Before Rick Rose concludes his weekly walking tours of Worth Avenue, he entertains questions. And the question he is asked more than any other is “where can I find a good book about Palm Beach?”

While there are plenty of good books that address the town’s colorful history, both in words and photos, Mr. Rose says there hasn’t been much to offer in terms of guides beyond Fodor’s and Lonely Planet Florida books. Palm Beach is relegated to just a few pages in those, not nearly enough to do the exclusive resort town justice.

All that changed a few weeks ago with the debut of Mr. Rose’s book: “Palm Beach: The Essential Guide to America’s Legendary Resort Town,” a curated collection of destinations, must-sees and restaurant and shopping recommendations. All those tours leading 2,000 visitors a year around Worth Avenue and Palm Beach, and hosting more than 1,800 guests a year at his boutique inn, inspired Mr. Rose to write the book.

“The guide is really meant to help someone understand what are the most significant things to see and do while you’re here,” said Mr. Rose, a second-generation Floridian, historian and the co-owner of a bed and breakfast.

“The introduction in the guide is a brief history and almost an explanation as to why Palm Beach is the way it is in terms of being so exclusive and upscale. We locals think that everyone knows that Palm Beach is something special. Half, if not more, of the people who walk with me don’t even have Palm Beach in their state!”

“Run- Hide-Fight” approach to mass shootings.

Percent of the time the crime is over before the police arrive.

Mass shootings that have occurred in 2017 in the U.S.
Hey Roger, as a direct descendent of the first Puritan liberal in the New World you need to shape up and think critically about indulgent gifts this holiday season.

You're morally and politically opposed to them, aren't you? So why are you weak? Why are you consistently enchanted by those big, splashy, sinful presents, like bottles of Scotch whiskey for more than $12,000, or imported cars for more that $50,000! What's wrong with you, bonhead? You're having too much fun. You need to be a lot stronger. You're just a puddle of excess. Get down and give me a hundred on your knuckles, you pissant! I wanna see some suffering during this holiday season. I wanna see some blood, dammit, whether red or blue!

Roger, time to start thinking about Christ- man, which is almost upon us. Okay, that's enough. Except for this: Jesus wouldn't have even given me a bit of an ego boost!

Hey Roger, wake up! Get crackin'! Hustle! Get off your rear! Go! — Yours in the plague of conscience, R

My dear Mr. Roger Otney Williams III, father of Evan Williams and Nash Williams, son of Roger Otney Williams Jr., son of Roger Otney Williams, and 3rd generation grandson of Roger Williams, formerly of London, the first liberal to arrive in the New World, settle Providence and found not only Rhode Island but the First Baptist Church in America, all while insisting his fellow Puritans keep their word in treaties with the Indians; also the first to write an English-Indian language dictionary, the first abolitionist who led the first effort to stop slavery in a British-American colony, and the first to strongly insist on the separation of church and state — and therefore the first to get his butt kicked out of Salem, Mass., one January night in 1635 during a blizzard and have to kindness and bound forever in the book of.

Dear Roger, you have considered Hanukkah: Look, pal, I ask because Hanukkah involves gifts — every day for eight days, not just on one little day — and it doesn't come with that abracadabra they call “the Puritan tradition” hanging around your neck. A person celebrates Hanukkah and he can eat, drink, dance, smile, laugh, and — let's just be honest — make wonderful uninhibited love with his wonderful uninhibited spouse, who isn't being choked to death by the Puritan no-pleasure tradition because she's Jewish. So waddled say? Convert to Judaism? I would.

Sincerely, your ghost-of-Puritan-Christ- mass Past,

Roger Williams

PS: Tibetan Buddhism is good, too. The Buddhists have the Dalai Lama, and his judg- ment is always perfect, a signature of the heart inscribed broadly across the pages of kindness and bound forever in the book of compassion.

Hey Roger, look, why don't you worry about all this next year? Be a Puritan tomor- row.

I recommend the following options for family and friends:

- The Macallan Lalique Crystal Decanter of 55-year-old Highland Single Malt Scotch Whiskey, for $2,120, with 160 bottles said to be left available in the U.S., or something like it: (www.uwhiskey.com);
- The 2018 Maseraï Quartetto starting at just $80,200 (www.wmaseraipalmbeach.com, or www.naplesluxuryimports.com);
- The bamboo fly-fishing rod with reel and case made by Jason Fox, for $10,200 (www.wakeoutfly.com);
- The “one and only” X54 flamethrower (great for about $1,600, www.wakeoutfly.com);
- The Vladimir Putin Cat-Scratching Post — or posts for Obama, Clinton or Trump — for $60, if they're not sold out (www.drundmold.com);
- The Hillary Clinton Nut-Cracker, $33.95, from (you guessed it) www.stupid.com;
- The 70-hour coiled beehive candle, made from beeswax, for $32.99 at www.amazon.com;
- And finally, pal, a lump of actual coal if you can’t stand all the fun — well, two lumps of coal actually “for that guy that broke up with you by text…” for that lost client who decided cheaper with diminished quality from off shore is better than your quality… for that lost client who decided cheaper with diminished quality from off shore is better than your quality…” for that ex-girlfriend who used the old adage …of coal actually “for that guy that broke up with you by text…” for that lost client who decided cheaper with diminished quality from off shore is better than your quality…” for that ex-girlfriend who used the old adage and case made by Jason Fox, for $10,200 (www.wakeoutfly.com);
- The bamboo fly-fishing rod with reel and case made by Jason Fox, for $10,200 (www.wakeoutfly.com);
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DECEMBER
COMMUNITY EVENTS & LECTURES

Start Your New Year's Resolution Early – Heart Healthy Cooking Demo
Lecture by Steven Malosky, MD, Interventional Cardiologist on the medical staff at Palm Beach Gardens Medical Center
Thursday, December 7, @ 6:30-7:30 p.m.
Palm Beach Gardens Medical Center // Classroom 4

Are you looking to get a head start on your healthy New Year’s Resolutions, but don’t know your way around the kitchen? Join Dr. Malosky and a PBGMC chef for a heart healthy cooking demo paired with a lecture. Afterwards, you’ll even get to sample the nutritious food.

Reservations are required. Please call 855.387.5864 to make a reservation

FREE Community Chair Yoga Class
Class taught by Sara Chambers, RN, BSN, CYT
Please choose one class option:
Wednesday, December 6 or
Wednesday, December 20, 6-7 p.m.
Palm Beach Gardens Medical Center // Classroom 4

Palm Beach Gardens Medical Center now offers a chair yoga class for the community. The class will be taught by the assistant nurse manager of cardiac rehab, Sara Chambers, who is also a certified yoga instructor. Using the same techniques as traditional yoga, the class is modified to allow for gentle stretching, designed to help participants strengthen their muscles and work on their balance.

Please call 855.387.5864 to make a reservation

Smoking Cessation Classes
PBGMC (3360 Burns Road, PBG FL 33410) // Classroom 3
Palm Beach Gardens Medical Center is teaming up with the Area Health Education Center to provide education on the health effects related to tobacco use, the benefits of quitting and what to expect when quitting. A trained Tobacco Cessation Specialist guides participants as they identify triggers and withdrawal symptoms and brainstorms ways to cope with them.
The class is delivered over six, one-hour sessions, from 5:30-6:30 p.m.
• Wednesday, December 6th
• Wednesday, December 13th
• Wednesday, December 20th

Please call 855.387.5864 to make a reservation

Hands-Only CPR Class*
Tuesday, December 19, @ 6:30-7:30 p.m.
Palm Beach Gardens Fire Rescue // Station 1
4425 Burns Road, Palm Beach Gardens

Effective bystander CPR provided immediately after sudden cardiac arrest can double or triple a victim’s chance of survival. Palm Beach Gardens Medical Center has teamed up with Palm Beach Gardens Fire Rescue to provide free monthly CPR classes for the community. Classes will be held at Fire Station 1. Local EMS will give a hands-only CPR demonstration and go over Automated External Defibrillator (AED) use. Participants will have the opportunity to practice their new skills using CPR manikins.

*Certification will not be provided

Please call 855.387.5864 to make a reservation

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Class taught by Sara Chambers, RN, BSN, CYT
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Wednesday, December 20, 6-7 p.m.
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Please call 855.387.5864 to make a reservation

Depression Related Heart Disease — Mended Hearts Program
Lecture by Upton Sagar, MD, Cardiologist on the medical staff at Palm Beach Gardens Medical Center
Tuesday, December 12 @ 6-7 p.m.
Palm Beach Gardens Medical Center // Classroom 4

The Mended Hearts Program to provide support for heart disease patients and their families. Members will be able to interact with others through local chapter meetings, volunteer opportunities and special events. Members are encouraged to listen, share their experiences with other heart patients, and learn from healthcare professionals about treatment and recovery. A small fee* will be collected by the Mended Hearts Program for registration. This month, join Dr. Sagar for a lecture on depression related heart disease.

*$5.00 per year will be collected solely by the local Mended Hearts Program to provide educational materials for members.

*$20.00 per year will be collected solely by the Mended Hearts Program if participants would like to become a national member.

Reservations are required. Please call 855.387.5864 to make a reservation

Light dinner and refreshments will be served.

Osteoporosis Screenings
(for women only)
Thursday, December 21 @ 9am-1pm | Outpatient Entrance

Please call 855.387.5864 to make a reservation

All screenings held at: Palm Beach Gardens Medical Center

FREE COMMUNITY SCREENINGS

Free Heart Attack Assessment Screenings
(blood pressure, BMI, glucose and cholesterol)
Wed, December 13 @ 7am-11am | Classroom 3

Please call 855.387.5864 to make a reservation

Light dinner and refreshments will be served.

Take steps toward being heart healthy!
Visit PBGMC.com/pledge to enter to:
Receive a FREE Cookbook!
OPINION

The hypocritic oath

BY BOB FRANKEN

There’s no such thing as the Hypo-

critic Oath. But should be. Trans-

lated from the original Pig Latin, it is: “Be

sanctimonious if you want, but don’t get

caught doing the very same thing you’re

so holier-than-thou about, otherwise it’ll

bite you in the butt.” That is a very loose

translation.

Among those it has bottom-bitten is

Sen. Al Franken. He goes first because we’re

related. We’re friends, so anyone who’s not

happy with what I say can have me as the

next victim. Al has been outspoken about

female rights, but don’t you know, he

stands and physically imposing

himself on fellow performer Leann

Tweedale while on a USO tour 11 years ago.

Now not a second woman has come

forward to say that while she posed with

Franken at the Min-

nesota State Fair, he

grabbed her rear end. 

So, is he a hypocrite?

Al himself says he is. In his apology to

Tweedale, he wrote:

“I respect women. I
don’t respect men who don’t. And

the fact that my own actions have given

people a good reason to doubt that makes

me ashamed.”

Our next stop on our hypocrite parade

is ZWEITZUS, Mr. President. No one ever

had Sen. Franken been hoisted by his own

petard than President Donald Trump.

Trump to Twitter to bang out: “The Al

Frankenstien picture is really bad, speaks

a thousand words.” First of all, the doofus

misspelled “Frankenstein.” Second, if

there’s anyone who should be avoiding

this subject, it is Donald Trump, who is

charged with all manner of sexual viola-

tion. Fourteen women that we know of

have claimed that they were his victims.

He’d often brag about such things.

Trump, of course, is from the never-

admitting business, much like Roy Moore

in Sweet Home Alabama. Moore has been

credibly accused of being sweet on just about any teenybopper in a skirt

back when he was in his 30’s, which was

nearly 40 years ago. He stands accused of

sexually assaulting a 14-year-old, among

others. Moore denies it all, and he’s

refusing to abandon his Senate bid. He’s

rallying his fellow Christian fanatics, who

are normally sternly prudish about sex

except when it comes to their boy Roy,

and Donald, of course.

But let’s spread the love; hypocrisy is

definitely bipartisan. With our sudden

interest in purging all piggishness, those

leading the charge are the very same ones

who ran interference for Bill Clinton back

when he was president and faced a drum

beat of credible charges. That’s because

he supported their progressive agenda. Monaics Lewinsky and Paula Jones were

just two of the women they savaged.

They have a lot to answer for, and so does

Hillary, who was criticized by enemies as

being her husband’s petty enabler. Now

she’s telling a radio interviewer that

“Every situation has to be judged on its

own merits,” meaning husband Bill’s

situations were somehow different. They

were not.

Obviously, there’s a huge difference

between politicians, certainly now, but

there’s one thing they have in common

on all parts of the left-middle-right spec-

trum: Most of them are card-carrying

hypocrites. ■

Alabama’s Roy Moore is pure Steve Bannon

Roy Moore is the Steve Bannon proj-

cut in a nutshell.

For the former Trump operative, the

Alabama Senate candidate’s tattered

credibility is a feature, not a bug. If

Moore had well-considered political and

legal views, good judgment and a sterling

reputation, he’d almost by definition be

part of the establishment that Bannon

so loathes. Since Moore has none of those

things, he’s nearly an ideal representative

of the Bannon insurgency.

Events in Alabama make it clear that

Bannon’s dime-store Liberalism — burn

everything down, including perhaps the

Republican Senate majority — comes at

a considerable cost. In this enterprise,

the truth and standards don’t matter.

Being anti-establishment is an escape

clause from personal responsibility, and

war means proudly defending the inde-

fensible.

It’s no accident that Bannon ended up

joined at the hip to the one Republican in

the state of Alabama who might be

able of losing a Senate race. Bannon

grew out of his way to associate himself

with Moore, and to make the former

judge — twice jettisoned from the state’s

highest court — a poster boy for his style

of politics.

There are two options in terms of Ban-

non’s role in Alabama.

If he’s the Svengali he portrays him-

self as, he’s falling down on the job.

It appears Bannon didn’t do thorough

opposition research on his own candi-

date, a standard professional practice,

and couldn’t prevail on Moore to get his

story straight before talking to the media.

Then there’s the option that Bannon

is simply a glorified bystander in Al-

abama, which is consistent with the fact

that Moore would have almost certainly

won the primary with or without Ban-

non’s support. Donald Trump was Don-

ald Trump long before Bannon showed

up, and, sure enough, he’s been Don-

ald Trump since Bannon left the White

House.

Ultimately, Bannon is a barnacle on

the Trump brand, although one that can’t

get his story straight. Sometimes he says

the Trump administration is effectively

over which case he’s implicitly saying

that his erstwhile boss abandoned his

voters within a year of taking office.

Bannon doesn’t dare follow this

thought through to its logical conclu-
sion. Instead, he inveighs against Senate

Majority Leader Mitch McConnell.

Bannon’s argument that a globalist
cabal has coalesced to thwart Trump’s

agenda in Washington is contempt-

ible nonsense. Obamacare repeal and

replace failed in the Senate, not because

McConnell wasn’t determined to pass it,

but because three Senate Republicans

went their own way despite McConnell’s

good-faith efforts.

If Moore were in the Senate, he’d pre-

sumably be a reliable Republican vote

like any other Alabama senator. The only

difference is that he hates McConnell. Is

that worth the reputational risk to the

party of being associated with such a

compromised figure? If there is a new

Republican Senate leader in the next

Congress, he be as hell isn’t going to

be a bomb-thrower (Senate leaders never

are). So what’s the point?

Apparently to find an unbelievably

cheekered collection of Senate can-
dates, and to put Senate seats at risk by

nominating them, no matter what their

electoral appeal or vulnerabilities. Steve

Bannon wants as many Roy Moores as

possible.

— Rich Lowry is editor of the Nation-

al Review.
Tourney benefits families of fallen officers

The second annual Golf for C.O.P.S. charity tournament will be held on Monday, Dec. 11, at Tequesta Country Club. Proceeds benefit the Concerns of Police Survivors organization, providing families of fallen law enforcement officers with critical emotional and financial support. Most of the 25 tournaments have been filled, but sponsorships are still available. To learn more, email charities@thecmdavidgroup.com.

Palm Beach Holiday Boat Parade, toy drive coming up Dec. 2

It lights up the night and it lights up the water.

And along the way, the Palm Beach Holiday Boat Parade and “On the Water” Toy Drive will help brighten the lives of children in need.

The boat parade and toy drive will be held at 6 p.m. Saturday, Dec. 2, in North Palm Beach. The events, now in their 24th and 18th years, respectively, are produced by the Marine Industries Association of Palm Beach County. The toy drive benefits Toys for Tots and Little Smiles.

