A piece of history

World Trade Center piece to be memorialized by West Sebring Volunteer Fire Department

By SAMANTHA GHOULAR
sgholzar@newssun.com

SEBRING — The West Sebring Volunteer Fire Department recently received something that is unique and close to the hearts of all firefighters and rescue workers.

The department was given a piece of one of the World Trade Center towers, which were destroyed during the Sept. 11 terrorist attacks in New York City nearly 10 years ago.

One of the WSVFD officers, Bob Singlee, caught wind of a program that allowed fire departments and other government entities to apply and request to own a piece of one of the fallen towers.

“About 18 or 24 months ago, (Singlee) heard about the piece before our board and asked to apply,” Assistant Chief Billy Kingston said.

Singlee approached the board with the request and shortly after it was approved. The next step was the application process, which called for a letter to be written stating that the piece would be used for the proper purpose.

“We basically had to say, or promise, that we would use it to memorialize 9/11 and that we wouldn’t take it and just sell it or something like that,” Kingston said.

The final step of the process was to get the metal transported, written stating that the piece “would be used for the proper purpose.”

See PIECE, page 3A

New debt-limit talks: no sign of a breakthrough

By CHARLES BARTING

A grim-faced President Barack Obama convened fresh talks Saturday with congressional leaders aimed at averting a national financial default, just 11 days after the last round of negotiations broke down in the heat of a national election season as well as a loss of retail workers.

By ED BALDRIDGE
ed.baldridge@newssun.com

SEBRING — The unemployment rate in Highlands County jumped by 0.3 percent in June according to a Florida Workforce for Highlands press release on Friday.

“Is actually a higher number,” said Roger Hood, president and CEO of Heartland National Bank. “We have a lot of individuals who are no longer claiming benefits because benefits ran out. Additionally, there was a great amount of people in our county who are under-employed, which means they had a high paying job which they lost and now they are working wherever they can to make a paycheck,” Hood added.

Hood explained that some of the job losses came from the end of the agricultural season as well as a loss of retail workers.

See JOBLESS, page 6A

Jobless rate goes up again

Unemployment jumps 1.2 percent in June

By ED BALDRIDGE
ed.baldridge@newssun.com

SEBRING — The unemployment rate in Highlands County jumped by 0.3 percent in June according to a Florida Workforce for Highlands press release on Friday.

“Is actually a higher number,” said Roger Hood, president and CEO of Heartland National Bank. “We have a lot of individuals who are no longer claiming benefits because benefits ran out. Additionally, there was a great amount of people in our county who are under-employed, which means they had a high paying job which they lost and now they are working wherever they can to make a paycheck,” Hood added.

Hood explained that some of the job losses came from the end of the agricultural season as well as a loss of retail workers.

See JOBLESS, page 6A

Economic summit to be held on Monday

By ED BALDRIDGE
ed.baldridge@newssun.com

SEBRING — Highlands County will host a seven-region economic summit at 10 a.m. on Monday at the B.E. Harris Agricultural Center. Roger Hood, president and CEO of Heartland National Bank, hopes it will be the beginning of a new plan for jobs creation.

“We have to remove obstacles to new businesses and we have to keep those we have,” said Hood on Friday about the state of the economy in Highlands County after the announcement of a 1.2 percent jump in the unemployment rate to 11.4 percent.

Hood explained that the meeting, which is to be held over three days in Polk, Highlands, Hardee, DeSoto, Glades, Moody and Okeechobee counties, will start the discussions about how the region can attract new employment and other economic concerns.

“This will be the first of several discussions we will have to work toward building,” Hood said.

See SUMMIT, page 6A

AP names King interim public safety administrator

By CHRISTOPHER TUCKER
chris.tucker@newssun.com

AVON PARK — Thursday interim city manager Julian Deleon announced another consolidation within city government.

Deleon has appointed police Lt. John King as interim public safety administrator.

Reached by phone, King said, “I’m looking forward to the challenge of implementing the city’s desire to have a public safety administrator.”

Deleon told the News-Sun that “this is an interim position to provide for additional managerial supervision of the public safety operations.”

Deleon said consolidation See PUBLIC, page 5A
County to look at mill levy Tuesday

By ED BARDWELL

SARASOTA — County commissioners will discuss the 2012-13 ad-

valorem rate during their meeting on Tuesday. Since property tax col-

lections are not expected to increase this year, the mill levy will likely remain flat for at least another year despite the loss in property values.

The item was placed on the agenda by the chair of the County Administrative Services Divi-

sion, Commissioner Tom Knight, who has a new, positive attitude on spending and is pushing to cut the county’s mill levy.

A millage rate of 9.50 would generate approximately $31,453,958 in revenue for the county’s general fund.

That projected amount is only 0.06 mills less than the current millage for the general fund.

A mill is equal to $1 in value of property for every $1,000 of assessed value.

Commissioners decided on Thursday to cut fund-

ning for the Highlands County Boy’s & Girls Club, and move some of that money to a community effort in an effort to get closer to a budget that comes in under revenues projected.

Additionally, the board cut back funding to the Orange Blossom Thruway/transpor-

tation to each municipality for nuisance abatement, from $122,260 to $100,000.

The decision created layoffs in Avon Park and forced Lake Placid’s city manager to instruct user fees, accord-

ing to the Orange Blossom Thruway, to cut back direct payments from each of the municipali-

ties at the previous meeting.

POLICE BLOTTER

The News-Sun would like to remind the readers that the names and addresses reflect those who have been charged with a crime, but they are all innocent until proven guilty by a guilty plea or guilty verdict at a trial. Names listed hereon is acquired or has charged with a crime, they are all innocent until proven guilty by a guilty plea or guilty verdict at a trial. Names listed hereon is acquired or has charged with a crime, they are all innocent until proven guilty by a guilty plea or guilty verdict at a trial.

The News-Sun will be happy to accept informa-

tion. The News-Sun is at 2227 U.S. 27 South, Sebring,

FL 33870.

The following people were booked into the Highlands County Jail on Thursday, July 19:

• Marioich Sandell Bellard, 23, of Lake Placid, was charged with petit theft and possession of synthetic marijuana with intent to sell, violates a court order and possession of a firearm, less than 1,000 feet of a place of worship.

• Nelson Jesus Morales, 22, of Lake Placid, was charged with possession and use of drug equipment, possession of cocaine and without support of a minor.

• Nelson Jesus Morales, 22, of Lake Placid, was charged with possession and use of drug equipment, possession of cocaine and without support of a minor.

• Robert Charles Pressey, 40, of Lake Placid, was charged with possession of cocaine and without support of a minor.

The community would like to remind the readers that the names and addresses reflect those who have been charged with a crime, but they are all innocent until proven guilty by a guilty plea or guilty verdict at a trial. Names listed hereon is acquired or has charged with a crime, they are all innocent until proven guilty by a guilty plea or guilty verdict at a trial. Names listed hereon is acquired or has charged with a crime, they are all innocent until proven guilty by a guilty plea or guilty verdict at a trial.

The following people were booked into the Highlands County Jail on Thursday, July 19:

• Marioich Sandell Bellard, 23, of Lake Placid, was charged with petit theft and possession of synthetic marijuana with intent to sell, violates a court order and possession of a firearm, less than 1,000 feet of a place of worship.

• Nelson Jesus Morales, 22, of Lake Placid, was charged with possession and use of drug equipment, possession of cocaine and without support of a minor.

• Nelson Jesus Morales, 22, of Lake Placid, was charged with possession and use of drug equipment, possession of cocaine and without support of a minor.

• Robert Charles Pressey, 40, of Lake Placid, was charged with possession of cocaine and without support of a minor.

The community would like to remind the readers that the names and addresses reflect those who have been charged with a crime, but they are all innocent until proven guilty by a guilty plea or guilty verdict at a trial. Names listed hereon is acquired or has charged with a crime, they are all innocent until proven guilty by a guilty plea or guilty verdict at a trial. Names listed hereon is acquired or has charged with a crime, they are all innocent until proven guilty by a guilty plea or guilty verdict at a trial.

The following people were booked into the Highlands County Jail on Thursday, July 19:

• Marioich Sandell Bellard, 23, of Lake Placid, was charged with petit theft and possession of synthetic marijuana with intent to sell, violates a court order and possession of a firearm, less than 1,000 feet of a place of worship.

• Nelson Jesus Morales, 22, of Lake Placid, was charged with possession and use of drug equipment, possession of cocaine and without support of a minor.

• Nelson Jesus Morales, 22, of Lake Placid, was charged with possession and use of drug equipment, possession of cocaine and without support of a minor.

• Robert Charles Pressey, 40, of Lake Placid, was charged with possession of cocaine and without support of a minor.

The community would like to remind the readers that the names and addresses reflect those who have been charged with a crime, but they are all innocent until proven guilty by a guilty plea or guilty verdict at a trial. Names listed hereon is acquired or has charged with a crime, they are all innocent until proven guilty by a guilty plea or guilty verdict at a trial. Names listed hereon is acquired or has charged with a crime, they are all innocent until proven guilty by a guilty plea or guilty verdict at a trial.

The following people were booked into the Highlands County Jail on Thursday, July 19:

• Marioich Sandell Bellard, 23, of Lake Placid, was charged with petit theft and possession of synthetic marijuana with intent to sell, violates a court order and possession of a firearm, less than 1,000 feet of a place of worship.

• Nelson Jesus Morales, 22, of Lake Placid, was charged with possession and use of drug equipment, possession of cocaine and without support of a minor.

• Nelson Jesus Morales, 22, of Lake Placid, was charged with possession and use of drug equipment, possession of cocaine and without support of a minor.

• Robert Charles Pressey, 40, of Lake Placid, was charged with possession of cocaine and without support of a minor.

The community would like to remind the readers that the names and addresses reflect those who have been charged with a crime, but they are all innocent until proven guilty by a guilty plea or guilty verdict at a trial. Names listed hereon is acquired or has charged with a crime, they are all innocent until proven guilty by a guilty plea or guilty verdict at a trial. Names listed hereon is acquired or has charged with a crime, they are all innocent until proven guilty by a guilty plea or guilty verdict at a trial.

The following people were booked into the Highlands County Jail on Thursday, July 19:

• Marioich Sandell Bellard, 23, of Lake Placid, was charged with petit theft and possession of synthetic marijuana with intent to sell, violates a court order and possession of a firearm, less than 1,000 feet of a place of worship.

• Nelson Jesus Morales, 22, of Lake Placid, was charged with possession and use of drug equipment, possession of cocaine and without support of a minor.

• Nelson Jesus Morales, 22, of Lake Placid, was charged with possession and use of drug equipment, possession of cocaine and without support of a minor.

• Robert Charles Pressey, 40, of Lake Placid, was charged with possession of cocaine and without support of a minor.

The community would like to remind the readers that the names and addresses reflect those who have been charged with a crime, but they are all innocent until proven guilty by a guilty plea or guilty verdict at a trial. Names listed hereon is acquired or has charged with a crime, they are all innocent until proven guilty by a guilty plea or guilty verdict at a trial. Names listed hereon is acquired or has charged with a crime, they are all innocent until proven guilty by a guilty plea or guilty verdict at a trial.

The following people were booked into the Highlands County Jail on Thursday, July 19:

• Marioich Sandell Bellard, 23, of Lake Placid, was charged with petit theft and possession of synthetic marijuana with intent to sell, violates a court order and possession of a firearm, less than 1,000 feet of a place of worship.
Highlands VCB receives tourism grant from state

Special to the News-Press
VISIT FLORIDA, the state's official source for travel planning, has awarded a Cultural Heritage and Natural Tourism Marketing Grant to Highlands County Visitor & Convention Bureau for the 2011-2012 Fiscal Year, which began July 1.

"The purpose of these grants is to help support its entities and local government marketing organizations in their efforts to enhance the image of economic growth and marketing organization as a destination. "We are pleased that VISIT FLORIDA and its Board of Directors selected us from among a large number of grant applications, during their most competitive grant cycle to date," said John Scholfield, president and CEO for VISIT FLORIDA.

"The purpose of these funds will be used for the Highlands County Visitor's Guide to Historic and Cultural Points of Interest and will help us better position and market Highlands County as a destination for visitors."

Highlands County Tourist Development Council serves as a destination marketing organization that works to generate overnight stays, increase tax revenues, stimulate economic growth and strives to constantly enhance the perception of Highlands County.

---

New AP sanitation rates

By CHRISTOPHER FIFIELD
News-Sun photo by KATARA SIMMONS
Scherlacher, director of VCB receives a Cultural Tourism grant from the state. "These funds will be used for the Highlands County Visitor's Guide to Historic and Cultural Points of Interest and will help us better position and market Highlands County as a destination for visitors."

---

New AP sanitation rates

By CHRISTOPHER FIFIELD
News-Sun photo by KATARA SIMMONS
Scherlacher, director of VCB receives a Cultural Tourism grant from the state. "These funds will be used for the Highlands County Visitor's Guide to Historic and Cultural Points of Interest and will help us better position and market Highlands County as a destination for visitors."

---

New AP sanitation rates

By CHRISTOPHER FIFIELD
News-Sun photo by KATARA SIMMONS
Scherlacher, director of VCB receives a Cultural Tourism grant from the state. "These funds will be used for the Highlands County Visitor's Guide to Historic and Cultural Points of Interest and will help us better position and market Highlands County as a destination for visitors."

---

Scherlacher, director of VCB receives a Cultural Tourism grant from the state. "These funds will be used for the Highlands County Visitor's Guide to Historic and Cultural Points of Interest and will help us better position and market Highlands County as a destination for visitors."

---

New AP sanitation rates

By CHRISTOPHER FIFIELD
News-Sun photo by KATARA SIMMONS
Scherlacher, director of VCB receives a Cultural Tourism grant from the state. "These funds will be used for the Highlands County Visitor's Guide to Historic and Cultural Points of Interest and will help us better position and market Highlands County as a destination for visitors."

---

Controlled burns scheduled for Jack Creek Property

Special to the News-Press
LAKE PLACID — The Southwest Florida Water Management District was conducting "controlled, prescribed burns" during July, August and September on the district’s Jack Creek property in Highlands County.

The Jack Creek property is six miles northwest of Lake Placid, west of U.S. 27. Approximately 300 acres is open to the public in small, manageable units. The schedule, managed burns are a part of routine maintenance of lands managed by the district.

According to district land manager Kevin W. Love, burns are conducted to mimic natural fire cycles and a controlled situation. The object is to use uncontrolled wildfires and enhance the area’s natural conditions by maintaining the ecological and wildlife habitat values. Prescribed burns are only conducted when weather conditions allow the objectives to be met while maintaining public safety.

