Anthony needs safe house

Release expected Sunday night

Associated Press

ORLANDO — When Casey Anthony is released from jail Sunday, it will probably be in the middle of the night.

If her lawyers are smart, security experts say, they will arrange for several SUVs with tinted windows to pull up to the Orange County Jail. Then they will bundle her into one of them and whisk her away to a safe house, where she will be protected by bodyguards for days, if not weeks.

Anthony is scheduled to be released from the jail, where she has been held since June 2008, after jurors last week spared her the death penalty and instead convicted her of first-degree murder in the death of her daughter Caylee, 2.

The verdict has been met withXY

False alarm in Irene

Citrus County Sheriff's deputies responded to a false emergency call April 22, 2011, when someone stated that 28-year-old Gail Tierney had been found dead at her room at the Poinciana, a Citrus County mobile home park. Deputies were dispatched to the scene at about 5 p.m., after a call said Tierney, who resides here in Citrus County, had been killed in a fire nearby.

Deputies set up a perimeter around the building, came out and told the 911 caller no incendiary, according to Sheriff John “JJ” Kenney.

Tierney, who is the mother of two children, lives in Citrus County and was deputized in Florida as a leave of absence when she was serving in Afghanistan and returned to her normal duties. Deputies said they were on scene for about 45 min- utes, Tierney said, “It was a great experience.”

Interviews

Crystal River resident and avid geocacher Glen Cook began the hobby a couple of years ago while vacationing in Hawaii.

“Gotta catch em all”

Stanton’s hobby, which is recuperating at home in Citrus County, is a modern-day treasure hunting activity known as Geocaching.

Geocaching is a real-world, outdoor treasure-hunt- ing game using GPS-enabled devices. Participants navigate to a specific set of GPS coordinates and then attempt to find the geocache (container) located at that location.

What is geocaching?

Geocaching is a real-world, outdoor treasure-hunting game using GPS-enabled devices. Participants navigate to a specific set of GPS coordinates and then attempt to find the geocache (container) located at that location.

Q: What is geocaching?

A: Geocaching is a real-world, outdoor treasure-hunting game using GPS-enabled devices. Participants navigate to a specific set of GPS coordinates and then attempt to find the geocache (container) located at that location.

Q: What are the rules of geocaching?

A: If you take something from the geocache (or cache), leave something of equal or greater value. Write your find in the find logbook. Log your experience at www.geocaching.com.

Q: What do I need to go geocaching?

A: The only necessities are a GPS device or a GPS-enabled mobile phone so that you can navigate to the cache and note your Geocaching.com membership.

Q: Where are geocaches located?

A: Geocaches can be found all over the world. It is common for geocachers to hide caches in locations that are important to them, reflecting a special interest or skill of the cache maker. These locations can be near geographic or cultural landmarks, remote wilderness areas, or the site of an important event.

Q: What is a geocache?

A geocache is a container, typically made of durable material such as plastic, that contains collectibles, souvenirs, or a combination of both. Geocachers can choose to hide their caches in locations that are important to them, reflecting a special interest or skill of the cache maker. These locations can be near geographic or cultural landmarks, remote wilderness areas, or the site of an important event. Geocachers can also choose to hide their caches in locations that are important to them, reflecting a special interest or skill of the cache maker. These locations can be near geographic or cultural landmarks, remote wilderness areas, or the site of an important event.
Gary Stanley, a nearby homeowner, said he was working in his office when he said there was a plane crash at the airport. He said he jumped on his golf cart and quickly got to the scene to make sure the pilot was not injured.

“He was still in the plane as I made sure there was no gas on the ground to catch fire,” he said. “Then I called the airport to let them know.”

At the scene, CSO Capt. Al Ritchie said the cause of the accident was not known and would be determined by the FAA whether it was mechanical or pilot error.

“It is just one of those things that happen,” he said. “When you operate some- times it will happen.”

Friday evening, a wrecker lifted the plane and moved it inside the airport. Logan is attempting to get his instruments, certification and used the Crystal River airport as a stopover during one leg of the journey. He left Winter Haven earlier in the day and was flying solo.

Chronicle Managing Editor Sandra Frederick can be reached at (352) 394-2800 or sfrederick@chronicleonline.com.
Citrus County
Crystal River
Downtown Square
The Crystal River Demo-
cratic Club will meet at 7 p.m. at Tastee Freez, 26 S. Queen’s Restaurant in U. S. 19 in Crystal River. This is a newly formed group of area community residents. (Call (352) 467-6600)

Citrus County residents urged on County Road 486
County officials urge resi-
dents who are traveling County Road 486. Water managers say it took up to four years for the “water shortage zone” when the dry season mains in the “water shortage zone” when the dry season managers say plant life is of particular concern. There is an energy healing deals with physical therapy. Nurses and doctors are interested in aura photography as western medicine deals with the symptom rather than the disease. It will be held in Norvell Bryant Highway on Saturday, June 6 starting at 9 a.m. and going until 2 p.m.

W. Palm Beach
Despite rain, drought continues in south
South Florida Water Man-
agement District spokes-
man Norvell Bryant said that the farmers market in Norvell Bryant Highway on Saturday, June 6 starts at 9 a.m. and going until 2 p.m.

Orlando
Woman, 58, runs over dog
Auburn woman, 58-year-old woman apparently struck and killed a dog while walking her dog while parking their car outside an Orlando apartment complex. The Orlando Police Department said the incident happened Thursday morning at the Orange Tree Apartments. The woman’s family said the woman was on her way to work to drive her dog to the dog park. She was last seen at 7:30 a.m. and had not been heard from since.

New Church Without Walls market returns today
Citrus County Chronicle reporter Cheri Harris wrote about a market that the New Church Without Walls will be open year round after being closed down for 7 months. The market will be open every Saturday at North Crooked River Road.

Public invited to take journey to well-being
New Church Without Walls member Roscoe Watkins, left, and Robert Ray of Key West Temple of the Church of the Living God, Fernald City, sort through some of the dozens of booths of local farmers and vendors selling fresh fruits and vegetables.

New ‘Heroes’ book has local connection
Cheri Harris Staff Writer

Church opens new produce stand in Crystal River
Matthew Beck Staff Writer
CRYSTAL RIVER — If anybody can bring colored greens and the Lord toge-
ther, it’s Pastor Bud Vorland, founder of the Crystal River Farm Fresh Produce stand on CR 44.

Orlando’s public invited to take journey to well-being
New Church Without Walls member Roscoe Watkins, left, and Robert Ray of Key West Temple of the Church of the Living God, Fernald City, sort through some of the dozens of booths of local farmers and vendors selling fresh fruits and vegetables.

Farmers’ market returns today
A.B. SIDIBE Staff Writer
Despite the rainy weather, it’s market day and if everything goes according to plan, 200 “neighbors” willบางขากใน and out of the open-air space at Faver-Duty Park.

New Church Without Walls member Roscoe Watkins, left, and Robert Ray of Key West Temple of the Church of the Living God, Fernald City, sort through some of the dozens of booths of local farmers and vendors selling fresh fruits and vegetables.

Public invited to take journey to well-being
New Church Without Walls member Roscoe Watkins, left, and Robert Ray of Key West Temple of the Church of the Living God, Fernald City, sort through some of the dozens of booths of local farmers and vendors selling fresh fruits and vegetables.

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Public invited to take journey to well-being
New Church Without Walls member Roscoe Watkins, left, and Robert Ray of Key West Temple of the Church of the Living God, Fernald City, sort through some of the dozens of booths of local farmers and vendors selling fresh fruits and vegetables.
QJC panel hears Dawkins on Taj Mahal role

JAY EVANS

The Journal

The QJC panel heard Fort Lauderdale City Commissioner Alan Farber today.

Farber gave the QJC panel a lecture on Taj Mahal role.

Farber discussed his views on the role of Taj Mahal.

During the lecture, Farber raised several points:

1. The historical significance of the Taj Mahal.
2. The architectural beauty of the building.
3. The cultural importance of the mausoleum.
4. The impact of the Taj Mahal on tourism.
5. The challenges faced in preserving the monument.

Farber also shared his personal experiences visiting the Taj Mahal.

Farber concluded his lecture with a question-and-answer session where he addressed some key points raised by the QJC panel.

The panelists expressed their gratitude to Farber for sharing his insights and knowledge on the Taj Mahal.

Farber's lecture was well-received by the panelists, who praised his comprehensive understanding of the topic.

The QJC panel has scheduled another meeting to discuss Taj Mahal-related issues in further detail.

For more information, please contact:

JAY EVANS
The Journal

The Journal is an independent news organization covering local and national events. For more updates and insights, visit www.thejournal.com.
Brendon Janzowski walks through a watermelon field in Nixa, Mo. Janzowski invested in a new variety of watermelons but didn’t even own enough yield. The 25-year-old seasonal executive sold his 6 million pounds of fruit for $4 million in Arizona last summer.

Investors turn focus on agriculture

“We need your photos for Discover Citrus 2011 Citrus County. We need your photos for Discover Citrus 2011 Citrus County.

We need your photos for Discover Citrus 2011 Citrus County.

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# The Market in Review

## NYSE

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## AMEX

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<tr>
<td>A-B-C</td>
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## To Request Stocks & Funds

Request information about securities listed on the Chronicle App: Stock Requests, 1344 N. Meadowbrook Blvd, Crystal River, FL 34429, or call 561-566-5600. Include the name of the stock, market and order symbol for the fund. FDIC funds, list parent company, symbol and the exact name of the fund. Staff will not provide real-time quotes.

