“Everything that goes around comes around ... The pre-Amazon stores were getting bigger and bigger, 10,000 to 20,000 square feet. Now the new independent stores that are opening are small, 2,500 square feet. They just need to curate titles that they feel their customers will buy on the spot, and then offer a website where they can buy anything else they want.”

— Wanda Jewell, executive director of the Southern Independent Booksellers Alliance, which counts 76 independents in Florida.
With the possible exception of the Civil War, the single most dire threat to a secure Florida future for any generation in the 173-year history of the Sunshine State is now upon us. Not even the Great Depression or World War II can compare to the threat that could end life here as we know it by 2100, 82 years from now.

We’re on the verge of an ecosystem collapse our young children will inherit. While climate change and the warming oceans will flood some of our most populated coastal communities in the next few decades, we have a more pressing problem: Our own toxic freshwater now extend throughout Florida, but in particular through the southern half of the peninsula. From Orlando and Tampa south almost 200 miles to Florida Bay, we’ve poisoned ourselves.

This is the current picture: The 143-mile dike surrounding Lake Okeechobee can’t contain the water flowing into it each year. The water can’t filter southward to Florida Bay as it has for the previous 5,000 years without flooding the 741,000-acre Everglades Agricultural Area, created in 1948 and still supported by U.S. taxpayers, and surrounding towns.

Water in the lake is already polluted by decades of Orlando-area runoff, agricultural runoff and back-pumping from the EAA, no longer a common practice. The lake’s managers release water east and west when the depth threatens the dike. The already polluted water picks up more pollutants from old, unregulated septic systems and both sewer and city runoff on its downstream course to the sea. Marine life and humans along the river and at the coasts suffer the consequences. So do the southern Everglades and Florida Bay, where about 95 percent of the bird life that existed in 1990 is gone, scientists estimate.

Meanwhile, 6 million residents of southeast Florida who depend on the vast Biscayne aquifer underlying the southern Everglades are at risk of losing their drinking water because fresh water no longer filters through the system in sufficient quantities to push back the intruding saltwater.

The current devasting algal blooms both in fresh water and salt east and west of Lake Okeechobee, therefore, are bell-ringing notifications: We’re on the verge of rendering Florida uninhabitable. While fish-killing toxic red tide, a salt-water algae, and the blue-green bacterial algae that can sicken or kill people sometimes years after they’ve encountered it in fresh water are natural occurrences, both seem to explode in warming waters when fueled by agricultural and septic pollutants, natural or not.

Worst of all, we’ve continued to pollute our waters while fully recognizing a coming failure to act, alone, likely played a prominent role in the algal explosion we’ve faced along the Caloosahatchee River to the gulf at Charlotte Harbor, and along the St. Lucie River to the Indian River Lagoon and the Atlantic, at Stuart.

And now he wants to be a U.S. senator. What are the many Republicans who care about Florida’s future going to do? ■

**COMMENTARY**

**The Republican dilemma**

**roger WILLIAMS**

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While fish-killing toxic red tide, a salt-water algae, and the blue-green bacterial algae that can sicken or kill people sometimes years after they’ve encountered it in fresh water are natural occurrences, both seem to explode in warming waters when fueled by agricultural and septic pollutants, natural or not.

Worst of all, we’ve continued to pollute our waters while fully recognizing a coming disaster we had chances to stop — especially in the last eight years.

In 1960, when both air conditioning and mosquito control became widespread, there were 5 million Florida residents. Since then, Florida leaders have tended to put in place regulations that managed growth, reduced pollution, and sought to avoid the crisis that now confronts us as our population exceeds 20 million.

But that bipartisan tendency changed in 2010. Republicans led by Gov. Rick Scott have disassembled the old model for living that required enforced regulation of development and protection of water instead creating a state the governor calls “business friendly.”

I am sorry to say, Republicans have allowed most of the current catastrophe by willfully avoiding opportunities to head it off. The reason I am sorry to say it is personal. Some of the brightest, most vibrant people I know are Republicans (or Libertarians) and a few have been stung by my comments.

One friend responded bitterly this way, in a Facebook post: “You must be right, ‘cause eight years ago none of the vectors were in place leading to today’s disaster; the Caloosa-hatchee was pristine, and that $1.8 billion dike hadn’t even been imagined. Clearly, only one group of miscreants were involved in creating the problem. They’re all the same, those Republicans. Not even really human, like you, at all. How can you stand even shar- ing facilities? Time for separate drinking foun- tains and bathrooms, for a start.”

So I am sorry, but the facts, now widely reported, remain these: Gov. Scott killed the Florida Forever conservation program established by Gov. Jeb Bush.

In 2012, he backed off the U.S. Environmen- tal Protection Agency, claiming with fellow Republicans it would create undue burdens to business owners by enforcing clean-water standards that might have prevented or at least greatly reduced the severity of the cur- rent devastation.

He defunded and weakened the state’s Department of Environmental Protection, firing 58 DEP employees.

He dropped enforcement cases against pol- luters from about 2,300 to about 800 in his first two years as governor.

He cut the budgets of Florida’s five water-management districts roughly in half, letting go longtime, knowledgeable employees and bringing in real estate lawyers, developers and business people to manage the districts.

He weakened standards for toxic chemicals allowed to flow into state waters.

He signed a law preventing local govern- ments in Florida from banning Styrofoam and polystyrene in products.

He supported offshore drilling while pre- tending he didn’t, as emails between Gov. Scott and Interior Secretary Ryan Zinke revealed.

He dismantled the Department of Com- munity Affairs that tracked and controlled big development in the state, monitoring and measuring the potential effect of any proposed development on wetland and water resources.

And he resisted and ignored proposals to restore the Harmful Algal Bloom task force that was decommissioned in 2001; that single failure to act, alone, likely played a prominent role in the algal explosion we’ve faced along the Caloosa-hatchee River to the gulf at Charlotte Harbor, and along the St. Lucie River to the Indian River Lagoon and the Atlantic, at Stuart.

And now he wants to be a U.S. senator. What are the many Republicans who care about Florida’s future going to do? ■

**Palm Beach County Heart Walk**

Meyer Amphitheatre, West Palm Beach

Saturday, November 17th

Fun starts at 8am

Walk starts at 9am

PalmBeachHeartWalk.org

#PBHeartWalk
CommuniTY EVENTS & LECTURES

FREE Community Chair Yoga Class
Class taught by Sara Chambers, RN, BSN, CYT
Wednesday, August 15 @ 6pm - 7pm
Palm Beach Gardens Medical Center // Classroom 4

At Palm Beach Gardens Medical Center, hospitality and patient experience are main priorities, which is why we instituted the Patient/Family Advisory Council. Join Acsah Abraham, patient relations manager at Palm Beach Gardens Medical Center for a lecture on what we are doing to distinguish ourselves as leaders not only in high-quality care, but in service as well.

Patient Experience – A PBGMC Priority
Lecture by Acsah Abraham, MHA
Patient Relations Manager
Thursday, August 16 @ 6pm - 7pm
Palm Beach Gardens Medical Center // Classroom 4

Certification will not be provided.

Hands-Only CPR Class
Tuesday, August 21 @ 6:30pm - 7:30pm
Palm Beach Gardens Fire Rescue // Station 1
4425 Burns Road, Palm Beach Gardens

Effective bystander CPR provided immediately after sudden cardiac arrest can double or triple a victim’s chance of survival. Palm Beach Gardens Medical Center has teamed up with Palm Beach Gardens Fire Rescue to provide free monthly CPR classes for the community. Classes will be held at Fire Station 1. Local EMS will give a hands-only, CPR demonstration and go over Automated External Defibrillator (AED) use. Participants will have the opportunity to practice their new skills using CPR manikins.

Please call 855.387.5864 to make a reservation. Reservations are required.

Smoking Cessation Classes
Wednesday, AUG. 22, 29 & SEP. 5, 12, 19, 26 @ 5:30pm - 6:30pm
Palm Beach Gardens Medical Center // Classroom 3

PBGMC is teaming up with the Area Health Education Center to provide education on the health effects related to tobacco use, the benefits of quitting and what to expect when quitting. A trained Tobacco Cessation Specialist guides participants as they identify triggers and withdrawal symptoms and brainstorm ways to cope with them.

Please call 855.387.5864 to make a reservation. Reservations are required.

Osteoporosis Screenings
Thursday, August 16 @ 9am - 1pm
Outpatient Entrance

All screenings held at: Palm Beach Gardens Medical Center

Receive a FREE COOKBOOK!

For reservations, please call 855.857.9610
OPINION

With apologies to Dr. Seuss

A note from your writer: So much of what happens these days in the political realm is utter nonsense. Why not tell it in verse? At least there will be rhyme with no reason.

Every Who in Whomerica likes free- dom a lot, but the Trump who lives here in Washington, Does Not! The Trump hates democracy, to the point of malarky! Now please don’t ask why, we all know the reasons! It could be his head isn’t screwed on just right. It could be, perhaps, that his pants are too tight.

But I think the most likely reason may be: That he has a brain that’s the size of a pea. Whatever the reason, his pants or his brain, he manages to be a perennial pain. He’s teamed up with his Russian friend Putin.

Although he insists that there was no collusion, he fires angry tweets at many questioning Whos. He lets fly with charges that they’re spreading “fake news.” If he could he’d attack them, perhaps with an ax.

Instead of relying on “alternative facts,” he rages and rages to all he may face. And relies up the y’aw-Whos who make up his base.

He’s often at rallies; there’s no limit where he’ll go. To sop up the love, satisfying his ego.

His most rabid of followers think he’s just great. They adore what he says, as he spews out his hate. Against immigrants, media, other critics he’d silence, whipping them up to a frenzy until they’re paraplegics.

Never mind it’s all lies, mis-representations. He pushes their buttons, the politics of resentments. His supporters are not just these deplorable souls.

His true power comes from the internet trolls. They would steal our democracy, and not only a Russian heist. There’s a real danger here coming from the alt-right. They call themselves that, but they’re fascists and bigots. When it comes to the hate, they would turn on the spigots. They’re fanatics and crazy, but also effective. After all, one of their own has gotten elected. The Trump’s stealing democracy, taking it away inch by inch.

He’s not like Dr. Seuss and his wonderful Grinch. Seuss wrote a classic, a true snappy rendering. Our saga may not have any such happy ending.

It is possible that unless we resist Whomericans’ freedoms will no longer exist. — Bob Franken is an Emmy Award-winning reporter who covered Washington for more than 20 years with CNN.

Elizabeth Warren’s lie

Elizabeth Warren is branching out. The Massachusetts senator, who has made a career of unfairly maligning bankers and other alleged capitalist malefactors, is now smearing the crim- inal justice system, too.

In a speech at a historically black college in New Orleans, she declared that “the hard truth about our criminal justice system: It’s racist ... I mean front to back.” Her riff is a sign that the Demo- crats are going to lean their lurch toward socialism with a condemnation of America as fundamentally racist.

The U.S. criminal justice system is obviously a legitimate topic of debate. But the contention that U.S. law enforce- ment is a product of racial hatred is a paranoid lie.

The basis of the racism charge is the obvious disparities in the numbers. Blacks are 13 percent of the population, yet they account for 38 percent of state prisoners, and for more than roughly 30 percent of fatal police shootings.

The driver for mass incarceration, we are always told, is a racist war on drugs. But this is a myth. In his book “Locked In,” John Pfaff notes that at its height in 1990, the share of state prisoners serv- ing time for drugs was just 22 percent. The proportion fell to less than 16 percent in 2014. So you could release all drug offenders and still leave mass incarceration intact. And you wouldn’t just be releasing black prisoner — 33 percent of white inmates in state prisons are drug offenders.

It is true that the incarceration rates for drug offenses are much higher for blacks. This may be a product of enforcement bias, or other factors such as whites are more prone to use private, as opposed to open-air, drug markets.

