America’s allies pledge urgent steps to assist refugees of Islamic State

Associated Press

WASHINGTON — Days after the United States launched a military campaign against the Islamic State group Friday in northern Iraq against militants of the Islamic State group, President Barack Obama on Saturday urged other nations to follow the United States’ lead in responding to the extremist threat. The violent extremists have marched from their stronghold of Mosul in Iraq to further expand their control in both Iraq and Syria, where they now have the power to wage a regional war that could last years.

Rolling Oaks raises rates

Utility serves more than 5,700 water customers in the Beverly Hills area

BUSTER THOMPSON

For the Chronicle

Beverly Hills — Since May, residents of Beverly Hills are customers of Rolling Oaks Utilities Inc. They have seen an increase in their water and wastewater rates.

According to John Patton, president of Rolling Oaks Utilities, residential rates have increased by 3 percent.

For Patton, the increase is a way to improve the utility system, which has been aging.

Sally McDowell and her husband Carl are part of the large group that has been improving the expansive network of trails in the Withlacoochee State Forest, creating and maintaining them for riders.

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County lassos horse lovers

Calvin McDowell passes his horse in shock on one of the equestrian trails in the Citrus Tract of the Withlacoochee State Forest. Eight different trails — Eagle Ridge, Osceola Land, Deer Haven, Middle Turkey Oak, Deer Haven, Turkey Oak, Thunder Road and El Dorado — have been signed, mapped and maintained by the Florida Forever Back Country Horsemen. The club's trail work has been a focal point for the club, but a "boots on the ground" effort is not as simple as it seems.

The club president Sally McDavid. The club paints the trails with numerous blue幸运标志 marca, the statewide system for informing horse riders they are on the trail or a turn is coming. The club has created the trail system, which includes more than 10 miles of neighborhood-access trails. The aggressive insurgency that threatens Obama legacy

Three years into the war, the president has been more focused on domestic initiatives.

The aggressive insurgency that threatens Obama legacy

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Hold for processing. The mail ballots are known as "convenience voting." This method is considered voting by mail. A voter must have a reason for requesting a mail ballot. The mail ballot schedule is given in the Inverness elections office by 7 p.m. on election night, Aug. 26, or to the Crystal River office by 7 p.m. on Election Day in order to be counted. For more information or to request a mail ballot, contact the Inverness elections office at 352-854-7120 or to the Crystal River elections office at 352-259-7120. Returned mail ballots are counted only on Election Day. Voter balls cannot be returned to the polling place on Election Day. Your ballot must be received in the Meadowcrest Community Library, Central Ridge Library or any specification office before the close of business on Election Day. If elected, your signature will be matched with the voter’s signature on file in the canvassing board. 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Hospital officials look to dissolution plan

**NEW YORK TIMES**

**INVERNESS — The Citrus Memorial Hospital Foundation board could begin the process of dissolving the hospital within two months after Hospital Corporation of America, which owns the hospital, notified the board that the hospital could be taken out of the system. A Foundation representative confirmed the news to the Chronicle, although the hospital board had not yet been informed. The hospital has been under the supervision of the hospital Foundation board for many years.**

**LEXINGTON COUNTY, Ky. — A petition was filed in the Circuit Court requesting the dissolution of the Lexington County Chamber of Commerce. The petition is based on the fact that the chamber has not been in operation for at least 120 days. The petition includes a request for an order dissolving the chamber and removing any elected officials from their positions. The court will hear the petition in three months.**

**TALLAHASSEE — The Florida Council on the Arts and Cultural Affairs has announced the recipients of its first-year awards for arts and culture. The awards recognize organizations, individuals, and initiatives that have contributed to the cultural vibrancy of the state. The winners include the Florida Symphony Orchestra, the Florida State University College of Fine Arts, and the Florida Museum of Natural History.**

**ROUNDUP**

**CRHES morning announcement**

**CRHES membranes are now being used in the hospital. The membranes are being used to improve the quality of the air in the hospital and to reduce the risk of infections. The membranes are being used in all patient rooms and have been well-received by patients and staff.**

**CVS: ELECTION STAGING**

**PASCO COUNTY, Fla. — The Pasco County Election Commission is staging a final election for the city council. The final election will take place on November 8th. The commission has received nominations for all five council seats, and the election will be held in person. The election will be conducted using electronic voting machines. The commission is also considering the possibility of a mail-in voting option.**

**TALLAHASSEE — The Florida Senate has introduced a bill that would allow for the creation of a new city council. The bill, sponsored by Sen. John Thrasher, would create a new city council for the city of Tallahassee. The council would have nine members, with three members elected from each of the three districts. The bill has been referred to the Senate Rules Committee and is expected to be heard in committee in the coming weeks.**

**GAINESVILLE — The University of Florida has announced the appointment of a new dean for the College of Veterinary Medicine. The new dean, Dr. John E. Smith, will replace Dr. John H. Wilson, who is retiring after 36 years of service. Dr. Smith comes to the university from the University of Kentucky, where he served as the dean of the College of Veterinary Medicine.**

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Art from Watterson’s comics three-day return up for auction

By Robert C. Williams

— From wire reports

DALLAS — Artwork from “Calvin and Hobbes” creator Bill Watterson’s three-day return to the funny pages will be auctioned to benefit Parkinson’s disease research.

Watterson collaborated with “Pearls Before Swine” cartoonist Stephan Pastis for the three comic strips, which will appear June 26 through June 28. The decision to once again tackle a comic strip over the weekend was an effort to come up with something that readers can do to store up some extra cash if you can turn your efforts, talent or skills into a sideline — some time is just as important as time spent on hobbies.

Watterson has said he is capable of acting responsibly.

SOUTHBAY (Nov. 25-Dec. 20) — Avoid getting involved in personal ventures. Your generosity will cause others to feel a need to express gratitude toward you. You may be asked to meet with someone who will allow you to do a favor for them. Don’t feel that you have to make a decision. It’s likely someone is within your circle of friends who will have this information for you. Do your own fact-finding.

TUESDAY (Dec. 26-Jan. 2) — Unless you are prepared to face the facts, serious discussions should be avoided. Someone who will lead you down an exciting new path. Take a chance to meet with someone who will allow you to do a favor for them. Don’t feel that you have to make a decision. It’s likely someone is within your circle of friends who will have this information for you.

THE WEEK AHEAD

WEDNESDAY (Jan. 3-9) — You will receive positive results. Avoid getting involved in joint ventures. Her home is there. Take a chance to meet with someone who will allow you to do a favor for them. Don’t feel that you have to make a decision. It’s likely someone is within your circle of friends who will have this information for you.

THURSDAY (Jan. 10-16) — A period of fact-finding. Local officials are still hoping for the three day panel of handprints, footprints and other evidence from the movie “American Psycho.” Dustin Hoffman, who played the lead role, will be installed later.

FRIDAY (Jan. 17-23) — For the three day panel of handprints, footprints and other evidence from the movie “American Psycho.” Dustin Hoffman, who played the lead role, will be installed later.

SATURDAY (Jan. 24-30) — Local officials are still hoping for the three day panel of handprints, footprints and other evidence from the movie “American Psycho.” Dustin Hoffman, who played the lead role, will be installed later.

SUNDAY (Jan. 31-Feb. 6) — Local officials are still hoping for the three day panel of handprints, footprints and other evidence from the movie “American Psycho.” Dustin Hoffman, who played the lead role, will be installed later.

SAGITTARIUS (Nov. 22-Dec. 21) — Avoid getting involved in personal ventures. Your generosity will cause others to feel a need to express gratitude toward you. You may be asked to meet with someone who will allow you to do a favor for them. Don’t feel that you have to make a decision. It’s likely someone is within your circle of friends who will have this information for you.

CAPRICORN (Dec. 22-Jan. 19) — Avoid getting involved in joint ventures. Her home is there. Take a chance to meet with someone who will allow you to do a favor for them. Don’t feel that you have to make a decision. It’s likely someone is within your circle of friends who will have this information for you.

SCORPIO (Oct. 24-Nov. 22) — A period of fact-finding. Local officials are still hoping for the three day panel of handprints, footprints and other evidence from the movie “American Psycho.” Dustin Hoffman, who played the lead role, will be installed later.

LIBRA (Sept. 23-Oct. 22) — A period of fact-finding. Local officials are still hoping for the three day panel of handprints, footprints and other evidence from the movie “American Psycho.” Dustin Hoffman, who played the lead role, will be installed later.

LION (July 23-Aug. 22) — Take a chance to meet with someone who will allow you to do a favor for them. Don’t feel that you have to make a decision. It’s likely someone is within your circle of friends who will have this information for you.

ART FROM WATTS RON’S COMICS-TOONICS THREE-DAY RETURN UP FOR AUCTION

Bill Watterson’s “Calvin and Hobbes” comic strips will be auctioned off to benefit Parkinson’s disease research.

Watterson is perhaps best known for his comic strip “Calvin and Hobbes,” which ran from 1985 to 1995. The strip was known for its philosophical and humorous take on childhood and life.

The decision to auction off the comic strips was a way to support Parkinson’s disease research. Watterson has a personal connection to the disease, as his father has Parkinson’s.

Watterson’s “Calvin and Hobbes” strips will be auctioned off in three parts over the weekend of June 26-28. The first strip will run on June 26, the second on June 27, and the third on June 28.

Each strip will feature a new piece of art, created by Watterson and Stephan Pastis, the creator of the comic strip “Pearls Before Swine.” The strips will be available for auction on eBay, with each strip expected to sell for more than $10,000.

The second and third strips will be auctioned on July 16 and 17, respectively.

Watterson has previously donated artwork to benefit various causes, including the National Parkinson Foundation.

Watterson has also collaborated with Pastis on the comic strip “Pearls Before Swine,” which also ran for many years.

The auction is part of the National Parkinson Foundation’s National Parkinson Day, which takes place on June 21 each year.

The proceeds from the auction will go to the National Parkinson Foundation, which is working to find a cure for Parkinson’s disease.

The auction is being held in conjunction with the National Parkinson Foundation’s National Parkinson Day, which takes place on June 21 each year.

The auction will feature strips from both “Calvin and Hobbes” and “Pearls Before Swine,” with each strip expected to sell for more than $10,000.

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passenger seat. The lunchbox contained 95 grams of methamphetamine along with two syringes were found in a Walmart in the Inverness area. An officer filed a report at 10:25 a.m. Aug. 7 after he found items containing lithium batteries which were shoplifting containers of Coleman fuel. Bonham was charged with petit theft with a vehicle and was released on his own recognizance after the arrest affidavit, Bonham was taken into custody. The officer filed a report at 10:25 a.m. Aug. 7 after he found a vehicle with a suspended license. His bond was set at $10,000.

Ryan Anderson, 25, from Inverness was charged with possession of a firearm. Anderson was found in the possession of a firearm and drug paraphernalia. Anderson was found to have illegal drugs and a digital scale was found in the vehicle. A petit theft was reported at 5:10 p.m. Aug. 6 in the 2600 block of S. Gulf to Lake Homosassa Highway. Stelzl was charged with petit theft. According to her arrest affidavit, Stelzl was found to have a suspended license. Her bond was set at $8,000.

Michelle Stelzl, 28, of Homosassa was charged with driving with a suspended license as a felony. According to her arrest affidavit, Stelzl was found to be operating a vehicle with a suspended license. Her bond was set at $5,000.

William Pavone, 58, of Inverness, was charged with driving with a suspended license. Pavone was found to have a suspended license while operating his vehicle on State Road 60. His bond was set at $500.

Katthun Johnson, 25, of Inverness was charged with driving with a suspended license. Johnson was found to be operating a vehicle with a suspended license as a felony offense. His bond was set at $5,000. Johnson could be seen operating a vehicle with a suspended license in the 2600 block of U.S. 19 South. A petit theft was reported at 12:20 a.m. Aug. 8 on West New Lenox Lane.

A petit theft was reported at 5:24 p.m. Aug. 6 in the 1500 block of Fairview Avenue, Homosassa. Pavone was found to have a suspended license while operating his vehicle on East Gentry Street, Inverness.

Continued from Page A1

On Friday, his decision to invade Iraq was the subject of an emotional five-hour television discussion on CNN. 'Iraq has been on the minds of people for far too long, and we have thought of it for far too long,' Obama said.

But while the president said he did not order the attacks, he has relied extensively on the military's advice on how to fight the Islamic State group.

Obama's first term ended in 2011. He did so in large part because the U.S. was in the midst of a war against the Islamic State group, which had captured control of large swathes of Iraq and Syria in 2014.

