In the arena. In the ring. On the battlefield. On the front lines. The struggle, the fight, the war.

The martial metaphors are nearly irresistible in describing the bloody contest against breast cancer, because the stakes are mortal for every patient diagnosed.

In this war likely to sweep into the lives of almost 230,000 American women this year, killing about 40,000 of them, according to the American Cancer Society, knowledge is power.

Thirty years ago, knowledge in the form of early detection meant a 74 percent chance of survival for five years. Now, it means a 98 percent chance, statistics show. There’s a reason.

“Let me give you three words,” explains Dr. George Sledge, winner of the prestigious Komen Foundation Brinker Award for Scientific Distinction (to name one of many awards), and one of the nation’s most celebrated research oncologists: “Research cures cancer.”

Dr. Sledge and several others pioneering new research have at least one thing in common as 2012 slides toward 2013: their newest investigations identify genes or proteins whose function has remained invisible until now — villains that work in or around tumors and cells to resist current medicines, or even to assist them.

In recent days, the functions of these life enemies have been described publicly for the first time.

Coincidentally, a groundbreaking and potentially world-altering genetic study published Sunday in the journal Nature...
BREAST CANCER AWARENESS MONTH

At the heart of the research

There are two ways to use the word humanity, and one is a quantification. “Humanity is evolving.”

But I use the word differently when I talk about people such as Saori Furuta or Dr. George Sledge or Marsha-Dawn Hall or Dr. Renalto Iozzo.

An irony of war, any war, is how much the humanity — the humane glory — of certain individuals appears in lustrous response to the brutality of circumstances and the callousness of other individuals.

In that regard, the war against breast cancer is no different than the wars against Nazis or terrorists or the Taliban or the war against poverty. (Are we still in that one?)

Somehow from the face of war emerge stories, and raised in Italy, now he serves as professor of pathology and cell biology at Thomas Jefferson University in Philadelphia.

And that takes money, as Marsha-Dawn Hall knows. Many of us also know that, but she actually did something about it. Now, she’s executive director of Susan G. Komen for the Cure of Central Florida.

“Those doctors, these scientists, they find one thing that takes them to the next level,” she says. “And what does that take? Money. Oh, and her mother is a two-time survivor of the disease, too.”

— To donate, go to www.komen.org; www.simoncenter.org (the Simon Cancer Center at Indiana University); or www.lbl.gov/LBL-Programs/lifesciences/Bissell-Lab/main.html (the Berkeley National Lab, life sciences division).

The same is true of the pure researchers, such as Ms. Furuta at the Berkeley lab in California. She wrote detailed answers to questions I posed as if responding to a journalist in the middle of a busy workday or night were the most natural thing in the world. She was even willing to talk about things like phosphorylation or a 3D phenotypic assay.

What in the world, right?

“Hi, Roger. Phosphorylation is the enzymatic addition of a phosphate group to certain amino acids (e.g., serine, threonine or tyrosine) of a signaling protein, usually for its activation. Phosphorylation causes a conformational/functional change of the protein, which allows consecutive interaction by and activation (i.e., another phosphorylation) of a molecule downstream of the signaling pathway.”

Understand, I had told her that Florida Weekly readers were educated. I failed to mention that the paper’s editor doesn’t have a clue.

And a 3D reversion assay?

Well if you must know, “We use a phenotype of cells in 3D culture to determine their malignancy. In 3D culture, normal breast cells form a regular, well-polarized spherical structure of a defined size, called an acinus. Acinus is a functional unit of mammary glands for milk production. On the other hand, breast cancer cells form an irregularly-shaped, non-polarized aggregate that keeps growing. Bissell lab (as it’s called at Berkeley) discovered a phenomenon called ‘tumor reversion’ where cancer cells resume normal cell-like phenotype (i.e., acinus structure) when treated with certain pharmacological agents that suppress growth signaling. One of such signaling is the EGFR signaling. We showed that our tumor reversion approach effectively suppresses the tumor growth in animals. However, when cancer cells express a molecule to confer resistance to suppression of EGFR signaling, they do not revert. We found that FAM53A is the molecule which makes breast cancer cells resistant to the EGFR-TKI-mediated reversion of cancer cells.”

Which means that the treatment known as EGFR-TKI might well work in breast cancer, too, not just some other cancers, if FAM53A can be inhibited.

The language and descriptions you’ve just read offer only a tiny glimpse of the battlefield on which these men and women, known as researchers, wage a struggle that can and sometimes will save our lives, and the lives of people we love.

They’re fundamentally kind. They have tenacity, discipline and the willingness to work for years just to get to a point of understanding like the one described above.

They are not going to sell you a product; they are going to try to save your rear end. And that takes money, as Dr. Sledge — Marsha-Dawn Hall knows. Many of us also know that, but she actually did something about it. Now, she’s executive director of Susan G. Komen for the Cure of Central Florida.

“Those doctors, these scientists, they find one thing that takes them to the next level,” she says. “And what does that take? Money.”

Oh, and her mother is a two-time survivor of the disease, too.

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For more information or to RSVP, call 263.0580
BREAST CANCER AWARENESS MONTH

Making Strides Against Breast Cancer

Honorary survivor chair recalls her own strides made 16 years ago

BY GLENN MILLER
Florida Weekly Correspondent

Maureen Aughton knows the date, even 16 years later. She learned she had breast cancer on Feb. 13, 1996.

“It started a wild ride,” the Naples attorney says.

On Oct. 20, 16 years, eight months and seven days later, Ms. Aughton will serve as the honorary survivor chair for the American Cancer Society’s 2012 Making Strides Against Breast Cancer 5K walk in Cambier Park.

She knows there is a very good chance she might not have made it to 2012. Or much beyond 1996.

“I’m the poster child for early detection,” she says.

In the mid-1990s, she was in her early 40s and the mother of three young children ranging in age from 8 to 13. When she went in for a routine mammogram, she didn’t suspect anything was amiss.

“I couldn’t feel anything” like a lump, she says.

Tests, however, detected cancer. The news was frightening. She freely admits that. She knew what the outcome could be, that she wouldn’t see her children grow up. “One of my sons had a friend whose mom died of breast cancer,” she says.

She was young, fit and active. Then began the treatments. Her then-husband, William, an oral surgeon, knew his way around hospitals and doctors and helped guide her through the decisions and procedures that followed.

She was advised to have a lumpectomy. That was on a Monday.

Four days later, she returned to Naples Community Hospital for another procedure, a lymph node dissection. Her youngest, Mark, was then 8.

“I didn’t want to tell him,” she says, adding she felt he was too young to understand what was going on with his mom.

Her middle child, David, was 11 and was the one who had a friend whose mother died of breast cancer. “I had to kind of explain I had this,” Ms. Aughton recalls. “Try to explain as best you can to an 11-year-old.”

Then there was 13-year-old Lindsay. “That was hard. She was becoming a teenager.”

At the same time, Ms. Aughton had to make critical decisions about her care. She needed to get better — and not just for herself. “I had young kids,” she says. “I couldn’t just sit back and do nothing.”

She researched the pros and cons about radiation and chemotherapy. She listened to her husband and doctors. She found “The Breast Book” by Dr. Susan Love and devoured every word.

After the lumpectomy and lymph node procedure, she had radiation for eight weeks. Then she started on the drug Tamoxifen and would be on it for five years.

She was feeling strong and playing tennis regularly while undergoing the radiation regime every morning, Monday through Friday.

Things were looking good. For two years, though, she had to see a doctor every month, rotating between an oncologist, a radiological oncologist and her surgeon. Every month she saw one of them. For two years.

Then she graduated to seeing each of her doctors once a year.

That stopped 10 years ago, six years after her breast cancer diagnosis. “I consider myself cured,” she says today. Her children are now adults. Mark is studying marine biology at Florida Gulf Coast University. David is in medical school. Lindsay lives in Orlando and works in the hospitality industry. And their mom is the honorary survivor chair for Making Strides Against Breast Cancer.

Ms. Aughton says she’s not sure she’s worthy. “At first I asked, ‘Don’t you want somebody with a more compelling story?’” she says.

Allison Freeman, an American Cancer Society staff partner for the Making Strides volunteer committee, welcomes Ms. Aughton’s participation.

“We’re very lucky to have her,” Ms. Freeman says.

What: 2012 Making Strides Against Breast Cancer 5K Walk
When: 9 a.m. Saturday, Oct. 20
Where: Cambier Park
Website: www.putonyourpinkbra.com

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In a golf game, she admits. "That may be a silver lining, but nothing about breast cancer turns out to be easy, of course."

Dreaded diagnosis

The toughest part might be the shock of being handed the official diagnosis, Ms. Payne suggests, something she initially ignored — at least for one day. Her doctor tried to reach her by phone a number of times on Tuesday, Nov. 3, 2008, which happened to coincide with the presidential election.

"Electoral day in a newsroom is a fun day and I didn't want my fun day ruined," said Ms. Payne. "...You get pizza and it's buzzing, it's just buzzing." And she already had a pretty good idea of what the news would be, anyway. During an earlier appointment, she sneaked a peek at medical forms that a radiologist who had performed her biopsy left in a room where she was being treated.

"Never leave a reporter in a room and say, 'lay right there. I'll be back,'" Ms. Payne jokes dryly. "That's how sources slip and say, 'I've got cancer.'"

The radiologist who had written in the report the initials "DCIS," with a question mark after it. Plug that into Google and it stands for ductal carcinoma in situ, which meant that it was contained and had not spread, according to the Mayo Clinic website. It had been discovered at its earliest stage, when it's not considered deadly, but would still require surgery and radiation therapy to get rid of the deformed cells and keep the cancer from coming back.

Tests later confirmed what the radiologist correctly suspected. A mammogram had first detected the cancer since it was not noticeable by touch at this stage. That is a Stage O or 1 cancer (depending on which doctor she asked), Ms. Payne said. She opted to have a lumpectomy, undergo radiation treatment and continues to take a preventive drug called Evista. All that reduces the risk of recurrence.

Meanwhile, Ms. Payne offers the book as a friendly voice of experience to women going through the disease. She dedicated the book to her friend that went through it. "I felt about the book... I could be the words belong in part to Marla Thomas Barnes, who was Ms. Payne's close friend for nearly 30 years. She dedicated the book to her.

The women met at Wellesley College in the spring of 2008, just a year before Ms. Barnes was being treated. Ms. Payne had grown up in Cleveland, Ohio. Ms. Barnes, who later became an investment banker, lived with Stage 4 breast cancer for the better half of two decades before succumbing to the disease during the spring of 2008, said Ms. Payne, who later that same year received her own diagnoses.

"When I got it, I so much wanted to talk to her about it," she said, tears welling up. "I really, really missed her so much."

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The New York Times identifies four types of breast cancer, each with a different genetic makeup and varying characteristics — it’s called EFGR-TKI, for epidermal growth factor receptor inhibitor. It has not been effective in the breast cancer fight.

Whether or not one-size-fits-all: If you were to have one-size-fits-all, the fight is just beginning. Especially in the lab.

The discovery may provide a new target for future therapies.

In the past, we knew chemo benefited some women, but not which women. So Dr. Sledge’s work is part of the larger club of tyrosine kinase inhibitors — has found that it is the bad-guy responsible for the resistance to and therapeutic failure of EGFR-TKI treatment of breast cancer.

“Breast cancer is several diseases that share the same characteristics — it’s called EFGR-TKI, for epidermal growth factor receptor inhibitor. It has not been effective in the breast cancer fight.”

Breast cancer is several diseases that share the same characteristics — it’s called EFGR-TKI, for epidermal growth factor receptor inhibitor. It has not been effective in the breast cancer fight. It amounts to this: the most deadly of the killers, is known as triple negative, in part because it metastasizes so destructively.

“All over Florida, similarly passionate women, some are killers. The way we fight those diseases may be tried in the fight against this one form of breast cancer.”

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“Never, because there is no such thing as ‘Breast cancer.’ There are different diseases that share the breast.”

And those can be beat, he insists by research, certainly, but not by research alone. By research along with support from everybody else involved.

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2011 BREAST CANCER AWARENESS MONTH EVENTS

Women Supporting Women to benefit the Garden of Hope & Courage and Cancer Alliance of Naples took place at Handsome Harry’s last year. This year’s event is set for Thursday, Nov. 1, at The Naples Yacht Club. See details on page A17.

1. Amy Carducci and Tiffani Landry
2. Lawrence Perillo
3. Kalen Krier and Jacqueline Ouellette
4. Kristin and Rylee Libelis
5. Barbara Reed and Kristen Griffin
6. Glenna’s Gang

Last year’s Stiletto Sprint drew men and women, boys and girls — many wearing high heels — to race from The von Liebig Art Center to Sugden Plaza to benefit Susan G. Komen for the Cure and the Garden of Hope & Courage. This year the sprint takes place Saturday, Oct. 20. See details on page A17.

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New ribbon raises breast reconstruction awareness

My Hope Chest, a Florida-based nonprofit, has introduced the Breast Reconstruction Awareness Ribbon, the first ribbon to support uninsured and underinsured breast cancer survivors. The pink, white and yellow ribbon speaks to restoration, transformation and the completion of the cancer journey that many survivors seek through reconstructive surgery after mastectomy. For those who desire, breast reconstruction provides closure and a new wholeness, allowing a woman to put the disease behind her at last.

“The traditional ‘pink ribbon’ has branded breast cancer ‘awareness, education and research,’ but it overlooks a huge population of underserved survivors that live with scars and a constant reminder of the disease,” founder Alisa Savoretti says. “There are hundreds of breast cancer groups in America focused on prevention and finding a cure, while the need for breast reconstruction organizations leave off, providing what it calls the ‘final step, the ‘final step of breast cancer treatment’ and helping women become whole again. Ms. Savoretti knows from first-hand experience how breast reconstruction after cancer helps restore not only the body, but also transforms and heals the mind and spirit. She founded the organization after her own struggle with breast cancer.

My Hope Chest is a national nonprofit organization that provides breast reconstruction for uninsured and underprivileged breast cancer survivors. Founded in 2003 by Ms. Savoretti, My Hope Chest services pick up where other breast cancer organizations leave off, providing a reminder of the disease, founder Alisa Savoretti explains. My Hope Chest hopes this new symbol will help others recognize this need and shine the light on this epidemic for thousands who have sacrificed a piece of themselves to save their lives.

Mammography is proven preventative health care, saving lives and aiding detection, and then reviewed by the reading radiologist. Results are mailed to the patient and physician within a few working days. No prescription is necessary for a screening mammogram.

Most insurances are accepted, and discounted self-pay pricing is available. The exams are read by local, board-certified radiologists, including fellow-ship-trained women’s imagers. Every mammogram is analyzed by computer-aided detection, and then reviewed by the reading radiologist. Results are mailed to the patient and physician within a few working days.

Postal Service hosts Mobile Mammography bus

The U.S. Postal Service is offering a simple way for women to get their annual mammograms. The Radiology Regional Mobile Mammography Bus is on the road traveling to post offices throughout the area in October. Here’s the schedule:

- Coco River Post Office, North Naples, 8 a.m. to noon, Thursday, Oct. 4
- Bonita Springs Post Office, 2-6 p.m. Thursday, Oct. 4
- North Fort Myers Post Office, noon to 4 p.m. Thursday, Oct. 11
- LeghAcres Post Office, 8 a.m. to noon Monday, Oct. 22
- Page Field Post Office, Fort Myers, 2-6 p.m. Monday, Oct. 22
- Downtown Fort Myers Post Office, noon to 4 p.m. Tuesday, Oct. 23
- Naples Main Post Office, 8 a.m. to noon Wednesday, Oct. 24
- Cape Coral Central Post Office, 9 a.m. to 1 p.m. Thursday, Oct. 25
- Tice Post Office, noon to 4 p.m. Monday, Oct. 29

Mammography is proven preventative health care, saving lives and making a difference in the long-term survival of those diagnosed with breast cancer. The baseline mammogram should be performed at age 40 unless the patient is high-risk. The Mobile Mammography Bus is a great way to bring the convenience of annual screening to the workplace or a community. Walk-in service is available, but appointments are preferred and can be made by calling 936-2316.

Appointments are typically 20 minutes. No prescription is necessary for a screening mammogram.

In the know ✪
As of July 2012, sales of the Breast Cancer Research semipostal stamp have generated more than $75.5 million for research.

Stop by Wynn’s during the month of October to show your support.

Wynn’s a market of fine foods

For Every Dozen ‘Pink’ Cupcakes Sold
$1 will be donated to the local Susan G Komen affiliate office.

Custom orders available, call 239-261-7157.
Buy a Dozen and Save .50 per cupcake!

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GASTROESOPHAGEAL REFLUX DISEASE
HARD TO SAY, HARDER TO LIVE WITH.

If you’re having chronic **acid reflux** it could lead to more. Get back to living your life without pain.

**Treatment of Heartburn and Acid Reflux GERD.**

Many patients suffer from acid reflux and its complications such as difficulty swallowing, strictures, Barrett’s esophagus and aspiration. Acid reflux is usually the result of a hiatal hernia or a defective lower esophageal sphincter or reflux valve. Medical treatments may initially control the symptoms but often fail long term because they only mask the symptoms of the defective reflux valve. Also, Proton Pump Inhibitors (the strongest of the acid suppression medications) have been shown to cause osteoporosis. Acid reflux and hiatal hernias can be repaired with several minimally invasive surgical options. Patients undergoing these procedures are freed from their pills and no longer have to avoid reflux producing foods.

**Laparoscopic Nissen Fundoplication:**

This minimally invasive procedure uses the stomach to construct a robust one-way valve which prevents stomach acid from refluxing into the esophagus. It has been thoroughly studied, is extremely durable, and effectively cures 95% of typical reflux symptoms.

**Laparoscopic Hiatal Hernia repair with Fundoplication:**

A hiatal hernia occurs when a portion of the stomach moves into the chest. This can create serious discomfort that can present as chest pain, reflux, or swallowing problems. Large hiatal hernias can be life threatening, causing anemia, vomiting, and perforation. This operation restores the stomach to its normal position in the abdomen, closes the hiatal hernia defect, and then reshapes the stomach to create a one way valve to prevent reflux.
**Slices of pizza add up to a Slice of Hope**

The second annual national Slice of Hope dining event begins at 5 p.m. Friday, Oct. 12. The host restaurant in Naples is Aldo’s Ristorante Italiano & Bar at 4820 Davis Blvd., in the Kings Lake shopping center.

Owners Kelly and Adelchi Musico invite everyone to dine with them at Aldo’s for a Slice of Hope. Free fun for kids will include face painting, a Home Depot workshop, arts and crafts, science exhibits and tours of fire engines from the East Naples Fire Department. For the adults, free activities will include live entertainment, wine tastings and various merchant exhibits.

Entertainment will be provided by two Naples acts: Boss Hogg playing Southern rock ‘n’ roll, and Matty Jollie (a regular on the stage at Campiello, Burn and Blue Martini) with smooth favorites.

Florida Everblades player Ryan McGinnis greet guests and pose for photographs. The fundraising portion of the night will include a bounce house, sticky wall, super slide and pumpkin painting activities for kids. There will also be a live auction and raffle.

The Mammogram Mobile unit will be available for mammograms.