The biggest reason for the overall dispar- ity in incarceration is different rates of offending. Blacks account for about 50 percent of homicides. It’s not that the police are simply making up these crimes. The numbers for violent crime accord with reports from crime victims of the race of their assailants.

The same applies to police shootings. Joseph Cesario, a professor of psychol- ogy at Michigan State University, writes that “the differences in involvement in criminal situations between black and white citizens fully explains the popu- lation — level disparity in fatal police shootings.”

Now, it’s entirely fair to argue that different rates of offending are a func- tion of the vestiges of racism, and that it is urgent to pursue criminal justice reform given how the status quo affects black families and communities. But the idea that we are living in a latter-day apartheid South Africa, with a system designed to jail and immiserate blacks out of sheer maliciousness, is contempt- ible, poisons and wrong.

It is telling that Elizabeth Warren is going there. There are two reasons. One is that she has a Bernie Sanders prob- lem: She is a white politician who has overwhelmingly devoted herself to eco- nomic issues. She needs to play identity politics catch-up. Two, in reaction to Donald Trump, the left is embracing the politics of resentments, until they’re near violence.

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Bob Franken is editor of the National Review.
Alswang to step down as CEO of Norton Museum

She came. She saw. She built. And now she’s retiring.
Hope Alswang, executive director of the Norton Museum of Art, said she plans to step down March 1, 2019. She will cap her nearly nine-year tenure at the West Palm Beach museum with the opening on Feb. 9 of a major expansion and enhancement designed by Pritzker Prize-winning architect Lord Norman Foster.

Under Ms. Alswang’s leadership, the Norton is in the final phase of a $100 million capital campaign for The New Norton. Throughout her tenure, the museum has significantly expanded its collection, receiving donations of more than 875 artworks and acquiring more than 700, which notably increased its collections in contemporary art and photography. With these additions, the Norton grew its representation of works by women artists and artists of color by more than 150. In addition, she inaugurated the Recognition of Art by Women (RAW) exhibition series, which highlights living women artists; organized critically acclaimed exhibitions; and embedded the Museum more deeply in its community by increasing opportunities for free admission and programs for the public.

“Hope has had an electrifying effect on the Norton Museum of Art during her tenure.” Harry Howell, chairman of the Board of Trustees, said in a statement. “In supporting our curators to develop groundbreaking exhibitions and significantly expand the permanent collection, she has brought the museum global attention. Now, thanks to her efforts and those of a committed board of trustees and dynamic staff, the Norton is on the cusp of successfully realizing a stunning new wing and beautifully enhanced campus that will transform this institution.”

He said the museum’s trustees have formed a search committee for a new director.

Sculpture gardens gets new leader

The Ann Norton Sculpture Gardens has a new leader.
Cynthia Kanai will assume the role of CEO on Sept. 17.
She fills a position left vacant by Roger Ward, who resigned after less than a year and a half on the job.
Prior to accepting this new leadership role at ANSG, Ms. Kanai worked 28 years at Palm Beach Day Academy, most recently as the development director and a consulting firm, and they have two grown children.

The Ann Norton Sculpture Gardens was home to Norton Museum of Art founder Ralph Norton and his wife, Ann, a noted sculptor. For information, visit www.ansg.org or call 561-832-5328.

Cultural Council taps Indiana man as CEO, president

Palm Beach County’s umbrella group for cultural organizations has a new leader.
David R. Lawrence, who has been named president and chief executive officer of the Cultural Council of Palm Beach County, the organization announced this week. He begins his job Aug. 20.
Mr. Lawrence spent almost two decades at the Arts Council of Indianapolis, serving as president and CEO for the last nine years. His arts management background includes work with Indianapolis Opera, for the school’s annual fund, corporate sponsorship and all school fundraising events.

Ms. Kanai was awarded the William T. Dwyer Excellence in Education Award in Palm Beach County in 2012, and in 2010, the Adèle Shook Merck Excellence in Education Teacher of the Year Award. She earned a master of science degree in leadership from Palm Beach Atlantic University and a bachelor of science degree in education from Cameron University in Oklahoma. She resides in Atlantis with her husband, Dennis, a partner in a CFO consulting firm, and they have two grown children.

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PET TALES

Inside heartworm

BY KIM CAMPBELL THORNTON
Andrews McMeel Syndication

Climate change, failure to give preventive products and the breeding of resistance to preventives are among the reasons why veterinarians are seeing more cases of heartworm disease in dogs — and cats. When the American Heartworm Society performed its triennial incidence survey last year, it found that while the highest incidence remains in the southern United States, no state is free of the harmful internal parasites, spread by the bite of an infected mosquito or, in the case of states such as Alaska, arriving by way of already-infected dogs brought from out of state.

Dogs are natural hosts for heartworms. Once an infected mosquito injects microfilaria — microscopic baby heartworms — into a dog's bloodstream, the worms begin to mature and reproduce. As they get larger — heartworms can achieve a length of 1 foot during their 5- to 7-year lifespan — and increase in numbers, they clog the heart, lungs and associated blood vessels, causing heart failure, lung disease and other organ damage.

Cats are more resistant to the parasites, but they can acquire them. Clinical signs include weight loss, exercise intolerance, vomiting, diarrhea, coughing, gagging, difficulty breathing and wheezing. Even indoor cats are at risk.

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To combat resistance, parasitologists recommend treating pets with parasite preventives year-round. An associated concern is the beginning of resistance to preventive products. Some populations of heartworms, primarily in the Mississippi Delta area so far, are becoming resistant. “By keep- ing pets on year-round preventives, we decrease the risk of developing more resistant populations and increase the effectiveness of the preventives,” says Lent K. Kaplan, DVM, community practice service lecturer at Cornell University College of Veterinary Medicine in Ithaca, New York.

Adding a dog-safe mosquito repellent (avoid anything containing DEET) to your dog’s arsenal against mosquitoes can beef up his protection. Research published in 2016 found that the combination of a heartworm preventive with the mosquito repellent in the study, Vectra 3D, was 100 percent effective in blocking transmission of immature heartworms from dogs to mosquitoes — one of the stages of the heartworm lifecycle — and more than 95 percent effective in repelling and killing mosquitoes for 28 days after treatment.

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Heartworm disease affects more than a million pets in the United States. With a monthly pill or topical treatment, it’s comparatively less expensive than treating a pet with heartworms. But people forget to give preventives, or they don’t give them year-round, giving infective mosquitoes a shot at spreading the parasites. Cool or dry weather slows transmission, but it doesn’t eliminate it.

“Most people think they don’t need to give it in the winter,” says Craig Prior, DVM, owner of Murphy Road Animal Hospital in Nashville, Tennessee. For instance, he says, dogs should stay on preventives for two months after the last exposure to mosquitoes and go on them one month before mosquitoes become active again. With climate change, some species are staying active longer throughout the year and venturing into new areas.

For those reasons, parasitologists recommend treating pets with parasite preventives year-round.

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There is no month when you can’t give a heartworm preventive, he says. “The prevention of heartworm in dogs is easy to do,” says Dr. Prior. “It’s really just a pill. You give it in the winter.”

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SAVING SEA TURTLES WILL ALWAYS BE IN STYLE

JOIN US FOR LOGGERHEAD MARINELIFE DAY

SATURDAY | AUGUST 18 | 11AM - 4PM

A FUN AND INTERACTIVE FAMILY-FRIENDLY DAY FILLED WITH SCIENCE, SEA TURTLES AND SHOPPING!

THE GARDENS MALL WILL DONATE 5%* OF SALES ON AUGUST 18TH TO SUPPORT LOGGERHEAD MARINELIFE CENTER.

FOR MORE INFORMATION, VISIT THEGARDENSMALL.COM

*UP TO 5% OF $100,000 IN TOTAL SALES.
Florida Weekly welcomes submissions for the Society pages from charity galas and fundraising events, club meetings and other to-dos around town.

We need 300-dpi photographs of groups of two or more people, facing the camera and identified by first and last names. Questions? Email society@floridaweekly.com.

Trucktopia, downtown West Palm Beach

1. Matthew Salnick, Kingston Salnick and Jaclyn Salnick
2. Michelle Estevez, Owen Estevez and Chadd Estevez
3. Nora Moxley and Louis Moxey
4. Dame Arroyo and Orlando Arroyo
5. Jeremy Beagle, Waylon Beagle and Tiffany Beagle
6. Maddox Karvois and Dave Thomann
7. Luca Cernuto, Kristen Cernuto and Josh Cernuto
8. Michael Moriello, Anisa Moriello and Mark Moriello
9. Sean Freed, Kellan Freed and Amanda Freed

Kobe Moore, Kaylee Cernuto, Matt Cernuto and Josh Cernuto
On Aug. 12, hundreds of people gathered at Lake Worth Beach to raise awareness of toxic algae along Florida’s shores as part of a statewide event dubbed “Hands Along the Water.” The seawaters along both coasts of the state have been affected by water releases from Lake Okeechobee. The west coast also has been plagued by a red tide outbreak that has shut down beaches and left scores of fish, marine mammals and sea turtles dead along its shores.
Part 2: The Florida Weekly Writing Challenge

“I hate writing. I love having written.” — Dorothy Parker

Welcome to Part 2 of the 2018 Florida Weekly Writing Challenge. The photo of the garden cherubs you see here is the second prompt of four that will make up this year’s contest. Word-smiths who accept our challenge have until midnight Sunday, Aug. 26, to send us a story inspired by the image.

Part 1 of the contest is closed (we received 135 entries). We’ll print new prompts and submission deadlines for Part 3 on Aug. 29 and Part 4 on Sept. 12.

Here are the rules:

■ Keep your narrative (no poetry) to 750 words.
■ Give it a title and run it through Spellcheck.
■ Put your full name, phone number and city/state you live in at the end of your masterpiece.
■ Send it, either attached as a Word document or simply pasted into the body of the email, to writing@floridaweekly.com. Snail mail offerings will not be considered.

Our editors look forward to reviewing the entries and selecting one winner, whose author will receive a ticket to the 11th annual Sanibel Island Writers Conference (value: $500). With keynote speaker and New York Times bestselling author Ann Hood (“She Loves You Yeah, Yeah, Yeah,” “An Italian Wife,” “Somewhere Off the Coast of Maine,” “An Ornithologist’s Guide to Life” and “The Obituary Writer,” among others), the conference is set for Nov. 8-11 on Sanibel Island.

The 2018 Florida Weekly Writing Challenge winner will be notified by Oct. 15, and the winning entry will be published in all our editions.

Questions? Email writing@floridaweekly.com and we’ll get back to you.

Looking to learn economic insights from the area’s top CEOs, Directors and Business Owners? THEN READ...

Palm Beach Chamber to host first breakfast of the season

Cardinal Newman High School will be greeting members and guests in the Mediterranean Ballroom with music and song. As breakfast sponsors, the school’s president, The Rev. David Carr, will speak to the audience on the history and role the school as played in the community.

John Haymore, owner of the HRS Group LLC, serves as president of the Human Resource Association of Palm Beach County and will serve as moderator of the morning’s program to discuss key issues impacting all businesses. The program will feature a panel discussion by human resource professionals discussing safety and security in the workplace.

The chamber breakfasts are scheduled monthly throughout the season. Members attend at no cost; future members are charged $40 in advance, or $50 at the door. Reservations, due by Thursday, Aug. 23, are required, either on-line at www.palmbeachchamber.com or at the office.

