Mandel JCC opens with goal of making ‘better place’

BY SCOTT SIMMONS
ssimmons@floridaweekly.com

The Mandel Jewish Community Center is a $20 million dream come true.
And Morton Mandel could not be happier.
“I’m thrilled because I know what the JCC will do for this community,” he said in an interview moments before an Aug. 29 ribbon cutting for the 56,000-square-foot space on Hood Road in Palm Beach Gardens.
“This is a destination whose goal is to improve the community,” he said, adding that his involvement with Jewish community centers goes back to 1950, when he was elected president of the Cleveland JCC, which also is named for the Mandel family.

His family foundation kicked in $5 million toward the construction of the new center, which offers a preschool, gymnasium, aquatics center, sports fields, indoor and outdoor playgrounds, and space for fitness, health and wellness classes. The center will employ approximately 100 full- and part-time employees.

After the ribbon cutting, visitors strolled through the new center, the centerpiece of which is that preschool. During the tour, children played in a space behind a glass wall from beyond a spacious great hall, which has soaring ceilings that lead visitors to the gym and aquatics complex beyond.

Beryl and Robert Schneider, whose $2 million gift named the gym, beamed as they walked through the space.

Mr. Mandel’s wife, Barbara, seated herself near the front entrance to the center.

“This has been a particular interest of mine,” said Mr. Mandel, who also named the Mandel Public Library in West Palm Beach.

“We have the ability to make the world a slightly better place, which this will do.”
— The Mandel JCC is at 5221 Hood Road, Palm Beach Gardens; 689-7700.

Local authors turn to self-publishing to get their books on shelves

BY SCOTT SIMMONS
ssimmons@floridaweekly.com

R. RUTH WESTHEIMER HELPED READERS understand their sexuality. Anne Rodgers and Dr. Maureen Whelihan think they can do the same.
But Dr. Ruth relied on a mainstream publisher to print and distribute her book. Ms. Rodgers and Dr. Whelihan are doing it on their own, self-publishing “Kiss and Tell,” a 370-page book that explores what women experience and want from their sex lives.

More than 350,000 books are published each year in the United States, according to the United Nations Educational, Scientific and Cultural Organization, or UNESCO.
Forbes, the financial magazine, estimates that number actually may be more like 600,000 to 1 million books. Of those, at least half are self-published.

That’s friendship, for you. He’s standing outside his cow pas-ture tucked up under the southern flank of Babcock Ranch, where he’s made his home for several decades. “Ten-Fo, good buddy, I read you loud ‘n’ clear,” acknowledges Burdie Baker, standing nearby. He smiles and shakes his head in mock disapproval, his big white cowboy hat moving languorously in a kind of silent salute, his face devoid of history or judgment, but not appetite.

Among other things (both grew up poor in the Deep South, both are grandfathers and husbands, both survived gut-wrenching once-upon-a-times) these men also share a power-ful friendship, which is why I’m here. “I think of Redneck like a broth-er,” explains Mr. Kennedy succinctly, “the Black Redneck.” I’ve come to see why.

One man is whiter than fresh milk, the other is blacker than strong cof-fee, and both hail from a Southern world where rarely the twain should meet in real friendship.

But for 15 years theirs has slipped across the racial divide as easily as a big truck changing lanes on an open road.

For some reason, each man always gave race and the “ism” frequently coupled to it no more credit than the mud in a roadside ditch.

Maybe whatever they have can be bottled and sold.

The sun is dripping through Mr. Kennedy’s tall pines at about 93 degrees, adding a fine afternoon sheen to the dark skin of Mr. Baker’s face and still-powerful arms. Nearby, a yellowing cow separates from the herd to gaze steadily at the two men, her face devoid of history or judgment, but not appetite.

When Mr. Kennedy and Mr. Baker were young — before civil rights, before easy living — segregation was the rule.

Nearing 70 now, Mr. Kennedy grew up on Moonshine Hill outside of Asheboro, N.C. A comic and capable storyteller by nature, he is also tough, as nails, like Mr. Baker. He spent 20 years in the Army, serving as a para-trooper in the 101st Airborne Divi-sion in Vietnam in 1965 and ’66, and in other airborne units later, before retiring as a First Sergeant.

And Mr. Baker, set to be 73 in June, came of age on a white owner’s plantation outside of Bainbridge, Ga., not far from the Florida line. He was beaten by a step-father who died just minutes later. Mr. Baker decided to shoot him, he admits, and was made to work exhaustively in the fields.

Discrimination by whites was part of his daily fare.

He left Bainbridge when he was 16, then returned about three years later in a borrowed car — but only for a single night.

Under cover of dark, he rescued his mother and seven siblings from their sharecropper’s cabin, shushing the family into silence so they wouldn’t be shot. The landowner had refused to let them go, citing bills he claimed the family owed for food and rent, run up while working his place.

There appears to be no bitterness in either man for any hard experience — and no complaint.

Along with the Airborne code, Mr. Kennedy says, “I follow that old say-ing: What doesn’t kill me makes me stronger.”

As for Mr. Baker, he puts the tech-nique for unhesitating friendship this way: “You just take it a day at a time. He can’t help what happened way back when, and I can’t either. I’m not responsible for that, and he ain’t either. Ain’t no need for worrying about the color of the skin — because your blood is the same color.”

If something happens to one, the other turns up almost immediately, every time.

“When he’d get in the tight, I’d go help him out. And when I get in the tight, he helps me out,” Mr. Baker explains with a self-deprecat-ing shrug.

When Mr. Baker’s first wife was dying of cancer, for example, Mr. Ken-ney arrived at their trailer and built a screen door so she could sit more comfortably inside and look out without being bitten by mosquitoes.

When Mr. Kennedy went to the hospital with a dangerous heart con-dition, Mr. Baker arrived at his farm and fed his cows and goats for days, conscientiously and well.

No pay is part of the deal. Their currency is humor and simple decen-try. “Well,” says Mr. Kennedy, stepping away from the more comfortable ter-ritory of affectionate kidding, “here’s why I like Redneck: Because he’s a straight shooter. He works for what he gets. He doesn’t ask for a handout. And he’ll help a person in need.”

He pauses. “He’s just like me.” Mr. Baker — a coffee-black staring at his best friend, a milk-white, and seeing only the color of friendship — is smiling and nodding.

“Ten-Fo, good buddy, I read you loud and clear!” ■

— A version of this column ran on Sept. 12, 2012.
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Nuclear's demise, from Fukushima to Vermont

Welcome to the nuclear renaissance. Entergy Corp., one of the largest nuclear power producers in the U.S., issued a surprise press release Tuesday, saying it plans to “close the last old reactor” at the Vermont Yankee Nuclear Power Station in Vernon, Vt. The station is expected to cease operations by 2019.

The press release came from the corporation, it was years of people’s protests and state legislative action that forced its closure. At the same time that activistists celebrate this key defeat of nuclear power, officials in Japan admitted that radioactive leaks from the Fukushima Daiichi nuclear catastrophe are far worse than previously acknowledged.

“It took three years, but it was citizen pressure that got the state Senate to such a position” nuclear-energy consultant Arnie Gundersen told me of Entergy’s announcement. Gundersen, who has coordinated projects at 70 nuclear plants around the country and now provides independent testimony in nuclear and radiation issues. He explained how the state of Vermont, in the first such action in the country, had banned the plant from operating beyond its original 40-year permit. Entergy was seeking a 20-year extension. “The Legislature, in that 26-to-4 vote, said: ‘No, we’re not going to allow you to reapply. It’s over. You know, a deal’s a deal. We had a 40-year deal! Well, Entergy went to the first federal court here in Vermont and won, and then went to an appeals court in New York City and won again on the issue, as they framed it, that states have no authority to regulate safety.” Despite prevailing in the courts, Entergy bowed to public pressure.

Back in 2011, Vermont Gov. Peter Shumlin, who called Entergy “a company that we found we can’t trust,” said on “Democracy Now!”: “We’re the only state in the country that’s paid large sums to get into our own hands and said that, without an affirmative vote from the state legislature, the Public Service Board will not issue a certificate of public good to legally operate a plant for another 20 years.” At the time, Gundersen said, “It’s not in Vermont’s best interest to run an aging, leaking nuclear-power plant. And we expect that at the convention that decision will be respected.”

The nuclear-power industry is at a critical crossroads. The much-touted nuclear renaissance is collapsing, most notably in the aftermath of the Fukushima disaster, compounded by the global financial crisis. In a recent paper titled “Renaissance in Reverse,” Mark Cooper, senior fellow for economic analysis at the Vermont Law School, writes, “The problem for old nuclear reactors has been acute.” The costs to operate, and to repair, these plants have prompted operators to shutter five of the 104 operating power generating reactors in the U.S. in the last four years. Cooper has identified 30 more that he estimates will be shut down, because “the economics of reactors are collapsing.”

The profound consequences of the Fukushima Daiichi nuclear-power accident are still unfolding, but 20 years after the Japanese Nuclear Regulatory Agency increased its assessment of the situation to Level Three, or serious, on the International Nuclear and Radiological Event Scale. The original accident in March 2011 was rated a seven on that scale, the highest, most severe threat. The nuclear fuel rods there contain crushed granite-calculator by year. The spent cooling water is highly radioactive. The Tokyo Electric Power Co., which ran Fukushima and Entergy, has said the cleanup, has been storing the radioactive water in hastily-constructed water tanks that are leaking.

“The surveys of the area determined that the radiation coming from the buildings is not toxic. The Public Service Board will not issue a certificate of public good to legally operate a plant for another 20 years.” Gundersen said, “It’s not in Vermont’s best interest to run an aging, leaking nuclear-power plant. And we expect that at the convention that decision will be respected.”

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Affiliated with The Children’s Hospital at Palms West
Cat ‘bib’ may stop a pet from hunting

BY Dr. Marty Becker
Universal Uclick

Q: One of our cats has become pro-

ficient at catching small birds and

rodents, and brings them alive or barely

alive into the house. We really don’t like

this and would appreciate some tips on

how to change both cats back to indoor-

only pets, if possible. Also, do bells on

collars really work, since maybe that

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As for bells on cat collars, they do some-
times work to scare birds away. But some

cats learn how to stalk without ringing

their bells. Who says cats aren’t smart?
The better route to take is to convince

your outdoor adventure lovers to accept

an indoor-only life.

Feline frustration can turn into an

orchestra of cat complaints. Some cats

complain vocally (nonstop), others make

the 50-yard dash to the door their sport

(nonstop), while still others play Tarzan

indoors from curtained to couches. Cranky

cats may pick on each other. Just a few

escapes can drag out this feline focus and

fury on gaining freedom. If you decide to

make them indoor cats, go cold turkey. One

time in, they’re in forever.

When you take away the great out-

doors, replace it with a new indoor cat

jungle. Purchase a few floor-to-ceiling

cat trees for climbing and perching.

Place new things to explore in the room
every day. Boxes and bags make great
cat caves to investigate. Place catnip

mice in new places. Buy a variety of

scratching surfaces, both vertical and

horizontal. Add a few containers of cat

grass. Buy cat toys that look like real

prey and begin daily indoor hunts.

Mentally and physically tired indoor cats

will be more contented ones. They never
can completely give up trying to escape,

but over time, their efforts will wane.

— Universal Uclick

A: If your only concern is about the

hunter cat turning your home into the

“nature channel,” the easiest thing to

try is a cat bib. While it may not be the

best feline fashion statement, this device

does hang down across the front of a cat and keeps

her from getting the jump on her prey.

If you have a black cat with yellow

eyes, you have a pet who’s not only strik-
ing in appearance, but fairly remarkable

genetically. These cats display a condition

known as melanism, which is more or less

the opposite of the better-known albi-
nism. Their genetic code is what makes

them appear completely black with “Hal-
loween eyes” to match. According to

National Geographic’s News Watch fea-
ture, “Melanism (is) seen in 11 of the 36

wild felid species, (and) produces yellow

irises as a result of high levels of melanin

in the pigment.” While superstitions say

that black cats are bad luck in the United

States, the exact opposite is true in the

United Kingdom.

