Some local farmers and ranchers feeling the sting of Trump administration tariffs are sounding an alarm that trade war targets abroad are hitting agriculture at home. They said they can trace the root of growing financial strain to tariffs and trade deals they say are worsening an already precarious economic landscape.

Katrina Moseley, chairman of the Columbia County Farm Bureau’s Young Farmers and Ranchers Committee, described a ripple effect the smallest players in the business have already felt from tariffs industrywide.

“They had priced a grain bin and were going to get it built, but the price of steel skyrocketed to the point they couldn’t afford it,” said Moseley of one local grower.

Moseley and her husband Troy Moseley are District Three representatives for the organization. They operate a small cattle ranch in the Ellisville area.

Moseley said it was a part-time operation with roughly 80 head
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Town can sleep after arrest

‘Out here, you’re not used to this. People moved here to get away from this stuff.’

For the first time in weeks, Trussia Cox can sleep again. Proper sleep. A full night’s rest without waking up in a sweat at every random sound, fearing the gunman has returned. When Cox found out about the arrest on Thursday of 41-year-old Michael David Lantier of Fort White, the suspect in armed robberies at the town’s Subway and Dollar General, she breathed a sigh of relief. Others in Fort White joined her.

“It felt like a hundred pounds had lifted from my shoulders,” she said.

Cox, 46, works at the Fort White Subway, just across the street from her home. On June 27, she had the closing shift when a man walked into the restaurant wearing a gray jogging suit. “At first, I thought it was an employee coming inside to check the schedule,” Cox said.

First Cox noticed the man’s heavy build, which was unlike any of the other employees. Then she noticed the gun in his hand. “Then I still didn’t want to believe it was happening,” she said.

The robber never pointed the gun directly at anyone, but held it in front of them. After forcing Cox and another employee to hand over $500 from the register, he locked them in a walk-in cooler and told them to count to 100.

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The sound of a thud out of the office was heard, but held it in front of them. After forcing Cox and another employee to hand over $500 from the register, he locked them in a walk-in cooler and told them to count to 100.

The next day, Trussia Cox’s daughter, Crystal, in her Fort White home on Friday. Trussia Cox was one of the victims in a pair of armed robberies in Fort White in recent weeks. Lantier, a 27-year-old suspect, was arrested on Thursday after leaving.

If you can, I felt that was the best way to deal with it,” she said. When she got home that night after the robbery, Cox’s children were on the front porch with the lights on. Not because they were in sick the next day, but decided to soldier on. “I figured that was the best way to deal with it,” she said.

How CCSO cracked the case

By STEVE WILSON

Thanks to diligent police work, and the help of some brave robbery and kidnap-napping survivors, a Fort White man is facing multiple charges connected to a crime spree that had this small community in southern Columbia County on edge for three weeks.

Michael David Lantier, 41, was arrested on Thursday in connection with two armed robberies that took place in Fort White, first at the Subway restaurant and then at Dollar General; both in late June. Arrests, kidnap-napping false imprisonment and grand theft charges have also been filed.

June 27

Columbia County Sheriff’s Office deputies responded to the Subway robbery shortly after 9:30 p.m. on Wednesday, June 27. There, two employees told them an unknown male entered the store, brandishing a handgun and demanding money. After the two employees complied, the suspect ordered them into the store’s storage closet and fled, instructing the employees to count to 100 before leaving.

The following day, Detective Chris Fader of CCSO was assigned as lead investigator on the case. His first step was to obtain a copy of video camera footage from Subway. On the footage, the suspect’s vehicle could be seen and its license plate entered.

Independent Living • Assisted Living • Memory Care

The Chairman of the Lake Shore Hospital Authority hereby declares an EMERGENCY MEETING of the Lake Shore Hospital Board of Trustees. The emergency meeting will be held in the meeting room of the Authority located at 259 NE Franklin Street, Suite 102, Lake City, FL 32055 at 9:00 am on Monday, July 23, 2018.

The following items will be placed on the agenda for Authority approval. All items are related to the “Lake Shore Hospital Roof/Envelope Project”:

1.) A proposal from O’Neal Companies, Inc. to perform required roof envelope masonry probes.

2.) A supplemental cost change order for additional expenses related to the prioritization of “Roof O.”

3.) Resolution No 2018-005. This resolution will authorize the Chair of the Lake Shore Hospital Authority to approve certain additional expenditures related to the “Roof/Envelope Project” without consent of the Authority.

The meeting is deemed to meet the definition of an emergency due to the current condition of “Roof O,” the value of equipment within the building that is at risk, the amount of expected rainfall, and the need to maintain an expedited construction schedule.
How to get educated on the issues

If you plan to go to the polls to cast a ballot on Tuesday, August 28, you should first attend one of the four countywide candidate forums sponsored by the Columbia County Republican Executive Committee. (For the names of these seeking local office will be there to speak and explain their views on the issues of the day. This is a GOP-sponsored event, but most candidates of any party are, as county races here are non-partisan. It's a great way to see who’s ready to lead and who may need to go back and do their homework.

If you can't make it Tuesday, you'll have three more chances to make one of these REC forums. They are also scheduled for Lula on July 31; Mason City on August 7; and the county fairgrounds on August 14. The speaking starts at 7 each night but there will be a free dinner at 6:30, so plan for that as well.

We hope to see you there.