League of Women Voters plans talk, luncheon

The League of Women Voters of Palm Beach County continues its series of events addressing current events: Gerrymandering & the Courts — 10-11:30 a.m. Saturday, Sept. 8. The STEM Education Center. Partisan gerrymandering is the practice of drawing legislative and congressional district lines to maximize and perpetuate the power of an incumbent political party. Special guest speaker is Thomas Wolf from the Brennan Center for Justice at NYU School of Law. Presentation starts promptly at 10 a.m. Admission is free, but RSVPs are requested online at www.lwvpbc.org. The Stiles-Nicholson STEM Education Center is at 4802 Dreher Trail N. in West Palm Beach, across from the South Florida Science Center and Aquarium.

“Watts On the November Ballot” — Explanation of the State’s 13 Amendment — 11:30 a.m.-1 p.m. Wednesday, Sept. 26. Atlantis Country Club. This event will feature the Speakers Bureau from the League of Women Voters of Palm Beach County. Registration starts at 11 a.m., and attendees should be seated for serving at 11:30 a.m. Tickets for this luncheon are $25 per person until Sept. 19, and $35 after that date. RSVPs are requested online at www lwvpbc.org or by calling 561-968-4123. The Atlantis Country Club is at 190 Atlantis Blvd.
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mortal coil and joined the choir invisible. Bereft of life, it rests in peace. Pushing up daisies. R.I. cetera.

Yes, the traditional neighborhood bookstore is deadlier than Monty Python’s parrot, killed by an online predator named amazon.com.

Everybody says so.

Fortunately, Tami Ayraud hasn’t heard, or simply refuses to believe it.

On Oct. 6, Ms. Ayraud and two co-owners opened The Book Cellar, an actual independent neighborhood bookstore at the corner Lake Avenue and J Street in the heart of Lake Worth’s bustling downtown.

“I was living in Miami and moved here two years ago because of the small-town, funky atmosphere,” Ms. Ayraud explained on a recent Wednesday morning as one customer arrived to collect a title he’d ordered and others browsed the shelves. “It had a good vibe.”

Ms. Ayraud’s sister and brother-in-law, Danica and Arvin Ramgoolam, had opened Townie Books in Crested Butte, Colorado, back in 2011. It survived, thrived, and they’d begun talking about opening a second store somewhere else. But where?

“Lake Worth has kind of an artsy, cultural area, so you know people who are enjoying the arts and music is where you’d want a bookstore to be,” she reasoned.

In April 2017, the Ramgoolams visited, spied the available storefront at 801 Lake Ave., and signed a lease in July. “One of the things people still want to browse and have a bookseller who can help them,” Ms. Ayraud said. “There are so many books out there, it’s hard to know what to pick. But a lot of people still think bookstores are closing everywhere.

Not so long ago, they were, but the tale of the dying neighborhood bookstore is a lot in common with the old adage about the fish that gets eaten by a bigger fish — with a hopeful twist.

Once upon a time, book lovers loved independent neighborhood bookstores. They knew the owners, and the owners knew what books they might like.

And then, in the 1980s, the mall chains came along. B. Dalton and Waldenbooks seemed to have a store in every shopping mall. Corporate, but still kind of cool.

And then the big-box bookstores arrived and we had Borders and Barnes & Noble. Thousands of square feet with thousands of books, plus CDs, DVDs, coffee and a Danish.

Could anything be worse for the local independent bookstores of America?

Of course!

In 1995, a great white shark called amazon.com swam onto the scene. Now discounted books were just a click or two away, and by the end of the millennium, the number of independent bookstores of America? From page 1

The one thing he doesn’t want from The Book Cellar, he said, is books. “I don’t read,” Mr. Snyder explained, without a trace of guilt. At 73, he’d happened on a list of the 100 books every cultured person should read, read them all, and figured wanting more important has been written since.

If they find some new undiscovered writer by Sorcery, I’ll come in and order it,” he allowed. “But even if you don’t read, this is a great place to be.”

For more information, visit www.bookcellarfl.com.
Tips for preventing heat-related illness

PALM BEACH GARDENS MEDICAL CENTER

SOMETIMES TOO MUCH OF A GOOD THING CAN BE A BAD THING, such as too much sun. Exposure to the sun helps plants grow, supplies energy, and helps the body produce vitamin D for strong bones. But too much sun can lead to a number of heat-related illnesses, some of which can be potentially life-threatening.

Normally, the body can cool itself by sweating. But in several situations, and for certain people, this just isn't enough. High humidity, staying out in the heat too long and exercising too much for your age or physical condition can make the body temperature rise to dangerous levels. Other risk factors for heat-related illness include being under the age of four or over age 65, and being obese, ill or on certain medications.

There are several types of heat-related illnesses:

Sunburn occurs when the skin becomes red and unusually warm after sun exposure. The skin also may later blister and peel.

Heat rash may appear as a red cluster of pimples or small blisters, usually on the neck and upper chest, in the groin area, under the breasts and in elbow creases.

Heat cramps can cause heavy sweating as well as painful spasms in the abdomen, legs and arms.

Heat exhaustion results in heavy sweating, pale skin, muscle cramps, fatigue, weakness, dizziness, headache, nausea or vomiting, and fainting.

Heat stroke, which can cause death or permanent disability if not treated immediately, has warning signs of a very high body temperature (above 103 degrees), a strong and rapid pulse, throbbing headache, dizziness, nausea, confusion, not sweating and unconsciousness.

SEE HOT, A16 ▶

Staying properly hydrated is important when outdoors in the heat.
Palm Beach County’s first hospital to perform open-heart surgery is celebrating its 50th anniversary.

Founded in 1968, Palm Beach Gardens Medical Center is now a 199-bed acute care hospital serving the medical and surgical needs of Palm Beach County and the Treasure Coast. The hospital was the first in Palm Beach County to perform open-heart procedures and has since remained one of the area’s leading heart hospitals. Palm Beach Gardens Medical Center offers comprehensive cardiology care and advanced minimally invasive procedures, including Transcatheter Aortic Valve Replacement (TAVR) and MitraClip. The hospital is also the first in Palm Beach, Broward and Martin County to adopt the minimally invasive convergent approach to treat patients with atrial fibrillation.

“Palm Beach Gardens Medical Center has become trusted by families throughout the Palm Beaches and Treasure Coast. The hospital is also the first in Palm Beach County to have a dedicated Epilepsy Monitoring Unit and 24-hour emergency care,” said Trey Abshier, chief executive officer of Palm Beach Gardens Medical Center. “We will continue to bring advanced medical technologies and innovative services to our community.

Additional services include orthopedics and joint replacement, an Accredited Certified Primary Stroke Center, diagnostic imaging, general and robotic surgery, a dedicated Epilepsy Monitoring Unit and 24-hour emergency care. Palm Beach Gardens Medical Center also is the only hospital in Palm Beach County to earn an ‘A’ for patient safety in the Fall of 2017 and the spring of 2018 by Leapfrog. Imaging, general and robotic surgery, an Epilepsy Program and 24-hour emergency care. Palm Beach Gardens Medical Center’s Emergency Department offers all private rooms and is equipped with technology to help increase patient comfort, reduce wait times and provide up-to-the-minute patient status, as well as immediate access to film-based radiological images, interpretation and related data. The hospital’s Epilepsy Program is the first of its kind in Palm Beach County to have a dedicated Epilepsy Monitoring Unit for patients in need of further assessment.

Palm Beach Gardens Medical Center has been recognized by The Joint Commission as a Top Performer on Key Quality Measures for four years in a row and by Healthgrades® as a Five-Star Recipient for the Treatment of Heart Failure for 10 consecutive years (2007-2016). The hospital was also the recipient of the American Heart Association’s Get With The Guidelines – Stroke Gold Plus Quality Achievement Award for three years in a row (2013-2015). Additionally, Palm Beach Gardens Medical Center earned Chest Pain Center Accreditation from the Society of Cardiovascular Patient Care. For more information or for a complimentary physician referral, please call 561-625-5070 or visit www.pbgmc.com.

COOL
From page 15

Heat-related illnesses and deaths can be prevented. To stay cool when temperatures are extremely high, use common sense and follow these tips:

Drink plenty of fluids, but not ones that contain alcohol or large amounts of sugar, which can cause the body to lose fluid. Stay away from very cold drinks since they may cause cramps. Drink fruit juices or sports beverages to replace salt and minerals that are removed from the body when working or exercising in the heat. Wear clothing that is light weight, light colored and loose fitting. Apply sunscreen that has a sun protection factor of 15 or higher approximately half an hour before going outside. Try to limit outdoor activities to morning or evening hours when temperatures are lower. If not used to exercising or working in a hot environment, begin slowly and gradually increase activity level. Stay indoors in an air-conditioned place. Fans can help, but they cannot prevent heat-related illnesses once temperatures reach the high 90s. Never leave a child or pet in a parked car. Avoid hot foods and heavy meals that can add heat to the body.

If you or a loved one start feeling the effects of heatstroke, you’ll receive the care you need as quickly as possible at Palm Beach Gardens Medical Center. You’ll never have to wait more than a half hour to get the care you need in one place. Our emergency team includes emergency specialists, paramedics, medical technicians and specially trained doctors and nurses. Use our online registration tool and check in to the ER online. Go to www.pbgmc.com/inquicker.

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Dr. Joseph Russo is one of only 385 dentists worldwide to hold an Accreditation by the American Academy of Cosmetic Dentistry (AAAD). He has extensive experience in helping patients who suffer with severely worn down teeth and TMJ pain.

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D o you want to put your best foot forward? Make a great first impression! And light up a room when you enter? How about having, at all times, your best asset right there “under your nose” no matter what day it is, rain or shine, hot or cold, dressed up or dressed down or no clothes at all? Having your BEST asset, “right under your nose,” is spectacular! What is it? Well, if it’s beautiful, your SMILE! Best of all, if it’s not so engaging or attractive, or even worse, if you are ashamed of it or hide it, we can help and help easily! Imagine a simple way to change not only your appearance, but everything about your life. When you feel great about yourself, everything is great!

Meet Frank, an outgoing, corporate owner, in a very high-pressure career, who was not very happy with his smile. He felt himself as a “tough guy,” but admitted to a “teddy bear” at heart, he thinks of himself as a “a tough guy,” but admitted to being a little frightened of the drill and the dentist. Learning of his anxieties, we were able to give Frank some medications that relaxed him both before and during the procedures. He tells us that he barely remembers the treatment, and there was absolutely no pain or apprehension throughout.

Prior to treatment, Frank had spaces between his teeth, and he had broken and cracked a few of them because of his grinding habit. The dentistry for us was straightforward and uncomplicated. He was able to leave our office after one visit with both his top and bottom teeth completed in temporaries that looked so amazing that he and his family thought he was finished, when these really were only plastic temporaries. After a couple of short weeks, Frank returned to our office for the final delivery of porcelain crowns. He told us that his grinding habit had stopped immediately after his temporaries were placed and that he had no pain at all. During that time, the dental laboratory had duplicated his temporaries in porcelain in every way. At the placement visit, he was so relaxed that he did not need medications to calm his fears, since he says, the staff had done that for him.

After his teeth were delivered, he said that we had so greatly exceeded his expectations that he wished he would have done it years sooner! Frank says he is producing more now than ever and he owes it to his new perspective on life. He was able to leave our office after one visit with both his top and bottom teeth completed in temporaries that looked so amazing that he and his family thought he was finished, when these really were only plastic temporaries. After a couple of short weeks, Frank returned to our office for the final delivery of porcelain crowns. He told us that his grinding habit had stopped immediately after his temporaries were placed and that he had no pain at all. During that time, the dental laboratory had duplicated his temporaries in porcelain in every way. At the placement visit, he was so relaxed that he did not need medications to calm his fears, since he says, the staff had done that for him.

See for yourself, give us a call — you won’t be disappointed. What Louis Prima sings is absolutely on point — “When you’re smiling, the whole world smiles with you.” It’s true. ■
The Lord’s Place named to best workplace list

An organization that helps break the cycle of homelessness has been named a great place to work.

