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What's
Happening

Your Community Calendar

PAGE 4A

The LAKER / Lutz News

LOCAL WILDLIFE



STEFANIE BURLINGAME/STAFF PHOTO

Share your wildlife photos

If you've captured a photograph of an interesting bird or wild creature, we'd love to share your image with our readers.

If you'd like us to consider publishing your photograph, please email it to us at news@lakerlutznews.com.

Please be sure to include what kind of animal it is, and where you took the picture. Also include your contact information, so we can get in touch with you, if we need to.



2019
CALENDAR OF EVENTS
INSIDE, PAGE 1B

Cypress Creek plaza still expanding

By Kathy Steele
Special to The Laker/Lutz News

The pace of development at Cypress Creek Town Center is picking up, with new shops and restaurants under construction at two sites within the town center.

Most of the action is taking place along Sierra Center Boulevard, a main artery that cuts through the town center, which is located at State Road 56 and Grand Cypress

Drive. Two new shopping strips, each fronting Sierra Center Boulevard, will significantly boost the retail development.

Signs staked amid construction activity herald the coming of HomeGoods, Five Below and Burlington. County records also show additional shops will open, including Hobby Lobby, Sleep Number, Pacific Dental, Verizon Wireless, Dollar Tree and America's Best Contacts & Eyeglasses.

Restaurants include Blaze Pizza, Chipotle

Mexican Grill, and Walk-on's Bistreaux & Bar. Earth Fare, a specialty grocery store, is coming, too.

The town center is part of a mixed-use project of retail, offices, hotel and residential under development by Sierra Properties Inc.

The new retail at Cypress Creek will add to established shops and restaurants that line the south side of Sierra Center, includ-

See PLAZA, page 11A



CHRISTINE HOLTZMAN

2018: A great year for photos

EDITOR'S NOTE: Here is a look at some of the moments of community life captured during 2018 by Christine Holtzman, a regular contributor to The Laker/Lutz News. We love to share your stories through photos, so please let us know about upcoming events by sending an email to news@lakerlutznews.com.

Above, Shepherd of the Hills Lutheran Church, at 37015 Orange Valley Lane in Dade City, had a Blessing of the Animals service on Oct. 7 to commemorate the Feast of St. Francis of Assisi, who was known for his affinity for animals. People brought their animals to be blessed, and shared a potluck meal together. Rio, a Biewer Terrier, gives his attention to Pastor Mark Reiff, left, as the pastor gives the dog a blessing. The canine's owners Larry Comer, back, and Marcia Alexander look on. Pastor Reiff said that the event is important because the word 'animal' comes from the Latin word 'anima,' which means 'spirit.' 'Every living thing has the spirit in them,' he said. 'We have an obligation to the anima of the Earth to do this.' **CHECK OUT MORE PHOTOS, PAGE 3A.**



Nine-year-old Trenton Kienitz, of Zephyrhills, soars through the air on his scooter while practicing his ramp jumping skills at Zephyrhills Skate Park. The park is located at 29th Street and Alston Avenue, and is open daily from 6 a.m. to 10 p.m.



As afternoon temperatures soared, 4-year-old Clence Poe, of Zephyrhills, jumps joyfully on top of a water jet. He was at Waterplay at Zephyr Park, 5039 Fourth St., in Zephyrhills, with his mom, aunt and cousin.

Organization offers hope through jobs for disabled persons

By Kevin Weiss
kweiss@lakerlutznews.com

Cindy Bray believes there's a job out there for everyone, and everyone should have an opportunity for a job — especially those with disabilities.

As executive director of the Wesley Chapel-based nonprofit Hope Services, Bray's job is just that: Aiding in finding employment opportunities for youth and adults who have disabilities.

She launched the organization by herself in 2003. Since then, she and Hope Services staff have helped hundreds, if not thousands of people with disabilities find employment with local businesses, through its array of job search and training programs.

Upwards of 400 people have landed jobs through Hope Services in the last year alone, Bray said. Positions have been secured a variety of fields, including retail, food service, warehouses, the medical field and more, she said.

"We have people doing everything. We have people everywhere," Bray said. "They're not limited, and their disability does not

See HOPE, page 11A

Addressing each student's unique needs is her calling

By B.C. Manion
bcmansion@lakerlutznews.com

Drop by Holly Mickler's classroom at Pasco Middle School in Dade City, and ask her students a few questions about their teacher, and you'll hear some interesting answers.

Does she truly deserve to be Pasco County Schools' teacher of the year? Yes!

The class emphatically responds. How would you describe her to someone who doesn't know her?

First, they offer succinct responses: Wonderful. Amazing. Funny. Hardworking.

Then, they begin to elaborate. "She wants the best for her students," one says.

"She's like your school mom," says another.

"She's not only there for her students, but she's there for her students' families. My dad was sick, and she and the tutors brought over food for us," still another responds.

"I had a problem with a different teacher, and she was the first one that I went to about it," another student says, with appreciation.

"When I was in the hospital, she actually took the time to get my work from my other teachers and give it to me," another shares.

It sounds like Mickler may have some of



B.C. MANION

Holly Mickler, Pasco County Schools' teacher of the year, helps her students prepare for college and life.

the very characteristics she admired in the woman who inspired her to become a teacher.

That woman was her kindergarten teacher, Dawn Brown, in Statesville, North Carolina.

Mickler was just 5 years old when she decided to become a teacher.

Her kindergarten teacher took a personal interest in her students, Mickler explained.

"I would see that love that she had for us," Mickler said.

See STUDENTS, page 11A

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Rebranding effort aims to simplify life for patients

By B.C. Manion
bcmansion@lakerlutznews.com

Florida Hospital's parent company, Adventist Health System, will change its name and the name of all of its wholly owned entities to AdventHealth, effective Jan. 2.

That means 11,000 new signs are going up across the country to signal the change.

Florida Hospital Wesley Chapel will have an AdventHealth sign on its main building, and will say AdventHealth at Wesley Chapel on its door.

The system's hospitals in Dade City and Zephyrhills will also get new names as part of a rebranding effort that aims to make life simpler for the patients under the provider's care, said Denyse Bales-Chubb, president and CEO at what will become AdventHealth Wesley Chapel.

"This truly just unifies us under the same name.

"We want to create a highly integrated, connected network, that is all branded under the same name, so that people can identify our services and our care, throughout whatever community they may be (in)," the hospital executive said.

"Our plans and our goals are to continually work towards that integrated delivery care network, and to become a national health care system, that is recognized throughout the states that we're in and to continue to expand those services."

Right now, the health care provider operates 48 hospitals in nine states, Bales-Chubb said.

"That's the smallest part of our operation. In addition to that, then, we have literally hundreds of outpatient services. We have home health. We have long-term care. We have clinics. We have free standing EDs. We have physician offices, and they are all branded under a different name," she said.

As part of its rebranding effort, Adventist took all 80,000 employees through a standardized training session, Bales-Chubb said.

"We wanted to have the same service standards across all of our hospitals, because when you change your name, it should mean something," she said.

"We want to make sure that accessing health care, navigating through our system



FILE
Denyse Bales-Chubb, president and CEO at what will become AdventHealth Wesley Chapel.



is easy for our patients and their families," she said.

The health care provider also wants to deliver a level of care that people seek out wherever they go, Bales-Chubb said, "because they know it's going to be different, and they know it's going to be special."

"Our goal is to never discharge a patient," she said.

So, when a patient is in the hospital, they work with people who are called navigators within the hospital to help the patient get whatever appointments for whatever follow-up services they need, she explained.

That can mean going back to their primary care physician, or receiving services from a variety of providers, she said.

"If they need to go and have physical therapy, then that's navigating them to that physical therapy.

But then, when patients see the common name across the system, she said, "they know that they are getting that continuum of care," Bales-Chubb said.

Florida Hospital Center Ice also is being renamed. Its new name will be AdventHealth Center Ice.

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Woman's Club gives to the needy

GFWC Lutz-Land O' Lakes Woman's Club member 'Plant Lady' Elaine Pittman (right) raised \$1,500 through her plant sales and presented a check to Christian Social Services Director Jacquie Petet. The funds helped provide needy families in Land O' Lakes and the surrounding areas with food baskets for holiday meals, clothing vouchers, and medical, dental and other services.

Come take a walk down memory lane...see the beautiful designs of yesteryear.

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Seven-year-old Landon Noe, of Land O' Lakes, is getting ready to take a few swings during a recent team practice for the Pasco Panthers, a traveling baseball team. Baseball is Landon's favorite sport and he enjoys playing in right field or center field.



Two-year-old Anaiya Davis, of Wesley Chapel, enjoys running through the water sprinklers while clinging tightly to her grandmother, Pamela Oliva, of Lutz, left, and her mom, Arianna Oliva, right. They were spending an afternoon at Waterplay at Zephyr Park, 5039 Fourth St., in Zephyrhills.



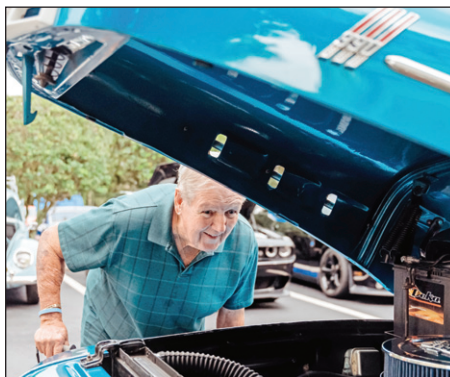
Volunteer Ayancy Caicedo studies her bow to make sure it looks just right, while helping to create a patriotic feel in Land O' Lakes.

2018: A year in photos

Here is a look at some of the moments of community life captured during 2018 by Christine Holtzman, a regular contributor to The Laker/Lutz News. We love to share your stories through photos, so please let us know about upcoming events by sending an email to news@lakerlutznews.com.



Seven-year-old Dezirae Gardener, of Wesley Chapel, tests out a child-sized violin, while her mom Lori gives her a helpful hand. Lori said seeing her daughter with the violin brought back fond memories of playing the instrument during her middle school years.



Don Kelman, of Trinity, reminisces as he peaks under the hood of a 1951 Ford F1. Kelman remembers being a young press operator in Detroit when these trucks were in production.



Six-year-old Joshua White, of Land O' Lakes, tosses some rings to practice his skills during the Mother Son Game Night at the Land O'Lakes Recreation Complex.



Four-year-old Wesson Swisher, of Zephyrhills, left, and 5-year-old Parker Lindsay, of Lutz, peek out the windows of a school bus to see if their dads are watching.

