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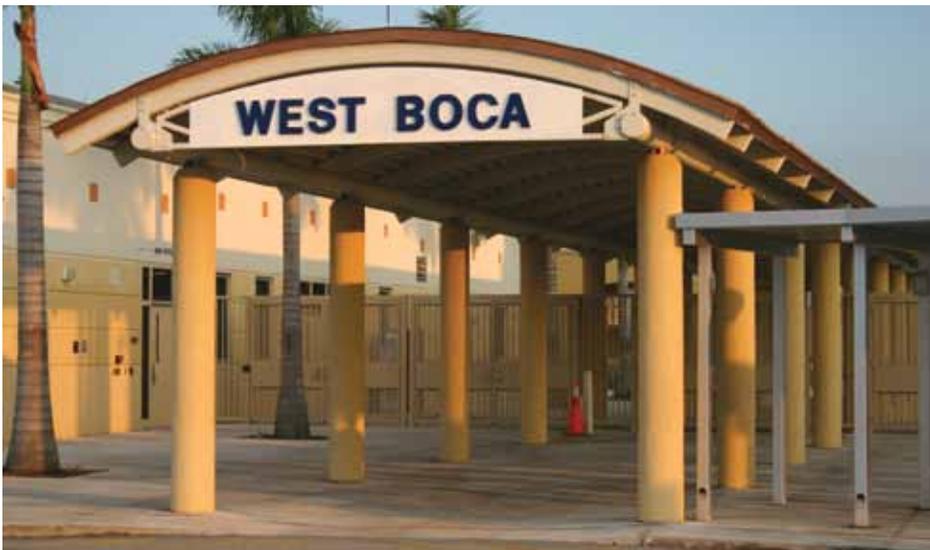
The Boca Raton Tribune

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East /West Boca Raton, Highland Beach, Delray Beach, Deerfield Beach, FL - June 8, through June 15, 2014 • Year V • Number 189

World-class Education for a Lifetime of Success



By Quezia Salgado

As another school year wraps up students lose sleep to get those last minute study sessions in, teachers race to turn in test grades, and parents can't help but become overwhelmed with the nostalgic feeling of seeing their high school graduates go off to college. In the midst of the chaos that goes on behind the scenes of the preparations for prom and graduation, the Boca community has many reasons to be proud of its students, who continue to shine in South Florida, displaying outstanding levels of excellence in their academic achievements. The success of Palm Beach county schools in equipping their students is a result of the collaboration among students, teachers, and parents. In recognition of this continued effort for excellence in education, Palm Beach and Martin County students are presented each year with the Pathfinder High School Scholarship Awards, given to those who have demonstrated outstanding achievement in 18 academic, vocational and athletic categories. Pathfinders is sponsored by Palm Beach Newspapers, Inc., and this year, out of the 72 students awarded, 11 were from Boca Raton public schools, which include Olympic Heights, Spanish River, West Boca, and Boca High. With six students awarded, Boca Raton High principal Geoff McKee attributes this recognition to the hard work of students and teachers alike, "[the students] are trying their hardest because it's important to them that they succeed; the students' desire to be prepared feeds the teachers' interest in preparing them, and those two factors complement each other very well."

Continue on Page 4

SIERRA & SIGMUND READING
The Boca Raton Tribune
OH YEA! AND ROBERT S. WEINROTH TOO



Send us a picture of you reading The Boca Raton Tribune to pictures@bocaratontribune.com

Another Broken Egg Café Hatches in Boca Raton



Double R Restaurant Group is pleased to announce the grand opening of its Another Broken Egg Café (ABEC) on Monday, June 9, 2014 in Royal Palm Place at 508 Via De Palmas, Suite 76, Boca Raton, FL 33432. This is the exciting debut of award-winning ABEC in the Boca area, and it is part of Double R Restaurant Group's dynamic expansion effort in the Sunshine State. Floridians interested in a sneak preview and wishing to support three very worthy local causes can dine prior to the official grand opening date. There is no charge for the public to attend these separate fundraising events, and donations can be made via cash, check or credit card and will be accepted for the featured nonprofits, each with its own special date.

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PAGE TWO

The Boca Raton Tribune

Quote of the Week:
"Fight the good fight of the faith, lay hold on the life eternal, whereunto thou wast called, and didst confess the good confession in the sight of many witnesses." -Timothy 6:12

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Barrys Buzz



On The Money's Steve Pomerantz will be the guest speaker at the www.goldcoasttigerbay-club.com lunch 11:30 am June 10 at City Fish Market, 7940 Glades Road, Boca Raton. (Glades and the turnpike). Register on the site.

Thrill Me: the Leopold and Loeb Story runs through June 8 at the Mizner Park Cultural Arts Center, 201 Plaza Real (2nd floor) in Boca Raton. Get tickets at www.outretheatrecompany.com or call 954.300.2149.

The Delray Beach Playhouse at 950 NW 9th St. in Lake Ida Park, off Swinton Ave. Delray Beach presents: Doubt to June 8, Visit www.delraybeachplayhouse.com or call 561.272.1281 x 4 for more information and reservations.

Cougar The Musical runs through June 29, 2014 at the Plaza Theatre, 262. S. Ocean Blvd., Manalapan. Get tickets at www.theplazatheatre.net or call 561.588.1820.

Boca Raton resident and philanthropist, Ross Mandell, is still fighting for his freedom in a historic landmark case that is winding its way through the court system. His friends are all hoping that he is allowed to remain home with his family until the case is decided and it could be headed to the United States Supreme Court! See: <http://www.forbes.com/sites/walterpavlo/2014/05/29/federal-judge-orders-ross-mandell-to-prison-but-hold-on/>.

Boca Raton lawyer Stu Rosenfeldt, formerly a name partner in the notorious now defunct law firm of Rothstein, Rosenfeldt and Adler, plans to plead guilty on charges of bank fraud and conspiracy. The plea deal involves Rosenfeldt's role in Rothstein's massive Ponzi scheme run out of the law firm's offices. Other name partner Russ Adler has pleaded guilty for his part in the scandal while Rothstein is currently serving 50 years in jail.

Ensuring that South Florida remains the con capital of the civilized world, Boca Raton stock brokers Kevin McKnight and Steve Bauer were nailed by federal prosecutors for a kickback scheme involving a shady penny stock scam and face five years in prison.

Barry Epstein, APR, is a noted public relations, marketing and political consultant based in Boca Raton, president of the Luxury Chamber, the West Boca Leaders networking group and the founder and former president of the West Boca Chamber of Commerce; with a weekly internet television show on the Boca Tribune website. His motto is Public Relations is the enemy of anonymity. Fax column items to 561.451.0000. His column/blog is in the Boca Raton Tribune and on the Boca Tribune website (and click on columnists), on Facebook, as well as on the front page of the Sun-Sentinel/Jewish Journal website.

Warren Redlich reports that Aldi will be opening in the Boca Square shopping center on the northeast corner of 441 and Palmetto Park Road, facing Chili's, in the former Beal's location, along with Hobby Lobby, facing 441.

The cost of settling a fired employee's lawsuit against the city of Boca Raton was released Tuesday, showing the ex-employee will get \$322,500 in a lump sum and her lawyers will get \$215,000, for a total of \$537,500 to be paid in the case. Christine Ferrigan, a 23-year employee of the city, was fired from the Water Department in 2008. She filed suit soon after, claiming that she was fired from her position as the utilities program coordinator in retaliation for pointing out threats to public safety of Boca's water system.

Boca may provide Fire and Rescue services to Highland Beach as they currently use Delray Beach.

St. Andrews Country Club in Boca spent \$17 million on facility improvements to attract younger home buyers.

Boca Raton soft porn king pin Marc Bell put his huge mansion on the sales block for a jaw dropping \$35 million, the highest asking price ever in the city.

Allen Edmonds, selling premium men's footwear, leather belts, wallets and briefcases opened at the Shops of Boca Center, 5050 Town Center Road.

Tri-County Animal Rescue, the region's largest 100% no-kill 501(c) 3 animal rescue nonprofit, is teaming up with California Pizza Kitchen (CPK) at Town Center at Boca Raton to co-host six weekly "Tri-County Thursdays" at the eatery beginning June 5th to raise much-needed funds to support the mission of TCAR that operates 100% on donations. TCAR supporters and patrons of CPK need only to print out and bring in a "Tri-County Thursdays" flyer (available from the TCAR website at www.tricountyanimal-rescue.com, show the flyer on their mobile device, or mention to their server that they wish to participate in the CPK program to donate 20% of purchases to the rescue center, including dine-in, take-out, catering and all beverages.

Palm Beach County commissioners approved a contract with John A. Carey to become Palm Beach County's Inspector General at a starting annual salary of \$175,000. The four-year contract takes effect June 23, 2014.

Palm Beach County home sales showed a healthy jump of more than 5% compared to the same month last year. Closed sales hit 1,478 for the month with 50% paid in cash. A little over 2,400 new listings were posted for April, up 18% from a year ago.

While South Florida single family home sales showed a healthy increase, condo sales for the six month period, November through April posted the worst winter buying season in the past four years, as Palm Beach County revealed a 5% fall off with a little over 7,200 deals.

The average April Palm Beach County home sale price was \$447,465, 7,326 home sales were listed in April and 730 April home sales were cash buys.

For more information on Real Estate, contact Joanne Epstein at www.joanneepstein.com or call 561.945.0000.

The White house has quietly adjusted the Affordable Care Act, also known as Obamacare to provide insurers with a taxpayer bailout if they lose money writing coverage for the new law. The bailout was buried in hundreds of pages of regulations issued last week, despite the White House spending months denying any bailout was in the works. The deal means insurers will keep premiums low for political reasons and taxpayers will get nailed for covering any shortfall, according to Obamacare critics.

Okeechobee cattle ranchers are pumping up their bank accounts on the soaring cost of beef. Huge beef consumers like McDonalds, fast food chains and major grocers are shelling out major money to insure supply and forcing higher prices. Beef prices at major South Florida supermarkets are up 20% and restaurants are cutting back on portions, rather than raising prices. The trend is expected to continue throughout this year.