The Lord’s Place recently was named one of Florida’s Best Companies To Work For. The Lord’s Place ranked ninth in the list of the 32 mid-sized companies receiving the honor, with 50 to 249 employees. This is the fifth consecutive year that The Lord’s Place has received this designation.

The annual Best Companies list is featured in the August issue of Florida Trend magazine. One hundred companies are ranked in small, medium and large employer categories.

“We are pleased to once again be recognized by Florida Trend as one of the best companies to work for in Florida,” The Lord’s Place CEO Diana Stanley said in a statement. “It is a recognition of our company’s culture to demonstrate to our employees their great value as they work to help some of the most vulnerable members of our community. This work brings with it unique stressors as well as rewards. We are diligent in our efforts to make sure our team members know they are appreciated and are critical to the success of our work.”

To participate in the award program, companies or government entities had to employ at least 15 workers in Florida and have been in operation at least one year. Companies that chose to participate underwent an evaluation of their workplace policies, practices, philosophy, systems and demographics. The process also included a survey to measure employee satisfaction. The combined scores determined the top companies and the final ranking.

“Employers we speak with talk a lot about how workplaces are changing and how young employees’ expectations are changing. For the Best Companies issue this year, we spoke with new hires and got their perspectives on what attracted them to the companies where they now work and what they now like best about their workplaces. One key concern that young workers talk about is whether the company seems to care about more than their academic record and technical qualifications,” Executive Editor Mark Howard said in a statement.

SEE WORKPLACE, A19

RATES UP, REFIS DOWN

“Typically, people are looking for a decrease in their rate from a quarter of a point or a half a point to make it worth the cost of refinancing.”

— Mike Fratantoni, chief economist with the Mortgage Bankers Association

Fewer people refinance homes as interest rates pick up

By Evan Williams

The amount of home refinance loans in the U.S. is projected to be less than half what it was just two years ago because interest rates have ticked back up past the all-time lows they reached after the Great Recession, the Mortgage Bankers Association reports.

In 2016, lenders approved about $1 trillion worth of home refinancing loans in the U.S. That dropped by 40 percent in 2017 to $600 billion and is expected to fall to $460 billion by the end of this year. The forecast is based on Freddie Mac’s 30-year fixed rate for home purchases.

SEE REFIS, A19

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SEE WORKPLACE, A19
a decrease in their rate from a quarter of a point or a half a point to make it worth the cost of refinancing,” said Mike Fratantoni, chief economist with the Washington D.C.-based industry group. “We’re in a situation where about 80 percent of homeowners no longer have that incentive.”

Fewer people are refinancing now primarily because they already did or they bought their home during that period of unprecedented low rates. But while refinance loans as a whole have gone down, new or “purchase money” mortgages have somehow ticked up.

“The majority of people that have owned their homes for a while already refinanced a few years ago,” said Kim Nyberg, president and owner of Naples-based Southwest Flor- ida Mortgage Solutions, is seeing the same trend in Collier County.

“Right now, it’s about an 80 percent purchase market and the reason being is rates have gone up, so people are not refinancing unless they need to pull cash out from the equity of their property,” she said. “Or maybe they want to buy another property, and they want to pull the cash out and purchase that property on a cash transaction.”

Lenders knew interest rates would have to go back up eventually. Part of the reason refinance loan market shrunk so much is not just that rates were at all-time lows, but that they remained that way for so long.

The average interest rate for a 30-year fixed-rate mortgage fell from more than 6 percent in 2007 to 4.45 percent in 2011. It reached an all-time annual average low of 3.65 percent in 2016. In July the rate rose to 4.53 percent, Freddie Mac reports.

“Even really back as far as 2011 we saw rates dipping below 5 percent and then they just kept falling,” said Greg McBride, West Palm Beach-based chief financial analyst for Bankrate.com, which provides financial analysis and comparison services. “A good part of the last six years was below 4 percent. What happened was anyone who bought a home during that time got a really great rate, certainly lower than the one that’s out here today, and anybody who had a higher rate was able to refinance as rates dropped.”

Ms. McDougall pointed out that while the refinance business has started to lag, those higher rates may also signal a healthier economy.

“Because the economy is doing so well, rates have gone up,” she said. “It was predicted that would happen as the economy recovered. My philosophy is with the new (presidential) administration it has begun to recover and rates have gone up. So we’re definitely in a purchase market right now.”

Mortgage Bankers Association chief economist Mr. Fratantoni reflected that opinion.

“The increase in mortgage and inter-
est rates more broadly is reflecting the strong economic growth we’re experi-
encing so that’s positive,” he said, with the Federal Reserve increasing rates because of a stronger job market and lower unemployment.

Interest rates are still historically low even though they’re rising, he said, which makes some types of refinancing attractive.

“In our area, if someone’s refinanc-
ing it’s usually one of two reasons,” said Connie Ritchhart, senior vice pres-
ident of residential lending with Charl-
lotte State Bank & Trust in Charlotte County. “They have an adjustable-rate (loan). Or they want to do a bill consolidation.

“Most people, they refinanced when the rates all went down, so now the rates have increased so there’s no rea-
sion for them to refinance unless they’re doing it for a specific reason.”

Adjustable-rate loans include home equity lines of credit that can be combined with a mortgage to achieve a lower interest rate.

“I’m still doing my share of refinance-
ces, because people have a home equity line of credit whose rates are increas-
ing,” said Jeff Brown, a Fort Myers-based mortgage loan origi-
nator with Synovus Mortgage Corpo-
ration. “They want to take that home equity line of credit, combine it with their mortgage, and have one fixed rate.”

People may also look at refinancing for other reasons besides just locking in a lower interest rate, as well, such as shortening the term of their loan or because they used to have bad credit but their situation has improved.

But refinancing a mortgage loan comes with closing costs to the home-
owner as well. It’s a personal calcula-
tion.

“I think the biggest take-away when considering a refinance is to have a mortgage loan originator analyze the numbers with a client individually to determine if a refinance is best,” Mr. Brown said.

For Eric Lynch, a Fort Myers-based loan officer with First Florida Financial Group and president of the Southwest Chapter of the Florida Association of Mortgage Professionals, debt consoli-
dation is the top reason why clients refinance. That’s become more popular, he said, as home prices also continue to rise and people have more equity in their home. They are able to combine other loans with a mortgage.

“People will also do cars and student loans, you name it,” he said. “It just boils down to how much money you’re saving in a month.”

Debt consolidation and cash-out refinancing, which are typically also when interest rates are rela-
tively low, may bid well for retailers, Bankrate’s chief financial analyst Mr. McBride pointed out.

“Home Depot and Lowe’s love that,” he said. “If people are paying off other debt they’re freeing up room in the household budget so they’ve got more discretionary income.”

The average interest rate for a 30-year fixed-rate mortgage fell from more than 6 percent in 2007 to 4.45 percent in 2011. It reached an all-time annual average low of 3.65 percent in 2016. In July the rate rose to 4.53 percent, Freddie Mac reports.
EARL ON CARS

Red flags to watch for when buying a car

Test-driving the car you are considering buying can be a good thing. It will give you a lot better idea about how the car performs, etc. However, there are two reasons the car salesman offers this. One is that you must leave the vehicle you might be trading in with the car dealer. This means that you cannot shop prices with other dealers. The second reason is the psychological impact of parking that new car in your driveway where your family and neighbors can see it. The slang expression for this is “the puppy dog.” If you were to take home a little puppy from the pet store, you and your children would fall in love with her and could not return her the next day. You must give me a deposit before I can give you a price.

This must be one of the most insulting ways that some car salesmen have of intimidating a prospective buyer. It’s not unethical. It’s simply part of negotiating. I point this out so that you are fully aware this is part of the negotiating game. Be aware, that no matter what price you offer, the manager will ask you for more money. Even if you mistakenly offered a high price that would be a very large profit for the dealer, the manager would ask you for more money. The psychology behind this is that if you suddenly accepted the offer, you may frugish the customer by thinking he had offered too much (which he would have). When you negotiate, you must be well versed on what is a good price for that car. Start out below the best price you think you can buy it for. If you cannot negotiate a price close to your best price, get up and start over again the process with another car dealer.

The “really big discount” is a tactic that is used most likely to seek me direct mail advertising piece from a new car dealer with a computerized system that is being used on any car in his inventory. This is very common for online and TV buys, too. Federal law requires new cars to have a price sticker on the window named the Monroney label. A discount from this suggested retail price gives you a fair basis for comparison. Unfortunately, it doesn’t matter whether the motive is real or not. The fact is that most car dealers do not sell their cars for less during so-called “sales events” than they do at any other time. I point this out so that you don’t rush your buying decision. If you don’t buy a car during the tight time constraints of a phony sales event, you can negotiate just as good a price, if not better, the next day. The exceptions to this are legitimate rebates offered by the manufacturer. These often expire at the end of the month, which is one reason why the “last day of the month” really can be the best time to buy a car.

“The price I’m giving you is only good for today.”

If a salesman or sales manager tells you that, it is only a tactic to push you into buying the car. The only exception would be the expiration of a factory rebate. Once again, this is simply a tactic to push you into buying before you have a chance to do some shopping around and come back with your own price. Ask the salesman to take the car home today and see how you like it.

BEHIND THE WHEEL

Long live the hot hatch king

Regardless of the amenities, what makes a proper GTI is its grand tradition of offering a magical mix of speed and suspension. It starts with the 220 horse power 2.0-liter turbocharged motor. This is an impressive piece of machinery and the power delivery is linear. It creates a feeling of traction, where throttling through a gap in traffic can be accomplished with a confidently steady right foot and a single downshift.

The suspension feels like it has spent more time in finishing school than its competitors. It has the ability of a small economy car in the city, and the ride quality doesn’t feel as harsh as a sports car. When the road opens up, it has a mystic ability to stay sharp, tight and predictable through the corners.

Volkswagen has nearly perfected the front-wheel drive sports car with a front differential that virtually eliminates torque steer. The mid-level SE adds an upgraded differential that actively helps improve cornering. The Autobahn edition also includes a suspension with adaptive dampers. This helps make the GTI a sharper tool for carving roads, so there are some measurable benefits for paying for the upgrades. Still, the standard GTI is already quite a well-balanced machine.

By maturing with its fans and never leaving any new ones behind, the Golf GTI has carved out a name for itself and the best market for all the hot hatchs that came after it. This car could have been sold on its nostalgia alone, but instead, VW has made the right investments so that no one can knock the king off his throne.
THE EXTRA MILE

How to be the ‘Nordstrom’s of auto service’

BY MARY THURWACHER

New to the distinguished group of neuroscientists at Max Planck Florida Institute for Neuroscience is Yingxue Wang, Ph.D, a research group leader whose team will study the neuronal mechanisms of memory.

“Through my research, I hope to uncover how the brain encodes episodic memory, a unique type of memory responsible for processing and storing novel events that we experience in our day to day lives,” Dr. Wang said. “In order to parse out how this type of memory works, I will explore the neural circuitry underlying this process, a specialized part of the brain that is involved in the formation and retention of episodic memory.”

The Wang Lab will integrate cutting-edge genetic, imaging and electrophysiological approaches with advanced computer modeling to reveal the mechanisms by which memories are formed and stored.

In particular, her lab will take a deep dives on silicon chips to mimic biological systems on silicon chips to mimic biological

Yingxue Wang came to Max Planck in February. Important to her because of her technically background. “Because I’m interested in designing machines,” Dr. Wang said. “The best way to design something is to learn from the best. A human brain is one of the best machines ever viewed.” Dr. Wang hopes to use the knowledge gained from her research to design computational systems that emulate the brain’s ability to adapt and to store and retrieve memories. During my post-doc training at Janelia Research Campus, a special part of the brain that is involved in the formation and retention of episodic memory.

