



St. Anne Catholic Church held a special service honoring the 10th anniversary of Sept. 11. See the photo spread on **page 13**



Melody Jameson's series on Cuba explores the history and future of this communist island. Read the full story beginning on **page 2**

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MITCH TRAPHAGEN PHOTO

Wilson Perez of the Coalition of Immokalee Workers holds up a sign near the Publix store in Sun City Center. Perez was part of a group of riders who made a 200 mile trip to Publix Headquarters in Lakeland in an effort to meet with the company CEO regarding their Campaign for Fair Food.

Riding 200 miles for a penny

■ By MITCH TRAPHAGEN
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SUN CITY CENTER — The small group of bicyclists rode up Highway 301 to the Kings Crossing shopping center in Sun City Center without ceremony. They quietly dismounted, picked up banners and signs from a van that had been waiting for their arrival, and stood alongside the highway to make their mission known. Effectively, the small group of riders from both the Coalition of Immokalee Workers (CIW) and Interfaith Action of Southwest Florida rode 200 miles for a penny.

More specifically, they rode from Immokalee to the corporate headquarters of Publix in Lakeland, in the hopes of meeting with CEO Ed Crenshaw to convince him to join in their Campaign for Fair Food project — an effort to address substandard farm labor wages and to establish a code of conduct in labor practices. The CIW is asking fast food companies and grocery chains to agree to an additional penny per pound for tomatoes — an amount that would be passed along to the farm workers in the form of a bonus. According to the CIW, most farm workers are currently paid by the piece, not by the hour, and most earn

less than \$12,000 per year, with minimum wage laws not applicable.

For many workers, the CIW says the piece rate has not changed since 1980. Farm workers receive an average of 50 cents for a 32-pound bucket of tomatoes so the penny per pound accord would create a significant increase in wages. The CIW says that a typical worker today must pick 2.25 tons of tomatoes to earn minimum wage in an average 10-hour workday. The organization also claims that some farm workers are held against their will and are forced to work for little or no pay.

Several major food corporations, from Taco Bell to McDonald's, Burger King and Subway, have committed to the effort. Whole Foods, a chain of more than 300 grocery stores, has also committed to it. Now the CIW and Interfaith Action of Southwest Florida are targeting Publix, one of Florida's largest companies, looking for their support and hoping to tap into the influence they have with growers as a major buyer.

According to Publix, they are more than happy to pay the additional penny per pound and they say they have no

See 200 MILES FOR A PENNY, page 19

Newland Communities plans 2,352-acre project for Apollo Beach

■ By PENNY FLETCHER
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APOLLO BEACH — The builder of FishHawk Ranch in Riverview and Mira Bay in Apollo Beach is working on a site plan for a new development to be built in several stages totaling 2,352 acres located between Big Bend Road in Riverview and Ruskin's 19th Avenue on the east side of U.S. 41.

The development is called Waterset and although still in the very preliminary stages, has a one-page Web site at <http://waterset.com> where it describes the planned community as "a real town, one that starts with a sense of arrival, of coming home, with tree-lined streets and meaningful landmarks. A community that features special gathering places where one can go at any given time and see familiar faces. Places of recreation, culture, education and entertainment, all serving as ports of entry for residents, newcomers and visitors." Although no one from Newland Communities returned calls for this story, Newland representative Tom Griggs spoke briefly about the development at the last two U.S. 41 Overlay meetings that are being held monthly at the South Shore Regional Library.

"It is still in the very preliminary stages," Griggs said to the group July 19 and Aug. 25. He also pointed to a county slide of the project and explained the basics of what it showed.

Since the last meeting county planners supplied the map showing with this story to *The Observer News* and *Riverview Current* along with basic information about the project's approved land uses.

"The land was purchased from many separate owners over a lengthy period of time," said county planner John Healey, who has worked on South County projects for many years.

See APOLLO BEACH DEVELOPMENT, page 16



"Boots to Bootstrapping" program designed for war vets

■ By MELODY JAMESON
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By all reasonable standards, America's returning war veterans should be able to find civilian employment as soon as they're ready for it.

Many of the country's men and women in uniform, after all, come home from Iraq and Afghanistan, as well as from other hot spots around the globe, with specific technical training, management experience and problem solving skills. What's more, they, along with their families, made numerous sacrifices. So, they trade their fatigues for assorted civvies, still youthful yet matured, glad to have served, looking forward to their slice of the American pie.

But what they too often must confront today is a jobs market in the tank, notes Fred Jacobsen, a U.S. Air Force veteran of Viet Nam now living in Apollo Beach. "Florida has been particularly hard hit by the recession," he points out, "with the result that lay-offs are plentiful and jobs are scarce. For the vet, it's akin to leaving one combat zone for another. The gear is good to go, but there's no inoculation program."

There is, though, an antidote, Jacobsen says: "The best alternative to no employment is self-employment." And creating a new job by finding a niche to be served begins with working through the business planning process, he adds.

See BOOTSTRAPPING, page 12

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Past lessons, future challenges

■ By MELODY JAMESON
mj@observernews.net

Those who ignore their history, the cliché holds, are doomed to repeat it.

Yet, we all know that logically history need not dictate the future. History is what's past, done, gone. The future, having not arrived, can be comparatively altered, re-formed, re-directed.

So what will it be for beguiling little Cuba, an island kissed by trade winds, populated by a gentle, ethnically diverse native people, highlighted with meandering rivers, a thousand miles of coastline, sheltered harbors, rolling mountains, 500-year-old cities – and quite possibly millions of barrels of oil? Will her history of conflict borne of oppression, of revolution to throw off the yokes, of impoverishment on several levels continue? Or will the prospect of new wealth change her politics, affect her international relationships, filter down to her inner cities?

The jury remains out.

Cuba's recent five-century history may be one of the most conflict-ridden in the knowledge of mankind. Her native Indians, the Tainos among them, apparently lived simply, peaceably on the island until the Spanish arrived, led by Christopher Columbus in 1492. The native population has been estimated to top three million at that point. Just 65 years later, in 1557, about 2,000 Tainos remained.

The always acquisitive Spanish of the era, seeking riches in all forms, saw profit in enslaving and working the natives to death. What they didn't kill with hard labor, were infected with the diseases of the Europeans.

Then, there were the pirates of



the likes of Henry Morgan. Brutal and unforgiving, they plundered the trade ships of any nation daring to enter Cuban waters.

As the waters ran red with blood, infighting among Spain's military commanders, governors and bishops sent to control her new colony in the Caribbean ranged across the landscape.

The French, the Dutch, the English, joined by the Spanish, constantly warring with one another, made fair game of colonies such as Cuba. Each established plantation or business operations on the island, wresting control by virtue of the land acquisitions. By 1762, England had seized Havana, imposing domination until routed later by the re-emerging Spanish.

Down through the centuries, Cuba's native population was not merely capitulating; they resisted first one overlord and then another, time and again. But such insurrections easily were put down by better-equipped, stronger forces – until 1868. Two years earlier, in 1866, a reform movement had spread widely across the island but ultimately failed. Then, Carlos Manuel de Cespedes emerged to lead a successful uprising and then become in 1869 President of the declared Republic of Cuba. Cubans honor him today as the father

of their country.

Less than 30 years later, in 1898, the USS Maine would explode in Havana's harbor, leading to onset of the short-lived Spanish-Cuban-American War. And by 1900, elected American officials along with U.S. publications were referring to Cuba, perhaps wistfully but certainly inaccurately, as a U.S. territory.

Interpreted as American imperialism, such attitudes only fueled more resentment as the reluctantly U.S. backed-Gen. Fulgencio Batista took control of Cuba in a coup.

In short order would follow the Castro brothers' overthrow of Batista, seizure of private property by the Castro government, Cuba's alignment with the Soviet Union, the U.S. embargo of commerce, communications and travel between the island and America, the ill-fated Bay of Pigs invasion, and still more sad, bloody, death-dealing events.

It continues today. In mid-August, *The Miami Herald* reported that a group of unarmed Cuban women who call themselves Ladies in White were assaulted – hit, kicked, spit upon, with their clothing ripped – by what they described as government agents as they attempted to stage a street

See CUBA TODAY, page 15



MELODY JAMESON PHOTOS

It's been more than a half century since the revolutionary forces led by Fidel and Raul Castro overthrew Gen. Fulgencio Batista but billboards such as this one near the Havana Airport still are spotted around the city and periodically are refurbished. At one time, years ago, the message from fellow guerrilla fighter Che Guevara probably was significant, perhaps even prideful, for Cubans. Today, however, they seem to have become merely part of the landscape. They don't always make the tour itinerary.

Havana is a city of monuments, both intentional such as this one, old and unmarked, and those that are accidental such as the 300 and 400-year-old structures still sheltering young families in old Havana. Cuba's dedication to its monuments is understandable in view of its tumultuous history marked by the abuses of colonization, the blood thirst of pirates and the attempts at domination by several European nations. There have been a large number of Cubans, men and women, whose contributions to its history, indeed, are monumental.



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SUNSET GRILL
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Fun Brigade tries new things monthly

By PENNY FLETCHER
penny@observernews.net

SOUTH COUNTY — Back in January, some people in the congregation of United Community Church in Sun City Center put on their thinking caps trying to come up with new ways to accomplish old goals.

Ways to have fun together in a group setting and outreach to the entire South County community were high on their list.

“We wanted to do something that included people from Ruskin and Riverview and all the other places around here,” said Paula Lickfeldt, who heads the group with the help of Karl Buffington.

“Karl takes care of anything financial, supplies, money. While I do the organizational things to arrange our events,” Paula said. “We both have the title of co-chair, but we’re really very informal. We don’t have meetings. We are here to do fun things and reach out to

others who may not be involved with any church.”

The Fun Brigade is not restricted to church members or to Sun City Center residents.

It is also not restricted to retirees.

“Anyone may come out and have fun,” Paula said.

In fact, they are looking to attract more people from the communities outside Sun City Center where the church is located at 1501 La Jolla Avenue.

After a couple of months of

thought, the group formed in March.

“It was really an outgrowth of what we had been having as Fantastic Fridays,” Paula explained. “For five or six years, there had been an activity called Fantastic Fridays where there were dinner theaters. I was on the church council and I inherited Fantastic Fridays about two years ago. I wanted something that went on year round, because not everybody goes north for the summer.”

In the summer, there are still a

lot of people in Sun City Center, she said.

Once the idea of the Fun Brigade was born, including outreach became an integral part.

“We’ve had events where some people have come from communities around us,” she said. “We’ve even had some where they’ve brought their grandchildren and we’ve come up with things for them to do.”

The group does not make money but just takes in enough to cover expenses for events.

“We have a real exciting line-up planned all the way until January 2013,” she told me. “We have to plan pretty far out to get things on the church calendar because this is such a busy church.”

“Surviving the Summer” cinema and Fantastic Fridays meals were fun, she said. But the best event so far has been the dedication of a church bell given to them by a congregation in Valrico.

“On May 31 we held the dedication, accompanied by a dinner where dessert was made in a men’s bake-off. The contest was really a wonderful surprise.”

Categories for desserts included the most decadent, which turned out to be Clare Fenney’s Nanaimo bars, which had layer upon layer of dark chocolate. Other categories included the healthiest, which was won by Tom Mitchell for his yogurt blueberry pie.

All together 18 men took part and more than 80 people attended and ate.

The group also had a “grab bag bingo” day that went over well and will definitely be repeated, Paula said.

“Christmas caroling was also fun and we’re going to do it again this year,” she said. People sign up and are split into groups to go to local assisted living facilities and nursing homes that ask for them. They also plan a holiday fashion show, where everyone will wear their holiday clothing from ornament ear rings to lighted Happy New Year T shirts.



PENNY FLETCHER PHOTOS

Paula Lickfeldt is the one to see if you want to find out more about the Fun Brigade.



Some of the group of Fun Brigade members that put on a Vintage Style Show at the United Community Church Sept. 6, pause before the show to talk about their clothes. Each outfit had special memories for the people who wore it. The Fun Brigade is open to all men and women in South County.

See FUN BRIGADE page 6

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POSITIVE TALK

Take time and enjoy life

On the many canals in my former Apollo Beach neighborhood, I admired the absolutely beautiful boats that had all the amenities of home. The sad part is that many of the people who own these great boats can't afford to take time away from work to use them. On the other hand, my boat is not nearly as nice, but I have the time to enjoy it often.

Oscar Wilde, the playwright said, "To live is the rarest thing in the world. Most people exist, that is all." What are you doing with your life? Are you living it to the fullest and enjoying your toys, or are you spending all your time piling up possessions for later use? I think life is too short not to take time for ourselves.

There are only two things that are sure in life—one is that we will be born and the other is that we will die. It's what we do with our lives between these two great events that gives either of them meaning.

When was the last time you did something silly—acted the part of a child? I visited a senior community recently where a group had formed a band that included kazoos, pots and pans, and other homemade musical instruments. The entertainment was great. They did several of John Phillip Sousa's marches and even a couple of popular songs. Someone remarked that the performance reminded him of something a kindergarten class might do. He was right—it was something a kindergarten class would do. Just as the smiles would have been on the faces of those youngsters, they were on the faces of these senior citizens. What a wonderful time they were having. Dutch humanist

Desiderius Erasmus said, "The nearer people approach to old age, the closer they return to a semblance of childhood, until the time comes for them to depart this life, again like children, neither tired of living or aware of death." Maybe we should get to that spot sooner in life—the spot that celebrates the vitality of life, not the drudgery.

Not all of us have the opportunity to be part of a kazoo band, but there are some frivolous things we all can do which will help us to relax and get more out of life. When my sister mentioned that as many times as she has told me to go fly a kite, she had never flown

one herself, I went right out to buy a kite. As we ran around trying to get the kite aloft, we were wary of one particular tree that looked just like the kite-eating tree with which Charlie Brown has so much trouble. If kite flying isn't your thing, how about becoming a clown? In almost every city, there are people who band together to form clown groups. Look at yourself in the mirror. How would you look with a big red nose, orange hair and floppy feet? Well, you'll never know until you try it. My mother-in-law used to dress herself as a bag lady. Upon request of the hostess, she would take her bag woman persona to bridal showers. She posed as a party crasher and everyone had a wonderful time.

Maybe being silly isn't your thing. There are many ways to take time to smell the roses. If you are the type of person who lives and dies by your appointment book or daily planner, make an appointment with yourself to

do something fun that is out of the ordinary. Inventory all your toys, and see which ones haven't been used in a while. Make a point to use them. Shine that bowling ball, clean those golf clubs, oil that old baseball glove, retrieve the art supplies from the closet. There is a lot of fun left in them if you take control of your life.

Hodges is a nationally recognized speaker, trainer and syndicated columnist. He also hosts an interview-format television program, Spotlight on Government, on the Tampa Bay Community Network which airs Mondays at 8 p.m. and Wednesdays at 7:30 p.m. (Bright House channel 950, Verizon channel 30). The shows can also be viewed at www.hodgesvideos.com. Phone: 813-641-0816. Email: bill@billhodges.com Website: www.billhodges.com



Positive Talk

By William Hodges

Dining proceeds to help C.A.R.E.

People who present their "Dining to Donate" coupon for lunch or dinner at Applebees Restaurant, 10243 Big Bend Road in Riverview on Thursday, Sept. 15 will see 10 percent of their bill donated to help support the homeless animals at the C.A.R.E. Animal Shelter in Ruskin.

All diners must present the coupon to the restaurant server in order to have the donation validated. Coupons may be picked up at the C.A.R.E. shelter, 1528 27th St. S.E. in Ruskin prior to the event. This is a wonderful opportunity to have a great meal and simultaneously help feed and provide medical attention to the dogs and cats at the shelter.

Applebees and the Summerfield Ladies Club have arranged this opportunity.

For more information about picking up a coupon, call the shelter at (813) 645-2273.

South County Rose Group to meet

The South County Rose Group begins its new season at 2 p.m. on Sunday, Sept. 18 at the Sun City Center United Methodist Church Community Room, 1210 Del Webb Blvd. W. A discussion about perking up rose bushes after the hot summer doldrums is planned so that there will be large colorful blooms in October and November.



There will also be a demonstration of how to go about entering the best blooms in the upcoming rose show. There will be a district-wide contest to see which society in Georgia, Florida and Alabama will have the most new exhibitors this year.

The Tampa Bay Rose Society needs each and everyone one of its South County members to help with the Deep South District Convention and Rose Show it is sponsoring Nov. 11-13.

First time people need to register for the convention. The registration form is in the newsletter and there will be extras at the next meeting.

Fall plans include the annual garden tour and a varied group of speakers. Volunteers are still needed to help clerk at the rose show, for registration, rose show set-up and to welcome out-of-town guests.