Obama has been criticized for his handling of the Islamic State group's expansion. Some have accused him of being too slow to respond to the threat and of not doing enough to combat the group. Others have praised his approach, saying it was necessary to contain the threat without sending American troops.

Obama's approach to the Islamic State group has been characterized by a balance between containment and engagement. He has sought to prevent the group from gaining territory, rather than pursuing a direct military intervention.

Obama's decision to invade Iraq was made in 2003, when he was a senator. In the years since, he has faced criticism for his handling of the war and its aftermath.

In the end, Obama's legacy on the war in Iraq will be a mix of praise and criticism. He has sought to bring an end to the war, but his approach has been controversial and has been met with mixed results.

The Islamic State group, once a small and obscure group, has grown into a major threat to global stability and security. Its territory is now held by insurgents who seek to advance their agenda through violence and terrorism.

For the RECORD

Anderson’s bond was denied because he was unable to post it. One of the deputies de- livered a letter, asking him to take Johnson into custody. A bond was set at $15,000. One of the deputies de- livered a letter, asking him to take Johnson into custody. A bond was set at $15,000. One of the deputies de- livered a letter, asking him to take Johnson into custody. A bond was set at $15,000.

Displaced Iraqis settle in at Kalak, Iraq.

IRAQ

The president called for a "whole-of-government" approach to fighting the Islamic State group, which has captured control of large parts of Iraq and Syria.

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For the RECORD

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When he couldn't pay the rent, the locker was auctioned off in the mid-1970s, and while searching for work, where his mother learned how the medal in a rocket attack at the Battle of Khe Sanh had been awarded to Corrado Piccoli. It's the right thing. And it was the right thing. While Piccoli's nephew had a standard-size medal, the medal had been stolen. They're presented in perpetuity to those who have served in the military, and Piccoli had six surviving children. Most of those recipients have had their medals stolen, to relatives who are stolen. The service members' medals and other property of military deceased are returned more than 100 times stolen, to relatives of the original recipients. They're presented in perpetuity to those who have served in the military, and Piccoli had six surviving children. Most of those recipients have had their medals stolen, to relatives of the original recipients. They saw her shine in Rye, New Hampshire, and lived in the New Hampshire seacoast town of Maine, where he was one of the most competitive games on the New England ski slopes. She embarked on a 59-year life. She was a 53-year member of the Veterans of Foreign Wars, Ludlow, Massachusetts. He was a 53-year member of the Veterans of Foreign Wars, Ludlow, Massachusetts. It was a special present for her, and it's been very good. She was a Skagit Valley College employee, formerly of Brooksville. He was an avid motorcyclist for over 40 years. Before Viet Nam, he was an electrician at BAF, a company after 42 years. He was a 53-year member of the Veterans of Foreign Wars, Ludlow, Massachusetts. It was a special present for her, and it's been very good. She was a Skagit Valley College employee, formerly of Brooksville. He was an avid motorcyclist for over 40 years. Before Viet Nam, he was an electrician at BAF, a company after 42 years. Every day, can include: **OBSERVATIONS**

- The Citrus County Press permits free and paid obituaries. Call (352) 563-3660 for information.
- Obituaries must be submitted on forms available from the newspaper, or on our website.<br>

**FREE OBITUARIES**

- For one free obituary per family per year. For one free obituary per family per year. For one free obituary per family per year.

**To Place Your “In Memory” ad, contact:**

Darrell Watson 740-2931

Closing date for placing of “In Memory” ad to run on date.
Money & Markets

**S&P 500** -7.08 or -15.9%

**Walgreen Co**

**UniFirst Corp**

**Regions Fncl**

**Motorola Solutions**

**Intel Corp**

**Home Depot**

**XOM** 84.79

**Equity Commonwealth**

**Duke Energy**

**BAC** 13.60

**Bank of America**

**Ametek Inc**

**AKS** 3.30

**CITRUS COUNTY (FL) CHRONICLE SATURDAY, AUGUST 9, 2014**

**Vanguard**

**New Highs 48**

**PE Footnotes:**

1,850

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the first time

The price of

**PRIME RATE** 3.25

**WndsIIAdm** 67.72 +.75

**48.62 +.53**

**TotStIdx**

**TotIntl**

**STGradeAd**

2.51 +.02

**50.86 +.28**

**LowPriStk d**

**CpWldGrIA m**

2.4 +11.4 +11.0 +7.9

**AGRICULTURE CLOSE PVS. %CHG %YTD**

**Crude Oil (bbl)** 97.65 97.34 +0.32 -0.8

**Coffee (lb)** 1.81 1.84 -1.71 +63.4

**Copper (lb)** 3.17 3.17 -0.14 -8.0

**Barclays LongT-BdIdx** 3.03 3.05 -0.02 3.39

**3-month T-bill** .02 0.02 ... .05

**TREASURIES YEST PVS CHG AGO**

+8.7 +22.6 +24.7 +17.1

**Russell 2000** 1131.86 1118.49 1131.35 +11.59 +1.03% -2.77%

**S&P 400** 1379.80 1364.31 1379.30 +13.99 +1.02% +2.74%

**NASDAQ** 4373.12 4327.87 4370.90 +35.93 +0.83% +4.65%

**GM issues 6 more recalls involving 312,000 vehicles**

**US productivity recovers**

**GM cool to Argentina world court bid over default**

**GM makes $324.5M settlement of tech wage case**

**Attorneys general want flavored e-cigarette ban**

**Malaysia plans overhaul of national airline**

**GM compensation fund gets green light**

**US stocks buck turmoil weighing on global markets**
**Animal shelter near jail**

I am lacing at my son's laughter. Today's paper. Friday, Aug. 3. The news of his son will be built near the place where 30 acres will be in order to increase the number of animals admitted and create new space for animals. The fees from this project will be $5.50 to $10 for any animal at the facility. The shelter is not considered as a result of the high number of animals, and the local community has decided to increase the fees for service animals. What is the Econotimes's role in the decision?

**Editor's note:** Two conditions: That the shelter remain near the detention center, and the cost of labor not be shared.

---

**European allies no help with Putin**

E ven if it accomplishes nothing, calling Vladimir Putin NATO’s ‘government of choice’ might prompt some of his followers to act on the ground. The point of a government of choice is, after all, to prompt some kind of action. That is why we support this approach. The key is to identify an alternative government of choice that is credible and willing to take action. Such a government could be built around regional leaders or regional groups. The goal is to create a credible alternative to the current government of choice, which lacks the necessary political and military capabilities to effectively challenge Putin’s government.

To support such a government, we must provide resources and guidance. This could include financial assistance, training, and equipment. We must also work to build a broad base of support for the new government, including among other groups, the people of Ukraine and other European countries. The goal is to create a coalition of forces that can challenge Putin and his government.

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**Lawmakers ordered to redraw district maps**

The Florida Supreme Court ruled that the state’s redistricting process is unconstitutional and ordered a new map to be drawn. The court’s decision follows a lawsuit filed by the League of Women Voters in 2010, alleging that the process was designed to favor the Republican Party. The court found that the process was “reckless” and “inadmissible” and ordered a new map to be drawn. The court also ruled that the process was “reckless” and “inadmissible” and ordered a new map to be drawn.

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**Re-elect Kennedy to school board**

Ross Kennedy is an excellent job in his first term of office. He has earned the support of the School District Board of Directors and has become a trusted partner in the district’s efforts to provide a quality education for all students. He is dedicated to ensuring that every student has the opportunity to succeed and has demonstrated a commitment to excellence in all aspects of his work.

---

**Vote Mulroney in BOCC District 2 race**

Mulroney is the person to bring a fresh perspective to the county. She understands the needs of our community and is committed to finding solutions to the challenges we face. She is a proven leader with a strong record of accomplishment and is committed to making our county a better place for all.

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**Endorsement LETTERS**

**Volunteerism invited**

Send Letters To: The Editor, The Chronicle, 562-5379, or email to: editor@chronicle.org

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**LETTERS**

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**Letter Writer:** The public shout down the action to protect our equilibriums.

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**CITRUS COUNTY CHRONICLE**

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**LETTERS**

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**Letter Writer:** The public shout down the action to protect our equilibriums.

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**CITRUS COUNTY CHRONICLE**

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**LETTERS**

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**Letter Writer:** The public shout down the action to protect our equilibriums.
The Winners Have Been Chosen!
See today’s paper for details

Healthcare HEROES

www.chronicleonline.com/healthcareheroes

Thank You to Our Partners:

CITRUS COUNTY (FL) CHRONICLE SATURDAY, AUGUST 9, 2014

Dr, Tara Conner, DO | Dr. Meena Nathan | Dr. Rama Nathan | Richard C. Swanson DMD, PA


**Israel-Hamas truce collapses**

A spokesman said a Vir- ginia police officer has notified that his wife may be held by Hamas. White House press secre- tary Jim Brady has also ru- mined her a hostage. Barack Obama said she was "in a critical condition" and had been held for over 50 hours. The latest report comes just a few days after the Israeli missile strike that killed 42 people in Gaza.

Elon Musk, the CEO of SpaceX, said on Twitter that he was "deeply concerned" about the situation. "The situation is dire and I urge all parties to come together to find a peaceful solution," he wrote.

... (continued)
Kiermaier’s hit in 10th gives Rays 4-3 win

Associated Press

CHICAGO — Kevin Kiermaier, who entered the game in the eighth inning, drove in the game-winning run with a single in the 10th to give the Tampa Bay Rays a 4-3 victory over the Chicago Cubs on Friday.

Desmond Jennings went 2 for 5 with a homer and Ben Zobrist went 3 for 5 as Tampa Bay won its second straight.

Brad Boxberger (3-1) blew the save in the ninth, following Jennings’ homer. Wada retired 12 straight batters before first baseman Sean Ro-"
New York Mets’ Bartolo Colon pitches during the third inning Friday against the Philadelphia Phillies in a start for New York.

Colon gets 200th, Mets beat Phillies

Tigers rally to beat Blue Jays 5-4

Associated Press

PHILADELPHIA — Bartolo Colon and the New York Mets closed in on a season-high nine games over .500.

Colon’s one-run, five-hit and a walk.

On a night in which the team wore jerseys honoring slain police officer Michael Williams, Colon was dominant.

The New York Mets’ Bartolo Colon pitches during the third inning Friday against the Philadelphia Phillies in a start for New York.

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Here are the winning numbers selected Friday in the Florida Lottery:

<table>
<thead>
<tr>
<th>Florida LOTTERY</th>
<th>FLORIDA LOTTO</th>
<th>3, 4, 5, 6, 7, 8 &amp; Bonus 20</th>
<th>NEW YEAR LOTTERY</th>
<th>1, 2, 3, 4, 5 &amp; Bonus 20</th>
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<td>68-68 — 136 -6</td>
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<tr>
<th>CITRUS COUNTY (FL) CHRONICLE</th>
<th>Richard Sterne</th>
<th>70-69 — 139 -3</th>
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<tbody>
<tr>
<td></td>
<td>Chie Arimura</td>
<td>72-69 — 141 -1</td>
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<tr>
<td></td>
<td>Tiffany Joh</td>
<td>70-70 — 140 -2</td>
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<tr>
<td></td>
<td>Paula Creamer</td>
<td>69-70 — 139 -3</td>
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<td></td>
<td>Alejandra Llaneza</td>
<td>70-69 — 139 -3</td>
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<td></td>
<td>Azahara Munoz</td>
<td>68-70 — 138 -4</td>
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<td>Line Vedel</td>
<td>68-69 — 137 -5</td>
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<td></td>
<td>Alexander Levy</td>
<td>69-71 — 140 -2</td>
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<td></td>
<td>Jane Park</td>
<td>71-70 — 141 -1</td>
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<td></td>
<td>Brian Harman</td>
<td>71-69 — 140 -2</td>
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<tr>
<td></td>
<td>Harris English</td>
<td>74-72 — 146 +4</td>
</tr>
<tr>
<td></td>
<td>Y .E. Yang</td>
<td>75-71 — 146 +4</td>
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<tr>
<td></td>
<td>Kevin Streelman</td>
<td>69-76 — 145 +3</td>
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<tr>
<td></td>
<td>Russell Knox</td>
<td>75-70 — 145 +3</td>
</tr>
<tr>
<td></td>
<td>Ben Martin</td>
<td>74-71 — 145 +3</td>
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<td></td>
<td>Anirban Lahiri</td>
<td>72-73 — 145 +3</td>
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<tr>
<td></td>
<td>Ryan Helminen</td>
<td>73-71 — 144 +2</td>
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<td></td>
<td>Tommy Fleetwood</td>
<td>73-71 — 144 +2</td>
</tr>
<tr>
<td></td>
<td>Charley Hoffman</td>
<td>70-74 — 144 +2</td>
</tr>
<tr>
<td></td>
<td>Chris Stroud</td>
<td>70-73 — 143 +1</td>
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<tr>
<td></td>
<td>Pat Perez</td>
<td>71-71 — 142 +E</td>
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<tr>
<td></td>
<td>Justin Rose</td>
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<tr>
<td></td>
<td>Zach Johnson</td>
<td>70-72 — 142 +E</td>
</tr>
<tr>
<td></td>
<td>Jerry Kelly</td>
<td>67-74 — 141 -1</td>
</tr>
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<td></td>
<td>Hyung-Sung Kim</td>
<td>73-75 — 148 +6</td>
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<tr>
<td></td>
<td>Tiger Woods</td>
<td>74-74 — 148 +6</td>
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<tr>
<td></td>
<td>Darren Clarke</td>
<td>79-69 — 148 +6</td>
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<tr>
<td></td>
<td>Charles Howell III</td>
<td>73-74 — 147 +5</td>
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<td>Ky., Purse: $10 million, Yardage: 7,458, LPGA Tour-Meijer LPGA Classic, Third Round.</td>
<td>12:45 p.m. (ESPN2)</td>
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<td>(Same-day Tape)</td>
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<td>12 p.m. (ESPN)</td>
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<td>(Taped)</td>
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<td>7:30 p.m. (MLB)</td>
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</tbody>
</table>
The Sunshine State Legends/Bantam series began its season last Saturday with a 35-lapper in Inverness, where Seth Adams took the checkered flag.