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What's Happening

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HAND TOOLS 101

Northside Bible Church will offer a free Lifeskills Workshop entitled, "Hand Tools 101," Jan. 4 at 6:30 p.m., at 405 Hayes Road (between Florida and Nebraska avenues) in Tampa. Participants can learn about basic hand tools used around the house, including a hands-on session. There also will be a drawing for a beginner's tool set. Register by calling (813) 961-1307, or by emailing your name, phone or email address, age and number of participants to info@northsidebible.org.

COSMIC SOUND JOURNEY

Sun Yoga, 19026 Geraci Road in Lutz, will offer a cosmic sound journey Jan. 4 at 7 p.m. Buffy La Roux will lead an inward journey through shifting vocal tones, singing, drumming and quartz crystal bowls. For information, call (813) 955-1262, or visit SunYogaTampa.com.

INTRO TO 3D PRINTING

The Arthenia Joyner University Area Community Library, 13619 N. 22nd St., in Tampa, will offer an "Intro to 3D Printing," Jan. 5 at 3 p.m. Participants can learn about 3D modeling, the printing process, see a demonstration of the printer in action, and learn to use Tinkercad. The guest's finished product will be ready for pickup in five to seven business days. For information, call (813) 273-3652.

CATHOLIC WOMEN

The Catholic Women Club of Saint Anthony of Padua Catholic Church will meet Jan. 7 at 7 p.m., at the Parish Center, 32848 Massachusetts Ave., in San Antonio. The club will finalize the assembly details and distribution assignments of 600 kumquat pies for the upcoming Kumquat Festival. For information, call (352) 588-3082, or visit SAOPCCFL.org.

NEW YEAR, NEW GADGETS

The Jimmie B. Keel Regional Library, 2902 W. Bearss Ave., in Carrollwood, will offer a seminar on "New Year, New Gadgets" Jan. 8 at 3:30 p.m., for adults. Participants can learn to set up a device, learn how to download apps and books, and more. The event is limited to 12 participants. Registration begins at 3 p.m., at the library reception desk. For information, call (813) 273-3652, or visit HCPLC.org.

PHOTOGRAPHY CLUB

The Land O' Lakes Photography Club will meet Jan. 8 at 7 p.m., at Land O' Lakes Heritage Park, 5401 Land O' Lakes Blvd. The topic will be "Creating Portfolios and Marketing Your Photos." All levels of photographers can attend. For information, call (813) 838-1473, or email LandOLakesPhotoClub@gmail.com.

NATIVE PLANT SOCIETY

The Nature Coast Chapter of the Florida Native Plant Society will meet Jan. 8 at 7 p.m., at Land O' Lakes Heritage Park, 5401 Land O' Lakes Blvd. The guest speaker will be Lara Milligan, natural resources agent for UF/IFAS Extension in Pinellas County, on the topic of "Microplastics 101." Guests will be introduced to the everyday presence of microplastics, and the issues they pose in Tampa Bay and possibly human health. There will be light refreshments and a native plant drawing. For information, call Sandy Vanno at (727) 207-1853.

COMPUTER BASICS

The Arthenia Joyner University Area Community Library, 13619 N. 22nd St., in Tampa, will offer a seminar entitled, "Computer Basics: The Mouse," Jan. 9 at 10:30 a.m. Participants will use interactive tutorials to learn about the mouse accessory. The class is limited to 13 participants. For information, call (813) 273-3652.



Learn & Grow

Pasco County Farmden & Community Garden, 15029 14th St., in Dade City, will host a Learn & Grow Volunteer Day on Jan. 5 from 9 a.m. to noon.

Participants will be weeding, harvesting, washing produce, planting and learning about gardening. The produce from the farm is donated to the St. Vincent de Paul food pantry.

Those interested should bring a hat, water, gardening gloves and closed-toe shoes. Pets are not allowed.

Volunteer days take place monthly through May 4.

For information, contact Eden Santiago at (352) 518-0156 or esantiago@pascocountyfl.net.

ENVIRONMENTAL CAUCUS

The Democratic Environmental Caucus of Florida-Pasco Chapter will meet Jan. 9 at 6:30 p.m., at Land O' Lakes Heritage Park, 5401 Land O' Lakes Blvd. Doors open at 6 p.m., for networking. Admission is free. For information, email DECFPasco@gmail.com, or visit Facebook.com/DECFPasco/.

GARDEN CLUB

The Orange Blossom Garden Club of Lutz will meet Jan. 9 at 9:40 a.m., at the Lutz Civic Center, 98 First Ave., N.W. The guest speaker will be S. Jewel on the topic of growing and caring for begonias. Bring a canned good for the food bank, and a plant/cutting for a plant exchange. Newcomers are invited. For information or directions, call (813) 949-1301, or leave a message on the club's Facebook page at Facebook.com/OrangeBlossomGardenClubofLutz.

BOOK BAZAAR

The Friends of the Hugh Embry Library, 14215 Fourth St., in Dade City, will host a library book bazaar Jan. 11 and Jan. 12 from 10 a.m. to 2 p.m. There will be a diverse selection of books, audio and video media, magazines, and related materials, for a modest cost. For information, call (352) 567-3576.

ORGANIZE YOUR LIFE

The Lutz Branch Library, 101 W. Lutz-Lake Fern Road, will host "10 Easy Ways to Organize Your Life" Jan. 12 at 11 a.m., for adults. Professional organizer Pam Hoepner will share organizational and time management tips on a tight budget. Using ingenuity and easy-to-follow techniques, participants can learn how to gain time, save money and create peace of mind. For information, call (813) 273-3652, or visit HCPLC.org.

VISION WORKSHOP

Sun Yoga, 19026 Geraci Road in Lutz, will offer a Vision Workshop on Jan. 12 at noon, to help people set themselves up for success in the new year. For information, call (813) 955-1262, or visit SunYogaTampa.com.

VETERANS DISCUSSION

American Legion Post 108 of Lutz/Land O' Lakes will host a discussion on Jan. 12 at 10 a.m., about issues veterans are facing, including suicide and post-traumatic stress disorder (PTSD). The key note speaker will be Congressman Gus Bilirakis, and Lt. Col. Damon Friedman of SOF Missions. The event will take place at Harvester United Methodist Church, 2432 Collier Parkway in Land O' Lakes.

RAISING CANE

The annual Raising Cane: A Sweet & Spicy Event will take place Jan. 12 from 9 a.m. to 5 p.m., at the Pioneer Florida Museum & Village, 15602 Pioneer Museum Road in Dade City. There will be a Kiwanis pancake breakfast from 9 a.m. to 10:30 a.m., for \$3; a cane syrup tasting contest at 9 a.m.; live entertainment at 11:15 a.m.; a Southern Syrup-Makers Association meeting at 12:30 p.m.; and the chili cook-off awards presentation at 4:30 p.m. There also will be vendors. Admission is \$10 for adults, \$5 for students, and free for children age 5 and younger. For information, visit PioneerFloridaMuseum.org.

SEMINARS

The UF/IFAS Pasco County Extension Office will offer these free upcoming seminars:

- Succulents and cacti, Jan. 12 from 9 a.m. to 10:30 a.m., at Land O' Lakes Heritage Park, 5401 Land O' Lakes Blvd. The seminar will cover an array of succulents that can be grown inside or outside the home. Participants can learn about the many varieties, and the selection, planting and care of succulents. There also will be a demonstration. Registration is recommended at Eventbrite.com.

- Canning produce, Jan. 14 from 2 p.m. to 3:30 p.m., at 15029 14th St., in Dade City. Participants can learn the basics of home canning, different canning methods, and the equipment needed for food safety. There also will be an optional tour of the Pasco County Farmden & Community Garden site. For information, contact Eden Santiago Gomez at esantiago@pascocountyfl.net or (352) 518-0156.

- Ornamental grasses, Jan. 15 at 2 p.m., at the New River Library, 34043 State Road 54 in Wesley Chapel. Participants can learn how to select, care for and combine ornamental grasses with other flowers and shrubs in a landscape. Registration is recommended at Eventbrite.com.

FARMERS MARKET

The San Antonio Farmers Market will take place Jan. 12 from 9 a.m. to 2 p.m., at San Antonio City Park, 12202 Main St. There will be fresh produce, plants and herbs, honey, jams, jewelry, wine, baked goods, yard art and more. For information, call Winnie Burke at (352) 437-5161.

ART CLUB

The Zephyrhills Art Club will meet Jan. 14 at 7 p.m., at the Zephyrhills Elk Club, 6851 Wire Road. There will be a demonstration on painting on Yupo film, a new medium. The club has monthly contests, an annual show, demonstrations, workshops, and a chance to develop your skills from beginner to accomplished. For information, call Lee Kellar at (248) 207-3579.

GENEALOGY LECTURE

The West Pasco County Genealogical Society will host a genealogy research lecture Jan. 16 from 12:30 to 2:30 p.m., at the CARES Rao Musunuru M.D. Enrichment Center, 12417 Clock Tower Parkway in Hudson. Participants can learn the importance of researching historical versus current maps, where to find historical maps of towns, counties and areas, both nationally and internationally. The cost is \$7 for non-members and \$5 for members. After the lecture, the society will have a member meeting, which non-members can attend. To register, text (727) 271-0770, or email debbehagner@yahoo.com.

HISTORICAL SOCIETY

The Pasco County Historical Society will meet Jan. 18 at 7 p.m., at the Pioneer Florida Museum & Village, 15602 Pioneer Road in Dade City, in the Mabel Jordan Barn. The guest speaker will be Jennifer Canady Bush, official historian of the Publix Corporation. For information, contact Madonna Jervis Wise at (813) 469-8627 or MadonnaJWise@gmail.com.

MARTIN LUTHER KING PARADE

There will be a Martin Luther King Celebration Jan. 19, which includes a parade at 10 a.m., on MLK Boulevard, Seventh Street and Meridian Avenue in Dade City. There also will be a scholarship banquet at 6 p.m., at The Lewis Abraham Boys & Girls Club, 38724 Mudcat Grant Blvd., in Lacochee. Tickets are \$15 per person, or a table of 10 for \$100. For information, contact Cassie Coleman at pastorcassie.mtpleasant@yahoo.com or (352) 206-1555. The Boys & Girls Club also will host an MLK program Jan. 21 at 11 a.m.