The Boca Museum of Art will offer free access to the general public every Thursday from 10 a.m. to 5 p.m. during June, July, and August.

Cafe Cinematheque Foreign Films with Shelly Isaacs is every Thursday at 10:30 a.m. at Movies of Delray 561-638-0020 and Friday at 1:00 p.m. at Movies of Lake Worth 561-968-4545. Visit www.moviesofdelray.com for more information.

Watch Movie Talk with Morrie Zryl on www.wrpbitv.com Thursdays at 6 p.m. and Fridays at 6 a.m.



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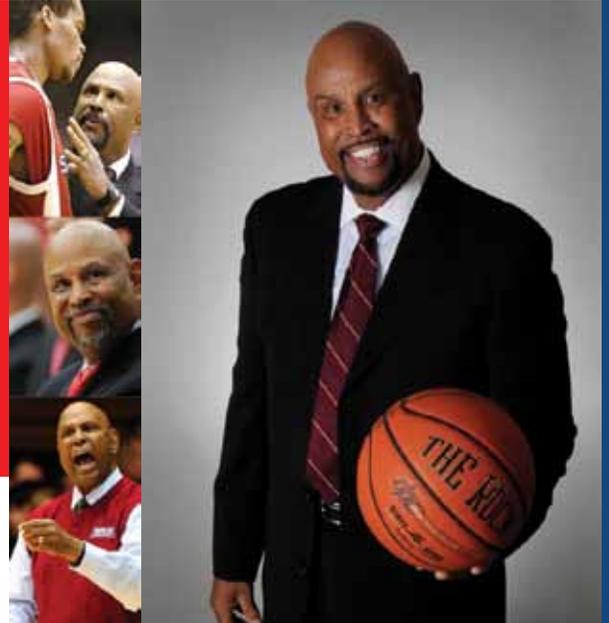
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- ★ **An ALL-STAR Day in Journey Kidz** including fun sports-themed games, plus a free gift for every child
- ★ **And much more!**

The Journey meets at Boca Raton High School



NELSON SEARCY
Pastor, The Journey Church
NS@bocajourney.com

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Community News

The Boca Raton Tribune

World-class Education for a Lifetime of Success



Continue from page 1

In addition to the student-teacher relationship, another contributing factor to the success of Boca schools is parental involvement: “The more involved a parent is in the child’s schooling the more successful the child will be. The parent’s involvement reinforces how important school is to the child,” says Spanish River High principal William Latson. Community involvement is another cat-

egory recognized by the Pathfinders awards, and Olympic Heights has an exemplary record of extracurricular activities, which add to the students’ development of social skills. Among them is the school’s contribution to the St. Baldrick’s Foundation, “We are the largest school-based fundraiser for childhood cancer in the United States; just this past year we raised over \$56,000 with over 120 kids involved,” says principal Dave Clark.

According to Clark, who has worked in Palm Beach County schools for over 29 years, challenges have always been present in the education system, but they are overcome with collaboration from all involved: students, teachers, and parents. “Boca is very unique when it comes to education because there is higher expectation from the parents. We have upper middle class, more affluent parents who are college educated and are very involved in their kids’ education,” says Clark. Whether the high level of expectation comes from parents, teachers, or the students themselves, the fact is that it can also create healthy competition among students. According to principal Mark Stenner of West Boca High, the selection for

class Valedictorian and Salutatorian is made with basis on a calculation of the courses taken by the students on their first seven semesters of High school, not counting high school credit courses taken in middle school. “It is based on HPA (Honor Point Average) not GPA. More rigorous classes (Advanced Placement, Cambridge AICE, dual enrollment courses) earn more honor points,” he explains. When it comes to class

rank, however, this calculation is based on the GPA/HPA and includes all high school courses the student has taken, including those taken in middle school. “This model creates a number of different possibilities, including a student who may have the #2 class rank, but not be Salutatorian and actually become the #3 student for Val/Sal purposes,” Stenner adds. The different systems of evaluation of a student’s development create an atmosphere where they continually strive for improvement, and as Stenner says, “There is nothing wrong with academic competitiveness,” as long as everyone plays by the rules. All four of Boca’s public high schools continue to elevate their academic standards by adding advanced placement classes and magnet programs to their curricula, offering voluntary study sessions during after school hours, and by promoting events that celebrate the diversity in the student body which, on average, is composed of students from over 100 different countries. Regardless of where they decide to go to college, the graduating classes of 2014 from Boca high schools are fully equipped to take on any challenge, thanks to the hard work of this community of educators who will stop at nothing to provide their students with the world-class education they deserve. Wherever these graduates go from here, the legacy of Boca’s education will certainly carry on with them.



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Boca Airport is Expanding with New Administration Building



By *Quezia Salgado*

The Boca Raton Airport Authority awarded at their last meeting a contract to build a 10,500-square-foot administration building with a garage; construction is expected to start in June. Airport Authority’s Executive Director Clara Bennett explains that the building will house airport administration operations and maintenance — functions that are currently housed in separate areas of the airport. The building will also accommodate meetings with Airport tenants, area pilots, and the community on airport-related issues. These types of meetings are currently held off-site due to space constraints. A recent article by the Sun Sentinel reported the City Council’s prioritizing that a customs facility also be built at the airport

in the near future, so that the airport is able to land international flights. In response to the topic, Bennett responded that while the Airport Authority appreciates the level of community and City support for a Customs facility at Boca Raton Airport, “the process to fund, site, and construct a Customs facility is complicated and requires thoughtful consideration of all the benefits and costs. The Authority is currently evaluating possible building sites and associated construction costs.” The two preferred locations for a Customs facility are on the Atlantic Aviation property. The Airport’s Executive Director has had preliminary discussions with Atlantic Aviation about a possible lease amendment to allow for construction of the facility on their leasehold.

Patrick Swayze's Widow has Found Love Again



Photo by Donna Newman

By Jason Schwartz

Lisa Niemi, the actress, author and dancer who was married to Patrick Swayze for nearly 34 years before his death in 2009, has remarried to jeweler Albert DePrisco, the Boca Raton Tribune has learned.

The Boca Raton couple swapped vows Sunday at The Mar-a-Lago Club in Palm Beach, in front of more than 50 family and friends. The 57-year-old bride wore an Oscar de la Renta dress and the 58-year-old groom chose an Ermenegildo Zegna custom jacket and slacks.

"How often does lighting strike twice?"

Niemi Swayze said on Twitter, adding that it was "an incredible, wonderful, joyous day." Niemi and DePrisco met through mutual friends and dated for about a year and a half before he proposed on Christmas Eve. At their reception, guests were primed to party into the night, celebrating the newlyweds with dinner and — of course — dancing. The couple performed a dance that DePrisco's sister, Deirdre, who is a professional ballroom dancer, choreographed. "Albert was concerned about looking good in the dance, but he has natural rhythm, and is a great mover — much more so than he knows!" Niemi Swayze, a producer, said. Niemi met Swayze back in 1970, when she was 14 and studying dance at an academy run by the "Dirty Dancing" star's mother, Patsy.

"I went to New York for four years and danced with ballet companies, but I couldn't stop thinking about Lisa and I couldn't figure out why I kept going back to her," Swayze, who was 20 when he met his future bride, told the Daily Mail in 2005, noting that they were friends for "a long time" before they were anything else.

"I don't know what the key to a 30-year marriage is," the actor, who would lose his battle with pancreatic cancer four years later, said. "I suppose it's about keeping love alive, learning how to fall in love over and over again, not taking each other for granted, forgiveness, trust. Whatever it is, it works for us."

Paramedic Attacked While Helping Patient on Scene

By Kathryn Wohlpart

April Gehlhaus was arrested after hitting a paramedic who responded to The Dubliner Bar where Gehlhaus was in need of medical attention.

Gehlhaus appeared intoxicated and "had thrown up on herself prior to [police] arrival" according to the police affidavit. Gehlhaus yelled obscenities at Officer Christopher Rucco until she agreed to be transported by the paramedics to seek medical attention.

As soon as Gehlhaus was helped onto the stretcher she began yelling that she did not want to go with the paramedics, threw a blood pressure cuff, and struck Ellen Beckman, a paramedic who arrived on the scene. The police officers on the scene then detained Gehlhaus and handcuffed her before transporting her to Boca Raton Regional Hospital to be medically cleared and moved to County Jail.



High-end National Men's Shoe Retailer Opens in Boca

By Jason Schwartz

National men's retailer Allen Edmonds has opened a 1,540-square-foot store at The Shops at Boca Center, the Boca Raton Tribune has learned.

With the May 30 opening, the Wisconsin-based men's footwear and accessory retailer now has two of its 47 stores in Florida. The second store is in Orlando.

"The Shops of Boca Center is surrounded by high-income, residential neighborhoods and situated in the heart of strong daytime demographics (millions of square feet of Class A Office space)," Drew Schaul, who exclusively represents Allen Edmonds throughout the United States, said in a news release. "Those two site characteristics, along with very desirable co-tenancy and convenient parking (unlike a super-regional mall), have proven to be a successful formula for Allen Edmonds to best service

their customers and maximize sales."

The Shops at Boca Center at 5050 Town Center Circle is an upscale, mixed-use lifestyle center featuring a unique mix of premier dining and shopping. It also has a host of national and local retailers in the high fashion, specialty and professional services sectors.

"The addition of Allen Edmonds enhances the synergistic balance of high-end men's and women's fashion, fine and casual dining, art and service providers that makes the center so distinctive and unique," said CBRE Vice President Lisa Ferrazza who represented the landlord in the transaction. The retailer joins AT&T Wireless, Brio Tuscan Grille, Chico's, Duxiana Beds, Morton's, Panera Bread, Rocco's Tacos & Tequila Bar, Starbucks, Sushi Ray, Tasti D-Lite, Total Wine & More, Uncle Tai's and Verizon Wireless in the 116,000-square-foot plaza.

Tri-Rail Looks to Open New Station at Boca Town Center

By Kathryn Wohlpart

Tri-Rail is planning a new station in Boca Raton set to open in 2018. The new station would allow for commuters to use city transport to access the nearby Boca Town Center Mall and the surrounding homes and apartments as it is planned to be built off of Military Trail near the Shops at Boca Center.

