HRMC hacked along with 205 other U.S. hospitals

China-based hackers believed to be involved

The culprit is believed to be a China-based group looking for intellectual property, the statement said. Using “highly sophisticated” methods to bypass security systems, they stole a wide amount of information.

SERRING — The Highlands County Guardian ad Litem program is branching out in an attempt to cover 100 percent of children in dependency court in Highlands County. They are doing this by expanding their recruitment program this fall, with an in-service continuing education class. They are inviting their current volunteers to bring friends along who are also interested in the program.

THE OFFICIAL 'LOGO' FOR GUARDIAN AD LITEM, HANGING IN VOLUNTEER SUPERVISOR RENEE GRIDER’S OFFICE AT 1968 SEBRING PARKWAY.

The training for new volunteers will be held from Sept. 18-23. For already-established volunteers, the continuing education class will be held on Aug. 28.

A large part of the focus of these classes will be “back-to-school” topics, covering how to collect supplies and information about getting records and other important documents. By doing this, they want to have more help for all children involved in dependency court due to familial situations leaving them in need of new guardians.

Guardian ad Litem is a program based around helping children who have no one due to help them in court after being abused, neglected or abandoned. Volunteers step in to negotiate for them in court, as well as help them transition into new living situations later.

Right now, there are “around 75 to 85 children” caught up in dependency court in Highlands County, according to Guardian ad Litem recruter and nine-year veteran Dassen Shinsky, who is based in Bartow. Around 80 percent of those children have representation from Guardian ad Litem.

“The number of children is very fluid,” Shinsky said. “Kids are coming and going (from dependency court) at all times.”

Shinsky also said the Guardian ad Litem program wants the volunteers to mingle with one another so as to better cover the needs of children. If some volunteers have school or basic living supplies that other volunteers’ children need, this will come in handy, Shinsky said.

According to volunteer supervisor Renee Grider, the in-service continuing education class will cover 100 percent of children in dependency court, leaving them in need of new guardians.

SERRING — Highlands Regional Medical Center is one of the hospitals that fell victim to a large-scale data-base hack that stole information about 4.5 million patients across the United States’ hospitals. The data stolen includes names, addresses, birth days, telephone numbers and social security numbers, according to a statement from Community Health Systems (CHS), the parent company of HRMC. The attacks are believed to have occurred between April and June 2014, the statement said, and to have affected patients who visit ed the medical center in the last five years. However, the document also said that some information, such as medical infor mation or credit card infor mation, was not stolen.

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Staff Writer

BY LARRY GRIFFIN
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SERING — At least one in nine seniors is at risk of going hungry due to the inability to obtain sufficient food for their household or having to choose between food and medical care according to Feeding America. September is National Hunger Action Month.

Comfort Keepers Sebring is asking the community to make food donations to the Feed Seniors Now food drive. "We cannot fight every factor affecting hunger, but we can start here in Highlands County by creating awareness about the issue and helping family members become more aware of the signs of hunger and malnutrition."

Hunger can lead to malnutrition and other serious health problems in seniors. The lack of an adequate diet can have an immediate impact on the body, mind, and the safety of senior citizens. If seniors fail to consume the appropriate amount of nutrients, their bodies may become weak or unstable and their minds may become fatigued. The combination of these two effects will significantly increase the risk of a fall and other accidents.

In addition, malnutrition can affect the body’s immune system, leaving seniors more vulnerable to diseases like cancer or arterial disease early, often before you have symptoms, and in eating. For seniors, it means a higher risk for malnutrition.

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SERRING — August means back to school and the Highlands Art League (HAL) encourages kids to also get “back to art” with several after-school, weekend and evening one-time classes and six-week courses available for ages 6-18. Mediums include drawing, sketching, photography, multimedia and painting.

Aug. 23: “Dragon Eggs” Mini Monet Art Class

Mini Monet Art Classes are designed for children ages 6-plus to begin exploitation of the elements of art and the principles by which they are applied. This one-time class starts at 10 a.m.

Sept. 2-Oct. 7: FUN-damentals of Art

Six-week course every Tuesday; 3:30-4:30 p.m. During this progressive course, students’ will fill pages in their own personal sketchbook by participating in various activities that are exploratory, interactive, and fun. By the final week, students will have sketched each other, have built and drawn their own still life, and know how to draw from their imagination.

Sept. 8-Oct. 13: Six-Week Photography Course (Teens/Adults)

Every Monday at 7 p.m. This course is about the story we tell and the tools we use. You will start by learning the technical basics of your DSLR camera, move from “auto” to “manual” while learning about aperture, shutter speed and ISO along the way and 3) focus on best practices for capturing people, lifestyle and portrait images in your everyday life.

Sept. 8-Oct. 13: Six-week iPhoneography Course (Teen/Adults)

Every Monday at 5:30 p.m. This course will examine the way we tell stories through photography using Smartphones in what is termed “iPhoneography.” During this progressive course, we will move into more “advanced” tools and composition through demonstrations and hands-on lessons introducing students to the craft and aesthetics of photography as well as enhance their digital skills using the camera.

Sept. 19: Art No Cork Fluorescent Acrylic “Galaxy Glow”

Attendees ages 13-plus will complete a fluorescent glow in the dark project in one evening starting at 6 p.m., led by a professional artist, and enjoy a fun, laid-back evening of creativity with refreshments. Private parties and gift certificates available for most classes. For more information or to register, visit www.HALLeague.org or call 863-385-6682.
SERRING — If Bran- don Bennett wants to ride his golf cart in his neighborhood, and can stay off the park lakes, Highlands County commissioners are in favor of that.

If he gets ticketed, however, their best ad- vice is for him to fight it in court.

Chairman Greg Har- ris said he wanted a second discussion about allowing golf carts in Avon Park Lakes, specifi- cally the cart used by Bennett, who rides from his home to Lake Olde to fish for tarpon and other fish.

His step-mother, Peggy Bennett, argued in the背景下，the county could make an excep- tion under Florida Subdivision Act, Brandon is al- lowed to use a golf cart as his mobility device.

