5K honors young cancer survivors

BY EVAN WILLIAMS
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Traditional gatekeepers of modern celebrity include people like magazine and newspaper editors, and television, music and movie producers. The path to stardom was narrower and concentrated compared to the internet era, a Big Bang of stardom in which the more extreme, concentrated celebrity of the few — superstars like Taylor Swift, Brad Pitt and Kylie Jenner — keep expanding outward online in a seemingly infinite number of micro-star niches from viral videos to mom blogs, sometimes with hundreds of thousands or even millions of followers, yet to many still obscure. Here’s a glimpse into the South Florida galaxy of our growing online multiverse, and some of the

SEE RISE, A10

Many are flying high on social media right now, creating an environment where local influencers are...
It’s complicated

_leslieLILLY_  
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Every time I see my neighbor I ask him, “Have you heard from your family?” And his reply each time is “No.” The conversation is short but fraught with anxiety. Lives hang in the balance of its unknowns. This is because my neighbor’s family is in Puerto Rico; and, of this writing, it has been five days and counting since Hurricane Maria made a direct hit on the island. Some million Puerto Ricans living in Florida share his worries. It is the largest resident population of Puerto Ricans stateside, second only to New York’s. The population increase of Puerto Ricans in Florida is a long-term, demographic trend. It is not expected to change. They will outnumber Cubans in Florida by 2020. Maria only accelerated that trend.

That said, Puerto Rican families are your neighbors, too, and like my friend, Maria only accelerated that trend. Meanwhile, Maria advanced along its trajectory toward Puerto Rico. It made a direct hit, pummeling the island into bits, then turned north and eastward, away from Florida’s coastline. Still suffering Irma’s sting, Floridians offered silent prayers of thanks. No one openly gloated at Florida’s good fortune. Its price was someone else’s misery and a haunting loss of life.

But we surely felt gratitude as Maria passed us by. The hurricane spared the state from the unthinkable — two category 4 storms making landfall within a span of time that allows little or no time for preparation or recovery. Puerto Rico wasn’t so fortunate. It took hits from both Irma and Maria. The storms left the island in the grip of a humanitarian crisis affecting 3.5 million people. As the crisis unfolds, desperate islanders ask, whence will come their aid? The answer? It’s complicated.

Puerto Rico’s status as a U.S. territory pits it in a political no-man’s land. Its priority and the urgency of the island’s recovery — especially its long-term recovery — are subject to Congressional debate and presidential oversight.

Because Puerto Rico is a U.S. territory, it has no voting representatives in Congress, and even though Puerto Ricans are U.S. citizens, they aren’t allowed to participate in presidential elections. That may be why fewer than half of Americans even know Puerto Ricans are Americans. An article in U.S. World by Charles R. Venator-Santiago explains: “It wasn’t until 1940 that Congress enacted legislation conferring birthright citizenship on persons born in Puerto Rico prior to 1940; persons born in Puerto Rico prior to 1940 could only acquire a naturalized citizenship if their parents were U.S. citizens, anyone born in Puerto Rico after 1940 acquired a U.S. citizenship as a direct result of being born on Puerto Rican soil...” But herein lies a Catch-22: While Puerto Ricans are officially U.S. citizens, the federal government considers Puerto Rico as “…a separate and unequal territory that belongs to, but is not a part of, the United States,” writes Venator-Santiago. This circumstance creates ambiguity when certificate is demanded. Following natural disasters, Americans expect aid and assistance from their government. But past food fights in Congress over disaster appropriations forewarn that politics and pecking order play an oversized role in determining how much, for what purposes, and for how long communities can expect federal help. Harvey, Irma and Maria will test the nation’s resolve to do right by communities devastated by these storms.

The Miami Herald notes, “Texas has 38 votes in Congress and Florida has 29, and if they stick together the majority-Republican states can be an important voting bloc in a contentious negotiation.” Call it fiscal austerity or tough love, the temptation to deny Puerto Rico a full measure of assistance is not, as some might venture, a lesser penalty or “foreign aid.” It is America helping Americans. Floridians know there, but for the grace of God, go we. — Leslie Lilly is a native Floridian who writes frequently on issues of politics, public policy and philanthropy earning national recognition for her leadership in the charitable sector. Email her at llilly@floridaweekly.com and read past blog posts on Twitter at @illyStTumble.com.

**COMMENTARY**

_It’s complicated_
COMMUNITY EVENTS & LECTURES

Mended Hearts Program Lecture
Lecture by David Weisman, MD- Cardiac Electrophysiologist on the medical staff at PBGMC
Tuesday, October 10 @ 6-7 p.m
Palm Beach Gardens Medical Center // Classroom 4
Palm Beach Gardens Medical Center is teaming up with The Mended Hearts Program to provide support for heart disease patients and their families. Members will be able to interact with others through local chapter meetings, volunteer opportunities and special events. Members are encouraged to listen, share their experiences with other heart patients, and learn from healthcare professionals about treatment and recovery. A small fee* will be collected by the Mended Hearts Program for registration.

*Certification will not be provided

Hands-Only CPR Class*
Tuesday, October 17 @ 6:30-7:30pm
Palm Beach Gardens Fire Rescue // Station 1
4425 Burns Road, Palm Beach Gardens
Effective bystander CPR provided immediately after sudden cardiac arrest can double or triple a victim’s chance of survival. Palm Beach Gardens Medical Center has teamed up with Palm Beach Gardens Fire Rescue to provide free monthly CPR classes for the community. Classes will be held at Fire Station 1. Local EMS will give a hands-only, CPR demonstration and go over Automated External Defibrillator (AED) use. Participants will have the opportunity to practice their new skills using CPR manikins.

*Certification will not be provided

FREE Community Chair Yoga Class
Class taught by Sara Chambers, RN, BSN, CYT
Please choose one class option:
Wednesday, October 4 or
Wednesday October 18 @ 6-7pm
Palm Beach Gardens Medical Center // Classroom 4
Palm Beach Gardens Medical Center now offers a chair yoga class for the community. The class will be taught by the assistant nurse manager of cardiac rehab, Sara Chambers, who is also a certified yoga instructor. Using the same techniques as traditional yoga, the class is modified to allow for gentle stretching, designed to help participants strengthen their muscles and work on their balance.

Please call 855.387.5864 to make a reservation

Get Informed During Bone & Joint National Action Week
Lecture by John A Hinson, MD- Orthopedic Surgeon on the medical staff at PBGMC
Thursday October 19 @ 6-7pm
Palm Beach Gardens Medical Center // Classroom 4
More than half the American population over the age of 18 (54 percent) are affected by musculoskeletal (bone and joint) conditions, according to The Burden of Musculoskeletal Conditions in the United States. Please join Dr. Hinson for a free lecture as we gear up for Bone and Joint Action Week.

Please call 855.387.5864 to make a reservation

Smoking Cessation Classes
PBGMC (3360 Burns Road, PBG FL 33410) // Classroom 3
We are teaming up with the Area Health Education Center to provide education on the health effects related to tobacco use, the benefits of quitting and what to expect when quitting. The class is delivered over five, one-hour sessions, from 5:30-6:30 p.m.

• Wednesday, November 15th
• Wednesday, November 29th
• Wednesday, December 6th
• Wednesday, December 13th
• Wednesday, December 20th

Please call 855.387.5864 to make a reservation

FREE COMMUNITY SCREENINGS

Free Heart Attack Assessment Screenings
(blood pressure, BMI, glucose and cholesterol)
Wed, October 11 @ 8am-11am | Classroom 3
Please call 855.387.5864 to make a reservation

Osteoporosis Screenings
Thursday, October 19 @ 9am-5pm | Outpatient Entrance

FOR RESERVATIONS, PLEASE CALL
855.387.5864

Take steps toward being heart healthy!
Visit PBGMC.com/pledge to enter to receive a FREE Cookbook!
**OPINION**

War story

**Roger WILLIAMS**

rogerwilliams@floridaweekly.com

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**To listen to the commentary, Donald Trump used an inappropriate term at the U.N. — not just “Rocket Man,” but “sovereignty.”**

It wasn’t surprising that liberal analysts freaked out over his nickname for Kim Jong Un and his warning that we’d “totally destroy” Kim’s country should it become necessary. These lines were calculated to get a reaction, and they did. More interesting was the analogy to Trump’s defense of sovereign nations.

Brian Williams of MSNBC wondered whether the so-called use of the word “sovereignty” was a “dog whistle.” CNN’s Jim Sciutto called it “a loaded term” and “a favorite expression of authoritative leaders.”

In an otherwise illuminating piece in The Atlantic, Peter Beinart concluded that Trump’s address amounted to “imperialism.” If so, couched in the rhetoric of the mutual interest of nations, it’s the best-disguised imperialist manifesto in history.

Trump’s critics misrepresent the speech and misunderstand the nationalist vision that Trump was setting out.

He didn’t defend a valueless international relativism. Trump warned that “authoritarian powers seek to collapse the institutions, the systems, and alliances that prevented conflict and tilted the world toward freedom since World War II.”

“[The Marshall Plan],” he said, “was built on the noble idea that the whole world is safer when nations are strong, independent and free.”

There’s no doubt that there’s a tension in Trump’s emerging marriage between traditional Republican thinking and his instinctive nationalism. Yet he outlined a few key expectations.

It’s repeated, I think, repeatedly, that we want nations committed to promoting “security, prosperity and peace.” And we look for them “to respect the interests of their own people and the rights of every other sovereign nation.”

Every country that Trump criticized fails one or both of these tests. So, by the way, do Russia and China.

Trump’s core claim that “the nation-state remains the best vehicle for elevating the human condition” is indubitably correct; it is what makes self-government possible. If the alternative is being governed by imperial centers or international organizations, the people of almost every nation will want — and fight, if necessary — to govern themselves. (See the American Revolution.)

The U.N. is hardly an inappropriate forum for advancing these ideas. “The Organization,” the UN charter itself says, “is based on the principle of the sovereign equality of all its Members.” To the extent that the U.N. is now a gathering place for people hoping the nation-state will be eclipsed, it’s useful to remind them that it’s not going away.

All that said, there were indeed weaknesses in the speech. First, as usual, Trump’s bellicose lines stepped on the finer points of his message. Second, sovereignty can’t alone bear the weight of being the organizing principle of American foreign policy. Finally, Trump’s foreign-policy vision is clearly a work in progress, as he accommodates himself to the American international role he so long considered a rip-off and waste of time.

Trump is adjusting to being the head of a sovereign nation — that happens to be the leader of the world. — Rich Lowry is editor of the National Review.
Mallie Monroe is at it again in the fifth “Mango Bay Mystery.” She’s juggling two beaux. One is Cole, whose engagement ring she has managed to misplaced (Freudian slip). The other is Nick, the chief police detective on Coral Island. Mallie seems to have a commitment problem.

She has other problems as well. Her job as a reporter for The Coral Island Observer has been immensely complicated by the secretary-receptionist’s honeymoon and the editor’s disappearance.

Suddenly, she finds herself in charge of just about everything, including getting out the next issue of the paper. There are just too many stories waiting to be researched and written.

Which is the feature and which are the fillers? Mallie is not happy about having to enlist the help of people with little or no experience. Things are chaotic.

A local crank is trying to pin all her problems, including a bad landscaping job, on Mallie and actually attacks her.

Aging lothario Pop Pop keeps imagining that he’s Mallie’s boyfriend. Madame Gerti, a local psychic, does a portrait of Abraham Lincoln. Should she have to enlist the help of people with little or no experience. Things are chaotic.

A local crank is trying to pin all her problems, including a bad landscaping job, on Mallie and actually attacks her.

There is also a character whose voice bears scratches that resemble a portrait of Abraham Lincoln. Should Mallie choose this item as the lead story? Probably not.

And there is trouble at the Town Hall meeting where former friends and business associates are at each other’s throats.

When one of them ends up dead in a fish tank, the other is an obvious suspect and things go from bad to worse. When one of them ends up dead in a fish tank, the other is an obvious suspect and things go from bad to worse.

Even Mallie’s friend and landlord, Wanda Sue, campaigning for a town council seat, finds trouble.

Many of the characters — and there are perhaps too many of them for a relatively compact novel — are quite colorful.

Their excesses are part of the novel’s fun.

Several don’t act their age — their relatively advanced age.

Others are simply wacky. It’s a community in which a frenzied motormouth like Mallie is the pillar of stability.

More complications. Bad fertilizer made from farm-raised tilapia killed by bleach is ruining gardens and crops.

Who’s behind this? Why? Mallie has to help track down the culprit.

Marty Ambrose proves that small-town Florida is not boring.