Tri-Rail's Boca Raton station off of Yamato Road is the busiest station with 1600 passengers daily, causing Tri-Rail officials to believe the new station will be supported with enough commuters to make the plans worthwhile.

The new station being built will relieve some of the vehicular traffic on Glades Road by moving some commuters to public transport. Glades Road is currently one of the county's busiest thoroughfares accord-

ing to city statistics and cannot sustain the daily traffic effectively.

The locations being evaluated for the site of the new station could face problems due to the lack of space for parking, causing the new station to be heavily reliant on shuttles much like the Yamato station. The city has made plans to support the station with the needed shuttles due to the high demand and support from the community for the new station.

The Palm Beach Metro Planning Organization is allocating \$8.5 million and the Florida Department of Transportation has more than matched that, budgeting over \$10 million for the project.

The over \$18 million project is set to start with Tri-Rail evaluating the area for the best location over the next two years before beginning construction.

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Founded January 15, 2010

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EDITORIAL

By *C. Ron Allen*

What Would You Do?



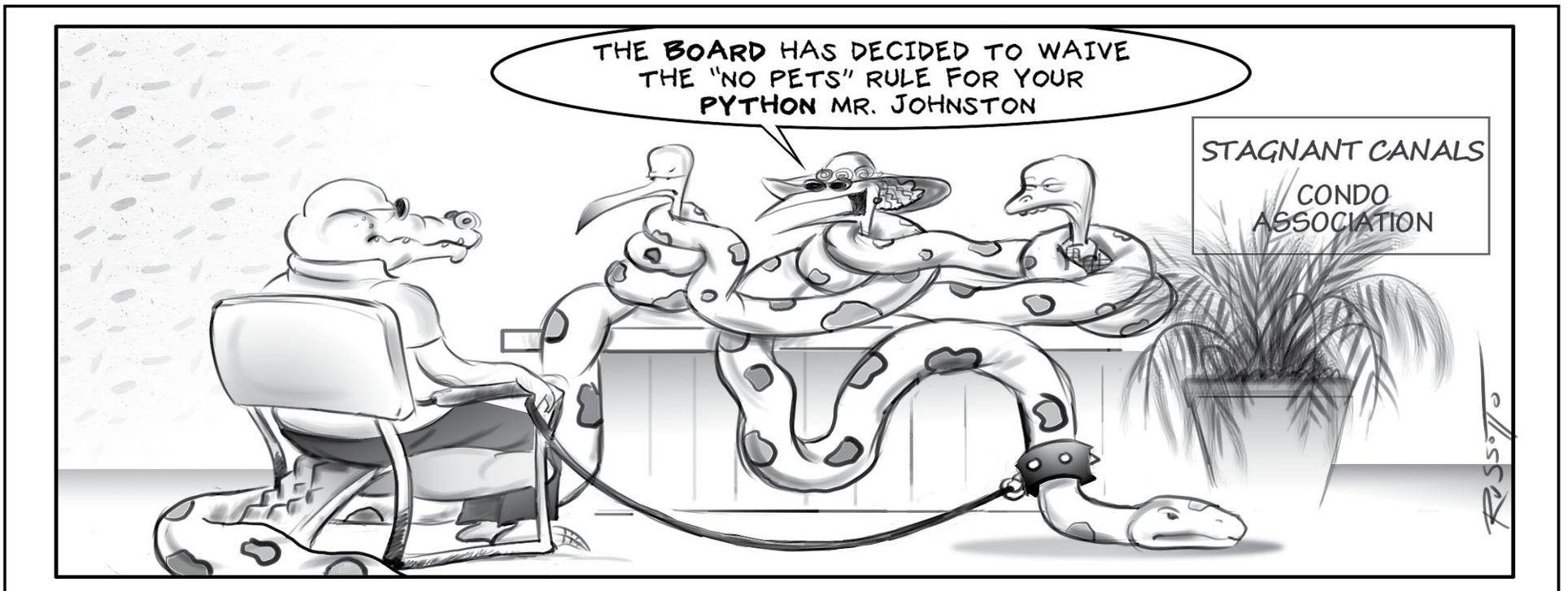
By *Clay Robinson*

Every day one of the first decisions we make is what we'll wear. We put time into coordinating and preparing our clothes, hair, jewelry, etc. so that our appearance is acceptable and parents often interject some influence if their child is dressed inappropriately. Your appearance can impact how people perceive you without having a significant impact on those around you. If you care about how you look, do you care about how you behave? Some of us walk out of the house each day dressed to the nines accompanied by a poor attitude and even worse, behavior. Should the same effort we put into our appearance be put into our attitude and behavior? Appearance starts with a look in the mirror, attitude and behavior starts with a look into the mind. Our behavior and attitude can range from

being aggressive, angry, rude or just plain careless. When you don't handle your thoughts or behavior it can be dangerous and can hurt those around you. What's your reaction to a person's poor or inappropriate behavior? If you can respond safely, do you give positive encouragement to change the behavior or do you allow the behavior to go unchecked? If the person is someone close to you, perhaps a child, spouse, boss, or someone who has power, influence, or is financially well off, do you become complicated in allowing them to carry out their poor behavior when you don't speak up? Many times our behavior is the result of a poor practice which no one has suggested we correct or change. It can start from childhood when those responsible for rearing us display bad behaviors that we start to mimic or they look the other way when we exhibit bad behavior because they are of

the belief that we will simply grow out of it. Behavior will only get worse with time if we allow it to continue. The person throwing a tantrum at 2 will still throw the same tantrum at 42 if we don't correct it. We can be surrounded by people who are aware of our poor behavior, but no one ever suggest we change it. They just look the other way and accept the behavior as part of our personality or we're just being funny and then they adjust and work around it. The pathway to change is acknowledging that your behavior is wrong and it needs to change, then making the effort to learn how to change it. In our lives we sometimes engage in additive habits that require interventions to help us change and become a better person. The more we are reminded of the negative behavior; perhaps we can engage our thoughts (or interventions) to help us achieve our goal of improvement.

We should start every day with thoughts about how we feel mentally. Sometimes we are consumed by relationship, work issues or common family problems. These things can linger without us realizing it and our reactions to external incidents can become excessive due to our internal feelings. I've heard people say "I get angry easily", or "I can't stand that person". Comments such as those are preconceived and indicate that you know something about yourself. When you are aware of the negative behaviors you have, it's up to you to change them. Sometimes when we witness bad behavior we have the opportunity to say a few words that can change a situation from bad to good. Will you be the one who decides to change your behavior, someone who speaks up, or someone who just stands by?



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THOUGHTS FROM THE PUBLISHER

By Douglas Heizer

Just Doing Our Jobs

We are just doing our job as a free press. As a newspaper, it is The Boca Raton Tribune's job to report on things that happen in Boca Raton — not just East Boca or just West Boca, all of Boca. We do not hand select the neighborhoods we cover or draw a line through Boca Raton to separate our paper into sections covering different parts of the same city. All of Boca Raton is in the same boat. Breaking news that happens in one part of Boca affects all of Boca. We cover the city and are read by people who live in the city, making our news and our surveys relevant to Boca Raton. We have an obligation to the Boca Raton community to provide them with news. That is our job and our goal as a newspaper.

We do not need congratulations or applause to do our job — that applause is not ours, alone, to accept anyway. Every outlet that writes news to inform the public is doing a service to the community and we believe that service deserves to be recognized. This being said, we applaud local blogs who write with the agenda of utilizing their right to a free press and of helping to spread the news. The more blogs publishing news and covering their neighborhoods, the better informed the citizens of Boca Raton are. The government system in Boca Raton, and in the United States, is reliant on informed citizens making informed decisions. That is why news and newspapers exist.

When stories of terrible things are written and posted, on news blogs and in newspapers alike, it is not to spread "bad news." The stories are posted to inform the public that something is happening in their backyards. The public needs to know about the on goings in their neighborhood in order to safe guard themselves against whatever crime or string of crimes is happening in their neighborhood. News is also meant to inform the public what their City Council and government is doing. We are writing to cover decisions made by city leaders, to inform the public of changes that will affect them, and to ensure that the people in place to do a specific job are doing their jobs. Any focus on one subject in a blog is a

sign that the intentions behind the blog are not necessarily pure. Just covering the stories that will get the blog the most hits means that the blog is trying to sell themselves or their product, not trying to inform the public of everything going on in their community. We hope that blogs continue fulfilling their responsibility to inform their communities and to releasing information relevant to the community. We also, at The Boca Raton Tribune, will continue to serve our community by writing and posting stories meant to inform you, the public, with or without fanfare.



POSITIVE LIVING

By Dr. Synesio Lyra, Jr.

Choose Acquaintances Wisely!

People are good! But people can also be very bad! At first it may appear a contradiction, but we all know that such is the case. It's not the appearances that count but the reality that can be gradually discovered. One can never find that out, one way or another, without maintaining a measure of contact with others, and using every possible observation and evaluation tool available. It's not that hard to reach a reasonable, safe conclusion about other people without being judgmental or too intrusive! It's important not to approach anyone with pre-conceived ideas about that

person. Even if you may dislike certain features you readily observe in that individual, spend more time with him or her before arriving at a final conclusion about the person. Always remember that people can be far better than you imagine, just as many can also be completely the opposite of whatever good impressions you first detect in one or another. Therefore, it's only by spending some time with someone, in different settings and circumstances, that you can more readily observe and assess the character, and other essential features of a fellow human's projections! If you are to obtain a solid evaluation

about anyone, attempt to read that person's heart rather than merely depend on externalities, for the latter can be mere façades which don't reveal one's true self. Furthermore, people are usually more than what their outward shell portrays them to be. For that and other reasons, don't allow your first impressions to be the sole, decisive factor to determine if you should pursue more interactions with that person, or even commit yourself to a permanent relationship, of one kind or another. Avoid reaching your conclusions in a superficial way so as to avoid unnecessary distresses right away, or later on.