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Every Saturday		Horseshoes
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UPCOMING EVENTS

Friday, Sept. 16	7-11 p.m.	Ella and JT
Saturday, Sept. 17	5-7 p.m.	Steak Dinner
	7-11 p.m.	Karaoke with Kim
Friday, Sept. 23	7-11 p.m.	Tone Benders
Saturday, Sept. 24	7-11 p.m.	Karaoke with Kim
Friday, Sept. 30	7-11 p.m.	Calvin O
Saturday, Oct. 1	7-11 p.m.	Breast Cancer Walk Karaoke with Kim
Sunday, Oct. 2		Octoberfest
Friday, Oct. 7	7-11 p.m.	Double Barrell
Saturday, Oct. 8	5-7 p.m.	Christmas in October Dinner
	7-11 p.m.	Karaoke with Kim
Friday, Oct. 14	7-11 p.m.	Bert and Sassie
Saturday, Oct. 15	5-7 p.m.	Steak Dinner
	7-11 p.m.	Karaoke with Kim
Friday, Oct. 21	7-11 p.m.	Top Shelf
Saturday, Oct. 22	7-11 p.m.	Karaoke with Kim
Friday, Oct. 28	7-11 p.m.	Southern Tide
Saturday, Oct. 29	7-11 p.m.	Karaoke with Kim
Friday, Nov. 4	7-11 p.m.	Beach Monkeys
Saturday, Nov. 5	7-11 p.m.	Karaoke with Kim
Friday, Nov. 11	7-11 p.m.	Bert and Sassie
Saturday, Nov. 12	7-11 p.m.	Karaoke with Kim
Friday, Nov. 18	7-11 p.m.	Caribbean Cowboys
Saturday, Nov. 19	7-11 p.m.	Karaoke with Kim
Friday, Nov. 25	7-11 p.m.	Top Shelf

All events are open to qualified Moose members and guests.

MOSI to present National Hispanic Scientist of the Year award

The Museum of Science & Industry, located at 4801 E. Fowler Ave. in Tampa, along with presenting sponsor Bright House Networks, has chosen their 2011 National Hispanic Scientist of the Year honoree, Cristián Samper.

Director of the Smithsonian Institution's National Museum of Natural History, Samper is responsible for the largest natural history collection in the world and a museum that welcomes more than six million visitors each year. MOSI will present this year's award to Samper during the National Hispanic Scientist of the Year Award Gala Ceremony at 7 p.m. on Saturday, Oct. 22.

The mission of MOSI's National Hispanic Scientist of the Year Award is to recognize outstanding Hispanic scientists who promote a greater public understanding of science and motivate Hispanic kids' interest in science. For the past 11 years, MOSI has recognized nationally distinguished Hispanic science and engineering professionals to serve as role models and mentors for Tampa Bay's Hispanic youth.

The award was developed in 2000 when statistics showed an alarmingly high high school dropout rate for Hispanic students. In

an effort to combat disparity in the Hispanic community, proceeds from the Gala will help provide more than 1,300 students from underserved communities and low-income schools an exciting day of mentoring with Dr. Samper, and access to over 450 MOSI hands-on exhibits during MOSI's Meet the Hispanic Scientist Day. Selected school groups will participate in Meet the Hispanic Scientist Day on Thursday, Oct. 20.

Gala proceeds also help to fund MOSI's YES! Team (Youth Enriched by Science). The YES! Team is a career and educational enrichment program designed to help at-risk youth, between the ages of 13 and 17, develop and progress in a supportive peer-group environment.

Established in 1992, the focus of the program is to provide an opportunity for students to develop self-confidence, improve communication skills, build self-esteem and exhibit leadership skills.

In addition, students are encouraged and motivated to pursue science both as a career and as an essential element of their total education.

To purchase Gala tickets, become a sponsor, or make a donation, call Kim Chavez at (813) 987-6030.

Corr Elementary presents anti-bullying program

Corr Elementary School in Apollo Beach is having 'Ome-gaman' present an anti-bullying program to its students and families on Tuesday, Sept. 20.

There will be three programs; two during the school day: 12 to 12:45 p.m.; 1 to 1:45 p.m.; and at 7 p.m. that night for families.

People are invited to bring blankets and lawn chairs from 6 to 7 p.m. The PTA will be selling food and drinks.

During the presentations, students will be shown how to identify, respond and prevent bullying in their schools.

This is a part of a nationwide program. People who want to find out more about it may visit www.omegamanschools.com.

Ruskin VFW Post #6287

Ruskin VFW Post #6287, 5120 U.S. 41 N. has listed the following weekly activities. Meetings are: American Legion on 1st Wednesday each month; VFW and LAVFW on the 2nd Wednesday each month; and MAVFW on the 3rd Thursday each month.



Thursday, Sept. 15 — Bar Bingo at 6 p.m. MAVFW Meeting at 7 p.m.

Friday, Sept. 16 — Fish Fry from 4:30 to 7 p.m. Music by Chasin Starz from 7 to 11 p.m.

Saturday, Sept. 17 — Music by U-2-Can from 7 to 11 p.m.

Sunday, Sept. 18 — Music by Bump-in-the-Road Band from 5 to 9 p.m.

Monday, Sept. 19 — AL Riders Meeting at 7 p.m.

Tuesday, Sept. 20 — Games in Lounge from 1 to 5 p.m. Kitchen opens at 4:30 p.m. Bingo at 6 p.m.

Wednesday, Sept. 21 — Veterans Day Parade Meeting at 5:30 p.m. ALA Meeting at 7 p.m.



Riverview High School presents the colors.

Riverview High School commemorates 10th anniversary of 9/11 tragedy

On Monday, Sept. 12, Riverview High School held a variety of events to honor the victims of the national tragedy that happened on 9/11/2001. A special program created by the television production classes was televised throughout the school. It featured teachers, students, and Principal Robert Heilmann remembering where they were and what their reactions were when the news of the attacks began broadcasting. The documentary 'On Native Soil' was also shown during the morning hours. Most of Riverview's students were in 1st, 2nd or 3rd grade in 2001, and they really didn't know much about that horrible day. Teachers were able to use the video in part to help their students better understand the reasons why the actions of that day should never be forgotten, nor should we ever fail to remember those who died in New York, Pennsylvania and Washington, DC.

Student Government, Senior Council, National Honor Society, art students and many others helped to decorate the school with American flags, banners, and posters with the names of victims. At four times throughout the morning, in conjunction with the times of each plane crash, JROTC and the Fighting Sharks Marching Band performed color guard duties and played Taps and the national anthem.

Students gathered outside their classrooms to show honor and respect not only to the victims of 9/11 but to the country.

Riverview Memorial VFW Post #8108

7504 Riverview Dr.
(813) 671-9845

MEETINGS

Men's Auxiliary -- First Thursday at 7 p.m.

Ladies' Auxiliary -- Second Tuesday at 7 p.m.

Post -- Second Thursday at 7:30 p.m.

MEALS

Wednesday Spaghetti Dinner from 5 to 7 p.m.

Friday Fish Fry from 5 to 7 p.m.

Sunday Breakfast from 9 a.m. to noon

CANTEEN HAPPENINGS

Bar Bingo Monday at 6:30 p.m.

Bar Poker with Lori on Wednesdays at 1 p.m.

Fire in the Hole on Saturdays at 1 p.m.



IN UNIFORM



Quanisha Sanders

Navy Seaman Quanisha N. Sanders, daughter of Nichelle Smith of Grand Rapids, MI and John Sanders of Riverview was recently promoted to her current rank while serving at Training Support Center, Great Lakes, IL.

Sanders was promoted based on sustained superior job performance and proficiency in her designated specialty.

Sanders is a 2008 graduate of Dobson High School of Mesa, AZ and joined the Navy in May.

Cynthia Garcia

Navy Seaman Cynthia Garcia, daughter of David Garcia and Andrea M. Lugo and sister of Juan M. Garcia of Gibsonton recently completed U.S. Navy basic training at Recruit Training Command, Great Lakes, IL.

During the eight-week program, Garcia completed a variety of training which included classroom study and practical instruction on naval customs, first aid, firefighting, water safety and survival, and shipboard and aircraft safety. An emphasis was also placed on physical fitness.

The capstone event of boot camp is 'Battle Stations'. This exercise gives recruits the skills and confidence they need to succeed in the fleet. 'Battle Stations' is designed to galvanize the basic warrior attributes of sacrifice, dedication, teamwork and endurance in each recruit through the practical application of basic Navy skills and the core values of Honor, Courage and Commitment. Its distinctly 'Navy' flavor was designed to take into account what it means to be a Sailor.

Garcia is a 2011 graduate of East Bay High School.

Fun Brigade

■ Continued from page 3

“We hope to get enough people to go to shut-ins at home and not just nursing homes this year,” she added.

In April, there will be an ethnic potluck. People from all over South County are encouraged to

remember their favorite dishes from family traditions while growing up or something from their ethnic background.

I met the Fun Brigade during their Vintage Style Show Sept. 6.

While most of the clothing from eras and events gone by was just for fun, the stories behind others

were bittersweet.

Alyce Mills showed off a purple-and-white gown made in Germany by her great grandmother. Next to the gown was a photograph of Alyce’s mother wearing it. Alyce was obviously proud of both, and her conversation quickly showed how much she missed them.

Another interesting story involved the beautiful wedding gown brought by Marlus Johns for her marriage in 1966. She told me she had worn it again on her 39th wedding anniversary in 2005 two weeks before her husband died.

Hazel Martin wore a gown she had bought when she was mother

of the groom in 1987 and Lois Stone posed with her in a gown she had worn as mother of the bride in 1990.

Both men and women take part in the Fun Brigade’s events.

To find out more about the Fun Brigade, call the church at 813-634-1304. ♦



Hazel Martin, left and Lois Stone take a minute before the style show to explain that Hazel was mother of the groom in her dress in 1987 and Lois the mother of the bride (in another wedding) in 1990.



Alyce Mills shows off her great grandmother’s gown, made in Germany, next to a photograph of her mother wearing it.

PENNY FLETCHER PHOTOS



Marlus Johns shows off the wedding gown she wore on Nov. 24, 1966 when she married, which she also wore on her 39th wedding anniversary in 2005 two weeks before her husband died. She is also owner of her mother’s gown which dates back to 1935.

Stop by Friday, September 16

from 10 a.m. to 3 p.m.

for a sampling of an Afternoon Tea Menu provided by Lady Chameleon and Wendy Ranney of

Dinner’s Ready

Sampling is a preview of their Fall Event to be held October 5th at Lady Chameleon

SAMPLE MENU INCLUDES:

- **Roasted Chicken Salad** (red grapes, celery, roasted walnuts) **on a Petite Croissant**
- **Mini Orange Cranberry Scone with Devonshire Cream**
- **Flourless Chocolate Cake**

Reservations will be taken for the October 5th Fall Event. Price is \$30 per person, reservations are required and payment will be taken at time of reservation. Space is limited. More information will be provided at the tasting.



Events held at:

Lady Chameleon
Accessories Boutique
Ruskin Location • Formerly Southern Grace

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Luncheon cruise is planned

A sightseeing lunch cruise has been planned by the South Shore Senior Singles, a ministry of Sun City Center United Methodist Church (SCCUMC) from noon to 1:30 p.m. on Saturday, Oct. 1 on the lower deck of the Marina Jack in Sarasota. Boarding is at 11:30 a.m. The cost is \$33.95 per person, and includes the cruise, lunch, gratuity, and tax. There will be a cash bar.

To make a reservation, make your check for \$33.95 to SCCUMC, and send to Sun City Center United Methodist Church, 1210 Del Webb Blvd. W., Sun City Center 33573, and write on your check 'for Senior Cruise.' Or you may drop off your check at the church office from 9 a.m. to 4 p.m. Monday-Friday, or put in the offering plate as long as the check is clearly marked for the cruise.

The church must receive this check no later than Sunday, Sept. 25 for your reservation to be honored. Make sure your telephone number is on the check so you may be contacted concerning your reservation. Meet at 10:15 a.m. in the back parking lot of the church on Oct. 1, to organize the carpooling. If you are willing to drive, let Patti know.

The menu is tossed salad with dressings, freshly baked bread, daily catch, Chicken Marsala, chef's selection of rice, vegetable medley, chef's Chocolate Rockslide, iced tea and coffee.

For more information call Patti at (813) 634-7171, or the church office at (813) 634-2539.

The South Shore Senior Singles group was organized for those age 50+, for all the South Shore area, to provide a non-threatening atmosphere for singles to meet and have fun.

South County Resource Center plans events, classes and family support

The South County Family Support & Resource Center, 3030 E. College Ave., Ruskin, is a place that helps area families become happier, healthier and stronger.

The center is a warm, inviting place designed for families in the neighborhood to come and participate in programs and activities on a day-to-day basis. All families are welcome. There is no cost to participants at any event. For more information, call (813) 641-5600 to sign up.

Wonder Years

There will be a six-week developmental play group for children

24 to 36 months old that uses activities, songs and stories that promote learning and pre-school readiness. Class starts at 11 a.m. on Wednesday, Sept. 21. Registration is required.

The Children's Board of Hillsborough County provides funding, Catholic Charities manages the center and Healthy Start Coalition of Hillsborough County provides fiscal and program management. FSRC hours are Monday and Wednesday, 10 a.m. to 7:30 p.m.; Tuesday and Thursday, 9 a.m. to 7:30 p.m.; Friday 10 a.m. to 5 p.m.; and Saturday, 10 a.m. to 4 p.m.

THE SAVVY SENIOR

High tech gadgets for low vision

Dear Savvy Senior,
I'm looking for some good low-vision products that can help my wife who has severe vision loss. What can you recommend?
Searching Spouse

Dear Searching,
With more than 21 million Americans living with some form of uncorrectable vision impairment today, more and more products for low-vision are being developed that can help with many different needs. Here is a quick guide to some great products and where to find them.

Low-Tech Aids
There are literally hundreds of simple, relatively inexpensive products on the market today that can help people with low-vision. For example, to help with daily living tasks, you can find a wide array of "talking," "large print" or "jumbo-sized" items such as clocks, watches, remote controls, telephones, computer keyboards, calculators, thermostats, kitchen aids and much more, as well as a wide variety of magnifiers. You can find these products at sites like independentliving.com or 800-537-2118; shoplowvision.com, 800-826-4200; maxiaids.com, 800-522-6294; and lssproducts.com, 800-468-4789.

In addition to the simple products, there is also a number of high-tech, low-vision devices that offer incredible capabilities. Unfortunately, many of these items are expensive and they aren't covered by private insurance or

Medicare. Here are some to check out.

Desktop magnifiers
Also known as closed circuit TVs, these are home-based machines that provide powerful magnification, contrast and clarity for reading, writing and looking at pictures. While this type of technology has been around for a



The Savvy Senior
By Jim Miller

while, more styles and variations are available today with prices usually ranging between \$2,500 and \$3,000. Some of the best places to find these are at: optelec.com, 800-826-4200; freedomscientific.com, 800-444-4443; enhancedvision.com, 888-811-3161; and humanware.com, 800-722-3393.

Portable magnifiers
For reading small print in and outside the home (food labels, prescriptions, bills, menus, etc.), portable, battery-powered video magnifiers provide the same features as closed circuit TVs, but they're small enough to fit in your pocket. Some good ones to check out are the "RUBY" at freedomscientific.com, the "Compact Mini" from optelec.com, the "Pebble" at enhancedvision.com and the "Feather" at clarityusa.com. Prices typically range from \$350 to \$650.

Text-to-speech
For converting text to speech, there are several devices that let you take a snap shot of printed material (magazines, newspapers, books, mail, etc.), and in seconds it reads it aloud. The ClearReader+ from optelec.com is one of the best for home or office use, but costs \$2,500. If you want mobility, the Intel Reader (careinnovations.com) is a handheld text-to-speech device that retails for \$899. And for iPhone 4 users, the new ZoomReader app developed by Ai Squared (aisquared.com, 800-

859-0270) provides text-to-speech capabilities for \$20.

Computer magnification
To customize a Microsoft Windows personal computer for low-vision, the computer's operating system offers built-in setting adjustments that can help. See microsoft.com/enable for instructions. If that's not sufficient, Ai Squared sells a fantastic software application for \$545 called ZoomText Magnifier/Reader that enlarges, enhances and reads aloud everything on the computer screen.

Or, if your wife uses an iMac or iPad, Apple provides some outstanding built-in accessibility features (see apple.com/accessibility), including screen and cursor magnification, high-contrast settings and screen reader capabilities.

Low-vision cell phone
The Samsung Haven from Verizon Wireless is a basic flip-phone that provides voice command (you tell it what to do) and voice output (it speaks to you) technology that lets you easily operate it without vision. The cost: \$40 with a two-year contract. See verizonwireless.com or call 800-256-4646.

Talking GPS
To find her way around town, the Trekker Breeze is a small handheld GPS navigator that announces the names of streets, intersections and landmarks as she's walking or riding in a vehicle. Available at humanware.com for \$929.

Currency reader
To avoid being shortchanged at the store, the iBill (small enough to attach to a key ring) identifies all U.S. bills by voice or a series of tone or vibrations. Price: \$99 at orbitresearch.com or 888-606-7248.

Savvy Tip: To learn more about low-vision products and to try many of them out, visit a vision rehabilitation agency in your area. See afb.org or call 800-232-5463 to locate one.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

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Adult Program/Event Highlights September 15 to 21

Excel: Introduction and Formatting*
Thursday, Sept. 15 • 12:15 to 2:30 p.m.

Layout, entering data, inserting rows and columns, and other techniques. Learn different formats for expressing numbers in a spreadsheet. Registration in person required no earlier than one hour prior to the start of the program.

Art Lovers' Book Club: Lake of Dreams by Kim Edwards*
Thursday, Sept. 15 • 2 p.m.