Today’s History

On this date:

1837, an English colonist lapsed to vanish under the floor and drooling on my face. How to get educated on the issues

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We hope to see you there.
Continued From A

Two days after the Subway robbery, a gunman who appeared to be the same person hit the Dollar General at the time of that robbery, according to CCSO investigators. CCSO detectives used the Department of Highway Safety and Motor Vehicles database to locate owners of vehicles similar to those involved in the two robberies.

As the investigation continued, detectives discovered Lanter passed a pistol soon after the second robbery that matched the description of the gun used in both crimes. With Lanter now behind bars as a suspect in both robberies, Cox said she finally realized how much of an impact the ordeal had on her. “I know I haven’t been myself,” she said. “But I was a totally different person today at work.”

Continued From 3A

CCSO detectives reviewed footage from both incidents and identified the gray SUV the robber fled in as a Chevrolet Equinox, manufactured between 2015 and 2017. The footage showed the victim was confronted with a firearm at point-blank range, and the suspect fled the scene in a gray 2015 Chevrolet Equinox, manufactured between 2015 and 2017.

July 19

Two days later, a suspect with similar description robbed the Dollar General store in Fort White. Det. Joshua Samson was assigned to that robbery, and due to similarities between the two incidents Samson and Parker began a joint investigation.

July 18

Follow-up interviews with robbery victims, the two from Subway and one from Dollar General were conducted. These interviews helped to verify similarities in the robery victim’s behavior between both incidents.

That same day, a Chevrolet Equinox was located at the Fort White home of Michael Drant. Michael Drant made contact with Lanter of that he initially denied any knowledge of the robbery but said he then admitted to have read about them. Parker noted at that time that Lanter shared certain physical characteristics of the suspect seen in the surveillance video.

July 13

An interview was conducted in Lake City with an individual who was in Dollar General at the time of that robbery. This individual provided information that helped to confirm the manner of clothing the suspect was wearing and the type of weapon used.

July 12

As a result of a criminal background check, it was determined that Lanter had passed an “Urban Grey” CZ 75 p-01 9 millimeter handgun at a High Springs gun shop, the type of weapon used by the robbery suspect.

At which time, security video showed Lanter signing the Form 1 receipt with his left hand, the same hand with which he signed the suspect was seen transferring his weapon.

July 19

Lanter arranged a vehicle, in possession of which he was arrested.

July 22

After two days, Lanter passed another robbery in Lake City. Owing to previously denied knowledge of the robbery, Lanter then admitted to have read about them.

July 10

As of Saturday Lanter remained incarcerated. He is out of the area and contricted Lanter when he returned home, detaining him as he was searched. This search yielded further evidence, including a grey hooded sweatshirt identical to the one used by the suspect.

“Based on this, Michael Lanter was arrested at his home,” Samson said in his report.

As of today, Lanter remained jailed on $30,000 bond.

OBITUARIES

Dorothy “Dot” L. Harden

Dorothy “Dot” L. Harden, 76, of Lake City, Fl., passed away on Thursday, July 19, 2018 at Haven Hospice Care Center B. Obituary is pending.

For one, she became suspicious of everyone and checked their eyes. The robber, who concealed his face with a mask and hood, wore yellow safety goggles over his eyes, but she could still see them.

“Out here, we’re not used to this stuff,” he said. “People moved here to get away from this stuff.”

July 22

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TRADE

Continued From 2A

affects of the trade policies would be painful to small growers, but the changes had to be made.

“I think the vast majority of the people agree with the direction of the tariffs in the fact that there’s got to be something done with trade,” said Willis. “At least we have somebody finally that will put their foot down and said we want to make trade equal.”

He called the responses an overreaction, saying he’d heard nothing negative from local cattle ranchers.

“All this in a nutshell, short term, I’m sure there’s going to be a little uneasiness on tariffs but once it levels out and people get out an even trade level it will be better for all of us,” he said.

The Florida AFB is headquartered in Gainesville.

National spokesperson John Walt Boatright said they were taking a precautionary stance for the future.

“We are concerned and waiting to see what happens and encouraging the administration to talk through things as opposed to resorting to impulsive tariffs,” Boatright said.

He said the top industries here were timber and cattle.

“It’s a short-term, short-term, I’m sure there’s going to be a little uneasiness on tariffs but once it levels out and people get out an even trade level it will be better for all of us,” he said. "All this in a nutshell, short-term, I’m sure there’s going to be a little uneasiness on tariffs but once it levels out and people get out an even trade level it will be better for all of us," he said.

Katrina and Troy Moseley, shown here feeding their herd of beef cattle with twin daughters Hadley and Christy, age 3, have expressed concerns regarding tariffs imposed by the Trump administration. As District Three representatives for the Columbia County Farm Bureau’s Young Farmers and Ranchers Committees and as cattle ranchers themselves, they believe such tariffs are placing strain on the area’s ag industry. This, in Katrina Moseley’s view, represents misguided but well-intended policies of the administration that have not been well received by area farmers. She cites a recent article by the head of the American Farm Bureau Federation saying the same thing.

He called the responses an overreaction, saying he’d heard nothing negative from local cattle ranchers.

“I think a lot of Columbia County producers are paying attention to it as well,” Boatright said. "Before we were having these tariff conversations we were already seeing a very slow farm economy."
TigerSharks host season finale

By ERIC JACKSON
ajackson@lakecityreporter.com

The TigerSharks finished out their summer campaign in style as they hosted the season finale at the Jared Allison Aquatics Complex Saturday morning. The TigerSharks competed against Suwannee and Sun Country Swim teams in their final meet of the season. Over 60 swimmers participated with CST this year.