Every effort will be made to ensure that smoke will not affect homes or highways. However, vehicle operators should exercise caution in one smoke does exceed 400 feet high. Reduced visibility on the roads is possible.

The district owns and manages approximately 430,000 acres of environmentally sensitive lands for water resource and natural resources protection.

For more information, call the district at 800-423-1476, ext. 4465.
Atlantis is home. Now what?

The space shuttle program basically ended when Atlantis landed safely on July 21, ending a 13-year era of human space travel for NASA. But for those who have been watching the shuttle program, it has been a fascinating journey of exploration, adventure, and scientific discovery. For many people, the shuttle program has been a source of great pride and a symbol of American ingenuity and innovation. For others, it has been a source of great concern and a reminder of the risks and challenges that come with space exploration.

What happens next?

Now that the shuttle program is over, what happens next? Will NASA continue to explore space in other ways? Will private companies take over the role of space exploration? Will space exploration continue to be a priority for the United States? These are all questions that will be answered in the coming years.

The legacy of the shuttle program

The shuttle program has left a lasting legacy on American culture and society. It has inspired generations of students and scientists to pursue careers in space exploration and related fields. It has also helped to spur interest in math and science, and to dream about the future.

The impact on the economy

The shuttle program has also had a significant impact on the American economy. It has created jobs and stimulated economic growth in many communities across the country. It has also helped to improve the image of the United States as a leader in space exploration and technology.

The future of space exploration

Now that the shuttle program has ended, what will the future of space exploration look like? Will NASA continue to explore space in other ways? Will private companies take over the role of space exploration? Will space exploration continue to be a priority for the United States? These are all questions that will be answered in the coming years.

Conclusion

The shuttle program has been a remarkable achievement of human ingenuity and perseverance. It has inspired generations of people to pursue careers in space exploration and related fields. It has also helped to spur interest in math and science, and to dream about the future. Now that the shuttle program has ended, we must continue to pursue the exploration of space in order to uncover the mysteries of the universe and to benefit from the many advantages that come with space exploration.
Main St. p.m. Tuesday, Aug. 2 at the Main Street District will host its next “What’s Up Mainstreet Avon Park” event is open to new or current members. For more information, call the Avon Park Redevelopment Agency at 465-2830 or by e-mail at Crosef@orchidsocietyhighlands.org.

The deadline pressure hasn’t seemed to explain to me how it is that we are out of time and they are going to have the president was willing to veto a debt issue. It would be terribly unfortunate if that Obama bore the blame for the collapse.

For the first time since talks began, Obama declined to offer assurances that he would sign any agreement that would put the United States over $12 trillion. The president said he was confident of that outcome.

Yet aides on both sides said the negotiations had veered uncertainly for weeks, with the administration officials had tacitly agreed to providing the Treasury enough borrowing authority to tide the government over for the remainder of Congress at stake.

Public safety may be consolidated in Avon Park

The political theater played out even as the deadline neared. Barring action on either side, the government will be paid to its bills. That could cause interest rates to rise, as the market system in recovery and send shock waves through the global economy.

In a news conference Friday after today. Loyal Order of the Royal Arch Masons meets at 6:30 a.m. Monday. House work done. Social hour will be at 6 p.m.

For more information, contact the Loyal Order of the Royal Arch District 45 at 863-946-8963.

Events planned at lodges, posts

LAKE PLACID The Glitter Gals and Guys have accepted until Monday. For more information, call 863-272-0257.

The deadline pressure hasn’t seemed to explain to me how it is that we are out of time and they are going to have the president was willing to veto a debt issue. It would be terribly unfortunate if that Obama bore the blame for the collapse.

For the first time since talks began, Obama declined to offer assurances that he would sign any agreement that would put the United States over $12 trillion. The president said he was confident of that outcome.

Yet aides on both sides said the negotiations had veered uncertainly for weeks, with the administration officials had tacitly agreed to providing the Treasury enough borrowing authority to tide the government over for the remainder of Congress at stake.

Public safety may be consolidated in Avon Park

The political theater played out even as the deadline neared. Barring action on either side, the government will be paid to its bills. That could cause interest rates to rise, as the market system in recovery and send shock waves through the global economy.

In a news conference Friday after today. Loyal Order of the Royal Arch Masons meets at 6:30 a.m. Monday. House work done. Social hour will be at 6 p.m.

For more information, contact the Loyal Order of the Royal Arch District 45 at 863-946-8963.

Events planned at lodges, posts

LAKE PLACID The Glitter Gals and Guys have accepted until Monday. For more information, call 863-272-0257.

The deadline pressure hasn’t seemed to explain to me how it is that we are out of time and they are going to have the president was willing to veto a debt issue. It would be terribly unfortunate if that Obama bore the blame for the collapse.

For the first time since talks began, Obama declined to offer assurances that he would sign any agreement that would put the United States over $12 trillion. The president said he was confident of that outcome.

Yet aides on both sides said the negotiations had veered uncertainly for weeks, with the administration officials had tacitly agreed to providing the Treasury enough borrowing authority to tide the government over for the remainder of Congress at stake.

Public safety may be consolidated in Avon Park

The political theater played out even as the deadline neared. Barring action on either side, the government will be paid to its bills. That could cause interest rates to rise, as the market system in recovery and send shock waves through the global economy.

In a news conference Friday after today. Loyal Order of the Royal Arch Masons meets at 6:30 a.m. Monday. House work done. Social hour will be at 6 p.m.

For more information, contact the Loyal Order of the Royal Arch District 45 at 863-946-8963.

Events planned at lodges, posts

LAKE PLACID The Glitter Gals and Guys have accepted until Monday. For more information, call 863-272-0257.

Death Notice

Francis John Moher, 92 of Sebring, passed away on Tuesday, July 19, 2011 in Sebring. He was born on November 28, 1918 in Trenton, Florida. He is survived by his four children, 12 grandchildren and 12 great grandchildren. He was the beloved husband of his late wife, Libby Moher. His remains were placed in a public forum, since the case has not yet been decided, starting the week. The aides said administration officials had tacitly agreed to providing the Treasury enough borrowing authority to tide the government over for the remainder of Congress at stake.

Public safety may be consolidated in Avon Park

The political theater played out even as the deadline neared. Barring action on either side, the government will be paid to its bills. That could cause interest rates to rise, as the market system in recovery and send shock waves through the global economy.

In a news conference Friday after today. Loyal Order of the Royal Arch Masons meets at 6:30 a.m. Monday. House work done. Social hour will be at 6 p.m.

For more information, contact the Loyal Order of the Royal Arch District 45 at 863-946-8963.

Events planned at lodges, posts

LAKE PLACID The Glitter Gals and Guys have accepted until Monday. For more information, call 863-272-0257.

Death Notice

Francis John Moher, 92 of Sebring, passed away on Tuesday, July 19, 2011 in Sebring. He was born on November 28, 1918 in Trenton, Florida. He is survived by his four children, 12 grandchildren and 12 great grandchildren. He was the beloved husband of his late wife, Libby Moher. His remains were placed in a public forum, since the case has not yet been decided, starting the week. The aides said administration officials had tacitly agreed to providing the Treasury enough borrowing authority to tide the government over for the remainder of Congress at stake.

Public safety may be consolidated in Avon Park

The political theater played out even as the deadline neared. Barring action on either side, the government will be paid to its bills. That could cause interest rates to rise, as the market system in recovery and send shock waves through the global economy.

In a news conference Friday after today. Loyal Order of the Royal Arch Masons meets at 6:30 a.m. Monday. House work done. Social hour will be at 6 p.m.

For more information, contact the Loyal Order of the Royal Arch District 45 at 863-946-8963.

Events planned at lodges, posts

LAKE PLACID The Glitter Gals and Guys have accepted until Monday. For more information, call 863-272-0257.

Death Notice

Francis John Moher, 92 of Sebring, passed away on Tuesday, July 19, 2011 in Sebring. He was born on November 28, 1918 in Trenton, Florida. He is survived by his four children, 12 grandchildren and 12 great grandchildren. He was the beloved husband of his late wife, Libby Moher. His remains were placed in a public forum, since the case has not yet been decided, starting the week. The aides said administration officials had tacitly agreed to providing the Treasury enough borrowing authority to tide the government over for the remainder of Congress at stake.

Public safety may be consolidated in Avon Park

The political theater played out even as the deadline neared. Barring action on either side, the government will be paid to its bills. That could cause interest rates to rise, as the market system in recovery and send shock waves through the global economy.

In a news conference Friday after today. Loyal Order of the Royal Arch Masons meets at 6:30 a.m. Monday. House work done. Social hour will be at 6 p.m.

For more information, contact the Loyal Order of the Royal Arch District 45 at 863-946-8963.

Events planned at lodges, posts

LAKE PLACID The Glitter Gals and Guys have accepted until Monday. For more information, call 863-272-0257.

Death Notice

Francis John Moher, 92 of Sebring, passed away on Tuesday, July 19, 2011 in Sebring. He was born on November 28, 1918 in Trenton, Florida. He is survived by his four children, 12 grandchildren and 12 great grandchildren. He was the beloved husband of his late wife, Libby Moher. His remains were placed in a public forum, since the case has not yet been decided, starting the week. The aides said administration officials had tacitly agreed to providing the Treasury enough borrowing authority to tide the government over for the remainder of Congress at stake.

Public safety may be consolidated in Avon Park

The political theater played out even as the deadline neared. Barring action on either side, the government will be paid to its bills. That could cause interest rates to rise, as the market system in recovery and send shock waves through the global economy.

In a news conference Friday after today. Loyal Order of the Royal Arch Masons meets at 6:30 a.m. Monday. House work done. Social hour will be at 6 p.m.

For more information, contact the Loyal Order of the Royal Arch District 45 at 863-946-8963.

Events planned at lodges, posts

LAKE PLACID The Glitter Gals and Guys have accepted until Monday. For more information, call 863-272-0257.

Death Notice

Francis John Moher, 92 of Sebring, passed away on Tuesday, July 19, 2011 in Sebring. He was born on November 28, 1918 in Trenton, Florida. He is survived by his four children, 12 grandchildren and 12 great grandchildren. He was the beloved husband of his late wife, Libby Moher. His remains were placed in a public forum, since the case has not yet been decided, starting the week. The aides said administration officials had tacitly agreed to providing the Treasury enough borrowing authority to tide the government over for the remainder of Congress at stake.

Public safety may be consolidated in Avon Park

The political theater played out even as the deadline neared. Barring action on either side, the government will be paid to its bills. That could cause interest rates to rise, as the market system in recovery and send shock waves through the global economy.

In a news conference Friday after today. Loyal Order of the Royal Arch Masons meets at 6:30 a.m. Monday. House work done. Social hour will be at 6 p.m.

For more information, contact the Loyal Order of the Royal Arch District 45 at 863-946-8963.

Events planned at lodges, posts

LAKE PLACID The Glitter Gals and Guys have accepted until Monday. For more information, call 863-272-0257.
Couple shares art, promotes recycling with their craft

By SAMANTHA GIBRAL

SEBRING — Adriana and Victor Rodriguez have been married for nearly 15 years. The couple recently moved to Sebring to start a new chapter and spread their love of arts and crafts to Highlands County residents.

Victor is a skilled carpenter, learning his craft at the age of 12, and a native of Honduras. Before he even owned a pair of shoes, Rodriguez had completed the craft grade and begun work in the carpentry field. He moved to Miami where he lived for 15 years before meeting his wife, a Texan native.

The couple began their company, Victor’s Tables, several months ago. Rodriguez creates unique chairs, tables, bars, and wooden birdhouses. A few of Rodriguez creations have recently been patented.

The most recent addition to Rodriguez’s craft are the brightly colored tire birds. Rodriguez and his wife have been selling these hand-made bird-shaped plant holders made from old tires.

“People come up and down U.S. 27. The lot in front of Highpointe Furniture are kids along the way,” said Rodriguez. “They are curious about everything — bird feeders, turtle plants, even chairs for toddlers.”

“We’ve only been in business for a few weeks, and we were down in Fort Myers for a while but then we saw how many people copying what I didn’t mind them copying my husband’s idea but then they would sell theirs right in front of us,” Rodriguez said.

She was happy, though. Victor seemed to be unfazed by the imitation and continued to work with the help of Adriana Rodriguez at a flea market along U.S. 27 in Sebring. Rodriguez and her husband have been selling hand-made bird-shaped plant holders made from old tires.

Scott Wheelie picks out a gift for his wife Saturday with the help of Adriana Rodriguez at a flea market along U.S. 27 in Sebring. Rodriguez and her husband have been selling hand-made bird-shaped plant holders made from old tires.

Continued from 1A

Continued from 1A

Mark Wallheiser/Tampa Bay Times

Jobless rate up again

Highlands County’s seasonally adjusted unemployment rate in June was 10.4 percent in May comes in May that Highlands County has the lowest average annual wage in the state,” Hood said.

“We may see another increase next month as the jobs decrease further from the loss of winter guests,” Hood said.

The 1.2 percent jump from a 10.8 percent in May comes on the heels of the Florida Workforce Florida — CEO of Workforce Florida Inc. — will present the plan to the state’s objectives in putting the stage for what is happening at the state level which is putting our many partners and the path that will lead us to sustainability,” Hood said about the gathering the leaders of each community to future meetings.

Chris Hart, president and CEO of Workforce Florida Inc. — will present the plan to the state’s objectives in putting the stage for what is happening at the state level which is putting our many partners and the path that will lead us to sustainability,” Hood said about the gathering the leaders of each community to future meetings.

According to Hood, at the announcement in May that Highlands, Hunter and Deford Counties and the FWI estimated the average annual wage is $28,985.

“We have to diversify. We need more than just agricultural jobs in this area,” Hood said.

Florida’s seasonally adjusted unemployment rate in May was 10.6 percent. The U.S. unemployment rate was 9.2 percent in June.

CEOs of Workforce Florida Inc. — will present the plan to the state’s objectives in putting the stage for what is happening at the state level which is putting our many partners and the path that will lead us to sustainability,” Hood said about the gathering the leaders of each community to future meetings.
Debt collectors have strict rules they have to follow

Group offers alternatives, help with transition from smoking

By SAMANTHA GIBRALTAR Staff Writer

Alternative N Life is a new company aimed at giving smokers an alternative to traditional cigarette smoking by a newly formed group, Alternatives N Life.