In fact, one of the greatest strengths of her novel and its predecessors is the author’s ability to portray the dynamics, attractions and foibles of such communities.

These are places where everyone knows — and knows about — everyone else. Where civic-minded people are generous with their time and tend to help each other out.

Where you sometimes can feel like a queen while living in an antique Airstream trailer in an RV park, as Mallie does.

This series provides several powerful examples of the “cozy mystery” subgenre, which is growing in popularity with such fine Florida writers as Nancy J. Cohen, Lucy Burdette, Diane Weiner and, of course, Marty Ambrose leading the way.

About the author

Pine Island resident Marty Ambrose has been a writer most of her life, consumed with the world of literature whether teaching English and creative writing at Florida State College or creating her own fiction.

Her writing career has spanned almost two decades with eight published novels for Avalon Books, Kensington Books, Thomas & Mercer—and “Coastal Corpse” for Five Star.

During the last year, Ms. Ambrose has become increasingly interested in combining historical memoir and women’s fiction, which became her latest novel, “Claire’s Last Secret.”

It takes place in both Florence and Gene-
vania, where Ms. Ambrose researched this past summer, and spans two eras playing out against the backdrop of 19th-century Italy.

She loves telling a story — especially if it’s a Florentine conspiracy that unfolds in a “Downton Abbey” era setting.


Phil Jason, Ph.D., United States Naval Academy professor emeritus of English, has written 20 books, including several studies of war literature and a creative writing text.
PET TALES

Go dogs!

BY KIM CAMPBELL THORNTON
Andrews McMeel Syndication

It’s football season, and everywhere you turn there are bulldogs and huskies representing college sports teams. Bulldogs seem to be the clear favorite, serving as mascots for Butler, Georgetown, University of Georgia, Gonzaga, Yale and many more schools, at least 42 altogether.

Yale, credited with being the first university to have a mascot, has been reprised by a bulldog since 1889. Because of concerns about breed health, though, the college switched this year from the AKC-registered bulldog to a variety known as the Olde English Bulldogge, thought to have less extreme physical characteristics.

Following a long line of dogs named Hand-some Dan, the current mascot is named Walter after Yale’s Walter Camp, known as the father of American football.

The husky is another popular canine mascot. Colleges claiming the husky as a symbol include University of Connecticut, University of Southern Maine, Michigan Tech, Northeastern, Northern Illinois University, St. Cloud State University in Minnesota and University of Washington.

Northeastern adopted the husky as its mascot in 1927 in honor of the sled dogs — Togo and Balto among being the most known — and their drivers who delivered the life-saving diphtheria vaccine to Nome, Alaska, through near-blizzard conditions.

While UConn’s Jonathan, named after Jonathan Coile.

— Scotty is the mascot for Carnegie Mellon in Pittsburgh, founded by Scottish robber baron turned philanthropist Andrew Carnegie. When Scotty’s off duty, she goes by Maggie, after Carnegie’s mother, Margaret Morrison Carnegie.

— Pint is a Nova Scotia duck tolling retriever who retrieves the kickoff tees at UC Davis Veterinary Medical Games. In his off-hours, he’s a spokesdog for the UC Davis Veterinary Medical Teaching Hospital. At Texas A&M, Reveille, or Miss Rev, is the ninth rough collie to serve as the school’s mascot and was recently named No. 1 dog mascot in college football by the NCAA.

Don’t your kids deserve the best orthopedic care? Kids are the future, but they’re also your here and now. That’s why at the Paley Orthopedic & Spine Institute, we have assembled an elite team specializing in advanced pediatric orthopedic care, from bumps, bruises and boo-boos to serious childhood injuries and abnormalities.

Now, the same renowned care enjoyed worldwide by thousands of successfully treated children is available right here in West Palm Beach. Your kids deserve the best care. Your kids deserve Paley Care.

To adopt or foster a pet
The Peggy Adams Animal Rescue League, Humane Society of the Palm Beaches, is at 3100/3200 Military Trail in West Palm Beach. Adoptable pets and other information can be seen at www.hspb.org. For adoption information, call 650-6656.

Pets of the Week

>> Yascha is a 3-year-old, 44-pound female mixed breed dog that is shy at first, then warms to her humans.

>> Andy is a 1-year-old male cat that loves his humans and loves his toys.

>> Patches is 5-year-old female cat that is shy when she first meets people, but is very vocal, and gets along well with other cats.

>> Tootsie is a 6- to 7-year-old female cat that is missing an eye, and was declawed. She’s a very loving cat who loves people.

To adopt or foster a cat
Adopt A Cat in a free-roaming cat rescue facility at 1125 Old Dixie Highway, Lake Park. The shelter is open to the public by appointment (call 848-4911, Option 3). For additional information, and photos of other adoptable cats, see www.adoptacatfoundation.org, or on Facebook, Adopt A Cat Foundation. For adoption information, call 848-4911, Option 3.
Love the Everglades symposium set for Oct. 7, 8 and 15

The Love the Everglades Movement’s annual conservation and activism symposium will be held at the Miccosukee Resort and Convention Center at Florida International University and the Everglades. The series of talks, lectures, and workshops features industry leaders, elected officials, candidates seeking office, indigenous voices, and other officials in a collaborative, artful and spiritual manner.

“One of the factors that make the Love the Everglades Movement a unique organization is that our full spectrum format combines education with the arts, spirituality and the inclusion of diverse communities,” said Rev. Houston Cypress, one of the movement’s founders. “Our main goal is to empower people and provide outlets to protect the Everglades and our natural resources.”

The event launches at 9 a.m. Saturday, Oct. 7, at 500 SW 177th Ave., Miami, and is free to attend with registration. More than a dozen speakers are slated to present on the first day. A digital art show, display booths, videos and live entertainment will be presented. A complimentary lunch will be served by the Miccosukee Tribe of Indians of Florida.

On Oct. 8, the symposium continues at FIU’s Modesto Maidique campus, 11200 SW Eighth St., Miami. Some of the topics include “Indigenous Sovereignty and Land Use,” “Impacts of Phosphate Mining in Central Florida,” “The Urban Development Boundary in South Florida” and “The Health of Biscayne Bay.”

The event culminates on Sunday, Oct. 15, with a volunteer environmental cleanup near the Valujet Crash Memorial site at the L-29 Levee and L-67 Levee, west of the resort and along the Tamiami Trail.

Admission to the Oct. 7 and Oct. 8 events is free, but registration is required as space is limited.

For more information, visit www.lovetheeverglades.org.

Florida Prepaid offers 2 free years of college to 10 families

The Florida Prepaid College Foundation will award two free two-year college plans to 10 Florida families through the Florida Prepaid Scholarship Program through Oct. 25. The initiative coincides with National College Savings Month and concludes after the mid-October launch of Florida Prepaid College plans’ open enrollment.

The program educates families about saving for college through tax-advantaged Florida Prepaid College and Florida 529 savings plans designed to help families set aside funds for future college costs.

Florida Prepaid College Board Chair John D. Rood said the programs offer parents and guardians a way to learn more about college savings options and start implementing a plan to reduce or avoid student loan debt.

Florida officials project that by 2018, about 60 percent of all jobs in Florida will require post-secondary education.

“A college degree is a gateway to a lifetime of earnings and career potential,” said Cynthia O’Connell, director of the Florida Prepaid College Foundation. “We look forward to giving the gift of college to 10 winners, and hope every eligible family will enter.” The scholarship contest also comes as Florida Prepaid’s two-year Florida College Plan covers tuition and other specified fees for 60 lower-division credit hours at a Florida college, offering the opportunity to earn an associate’s degree or trade certification. A student earning an associate’s degree from a Florida college is guaranteed admission to a state university in Florida.

For more information, visit www.myfloridaprepaid.com.

Don’t let breast cancer take away life’s most important moments.

Early detection and advanced treatment go hand in hand in the fight against breast cancer, and Jupiter Medical Center is here to help.

Margaret W. Niedland Breast Center
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• Patient navigators for support
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• Renowned cancer specialists
• Innovative technology, including Electron Beam IntraOperative Radiation Therapy (e-IORT), Image-Guided Radiation Therapy (IGRT) and more
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Make sure you’re here to celebrate life’s most important moments. Call 561-220-2703.

Learn more at jupitermed.com/breastcare

2111 Military Trail, Suite 100 | Jupiter, FL 33458

FLORIDA WEEKLY | WEEK OF OCTOBER 5-11, 2017 | A7
Jupiter Medical Center opens West Palm urgent care center

People in Palm Beach and in the downtown West Palm Beach area have a new option when it comes to care. Jupiter Medical Center is set to open a new urgent care center Oct. 5 on the first floor of the new Jupiter Medical Center Mount Sinai New York Plaza — formerly known as the Bank of America Centre — at 625 N. Flagler Drive in West Palm Beach.

According to the hospital, the new urgent care center offers fast and affordable walk-in service for minor emergencies, injuries and illnesses.

“We are committed to ensuring our community has access to the highest quality of affordable and accessible care,” Steve Seeley, interim president and chief executive officer of Jupiter Medical Center, said in a statement. “Unlike other urgent care centers, Jupiter Medical Center Urgent Care locations are backed by the hospital that has the highest patient satisfaction in the region, and quality and safety scores that rank nationally.”

Patients will receive care for everyday ailments, plus the center provides on-site laboratory testing, digital X-rays and additional services to enable the rapid diagnosis and treatment of urgent medical conditions and minor trauma. Services to support healthier living are also available, such as immunizations like flu shots, travel vaccinations or preoperative clearance. In addition, the center offers employers in the downtown West Palm business district convenient access to pre-employment screenings and medical examinations.

The urgent care center strengthens the partnership between Jupiter Medical Center and Mount Sinai New York, which joined forces in 2014 and recently took up residence in the Jupiter Medical Center Mount Sinai New York Plaza.

Internal medicine, cardiology, gastroenterology, dermatology, endocrinology and ophthalmology services will be provided by board certified physicians who will continue the Mount Sinai New York tradition of providing personalized care to both local patients and those who travel between New York and Palm Beach County.

This is Jupiter Medical Center’s fourth urgent care location. All four centers are open Monday through Saturday, 8 a.m.-8 p.m. and on Sundays, 9 a.m.-5 p.m. Appointments can be scheduled at www.jupitermedurgentcare.com.

For information on Jupiter Medical Center’s urgent care services, call 561-263-7070 or visit www.jupitermedurgentcare.com.

Events across county highlight Breast Cancer Awareness Month

Walk This Way Mall Walking Club — 8:30 a.m. Oct. 10, Nordstrom Court, The Gardens Mall, Palm Beach Gardens. Use the entrance between Brio and PF Chang’s. Join the club free this month because “every month should be breast cancer awareness month,” Info: edelvin@thegardensmall.com or 561-622-2135.

The Power of Pink Luncheon — Noon-1:30 p.m. Oct. 10, Admirals Cove Clubhouse, Jupiter. For National Breast Cancer Awareness Month, experts will discuss topics that include 3-D mammography and screening guidelines, the importance of knowing family history, the role of genetics and JMC’s new High Risk Breast Screening Program. JMC’s panel of experts includes Anthony Addesa, MD, Radiation Oncology; Medical Director; Orna Hadar, MD, Diagnostic Radiologist; Breast Imaging Specialist Cathy Marinak, ARNP, MSN, AOCNP; Genetics Counselor Talya Schutzer, MD; Nancy Taft, MD, Breast Surgeon, Medical Director, Comprehensive Breast Program.

The lecture is free, but reservations are needed. Call 561-263-2628.

Join one of these upcoming walks:

Making Strides of Palm Beach — 8:30 a.m. Oct. 21, Mizner Park Amphitheater, Boca Raton. 561-650-0119; main.acsevents.org.

Real Men Wear Pink: Men Fighting Breast Cancer features local men raising money for breast cancer research with support from the American Cancer Society. www.main.acsevents.org/Wear/Pink. Groups include:

- South Palm Beach — Contact Katie Mison, 561-650-0119 or katie.mison@cancer.org.
- Palm Beach — Contact Jay Zeager, 561-514-3020; 800-227-2345; main.acsevents.org.

The 2017 Komen South Florida Race for the Cure Team Captain Pep Rally breakfast is Oct. 13 at iHeart Media in West Palm Beach. The race is Jan. 28. Call 561-854-3020; www.komensouthflorida.org or email info@komensouthflorida.org.
Marcy rushed into the kitchen — panicking — but it was too late to save the dinner. She had been so caught up with checking out the latest Facebook newsfeeds, she’d neglected to watch the oven.

As Marcy furiously tended to the meal, she heard the key turn in the lock. As luck would have it, her husband Craig came home just as she was trying to see if she could salvage the meal.