After the horrific deaths of nearly 50

large cats, wolves and bears following their

release from a Zanesville, Ohio, compound

in 2011, laws were changed that turned the

state from one of the easiest places to keep

dangerous exotic animals into one of the

most difficult. Ohio officials have offered

owners amnesty to turn in their animals

under the state’s new Dangerous Wild

Animal and Restricted Snakes Act, but

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most difficult. Ohio officials have offered

owners amnesty to turn in their animals

under the state’s new Dangerous Wild

Animals and Restricted Snakes Act, but

the Cleveland Plain Dealer reports that

some are just being turned loose.

A transfusion using blood donated

by a dog saved the life of a poisoned cat.

With no time to lose and the cat’s life slip-

ping from her grasp, New Zealand veteri-
narian Dr. Kate Heller took a chance that

it did. One hour after the transfusion, the

cat was on the way to recovery.

— Dr. Marty Becker and Gina Spadafori

Pets of the Week

- Sassy Kat — a 9-year-old spayed female

Australian terrier mix with a lot of spunk

for her age. She loves to take long walks.

She is well mannered and has been to
drug school.

- Fergie — a 2-year-old spayed female
domestic shorthaar. She has pretty

coloring, a white precious face and white
glow. She’s shy, so may take some time

for her to check you out.

To adopt: The Peggy Adams Animal Res-

cue League, Humane Society of the Palm

Beaches, is located at 3700 S. Military Trail

in West Palm Beach. Adaptable pets and other information can be seen at

hspb.org. For adoption information call 686-6653.

- Lily — a spayed female white cat with black mark-

ings, approximately 2 years old. She’s very friendly,

and gets along well with other cats. She especially

enjoys being petted.

- Domino — a beautiful neutered black male cat

with a distinctive white “badge” on his chest. He’s a

little shy at first, but is hop-

ing to get a chance to live in

a loving household.

To adopt: Adopt A Cat is a no-kill, free-

roaming cat rescue facility located at 1125 Old

Doll Highway, Lake Park. The shelter is open to the pub-

cic, Mon-Sat, noon to 6 p.m. For additional information,

and photos of other adoptable cats, see our website at

www.adoptacatfoundation.org, or visit us on Facebook

AdoptA Cat Foundation. For adoption information,

call 848-4911 or 848-6903.
Gardens Medical Center Auxiliary awards 19 scholarships

The Palm Beach Gardens Medical Center Auxiliary awarded $22,500 in scholarships to 19 Palm Beach County residents in support of health care professionals of tomorrow.

Hospital gift shop proceeds and fundraisers fund the scholarships. Students who plan to attend an accredited school in pursuit of a health degree or certificate are eligible to apply each spring.

Winners are selected based on transcript grades, financial need and recommendations.

“We’re proud to be able to award these scholarships to deserving individuals each year,” said Larry Coomes, CEO of Palm Beach Gardens Medical Center. “These students represent our future, and we want to help them achieve their goals.”

This year’s winners include: Jeannie Chandler, Palm Beach State College; Delilis Davis, Florida Career College; Marisa Deliio, New York Institute of Technology; Minouche Fonrose, Palm Beach State College; Mirlande Fonrose, Palm Beach State College; Brock Hoppmann, Keiser University; Emily Kissell, Florida State University School of Nursing; Stephanie Lamborn, Palm Beach State College; Matthew Leow, Palm Beach State College; Lexi Manuel, University of South Florida; Tristan McDermott, Palm Beach State College; Leah McNamara, University of Miami School of Nursing; Logan Miller, Palm Beach State College; Ashley Paulk, Bethune-Cookman University; Hailee Sapp, University of Florida; Beatilde Vilme, Palm Beach State College; and Savannah Georgia Young, Barry University.

For more information on the Auxiliary scholarship program, contact Ann Ruth Blum at 626-5371 or Martha Duncan at 622-7299.

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20 Years in Jupiter & Palm Beach Gardens!

WE ACCEPT MOST INSURANCE PLANS
Anne Rodgers, Co-author of “Kiss and Tell”

Anne Rodgers’ debut as an author was not necessarily as she would have planned it. After all, doesn’t every journalist dream of writing that next great novel? Instead, she drew inspiration from a battery-operated toothbrush. The devices are known for stimulating pubic tissues. But a Wellington gynecologist had learned that the toothbrushes were good for stimulating, well, never mind.

Ms. Rodgers wrote about it in a newspaper column and ended up co-authoring a book with the doctor, Maureen Whelihan.

"Not in a million years did I think I would write a book about sex," Ms. Rodgers said. "And it’s interesting because people get this idea about you once you write a book about sex. ‘Wow, she’s having this really raunchy, adventurous sex life!’ It’s like, ‘No, I wrote a book about sexual- ity, but that does not mean that I’m a particular type of person,’ so that stereotype does kick in.”

Ms. Rodgers was features editor at both the Austin American-Statesman in Texas and at The Palm Beach Post for several years, where she wrote a column on women’s issues for The Post. Since retiring, she has freelanced and has worked as a pet-sitter. But what about that next great novel? “I had dabbled with fiction but trying to invent everything out of my head was so hard, and since I was a journalist, it turned out that it was easier to write about something where there was research and there was fact base," she said. “Plus, it intersected with my interest in women and getting their stories, which I had done at The Post, so it was a really nice dovetail.”

To write the story, Ms. Rodgers interviewed hundreds of women of all ages about their sexual activities and likes and dislikes.

Dr. Whelihan had conducted a survey of 1,300 patients ranging in age from 15 to 97; it took 15 months to compile the information.

“I found the younger women fascinating in the book, but I admit there was more resonance for me with those women over 40,” she said.

It has been the point of many wander- ings for Ms. Rodgers, who has traveled throughout the country to promote her book, even speaking to her mother’s PEO sorority in Texas.

“You have to be very careful because the young women have all this vocabulary and language to talk about sex but no wisdom to share. The older women have a lot of wisdom and experience but they don’t have any words. They aren’t used to talking about sex at all, and so you have to be very diplomatic in the way you interview them,” she said. “The things I would ask the teenagers, I wouldn’t in a million years ask the older women, and some of the older women were so reticent that it would take me a very long time to work up to a question like oral sex, whereas with the teens you can say anything.”

She had to refine her interview tech- niques.

“You say that to a woman who’s 80 and she’s insured and offended and you shut the door on any further communica- tion,” she said.

But open that door, and it can be quite revealing.

“My 80s ladies were my favorite decade for a long time. They just completely sur- prised me. Some of them were very frank. They had great stories," Ms. Rodgers said. "It took a journalist’s thirst for informa- tion to bring those stories together in the 300-page book, which is organized by decades.

“It was curious about why some women had desire for sex and some didn’t," Ms. Rodgers said.

She quoted a saying by Dr. Whelihan: "Women don’t have low desire for sex. They have low desire for the sex they’re having.

She hopes the book, which has sold a few hundred copies since its launch in February, can change that.

“I was so grateful to the women for be- ing so honest.”

Anne Rodgers’ and Dr. Maureen Whelihan’s book “Kiss and Tell” is available for $18.95 at kissandtellbook.com.

Bruce Portmann, Author of “Elvis Presley: My Second Chance”

Everyone of a certain age remembers where he or she was when Elvis died in 1977. But Bruce Portmann had a different vision. What if Elvis had lived?

“I was a friend of mine who is an Elvis impersonator. And he’s health- challenged right now. I used to help him out. He said, ‘Bruce, you need to make a movie about Elvis.’ I said, ‘Russell, it’s already been done.’ He said, ‘What if he didn’t die?’

It’s the premise of his debut novel, "Elvis Presley: My Second Chance.”

“I’d heard the stories about people seeing him,” Mr. Portmann said, citing the alleged sightings of Elvis at fast-food restaurants or sailing the Carribean. “I have a pretty good idea he would have tried to turn his life around,” he said.

Writing about a music icon came naturally for Mr. Portmann, who spent his career in the music industry.

“I was in the music business myself. I worked for RCA Records and I worked for Capitol Records,” Mr. Portmann said, who was international marketing and pro- motions director for two years at Capital. “He was a competitor, but I was always a fan.”

He had a visceral reaction to the King.

“I was aware of him and I admired his talent. Saw him once in Baltimore and it sent goose bumps up and down me,” he said. “It was magic. When he hit that stage, the energy just hit me completely.”

It was enough that some 30 years later, he was compelled to write — only he didn’t write a book.

“I did it kind of backwards. I wrote it as a movie script, and when I stopped, it was 240 pages long," he said, adding that the average script is 90 pages or so. “I probably should have written the book first then negotiated a movie deal,” he said.

He initially contemplated hiring someone to rework the script as a book, including journalist Alanna Nash, who had covered Presley’s death, but found the costs to be prohibitive.

“It’s a good thing I had a Plan B and Plan B actually turned out to be me writ- ing the book. I actually had four different editors working on the book to sort it all out,” Mr. Portmann said.

He sought guidance from others.

“I joined a writers group and they had a meeting up in Orlando. The reason I went was because there would be other writers there, as well as agents and publishers while I was there,” he said. “To be honest, I got a lot less than lukewarm response from them.”

He persevered, recognizing changes in publishing.

“The book industry is going through what the record industry went through 15 years ago, when it wasn’t just 45s and 33s anymore," he said. “That doesn’t leave much room for the little guys.

Unless you’re an author who can guarantee 100,000 copies or have already got a name, they’re not into developing new acts. They want something proven,” he said, citing the cost of printing and distributing books.

Of course, people are turning to elec- tronic media such as Kindle.

“I said, ‘Let’s get with the times and self- publish it and do it myself’?” he said. So Mr. Portmann is offering his books as print-on-demand.

“It’s printed and sent off,” he said of the books, which are printed in Charleston, S.C. “It’s not like I have 10,000 sitting in my garage. I order a few hundred at a time.”

— Bruce Portmann’s “Elvis Presley: My Second Chance” is available in a Kindle version for $9.99 at amazon.com. For hard copies, email Mr. Portmann at BrucePort- mann@gmail.com.
“Even though he couldn’t do the complicated, intellectual things that he did, he was never negative or angry or mean. He just wanted to do simple things and would just do little things, like carry the laundry basket, whatever he could do, and he never had a chip on his shoulder. He was just a great guy,” she said.

And Barbara, an artist, needed to tell his story.

“I sat in my favorite chair and I started to write. I didn’t sit down and write continuously. I had a notebook, I’d put it down and when I would think of something I’d sit down and write another letter,” Barbara said. “It was over a long period of time. I can’t tell you how long it was. I just knew when I was doing the end of it. I knew when I had completed it.”

And when she completed it, “Dearest Gerry” was 64 pages of letters to her husband.

“I also know people don’t read as much as they used to, so I didn’t write a long book. I wanted something that would hold them, grab their attention,” she said, adding that someone who sits down with the book can finish it in a couple of hours.

She published the book in August and has been writing national organizations. She would like to see the book used as a way of helping others who have been wronged. “It is a nice love story,” she said. “It was over a long period of time. I can’t tell you how long it was. I just knew when I was doing the end of it. I knew when I had completed it.”

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HEALTHY LIVING

First step to repair relationship: Listen quietly without judgment

When we feel threatened or insecure, many of us are prone to show a defensive, self-protective side. We may freeze up and become evasive or become sarcastic and critical. Invariably, we get tangled in a vicious, escalating cycle of accusation and hurt, leaving both parties angry and depleted. In the process, we often lose our ability to approach our loved ones in a manner that will be listened to and heard.

Intuitively, we may know that our loved one does indeed care deeply. But over time, the raw, unbridled and vitriolic exchanges may erode the intimacy and emotional connection. We are left feeling angry and bruised.

If we understand that all of us crave relationships that allow us to feel good about ourselves, and bonds that offer comfort and security, we may gain insight into how we can come through for our loved ones in an important way.