SPORTS BOOK SALE

The Friends of the Land O' Lakes Library, 2818 Collier Parkway, will host a Sports Book Sale on Jan. 22 at 10 a.m. There will be table-top books of football, baseball and Sports Illustrated, as well as other smaller books. The sale will run until all books are sold. For information, call (813) 929-1214.

SHORT FILMS SHOWCASE

The Museum of Science & Industry, 4801 E. Fowler Ave., in Tampa, will present the winning short films from the Project Mars International Film and Art Competition. The grand-prize winner was "Rendezvous With Mars," by Mayukh Goswami, Subigya Basnet and Divya More, of New York. All the films will be shown now through Feb. 2, and are free with a MOSI admission. For information, visit MOSI.org.

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\$3 Donation



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(24 syrup producers competition)

11:15 a.m. LIVE ENTERTAINMENT
THE SARA ROSE BAND,
The Sandy Back Porch and
The Barking Dogs



12:30 p.m. The Southern Syrup-Makers Association (Meeting)

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Seasonal growing – for food and color

By Whitney C. Elmore
Special to The Laker/Lutz News

Short, cool days don't necessarily scream gardening season.

But, many vegetables, herbs and beautiful flowers just love winter in Florida. December is a good month to plant cool season herbs, such as sage, dill, fennel, cilantro, thyme and parsley.

Veggies, such as carrot, cabbage, lettuce and cauliflower do well when planted at this time, too.

Add a pop of color to your landscape by planting petunias, pansies, violets or snapdragons in December or early in the New Year.

Be sure to plant these in clusters — and stick to one type of plant to reduce the chance of cluttering the landscape with too many plants that don't fit the rest of the landscape at this time of year.

Remember to collect those fallen leaves in fall and winter for use in compost, which will benefit your gardens later in the season.

Collecting the leaves is a great way to re-

cycle and add organic matter to the garden for free.

January also is a great month for gardening in Central Florida.

Camellias come in a variety of sizes, shapes and colors. Some are even fragrant. January is a good time to plant camellias.

Deciduous fruit trees, or those that lose their leaves in winter, such as peaches, nectarines and plums, also should be planted in January. This gives their roots the best chance to grow and anchor the plant for nutrient uptake prior to the hotter and usually drier months of spring.

Start growing broccoli, carrots, lettuce, kale and potatoes at this time, too.

You've also probably noticed that many of the landscapes in Central Florida feature crapemyrtles. These small, popular trees charm us with color and variety, but often fall victim to heavy pruning at the wrong time of the year, which leaves them mutilated and struggling to survive.

The best time of the year to prune broken or crossing branches and remove seed pods from crapemyrtles is in January. Heavy pruning, or "crape murder," is not necessary

on these plants. A trim of slim, leggy branches will spruce them up in winter and prepare them for spring.

Also, don't let those colorful poinsettias you received as gifts in December go to waste. Plant them in a sunny, well-drained spot in the garden in January or February. They make excellent additions to the landscape.

Azaleas, a Southern flowering staple suitable for the shadier areas, perform well when planted in February, as do many veggies.

While some veggies are cold-hardy, it might be necessary to protect more sensitive veggies on nights when frost or freeze is predicted. Cold protection, for sensitive plants, is necessary on nights when the temps dip below 40°F.

Minimize damage to sensitive plants by covering with a light blanket or sheet, making sure it extends all the way down to the ground so that the warmth of the soil can move up into the canopy of the plant.

February is a good month to prune away old rose canes and do selective pruning to shape the plant. Fertilize in February with a balanced fertilizer and apply mulch at this time. Within two months, your roses should be blooming beautifully.

March brings warmer weather, but it's

usually quite dry. Winter annuals will start to struggle with the higher temperatures, so consider planting salvia and caladiums (a perennial) to provide quick color well into the summer months.

March also ushers in warm-season vegetable planting. Squash, peppers and beans grow well when planted in March. Tomatoes are widely popular, but don't grow well in the summer; consider planting them as soon as the threat of frost has gone, which is normally late February into the middle of March.

As soon as azaleas stop blooming, prune them in late March to achieve a better shape and denser plant (avoid hedge clippers on these plants though). March is the month to begin fertilizing palms, azaleas and camellias. Use balanced fertilizers designed for each of these plants, as their nutritional needs vary along with pH requirements.

Winter is a fine time to garden in Central Florida. You can prep for spring gardening, grow your own veggies and add beautiful color to your landscape.

Dr. Whitney C. Elmore is the UF/IFAS Pasco County Extension director and an Urban Horticulture Agent III.

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Most folk-oriented events at the Pioneer Florida Museum encourage musical jam sessions. This one was at last year's function.

FILE

Event offers sweet and spicy treats

By Brian Fernandes
bfernandes@lakerlutznews.com

The community is invited to bring an appetite for the annual Raising Cane: A Sweet and Spicy Event, on Jan. 12.

The function will be held at the Pioneer Florida Museum from 9 a.m. to 5 p.m.

A hot Kiwanis pancake breakfast will usher in the event at opening time for \$3.

It will also give patrons the opportunity to try free samples for the cane syrup tasting contest.

Throughout the day, vendors will offer arts and crafts, as well as foods consisting of chili dogs, chili nachos and chili cheese fries.

At 11:15 a.m., the venue will be livened with performances from The Sara Rose Band, The Sandy Back Porch and The Barking Dogs.

Attendees will be able to sample various chili from two challenges - one held by city officials and another by local residents.

Ten tickets can be purchased for \$5 with a sampling cup - one ticket per sample.

Three free voting tickets will be granted to guests to decide on their favorite chilis.

Cash and trophy prizes will be awarded

If you go

What: Raising Cane: A Sweet and Spicy Event

Where: Pioneer Florida Museum, 15602 Pioneer Museum Road, Dade City

When: Jan. 12 from 9 a.m. to 5 p.m.

Cost: \$10 for adults; \$5 for students; free admission for those under age 5.

Details: The event will offer a pancake breakfast, a cane syrup tasting contest, chili tasting contests and numerous vendors.

Info: Visit PioneerFloridaMuseum.org, or email Curator@PioneerFloridaMuseum.org.

to those in first, second and third place at 4:30 p.m.

"We're looking forward to it," said Stephanie Black, director at the museum. "It's a great food event."

Admission is \$10 for adults, \$5 for students and free entry for those under age 5.

Patrons are asked to only bring service dogs with a vest and proper documentation.

For more information or applications, visit PioneerFloridaMuseum.org, or email Curator@PioneerFloridaMuseum.org.

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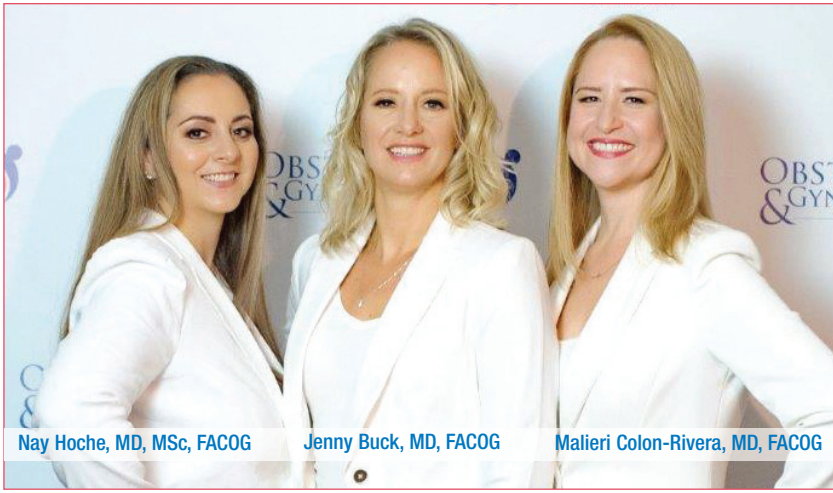
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HEALTH & WELLNESS



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GRIEFSHARE SUPPORT

Keystone Community Church, 21010 State Road 54 in Lutz, will present GriefShare on Jan. 3 from 7 p.m. to 9 p.m.

The GriefShare support group meets weekly to help those facing the challenges of grief, and to move forward from mourning to restore hope and rebuild lives.

The program is built around a 13-week video curriculum. The cost is \$15 for a workbook.

For information, call (813) 469-0903.

YOGA FOR KIDS

Sun Yoga, 19026 Geraci Road in Lutz, will offer Yoga for Kids the first Sunday of the month.

The class aims to help kids to improve concentration, relaxation and body awareness.

The next class is Jan. 6 at 3 p.m.

For information, call (813) 955-1262, or visit SunYogaTampa.com.

HEALTH RESOURCES

Two local libraries will offer "New Year, New You! Tech and Health Resources," for adults.

- Jan. 7 at 6:30 p.m., at the Lutz Branch Library, 101 W. Lutz-Lake Fern Road
- Jan. 15 at 3:30 p.m., at the Jimmie B. Keel Regional Library, 2902 W. Bearss Ave., in Carrollwood

Participants will be introduced to the world of fitness and diet tracking through apps, devices and resources available to help track health and exercise goals.

For information, call (813) 273-3652, or visit HCPLC.org.

EATING DISORDER SUPPORT

Regional Medical Center Bayonet Point will host an eating disorder recovery support group beginning Jan. 8, and meeting every Tuesday at 5:30 p.m., in conference rooms 3 and 4 at the Rao Musunuru, M.D. Conference Center, 14100 Yosemite Drive in Hudson.

The group is free and for individuals with any type of eating disorder who may need emotional support.

If you or someone you know is interested in attending or would like more information, contact Kimberly Miller, group mentor, at (727) 619-4366 or kamrecoverygroup@gmail.com.

PERIPHERAL VASCULAR DISEASE

Morton Plant North Bay Hospital, 6600 Madison St., in New Port Richey, will offer a seminar on peripheral vascular disease Jan. 15 at 10 a.m., in the Bekesh Education & Conference Center, Rooms 1-3.

Dr. Michael Goldbach, vascular surgeon, will explain the causes, symptoms and treatment options, including when to consult a surgeon.

To preregister, call (727) 953-6877, or visit BayCareEvents.org.

PARKINSON'S DANCE CLASS

Art4All Florida and the University of South Florida College of Arts will present "Parkinson's In Movement," a dance class targeted at enhancing the overall quality of life, through creative expression, social interaction and exercise, for those who have Parkinson's disease.

This free multi-week pilot program is designed to offer imaginative ways to stimulate balance, stretching and sensory awareness, through a fresh and uplifting dance experience for those with Parkinson's and their caregiver or companion.

The six-week class begins Jan. 16 at 11 a.m., at the America's School of Ballet, 15365 Amberly Drive in Tampa.

