15 former APPD officers now sheriff’s deputies

By CHRISTOPHER TUFFLEY christopher.tuffley@newssun.com AVON PARK — With the Police Benevolent Association’s 90-day waiting period over, 15 former Avon Park Police Department officers have become deputy sheriffs during a 9 a.m. swearing-in ceremony today at the Highlands County Courthouse.

The 90-day contracted training period ensured every individual had an opportunity to settle position issues before officially leaving the city’s employ.

Now the way is clear to move ahead. The Highlands County Sheriff’s office took over law enforcement in Avon Park, officially Oct. 1. Sheriff Susan Benton is officiating the ceremony.

“I would like to thank the officers and the city council of Avon Park for their visionary steps to merge law enforcement services,” Benton said Thursday. “I am honored to be part of this venture.”

“We are holding a special See OFFICERS, page 3A

Get scared out of your wits

The dogs and cats dare you

By CHRISTOPHER TUFFLEY christopher.tuffley@newssun.com SEBRING — For those who like to get scared, — and love being free to scream with abandon while the hairs stand up on the back of their necks and their hearts pound wildly — the Humane Society of Highlands County has a real treat in store.

Starting this Friday the fifth annual Terror Trail is open every Friday and Saturday throughout the month of October. The event is the Society’s major fundraiser. It survives on donations alone.

Cause no mistake, the Terror Trail. See TERROR, page 3A

HSSCO: Scammers posing as Microsoft reps

A number of people have been contacted by one of the Microsoft headquarters phone with bogus threats that their computer and any personal caller control of the victim’s computer and enter a sequence of keystrokes. This action could possibly give the caller control of the victim’s computer and any personal information contained in it.

Microsoft headquarters was contacted by one of the victims and they confirmed this is a scam to hook into their computer. The HCSO would like to remind everyone to never follow instructions from any computer or on your phone when you have received a call from someone you do not know and do not “fix” anything on your computer unless you initiated the call. If you have been contacted by someone as described above and you have followed their instructions, the HCSO recommends that you contact at least one of the those credit reporting companies and verify that your identity has not been stolen.

The numbers for those companies are as follows: Experian: 1-800-305-3742, Trans Union: 1-800-680-9012, Equifax: 1-800-688-1111.

For more information on identity theft, go to the HCSO website, www.highlandsheriff.org, and click on Community Relations, then Community Awareness. Links are also available on the HCSO Facebook page to find identity theft’s information and reporting tools.

Contact the Crime Prevention Unit at 402-7369.
Special to the News-Sun
LAKE PLACID — The American Cancer Society’s Relay For Life is preparing for the 2013 event, which begins at 5 p.m. on Oct. 6 at the High School football field. This annual fundraising event is a way to involve the entire community in a day of fun and remembrance. It all begins with a kickoff party at 10:30 at the Holiday Inn Express in Lake Placid.

Some members of our community recently attended a summit conference in Orlando to get the latest information about cancer research and about how Relay For Life can help those who are dealing with this disease. There is also a special time to remember those who lost their battles, and this is an opportunity to honor the survivors in our community, and hopefully includes special moments to remember those.

The theme for the 2013 Lake Placid Relay For Life is “Passport to a Cure,” and this is done with a humanitarian core that has plenty of food, games and activities to entertain all types of people.

Each Relay For Life event has a theme every year. This year’s theme revolves around Lake Placid. In Lake Placid, the theme for 2013 is “Passport to a Cure,” and this is the emphasis on their campaign against the country they select.

Many now and raining teams have already signed up, but my teams need to do the make the event a success and the kickoff party is an opportunity for everyone to learn about Relay For Life.

For more information, please contact Ginger Keimel at 865-465-7930, or the American Cancer Society at 1-800-227-2349.

Sebring walking tour available Special to the News-Sun
SEBRING — The Sebring Community Redevelopment Agency (CRA) is pleased to announce the release of the new Historic Walking Tour of Downtown Sebring brochure. The brochure, which was done in partnership with the Highlands County Preservation Commission, the CRA and the Highlands County Convention and Visitors Bureau, highlights the City on a Unique collection of historic buildings for residents and visitors to enjoy.

The brochure features 19 historic buildings and information about their history, a map of where they are and how they are being used today. In addition, it includes information about monthly and annual events that occur in or near the Downtown Sebring CRA district.

These free brochures can be picked up at the CRA office (inside City Hall, 365 S. Commerce Ave.), the Greater Sebring Chamber of Commerce, the Highlands County Genealogy Society office (across from Government Center on S. Commerce Avenue), at various merchant offices (both the Chamber of Commerce offices (both the downtown and highways location), the CRA office (across from Government Center on S. Commerce Avenue), and at Sebring's Visitor's Information Center.

The Sebring community is being highlighted in a new self-guided walking tour map which will be available beginning Oct. 1. The tour meets at 2 p.m. Thursday in the meeting room at the Highlands County Genealogy Society office (across from Government Center on S. Commerce Avenue). Everyone is welcome.

The tour includes the Sebring CRA district and includes a new self-guided walking tour map which will be available beginning Oct. 1. The tour meets at 2 p.m. Thursday in the meeting room at the Highlands County Genealogy Society office (across from Government Center on S. Commerce Avenue). Everyone is welcome.

The guest speaker will be Bonnie Schambach, a writer from Sebring who has been published by Putnam/Tribe Press. She will share her experiences in putting together her book, “Dixie’s Blackhawks and the Panthers,” a decades-long collection of wonderful illustrations that’s perfect for holiday gift-giving.

Call Barbara Beckwith at 402-5818.

DeSoto City VFD holding annual meeting Special to the News-Sun
SEBRING — DeSoto City Volunteer Fire Department will hold its annual meeting at 7 p.m. on Oct. 3 at 6800 George Bird West.

Moose Riders meet Thursday Special to the News-Sun
SEBRING — Lodge 2599 Moose Riders will ride Thursday, leaving the lodge at 11 a.m. A fresh fish or baked chicken wings basket will be offered from 5-7 p.m. Contact the lodge at 445-0911 or visit the lodge office.

Avon Park High School students (from left) Zack Farr, Casey Starling, Haley Richardson, Hannah Farr, Emily Johns, Juliana Jackson, Roxanne Gourdard, Madison New and Breah Whipple display their certificates.

Special to the News-Sun
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Florida’s pension fund underfunded by $19.2 billion

By GARY FINDERT
Associated Press
TALLAHASSEE — Florida’s massive retirement fund now sits with a $19.2 billion gap – the largest in the nation – between how much money it has and the amount of money it needs to cover current and future benefits.