Although you can, and should, consult others about their insights on others you wish to befriend, or simply develop a cordial, occasional relationship, don't limit yourself only to what others may report. Some people may unwisely think too much of someone who doesn't deserve that "grade," while others may be jealous, resentful, or carry unwarranted personal grudges toward that person. Just move with caution, and let reason aid you via careful, lengthy observation! Ultimately, only you can reach a final conclusion; just do it with utmost caution!

Dr. Synesio Lyra, Jr. is a Florida resident who, for many years, was a professor at the post-graduate level. He is a writer, a sought-after conference speaker, a man who lived in five continents of the world, having received his education in four of them. When he resided in southern California, he wrote a weekly column for the daily "Anaheim Bulletin," which was carried for about six years, until he moved to south Florida.

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Graduates of the Youth Automotive Training Center Celebrate During 35th Commencement Ceremony



Youth Automotive Training Center Class of 2014

Twenty-seven at-risk youth who have overcome great adversity recently became the 35th class to complete a transformative, nine-month program created by automotive legend and JM Family Enterprises founder Jim Moran. Members of the Youth Automotive Training Center's (YATC) Class of 2014, ages 17 to 22, celebrated during a graduation ceremony with family and friends on May 22.

Jim Moran established YATC in 1984 with the mission to train and educate troubled young men and women in basic automotive repair, academic remediation, job readiness and life management skills. The center's goal is to prepare the students to become self-sufficient and productive citizens. This year's graduates join more than 600 fellow alumni whose lives have been turned

around by this innovative program, which is celebrating its 30th Anniversary. Former Miami Dolphins defensive end and YATC supporter Jeff Cross helped present certificates of completion to the graduates with Executive Director Terry Routley. "YATC has a significant impact on young people and their families, and this program has positively altered the course of so many of their lives," said Routley. "These students know that when they graduate tonight they are not losing us as family. We will continue to stand behind them and provide support when they need us." Students are referred to YATC in a variety of ways, including through Florida's Department of Juvenile Justice and Department of Children and Families, as well as YATC graduates, local clergy and by word of mouth. Many of these young people have experienced poverty, crime, abuse and

addiction even before reaching their teen years.

Sixteen scholarships for continuing education were awarded at the graduation ceremony and five students received special recognition for their exceptional dedication to the program. Additionally, six of this year's graduates earned their GED.

Timothy Butler, 22, received the Bruce Rossmeier Memorial Kick Start Scholarship Award. Established in 2009 by Jan Moran in memory of Bruce Rossmeier, this recognition includes a full tuition scholarship to attend a technical/vocational school. Rossmeier, founder of Bruce Rossmeier's Daytona Harley-Davidson and Daytona Toyota, was a devoted friend and generous supporter of YATC. In honor of her late husband, Sandy Rossmeier, along with Jan Moran, presented Butler with the award.

"I was searching for help and discovered a place with good people to help me get on the right road," Butler said. "If I hadn't found YATC, I am not sure what my life would look like right now, but I definitely wouldn't have this much hope for my future."

YATC guest speaker Ray Daley, a member of YATC's Board of Directors, said something that resonated with Butler, "... make yourself a first priority." Those words

motivated him to work hard, successfully earn his GED and continue his education. Butler hopes to become a master underwater welder and business owner.

Other stand-out award recipients include:

- Jarad Boykins, 21, was presented with the Jump Start Award for excellence in automotive knowledge and repairs.
- Brian Garvey, 18, was honored with the Turnabout Award for making significant changes in all areas of his life.
- Roel Edwards and Dondrea Grant, both 20, received the Outstanding Attendance Award for demonstrating a commitment to completing the program.

The Jim Moran Award is presented each year to a community partner who has dedicated his/her time to supporting YATC's mission. Longtime advocate and Advisory Board member Dr. William Penzer received this year's distinction. With more than 30 years of experience as a psychologist, therapist and life coach, Dr. Penzer is an annual guest speaker who provides YATC students with life management skills training, including counseling on careers, substance abuse and healthcare. Three psychologists from his Plantation-based practice offer their services and expertise by working one-on-one with the students throughout the school year.

See more photos on page B5

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Municipal News

The Boca Raton Tribune

Arrest for Loitering Near Abandoned Stolen Vehicle



By Kathryn Wohlpert

On May 28, Dartavious Fowler was arrested for loitering or prowling after an officer observed him in the vicinity of a vacated stolen vehicle.

Officer Daniel Carney observed a black Toyota Camry with a single occupant that matched the description of a reported

stolen vehicle making a U-turn. The Boca Raton Police Department started to prepare for a felony stop when the driver accelerated along N Dixie Highway and sped through a stop sign and a red light and making a turn.

Carney reported that he lost the car at that point and passed along a description of the occupant to other officers. Officer Graham "advised he located the vehicle unoccupied with the engine running...[and] that prior to locating the vehicle he observed a [male] with short wavy hair...walking towards N Federal Highway," according to the police

report.

Carney drove to the reported location and noted the described male walking across N Federal Highway at a forty-five degree angle and made contact with him for a pedestrian violation.

The male, later identified as Fowler, placed his hands in the air, "sweated profusely," and stated, "I'm nervous." Graham asked Fowler where he had come from and he stated that his girlfriend, "Aquilla," had dropped him off just north of where Graham had stopped him.

Fowler spontaneously uttered, "you didn't

see me coming from no stolen car" and refused to continue talking. The officers tried to contact Fowler's girlfriend and reached Aquilla's cousin, Keisha, who stated that Aquilla had left an hour ago, alone, to get something to eat.

A K-9 Officer then arrived on the scene and traced Fowler's scent from the abandoned car to where the officers had stopped him. Fowler was then arrested and brought into the police station for questioning where he requested legal council.

Arrest for DUI with Property Damage after Hit and Run

By Kathryn Wohlpert

David Marinelli was arrested after a police investigation revealed that he hit a sign and a parked car before driving off while under the influence.

Marinelli was found unconscious behind the wheel of his Mercedes on June 1 and had difficulty completing the field sobriety tests completed by Officer Andrew Crawford. Marinelli advised the officers that he

had been struck by another car on I-95 but had no proof.

The officers initiated their investigation on SW 12th Ave, where Jim Stingle had called from to report a hit and run. Stingle reported that a car had driven across his property and hit a pedestrian sign before hitting a truck that was parked on his property.

The police noted that the car that had performed the hit and run had left parts at the

scene and traced the headlight part number back to a Mercedes Benz. The officers then followed an oil slick around to a parking lot where they located Marinelli behind the wheel of his damaged Mercedes.

Crawford completed field sobriety tests and placed Marinelli under arrest for DUI with property damage and leaving the scene of an accident.

Crawford located a "multicolored glass

pipe" in Marinelli's car, which later tested positive for marijuana. A prescription bottle with approximately 1.3 grams of marijuana was also found on Marinelli's person and he was additionally charged with possession of marijuana under 20 grams and two counts of possession paraphernalia.

Marinelli was then transported to the Boca Raton Police Department where his breath alcohol was recorded as .172 and .171.

Toddler Pulled from Pool

By Jason Schwartz

An 18-month old child was pulled from a backyard pool west of the city after falling in, Palm Beach County Fire-Rescue officials said. The toddler was rushed to West Boca Medical center for treatment, officials said.

Fire-Rescue officials responded to a call of a possible drowning around 7:15 a.m. in the 18000 block of Blue Lake Way, south of Clint Moore Road and west of State Road 7 in suburban Boca Raton.

The first crew to arrive met with relatives who pulled the child from the bottom of the pool. The toddler was awake and crying as he was taken to the hospital.

Boca Raton Juror Arrested for Facebook Posting

By Fred Hamilton

A Boca Raton man was hauled out of court in handcuffs and faces contempt charges for posting comments on Facebook and lying about it while serving as a juror.

Alexander Sutton, 24, could be the first juror in Palm Beach County to face up to six months in jail for disobeying a judge's blanket — and repeated — order to refrain from using the Internet to broadcast his views on a civil case he was deciding. Sheriff's deputies hauled Sutton from the courtroom in handcuffs on May 20 after one of the attorneys involved in the case discovered his Facebook rants and showed them to Circuit Judge Jack Cox.

Sutton lied when questioned under oath about whether he had posted comments about the trial on Facebook, Cox wrote in his order.

An alternate juror filled Sutton's spot and the trial continued. But the judge ordered Sutton to remove the comments from his Facebook page and return to court on June 20 to explain why he should not be held in contempt of court.

The comments on the page were not made

public and the attorney declined to share it. "In addition to expressing general disdain about jury service, he made very specific comments about the case itself," Smith reportedly said. "The comments made it clear that he couldn't be and never was fair and impartial."

Smith ultimately won \$3,929 for a woman who was injured in a 2010 car crash.

There are other culprits who could experience Sutton's fate. Attorney Spencer Kuvin says he plans to ask a judge to find that two other jurors engaged in similar activity during another case.

Kuvin says the activity is far from rare. People's compulsion to use social media while serving on juries has raised concerns of lawyers and judges nationwide.

The rapid growth of social media and online networking has had a significant impact in the courtroom, particularly concerning jurors. Juror misconduct online have triggered mistrials and new trials as a result of inappropriate social media activity during trials. A few jurors have even faced charges of contempt of court for their posts and activities on Facebook or Twitter during

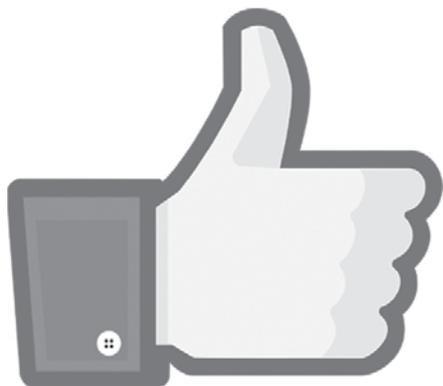
trials.

In April 2013, a judge in Oregon ordered a 26-year-old Oregon man serving as a juror in an armed-robbery case jailed for two days after he was caught texting during the trial.

As prosecutors played a video-taped interview with the defendant, Judge Dennis Graves suddenly halted the trial after noticing a light glow around juror Benjamin Kohler's chest. The judge, who had previously instructed jurors to pay attention and not to use mobile phones, immediately halted the proceeding and ordered everybody to vacate the courtroom except Kohler.

