Carlucci approves base closing plan

WASHINGTON (UPI) — Defense Secretary Frank Carlucci approved Thursday the closure of 86 military bases across the country and the partial closing of five others and asked for $1 billion over two years to begin the shutdown.

His approval of a special commission’s recommended list of bases to be closed now goes to Congress, where the proposal will automatically go into effect unless Congress blocks it within 45 legislative working days of March 1. It is expected to receive congressional approval.

The proposal would become effective Jan. 1, 1990, with all base closures and realignments required to be completed by 1995.

The secretary’s Commission of Base Realignment and Closure estimated its recommendations would save the government $693 million a year and result in the net loss of 9,000 civilian jobs.

“I have just signed letters to the Congress stating my approval in total of the base closure and realignment recommendations of the Commission on Base Realignment and Closure,” Carlucci said at a news conference.

“Base closures are long overdue,” Carlucci said. “The department has wanted to close bases for many years, to help strengthen the national defense and save money.”

The last obsolete or unnecessary military base to be closed in the United States was in 1978, Carlucci said. Eighty-five of Congress in the past would often protect bases in their home districts. That was one of the reasons the commission was created.

Carlucci said the civilian employees who lose their jobs will have first shot at any vacancy in the Department of Defense through a special placement service.

Sgt. John A. Howard
Alts Air Force Base, Okla.

"They could save more money by cutting spending on "nukes" rather than closing all those bases. And they're putting civilians out of jobs. I don't think it's a good move. We (the military) are people oriented and when they close the bases it's going to be a lot of people financially."

Ssgt. Sheila Gardner
Eglin Air Force Base, Fla.

"If the communities can do without the bases, I think it's a great move because Graham/Kudman is going to affect the military one way or another. The excess active duty people at these bases will probably be reassigned to operational bases that are undermanned."

Cpl. Daniel A. Koerner
Marine Corps Security Force Company

"If they are not needed, it's a good idea to close them. It's a waste of government money — waste of tax-payers money. We don't need them. Close them up."

PM Corner gains another backer

The Editor, The Tropic Times

On Thanksgiving morning I was hospitalized from the effects of an infected uterus. When I began to hemorrhage and lost two thirds of my blood volume, my husband called to the Atlantic community from Gorgas Hospital and several residents volunteered to donate blood and help in other ways.

My husband Victor and I would like to thank them for helping to save my life:


Sgt. Nestor Coris, Ssgt. Milton Hernandez, and SFC Juan Yambot, from the 747th Military Intelligence Battalion.

Capt. Antonio Reyes, and Spec. Alex Rodriguez, MEDDAC.


Mrs. Mary Gross, Doctor Ronaldo Bowen, Doctor Gustavo Herrera, Lynnwood Stalling, and Beverly Kelly, Gorgas Army Hospital.

Mrs. Dalmia Jimenez

Do you need information on the Exceptional Family Member Program? Call 285-6518

The Tropic Times
Air Force Historical Foundation needs articles

LANGLEY AFB, Va. (TACNS) — The Air Force Historical Foundation needs articles for its quarterly journal.

"There are people all through the Air Force Force with knowledge and experience to share, and we want them to contact us," said retired Gen. Bryce Poe II, foundation president.

The journal focuses on the U.S. Air Force, but also covers worldwide military aviation aerospace activities, and the men and women whose lives and dreams have been devoted to flight. The editors are looking for factual — even "scholarly" — accounts and will help would-be authors with grammar, punctuation and the like.

Articles may be based on broad range of topics from the Montgolfier's 18th century balloons to recent air exercises with allies and everything in between. First-person accounts of Korea and Southeast Asia bare-base operations, weapons, testing, ballistic missiles, hurricane penetration, air evacuation, crew chiefs and runway repair are only a few of many possible subjects.

The Air Force Historical Foundation was established in 1953. It is a public, non-profit organization which supplements the official history of the Air Force by the collection of information and the publication of books and articles about the people and events that make up the Air Force's heritage.

People who are interested in submitting articles should contact the editor, E. Clifton Berry Jr., at 1101 Vermont Ave. N.W., Suite 400, Washington, D.C. 20005; or call (202) 289-7551 or 371-6197.
Welcome back to another week of the wonderful world of crime as reported in the Pollo Klubs. Care should always be exercised when firing a maud before you eat it. You should always take it so well. One such maud threatened her estranged employer as soon as she knew that she was at his history. Her base pass was confiscated and she was escorted off post before she could carry out the murder.

Sometimes a maud who feels that the end is near may react differently. One in Fort Kobbe apparently decided to help herself to a Christmas bonus on her way out. After she loaded up with $1,400 worth of jewelry, her menacingly called the MPs.

The tip off came when the handler at the MP crosswalk told the handler that she was history. Her base pass was confiscated and she was escorted off post before she could carry out the murder.

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Company "A" transports Howitzer cannons for the 320th Field Artillery, D-Battery during a timed live fire exercise in a November ARTEP.

A Company "B" UH-1 Crewchief, Spec. George C. Theophile III (with helmet) monitors refueling as a part of his job. HHC Company POL section manages refueling.

Company "C" Spec. J. Roger Hines, Blackhawk repairer, troubleshoots an estimated $4,600 tall rotor.

Winged Warriors’ ensure continuing air support

Story and photos by Spec. Frank L. Marquez

FORT KOBBE (USARSO PAO) — Last month marked two years since the changing of the guard for aviation on Fort Kobbe. It passed from the 210th Combat Aviation Battalion to the 1st Battalion, 228th Aviation Regiment.

The regiment has grown in size and strength, adding to its basic air assault mission, a number of support taskings. The regiment has also been known by many names and had many homes in parts of CONUS and in Vietnam.

Today, the regiment continues to make its name known.

Presently under the command of Lt. Col. William S. Justus, the aptly named Winged Warriors operate with a Headquarters and Headquarters Command, A, B, and C Companies and the 214th Medical Detachment from the 142nd Medical Battalion.

Ensuring theater aviation support and achieving acceptable levels of combat readiness in training and live missions in Central and South America is the unit’s stock in trade. Among these are disaster relief, defending the canal, assisting allies and supporting the 193rd Infantry Brigade (Light).

Some training and live missions are medium lift training in Venezuela, assisting road building and providing disaster relief in Costa Rica and transporting U.S. Army South’s troops wherever they are needed.

It is all done successfully because of the cooperation among 1/228th mechanics, crewchiefs, medical personnel, pilots and more than a hundred other military occupational specialists. There are no halos here, just rotors. But it’s a serious business on any given day.

Capt. James J. Kelly heads up Headquarters and Headquarters Company which is made up of small sections that support the battalion. They are the backbone-maintaining personnel administration, a dining hall, a petroleum oil lubricants section (aircraft fuel), a treatment medical clinic and a transportation motor pool. HHC’s pride is its organizational skills which were observed in a recent battalion field training exercise.

Maj. F. Stephen Duke oversees a convoy of Blackhawks as “A” Company’s commander. “A” Company is the assault company.

“We have more people doing more things in more missions than anyone in aviation.” said Capt. Robert T. Hess, company executive officer.

“We are very diversified in MOSs, which includes our own unit level maintenance,” added Hess.

Everything is combat related. The company’s missions are troop insertions and extractions, external loading, external cargo, disaster relief, mountain flying wearing night vision goggles and twenty-four hour operations. The pride of “A” Company is mission accomplishment.

Company “B” stands for Big. “We are the biggest company in the battalion,” according to Maj. Ollie Hunter, “B” Company commander.

Bravo Company supports air assault and other missions with OH-58 Kiowas, CH-47 Chinos (medium lift) and UH-1 Hueys.

Bravo Company flies missions “sometimes on very short notice,” according to CWO2 Mark A. Morrissey, a pilot in Company “B”.

Missions include static re-supply, rappels, fat cow (refuel), the transisthmian shuttle and VIP transport.

All flights are coordinated through the battalion’s operations shop by S-3 Maj. Gary Messano and his assistant, Capt. Robert Hess.

Charlie Company is Aviation Intermediate Maintenance (AVIM) under the command of Capt. Todd A. Bailey. “Any big jobs the first level can’t fix, we do,” stated SFC Steve Boyce.

“Anything we can’t handle goes back to the states.”

More specifically, the craft return to the aircraft depot located in Corpus Christi, Tex., where they are often rebuilt. “But we look at tools, tasks and personnel to do some of the depot’s work,” added Boyce.

AVIM’s pride is keeping the “birds” cranking.

Last, but not least is the 214th Medical Detachment under the command of Maj. William Nichols.

“We are uniquely assigned to aviation under 24-hours medical alert to assure medevac support in Central and South America,” stated Capt. Brian K. Moore, operations officer. As in any medical unit, real emergencies take priority over training missions. “Life, death, loss of limb or eye,” are such cases according to CWO Robert E. Buchmuller, medical evacuation Blackhawk pilot. Their one to two “live” missions per day might involve evacuating a ship or aiding a pregnant woman. The pride here obviously comes from saving lives.

The 1st Battalion 228th Aviation Regiment looks ahead to a bright future. With competent personnel consistent in their work, their success is really something to be proud of.
Fort Clayton (USARSO)—The John W. Macy, Jr., Leadership Award designed to recognize demonstrated excellence in leadership of civilian personnel by an Army supervisor or manager, military or civilian, is given.

It exemplifies the highest traditions established by Macy during his long and distinguished career of public service, and Army's philosophy that leaders are responsible for civilian personnel management.

The award consists of a Department of the Army certificate and an appropriate memento provided by the Army Civilian Personnel Alumni Association.

All Department of the Army supervisory and managers, both military and civilian, U.S. citizen or local national, appropriated and nonappropriated fund employees are eligible for this award.

Eligible personnel will be nominated by their employees and considered in accordance with the following criteria:

- Specific Contribution: A specific contribution in the leadership of Army civilian personnel, for which the nominee is personally responsible and which resulted in material improvements in areas such as Army mission support, military-civilian teamwork, customer service, productivity, EEO accomplishments, and enhancement of Army's reputation as an employer.

- Career Accomplishments: A record of progressive career accomplishments which reflect extraordinary leadership of civilian personnel over a sustained period.

Commanders or their civilian counterparts may submit nominations for this award through the appropriate major command for endorsement. MACOM and installation commanders and their staffs should alert the accomplishments of their subordinate leaders (military and civilian) who would be potential nominees for this award.

1. Outline of the specific contribution(s) that culminated in the year for which this award is given and that clearly demonstrates excellence in leadership of Army civilian personnel.

2. Description of the results achieved, specifically material improvements in Army areas such as Army mission support, military-civilian teamwork, customer service, productivity, significant EEO accomplishments, and enhancement of Army's reputation as an employer.

3. —Proposed citation highlighting the specific contribution not to exceed 100 words.

4. —Other comments (e.g., significant career accomplishments in previous years).