She said after talk- ing extensively with officials at the Depart- ment of Justice, she learned the coun- ty could make an excep- tion under Florida and she was discouraged.

Call Church office at 863-465-5253 or visit our website at www.stfrancislpfl.com

Pastor Jimmy Goins

Sunday School· 10 a.m.

Children’s Church· 10 a.m.

Wednesday Evening· 6:30 p.m.

Sunday Worship at 385-6155, ext. 515

President Janet Emerson

TRINITY LUTHERAN CHURCH

1428 Lake Placid Blvd.

Lake Placid, FL 33852

Pastor· Richard Schiess

643-5810

Rev. Jan M. Wyland

Sunday Church School· 10:00 a.m.

Sunday Worship· 11:00 a.m.

Tuesday Bible Study· 7:00 p.m.

Wednesday Bible Study· 7:00 p.m.

 missions in the Third World

ST. JOHN'S EPISCOPAL CHURCH

1075 U.S. Hwy 27 South

Lake Placid, FL 33852

Rev. Richard Norris, Pastor

Sunday School· 9:30 a.m.

Sunday Worship· 11:00 a.m.

REYN OLDSON Mission Church of Servants of Christ Anglican Church

148 E. Interlake Blvd.

Lake Placid, FL 33852

Rev. Stephen O. Ingalls, Rector

Sunday School· 10:00 a.m.

Sunday Worship· 11:00 a.m.

Wednesday Classes For All· 7:00 p.m.

Family Dinner· 6:30 p.m.

**SUNDAY SERVICES**

Sunday Morning Worship· 10:30 a.m.

Sunday Bible Study· 9:30 a.m.

Sunday Contemporary· 10:30 a.m.

Sunday Evening Worship· 6:00 p.m.

First Assembly of God

1428 Lake Placid Blvd.

Lake Placid, FL 33852

Pastor· Elbert E. Winkle

Sunday School· 10:00 a.m.

Children’s Junior Church· 10:00 a.m.

Morning Worship· 10:00 a.m.

Wednesday Services For All· 7:00 p.m.

Bible Study· 7:00 p.m.

Sunday Worship· 6:00 p.m.

Sunday Evening Worship· 6:00 p.m.

First Baptist Church of Lake Placid

214 E. Interlake Blvd.

Lake Placid, FL 33852

Rev. Steven J. Williams

Sunday School· 10:30 a.m.

Sunday Worship· 11:00 a.m.

Wednesday Services For All· 7:00 p.m.

Bible Study· 7:00 p.m.

Sunday Worship· 6:00 p.m.

Sunday Evening Worship· 6:00 p.m.

Faith Baptist Church S.R.S.

Pastor· Bill Coleman

Davis Office Building

Ohio Ave.

Lake Placid, FL 33852

Sunday School· 10:00 a.m.

Sunday Worship· 11:00 a.m.

Wednesday Services For All· 7:00 p.m.

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### Avon Park Pioneers

**BY LARRY GRIFFIN Staff Writer**

**AVON PARK — Saturday’s annual Avon Park Picnic brought out the residents who have lived there the longest for a fun-filled day of food, fun and friends.**

A large crowd of high school graduates from the 1950s gathered under the pavilion at the museum to enjoy a day of reminiscing about the good old days. Many of them were at the picnic to celebrate their accomplishments.

The rest of the picnic was filled with good cheer and friendship among these old friends, old classmates and neighbors. Many of them were at the park to celebrate the 50th anniversary of the Historical Society.

2014 was the 50th anniversary of the Historical Society, and it was time to step back and enjoy retirement (and family).

For more information about the event, contact Renee Grider at 863-526 or emailed at lgriffin@newssun.com.

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**HRCM FROM PAGE A3**

The CHS corporate office said the intruder has been identified, but no further information was available. The Thieves, however, are cooperating with federal officials to make sure the problem has been solved.

The data stolen is considered protected under the Health Insurance Portability and Accountability Act (HIPPA), according to a document filed with the FTC.

Those who have had their information stolen in the breach face identity theft protection fees, according to the FTC.

### BERM FROM PAGE A1

The big rules last year, she said, were no kids and no pets. That was not a problem for the one-time event, Crowd said.

He could only imagine what was in store for the next event.

The typical age of patrons attending a similar event would be about 25-40 age bracket — a demographic known for enjoying unusual brews.

Patrons can order tickets online for $25 or at the childrensmuseumhighlands- com up until the night of Sept 5 and pick it up at the gate. Limited numbers will be available that night for $30.

### ANGELS FROM PAGE A3

reinforce the basic te-

The biggest event of the day was the presentation of the program — an event the organizers had planned for months.

This year, the program was geared to the children, with activities that included games and crafts.

The event also included a raffle and a chance to win a commemorative T-shirt.

### BEER FROM PAGE A1

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Crowder said the mu-

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Public invited to farewell reception for Corrie

SEBRING — After 24 years of dedicating, ideas and endless hours creating and developing the Children’s Museum of the Highlands, Linda Crowder is retiring.

The Museum board of directors would like to give all of her friends and supporters this opportunity to come wish her well and let her know how much Crowder, her husband Craig, and the museum has meant to the community. Crowder has spent tireless hours over the past year in preparation of this day creating “How To” lists and directions for everything she could think of. This museum is in her heart and she has gone to great lengths so that it will continue to provide fun and safe programs for the children and families near and far.

Please stop by the museum, Aug. 25, 6-7 p.m. to wish her well as she and Craig move to St. Petersburg to enjoy their grandson, Trey. Please RSVP via email at chmuseum@msn.com.

Blood drive Friday at Lake Placid Elks

LAKE PLACID — One Blood will have its Big Red Bus at the Lake Placid Elks Lodge from 1 a.m. to 5 p.m. Friday to collect blood donations. Remember, one pint can save up to three lives.

“Blood is always in demand the supply is greatly reduced in summer when many of the regular donors have returned to their northern homes or just on vacation,” a spokesperson said. Special gifts will go home with donors.

Walk-ins are welcome but appointments are accepted, too. To reserve a time call a peg at 863-465-7507 or Terry at 863-699-0774.