The parade starts at the north end of the Lake Worth Lagoon and proceeds north on the Intracoastal Waterway to the Jupiter Inlet Lighthouse. Tens of thousands of spectators are expected to view the procession of dozens of decorated vessels amid traveling fireworks. Extended fireworks will be held at Harbourplace Plaza, with a grand finale at the Jupiter Inlet Lighthouse. In addition to these, popular viewing locations include Juno Park, Bent Winters Park, Sawfish Bay Park and Jupiter Lighthouse Park.

So “The Voice” Valentini, a past runner-up of “America’s Got Talent,” will join grand marshals Mo and Sally from Kool 105.5. Santa Claus will make an appearance on the last boat.

The Palm Beach Holiday Boat Parade benefits the U.S. Marine Reserve’s Toys for Tots Program and Little Smiles of South Florida. Last year, 10,000 toys were collected for needy children in Palm Beach County, making it one of the area’s top-toy-collecting events. A list of local businesses accepting toy donations is available by visiting www.palmbeachboatparade.com. Toys will also be collected dockside during the parade by a fleet of marked toy boat volunteers.

Deadline for boat entries has ended, but judging is based on lights, enthusiasm and themed décor. The top three boats in each size category, plus “Best of Parade,” win a total of more than $10,000 in cash and prizes.

In order to allow parade vessels to pass, bridges along the route will be open, resulting in temporary road closures. Times are not exact, but based on past parades, Parker Bridge will open between 6 and 6:35 p.m. PGA Bridge will open between 6:30 and 6:45 p.m. Donald Ross Bridge will open between 7:15 and 7:30 p.m. Indiantown Road Bridge will open between 8 and 8:25 p.m. Jupiter Federal Bridge will open between 8:45 and 8:50 p.m. Boat parade permitting allows a 45-minute opening for all bridges, so travelers are advised to use alternate routes. Regular bridge opening schedules will be in effect when the parade is completed at the Jupiter Inlet Lighthouse.

For more information, visit www.palmbeachboatparade.com, email alyssa@marinepbc.org or call 561-863-0012.

MCC plans AIDS Day service, celebrates new instruments

The Metropolitan Community Church of the Palm Beach Gardens serves the local LGBTQ community and its loved ones. In honor of last year’s landmark Supreme Court ruling and in support of the church’s vandalized instrument and aged piano.

The church recently welcomed about 100 followers and friends to a concert featuring its new Yamaha C-3 grand piano and Rodgers 599 organ, purchased with funds raised during last year’s Toy Drive. In February, it launched a fundraising effort to replace the church’s vandalized instrument and aged piano.

“To cherish and preserve the sacred, classical, folk, instrumental choral and solo music, we have embarked on a Jubilant Song Concert Series in 2018, featuring sacred, classical, folk, instrumental choral and solo music. For more information, call 561-775-5900 or visit www.mccpalmbeach.org.

Tourney benefits families of fallen officers

The second annual Golf for C.O.P.S. charity tournament will be held on Monday, Dec. 11, at Tequesta Country Club. Proceeds benefit the Concerns of Police Survivors organization, providing families of fallen law enforce-
BY KIM CAMPBELL THORNTON  
Andrews McMeel Syndication

It’s that time of year again — the season of gift giving. We gave up long ago trying to find just the right tinket for family and friends; we just give books instead. There is always something to suit anyone’s interests. If you’re buying for pet lovers this year — or for yourself — there’s a “bone-anza” of books from which to choose. Raise a glass to working-class cats employed in security, brand management and customer relations at breweries, distilleries and wineries. You’ll giggle your way through Beat Thomas Parsons’ “Dis-tillery Cats,” profiles of 36 feline members of the organic pest control brigade. With its charming illustrations, quotes from cat lovers and drink recipes, it’s a spirited choice for anyone who appreciates cats and cocktails.

Does your cat have mojo? He will if Jackson Galaxy, star of “My Cat From Hell,” has anything to say about it. Cat mojo is all about confidence, Galaxy says, in his new book “Total Cat Mojo: The Ultimate Guide To Life With Your Cat.” Filled with Cat Daddy Facts about feline genetics, anatomy, behavior, history, the crash course in cats, co-authored with animal behavior expert Mike Delgado, Ph.D., covers the whys and wherefores of cat behavior, physical and emotional needs, and how to troubleshoot tabby tizzies.

First-time dog owners will benefit from “Modern Dog Parenting” by trainer and behavior consultant Sarah Hodgson. There’s advice on understanding canine behavior, dealing with dog drama, recognizing fears; providing good grooming, first aid and nutrition; and, of course, having fun together.

John Shivik didn’t like cats. Then Pingsui-no entered his life. The relationship they developed led to the wildlife biologist’s study of animal personalities, presented in his book “Mousy Cats and Sheepish Coyotes.” With humor, heart and science, he explores the bonds between humans and animals. “All of us would do better if we learned to accept individual personality in all animals, even when it means giving up a little of our own individuality,” he writes.

Here’s one for the murder-mystery fans. At a Christmas tree farm, Melanie Travis finds a surprise beneath one of the trees — a dead body guarded by a shivering Maltese. Travis finds herself plunged into a mystery as she seeks to identify the man and notify his family. In “Wagging Through the Snows,” the 23rd of the series, author Laurie Berenson weaves together mystery, humor, dogs (of course!) and the effects of alcoholism and homelessness on families to create a short but sweet holiday tale.

Readers with a strong interest in the science behind the workings of the brain will appreciate “What It’s Like to Be a Dog.” And Other Adventures in Animal Neuroscience.” Author Gregory Berns, who trained dogs to willingly enter (and lie quietly in) an MRI scanner so he could better understand how they thought, follows up by addressing the complexity of animal intelligence and emotions.

Remember ultramarathoner Dion Leonard, who unexpectedly acquired a canine teammate during a 155-mile race through China’s Gobi Desert last year? His book “Finding Gobi” chronicles the story of how the little stray dog attached himself to him during the race, determined not to fall behind, and how he grew to love her. But love is never easy, and Leonard encountered numerous obstacles to bringing Gobi home to Edinburgh, not least of which was her mysterious disappearance after the race, miraculous recovery and a four-month quarantine in China before they could go home together. He writes: “... from the moment I said yes to Gobi, my life has been different. She has added to all the good things in my life and brought healing to some of the bad.”

PET TALES

Pet books

An assortment of new books is available to please first-time and experienced pet owners.

“Back pain is stressful and debilitating. Living without it is a gift.”

Join Dr. Robert Biscup, Orthopedic Spine Surgeon, to learn about minimally invasive surgery and regenerative cell therapy for relief of back and joint pain.

December 5th @ 3:00
Naples Headquarters Library - 2385 Orange Blossom Dr

December 7th @ 3:00
Jupiter Medical Center – Raso Education Center

Reserve your spot today

The Collier County Public Library does not sponsor or endorse this program.

FREE MRI REVIEW
Bring your MRI or CT scan to receive a complimentary review from Dr. Biscup.

Please call 800.533.7313 or visit www.BiscupSpine.com/seminars

JUPITER | NAPLES | NEW YORK

To adopt or foster a pet
The Peggy Adams Animal Rescue League, Humane Society of the Palm Beaches, is at 3150/3200 Military Trail in West Palm Beach. Adoptable pets and other information can be seen at www.pawp.org. For adoption information, call 561-696-6605.

“Night Sky” is a 7½-year-old black female cat that loves getting attention from her humans.

To adopt or foster a cat
Adopt A Cat is a free-manning cat rescue facility at 1125 Old Dixie Highway, Lake Park. The shelter is open to the public by appointment (call 561-848-4911, Option 3). For additional information, and photos of other adoptable cats, see www.adoptacatfoundation.org, or on Facebook, Adopt A Cat Foundation.
Support your favorite charities
ANY TIME. ANYWHERE. IN ANY AMOUNT.

Call us now to get started before the end of the year.
Call us at (561) 659-6800 or visit yourcommunityfoundation.org to learn more.

Whatever good you are inspired
to do – the Community Foundation for Palm Beach and Martin Counties is here to help you do it.

A charitable giving fund with the Community Foundation for Palm Beach and Martin Counties can simplify your charitable gifts – and magnify their effects.
The Marine Industries Association of Palm Beach County will once again light up the Intracoastal Waterways this holiday season for the 23rd Annual Palm Beach Holiday Boat Parade!

Bring new, unwrapped toys to any viewing location. A “toy fleet” of boats from TowBoatU.S., Sea Tow and other volunteers traveling long the parade route will make dockside pickups during the parade. Just wave a flashlight when you see a boat with a flashing amber beacon and/or Toys for Tots signage.

SATURDAY, DECEMBER 2, 2017 • Starts at 6 pm

Parade begins at 6pm and arrives in Jupiter at approximately 8pm

For a complete list of viewing locations, please visit our website:
Palmbeachboatparade.org

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TODAY’S BEST MIX OF THE ‘80s, ‘90s AND 2000s

The Palm Beach Holiday Boat Parade benefits the U.S. Marine Corps Reserve Toys for Tots organization as well as Little Smiles of South Florida.
2017 BetterU Challenge updates

The American Heart Association has launched a program with Koko Fit Club to improve the cardiovascular health of Palm Beach County women. The purpose of the Go Red For Women BetterU Challenge is to empower women to take charge of their heart health because heart disease is their No. 1 killer, yet 80 percent of all cardiovascular events may be prevented. Here’s a look at how the 10 women who are participating in BetterU are faring:

- Eight weeks of the challenge completed.
- All 10 women still actively pushing to the end of the challenge.
- Such great results that Koko FitClub of Abacoa has agreed to host another challenge for 10 more, with participants starting in January.

Pattie Light
When we quietly commit to ourselves that we need to improve the quality of our life and eliminate certain behaviors or add others, it’s hard to make that promise stick. But can you imagine telling the whole community, “I’m in! Sign me up and then watch me!” I have so much respect for our ladies because they are all managing to thrive throughout the 12-week process. They are finally giving themselves permission to take the time to care for themselves instead of others. It’s our honor to help them make the change of a lifetime.

Lee Ann Atkinson
The Better U Challenge has been an amazing experience so far. It is the first time ever that I have consistently dedicated time to myself to exercise. I have been to KokoFit Club 33 of the last 35 days and feel great.

Lisa Robare
The BetterU Challenge has helped me get back on track with goals to a better me. I am very grateful to have been accepted to this challenge. It definitely has helped me get focused on myself so that I can strive for a longer, healthier life.

My strength has improved so much since the beginning of this challenge. I haven’t met my weight goal, however the inches for me makes a difference when I’m feeling good in my clothes. For me, Koko FitClub is like a family — the fitness coaches and the smart machines are there to help guide us to what will work best for us.

I definitely feel that I’m in the right place and on the right track. My focus is to continue to keep my head up and my heart strong.

Lisa Robare

Remember or forget? Memory depends on subtle brain signals

The nose knows how to trigger memories.

The fragrance of hot pumpkin pie can bring back pleasant memories of holidays past, while the scent of an antiseptic hospital room may cause a shudder.

Scientists on the Jupiter campus of The Scripps Research Institute (TSRI), writing in the journal Cell Reports, detailed how the intricate biochemical mechanism for storing scent-associated memories differs slightly from a less-understood mechanism for erasing unnecessary memories.

Understanding how brains actively erase memories may open new understanding of memory loss and aging, and open the possibility of new treatments for neurodegenerative diseases.

In multiple ways, the processes of forgetting and remembering are alike.

In fruit fly models of odor-associated learning, both the saving and erasure of memories involves dopamine activation of the brain cells. This clue is important for understanding the human brain.

"So how do the cells know when they are getting a forgetting signal versus an acquisition signal? That was the huge, perplexing question," he said.

TSRI Professor Kirill Martemyanov, Ph.D., and Staff Scientist Ikuo Masuho, Ph.D., found that a type of signaling protein in neurons played a role. Dr. Masuho and Dr. Martemyanov screened a panel of these signaling proteins, called G proteins, against cells that expressed two key receptors known to be involved in memory and forgetting.

It appears in flies that some level of forgetting is a constant, healthy process. The idea is, constantly as we learn information, there is a slow process that whittles away memories, and it continues whittling them away unless another part of the brain signals the memory is important and overrides it," Dr. Davis said.

It may be that the process of acquiring and forgetting memories ebb and flows in a state of balance, he said.

Important memories like the taste of pumpkin pie might be forever retained, but trivialities like what you wore 10 years ago can fade into oblivion without consequence.

"If you have too much memory that is old and unnecessary, why keep them around? Why shouldn’t you have a system for removing those that are no longer useful?" Dr. Davis asked.

"We’re getting all this information, all this learning during the day, and the brain may be saying, ‘No, no, bring me back to my basal, my happy state.’"

Many questions remain to be solved, he noted. "We need to figure out what is downstream—walk down the pathway to find the complete signaling system for forgetting," he said. "We are very early in this research."
Melissa had promised herself she would be over it by now. She had sworn that as a mature woman with an accomplished career and a family of her own, she wouldn’t allow herself to get upset by the relationship of her mother, Doris, with Melissa’s younger sister, Natalie. Melissa was sick and tired of hearing how wonderful Natalie was. It had gotten to the point that Melissa was now avoiding her mother’s calls.

From Melissa’s vantage point, Natalie had been the apple of Mom’s eye from the time Natalie was a little girl. Adorable and agile from the outset, Natalie had shown exceptional prowess and eventually had aspirations of becoming an Olympic gymnast. Mom had tirelessly promoted Natalie’s ambitions, investing a small fortune of her own money and tireless hours of her time traveling the globe for training and competitions.

However, even after an unfortunate accident as a teen halted Natalie’s promising career, Mom did not shift her focus to pay more attention to her other children. It was upsetting enough that Mom had never been around when they were younger, but even now, when the three siblings had become adults and had families of their own, Mom’s attention remained focused on Natalie and Natalie’s family.

Of course, on the few occasions when Melissa complained about this unequal treatment, Doris vociferously denied showing favorites. Doris would insist that she loved all three of her children (and siblings) equally.

What Melissa should have known was that she loved all three of her children (and grandchildren) equally.

In fact, even the most neutral outsider could observe that Doris and Natalie shared a unique bond — one that far could observe that Doris and Natalie loved all three of her children (and siblings) equally.

In fact, even the most neutral outsider could observe that Doris and Natalie shared a unique bond — one that far exceeded their relationships with her other children. And, as much as she tried, Melissa was just not able to let it go. Did Mom not see how obvious it was that she favored Natalie hands down?

Even though we might consider ourselves to be reasonable, well-adjusted adults, and would like to think we’ve taken proactive steps to work through the realities and insecurities of our childhoods, there may still be deeply rooted wounds that fester just below the surface.

Despite our efforts to tamp down any negativity, and to take the proverbial “high road,” there will always be certain people and/or situations that may trigger our deepest vulnerabilities. This may lead to an almost reflexive, visceral reaction of ugly feelings and behaviors that come roaring to a head.

There has been much written about the impact of our sibling relationships on our psyches. What is it about those earliest sibling rivalries that allow them to fuel so many hurts and insecurities throughout our lives? Why can’t we just let them go?

Sibling relationships often are the longest interpersonal relationships most of us will ever have. Whether these connections have been deeply rewarding or seriously flawed, siblings share an interconnected legacy.

Because our sibling relationships are usually our first interpersonal experiences (outside of parental bonds), these relationships largely shape our sense of self and others. There are many factors that will influence the intensity of the sibling bond, including, but not limited to, birth order, genetics, individual temperaments, the individual’s gender, the way the individual is treated within and outside the family and the ethnic and socio-economic environment. Each child’s experience may be very different — when each child is born and when the family may face different stresses and financial challenges.

It’s important to further note that, independent of parental influences, siblings often strive to distinguish themselves from each other, often competing to best each other by interpersonal, athletic and academic achievements. This sibling competition is often a catalyst that enables family members to form separate identities and personalities.

The parental-child relationship is a complicated mix of each person’s behavior and, importantly, how each person perceives he or she is being treated emotionally by the others. Obviously, this is a very subjective assessment, and different family members may strongly challenge another person’s perception of the family truth.

Most parents will profess to love their children equally and will insist they are not only treating their children the same, but fairly. It is very difficult for any parent to accept that he or she may have shown favoritism, and in the process, may have caused undue hurt. Parents may find themselves drawn to the child who is more accepting and loving toward them, or who they feel they have more in common with.

From a very early age, many young people have heard others, watching to see how they are being treated and comparing this to how they perceive their siblings are being treated. They quickly learn the family culture and can differentiate the parental reactions to their missteps, watching to see if parental favor is metered out to the other’s advantage.