We believe this procedure actively helps them to remember where they are going to find something. A way to make their memory better and more efficient while they are on the road, particularly when they are traveling long distances.

“Memory allows you to link from one event to another. That’s fundamentally why this is a giant storage file of memories on which we depend,” Dr. Wang said. “In order to parse out how this type of memory works, I will explore the neural circuitry underlying this process, a specialized part of the brain that is involved in the formation and retention of episodic memory.”

The Wang Lab will integrate cutting-edge genetic, imaging and electrophysiological approaches with advanced computer modeling to reveal the mechanisms by which memories are formed and stored.

In particular, her lab will take a deep dive into silicon chips to mimic biological systems. “I was able to isolate the cell populations that are associated with the internally stored memories from those directly triggered by the information received from the external world.”

To learn more about the Max Planck Florida Institute for Neuroscience, and the research done in the Wang Lab, visit www.maxplanckflorida.org.

Yingxue Wang  Where you grew up: Beijing, China Where you are now: Jupiter, Florida  Hobbies: Hiking, electrical engineering, Royal Institute of Technology (KTH), Sweden; Ph.D in Electrical Engineering, Swiss Federal Institute of Technology Zurich (ETHZ), Switzerland.


Your first job and what it taught you: I worked as a software engineer at Beijing Digital Equipment Co. Ltd. (Institute of Automation Chinese Academy of Sciences). There, I was involved in a project to develop a biometric recognition system. During this period of time I got interested in artificial intelligence.

What I’m most proud of during my Ph.D training, I designed computational systems on silicon chips to mimic biological circuits in the brain. These systems were among the first fully reconfigurable silicon circuit designs that incorporated electronic circuits of a network of neurons with dendrites and synapses. The goals of this work were to: 1) develop efficient computing systems with a brain-inspired design, and 2) to provide a real-time simulation tool for understanding how dendrites, single neurons as well as their networks perform computations. During my post-doc training at Janelia Research Campus, HHMI, I studied the activity of neurons in the hippocampus that represents memory traces, which are the physical patterns neurons use to encode memory. Through my work, I learned how to design and build circuits that mimic the activity patterns that are associated with the internally stored memories from those directly triggered by the information received from the external world.

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After playing in one of the longest days of tournament golf in the 118-year history of the United States Golf Association on Saturday, just two days later Alexa Pano of Lake Worth was named to the U.S. team for the 11th biennial Junior Ryder Cup matches, a captain’s pick by Allen Wronowski, past president of the PGA of America.

All this happened on a weekend in July when most of the golfing world was watching Tiger Woods trying to win a major championship for the first time in more than a decade — he didn’t — but instead saw Francesco Molinari become the first Italian ever to win one of professional golf’s four biggest tournaments, the British Open.

It was the 70th annual U.S. Girls Junior at Poppy Hills Golf Course in Pebble Beach, Calif.

In the semifinals, a match between two former Drive, Chip and Putt national champions, Pano, 14, beat medalist Lucy Li, 15, of Redwood Shores, Calif., 5-up, then lost to Yealimi Noh, 16, of Concord, Calif., 4 and 3 in the 36-hole finals.

There had been nearly 16 hours of fog delays during the week at Poppy Hills, including 30 minutes Saturday morning, and thick fog rolled in not long after the championship match ended. As a result, Ms. Pano played 31 holes the final day, No. 18.

A week earlier, Ms. Noh had won the Girls Junior PGA Championship in Lexington, Ky., with a record 24-under par 264. Ms. Pano was fourth, seven shots behind at 271.

“She played really solid the whole day,” Ms. Pano said of Ms. Noh. “She just killed it the whole week. I can’t really complain with even par or one under and losing.”

In the other semifinal Saturday morning, Ms. Li beat former Duke University-freshman Gina Kim, 18, of Chapel Hill, N.C., 3 and 2.

The Junior Ryder Cup between girls and boys teams from the U.S. and Europe is scheduled Sept. 24-25 at Disney’s Animal Kingdom; Ms. Li and Ms. Noh are also on the U.S. squad.

The “big boys” Ryder Cup follows Sept. 28-30 at Le Golf National in Paris.

FSGA: Remember this name, Gabriel Lench of Lake Worth, who when he played as a State Amateur is played next June at Innisbrook Resort in Palm Harbor.

At the State Amateur, Mr. Lench beat Marc Dull of Winter Haven, the FSGA Player of the Year in 2017, with par-4 on the second extra hole after they tied at 285 at the Concession Club in Bradenton.

The low Palm Beacher was Andrew Alferi II, 208, to 210.

Sharing low pro and tied for third overall at 211 were Matt Cote of Palm Harbor and Mickey DeMorat of Melbourne.

The Palm Beach delegation was led by Conner Richardson of West Palm Beach, tied for 10th overall with 215. Carlos Marrero of Delray Beach and the University of West Florida shot 208 to win the State Public Links at Southern Dunes in Haines City.

A stroke back in second on 212 was Ricky Hendler, representing Florida Atlantic University and a resident of Holmes Beach in Manatee County.

In the Southern Four-Ball at Jaka-randa GC in Plantation, two local teams tied for second at 131: Daniel Eggertson, The Acerra, and Ben Adelberg, Delray Beach, with Scott Turner and Greg Forest of Stuart. Winning with 130 were Plantation’s Scott Kennedy and Ben Finley.

FWSGA: Haydyn Gibson of Clearwater scored 67 the final round for 210 and a six-stroke victory in the 24th annual Stroke Play Championship at Ritz Carlton GC in Orlando. Tara joy Connelly of North Palm Beach tied for third at 212, one shot behind the 216 by runnerup Lauren Clark of Orlando. Connelly’s card read 71-71-70.

PGA of America news of Palm Beach County members:

New Members — Zachary Brown and Shane Henrion, Boca Raton Polo Club; Chad Call and Tyler Smith, Everglades Club; Brett Graf and Dominic Smith, Atlantis GC; Garrett Bernhardt, PGA HQ; Kevin Johnson, Palm Beach Gardens; Austin Rentz, Old Marsh GC; Jared Shaw, Delray Dunes CC; Andrew Stenger, Fountains CC; Fredric Stone, Boca Raton; and Travis Worthington, The Club @ Iris.

Quarter Century Club — David Duncan, Palm Beach Gardens; Jay Himeberger, Lake Worth; Brian Hughes, Keiser University of Golf; Christopher Kaufman, Balleniles CC; Chris Napi eralski, Eastpointe CC; Kellie Stenzel, Palm Beach CC; and Dennis Walters, Jupiter.

Certified Professionals — Michael Bove, Boca West Club, golf operations; Luke Frazier, Wellington, player developer; Michael Valicenti, Jonathan’s Landing GC, Jupiter, teaching and coaching.

College coaching changes — Men: Evan Smith, St. Andrews (men and women); Brennan Webb, head coach, and Bo Andrews, assistant, Tennessee; Women: Katie Hutchens, Emory.
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Jeff Beck is touring with Paul Rodgers and Ann Wilson of Heart. They stop Aug. 25 at Coral Sky Amphitheatre.

Jeff Beck started his career in the UK in the mid- to late 1960s.

Marinelle Day offers a lesson in ecology

Florida Weekly Staff

Yes, we typically visit The Gardens Mall to shop. But careful: You might just learn something at this year’s Marinelle Day.

For the sixth year in a row, Loggerhead Marinelle Center will partner with The Gardens Mall to provide turtle lovers with an interactive afternoon at Marinelle Day on Saturday, Aug. 18. The free exhibition, which takes place from 11 a.m. to 4 p.m. in the Grand Court of The Gardens Mall, will highlight sea turtles and ocean conservation. This year’s theme is #PlasticFreeWithLMC, which will emphasize the importance of reducing single-use plastics from our everyday routines.

Marinelle Day is designed for the entire family. There will be a special appearance by LMC’s mascot, Fletch, ocean-themed activities and exhibits that highlight the conservation, rehabilitation and research work carried out at Loggerhead Marinelle Center, plus chances to win prizes. Youngsters also can enjoy Marinelle, 87 ➤

THE GUITARIST’S GUITARIST

Fifty years into a fabled career, Jeff Beck shows no signs of slowing down

I n the annals of rock ’n’ roll history, Jeff Beck will always be considered part of the Big Three of highly influential guitarists that came out of the UK in the mid- to late-1960s. Like the other two, Eric Clapton and Jimmy Page, Beck served time in The Y ardbirds. But unlike the other two, Mr. Beck has spent the past five-plus de
cades charting a career course that’s found him traveling down broader musical byways that has made it far more difficult to pin him down musically.

And he wouldn’t have it any other way. This supremely talented instrumentalist, who is considered a “guitarist’s guitarist” has

See Beck, 87 ➤

Photo Centre show highlights members’ work

By Janis Fontaine
janews@floridaweekly.com

One of the most anticipated annual art shows is the Palm Beach Photographic Centre’s annual Members Show. This juried exhibition, in its 22nd year, features the work of mem-
ber photographers, both amateur and professional, from around the world. In the mix, visitors will find contribu-
tions by four Palm Beach shutterbugs: Jacqueline Asplundh, Beth Karson, Sandi Pfeifer and Anita Seltzer.

A free opening reception takes place from 6 to 8 p.m. Aug. 24. The win-
ers will be announced for the Best of Show cash prize of $950 and two Merit Awards, good for free tuition for a FOTOfusion Passport or a Master Workshop. The show officially opens Aug. 25 and will be on display through Oct. 27.

The juror for this show was photo-
journalist Scott McKiernan, known for his leadership of the ZUMA Press companies, including its wire service for editorial photos. In 2016, Mr. McKi-
ernan received the Jim Gordon Award from the NPPA for Editor of the Year.

Also on display are the photographs taken by this summer’s FOTOcamp participants. This exhibition by tal-
tented kids age 10 to 17 is a popular glimpse into tomorrow’s vision. During the reception, they’ll announce the FOTOcamp Student of the Year who will receive an SLR camera.

The Photo Centre is in the City Cen-
tre municipal complex at 415 Clematis St. in downtown West Palm Beach. For more information, visit www.workshop.org or call 561-253-2600.

A new shopping opportunity

As if Clematis by Night weren’t enough fun, the organizers have add-
ed the new Antique and Flea Mar-
ket at Clematis by Night, open 6-10
p.m. Thursdays in August and 6-9
p.m. Thursdays in September and be-
yond. The market will be set up un-
der the trellises along South Clematis
Street, and will feature antiques and
 crafts, including jewelry, clothes and
 decorative items. For more informa-
tion, visit www.wpb.org/events.

Summer Opera Nights returns

If you missed the Palm Beach Op-
era’s first Summer Opera Nights, you’ve got another chance to enjoy a family friendly evening of live opera,
There’s always something to be said for choosing the best you can buy

My grandparents’ neighbors thought they were so lucky. They had bought nice antiques in the 1930s and ’40s, kept them for a half-century, then sold everything for more than was paid for it 50 years before when they downsized from their Fort Myers home to a villa at Sun City Center, the retirement community in the Tampa Bay area.

And you know what? Their neighbors, Edith and Huntley Casey, were lucky. But they were lucky in part because they had chosen well to begin with. All the pieces the Caseys had, from an 1820s Federal-style cherry hutch to a 1930s and ’40s. It dates from the 1920s and is all about something being rare. It was made by one of the largest Vaseline glass makers of the period, and it reminds me to examine objects in proper lighting that will highlight any damage and to light any damage and to cut — after all, there is only so much room, and room for more and better.

That brings me back to the Caseys. They always chose well. I’ve thought a lot about them as I have been doing some judicious pruning of my own, weeding out treasures that no longer interest me or no longer justify their space in my collection, often wishing I had been more judicious in my purchases. Some objects, like one of the largest Vaseline glass vases I’ve ever seen, will make the cut.

