had to do with stingrays.

“We are delighted to welcome Kristie back to The Academy. She always highlights areas of ecological interest that are relevant to right here, where we live,” said Teri Kollath, manager of Volunteer Services and The Academy at Shell Point.

This event is free, but reservations are required. Call 489-8472 for more information. To learn more about Shell Point, visit www.shellpoint.org.
This neonatal hawk, patient #0898, must be kept in an incubator to stabilize its body temperature. It is fed numerous times per day to ensure that its caloric intake is at a maximum, which is very important for a youngster of any species to grow properly.
Big High Water For Big Action

by Capt. Matt Mitchell

Just coming off the full moon this past week, we had some really giant mid-day high tides. These high tides made for the perfect set up to mangrove fish for redfish. Not only was the redfish bite going on this week but the snook action stayed hot too, often finding snook right under the bushes mixed in with the reds. Fishing the lower water action started out slow with trout and a few reds but once the tide got up, the fishing was very consistent.

Mangrove shorelines around the mouth of the river were the best redfish bite for me this week. Tail hooked pinfish flipped up under the mangroves caught a mangrove that was holding redfish, redfish to 34 inches. Once you found mangrove fish for redfish. Not only perfect set up to tides made for the

Fishing with Capt Matt Mitchell this week Ross, 10 yrs old from Vermont caught his first Pine Island Slam. This was his 31 inch redfish which was caught and released.

nothing like the high water bite, you could still pick up a few reds while you waited for the tide to get right.

Snook could be found anywhere from a mangrove creek all the way out to the passes and the beach this week. During the low incoming water, I spent my time targeting deeper mangrove channels and creeks with live shiners. Pitching a few shiners as chum against a shoreline quickly let you know if the spot was worth fishing. Higher water oyster bars and shallower mangrove keys were the places to be. Trolling motor fishing mangrove shorelines with soft plastic jigs during the high tide was also a good bet. Once the tide got down about half way, I moved on to docks and the passes and the bite just continued. A better bait choice for docks and the passes was live pinfish and grunts.

This week I did not catch as many jumbo trout as I have in the past few weeks. We did catch a 27-inch one day while snook fishing a mangrove shoreline though. These jumbo trout are still going on but with great high water this week, I just did not concentrate my efforts on trout fishing at all.

Sharks off all varieties have moved into the sound in good numbers. Blacktips can be found on just about any flat and will eat both live and cut bait. These are one of my favorite fish to catch when fishing with kids. The deeper water in the middle sound is a great place to get this going on. A chum bag hung off the back of the boat will quickly draw in the two- to four-foot blacktips. On light spinning tackle, rig up with a float, a six- to 12-inch piece of light wire and a circle hook. For bait I like a live pinfish, but cut bait will also get it done. These scrappy blacktips make screaming runs and often jump. Be careful releasing these fish as they are solid muscle and able to contort their body to bite their tail. I have a long hook remover and try not to lift them out of the water.

Tarpon fishing is still a little hit and miss from the reports I have received from other captains. There are fish that have been spotted throughout our area but just not that consistently quite yet. Both out on the beaches and in the sound I have seen a few fish rolling and free jumping yet I have not started to target them as I hoped. By the time you read this I will have been fishing them for about a week non-stop and should have much better information and, hopefully, some pictures to share. Today was my last snook and redfish trip for a while as I now move on to tarpon fishing, pretty much all of May.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmattmitchell@aol.com.
‘Ding’ Darling Celebrates National Trails Day

Take a hike, play Animal Olympics and learn more about refuge creatures and the “fingerprints” they leave on refuge trails at JN “Ding” Darling National Wildlife Refuge on Sanibel during National Trails Day, to be held on Saturday, June 1 from 9 a.m. to 4 p.m.

Indigo Trail and the Bailey Tract will be open all day free to hikers and bikers, who will be able to also experience the new Children’s Education Boardwalk trail. Wildlife Drive will remain closed for maintenance.

The day’s activities will include:
- 9 a.m. to 4 p.m. – Animal Olympics: Test your abilities against the elite Olympians of the animal world. This fun, interactive program runs all day along the Indigo Trail.
- 10 a.m. – Indigo Trail Hike: Join naturalists as they lead a one-hour tour identifying the ecosystem’s plants, animals, birds, reptiles, and more. Explore the Children’s Birding Trail and its two-story observation deck. Bring water and bus spray, and meet at the flagpole in front of the Education Center.
- 11 a.m. – Reading in the Refuge: Oh Scat & Animal Tracks: Whose scat is that? Whose tracks are those? Learn about the wondrous world of animal tracking from a refuge naturalist in this fun, 30-minute interactive program in the Education Center Classroom.
- 1 p.m. – Wildlife Wonders: What makes a bird a bird? Why is a manatee called a sea cow? Is that a crocodile or alligator? Find the answers to these questions and more as you join a naturalist in exploring the refuge’s unique ecosystem. The 30-minute program takes place in the Education Center Classroom.

The “Ding” Darling Wildlife Society-Friends of the Refuge co-hosts the 2013 National Trails Day activities to educate about wildlife and opportunities for getting outdoors at the refuge. For more information on the event, call 472-1100 ext. 237.
**Shells Found**

Kristin Lewis of Chapel Hill, North Carolina found an alphabet cone and a horse conch on the beach at Pointe Santo de Sanibel on April 23. Kristin is the granddaughter of Pat and Stokes Fishburne, who resided in The Sanctuary Golf Club for many years.

Sanibel sheller Mike Gillmore found a junonia near the Lighthouse Beach pier around midday on Sunday, April 28. It was his fourth junonia found on the Sanibel and Captiva islands.

Mike Gillmore holding his junonia shell

**Shells Found**

Linda and Kristian from Boulder Creek, California, and Pamela from Fortuna, California "During our annual family shelling vacation to Sanibel, we each found an alphabet cone as well as other treasures." These lucky shellers are Linda and Kristian from Boulder Creek, California and Pamela from Fortuna, California. “We love coming to Sanibel.” they said.

Linda and Kristian from Boulder Creek, California, and Pamela from Fortuna, California

**Shells Found**

Joseph Passanisi and Jannando Rodriguez from Brooklyn, New York found a lion’s paw on April 18 at Bowman’s Beach on Sanibel. They said, “Ever since we stepped foot on Sanibel Island, all we’ve been doing is shelling and looking for unique shells. We will hopefully be contacting you after we find our first junonia.”

Joseph Passanisi and Jannando Rodriguez from Brooklyn, New York

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Sanibel-Captiva Conservation Foundation

Turtle Tracks

Learn about the life cycles and habits of sea turtles that nest on local beaches and what the Sanibel-Captiva Conservation Foundation (SCCF) is doing to protect them. Since 1992, SCCF sea turtle volunteers and staff have monitored every inch of Sanibel and Captiva beaches each morning from May 1 through October, looking for tracks to nests laid the night before or nests that have hatched. The Turtle Tracks program is Thursday, May 9 at 10 a.m. at SCCF. The program is free to SCCF members and children, $5 for adults. Take a walk on the trails or visit the butterfly house following the program.

Tank Talks

On Tuesday, May 7 at 10 a.m., an SCCF biologist will present the program Tank Talks in the nature center. The nature center has educational ambassadors living in tanks. There is Indie, the endangered indigo snake; Jewel, the diamond back terrapin, Happy, the Florida snapping turtle; Salty, the mangrove water snake; plus baby box turtles and critters in the touch tank. Take a guided tour to learn about these living ambassadors, many of which are SCCF research subjects. The cost of the talk is $5, with SCCF members and children free.

Snowy Plover Program

Watch where you walk; there are plovers on the beach. SCCF has been monitoring and tracking the nests of this bird on Sanibel beaches for 10 years. Learn about this threatened species and what you can do to protect their small nesting populations at the Snowy Plover Program on Thursday, May 9 at 2 p.m. in the SCCF auditorium. Cost of program is $5, with SCCF members free and children.

Call SCCF at 472-2329 for more information on these programs unless otherwise indicated. Sanibel-Captiva Conservation Foundation is located at 3333 Sanibel-Captiva Road.
Shell Islands Garden Club Receives Donation

On April 25, The Shell Islands Garden Club was invited to the home of Tracy and Connie Walters for a mid-morning stroll and refreshments. In memory and honor of his mother, Hulda Walters, co-founder of the club, Tracy Walters made a generous donation. The club will be planting a foxtail palm dedicated to Hulda Walters for her passion and dedication to native Florida vegetation. The palm will be planted at The Community House by the Shell Islands Garden Club. Hulda’s weekly articles, which appeared in the Island Sun, brought education and awareness to our island vegetation, were enjoyed by many.

The ladies of the club enjoyed learning about the native vegetation planted by Tracy and Connie Walters at their Sanibel Island home. The Walters have been active members in the island community for many generations.

The donation was accepted by president Maggie Butcher.

The Shell Islands Garden Club
Program On Wildlife Recovery

The CROW Picture Show offers an insider’s look at why critters come to CROW (Clinic for the Rehabilitation of Wildlife) and features photos of the wild animals who wind up there.

Last year, Southwest Florida’s only wildlife hospital cared for 3,583 sick, injured and orphaned animals. Of the 200 different species, 61 percent were birds, with 33 percent mammals and 6 percent reptiles.

Due to restrictions imposed by governmental agencies, CROW cannot allow visitors to view patients in person. But in a 60-minute presentation, visitors will see numerous photos of current and past patients, with commentary by Claudia Burns, a veteran clinic volunteer.

The next CROW Picture Show is on Friday May 3 at 11 a.m. in the CROW Healing Winds Visitor Education Center at 3883 Sanibel-Captiva Road, across from The Sanibel School. Admission is $5 for adults, $3 for teens, free for members and children 12 and under.

The fee includes the presentation, plus the opportunity to explore the hospital’s hands-on educational facility and become familiar with CROW’s efforts to save wildlife through compassion, care and education.

For more information, call 472-3644, ext. 228. To learn more about CROW, visit www.crowclinic.org.
Snakes!

by Mark ‘Bird’ Westall

For the past several weeks, I have been going through a list of creatures the media reports are the most dangerous to humans. That list, starting with the least threatening and progressing on up, has included bears, sharks, Cape buffaloes, hippos, elephants, the big cats, crocodilians and scorpions. And even though the list includes some of the scariest creatures according to the media; in reality, the number of fatalities per year is really quite low.

All of these “terribly dangerous” creatures combined kill less than 5,000 people worldwide annually. The next group of creatures on the list comes from the Order Squamata and probably frighten more people on a daily basis than any other type of animal on the planet; snakes. As I have said, many times before, I believe that our deep fear of certain species stems from our distant evolutionary past, but in the case of snakes, there actually are some legitimate reasons to still be cautious (notice I said snakes, there actually are some legitimate reasons to still be cautious). But humans are intelligent, right? And the people of Sanibel want to coexist with the wildlife of the island, right? People are always telling me that what makes humans different from the rest of life on this planet is our ability think and reason.

So, we should be able use our intelligence to differentiate one species of snake from another and comprehend what is dangerous and what is not. SCCF has a very good herpetologist on staff, Chris Lechowicz, who would be glad to educate anyone who is interested in learning about the snakes of Sanibel. No environmentally-friendly citizen of Sanibel has an excuse for ever killing a snake.

Although there are venomous snakes found all around the world, some even on Sanibel, most snakes on the island are of the harmless kind and, actually, can provide a benefit to people who live here by controlling rodents and bugs that can come into our houses. One species of snake that was found here historically (and sadly now, possibly extinct), the indigo snake, is one of the most gentle of snakes and even preyed on the snakes that could harm us. But wherever one lives, it should be an easy task to find out what snakes in the area are venomous and dangerous. Learn to identify these species and then just leave the others alone. That is called using our intelligence.

In Southwest Florida, there are four species of venomous snakes that can be found and, therefore, potentially could be on Sanibel; the eastern diamond-back rattlesnake, the dusky pygmy rattlesnake, the Florida cottonmouth (or water moccasin), and the eastern coral snake.

In 35 years as a professional naturalist, I’ve only had to deal with one rattlesnake on the island and that was probably accidently brought here and discovered hiding in a forklift pallet behind Bailey’s. I think Charles LeBuff found one years ago down by the lighthouse that was probably from the mainland and drifted out here on a log. I also remember pygmy rattlers being discovered occasionally on the island in years past in landscaping pots. On the other hand, I have had many people tell me that they have seen water moccasins on the Sanibel River or in other water bodies on the island, but I have yet to come across one while wading around in waist-deep water trimming the Sanibel River for the city.

I have, however, come across many common water snakes in my wanderings and they can be easily mistaken for a cottonmouth. I remember one early morning, walking through the wetlands to get to where I had stored my canoe and when I turned the canoe over, there was a snake all coiled up looking and acting as though it was a cottonmouth. It had its mouth open in typical cottonmouth behavior and in the early pre-dawn light I couldn’t see it well enough to easily identify it. I had to identify it. I couldn’t let a possible cottonmouth sighting on the island get away. I had to get a closer look. Of course, I didn’t have a snake-hook with me so I had to lean in close to see if the snake had oval pupils (water snake) or cat-like pupils (cottonmouth). As I am leaning in closer and closer to the snake and it is increasingly threatening to strike at me, I am thinking, “Great! Just because I feel the obligation to identify a possible cottonmouth on Sanibel, I’m going to get bit on the nose!” I hope it’s a water snake and not a cottonmouth.” It was a water snake and I wasn’t bitten.