In many instances the sibling interaction can be a blueprint for a pattern of how a person may treat other important people outside of the family — whether romantic, friendship or workplace related — or how they believe others are treating them. Sometimes a person with

HEALTHY LIVING

Gratifying relationships may lie beyond family

Linda Lipshutz, M.S., LCSW is a psychotherapist serving individuals, couples and families. A Palm Beach Gardens resident, she holds degrees from Cornell and Columbia and trained at the Ackerman Institute for Family Therapy in Manhattan. She can be reached in her Gardens office at 561-630-2827, online at www.palmbeachfamilytherapy.com, or on Twitter @LindaLipshutz.
Know the signs
Not everyone who has an eating disorder is dangerously over- or underweight

How do you feel after you eat? Satisfied? Too full? Or maybe even guilty? Being too focused on food can sometimes turn into an eating disorder.

People with eating disorders have severe, persistent and unhealthy thoughts and behaviors about food. As a result, they might eat way too little or way too much.

Eating disorders are not a lifestyle choice. They are serious illnesses that affect your body’s ability to get proper nutrition. This can lead to health issues, including heart and kidney problems or even death.

The three most widely recognized eating disorders are binge-eating disorder, bulimia nervosa and anorexia nervosa. Binge-eating disorder is the most common eating disorder in the United States. “Binge-eating is not just a lot of overeating,” explains Dr. Cynthia Bulik, an expert on eating disorders at the University of North Carolina–Chapel Hill. “There’s this sense of loss of control. You start eating, and you feel like you just can’t stop.”

People with binge-eating disorder eat well beyond being full. They often eat until they feel very uncomfortable. Afterward, they usually overcome by feelings of guilt, shame and distress. They are often obese.

When binge eating is followed by “purging,” it’s called bulimia nervosa. People with bulimia nervosa might follow binge eating by vomiting or taking laxatives to purge, by fasting or by over-exercising. They’re often able to maintain a normal weight because their purging compensates for the extra calories, but bulimia nervosa can cause other health issues, like heart irregularities or problems with the digestive system.

On the other extreme, people with anorexia nervosa eat very little. They see themselves as overweight, even when they are dangerously underweight. It’s the least common of the three eating disorders, but is often the most deadly.

An eating disorder can develop for anyone, at any body weight or shape and at any time. But most eating disorders start in the teen or young adult years. “When young people show signs of an eating disorder, there is a tendency to think that they might outgrow it or that it’s just a phase,” Dr. Bulik says. “But the most likely path is in the direction of developing a full-blown eating disorder.”

What causes eating disorders isn’t known. Genes and family history, mental and emotional health, as well as environment and culture can all influence whether someone develops one of these complex conditions. Some NIH-funded researchers are studying possible genetic causes for eating disorders. Others are looking for changes in the brain. They hope their studies will help guide how eating disorders are diagnosed and treated.

Because many people with eating disorders might not think they need treatment, family members and friends can be very helpful. Express concern. Say you’re there to listen. “If you’re concerned that you or a family member might have an eating disorder, the key is really to see a health professional with expertise in eating disorders for an evaluation,” Dr. Bulik says.

Treatment plans tailored to individual needs can include talk therapy, nutritional counseling and medications.

Unhealthy eating habits
You can’t tell by someone’s size if they have an eating disorder. But you can look for certain signs:

• Skipping meals.
• Making excuses for not eating.
• Eating in secret or separately.
• Persistent worrying or talking about healthy eating, exercise, being overweight or losing weight.
• Eating much more food in a meal or snack than what’s considered normal.
• Eating large amounts of sweets or high-fat foods.
• Leaving during meals to use the toilet.
• Expressing depression, disgust, shame or guilt about eating habits.
• Frequently checking the mirror for perceived flaws.

Using Acupuncture to treat acute and chronic illnesses

Question: What is Acupuncture?

Answers: I get asked that question a LOT! Acupuncture is a treatment modality used in the practice of Oriental Medicine for issues from pain to anxiety to a common cold. It can be used to treat acute or chronic illness, alone or along with western medicine. Very slim filiform needles are inserted in specific location on the body which correspond to the condition being treated. These needles are very thin and are generally inserted with little to no pain. Once inserted they stimulate neurotransmitters within the body to promote healing and balance within the body. I find more and more people are turning to Acupuncture to maintain general wellness, a proactive approach to health to help maintain balance in the body to prevent illness. Acupuncture is used to treat adults, teens and children. It is important to only receive Acupuncture treatment from a properly trained Physician that is licensed by the State of Florida and Nationally Board Certified to insure the highest level of safety and effectiveness.

Acu-Wellness Acupuncture
for Health & Healing

Address: Downtown Abacoa, 1209 Main Street #104, Jupiter, FL 33458

Phone: 561-557-0356

Website: acupuncturejupiter.com

Email: info@acuwellnessgroup.com

apocalyptic mix replete with bands, DJs, dance troupes and other exotic entertainment. Nearly 20,000-plus participants, mostly members of the public, made up as zombies.

For Capt. Jay Rodriguez of the Fort Myers Police Department, the crowds — which had been reigning since the festivities started at 4 p.m. — were not things as he approached it as its conclusion at midnight. As the on-site supervisor for the event, he had a detailed idea of what was strategically placed throughout the area, on the alert for any signs of trouble that, thus far, never materialized.

But then, at about 11:45 p.m., Capt. Rodriguez received the call that no law enforcement officer ever wants to hear in a crowded venue.

"Shots fired."

"No, we just ran to the location where we heard the shots," Capt. Rodriguez said. "By the time we got there, there was not one active individual engaged in the shooting, so the question was, 'Who is the suspect?' Now you have a wide net to sift through. But if you want to prevent further loss of life, we didn't know what we had or who we had, so we had to assume the worst."

He had, therefore, walked and cleared downtown Fort Myers — a pretty excessive crowd in the thousands — in about 14 minutes.

It was a far different scenario than in many other active shooter situations, where the perpetrator is identified, and often apprehended, just minutes after the incident when Devin Patrick Kelley killed 26 at First Baptist Church in Sutherland Springs, Texas, earlier this month. And that shooting was very different from Stephen Paddock mowing down 58 and injuring 464 when he opened fire from his hotel room on a crowd attending a concert in Las Vegas last October, or the one from Sandy Hook Elementary School in Connecticut, where Adam Lanza took 26 lives in December 2012. Or Omar Mateen’s slaughter of 49 victims — 20 of them children — in Orlando's Pulse nightclub last June. Or the 58 killed and 546 wounded when he opened fire from his hotel room on a crowd attending a music festival in Las Vegas last October. Or the one in Edmond, Okla. Two more of these acts of workplace violence in 2017. Or the one from Sandy Hook Elementary School in Connecticut, where Adam Lanza took 26 lives in December 2012. Or Omar Mateen’s slaughter of 49 victims — 20 of them children — in Orlando’s Pulse nightclub last June.

"Every circumstance can be very, very different," said Charlotte County Sheriff Bill Prummell. "From what recent history has taught us, we could be facing Bill Prummell. "From what recent history has taught us, we could be facing a very different scenario than in many other active shooter situations, where the perpetrator is identified, and often apprehended, just minutes after the incident."

A third of those officers who enter a domestic scene said they were not trained in everything they do in an active shooter situation to avoid becoming a victim.

"Those are questions that are not always as easy as we'd like to think.

**Who are you?**

The FBI defines an active shooter as one or more individuals actively engaged in killing or attempting to kill people at random in a populated area. Unlike a defined crime, such as a murder or mass killing, the "active shooter" term has been applied to a wide range of law enforcement personnel or civilians who have the potential to affect the outcome of the event based upon how they respond.

...For example, Kelley presumably could have murdered more victims in the Texas church that he had not been engaged by a gun-wielding private citizen.

"There has been an increase in active shooter incidents over the last nearly two decades is not a matter of debate — only how much. A controversial report released by the FBI in 2013 has come under scrutiny for its criteria, claiming a higher percentage in frequency than statistics indicate. Everyone would agree, however, that this type of event occurs all too often.

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**Mass shootings by state**

Until Stephen Paddock opened fire at a Las Vegas country music festival, Texas had the highest number of mass shootings per million people in the nation this year. Texas mass shootings per one million people this year. The map below rates each state for mass shootings per million and gives the total deaths for the year.

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**Practice makes perfect**

As the early 1990s, a new slang phrase crept into the American lexicon — "going postal." The term evolved from a reference to a mass attack to a broader sense of a person at the kill site.

The active shooter phenomenon is associated with feelings of futility for its unpredictability.

"Although risk can be assessed," according to a presentation by Patrick Diggs, a behavioral health consultant in Charlotte, N.C., it is impossible to prevent or control active shooter situations.

"Most shooters want to produce the most casualties within the first couple of seconds of firing, so they pick the highest concentration of people by firing into crowds," said Robert Scali, a veteran Green Beret, former bodyguard for Hollywood action movie star Sean Seagull, and author of "The Unconventional Close Protection Training Manual," which has been adopted by Rodriguez, said. "If you're going to talk to our members about doing something. A family member will notice something out of whack, or a person starting to act differently. If you can catch it early, we could prevent loss of life."

"If something looks out of the ordinary, make sure you report it to law enforcement," said Capt. Rodriguez. "It might be someone you know personally who is upset about something. They might be talking to the SWAT team for the Naples Police Department. "We've been training for active shooters since then. Years ago, we went away from just the schools. Every officer goes through vector shooter training every year. Of course, we've expanded this to offices and malls. We've had opportunities to train off-hours at these locations, which is actually an advantage because it's the public that we've trained to handle these situations.

Law enforcement response protocols aren’t all that have changed. The rash of mass shootings, especially over the past year, has emphasized the need for law enforcement to educate the public on how to respond to active shooter situations.

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**No time for difference**

On difference on active shooters from a law enforcement perspective delivered in February at St. Petersburg College's Conference Center, the Charlotte County Sheriff's SWAT team for the Naples Police Department cited the following statistics:

- The first 12 minutes of an active shooter incident lasts 12 minutes.
- Thirty-seven percent last less than five minutes.
- Forty-three percent of the time, the crime is over before police arrive.
- In 57 percent of the shootings, an officer receives while the shooting is still underway.
- Patrol officers are most likely to respond to a shooting. When responding alone, 75 percent had to take action alone.
- In 98 percent of those officers who enter the incident alone are shot by the intruder.

In short, by the time law enforcement arrives or is able to engage the shooter, it will likely be too late before the tally of both those who have shot up. So agencies are training civilians how to protect themselves.

The agencies that Florida Weekly contacted all offer training on demand.

"If requested, we'll come out and assist the business and give them some ideas of what they can do and how they could respond if something like that were to occur," Sheriff Prummell said. "It's too, too important for us to be able to."

The Charlotte County Sheriff's Office, like many agencies, maintains blueprints of hospitals, schools and other buildings so that when it gets a call, its "playbook" of the area is "lay their hands" when they enter a structure to locate the shooter.

Last year, the agency participated in "Active Shooter in Healthcare Settings - Survival Skills, Exercise and Workshop," a training exercise at Charlotte Harbor Event & Conference Center in Punta Gorda as a training exercise.

"I think it's the first time it was done in Charlotte County," said Lynne Stickley, emergency planning specialist who was also named this year's Public Safety Employee of the Year. "It was started..."
“Run-Hide-Fight” is the most popular protocol taught to civilians. In truth, it’s only one of a few potential responses.

“I am a certified instructor in several of the other nationally recognized models for active shooter response for civilians,” said Sgt. Neal Bohannon of the Collier County Sheriff’s Office. “What I will tell you is, at the core, they’re all the same. Each has their nuances but at the core, those concepts are the same. Whether you call it ‘run’ or ‘evacuate,’ it’s the same thing. The concepts are all valid. We use Run-Hide-Fight because it’s easier for our citizens to remember.

In virtually all of the protocols, the first response should be to run — that is, to get away from the shooter’s location immediately.

However, the trick is that it must be done safely, without putting yourself in the shooter’s line of fire.

“It’s important for people to be flexible, to know your surroundings,” Capt. Barkley said. “Don’t hang up on doing one certain thing. If you can escape, that’s always going to be the best thing. Run away from it.”

Mr. Scali believes in one critical step before running.

“I had this thing where I used to train my children,” Mr. Scali said. “I would say, ‘Here’s what you do if you hear gunfire, in any situation. Get on one knee, assess the situation and move in the opposite direction of the gunfire.’ These are very simple directions, but it’s a plan, and having some kind of plan keeps people alive. When you’re on one knee, you’re lowering yourself as a target, especially if someone’s firing into a crowd chest high.

“When I teach people about personal protection, I teach them the same thing: Don’t react — act. Reacting to a situation is the worse thing you can do. Everyone is going to heed toward the exit, which creates a bottleneck effect, which creates a larger target for the shooter.”

“One thing we try to tell people is don’t be the one to say, ‘It’s probably just a drill.’ Your presence makes a larger target for the shooter. Sometimes it’s a drill, sometimes it’s not. Be the one to come back later and say, ‘I’m sorry, I thought it was gunfire. I didn’t know it was the backfire from a car or someone popping balloons.’

When running isn’t feasible, the Hide portion of the equation kicks in. If possible, this should include barricading the entrance to your location. It almost means eliminating any evidence that might alert an active shooter to your presence.

“While barricaded, turn off the lights, minimize any noise — turn off your cell phone rings, your TVs, anything like that,” Sheriff Himmel cautioned. “Remain quiet. It’s like hide-and-seek. You don’t want to give yourself away, so you want to be as quiet as possible.”

In the event the shooting is taking place in an open area, take cover. But the cover must be protective.

“There’s a difference between cover and camouflage,” Mr. Scali noted. “Cover is caliper-dependent. If someone’s firing a rifle and you get behind something, it had better be enough to stop a rifle round. Camouflage will not stop incoming bullets, where cover will.

Once you’re safely barricaded, stay there until met by a law enforcement officer.

“I know emotions run high,” said Capt. Barkley. “Some may react cold; some can’t. We understand that, but you have to understand that, as law enforcement, we have to make sure the threat is neutralized. We don’t know how many shooters are involved. There are multiple examples where there was more than one shooter. I’ve actually seen some research data that they plan this way, where one suspect will go first. Once one suspect is neutralized, there’s the potential that another, sometimes multiple suspects will engage.”

When the good guys do arrive, you need to be very clear on what the law enforcement officer is telling you,” Capt. Barkley said. “We’re going to tell you to put your hands up in the air, open your hands, don’t carry stuff with you, don’t have your cell phone on your hand or anything like that, don’t point, try not to scream, and we will come and get you and let you know when it’s safe. You will be escorted out of there. Whatever the situation is, we’re always going to assume there’s more than one shooter. We’re going to search the entire area.”

While the Run and the Hide are the safer alternatives, there are times when your luck runs out. There’s nowhere to go, no escape — and you find yourself face to face with a shooter who has every intention of killing you.

That leaves only the scarcest option.

Startle and swarm

“The last case scenario — if you can’t run and you’re unable to hide and you’ve got to fight,” Sheriff Prummell said. “You’re not going to have a choice in the matter.”

Robert Tirollo is a former Lee County Sheriff’s Office SWAT team commander who is now a shooter response training instructor teaching the ALICE protocol (Alert-Lockdown-Inform-Counter-Evacuate) — to civilians as well as a law enforcement protocol called RAIDER to SWAT teams around the country.

ALICE’s Counter is equivalent to Fight — although “fight” might conjure images of trading fistcuffs with a shooter — not the preferred technique to use.

“Counter is not to fight the bad guy — that’s law enforcement’s job,” Mr. Tirollo explained. “Counter interrupts the thought process. If I throw something at your face while I’m in the middle of talking to you, your neurological subconscious response is going to be to throw some kind of primeval flinch or startle response. When something comes at your face that you don’t expect, your eyes are going to close, your head is going to turn, and they’re going to come up to protect your face. That’s a natural defensive reaction for any human being. … If their hands are in front of their face in defense mode, they’re not going to be able to accurately shoot.”

The technique works best with a group confronting the attacker.

“You’ve got a bunch of people throwing coffee mugs, books, water bottles, shoes, staplers, tape dispensers, whatever at the bad guy, that’s enough to be overwhelming of the process and put them into defense mode.”

But it doesn’t stop there.