The withering look on Craig’s face said it all. But that alone wasn’t enough — he then proceeded to cut her to shreds with his sarcastic put-downs.

Craig reminded Marcy that this was not his first time and that she was becoming more and more scattered and incompetent in managing the family and household. “Would it kill you to not check Instagram while you’re cooking?”

Marcy’s feeble attempts to defend herself, by reminding him of all the tasks he held. “Would it kill you to not check Instagram while you’re cooking?”

Marcy’s feeble attempts to defend herself, by reminding him of all the tasks she had on her plate, fell on deaf ears. Marcy was always feeling defensive and inadequate in her husband’s presence. Many of us likely would be inclined to agree with her.

However, what if we were to ask Craig his perspective on why the marriage was so unhappy? He likely would have a very different take on what was wrong. He might say that he views himself as a dedicated family man who counts on his wife to be a team player. He might resent that she doesn’t handle things the way he believes she should. But, importantly, he might also feel hurt or neglected that she has withdrawn from him. Very likely, he would have limited insight into the way his demeanor and behavior have largely contributed to why his marriage is in such disrepair.

Certainly, we would never encourage Marcy to silently endure Craig’s dismissive behavior. But what effect do her withdrawal and possible preoccupation with technology have on this relationship? Does each have his or her own part in why this relationship has come to a distressing place?

Most of us would look at the above example and conclude the damage Craig causes in his relationship is glaringly obvious and that WE would never behave so poorly.

However, are we willing to consider this that there might be other things that we say or do that might cause distress to our partners without even realizing it? In an interview, noted couples’ therapist Dr. Ellen Wachtel stated that she asks couples to consider this important question in her first appointment:

“What do you know about yourself that makes you not the easiest person to live with?”

Now, I will ask you this very same question. “What do you know about yourself that makes you not the easiest person to live with?”

Many of us will find this line of questioning uncomfortable. It’s never pleasant to entertain the notion that our own attitudes and behaviors may have a lot to do with the difficulties in our relationships. It couldn’t be OUR fault that we’re not getting along. Or could it?

As we go forward, many of us begin to accumulate a list of the slights and injustices we believe we’ve endured, and may even feel sorry for ourselves — convinced we’re the victims of unreasonable mistreatment.

It takes maturity (and humility) to look within and to honestly appraise our attributes and deficiencies. However, when we’re open to hearing less than flattering feedback and show a willingness to take accountability, we may open up a dialogue that may significantly improve the quality of our relationships. And if we begin to not only identify those traits about ourselves that create distance with others, but attempt to take corrective steps, we may discover a significant improvement in the closeness we feel.

People often worry that there may be reprisals if they admit to a flaw. There are always narcissistic or insecure people who cannot accept any negative feedback about themselves. There are also some who might take advantage of another’s confidences or use this to their advantage. In these instances, we would be wise to proceed with caution.

Most of us DO know what we can do to please our partners, but sometimes we’re so angry, hurt, entitled — or Lazy — we will stubbornly resist doing the very things that would make a difference. Or else, we may say: “My partner doesn’t do anything nice for me. Why should I bother?”

So, we go around and around, stuck in a demoralizing, estranged cycle.

Dr. Wachtel has asserted a principle that defines her work with couples: “We love those who make us feel good about ourselves.”

While this statement is certainly not profound, and most of us intuitively know this, we don’t always put this into practice — certainly not with our spouses, and often not with our children.

If we could only take this message to heart and commit to this principle as an action plan. Let’s consider the following universal truth of human nature: that people have a need to feel admired and respected. When we speak lovingly and positively, we often bring out the best traits in our loved ones. When we regularly communicate to our partners that, we not only admire and respect them, but are committed to relating in a loving way, we can soften so many of the sharp edges in our interactions. And more importantly, we may create an environment where each of us can grow and bring out our best selves.

Our partners need our loving affirmation.
RISE

From page 1

bright stars out there, some of whom are just starting to light up their own solar systems of followers, each follower at the same time their own star, however faint, around which others revolve.

we are so both and oneful night cannot be so shy sky and earth's starry stations.

— e.e. cummings

Jennifer Huber writes about travel activities, like paddle boarding in Charlotte Harbor.

I was flat chested as hell.

Under the stage lights, the crowds were blacked out, nearly as anonymous as the viewers who would later watch her on television.

She first got a Twitter account in 2009, the year the iPhone came out, hearing about it from a guy she dated at the time who worked in IT and counted intelligence. She also worked writing articles for online sites such as Yahoo, and the now defunct Suite 101.

She made the video and posted it. An hour later it had 10,000 views and by the next morning 1,000,000. About a week later, it had been seen more than 10,000,000 times. By the end of the month she had about 80,000 Facebook followers.

During 2016, her videos continued to go viral, the most popular one being "What Moms Really Want on Mother's Day" which she posted on Twitter. The next year she went to a conference called BlogHer, and experienced that small measure of fame that more and more people with social media accounts have: people whom you don’t know but who feel like they know you.

“I was like, if they like this and this makes me famous,” she said, but at the same time complimenting her other hunger. “It turns out she’s a fantastic person.”

Ms. Huber said, a school teacher with a good sense of humor, whom she became friends. “That’s the reason I started writing, one of her major concerns, but it helps. It’s just insane,” she said. “That one is basically me berating my husband when he’s sick because he acts like a big baby man child.”

Formerly a middle and high school teacher in Southwest Florida, she says that the approach she has made and her social media life have become a full-time job. Her income comes from sponsoring blogs, and she also finds work in ghostwriting and other creative jobs, and there working for brands such as MySpace, then on Facebook, Instagram, Twitter and YouTube. A video of her driving home from the hospital of newly enlarged breasts went viral, she said.

“I was able to go in there and establish myself as an expert in travel,” she said.

At the same time, she used MySpace and then Twitter to share her personal travel experiences. In 2008, she got a break when Christopher Elliot, a major star in the travel writing universe, named her one of the top 50 Twitter travelers to follow.

One day all of a sudden I noticed I was getting all these followers, Ms. Huber said, “Some people said, ‘Oh, Christopher Elliot said to follow you.”’

The next year she went to a conference called BlogHer, and experienced that small measure of fame that more and more people with social media accounts have: people whom you don’t know but who feel like they know you.

“I was like they like this and this makes me famous, what if I doubled them,” she said.

She appeared on an episode of MTV’s “True Life” in 2011 called “I Have a Hot Mom,” the beginning of a string of TV appearances. She continued to get surgeries, she said, all over her body. As a result, people accused her of being one of the “fakest people on the planet.”

“My life is basically me berating my husband who’s 49, has no regrets.”

She grew up in impoverished Appalachia in the mountains of West Virginia. She recalled often being barefoot, her chia in the mountains of West Virginia.

She said, “We will be shaken off if we keep concerns, but it helps. We need to perceive the consequences of destroying our systems of followers, each follower at the same time their own star, however faint, around which others revolve. It’s just insane,” she said. “That one is basically me berating my husband when he’s sick because he acts like a big baby man child.”

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Being unusually good looking helped on the business opportunities it presented. A newfound portion of fame as well as worked as a model, helped her navigate or “momager,” Sandra, who has also tagram @Mercedesg_benz, her mom until she was 13. During high school, such as Kohl’s and Target to Vogue where she grew up, and followed the responded, “I always use a sharp blade.” Mostly, though, she lets it go. “People are bullies, they’re awful,” she said. “They’re mean and they’re nasty, but I’m not going to let them dictate what I post and what I say. Because you can only control your own response.”

Mercedes Gutierrez lives in Estero and has nearly 53,000 Instagram followers.

To continue gaining followers, she needs to post pictures and videos every day, she said, some of which can take eight hours to shoot. She worries about her diet, goes to the gym, and tries to find time to hang out with friends. “Even though you have a big social media following, it’s hard to have a social life,” she said.

Growing up in public

Mercedes Gutierrez lives in Estero where she grew up, and followed the career path of a model and actor since age 6. Now 19, she has appeared in hundreds of TV and print ads from catalogs such as Kohl’s and Target to Vogue magazine. But she didn’t get her first iPhone until she was 13. During high school, as her image became popular on Instagram @Mercedeg benz, her mom or “momager,” Sandra, who has also worked as a model, helped her navigate a newfound portion of fame as well as the business opportunities it presented. Being unusually good looking helped on Instagram, but also inspired resentment. “I guess how I feel is, why can’t

people treat me like it’s just normal?” Ms. Gutierrez said. She adds, “I’m not famous... It’s not like I’m Kylie Jenner or something.”

Ms. Jenner is someone she admires. “I try to even make some of my selfies look like her,” she said. But her experiences have given her a window into what someone like Ms. Jenner could experience, common experiences of fame on a smaller scale. Girls at school were catty. Online, guys would get angry if she didn’t reply to messages. Some engaged in internet stalking including one who kept insisting they belonged together. “He told me our genetics will be perfect together, just really creepy stuff,” she said.

At a high school football game when she was a cheerleader, a group of guys showed up in the stands to cheer her, saying they knew her from Instagram. She found that if she posted pictures of herself with a boy it could immediately cost her hundreds of followers. A photographer in California refused to send her the images he had taken of her if she didn’t provide nude photos in return. She got in fights with boyfriends about comments other guys made about her pictures online. And last year, she surpassed 50,000 followers on Instagram, an exciting landmark.

Companies began asking her to promote their products online, and sending her samples. She got a contract with Bang Energy drinks (blue razz is her favorite flavor) which in part requires her to make YouTube videos featuring their products. For some videos, she has made up to $3,000. She did a short stint as a Unisvn host, in which she interviewed Miami Dolphins players.

Lately, she’s been working on becoming an actor, with plans to pursue that career in Atlanta — “the new L.A.,” her mom said — then later make the leap to Los Angeles. She was recently cast in a film called “White Slavery” about drugs and prostitution in Sarasota. She is set to play the daughter of a woman who lives next door to drug pushers.

To continue gaining followers, she

it quickly became a part of her professional life as well.

After she moved back to Boca Raton in 2013 with her husband and newborn daughter, her personal and professional lives merged on social media with the creation of her blog Modern Boca Mom, and its attendant Facebook, Instagram, and other social media accounts. Ms. Olson-Rogers, 35, brought some of that stylish big-city energy back from New York, cultivating a hyper-local and specific following of young moms in Palm Beach County, roughly ages 25 to 45.

“I want to be your mom friend, that’s what I’m trying to be,” she said, “Your cool mom friend to boast.”

She serves as a resource for events, businesses, products, travel, and support, be it information about swim lessons or the upcoming Boca Pumpkin Patch Festival. There’s a special section on her blog for “mompreneurs” like herself.

Most of her ModernBocaMom.com readers find her through social media, she said, or through Google searches. While she has the most followers on Instagram (127,000), she has found her most engaged audience is on Facebook. “I think Instagram is the most fun for me because it’s not cluttered, it’s simply great photography, great captions,” she said. “In terms of actually driving traffic to my blog it’s Facebook by far because that’s where the moms are.”

And now, Instagram is owned by Facebook, she points out. “So worlds are colliding.”

Too, most of her mom following reaches her on the go, on mobile phones or perhaps tablets.

“They’re busy,” she said. “They’re reading my blog in car lines, while they’re waiting for their kids to get out of sports practice or band rehearsal...”

Social media also allows moms to save posts to save for later, which I’m grateful for.

Her blog and social media expertise has led to other opportunities, including her job four days a week as director of communications and community outreach at Grandview Preparatory School, where her substantial Instagram following has lent her school cred with high school students, who often eschew Facebook.

“They’re parents are on Facebook so they don’t want to be on Facebook,” she said. “They are on Instagram, and they are on Snapchat.”

Modern Boca Mom also draws interest from companies that want her to promote their products, such as an invitation-only cruise or trip to Disney World, which her daughter Avery (@daisylobcaevy) appreciates. Through her mom’s blogging and social media posts, Avery, 4, has become as well or better known than Ms. Olson-Rogers. “Avery’s kind of the famous one because she is the one I post about,” she said. “She’s the whole reason I started this because she’s the one who made me a mother.”
Matthew Goldapper believes in making waves — of the radio variety. Mr. Goldapper is vice president and general manager of JVC Broadcasting of South Florida, which locally operates True Oldies 95.9 FM, 106.9 FM and 960 AM, along with The Talk of the Palm Beaches 900 AM.

He started out as a programming director for one of JVC’s Long Island, NY, stations, where the company — formed by veteran radio broadcasters John Caraciolo and Victor J. Canales — is based.