Unfortunately, when many island residents come across a snake that vaguely mimics a venomous snake, they kill it first and ask questions later. Many snakes will mimic the appearance and behavior of dangerous snakes because usually most other creatures will just leave them alone. But humans fear snakes so much they tend to think the only good snake is a dead snake.

continued on page 32
Shell Point’s 2013 Summer Concert Series To Begin

Shell Point Retirement Community has announced the 2013 Shell Point Summer Concert Series. Kicking off on Tuesday, June 11 with The Naples Jazz Orchestra, the fourth annual series will also welcome The Sunshine Trio on Thursday, July 11 and The BUZZ, a Sweet Adeline Barbershop Quartet on Friday, August 9. Shell Point Summer Concerts start at 7:30 p.m. in The Village Church.

Tickets are available to the general public for all three concerts. Tickets are $35 for the series of three concerts or $15 for individual concerts. To purchase tickets or for more information, visit www.shellpoint.org/concerts or call 454-2067.

“Many residents live here year round, and we love being able to offer this concert series for everyone to enjoy,” said Dawn Boren, director of resident life. “Feedback from the first three years has been amazing, and we are looking forward to another wonderful season.”

The Naples Jazz Orchestra is a big band in the tradition of the legendary bands of Count Basie, Duke Ellington, Woody Herman, Buddy Rich and the Tonight Show Band. They will perform the music of the greatest composers, arrangers and bands of jazz history at Shell Point on Tuesday, June 11. Comprised of some of the finest professional jazz musicians in Florida, the Orchestra was formed to provide the highest quality big band jazz experience available to audiences and musicians in Southwest Florida.

Enjoy an evening of light classical and popular favorites with the sounds of the Sunshine Trio on Thursday, July 11. Members include Kay Kemper, harp, Scott O’Donnell, viola, and Beth Larsen, flute. All three accomplished musicians perform with the Southwest Florida Symphony and the Palm Beach Opera Orchestra.

The BUZZ is a Sweet Adeline Supergroup coming to Shell Point on Friday, August 9. Already well-medaled individually before they got together, Nancy Cloeter, Debbie Cleveland, Karen Breidert and Jeannie Froelich have won several Sweet Adelines International Quartet championships as The Buzz. They have been delighting audiences and happily living their “Four Parts, One Voice” motto ever since.

To learn more about Shell Point, visit www.shellpoint.org or call 1-800-780-1131.

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Southwest Florida Symphony Orchestra Event

Young People’s Concert, entitled Symphony Is All Around You, will be held on Tuesday, May 7 at 10 and 11:30 a.m. at Barbara B. Mann Performing Arts Hall under the direction of Chris Confessore. The Symphony Is All Around You is fun-filled concert that is an excellent introduction to the wonderful sound of a live, professional orchestra in concert. Students will take a journey with the Southwest Florida Symphony Orchestra to discover how the symphony is part of their everyday lives, with music by Beethoven, Mozart and Tchaikovsky as well as selections from Harry Potter, Indiana Jones and Star Wars.

The program is offered free to area elementary school students with support from Publix Supermarkets Charities. Funding assistance for transportation is made available to the schools through the support of LCEC and the Southwest Florida Symphony Society. If you are interested in attending a performance or wish to provide additional funding support for this project, call the Symphony Office at 418-0996.

In addition, the Youth Orchestra Concert will be held on Sunday, May 12 starting at 7 p.m. at the Cypress Lake High School Auditorium. David Cole will be the conductor. The Youth Orchestra will present the final concert of this season and the program features Rimsky-Korsakov’s thrilling Capriccio Espagnol, the Youth Orchestra Concerto Competition Winner, Stephanie Van Duin in the first movement of the Violin Concerto of Mendelssohn and the Southeastern U.S. regional premiere of Rational Exuberance by Wes Flinn. Chamber ensemble performances will include what Manager and Coach Todd Betz describes as, “a crazy cool percussion thing!”

Tickets $5 for students and $10 for adults, available in advance or at the door. Box office information www.swflso.org or call the box office at 418-1500. 2013-14 season subscriptions are now on sale.

International Artist To Perform At Music Walk

On Friday, May 17, internationally acclaimed percussionist Aïyb Dieng and friends are playing at the French Connection during Music Walk in downtown Fort Myers’ historic River District.

Originally from Senegal, Dieng has gained international fame by collaborating with legends such as Brian Eno, Mick Jagger, Herbie Hancock, reggae star Bob Marley, beatnik author William S. Burroughs, Emmy Award-winning flutist Kai Epple, jazz rock drummer Ginger Baker and prolific bassist/producer Bill Laswell. He has performed live at Carnegie Hall and Avery Fisher Hall with Karl Berger. He has also recorded a solo album entitled Rhythmagic.

After touring around the world, Dieng is back in Southwest Florida to perform select live shows.©
Sea Turtle Nesting Season Starts

The beginning of sea turtle nesting season in Southwest Florida is upon us once again. Wednesday, May 1 marked the “official” start of nesting season, but Captiva was the lucky recipient of the first loggerhead nest on the west coast on Sunday. All sea turtle species are protected under the U.S. Endangered Species Act and are either threatened or endangered.

As nesting season gets under way on the islands, please keep the following in mind to provide a safe beach for nesting and hatching:

- Shield or turn off lights near the beach
- Take all beach furniture, tents and umbrellas off the beach with you
- Fill any holes you dig
- Pick up trash on the beach, especially plastic
- Honor the leash law
- Do not approach or disturb nesting turtles
- Never take a flash photo of a sea turtle
- Limit your use of flashlights on the beach at night

For more information on the sea turtles that nest and hatch on our beaches, visit the SCCF Nature Center for our Turtle Tracks education program.

Sea Turtle Nesting Season Starts

Lakes Park To Host Public Gardens Day

Lakes Park Enrichment Foundation is hosting a day-long celebration in recognition of National Public Gardens Day on Friday, May 10 from 7 a.m. to 2 p.m. Free and open to the public, the event includes garden tours; birding tips and tours; guest speakers including well-known local author Charles Sobczak and cartoonist Doug McGregor; demonstrations by local garden clubs, nurseries and growers; children’s story-telling and activities and more. In addition, the culmination of the 2013 Botanic Gardens at Lakes Park Photography Contest will take place at noon with the presentation of the awards. The winning photos will be on display during the day.

The day begins with a bird walk at 7:30 a.m. and a second bird walk at 9 a.m., starting in the gardens and continuing to the new wetlands area of the park. Hourly tours of gardens include the succulent collection, ginger garden, the butterfly garden, heritage rose garden, vertical garden, water garden, bromeliad garden, the wedding gazebo and community garden. Continental breakfast will be available in the morning, as well as refreshments throughout the day. For a complete schedule of events, visit www.LakesPark.org.

“A variety of activities and programs will showcase the many gardens and other special features of Lakes Park,” said Susan Moore, active member of the Lakes Park Enrichment Foundation. “The day will emphasize the impact of Lakes Park on our local natural environment and all the benefits the park has to offer.”

Lakes Park joins more than 500 public gardens in the nationwide celebration, and May 10 is officially designated as “National Public Gardens Day in Lakes Park” by the Lee County Board of County Commissioners.

The event is being locally sponsored by the Lakes Park Enrichment Foundation, a 501c3 organization that enriches the park with many projects including an expansion of the Botanic Garden at Lakes Park. The foundation’s main focus is to assist Lee County Parks and Recreation in the continued implementation of the $30 million Lakes Park Master Plan, enhancing the park’s environmental aesthetics, wildlife habitat and recreational amenities for the community to enjoy for many years to come.

For more information on the foundation, visit www.LakesPark.org. The Lee County Bird Patrol is also assisting in this event. National sponsors include the American Public Gardens Association, Better Homes and Gardens Magazine and Rain Bird Irrigation.

Free parking is available by downloading a voucher at www.LakesPark.org.

Lakes Regional Park is located at 7330 Gladiolus Drive between US 41 and Summerlin Drive. For more information, contact Marsha Asp, Vice President of Lakes Park Enrichment Foundation, at 851-6434.

Casual Beachfront Dining

Happy Mother’s Day
Sunday, May 12th
Dinner from 4pm - Live Entertainment

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2013 Botanic Gardens at Lakes Park Photography Contest winners will be announced

Pink ibis in the trees at Lakes Park

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Dinner from 4pm - Live Entertainment

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Red Silk-Cotton Tree
by Gerri Reaves

The red silk-cotton tree’s (Bombax ceiba) origin is unknown, but it is thought to be native to tropical Asia or Australia. The term bombax derives from the Greek word for silk.

After leaf drop in early winter, the tree flowers, a stunning display perfectly timed for seasonal visitors.

The eye-catching scarlet-red flowers are up to a half-foot across and last only about a week on the branch. (Some trees have orange or white flowers.) Tulip-like and five-petaled, the flowers appear near the branch ends, attracting a host of birds to feed and pollinate. The petals are reflexed, or bent downward, at the tips, and the many stamens have purple-black tips.

The straight trunk covered with sharp spines supports tiers of horizontal branches. The gray-green palmate compound leaves have three to nine leaflets.

Fruit capsules of about six inches long split open while on the tree and release cottony floss embedded with brown seeds. The incredibly soft cotton falls to the ground or becomes wind-borne.

The tree has drawbacks, too. The litter from leaves, flowers, and cotton fluff make it a somewhat messy species, and the prickly trunk is a safety hazard.

In addition, the tree’s sheer size, up to 100 feet tall with a wide breadth, makes it too large for many residential landscapes.


Plant Smart explores sustainable gardening practices that will help you create an environmentally responsible, low-maintenance South Florida landscape.

Even as the pods dispersed their silky floss in April, new leaves appeared.

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The Troublemakers
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Corner of Periwinkle & Tarpon Bay Road
in the Bailey’s Plaza

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Swallowtailed Kite Nest Draws Interest Of Birders

by Jeff Lysiak

They say the early bird catches the worm, so it would make sense to say the early birders might catch the best look at two of the rarest birds on the islands.

Last week, a dozen aviary aficionados gathered across the street from the Pete & Pat Allen Family Tract (part of the Sanibel-Captiva Conservation Foundation’s Bob Wigley Preserve on Casa Ybel Road) in order to catch a glimpse of a nesting pair of swallowtailed kites.

According to birding expert Jim Griffith, who led the tour on behalf of SCCF, he estimated that the migratory species now numbers between 2,500 and 7,000. Approximately one-third of the world’s swallowtailed kite population will nest for part of the year in Florida.

“Dr. Ken Meyer, of the Avian Research and Conservation Institute, told me to start looking for (swallowtailed kites) around the end of February, but on February 21, I was out on my deck and saw one of them flying overhead,” said Griffith, a Sanibel resident. “So I started looking for them around the island.”

The swallowtailed kite, which prefers living in tropical and subtropical forests with swamps, marshes and other wetlands, is a raptor that will grow to 19 to 26 inches in length with a wingspan about four feet wide. It feeds on insects, lizards, snakes and reptiles, but will also eat small birds and nestlings. Females lay one to three eggs when reproducing, and the eggs incubate for 28 to 31 days. Young kites fledge from five and a half to seven weeks after hatching.

Griffith said that he and Mark “Bird” Westall came across the swallowtailed kite nest while birding one morning around March 1. Both men speculate that the female kite is sitting on eggs, the male kite is feeding her and the eggs are due to hatch.

On April 26, Griffith told a group of birders – armed with cameras, binoculars and spotting scopes perched on tripods – that the swallowtailed kites prefer a nest that is in a high location. Unfortunately, the nest in the Bob Wigley Preserve doesn’t appear to be very well constructed or protected from the elements.

“They make a pretty shabby nest. It’ll probably be blown down some time this summer,” said Griffith, who noted that the birds will likely migrate back to South America by late July. “But when they do come back, they usually nest in the same area.”
For more than 45 minutes, the birders got excited every time the female kite popped her head up out of the nest, or turned her body around from one side to the other. As Griffith explained, "Bird watching takes a lot of patience."

“I’ve seen (swallowtailed kites) flying, but I’ve never seen a nest before,” said Paul Duval, an island resident since 1996, who peered through his binoculars at the nest, awaiting the next signs of activity.

A fellow birder asked Griffith where the male kite was. He explained that while he might be off finding food, he was more likely perched in a nearby nest, giving his wings a well deserved rest.

“Swallowtailed kites spend a lot of time resting,” said Griffith. “Since they have a very wide range, they’ll spend almost two-thirds of their day resting.”

In addition to Florida, swallowtailed kites may be seen in North America in parts of Texas, Louisiana, Mississippi, Alabama, Georgia and South Carolina.
Duplicate Bridge

On Tuesday, April 23, there were six tables in play at the Sanibel Community Association. The winners were:

North/South
1. Linda Tedeschi and Kenneth Appel
2. Joan and Bob Kent

East/West
1. Susan Freund and Judy Harralson
2. Barbara Frith and Elizabeth Neill

The game runs for six months – November through April at 1 p.m. on Tuesdays – at The Community House, 2173 Periwinkle Way. For further information, call Susan Willoughby at 281-3258.