Depot Museum on hiatus through summer

LAKE PLACID — The Lake Placid Historical Society has closed its Depot Museum for the summer season. But volunteer Linda Pendavis has agreed to keep the museum open. He can be contacted at 863-465-2629. To leave a message for the Depot Museum staffers, call 863-465-2038.

Local families sought for foreign exchange students

World Heritage Student Exchange Program, a public benefit organization, is seeking local families for high school students from over 30 countries that include Spain, Germany, Thailand, Denmark, Portugal, South Korea, Italy, France, Norway, and the former Soviet Union countries.

Couples, single parents, and families with and without children are all encouraged to host. You can choose to host a student for one day to one year.

Each World Heritage student is insured, brings his/her own personal spending money and expects to contribute to his/her share of household responsibilities, as well as being included in a family activities and lifestyles.

For more information, call 818-9040, go online at www.worldheritageexchange.org.

Boys & Girls Club need supplies

SEBRING — The Boys & Girls Club of Highlands County is in need of back to school supplies for this year’s students. Items needed include backpacks, crayons, pencils, tissues, hand sanitizers, foldable folders, spiral notebooks and note book paper.

To donate items, call 863-638-1042 for drop-off locations or mail donations to P.O. Box 1596, Sebring, FL 33871.

For more information, call 863-632-9889.

SNAPSHOTS

Local News

Commerce has adjusted its Smart Driver Class schedule.

It will now be open from 9 a.m. to 5 p.m. Monday-Friday from January through May and October through December. From 9 a.m. to 5 p.m. on Monday-Friday from June through September; and from 9 a.m. to 1 p.m. Saturdays from January through March.

As always, should anyone have any special needs, simply contact the chamber.

AARP Smart Driver Class seminar

SEBRING — AARP will offer its Smart Driver Program class from 9 a.m. to 3:30 p.m. Wednesday. Complete this class in one day (six hours).

There will be no driving test. Participants may get a possible discount on their car insurance, good for three years.

The class will be offered from 11:30 a.m. to 3:30 p.m. Insurance, 1105 U.S. 27 North, Sebring. To register, call Alfredon September at 863-385-4713.

Narconon helps families battle drug addictions.

Narconon reminds families that the use of addicting drugs is on the rise and that steps can be taken to protect your family from drug use. If you know anyone who is struggling with drug addiction get them the help they need.

A free brochure on drug treatment use is available by calling 800-431-1754 or visiting DrugAbuseSolution.com. Narconon also offers free screenings and referrals to support groups in the Highlands County area.

Narconon can help you take steps to overcome addiction in your family. Call today for free screenings or referrals.

Keigh Goodson Gallery open

LAKE PLACID — Keigh Goodson Gallery, 124 E. Park Ave., is open through the chamber building, will be open from 10 a.m. to 4 p.m. Thursday, Aug. 20. For information and questions, call 863-585-8937.

Hammock seek volunteers

SEBRING — Highlands Hammock State Park is seeking volunteers for the following:

• Custodian for the

Citrin Conservation Corps (CCC) Museum Duties include building maintenance, housekeeping and hosting visitors. An American history, the programs of Franklin Roosevelt and the Great Depression is a plus.

• Sebring residents to open and close the Seven Lakes Management Unit of Highlands Hammock State Park on CR 835.

Opportunities to assist with facility maintenance and landscaping are also available.

• Volunteer to assist with trail maintenance and landscaping.

If interested in volunteering or to obtain more information, please call 863-471-5324, office of the Park Services Specialist.

Quality Inn to host Tri- Chamber mixer

SEBRING — The Quality Inn and Suites, 3525 U.S. 27 North, will host this month’s Tri-Chamber Mixer from 6-7 p.m. Thursday in order to show off the newly renovated ballroom, restaurant and lounge, Bistro 27 North.

Bring your business card for a chance to win. A disc jockey, food and beverage will be provided. To RSVP call 863-385-8448.

Moose Lodge plans luau

SEBRING — The Moose Lodge 2253 on U.S. 98 will host its annual luau on Saturday. Entertainment will be with Frank E. The menu is roast pork loin garnished with pine apple fried rice, broccoli salad, pina colada

SEE BRIEF | 19

MELANOMA KILLS

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Dr. Darrin A. Rotman
Julie L. Iellimo, P.A.-C.
Jennifer A. Wolf, P.A-C.
that will be held Sept. 12 at 10 a.m. at Lakeview Drive. For more, visit the Sebring Macaroni Kid at mirabel.mirabelsanders.com.

SEBRING — The Highlands County Guardian ad Litem 2014-2015 Volunteer Recognition program...
Summer Sunrise Series rounds out first season

BY JAMES TAYLOR News-Sun sports editor

SEBRING – The Highlands Hammock Summer Sunrise Series first and final 5K run was held Saturday, Aug. 16, in near perfect running conditions with temperatures stayed in the low 70s and humidity was also low.

In what was a foreign concept for our area, Michael Quigley, at the age of 52, won both Saturday’s race with a time of 1:18:52.3, and was the Summer Sunrise Male Champion with a total time of 1:14:46.3.

“The races were so close, the best times in four out of five races were used,” said race coordinator Cher Brojek. “The four races in the Summer Sunrise Series and the Firecracker 5K.”

The Male Masters Winner was Sebring Mayor John Shrop with a total time of 1:47:58.1 and Male Grand Masters Winner was Peter Lewis with a combined time of 1:41:30.4.

On the opposite end of the spectrum was the female overall winner, who did not run on Saturday as she was participating in a triathlon.

So much potential a season ago, with little of it realized in the form of wins.

One year ago at this time, virtually a whole new South Florida State volleyball squad had assembled — complete with new uniforms and a whole lot of talent.

But all but two of last year’s roster were newcomers.

“We were able to do what we thought we would do when we started,” said Melanie Sandoval, the only player listed at under 5-foot-8, and no less than four girls listed at 5-feet or taller.

But the key will be, as it is on all volleyball teams, the setting, which falls into the hands of two freshmen, Kelcy Schoeners from Wilmore, Kentucky and Baylee Gunter from LaGrange, Kentucky.