Oftentimes, when loved ones are caught in the middle of a fight, they become so focused on proving they are right they may lose sight of the bigger picture, and the relationship. Where previously we have a patterned way of defending ourselves from deep hurt, and are not often aware how we may push away the very people who can offer us comfort and support. And it’s human nature to worry about the wellbeing of our loved ones and to make sure they are at risk. It’s just that we don’t see how our attempts to calm our own anxieties distress the very people we are trying to help. We may take over and ask countless questions, without allowing the other person to answer. Or we may imply that WE know better how the other person should live her life.

It certainly helps if we each take ownership for our role in why the relationship is so distressing. We show enormous courage and humility when we recognize that our own behavior can, in fact, escalate the negativity. It will not be easy for Randi and Liz to reconfigure the entrenched way they relate to each other. It will be important for both of them to recognize that the current interaction has eroded their pride and self-esteem. Reaffirming how much they trust each other can be an important first step.

If either of the two is willing to take one small step towards the overture. If the initiator admits eroded their pride and self-esteem. Reaffirming how much they trust each other can be an important first step. It certainly helps if we each take ownership for our role in why the relationship is so distressing. We show enormous courage and humility when we recognize that our own behavior can, in fact, escalate the negativity. It will not be easy for Randi and Liz to reconfigure the entrenched way they relate to each other. It will be important for both of them to recognize that the current interaction has eroded their pride and self-esteem. Reaffirming how much they trust each other can be an important first step.

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8th annual Pink Ribbon Luncheon to recognize oral chemo parity

Hundreds of Susan G. Komen South Florida volunteers, breast cancer survivors, co-survivors and supporters are expected at the Eighth annual Pink Rib- bon Luncheon on Wednesday, Oct. 9, where they will celebrate oral chemo-parity legislation.

While cancer patients in Florida now have access to medication that is often disease-specific and has fewer side effects, treatment options have changed drastically this year, albeit for the better. To help guide the public, Dr. Louise Morrell, medical director of The Lynn Cancer Institute in Boca Raton, will spotlight new events. According to Dr. Morrell as speakers are Aileen Pruitt, former oral and IV chemotherapy recipient; Michele Donahoo, passionate Komen advocate and longtime volunteer; and Andrea Wesley, breast cancer survivor.

“Susan G. Komen South Florida has experienced a huge demand on resources this year,” said Dayve Gabbard, executive director of Komen South Florida. “The Pink Ribbon Luncheon is a tremendous fundraiser for us and helps support women and men in our service area who need breast health services. Oral chemotherapy parity will improve the quality of life for cancer patients and their families, and we look forward to celebrating this major victory.”

The presenting sponsor for the Pink Ribbon Luncheon is Bra- man Motorcars Palm Beach. Gold sponsors are First Service Residen- tial and Peter Kaufman. Bronze sponsors include Barry I Finkel, P.A., Kaufman, Rossin & Co., The Brace Shop, Titan International Security Services, Inc., Claire Sheres, and Vivid Diamonds & Jewelry. The Luncheon is dedicated to the monumental shift in how cancer patients choose — and afford — treatment, said Fern Duberman, chairperson of the event. The lun- cheon is an excel- lent opportunity to support Komen South Florida.

“We urge the commu- nity to join me, my co-chair, Gary Pyott, and the Pink Ribbon Luncheon committee,” said Nancy G. Brinker at the event. On Wednesday, Oct. 9.


For more information, including tick- ets and donations, visit www.komen- southflorida.org or call Aman- dala Allen at 513-3020 ext. 10.

About Susan G. Komen for the Cure and Susan G. Komen South Florida: Nancy G. Brinker promised her dying sister, Susan G. Komen, she would do everything in her power to end breast cancer forever. In 1982, that promise became Susan G. Komen and launched the global breast cancer activist movement. Komen South Florida is working to better the lives of those facing breast cancer in the local community. They join more than a million breast cancer survivors and activists around the globe as part of the world’s largest and most progressive grassroots network of breast cancer support. Through events such as the Komen South Florida Race for the Cure, Komen South Florida has amassed more than $547 million in community breast health pro- grams in Palm Beach, Martin, and St. Lucie Counties. These proceeds generated by the affiliate stays in the South Florida area. The remaining income goes to the national Susan G. Komen Grants Program to fund research. For more information, call 513-3020 or visit www.komensouthflorida.org.
HEALTHY LIVING

Anterior cruciate ligament injuries

If you think a sprained ankle is painful, then imagine what it feels like to have an anterior cruciate ligament injury in the knee. It not only gets your heart racing, but also makes it difficult to bend your knee, let alone run, jump or even walk for a while.

The ACL is one of four ligaments that attach the thigh bone to the shinbone. It runs diagonally in the middle of the knee and serves two purposes: prevent the shin bone from sliding out in front of the thigh bone and provide rotational stability to the knee. Most ACL injuries happen during sports activities that involve sudden stopping combined with a change of direction. During running, jumping, pivoting or overextending the knee. The ACL may also tear following a blow to the side of the knee, which is similar to a football tackle. About half of ACL injuries occur along with a torn meniscus, the cartilage in the knee between the thigh bone and shinbone. A common long-term complication is the onset of osteoarthritis in the affected knee.

A torn ACL will make a loud popping sound and cause significant pain and begin swelling within hours of the injury. The knee will continue to feel unstable even after the swelling subsides. If you have a torn ACL in your knee, you will be unable to wrap your knee with an elastic bandage and elevate the joint above the heart, apply ice to it for 20 minutes, then take pain relievers. Avoid moving the knee and do not return to sports activities until an injury has been evaluated by a doctor.

Diagnosis of an ACL injury usually can be made following a physical exam. However, an X-ray may be done to look for any possible fractures or a magnetic resonance imaging scan can be ordered to look for damage to other ligaments or cartilage in the knee. Treatment will vary depending on the severity of the injury. A partially torn ACL may require going to physical therapy, modifying your activities or having a knee brace. This treatment approach usually will last at least three months.

An ACL that is completely torn cannot be sewn back together. Rather, the ligament can be surgically reconstructed using tendons from another part of the leg. Rehabilitation and wearing a knee brace will be necessary after surgery. Most people are able to return to sports activities in about six months.

To reduce your chance of an ACL injury before it happens, put your foot flat on the court, head out to the soccer field or sign up for some flag football, you might want to keep your legs in mind. Keep your feet on the ground while running, jumping, pivoting or overextending the knee. The ACL may also tear following a blow to the side of the knee, which is similar to a football tackle.

Stay in shape year-round and incorporate conditioning exercises into your routine.

Make sure you use the right gear and that it fits properly.

Women are more likely to strengthen their hamstrings and quadriceps.

Use proper techniques while participating in sports or exercise.

For more information about ACL and other sports-related injuries, talk with your doctor or visit us online at www.pbmc.com.

For a free physician referral to an orthopedist near you, call 625-5070.

All heartburn meds have side effects

BY PAUL G. DONOHUE, M.D.

DEAR DR. DONOHUE: Is it true that those of us who have to take PriLOSEC every day are in danger of getting a bone fracture? Should we consider stopping it?

Answer: We need to give readers a clue to what we’re talking about. The subject is GERD, gastroesophageal reflux disease, something most call “heartburn.” It’s the eruption of stomach acid up into the throat, behind the esophagus, a place not built to withstand those powerful fluids. Proton-pump inhibitors are the most effective suppressants of acid production. There are eight: Prilosec (omeprazole), Nexium (esomeprazole), Prevacid (lansoprazole), Dexilant (dexlansoprazole), Protonix ( pantoprazole) and Aciphex (rabeprazole). These medicines have made life livable for people who don’t respond to other strategies or medicines for heartburn control.

All effective medicines have side effects. A side effect of proton-pump inhibitors is weakening of the hip bone with possible fracture of it. It’s not a common occurrence. When it happens, it happens to those who have taken high doses of these medicines for five to seven years. As a preventive step, take a proton-pump inhibitor at the lowest dose that controls symptoms and for the shortest time possible. You can resume taking it if and when heartburn returns.

You also can try acid suppressants that don’t have this side effect: Tums, Rolaid, and Maalox. Don’t eat foods that cause heartburn. Frequent offenders are excessive amounts of caffeine, chocolate, alcohol, peppermint, fatty foods, citrus fruits and tomatoes. Or you may have a different family of acid suppressants. Zantac (ranitidine), Pepcid (famotidine) and Tagamet (cimetidine) are examples. I wouldn’t use the unapproved treatment mentioned in the letter you sent. It appears that its distributor is playing on exaggerated fear.

The booklet on heartburn explains this illness and its treatment in detail. Readers can order a copy by writing: Dr. Donohue, No. 501W, Box 563475, Orlando, FL 32351-4475. Enclose a check or money order (no cash) for $4.75 U.S./$6 Canada with the recipient’s printed name and address. Please allow two weeks for delivery.

DEAR DR. DONOHUE: No. 501W, Box 536475, Palm Beach Gardens, FL 33418 561-627-8666 * www.PGADentistry.com

Jay L. Ajmo D.D.S., P.A., Board Certified Sedation Dentist PGA Center for Advanced Dentistry

Natural Looking Dentures

Question: What is an immediate denture?

Answer: An immediate denture is the first denture that should be planned prior to removing any teeth. As the name implies, this denture is given immediately after your teeth have been removed, and will transition the patient through the healing phase. This denture should fit comfortably and be cosmetically correct. The main goal of an immediate denture is to allow you to have teeth while you have your general checkup.

To make a proper-fitting denture requires time, skill and artistry from the practitioner as well as the laboratory. There are several facial measurements that must be considered in order to create a comfortably-fitting, natural-looking denture.

Your immediate denture should not be your final denture. There are too many changes in your facial dynamics from the time your teeth are extracted until your gums are completely healed. In order to incorporate all these changes, it requires the construction of a second or “final” denture to correct them all.

When a final denture is made, your immediate denture can be modified to act as a “spare,” in the event that your final denture should become lost or needs to be repaired. If you want to have a natural-looking smile and the most comfortable fit, a denture that is created to your own unique specifications is the way to go.

Dr. Douglas Dedo, Board Certified Facial Plastic and Reconstructive Surgeon, Cosmetic Surgery, Head and Neck Surgery and Otolaryngology.

Advances in Stem Cells

Question: What are adipose derived stem cells?

Answer: Stem cells are the primitive source of all of our body’s tissues. Initially they were harvested from banked human embryos. Our current understanding is that these primitive cells can develop into any tissue or organ in the human body from skin to heart muscle. The goal is to be able to repair damaged organs with these omnipotent cells by simply injecting them into the body. After years of research scientists have been able to isolate these primitive cells from a patient’s own fat! By simply removing fat as is done in liposuction and incubating the fat with an enzyme, a mixture called stranded vascular fraction is isolated. When injected into the body it becomes a source of stem cells. Patients with painful joints from knees, to hips and hands can now be treated with this product to reduce inflammation and pain. Debilitating chronic lung disease patients are responding to not only intravenous transusions of cells but also to placing them in a nebulizer and inhaling them. The South Florida Stem Cell Treatment Center is an affiliate of the California Stem Cell Treatment Center and is able to use their IRB research protocols and deploy this rich fraction of your fat to treat many new disease states. If you are interested in this exciting new treatment, call Gardens Cosmetic Center for a complimentary consultation or go to California Stem Cell Treatment Center on the internet to learn more.

Dr. Dedo has been serving the South Florida community for over 35 years and is Triple Board certified in Facial Plastic and Reconstructive Surgery, Head and Neck Surgery and Otolaryngology. Dr. Dedo’s office is located at the PGA Center for Advanced Dentistry and Facial Plastic and Reconstructive Surgery, the local hospital community as well as the past President of the Palm Beach County Medical Society. He has written 45 articles and chapters for textbooks and medical journals.