“Last year when I heard about the Slice of Hope, I immediately wanted to participate,” Ms. Musico says. “We pledged to donate 30 percent of our sales from the day, and as the event neared, my staff and customers wanted to participate, too. People were donating restaurant gift certificates, golf packages, wine packages, hotel stays, gym memberships, spa packages, the list goes on — we went all out and decorated the restaurant pink and put together some beautiful baskets to auction off. We sold raffle tickets and raised even more money.

“It was so rewarding to have the community come together,” she adds. “I am honored to be hosting the national fundraising event in Naples this year.”

Cycling for a cure

Out of 241 pizzerias nationwide that participated in Slice of Hope last year, Aldo’s raised the most amount of money for the cause. Slice of Hope is sponsored nationwide by the foodservice trade magazine Pizza Today. Participating pizzerias donate 15 percent to 30 percent of their sales on Oct. 12 to help find a cure for breast cancer, with 100 percent of the proceeds benefiting the Karen Mullen Breast Cancer Foundation.

Members of the Pizza Today staff will cycle throughout the state Oct. 8-12 to bring attention to the Slice of Hope cause. Leading up to the event, Pizza Today’s editor-in-chief, Jeremy White, and a team of cyclists will pedal from Lakeland to Naples, arriving at Aldo’s with a police escort and being greeted by Naples High School cheerleaders and drummers.

For more information, visit www.aldospizza01@msn.com.

About the foundation

Karen Mullen was diagnosed with triple negative breast cancer in 2006. She fought the battle for four years before the disease took her life. She left behind a young son and husband. The Karen Mullen Breast Cancer Foundation and its signature Slice of Hope event were created by Garrett Mullen, Karen’s husband of 20 years, and Mr. White of Pizza Today.

Last year’s inaugural Slice of Hope raised more than $100,000. As a result, the foundation presented a $50,000 check to the University of Washington to study the effects of Parp 2 inhibitors on triple negative breast cancer, and $35,000 to help fund research at Ohio State University and the Dana-Farber Cancer Institute. For more information about the Karen Mullen Breast Cancer Foundation, visit www.endthisdisease.org.
This is my hospital.

-May Foo, MD
Radiation Oncology

Here’s why

Collaboration with Florida Cancer Specialists and 21st Century Oncology to provide comprehensive cancer care.

• National clinical trials.

• Board certified Oncology Pharmacist on staff.

• Breast Health Navigator to assist cancer patients.

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BREAST CANCER AWARENESS MONTH

Love, Hope & Pizza
Hungry Howie’s Throughout October

All large pizzas come in bright pink boxes and Hungry Howie’s will make a donation to the National Breast Cancer Foundation for every pizza purchased. Customers can also purchase a “Love, Hope & Pizza” wristband. Info: www.hungryhowies.com.

New York Pizza & Pasta
Throughout October

For every dessert or featured drink sold special ordered during Breast Cancer Awareness Month, the restaurant at 11140 Tamiami Trail N. will donate $1 to Komen for the Cure-SWFL. Info: 594-3500 or www.newyorkp.com.

Put on Your Pink Bra and Party!
4-8 p.m. Wednesday, Oct. 3
Blue Martini at Mercato

Make a $5 donation to the American Cancer Society and enjoy a Pink Passion Martini. All month long, Blue Martini will donate $1 to Komen for the Cure-SWFL. Info: 594-3500 or www.newyorkp.com.

In the Pink
1-9 p.m. Saturday, Oct. 6
Seminole Casino Immokalee

For its In the Pink charity slot tournament, the casino will donate $5 of each $10 slot to Komen for the Cure-SWFL. Info: 8000 218-0007.

Slice of Hope
Friday, Oct. 12
Aldo’s Ristorante Italiano & Bar 4820 Davis Blvd.


TREK Ride to Raise Awareness
9 a.m. Saturday, Oct. 13

The Pink Party
6-9 p.m. Wednesday, Oct. 17
Clive Daniel Home 2777 Tamiami Trail N.

Physicians Regional Health System presents an evening of women’s health information and fun. Admission is free. Proceeds from a raffle and silent auction will benefit Cancer Alliance of Naples. RSVP: 348-4180. See story on page A14.

Let’s Push Pink
5:30-8 p.m. Thursday, Oct. 18
Naples Bay Resort
For $25, enjoy appetizers and get a ticket for a door prize. The Calendar Girls will entertain, and the best-dressed pink bra will win a special prize. Proceeds benefit the American Cancer Society and Making Strides Against Breast Cancer. Info: www.putonyourpinkbra.com/naples.

Key to the Cure
4-7 p.m. Thursday, Oct. 18
Saks Fifth Avenue, Waterside Shops
Join the “Celebration of Survivors” and enjoy a cocktail from Blue Martini. RSVP required. Call 592-9900, ext. 203.

Wreaths of Pink
Oct. 18-31
Fifth Avenue Design Gallery 365 Fifth Ave. S.

Fifth Avenue Design Gallery will have pink wreaths created by designers up for silent auction, with proceeds going to Komen for the Cure-SWFL. The gallery will donate a portion of all floor sales during that period to the cause. Info: 427-3650.

Shop & Share for Bosom Buddies
Friday and Saturday, Oct. 19-20
Waterside Shops

Stores will donate a portion of all sales both days to Bosom Buddies Breast Cancer Support. In the pavilion from 1-3 p.m. Saturday, Oct. 20, enjoy refreshments and a fashion show; from 3-4 p.m., Bosom Buddies mother-and-daughter breast cancer survivors will model the newest fall fashions. Info: 403-6400 or www.bbbcs.org.

If the Bra Fits
Friday and Saturday, Oct. 19-20
Nordstrom, Waterside Shops

The lingerie experts at Nordstrom will fit you for a bra, and $2 from every purchase will be donated to Komen for the Cure-SWFL.

Bosom Buddies Breast Cancer Support

Bosom Buddies support group meetings are held at 7 p.m. on the second and last Wednesday of every month in the Telford Education Center at the NCH downtown campus. Info: 434-4600.

Making Strides Against Breast Cancer
9 a.m. Saturday, Oct. 20
The Village on Venetian Bay

Gather pledges and step out for this noncompetitive walk to raise awareness of and dollars for the American Cancer Society’s fight against breast cancer. Info: 403-2204 or www.putonyourpinkbra.com/naples.

The third annual Stiletto Sprint
5 p.m. Saturday, Oct. 20
Start at The von Liebig Art Center
A light-hearted, 500-yard race to benefit the Garden of Hope and Courage at NCH and Komen for the Cure-SWFL. Info: 434-6607 or 498-0016.

Bowl for the Cure
1 p.m. Sunday, Oct. 28
The Beacon Bowl 5400 Tamiami Trail N.

A tournament sponsored by the United States Bowling Congress, plus silent and live auctions and more fun to benefit Susan G. Komen for the Cure-SWFL. Info: 597-3432 or 333-1825.

Women Supporting Women
5:30-8 p.m. Thursday Nov. 1
The Naples Yacht Club

Enjoy fine wine and food at the 11th annual Women Supporting Women to benefit Cancer Alliance of Naples. $75 (mail a check payable to CAN to Alice Carlson, 2730 Leeward Lane, Naples 34103 or $85 at the door. Info: www.wwnaples.com.

Why is NDIC Your Best Choice For Women’s Imaging?

NDIC provides our community with the most comprehensive breast health programs available. We use the latest in technology including SonoCine Screening Ultrasound, which is an additional examination for women with dense breasts or implants that finds smaller cancers earlier. Our thoroughly trained staff includes a Breast Health Navigator who helps patients from diagnosis to completion of treatment.

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Home is where we share quiet moments together, where life slows down and things become simpler. Buying or selling a home should be simple as well. Let us bring the joy of home ownership into your life.

Stop by our on-site Village Walk office to pick up your pink ribbon to support breast Cancer awareness. Be a part of the cure and check out one of the many organizations dedicated to raising awareness about breast cancer.

Check out our full page ad in the real estate section.

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Comprehensive Breast Care

Whether you are coming in for your annual screening, are newly-diagnosed, going through treatment or are a survivor, Lee Memorial Health System has the experienced staff and latest technology to care for your needs.

A Team Approach to Breast Cancer Treatment

A breast cancer diagnosis is complicated, frightening and requires close collaboration between cancer specialists with different areas of expertise. The Multidisciplinary Breast Clinic at the Regional Cancer Center brings these specialists together in one place, in one visit, to develop a treatment plan.

Our team includes:
- Medical oncologist
- Surgeon
- Radiation oncologist
- Pathologist
- Radiologist
- Plastic surgeon
- Breast cancer nurse navigator
- Genetic counselor
- Oncology clinical pharmacist

Additional clinical support services include:
- Clinical trial nurse
- Social worker
- Psychosocial nurse specialist
- Nutrition specialist
- Palliative care
- Cookie’s Place Boutique—certified prosthetic specialist and massage therapist

Our goal is to educate and engage patients so that they make informed decisions, and feel confident and hopeful about their breast cancer treatment.

If you have questions or would like a referral, call the nurse navigators at 239-343-9546.

State-of-the-Art Screening

The Lee Memorial Health System Breast Health Centers use the latest, leading-edge equipment to provide the most accurate diagnosis possible. Early detection of changes in breast tissue is key to the best outcomes, and our dedicated staff is committed to providing the most appropriate and comprehensive screening based on each patient’s individual needs and risk.

The Breast Health Centers have earned the designation of Breast Imaging Centers of Excellence from the American College of Radiology.

To make an appointment, call 239-424-1499.

Cape Coral Hospital
636 Del Prado Boulevard
Cape Coral, FL 33990
Outpatient Center at HealthPark Commons
16201 Bass Road, Suite 204
Fort Myers, FL 33908
Outpatient Center at the Sanctuary
8960 Colonial Center Drive, Suite 100
Fort Myers, FL 33905

American College of Radiology
Breast Imaging Center of Excellence

www.LeeMemorial.org
Women 40 and over are encouraged to get screened annually. Some risk factors for breast cancer include: age, weight, diet and lifestyle, menstrual and reproductive history, as well as family and personal history. In honor of National Breast Cancer Awareness Month, Physicians Regional Healthcare System is offering a $89* mammogram screening.

Call 239-304-4888 today to schedule your appointment.

*All major insurance plans accepted or you may opt to pay a flat cash fee of $89 for a screening mammogram. If insurance is used, normal co-pays, deductibles and pricing will apply. Digital screenings are available at our Collier and Pine Ridge locations. Offer is valid if appointment is made by October 31, 2012.
Capt. Alex Suescun, former host of the saltwater fishing television show “Tarpon Bay Tales,” highlights National Estuaries Day activities at the Rookery Bay Environmental Learning Center from 10 a.m. to 3 p.m. Saturday, Sept. 29.

A former Cape Coral resident who now lives in Miami, Capt. Suescun is a professional redfish angler and self-taught graphic artist and illustrator who often incorporated his own still photography and illustrations in the graphics of his show. He now exhibits his works and has a show, “Florida Fish and Game Art Fusion,” on view at Rookery Bay through Nov. 9.

“Tarpon Bay Tales” aired nationwide from 1999 to 2010 on the Sportsman Channel, Fox Sports Net, Comcast Sports Southeast and Sun Sports. As part of National Estuaries Day, Capt. Suescun will conduct a backcountry fishing techniques seminar at 1 p.m. featuring photos and video clips. He also will discuss and sell his 27 works, in which he aims to capture the beauty of gamefish and wildlife as well as the pride and joy of the anglers and hunters who pursue them.

Other activities through the day include half-hour narrated boat trips on Rookery Bay, the opportunity to try kayaking and stand-up paddleboarding, a fishing clinic for kids, tours of the science labs, touch tank, kids crafts, a food vendor and other indoor and outdoor activities.

National Estuaries Day takes place at the country’s 28 estuarine research reserves to recognize the importance of this habitat where rivers meet the sea. Typically forming a bay or lagoon, an estuary can be found anywhere fresh water from land mixes with salt water from the ocean to form a brackish environment.

Estuaries are tremendously productive ecosystems where 80 percent of commercially and recreationally important fish and shellfish species are produced.
Lunch & Learn lectures begin with orchid lesson

Learn about an environmental topic and enjoy a hot lunch with dessert during the Lunch & Learn Lecture Series starting Wednesday, Oct. 3, at the Rookery Bay Environmental Learning Center. The series runs through April from noon to 1 p.m. on the first Wednesday of the month. Lunch and dessert are provided by Carrabba’s and Costco.

Admission is fee for Friends of Rookery Bay members and $8 for non-members. Reservations are strongly recommended and can be made by calling 417-6310, ext. 401.

Dave Graf, education specialist at Rookery Bay, kicks off the series on Oct. 3 with “Native Orchids of Southwest Florida.” Southwest Florida is home to an amazing variety of native orchids — more than 40 in Collier County alone. Learn about some of their surprising adaptations and the challenges to their survival in one of the greatest orchid hotspots in the United States, right here in our own backyard.

Also in the series:
- Nov. 7: Adrian Salinas, public information officer with Collier Mosquito Control District, presents “Mosquitoes 101.” Southwest Florida is home to 43 species of mosquitoes. Mr. Salinas will share information about mosquito biology and life cycle; surveillance, including landing rates, trapping and dippin; how treatment decisions are made; and as tips for protection against mosquitoes.
- Dec. 5: John Kiseda, executive director of the Florida Society for Ethical Ecotourism, discusses “Being an Eco Traveler in Southwest Florida.” Mr. Kiseda, who is also sustainability-education coordinator for Lee County Parks and Recreation, notes that eco travelers have a tremendous impact on the tourism industry in Southwest Florida by choosing accommodations and tour providers that work to protect the environment and benefit local cultures and communities. During this presentation, find out more about the statewide connections between conservation and tourism through the Florida Society for Ethical Ecotourism.

The remaining speakers will be announced soon.
MAKOplasty Robotic Hip & Knee Surgery
Learn about the advancements in robotic techniques to restore hip and knee function. This innovative procedure restores the hip and knee joints and maximizes stability of the hip. Exclusively at Physicians Regional.

Tuesday, October 9
6:00 p.m.
Jon Daunchis, M.D.
Cafeteria
6101 Pine Ridge Road
RSVP: 348-4180

Minimally Invasive Gynecologic Surgery: The Latest Options
Minimally invasive surgery may be an option for women who experience abnormal bleeding or have fibroid tumors. Attend this lecture to learn more about the Center of Excellence in Minimally Invasive Gynecology at Physicians Regional and what treatment options may be best for you.

Thursday, October 25
6:00 p.m.
Dennis Huddlebaugh, M.D.
Hospital Lobby
6101 Pine Ridge Road
RSVP: 348-4180

Weight Loss Surgery Options
Learn about the most advanced techniques in modern weight loss surgery, including adjustable gastric banding, sleeve gastrectomy and gastric bypass, that can help you get back to your life faster.

Tuesday, October 30
6:00 p.m.
Thomas Bass, M.D.
Education Room
8300 Collier Blvd.
RSVP: 348-4180

Women and Migraines: The Hormonal Connection
Why do women have more headaches than men? Attend this lecture to learn how to treat and prevent migraines.

Thursday, October 11
4:00 p.m.
Igor Levy-Reis, M.D.
Cafeteria
6101 Pine Ridge Road
RSVP: 348-4180

BEAT THE BUG:
$20 Flu Shots* to Keep You Healthy
Nobody likes being sick, especially when it’s the flu. And nobody wants to wait for a flu shot. We have three convenient locations offering $20 flu shots, and no appointment is necessary at our Pine Ridge campus. This season, make sure you don’t have to suffer any of the sniffing, coughing or aching that comes with the flu. Get your flu shot today so you can beat the flu bug this season.

* $20 flu shots are available while supplies last.
Get the frack out of my water.


Richard Lowry is editor of the National Review.
Frequent BATHROOM TRIPS?

Bell Ezee Flow Herbal Tea #4a

- Men: Natural remedial support for urinary tract & comfort. Relief within 3-5 days from dribbling, discomfort, urgency, poor flow. Instead of getting up many times must need to get up only once or not at all each night. For many years a very common complaint of middle aged and senior men. Good sleep helps to provide more energy all next day. Also blood flows more freely where it counts for better sex life. Thousands of satisfied repeat customers. No side effects. We have literally hundreds of testimonials.

- I was skeptical, I bought a box and it worked as advertised. Within a week I had relief. Howard T. 60, Henderson, NV. It’s heaven to sleep throughout the night. For many years I had 6-7 sleep interruptions every night. Had urgent trips to the bathroom day and night with discomfort. I enjoy my new life. August Place, Orlando, FL. I am truly amazed and relieved. After 2 weeks I no longer have to get up during the night. I’m enjoying a normal sex life again. I hope a lot of men with a pride issue give this tea a shot. It’s difficult to express how delighted I am. Clarence A. Feingold, SR, St. Albans, WV. Know the truth. This is my third year in a row I have a Bell Ezee Flow Tea. I had a bad experience in my local wellness store. Thomas M. Thurston, Forsyth, GA. Women suffering with incontinence. UTS ask for Bladder Control Tea for Women #4b. Guaranteed relief within days. No need to make claims. Bell relays 100% truthful user’s free speech. No money is paid for it. No questions asked guarantee.

Blood Pressure Formulation

Dr. C. Hammude, M.D., Ph.D., recommends this natural, effective fish peptide product to nutritionists to support the body’s normal blood pressure health by science-based herbal phytonutrients. Promotes kidney, reduced blood vessels in healthy people. A one-in-a-million formula that addresses unmoderated high blood pressure for your overall health and wellbeing. A new, unique combination of ingredients in a bell. Thomas M. Thurston, Forth Worth, TX. A women suffering with incontinence. UTS ask for Bladder Control Tea for Women #4b. Guaranteed relief within days. No need to make claims. Bell relays 100% truthful user’s free speech. No money is paid for it. No questions asked guarantee.

CLEAR SKIN

Dr. C. Hammude, Master Herbalist, Ph.D., guarantees satisfaction. Helps to maintain healthy skin from the inside out by cleansing the blood, instead of attacking the skin from the outside with creams or washes. This makes sense. Usually you can see how it benefits your skin within days. Many people wore they were surprised how fast it worked. Lotion of hyperactive sunprotected users in our Bell websites. There is absolutely no risk for trying Dr. Hammude’s product.

- Last couple of years I tried everything. Results with Bell Skin Disorders #4d were unbelievable. I have beautiful skin again. Thanks for giving back my self-esteem. I live in Orlando, FL. I have been buying Bell #6B. I was skeptical. It did work quickly and better than anything else. Christopher Seraphin, MD, Brooklyn, NY. It worked. I no longer have to look for new products because I know they work. Agnes Cates, OR. All Bell #6B, NY. I can wear again dresses that I had to be skinless. My skin looks fantastic. Thank you from the bottom of my heart. Yawen Machev, 40, Loei, CA was trying everything for years and nothing worked. I felt physical and emotional pain hiding to hide. Finally I found Bell #4B. I’m so grateful and impressed about how fast it worked with amazing results. Gayle Leiter Sanchez Moran, 30, Cornish, NH. SkinCasts can help everybody. All are real people like you or your friends.

In both towns try our local beauty food stores first. If they don’t have it and don’t want to order it for you. order on our website or call us with Visa or Mastercard: S & S $9.66.

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Bell uses the power of nature to help put life back into your lifestyle

SNORING?

