Tests of Adult Basic Education (TABE) are norm-referenced tests designed to measure achievement of basic skills commonly found in adult basic education curricula and taught in instructional programs (TABE, 1995b).

Test anxiety is defined as “a proneness to emit self-centered, interfering responses when confronted with evaluative conditions” (Sarason, 1972, p. 183).

Trait anxiety refers to a relatively stable personality characteristic implying acquired behavioral disposition that predisposes an individual to perceive a wide range of objectively nondangerous circumstances and to respond to these circumstances with an intensity that is disproportionate to the magnitude of the objective danger (Spielberger, 1966).