“Some people can remain calm; some can’t. We understand that, but you have to understand that, as law enforcement, we have to make sure the threat is neutralized. We don’t know how many shooters are involved. There are multiple examples where there was more than one shooter. I’ve actually seen some research data that they plan this way, where one suspect will go first. Once one suspect is neutralized, there’s the potential that another, sometimes multiple suspects will engage.”

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ALICE’s Counter is equivalent to Fight.
You never know what will pop up at CityPlace, including a pop-up. The shopping, residential and retail hub south of downtown West Palm Beach will bring added flavor to its holiday season tenant mix starting at 11 a.m. Saturday, Dec. 2, with WPB Collective’s pop-up shops.

WPB Collective occupies an almost 5,000-square-foot space on the mall’s plaza, formerly occupied by RH Baby & Child.

The collective will host a rotating mix of local, regional and national artisans, fashion lines, jewelry designers and specialty food and beverage brands. At its launch, the collective will present Dreamallows, Pumphouse Coffee Roasters and Vagabond Apparel Boutique.

Uncommon James by Kristin Cavallari will occupy the space until Dec. 10. Ms. Cavallari will meet guests from noon to 3 p.m. Saturday, Dec. 2.

Throughout December, photographs, paintings and drawings created by Palm Beach County young people will be presented by Urban Youth Impact’s Urban Youth Artisans Shop.

The fast-casual and health-oriented restaurant Field of Greens, will open its latest spot in The Shack, featuring salads, sandwiches, smoothies and other dishes.

For visual indulgences, the exterior of CityPlace’s hexagonal space on the plaza was recently painted by Miami’s Chalk & Brush; and a mural by Japanese artist Frankie Cilii will transform the exterior of the 581-foot Hibiscus Garage.

“The Shack, WPB Collective and our partnership with Urban Youth Impact add important elements that are key to the re-imagination of CityPlace,” said Gopal Rajegowda, senior vice president of Related Companies. “Through this process of experimentation, we intend to bring the public an ever-changing assortment of experiences that inspires a constant sense of discovery.”

WPB Collective opens at 11 a.m. Saturday, Dec. 2.

Store hours are 11 a.m.-8 p.m. Tuesday and Wednesday; 11 a.m.-9 p.m. Thursday, Friday and Saturday; and 11 a.m.-5 p.m. Sunday.

To learn more, visit CityPlace.com or call 561-366-1000.

BY MARY THURWACHTER
mthurwachter@floridaweekly.com

Donald McKenna wasn’t looking to leave his post as president and chief executive officer of St. Mary’s Health Care System in Athens, Georgia. The not-for-profit healthcare system encompasses three hospitals and serves 13 counties.

Things have been going well there, after all. In fact, Mr. McKenna was recently honored as “CEO of the Year” by the Georgia Alliance of Community Hospitals. His teenage sons are happy in school there, and his wife, a primary care physician, has a thriving practice in Athens, as well.

Despite his contentment, Mr. McKenna will be moving the family to Jupiter next year after he becomes president and chief executive officer of Jupiter Medical Center. He was selected after the board of directors launched a four-month national search for the job, previously held by John Couris, who resigned in August to become president and chief executive officer of Tampa General Hospital.

What attracted Mr. McKenna to Jupiter?

“Jupiter Medical Center has positioned itself in the continuum of care, and the center’s strive for excellence, whether it be starting new clinical services — I know they’ve done tremendous work in establishing their open-heart program, which will start next year — and their commitment to cancer,” he said. “Many organizations have chosen to stay their current course. Whereas, if you look at Jupiter,
BEHIND THE WHEEL

Stick shifts put the econobox fun in your hands

For most of us, a car is a chiefl y an appliance. Something that can reliably get us to work, take the kids to sports practice or run to the store — and likely do all three in the same day. That’s why reliability is so high on our shopping lists, that when looking for something new, we just assume it’s already going to be as faithful as the dishwasher.

But if constancy, practicality and affordability are the top requirements, they don’t necessarily need to be a tradeoff for driving excitement. And while a family-ﬁ red Ferrari is still likely never going to happen, there’s a simple solution that few people utilize: stick shifts.

The manual transmission has been thought of as an option for high performance vehicles. But that’s not completely true anymore. The world of gearboxes has evolved over the last decade. Exotic sports cars now look to race-developed dual-clutch transmissions that let computers produce quicker 0 to 60 mph times than the same vehicle with a traditional manual transmission. That makes stick shifts a badge of honor for those who want added driving involvement.

More than just fun, the manual transmission is a lesson in economics. The average price of a new car is creeping upward towards $35,000 in this country. It might not feel steep, because there are big rebates that take out some of the sting. But not every car needs to even crest $30K, especially when it’s a college grad’s first car, a family’s second vehicle or anyone else who would like to stay budget friendly.

Manual transmission cars usually start at the bottom of the price scale and are phased out somewhere around $20K as option and trim levels escalate.

They’ll return when cars like the Corvette are on the shopping list, but the ones we’re thinking about here hit the heart of the practical and value market — compact family sedans like the Chevrolet Cruze, Ford Focus, Honda Civic, Hyundai Elantra, Mazda3, Nissan Sentra and Volkswagen Jetta.

We know there is an intimidation factor to rowing through the gears, but take some time to investigate how benign the undertaking is in reality. The Volkswagen Jetta is a nice example for beginners. Its standard ﬁ ve-speed manual transmission has good spacing between gears and a shift linkage that feels like rigid pathways guiding each shift. The clutch is light and forgiving, and so it’s not a burden in everyday trafﬁ c.

Compact family sedans like the Volkswagen Jetta (left) and the Mazda3 (right and top) are at the heart of the practical and value market.

But more than just comfortable, the stick shift adds a new dimension to the VW’s motor. Anyone shopping at the local VW dealer might want to drive the manual and automatic Jettas back-to-back. The base 1.4-liter turbo is an ideal power plant with low-displacement efficiency for highway cruising and a turbocharged boost for acceleration.

The automatic car feels confident on the road and there’s good acceleration from the six-speed auto gearbox (a $1,000 option.) But for those who can find a stick shift, there’s an extra kick of youthful energy.

This may be a sensible car with mas- sive backseat space and plenty of room to carry a burst of excitement. It feels much more connected by rowing through the gears. And when no one is looking, a sports-car like burst of acceleration is only a downshift away. This helps you be the very-friendly Jetta feel like a more exotic European. No one will mistake the experience for a ho-hum interior. It’s nice to know that practicality also has a pulse.

This is far from a perfect scenario. Crossovers are more popular in today’s market, and most of them come standard with automatic transmissions. But all the sedans named in this article (and more) come standard with a ﬁ ve- or six-speed manual transmission, dealers don’t carry very many. In fact, because stick shifts are in the minority, car companies have worked to get the transmission and the automatics to shrink the fuel economy advantage these used to enjoy.

But these budget-friendly manual cars are a reminder that enthusiasts don’t have to own driving gloves and know their gear ratios by name. Stick shifts, although a rarity, provide that wonderful moment when a car-like appliance can also be a burst of excitement. Feel all you, may drop the kids off at soccer practice, but you get to make the journey home by yourself.

EARL ON CARS

The lowest priced car can end up being the most expensive

Too often car buyers focus on buying the car that fulfills their preferences of styling, size, and accessories that they can buy for the lowest price. There are other important cost considerations you should look at before buying the cheapest alternative.

Resale value is the No. 1 consideration that is most often overlooked by car buyers. All cars depreciate in value, but some hold their value a lot better than others. You might save a $1,000 by choosing to buy one used or new car over another more expensive make and model. But if the make and model that cost $1,000 more, held its value by $2,000 more over the three years you owned the car, before trading it back in, the “lowest priced car” was really $1,000 more expensive.

There are several ways you can check on how much cars will depreciate. A good one is to check the resale value of that same make of car that is 3 or 4 years old. You can do that with a whole-
tale buying guide such as Kelly Blue Book, NADA Appraisal Guide or Black Book. You can also ﬁ nd this information on the Internet. Kelly Blue Book, for example, is www.KBB.com. If you are thinking about buying a new 2018 car of a model and make, ﬁ nd out what a 2015 model sells for today. Compare other makes and models.

Maintenance and repair cost are the second biggest factors in measuring the true cost of a car. When a car has a relatively higher depreciation, one of the biggest reasons is probably because it is more prone to break down. Check Consumer Reports or surf the Web to ﬁ nd the projected repair histories of the cars you are comparing. Saving $1,000 on a particular make and model is not very signiﬁ cant when you are facing the cost of a blown transmission or engine.

Big cash rebates and big discounts are not necessarily a good thing. First thing you have to ask yourself, why is it necessary for this manufacturer to giving me such a big cash rebate? I have seen them advertised as high as $11,000 to sell its car? You will generally ﬁ nd that the manufacturers of higher quality, higher demand cars offer fewer rebates and discounts. These are also the manufacturers of cars that depreciate less and cost less in terms of repairs. Big rebates and discounts also negatively affect a car’s resale value. It’s what you could call “vicious cycle.” A car is hard to sell because of its high repair costs and high depreciation so the manufacturer pays a big cash rebate to sell it. The rebate lowers the value of the used car of that make and model because the price of a used car directly tied to the cost of that same new car.

You will be surprised how much the color of the car you buy can affect the resale value. Think about it. The color was very important to you when you bought your last car. It is just as important to the person who will be buying the car you trade in. The most popular colors are white, silver, beige and black. If you have a “thing” for green, blue, orange or another unusual color, it can negatively affect the resale value of that car by more than $2,000. I’m not suggesting you always buy a white car, but if you like white, silver, beige and black you are going to get more money for that trade-in than if you like blue and green. Bright colors can be good for certain models. Red is a popular con- ventional color but is a reminder that enthusiasts don’t always want to buy a white car.

Be sure to check your cost of insur- ance before you make a ﬁ nal decision. Cars with side airbags, high rated in collision and rollover tests, relatively low cost of repair especially for bum- per and two-high-performance cars have much lower insurance rates.

Cars are different than any product you buy that when it comes to the principal of “the cheapest product is usually not the best value.” You buy a quality pair of shoes, paying more than you would for a cheap, poorly made pair because they will look good and wear many times longer. Shopping for a car is a reminder that enthusiasts don’t have much lower insurance rates.

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Big jeweler Signet sees rough going

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MONEY & INVESTING

Big jeweler Signet sees rough going

Being in the jewelry business, I like to follow the various publicly traded companies in my industry to get clues as to the various trends in this sector. But you can imagine my surprise when last week Signet Jewelers, the largest jewelry retailer in the world, announced terrible earnings and slashed its forecast for next year.

Are people no longer buying jewelry? Am I in the wrong business? Immediately I started to panic.

So why did Signet so badly miss its earnings expectations and what does that mean for our industry?

Although you may not have heard of Signet Jewelers, I would bet you know many of the brands under its umbrella. It owns Kay Jewelers, Zales, Jared, and Piercing Pagoda among others.

The company was founded in 1949 in the UK as the Ratner group and quickly grew to over 1,000 locations by the 1990s. But then in 1991, the CEO of the company, Gerald Ratner, gave a public speech where he said that he could sell his products so cheaply because, “it’s total crap” and further stated that a pair of earrings in his store was “cheaper than a M&S prawn sandwich but probably wouldn’t last as long.”

Consumers fled from Ratner stores and the firm almost went out of business.

But new leadership was hired and the company changed its name to Signet Jewelers in 1993.

Today Signet operates more than 3,600 locations around the globe and has annual revenue of $6.4 billion.

But during its latest quarterly earnings announcement, the company announced it lost money during the previous 2 months and same store sales were in decline. Investors reacted very negatively to the news and the Signet’s stock immediately dropped 25 percent.

Management pointed to one main reason for the drop in earnings and sales. The company blamed the loss on higher costs relating to the sale of some of its credit portfolio.

During the previous years, the company was financing its customers’ jewelry purchases and was keeping those loans on its books. Investors started to get nervous about this huge credit portfolio and demanded that the company sell some of this risk and outsource consumer lending going forward.

Unfortunately, the sale did not go as smoothly as the company would have liked. And even more troublesome, the company that Signet chose to run its credit business forward was a credit card data company Alliance Data Systems, has imposed tighter conditions on lending money to these jewel customers, which is limiting future sales.

The major uncertainty going forward arises from the fact that the company can prosper without the crutch of loose lending.

Can the company attract affluent customers that can pay for its products up front?

The company also hopes to grow its online platform so it can bring in sales without the extremely high costs of a mall retail location with high rents, personnel costs, and insurance. While Signet is making strides in this area, it needs to continue this growth to be successful in the future.

So, it seems like the jewelry business is in trouble after all (Rick’s Estates & Jewelry in Punta Gorda, was so depressed last week I felt bad for them when you guys wrote about it). What does this mean for the entire industry? What does it mean for the company?

I would avoid it now even at these depressed levels until the company can prove it can grow both store sales without losing lend practices as well as its ecommerce platform.

— Eric Bretan, the co-owner of Rick’s Estate & Jewelry Buyers in Punta Gorda, and a former derivatives marketer and investment banker for more than 15 years at several global banks.
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509 Bald Eagle Drive is in the Estates, protected behind a second security gate, in a section of the largest homes in the community. This property has six bedrooms, six full baths, two half-baths, two two-car garages and 5,614 square feet of air-conditioned space. Overlooking the 8th hole on the Jack Nicklaus signature golf course, this home boasts a first-floor master suite with home office, expanded backyard with privacy wall, eastern rear exposure, outdoor kitchen, and much more. Built with the finest quality materials, the home features impact glass windows and doors and a generator. List price is $2,690,000.

Best of all, each estate home at Trump National comes with a residential services coordinator who is personally responsible for the maintenance of the property. They oversee full weekly landscape services, pool services twice per week, concierge garbage pickup three times per week, biweekly exterior home inspections, and a la carte management and engineering services.

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people really don’t know that. They know that President Trump has a place here now, but that’s really all they know. They don’t really know the history behind it.”

The first chapter includes basic intro-
duction information in addition to the
history, and how Palm Beach became
what it is, and also local lingo, weather
information — from air and water tem-
peratures by month — to typical Palm
Beach attire.

“As we know, Palm Beach is different,” Mr. Rose said. “It’s not Fort Lauderdale. But you have to remember that millions of people who come to Palm Beach don’t know that. The book helps you make the most of your stay in Palm Beach because it helps you prioritize what you should see and do while you’re here.”

Among the many must-sees on the island, Mr. Rose writes, are the Flagler Museum, The Breakers, Lake Trail and, of course, Worth Avenue and its lovely via.

The book is dedicated to the author’s friend and mentor, longtime Palm Beach historian Jim Ponce, who originated the Worth Avenue Walks and took Mr. Rose under his wing as his understudy for 10 years. Before Mr. Ponce died in December 2015, Mr. Rose had taken over the weekly walks on Wednesdays from December and through April. This year, the 75-min-
ute tours, which begin at 11 a.m. Dec. 6 at Via Amore, 256 Worth Ave., benefit the Garden Club of Palm Beach. Tickets are $10.

Like Mr. Ponce before him, Mr. Rose leads the tours dressed like a proper Palm Beach gentleman, which means a nice pair of slacks usually a colorful jacket and a Panama hat as a nod to Addison Mizner, the resort architect whose Mediterranean Revival and Spanish Colonial Revival interpretations left a permanent stamp on Palm Beach and South Florida.

“I wear bright jackets and light pants,” Mr. Rose said. “I try to wear things that I got on Worth Avenue or which would typically be available on Worth Avenue — Stubbs and Wooton slippers, jacket from Brooks Brothers, shirts from Ralph Lauren.”

One of Mr. Rose’s favorite subjects is Mizner, because of the architect’s colorful personality and how it influenced his success.

“He was probably only a mediocre archi-
tect,” Mr. Rose said. “But he was a talented artist and a natural PR person. The monkey that he had, Johnnie Brown, was not only a pet. Photographers loved to photograph Mizner with his monkey.”

Many folks are surprised to learn that while Mizner made $10 million in revenue from about 1918-1928, he died a penny-
less man and was buried in an unmarked grave in San Francisco.

Besides what he learned from Mr. Ponce and his own extensive study, Mr. Rose said he relied on the research done by Christina Orr-Cahill, the former direc-
tor of the Norton Museum of Art, who wrote her doctoral thesis on Mizner.

“One aspect that people have forgot-
ten is that Palm Beach became not only America’s first resort destination, but the fact that it became the most exclusive resort destination. A lot of that has to do with World War I, because so many of the Gilded Age families used to go to the South of France and the Mediterranean during the winter months.