“I did the morning show there for quite a while and helped launch our station,” he said. JVC began acquiring stations in Flor-ida in 2012 and 2013, and according to its website, between the original Long Island stations and its recent transactions, JVC currently owns 15 broadcasting frequencies across New York and Florida.

“Florida is a great market,” Mr. Goldapper said. “New York, Long Island and West Palm Beach kind of go together. There are a lot of people in the area from Long Island and you get your snowbirds here as well. It was a market we felt comfortable entering.”

The stations, which formerly aired adult contemporary music, now broadcast oldies, “to rave reviews on social media, people calling the station, interactions through events and with our clients, who love the new format,” Mr. Goldapper said, insisting the changeover will continue to reap ratings rewards with the incorporation of a well-known radio personality into the mix.

“We had a unique opportunity with a guy named Scott Shannon, who is a radio legend in New York,” he said. “He’s actually the current No. 1 morning show host in all of New York City. He’s now assisting us in programming the station. You know, he’s got a home down here as well and is a resident of the area.”

Mr. Goldapper said JVC is going after “people we want to highlight.”

“We have a lot of great, different kinds of shows. In the morning we have Don Imus and midday is Brian Kilmeade from Fox News. But then throughout the rest of the day, we let a lot of local, influential people take over the airwaves. For example, Earl Stewart from Earl Stewart Toyota does a two-hour car advocacy show every Tuesday. We also have the owner of Smoke Inn Cigars do a cigar show every Saturday for two hours. Keeping it local is something we know they’ll like.”

Regional events also will find their way onto JVC’s airwaves.

“We’re going to promote concerts in the area and will seek out a lot of partnerships to bring out entertainment for our audience, that just hasn’t been here until now,” Mr. Goldapper said. “We’ll be finding something new and something different that we know they’ll like.”

For more information about JVC Broadcasting and its foray into the Palm Beach area, visit www.jvcbroadcasting.com.
SOCIETY

Hispanic /Jewish leadership reception, Palm Beach Photographic Centre in West Palm Beach

1. Carlos López-Cantera and Gary Lesser
2. Gary Lesser and Robin Bernstein
3. Brian Seymour, Michael Hoffman, Carlos López-Cantera, Gary Lesser
4. Robin Bernstein, Monte Resnick and Michael Hoffman
5. Dr. Emanuel Gottenger, Carlos López-Cantera, and Laurence Milstein
6. Carlos López-Cantera
7. Carlos López-Cantera and Juan Pagan
8. Gary Lesser

Florida Weekly welcomes submissions for the Society pages from charity galas and fundraising events, club meetings and other to-dos around town.

We need 300-dpi photographs of groups of two or more people, facing the camera and identified by first and last names. Questions? Email society@floridaweekly.com.
SPECIAL TO FLORIDA WEEKLY

Paradise at Jupiter Inlet Colony! Shorebreak is a beautiful six-bedroom, 6.5-bath beach home situated on one of the premier oceanfront lots in this highly sought-after community.

The half-acre home site is lushly landscaped and is one of the deeper lots along the ocean. Shorebreak is the former estate of Tammy Wynette and has been extensively remodeled and upgraded over the years — most recently a half-million dollars was spent completing the project.

Spanning over 6,400 square feet, this amazing beach house has breathtaking ocean views. The gourmet kitchen features granite countertops, stainless steel appliances, including two dishwashers, SubZero fridge and freezer, Thermidor gas stove, hood and ice maker. Additional features include dual sinks, large island, recessed lighting and oversized tile flooring.

The spacious living room with sliding glass doors to the rear patio is the dramatic focal point of the home. As one steps out these doors to the patio they experience the Florida beachfront living at its finest. The residents and their guests can enjoy the cool breezes off the Atlantic Ocean and amazing views of its blue water. Residents can choose from a variety of activities such as fishing, kite surfing, paddle boarding, surfing, boating and much more.

It’s at 241 Ocean Drive, Jupiter Inlet Colony, and is offered at $7 million. Agent is James Kirvin of Platinum Properties, jkirvin@PlatProps.com or 561-301-2598.
Fall is a time for activity at your local auto dealerships. Plenty of new 2018 cars and trucks are beginning to arrive. But what about the ones being replaced?

As new models begin to be promoted, dealers want to close the books on the 2017 ones — even if we're months away from the new year. So now also is the time to get the largest discounts on cars that are being redesigned or won't be around in 2018.

Here are five cars that will be significantly restyled, as well as five that will be completely discontinued. These have the potential for the best deals because dealers want them gone ASAP.

**Ford Expedition/Lincoln Navigator** — Cheap gas means SUVs and crossovers are hot right now. So Ford and Lincoln dealers are ready to put the spotlight on fresh product. But the outgoing model is still a great truck-based vehicle that can carry up to eight people and have enough power to tow any toys. Ford is already offering nice discounts on the 2017 car, and the dealer is probably happy to negotiate even more off the price for someone interested in the last few on the lot.

**Toyota Camry** — These sedans have earned a reputation for being tough as nails, but not always the most exciting. The incoming 2018 car is consuming the limelight with its new emphasis on personality. But for those who still like their vehicles as appliances, the Toyota dealer would be very happy to knock some cash off the sticker price of the still-new 2017 sedans.

**Lexus LS** — Much like the Camry, the outgoing Lexus LS is not the most exciting machine. Of course, who needs to be captivating when providing one of the most solid luxury experiences around? Still, it’s not stopping Lexus from currently knocking off thousands of dollars just for walking in the door.

**Chevrolet Equinox** — The new 2018 Equinox is a sleeker machine with a richer interior. Still, the 2017 model is still well equipped, and will be surprisingly inexpensive for the amount of features being offered.

**Hyundai Azera** — With the standalone Genesis brand trying to sell the larger cars in the Hyundai family, the Azera has been canceled for the 2018 model year. But a quiet, comfortable, spacious and loaded sedan at a fair price always has appeal. And canceling the Azera means there’s an opportunity to get even more value.

**Jeep Patriot** — The Patriot is being absorbed into the new 2018 Compass line. So, while there will be discounts on the 2017 Jeep Compass, the dead-end Patriot is getting hefty rebates. It’s a little bit small; it feels a little bit cheap; but it has the charisma of unmistakably being a Jeep.

**Mitsubishi Lancer** — The soon-departed car is sporty but a bit dated. However, for rock-bottom prices on a decent sedan, the Lancer should be a good bet.

**Buick Verano** — It’s tough to sell small upper-market sedans in an SUV/crossover culture, and so the Verano is going away in 2018. But for those who were going to buy a basic small sedan, the last of the Veranos might also now be within budget.

**Volkswagen Touareg** — This was developed when Volkswagen wanted to be a direct competitor to Mercedes. Thus, it’s a solid and luxurious crossover. And for those who liked it but thought it was too expensive, now is probably the time to get deals as the Touareg yields to the larger and cheaper Volkswagen Atlas.

There are some redesigned and canceled cars that didn’t make our list. After all, we’ll certainly miss the Dodge SRT Viper in 2018, but it’s a specialty vehicle that will never be in the bargain basement. And BMW likely won’t discount the outgoing X3 as deeply as some of the less luxurious automakers.

But any time there is a change with a vehicle lineup, there’s also an opportunity for saving money. So before you go shopping this fall, know all the cars that are ripe for the best deals.
Representing The Palm Beaches Finest Rental Properties

Ritz Carlton Residence 1904A
3BR+DEN/3.5BA - $13,500

Ritz Carlton Residence 902B
3BR+DEN/3.5BA - $11,500

Ritz Carlton Residence 302A
3BR+DEN/3.5BA - $11,500

Ritz Carlton Residence 303A
3BR+DEN/3.5BA - $11,500

530 Les Jardin (Frenchman’s Reserve)
4BR+DEN/4.5BA - $10,000

Oasis Singer Island15B
3BR+DEN/3.5BA - $9,000

Water Club 1603-S
2BR+DEN/2.5BA - $8,500

Water Club 1703-S
2BR+DEN/2.5BA - $8,500

The Resort-Marriott 1650
3BR/3.5BA - $7,900

Ritz Carlton Residence 1506B
2BR+DEN/2.5BA - $7,000

Ritz Carlton Residence 1106B
2BR+DEN/2.5BA - $7,000

Ritz Carlton Residence 2206B
2BR+DEN/2.5BA - $7,000

Water Club 1504-S
2BR+DEN/3BA - $6,800

Ritz Carlton Residence 1206B
2BR+DEN/2.5BA - $6,500

Martinique ET304
2BR/3.5BA - $3,500

Cote D'Aaur 1-1404
2BR/2BA - $2,400

Sign up today for the Singer Island Market Update
www.WalkerRealEstateGroup.com
Progressive rock? Just say YES!

One of the band’s two current lineups plans a show at the Kravis Center

‘La Cage’ offers message of inclusiveness

Green, antiques markets return to West Palm Beach

The proof that fall has in fact arrived comes with the blooming of the popular West Palm Beach GreenMarket, which is held from 9 a.m. to 1 p.m. Saturdays at the waterfront, at the corner of Flagler Drive and Clematis Street, from October to April.

This is the market’s 23rd season, and this year boasts more than 90 vendors, including 15 new this year, with something for everyone to love. Vendors include sellers of fresh produce, exotic plants and flowers, herbs and spices, baked goods, gourmet and specialty foods, and coffee and teas. The market also features live music, unlimited mimosas for $10, free activities for kids, and special events each month. Don’t miss the dog costume contest on Oct. 28. Also planned: Veteran’s Day activities Nov. 11 and holiday decorating contests both Dec. 16 and 23.

Parking is free in the Banyan/Olive and Evernia/Olive garages during market hours. For more information, visit www.wpb.org/events or call 561-822-1515.

And….

Back by popular demand are the historical walking tours led by architect and historian Rick Gonzalez. Tours begin “By the Banyan” at the corner of North Clematis Street and Lantana Avenue, and will take place twice each month beginning Oct. 7. Tours leave from the Banyan at 10 a.m. and last about 90 minutes, wrapping up at the Johnson History Museum. Tickets are $10, which benefits the Historical Society of Palm Beach County. For reservations, call 561-832-4164, Ext. 2, or visit www.hspbc.org/events/#historytours.

Also reopening Oct. 7 for your browsing and buying pleasure is the West Palm Beach Antique & Flea Market, open from 8:30 a.m. to 2:30 p.m. Saturday on Narcissus Avenue north of Banyan Boulevard.

You’ll find an eclectic mix of vintage and antique items from clothing to steak grills to midcentury furniture, collectibles and jewelry. Admission is free, and the market is dog-friendly. For more information, visit www.greenmarketwpb.com.
COLLECTOR’S CORNER

Fiesta continues to nurture 80 years later

It’s not a happy time in our country. People are divided, tensions are high. We’ve had natural disasters that have brought some parts of our country to the brink, and national tragedies that threaten to tear us apart.

But I know we will persevere.

I’ve made it a personal goal to surround myself with positive people and with things that make me happy. It isn’t always easy.

I was doing dishes in the dark after Hurricane Irma, and I had a sink filled with Fiesta ware, from which my family, who had evacuated Fort Myers, had dined on grilled cheese sandwiches.

Most of the dishes had come from my grandmother Dorothy, who bought her set on an installment plan from a Pahokee merchant around 1936. It was the depths of the Great Depression, and she was in an unhappy marriage.

But something about the bright colors lifted her spirits. They also lifted mine.

When my grandparents parted company a decade later, she took her Fiesta ware with her.

It was 1985 when I found the dishes stacked in bean hampers in the back of a tobacco pack house on the family farm in South Georgia. There were dinner plates, cups, saucers and mugs.

The jewel tones of the turquoise and yellow glaze shone through the two decades of dust that covered the dishes.

I pulled them out, and my grandmother asked how much Fiesta was selling for those days. Dinner plates were bringing upward of $20 to $30 apiece at the time.

I told her so, figuring she’d want to keep them. But she smiled and gave them to me.

It was a time of transition for me — I had just graduated from college and was looking for my first professional journalism job.

Those dishes inspired hope as I embarked on that journey, and have served me well over 30 years.

My grandmother showed everyone the pictures of my kitchen in Delray Beach, complete with her Fiesta on display. It was pretty, and it was comforting.

And I know she would be pleased that they’re still part of the nurturing process in my family some 80 years later.

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THE FIND:
Fiestaware grill plate

Bought: The Church Mouse, 374 S. County Road, Palm Beach; 561-659-2154 or www.bbts.org/about-us/church-mouse/
Paid: $14
The Skinny: I’ve found all manner of objects at The Episcopal Church of Bethesda-by-the-Sea’s thrift store, The Church Mouse — beautiful Russian porcelain, interesting Heisey and Fenton glass.