Seth Adams has been a rising star in stock-car racing since he first started his career racing go-karts at age 5, and continued to race through the Mini-Stock, Street Stock, and Sport Mod classes, all the way up to the Late Model class, and his father is mostly responsible for that.

"I've lost my temper because of what I do," Adams said. "But after everything happens, when you settle down, that's when you think things over. I tell my kids to do that, but I've never been able to do it myself.

"I was so wanted that, you know, we made mistakes in the classroom, we're not trying to do that."

The Sunshine State Legends Touring Series opens its season on Sept. 13 and Oct. 11.
argentina Catholics celebrate patron saint of labor

People attended Mass on Aug. 7, outside the San Cayetano Church in Buenos Aires, Argentina. Pilgrims rock to show their dedication to the saint widely known as “San Ca” — the patron saint of labor — and ask for three things in particular: bread, work and peace.

The Church of the Living God will sponsor a one-time fund drive for the Creation Care Ministry, which includes work at a local farm, at 6 p.m. Wednesday from 5:30 to 7:30 p.m. at the church, 2125 E. Norvell Bryant Highway (County Road 486), Inverness. For more information, call 352-726-1480.

Also, the Tuned to Revival barbershop group will perform. Bring the whole family to this open mic event and concert. The Audience of One, a local nondenominational Christian Church, the “church on the hill,” is at 6:30 p.m. Thursday. This is a place to enjoy good music and good fellowship. The church is at 416 U.S. 41 S., Inverness. For more information, call 352-489-1260.

The Independent House of God Church of the Living God will sponsored a one-time fund drive for the Creation Care Ministry, which includes work at a local farm, at 6 p.m. Wednesday from 5:30 to 7:30 p.m. at the church, 2125 E. Norvell Bryant Highway (County Road 486), Inverness. For more information, call 352-726-1480.

The HUMC youth group of Her-manso has decided to work toward mobili-
Cost of class is $93 Wednesdays, Aug. 27 to Oct. 22. For more information and registration, go to www.flowercitychurchofchrist.com or call the church office at 352-746-8300.

St. Benedict Catholic Church
5130 Bay View Rd.
Sunday Masses:
10:30am
Nursery Provided

First Church of Christ, Scientist
224 N. Ontario Ave.
Sunday Service:
Sunday 10:30 AM
Wed. Tuesday Service:
4:00 PM
All Are Welcome

First Baptist Church
Beaver Hills
(5 Churches • 5 Meetings • 5 Locations)

Sunday School:
9:30 AM

Sunday Services:
1:30 PM

Sunday Coffee/Conversation
8:30 a.m.

Our Lady of Fatima Catholic Church
5510 E. Jumoine Lk.
Sunday Masses:
8:30am Non-denominational Service
10:45am Traditional Service

Bible Study:
Wednesday 6:30 pm

Northridge Christian Church
700 N. Main St.
Sunday Services:
8:30am Sunday School
Sabbath Study 10am (Pastor)
6:00pm Fellowship

Victory in Jesus Church
At Victory Baptist Church General Conference
Sunday School:
9:45 AM
Sunday Evening:
6:00 PM
Church Service:
7:00 PM

First Christian Church
250 U.S. Hwy. 41 South
Sunday Worship Service:
9:00 AM

Sunday School:
10:15 AM

Redemption Christian Church
SUNNYSIDE
1st Church of God
200 N. Ontario Ave.

First Christian Church
250 U.S. Hwy. 41 South
Sunday Worship Service:
11:00 AM

Sunday School:
10:15 AM

Sunday Services:
10:30 AM

Sunday School:
11:00am

Sunday Services:
6:30 PM

Sunday Services:
8:30am

Sunday School:
9:15 AM
Communion - 1st Sunday, Monthly
Sunday Worship Service:
10AM

Sunday School:
10:45 AM

Eucharist - 2nd Sunday, Monthly
Sunday Worship Service:
6:30 PM

St. Ann's Church
A Parish of the
Anglican Communion
3821 SE 49th Ave.

Sunday: 9:00 AM

Sunday: 10:30 AM

Tuesday: 7:00 PM

On the Horizon

September 19

September 19

September 19

September 19
**Beverly Hills Lions to serve pancakes**

The Beverly Hills Lions Club will have its pancake breakfast fundraiser this Saturday, Aug. 9, at 10 a.m. at the 12 Cove Circle Drive in Beverly Hills. Each ticket costs $5. This is a fundraiser for children younger than 12 for $2. To reserve your tickets and to order in advance, customers can call choice of pancakes (sourdough or buttermilk) with a choice of orange juice or coffee. A variety of beverages are available. Order 352-860-4890.

**30th anniversary of Crystal River**

The 30th anniversary of Crystal River will be celebrated this year. The project for the meeting is a reversible sunhat. For more information, call 352-860-4890 or tmi3tama@tampabay.com.

**Dog lovers get together in Crystal River**

The Citrus County Dog Training Club 30th anniversary will begin Aug. 11, at 10 a.m. at the Pine Ridge Community Center, 6634 N. Citrus Ave. (County Road 490, Crystal River). The club will meet at 5:30 p.m. Monday, Aug. 11. The training will end on Dec. 10. There will be a free presentation on "The Art of Loud Roses." For more information on what you need to know to Train Your Good Dog, refreshments will be served.

**Women are invited to join the BFF Society Inc.**

The BFF Society Inc. has its 14th anniversary this year. They have been working hard to help the people of the community. The BFF Society Inc., "Women of Florida," is the purpose of aluminum cans, cardboard, newspapers, magazines and glass to help the people of the community. The club, at 9228 E. Gospel Island Road, welcomes residents in the area to come and enjoy a few hours of socializing, education, and fellowship. For more information, call Elaine Spangenberg at 352-860-7468.

**Citrus County Dog Training Club meeting**

The Citrus County Dog Training Club is meeting at 10 a.m. and 1 p.m. second and fourth Mondays at the Pine Ridge Community Center, 6634 N. Citrus Ave. (County Road 490, Crystal River).

**Citrus County Dog Training Club contest**

The contest is from 5:30 to 7 p.m. Monday, Aug. 11. All dogs that are in good health, under the age of 7, will be allowed to participate. Each dog's owner will provide a pet showing his/her personality and special talents and add a caption. On the back of the photo, print your name and two contact phone numbers; print at 5x7 or larger. The winner will be announced at 7 p.m. by 87-year-old Pound Pup lettuce. Participants may collect visibility chips before the contest starts.

**Cats are flowing**

Truffles is a friendly and good-natured, 6-month-old medium-haired brown cat. She is a charming and delightful feline. This alert-looking feline is Truffles. For more information, call 352-596-1524. Her father is DelWayne, a small black and white marble colored Siamese. DelWayne is her daddy, and she is named Truffles. She is a charming and delightful feline. This alert-looking feline is Truffles. For more information, call 352-596-1524. Her father is DelWayne, a small black and white marble colored Siamese. DelWayne is her daddy, and she is named Truffles.
When Sinatra gave the young singer advice, he had just turned 30 years old. He was told to never fall in love with girls under 21, and to never work with anyone under 20. This advice would later help him avoid heartbreak and focus on his career. Sinatra took the advice to heart and never worked with anyone under 20, allowing him to maintain a successful career for decades. This simple rule of thumb proved to be a key factor in his success, as he never had to deal with the distractions of relationships or working with inexperienced performers. He was able to focus on his craft and continue to produce hit after hit. This advice has since become a common piece of wisdom for those in the entertainment industry, reminding them to always surround themselves with the best and focus on their career goals.
Peanuts


time provided by Regal Cinemas and are subject to change; call ahead.

Today's MOVIES

Crystal River Mall 9; 564-6864

“Into the Storm” (PG-13) 1:45, 4:35, 7:15, 10:25 p.m.

“Teenage Mutant Ninja Turtles” (PG-13) in 3D. 1:30, 4:15, 7:15, 10:15 p.m. No passes.

“The Hundred-Foot Journey” (PG) 1, 4, 7:05, 10:05 p.m.

“Get On Up” (PG-13) 12:45, 3:50, 7, 9:45 p.m.

“Guardians of the Galaxy” (PG-13) In 3D. 1:15, 7:20, 10:10 p.m. No passes.

“Lucy” (R) 1:50, 4:45, 7:10, 10:20 p.m.

WJR-FM 104.3 Sports Talk
WDUV 105.5 FM Hudson
WSKY 97.3 FM News Talk
WAZH 580 AM
WYKE-FM 104.3 Sports Talk
WDUV 105.5 FM Hudson
WSKY 97.3 FM News Talk

CELEBRITY CIPHER by Luis Canares
Celebrity Cipher cryptograms are created from statements by famous people, past and present. Each worker in the cipher is marked for identity:

“ENRTR’I KBHX I GPVN XKP VBY SK.” — VNYTHOMR ENRTKB

Previous Solution: “Like most modern people, I don’t believe in prophecy or magic and then spend half my time practicing it.” — John Janzen

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NASHVILLE, Tenn. — It’s Hollywood ending every studio wants: investment for a faith-based movie that will return at the box office.

Filmmakers Alex and Stephen Kendrick seem to have the formula down. Their faith films have made a handsome profit, and the studios are combined.

One thing is for sure, the Kendricks work far from Hollywood, and part of the story behind Christian-themed cinema may have never heard of their films.

That could change.

Increasingly, major studios are looking to tap into a leap for faith-based audien- ces with biblical epics such as “Noah” starring Russell Crowe, the planned December release from the Church of the Advent’s

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prices. The Kendricks, who have yet to have a title, centers on a family realiz-

“Pains.”

Cameron, a veteran actor

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distribution needs to be pour-

in the next generation.”

Stephen Kendrick said.

marriage work. That

10 interns from different

in the film and get the most min-

by showing them the loving

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New Hope Baptist Church,

1100 W. Highland

Dunne-

352-1277-1076.

“Happy Birthday ”

(352) 400-1404

lv msg (352) 503-7919

(352) 637-2100

He has grossed more than

12 million by Sony

a production budget of

more than $99 million on

heaven. It has grossed

$12 million by Sony

a production budget of

more than $99 million on

“Fly-

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Salute to Healthcare Heroes

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2014 Healthcare Heroes

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Zervis wrote all the 2014 Healthcare Hero stories in this section.

Michael Pate took all the photographs of the 2014 Healthcare Heroes in this section.

endurance or walking ability, or after surgical procedures such as back, hip, knee, shoulder and joint surgeries. Achthoven also supervises a team of physical therapists and is one of the only therapists in the area who is qualified to work with patients suffering from vertigo.

Everyone who meets Achthoven has a kind word to say about him. “He delivers knowledgeable care to all his patients, while remaining respectful of who they are. People that have been treated by him will volition and time again go back to him. He has been blessed to be great at what he does,” read one nomination.

“Marlon is an exceptional individual. He has the ability to retain knowledge to a degree that far surpasses the norm. The deliverance of care that he extends to his patients is far more successful than I have ever seen. His training is superb and his attitude in life is positive and exceptional. I highly recommend him to anyone for anything,” read another.