## Commodities

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<td>Natural Gas</td>
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<td>+0.05</td>
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## Special Sections

### The Market in Review

#### NYSE

**Gainers ($2 or More)**
- Identive | 2.01 | +.01
- Healthwys | 17.19 | +1.20
- Hasbro | 41.37 | +.06
- GlobCrsg | 37.21 | +.72
- Geores | 27.61 | +1.46

**Loose ($1 or More)**
- GoldResrc | 25.10 | +.61
- Fiserv | 61.37 | -.62
- FtConnBc n | 11.09 | -.05
- FstCashFn | 41.99 | -.42
- FnclInst | 17.47 | +.10

**Lossers ($1 or More)**
- LAB | 8.50 | -.10
- LNC | 15.37 | -.15
- LT | 30.75 | -.18

**Volume**
- CameltInf n | 12.55 | -.82
- T3 Motn rs | 2.33 | -.12

#### AMEX

**Gainers ($2 or More)**
- IDI | 11.11 | +.11
- MIR | 9.99 | +.09
- MRR | 8.88 | +.08

**Volume**
- A-B-C | 3.78 | +.17

#### NASDAQ

**Gainers ($2 or More)**
- Ctrip.com | 44.06 | -.44
- CmGnom n | 14.70 | -.02
- Equinix | 99.07 | +.81
- EngyConv | 1.09 | -.03
- EndoPhrm | 40.27 | -.10
- ElectSci | 18.98 | -.09
- DrmWksA | 20.83 | +.04
- DonlleyRR | 19.43 | +.33

**Lossers ($1 or More)**
- DenburyR | 19.51 | +.92
- PNC Eng | 56.77 | -.44
- PWR | 15.31 | -.15
- PNY | 17.77 | -.17

**Volume**
- Broadwind | 1.35 | -.03
- Biodel | 2.00 | +.03
- AvisBudg | 15.74 | -.30
- Celanese | 53.61 | +.38
- CblvsNY s | 25.91 | -.19
- BrMySq | 28.97 | -.13
- BeazerHm | 3.19 | -.03

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**Note:** The above table provides a snapshot of the stock market movements and some key financial metrics. For comprehensive financial data and real-time updates, please consult financial news sources or databases.
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Here are the 1,000 biggest mutual funds listed on Nasdaq. Tables show the fund name, selling price, net asset value (NAV), and change (Chg) in NAV. Each fund's holdings are diversified across various asset classes, including domestic and international equities, fixed income, and other investment products.
Counties need to echo concerns about rock trucks

W hether litigation can yet be stopped, but the Crystal River City Council is right to give it a try.

By joining with the Withlacoochee River Commission over the Levy County Commission's proposal of the Tarman King Mine of Inglis, city offi-
cials have said they will seek government mus-
teries to find off a daily on-
ly 12 hours a week.

Citrus County residents are free to the project, unless one consid-
ers an out-of-county trucker grinds it in a connec-
tion store a perk.

The issue: Rock truck reaction. 

No rules new

CSO's impossibilities im-
posed by the FWS in a letters to the CSO.

Citrus County resident, I

my program.
The program can filesystems.
The program can be used to filesystems.

Life-and-death matters

in regards to the Crystal River. Many are willing to take part in these matters.

Pay for yourself

My point about the medical crisis is simple: why should taxpayers have to pay for the CSO.

County needs to echo concerns about rock trucks

Citrus County resident, I

(352)

I'd like to see those involved with the mine being

I feel removing septic tanks is

with the Conch Republic, which meets

I'm a senior citizen and a regis-
ted voter. My concerns are both

Mayor of the City

I am very concerned about the safety of the people who

S ome required non-

military trucks to


Our battered bay

Many residents are concerned about the water in the bay. Some blame manmade peril, if that is the case.

Seipte tasks are another matter

Most of our small-scale

Not really new flow.

There have been

The springs have been

I am a senior citizen and a reg-

My husband and I have partici-

Cash cows

My husband and I have partici-

Politics is not new

Despite our efforts, we have

A tale of two projects

The formulation of the

The solution

There must be, not a balance of power, but a common peace.
geocaching while vacationing in Hawaii. They were hiding up a waterfall when they came across a woman who said her husband went out to look for geocaches. After reviewing a description of what geocaching was, Cook said his wife realized they had been researching how it worked.

They then found their first-cache, a small box in the Pelton Flume in Crystal River and from there they were hooked, although Cook admits he goes geocaching more than his wife does.

“It was just a small thing to do,” he said. During the summer months, Cook said he doesn’t geocache that often because it’s so hot outside. But he clearly gets around because he has found 1,219 caches, which includes hiding most of the ones spread throughout the county.

He also has found caches in St. Martin, St. Thomas, Key West, Key Largo, Montana, Colorado, Georgia and beyond.

“Usually anywhere I go,” he said. “He said he is getting used to live in every state.”

Through that, there is a lot of emphasis on finding the caches. Cook said it also is important to hide them. He has found caches in Citrus County; one of them is in his front yard. One of his biggest achievements included hiding a cache in the Withlacoochee State Forest that people could only access from a boat or kayak, and a cache near Dunnellon bridges in Crystal River called “The Mystic Golden Oak and the Secret Wall,” which requires hardcore thinking.

“Do we masterkey,” he said.

But hiding caches means a good deal of responsibility, Cook pointed out his website if they plan to attend, and log along with a date and time to meet there. People can find sites by visiting the website if they feel there is a travel bug or calling card. They function exactly like Travel Bugs and should be moved to another cache, unless otherwise specified by their owners.

“Travel Bug is a travelable tag attached to an item or calling card. They function exactly like Travel Bugs and should be moved to another cache, unless otherwise specified by their owners.”

Some caches can be hidden in the most unassuming places like a street sign or a palm tree. Others can be under water or can only be found by boat or kayak.

Chris Ensing, another local geocacher, likes the challenges caches, many night caches and other creative container placement of an existing monument, plaque, or other important information on the spot that is used.

There are many variations, but most multi-caches have a hint or a set of coordinates to find the second “waypoint” and the second waypoint has hints or coordinates to the third and so on.

“Offset cache is a particular type of multi-cache. The coordinates for an offset cache are the location of an existing monument, plaque, or other important information on the spot that is used.”

Multi-caches:

○ Container: a trackable tag attached to an item or calling card. They function exactly like Travel Bugs and should be moved to another cache, unless otherwise specified by their owners.

○ Large cache: a big cache that is a five gallon bucket or well-sized container or military ammo can.

○ Micro-cache: too small to hold anything more than a log book.

○ Trackable: A Trackable is a sort of physical geo- cache “game piece.” Each Trackable is started with a unique number from Geocaching.com and travels in the real world. The two main types of Trackables are Travel Bugs and Geo- coins.

○ Travel Bug is a trackable tag attached to it by those that geocachers call “Hitchhikers.” Each Travel Bug has been moved by its owners. Geocachers are typically travel-related, such as to visit every country in Europe or travel through to reach a destination. Travel Bugs move from cache to cache with the help of geocachers.

○ Geocoins are customizable coins created by individu- als or groups of geocachers as a kind of signature item or calling card. They function exactly like Travel Bugs and should be moved to another cache, unless other specifications specified by their owners.

“Small cache: bigger than a micro, but not quite full-sized.”

“Regular cache: the “normal” size for a cache, usually well-sized container or military ammo can.”

“Large cache: a big cache that is a five gallon bucket or larger.”

“Geocaching is a great way to meet people, try new things, trade hitchhikers and swap stories from people who have found his cache.

Chris Cook hides a logbook containing all the dates and signatures from people who have found his cache.

According to geocaching.com, geocaching started in 2000 when the Clinton Administration stopped the military from scrambling GPS satellite signals, which greatly improved the ability to track vehicles.

“Someone in Oregon hid a container filled with old coordinates on the internet. When that cache was found, the cache was moved twice. Mike Teague, the first person to find the cache, created a website to document his find. Several months later, another man found Teague’s website and hid a cache near Orlando. The two men got together and created geocaching.com site and the forum took off from there. People heard about it and started hiding their own caches.”

“Some of the larger caches can contain various little treasures inside. If a person takes something from the caches, he or she must leave something of equal or greater value.”

“Travel Bug is a trackable tag attached to it by those that geocachers call “Hitchhikers.” Each Travel Bug has been moved by its owners. Geocachers are typically travel-related, such as to visit every country in Europe or travel through to reach a destination. Travel Bugs move from cache to cache with the help of geocachers.”
Gadhafi-regime assets that international Transitional Council, or opposition group — the National Transitional Council — would deal with Libya’s main foes greater credibility and a major boost.

The nations said they normally recognize Libya’s other nations on Friday for LIBYAN FORCES URGENTLY NEED...
The defending champion Ben Zobrist drove in a fifth run when he drew a bases-loaded walk from the left side of the plate against reliever Alfredo Aceves, making it 7-2 in the third.

The Citrus County representatives are set to face the Pinellas County team and the way they came ready to play tonight.”

In Friday night’s 9-10 sectional baseball opener for the Crystal River All-Stars, Caleb Steeves was a strikeout machine, allowing just three hits and striking out 11 while allowing just one walk. And the Crystal River All-Star was equally fearless from the mound as he delivered a second round of play that started off the right mark on the Quarry course, posted a three-under par 33 on his front nine. Peaper continued his solid play with a birdie on his 11th hole of the day and would make an eagle on the par 4 17th hole to complete his round of six-under par.

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JOHN COSCIA
Sports editor

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**Tiger Woods drama continues at Open**

For the second time in three years, Tiger Woods was involved in a rules controversy during the second round of the British Open yesterday at Royal Birkdale. It was the second straight year that Woods had to call for a rules official during a round. He was penalized two strokes in 2011 after his ball was deemed to have hit a flagstick and then crossed the line when it settled on the green. The ruling was upheld after a video replay. This year, Woods was penalized after his ball crossed the line when it settled on the 17th green during his second round. Woods finished the round at even par, but the penalty gave him a 75, leaving him at 1-over for the tournament.

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**Playing at the 2014 Open Championship**

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**Newman takes pole at New Hampshire**

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**NFL deal getting closer**

**NFL deal getting closer**

**NFL deal getting closer**

**NFL deal getting closer**

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**Looking upward**

**Looking upward**

**Looking upward**

**Looking upward**

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**Looking upward**

**Looking upward**

**Looking upward**

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**On the 18th green, Mattwein is one of the favorites to win the tournament.**

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ROYALS, Twins 1

PIRATES, Astros 0

Reds, Cardinals 5

PHILLIES, Mets 7

CUBS, Marlins 1

Tampa Bay Rays pitcher Jake Odorizzi allowed two runs over eight innings, leading the Rays to a 3-1 win over the New York Yankees.

White Sox 6, Tigers 2

Indians 6, Orioles 5

Braves 5, Nationals 1

 associated pitcher Jason Fraser and catcher Jose Lobaton each hit home runs, but Toronto chased Garcia and tacked on two more in the fifth. Thames doubled before walks to Escobar and Adam Lind loaded the bases for Aaron Hill, who drove in a run by beating out a potential double-play grounder to short, with Lind forced at second on the play.

The right-hander got both of Molina's outs, he retired the hitter in the eighth. Detroit's Victor Martinez hit a single in the eighth, but Ichiro Suzuki ended the inning at the plate.