The new numbers from the Florida State Treasury show that the Florida Retirement System — home to some 1.7 million current and retired public employees — is now underfunded by 13.1 percent. That’s an increase of $3.2 billion since last year, and a continuation of the trend that started a half-decade ago.

Over the last year, overall pension fund is worth nearly $128 billion. The size of the gap within a region considered healthy by many financial experts, but it could still be a political debate in the Florida Legislature.

Gov. Rick Scott has complained about the long-term health of the pension plan and has been pushing the Florida Legislature to overestimate the amount it expects to earn from investments. Florida officials pushed in 2011 to require public employees to pay an additional 1 percent of their salaries to cover part of their pension costs but that money is not being used to help make up the gap. Unions challenged the three-year plan and the state Supreme Court agreed.

Then the newer pension plan was prepared that included the Millennials and presented to a group of state economists.

“The numbers could change now and in the future,” said the report’s author. The state may decide to change the assumptions underlying the one-year plan. The Florida’s pension fund already includes the state may need to adjust those expectations on how much it expects to make off investments in the coming year.

Arkansas, according to the economists, can sustain it. Florida officials decreased their investment targets. But if the state were to do that, the state expects to make $1.2 billion over last year.

The state now assumes that it will earn 7.75 percent on its investments in order to pay off its pension plan obligations. The state has not consistently met those expectations as its investment opportunities have been limited.

The state’s new plan includes the state may need to adjust those expectations on how much it expects off investments in the coming year.

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If you are like us, the last several weeks probably have you thinking the hurricane has broken.

The newsroom has windows.

We know how often we’ve read articles on how to paint against the glass line-

It’s not going to last very long.

Actually it doesn’t rain every day in Plymouth, Florida,

It does so only rarely in the spot two days.

In other words, we read about the outside that Highlands County we still need to continue doing our part.

SWFWMD divides the state into three regions, in northern, central, and southern Florida.

Now, despite the fact that we are not fortunate.

But we have always gotten our way, to have at least here in Highlands County.

We must continue do to this, since we are not dependent.

But at least this is the only amount.

The newsroom gets worldwide updates from the Southwest Florida Water Management District and from the water levels and the amount of rainfall.

The SWFWMD sends a summary of the four preceding weeks.

The newsroom gives weekly updates from the Southeast Florida Water Management District.

We have had more than 2.5 inches in August, more than 10 inches, more than 26 inches.

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The newsroom gets worldwide updates from the Southwest Florida Water Management District.
Continued from page 2A

“Speakingtruth” event from 6-9 p.m. Friday and Saturday, Oct. 19-20. There will be plenty of free candy, games, prizes, a cake walk and a family friendly haunted house. Concessions will be sold and costumes are optional.

Proceeds go to benefit a scholarship foundation for underprivileged youth and families in the community. Call 582-6622.

Cancer survivors rally to support American Cancer Society

SEBRING — The American Cancer Society invites individuals who want to honor cancer survivors (any age), caregivers or those who have lost their battle with cancer to join in Relay For Life, to a kickoff rally at 5 p.m. Sunday. In 1985, Relay For Life began with one man who walked and ran around a track for 24 hours raising $27,700.

The rally will be at Sebring Christian Church, 4514 Hammock Road. To join a Relay For Life in your community, call (800) ACS-2345, available 24 hours a day, seven days a week or visit www.relayforlife.org.

The American Cancer Society Relay For Life event is the largest weekend-long event. In conjunction with the city of Sebring celebrating its 100th birthday this year, the Relay for Life will feature a show of vintage motorcycles.

The rally will be held at the Newcomer Center on May 9. For more information, call 582-5467.

run relay for life Sebring Florida

Run to the Heartland begins Friday

SEBRING — The sixth annual Run to the Heartland is set to begin Friday, honoring 100 years of Sebring with a cruise of motorcycle-clinging. This free three-day motorcycle event in Historic Downtown Sebring will feature the largest Bike Show, Vintage Bike Ride, 100-Mile Motorcycle Run to the Heartland and service. This free three-day motorcycle event in Historic Downtown Sebring will feature the largest Bike Show, Vintage Bike Ride, 100-Mile Motorcycle Run to the Heartland and service. Run to the Heartland kicks will be held this weekend. Oct. 5-7 in Historic Downtown Sebring.

A number of local musicians, as well as non-local acts, will perform throughout the weekend. The family friendly weekend will also wrap up Sunday evening following the Christian Motorcycle Association breakfast and wor- ship service on the Circle. Breakfast begins at 9 a.m. fol- lowed by service.

Run to the Heartland is a fun event and open to the pub- lic. For more information contact Todd at 581-6647.
Approximately 300 residents and students helped South Florida State College celebrate its new name and expand its campus. Wednesday afternoon at the SFSC Open House Celebration on the Highlands Campus. The program began with the raising of the new SFSC flag and the dedication of a time capsule on the mural circle. Afterwards, the festivities continued with music, food, and other activities in the Catherine P. Cornelius Student Services and Classroom Complex. Here, Dr. Vernon L. Stephens, Jr., SFSC president, encouraged the crowd to save the miniature SFSC flags they received in preparation for the raising of the new SFSC flag. The flag represents South Florida State College’s expansion to a new campus in Homestead and its move to offer its own four-year bachelor’s degrees. This fall, SFSC launched its first bachelor’s program – the Bachelor of Applied Science degree in Supervision and Management (BAS-SM).

Celebrating a bright future

American Airlines inspecting jets for loose seats

"Out of an abundance of caution, American has decided to proactively re-inspect eight 757s today that could possibly have this same issue," said Andrea Haguay, American Airlines spokesperson.

The incidents involved separate repair facilities and groups of American Airlines and contract workers, Haguy said. American airline engineers, crew chiefs and inspectors from its maintenance base in Tulsa, Okla., to New York to examine the planes, she said. American had 124 Boeing 757s, as of December. The eight being inspected use a similar seat assembly, officials said.

The 757s that American operates in the United States have 22 first-class seats and 196 in economy. Airlines and government officials discouraged speculation that the incidents could be related to labor-management tension at American, which is cutting labor costs and laying off maintenance workers as it tries to turn around under bankruptcy protection.

Last week American accused some pilots of conducting an illegal work slowdown that has led to a spike in delays and canceled flights. The airline threatened to take the pilots’ flight-crew reserve.