The e-cigarette is being offered as an alternative to traditional cigarette smoking by a group offering alternatives as well as informative workshops and sales of the newest technology that allows smokers to kick their cigarette habit.

According to Gail Cunningham, spokesperson for the National Foundation for Credit Counseling (NFCC), “Our 2011 Financial Literacy Survey found that most people — 88 percent — pay their bills on time. However, 26 percent reported they experience difficulty making ends meet and paying their bills.

Ideally, you should contact your lender as soon as you realize you may have difficulty paying a bill. They would much rather work out a repayment plan than come after the costly and time-consuming collections process. But, if that ship has already sailed, here are a few precautions you can take to protect your interests.

You have certain rights whenever dealing with debt collectors. For example, collectors cannot harass you by:

- Using abusive language or threatening violence or arrest
- Calling before 8 a.m. or after 9 p.m.
- Falsely representing themselves as attorneys or government employees if they are not.
- Threatening to sue you if they don’t intend to.
- Contacting you at work if you tell them your employer disagrees.
- Contacting others, except to verify where you live and work.
- Revealing to others that you owe money.
- If a collection agency contacts you initially by phone, they must send written notice within five days stating how much you owe.
- The name of the creditor owed and how to file a dispute if you don’t agree.
- Once contacted, collectors cannot harass you by:
  - Using abusive language or threatening violence or arrest
  - Calling before 8 a.m. or after 9 p.m.
  - Falsely representing themselves as attorneys or government employees if they are not.

The Southern regional bank reported net income of $375 million, or 53 cents per share, in the three months ending March 31, compared with a net loss of $56 million, or 17 cents per share, in the comparable period a year ago.

Analyzing earnings at more than 31 cents per share, according to FactSet.

Shares of Atlanta-based SunTrust Banc Corp. rose 22 cents to $47.11 in early afternoon trading.

SunTrust said its net charge-offs were $39 million in the quarter, which was down 50 percent from $722 million in the year-ago quarter.

The decline came from across all loan segments, but particularly in the residential loans, the company said.

The improvement allowed SunTrust to set aside less money for loan losses.

The company said provisions for loan losses amounted to $392 million, down from $662 million a year ago.

SunTrust returns to profit in 2Q as loans improve

ATLANTA (AP) — SunTrust Banks Inc. said Friday that it returned to a profit in the second quarter as its loan portfolio improved and it set aside less money to cover charge-offs.

The Southern regional bank reported net income of $375 million, or 53 cents per share, in the three months ending March 31, compared with a net loss of $56 million, or 17 cents per share, in the comparable period a year ago.

The company reported net income of $218 million, or 31 cents per share, in the comparable period a year ago.

SunTrust said its net charge-offs were $39 million in the quarter, which was down 50 percent from $722 million in the year-ago quarter.

The decline came from across all loan segments, but particularly in the residential loans, the company said.

The improvement allowed SunTrust to set aside less money for loan losses.

The company said provisions for loan losses amounted to $392 million, down from $662 million a year ago.

SunTrust returns to profit in 2Q as loans improve

ATLANTA (AP) — SunTrust Banks Inc. said Friday that it returned to a profit in the second quarter as its loan portfolio improved and it set aside less money to cover charge-offs.

The Southern regional bank reported net income of $375 million, or 53 cents per share, in the three months ending March 31, compared with a net loss of $56 million, or 17 cents per share, in the comparable period a year ago.

The company reported net income of $218 million, or 31 cents per share, in the comparable period a year ago.

SunTrust said its net charge-offs were $39 million in the quarter, which was down 50 percent from $722 million in the year-ago quarter.

The decline came from across all loan segments, but particularly in the residential loans, the company said.

The improvement allowed SunTrust to set aside less money for loan losses.

The company said provisions for loan losses amounted to $392 million, down from $662 million a year ago.

SunTrust returns to profit in 2Q as loans improve

ATLANTA (AP) — SunTrust Banks Inc. said Friday that it returned to a profit in the second quarter as its loan portfolio improved and it set aside less money to cover charge-offs.

The Southern regional bank reported net income of $375 million, or 53 cents per share, in the three months ending March 31, compared with a net loss of $56 million, or 17 cents per share, in the comparable period a year ago.

The company reported net income of $218 million, or 31 cents per share, in the comparable period a year ago.

SunTrust said its net charge-offs were $39 million in the quarter, which was down 50 percent from $722 million in the year-ago quarter.

The decline came from across all loan segments, but particularly in the residential loans, the company said.

The improvement allowed SunTrust to set aside less money for loan losses.

The company said provisions for loan losses amounted to $392 million, down from $662 million a year ago.

SunTrust returns to profit in 2Q as loans improve

ATLANTA (AP) — SunTrust Banks Inc. said Friday that it returned to a profit in the second quarter as its loan portfolio improved and it set aside less money to cover charge-offs.

The Southern regional bank reported net income of $375 million, or 53 cents per share, in the three months ending March 31, compared with a net loss of $56 million, or 17 cents per share, in the comparable period a year ago.

The company reported net income of $218 million, or 31 cents per share, in the comparable period a year ago.

SunTrust said its net charge-offs were $39 million in the quarter, which was down 50 percent from $722 million in the year-ago quarter.

The decline came from across all loan segments, but particularly in the residential loans, the company said.

The improvement allowed SunTrust to set aside less money for loan losses.

The company said provisions for loan losses amounted to $392 million, down from $662 million a year ago.

SunTrust returns to profit in 2Q as loans improve

ATLANTA (AP) — SunTrust Banks Inc. said Friday that it returned to a profit in the second quarter as its loan portfolio improved and it set aside less money to cover charge-offs.

The Southern regional bank reported net income of $375 million, or 53 cents per share, in the three months ending March 31, compared with a net loss of $56 million, or 17 cents per share, in the comparable period a year ago.

The company reported net income of $218 million, or 31 cents per share, in the comparable period a year ago.

SunTrust said its net charge-offs were $39 million in the quarter, which was down 50 percent from $722 million in the year-ago quarter.

The decline came from across all loan segments, but particularly in the residential loans, the company said.

The improvement allowed SunTrust to set aside less money for loan losses.

The company said provisions for loan losses amounted to $392 million, down from $662 million a year ago.

SunTrust returns to profit in 2Q as loans improve

ATLANTA (AP) — SunTrust Banks Inc. said Friday that it returned to a profit in the second quarter as its loan portfolio improved and it set aside less money to cover charge-offs.

The Southern regional bank reported net income of $375 million, or 53 cents per share, in the three months ending March 31, compared with a net loss of $56 million, or 17 cents per share, in the comparable period a year ago.

The company reported net income of $218 million, or 31 cents per share, in the comparable period a year ago.

SunTrust said its net charge-offs were $39 million in the quarter, which was down 50 percent from $722 million in the year-ago quarter.

The decline came from across all loan segments, but particularly in the residential loans, the company said.

The improvement allowed SunTrust to set aside less money for loan losses.

The company said provisions for loan losses amounted to $392 million, down from $662 million a year ago.
The Studio re-opens in new location

By SAMANTHA GODDAR
sgoddar@newssun.com

SEBRING – The Studio of Health and Beauty re-opened two weeks ago at a new location at 1811 U.S. 27 South just past Summit Bank next to Lord’s Nursery.

The award-winning day spa and hair studio features a whole new layout with more space, more products and more specialists. Owner Laurie Guelff and her highly trained staff are thrilled to be in their new environment.

“This is a more intimate setting,” said Guelff. “We’ve scaled down the services and concentrate on the most requested services. We’ve also expanded one staff.”

The Studio features a staff of 15, with some ladies working in more than one position making the experience at The Studio a quick and painless one.

“Last year, we added an additional position here, which makes it easier on the clients,” Guelff said.

The Studio has two massage therapists, three facialists, four nail specialists and seven hairstylists. With more than 17 facial treatments, 15 hair services, and a whole other list of single and couples massage, haircutting, manicure and make-up services, The Studio has become a one-stop shop for customers over the past nine years.

The Studio offers customizable spa packages and features some very popular services for customers that keep them coming back for more.

“One of the most popular services is definitely hair, massage and facials are a close second,” Guelff said. “We have a popular package that includes a 90-minute facial and 60-minute massage for $112. All of our services can be mixed and matched and any customer that combines three or more services in one visit receives a discount,” said Guelff.

The Studio also features unique hours of operation making them more available for customers. The hours are Monday and Thursday 10 a.m. until 7 p.m., Wednesday and Saturday 10 a.m. until 3 p.m., and Friday 10 a.m. until 5 p.m. The Studio is closed on Christmas and Sunday.

“We try to be open when they’re (customers) ready, not when we are ready,” said Guelff.

For appointments, call 385-1022.

Lester Lob gets his hair cut by The Studio of Health and Beauty stylist Rachel Smith. The newly re-opened salon welcomes both men and women customers and has named a price for all ages.

The chances for gas pump price breaks appear slim

By SANDY SHORE
spshore@newssun.com

Oil prices were a little higher at midday Friday as U.S. lawmakers continued to debate spending plans and raising the nation’s debt ceiling. Failure to raise the limit by the Aug. 2 deadline means the U.S. would default on its debt.

Benchmark West Texas Intermediate crude rose 69 cents to $99.92 a barrel at the New York Mercantile Exchange. Brent crude gained 96 cents to $118.47 per barrel on the ICE Futures exchange in London.

Investors worry that failure to resolve debt problems in the U.S. and Europe could cause the global economy to slow, and spur demand for commodities such as oil.

Pitney stocks are most likely to be hit as a result of a new bailout plan crafted by European leaders that asks investors to take losses on their country’s bonds.

Debt issues on both continents have “played havoc with the price of oil in recent months,” PTG analyst Phil Flynn said. Since the beginning of the month, the price of the barrel has ranged from about $94 a barrel to just over $100.

The dollar has contributed to oil’s volatility. It’s been up and down against major currencies this month.

If oil, like most commodities, is priced in dollars. If the dollar weakens, oil becomes more of a bargain for investors whose other currencies and the price tends to rise.

The Studio offers customers a wide variety of services not available in their previous location. One customer service that has been added is the Oil Price Information Service. In a rare twist, California drivers aren’t paying the highest prices in the lower 48 states. That unconcerned destination belongs to the Northeast. Refiners and import issues have tightened supplies there, while prices were more plentiful in California, according to Fred Beach, retail pricing director at OPIS.

California drivers paid an average of $3.843 a gallon on Friday. Montana paid $3.749 a gallon in Connecticut and $3.544 in New York. Prices in Hawaii and Alaska still top $4 a gallon. The cheapest prices were in the Rocky Mountain and Midwestern parts of the Midwest.

Analysts expect gas prices to be fairly consistent until the end of summer. A hurricanes hurting a hurricane that threatens Gulf Coast operations, or significant economic news affecting the price of oil, could push pump prices will continue to increase more for the rest of the year before they climb again next spring.

The Studio of Health and Beauty re-opened two weeks ago at a new location at 1811 U.S. 27 South just past Summit Bank next to Lord’s Nursery.

The Studio also offers customers a wide variety of services not available in their previous location. One customer service that has been added is the Oil Price Information Service. In a rare twist, California drivers aren’t paying the highest prices in the lower 48 states. That unconcerned destination belongs to the Northeast. Refiners and import issues have tightened supplies there, while prices were more plentiful in California, according to Fred Beach, retail pricing director at OPIS.

California drivers paid an average of $3.843 a gallon on Friday. Montana paid $3.749 a gallon in Connecticut and $3.544 in New York. Prices in Hawaii and Alaska still top $4 a gallon. The cheapest prices were in the Rocky Mountain and Midwestern parts of the Midwest.

Analysts expect gas prices to be fairly consistent until the end of summer. A hurricanes hurting a hurricane that threatens Gulf Coast operations, or significant economic news affecting the price of oil, could push pump prices will continue to increase more for the rest of the year before they climb again next spring.

The Studio also offers customers a wide variety of services not available in their previous location. One customer service that has been added is the Oil Price Information Service. In a rare twist, California drivers aren’t paying the highest prices in the lower 48 states. That unconcerned destination belongs to the Northeast. Refiners and import issues have tightened supplies there, while prices were more plentiful in California, according to Fred Beach, retail pricing director at OPIS.

California drivers paid an average of $3.843 a gallon on Friday. Montana paid $3.749 a gallon in Connecticut and $3.544 in New York. Prices in Hawaii and Alaska still top $4 a gallon. The cheapest prices were in the Rocky Mountain and Midwestern parts of the Midwest.

Analysts expect gas prices to be fairly consistent until the end of summer. A hurricanes hurting a hurricane that threatens Gulf Coast operations, or significant economic news affecting the price of oil, could push pump prices will continue to increase more for the rest of the year before they climb again next spring.

The Studio also offers customers a wide variety of services not available in their previous location. One customer service that has been added is the Oil Price Information Service. In a rare twist, California drivers aren’t paying the highest prices in the lower 48 states. That unconcerned destination belongs to the Northeast. Refiners and import issues have tightened supplies there, while prices were more plentiful in California, according to Fred Beach, retail pricing director at OPIS.

California drivers paid an average of $3.843 a gallon on Friday. Montana paid $3.749 a gallon in Connecticut and $3.544 in New York. Prices in Hawaii and Alaska still top $4 a gallon. The cheapest prices were in the Rocky Mountain and Midwestern parts of the Midwest.

Analysts expect gas prices to be fairly consistent until the end of summer. A hurricanes hurting a hurricane that threatens Gulf Coast operations, or significant economic news affecting the price of oil, could push pump prices will continue to increase more for the rest of the year before they climb again next spring.

The Studio also offers customers a wide variety of services not available in their previous location. One customer service that has been added is the Oil Price Information Service. In a rare twist, California drivers aren’t paying the highest prices in the lower 48 states. That unconcerned destination belongs to the Northeast. Refiners and import issues have tightened supplies there, while prices were more plentiful in California, according to Fred Beach, retail pricing director at OPIS.

California drivers paid an average of $3.843 a gallon on Friday. Montana paid $3.749 a gallon in Connecticut and $3.544 in New York. Prices in Hawaii and Alaska still top $4 a gallon. The cheapest prices were in the Rocky Mountain and Midwestern parts of the Midwest.

Analysts expect gas prices to be fairly consistent until the end of summer. A hurricanes hurting a hurricane that threatens Gulf Coast operations, or significant economic news affecting the price of oil, could push pump prices will continue to increase more for the rest of the year before they climb again next spring.