Gardens Cosmetic Center 4060 PGA Blvd, Suite 203 Palm Beach Gardens, FL 33410 561-626-3223 www.gardenscosmeticcenter.com

Dr. Jason Ajmo earned his Doctor of Dental Surgery degree from Emury University, School of Dentistry in 1996. He is also a member of the American Academy of Cosmetic Dentistry by the National Board of Dentistry. Dr. Jason Ajmo is a former member of Diplomate from the International Congress of Oral Implantology, Diplomate from the American Dental Implant Association and a Fellow of the American Academy of Oral and Maxillofacial Surgeons. He’s been awarded Diplomate Certification from the International Congress of Oral Implantology, Diplomate from the American Dental Implant Association, and Fellowship of the American College of Oral and Maxillofacial Surgeons. He holds a Board certification from the Florida Board of Dentistry in the specialty and maintains an active membership with the American Society of Dental Aesthetics.

For a free physician referral to an orthopedist near you, call 625-5070.

Jay L. Ajmo D.D.S., P.A. PGA Center for Advanced Dentistry 7100 Fairway Dr. Suite 59 Palm Beach Gardens, FL 33418 561-627-8666 * www.PGADentistry.com

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ASK THE DENTAL EXPERT

ASK THE COSMETIC SURGEON
Most investors are familiar with four types of investments: stocks, bonds, real estate, and venture capital. When one of these four investment asset classes are called the “traditional” asset classes. Young people are not always familiar with these investment universes, but as investors become more sophisticated and are exposed to the investment universe, they may choose to allocate some of their capital to these asset classes. Historically, investing in stocks and bonds has been the primary way to accumulate assets through the power of compounding. Risk profiles, time horizons, and investment objectives vary by investor, and the oil and gas industry is no exception. As investors are exposed to a greater variety of asset classes and investment styles, they have the opportunity to learn about the benefits and risks of each one. Let’s take a closer look at the “traditional” asset classes: stocks, bonds, real estate, and venture capital.

- **Stocks**: Stocks are shares of ownership in a company. When you buy a share of a company’s stock, you become a part owner of that company. The value of your stock can fluctuate, and you have the potential to profit from price appreciation or dividends. Stocks are considered growth investments and are often used as a long-term strategy for wealth accumulation.

- **Bonds**: Bonds are essentially loans that you make to a company or government entity. In return, you receive regular interest payments and the repayment of your principal at maturity. Bonds are considered fixed-income investments and are often used as a conservative strategy for preservation of capital.

- **Real Estate**: Real estate invests in property, either residential or commercial. Real estate can be a good diversifier in a portfolio but can also be a complicated and time-consuming asset class. Real estate can provide income through rental payments, and it can also appreciate in value over time.

- **Venture Capital**: Venture capital is a type of private equity investment that is made in companies with high growth potential. Venture capital investors provide companies with capital and expertise to help them grow and develop their business. Because of the high risk involved, venture capital investments are typically targeted at early-stage companies and carry a high degree of risk.

These traditional asset classes have been around for decades, and they continue to be popular among investors today. As the investment landscape evolves, it is important for investors to consider a range of asset classes to meet their specific investment goals.
At West Palm Hospital, our commitment to quality care is not just about offering state-of-the-art treatment, but it’s about going a step further and offering personalized attention with amenities designed for your maximum comfort.

Our healing and family friendly environment features attentive staff, private & semi private rooms, couch beds for family overnight stays, chef-prepared meals, Wi-Fi and gazebos nestled around our campus for relaxation.

Our most important commitment is to transform patient care. With best in class credentials, our healthcare professionals deliver pleasant patient experiences and positive medical outcomes - areas of expertise that have earned us a high distinction and national recognition. Your healthcare expectations now have a new wellness destination: West Palm Hospital. Welcome to better health.
Try these five great financial freebies

There are financial products and services to be had, but consumers may have to shell out money to get some of them.

The September 2013 issue of Shop-Smart magazine, from Consumer Reports, features an up-close look at five truly free financial products and services including checking accounts and tax filing.

Checking accounts

Truly free accounts are getting harder to find, but there are still some available without minimum-balance rules to follow and no monthly fees. Consumers are most likely to get them at credit unions, small or Internet banks and brokerage houses. For example, two online banks, Ally and Schwab, offer free checking accounts plus free checks, zero ATM fees and interest (though puny) on a balance.

Personal-finance help

Some free budgeting programs can help set short- and long-term financial goals and create a spending plan that will help consumers meet these goals. Mint (www.mint.com) has ads but it’s easy to set up and navigate a plan; Yodlee (www.yodlee.com) is clunkier but has more features and no ads.

Retirement money

Some employers match funds that employees contribute to their 401(k). Consumers whose 401(k) is maxed out should consider a Roth IRA if it is offered by their employer. There is no tax break on investments, but withdrawals, including earnings, are free from federal tax if they are taken on or after the age 59 ½ and the borrower held the Roth IRA for more than five years.

Trip insurance and other perks

Credit cards may offer free trip insurance that might come with other perks, such as price protection (meaning the card issuer will refund the difference if a better deal is found on something recently bought) and coverage of items purchased on the card that are lost or damaged within a limited time. Check the card’s terms to see what it offers and read the fine print for restrictions.

Tax filing

At FreeFile on the IRS website, there’s no charge to prepare and file federal taxes. But one version on FreeFile has income limitations that are updated annually. This year it was available to households with a 2012 adjusted gross income of $57,000 or less. Other services, such as Express1040, FreetaxUSA, TaxACT, and TurboTax Federal Free Edition, offer free tax preparation and filing for federal returns that are relatively straightforward.
ATM skimming, card scams cost consumers

SPECIAL TO FLORIDA WEEKLY

ATM card skimming is an ongoing problem. Thankfully, few crimes are on the scale of the recent theft of $45 million from ATM machines in 26 countries, accomplished through hacking and deletion of withdrawal limits. However, there are more and more smaller scale ATM scams impacting consumers virtually every day. These may range from hacking into financial systems to installing false card reading devices at point-of-sale terminals.

Before getting money out at the ATM or filling up your gas tank, the Better Business Bureau advises consumers to protect PIN numbers and take a minute to inspect the machine before swiping a credit or debit card.

“Identity theft is a crime that happens often without you even knowing and can affect you in many ways,” said Judy Pepper, president and CEO of the Better Business Bureau serving Central Florida, “Identity thieves can ruin your credit, making it difficult to get a loan for a car, mortgage or even college. It is important to protect yourself.”

To help reduce ATM skimming, here are some tips:

■ Inspect the ATM — Avoid using ATMs in poorly lit or low trafficked areas. Experts often recommend choosing a bank ATM over stand-alone ATMs in public places. Look for new or suspiciously placed cameras and unusual signage. Don’t hesitate to walk away and use another ATM if something appears out of the ordinary.

■ Protect your PIN — When entering your PIN, cover the keypad with your other hand to protect your private information from any potential cameras in the vicinity. Periodically change your PIN.

■ Monitor your statements — Even the most careful person can fall victim to skimmers. Keep a close eye out for suspicious charges on the itemized breakdown of your accounts. Through your financial institution, you can also sign up for alerts that will notify you when certain types of transaction occur.

■ Report fraud immediately — Report any fraudulent activity to your bank as soon as you discover it. Consumer protections for debit and credit cards vary but depend largely on when the fraudulent activity is reported. If you wait too long to report the fraud, your bank account could be cleaned out and your bank might not reimburse you.

■ Consider using an RFID sleeve — Many credit/debit cards and driver’s licenses contain RFID chips with personal data. By using this sleeve, you can keep your personal data secure by preventing unauthorized access.

If you experience or have experienced a scam, report it to your local BBB at www.bbb.org.

Palm Beach County along with the Convention Center Hotel development partner The Related Companies and the contractor Coastal Construction have announced a general information meeting for certified and Palm Beach County-based small business owners. The meetings will take place on Sept. 9 and 10 from 3 to 5 p.m. at 560 Okeechobee Blvd., West Palm Beach.

As a function of the construction project, these meetings are being provided to inform Palm Beach County small businesses of the project requirements and the more than 60 trades opportunities associated with constructing the hotel. Palm Beach County has a 15 percent Small Business Enterprise participation goal established for the project.

The planned Hilton Hotel, housing 403 guest rooms, two ballrooms, and 13 meeting rooms, will be located adjacent to the convention center with its main entrance on Florida Avenue. The project also will include a two-story parking garage east of the hotel and south of the existing CityPlace South Tower condominium.

Project partners are hoping to obtain site plan approval this fall, with a groundbreaking to occur by the end of the year. It is anticipated that the hotel will open in the third quarter of 2015. Palm Beach County estimates that the project will create more than 1,500 construction and tourism jobs and contribute more than $1 billion to the local economy over 10 years.
Gardens florist to give away free roses for FTD Good Neighbor Day

A Palm Beach Gardens business is providing a unique opportunity to spread kindness, make new friends and get free stuff.

Flower Kingdom is looking to generate goodwill and bring people together during the 19th annual FTD Good Neighbor Day event on Wednesday, Sept. 11. Beginning at 9 a.m., Flower Kingdom will give away a dozen roses for free to everyone who visits the shop, while supplies last. Flower Kingdom is at 4410 Northlake Blvd, Palm Beach Gardens.

However, there is one catch. Dhiren Pathak, the owner of Flower Kingdom, asks that anyone who picks up a dozen free flowers keep only one flower and give the others away to 11 different people — spreading goodwill and friendship in the community.

“We hope that the people of Palm Beach Gardens will be able to get acquainted with new people or will renew an old friendship during FTD Good Neighbor Day,” said Mr. Pathak. “We hope to help create a friendlier, more caring and compassionate world, starting right here in Palm Beach Gardens.”

Flower Kingdom, a family-owned and operated business since 1986, carries flowers, green and blooming plants, dried and silk arrangements, gifts and novelty items, balloons, stuffed animals, and gift baskets for any occasion. The local business has participated in FTD Good Neighbor Day for 15 years.

FTD Good Neighbor Day is being celebrated for the 19th year throughout the United States and Canada at participating FTD floral shops as a day of celebrating goodwill toward all people. This year’s event falls on Patriot Day, the perfect day to spread some cheer and celebrate local heroes. It is expected that hundreds of FTD Florists in North America will participate in this year’s FTD Good Neighbor Day event, giving away millions of free flowers.

For more information, call 627-4200 or visit www.flowerkingdom.com.
155 REMO PLACE
Immaculate light-filled 5BR/5BA + study home with nearly 5,000 SF offers fine details. Breathtaking private garden views. Full Golf Membership avail. Web ID 3045 $1,730M

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Greg Yuskanich, Alac Wisch and Risa Voorhees

Kim Hoffman and Lisa Fitter

Len Levy and Lynda Walker

Lisa Reingold and Caron Shutan

Sandra Blasberg-Imar and Adele Fine

So, if you think we missed you or one of your friends, go to www.floridaweekly.com and view the photo albums from the many events we cover. Include the names of everyone in the picture. E-mail them to society@floridaweekly.com.
Wouldn’t it be nice if you could schedule your illnesses and injuries? Unfortunately, they don’t always fit neatly into your life. Lucky for you, Jupiter Medical Center’s Urgent Care Center can handle your bumps and bruises, even after hours and on the weekends. Sprained ankle at 6 p.m.? Earache on Saturday? Fever on Sunday? No problem. We’re here for you so you can get in, get out, and get back to good health.

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Sunday, 9 a.m. – 6 p.m.
A Delray cottage that’s just beachy

SPECIAL TO FLORIDA WEEKLY

This spacious one-story home in Delray Beach was originally designed in 1949 by architect Sam Ogren Sr. The home, named Happy Hill, currently has its second set of owners, who have carefully renovated, updated and added onto the original cottage using top Delray Beach architect Richard Jones.

Mr. Jones has kept intact the charm of an older beach house while updating the home with modern amenities. Fine details and updates throughout include custom millwork, all new wiring, plumbing, roof, AC, hurricane impact doors and windows, hardwood floors, natural gas and plantation shutters. Happy Hill sits at the end of Sandpiper Lane, a half-block to beach access at the north beach in Delray and just two blocks to Atlantic Avenue.