As recommended by Dr. Gifford-Jones M. D.

Here is proof that snoring can be changing your health and your marriage. Three out of 10 couples are considering divorce because of snoring says a major magazine article. You are not alone! An official survey says 40% of all people snore. 70% are affected. If you add children with sleep apnea, the number of snorers rises or vis versa. Snoring is caused by blockages in the throat. A common complaint is that people feel that they are not well rested in the morning. Many people change when they are now sleeping like a baby. These partners are delighted. This natural health product Sound Sleep #23 usually helps the first night. No side effects.

- College professor had lack of good sleep with many interruptions for 15 years had made him drowsy during the day. Within 3 days taking Bell Sound Sleep #23 he had no snoring stopped. I wake up feeling refreshed and energized. I can concentrate in a focused, happy manner. I feel delighted with this natural sleep aid. Dr. Aneka C. Ryburn, 27, New York, NY. A life changing product. The very first night I took the capsules and every night after I had a restful and wonderful sleep. It has been a God send and blessing. I am now a skeptic. The back - up guarantee is not a problem to try it. Jimmy Prey, 53, Gardendale, AL. 3 Years on Bell Sound Sleep #23. My wife and I are entirely satisfied. Snoring problems have completely disappeared. This has improved our lives enormously. Lee Forsht, 60, St. Georges, QC.

- Basically you saved my husband’s life. For the last 5 years my husband had very bad nights. Bell #23 was nothing short of a miracle. I have a history of back pain. He gave me 20 new pain free days. I am still feeling very well. I am grateful for this product I would like to be able to make my son happy. Doctors C. Venura, 65, Anna, TX. On The Bell website we list phone numbers or email addresses of actual users of this product and all other Bell products. Most are delighted to talk about their relief.

Natural Superior HAIR

Recommended by Dr. C. Hammude, Ph.D.

For fuller, thicker hair for men and women.

- Promotes stronger, shinier, healthier hair.

- Unique combination of ingredients in a bell. Thomas M. Thurston, Forth Worth, TX. A women suffering with incontinence. UTS ask for Bladder Control Tea for Women #4b. Guaranteed relief within days. No need to make claims. Bell relays 100% truthful user’s free speech. No money is paid for it. No questions asked guarantee.

Histiame Balance

It really works! 100% natural. Try it risk free. Relief Guaranteed or Money Refunded!

- Last 4 years in spring I had allergy attacks with many nose, eye, throat and respiratory problems. I couldn’t take the 2 capsules per day of Quillaja Saponaria. I added Bell #6B to my Quillaja and Quillaja became my favorite. I sleep well now and don’t have to take any medicine. Joe, 30, Queens, NY. To 20 years my life was miserable with sneezing, watery eyes and sinus pressure year-round on most days. I am amazed. On 3rd day all allergies were gone. It was like magic. Ricky Order, 52, Dover, DE. I am going without allergy attacks I tried all the medications and none worked. After taking 1 capsule in the morning I’m completely free of all symptoms. Richard Garza, 74, San Antonio, TX. I had Quillaja Saponaria with Bell #6B for 2 years. I went from allergy doctor to doctor for years with allergy sinuses problems. The medications made me still sicker. After starting Bell Allergy Relief one capsule at night I felt like I was born again the next morning. Divine Knox, 58, New York, NY. Hundreds more people on the Bell website.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.


**BETT**
Talking points with Dave Bego

Mentors: My mom and dad.

Something your mother was always right about: She was a tough competitor, which I believe rubbed off on me. She would never give up and never let me give up. She also was a caring person and the pied piper of animals, another part of her that rubbed off on me.

As a kid, what did you want to be when you grew up? A professional baseball player.

Guilty pleasures: Red wine and a brownie sundae.

Skill or talent you wish you had: Patience.

Advice for your grandchildren: I subscribe to Calvin Coolidge’s quote: “Nothing in the world can take the place of persistence. Talent will not; nothing is more common than unsuccessful men with talent. Genius will not; unrewarded genius is almost a proverb. Education will not; the world is full of educated derelicts. Persistence and determination alone are omnipotent.”

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Goodlette Medical Park
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Naples, FL 34102
239-430-3668
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DR. BRIAN TIMM
Gridley Medical Building
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Suite 101
Naples, FL 34113
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Board Certified (American Board of Lower Extremity Surgeons)

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Pediatric Orthopedics/Deformity Fellowship
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Emergencies and Same-Day Appointment Available • Office Hours: Monday through Friday
Watch out for CCSO deputies on the road

The Collier County Sheriff’s Office gives drivers a heads-up that traffic enforcement deputies will be posted at the following spots this week of Oct. 1-5:

**Monday, Oct. 1**
- Northbrook Drive and Immokalee Road – Red-light running
- 11th Avenue North at Naples Park Elementary – Aggressive driving
- Goodlette-Frank and Vanderbilt Beach roads – Aggressive driving

**Tuesday, Oct. 2**
- Hunter Boulevard – Speeding
- Collier Boulevard and Golden Gate Parkway – Speeding
- Santa Barbara Boulevard and Coronado Parkway – Aggressive driving

**Wednesday, Oct. 3**
- Lakewood and Davis boulevards – Red-light running
- Shadowlawn Drive at Shadowlawn Elementary – Speeding
- Shadowlawn and Livingston roads – Red-light running

**Thursday, Oct. 4**
- Airport-Pulling Road and Naples Boulevard – Speeding
- Pine Ridge Road at I-75 southbound exit Aggressive driving
- Granada Boulevard and Goodlette-Frank Road – Speeding

**Friday, Oct. 5**
- U.S. 41 East and Bayshore Drive – Red-light running
- Rattlesnake Hammock Road and Hawaii Boulevard Aggressive driving
- St. Andrews Boulevard and Billdowder Way – Speeding

Join the celebration of local heroes

The Collier County Sheriff’s Office will help Costco celebrate its fifth annual Heroes Night from 7:09 p.m. Saturday, Sept. 29.

Costco hosts the event every year to recognize local government agencies and organizations that help make a positive difference in the community. Representatives of CCSO’s special operations, investigations and youth services will address the economic policies and provide analysis to help businesses

**Upcoming Events**

**Oct 4 Candidate Forum**
Candidates from Congressional District 19, Florida Senate District 30, and County Commission District 3 will speak at the Village Church Auditorium at Shell Point, sponsored by The League of Women Voters of Lee County. Candidates will make opening presentations and respond to questions. The forum is from 7 to 8:30 pm, and a meet and greet with the candidates will occur from 8:30 pm until 9 pm. Call (239) 489-8472 for more details.

**Learn More About Shell Point**
Join us for an open house to meet representatives from numerous organizations that help make a positive difference to the community. Light refreshments will be provided. Call (239) 466-1131 or 1-800-780-1131 for reservations.

**Oct 9 Shell Point Singers Fall Concert with Special Guests North Star Percussion**
Oct 9 @7:30pm. The Shell Point Singers present their annual fall concert celebration with special guests North Star Percussion. While the Shell Point Singers perform popular tunes, the percussionists entertain using their sticks and mallets. For more information, call (239) 454-2282.

**The Federal Budget 101**
7:00 pm. We will welcome Chauncey Goss who worked with Congressman Paul Ryan in the Office of Management and Budget. He established his own consulting firm in 2010 and provides analysis to help businesses understand the economic policies emanating from Washington, D.C. Call (239) 489-8472 to reserve your place.

**Healthcare Implications and Challenges for Southwest Florida**
7:00 pm. Jim Nathan, President and CEO of Lee Memorial Health System, will share his perspective on the complexities of healthcare and how it impact Southwest Florida along with the implications of the current political activities. Call (239) 489-8472 to reserve your place.
Sign up to volunteer or teach at the Renaissance Academy.
Public forums will help prepare voters for upcoming elections

The League of Women Voter of Collier County invites the public to two free forums about the upcoming elections. Attendance is free at both events.

Candidates for Collier County sheriff and the Collier County Commission Districts 1 and 5 will be in the spotlight at 5:30 p.m. Wednesday, Oct. 3, in the commission meeting room (third floor of the Collier County Administration Building, 3299 Tamiami Trail E.).

The forum will be broadcast on Comcast Channel 97 and replayed by Collier County government.

The 11 proposed constitutional amendments will be the focus of attention beginning at 5:30 p.m. Tuesday, Oct. 16, at Naples United Methodist Church, 6000 Goodlette-Frank Road. The Collier Community Alliance, Greater Naples Chamber of Commerce and the Naples Daily News join the League of Women Voters in sponsoring this event.

Panlists who are well versed in the issues will present the pros and cons of the legislature-sponsored amendments.

The League of Women Voters of Florida has posted nonpartisan information on the proposed amendments at www.thefloridavoter.org.

Voters urged to try mail/absentee ballots

Due to a lengthy ballot and anticipation of high voter turnout for the General Election, the Collier County Supervisor of Elections Office strongly urges citizens to consider voting via mail/absentee ballot.

Absentee ballots, once reserved for voters who could not make it to an early voting site or the polls on Election Day, are available to any registered voter in Florida. If voting by mail/absentee, voters can vote in the comfort of their home, or wherever they are around the world, and can read the ballot at their own pace. To date, more than 36,500 Collier County voters have requested absentee ballots for the Nov. 6 General Election.

Request an absentee ballot by visiting www.colliervotes.com or calling the Collier County Supervisor of Elections office at 252-8490. Requests for ballots to be mailed must be made by 5 p.m. Wednesday, Oct. 31, after which voters can pick up a ballot at the Supervisor of Elections office after calling in their request.

Completed ballots must be returned to the Supervisor of Elections office by 7 p.m. on Election Day. Postage will be 65 cents for ballots returned via mail.

Mail/absentee ballots will be confirmed by comparing the signature on the returned ballot envelope with the signature in the voter registration file. Citizens who are not yet registered to vote must do so before Tuesday, Oct. 9, in order to participate in the General Election. For more details, and to update your voter information, visit the website or call the phone number above.

Periodontal FACT

- #1 cause of tooth loss is gum periodontal disease
- 80% of all adults have periodontal disease

Periodontal Disease may be a contributing factor to:

- Cardiovascular/Heart Disease
- Diabetes
- Osteoporosis
- Respiratory Disease
- Low Birth Weight Babies
- Stroke
- Pneumonia
- Over All Health

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Riding puts families back in the saddle

SPECIAL TO FLORIDA WEEKLY

Therapeutic horseback riding has made national headlines thanks to Ann Romney and her story of living with multiple sclerosis. However, this vital therapeutic option has many benefits that help children and families living with a broad range of physical, emotional and learning disabilities.

In its 17th year serving the Collier County community, Naples Equestrian Challenge is one of the 800 facilities nationwide that belong to the Professional Association of Therapeutic Horsemanship International. In 2011, NEC was named one of PATH International’s “Premier Centers” for maintaining the industry’s best practices in therapy and barn management.

NEC continues to grow, with approximately 375 participants passing through the barn doors to learn from the year-round therapeutic horseback riding and equine facilitated learning programs. All of the riding instructors at NEC are independently trained and certified through PATH International.

“When I first started riding here, I didn’t know what I was doing. I just knew I wanted to be around the horses and enjoy their company,” said Karen Scott, chair of NEC’s grant committee. “We are so pleased to partner with them to benefit Collier County’s underprivileged and at-risk children, whose needs go beyond medical and academic hardships.”

The Cal Ripken, St. Foundation was created by his sons, Bill and Cal Ripken Jr., to build character and teach critical life lessons to disadvantaged youth. Their mission is to reach those kids using baseball as a platform. The foundation and Boys & Girls Clubs of Collier County will host a ribbon-cutting ceremony for the official opening of Baker Field on Nov. 8.

“Away from the therapies and barn management, the riding is the number one tool in making a profound and sustaining improvement in the lives of underprivileged and at-risk children in Collier County. Through the Naples Winter Wine Festival, NCEF has raised $107 million since 2001, making it the most successful charity wine auction in the world. Proceeds have impacted more than 150,000 children through 36 charities. Major initiatives funded in collaboration with other private and public entities have included a pediatric dental clinic and an early learning center.”

The 2013 Naples Winter Wine Festival will take place Jan. 25-27. For more information about Naples Winter Wine Festival and Naples Children & Education Foundation, visit www.napleswinefestival.com or call 888-837-4919.

Jonathan Flores® gives baseball instructions

SPECIAL TO FLORIDA WEEKLY

Fifty underprivileged and at-risk children learned how to play baseball and softball at the Cal Ripken, St. Foundation’s opening clinic at the new Baker Field. The students, who attend programs at the Boys & Girls Club of Collier County, Youth Haven and Grace Place, also took part in a character-building exercise led by Corporal Barry Ardery of the Collier County Sheriff’s Office. The clinic, which will be held monthly, is funded by a grant from Naples Children & Education Foundation – founders of Naples Winter Wine Festival.

“The kids had a great time,” said Coleen Miller, site monitor for the Boys & Girls Club of Collier County. “We showed them which hand to wear the baseball glove on for starters, as many of them had never played softball or baseball before. They really took to the sport and are looking forward to the next clinic.”

During a character-building segment, Corporal Ardery led an exercise focused on teamwork, sportsmanship and respect. Four students who exemplified those qualities each received a certificate of achievement.

“Cal Ripken, St. Foundation’s clinic formats are a strong mix of sports and sportsmanship,” said Karen Scott, chair of NCEF’s grant committee. “We are so pleased to partner with them to benefit Collier County’s underprivileged and at-risk children, whose needs go beyond medical and academic hardships.”

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more than 20 years in the United States along with maintaining a career as a tennis professional. She will demonstrate a more advanced modern Ohara style and a beginner style and will give the audience an opportunity to try an Ohara design.

Chapter members and guests should visit www.Ikebananaples.com for details of what supplies to bring. Non-members are asked to make a reservation by e-mailing ikebananaples@me.com.

The League of Women Voters of Collier County will hear from Tiffany Smith, tax counsel for the Senate Finance Committee, at its monthly meeting Friday, Oct. 12, at the Hilton Naples. Cost including lunch beginning at 12:30 p.m. is $25; the public is welcome to attend. For more information, visit www.lwvcolliercounty.org.

The Naples chapter of the Flori- da Native Plant Society meets at 6:30 p.m. Monday, Oct. 15, in the Kapnick Garden. Guest speaker and wildflower expert Roger Hammer will discuss “Endangered Wildflowers of Florida.” For more information, call 597-222 or e-mail bjbochel@comcast.net.

Members and guests of the Ohio State Alumni Club of Naples will gather for the fall kick-off social from 6-8:30 p.m. Thursday, Oct. 11, at Grey Oaks Country Club. Cost is $45 per person for hors d’oeuvres (cash bar).

For reservations, visit www.naplesbuckeyes.com. For more information about the club, call Sara Ann Mossa at 593-9956.

The Inbetweeners, a social group for singles ages 40-65, welcomes newcomers and regulars at gatherings every Wednesday. On Oct. 3 and 10, the group will meet from 4:7 p.m. at Big Al’s, 8004 Trail Blvd., and the Oct. 17, 24 and 31 gatherings will be from 5:7 p.m. at the Naples Ale House, 6300 Hollywood Blvd.

For more information, visit www.meetup.com/inbetweeners or e-mail naplesinbetweeners@gmail.com.

The Naples Newcomers Club welcomes women who have been permanent residents of Naples for more than five years and who want to meet others who are new to the area. The club meets for lunch at 11:30 a.m. on the second Thursday of every month at country clubs throughout the area. In addition, groups within the club plan outings and dates to share varied interests, such as mah-jongg and duplicate bridge, gourmet cooking and discussions about philosophy. Prospective members are invited to coffee at 10 a.m. on the first Thursday of each month. For meeting locations and more information, call 298-4088 or visit www.naplesnewcomers.com.

The Naples Music Club welcomes new members interested in supporting music education and performance, providing student scholarships and engaging in collaborative outreach efforts within Naples and neighboring communities. Club members enjoy member recitals at First United Methodist Church, “Music a la Carte” salons in private homes, the annual Student Scholarship Winners Recital and other special programs throughout the year.

Club president for 2012-13 is Maurizio Nisita. For more information and an application for membership, visit www.naplesmusicclub.org.

Membership in the Social Butterflies, a new group for women, is open to all who want to cultivate friendships, support one another’s career and personal efforts and also help local charities. For more information, call Nicole Forbes at 784-798 or look for Social Butterflies on Facebook.

The Women’s Cultural Alliance, an affinity group of the Jewish Federation of Collier County, welcomes new members for the 2012-13 season. Programs range from book groups and Spanish and French classes to art studio tours and tai chi classes. Social groups that plan various events are: the Serious Foodies, WCA Couples, the Single Connection, Dinner Dames and Jazzophiles. Kathleen van Bergen, CEO and president of the Philharmonic Center for the Arts, will be the guest speaker at the season’s first luncheon on Friday, Nov. 16, at Grey Oaks Country Club.

For more information, contact Jane Hersch 948-0003 or janehersch@comcast.net.

Local Authors

■ Class of Ireland USA members and guests will meet at 6:30 p.m., Mon- day, Oct. 1, at Chrispy’s restaurant at Courthouse Shadows. Guest speaker will be Catherine Cruikshank, regional director of education for the Alzheimer’s Association of Southwest Florida.

The evening’s hostess is Maire Peters. For information about membership and to sign up for the meeting, call Tracy Ball at 961-3248 or e-mail womenstravelclub@madtravel.com.

■ The Southwest Florida Federated Republican Women invites registered Republicans interested in making a difference to join like-minded women for a lunch meeting Wednesday, Oct. 3, in the clubhouse at Arbor Trace. Cost is $18. Reservations are required and can be made by calling Anne Brown at 254-9979.

■ The Naples Music Club, 615 Fifth Ave. South, invites the public to the first meeting of the new season from 9-11 a.m. Wednes- day, Oct. 3, at Moorings Presbyterian Church, “Music a la Carte” salons in private homes, the annual Student Scholarship Winners Recital and other special programs throughout the year. Club president for 2012-13 is Maurizio Nisita. For more information and an application for membership, visit www.naplesmusicclub.org.

■ The next meeting of the Women’s Travel Club is set for Tuesday, Oct. 2. For information about membership and to sign up for the meeting, call Tracy Ball at 961-3248 or e-mail womenstravelclub@madtravel.com.

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For more information, contact Jane Hersch 948-0003 or janehersch@comcast.net.
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ADOT-A-SOLDIER campaign continues

U.S. troops in Afghanistan are the focus of the Adopt-A-Soldier project started last year by the Women’s Council of Realtors, Naples-On-The-Gulf Chapter. That first effort resulted in more than 155 care packages being sent overseas to various platoons.

This year members hope to raise $10,000 so they can extend their campaign to even more troops. To that end, they’ve planned a poker run to take place Sunday, Nov. 4. Cars and motorcycles can set out at 10 a.m. from Harley-Davidson of Naples, 3645 Gateway Lane and then make stops at Boston Beer Garden, Stevie Tomatoes, Porky’s on Marco Island and Foxboros before winding up at Freddie Rebel’s on Shirley Street by 4:30 p.m. Cost is $10 per poker hand.