‘We’re really proud of our swimmers and hope to see all of them back next year and then some.’
— CST head coach Sabrina Sibbernsen

SEEN MORE PHOTOS, G1

COLLEGE BASEBALL

Former CHS star Edge named to NJCAA All-Star Team

By ERIC JACKSON
ajackson@lakecityreporter.com

Lake City native Brock Edge has been named to the NJCAA National All-Star Team after a phenomenal freshman season at Santa Fe. Edge, the son of former Florida Gators punter Shane Edge, starred for the Saints this season with a .409 batting average along with 10 home runs. The Santa Fe rightfielder is joined by teammate Devin Hemenway, a pitcher who was also named to the national JUCO team. They’re the only junior college players out of Florida to receive the honor.

“I almost didn’t believe them at first,” Edge said of the news. “They told me about the Team USA (selection) and it was all pretty surreal.”

“I’m so proud of our swimmer that have worked all season long,” said head coach Sabrina Sibbernsen. “And really improved in all his strokes. Swimming truly is an individual sport, but it’s a lifelong sport that they can use for the rest of their lives. We really enjoy seeing those first-time swimmers compete. Our motto has always been: winning is better your own best time. We’re really proud of our swimmers and hope to see all of them back next year and then some.”

SEE MORE PHOTOS, G1

YOUTH SPORTS

Columbia Swim Team’s Callie Hales, 10, dives in for her short freestyle heat during her team’s season finale at the Jared Allison Aquatics Complex Saturday morning. The TigerSharks competed against Suwannee and Sun Country Swim teams in their final meet of the season. Over 60 swimmers participated with CST this year.

“For me, it was the team’s first and last home meet of the season. The TigerSharks competed in Tifton, Moultrie among other places this summer before the finale Saturday. Over 60 CST swimmers participated in the year’s campaign, ages ranging from six to 17.

“We’re so proud of our swimmer that have worked all season long,” said head coach Sabrina Sibbernsen. “And really improved in all his strokes. Swimming truly is an individual sport, but it’s a lifelong sport that they can use for the rest of their lives. We really enjoy seeing those first-time swimmers compete. Our motto has always been: winning is better your own best time. We’re really proud of our swimmers and hope to see all of them back next year and then some.”

NEW ORLEANS — Christopher Bell has.

The 23-year-old Bell held off hard-

COURTESY

- Christopher Bell has.

“‘It just want to see how I

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“I think we would have won and the reel him in for the decisive moment at Joe Gibbs Racing, had the fresh win in sight.

It proved to be nothing more than mandatory drivers meeting. because he was late to the mandatory drivers meeting. It proved to be nothing more than

“You see all this crap they’ve won before me, they’ve won before me, and I mean it,” said Vettel, who is aiming for his fifth win this season and 32nd overall.

Hamilton is one win away from matching Michael Schumacher’s record of four German GP wins, but he will need an exception of Xfinity drivers and probably a little good fortune — to achieve that.

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“You see all this crap they’ve won before me, they’ve won before me, and I mean it,” said Vettel, who is aiming for his fifth win this season and 32nd overall.

Hamilton is one win away from matching Michael Schumacher’s record of four German GP wins, but he will need an exception of Xfinity drivers and probably a little good fortune — to achieve that.

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HELP PLAN THE FUTURE OF L. KIRK EDWARDS WILDLIFE AND ENVIRONMENTAL AREA

From staff reports

The Florida Fish and Wildlife Conservation Commission (FWC) is conducting a public workshop on July 29 at St. Andrews State Park, Panama City Beach, to present the draft plan for the L. Kirk Edwards Wildlife Environmental Area (WEA) to the public for review and comment.

"This draft plan will specify how we intend to do that," said Lindsey Slatterback, FWC land conservation plan specialist. "All lands purchased with public funds must have a management plan that ensures the property will be managed in a manner that is consistent with the intended purposes of the purchase. Hunting and fishing regulations are not included in this plan or any of the other Management Plans (WMA)."

To obtain a copy of the land management prospectus for L. Kirk Edwards WEA, contact Lindsey Slatterback at 850-487-9992 or Lindsey.Slatterback@MyFWC.com. For more information and background on the public hearing as well as management plan goals and their visitation, go to MyFWC.com/Conservation and select “Terrestrial” and then “Management Plans.”

Fishing destination—upper Suwannee River

From staff reports

Outdoors

By MONTY STEPHENS

Freshwater anglers should add fishing the upper Suwannee from the Cone Bridge Boat Ramp on their “to do” list. Although the Cone Bridge no longer exists, it’s memory lives on in a boat ramp named in its honor. The Cone Bridge Boat Ramp is located about 30 miles north of Lake City just west of HWY 441. Although the road leading to the boat ramp is dirt, it is well maintained and an easy route. The actual boat ramp itself is concrete and in very good condition. Even though the boat ramp sign depicts a canoe, the ramp could easily handle boats 18 ft. and under.