Fite Shavell & Associates lists the home at $1.925 million. The agent is Val Coz, 386-8011, or vcoz@fiteshavell.com.
The Internet is a great real-estate tool, but it’s just a tool

Research shows that 90 percent of all homebuyers start their real estate search online. I believe this is true and I may even argue that the percentage could be much higher. Years ago, clients had to rely solely upon their agent to inform them of the properties on the market. Today, there are so many tools for buyers and sellers on the Internet that it can be mind-boggling. Realtor.com, bankrate.com, trulia.com and hundreds of other real-estate websites did not exist years ago, and these sites carry important tools for the entire industry. However, licensed real estate agents carry more knowledge then any website could ever provide regarding immediate markets as they are the professionals in the business.

Don’t be fooled — the Internet is a powerful tool for agents as well. When searching properties, a buyer can let us know some of the properties they prefer and others they do not feel will fit their needs. It helps us to advertise our listings through our own company websites, real estate-linked sites, and social media. It also helps with comparables when listing a property or negotiating a sale.

Licensed real estate agents can provide clients with multiple statistics that are all very valuable tools — statistics not otherwise available to the general public.

In contrast, however, the Internet is not touchable — you can’t feel the ambience of the property or home and you certainly can’t talk to an agent in person regarding details and history of the home. The Internet is only as effective as the information given, so at times it can offer outdated information, inaccurate photographs, and incorrect square footage.

I had a client recently who would email me every morning with new properties, some of them that he had already seen but did not really realize. Then he would look on the property appraiser’s website and convince himself that all the properties for sale were overpriced because the appraised value from the tax assessor’s office was less then list prices on homes.

He would base his decision on viewing from the Internet sites and decided not to see several homes that actually fit his criteria, but the photos were not the best representation so he decided to pass.

I went along with his requests after strongly suggesting that we should see homes even if he did not like the way they looked on the Internet. He disagreed with me, so we continued to look based on “Internet only” information for about three weeks. His comments were exactly what I expected. His expectations from searching on the web were so high that he became disappointed when a property was not exactly as he anticipated.

Finally, viewing a home that did not meet any of his criteria, in addition to being priced higher then he wanted, I had a very frank conversation with him. I basically forced him into taking a week solely for the purpose of looking at properties I suggested based on what I knew about his family, lifestyle and visions for his new home. Reluctantly, he agreed.

I chose not to send my client any information prior to our showings so he would not have as many expectations or preconceived ideas of what to expect. He was looking for a waterfront home that did not need a lot of remodeling, but he was willing to make a few sacrifices if the price and location met his needs.

We spent two days viewing homes and then revisited two he had liked in the past three weeks.

He had more options on the water than other waterfront buyers because he did not own a boat and was not concerned about the depth of the water or any bridges. He just wanted a beautiful, peaceful view.

The first home I showed him, he previously took off his list because he thought the master bath and kitchen photos were unappealing.

I persuaded him to see it and he was more than pleasantly surprised. The home did need a new kitchen and some updating in the master bath, but the view from each room of the house was amazing. The overall floor plan of the home met his family’s needs perfectly and the location was very private and secluded. He decided to move on and keep looking, but this home became the comparable one for all others.

Simply put, another week passed and he had not found anything that compared. So, he decided to submit an offer. He will be moving next month, and his family relocating from New York is very excited. This home was marketed on all the national websites and also in print advertising. He never thought to take a look at it because the photos that he viewed were poor quality and there was barely any description of the home. These are two areas where the Internet can help or hurt a sale, but in the end he based his decision on my guidance and having the ability to view the actual home to see what it had to offer.

I am a big fan of the Internet. In fact, my husband and I are in the process of designing our own website. But don’t ever forget to listen, touch, feel and ultimately try to keep it real when purchasing or selling your home.

We are in the age of the web, but a personal touch still makes a major difference.

— Heather Purucker Breltzlaff is a broker and Realtor Associate at Fite Shavell & Associates. She can be reached at 752-6436, or at hbreitzlaff@fiteshavell.com.
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The Maltz Jupiter Theatre is breaking records and its season has not even begun. The theater exceeded 7,537 subscribers for its 2013-14 season, billed as “Your Ticket to Great Entertainment.” On its first day of single-ticket sales, the theater also posted a record $102,000 in sales, the most ever earned in a single day. The previous record was $57,000.

“Our 2013-14 season-ticket sales represent a milestone for the Maltz Jupiter Theatre, and we believe these sales are a testament to the outstanding artistic excellence that our patrons have come to expect,” the theater’s producing artistic director, Andrew Kato, said in a statement.

The record-breaking sales come as the Maltz is preparing to reopen after renovations and an expansion that will add 62 new seats that will be part of an upstairs club level lounge. This second-floor renovation will include a private entrance, glass elevator, and expanded lobby, bar and restrooms, all adjacent to the new seats. Additional executive offices also will be added to this floor. The theater is expanding and upgrading the downstairs lobby, increasing restroom capacity and adding a standalone family restroom. The theater’s expansion followed a $2.5 million campaign headed by Jupiter resident and founding board member Roe Green and the Roe Green Foundation and other donors, with construction set for completion in mid-October.

The season will begin with “Dial M for Murder” (Oct. 27-Nov. 10), a murder mystery. After that will come “Annie” (Dec. 3-22), the Tony-winning musical celebrating a certain comic-strip orphan. Next is “A Chorus Line” (Jan. 14-Feb. 2), the Tony Award-winning musical. After that is the drama, “Other Desert Cities” (Feb. 16-March 2), which follows a young novelist as she returns home to Palm Springs for the holidays and threatens to expose family secrets. The Maltz closes out its season with “The King and I” (March 18-April 6).

Tickets also are on sale for the theater’s annual series of concerts, comedy shows and more. Look for the return of “Through the Looking Glass” (Nov. 15-16). New shows include the acrobatic troupe Cirque Zuma Zuma (Jan. 23), the smooth sounds of the Masters of Motown (Jan. 20) and the magic show Spencer’s Theatre of Illusion (Feb. 4). Single-show ticket prices start at $52. The theater also is offering two subscription plans, the four-play and the five-play. Tickets are on sale at 575-2223 or at www.jupitertheatre.org.

Toronto photographer Todd McLellan disassembles objects in ‘Things Come Apart’

BY NANCY STETSON
nstetson@floridaweekly.com

Todd McLellan likes to take things apart.

The first time, he was around 5. He wanted to know what the interior of his small toy car looked like. So he took a hammer to it.

“The gist of it was getting into the interior part of the car,” he says. “I didn’t care what it looked like (afterwards).”

“I got into a bit of trouble for it,” he admits.

The next time, he was 11 or 12. He was intrigued by the stereo unit his parents had brought home.

“I took it apart, the shell of it, to look at the insides,” he says. “I didn’t take it apart completely.”

As an adult, Mr. McLellan continues to take apart things, only now, he completely disassembles them down to the very last bolt, screw and pin. The objects have become more advanced, too, as sophisticated as a laptop and as complex as an upright piano.

In 2009, he began photographing the disassembled objects.

SEE APART, A33

Maltz breaks records for subscriptions, single-ticket sales

SPECIAL TO FLORIDA WEEKLY

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Subscriptions and tickets to all shows may be purchased at 575-2223 or at www.jupitertheatre.org.
Nobody who writes for a living imagines they will be rich. Most of us have moderate financial goals that include paying this month's rent and, hopefully, the next's. All of the writers I know hold down an assortment of jobs — they edit for magazines, they teach at universities, they work on copywriting — because it takes an odd mix to pay the bills.

The writing life is glorious, but it's also a slog. Which is why so many writers are grateful — hugely, immensely grateful — to the organizations and institutions that cut us a break: the no-charge writing residencies, the fellowships that let us pursue our own projects, the grants that enable time off from our pieced-together work schedule. We are so very thankful to these patrons of the arts.

So when I received an e-mail last week from a man I'd met over the summer offering to fund my stay at a writing residency in Spain, I was initially appreciative. All expenses paid? At an old stone villa with a swimming pool and lemon trees and an olive grove? And all I had to do was show up? Yes, please. But before I sent my delighted confirmation I had a moment of reflection. Nothing is free — that's for damned sure — especially not when it comes to relations between the sexes. Of course the patron would also be staying at the Spanish villa. Did I really think all I had to do was pack my bags?

Journalist Ruth Padawer wrote a brilliant piece for the New York Times Magazine several years ago that tackled this issue. She explored a website, Seeking Arrangements, that put wealthy men in touch with young women who were willing to provide a certain, though not always sexual, companionship. In exchange, these women received cash gifts, designer purses and expensive jewelry.

On first blush, the Seeking Arrangements set-up looked like classic prostitution. But the article rightly addressed the bigger questions the arrangements asked about our modern relationships. "In the early 1900s, courtship shifted from girls' porches or parlors to a commercial venture: a date. Etiquette manuals of the time were explicit — boys were to pay for meals, entertainment and transportation, and in return, girls were to provide well-groomed company, rapt attention and at least a certain amount of physical affection. His money bought not only companionship but also her indebtedness."

This trend continues today. We still expect men to pick up the tab and women to offer something in exchange. If it's true that men use money as leverage in a relationship, then it's also true that women allow and encourage it.

One young woman interviewed for Ms. Padawer's article asked, "You know with a sugar daddy that they're spending a lot of money on you and they clearly want something in return, but is that really any different than how it is with a boyfriend?"

Or a patron?

The concerns raised by the article ran through my mind as I evaluated the offer I had received. I thought of the very thin line I was toeing. I considered my values, my self-worth and the thousand odd jobs I work. And then I thought: Spain would be beautiful in the fall.
Louise Pitre bows out; Susan Egan in at Kravis Center

Because of a scheduling conflict, the Raymond F. Kravis Center for the Performing Arts announced the cancellation of Louise Pitre and her Edith Piaf tribute “La Vie En Rouge,” that was scheduled for Jan. 29-30 in the Helen K. Persson Hall.

The show is being replaced with “Susan Egan — The Belle of Broadway,” also in Persson Hall but now on Thursday and Friday, Jan. 30-31.

Susan Egan earned a Tony nomination as Broadway’s original Belle in Beauty and the Beast, and she also originated starring roles on The Great White Way in “State Fair” and “Triumph of Love.” In addition, she played Sally Bowles in “Cabaret” longer than any other actress. Critics have hailed her as “divine” and “electricifying,” and in this memorable cabaret style show, Ms. Egan will perform tunes and tell amusing anecdotes from her stellar stage career. Jane M. Mitchell is sponsoring the performances. Tickets for “Susan Egan — The Belle of Broadway” start at $35 and are available for purchase now by Kravis Center donors. Membership begins at $75. For more information about becoming a donor, call 651-4320 or visit www.kravis.org/membership.

The Kravis Center will hold its Public Ticket Sale Day beginning 9 a.m., Sept. 28 at 701 Okeechobee Blvd., West Palm Beach. At that time, tickets will also be available for purchase online at www.kravis.org, or by phone at 832-7469 or (800) 572-8471.

CONTRACT BRIDGE
Nobody plays perfectly

BY STEVE BECKER

The best players in the world bid and play their cards consistently well, whether they are declaring or defending. This is not to say, however, that they never make a mistake.

Consider this deal played in a high-level team championship. At the first table, South got to three notrump on the bidding shown, and West led the deuce of spades. East falsecarded very smartly by winning the trick with the king instead of the queen and returned a low spade at trick two. This play presented declarer with a difficult guess. Unfortunately, he guessed wrong by playing the nine instead of the jack. As a result, he went down one, making only eight tricks rather than the 12 he could have made by playing the jack. Declarer’s play of the nine was certainly reasonable and would have succeeded if East had held, say, the A-K-10-5-4 instead of the A-K-Q-5-4.