"The duty to serve as a juror must be taken very seriously. Every juror has the responsibility to devote his entire attention to the witnesses and evidence being presented," the judge said in a statement. "In this case, Mr. Kohler failed to meet his obligations and failed to honor the direction of this court. My hope is that he will use his time in jail to reflect upon his behavior."

According to a Reuters Legal article, the rate of jurors tweeting or posting comments on social media sites during trials is astoundingly high.



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Area Students Take Bus Ride of a Lifetime to Learn Coding from Top Technology Leaders



(Jackson, Miss). “This is the opportunity of a lifetime,” says Estella Pyfrom, a retired Palm Beach educator who used her retirement money to design and had a bus built with computers for low-opportunity children and families. “When Essence invited me to come to their music festival, I said ‘I have to bring some children.’”

So, Pyfrom joined forces with Black Girls Code and Startup Edutech, two West Coast technological youth organizations. Their goal is to begin the process of closing the digital divide.

“We jumped at the opportunity to further tech-education,” says Jaymes Hines, founder of the Silicon-Valley-based Startup Edutech. “This is more than a partnership. This may be one of the most important technological motivating tools for a sector of African American students who continuously are written off.”

The students, ages 10 and up, were selected by Brilliant Bus partnership organizations. For the bus ride students, activities will culminate with the #Yes We Code Hackathon and Tech Village, held from July 4-6, at the Festival in New Orleans.

“We are still fundraising and need some major dollars to make this the best trip for the students,” says Pyfrom. “It takes a lot of fuel to move a fleet of buses 2,200 miles, a lot of meals to feed 100-plus children and chaperons and to house them all,” she says. “The returns on this investment are unlimited.”

To support the trip or learn more, contact 561-665-0151 or visit www.estellasbrilliant-bus.org.

By CRA News Service
More than 100 South Florida students will take the technology ride of their lives when they board a caravan of buses, led by CNN Hero Estella Pyfrom’s Brilliant Bus from West Palm Beach to New Orleans, La., traveling from June 28-July 3.

The children will participate in the 20th Annual Essence Music Festival’s #YesWeCode Hackathon, which is part of the new Technology Village, an interactive area featuring hands-on activities, tech-based youth organization presentations, panel discussions, social media contests and more. They will return to West Palm Beach on July 7. Billed as the Tech Innovation Bus Ride, Broward and Palm Beach county students will learn basic coding, mobile app building and the basics of tech-entrepreneurship from about 200 of the tech industry’s brightest developers, designers, investors, and influential business professionals. The buses also will stop in four major Southern cities: Atlanta, Birmingham, Al., Memphis, and Jackson, Miss., where local students will board the Brilliant Bus to learn coding. At those stops, the South Florida students will tour African-American cultural landmarks such as the Martin Luther King, Jr. National Historic Site (Atlanta), the Lorraine Hotel (Memphis) and the home of slain NAACP Field Officer Medgar Evers

City Celebrates Summer Learning Day

By Rosanne Dechicchio

The City of Delray Beach’s Campaign for Grade Level Reading Coalition invites the public to participate in Summer Learning Day, a national advocacy effort dedicated to promoting the importance of summer learning and reading for our youth. Sponsored by the National Summer Learning Association, our City will join communities across the country in proclaiming June 20, 2014 as Summer Learning Day. Research shows that children from low income households are more susceptible to lose valuable learning/reading skills than their middle income peers if these skills are not applied during the summer months. Recognizing the severity of this problem, the City partners with other organizations to stem summer reading loss by providing “home library” books and quality literacy programs.

“Our youth benefit from community involvement with initiatives like Delray Reads

Day,” said Janet Meeks, education coordinator for the City of Delray Beach. “Through generous donations, the Campaign for Grade Level Reading will distribute at the end of the school year five books each to 665 children attending a Title 1 school so they will have reading materials over the summer. This equates to 3,325 books which is impressive for a grassroots effort!” In addition, the City’s Parks and Recreation Department has introduced academic initiatives in their out-of-school camp curriculum, such as the Campaign for Grade Level Reading, to promote reading achievement. In celebration of Summer Learning Day, local camps will participate in this year’s theme “Pirates”. Children will experience a day of fun and innovative programs on June 20 featuring games, interactive reading activities and storytelling.

For more information, contact Janet Meeks at 561-243-7231 or E-mail meeksj@mydelraybeach.com.

Former Delray Officer Sentenced to 6 Months in Perjury Case



By CRA News Service

A judge sentenced former Delray Beach police officer David Melville Chin to six months behind bars this week after he accepted a plea on perjury charges concerning a confidential informant he arrested in 2011.

Chin, 37, pleaded guilty before Circuit Judge Robin Rosenberg to five felony charges: three counts of official misconduct and two counts of perjury in an official proceeding. Rosenberg said she would allow him to serve the punishment on house arrest with a GPS ankle monitor. “Considering the fact that he is not going to jail, I believe it was a fair resolution,” Chin’s defense attorney Michael Salnick reportedly said.

The married officer had sent text messages to Natalie Jerue, a friend of a confidential informant, telling her she was pretty and asking her out on movie and dinner dates, according to his August 2012 arrest report. While he was a member of the department’s Street Narcotics Enforcement Unit, Chin in June 2011 charged Jerue with trafficking Oxycodone, a painkiller.

Chin lied about that relationship during a deposition, and lied about how much information she provided, investigators said. Authorities say those lies were used to build a case against a drug suspect.

The series of alleged lies was designed to conceal his relationship with the woman, which was documented by text messages, according to investigators.

The trafficking case against Jerue was later dropped, according to court records. The State Attorney’s Office also dropped at least 20 cases in September 2012 that involved Chin’s work as a police officer.

Prosecutors also tossed out drug charges resulting from arrests of suspects from 2010 to 2012 because of the tainted connection with Chin.

As part of that investigation, Chin and three officers were placed on leave.

An internal investigation later cleared another officer of charges but cited that officer for wrongdoing after he allegedly pursued a woman in his role as a police officer.

Prosecutor Marci Rex said Chin “will lose his right to vote, own firearms, and be a law enforcement officer” again.

Woman Arrested After Stealing \$1,116.85 Worth of Merchandise From Store

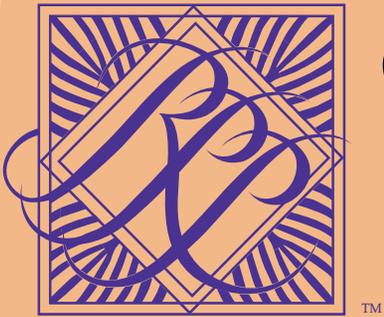
By Jason Schwartz

A 40-year-old Delray Beach woman was arrested after trying to leave a Target store with \$1,116.85 worth of merchandise, police said.

Police charged Domitila Reyes with grand theft, according to the arrest report.

Reyes, who only had \$8 in her possession,

went to the store at 1200 Linton Blvd., shopped for two hours then tried to leave the store without paying, police said. Among the items in her cart were clothing, jewelry and paper towels, the report said. A store employee detained her until police arrived on scene.



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ENTERTAINMENT

A Profoundly Creepy "German Doctor"

See page B3



Palm Beach County Veterans Committee 7th Annual Memorial Day Ceremony

Photo by Janis Bucher



Jerry Klein, Vietnam Veterans of America. His awards include the Silver Star, Bronze Star, Combat Infantryman Badge, and the Air Medal

For the past seven years, a group of local veterans and community activists known as The Palm Beach County Veterans Committee have sponsored a Memorial Day Ceremony to remember and honor our Nation's veterans who lost their lives in service to our country.

Over 2,500 attended to honor and remember our nation's fallen heroes at this year's 7th Annual Memorial Day Ceremony at the South Florida National Cemetery on Monday, May 26, 2014. The ceremony was a true tribute to those who lost their lives while in service to the United States of America. The program began with bugler Armando Cedeno who played Reveille and Master of Ceremonies David Knapp of Chapter 25 of the Vietnam Veterans of America. The program also included an opening procession by Palm Beach County Fire Rescue Pipe and Drum Band, multiple Color Guards collaborating in the presentation of the colors, Pledge of Allegiance

led by Battle of the Bulge Army Veteran George Fisher, a special memorial in honor of POWs and MIAs led by former POW Bill Arcuri, Agent Orange Balloon Release, Gary Hodges sang the National Anthem and God Bless America, musical selection provided by Wellington High School Band, a Stearman Biplane and "Huey" helicopter flyover, Keynote speaker Staff Sergeant Brian Mast, wreath presentation by Operation Enduring Freedom and Operation Iraqi Freedom veterans, and Echo Taps by Tomas Becerra, Roberto Morgan and Armando Cedeno of the 1st Panamanian Drum & Bugle Corps of Miami.

The following also participated in the program: Dignitaries US Congressman Ted Deutch, US Congresswoman Lois Frankel, State Representative Mark Pafford, County Commissioner Hal Valeche and Juno Beach Vice Mayor Ellen Andel; Seminole Ridge High School JROTC; Color Guards from Palm Beach County Fire Rescue, 11th Dis-

trict American Legion, North Palm Beach Civil Air Patrol, Lantana Civil Air Patrol, Boca/Delray Division U.S. Naval Sea Cadet Corps, Young Marines of the Palm Beaches; Palm Beach County Fire Rescue Honor Guard and Reserve Battalion; Children of the American Revolution; Patriot Guard Riders; Boy Scouts of America and Girl Scouts of America. Local Veteran's organizations that were on site with information for veterans included Paws 4 Liberty, Palm Beach Vet Center, West Palm Beach Department of Veterans Affairs Medical Center and Community Based Outpatient Clinic, Southeast Florida Honor Flight, Star Spangled Heroes Project of the West Palm Beach Library Foundation and H.E.L.O. – Heroes Entering Life's Opportunities. Single roses were generously donated by Passion Flowers and The Blossom Shoppe for attendees to place on the graves of veterans.