But this Fiesta grill plate made me smile, and transported me to a time when restaurants and cafeterias had divided plates and trays.

Homer Laughlin, the company that makes Fiestaware, called this orange glaze “Red.” It was made with uranium and it will set off radiation detectors.

Because of that, I probably will use it for display rather than dining.
Loggerhead Marinelife Center will host a free public screening of “The Smog of the Sea,” a documentary by filmmaker Ian Cheney and original score by Jack Johnson. The 30-minute film debuts at 7 p.m. Friday, Oct. 6, and chronicles a Sargasso Sea research expedition and the global issue of plastic marine pollution.

After years of hearing about the famous “garbage patches” in ocean gyres, the crew is stunned to learn that the patches are a myth. The waters stretching to the horizon are clear blue, with no islands of trash in sight. But a more disturbing reality sets in: A fog of microplastics permeates the world’s oceans, trillions of nearly invisible plastic shards making their way up the marine food chain.

Loggerhead Marinelife Center will hold a beach clean-up with light refreshments from 5:30-6:30 p.m. on Juno Beach prior to the screening.

For more information, email Tommy Cutt at tcutt@marinelife.org.

‘The Smog of the Sea’ film to be screened at LMC Oct. 6
THURSDAY 10/5
Art After Dark — 5-9 p.m. Thursday. College Night! Spotlight talks, a coffee lounge with live entertainment and free coffee, a DIY project and a concert by TCHAA. Free. 561-832-5056; www. norton.org.

Clematis by Night — 6-9 p.m. Thursdays. www.wpobp.org/events or call 561-832-3776.

■ Oct. 5: The Resolvers (Reggae).

The 16th annual Fright Nights — Opens 6-11 p.m. Oct. 5-6, 5-11 p.m. Oct. 6 and 7, and every Thursday, Friday and Saturday through Oct. 28, South Florida Fairgrounds, 9067 South- ern Blvd., West Palm Beach. The larg- est haunted attraction in South Florida promises to be scary with new haunted attractions plus food, entertainment and midway carnival rides. Admission is $30; tickets for groups vary from one to three tickets. No children under 12. Tickets may not be used for parental reasons. Discretion is advised for those under 15 years old. (561) 793-0333; www.southfloridafair.com or myfrightnights.com

FRIDAY 10/6
Friends and Trends Shopping Social — 6-10 p.m. Oct. 6 at The Plaza Boulevard Event Center, 3700 S. Ocean Blvd., Palm Beach. Massages and entertainment, food and drinks, drawings and giveaways. Benefits the West Palm Beach Chamber Foundation. Hosted by meteorologist, Felicia Combs. Tickets are $25 and can be purchased on Eventbrite or through the women’s chamber. 501-317-7000.

SATURDAY 10/7
The West Palm Beach Green Market Opens — 9 a.m.-4 p.m. Oct. 7, downtown at the West Palm Beach Flagler Drive at Clematis Street. About 90 ven- dors, live music, kids’ activities, history tours. www.wpbgm.org.


Wild 95.5’s Brew & Chew Music Fest — Noon to 6 p.m. Oct. 7, Palm Beach Outlets, 1751 Palm Beach Lakes Blvd., West Palm Beach. A live per- formance by British singer and actress Rita Ora plus the best in world-class food trucks, craft beer, interactive fun zones, vendors and entertainment. $10, $25 VIP available at the gate or online at www.wild955heart. com. Info: 561-511-4400 or go online to www.palmbeachoutlets.com.

Habitat for Humanity of Palm Beach County. Local restaurants participate in a fun "tailgate" challenge. Wear your color, blue in advance, ask the door for chamber members and 30 nonmembers, which includes unlimited beer, wine, soft drinks and 6 PM samplings. A portion of the proceeds will go to Habitat for Humanity of Palm Beach County. Info: 561-847-4640 or go online to www.palmbeachoutlets.com.

Clematis by Night — 6-9 p.m. at the West Palm Beach Waterfront, Flagler Drive at Clematis St., West Palm Beach. Live music, food, free drinks, vendors. Info: www.clematisbynight.net.

■ Oct. 12: Mike’s Hotswing Latin Band (Latin/Tropical).

■ Oct. 19: Big Al & The Heavy-weights (Gumbo, Blues, Zydeco).

■ Oct. 26: Clematis by Fright.


Sunday On the Waterfront — 4-7 p.m. Oct. 15 at Meyer Amphitheatre, 104 Datura St., at Flagler Drive, West Palm Beach. Simply Tina, the Tina Turner Tribute Band seen at Disney World’s Epcot World Showcase, performs. No admission charge. No high-energy performance for which Turner is famous. Lead singer Karina Koronkys backed by professional music- ans and dancers make this perform- ance top-shelf. Check out www.simplexinatrinaband.com.

Trillium Piano Trio performs — 3 p.m. Oct. 15, Gardens Presbyterian Church, 4677 Hood Road, Palm Beach Gardens. The trio features Yoko Sata (piano), Ruben Berland (violin) and Susannah Kelly (cello) performing a program of music by Schubert, Debussy, and Mendelssohn. $15 adults, $5 stu- dents. 561-625-9790; 561-840-0499; www. gardenspresbyterian.org.

Looking Ahead
Palm Beach Outlets Boca Raton Bowl Tailgate Party — 5-9 p.m. Oct. 7, Palm Beach Outlets, 1751 Palm Beach Lakes Blvd., West Palm Beach. A community event benefiting the Boca Raton Bowl’s charitable part- ner, Spirit of Giving, and local nonprofit dramaWorks.org.

■ The Little Foxes” — Oct. 20-Nov. 12.


“Edgar and Emily” — March 28-April 22.

“Equus” — May 8-June 3.

AT THE GARDENS MALL


AT HARBOURSIDE PLACE

Live Music on the Waterfront — 6-10 p.m.

■ Mark Telesca — Oct. 6

■ Samantha Russell — Oct. 7

■ Terry Hank — Oct. 13

■ Sinatra Saturday — Oct. 14

Jupiter Green & Artisan Market — 10 a.m.-3 p.m. Sundays, year-round.

AT THE KELSEY

Electric Six with GROVES & King Complex — Oct. 5

Tolkien It Off: A Burlesque Trib- ute to Lord Of The Rings & The Hobbit — Oct. 7

Blueprint Presents King No Crown Free Screening plus Q&A — Oct. 11

The Kelsey Theater Horror Film Festival — Oct. 13

AT THE KRAVIS
Kravis Center for the Performing Arts, 701 Okeechobee Blvd., West Palm Beach. Info: 561-832-7469; www.kravis.org.


Twilight Yoga at the Light — Oct. 9, 10, 23, and 30.

Lighthouse Story Time & Crafts for Kids — 10:30 a.m. Kids’ version of the first Sunday of the month. For ages 8 and younger. Bring a mat to sit on. Free, but reserva- tions are required.

The Lighthouse Coffee Club — 6-7 p.m. the Wednesday of the month, join the museum staff in book discussions on all things Florida. Donation requested. RSVP.

At MacArthur Park


Birding at MacArthur Park — 4:30 p.m. Oct. 8. Join a ranger-led walk to see birds. Reservations recom- mended Free with paid park admission.

Beach Cleanup — 9-11 a.m. Oct. 14. Teens can earn their community service hours helping keep the beach clean.

Cruisin’ Food Fest — 2-4 p.m. Oct. 14. Car show, live music, food trucks. Held the second Saturday of each month.

Jr. Friends Meeting — 11 a.m. Oct. 7. Join other kids in grades 6-12 to learn more about the environment of the park. Mem- bers meet monthly for fun, service project like beach clean-ups, plant identification/ exotic plant removal, building mainte- nance, planting, citizen science projects, and trail maintenance. Email Veronica at veronica@macarthurbeach.org.

Bluegrass Music — 1-3 p.m. Oct. 15. Bluegrass under blue skies.

Butterfly Walk — 11 a.m. Oct. 28.

At the Malitz
Maltz Jupiter Theatre, 100 E. Indian- town Road, Jupiter. 561-577-2223; www. jupitertheatre.org.


“Disney Newies The Musical” — Nov. 28-Dec. 17.


“An Inspector Calls” — Feb. 4-18.

“South Pacific” — March 6-25.

At the JCC
The Mandel JCC, 5221 Hood Road, Palm Beach Gardens. Info: 561-689-7700; www.jcconline.com/pg.

■ Oct. 5: Sukkot: Building closed

■ Oct. 6: Duplicate bridge

■ Oct. 8: Timely topics discussion group, duplicate bridge

■ Oct. 10: Duplicate bridge

CALENDAR
Please send calendar listings to calendar editor Janis Fontaine at pbnewsh@flori- daweekly.com.

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Please send calendar listings to calendar editor Janis Fontaine at pbnewsh@flori- daweekly.com.
Oct. 1: Simchat Torah; Building closes at 5 p.m.; duplicate bridge

Oct. 12: Simchat Torah; Building closed

Oct. 13: Duplicate bridge

AT MOUNTS

Yoga in the Garden — 8 a.m. Thursdays through Oct. 29 in the Hutchison Portico Area. $10 members; $15 nonmembers.

Yoga in the Garden: Sunday Serenity — 1-3 p.m. Oct. 5, 15, 22, 29; $15 members; $20 nonmembers.


Designing & Creating the Home Landscape, Part 2 — 6-8:30 p.m. Oct. 11, Hutchison Conference Room. Laura McLeod, Sanctuary Landscape Design, teaches part two of this class in landscape design for homeowners. $80 for members; $90 for nonmembers for the 4-part series.

AT PBAU
Palm Beach Atlantic University, 901 S. Flagler Drive, West Palm Beach. Performance take place at: DeSantis Family Chapel, 300 Okeechobee Blvd., West Palm Beach; Vera Lea Rinker Hall, 326 Acacia Road, West Palm Beach; Fern Street Theatre, 500 Fern St, West Palm Beach; Rinker Athletic Campus, 3401 Parker Ave., West Palm Beach. 803-2970; www.pbao.edu/performances.

“The 39 Steps” — Oct. 5-8, Fern Street Theatre. Tickets: $15 or two for $25; $10 seniors 65+. $5 students with valid ID. 803-2970 or email ticket-central@pba.edu.

Alumni Association Golf Tournament — Oct. 7 at the PGA National Resort & Spa, Palm Beach Gardens. Registration and breakfast begin at 7 a.m. followed by the shotgun start at 8:30 a.m. followed by lunch and the auction at 1 p.m. $275/player, which benefits the Alumni Association Scholarship Fund. Contact Becky Peeling at becky_peeling@pba.edu.

AT THE PLAYHOUSE

“Bye Bye Birdie” — Oct. 12-29. In the Stonzek Theatre:
Check schedule online for listings.

AT PGA ARTS CENTER
PGA Arts Center, 4076 PGA Blvd., Palm Beach Gardens. 888-264-1788; www.pgartscenter.com.

“Raunchy Little Musical — Belle Barth is Back!” — rescheduled to March 23.

“I Will Survive - Soundtracks of the 70’s” — Oct. 18-Nov. 19.


AT THE IMPROV

David Spade — Oct. 6-7.


AT THE FAIRGROUNDS

West Palm Beach Antiques Festival — One of the largest shows in the state, noon-5 p.m. Oct. 6, 9 a.m.-5 p.m. Oct. 7 and 10 a.m.-4:30 p.m. Oct. 8. South Florida Fairgrounds, West Palm Beach. Tickets: Early buyer VIP three-day pass, noon-5 p.m. Oct. 6, $10; general admission, $8; seniors, $7; www.sfbaf.com or 941-697-7425.

Yesteryear Village, A Living History Park — Through Dec. 30. Learn what life was like in South Florida before 1940. “Town residents” will share their stories. Hours are 10 a.m. and 4 p.m. Thursday through Saturday. Tickets: $10 adults, $7 seniors age 60 and older, $7 children age 5-11, and free for younger than age 5. Info: 561-793-0140 or 793-0333.

Ghost Tours — Through Dec. 30. Wind through Yesteryear Village and hear your guide reveal the haunts, places and bizarre happenings in the historic buildings. Tickets: $8. Reservations required at 561-793-5222 or email yvy@southfloridafair.com.


AT THE SCIENCE CENTER
The South Florida Science Center and Aquarium, 4801 Dreher Park Road, West Palm Beach. Hours: 9 a.m.-5 p.m. Monday-Friday, 10 a.m.-6 p.m. Saturday and Sunday. Info: 561-832-1988; www.sfsciencecenter.org.