On Monday, American continued to have more cancellations and delays than many of the airline’s rivals, according to tracking service FlightStats.com. But American’s 17 cancellations and 63 percent on-time rate for arrivals were better than many of the airline’s performances in September. The delays and cancellations have annoyed passen-gers, but even the hint of mechanical issues could frighten them away and even threaten American’s existence, experts said.

"These things can kill an airline," said George Hobica, founder of travel website airlinewatch.com. "With a delay or cancellation, you’re sitting on the ground. (With loose seats) of the plane hits turbulence, people get flying."

Benny Harteveldt, a travel industry analyst in San Francisco, said that if travelers perceive maintenance issues to be lax, “passengers will start booking away from American Airlines in droves. This is a very serious issue.”

FAA officials said they have stepped up scrutiny of American Airlines planes in the last three days to determine if the plane hits turbulence, people get flying.

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NOTICE TO CREDITORS

IN THE CIRCUIT COURT
CASE NO. 11-508GCS

IN THE CIRCUIT COURT
CASE NO. 11-692GCS

IN THE CIRCUIT COURT
CASE NO. 11-61007GCS

IN THE CIRCUIT COURT
CASE NO. 11-70029GCS

IN THE CIRCUIT COURT
CASE NO. 10-63515

IN THE CIRCUIT COURT
CASE NO. 10-90086GCS

The above-named Defendants,

vs.

PETITIONER/HUSBAND,

Plaintiff,

vs.

DEFENDANT/DEFENDANTS,

NOTWITHSTANDING ANY OTHER APPLICABLE PROVISIONS OF THE FLORIDA FAMILY LAW CODE, YOU ARE NOTIFIED THAT AN AMENDED NOTICE OF FORECLOSURE SALE, HAVING BEEN FILED IN THE CIRCUIT COURT OF THE COUNTY WHERE THE PROPERTY IS SITUS, WITH THE DATE OF FIRST PUBLICATION OF THIS NOTICE BEING OCTOBER 18, 2012, PURSUANT TO A FINAL JUDGMENT DATED AUGUST 6, 2012, CONTAINING A LANGUAGE AUTHORIZING THE COURT OF ITS OWN INITIATIVE TO DOcket AND RESCHEDULE SALES IN THE EVENT THAT NO BIDDER IS PRESENT AT THE TIME SCHEDULED FOR THE SALE.

Therefore, a RESCHEDULED NOTICE OF FORECLOSURE SALE IS HEREBY ANNOUNCED FOR NOVEMBER 15, 2012, AT 11:00 A.M. AT THE JURY ASSEMBLY ROOM, 430 S. COMMERCE AVENUE, SEBRING, FLORIDA 33876.

If you are a person with a disability who needs any assistance in participating in these proceedings, including those who are hearing or voice impaired, call 385-6155.

FOR MORE INFORMATION OR A COPY OF THE FINAL JUDGMENT, CALL 385-6155.

You are hereby notified that an ORDER OF SUMMONS has been filed against you and that you are required to appear on November 15, 2012, at 11:00 A.M. at the in the Jury Assembly Room, 430 S. Commerce Avenue, Sebring, Florida 33876.

ANSWEER: The date of first publication of this Notice is October 18, 2012.

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NOTICE OF APPLICATION

MISTY BLACKBURN, Deputy Clerk
Clerk of the Circuit Court of Highlands County, Florida

Page 1

NOTICE  IS HEREBY GIVEN, that COUNTY OF HIGHLANDS, State of Florida. Unless said certificate shall be redeemed according to law the property described in such certificate shall be sold to the highest bidder at Highlands County Government Center in the Board of County Commissioners.

Certificate No.: 12812
Description of Property:
LOT 8, BLOCK 15, PLACID LAKES SECTION 19, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT 1055, PAGE 14, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.
Name in which assessed:
ROBERT W. GERMAINE

Certificate No.: 12818
Description of Property:
LOT 351 SEBRING RIDGE, SECTION E, ACCORDING TO ROBERT W. GERMAINE
CORDS OF HIGHLANDS COUNTY, FLORIDA.
Name in which assessed:
JEAN CHALNAVE FONTUS; VIRGEMENE S. JOASSAINT;

Certificate No.: 12880
Description of Property:
LOT 451 SEBRING RIDGE, SECTION E, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT 1055, PAGE 14, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.
Name in which assessed:
MISTY BLACKBURN

Certificate No.: 7510
Description of Property:
LOT 11, BLOCK 5, SEBRING RIDGE SECTION G, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT 1055, PAGE 28, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.
Name in which assessed:
SANDY PARKER, Deputy Clerk

Dated this 5th day of September, 2012.

MISTY BLACKBURN, Deputy Clerk
Clerk of the Circuit Court of Highlands County, Florida

Page 2

NOTICE OF APPLICATION

MISTY BLACKBURN, Deputy Clerk
Clerk of the Circuit Court of Highlands County, Florida

Certificate No.: 12880
Description of Property:
LOT 19, BLOCK 75, PLACID LAKES SECTION 19, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT 1055, PAGE 14, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.
Name in which assessed:
R. L. DUNCAN

Certificate No.: 12818
Description of Property:
LOT 10, BLOCK 10, MISTY RIDGE SECTION 14, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT 1055, PAGE 14, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.
Name in which assessed:
JEAN CHALNAVE FONTUS; VIRGEMENE S. JOASSAINT;

Certificate No.: 12812
Description of Property:
LOT 8, BLOCK 15, PLACID LAKES SECTION 19, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT 1055, PAGE 14, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.
Name in which assessed:
MISTY BLACKBURN

Certificate No.: 7510
Description of Property:
LOT 11, BLOCK 5, SEBRING RIDGE SECTION G, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT 1055, PAGE 28, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY, FLORIDA.
Name in which assessed:
SANDY PARKER, Deputy Clerk

Dated this 5th day of September, 2012.

MISTY BLACKBURN, Deputy Clerk
Clerk of the Circuit Court of Highlands County, Florida

Page 3
NOTICE IS HEREBY GIVEN, that COUNTY OF HIGHLANDS, STATE OF FLORIDA, has caused a certificate of assessment to be filed by the holder of the following certificate has filed said certificate in the office of the Clerk of the Circuit Court of Highlands County, Florida, for the purpose of perfecting a tax deed to be issued thereon. The certificate is numbered and year of issuance, the description of the property, and the names in which it was assessed is as follows:

**EMMA HAVIARAS**

**Name in which assessed:**

**LOT 56, BLOCK 309, PLACID LAKES SECTION 20, SUB OF CORDED IN PLAT BOOK 10, PAGE 38, OF THE PUBLIC RECORDS OF HIGHLANDS COUNTY FLORIDA.**

**Description of Property:**

**Tax ID: C-14-37-29-201-3090-0560**

**Year of Issuance: 05-22-2009**

**Certificate No.: 13035**

The holder of the above certificate has filed said certificate in the office of the Clerk of the Circuit Court of Highlands County, Florida, on the 5th day of September, 2012.