In the top of the third, Orlando Cepeda hit a two-run double off hard-throwing Aroldis Chapman. The Cardinals' dependable closer couldn't hold on, blowing a save for the third time in 19 chances.

Chicago White Sox to an 8-2 win over the Minnesota Twins on Friday night for the 10,000th win in the history of the American League.

The Associated Press

Michigan basketball star John Beilein, who was an assistant coach at the University of Michigan from 1984 to 1993, has been named the head coach at St. John's University in New York City. Beilein replaces Frank Martin, who resigned last week after leading the Red Storm to the NCAA tournament for the first time in 24 years. The有关となる
The women's Open was suspended on Thursday because of a thunderstorm near the 18th hole. Because of the delay, the second round started Friday afternoon.

"It's the first Open Championship where they've actually stopped play because of weather," said British Open co-organizer Peter Dawson. "But it's a very optimistic sign that the British Open can deal with problems like this and is not going to be hostage to the weather."

The women's Open is the first major this year to stop play because of weather. It is scheduled to finish Sunday and Monday.

"I'm hoping to get the rest of the second round finished today and the first round finished tomorrow," Dawson said.

"It's not going to change my attitude to the British Open. It's a limitation of the weather, not the British Open."
In this publicity image released by Universal Pictures, Hartnett, Ford, left, and Daniel Craig are shown in a scene from “Cowboys & Aliens.” Sony will showcase seven upcoming films at the San Diego convention, Paramount is bringing Steven Spielberg to his first Comic-Con. Twentieth Century Fox is highlighting their film slate, including “Rise of the Planet of the Apes.” Universal is holding its world premiere of “Cowboys & Aliens” at Comic-Con. It was he who introduced this (1911-1995). — Ginger Rogers

As long as you don't get wild with the liquid, life will be gratifying as long as you don't get greedy and try to grab more than your share. To succeed, you must be fair as well as smart.

To wish someone else would pitch in and help, don't hesitate. Be smart and don't get involved with anyone who has a habit of talking about others in a negative manner.

To arrive at a successful outcome, you must focus on the respect of our privacy and avoid bringing up others.

Today's birthday: If you don't think you must have perfect timing for us when our shows start, it's about fandom. It's people going to the convention to see what that year prior, but also let them be part of the premiere and see what that could make its debut at Comic-Con.

It's all about fandom, said Louis Copeland, chief marketing officer for Warner Bros Television Group, which will be featuring "The Big Bang Theory" and "Fringe," among others. "The convention, you can say it's about fandom, it's about pop culture. I say it's about pop culture.

In 1862, David G. Farragut became the first rear admiral in the history of the United States Navy.

5-of-5 277 $200

Event is both fan festival and marketing mecca

Los Angeles — Perhaps the only ones more excited than the 130,000 fans gathering for ready weekend in San Diego are the Hollywood studios and networks hoping to capture their attention.

LOUIS ANGELES — Today’s Horoscope

HOROSCOPE

Event is both fun festival and marketing mecca

Associated Press

The 37-year-old marine artist is 63. Actor-singer Lyle Lovett is 59. Playwright David Henry Hwang is 55.

There are stories of movie stars, graphic novels and pop, comic books that will make their debut or reappear with the audience. All of them are

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San Diego’s annual pop-culture festival draws f ans and industry leaders to a convention center that fandom and their Internet reach.

You will show a rare upswing in the film four days at the convention. Paramount is bringing Steven Spielberg to his first Comic-Con. Twenty-Fifth Century Fox is highlighting their film slate, including “Rise of the Planet of the Apes.” Universal is holding its world premiere of “Cowboys & Aliens” at Comic-Con. It was he who introduced this (1911-1995). — Ginger Rogers

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Today's birthday: If you don't think you must have perfect timing for us when our shows start, it's about fandom. It's people going to the convention to see what that year prior, but also let them be part of the premiere and see what that could make its debut at Comic-Con.

It's all about fandom, said Louis Copeland, chief marketing officer for Warner Bros Television Group, which will be featuring "The Big Bang Theory" and "Fringe," among others. "The convention, you can say it's about fandom, it's about pop culture. I say it's about pop culture.

In 1862, David G. Farragut became the first rear admiral in the history of the United States Navy.

5-of-5 277 $200

Event is both fun festival and marketing mecca

Associated Press

The 37-year-old marine artist is 63. Actor-singer Lyle Lovett is 59. Playwright David Henry Hwang is 55.

There are stories of movie stars, graphic novels and pop, comic books that will make their debut or reappear with the audience. All of them are

LOUIS ANGELES — Perhaps the only ones more excited than the 130,000 fans gathering for ready weekend in San Diego are the Hollywood studios and networks hoping to capture their attention.

San Diego’s annual pop-culture festival draws fans and industry leaders to a convention center that fandom and their Internet reach.

You will show a rare upswing in the film four days at the convention. Paramount is bringing Steven Spielberg to his first Comic-Con. Twenty-Fifth Century Fox is highlighting their film slate, including “Rise of the Planet of the Apes.” Universal is holding its world premiere of “Cowboys & Aliens” at Comic-Con. It was he who introduced this (1911-1995). — Ginger Rogers

As long as you don't get wild with the liquid, life will be gratifying as long as you don't get greedy and try to grab more than your share. To succeed, you must be fair as well as smart.

To wish someone else would pitch in and help, don't hesitate. Be smart and don't get involved with anyone who has a habit of talking about others in a negative manner.

To arrive at a successful outcome, you must focus on the respect of our privacy and avoid bringing up others.

Today's birthday: If you don't think you must have perfect timing for us when our shows start, it's about fandom. It's people going to the convention to see what that year prior, but also let them be part of the premiere and see what that could make its debut at Comic-Con.
CITRUS COUNTY'S RECREATIONAL GUIDE TO OUTDOORS

CITRUS COUNTY'S RECREATIONAL GUIDE TO OUTDOORS

Learn to square dance
Want a good way to meet the neighborhood? Join the fun outside the Inverness Square and visit the close-by friends and family. Square dancing is a great way to strengthen segment with workout, muscle toning, and low-impact exercises can improve mobility and balance. This helps to slow down the onset of common degenerative conditions, such as osteoarthritis. Stretching increases physical and mental relaxation and reduces the risk of joint sprain, muscle strain or back problems. Low-impact exercises can improve health and fitness without putting stress on your bones.

For Lowlands' first
Office hours are 8 a.m. to 5 p.m. Monday through Friday. The office is closed on major holidays.

Lowlands offers Paddlesports America program
Lowlands are boaters: here is a new program available to address the unique needs of this audience. Homosassa Flotilla 15-4 of the US Coast Guard Auxiliary offers Paddlesports America, an exciting water program designed to attract the espresso enthusiast. This four-hour program presents the traveler with a variety of safety information and tips.

The next enrollment for square dancing will be in July (July 11 for beginners and July 18 for intermediate) and August (August 8 for beginners and August 15 for intermediate) at the Citrus Springs Community Center. Cost is $5 per class.

For more information, visit www.citruscountyparks.com or call (352)-465-7007.

Citrus County Paddles with Parks & Rec
Citrus County Parks & Recreation invites you to participate in an aquatic class at the East Citrus Community Center. The class will meet on Tuesdays at 9 a.m. The first class is free, then $5 per person registration fee.

Call Robert Scott at (352)-564-2521 or Al Hepner at (352)-746-0657 for more information.

Charters and Scenic Flights
Whether you have played for years or are just learning this great game, there is a golf tournament for you. The next tournament will be offered as three one-day tournaments and three three-day tournaments. The first one-day tournament will be offered on August 20, then on the third for the week of Labor Day, and the third tournament will be offered on November 3.

The first lesson is free, then $5 per class. The fee for the three-day tournaments is $140 per person. For more information, call (352) 564-2521 or Al Hepner at (352) 746-0657.

The VFW Post 10087 Five-Person Scramble Golf Outing will begin at 8 a.m. Saturday, Sept. 17, at Twisted Oaks Golf Club on Forest Ridge Boulevard in Beverly Hills. There will be a winner or many prizes and many savories; the Golf Planning Committee has not created a world-class student. Seatfed from left to right: 3rd Chukar, 4th Chukar, 5th Chukar, 6th Chukar, 7th Chukar, 8th Chukar, 9th Chukar, 10th Chukar, 11th Chukar, 12th Chukar. The next enrollment for square dancing will be in July (July 11 for beginners and July 18 for intermediate) at the Citrus Springs Community Center. Cost is $5 per class.

The next meeting will be the end of this chapter. Boat dancing techniques, how to deal with water current and hypothermia, understanding real estate facilities and handling water emergencies.

The VFW Post 10087 Men's Auxiliary President Gay Deckle. Call Jayne Stacks at (352)-464-3740 or George Pfitr at (352)-564-9215 for information.

Co-ed Sand Volleyball
The first registration fee is then $5 per person registration fee. The fee for the three-day tournaments is $140 per person. For more information, call (352) 564-2521 or Al Hepner at (352) 746-0657.

Women's Club offers Zumba lessons
Yankentown Women's Club is offering a free class in an un-conditioned comfort from 5:30 to 6:30 p.m. on August 23 at the Little Pines Clubhouse.

For more information, visit www.citruscountyparks.com or call (352)-465-7007.

Woman's club offers Zumba lessons
For more information, call (352)-475-7007.

The next enrollment for square dancing will be in July (July 11 for beginners and July 18 for intermediate) at the Citrus Springs Community Center. Cost is $5 per class.

Paddlesports
Paddlesports America program
Lowlands are boaters: here is a new program available to address the unique needs of this audience. Homosassa Flotilla 15-4 of the US Coast Guard Auxiliary offers Paddlesports America, an exciting water program designed to attract the espresso enthusiast. This four-hour program presents the traveler with a variety of safety information and tips.

No matter what your answer is, you will find with Homosassa Flotilla 15-4 of the United States Coast Guard Auxiliary. For those of you who love boating and don't have a boat of your own or want to be a member, and want to learn how to use the room for you as a member of our fleet, you will be participating in periodic water, safety, rescue and safety operations as well as attaining information on making repairs on the water. USA. S. A. U. S. A. N. A. S. O. T. R. T. A. N. S., looking for local hazards on waterways.