“The players are one year older, with more experience,” Sandoval said. “That’s actually one of our main strengths right now.”

“Both of our teams this year,” said Melanie Sandoval, the only two sophomores, with a combined time of 1:14:54.6.

“For the series over all winners in age brackets, the best times in four out of five races were used,” said race coordinator Cher Brojek. “The four races in the Summer Sunrise Series and the Firecracker 5K.”

The Male Masters Winner was Sebring Mayor John Shrop with a total time of 1:47:58.1 and Male Grand Masters Winner was Peter Lewis with a combined time of 1:41:30.4.

On the opposite end of the spectrum was the female overall winner, who did not run on Saturday as she was participating in a triathlon.

Zoe Wöhrting, at the tender age of 52, won overall Summer Sunrise Rise Female Champion, finishing each 5K race in under 22 minutes for a combined total of 1:26:06.6.

Karen Spurlock raced to a combined time of 1:14:54.6.

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Bubbling Over

In NASCAR's ban on drivers leading a garage guest, it's simple:
First, let's dispel something very important. NASCAR didn't "ban" drivers from bringing guests to the garage.
But it did walk off a week or a little longer, following their practice toward another driver in a caution-speed passage by having him ride in their car, without signaling, and obviously, and certainly, you never could know it.
So, big deal or not?
Another obvious issue. It depends on what the penalty would be. If NASCAR truly wanted to eliminate it, the enforcement would be swift, certain, and strict. Instead, the official wording is: "NASCAR will handle each incident separately when assessing potential consequences. With each case, a driver is penalized enough to keep any other� observer from being perceived wrongfully."
So, the rule?
NASCAR had to do something in the wake of the Earnhardt tragedy. It was a headline-grabber, and it might've been a decision from Risk Management, as it was, or all of the above.
setters are very strong and on the ball well.”

Assistant coach Chad Long also sees what should be strengths as the season moves on. “We have the potential to be a very good defensive team,” he said. “We have size and the net out back row is quick to the ball.”

But that’s the funny thing about potential, it needs to be realized. Last year’s Panther squad was perhaps too young, too new to fully realize the potential they had. “It’s been a great experience behind them, they are in a much better position to make it come to fruition.” “We definitely feel excited for the season,” Kelly said. “We have a lot of talent, strong and aggressive hitters and we can’t get to wait on the court.”

That certainly showed this past Saturday when the team took to the court in a scrimmage at Warner University. “We saw great things from our freshmen,” Crawford said. “Sydney Durham and Ellie Barrett lead the team in kills and both our setters were outstanding.”

“We still have work to do, though, and we will focus on them in the gym this week.” South Florida then jumps into the season Friday when they travel to Ave Maria University for a tri-match beginning at 3 p.m.

Dates at Florida College, Broward and Clearwater Christian continue the start before the team hosts it’s home opener Thursday, Sept. 4, against Eastern Florida College at 7 p.m.

“We’ve made so many improvements in every aspect of the game,” Heather Barnes, Owls manager.

Highlands County Daily Exponent’s first tournament championship for the team, which only came into existence less than three months ago.

They’ve bonded as a team and that makes any coaches life easier. “It’s been a great summer and the girls have made this program a success,” she continued. “I’m looking forward to many more summers, championships and trophies as we help get these girls ready to play at the next level and get an education.”

The 2014 Lady Panthers of South Florida State College. Back row, left to right, head coach Kim Crawford, Jasmine Kelly, Breighly Bolton, Sydney Durham, Caryssa John-son all had their three apiece in the 9-0 win. In Sunday’s semifinal round, the Owls put another hurting on the Overdrive in a 9-1 win. Ten of 11 batters had at least one hit during the game, with bourne being an inside the park home run. Soon after the end of the first inning, heavy rains washed away the championship game.

Though with their margin of victory over the scheduled opponent, the Avengers, the Owls were declared the champions. “We’ve made so many improvements in every aspect of the game,” Barnes said. “I am so impressed with how far they have come after only two and-a-half months.”
Gibbs hires Carl Edwards

JENNA FEVER
AP Auto Racing Writer

HUNTERSVILLE, N.C. — Carl Edwards scrolled across a stage for Joe Gibbs Racing and jokingly yelled, “Surprise!”

There was no surprise whatsoever about his formal introduction Tuesday as a fourth driver in the JGR Sprint Cup lineup.

The move had been expected since at least May and intensified last month when Roush Fenway Racing said Edwards was not sponsors in 2015.

Edwards, who has driven for Roush for 12 years, will join a new fourth Toyota team for Gibbs next season. The team, which has held off expanding to the NASCAR-maxi-cars since 2005 and will quickly turn to fourth dr...
Manziel struggles in Browns’ loss to Redskins

JOSEPH WHITE
Associated Press

LANDOVER, Md. — Johnny Manziel and Brian Hoyer didn’t make Mike Pettine’s decision any easier. Good luck picking a starting quarterback after this mess. Coach Pettine has said he plans to announce his regular season starter for the Redskins’ game against the Browns on Tuesday.

Manziel struggled in the Browns’ 24-23 Monday night loss to the Washington Redskins. Pettine has said he plans to announce his regular season starter Tuesday. His choices are Manziel, the No. 22 overall pick in the draft who completed 7 of 16 passes for 65 yards and a touchdown, and Hoyer, who was 2 for 6 for 16 yards. And those stats were padded by series against the Redskins’ backups.

In the first quarter — when Washington’s starters were in the game — Manziel was 2 for 7 for 29 yards, while Hoyer was 0 for 2. Manziel was even mocked by Redskins linebacker Brian Orakpo, who raised both hands and performed the 2012 Heisman Trophy winner’s “money” gesture after a sack by teammate Ryan Kerrigan.

Manziel appeared to have a message of his own for the Redskins. He raised the middle finger of his right hand as he jogged away from the Washington sideline after a play late in the third quarter.

To be fair, the first two passes by Hoyer could be classified as drops by his receivers, but he also failed to move the team when an interception gave the Browns the ball at Washington’s 15 in the second quarter. After a running play and two incompletions, including a pass high and through the hands of Andrew Hawkins in the end zone, Cleveland had to settle for a field goal. Looking for a hint as to which way Pettine is leaning?