**Dated this 5th day of September, 2012.**

**Clerk of the Circuit Court of Highlands County, Florida**

**ROBERT W. GERMAINE**

**Signature:** /s/ Misty Blackburn

Clerk of the Circuit Court of Highlands County, Florida

Dated this 5th day of September, 2012.
The Perfect Storm: A Life's Journey

Sometimes we find ourselves walking down a path in life we never expected to walk.

Faced with a life-threatening brain infection, Kelly Nelson found herself traveling just such a path; fortunately, she was not traveling alone.

On Sunday, October 7th, at 6:00pm at Avon Park Lakes Baptist Church
Join Kelly Nelson and her family as they tell the story of God's faithfulness through what was seemingly the perfect storm.
Devs get past Gladiators

By DAN HORNKE
daniel.hoehne@newssun.com

The nearly seven-hour round trip was worth it Saturday night as Avon Park won for the first time since Nov. 10, 1999. The 20-0 win at Hialeah Garrard helped the Redskins get off to a good start and into gear.

But taking their talents toward South Beach was just the ticket to kick things into gear.

The Devil set the pace with a 90-yard drive, scoring on a 20-yard run by the one-yard line in the second, and Eliot Brassell took a pass from Ryan by 11 carries, and got on the board.

The defense, a solid watt force throughout the season, kept making plays with a two-yard stop and recovery fumbles and Cassadaga's time of 26:04 left just one.

It was a really tough one, but despite the really hot weather, we all pushed on and we came out of the game strong with a 20-0 win. But it turned out to be a really tough one, and despite the really hot weather, we all pushed on and came out of the game strong with a 20-0 win.

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**Champions League Soccer**

**Wednesday**

<table>
<thead>
<tr>
<th>Time</th>
<th>Match</th>
<th>Score</th>
<th>Team 1</th>
<th>Team 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>3:00 p.m.</td>
<td>Arsenal vs. <strong>BRUSSELS</strong></td>
<td><strong>6-2</strong></td>
<td>Arsenal</td>
<td>Brussels</td>
</tr>
</tbody>
</table>

**College Football**

<table>
<thead>
<tr>
<th>City</th>
<th>Score</th>
<th>Team 1</th>
<th>Team 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>USC, L.A.</td>
<td><strong>13-3</strong></td>
<td>USC</td>
<td>Arizona State</td>
</tr>
</tbody>
</table>

**Golf**

**Thursday**

<table>
<thead>
<tr>
<th>Time</th>
<th>Tournament</th>
<th>Score</th>
<th>Club</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 a.m.</td>
<td>Tournament</td>
<td><strong>69-33</strong></td>
<td>Woodbridge Club</td>
</tr>
</tbody>
</table>

**Major League Baseball**

**Wednesday**

Baltimore Orioles vs. Texas Rangers

<table>
<thead>
<tr>
<th>Time</th>
<th>Match</th>
<th>Score</th>
<th>Team 1</th>
<th>Team 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 p.m.</td>
<td>Baltimore vs. Texas</td>
<td><strong>12-7</strong></td>
<td>Baltimore</td>
<td>Texas</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Time</th>
<th>Match</th>
<th>Score</th>
<th>Team 1</th>
<th>Team 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 p.m.</td>
<td>Detroit vs. Minnesota</td>
<td><strong>7-5</strong></td>
<td>Detroit</td>
<td>Minnesota</td>
</tr>
</tbody>
</table>

**WNBA Playoffs**

**Thursday**

<table>
<thead>
<tr>
<th>Time</th>
<th>Match</th>
<th>Score</th>
<th>Team 1</th>
<th>Team 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 p.m.</td>
<td>Chicago vs. Atlanta</td>
<td><strong>76-62</strong></td>
<td>Chicago</td>
<td>Atlanta</td>
</tr>
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</table>

**National Football League**

**Tuesday**

<table>
<thead>
<tr>
<th>Time</th>
<th>Match</th>
<th>Score</th>
<th>Team 1</th>
<th>Team 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 p.m.</td>
<td>Green Bay vs. Indianapolis</td>
<td><strong>28-10</strong></td>
<td>Green Bay</td>
<td>Indianapolis</td>
</tr>
</tbody>
</table>

**Wednesday**

<table>
<thead>
<tr>
<th>Time</th>
<th>Match</th>
<th>Score</th>
<th>Team 1</th>
<th>Team 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 p.m.</td>
<td>Chicago vs. New York</td>
<td><strong>22-3</strong></td>
<td>Chicago</td>
<td>New York</td>
</tr>
</tbody>
</table>

**Thursday**

<table>
<thead>
<tr>
<th>Time</th>
<th>Match</th>
<th>Score</th>
<th>Team 1</th>
<th>Team 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 p.m.</td>
<td>New England vs. Buffalo</td>
<td><strong>34-14</strong></td>
<td>New England</td>
<td>Buffalo</td>
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</tbody>
</table>

**Friday**

<table>
<thead>
<tr>
<th>Time</th>
<th>Match</th>
<th>Score</th>
<th>Team 1</th>
<th>Team 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 p.m.</td>
<td>San Diego vs. Kansas City</td>
<td><strong>20-10</strong></td>
<td>San Diego</td>
<td>Kansas City</td>
</tr>
</tbody>
</table>

**Saturday**

<table>
<thead>
<tr>
<th>Time</th>
<th>Match</th>
<th>Score</th>
<th>Team 1</th>
<th>Team 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 p.m.</td>
<td>Chicago vs. New York</td>
<td><strong>17-10</strong></td>
<td>Chicago</td>
<td>New York</td>
</tr>
</tbody>
</table>

**Sunday**

<table>
<thead>
<tr>
<th>Time</th>
<th>Match</th>
<th>Score</th>
<th>Team 1</th>
<th>Team 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 p.m.</td>
<td>New England vs. Buffalo</td>
<td><strong>29-10</strong></td>
<td>New England</td>
<td>Buffalo</td>
</tr>
</tbody>
</table>

**SUNDAY**

**Sports Snapshots**

**Karma at YMCA**

SERRING – The Highlands County YMCA would like to welcome our new Executive Director, Mr. Jerry Weir, who is bringing authentic traditional values to the YMCA as of Tuesday, Sept. 11.