Flowing at a steady 1.5 mph or so, the river twists and turns its way through dense forest land. Because of the mild turbulence, a trout motor is a good thing to have in order to keep the boat properly positioned while fishing. I fished upstream (north) of the boat ramp and let the current drift me back down. I divided up my day between a small foot boat paddle. It never touched bottom. Numerous sandbars and limestone outcroppings are present along this portion of the Suwannee River. Although the land surrounding the river is private, there are numerous low tine bridges along the river. This presents opportunities for some good fishing from shore without a boat.

"Explore by Name."

During my visit, only two other fishing parties were present. One was from Hamilton County and were targeting catfish. I was able to speak with them at midday. They were not regular visitors to the Suwannee and had decided to fish from the Cone Bridge Boat Ramp for a change of pace. They hadn’t had much luck and attributed this to their being new to the area. Judging from the trailer behind a truck with an Alabama license plate in the parking lot, the other group was presumed to be canoeists. Hopefully they were floating down to the boat ramp and the truck was their “pickup vehicle.” Because paddling back upstream would be a chore.

For myself, I strictly bass fished. I managed to catch two small bass but had knot four “baits” in a top water lure. After losing three plastic worm setups, I hooked on to a top water lure in order to stop from getting hung up. As noted before, this part of the river requires plenty of extra tackle. Just as a guess, the river averages 8 ft. wide. In a boat, it’s easy to cast from bank to bank. For this reason, as a matter of safety, I’d recommend no one else who’s not a fisherman should venture beyond the bank. Although the Suwannee is one of the crown jewels of north Florida, our section in Columbia County is just as nature intended it to be—a diamond in the rough. Unspoiled, wild, and untouched.

Fishing is excellent on the Suwannee River. TOP: Fishermen from Hamilton County departing the Cone Bridge Boat Ramp for a day of fishing. BOTTOM: Upper Suwannee River bass just before being released at boat site.
CARNOUSTIE, Scotland — For a moment Saturday afternoon at the British Open, Tiger Woods’ name was back atop a leaderboard at a major championship and Carnoustie was buzzing.

Zooming in on the scoreboard, more than a few golf fans found it hard to let the lead for five players at 13 under.

“It would be... better on Sunday,” Woods said after his 66 got to back into the mix. “But I’m right there.”

A bogey at the par-3 16th still left Woods in the hunt as he made a solid par on the Barry Burn and into the deep rough.

His 66 wasn’t even the best score in the field. Francesco Molinari shot 65 — but it likely will be what fans talk about when they leave. With two holes left in the third round, Woods was three shots off the lead in contention for his first major in 10 years.

“It’s been a few years since I’ve felt like this,” Woods said.

The sea was peeking out of the clouds and Woods was walking up the first fairway when one spectator, a beer in his hand, shouted “Go on Tigah.”

It certainly felt that way when Woods and Francesco Molinari rounded the first green their round of 66 revered their approach at Woods and Molinari for par, after he sent his approach high into the air.

It was one of the few times Woods has been in the lead in a British Open after a three-hole stretch in a round in which he had gotten to within three shots of the lead with four pars and three birdies.

Early defending champ Jordan Spieth seemed to be in a good rhythm playing bogey-free on the opening four holes for six-under-par 29.

On a British Open leaderboard full of big names, there was only one star that shined the brightest over the top of a lots of disappointed golf fans in the final round when in the final round when in the final round.

For Woods, Saturdays traditionally matter. He’s had a share of the lead in his best imitation yet of Spieth’s 5-under-par 31.

The players of yesterday used to roll over for him. The players of today want to mix it up with him. “I’ve always wanted to battle it out in a major with Tiger,” Spieth said. “That’s what it’s all about. If it doesn’t come in and we’re then, we kn graphics, Spieth knows it’s been 10 years since he’s felt like this.

The putts were also spot on. Woods’ par 4-iron from behind the green at the 16th hole dropped to 6 feet for par, the 17th hole dropped to 10 feet for eagle. Moments later, Tiger Woods sent the gallery into a frenzy with three straight birdies to get into contention for the first time in five years.

On a day of calm conditions, wind and cloudless skies, what was the final adrenalin rush.

“We’ve got pretty much a new tournament tomorrow,” Spieth rote his eagle to the 16th, holing a 66-foot putt from behind the 18th green for a par-4 birdie.

Woods started quietly and then gained four birdies through eight holes, not exceptional, but Justin Rose already matched the course record with a 62.

Woods shot the 66 and will play in the final round. Tiger Woods, no matter how much he matters.

It’s been 10 years since he’s felt like this.

Tiger Woods prepares to tee off the 14th tee during the third round of the British Open Golf Championship at Carnoustie, Scotland, Saturday. (AP Photo/Mark Humphrey)

CARNOUSTIE, Scotland — They crowded 15 deep amounts to twirls rolling down the left side of the 18th fairway, beers put away in anticipation for the moment for all. Hours of being on the choppers rolling across the links of Carnoustie and, finally, he was here.

The Bob’s your uncle.

Still, on Saturday, he had his best imitation yet of Tiger Woods in his prime. Tiger, woods pulled driver out of the bag six times — after using it only four times in his first two rounds combined and making it even more difficult to move up the leaderboard.

“I’m right there,” he said. “I’ve got a chance at a major championship.”

And he has company. Spieth rode his eagle to the 16th, holing a 66-foot putt from behind the 18th green for a par-4 birdie.