If interested, register online at VSAfl.org/content/vsa-florida-programs/classes, or call (813) 974-0715.

Continued on next page

Staying calm in a crisis

By Mary Rathman

mrathman@lakerlutznews.com

Crisis situations seem to be growing rapidly in this time of change and uncertainty.

Emotional turmoil and negative behavior seems to be on the rise, spanning from verbal abuse to physical assault.

Schools and agencies are now required to intervene more often for the safety and protection of students, staff and clients, and have a responsibility to train staff to safely and effectively deal with reasonably foreseeable situations.

Handle With Care, a crisis intervention training program, offers the tips below when responding to someone who is becoming out of control.

Be attuned to signals of potential crisis behavior:

There is usually a change of behavior before physical aggression occurs, which can include:

- Verbal clues: what is being said, such as insults or threats
- Non-verbal clues: how something is being said, including voice, volume, rate of speech and tone
- Body language, such as body tenseness,

leaning forward, pacing, finger-pointing or hand-clenching

Reduce potential for conflict through these actions or words:

- Remain calm and in control
 - Only one person should speak at a time
 - Respect personal space
 - Be aware of not only what you say, but how you say it
 - Keep natural eye contact and put in place a direct line of communication
 - In a team intervention, the team member with the best relationship should be the "talker"
 - Set clear, consistent and enforceable limits
 - Take immediate action in dangerous or life-threatening situations
- Crisis programs can provide training for agencies, schools, hospitals, organizations and parents who care for children and people who have the potential of being aggressive, violent or out of control toward themselves and other.
- Experts also can be available to talk about emotional trauma, feelings of insecurity or fear, and provide information about connecting to community resources.



QUIT YOUR WAY

Quitting tobacco isn't easy. Finding help should be. Tobacco Free Florida offers free tools and services to help you get started.



Class Schedule

Tuesday, January 8, 2019 / 10:00am – 12:00pm
Morton Plant North Bay Hospital
6600 Madison St, New Port Richey

Tuesday, January 8, 2019 / 10:00am – 12:00pm
AdventHealth Zephyrhills – Creation Health Wellness
38233 Daughtery Road, Zephyrhills

Wednesday, January 9, 2019 / 5:30pm – 7:30pm
AdventHealth Wesley Chapel
2600 Bruce B Downs Blvd, Wesley Chapel

Wednesday, January 9, 2019 / 5:30pm – 7:30pm
St. Joseph's Hospital North
4211 Van Dyke Road, Tampa

Tuesday, January 15, 2019 / 10:00am – 12:00pm
Premier Community Healthcare
37944 Pasco Avenue, Dade City

Wednesday, January 16, 2019 / 11:00am – 1:00pm
Medical Center of Trinity
9330 State Road 54, Trinity

Wednesday, January 16, 2019 / 2:00pm – 4:00pm
Regional Medical Center Bayonet Point
14000 Fivay Road, Hudson

Wednesday, January 30, 2019 / 3:00pm – 5:00pm
AdventHealth Dade City
13100 Fort King Road, Dade City

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To register please call: 813-929-1000
For more information, visit us at tobaccofreeflorida.com/quityourway

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COURTESY OF REGIONAL MEDICAL CENTER BAYONET POINT

Pharmacists awarded certification

Regional Medical Center Bayonet Point announced that, from left: Brittany Petrosky, Pharm.D., BCCCP; Nicholas K. Rigopoulos, Pharm.D., BCPS, BCGP; Kris Miley, Pharm.D., BCPS; and Erika Mooney, Pharm.D., BCPS and have received National Board Certifications by the Board of Pharmacy Specialties (BPS). All four passed a rigorous certification exam by the board.

HOSPITAL RECEIVES AWARD

Regional Medical Center Bayonet Point has been recognized by the Health Resources and Services Administration of the U.S. Department of Health & Human Services with a Platinum Award for its activities to increase enrollment in the state registry as organ, eye and tissue donors.

Regional Medical was informed by LifeLink of Florida that the award was in recognition of Bayonet Point's organ donor registration efforts between Oct. 1, 2017 and April 30, 2018.

The hospital hosted various donor registry events in high traffic areas of the hospital, had a donation flag raising ceremony for its staff and the community, and ran a campaign of hospital public service announcements on its internal cable channel.

Presentations about organ, eye and tissue donations also were made, and posters were displayed throughout the facility.

The hospital even joined with an organ recipient who showed appreciation for staff efforts regarding the donation process.

BILIRAKIS BILL TO HELP HEART PATIENTS

The Congenital Heart Future Reauthorization Act sponsored by Congressman Gus Bilirakis has been signed into law.

This legislation addresses the need to invest in continued research to assist the millions of Americans living with congenital heart disease (CHD).

The legislation seeks to build upon the

success by ensuring continued investment in surveillance research to assess the life-long needs of individuals with CHD.

Emphasis also is placed upon the need for continued biomedical research at the National Institutes of Health on the diagnosis, treatment and prevention of CHD.

This is the 26th bill authored by Bilirakis to become law since 2015.

ROBOTIC BREAST RECONSTRUCTION

Women who undergo a mastectomy to remove cancerous tissue or as a preventive measure because of a heightened genetic risk of breast cancer may choose reconstructive surgery.

One option is to use their own tissue for the reconstruction, which can achieve a more natural appearance and is a more permanent solution, compared with implant-based reconstructive surgeries.

According to a news release, surgeons from the University of Pennsylvania are the first in the world to use a surgical robot to assist with a bilateral free flap breast reconstruction, a procedure in which tissue is taken from the lower abdomen (similar to a tummy tuck), and used to rebuild the breast.

The technique enables surgeons to make a much smaller incision into the abdominal wall muscles, allowing patients to recover and to be discharged quicker, without the use of addictive narcotic painkillers.

For more information, visit PennToday.upenn.edu, and click on the Health Sciences link.

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Chalk Talk

Send school news to news@lakerlutznews.com

STUDENT ACHIEVEMENTS

- Jonathan K. Doyon, of Lutz, graduated from the University of Southern Mississippi with a Doctor of Philosophy
- Erin Louise Hale, of Lutz, was named to the fall Dean's List at Missouri Valley College, in the studies of criminal justice
- Adriana Matallana, of Lutz, received a Master of Arts from the Office of Graduate Studies at the University of Nebraska-Lincoln
- Alwina Mohammadali, of Lutz, graduated cum laude with a Bachelor of Science in Nursing from Lincoln Memorial University, Harrogate, Tennessee
- Summer Renee Solovitch, of Dade City, was named to the fall Dean's List at Missouri Valley College, in the studies of exercise science

FINE ARTS GRANT RECIPIENTS

The First National Bank of Pasco and the Pasco County School Board announced the first fine arts grant recipients as a result of a public-private collaboration between the board and the bank, in a program called ArtsFirst.

The ArtsFirst grant applications were submitted by Pasco fine arts teachers, and awarded by FNBP based upon the grant's likelihood of improving student achievement and opportunity.

The schools that received ArtsFirst grants in the first quarter include Centennial Elementary; Countryside Montessori, Odessa Elementary, San Antonio Elementary and

Thomas Weightman Middle School. The ArtsFirst initiative will assist fine arts classroom teachers with much-needed supplies, training and tools to help ensure a successful fine arts experience for students. Recipients can use the grant to purchase anything from instruments to technology to art supplies.

Donald Scott, band director for Thomas Weightman Middle School, will use grant dollars to purchase a new instrument, as well as bolster the jazz band.

EMPLOYEE OF THE YEAR

Pasco Schools Superintendent Kurt Browning announced that Mike Witfoth, maintenance area specialist, is the Pasco County Schools Non-Instructional Non-Bargaining (NNB) Employee of the Year.

Witfoth was recognized with 20 of his Maintenance Services Department colleagues for volunteering to spend a week in Bay County helping Bay District Schools recover from Hurricane Michael. The group was recognized with the Superintendent's Teamwork Award.

Witfoth has lived in Pasco County all his life and graduated from River Ridge High School.

After graduation, he started his 17-year career with Pasco County Schools as a maintenance assistant at the Northwest Bus Garage.

He then went on to work in maintenance, learning the trades of fencing, flooring and welding.

After earning his certification as a master custodian, he was hired as assistant plant manager at Pine View Elementary School.

A year later, Witfoth was promoted to plant manager and helped open Connor Elementary.

Six years later, within the Maintenance Services Department, he was promoted to



COURTESY OF MELONIE MONSON

Students receive honors

The Greater Zephyrhills Chamber of Commerce has awarded its December Citizens of the Month. Students are chosen by teachers and administration of their schools for exemplary effort, achievement and contribution to their school, family and community. Students receiving the recognition were: Griffin Buchanan, The Academy of Spectrum Diversity; Cody Ramsey, The Broach School; Riley Flanary, Chester Taylor Elementary School; Ethan Joseph, East Pasco Adventist Academy; Isaiah Denison, Heritage Academy; Tatiana Torres-Marquez, Raymond B. Stewart Middle School; Elizabeth Light, West Zephyrhills Elementary School; Lanaiya Vega, Woodland Elementary School; and Peyton Lebron, Zephyrhills High School.

his current position of custodial area specialist.

He oversees 25 elementary school plant managers.

Witfoth will be honored with other employees of the year at a dinner in February.

The district also will nominate him for Florida NNB of the Year.

BEST COLLEGE CITIES

The personal finance website, WalletHub, released its report on 2019's Best & Worst College Towns & Cities in America.

To help college-bound high school seniors determine their future home for the next several years, WalletHub compared more than 400 U.S. cities, also group by city

size, based on 30 key indicators of academic, social and economic growth potential.

The data set ranges from cost of living to quality of higher education to crime rate.

According to the reports, the top five Best Large College Cities are: No. 1-Austin, Texas; No. 2-Tampa; No. 3-Las Vegas, Nevada; No. 4-Seattle, Washington; and No. 5-Los Angeles, California.

The top five Best Midsize College Cities are: No. 1-Orlando; No. 2-Scottsdale, Arizona; No. 3-Gainesville; No. 4-Salt Lake City, Utah; and No. 5-Madison, Wisconsin.

Florida was not listed in the top 10 for Best Small College Cities.

To view a full report of the top 10, visit WalletHub.com/edu.

The Laker/Lutz News likes to keep our readers informed about news from our local schools, including upcoming events, photos of events, recognitions and so on. Submissions need to include who, what, where, when, contact information, identifications for individuals in a photo (unless it is a large group), and a photo credit. Please send your information two weeks prior to desired publication date, and email it to news@lakerlutznews.com. If you would like The Laker/Lutz News to consider coverage of an event, send a request to the same email.