It’s worth noting that Hoyer started for the second consecutive game and played mostly with the first-team offense, while Manziel was sent out with the backups to play in the second half. Manziel took advantage by leading a 16-play, 68-yard drive capped by an 8-yard pass to Dion Lewis for the Browns’ first touchdown.
Carlyn Bobo was the first female to finish with a time of 21:26.8. She was the first woman in the 10K runs held by Chet Brojek, and this one was different. For Brojek, the Summer Series races were a major event, and he added that these races were the best. The team is looking forward to the event, and they get a good bonding time, Lovett explains. They're great girls and we have a good team. Lisa Lovett Girls golf head coach

We know changing banks may seem overwhelming. If you're ready to make the switch to Wauchula State Bank, We're here to help you!

GOLF FROM PAGE A10

The team is looking forward to hopefully a successful season with a lot of victories. For the girls to make it to regionals this year they have to place in the top 14 as a team in districts. The Sebring Cross Country team kicks off their season on Saturday, Sept. 6, in Lake Region.

The ideal I got from playing the Sertoma Junior golf tour in addition to their stellar performances during the Sebring season. "Playing the Sertoma tour helps the girls during the summer — they're ready for the season and confident in our ability to make it to state again this year." Kendall Griffin, Meghan Griffin, Hornick and Clark and their senior leaders have turned up the courses of the Sertoma Junior golf tour in addition to their stellar performances during the Sebring season. "I just cannot say enough about these girls," beamed Lovett. "They're great girls and we have a good team. I am excited about the season and confident in our ability to make it to state again this year."
What do you reach for around 3 in the afternoon? Something salty? Something crunchy? Something creamy, smooth and sweet? These days, more and more snackers are looking for something wholesome and satisfying to get them through the afternoon.

Here’s one snacking choice you may not have thought of: pudding. When pudding is made right — just the way your grandma used to — it’s made with real ingredients like milk and eggs, cooked slowly until it’s creamy and delicious. While cooking up your own pudding is a fun and satisfying weekend or evening project, when you need a quick afternoon snack, that’s probably not in the cards.

Fortunately, there are still some companies making pudding just the way you would at home, slowly simmered to perfection. This is great news for people who want a smooth and creamy snack they can feel good about. There’s a good reason why simple, comforting pudding was a favorite childhood snack — and is still a wholesome snack choice today.

Simple Ideas for a Delicious Snack

Pudding is perfect straight out of the refrigerator, of course, and all you need to enjoy it is a spoon. But you can make it your own with other ingredients that you probably have right in your kitchen. Take a look at your spice rack: You’ve probably got cinnamon, nutmeg and cayenne pepper. In your pantry, you’ve got crunchy cookies, pretzels and nuts. Fresh and frozen fruit are always good to have on hand. Even canned and shelf-stable packs of tropical fruits can top your pudding. Before you know it, you’ll be seeing surprising pudding pairings everywhere you look.

With a little creativity, you could have a unique pudding snack every day of the week. We’ve got a few ideas to get you started.

Find out more about Kozy Shack® Pudding at www.kozyshack.com.

Mango & Coconut Tapioca Pudding — Cut a fresh mango into small pieces. Spoon Kozy Shack Tapioca Pudding into a small dish. Top with mango and sprinkle with toasted coconut.

Blackberry Rice Pudding — Dice a handful of fresh blackberries. Layer blackberries and Kozy Shack Rice Pudding in a small dish. Top with any remaining fruit and a mint leaf.

Peaches & Blueberries Rice Pudding — Layer diced fresh peaches, Kozy Shack Rice Pudding and blueberries in a small dish. Top with any remaining fruit.

Chocolate Pudding — Spoon Kozy Shack Chocolate Pudding into a colorful cup. Top with a dollop of whipped cream and a cookie.

Elks adds new members

Sebring Elks 1529 added more new members to their roster. Some of those new members are Sylvia Oliver and Donna Lee.

Sebring Elks 1529 added 41 members to their roster in July — 31 who are new members and 10 who rejoined. Those new members are Phyllis Smith (from left), John MacCalen, Harriet Sims, Cathie Kowalski, John Arata, Durwin Hunt, Carol Hunt and Geneva Stevens.

STR8UP hosts annual meeting, announces plans to expand site

By BRIAN HURLEY

STR8UP Youth Ministry hosted its annual meeting Monday, Aug. 11 at its complex on South Main Avenue in Lake Placid. The audience of 15 included staff and members of the board of directors. President and founder Sammy Telesco led the meeting.

Highlighting the meeting was Telesco’s announcement that STR8UP Ministry has been awarded a grant of $10,500 from MidFlorida Credit Union. He said the money will be used to help add a second floor the ministry building.

Talks are already underway regarding the addition, Telesco said, but no target dates were set.

During the course of the meeting, Telesco also reported that the efforts of the STR8UP team during cleanup after the Caldarium Festival were noted as “exceptionally well done” in a note from Lake Placid residents Larry and Susie Lee. Before the official meeting, Chad Varga Company vice-president Will Bennett gave a presentation regarding the book “Bounce: Down is inevitable. Up is a choice.” The book was written by Varga who played basketball at the University of Pittsburgh from 1994-97 as a power forward. After college, Varga played professionally in Europe, leading two Spanish national teams in both scoring and rebounds and being named an All-Star three consecutive years. In his book, published in 2013, Varga deals with the lessons he learned growing up in a less than stellar home environment.

Varga’s core message is that anyone, even an abused, abandoned kid, can overcome the odds and obstacles in life and become a success. His passion is to help students discover their purpose and realize their dreams. Varga has spoken to more than 3 million students throughout America. STR8UP is considering adopting Varga’s book and an accompanying journal as a ministry tool.

Telesco also reported he and his wife, Dana, were set to take eight of the youth from STR8UP on a fishing trip hosted by Good News Fishing Ministry in West Palm Beach. The Friday, Aug. 16 trip was a reward for the students selected.