Watercolor Workshop

Sanibel Captiva Art League announced that Steve Rogers, a nationally-known artist and teacher, will be conducting a watercolor workshop at the Community House, 2173 Periwinkle Way on December 4, 5 and 6. Rogers has been teaching workshops throughout North America and the Mediterranean for over 30 years. He said on his website (www.watercolorsbyrogers.com), “My purpose as an artist is to portray the beauty of light and color in God’s world as I experience it within my heart.” His watercolors are filled with light.

Since the workshop, open to all artists regardless of membership in Sanibel Captiva Art League, is limited to 20 artists, it is suggested that those interested sign up soon.

For more information, contact Carol Good via email at carol12@gmail.com.

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Lessons Learned
At Florida Rep

by Di Saggau

As the first act begins in Educating Rita, we find Frank, professor of English literature (William McNulty) trying to remember where he stashed a bottle of booze in his bookshelf. A middle-aged alcoholic, he has lost both his passion for the subject and his respect of his students. Suddenly, there is a banging on the door. In barges Rita (Jessica Wortham), a hairdresser who enrolls in a class with Frank as her tutor. The entire play takes place in a university professor's office in the north of England.

Rita wants an education, although she has no idea what it is that she's asking. He is not interested in giving lessons in the evenings, as the course requires. Rita stands her ground and says she will return next week. Her brash sincerity eventually earns the respect of the professor. She is a breath of fresh air for Frank and he starts to care about someone for the first time since his wife left him.

Each will end up teaching the other. The street-smart student is bored with her life and eager to learn. There is a warm bond that soon forms between pupil and teacher as Frank finds a student who actually wants to learn. Not surprisingly, the play has been compared to Professor Henry Higgins and Eliza Doolittle in Pygmalion. Playwright Willy Russell is also the author of Shirley Valentine.

In their first tutorial, Rita and Frank discuss EM Forster. Frank criticizes Rita's first essay, which consists of one line. She defends it. You see Rita transform, gradually with each scene. The script is well written and the dialogue is hilarious. Director Chris Clavelli has fearlessly tackled this two and a half hour play. He keeps the action moving around the stage with quick fades to dark without slowing the pace or interest. The set by Robert F. Wolin is exceptional, as always, befitting a professor's lair with books from floor to ceiling.

The two actors earn the audience's respect with their excellent performances.

Wortham is everything you want Rita to be: bright, smart and clever, and also faintly desperate in her desire to rise above her background. McNulty excellently captures her tutor's self-loathing and resentment when he finds his protege evading his grasp.

Educating Rita is a crowd-pleasing play dealing with borderline-edgy issues of class and education while offering plenty of laughs. It plays through May 5 at Florida Repertory Theatre, in the Historic Arcade Theatre on Bay Street between Jackson and Hendry in the Fort Myers River District. Tickets are available online at www.floridarep.org or by calling the box office at 332-4488.
Il Cielo Hosts Reception
For East Coast Artists

Sanibel Island’s Il Cielo restaurant hosted a reception on Sunday, April 28 for east coast artists Carmen Lagos and Gustavo Castillo.

Attendees conversed with the artists about the vibrant and colorful paintings that are hung throughout the restaurant, all of which are for sale.

Suzanne Lurie, Sanibel resident and retired interior designer who curated the artwork for Il Cielo, has a number of Lagos and Castillo’s prints in her Sanibel home and brought one of her own giclees of a banana leaf by Lagos and hung it in the restaurant’s foyer. She helped select the additional 15 pieces from Lagos and Castillo’s catalogue. The limited edition prints, which were framed by the artists, range in size from 30 inches by 40 inches to 50 inches by 70 inches.

Castillo and Lagos have been painting full time for 24 years. The married couple turned to painting full time after successful careers as a commercial pilot and architect. Lagos’ work features an earthy palette and detailed forms of leaves and blossoms. Castillo’s work, by contrast, has an abstract foundation and playfully addresses images and colors.

For more information, visit www.ilcielosanibel.com or call 472-5555.
Young People’s Concert May 7

The Symphony Is All Around
You is fun-filled concert that is an excellent introduction to the wonderful sound of a live, professional orchestra in concert. Students will take a journey with the Southwest Florida Symphony Orchestra to discover how the symphony is part of their everyday lives, with music by Beethoven, Mozart and Tchaikovsky as well as selections from Harry Potter, Indiana Jones and Star Wars.

Chris Confessore will conduct two performances of The Symphony is All Around at the Barbara B. Mann Performing Arts Hall on Tuesday, May 7 at 10 and 11:30 a.m. and shows are nearly sold-out. Confessore has a reputation for designing and delivering outstanding educational performances for young people. He is in his 15th season as Music Director and Principal Conductor of the Brevard Symphony Orchestra in Melbourne, Florida and also serves as Resident Conductor of the Alabama Symphony. From 1990 to 1995, he administered one of the most intensive orchestral education programs in the country as Education Director of the Alabama Symphony.

The program will demonstrate the versatility of a symphony orchestra, from traditional repertoire to TV, cinema, Broadway and even cartoons. The program is designed for fifth grade students but open to all grade levels. A packet of educational materials is available on the Symphony’s website at www.swflso.org, under “For Educators.”

The program is offered free to area elementary school students with support from Publix Supermarkets Charities. Funding assistance for transportation is made available to the schools through the support of LCEC and the Southwest Florida Symphony Society. If you are interested in attending a performance or wish to provide additional funding support for this project, call the Symphony Office at 418-0996.

Entering its 53rd Season, the Southwest Florida Symphony is recognized as one of the finest performing ensembles in the region. In addition to a five-concert Masterworks Series, four pops concert and chamber orchestra programs on Sanibel Island, the organization offers a full array of educational programs. These include:

- A youth orchestra program with three large ensembles and chamber ensembles coached by the professional musicians of the Southwest Florida Symphony
- In-School educational ensemble programs by a string quartet and brass quintet
- The Symphony Discovery Club, Student Rush Tickets and tickets for disadvantaged youth and families
- An instrument Zoo that provides a hands-on introduction to the instruments of the orchestra

For more information on these and other programs of the Southwest Florida Symphony, visit www.swflso.org or call 418-0996.

Youth Orchestra Concert May 12

The Southwest Florida Symphony Youth Orchestra will present the final concert of this season on Sunday, May 12 at 7 p.m. at Cypress Lake High School Auditorium. The program features Rimsky-Korsakov’s thrilling Capriccio Espagnol, the Youth Orchestra Concerto Competition Winner, Stephanie Van Duijn in the first movement of the Violin Concerto of Mendelssohn and the Southeastern U.S. regional premiere of Rational Exuberance by Wes Flinn. Chamber ensemble performances will include what manager and coach Todd Betz describes as, “A crazy cool percussion thing!”

Come hear the future and support the finest young musicians Lee County has to offer. The Sinfonietta and Chamber Ensembles are under the direction of Nanette Grant, the new Youth Symphony Concert Orchestra is under the direction of Roland Forti, and the Youth Symphony is conducted by Dr. David Cole. The Youth Orchestra program is a group of auditioned students who are trained and rehearse with professional musicians from the Southwest Florida Symphony.

For more information, contact the Symphony Box Office at 418-1500 or visit www.swflso.org. Tickets are $5 for students and $10 for adults, available at the door.

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FOR WEEK OF MAY 6, 2013

Aries (March 21 to April 19) You’ve set a fast pace for yourself. But as you approach your goal, you might want to slow down a bit in order to take time to reassess your situation and make changes while you can.

Taurus (April 20 to May 20)
Patience continues to be a virtue for the Divine Bovine. So as eager as you might be to get things moving, remember that time is on your side. Make good use of it.

Gemini (May 21 to June 20) There’s a wee bit of uncertainty in the early part of the week. But things clear up as more facts come to light. Spend quality time this weekend with family and friends.

Cancer (June 21 to July 22) An old friend’s return could open new possibilities for both of you. But don’t let yourself be rushed into anything. There could be some factors you haven’t yet explored.

Leo (July 23 to August 22) This week offers a challenge you’re raring to take on. And while eager to get started, do so slowly so that you can focus those sharp Cat’s Eyes on every detail.

Virgo (August 23 to September 22)
Put your skepticism aside and listen to advice from colleagues who’ve been where you are now. What they say could be helpful as you get closer to a decision.

Libra (September 23 to October 22)
A family matter might again require your reassuring touch. Handle it, as always, with kindness and fairness, even if some of your kin prove to be especially difficult.

Scorpio (October 23 to November 21)
Your ability to tackle even the most intricate details of a project is likely to impress some very important people. A relative shares news later this week.

Sagittarius (November 22 to December 21) The Archer’s aim might be focused on the big picture this week, but don’t overlook checking for those details you might have missed.

Capricorn (December 22 to January 19)
You might feel awkward asking for assistance, but who would refuse the charming Goat’s request? Do it, then go ahead and enjoy a musical weekend.

Aquarius (January 20 to February 18) Pour some cold water on that simmering misunderstanding before it boils over. The sooner things settle, the sooner you can move ahead with your plans.

Pisces (February 19 to March 20)
You’re in a highly productive period, which you feel can go on forever. But you could be courting exhaustion. Take time out to relax and restore your energies.

BORN THIS WEEK: You can combine a sense of adventure with a penchant for practicality. Have you considered a travel-related field?

THIS WEEK IN HISTORY

• On May 8, 1884, Harry S Truman is born in Lamar, Mo. Upon President Franklin Roosevelt’s death in 1945, Truman became the 33rd president of the United States. After four months in office, Truman authorized the dropping of two atomic bombs on Japan, believing it ultimately saved American and Japanese lives by forcing Japan to surrender.

• On May 12, 1932, the body of aviation hero Charles Lindbergh’s baby is found more than two months after he was kidnapped from his family’s New Jersey mansion. After numerous ransom notes, the baby was found less than a mile from the home. He had been killed the night of the kidnapping.

• On May 11, 1947, the B.F. Goodrich Company of Akron, Ohio, announces it has developed a tubeless tire. The disadvantage of the old inner tube design was that if the inner tube failed, the tire would blow out immediately, causing the driver to lose control of the vehicle.


• On May 7, 1960, Leonid Brezhnev, one of the most trusted proteges, is selected as Chairman of the Presidium of the Supreme Soviet—the Soviet equivalent to the presidency. Brezhnev took control of the USSR in 1964 when Khrushchev was removed from power.

• On May 9, 1971, the last original episode of the sitcom “The Honeymooners,” starring Jackie Gleason, airs. Despite its brief life as a traditional sitcom, “The Honeymooners” remains one of the most memorable TV comedies of all time, raved only by “I Love Lucy.”

• On May 10, 1994, in South Africa, Nelson Mandela is sworn in as the first black president of South Africa. In his inaugural address, Mandela, who spent 27 years of his life as a political prisoner of the South African government, declared that “the time for the healing of the wounds has come.”

STRANGE BUT TRUE

• It was nationally syndicated newspaper columnist L.M. Boyd who made the following sage observation: “Anyone who eats three meals a day should understand why cookbooks outsell sex books three to one.”

• The game of Chinese checkers did not come from China; it was invented in Great Britain in the 19th century. The game’s original name was Halma.

• We usually think of Spain as a warm country, so it might surprise you to learn that the nation has 13 glaciers.

• Doubtless you’ve heard of India’s Taj Mahal, but did you know that there is a tourist attraction in America that is so grand, it is popularly known as the Taj Mahal of the West? In 1968, a group of Hare Krishnas founded the New Vrindaban Community near Wheeling, W.Va. Though they began on 100 acres with no electricity or running water, the community now covers more than 1,200 acres and features Prabhupada’s Palace of Gold, an ornate edifice of gold, marble and hand-carved teakwood. The award-winning rose garden alone is said to be worth a trip.

• If you’re a dog lover, you might have used your beloved pet as a foot warmer from time to time. This is by no means a modern practice; the Aztecs were fond of a certain breed of small, hairless dogs to accomplish the task.

• Despite popular opinion, the dictator Napoleon was not particularly short. He measured 5 feet, 6 inches tall, which was the average height for a Frenchman at that time.

• Those who study such things say that if you’re like the average person, you can go 11 days without water – provided the temperature never gets above 60 degrees F.

THOUGHT FOR THE DAY

“Everyone is a genius at least once a year; a real genius has his original ideas closer together.” -- Georg Lichtenberg
The Sidney & Berne Davis Art Center presents the final Rock The River concert of the season, The zStonez, on Saturday, May 11 at 6 p.m. The zStonez are a premier Rolling Stones tribute band and one of America’s hottest party bands. Band members include Richard Stewart, Donovan Christenson, Steve Lavalley, Dave Radford, Chuck Noonan and Karky Karkalits.

Richard Stewart was born in New York City and “has the moves of Mick Jagger.” He started doing Elvis impersonations at the young age of 10. While doing many impersonations, he eventually found that doing Mick Jagger became his favorite and most natural. Joining his first Rolling Stones tribute in 2008, which quickly became a hit, Stewart was invited to open for the Rolling Stones movie premier showing of Shine A Light in Tampa at The MOSI Museum. His extensive theater background includes a starring role in West Side Story as “Riff” for many sold out performances at Ruth Eckerd Hall in Clearwater, Florida. Stewart has also appeared internationally, in the Caribbean, as Mick Jagger. One of his most memorable comments from a fan was, “Dude, it was like being at a real Rolling Stones concert.”