The Legal Requirements of Boating – registration, navigation, registration, identification numbers and vessel registration, a visual and unlawful operation of paddles, such as waterskiing, paddling, windsurfing, sculling, poling; actions of alcohol and drugs. Life jackets, navigation, rules and signs, navigation and visibility, personal flotation devices and watersports activities. A new and updated class will be offered, as well as some fun!
Walls fall for new media

Reporters raise curtain on insular Jewish world

Matt Friedman

JERUSALEM

The insular world of Jewish life in Israel, the fact that the news is being ignored by its importance.

A 6 to 8 p.m. tour between two ultra-Orthodox communities in Jerusalem would, for most, be a foreign language. One would think that the Jewish community in Israel would be completely isolated from the rest of the world. I would not want to hear another debate on segregation in a school, or to hear another example of the community not being allowed to marry out of the community.

Jewish communities have appeared in the past year to grow, following the current social studies lessons on diversity.

Newspapers and newsletters are experiencing an upsurge in circulation. Internet sites have also played a role in connecting the community.

The Jewish community is growing and is becoming more involved in the world outside of its own little community. The Jewish community is becoming more aware of the world outside of their own little community.

“It is useful for those people who have a desire to live in the Jewish community to know where they are going to be and what they are doing. This is useful for those people who are interested in what is happening in the Jewish community. It is interesting to be a part of the Jewish community and to be interested in what is happening in the Jewish community.”

Daniel Greenfield
Nutmeg Ministry members will be attending a day-long event in the heart of Miami called "The Biggest Love." The event will take place on 563-2744. Habitat for Humanity, 1101 N. Suncoast Blvd., is currently seeking to eliminate poverty in Crystal River. For more information, call (352) 726-9340.

Overeaters Anonymous meets every Wednesday from 6 p.m. to 7 p.m. at Crystal River First Christian Church in Crystal River. For more information, call Charmaine Bell at (352) 726-9340.

First Christian Church of Crystal River will feature a Gospel Cruise on Ivory, a 291-foot cruise boat with 500 passengers on board. The cruise will leave Saturday, September 15, at 10 a.m. from the port of Crystal River, Florida, and will return at 10 a.m. on Sunday, September 16. For more information, call 352-795-2176.

First Christian Church of Crystal River will feature a Gospel Cruise on Ivory, a 291-foot cruise boat with 500 passengers on board. The cruise will leave Saturday, September 15, at 10 a.m. from the port of Crystal River, Florida, and will return at 10 a.m. on Sunday, September 16. For more information, call 352-795-2176.

First Christian Church of Crystal River will feature a Gospel Cruise on Ivory, a 291-foot cruise boat with 500 passengers on board. The cruise will leave Saturday, September 15, at 10 a.m. from the port of Crystal River, Florida, and will return at 10 a.m. on Sunday, September 16. For more information, call 352-795-2176.

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Places of worship that offer love, peace and harmony to all.

Come on over to “His” house, your spirits will be lifted!
Starbucks coffee sipping, cussing, church pastor, the skinny black cutter brand of Christian among hipster Christians and the difficulty of being honest — face Society.” He talked about nearer: Living Deeply in a Sur-

She wanted to be doing what she wanted and was anymore. She wanted to be that well for her either. That's when she told me but it didn't work out all that

She put on the veneer. That's how to not like me. Some talk about what they had taken and that they owned, how many vacations

To that I say, good for you, but they might know only my name and that I'm awfully nosy. But rarely give out information

Some of us are better at it than

We all want to be loved.

We also all have things we

We need to look at what is

When we are(<strong>the</strong>), we need to learn how things

Some of us are better at it than

A few weeks ago, my hus-


didn't work out all that well. That's when she told me that she had tried to be her

She put on the veneer. That's how to not like me. Some talk about what they had taken and that they owned, how many vacations

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didn't work out all that well. That's when she told me that she had tried to be her
not everything is permitted. Some ultra-Orthodox rabbis are rabbinically forbidden, and some rabbis say that the ban is only temporary. The rabbinic prohibition is called the "Rabbinic Veto," and the community of 700,000 — mostly in Israel — is divided on whether to accept the rabbinic ban. The very idea of news is one of the most controversial topics among ultra-Orthodox Jews. No ultra-Orthodox reporter would have been unthinking to report on being the first ultra-Orthodox journalist Meni Shwartz-Gera. Shwartz-Gera prides himself on being the first ultra-Orthodox reporter to report on stories about people who report on tabloids. "The media revolts," Shwartz-Gera said, "are more surprising. At Mishpacha — the Jewish home of the ultra-Orthodox community's magazine without a single pictograph," that makes a displeasure. Shwartz-Gera added that more than half of the 250 employees working at the magazine, including editors, graphic designers and the managing editor of the English edition. "This would have been unheard of before," Shwartz-Gera said.

Shwartz-Gera, who is the director of the ultra-Orthodox magazine, said he has interviewed an openly gay lawmaker "despite his family behind his back," and he has interviewed an openly gay lawmaker "despite his family behind his back," and he has interviewed a Jewish woman who is a member of the Knesset, the Israeli parliament. "We're all living in the times out-of-control world with less worry," Shwartz-Gera said. "I don't think people gain any satisfaction from knowing that they have kept a building in a little box."
**Communitiy News**

**Free Partnership of Citrus Community Events**

The Free Partnership of Citrus (FPoC) has applications available at the Free Partnership of Florida Education Scholarship office, 203 West Avenue, Inverness. Students must be enrolled in an education $1,000 scholarship program for the current school year. Call (352) 344-5337, slates activities for the upcoming school year. Volunteers may be needed to assist during the event. Call the Volunteer Center so they may be called upon to serve during an actual evacuation. Registration is required.

**Commissioners declare July as Tobacco Awareness month**

Citrus County Commissioners recently proclaimed July as Tobacco Awareness Month. Pictured, from left, are: Commissioners John “Jr.” Conner, Commissioner Joe Molk, Tobacco Prevention Specialist Jillian Godbe, SWAT member Don Eustace, Commissioner Winn Webb, and BOCC Chairman Dennis Damato.

**Fighting against teen tobacco use**

All kids want to be cool, and that attitude makes them more likely to try cigarettes. That’s why the Tobacco-Free Partnership of Citrus County praises the Citrus County Commission for proclaiming July 11 as Youth Tobacco Awareness Day. The U.S. Surgeon General reports that in 2009, 8.5 million kids ages 12 to 17 had tried smoking, and we can all agree that smoking is no fun for anyone who wants to be healthy. To request an application, contact FPOC's Education and Recruitment Director, Marlene Howard, at (352) 586-1138.

**Commissions declare July as Tobacco Awareness month**

**Swiftwater**

**Bridge dedication**

NARLEO (National Association of Reserve Law Enforcement Officers) Citrus County Chapter, Inc., will hold the formal dedication of the Joseph Ronald Smith Bridge at 1 p.m. Saturday, July 16, at the Smith Bridge. Families and members of the community who participated in the dedication will have the opportunity to view the dedication. Everyone is welcome and all are invited. Date and location subject to change.

**Celebration from 2 to 4 p.m.**

Sponsored by Crabby’s and the Panama City Beach Convention and Visitors Authority. All are invited. For more information, call (850) 233-8700 or visit the website at www.visitpanama-city-beach.com.
neither East nor West had any reason to suspect that the diamond was their partner's. So East should realize that these diamond fines will be two spades, and that the diamonds and one club. But to get two diamond tricks from the jack. East should also realize that the club, which is a spade, and the diamonds are still at the heart of the trick. The jack will discard dummy's diamond on each trick. After a diamond to the jack and queen, declarer will draw trumps and fines a spade. East will fines his ace and shift to the club, which will try to create a second trick. West will fines his ace and return a diamond to gain the final trick for the declarer.

Note finally that if West leads the spade fines, East will assume his partner has the jack and - fatally - take his king and ace.

Dear Annie: My husband and I have been separated for three years. Things had been going well until he got involved in an affair and began having homosexual encounters with people of different backgrounds. I couldn't take it anymore and left. He recently took a 16-year-old foreign girl who's a hoyden and a year-old infant. This girl is doing the same things to her that the affair is doing to his wife, but they are all still legally married to the same man. Why doesn't he go to jail, and why am I the only one who talks about the girl, who was just dropped off by his wife? There is no way I can go through this again. It was a disaster from the start. — Desperate Wife

Dear Dear: It sounds like you've been especially busy arranging arrangements. If your husband is having sex with a young woman, he could be breaking the law (not to mention it is still marriage to you). We assume he is in the country legally, and it is possible that your husband has taken legal action in simple return of the kindness of his heart. Since we don't know the details, we will not jump to any conclusions.

Dear Annie: I was raised by a single parent and raised in a small town. So when I was dating, I didn't expect to

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Today’s MOVIES

Citrus Cinemas 6 — Inverness; 637-3377

“Harry Potter and the Deathly Hallows 2” (PG-13) 1:15 p.m., 4:20 p.m., 7:25 p.m., 10:30 p.m.

“Harry Potter and the Deathly Hallows 2” (PG-13) 12:40 p.m., 3:50 p.m., 7 p.m., 10:05 p.m. No passes.

“The Zookeeper” (PG) 1:30 p.m., 4:40 p.m., 7:50 p.m., 10:35 p.m.

“Horrible Bosses” (R) ID required. 1:25 p.m., 4:30 p.m., 7:40 p.m., 10:25 p.m.

“Larry Crowne” (PG-13) 10:20 p.m.

“Transformers: Dark of the Moon” (PG-13) In Real 3D. 12:30 p.m., 4 p.m., 7:00 p.m., 10:25 p.m.

“Cars 2” (G) 1 p.m., 4:10 p.m., 7:15 p.m.

Crystal River Mall 9; 564-6864

“Winnie the Pooh” (G) 12:40 p.m., 2:45 p.m., 4:40 p.m., 7:20 p.m.

“Harry Potter and the Deathly Hallows 2” (PG-13) 12:15 p.m., 12:50 p.m., 3:35 p.m., 7 p.m., 7:45 p.m., 10:05 p.m. No passes.

“The Zookeeper” (PG) 1:30 p.m., 4:40 p.m., 7:30 p.m., 10:30 p.m.

“Horrible Bosses” (R) 12:30 p.m., 2:50 p.m., 5:10 p.m., 7:55 p.m., 10:25 p.m.

“Larry Crowne” (PG-13) 12:05 p.m., 2:35 p.m., 4:55 p.m., 7:20 p.m., 9:45 p.m.

“Cars 2” (G) 1 p.m., 4:10 p.m., 7:15 p.m.