Those who don’t participate in the poker run are urged to donate money or supplies for care packages. Suitable items for care packages include: small tube of toothpaste and individually wrapped toothbrush; beef jerky, hard candies, gum and single-serving packages of granola bars, nuts, Rice Krispies Treats; powdered drinks mixes (individual serving sizes), AA and AAA batteries, alcohol-free hand wipes and Starbucks VIA coffee packets.

The group is also collecting names from local residents of family and friends who are soldiers and will ensure that those soldiers receive packages.

For more information, including drop-off locations and a way to donate money online, visit www.Adopt-A-Soldier.org.

For more information about the poker run, or to provide the name of a soldier you would like to receive a care package, call Sally Masters at 253-1579 or Debbie Zvibleman at 272-8878.
RIDING

From page 32

might move the bucket to different positions to work different muscle groups.

Throughout the lesson, the rider develops social skills by bonding with his or her side-walker and the horse.

One child's story

For the past six years, one boy living with the devastating effects of shaken baby syndrome has made steady progress while riding at NEC. Zach "Zachman" Aldridge was born healthy, but at 10 weeks old, he was hospitalized at the hands of his birth father. Suffering from a brain aneurism and multiple broken bones, little Zach wasn’t given much hope to survive. Specialists told his mother that he “might” live for a year.

Zach’s mother, Rebekah Aldridge, was a dedicated and loving husband who works two jobs to provide for his family. Biology doesn’t matter to him; the right heart is what matters.

That was when Rebekah Aldridge, Zach’s mother, met an NEC volunteer and learned about the benefits of therapeutic riding. After a medical evaluation, Zach was granted as the days turned into weeks, months and even years. Finally, on Zach’s fifth birthday, the doctors said that he would have a normal life expectancy.

However, the effects of shaken baby syndrome would leave the family’s version of “normal” extremely challenging on a good day. Zach lives with multiple physical and emotional disabilities including autism, cerebral palsy and paralysis on all of his extremities. That was when Rebekah Aldridge, Zach’s mother, met an NEC volunteer and learned about the benefits of therapeutic riding. After a medical evaluation, Zach was granted as the days turned into weeks, months and even years. Finally, on Zach’s fifth birthday, the doctors said that he would have a normal life expectancy.

Despite the challenges, Rebekah loves being Zach’s mom. Most recently, the child that wasn’t supposed to talk said: “Oh you are so beautiful, Mommy.”

Looking to the future, taking care of Zach continues to be a huge commitment. He still cannot dress himself or tie his shoes, and he needs help feeding himself. Chronologically he is 10, but mentally he is about 3 years old.

Despite the challenges, Rebekah loves being Zach’s mom. Most recently, the child that wasn’t supposed to talk said: “Oh you are so beautiful, Momma!”

About NEC

Naples Equestrian Challenge Inc. is a nonprofit 501(c)3 organization with the mission to improve the lives of children and adults with special needs through therapeutic riding and other equine-related programs. With a dedicated staff and volunteers, Naples Equestrian Challenge provides therapeutic riding programs to 375 participants per year. Through donations and sponsorships, the organization is able to provide this vital therapy to those who need the service most, regardless of income level. The therapeutic riding programs offered at Naples Equestrian Challenge foster growth and confidence, empowering riders living with cerebral palsy, Down syndrome, stroke, autism spectrum disorder, amputations, spina bifida, spinal cord injuries, multiple sclerosis and a range of emotional, learning and developmental disabilities.

For more information on programs or volunteer opportunities, visit www.NaplesEquestrianChallenge.org.

Zach Aldridge, in the saddle, with Steve Cere, Ed Jones and Connie Sharpe at Naples Equestrian Challenge.

Wade; Zach is and always will be his son. From the twinkle in his eye, you can see the special bond between a true father and son.

And so, as long as he had, and his mother knew was his best interest, which means sticking it out.

Once he finally got on a horse, Zach couldn’t even hold his head up, so the NEC riding instructors propped him up using boppy pillows. He was also supported by two very dedicated side-walkers: his grandparents, Mary and Ed Jones. NEC follows the stringent safety guidelines of the therapeutic riding industry by having each rider accompanied by a leader who maintains control of the horse and two side-walkers who provide support for a rider with limited physical abilities.

After a few short months, the Aldridge family saw drastic improvements. First, Zach spoke one of the most precious words his mother could hear. “Mommy.” Then, he began telling the horse to “trot on.”

One of the biggest surprises of all came, however, when he started walking. Therapeutic riding and the natural rhythm of the horse’s gait gently rocked his hip back into place and improved his muscle tone, allowing Zach to finally walk on his own.

Though life is filled with therapy and hard work, Zach continues to make progress that routinely impresses both his doctors and his family.

His mom has since remarried. Wade Aldridge is a dedicated and loving husband who works two jobs to provide for his family. Biology doesn’t matter to him; the right heart is what matters.

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Physicians Regional Health System was recently named one of the nation’s 620 top performers by The Joint Commission, the leading accreditor of health care organizations in America. PRHS was recognized for exemplary performance in using evidence-based clinical processes that are shown to improve care for certain conditions, including heart attack, heart failure, pneumonia, surgical care, children’s asthma, stroke and venous thromboembolism, as well as inpatient psychiatric care.

The ratings are based on an aggregation of accountability measures reported to The Joint Commission during the 2011 calendar year. The list of Top Performers increased by 50 percent from its debut last year and represents 18 percent of accredited hospitals reporting data.

“We understand that what matters most to patients at Physicians Regional Health System is safe, effective care. That’s why Physicians Regional Health System has made a commitment to accreditation and to positive patient outcomes through evidence-based care processes,” says CEO Todd Lupton.

Free class will show high school athletes how yoga can help

Yoga instructor Melanie Solis will conduct a complimentary class for high school athletes from 3:30 to 4:30 p.m. Saturday, Sept. 29, at Bala Vinyasa Yoga, 6200 Trail Blvd. N. in Naples. More information or to register can be found at naplesche.com. Yoga can use to help them gain a competitive edge and prevent injury. She will also discuss how using yoga can help athletes “stay in the zone.”

For more information, call 598-1938 or visit www.bvvyoga.com.

Shelter classes focus on healthy relationships

The Shelter for Abused Women & Children offers two six-week classes in how to build healthy relationships. Participation is free.

The first session will meet at Trin-ity-by-the-Cove Episcopal Church from 10:30 a.m. to noon on Thursdays, Oct. 9, 16, 23 and 30, and on Wednesdays, Nov. 7 and 14. The second session will meet at Naples United Church of Christ from 5:55 p.m. to 7 p.m. on Thursdays, Oct. 4, 11, 18 and 25, and on Nov. 1 and 8.

Registration is required in advance. Call 775-3862, ext. 233, or e-mail Idesoteteau@naplesshelter.org.

HEALTHY LIVING

Weight training associated with reduced diabetes risk

Men who do weight training regularly — for example, three times per day, five days per week — may be able to reduce their risk of type 2 diabetes by up to 34 percent, according to a new study by Harvard School of Public Health and University of Southern Denmark researchers. And if they combine weight training and aerobic exercise, such as brisk walking or running, they may be able to reduce their risk even further — up to 59 percent.

This is the first study to examine the impact of weight training in the prevention of type 2 diabetes. The results suggest that, because weight training appears to confer significant benefits independent of aerobic exercise, it can be a valuable alternative for people who have difficulty with the latter.

The study was published online in Archives of Internal Medicine on Aug. 6.

“Until now, previous studies have reported that aerobic exercise is of major importance for type 2 diabetes prevention,” said lead author Anders Grøntved, visiting researcher in the Department of Nutrition at HSPH and a doctoral student in exercise epidemiology at the University of Southern Denmark. “But many people have difficulty engaging in or adhering to aerobic exercise. These new results suggest that weight training, to a large extent, can serve as an alternative to aerobic exercise for type 2 diabetes prevention.”

Type 2 diabetes is a major public health concern and it’s on the rise. An estimated 346 million people worldwide have type 2 diabetes, and diabetes-related deaths are expected to double between 2005 and 2030, according to the World Health Organization. More than 80 percent of these deaths occur in low- and middle-income countries.

The researchers, including senior author Frank Hu, professor of nutrition and epidemiology at HSPH, followed 32,002 men from the Health Professionals Follow-up Study from 1990 to 2008. Information on how much time the men spent each week on weight training and aerobic exercise came from questionnaires they filled out every two years.

The researchers adjusted for other types of physical activity, television viewing, alcohol and coffee intake, smoking, ethnicity, family history of diabetes, and a number of dietary factors. During the study period, there were 2,278 new cases of diabetes among the men followed.

The findings showed that even a modest amount of weekly weight training may help reduce type 2 diabetes risk. The researchers categorized the men according to how much weight training they did per week — between 1 and 59 minutes, between 60 and 119 minutes, at least 150 minutes — and found that the training reduced their type 2 diabetes risk by 12 percent, 25 percent, and 34 percent, respectively, compared with no weight training.

Aerobic exercise is associated with significant benefits as well, the researchers found — it reduced the risk of type 2 diabetes by 7 percent, 31 percent, and 52 percent, respectively, for the three categories above.

The researchers also found that the combination of weight training and aerobic exercise confers the greatest benefit. Men who did more than 150 minutes of aerobic exercise as well as at least 150 minutes of weight training per week had a 59 percent reduced risk of type 2 diabetes.

Mr. Grøntved said that further research is needed to confirm the results of the study as well as to analyze whether or not the findings can be generalized to women.

Distinguishing ‘quality of life’ from ‘standard of living’

Three words help to distinguish Southwest Florida from everywhere else: quality of life. One reason ours is a continually improving quality of life is that we are blessed to have community members who care. That was very much in evidence recently at a meeting of the Greater Naples Chamber of Commerce “2012 Board Advance.” It was attended by a record number of leaders and led by Michael Wynn, chairman of the chamber’s board of directors.

At the meeting, we discussed among other topics the factors that contribute to quality of life, which shouldn’t be confused with the concept of standard of living (which is based primarily on income). Quality of life encompasses far more than money. For example:

■ Employment — Collier County depends on hospitality, tourism, real estate growth by retirement-aged people. It provides or significant and growing employment factor in our community is health care.

■ Physical health — Collier has been one of the healthiest of Florida’s 67 counties for years; we were the healthiest in 2010 and 2001 and fourth healthiest in 2012. Our “Sustaining Excellence” initiative, led by Dr. Joan Colfer of the Collier County Health Department and including more than 100 community leaders, is addressing such crucial health issues as morbidity, mortality, poor physical and mental health days, low birth weight, adult smoking, obesity, excessive drinking, motor vehicle crash deaths, sexually transmitted infections and teen birth rate.

■ Mental health — Collier’s “Behavioral Risk Factor Surveillance System” has shown year-to-year improvement, according to data from the University of Wisconsin. The bedrock of any community’s overall health is its public school system. Ours, which depends on inclusiveness, is doing well.

■ Recreation and leisure time — Our climate is unmatched, allowing for year-round outdoor exercise; beautiful, safe, and abundant parks; music, drama, art centers, and museums. We have it all.

■ Social belonging — We are known to be a welcoming place to live and to have a community culture that emphasizes helping others. Feelings of mutual compatibility, selflessness and altruism distinguish us.

■ Wealth — Collier has a “dumbbell” shaped overall net worth. For example, many coastal families possess a high net worth and, at the same time, more than 50 percent of children attending our public schools receive free or reduced-cost lunches.

The quality of life discussion culminated with three suggestions to promote Collier’s exceptional status:

First, brand our community. One idea, “This is My Community,” would be a measure of public pride.

Second, focus on diversity. In order to recognize our strengths, to address our weaknesses and to continuously improve.

Third, civic responsibility. We’re all in this together and must work for continuous improvement.

This is a wonderful community, with a quality of life that will continue to thrive, grow and prosper — just as long as each one of us continue to care.

— Dr. Allen Weiss is the president and CEO of NCH Healthcare System.
Health Management Associates gives to local schools

Last year, millions smiled as Ellen DeGeneres donated a huge sum of money to Whitney Elementary School in Las Vegas.

Whitney Elementary, whose students were often homeless, hungry and without proper clothing, was certainly worthy of Ms. DeGeneres’ attention. At the time, however, considering the financial resources of many businesses and individuals in Collier County, several local schools may have rightfully found themselves envious of both Ms. DeGeneres’ spotlight and generosity.

Fast forward to Sept. 24 this year, and two Collier County schools are smiling over a much more local act of kindness.

Mike Davis Elementary in Naples and Lake Trafford Elementary in Immokalee have been awarded $10,000 each donations from Naples-based Health Management Associates, owner of Physicians Regional Healthcare System. This is the second consecutive year Mike Davis Elementary has been on the receiving end of HMA’s generosity.

Similar to Ms. DeGeneres’s target of intellectually disabled children, also hopes to expand his curriculum to offer programs for intellectually disabled children, also hopes to expand his curriculum to offer more classes targeted to this student group.

The local school donations are a part of HMA’s company-wide initiative called “Get2Great.” G2G builds a stronger, more cohesive culture for HMA’S team of associates, physicians, caregivers and leaders with the overarching goal of giving back to the community.

Mr. Castellani, whose facility boasts a noteworthy program for intellectually disabled children, also hopes to expand his curriculum to offer more classes targeted to this student group.

To date in 2012, HMA and Physicians Regional Healthcare System have donated more than $500,000 to various local humanitarian causes. However, HMA and PRHS have a well-established soft spot when it comes to the children of Collier County. Other local benefactors of HMA’s philanthropy include First Tee of Naples, Cancer Alliance of Naples, the Goliad Children’s Museum of Naples, Junior Achievement of Southwest Florida, various middle and high schools, and many others.

CEO Gary Newsome of HMA presented the $10,000 checks to the principals, staff and students at both schools. A native of southwest Virginia’s Appalachian region, Mr. Newsome has witnessed poverty’s downside as well as philanthropy’s upside all of his life.

“I have seen similar home-life challenges firsthand. Early in our married life, my wife taught at a school with a student population not much different than that of Lake Trafford or Mike Davis. It’s so important that we attempt to provide some of what these students otherwise may not have,” Mr. Newsome said.

Collier County Commissioner Donna Fiala applauds HMA’s generosity. “Enough cannot be said to complement those businesses who step up to provide for our children. That being said, I am sure HMA joins me in urging other businesses to follow their example.”
PET TALES

Green home, happy cats

Give cats some plants of their own to keep others unmolested.

BY GINA SPADAFORI

In the spring and summer, it's easy to enjoy greenery. It's all around us, and if we don't have any in our homes, we're outside enough to see all we want. But when the days shorten, we start to crave our indoor gardens.

Unfortunately, our cats do, too. But cats and houseplants don't have to be an either-or proposition. To have both, all you need to do is give your cats some plants of their own and make the other houseplants less attractive. And don't sweat the occasional chewed leaves or knocked-over pot.

Your cat needs some plants for nibbling, some for sniffing and some for play. For chewing, always keep a pot of tender grass seedlings — rye, alfalfa and wheat — growing in a sunny spot. Parsley and thyme are herbs that many cats enjoy smelling and chewing, and both include Bitter Apple, a nasty-tasting substitute available at any pet-supply store, or Tabasco sauce from the grocery store. Whenever you find what your cat doesn’t like, keep reapplying it to enforce the point.

Once your cat learns that the leaves aren’t tasty, you can teach him that dirt isn’t for digging and pots aren’t for tipping. Put your plants in heavy, wide-bottomed containers and cover the soil of the problem plants with rough decorative rock. Foil and waxed paper are less attractive deterrents, and I don't like to recommend them as much as decorative rock because you're going to get tired of looking at that foil.

You can also deter your cat from approaching pots by using carpet runners around the plants, with the pointy side up. Whatever tool or combination of tools you choose, remember that the most important ones are patience and compromise. Give your cat the greens he wants and make the rest less attractive to him. A lush indoor garden is within the reach of any cat lover willing to compromise for the happiness of the cat.

A final note: Not all plants are safe for the pets you can't move out of the house. Poison-control/plants) before buying any indoor greenery.

To adopt or foster a pet — Dogs and cats adopted from Humane Society Naples come with vaccinations, sterilization surgery, a microchip and 30 days of health insurance. Visit the main shelter at 370 Airport Pulling Road N, 7 a.m. to 7 p.m. Tuesday and Thursday, and 11 a.m. to 5 p.m. Wednesday, Friday, Saturday and Sunday or the satellite adoption center at Goodwill Center during mall hours. Call 435-1555 or visit HSNaples.org for more information.

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“rose, o pure contradiction, desire to be no one’s sleep beneath so many lids.”
— Rainer Maria Rilke, his epitaph

“So we are grasped by what we can not grasp; it has its inner light, even from a distance — and changes us, even if we do not reach it, into something else, which, hardly sensing it, we already are; a gesture waves us on, answering our own wave ... but what we feel is the wind in our faces.”
— Rainer Maria Rilke, “The Walk”

“I stretched my wings to rest them and grew oddly vast... it’s true: I am a branch inside the forest, you though are the tree.”
— Rainer Maria Rilke, “Annunciation: The Words of the Angel”

“mu,” a Japanese word alleged to mean “Your question cannot be answered because it depends on incorrect assumptions.”
— Dictionary.com
Spinal stenosis made walking, standing and sitting almost impossible for business and community leader, Sam Galloway. Thanks to Dr. Jeffrey Henn and Lee Memorial Health System, Sam is feeling fine and back to doing what he loves. Read more of Sam’s story at www.LeeMemorial.org/caring

Excellence in Neurosciences:
- Gulf Coast Medical Center has earned the American Heart Association/American Stroke Association “Get With the Guidelines” Stroke Gold Plus Award.
- Only dedicated ALS (Lou Gehrig’s Disease) Clinic between Tampa and Miami, serving the 10-county area of Southwest Florida

Caring people, caring for people.
Restaurants brace for season with promotions, local fare and big events

BY NANNI THEORET
Special to Florida Weekly

For local foodies, summertime and off-season mean dining at discounted prices, often without a reservation. In their effort to keep tables filled during traditionally slow seasons, more Southwest Florida restaurants are offering limited-time deals and multi-course menus to get locals through their doors, and ultimately returning. It’s a marketing strategy that has kept many restaurants open, even if it calls for cutting into profitability.

“Our business owner says, ‘You know, our margins may be a little lower because of the specials we run in September, but it keeps our employees employed,’” says Glee Ann Agius, marketing director for Parrot Key Caribbean.

Angellina’s Ristorante in Bonita Springs has off-season specials during the slower months.

Top: Rabbit Run Farm uses organic pest control methods and specializes in tropical fruits and heirloom vegetables and topiaries. Above: The Twisted Vine is one of the many Fort Myers establishments celebrating Restaurant Week starting Oct. 5.

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Emily K. Bue & Tade Bue-Bell
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Presenting Properties Exclusively in Excess of One Million Dollars
Injecting corporations into the taxation debate

There's not much of that these days. The risks of being caught for tax evasion are too great.

The point is that if income is earned here or earned in foreign domiciles, it is taxed by the U.S. But such is not the case for U.S. corporations, especially multinationals, which have far reaching foreign subsidiary operations. Foreign operations are taxed at rates of their foreign domicile. So, of course, with the U.S., having the second highest corporate tax rates — second only to deeply recessionary Japan — corporations choose foreign domiciles as often as they can. True, once those earnings are foreign domiciled, the U.S. parent corporation cannot bring it back into the U.S. without paying tax penalties.