From Columbus, Ohio, Donovan Christenson – playing Keith Richards – is a versatile guitarist. He is well-versed in many musical styles, having performed country, rock, blues and light jazz. His true love in music, however, has always been The Rolling Stones. “I was fortunate enough to have grown up in the ‘60s listening to The Stones,” he says. Learning their songs at an early age provided Donavon with a solid foundation in harmony, theory and composition which has served him throughout his musical career.

Steve Lavalley comes from New York and is a long-time admirer of a certain bass player from London. He was more than happy to lend his years of guitar and bass-playing experience to zStonez. “These songs, when played correctly and in the spirit of the originals, have an energy and emotion all their own that audiences have really responded to. It’s great to be working with other musicians that are as dedicated to capturing the authentic feel and presentation of this most special era of music,” said Lavalley.

Under the influence of the Stones since February 9, 1964, Dave Radford (from Memphis, Tennessee) is the band’s drummer, private pilot, historian and stickler for authenticity. An ardent collector, when not playing the drums (or restoring vintage Corvettes), he thrives on the challenge of recreating each and every piece of Stones’ history.

Chuck Noonan has been an ardent Rolling Stones fan since early childhood. In the process of researching the music and lives of “Stones,” he is constantly awed by the genius and creativity they displayed and the impact they made on music and the world.

Karky “Mr. K” Karkalits, who hails from Miami, is now celebrating over 50 years as a professional musician and entertainer. It all began at two and a half years old, when he kept going back to the piano and picking out melodies and improvising by ear and having fun. He began his early professional career when...
The 20th Annual Sam Bailey’s Islands Night will take place Wednesday, May 15th at the Lee County Sports Complex Ft. Myers Miracle - vs. - Dunedin Blue Jays

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Send your $100.00 check payable to: Islands Night, 2477 Periwinkle Way, Sanibel, FL 33957

Tickets to the zStonez are $10 each. For tickets or information, visit www.sbdac.com or call 333-1933.

Top Ten Books On The Island
1. Night Moves by Randy Wayne White
2. Bubble Moment by Katie Gardenia
3. Snow Child by Eowyn Ivey
4. Sanibel Flats by Randy Wayne White
5. Language of Flowers by Vanessa Diffenbaugh
6. Falling into Place by SR Lewis

Spring has arrived, and that means Summer is right around the corner!
.... but before it’s here;
let’s have a parade,
add a baseball game
and lots and lots of fun!

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The Sidney & Berne Davis Art Center is located at 2301 First Street in the downtown Fort Myers River District.

Tickets to the zStonez are $10 each. For tickets or information, visit www.sbdac.com or call 333-1933.

Top Ten Books On The Island
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Poet’s Corner

Sunset On Coquina Beach
by Isabella Sbarra
After a nice long walk along the smooth and grainy sand, I look to the side and realize that the sun is touching the land.” The sunset is starting!”
A woman shouts out loud, and everyone freezes to sit on the ground.
The waves are filling up the big bright ball and the sky turns pink and red! The sight mesmerizes all.
Everyone claps as loud as a crash and then...
Can you guess it? It’s the GREAT GREEN FLASH!
So colorful and bright, we all wanted more!
But the beautiful color quickly dissolved on the shore.
When the sunset is over and everyone starts to go I look back at the lighthouse and that’s when I know that I love Sanibel, just like you and it will always be with me.
Is it with you?

Isabella is a Sanibel native who won first place in Sanibel’s poetry contest for this poem. She lives at home with her mom, sister Sophia, Mica the dog, three cats, two bunnies, a guinea pig and two fish. She is looking forward to moving on to Sanibel Middle School next year.

We invite submissions from local poets. Anyone interested may submit their work via email to tusie@comcast.net. Each week, individual work will be showcased.

Read us online at IslandSunNews.com
The shoes were dusted off and the music played at Enchanted Ballroom when owners Susan Scott and David Flory hosted a Dancing With the Islands Stars reunion at their dance studio on Palm Ridge Road.

The event, which began three years ago by the Sanibel Community Association, shook the island, brought an awareness to ballroom dancing and created a sensation among the stars who had never stepped on to a dance floor.

As the group gathered to rekindle their cha chas and shimmies, the room was filled with laughter and exclamations as they watched the videos of their past performances.

As Scott says, “Once a star, always a star.”

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Dancing With The Islands Stars Reunion

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Dunes Adds Triathlon Training To Sports Camps
by Jeff Lysiak

The Dunes Golf & Tennis Club will host nine weeks of recreational activities for ages five to 14 as the Summer Sports Camps return June 3 through August 2. Camps are held Monday through Friday from 8:30 a.m. to 2:30 p.m. and feature a variety of sports, including golf and tennis. Additional activities include soccer, hockey, arts and crafts, theater and water sports.

According to Leilani Sivsov, general manager at The Dunes, this year’s Summer Sports Camps will also include training for the 3rd annual Captiva Triathlon, a family fitness weekend which includes children’s races on Saturday, September 14 and an adult race on Sunday, September 15.

“The Captiva Triathlon is an activity on the islands that is growing in popularity, and something that families can do together,” Sivsov said.

Angie Ferguson, a well-known Elite Level 2 level triathlon coach and 19-time Ironman, will also consult at the Summer Sports Camp.

“We’re working with (race director) Kate Gooderham on triathlon training, encouraging kids to do more distance training,” said Sivsov. “We’re trying to make this fun and approachable for kids, with the idea that anyone can do the triathlon, with or without the training.”

Anicca Sivsov, noted that last year, her nine-year-old daughter, Anicca, competed in the 2nd annual Captiva Triathlon. “It’s something parents can do with their kids, just like they can play tennis with their kids or play golf with their kids. It’s fun for everyone.”

Pet Palooza Returns To Sanibel May 25

Saturday, May 25 is Pet Palooza 3 at Tahitian Gardens, located at 1975 Periwinkle Way. From 10 a.m. to 2 p.m., you and your pet(s) are invited to this interactive event.

Since last July, The Royal Shell Companies and the merchants in their various centers have hosted three pet adoption events. Sanibel has come through each time by adopting some good dogs looking for a new home along with monetary donations totaling over $1,000, plus wish list supplies for the Gulf Coast Humane Society, a non-kill shelter.

The Gulf Coast Humane Society (GCHS) will bring out some good dogs looking for a new home. Pets du Soleil on Location Photography will return with their air-conditioned photography trailer modified for all types of pet photography, and K-9 Connections will set up a course for dogs to run. Many of the Tahitian Gardens merchants will donate a portion of that day’s sales to GCHS. Several have planned fundraising activities in their stores. Stop by the main table for information.

Admission is free, but a donation to GCHS is appreciated. To find out what items GCHS is in need of, visit www.gulfcoasthumane.org and click on “Supply Wish List.”

The Royal Shell Companies, the merchants of Tahitian Gardens, Pets du Soleil on Location Photography and GCHS friends and supporters invite you to come out, mingle with other pet owners and start your summer by finding a forever friend.

Tucker Carlson To Speak In Fort Myers

On Thursday, May 16, Tucker Carlson, young political commentator and founder of the popular news website The Daily Caller, will headline this year’s Lincoln-Reagan Dinner hosted by the Lee County Republican Executive Committee (LCREC). The event takes place at the Harborside Event Center, 1375 Monroe Street in downtown Fort Myers.

The local Republican Party is looking to energize its base and unite all Southwest Florida residents concerned about the direction of the country and the partisan environment. Carlson will offer a unique perspective as well as solutions, and will take questions from the audience. Former CIA Director and Mayor of Sanibel Porter Goss will introduce Carlson.

Tickets are $100 per person and include dinner. Business and table sponsorships are available and the public can sponsor a student for $30. A reception with cash bar will begin at 6 p.m., followed by dinner. The speech about the future of the party will conclude the evening.

Make checks payable to LCREC and mail to PO Box 61465, Fort Myers, FL 33906 by Thursday, May 9.
Canal Access in Shell Harbor
Magnificent East End canal 3BR 2.5BA + office home in Shell Harbor; includes a deeded beach access. This home has a upper level master suite along w/ features such as fireplace; screened pool/lanai area w/ hot tub; boat dock & lift. 1001 Kings Crown.
Offered at $1,159,000

Serene Living in Gumbo Limbo
Spacious pool home in Gumbo Limbo holds many surprises from the vaulted ceilings to the beautiful wrap around screened lanai. Walk through your choice of french doors out to the jetted spa off your master bedroom. This 3BR 4BA home has a large workshop and 3 car garage. 9459 Begonia
Offered at $669,000

Architectural Gem
Bright open floor plan in this Dunes 3BR 2BA home. Vaulted ceilings in the great room w/decking off all bedrooms and the open kitchen. Close to San Carlos Bay at Bailey Rd for fishing, kayaking or sun bathing. Only a few homes away from the Dunes club house. 970 Sand Castle Rd.
Offered at $569,000

Tranquil Lifestyle
Island Living! Enjoy a tranquil lifestyle in this beautiful 2BA 2BR, remodeled home with attention to detail everywhere you look! Lots of privacy and the two adjacent lots will convey with this property. Roam the property and pick fresh fruit from your mini orchard outside your door. Enjoy the orange, grapefruit, key lime, meyer lemon, lichee nut and papaya at your island retreat home. 9307 Dimmick Dr.
Offered at $529,000
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Ground Level Home Wide Lake Views
Ground level 2BR/2BA pool home with spectacular lake & golf course views. Features include hard surface counters, views from the kitchen, Family Rm, Living Rm, Master Bedroom & Lanai. Enjoy Dunes community living. 1481 Sand Castle
Offered at $595,000

Open & Bright Dunes Duplex
Open & Bright, this 3/2.5 duplex home is peaceful with wooded views from the lanai. With high vaulted ceilings & Master Bedroom on the main living level, this home won’t last long. Close to bike path, hiking trail and a short distance to Bailey Beach. 966 Greenwood Ct.
Offered at $349,000

Peaceful Water Views
Expansive water views from this large 3BR 3BA home. Watch the birds from your screened lanai. Features include 2 master suites and a 3rd bedroom on main living level; private dock on property to name a few. Quiet, small neighborhood, convenient to beaches and shopping. 1667 Sabal Sands
Offered at $469,000

Panoramic Golf Views
Sweeping golf course and lake views from this fully furnished Dunes duplex. Home features include a glass slider enclosed porch w/ vaulted ceilings both in the great room and on the lanai; remodeled kitchen cabinetry and hard surface countertops; nicely landscaped. Extra storage space. 1639 Sand Castle
Offered at $399,000

Private & Quiet
Elevated 3BR/2BA pool home with spectacular lake & golf course views. Features include hard surface counters, views from the Kitchen, Family Rm, Living Rm, Master Bedroom & Lanai. Enjoy Dunes community living. 1481 Sand Castle
Offered at $595,000

East End Home with Dock
Spacious 3/2.5 East End Pool home has gorgeous architecture including dramatic ceilings, open kitchen and great room leading out to the screened enclosed lanai. Enjoy the sounds of the Gulf from the upper level deck. Cross the road to be at the beach or hop in your boat from your 30’ of private canal dock. 912 Almas Ct.
Offered at $1,100,000

Duplex with Lake Views
Serenity views of Horseshoe lake from this immaculate 2BR/2BA duplex. The kitchen has granite counters and a nicely appointed glass enclosed lanai. Enjoy the peaceful outdoors from the large exterior deck. 1415 Sandpiper Cir.
Offered At $339,000

Commercial Opportunities

Commercial Causeway
1177 Causeway Blvd. The first commercial location upon entering Sanibel. Offered For Sale or Lease.

Commercial Lease
Sanibel Promenade, 695 Tarpon Bay Road. High traffic location across from Post Office. Office Condo For Lease - Negotiable

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Live On The Islands

George & Wendy’s Seafood Grille will feature The Trouble Starters rock band on Friday, May 3. Saturday’s entertainer is Robby Hutto, guitar and vocals. Karaoke has moved to Thursdays, from 9 p.m. to midnight. George & Wendy’s is at 2499 Periwinkle Way, Sanibel, phone 395-1263.

This week’s lineup at Traditions on the Beach at the Island Inn includes: Friday Night Dance Party with Joe McCormick and singer Barbara Smith; Saturday, smooth music with Joe McCormick and singer Marvilla Marzan with the sounds of Broadway, Latin hits and all styles of popular dance music; Sunday, Dusk Duo, Dean and Kathy Winkleman on piano, guitar and vocals; Monday, Mike Arnone aka “The Jersey Kid,” pop pianist and vocalist, performing everything from The Rat Pack to Motown; Tuesday, Mike Arnone aka “The Jersey Kid,” pop pianist and vocalist, performing everything from The Rat Pack to Motown; Wednesday, Prime Rib and Prime Jazz; Thursday, Sanibel’s own “Pianoman” Joe McCormick, with popular favorites, R&B, jazz and pop, dancing and great music.

Traditions is at 3111 West Gulf Drive, Sanibel, and is open from 5 p.m. until late Monday through Saturday. Live entertainment starts at 7 p.m. For reservations, call 472 4559.

Traders Store & Cafe features music by Chris Workman on Sundays and Wednesdays from 7 to 10 p.m. and Danny Morgan and Friends on Tuesdays and Thursdays from 7 to 10 p.m. Traders is at 1551 Periwinkle Way, phone 472-7242.