Nominations must be submitted in the command of the permanent Headquarter, Department of the Army (DAE-CPL), Washington, D.C. 20310-0300 not later than Feb. 17.

Hazard communication training scheduled to commence Jan. 17

Coral Gables (USACSRO CPC)—In compliance with the training requirements of the Occupational Safety and Health Administration's (OSHA) Hazard Communication Standard, the Training and Development Division, in conjunction with the Command's Safety Office, will provide training in Hazard Communication for supervisors beginning Jan. 17.

The OSHA Hazard Communication Training Program is the standard training program to inform affected DA personnel of potential hazards associated with hazardous chemicals in the workplace. Training priorities will be determined by the seriousness of the threat and likelihood of exposure and frequency of use.

Training sessions will be conducted Tuesdays and Thursdays from 7:30 a.m. to noon. Nominees need only attend one session. At the end of their training, supervisors will begin training their employees at the job site.

All personnel occupationally exposed to hazardous chemicals or materials are to be trained or act to be certified as having received equivalent training to meet the requirements of the Hazard Communication Standard.

Training will be documented on DD Form 1556 (Request, Authorization, Agreement, Certification of Training and Reimbursement) and incorporated as a permanent part of the employee's official personnel folder.

The presentation and announcement in Block 18 or the DD Form 1556 (DO NOT DESTROY) will be made to the employee and the employee will be required to sign the form. All documentation will be required within 30 days of the training completion.

For more information you may contact MD Army Safety, SW Tribe's command's Safety Office, 287-4051.

For nomination you may contact MD Army Safety, SW Tribe's Training and Development Division, 285-3964/5159.
Ecuador's president refuses to use force on strikers

LA PAZ (Reuters) - Ecuador's President Borja has refused to use military force to stop massive strikes in the country, which are part of a protracted campaign of police action against the strikers and economic disincentives to peaceful protest.

Borja, who faces massive economic problems, said he would not repress the strikes as a means to get more money to pay for the election campaign.

His government has announced new austerity measures, including a 15 percent cut in public sector wages, and a rise in fuel prices to help pay for the elections.

Ecuadorians are demanding a decrease in economic policies that are leading to higher unemployment and inflation. The currency, the sucre, has lost nearly 50 percent of its value since the start of the year.

Ecuador's economy is one of the most unstable in the world, with inflation running at more than 150 percent a year. The government has announced new austerity measures to control the deficit.

Ecuador's government has imposed a new austerity program that includes a 15 percent cut in public sector wages, a rise in fuel prices, and a reduction in government spending.

The economy is facing a crisis, with inflation running at more than 150 percent a year.

Borja has promised to reduce the government deficit and control inflation, but critics say his measures are not enough to fix the economy.

Ecuador has been hit by a severe economic crisis, with inflation running at more than 150 percent a year. The government has announced new austerity measures to control the deficit.
Special Forces branch looking for officers

WASHINGTON, D.C. (AFNS) — Congress has authorized the Air Force to begin paying a bonus to officers who agree to remain on active duty through their 14th year of active commissioned service. The program was authorized under special procedures being set up under the 1989 Defense Authorization Act.

The bonus will be paid in varying amounts depending on the rank of officers who are currently entitled to flight pay, who have completed their initial active-duty service commitment for undergraduate pilot training, and who have less than 13 years of total active-duty service. Annual payments will continue until the pilot completes 14 years of active commissioned service.

Eligible officers will be notified by their squadron commanders or equivalent level supervisors. An initial eligibility roster and information package will be distributed to all eligible officers. It will identify pilots eligible to begin participating in the program in January, February and March of 1989.

Pilots who want to receive their bonus, Jan. 3 (the first duty day after New Year’s Day) will be able to do so under special procedures being set up by the Air Force Military Personnel Center and the Air Force Accounting and Finance Center. Because of the short lead time, these pilots will have a grace period until March 31 to decide if they want to participate in the program before payment amounts are affected.

Approximately 1,000 pilots who will be eligible to participate in the ACP program during fiscal year 1989 will participate by Jan. 3.

Pilots signing up for the bonus must agree to remain on active duty until the completion of the 14th year of active commissioned service. The only exception: Officers being considered for promotion to captain and are in the Total Army Personnel Command, Culp said.

For example, the Special Forces Accession Board in June reviewed the packets of more than 200 applicants from YG 85, or those officers commissioned in 1985, to fill 113 positions. The results were mailed to the applicants about two weeks after the board convened.

Because the requirement for YG 85 officers was met, “no further applications for this year will be accepted. The target year group now is Year Group 86,” Culp said.

As with most rules, this one has an exception: Officers being considered for promotion to the rank of captain before their third year of active commissioned duty should apply for Special Forces during the year they go before the Accession Board.

Final acceptance into the Special Forces branch will depend upon successful completion of a three-week assessment and selection program and the 28-week Special Forces Detachment Officers Qualification Course. Both programs are conducted by the JKF Special Warfare Center and School.

Not all those selected are expected to graduate from the qualification course so the Special Operations Proposetry Office developed a program based on past attrition to arrive at the acceptance rate of 130 officers per year, Culp said.

Officials at the JKF Special Warfare Center and School and the Total Army Personnel Command have more details about officer selection to the Armies newest branch. Prospective Special Forces officers should contact Capt. John Cap at Bragg (AV 239-5559/2415 or COM 919-432-5559/2415) or Maj. Chuck Paxton at Persom (AV 221-3169/3713 or COM 703-325-3169/3713).

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Do you need information on the Exceptional Family Member Program? Call 285-6518.
Aquativity Center offers unlimited outdoor fun

by Cpl. Doyle C. Carr

FORT ESPINAR (USARSO PAO) — Sunshine, fresh air, canso, water bikes, fishing and cookouts are some of the things that everyone can enjoy at the Aquativity Center on Gatun Lake at Fort Espinar.

Get a group together and rent an island a few hundred yards off shore for a day of relaxing fun. Caught the island is a bobbin and grill for cookouts. Included in the rental is a boat with motor to use for the day. A license is required for the boat and you must pay for the gas.

If nobody in your group has a license there are canoes and rowboats for rent as well as life vests to help you enjoy your experience.

If you don't want to go to the island, there is a large bobbin for rent on shore near the main buildings. Near the bobbin are playgrounds for the children. Fishing can be done from shore or from the docks at the main buildings. There are also minnows for sale for your fishing.

Fishing not your bag? Then take a canoe or rowboat trip around the shore line and watch the animals and birds in the jumble that grows around the water's edge.

For the more adventurous souls, there are sailboats and surf sailboats available as well as single and double sunfish boats.

For whatever reasons you visit the Aquativity Center, you will probably have an enjoyable time in this picturesque setting with its tranquility and soothing atmosphere.

Following is a list of hours of operation and cost of rental equipment that the Aquativity Center offers:

**Hours of Operation:**
- **Days:** Daily
- **Times:** 7:15 a.m. - 3:45 p.m.

**Equipment Rental**
- **Boats, Motors, Trailers**
  - **Rent:** $1
  - **Day:** $5
- **Canoe**
  - **Rent:** $1.50
- **Kayak**
  - **Rent:** $1
- **Surf Side**
  - **Rent:** $1
- **Water Ski**
  - **Rent:** $1
- **Fishing Charter**
  - **Rent:** $8
- **Camping Equipment**
  - **Rent:** $2

**Campsites:**
- **Teen:** $2
- **Two:** $3
- **Two:** $5

**Camping Equipment:**
- **Rent:** $2
- **Cable:** $3
- **Laundry:** $1

There are also restroom facilities available for public use. For further information contact the Aquativity Center at 289-4009.

**USARSO chorus performs impromptu in Quito**

by Cpl. Doyle C. Carr

QUITO, ECUADOR (USARSO PAO) — Scheduled performances and an impromptu performance brought hundreds out to watch and listen to the U.S. Army South Chorus in Quito, Ecuador recently. Singing before hundreds at City Hall and Atio de la Merced Church, members of the chorus were rewarded as the crowd showed its appreciation.

All performances were a delight to those who attended. Yet, one performance stood out in the minds and hearts of the chorus members themselves.

They were to perform at the Metropolitana de Quito, only to find the doors closed to them through a breakdown in logistics.

Not to be disappointed by doors closed to them, these performers pulled themselves together. Since they were in Ecuador to sing, these courageous soldiers started singing in the park in front of the Presidential Palace.

Among the crowd singing and shaking hands.

As the chorus finished singing, they walked in a single file to the bus waiting to take them back to their hotel. All the while the crowd followed, shaking their hands and wanting to know "When will you be back to sing again?"".

One thing for sure is that the USARSO Chorus proves the old adage, "Music brings the world together. Music is the language of love, happiness and friendship."

The Pacific Theatre announces 'Showcase' auditions

The American Musical Showcase will be an entry in the annual Department of the Army's Parade of American Music.

CHRISTMAS MEMORIES — Santa Claus, aided by Denise de Manfredo, wife of Panama Canal Commission Deputy Administrator Fernando Manfredo Jr., gives a gift to one of many children who participated in the annual Christmas party at the Panamanian Institute of Special Education (IPHE), in Ancon. Mrs. Manfredo coordinated the party, which was sponsored by the Panama Canal pilots and the Balboa chapter of the Lions Club. (Photo courtesy of PCC Public Affairs Office)
Panama Area Exchange
Movie Schedule