In addition to all of the individuals and

organizations mentioned previously thanks go to the following who contributed to this year's Memorial Day Ceremony - Cheney Brothers Inc., Custom Lawn Service, Faith Hope Love Charity, Inc./Stand Down House, Galiano Concrete, Joannie Lincoln, Lee Qualls, Dick Robinson and Gloria Schmidt.

The Palm Beach County Veterans Committee receives no grants or loans from any government agencies and relies entirely on private donations to pay the expenses associated with their events. Donations are fully tax deductible as the Committee has established a relationship with the Friends of Veterans, Inc. which is a Florida not-for-profit corporation, established in 1993, that is tax-exempt under Section 501(c)(3) of the Internal Revenue Code. If you would like to make a donation, please visit <http://pbcveteranscommittee.org> or contact Friends of Veterans, Inc. Treasurer Aaron Augustus at (561) 844-2004.

More photos on page B4

High School Theater Students Take Home Cappies Awards at 12th Annual Award Ceremony

Photo by Ian Ibbetson



Boca Raton Community Performance - 42nd Street

High school theater students from 18 public and private schools throughout Broward and Palm Beach counties took home awards from the 12th Annual Cappies Awards Gala held on May 19 in the Au-Rene Theater at the Broward Center for the Performing Arts.

Pine Crest School and West Boca High School received the most awards with five each for the musicals *Bye, Bye Birdie* and *Young Frankenstein* respectively. With four Cappies Awards, American Heritage School's production of *Nora's Lost* was the most honored play.

Award winners were determined by votes from the students themselves through a weighted peer-review voting process. The awards ceremony was presented with

support from the Broward Center for the Performing Arts, which has hosted the event since the South Florida chapter of the Critics and Awards Program (Cappies for short) was founded in 2002 as a part of the national non-profit organization honoring high school theater programs.

The Broward Center for the Performing Arts is located in the Riverwalk Arts & Entertainment District at 201 SW Fifth Avenue in Fort Lauderdale. ADT Security Services, AutoNation, Bank of America, Greater Fort Lauderdale Convention & Visitors Bureau, Paramount Coffee Services, Rick Case Automotive Group, Silver Airways and Sun Sentinel are proud sponsors of the Broward Center.



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Presenter Danielle Roeder with Sean Javaherian, Winner Best Male Dancer



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Presenter David Cohn with Nick Anarumo, Winner Best Supporting Actor in a Musical



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Entertainment Skip Sheffield

A Profoundly Creepy "German Doctor"



"The German Doctor" is one of the creepiest Holocaust-related films I have ever seen, yet it is not set in Europe or even during World War II.

"The German" doctor is the infamous Josef Mengele, the malicious Nazi "Angel of Death" who carried out dangerous, painful and often fatal experiments on living human beings in his capacity as SS Officer and chief medical doctor.

Like many Nazi war criminals, Mengele fled to South America. "The German Doctor," directed by Lucia Puenzo and based on her novel "Wakolda," is set in Argentina in 1960.

A stranger approaches a family out in the wilderness of Patagonia and asks if he could follow their car to his destination, as he is unfamiliar with the area.

Eva (Natalia Oreiro), a good-hearted woman who understands German says OK, despite the misgivings of her husband Enzo (Diego Peretti).

The couple has a lovely 12-year-old daughter named Lilith (Florencia Bado), who looks much younger than her age.

"He thought I was a perfect specimen," says Lilith in the opening voiceover, "except for height."

The family is bound for a lakeside resort, which they intend to re-open and operate. The German stranger, who calls himself Helmut Gregor, becomes their first paying guest.

Over time Helmut ingratiates himself and becomes uncomfortably close to Lilith, who is ridiculed at school for being a "midget." Helmut convinces her mother Eva that he can alter Lilith genetically to make her grow

larger and stronger.

There are adverse side effects however, and when Eva becomes pregnant with twins (a particular fascination of Mengele's), events make an even more sinister turn.

The most chilling thing about "The German Doctor" is that Mengele eluded capture by Israel's Mossad, and went on to live a ripe old age. Now that is scary.

Three and a half stars

"Locke" a One-Man Show

"Locke" is a claustrophobic little film that is a tour de force for actor Tom Hardy.

Steven Knight ("Dirty Pretty Things, Redemption") wrote and directs this one-man drama about a British contractor whose life is unraveling as he speeds toward a hospital where a woman is about ready to give birth. The woman is not Ivan Locke's wife but the unborn child is his.

That is problem number one. Problem number two is the fact "the biggest delivery of concrete in the history of Europe" is scheduled for the morning at Locke's construction site. Locke had promised to be there and personally supervise the pouring. Now he has to tell his boss he can't be there.

There are other problems arising in this litany of woes. Tom Hardy is best-known as the villainous Bane in "The Dark Knight Rises." Here he is not really a villain, but an otherwise responsible adult who has made some really poor choices.

"Locke" is best admired as a feat of acting daring-do. It is not really a movie to be liked.

Rating: ★★ 1/2 stars



Fitness Life Randy Fine

The Faster You Eat the More Weight You Gain

(Simplified version): When you eat, you start to fill up your stomach. This puts pressure on nerves in the wall of the stomach. These nerves send a signal to your brain that says you are full and you stop eating.

The faster you eat the more you can get down before the signal is sent thus stretching it.

If you eat more, before or after this signal is sent, than you stretch your stomach, which is flexible, it will expand to hold the increase in the food you are eating. You will feel a bit uncomfortable, literally stuffed, but you will be able to eat more next time. Keep doing this and you will be able to eat a lot more in time. Not only will you be able to, you will need to in order to avoid that uncomfortable feeling of not

eating enough. The hunger you feel is your body's way of getting you to keep looking for food as it wants to get as much as it can, when it can.

This is what your body wants, as it does not know how much food is available and for how long. After a hurricane for instance, the power goes out and everything in your fridge spoils in a day. Your body can handle this for a while as it can burn fat and break down your muscle to rebuild your organs. However, we now have the means to get food from one location to another quickly. Your body can go a very long time with what would be considered normal body weight, so that will not pass as a reason to gain weight. Sorry.

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SPOTLIGHT



Palm Beach County Veterans Committee 7th Annual Memorial Day Ceremony

Photos by Janis Bucher



Dave Knapp, Vietnam Veterans of America, Joe Green, Korean War Veteran and Lawrence Chayt, Jewish War Veteran



Bill Arcuri, Air Force, Vietnam Ex-POW and Jane Lignore, in charge of the POW MIA Remembrance Ceremony



Staff Sergeant Brian Mast, Army - Featured Speaker for 2014 Memorial Day Ceremony at the South Florida National Cemetery



Chaplain & Navy Commander Kim House, VA Medical Center and George Fisher, Battle of the Bulge-Army



Patriotic Flyover - Boeing Stearman it served as the primary trainer for the USAAF, the USN and with the RCAF during World War II



Paul M. Russo, Director, VA Medical Center, Miami with Kirk Leopard, Director of the South Florida National Cemetery



Mike Nuckles, Roland Potter and George McErwan



Featured Speaker U.S. Army Sgt. Brian Mast, seriously injured in an Afghanistan blast



Maxwell Nelson, Charleen R. Szabo, FACHE Director, VA Medical Center, WPB and Jerry Klein, Vietnam Veterans of America



Ray Concepcion, Vietnam Veteran-Air Force given flowers from Ashley Weil of Passion Grovners



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Featured Speaker U.S. Army Sgt. Brian Mast, seriously injured in an Afghanistan blast



Staff Sergeant Brian Mast, Army and Roy Foster, a CNN HERO



The Crown Prince of Iran Speaks at the Gold Coast Tiger Bay Club Meeting

Photos by Jeffrey Tholl



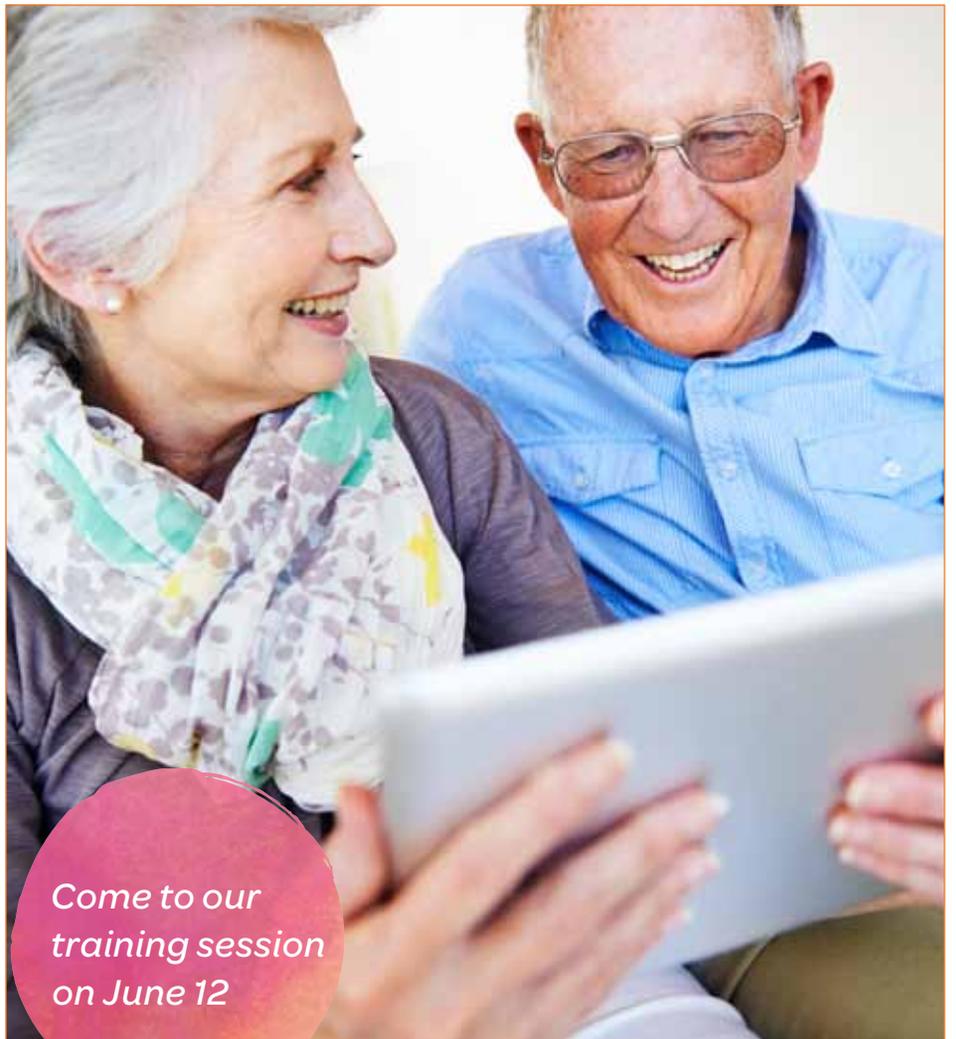
Alvin Lloyd Brown, Dr. Sherrie Raz, Reza Pahlavi, David Goldstein, Arlene Herson & Michael Salit, M.D.