GEMS Club @ STEM Studio Jupiter — 5-7 p.m. Oct. 10 and the second Tuesday of the month at the STEM Studio, 112 Main St., Jupiter. Girls in grades 3-8 explore the worlds of math, science, engineering and technology. $10 fee includes dinner and refreshments. Pre-register at www.sfsciencecenter.org/gems-stem-studio-gems. Next date: Oct. 10.

Silver Science Days — 2-5 p.m. Oct. 11. Guests 60 and older can enjoy an afternoon of science designed just for them. $10.

Fall Family Fun Fest — Oct. 14.

GEMS Club — 5-7 p.m. Oct. 24 and the last Tuesday of the month. For girls in grades 3-8. Math, science, engineering and technology including dinner and refreshments. $7 registration fee. Pre-registration required at www.sfsciencecenter.org/gems.

Night at the Museum — 6-9 p.m. Oct. 27 and the last Friday of the month. Theme: Spooky Science. Extended hours at the museum with interactive science crafts, activities, entertainment, exhibits, planetarium shows, and a chance to view the night sky. Food for purchase. $13.95 adults, $11.95 seniors, $9.95 for age 3-12, free for younger than 3. Member admission is $6 adults, free for child members.

AT FOUR ARTS
The Society of the Four Arts, 2 Four Arts Plaza, Palm Beach. Call 561-655-7227; www.fourarts.org.

Exhibition: “Illustrating Words: The Wondrous Fantasy World of Robert L. Forbes and Ronald Searle” — In the Mary Alice Fortin Children’s Art Gallery.

LIVE MUSIC
Arts Garage — 94 NE Second Ave., Delray Beach. 561-450-6357; www.artsgarage.org.

Angry Moon Cigars — 2401 PGA Blvd., 188 & 194, Palm Beach Gardens. 561-296-5990.

Joe Birch — 9:30-12:30 a.m. Thursdays. Live and acoustic rock.

Robert McCarthy — 9:30-11 p.m. Fridays and Saturday.

The Butcher Shop Beer Garden & Grill — 209 Sixth St., West Palm Beach. Live music 9 p.m. to midnight. www.butchershopwpb.com.

Cafe Boulud: The Lounge — 9 p.m. Fridays, in the Brazilian Court Hotel, 301 Australian Ave., Palm Beach. Info: 561-655-0660; www.cafeboulud.com/palmbeach.

Camelot Yacht Club — Jazz sessions start at 8 p.m. Tuesdays at Camelot Yacht Club, 114 S. Narcissus Ave., West Palm Beach. TCHAA! Band performs.

#SCARY
**Calendar**

- **The Colony Hotel** — 155 Hammock Ave., Palm Beach. Info: 561-659-8100 or 561-655-9340; www.theocolonypalmbeach.com
- **Motown Fridays with Memory Lane** — 9:30 p.m. to 12:30 a.m.
- **Saturday Late Night with the Dawn Marie Duo** — 9:30 a.m.-midnight. music and dancing, plus cameraphone by Royal Room headliners and other celebrity performers.
- **Copeland Blues at CityPlace** — 550 S. Rosemary Ave., West Palm Beach. 561-404-4101; www.copelandblueslive.com
- **Don Ramon Restaurante Cumbia & Social Club** — Live music Thursdays through Sundays, 710 S. Dixie Highway, West Palm Beach. 561-547-8704.

**Friday, Oct. 5**

- **Chase** — 4430 S. Beach Highway, West Palm Beach. Free admission. Info: 561-584-0709; www.chasearts.org
- **Lake Park Public Library — 529 Palm Ave., Lake Park. 561-881-3330; www.lakeparkfl.gov
- **The Lighthouse ArtCenter** — Gallery Square North, 373 Tequesta Way, Jupiter. Info: 561-976-2600; www.lighthouseart.org
- **Lighthouse ArtCenter’s Facet, Ceramics & 3D Exhibition** — Through Oct. 28.

**Friday, Oct. 6**

- **No walking required. Family-friendly opening reception: 5-8 p.m. Oct. 6. Celebrations, concerts, relics demonstrations, live performances and gallery talks.**

- **NCM’s Best of the Best** — Lighthouse Arts Center.
- **Rancho Chile** — 339 Clematis St., West Palm Beach. Info: 561-832-9999; www.sub-culture.org/respectables.
- **Voltaire** — 526 Clematis St., West Palm Beach. Free admission. Check the website for more information.
- **Leaves** — 333 Clematis St., West Palm Beach. Info: 561-832-9999; www.sub-culture.org/respectables.
- **The Lighthouse ArtCenter** — 451 Clematis St., West Palm Beach. Info: 561-233-2600; www.workshop.org
- **Green Cay — 14200 U.S. 1, Juno Beach. 561-627-8288; www.greencay.org.
- **Lake Worth. A Joyful Noise Singing Group** — Meets at 9 a.m. on the third Saturday. Check the website for more information.
- **Hawk Watch** — Loxahatchee National Wildlife Refuge. Check the website for more information.
- **Bird Walks:**
  - **West Palm Beach GreenMarket** — 8 a.m.-12 p.m. Saturdays through May 6 at the Beach Gardens Municipal Complex, 1050 N. Military Road. Info: 561-630-1100 or www.pbgfl.org/278/GreenMarket.
  - **The Palm Beach Arts Outlets** — 12 a.m.-7 p.m. Sundays year-round, 200 N. U.S. 1, along the Intracoastal Waterway in Harbourside Place. Pet friendly. Info: www.harboursiderplace.com.

**Ongoing**

- **No walking required. Family-friendly opening reception: 5-8 p.m. Oct. 6. Celebrations, concerts, relics demonstrations, live performances and gallery talks.**

- **NCM’s Best of the Best** — Lighthouse Arts Center.
- **Rancho Chile** — 339 Clematis St., West Palm Beach. Free admission. Check the website for more information.
- **The Lighthouse ArtCenter** — 451 Clematis St., West Palm Beach. Info: 561-233-2600; www.workshop.org
- **Green Cay — 14200 U.S. 1, Juno Beach. 561-627-8288; www.greencay.org.
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**Area Markets**

- **Lake Worth High School Flea Market** — 5 a.m.-3 p.m. Saturdays and Sundays. Parking is free in the Banyan and Everglades garages during market hours. Info: 561-743-7123; www.loxahatcheeriver.org.
**LATEST FILMS**

‘American Made’

Anti-heroes are a curious breed. Lawbreakers who buck authority curry favor because we like them and often sympathize with their plight. The fact that they’re doing something illegal is an afterthought. Isn’t it interesting how easily movies get us to put aside our values of morality, law and order for the sake of entertainment?

In ‘American Made’, which is based on a true story, our anti-hero is Barry Seal (Tom Cruise). It’s the late ’70s. He’s an airline pilot struggling to provide for his wife Lucy (Sarah Wright) and their kids. One day in a hotel bar he meets Schafer (Domhnall Gleeson), a CIA agent there to recruit Barry to take aerial photos of Central and South America. Barry does, and does it well, so more work follows, such as handling pickups and drop-offs with General Noriega in Panama.

To this point Barry hasn’t done anything wrong. He’s just following CIA orders. In Colombia he meets Pablo Escobar (Mauricio Mejia) and Jorge Ochoa (Alejandro Edda), who get him to smuggle drugs into the United States. And so the real, wacky fun of Gary Spinelli’s script begins.

Years of smuggling both drugs and guns, followed by years of money laundering, make Barry become filthy rich, ensue. We get the expected montages of lavish parties and everything going too smoothly. As expected, Barry’s front is exposed. The doors close and so does the movie.

Is it worth $10? Yes

Thankfully, both the movie itself and Cruise (who seems a bit old for the role) are compelling enough to make ‘American Made’ worthy of your attention. Barry Seal may not be the most likeable anti-hero, but his story — especially because it’s based on true events — is not one you will soon forget.

Barry Seal appeared as a character in two quick scenes in “The Infiltrator” (2016), a good movie about a U.S. Customs Agent (Bryan Cranston) who exposes Pablo Escobar’s money laundering scheme.

**FILM CAPSULES**

**Stronger** ★★★

(Jake Gyllenhaal, Tatiana Maslany, Miranda Richardson) After losing his legs from just above the knee in the 2013 Boston Marathon bombing, Jeff Bauman (Gyllenhaal) adapts to a new lifestyle with his girlfriend (Maslany), mother (Richardson) and friends helping him. It’s an inspiring true story, and Gyllenhaal’s performance is Oscar-worthy. Rated R.

**Patti Cakes** ★★★½

(Danielle Macdonald, Bridget Everett, Cathy Moriarty) Patti (Macdonald), an overweight white girl in New Jersey, dreams of becoming a rap star. Macdonald makes a splash in what could be a breakthrough performance, but the movie is too predictable to be truly memorable. Rated R.

**The Trip To Spain** ★★½

(Steve Coogan, Rob Brydon, Claire Keelan) Friends and comedians Steve Coogan and Rob Brydon play versions of themselves as they sample fine dining and tourist attractions throughout Spain. Most of it is good conversation that’s reasonably consistently funny, though it does get a bit too chatty for its own good at times. Not Rated: Adult themes.

**Rebel in the Rye** ★★

(Nicholas Hoult, Kevin Spacey, Sarah Paulson) Author J.D. Salinger (Hoult) struggles to be a writer and later struggles with success in this uneven biopic. It’s a conventional movie for perhaps the most unconventional artist of our time — there’s little doubt the real Salinger (who died in 2010) would hate it. Rated PG-13.
FLORIDA WEEKLY

Visit Downtown At The Garden to join our e-club!

Over 2400 FREE Parking Spaces and Our Valet is A

Ballet Palm Beach season intro

Endless Halloween Fun

The Annual Boo Bash combines fun, games, live entertainment, spooooky surprises and more for children and adults. Dress for success—Halloween style—for the big Boo Bash Costume Contest and experience a scary holiday to remember!

BOO BASH
SATURDAY, OCTOBER 21ST
3-6 PM – CENTRE COURT

Sponsored By

Florida Weekly welcomes submissions for the Society pages from charity galas and fundraising events, club meetings and other to-dos around town. We need...
SOCIETY

300-dpi photographs of groups of two or more people, facing the camera and identified by first and last names. Questions? Email society@floridaweekly.com.
cal relates the story of a gay couple who never married. The couple, who were also the parents of two children, lived together for over 30 years. They were often seen holding hands, walking down the street, and enjoying each other's company. The novel explores their love story and how society's attitudes towards same-sex relationships have evolved over time.

Mr. Lifshitz said that "La Cage" contains some of the most beautiful songs written by Alan Menken and Howard Ashman, along with other memorable tunes from the show. The musical is also known for its inclusiveness, which is something that is going to be celebrated in the production.

"We want to make it clear that the show is about love, acceptance, and equality," Mr. Lifshitz said. "We want to challenge its audience and inspire them to be more open-minded and accepting of others."

The production opened production on Broadway in 1983 and won six Tony Awards, including Best Musical. It has received several revivals since then, most recently in 2013, and has been praised for its relevance. The show is known for its humorous and intelligent dialogue, as well as its strong performances. It is a must-see for anyone who loves musical theatre.
HAPPENINGS

From page 1


Political scholar and writer speaks
Alvin S. Felzenberg, a recognized expert on American politics, the American presidency, Congress, and political movements, will lecture and sign books at this special event Oct. 5 at Rapis Rare Books, 226 Worth Ave., Palm Beach.

Dr. Felzenberg has served in two presidential administrations, was senior adviser to the Departments of State and Defense, and was the principal spokesman for the 9-11 Commission. The former columnist for US News and World Report has been a fixture on television, from CNN’s “Crossfire” to MSNBC’s “Morning Joe” to NPR’s “Talk of the Nation.” He’s been published in the best political publications including The Washington Post, The Weekly Standard, the Philadelphia Inquirer, The Boston Globe, Christian Science Monitor, Politico and National Review.

Dr. Felzenberg will speak and sign copies of his latest work, “A Man and His Presidents: The Political Odyssey of William F. Buckley Jr.,” which was released in May. If you have questions or to RSVP, call 561-508-3479 or email mail@rapisrarebooks.com.

Get your tickets now
Each season, the Kravis Center hosts a party for Public Ticket Sale Day.

This year’s party begins early, at 7:30 a.m. Oct. 7, with breakfast treats, coffee and, starting at 8 a.m., Jill and Rich Switzer from Legends Radio 103.3FM will host the festivities and give away prizes.