The Jacaranda has entertainment nightly from 7 to 11 p.m. On Friday and Saturday, various artists are featured. On Sunday, it’s Jamaica “Dave” & Co., reggae and dance; Monday, Renata, jazz, contemporary music and dance; Tuesday, Steve “Scooter” Reynolds, acoustic guitar, contemporary music and dance; Wednesday, Buckeye Ken, contemporary, Top 40 and blues; Thursday, 2 Hot, contemporary, reggae and dance. The Jacaranda is at 1223 Periwinkle Way, phone 472-1771.

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April 27 was the last Saturday for an organized event for the Men’s Golf Association at Sanibel Island Golf Club. They will start up again in the fall.

The event was a variable better ball: 2 best balls count on par fours, 3 best balls on par threes and 1 best ball on par fives.

The winners were Don Bradford, Dick Chocol, Bill Sartoris and Jack Tukey with a total score of 107. All members of that foursome had some of their lowest scores of the entire season. In second place was the team of Rich Rompala, Bjorn Olsson, Dave Smith and Al Krause with a score of 111. Two teams tied for third both with scores of 114. They were Chuck Bye, Mike Zembko, Roger Cogswell and Rene Lohser. The other team was Fred Zimmer, Dave Bugby, Rod Verblaauw and a blind draw.

The Sanibel Captiva Trust Company
Hosts End Of Season Celebration

The Sanibel Captiva Trust Company hosted more than 150 clients and friends of the firm at the Casa Ybel Resort last week for its annual End Of Season Celebration.

Greeting everyone under the big tent and in front of the steel drums, Al Hanser, founder, CEO and co-chairman of the trust company, said, “It has been a busy season in Sanibel and Captiva. We want to thank all of you for your friendship and support and want to wish each of you a wonderful summer.”

Also attending the party was Pat Dorsey, CFA, Director of Research for the company, who said, “As we enter the summer months, we are committed to remaining vigilant in our investment philosophy and process, looking for only those best assets that can deliver investment gains over time despite whatever short-term challenges are thrown at those asset valuations by political or economic forces. As always, we are being careful – but not fearful.”

For additional information, call 472-8300 or visit www.sancaptrustco.com.

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- 3BD/2.5BA Pool Home
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Florida: Bonita Springs, Fort Myers/Cape Coral, Naples, Captiva and Sanibel Islands
North Carolina: Cashiers, Franklin, Highlands, Lake Glenville, Lake Toxaway and Sapphire Valley
A Visit To South America

submitted by Patty Molnar

Saludos de Santiago, Chile, was the first stop on a journey through South America. Chile is a thin country, 2,600 miles long and 120 miles at its widest. Desert in the northern part comprises 40 percent, Santiago’s climate is like that of Los Angeles, while the Lake District to the south is cooler and, in the winter, attracts skiers from other parts of the continent, mainly Brazil.

Chileans, 65 percent of whom are under the age of 35, consider their country to be the most stable in South America. They have always been open to immigrants who enjoy the unusual right to vote before obtaining citizenship, as long as they have lived there for five years. The indigenous folk of Chile, the Mapuche Indians, comprise 6.5 percent of the population. Interestingly, there is a large Cuban population of 14,000 in Chile.

Economically sound, the country’s main industries are copper mining (Chile is the number one copper-producing land in the world) and the exportation of fruit and vegetables. In addition, Chile is the world’s fourth largest wine exporter (superb reds).

Chile was the last stop on the Conquistadores’ march through South America, and when they arrived in 1541, they found no gold and little else of interest to them and hence invested nearly nothing. Independence from Spain came in 1810.

As the sixth largest city in South America, Santiago is home to a third of Chile’s population and 43 percent of its industry. The average yearly salary for a 45-hour work week is $18,500, supplemented by allowances for lunch and transportation. Because of all the people being attracted to the city, Santiago’s property values have increased greatly in recent times.

As in many Latin locales, the extended family ranks high on Chileans’ list of values, with three generations often living under one roof. When it comes to physical characteristics and temperament, Chileans resemble Europeans more than other Latinos.

A word about local politics:

The Socialist Salvador Allende ruled the country from 1970 until 1973 when the Nixon administration decided that it did not like the path Chile was on and began a campaign of destabilization. I read in more than one source that Secretary of State Henry Kissinger said that “there was no reason to watch as a country became communist without doing anything about it.”

In 1973, a military junta led by General Augusto Pinochet overthrew the Allende government, bringing on a period of privatization of industries and terrible human rights abuses. In 1988, the Chilean people voted for free elections, thus bringing on the demise of the military dictatorship.

Next time we will go south to the Lake District.
The Dunes Member-Guest Tournament

Thirty two teams competing in two divisions took to the links for the 2013 DMGA Member-Guest Tournament. The festivities began with players competing in the Jacaranda Wedge Skills Challenge. Roger Blouin put his short game on center stage taking home the prize hitting a wedge shot to 4’ 2” to best Jeff Mistler’s 5’5” shot that was good enough for second place.

In the Gross Score Division, Jerry Muench and Andy Muench led wire to wire, taking home first place while firing a total score of 144 in the best ball of 2 format. Second place honors went to Chuck Hogg and Thomas Hogg, who came up just short with a score of 146. Joe Miller and Russell Hensel finished in third place with a score of 150.

The Net Score Division was a close race with Jim Burkholder and Jeff Burns finishing on top with a score of 112. Second place went to Jim Fjelsted and Bill Hamilton who shot 118. Finishing in third was the team of Howard Dwyer and Keith Dwyer with a score of 120 in third and fourth place went to Jack Czarnecki and Jay Czarnecki with a score of 122. Matching scores of 123 put the team of Bob Schoen and Kevin Sievert in a tie for fifth and Saturdays; and Buckeye Ken, Fridays.

The Crow’s Nest at ‘Tween Waters Inn has live entertainment on Fridays and Saturdays from 9 p.m. to 1 a.m. Crab races take place Mondays and Thursdays. The Crow’s Nest is at 15951 Captiva Drive, phone 472-5161.

The Island Cow on Periwinkle Way has live entertainment on Friday with Dan Confrey; Saturday, Diana Lynn; and Sunday, Buckeye Ken. Phone 472-0606.

RC Otter’s, 11506 Andy Rosse Lane, Captiva, has live music daily with dining inside and out, phone 395-1142.

Keylime Bistro features live music days and nights seven days a week with Ken Limeri playing jazz sax from 6 to 10 p.m. every Tuesday. The bistro is at 11509 Andy Rosse Lane, Captiva, phone 395-4000.

Restaurant owners/managers, please e-mail or fax your entertainment schedule to Anne Mitchell at islandsuncity@aol.com or 395-2299.

10K Race 4 FISH Seeks Sponsors, Runners And More

FISH of Sanibel, Inc. is now calling for sponsors, runners and volunteers to show their support for the organization’s main fund-raising event of the year. The 5th annual 10K Race 4 FISH is scheduled to take place on Sanibel on Saturday, October 19. Held in conjunction with the Fort Myers Track Club, it will once again take place from The Community House, and is expected to attract more than 400 runners this year.

“We have several sponsorship categories and we are asking businesses and individuals to help support our race,” said John Pryor, vice president of FISH, and co-chairman of the FISH 10K committee. “We really hope that everyone can join us again this year as we share our island with the 10K runners. I cannot tell you how important the support from the whole community is to FISH and particularly during the FISH 10K, we are truly grateful for your support.”

More than 50 island businesses and organizations sponsored the 10K last year, and over a 120 people volunteered their support to make it a huge success. We have got off to a good start with the confirmation of our title sponsor, The Sanibel Captiva Trust Company. We need more sponsors and hope the business and local community will once again support us in our efforts.

The race will begin at 7:30 a.m. at The Community House, and will once again follow a marked 10K circuit around the island, returning to The Community House for the finish line. There will also be a trade fair, aimed at the runners and their families and friends, as well as refreshment tables and water stations around the island for runners. If you would like to sponsor the race or participate in the trade fair, download the FISH 10K 2013 sponsorship forms at www.fishofsanibel.com.
Dunes Men’s Golf

The Dunes Golf & Tennis Club announced the Men’s Golf Association event results from Wednesday, April 24.

Format: Individual Quota Points

Flight #1
1st Gordan Rains +16
2nd Jim Bradford +11
3rd Bob Schoen +8

Flight #2
1st Jerry Nichols +9 *11 back nine
2nd Bill Hotchkiss +9 *7 back nine
3rd Chuck Hogg +6

Flight #3
1st Jack Trautwein +10
2nd Michael Funk +9 *9 back nine
3rd Robert Orr +9 *6 back nine

Hole-In-One

On Saturday, April 27, Dave Essig of Sanibel hit a 161-yard hole-in-one on the fourth hole at The Sanctuary Golf Club.

Gulf Coast Men’s Interclub

The Dunes Golf & Tennis Club announced the Men’s Golf Association event results from Thursday, April 25. The event served as a qualifier for the Kelly Greens event, scheduled to be held on Friday, May 3, with an 8:30 a.m. shotgun start.

Interclub Qualifiers
Gordon Rains +16
Bill Hotchkiss +9
Mike Hnatow +8
Bob Schoen +8
George Sell +7
Tom Veratti +7
Jerry Muench +5
Jack Roberts +4
Phil Piliosian +4
Bruce McLaughlin +4
Bob Rehl +3
Doug Mallon +2
Alternates
Will Mannion +2
Don Allon +2
Terry Finzen +15

Share your community news with us.
Call 395-1213, Fax: 395-2299
or email press@islandsunnews.com
The Dunes introduces ten weeks of unforgettable, educational and fun-filled summer camp options for children ages 5 to 14 years, beginning June 3rd thru August 2nd. With a schedule of activities and recreation-packed events, The Dunes' summer camps include professional instruction in golf and tennis and continue with instruction in soccer, volleyball, hockey, art, theatre, water sports and more. Save up to 20% with member pricing! Only $599 to join as a family social member in 2013.

**summer sports camp**
Nine weeks of sessions for ages 5 to 11 years (5 days per camp)
Monday - Friday, 8:30am – 2:30pm
Non-member Rate: $200/week | Member Rate: $160/week
(Additional children at 10% off)

**summer sports camp with golf or tennis upgrade**
Nine weeks of sessions for ages 5 to 11 years (5 days per camp with 3 upgraded days of professional instruction)
Monday - Friday, 8:30am - 2:30pm
Non-member Rate: $290/week | Member Rate $230/week
(Additional children at 10% off)

**junior golf program**
Nine weeks of sessions for ages 6 to 14 years (3 days per camp)
Tuesday, Wednesday and Thursday, 9:00am – 11:00am
Non-member Rate: $115/week | Member Rate: $90/week

**junior tennis program**
Nine weeks of sessions for ages 6 to 14 years (3 days per camp)
Tuesday, Wednesday and Thursday, 9:00am – 11:00am
Non-member Rate: $115/week | Member Rate: $90/week

**OPEN TO THE PUBLIC**

Save 10% when you register before May 15, 2013
Call 239.472.3355 for more information and to register. 949 Sand Castle Road, Sanibel Island
Red Sox And Twins Proving Experts Wrong Early In The Season

by Ed Frank

The Boston Red Sox and the Minnesota Twins were destined for last-place finishes this season, so said the baseball experts just as both teams were leaving our area at the conclusion of spring training. How wrong they were – at least after the first month of the 2013 season.

As we went to press earlier this week, the sizzling Red Sox were off to an 18-7 start atop the American League Eastern Division with the best winning percentage in baseball at .720. And the Twins, 11-11, after losing to the Detroit Tigers Monday, appear a far different team than a year ago when they posted the worst record in the American League. In 2012, the Twins didn’t pick up their 11th win until May 16 after stumbling to a 10-26 start.

First let’s look at the 2013 edition of the Red Sox:

The team as of early this week had a batting average of .272, second best in baseball, and was tied for the best on-base percentage. Newly acquired Mike Napoli was first in doubles and second in RBIs. Jacob Ellsbury was first in steals and triples, and Dustin Pedroia was first in times on base.

Another major reason for the early success of the Red Sox is their pitching. Clay Buchholz leads the rotation with a 5-0 record and a 1.19 ERA, second best in baseball, and was tied for the best on-base percentage. Newly acquired Mike Napoli was first in doubles and second in RBIs. Jacob Ellsbury was first in steals and triples, and Dustin Pedroia was first in times on base.

Despite losing to the Tigers on Monday, the Twins were just two games out of first place in the tight American League Central.

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Now to the Twins:

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And like Boston, improved pitching was the key. Minnesota pitchers had a combined ERA of 3.73, sixth best in the AL. Last year, they ranked 13th.

THE BULLPEN. These guys know how to pitch enough to get us deeper in the games, even improvement. Combined ERA of 3.73, sixth best in the AL. Last year, they ranked 13th.

Boston pitchers topped the Majors with 248 strikeouts, a franchise record for a single month. And Jon Lester isn’t far behind at 4-0.

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Help Needed For Letter Carrier Food Drive

The Harry Chapin Food Bank needs help for a successful Stamp Out Hunger food drive on Saturday, May 11. The Stamp Out Hunger event is the nation’s largest single-day food drive. Letter carriers in Lee and Collier counties will be collecting nonperishable food during the 21st annual drive. Help is needed for two aspects of the food collection: drivers are needed to assist letter carriers in picking up the food and volunteers are needed to complete a preliminary sort of the food.