Art Lovers Book Club. Come and view the work of art through the eyes of an author. Then share your thoughts with other art lovers and readers. At a crossroads in her life, Lucy Jarrett returns home from Japan, only to find herself haunted by her father's unresolved death a decade ago. Old longings stirred up by Keegan Fall, a local glass artist who was once her passionate first love, lead her into the unexpected. As Lucy discovers and explores the traces of her lineage from an heirloom tapestry and dusty political tracts to a web of allusions depicted in stained glass windows throughout upstate New York, the family story she has always known is shattered. With surprises at every turn, this is a saga in which every element emerges as a carefully place piece of the puzzle.

Celebrate the 224th Birthday of the Constitution!
Friday, Sept. 16 • 10 a.m.

Join the Sun City Center Chapter of the Daughters of the American Revolution to celebrate the 224th birthday of the United States Constitution. The DAR will visit the Library to distribute information about the US Constitution and invite people to sign a replica of this historic document.

Internet: Introduction and Search Techniques*
Tuesday, Sept. 20 • 12:15 to 2:30 p.m.

Introduction to the Internet and related terminology. Learn how to use search engines to find information and tips for evaluating what you find. Basic mouse and keyboarding skills are recommended. Registration is available one hour prior to the beginning of the program.

SouthShore Needle People*
Wednesday, Sept. 21 • 6:30 p.m.

Join other needle people to share techniques, tips and experiences about knitting and other fiber and fabric crafts. Beginners are welcome! Bring a project and ask them questions!

If you think you might be interested in joining Friends of the South Shore library, visit the Book Sale Room at the Library for a membership application. For any additional information, visit www.southshorefriends.com. SouthShore Regional Library is located at 15816 Beth Shields Way (off 19th Avenue between U.S. 301 and I-75) (813) 273-3652.

*Free event is provided by the Friends of the SouthShore Regional Library. Go to www.southshorefriends.com or call (813) 634-1396 for more information about the Friends.

Key to a worry-free retirement

There will be a seminar titled, 'Knowledge -- the Key to a Worry-Free Retirement' at 2 p.m. on Thursday, Sept. 22 at Serenity Meadows Memorial Park, Funeral Home and Crematory, 6919 Providence Road, Riverview. There will be a question and answer period following the talk.

Speakers and topics will include: Amanda Wolfe, Elder Care Attorney, will speak on topics including VA benefits. Wolfe is licensed in FL, GA and PA; Bev Hurley -- Memory Care and Living in an Assisted Living Facility; Renee Charboneau -- Long Term Care Insurance and what it can cover; Genevieve Griffin Faulk, Aging Care Advocate President and Geriatric Care Manager; Laura-Jean Goodsell, Family Service Counselor at Serenity Meadows Memorial Park Funeral Home-Crematory; and Jeanne Bush -- Cemetery lots and monuments.

For more information, call (813) 677-9494.

Fun and games for charity

Attend the Game Show Extravaganza on Friday, Sept. 30 at the Borini Theatre in Kings Point. Doors open at 5:30 p.m., with show at 6 p.m.

Tickets are \$5 per person and are on sale now by the table or by the person. Get your table of 8 now. BYOB. Ticket sales to benefit Samaritans Alzheimer's Auxiliary.

You, Me, and Business

By: Dana Dittmar, Executive Director

SCC Chamber News

As I have admitted several times, I am always behind the technology curve. I never even had a Sony Walkman, much less an iPod. I love reading the paper in the morning, page by page. Getting my news on the internet just isn't quite the same thing. And don't even get me started on the Kindle. There's nothing quite like curling up with a good book, smelling the print and fingering the pages.

So last fall, when I came on board here at the Chamber, I decided to take a great leap and upgrade to a smart phone. Husband gave me a hard time. His philosophy is, a phone should make phone calls. Period. His phone doesn't even have a camera.

Having a smart phone takes some getting used to. There are so many apps on the thing -- I have no idea what most of them are for. I don't have time to check my Facebook page from my phone! I usually already know what the weather is going to be like. I could check the stock market several times a day if I had anything invested in it. I wouldn't have a clue how to download a song into iTunes. Did you know you can even watch YouTube on this thing? And what is this Pandora app? The last time someone opened Pandora's Box a bunch of nasties got loose. I'm not going there! And if there wasn't enough apps on this thing, there's even a button called "The App Store" so you can buy more!

But there is one thing I love about this phone. I can Google on

it. How in the world did we solve arguments before the invention of Google? So when Husband insists



You, Me & Business

By Dana Dittmar

I start taking a certain supplement to improve my cholesterol, I can Google it to see if it will really help. (I lost that argument -- he was right.) But it's fun when someone asks who originally sang a song and I can look it up. Or when a friend says those miniature giraffes on the Dish Network commercials are real.

Over the past year I have looked up so many things in restaurants,

at the beach, in a store, or on a road trip. My old phone couldn't tell me what restaurants are off I-75 in rural Georgia. Nor could it let me schedule a meeting out of the office or figure out where true north is (there's a compass on this thing!)

The downside to this technology is I'm constantly on the phone doing something. I'm texting, I'm Googling, I'm taking pictures, I'm looking up driving directions. I don't play games on it (I don't have time) and I don't instant message or download things (I don't know now.) But it seems the phone is always in my hand.

So on weekends, I'm setting the phone aside. I'm socializing with friends or working on the condo. I'm helping Husband with his webpage or playing with the cats. I'm trying to find some downtime and a way to decompress from the work week. The ironic thing is, I'm sure there's an app for that...



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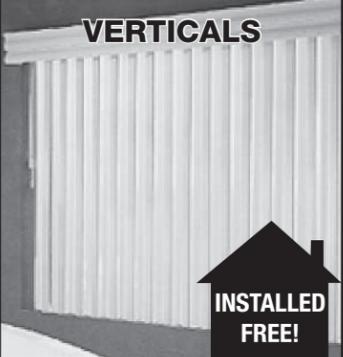
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Kids' Program/Event Highlights September 15 to 21

Teen Night: Game Zone*

Thursday, Sept. 15 • 5 to 7 p.m.

For middle and high school students. Get in the zone and join your friends for some gaming fun on the Xbox 360 and Nintendo Wii with games such as Band Hero, Guitar Hero 5, Smash Brothers Brawl and more! Refreshments provided by Domino's Pizza.



Family Story Time*

Thursday, Sept. 15 • 7 to 7:30 p.m.

For ages 2-5 with a caregiver. Make reading time family time. Stories, action rhymes, songs, interactive activities, and crafts make up this fun 30-minute program that celebrates a love of reading. Children may wear pajamas and bring a blanket and favorite cuddly toy.

"Talk Like A Pirate" Day*

Saturday, Sept. 17 • 10:30 to 11:30 a.m.

For grades K-5th. Arrrr! Join us for stories and adventurous activities as we celebrate "Talk Like A Pirate Day."



"Pee Wee Artists": Let's Create!*

Monday, Sept. 19 • 10:30 to 11:15 a.m.

'Pee Wee Artists,' 3-5 years, will have a fun morning creating art with our art instructor. Adult must be present. Limit 15. Registration required at the Library. Visit the Information Desk or call 273-3652.

Teen Advisory Board

Monday, Sept. 19 • 7 to 8 p.m.

For middle and high school students. Have a voice in creating library programs for teens and earn community service hours toward graduation, scholarships and more! Co-sponsored by Friends of the SouthShore Regional Library and Domino's Pizza.

Toddler Time

Tuesday, Sept. 20 • 10:05 to 10:25 a.m. and 10:35 to 10:55 a.m.

For children ages 18-36 months and their caregivers. Stories, fingerplays, songs and interactive activities make up this fun 20-minute program that highlights early literacy skills and encourages reading readiness.

Story Time

Tuesday, Sept. 20 • 11 to 11:30 a.m.

For children ages 3-5 and their caregivers. Stories, action rhymes, songs and interactive activities make up this engaging 30-minute program that highlights early literacy skills, and encourages reading readiness and social interaction.



Baby Time

Wednesday, Sept. 21 • 10:05 to 10:25 a.m.

For children ages 0-18 months and their caregivers. Early literacy begins at birth. Bond with your baby through stories, bouncy rhymes and songs in this 20-minute lapsit program that introduces early literacy skills and encourages language development.

Toddler Time

Wednesday, Sept. 21 • 10:35 to 10:55 a.m.

For children ages 18-36 months and their caregivers. Stories, fingerplays, songs and interactive activities make up this fun 20-minute program that highlights early literacy skills and encourages reading readiness.

Story Time

Wednesday, Sept. 21 • 11 to 11:30 a.m.

For children ages 3-5 and their caregivers. Stories, action rhymes, songs and interactive activities make up this engaging 30-minute program that highlights early literacy skills, and encourages reading readiness and social interaction.



Adult/Teen Watercolor Pencils*

Wednesday, Sept. 21 • 6:30 to 8 p.m.

Join Art Instructor Melissa Miller-Nece and explore the many possibilities that watercolor pencils have to offer. Limit 20. Registration required. Call 273-3652 or visit the Information Desk.

*Free event is provided by the Friends of the SouthShore Regional Library. Go to www.southshorefriends.com or call (813) 634-1396 for more information about the Friends.

Free boat safety inspections are available

Every Saturday the U.S. Coast Guard Auxiliary, Flotilla 75 Ruskin provides free, no-obligation vessel safety inspections for recreational boaters.

These safety inspections take about 15 minutes and are available from 10 a.m. until noon at Simmons Park in Ruskin on the first and third Saturday of the month; and at Williams Park in Gibsonton on the second and fourth Saturday, also from 10 a.m. to noon. For more information, call (813) 645-6984.

Liberty Manor sponsors free BBQ

There will be a free BBQ from noon to 2 p.m. on Friday, Sept. 16 at Liberty Manor for Veterans, Inc., 10015 N. 9th Street, Tampa.

Attend this fabulous event that boasts BBQ, pork, brisket, chicken, hamburgers and hot dogs with all the trimmings. Good food, music and games. This is a great way to kick off the weekend!

Liberty Manor is a non-profit organization committed to promoting the developmental and social needs of veterans who have served our country, fought for our independence, but fallen victim to homelessness.

For more information, contact Connie Blaney at (813) 900-9422 or LibertyForVets@aol.com.

Parents play a powerful role in predicting DUI

GAINESVILLE — Sipping the occasional glass of wine may seem relatively harmless, and could even be beneficial to the drinker's health. But for parents, even moderate drinking, can result in one unintended consequence: an increased risk their children will drive under the influence as adults.

Writing in the current issue of the journal Accident Analysis and Prevention, University of Florida researchers found that about 6 percent of adolescents whose parents drank even sporadically reported driving under the influence at age 21, compared with just two percent of those whose parents did not imbibe.

"The main idea is that parents' alcohol use has an effect on their kids' behavior," said Mildred Maldonado-Molina, Ph.D., an associate professor of health outcomes and policy with the UF College of Medicine and the lead author of the paper. "It's important for parents to know that their behavior has an effect not only at that developmental age when their kids are adolescents, but also on their future behavior as young adults."

It's typical for parents to worry about the influence of their children's friends and peers, and the study shows that peer behavior can have an effect, particularly on kids who aren't exposed to alcohol at home. Having friends who drink alcohol was a risk factor for driving under the influence for teens whose parents did not drink. Also, kids whose parents and peers consumed alcoholic beverages were especially at risk for driving under the influence. About 11 percent of these teens reported driving under the influence in their 20s.

But when it comes to influence, parents seem to have more sway than they probably realize, Maldonado-Molina said. According to the study, if a teen's parents were drinkers, what their peers did had less of an impact, though the relationship between peer and parental influence is complex, she said.

"I think it is really important to understand the influence of parents and peers," said Tara Kelley-Baker, Ph.D., a senior research scientist at the Pacific Institute for Research and Evaluation who was not involved with the study. "Parents must understand the influence they have on their children. Some parents just assume they have lost their influence or that they never had it. Research has shown more and more that this is not the case."

According to the National Highway Traffic Safety Administration, nearly 10,000 people die because of drunken driving each year.

For the study, UF researchers examined data from nearly 10,000 adolescents that was collected as part of the National Longitudinal Study of Adolescent Health. The study initially collected data from teens and their parents and then surveyed the children again seven years later.

The influence of peers and parents seemed to affect men and women the same way. The researchers found no significant difference in risk factors between the genders, a surprising discovery. Not as much is known about women and DUI because most studies look at official records and arrests and women are less likely to be charged with DUI than men, though the gap is closing, Maldonado-Molina said.

"Their risk factors are similar and that calls for attention when developing interventions and prevention efforts," Maldonado-Molina says.

When it comes to curbing DUI, prevention efforts need to start before age 15 to help instill the consequences of getting behind the wheel after drinking alcohol, the researchers say. And education efforts need to include not only children, but their parents as well.

"The home is a really important source for these kids," Maldonado-Molina said. "(Parents) may not perceive their drinking as negative, but it influences what is acceptable behavior."



Family programs are a key component of A Natural Education Weekend.

3-day event will take families outdoors

A Natural Education Weekend is a 3 day-event, planned for Nov. 11-13, for families to learn how to have fun in the outdoors while thinking and acting responsibly.

The format of the weekend is similar to a conference, with 45-minute sessions, meals, social hour and keynote, but the feel of it is more like a family summer camp.

There will be a Camping 101 afternoon on Friday, Nov. 11, with the opportunity for 10 clueless camper families to stay overnight in tents at Camp Bayou. Reservations are taken on a first come-first serve basis and are approved as registration forms and fees come in.

Other activities offered during the weekend include a fishing clinic, nature journalism, a num-

ber of sessions for wildlife walks/wades focusing on different nature subjects, plus classroom sessions on subjects ranging from flora to fauna.

Sunday is field trip day with 4 options for folks to choose from to round out their weekend, including a guided tour of Emerson Point Preserve with Around the Bend Tours, a 'Green Tour' of HCC SouthShore and a Fossil Trip to Peace River.

Schedule and registration forms are available on the blog which includes options for camping, weekend sessions/meals and/or field trip- <http://anaturaleducation.blogspot.com>. Registration forms are also available at Camp Bayou Outdoor Learning Center during regular hours of operation from 9 a.m. to 2 p.m. Thursday-Saturday.

Tour of local businesses to be offered monthly

Tour de SouthShore is a behind-the-scenes look at businesses people might never have visited or even known existed. This will be a once-a-month event sponsored by the SouthShore Chamber of Commerce given Fridays through October.

The tour involves five or six businesses and a stop for lunch along the route. The day concludes around 1:30 p.m.

Tour de SouthShore is the perfect chance to learn more about the community and to do business with companies here in South Shore.

Not only chamber members, but the general public, are invited to participate. There is a \$50 participation fee for those who would like their businesses toured and a \$25 cost to those who would like to take the tour to cover the chamber's expenses.

Any business interested in being a stop on the tour may call for details. There are also a few openings left for 'tourists.'

The \$25 fee for a tourist includes breakfast, snack and lunch.

For more information, call (813) 645-3808.



New meeting place in Riverview

Weight Watchers has a new meeting place in Riverview. Receive a free gift with enrollment at the 7 p.m. Wednesday meeting at the center located at 10629 Big Bend Rd. (behind Panera Bread). Join by Sept. 17 to get a free month.

For more information, contact Sandy: samt1995@yahoo.com or call the center at (813) 672-0902.



Book sale!

A Buk-a-Bag Used Book Sale will be held from 10 a.m. to 2 p.m. on Saturday, Sept. 24 in the South Shore Regional Library's Library Community Room. People may fill a plastic grocery bag with fiction, non-fiction and paperback books for \$1. All hardcover books and paperbacks in the Book Sale Room will be half-priced. A table of special books will be priced from \$2 and up. The library is at 15816 Beth Shields Way in Ruskin. For more information, call 273-3652.

Hispanic Heritage is celebrated with contests

The Hillsborough County Public Library Cooperative is celebrating Hispanic Heritage with three popular contests through Sept. 30.

Students K-5 may enter the Our Hispanic Heritage Bookmark Contest.

Students in grades 6-12 may enter the Our Hispanic Heritage Poster Contest. A

Adults age 18 and older may enter the Our Hispanic Heritage Poetry Contest.

Winners will be announced at an awards ceremony at the Town 'n Country Regional Library, 7606 Paula Drive in Tampa at 2 p.m. on Sunday, Nov. 13.

Participants may read contest rules and pick up entry forms at any Hillsborough County Public Library, or access them at www.hcplc.org/hcplc/events/hh/.

Entries must be turned in at any Hillsborough County Public Library no later than Sept. 30.

For more information, call (813) 273-3652 or visit www.hcplc.org.

Weight Watchers meeting scheduled

Weight Watchers meets every Thursday from 8 to 9:30 a.m. at United Community Church, 1501 LaJolla Ave., Sun City Center.

For more information, e-mail Sandy at samt1995@yahoo.com.

C.A.R.E. Pets of the Week

C.A.R.E. is open from 10 a.m. to 3 p.m. Tuesday through Saturday. For directions, visit www.CareShelter.org or call (813) 645-2273.



MIA

Mia is the gray mom of four newborn kittens. With her rescue by C.A.R.E. a success, she has been nurtured back to the peak of health. Mia has been spayed and brought up-to-date on her shots as well as microchipped. Chip No. 067-824-628. DOB: 11/8/2010.



ELMO

One of Elmo's best traits is playing an incredible game of fetch. Elmo is crate trained, knows basic commands, knows his left and right paws, and will shake for treats. He even knows how to say "I wuv you!" He loves to go for walks and his favorite pastime is playing in the pool. Elmo would do best in a home without small children or other pets due to his enthusiasm. Elmo has been neutered and is current on his shots. DOB: 10/10/2008.