Times subject to change; call ahead.

PREVIOUS SOLUTION: “There is no class so pitiably wretched as that which possesses money and nothing else.” — Andrew Carnegie

(c) 2011 by NEA, Inc. 7-16

“OAB DMRLBOP EKJ OAB POBBYUOBP, PFERBPAAUFP OAOE NDB’D RDBEOUFT KMN, NDB’D FMYUKEOUFT OAB CKUGB-DP.” — KBUY WMCW
**July INDEPENDENCE**

From High Prices

**NOW ON ALL USED VEHICLES SOLD**

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<tr>
<th>Model</th>
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**CITRUS KIA “PEACE OF MIND WARRANTY” PROGRAM**

Starting November 1st, 2009 Citrus Kia introduced the New “Peace Of Mind” Warranty program on Used vehicles. Peace of mind is a Dealership promise...

When you Buy a used car, truck, van, or SUV from us we will be at your side for the 1st 90 days /or 3000 miles of your driving... If anything, and we are talking anything breaks on your vehicle, from the headlights to the taillights we will fix it for you at NO CHARGE. You have trusted us for all your NEW car needs and have made us the #1 New Kia dealer in the state. Now we want to prove to you that Citrus Kia is the best place in the state of Florida to buy a Used vehicle also.

At Citrus Kia, “We just don’t close car deals, we open relationships”.

WE NEED EVERY TRADE – HIGHEST TRADE-IN ALLOWANCE AND LOWEST PRICES IN THE STATE OF FLORIDA
<table>
<thead>
<tr>
<th>Model</th>
<th>Make/Model</th>
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<td>$14,995</td>
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<td>2011 Chevrolet Impala</td>
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<td>2011 Chevrolet Corvette</td>
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<td>2011 Chevrolet Malibu</td>
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<td>2011 Chevrolet Sonic</td>
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<td>2011 Chevrolet Sonic</td>
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Example based on survey. Each dealer sets own price. Your payments may vary. Payments are for a 2011 CADILLAC SRX w/1SB with an MSRP of $39,735. 36 monthly payments total $17,244. Option to purchase at lease end for an amount to be determined at lease signing. Ally Bank must approve lease. Take delivery by 09-06-2011. Mileage charge of $0.25/mile over 10,000 miles. Lessee pays for maintenance, repair and excess wear. Payments may be higher in some states. Not available with other offers. Residency restrictions apply. Tax, title, license, dealer fees and optional equipment extra. All programs/offers displayed above are W.A.C.
4' by 6', light weight, over $500 obo, 352-341-0675

Love seat w/ 2 recliners w/internal light, Ex. Cond.

SOFA 3CUSHION Blue & FERTILIZER (25), flowers, needs some TLC

TROYBUILT, STRAIGHT OR CAFETERIA TABLE $325.ofobo

OVAL CURIO CABINET drawers, night stands, triple dresser, chest of HEAD & FOOT BOARD W/FRAME, Nice condition. Cherry wood. $75

20lb bag, $4.00 plants! 20lb bag, $4.00

WEEDEATER $450

Hydro Static Drive, Mower 72" Cut, 717A, Commercial, 36", Orange Formica top can't use, $4.00.

RIDING MOWER, Z Trak 270-8783

352-476-8613 lv mess

Set, Including unique items, lighting, appl's before 8 pm

352-339-4780

C14 SATURDAY, JULY 16, 2011

LARGE MEN'S CLOTHES

TRAFFIC LITE

HOMOSASSA

U-P.S and Rebuild

Rally & Cars

LEUCANTO

Linda 352-341-4449

FISHING TACKLE

LEUCANTO

352 419-6307 or

SOLD

ACOUSTIC GUITAR Size 7, light tan. Excellent Med.

Recumbent Bicycle SPRUCE TOP. $90

COFFEE MAKER BY COGWOOD CIRCLE FRI

LED LIGHTS (2)

CITRUS COUNTY (FL) CHRONICLE

352-637-4434

Table LAMP cream color, fancy lamp

LINDA & JIM, Christmas Light Show

863-0040 or

Linda

TABLES (2)

WOMEN'S EYEGLASS Black-Medium Size-Good

TRUNKS & BAGS

5 LS Tees, 11 SS Tees, 1
cut incl'd, 2 cast iron

50" deck

NATIONAL GUARD ARMY

10X10 SCREEN ROOM and 4 weights to anchor

CONCEALED WEAPONS Classes Daily, Bring permit Course

352-465-1616

LARGE MEN'S CLOTHES

352-212-1751

Hardware, tow bar,

TELEVISIONS, Antiques, clothes, work benches,

352-422-3043
carports, yard sale, tools, electronics, adult clothes,
**CITRUS-HERNANDO & LEVY’S VOLUME KING**

**VOLUME MAKES IT HAPPEN**

**FOR A REASON**

---

**2011 COROLLA LE**

**MSRP** $18,085

**Village Savings** $3,086

**$15,999**

- VSC, Trac • Air Conditioning • Cruise Control • Power Door Locks
- In-Key Keyless Entry System • CD Player • Power Windows

---

**2011 CAMRY**

**MSRP** $21,655

**Village Savings** $3,656

**$17,999**

- Air Conditioning • AM/FM/CD Player • VSC
- Cruise Control • Power Door Locks • Power Windows

---

**BETTER CARS - BETTER DEALS**

**BETTER HURRY!**

**VILLAGE TOYOTA CRYSTAL RIVER**

352-628-5100

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**MUST PRESENT AD PRIOR TO PURCHASE**

- Price excludes tax, tag, registration, title, and $499 dealer fee. Prices include all Village Toyota incentives. Offers cannot be combined. All vehicles subject to prior purchase.
- All customers who purchase or lease a new Toyota receive a 2 year, 25K mile free maintenance plan. Photos for illustration purposes only. We reserve the right to correct typographical errors.

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- Corolla lease is $149/month with $1,999 cash cap reduction for 36 months.
- Camry lease is $199/month with $1,999 cash cap reduction for 36 months.
- **OR BUY FOR 0% FOR 36 MOS.**
- **OR LEASE FOR $149.00 mo.**
- **OR BUY FOR 0% FOR 60 MOS.**
- **OR LEASE FOR $149.00 mo.**

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**FEATURES**

- 4 Speed Automatic
- 6 Speed Automatic

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**18 IN STOCK**

**35 IN STOCK**
PAVE THE WAY It’s Easy!
Promote your business for just: $28 for 39 days

FOR MORE INFO CALL FINETTE 352-564-2940

Services Directory

Tree Service
Lawn Mowers Repair
Aluminum
Handyman
Moonlight Hunting
Drywall
Dirt Service
Landscaping
Concrete
Remodeling
Lawn Care
Home Theater
Gutters

Real Tree Service

Owner/Manager Name: Eddie Talbot
Business Name: Real Tree Service

How long has the business been in operation in the Citrus County area? 25 years

Describe the services you offer? We supply Citrus County with quality
remodeling, lawn care, and tree care. We are fully insured and bonded.

What are your business hours, days, and locations? We are open Monday through Friday, 8am to 5pm. Our offices are located at 3401 SW US Hwy 40, Citrus Springs, FL 34434.

Why did you choose this business? The business has been in operation for over 25 years and is one of the most knowledgeable professionals here in Citrus County.

What are your business hours, days, and locations? We are open Monday through Friday, 8am to 5pm. Our offices are located at 3401 SW US Hwy 40, Citrus Springs, FL 34434.

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Why did you choose this business? The business has been in operation for over 25 years and is one of the most knowledgeable professionals here in Citrus County.
We Welcome All Owners For Your Sales & Service Needs

- Motorcraft® Premium Synthetic Blend Oil
- Check and maintain oil levels
- Inspect air filter elements, and filter
- Repair or replace necessary
- Performance Test
- Leak Inspection

Air Conditioner Check
- Leak Inspection
- Performance Test
- Refrigerant extra.

Call Toll Free
877-795-7371
or Visit Us Online
www.nicknicholasfordLINCOLN.com

New 2011 Ford Ranger
A/C, Automatic
MSRP: $19,755
Nick Nicholas
Ford Lincoln Discount: $750
Sale Price: $19,255
Retail Customer Cash: $1,000
Retail Bonus: $2,000
Promo Retail Bonus: $1,000
Customer Cash: $1,000
Trade Allowance: $1,000

NOW ONLY $15,225

New 2011 Ford Taurus SE
MSRP: $26,245
Nick Nicholas
Ford Lincoln Discount: $750
Sale Price: $25,495
Retail Customer Cash: $1,000
Retail Bonus: $2,000
Promo Retail Bonus: $1,000
Customer Cash: $1,000
Trade Allowance: $1,000

NOW ONLY $25,495

New 2011 Ford Fusion SE
MSRP: $24,625
Nick Nicholas
Ford Lincoln Discount: $750
Sale Price: $23,875
Retail Customer Cash: $1,000
Retail Bonus: $2,000
Promo Retail Bonus: $1,000
Customer Cash: $1,000
Trade Allowance: $1,000

NOW ONLY $21,875

New 2011 Ford Edge SE
MSRP: $29,030
Promo Retail Customer Cash: $1,000
Trade Allowance: $1,000

NOW ONLY $27,530

Quality Preowned Vehicles

- Manual or automatic transmission
- Check engine oil
- Check tire pressure
- Replace 10,000 mile maintenance
- Oil and filter change
- Performance Test
- Leak Inspection

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Crystal River Mall
5th Ave. & S.R. 44

Air Conditioner Check

Crystal River Ford
Crystal River Lincoln

Crystal River Ford
Crystal River Lincoln

Only In Crystal River
MID-YEAR Write Down Event
THE 2012’S ARE ARRIVING DAILY!
Our Accounting Firm Has Forced Us To Write Down The Remaining 2011’s
THIS WEEK ONLY! WE ARE PASSING THE WRITE DOWN TO YOU!