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PLAZA, from page 1A

ing Men's Wearhouse, Great Clips, T-Mobile, Noire Nail Bar, Ford's Garage, Bahama Breeze Grill and Chuy's Tex-Mex.

Even here, new retail is coming, including Sweetea Café. The restaurant's menu will have freshly brewed bubble tea, and home-made Vietnamese food and snacks.

The new 130-room Hyatt Place Hotel & Sierra Conference Center opened recently at the far eastern end of the boulevard.

On the south side of State Road 56, Sierra Properties also will gain an Aldi grocery store, at 2215 Sun Vista Drive, on a parcel fronting the Tampa Premium Outlets.

The bounty of new shops, restaurants and offices at Cypress Creek represents a fraction of the development rush that is re-making Pasco County.

It is all part of the warp and weave of bringing a mix of retail, office, hotel, industrial and retail to a county with a long-held reputation as a bedroom community.

Development is bringing rooftops, retail, offices, manufacturing and jobs to the county.

"That's refreshing," said Bill Cronin, president/CEO of Pasco Economic Development Council Inc.

More development brings new residents, more jobs and added amenities, and it all adds up to a county where people "live, work and play," Cronin said. "They don't have to get on the road every day. They don't have to make the commute."

More development is on the way in the area surrounding Cypress Creek Town Center, too.

One recent arrival is At Home Décor Superstore on an outparcel at Tampa Premium Outlets.

To the immediate west of Cypress Creek,

Brightwork Crossing is well under construction of up to 350 apartments. A WaWa gas station and El Dorado Furniture store also are planned.

The Shoppes at Cypress Creek is being proposed for development at the northwest corner of State Road 54 and Old Cypress Creek Road. Site plans filed with the county last summer show two 9,000-square-foot buildings separated by a breezeway. A "quick service" restaurant also is proposed for an outparcel at the site.

The following stores are scheduled to open in 2019 at Cypress Creek Town Center:

HOBBY LOBBY

Plans are for a February 2019 opening, according to an email from Hobby Lobby representatives.

Hobby Lobby is primarily an arts and crafts store, but it offers a broad array of merchandise and hobby materials, including picture-framing, jewelry-making, floral and wedding supplies, cards and party favors, and home accessories.

The Oklahoma-based national chain began with a \$600 investment in a home-based venture by owners David and Barbara Green. They opened a 300-square-foot store in Oklahoma City in 1972, according to the company's website. Today, Hobby Lobby has more than 800 stores in 47 states.

BURLINGTON

Burlington traces its roots to 1924 and a wholesale operation selling women's coats and junior suits.

Its first outlet store opened in 1972 in Burlington, New Jersey, according to the company website.

Today, Burlington sells clothes, shoes and other accessories at discounted prices to women, men and children.

HOPE, from page 1A

limit them, either."

Hope Services is a vendor for the Florida Department of Education, Division of Vocational Rehabilitation.

It works from referrals and the support of families as a provider of vocational rehabilitation.

The organization aids in job coaching, on-the-job training, self-advocacy training, work readiness and more. That encompasses resume-building, learning how to find and apply for jobs online, interview techniques, developing socialization skills, understanding human resources requirements and documents, navigating public transportation and more.

Because its funding comes from the state of Florida, Hope Services programming is free to its clientele.

Hope Services itself has grown to over a dozen employees who service the Gulf Coast (Citrus, Hernando, Hillsborough, Pasco, Pinellas and Polk counties).

"It's really growing," Bray said. "Other employers want to be more involved in it because they're seeing our people can make a difference in their employment."

Bray said the organization's staff of employment and vocational training specialists work to accentuate people's abilities, rather than their disabilities.

In addition to assisting people with physical or learning disabilities, the organization helps find meaningful employment opportunities to those who have suffered life-changing injuries or illnesses, providing them "a second opportunity in life."

Bray observed: "You find a lot of times, with the disabled population, they're better employees because they're serious about their jobs and they want to do their best to succeed with their employer, too."

Each success story brings a feeling of warmth to Hope Services staffers.

"It's a very rewarding job. It really is," said

Seminar topics will include the following:

- Mindfulness & Goal Setting
- Self-Awareness & Emotional Regulation
- Time Management & Organizational Skills
- The Challenge of Adjusting Expectations
- Encouraging Fatigue: When the Helper Needs Help
- Distorted Thinking: Brains don't always tell the truth
- Coping Skills: What helps & what hurts?
- Communication Skills: The differences of what is said & what is heard

Bray, who estimates over 90 percent of Hope Services clients have found success in employment.

In recent years, the organization has placed more focus on ramping up programs for the teenagers and young adults, those ages 15 to 22 that are still in school.

Bray explained there's a "huge need" for servicing that population, noting many have difficulty with the very basics of finding and keeping employment.

Said Bray: "We're trying real hard to help those students, once they hit that 16, 17, 18-year-old age, to think ahead of employment, and also give mom and dad a ray of hope."

To help with that, Hope Services will be offering free support group seminars each month that will bring clients (and prospective clients) and family members together, in a supportive and educational forum. The meetings will be guided by a licensed clinician, who will help participants celebrate successes, encourage each other through ongoing challenges, learn new techniques, and provide and receive feedback on their personal journey through life with disabilities.

The first seminar will be on Jan. 7 at 7 p.m., at the Hope Services offices, 2406 Cypress Glen Drive, Suite 102, Wesley Chapel. Seminars will be held the first Monday of each month, from 7 p.m. to 9 p.m. They are free and open to the public.

For information, visit HopeGetsJobs.com, or call (813) 907-1903.

STUDENTS, from page 1A

She cared beyond the classroom walls.

"She invited me to her house and I would play with her daughters, who were high schoolers at the time. We would sit down and play school," she added.

It was a different time, and place, Mickler wrote, in an essay contained in her teacher of the year packet.

But, just like then, Mickler said, every student is unique and has individual needs.

"I like the challenge of trying to figure out where they need the assistance, and the best way to get it for them. Sometimes you have to get creative.

"I had a kid the other day who walked in and said, 'I just need a hug,'" she said.

She said one of the main things she tells her students is: "Keep your opportunities open. Don't start closing doors by the choices you are making now."

Mickler, who has been at Pasco Middle School in Dade City for 14 years, is the teacher and coordinator in the school's AVID program. The acronym stands for Advancement Via Individual Determination.

She built that program at her middle school from the ground up.

It's an elective college prep and life skills course aimed at students who typically find themselves in the middle, with some slightly above average and others slightly below, she said.

"They have what it takes to go to college," she said, but they may need a little extra support in some areas.

The course is about helping students advance through individual determination — and that means knowing more than just

how to analyze a piece of writing or solve a mathematics problem, Mickler said.

It also requires knowing how to advocate for yourself, how to resolve conflicts and how to prioritize the importance — and order of tasks — that need to be done, she said.

Mickler calls that mastering the soft skills needed to navigate the "hidden curriculum" of school.

The teacher said she's lucky because her job gives her the luxury of flexibility not found in typical classrooms.

Most classrooms are tightly regulated by the amount of material that must be covered and the emphasis on performance.

Performance is important, she said, but so is flexibility.

Her program is an elective, and she has a greater opportunity to really get to know her students and identify their needs.

AVID, she said, has made her a better educator.

"Intentionally planned flexibility is what turns good teachers into great teachers," Mickler believes.

Early on, AVID emphasizes team-building with the goal of creating a family atmosphere in the class.

"It is never 'my classroom.' It is 'our classroom,'" Mickler said.

Mickler never expected to be selected as Pasco's teacher of the year.

She was helping to judge science projects in the school's media center, when a contingent of district officials showed up to let her know.

"I was in shock. It was so completely unexpected.

"It made me feel incredibly special," Mickler said.

HOMEGOODS

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Five Below sells everything from cellphone cases and chargers to yoga pants, footballs, candy and seasonal items for Halloween, Easter and Christmas.

SLEEP NUMBER

The Minnesota-based national chain sells mattresses, beds and bedding.

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VERIZON WIRELESS

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AMERICA'S BEST CONTACTS & EYEGLASSES

America's Best offers discounted services, including eye examinations, glasses and contacts.

DOLLAR TREE

The discount store traces its roots back

more than 60 years to the Ben Franklin Variety store, and a concept of selling products for \$1. It offers a wide array of products, including drinks, toys, candy, school supplies, home décor, gifts and cards.

CHIPOTLE MEXICAN GRILL

The Denver-based fast-casual restaurant is known for its burritos and tacos, and a philosophy of preparing meals-to-order with fresh ingredients. The company has more than 2,000 restaurants nationwide.

WALK-ON BISTREAUX & BAR

Walk-on Bistreaux & Bar is a New Orleans-based sports bar that is co-owned by New Orleans Saints' quarterback Drew Brees. It was founded by business partners who were walk-ons to the Louisiana State University's basketball team. They opened their first restaurant near LSU's Tiger Stadium.

BLAZE PIZZA

Blaze Pizza is a California-based fast-casual restaurant that serves made-to-order, fresh-from-scratch pizzas.

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New Year in sports offers plenty to experience

By Kevin Weiss
kweiss@lakerlutznews.com

As we embark on a new year, the sports world within The Laker/Lutz News coverage area promises to deliver plenty to watch, experience, and perhaps appreciate.

Here's a closer look at some of the happenings in 2019:

One major development will be the progression of new sports facilities throughout East Pasco County — whether it's the end-of-year completion of the Wiregrass Ranch Sports Complex, or the beginning of construction of others like the Sarah Vande Berg Tennis Center in Zephyrhills and the Christopher N. Chiles Aquatic Center in Land O' Lakes.

Tied into all that, keep an eye on the initiatives put forth by Visit Pasco, the county's tourism agency. Since rebranding its slogan to "Florida's Sports Coast," the county is looking to become a destination nationwide for youth and amateur sports.

Speaking of amateur sports, the new year is a good time to jump off the couch, get outdoors and pick up a new sport or activity.

The region presents countless opportunities year-round, from adult softball leagues at Land O' Lakes Heritage Park, to recreational hockey leagues at AdventHealth Center Ice (formerly Florida Hospital Center Ice) in Wesley Chapel. Many local churches, including Idlewild Baptist Church, Grace Family Church and St. Timothy Catholic Church, offer their own sports leagues for all skill levels, from kickball and basketball, to flag football and soccer.