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Tiger Woods prepares to tee off the 14th tee during the third round of the British Open Golf Championship at Carnoustie, Scotland, Saturday. (AP Photo/Mark Humphrey)

CARNOUSTIE, Scotland — Tiger Woods celebrated the 19th hole during the third round of the British Open Golf Championship at Carnoustie, Scotland, Saturday. (AP Photo/Mark Humphrey)

On this day Zach Johnson walked up the first fairway in his hand, shouted: “Go on Tigah!”

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114 Round Lake Circle
Lake City, Florida 32025

The names and addresses of the personal representatives and creditors of the estate are set forth below:

All creditors of the deceased and other persons having claims against the estate shall file their claims with Andrew P. Ketterer, Esquire, Attorney for Personal Representatives, at 114 Round Lake Circle, Lake City, Florida 32025, on or before July 15, 2018.

This notice is: July 15, 2018.

The time period set forth in Section 733.702 of the Florida Probate Code, forever barred.

This notice is also advertised in this newspaper, on or about the date of service.

THE DATE OF SERVICE OF THIS NOT-
ICE OR 30 DAYS AFTER PUBLICATION OF THIS NOT-
ICE, WHICHEVER IS LATER, IS THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

Florida Bar No. 72046
Andrew P. Ketterer, Esquire

IN RE: THE ESTATE OF

LELAND N. DOUBERLEY,

Case No. 000057-CPAX-MX

IN THE CIRCUIT COURT FOR Columbia County, Florida,

COUNTY COMMISSIONER DISTRICT 2

notifying creditors of this estate.

IN THE COUNTY OF LAKE CITY, FLORIDA


IN THE STATE OF FLORIDA,

LAKE CITY REPORTER

755-5440

ALL OTHER CREDITORS OF THE DECE-

The Florida Bar notice of this proceeding is required to be published for a period of 2 weeks in 2 newspapers of general circulation in Columbia County, Florida. The notice of the filing of the Petition, the names and addresses of the personal representatives, and the name and address of the attorney acting for the personal representatives, shall be published not less than once per week for 2 weeks.

Notices to Creditors

ATTORNEY FOR PERSONAL REPS:
1018  Owner financing

The names and addresses of the personal representatives and creditors of the estate are set forth below:

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Public Notice:

This public official’s report is subject to the Fair Housing Act, the Civil Rights Act of 1968, as amended, the Americans with Disabilities Act, the Age Discrimination Act of 1975, the Rehabilitation Act of 1973 as amended, the Equal Credit Opportunity Act, the Uniform Credit Practices Act, the Equal Credit Opportunity Act, the Fair Credit Reporting Act, Title VII of the Civil Rights Act of 1964, as amended, the Age Discrimination in Employment Act, the National Labor Relations Act, the Family and Medical Leave Act, the Americans with Disabilities Act, the...
TigerSharks make a splash

PHOTOS BY ERIC JACKSON/
Lake City Reporter

LEFT: Braden Hough (right), 8, and Anderson Mitchell, 9, have chat before their heats Saturday morning. RIGHT: Kayden Ellis, 11, performs the butterfly stroke during a race in the season finale.

LEFT: Audrey Mitchell, 6, gasps for air during her freestyle heat. RIGHT: Cassidy O’Neal, 11, performs the butterfly during the season finale Saturday morning.

Columbia Swim Team’s Annabelle Glenn, Avery Crocker, Daney Kendron, and Casey Fair show off their medals after a strong race finish.

NASCAR
Stars push for ‘new’ to improve state of racing

By DAN GELSTON
Associated Press

LOUDON, N.H. — NASCAR has been reluctant to make more than modest tweaks to its schedule. That hasn’t stopped its drivers this summer from wondering about possibilities in hopes of luring more fans:
— a Cup race on Eldora dirt.
— more races at short tracks.
— no more multiple races at the same track.
— try Iowa; go back to Rockingham.

The idea of blowing up a schedule that has largely remained unchanged for most of the last decade is hardly a novel idea, and drivers have long lobbed tweaks for NASCAR to try something new and mix things up over the stalid summer months. Denny Hamlin, a 31-time Cup winner, mused over a few potential schedule shake-ups until he splashed cold water on the campaigning.

“None of this is ever going to happen,” Hamlin said. “Not until these tracks and NASCAR get together and are willing to make changes.”

That seems unlikely in the immediate future for a variety of reasons — from sanctioning agreements with tracks that run through 2020 to safety upgrades and even the threat of litigation should a track lose a race.

The sport has resisted even such fan-friendly schedule changes, like running weeknight races or rotating the site of All-Star weekend.

“ ‘We’re making changes and this is what we’re going to do,’ for it to happen,” Hamlin said. “But it definitely won’t happen in the next few years until that contract’s over with.”

One of the few fun additions over the last decade came when NASCAR added a Truck Series race on the half-mile Eldora Speedway dirt track in Ohio.

The series made its annual stop on the dirt this week for the only time this season. Retired NASCAR champion Tony Stewart owns the track and used his forum to push for the sport to at least bring the second-tier Xfinity Series to the dirt.

Like most issues facing NASCAR, few agree on any topic. Kyle Larson, a noted sprint car racer, said NASCAR should stay above the muck.

“I wouldn’t like to see Cup on dirt,” he said. “Cup belongs on pavement and real road course tracks. If we went to Eldora, yeah, I mean I would be excited because I would be really fast and I feel like I would definitely have the best shot to win. But at the same time, I think we are fine not going there.”

The race winner at Eldora is awarded a Golden Shovel, which seems fitting because these days everyone is piling on NASCAR.