Stamp Out Hunger is the one day when letter carriers collect non-perishable food that has been left by mailboxes. Food collected in Lee County will be distributed by the Harry Chapin Food Bank and several other agencies; food collected in Collier County will be distributed by Collier Harvest. All food collected in food drives is distributed to participating agencies at no cost.

To help letter carriers with their pick-ups on May 11, contact Debi Mitchell in Lee County, 573-9638; and Jesse Costin in Collier County, 239-643-4716. To help sort food, contact Bedzaida Bryen at Harry Chapin Food Bank, 334-7007, ext. 141, or Kim Berghs at the United Way, 433-2000, ext. 260.

If you want to donate food but aren’t able to do so on May 11, you may drop off donations at any Post Office. Food may also be left at Uncle Bob’s storage areas at 3780 Central Avenue, 4400 Solomon Boulevard, or 6600 Industrial Drive, Fort Myers; 1320 River Road, North Fort Myers; or 800 Abrams Boulevard, Lehigh Acres.

Virtually any kind of food may be donated in unopened, nonbreakable containers. Items especially in need are peanut butter, tuna, rice, beans, and canned meats, fruits, vegetables and soups.‡

To advertise in the Island Sun
Call 395-1213
Trailways Camp Returning To Labelle

Participants at the first Trailways Camp in Labelle, held in October 2012, took part in activities including swimming, hiking, hayrides, canoeing and talent shows.

by Jeff Lysak

Following a successful launch in 2012, The Robert V. & Benjamin G. Miller Fund announced the expansion of the Trailways Camp program—open to adults with special needs who reside in Southwest Florida—returning to the Riverside Retreat Center in Labelle from May 6 to 9.

Trailways Camp removes barriers and social isolation by giving participants a chance to experience quality social recreational experiences—including fishing, swimming, hiking, karaoke, talent shows, field trips, canoeing, arts and crafts, dances and campfire sing-alongs—in a safe environment while giving respite to their families and caregivers.

According to Robert V. & Benjamin G. Miller Fund founders and Sanibel residents Sharon and Jerry Miller, the fund has again selected Goodwill Industries of Southwest Florida as its partner for operating the 2013 camps, which will also run from October 6 to 9 at the same location. The camp maintains a 1:1 camper-to-counselor ratio, minimizing costs by relying upon the assistance of 20 to 30 volunteers.

“Our first camp exceeded everyone’s expectations,” said Jerry Miller. “Nobody had ever held a camp like this before. In fact, many of the campers who had come to the camp had never been away from home before. And as the days progressed, you could see the growth in their social skills. You could see it in the smiles on their faces. Everybody was extremely pleased.”

More than 30,000 adults with disabilities live in the Southwest Florida region. These adults—many of whom reside with family members of caregivers—have few social or recreational opportunities that provide relief/respite for their caregivers. At the inaugural Trailways Camp, held last October, more than 40 applications were received for 20 available spaces.

In 2011, the Millers established the fund—which bears the names of their sons—at the Southwest Florida Community Foundation, and created an advisory group which led to the creation of the Trailways Camps. Donations can be mailed to: Robert V. & Benjamin G. Miller Fund, c/o SW Florida Community Foundation, 8771 College Parkway, Bldg. 2, Suite 201, Fort Myers, FL 33919.

For additional information about Trailways Camp, visit www.trailwayscamps.org or call 579-0587.

Tarpon Bay Aides In Relief For Bombing Victims

Winston Spurgeon, owner of Tarpon Bay Explorers, the concessionaire for the JN “Ding” Darling National Wildlife Refuge, announced that on Saturday May 11, all proceeds taken in will be donated to the victims of the Boston Marathon. The explosions at the Boston Marathon claimed three lives and injured 174 people. Many of these victims are facing amputations and other life-changing injuries. The cost of an artificial leg can be upwards of $50,000. And this does not take into account the expense of rehabilitation and any additional medical needs like modified cars or wheelchairs.

Tarpon Bay Explorers is open daily from 8 a.m. to 6 p.m. For more information, call 472-8900 or visit www.tarponbayexplorers.com.

Happy Trails!

Fishing is one of several recreational and social activities for campers.
Scholarships Open To High School Grads

The Sanibel-Captiva Optimist Club is offering two four-year college scholarships. This brings the number of current Optimist Club scholarships to six. Each scholarship is $1,250 per year ($5,000 total). The competition is open to all 2013 graduating seniors in Lee County.

Applications are available at most Lee County high schools (see your guidance counselor) and online at www.sancapoptimist.org. For more information, call Stan Howard at 472-0836. Scholarship applications must be postmarked no later than Wednesday, June 12. The scholarship committee plans to make the final selections a few weeks later.

Academic records, financial need, extracurricular activities, civic/community service records and references are integral parts of the selection criteria. The application package gives exact procedures.

Share your community news with us.
Call 395-1213
Fax: 395-2299
or email press@islandsunnews.com

FGCU’s 30th Commencement Graduates Over 1,300 Students

Florida Gulf Coast University expects to graduate over 1,300 students during spring commencement exercises at 9 a.m. and 2 p.m. on Saturday, May 4 at Alico Arena – FGCU Main Campus.

The morning ceremony confers Lutgert College of Business, U.A. Whitaker College of Engineering, and College of Health Professions and Social Work. Doors open for guests at 8 a.m. The afternoon ceremony confers College of Arts and Sciences, and College of Education. Doors open for guests at 1 p.m.

Members of the media will gain entry by presenting proper credentials at a designated table marked MEDIA REGISTRATION at the Alico Arena lobby.

Commencement tickets are labeled for either a.m. ceremony or p.m. ceremony as appropriate. Guests will not be permitted to use the p.m. tickets for the a.m. ceremony and vice versa. Guests will be directed to the overflow room in the Cohen Center ballroom.

FGCU President Wilson G. Bradshaw will confer bachelor’s, master’s, and doctorate degrees in the University’s five academic colleges: College of Arts and Sciences, Lutgert College of Business, College of Education, U.A. Whitaker College of Engineering, and College of Health Professions and Social Work. FGCU has conferred more than 15,000 degrees since fall 1997. The commencement ceremony lasts approximately two and one half hours.

Commencement ceremonies have been held twice a year, in spring and fall. The spring commencement is for graduating candidates who have completed or who plan to complete all degree requirements in the spring term. The fall ceremony is for graduating candidates who have completed or who plan to complete all degree requirements in the fall semester. This year, there will be a summer commencement ceremony in early August for students completing degree requirements in summer.

Alico Arena has a policy prohibiting balloons in the arena and will not allow them to be brought into the arena for the commencement ceremony. Additionally, in an effort to provide the most comfortable experience for all participants and guests, we ask that attendees refrain from the use of latex and scented fragrances during the Commencement ceremonies.

The commencement ceremony will be viewable via webcast at www.fgcu.edu beginning at 8 a.m. and 1 p.m.
School Smart
by Shelley M. Greggs, NCSP

Dear Readers,

In the past couple of weeks, I have received many questions in regard to Individualized Education Plans, generally referred to as IEPs. I will be addressing these questions over the next several weeks. Here is the first IEP question:

Dear Shelley,

I keep hearing and seeing a term in the letters from my daughter’s school that I don’t know. She is going into fifth grade and has had an IEP for several years. I find the IEP process very difficult and there are so many words and abbreviations that are used. I have a hard time understanding some of them. Please tell me what this one means: PLAAFP.

Albert M., Estero

You are so correct – there is a great deal of educational jargon used in the writing of IEPs. It can be very frustrating to attend a meeting and hear people talking in acronyms. It would be appropriate for you to ask them to define and explain some of the educational jargon more clearly. It’s so easy for people involved in the profession to forget that others may not be so fluent in their professional language. I am happy to define PLAAFP for you and I refer you to Understanding Special Education (www.understandingspecialeducation.com/special-education-terms.html) for additional definitions, as you may need them.

So what does this term PLAAFP really mean? This acronym stands for the Present Levels of Academic Achievement and Functional Performance or the objective data that describes what your child knows and is able to do (Wrightslaw: Special Education Law, 2nd Edition). The big change from what you may have heard in the past is that now the IEP must include functional performance as well as academic performance (IDEA 2004). PLAAFP are objective data that describe what your child knows and is able to do. They describe your child’s strengths, challenges, and needs. The term “performance” describes what your child can do. The Present Levels describe your child’s unique needs that result from the disability and are the foundation for everything else in the IEP. For academic achievement, it includes subjects like reading, math, and spelling and for functional performance it will include non-academic and functional areas like communication, fine motor skills, behavior, and social skills, and daily life activities. Other words often used that mean the same thing are PLOP (Present Levels of Performance) or the PLEP (Present Levels of Educational Performance).

For an initial IEP, the present levels of academic achievement and functional performance are based on data from objective assessments that the IEP team must collect as baseline data that describes your child’s present levels of performance and serves as the starting point for developing goals. If your child has earlier IEPs, as in your daughter’s situation, progress toward her goals in the prior IEPs should be reviewed. Other sources of information may be informal assessments and observations by parents and teachers.

I hope this has provided some clarification for you with the “alphabet soup” of acronyms that are a part of the IEP and Special Education process.

Ms. Greggs is adjunct faculty at Edison State College where she teaches psychology and education courses. She is also Nationally Certified School Psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.

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Heights Foundation Receives Donation For Culinary Center

The Pierce Family Fund donated $25,000 to the Heights Foundation to purchase a commercial hood, fire suppression and exhaust system for the Heights Culinary Center. The Culinary Center will be a commercial teaching kitchen, located within The Heights Center – a 14,000 square-foot facility for education, opportunity and enrichment in the Harlem Heights community. The Heights Culinary Center will provide family self-sufficiency and development through workforce training, entrepreneurship, and community feeding programs.

“Our intent is to help under-employed adults gain the skills and experience needed to meet their life goals. We are excited to partner with area resorts, life-care establishments, restaurants and hotels to provide job-ready, qualified, and motivated staff to meet their needs,” said Kathryn Kelly, president and CEO of the Heights Foundation.

“The donation by the Pierce family allows us to purchase the most important piece of equipment in our kitchen.”

Additional commercial equipment is needed to complete the teaching kitchen.

The Heights Center, supported by the Heights Foundation, is a place for education, opportunity, and enrichment. The Heights Foundation works to build strong, self-sufficient families in the Harlem Heights neighborhood. The center’s mission is to promote family and community development, support education, health and wellness, and provide the benefits of enrichment, expressive, and cultural arts. The Harlem Heights Cultural Arts and Community Center is located at 15570 Hagie Drive in Fort Myers.

For more information about the Heights Center and the Heights Culinary Center, call 482-7706 or visit www.heightsfoundation.org.

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STEM Night Rescheduled For May 16
by Jeff Lysiak

The Sanibel School’s 2nd annual STEM Night – highlighting educational and career opportunities for people interested in the fields of Science, Technology, Engineering and Math – has been rescheduled for Thursday, May 16 from 5 to 7 p.m. The event was postponed from a prior date due to inclement weather.

According to middle school science teacher Dean Sanner, who is organizing the event, professionals in the STEM fields have been invited to attend the event and share their expertise with students and attendees. Many of them will offer hands-on demonstrations at the event.

“Families will move from table to table as interested and stop by and try the activity that is going on there,” said Sanner, whose demonstration will include how to make a chromosome of your genes. “The goal is to promote excitement about and interest in the STEM fields.”

Among the STEM professionals invited to attend the event are:

- Katie McBride, MS Environmental Biologist, City of Cape Coral – Learn about marine mammals, costal birds, red mangroves and zebra longwing butterflies
- Kraig Hankins, MS, Environmental Biologist, City of Cape Coral – Learn about monitor lizards
- Katie Walls, Meteorologist – Learn about weather maps and forecasting
- Kate Bender and Lynn Ridlehoover from CROW, with Dot Lee, Trouper the blind raccoon and Kyle Miller, author of the books about Trouper
- Carole Holmberg of Southwest Florida Astronomical Society – Solar Telescope
- Sabrina Perry of FGCU – Getting to know mosquitoes
- Cheryl Clark of Estero Bay Aquatic Preserve – Touch Tanks
- Keith L. Williams, Public Works Director/City Engineer for the City of Sanibel
- Katrina Anderson, Science Assistant - Biogas
- Diane Cortese, Sanibel School math teacher – Measure parts of your body and learn about proportions
- Sgt. Grace Towler, Crime Scene Investigator – C.S.I. and Fingerprinting
- Charles Fuschel, Electrical Engineer for NASA – Watch fascinating large scale science experiments

STEM Night continued on page 23B
Florida Courts E-Filing Portal Begins

The Lee County Clerk of Courts Office is pleased to report a successful beginning in meeting the Florida Supreme Court’s mandate to accept civil cases through the Florida Courts E-Filing Portal, located at www.myllicourtaccess.com. More than 28,285 documents were electronically filed in Lee County since the mandate went into effect on April 1, 2013.

“The transition from optional to mandatory e-filing has been very smooth overall, thanks to the dedication and hard work of the Clerk’s civil team,” said Linda Doggett, Clerk of Court. “This changes the way we do business and will ultimately reduce costs, increase timeliness in the processing of cases, and improve services to the public and judiciary. The next step is to use these electronic documents in the court room and the judiciary is very close to making this happen. It is very exciting!”