Friday

Howard
Clayton
Davis
Quarry Hts
Amador
Sherman

284-3583  
287-3279  
289-5173  
282-3635  
282-4287  
289-6251

REVIEW OF THE ROCKS
DIRECTOR: C. BAUM  PG-13

RED HEAT 1 1988  DIRECTOR: FREDDY PRINZE  R

FAKED 1 1988  DIRECTOR: H. MURPHY  PG-13

MATTRESS & PILLOW 1 1988  DIRECTOR: J. M. DONALDSON  PG-13

NUTS 1 1988  DIRECTOR: A. ARMSTRONG  PG

HAYNES-CA 1 1988  DIRECTOR: B. D. DONOHUE  PG-13

EVENING-7:00 & 9:00  EVENING-7:00 & 9:00  EVENING-7:00 & 9:00  EVENING-7:00  EVENING-7:00  EVENING-7:00

Saturday

RED HEAT 1 1988  DIRECTOR: FREDDY PRINZE  R

MATTRESS & PILLOW 1 1988  DIRECTOR: J. M. DONALDSON  PG-13

NUTS 1 1988  DIRECTOR: A. ARMSTRONG  PG

HAYNES-CA 1 1988  DIRECTOR: B. D. DONOHUE  PG-13

EVENING-7:00 & 9:00  EVENING-7:00 & 9:00  EVENING-7:00 & 9:00  EVENING-7:00  EVENING-7:00  EVENING-7:00

Sunday

RED HEAT 1 1988  DIRECTOR: FREDDY PRINZE  R

MATTRESS & PILLOW 1 1988  DIRECTOR: J. M. DONALDSON  PG-13

NUTS 1 1988  DIRECTOR: A. ARMSTRONG  PG

HAYNES-CA 1 1988  DIRECTOR: B. D. DONOHUE  PG-13

EVENING-7:00 & 9:00  EVENING-7:00 & 9:00  EVENING-7:00 & 9:00  EVENING-7:00  EVENING-7:00  EVENING-7:00

Monday

RED HEAT 1 1988  DIRECTOR: FREDDY PRINZE  R

MATTRESS & PILLOW 1 1988  DIRECTOR: J. M. DONALDSON  PG-13

NUTS 1 1988  DIRECTOR: A. ARMSTRONG  PG

HAYNES-CA 1 1988  DIRECTOR: B. D. DONOHUE  PG-13

EVENING-7:00 & 9:00  EVENING-7:00 & 9:00  EVENING-7:00 & 9:00  EVENING-7:00  EVENING-7:00  EVENING-7:00

Tuesday

RED HEAT 1 1988  DIRECTOR: FREDDY PRINZE  R

MATTRESS & PILLOW 1 1988  DIRECTOR: J. M. DONALDSON  PG-13

NUTS 1 1988  DIRECTOR: A. ARMSTRONG  PG

HAYNES-CA 1 1988  DIRECTOR: B. D. DONOHUE  PG-13

EVENING-7:00 & 9:00  EVENING-7:00 & 9:00  EVENING-7:00 & 9:00  EVENING-7:00  EVENING-7:00  EVENING-7:00

Wednesday

RED HEAT 1 1988  DIRECTOR: FREDDY PRINZE  R

MATTRESS & PILLOW 1 1988  DIRECTOR: J. M. DONALDSON  PG-13

NUTS 1 1988  DIRECTOR: A. ARMSTRONG  PG

HAYNES-CA 1 1988  DIRECTOR: B. D. DONOHUE  PG-13

EVENING-7:00 & 9:00  EVENING-7:00 & 9:00  EVENING-7:00 & 9:00  EVENING-7:00  EVENING-7:00  EVENING-7:00

Thursday

RED HEAT 1 1988  DIRECTOR: FREDDY PRINZE  R

MATTRESS & PILLOW 1 1988  DIRECTOR: J. M. DONALDSON  PG-13

NUTS 1 1988  DIRECTOR: A. ARMSTRONG  PG

HAYNES-CA 1 1988  DIRECTOR: B. D. DONOHUE  PG-13

EVENING-7:00 & 9:00  EVENING-7:00 & 9:00  EVENING-7:00 & 9:00  EVENING-7:00  EVENING-7:00  EVENING-7:00
just for kids

DODDS kids

Water recreation
The Albrook Swimming Pool is offering the following classes this month:
- Jan. 9-15 - Scuba Class from 6 to 10 p.m.
- Jan. 11 - Adult Water Aerobics Class will meet Wednesday through Friday. Attend from 9 to 10 a.m. or 6 to 7 p.m.
- After school swimming classes for youth 6 years and older meet Wednesday through Friday at the following times: Advanced, beginners and intermediate from 4-5 p.m.
- Swimmer and advanced swimmer from 5 to 6 p.m.
- Adult swimming classes will be offered Wednesday through Friday from 6 to 7 p.m.
- Jan. 22-27 - Water polo clinic for youth ages 12-18 years, from 6 to 7 p.m. Introduction to the fundamentals of water polo: passing, defense, offense, physical preparation and games. A small fee will be charged. Participants must have successfully completed an intermediate swimming class.

For more information on classes or reserving the Albrook pool for a special event, call 286-3555.

Cub Scout Olympics
A Cub Scout Olympic competition will be held Jan. 21 at the Balboa Stadium from 8 a.m. to 1 p.m. Events will include: 50-yard dash, 100-yard dash, High jump, Long jump, Frisbee throw, Softball throw, 4 X 100-yard pack event race. There will be no cost to Scouts. Pack leaders should contact Dick Parsons, 285-6714.

Roller rink
FSD Youth Services is looking for volunteers to help prepare, open and run the new Cocoli Roller Rink. If you are interested and would like more information call 282-4448.

Scout food drive
A food drive for the ACS Food Locker will be sponsored by the Boy Scout Troops numbers 5, 15, 17 and 32. The food drive will be Jan. 16-21. The Boy Scouts will conduct a door-to-door campaign in the Clayton and Carunds housing areas. People can also drop off food donations at the Boy Scouts Office, Bldg. 806, Albrook, or ACS Bldg. 115, Corozal, 16-4 p.m. and Thursday 1-6 p.m. For additional information contact Scott Loy at 287-6488.

High school students form
SADD chapter in Panama

COROZAL (ASACS) - Seven students from Balboa High School formed the first chapter of Students Against Drunk Driving in Panama.

While plans for forming this group have been in the making for some time, the students waited to make the official announcement of its organization to coincide with this week's Red Ribbon - Don't Drink and Drive - campaign.

Sponsored by Adolescent Substance Abuse Counseling Services (ASACS), the Balboa High School chapter has a full agenda of activities planned for the year.

"We've already begun our work," said charter member Valerjie Housser. "We delivered 10,000 Red Ribbons to various shopettes, snack bars, and movie theaters on all the posts and bases in the Pacific community."

SADD members also designed a powerful bulletin board display in main hall at Balboa High as a reminder to the students of the dangers they could face in drinking during their holiday break.

Other members of the charter of SADD include Stephanie Norton, Kimberly Cooper, Angela Snyder, Noelle Worley, Marisol Zamora, and Sharon Coham.

Beginning slowly, SADD members will promote projects and techniques to prevent their fellow students from drinking and driving.

"Please join with us in our first project," urged spokesperson Valerie Housser, "by wearing a Red Ribbon this week. Drinking and driving can add up to death."

Counseling service sets session

COROZAL (ASACS) - Adolescent Substance Abuse Counseling Services will offer another Parent to Parent Workshop beginning Jan. 4, from 7-9 p.m., in Building 115 Corozal, 2nd floor - above the American Express Bank.

The workshop will consist of four two-hour sessions. Participants must attend all four sessions in order to receive a certificate for completion of the course.

The Parent To Parent workshop is for parents of preteens and teens or adults working with children. Its goal is to train the participants in the skills, attitudes, and abilities they may need to get children through the adolescent years without significant drug or alcohol use.

In the event that the child does develop an alcohol or drug problem, the parents will have a plan in place with a framework for recognizing the problem and dealing with it effectively.

Contact the Adolescent Substance Abuse Counseling Service at 285-4701 between 8 a.m.-4:30 p.m. to register.

Student plans future in politics

Carter Griffin, the Department of Defense Dependent Schools, Panama Region's delegate to the 1989 United States Senate Youth Program is a student at Balboa High School in the Republic of Panama.

Carter was born in Rochester, N.Y., in 1972. He has lived in Sao Paulo, Brazil; Caracas, Venezuela; and Lima, Peru. Carter has maintained a 4.0 GPA and has been designated as a talented and gifted student. He has been accepted as a candidate for early graduation, and is scheduled to graduate in June 1989.

In addition to his exceptional academic record, Carter has been very active in school and community affairs. He is the treasurer of the Balboa High School Student Association, the past president of the Omni Club, and a member of the Computer Club. He was recently initiated into the Balboa chapter of the National Honor Society. Carter has been selected to participate in Balboa's Close-up program. He became a Life Scout in Lima, Peru.

Carter's future plans include a year of study in Europe, before attending in college. He hopes to attend, Yale, Princeton or Brown, where he will pursue his interests in politics.
PCC spring semester
Panama Canal College will offer a full day course this spring semester starting Jan. 30.
Prepare to register Jan. 25 - 27 from 8 a.m. to 5 p.m. in order to be assured entry to the courses you wish to take. Registration will be held in the college auditorium, and faculty members will be available during the hours of registration for consultation. The college has a limited revolving loan fund to assist students in budgeting their costs. U.S. military officers are encouraged to use this service. For further information call the college office at 252-3107.

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West Bank CDC
The West Bank Child Development Center officials are registering children for the January 4-12 year-old classes beginning this month. The preschool is located at Bldg. 40, Naval Station, Panama Canal. For further information call 283-5330 from 8:30 a.m. to 11:30 a.m., Monday through Friday.

Zodiac tours
The Zodiac Recreation Center is offering the following tournaments this month:
- Jan. 6 - Spades tournament at 6 p.m.
- Jan. 12 - Pool tournament at 6 p.m.
A small entry fee will be charged for all tournaments. Cash awards will be given to the winners. For more information call 284-6161/6109.

Bowling Center
Like to bowl, want to learn to bowl, or just want to practice? Rent-A-Lane at the Howard/Albrook Bowling Centers from 11 a.m. to 3 p.m., Monday through Friday. Charge is $1.50 for the whole group or $2 per person. For more information call 284-8181/286-4260.

Clubs seek volunteers
The Howard/Albrook Officers' Wives Club and the Noncommissioned Officers' Wives Club are seeking volunteers to provide income tax assistance from early February until the overseas tax filing deadline, June 15.
No experience is necessary. Susan Barczak, an Internal Revenue Service agent, will be at the Howard NCCO Club ballroom to conduct a class, Jan. 9 through 13.
The times for the classes are 1 p.m. to 4 p.m. Jan. 9 and 12, and 8 a.m. to 1 p.m. Jan. 10, 11 and 13. When the volunteers are trained, they will be asked to serve two to six hours each week. Interested wives should call 284-3052.

Prayer breakfast
The Howard NCCO Club will be the place for the National Prayer Breakfast at 6:30 a.m., Jan. 23. The guest speaker for the event will be Maj. Gen. John McDonough, Air Force chief chaplain. Tickets are available through unit first sergeants or at the Howard Chapel. For more information call 284-3948.

Dance program
The Pacific Theatre Arts Centre offers a comprehensive dance program and piano/voice/guitar lessons. The classes will start January 16, and will run through January 20 at Isthmian Bldg. 663 in the 600 area.

Art show
The Art Center invites local artists to sign up for an art show, planned for January. Call 287-4201.

Sundial events
The Sundial Community Recreation Center starts off the year with new features and new programs. Upcoming highlights include crafts workshops Tuesday and Thursday evenings, beginners Spanish course slated to begin Jan. 2 and continue Mondays at 7 p.m. and a Video Night for adults Fridays.

Employment assistance
There will be a family member employment assistance class held Jan. 11, 9:30 a.m.-11 a.m. in the test behind Bldg. 663 in the 600 area. Learn how to apply for jobs, resume assistance, job listing and merchandising your volunteer experience. Certificates will be given for class attendance. For further information call 287-3809.

Isthmian College Club
The January meeting of the Isthmian College Club will be held Jan. 9 at 4:15 p.m. in the Falcon Room of the Albrook Officers Club.