“That’s where you went to get away from the cold,” he said. “(Paris) Singer was one of the many families that had a big estate on the South of France, but they couldn’t access those houses during World War I because the war was raging in Europe. No one was going to the Mediterranean at all. There was a void and it was practically Paris Singer’s idea to establish Palm Beach as the American Riviera.”

It’s no coincidence that Palm Beach became exclusive, Mr. Rose said. “It’s really because there was a proactivity on the part of Singer, who was so well-connected with all the other wealthy families of the era, and Addison Mizner, to create Palm Beach as America’s Riviera.”

Visitors who take the Worth Avenue tours or read Mr. Rose’s guidebook will learn much about Singer and Mizner. But there’s so much more to discover.

From the perspective of the book, The Breakers is ground zero.

“The target audience that gained the most from the book are any types of guests staying at one of the hotels in the midtown section of Palm Beach,” Mr. Rose said. “For me, The Breakers would be ground zero. But really, the same holds true for the Bradley Hotel, the Brazilian Court, the Colony, the Chester-
field — any hotels in that area are really ground zero for the book because priority has been given to anything on the island.”

When you go out from the island, the level of inclusion and information recedes or declines when you get farther away from Palm Beach.

Mr. Rose has a degree in hospitality from Florida State University College of Business and worked for major hotel groups for 20 years, mainly in internation-
al sales and marketing. He left the interna-
tional hotel business in 2004 and co-owns and operates Grandview Gardens Bed & Breakfast and Palm Beach Vacation Rent-
als in West Palm Beach. ■

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- Oasis Singer Island 15B
- Ritz Carlton Residence 402A
- Ritz Carlton Residence 1804A
- Ritz Carlton Residence 1904A
- Ritz Carlton Residence 1502B
- Water Club 1703-S
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‘Little Shop’ a farcical feast of fiendishly floral fun

BY STEPHEN J. SMITH
ssmith@floridaweekly.com

If you're a hankering to sink your teeth into a juicy, delicious slab of musical theater, Michael Lifshitz says MNM Productions' upcoming “Little Shop of Horrors” is the bloody special of the day.

“We wanted our fourth show this season to be an audience pleaser with a classic Christmas tale,” said Mr. Lifshitz,_based on the people we know here in the area who we have already worked with,” Mr. Lifshitz said. “As always, our focus is to capitalize on the notoriety of the original ‘B’ movie and both the original Off-Broadway and Broadway productions.”

MNM is co-presenting “Little Shop” with the Kravis Center at its Rinker Broadway and Broadway productions. "We knew we could cast ‘Little Shop’ if they haven't seen the stage play, the movie is wildly popular. We're hoping to capitalize on the notoriety of the original "B" movie and both the original Off-Broadway and Broadway productions."

The focal point is a 16-foot tall Christmas tree in the Grand Hall with its traditional ornaments and colored electric lights. Edward H. Johnson, Thomas Edison's friend and partner in the Edison's Illumination Company, first strung about 80 red, white and blue electric Christmas tree lights together for his Christmas tree in 1882, near the start of the Gilded Age. Kids can meet Santa Claus, while parents enjoy refreshments and listen to joyful holiday music on the historic J.H. & C.S. Odell pipe organ.

The local children, presenting gifts, and in some of the most beloved Christmas carols. Others can visit Whitehall's historic J.H. & C.S. Odell pipe organ. Today is the performance of holiday music on the Steinway Piano in Whitehall's Drawing Room. The grand art case piano was custom designed to match the aluminum leaf detailing of the Louis XVI-style room and special music on the Steinway Piano in Whitehall's Drawing Room.

Ah! The splendor of the Gilded Age! The Flagler Museum puts on all its glitter and glamour for the annual celebration of Christmas At Whitehall. Festivities kick off Dec. 3, with the tree lighting. From 3 to 5 p.m., guests can visit Whitehall's first floor, which is decorated in traditional Gilded Age fashion.

The Flagler Museum offers a Gilded Age tree lighting on Dec. 3. 

Flagler offers a Gilded Age tree lighting

BY JANIS FONTAINE
jfontaine@floridaweekly.com

The Flagler Museum will hold its Gilded Age Christmas tree lighting on Dec. 3.
COLLECTOR’S CORNER

Will this 1920s appliance join my fan club?

To hear my maternal grandmother tell the story, she had a near-idyllic existence living on a hill above Connersville, Indiana, during the 1940s and ’50s. My great-grandparents owned the home that once had belonged to my great-great-grandparents; my grandparents had built a Cape Cod cottage behind that house, so everyone moved freely from house to house.

During the evenings in those days before air conditioning was widely available, the family would gather on the porch of my great-grandparents’ Victorian home. There, they listened to the radio — Jack Benny was a favorite — and read and sewed.

And above that healthy din was the steady hum of the brass-bladed GE fans. There were several of the fans to keep the air moving on the large porch.

During the house was sold, my grandfather kept one of the fans, a 1915 model he brought to Florida in 1958. I remember the heavy fan being stored atop a metal shelf in the utility room before making its way to the floor next to the washer.

It had been consigned to an outdoor storage shed when I rescued it — I had visited a store in Sarasota that cleaned and lacquered the old fans, and I had a dream of doing just that. I never made it quite that far, though I did have the fan’s cord replaced.

When the repair shop called to say the fan was ready for pickup, the serviceman remarked that its motor ran silently.

That was more than 20 years ago. Today, I marvel that something more than 100 years old was designed to endure.

When my air conditioning died this spring, that old GE lent a steady breeze, cooling the house and stirring memories of a time when fans like it were the only game in town. I’m not sure how Southerners endured in the days before electricity and those early fans.

Of course, folks were used to the heat. My dad’s mother, Dorothy, remembered it would be so hot on the family farm in Georgia that they dragged pallets onto the porch floors to sleep outside. There was no breeze to speak of in the summer, otherwise the central dogtrot hallway of the house would have drawn air into the rooms. They didn’t even have electricity in the country until late in the 1930s.

In Florida, we adapted. The 1960 house in which I grew up in Fort Myers had walls of windows. So did my maternal grandparents’ 1958 home — you could see the boats going up the Caloosahatchee from their picture window.

Grandma remembered putting a couple of sheets on the living room floor and lying down next to me for a nap in the afternoons before they installed air conditioning. A box fan kept the air moving.

Even after we had air conditioning at home, many public institutions did not yet have it.

Orange River Elementary School, where my mother taught and where I attended grade school, had no air conditioning. Neither did Lee Middle School, also in Fort Myers.

There were box fans in the classroom of those schools, which were designed with banks of windows that opened on a lower level on one side of the rooms, while another side had a clerestory of windows above the blackboards.

I don’t know that the teachers got the notion of opening those upper windows so the breeze would carry the warm air through them, so we baked.

Now, we can marvel at how comfortable air conditioning has made living year-round in South Florida.

But I can take a look back at that GE fan and marvel that it’s still able to effortlessly move the air a century after its creation.

And that, folks, is cool.
Opportunity to host lunch, shopping event

As the holiday shopping season begins, look no further than Palm Beach’s oldest children’s charity to fill your gift list. Opportunity Early Childhood Education & Family Center will host its annual Holiday Luncheon & Boutique on Wednesday, Dec. 6, at the Sailfish Club in Palm Beach. The 10th annual fundraiser will encourage guests to “Give the Gift of Opportunity.”

Luncheon guests may also browse for “wrappable” gifts from exclusive boutiques. The shopping portion of the event compares to an overflowing trunk show featuring “it bags” by Neely & Chloe Burch, original jewelry creations from Idalia Baudo and the latest home accessories from HIVE.

Give the Gift of Opportunity this season! Sip, shop, and socialize at the 2017 Holiday Luncheon & Boutique on Wednesday, Dec. 6, at the Sailfish Club. Proceeds benefit the programs for the children and families of Opportunity Early Childhood Education & Family Center. Tickets are available online at www.opportunitypbc.org.

Church plans dinner theater performances

Looking for “A Perfect Christmas” this year? You may find it at a church.

For the 25th consecutive year, the congregation of the United Methodist Church of the Palm Beaches will stage its annual Christmas Dinner Theater.

This year’s event, dubbed “Mission: Christmas: 2017,” features a production of “A Perfect Christmas,” a story of two families in crisis who have forgotten the true meaning of Christmas until Anna, an angel, delivers the message of Christmas as only she can.

Performances are Wednesday, Dec. 6, Thursday, Dec. 7, and Friday, Dec. 9. The doors open at 6 p.m., with a traditional Christmas turkey dinner served at 6:30 p.m., followed by the show at 7:30 p.m. The church is at 900 Brandywine Road in West Palm Beach.

Tickets are $25 for adults and $15 for children ages 12 and under. Tickets can be purchased at www.umcpb.com/mission-christmas or by calling the church at 561-687-5411 or at the church, at 900 Brandywine Road in West Palm Beach. All proceeds will pay for local mission projects of the church.

Choral Society conjures ‘Magic’

The Choral Society of the Palm Beaches plans to offer a little “Holiday Magic” this month.

The group, directed by S. Mark Aialloupolis, will perform festive musical numbers from Leonard Bernstein’s “Chichester Psalms” and Benjamin Britten’s “Ceremony of Carols,” in two shows, set for Dec. 9-10 at Florida Atlantic University’s Osher Lifelong Learning Institute Auditorium in Jupiter.

Performances are 7:30 p.m. Saturday, Dec. 9, and 4 p.m. Sunday, Dec. 10. Cost is $25, $10 for students.

The auditorium is at 5353 Parkside Drive, Jupiter. Info: www.choralsocietypalmbeaches.org.

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WE EXPECT A SELLOUT!
Mandel JCC presents literary events in December

The first week of December is a week of scholarship at the Mandel JCC, with a focus on authors and books.

On Sunday, Dec. 3, and Tuesday, Dec. 5, Mandel JCC will host a number of authors who will discuss their works and respond to audience comments. Choose one author per time block. The schedule and fees follow.

SATURDAY, DEC. 3: Boynton Beach Jewish Book Fair
A daylong celebration of books, Mandel JCC, 8500 Jog Road, Boynton Beach.

- “The Book of Separation: A Memoir,” by Tova Mirvis, 10:30 a.m. This is a memoir of a woman who leaves her faith and her marriage, and sets out to navigate the terrain of a new world. Ms. Mirvis is the author of “The Ladies Auxiliary,” “The Outside World” and “Visible City.” With “The Book of Separation,” she shifts genres, revealing some autobiographical aspects of her fiction.

- “The Trial of Adolf Hitler: The Beer Hall Putsch and the Rise of Germany,” by David King, 10:30 a.m. Based on trial transcripts, police files and other sources, including some 500 documents recently discovered from the Landsberg prison record office, “The Trial of Adolf Hitler” is the never-before-told story of the scandalous courtroom drama that paved the way for the rise of Adolf Hitler and the Nazi Party.

- Keynote Lunch: “The Trust,” by Ronald H. Balson, Noon. When his uncle dies, Liam Taggart reluctantly returns to his childhood home in Northern Ireland for the funeral. When he arrives, he learns that not only was his uncle shot to death, but that he’d anticipated his own murder: In an astonishing last will and testament, Uncle Fergus has left his entire estate to a secret trust, directing that no distributions be made to any person until the killer is found. Mr. Balson is a Chicago trial attorney, educator and author of the international bestseller “Once We Were Brothers.”

- “The Saturday Evening Girls Club,” by Jane Healey, 2 p.m. Four young immigrant women living in Boston’s North End in the early 1900s find sanctuary from their home lives in a social pottery-making group, where they find hope for a better future.

- “Managing Bubbie,” by Russel Lazega, 2 p.m. Her devoted family only wants the best for their Bubbie in her twilight years, following a life as a Holocaust survivor who has risen above the squalor of Poland’s ghettos, fled across war-torn Germany and survived the winter-ravaged Pyrenees on foot with three children.


- “Kasper Mutzenmacher’s Cursed Hat,” by Keith Fentonmiller, 3:15 p.m. This is the story of the Mutzenmacher family, cursed to sell hats since their ancestor stole Hermes’ teleportation hat in the fourth century. Kasper doesn’t mind making hats, but his life changes when the government reclassifies him as a Jew in 1938. Kasper must convince his son and grandson to break the curse that has trapped the family in the hat business for 16 centuries. Their lives will depend on it.

- “Bronx Heart, Jerusalem Soul,” by Raya Sue Harris, 3:15 p.m. Bronx native Tyra Miller discovers acts of courage by her devoted Jewish family, leaving her wondering if she’d be capable of making similar sacrifices. Her guilt propels her on an academic journey to Israel where she falls in love with the country’s rich ancient history, modern development and people.

- “When the Heavens Kiss the Earth: Mystical Insights for Personal Growth,” by Rabbi David Karmi Ingber, 3:15 p.m. The purpose of life, fate, destiny, free will and a grand plan, the spiritual universes and body and soul are explained from the perspective of the great Kabballists, elucidated with analogies, metaphors and stories. At the end of each chapter, Rabbi Ingber brings theory into action with exercises and practical applications to transform ideas into reality.

Dec. 3 admission varies as follows:
- Three authors, lunch and presenting author book discount: $40 for JCC and Literary Society members; $20 for guests
- Three authors: $27 for JCC and Literary Society members; $23 for guests
- Keynote lunch only: $18 for JCC and Literary Society members; $21 for guests
- Per author presentation: $10 for JCC and Literary Society members; $12 for guests

Tuesday, Dec. 5: Celebrating Sisterhood
Temple Emanuel-El, 190 N. County Road, Palm Beach

- “My Jewish Year: 18 Holidays, One Wondering Jew,” by Abigail Pogrebin. Ms. Pogrebin wants to understand what has kept holidays vibrant for thousands of years and embarks on intensive research, observation, and writing about the milestones on the Jewish calendar. A book about Jewish holidays and understanding how contemporary people find personal meaning in these traditions.

Dec. 5 admission: $38 for members of the temple, Author & Reader Literary Society and JCC Members; $44 for guests.

For more information or to register for any of the events, visit www.JCCOnline.com/bookfestival.
Fellowship ‘Sunday Conversations’ expand to four programs

The Palm Beach Fellowship of Christians & Jews kicks off its Sunday Conversations series on Dec. 3 with author Richard Rene Silvin speaking about “Mar-a-Lago: Post to Trump.”

The program will take place 4-5:30 p.m. Dec. 3 at the Wells Fargo Private Bank Community Room, 255 S. County Road, Palm Beach.

Mr. Silvin has published five books, including a memoir about his friendship with the Duchess of Windsor; a history of Palm Beach seen through the eyes of architect Addison Mizner; and a historical novel about the SS Normandie.

The remaining three programs in this series will take place in the Royal Poinciana Chapel’s Fellowship Hall, 601 Cocomar at Row Palm Beach. The series has expanded from three to four programs.

“The series was very well-received the past two seasons and there are so many outstanding speakers here locally to choose from, so we added a fourth program this season,” said Enid Pollack, program committee chair.

The rest of the series:

■ Jan. 21: Robert Watson PhD, will present “Is Civility Dead...and Does It Matter?” Watson is an award-winning author who has published 40 books and hundreds of scholarly articles on history and politics.

■ Feb. 19: Richard D’Elia PhD will present “Churchill: France, India and Other Little-Known Controversies.” D’Elia is a retired U.S. Army officer and a college professor.

■ March 18: Deborah Pollack, a Palm Beach art dealer, author and speaker, will present “Beauty and a Couple of Beasts.”

To celebrate its 25th anniversary season, the Fellowship is offering a variety of programs with the theme “Seeking Common Ground.” The Fellowship was founded in 1993 by a handful of Palm Beach residents who were determined to take aim at intolerance and discrimination.

“This is the third season for Sunday Conversations, our lecture series designed to bring people of all backgrounds together to share common interests,” said Fellowship Chairman John C. Randolph.

The presenters are all top-notch speakers on a variety of historical and cultural topics.

Light refreshments will be served. Reservations are requested. Visit www.palmbeachfellowship.net or call 561-833-6150.