When the outside box office windows opens at 9 a.m., fans will find dozens of different shows, concerts and special events to choose from, including A Chorus Line, Paul Anka, The Beach Boys, George Benson, Chris Botti, Capitol Steps, Cameron Carpenter, Chicago, David Foster and Friends, Dudo Fisher, Renée Fleming, Forbidden Broadway, Brad Garrett & Rita Rudner, Israel Philharmonic Orchestra, Howie Mandel, Wynton Marsalis, Jackie Mason, Johnny Mathis, Audra McDonald, Dennis Miller, Itzhak Perlman, Yes, Yo-Yo Ma and Pinchas Zukerman.

From 8:30 to 10:30 a.m., Alexander W. Dreyfoos, the Kravis Center’s founding board chairman, will sign copies of his books, “Passion & Purpose” and “A Photographic Odyssey,” available for purchase in the lobby.

The Kravis Center is at 701 Okeechobee Blvd., West Palm Beach. Can’t make the party? Tickets are also available online at www.wkravis.org or by phone at 561-832-7469.

PUZZLE ANSWERS

COURTESY PHOTO
Alvin S. Felzenberg will lecture and sign books on Oct. 5 at Rapis Rare Books.

florida weekly | week of October 5-11, 2017 | B11
Florida Weekly welcomes submissions for the Society pages from charity galas and fundraising events, club meetings and other to-dos around town. We need 300-dpi photographs of groups of two or more people, facing the camera and identified by first and last names. Questions? Email society@floridaweekly.com.

1. Chris Shortell, Allora Jean Baptiste and Matt Isham
2. Elizabeth Marull and DJ Dorcius
3. Joan Scherer, Jeff Hmara, Louis De Cerchio and Des Romm
4. Joe Hofstrand, Tim Hannah, Mike Murtaugh, V. Lorusso and Robert Barnes
5. Marianne Kollmer, Des Romm, Ed Osyany, Edward Kent, Lori Powell and Evelyn Flores
6. Kai Inia
7. Lori Powell, Wilson and Greg Powell
8. Van Olin, Chewe Olin and Kai Inia

Bill Baggett, Matt Isham and Jason Haselkorn
**PUZZLES**

**26 BEGINNING TO END**

**ACROSS**
1. Next item in list
2. Firefly, Mont.
3. Casual top
4. Cape, e.g.
5. Brisk, biv.
6. Do it!
7. No capital is Home
8. Berry of “The Cat”
9. *Group for motorists
10. T.S. toWallace
11. ToWaltzing
12. On the other side of
13. “To.W.” in Rosedale
14. *Amor* wealth
15. “The Salesman”
16. 58,000,000
17. 60,420,000
18. 60,630,000
19. 60,740,000
20. 60,850,000
21. 60,960,000
22. 61,070,000
23. 61,180,000
24. 61,290,000
25. 61,400,000
26. 61,510,000
27. 61,620,000
28. 61,730,000
29. 61,840,000
30. 61,950,000
31. A barbed wire
32. A flier
33. A suiting for a wedding
34. An end of the tunnel
35. A snare wire
36. A car that is going around
37. A tool for scraping off
38. A type of tobacco
39. A short animal
40. A type of candy
41. A type of beer
42. A type of drink
43. A type of newspaper
44. A type of drink
45. A type of drink
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57. A type of drink
58. A type of drink

**DOWN**
1. Highly happy
2.所
3. “Get busy”
4. Body part
5. Be in a hurry
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**HOROSCOPES**

**LIBRA** (September 23 to October 22)
Watch that you don’t unwittingly reveal work-related information to the wrong person. Best to say nothing until you get official clearance to open up.

**SCORPIO** (October 23 to November 21)
With things settling down at work or at home, you can now take on a new challenge without fear of distraction. Be open to helpful suggestions from colleagues.

**SAGITTARIUS** (November 22 to December 21)
Your creativity can help resolve an emotional situation that might otherwise get out of hand. Continue to be your usual caring, sensitive self.

**CAPRICORN** (December 22 to January 19)
You could impress a lot of influential people with the way you untangle a few knotty problems. Meanwhile, a colleague is set to share some welcome news.

**AQUARIUS** (January 20 to February 18)
Aspects favor recharging your social life and meeting new people. It’s also a good time to renew friendships that might be stagnating due to neglect on both sides.

**PISCES** (February 19 to March 20)
Congratulations. Your talent for working out a highly technical problem earns you well-deserved praise. The weekend could bring news about a friend or relative.

**ARIES** (March 21 to April 19)
You might feel compelled to get involved on the “right side” of a seemingly unfair fight. But appearances can be deceptive. Get the facts before going forth into the fray.

**TAURUS** (April 20 to May 20)
Bullying others into agreeing with your position could cause resentment. Instead, persuade them to join you by making your case on a logical point-by-point basis.

**GEMINI** (May 21 to June 21)
Resist pushing for a workplace decision you might feel is long overdue.

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**SUDOKU**

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

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By Linda Thistle

**BORN THIS WEEK:**

Your sense of justice makes you a strong advocate for the rights of people and animals alike. 

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By Linda Thistle
Burger and Craft Beer Bash at Eau Palm Beach raises money for hurricane relief

Florida Weekly welcomes submissions for the Society pages from charity galas and fundraising events, club meetings and other to-dos around town. We need 300-dpi photographs of groups of two or more people, facing the camera and identified by first and last names. Questions? Email society@floridaweekly.com.
Chris Marshall at Hampton Forks has been fostering his catering and pop-up food spot in Jupiter’s Seagrape Plaza since opening, and now is ready to expand.

He’ll soon open the Cheese & Provisions shop next door.

“We have hand-cut, farm-direct artisan cheeses, charcuterie, unique sandwiches and paninis,” he said.

An emphasis on local purveyors for foods is key — he’s a proponent of supporting other small businesses.

“Also composed vegetable dishes featuring Kail-Kail Farm and others, with roasted meats and seafood, seasonal olive oils, jams, local honey, artisan pasta and grains, soups, and so on.”

The bread will come direct from Paris from the noted bakery, Pollane, and will be available by the quarter loaf.

“It’s for the true food lover. It’s baked and shipped FedEx that day and with the time difference, arrives the next day. As everyone else does, I’ll freeze the whole loaves at first,” Mr. Marshall said.

“Once we get moving, I’ll post (online) day of arrival, so customers can pick it up fresh. Yeah, it’s not cheap — $8 for a quarter loaf — but for me in our bread-starved area, it’s well worth it.”

He’s working with local bread artisan Michael Hackman, of Aioli, a West Palm Beach sandwich shop. Eventually, he hopes to have all locally produced breads in Hampton Forks.

To preview the shop, Mr. Marshall has created a four-course pop-up dinner, “By Way of France” — the first of several at the shop. It’s Oct. 13, 6-30-8:30 p.m. Tickets: $65. Available at www.eventbrite.com; search for Hampton Forks. Hampton Forks, 1B5 E. Indian-town Road, #22, Jupiter. www.hamptonforks.com; 631-276-1997.

Brewpub coming to Tin Fish

Coming to downtown West Palm Beach in the former Tin Fish spot on Clematis Street is Rails Craft Brew and Eatery.

It’s a mini-chain of brewpubs originally from Indiana, where there are three locations.

Along with casual appetizers such as nachos, beer cheese, and mini crab cakes, main dishes include steaks, seafood, burgers, and pasta dishes.

THE DISH: Highlights from local menus

The Dish: Puttanesca
The Price: $32.
The Details: I always love an opportunity to try a new restaurant.
And I had not visited the Palm Beach outpost of Sant Ambroeus, which opened early this year in the Royal Poinciana Plaza spot that once was home to Del Frisco’s.
The space is beautiful, with patterned terrazzo floors and hues of orange, with a midcentury vibe.
The food is Italian.
We stopped in for dinner and dined from the Flavor Palm Beach menu.
This dish, of gnocchetti pasta, also is on the restaurant’s regular menu.
The shell-shaped pasta was tossed in a sauce made of San Marzano tomatoes. It was finished with a tuna confit, rather than the anchovies you often find in a puttanesca, leaving a clean taste that allowed the flavors of the olives and capers to shine through.

— Scott Simmons

Scott’s Three Palm Beach spots
A trio worth noting

1 Buccan
350 S. County Road, Palm Beach; 561-833-3450 or www.buccanpalmbeach.com.
If you don’t order anything else from chef-owner Clay Conley’s menu, you need to order his Warm Brussels Sprouts “Caesar,” with warm julienne sprots tossed with Parmesan and roasted tomato. I know people who go just for the burger, which is served on a perfectly toasted brioche bun. So go for that, and for the crowd — it’s great for people-watching.

2 Ta-Boo
201 Clematis Ave., Palm Beach; 561-835-3500 or www.taboorestaurant.com.
John F. Kennedy dined here. And Rod Stewart still dines here. There’s a reason for that, too: It’s classic fare done right. Ta-boo has a nice happy hour menu, but we’re fans of the Sunday brunch at this restaurant, which turned 75 last year. Try the crab cakes, which are heavy on crab and light on filler. ‘Nuff said. It’s a fun spot for lunch, brunch or dinner.

3 Charley’s Crab
Charley’s Crab has remained consistently popular with lovers of traditional seafood dishes nicely prepared. The ocean view doesn’t hurt, either. But we think we will pay attention to the happy hour menu, available from 4 p.m. to 7 p.m. daily at the main and Ocean View bars. The mini lobster roll, complete with onion strings, is $7.

— Scott Simmons
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N. CYPRESS DR., TEQUESTA

Largest Condo Avail in Juno Beach | 3,995 SF | $1.95M

OCEANFRONT 902, JUNO BEACH

3 BR/3.1BA | 3,500 SF | $3.2M

TRUMP NATIONAL, JUPITER

CLARIDGE 2-N, JUPITER ISLAND

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ALTON, PBG

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BAY HILL ESTATES, WPB

Largest Condo Avail in Juno Beach | 3,995 SF | $1.95M

OCEANFRONT 902, JUNO BEACH

Newly Renovated | 2BR/3.1BA | 2,011 SF | $525,000

N. CYPRESS DR., TEQUESTA

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BAY HILL ESTATES, WPB
Legacy of quality

The Elephant’s Foot marks more than half-century of selling high-end antiques.

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EDITOR’S PICKS
A few finds that celebrate fall.
Page 2

RETAIL
First class, second hand.
Page 6

RELAX
Get away to Española Way.
Page 8
Summer is over, and fall is here. We're weary of hunkering down for hurricanes and are ready for nesting. Yes, Hurricane Irma turned our leaves brown. But native Floridians will tell you the angle of the sunlight has changed — notice how the shadows are falling different now. And is it my imagination, or was there just the faintest of chills in the air the other night? Maybe not, but let's pretend. Get set to nest, get ready to unwind. — Scott Simmons, Editor

So what better way to cocoon than with one of these Bristol throws? They're 85 percent cotton, with 15 percent alpaca wool, to wrap you in a silken fleece. Perfect for cuddling in front of a fire or your favorite flick. Available for $205 at Pioneer Linens, 210 Clematis St., downtown West Palm Beach; 561-655-8553 or www.pioneerlinens.com.

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Sitting pretty
You'll see newer renditions of these 19th-century Italian stools, but they won't have the warmth or patina of the originals. They'd be great in an entry hall flanking a doorway. Or you could huddle in front of a fireplace on one of these. I'd love to see someone use the pair in lieu of a cocktail table — just add trays. The upholstery of gold velvet and embroidery makes a classic, elegant covering. Priced at $3,600 at Iconic Snob Galeries, 2800 S. Dixie Highway, West Palm Beach; 561-832-2801 or www.iconicsnobgaleries.com.

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A light find
Face it, folks: We're stuck in hurricane season until the end of November. Hopefully, we don't need stylish ambient lighting because of power outages before then, but if we do, these SolarPuffs should do the trick. The 4 1/3-inch cubes fold to about a quarter-inch thick and weigh only a couple of ounces. Yet they boast 100 lumens. Leave them in full sun and they'll give you eight to 12 hours of light; even five hours of sunlight will get you five to eight hours of light. They're $29 at Excentricities, which has stores in Palm Beach County from Jupiter to Delray Beach. www.excentricities.com.

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Legacy of quality

The Elephant's Foot marks more than half-century of selling high-end antiques

BY SCOTT SIMMONS

M arvin Ray and Ronald French have nearly a century of combined experience in the antiques business.

That experience shows in the care they lavish on the furnishings and accessories that fill the 6,500-square-foot showroom on Antique Row that’s home to their store, The Elephant’s Foot.

“At age 12, I was exposed to good things and that’s been my passion ever since is to be surrounded by quality furniture,” said Mr. French, who entered the antiques business 54 years ago.

The Elephant’s Foot is filled with furniture made a century ago and more that glows with the patina of decades of use and polish.

Back in the day, collectors filled the aisles of The Elephant’s Foot and other shops across the country.