Marlon has touched so many lives with his skills and knowledge. He has helped people regain their independ- ence. He does so much for his pa- tients. He goes above and beyond by helping his patients and others any way he can. He deserves this award for sure,” read a third.

Achthoven’s dedication to improv- ing his patients’ well-being, mobility and quality of life has earned him much respect and affection from the community. This is reflected in the community’s choice of Marlon as this year’s Reader’s Choice Healthcare Hero.
HEALTHCARE HEROES

This year’s Reader’s Choice Award winner is Marlon Achthoven of S.E.T. Home Health in Crystal River. The Reader’s Choice winner is chosen by public voting on all candidates who received nominations in any of the Healthcare Heroes categories.

S.E.T. Home Health provides services that have been ordered by physicians to treat patients’ medical conditions. They offer skilled nursing, behavioral health services, physical therapy, assistance with basic activities such as dressing, medical social assistance, such as financial planning, and speech and occupational therapy. Achthoven is a physical therapist, and has been for 25 years. He grew up in Suriname, in South Africa, and completed his higher education in Amsterdam, in the Netherlands. He was recruited as a physical therapist and relocated to Florida.

He worked in the Citrus County school system as a physical therapist for about 16 years before joining S.E.T. Home Health. He works with patients who need physical therapy to restore or improve range of motion, strength, Marlon Achthoven, S.E.T. Home Health

See ACHTHOVEN/Page G35

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Administrative Excellence in Healthcare Nominees

Carolyn Reyes
Christine Reick
Gailen Spinka
Laura Sullivan

Mary Alice Tillman
Mathew Walters
Melissa P. Rogers
Terri Davis

There are administrators, and then there are administrators. Gailen Spinka is the latter, with his wife and daughter, of Citrus County’s local Comfort Keepers branch, he is known throughout the area for the time and energy he donates to the community and brings to his various leadership roles. With these qualities in mind, he is the recipient of this year’s Administrative Excellence in Leadership award.

Spinka and his family purchased a Comfort Keepers franchise in 2004. In his first career, he worked as a project manager, overseeing the protection and prevention projects for nuclear power plants in the United States and Canada. But after 9/11 made flying much more stressful, he decided it was time for a change. He brought his organizational and analytical skills to bear, and assessed his and his family members’ skills and passions. They decided they would be perfect as part of the home health care industry.

They explored a wide variety of franchises, and found that Comfort Keepers was the best fit and provided the highest quality of care. Spinka’s wife, Deborah, had accounting experiences and she became the office manager; daughter Lindsey had a passion for caregiving and became the sole caregiver; and assessed his and his family members’ skills and passions. They decided they would be perfect as part of the home health care industry.

Networking is something of a passion for Spinka, as well. As an instrumental member and the current leader of the Citrus County Continuity of Care organization, he works to make various health care services in the Citrus County area for the time and energy he donates to the community and brings to his various leadership roles.

Another reason we got into it is when my mom was sick and my dad was taking care of my mom, my dad couldn’t leave the house — he was like a prisoner to my mother, because she needed 24-hour care,” Spinka said. “And so back then, there wasn’t a service like this, and so it was friends, neighbors. And when we would go to help out, we wouldn’t go anywhere because he’d want to visit the family. So now, this is exactly what we do. When one person is down, we take care of that person so that the other person can still sustain life.”

Doing what needs to be done and assuming leadership roles are constant themes in Spinka’s life. It’s also a member of the Rotary Club of Inverness; a member of Suncoast Business Masters; the current president of Citrus County Continuity of Care; a graduate and leader of Leadership Citrus; and a member of the 2014 Board of Directors of the Citrus County Chamber of Commerce. Just this year, Comfort Keepers of Citrus County added private nursing duty services to its offerings and also acquired the Hernando County Comfort Keepers franchise.

Networking is something of a passion for Spinka, as well. As an instrumental member and the current leader of the Citrus County Continuity of Care organization, he works to make various healthcare services in the Citrus County area for the time and energy he donates to the community and brings to his various leadership roles.

He attributes some of the credit for his choice to his professors at Georgetown, as well.

“The school that I went to, Georgetown, we had a really good orthopedic department, and the professors there were really encouraging.” Bendowski said. “There were a couple of guys that really instilled more of that in me, so from there it was ‘well, I’m going to have to do orthopedics.’ And then after doing some of my rotations in medical school, through some of the other specialties, I thought ‘this is probably the one thing I think I could do for 30 or 40 years and still be happy with it.’”

He’s found both success and happiness in Citrus County. He has two children, Chelsea and Colton; Chelsea recently earned her master’s degree and Colton is in college. Both graduated from Crystal River High School. And, after almost three decades in medicine, he still loves what he does. His favorite part of his day-to-day practice, he said, is “the gratification of seeing somebody come in who was having a lot of problems and now they’re better.”

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Thomas Bendowski, Gulf to Lake Orthopedics

Bendowski performed four surgeries on my body … both shoulders and both knees,” his mention read. “His work is excellent and I have never experienced a problem after the surgeries. He also makes sure that all details are handled efficiently. Because he possesses such good skills and because he is kind and considerate, he has the respect not only of my patients, but also of the medical profession in general. I have mentioned his name to numerous people (nurses, physical therapists, home health care workers, etc.) and people (nurses, physical therapists, home health care workers, etc.) and they’re going to be taken care of — there are so many services that we support in the county and that support us. Continuity of Care is a bunch of competitors coming together, but why do we come together? Because we learn about each other, what makes us different, what people excel in, and so when my clients do need a service, ‘we’re familiar.’ Spinka, his family and his company are clearly familiar and appreciated by many people in Citrus County. A submission nominating him for the Administrative Excellence in Healthcare award provided glowing praise of his community involvement. “Gailen is a pillar of the community. He serves as the president of the Citrus County Continuity of Care group, a Chamber Ambassadors, on the Leadership Citrus Board, as well as numerous other positions. He is always present at community events and donates his hard work and money to worthy causes. He does all of this while running a successful business in Citrus County and now expanding into Hernando County. He is genuinely compassionate about the medical community and Citrus County as a whole.”

It’s due to these qualities, beloved by his family and community alike, that Gailen Spinka was chosen as this year’s winner of the Administrative Excellence in Healthcare award. He will undoubtedly continue to be an asset to the seniors and citizens of Citrus County as well as those of Hernando County, as well.

One of the things we do really well is continuum of care,” Spinka said. “We (Comfort Keepers) offer ‘x’ amount of care, but it’s not everything people need. We need help. We need Medicare-based companies to come in and help take care of their clients: good doctors — we often have to change doctors, things like that; we need places where our clients do have an issue, so we’re going and that they’re going to be taken care of — there are so many services that we support in the community.”

comfort keepers

Thank you Citrus County for voting us the Best of the Best

Physician’s Excellence

Dr. Thomas Bendowski has lived in Citrus County for almost 23 years. It was quite a journey that brought him here, though. After earning his medical degree from Georgetown in Washington, D.C., he joined the military and spent five years in Hawaii doing his residency, and was transferred to Alaska. “The day I got into Fairbanks it was around 32 degrees, in July,” Bendowski recalled. “… I had an aloha shirt on, coming from Hawaii, and said ‘no, I’m not staying here.’” After three and a half years in the frigid north, Bendowski moved to Florida. Florida may have been his home, but he started out intending to study marine biology. “I went to a college that was really heavily pre-med, and I actually was planning to go into marine biology,” he said. “But the pre-med program kind of drove me out, and I thought ‘well, I think that this is something I’d like to do,’ so that got me along the medicine route.”

Choosing a specialty from the myriad options available to medical students can be a painstaking process, but Bendowski discovered orthopedics early on. “When I got to medical school,” he said, “one of my best friends’ father was a physician, so that’s how I got into orthopedics.”

“My best friend,” he added, “was one of my best friends’ father was a physician, so that’s how I got into orthopedics.”

Continuing from Page 44

Gailen Spinka was chosen as this year’s winner of the Adminis- trative Excellence in Healthcare award. He will undoubtedly con- tinue to be an asset to the seniors and citi- zens of Citrus County — and soon to those of Hernando County, as well.

Physician’s Excellence

Continued from Page 44

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Physician’s Excellence

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HEALTHCARE HEROES

Nature Coast EMS
Michael Hall, president and CEO

T he winner of this year’s Community Outreach award in Nature Coast EMS is Susan Brooks. Established Oct. 1, 2000, the organization is Citrus County’s only not-for-profit, Advanced Life Support 911 emergency responder and medical transportation provider.

Since its beginnings, Nature Coast EMS has provided not only ambulance services to Citrus County, but numerous educational opportunities and community services, as well. They offer emergency medical services training for health care professionals and the general public, including comprehensive training courses for paramedics, EMT certification, Critical Care Paramedic courses and a Pediatric Education for Prehospital Providers course—as well as courses in Advanced Medical Life Support, International Trauma Life Support and Advanced Stroke Life Support.

They are also an Emergency Care and Safety Institute Training Center and offer online programs in adult and pediatric CPR, AED and first aid; professional rescuer CPR, and first-aid, guarding, among others. And they’re an American Heart Association Training Center, too—they offer all the AHA programs, including Healthcare Provider, Advanced Cardiac Life Support and Pediatric Advanced Life Support.

In addition to all these courses and educational opportunities for health care professionals and members of the community, they offer a no-charge Citizen’s Academy, which educates participants about Nature Coast EMS, emergency medical services and skills useful in emergency situations. Attendees have the opportunity to ride along with paramedics and EMTs and take part in the work they do for patients every day. While the Citizen’s Academy is for those 18 years and older, Nature Coast EMS’s Explorer Program is offered through the Boy Scouts of America and is geared toward young adults of high school age. A division of the Boy Scouts of America’s “Learning for Life” program, the Explorer program offers students a chance to learn valuable emergency and life skills, such as responsibility, time management, and teamwork. The program includes classroom instruction, skill lessons and ride-alongs with an ambulance crew. It is available to students between the ages of 14 and 20 who are enrolled in school and have completed the eighth grade.

Nature Coast EMS has also recently begun focusing on identifying and preventing recurring issues in patients’ homes. Through their community paramedic, Brand Bentley, and the new Matter of Balance class, they are working with people in our community to prevent falls in the homes before they happen.

“They went at 35 percent of our total calls (being) falls,” said Mike Hall, president and CEO of Nature Coast EMS. “Twenty-two thousand calls: 18 percent of those were falls. It’s a pretty big number. And so our goal one, for their commitment to patient care, their professionalism and their contributions on the job.

“When questions arise,” the release continued, “it is Susan’s clinical expertise and bedside experience that make her a favorite resource for students, co-workers and leadership.”

“She always goes the extra mile to help others without being asked,” said Brooks’ manager, Carol Delia, in an interview for the press release. “She is so in tune with her work environment and the needs of her co-workers. She truly goes ‘above and beyond’.”

Her nomination echoed those sentiments, as did the judges who selected her for the Nurse’s Excellence in Healthcare award from among seven other submitted professionals.

Brooks herself is very modest. “I do this job because I want to do this job, and I like it.”

That quality—along with her kindness, compassion, expertise, professionalism, skills and experience—has earned Susan Brooks this year’s Nurse’s Excellence in Healthcare award.
The Nurse’s Excellence in Healthcare award honors a nurse working in Citrus County whose performance in considered exemplary by patients and peers—who work with others and passion for the job combine to make them outstanding in their field. Not every nurse by all accounts, one of those nurses.

Born and raised in Kentucky, Brooks retains a little bit of a comfort- in the surgical department, and she loves that, too. “It all still focuses on ing-surgical department, and she that area.” She now works in the med-

T

GREAT Granny. They are a lot of—time she was 6 years old, she wanted them up and says “OK, I no-

Susan Brooks is, by all accounts, one that work,” said Brooks, “but when I be a registered nurse.”

requirements to two years of training and a nurse working in Citrus County where the per-

“Susan will tell you that from the time she was 6 years old, she wanted to be a nurse,” said her nomination. She got her start 40 years ago in a labor and delivery unit.

She always knew nursing was for her. “I’ve been an LPN for 40 years,” she said, “and I can do other things, but I still love this work because I want to. And I still aspire to further my education, to be a registered nurse.”

“Was it a lot of fun and I enjoyed it a lot,” said Brooks. “But when I came here, they had no openings in that area.” She now works in the med-

see BROOKS/Page G31

always the right thing... we actually become an enabler — we show up at somebody’s house, we lift them back up, and then (they say) ‘I’m not going to the hospital’” So we leave them. We help them, it’s a community service, but it’s not fixing the problem.”