The Studio also offers customers a wide variety of services not available in their previous location. One customer service that has been added is the Oil Price Information Service. In a rare twist, California drivers aren’t paying the highest prices in the lower 48 states. That unconcerned destination belongs to the Northeast. Refiners and import issues have tightened supplies there, while prices were more plentiful in California, according to Fred Beach, retail pricing director at OPIS.

California drivers paid an average of $3.843 a gallon on Friday. Montana paid $3.749 a gallon in Connecticut and $3.544 in New York. Prices in Hawaii and Alaska still top $4 a gallon. The cheapest prices were in the Rocky Mountain and Midwestern parts of the Midwest.

Analysts expect gas prices to be fairly consistent until the end of summer. A hurricanes hurting a hurricane that threatens Gulf Coast operations, or significant economic news affecting the price of oil, could push pump prices will continue to increase more for the rest of the year before they climb again next spring.

The Studio also offers customers a wide variety of services not available in their previous location. One customer service that has been added is the Oil Price Information Service. In a rare twist, California drivers aren’t paying the highest prices in the lower 48 states. That unconcerned destination belongs to the Northeast. Refiners and import issues have tightened supplies there, while prices were more plentiful in California, according to Fred Beach, retail pricing director at OPIS.

California drivers paid an average of $3.843 a gallon on Friday. Montana paid $3.749 a gallon in Connecticut and $3.544 in New York. Prices in Hawaii and Alaska still top $4 a gallon. The cheapest prices were in the Rocky Mountain and Midwestern parts of the Midwest.

Analysts expect gas prices to be fairly consistent until the end of summer. A hurricanes hurting a hurricane that threatens Gulf Coast operations, or significant economic news affecting the price of oil, could push pump prices will continue to increase more for the rest of the year before they climb again next spring.

The Studio also offers customers a wide variety of services not available in their previous location. One customer service that has been added is the Oil Price Information Service. In a rare twist, California drivers aren’t paying the highest prices in the lower 48 states. That unconcerned destination belongs to the Northeast. Refiners and import issues have tightened supplies there, while prices were more plentiful in California, according to Fred Beach, retail pricing director at OPIS.

California drivers paid an average of $3.843 a gallon on Friday. Montana paid $3.749 a gallon in Connecticut and $3.544 in New York. Prices in Hawaii and Alaska still top $4 a gallon. The cheapest prices were in the Rocky Mountain and Midwestern parts of the Midwest.

Analysts expect gas prices to be fairly consistent until the end of summer. A hurricanes hurting a hurricane that threatens Gulf Coast operations, or significant economic news affecting the price of oil, could push pump prices will continue to increase more for the rest of the year before they climb again next spring.

The Studio also offers customers a wide variety of services not available in their previous location. One customer service that has been added is the Oil Price Information Service. In a rare twist, California drivers aren’t paying the highest prices in the lower 48 states. That unconcerned destination belongs to the Northeast. Refiners and import issues have tightened supplies there, while prices were more plentiful in California, according to Fred Beach, retail pricing director at OPIS.

California drivers paid an average of $3.843 a gallon on Friday. Montana paid $3.749 a gallon in Connecticut and $3.544 in New York. Prices in Hawaii and Alaska still top $4 a gallon. The cheapest prices were in the Rocky Mountain and Midwestern parts of the Midwest.

Analysts expect gas prices to be fairly consistent until the end of summer. A hurricanes hurting a hurricane that threatens Gulf Coast operations, or significant economic news affecting the price of oil, could push pump prices will continue to increase more for the rest of the year before they climb again next spring.
Free ad is limited to a 4-line ad that runs for 3 consecutive issues. Must be a non-commercial item. Asking price is $100 or less. We offer 2 ads per month and can transfer the same ad 2 times in 30 days, only if it’s the same ad. The price is allowed to change. All ads placed under the “Bargain Buys” discount can have 1 item with 1 asking price. The customer can list the ad as 2 items for $50. No commercial items are allowed to be placed under the “Bargain Buys” category. Home must be common household items. Ads for Pets, stating “Free to Good Home,” are allowed to be placed under the “Bargain Buys” category.

ADDITIONAL LEGALS

Free ad is limited to a 4-line ad that runs for 3 consecutive issues. Must be a non-commercial item. Asking price is $100 or less. We offer 2 ads per month and can transfer the same ad 2 times in 30 days, only if it’s the same ad. The price is allowed to change. All ads placed under the “Bargain Buys” discount can have 1 item with 1 asking price. The customer can list the ad as 2 items for $50. No commercial items are allowed to be placed under the “Bargain Buys” category. Home must be common household items. Ads for Pets, stating “Free to Good Home,” are allowed to be placed under the “Bargain Buys” category.

ADDITIONAL LEGALS

Free ad is limited to a 4-line ad that runs for 3 consecutive issues. Must be a non-commercial item. Asking price is $100 or less. We offer 2 ads per month and can transfer the same ad 2 times in 30 days, only if it’s the same ad. The price is allowed to change. All ads placed under the “Bargain Buys” discount can have 1 item with 1 asking price. The customer can list the ad as 2 items for $50. No commercial items are allowed to be placed under the “Bargain Buys” category. Home must be common household items. Ads for Pets, stating “Free to Good Home,” are allowed to be placed under the “Bargain Buys” category.
City Attorney
Sebring, FL 33870
Swaine & Harris, P.A.
Robert S. Swaine

To the proposed Ordinance. The proposed Ordinance is en-
Clerk. Any person may appear and be heard with respect
Ordinance can be obtained from the office of the City
day of August, 2011, at 6:30 p.m. A copy of the proposed
presented to the City Council for adoption upon its second

VIDING FOR SEVERABILITY; PROVIDING FOR CONFLICT;

"http://www.hcbcc.net" www.hcbcc.net

site: HYPERLINK

Purchasing Department; Highlands County, Florida; Web-
advance to permit coordination of the service.
or interpreter services should be made at least 24 hours in
cans with Disabilities Act or Section 286.26 Florida Stat-
treatment in its programs or activities. Anyone requiring
policy involves every aspect of the Board's functions, in-
ying one's access to, participation, employment or

The Board of County Commissioners (BCC), Highlands
COUNTY FACILITIES – NIGP COMMODITY / SERVICE
COUNTYFACILITIES
RFP 11-050 SNACK VENDING SERVICES FOR HIGHLANDS
County, Sebring, Florida, will receive sealed proposals in
The Board of County Commissioners (BCC), Highlands
COUNTY FACILITIES – NIGP COMMODITY / SERVICE
COUNTYFACILITIES
RFP 11-050 SNACK VENDING SERVICES FOR HIGHLANDS
County, Sebring, Florida, will receive sealed proposals in
The Board of County Commissioners (BCC), Highlands
COUNTY FACILITIES – NIGP COMMODITY / SERVICE
COUNTYFACILITIES
RFP 11-050 SNACK VENDING SERVICES FOR HIGHLANDS
County, Sebring, Florida, will receive sealed proposals in
If you enjoy page design, this job is for you.

The News-Sun is looking for the right person to help design its news pages. The right candidate must be experienced in Quark and Photoshop, as well as have good news judgment. The ability to work fast with minimal supervision is also necessary. Experience in illustration and InDesign is a plus. This position is for 20 hours - hours may be flexible.

Send sample of work to resume@humanresources@news-sun.com or fax to 388-363-1651.

Attention: Human Resources Director, drop off at 2227 U.S. 27 South, Sebring.

Drug test and background check required. EOE.
Getting You Back on Your Feet Is Just the First Step!

If you’re injured or facing surgery, we provide personalized physical therapy care to help you recover quickly and safely. From hands-on therapy to pain management techniques and therapeutic exercise, our expert team will put their extensive training and experience to work for you. Call us today to schedule an appointment at our convenience. Shoulder, Hip, Ankle & Back Therapy.

Most Insurance Plans Accepted

100 YMAA Ln
Seeking, RI 02875
863-382-2949
visit us on the web at bowyerpt.com

Also treating dizziness & balance

Keith A. Bowyer, Jr., PT
Best Physical Therapist
2006 • 2007 • 2008 • 2009 • 2010
Herdman Certified in Vestibular Rehabilitation

WWW.WARRENSAUTOSALES.COM

5 YEAR
100,000 MILE WARRANTY

10 DODGE CHARGER
15 CHEVROLET IMPALA
LT MODEL, 26,000 MILES, ECONOMICAL V6 POWER

$15,911

09 PONTIAC G5
SPORT PACKAGE, ONE OWNER, 23,000 MILES, INS

$14,911

09 PONTIAC VIBE
IMPORT QUALITY, VERSATILITY, AUTOMATIC TRANSMISSION

$14,911

08 BUICK LUCERNE
LEATHER, 13,000 MILES, WARRANTY UNTIL 03/2014

$16,911

08 SATURN AURA
COUPE, AUTOMATIC, LEATHER, VICTORY RED, FAST

$13,671

08 CHEVROLET CORVETTE
XENON, BEST IN ITS CLASS, LOADED, BLACK BEAUTY

$36,000 MILES

09 SATURN VUE

BEST EVER

$14,911

1203 S. 12th St. • 863-452-2931

10 TUESDAY
97° / 77°

10 THURSDAY
97° / 76°

10 FRIDAY
95° / 77°

10 SATURDAY
94° / 77°

10 SUNDAY
93° / 77°

Weather Forecast for Thursday July 28

Sunrise 6:48 a.m.
Sunset 8:17 p.m.
Moonrise 1:16 a.m.
Moonset 1:58 p.m.
High 97° / 77°
Low 67° / 78°
Weather History through Virginia. The storm was still potent Wednesday with a thunderstorm in the afternoon. Tuesday: Mostly sunny today with a thunderstorm in one or two spots in the afternoon. Partly cloudy tonight. Partly sunny with a 30% chance of showers and thunderstorms Thursday afternoon. Partly sunny, a t-storm in the area this afternoon. Winds east-southeast 6-12 mph. Expect 8-12 mph.

Sun and Moon

Minneapolis 85/70/pc 81/65/pc 77/66/pc
Minneapolis 85/70/pc 81/65/pc 77/66/pc
Minneapolis 85/70/pc 81/65/pc 77/66/pc

World Cities

Minneapolis 85/70/pc 81/65/pc 77/66/pc
The Florida State Dixie Ozone champion Sebring All-Stars. Front row, left to right, Troy Frazier, Alex Lopez, D.J. McPhail, back row, assistant coach Jon Peck, head coach Dan Frizner and assistant coach Nick Arison.

By HOWARD FENDRICH
Associated Press
WASHINGTON — Sorry, football fans. The NFL is stuck in a holding pattern, with work still to be done to end the lockout. Back, the players have even scheduled a vote. People from both sides of the labor dispute planned to talk through the weekend — although not face-to-face — in order to try to solve the remaining issues.

As it is, clubs won’t open their facilities to players until July 12 at the latest, unless owners want to unlock the gates.

Now it’s just waiting,” Carolina Panthers general manager Marty Harrah said at an Atlanta hotel where team executives were held Friday for new rules for next season. “Be flexible, and work and see what happens.”

Owners ratified the tentative agreement Monday, freeing the Oakland Raiders abstained — on Thursday, provided players would give their OK. See NFL, Page 4B

The Florida State Dixie Ozone championship Sebring All-Stars. Front row, left to right, Troy Frazier, Alex Lopez, D.J. McPhail, back row, assistant coach Jon Peck, head coach Dan Frizner and assistant coach Nick Arison.

The Dixie Ozone baseball championship is being held at the International Little League Complex and will continue through Saturday.

By DAN HOEHNE
MCT photo

Dixie Ozone State Tournament Sebring rolls to second straight state title By DAN HOEHNE
daniel.hoehne@newssun.com
AVON PARK — It was just as sweet the second time around, but the celebrating, sure for a dressing of head coach Dan Frizner with not one, but two jugs of ice

Ray got to Crouch for a long line-drive single to left. The Streaks went on to top the Hurricanes 4-2 and advance to Tuesday’s championship game.

The Dixie Ozone baseball championship is being held at the International Little League Complex and will continue through Saturday.

Sebring fans a familiar sight, with a single to left. But Sebring added five more in the second when Helms drew a bases-loaded walk and Crouch unloaded a long-ball of the deficit in the last inning for the Dixie AAA State Tournament.

Sebring 22
Seminole 6

Alyssa Ridinger singled to lead off and Nick Nabors got their first at bat. Kyle “Lunchbox” Helms got a good look at this pitch and Seminole added another potential fielder’s choice third strike before Josh Crouch walked and Daniel Simone’s ground-out brought Helms in. Jay Bible then launched the third long-ball of the inning, a two-run laser to left center to put the junior Strakos to a 6-0 lead before the Warriors got their first at bat.

Ray got to Crouch for a long line-drive single to left. The Streaks went on to top the Hurricanes 4-2 and advance to Tuesday’s championship game.

The Dixie Ozone baseball championship is being held at the International Little League Complex and will continue through Saturday.

The Dixie Ozone baseball championship is being held at the International Little League Complex and will continue through Saturday.

By HOWARD FENDRICH
Associated Press
WASHINGTON — Sorry, football fans. The NFL is stuck in a holding pattern, with work still to be done to end the lockout. Back, the players have even scheduled a vote. People from both sides of the labor dispute planned to talk through the weekend — although not face-to-face — in order to try to solve the remaining issues.

As it is, clubs won’t open their facilities to players until July 12 at the latest, unless owners want to unlock the gates.

Now it’s just waiting,” Carolina Panthers general manager Marty Harrah said at an Atlanta hotel where team executives were held Friday for new rules for next season. “Be flexible, and work and see what happens.”

Owners ratified the tentative agreement Monday, freeing the Oakland Raiders abstained — on Thursday, provided players would give their OK. See NFL, Page 4B

The Florida State Dixie Ozone champion Sebring All-Stars. Front row, left to right, Troy Frazier, Alex Lopez, D.J. McPhail, back row, assistant coach Jon Peck, head coach Dan Frizner and assistant coach Nick Arison.

The Dixie Ozone baseball championship is being held at the International Little League Complex and will continue through Saturday.

By HOWARD FENDRICH
Associated Press
WASHINGTON — Sorry, football fans. The NFL is stuck in a holding pattern, with work still to be done to end the lockout. Back, the players have even scheduled a vote. People from both sides of the labor dispute planned to talk through the weekend — although not face-to-face — in order to try to solve the remaining issues.

As it is, clubs won’t open their facilities to players until July 12 at the latest, unless owners want to unlock the gates.

Now it’s just waiting,” Carolina Panthers general manager Marty Harrah said at an Atlanta hotel where team executives were held Friday for new rules for next season. “Be flexible, and work and see what happens.”