Some multinationals, which have huge overseas cash coffers (e.g., Apple), now want to bring it back into the U.S. and, of course, they want penalties waived.

When business went gangbusters globally (1985 to present), it was quite natural and normal for U.S. multinationals to expand property, plants and equipment overseas.

Once subsidiary income was earned overseas, the question became “Do we bring it back to the U.S. or do we leave it there?” Then the question morphed into, “Do we move profits to other places overseas where there are even lower tax rates?” The present-day question is, “Gee, those overseas tax rates are so good, how can we take stuff that we actually do / make here in the U.S. and move it to a business center outside the U.S. and claim that the foreign operation made the money?”

That last question has allowed skillful maneuvering by U.S. tech companies. Although brainchildren and senior management were in the U.S., they could just move the sales center to a low-tax country and, voila! They can ship billions of dollars of code and downloads out of a two-man shop in Luxembourg despite the fact that the product was really engineered/ designed/strategized by thousands in the U.S.

Higher U.S. taxes disappear for many tech companies able to get around a base tenet of U.S. corporate taxation: If the resources lie outside the U.S., then it really is U.S. income. If the resources lie outside the U.S., then it might be rightfully considered to be a foreign entity.

Now these thoughts are offered so that your vituperous exchanges on taxation can be broadened to include corporate taxation. If we lose any more of our corporate base business, we have really made the goal of lower unemployment a much steeper climb.

— There is a substantial risk of loss in trading futures and options on futures contracts. Past performance is not indicative of future results. This article is provided for informational purposes only. No statement in this article should be construed as a recommendation to buy/sell a futures/options contract or to provide investment advice.

— Jeannette Showalter, CFA is a commodities broker with Worldwide Futures Systems, 571-8896. For mid-week commentaries, write to showalter@wwfsystems.com.
ON THE MOVE

Accounting

Christopher Marrie, CPA, has become a principal of Hill, Barth & King LLC, Certified Public Accountants and Business Consultants. Mr. Marrie has been with HBK since 1998 and is based in the Naples office, providing a variety of accounting and assurance services to individual clients, businesses and non-profits. He has been instrumental in the growth of HBK’s construction niche.

Amy Dalen has been promoted to supervisor and Jared Holes has been promoted to the senior level in the Naples office of Hill, Barth & King LLC, Certified Public Accountants and Business Consultants.

Banking

Danielle Angle has joined Shamrock Bank as assistant branch manager at the Ave Maria banking center.

Professional Advancement

Myra Williams, community relations, has an executive liaison for VITAS Innovative Hospice Care, has joined the End-Of-Life Nursing Education Consortium, director of wound healing, and is certified to teach the curriculum. She has also completed the “Powerful Tools for Caregivers” training and is certified to teach the six-week program to caregivers in the community.

Health Care

Pediatrician Jorge Camina has been named associate medical director of the Healthcare Network of Southwest Florida. Dr. Camina joined Healthcare Network in 2004 and has served as chief of pediatrics for the past four years. A native of Miami, he graduated from Ponce School of Medicine in Ponce, Puerto Rico, and completed his pediatric residency at the University of Florida.

Insurance

Robert “Vic” Blackwelder has joined the Ted Todd Insurance Agency as senior sales manager based in the office on Colonial Boulevard in Fort Myers. He previously was the Fort Myers and Naples district insurance manager for the Southwest Florida office of AAA.

Property Management

Hayden & Associates, Community Association & Commercial Management Services, has been appointed to provide management and accounting services for Tamiami Square Commercial Condominium Inc., which oversees the Tamiami Square retail center in North Naples. The firm will also provide property management services for the Tamiami Square buildings at 14700 Tamiami Trail N.

Real Estate

Shawn Gannaway recently passed the real estate exam and is now a licensed assistant of Lynette Grout, an hourly intern at the company. He is certified by the Florida Supreme Court as a mediator in both circuit civil and family law, and is a qualified arbitrator. His community involvement includes Habitat for Humanity, the American Cancer Society’s Relay For Life and Special Olympics.

The Naples-based law firm of Cardillo, Keith Bonanquisit has opened a second location in The Galleria Plaza in Estero. In addition to partners John Cardillo, William Keith and attorney Bonanquisit, the firm includes attorneys Christopher Marsala, John Cardillo and Scott Rowland.

Marketing

Trish Leonard, owner of TLC Marketing & Creative Services, and Mary Shallen, owner of AdSource, have been hired as agency of record for Waterford Executive Centre in Bonita Springs. The center was previously known as Dublin House.

Dana Mirman has joined the Naples office of Keeps Demaria Public Relations as an account executive to provide public media relations and strategic communication support to clients including Talis Park, Premier Sotheby’s International Realty, Strada at Mercato, Tavola at Bonita Bay and Stonegate Bank. Ms. Mirman has more than 15 years of experience in public relations, nonprofit and print and broadcast journalism, including having been an associate editorial producer at ABC News.

Travel

Robin Gleason has been named general manager of retail operations at Tommy Bahama on Third Street South. She has been with the company for 11 years, most recently in Las Vegas.

Gary Klann has been named as the top travel specialist for the Southwest Florida office of AAA, overseeing all travel agents and marketing for the area.

Retail

Deborah Zivileman of John R. Wood Realtors has earned the designation of Certified International Property Specialist. She is also the president of the Naples Association of Professional Realtors, Naples-on-the-Gulf Chapter.

Community Involvement

Stacey Herring, vice president/senior mortgage loan officer for Fifth Third Bank, is serving as chair of the 2012 NCH Hospitals Ball. Other members of the leadership committee for this year’s ball are: Stefan Contorno of Merrill Lynch, sponsorship chair; Raymond Dweck of Northern Trust, auction chair; Patrick Titterl of Lutger Insurance, past co-chair; and Reg Buxton, media and security consultant, past co-chair. The ball takes place Saturday, Dec. 27, at The Ritz-Carlton Beach Resort.

Polly Keller, founder of the David Lawrence Center and the David Lawrence Foundation, has been named honorary chairwoman of “An Evening in Venice, Masquerade Ball,” the 2013 signature fundraiser for the center. The ball is set for Friday, Jan. 18, at The Ritz-Carlton Beach Resort.

Paul Cioffi and Dan Kozlowski have been named co-chairs of the fourth annual Red, White & Roulette casino night to benefit Friends of the Library of Collier County. Mr. Cioffi is board president of the Friends organization, and Mr. Kozlowski is a board member. Red, White & Roulette takes place Friday, Nov. 2, at the Waldorf Astoria Naples.

Law

Walter Neighbors, Esq., has joined The Bryant Law Office in Naples, providing services in family law, real estate, landlord/tenant and personal injury matters. Mr. Neighbors has an extensive background in the real estate development industry, most recently serving as vice president of land acquisitions for a California company. He is certified by the Florida Bar as assistant branch manager at the Ave Maria banking center.

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Real Estate

Shawn Gannaway recently passed the real estate exam and is now a licensed assistant of Lynette Grout, an agent with John R. Wood Realtors. Jeannette Batten of John R. Wood Realtors has relocated to the brokerage's Old Naples location on Fifth Avenue South. She has joined Oscar Veliz to form the “Naples Luxury Home Team.”

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The Greater Naples Chamber of Commerce celebrated 2012 Industry Appreciation Week Sept. 17-21, culmi-
nating in the Excellence in Industry Awards luncheon on Sept. 20 at the Hilton Naples.

The following awards were presented:
 ■ Business Expansion: Presented to a company that expanded operations in 2011 investing capital and creating jobs
in Collier County. The winner: Inn on Fifth, which is building a $6 million expansion across the street from its main hotel on Fifth Avenue South.
 ■ Newcomer Award: Presented to a company that began its operations in 2011 and is experiencing optimal business growth in Collier County for the first year in business. The winner: KidsTek Learning LLC, owned by John and Lisa Van Gilder. The company uses Legos to teach children about science, technology, engineering and math.
 ■ Entrepreneurship Award: Presented to a company with 1-99 employees that sets the standard for entrepreneur-ship and creativity. The winner: Position Logic, a provider of GPS tracking software. The company was on the Inc. 500 list of the fastest-growing private companies in the United States.
 ■ Innovation Award: Presented to a company that exemplifies innovative leadership through product or process. Winner with fewer than 50 employees: The David Lawrence Center.
 ■ Green-to-Gold Award: Presented to an organization or institution that exemplifies “green leadership” through product, practice and/or process. This award advocates the sustainable manage-
ment of resources and the stewardship of the natural environment. Organizations that use and/or create technologies to build “green” economic opportunities and benefits are eligible for this award. The winner: Turrell Hall & Associates, which provides specialized consulting services in the areas of marine, environ-

tal and coastal engineering.
 ■ Civic Responsibility Award: Presented to an organization or insti-
tution that has helped create a better quality of life for all citizens in Collier County. The winner: Avow Hospice.

Naples company rescues Miami Beach project

Canyon Ranch at the 68th block of Colline Avenue on Miami Beach, exemplifies the resurgence in that area’s real estate market. Just eight hours after releasing eight penthouse residences that had been designed and constructed by Naples-based EBL Partners, all eight residences sold for an aggregate price of $7 million, yielding just under $800 per square foot.

Before EBL’s involvement began three years ago, the penthouse space on the cen-
ter tower’s 18th and 19th floors comprised one extremely large two-story suite.

“...We saw an opportunity to maximize the value of the space by transform-
ing the single suite into eight comfort-ably sized residences,” says Michael

Haykins, EBL managing partner. The work presented many challenges, the most formidable of which was the installation of new concrete floors in areas where the concrete slabs had been removed to creating the vast two-story suite, he adds. And the work had to be done while the rest of the Canyon Ranch hotel and residential tower was open for business.

Operated by the same entity that cre-
ated the famed Canyon Ranch spa in Tucson, Ariz., the Miami Beach prop-
certainty includes 580 units, 150 of which are condo/hotel. The design consists of a 35-story north tower, the 16-story center tower that houses the condo/hotel resi-
dences as well as the eight penthouses that just sold, and a 21-story south tower.

Construction and sales at the Canyon Ranch property started in 2007. As was the case for many real estate projects in Miami and throughout the U.S., the development was negative-
ly impacted by the crash of the national real estate mar-
ket. EBL assumed the role of development manager in 2010 and immediately focused on stabilizing the project by taking the necessary steps to bolster the sales program and bring the overall project to completion. Over the past two years, EBL has finished the interiors of more than 150 residences for owners within the three towers (which have been operational throughout the process).

During EBL’s first year of involvement at Canyon Ranch, 64 units were sold. That num-
ber was doubled in 2011, and sales through the first three quarters of 2012 have already matched those of 2011. The south tower has been turned over to the homeowners associa-
tion, the center tower is 90 percent sold, and if scheduled closings progress as anticipated, the north tower will be 90 percent sold by the end of the year.

In addition to other project through-

out Florida, EBL Partners is also engaged in projects in New York and Georgia. See more Real Estate news on page B9.

Chamber presents Excellence in Industry Awards

Companies honored for expansion, innovation, community service and more

Jing Li, David Flood, Felix Lluberes, Hong Long, Phil McCabe, Karen Rollins, David Schimmel, Todd Turell, Lisa and John Van Gilder

Canyon Ranch in Miami Beach

Ranch hotel and residential tower was open for business.

Many businesses that did not know they could make a claim are now included in the proposed BP Oil Spill Settlement.

Your business may qualify for compensation, even if it is located in town and not on the beach.

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Members and guests of the East Naples Merchants Association celebrated the organization’s second anniversary at The Classics Country Club on Sept. 15. Membership stands at 99 and is growing, according to Shirley Calhoun, chairman of the association. Plans are in the works for the inaugural East Naples Expo and Taste of the Expo from 2-6 p.m. Friday, Jan. 18, at Edison State College-Collier Campus. Member businesses will showcase their services, and five member restaurants will serve samples of their signature dishes. In the meantime, members meet for networking at Business After Business beginning at 5:30 p.m. on the

second Thursday of the month. For more information, call Ms. Calhoun at 435-9410 or Natalie Anguilano at 643-3600, or visit www.EastNaplesMERCHANTSASSOCIATION.com. Shown here are board members Jack Marsh, Ms. Calhoun, Ms. Anguilano and Garry Fletch. SPECIAL TO FLORIDA WEEKLY

SPECIAL TO FLORIDA WEEKLY

WEEK OF SEPTEMBER 27-OCTOBER 3, 2012

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B4 | BUSINESS
The term “hedge fund” might have you imagining a cautious fund hedging its bets and limiting its downside. But while some hedge funds are indeed conservative, some are far less regulated, and less disclosure is required of them. They’re also open only to “accredited investors” — folks earning upward of $200,000 per year or those worth more than a million dollars.

Since hedge funds are managed by less restricted, they can take more risks than ordinary investors or mutual fund managers. Many invest aggressively in options and futures, short stocks, buy deep in (other investments, in effect invest, borrow- moneyed) and make currency bets. Because of their frequent trading, hedge funds can also rack up considerable taxable capital gains.

In the right hands, hedge funds can work. Billionaire philanthropist George Soros’ Quantum Fund, for example, reportedly averaged more than 30 percent annually over several decades — though even he had years with worthwhile losses. But Soros is not average, and with more hedge funds opening for busi- ness, it’s harder to find the good ones.

Some hedge funds do deliver. But those most likely to do well in them are their managers, who frequently trade around 20 percent of all fund profits for themselves, on top of charging investors 1 percent to 2 percent per year in fees. If a fund has performed well, managers can reap hundreds of millions or billions in profits in a single year (although that’s rare).

The Securities and Exchange Commission (SEC) may soon make it easier for hedge funds to advertise to the general public. Look before you leap — and learn more at sec.gov/answers/hedge.htm.

My Dumbest Investment

Bad Advice

When I wanted to buy stock in Apple at $206 per share, my broker talked me into Kodak stock instead. Ouch! I no longer use a broker.

My Foolish School

Risky Hedges

Investors who jumped into Facebook when it debuted via its initial public offer- ing (IPO) in May have been burned. The stock opened near $40 per share, hit $45, and then fell by more than 50 percent. Some are now drooling, thinking it’s a buy, but my new name, as of 2008, resembles FoodStock. With about 13,000 restaurants in 18 countries, I call myself the world’s largest full-service dining company. I bought Applebee’s in 2007 and am working to make it 99 percent franchised. My ticker symbol is AB$. My many investments have made sky- watching more accessible for amateurs. My LightSwitch tele- phone service, for example, introduced in 2009, auto- matically align themselves with the flip of a switch, making it easy for you to zero in on objects of interest. Who am I? DineEquity

Last week’s trivia answer

I trace my roots back to a breakfast nook in California in 1938. My name used to look like a raffle ticket, then shows how moves, but my new name, as of 2008, resembles FoodStock. With about 13,000 restaurants in 18 countries, I call myself the world’s largest full-service dining company. I bought Applebee’s in 2007 and am working to make it 99 percent franchise- chised. My ticker symbol is AB$. My many investments have made sky-watching more accessible for amateurs. My LightSwitch tele- phone service, for example, introduced in 2009, auto- matically align themselves with the flip of a switch, making it easy for you to zero in on objects of interest. Who am I? DineEquity

The Executive Club of the Great- er Naples Chamber of Commerce meets at the Conservancy of Southwest Florida for networking from 5:30-7:30 p.m., Thursday, Oct. 4. This is a members-only event. RSVP at www.naples- chamber.org/events.

The Greater Naples Better Gov- ernment Committee and the Naples Press Club and the Greater Naples Chamber of Commerce host “Know Your Amendment” non-partisan review of the proposed amendments on the upcoming ballot, from 4-6 p.m. Tuesday, Oct. 9, at chamber headquarters. State Rep. Kathleen Passidomo will lead the discussion. Attendance is open to the public and is free.

The Estate Planning Council of Naples will hear from Tiffany Smith, tax counsel for the U.S. Senate Commit- tee on Finance, as the luncheon speaker at its 21st Annual Success Event on Friday, Oct. 12, at Kensington Golf & Country Club. Ms. Smith will discuss tax reform as it relates to estate and gift taxes. For tickets or more information, call Patty Luppy at 449-6300.

Members and guests of the Wome- n’s Network of Collier County meet for lunch at 11:30 a.m. on the second Tuesday of every month at Shula’s at the Hilton Naples. Cost is $25 for members and $35 for non-members. For more information or reservations, call 449-8822.

The Marco Island Area Cham- ber of Commerce invites members and guests to Business After Five from 5:30-7 p.m. on the third Wednesday of every month. The location changes from month to month. For more information, call Sam Snaed’s at 941-3900. For more information, e-mail katie@ marcoislandchamber.org.
Grill on Fort Myers Beach. “They’re making money and they’re happy.”

The waterfront restaurant celebrates its anniversary each September with birthday bargains and month-long buy-one-get-one-free entree coupons that Ms. Agius says increase customer counts. This summer, the Joey’s restaurateur, a National Geographic fellow, is inviting diners to the farm, the fishery and the table together to create new menu items and a deadline…

“The first time, the VCB has done a culinary promotion,” says Nancy MacPhee, program manager for the Lee County Visitor & Convention Bureau. “We wanted to heighten the relationship throughout Lee County. Participants can sign up online (tastedealsouthea.com) to shop with a chef, taste the in-house celebrity chef’s offerings and have a great time.”

“We’re really excited,” says Ms. MacPhee. “This event is designed to appeal to all audiences and it’s during a peak period in our October holidays. It will increase the sense of what Lee County is all about for our visitors. It highlights the restaurants that are using locally grown and harvested produce, seafood and fish. We’re doing well.”

Naples Originals is a group of locally owned independent restaurants, is also planning a new-to-Southwest Florida “pop-up” restaurant event modeled after a concept introduced in London and popular in larger U.S. cities. The local rendition will likely pair two or three chefs with diametrically opposite approaches cooking in a surprise, temporary location. “No one knows where it is until it opens.” — Beth Preddy

Naples Originals’ promotions and advertising was paid through quarterly internet gift certificate sales that offer 30 percent savings. “We decided for the first time to put all our marketing dollars there.”

The guide, says Ms. Preddy, “wasphere of success, as like Naples Originals’ promotions and advertising. It focuses most of its marketing efforts and dollars on season. This year, member restaurants participated in a restaurant week in January and in February, so we can keep diners coming back and we have with restaurants and give visitors an authentic culinary experience.”

Restaurant Week will also feature giveaways of locally grown and harvested produce, seafood and fish. “It’s a really nice week,” says Ms. MacPhee.

This strategy is paying off. More than 36 percent of the group’s 8,434 recipients opened the e-mail. “We’re local businesses supporting local businesses,” says Ms. Preddy. “It’s funny because we’re Punta Gorda’s oldest restaurant but we’re considered new because of the expansion.”

Although he doesn’t really call it a promotion, The Celtic Ray has joined forces with two other establishments — Sanada’s, a new German restaurant, and Shorty’s — to create a “mug club,” offering members a 25-ounce draft pour for the price of 20 ounces.

“We’re local businesses supporting each other,” Mr. Doyle says. “Most of us believe if we make Punta Gorda a destination for walking around, we all do well.”
NETWORKING

The 2012 Excellence in Industry Awards

Champagne & Chocolates at Shula’s to kick off The United Way campaign

We take more society and networking photos at area events than we can fit in the newspaper. So, if you think we missed you or one of your friends, go to www.floridaweekly.com and view the photo albums from the many events we cover. You can purchase any of the photos too.