Web chat hosted by the West Central Florida Area Agency on Aging Inc.

The West Central Florida Area Agency on Aging will host a web chat from 2 to 3 p.m. on Thursday, Sept. 22 with Bob Baumgarner from Aging Solutions, Inc. What is guardianship and when is it needed will be the focus, followed by a question and answer period.

The West Central Florida Area Agency on Aging, Inc. is a private non-profit organization. The monthly web chats, held on the fourth Thursday of each month, are conducted as part of an elder abuse prevention initiative program.

For more information, call Patricia Henderson at (813) 676-5609.

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SPEAKERS INCLUDE:

- **Amanda Wolfe**, Elder Care Atty., VA benefits, What You Might Not Know.
- **Bev Hurley**, Brookdale Senior Living: Assisted Living Facility, Services and Memory Care
- **Renee Charboneau**, Long-Term Care Insurance and what it can cover
- **Genevieve Griffin Faulk**, President and Geriatric Care Manager Aging CareAdvocates, Inc.
- **Laura-Jean Goodsell**, Family Service Counselor, Pre-Need Planning
- **Jeanne Bush**, Family Service Counselor, Memorial Gardens & Monuments

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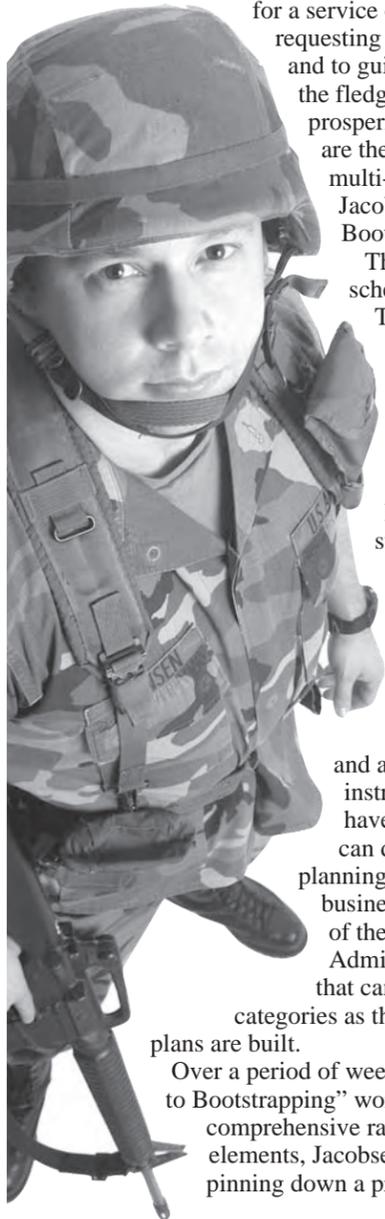
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Bootstrapping

■ Continued from page 1

Jacobsen now is conducting a series of workshops aimed at helping war veterans of every era - WWII, Korea, Viet Nam, Iraq and Afghanistan – actually produce their own business plans to determine the true market



for a service or product, to use in requesting funding assistance and to guide development of the fledgling enterprise into prosperity. The workshops are the first phase of a multi-phased program Jacobsen calls “Boots to Bootstrapping.”

The next workshop is scheduled for 11 a.m. Tuesday, September 20, in one of the SouthShore Regional Library conference rooms. There is no charge for participation. However, Jacobsen suggests that entrepreneurs who want to create a new business and develop a plan for it bring with them a loose-leaf notebook with paper and a reliable writing instrument. Those who have access to a computer can download the business planning template from the business plan writing section of the Small Business Administration website that can be used to designate categories as the individual business plans are built.

Over a period of weeks, the “Boots to Bootstrapping” workshops cover a comprehensive range of planning elements, Jacobsen notes, from pinning down a precise description of

the company or organization to ultimately creating the executive summary that gives readers and investors a clear, concise overview of the prospective operations.

In between, such elements as choice of service or product, detailed market analysis, organization and management of the proposed enterprise, promotion, communications and sales endeavors involved plus the financing required all are explored and defined, says Jacobsen, whose career became credit management with large California corporation following his military discharge.

While detailed and realistic business plans are necessary for both profit-making and not-for-profit operations if they are to endure and prosper, they also “are a daunting task for anyone to take on alone,” Jacobsen emphasizes. One of the advantages of the workshop environment, he adds, is the “collaborative spirit that develops and then characterizes everyone’s efforts.” War veterans, in particular, he says, appreciate the “let’s help each other fill in the blanks” concept and workshop attendance is limited to 10 veterans who have received the National Defense Medal recognizing their service during times of armed conflict.

Jacobsen says that in addition to conducting the business planning workshops, he is looking into a second phase of the “Boots to Bootstrapping” program involving a micro-lending system to assist start-ups. A third phase could be establishing a physical location including office and light industrial space where new enterprises can be nurtured in their initial stages, he adds. “The objective would be to take the vet’s hobby out of the back bedroom or the garage and turn it into a profitable business,” the former credit manager says.

“When I was discharged after Nam,” he notes, “returning veterans were not embraced in welcome but there were plenty of jobs available for us. Today, it’s the opposite; we welcome the troops coming back with pride although we have few work opportunities for them, forcing them to leave the state and sometimes the country. What we can do, however, is help them transition from boots on the ground to bootstrapping a business.”

The “Boots to Bootstrapping” website address is www.bootstobootstrapping.org Jacobsen, who also makes presentations on the bootstrapping program to local veterans’ groups, can be reached by telephone at 813/298-6028.

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Five real estate trends to watch for

Real estate veteran reveals new trends in the struggling housing market

If the housing market were human, it would look like it just wrestled a few alligators, after running an obstacle course through a snake pit.

The market is beaten and bruised, but still trying to emerge from the recession, which is why Greg Rand, a 20-year real estate veteran and author of Crash Boom (www.crashboom.com) from Career Press, wants people to know about five new trends that could help them beat the housing blues.

“One of the key elements of a free market is chaos,” Rand said. “Chaos is how the markets figure out how to move forward. The important thing to realize in the midst of all these people talking about ‘the housing market’ is that the market isn’t some nameless, faceless thing that lumbers around aimlessly as if it has a life of its own. The market is made up of buyers and sellers. People, just like you and me, who are trying to figure out how to buy low and sell high. It doesn’t matter if you’re a homeowner or an investor. The secret to making sure your real estate doesn’t turn into a money pit is to watch the trends so you can predict where the prices will rise and where they won’t.”

Rand’s five trends to watch include:

Short-Term Pain – Show me a market where home prices are back to 2002 levels, and I will show you a market that is overcorrecting.

Overdevelopment – One of the reasons the market is overcorrecting is overdevelopment and speculation, as is the case in Florida. Another reason is that the job base has eroded, like in Detroit. Isolated, explainable, short term distress is the secret. Find your Florida.

Jobs, Jobs, Jobs – Track employment trends to see where companies are moving, and you will see a harbinger for long term housing demand.

Lifestyle – Nothing drives migration patterns long term more than the pursuit of happiness. Look at climate (the Carolinas), leisure trends (Colorado) and cost of living (Texas) for triggers on where the market may shift.

Responsible Government – Look at the state government. Does the state and city in question reward or punish risk-takers? Are you likely to suffer if you succeed there? If so, find somewhere that appreciates entrepreneurs. There’s nothing worse than putting your money on the table, only to have it redistributed.

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MITCH TRAPHAGEN PHOTOS

Remembrance, honor, forgiveness in Ruskin

St. Anne Catholic Church in Ruskin held a very special service on September 11 that focused on remembrance, honor and forgiveness. The service included local law enforcement and fire officials as well as retired officials from the New York City police and fire departments, airline pilots, members of the military and Senator Ronda Storms. The service included a moving first hand account from a New York City fireman who responded to the devastation at the World Trade Center exactly 10 years ago. Father John McEvoy spoke of the pain, healing, and honoring the victims and those who so bravely served both their communities and the nation, but he also spoke of forgiveness and peace, acknowledging while it is difficult to forgive, "Jesus told us to pray for our enemies and to go and bless those who persecute us." The service concluded with local Boy Scout Troop 2140 raising the American Flag to half staff on a flagpole installed by the church's parishioners, the laying of a wreath, and the release of white doves.



Fashion show to benefit charity

Attend the 15th annual Fashion Show and luncheon at noon on Thursday, Nov. 3 at Freedom Plaza Campus Auditorium, 1010 American Eagle Blvd., Sun City Center.

There will be entertainment, drawings and door prizes. Fashions by Hangovers Boutique, LLC. \$20 admission.

Proceeds to benefit the Samaritans Alzheimer's Auxiliary of Sun City Center.

For more information, call (813) 634-9283 or (813) 634-1418 or stop by the Samaritan Office.

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My grail has a first name

I woke up at 3 a.m. and was bound for Kennedy Space Center by 3:30. I arrived just as the press credentials office opened and, in their usual efficient and friendly manner, they handed me a card and I was out the door within minutes. Soon after, I was on a NASA press bus for the 20-minute ride to Launch Complex 17B. The weather was forecasted



Observations
By Mitch Traphagen
mitch@observernews.net

to make a turn for the worse, but it was a beautiful morning. The sun rose while on the bus ride and the press site for LC17 was incredible — I had a perfect, straight-on view of GRAIL, the twin moon probes mounted atop a Delta rocket.

With only minutes left in the countdown, the weather and the rocket were all a green for go. My heart began to race as I prepared my three cameras to capture what I expected would be an incredible sight.

But then, nothing happened. Upper level winds were outside of NASA's specifications for launch so it was decided they would try again at another window of opportunity an hour later. That attempt was scrubbed at T-Minus a few minutes. Given the view I had of the rocket, I decided it was worth a night in a cheap motel to try again the next morning. Since I didn't have to drive from South Hillsborough, I was able to "sleep in" until 4 a.m. I didn't bother to check my email as I arrived at the NASA News Center at 5:15 a.m. to find that no one was there. Sometime in the wee hours of the night, NASA decided to hold off for another day. I decided to drive home. On Saturday morning from my computer, I had a great view on NASA TV of a picture-perfect launch. I could have gone back, but I decided that specific grail would not be mine.

I've learned that my friends are the grail I seek in life. I've always greatly enjoyed giving presents, but it has been considerably more difficult for me to receive them. Over the years, I've been working on that issue. I've long since grown past train sets and Hot Wheels, so for the presents I have sporadically received, I've learned to say "thank you" rather than, "you really shouldn't have — let me pay you for this!" Learning to be gracious isn't easy. But for reasons not entirely clear, I've had a ton of opportunities to learn graciousness in the past several weeks, and in that time I have been both honored and humbled by the benevolence of friends.

My grail's name is Jon. I've known Jon since we were both in the second grade — he is one of those best friends that is more than a simple acronym — he truly is for life. We lived on the same street and played in a rock band together. Without ever saying a word about it, we both knew we would be there for each other. It has been years since I've seen him but our friendship and bond has never waned. He is happy that I've rediscovered music and the guitar. So much so, I've received two

emails from him saying he was sending some equipment that he knew I would need to "do things right." "My treat," he said both times. I can't place a value on how much his support and friendship is worth to me. It's not the stuff he gave me, it's the realization that he thought it was important enough to do. He has given me motivation and inspiration that I didn't know I had. I will know

that I have lived right if someday I have the honor to share a stage again with my lifetime best friend.

My grail's name is Jerry. When I met Jerry I was in a life raft. Seriously, Jerry and his wife had just arrived from Colorado to move aboard their boat and my wife and I were floating around the marina in a life raft we bought at a garage sale. (We learned that day there is a very good reason you shouldn't buy critical lifesaving equipment at garage sales.) He was walking to the other end of the marina and we told him to hop in. But ever since that day, it is Jerry and his wife Stephanie that have been my life raft. There is nothing in my life that has happened since that day nearly 15 years ago in which I wondered, would Jerry back me up? He always has. Most recently, he made it possible for us to endure the heat on our boat in cool comfort. He knows what that means to us.

My grail's name is Tom. Tom is one of the happy and fortunate convergences in my life. He is the same age as me and appeared at our lonely marina in Ruskin about the same time my wife and I did back in the mid-1990s. He has since moved to Tampa so we've lost daily contact, but when I was recently going through a personal crisis, Tom called and then called again. And then again. He made certain that I knew that I was not alone. A few months earlier, he sent an email inviting us to a Jackson Browne concert. "My treat," he said. Among the many things we have in common is a love for Jackson Browne's music. A few years ago, we invited him to a concert in Des Moines — in December. I think his choice of Ruth Eckerd Hall in Clearwater was the better one.

My grail's name is Michelle. Michelle is my wife and partner in life. Together we have been through enough bizarre, happy and sad experiences to fill a couple of books. After I traded a guitar I cherished (but rarely played for 30 years) for some camera gear I felt I needed for my job, Michelle showed up one day with a new guitar that she knew that I was interested in. Since then, she has been so much more than supportive as that guitar has turned into amps, speakers and various accessories — enough to fill a bedroom in our house. Much of it is stuff that I don't feel I deserve. But she thinks I do. She believes in me more than I believe in myself. There is no way to express what that means in my life. Her belief is making me better, not just at playing the guitar, but in being a person. I want to be

who she thinks I am.

As I type these words, a UPS driver just delivered the first of Jon's treats and I can't wait to try it out. Tomorrow night, Michelle and I will spend a relaxing evening on the boat, thanks to Jerry. And then, I'll try to carve out a day to learn a Jackson Browne song or two, and think about my friend Tom.

I am blessed beyond belief; and I am just cynical enough to wonder if my friends somehow learned that I am dying of some horrible thing and are being extra nice as a result. But I know the truth; I am so fortunate to have these people in my life. Not because of what they buy or do, but for who they are — and because they make me better than I would otherwise be. I love them all.

As for dying, I'm not (that I know of), but the reality is we all have that one thing in common. Life is a fatal disease, after all, and I think that some people forget that in their quest for power and wealth — the holy grails of our times. But my grail is neither of those things. My grails have names. I'll take that over wealth and power any day. I have no doubt that when my time does come, I'll die happier because of it. At the end of the day what could be more important?



MITCH TRAPHAGEN PHOTOS

NASA's GRAIL on the launchpad shortly before a scrubbed launch attempt. It turns out, that grail wasn't mine.



Not done.

Just beginning

The fourth try was the charm for NASA's twin GRAIL probes and the Delta rocket that would carry them high above Florida and into space. After three attempts were scrubbed due to high upper level winds over Kennedy Space Center, the Moon mission successfully launched at 9:08 a.m. on Saturday morning. The Gravity Recovery and Interior Laboratory (GRAIL) consists of two probes that will orbit the moon in tandem to measure the gravity field and learn more about the structure of the lunar surface. Just a few days prior, on Sept. 9, the first welds were applied to what will soon become NASA's first operational Juno capsule — the vehicle that is planned to carry Americans into deep space. Despite the much publicized final mission of the space shuttle in July, NASA has stated they are only beginning in space exploration.

NASA/DARRELL MCCALL PHOTO

MAKING SENSE OF MEMORY LOSS



Join us for the last installment of an Alzheimer's Education Series that will address the challenges associated with providing care for Alzheimer's and dementia patients. This series will be of interest and value to anyone who is either caring for a loved one with dementia, or who simply wants to learn more about memory disorders. Each installment features a Question & Answer session and the opportunity to interact with others facing similar situations. Make plans now to attend.

Wednesday, September 21 • Noon
The Truth About Dementia Medications
Boxed lunches will be provided at 11 a.m.
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Cuba Today

■ Continued from page 2

MELODY JAMESON PHOTOS
In sharp contrast to the very ornate facade of baroque architecture favored by Cuban authorities in the early 20th century, Cuba's "Capitolio" (left) is all straight lines, wide deep steps, tall columns and rounded dome. It was built during the 1925-29 time frame, just before the U.S. stock market crash and ensuing Great Depression. Two massive wings of at least two stories extend from both sides of this central entrance. Intended to be the physical location of Cuba's government and given a distinctly U.S. capital flavor, perhaps the day yet will come when the governing within may more closely resemble a republic.

protest in Havana. Known for demanding release of political prisoners, they were protesting violent attacks on Ladies in White in Santiago de Cuba.

There is blame on all sides.

Cuba, nonetheless, may be at a crossroads. Spain's conquistadors, military commanders and governors are long gone, the English overlords and French planters departed some centuries back, Batista and Fidel Castro and Ernesto Che Guevara now are part of history.

There also are the signals being flashed across the Straits. Now Cuba's president, Raul Castro is publically talking private property rights and business ownership and opening idle land to Cuban farmers. The Obama administration, building on steps taken by President Bill Clinton, has quietly loosened travel restrictions, leading to more flights to Havana from US airports and more US visitors to the island for a variety of purposes, excluding tourism. Cultural exchanges are in the works: Florida Orchestra musicians going there, their internationally acclaimed ballet troupe coming here.

And there's the oil drilling to get underway in international waters between Cuba and Florida in November. Chinese rigs, provided by

the Castro regime's current partner in communism and operated by the Spanish company, Repsol, could be pulling up crude for a long time, if the exploratory well estimates in the millions of barrels beneath the straits prove accurate.

Should we care? Where will the oil go? If there's a breach and a leak, what's our embargo position then? If Cuba were to become an oil-rich nation, what would be the impacts on her tottering economy? Would oil money be shared in some valuable way with her people?