Owners ratified the tentative agreement Monday, freeing the Oakland Raiders abstained — on Thursday, provided players would give their OK. See NFL, Page 4B

The Florida State Dixie Ozone champion Sebring All-Stars. Front row, left to right, Troy Frazier, Alex Lopez, D.J. McPhail, back row, assistant coach Jon Peck, head coach Dan Frizner and assistant coach Nick Arison.

The Dixie Ozone baseball championship is being held at the International Little League Complex and will continue through Saturday.

By HOWARD FENDRICH
Associated Press
WASHINGTON — Sorry, football fans. The NFL is stuck in a holding pattern, with work still to be done to end the lockout. Back, the players have even scheduled a vote. People from both sides of the labor dispute planned to talk through the weekend — although not face-to-face — in order to try to solve the remaining issues.

As it is, clubs won’t open their facilities to players until July 12 at the latest, unless owners want to unlock the gates.

Now it’s just waiting,” Carolina Panthers general manager Marty Harrah said at an Atlanta hotel where team executives were held Friday for new rules for next season. “Be flexible, and work and see what happens.”

Owners ratified the tentative agreement Monday, freeing the Oakland Raiders abstained — on Thursday, provided players would give their OK. See NFL, Page 4B

The Florida State Dixie Ozone champion Sebring All-Stars. Front row, left to right, Troy Frazier, Alex Lopez, D.J. McPhail, back row, assistant coach Jon Peck, head coach Dan Frizner and assistant coach Nick Arison.

The Dixie Ozone baseball championship is being held at the International Little League Complex and will continue through Saturday.

The Florida State Dixie Ozone champion Sebring All-Stars. Front row, left to right, Troy Frazier, Alex Lopez, D.J. McPhail, back row, assistant coach Jon Peck, head coach Dan Frizner and assistant coach Nick Arison.

The Dixie Ozone baseball championship is being held at the International Little League Complex and will continue through Saturday.

By HOWARD FENDRICH
Associated Press
WASHINGTON — Sorry, football fans. The NFL is stuck in a holding pattern, with work still to be done to end the lockout. Back, the players have even scheduled a vote. People from both sides of the labor dispute planned to talk through the weekend — although not face-to-face — in order to try to solve the remaining issues.

As it is, clubs won’t open their facilities to players until July 12 at the latest, unless owners want to unlock the gates.

Now it’s just waiting,” Carolina Panthers general manager Marty Harrah said at an Atlanta hotel where team executives were held Friday for new rules for next season. “Be flexible, and work and see what happens.”

Owners ratified the tentative agreement Monday, freeing the Oakland Raiders abstained — on Thursday, provided players would give their OK. See NFL, Page 4B

The Florida State Dixie Ozone champion Sebring All-Stars. Front row, left to right, Troy Frazier, Alex Lopez, D.J. McPhail, back row, assistant coach Jon Peck, head coach Dan Frizner and assistant coach Nick Arison.

The Dixie Ozone baseball championship is being held at the International Little League Complex and will continue through Saturday.
Auto Racing

NASCAR

Nov 23, Grand Prix of Long Beach, 3:30 p.m., ABS
Dec 2, 1000 Miles of Houston, 3:30 p.m., ABS
Dec 3, Grand Prix of Miami, 3:30 p.m., ABS

Bicycle Racing

Tour de France

2 p.m.

SOCCER

November

Sunday

San Sffer (Stauffer 6-6) at Philadelphia
Toronto (Cecil 2-4) at Texas (Ogando (F.Paulino 1-3), 2:10 p.m.
N.Y. Yankees (Colon 6-6), 1:05 p.m.
Washington at L.A. Dodgers, late
N.Y. Mets at Florida, late
San Diego at Philadelphia, late
Atlanta at Cincinnati, late
Toronto at Texas, late
Seattle at Boston, late
N.Y. Yankees 17, Oakland 7
Chicago 51 47 .520 1
Cleveland 51 47 .520 1
Los Angeles 50 49 .505 2
New York 50 49 .505 12
Philadelphia 62 36 .633 —
New England 53 44 .565 7
Portland 48 51 .485 5
Cincinnati 48 51 .485 5
New York 58 39 .598 2
San Jose 5 6 9 24 24 23
FC Dallas 11 5 5 38 27 19
Sporting K.C. 5 6 8 23 24 25
New York 6 5 11 29 35 28
San Diego 44 56 .440 13
San Francisco 44 56 .440 13
Los Angeles 6 8 .429 4
Seattle 8 7 .533 2
San Antonio 9 5 .643 1
Chicago 8 9 .471 3
New York 9 7 .563 1
Boston 7 8 .486 4
Los Angeles 7 9 .471 3
Seattle 73, San Antonio 55
Indiana 77, Chicago 63

Wednesday

Lake (PCL).

LOS ANGELES ANGELS–Activated OF Luke Scott from the 15-day DL.
COLUMBUS (IL). Designated INF Jared Rouse for assignment.
SAN DIEGO PADRES–Recalled INF/OF Nick Hundley from the N.Y. Mets.
Claimed OF Mike Baxter off waivers
SAN DIEGO PADRES–Recalled INF/OF Carlos Quentin from the 15-day DL.
FLORENCE FREEDOM–Signed RHP Brandon Mathes to Florence (Frontier League)
BROCKTON ROX–Signed INF Alex Sierra (New York PGCBL).
SAN DIEGO PADRES–Recalled INF/OF Matt Angle to Norfolk (IL).
Optioned OF Matt Angle to Norfolk (IL).

WORLD CUP SOCCER

July 29 - Aug. 20

9 a.m.

PM

SUN

SEBRING – The Heartland Soccer Club will be holding one more tryout for girls and boys, 12-15 years of age, on Saturday, July 23 (4-11 a.m.) at the Highlands County Sports Complex, Field 3. Full recreational and competitive teams will be formed. Find us on Facebook or contact us at HeartlandSoccer@gmail.com or call Gail Cooper at 863-314-3387.

Lake Placid Youth Bowling

LAKE PLACID – The Royal Palms Bowling League, for open fun, will begin its’ new season Saturday, Sept. 3, at 10 a.m., which begins play on the 20-lane facility. New bowlers are welcome. Bowling is every Saturday morning at 10 a.m. through December 30.
Weekly cash is $11 and includes three games bowling. The top 10 cash scorers each week will receive cash prizes.
All bowlers are encouraged to join and bowl Tuesday nights starting on September 6th – 9 p.m., with an entry fee of $5.00 per night.
All proceeds will help benefit Sebring bowling

Heartland Soccer tryouts will be held at the Highlands County Sports Complex the morning of Saturday, July 23rd. It will be a shirt, and new bowlers are welcome. Bowling is every Saturday morning at 10 a.m. through December 30. Weekly cash is $11 and includes three games bowling. The top 10 cash scorers each week will receive cash prizes. All bowlers are encouraged to join and bowl Tuesday nights starting on September 6th – 9 p.m., with an entry fee of $5.00 per night. All proceeds will help benefit Sebring bowling.

Warrior Golf Classic

LAKE WALES – Webster Football Booster Club is sponsoring a fundraising event in support of the Warrior Football program with a gala fundraiser on August 27, at the Lake Wales Country Club. Shot start at 9 a.m.
Free play, $20 per player (2/4 team of four) $35 Middlengt $15 total & 15 kickers for $10 (includes green fees and bar/food buffet).
First, second and third place winner; team prizes; Closest to the Pin at No. 16.
Sponsorship opportunities. Hole sponsor $100, include sign and name and logo.
Blank space available including tickets schedule and memorabilia.
Tickets will sell $50 per person, which includes a grand opening, new bowls, and hole sponsorships, which will cover the cost of the event.
Approach Caddy will be available for $5, with a printable schedule and memorabilia.
Make checks payable to: Webster, Florida 111 Dollar League, check payable to: Webster HC Booster Club. Visit the webpage wbsports.com or call (863) 734-3191 for more information.

Tennis

Major League Baseball

1:30 p.m.

SAN DIEGO PADRES–Recalled INF/OF Carlos Quentin from the 15-day DL.

SUN

SEBRING – The Heartland Soccer Club will be holding one more tryout for girls and boys, 12-15 years of age, on Saturday, July 23rd. It will be a shirt, and new bowlers are welcome. Bowling is every Saturday morning at 10 a.m. through December 30. Weekly cash is $11 and includes three games bowling. The top 10 cash scorers each week will receive cash prizes. All bowlers are encouraged to join and bowl Tuesday nights starting on September 6th – 9 p.m., with an entry fee of $5.00 per night. All proceeds will help benefit Sebring bowling.

Warrior Golf Classic

LAKE WALES – Webster Football Booster Club is sponsoring a fundraising event in support of the Warrior Football program with a gala fundraiser on August 27, at the Lake Wales Country Club. Shot start at 9 a.m.
Free play, $20 per player (2/4 team of four) $35 Middlengt $15 total & 15 kickers for $10 (includes green fees and bar/food buffet).
First, second and third place winner; team prizes; Closest to the Pin at No. 16.
Sponsorship opportunities. Hole sponsor $100, include sign and name and logo.
Blank space available including tickets schedule and memorabilia.
Tickets will sell $50 per person, which includes a grand opening, new bowls, and hole sponsorships, which will cover the cost of the event.
Approach Caddy will be available for $5, with a printable schedule and memorabilia.
Make checks payable to: Webster, Florida 111 Dollar League, check payable to: Webster HC Booster Club. Visit the webpage wbsports.com or call (863) 734-3191 for more information.

Tennis

Major League Baseball

1:30 p.m.

SAN DIEGO PADRES–Recalled INF/OF Carlos Quentin from the 15-day DL.

SUN

SEBRING – The Heartland Soccer Club will be holding one more tryout for girls and boys, 12-15 years of age, on Saturday, July 23rd. It will be a shirt, and new bowlers are welcome. Bowling is every Saturday morning at 10 a.m. through December 30. Weekly cash is $11 and includes three games bowling. The top 10 cash scorers each week will receive cash prizes. All bowlers are encouraged to join and bowl Tuesday nights starting on September 6th – 9 p.m., with an entry fee of $5.00 per night. All proceeds will help benefit Sebring bowling.

Warrior Golf Classic

LAKE WALES – Webster Football Booster Club is sponsoring a fundraising event in support of the Warrior Football program with a gala fundraiser on August 27, at the Lake Wales Country Club. Shot start at 9 a.m.
Free play, $20 per player (2/4 team of four) $35 Middlengt $15 total & 15 kickers for $10 (includes green fees and bar/food buffet).
First, second and third place winner; team prizes; Closest to the Pin at No. 16.
Sponsorship opportunities. Hole sponsor $100, include sign and name and logo.
Blank space available including tickets schedule and memorabilia.
Tickets will sell $50 per person, which includes a grand opening, new bowls, and hole sponsorships, which will cover the cost of the event.
Approach Caddy will be available for $5, with a printable schedule and memorabilia.
Make checks payable to: Webster, Florida 111 Dollar League, check payable to: Webster HC Booster Club. Visit the webpage wbsports.com or call (863) 734-3191 for more information.

Tennis

Major League Baseball

1:30 p.m.

SAN DIEGO PADRES–Recalled INF/OF Carlos Quentin from the 15-day DL.
Champs headed to Virginia for Ozone World Series

Continued from B

wound up with both runners safe.

One out later, a Nick Osnic infield single and error brought both runners home, making it 11-4 in the fifth.

Crouch got those two backsided, with a two- run homer to right after Peck had walked off with a double off the left-field fence.

He then worked around two runners inherited on the left side before Selberg broke it wide open in the fifth.

David DeGenaro reached on an error, making it to second on the third to third on a Dusty sacrifice bunt.

Then built him up with a single before Cantu reached on an error to put runners on the corners.

Peck walked to load the bases and Holmes came through with a two-run single to left.

With nothing apart of it in the years to come.

AAA determination, ability bode well for the future

Continued from 1B

there are third base.

But all those mountains climbed must have taken their toll, in as much weariness any more comebacks left.

And though West Seminole carried the name, Selberg did get that long awaited win for over three, a testament to their ability given the size of the area the Wolves have to draw players from.

As the line-up of L.J. Daniels, Cody Jolley, Riviera, Terry, Carson Angell, Desmond Goines, Robert Sponse, Dwayne Morrow, Hunter Sanderson, Jorge Martinez, Emily Bible and Jorge Martinez, for their fan-

ers’ way of making sure they could 30-40 percent under the

state of Florida.

And if their ability, grit and determination shown that 31 billion pie they had carved out

Owners who thought they could do it without all their sup-

sent them well. We couldn’t be more proud of us last year. It’s just around town, which did a

The team will be travel-

ing to Madison Heights, Va., to defend their

Dixie Ozone World Series championship.

The tournament gets under way Saturday, Aug. 6, with Selberg facing the South Carolina State runners up.

E.O. KOCH CONSTRUCTION CO.; 5.542”; 4”; Black; seamless p/u;

more importantly, it

includes strong rules against

at least four years and

ries, locks up draft picks for

salaries for unproven rook-

and lots of it.

ensure they make money —

with terms that almost

buying themselves labor

unprecedented in length,

what they voted for.

bigger rush to let fans know

them to the title game. Remember, they were in a

That’s why they were a

struggling team.

That it seemed to come as

a surprise to the players

entirely out of line when

an easy thing to do, so

with the hired help can’t be

players will get more time

though Cam Newton and

they would change the way

begin missing some substan-

ly but the brunt of that will be the increases for rookies not even in the league yet, and

new television deals will help grow the overall pot.

The owners, though, might have done even better.

That’s why they’re in

this town through the ordeal, the Warriors intentionally talked Crouch, but Selberg made them pay with a two- run single.

Then built his re- load the bags and DeGenaro drew a walk to load the third.

Dusty then reached again and brought one home and Peck had another RHI single to his Stat sheet.

Certainly finished then scoring with a sacrifice fly to left.

But with Peck on third and Holmes brought Ray to the plate with one out and he again sent one over the center field fence.

A list of preseason All-

SouthEastern Conference team.

B The Associated Press

A list of preseason All-

SouthEastern Conference team, as chosen by reporters covering SEC media days, with total votes received in parenthesis:

Preseason

All-Southeastern Conference team

E.O. KOCH CONSTRUCTION CO.; 5.542”; 4”; Black; seamless p/u;

Continued from 1B

big bet to own, and an even bigger one to have to know who they voted.