Send us your society and networking photos. Include the names of everyone in the picture. E-mail them to society@floridaweekly.com.

1. Tom Graney and Dylan Sanders
2. Hong Long and Felix Lluberes
3. John and Lisa Van Gilder
4. Sheriff Kevin Rambosk and Stephanie Spell
5. Krista Fogelsong, Michael Wynn and Cotrenia Hood
6. David Gormley, Yvette Sako and Paul Befare

1. Paige Eber and Ray Bunes
2. Norman Love and Amy Sedlacek
3. Patrick Neale, Karen Klukewicz and Brad Heiges
4. Tom Donahue and Jeff Jerome
5. Alison Whalen with Robert and Lesley Colantonio
6. Reg and Sandra Buxton
Women’s Council of Realtors Naples-on-the-Gulf chapter

1. Michael Greenberg, Cindy Carroll, Julian Stokes and Mike Zimmerman
2. Dave Bower and Marsha Rogers
3. Beth Coon and Heidi Varsames
4. Cat Foster and Barry Nicholls
5. Lynn Bower and Sallie Masters
6. Pat Kazor and Laurie Cassell
7. Maxine Mix and Nancy Dalske
8. Christina Citrano and Robin Galles
9. Debbie Zvibleman, Rae Wakelin and Anita Coletti

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House Hunting:
661 Mainsail Place

On a quiet cul-de-sac in the Cayman section of Tarpon Cove with preserve and creek for privacy, this lovely three-bedroom, two-bath villa has so much to offer. There’s a delightful sunroom and a brick paver patio, crown molding and warm wood floors throughout, plantation shutters, high ceilings and curved archways. The kitchen and master bath each have a solar skylight, and the two-car garage has lots of built-ins for extra storage.

Tarpon Cove membership gives owners tennis, boating, bocce ball and beach transportation by boat as well as golfing at Spanish Wells.

Mary Raymond of Downing-Frye Realty has the listing for $395,000. Call 269-6105 or e-mail maryraymond@comcast.net to arrange a private showing.

Final homesites at Manchester Square released

SPECIAL TO FLORIDA WEEKLY

WCI Communities announces its Manchester Square community is more than 75 percent sold, with only 26 of 117 homesites remaining.

Available homes include 19 single-family designs and seven attached villas with two to five bedrooms and 1,57 square feet to 3,395 square feet of living space. Prices start at $224,990. One quick-delivery home, the single-family Gardenia II, is available for near-immediate occupancy and is priced at $435,760.

Manchester Square’s six single-family designs include one- and two-story plans with two- or three-car garages and offer a variety of lifestyle options.
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VILLAGE WALK OF NAPLES

NEW LISTING
WELL MAINTAINED 3BR, 2.5 BA plus den features the popular Oakmont floor plan, and is move in ready! The home offers NEWER HVAC and refrigerator, granite, tile in living areas and master, crown throughout entire home, hurricane protection, private pool with lake views and more!

$375,000

NEW LISTING
OAKMONT, 3 Bedroom, 2.5 Bath with huge screened patio facing South. Full hurricane shutters, great location and a spotless home.

$367,000

NEW LISTING
WELL CARED FOR OAKMONT. 3BR, 2.5BA Single family home on a wide, cul-de-sac! The home is located in the middle of the community, and offers pool, granite in the kitchen, crown molding, and new a/c unit.

$399,000

NEW LISTING
OPPORTUNITY KNOCKS!! 3BR, 2.5 BA plus den single family Oakmont is priced well below market value to SELL QUICKLY! Home is being sold "AS IS" and is in need of some "TLC". The home offers great location, EXTENDED living area, built-in entertainment center, window treatments, tile in all living areas, and private pool. Take advantage of this opportunity!

$325,000

VILLAGE WALK OF BONITA

NEW LISTING
VILLAGE WALK OF BONITA MAGNIFICENT 4BR, 3.5 BA Carlyle located on PREMIER LOT! This move in ready Carlyle is located on one of the largest home-site and largest lakes within the community! A former builder model the homes interior features tasteful upgrades throughout. A screened lanai with private pool and breathtaking lake views completes the package, and creates the perfect place to entertain! Schedule your private showing appointment today for this must see home!

$375,000

NEW LISTING
MAKE OFFER
PRISTINE POOL HOME! Pristine 4BR, 3.5BA Carlyle with Southern exposure, features plenty of windows to let in the natural light! Cherry, bright neutral interior, upgraded throughout, screened lanai with lake views and heated pool.

OWNER WILL CONSIDER ALL REASONABLE OFFERS.

$465,000

NEW LISTING
MAKE OFFER
VILLAGE WALK OF BONITA

WELL MAINTAINED 3BR, 2.5BA Single family home on a wide, cul-de-sac! The home is located in the middle of the community, and offers pool, granite in the kitchen, crown molding, and new a/c unit.

$399,000

NEW LISTING
VILLAGE WALK OF BONITA

LOCATION LOCATION! Light and Bright FIRST FLOOR END UNIT 3BR, 2BM condo! Move in Ready condo offers spacious rooms, large tile, eat-in kitchen, and private screened lanai. Perfect condo for full time residence or occasional vacation home! Close to everything prime location!

$139,900

ISLAND WALK OF NAPLES

MAKE OFFER
PRISTINE POOL HOME! Once you see this 2BR, 2BA Carpi with PRIVATE CUSTOM POOL and SPA you will want to make it yours! This lovely villa is located on a larger home-site and is just steps from the Town Center and all the wonderful amenities Island Walk has to offer. The home is just perfect for the full time resident or an occasional vacation home! CHECK IT OUT TODAY!

$279,900

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with outstanding views of Galleon Cove and impressive curb appeal with cobble stone drive way and motor courts. Impeccable grounds with mature plantings and Royal Palm trees. Grand two story estate designed to emphasize the wide water views on prime lot and half 149 x 197. A custom built estate in 2002 with 7,994 under air and total sq. ft. of 9,866 plus 3 car garage.

Hollywood director would have been hard pressed to match this dramatic “Look” with spiral stair case the perfect scene from “Gone From the Wind”. Ballroom size rooms and a vision of a Bride coming down the stairs. The formal floorplan is a WOW the moment you walk in and a lovely spacious home that loves to entertain. Order up your favorite cocktail from the living room bar or select a fine wine from the wine cooler. The wait staff with silver platters await your attendance to this party home. Six or more suites, office, library, and 5 and half baths. The stairs lead to open walk way over looking the grand salon and wide halls to spacious deluxe suites and library. Quiet pallet of colors and blend of marble and wood floors. Open wrap around balconies on the second level capturing long water views of inter coastal.

Extensive custom mill work, moldings; cast stone fireplace and coffer ceilings. Walk in pantry and large kitchen with island and eat in bar. The family room is two stories high with oversized glass windows framing out tropical views of infinity edge pool/spa and aqua blue waters. Lovely gentle breezes; passing yachts and curious dolphins. Exquisite sunrises and sunshine all day with south east exposure. Blue and white canvas awnings adding a Palm Beach look. Patio’s, garden, and loggias on the waters edge. A lovely gazebo with summer kitchen and breezy sheer panels. The ultimate community for yachting with a 50 ft. dock and boat lift.

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• Sanibel, FL 33957
• 3PZBM4IFMM4BMFTDPNt 3PZBM4IFMM3FOUBMTDPNt

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Florida home sales continue run in August

Housing figures released Sept. 19 were good news for Florida, with prices and sales both increasing in August from a year earlier, according to statistics released by Florida Realtors.

Sales of single-family homes rose 10.8 percent in August from a year earlier, while pending sales, those signed but not closed upon, jumped 40.2 percent from August 2011. Pending sales tend to close within 90 days.

While prices have risen, the inventory of available homes has dropped, a sign that prices may continue to rise as buyers compete for fewer homes on the market. There is now a 5.3-month inventory of homes, John Tuccillo, chief economist with Florida Realtors, said in a statement released with the statewide results.

“Everything that should be going up is going up, and everything that should be going down is going down,” Mr. Tuccillo said. “After the six years of turmoil, it’s good to see the trends strongly moving in the right direction.”

Florida’s experience in August mirrored national trends for the month, though price gains were more moderate.

“After the six years of turmoil, it’s good to see the trends strongly moving in the right direction.”

— John Tuccillo
Florida Realtors

Nationally, single-family home sales rose 9.3 percent from August from a year ago. The national median price for all housing types was $385,400 in August, up 9.5 percent from a year ago.

In the South, existing-home sales in August rose 7.3 percent from July and were 11.1 percent above August of 2011. The median price in the region was $660,100, up 6.3 percent from a year ago.

“The housing market is steadily recovering with consistent increases in both home sales and median prices,” according to Lawrence Yun, chief economist with the National Association of Realtors. “More buyers are taking advantage of excellent housing affordability conditions.”

Buyers who can get credit are also benefiting. Freddie Mac reports that the interest rate for a 30-year fixed-rate mortgage averaged 3.60 percent in August, lower than the 4.27 percent averaged a year earlier.

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Rain or shine
At the first Bayfront Farmers Market, and more fun. C21, 22, 24

Fifty shades of dirt bag
Artis Henderson ponders the attraction of bad boys. C2

Mouth-watering mystery
Book reviewer Phil Jason enjoys the next installment in the Key West Food Critic series. C14

Friends of the Library of Collier County showcases paintings by Karen Stone and Lynne Wilcox, the owners of ArtGallery OldNaples2, for the next exhibit in the West Wing Art Gallery at the Naples Regional Library.

On display Oct. 1-31, the show consists of 30 pastel paintings of landscapes painted outdoors or “plein air” and still life paintings. A nationally recognized pastel artist, pastel judge and teacher, Ms. Stone is the daughter of art collectors. She started painting in elementary school. After a 36-year career in marketing and advertising, she began to chase a life-long dream: to become a fine art painter. She traveled to the south of France with a group of artists and studied with noted pastel masters, including Albert Handell. Her style is impressionism, and she prefers to paint landscapes, especially those in Naples, and likes the ease of painting outdoors with pastel sticks in every imaginable color. That’s the case in her welcoming pastel “Flying High,” with birds hovering over a beach path to the gulf, which she completed at Delnor-Wiggins Pass State Park’s Parking Lot 3.

Studio partners showcased in next library exhibit

BY BILL PAPPALARDO
Special To Florida Weekly

Friends of the Library of Collier County showcases paintings by Karen Stone and Lynne Wilcox, the owners of ArtGallery OldNaples2, for the next exhibit in the West Wing Art Gallery at the Naples Regional Library.

On display Oct. 1-31, the show consists of 30 pastel paintings of landscapes painted outdoors or “plein air” and still life paintings. A nationally recognized pastel artist, pastel judge and teacher, Ms. Stone is the daughter of art collectors. She started painting in elementary school. After a 36-year career in marketing and advertising, she began to chase a life-long dream: to become a fine art painter. She traveled to the south of France with a group of artists and studied with noted pastel masters, including Albert Handell. Her style is impressionism, and she prefers to paint landscapes, especially those in Naples, and likes the ease of painting outdoors with pastel sticks in every imaginable color. That’s the case in her welcoming pastel “Flying High,” with birds hovering over a beach path to the gulf, which she completed at Delnor-Wiggins Pass State Park’s Parking Lot 3.

Audition call

A front-row seat at tryouts for the new season

BY GLENN MILLER
Florida Weekly Correspondent

They know the auditioning drill. Sally Ann Swarm from New Jersey certainly knows it. And Jessica Bircann from Miami. And Kristy Chamberlain of Fort Lauderdale. They knew what awaited them at TheatreZone when Mark Danni held the door open and said, “Hello, my name is Mark.” He’s the managing artistic director for the professional theater company. Each of the actresses walked in alone and...
SANDY DAYS, SALTY NIGHTS

The fifty shades edition

My friend Lena recently met a man, Dave, a friend of a friend who came out drinking with her co-workers one Friday night. Lena is young and pretty, fiery in a way men like; Dave is in his mid-40s, tattooed, and likes to spend his weekends on a Harley.

When Lena found herself seated next to Dave at the bar, she was surprised at how easily they fell into conversation. They spent the entire evening by each other's side and after exchanging phone numbers, they spent every afternoon together during the week that followed. They talked about the music they both loved and their shared admiration for quirky films. They confessed a mutual love of travel and Dave promised to take Lena on a bike trip through the state.

"He sounds perfect," I said when she described him to me.

But Lena just shrugged her shoulders. "I don't know."

The next Friday night, Lena and Dave met up at a bar with a group of friends. They were both tipsy by the time last call came, and Lena put aside her ambivalence and agreed to go home with him. If you've read Steve Harvey — or just about any other dating advice book — you know that this was way too soon for Lena to give up what Mr. Harvey calls "the cookie." But these are fast times we live in, and most women have abandoned the art of holding out.

Besides, Lena told us later, things had been so smooth that she was sure Dave was a genuinely good guy. Right up until the moment when he opened a drawer beside the bed and pulled out a set of leather restraints.

"Are you into this?" Dave asked.

Lena eyed the straps. There were two sets, one for her hands and one for her feet.

She shook her head. "That's not really my thing."

Dave slipped the restraints back into the drawer, closed the cabinet, and made as if the naughty invitation had never happened.

"But on our first time together?" Lena said later as she told the story to friends. "It seems like a little much." We all cringed, imagining where the night might have led.

What a relief when I learned later that Dave had stopped calling her. All his enthusiasm, his promises of road trips and motorcycle rides, his talk of compatibility and shared interests — gone, as if they had never been discussed in the first place.

But here's the perplexing part: Dave's disappearance drove Lena mad. Instead of being relieved that she dodged the proverbial bullet, she obsessed over him. She bemoaned his bad behavior to anyone who would listen. She called him constantly, left pleading voicemails and texted his phone. All of which went unanswered.

Lena might not have been up for the rough treatment in the bedroom, but she was more than willing to take abuse on the relationship front.

As Elle magazine's relationship columnist E. Jean writes: "Women say they want a 'nice guy,' but show them an --- who treats them like dirt and they'll trample over their own therapists to get to him."

Perhaps there is a touch of masochist in all of us.

let's get naked

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Like “Flying High’s” back story, Ms. Stone tells a tale in her work. “Whether the scene is a beach, forested area or seascape, the marks of pastel may change on the surface, but the end result must tell a story,” she says. “That’s how I determine the success of the painting. Without ‘the story,’ I might as well have taken a quick shot with my camera.

“For me, paintings need an emotional quality. I like the mystery beyond the sense of the scene.”

Ms. Stone is a first-place winner in national, local and juried shows, including the Founders Show at The von Liebig Art Center, and she has represented the Southwest Florida Pastel Society at the International Association of Pastel Societies biennial. She has a BFA degree in painting from the Rhode Island School of Design.

Chicago native Lynne Wilcox also began painting in an artful household — her mother was a watercolor artist. She received her bachelor’s degree in art and education from the State University of New York, taught art, raised a family and pursued a business career. After retirement, she discovered the medium of pastels, and has studied with master pastelists from the Pastel Society of America Hall of Fame.

Ms. Wilcox says strong composition and a range of values give her paintings a necessary structure. Realism also drives her art and helps her formulate the composition or “backbone” of a painting. This is evident in “Three Pears,” a still life developed her favorite way, in a controlled studio.

“I paint a lot of common objects,” she says. “I like people to look a painting over, to say it has structure, beauty and color to get them to ‘go there.’”

Ms. Wilcox created “Three Pears” while vacationing in Vermont. “There is a limited palette of colors to simplify it and get the eye moving,” she says. “For me, limiting the colors creates unity.” Her goal with “Three Pears,” she adds, was “to get the viewer to think about eating the pear.”

Ms. Wilcox is a juried associate member of the Pastel Society of America, and a top award winner at juried exhibitions including the International Association of Pastel Societies Annual Web Exhibition, shows at The von Liebig Art Center and the Center for the Arts of Bonita Springs.

— Bill Pappalardo is the executive director of The Friends of the Library of Collier County. The West Wing Art Gallery is at the Naples Regional Library, 650 Central Ave. Operated by the Friends of the Library since the late 1990s, the gallery provides a public venue for local artists to display their works. Gallery hours are 9 a.m. to 7 p.m. Monday-Thursday and 9 a.m. to 5 p.m. Friday-Saturday. For more information, call 262-8135 or visit www.collier-friends.org.
audition

from page 1

After the door closed, it had 10 minutes to display her acting and singing chops. They were among about 100 candidates who auditioned over two days. A recent weekend at the G&L Theater on the campus of The Community School, the home of TheatreZone.

Mr. Danni and his staff were casting shows for the company's eighth season, which opens Nov. 29 with "A Funny Thing Happened On The Way To The Forum.

Seven Actors Equity contracts were available for that show. Only seven.

Other contracts were available for other shows, but the candidates outnumbered the openings. Professional actors know that and they know about the 10 minutes they're allotted.

"Every professional actor knows this," Mr. Danni said, sitting in the theater, Starbucks cup in hand, before the auditions began. "They have their picture and resume stapled together. They have their music. Usually 32 bars. Never a whole song." His wife and resident choreographer Karen Molnar or accompanist Charles Fornara will read with the auditioning actors.

Later in the day, groups of 10 or 12 actors were brought in to dance. "Just to make sure they move and all that," Mr. Danni said. "Then we let them go on their way.

That was said around 9:45 a.m. on the first of two long days of auditioning. Before another weekend rolled around, the actors would know if they had won a part.

Mr. Danni doesn't like to dawdle when evaluating talent. "One reason, they're all fresh in my mind," he explained. "So then we go through... comparison may be the death of us. By the end of the week, I'm trying to make offers, because these people are getting other offers.

who are 'these people'?

The one-sentence question on stage on the first of the two days was 50-year-old Naples resident Randall Kenneth Jones. He's no stranger to Mr. Danni: "Hello, Randy," Mr. Danni said as he walked in. "Randy."

"Hello, Randy," Mr. Danni said as he entered.

Mr. Danni read and sang from "A Funny Thing Happened On The Way To The Forum.

"That's it," Mr. Danni told him when the audition ended. "It was great, Randy."

Mr. Jones knows about auditions and acting. After he exited the stage, he sat in the lobby and chatted about his career. The first thing I ever recall being in was 'Christmas Cookies' in Mrs. Watt's fifth-grade class in Columbia, Mo," he said.

Now, Mr. Jones is a dynamo who describes himself on his LinkedIn profile as "Marketing-company entrepreneur, humanitarian, editor, writer, speaker." Although not an Actors' Equity member, he has deep auditioning experience. He estimated he's auditioned about 200 times since his days at Fairview Elementary back in Missouri.

I'm one of those weird people who said, "I actually think the audition process is so interesting." At age 24, Khrystal Chamberlain of Fort Lauderdale was in the theater giving her audition. She'd spent about 10 minutes in the G&L Theatre on the campus of The Community School, the home of TheatreZone.

"I feel good," Ms. Bircann said before her TheatreZone audition. Becca McCoy drove about three hours from her St. Petersburg home with her 4-year-old daughter, Nancy, and a friend, Rolando Ramos. The adults were actresses auditioning. Nancy didn't know that morning, but her mom was planning to take her on a side trip, perhaps to The Naples Zoo.