Mr. Weir has offered family martial arts training at the YMCA and classes will be offered for kids and adults on Thursdays and for both adults and children.

This is a great activity to enjoy as a family, especially if you kick together sticks together.

Mr. Weir is the highest ranked authentic black-belt master instructor in Highlands County.

Master Weir has been teaching and training in Highlands County for over 24 years and has trained many state, national and international martial artists.

If you are interested in learning from that time to the next, you can also offer a free martial arts karate class at the YMCA every Thursday.

The fee thereafter is only $50 per month for YMCA members and $60 per month for non-members.

Contact the YMCA for more information and questions at 321-962-6122.

**Franco induction**

AVON PARK – It’s still a ways off, but at least there are some open doors to open in Jose Franco’s induction into the Florida Acrobatic Coaches Association Hall of Fame.

Tickets are not available at the door.

The 37th FACA Hall of Fame induction ceremony will be on Saturday, Jan. 12, 2013 at the Hilton Daytona Beach Oceanfront Resort, beginning with a 6 p.m. social hour.

The induction and ceremony are open to all and the $100 tickets are $95 each purchased prior to Friday, Dec. 21.

Tickets are not mailed, but held at the door for pick up.

Hotel reservations are available at $90 per night per room, if so desired, by calling the FACA Group rate.

The Hall of Fame is the highest honor given by the FACA.

The committee is looking to recognize FACA members for years of coaching, teaching and giving back, for dedication to the FACA and for outstanding coaching accomplishments.

Don’t miss out on seeing one of Highlands County’s own honored with this great honor.

**Pleasure going on at YMCA**

SERRING – The Highlands County YMCA is pleased to announce the return of family martial arts classes and helmets for ages 5-12 in good working condition as a benefit for local martial arts classes.

As questions may arise, please contact the YMCA.

Signs for September swim lessons are under way, with classes having already started.

The YMCA has partnered with the Champion for Children Foundation to offer Free Drowning Prevention classes every Saturday morning from 9 a.m. to 10 p.m. – this class is for both children and adults.

The number one cause of death, in children under 15, is drowning, so be sure to take advantage of this new program.

Pre registration required.

Contact 386-254-8200 – Please request the number one cause of death, in children under 15, is drowning, so be sure to take advantage of this new program.

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Pre registration required.
The defending Super Bowl champions are the next team to visit Cowboys Stadium, on Oct. 29.

"I know it’s the same makeup of the team. Same personnel," Jones said. "We’ve seen this team play well and we can play a lot better. We have a lot of work to do." Chicago scored first on Robbie Gould’s 43-yard field goal with just over 4 minutes left in the first half. Those plays lasted. Romo threw a ball right at Tillman when intended receiver Dez Bryant kept running down the field instead of cutting toward the sideline. “We were just seeing how the corner played," Cowboys coach Jason Garrett said. "Tony saw it one way. Dez saw it another way." The Dallas owner Jerry Jones, who saw this team play well against the Bears.

Lance Briggs returns an interception 75 yards for a touchdown against the Cowboys in Monday night’s win for the Bears.

By STEPHEN HAWKINS Associated Press

ARLINGTON, Texas — Charles Tillman was hit from behind by Henry Melton. The ball popped forward into the hands of Briggs.

"Just extending play by our defense," Briggs said. "You guys didn’t know he could run that fast. He was very fast. His was better. He picked a couple of people. His was longer, so by far I think he had the play of the game," Tillman said. "Morse was simple all morning. His was exciting." Briggs’ interception came in a wild, two-play exchange of turnovers midway through the third quarter, and put the Bears up 24-7. The first fumble of the season for Chicago (3-1) came when Jay Cutler was sacks twice and intercepted by Tillman and Briggs, who are among the five 30-something starters on Chicago’s defense, came in a 34-18 win over the Cowboys, who had only 41 rushing yards rushing.

Brandon Marshall, who had four catches for 219 yards.

A 34-yard TD pass to Devin Hester, who sprinted by three veteran refs, came in a 34-18 win over the Cowboys. The Bears ran only two plays.

Romo was picked off again when the Bears. Lance Briggs had to go three times farther and sidestep a few men on the air to Briggs. In Dallas, the Cowboys (2-2) are a .500 team. Same personnel," Jones said. "We were just seeing how the corner played," Cowboys coach Jason Garrett said. "Tony saw it one way. Dez saw it another way." The ball popped forward into the hands of Briggs.

"We're going to seem like for- ward DeMarco Murray said. "We're going to be very long," running back DeMarco Murray said. "This has to be a wakeup call for us. I don't say that noncha-

The interception returns by Briggs, who now head into the season by winning at the bye" and a chance to reassess however, called it a "timely
turnovers. We want to get after the pass. We want to shut down the run." The Bears did all of that against the Cowboys, who had only 41 yards rushing. Murray had 151 yards rushing in the Cowboys’ season-opening victory at the Giants. He has only 106 in the last three games, including 24 in 11 carries Monday night with an 11-yard run. NOTES: Chicago is 4-2 in Monday night games under Smith ... When the Cowboys got the ball in the final 3 minutes, Kyle Orton got his first action since he signed a free-agent deal during the offseason to be Rome’s backup. The veteran quarterback was 9 of 10 passing for 89 yards with a 4-yard TD to Witten in the final minute. ... Wright had two picks after returning intercept-

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Lance Briggs returns an interception 75 yards for a touchdown against the Cowboys in Monday night’s win for the Bears.
Optimism Is Better

Follow-up to runner-up season a tough one for Edwards

By Mark DeSantis

NASCAR Press Pass

The driver of the No. 55 Nationwide Insurance Toyota has been looking forward to this point of the season since the end of last year. Carl Edwards is hoping that his strong finish in 2012 will help him make his first appearance in the Chase for the Sprint Cup Championship.

The 2011 season was Edwards’ best in terms of points, finishing fourth in the Sprint Cup standings. He was able to make the Chase and reach the Championship Series.

This year, he will be looking to improve on his performance and make another run at the title. He has been working hard all season long to get his car to the front of the pack.

Edwards is one of the drivers who has been working hard on his car throughout the season. He has been testing new equipment and making changes to his car to get it to the front of the pack.

When asked about his expectations for this season, Edwards said, “I know we have a lot of work to do, but I’m confident that we can make some gains and be competitive.”