The cooler, early year temperatures are also a prime time to hit up the myriad of golf courses in Pasco. The St. Leo Abbey Golf Club in San Antonio and Fox Hollow Golf Club in Trinity are well-regarded, as are the more exclusive 36 holes offered at the Saddlebrook Resort & Spa.

Meantime, the adventure-seeking, fitness-oriented crowd may find it worthwhile to bike the Upper Tampa Bay Trail and the Withlacoochee State Trail; sign up for a Savage Race at Little Everglades Ranch in Dade City; or, partake in Hillsborough County's annual hiking spree, which includes visiting a number of nature parks and preserves countywide.

There's other fun, outdoor activities to give a try, too.

Exhilaration and excitement can also be found at places like TreeHoppers Aerial Adventure Park in Dade City and Skydive City in Zephyrhills. Horseback riding at Odessa's Northwest Equestrian Conservation Park and rifle shooting at Tampa Bay Sporting Clays in Land O' Lakes create a fun change of pace, in their own right.

Local sporting events are another highlight of the new year.

AdventHealth Center Ice will showcase its fair share. They include the Mrs. Hockey Invite, featuring the top U-12 girls talent from across the world; the 15th annual Toyota-USA Disabled Hockey Festival, the largest disabled hockey event of its kind; and, the USA Hockey adult men's recreational national championships.

Silver Dollar Shooters Club in Odessa will play host to a series of premier events, including the Florida Hall of Fame Shoot/Silver Dollar Open, the Florida State Trap Shooting Championships, and the Southern Grand American Tournament.

Elsewhere, traditional sports-goers should also make a point to check out the various men's and women's college sports



AdventHealth Center Ice (formerly Florida Hospital Center Ice) will host several major tournaments in 2019, such as the USA Hockey adult men's recreational national championships.



Pasco County has rebranded itself as Florida's Sports Coast, as it strives to become a youth and amateur sports tourism destination. A marketing campaign and more official details will be revealed throughout the new year.



This rendering shows the proposed Christopher N. Chiles Aquatics Center in Land O' Lakes, which would add to the growing list of sports facility assets in Pasco County.



COURTESY OF IDLEWILD BAPTIST CHURCH

Several local churches, such as Idlewild Baptist Church in Lutz, offer a multitude of recreational sports leagues.



COURTESY OF SAVAGE RACE

The Savage Race, an extreme mud obstacle course, is held twice a year at Little Everglades Ranch in Dade City.

at Saint Leo University — consistently one of the nation's Division II athletic programs — and Pasco-Hernando State College. Both institutions provide an up-close look at many athletes who wind up finding success in the professional sports ranks. That's particularly been the case for Saint Leo's baseball program, which has yielded seven MLB Draft picks since 2013.

Of course, the high school sports scene is worth watching as well.

The winter prep season is already underway, whereby several local schools are fielding top-notch basketball and soccer teams.

For instance, the Wesley Chapel boys basketball and Sunlake girls basketball have shown early promise, as have the boys and girls soccer teams at Wiregrass Ranch, among some others.

So, don't be surprised if one or more of those squads wind up making deep playoff runs in their respective sport a couple months from now.

Come springtime, the central Pasco softball scene is sure to provide some exciting moments, as Academy at the Lakes, Land O' Lakes and Sunlake each are coming off 20-plus win seasons.

Academy at the Lakes will be seeking its second-straight Class 2A state title, while Land O' Lakes will be seeking its second Class 6A title in three years, respectively.

Both squads unquestionably have the veteran pitching firepower to again win state crowns, armed with Alabama signee Lexi Kilfoyl (Academy at the Lakes) and Tennessee signee Callie Turner (Land O' Lakes) in the circle.

Other local softball programs like Gaither, Freedom, Steinbrenner and Cypress Creek are also coming off strong campaigns to inject some competition in The Laker/Lutz News coverage area.

The 2019 football season, too, should offer some interesting wrinkles.

New coaches will take over at Pasco and Sunlake, effectively replacing two

household names in Tom McHugh and Bill Browning, respectively.

Those programs — along with the other public schools throughout Pasco — will look to unseat Zephyrhills, which went undefeated last regular season and is now up to 19 straight regular season victories.

Another storyline to follow: Land O' Lakes and the progression they make under second-year coach Chad Walker. In his first season as a high school football head coach, the 34-year-old Walker guided the Gators to a 7-3 mark in 2018 — the program's first winning season since 2013.

The eight-man football ranks is sure to create intrigue, as well.

Academy at the Lakes will be seeking an unprecedented third consecutive state title.

The team — which also went undefeated in 2018 and is on a 20-game win streak — is expected to return many key pieces, including standout quarterback Jalen Brown, who will be a junior.



ROLLER DERBY RECRUITMENT

Revolution Roller Derby is hosting a pre-season recruitment open house Jan. 7 at 7 p.m., at SpinNations Skating Center, 8345 Congress St., in Port Richey. The open house will feature an information session about the sport of roller derby, and what it takes to become a skater. Entry is free. Men and women are welcome to join. No experience necessary. The league is also seeking volunteers and non-skating officials. Revolution Roller Derby is a nonprofit roller derby league. For information, email Rose Frizzle at RevolutionRDpress@gmail.com, or visit RevolutionRollerDerby.com.

ADULT SOCCER LEAGUE REGISTRATION

The NewAPSL (Adult Premier Soccer League) is accepting teams and individual players for its Sunday evening 11-on-11 winter leagues, which run from Jan. 13 to March 10. Games are played at New Tampa Community Park, 17302 Commerce Park Blvd., Tampa. Cost is \$75 per player and \$750 for a team of up to 16 players. Registration closes Jan. 10.

For information, visit NewAPSL.com, or call Colin Eke at (813) 610-2278.

SAINT LEO SOFTBALL WINTER CAMP

The Saint Leo University softball program will host a one-day winter camp Jan. 19 from 9 a.m. to 5 p.m., at University Softball Stadium, 33701 State Road 52 in St. Leo.

The camp is open to all softball players in eighth grade through junior college. It

will include skill instruction— offense, defense, base running and pitching — in the morning session, followed by a Saint Leo University Campus tour, a Q&A session, and live games in the afternoon.

Athletes are asked to bring a lunch and water bottle, as well as all of their softball gear - bats, gloves, helmets, cleats - including turf or running shoes. Water will be supplied in the dugout.

Registration begins at 8:30 a.m., on the morning of the camp, with the camp starting promptly at 9 a.m.

For information about the cost of the camp and other details, contact assistant coach Brittany Johnson at (352) 588-8688 or brittany.johnson05@saintleo.edu.

RUN FOR LIFE 5K SET

The sixth annual Run for Life 5K and 1-Mile Fun Run is scheduled for Jan. 26 at the

Main Street stage, 38500 Fifth Ave., Zephyrhills.

Race day registration begins at 7 a.m. Start time for the 5K is 8:30 a.m., and 9:15 a.m., for the 1-Mile Fun Run.

Trophies, medals and ribbons will be given to the overall male and female winners, top male and female age group finishers in the 5K, and the top 10 finishers in the 1-Mile Fun Run. There will also be giveaways donated from area businesses and restaurants to go to registered participants directly or as random drawings.

The event benefits the Pregnancy Care Center of Zephyrhills, a nonprofit that annually serves over 500 women and their children.

Online registration is available at PCCZephyrhills.org.

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A guide to having fun in 2019

By Brian Fernandes
bfernandes@lakerlutznews.com

If you're looking for a way to have some fun with family, entertain guests, or just take a break from the daily grind — this guide should give you plenty of options in the year ahead.

JANUARY

RAISING CANE, A SWEET & SPICY EVENT

WHEN: Jan. 12 from 9 a.m. to 5 p.m.
WHERE: Pioneer Florida Museum and Village, 15602 Pioneer Museum Road, Dade City
COST: \$10 for adults; \$5 for students; free admission for those under age 5
DETAILS: Sample chili, indulge in a pancake breakfast with cane syrup and listen to live musical performances.
INFO: Contact Brenda Minton at (352) 206-8889 or curator@pioneerfloridamuseum.org.



NINTH ANNUAL PIGZ IN Z'HILLS & BLUES

WHEN: Jan. 19 from 10 a.m. to 6 p.m.
WHERE: Zephyrhills Community Venue, 5200 Airport Road, Zephyrhills
COST: Free admission; \$10 parking
DETAILS: Choose barbecue foods prepared by prize-winning vendors, listen to live blues bands, set the children loose in the Kidz Fun Zone, or check out a classic car show, aviation showcase and the Military History Museum.
INFO: Call (813) 782-1913, or visit ZephyrhillsChamber.org.

14TH ANNUAL SUNCOAST ARTS FEST

WHEN: Jan. 19 from 10 a.m. to 6 p.m.; Jan. 20 from 11 a.m. to 6 p.m.
WHERE: The Shops at Wiregrass, 28211 Paseo Drive, Wesley Chapel
COST: Free
DETAILS: The event will feature more than 125 artists displaying their works, face-painting and scavenger hunts for kids, live music and artists decorating the sidewalks.
INFO: Call Jenniferlee Events at (863) 337-4256.



DADE CITY'S ANNUAL KUMQUAT FESTIVAL

WHEN: Jan. 26 from 9 a.m. to 5 p.m.
WHERE: Downtown Dade City
COST: Admission is free, as well as city-owned public parking and transportation from two satellite parking areas
DETAILS: Vendors will offer all things kumquat — cookies, smoothies and ice cream, and pie, among other things. The event offers live music, crafts, face painting and an antique car display.
INFO: Call the Dade City Chamber of Commerce at (352) 567-3769.

CLASSIC CAR CRUISE-IN

WHEN: Jan. 26 from 5 p.m. to 8 p.m.
WHERE: Historic Downtown Zephyrhills
COST: Free
DETAILS: Hot rods and antique cars will be showcased for the public, along with craft foods and live performances.
INFO: Call Main Street Zephyrhills at (813) 780-1414.

FEBRUARY

FARM FEST & QUILT SHOW

WHEN: Feb. 2 from 10 a.m. to 5 p.m.; Feb. 3 from 10 a.m. to 3 p.m.
WHERE: Pioneer Florida Museum & Village, 15602 Pioneer Museum Road, Dade City
COST: \$10 for adults; \$5 for students; free admission for those under age 5
DETAILS: Feb. 2 will entail a draft horse pull, petting zoo, bounce house, barbecue lunch and a quilt exhibit. Bring lawn chairs because seating to watch the horse pull is limited. An antique car show is planned for Feb. 3.
INFO: Call the Pioneer Florida Museum at (352) 567-0262.