Celebrate December with the City of Palm Beach Gardens

34TH ANNUAL GARDENS HOLIDAY BAZAAR
FRIDAY, DECEMBER 1 • 11AM-7PM
SATURDAY, DECEMBER 2 • 9AM-4PM
Burns Road Recreation Center
4404 Burns Road

TREE LIGHTING FESTIVAL
WEDNESDAY, DECEMBER 6 • 6-8PM
Burns Road Recreation Center
4404 Burns Road

THE GARDENS GREENMARKET
SPONSORED IN GOOD HEALTH BY PALM BEACH GARDENS MEDICAL CENTER
SUNDAYS THRU MAY 6, 2018
RAIN OR SHINE
10500 N. MILITARY TRAIL

FOR MORE INFORMATION:
561-630-1100 • INFO@PBFL.COM • WWW.PBREC.COM

HARBOURSIDE HAPPENINGS

ART FOR ANIMALS
Saturday, December 2 | 6PM -9PM
We invite you to join us for an evening of beautiful art and animals. Enjoy a cocktail and do some shopping to benefit wildlife. House of Art’s Gallery will be donating 15% of the proceeds from any art sold to the Busch Wildlife Sanctuary.

PALM BEACH HOLIDAY BOAT PARADE
Saturday, December 2 | 5PM- 10PM
Harbourside Place is the premier viewing location for the Holiday Boat Parade. Enjoy family-fun activities including face-painting, balloon artist, games, live music, and more!

LIVE MUSIC ON THE WATERFRONT
Fridays & Saturdays | 6pm –10pm
Join us at the waterfront amphitheater to enjoy live music.
Friday, December 1: Professor Pennygoode’s Mighty Flea Circus
Saturday, December 2: Andrew Morris Band

harboursideplace.com | 561.935.9533
Connect with us:  #HarboursideFL
Thursday 11/30


Clematis By Night Holiday Tree Lighting — 6 p.m. at the West Palm Beach Downtown Waterfront. Holiday tree lighting at 7 p.m., activities, vendors. www.clematisbynight.net

“The Songs of the Rolling Stones” — 7:30 p.m. Nov. 30, Oshri Lifelong Learning Society, FAU John D. MacArthur Campus, Jupiter. Join performer Rod MacDonald & The Humdinger for an easy-on-the-ears tour through the music and genius of this unique band, told in their songs. $25/member $35/non-member. 561-799-8454; www.oshrilight.com


Friday 12/1

2017 Holiday Tree Lighting Ceremony — 6-8 p.m. Dec. 1, Town Green, Park Avenue. 6-8 p.m. Downtown Lake Park. Santa arrives at 6:15 p.m. Tree lighting at 7 p.m. Entertainment, games, vendors. www.lakewalkflorida.gov or 561-840-0160.


Opening of “Washed Ashore: Art from the Sea” — 4 p.m.-6 p.m. Dec. 1, Mounts Botanical Garden, 531 N. Military Trail, West Palm Beach. This new exhibit includes works by 27 artists made entirely of marine debris collected from beaches. The sculptures are located throughout the garden’s 14 acres and are on display through June 3. The opening is free for members, children 18 and younger, $15 nonmember adults and $5 age 5-12. 561-233-1757; www.mounts.org.

Sunday 12/3


Monday 12/4


Author discussion: Antonio Villa Cabello — 6 p.m. Dec. 4, Palm Beach County Library Main Branch, 3605 Summit Blvd., West Palm Beach. “Codi- cia, Cronica De Una Guerra Anunciada” is the Spanish language latest book on the Spanish and analyzes and discusses the events that led to the Spanish American War in 1898 that ended the dominion of Spain in America. Free. Register in advance at 561-233-2600.

Bake Sale and Raffle — 10 a.m.-5 p.m. Dec. 5, North Palm Beach Library, 303 Anchorchase Drive, North Palm Beach. Hosted by the Friends of the NPBL. 841-3383.

Tuesday 12/5


At the Colony


Motown Fridays with Memory Lane — 9 p.m. to midnight.

After Party with Raquel Williams — 9 p.m. to midnight.

AT DRAMAWORKS

Ann & Don Brown Theatre, 201 Clema- ti St., West Palm Beach. 514-4042, Ext. 1; pbgdramaworks.org.


Dramalogue: Talking Theater — A series that explores all aspects of the theatre industry, in conversation with the industry’s top professionals and master artists. Dramalogue events are Tuesdays at 7 p.m. and 7 p.m. Subscription: $108, Individual tickets: $23.


Dramawise: “Billy and Me” — Dec. 7, a three-part discussion of the finer points of theater with others who are fascinated by the characters, themes, social relevance, and points of view. Act 1 features a discus- sion of the play and playwright. The inter- mission and lunch at a local restaurant for casual discussions with other fans. Act 2 is a discussion with the production team. Three parts: 50 members, $40 mem- bers, Intermission and Act 2: $40 members, $45 nonmembers. Act 2 only: $15 members. 561-338-2604.

At the Kelsey


Holiday Musical Extravaganza — Dec. 16. Students from the Palm Beaches and Treasure Coast perform seasonal music on piano, violin, voice, flute, and guitar in Bloomdale’s Court. 10 a.m. to 7 p.m. Proceeds benefit Camp VITAS, a bereavement camp for children and teens who have lost a loved one.


Stop in from 11 a.m. to 7 p.m. on the upper level near the food court. Donations will benefit The Arc of Palm Beach County.

Salvation Army Angel Tree — Through Christmas Eve. Buy a gift for a kid in this worthy program.


At Harborside


Live Music on the Waterfront — 6-8 p.m. Friday and Saturday.

Jupiter Green & Artisan Market — 10 a.m.-3 p.m. Sundays, year-round.

At the Krais

Kravis Center for the Performing Arts, 701 Okeechobee Blvd., West Palm Beach. 561-832-7487; www.kravis.org.

Regional Arts Concert Series: MUSIC “At Eight” & MUSIC “At Two”
**CALANDER**

**AT MOUNTS**

**Yoga in the Garden** — Dec. 3 and 17
Stories in the Garden — Dec. 8.

**The Literary Garden: Book Discussion** — Dec. 12.

**AT PBAU**
Palm Beach Atlantic University — 901 S. Flagler Drive, West Palm Beach. Performances take place at: DeSantis Family Chapel, 701 Okeechobee Blvd., West Palm Beach; Persson Recital Hall in Vera Lea Rinker Hall, 326 Acacia Road, West Palm Beach; the Kravis Center, 701 Okeechobee Blvd., West Palm Beach. 803-2970; pba.edu/performances

**Symphonic Band Fall Concert** — Dec. 1, DeSantis Family Chapel. $10, $5 non-PBA students with ID.

**An Evening of Diverse Chamber Music** — Dec. 2, Persson Recital Hall. $10, $5 non-PBA students with ID.

**AT THE PLAYHOUSE**

**Main stage:**

**Limited Engagements:**
- Divas Holiday Party — Dec. 8
- "It’s a Wonderful Life: The Radio Play" — Dec. 9-10. $25 adults. $15 age 12 and younger.

**Children’s Shows:**

**AT THE PEARL**

**Main stage:**

**AT PGA ARTS CENTER**
PGA Arts Center, 4076 PGA Blvd., Palm Beach Gardens. 888-264-1788; www.pgartscenter.com.

**“Ivory Berlin Salutes America”** — Nov. 30-Dec. 24.

**AT THE IMPROV**

**Jo Koy** — Dec. 1-2

**Val Kilmer: Cinema Trwain** — 7 p.m. Dec. 3

**Steve Lemme & Kevin Heffernan from Super Troopers** — 8 p.m. Dec. 7-9

**Tickets:** Early buyer VIP three-day pass, 9 a.m.-noon Dec. 1, $25; general admission, $8; seniors, $7; 2-day admission, $10. www.pwpbal.com or 949-697-7475.

**Yesteryear Village, A Living History Park** — Through Dec. 30. Hours are 10 a.m. and 4 p.m. Thursday through Saturday. Tickets: $10 adults, $7 seniors age 60 and older, $5 children age 5-11, and free for younger than age 5. 561-790-3110 or 561-793-0333.

**Ghost Tours** — Fridays through Dec. 30. Tickets: $18. Reservations required at 561-290-2522 or email yyy@southfloridafair.com.

**AT THE SCIENCE CENTER**
The South Florida Science Center and Aquarium, 4800 Dreher Park Road, West Palm Beach. Hours: 9 a.m.-5 p.m. Monday through Saturday and Sunday. 561-828-1988; www.sfsciencecenter.org.

**Silver Science Days** — 2-5 p.m. the second Wednesday. Guests 60 and older can enjoy an afternoon of science designed just for them. $10.

**AT GEMS Club @ STEM Studio Jupiter** — 5-7 p.m. the second Tuesday of the month at the STEM Studio; 112 Main St., Jupiter. Girls in grades 3-8 explore the worlds of math, science, engineering and technology. $10 fee includes dinner and refreshments. Pre-register at www.sfsciencecenter.org/stem-studio-gems.

**AT FOUR ARTS**
The Society of the Four Arts, 2400 North County Road, West Palm Beach. Call 561-655-7227; www.fourarts.org.

In the Mary Alice Fortin Children’s Art Gallery:
- "Illustrating Words: The Wondrous Fantasy World of Robert L. Forbes and Ronald Searle."

In the Esther B. O’Keefe Gallery:
- "Portraits: The Wondrous Fantasy World of Robert L. Forbes and Ronald Searle."
- "A Man for All Seasons: The Art of Winston Churchill" — Saturday, Dec. 1 through Sunday Jan. 14. This intensely personal exhibition includes 28 paintings along with rarely

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**AT THE MALTZ**
Maltz Jupiter Theatre, 1001 E. Indiantown Road, Jupiter. 561-575-2223; www.jupitertheatre.org.


"A Man for All Seasons: The Art of Winston Churchill" — Saturday, Dec. 1 through Sunday Jan. 14. This intensely personal exhibition includes 28 paintings along with rarely

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**AT THE FAIRGROUNDS**
The South Florida Fairgrounds, 9046 Southern Blvd., West Palm Beach. 561-793-0333; www.southfloridafair.com

West Palm Beach Antiques Fes-
tival — One of the largest shows in the state, noon-5 p.m. Dec. 1 and 10 a.m.-4:30 p.m. Dec. 3.

**Tickets:** Early buyer VIP three-day pass, 9 a.m.-noon Dec. 1, $25; general admission, $8; seniors, $7; 2-day admission, $10. www.wpbfair.com or 949-697-7475.

**Yesteryear Village, A Living History Park** — Through Dec. 30. Hours are 10 a.m. and 4 p.m. Thursday through Saturday. Tickets: $10 adults, $7 seniors age 60 and older, $5 children age 5-11, and free for younger than age 5. 561-790-3110 or 561-793-0333.

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CALENDAR

**Saturday, December 9, 2017**

**7:00 PM-9:00 PM**

**Seabreeze Amphitheater**

**Carlin Park**

750 South S.R. A1A, Jupiter, Fl. 33477

For more info: www.pbcgov.com/parks

**Concessions available on site**

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CALENDAR


**Monthly Chapter Meeting** — Dec. 4, Okeeheelee Park Nature Center, 7780 Forest Hill Blvd, West Palm Beach. A cookie exchange and program at 7:30 p.m. Guests welcome. Call Margaret at 324-364-3.

The Happiness Club of Palm Beach — Meets at 5 p.m. the first Monday of every month at Bice Restaurant, 315 Perdelin Ave., Palm Beach. Donation: $20 at the door or online at www.HappinessClubPalmBeach.com.


**Shipwreck: Discovering Lost Treasures** — Through June 30.


The Lighthouse ArtCenter — Gallery Square North, 373 Tequesta Drive, Tequesta. Hours: 10 a.m.-4 p.m. Monday-Friday and 10 a.m.-2 p.m. Saturday. Admission is $5 Monday-Friday, free the first Saturday of the month and for members and exhibiting artists. 561-746-301; www.LighthouseArts.org.


**Third Thursday** — 5:30-7:30 p.m. the third Thursday of the month. Wine and hors d’oeuvres reception and passed hors d’oeuvres reception and passed hors d’oeuvres. 561-832-596; www.norton.org.


The Palm Beach Photographic Centre — 41 Clematis St., West Palm Beach. 561-253-2600; www.workshop.org.

**“Local Eyes, Global Views: Celebrating the Photography of Barron Collier, Alexander W. Dreyfoos and Leslie Slatkin”** — Through Jan. 5.

The Palm Beach Zoo & Conservation Society — 1301 Summit Blvd., West Palm Beach. Hours: 9 a.m.-5 p.m. daily. Tickets: $18.95 adults; $16.95 seniors, 32.95 age 3-12, free for younger than 3. 561-553-0887; www.palmbeachzoo.org.

**Area Markets**

<table>
<thead>
<tr>
<th>Market Name</th>
<th>Hours</th>
<th>Location</th>
<th>Contact Information</th>
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<tbody>
<tr>
<td>Lake Worth High School Flea Market</td>
<td>5 a.m.-3 p.m. Saturdays and Sundays under the Interstate 95 overpass on Lake Worth Road.</td>
<td>561-439-1839.</td>
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</tr>
<tr>
<td>West Palm Beach Antique &amp; Flea Market</td>
<td>8:30 a.m.-2:30 p.m. Saturdays through May on Narcissus Avenue north of Banyan Boulevard. Free.</td>
<td><a href="http://www.wpbantiqueandfleamarket.com">www.wpbantiqueandfleamarket.com</a>.</td>
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<tr>
<td>The West Palm Beach Greenmarket</td>
<td>9 a.m.-3 p.m. Saturdays along the West Palm Beach Waterfront, 100 N. Flagler Drive, West Palm Beach. Parking is free in the Banyan and Evernia garages during market hours.</td>
<td><a href="http://www.wpb.org/greenmarket">www.wpb.org/greenmarket</a>.</td>
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<tr>
<td>Lake Worth Farmers’ Market</td>
<td>9 a.m.-1 p.m. Saturday, through April 29, Old Bridge Park, AIA at Lake Avenue (1 S. Ocean Blvd.), Lake Worth.</td>
<td>283-5956.</td>
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<tr>
<td>The Gardens GreenMarket</td>
<td>8 a.m.-1 p.m. Sunday, City Hall Municipal Complex, 1050 N. Military Trail, Palm Beach Gardens. 630-1001; <a href="http://www.bgfl.com/279/greenmarket">www.bgfl.com/279/greenmarket</a>.</td>
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<tr>
<td>Jupiter Green &amp; Artisan Market at Harbourside Place</td>
<td>10 a.m.-3 p.m. Sunday, year-round, 200 N. U.S. 1.</td>
<td>Email <a href="mailto:info@harboursideplace.com">info@harboursideplace.com</a>.</td>
<td></td>
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<tr>
<td>The Green Market at Palm Beach Outlets</td>
<td>11 a.m.-4 p.m. Sunday.</td>
<td>561-515-4400; <a href="http://www.palmbeachoutlets.com">www.palmbeachoutlets.com</a>.</td>
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<tr>
<td>Farm Stands @ CityPlace</td>
<td>9:30-9 p.m. Thursdays, CityPlace, 700 S. Ocean Avenue, West Palm Beach. 561-283-5856; <a href="http://www.cityplace.com">www.cityplace.com</a>.</td>
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**HIT SHOWS IN PALM BEACH GARDENS!**

**A Musical Tribute and Patriotic Holiday Celebration. Irving Berlin Salutes America is a celebration of the music of the greatest composer in American history!**

**DECEMBER 27 – JANUARY 21**

**In Avi Hoffman’s Too Jewish! the award winning comedian combines a delightful mix of music, comedy, impersonations, and personal reminiscences to take you on a journey through his Jewish roots.**

**JANUARY 25 - MARCH 18**

**Cooking with the Calamari Sisters**

Hilarity, delicious dishes and two over-the-top plus-size Italian Sisters from Brooklyn take you on a Tour de Force of Italian, pop & show tunes and cuisine as they sing, dance, joke, and laugh through a very special cooking lesson!**

**PAGA ARTS CENTER**

*(Formerly PGA Cinema; Singh Plaza)*

4076 PGA Boulevard
Palm Beach Gardens, FL 33410

For Tickets:

1-855-HIT-SHOW (1-855-448-7469)
Groups (10+): 561-808-3466

PAGAartsCenter.com

Also Join Us for our New Year’s Eve Champagne Toast Song & Dance Celebration of Broadway! (Dec. 31st, 7pm & 9:30pm)
Santa’s Arrival Dance Party at T*

Florida Weekly welcomes submissions for the Society pages from charity galas and fundraising events, club meetings and other to-dos around town. We need
The Gardens Mall draws hundreds

10. Andrea DiZeo and Margarita Tucitt
2. Andrew Gerber, Dukess Gerber, Channing Gerber and Coulton Gerber
4. Brenda Garcia, Jenny Garcia, Jenny Garcia and Armando Garcia
5. Gus Renny and Eva Renny
6. Chelsea Brotman, Sunny Brotman, Steve Brotman, Lucy Brotman and Pati Brotman
7. Finley Fox, Justin Fox and Tea Fox
8. Jordan Walsh, Deanna Walsh and Brayten Walsh
9. Harrison Gregorio, Kim Gregorio, Ellnor Gregorio and Chris Gregorio
10. Vicki Vought, Kati Vought and Nancy Vought
11. Kristen Hritz, Haileigh Hritz, Ryan Hritz and Bobie Hritz
12. Tamara Drock, Ryan Drock, Parker Fay and Emily Fay

300-dpi photographs of groups of two or more people, facing the camera and identified by first and last names. Questions? Email society@floridaweekly.com.