Barry Epstein & Reza Pahlavi



Jeffrey Tholl & Reza Pahlavi



Come to our training session on June 12

Graduates of the Youth Automotive Training Center Celebrate During 35th Commencement Ceremony



Youth Automotive Training Center Executive Director Terry Routley (far right) presented special awards to graduates (from left) Roel Edwards (Outstanding Attendance Award), Timothy Butler (Bruce Rossmeyer Memorial Kick Start Scholarship Award), Dondrea Grant (Outstanding Attendance Award), Jarad Boykins (Jump Start Award) and Brian Garvey (Turnabout Award)



Youth Automotive Training Center graduate Timothy Butler (second from right) was presented with the 2014 Bruce Rossmeyer Memorial Kick Start Scholarship Award by (from left) Larry McGinnes, YATC board president; Jan Moran; Sandy Rossmeyer; and Terry Routley, YATC executive director



Dr. William Penzer (center) received the 2014 Jim Moran Award for his longtime commitment to Youth Automotive Training Center's students and graduates from Terry Routley (left), YATC executive director, and Larry McGinnes (right), YATC board president



During the Youth Automotive Training Center graduation ceremony, former Miami Dolphins defensive end and friend of YATC Jeff Cross (left) helped YATC Executive Director Terry Routley (right) present certificates of completion to Isac Espiricueta (center) and his fellow graduates

Get the most from today's technology

Recently, AT&T proposed to the Federal Communications Commission that West Delray Beach be selected for a technology trial program.

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We will have step-by-step demonstrations on how to use tablets, smartphones and other products and services that can keep you safe, informed, and connected to friends and family.

Join us!

Thursday, June 12, 10:00 – 12:00 PM

West Delray Community Center (Ruth Rales)

7091 West Atlantic Avenue, Delray Beach, FL 33446

Bring your devices & your questions. We'll have tablet computers available for you to try as well.

To reserve your training session please email TrainingRSVP@att.com, or call (561)495-9670

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Columnists

The Boca Raton Tribune



FAITH

By Nelson Searcy

Leading With Love: A Fathers Day Challenge

Fatherhood is synonymous with responsibility. As fathers, we have a responsibility to put a roof over our children's heads and food on the table; we have a responsibility to be an example of strong character and wise living. But perhaps most importantly – and sometimes most neglected – we have a responsibility to show our children what it means to love well. As you and I walk our children into adulthood, they will fare much better if they see us leading with mass doses of love in three specific areas:

Love God

You are called to take on the role of spiritual leadership in your home, something that cannot be achieved without continually investing in your relationship with God. As you draw close to your Heavenly Father, he will supply you with the strength and wisdom you need to be the best earthly father you can be.

Love Your Wife

As science and scripture both support, a strong parental relationship is one of the most important pieces in a child's healthy development. Children who see a loving relationship between their mother and father grow up with a greater sense of security and self-esteem, and create healthier adult relationships themselves. If you want to give your kids the best chance at success in life, love their mother well.

Love Your Kids

Deep, unconditional love is the greatest gift you can give your children. While saying "I love you" is important, actions speak much louder than words – especially to little ears. Show your kids you love them by being an engaged, consistent presence in their lives. Spend time doing the things they like to do; listen when they talk; put work aside, look them in the eyes and let them know that they are important to you. That kind of active love leaves a lasting impact.

You may have the highest education, the biggest paycheck and the most evolved parenting techniques in town, but when it comes to being a good dad, those things don't mean much unless you also have love. Real love submits its position and authority to the best interests of others, as Jesus modeled when he laid down his life for our betterment. As you and I choose to do the same in small ways every day, we will be able to begin leading our families to their highest potential as we reflect the true love of the Father at every turn.

Celebrate Father's Day by joining us at The Journey Church – Boca Raton on Sunday, June 15 at 10:30am at Boca Raton Community High School. Men and boys, we would love to have you come early for a free Father's Day breakfast with special guest speaker Coach Mike Jarvis, NCAA Basketball Coach, recently retired from FAU. For more information, see our ad in this edition or go to www.bocajourney.com. Hope to see you there!

*Nelson Searcy is the lead pastor of The Journey Church in Boca Raton. The 3 year old church meets at Boca Raton Community High School (I-95 and Glades Rd) each Sunday at 10:30am. For more, visit www.BocaJourney.com. He is the author of 11 books and served for ten years as a pastor in New York City before moving to South Florida. Each person who visits The Journey Church this Summer will receive a free copy of his latest book *Unshakable: Standing Strong When Things Go Wrong*, on which this article is based.*

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DIVORCE FLORIDA STYLE

By Mike Gora

Guns and More Guns

This noon I learned that I had lost two friendly acquaintances, Shari Bellingham and Scott Edgerton. I had first known them through the Chamber of Commerce of Greater Boca Raton. My wife, Bonnie, and Shari were in a book club for over ten years. Scott had run the Center for Counseling on Boca Rio Road for many years, but had recently retired. Shari worked for a first class accounting firm. On the morning of April 3, 2013 Scott came to her office, shot her and then shot himself. By the time you read this you will have read it before, or seen it on TV. So you might wonder, "Why is Gora bringing this up again?"

One would think that a man who had a long and successful career administering a "Center for Counseling" might have taken himself to one of many psychologists which he must have worked with or known. One would think that a man who had a long and successful career administering a "Center for Counseling" might have taken himself to one of many divorce lawyers which he must have known to look for a better answer than the one he came up

with, a gun. For the last few years deaths by firearms in the United States have been about 8,400 a year. Of that number about 66%, 5,544 were suicides. Apparently misery loves company, the company of a pistol, the suicide weapon of choice. The likelihood of having to defend your home with a pistol or long gun against a stranger, wherever you live, is far less than the risk of you using your own gun to kill your wife or husband and then yourself. So far nothing is known of Scott's motives, none of which could have possibly been sufficient to justify his selfish act. If he was not so selfish it would have been bad enough if he had killed himself. The problem is at the moment of decision this nice little man from Boca Raton was out of his mind. And the gun...the beautiful gun he had bought to protect his beautiful home and his beautiful wife, the gun he had bought when he thought he was sane became more important to him than his life and more important to him than his wife Shari's life. Do not allow that to happen to you. While you are sane, do not buy a gun.

Michael H. Gora has been certified by the Board of Education and Specialization of The Florida Bar as a specialist in family and matrimonial law and is a partner with Shapiro Blasi Wasserman & Gora P.A. in Boca Raton. Mr. Gora can be reached at mhgora@sbrwlawfirm.com.