The contract at the second table was also three notrump, and again the opening lead was the spade deuce. But here East took the first trick with the queen before returning a low spade at trick two. Declarer stewed for a long time before finally deciding to put up the jack, and as a result he finished with 12 tricks.

Regardless of what you might think of South’s play at trick two at the first table, or East’s play at trick one at the second table, the fact remains that the final contract at both tables was decidedly inferior. Five diamonds and five clubs would both have been better contracts than three notrump, and a slam in either minor could have been made by guessing the location of the queen of clubs.

PUZZLE ANSWERS
WHAT TO DO, WHERE TO GO

Please send calendar listings to pnews@floridaweekly.com.

At The Bamboo Room
The Bamboo Room is at 15 S. St., downtown Lake Worth. Call 585-BLUES or visit bambooroomblues.com.

- Ben Prestage — 9 p.m. Sept. 6. Tickets: $7 advance, $10 at the door
- Iron Mike Norton/The Demian Band — 9 p.m. Sept. 7. Tickets: $10 advance, $13 at the door

At The Colony Hotel
15 Hampton Ave, Palm Beach. Call 655-4340 or visit www.thecolonypalmbeach.com

- The Polo Lounge — Tommy Mitchell pianist Tuesday through Thursday evenings; Motown Friday nights with Memory Lane; the Mel Urban Trio Saturday nights.

At The Cruzan

- Jason Aldean and Thomas Rhett — 7 p.m. Sept. 7. Tickets: $37-$452
- John Mayer and Phillip Phillips — 7:30 p.m. Sept. 8. Tickets: $50-$975
- Honda Civic Tour with Maroon 5, 311 and O.A.R. — 8 p.m. Sept. 14. Tickets: $48-$3,500
- Ben Prestage — call for tour time. RSVP required. 747-8380, Ext. 101
- Lighthouse Sunset Tour — Sept. 6, 11, 20, 25. Sunset. $15 Members/$20 Non-Members. RSVP required, 747-8380, Ext. 101
- Mediterranean Sunset Tour - Sept. 22, 7 p.m. $35 Members, $45 Non-Members. RSVP required, 747-8380, Ext. 101
- John D. MacArthur Beach State Park and Nature Center is at 10905 Jack Nicklaus Drive, North Palm Beach. 624-6952 or www.macarthurbeach.org.
- Nature walk — 10-11 a.m. daily; Animal feeding — 11 a.m. weekends in the Nature Center.
- Guided Snorkeling Tour — 10 a.m.-noon Saturdays.
- Bluegrass music — With the Conch Stomp Band, 2-4 p.m. Sept. 8.

At The Lighthouse

At The Mos’Art
The Mos’Art Theatre is at 700 Park Ave., Lake Park. Call 337-OPOD (6763) or visit www.mosarttheatre.com.

- Films: Sept. 5: “Twenty Feet From Stardom” and “Fill the Void.” Sept. 6-11: “Ain’t Them Bodies Saints” and “La Camioneta.”
- Ballet: “Le Corsaire,” by the Bolshoi, 1:30 p.m. Sept. 8.
- Into the Woods” — Fri. Sept. 20, 7 p.m.

At MacArthur Park
John D. MacArthur Beach State Park and Nature Center is at 10905 Jack Nicklaus Drive, North Palm Beach. 624-6952 or www.macarthurbeach.org.

At The Palm Beach Gardens Green Market — 8 a.m.-1 p.m. Sundays through September. Under a roof, and partly indoors, at STORE Self Storage, 1100 N. Military Trail, Palm Beach Gardens; 630-1446 or visit www.pbgfarmers.com.

At The Palm Beach Improv
Palm Beach Improv is at CityPlace, 550 S. Rosemary Ave., Suite 250, West Palm Beach; 833-882 or palmbeachimprov.com.

- Chudleris Status Weekend Starrring Sommore — Sept. 6-8; Tickets: $25
- Louie Anderson — Sept. 13-15; Tickets: $22-50

At The Science Center
The South Florida Science Center and Aquarium, 4800 Dreher Trail N., West Palm Beach. 832-3988 or visit www.sfsc.org.


At The South Florida Science Center and Aquarium, 4800 Dreher Trail N., West Palm Beach. 832-3988 or visit www.sfsc.org.


At The Stoney Creek

- Films — Now through Sept. 5; Sept. 6-12: “Computer Chess” and “Ain’T Them Bodies Saints.”

At The Stonemark Theatre

- Films — Now through Sept. 5; Sept. 6-12: “Computer Chess” and “Ain’T Them Bodies Saints.”


At The South Florida Science Center and Aquarium, 4800 Dreher Trail N., West Palm Beach. 832-3988 or visit www.sfsc.org.


Don’t miss John Mayer at the Cruzan Amphitheatre in West Palm Beach, on Sept. 6.

Science Nights — 6:30 p.m. the last Friday of the month. Sept. 27

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Fresh Markets
- Sailfish Marina Sunset Celebration — 6 p.m. Thursdays. Shop for arts and crafts made by artists from around the country. Sailfish Marina, east of the Intracoastal, just south of Blue Heron Boulevard, Palm Beach Shores; 842-8449.
- Abacoa Green Market — 9 a.m.-2 p.m. Saturdays at Abacoa Town Center, 1200 Town Center Drive, Jupiter. Info: reggie.chaseheson@gmail.com.
- The West Palm Beach Antique & Flea Market — 9 a.m. to 3 p.m. Saturdays on North Lake Drive in South Palm Beach. 1100 N. Military Trail, Palm Beach Gardens; 630-1446 or visit www.pbgfarmers.com.
- The Green Market at the Lighthouse — 7 a.m.-5 p.m. call for tour time. RSVP required. 747-8380, Ext. 101
- The Jupiter Inlet Lighthouse — is weather dependent. Now through September. Under a roof, and partly indoors, at STORE Self Storage, 1100 N. Military Trail, Palm Beach Gardens; 630-1146 or visit www.pbgfarmers.com.

- Story time session at the Loxahatchee River Center — 9:30 a.m. Wednesdays at the River Parks, 805 N. U.S. 1, Jupiter; 743-7125; or visit www.loxahatcheeriver.org/rivercenter.
- Adult Discussion Group — Contemporary topics of philosophical, political, socio-economic and moral implications. 630-830 p.m. the first Thursday of each month (next meeting is Sept. 5). In the conference room of the Palm Beach Gardens Library, 11003 Campus Drive, Palm Beach Gardens; call Irene Garbo at 715-7571.
- Bingo — Noon every Thursday at the Moose Lodge, 3600 RCA Blvd., Palm Beach Gardens; call 577-1513. Packs start at $15. $250 games. 626-4417.
- Clematis by Night — Live music 6-9 p.m. Thursdays, Clematis Street at the Waterfront, downtown West Palm Beach. Sept. 5. Motown, “Memory Lane” Motown, doo wop, disco, pop, and even a touch of Latin. Free; 822-315 or visit www.clematisbynight.net.
- The Great Books Reading and Discussion Group meets every Tuesday, the first and third Thursday of each month. Barnes & Noble coffee shop, 11580 Legacy Ave., Palm Beach Gardens. Free: 624-4558.

Friday, Sept. 6
- West Palm Beach Antiques Festivals — 9 a.m.-5 p.m. Antiques dealers in antiques, collectibles and decorative items noon-5 p.m. Sept. 6, 9 a.m.-5 p.m. Sept. 7 and 10 a.m.-4:30 p.m. Sept. 8 at the South Florida Fairgrounds, West Palm Beach. Tickets: $7 adults, $6 seniors, free for under 16. A $30 early buyer ticket allows admission at noon Sept. 6. Discount coupon online at wpbfas.com. Information: 941-697-7475.

Thursday, Sept. 5
- The South Florida Science Center and Aquarium, 4800 Dreher Trail N., West Palm Beach. 832-3988 or visit www.sfsc.org.

WHAT TO DO, WHERE TO GO

**An Old Fashioned Labor Day Party in Lake Worth** — Art, Food and Soap Box Orators State Sen. Jeff Clemens, County Commissioner Shelley Vana, Lake Worth Commissioner Andy Amoroso, AFL-CIO Leader Pat Emmert, IATSE Leader Terry McKenzie and FLARA leader Tony Fransetta will appear. Rod MacDonald will lead the crowd in song, 6-9 p.m. Sept. 6, at Clay Glass Metal Stone Gallery, 15 S. J St., downtown Lake Worth; 588-8344.

**Screen on the Green** — See “Trouble with the Curve” (rated PG-13) at 8 p.m. Sept. 13 at the downtown West Palm Beach Waterfront. Stars Clint Eastwood, Amy Adams, Justin Timberlake and John Goodman. Free; wpb.org/waterfront.

**Art on Park Summer Exhibitions** — Three exhibitions; “The Conflux of Eternities” and “An American Presence,” created by Brigitte Balbinot and the artists of AAOJ will benefit the Peggy Adams Animal Rescue League of West Palm Beach; www.hsdpb.org or 529-2748.

**Loggerhead Marinelife** — “On Higher Grounds” — 10 a.m. every second and fourth Monday (next meeting is Sept. 9), 110 Mango Bay Way, Jupiter. Call 747-7104 or email mbusler@comcast.net.

**American Needlepoint Guild** — 10 a.m. second and fourth Thursday of the month (next session Sept. 12), in members’ homes. Call 774-0616.

**Special Event and Tribute to Benefit the Military Order of the Purple Heart** — 5-8 p.m. Sept. 10, Carmine’s Ocean Grille, 2401 PGA Blvd. (at Prosperity Farms Road), Palm Beach Gardens. Cost: $10; drinks are half-price. Music will be provided by guitarist Alex Zambony-Mehra; 279-9626 or www.life-wave.com/pzambony.

**Friday Night Concerts at Loggerhead Marinelife** — Food and Soap Box Orators State Sen. Jeff Clemens, County Commissioner Shelley Vana, Lake Worth Commissioner Andy Amoroso, AFL-CIO Leader Pat Emmert, IATSE Leader Terry McKenzie and FLARA leader Tony Fransetta will appear. Rod MacDonald will lead the crowd in song.

**Lighthouse ArtCenter** — September 11th through October 20th. Each Thursday, 5:30-7:30 p.m. Museum is housed in Henry Flagler’s 1902 beaux-arts mansion, Whitehall; at 1 Whitehall Way, Palm Beach; www.hspb.org or 529-2748.

**Flagler Museum** — Open 10 a.m.-5 p.m. Tuesday-Saturday, noon-5 p.m. Sunday. Museum is housed in Henry Flagler’s 1902 beaux-arts mansion, Whitehall; at 1 Whitehall Way, Palm Beach. Tickets: members free; $30 adults; $10 (13-17) with adult; $3 child (6-12) with adult; under 6 free. 655-2833; www.flaglermuseum.us

**Screening of Eternities** — A monthly gathering at 6:30 p.m. the second Thursday of the month (next session Sept. 12), in members’ homes. Call 774-0616.

**Palm Beach Photographie Centre** — Through Nov. 16. Kadir Lopez, two exhibitions; “The Conflux of Eternities” and “An American Presence.” The Photographie Centre is in the City Center, 415 Clematis St., downtown West Palm Beach. Hours are 10 a.m.-6 p.m. Monday-Thursday, and 10 a.m.-5 p.m. Friday and Saturday; call 253-2600 or visit www.workshop.org or www.fotofusion.org.

**Palm Beach State College Art Gallery** — Gallery hours: Monday, Wednesday-Friday, 9 a.m.-5 p.m.; Tuesday, 9 a.m.-8 p.m. Palm Beach State College, 88 Building, 5300 PGA Blvd, Palm Beach Gardens. 207-5015.

**The Loxahatchee River Environmental Center** — Burt Reynolds Park, 805 N. U.S. 1, Jupiter; 743-7123; or www.loxahatcheerriver.org/rivercenter.