Others, like the fabulous Parian figure I since discovered has multiple repairs, probably will not make the cut — after all, there is only so much room, and it is damaged goods. Still, I’ve had much enjoyment from the piece, and it reminds me to examine objects in proper lighting that will highlight any damage and to remember that there often is a reason why that piece is still sitting in a shop at a ridiculously low price.

THE FIND:

A Vaseline glass vase

Bought: West Palm Beach Antiques Festival, South Florida Fairgrounds. Next show is Aug. 31–Sept. 2.

Paid: $25

The Skinny: So-called Vaseline, or uranium, glass glows when placed under a blacklight. This piece transports me back to my childhood, where each antiques show had at least one dealer who displayed the glass under a blacklight, so customers could see it eerily glowing from his or her booth. This 15-inch vase has a glow all its own, from its thick, pressed base to its outstretched rim. It was made by one of the Ohio or West Virginia glass companies in the 1920s or ’30s — my money is on Tiffin or Cambridge, though even the Depression glass experts aren’t sure. Its green color is bright and light-grabbing, and it’s one of the largest pieces of the genre I’ve ever seen.

In collecting, value often is all about something being the largest, the smallest or the rarest. I’ve never seen another piece quite like it, and that earns it a spot in my collection.
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**At the Colony**


**Cleopatra Jones** — 5:30-9:30 p.m. Sunday, Wednesday, Friday and Saturday in the restaurant.

**Jenny Zini** — 5:30-9:30 p.m. Monday and Thursday in the restaurant

**Jazz Trio** — 5:30-9:30 p.m. Tuesday in the restaurant.

**Motown Fridays** — 9:30 p.m. to 12:30 a.m. Royal Room

**Live Jazz Brunch** — 11 a.m.-3 p.m. Sunday.

**Coral Sky Amphitheatre, 6017 Sans- s缤e on the Beach, West Palm Beach. 561-705-8883; www.westpalmbeachamphitheatre.com or www.livenation.com.

**Wiz Khalifa & Rae Sremmurd**

**Lindsey Stirling & Evince- cence** — Aug. 18.

**Jeff Beck, Paul Rodgers & Ann Wilson** — Aug. 25

**Easy Living Band from 12:30-5:30 p.m.**

**Gregg Allman** — 8 p.m. Sept. 1.

**AT THE IMPROV**

Palm Beach Improv at CityPlace, 550 S. Rosemary Ave., Suite 250, West Palm Beach. Info: 561-833-4812; www.palmbeachimprov.com

**Steve Trevino** — Aug. 16-18

**Tom Segura** — Aug. 24-26

**AT THE PARKBALL**

Roger Dean Chevrolet Stadium, 4751 Matheson Hammocks Blvd., North Bay Village. 561-795-8888; www.rog- erdeanchevroletstadium.com

**The Jupiter Hammerheads and the Palm Beach Cardinals** are lighting up the diamond with fast-paced baseball action through Sept. 2. Special promotion nights:

**Pizza-Palooza** — Aug. 16. For just $20, fans get a game ticket in a suite filled with all-you-can-eat pizza, plus pizza from numerous pizzerias will be offered throughout the Jupiter and Palm Beach area.

**Evan Cohen Bobblehead Night and Dog Days of Summer** — Aug. 25. Get a bobblehead with the purchase of any game ticket. Proceeds benefit Duffy’s Foundation. Plus, it’s dog days of summer so Fido can come too. Fido is $5 which benefits local pet charities.

Tire America Day — Aug. 30. Fun for the whole family including bounce houses and post-game fireworks and the Zooperstars, a hilarious inflatable show.

**ONGOING**

**American German Club of the Palm Beaches** — 311 Lantana Road, Lake Worth, www.americanger- manclub.com or 561-967-6446, Ext. 2.


**Masskrugstemen Champi- onship** — 6 p.m. Aug. 18. This year’s champion will win a trip to NYC to represent the American German Club at German-American Day in Central Park.

**Monthly German Beerfest!** — Noon Aug. 19. $20 all-inclusive. Lunch served 11 a.m.-1 p.m. by the Easy Living Band from 12:30-5:30 p.m. Lawn games.
The Armory Art Center — 1700 Parker Ave., West Palm Beach. 561-832-1776; www.armoryart.org.

Connections Jewelry and Ceramics: Through Aug. 17. Featured student and instructor work by Maria Tritioco and Lisa Johnson, jewelry instructors and their students and Mark Walney, ceramics. The Burt Reynolds Institute for Film and Theatre — Village Shops of North Palm Beach, 133 U.S. 1, Suite 115, North Palm Beach. Regularly scheduled classes are $30 per week or $800 per month. 561-943-9955; www.burtreynoldsinstitute.org.

Classes offered:
- Intermediate Acting for age 8 and older
- Junior Acting and Improv for age 8 and older
- Fundamentals of Acting
- Improvisation Plus for adults
- Creative Writing for serious writers

Specialty classes such as the On-Camera Workshop, Monologue Techniques and Teleprompter. Proficiency are available on a rotating basis.


CreativeMornings Palm Beach’s August Gathering — 8:30-10 a.m. Aug. 17 at the Culture Lab, 257 South Rosemary Ave. A presentation on community by senior vice president of Related Companies, Gopal Rajewala.

Wellness Wednesday: Fitness Hub — 6:30 – 7:30 p.m. Aug. 29. Fitness Hub will offer a Zumba or Body Combat class on the Square. Free.


Assembling: An Organisal-ly Grown Exhibition: Noon to 6 p.m. Thursday through Sunday.

$5 Ticket Tuesdays at AMC Theaters CityPlace — AMC staff members (it’s free to join) entitle you to $5 tickets on Tuesdays. With the $5 Cameo Combo get a savory popcorn and Coca-Cola, it’s a cheap date day or night at $10.

Walking Art Tour — 2-5 p.m. Saturday. Explore the art installations and murals created by artists from around the globe on this 90-minute guided walk tour. The tour ends with refreshments and appetizers at Hilton West Palm Beach. Tickets at eventbrite.com.

Feeding South Florida Food Drive — Through Sept. 30. Donate three non-perishable food items at Guest Services and get four hours free parking in one of the CityPlace garages.

Live music: 7:30 – 10:30 p.m. Friday and Saturday.

Aug. 17: Southern Sounds — Billy Craver and Emily Brooke

Aug. 18: Clement Aubrey

Aug. 24: Khemistry

Aug. 25: Lauren Echo


End of Summer Bash — 11 a.m.-2 p.m. Aug. 18. Games, music, stilts, walkers, jugglers, carnival treats. Free admission with a school supply donation to the Education Foundation of Palm Beach County.

Summer concerts: 7-9 p.m. Free.

Aug. 17: Zendatta: The Police

Aug. 24: Tres Hombres: Zz Top

Aug. 31: Ijadef: Aerosmith


Okeechobee Park Walk — 7:30 a.m. Aug. 18. 7500 Forest Hill Blvd, West Palm Beach. Meet at the bike path to walk along nature trails new park lot 7:30 a.m. Contact: Bruce Brown, 772-333-1807 Public/Leisure.

Hike on the Apoxee Wilderness Trail — 7:30 a.m. Aug. 25. 3825 North Jog Road, West Palm Beach. A strenuous 9-12 mile hike. Joe at 561-659-1954.

Frenchman’s Forest Stroll — 7:20 a.m. Aug. 26. 12201 Prosperity Farms Road, Palm Beach Gardens. An hour-long walk on shady trails. 561-586-0486.


Introduction to Surfing — 1-3 p.m. Aug. 25. A ranger-led course for adults and age 12-17, with an adult. Reservations required. 561-624-6952.

The Lighthouse ArtCenter — Gallery Square North, 273 Tequesta Drive, Tequesta. Hours: 10 a.m.-4 p.m. Monday-Friday and 10 a.m.-2 p.m. Saturday. Admission is $8 Monday-Friday and free the first Saturday of the month and for members and exhibiting artists. Info: 561-746-3101; www.lighthousearts.org.

North Palm Beach Library — 303 Anchorage Drive, North Palm Beach. 561-841-3383; www.village-npb.org.

Ongoing: Knit & Crochet at 1 p.m. Tuesday. Quilters meet 9 a.m. Friday. Chess group meets at 9 a.m. the first and third Saturday.

The Palm Beach Photographic Centre — 45 Clematis St., West Palm Beach. Info: 561-253-2600; www.workshop.org.

The 22nd Annual Members’ Juried Exhibition 2018 — Aug. 24-Oct. 27. The exhibition, which is open to photographers worldwide, both amateur and professional, encourages experimental and mixed techniques. 561-253-2600;

The Palm Beach Zoo & Conservation Society — 1001 Summit Blvd., West Palm Beach. Hours: 9 a.m.-5 p.m. every day. Tickets: $18.95 adults; $16.95 seniors, $12.95 age 3-12, free for younger than age 5. Info: 561-533-1087; www.palmbeachzoo.org.


Yesteryear Village, A Living History Park — Learn what life was like in South Florida before 1940. “Town residents” will share their stories. Hours are 10 a.m. and 4 p.m. Thursday through Saturday. Tickets: $10 adults, $7 seniors age 60 and older, $7 children age 5-11, and free for younger than age 5. Info: 561-793-310 or 793-0333.


The South Florida Science Center and Aquarium — 4801 Dreher Park Road, West Palm Beach. Hours: 9 a.m.-5 p.m. Monday-Friday, 10 a.m.-6 p.m. Saturday and Sunday. Info: 561-832-1988; www.sffsciencecenter.org.


Palm Beach Gardens Summer GreenMarket — Through Sept. 30, at its breezy, undercover summer location at STORE Self Storage and Wine Storage, 11010 N. Military Trail in Palm Beach Gardens. Hours: 9 a.m.-4 p.m. Sundays. No pets. 561-630-1100; pbggreen.com/greenmarket.

Waterfront Market at Harbour-side Place — 10 a.m.-3 p.m. Sundays along the waterfront. Pet friendly. harbourisdeplace.com.
Florida Weekly welcomes submissions for the Society pages from charity galas and fundraising events, club meetings and other to-dos around town.

We need 300-dpi photographs of groups of two or more people, facing the camera and identified by first and last names. Questions? Email society@floridaweekly.com.

Venus Williams unveils Roger Dean Chevrolet Stadium skyboxes

1. Judah Lang, Kristen Lang, Arianna Lang and Chad Lang
2. Kevin Mikolas, Scott Haarbaueu and Nathan Mikolas
3. Ava Seymour, Venus Williams, Christina Glicka and Cadence Timm
4. Cali Walton, Kat Walton and Cole Walton
5. Vicki Brackett, George Estornell, Alyssa Estornell, Garrett Hayward, Hannah Hayward, Makena Estornell, Marnie Estornell and Noah Clark
6. Daniel Halloran, Michelle Halloran and Mark Halloran
7. Ribbon Cutting with North Palm Beach Chamber of Commerce
8. David Norris, Wendy Norris and Dave Markarian
9. Dilma Bennett, Alicia Malka Summers and Jasmine Edwards
10. Andrew Seymour and Sarah Campbell
11. Nicole Fernandez, Venus Williams and Stephanie Fernandez
12. Marionne Lefurge and Howard Lefurge
13. Roger Dean Staff, NPB Chamber, Venus Williams and Sonya Jeffry

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seen his schedule ramp up considerably in the past two years. In 2017, Mr. Beck released “Live at the Hollywood Bowl,” which chronicles his 2016 performance at the storied venue that commemorated 50 years of his musical career. “I was really touching for me, too, when I saw it. I wondered where the money went to get there.” Beck relates. “I was coming out of the garage.” He said. “I go over there and — what an incredible diverse shows with Paul and Ann Wilson (as well as playing a few of their own songs).” Beck said, “I was told if you, without the arm swing.”