Baby jar donations
Donations of baby jars and cloth remnants are being accepted by the PWOC Flower Committee for a decorating-based donation. Donations may be brought to the Ft. Clayton chapel during normal work hours. For more information call Susan Wise at 286-6298.

Special Forces recruit
A representative from the Special Operations Command will be at Fort Davis Theater, Jan. 17 at 10 a.m. to recruit officers for Special Forces. A Special Forces officer in either community who wishes to join Special Forces should attend this briefing. For more information call Capt. White at 289-5301.

Horse show
If you like horses and excitement, why not spend some time at the Albrook Riding Club Horse Show? Jan. 14 will be English Day. There will be judging events, English equitation, hunter-over-fences and hunter-under-saddle classes. Jan. 15 will be Western Day, with western equitation classes and plenty of team events. Admission is free. Through both days, hot dogs and refreshments will be available.

After school program
Registration for the after school program is now underway at Fort Kobbe Community Center (building 805). You will need 805. 17 at 1 and will provide children attending kindergarten through sixth grade the opportunity to enjoy fun activities Tuesdays and Thursdays from 3:00-4:30 p.m. For information call 287-6717.

Transistor relay
The CRD Sports Office reminds you that the entry deadline for the annual Transistor relay race is Jan. 17. Sign up your team. Stop by building 154, Fort Clayton or the Margaret O'Connell Center. The annual event takes place Jan. 14.

Biathlon
Ocean Breeze Community Recreation Center will have a Biathlon Jan. 7. The swim/run event will start at 7:30 a.m.

Well woman clinic
Gorgas Army Community Hospital will sponsor a well woman pap clinic for eligible health care recipients Jan. 27 from 8 a.m. to 3:30 p.m.

Fitness awards
Over 60 people have begun qualifying programs for the Presidential Sports Award. There are 44 qualifying sports. If you are in a sport or a physical activity you can join the awards program and receive a letter from the president of the Council on Physical Fitness and Sports, and an embroidered medal. For more information stop by Fronius Gym, Reeder Gym or CRD Sports Branch in building 154, Fort Clayton, or call 287-4050.

Daedalians
All active duty and former military commissioned pilots are invited to attend the next dinner meeting of the newly formed Fort Clayton Chapter of the Order of Daedalians, Jan. 19, at 7 p.m. at the Albrook Club. The Daedalians is an order of American military commissioned pilots with chapters all over the world started by World War I fighter pilots. Former members, new members, and those interested in checking it out are invited. Call 284-4523 or 284-5018 by Jan. 16 for reservations.

Bowling specials
The Howard/Albrook Bowling Centers offer special party rates. Reserve the Center during non-operating hours. Make reservations now for a special holiday bowling party. For more information, call 284-4188/286-4200.

English club
Base English instruction will begin Jan. 23 at Valen Recreation Center. The course will offer level one and will follow a functional
system that allows the student to appreciate usefulness of the language they are learning.

In addition, Valen will have a level two class, a more advanced session.

Register now at the center. Call 287-4201 for information.

Spanish class
At beginning level, each Spanish class will be held at the Fort Kobbe Education Center, building 801 from Jan. 9 to Feb. 21. Class will meet Mondays, Tuesdays and Wednesdays from 6 p.m. to 7 p.m. You can also sign up now for Korean Karate (Tan Kwon Do) classes which will be held at the center Jan. 18, 23, 25 and 30. Beginners English classes will be held Jan. 17, 19, 24 and 26 from 5 p.m. to 9 p.m.

Balboa YMCA classes
The Balboa YMCA is offering the following courses this month:

Starting Jan. 7:
-Swimming/8 classes
-Suva diving/1 month
Starting Jan. 14:
-Modeling/6 classes
-Make-up/4 classes
-Sewing/10 classes

Zodiac classes
The Zodiac Recreation Center, Howard AFB is offering the following classes this month:

English - For beginners starts Jan. 10 at 3:30 p.m.
Spanish - For beginners starts Jan. 9 at 9 a.m. and 2:30 p.m.
Intro to Computer - Starts Jan. 17 at 7 p.m.

Computer Programming in Basics starts Jan. 31 at 7 p.m.

Reservations for classes are now being accepted at the Rec Center, bdg. 709, Howard AFB. For more info, call 284-6558.

Self-esteem
The first in a series of "carpet" classes (to be held in carports in Ft. Clayton neighborhood) will be on the topic of self-esteem. Everyone has within themselves the potential to become a more effective person. The self-esteem class will teach new skills in communicating and listening as well as the resources needed to establish improved relationships.

Participants will be able to play games and take-home materials will be provided to enhance these new skills.

The first carport class will be held Jan. 10 from 9 a.m. to 10 a.m. at Carport 687, Ft. Clayton. For more information call 284-6202.

Potential pilots
A beginners ground school for pilots will be available at U.S. Naval Station Panama Canal MWR office, starting Jan. 17. This is a course which covers all subject material essential for private pilots and prepares students for the FAA Private Pilot written test.

Classes will be conducted Tuesday and Thursday evenings from 7:39 p.m.

There is no prerequisite or age limit.

Instructor for the course is a FAA certificate flight and ground school instructor with more than 20 years of active teaching experience. Classes will be limited. For more information contact Maria at the Navy MWR office at building 65, telephone 283-5307.

Sundial classes
Sundial is accepting registration for beginners Spanish classes which will be held Jan. 18, 23, 25, and 30 from 5 p.m. to 7 p.m. You can also sign up now for Korean Karate (Tan Kwon Do) classes which will be held at the center Jan. 18, 23, 25 and 30. Beginners English classes will be held Jan. 17, 19, 24 and 26 from 5 p.m. to 9 p.m.

Tropic Times
Jan. 6, 1989

Balboa HS SAC
The Balboa High School Advisory Committee will hold its monthly meeting at 7 p.m., Jan. 9 in the school's library. All parents and teachers are welcome to attend. For more information call 287-9798.

Amiga Users Group
The Amiga de Panama computer users group will meet Jan. 14, at the Farfan Cellar Club, 2 p.m.-6 p.m. Raffle for new free software. Experience new software, games, and utilities. For more information call 287-4299.

Curundu potluck/meet
The energetic and beautiful community of Curundu will hold its next potluck/meet Jan. 10 at 6 p.m. in the Curundu Community Room, next to the bowling alley. Come share a meal and meet your fellow residents. This is your chance to find out what's going on and to voice your opinions. Potluck starts at 6 p.m. and the town meeting at 7 p.m. Bring a main dish, vegetable, or dessert of generous proportions, along with your own plates, silverware, and drinks. Info: 286-6298.

PDK meeting
Phi Delta Kappa will hold a new members orientation meeting Jan. 19, at the Fort Amador O’Club. Orientation time is 5:30 p.m., Social 6 p.m., speaker at 7:15 p.m. The guest speaker will be Dr. James Wolf, director of DoDD Panama. His presentation is entitled, "New Direction in Professional Development." For reservations call Karen Hilter at 252-7202 or Barbara Santi at 287-6215.

Dive club
The Bahia-Mar Dive Club will hold a general membership meeting, Jan. 9, in the Zodiac Recreation Center at 7:30 p.m. Club membership is open to U.S. military and DoD civilian personnel in Panama.

Club objectives include promoting an interest in underwater activities, dive safety, continuing education, conservation, and an opportunity to participate in diving as a recreational and educational activity with other military members.

Membership is not limited to active divers. Associate and junior memberships are offered for interested individuals not possessing dive certifications. There will be a guest speaker. Dr. Roig will teach medicine.

or reserving the Albrook Pool for a special event, call 286-3555.

Balboa YMCA offering a tour to Costa Rica for three nights and four days, Jan. 13, 14, 15, 16. The cost is $275 per person. For information, call 287-6297. Cost includes roundtrip flights from Panama to Costa Rica and return, transfers from the airport to hotel and back to the airport, three nights accommodation in the Hotel Costa Rica, bus service from the Atlantic coastline to the Pacific coastline and back to the Atlantic and a Sundial Rec T-shirt.

Anyone interested in the trip should contact the center at 289-3839 or 289-3300.

Partial canal transit
The dry season is just about here.

Tropic Times
Jan. 6, 1989

Panama Canal

The dry season is just about over. Now is an excellent time to enjoy the many outdoor activities that are available in the area. When one speaks of Panama, the beautiful Canal is usually the first thing that comes to mind. The Naval Station MWR has just made it much easier for you to see the magnificent Panama Canal by providing a canal transit every Saturday beginning Jan. 21. Tour leaves at 8 a.m. and returns to pier at 2 p.m. Tickets must be purchased in advance at Bldg. 65 on the Naval Station for more info call 283-5103, 5307.

Moonlight cruise
The Naval Station MWR is sponsoring a moonlight cruise of the Panama Bay on Sunday, Jan. 15, 1989. Boat departs per at 7 a.m. and returns to the pier approximately 1 p.m. Cruise is limited to adults only. Come by Bldg. 65 on the Naval Station and sign up for this romantic cruise. For more info, please call 283-5103, 5307.

Howard Outdoor Rec
The Outdoor Recreation Center, Howard AFB is offering the following tours this month:

Jan. 7 - Snorkeling trip to Isla Mangle at 10 a.m.
Jan. 8 - Fishing trip to Arenosa from 3 p.m. to 5 p.m.
Jan. 9 - Moonlight/Camp Natural tour to Salamansa from 7 p.m. to 10 p.m.
Jan. 14 - Fishing trip to Arenosa, 5 a.m. to 2 p.m.
Jan. 15 - Snorkeling trip to Isla Mangle, 7 a.m. to 5 p.m.

All tours are held at the Howard Base Theater. Call the Outdoor Recreation Center for more information on dates, times and cost of all tours at 284-6161/6109.

CFA programs
The Community and Family Activities programs include the tours and travel program at Valen Center in Fort Clayton. New tours will be featured, to take you to the points of interest in Panama. January will feature a beach trip, colorful El Valle and its market, scenic Cerro Arul, Isthmus Hat in the Atlantic coast, and the city sites.

The highlight of the month is the Jan. 14 trip tosee wildlife, the plants and flora. Tour fee will include transportation to and from the airport, the boat trip to the island, lunch and guide service. All tours require reservations, call 287-6500.
# Usafso plans two-week Heritage Celebration

**Howard AFB (Usafso polo) — "Out of Many...One" is the theme for this years American Heritage celebration, here, March 1 through 12.**

The two-week celebration will be an all-day event for all Airmen to reflect on the many contributions they have made to their nation, according to Capt. Howard Williams, American Heritage committee chairman.

"The objective of the American Heritage celebration is not to emphasize the importance of the Presidential Proclamation..." - Williams.

Red Door - Open every day.

Quarry Heights - Mon.-Sat., 6-10 p.m., dinner specials plus A La Carte dining.

**Entertainment**

Albrook O'Club - Fri., Sat., Disco from 9:30-1:30 a.m.