"I feel good," Ms. Bircann said before her TheatreZone audition. Becca McCoy drove about three hours from her St. Petersburg home with her 4-year-old daughter, Nancy, and a friend, Rolando Ramos. The adults were actresses auditioning. Nancy didn't know that morning, but her mom was planning to take her on a side trip, perhaps to The Naples Zoo.

First, though, mom had to walk in the theater and give it her best. The stage is familiar territory for Ms. McCoy. On her website she describes herself as a "proud member of Actors' Equity Association." Her long list of credits includes "The Pirates of Penzance" in Chicago and numerous regional productions in Florida, West Virginia, Indiana and South Carolina.

Another city? Another audition? Another stage? "I take it in stride," Ms. McCoy said.

curbing stage fright

Mr. Danni, Ms. Molnar and Mr. For- nara were sitting inside the theater doors. They know what it's like to be on the other side, however, and all three say they want to make the auditioning process as painless as possible for actors hoping for a part.

Ms. Molnar recalled her time in New York City going to auditions. "Just the thought of it again sets my stress meter trembling. "I get ter- rified," she allowed. "Every time, no matter how many times I've done it." I laughed. A few moments ear- lier she had said she likes her new role, watching auditions and casting parts instead of doing them herself and hoping against hope for an offer. "I like sitting here," Ms. Molnar said, coming from a comfortable seat in the theater.

TheatreZone staff doesn't want its auditions to remind actors of the uncomfortable scene for Geof- rrey Rush's character, Lionel Logue, in "The King's Speech." As a speech therapist in the film, he falls to impress the folks at a theater where he auditions and is set on his way without a glimmer of hope.

"Ninety-five percent of your auditions are like that," Ms. Molnar said. "They're cold. You get nothing. That's why a lot of people like coming here.

As she, her husband and Mr. Fornara chatted before tryouts began, the name of one-time Tampa Bay Bucs coach John McKay, an acerbic and witty fellow, was brought into the discussion. Football teams don't have auditions, but they do have tryouts and training camps. The Bucs once had a kicker who said he was nervous with Mr. McKay watching him in practice. "I don't think he's got much of a future here because I plan on going to all the games," Mr. McKay famously said.

Ms. Molnar said performers can't be like the kicker, nervous about the coach or director. And she doesn't want to make TheatreZone actors nervous.

They also don't want to keep actors waiting and waiting to learn if they were selected.

"When we lived in New York and Karen was auditioning, a lot some times you sit there and after a while you go, 'Whoa, I guess I didn't get that,'" Mr. Danni said. "People who have not gotten (a role), I send them an e-mail. Thank you very much. You're very tal- ented, but we don't have anything."

He and others in the decision-making seats at TheatreZone look for more than just talent, however. "I want to make sure they have their head on straight," he said. "They have to be good to work with. We try to get a sense of their personalities. We only have 10 rehearsals for each show, so it has to be a group of people that feels safe with each other."

Mr. Fornara, the accompanist, also offers advice for actors who plan to sit.

"I know a lot of songs, but if you bring me something crazy in the key of F sharp major, I feel bad formessing it up," he said. "I'm not the greatest sight reader in the world, but I'm a pretty good audition pianist. But I've been brought music a lot of times by actors.

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**Theater**


**“Picasso at the Lapin Agile** – by Laboratory Theater of Florida through Sept. 29 at 1634 Woodford Ave., Fort Myers. 218-0481.


**Thursday, Sept. 27**

**Bingo Cruise** – Board the Double Sunshine for a few rounds of Bingo from 10-11:30 a.m. $20 per person, 263-4949 or 450-4871.

**Film & Lecture** – “Exploring the Legacy of Rachel Carson” takes place from 5-8 p.m. in Griffin Hall at Florida Gulf Coast University. Free: 900-1434 or www.fgcu.edu/whitakercenter.

**Friday, Sept. 28**

**Belly Up** – It’s celebrity bartender night to benefit United Way of Collier County from 5-8 p.m. at Griffin Hall at Florida Gulf Coast University. Free: 900-1434 or www.fgcu.edu/whitakercenter.

**Live Music** – The Bean Pickers perform from 7-9 p.m. at Fred’s Food, Fun & Spirits. 2700 Immokalee Road. 438-7928 or wwww.fredsnaples.com.

**Saturday, Sept. 29**

**Eat Up** – Kids can learn the value of a diet filled with fruits and vegetables of various colors at “How to Eat a Rainbow” from 10-11 a.m. at Whole Foods Market in Mercato. $10. 552-5000, www.wholefoodsmarket.com.

**Big Boy Toys** – The Big Boy Toys Expo runs from 10 a.m.-6 p.m. today and 10 a.m.-5 p.m. Saturday at Germain Arena. 543-9999 or info@bigboyshow.com.

**Museum Day** – Celebrate National Museum Day at the Naples Depot from noon-4 p.m. with free admission and special activities, including a miniature railroad, barbecue, and arts and crafts. 1051 Fifth Ave. S. 262-6035 or collinermuseums.com.

**Make A Splash** – Friends of Foster Children of Collier County invite all ages to “Make a Splash for Foster Children” from 5:30-8:30 p.m. at Sun-N-Fun Lagoon. $10. 262-1808 or www.friendsoffostercare.org.

**Jewish Humor** – The Jewish Federation of Lee and Charlotte Counties presents “You Won’t Succeed on Broadway if You Don’t Have Any Jews” beginning at 7:30 p.m. in the Foulds Theatre at the Lee County Alliance for the Arts, Fort Myers. $30. 485-4449, ext. 3, or www.jewishfedoflcc.org.

**Laugh It Up** – Florida’s Funniest Comedy Competition starts at 7 p.m. at Fred’s Food, Fun & Spirits. 2700 Immokalee Road. 438-7928 or www.fredsnaples.com.

**Movie Music** – The Naples Philharmonic Orchestra presents “Out of this World: Music from the Movies” at 8 p.m. $30. 597-1900 or www.ThePhil.org.

**Sunday, Sept. 30**

**Asian Moon** – Seminole Casino Immokalee presents the Asian Moon Festival with performances by DUOAYUEN and Ash Minh from 10-1-1 p.m. Doors open at 9:30 p.m. www.seminoleetacoinevents.com.

**Monday, Oct. 1**

**TGIM** – Thank God for Indie Mondays! with Eric Raddatz of the Fort Myers Film Festival at the Sidney & Berne Davis Art Center. Doors open at 6:30 p.m. for a happy half hour and the films begins at 7 p.m. $5. www.fortmyersfilmfestival.com.

**Tuesday, Oct. 2**

**Art on Marco** – “The 20th Century Seminole Experience” by Muffy Clark Gill opens with a wine-and-cheese reception from 5-7 p.m. at the Marco Island Historical Museum. The exhibit will remain through Dec. 27, Free. 180 South Heathwood Drive, Marco Island. 642-1440 or www.collinermuseums.com.

**Wednesday, Oct. 3**

**Open Mic Night** – Bring your instruments and/or your original music for open mic night from 7:30-10:30 p.m. at Fred’s Food, Fun & Spirits. 2700 Immokalee Road. 438-7928.

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**Faculty Recital** – The FGCU Bower School of Music presents a faculty piano recital at 7:30 p.m. Oct. 4. 590-7292 or www.fgcu.edu/CAS/BSM/Concerts.html.

**Pop Art** – The Center for the Arts of Bonita Springs hosts a campus open house and a reception for “Pop Art with Andy Warhol” from 6-8 p.m. Oct. 5. Free. 26000 Old 41 Rd. 495-8949 or www.artcenterbonita.org.

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Nautical Nostalgia
Diagnosis: Vitamin “Sea” Deficiency
Prescription: Get your juices flowing with a simmering carefree cruise. Sip cocktails at sunset gawk at glaciers, perfect your Salsa Dancing, PLAY!
Suggested Therapy Options:.......................

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Someday Syndrome
Diagnosis: Insufficient Indulgence
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Suggested Therapy Options:.....................

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Trivial Pursuits
Diagnosis: Chronic Deja Vu
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Suggested Therapy Options:.......................

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9. Crab house 
10. Crab house 
11. Sea, to Ritz 
12. To-Fla. 
13. Papi's 
14. Sea, to Ritz 
15. To-Fla. 
16. Papi's 
17. Sea, to Ritz 
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37. Papi's 
38. Sea, to Ritz 
39. To-Fla. 
40. Papi's 
41. Sea, to Ritz 
42. To-Fla. 
43. Papi's 
44. Sea, to Ritz

**HOROSCOPES**

- **LIBRA (September 23 to October 22)**: You might surprise everyone by being unusually impulsive this week. But even level-headed Libras need to do the unexpected now and then.

- **SCORPIO (October 23 to November 21)**: A period of turmoil gives way to a calmer, more settled environment. Use this quieter time to patch up neglected personal and/or professional relationships.

- **SAGITTARIUS (November 22 to December 21)**: A new relationship could create resentment among family and friends who feel left out of your life. Show them you care by making more time for them.

- **CAPRICORN (December 22 to January 19)**: Concentrate on finishing all your unfinished tasks before deadline. You’ll then be able to use this freed-up time to research new career opportunities.

- **AQUARIUS (January 20 to February 18)**: You’re right to try to help colleagues resolve their heated differences. But keep your objectivity and avoid showing any favoritism ‘twixt the two sides.

- **PISCES (February 19 to March 20)**: Your personal life continues to show positive changes. Enjoy this happy turn of events, by all means. But be careful not to neglect your workplace obligations.

- **ARIES (March 21 to April 19)**: Although you love being the focus of attention, it’s a good idea to take a few steps back right now to just watch the action. What you see can help with an upcoming decision.

- **TAURUS (April 20 to May 20)**: “Caution” continues to be your watchword this week, as a former colleague tries to reconnect old links. There are still some dark places that need to be illuminated.

- **GEMINI (May 21 to June 21)**: Making a good first impression is important. Revealing your often hidden sense of humor can help you get through some of the more awkward situations.

- **CANCER (June 22 to July 22)**: Taking that Cancer Crab image too seriously? Lighten up. Instead of complaining about your problems, start resolving them. A friend would be happy to help.

- **LEO (July 23 to August 22)**: A widening distance between you and that special person needs to be handled with honesty and sensitivity. Don’t let jealousy create an even greater gap between you two.

- **VIRGO (August 23 to September 22)**: Congratulations. Your handling of a delicate family matter rates kudos. But no resting on your laurels just yet. You still have to resolve that on-the-job problem.

- **BORN THIS WEEK**: People of all ages look to you for advice and encouragement. You would make an excellent counselor.

---

**PUZZLES**

### PUZZLE DIFFICULTY this week:

- **★ ★ ★** Trusted
- **★ ★** Moderate
- **★** Easy

**Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.**

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**PUZZLES**

**PUZZLES**

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**PUZZLES**

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**PUZZLES**

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**PUZZLES**

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The Master

10 Years ★ ★ ★

Channing Tatum, Rosario Dawson, Chris Pratt Old friends reunite for their 10-year high school reunion; some have moved on and are doing well, others, not so much. It's occasionally funny, but with so many storylines it gets as boring as you'd expect a reunion at which you with so many storylines it gets as boring

The Master ★ ★ ★

(Philip Seymour Hoffman, Joaquin Phoenix, Amy Adams) A WWII veteran and lost soul (Phoenix) goes under the wing of a charismatic cult leader (Hoff-

to a building full of mercenaries. It's a bold move to keep the main characters locked inside for the last hour of the 95-minute movie (some will be remind-
ed of “The Raid: Redemption”), but enough happens to keep things moving and warrant our attention.

None of the above sounds like typical comic book fare, and the film is certain-
l y a far cry from the cheezy 1995 Sylves-
ter Stallone version. The most shocking moments come with the violence that is blood-soaked and relentless. When the main character has a gun that has different settings (“incendiary,” “armor-piercing” and “rapid fire,” for example), we should expect nothing less.

Thankfully, the chaotic action looks good and the 3D is something to behold, in part because the slow motion shots of water, bullets and characters on drugs are unlike anything we've ever seen. Add to this some techno music that keeps the tempo high and a nice perfor-
mance from Urban, especially consid-
ering we never see his entire face, and

keeps the tempo high and a nice perfor-
mance from Urban, especially consid-
erning we never see his entire face, and

warrant our attention.

To part of the gritty and visually

Arn

perceptible because an important part of the gritty and visually arresting appeal of “Dredd” is its, well, sense of dread.

The futuristic setting is nota-
dark and bleak, and the colors in Mark Digby's produc-
tion design are appropriately washed out to convey despair. At the same time, director Pete Travis’ film has a tremendous sense of style, with nicely edit-

d action sequences and slow-
motion visual effects. In other
words, this isn’t a world you

want to live in, but it’s the per-
fect setting for the equally grim story.

Karl Urban (“Bones” McCoy in “Star Trek”) stars as Dredd, a respected, no-nonsense judge who plays things by the book. While he’s training and evaluat-
ing a rookie with psychic abilities named Anderson (Olivia Thirlby), the two are called to a crime scene at which three men have been skinned and dropped from the top of a 200-story apartment complex. Little do they know that the building is controlled by a drug lord called Ma-Ma (Lena Headley), a former prostitute who loves brutal violence.

Upon discovering that this is Ma-

s Ma-Ma’s headquarters and where her drug

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**WRITING CHALLENGE**

Florida Weekly’s annual writing challenge moves on to round four this week. We close out round three with a handful of poems readers sent in inspired by the photo of a fallen tree and a wrecked bench. We’re now looking for you to crack your knuckles, boot up the word processing software and write up your riff on our newest photo prompt: the photograph of the stairway. Using the picture as a starting point for your creative process, we hope you’ll come up with a fictional work of no more than 1,000 words.

We’ll accept your original stories in Word format or pasted into the body of an e-mail until Saturday, Oct. 13. E-mail them to writing@floridaweekly.com. No snail mail, please. Be sure to include your name, address and contact information, along with a headshot if you have one. We’ll print our favorites from week to week as space allows.

The earlier we receive your submission, the better your shot at seeing it in print. We’ll continue with new photo prompts and showcase a few ultimate winners in November. Thanks for writing, and good luck.

---

**Storm Dance**

**BY LYNNE VANSIVER, FORT MYERS**

To the music of the rain
A wild pas de deux tree with wind
A struggle in vain.

**Trees Tire Too**

**BY TOM CHASE, FORT MYERS**

Trees get tired of standing too,
Just like me and you and you,
Sometimes they lay down at night,
When darkness takes away our sight.
Sometimes they lay out in broad day,
But straighten before seen that way.
Trees have roots and crowns and wood,
But really can’t see all that good.
Their sight is worst with summer thirst,
Water them well or your blue bench’ll burst.

---

### Storm Dance

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A struggle in vain.

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**The Storm and the Park**

**BY ARLENE S. KINCAID, PORT CHARLOTTE**

It was a beautiful park where the kids came to play.
A beautiful park on a wonderful sunny day.

But Mother Nature became upset and blew
her heavy hot breath across the park.
Then the rain and the wind came with a furry in the dark.
The sun came up from the eastern sky,
and people couldn’t believe what they saw with the eye.
The beautiful park where the kids came to play,
didn’t look the same on that summer day.
The trees were uprooted and tossed around.
The bright painted table and bench were destroyed,
and they laid on the muddy ground.
It was a very sad sight indeed, but the slide
and the merry-go-round were still OK.
And the kids had hope for the park repairs
so they could once again come to play.

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- Hinckley Yachts • Cafe & Bar Lurcat • Inn on Fifth
- Regina’s Ice Cream • Naples Players • Osestra
- Bob Baker Shoes • Café Luna • Vergina

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Round four photo. Send in your stories inspired by this picture.
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Tarpon Lodge
The Melting Pot
The Sandy Butler Market
The Survey Café
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The Florida Weekly is now available at participating McDonald's.
gresses. Clearing Eric of suspicion would seem to demand the determined action of this dynamic duo.

Several other aspects of “Death in Four Courses” are just as engaging as the pursuit of the clues. One of these is the careful, subtle exploration of the complex relationship between Hayley and her mother. Though she respects her mom, Hayley nonetheless has a good bit of bitterness stored up, for both good and not-so-good reasons. Her mother’s visit tests both women, and readers will enjoy the ways in which it provides opportunities for mending what has been torn.

The novel also provides insights into the writing life, along with the advice column mysteries. Her books and stories have been short-listed for Agatha, Anthony and Macavity awards. She’s a member of Mystery Writers of America, Romance Writers of America and Sisters in Crime (of which she is a past president). When she’s not in Connecticut, you can find her on Key West.

— Phil Jason, Ph.D., United States Naval Academy professor emeritus of English, is a poet, critic and freelance writer with 20 books to his credit, including several studies of war literature and a creative writing text.

More about Lucy Burdette

Ms. Burdette’s alter-ego, clinical psychologist Roberta Isleib, has published eight mysteries, including the golf lover’s mystery series and the food business, insights into the food business, award-winning, romantic dining at Southwest Florida’s most elegant restaurant.

Experience award winning, romantic dining at Southwest Florida’s most elegant restaurant.

“Death in Four Courses” is mouthwatering. Hayley Snow is delicious. This humer-seasoned food for thought will tickle your mental taste buds.

...Lucy Burdette is the careful, subtle exploration of the complex relationship between Hayley and her mother.
Jacob Petit (1796-1868) was a talented porcelain painter who worked for the Sevres factory in France, then opened his own shop. He moved his company to Paris in 1869. In less than 10 years, he had hired about 200 people to make and decorate porcelains. They made ornamental vases, statuettes, inkwells and perfume bottles. A specialty was figural veillées shaped like sultans or fortune tellers. These were tea warmers meant for use in the bedroom. Each was a stand with a space for a candle heater and a teapot. Most of the Petit pieces had decorations that were colored pink, light green, pale purple, black and gold. He used the cobalt-blue initials “J.P.” as his mark, but many of his pieces were not marked. His customers wanted “antique-style” china, so he made copies of Sevres vases, Meissen figurines, many patterns of English dinnerware, Chinese export porcelain and more. These copies often are mistakenly identified as original old pieces. But Jacob Petit porcelains are so attractive and well-made that they are almost as pricey as originals.

Q: I own a heavy wooden chair that I purchased years ago for $25. The back of the chair is marked “P. Derby & Co. Inc., Gardner, Mass.” I am interested in the history of the chair and its value.

A: Derby, Knowlton and Co. was established in Gardner in 1863. Several years later, Mr. Derby bought out his business partners. In 1880 he established P. Derby & Co. By 1897 P. Derby & Co. was listed as the second-largest chair manufacturer in the country. It had branches in Boston, New York and Chicago. The company specialized in cane furniture, but also made traditional wooden tables and chairs. It went out of business in 1935. Most Derby chairs are worth $25 to $50.

Q: I recently bought a ceramic box at a yard sale. The base color is white, and the box is decorated with gold trim, green vines and a green frog. The bottom is marked “Freeman Leidy, Laguna Beach, Calif.”

A: California pottery-making was in its prime during the 1930s and ‘40s. During World War II, California pottery production increased because there were no imports from Japan, Germany or Italy. Freeman Leidy was active in Laguna Beach from 1944 to 1955. The company made figurines, tiles and giftware. It also made many glazed and footed ceramic boxes like yours, often with floral designs. Price depends on size. Your box could sell for about $200.