Another favorite anecdote focused on Beck’s return to play live, having been out of commission for a year of agony. I couldn’t put a t-shirt on, but it was a year of agony. I couldn’t put a t-shirt on. It was over in a day, but it was a year of agony. I couldn’t put a t-shirt on. It was over in a day, but it was a year of agony. I couldn’t put a t-shirt on. It was over in a day, but it was a year of agony. I couldn’t put a t-shirt on. It was over in a day, but it was a year of agony. I couldn’t put a t-shirt on. It was over in a day, but it was a year of agony. I couldn’t put a t-shirt on. It was over in a day, but it was a year of agony. I couldn’t put a t-shirt on. It was over in a day, but it was a year of agony. I couldn’t put a t-shirt on. It was over in a day, but it was a year of agony. I couldn’t put a t-shirt on. It was over in a day, but it was a year of agony. I couldn’t put a t-shirt on. It was over in a day, but it was a year of agony. I couldn’t put a t-shirt on. It was over in a day, but it was a year of agony. I couldn’t put a t-shirt on. It was over in a day, but it was a year of agony. I couldn’t put a t-shirt on. It was over in a day, but it was a year of agony. I couldn’t put a t-shirt on. It was over in a day, but it was a year of agony. I couldn’t put a t-shirt on. It was over in a day, but it was a year of agony. I couldn’t put a t-shirt on. It was over in a day, but it was a year of agony. I couldn’t put a t-shirt on. It was over in a day, but it was a year of agony. I couldn’t put a t-shirt on. It was over in a day, but it was a year of agony. I couldn’t put a t-shirt on. It was over in a day, but it was a year of agony. I couldn’t put a t-shirt on. It was over in a day, but it was a year of agony. I couldn’t put a t-shirt on. It was over in a day, but it was a year of agony. I couldn’t put a t-shirt on. It was over in a day, but it was a year of agony. I couldn’t put a t-shirt on. It was over in a day, but it was a year of agony. I couldn’t put a t-shirt on. It was over in a day, but it was a year of agony. I couldn’t put a t-shirt on. It was over in a day, but it was a year of agony. I couldn’t put a t-shirt on. It was over in a day, but it was a year of agony. I couldn’t put a t-shirt on. It was over in a day, but it was a year of agony. I couldn’t put a t-shirt on. It was over in a day, but it was a year of agony. I couldn’t put a t-shirt on. It was over in a day, but it was a year of agony. I couldn’t put a t-shirt on. It was over in a day, but it was a year of agony. I couldn’t put a t-shirt on. It was over in a day, but it was a year of agony. I couldn’t put a t-shirt on. It was over in a day, but it was a year of agony. I couldn’t put a t-shirt on. It was over in a day, but it was a year of agony. I couldn’t put a t-shirt on. It was over in a day, but it was a year of agony. I couldn’t put a t-shirt on. It was over in a day, but it was a year of agony. I couldn’t put a t-shirt on. It was over in a day, but it was a year of agony. I couldn’t put a t-shirt on. It was over in a day, but it was a year of agony. I couldn’t put a t-shirt on. It was over in a day, but it was a year of agony. I couldn’t put a t-shirt on. It was over in a day, but it was a year of agony. I couldn’t put a t-shirt on. It was over in a day, but it was a year of agony. I couldn’t put a t-shirt on.

More info is available at www.the gardensmall.com/events/loggerhead-marinelife-day.
Is it worth $10? Yes

On its own, “BlackKklansman” is nicely acted, dramatically engaging and visually interesting. It’s a good movie. This review is on the basis of those reasons, though it is clear director Spike Lee is aiming for far more profound (i.e., anti-right) social commentary, and he no doubt alienates half of the potential audience as a result.

Many movies are intended as escapism; “BlackKklansman” is the exact opposite. Set in the early ’70s, it follows a police officer in Colorado Springs named Ron Stallworth (John David Washington, Denzel’s son). Trying to prove himself as a detective, he calls the phone number included in a newspaper recruiting ad for the Klu Klux Klan. He’s convincing. They like him. They want him. He’s African-American.

The ruse begins: Ron and his Jewish colleague, Flip Zimmerman (Adams Driver),假冒 Ron KKK. Ron handles the phone calls, Flip appears in person. Their sergeant (Ken Garito) and chief (Robert John Burke) agree to the investigation in the hope of exposing potential crimes before they happen. The basic premise is that in the late ’60s and ’70s, while the Supreme Court was in a suspense flip hanging with the KKK, hoping they don’t find out he’s not who says they are and hoping they don’t find out he’s Jewish.

The KKK guys aren’t dumb caricatures, which is important: If they were, there would never be a sense of danger in this cautionary doc that raises more questions than it answers. Historically, movies have had the power to sway social belief, at least to some extent, but rarely has society been this politically polarized. And when there’s such a stalemate that one side doesn’t want to listen to the other, let alone believe anything the other is saying, it’s a stretch to assert that seeing “BlackKklansman” will have an impact on politics. It may, but it’s more likely that it will not.

So what are we left with? A movie that is legitimately well made and acted, and tells a compelling story. Just don’t expect it to be an escape from anything. ★★★

CTO FILMS SPECIALS

FILM CAPSULES

Is it worth $10? Yes

Christopher Robin

(Ewan McGregor, Hayley Atwell, Bronte Carmichael) An adult Christopher Robin (McGregor) tries to keep his job, and family together, when his old friend Winnie the Pooh (voice of Lee Cummings) finds him in London in need of him. After a few missteps, impressively, but the story isn’t really for children, and it’s pretty dull. Rated PG.

Generation Wealth

(Lino Bob, Tiffany Masters, Florian Homm) Documentarian Lauren Greenfield examines society’s obsession with wealth, image and material possessions in a cautionary doc that raises more questions than it can answer. Still, it’s an intriguing watch for its naked honesty, especially from those who greatly desired wealth, had it, lost it, and now understand it didn’t make them happy. Rated R.

Mission: Impossible – Fallout

(Tom Cruise, Henry Cavill, Rebecca Ferguson) Ethan Hunt (Cruise) and his team booth a mission, then have to save the world to make up for their “failure.” The action is once again top notch, and the movie has more heart than you’re expecting. This is one of the best action franchises in movies today! Rated PG-13.

Special day at Roger Dean to benefit charities

Roger Dean Chevrolet Stadium and Lesser, Lesser, Landy & Smith plan “A Day at the Ballpark” on Saturday, Aug. 18, to proceed with the event despite losing its hiring local nonprofits Quantum House and the American Cancer Society.

Quantum House, on the grounds of St. Mary’s Medical Center, opened its doors in May 2001 to families in need of housing and care through difficult times. The house continues to be where “hope has a home” for more than 60 family members every year. Additionally, American Cancer Society has programs and services that help make cancer treatment and recovery possible, through the emotional support needed.

★★★★

Kiwanis Club plans football roast

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So what are we left with? A movie that is legitimately well made and acted, and tells a compelling story. Just don’t expect it to be an escape from anything.

The Kiwanis Club of Palm Beach Gardens will be holding its 28th annual College Football Road on Tuesday, Aug. 28, at the Palm Beach Gardens Marriott.

Paxon Boyd of ESPN West Palm 106.3 Radio will emcee what is billed as an evening of fun at the expense of the University of Miami, Florida State University, University of Florida, Florida Atlantic University, and University of Central Florida football programs. There also will be a complimentary cocktail, college sports memorabilia silent auction, live auction, raffle prizes and more.

“We are very excited this year’s ‘coasters’ are being sold for both the University of Miami (UM), Graham Elder (FSU), Andy Treadwell (UF), Ken LaVicka (FAU), and Erik Kohler (UCF),” event chair Skip Miller of GreenspoonMarder LLP said in a statement.

The fun kicks off at 5:30 p.m. with a tailgate party and games, followed by the Roast and a live auction.

Proceeds of the fundraiser support the community service projects of the Kiwanis Club of Palm Beach Gardens Foundation, including college scholarships for local high school graduates and youth programs, and other programs designed to improve the lives of children in the community.

Sponsorships are still available and individual tickets are $65 in advance and $70 at the door.

For more information about the 28th Annual Kiwanis Football Roast, to become a sponsor, or to purchase tickets, call Skip Miller at 561-838-4556 to become a sponsor, or to purchase tickets, call Skip Miller at 561-838-4556 or visit www KiwanisCollegeFootballRoast.com.

ArtGrass issues call for artists

The Palm Beach North Chamber of Commerce is now accepting artists’ applications online at zapplication.org for the 2019 ArtGrass Fine Arts Festival, scheduled for Feb. 16-18 in Jupiter.

Produced by the Palm Beach North Chamber of Commerce and presented at the Palm Beach Gardens Medical Center, ArtGrass will be celebrating its 34th anniversary.

The award-winning outdoor art festival showcases a juried exhibition of 100 fine artists from across the country. The three-day event also features interactive art exhibits, children’s activities, live music and demonstrations.

Artists’ applications are being accepted for jury selection in 13 fine art categories. Entries are reviewed by an expert panel of jurors for 270 fine art spaces.

In addition, the ArtGrass Fine Arts Festival offers the “Emerging Artist” category for local artists. This program offers selected developing artists mentoring services, professional booth photos, complimentary tent rental and a profile in the ArtGrass program.

Qualifications include artists who have never exhibited in a show and reside in the Palm Beach County area. Emerging Artist applicants should proceed in the same manner as professional artists and submit artwork online through Zapplication.

Deadline for artists to apply online for inclusion in ArtGrass is Wednes day, Sept. 12. Artists can email artist@artgrass.org, call 561-748-3942 or visit www.artgrass.org for more information.
BIRD-LOVING CELEBRITIES

LEO (July 23 to August 22) A shift in workplace management could be helpful for talented Leos and Leonas who have been waiting to have their accomplishments rewarded by receptive leadership.

VIRGO (August 23 to September 22) A misunderstanding between you and someone you care for should be corrected immediately. This relationship is too important to lose over a bruised ego.

LIBRA (September 23 to October 22) A welcome piece of good news helps clear the air in a family situation. A job-related incident also eases as more information provides a clearer focus on the problem.

SCORPIO (October 23 to November 21) Quick action to heal bruised feelings pays off in a big way. Now you’ll be able to move forward with your plans without that problem holding you back.

SAGITTARIUS (November 22 to December 21) Your creativity combined with a positive attitude should give you a considerable edge in finding a way to get around the negativity you’ve run into.

CAPRICORN (December 22 to January 19) That sudden streak of stubbornness could cause some problems. Try to be more open to helpful suggestions and more flexible in making needed changes.

AQUARIUS (January 20 to February 18) Now that that special relationship appears to be well and truly restored, you can spend more time dealing with those long-needed workplace changes.

PISCES (February 19 to March 20) A new opportunity sounds promising. But watch out for any conditions that might be attached. Before making a decision, ask that each one be explained in detail.

ARIES (March 21 to April 19) Your honesty might upset some people, but you inevitably win more admirers for having the courage to tell the truth when others are more likely to scramble for cover.

TAURUS (April 20 to May 20) Your efforts to defend your project begin to show favorable results. You should soon be able to win over even the most determined detractors who had lined up against it.

GEMINI (May 21 to June 20) You win praise for your selfless efforts in a very difficult situation. But be careful not to allow your generous nature to be exploited by those who have their own agenda.

CANCER (June 21 to July 22) A trusted colleague sheds light on a recent spate of puzzling workplace situations. This should give you the information you need to bring to your superior’s attention.

BORN THIS WEEK: You can be distracted by promises of good times, yet you ultimately reach the goals you set for yourself.

By Linda Thistle

HOROSCOPES

SUDOKU

Place a number in the empty boxes in such a way that each row, each column and each small 9-box square contains all of the numbers from one to nine.