Bamboo Inn - Live, band starting at 8 p.m.

Clayton NCO Club - Fri., Sat., C Corral from 7-11:30 p.m., and a live band in the Corner Post Lounge from 11 p.m.-a.m., ladies night every Wed.; Mon., closed

Clayton Community Club - Fri., disco; Sat., land & Sea special, Coaba Cafe until 9:30 p.m.

Nevada Station Anchorage Club - Fri., 5-12 p.m., DJ, Tues., movie night, starts 7:30 p.m.

Nevada Station O'Club - Fri., DJ, 5-12 p.m.

Live entertainment Mon.-Sun.

Nevada Station CP0 Club - Fri., DJ, 7-11 p.m.; a.m.

Sherman Community Club - Sun, DOD show 8-9 p.m.

**Lunch**

Albrook O'Club - Mon.-Fri. from 11 a.m.-1 p.m.

Amador O'Club - Mon.-Fri. from 11:30 a.m.-1 p.m. lunch specials.

Casa Maria - Lunch specials a.m., Sat. from 11 a.m.-2 p.m., closed.

Clayton NCO Club - Tues.-Fri. - lunch specials from 11:30 a.m.-2 p.m.; closed

Naval Station O'Club - Fri., Surf & Turf; Sat. Dining, 5-8:30-10 p.m.; closed Mon.; Tues.-Fri., from 4:30-10 p.m., & La Carte menu a.m.-2 p.m., Wed., Thu., & Fri., from 4:30-10 p.m., & La Carte menu a.m.-2 p.m., Sat., club open.

Sundaies

Albrook O'Club - 10 a.m. to 1 p.m.

Amador O'Club - 10 a.m. to 1 p.m.

Clayton NCO Club - 10 a.m. to 1 p.m.

Howard NCO Club - 10 a.m. to 1 p.m.

Wri., Sat., Howard NCO Club

Clayton NCO Club - Sun., starting at 6 p.m.; Wed., starting at 7 a.m.

Howard O'Club - Games; Wed., from 6 p.m.

Howard NCO Club - Sun., games, 2 p.m.; Wed., games, 6 p.m.

Naval Station O'Club - Thurs., Games, starts 7 p.m.

Naval Station CP0 Club - Tue., Games, starts 5 p.m.

**Games**

Albrook O'Club - Naval Station O'Club

Clayton NCO Club - Sun., Lunch specials from 11 a.m.-2 p.m., closed.

Clayton NCO Club - Tues.-Fri. - lunch specials from 11:30 a.m.-2 p.m.; closed

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Naval Station CP0 Club - Tue., Games, starts 5 p.m.

**How to volunteer**

Those interested in participating should contact Capt. Williams at 284-3268/4516. Officers' lounge and the Marine at the Officers' lounge are encouraged to participate, according to Williams.

**army plans tax office**

FORT CLAYTON (USASOF PA) - The Army South will again operate a tax office during the income tax filing season to assist soldiers, family members, and other eligible personnel in income tax preparation. Army Community Service is soliciting volunteers to staff the office.

Volunteers will receive several days of training from IRS instructors in income tax preparation. The instruction will be given at various locations.

Currently it is scheduled to be given at the Valen Recreation Center, Fort Clayton, on Jan. 17 through 20, and the Sundial Recreation Center, Fort Davis, for Jan. 23 through 27, from 8 a.m.-4 p.m.

Those interested in participating must attend one of these training sessions and be willing to donate at least six hours per week during February, March, April, May, June, and during the first two weeks of July.

Interested persons should contact ACS at 285-4864, Pacific and 289-4010 Atlantic.
New drug may help to prevent meningitis damage and disparities in the statistics emerging field. The AAP’s Committee on Nutrition urged tests for children who have a parent, sibling, grandparent, uncle or aunt afflicted child,” said Dr. Norman Kretchmer, a member of the committee and professor of nutritional sciences at the University of California, Berkeley.

"In fact, such unwarranted diet or treatment could have a harmful effect on growth and development," Kretchmer said.

Doctors lack training in environmental medicine.

WASHINGTON (UPI) - Most American doctors lack the training needed to help people suffering from illnesses linked to hazardous substances in the workplace or environment, a panel of experts said recently.

The Institute of Medicine concluded that although “a substantial amount of illness, Committee members blamed took electives in occupational telephone call, to receive expert education, the panel called for the environment, a panel of experts said products, individual generally turn have even one faculty member n environmental illness information

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WASHINGTON (UPI) -- Doctors lack training in environmental medicine, the committee said, noting there are no certifying examinations or residencies for doctors in that emerging field.

During its 18-month study, the committee found disturbing gaps and disparities in the statistics concerning the extent of environmental and occupational illnesses. For example, statistics on the number of work-related deaths in 1984 ranged from about 4,000 to more than 11,000.

The panel blamed part of the reporting problem on the fact that health agencies were reluctant to report toxic chemicals or other dangerous agents. Often do not appear until years after exposure.

ANF the 104 million people in the U.S. work force, about 70 percent work in plants without any medical services, the committee said.

"While the public tends to rely on its public health regulatory agencies to protect it from hazardous toxic exposures and dangerous consumer products, individual generally turn to the medical community for help when they are personally affected," the report states.

Committee members blamed medical school curriculum for the average doctor’s dearth of knowledge about illness and diseases caused by environmental hazards in the workplace, home or neighborhood.

Only about half of medical schools have even one faculty member in occupational health, and a 1987 survey of medical school graduates found just 1.4 percent of the students who elected to work in occupational medicine — fewer than in any other specialty, the panel reported.

In addition to recommending changes in medical students’ education, the panel called for the creation of occupational and environmental illness information centers. The facilities, similar to existing poison control centers, would allow doctors, by making one telephone call, to receive expert advice on diagnosis, treatment or referral.

Some children susceptible to high cholesterol.

SAN FRANCISCO (UPI) — The American Academy of Pediatrics recommends periodic cholesterol tests for all children over the age of 2 with a family history of elevated blood-fat levels or early coronary heart disease.

A study involving 2000 children with the disease — the largest study of its kind — found that 15 percent of those who received the steroid dexamethasone were much less likely to suffer a hearing loss.

As many as 20,000 children develop bacterial meningitis each year, the committee said, adding that 50 in men age 50 and in women before age 60.

But at the annual meeting recently, of the 36,000-member academy in San Francisco, the group stressed that for a variety of reasons, it was not recommending universal cholesterol examinations of all children.

"A sudden elevated concentration of cholesterol in a child with no high-risk family history of coronary heart disease could lead to the initiation of severe dietary, or even drug control that would be extremely difficult to maintain in a growing child," said Dr. Norman Kretchmer, a member of the committee and professor of nutritional sciences at the University of California, Berkeley.

"In fact, such unwarranted diet or treatment could have a harmful effect on growth and development," Kretchmer said.

The values that may predict future coronary heart disease are not yet established in children, but children with values persistently exceeding the 75th percentile for plasma cholesterol should be considered for dietary counseling," Kretchmer said.

Such children have a cholesterol reading above 176 milligrams per deciliter. For adults, studies show the risk for coronary diseases, and heart attacks increases in proportion to a rise in total cholesterol above 200 milligrams per deciliter.

High-risk children should undergo tests for total cholesterol, triglycerides, a type of fatty acid found in the blood, and high-density lipoprotein, or HDL, also known as the "good" form of cholesterol, the committee recommended.

Studies over the years have associated high levels of cholesterol in the blood with atherosclerosis, a dangerous condition in which fatty deposits clog arteries and serve as an underlying cause of certain forms of heart disease.

A 10-year study released by the National Institutes for Health and 11 other research centers in 1984 found that lowering cholesterol can reduce the risk of heart disease by as much as 49 percent.

The studies were conducted solely with adults, however, and it was not certain to what extent the research results apply to children.

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Info Graphics

World earthquake deaths since 1983

In the past five years there have been 11 major earthquakes in 10 countries that have taken lives and caused extensive damage. The largest, in Mexico City, registered 8.0 on the Richter scale, killing at least 9,500 people and leaving another 100,000 homeless. The Nov. 6, 1985, earthquake on the China/ Burma border registered 7.4 on the Richter scale and killed more than 1,000 people.

**FATALITIES FROM MAJOR EARTHQUAKES, 1983-1988**

<table>
<thead>
<tr>
<th>Location</th>
<th>Date</th>
<th>Magnitude</th>
<th>Deaths</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mexico City, Mexico</td>
<td>Mar. 8, 1985</td>
<td>8.0</td>
<td>1,300 (1)</td>
</tr>
<tr>
<td>Eastern Turkey</td>
<td>Aug. 20, 1988</td>
<td>7.0</td>
<td>1,450 (6.6)</td>
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<tr>
<td>San Salvador, El Salvador</td>
<td>May 10, 1986</td>
<td>5.4</td>
<td>1,200 (5.4)</td>
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<tr>
<td>Southern Colombia</td>
<td>Mar. 31, 1985</td>
<td>5.5</td>
<td>250 (5.5)</td>
</tr>
<tr>
<td>China/Burma border</td>
<td>Nov. 6, 1988</td>
<td>7.4</td>
<td>1,000 (7.4)</td>
</tr>
<tr>
<td>Nepal/India border</td>
<td>Aug. 20, 1988</td>
<td>6.5</td>
<td>1,000 (6.5)</td>
</tr>
<tr>
<td>North Honshu, Japan</td>
<td>Oct. 20, 1985</td>
<td>7.2</td>
<td>1,000 (7.2)</td>
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<tr>
<td>India</td>
<td>Dec. 7, 1988</td>
<td>7.0</td>
<td>5,000 (7.0)</td>
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<td>Soviet Armenia</td>
<td>Aug. 18, 1988</td>
<td>7.5</td>
<td>55,000 (7.5)</td>
</tr>
<tr>
<td>El Salvador</td>
<td>Mar. 8, 1985</td>
<td>7.5</td>
<td>10,000 (7.5)</td>
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<td>Chile</td>
<td>Mar. 3, 1984</td>
<td>7.8</td>
<td>150 (7.8)</td>
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<td>China/Burma border</td>
<td>Nov. 6, 1988</td>
<td>7.4</td>
<td>1,000 (7.4)</td>
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<tr>
<td>Mexico City, Mexico</td>
<td>Sept. 19, 1985</td>
<td>6.0</td>
<td>9,500 (6.0)</td>
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<tr>
<td>Taiwan</td>
<td>Jan. 6, 1989</td>
<td>7.1</td>
<td>1,000 (7.1)</td>
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<td>Mexico City, Mexico</td>
<td>Oct. 5, 1985</td>
<td>6.5</td>
<td>1,000 (6.5)</td>
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<td>Oct. 20, 1985</td>
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<td>Mar. 3, 1984</td>
<td>7.8</td>
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<td>Nov. 6, 1988</td>
<td>7.4</td>
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(This earthquake information was compiled by "Info Graphics" before the Armenian earthquake reported Dec. 7, 1988. The earthquake reportedly killed at least 55,000 people and left more than 500,000 homeless.)