#1 SELLING CAR IN AMERICA!
2011 CHEVROLET CRUZE

$169 PER MO
Free 24 HR Recorded Message with Info and Special Pricing
1-800-584-8755 Ext.1108

2011 CHEVROLET SILVERADO EXT. CAB
List Price ............... $39,911
Write Down.............. $16,322
APPROVED EVENT PRICE $22,504
Free 24 HR Recorded Message with Info and Special Pricing
1-800-584-8755 Ext.1120

2011 CHEVROLET TAHOE
List Price ............... $39,911
Write Down.............. $16,322
APPROVED EVENT PRICE $37,596
Free 24 HR Recorded Message with Info and Special Pricing
1-800-584-8755 Ext.1125

WRITE DOWN AMOUNTS ON OTHER MODELS
2011 Chevrolet Malibu LT ........... 3,785 2011 Chevrolet Avalanche ........... 4,473
2011 Chevrolet Impala LT ........... 4,243 2011 Chevrolet Corvette .............. 3,833
2011 Chevrolet Impala LS ........... 3,164 2011 Chevrolet Suburban ............ 4,564
2011 Chevrolet HHR ................. 3,516 2011 Chevrolet Colorado Ext. Cab .... 3,622
2011 Chevrolet Traverse ............ 2,681 2011 Chevrolet 2500 HD ............. 4,318
2011 Chevrolet Silverado Ext. Cab ... 5,849 2011 Chevrolet 3500 HD ............. 4,429
2011 Chevrolet Silverado Crew Cab ... 5,374 2011 Chevrolet Tahoe ............... 5,146

CRYSTAL CHEVROLET ONLY IN HOMOSASSA

FIND OUT THE VALUE OF YOUR TRADE-IN
NO MATTER WHERE YOU PLAN TO BUY!
CALL OUR INSTANT APPRAISAL LINE: 1-800-440-9054

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CHEVY
1035 S. Suncoast Blvd Homosassa, FL
*PRICES/AMOUNTS LEASE DEPENDING ON EMISSIONS PLUS TAG, TITLE AND $75 CASH (IF APPLICABLE) (NO PER YEAR WAC). INCLUDES TAX, TITLE AND DEALER FEES/CHARGES. NOT AVAILABLE ON ALL MODELS. ASK FOR DETAILS. ONLY ONE TRADE-OFF TOWING OFFER PER SALES CONTRACT. ANY ADDITIONAL OFFER FOR ALL TRADE-OFFS IS UP TO MANAGEMENT DISCRETION.
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Events Delivered To Your Home

Daily Chronicle

(352) 563-3295

Classes

New Spanish Classes
All Central Citrus-Tuesdays and Fridays 10 a.m., Lorene Abit-Vilieu, Instructor

Computer Classes
These are conducted using the Microsoft Operating System, call the center to register and meet next class date.
If you have a laptop, you may use it for the class, please let us know when you are registering. Classes began the second weekend of July.
Introduction to the Computer. A class for the beginner that will take you through the Windows Operating System, word processing, internet activity and emailing. $25 for six-week session.

WCCC - Tuesdays at 2:00 p.m. Instructor is Dick Bromley.

CCCC – Mondays at 2:00 p.m. Instructor is Dick Bromley.

Classes and activities at county community centers

Citrus County Community Centers

Advanced Computer
CCCCC - Wednesdays at 2 p.m. Instructor is Dick Bromley $25 per five week session.

Sign Language Classes
Instructor for all classes is Sue Paulus. Cost is $35 for 8 weeks. Call East Citrus, West Citrus or Central Centers to register. The classes are Introduction to American Sign Language, Basic Sign Language, and American Sign Language I & II.

Home Sign Language Classes:
A class for the beginner that will take you through the Windows Operating System, word processing, internet activity and emailing. $25 for a six-week session.

Games
Introduction to the Computer:
A class for the beginner that will take you through the Windows Operating System, word processing, internet activity and emailing. $25 for six-week session.

Computer Classes

At Central Citrus-Tuesdays and Fridays 10 a.m., Lorena Abril-Viteri, Instructor

ECCC - Tuesdays at 10:30 a.m. - video

IDGE... – at CCCC on Wednesdays at 1 p.m. and Fridays at 1:00 p.m.

Crabbage and Canasta:

Pinochle:

Mah-Jongg Lessons:

Mah-Jongg Players at CCCC, ECCC, & WCCC, call for times and dates.

Billiards: offered at Central Citrus, East Citrus, and WCCC.

Pool Lessons at Central Citrus.

WCCC: Pool Lessons w/Ron at 2:00 p.m. on Mondays.

Women’s pool lessons at 12:30 p.m. Thursdays.

Bridge Lessons: Sandy Brown $5.00 per lesson

ECCC: Bridge Lessons: Sandy Brown $5.00 per lesson

Games

Instructor is Dick Bromley.

WCCC: Tuesdays at 12:00 p.m.

WCCC: Fridays at 1:00 p.m.

ECCC: Thursdays and Fridays at 12:00 p.m.

Table Tennis: offered at Central Citrus, East Citrus, and West Citrus.

ECCC: Tuesdays at 1:30 p.m.

ECCC: Thursdays at 12:00 p.m.

ECCC: Thursdays at 1:00 p.m.

ECCC: Thursdays at 12:00 p.m.

ECCC: Tuesdays at 1:30 p.m.

ECCC: Mondays at 12:00 p.m.

ECCC: Mondays at 10:00 a.m.

WCCC: Tuesdays at 10:30 a.m.

WCCC: Tuesdays at 10:00 a.m.

ECCC: Tuesdays at 12:30 p.m.

ECCC: Mondays at 10:00 a.m.

ECCC: Tuesdays at 6:00 p.m.

ECCC: Tuesdays at 12:00 p.m.

WCCC: Tuesdays at 1:00 p.m.

ECCC: Tuesdays at 12:00 p.m.

ECCC: Thursdays at 12:00 p.m.

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ECCC: Thursdays at 12:00 p.m.

ECCC: Tuesdays at 12:00 p.m.

ECCC: Wednesdays at 12:00 p.m.

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ECCC: Thursdays at 12:00 p.m.
There were lots of fireworks on the Fourth of July! Our annual Fourth of July Parade turned out better than we had hoped. No one was hurt, everyone managed to finish except Enna Steadman, the 88-year-old champion bodybuilder.

Enna has an eight track tape player in her gold car and usually provided the March music. Unfortunately, the song was over while Enna was trying to fit it in her hand. The accident was so bad that Enna’s car was rendered inoperable.

We wish to thank those of you that made the July 4th parade a success. We especially want to thank Enna and Mary Pearl for singing “God Bless America.” The long lost Kate Smith’s record was found. But we couldn’t locate a phonograph to play it on.

At the end of the parade, the EMS’s relief, the fireworks scheduled was canceled. Those of you who managed to stay up for it were out of the Fourth of July and went home early.

There was a surprise Potluck Supper. As some of you remember last year’s mystery dish was Mexican spaghetti. Runner-up was mine-strone sandwiches. We again caution people to go easy on the spices, especially the pepper varieties.

We seem to have our own little soap opera concerning Hazel Melon and her sister Helen (Melon) Bemus. When Helen married Harold, she moved into his home right across the street from her sister Hazel. Harold is famous for his short attention span and when he came home one night he was so angry he went to the wrong house. The next morning, to his surprise, Harold found Helen and took her back to his house. Unfortunately, some of their morning coffee spilled on him.

Among them was Helen. It seems that Harold found her in another bedroom the night he played poker with the fellas. He stated, “I think you misspent some of your money last night.” Of course, in the morning spaghetti. Rumors was mine-strone sandwiches. Our action committee persuaded people to go easy on the spices, especially the pepper varieties.

You may also qualify under certain other circumstances. Call out front to find out more.

We offer a variety of Medicare health plans, including prescription drug plans and all-encompassing Medicare Advantage plans. All of our licensed representatives have the knowledge and experience to help you choose the health plan that suits you best.

Call us today: 1-886-836-5082 (TTY: 711) Monday – Friday 8:00am to 2:00am EST – Monday to Friday. (This is an advertisement. MHR, Inc.,mails HIPAA-compliant material to individuals who have an existing relationship with us and for whom we have express authorization to send such material. If you are not a current recipient of our mailings, you may opt out at any time by calling 1-664-3100. We are an equal opportunity employer.)

A health plan and a stand alone prescription drug plan with a Medicare contract. A take part will be present with information and applicators. For accommodations of persons with special needs at sales meetings, call 1-866-836-5082 (TTY: 711), 8:00am to 2:00am EST – Monday to Friday. This is an advertisement. HED, Inc., has received the National Committee for Quality Assurance, Accredited to Medicare Plan (HMO) and Medicare Plan (HMO) in Florida. NOT EOE/AA/MLD 2/10/00

HUMANA

You may have the opportunity to choose or change your Medicare health plan if:

• You are approaching age 65
• You have just moved into the area
• You’re losing your retiree coverage

Blessed are the flexible

A former partner used to say, “Blessed are the flexible, for they shall not be broken.” That’s good advice in many ways. I think he meant for people like me. I’d rather talk about it than do it, which is why I love having it in that way’s like laundry. But because I have some relatives to keep it in my house, not to mention the hard-working people at my job, I need to get it done at least three times a week. More would be better.

One of the things I like about my gym is the wide variety of ages, from high school kids to a 76-year-old champion body builder. In between them are the people like me — and you. I love all of you. So am I. Of Style. We’re looking at exercise for every age decade and what your body needs. We’re looking at flexibility and the 70s is about ambulation, getting in and out of cars and up and down stairs safely.

Although I love having done it. In that way it’s like laundry.

Once you hit 50 the warranty expires!

Larry Elsenheimer and his wife of 41 years, Kathleen, live in Homosassa. Before moving here, they lived five years in a retirement community, where he ... that he draws the ideas for the “Whatcher Point Community Newsletter.” The names have been changed to prevent lawsuits.

Toomas and Joke Pursula, who met while studying art in Tallinn, Estonia, married in 1977 at the Harry Potter Community.” The names have been changed to protect the privacy of the “Whatcher Point Community Newsletter.”

Larry Elsenheimer and his wife of 41 years, Kathleen, live in Homosassa. Before moving here, they lived five years in a retirement community, where he ... that he draws the ideas for the “Whatcher Point Community Newsletter.” The names have been changed to prevent lawsuits.

Do you qualify for a specific Medicare election period?

What to expect:

You’ll have to read the story to find out.

In one thing I got out of the story is how interesting and varied cancer is. Now that the retired and interesting career, once you’re retired you’re not retired anymore. I assure you of it. I was so busy doing it, as they say. Instead of pursuing a life that was once, and won’t be again, she decided that it was time to find another outlet for her interests.

It all goes back to flexibility. Speaking of flexibility, there are the schedules for local yoga and Zumba classes. You can find me in the 10:30 or any number of exercise classes around the county, including swimming, tennis, yoga, the gym and lots of walking trails.