“How low can they go? The ratings reports could win a limbo contest with the regular bottoming out of all-time lows or decade-worsts for most races. Kentucky had 2.3 million viewers Saturday on NBC Sports Network and Sportsmediawatch.com reported it was the 15th of 17 Cup races this season that had its ratings decline double-digits to multiplayer lows.
Naegler: ‘It’s more than being a CEO’

Former military medic now runs Lake City Medical Center.

by COREY ARWOOD  carwood@lakecityreporter.com

Rick Naegler said his three decades of healthcare experience is crucial to running a hospital.

“They taught me every type of department in a hospital — not maybe at an expert level but at least at a level to be able to understand the work that goes on there,” said Naegler. “And it forms my views into how to support the people that work in those departments differently because I’ve done the work.”

Over that time he said he’d worked as a burn unit technician, worked as a burn unit technician and started out as a nurse, working on a urology floor — all through going to nursing school and working nights to further his education.

“Every step of the way as my responsibilities grew I never forgot where I came from,” Naegler said. The Springfield, Missouri native took the top leadership position at the hospital in January.

However, it’s not his first time at Lake City Medical Center. About five years ago he was doing work as chief nursing officer.

“It’s an honor for me to be able to come back and do that,” said Naegler. “It’s more than being a CEO of a hospital for me.”

Naegler talked about his leadership philosophy. “First and foremost guiding a hospital has to start at the point of view of the patient. When we lead our team the mission of HCA is that above all else we are committed to the care and improvement of human life,” said Naegler.

The hospital is part of North Florida Regional Healthcare, which is owned by Healthcare Corporation of America and shares services with facilities in Gainesville. He said they were going to bring the services to the area to prevent Lake City residents from traveling to those areas for treatment.

Naegler outlined one part of his plan. “Bringing more physicians, subspecialties and creating a primary care network here in the community to keep patients in Lake City.”

However, he said that family was growing, and as evidence one need only look east down U.S. Highway 90. “More and more people are moving here,” Naegler said. With that population growth he said as a hospital they would have to come back and do that,” said Naegler. “It’s more than being a CEO of a hospital for me.”

Naegler brought three decades of hands-on healthcare experience to his new role as CEO of Lake City Medical Center. However, it’s not his first time as the CEO of a hospital. Naegler has been married for 26 years and his wife also works in healthcare and has a son who is pursuing a master’s degree in healthcare administration. He is also a fan of St. Louis Cardinal baseball.

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CHRISTY WRIGHT

Schedule leisure time

When you finish everything else, then you’ll spend time reading, exercising, and playing with your kids, right? But that never happens! Go ahead and schedule some leisure time into your calendar. This will help to ensure these important parts of your life receive plenty of time as well.

Protect your schedule

Even if you start off your week with the best of intentions, things will inevitably come up. You’ll get requests from work, invitations from friends, and distractions from every corner of your life. It’s vital that you protect your schedule. Practice saying no to last-minute requests and invitations that conflict with your priorities.

If you can remember to do these four things during the summer season, you’ll have less stress and more fun. Isn’t that what summer is all about?

Take back your time this summer

Before each month begins, be proactive and arrange your calendar to reflect what’s important to you. If that means visiting your aging parents three states away, then put them at the top of your list—even if your kids have to miss a soccer game or two. When you manage your commitments, they stop managing you.

Create space in your schedule

We often feel guilty about taking on responsibilities that aren’t our own, like chaperoning field trips or saying yes to extra work projects. Stop raising your hand just because no one else will step up. When you commit to less, you’ll free up more time for your own priorities.

The BEST partner to your morning coffee.

The Harris Poll. CIT Group and conducted by Half of small businesses also experience lender can provide the capital needed.

New insights and resources for small businesses

Small businesses are critical to powering the national econ- omy. They are the engine behind much of what we do in our day-to-day lives and are responsible for creating two out of every three new jobs in the country with the knowledge and steps they need to successfully run and grow a business. Since joining Ramsey Solutions in 2005, she has spoken to thousands across the United States to help equip small business owners and their families with the knowledge and steps they need to successfully run and grow a business. She is the host of the Business Boutique Podcast and her new book, Business Boutique, released April 2017. You can follow Wright on Twitter and Instagram @ChristyWright and online at christywright.com or facebook.com/OfficialChristyWright.

Take back your time this summer

Being a summer baby, I love the warmth and flavors summer brings. I love cocktails and picnics, vaca- tions, and being outside as much as possible. Everyone is in a better mood, and it seems like there are endless fun things to do and get into. During the summer season, many of us have dreams and plans for what we’d like to do. But if we’re not careful, it’s easy to go from school-year-crazy to summer-crazy, and we end up just flailing from one version of busy to another.

Instead of letting your summer get away from you, try these four tips to take back your time, so that you can make the most of it this summer at home and at work.

Identify your priorities

Before each month begins, begin to notice the trends that are influencing your small business. Are you a small business owner looking to start your own company or are you a small business owner or looking to start your own company and want to know the best resources available to you.

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Small businesses are critical to powering the national econ- omy. They are the engine behind much of what we do in our day-to-day lives and are responsible for creating two out of every three new jobs in the country with the knowledge and steps they need to successfully run and grow a business. Since joining Ramsey Solutions in 2005, she has spoken to thousands across the United States to help equip small business owners and their families with the knowledge and steps they need to successfully run and grow a business. She is the host of the Business Boutique Podcast and her new book, Business Boutique, released April 2017. You can follow Wright on Twitter and Instagram @ChristyWright and online at christywright.com or facebook.com/OfficialChristyWright.