*Graphic* by North America Syndicate, Inc.
Ayckbourn presents new science-fiction comedy

By Gregory Jensen

London (UPI) — With an irreverent humor and a big cast of all two, Britain's Alan Ayckbourn proves again that he has no equal in the English-speaking theater.

"Henceforward," which opened in London recently, is a science-fiction, slasher film and a perfect example of Ayckbourn's typical daring and imaginative stagecraft.

It demonstrates what some Britons long have contended—playwright Ayckbourn is a genius, a writer far more "important" than his painfully funny comedies would make it appear.

He is not yet 50, yet "Henceforward" is his 34th play. No. 35 already has opened outside of London.

He also is a producer, an award-winning director of his own and other writers' plays. He runs his own theater in the North Sea resort town of Scarborough. But posterity will remember him as a writer, and may rate him higher than most people have thought.

It is used to be held that Ayckbourn's plays concentrated too narrowly on his favorite subject, the foibles and failings of England's middle class. His humor was considered too British to be comprehensible worldwide.

Yet as the "Henceforward" program says, his plays "have been translated into 24 languages and are performed on stage and television on virtually every continent of the globe."

He has just allowed the first movie to be made of one of his plays. He is so highly considered in Japan that Tokyo's Nihon University is staging an exhibition of his work next April which will become a permanent display.

It is a once-equitably fashionable to discuss Ayckbourn's plays as mere fluff, funny but empty, notable in their absence from "mainstream" and "technical" possibilities he writes into every scene.

Yet consider what Sir Peter Hall, for 15 years head of Britain's National Theater, recently told critic Sheridan Morley. "If in 50 years time you want to know about the ethos of Thatcher's Britain, then look at...the way his characters are getting more and more confused and self-interest. He is now the playwright of an uncertain society."

"Henceforward"'s projects of our age into "sometimes quite, soon." It is a frightening picture.

A composer of electronic music is married to a deformed cat, living in an apartment under siege from vicious cross-sexual gangs. Visitors, found to be making false alarms, have the area only on armor-plated lamasine.

Filling jerkily around the apartment is a malfunctioning android, a female robot babay. Its designer is confused when "testing problems" led one early model to pop a child into a microwave.

The plot's play revolves around the composer's scheme to gain visiting rights to his 13-year-old daughter. He modifies his robot to help him present a scene of domestic bliss—and then the complications start.

Before they end, Ayckbourn has debated whether humans are better than machines, depicted a society enshrined by its own technology, shown the plight of an artist who cares more for his creations than for people and portrayed the nightmare our society easily could become.

And this is a comedy? It certainly is. "The exhilarating Ayckbournian paradox," said critic Michael Billington, "is that the darker it gets the funnier it becomes."

In fact, one facet of Ayckbourn's genius is to make even tragedy funny. He once wrote an entire act about a desperate woman trying to commit suicide, and it was hilarious. His "woman in mind" showed a woman having a nervous breakdown, and it was side-splitting.

But he is not merely funny. He chronicles our age by ruthless truthfulness about people and the uncanny way his characters reflect flaws and strains in society as a whole.

His newest play, for instance, "Man of the Moment," focuses on a robbing thug turned by the media into a rich and popular star. It had its premier at Ayckbourn's small North Coast Theater, where all its plays are first shown.

Most nightclubs would consider it a good life's work to write even six plays as funny, penetrating and as thought-provoking as Alan Ayckbourn. But next year, as every year, Ayckbourn will write another one.

And as always, he will write his 36th play virtually at one sitting, in about three days. "Genius" is the only word.

Shirley Temple reveals ironically abnormal youth

GHENT, Belgium (AP) — "Romeo and Juliet" has been reworked for a new feature film in which Shakespeare's stirring grand opera is transformed into a film about two cats.

However, Armando Acosta isn't complaining. The expatriate American is directing over 108 cats and one lone human, British actor John Hurt, in an updated version of the classic love story of a couple torn by feuding families.

"Romeo and Juliet," Acosta's first feature film, takes the unusual cast during a break in shooting on the set. "The cats won't mouth-move," a bizarre quality about the movie," he said.

"There is a close line to the film's rate: $10,000. It is a close line to the film's...720 square miles." He said, "This is really for my mother, Gertrude Acosta."}

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Public notices

Educators needed

COROZAL (USARSO CPO) — The Civician Personnel Office, Nonappropriated Funds Division, has vacancies for the following positions. Applications must be received by close of business on Jan. 13.

Education Specialist, NM-1710-07, $8.97 per hour, 1 vacancy, permanent full time, Announcement No. 305, DPA, FSD, Child Development Center, Fort Clayton.

Education Specialist, NM-1710-07, $8.97 per hour, 1 vacancy, temporary full time, (NTE 1 year), Announcement No. 305, DPA, CFA, FSD, Child Development Center, Fort Clayton.

Requirements: Bachelor’s degree (any major) and one academic year of appropriate work experience in teaching, educational research, development of education or training materials and aids, or other comparable activity. Job Related Criteria: Element 1: Knowledge of early childhood educational principles. Element 2: Knowledge of training requirements in Child Development Centers subject matter areas. Element 3: Skill in evaluating program performance. Element 4: Must be able to read, and speak English fluently.

Note: Transcripts must be submitted with application or 69 calendar days after employment. Individuals interested in applying for these positions should contact the CPO/NAF Division, Building 560, Room 102, Corozal, telephone 285-5283/5749.

Car show coming

Come one, come all to the best car show in Panama. There will be many cash prizes and hundreds of free giveaways. This will all take place across from the Albrook Mall from Jan. 12 through 15 from 9 a.m.-5 p.m. For more information call SSgt. Roberto Lopez, U.S. Army Recruiter, 287-5414.

Specialist needed

HOWARD AFB (USARSO CPO) — TheHoward Civician Personnel Office, Nonappropriated Funds Division, has vacancy for a Supervisory Employee Relations Specialist, NM-232-14. Duties are to serve as the chief of labor relations. Applications should be submitted to the Civician Personnel Office, Building 708, Howard AFB. Applications are accepted from 7:30 a.m. -4:15 p.m., Monday through Friday. For more information call Cell Company at 284-5614/5851.

Musician needed

U.S. NAVAL STATION PANAMA CITY (NAVSTA PTO) — The Chaplain’s Office at Naval Station Panama Canal is looking for a qualified Music Director to fill a contracted position. If you would like to be considered for this important position, call 283-4148.

Recruits required

FORT CLAYTON (USARSO PTO) — The U.S. Army Recruiting Station, Building 35, Room 326, Fort Clayton, is open Monday through Friday from 8 a.m.–4:30 p.m. For more information call SSgt. Roberto Lopez, U.S. Army recruiter at 287-5414.

Assistant needed

COROZAL (USARSO CPO) — The Civician Personnel Office, Nonappropriated Funds Division, has vacancy for the following position. Applications must be submitted by close of business on Jan. 11.

Club Operations Assistant, NM-3101-04, $5.86 per hour, 1 vacancy, permanent, non-represented, Announcement No. 302, DPA, CFA, COD, Red Door Club, Fort Clayton: Duties: Serves as a Family Club Assistant with responsibility for planning, arranging and coordinating a number of activities, such as dining room, kitchen and bar facilities, party catering and bingo. Reviews special projects and committees and makes special assignments to individuals.

Who can submit applications for permanent positions: Current civilian employees of the U.S. Army South and Army services activities, U.S. government agencies in the Panama Canal area, qualified reemployment priority eligibles (those persons who previously have worked for the U.S. government on a permanent basis), U.S. government employees in the Panama area in a leave without pay status. Candidates with applications in the proper file will be considered for appropriate vacancies.

Who can submit applications for temporary vacancies: For clerical positions only, those applicants who have taken the appropriate examination and have not been rated for 1 year. For positions, usually above the NM-05 level, non-clerical applicants need not have taken an examination.

For temporary positions involving security clearance, applications will be accepted from U.S. citizens.

How to apply: Applicants must submit application to the Civician Personnel Office, Nonappropriated Funds Division, has vacancy for the above position should contact the Chaplain’s Office at Fort Clayton, telephone 285-5283/5749.

SOPVYR. INVENTORY MANAGEMENT SPECIALIST, NM-1151-13, $4.67 per hour, 1 vacancy, permanent, non-represented, Announcement No. 152-14, DPA, FSD, EDM, Fort Clayton: Duties: Serves as a Family Club Assistant with responsibility for planning, arranging and coordinating a number of activities, such as dining room, kitchen and bar facilities, party catering and bingo. Reviews special projects and committees and makes special assignments to individuals.

Nurses required

COROZAL (USARSO PTO) — The Gorgas Army Community Hospital has permanent, temporary, and reemployment priority eligibles for Practical Nurse, NM-620-85. Applications must be submitted by close of business on Jan. 11.

Who can submit applications for permanent positions: Current civilian employees of the U.S. Army South and Army services activities, U.S. government agencies in the Panama Canal area, qualified reemployment priority eligibles (those persons who previously have worked for the U.S. government on a permanent basis), U.S. government employees in the Panama area in a leave without pay status. Candidates with applications in the proper file will be considered for appropriate vacancies.

Who can submit applications for temporary vacancies: For Clerical positions only, those applicants who have taken the appropriate examination and have not been rated for 1 year. For positions, usually above the NM-05 level, non-clerical applicants need not have taken an examination.

For temporary positions involving security clearance, applications will be accepted from U.S. citizens.

How to apply: Applicants must submit application to the Civician Personnel Office, Nonappropriated Funds Division, has vacancy for the above position should contact the Chaplain’s Office at Fort Clayton, telephone 285-5283/5749.

CPO position vacancies

Who can submit applications for permanent positions: Current civilian employees of U.S. Army South and Army services activities, U.S. government agencies in the Panama Canal area, qualified reemployment priority eligibles (those persons who previously have worked for the U.S. government on a permanent basis), U.S. government employees in the Panama area in a leave without pay status. Candidates with applications in the proper file will be considered for appropriate vacancies.

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How to apply: Applicants must submit application to the Civician Personnel Office, Nonappropriated Funds Division, has vacancy for the above position should contact the Chaplain’s Office at Fort Clayton, telephone 285-5283/5749.
CAT's meow: program for tracking training, licensing

by MSgt. Carl Sears
324th Support Group

FORT CLAYTON (USARSO PAO) -- The 324th Support Group has a CAT—not the usual variety of feline carpet-scratcher, but a locally developed computer program used for tracking unit training and equipment licensing.

Computer Assisted Training (CAT) was developed under the auspices of the Group's S2/Training section. As an aid to unit commanders, it tracks numerous subjects and dates of individual training and qualifications within their commands.