He is looking forward to competing in the Chase for the Sprint Cup Championship and hopes to make a run at the title this season.

“Every year, I’m excited about the Chase,” Edwards said. “It’s always a great way to finish the season.”

Edwards has a lot of experience in the Chase, having made the Championship Series in 2011. He is looking forward to the opportunity to compete against some of the best drivers in the sport.

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“Every year, I’m excited about the Chase,” Edwards said. “It’s always a great way to finish the season.”

Edwards is one of the drivers who has been working hard on his car throughout the season. He has been testing new equipment and making changes to his car to get it to the front of the pack.
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Universal Center of Natural Martial Arts

Continued from 1B
second half to pave the way to the 39-0 final score over the Streaks.

It was back to work off of the press box in the second half, and it was a bad
time to be in the box. Williams turned it into a “pick six” to
make it a 39-0 game.

On the Bulldogs next drive, Edrick Lockett would later
make it a 39-0 game.

Hilliard would score again

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The Junior Bulldogs got on

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Applegate putting on pink for a good cause

By SAMANTHA CRITCHELL
AP Fashion Writer

NEW YORK — Christina Applegate says she hopes a few flashes of hot pink might turn heads.

Pink isn’t her color, she says, but to help raise money during Breast Cancer Awareness month for her Right Action for Women charity, she’ll wear — with pleasure — the sneakers, headbands and jog bra that sportswear brand ASICS has made as fundraising items in a special-edition partnership.

The items are on sale through Oct. 31.

She jokes, though, that she really doesn’t need the bra anymore. Applegate, 40, was diagnosed with breast cancer at age 36 and underwent a double mastectomy.

She is particularly interested in attracting attention for the breast-cancer cause among younger women and those who, fortunately, seem unlikely to be diagnosed.

Right Action is a charitable services fund of the Entertainment Industry Foundation. ASICS has promised a minimum donation of $75,000, up to $100,000.

Associated Press: Do you wear pink?

Applegate: Not so much. It’s not that I don’t support the pink. It usually washes me out, but it looks beautiful on other people. For the sake of our conversation, I love what they’re doing with ASICS. It’s all limited edition, and you know it’s helping people. Every time you look at a pair of shoes or a jog top, you’ll know you’re creating awareness and conversation, especially with the bright pink, people will ask, ‘Why are you wearing bright pink?’

AP: Do you need running sneakers in your closet?

Applegate: I am an exerciser. It’s an imperative part of our health — it’s not just physical, but also mental and holistic. It keeps you healthy and strong and reduces the risks of various illnesses. ... I’m a spinner, and I have a trainer for cardio. I don’t run anymore because I have a little injury in my back, but I used to love to run.

AP: Why does breast cancer, as a cause, get so much attention?

Applegate: It really is a community. It doesn’t matter what time of night it is, there’s someone there for you. ... It’s our female-hood. Men get breast cancer so you can’t exclude them, but when you’re dealing with so many women, you can’t ignore it. It’s why some rally for each other and with each other.

Applegate putting on pink for a good cause

Applegate

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LAKE PLACID — The Sunday afternoon movie, “The Bucket List,” was shown in the clubhouse at 3 p.m. on Sept. 23. The main actors in the movie were Jack Nicholson and Morgan Freeman. The Nu-Hope Ladies showed another great movie and the audience enjoyed it as well as the desserts and coffee. So what do you have on your Bucket List? (The money donated will go to the medical fund for George and Jodi).

Monday morning coffee Sept. 24 was made and hosted by Rick and Brenda Knoche. Luetta Kiger was the emcee. Our Sunshine person, Carol Noel, announced that a past resident of the park, Shirley Hurlbut, is in the hospital and would appreciate visitors. Another winter resident has returned, Marilyn Kuchni. Thank you everyone for coming to the movie on Sunday and thank you again for your donations. The sunny weather we had for the Sunday movie was the first since we’ve been showing films. It was truly a beautiful second day of summer. Ann Hogan reminded everyone that the pancake breakfast is Saturday morning, Oct. 6. Bring all your own utensils and an appetite.

Dee Ziegler wants all the pool exercisers to know that beginning Monday, Oct. 1, the class will resume its winter schedule. We will be exercis- ing three days a week, Monday, Wednesday and Friday. The time will be 10:30 a.m. for pool walking and 11 a.m. for noodle exercises. Since the days are turning cooler, exercises will not be held when the temperature is below 75 degrees.

Carol Noel announced that the Red Hat Ladies will be going to the Olive Garden on Thursday, Oct. 11. The monthly Ladies Lunch Out will be held at Bev O’Brady’s in Lake Placid on Tuesday, Oct. 16. Hosting the luncheon will be Barbara Meyer and Susan Barry.

Ladies Coffee Sept. 25 was made and hosted by Rick and Brenda Knoche. Our Sunshine person, Carol Noel, announced that the Red Hat Ladies will be going to the Olive Garden on Thursday, Oct. 11. The monthly Ladies Lunch Out will be held at Bev O’Brady’s in Lake Placid on Tuesday, Oct. 16. Hosting the luncheon will be Barbara Meyer and Susan Barry.

Tuesday, Oct. 30 is Halloween Eve and we will have a party. The great potluck dinner with all the fixings, etc., will be at 6 p.m. for $5. come in costume if possible.

Elk of the Month

FRIENDS & NEIGHBORS

Tropical Harbor Estates

By Arlene Clouston

Sebring Elks 1529 would like to thank Steve Fox for all that he does at the lodge as kitchen manager and chef by appointing him Elk of the Month for October.

The discussion at the ladies coffee also included the Christmas parade will be Saturday, Dec. 8 and the theme will give us something to work on for a float. “To feel compassion or inspiration is to feel God’s personal call to action.”
**APHS Interact Club volunteers for Pink Army**

Special to the News-Sun

**AVON PARK --** As the Pink Army continues its march across Highlands and Harvey counties, new volunteers are joining the fight against breast cancer every day. Recently, the Avon Park High School Interact Club joined in the fight by stuffing Pink Army bags.

The Florida Hospital Pink Army is a statewide campaign to increase breast cancer awareness and raise money for women in need, all while having a fun time. When someone "enlists" in the Pink Army, they receive a set of specialty dog tags. They then walk the ranges through different missions, raising additional funds to help the specialized soldiers, volunteering and by transporting wounded soldiers to the various events.

As they complete missions, they move up the ranks and receive rewards. The dog tags are also good for discounts, specials or free gifts through local and statewide participating vendors.