Take back your time this summer

Being a summer baby, I love the warmth and flavors summer brings. I love cocktails and picnics, vaca-

ions, and being outside as much as possible. Everyone is in a better mood, and it seems like there are endless fun things to do and get into. During the summer season, many of us have dreams and plans for what we’d like to do. But if we’re not careful, it’s easy to go from school-year-crazy to summer-crazy, and we end up just flailing from one version of busy to another.

Instead of letting your summer get away from you, try these four tips to take back your time, so that you can make the most of it this summer at home and at work.

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To bloodshed. The policy start removing misinformation about Holocaust deniers aired on social media. Facebook, with 2.2 billion users, disallows speech that is mature death — some- thing that is also prohibited by law. If Facebook were to ban Holocaust denial, it might also be on prohibited the denial of other historical events, such as the Armenian genocide or the massa- cres of Native Americans by European colonizers. This Facebook moderates around the world are assigned to review poten- tially objectionable content, as well as artificial intelligence, executives have said. However, for now the policy can achieve a sleeker, smarter look — and easy on the wallet, with a range of options available for under $300.

Zuckerberg's Holocaust comment puts Facebook on the spot

Zuckerberg's statement and his reasoning — that he doesn't think Holocaust deniers are "intentionally" getting it wrong — caused an uproar. While this has been a longstanding position at the company, Zuckerberg's comment and his reasoning — that he doesn't think Holocaust deniers are "intentionally" getting it wrong — caused an uproar. The Anti-Defamation League said Facebook has a "morally and ethical obli- gation" not to allow people to disseminate Holocaust denial.

Zuckerberg later tried to explain his words, say- ing in an email to Recode's Nina Krstic that he per- sonally finds "Holocaust denial deeply offensive," and I absolutely didn't intend to defend the intent of people who deny that.

At homebuyers will love the convenience of turning on and off remotely, as your home doesn't look empty while you're away. Picture showing potential buy- ers how they can control all of the lights in the home with one device, or turn off the lights after they've snuggled up in bed — and get ready for the offers to roll in.

A Hands-Free faucet

Imagine the convenience of having a kitchen faucet turn water on or off, without a touch. Faucets with hands-free technology allow you to control the temperature and volume of water with your voice. The policy will begin in Sri Lanka and expand to Myanmar, where Facebook users have been accused of inciting anti-Muslim vio- lence. But beyond those guide- lines, there are large gray areas. What, exactly, qual- ifies as supporting terror- ist groups versus merely posting about them? Or mocking someone's pre- mature death — some- thing that is also prohib- ited?

If Facebook were to ban Holocaust denial, it might also be on prohibited the denial of other historical events, such as the Armenian genocide or the massa- cres of Native Americans by European colonizers. This Facebook might argue, could lead to a slip- pery slope where the com- pany finds itself trying to verify the historical accu- racy of users' posts. So, where it can, Facebook stays out of this. While thousands of Facebook users who deny the existence of 6 million Jews who is Jewish, said posts are "so deeply offensive, and I absolutely didn't intend to defend the intent of people who deny that." Still, for now the policy is not changing.

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In an interview with Recode, Zuckerberg, who is Jewish, said posts denying the Nazi annihil- ation of 6 million Jews took place would not necessarily be removed. Zuckerberg said that as long as posts are not call- ing for harm or violence, offensive content should be protected.
How to help prepare young people for the workforce

Student loan debt is on the rise and, unfortunately, the high cost of tuition doesn’t mean that graduates are guaranteed to find high-paying, meaningful work after earning a degree.

“Our education and workforce development systems are broken right now, and as a result, the country is facing a crisis,” says Mark C. Perna, workforce development consultant and education strategist.

“Millions of jobs in sectors crucially important to our economy and society are open and we have no one with the right skills — or even the desire — to fill them,” he says.

Perna offers some of his top insights and recommendations:

• Biases and misconceptions about younger generations continue to persist and there’s an intergenerational struggle to connect effectively.

Perna refers to Generations X and Y collectively as the “Why Generation,” because its members want to understand the “why” behind everything they are asked to do. We need to get to know and understand their traits and abilities if we expect them to perform beyond expectations.

• Non-college career paths have become stigmatized in this country. Experts like Perna believe that teachers and parents need to move away from the belief that everyone has to go to a four-year university to be a successful and productive citizen.

Fulfilling, high-demand, high-wage careers can be attained by postsecondary training pathways beyond the “traditional college route.

• We should prioritize career development exploration and education as part of the K-12 system, Perna stresses. Even many teachers, counselors and school administrators are themselves unaware of the robust opportunities available to today’s youth and have tended to devalue career exploration for the sake of sending everyone through one pathway — college.

• The Why Generation needs to better understand the relationship between self-motivation and outside motivation when it comes to achieving goals, and parents and teachers can help. To succeed, today’s young people must develop the “want-to” that fosters passion, achievement and positive self-esteem.

“As young people prepare for and enter the world of work, we need to coach them to do three things: focus, plan and take action,” says Perna. “This generation is talented and talented, but they need to be motivated to reach their peak performance. They can do it, but we have to help.”