One pitfall of the current filing system of training sections is the vast amount of data not available to the manager in one neat report. In a company of 120 soldiers, for instance, the training NCO must gather the various dates and events data from multiple sources.

The data is then stored in folders in a file drawer. When prompted by the commander, the indomitable "stubby pencil" appears; and sometime later the training NCO must arrive much success in the 324th Support Group.

The program update takes the form of a powerful database with the ease of the time-honored "stubby pencil". CAT was developed by MSgt. Carl Sears, the 324th Support Group's NBC and S-3 Staff NCO.

The need for a specific computer program dealing with training issues surfaced in a meeting of all command and S-3s in the group. They determined which data was to be included, while Sears handled the technical end.

"The CAT program makes it much easier for commanders at all levels to take a quick look at required training and assess whether standards are being met," said Maj. Willie Jennings, Group S-3. "It provides trainers with more visibility over key pieces of information, such as driving records and PT tests."

Impetus for developing such a program came from brainstorming sessions among the S3s, said Jennings. He added that since "training" is one of the Army's major themes, it's nice to have something like CAT that streamlines training record accountability.

The base of this automated training environment is DBASE III Plus, an improved version of the relational database program DBASE III, which is currently installed as part of the basic package on USARSO computers.

The program is a series of menu-driven screens and pre-packaged reports. After loading the program on the computer's hard disk, a two hour on-one-on training session with the company's chief operator is conducted and all available training information is entered on the database.

CAT is divided into two different applications. Computer Assisted Training Tracker (CATTRAK) is a company-level tracking program that replaces the training files. CATTRAK produces 18 reports from information entered in the 102 different fields of the database.

CATTIRAK is a tool that allows training managers to keep track of such items as Preparation of Overseas Replacement (POR) and air movements, physical fitness test scores and No-Gos, and individual training.

At the group level, training reports are reviewed prior to a command inspection. By checking the data entries on the reports before arriving at the battalions, the inspections can gain more in-depth knowledge of training descrepencies, if any. This method also allows the inspection process to flow faster and more accurately by cutting down on the distractions.

Many of the items discussed at the SITFA meeting are decided at the chief's conference. Because of diverse interests, it is centered on technical subjects and structured to be politically neutral. Tangible results of the conferences include agreements, joint air transport exercises and a radio communications net that connects Latin America's air forces.

CATLIC, CATLIC, CATLIC, CATLIC... The issues discussed at the 1989 conference included the use of microcomputers for teletype traffic, upgrading of station equipment, and establishing new frequencies for emergency message traffic after this year.

The 324th Support Group, now part of the 324th Support Group, places the CATLIC database in the hands of the training NCO to maintain the computer's status. Any training NCO can access the CATLIC database via a menu-driven interface.

CATLIC is a powerful tool that allows training managers to keep track of training descrepencies. By using the CATLIC database, training managers can gain more in-depth knowledge of training descrepencies, if any. This method also allows the inspection process to flow faster and more accurately by cutting down on the distractions.

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6933rd hosts outdoor volleyball tournament

by SSgt. Donald Winner
6933rd ESS UPAR

HOWARD AFB (USAFSO/PA) — The chance to play some competitive volleyball and to raise money for a good cause was too much for Greg Roman and Eddie Rolon, 6933rd Electronic Security Squadron, to pass up. They helped organize the first “Panama Outdoor Classic” volleyball tournament.

Twenty teams, two players each, played three days of double-elimination “beach style” volleyball to raise money for Daniel Hamel, son of Sgt. Arthur Hamel, 694th ESS, San Antonio, Texas. Daniel, 3-years-old, needs a liver transplant and his family will need about $30,000 to cover the expenses that the military will not cover.

The tournament raised $350 for the fund through team fees, T-shirt and soda sales. In fact, the 6933rd ESS goal was to raise $5,000 for Daniel and the volleyball tournament pushed the money total past the $3,000 mark.

Each of the players must be well-rounded - able to play both offense and defense. “When the tournament was over, Roberto Cintron and George Rivera, Inter-American Air Forces Academy, had won the first place honors.”

The second place winners were Angel Colon, 1978th Communications Group, and Frank Robello, 24th Consolidated Aircraft Maintenance Squadron. Third place honors went to Will Willburn, 24th CAMS, and Rolon, 6933rd ESS.

“Putting the tournament together was a lot of work,” Roman said. “Everyone came out a winner though. Daniel Hamel was also helped, which was our main goal. We hope to host more of these kinds of tournaments in the future.”

Runners gear up for Transisthmian Relay

by Spec. Bob Blocher
FORT CLAYTON (USARSO PAO) — A transisthmian flight on Warrior Airlines might take only a few minutes, while a car needs a couple of hours to make the trip, and a ship will usually spend eight hours in the canal.

But just how long does it take to run across Panama? Come to the Fort Amador Officer’s club at 11 a.m. on Jan. 14 and find out. The 79th Army Band will be on hand to motivate runners as they complete the last leg of the Seventh Annual U.S. Army South Transisthmian Relay Race.

Ten-member teams will compete in four categories: U.S. active-duty military, female, over-40, and an open category. Starting at the Margarita Complex, Building $350 at 6 a.m., the course consists of ten legs ranging from 4.6 to 5.7 miles. Each has a unique character, from the tropical rain forest near the Gen. Torrijos Memorial to downtown Balboa.

Each runner must carry the team baton, and pass it to the next runner at designated relay points. If a runner cannot complete his leg, an alternate may assist, but the team will be penalized 15 minutes.

Teams have been training for months, and competition is sure to be fierce.

Supporting the efforts of the 2/187th (now the 1/508th) and running with a lot of different people,” he said. Shawn plans to continue running, and he’s not ruled out the 1992 Olympics as a possibility, with a lot of training and hard work.

So if there’s a team out there who needs a runner - a good runner - Shawn would appreciate the chance to compete.
THE COMMANDERS CHALLENGE CUP MATCHES provide military members the chance to show their skills with a weapon and select the USARSO pick the best qualified soldiers to send forward to the All Army Matches in May.

According to Capt. Michael Hope, Chief of Unit Training, Directorate of Security, Plans and Operations (DSPO), the matches play a dual role. “Basically it’s an installation level marksmanship competition that serves two purposes,” Hope said. “One is to have a good time shooting while competing against other military members in Panama and the other is to find the best teams and individuals to send forward to the All Army Marksmanship Competition in May.”

The events one could participate in were the 9mm pistol, M16-A1 rifle, M60 machine gun and M21 sniper system. Each category was then divided into two groups, one for individual members and the other for teams, the captain added. This competition is not just for infantrymen or a combat MOS, it is open to anyone who wishes to participate.

“Prior to the matches a memorandum of instruction outlining the procedures and giving guidance on what the marksmanship competition is about is sent out to all the battalion sized units,” Hope said. “From there it is up to the battalions to decide if they will field a team or individuals to the matches.”

“Once a team is formed they can compete, officer and enlisted,” Hope added. “But the only people we can send to the All Army Matches are the rank of captain and below for officers and master sergeant and below for enlisted.”

These shooters weren’t new to the game of trying to get the bullet into the target. Many have a long history of experience with weapons. “I’ve been shooting since I was five years old,” said Evan LeBlanc, 549th Security, Plans and Operations individuals to send forward to the international games in May.

These regional games have been so successful in the past due to the generous support received from the community. In order to continue the games the organizers need help to cover costs for such expenses: T-shirts, shorts, swimsuits, medals, printed materials, banners, etc.

Donations should be made out to Special Olympic Panama Canal Area Inc. and sent to Anna Catherine Savage, Box 3092, APO Panama 3092 or Catherine Savage, 4B Sonesta, Calle Winston Church, Punta Patilla, Panama.

**Special Olympics coming**

BALBOA — It’s time again for the Special Olympics Panama Canal Regional Games. The organizing committee is busy making plans for the 1989 games which will be held in February.

On Feb. 11, the swim meet will be held at 9:30 a.m. at the Gamboa Swimming Pool and on Feb. 16, the track and field meet will be held at the Balboa Stadium.

The Special Olympics is an international movement which, through year-round sports training and competition, gives mentally handicapped individuals the opportunity to strengthen their character, develop their physical skills, display their talents and fulfill their human potential.

As a result of the Regional games, a number of youths from the regional Canal Area games participated in hopes of qualifying in the international games in 1991. The planning on this has started already.

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**FOR THE FUN OF IT—** Every Saturday at 6:30 a.m. runners take off from Reader Gym, Fort Clayton, on the Commanding General’s Fun Run. Runners may participate regularly and get a T-shirt after they have logged 50 miles. (U.S. Army photo)
Betty Boop

HOCUS POCUS to lend whimsy to monthly feature. Call 386-4673.

Sadie Spofiko on drops, with theme from a popular Broadway show. Call 386-2381.

Temporary post office, Bob's, near Scranton St., free-

BAR WANTS TO LEAVE THE BUILDING.

Good try, Betty, but I don't think the world is quite ripe for a little beanbagcek and me.

WHY CAN'T I HAVE A CAT WHEN I JUST PAINT THE ROOMS?

DO YOU LOVE LABRADOR'S RINGED FIELD HUNTER?

I THINK WE NEED TO KEEP傢ND THE HOTLJCHE!

IT'S TOO BAD SOMEOE IN THIS COUNTRY CHARACTERS CRIOLLE SHOULD PLAY THE MARVELOUS MIGHTY MOVIE STAR--

HAVE YOU HEARD THE NEWS? THE BREAKFAST CEREAL?

I USED TO DREAM ABOUT HAVING A BOOBOOP BOOBOO.

BABY, YOU JUST DREAM TEAM THAT!!

the TROPIC Times Ad Form

Advertising in the Tropic Times is offered on a space available basis to U.S. military members, civilian DOD employees and employers of other U.S. government agencies. Ads will be accepted only for NON-COMMERCIAL services or goods offered by the advertiser or an immediate family member. Out of real estate and personal ads will not be accepted. The Tropic Times reserves the right to edit any advertisements. Questions regarding new publication of ads may be directed to the staff of the Tropic Times at 386-6513. Submissions must be typed or legibly printed and limited to 15 words. Only two submissions per family per week will be accepted. Each advertisement must include only one category for publication. Advertisers indicated by a star(*) will be referred to the Wounded Warrior. Post box must be located in the county. Submissions will be published only once and must be resubmitted for further publication. Ad rates cannot be guaranteed for loss or work or work not included; they will be on the following week with a submission specific date is involved. Deadline for the receipt of an ad is a.m. Monday for the following Friday's edition. Advertising should allow several days for processing.

ANIMALS

DON'T MISS the first of a series of animal features. Call 386-4673.

Little spotted paws, born Dec. 7, available now. Call 386-1479.

Tiny Poodle, male, brown, tan, black, patricar $250. Call 425-3581.