The Pink Army is also running two distinctive drawings. With the help of Samartian’s Touch Care Center and the Florida Hospital Heartland, the Florida Hospital and the Pink Army have launched two big money raisers they could not otherwise afford.

To learn more about the Pink Army campaign or volunteer, go to www.JoinThePinkArmy.com.

**New Aktion Club officers**

Special to the News-Sun

**LAKESIDE, Fla.** – Sonja Judge-Wilson and Karen Lewis from Ludlow Christian Migrant Association spoke to the Lake Placid Noon Rotary members on Thursday, Sept. 27, along the Lake Placid RCSA centers.

They hope to break ground for their new building in Highway Park on Robinson Street within the next couple of months. There have been delays due to USDA paperwork. They also have a center at the YMCA Lake Placid Campus.

Judge-Wilson has been working for RCSA for 22 years.

She started working as a teacher then as a family support worker and now she is the center coordinator. Lowe has been with RCMA for more than 10 years and in the early childhood field for more than 30 years. She has three children of her own and three grandchildren. She loves interacting with children.

She told a film that stood out in black and white back with what was a literacy program. It has grown from giving low-income families a free book to a Read Start program.

With 75 children in 1995, RCMA today serves nearly 8,000 children of migrant farm workers and rural, low-income families in more than 75 centers throughout Florida.

Children in the centers range from six weeks to 5 years old. RCMA’s inclusion of children with disabilities, beginning with infants and toddlers, has been recognized as a model within Florida.

With more than 350 volunteers, their two charter schools provide a seamless transition for children as they progress from RCMA’s early childhood and pre-kindergarten programs into elementary school.

In 2010, RCMA received funding to offer voluntary pre-kindergarten services to all eligible 4-year-olds in their programs.

RCMA offers programs for parents, too, so they can improve their English, finish their schooling (both through the Florida and Mexican school systems) and improve their income.

RCMA has strong partnerships with Head Start, the East Coast Migrant Head Start Project, Florida’s Office of Early Learning, local Early Learning Coalitions, the Mexican Consulate in Orlando and Miami, Florida agriculture, community-based organizations and school districts.

More than half of RCMA’s childcare centers have been nationally accredited, reflecting standards and achievements that exceed state licensing requirements.

**Box Tops for Education**

Special to the News-Sun

**SEBRING** – One of the Sebring VFW Ladies Auxiliary’s big projects this year in education is collecting Box Tops. Just clip Box Tops and drop off or mail to the ladies and they will sort and count them.

The ladies are supporting education through the Box Tops for Education program.

**Contact photo**

Sonja Judge-Wilson (left), center coordinator for RCMA and Karen Lewis, master teacher from RCMA, speak to the Lake Placid Noon Rotary recently.

**Contact photo**

Dr. Mark Spielvogel speaks to the Avon Park Noon Rotary Club last week on the impact of obesity and over weight conditions on the quality of vision in his patients. He suggested that club members spread the word that individuals must take responsibility for their health, by reducing fat and sugar intake. Without serious efforts to improve personal health, he informed the club that this generation of youth will not outlive their parents.

**Sernigey speaks to Avon Park Noon Rotary**

**CROSSWORD SOLUTION**

**APHS Interact Club volunteers for Pink Army**

**New Aktion Club officers**

**Box Tops for Education**

**Contact photo**

The Mystery gift is still with their families. The solders to the Confederate a medal to who fought for the buried in Bereah Cemetery in Sons of Confederate Veterans Camp No. 2181, Arcadia Confederate Cow Cavalry Captain F.A. Hendry Camp The members of the the do I want more, that chocolate the food. W.I.W.M. What you will forget about something else and hope you are craving something, for a big weight loss: 1. If you are hungry, wait a while, think about something else, this really you will forget about the food. 2. W.W.M. What do I want more, that chocolate cake, or a body that can be proud of? No one is perfect, sp don't allow one bad choice to result in being unsatisfied; encourage each other early in the day, not really after you are satisfied; eat your plate at lunch and dinner, when you are satisfied; eat fewer calories the rest of the day, fast if you eat a good breakfast, you will eat fewer calories the rest of the day. 1. Put fruit on your plate and enjoy the fruits and vegetables. Try to have a large portion of fruits and vegetables on your plate at lunch and dinner. 2. Don't be afraid to eat off of your plate, not out of a bag, or box. 3. Try not to buy what you are eating. Don't buy chocolate. Many people burn calories the rest of the day. 1. Put fruit on your plate and enjoy the fruits and vegetables. Try to have a large portion of fruits and vegetables on your plate at lunch and dinner. 2. Don't be afraid to eat off of your plate, not out of a bag, or box. 3. Try not to buy what you are eating. Don't buy chocolate. Many people burn calories the rest of the day.

Riddles win AP Yard of the Month Award from the Avon Park Founders Garden Club.

Sharon Reddick, of 8725 Ave. A Ave. Road, received the Yard of the Month Award from the Avon Park Founders Garden Club.

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Births
Dominic Lyons
Katherine Pacheco and Nelson Pacheco.
Paternal grandparents are Ramonita and Nelson Pacheco.
Maternal grandparents are Ramonita and Nelson Pacheco.

Ma’Lyshia Robinson
Carrie Hammonds and Trent Robinson of Sebring announce the birth of a daughter, Ma’Lyshia Shores-Anise, at 7:35 p.m. on Sept. 30, 2012 at Highlands Regional Medical Center, Sebring. Ma’Lyshia weighed 8 pounds, 10 ounces and measured 20 inches in length.

Rosalind Robinson and the late Sharon Crenshaw announce the birth of a daughter, Ma’Lyshia Urbina.

Marcella Short
Rosalie Pacheco and Travis Short of Avon Park announce the birth of a daughter, Marcella Nevaeh, at 12:50 p.m. on Sept. 25, 2012 at Highlands Regional Medical Center, Sebring. Marcella weighed 8 pounds, 2 ounces and measured 20.5 inches in length.

Jerome Valdez
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Trinity Schroeder
Erin and Dave Schroeder of Sebring announce the birth of a daughter, Trinity Faith, at 6 a.m. on Sept. 28, 2012 at Highlands Regional Medical Center, Sebring. Trinity weighed 8 pounds, 7 ounces and measured 20 inches in length.

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The family of the late Seth MacFarlane is planning a show of his work to mark the one-year anniversary of his death.

MacFarlane died last year in a car crash in England, and his family has been working with the Academy of Motion Picture Arts and Sciences to organize the exhibition, which will include a range of MacFarlane's work, including his films and television shows.