The general meeting adjourned before the board of directors meeting was convened in a private session.
Free clock class set for ‘1st Friday’ in September

The Caladium Arts and Crafts Cooperative will offer a free clock class for adults at a September “1st Friday” celebration at the Caladium Arts and Crafts Cooperative in upriver Lake Placid. The class will convene at 6 p.m. Instructors will supply the clock and materials to complete the project in approximately one hour at the “make it and take it” class. There will be several clock styles to choose from. Students will be responsible for purchasing a clock at a store of their choice.

Those planning to participate are asked to sign up in advance at the Caladium Arts and Crafts Cooperative to ensure there will be enough supplies for each student. “Our wall of classes is on display,” said Caladium Arts and Crafts Cooperative President Judy Nicewicz. “We have brochures and you can register on our Facebook page.”

Nicewicz said the class will concentrate on the basics of making a clock. Each student will learn to put together a clock face and set it. Students will give their clock to the store for display, and it will be on display throughout the month of September.

Local woman helps review state’s arts in education grants

Lake Placid resident Nancy Sanders has been selected by the Florida Department of State’s Division of Cultural Affairs to serve as a panelist for the grant application evaluation process. As a panelist, Sanders will read and evaluate grant applications submitted from around the state. Last summer she and six other volunteers scored 41 applications submitted to the “Arts in Education & Underserved Communities” category. This year, because Sanders submitted salary assistance grants applications in that category for the Caladium Arts and Crafts Cooperative and Toby’s Closet Foundation, she is joining six others from around the state in evaluating 33 applications in the “Multidisciplinary category.” It takes between two to three hours to read and score each application, according to Sanders. Some of the applicants in the Multidisciplinary category are requesting close to $100,000 “so it’s important that we get it right,” she said. Later this month, the panelists will participate in a tele-conference with representatives from the applicant organizations during which the panel can ask questions of organization representatives and then give them final scores. Following this step, all scores will be sent to the state for final approval.

Nancy Sanders has served as a volunteer for the Cooperative in Caladium Arts and Crafts since the store opened in the late 1980s. Sanders has also volunteered for Nicewicz and other volunteers for the Cooperative in Caladium Arts and Crafts since the store opened in the late 1980s.

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For Sanders, the panel work is a part of her volunteer work for Nicewicz and other volunteers for the Cooperative in Caladium Arts and Crafts since the store opened in the late 1980s.

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The community is coming together to help Lake Placid native Marlo Bonecutter who faces steep medical bills for a procedure needed to save her life.

The Lake Placid Police Department conducted a CPR class Aug. 12 to raise funds for Bonecutter. The turnout for the fundraiser was more than expected with 19 students on hand to get their certification and show their support for Bonecutter. A total of $760 was collected in this effort, according to Lake Placid Police Chief James Fansler.

More support came Saturday when a benefit car wash was held at Signature Floors & Interiors on Interlake Blvd. in uptown Lake Placid with proceeds going toward Bonecutter’s medical expenses. The day was quite busy as cars were coming and going all day, despite dreary weather.

Another car wash is scheduled for August 30 from 9 a.m. to 2 p.m. at the same location. The next benefit for Bonecutter will open at 3 p.m. Sept. 6 at the American Legion on U.S. 27 in Lake Placid. This event will include a pulled pork dinner, various drawings, live entertainment, and a cake walk.

“This is a great opportunity to spend some quality time with friends,” a spokesman said, “while also helping out a fellow person in need.”

Marlo Bonecutter extended her thanks to the community for supporting her in a difficult time.

By SAVANNAH CONNOLLY
News-Journal Correspondent

Community comes together to help a Lake Placid native

Left: The 20-yard target was peppered with arrows Saturday when 4-H archery enthusiasts gathered at Camp Cloverleaf near Lake Placid to practice for an approaching tournament in Palmdale. The tryout will be hosted by Glades County’s 4-H clubs.

News-Journal Kim Leatherman

Taking aim at the target were, left to right, Wyatt Wyant, Camden Lee, Kaleb Ludy, Ashley Perdian and Caleb Lee. The youngsters, all members of Highlands County Shooters 4-H Club, were preparing for tournament action Sept. 6 at Fisheating Creek Outpost at Palmdale.

Do you or someone you know suffer from constant “ringing in the ears”? Maybe it’s not ringing exactly... it’s something called tinnitus, the medical term for the sensation of hearing sound in your ears or head with no external sound present. The noise tinnitus makes or covers up your tinnitus and takes your focus off your tinnitus.

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TO ADVERTISE ON THIS PAGE CALL VICKIE WATSON
386-5631
Benefit could help build handicap restrooms

Organizers hope a "Trees and Dance Your Decade" dinner/dance will help raise money for a hand-scraped accessible restroom facility at the Caladium Arts and Crafts Cooperative in uptown Lake Placid. The dinner/dance will be Saturday, Nov. 1 at Lake Placid Elks Lodge 661, located on Country Road 621 East.

"It's important that all our shoppers and the students in our classes who may have limited access to ADA-compliant facilities, have it available," said co-op president Judy Nicewicz. Local volunteer grantwriter Nancy Sanders points out that accessibility is not just about having a handicapped bathroom or water fountain. "Accessibility is particularly in the process it requires to grant applications, includes having welcoming people with vision and hearing problems too," she said. "In addition, if a community has a large number of people who are visually impaired, accessibility includes having printed materials available to the prevalent second language and, with a translator on site.

The Caladium Arts and Crafts Cooperative is in the process of having brochures and some handbooks translated into Spanish.

In the Town of Lake Placid, nearly half of the residents have been identified in recent census reports as being "Spanish/Latino," although no figures are available as to how many speak Spanish only.

In a grant application currently being processed by the Florida Department of State's Division of Cultural Affairs for a possible $20,000 assistance grant for the Caladium Arts and Crafts Cooperative, accommodations such as having materials in Spanish was included.