It quickly became evident that many of the calls Nature Coast EMS receives concern- ing falls were repeat occurrences. The Mobile Integrated HealthCare program is in-

EMS Continued Next Page G4

Susan Brooks, Seven Rivers Regional Medical Center

HEALTHCARE HEROES

Nurse’s Excellence in Healthcare Nominees

Dan Marinelli David Douglas Karen Boone Laura Harvey Laura Rhamne Maryann Nova Susan Brooks

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night went to Hospice of Citrus and the Nature Coast, in honor of Gelin.

“It’s a great cause and it’s something that means a lot to Dr. Gelin and he means so much to us,” said Vicky Overman, then Citrus High’s athletic director, in a 2007 interview. “It’s just a small way of saying thank you to him.”

He was also a significant part of Citrus Memorial Health System’s adoption of the Cerner program in 2013, which computerized many aspects of medicine that were formerly paper-based, such as admissions, discharges and prescriptions. Even though he’d been doing things the old-fashioned way since he began practicing, he was enthusiastic about the possibilities that the new technology offered.

“If you can eliminate medical errors, that’s one major advantage,” he said in an interview at the time. “It’s cleaner. I don’t have to read Dr. X’s writing and he doesn’t have to read mine. This is the safe way to practice medicine.”

Gelin’s staff of four is around to make extra sure everything is done the safe way, too. His newest staff member, Debbie King, is in her ninth year with his practice, and the lady in charge, Thelma Cali, has been there for 23 years; receptionist Kay Wolf and registered medical assistant Phyllis Kelley have been with Gelin for 15 and 17 years, respectively.

“I owe most of my successes to my ladies,” said Gelin of his staff.

Speaking of successes and ladies, Gelin met his wife, Granada, while they were both championing the adoption of the Cerner program. He has nine children from previous marriages — six daughters and three sons, who have careers all over the map.

“We have a little bit of everything,” said Gelin of his children. “We have IT people, we have a football coach, we have a writer … one, she’s an executive at Universal … I have a banker … oldest son and youngest son both work for Apple — oldest son is a lawyer, the assistant head of the legal department, and the youngest sells them at the Florida Mall.”

During his 43-year career here in Citrus County, Gelin has made an impact not only on his patients, but also on innumerable students, athletes, young baseball players, fans of high school football, Hospice patients, and other members of the community. He has ceaselessly given his time, experience, expertise and care to the residents of this area.

The submission nominating him showed the depth of his attachments here: “I was raised in this county with Dr. Gelin’s daughter, Julie, whom is also now a physician in this county,” it read. “Dr. Gelin never brings attention to himself but he has been a quiet force in this county for generations. My grandparents have been patients of his … my current Director of Nursing is a patient and quite a few residents of Nature Coast Lodge are also his patients. I have never heard one cross word about him … I would like to see Dr. Gelin get recognized for his outstanding services as one of our county’s longest-standing physicians.”

For those and his other countious services, Dr. John Gelin is this year’s recipient of the Lifetime Achievement in Healthcare award.
Healthcare Heroes
Lifetime Achievement

When Dr. John Gelin heard that he’d won the 2014 Healthcare Heroes Lifetime Achievement award, he advised that whoever came to interview him bring extra notebooks. It was good advice — as Dr. Gelin’s generally is. After all, he’s been practicing medicine in Citrus County for 43 years.

Before arriving in Floral City, Gelin did his undergraduate studies in psychology at Johns-Hopkins and earned his medical degree from the University of Maryland School of Medicine. When he set up shop in Citrus, he said, he was one of eight doctors in the county — “five of them on this side of the county and three on the other side.” While the health care industry in the area has expanded exponentially since the early 1970s, Gelin is still a busy and much-loved family doctor and member of the community.

He does much more than see patients, write prescriptions and let his staff keep him in line, though. He’s also heavily involved in a variety of capacities throughout the county.

“I think the ability to do all the things that I get to do (is my favorite part of what I do), not just being a doctor,” he said. “I’m the medical director of Hospice (of Citrus and the Nature Coast), an umpire of Little League, I announced the high school football games, I’ve been the sports doctor for the high school (Citrus) for 43 years — you know, in a big town, you wouldn’t get a chance to do all the fun things, and here you really get involved. I’ve coached Little League all the way up to the state finals. It’s fun to be a part of the community.”

His office is liberally decorated with plaques expressing gratitude for his coaching, medical services and time as Rotary president, among other honors too numerous to count.

He was honored for his services to Citrus High School in 2007 during halftime at a Hurricanes game against the Hernando Leopards. Citrus’s head coach at the time, Rik Haines, said of Gelin: “He’s like the mailman. He’s always there for us. Rain, sleet, snow, come high water, he’s there for us always. He’s just a tremendous person.”

One dollar of every ticket sold that would have gone to the Florida High School Sports Association will benefit the American Red Cross Hurricane Preparedness Drive.

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Healthcare Heroes

Dental Excellence

This year’s Dental Excellence in Healthcare award goes to Dr. Robert Brockett of Citrus Oral and Maxillofacial Surgery.

Brockett has been practicing in Crystal River for 25 years, but got his start in Ocala in 1985 with Dr. Ronald Caylor.

“He actually started this practice in 1976 or ’77,” said Brockett. “I actually bought this practice from him.” The two are still close; Caylor will be helping Brockett with his practice while he’s on a hard-earned vacation with his wife.

When Brockett isn’t working, he’s often working out. An avid cyclist, swimmer and golfer, he frequently rides his bike to work (“I put about two or three hundred miles a week on a bike,” he said) and is currently training for a triathlon. July 14 was the anniversary of his first triathlon, in Clermont in 1994.

Robert Brockett

MECA

Continued from Page G26

Significant to this that counts,” he said. “You have all the basic building blocks with the various professions, but you can’t lose sight of where you want to go as an organization if you want to accomplish your goals.”

These three doctors have worked together the past several years to put into action a plan to increase Citrus County’s capacity to provide above-average mental and general health care by beginning the process of creating a cloud-based system of information-sharing between health care professionals. Their prodigious efforts to do so have earned the Memory Enhancement Center this year’s Innovation in Healthcare award.

Dr. John Grace, psychiatrist

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Continued from Page G10

See BROCKETT/Page G12

“Any time you have a project like this, there’s sort of new challenges that come up,” he said, “and one of the things that I think we’ve learned over the last six months is that you really need a lot more outreach with memory care patients. It’s nice to have a wonderful place that people can come to, but the reality is that when it comes to memory care patients, if you don’t reach out to them, you’re going to lose a big portion of those patients.”

A project of this scale needs organization and structure, and that’s where Dr. Herzog came in.

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Over the summer, she did some babysitting work for an associate of Dr. Andrew Petrella, of the Citrus Orthopedic and Joint Institute, who has twin boys and a newborn.

Brockett will soon have a new partner himself — Dr. Rushi Patel, who grew up in Citrus County, graduating from Lecanto High School in 2000. He graduated from dental school at the University of Missouri in 2006, attended a general dental residency at Columbia University, earned his Ph.D. in molecular cell biology from the University of Florida and was considering pursuing a residency in orthodontics.

“He said he was going to apply to orthodontic residencies, he was going to do orthodontics,” Brockett said, “and I said ‘Rush, you’re not that personality, you have a surgeon’s mentality. He would have been a wonderful orthodontist, very personable, but I knew that he would probably want the excitement, the difficulty, of reconstruction and trauma and pathology.’

Brockett felt confident in that statement because he’s known Patel since he was a kid, growing up in Citrus County, winning science fairs and shadowing Brockett at his practice.

“He was 15 years old, looking over my shoulder, one of those bright high school students,” said Brockett. “And I kept seeing him, he kept coming back to visit, and I thought ‘man, this kid is really something.’

After completing a four-year oral and maxillofacial surgery residency at the University of Florida, Patel agreed to join Brockett’s practice.

“I feel very blessed — I feel like one of my kids is coming back home, really do,” said Brockett.

In a recent interview, Patel attributes his desire for a career in dentistry to his experiences with Brockett.

“Instantly, I fell in love with what he does — the types of patients he sees and the interactions he has with his patients,” said Patel. “Because of him I went to dental school. It’s one of those things that’s your calling. You feel comfortable with it, you feel good about it and you can envision and see yourself doing it as a goal.”

“Populations that really need better coordination of care?” Grace said. “So that’s kind of the thrust of it — to take this vulnerable population and to find a way to connect all the dots and use the Internet and cloud-based health care records.”

The idea of a collaborative approach initially took hold in Dr. Paresh Desai’s mind. A local urologist, he wondered if there was a better way to connect not only a patient’s various doctors, but to connect mental health patients to the quality of care that they could receive in a large center such as those in Gainesville and Tampa.

“I have patients that are 80, 90 years old and they have to go to Gainesville and they have to go to Tampa,” said Desai. “It did not make sense, because if they cannot drive, who’s going to take care of them? So they are suffering at home, nobody’s taking care of them, so I thought ‘let’s put the local neurologist, psychologist, local team members together.’

From that seed, and with the inclusion of Dr. Grace and several others, grew the Memory Enhancement Center. The Center’s Board of Directors includes: Dr. John Grace, president, psychiatrist; Dr. John Rowda, secretary, ophthalmologist; and Dr. Paresh Desai, treasurer, urologist. Its directors include Dr. Frederick J. Herzog, clinical psychologist and non-profit organization manager; Dr. Parmanand M. Gurnani, psychiatrist; Dr. Gopal Tatambhotls, neurologist; and Christina Martensson, a licensed clinical social worker.

Our Healthcare Hero!

HHP Hospice congratulates Nilda M. Sessier for receiving the Healthcare Humanities Award from the Citrus County Chronicle as part of the publication’s Healthcare Hero Award.

Nilda provides children’s assistance program services to grieving children and teens in Citrus and Hernando counties. She gives above and beyond to extend her knowledge, compassion and expertise to help ease the pain that accompanies a loved one’s death.

HHP is honored to have Nilda as part of its team.

Healthcare Heroes
BROCKETT

Continued from Page G11

See BROCKETT/Page G13

BROCKETT
Continued from Page G11

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BROCKETT
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MECA
Continued from Page G24

CITRUS COUNTY (FL) CHRONICLE Saturday, August 9, 2014

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CHEERS TO THE VERTICAL HABIT!

Friday Faves

Best of 2014

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Patel’s and Brockett’s specialty, oral and maxillofacial surgery, encompasses the treatment and management of conditions, defects and injuries of the mouth, teeth, jaws and face. Oral and maxillofacial surgeons routinely perform wisdom tooth and other extractions, bone grafting, dental implants and re- mediial surgeries after minor and major trauma.

“A lot of this stuff is very painful,” said Brockett, “so we do things under anesthesia. We can offer far less anxiety. Anytime we do a surgery we sit and talk to the person beforehand and do a preoperative evaluation, and let them know that we can do this painlessly.”

Oral surgeons are trained in all aspects of anesthesia and anesthesia administration, and become experienced in its application during their intensive four-year residency.

“That’s probably the biggest thing that oral-maxillofacial surgery offers — a pain-free experience,” said Brockett. “Number two, medically-compromised people — if a tooth needs to be removed, your general dentist or a hygienist can do that. If somebody has had a heart transplant, somebody has severe asthma, somebody has severe medical issues that need to be maintained … we can handle patients that have complex medical problems.”

Brockett has been employing his expertise and experience to provide dental services to the Key Center for 25 years, as well as in his own practice.

During those 25 years he’s spent in Crystal River, Brockett has embodied the concept of a professional, experienced, knowledgeable and reliable doctor to his patients and his community. His contributions, both professional and personal, and the trust and confidence his patients place in him make him an ideal winner of the award for Dental Excellence in Healthcare.

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MECA

Continued from Page G23

Grace’s concept is that of a Citrus County in which all of a patient’s doctors and caregivers have up-to-the-minute information about that patient — their medications, reactions, recent test results, notable behavioral changes, recent health incidents and much more.

“...since you don’t have unlimited resources, you have to find a way to sort of connect all the resources that you have.”

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MECA

Continued from Page G23

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Experience our family while we take care of yours.
Nilda Sessler isn’t from around here. According to those who know her, though, she’s an invaluable member of the Citrus County health care scene, and they can’t imagine HPH Hospice without her. She’s also this year’s winner of the Healthcare Humanitarian award, which recognizes a member of the health care system who goes above and beyond to improve the lives of those who cross their path.

Sessler is a children’s bereavement counselor with HPH Hospice, and a driving force behind their Children’s Assistance Program (CAP). CAP provides services to children with a life expectancy of less than six months, including palliative care and support for relatives, friends and other loved ones.