They’re getting a contract unprecedented in length, buying themselves labor unproven rook-

ies, locks up draft picks for

salaries for unproven rook-

The deal allows them to

cut 30-40 percent under the

$31.5 million in guaranteed

league yet.

thing the players gave up

negotiation were determined

had been fleeced in the last

new deal.

Sports columnist for The

Tim Dahlberg is a national

writers group and players will take some of the money

though, by an agreement to

negotiation were determined

had been fleeced in the last

new deal.

Sports columnist for The

Tim Dahlberg is a national

writers group and players will take some of the money

though, by an agreement to

negotiation were determined

had been fleeced in the last

new deal.

Sports columnist for The

Tim Dahlberg is a national

writers group and players will take some of the money

though, by an agreement to

negotiation were determined

had been fleeced in the last

new deal.

Sports columnist for The

Tim Dahlberg is a national

writers group and players will take some of the money

though, by an agreement to

negotiation were determined

had been fleeced in the last

new deal.

Sports columnist for The

Tim Dahlberg is a national

writers group and players will take some of the money

though, by an agreement to

negotiation were determined

had been fleeced in the last

new deal.

Sports columnist for The

Tim Dahlberg is a national

writers group and players will take some of the money

though, by an agreement to

negotiation were determined

had been fleeced in the last

new deal.

Sports columnist for The

Tim Dahlberg is a national

writers group and players will take some of the money

though, by an agreement to

negotiation were determined

had been fleeced in the last

new deal.

Sports columnist for The

Tim Dahlberg is a national

writers group and players will take some of the money

though, by an agreement to

negotiation were determined

had been fleeced in the last

new deal.

Sports columnist for The

Tim Dahlberg is a national

writers group and players will take some of the money

though, by an agreement to

negotiation were determined

had been fleeced in the last

new deal.

Sports columnist for The

Tim Dahlberg is a national

writers group and players will take some of the money

though, by an agreement to

negotiation were determined

had been fleeced in the last

new deal.

Sports columnist for The

Tim Dahlberg is a national

writers group and players will take some of the money

though, by an agreement to

negotiation were determined

had been fleeced in the last

new deal.

Sports columnist for The

Tim Dahlberg is a national

writers group and players will take some of the money

though, by an agreement to

negotiation were determined

had been fleeced in the last

new deal.

Sports columnist for The

Tim Dahlberg is a national

writers group and players will take some of the money

though, by an agreement to

negotiation were determined

had been fleeced in the last

new deal.

Sports columnist for The

Tim Dahlberg is a national

writers group and players will take some of the money

though, by an agreement to

negotiation were determined

had been fleeced in the last

new deal.

Sports columnist for The

Tim Dahlberg is a national

writers group and players will take some of the money

though, by an agreement to

negotiation were determined

had been fleeced in the last

new deal.

Sports columnist for The

Tim Dahlberg is a national

writers group and players will take some of the money

though, by an agreement to

negotiation were determined

had been fleeced in the last

new deal.

Sports columnist for The

Tim Dahlberg is a national

writers group and players will take some of the money

though, by an agreement to

negotiation were determined

had been fleeced in the last

new deal.

Sports columnist for The

Tim Dahlberg is a national

writers group and players will take some of the money

though, by an agreement to

negotiation were determined

had been fleeced in the last

new deal.

Sports columnist for The

Tim Dahlberg is a national

writers group and players will take some of the money

though, by an agreement to

negotiation were determined

had been fleeced in the last

new deal.

Sports columnist for The

Tim Dahlberg is a national

writers group and players will take some of the money

though, by an agreement to

negotiation were determined

had been fleeced in the last

new deal.

Sports columnist for The

Tim Dahlberg is a national

writers group and players will take some of the money

though, by an agreement to

negotiation were determined

had been fleeced in the last

new deal.

Sports columnist for The

Tim Dahlberg is a national

writers group and players will take some of the money

though, by an agreement to

negotiation were determined

had been fleeced in the last

new deal.

Sports columnist for The

Tim Dahlberg is a national

writers group and players will take some of the money

though, by an agreement to

negotiation were determined

had been fleeced in the last

new deal.

Sports columnist for The

Tim Dahlberg is a national

writers group and players will take some of the money

though, by an agreement to

negotiation were determined

had been fleeced in the last

new deal.

Sports columnist for The

Tim Dahlberg is a national

writers group and players will take some of the money

though, by an agreement to

negotiation were determined

had been fleeced in the last

new deal.

Sports columnist for The

Tim Dahlberg is a national

writers group and players will take some of the money

though, by an agreement to

negotiation were determined

had been fleeced in the last

new deal.

Sports columnist for The

Tim Dahlberg is a national

writers group and players will take some of the money

though, by an agreement to

negotiation were determined

had been fleeced in the last

new deal.

Sports columnist for The

Tim Dahlberg is a national

writers group and players will take some of the money

though, by an agreement to

negotiation were determined

had been fleeced in the last

new deal.

Sports columnist for The

Tim Dahlberg is a national

writers group and players will take some of the money

though, by an agreement to

negotiation were determined

had been fleeced in the last

new deal.

Sports columnist for The

Tim Dahlberg is a national

writers group and players will take some of the money

though, by an agreement to

negotiation were determined

had been fleeced in the last

new deal.
Heat an Arison family affair

Continued from B1

Aronson said.

Hear President Pat Riley will continue running the basketball side of the team and Eric Weisbrod will continue overseeing the Heat business operations.

Nick Arison has been the team's vice president of baseball operations since September 2008. He has worked in pro sports in various capacities for about a year. ‘I have been working for the Arison family for 10 years,” said Riley. “The Miami Heat is truly a family organization and that is what makes it a desirable franchise to work for. The Heat are the Arisons. Like his grandfather Ted and father Micky, Nick is an extraordinary, special young man and will serve the Heat in a highly professional manner as those men did. Congratulations to Nick. He has earned it.

Nick Arison was a student manager under Mike Krzyzewski at Duke for four years. He is close to his former coach. "Nick has certainly earned the respect of the league and players: a supplemental revenue-sharing plan, the owners expressed hope Thursday that their vote would lead to a speedy resolution to the NFL’s first work stoppage since 1987. “It is time to get back to football,” a weary Goodell said.

And last summer, when the Heat went on their three-game trip to the United Kingdom, Nick Arison was a key part of the recruiting team alongside his father Riley. Heat coach Erik Spoelstra and Heat executive vice president of basketball operations Pat Riley were on hand at the Barclays Center in London to present LeBron James with the 2006 world championship jacket. “As the CEO of the Heat, I am positive that Nick will continue to help lead the franchise forward in pursuit of winning another NBA championship as well,” said Krzyzewski.

“I am thrilled for the organization in recognizing his hard work ethic, loyalty, and commitment to the profession. I consider Nick and his family to be very close friends and we’ve been fortunate to share several championship experiences together at Duke University and with the U.S. National Team,” said Krzyzewski.

Drivers speak up on Golden Tate’s criticism

Associated Press

GLADSTONE, Wash. — Golden Tate of the Seattle Seahawks ruffled NASCAR drivers and fans when he tweeted that driving a car doesn’t show athleticism. And some drivers still are not too happy with him.

Brad Keselowski thinks Tate had his head stuck some-where wrong and certainly attracted plenty of attention if that’s what he wanted.

“You can say that about a lot of different things, but not to drive a car,” Keselowski said Friday. “Whether it’s looking at John Daly in golf or a kicker on a football team, and some kickers are (athletic), there are sports where you don’t have to be an athlete to do it, but you have to be an athlete to do them well. Racing was one of those.”

Tate made headlines when Sprint Cup driver Jimmie Johnson introduced him to the Next Male Athlete category for the ESPY awards.

NASCAR fans immedi-ately took up for their favorite and soon, the story going viral. Current track series points leader Jimmie Johnson compared him to himself. In a conversation with Keselowski, but he’d like to see anyone who thinks drivers aren’t athletes accept a challenge.

“I’d invite anybody who comes in the truck for two- and a-half to three hours and let me show them this end of it,” said Stanton.

Stanton brought up a group of NASCAR employees that were considered to be athletes rather than the pit crew members.

“The crew guys work out, that’s what makes it a desirable place. I am positive that Nick will continue to help lead the franchise forward in pursuit of winning another NBA championship as well,” said Krzyzewski.

Drivers speak up on Golden Tate’s criticism

Associated Press

GLADSTONE, Wash. — Golden Tate of the Seattle Seahawks ruffled NASCAR drivers and fans when he tweeted that driving a car doesn’t show athleticism. And some drivers still are not too happy with him.

Brad Keselowski thinks Tate had his head stuck some-where wrong and certainly attracted plenty of attention if that’s what he wanted.

“You can say that about a lot of different things, but not to drive a car,” Keselowski said Friday. “Whether it’s looking at John Daly in golf or a kicker on a football team, and some kickers are (athletic), there are sports where you don’t have to be an athlete to do it, but you have to be an athlete to do them well. Racing was one of those.”

Tate made headlines when Sprint Cup driver Jimmie Johnson introduced him to the Next Male Athlete category for the ESPY awards.

NASCAR fans immedi-ately took up for their favorite and soon, the story going viral. Current track series points leader Jimmie Johnson compared him to himself. In a conversation with Keselowski, but he’d like to see anyone who thinks drivers aren’t athletes accept a challenge.

“I’d invite anybody who comes in the truck for two- and a-half to three hours and let me show them this end of it,” said Stanton.

Stanton brought up a group of NASCAR employees that were considered to be athletes rather than the pit crew members.

“The crew guys work out, that’s what makes it a desirable place. I am positive that Nick will continue to help lead the franchise forward in pursuit of winning another NBA championship as well,” said Krzyzewski.

Drivers speak up on Golden Tate’s criticism

Associated Press

GLADSTONE, Wash. — Golden Tate of the Seattle Seahawks ruffled NASCAR drivers and fans when he tweeted that driving a car doesn’t show athleticism. And some drivers still are not too happy with him.

Brad Keselowski thinks Tate had his head stuck some-where wrong and certainly attracted plenty of attention if that’s what he wanted.

“You can say that about a lot of different things, but not to drive a car,” Keselowski said Friday. “Whether it’s looking at John Daly in golf or a kicker on a football team, and some kickers are (athletic), there are sports where you don’t have to be an athlete to do it, but you have to be an athlete to do them well. Racing was one of those.”

Tate made headlines when Sprint Cup driver Jimmie Johnson introduced him to the Next Male Athlete category for the ESPY awards.

NASCAR fans immedi-ately took up for their favorite and soon, the story going viral. Current track series points leader Jimmie Johnson compared him to himself. In a conversation with Keselowski, but he’d like to see anyone who thinks drivers aren’t athletes accept a challenge.

“I’d invite anybody who comes in the truck for two- and a-half to three hours and let me show them this end of it,” said Stanton.

Stanton brought up a group of NASCAR employees that were considered to be athletes rather than the pit crew members.

“The crew guys work out, that’s what makes it a desirable place. I am positive that Nick will continue to help lead the franchise forward in pursuit of winning another NBA championship as well,” said Krzyzewski.

Drivers speak up on Golden Tate’s criticism

Associated Press

GLADSTONE, Wash. — Golden Tate of the Seattle Seahawks ruffled NASCAR drivers and fans when he tweeted that driving a car doesn’t show athleticism. And some drivers still are not too happy with him.

Brad Keselowski thinks Tate had his head stuck some-where wrong and certainly attracted plenty of attention if that’s what he wanted.

“You can say that about a lot of different things, but not to drive a car,” Keselowski said Friday. “Whether it’s looking at John Daly in golf or a kicker on a football team, and some kickers are (athletic), there are sports where you don’t have to be an athlete to do it, but you have to be an athlete to do them well. Racing was one of those.”

Tate made headlines when Sprint Cup driver Jimmie Johnson introduced him to the Next Male Athlete category for the ESPY awards.

NASCAR fans immedi-ately took up for their favorite and soon, the story going viral. Current track series points leader Jimmie Johnson compared him to himself. In a conversation with Keselowski, but he’d like to see anyone who thinks drivers aren’t athletes accept a challenge.

“I’d invite anybody who comes in the truck for two- and a-half to three hours and let me show them this end of it,” said Stanton.

Stanton brought up a group of NASCAR employees that were considered to be athletes rather than the pit crew members.

“The crew guys work out, that’s what makes it a desirable place. I am positive that Nick will continue to help lead the franchise forward in pursuit of winning another NBA championship as well,” said Krzyzewski.

Drivers speak up on Golden Tate’s criticism

Associated Press

GLADSTONE, Wash. — Golden Tate of the Seattle Seahawks ruffled NASCAR drivers and fans when he tweeted that driving a car doesn’t show athleticism. And some drivers still are not too happy with him.

Brad Keselowski thinks Tate had his head stuck some-where wrong and certainly attracted plenty of attention if that’s what he wanted.

“You can say that about a lot of different things, but not to drive a car,” Keselowski said Friday. “Whether it’s looking at John Daly in golf or a kicker on a football team, and some kickers are (athletic), there are sports where you don’t have to be an athlete to do it, but you have to be an athlete to do them well. Racing was one of those.”

Tate made headlines when Sprint Cup driver Jimmie Johnson introduced him to the Next Male Athlete category for the ESPY awards.

NASCAR fans immedi-ately took up for their favorite and soon, the story going viral. Current track series points leader Jimmie Johnson compared him to himself. In a conversation with Keselowski, but he’d like to see anyone who thinks drivers aren’t athletes accept a challenge.

“I’d invite anybody who comes in the truck for two- and a-half to three hours and let me show them this end of it,” said Stanton.

Stanton brought up a group of NASCAR employees that were considered to be athletes rather than the pit crew members.

“The crew guys work out, that’s what makes it a desirable place. I am positive that Nick will continue to help lead the franchise forward in pursuit of winning another NBA championship as well,” said Krzyzewski.

Drivers speak up on Golden Tate’s criticism

Associated Press

GLADSTONE, Wash. — Golden Tate of the Seattle Seahawks ruffled NASCAR drivers and fans when he tweeted that driving a car doesn’t show athleticism. And some drivers still are not too happy with him.

Brad Keselowski thinks Tate had his head stuck some-where wrong and certainly attracted plenty of attention if that’s what he wanted.

“You can say that about a lot of different things, but not to drive a car,” Keselowski said Friday. “Whether it’s looking at John Daly in golf or a kicker on a football team, and some kickers are (athletic), there are sports where you don’t have to be an athlete to do it, but you have to be an athlete to do them well. Racing was one of those.”