PASCO COUNTY FAIR

WHEN: Feb. 18 through Feb. 24
WHERE: Pasco County Fairgrounds, 36722 State Road 52, Dade City
COST: Tickets are \$8 for age 13 and up; \$5 for ages 6 through 12; free admission for age 5 and under
DETAILS: The event features carnival rides, a rodeo, a pageant contest and live performances.
INFO: Visit PascoCountyFair.com.

CIVIL WAR REENACTMENT

WHEN: Feb. 23 and Feb. 24 from 9 a.m. to 5 p.m.
WHERE: Pioneer Florida Museum and Village, 15606 Pioneer Museum Road, Dade City
COST: \$8 for seniors; \$10 for adults; \$5 for students; free for those under age 5.
DETAILS: Both days will show reenactments of our country's historic battles at 2 p.m. A ladies period fashion show will be on display, live music and food vendors.
INFO: Call the Pioneer Florida Museum and Village at (352) 567-0262.

PAULIE PALOOZA

WHEN: Feb. 23 from noon to 9 p.m.
WHERE: Main Street Zephyrhills, 38537 Fifth Ave., Zephyrhills
COST: Free
DETAILS: The event will be filled with live band performances, food, various vendors, prize drawings and an auction.
INFO: Call (727) 845-5707.

MARCH

109TH FOUNDERS' DAY PARADE & HERITAGE FESTIVAL

WHEN: March 9 from 9 a.m. to 5 p.m.
WHERE: Historic Downtown Zephyrhills
COST: Free
DETAILS: A parade with live band performances, beard and mustache competitions, sidewalk chalk art for kids, and food vendors.
INFO: Call (813) 780-1414, or visit MainStreetZephyrhills.org.

SAVAGE RACE

WHEN: March 16 and March 17
WHERE: 17951 Hamilton Road, Dade City
COST: Registration fees vary depending on team size and added insurance fees. Parking is \$25 for RVs; \$10 for cars; \$5 for motorcycles
DETAILS: The event entails a rigorous 6-mile to 7-mile run filled with mud and various obstacles.
INFO: Register at SavageRace.com.

DOGS DAY IN DADE CITY

WHEN: March 16 from 10 a.m. to 2 p.m.
WHERE: Agnes Lamb Park, 14200 Ninth St., Dade City
COST: Free
DETAILS: Owners can bring their furry friends for a dog wagon parade, dog costume contest, and ice cream and yogurt contest.
INFO: Contact Lucy Avila at (352) 424-4972 or lucyavila707@gmail.com.

FOURTH ANNUAL LAND O' LAKES MUSIC FEST

WHEN: March 23 from 4 p.m. to 10 p.m.
WHERE: Land O' Lakes Heritage Park, 5401 Land O' Lakes Blvd.
COST: Free admission; \$10 parking
DETAILS: Listen to live bands, and browse various food and craft vendors. Bring lawn chairs or blanket for seating.
INFO: Call (813) 909-2722.

GRAN FONDO FLORIDA

WHEN: March 24, 8 a.m.
WHERE: Vo2max Cycles, 32807 Pennsylvania Ave., San Antonio
COST: Varies depending on race chosen during registration
DETAILS: Cyclists will have the opportunity to get their exercise in as they race through both rugged terrain and flat land.
INFO: Visit GranFondoNationalSeries.com.

TASTE OF NEW TAMPA & WESLEY CHAPEL

WHEN: March 24 from noon to 4 p.m.
WHERE: AdventHealth Center Ice, 3173 Cypress Ridge Blvd., Wesley Chapel
COST: Free admission; regular price for tickets are \$25 for 25, \$50 for 50 and \$100 for 100. Discounts on tickets are available online.
DETAILS: Hosted by the Rotary Club of New Tampa, the event will feature nearly 50 Tampa Bay restaurants with wine and craft beers for patrons to sample and enjoy. There will be an activity section for kids, as well as a skating rink and live musical performances.
INFO: Contact Karen Frasier at (813) 375-2663 or admin@NewTampaRotary.org. TICKETS: Visit TasteOfNewTampa.org.

APRIL

JELLY BEAN FLING

WHEN: April 6 from 10 a.m. to 5 p.m.
WHERE: Pioneer Florida Museum, 15602 Pioneer Museum Road, Dade City
DETAILS: A spring festival where attendees can make their own Easter bonnet, watch a parade, visit vendors and enjoy live music.
INFO: Call (352) 567-0262.

DADE CITY SYMPHONY

WHEN: April 13 from 6 p.m. to 9 p.m.
WHERE: Pasco Middle School Auditorium, 13925 14th St., Dade City
COST: Free
DETAILS: Watch an ensemble of musicians perform live with various instruments ranging from brass to percussion.
INFO: Email DadeCitySymphony@gmail.com.

INCREDI-BOWL Z'HILLS

WHEN: April 20 from 4 p.m. to 6 p.m.
WHERE: Pin Chasers, 6816 Gall Blvd., Zephyrhills
DETAILS: The event will be filled with bowling tournaments, pizza and raffles for attendees.
INFO: Call the Greater Zephyrhills Chamber at (813) 782-1913.

MAY

WESLEY CHAPEL BOAT SHOW

WHEN: May 3 and May 4 from 10 a.m. to 6 p.m.; May 5 from 10 a.m. to 5 p.m.
WHERE: The Shops at Wiregrass, 28211 Paseo Drive, Wesley Chapel
COST: \$3 for age 13 and up; free admission for age 12 and under
DETAILS: Boats and other watercrafts will be displayed for purchase. Experts will also offer tips and hands-on training.
INFO: Visit WesleyChapelBoatShow.com, or email info@WesleyChapelBoatShow.com.

JUNE

CASINO NIGHT FUNDRAISER

WHEN: June 22, 7 p.m.
WHERE: Covington Farm, 36222 Covington Road, Dade City
COST: \$150 admission fee
DETAILS: The summer gala benefit will provide a casino, silent auctions, raffles and food.
INFO: Call the Pioneer Florida Museum at (352) 567-0262.

JULY

LUTZ FOURTH OF JULY PARADE AND FESTIVITIES

WHEN: July 4
WHERE: Downtown Lutz, near the Train Depot
COST: Free
DETAILS: The event features a parade, a race, festivities, and the announcement of the Lutz Guv'na.

SEPTEMBER

A SALUTE TO SEPT. 11

WHEN: Sept. 11
WHERE: Outside the Old Lutz School, 18819 U.S. 41, Lutz
COST: Free
DETAILS: All are welcome to join the Lutz-Land O' Lakes Woman's Club in flag waving to commemorate Sept. 11 heroes and victims.



OCTOBER

RATTLESNAKE FESTIVAL

WHEN: Oct. 20 from 11 a.m. to 4 p.m.
WHERE: Pasco County Fairground, 36722 State Road 52, Dade City
COST: \$5 admission
DETAILS: The event features live performances, a reptilian show, wooden gopher tortoise race, petting zoo, games and food.
INFO: Call (813) 782-0000, or visit RattleSnakeFestival.com.

SPOOK-TACULAR

WHEN: Oct. 26 and Oct. 27 from 6 p.m. to 11 p.m.
WHERE: Pioneer Florida Museum, 15602 Pioneer Museum Road, Dade City
COST: \$8 admission
DETAILS: The Dade City Woman's Club will host the event with a haunted hayride, interactive walk-through and lots of sweet treats to eat.
INFO: Call Pioneer Florida Museum at (352) 567-0262.

NOVEMBER

FLORIDA BUG JAM

WHEN: Nov. 9 and Nov. 10
WHERE: Pasco County Fairgrounds, 36722 State Road 52, Dade City
DETAILS: Volkswagens and VW lovers congregate to show off their vehicles. There also will be music and vendors.
INFO: Contact Randy Yoho at (352) 588-4697 or tyoho3@icloud.com.

SAVAGE RACE

WHEN: Nov. 9 and Nov. 10
WHERE: 17951 Hamilton Road, Dade City
COST: Registration fees vary depending on team size and added insurance fees. Parking is \$25 for RVs; \$10 for cars; \$5 for motorcycles
DETAILS: The event entails a rigorous 6-mile to 7-mile run filled with mud and various obstacles.
INFO: Register at SavageRace.com.



DECEMBER

LUTZ ARTS & CRAFTS SHOW

WHEN: Traditionally held the first weekend of December
WHERE: Keystone Preparatory High School, 18105 Gunn Highway, Odessa
DETAILS: Numerous vendors are set up displaying artistic work for purchase. Food and prizes will also be offered.
INFO: Call (813)-833-3962 or (813)-528-1179.

COUNTRY CHRISTMAS & VINTAGE MARKET

WHEN: Dec. 7 from 9 a.m. to 5 p.m.
WHERE: Pioneer Florida Museum, 15602 Pioneer Museum Road in Dade City
COST: \$10 for adults; \$5 for students or those who bring a toy donation; free for those younger than age 5
DETAILS: There will be free photos with Santa from 1 p.m. to 3 p.m.; opportunities to purchase presents from vendors; food trucks; a petting zoo; and live entertainment.
INFO: Call Brenda Minton at (352) 206-8889, or visit PioneerFloridaMuseum.org.



12TH ANNUAL TAMPA TOUR DE CLAY

WHEN: Dec. 7 and Dec. 8
WHERE: Stops at area pottery studios.
COST: Free
DETAILS: Various clay artists display their work, give demonstrations and offer art for purchase.
INFO: Visit TampaTourDeClay.com.

OLD LUTZ SCHOOL CHRISTMAS HOUSE

WHEN: Traditionally held on select dates in December
WHERE: Old Lutz School, 18819 U.S. 41, Lutz
COST: Free
DETAILS: The school is decorated with lights, a Christmas tree, train sets, and refreshments are available.
INFO: Visit OldLutzSchool.com.

CHRISTMAS IN THE PARK

WHEN: Traditionally held on the first Sunday of December
WHERE: City Park, 12202 Main St., San Antonio
COST: Free
DETAILS: The event showcases the lighting of Christmas cards, live performances, raffles and refreshments.
INFO: Call Donna Swart at (352) 588-3631.

FESTIVAL OF LIGHTS ON MAIN STREET

WHEN: Traditionally held on the first or second Saturday of December
WHERE: On Fifth Avenue, from Seventh to 10th streets in Zephyrhills
COST: Free
DETAILS: Includes a parade, food and craft vendors, as well as live performances
INFO: Visit MainStreetZephyrhills.org.