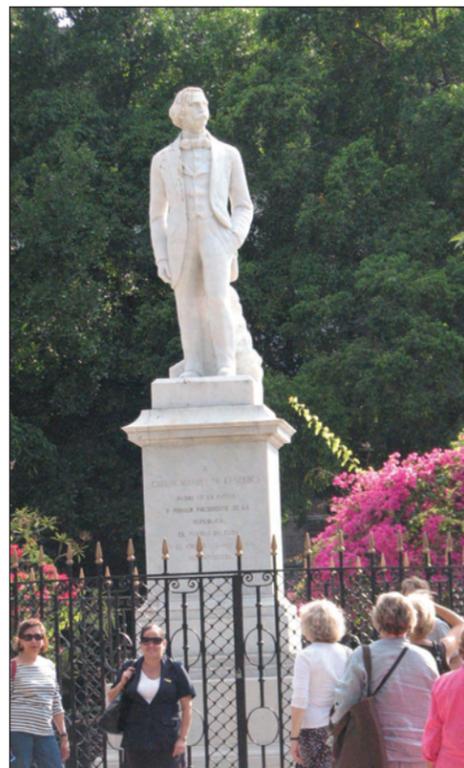
No one is sure of the answers. Ted Piccone, senior fellow at the Brookings Institution, in a May, 2011, report calls the future US-Cuba relationship "cloudy," adding he's unsure of impacts on the Cuban people but thinks America is up to bat on the matters. Former Public Radio Producer Delia Lloyd, writing for *Politics Daily*, suggests the thaw taking place may be breaking up the embargo altogether, although the US Congress remains the unknown factor in any equation.

Personally, based on first hand observations, I hope with fervor that Cuba looks its history in the eye with a steely gaze and breaks new ground for its future.

Copyright 2011 Melody Jameson



These larger than life sized metal "busts" of Fidel Castro (left) and Ernesto Che Guevara (right) no doubt are intended to remind Havanans of their revolution which replaced a military dictator with the benefits of communism some 50 years ago. As novel as the portraits are, erected almost side by side on concrete block walls in a heavily traveled part of the city, most Cubans now seem to be more willing to embrace free market capitalism as they look ahead along the corridor of their future. Communism may have brought them free educations, along with medical and dental care at no charge, but it also gave them a teetering economy, risky public works infrastructure and the constant surveillance of a police state.



Considered the father of modern Cuba, Carlos Manuel de Cespedes in 1868 did the unthinkable; he freed his slaves and invited them to join him in war against Cuba's Spanish oppressors. His actions set in motion "The 10 Years' War," an early — and temporarily successful — attempt to achieve independence from Spain. The planter and lawyer was chosen President of the Republic of Cuba by his countrymen in 1869 but deposed in 1873. He was murdered the following year by Spanish troops regaining control of the island colony that the crown was loath to lose.

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New Apollo Beach development

Continued from page 1

“The project has a total acreage of 2,352 and a land use plan has been approved. Site plans, however are preliminary.”

Too preliminary, probably, for Newland to want to discuss.

The map and county public records do show, however, that there will be two sections; one called Waterset North and one Waterset South. Several other entities are involved besides Hillsborough County as any side walks or new lanes, including turn-lanes and entrance easements along the portion that borders U.S. 41 will have to be done in cooperation with the Florida Department of Transportation, as 41 is a state highway, not belonging to the county. Roads within the development will be a combination of FDOT and county responsibility, to be determined at a later date.

There is also a strip of land within the development's borders that belongs to Tampa Electric Company.

Several roadway extensions already are shown, however, including an east-west extension of Apollo Beach Boulevard, and Leisey Road going at least as far as Interstate 75 (where the county's latest map of the project stops).

A new road, Waterset Drive, also shows on the map as running east-west through the middle of the development and then turning

north-south and leading to Big Bend Road.

On the extreme eastern side of the property, some of which borders Ruskin's rural 33rd Street, an 80-acre regional sports complex is shown. There is a notation on the land use map that says the county “may determine if this portion of the project is necessary.”

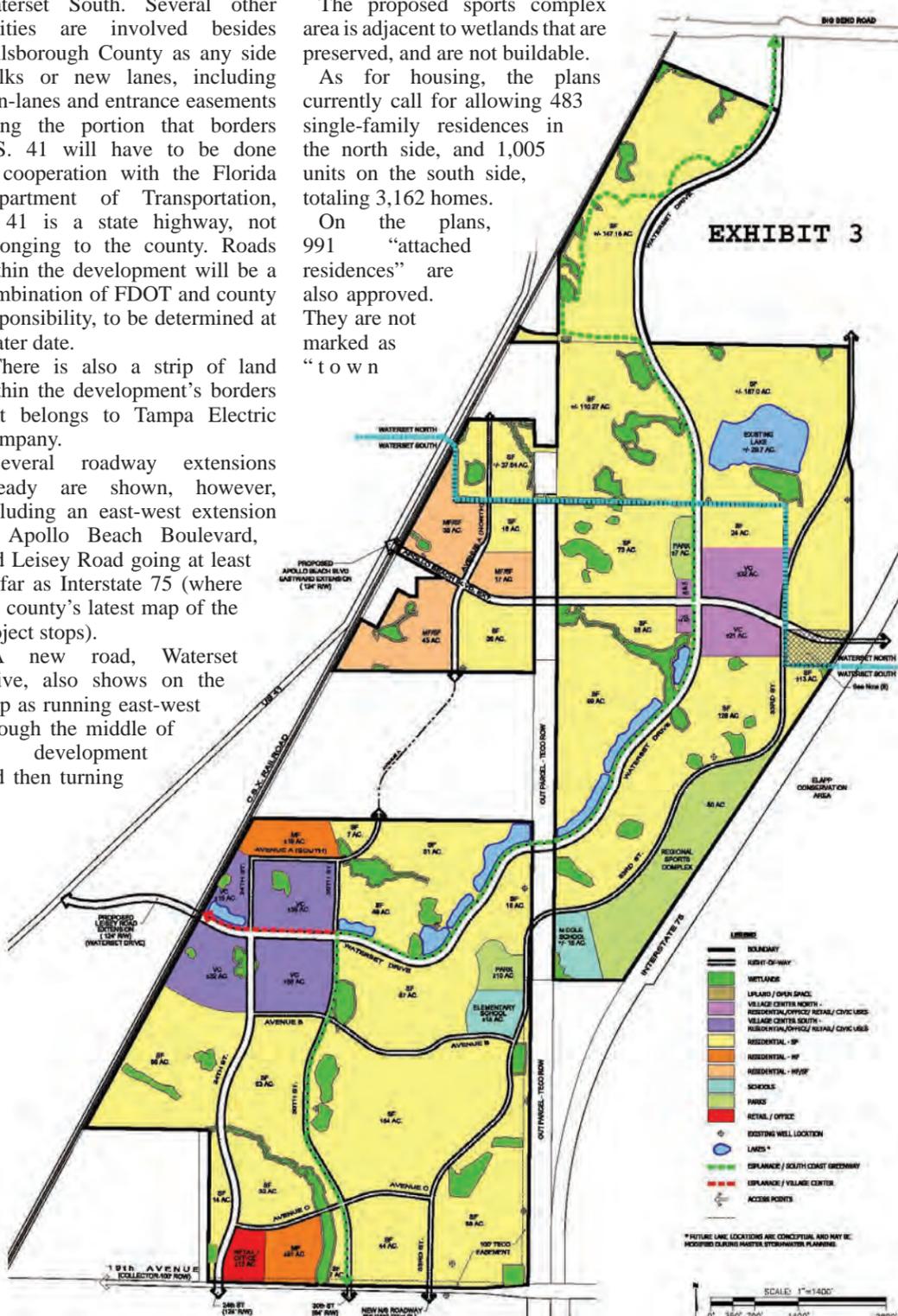
The proposed sports complex area is adjacent to wetlands that are preserved, and are not buildable.

As for housing, the plans currently call for allowing 483 single-family residences in the north side, and 1,005 units on the south side, totaling 3,162 homes.

On the plans, 991 “attached residences” are also approved. They are not marked as “town

homes” or “apartments” but just “attached units” at this time.

A Village Center, several clusters of business areas, and a 29-acre park are also shown, as well as both a new elementary and middle school on the east side, near what is currently marked as “sports complex.”



“There are four separate zonings which are appropriate to consider when doing the Apollo Beach plan,” Healey said. “But Waterset isn’t doing anything right now.”

“Since the DRI (Development of Regional Impact) gives some entitlements, it is appropriate to consider the possibility of an Apollo Beach Town Center somewhere in the Waterset community on a portion that borders U.S. 41 (in the overlay area),” Healey continued.

To that end, the county has drawn a map showing the area it would like to see such a center, but no agreement to build one has yet been negotiated.

Healey wants to be sure people

realize three separate plans are being mentioned in this story, even though it is about the new Newland development.

Because some of Newland's land is in the area where the county is considering an 8-mile “overlay” (extra zoning requirements above and beyond what is generally expected) along U.S. 41 from Big Bend Road to 19th Avenue in Ruskin, it is also spoken about at the overlay meetings.

Meanwhile, the requirements of the Apollo Beach Community Plan – already made, yet still a work in progress as new structures are built and new businesses arrive – must also be considered.



The picture is beautiful at Southshore Regional Library

For the month of September, the Southshore Regional Library is hosting Tampa Bay: 20/20, a traveling photo exhibit sponsored by Mosaic. The photos reveal the near infinite beauty and wonder that may be found in the Tampa Bay Estuary, designated by Congress as an “Estuary of National Significance.” According to Mosaic, the exhibit “highlights the abundance and beauty of the bay, and our special connection to it.” Among the photographs are finalists from Mosaic's 2010 photo contest as well as images donated by local photographers. On the other end of the library is the Artist's Exhibit Series Instructor's Show, displaying the works of the art instructors in the Library's Crawford Gallery. The series will run through October 26. Both exhibits are available free of charge.

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UPCOMING SEPTEMBER EVENTS

Tues., Sept. 20 • 2-3:30 p.m.

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Tues., Sept. 20 • 2:30-3:30 p.m. • Join Katie Colwell Williams, MA, CMC from Aging Care Advocates for our **Alzheimer's Association Caregiver Support Group**. The resources are endless! alzheimer's.org

Wed., Sept. 21 • 2:30-4 p.m. • **Parkinson's Support Group** Marcia A. McCall, M.T.S, retired Coordinator of Research Department of Neurology College of Medicine USF and co-author of "100 Questions and Answers about Parkinson's" will be here for our Parkinson's support group.

Thurs., Sept. 22 • 10-11 a.m. • South Bay Hospital presents part two of their educational topic on **dealing with incontinence**. If you or a loved one are facing this issue, don't miss this informative session!

Thurs., Sept. 22 • 2:30-4 p.m. • Edmond Dubreuil MSW, RCSWI mental health professional facilitates this **support group for those suffering from depression, loss or grief** or are the caregiver of someone facing those issues. Supported by: South Shore Coalition on Mental Health & Aging & The United Methodist Church of Sun City Center.

Fri., Sept. 23 • 2:30-4 p.m. • C.O.A.P. (Children of Aging Parents) is an ongoing support group for individuals who are assisting and/or caring for older, adult parents. Facilitated by Laura Burch from Hanson Services, In Home Care. For more information about the group, please visit: www.caps4caregivers.org

Wed., Sept. 28 • 2:30-4 p.m. • **Diabetes Support Group**. Please join Shelley Tanner, R.N. from Angels Care Home Health as she facilitates our support group "Everyday Basics of Diabetic Care".

Thurs., Sept. 29 • 10-11 a.m. • Hillsborough County Sheriff's Deputy Chris Girard will be presenting his famous "Crime Chat" specifically for seniors. Don't miss this!

RSVP 2 days prior to event to... **813-634-3347**

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FISH TALES

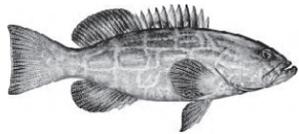
Big news: dust off your grouper gear

Big news this week: Dust off your grouper gear, get your pole ready, remember where they are, and remember what they look like and where to catch them. This announcement is for recreational anglers and gag grouper catches. You can fish for gag grouper from Sept. 16 through Nov. 16. The bag limit is two gags within the four fish aggregate bag limit with the minimum of 22 inches.



Fish Tales
By Jonie Maschek

per person per day?" This week we are in the phase of a full moon with two high and low tides. This means good fishing for most. I do know some anglers that will not fish if there is a ring around the moon. Of course I also have met the angler that watches the cows early in the morning. The way this goes is: if the cows are laying down, no fishing today, the fish will not bite.



Did you realize that it has been two years since the big freeze hit Florida and killed more than a million of our snook population? I hear many times a week from daily anglers who wonder why they still are only catch and release. They tell story after story of how healthy they look; others talk about the big schools that are traveling out there. It sums up to "Why can't we catch and keep one

I also have met the angler who says he will not go fishing if his dog howls all night. I do know that fishing is great out there. We have had rain and wind, but in between showers, anglers have watched the weather and have caught fish. If you have never caught a tarpon, you still have time. They do not leave our area -- only if a severe cold front comes into our area. This mighty giant is still in Tampa Bay. It is best to snap a photo and release quickly. This is a trophy fish only. Any taxidermist will make a trophy for you from your photo. Some are us-

ing mullet cut up for bait to make their catch. They soar in the air; they give you a workout. You will need a buddy to get him to the boat for a photo.

Mangrove snapper are the king of the waterways this week. Each angler this week has indicated that mangrove snapper have taken over our waterways. This is a small fish, best fried to grace anyone's dinner table. They must measure 10 inches and only 5 per day allowed.

Sheepshead were a close second, as many fished from their docks, because of the wind and rain.

I heard this week about some fat grunts catches. Grunts, a white meat fish, is great for breakfast. Make your grits the usual way, add cheddar cheese, fry some fat back or bacon. Place the fried grunts on the plate and crumble bacon on top of the cheese grits with melted butter on top. Add salt and pepper to taste. I am told that this is a real honest to goodness, Southern Cracker breakfast and you must try it.

Large schools of redfish are being chased by some boaters. Those that were caught were too small to keep.

This is the time of the year many tourist boaters are hitting our waterways. Please be helpful to them, be kind.

Sorry, ladies, I failed to mention the winner of The Ole' Salt Ladies Tournament in August. Believe this, the winner Sandy Kyros caught a 81 pound amberjack in 15 feet of water. Yes, that was an eighty-one pound and 2-oz. to be exact. Congratulations.

Aleta Jonie Maschek is a member of Florida Outdoor Press.

County to hold budget hearing

Hillsborough County has held a series of public hearings to receive input on its upcoming two-year budget cycle. The final budget public hearing will be held at 6 p.m. on Thursday, Sept. 22 at County Center in the second floor boardroom, 601 E. Kennedy Blvd. in Tampa. The final budget will be adopted at this hearing.

Residents will be able to view all budget workshops live on Bright House Channel 622, Verizon and Comcast Channel 22, or on the county's web site at www.hillsboroughcounty.org/budgetmatters.

Those who cannot attend the public hearings have a variety of opportunities to give their ideas and opinions on budget actions by sending e-mails to hcbudget@hillsboroughcounty.org, or by voice or text to (813) 704-0181.

South Hillsborough Elks Lodge #2672 Upcoming Activities



Every Wednesday: Best Spaghetti in Town -- \$7, All You Can Eat, for all Elks and their guests. Music by Bryan from 5 to 8 p.m.

Every Friday: Seafood and Sandwiches for all Elks and their guests from 5 to 7 p.m. Karaoke by Bryan from 5 to 8 p.m.

Monday, Sept. 19: \$7 Blue Plate Special. Menu: Meat Loaf with all the trimmings. Only 50 tickets will be sold.

Saturday, Oct. 1: Homecoming of DVP Lu Smith. Mark your

calendars to honor Lu.

Monday, Oct. 3: \$7 Blue Plate Special. Menu: Stuffed Shells with all the trimmings. Only 50 tickets will be sold.

Saturday, Oct. 15: 50s Dance from 6 to 9 p.m. with music by Double Density. \$7 with light snacks. Dress up in your 50s outfits.

Monday, Oct. 17: \$7 Blue Plate Special. Menu: Chicken & Noodles with all the trimmings. Only 50 tickets will be sold.

Saturday, Oct. 29: \$7 ENF Show starring Carol Nelson. Mark your calendars and let's make this charity fundraiser a big success.

Saturday, Nov. 20: Turkey Shoot for all Elks and their guests from 5 to 8 p.m. Menu: \$3 Sandwich Buffet.

Sunday, Nov. 21: Pot Luck Dinner for all Elks and their guests. Bring your favorite dish.

Monday, Nov. 29: Poor Man's Dinner for all Elks and their guests at 5 p.m. \$5 in advance, \$6 at the door. Menu: American Goulash.

The South Hillsborough Elks Lodge is located at 1630 U.S. Hwy. 41 S., Ruskin, FL 33570. The Club has a clean, smoke-free environment. For more information, call (813) 645-2089.