The Florida Supreme Court mandated by April 1, 2013, that all attorneys file documents electronically in civil cases, probate, circuit and county civil, and family law cases through the statewide portal. At this point, more than one-third of all attorneys registered with The Florida Bar are making use of their e-filing account. By the end of the first week, more than 206,000 documents were sent through the Florida Courts E-Filing Portal and transmitted to the local clerk’s offices and the Supreme Court — topping the average daily number of documents filed statewide in March by nearly 500 percent.

Florida is one of the first states in the nation to implement statewide electronic filing of court documents and has implemented e-filing at the trial and appellate court levels in all 67 counties and in the Florida Supreme Court. Electronic filing in the five District Courts of Appeal will be phased over the balance of the year. Then, the next major revision to the portal will be seen October 1, 2013, when attorneys will be required to file criminal cases.

To access the Florida Courts E-Filing Portal, visit www.myllicourtaccess.com for the statewide access point for the electronic access and transmission of court records to the courts.

Will Power

Don’t Believe The News Reports – Our Future Is Bright

by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

It seems that everywhere you turn you hear, read or see some report about how today’s youth are lazy, don’t know how to communicate with one another, or otherwise don’t measure up in some way or form.

Don’t believe those reports. Today’s youth impress me.

I just returned from the Scholarship Recipients’ Reception and Admitted Students’ Day at Brandeis University in Waltham, Massachusetts (a Boston suburb) where my daughter will attend this coming fall. We happened to be heading to Boston’s Logan International Airport just as the marathon bombs exploded.

Many Brandeis students volunteered during the race as emergency medics – expecting to assist exhausted runners but instead became some of the first responders assisting those who were traumatized.

Before the mayhem, when walking around the Brandeis campus I would ask any student that would talk to me about themselves. Many were double or triple majoring in everything from molecular biology to near eastern studies to social entrepreneurship. And despite reports to the contrary, at least with the students that I happened to interact with, they are actively engaged in political discourse and the problems that our society faces.

Turning closer to home, I can tell you that today’s graduating high school seniors are a most impressive group. My daughter is graduating from the Fort Myers High International Baccalaureate (IB) Program, a rigorous college preparatory program that boasts over one million enrollees in over 144 countries. Her public high school experience reminded me more of how I had to work in getting my bachelor’s degree in accounting than it did of my high school days.

Dozens (if not hundreds) of the Fort Myers High IB students have been offered academic scholarships to many top colleges and universities both within and outside of the State of Florida. While the newspapers and television news programs cover with great fanfare where our local quarterback will attend school, little publicity is given to the many students who will become our next engineers, medical research technicians, software developers, entrepreneurs, diplomats, teachers, scholars, accountants, lawyers and physicians.

Let me tell you that they are out there in great number, right here in Southwest Florida. When you talk to them they look you in the eye, have a firm handshake, and are personable and well-rounded. They are not just academic geeks either. They’ve served as captains of their high school’s swim, cross country, track, lacrosse, basketball and baseball teams. The IB program includes a service component requiring the completion of community service hours and projects.

But it isn’t just the IB kids who are special. There are many good, smart, well-rounded kids almost everywhere.

Today’s technology doesn’t make them social misfits. In fact, since their birth the kids of this generation have had to deal with computers, software, Smartphones and all of the ubiquitous technology which has made them amongst the savviest teenagers of any generation.

I believe that these kids will be able to tackle our current problems and make our country even greater than it is today. They’ve had the benefit of witnessing the economic collapse of a few years ago. Being old enough to understand what happened should make them better savers and consumers than my generation is.

They’ve seen terrorism and war up close and personal. Many know wounded combat veterans from our foreign wars and know of or families who have lost loved ones in overseas duty. This hasn’t scared them. In fact, college overseas study abroad programs are booming. My niece who attends the University of Texas has been in Spain this past semester, my middle daughter, a sophomore in the FMHS IB program, will this summer attend a high school in Israel program and my Brandeis-bound daughter intends to study abroad during her college years.

These experiences will help them to better understand the world we live in, including foreign cultures that aren’t like ours. New York Times columnist Thomas Friedman often writes that the “world is flat” – meaning that we live in a world of instantaneous communication that makes the people of the world closer to each other, economically, politically and socially than at any time in history. It is only through better understanding of other cultures and the personal relationships that these kids develop through international study that will lead to working solutions to our global problems.

So when you see a young man or woman around town, whether wearing a high school letterman’s jacket or a college T-shirt, realize that they are likely to be a fairly impressive individual with a great future. Don’t be afraid to engage them, to ask them about their plans and what they would like to contribute to their community and the world.

Their answers are likely to give you a lot of hope and good feeling.

A/C Add-Ons

by Bryan Hayes

You may have been offered several aftermarket gadgets that can be added to your air conditioning system. They are added for a multitude of reasons including but not limited to safety, convenience and efficiency.

Here are a few items that I think are helpful as add-ons to an air conditioning system:

• A time delay – this is a device that prevents your outside system from starting up just after it shuts down. This is really bad for the compressor and really stresses it out. This is very useful when you have people with different comfort levels. One person walks by and thinks “boy, is it hot in here” and turns the temperature down. The next person walks by and is freezing and turns the temperature back up. Sound familiar?

• A float switch – this is a device that tells the system to stop running if there is water in places there shouldn’t be. This helps prevent water damage due to a/c back ups. Great device for absentee owners.

• Humidistat – this is a control that runs your a/c in your absence, and it’s used to control humidity. When we are not in our homes for extended periods of time, our biggest concern is to control humidity to prevent the growth of micro-organisms. It also saves a great deal of money on your electric bill, usually paying for itself with a six months.

• A hard start device – this is like a battery, it stores energy until it’s needed. For the most part, they are used to help an older compressor that is worn to start on its own.

Now, let’s look at items that I am not that big of a fan of (no pun intended):

• Programmable thermostats – Programmable thermostats are a great device, but they are not for everyone. If you only use your home on average four to six months per year on Sanibel or Captiva or rent out your property, it’s not something that will work for you. A programmable thermostat can be complicated to set if one is not familiar with it, and can easily become more trouble than it’s worth. Everything that needs to be accomplished in this situation can be done with a non-programmable thermostat and a humidistat. If you are a full time resident and like gadgets, they do have their place. We have seen on many occasions homes that have programmable thermostats and are put in the bypass mode.

• Electrostatic Filters – the type that I am referring to are the ones that go in your filter return. The idea is that as the air passes over the filters it will electrostatically charge it, in return it is supposed to grab more particles as they pass by. Our observation is that it does not catch any more material than an average filter. And they are not cheap. A better alternative would be a five-inch media filter. Although more expensive than an electrostatic filter, it will filter at a much better rate.

While this is not a long list of products, it can help you figure out what may or may not be useful in your home. If your a/c contractor is offering to sell you one of these, ask some questions: What does it do? Why do I need it? How will it benefit me? The most important point is for you to feel comfortable with your service provider and what he is offering.

Bryan Hayes is a Sanibel air conditioning contractor. He also owns, with his brother Todd, an electrical business on Sanibel. He can be reached at Bryan@SanibelAir.com.

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How Long Does It Take To Install?

by Cindy Malszycki

When planning a new room redesign, window treatments can usually be ordered after other furnishings have been purchased. As a general rule of thumb, hard window treatments (blinds, shades, verticals, cellulars, etc) can generally be installed two to four weeks after the order is placed. Remember, these are custom ordered specifically for your windows.

Fabric treatments vary in greatly in delivery time. The more elaborate the design, the longer it may take to create and manufacture. Some windows actually require the designer to make a template to insure proper installation of the finished product. It’s not uncommon for a custom made window treatment design to take approximately six to eight weeks from order to completion.

The next step in the process is scheduling the installation of your window treatments by a professionally trained window treatment installer. All reputable designers have installers on their staff who are truly craftspeople when it comes to insuring a beautiful, trouble free installation. Often, another week or two is needed to schedule this installation.

Cindy Malszycki is an interior designer on Sanibel/Captiva Islands. She can be reached at cindy@decden.net.
Hemorrhoids

by Dr. Dave Hepburn

I have written many, many articles. My columns tend to be a little... out there. But that doesn't mean there isn't some useful information in them, just as there are useful nutrients in elephant dung, if you happen to be a mongoose or a dung beetle. Yes, I tend to be less pedantic, wikipedic and sublime and more the ridiculous – and even absurd – because medicine can be ridiculous... and even absurd.

Yet of all the articles I have written, I have actually never written about the number one health subject searched for online. While Doc Google has given oodles of advice about this, I have given none and what makes this worse is that this is a topic that many of you would associate with me. Hemorrhoids. Lovely.

According to the FDA, hemorrhoids have really popped out piles ahead of all other health topics searched online and, as I tweeted this week, “Hemorrhoids are the health subject most searched for online, unfortunately also too often searched for in line at Walmart.” (I have since been banned from Walmart, so there goes my wardrobe.)

I have written about anal fissures, rectal gas, anal tags and tax collectors, but never about hemorrhoids, and so to rectify that obvious cultural void in my therapeutic tome, I will discuss the “grapes of wrath.”

Why is that it is number one online? Well, likely because:

1. Everyone gets ‘em. Up to 75 percent of us... err, you, will be affected by hemorrhoids at some point before the end of our lives, in the end.

2. Many think that anything unusual in the nether regions like a lump, an itch, blood, Snooki, etc., is a hemorrhoid. And that scares us, as doctors, as believe it or not there are many anal issues that are not hemorrhoids. Do not self-diagnose or let Dr. Google determine what you actually have. You might be harboring anything ranging from anal fissures to warts to cancer to small seashells collected from that last time you body surfed in Maui. (After a day at beach, I take off my shorts and Holy Seahorse! It looks like Jacques Cousteau would have a heyday in there.)

3. A third reason, I suspect, is that folks are a little embarrassed (put the emphasis where you will) about being bare in front of the doctor. Instead, they go to the computer which – though less invasive than a doctor’s rubber glove – doesn’t have our charming personality or sartorial taste.

Hemorrhoids are swollen and inflamed veins in the rectum or anus. Lovely.

There are two different types that do two different things to you, depending on location.

Internal: They are painless but can bleed like a stuck pig, which apparently bleeds a lot when stuck. They hide up inside the rectum, meaning that they are not visible to your naked mirror unless you happen to catch them when they pop out for a breath of fresh air. They rarely hurt you, but they do surprise you when the bowl turns fire engine red or perhaps a softer burgundy. In this case, you can have a lovely wee noose painlessly slipped over them from whence they slough off and are gone, much like myself when fishing season opens.

External: These outer guys (pains in this area usually referred to medically as “fellars”) can just sit there and look attractive, or can suddenly turn nasty and develop a blood clot, which will cause tremendous discomfort. Can’t sleep, can’t sit, can’t bungee jump naked. These are not exactly piles of fun and have to be enucleated by a doctor ASAP. Creams and preparations, regardless of which let- ter you use, will not help these fellars.

While hemorrhoids can happen to anyone, they are more predisposed to those who suffer from constipation, obesity or pregnancy. And to dispel a common myth, you cannot get them from sitting on a cold bench at a bus stop unless you happen to become obese, constipated or pregnant while waiting.

Time for lunch. Lovely.

“Listen live or call in to Dr Dave on his fun yet informative radio show, Wisequacks, heard each Sunday at 5 p.m. EST at www.cknw.com.

Contact Dr. Dave or read more at www.wisequacks.org.”

Eden Energy Medicine

Weave Your Energy Systems For Balance

by Karen L. Semmelman, Certified EEM, JD, AAML

From previous columns, you have learned that EEM recognizes nine energetic systems. The exercise addressed today reinforces the Celtic Weave energy system. Our bodies’ energies spin, spiral, crisscross (remember that the right hemisphere of the brain controls the left side of the body and the left hemisphere controls the right side) and weave our subtle energies into invisible interconnected threads that literally weave all other energy systems together to function as a whole integrated unit.

Perhaps you have heard reference to Tibetan Rings (from The East) or noticed that in our own culture, the caduceus depicts two serpents on a staff interwoven seven times to symbolize medicine. The caduceus is generally displayed in your doctor’s office. Crossing seven times is associated with another of our systems – the seven basic Chakras. This recognition in many cultures of the crossing of energy, including the double helix of our DNA, reflects the fundamental knowledge that these crisscrossing energies permeate our body to serve as the connective tissue of our energy system. Thus, The Celtic Weave system weaves your subtle force fields together creating harmony with all systems. During the article on the Cross Crawl exercise, you learned more about the benefit of keeping the energies crossed.

The Celtic Weave exercise, part of the 5 Minute Routine, will enable you to strengthen your auric field (the field that has seven layers and surrounds the body, acting as an antenna to filter information); weaves all systems together and enhances your inner strength to create a network of communication between systems.

Use this exercise if you feel vulnerable to others’ energies; or feel too extended or as if you are invisible; or feel disoriented from the environment itself (too many electro-magnetic frequencies); or find it difficult to communicate. The exercise works since it “fluffs” your energies, enabling protection.

Step 1: Stand straight with hands on the thighs. Imagine energy being pulled through the feet to meet the hands as you breathe in through the nose and out through the mouth throughout the exercise.