Tate made headlines when Sprint Cup driver Jimmie Johnson introduced him to the Next Male Athlete category for the ESPY awards.

NASCAR fans immedi-ately took up for their favorite and soon, the story going viral. Current track series points leader Jimmie Johnson compared him to himself. In a conversation with Keselowski, but he’d like to see anyone who thinks drivers aren’t athletes accept a challenge.

“I’d invite anybody who comes in the truck for two- and a-half to three hours and let me show them this end of it,” said Stanton.

Stanton brought up a group of NASCAR employees that were considered to be athletes rather than the pit crew members.

“The crew guys work out, that’s what makes it a desirable place. I am positive that Nick will continue to help lead the franchise forward in pursuit of winning another NBA championship as well,” said Krzyzewski.
COMMUNITY CALENDAR

The Community Calendar pro-
vides a brief listing of local
clubs and organizations who meet on a regular basis. It is
meant to keep you posted on any
changes in this listing by clicking
on the "Details" link in the calendar.
Please send any changes by e-mail
to news@sun.com or call them to
News-Sun Community Calendar, 387-1380.

SUNDAY
American Legion Post 25 in Lake Placid has lunch hours from 11 a.m. to 1:30 p.m. For details, call 465-9835.

American Legion Post 74 in Sebring offers breakfast and lunch daily, 7-10 a.m. and 11 a.m. to 2 p.m. For details, call 453-3234.

American Legion Post 25 in Lake Placid has lunch hours from 11 a.m. to 1:30 p.m. For details, call 465-9835.

American Legion Post 74 in Sebring has breakfast from 7-9 a.m. and lunch from 11 a.m. to 2 p.m. For details, call 453-3234.

Alcoholics Anonymous has meetings in Sebring and Lake Placid area. Call 385-0987.

American Legion Post 25 in Lake Placid has lunch hours from 11 a.m. to 1:30 p.m. For details, call 465-9835.

American Legion Post 74 in Sebring has breakfast from 7-9 a.m. and lunch from 11 a.m. to 2 p.m. For details, call 453-3234.

Alcoholics Anonymous has meetings in Sebring and Lake Placid area. Call 385-0987.

American Legion Post 25 in Lake Placid has lunch hours from 11 a.m. to 1:30 p.m. For details, call 465-9835.

American Legion Post 74 in Sebring has breakfast from 7-9 a.m. and lunch from 11 a.m. to 2 p.m. For details, call 453-3234.

Alcoholics Anonymous has meetings in Sebring and Lake Placid area. Call 385-0987.

American Legion Post 25 in Lake Placid has lunch hours from 11 a.m. to 1:30 p.m. For details, call 465-9835.

American Legion Post 74 in Sebring has breakfast from 7-9 a.m. and lunch from 11 a.m. to 2 p.m. For details, call 453-3234.

Alcoholics Anonymous has meetings in Sebring and Lake Placid area. Call 385-0987.

American Legion Post 25 in Lake Placid has lunch hours from 11 a.m. to 1:30 p.m. For details, call 465-9835.

American Legion Post 74 in Sebring has breakfast from 7-9 a.m. and lunch from 11 a.m. to 2 p.m. For details, call 453-3234.

Alcoholics Anonymous has meetings in Sebring and Lake Placid area. Call 385-0987.

American Legion Post 25 in Lake Placid has lunch hours from 11 a.m. to 1:30 p.m. For details, call 465-9835.

American Legion Post 74 in Sebring has breakfast from 7-9 a.m. and lunch from 11 a.m. to 2 p.m. For details, call 453-3234.

Alcoholics Anonymous has meetings in Sebring and Lake Placid area. Call 385-0987.
Remodeling your kitchen can seem like a daunting task at first glance. You want your new space to function well for your needs, accommodate your lifestyle, and reflect your personal design style. But how to get started? Sarah Reep, KraftMaid director of designer relations and education, recommends considering the following before you begin a kitchen remodel:

1. Determine the remodel scope. Projects can range from replacing the kitchen countertops to completely reconfiguring the kitchen’s floor plan.

2. Identify ways your kitchen remodel can complement your lifestyle. Do you want an open floor plan with room for entertaining? Do you enjoy cooking? To make your kitchen functional, all of these elements should play a part in the layout of a room.

3. Choose your involvement. Is this a do-it-yourself project or do you need to call in the pros? If you plan on doing it yourself, seek guidance from designers.

4. Find the remodeler or design firm right for you. When looking for a remodeler, seek recommendations from your friends, neighbors and local home builders association. Ask your remodeler for references from previous customers and a copy of his or her license.

5. Set your budget. When setting a budget, be flexible and don’t forget to add a buffer for the unexpected. Tools like KraftMaid Cabinetry’s Budget Calculator can help you estimate costs and stay on budget.

6. Consider your timeline. A kitchen remodel isn’t a weekend project. Don’t forget to take into consideration any events that could interfere with your timeline, such as a family vacation.

7. Consider your design style. Do you consider yourself a traditional person? Or do you prefer a sleek, modern look? Narrowing down a design style in the beginning will make the process of choosing colors, appliances and finishes easier. Design tools like KraftMaid’s Inspiration Board can help you transfer your ideas to paper. The design tool allows you to create collages with images, colors and textures that can be shared with your designer. The KraftMyStyle app from KraftMaid allows iPhone, iPod and iPad users to create and share Inspiration Boards on the go.

8. Browse showrooms, magazines and websites for ideas. When it comes to decorating and remodeling, the options are endless. Page through your favorite magazines and visit a local showroom to gather design ideas. KraftMaid offers a kitchen idea gallery to get the dreaming started.

9. Choose your appliances. When choosing appliances, consider the size of your household and kitchen. Collect images of the appliances you like from magazines and brochures. Identify what you like about each appliance and consider how the appliance will contribute to the overall look and function of the kitchen.

10. Create a kitchen contingency plan. During the remodeling process, there will be times you won’t be able to use your kitchen. Ask your remodeler or designer to help you create a plan to allow you to use your kitchen at least partially during different points in the remodeling process.

For more design and remodeling tips from Sarah Reep, visit www.KraftMaid.com.
Writers on the upswing locally

As a writer, I’m happy to report writing — and writers — are making a comeback within the arts-and-culture community.

At least, count four writers’ groups as active within the county and so much as one or two other times I’ve checked.

The most recent addition to the scene is the “Scrivens” Night out. Meet 7-9 p.m. at Beef O’Brady’s Shop at the Central Plaza Shopping Center, 527 U.S. 27, just south of Helen Depot. For information, call Maria Vítal under the sponsorship of the Highlands County Arts Association (HCA), has been a venue for musical performances, art exhibits, and now, readings by local writers of their own works, published or not.

Owner Bruce Rogers says he’s “humbled and honored for Beef’s to serve as a drinking spot for the arts.”

“Art — in its wide variety of forms — expresses the personal stress and has the potential to transform our existence,” he said.

“A coffee shop is a safe, intimate setting that promotes dialogue and allows artists to try new ways of expressing their creativity.”

At Beef’s, the writers’ group is headed by Sherrv Carlson, assisted by her fiancé Chris Williams. The writers meet at 6:30 p.m. on the first and third Tuesdays of the month.

Each session starts out with a “feathered writer” reading which is followed by a series of short, five-minute works, followed by an “open mic” where Beef’s customers, especially students and aspiring writers, have the opportunity to share their writing.

“The emphasis of our group is to encourage everyone to write,” Carlson said.

For more information, call her at 954-519-2140 or e-mail sherri@comcast.net.

Screeching Thrillers and a Critique Group

This group is affiliated with the Florida Writers’ Association (FWA). Its board membership in the association is not required to belong to the local group, which is also a member of the Polk County Writers’ Council (PCWC). “Screeching” in the group’s name refers to when the meeting is held, not to any residence requirement.

It meets the first Wednesday of the month at 7 p.m. at Bill O’Bradly’s in Sebring.

The purpose of the FWA is “writers helping writers” and to promote the interests of Scrivens and Scrivettes.

To follow the full meeting covered such topics as how to find an agent, after the meeting, attendees were given a take home letter and “writing tips and assignments.”

Hanging up this banner is noted health columnist Ray Fisch Carlson, assisted by her fiancé Chris Williams. The writers meet at 6:30 p.m. on the first and third Tuesdays of the month.

Each session starts out with a “feathered writer” reading which is followed by a series of short, five-minute works, followed by an “open mic” where Beef’s customers, especially students and aspiring writers, have the opportunity to share their writing.

“The emphasis of our group is to encourage everyone to write,” Carlson said.

For more information, call her at 954-519-2140 or e-mail sherri@comcast.net.

Avon Park Writers’ Critique Group

Again, “Avon Park” only refers to the meeting site, the Avon Park Public Library from 1-3 p.m. on the second

Sebring Library Summer Reading Program traveling around the world

The economics of antiques

Smart marketing

My yard sale premium fee may sound new to you but believe me, it is the future of the yard sale economy. The voucher is that chic restaurant before a long line of people waiting in the wait.

Remember, if you market your yard sale items, all of your items will sell for a higher price. The early birds don’t like your yard sale because once they get there, they can fly away. There are others who like “yard sale” and will come along with the yard sale coming along.

I’ll discuss more tips on the economics of antiques in future columns. Remember, yard sale economics are in a flux. The best way to stop this is to charge a fee.


dont feed the birds

Never pay asking price for any antique you find at a yard sale.

Always be prepared to negotiate on the price. Negotiation, as many seasoned antiquers know, is part of the fun of antiquing. To develop this important negotiating skill, simply ask if there is a discount on a particular work of art, collectible, or antique. In most cases, a seller will reduce the asking price as much as 25% to 50% without even asking. Here are some important aspects of yard sale pricing. There is a yard sale fee structure, they say.

in the mirror

If you missed his show “Finding Your World” in June, this will be a rare chance to see the amazing creatures that Schwedick finds. The presentation and “travel” from continent to continent around the globe will be built on hundreds of piggy-banks to help fund the Crocodile Conservation Center in Florida. See Schwedick while you can.

Carlson, assisted by her fiancé Chris Williams. The writers meet at 6:30 p.m. on the first and third Tuesdays of the month.

Each session starts out with a “feathered writer” reading which is followed by a series of short, five-minute works, followed by an “open mic” where Beef’s customers, especially students and aspiring writers, have the opportunity to share their writing.

“The emphasis of our group is to encourage everyone to write,” Carlson said.

For more information, call her at 954-519-2140 or e-mail sherri@comcast.net.

Screeching Thrillers and a Critique Group

This group is affiliated with the Florida Writers’ Association (FWA). Its board membership in the association is not required to belong to the local group, which is also a member of the Polk County Writers’ Council (PCWC). “Screeching” in the group’s name refers to when the meeting is held, not to any residence requirement.

It meets the first Wednesday of the month at 7 p.m. at Bill O’Bradly’s in Sebring.

The purpose of the FWA is “writers helping writers” and to promote the interests of Scrivens and Scrivettes.

To follow the full meeting covered such topics as how to find an agent, after the meeting, attendees were given a take home letter and “writing tips and assignments.”

Hanging up this banner is noted health columnist Ray Fisch Carlson, assisted by her fiancé Chris Williams. The writers meet at 6:30 p.m. on the first and third Tuesdays of the month.

Each session starts out with a “feathered writer” reading which is followed by a series of short, five-minute works, followed by an “open mic” where Beef’s customers, especially students and aspiring writers, have the opportunity to share their writing.

“The emphasis of our group is to encourage everyone to write,” Carlson said.

For more information, call her at 954-519-2140 or e-mail sherri@comcast.net.

Avon Park Writers’ Critique Group

Again, “Avon Park” only refers to the meeting site, the Avon Park Public Library from 1-3 p.m. on the second
Opossums are nature’s little sanitizer engineers

We’re all heard the expressions “a clean sweep” or “cleaning the house.” But do opossums really do that? Apparently, they do. In reality, they are a member of the order Didelipoda and are called a pouched animal. They are related to the kangaroo and will not react. In reality the dead animal. Oddly enough, the appearance and even smell of a dead animal. Opossums are North America’s only marsupials, which means their babies are born at about the size of a honey bee. They are small, fast runners and can climb on even the roughest of surfaces. They are immune to the venom of most snakes. They are also immune to the venom of most spiders, which is quite remarkable. They can just live anywhere and have been seen in the most unlikely places. They are active at night and the majority of their life is spent very quietly, mol luscating in an attic, a culvert, gopher tortoise burrow or an oven. Sometimes, they will try to make a nest in a car engine to raise their pups. Make a clicking noise when looking for food and water. Their sense of hearing and smell is excellent but they have very poor vision.

Opossums have the ability to survive most anything and are very adaptable to their environment. They are generally about the size of a house cat. Their bodies are from 15 to 20 inches long with a tail 9 to 12 inches long. They have a flexible, elongated snout, a small head and pointed ear. They have a prehensile tail, which is used to grasp small objects or prevent them from being pushed off opposite walls and hold on to that. They are sometimes used in the emergency medical field. They can eat most anything. They can eat insects, bugs, snakes, fruit, grass and garbage. They can even eat house cats.

Young opossums will remain in their mother’s pouch until they can walk, which can be from 70 to 125 days. At about two months, they will live on their own. The opossum has a very short life span and most only live two to four years. At about three months, they may venture out of the warm, warm nest and hang on to her for a while. The mother has a warm nest and must watch for predators. At about three to four months, they are capable of seeing and can survive on their own.

Opossums are very sensitive to human presence. They will be quite cautious around humans. If you are not cautious, the animal will move away from you.

Opossums are North America’s only marsupials, which means their babies are born at about the size of a honey bee. They are small, fast runners and can climb on even the roughest of surfaces. They are immune to the venom of most snakes. They are also immune to the venom of most spiders, which is quite remarkable. They can just live anywhere and have been seen in the most unlikely places. They are active at night and the majority of their life is spent very quietly, mol luscating in an attic, a culvert, gopher tortoise burrow or an oven. Sometimes, they will try to make a nest in a car engine to raise their pups. Make a clicking noise when looking for food and water. Their sense of hearing and smell is excellent but they have very poor vision.

Opossums have the ability to survive most anything and are very adaptable to their environment. They are generally about the size of a house cat. Their bodies are from 15 to 20 inches long with a tail 9 to 12 inches long. They have a flexible, elongated snout, a small head and pointed ear. They have a prehensile tail, which is used to grasp small objects or prevent them from being pushed off opposite walls and hold on to that. They are sometimes used in the emergency medical field. They can eat most anything. They can eat insects, bugs, snakes, fruit, grass and garbage. They can even eat house cats.