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FRIDAY, OCTOBER 21
LeBarge Cruise on Sarasota Bay • Cost: \$44
Lunch will be on your own

FRIDAY, OCTOBER 28
Sunken Gardens and Photography • Cost: \$46
Three course luncheon included at St. Pete Yacht Club

SATURDAY, NOVEMBER 12
St. Armand's Circle Arts Festival • Cost: \$43
Lunch at The Beach House on Bradenton Beach

COURSE SCHEDULE:

MONDAYS	8:30 - 10:00 Digital Photography (102)	WEDNESDAYS	8:30 - 10:00 Economic Issues (303)
	8:30 - 10:00 Clear the Clutter (106)*		10:30 - Noon India: History, Myth, Culture (307)
	10:30 - Noon Writing Literacy (107)*		10:30 - Noon Tampa General Health Series (308)
	10:30 - Noon Practical Spanish (108)		10:30 - Noon Interior Design (309)
	10:30 - Noon Beginning Sign Language (109)		10:30 - Noon News and Views (310)
	10:30 - Noon Myth: What It Is and Why (110)		1:00 - 2:30 Conflict and Resolution (316)
	10:30 - Noon An Invitation to Poetry (111)*		1:00 - 2:30 Book Collecting for Beginners (317)
	10:30 - Noon Writing Memoirs: Part 1 (112)*		1:00 - 2:30 Economics and Investing (318) starts 10/19
	1:00 - 2:30 First Aid & Emergencies (114)		3:00 - 4:30 Introduction to Great Poetry (322)
	1:00 - 2:30 Advanced Sign Language (115)	THURSDAYS	
	1:00 - 2:30 Karate: Beginning (117)		8:30 - 10:00 Event Planning (403)*
	1:00 - 2:30 Writing Memoirs: Part 2 (118)*		8:30 - 10:00 The Words We Use (406)
	1:30 - 2:15 Basic Dog Training: Group 1 (125)*		10:30 - Noon Give Yourself A Raise (407)
	3:00 - 4:30 Estate Planning for the Florida Resident (120)		10:30 - Noon Write That Family Cookbook (409)
	3:00 - 4:30 Torah from a Christian's Perspective (121)		10:30 - Noon U.S. History: 1603-1850 (411)
TUESDAYS			10:30 - Noon Dreams and You (412)
	10:30 - Noon Digital Point and Shoot (207)*		1:00 - 2:30 MS Office 2007 and 2010 (415)
	10:30 - Noon South Bay Health Series (208) n/a 10/25		1:00 - 2:30 Death, Dying and the Afterlife (416)
	10:30 - Noon Positive Psychology (209)		1:00 - 2:30 Karate: Advanced (417)
	10:30 - Noon When's The Last Time You Retired? (212)		
	1:00 - 2:30 Qigong: Level 1 Form (214) n/a 10/25		
	1:00 - 2:30 Introduction to Weather (215)		
	1:00 - 2:30 Wiley's World and Welcome To It (216)		
	1:00 - 2:30 How to Buy and Sell Jewelry (218)		

*Indicates limited enrollment



This stately 1942 Packard owned by David Fletcher of Gibsonton is among the many fine vintage vehicles expected to take part in the Sun City Center 50th Anniversary Car Show Oct. 11.

Car Show: memories on four wheels

All area special-interest vehicle owners are invited to be part of Sun City Center's 50th Anniversary Car Show Oct. 11. Many of the area's finest vintage cars and trucks will be on display from 10 a.m. to 2 p.m. around the bandstand on the community's central campus.

The show is being held in cooperation with the Sun City Center Roamin' Oldies car club. Admission is free for both entrants and spectators. Deejay Joey Ferrante will be playing the music that was popular when the cars were new. The Tillers and Toilers Garden Club will be serving hot dogs, hamburgers and ice cream.

This part of Florida is home to many outstanding antique and collectible cars and trucks, and no one appreciates those vehicles more than the residents of the state's first 55-or-better active adult community. Two top-choice trophies will be awarded; one for the vehicle selected by popular vote of the spectators, and one selected by the show participants.

Vehicles on display will include cars and trucks maintained or restored as new; street rods with vintage appearance but modernized with new power trains and creature comforts; and reproductions built from the ground up.

Some of the cars have been lovingly tended by their owners for decades. Some were admired but unattainable on a youthful budget, only to be acquired and enjoyed later in life. Some carry nameplates that are now part of history, such as Packard, Studebaker and Oldsmobile.

Spectators will find the owners happy to talk about their vehicles, most of which involve a considerable investment of time, effort and currency. Everyone should find a car on display that kindles personal recollections of a time when a car was more than just transportation.

Members of the Sun City Center Model Railroad Club invite participants and spectators to visit their panoramic layout, which includes bridges, towns, a switch yard and other features. Other nearby clubs will also be open during the show, displaying a wide variety of arts and crafts.

The vintage car show is part of Sun City Center's year-long 50th Anniversary Celebration. Retirement community pioneer Del Webb first welcomed visitors and new residents December 30, 1961. The show will be at the Central Campus on Cherry Hills Drive at N. Pebble Beach Boulevard. For more information, call (813) 633-8540.

Safely preserve vegetables, meats and seafood at home

The Hillsborough County Extension Office, 5339 C.R. 579, Seffner, will give presentations on safely preserving foods at home at a cost of \$5 to cover food and supplies. Bring your home canner or gauge for testing. They will provide directions, recipes and resources to take home. The class will demonstrate equipment and procedures. New USDA Canning Guide is for sale at discount price.

Register online at the following websites for classes on dates listed:
 Friday, Sept. 23, 1 to 4 p.m.; www.canveggies092311.eventbrite.com
 Monday, Sept. 26, 5 to 8 p.m.; www.canveggies092611.eventbrite.com
 Wednesday, Sept. 28, 8:30 to 11:30 a.m.; www.canveggies092811.eventbrite.com
 Saturday, Oct. 1, 1 to 4 p.m.; www.canveggies100111.eventbrite.com
 Friday, Oct. 21, noon to 3 p.m.; www.canveggies102111.eventbrite.com
 Wednesday, Nov. 9, 8 to 11 a.m.; www.canveggies110911.eventbrite.com
 Friday, Nov. 18, noon to 3 p.m.; www.canveggies111811.eventbrite.com

For more information, call Mary Keith at (813) 744-5519.

Fundraiser planned for Military Family Support Trust

The Pelican Players will present 'Broadway Extravaganza,' a fundraiser for the Military Family Support Trust (MFST), from 2 to 4 p.m. on Sunday, Oct. 2 at Community Hall, 1910 S. Pebble Beach Blvd. Admission is \$12 in advance; \$15 at the door the day of the show.

This production is the annual fundraiser for the Military Family Support Trust (MFST) office. Funds will be used for a number of military programs supported by the MFST including scholarships, Junior ROTC, homeless women veterans, Southeast Guide Dogs, Helping Hand, Warm Heart, financial assistance to help vets in need, and more.

Tickets are on sale in SCC Atrium-Kiosk on Monday, Wednesday and Friday; in the Kings Point North clubhouse Tuesday and Thursday; and Freedom Plaza's MFST office Monday through Friday.

Open to the public. For information, call (813) 634-4675.

Learn to be your own advocate

The South Shore Coalition for Mental Health and Aging will present a free seminar 'Being Your Own Advocate' telling people how to empower themselves and get the results they need from 1:30 to 3:30 p.m. on Oct. 25 in the Florida Room of the SCC Community Association complex, 1009 N. Pebble Beach Blvd. For more information, call (813) 634-3347.

South Shore Music Festival needs volunteers, business sponsors

The 2nd Annual South Shore Music Festival will be back Nov. 12, with gates opening at 11 a.m. There will be a blend of music, games, and food at this family-friendly festival. The highlights of the festival include: local and regional groups on two stages; bounce houses and face painting; classic car and bike show; reptile shows; a kid's zone; and more.

It will be held on the ground of the International Independent Showmen's Association on Riverview Drive just east of U.S. 41.

As a sponsor, your businesses will get exposure to thousands of potential clients, and will be supporting philanthropic efforts. There are a variety of sponsorship opportunities that offer the ability to showcase businesses and products, with logos and marketing materials on display.

A portion of proceeds from this event will go to Hand to Hope Inc., a local not-for-profit 501(c)(3).

For more information call Mike Self II, president and founder, at (813) 677-8226 or email info@southshoremusicfest.com.

County meetings scheduled

Community Action Board

The Hillsborough County Community Action Board's Public Information Subcommittee will meet at 8:30 a.m. on Friday, Sept. 16 at the Ybor City Hillsborough County Sheriff's Operation Center, 2008 East 8th Ave., in Tampa.

For more information, call Community Action Board at (813) 273-3746.

Value Adjustment Board

The Value Adjustment Board has scheduled a meeting at 9 a.m. on Tuesday, Sept. 20 in the 2nd Floor Boardroom of County Center, 601 E. Kennedy Blvd. in downtown Tampa.

Any person who may wish to appeal any decision made by the Value Adjustment Board regarding any matter considered at the forthcoming meeting is hereby advised that he or she will need a record of the proceedings, and for such purpose, he or she may need to ensure that a verbatim record of the proceedings is made which will include the testimony and evidence upon which such appeal is to be based.

For more information, call (813) 272-5314.

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■ Continued from page 1

conflict with the CIW, but the farm workers are not part of the Publix workforce, and thus they will not pay employees from other companies directly for their labor. "We are saying, 'put it in the price!'" said Shannon Patten, media and community relations manager for Publix. "Simply stated, we are more than willing to pay a penny more per pound or whatever the market price for tomatoes will be in order to provide the goods to our customers. We suggest that they put the cost of the tomatoes in the price they charge the industry. We will not pay employees of other companies directly for their labor.

That is the responsibility of their employers. Employers should pay wages, not those outside of the employment relationship."

"We understand they are saying put it in the price," said Margaret Gleeson of Interfaith Action of Southwest Florida. "And that's exactly how it works, but the Fair Food program doesn't require retail companies to pay the farm workers directly, rather it is passed through the grower and paid to the workers by the grower. For two years now we've been writing letters and inviting Publix to come to the table and they have refused to do so."

In many respects, Publix and the CIW are looking at the same

thing from two very different perspectives. The CIW wants Publix to commit that penny per pound to the workers through their employers. Additionally, their purchasing power and influence would send a strong message through the entire industry by conditioning their purchases of tomatoes to those growers willing to commit to the Fair Food program. Publix, however, while willing to pay an additional penny per pound, does not want to step into a relationship in which they see themselves as a third party.

"We do not have a conflict with the CIW," Patten continued. "The CIW is seeking to negotiate

wages and working conditions of employment with the growers and the CIW is trying to drag Publix into these negotiations. This is a labor dispute and we simply aren't involved. As you know, tomatoes are just one example of the more than 35,000 products sold in our stores. With so many products available for sale to customers, the reality is that there is the potential for countless ongoing disputes between suppliers and their employees at any given time. Publix has a long history of non-intervention in such disputes."

For their part, the CIW also points to that same long history in invoking the words of Publix founder George Jenkins, who the CIW quotes as saying, "Don't let making a profit get in the way of doing the right thing." They say that this season, thanks to those companies who have signed on to the program, approximately 30,000 farm workers will have assured access to shade and water, the right to report abuses without fear of retaliation, and the ability to form health and safety committees in the fields, with zero-tolerance provisions for forced labor and sexual harassment. Gleeson, holding a bag of coffee from a Publix store, also pointed to other products carried in which the supermarket chain has committed to ensuring fair labor practices.

"With fast-food and foodservice leaders on board, Publix's continued rejection of the Fair Food advances establishes a dangerous example for the supermarket industry that threatens to undermine these landmark, yet fragile, gains," the CIW said in a press release.

"Although the Coalition of Immokalee Workers is not part of our direct workforce, they are our neighbors and citizens of our shared community," Patten said. "We have always strongly encouraged our suppliers to work closely with their workforce, and their workforce representatives on any issues. Publix is unaware of a single instance of slavery existing in its supply chain. Publix is also unaware of a single instance of payment of less than the required minimum wage. As a community partner for nearly 80 years, it would be unconscionable to believe that our company would support a violation of human rights."

The small group of riders pedaled through Ft. Myers, Charlotte County, Sarasota and Brandenton before pulling into Sun City Center on September 4. Along the way, they stopped at churches and Publix stores, both to protest and to pray. In Sun City Center, a few cars honked and some drivers stopped to shout out words of support for the sign-carrying bicyclists.

Two days later, after 11 days on the road and 200 miles, they arrived at Publix headquarters in Lakeland to personally invite CEO Ed Crenshaw to not only join the coalition, but to come to Immokalee to observe for himself the conditions in the fields. They were met instead by a company spokesman who offered to pass along their message to the CEO. After a short time, the spokesman told the riders he appreciated what they were doing and then asked them to leave the property.

Shannon Patten later told the *Lakeland Ledger* that the issue has nothing to do with the CEO

personally. "This is a labor dispute, and they are asking us to get involved in something we are not part of," she told the paper.

The CIW described it as disappointing indifference.

"Publix is a company founded and committed to our associates and the communities we serve," Patten said. "For more than 80 years, we have supported our local communities, the economy, growers and farmers. We have earned the respect of our peers and have been consistently recognized on various 'The Best of' lists because of our values, mission and successful focus of making Publix the retailer of choice for our customers."

She went on to say any campaign to support workers should support, rather than target, the associate-owned supermarket chain. In the end, she said the main thrust of the CIW campaign was to direct Publix to stop buying from two growers who have not agreed to the accord and instead to buy from one that is committed to it, East Coast Growers. Publix, she said, has already done exactly that.

The CIW, along with members of churches and loyal Publix customers are looking for something more: They want to hear it from the CEO.

Information about Publix is available at www.publix.com, the Coalition of Immokalee Workers at www.ciw-online.org, and Interfaith Action of Southwest Florida at www.interfaithact.org

Bright Future for Boomers "Coming of Age"

The oldest of the Baby Boomers are turning 65 this year, the eye-opening age of Medicare eligibility. As the reality of dealing with Medicare looms large, many people find themselves uncertain about their Medicare options and the processes for enrollment. The Florida Department of Elder Affairs' SHINE (Serving Health Insurance Needs of Elders) program, in partnership with the west Central Florida Area Agency on Aging, is prepared to provide the assistance you need to understand your options.

SHINE is an unbiased information and counseling resource that trains volunteers to provide free, confidential health care advice to Florida's seniors and the disabled, particularly about Medicare.

Individuals new to Medicare may enroll during their Initial Enrollment Period, which is the seven-month period (birth month plus the three months before and after) surrounding his or her 65th birthday. During this period, beneficiaries can enroll in Medicare Parts A, B and D, or they may alternatively choose to enroll in a Medicare Advantage plan with or without drug coverage.

All current and soon-to-be Medicare beneficiaries are invited to contact SHINE for one-on-one SHINE counseling or enrollment assistance by contacting the West Central Florida Area Agency on Aging at 1-800-96-ELDER. Medicare beneficiaries who do not take advantage of their Initial Enrollment Period may do so during the Annual Election Period (Oct. 15 - Dec. 7), with coverage effective on January 1.



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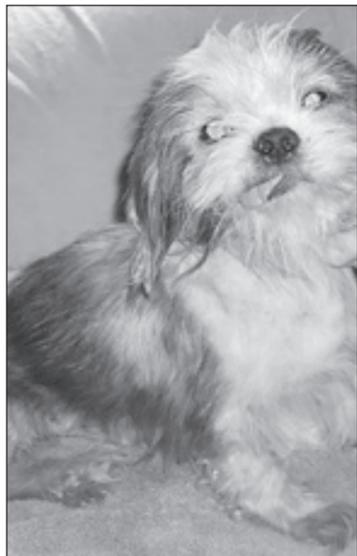
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New measurements prove it: Active older adults less likely to become cognitively impaired

GAINESVILLE, FL — Reaching over to make the bed or bending to get a grocery bag might not be the typical idea of being physically active. But all those everyday movements add up and could contribute to health benefits, especially among older adults – even if it's not clear just how much energy seniors are exerting.

Previous research has been mostly based on error-prone self-reports of physical activity rather than actual measurements. Now, University of Florida researchers and colleagues have used laboratory-based methods to objectively measure the amount of energy older adults use up as they go about their daily activities, and linked that to cognitive performance.

The researchers found that older adults who expend relatively high amounts of energy in their daily activities are substantially less likely to become cognitively impaired than those who exert less energy. The findings are published in the July 25 issue of the Archives of Internal Medicine.

“There are millions and millions of people who don't exercise, but we're beginning to understand that a lot of these people do a lot during the day, and they are likely to accumulate more energy expenditure during the day than others who go out and exercise,” said study co-author Todd Manini, Ph.D., an assistant professor in the department of aging and geriatric research at the University of Florida College of Medicine and the UF Institute on Aging. “These studies are starting to shed light on the fact that accumulating activity during the day can potentially provide health benefits.”

A growing body of research points to the promise of physical activity as a way to prevent or even treat cognitive impairment. But to figure out what types of activities are necessary, and how much, researchers need better estimates of energy spent in various activities.

“That's going to be a hard question to answer until we can get objective answers about physical activity,” said Kirk Erickson, Ph.D., an assistant professor in the department of psychology and the Center for the Neural Basis of Cognition at the University of Pittsburgh. “If we're going to translate this research into a clinical setting, we need to provide a quantifiable metric or number for how much physical activity to get.” Erickson was not involved in the current study.

Previous studies have relied heavily on study participants to tell researchers how physically active they were.