HOLIDAY MUSIC AND LIGHT SHOW
Every night through the New Year
6, 7, 8 & 9pm - Centre Court

DOWNTOWN EXPRESS HOLIDAY TRAIN RIDES
Monday-Thursday: 11am-7pm
Friday & Saturday: 11am-9pm
Sunday: Noon-6pm
Departs from Carousel Court
**FLORIDA WRITERS**

**A masterful exploration of the causes and consequences of an unjust conviction**

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**“The Man Who Invented Christmas”**

By Dan HUDAK

There are many problems with “The Man Who Invented Christmas,” and the first is its title. It rings false. You hear/see it and immediately think it can’t possibly be true. We learn director Bharat Nalluri is trying to suggest Charles Dickens’ novella “A Christmas Carol” creates Christmas as we know it. That’s fine, but “Christmas as we know it” is darn different from “invented Christmas.”

The film endeavors to show Dickens’ (Dan Stevens) inspirations for the novella, and the hardships he faced in getting it done. For absolutely no good reason the movie starts in 1842 New York City, where Dickens is on a promotional tour. From this prologue we learn that Dickens is a popular writer. If you didn’t already know Dickens is a popular writer, you should go to high school. He did invent Christmas after all.

Three flops and 16 months later, it’s October 1843 and Dickens is short on cash with a wife, Kate (Morfydd Clark), four kids and a house. Full of family, his father’s (Jonathan Pryce) a moocher, Kate’s pregnant and he clearly picked a bad time to renovate the house. His only friend is John Forster (Justin Edwards), who also appears to be a moocher. Dickens sets out to make a name for himself to the outside world. Later, Forster is the inspiration for the ghost of Christmas present.

With his publishers not trusting him after poor sales for “Martin Chuzzlewit,” Dickens decides to self-publish his next book, “A Christmas Carol: A Ghost Story of Christmas.” The problem is he has no inspiration, and inspiration comes and goes. Worse, most times when he is being productive he’s annoyingly talkative.

This isn’t good, and I don’t mean just from Dickens’ point of view. The film’s best scenes come as Dickens imagines Ebenezer Scrooge (Christopher Plummer), Jacob Marley (Donald Sumpter), Ebenezer Scrooge (Christopher Plummer), Miss Lingard (Emily Beecham), Kate’s pregnant and he clearly picked a bad time to renovate the house. His only friend is John Forster (Justin Edwards), who also appears to be a moocher. Dickens sets out to make a name for himself to the outside world. Later, Forster is the inspiration for the ghost of Christmas present.

With his publishers not trusting him after poor sales for “Martin Chuzzlewit,” Dickens decides to self-publish his next book, “A Christmas Carol: A Ghost Story of Christmas.” The problem is he has no inspiration, and inspiration comes and goes. Worse, most times when he is being productive he’s annoyingly talkative.

This isn’t good, and I don’t mean just from Dickens’ point of view. The film’s best scenes come as Dickens imagines Ebenezer Scrooge (Christopher Plummer), Jacob Marley (Donald Sumpter), Ebenezer Scrooge (Christopher Plummer), Miss Lingard (Emily Beecham), and the courtroom — is administered; actualized in the sheriff’s department — is administered by Higby, the demonic arresting officer, but his ill-equipped public defender and by a system that had no interest in raising questions about the past.

In London over the last years and the taint on his name, Franky gains employment with the Justice Now Initiative, a small organization that aids people facing the problem of having been unjustly imprisoned. A haunted man, he’s not an ideal supervisor, but his supervisors nurture him as best they can. In order to more fully establish the innocence, Franky feels the need to find others whose lives and deaths seem to be a competent and caring person.

About the author

Michael WILEY has published the Daniel Turner thriller series (including “Blue Avenue,” “Bad Skin” and “Black Hammock”) and the Shamus Award-winning Joe Kozmarski Private Detective series (“A Woman’s Sheri” and “The Bad Kitty Lounge” and “Last Stripease”). He grew up in Chicago and has lived and worked in the neighborhoods and on the streets where he sets his Kozmarski mysteries. He now teaches literature at the University of North Florida in Jacksonville, the setting of his Daniel Turner stories (which have been reviewed in these pages).

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**Justice League** ★★½/2

Gal Gadot, Ben Affleck, Jason Momoa, (Bauta Affleck) and Wonder Woman (Gado) bring in new recruits to help them fight off an alien bad guy intent on taking over the world. It starts slow, but some levity in the second half makes it enjoyable. Rated PG-13.

**Wonderstruck** ★★½/2

(Julianne Moore, Millicent Simmonds, Oakes Fegley) In separate storylines set in 1927 and 1977, deaf 12-year-olds (Simmonds and Fegley) in New York City search for what they feel their lives are missing. They are misfits, great visuals and masterful direction from Todd Haynes (“Carol”) make this one of the nicest and most fulfilling experiences of the year. Rated PG-13.

**Daddy’s Home 2** ★★½

(Mark Wahlberg, Will Ferrell, Mel Gibson) Gibson’s Dusty (Wahlberg) and Brad (Ferrell) have their own fathers (Gibson and John Lithgow) come to visit, which leads to family chaos. It’s not funnier than its 2015 predecessor, and is the perfect way to get into the Christmas spirit this year. Rated PG-13.

**Thor: Ragnarok** ★★½

(Chris Hemsworth, Mark Ruffalo, Cate Blanchett) Thor (Hemsworth) and Hulk (Ruffalo) must save Thor’s home planet of Asgard from the villainous Hela (Blanchett). It’s so much fun! The action and visual effects are top notch, and best of all it’s hilarious from start to finish. Rated PG-13.
Armory brings together art, music, food for festival

Do we need to even say it? Art makes a beautiful, long-lasting, meaningful gift, and this weekend, the Armory Art Center in West Palm Beach will host the second annual West Palm Beach Art Festival, the perfect place to make the perfect purchase.

The West Palm Beach Art Festival has all the components it needs to stack up next to the other art festivals each year, and Palm Beach County, it seems, has an insatiable appetite for beautiful work. Last year, more than 6,000 showed up to browse the work of the 80-plus artists chosen to display, who work in ceramics, drawing, fiber, furniture, glass, jewelry, photography, printmaking, sculpture, mixed media and paint.

From 10 a.m. to 5 p.m. Saturday and Sunday, local and visiting artists will display the best of their work, while others offer demonstrations of their craft. Local musicians perform, food trucks will fill bellies, and lots of art activities are planned.

The artists’ 10-foot-by-10-foot tents will be scattered around the Armory’s sculpture garden and parking lot just south of Howard Park, at 1700 Parker Ave., West Palm Beach. The Kravis Center, the Palm Beach County Convention Center, Hilton West Palm Beach and CityPlace are within walking distance. From 11:30 a.m. to 4:30 p.m., Sam Perry will be in the gallery to discuss his show, “Social Set: Paintings, Drawings and Videos.” Mr. Perry teaches at PB&J at and the Armory Art Center.

Saturday, December 2, 2017 through Sunday, January 14, 2018

Winston Churchill, the great wartime leader and prime minister of Britain, was 40 when he began to paint. This intensely personal exhibition includes 28 of his paintings along with rarely seen photos, film clips, artistic portraits and historic memorabilia.

Winston S. Churchill (1874-1965), “Distant View of Èze,” 1930 (detail). Oil on canvas, 20 x 30 in. (50.8 x 76.2 cm.) Coombs No 209.

Collection the family of the late Julian Sandy

An exhibition organized by the National Churchill Museum at Westminster College in Fulton, Missouri, and The Society of the Four Arts, Palm Beach, Florida.

Entertainment highlights include The Johnny Bonez Band on Saturday and Les Nuages and the Orchid City Brass Band on Sunday.

Activity and entertainment schedule

Saturday, Dec. 2:
- Palm Beach State College Jazz Quintet performs at 10:30 a.m.
- Printmaking & Papiermache in the Young Artist Building, Room 101, at 11:30 a.m.
- The Palm Beach Pipes & Drums perform at noon.
- The Palm Beach State College Jazz Sextet performs at 1:30 and 3:30 p.m.
- Painting & Sound, a demonstration, in the Young Artist Building 101 at 2 p.m.
- A Raku demonstration will be given in the Kiln Area at 3:30 p.m.
- The Johnny Bonez Band performs at 3:45 p.m.

Sunday, Dec. 3:
- The Roaring Kelly Band performs at 10:30 a.m.
- A 3D jewelry demonstration takes place in the jewelry studio at noon.
- Les Nuages perform at 12:30 p.m.
- A ceramics demonstration on large pots takes place in the ceramics studio at 1:45 p.m.
- The Orchid City Brass Band performs at 2 p.m.
- A block-printing demonstration is offered in the Young Artist Building, Room 101.
- Nick Manzino performs at 3:30 p.m. to close the show.

For more information, visit www.westpalmbeachartsfestival.com.
**NUTCRACKER**

From page 1

for many years at Palm Beach State College's 750-seat Eissey Campus Theatre. "The thing for us was we needed to have a set that was big enough and grand enough to fill the space. That was our deal. We have this beautiful new set. It's going to fill the space and help tell the story better," she said.

We all know the bare bones of the E.T.A. Hoffman tale that provides the framework for Tchaikovsky's ballet, right? In it, a young girl named Marie's favorite Christmas toy, a nutcracker, seemingly comes alive. He becomes her prince, there is a battle, and then they go to his enchanted kingdom to rule.

The themes of Hoffman's works often teeter between fantasy and reality. "What I loved about the Hoffman fairy tale was that he had this line about how magic was around us, if we only have eyes to see it," Ms. Smith said.

There wasn't necessarily a moral to this tale. "His fairy tales were the first like that. He was sort of like a precursor to Lewis Carroll," she said. "Most before had a moralistic bent."

The beauty of Hoffman's storytelling is that it inspires adults to take a childlike approach. "I just want this to be full of wonder. It needs to be because we will have children come to the theater for their very first experience at the ballet. It's not the kind of wonder they'd see on a movie screen or at Disney World, but what they'd see at a ballet," Ms. Smith said.

The sets have grown to accommodate the larger stage and the 60 or so dancers who will be performing. "We have a prosценium that is part of our set that looks like an old theater prosценium and it becomes the picture the whole time," Ms. Smith said.

Sometimes, a story is better told without words. "Ballet tells this story in its own way. There's something magical and wonderful about using beautiful set pieces. And it's elegant. There's an elegance about it that I think is wonderful," she said.

There also is an elegance in producing something locally. Ms. Smith grew up in Palm Beach County, but left at the age of 16 to pursue something locally. "I was 18 when I left. I had my first professional contract, so I didn't grow up learning all the roles in the 'Nutcracker,' like my students do. "It's exciting for them to play a venue like the Kravis Center."

It's important for the company, "I talked to our board chair and told her we had to perform our 'Nutcracker' at the Kravis Center," Ms. Smith said. It not only changes the way in which Ballet Palm Beach views itself, but the way in which potential audiences view the company. "It helps people believe in the validity of the company, and that if it can stand up with all the things that are at the Kravis Center, it will intrigue them enough that they might come see us at other venues," she said.

The production will continue to grow. "There will always be ways to add more to this production — we've already talked about what else can be done. You can't do everything the first year — there's no place else to go."

And students will continue to learn, both from the team of instructors at Ballet Palm Beach and from the professional dancers who perform with the company. "They're learning by example," Ms. Smith said of her students. "That was a huge part of the premise of the beginning of the company. Our students see the company members coming and going from the studio and they rehearse with them so they see what they can aspire to."

The youngsters may have to perform the same role for a few years. "But when they know other members in the company have been this or that, no part is too small and every part matters and I'm one part of a much bigger wheel. That's an important lesson for kids," she said.

"It's all about teaching them responsibility. "The understanding that there is no small part — there is an expectation. Everybody is important, so you are expected to be at as many rehearsals as possible. You all are important."

It's just as important to Ms. Smith that Palm Beach County maintains a professional ballet company. "When she was coming of age in the 1960s and 70s, there were few performances, beyond the Royal Poinciana Playhouse and the West Palm Beach Auditorium. "It was sad that I had to leave. Not able to stay and be in your home because of the thing you want to do — I don't believe that's the best-case scenario for students. They need to be in their homes with their mom and their dad and they deserve to have a place where they can train and prepare for their next phase of the careers," she said.

Her voice brightened. "Many of the students can start college at Palm Beach State College and still be dancing," she said. And there's something else. "We feel like 'The Nutcracker' has to be our annual gift to the community. That's important to us. This is our town and this is our gift. It's not just about the company making an impression," Ms. Smith said.

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**SHOP**

From page 1

all about casting local talent and they're extraordinary!"

The title of "Little Shop" is directed by Bruce Linser, who previously helmed MNN productions of "Company," "The Who's Next," "Side By Side By Sondheim." It will feature Mike Westrich as Seymour, Mallory Newbrough as Audrey, Peter Librach as Munchkin, Jim Ballard as Orin Scrivello and Robert Richards Jr. as the voice of Audrey II. Mr. Librach as an amazing character actor and Jim Ballard's resume is as long as both of my arms. And Robert Richards Jr. has an amazing voice, bringing a fierce, funny and malevolent presence to the character of the bloodthirsty plant, Audrey II."

Situating the revolving set, which depicts both the inside and outside of the florist shop where the action takes place, proved to be a challenge. "We discovered the platforms that make up the Rinker stage — which we've used for all of our other shows except for 'Spamalot' — were not going to bear the necessary weight that we needed to put on them," he said. "So for this production we have built our own stage, consisting of 32 platforms. Usually the set is done with screens or a curtain and you pull them closed to play a scene in front while the set is changed behind. In our case, the set will revolve so you'll see both the inside and outside of the flower shop depending on which way it's turned. That way, any scene on the street will look like it's actually taking place out- side the flower shop."

Mr. Librach cautioned those who pursue deeper themes of the musical — such as pure human values wrestling with the darker mores of a capitalist culture — might miss its true purpose, which is to provide an evening of unabashed entertain- ment, set to the music and lyrics of the team of Alan Menken and Howard Ashman. "The show is just fun, with no over- arching message," he said. "And any- body walking into the theater better be planning to have fun. Don't think too hard about this one. It's kind of hard to think anyway, when you're presented with a main character that's a 12-foot cross between an avocado and a Venus flytrap."
HAPPENINGS

From page 1

keeping with that, children will receive boxes of Animal Crackers, the iconic English biscuit with roots that trace back to the early 1800s. In 1902, the Nabisco “Barnum’s Animals Crackers” were introduced. Nabisco’s circus-themed cookie/crackers were the first to add a string, so it could be used as a Christmas ornament.

If you can’t attend the tree lighting, but want to still see Whitehall dressed up for the holidays, tours are offered “after hours,” when the glow from the 1902 light fixtures illuminates the finery of the Gilded Age decorations and decor. Each evening begins with a reception at 6:30 p.m. featuring carols, refreshments, and holiday-themed activities, followed by tours at 6:50, 7:05, 7:15 and 7:25 p.m. Visitors receive a traditional Flagler Museum Christmas cracker following the tour, and the museum store will remain open for holiday shopping.

Tickets for the Holiday Evening Tours are $25 for adults, $18 for younger than age 18. Hang on to your ticket stub: It’s good for 15 percent off your check at Sant Ambroeus, Palm Beach, through Jan. 31.

More holiday happenings

Here are a few of the don’t-miss performances scheduled for the holidays:

The Kravis Center has a variety of options for your holiday schedule. Especially for the kids, “A Charlie Brown Christmas Live! On Stage” bounds onto the Kravis Center stage on Dec. 23.

If you’re looking for a romantic date night for the holidays, consider celebrating with 98 Degrees on stage at the Kravis Center on Dec. 10. Tickets start at $29.