Until next month.

Senior Style Editor Nancy Kennedy
cnic@chronicleonline.com

Senior Style

Senior Style is a monthly publication of the Citrus County Chronicle for and about senior lifestyles in Citrus County.
It’s time to get physical

When mopping your floor, take a break from the hard work and try some exercise. Regular stretching and exercise can improve mobility, fitness, and reduce your risk of injury.

**Benefits of Low-Impact Exercise**

- **Improved Health and Fitness:** Low-impact activities can help you maintain or improve your overall health.
- **Reduced Risk of Injury:** By avoiding high-impact movements, you can minimize the risk of injuries like sprains and strains.
- **Increased Mobility:** Regular low-impact exercises can help improve your mobility and flexibility.
- **Stress Reduction:** Low-impact activities can help reduce stress and improve your mental well-being.
- **Improved Sleep:** Regular exercise can help you sleep better, which is crucial for overall health.

**Ratios and Differences**

**Low-Impact:**
- Activities that involve limited joint loading.
- Examples include walking, swimming, and cycling.

**High-Impact:**
- Activities that involve significant joint loading.
- Examples include running, jumping, and high-intensity sports.

**Guidelines and Resources**

- **Low-Impact Class:** The low-impact class is offered at the Canning Center in Lecanto. Yoga improves flexibility and balance, increases energy, strengthens and tones muscles and reduces stress.

**For More Information**

- Contact the Canning Center at (352) 637-9588.
- Visit www.citruscounty-parks.com or call (352) 465-7007.

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**BRENT WOOD SENIOR STYLE**

**Independent Apartments**

- **Preference of Studio or One or Two bedroom Apartments**
- **Senior Retirement Residence Apartments**

**For More Information or Consultation**

- Please call 352-466-5444 or 800-749-6467

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**Citrus Memorial Home Health Care Agency is held to a higher standard**

**HomeCare Elite**

**Higher certifications and a wider range of services**

- **Skilled nursing services**
- **Physical therapy**
- **Occupational therapy**
- **Medical social worker**
- **Home health aide**
- **Dietitian**

**Services Included**

- **Transportation**
- **Medical supplies**
- **Medication management**
- **Housekeeping**
- **Personal care**
- **Companionship care**

**For more information or consultation, please call 352-729-0007 or 800-749-6467**

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**Senior Living: Greater Independence**

Because we have options tailored to you!

**Your level of assistance is determined individually so that you can live as independently as possible.**

Our secure Alzheimer’s dementia community is tailored to their special needs.

**For more information or a tour, please call (352) 746-2727**

**www.brentwoodretirement.com**

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**LifeSouth Blood Drive**

**LifeSouth is in need of type O Negative and has a critical need for all blood types.**

- **July 22, 2011** 9 a.m. to 5 p.m.
- **Seven Rivers Regional Medical Center** 6201 N Suncoast Blvd, Crystal River

Donors receive a free meal in the hospital’s cafeteria.

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**Seven Rivers Regional Medical Center**

**6201 N Suncoast Blvd, Crystal River**

Donors receive a free meal in the hospital’s cafeteria.

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**Seven Rivers Regional Medical Center**

6201 N Suncoast Blvd, Crystal River

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**Citrus Memorial Home Health Care Agency**

**www.citrusmhm.org**

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**Citrus Memorial Home Health Care Agency is held to a higher standard.**

Higher certifications and a wider range of services

- **Skilled nursing services**
- **Physical therapy**
- **Occupational therapy**
- **Medical social worker**
- **Home health aide**
- **Dietitian**

**Services Included**

- **Transportation**
- **Medical supplies**
- **Medication management**
- **Housekeeping**
- **Personal care**
- **Companionship care**

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**Because there is so much more life to live!**

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- **Month to Month Rentals**
- **Preference of Studio or One or Two bedroom Apartments**
- **Patio for Easy Access to Outdoors**

**Toll-Free**

- **Counsler Care**
- **Dietary**
- **Housekeeping**
- **Laundry**
- **Medication Management**
- **Racquetball**

**Serving seniors for over 25 years**

Citrus Memorial Home Health Care Agency is held to a higher standard. Higher certifications and a wider range of services.

**Because there is so much more life to live!**

**Services Included**

- **Skilled nursing services**
- **Physical therapy**
- **Occupational therapy**
- **Medical social worker**
- **Home health aide**
- **Dietitian**

**For more information or consultation, please call 352-744-6444 or 800-749-6467**

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Our secure Alzheimer’s dementia community is tailored to their special needs.

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**Reach over 30,000 homes monthly.**

**Call: 352-563-5966**

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**BRENT WOOD SENIOR STYLE**

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- **Preference of Studio or One or Two bedroom Apartments**
- **Senior Retirement Residence Apartments**

**For More Information or Consultation**

- Please call 352-466-5444 or 800-749-6467

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**Citrus Memorial Home Health Care Agency**

**www.citrusmhm.org**

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**Senior Living: Greater Independence**

Because we have options tailored to you!

**Your level of assistance is determined individually so that you can live as independently as possible.**

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"An act of kindness, no matter how small, is all the more needed." — Aesop

An act of kindness can be as small as smiling at a stranger or as big as feeding your life to save another. It can also be something we can regularly engage in. "Ready to get moving again? Not necessarily. In fact, the National Institute on Aging does not have any specific recommendations for exercises because age isn’t necessarily the deciding factor in how much or how long someone can or should exercise."

Exercise For All Ages

"You could be 50 and function like a 30 year old," says Wayne Westcott, PhD, fitness research director at Quincy College, Mass., who has co-authored several books, including "Strength Training Past 50" (Human Kinetics, 2007). "As you get older, you need to train based on ability or chronic condition rather than age," says Karl Knopf, Ed.D, of Foothill College in Los Altos, Calif. His book, "Exercise for the Ages" (Ulysses Press, 2005), says the fitness program should be based on ability or chronic condition rather than age. "You lose weight! Seriously, a pint of blood weighs one pound. Just remember, you can only donate one pint of blood every 58 days. Donors have their choice of blood because age isn’t necessarily the deciding factor in how much or how long someone can or should exercise."

"Let us help you put the spring back into your step!" — Crystal Community ENT

"It’s probably the most difficult decade," Westcott says. "It’s a huge change in terms of muscle loss and bone loss and estrogen and testosterone. Men and women will lose a pound of muscle a year. They must need strength training or resistance exercise often to prevent loss of muscle."

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"Top 10 reasons to donate blood"
Assistive listening devices can help seniors hear better.

Dear Savvy Senior: My husband is hearing impaired and when we watch television, he can’t hear the dialogue. Are there any products on the market that help with this? We watch a lot of Spurts and he laughs at the jokes when I do. This can’t be right, so I’m wondering if some of these devices can help.

Savvy Senior: Depending on your husband’s needs, there are many different assistive listening devices available today. Wireless systems that come up to 20 feet from the listener and are used with ear buds, earphones, or with T-coil enabled hearing aids when worn with a neck loop.

Harriscomm.com and independentliving.com are two websites you can visit. Depending on your husband’s needs, there are many different types of listening devices on the market, in all price ranges, that can help.

For one-on-one and small group conversations, a pocket-sized amplifier that comes with a small microphone and ear buds may do. Or for a wider range of hearing loss, there are caption phones. These are telephones that have a built-in screen that will let your husband see the telephone call, as well as read written, word-for-word captions of everything the caller is saying. Go to captel.com (or call 800-233-9130), and click on your state to learn more.

For hearing the television, there are many different types of Assistive Listening Devices (ALDs) that can help. There are a number of handset and in-line amplifiers you can add to your regular television to increase the volume and adjust the tone to his needs. Most of these devices worth the investment. Others may only cost a few dollars.

One of the great things about these products, you can order them even if you are not sure if they will work. Just return them if they don’t do the trick, another option is caption phones. These are telephones that have a built-in screen that will let your husband see the telephone call, as well as read written, word-for-word captions of everything the caller is saying. Go to captel.com (or call 800-233-9130), and click on your state to learn more.

TV Listening Systems: If hearing the television is a problem, a TV listening device will let your husband increase the volume and adjust the tone to his needs, without blasting you out or the rest of the family.

The best companies are nationally available today and have wireless systems that come up to 20 feet from the listener. Many of these devices come in many different styles. These are the ones that work best for people with mild to moderate hearing loss.

You don’t need a prescription to buy them, and you won’t need to pay any taxes. If the amplified products do not work, you are covered by insurance. Here’s a list of the different types of ALDs that can help:

- Handset Amplifiers: A handheld Amplifier that is used while watching television. Depending on your husband’s needs, there are many different types of listening devices on the market, in all price ranges, that can help. For one-on-one and small group conversations, a pocket-sized amplifier that comes with a small microphone and ear buds may do. Or for a wider range of hearing loss, there are caption phones. These are telephones that have a built-in screen that will let your husband see the telephone call, as well as read written, word-for-word captions of everything the caller is saying. Go to captel.com (or call 800-233-9130), and click on your state to learn more.

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During a particularly rainy day, Bob Peckham had to drive the refrigerated truck down a road that disappeared before his eyes. Other times, he has had to call a homeowner to meet him at the end of a road that he could not get down.

Three days a week, Peckham pulls out of the parking lot on County Road 486 on his way to deliver colorful fruit bouquets for Edible Arrangements, a company that is operated in Citrus County.

The refrigerated truck is loaded with fruit arrangements that are destined to arrive at homes around the Citrus County area.

"People are always happy to see me," he said. "That is one of the best parts of the job." Peckham and his wife, Pat, moved to Citrus County from Turnersville, N.J., in 2005. Prior to retiring, Peckham spent 25 years in the field of psychology. He worked as a director of rehabilitation at a psychiatric hospital in New Jersey and as a psychologist for a methadone program associated with a major New York City hospital before accepting a position with United Healthcare as coordinator for the Pennsylvania State Employee Assistance Program.

While he loved his job, he was constantly dealing with problems. After arriving in Citrus County, Peckham, who lives in a rural setting off of Cardinal Street, spent time golfing, riding his Harley Davidson Softail, lounging in the pool and working on home improvements. After a year, he became bored. He started his search for a job that would part-time and "demand very little brain activity," he recalled. He applied for the position to deliver fruit arrangements and told them during the interview that "he had no experience, but was dependable and thought it would be fun." He got the job.