“With self-report, we hear what people think they are getting, but it might not be accurate, and doesn't tell us about energy expenditure the way that objective measures do,” said Erickson, whose imaging studies have shown that one year of participation in modest amounts of exercise can reverse Alzheimer's-related atrophy in parts of the brain involved in memory formation.

In the new study, the research team, led by scientists at the Heart and Stroke Foundation Centre in Toronto, and at the University of California,

San Francisco, moved a step closer to reliably identifying just how much energy people expend.

The researchers studied almost 200 older adults who on average were 75 years old to figure out how much energy people burn during daily activities. First, they calculated the total amount of energy used for the day, then subtracted the basic amount of energy the body needs while at rest.

Participants drank so-called “heavy” water, which has a slight chemical difference from regular water. That allowed researchers to track the body's consumption of oxygen molecules over time and use that to calculate the number of calories burned.

To find out how much energy a person used while at rest, the researchers used a method called calorimetry to determine the levels of carbon dioxide in the breath.

For comparison, the researchers also collected self-reported activity data.

To assess cognitive function, patients were tested on memory, concentration, orientation, language and other categories.

The more energy spent, the lower the likelihood of cognitive impairment, the researchers found. Patients with the highest levels of activity energy expenditure were 90 percent less likely to become cognitively impaired than those with the lowest levels of expenditure.

The findings are consistent with what other researchers have found, but Manini and colleagues went a step beyond by pointing out the shortcomings associated with using self-reported activity.

Self-reports are highly biased because people might report participating in more activity than they actually do — or they might forget to mention something they did. Self-reports also often focus on sports-like activities and fail to capture movements such as walking around the house or pottering about in the garden.

The link between the onset of cognitive impairment and energy expenditure was stronger when laboratory measurements were used to measure activity than when self-report data was used. In addition, the relationship between the amount of energy spent and the amount of decline experienced was more pronounced for laboratory methods than for self-reports, possibly because of more accurate recording of low-intensity activity.

“The strength of the study was that the researchers didn't have to just ask people how much physical activity they got — they could actually measure it,” Erickson said.

The Observer News

CARRIER OF THE WEEK



What can I tell you about Karina Mullins and her family? She has been with the company for about 9 years and always does a fantastic job. Her four children are also involved with delivering the papers. She lives and works in Ruskin and her job has roots in outreach for the community. Glad they are on board. Thanks!!

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Business news

New travel business opens

SouthShore Travel, located at 1647 Sun City Center Plaza, Suite 203 C, in Sun City Center, is now open. It is owned by Linda Santello and her sister, Amy Pinkney.

Santello has been a travel agent in the South Shore area since 1966. Pinckney is a director in sales and marketing in southwestern Pennsylvania.

The two recently opened the new company and the office is open Monday through Thursday from 10 a.m. to 4 p.m. and Friday, other hours by appointment.

For more information call 813-633-2009.

Local attorney elected to state leadership roles

Apollo Beach Attorney, Damon Glisson, has been elected to Chair Elect of the Council of Sections of the Florida Bar. The Council of Sections represents the specialty sections and the board certified attorneys in the Florida Bar.

All attorneys in Florida are required to belong to the Florida Bar, but only approximately 36,000 out of 90,000 attorneys in Florida belong to the specialty sections.

Mr. Glisson was also appointed by the President of the Florida Bar to serve on the 2011-2012 Florida Bar Board of Governors Strategic Planning Committee and is the chair of the 2012 Florida Bar

Leadership Conference to be held in July of 2012 in Tallahassee. The Leadership Conference is a bi-annual education seminar to train newly elected officers of the specialty sections.

Glisson has served in various bar leadership roles since 1991.

In 1992 Hurricane Andrew, destroyed many South Florida law offices that turned to the Bar for help. The Coordinating Committee

on Technology and Law Office Management and Assistance Service helped those attorneys restore services to their clients. Glisson



Damon Glisson

served on both Committees at various times through the 1990s, chaired the Coordinating Committee on Technology 1994-1995, chaired the first internet seminar for the Bar in 1996 and served as Chair on the Practice Management and Development Section 2005-2006.

Miche Bag Unveils Business Model

Handbag company, Miche Bag, has announced an exciting new business model, opening the doors for even more Miche Bag Representatives to become successful entrepreneurs in these challenging economic times. Founded in 2007, Miche Bag has grown from a small start-up based out of CEO Corbin Church's home to an established company with thousands of Representatives worldwide selling unique handbags through home-based "Miche Parties."

With its new direct sales business model set to take effect Oct. 1, Representatives will no longer have to enter the business through a Distributor, providing a means for them to have more personal control over their businesses and their potential Party Plan earnings. Anyone can now become an Independent Miche Representative with just a small initial product purchase and begin selling the full collection of handbags right away.

"Transitioning to this exciting new business structure will afford a greater number of new Representatives the chance to become part of our ground-breaking company, which has experienced explosive growth over the last four years both in the United States and internationally," said Church.

As a result of their affiliation with Miche Bag, working mothers across the country are increasing their incomes in a difficult economy. Not only is Miche Bag putting power in the hands of entrepreneurial women across the world but the company is also helping to significantly improve the quality of life for these women by offering them greater professional flexibility and giving them the ability to manage commitments to work and family in ways that best suit them.

For more information about opportunities in Florida contact:

Lynn Wise, Premier Accessories Group at www.facebook.com/PremierAccessoriesGroup or michebag@tampabay.rr.com 813-438-3666.

Century 21 Beggins prepares for 6th annual bazaar

Century 21 Beggins Apollo Beach office is gearing up for its 6th Annual Bazaar for Easter Seals. The event will be held at 6542 N. U.S. 41, Apollo Beach, Oct. 8 from 8 a.m. to 1 p.m. The rain date is Oct. 15.

There will be a yard sale, car wash, book/dvd exchange, bake sale, raffle and more with all proceeds going to Easter Seals.

There will be representatives from Great Grey's Greyhound Rescue, C.A.R.E., and many vendors with lots of free items. Music will be provided by DJ Gary who has supported the event for four years. There will be a barbecue pit with hamburgers and hot dogs.

Containers will be on site donated by Mobile Mini beginning Sept. 16 for people to drop off items.

People who need furniture picked up may call 813-658-1558.

Tour local businesses

Tour de SouthShore is a once a month event sponsored by the SouthShore Chamber of Commerce given Fridays through October.

The \$25 fee for a tourist includes breakfast, snack and lunch.

For more information call 813-645-3808.

Chamber announces plans to grow businesses

The Greater Riverview Chamber of Commerce has announced its new partnership with Community Bank in Riverview and Estrada Strategies to provide a series of business owner strategic business building events. This event is focused on the owners of local businesses and will offer real world, immediately relevant ideas to help growth and build a thriving business right now.

Join the group from 5:30 p.m. to 7:30 p.m. Monday, Sept. 26 at Community Bank in Riverview, located 10109 U.S. 301 S. for the "Marketing on A Shoe String Budget Seminar."

Everyone is welcome. There is no charge but seating is limited and an RSVP is requested.

For more information, call the chamber office, 813-234-5944 or visit RiverviewChamber.com.

Watson Clinic welcomes Pulmonary Specialist

Watson Clinic is pleased to welcome Roman Gimpelevich, MD, to their team of pulmonologists. Dr. Gimpelevich will treat patients during their stay at Lakeland Regional Medical Center and see patients at the Main Clinic location for pulmonary hypertension and hospital follow-up visits. His areas of expertise include the treatment of pulmonary conditions such as chronic obstructive pulmonary disease (COPD), asthma, pulmonary hypertension and interstitial lung diseases.

Dr. Gimpelevich received his medical degree from Rush Medical College in Chicago, IL, and performed his internship and residency in internal medicine at Rush University Medical Center in Chicago. He performed a fellowship in pulmonary and critical care at the University of South Florida in Tampa, FL.

Dr. Gimpelevich is a member of the American College of Chest Physicians, the Florida Medical Association, the Polk County Medical Association and the Society of Critical Care Medicine. He is board-certified in internal medicine and pulmonary diseases by the American Board of Internal Medicine.

Appointments may be scheduled by calling 863-680-7190. More information and physician credentials are available online at WatsonClinic.com.



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Sound the Shofar to meet Sept. 18

Sound of the Shofar will meet Sept. 18 in the South Shore Library at 2 p.m.

Pastor David Jones of Ruach Ministries in Brandon will continue speaking on "Hebraic Roots of the Christian Faith from a Mes-

sianic Perspective." Everyone is welcome to attend.

For information, contact Pastor David at 813-477-1517.

To honor the Fall Feast Days of the Lord, there will not be a gathering of this group in October.

Our Lady of Guadalupe

Church pantry grateful for support

The Knights of Columbus, Project Hunger, has been a success at Our Lady of Guadalupe Church thanks to the parishioners of Prince of Peace, Our Lady of Guadalupe Church, The Nearly New Shop Interfaith Council and the Community Foundation of Greater Sun City Center. Since 2008 the pantry has fed 17,059 families. Volunteers come from all faiths and walks of life. Thanks also goes to Father Kovanis of Prince of Peace Church and Father Lourden, of Our Lady of Guadalupe Church.

Learn basic couponing

A free basic couponing workshop on how to cut your monthly grocery bill by more than 70 percent will be held at Simmons Loop Baptist church, 6610 Simmons Loop in Riverview, Oct. 20 from 7-9:15 p.m. The event is free but people need to register at www.truecouponing.com.

For more information call the church at 813-677-9310 or email simmonloop@verizon.net.

Card of Thanks

The family of Jennie Ray 'Jay' Simmons would like to express our thanks to family and friends for all they have done to help us through the loss of our loved one.

The delicious food, lovely flowers, beautiful cards, donations, thoughts and prayers you have bestowed upon our family were very comforting to us.

Special thanks goes to the staff of Sun City Senior Living for the excellent care they gave her and the compassion shown her during the last year and a half of her life.

The Simmons Family and The Shenefield Family

Support group time change

The SCCPD Support Group will meet Friday, Sept. 16, at the United Community Church on the corner of Pebble Beach North and LaJolla from 1-3:30 p.m. This is a change from the previously announced time.

The Singing Tree to perform on dulcimer, double bass

People who enjoy hearing music played on a hammered dulcimer and a double bass, are invited to come to the Rollins Theater from 2 to 4 p.m. on Sunday, Oct. 9.

Tickets are \$10 per person and are on sale now from 9 a.m. to noon at the Community Association Office.

SCC Low Vision Club to meet

The SCC Low Vision Club will meet Sept. 26 at 1 p.m. in the Florida Room of the Atrium building in the central campus. Guest speaker Yolander Cate will deliver a talk about the difficult transition from a fully sighted world to one with fading eyesight. She stresses the importance of a positive attitude and acceptance of change.

For info call 813-385-5590.

Bless your animals

The Fifth Annual Blessing of the Animals, sponsored by Unity Community of Joy, will be held Oct. 1 at the southwest corner of State Road 674 and U.S. 301.

The hours are 11 a.m. to 2 p.m. There will be animal-related vendors, animal shelters, blessings of the animals offered by several churches from this area, music and hosting by Gari, who has volunteered with the festivity from the beginning, and good food donated by area restaurants and stores.

In previous years as many as 200 dogs, cats, rabbits, and birds have been blessed. We ask that they all be either leashed or in a cage and suggest you bring a chair for yourself because you might want to stay a while.

Each pet receives a certificate. There will be tents to protect the food and services from the sun.

Plan to join in the fun. Bring a camera to capture the sights. If you would like to volunteer or have other questions, call Bette at 813-642-0881.

The event is open to the public. Reserved seating is limited to 200. For information, call 642-2001.

It's never too late to educate

"Never Too Late To Educate," takes the brain for an exciting experience. Many opportunities remain for people to enroll in the fall sessions at United Community Church College, 1501 La Jolla Ave., Sun City Center.

There are 42 diversified classes and four one day outings. Classes begin Oct. 10. Each 90 minute class meets one day a week and the cost is \$25 for the six week session. Catalogs listing the classes, schedule and instructors are available at the college.

People may register at the college office from 8:30-noon Monday-Thursday through the start of classes or online at www.4lifelearning.org.

People from all over South County are invited.

For more information call 813-634-8607.

Friendship Baptist Church Congregation hosts birthday party for pastor, awaits concert

The congregation of Friendship Baptist Church, 1511 El Rancho Drive in Sun City Center, had a birthday party for its pastor, Rance Goad, Sept. 4, following its worship service.

A cake was made by the Baptist Ladies and Winn-Dixie donated the ice cream.

The congregation is holding a gospel concert Saturday, Sept. 17 at 5 p.m. featuring Paul W. Ball of Word Song Ministry.

The church's diaper drive for the Baptist Children's Home has begun and also a blanket drive for the homeless.

For more information, call the church at 813-633-5950.

Area Places of Worship

CALVARY LUTHERAN CHURCH
 Sunday Worship: Blended 8:00 a.m.
 Contemporary 9:40 a.m.
 Traditional 11:15 a.m.
 Nursery Provided
Pastor Jack R. Palzer
 5309 U.S. Highway 41 North • Apollo Beach
 (across from MiraBay) www.calvarylutheranchurch.net 645-1305

St. John the Divine Episcopal Church
Growing by Faith from Generation to Generation
Rev. Tracy H. Wilder • Church Office: 813-645-1521
 Sunday Services: 9:00 a.m. - Contemporary Service and Sunday School at West Campus (S.R. 674 and 9th Street SE, Ruskin)
 8:00 a.m. - Traditional Service and 11:00 a.m. Holy Communion with Choir at East Campus (1015 Del Webb Blvd., Sun City Center)
 ALL WORSHIP SERVICES WITH HOLY COMMUNION AND HEALING HOLY OIL

Ruskin United Methodist Church
 First Street & 4th Ave. NW, Ruskin (behind Suntrust Bank)
 ALL ARE WELCOME TO COME AND WORSHIP WITH US:
SUNDAY MORNINGS: Nov. - April..... 8:30 a.m. Day Care Available Mon. - Fri.
 Rev. Richard Nussel and All Year..... 10:45 a.m. 6 a.m. - 6 p.m.
 Phone: 645-1241 Sunday School..... 9:30 a.m. call 645-6198

Friendship Baptist Church
Rance Goad, Pastor (Southern Baptist)
 1511 El Rancho Dr.
 Sun City Center, FL 33573
 Phone/Fax: 813-633-5950

WEEKLY SERVICES:
Sunday
 9 a.m. Bible Study
 11 a.m. Bible Study
 10 a.m. & 6 p.m. Worship
Wednesday
 6 p.m. Prayer Meeting/Bible Study

REDEEMER LUTHERAN CHURCH - ELCA
 701 Valley Forge Blvd. • Sun City Center, FL 33573-5354
Rev. Dr. Peter Stiller, Pastor
 Telephone: 813-634-1292 • Website: sccredeemer.org
 Worship Services on Sunday 9:30 & 11:15 a.m.
 Holy Communion First & Third Sunday • Bible Class Thursday 10 a.m., Guests Welcome

Welcome to the: **EVERETT TATE, MINISTER**
South Hillsborough Church of Christ
 1611 First St. SW • Ruskin, FL • 645-7607
 —NON-INSTRUMENTAL—
SERVICES: Sunday..... 9:30 & 10:30 a.m.; 6:00 p.m.
 Wednesday..... 7:00 p.m.

Unitarian Universalist Fellowship of SCC
 Meets in the Henry Gibson Social Hall of the Beth Israel Synagogue • 1115. E. Del Webb Blvd.
 Thursday, 7:00 PM • Call 633-0396
A ship is safe in a harbor, but that is not what a ship is for.
 — Ralph Helverson

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 Looking for a church home?
 Need the comfort of a warm and loving family?
 Join us on Sunday to come home to the warmth of our church family.
 Located in South Hillsborough County, just south of Stephens Road in old Sun City.
4208 U.S. Hwy. 41 S • Sun City, FL 33586 • 813-645-4085

"Getting to Know You" (Donuts & Coffee) 9:00 a.m.
 Sunday School 9:30 a.m.
 Sunday Morning Worship 10:55 a.m.
 Sunday Evening Service..... 6:00 p.m.
 Wednesday Evening Service 7:00 p.m.
 Thursday Morning Prayer..... 10:00 a.m.

Dan Collis, Pastor
Come join us to learn about God's Word and salvation in Jesus Christ

The United Methodist Church of Sun City Center
 1210 Del Webb Blvd West • 634-2539
<http://www.sccumc.com>
Come Belong Grow & Serve
 The United Methodist Church
 Sunday Services
 Saturday 4:00 PM Creason Hall (Casual Service)
 Sunday 8:15 AM Sanctuary (Communion Service)
 9:15 AM Creason Hall (Oasis Contemporary)
 10:55 AM Sanctuary (Traditional with Choir & Bells)
Pages of Life Bookstore 633-8595
 PASTOR: DR. WARREN LANGER
 PASTOR: DR. DANIEL WHITE

FIRST BAPTIST CHURCH
 of RUSKIN, FL
820 COLLEGE AVE. W.
RUSKIN, FL 33570
645-6439
www.fbcuskin.org
 A Resource for Families

Sunday School..... 9:45 a.m.
 Morning Worship..... 8:30 a.m. & 11 a.m.
 Evening Service..... 6:00 p.m.
 Wednesday Night Service..... 7:00 p.m.
 Awana 7:00 p.m.