If you’re feeling a little closer to the Lord, or you want to, A Gospel According to Jazz Christmas on Dec. 14 features Kirk Whalum and Jonathan Butler and special guests John Stoddart. This Kravis Center Community Outreach Event has tickets starting at $15.

And finally, apparently four tenors were not enough. The TEN Tenors: Our Holiday Wish takes the stage Dec. 17. Tickets start at $25. Tickets for these performances and more are available by phone at 832-7469 or at www.kravis.org.

Across the bridge in Palm Beach, Seraphic Fire’s annual Christmas concert, “A Seraphic Fire Christmas,” returns to the Society of the Four Arts, Palm Beach, at 7:30 p.m. Dec. 13. The concert is free for members, nonmember admission is $40 (balcony), $45 (orchestra). For tickets, call 655-7226 or www.fourarts.org.

PUZZLE ANSWERS

Christmas at Whitehall

Where: The Flagler Museum, 1 Whitehall Way, Palm Beach
When: 3-5 p.m. Sunday, Dec. 3. Free with Museum Admission
Schedule of events:
• Refreshments in the West Room: 3-4:30 p.m.
• Meet Santa Claus in the Pavilion: 3:30-4:30 p.m.
• Brief Organ Performances in the Music Room: 3:30, 3:50, and 4:10 p.m.
• Brief Piano Performances in the Drawing Room: 3:40, 4, and 4:20 p.m.
• Holiday Caroling in the Courtyard: 4:30 p.m.
• Christmas Tree Lighting: 4:55 p.m.
Tickets: $18 adults, $10 age 13-17, $3 age 6-12 and free for children younger than age 6.
Info: 561-655-2833; www.flaglermuseum.us.
HOLIDAY EVENTS

Here are some of the special holiday performances planned for the month of December. There are even a few bona fide Christmas miracles — along with a few bargains — on stage, like 98 Degrees at the Kravis Center, with tickets starting at $29.


• **Carols by Candlelight** — Dec. 2 in the Pavilion, Old School Square, 51 N. Swinton Ave., Delray Beach. Tickets: $10-$15. $5 students, VIP $200 VIP included for reserved seating area, complimentary snacks and a cash bar. Proceeds benefit Old School Square educational programming. 561-243-7922; www.Old-School-Square.org.


• **Special Christmas Lecture: Christmas classics and more in “Broadway Holiday,” at 8 p.m. Dec. 3** — The Delray Center, 5157 Winter Terrace, West Palm Beach. Tickets: $15, $5 students, $100 VIP includes 15 percent off at Sant Ambroeus, Palm Beach. Reception: 6:30 p.m. Tours at 6:50, 7:05, 7:15 and 7:25 p.m. $25 adults, $18 younger than age 18. Present ticket to receive 15 percent off at Sant Ambroeus, Palm Beach, good through Jan. 31. 561-655-2833; www.flaglermuseum.us.

• **The Holidays at Whitehall Christ-** Careals by Candlelight — 5:30 p.m. Dec. 3, Flagler Museum, 1 Whitehall Way, Palm Beach. Reception: 6:30 p.m. Tours at 6:50, 7:05, 7:15 and 7:25 p.m. $25 adults, $18 younger than age 18. Present ticket to receive 15 percent off at Sant Ambroeus, Palm Beach, good through Jan. 31. 561-655-2833; www.flaglermuseum.us.


• **Winter Tapestry 2017** — 7:30 p.m. Dec. 9, Kravis Center, 701 Okeechobee Blvd., West Palm Beach. The 15th annual concert by the Young Singers of the Palm Beaches. Tickets: $15-$45. 561-832-7469; www.kravis.org.


• **FAU’s Tuba Christmas** — 7-30 p.m. Dec. 10, Mizner Park Amphitheatre, 590 Plaza Real, Boca Raton. 561-393-7984; www.myboca.us.org.


• **Holiday Chorus Concert** — Dec. 16, Meyer Hall, Dreyfoos School of The Arts, 501 S. Sapodilla Ave., West Palm Beach. Tickets start at $29. 561-802-6000; www.wpdbo.org.


• **Music at St. Paul’s features Advent Lessons & Carols** — 3 p.m. Dec. 17, St. Paul’s Episcopal Church, 188 S. Swinton Ave., Delray Beach. $20 suggest- ed donation. Free for age 18 and younger. 561-278-6003; www.stpauledelray.org.

• **The TENoros: Our Holiday Wish** — Dec. 17, Kravis Center, 701 Okeechobee Blvd., West Palm Beach. Tickets start at $25. 561-832-7469; www. kravis.org.

• **Seraphic Fire will play shows at St. Mark’s Episcopal Church and The Society of The Four Arts**. Tickets: $25-$50-$75-$225; www.jupitertheatre.org.

• **Christmas Cabaret in the Club Level** — 6 and 8 p.m. Dec. 19, Dolly Hand Cultural Arts Center, PBSC’s Belle Glade Campus. Tickets: $40-$155. 866-502-7529; www.somelnorthrockholdly.com.


• **The Men’s Chorus of West Palm Beach** — Dec. 19, Delray Beach on stage, with 98 Degrees at the Kravis Center, with tickets starting at $29.

Will and Anthony Nunziata will perform Christmas classics and more in “Broadway Holiday,” at 8 p.m. Dec. 6, Crest Theatre, Old School Square, Delray Beach.


• **98 Degrees at Christmas** — Dec. 10, Kravis Center, 701 Okeechobee Blvd., West Palm Beach. Tickets start at $29. 561-832-7469; www.kravis.org.

• **December into January** — 5 p.m. Dec. 22, Meyer Hall, Dreyfoos School of The Arts, 501 S. Sapodilla Ave., West Palm Beach. Tickets start at $29. 561-832-7469; www.kravis.org.

• **“A Charlie Brown Christmas Live! On Stage!”** — Dec. 23, Kravis Center, 701 Okeechobee Blvd., West Palm Beach. Family Fare. 561-832-7469; www.kravis.org.
SYMPHONIC BAND OF THE PALM BEACHES

Brilliant Brass!

The Symphonic Band welcomes guest artists Orchid Brass Band for a festive evening of holiday favorites!

Dec. 2, 7:30pm, Duncan Theatre
Dec. 8, 7:30pm, Eissey Campus Theatre

Tickets: $20 | 561-832-3115 | www.SymphonicBand.org

300 dealers!
Florida Weekly welcomes submissions for the Society pages from charity galas and fundraising events, club meetings and other to-dos around town.
We need 300-dpi photographs of groups of two or more people, facing the camera and identified by first and last names. Questions? Email society@floridaweekly.com.

1. Brian Robertson, Barbara Toomey, Lindsay Green, Ken Rico and Beverly Singer
2. Ed Lunsford, Kim Lunsford, Lisa Rico and Anthony Rico
3. Ed Rudkowski, Carol Millard, Britta Steinhorn and Beth Quisenberry
4. Alan Eldridge and Jodie Glass
5. Jean Young, Jim Batts and Kathy Batts
6. Mary Gavin, Kathy Hillman, Ofelia Utset and Tom Kodadek
7. Mark Foley and Bob Weisman
8. Charlie Manire and Samantha Clark
9. Ellen Goldey, George Newkome, Pete Wells and MJ Saunders
10. Evan Nader, Lisa Hines and Chip Block
11. Lynne Wells, Paul Travis, Bob Newman and Kim Newman
12. Tom Frankel, Ray Gradiotto, Jill Krum and Jason Haselkorn

Lynne Wells, Jack Lighton and Diana Wilkin
Chef David Schroeder considers himself a hometown guy. Though born in New Jersey, he grew up in North West Palm Beach, and after some stints in California, and Miami, he returned to his childhood roots.

He took over Costello’s, an Italian restaurant in Abacoa’s downtown and turned it around after three years. He then sold it to build out Das Biergarten. The German-themed gastropub offered wurst and some sandwiches but the focus was on the beer selection.

“I created it five years ago, and sold it in January. I was just looking to do something more challenging foodwise,” he said.

Now he’s created a new craft spirits-based gastro pub, Brick & Barrel, set to open Dec. 1 in Lake Park on Park Avenue. It’s in the former Lilly’s Café space.

The location spoke to him, he said. After searching the area from Lake Worth to Jupiter, he kept coming back to Lake Park.

“After I saw the space, I knew it was what I wanted. I saw the potential with the theater and a brewery opening right here. I met AJ (Brockman), and met with the town managers and others who were really encouraging about the area and what’s happening here.”

Mr. Brockman has revitalized the area with an Arts District, revamping the Kelsey Theater and attracting several businesses to the town’s main street. Several new and rebranded beverage venues are in the works, and office space is filling up.

The chef redesigned the former café, adding brick to the walls and a stainless-steel bar along one wall. It’s to be the focal point, he said.

“We think the show is here, behind the bar. A curated selection of spirits, with a focus on bourbons, will complement a local-brews list. Deanna Thibeau, a mixologist from the critically acclaimed Deanna Thibeau, a mixologist from the critically acclaimed Jardin of West Palm Beach, will manage the bar, creating unique cocktails.

“She’s amazing,” Mr. Schroeder said. “When we started talking, I knew she was the right person. She uses advanced culinary techniques. She was asking if we’ll have a Creole and sous vide available to infuse flavors for her drinks. I said, ‘Well, sure.’ She’s out in front of us right now.”

A mural by artist Craig McInnis covers the wall opposite the bar. The fantasy scene gives the restaurant a hip, edgy, fitting with foods, beers and cocktails, according to the chef.

Mr. Schroeder is particular about the details of serving: Special bowls for mussels and plates for tapas are being designed by Lani Goodrich of Avenue Pottery in West Palm Beach. He bought and then mixed Mason jars as glasses; they are to be used for soups, or possibly some desserts.

Tables, high-tops and gray leatherette banquettes fill the room, giving it 60 seats inside.

The tables, including a communal table for the window, are rustic but chic wood tops he saw while doing a farm dinner at Swank Farm. Wood legs will replace the standard metal bases, keeping the look organic.

He’ll expand seating to outdoors in a few months — two parking spaces out front, useless, he says, will be converted to a patio with several tables. Furniture will be pub-friendly, to match the drinks. But unusual, “things you don’t see everywhere else,” with small plates, and light entrees that fill a menu designed around local produce and special meats.

“Many of the dishes come from his German and French culinary backgrounds and love of game meats.”

Pheasant chili, octali shepherd’s pie — brought over from the Biergarten,” he said. “They were really popular. But we’ll do things like steak Diane — it was on the menu at Bouchon,” he said.

He interned at the famed bistros in Yountville, Calif., with renowned chef Thomas Keller — who also spent time in Jupiter in his early years.

Fried chicken tacos in a waffle-cone taco shell are on the menu; a trio of chocolate tacos may be on the desert list created by chef de cuisine — a waffle-cone taco shell, Pub bites from Puerto Rico may appear, as well: pig ear chiccarones, bacalao (salted fish fritters) and yucca fritters.

“My sous chef is from Puerto Rico, so I asked him to contribute dishes he thinks would be good, and we added some of his ideas,” Mr. Schroeder said. He encourages his staff to weigh in on all facets of the restaurant.

He was hands-on working inside when we visited, putting light bulbs into the hanging pendants.

“It’s all hands on deck right now,” he said, laughing about a host of workers helping with construction who will become servers, sous chefs and bartenders once it opens.

“We’re at full-tilt for the opening. The kitchen equipment just came in and we’re getting it set up today. Dec. 1 is coming fast.”

In brief


A five band, drinks and complimentary hors d’oeuvres along with prizes are part of the affair. Bring an unwrapped toy for Toys for Tots, and pay $10 (buys you a drink), then party and network away. Go to Eventbrite.com and search World’s Biggest Office Party to register.... Now that Prince Harry has announced his engagement, perhaps a tea toast is in order? Check out the Royal Tea service, which includes Champagne, tea and a bisque offered the entire month of December at the Serenity Tea House in West Palm Beach. Phone 561-655-3911 to reserve! Last two winter dinners of the year are slated this month at La Sirena, Dec. 4, it’s the Terrabianca wines ($99); on Dec. 11, it’s Marco Uperi with Artevino ($89). Call the West Palm Beach restaurant to reserve, since the dinners are sell-outs: 561-585-3128.

The Dish: Cracked conch

The Place: Old Florida Bar & Grill, 250 W. Indiantown Road, Suite 101, Jupiter. Phone 561-203-2302 or www.oldfloridabarandgrill.com.

Price: $12.95

The Details: Conch isn’t something found on many menus around town, and there’s a reason for it. It’s a bear to clean the sea snail. So Old Florida owner Tommy Gregory has an employe dedicated to that job alone. Once cleansed, the conch is pounded, breaded lightly and flash-fried to preserve the tenderness accomplished by pounding. This takes expertise, and they demonstrate this in the kitchen handy.

The generous portion of the crispy seafood is the perfect sharable for the table. It’s served with a slightly spicy remoulade; you can heat it up with hot sauce by asking. Another variation of the same fried conch is served as a sandwich — equally good with raw onion and the same remoulade. Pair it with one of their drink specials at $6: a real deal as a meal.

— Jan Norris

PLACES IN LAKE PARK

1 Pelican Café

Food: 112 E. Lake Park; 561-842-7272 or www.thepelicancafe.com.

This restaurant, which is in a vintage cottage, bills itself as the place “Where Nantucket meets the Florida Keys.” That description holds up well, especially with the menu created by the husband-and-wife team of Mark Frangione and Karen Howe. Many of the Italian-influenced recipes come from Mr. Frangione’s family — beef carpaccio, eggplant rollatini, covered in his mom’s Sunday sauce. You get the picture. Oh, and don’t forget the homemade doughnuts served during brunch. We’re partial to the blueberry glazed, but the apple cider cinnamon sugar ones sound pretty enticing.

COURTESY PHOTO

Brick & Barrel chef/owner David Schroeder.

B19 THE DISH: Highlights from local menus

THE WORLD’S BIGGEST OFFICE PARTY


A five band, drinks and complimentary hors d’oeuvres along with prizes are part of the affair. Bring an unwrapped toy for Toys for Tots, and pay $10 (buys you a drink), then party and network away. Go to Eventbrite.com and search World’s Biggest Office Party to register.... Now that Prince Harry has announced his engagement, perhaps a tea toast is in order? Check out the Royal Tea service, which includes Champagne, tea and a bisque offered the entire month of December at the Serenity Tea House in West Palm Beach. Phone 561-655-3911 to reserve! Last two winter dinners of the year are slated this month at La Sirena, Dec. 4, it’s the Terrabianca wines ($99); on Dec. 11, it’s Marco Uperi with Artevino ($89). Call the West Palm Beach restaurant to reserve, since the dinners are sell-outs: 561-585-3128.

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— Jan Norris
Jupiter Medical Center Urgent Care

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Complimentary valet parking in the garage on 6th Street.

Hours: Monday-Saturday: 8 a.m.-8 p.m. Sunday: 9 a.m.-5 p.m.

Walk in or schedule an appointment online at jupitermedurgentcare.com or call 561-257-5982.
GOLF, WATERFRONT & OTHER LUXURY PROPERTIES

CLARIDGE 2-N, JUPITER ISLAND
Ocean to ICW Views | 3BR/3.1BA | 3,500 SF | $3.2M

TRUMP NATIONAL, JUPITER
Overlooking 5th Hole | 5BR/6.2BA | 5,858 SF | $2.75M

TRUMP NATIONAL, JUPITER
Overlooking 8th Hole | 6BR/6.2BA | 5,614 SF | $2.69M

OCEANFRONT 902, JUNO BEACH
Largest Condo Avail in Juno Beach | 3,395 SF | $1.95M

BEACH FRONT 407, SINGER ISLAND
Directly on the Sand | 3BR/3.1BA | 3,950 SF | $2.199M

LAKE POINT TOWER, OLD PORT COVE
Panoramic Ocean to ICW Views | 3BR/3.1BA | 3,475 SF | $1.495M

ALTON, PBG
New Construction | 5BR/5.1BA | 4,923 SF | $1.234M

BAY HILL ESTATES, WPB
Golf & Water Views | 4BR/4BA | 4,501 SF | $1.049M

EASTPOINTE 18-C, SINGER ISLAND
Updated and Open Kitchen | 2BR/2BA | 1,710 SF | $595,000

MARTINIQUE II, SINGER ISLAND
Newly Renovated | 2BR/3.1BA | 2,011 SF | $525,000

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