**Children’s Research Station** — Loggerhead Marinelife Center program is designed to exercise children’s science skills through an experimental lab, 3:30 p.m. Wednesdays and Fridays; 11 a.m., 1 p.m. and 2 p.m. Saturdays. Free. 14200 U.S. 1, Juno Beach; 627-8280.

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**Jupiter Green Market** — Fridays Year-Round 5 to 9 PM. Best Town! Best Location! Best Vendors! 612 US 1, Lake Park • www.thepelicancafe.com Located 3/4 mile south of Northlake Blvd. on west hand side of US 1

FLORIDA WEEKLY | www.floridaweekly.com WEEK OF SEPTEMBER 5-11, 2013 | ARTS & ENTERTAINMENT | A29
**HOROSCOPES**

**VIRGO** (August 23 to September 22) Keep a rein on that green-eyed monster. Jealousy is counterproductive. Instead of resenting a colleague's good points, concentrate on developing your own abilities.

**LIBRA** (September 23 to October 22) Spending time on a creative project during this high-energy week can pay off both in emotional satisfaction and in impressing someone who is glad to see this side of you.

**SCORPIO** (October 23 to November 21) Now is a good time to start planning that trip you've put off because of the demands on your time. Be sure to choose a destination that is new and exciting.

**SAGITTARIUS** (November 22 to December 21) That upbeat mood in the first part of the week makes you eager to take on new ventures. A more serious note sets in later to help you assess an upcoming decision.

**CAPRICORN** (December 22 to January 19) A high energy level gives the Goat the get-up-and-go to finish outstanding tasks before deadline, leaving time for well-earned fun and games with friends and family.

**AQUARIUS** (January 20 to February 18) Dealing with disappointment is never easy. But the wise Aquarian will use it as a vital lesson and be the better for it. A close friend has something important to say.

**PISCES** (February 19 to March 20) Best bet is not to get involved in an argument between colleagues until you know more about who started it and why. And even then, appearances could be deceiving. Be alert.

**ARIES** (March 21 to April 19) Aspects favor new romances for unpaired Ewes and Rams. Already-paired Arian twosomes experience renewed harmony in their relationships.

**TAURUS** (April 20 to May 20) Use that strong Bovine determination to help keep the faith with your convictions while you move through a period of uncertainty. Things begin to ease by the week's end.

**GEMINI** (May 21 to June 20) Pay attention to your intuition. It could be alerting you to be more careful about accepting a “statement of fact” simply on trust. Don’t be shy about asking for more proof.

**CANCER** (June 21 to July 22) Concern for the well-being of someone in need is admirable. But don’t forget to take care of yourself as well. Ask a family member, close friend or colleague to help you.

**LEO** (July 23 to August 22) It’s OK to focus on the demands of your career. But try to avoid misunderstandings by also reaching out to family and friends. Your sharp intuitive sense kicks in by midweek.

**BORN THIS WEEK:** You have creative gifts that inspire those who get to see this sometimes-hidden side of you.

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**PUZZLES**

**HOLIDAY TEAM**

**PUZZLE DIFFICULTY THIS WEEK:**

- ★ Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.
- ★ ★ Moderate
- ★ ★ ★ Challenging
- ★ ★ ★ ★ Expert

**PUZZLE ANSWERS:**

- See answers, A27
### LATEST FILMS

**Getaway**

The police, his wife dies. With no reason (ever) given, Brent is forced to: steal a car, drive through a crowded park, drive through an ice rink, smash into various objects and always evade police, among other things. Naturally there's a convenient side street, alleyway or staircase every time he's blocked in, and there are plenty of inept bad guys for him to trick into driving into a pole.

None of these adventures do anything but endanger innocent people. Along the way he encounters a teenager (Selena Gomez) who conveniently knows a lot about things there is no way she would actually know a lot about. Apparently, writers Sean Finegan and Greg Mottola were persistent in the day their screenplay class learned that a villain needs a motive.

As the story progresses, you keep waiting for a good reason Brent is forced to play this game, but it never comes.

Director Courtney Solomon also tries to shroud the villain in mystery by not showing him in full profile, but all this does is reveal his bad teeth. You're never scared of what he's doing, you're scared of him breathing on you. Always remember, movie friends: Action for the sake of action is not entertaining. When there's no motive, no chemistry between the two leads and essentially no story, the action means nothing. And the action here is non-stop, to the point where you start to feel sorry for Bulgaria for having this big, obvious Hollywood movie ruining its streets. It's not long before the car crashes become repetitive and boring even as they get progressively more absurd.

The lone saving grace for the action comes toward the end as a camera mounted on the front of Brent's car follows the villain, weaving through traffic for more than a minute. It's a fascinating point of view to offer in an extended take, but it's over too quickly to make a real impact.

With a modicum of thought this could've been a 90-minute adrenaline rush that provides one last burst of energy after a so-so summer. Instead, I cannot encourage you enough to "Getaway" and stay away.

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**Elysium**

Matt Damon, Jodie Foster, Diego Luna In 2154, poor people live in the decrepit wasteland of Earth while the wealthy live on “Elysium,” an idyllic spaceships and through-out Earth’s atmosphere. Earth worker Max (Mr. Damon) needs to get to Elysium, where Earthlings are not allowed — or he’ll die of radiation poisoning. The production design and visual effects look great and the story is intense through-out. Rated R.

**Planes**

(Voices of Dane Cook, Teri Hatcher, Stacy Keach) A crop-dusting plane named Dusty (Mr. Cook) gets to compete in a race around the world in this second-rate “Cars” spinoff. There are scattered amusing moments, but the movie consistently flutters when it needs to soar. Rated PG.

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**CAPSULES**

### The World’s End

(Simon Pegg, Nick Frost, Rosamund Pike) Five old friends reunite in a sleepy English town to finish the pub crawl they began 20 years earlier, only to find out alien robots have taken over the bodies of the locals. The comedy doesn’t hit the way it needs to. It’s as if the writers (Mr. Pegg and Mr. Frost) know how to write jokes for drunk dudes at a bar, but are notably less comfortable/competent when it comes to alien invasion comedy.

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### South Florida Science Center announces new marketing director

Belen Woods has joined the South Florida Science Center and Aquarium as marketing director, according to Lew Crampton, chief executive officer for the newly expanded center. In her new role, Ms. Woods will be responsible for promoting exhibits, building the Science Center’s new brand and increasing the scope of annual visitors to the center, among other things.

“We are excited to welcome Belen to our team,” said Mr. Crampton. “She has just the right combination of experience, work ethic and creativity for her new role. We know she will be instrumental in taking the Science Center to the next level!”

The South Florida Science Center and Aquarium, formerly known as the South Florida Science Museum, recently completed a $5 million expansion and renovation.

With a new mission to “open every mind to science,” the Science Center features more than 50 hands-on educational exhibits, an 8,000 gallon freshwater and saltwater aquarium featuring both local and exotic marine life, a digital planetarium, conservation research station, Florida exhibit hall and an interactive Everglades exhibit.

Formerly the marketing coordinator for the West Palm Beach Downtown Development Authority, Ms. Woods is equally ecstatic about her new role.

“I am thrilled to join such a wonderful institution, especially during such a pivotal time in their history,” Ms. Woods said. “The Science Center now has the capacity to reach more visitors than it ever has before, and I look forward to expanding that reach as we bring in blockbuster traveling exhibits to this beautiful new space.”

A West Palm Beach native, Ms. Woods earned a bachelor of arts degree from Palm Beach Atlantic University.

In her spare time she enjoys spending time with family and friends, playing with her rescued Labrador retriever, Mia, and exploring her hobby as an amateur photographer.

The South Florida Science Center and Aquarium is located at 4801 Dreher Trail North, West Palm Beach and is open Monday through Friday from 9 a.m. to 5 p.m., and on Saturday and Sunday from 10 a.m. to 6 p.m. General admission to the Science Center is $13.50 for adults, $10 for children 3 and older, and $12 for seniors older than 62. Science Center members and children younger than 3 are free.

Planetarium shows and miniature golf are not included in general admission and a special exhibit fee will be applied during certain traveling exhibits.

For more information about the South Florida Science Center and Aquarium, call 832-1988 or visit www.sfsciencecenter.org.

Like the South Florida Science Center and Aquarium on Facebook and follow it on Twitter @SFScienceCenter.
FLORIDA WRITERS

Deception, corruption reign in Randy Wayne White’s new thriller

“Deceived” by Randy Wayne White, G.P. Putnam’s Sons, 352 pages, $26.95 hardcover.

This second installment in Randy Wayne White’s Hannah Smith series, following the powerhouse debut of “Gone,” is totally satisfying. A reader with high expectations is easily disappointed; this reader had a delightful time getting to know Hannah better and being frightened, along with her, by mysterious and cruel events that test her courage and determination.

There is a little corner of coastal Southwest Florida, not far from Sanibel Island, that has a troubled history and a threatened present. It’s officially known as Sulfur Wells. Hannah tells her curious fishing clients that the row of tiny tin-roofed cottages is known as Munchkinville. One of these clients, a member of the important Chatham family, collects antique fishing equipment; another, good-looking Joel “Rance” Ransler, at first hides his identity as special prosecutor for the county. What are these two really fishing for, underdeveloped real estate?

More than a few strange things are happening. Hannah’s mother, Loretta, is concerned that her good friend Rosannah “Pinky” Helms can’t be located. Soon, Hannah goes out to Pinky’s dilapidated home and, though threatened by vicious dogs and a crazed, ax-wielding man, finds Pinky has been murdered. Is there any connection between this murder and the unsolved murder of Pinky’s late husband many years ago?

Some of Loretta’s valuable possessions, which had been put in the custody of the Helms family, have disappeared. Is there a connection between their disappearance and the pamphlets describing an organization called “Fish-erfolk of South Florida,” which touts a “Preserve Our Heritage” motto?

It seems as if the elderly locals are being scammed by a scheme that invites donations of their family heirlooms to fund a local heritage museum. The scammers push the idea that the donors can get tax benefits from the government that is usually busy regulating their livelihoods — such as fishing — out of existence.

And what’s that monstrous building looming alongside Loretta’s modest home and grounds? How did bad neighbor and shady shrink Dr. Candor, psychiatric clinic and rehab center entrepreneur, have a bunch of zoning codes waived for that edifice? And where are the remains of the historic Indian shell mounds that were demolished to level the land?

Why is that awful Candor woman trying to have Loretta arrested for illegal gardening? Indeed, Hannah has her hands full.

Special prosecutor Ransler, who engages Hannah formally in investigations of older and newer crimes that concern them both, does not seem entirely trustworthy. Hannah is flattered by, but properly wary of, his disguised attraction to her.

Her involvement in this complex of dangerous issues places Hannah in serious jeopardy on several occasions. Her cool head and physical hardness are challenged by coldblooded, merciless villains whose secrets she threatens to uncover and whose ambitions she threatens to thwart.

What Mr. White does so skillfully is draw readers into the way Hannah processes situations under pressure. Through Hannah’s narration, the author reviews the possible courses of action it might take to escape from or turn the tables on her deadly enemies. The suspense builds as Hannah rapidly selects and discards possibilities. Over and over, she has no more time left: Contemplation must turn into action. Sometimes she miscalculates, and the situation gets worse before it gets better.

One harrowing episode has her almost stuffed in a tire-shredding apparatus, a local weapon of choice that leaves little evidence behind. Fans of Mr. White are no doubt wondering: Where is Doc Ford when she needs him? Wouldn’t you know it, boy-friend Ford just happens to be off for a week or so on one of those secret missions to South America. The real point of his absence (and indirect presence) is to ensure that Hannah Smith does not need him. She can handle things herself.

In “Deceit,” Mr. White has magnificently shaded and deepened his Hannah Smith character and, along with a cast of terrific subordinate characters, has given us an additional independent woman who is well realized but quite different from Hannah in stature, style and personality. Wait until you meet pint-sized Deputy Sheriff Bitchy Tipplemeyer, who becomes Hannah’s “odd couple” partner in fighting crime. But don’t wait very long. You owe yourself the immediate pleasure of this well-crafted, highly entertaining, heart-pounding addition to the RWW canon.