-StatedPolicy
Making the most of local produce

Fresh, local produce is in its prime, making now the perfect time to take part in the farm-to-table movement. Whether you join a community supported agriculture (CSA) group or shop at your local farmers’ market, it’s easy to taste the elevated flavor profile of just-picked fruits and veggies.

Make the most of the season with these tips for storing, cooking and savoring fresh produce.

Plan, Prioritize, Prepare
Plan what you produce will be purchased ahead of time. Many farmers’ markets and CSAs distribute e-newsletters or flyers that highlight what’s available. You can also search for seasonality charts in your region to get an idea of what items are at their peak, and plan accordingly.

Once you’ve shopped, prioritize your goods. Use tender greens and any ripe fruits and veggies right away. Roots, bulbs and squash tend to last longer and can be saved for later in the week.

Next, properly store produce to help it extend its life. If bridge space is limited, consider storing greens by either partially bolting or stuffing prior to putting them away, depending on what recipes you’ve selected for those items.

Smoothies, Sauces, Soups

Smoothies are a delicious, easy way to pack a lot of produce and nutrition into a meal. And if you’re processing the toughest vegetables or leafy greens, be sure to use a high-powered blender.

Take advantage of tomatoes, cucumbers, and other veggies to make sauces to enjoy now or freeze for those months when they aren’t readily available from local growers. Try adding red and green bell peppers, onions, and even carrot shavings, to boost the nutritional value of a veggie broth.

Soups make use of vegetables and can be blended with a bit of water and frozen in ice cube trays for future use in soups or smoothies. If you see a great deal on fruit like strawberries or cherries, buy them and combine with sugar and pectin for an easy freezer jam, or dry them out for delicious snacks.

Nearly all parts of green vegetables, and other produce, are usable.

Use it Up

Be prepared for the possibility that your pet will become accidentally injured or develop an unexpected illness while traveling. Be prepared before traveling, prompting an unplanned trip to the vet.

• Prep your pet: Traveling can prove stressful for animals, so don’t catch your pet off guard. If you’re flying, a visit to the veterinarian about what you can do to keep your pet safe and relaxed in-flight. Advance planning is key when traveling with a pet. With a little care, you can make your travels with furry friends safe, fun and memorable.

Here are a few tips that will make traveling with pets easier:

Do your upcoming travel plans include pets? Whether you’re flying to an exciting destination or hitting the road, these suggestions can make the journey easier for animals and humans alike.

• Prep your pet: Traveling can prove stressful for animals, so don’t catch your pet off guard. Before leaving town, practice taking short rides in the car or permitting time in a carrier. This will help your pet get used to the experience.

If you haven’t already microchipped your pet, this may be a good opportunity to do so. This is also the time to ensure your pet’s collar is up-to-date with your current contact information.

• Pack right: Pack plenty of food and fresh water and a sufficient supply of any medications your pet is taking, in an airtight container. As with any vacation, you’ll want to have all these things on hand in case of a travel emergency.

• Follow the rules: Do your research to ensure you’re following all airline policies, as well as hotel and camping restrictions and accommodations. Travel across state or international borders requires a health certificate. Some locations require more information and documentation. Give yourself plenty of time to handle these details. Your veterinarian can be a good resource in learning what to expect. To that end, a checkup is also a good idea before a trip, as vaccinations or preventive medications may be needed before traveling.

• Safety first: While seatbelts alone cannot keep a dog from moving about the cabin of the car, they are not your seatbelt. To help prevent pets in a crash, anchor a crate using a seatbelt or a crate using a seatbelt.

• Prepare for anything: Even the best laid plans can hit snags. Be prepared for the possibility that your pet will become accidentally injured or develop an unexpected illness while traveling, prompting an unplanned trip to the vet.

By taking a few steps, one can make traveling with pets safe and enjoyable for everyone.

Nearly all parts of green vegetables, and other produce, are usable.

Traveling with pets? What to know
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DEAR ABBY:
Charlotte's (now) husband for 16 years as well, and never opened his mouth. When they became engaged, one of our mutual friends thought she would actually marry him. He seems to get worse every time I see him, and it has reached the point that I can barely stand to be in the same room with him.
Unfortunately, Charlotte's kids take after their dad. They are spoiled, needy, mean children and a bad influence on my young son. Charlotte and her family were annual vacation recently. Although their husband didn't enjoy it and didn't even stand to be in the same room with him.
Charlotte's husband has now suggested they go along on our next family vacation! Abby, it's been a wonderful week and I'm never sure what kind of grip to use. When I'm shaking a woman's hand, I use a grip that she would use with a man's hand. Sometimes I worry that even my lightest-fingered groom's grip is firm and is not well taken. Sometimes, I need to adjust my grip midway through the handshake to match the woman's, but then I feel silly. Can you offer any guidance?
HANDLING IT OFF IN A CROSS
TEN
DRIVING

Dear Abby:
Men know that when shaking another man's hand, the grip should be firm, with the fingers fairly straight. And—let's be honest—a lot of masculine pride is invested there. But when I shake a woman's hand, I'm never sure what kind of grip to use. When I'm shaking a woman's hand, I use a grip that she would use with a man's hand. Sometimes I worry that even my lightest-fingered groom's grip is firm and is not well taken. Sometimes, I need to adjust my grip midway through the handshake to match the woman's, but then I feel silly. Can you offer any guidance?
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