Step 2: Rub the hands together vigorously, shake them off, and place your palms close together as you feel the energy between them. Rub and shake the continued on page 23B
Island Sun - May 3, 2013

Mom and Me

by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

My husband and I were feeling punk, so we thought a little change of scenery and a visit with some old friends would make us feel a lot better. We went out to eat, but we felt worse. We went to a beautiful resort hotel and a visit with some old friends would do anything about it, have treatable conditions that respond quickly to medications.

Dear Beulah,

Your observations about your daily lives are similar to others, young and old. People can become so bored, they can hardly tolerate themselves. Then other times, there really is some medical problem or medicine reaction that can give you wild symptoms that can go undiagnosed. If your physician gives you a clean bill of health, there are many other possibilities for you to consider.

Dearest Mom & Me,

Lizzie and Pryce's email address is momandmeaging@hotmail.com.

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Dear Pharmacists,

Excitement Builds For Suvorexant, A New Sleep Drug

by Suzy Cohen, RPh

dear Pharmacists: I can’t sleep well and have taken Ambien for years. What else do you recommend?

FT, Bradenton, Florida

You can’t sleep on Ambien, I’d try something different. Another novel sleep drug is coming to the market called “Suvorexant” and so far, I like it. The Food and Drug Administration (FDA) is evaluating it right now. Merck & Co is manufacturing the new drug, which supposedly does not induce memory loss, daytime fatigue or attention difficulties, all common side effects with benzodiazepines and Z drugs, which dominate the multi-billion dollar insomnia market. You know them by names like Ambien, Lunest, Sonata, Xanax, Valium and Halcion.

The drugs increase GABA levels, a neurotransmitter that induces sleep. Tickle those GABA receptors, and you will fall asleep, and likely have cognitive effects. Anything’s possible. Suvorexant will fall asleep, and likely have cognitive problems, full-body muscle relaxation, daytime fatigue and bizarre hypnotic events. Anything’s possible. Suvorexant doesn’t affect GABA at all, it reduces a hormone called orexin (a.k.a. hypocretin). You know them by names like Ambien, Lunest, Sonata, Xanax, Valium and Halcion.

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You could consider volunteering at different cities to help others less fortunate. The biggest problem some people seem to have is that when they go on vacation they always have to take themselves along wherever they go.

Pryce

Lizzie and Pryce’s email address is momandmeaging@hotmail.com.

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Dear Mom & Me,

My experience has been to never go on vacation if you feel terrible before you leave. Eating different foods, sleeping in different beds, different daily routines all contribute to causing problems even if you started out feeling well.

You and your husband may have had a condition before you left and being away just made it worse. At least you were getting bed rest.

If your symptoms persist for longer than a week after you are home, go to see your family physician. Tell him/her your symptoms and about your lives losing their sparkle. Many people who are not interested in much, and too tired to do anything about it, have treatable conditions that respond quickly to medications.

Dear Beulah,

Your observations about your daily lives are similar to others, young and old. People can become so bored, they can hardly tolerate themselves. Then other times, there really is some medical problem or medicine reaction that can give you wild symptoms that can go undiagnosed. If your physician gives you a clean bill of health, there are many other possibilities for you to consider.

Later, we did see our friends and listened to their health problems. While we sympathize with their concerns, we thought maybe we weren’t so bad after all. We are home now, life has lost its sparkle. Many people who are not interested in much, and too tired to do anything about it, have treatable conditions that respond quickly to medications.

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Dear Beulah,

Your observations about your daily lives are similar to others, young and old. People can become so bored, they can hardly tolerate themselves. Then other times, there really is some medical problem or medicine reaction that can give you wild symptoms that can go undiagnosed. If your physician gives you a clean bill of health, there are many other possibilities for you to consider. As far out as it may sound to you, you could consider separate vacations. Some retired couples spend too much time together; they have nothing to talk about because they have both shared the same experiences. Your husband could go golfing with men friends, and you could go visit a woman friend or go with some women friends on a cruise.

You could also consider volunteering at different cities to help others less fortunate. The biggest problem some people seem to have is that when they go on vacation they always have to take themselves along wherever they go.

Lizzie

Lizzie and Pryce’s email address is momandmeaging@hotmail.com.

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The Role Of Exercise

Physical fitness is an important part of achieving optimal health. It makes you feel better and adds to self-esteem. This is very important in a culture where many people don’t seem concerned about their health, but gradually more of us will want to look and feel better.

Exercise plays an important role toward weight loss. Most people who exercise regularly maintain a normal weight. Exercise helps you to feel alert, more focused and alive. It aids digestion, increases muscle mass, helps prevent osteoporosis, improves your libido and helps you sleep better. Have you ever noticed that people who enjoy exercise look happier and younger? There is no one exercise plan that fits all. If you like to jog, then jog. Some people prefer a fitness center while others enjoy the outdoors. If you are someone who is not self-motivated, get an exercise buddy or exercise with a group. Recreation centers have many classes that are fun and provide great exercise, such as a spin class, aerobics, pilates and water aerobics. Make sure you do plenty of stretching before and after any exercise. Remember that the most important thing is to exercise regularly. Be sure to check with your health professional before starting any exercise regimen. If you prefer to exercise at home, you can purchase a treadmill or an elliptical trainer. There are many DVDs of different exercise regimens available. A word to the wise, start slowly. You want to like exercising and not get so sore that you decide to quit. Again, it is finding the optimal exercise that works for you.

I am fortunate that I like to exercise. I don’t always like a hard core workout, but enjoy the outdoors and being in nature. Personally, if I had to choose a favorite form of exercise, it would be hiking. There is something so freeing about being out in nature, and it makes me feel good. I hike with my dogs, and they enjoy it as much as I do. We can all find our niche.

If you have not exercised in a few days and you feel the desire to get out and move, you are well on your way to a new lifestyle. If you are uncertain where to begin, it might be worth the investment to hire a personal trainer to get started. It can be motivational because you are committing to an actual appointment and learning how to work with your body in a safe effective way.

Affirmations to consider with exercise:

- I allow myself to exercise to keep my body slender, healthy and fit.
- I allow myself to be attracted to the exercises that are best for me.
- I allow myself to easily achieve and maintain my ideal body weight.

From page 21B

Weave Your Energy Systems

hands again, taking the palms and bring ing them close to the ears. Take a deep breath. Visualize bringing in fresh energy to your head.

Step 3: While inhaling, bring your elbows together. Exhale, cross your arms and swing them out to the side. Visualize that you are clearing stale energy from your field. I like to make a “whoosh” sound.

Step 4: Cross and swing them out again. Bend forward, repeat at the waist, at the knees and again at the ankles. Stay bent forward.

Step 5: Bring the hands behind you with palms parallel to the floor, cup the hands and scoop the energy from the earth all the way to your head as you stand. Then, sprinkle the energy over you.

You will now feel invigorated, more balanced and your energetic systems all integrated.
Strawberry Brie
1 six-inch wheel brie cheese
3 tablespoons strawberry jam or preserves
2 teaspoons balsamic vinegar
1 cup strawberries, chopped
1/2 cup pecans, chopped
1/2 cup fresh mint leaves, chopped
Preheat oven to 275 degrees. In a small sauce pot, cook jam and vinegar over medium heat until bubbly.
Place brie on an oven-safe serving platter or dish. Place chopped strawberries and pecans on top of brie wheel. Cover with jam mixture.
Bake brie wheel until it is warm and soft, about 15 minutes. Garnish with chopped mint leaves. Serve immediately with crackers or crusty bread.

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To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.
### Top 10 Real Estate Sales

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<th>Development</th>
<th>City</th>
<th>Year Built</th>
<th>Square Footage</th>
<th>Listing Price</th>
<th>Selling Price</th>
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*Courtesy of Royal Shell Real Estate*
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KING CROSSWORD

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1. Swerve; 2. Smart; 3. Torrid; 4. Plain

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**MOBILE HOME**

PERIWINKLE PARK
$130,000. 60 x 12 w/ metal roof-over plus 20 x 12 Florida room. Master BR has queen bed & bit-in dresser & dbl closet. Master bath has combo bath shower & dbl sink vanity w/extra storage. Guest BR has dbl closet + bit-in drawers & private bath w/shower. Eat-in-kit is open to LR which flows into Florida room. Private 12 x 12 deck, picnic table and storage shed. One car carport with adjacent 2nd parking space. Ceramic tile flooring in kitchen. Florida room & bathrooms. Carpeting in both bedrooms & LR. Home recently inspected & has all required tie-downs. New central air & heat system & stacked washer/dryer, all appliances louvered blinds throughout. Purchase completely furnished including all linens, dishes, pots & pans, tableware, 2 sleeper couches, recliner, 2 dining tables & chairs, 4 outdoor chairs & folding beach chairs, etc. Call owner 317-293-0915 or email LMSrealto@aol.com for further information or to make offer.

**CLASSIFIEDS**

**20 x 12 Florida room. Master BR has queen & chairs, 4 outdoor chairs & folding beach chairs, etc. Call owner 317-293-0915 or email LMSrealto@aol.com for further information or to make offer.**

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**COMPANION SERVICE**

Sanibel-Captiva Care and Companion Service, who work full time on Sanibel. Prescription sunglasses found in parking lot on Captiva Island, lot of Limetree Center on Wednesday, newspaper, suite 2 in Limetree Center, lost Ladies Watch. Make: Brighton. Lost July 19, 2013. Call 239-472-0556.

**FOR RENT**

Community Housing & Resources (CHR) has apartments for rent to individuals who work full time on Sanibel. Rent based on income. For information call 239-472-1189.

**ANNUAL RENTAL**

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**GET A FREE QUOTE**

Community Housing & Resources (CHR) has apartments for rent to individuals who work full time on Sanibel. Rent based on income. For information call 239-472-1189.

**HOME WATCH SANIBEL**

Property Management-Bookkeeping Call Bob or Sally Resident Services 239-585-7438. sanisalt189@gmail.com www.HOMEWATCHSANIBEL.COM

**RE/MAX OF THE ISLANDS**

Putting owners and tenants together Call Dustyn Corace www.remax-offtheislands.com 239-472-2311

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HIGHLY VISIBLE
GROUND FLOOR SPACE
520 SQUARE FEET
MOVE IN CONDITION
IMMEDIATE OCCUPANCY $750 / MONTH
Landlord pays all common maintenance. Call 239-472-6543 or 973-726-3213

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Bay Front Residence
This spectacular Bay Front home offers Panoramic Views of the Bay, garage, pool on Bay and UF. For information call 239-472-1189.

**FOR RENT**

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CLASSIFIEDS

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We ship Prime Florida mangos from our grove on Pine Island, Fl to YOU or YOUR FRIENDS in the continental US (no ship AZ or CA - sorry) Mango harvest and season starts mid-June thru August. Please visit www.eatmoremangos.com

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PERSONALS

DEAR OVID,
Happy 1st year anniversary. I have loved and cherished each day. You are a wonderful husband. Yours Forever, Liser

HELP WANTED

WANTED TO BUY

CASH FOR MILITARY ITEMS
Cash Paid For Old Military Items. Medals, Swords, Uniforms, helmets, old guns, awards & more. Local Toll Free 1-866-440-3280

HELP WANTED

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HELP WANTED

TO PLACE A CLASSIFIED
LOG ONTO:
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CLICK ON
PLACE CLASSIFIED
Pets Of The Week

I am Banjo, a fun-loving, live-in-the-moment kind of guy who’s looking for a best buddy. I am a four-year-old Akita mix. My new best friend can be a guy or a girl. I’m not picky because it’s all about the fun. Besides my upbeat personality, I have a very unique look and beautiful blue eyes. My adoption fee is $30 (regularly $75) during Animal Services’ Spring Fever adoption promotion.

My name is Schnurrie and I’m a very beautiful, good-natured kitty. I like to cuddle and love to be brushed. Please consider adopting me along with my friend Fritz. We came from the same home and would love to stay together. It’s a great time to give two cats a home since cats are neutered and declawed. All adoptions include spay/neuter surgery, age-appropriate vaccinations, and rabies vaccination.

The adoption package is valued at $500.

Lost Cat

His name is Walter and he is a six-year-old neutered male cat. He weighs 15 pounds, has gold eyes, has a charcoal grey and white coat with a black spot on his pink nose. Walter loves kids and people, and he is micro-chipped. He was lost seen on April 26 wearing a white flea collar with a gold ID tag with the name Walter in Periwinkle Park on Sanibel. If found, please call Cathy at 395-2087.

Cat Found

PAWS recently found this cat on Wightman Lane on Captiva. He does have a microchip, but it is registered to Betty Jo Gullia, who recently passed away. If you have any information about this cat’s current owner, please call Pam at PAWS of Sanibel at 472-4823.
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2514 Blind Pass Ct. • $1,398,500 • DelSega.com
Golden Beach 2 • $1,395,000 • SanibelGoldenBeach.com

2729 Wulfert Rd • $1,298,000 • SanctuaryVillaSanibel.com

5750 Pine Tree • $848,500 • DinkinsBayou.com
5742 Pine Tree Dr • $749,000 • CastawayEstates.com

2550 Wulfert Rd • $748,500 • SanctuaryWaterfront.com

Thank you for your professional service and your diligent efforts with the listing of my property & I will endeavor to refer your real estate services at every appropriate opportunity. You are a credit to your industry and your firm. You did what you said, said what you did.

- J. Fisher

Phaidra McDermott
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