Dr. Barry Rumsey
CHRISTIAN SCHOOL
 K-2
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 at **SUNSET GRILL** AT LITTLE HARBOR
 Featuring: 1/2 Pound Angus Burger starting at **\$6.95**
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Area Places of Worship

Unity COMMUNITY OF JOY
 Spirituality Rather Than "Religion"
 Henry Gibson Social Hall, Beth Israel Synagogue
 1115 Del Webb E. • Sun City Center, FL
 www.unitycommunityofjoy.com
 Sunday Service 10:00 a.m.
 813-298-7745

UNITED COMMUNITY CHURCH ~ United Church of Christ
 1501 La Jolla AVE, Sun City Center, FL 33573-5329
 A Caring Church United in God's Love Serving Our Community
 All Are Welcome!
 Rev. Dr. Michael F. Evans ~ Worship Service ~ 10 AM
 (813) 634-1304 ~ www.uccinscc.org

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 "We love because He first loved us." 1 John 4:19
 Traditional Worship Service
 Old-Time Gospel Hymns
 Nursery Available
 * Interpreter for the Deaf
 9912 Indiana St. • Hwy 41 & Estelle Avenue
 Gibsonton, FL 33534
 *Sunday School 9:30 A.M.
 *Morning Worship 10:30 A.M.
 Sunday Evening 6:00 P.M.
 Mid-Week (Wed.) 7:00 P.M.
 Malcolm S. Clements, Pastor
 813-677-1301

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 "Loving God, Loving Others,
 Serving Beyond Borders"
 1301 U.S. Hwy. 41 N., Ruskin, FL • 645-1121 • www.nbc.org
 Sunday School (all ages)..... 9:30 a.m.
 Sunday Morning Worship 10:45 a.m.
 Sunday Evening Worship 6:00 p.m.
 Wednesday (all ages) 6:30 p.m.
 Dr. Samuel (Sam) A. Roach, Pastor

Prince of Peace Catholic Church
 702 Valley Forge Blvd., SCC, FL 33573
 Phone: 634-2328 • Fax: 633-6670
 www.popcc.org
Masses:
 Sunday 8:00 a.m., 10:00 a.m., Noon
 Saturday Vigil 4:00 p.m.
 Daily 8:00 a.m.
Confessions:
 Mon.-Fri. 7:30 a.m. and Sat. 8:30 a.m. and 3 p.m.

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Christian Science Heals
 Sunday Service..... 10:00 a.m.
 Sunday School 10:00 a.m.
 Wednesday Service 5:00 p.m.
 Reading Room..... Wed. 4-4:45 p.m. • Sat. 1-4 p.m.
All Are Welcome

St. Andrew Presbyterian Church
 Sunday Services 9:30 a.m.
 Casual Service 11:00 a.m.
 Prayers with anointing for healing and wholeness during worship the second Sunday of every month.
Pastor: Dr. Mark E. Salmon
 Meet friends in Fellowship Hall after the Service.
 Refreshments served.
 1239 Del Webb Blvd. West Phone: 813-634-1252
 Sun City Center, FL 33573 For information visit:
 Church is Handicap accessible www.standrewatcc.org

Saint Anne Catholic Church
 Fr. John McEvoy
 Pastor
 813-645-1714
 SaintAnneRuskin.org
 U.S. Hwy. 41 • 106 11th Ave. NE • Ruskin
 SouthShore: Apollo Beach, Ruskin, Sun City and S. Gibsonton
MASSES
 Vigil Mass Saturday 5:00 p.m.
 Sunday Mass.....8:00 a.m., 10:00 a.m. and 5:00 p.m. (Contemporary)
 DailyMonday thru Friday 8:00 a.m.
 Holy Days Contact Parish Office for Schedule
 Español Domingo - 12:30 p.m.; Jueves 7:30 p.m.
 Confession..... Wednesday 6:45 p.m.; Saturday 3:45 p.m.

Area Obituaries

Betty Elaine DeForrest

Betty Elaine DeForrest, age 89, passed away August 31, 2011 in Ft. Lauderdale, Fla. She was born on Oct. 2, 1921 in Lima, Ohio to Brandt Eldridge DeForrest (surname appears as Bronson before WW1) and Mable Edith Grubb. She will be remembered for her keen intellect, being a woman ahead of her time and for her strong stoic manner. She held both a Bachelor's and Master's degree from Miami University, Oxford, Ohio in Library Science. Early in her career, she managed the Frigidaire Credit Union and later, shared her love of reading as a school librarian at Northwestern Middle School in Springfield, Ohio.

Elaine's hobbies included genealogy (she was proud to be a Daughter of the American Revolution), reading, playing bridge, watching old movies and shopping garage sales and thrift stores. She mastered the internet late in life. Elaine was a member of the Sun City Center Florida United Methodist Church.

Preceding her in death was her husband, Theodore "Ted" Eugene Haynes (born Harrison Tomy Haynes (1996); son Eric Steven Haynes (1995); step daughter Nancy Jean (Haynes) Abele (2006); and siblings Robert/Bob, Richard/Dick and Donna Franks. Survivors include her sons Gary Alan Haynes and his wife Kathy (Bartol) of Erie, Colorado; Dana Byron Haynes and his wife April (Wirtz) of Tamarac, Fla.; daughter-in-law (Eric's wife) Pennie (Yates) Haynes Thomas of Beavercreek, Ohio; Grandchildren Sarah Elaine Haynes of Tamarac, Fla., Kathi (Abele) Roche of Springboro, Ohio, Mike Abele of Columbus, Ohio and Mark Abele of Marysville, Ohio; step-grandchildren Hannah Thomas and Faith Thomas of Beavercreek, Ohio and numerous great grandchildren,, nieces and nephews.

A celebration of her life will be held at Banyan Place Senior Living, 2950 NW 5th Ave. in Boca Raton, FL 33431 on Saturday October 24 at 10:30 am.

In lieu of flowers, please make contributions to the AAUW (American Association of University Women) Scholarship Fund, 1111 Sixteenth St. NW Washington, DC 20036.

Frances Frick

Frances Frick (nee McClancy) 96, passed away peacefully Sept. 4, 2011. Frances was a very devoted wife to her husband of 60 years, Walter, until his passing in 1999. Aunt Fran was a very loving aunt to Kathy Inzerillo, Fredrick E. Britton, Carol Ann Stout and Patricia Olivero, many caring nieces and nephews and one sister-in-law, Eileen McClancy of Sun City Center. Frances was only a phone call away when someone needed help solving a problem. She was a native New Yorker who retired to Ruskin 39 years ago after a 35 year career in accounting. Upon retiring to Ruskin, Frances and Walter became very active in the U.S. Coast Guard Auxilliary Flotilla 75. She served as treasurer for many years until low vision forced her to resign her position. Aunt Fran will be greatly missed by her family. By request, no services are planned.

Donald W. Mir

Donald W. Mir, 84, of Sun City Center, Fla., passed away Saturday, Sept. 3, 2011 at Tampa General Hospital. Donald was born in Syracuse, N.Y. on June 23, 1927 and spent his youth in Queens, N.Y. He was retired from the men's clothing industry and was a World War II U.S. Army veteran. He was a talented baseball player and was selected to try out for the New York Yankees and he continued to be an avid sports fan throughout his life. He took great creative joy in writing poetry and short stories. Survivors include his beloved wife of 30 years, Carol S. Mir; sons, Richard (Cyndi) Mir; Russell (Jody) Mir both of Fabius, N.Y.; Christopher (Helen) Mir of Syracuse, N.Y.; two daughters, Leslie (David) Field of Fabius, N.Y. and Rachel (Chris) Piper of Weston, Mass.; stepchildren Wendy (James) Conaty of Swampscott, Mass.; and Terry (Louise) Austin of San Mateo, Calif.; eight grandchildren; three great grandchildren and one step-great granddaughter. A family memorial celebration will be held in Syracuse, N.Y. at a later date and there will be a celebratory gathering in Sun City Center at a date to be announced. Donations may be made to the Alzheimer's Association, 14010 Roosevelt Blvd., Suite 709, Clearwater, Fla., 33762-3820. Arrangements under the direction of Sun City Center Funeral Home.

January Heimerl Petrie

January Heimerl Petrie passed away at LifePath Hospice in Sun City Center on August 30, 2011. January was born to Frank and Gabriela Heimerl on January 15, 1921 at St. Nazianz, Wisc. She graduated from St. Mary Springs Academy and the University of Wisconsin at Madison where she received a BA degree in Institutional Management and Hospital Dietetics. She interned at Walter Reed Army Medical Center in Washington, D.C. and served for two years in the Army Medical Service as a Lieutenant. After discharge she directed and taught dietetics for four years at the Jennie Edmundson Hospital, Council Bluffs, Iowa. After her marriage to Robert Petrie, she consulted for many small hospitals and nursing homes in Wisconsin, along with precepting for twenty Food Service Manager students, as well as teaching LPNs and Aides at the Technical Institute in Sheboygan, Wisc. The Petries moved to Sun City Center in 1986. Her hobbies included antique collecting, especially antique dolls. She was a member of the Questers and Pelican Players, on stage as well as house and party management. She was a member of the American Legion Post No. 246. January was a licensed pilot and traveled extensively. Survivors are her daughter Suzette and her husband Steven Becker, and their two adopted sons, Matthew and Jonathon of Two Rivers, Wisc. A dear sister, Jacqueline and her husband Ron Vogt, and four nieces and nephews in the Illinois and Wisconsin area. A funeral Mass will be said at 11 a.m. on Thursday, Sept. 22 at Prince of Peace Catholic Church in Sun City Center. Internment will be in the family plot in St. Nazianz, Wisc.



Edward D. Watson

Edward D. Watson, 79, of Sun City Center, Fla passed away Sept. 9, 2011. He served in the U.S. Army during the Korean Conflict as a sergeant and retired as professor for the College of New Jersey. He was a member of the United Community Church and Caloosa Golf and Country Club, a lifetime member of the American Legion Post # 246 and VFW Post # 1288 in Sun City Center, Fla., and a member of the Fairless-Hills-Levittown Lodge # 0776 F & AM of Pennsylvania. Survivors include his wife Dorothy Ann Watson; his faithful companion, Biscuit; a son, David (Sue) Watson; six daughters, Diane (Mark) Johnson, Donna Logue, Michelle (David) Moffett, Wendy Kae (Jim) Hall, Melissa (John) Maschal, Amybeth (Craig) Lindsey; and 10 grandchildren. Funeral services were conducted Wednesday Sept. 14, at 11 a.m. at the United Community Church, 1501 La Jolla Avenue, Sun City Center, Fla. Interment with Military Honors followed in Sarasota National Cemetery, Sarasota, Florida. The family requests that memorials be sent to the Sun City Center Emergency Squad, 101 Ray Watson Drive, Sun City Center, Fla., 33573. Arrangements by Sun City Center Funeral Home.

Be completely humble and gentle; be patient, bearing with one another in love. Ephesians 4:2

South Bay Church accepting food items

South Bay Church, 13498 U.S. 301, just south of Big Bend Road, Riverview, has partnered with Metropolitan Ministries to help feed the hungry in Tampa Bay.

The community can help by bringing non-perishable food items and canned goods to the church Sunday, September 25. Collection boxes will be available.

Services are held at 9 and 11 a.m. on Sundays. Recovery and support groups meet on Mondays along with many other community offerings. Visit southbay.cc for more information on programs.

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up to 20 words
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Deadline is Monday
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- 450 Transportation
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- 550 Manuf. Housing
- 600 Rentals
- 650 Prof. Services
- 700 Services
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ANNOUNCEMENTS 100

120 ENTERTAINMENT

For sale. 1/2 price, 2 tickets for each of the 9 Broadway shows at Straz Center, Performing Arts. Saturday matinee's, orchestra 2nd row. seating. Will sell 2 tickets for any of the shows. 813-633-2224

Bus trip: Historic Asheville, NC. Biltmore, Cherokee, Trader Joe, Atlanta. SCC Travel Club. Deadline Sept. 21. Call Linda 813-633-9235 for info.

MERCHANDISE 300

310 GARAGE/YARD SALE

Almost New Thrift Store. 10008 Indiana St., Gibsonton (1 block off US 41, 1 block north Gibsonton Dr.) Wednesday thru Saturday, 9am-3pm. Clothing, furniture, lots misc. Ministry First Baptist Gibsonton. 813-671-0036 to donate

For those of you who still, do not know who we are,

We are Above The Rest
Furniture, jewelry, purses, vases, pictures & much more. 139 S Pebble Beach Blvd, SCC between CVS & Winn Dixie. Upscale, Resale. 813-633-5013

One day moving sale. 319 Northway Dr., SCC. Saturday, 7am-1pm. 5pc queen bedroom suite, pullout sofa, roll top desk, kitchen table & 4 chairs, library table, La-Z-Boy chair, dishes etc.

Multi family garage sale. Wild Feather Lane, off E. Del Webb, SCC. Something for everyone. Friday & Saturday, 8am-?

Big sale. 1918 N Pebble Beach, SCC. Thursday, Friday, Saturday, 9/15, 9/16, 9/17. Furniture, arts & crafts supplies, fabric, yarn, antiques, jewelry, large picture frames, women business & casual clothing, kitchen items Reel mower & misc.

Turn your unwanted items into cash. Call the classified department to place your ad 813-645-3111

310 GARAGE/ YARD SALE

Calvary's
Angel Attic
Thrift Store
Wednesday, Friday
& Saturday
9 a.m. - Noon
Men's Shirt Sale
BOGO
on all Shirts
Also 'Secret Sale'
1424 E. College Ave. • Ruskin
813-641-7790
Ministry of Calvary Lutheran Church

Moving. New generator, furniture, piano, china cabinet, TV, small electric fireplace, outdoor furniture, flag pole, pools & misc. Friday & Saturday, 9am-2pm. 605 La Jolla, SCC.

Helping Hands Thrift Shop
Buy one get one free clothing. One mile S. of SCC on US 301. Thursday thru Saturday, 9am-2pm. And all other items reduced.

Multi family sale. 8am-3pm. Friday 9/16 & Saturday 9/17, Good stuff, variety of collectibles jewelry, furniture, glassware. 1728 Coca Palm Circle, SCC.

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Corner of Hwy. 41 and 19th Ave. NE
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312 ESTATE SALE

BEVERLY'S ESTATE SALES SUN CITY CENTER

1913 East View Dr.
(Caloosa Country Club,
Pebble Beach N. to Caloosa)
Sept. 16 & 17 • 7:30am-1pm
Queen White Wicker Suite, White Rattan Couch, Recliner & Rocker, Bar Stools, Wooden Top Kitchen Table w/4 Chairs, Thomasville Table w/6 Chairs & China Cabinet (Honey Color), Norwalk Matching Couches, Brown Rattan Wood Top Table w/4 Chairs, Sleep Sofa, La-Z-Boy Chair & Ottoman, Brown Rattan Bookcase & Storage Unit, Floor Mirror, Entry Table & Mirror, Chairs, Lamps, Linens, Garage, Kitchen, Silks, TV, Pictures, Shredder, Tea Cart, Stack Tables, Organ, Outdoor Pipe Table w/5 Chairs.
633-1173 or 508-0307

NETTIE'S ESTATE SALES

Home: 741-0225 • Cell: 382-7536
1701 Wedge Ct.
Sun City Center
Fri.-Sat., Sept. 16-17
7 a.m. to Noon

Contents Include: MOSS-BERG 12 GAUGE SHOTGUN, Ethan Allen Dining Room Table w/Chairs, Ethan Allen China Cabinet, Green Barrel Chairs, Coffee, End & Occasional Tables, Cream Floral Sofa, Sleeper Sofa, Chest of Drawers, Hammond Organ, Wood Bookcase, Waterford Lismore Crystal Set, Beautiful Set of German China, Desk, STERLING SILVER, SASAKI Crystal Bowl, NY Botanical Garden Prints, Household Items, Unique Collectibles, Jewelry, Craftsman Table Saw, Tools, Garage Items.
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Classified is the Buyers Marketplace

312 ESTATE SALE

ESTATE SALE 2204 Myrtle Vista Ct. Sun City Center

(off S. Pebble Beach. Left on Emerald Dunes Dr., just past Club Renaissance)
Fri., Sept. 16 • 9-2
Leather sofa/loveseat with recliners, mahogany double pedestal dining table w/6 chairs, Century server, mahogany breakfront, Empire buffet & mirror, 68 framed paintings, pastels & watercolors by Nona Rutter, Bokhara rug, nice entertainment center for large TV, South American & Mexican crafts, 1900s chairs, small wardrobe and oak bookcase/desk (blue paint), easy chair, coffee table, lamps, sewing stand, full bed, bar chairs, cedar chest, set of Heinrich china dishes in Golden Harvest pattern, table linens, rattan swivel chairs, everyday china set, stemware, baskets, generator, easels, frames, patel set, nice plants, lady's clothes, vacuum, and kitchenware.
See pictures
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Julie McClure, an appraiser for 40 years, will give free personal property appraisals during the sale from 10 a.m. to 1:30 p.m. This includes gold, silver, china, glass, furniture, and paintings. It is unethical for an appraiser to buy appraised items. This is a service to the community.

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Sept. 16 & 17 • (7-Noon)
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www.AnnesEstateSales.blogspot.com

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Dell PC, 18" flat screen, keyboard, mouse, HP printer \$350. E-Machine PC, 18" flat screen, keyboard, mouse, Lexmar printer \$350. 813-634-6453

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