By Linda Thistle

Flagler Museum receives bluegrass nomination

It was built as a glittery Gilded Age estate. But the Flagler Museum is receiving kudos for its downhome music program.

The International Bluegrass Music Association has selected the Flagler Museum’s Bluegrass in the Pavilion as one of the finalists for its Special Event of the Year Award. With five finalists nominated by members of the IBMA, the winner will be announced at the IBMA’s Special Awards ceremony in Raleigh, N.C., on Sept. 27.

The Flagler Museum has presented a bluegrass concert in the Flagler Kenan Pavilion for the past 13 years. Through the leadership of Board President George G. Matthews, the museum has been able to present such award-winning groups as Dailey & Vincent, Flatt Lonesome and Lonesome River Band, Balsam Range and The Grasscats, among others.

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What to do when your formerly successful business model is outdated, and copycats have fragmented your audience?

"I knew we had to do something different," said Taylor Morgan, whose successful Local Dines discount dining program had reached a plateau. The half-off dining certificates she began offering in 2001 as South Florida Dines had too much competition.

"Everyone was trying to get the restaurants to give them gift certificates in exchange for advertising, and they were being beaten up by all these companies like Groupon, Restaurants.com and even the radio and newspapers getting into the act," she said. "There was a stigma, too, she said, for using the paper 50-percent-off certificates.

"People didn't want to use them on a date or with a business dinner. They didn't want to look cheap or not be taken seriously," Mr. Morgan said. "But they did want dining discounts. Local Dines was bringing in over $1 million in 2013-2014, she said.

"In 2015, we started seeing a decline. I began watching a trend. "The program wasn't growing — new restaurants weren't signing on. Sales were lackluster.

"We couldn't get in the door. We knew we had to do something different," she said.

She said she had "an epiphany" in 2017: a subscription service for dining discounts.

She worked on an outline of what the new program would be and took it to her staff the following day.

"They shot holes in it," she said, "but it started to evolve. I knew I was onto something.

She worked for months on the idea of a "club" with membership cards. Diners would sign up on a monthly basis and be offered a set discount at any restaurants.

"Our goal is to help diners find new restaurants, and help restaurants get new diners who become regulars," she said.

Her plan is also to give back to the community.

"When we reach 10,000 members, we're going to give $2,000 a month to a local charity," she said.

"It's perfect for someone who can cancel when they go back up North, then sign up again when they come back home."

Ms. Morgan hopes to have stickers soon for restaurants to place prominent telling they are for many Club members. Info cards to add to the check have already been provided.

As for Local Dines, it's still active, with a separate website so anyone can purchase half-price certificates.

But she expects the Quisine Club to eclipse the program as diners figure out the savings and ease of the new one.

As the club launches, there are promo codes available to get a month's free membership to try.

"There will be plenty to choose from," she said. "They could eat at a different restaurant every night of the month with the card."

As for the $9.95 monthly cost to become a member, "One meal can pay for your membership," she said. She illustrated a savings of $6.80 for two people at a popular diner for breakfast. "If you went to a nice restaurant with a big group with wine, you could potentially pay for a year's membership with the savings."

Restictions are few. "It's any meal anyone can eat — breakfast, lunch, dinner, brunch. No blackout dates except major holidays. It can't be used with other promos. The customers love it. They're begging us to sign on restaurants all over."

For now, the participating Quisine Club restaurants are from Pompano Beach to Verro Beach, and represent full service to counter service eateries and every cuisine across the board.

"We're expanding daily," she said. "It's growing faster as word spreads."

A referral program also is in place with members and restaurants earning money monthly for those they enlist.

Members sign up for the program monthly and can cancel at any time. It's auto-billed to a card, with a two-day notification at the end of the month.

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"When we reach 10,000 members, we're going to give $2,000 a month to a local charity," she said.

"It's perfect for someone who can cancel when they go back up North, then sign up again when they come back home."

Ms. Morgan hopes to have stickers soon for restaurants to place prominent telling they are for many Club members. Info cards to add to the check have already been provided.

As for Local Dines, it's still active, with a separate website so anyone can purchase half-price certificates.
Sidney Semedo, the new chef at Bistro 1001 in the West Palm Beach Marriott, remembers the first meal he cooked.

“My mother ran a restaurant in the Cape Verde Islands, where we lived. And she called one day to say she was running late,” he said. “I made fried fish and rice — basic, but I cooked the meal. I was 7 years old. From then on, I went to work with my mom and helped her proud cook.”

Since then, he’s been in kitchens. A few years after his first stove experience, the family moved to Dorchester, Mass., where his mother took over an existing restaurant.

“The cuisine was island food, and our African island food is similar to Tobago, and Jamaican cooking. It’s a little different, but a lot of the same,” he said.

For example, he took over the small restaurant at age 17 and put his stamp on it, adding French dishes.

“In Cape Verde, French cuisine is worshipped. It’s worshipped around the world. It was what I wanted to learn,” he said.

He enrolled in Le Cordon Bleu, the French cooking school, to train in the traditional techniques he believes are the foundation of all modern cuisines.

“I’m a young chef, but I cook using traditional techniques. French food is my cuisine. It’s how Escoffier used to do things. He is one of the founding fathers of French cuisine,” he said.

Duck liver mousse, mousselines and terrines are among his repertoire.

He said he doesn’t go along with all the mash-ups going on with some plates.

“I believe you should take the best ingredient you have and make it simply, let it speak for itself, then use flavor in all the other ingredients around it to add flavor,” he said.

He uses the red snapper dish on the menu as an example.

“The snapper is char-grilled simply with salt and pepper. Then we found the best sweet corn, and used chipotle to make a sweet corn sauce. It’s supposed to complement the fish — you can still taste the fish, but you get the subtle flavor and heat of the chipotle and the sweet taste of the corn. It’s subtle, but with just a touch of heat. You can’t go too crazy or out of the box for our hotel guests.

His native foods are much spicier, but he must please a varied audience at Bistro 1001. Those include vegetarians and vegans; a small portion of the menu is set aside just for them.

“I started reading all I can about restricted diets and vegetarian menus. I want to be able to offer something for everyone on my menu.

“For example, I make a crispy tofu taco, with pico de gallo, the works. I made a vegan risotto of the day,” he said.

He’s learning as much as possible about Florida ingredients by watching a YouTube channel, “Florida Fresh.”

While New York and Boston restaurants where he worked could get any product anytime, in Florida, things are not always readily available. Mr. Semedo wants to use as many ingredients as possible from local or area farmers.

He’ll feature those ingredients in his Chef’s Corner on the menu. Every week it will change, but a three-course meal running Saturday through Friday will feature that star ingredient of the week.

He’s also retooling the wine dinners. The first one is Aug. 9, and he will feature a menu to match Italian wines.

“I used to be the head of the bar program and I was executive chef at a previous restaurant. One of my favorite things is to infuse vodka or dehydrate fruits and other things and hand it to the bartender to create drinks with.”

He continues the tradition of house-made charcuterie, adding that he cures his own bacon. “It takes longer to cure because I don’t use nitrates. All I use is the pork belly that I trim, sugar, salt and spices. Then I leave it to cure in the refrigerator at a constant temperature. Bone marrow is not in any preserving.

“We have a little smoker, then I smoke it over apple wood, oak, maybe hickory. It goes on my plate with a giant BLT with 15 slices of bacon, eight lettuce leaves, and one whole plum tomato.” He laughs, and says, “It’s all served on big old Texas dye.”


DRAFT HOUSE TAKES HOG SNAPPER SPACE

The Draft House Bar & Grille has opened in the former Hog Snapper site on U.S. 1 in North Palm Beach. Randy Epstein, former manager of Tall Tales, the restaurant at Gander Mountain, has opened the pub-style spot with a menu that’s casual and beer-friendly.

Burgers, cheesesteaks, flatbreads, Mango’s Famous Poppers — jalapeno peppers stuffed with chicken and served with clam dip — jumbo wings, deli sandwiches, entrees and desserts, as well as a kids’ menu are on the lists.

Decor remains largely the same from Hog Snapper, with the fishnet ceiling effect. New, TV’s also hang overhead, and a Foosball table is tucked in an alcove. The main feature is the bar that runs nearly the length of the restaurant.

As for Hog Snapper, the original in Tequesta remains open. A worker there said they were told summer at the North Palm location was the downfall; in winter, they sustained a steady business, but the number of snowbirds there made it hard to survive the slack months.

In Brief

Inch and Ounce, a new Vietnamese restaurant, is opening in the former Chickpea site. Pho, the broth soup poured over fresh vegetables in a bowl, and banh mi, sandwiched with meat or fish, are on the menu. Get in on free rum drinks and special food and drink pairings Aug. 16 at The Galley on the West Palm Beach Hilton, to celebrate National Rum Day. Talking like a pirate is optional.

New chef draws on French, island influences at Bistro 1001

Savor seafood while enjoying this view at 50 Ocean in Delray Beach

1 PIZZA RUSTICA

1155 E. Atlantic Ave., Delray Beach. 561-279-8766.

This is a late-late-night favorite in a seaside town where “recovery” food is sorely needed after bar crawls. Square slices with dozens of choices — including gluten-free, are displayed in the cases. The namesake pie, with artichokes, olives and sundried tomatoes is a winner; and the giant slices won’t kill your wallet at $6 either. Counter ordering is how it’s done, but you can eat in as well.

2 50 OCEAN

50 O. Ocean Blvd., Delray Beach. 561-278-3364; www.50ocean.com.

With a view and ambiance like this, it doesn’t have to be about food, yet it is. Sitting above Boston’s on the Beach, the restaurant serves up signature seafood plates as well as landlubber fare, inspired by Florida seasons. Regional and creative specials are worthy of the trip.

3 J & J SEAFOOD BAR AND GRILL


A lobster cocktail, anyone? How about fresh clam? Here’s where the locals get them, along with other fresh seafood, in a small bistro-like setting. Grouper, a shrimp and crab cake tower with filet, over mashed potatoes, coconut-curry shrimp and scallops, seafood mac n cheese — all dishes you want to try. Save some for your next visit.

The Dish: Highlights from local menus

The Dish: Hunan Chicken

The Place: Grand Lake, 7750 Okeechobee Blvd., No. 6, West Palm Beach; 561-681-1388 or www.grandlakefl.com.

The Price: $24.90

The Details: I had a tough choice deciding which dish to feature for this. Three friends and I essentially made gluttons of ourselves, feasting on squid, hot and sour soup, two chicken dishes and two pork dishes, but I ultimately chose this one because it was the one I had ordered.

Tender bits of chicken get tossed with vegetables, garlic and ginger in a mildly spicy sauce. Also outstanding: That salt and pepper squash, which was lightly breaded and fried until crisp on the outside, tender on the inside.

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Florida weekly cuisine

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Cleveland Clinic Florida is close to home for residents in Wellington and surrounding communities. The Wellington location is conveniently located in the Village Green Center. The Wellington location is staffed with physicians in primary care, as well as providers specializing in cardiology. Gastroenterology services will be available this August.

As life changes, so does the healthcare needs of yourself and your loved ones. Consider choosing a primary care physician who can be your partner in health and wellness. Your primary care provider diagnoses and treats your health issues and serves as your healthcare advocate and navigator.

“It’s important that we provide our patients with the best medical care and ease of access to specialty care if needed,” says Frank Eidelman, MD, Director, Center for Medical Specialties.

To complement the primary and specialty care, the Wellington location offers onsite EKGs and echocardiograms as well as point-of-care services like glucose testing and hemoglobin A1C testing.

“Our patients appreciate the resources and services offered, including shorter wait times and same-day appointment access,” adds Dr. Eidelman.

To schedule an appointment at Cleveland Clinic Florida’s Wellington location call 800.639.DOCTOR or visit ClevelandClinicFlorida.org/WellingtonAppt.

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