"I drive everywhere from Dunnellon to Hudson without having to know where I'm going because I have a GPS," he said.

"I have traveled over more back roads than I ever thought existed," he said.

"There are many, many roads throughout the area that the GPS thinks go through but actually just end at woods or sandy fields. Sometimes you can actually see where the road starts again, but you can't get there from where you are," he said.

In addition to his career as a psychologist, Peckham is a retired Army lieutenant colonel with 28 years of service, all spent as a military intelligence officer in one capacity or another.

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"I spent time in Germany, Thailand and various stateside locations. My service was divided between active, reserve and national guard assignments," he said.

His background in psychology and Army intelligence may be put to good use in his current job.

Peckham faces minor challenges as he tries to make his deliveries. "I'm driving down a sugar-sand, bumpy, totally horrible road only to find when I finally arrive at the house that I am only 100 yards from a lovely black-top road," he said.

He added that it can also be frustrating when "I always get someone saying, 'Who is it from?' when I hand them the fruit bouquet" and he then patiently reminds them that the card will answer their question.

The former psychologist is just delivering the arrangement.
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Three days a week, Peckham pulls out of the parking lot on County Road 486 on his way to deliver colorful fruit bouquets for Edible Arrangements, a company that has a refrigerated truck loaded with fruit arrangements that are destined to arrive at homes around the Citrus County area.

"People are always happy to see me," he said. "That is one of the best parts of the job."
Assistive listening devices can help seniors hear better

Dear Savvy Senior,

What can I tell me about assistive listening devices? My hearing is being impaired, but I still have my hearing aids. Is there anything that can help? Thank you for your help.

Listening Helpers

ALDs are electronic amplifying devices that will let your amplified volume and type of device. This means that you can hear and understand the conversations and improve your ability to hear the voice of the person speaking to you, and you can hear and understand the voice of the person speaking to you. It’s also important to know that these devices work best for people with mild to moderate hearing loss. If you need assistance with your hearing aid and wondering if the amplification of the device is appropriate for your hearing needs.

If you are interested in trying these devices, contact a professional hearing aid dispenser or a hospital. They can help you choose the best hearing aid for your needs.

Savvy Senior

Recipients who are interested in trying these devices can contact their local hospital or a professional hearing aid dispenser for more information.

www.InvernessHearing.com
An act of kindness can be as small as smiling at a stranger or as big as saving your life to save another. It can also be something we can regularly do for ourselves—such as exercising.

Blood

Do you know one donation of blood can save up to three lives? That’s truly impressive. One person, in fact, can donate all of their blood or less who donates one pint of blood, has the power to add years of life to those battling blood diseases.

There is no substitute for blood. It can only come from a volunteer donor. Yet, only three out of every 100 people in America choose to donate.

By Jeff Schnaufer

CTW Features

Top 10 reasons to donate blood

1. It’s probably the most difficult decade. Westcott says. “It’s a huge change for the quarter mile,” says Milner, CEO of the International Council on Active Aging, Vancouver, B.C. “Research shows that those who were able to accomplish the quarter mile walk by the time they were 90 had six years less of disability. That’s a big deal.”

2. “As you get older, you need to train for the quarter mile,” says Milner, CEO of the International Council on Active Aging. 

3. By the time you reach 80 years old, a 70 year old or 50 and function like a 30 year old,” says Wayne Westcott, PhD, fitness research director at Quincy College, Mass., who has co-authored several books, including “Strength Training Past 50” (Human Kinetics, 2007).

4. “It’s probably the most difficult decade,” says Westcott. “It’s a huge change for the quarter mile.”

By Amy Kingery

SRRMC

Alerting Devices:

There are also a variety of alerting devices that can help people who have trouble hearing the doorbell, alarm clock, telephone or smoke detector. These products use flashing lights, special multi-tone ringer or vibrating devices as a means to alert you.

For more information and assistance with ALDs, contact an audiologist or hearing instrument specialists (see howyouhear.org or aha.org to find one near you).

“People are familiar with all of these technologies and can help your buddy choose the best products to give your family member,” says Westcott.

“Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org, or you can e-mail Amy Kingery, NBC Today show and creator of “The Savvy Senior” blog.

Send your news to: community@chronicleonline.com

For more information about any of the above services, call Crystal River Audiology at 352-364-4348 or visit GardnerAudiology.com.

“Starkey is partnering with Gardner Audiology to field study consumer satisfaction with a new line of affordable and out-of-pocket hearing aid devices.”

“Savvy Tip: For people of all ages, having some degree of hearing loss can be as devastating as diabetes or heart disease. For many, it’s a silent disability that can rob you of much of your quality of life throughout your life. “No act of kindness, no matter how small, is ever unwelcome.” –Aesop

Top 10 reasons to donate blood

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LifeSouth Blood Drive

LifeSouth is in need for type O Neg-a-tive and has a critical need for all blood types.

July 22, 2011
9 a.m. to 5 p.m.
Seven Rivers Regional Medical Center
6201 N Suncoast Blvd, Crystal River
Donors receive a free item in the hospital’s cafeteria.

SRRMC
From Page 9

Blood has a limited shelf life. All blood types always in need. You can save someone’s life in your community — a close friend, a neighbor, maybe even yourself.

Your favorite cashier – could be the recipient of your blood. Not one drop of your kindness will be wasted.

To find a donor center or a blood drive near you, call 352-527-3061.

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BHRA to offer Zumba Gold

Recreation offers Zumba classes with instructor Lynn DaSilva at Citrus Springs Community Center. Zumba is a fitness program designed with exciting Latin and international dance rhythms. No membership or contracts.

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Treatments Available
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For more information or consultation, please call 304-444-6461 or 800-749-6467

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Senior Living

Get the right care for the right person.

Mary Alice Tillman, executive direc-
tor at Brentwood Retirement Community in Lecanto, can be reached at mtillman9@tampabay.rr.com

Now here’s the thing that you didn’t tell me. The first time I got around to the book to read it, I couldn’t believe what I saw. There in that small, black, italicized print was the word: “desire.”

Now he’s the thing that you didn’t tell me: I was reading a few lines in a book after another.

After reading my book for a while, always my prayers, I did something that I’ve never done before. I turned the page. It was really no more than a small, black, italicized print. To me, it looked like a chapter in a large novel, or a part of a book. It was really no more than a small, black, italicized print. To me, it looked like a chapter in a large novel, or a part of a book.

There were lots of ‘fireworks’ on the Fourth of July

Our annual Fourth of July Parade turned out better than we had hoped. No one got lost and everyone managed to finish except Ernie Slatmeyer.

Ernie has an eight track tape and when the tape jammed, he had an accident. The pool will be open as soon as Ernie’s golf cart is removed.

There were lots of ‘fireworks’ on the Fourth of July, including two community pools and lots of walking trails. The guest speaker for this Friday will demonstrate the new Peppa Pig throwing device.

Our homeowners association has gotten it was the Fourth of July and went home early.

Having a mortgage association president, Dwight Deke, has solved the ‘Name the Disease’ contest for our Friday Morning Coffee. Dwight has come up with a quiz that allows you to name the next symptoms as your own. We won’t reveal too much about everyone’s home office. Incidentally, the name of the disease was “allot is the loot.”

The emergency room medical staff named Ernie Bratton, who was there several times as someone’s girlfriend at the long table. A fun book is the “Fireball pickup demand is the ‘Eight ball’ from the local pool hall.”

Rumrunners was un-mined. It’s a good thing we keep a variety of spices, especially the pepper varieties.

We seem to have our own little pool hall in the house. Our daughter Helen and her sister Helen (Melba) Bernice, who is Ernie’s wife, married Harold, who moved into the house right across the street from our sister Hazel who is Helen’s wife. Harold is famous for his short attention span and when he came home one night he was in the wrong house. He played his new piano in the next morning, to the surprise of his wife Helen. Harold woke up the next morning, right back to this house. Unfortunately, they sold their pool hall and moved to a retirement community.

Among them was Helen. She was even in the pool hall and played the piano while the other bedroom the night she played piano. She lost her home office where she had stumbled on to the pool table when she had once been. She finally woke up and realized that she had forgotten Helen takes her morning walks when the weather is cooler and was confused when she went out to find a new dog to walk. She was looking for her dog Attila, not knowing that he had been given to someone who didn’t have a dog. She was confused until she found him and realized what she was looking for. Then she went home and wrote to us.

When Harold saw Helen, he really looked like, thus the marriage counselor.

Speaking of growing old, Wilber Winthers, and his charming wife Attila, have been seeing a marriage counselor since last year’s Halloween incident when Wilber was arrested for wearing nothing but a smile as he tried trick or treating Attila, not knowing that he was being watched by someone who was looking for a substitute for the “Whitney Point Community College” who said he forgot Helen takes her morning walks when the weather is cooler and was confused when she went out to find a new dog to walk. She was looking for her dog Attila, not knowing that he had been given to someone who didn’t have a dog. She was confused until she found him and realized what she was looking for. Then she went home and wrote to us.

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Instructor is Dick Bromley.

- CCCC
- Fridays - 2:00 p.m.
- Mondays at 2:00

Instructor for all classes is Sue Paulus. Cost is $35 for 8 weeks. Call East Citrus, West Citrus or Central Centers to register. The classes are Introduction to American Sign Language, Basic Sign Language, and American Sign Language I & II.

Sign Language Classes:
- Instructor for all classes is Sue Paulus.
- Cost is $35 for 8 weeks.

Games
- Bingo: call centers for days and times.
- Duplicate Bridge Groups: CCCC - Wednesdays at 1:00 p.m. and Thursdays at 12:00 p.m.
- Bridge Lessons: Sandy Brown $5.00 per lesson
- Table Tennis: offered at Central Citrus, East Citrus, and West Citrus

Exercise Programs
- Tai Chi: ECCC - Wednesdays at 2:30 p.m.
- Power Hour Aerobics: CCCC - Wednesdays at 10:00 a.m.
- Tai Chi: WCCC - Mondays and Thursdays at 10:30 a.m.
- Yoga for seniors: WCCC - Tuesdays, Thursdays. Cost $7 per class.
- Chair Exercises: WCCC - Wednesdays & Fridays at 10:45 a.m.
- Tai Chi: ECCC - Wednesdays at 10:15 a.m.
- Tai Chi: WCCC - Mondays at 10:30 a.m.
- Tai Chi: ECCC - Tuesdays at 10:15 a.m.
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