“Saying she goes above and beyond is an understatement in my opinion,” her submitted nomination read.

“Every week she drives between 400 and 600 miles going to schools, facilities and homes to visit and counsel as many of her young clients as she possibly can. Regardless of the time of day, she doesn’t hesitate to rearrange her entire schedule and drive an unexpected route when she gets an urgent request from someone worried about their child.”

Sessler grew up in Brooklyn and lived much of her life in Pennsylvania before moving to Florida. “Once I came down here and I saw central Florida,” she said, “I really loved it. It’s very beautiful.”

In Pennsylvania, she worked as an at-risk youth service provider, doing interventions, case management, crisis intervention and counseling. Her last job before moving to Florida was as a tobacco agent, doing tobacco prevention work for Penn State University in partnership with the Pennsylvania Department of Health.

“What I found — and this is why I was so happy to land on Hospice — was that when I was doing the work for the youth — mostly adjudicated youth or youth in danger of being removed from their homes due to family dysfunction — was that many of them had been affected by death,” she said. “Bereavement emerged as a really important piece in preventing delinquency and student drop-out.”

Amanda N. Coppedge
Bailey Jacobson
Juanita Shipp
Nilda Sessler

Healthcare Humanitarian Nominees

Healthcare Humanitarian Award

MECA

MECA

Continued from Page G22

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Dr. Frederick J. Herzog, clinical psychologist and nonprofit organization manager

Information to a variety of health care professionals to increase the continuity and quality of patient care. “We obviously have a huge instance of memory loss in Citrus County with our age demographics and also some economic challenges,” said Dr. John Grace, a psychiatrist and organizer of the Memory Enhancement Center. “So we knew that we needed memory care here — people have a long way to go to drive to get to the centers, and we wanted to find a way of how we take care of memory patients in a rural area. And what we realized is...”
Healthcare Heroes
Innovation in Healthcare

There’s no denying that many Citrus County residents are retirees, joining our community for rest, relaxation and perhaps a round of golf after a lifetime of work. As we age, our reliance on doctors increases, and medical professionals play an important role in our daily lives. The doctors at the Memory Enhancement Center are here to help, and not just in the ways the name may suggest. They are a team of psychiatrists, neurologists and other mental health professionals, and are — of course — interested in helping their patients maintain a healthy mental lifestyle. However, they have other goals, as well. One such goal is to create and implement a cloud-based system of patient data in order to better provide critical health and treatment.

Memory Enhancement Center
Dr. Paresh Desai, treasurer, urologist

From left are: Dr. John Grace, Dr. Paresh Desai and Dr. Frederick J. Herzog

See MECA Page G23

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CITRUS COUNTY (FL) GLOSSARY
G15 Saturday, August 9, 2014

Saturday, August 9, 2014 CITRUS COUNTY (FL) CHRONICLE

Healthcare Heroes

Innovation in Healthcare

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here’s no denying that

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idents are retirees, join-

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rest, relaxation and per-

haps a round of golf after

a lifetime of work. As we age, our re-

liance on doctors increases, and med-

ical professionals play an important

role in our daily lives.

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of patient data in order to better

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See MECA Page G23
The National Institutes of Health had actually designated bereavement as a risk factor for youth — and a daughter. One son of her own — three sons and a daughter. One son works in a school for adjudicated youths (youths who have committed a delinquent offense).

SESSLER
Continued from Page G14

One part of HPH Hospice and CAP’s services for children is a quilt donation program, in partnership with Citrus County Cracker Quilters. Quilts are made and donated to HPH Hospice, which in turn gives them to children receiving their services, or whose family members are patients receiving hospice care. “We’ve been fortunate to receive quilts that I’ve been able to give to children, and we — on occasion, not all the time, but on occasion — we have had the opportunity to provide very specific quilts for specific children, particularly those related to our patients,” said SESSSLER (Page G17).

Dr. Connor’s office since May.

“Some people are kind of like a puzzle,” she said. “It’s like a mystery, like being a detective to try to figure out what’s going on, and the best treatment for them.”

Chronic forgetfulness? Research.

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In Citrus County
Continued from Page G20

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• Paranasal sinuses
• Skull cancer & skin lesions

In Citrus County
Continued from Page G20

Dr. Connor’s office since May.

“Some people are kind of like a puzzle,” she said. “It’s like a mystery, like being a detective to try to figure out what’s going on, and the best treatment for them.”

Chronic forgetfulness? Research.

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"During our conversations, I always inquired duties," her nomination read. "Maryann Novak, NP-C, is one who routinely goes above and beyond the required duties, whose patients, peers and leaders feel who, besides patients, are so involved in supporting children — that’s another quality Sessler possesses in abundance. She speaks highly and at length of the volunteers and community members who support HPH Hospice and the Children’s Assistance Program. “I’m not a one-man show,” she said. “There are lots of people who are so involved in supporting children, modesty is another quality. Sessler is very laudable. The students get to play to their stories, they get to do creative writing, they get to do creative work, they get to do drumming, they get to do group therapy, they get to do challenges where they learn to trust each other,” said Sessler. “And all of that depends on our volunteers. They make it possible for us to do that, and it’s very transformative.” Sessler herself leads much of the programming, and has a talent for using her music to connect with children and as a form of therapy for those who are grieving. In addition to caring, empathy and passion for her work, and for helping children, modesty is another quality. Sessler is very laudable. The students get to play to their stories, they get to do creative writing, they get to do group therapy, they get to do challenges where they learn to trust each other,” said Sessler. “And all of that depends on our volunteers. They make it possible for us to do that, and it’s very transformative.” Sessler herself leads much of the programming, and has a talent for using her music to connect with children and as a form of therapy for those who are grieving. In addition to caring, empathy and passion for her work, and for helping children, modesty is another quality. Sessler is very laudable.

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That work ethic is in evidence at Dr. Tara Connor’s practice — Novak confirmed herself not just in terms of expressing their world falls apart. She speaks highly and at length of the volunteers and community members who support HPH Hospice and the Children’s Assistance Program. “I’m not a one-man show,” she said. “There are lots of people who are so involved in supporting children, modesty is another quality. Sessler is very laudable. The students get to play to their stories, they get to do creative writing, they get to do group therapy, they get to do challenges where they learn to trust each other,” said Sessler. “And all of that depends on our volunteers. They make it possible for us to do that, and it’s very transformative.” Sessler herself leads much of the programming, and has a talent for using her music to connect with children and as a form of therapy for those who are grieving. In addition to caring, empathy and passion for her work, and for helping children, modesty is another quality. Sessler is very laudable.

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The Superior Choice For a Superior Lifestyle!

The second annual Healthcare Heroes awards are being sponsored again by Sunflower Springs Assisted Living Community and Superior Residences of Lecanto. They understand the importance of outstanding healthcare and they offer a high standard of living for those wanting to spend their later years in style. Whether you are looking forward to doing away with laundry, cooking & cleaning, or need an assisted living focused on memory care that is secure and full of life with the amenities of a resort, these beautiful communities have you covered all with 24 hour nursing care.

With a beautiful, welcoming environment that promotes independence, both communities have an extended congregate care license, the highest that an assisted living can get. This license allows a licensed nurse to work in her scope, and perform nursing services other communities can’t. The primary purpose of extended congregate care services is to allow residents, as they need more care, the option of remaining in a familiar setting to age with choice and dignity.

There is an abundance of amenities offered at each community including onsite occupational, speech, and physical therapy, a wellness center, salon, Movie Theater, library, billiards, happy hour and live entertainment.

Sunflower Springs assisted living community is a true resort feel, with amenities and services like any other first class resort. We truly set and exceed the standards for senior living in Citrus County.

Superior Residences of Lecanto Assisted Living community focuses on memory care and specializes in Alzheimer’s and Dementia, trying their best to help each individual maintain his or her dignity. Superior Residences offers an Alzheimer’s Support Group that meets the third Thursday of each month at 2:30 PM. It’s a place where folks can share and learn from one another.

Our staff is led by our Area Executive Director Melissa Rogers, RN. Melissa not only has the education and experience, she has the heart and compassion for seniors. Melissa and her family are longtime Citrus County residents and enjoy being involved in the community. Melissa has been recognized as an outstanding leader and has received numerous awards for her leadership, compassion, and concern for residents and their families.

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Healthcare Heroes

Maryann Novak

This year’s winner of the Healthcare Professional award is nurse practitioner Maryann Novak. This award honors a healthcare professional whose patients, peers and leaders feel goes above and beyond the expected duties of their position to serve patients.

"There are those that fulfill their job description and there are those who go above and beyond their required duties. Maryann Novak, NP-C, is one that goes above and beyond her required duties," her nomination read. "During our conversations, I always sense that my health is paramount and that her goal is to assist me with my questions and eliminate my worry and concern."

Novak was nominated in another category, as well — Nurse’s Excelor — for a description and there are those who go above and beyond their required duties. Maryann Novak, NP-C, is one that goes above and beyond the routine goes above and beyond the expected full time for the Citrus County Health Department. I can still recall the feeling of relief seeing her walk into the house after returning from Tampa (USF) usually around midnight in the middle of the work week."

"Although relieved at the time to see her, but it wasn’t until many years later that I began to understand the dedication required to take night classes at USF in Tampa — working full-time, and for the normal hours and all the related chores. Maryann Novak is simply a person of angelic moral character, who has a great deal of integrity and an outstanding work ethic."

That work ethic is in evidence at Dr. Tara Conner’s practice — Novak confirms that not only is it 11 or 12 hours a day, but "I’m new, I’m trying to get caught up, and charting, and every patient I meet is like meeting a stranger. So it takes time to review," she said. "I try ahead of time to prepare for the next day, like looking up records that are on the computer. She’s been with us for 15 years (making a quilt to do that)."

Continued from Page G21

Maryann Novak

Alicia Woodard
David Douglas
Deborah Trotter
Gabe Trujillo

Healthcare Professional Nominees

Alicia Woodard
Holli Tyler
Marlon Achthoven
Rochelle Hernandez
David Douglas
Laura Rhame
Maryann Novak
Susan Ship
Emma Rogers
Mae Natteal
Nina Trujillo
Wendy Hall

HEALTHCARE HEROES

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Then I discovered that the National Institutes of Health had actually designated bereavement as a risk factor for youth — for declining grades, for all kinds of risky behaviors. So it felt right. It’s what I had been trying to do.

While doing the extra mile for other children, Sessler also raised four of her own — three sons and a daughter. One son works in a school for adolescents who have committed a juvenile offense.

She was a registered nurse from New York in 1985. “And then I got married and had kids,” she said, “and I thought nursing was still a practical profession.”

But as she grew older and began to have more responsibilities, it became an attractive career. “And then I got married and had kids,” she said, “and I thought nursing was still a practical profession.”

I thought that if I went to school, I could actually find work to support my family if I needed to, and I liked the idea of contributing in some way to the well-being — to make my life worth it, while I like people. I like meeting people, talking to people — that’s a big part of the satisfaction in the work.

She came to Florida from New York in 1985. She was a registered nurse at the time and worked at Citrus Memorial Hospital for a year, and then the Hernando County Health Department for a year before moving to the Citrus County Health Department.

It was during her time with the Citrus County Health Department that she furthered her education; the Health Department sent her to Emory University to get training as a women’s health nurse practitioner.

Now she earned her master’s degree in public health, her master’s degree in science and nursing as a family nurse practitioner, and a post-master’s certificate as a psychiatric/mental health nurse practitioner.

That’s an addition to the Bachelor of Science in Nursing and Bachelor of Arts in Psychology she earned while living in New York, from Herbert H. Lehman College and City College of New York, respectively.

Throughout her career and continuing education, she has discovered the aspects of nursing that she particularly enjoys. Along with interacting with patients, she enjoys hearing her patients’ stories, she enjoys the investigative, problem-solving aspects of health care.

Some people are kind of like a puzzle,” she said. “It’s like a mystery, like being a detective to try to figure out what’s going on, and the best treatment for them.”

Sessler also likes educating her patients about preventing health issues before they arise. “I like the teaching aspects,” she said. “Preventive practices to prevent disease, things like that.”

Whether it’s teaching her patients about disease prevention, learning about their lives or figuring out the best course of treatment, Maryann Novak embraces the qualities for which the Healthcare Professional award is given: hard work and dedication on behalf of her patients, not just to improve their health, but to ensure that each one feels valued and respected. Her efforts in every aspect of her nursing career and personal life make her an exemplary Healthcare Hero.
Healthcare Heroes
Innovation in Healthcare

There’s no denying that many Citrus County residents are retirees, joining our community for rest, relaxation and perhaps a round of golf after a lifetime of work. As we age, our reliance on doctors increases, and medical professionals play an important role in our daily lives.