— Phil Jason, Ph.D., United States Naval Academy professor emeritus of English, is a poet, critic and freelance writer with 20 books to his credit, including several studies of war literature and a creative writing text.
“It’s very methodical, the way I take (an object) apart. I’m very much a part of the entire process, from taking it apart all the way to laying it out.”

– Todd McLellan

APART

From page A25

“I wanted to do a standard photo of a black rotary phone,” he says, “a still-life on a background, of the object complete, intact.”

But, despite his skill as a commercial photographer, he found the results “boring.”

Instead, he says, he thought “it might be neat to see it as an assembly diagram, IKEA-like. You know, when you order pieces or parts for things? They call them assembly diagrams, a parts schematic of the object: number one, two, three… They number all the parts and pieces, and if you want to repair something, you’d order part 35.”

So, following his obsession to delve into the guts of objects, the Toronto-based photographer disassembled the phone, then took two different shots of it.

One shows all the components artfully composed, the other captures the phone pieces in free fall.

“I intended for it to be a pair,” he says. “A phone neatly disassembled, and one flying through the air. One is an organized layout, with form and structure; the other is completely the opposite. I’m setting the parts free, and they’re falling.”

The latter photographs were done using a high-power flash strobe and Photoshop.

The flash is a “quick pop, a nano-second,” he says. “I organize it, in a few different levels, foreground, midground and background, and compose it together afterwards. I drop it in the air, and as it’s falling, I capture it.”

He experimented with 14 different objects.

Then for the past year and a half, he took apart 50 different objects and took photographs of them. Those photos can now be seen in his recently released book, “Things Come Apart: A Teardown Manual for Modern Living.” ($29.95, Thames & Hudson)

Wired.com called the book “a geeky adoration of design, disassembly, and tinkering.” The photos are enjoyable as pure eye candy, but they also illustrate the history of modern manufacturing.

The book is organized by the size of the object disassembled. It starts with “Small Things,” where Mr. McLellan has taken apart things such as a mechanical pencil, a Swiss Army knife, a digital watch, a smartphone and an iPad. Medium-sized objects include, among other things, a record player, a blender, a toaster, a laptop, a mantel clock and the above-mentioned rotary telephone. Then there are the large items, such as an accordion, a sewing machine, a chainsaw, an espresso machine, a microwave oven and a snowblower.

Mr. McLellan wasn’t afraid to tackle extra-large objects either. The book contains photos of three: a bicycle, an upright piano and a two-seater light aircraft.

The Zenith CH 650 aircraft was the only object he didn’t take apart himself. Doing so would’ve taken two or three months and cost approximately $30,000, he says. So instead of disassembling one himself, he went to the manufacturer, in Mexico, Mo., and laid out the kit pieces in an airplane hanger.

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The objects he has shot range from older-designed items, such as a child’s wagon, an accordion and a wind-up clock, to more modern items such as a laptop and a digital watch.

He’s fascinated with the mechanics of the things.

With the older objects, you can see the cause-and-effect, what happens when you push a button.

With the digital objects, he says, “it’s more about design, and how they worked all of those pieces into one unit.”

Some objects that he thought wouldn’t be that complicated surprised him.

“The typewriter is a good example,” he says. “It’s a 3-D object on a 2-D plane,” he says. “Everyone has a story about using typewriters. People have told me quite a few stories about their grandfather or father working with a typewriter. There are always memories related to that.”

He was drawn to disassembling an accordion because of his own memories of them. On weekends when his family would get together, his dad and aunt would play the accordion while one uncle played the banjo and another the guitar.

“It’s an iconic musical instrument,” Mr. McLellan says. “It hasn’t changed in years. I got (mine) from a repair shop in Toronto. They still repair them the way they did years ago.”

In May, the Museum of Science and Industry in Chicago held an exhibition of 30 of his prints. He also had four displays, re-creating his layouts of a chainsaw, a wind-up clock, a telephone and a lawn mower.

More recently, he spent a few days at the Exploratorium in San Francisco, where he took things apart and explained their inner workings. People could stand right next to him and disassemble objects alongside him.

He acquires most of his objects from second-hand stores and salvage places, he says.

“It’s very methodical, the way I take (an object) apart,” he says. “I’m very much a part of the entire process, from taking it apart all the way to laying it out. If I don’t take it apart, I don’t understand how to lay it out in a way that makes sense to how the object works.”

For example, he says, when taking apart a camera, he doesn’t want the eye piece to be next to the lens, because that’s not how it’s situated on the camera.

Although he organizes by function, he’s also aware of the need to create an aesthetically pleasing layout, and rearranges the pieces, moving them around until he’s happy with the result.

“It’s a 3-D object on a 2-D plane,” he says.

Fifty objects and 21,993 components later, Mr. McLellan is still disassembling objects. For him, every day is like Christmas Eve in reverse.
FLORIDA WEEKLY SOCIETY

Art Arribada at The Gardens Mall for Loggerhead Marinelife Center

1. Mo Foster, Sally Sevareid and Tim Luke
2. Gwen Sueling and Adam Fiveson
4. Jim McCarten, Marcie Tinsley and Samara Tinsley
5. Raymond Grazotto, Dawn Hoffman and Jack Lighton
6. Kelley Burke, Erid Alwazer and Ilene Arons
7. Michael Coggins, Victoria Tennello and Hannah Campbell
8. Irma Anapol, Isabell Wochos and Roger Wochos
9. Tamra FitzGerald and Ruth Dry
10. Natalie Alvarez, Lauren Jennings, Dan Jennings and Gina Sabean
11. Giovanni DiStadio and Bonnie Morrison
12. Ruth Manire and Charles Manire
13. Vickie Lavella, Jack Lighton and Sally Ann Weger
14. Ruth Dry, Max Jacobs and Michele Jacobs
15. Gabriella Sa-Chaves

“Like” us on Facebook.com/PalmBeachGardensFloridaWeekly to see more photos. We take more society and networking photos at area events than we can fit in the newspaper. So, if you think we missed you or one of your friends, go to www.floridaweekly.com and view the photo albums from the many events we cover. You can purchase any of the photos too.

Send us your society and networking photos. Include the names of everyone in the picture. E-mail them to society@floridaweekly.com.
The food is out of control good,” says Kelly Blevil, director of food and beverage at the West Palm Beach Marriott, which is home to Chef Chris DeGweck’s Bistro Ten Zero One.

Chef DeGweck, the son of a military man, may have traveled the country at a young age, but this didn’t stop him from developing a passion for cooking. He says that while he was in Alabama for high school, cooking became not only a hobby, but also a necessity. “I started to cook for survival,” says Chef DeGweck. “I knew it sounds drastic, but my mother would go to school or work in the evenings, so I started to cook so I had food for myself.”

It was there, in Alabama, where Chef DeGweck focused on traditional Southern food. When he was exposed to many different styles of cuisine, after accepting his first culinary job at a Mediterranean restaurant and wine bar.

Following the Mediterranean restaurant, Chef DeGweck joined Marriott hotels, where he says he not only traveled, but also worked under multiple master chefs. Being raised in such as Alabama, Colorado, Florida, West Virginia and Texas not only expanded Chef DeGweck’s knowledge for different styles of cuisine but also molded him into the creative chef that he is today. “When I was working with a master chef, he explained to me that there are three different mentalities in the culinary world,” says Chef DeGweck. “There’s a chef that is a la carte, there’s a chef that is a concept that you do not typically see in an establishment attached to a hotel.”

Name: Chris DeGweck
Age: 36
Original Hometown: My father was in the military, I moved a lot growing up, but I went to high school in Montgomery, Ala., that is where I started cooking.
Restaurant: Bistro Ten Zero One, West Palm Beach Marriott, 1001 Okeechobee Blvd., West Palm Beach. 833-1234 or bistro1001.com
Mission: To provide interesting dishes that are also approachable and that ultimately leave a great lasting impression. My goal is to give people an experience rather than just a meal.
Cuisine: Modern American seafood with international diversity
Training: I did go to a small school for a degree, but 99 percent of what I know today came from training under great chefs throughout my career.
What’s your footwear of choice in the kitchen? Sven Clogs.
What advice would you give someone who wants to be a restaurateur or chef? Do not believe what you see on television, the negative or the positive. To be successful in the food and beverage world you really have to have passion for what you are doing, it’s not just another 9-5 job. You will work long hours, weekends, holidays and most of the time under extremely stressful conditions.

The rewards are usually not measured in dollar signs, but instead by the expressions on your patrons’ faces after a meal at your establishment.

“After 18 years, Ken Wade sells Paddy Mac’s”

BY JAN NORRIS

Mr. Wade, from Ireland, brought in staff also from the Emerald Isle, and incorporated recipes over the years that represented his homeland. Cottage and Guinness pies are favorites. A big community supporter, Mr. Wade sponsored an annual golf tournament to benefit the Quantum House, a home-away-from-home for families with sick children at St. Mary’s. The tournament has raised thousands for the facility.

Before opening Paddy Mac’s, Mr. Wade ran Harpoon Louie’s, a seafood restaurant on the Jupiter Inlet and took several staff with him. To take care of the workers, Mr. Wade made the sale contingent on keeping the staff and restaurant as it is, with only minor tweaks to the menu seasonally. “All the staff will be staying. A lot of them have been with me 30 years now.”

Paddy Mac’s is at 10971 N. Military Trail in West Palm Beach — just not the pressure of the CRA in mind. “We’re working with the CRA in Northwood — they’re being great,” he said. The city of West Palm Beach had approached him in May and June, and it was clear that the mayor was sympathetic over the dispute with the landlord, said Mr. Wade. “It offered me a great spot in a building on the west end of Northwood Road — 602. It’s such a blessing — they’re going to build it out for me, put in the grease traps, put in an addition that will be the kitchen. They’re putting up awnings in the front and on the west side, so we’ll have outdoor dining. And we’ll have a bar inside. They’re even helping with the design of the interior.”

The CRA has an ongoing plan to upgrade the neighborhood, putting in a fountain and courtyard on the east side of the 602 building, adding to the ambience, Mr. Lopez said. Ms. Cardona will have a lesser role in the day-to-day operations, but will lend her name to the restaurant. She lives in Orlando where she cares for her daughter.

The new restaurant will feature a menu similar to the old one, but pared back, with American items next to the Mexican. “We’ll have a great burger, and wings, along with enchiladas, though not so many.” Plans are to open Aleyda’s in February.

— Food writer Jan Norris’ blog at jannorris.com.

After 18 years, Ken Wade sells Paddy Mac’s

“After 18 years, Ken Wade sells Paddy Mac’s”

Ken Wade, founder of Paddy Mac’s Irish Pub in Palm Beach Gardens, explains the reason it was time to sell his restaurant. “My golf game wasn’t getting any better.”

With typical Irish wit, he called to tell about the sale, saying he’s looking forward to “having some time to put my feet up, play golf, eat some good meals.”

He will still be involved in the restaurant — just not the pressure of day to day operations, he said.

“The new owners are Richard and Helen Fowler. They’re from the Carolinas and have been regular customers since the day we opened 18 years ago.

They hired Hugh Jackson, our bartender, as general manager. Mr. Jackson has been with the traditional Irish pub since it opened.

Mr. Wade will stay on as menu consultant and event planner — and be the “face” up front. He’ll also be around to plan and oversee the huge St. Paddy’s Day party the restaurant throws annually.

Wade and his well-known golf interests have drawn the pros from the PGA tournaments over the years to the bar. Other Irish notables — those coming for races at Palm Beach Speedway, and even Boston’s mayor, dined here or enjoyed a Guinness expertise pulled by Mr. Jackson.

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— Read food writer Jan Norris’ blog at jannorris.com.
Recipients of the 2012 Ritz Carlton Residences® Singer Island Power Broker Award

For more information on these Great Buys and Next Season’s Rentals, email us at Info@WalkerRealEstateGroup.com