KOVELS: ANTIQUES

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These 10-inch-high urns in the Sevres style were probably made by Jacob Petit, who owned a company in Paris. Collectors know that many companies that operated in or around Paris from 1820 to 1890 did not sign their work, so auctions often refer to these pieces as “Old Paris” or “Paris” porcelain. This pair sold at a Cowan’s auction in Cincinnati for $510.

Q: Years ago, my great-aunt gave me a hand-colored etching done by Robert Dighton in 1802. It’s 9 by 12 inches and shows an actor named Mr. Braham playing the character of Orlando from Shakespeare’s play “As You Like It.” My great-aunt thought it was worth some money.

A: Robert Dighton (c.1752-1814) was a British actor and printmaker. His first prints were for John Bell’s edition of Shakespeare’s works (1775-76). He eventually made etchings of actors, actresses, military officers and lawyers and sold his prints at his own London shop. He wound up in legal trouble when it was discovered that he had stolen some of his store’s stock from the British Museum, but he wasn’t prosecuted. Even if your print is an original and in great shape, it would probably not sell for more than $800. And it is possible your print is a copy of the original and worth very little. It should be seen by an expert to be sure.

Q: I inherited an antique doll I was told dates from the 1800s. It is a 21-inch-tall boy doll with a cloth body. I think the head is bisque. His features are painted on. He is wearing black pants and a tan jacket that has buttons with the word “Effanbee” on them. Is the doll valuable?

A: Dolls marked “Effanbee” were made by Fleischaker & Baum (F & B) of New York. The company was founded in 1912 by Bernard Fleischaker and Hugo Baum, so your doll is not as old as you thought. The mark can help you date your doll. If the word “Effanbee” has a capital letter at the beginning, followed by lowercase letters, it is an early mark. All capital letters were used beginning in 1923. After 1923, the middle letters, “an,” were written in smaller capital letters. The company changed hands several times and is now owned by Tonner Doll Co. of Kingston, N.Y. If your doll is in fair condition, it’s worth about $200. In mint condition, it might sell for $500.

Tip: The old-fashioned way to whiten linens? Bring a pot of water to a boil and add some lemon slices. Take the pot off the stove, add the linens and let them soak for an hour or so. Launder as usual.

— Terry Kovel answers as many questions as possible through the column. By sending a letter with a question, you give full permission for use in the column or any other Kovel forum. Names, addresses or email addresses will not be published. We cannot guarantee the return of any photograph, but if a stamped envelope is included, we will try. The volume of mail makes personal answers or appraisals impossible. Write to Kovels, (Florida Weekly), King Features Syndicate, 300 W. 57th St., New York, NY 10019.

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ALL TEN IN THE TAVERN MENU ITEMS ARE $10.00
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Naples Opera Society has seats on the bus for opera aficionados to travel across the state for the coming season’s performances by the Florida Grand Opera.

The round trip includes coach transportation and driver tip, dinner in Coral Gables before the opera and a pre-opera lecture and the show at the Adrienne Arsht Center for Perfroming Arts. Mezzanine seats are $360 for the season; rear orchestra seats are $425. Single tickets are $130 and $155, respectively. The three shows in the subscription series are:

- Puccini’s “La Boheme” – Saturday, Nov. 24
- Mozart’s “The Magic Flute” – Saturday, Feb. 16
- Verdi’s “La Traviata” – April 27

Subscriptions and single tickets are now on sale for Opera Naples’ eighth season. The lineup consists of:

- Puccini’s “Tosca,” presented in partnership with the Philharmonic Center for the Arts – 7:30 p.m. Thursday, Dec. 20, and 2 p.m. Saturday, Dec. 22, at the Phil.
- Grammy Award-winning baritone Nathan Gunn in concert – 7:30 p.m. Friday, Feb. 8, at Mooings Presbyterian Church.
- A Midsummer Night’s Dream” – 7:30 p.m. Saturday, Feb. 23, and 4:30 p.m. Sunday, Feb. 24, at the Miromar Design Center.
- Mendelsohn’s “Elijah” – 7:30 p.m. Thursday and Friday, March 21-22 at Mooings Presbyterian Church.

For more information or to purchase tickets, call 936-9050, e-mail info@operanaples.org or visit sss.operanaples.org.
**THIS WEEK ON WGCU-TV**

- **THURSDAY, SEPT. 27, 9 P.M.**
  Doc Martin
  *Sh*t Happens – Episode 3*
  Dr. Martin makes his on-air debut at the local radio station. Meanwhile, a nasty stomach bug is sweeping through Portwenn. As people drop like flies (and into his office), Doc works to track the source of the bug.

- **FRIDAY, SEPT. 28, 10 P.M.**
  The Cliburn 50 Years of Gold
  Follow the 50-year history of the prestigious Van Cliburn International Piano Competition staged in Fort Worth, Texas, every four years.

- **SATURDAY, SEPT. 29, 9 P.M.**
  As Time Goes By
  Jean and Lionel try to rekindle their flame after a 38-year separation.

- **SUNDAY, SEPT. 30, 8 P.M.**
  Call the Midwife – Part 1
  In the spring of 1957, newly minted midwife Jenny Lee arrives in the East End of London to begin her career. After overcoming the initial shock that her new home, Nonnatus House, is a convent and not a hospital, she quickly becomes immersed in her new life.

- **MONDAY, OCT. 1, 9 P.M.**
  Half the Sky 1
  In a two-night special introduced by George Clooney, “Half the Sky” follows stories of challenge and triumph, traveling with New York Times columnist Nicholas Kristof and celebrity advocates America Ferrera, Diane Lane, Eva Mendes, Meg Ryan, Gabrrielle Union and Olivia Wilde to 10 countries, where they meet inspiring individuals. Part 2 airs at 9 p.m. Tuesday.

- **TUESDAY, OCT. 2, 8 P.M.**
  History Detectives
  Can “History Detectives” return the diary of a fallen North Vietnamese soldier to that veteran’s family? U.S. Defense Secretary Leon Panetta takes part in the exchange. A notebook with recipes for large volumes of liquor makes an Indiana man wonder if his rich uncle earned money bootlegging during Prohibition. What can a ledger tell us about Hollywood’s treatment of Native-American actors?

- **WEDNESDAY, OCT. 3, 9 P.M.**
  PBS NewsHour Debates 2012: A Special Report “Presidential Debate”
  The “NewsHour” presents live coverage and analysis of the first of three presidential candidates’ debates from the University of Denver in Colorado. The focus of the debate is domestic policy. Jim Lehrer moderates.

---

**BROADWAY PALM PRESENTS**

- **9 to 5**
  Now – October 6
  Based on the movie *Nine to Five* starring Dolly Parton, this hilarious musical tells the story of friendship and revenge. Three female co-workers conspire to take control of their company and learn there’s nothing they can’t do...even in a man’s world. $35 – $55

**BROADWAY PALM PRESERVES**

- **20th Anniversary Season**

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All-Inclusive Advantage Fares*
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- Complimentary round-trip economy class airfare, with business class upgrades available
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18 Day Jewels of India & Arabia
Singapore - Dubai • 3/18
All-inclusive Advantage fare from $9,299

Additional itineraries and departure dates available.

Yoga Awareness Month

Enjoy complimentary access to the Golden Door Spa’s amenities* and a 15% discount* on all yoga apparel and accessories when you register for a yoga class or private session now through September 30, 2012. Our yoga classes are designed to increase flexibility, core strength, balance and focus through the flow of power and relaxation. Yoga classes are appropriate for all skill levels, ranging from beginner to advanced.

*Only valid on the day of your yoga class or private session.

To reserve your service or for more information, please call 239.594.6321 or visit waldorfastorianaples.com.

Lipdub Naples organizers hope thousands join in

After being rained out twice last spring, Lipdub Naples volunteers will try again on Sunday, Oct. 28, as part of Naples CityFest activities. They hope to break a world record by getting 6,000 locals to take part.

A lipdub is a music video that combines lip-synching and audio dubbing. It can be done in a single, unedited shot as participants move around the location. Lipdub Naples will be shot along a route from Third Street South to Thirteenth Avenue South and Gordon Drive, winding up at the Naples Pier. Participants will include local celebrities and politicians, marching bands, sports teams and everyday citizens, plus several surprise appearances.

The group has set up a Facebook page at www.facebook.com/lipdubnaples to solicit volunteers to work behind the scenes and to be on camera.

The film will make its premiere at Silverspot Cinema in Mercato and will also be posted online. For information about participating in the Oct. 28 filming, visit the Facebook page above.
SOCIETY

The inaugural Friday night Bayfront Farmers Market

1. Rosemary Baron and Megan Homan
2. Kimberly McCarty
3. Sue and Bob Mitchell with Ranger and Odin
4. Nicole Benitez and Adria Benitez
5. Robert Gonzales and Calypso
6. Elora Freysinger and Karen Freysinger
7. Vendor Oxanna Baracaldo and shopper Liz Jessee
8. Daniela Baracaldo
9. Kim Securo and Peggy Collins ready for the weather

We take more society and networking photos at area events than we can fit in the newspaper. So, if you think we missed you or one of your friends, go to www.floridaweekly.com and view the photo albums from the many events we cover. You can purchase any of the photos too. Send us your society and networking photos. Include the names of everyone in the picture. E-mail them to society@floridaweekly.com.
SOCIETY

Out and about with the Wine Tasters of Naples

1. Jan and Mark Russell, Matt Reedy and Angel Blanch on the rooftop at Mercato
2. Joe and Amy Lockley, Karol and John Malec on the rooftop at Mercato
3. Reagan Roberts, Lynnday Humphries and Carol Wheeler on the rooftop at Mercato
4. John Groneman and Raymond Ho at Boston Beer Garden
5. Tracy Taleck and Cindy Hall at Boston Beer Garden
6. Lauren Toranto, Rob Errigo, Debbi Kelly and Roni Kelly on the rooftop at Mercato
7. Detlef Schottner and Laura Eilers on the rooftop at Mercato
8. Sherri Weidman and Nikki Gill on the rooftop at Mercato
9. Bill Sande and Sandra Hoeffler at Boston Beer Garden
10. Bob Loughran and Nina Harkness at Boston Beer Garden

Joanie DeMarco, Joe Taylor and Lisa McNally on the rooftop at Mercato

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SHULA’S & THE HILTON NAPLES PRESENT

CELEBRITY BARTENDER NIGHT

With Mercury Morris, Earl Morrall, Larry Little and Charlie Babb from the Undefeated 1972 Miami Dolphins!

Friday, Sept. 28th
5 pm to 8 pm
In The Lobby Bar at
The Hilton Naples
5111 Tamiami Trail North
239-430-4999

$20.00 Admission
goes to the United Way

Admission Includes:
• One Drink • Appetizers
• Reduced Drink Prices
• Autographs and Photo Opportunities with Your Own Camera
• Professional Photographer Available for a Fee

Tickets Available at ShulasCelebrityBartender.EventBrite.com
SOCIETY

Tommy Bahama hosts a sneak peek at Naples’ best bachelors
Great guys go up on the block at the Hilton Naples on Oct. 5 for Cancer Alliance of Naples

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Send us your society and networking photos. Include the names of everyone in the picture. E-mail them to society@floridaweekly.com.

1. Deena Folz, Kathleen Wallace and Jaime Brannan
2. Don Farrelly and Rick Vorell
3. Chris Christansen and Meagan Harris
4. Don Farrelly and Glenn Bradley
5. Sharon Norgart and Kevin Zylstra
6. Koula Medetis and Miriam Gallardo
7. Barbara Collins and Alexia Anastasia
8. Charlie McDonald and Evelyn Cannata

NAPLES FLORIDA WEEKLY
WEek of September 27–October 3, 2012
C24 | ARTS & ENTERTAINMENT

The Village
ON VENETIAN BAY

DANCING

From 41, take Park Shore Drive
to Gulf Shore Boulevard
239.261.6100 – VenetianVillage.com

FOUNTAIN

Thursday, September 27, 2012
from 6:00 to 9:00 p.m.

On the last Thursday of each month, join
Modern Steps School and DJ Michael J.
Leval for dancing demonstrations, entertainment and more!
PAST REPASTS

Here are some capsule summaries of previous restaurant reviews:

- Agave Southwestern Grill, 2380 Vanderbilt Beach Road, Naples; 598-3473
  A blend of Northern Mexican and American Southwestern cuisines, Executive Chef Thomas Rieman's menu puts a sophisticated spin on humble, homegrown food like chicken enchilada, queso fresco, and sumptuous guacamole. The restaurant pays tribute to the agave plant concept executed with panache. The restaurant in Bonita Springs, Agave is a great sophisticated spin on humble, homespun American Southwestern cuisines. Executive Chef Thomas Rieman's menu puts a variety of tequila, which can be enjoyed amidst a host of memorabilia from the legendary undefeated team of 1972. Oh yes, and the cuts of beef are listed on the table. Beyond that, the place has the feel of a well-appointed men’s club with service to match. Although steak is the star here, seafood lovers aren’t ignored, with choices for them including crab cakes and lobster bisque. I enjoyed a salad of beefsteak tomatoes and tangy gorgonzola and, as with most items here, it could have been a meal in itself. Both a prime rib and a 24-ounce Porterhouse steak were properly cooked and seasoned just enough to enhance the meat’s natural flavor. Grilled asparagus and lobster mashed potatoes were well-done (a la carte) side dishes. Lava cake with vanilla ice cream was just the right finish to an indulgent meal. Full bar.

- Shula’s Steak House, Hilton Naples, 511 Tamiami Trail, Naples; 430-4099
  You don’t have to love football to enjoy a meal at Shula’s, but Miami Dolphins fans get an added bonus of dining amid a host of memorabilia from the legendary undefeated team of 1972. Oh yes, and the cuts of beef are listed on the table. Beyond that, the place has the feel of a well-appointed men’s club with service to match. Although steak is the star here, seafood lovers aren’t ignored, with choices for them including crab cakes and lobster bisque. I enjoyed a salad of beefsteak tomatoes and tangy gorgonzola and, as with most items here, it could have been a meal in itself. Both a prime rib and a 24-ounce Porterhouse steak were properly cooked and seasoned just enough to enhance the meat’s natural flavor. Grilled asparagus and lobster mashed potatoes were well-done (a la carte) side dishes. Lava cake with vanilla ice cream was just the right finish to an indulgent meal. Full bar.

- Seasons 52, 8930 Tamiami Trail N., Naples; 594-8852
  This small chain, new to Southwest Florida, has a lot going for it. Start with the regularly changing menu that features seasonal ingredients at their peak of flavor in dishes that forswear indulgence without sacrificing flavor (nothing contains more than 475 calories). Consider the globe-spanning wine list, which includes more than 100 selections — 52 or more by the glass. And the casual but plush atmosphere feels organic, with earthy colors, polished woods and stacked stone. Start with one of the flatbreads, cracker-thin pizzas carpeted with precisely arranged toppings and baked in a super-hot brick oven. The menu achieves a good balance of seafood and meats. An artichoke-stuffed shrimp dish was succulent and redolent of sage, while wood-grilled T-bone lamb chops were perfectly cooked and remarkably tender. Save room for the 12-page menu might intimidate some at first, but the friendly servers are happy to help newcomers sort through it. I’ve enjoyed savory asparagus crème brûlée, shrimp paste on sugar cane, steamed rice crepe with grilled pork, gus crabmeat soup, shrimp paste on sugar cane, steamed rice crepe with grilled pork, gus crabmeat soup, shrimp paste on sugar cane, steamed rice crepe with grilled pork, gus crabmeat soup, shrimp paste on sugar cane, steamed rice crepe with grilled pork, gus crabmeat soup, shrimp paste on sugar cane, steamed rice crepe with grilled pork, gus crabmeat soup, shrimp paste on sugar cane, steamed rice crepe with grilled pork, gus crabmeat soup, shrimp paste on sugar cane, steamed rice crepe with grilled pork, gus crabmeat soup, shrimp paste on sugar cane, steamed rice crepe with grilled pork, gus crabmeat soup, shrimp paste on sugar cane, steamed rice crepe with grilled pork, gus crabmeat soup, shrimp paste on sugar cane, steamed rice crepe with grilled pork, gus crabmeat soup, shrimp paste on sugar cane, steamed rice crepe with grilled pork, gus crabmeat soup, shrimp paste on sugar 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The true gem here is Executive Chef Juan Cruz, who presides over the kitchen. Originally from El Salvador, he's spent 20 years working in top-flight kitchens alongside the likes of Thomas Keller and Wolfgang Puck. At Flipper's, he melds his California style with the flavors of Florida for a colorful and bold cuisine. Try his Bohemian grouper — served with ripe mashed plantains, roasted seasonal vegetables, citrus mango relish and citrus buerre blanc — or pan-seared scallops with sage, sautéed spinach and garlic mashed potatoes finished with honey orange buerre blanc and charred lemon. Breakfasts are intriguing here, too, with offerings such as the Ultimate Lobster Egg Benedict and the Strawberry Beret (fresh-baked brioche coated in cornflakes, grilled and topped with mixed berries, powdered sugar and whipped cream).

It's at 8771 Estero Blvd., Fort Myers Beach. Call 765-1040.
E&V Market News: HOUSING TO CONTRIBUTE POSITIVELY TO GDP IN 2012

According to Florida Realtors July 2012 Housing Statistics, housing is on track for contributing positively to the national GDP in 2012. Signs of sustained growth can be found in a variety of indicators, including market time, absorption rate and pricing just to name a few. All comparisons are based on the same indicators for the month of August 2011.

It bares stating here that while these numbers are for August 2012 compared to August 2011, many of the trends indicated have been consistent for the last 10 months. It is also very significant that of the 797 single family residences listed in August 2012, 39.6% are already either under contract or sold; and that of 665 condos and villas listed in the same month, 22% are also either under contract or sold. What the numbers tell us is that market trends are overwhelmingly positive.

Significant decreases in absorption rates, in inventory and in new listings coming on the market point to a diminishing supply. Decreased days on the market, increased median price and increased activity point to increasing demand. Since, ultimately, no commerce escapes the law of supply and demand it stands to reason that we can expect our real estate market to continue improving over the coming months. Request more Market Data at www.naplesmarketdata.com

<table>
<thead>
<tr>
<th>August 2012</th>
<th>Single Family % Change</th>
<th>Condos % Change</th>
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<tr>
<td>New Listings</td>
<td>797</td>
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<td>Pending sales</td>
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<td>Closed Sales</td>
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<td>Days on Market</td>
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<tr>
<td>Absorption Rate</td>
<td>8.2 months</td>
<td>-17%</td>
</tr>
</tbody>
</table>

GG Magazine: Fall 2012 Issue Now Available - “Get Ready for the Art Attack”

Since the founding of Grund Genug publishing in 1988, GG Magazine has encompassed Lifestyle, People and Real Estate. Global Guide is a quality-oriented lifestyle & real estate magazine with Global distribution in five different languages and is published 4 times a year. With every issue, readers get to know the most successful architects, the most interesting designers and showcased a selection of the finest properties and exclusive yachts for sale. To receive a complimentary copy of the GG Magazine, readers are invited to visit www.requestGG.com.