ANIMAL SERVICES PARK WALK

Pasco County Animal Services (PCAS) will host a Park Walk on Jan. 5 at 9 a.m., at Jay B. Starkey Wilderness Park, 10500 Wilderness Park Blvd., in New Port Richey.

Adoptable dogs from the shelter will be available for adoption that day.

Participants can also bring their own dogs, too.

These rules must be followed:

- All dogs must be on a leash (no flex/retractable leashes).

- Those joining the walk also must clean up after their own pet. Waste bags will not be provided.

- Dogs are not allowed face-to-face contact.

- Bring water and bowls for your pet.

- One pet per handler at all times.

- Prong or electric collars are not permissible.

Another walk is scheduled for March 2, also at Starkey Wilderness Park.

For information, call PCAS at (813) 929-1212.

PET of the WEEK



Yoshi is playful

Yoshi is a 9-year-old Yorkie poo. She was rescued from the Lakeland ASPC. Yoshi does many funny things. Her favorite pose is legs out front and her butt in the air. Yoshi's proud owner is Brenda Harrelson, of Wesley Chapel.

Send us a picture and information on your favorite pet!

Write a short paragraph about why your pet is special along with a photo and mail to: Pet of the Week, c/o The Laker, P.O. Box 479, Lutz, FL 33548 or email to mrathman@lakerlutznews.com, ATTN: Pet of the Week

PLEASE NOTE: OWNERS NAME AND ADDRESS MUST BE INCLUDED FOR YOUR PET TO BE CONSIDERED FOR PUBLICATION.

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BUSINESS DIGEST

Send business news to news@lakerlutznews.com

For more information or to RSVP, call (813) 600-9848.

DEVELOPMENT GROUP TURNS 15

Tampa-based Metro Development Group celebrated its 15th anniversary in December, during one of the most exciting times in the company's history, according to a news release.

The developer recently unveiled the nation's first Crystal Lagoons amenity.

Known for its Metro Places communities, exclusive ULTRAFI technology and its multiple Metro Lagoon projects, the development group is showing no signs of slowing down.

Founded in 2003 by CEO John Ryan, Metro has developed more than 40,000 lots across 70 communities in West Central Florida, valuing at nearly \$2 billion, according to the release.

LEARN HOW TO START A BUSINESS

There will be a free workshop Jan. 8 from 5:30 p.m. to 7:30 p.m., to provide an overview of key issues related to starting your own business, including how to structure your business, to develop a business plan, and understand how to manage cash flow.

The workshop is being presented by Pasco-Hernando Score at the Hugh Embry Branch Library, 14215 Fourth St., in Dade City.

To find out about other free seminars and resources available through Pasco-Hernando Score, visit PascoHernando.score.org.



COURTESY OF BOARDROOM PR

DEL WEBB BUILDING CLUBHOUSE

Construction has started on a 19,000-square-foot clubhouse at The Meridian at Bexley, in Land O' Lakes, a project being done by Del Webb, a pioneer in communities for those ages 55 and older.

The coastal style clubhouse will serve as a community hub for residents to explore, learn and grow socially, physically and intellectually as they approach retirement, according to a news release. It will have a fitness center, resort-style community pool, dog park, community garden,

pickle ball and tennis courts and a large social room.

A full-time lifestyle director will manage social and recreational programs.

Del Webb Bexley is the first to be built from the ground up in the Tampa Bay area since 1960.

Del Webb is offering 18 single-family detached home designs for the 850 homesites within Bexley.

Prices start at \$234,990. For pre-sales information, visit DelWebb.com/bexley, or call (866) 230-6089.

BURGER MONGER IS NOW CHOPHOUSE BURGERS

Burger Monger, in Wesley Chapel, has given itself a new name and added 10 new chef-inspired burgers. The restaurant is now called Chophouse Burgers and Barstool Shakes.

The restaurant's new expanded menu also includes a fresh-breaded chicken sandwich, and new recipes for their hot dogs and side dishes.

Burger Monger has five locations, and the Wesley Chapel location, at 1656 Bruce B.

Downs Blvd., is the first to get the makeover. For more information, go to BurgerMonger.com.

GRAND OPENING CELEBRATION

Design and Construction Innovations had a party on Dec. 13 to celebrate its anniversary and grand opening. Those attending had the chance to meet the company's staff, friends and associates and to enjoy food and drinks.

The business is located at 20625 Amberfield Drive in Land O' Lakes.

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Not available for same-day or weekend service. Cannot be combined with any other offer. Price is per unit. System must be in working condition.

IERNA'S Heating & Cooling | 813-948-6355

SAVE ON YOUR NEXT REPAIR

\$25 OFF

Cannot be combined with any other offer. Not available with Clean & Tune or Drain-line Service. See dealer for details.

MUST PRESENT COUPON AT TIME OF SERVICE

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COURTESY OF PATRICIA SERIO

Honoring our veterans

The GFWC Lutz-Land O' Lakes Woman's Club made a donation to Wreaths Across America and members met at the American Legion Cemetery in Tampa for the ceremonial laying of the wreaths on the graves. The club donates every year to this charity, and comes out to honor and remember veterans during the holiday season. From left: Jane Mason, Dee Kner and Andrea Sands.



COURTESY OF DAVID KIRK

Marines make holidays brighter

Marines Jim Knight and Robert Seitz turned over more than 100 new, unwrapped toys to Debra Gossett, Keystone Community Church organizer for Metropolitan Ministries. The toys were donated by members of the Marine Forever Detachment 1440, Marine Corps League in Lutz. In addition to the toys, \$500 was donated to help needy families in the greater Hillsborough and Pasco county areas, and \$1,000 was given to the Marine Corps Reserve Toys for Tots program. For information about the Detachment, visit Marine4Ever.com, or call (813) 956-2469.

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Cannot be combined with any other offer. Sale price reflects installation of 40 gallon electric water heater in garage with clear access to area of installation. Additional fees may apply if the area equipment is to be installed is blocked inside the home, in the attic and/or on second story cost. Limited time offer. Schedule free estimate to determine final price. Sorry no rain checks.

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BROKER	GROSS	PRODUCT
BUDGET	GROWTH	PROFIT
BUSINESS	GUARANTEE	RECEIVABLE
CASH FLOW	INCOME	SERVICE
COLLATERAL	INVESTOR	STATEMENT
COMMODITY	LIABILITY	STOCK
CREDIT	LOAN	SUPPLY
DEBT	LOSS	TAXES

SEE SOLUTIONS, PAGE 7B

To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

	2		7				
5		1	2			9	
8	4		3		1		2
2	6		1		9		8
7		8			4		
1			8	6		4	7
3	9			1			
		2	6	3	8	5	
							3

BUSINESS WORD SEARCH

E N K K W G C O E Q R R B B W H H X I Y
 Q E U G R O E K A X E A E H G P T P C T
 U T S O W L L U N C P T E F W R W P R I
 I L S A B Y D F E K L E T R F O O R E L
 T S A A D I H I H D A L N R P F R O D I
 Y I Y R T M V W N S O D A S O I G D I B
 S A M U E A I A T S A T R G E T I U T A
 P N A D B T M N S E E C A H U S R C H I
 L T F L L E A F I S W L U O X I V T F L
 L E E T D T T L S S W P G P L A C S I F
 O F S N C M N A L W T Y E K R V F U I N
 R F G E W O G U T O T R X M S I T C F B
 Y Y Y M F I M U O A C K A S O E C A H V
 A L P E S G C M X C C U E T C C I I E V
 P P H T D F N E O O C N Q I I V N G N B
 B P V A I A S A T D I A V A T O E I D G
 E U K T T E H S O S I R N V R B N A C K
 V S V S Y B A X U L E T N T P W E R L D
 H B D T O C Q B Y S Q N Y D V O C D D D
 B U D G E T I N V E S T O R E K O R B A

Find the words hidden vertically, horizontally, diagonally, and backwards.

Classifieds

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GENERAL EMPLOYMENT

FOOD SERVICE

Florida Hospital at Connerton Long Term Acute Care in Land O'Lakes is hiring in Food Service.

Production Cook, Job #: 18014809

- PRN - This is NOT a full-time, benefitted position, this is an "as-needed" position.
- Pay rate is \$13.99/hour
- Performs all work on production sheets in a timely fashion so as to meet meal deadlines.
- Prepares all Cafeteria, Doctors' Dining, Deli and special hot menu items for patient meal service.
- At least 2 years' experience in cooking in an institutional setting required.
- High School graduate (Preferred)

Catering Associate Dietary Aide, Job #: 18016454

- PRN/Day (8-hour shifts)
- This is NOT a full-time benefitted position, this will be an "as-needed" position
- Pay is \$11.71/hour
- Collects and processes diet order information from patients into the computerized system.
- Assembles trays according to patients menu on tray tickets.
- Retrieves trays from patients' rooms
- High School diploma or GED, OR min 3 years of food service experience may be accepted in place of education required.
- Computer skills in order to effectively operate hospital CBORD system and other computer-based systems which manage patient care records required.
- Three (3) months food service experience (Preferred)

Apply online at JoinAHS.com

Enter Job #18014809 for the Production Cook job or Job #18016454 for the Catering Associate job.

This facility is an equal opportunity employer and complies with federal, state and local anti-discrimination laws, regulations and ordinances.

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GET YOUR MEDICAL MARIJUANA CARD. CALL FOR FREE EVALUATION. CALL 833-420-0421 RXPO.COM (c)

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\$300
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The necklace is 18" long and the bracelet can connect to it to make it 26" long.

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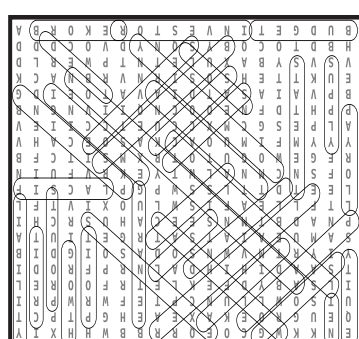
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Notices

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GAME PAGE ANSWERS



4	3	1	2	5	6	7	8	9
6	7	5	8	3	9	2	1	4
8	9	2	7	1	4	5	6	3
7	2	4	3	9	8	6	5	1
1	6	9	4	2	5	8	3	7
5	8	3	6	7	1	4	9	2
2	5	7	1	6	3	9	4	8
3	4	6	9	8	2	1	7	5
9	1	8	5	4	7	3	2	6

LEGAL NOTICES

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