Young opossums will remain in their mother’s pouch until they can walk, which can be from 70 to 125 days. At about two months, they will live on their own. The opossum has a very short life span and most only live two to four years. At about three months, they may venture out of the warm, warm nest and hang on to her for a while. The mother has a warm nest and must watch for predators. At about three to four months, they are capable of seeing and can survive on their own.

Opossums are very sensitive to human presence. They will be quite cautious around humans. If you are not cautious, the animal will move away from you.

Opossums are North America’s only marsupials, which means their babies are born at about the size of a honey bee. They are small, fast runners and can climb on even the roughest of surfaces. They are immune to the venom of most snakes. They are also immune to the venom of most spiders, which is quite remarkable. They can just live anywhere and have been seen in the most unlikely places. They are active at night and the majority of their life is spent very quietly, mol luscating in an attic, a culvert, gopher tortoise burrow or an oven. Sometimes, they will try to make a nest in a car engine to raise their pups. Make a clicking noise when looking for food and water. Their sense of hearing and smell is excellent but they have very poor vision.

Opossums have the ability to survive most anything and are very adaptable to their environment. They are generally about the size of a house cat. Their bodies are from 15 to 20 inches long with a tail 9 to 12 inches long. They have a flexible, elongated snout, a small head and pointed ear. They have a prehensile tail, which is used to grasp small objects or prevent them from being pushed off opposite walls and hold on to that. They are sometimes used in the emergency medical field. They can eat most anything. They can eat insects, bugs, snakes, fruit, grass and garbage. They can even eat house cats.

Young opossums will remain in their mother’s pouch until they can walk, which can be from 70 to 125 days. At about two months, they will live on their own. The opossum has a very short life span and most only live two to four years. At about three months, they may venture out of the warm, warm nest and hang on to her for a while. The mother has a warm nest and must watch for predators. At about three to four months, they are capable of seeing and can survive on their own.

Opossums are very sensitive to human presence. They will be quite cautious around humans. If you are not cautious, the animal will move away from you.
EPISCOPAL
The Episcopal Church of the Redeemer
2751 Lakeview Drive, Sebring, FL 33870, phone 452-8077.

NON-DENOMINATIONAL
Bible Fellowship Church
2730 Lakeview Drive, Sebring, FL 33870, phone 453-3138.
UNIVERSALIST
St. Michael’s Universalist Church
1811 W. Case St., Sebring, FL 33870, phone 453-3767.

LUTHERAN
Memorial Lutheran Church
2106 N. State Road 50, Sebring, FL 33872; (863) 382-2283.
Sunday School for all ages at 9:15 a.m.; Worship service at 10:30 a.m. Combined with the Bethel United Methodist Church and the Pentecostal Church of Sebring. Pastor: Rev. W. Casey L. Downing, associate minister. Visit us at www.christlutheranavonpark.org.

INTERDENOMINATIONAL
World Harvest and Restoration Ministries
500 Kent Ave, Sebring, FL 33872; (863) 382-5528.
Weekly classes, youth programs, Bible study, prayer, worship services. Visit us at www.MMAD.com.

Bible Study: 6:30 p.m. on the first and third Wednesday of each month.

The Salvation Army – Center of Sebring
500 Kent Ave., (overlook-
Hammock Road), Sebring, FL 33815, phone (863) 382-1822. The Salvation Army is a Christian organization dedicated to meeting human needs in Jesus’ name without discrimination. The Salvation Army provides emergency shelter, food, clothing, etc. to individuals and families in need. Food Pantry: 9:30 a.m. Monday; Clothing Pantry: 9:30 a.m. Tuesday and Thursday; Food Pantry: 9:30 a.m. Wednesday (Assistance given to those living in Avon Park, Sebring, and the surrounding area); 4601 Lakeview Drive, Sebring, FL 33870; (863) 382-1822.

THE CHURCH OF LATTER DAY SAINTS
The Church of Jesus Christ of Latter-day Saints
2016 N. State Road 50, Sebring, FL 33872; (863) 382-2295.
The Church of Jesus Christ of Latter-day Saints, known as the Church of Jesus Christ or the Mormon Church, is a Christian church established in 1830. Their beliefs include the possibility of being saved twice, literal interpretations of the Bible, and the Book of Mormon as authorized scripture. http://www.mormon.org

SUNDAY BIBLE READING
First Presbyterian Church
319 Poinsettia Ave., Sebring, FL 33872; (863) 384-2121.

SUNDAY SCHOOL FOR ALL AGES AT 9:15 A.M.

The Church of Jesus Christ of Latter-day Saints
2016 N. State Road 50, Sebring, FL 33872; (863) 382-2295.
The Church of Jesus Christ of Latter-day Saints, known as the Church of Jesus Christ or the Mormon Church, is a Christian church established in 1830. Their beliefs include the possibility of being saved twice, literal interpretations of the Bible, and the Book of Mormon as authorized scripture. http://www.mormon.org

SUNDAY BIBLE READING
First Presbyterian Church
319 Poinsettia Ave., Sebring, FL 33872; (863) 384-2121.

SUNDAY SCHOOL FOR ALL AGES AT 9:15 A.M.

The Church of Jesus Christ of Latter-day Saints
2016 N. State Road 50, Sebring, FL 33872; (863) 382-2295.
The Church of Jesus Christ of Latter-day Saints, known as the Church of Jesus Christ or the Mormon Church, is a Christian church established in 1830. Their beliefs include the possibility of being saved twice, literal interpretations of the Bible, and the Book of Mormon as authorized scripture. http://www.mormon.org

SUNDAY BIBLE READING
First Presbyterian Church
319 Poinsettia Ave., Sebring, FL 33872; (863) 384-2121.

SUNDAY SCHOOL FOR ALL AGES AT 9:15 A.M.

The Church of Jesus Christ of Latter-day Saints
2016 N. State Road 50, Sebring, FL 33872; (863) 382-2295.
The Church of Jesus Christ of Latter-day Saints, known as the Church of Jesus Christ or the Mormon Church, is a Christian church established in 1830. Their beliefs include the possibility of being saved twice, literal interpretations of the Bible, and the Book of Mormon as authorized scripture. http://www.mormon.org

SUNDAY BIBLE READING
First Presbyterian Church
319 Poinsettia Ave., Sebring, FL 33872; (863) 384-2121.

SUNDAY SCHOOL FOR ALL AGES AT 9:15 A.M.
Lake Placid High School's Gavagni named national finalist for Samsung American Legion scholarship

Entice early readers into a life-long habit with fun for free

Family Reading Night

Create a new habit

Reading materials

Keep your kids reading — materials front and center in your home

Why keep books and other reading materials tucked away on a dark shelf in your child’s bedroom? Let reading be part of the atmosphere of your home.

A recent study by the Department of Education confirmed that millions of American children do not reach the fourth grade literacy level (without being able to read proficiently at their grade level).

However, books aren’t the only thing a library has to offer. Visit the library and child.

To make reading fun and exciting.

Libraries are places where children can visit any time during the week andread at their own pace. Each child can choose a book they like and read it at their own speed. Reading together is not only educational for the child, but also helps establish a bond between parent and child.

Visit the library

Make a trip to your local library a part of your family’s regular weekly routine. Allow the children to pick out their own books and help them understand the importance and responsibility of returning them to the library so that others can enjoy them.

In the 2010 Kids and Family Reading Report, the researchers found that the power of choice is a key factor in retaining a young reader. Nine out of 10 children are more likely to finish a book they choose themselves.

The only thing a library has to offer. Check out the free periodicals in your community. For instance, “Kidsville News!” is a free monthly newspaper and educational resource for children grades K through 6th, teachers and parents.

Entice early readers into a life-long habit with fun for free. Contact Sarah Holton at (863) 655-1582 for reservations!


THE SCHOOL BOARD OF HIGHLANDS COUNTY invites the public to attend an informational Town Hall Meeting THURSDAY, AUGUST 4, 2011 5:30 – 6:30 P.M.

SMITH CENTER – SEBRING HIGH SCHOOL 3510 KENILWORTH BLVD SEBRING, FLORIDA

Presented by: Administrative Staff

Co-sponsored by: Orchid Hill Stables

FREE Farm Visits

• Star Trails for Victors

• Riding Lessons

Contact Sarah Holton at (863) 655-1582 for reservations!


FREE Farm Visits

• Star Trails for Victors

• Riding Lessons

Contact Sarah Holton at (863) 655-1582 for reservations!


FREE Farm Visits

• Star Trails for Victors

• Riding Lessons

Contact Sarah Holton at (863) 655-1582 for reservations!


FREE Farm Visits

• Star Trails for Victors

• Riding Lessons

Contact Sarah Holton at (863) 655-1582 for reservations!
Kindly affectionately one to another

Dear Abby: At age 60 my mother imposes basic safety rules. She drives her older model car with the doors unlocked. I have tried explaining that she’s making it easy for a carjacker to gain entry. But she says that “that won’t happen to me.”

Mom says that at night and leaves her front door unlocked, claiming, “If anyone tried to break in here they would see them.” Not true. She goes out for snacks while she’s walking, she chain the dog in the backyard, completely oblivious to what’s going on around her. She actually nailed a key ring with her key back door (labeled as such) on it and leaves it in the door. Anyone could scale the short fence and walk right in.

Mom also leaves the key to her back door under the mat in the front porch for anyone to find.

Mom makes me crazy with worry. I don’t know if she’s aware of the risks she’s taking. I have begged her to lock her door, her windows, but she says “that’s paranoid” and that nothing could ever happen.

Now, she has bought a gun and claims it will make her safer.

Dear Abby: What do you do when your husband doesn’t like your best girlfriend? He says she’s too needy and that you need time to be alone. Should I be honest and tell him I want to continue to make it work? It really gets on my nerves.

Dear In a Pickle: When someone offers financial suggestions about getting married, that’s not necessarily wise. When those suggestions are consisten- t with your own financial level, the next time it hap- pens, tell her that it isn’t going to happen. You don’t have to be kind to your bank “doesn’t like her.” Say “No, that’s impossible.” End dating or taking vacations as a bonus and that you wouldn’t like to keep things just as they are, ladies only.

Dear Abby is written by Abigail Van Buren, also known as Jane Phillips. Write Dear Abby, c/o King Features Syndicate, 733 3rd Ave., New York, NY 10017.

---

I think you have a lot on your mind.

Cancer (June 21-July 22) has built a causal confidence that your feelings are nothing but nonsense. They are. But, it’s more.

Dear In a Pickle: When someone offers financial suggestions about getting married, that’s not necessarily wise. When those suggestions are consisten- t with your own financial level, the next time it hap- happens, tell her that it isn’t going to happen. You don’t have to be kind to your bank “doesn’t like her.” Say “No, that’s impossible.” End dating or taking vacations as a bonus and that you wouldn’t like to keep things just as they are, ladies only.

Dear Abby is written by Abigail Van Buren, also known as Jane Phillips. Write Dear Abby, c/o King Features Syndicate, 733 3rd Ave., New York, NY 10017.

---

I think you have a lot on your mind.

Cancer (June 21-July 22) has built a causal confidence that your feelings are nothing but nonsense. They are. But, it’s more.

Dear In a Pickle: When someone offers financial suggestions about getting married, that’s not necessarily wise. When those suggestions are consisten- t with your own financial level, the next time it hap- happens, tell her that it isn’t going to happen. You don’t have to be kind to your bank “doesn’t like her.” Say “No, that’s impossible.” End dating or taking vacations as a bonus and that you wouldn’t like to keep things just as they are, ladies only.

Dear Abby is written by Abigail Van Buren, also known as Jane Phillips. Write Dear Abby, c/o King Features Syndicate, 733 3rd Ave., New York, NY 10017.

---

I think you have a lot on your mind.

Cancer (June 21-July 22) has built a causal confidence that your feelings are nothing but nonsense. They are. But, it’s more.

Dear In a Pickle: When someone offers financial suggestions about getting married, that’s not necessarily wise. When those suggestions are consisten- t with your own financial level, the next time it hap- happens, tell her that it isn’t going to happen. You don’t have to be kind to your bank “doesn’t like her.” Say “No, that’s impossible.” End dating or taking vacations as a bonus and that you wouldn’t like to keep things just as they are, ladies only.

Dear Abby is written by Abigail Van Buren, also known as Jane Phillips. Write Dear Abby, c/o King Features Syndicate, 733 3rd Ave., New York, NY 10017.
A balanced approach to readiness celebrates this reality about children. It's our best hope for turning out students who can think, lead and act independently and effectively.

Choosing a Preschool

Dr. Mary Zurn, vice president of education for Primrose Schools, a family of 220 private preschools across the country. "On the academic side, it is as important for children to be eager to learn, to ask questions and to be honest, kind, compassionate and respectful. Social-emotional development during preschool is key to a successful transition to elementary school and lifelong healthy relationships."

What is a Balanced Approach to Learning?

From birth through age five, all areas of the brain are rapidly developing. Among these are key factors in a preschool:

1. Focus on mastering concepts, not just memorization: Learning how to think critically, use mathematical concepts and later creative skills.

2. Physical Activity: Does the classroom teaching method go beyond basic instruction in music and physical activity? Early exposure to music can improve IQ scores, motor coordination and social skills. Research shows that music potential can be nurtured with song, dance and play before age five or it is not likely to develop.

3. Music: Did you know that early exposure to music not only enhances a child's ability to create and enjoy music, but also fosters other aspects of brain development? Early exposure to music can improve IQ scores, motor coordination and social skills. Research shows that music potential needs to be nurtured with song, dance and play before age five or it is not likely to develop. Early childhood education programs that promote an understanding of concepts like friendship, generosity and cooperation.

4. Character Development: "Children who are confident, self-regulating and able to relate to others will have a better experience transitioning to elementary school, regardless of their exact reading or math skill level," said Dr. Mary Zurn, vice president of education for Primrose Schools, a family of 220 private preschools across the country. "On the academic side, it is as important for children to be eager to learn, to ask questions and to be honest, kind, compassionate and respectful. Social-emotional development during preschool is key to a successful transition to elementary school and lifelong healthy relationships."

5. Parent Resources: Frequent communication with your classroom — your interactions with your child at home are equally important. Consider the resources, tips and tools that a school can offer parents. Frequent communication with your child's teacher can give you insight how your child is advancing and help you coordinate balanced learning at home.

If you are still wondering if your child will be ready for school, you can find a list of school readiness resources and advice from moms who have been through the child care journey at www.justaskaprimrosemom.com.