"We are missing out on nearly half of Lake Placid's population by not being fully accessible to them. We want to make our shopping and art experience a positive one for as many people as possible," Sanders adds. "In addition to opening up additional grant opportunities, it's just the right thing to do."
DEAR ABBY:

I am married to the love of my life. I can’t imagine being with anyone else. We have been together for 12 years. If it weren’t for the fact that he has been unfaithful, I would have no reason to be concerned. However, he has cheated on me many times in the past, and I feel like we have no trust between us now. He has been married before and has children from his first marriage. I have tried to discuss his infidelity with him, but he always says that he doesn’t understand why I feel this way. He has cheated on me for a long time. During his third affair, he had two kids with another woman. He doesn’t understand why I feel this way and why I insist on seeing his cellphone. The last time I was able to get ahold of it, he broke down the bathroom door trying to get it back. He threatens to move out, and if he does, that will be “the last I hear from him.” I would be relieved if he were to leave, but I don’t have anywhere to go. He has asked me several times why I won’t just accept what he says and just move on. I have nothing to accept. He has been unfaithful for so long, and I can’t imagine getting used to living with someone who doesn’t care about me. I feel like I’m living with a stranger.

Attached is a list of answers from the crossword puzzle. I hope you can use them.

Sincerely,

DEAR ABBY

DEAR ABBY:

I have been in a relationship with “Bob” for 12 years. My current partner is 12 years younger than I am and he was a baby when I was his age. He brings out the worst in me because he says it’s “not his responsibility.” I have always told him that he is carrying a torch for someone else. He has cheated on me for a long time. During his third affair, he had two kids with another woman. He doesn’t understand why I feel this way and why I insist on seeing his cellphone. The last time I was able to get ahold of it, he broke down the bathroom door trying to get it back. He threatens to move out, and if he does, that will be “the last I hear from him.” I would be relieved if he were to leave, but I don’t have anywhere to go. He has asked me several times why I won’t just accept what he says and just move on. I have nothing to accept. He has been unfaithful for so long, and I can’t imagine getting used to living with someone who doesn’t care about me. I feel like I’m living with a stranger.

A: Banned
B: Liquid
C: Unlimited
D: Governor
E: Horse
F: Nathan
G: Sweet
H: Burgundy
I: Cream
J: Broking

The “Flintstone Treasure” was popular in the 1960s, and the “Harry Potter and the Half-Blood Prince” is still popular.

Sincerely,

DEAR ABBY

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I have a problem with my boss. He brings out the worst in me because he says it’s “not his responsibility.” I have always told him that he is carrying a torch for someone else. He has cheated on me for a long time. During his third affair, he had two kids with another woman. He doesn’t understand why I feel this way and why I insist on seeing his cellphone. The last time I was able to get ahold of it, he broke down the bathroom door trying to get it back. He threatens to move out, and if he does, that will be “the last I hear from him.” I would be relieved if he were to leave, but I don’t have anywhere to go. He has asked me several times why I won’t just accept what he says and just move on. I have nothing to accept. He has been unfaithful for so long, and I can’t imagine getting used to living with someone who doesn’t care about me. I feel like I’m living with a stranger.

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Sincerely,
Tomato focaccia makes you think of Italian cafés

Tomatoes are our featured food this month and I have been making several dishes in the café that feature tomatoes. One dish in particular that I think our guests have enjoyed is the roasted tomato focaccia.

Focaccia is a flat, ev-en-baked Italian bread that is very popular in Italian cafés and is usually served with olive oil and a small amount of sea salt. It can be topped with whatever you might be tired of. We topped our focaccia with roasted garlic and grape tomatoes. Focaccia is a great way to roast your garlic with olive oil then remove it to the tomatoes and roasted the onions and tomatoes together until they had a blistered appearance. Once roasted, we removed them from the oven and let them cool on a sheet tray. After cooling, we strained them from the oil and saved the oil and used it in a variety of ways. We were able to use the focaccia. First, we broke the focaccia and the roasted garlic. I like to use a pastry brush to cover the focaccia evenly, but if you don’t have a pastry brush, a cake spatula will work. Sprinkle the focaccia evenly over the entire top of the focaccia, sprinkle a small amount of mozzarella cheese over the garlic, then over the focaccia with the roasted tomatoes and onions. Finally, roast the focaccia in the oven for 12 minutes at 350 degrees until golden brown. Cut them into four pieces and gu- rish them with some fresh parsley. I hope you enjoy this dish and share it with family and friends.

Last week, I got the opportunity to prepare some food on our local NBC news station and if you would like to see the segment go to wtxl.com and put mayer- less shrimp salad in the search engine.

Cheers, Chef

Tomato focaccia

1 lb of focaccia bread
1/4 lb of roasted garlic
1 cup of mozzarella cheese
1/2 cup of fresh chopped parsley
1 tbsp of olive oil

Preparation
1. Combine olive oil and garlic in a small baking dish, cover the garlic and store in the oil and roast in the oven at 350 for 12 minutes.
2. Remove the dish carefully and split the top of your hands.
3. Drain the oil and toss the tomatoes and onions with the oil and spread them onto a sheet pan only then place them in the oven and roast at 350 for 10 minutes or until the sides of the tomatoes are tender.
4. Place the garlic in your food processor and pulse until smooth.
5. Using a pastry brush brush the garlic over the top of the focaccia.
6. Sprinkle the mozzarella over the garlic followed by parsley and onions.
7. Place focaccia on a baking sheet and bake at 350 for 12 minutes.
8. Garnish with a few pine nuts and serve hot.

The Lake Placid Church of the Nazarene is offering mid-summer life group opportunities. The groups meet bi-weekly in the Lake Placid homes of hosts. Subject of study include “1 & 2 Thessalonians, is a series to young stars established in Volume and as Top Seller of the Month for the month. It was Lazaro Martinez who was named Top Lister of the Month, Super Sell of the Month and as Top Seller in Number of Units Closed.

The Lake Placid office also welcomed the newest members of the Lake Placid office of MidFlorida Real Estate was Lazaro Martinez who was named Top Lister of the Month, Super Sell of the month and Top Seller in Number of Units Closed. He was also honored for closing the Big Deal Residential Transaction for the Gold announced Monday that the 45-year-old entertainer will receive the 2014 SAG Life Achievement Award at the Screen Actors Guild Awards ceremony in January.