Tiny Poodle, white, CCP registered parents. E360. Call 386-9540.

Try Bedding, black, mastiff, available now. Call 386-9540.

Gold Lab puppy $350. Call 287-1903.

Black, male, Dalmatian, 6 months $350. Call 287-4979.

Free, ca. 195, yar, still, black, 6 months, $20. Call 284-3657.

Five, pedigreed grey Frenchbg, 2 mo., $150. Call 282-3345.

Two male borrowed black cat, yr. old, returned. Call 284-3560.


Mr. Norky, call for price dog in dog fight box. Call 386-2600 after 5.

Audio-Visual

Tropics times them $73 a week, 60-8900 less auto windows, electronic flash $350. Call 387-2632.

1981 Ford 30 in. color, 300 watt, w/tape, gm, stereo, color, good condition. Call 382-3663.

COMD Tuneable computer monitor $275. 125 in. electronic display. Call 386-2984.

Knowled CD player model DPM-4, cassette player w/Dolby minor. Call 287-3777.

A pair of brand new AKG Surround speakers, (400watt $250. Call 287-3121.

New Magnavox monochrome computer monitor, direct look-up in Arrow, Consumer (another) $250. Call 386-1233.

Quadraphone sound sys. 5 in. turntable, 7 monitor speakers, etc. combine $850. Call 252-1834.


Arrow 1500 computer w/disk drive, etc 20 games, program, 4 joystick, Panasonic 200 color monitor $180. Call 287-4355.

Hinu $191 value now $200. Call 250-4352.

Sylvania color console syst., good picture $325. Call 287-2615.

13 in. color, RGB graphic equalizer scene. Call 287-2439.

Free to good home TV Convertor, motors rare, as is, $20. Call 387-4457.

Arrow STRX 315 stereo, 5.5 in. diode, memory integrated board, books, etc. Disk 280-160.

One pair Cerwin Vega Trap 10 club speakers, excellent for surfing FM $175. Call 287-3492.

Konovent 128 speaker $225. Call 287-5486 a.n.

Remote control unit for JVC VHS $28. Call 287-0466.

Pajama picture box 315 under bare $28, 120 telephone $15. Call 280-3134.

Two Technics turntable, Generic, 500$ stereo, Pioneer stereo 200$ Call 296-4505.

Apple II computer $399 in drive, joystick, key software $95. Call 266-3507.

Square screen, paper & plastic cases, etc. $400 box. Call 286-2768.

Sanyo PV-500, $250, prominent company, 96 photons, 12000 minutes, keybd, printed, $350 image, interfer, plus cavo $280. Call 296-5862.

Parker VHS recorder $325, new Sony color TV $175, 13x black/yellow $175, color, tan, $200. Call 296-4741.

Parker Recorder 199 very excellent condition $750, must sell. Call 287-8896.

JVC 4 in 1 digital stereo, values per box, built in EQ, Klikit bright lights $225. Call 287-5848.

Yamaha Color cassette tape 790, LSI 8000, switches, Boston TRAVELER T1500 in box $300. Call 392-4954.


Ghost Joe Paul (bass guitar), double oomphy, black, head $50.00, care, $350. Call 64-4588.

1939 Chrysler, 100% original, price $150. Call 287-4121.

1983 Chrysler, 3.0l. back-up, good condition, stereo/ pcm $1500. Call 386-8084.

1963 Ford F100, fully restored, hub caps, auto winder, stereo, good condition $300. Call 386-8084.

1979 Ford, cash, new paint, very nice, runs, good condition $2000. Call 284-3657.

1984 Buick LeSabre, 80k, ph. ph. extra, runs, good condition $300. Call 287-7301.

1985 Oldsmobile Omega, gm, runs, see $200. Call 284-3657.

1979 Mustang, a.m., used, new seat work, almost all good, body in great condition $1000. Call 387-5843.

1978 Ford, a.m., se. new, redegree, run, good condition $1500. Call 234-0076.

1978 BMW 318i, ph. ph. nice, run, good condition $1500. Call 392-5320.


1976 Ford, a.m., used, se. new, very nice, loss mileage, re-use, condition $300. Call 296-3674.

1975 BMW, a.m. se. ph. ph. runs, in good condition $1500. Call 286-4767.


1981 Ford, used, runs, in condition $500. Call 287-3323.


1984 Ford, used, runs, new paint, in condition $500. Call 287-3323.

1980 BMW, a.m., used, se. new, very nice, condition $500. Call 287-3323.

1981 Dodge, a.m., used, se. new, very nice, condition $500. Call 287-3323.

Cruzeiros, very good condition, runs, sells $500. Call 287-3323.

1979 Audi, a.m. runs, se. new, very nice, condition $500. Call 287-3323.

1979 Pinto, a.m., se. new, runs, in condition $500. Call 287-3323.

1980 BMW, a.m., runs, se. new, very nice, condition $500. Call 287-3323.

1981 Audi, a.m., runs, se. new, very nice, condition $500. Call 287-3323.

1980 BMW, a.m., runs, se. new, very nice, condition $500. Call 287-3323.

1981 Audi, a.m., runs, se. new, very nice, condition $500. Call 287-3323.

1980 BMW, a.m., runs, se. new, very nice, condition $500. Call 287-3323.
**Automobiles**

- 1987 Plymouth Voyager, 4 cyl. and radio, in #13804. Call 284-4922.
- 1987 Dodge Dynasty, 8 cyl., pri. side, runs, without title. Call 284-5422.
- 1987 Honda Civic, 2 cyl., pri. side, runs, no titles. Call 284-3922.

**Marine**

- $60. Call 284-3293.

**Boats & Campers**

- Camper, real estate, off, very nice. Call 232-6464.

**Household**

- Used wood stove, $125, 1100 sq. ft., in #13844. Call $125.25, 325 x 25 ft. Call 232-5356.
- Whirlpool 200, refrigerator $725, 2100, 10,000 cu. ft., in #13820. Call 232-6580.
- Wall mounted safe $400, 5,000 lb. weight, $275, upright freezer $424. Call 232-6724.
- Queen dresser, $225, 2 large dressers, $300, 3 chairs, $200. Call 232-6724.
- Crockets, kitchen table, hens, an, open set, dishes, butcher block, hens, chairs, furniture, tv. Call 232-6724.
- Hardwood floors, oak, 2 chairs, $150, oak, refinished, $125. Call 232-6724.
- Dishwasher, 3 chairs, $400, in house, woods, $100. Call 232-6724.
- Inside washer, 3 chairs, $100, home, woods, $250. Call 232-6724.
- Twin bed w/mattress $150, bookcases $150, black public washboard $15. Call 232-6724.
- Living, dining, bedroom furniture, dishes, toys, kids, playsets, books, TV, VCR, $250. Call 232-6724.
- Rare for Espresso, plus large images 100. Call 232-6724.
- Old refrigerator, $45.00, beer pong table, woods, workbench, free, lazy, mini, bar, 50s. Call 232-6724.
- Pumb, beeswax, 100, $40.00, for sale. Call 232-6724.
- Magic Chef, disposer, stove, dishwasher, toaster, $70.00. Call 232-6724.
- 2 dressers, drapes, coffee table, china, blinds, cabinets, wood, $75. Call 232-6724.
- Dishwasher, 3 chairs, $200, home, woods, $100. Call 232-6724.
- An, 2 window units of various, 5 sets, $200. Call 232-6724.
- Emerson water filter with stand, $20.00, Emerson. Call 232-6724.
- Twin beds, two spring, free, $150.00. Call 232-6724.
- Beadboard, pair, $150.00. Call 232-6724.
- Whirlpool dishwasher, 2 units, $125.00, RCA color tv, $125.00. Call 232-6724.
- Fence pain, over, woods, $100. Call 232-6724.
- 2 dressers, drapes, coffee table, china, blinds, cabinets, wood, $75. Call 232-6724.
- Dishwasher, 3 chairs, $200, home, woods, $100. Call 232-6724.
- Hardwood floors, oak, 2 chairs, $150, oak, refinished, $125. Call 232-6724.
- Kitchen, garden, color, in, with, $300. Call 232-6724.
- Spanish speaking lady for 3 days a week, house, running, assistant. Call 232-6724.
- Day maid, 3 yrs. exp. with child, child-referenced, and $15.00. Call 232-6724.
- Day maid available 20 days of the month for $500. Call 232-6724.
- House, hardworking maid available for baby-sitting, tons, good, weeks. Call 232-6724.
- Maid maid, dependable, house, hardworking, maid, for Pudlo. Call 232-6724.
- Maid maid, dependable, house, children, reliable, $75.00. Call 232-6724.
- English speaking maid in town, house, good children, M.P. Call 232-6724.
- House, hired, local, hard, worker, good, in town, B.S. Call 232-7433.
- House, reliable, English speaking maid to do house, good, in town, 100. Call 232-5579.
- Maid maid, dependable, hard, worker, good in town, B.S. Call 232-7433.
- Room, reliable, English speaking maid to do house, good, in town, B.S. Call 232-7433.

**Wanted**

- Microwave oven, broken, not working. Call 232-7800.
- Speaker, 2 tower, broken, for sale. Call 232-7800.
- Chair, desk, broken, sold, for, $150.00. Call 232-7800.
- Weeds, get rid of, area, set, front lawn, for. Call 232-7800.
- Hammock, $5,000. Call 232-7800.
- 5 hp outboard, $750. Call 232-7800.
Yesterday in the first funeral for 24 Panamanian inmates said Christmas Eve. President Noriega has been indicted for drug trafficking and money laundering. His lawyer, Rogelio Cruz, said in a drug trafficking and money laundering case that the government declared a holiday amnesty freeing the inmates and imposed economic sanctions. Conte, president of the Authentic Panamanian Party, confirmed their release over the past week.

The government says the prisoners had "acted against state security." Noriega allies in the Legislative Chamber and labor unions opposed to Noriega. The released prisoners belong to the opposition Panamanian party.

The party is a member of the Civic Crusade, which has been agitating for months to force Noriega to step down as chief of the Defense Forces, a position he uses to control the nation's government. Noriega has been indicted by U.S. federal grand juries on charges of drug trafficking and money laundering. Earlier this year, the Reagan administration froze Panamanian assets in U.S. banks and imposed economic sanctions against Panama in an unsuccessful effort to oust Noriega from power.

The United States still recognizes Eric Arturo Delvalle as Panama's legitimate president. In February, Noriega allies in the Legislative Assembly forced Delvalle from office and named Manuel Solis Palma as his successor. In another act of Christmas amnesty, Solis Palma released 20 inmates without records of drug involvement, officials said.

The government decision made by the executive follows the Civic Crusade, which has been agitating for months to force Noriega to step down as chief of the Defense Forces, a position he uses to control the nation's government. Noriega's allies in the Legislative Chamber and labor unions opposed to Noriega. The released prisoners belong to the opposition Panamanian party.

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