“No, there are no collectors anymore,” said Mr. Ray.

Well, not in the traditional sense.

So, who’s buying?

“Busty boomers, who either acquired a new condo or have moved,” said Mr. French. And where collectors used to spend months or years looking for that special piece.

“Now, sales tend to be for several items, particularly when you’re dealing with furniture,” he said. “People tend to buy multiple things now.”

Antique Row increasingly has become a hub for designers, but they don’t represent the bulk of customers along the row.

“We still do 90 percent designer business, though it used to be higher,” Mr. French said.

The demographic skew older in South Florida, and that translates into business for The Elephant’s Foot.

“The collectors are getting rid of their things because they’re at the age where they have to,” Mr. French said.

“The families don’t want or the spouses don’t want it,” Mr. French said. “What do you do with all that stuff?”

“The children don’t know what to do with it. They’re more interested in their machines,” Mr. Ray said, laughing.

The Elephant’s Foot buys merchandise directly and takes items on consignment.

“Every circumstance is different. Sometimes, it’s a lot of things, sometimes, it’s a few things. Sometimes they want to settle an estate quickly,” Mr. French said.

The men place a premium on quality antiques — better examples of furnishings from the 17th, 18th and 19th centuries. Translated: They sell objects that are not mass-produced. The market for Victorian furniture essentially is dead, especially in Florida.

Antiques are more affordable than ever, the men said.

“The prices have come down,” Mr. Ray said.

“You can buy an antique for less than you can buy new furniture in many cases. And it lasts.”

BY SCOTT SIMMONS

simmons@floridaweekly.com

English sideboard dates from around 1800.

A Dutch walnut and marquetry slant front desk dates from the 19th century.

This Biedermeier buffet was built around 1850.

SEE COVER, 5
First class, second hand
Man Cave heralds hommes on the hunt

BY AMY WOODS
awoods@floridaweekly.com

A man cave might not sound luxurious, but to the devoted denizen, it might as well have gilded ceilings and marble floors.

The Man Cave in Jupiter has neither. The campy consignment store conceived by a past, present and future “caveman” instead has a towering taxidermy buck, a handmade poker table, a vintage jukebox and the all-important leather recliner, among other testosterone-teasing things.

“We love game mounds,” said owner Paul Pugliese, referring to the authentic antlered animal. “They sell.”

The 3,000-square-foot space that speaks to the specific sex sometimes serves brewski to browsers.

“We give them a beer out of the refrigerato, if they want,” Mr. Pugliese said. “For the girls, a glass of wine.”

Yes, women are allowed into the socio-logism showroom. They are “cavewomen.”

“Because of my wife, daughter and sisters, I inherit a lot of girl-cave items,” Mr. Pugliese said. “They are appreciated by the wives.”

The predominantly pink products get placement in the back of the building.

“It’s a relaxed atmosphere where someone can find a great deal,” Mr. Pugliese said. “We pride ourselves on having merchandise that is in outstanding condition.”

He works with more than 850 consigners to whom he returns 40 to 50 percent of the dime that is in outstanding condition.”

“We want everyone who comes into the store, along with a serious selection of shoes, a $400 pair of barely used Church’s was priced at $49.”

“Everything has to come in clean,” Mr. Pugliese said. “Everything has to come in immediately usable.”

Consigners range from downsizers who finally want to part with their vinyl-record collections to lifestyle changers who have taken up fishing after tiring of golf to widowhood.

“The widow community is a big part of who we serve, and we’re very proud of that,” Mr. Pugliese said. “We can help make something that is hard easier.”

Retirees consign at the Man Cave, too. That is how the 7-year-old former Wall Streeter established the business. He left the investment-banking world a decade ago and began breeding Arabian horses. After his stallion Shadouza died, he started restoring cars. Both avocations left him with tons of tack and tools.

“I had all this equipment from horses and cars,” Mr. Pugliese said. “I realized that all of these consignment stores catered to women, but there were no consignment stores for men. I decided to get a shop and sell some of my stuff and see if I could make a living out of it. It began slow, but it picked up the pace pretty soon,” he continued. “I became the recipient of this void for an outlet for men’s anything.”

The past, present and future “caveman” said he knows what guys are going for, having had a man cave most of his adult life.

“I have years and years of experience with a man cave in my house,” Mr. Pugliese said. “I have a feel for it from listening to customers and seeing how they react.”

Whether a buyer wants to spend $3 or $1,000, a fashionable and/or functional item usually can be acquired.

“We want everyone who comes into the store to go out with something,” Mr. Pugliese said. “They key is to have a variety of inventory.”

Inventory changes weekly, if not daily, at the Man Cave, attracting repeat visitors seeking to stock their sacred spots.

“Our customers are our friends,” Mr. Pugliese said. “We know them by name or certainly by face.”

— Paul Pugliese founded Man Cave in Jupiter

Man Cave accessories

They pointed to an Ethan Allen catalog, which listed a chest for $2,799.

“These antiques by the door are $2,000,” Mr. French said, gesturing toward a pair of Hepplewhite-style chests.

“Right now, it’s all out of whack. People don’t realize the great value now is in quality antique furniture,” Mr. French said. That has been across the board.

The Elephant’s Foot still has large selections of English china — think Royal Crown Derby and Spode — and lots of silver — Meissen figures were made by one of Europe’s finest porcelain factories.

from page 4

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The Elephant’s Foot still has large selections of English china — think Royal Crown Derby and Spode — and lots of silver — there was a spectacular 18th-century Paul Storr samovar sitting in a case during a visit early this summer.

And there will be collectors for those — after all, the best of the best still sells.

So what if you have Mother’s Rosenthal china or her Rose PointSterling?

“If you have it, use it. If it breaks, then so what?” Mr. French said. After all, as they pointed out, prices are down.

People tend to be more casual these days, too.

“They don’t want dinner services, they don’t want crystal. They don’t want anything that can’t be put into the dishwasher,” Mr. Ray said.

And, unless that silver is Tiffany, Georg Jensen or some great antique, in all likelihood, it will be scrapped the next time it goes on the market.

“If it’s good quality, good lines, it’s going to sell,” Mr. Ray said.

“Functionality is a big deal, too,” Mr. French said. But so is beauty.

“It’s amazing how many people come in here and when they leave, they say, ‘I
A slice of Europe on South Beach

No need to fly overseas for a vacation when Española Way is only a short car drive away

By Mary Thurwachter
mthurwachter@FloridaWeekly.com

On a sultry summer evening in Miami Beach the waiters at Hosteria Romana go above and beyond to keep customers coming in and satisfied once they do. Their enthusiasm for each dish on the menu (from handmade pastas and pizzas to grilled meats and fish and hard-to-resist homemade desserts like tiramisu) can’t be overlooked.

But it’s not just the all-Italian wait staff’s fervor for Italian cuisine and knock for reeling in diners that makes them such a hit. They put on a show — singing, dancing and occasionally waving napkins in the air until customers find themselves joining in.

Not all of the music in Italian. Contemporary hits like “Despacito” and “Shape of You” get good play, too. It’s hard not to get caught up in the beat, the fun.

Welcome to Española Way. Española Way, between 14th and 16th streets from Washington to Drexel Avenues, was the first commercial street in all of Miami Beach. The city just spent $2.5 million to restore the street and its vibe to the artist village it was in the 1920s.

Hosteria Romana is just one of 16 locally owned restaurants and specialty boutiques lining the pedestrian-only street. Another not-to-be missed attraction on the street is the flamenco show at Tapas y Tintos (www.tapasytintos.com) Thursday through Sunday nights. We loved it.

Other culinary hits for us on Española Way included breakfast at Havana 1957 (www.havana1957.com), a traditional Cuban restaurant that transports diners to old Cuba; dinner at Mercato della Pesceria (www.mercatodellape-scheria.com), a market-style restaurant that features several culinary stations, including a fish market, meat market, and pasta-making station; and enjoying gelato and Melani Gelateria (www.milanigelateria.com).

On our next trip, we look forward to checking out Time Out Market, a few blocks away on Drexel Avenue. It’s due to open early next year. Food from the Miami’s best restaurants, top chefs and stunning local works of art will be the draw.

Unlike much of Miami Beach’s architecture in the city, which is Art Deco, Española Way was designed in a Mediterranean Revival style.

The place to stay is El Paseo Hotel, a boutique property reopened this year after a $7 million renovation.

The destination had its first Noche de Vino (wine night) last month and is already a hit. Yoga a la Española started on Saturday mornings last month and is already a hit. The destination had its first Noche de Vino (wine night) last month and is already a hit.

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The El Paseo never lost power during Hurricane Irma. And there’s always complimentary use of Spectacles, new sunglasses with an integrated video camera that connect directly to Snapchat.

Something new in the neighborhood. Yoga a la Española started on Saturday mornings last month and is already a hit. The destination had its first Noche de Vino (wine night) last month and is already a hit. The destination had its first Noche de Vino (wine night) last month and is already a hit. The destination had its first Noche de Vino (wine night) last month and is already a hit. The destination had its first Noche de Vino (wine night) last month and is already a hit.

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Guests at the El Paseo Hotel have complimentary use of Spectacles, new sunglasses with an integrated video camera that connect directly to Snapchat.

An attentive staff checks in with guests daily to make certain all needs are met (need another blanket? Honor bar need re-stocking?). The hotel’s beach club is just three blocks away. Complimentary wine is served during happy hour in the hotel’s second floor library Mondays through Thursdays.

“We take pride in our authentic and unpretentious service that allows us to foster relationships with our guests while creating unique and tailored memories,” says general manager Luis Soto.

A unique way to save some of those memories is offered, too, since guests have complimentary use of Spectacles, sunglasses with an integrated video camera that connect directly to Snapchat via Bluetooth or WiFi and transfer images onto the user’s app.

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Dinner at Hosteria Romana, one of the most popular restaurants on Española Way.

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Dinner at Hosteria Romana, one of the most popular restaurants on Española Way.
The word on design from Joseph Pubillones

**FLORIDA WEEKLY STAFF**

If you could say one thing about designer Joseph Pubillones, it is this: The man never slows down.

He’s not necessarily a jetsetter, but one week may find Mr. Pubillones flying from West Palm Beach to Milan, or Paris. And back. He has received national attention for The Art of Design, the syndicated column he writes. Here’s a peek into his philosophy.

Your clientele is as diverse as the projects themselves. How have you come to work on so many different kinds of projects?

I think of every project like an extremely fine couture gown, individually designed for each client so no two projects look alike. After being in business for 16 years, most of my work is referrals by word of mouth. Clients are usually repeat clients. I also work out of town for clients in South Florida who have homes elsewhere and that includes Canada, London, Spain and even the Caribbean, Puerto Rico and Jamaica.

If you could expand, where would you most like to work more?

The majority of my work is high-end residential and many are either second or third homes, but I’d love to do more work in New York and California.

What’s your favorite home design trend right now?

That would be kitchens that are almost sculptural in nature. I attended a few shows in Italy and the designs of kitchens are getting more compact, like working machines that fit in the middle of the room, expanding as you need more. They may look like just an island in the room with components that open up to reveal sink, stove, ovens, wine coolers concealed behind doors. Probably by next year it will be catching on more in the states and people will revisit the attitude about kitchen design. This clean look is great for loft apartments and helps you maximize every inch of square footage into your living space.

Certain trends have gone out of style. Which are you glad to see go?

Here in Florida I’m glad to see people adopt a softer approach to tropical décor. Not everything requires a monkey or grass skirt or wicker. There are other ways to achieve a relaxed and laid back look without having to knock you over the head with a coconut. For a time, you would go to any condo and you’d see that, but there are other styles that are adequate for interiors and a tropical climate without having cliché décor.

Do you recommend clients read architecture/design build books or magazines? If so, which ones?

I always ask clients to produce a look book filled with pages torn from newspapers and magazines, even if they are not sure what they are selecting. Good designers are able to discern from pictures the type of color palate or themes the client likes. I live surrounded by magazines and have probably 15 or 20 different subscriptions from national and international magazines. It is a great way to keep current on a more global view of the design profession.

Please share any advice you have for a homeowner embarking on new home construction, or any resources. Do your research. Interview two or three designers and make sure your personalities are compatible and you are on the same page in terms of what the scope of work on the project. It will make the process fun and easy if it happens.

What’s the most over-the-top, luxury space you ever saw or developed?

I have a project here in Florida that included an indoor pool for a professional swimmer. It’s someone who did not want to be bothered with whether it is sunny or not, too hot or too cold. Another client turned his whole living room into a workout gym because his whole life revolves around fitness. We had to do a little creative mix of lounging and exercise equipment.

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