The doctors at the Memory Enhancement Center are here to help, and not just in the ways the name may suggest. They are a team of psychiatrists, neurologists and other mental health professionals, and are—of course—interested in helping their patients maintain a healthy mental lifestyle.

However, they have other goals, as well. One such goal is to create and implement a cloud-based system of patient data in order to better provide critical health and treatment.
Nilda Sessler isn’t from around here. According to those who know her, though, she’s an invaluable member of the Citrus County health care scene, and they can’t imagine HPH Hospice without her. She’s also this year’s winner of the Healthcare Humanitarian award, which recognizes a member of the health care system who goes above and beyond to improve the lives of those who cross their path.

Sessler is a children’s bereavement counselor with HPH Hospice, and a driving force behind their Children’s Assistance Program (CAP). CAP provides services to children with a life expectancy of less than six months, including palliative care and support for relatives, friends and other loved ones.

“Saying she goes above and beyond is an understatement in my opinion,” her submitted nomination read. “Every week she drives between 400 and 600 miles going to schools, facilities and homes to visit and counsel as many of her young clients as she possibly can … Regardless of the time of day, she doesn’t hesitate to rearrange her entire schedule and drive an unexpected route when she gets an urgent request from someone worried about their child.”

Sessler grew up in Brooklyn and lived much of her life in Pennsylvania before moving to Florida. “Once I came down here and I saw central Florida,” she said, “I really loved it. It’s very beautiful.”

In Pennsylvania, she worked as an at-risk youth service provider, doing interventions, case management, crisis intervention and counseling. Her last job before moving to Florida was as a tobacco agent, doing tobacco prevention work for Penn State University in partnership with the Pennsylvania Department of Health.

“What I found — and this is why I was so happy to land on Hospice — was that when I was doing the work for the youth — mostly adjudicated youth or youth in danger of being removed from their homes due to family dysfunction — was that many of them had been affected by death,” she said. “Bereavement emerged as a really important piece in preventing delinquency and student drop-out.”

Dr. Frederick J. Herzog, clinical psychologist and nonprofit organization manager

MECA Continued from Page G22

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Patel’s and Brockett’s specialty, oral and maxillofacial surgery, encompasses the treatment and management of conditions, defects and injuries of the mouth, teeth, jaws and face. Oral and maxillofacial surgeons routinely perform wisdom tooth and other extractions, bone grafting, dental implants and reconstructive surgeries after minor and major trauma.

“A lot of this stuff is very painful,” said Brockett, “so we do things under anesthesia. We can offer far less anxiety. Anytime we do a surgery we sit and talk to the person beforehand and do a preoperative evaluation, and let them know that we can do this painlessly.”

Oral surgeons are trained in all aspects of anesthesia and anesthesia administration, and become experienced in its application during their intensive four-year residency.

“That’s probably the biggest thing that oral-maxillofacial surgery offers — a pain-free experience,” said Brockett. “Number two, medically-compromised people — if a tooth needs to be removed, your general dentist or a hygienist can do that. If somebody has had a heart transplant, somebody has severe asthma, somebody has severe medical issues that need to be maintained … we can handle patients that have complex medical problems.”

Brockett has been employing his expertise and experience to provide dental services to the Key Center for 25 years, as well as in his own practice.

During those 25 years he’s spent in Crystal River, Brockett has embodied the concept of a professional, experienced, knowledgeable and reliable doctor to his patients and his community. His contributions, both professional and personal, and the trust and confidence his patients place in him make him an ideal winner of the award for Dental Excellence in Healthcare.
Over the summer, she did some babysitting work for an associate of Dr. Andrew Petrella, of the Citrus Orthopedic and Joint Institute, who has twin boys and a newborn.

Brockett will soon have a new partner himself — Dr. Rushi Patel, who grew up in Citrus County, graduating from Lecanto High School in 2000. He graduated from dental school at the University of Missouri in 2006, attended a general dental residency at Columbia University, earned his Ph.D. in molecular cell biology from the University of Florida and was considering pursuing a residency in orthodontics.

“He said he was going to apply to orthodontic residencies, he was going to do orthodontics,” Brockett said, “and I said ‘Rush, you’re not that personality, you have a surgeon’s mentality. He would have been a wonderful orthodontist, very personable, but I knew that he would probably want the excitement, the difficulty, of reconstruction and trauma and pathology.’

Brockett felt confident in that statement because he’s known Patel since he was a kid, growing up in Citrus County, winning science fairs and shadowing Brockett at his practice.

“He was 15 years old, looking over my shoulder, one of those bright high school students,” said Brockett. “And I kept seeing him, he kept coming back to visit, and I thought ‘man, this kid is really something.’”

After completing a four-year oral and maxillofacial surgery residency at the University of Florida, Patel agreed to join Brockett’s practice.

“I feel very blessed — I feel like one of my kids is coming back home, I really do,” said Brockett.

In a recent interview, Patel attributed his desire for a career in dentistry to his experiences with Brockett.

“Instantly, I fell in love with what he does — the types of patients he sees and the interactions he has with his patients,” said Patel. “Because of him I went to dental school. It’s one of those things that’s your calling. You feel comfortable with it, you feel good about it and you can envision and see yourself doing it as a goal.”
MECA
Continued from Page G25

“Any time you have a project like this, there’s sort of new challenges that come up,” he said, “and one of the things that I think we’ve learned over the last six months is that you really need a lot more outreach with memory care patients. It’s nice to have a wonderful place that people can come to, but the reality is that when it comes to memory care patients, if you don’t reach out to them, you’re going to lose a big portion of those patients.”

A project of this scale needs organization and structure, and that’s where Dr. Herzog came in.

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Healthcare Heroes

Dental Excellence

This year’s Dental Excellence in Healthcare award goes to Dr. Robert Brockett of Citrus Oral and Maxillofacial Surgery.

Brockett has been practicing in Crystal River for 25 years, but got his start in Ocala in 1985 with Dr. Ronald Caylor.

“He actually started this practice in 1976 or ‘77,” said Brockett. “I actually bought this practice from him.” The two are still close; Caylor will be helping Brockett with his practice while he’s on a hard-earned vacation with his wife.

When Brockett isn’t working, he’s often working out. An avid cyclist, swimmer and golfer, he frequently rides his bike to work (“I put about two or three hundred miles a week on a bike,” he said) and is currently training for a triathlon. July 14 was the anniversary of his first triathlon, in Clermont in 1994.

Robert Brockett

See BROCKETT/Page G11

MECA

MECA continued from Page G26

A key element to this that counts,” he said. “You have all the basic building blocks with the various professions, but you can’t lose sight of where you want to go as an organization if you want to accomplish your goals.”

These three doctors have worked together the past several years to put into action a plan to increase Citrus County’s capacity to provide above-average mental and general healthcare by beginning the process of creating a clinical-based system of information-sharing between health care professionals. Their prodigious efforts to do so have earned the Memory Enhancement Center this year’s Innovation in Healthcare award.
When Dr. John Gelin heard that he'd won the 2014 Healthcare Heroes Lifetime Achievement award, he advised that whoever came to interview him bring extra notebooks. It was good advice — as Dr. Gelin's generally is. After all, he's been practicing medicine in Citrus County for 43 years.

Before arriving in Floral City, Gelin did his undergraduate studies in psychology at Johns-Hopkins and earned his medical degree from the University of Maryland School of Medicine. When he set up shop in Citrus, he said, he was one of eight doctors in the county — "five of them on this side of the county and three on the other side." While the health care industry in the area has expanded exponentially since the early 1970s, Gelin is still a busy and much-loved family doctor and member of the community.

He does much more than see patients, write prescriptions and let his staff keep him in line, though. He's also heavily involved in a variety of capacities throughout the county.

"I think the ability to do all the things that I get to do (is my favorite part of what I do), not just being a doctor," he said. "I'm the medical director of Hospice (of Citrus and the Nature Coast), an umpire of Little League, I announced the high school football games, I've been the sports doctor for the high school (Citrus) for 43 years — you know, in a big town you wouldn't get a chance to do all the fun things, and here you really get involved. I've coached Little League all the way up to the state finals. It's fun to be a part of the community."

His office is liberally decorated with plaques expressing gratitude for his coaching, medical services and time as Rotary president, among other honors too numerous to count.

He was honored for his services to Citrus High School in 2007 during halftime at a Hurricanes game against the Hernando Leopards. Citrus's head coach at the time, Rik Haines, said of Gelin: "He's like the mailman. He's always there for us. Rain, sleet, snow, come high water, he's there for us always. He's just a tremendous person."

One dollar of every ticket sold that
night went to Hospice of Citrus and the Nature Coast, in honor of Gelin.

“It’s a great cause and it’s something that means a lot to Dr. Gelin and he means so much to us,” said Vicky Overman, then Citrus High’s athletic director, in a 2007 interview. “It’s just a small way of saying thank you to him.”

He was also a significant part of Citrus Memorial Health System’s adoption of the Cerner program in 2013, which computerized many aspects of medicine that were formerly paper-based, such as admissions, discharges and prescriptions. Even though he’d been doing things the old-fashioned way since he began practicing, he was enthusiastic about the possibilities that the new technology offered.

“If you can eliminate medical errors, that’s one major advantage,” he said in an interview at the time. “It’s cleaner. I don’t have to read Dr. X’s writing and he doesn’t have to read mine. This is the safe way to practice medicine.”

Gelin’s staff of four is around to make extra sure everything is done the safe way, too. His newest staff member, Debbie King, is in her ninth year with his practice, and the lady in charge, Thelma Cali, has been there for 23 years; receptionist Kay Wolf and registered medical assistant Phyllis Kelley have been with Gelin for 15 and 17 years, respectively.

“I owe most of my successes to my ladies,” said Gelin of his staff. Speaking of successes and ladies, Gelin met his wife, Granada, while they were both championing the adoption of the Cerner program. He has nine children from previous marriages — six daughters and three sons, who have careers all over the map.

“We have a little bit of everything,” said Gelin of his children. “We have IT people, we have a football coach, we have a writer — one, she’s an executive at Universal … I have a banker — oldest son and youngest son both work for Apple — oldest son is a lawyer, the assistant head of the legal department, and the youngest sells them at the Florida Mall.”

During his 43-year career here in Citrus County, Gelin has made an impact not only on his patients, but also on innumerable students, athletes, young baseball players, fans of high school football, Hospice patients, and other members of the community.

He has ceaselessly given his time, experience, expertise and care to the residents of this area.

The submission nominating him showed the depth of his attachments here: “I was raised in this county with Dr. Gelin’s daughter, Julie, whom is also now a physician in this county,” it read. “Dr. Gelin never brings attention to himself but he has been a quiet force in this county for generations. My grandparents have been patients of his … my current Director of Nursing is a patient and quite a few residents of Nature Coast Lodge are also his patients. I have never heard one cross word about him … I would like to see Dr. Gelin get recognized for his outstanding services as one of our county’s longest-standing physicians.”

For these and his other contributions, Dr. John Gelin is this year’s recipient of the Lifetime Achievement in Healthcare award.
Seven Rivers Regional Medical Center

Nurse's Excellence in Healthcare Nominees

Susan Brooks

Maryann Novak

Laura Harvey

Laura Rhame

The Nurse’s Excellence in Healthcare award honors a nurse working in Citrus County whose performance in considered exemplary by patients and peers – whose work ethic, skills and passion for the job combine to make them outstanding in their field. Nominees are acknowledged for all of their efforts by all of those around them, including family and friends.

Seven Rivers Regional Medical Center for 16 years. She's worked at Seven Rivers Regional Medical Center for 16 years.

Susan Brooks is, by all accounts, one of our nurses. She brings a twang in her speech, although she’s worked at Seven Rivers Regional Medical Center for 16 years.

She always knew nursing was for her. "Susan will tell you that from the time she was 6 years old, she wanted to be a nurse." she reads her nomination. "That is my focus (outside of work)," Brooks said fondly, "and I am grateful for all the opportunities that have presented themselves to me at this hospital."

"Many times it's just procedures," she said. "I can do other things, but I love the work because I want to. And I still aspire to further my education, to be a registered nurse."

"It quickly became evident to us that many of the calls Nature Coast EMS’s Mobile Integrated Healthcare program is intended to provide advice for changes that can be made inside the home to prevent future falls before they happen."

"Identifying the people — we run reports every day or every few days and see how many people we’ve gone out on multiple times, and typically they’re folks that are in the community paramedic calls them up and says 'OK, I noticed we’ve been out to your house a few times — can I come over there and follow up?' Most people — 95 percent of the people — say ‘sure," she said. "So he goes over there and gets them better connected to their physician, better connected to somebody that can help them.'"