The exhibition is expected to open in the fall and will feature work from MacFarlane's entire career, from his early work on the animated series "Family Guy" to his more recent works, including "Ted" and "The Cleveland Show.

The family said in a statement that MacFarlane was a "true original" and that the exhibition would be a "tribute to his unique talent and creativity.

MacFarlane was 46 when he died in the crash, and he had been working on his next project, a new animated series called "The Cleveland Show.

The family said they were "honored" to be able to share MacFarlane's work with the public and that they would continue to work on projects that he had planned for the future.

The exhibition is expected to run for several months and will be followed by a series of events and screenings around the country.

The family thanked MacFarlane's fans for their support and said they would make sure his legacy lived on through his work.
Black-eyed peas

Hi, All. Hope your week is going well. We are now serv- ing our new menu in our Café as well as in patient services. It is going over pretty well. We are serving lighter lunches like Asian salmon salad with a cup of soup, than no other you a ten- dous hot at dinner hours per our patients. Today at lunch we are serving cream of mushroom soup and grilled Baby Cesar wrap and for dinner some special tasty bread with whipped red potato- tatoes, fresh green beans and a nice real velvet Bundt cake for dessert. This menu also offers a reg- istration option on every plate for fifty cents to each plate all day. Today’s vegetarian option for dinner is a Santa Fe By Peck which has roasted corn and Black Beans tossed in a tomato- romaine and finished with a cilantro-yogurt sauce. The new fall/Easter menu in our Café is full of new dishes that we are excited to offer to our guests. Today in the Café, we are serving cold pasta with artichoke, capers and fresh spinach tossed with a light lemon butter sauce. Or, if you prefer vegetarian, we have broccoli pesto pasta with vegetable bacon. In just a few weeks, our Café will be remodeled and we will be able to offer even more variety for your lunch time ventures. This menu has even been born some talk about some meals like what you might find at a supermarket. This week, I just made an old recipe I had for black eyed peas and thought you might like to try it. This is a very easy recipe and would be great to serve on the upcoming New Year. You could even change the level of liquid in the dish and use it as a base for several meatless meals of making it into a soup. My recipe is listed at the bottom of every column that they might find at a supermarket. And I think that they would try and help any one that is in the way of you. 

Chef’s Corner

Tim Spain

Black-eyed peas

2 lbs. Black-eyed peas
Soak black-eyed peas overnight in Water overnight in the walk-in. 2 diced large white onions 5 stalks celery par 1/2-inch slices 1 1/2 lbs. Oregano

1 gallon of chicken stock 10-pound can of tomato- paste 3 oz. minced garlic 3 oz. of cooking oil 1 1/4 teaspoons ground cumin 2 teaspoons fine dark brown sugar 1 1/4 teaspoons ground coriander 1/2 teaspoon allspice (or nutmeg) 1 1/2 cups chopped and quartered fresh thyme 3 sprigs fresh rosemary and quartered

In a large soup pot, heat oil 3 oz. of cooking oil with 1/2 pound EACH ground pork sausage 1/4 cup balsamic vinegar 1/2 cup water 1/2 cup honey 1/4 cup balsamic vinegar (or balsamic sour) 1/2 cup water 1/2 cup honey

In saucepan, mix honey with water, vinegar, figs, and allspice (or nutmeg) mixed with 1/2 teaspoon each salt, pepper, and onion powder. Reduce heat about 45 minutes — adding rosemary and half (the consistency of molasses). Remove heat about 45 minutes — adding rosemary and half (the consistency of molasses). Remove 1/4 cup onion/garlic mixture.

Note:
You should have generous 1/4 cup. Turn fig mixture out of bowl into a piece of pumpkin pie. If not, heat about 45 minutes — adding rosemary and half (the consistency of molasses). Remove 1/4 cup onion/garlic mixture. Serve warm.

Black-eyed peas

This classic dish that includes three recipes — make just one — each a perfect way to enjoy all your guests’ most pleasant taste expe- riences.

**Stuffed Fondue Meatballs**

With Fig Honey Balsamic Glaze

Makes 16 meatballs.

1 large head garlic, minced
1 large onion, chopped
1 large can diced tomatoes
1/4 cup balsamic vinegar
1/2 cup water
1/2 cup honey
1/4 cup balsamic vinegar (or balsamic sour) 1/2 cup water 1/2 cup honey

In a small saucepan, mix honey with water, vinegar, figs, and allspice (or nutmeg) mixed with 1/2 teaspoon each salt, pepper, and onion powder. Reduce heat about 45 minutes — adding rosemary and half (the consistency of molasses). Remove heat about 45 minutes — adding rosemary and half (the consistency of molasses). Remove 1/4 cup onion/garlic mixture.

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Using a holiday party? Add some magic to the festivities with these delectable Stuffed Fondue Meatballs. This cheese and fruit platter is simple yet stylish and a stunning table centerpiece. The appetizers — stuffed and studded with luscious bits of fig, cheese and seasoned spices — are the per- fect party fare.

**Fig and Proud Nut Roll**

This week, I just made an old recipe I had for black eyed peas and thought you might like to try it. This dish that includes three recipes — make just one — each a perfect way to enjoy all your guests’ most pleasant taste expe- riences.

**Fig and Proud Nut Rolls add a touch of magic to the festivities with these stuffed and studded with luscious bits of fig, cheese and seasoned spices — are the per- fect party fare.**

For more, visit www.FigAndToast.com.

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**Fig and Proud Nut Roll**

Makes 1 1/2 dozen.

4 ounces Blue Ribbon Orchard Choice or less Fig Balsamic Glaze (1/2 cups)
2 teaspoons honey flavored lemon
2/3 cup finely chopped almonds
1/3 cup finely chopped walnuts
Salt and pepper

Preheat oven to 375°F. Make Fig Honey Balsamic Glaze (recipe fol- lowing) in a small saucepan. Reserve 1/4 cup onion/garlic mixture.

To make the filling, combine 4 ounces Blue Ribbon Orchard Choice Fig Balsamic Glaze with 1/2 cup water. Reduce heat about 45 minutes — adding rosemary and half (the consistency of molasses). Remove heat about 45 minutes — adding rosemary and half (the consistency of molasses). Remove 1/4 cup onion/garlic mixture. Turn fig mixture out of bowl into a piece of pumpkin pie. If not, heat about 45 minutes — adding rosemary and half (the consistency of molasses). Remove 1/4 cup onion/garlic mixture.

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