Carol Pederson as the newsmaker of the Week.

The award is the highest accolade Reynolds receives for her professional and humanitarian accomplishments. The award announced Monday that the 45-year-old entertainer will receive the 2014 SAG Life Achievement Award at the Screen Actors Guild Awards ceremony in January.

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Christmas is in the air at Woman's Club

SEBRING — Members of The Woman's Club of Sebring are busy working on patterns and dressing dolls. The Woman's Club is once again working on their annual project of making doll clothes for The Salvation Army.

The Salvation Army introduced dolls and the women of the Sebring Woman's Club makes doll clothes to dress the dolls and then, in November, the dolls are returned to The Salvation Army to be sold at Christmas time for needy children. This is a 30-year project of The Woman's Club of Sebring for more than 20 years and it is one of the most fulfilling projects of the club.

Non-members are welcome to join the group and work at their own pace or out on the doll sew off on December 2.

The club is at 4200 Lakeview Drive, across from Beechwood Baptist Church. For more information, call Lois Bechtold at 863-385-4436.

SEBRING — On Saturday, Dec. 13, the Village Seafood Restaurant in Sebring for more than 20 years and it is one of the most fulfilling projects of the club.

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**August**

- **Today (Wednesday)** — “Biggest Game of Showdown Ever” — evening with a acclaimed Wisconsin Drum Majorette, Valeria Roesler, she performs from 7 to 8 p.m. at Soldiers’ Field. 302 Civic Dr., Sebring, Fla. 33870. For more information, call The Rotary Club of Lake Placid at 803-385-5417.

  — The Rotary Club of Lake Placid recently learned more about a new-look Lake Placid High School head football coach, Jason Robinson, who moved here from Orlando.

  — Coach Robinson is a 2005 graduate of Weber University with a Business Administration degree in Sports Management. He brings to LPHS six years of head coach experience and one season of arena football experience.

  — Accompanying the new coach at the meeting were two leaders of the football team, seniors Foster Walker and Travis Wiggins.

  — Walker and Wiggins are also members of the Players’ Council, which serves as liaison between players and school staff.

  — Coach Robinson said he has been pleased with community and alumni support.

  — Summer practices have been very well attended, he said, and the team is ready for the home season opener against Celebration on Friday, Aug. 29.

**COMMUNITY CALENDAR**

- **Sept. 9** — The Clayton Foundation is proud to announce the release of a new-look “Lake Placid — ALIVE!” brochure. The book is available at The Clayton Foundation, 113 Main St. or online at www.lakeplacidal.com.

  — The Clayton Foundation is working on a new-look version of the 2015-2016 fiscal year. The new brochure will be submitted to the Office of the Secretary of State, which, among other things, will help the Foundation with the growth of the 2015 Legislatives and Arts in Culture during the 2015-2016 fiscal year. Just how much funding is currently available determines, from the top down, how much communities receive money.

  — The most applicable publications and the 2015 budget for 2015’s funding season will be made available to societv and friends in other communities.

  — Sanders said, “I hope evaluating so many fundraising options will mentally prepare me, thought and help me become a better grant writer.”

  — Sanders, a retired National Board Certified Teacher, is teaching principal of two middle schools, retired to Lake Placid from Sarasota.

**TOPS 632**

- **Lake Placid — TOPS Club**

  - TOPS Club meets every third Thursday of each month at the Lake Placid Community Center, 113 Main St. Weigh-in at 6, meeting at 6:30 p.m. for the week and $5 for the month. Cost is $6 per person. Call 863-699-3003.

## Clubs news snapshots

**Rotohans hear from new LPHS grid coach**

**Bee & Busie**

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**Surflink Mobile**

**Get the paper**

**delivered to you!**

**News-Sun** | **858-5151**

- **Vice chair Janet Mitchell called the meeting to order.**

  - President Mitchell called the meeting to order. Carolee Mitchell presented the song, “It’s Not Too Late.”

  - Roll call was given by Karen Goodwin, and the weight loss this week was impressive. The best loser of the week was Susan Caldwell. The no/lose for the coming week was candy, and the yes/yeses were blueberries and carrots. Janet Mitchell kept the weight week travel gift and must lose for the next three weeks to receive.

  - The program was given by David Mitchell from Orlando who presented “15 Suggestions for Weight Loss.” These included, “dream big, place motivational slogans in your home, use the ‘buddy system’ to stay on track, and find a role model you may use as a guide.”

  - Mitchell announced the summer workshop shop will be held on Aug. 23 at Whispering Pines Baptist Church, behind Home Depot.
LEGAL NOTICES

NOTICE UNDER PURCHASEM N NAME LAW

NOTICE IS HEREBY GIVEN that the undersigned, guarantee of the "Pleasent Name Guarantee," under Section 869.09 of the Florida Statutes, is the assignee of the interest of the Clerk of the Circuit Court in and for Highlands County, Florida, upon receipt of proof of purchase and payment of the purchase price, to sell the following interest, to wit:...
The following described property as set forth in the Public Records of Highlands County, Florida

NOTICE OF APPLICATION  

WILLIAM K. FISCHER, the holder of the following certificate has filed said certificates for a transfer of title to the State of Florida. Unless said certificate is redeemed according to law at the office of the Clerk of the Public Records of Highlands County, Florida, at the Jury Assembly Room, basement of the Highlands County Courthouse located at 700 East Abraham Avenue, Sebring, Florida on this 29th day of August, 2014.

The date of the lis pendens, must file the Judicial Order of Sale. Pursuant to Florida Statutes at 10:00 A.M., or thereafter on 10th day of August, 2014.

A anyone claiming an interest in the following described property is hereby given notice to file a claim in the circuit court prior to the sale.

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If you have a chance to prove yourself, T-s., ae-.

No 1 a E, w n w g.

We need people who really care about their community.

On-line Applications www.avonparkha.org
SYLIV SHORES

2010 ANNOUNCEMENTS


ADVERTISE IN OVER 100 PAPERS Throughout Florida for Home, Lawn, Home, Service businesses & more. Contact us for more info. Call (863)723-3737 or www.florida-classifieds.com.