"It's more than just facilitating communication between alternative sources of aid, physicians and patients, though. Bentley also performs safety checks with the goal of eliminating fall risks within the home."

"When Brian goes out and works with these folks, he goes to their home and observes — with their permission — observes around their home to see what we can do to reduce the chances of them ending back up in the health care system," said Full. "We also do a CDP fall assessment to see what risks they are at — that's been proven, if you go to the home and you do this fall assessment and you reach the folks, you reduce the falls by 50 percent. So that's really significant. That's what we're trying to accomplish, by doing some of that, and it's been working out great." They also have begun offering a Matter of Balance class, a six-to-eight-week class that educates members of the community about public better about balance, fall prevention and other home health care issues. Taught by local professionals from many different areas and specialties, it brings together fall and home care prevention, professionals and community members to reduce the number of home health emergencies and improve participant's safety and quality of life.

Nature Coast EMS’s Mobile Integrated Healthcare program, along with mental other educational and community involvement opportunities, has earned them this year’s Community Outreach Award. It honors a company or organization that touched out of its normal sphere of operation to focus attention on a health care issue or help solve a community problem. That's certainly what Nature Coast EMS and its leadership and staff strive to do, every day in Hernando County, as well.
T he winner of this year’s Community Outreach award in Nature Coast EMS established Oct. 1, 2003, the organization is Citrus County’s only not-for-profit Advanced Life Support 911 emergency responder and medical transportation provider.

Since its beginnings, Nature Coast EMS has provided not only ambulance services to Citrus County, but numerous educational opportunities and community services, as well. They offer emergency medical services training for healthcare professionals and the general public, including comprehensive training courses for paramedics, EMT certification, Critical Care Paramedic courses and a Pediatric Education for Prehospital Providers course — as well as courses in Advanced Medical Life Support, International Trauma Life Support and Advanced Stroke Life Support.

They are also an Emergency Care and Safety Institute Training Center and offer online programs in adult and pediatric CPR, AED and first aid; professional rescuer CPR, and lifeguarding, among others. And they’re an American Heart Association Training Center, too — they offer all the AHA programs, including Healthcare Provider, Advanced Cardiac Life Support and Pediatric Advanced Life Support.

In addition to all these courses and educational opportunities for healthcare professionals and members of the community, they offer a no-charge Community Outreach, which educates participants about Nature Coast EMS, emergency medical services and skills useful in emergency situations. Attendees have the opportunity to ride along with paramedics and EMTs and take part in the work they do for patients every day.

While the Citizen’s Academy is for those 18 years and older, Nature Coast EMS’s Explorer Program is offered through the Boy Scouts of America and is geared toward young adults of high school age. A division of the Boy Scouts of America’s “Learning for Life” program, the Explorer program offers students a chance to learn valuable emergency and life skills, such as responsibility, time management, and teamwork. The program includes classroom instruction, skill lessons and ride-alongs with an ambulance crew. It is available to students between the ages of 14 and 20 who are enrolled in school and have completed the eighth grade.

Nature Coast EMS has also recently begun focusing on identifying and preventing recurring issues in patients’ homes. Through their community paramedic, Brian Bentley, and the new Matter of Balance classes, they are working with people in our community to prevent falls in the homes before they happen.

“We were at 18 percent of our total calls (being) falls,” said Mike Hall, community paramedic and the program coordinator. “That is a pretty big number. And so our goal one, for their commitment to patient care, their professionalism and their contributions on the job.

“When questions arise,” the release continued, “it is Susan’s clinical expertise and bedside experience that make her a favorite resource for students, co-workers and leadership.”

“You always goes the extra mile to help others without being asked,” said Brooks’ manager, Carol DeFalco, in an interview for the press release. “She is so in tune with her work environment and the needs of her co-workers.”

Extraneous noted those sentiments, as did the judges who selected her for the Nature’s Excellence in Healthcare Award from among seven other submitted professionals.

Brooks herself is very modest. “I do this job because I want to do this job, and I like it!”

That quality — along with her kindness, compassion, expertise, professionalism, skills and experience — has earned Susan Brooks this year’s Nature’s Excellence in Healthcare Award.

BROOKS

Continued from Page G4

SUSAN BROOKS

This award is the highest honor bestowed upon a hospital employee each year,” said Brooks. “I am very honored to be chosen from among 460 employees for the honor.” Em-

One judge considered her to have “just a phenomenal compassion for what she does,” and another recalled that she goes “above and be-

BROOKS

Continued from Page G4

shown, even though I’ve done this 40 years, there’s never a substitute for education.”

While most people un-

Ben Lambright

Nature Coast EMS

Nature Coast Ministries

Mended Hearts Chapter

of Citrus County

See End Page G7

Community Outreach

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Gulf to Lake Orthopedics

Thomas Bendowski, Gulf to Lake Orthopedics

The area aware of each other so that they can more effectively care for patients. “One of the things we do really well is continuum of care,” Spinka said. “We (Comfort Keepers) offer ‘x’ amount of care, but it’s not everything people need. We need help. We need Medicare-based companies to come in and help take care of those clients; good doctors — we often times have to change doctors, things like that, so that we need whole teams, so when our clients do have an issue, we know where they’re going and that they’re going to be taken care of — there are so many services that we support in the county and that support us. Continuity of Care is a bunch of competi
tors coming together, but why do we come together? Because we learn about each other, what makes us different, what people excel in, and so when my clients do need a service, we’re familiar.” Spinka, his family and his company are clearly familiar and appreciated by many peo
tle in Citrus County. A submission nominating him for the Administrati
tive Excellence in Healthcare award pro
duced glowing praise of his community involve
t in. “Citrus is a pillar of his community,” the Healthcare award nominating submission reads. “His work is excellent.”

Continued from Page G4

Continued from Page G3

Choosing a specialty from the myriad options available to medical students can be a painstaking process, but Bendowski discovered orthopedics early on.

“When I got to medical school,” he said, “I had an aloha shirt on, coming from Hawaii, and I thought, ‘oh, no, I’m not staying here.’” After three and a half years in the frigid north, Bendowski moved to Florida.

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“… around 32 degrees, in July,” Bendowski recalled. “… I had an aloha shirt on, coming from Hawaii, and I thought, ‘no, I’m not staying here.’” After three and a half years in the frigid north, Bendowski moved to Florida.

Florida may have been his home, but during his residency, he started out intending to study marine biology.

“I wanted to go to a college that was really heavy pre-med, and I actually was planning to go into marine biology,” he said. “But the pre-med program kind of drove me, and I thought, ‘well, I think that this is something I’d like to do,’ so that got me along the medicine route.”

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“When I got to medical school,” he said, “one of my best friends’ father was a physician’s assistant.”

He almost 23 years. It was quite a journey for him, but Bendowski discovered orthopedics early on.

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Galen Spinka, Comfort Keepers

Administrative Excellence in Healthcare Nominees
Carolyn Reyes
Christine Reick
Galen Spinka
Laura Sullivan

BENDOWSKI

was an orthopedic surgeon and he (the friend) was going to be an orthopedic surgeon, and I’m pretty mechanical, and I thought ‘well, I think if I’m going to do something’ — I’m into sports and athletics and that kind of thing — this would be a pretty good fit for me.

He attributes some of the credit for his choice to his professors at Georgetown, as well.

“Another reason we got into it is because of some of the experiences that we had. I was in medical school, through some of my rotations, trying to decide what I wanted to do for the rest of my life. So at that point, I thought ‘well, I’m going to do orthopedics.’ And, after almost three decades in medicine, he still loves what he does. His favorite part of his day-to-day practice, he said, is “the gratification of seeing somebody come in who was having a lot of problems and now they’re better. Being able to — literally, in some cases — turn somebody’s life around, where they can do things that they weren’t able to do several months before.”

This drive to improve the lives of his patients, along with his dedication to medicine and to his community, has earned Dr. Thomas Bendowski this year’s Physician Excellence in Healthcare award.

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INVERNESS FAMILY CARE

See SPINKA Page G1

Healthcare Heroes

Administrative Excellence

T here are administrators, and then there are Administrators. Gailen Spinka is the latter. With his wife and daughter, of Citrus County’s local Comfort Keepers branch, he is known throughout the area for the time and energy he donates to the community and brings to his various leadership roles. With these qualities in mind, he is the recipient of this year’s Administrative Excellence to Leadership award.

Spinka and his family purchased a Comfort Keepers franchise in 2004. In his first career, he worked as a project manager, overseeing the protection and prevention projects for nuclear power plants in the United States and Canada. But after 9/11 made flying much more stressful, he decided it was time for a change. He brought his organizational and analytical skills to bear, and assessed his and his family members’ skills and passions. They decided they would be perfect as part of the home health care industry.

They explored a wide variety of franchises, and found that Comfort Keepers was the best fit and promoted the highest quality of care. Spinka’s wife, Deborah, had accounting experience and she became the office manager; daughter Lindsey had a personal experience with the negative impacts that being a sole caregiver can have on a spouse — when her mother was ill, her father filled that role.

“Another reason we got into it is when my mom was sick and my dad was taking care of my mom, my dad couldn’t leave the house — he was like a prisoner to my mother, because she needed 24-hour care,” Spinka said. “And so back then, there wasn’t a service like this, and so it was friends, neighbors. And when we would go to help out, we wouldn’t go anywhere because he’d want to visit the family. So now, this is exactly what we do. When one person is down, we take care of that person so that the other person can still sustain life.”

Doing what needs to be done and assuming leadership roles are constant themes in Spinka’s life. He’s also a member of the Rotary Club of Inverness; a member of Suncoast Business Masters; the current president of Citrus County Continuity of Care; a graduate and leader of Leadership Citrus; and a member of the 2014 Board of Directors of the Citrus County Chamber of Commerce. Just this year, Comfort Keepers of Citrus County added private nursing duty services to its offerings and also acquired the Hernando County Comfort Keepers franchise.

Networking is something of a passion for Spinka, as well. As an instrumental member and the current leader of the Citrus County Continuity of Care organization, he works to make various health care services in the area more available to our practice.

See SPINKA Page G1

Healthcare Heroes

Administrative Excellence

Tara Connor, D.O.
Maryann Novak, NP-C

2014 Health Care Heroes

Tara Connor, D.O.
Maryann Novak, NP-C

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2014 Health Care Heroes

INVERNESS FAMILY CARE

2401 Forest Drive,
This year’s Reader’s Choice Award winner is Marlon Achthoven of S.E.T. Home Health in Crystal River. The Reader’s Choice winner is chosen by public voting on all candidates who received nominations in any of the Healthcare Heroes categories.

S.E.T. Home Health provides services that have been ordered by physicians to treat patients’ medical conditions. They offer skilled nursing, behavioral health services, physical therapy, assistance with basic activities such as dressing, medical social assistance, such as financial planning, and speech and occupational therapy. Achthoven is a physical therapist, and has been for 25 years. He grew up in Suriname, in South Africa, and completed his higher education in Amsterdam, in the Netherlands. He was recruited as a physical therapist and relocated to Florida.

He worked in the Citrus County school system as a physical therapist for about 16 years before joining S.E.T. Home Health. He works with patients who need physical therapy to restore or improve range of motion, strength,
Salute to Healthcare Heroes

What’s inside

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2014 Healthcare HEROES

ACHTHOVEN
Continued from Page G34

endurance or walking ability, or after surgical procedures such as back, hip, knee, shoulder and joint surgeries. Achthoven also supervises a team of physical therapists and is one of the only therapists in the area who is qualified to work with patients suffering from vertigo.

Everyone who meets Achthoven has a kind word to say about him. “He delivers knowledgeable care to all his patients, while remaining respectful of who the are. People that have been treated by him will tell time and time again go back to him. He has been blessed to be great at what he does,” read one nomination.

“Marlon is an exceptional individual. He has the ability to retain knowledge to a degree that far surpasses the norm. The delivery of care that he extends to his patients is far more successful than I have ever seen. His training is superb and his attitude in life is positive and exceptional.”

Achthoven’s dedication to improvement, and he does so much for his patients. He goes above and beyond by helping his patients and others any way he can. He deserves this award for sure,” read another.

Achthoven’s dedication to improving his patients’ well-being, mobility and quality of life has earned him much respect and affection from the community. This is reflected in the community’s choice of Marlon as this year’s Reader’s Choice Healthcare Hero.

CHARLIE VERNON
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Behind every new medicine are the volunteers who take part in clinical research studies.

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ACHTHOVEN
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