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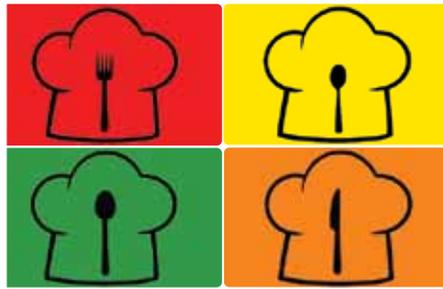
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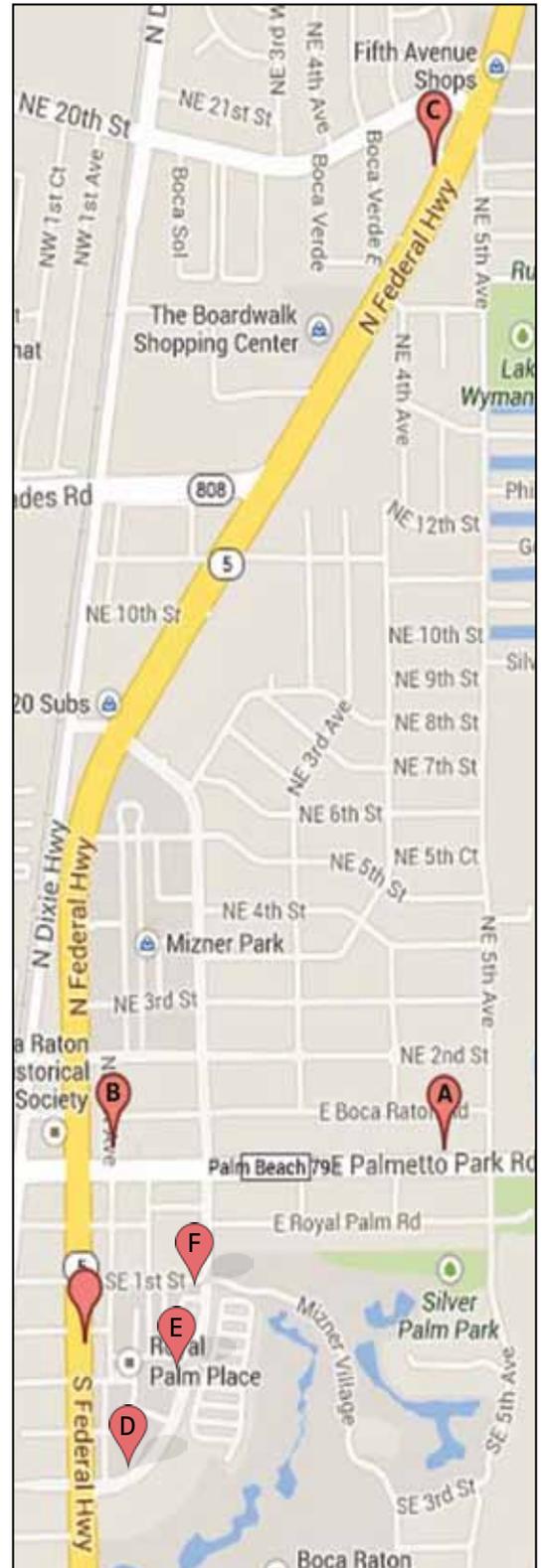
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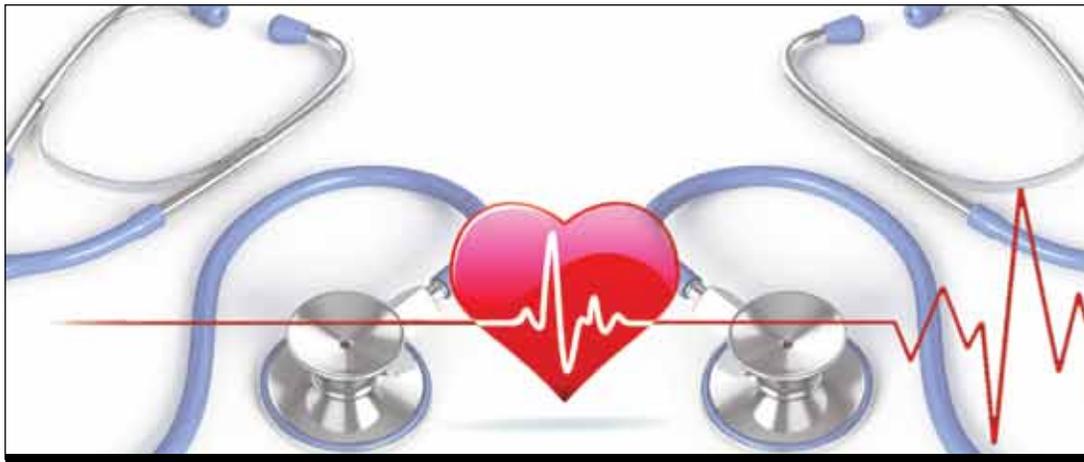
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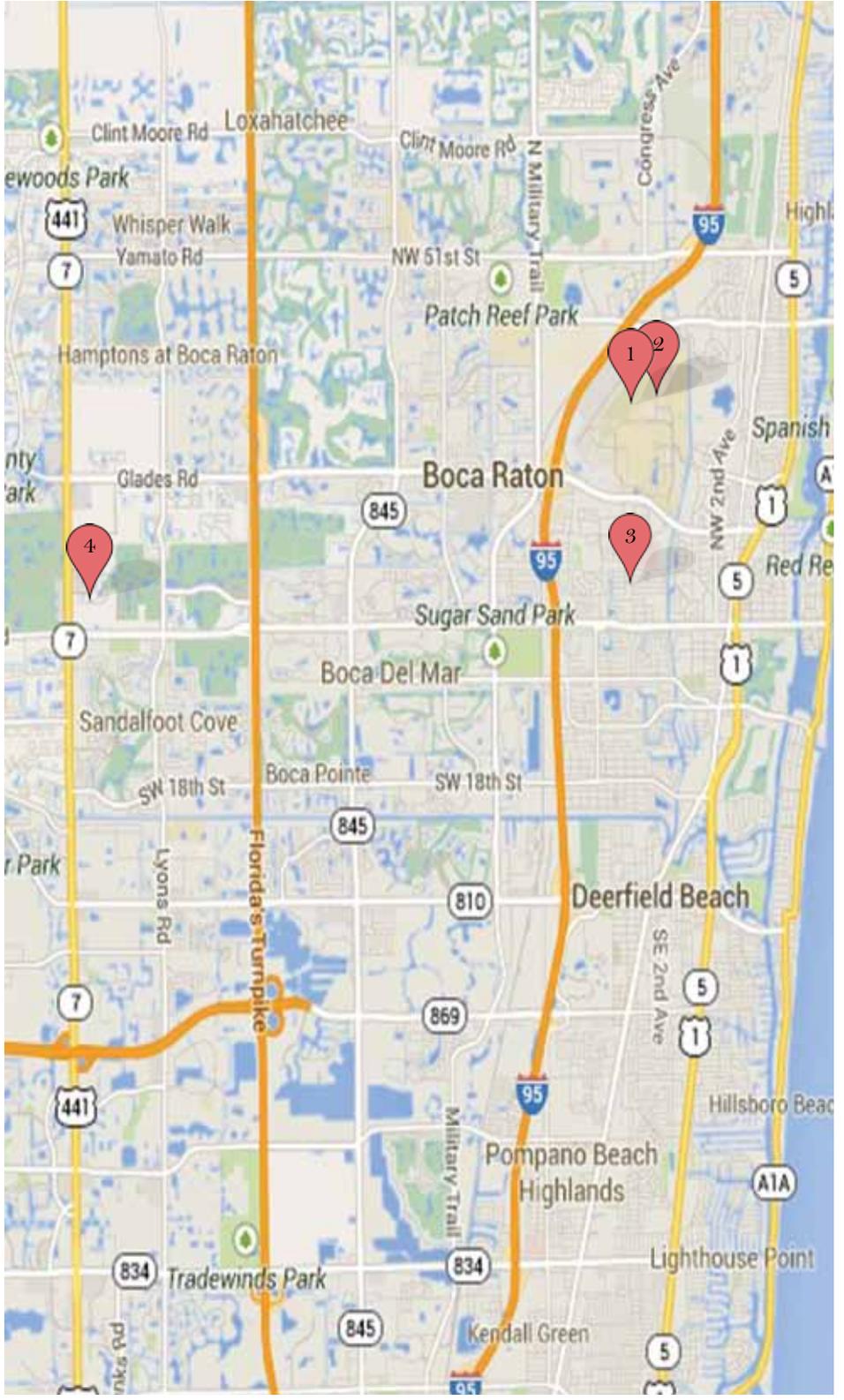


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Real Estate

The Boca Raton Tribune



HOMES INSIDE AND OUT

By Joshua Carlson

Appraised Value vs. Assessed Value: What's the Difference?

Is the Appraised value the same as the Assessed value of a property? This is a common question that many people get confused about and think these words mean the same thing. The answer is very simple... NO...appraised and assessed values are not the same.

People often get these terms confused because they are both quantifiable numbers which establish an amount or value to a property.

Let's look at the difference between the two...

APPRAISED VALUE:

Appraised value, also known as market value, is usually done to determine the value of a property for a financial institution before a home is sold. The financial institution orders an appraisal to be conducted by a Certified Appraiser which is

an independent 3rd party. The appraiser is not associated with the Buyer or Seller of the property.

ASSESSED VALUE:

Assessed values are used to determine the Tax Basis of the property for collecting the appropriate taxes to meet the annual

budget set by the taxing authority of the county. What it is not: The assessed value is NOT to provide a buyer the price they should pay for the home. Also, an assessor may not be a licensed appraiser and may not have seen the property to value the condition of it. A lot of the assessor's information is based on public record and

not verification of properties condition. Each year the West Palm Beach Property Appraisal office determines the market value of each property as of January 1 then deducts any benefits such as "Save Our Home" or "any caps on non-homestead Properties" and arrives at the assessed value.

A Simple easy to understand formula is: Assessed Value = January 1st Market Value - Any Benefits.

As you can see the properties ASSESSED VALUE and APPRAISED VALUE have 2 different purposes, one for tax purposes and the other for people interested in buying and selling of a home.

For more information about a properties assessed value you can visit: <http://www.co.palm-beach.fl.us/PAPA/index.htm>.

Stay tuned for more tips and important information regarding your Home: Inside and Out...



Joshua Carlson has been a Real Estate Professional/Broker-Agent in the state of Florida for 14 years. He has a passion for educating his clients and walking them through the home buying/selling process. If you have any real estate related questions or topics you would like to hear about, he can be contacted at 561-929-8874 or JoshCarlson.RealEstate@gmail.com

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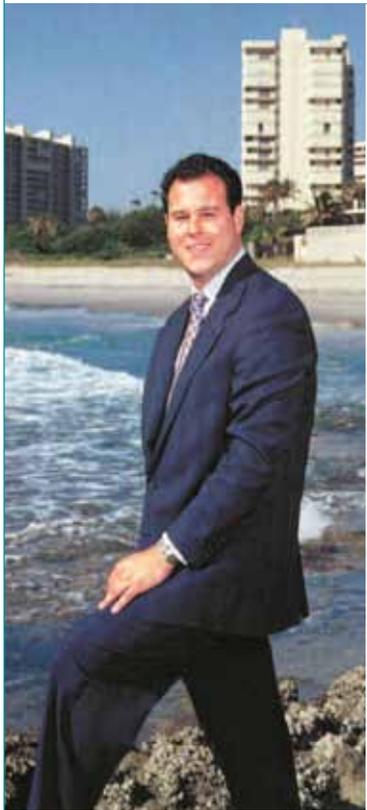
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Boca Raton, FL 33431
561-395-3632
Website: www.adventboca.org

Revival Life Church
4301 Oak Circle Suite 11
Boca Raton, FL 33431
Services at Don Estridge Middle School
561-450-8555
Website: www.revivallifechurch.org

Grace Community Church
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Website: www.graceboca.org

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Subdivision	Address	Sold Date	Price
CENTURY VILLAGE	317 Mansfield H	5/29/2014	\$18,000
CENTURY VILLAGE	454 Mansfield K	5/28/2014	\$22,000
Century Village	118 Preston C	5/30/2014	\$25,000
Century Village	189 Suffolk E 189	5/29/2014	\$26,000
Century Village	104 Preston C	5/30/2014	\$29,000
CENTURY VILLAGE	4054 Cornwall C	5/30/2014	\$43,000
Lincoln At Century Vlg Condo	3052 Lincoln C	5/27/2014	\$58,000
SANDALFOOT BLVD APTS COND	9851 Sandalfoot Boulevard 203	5/30/2014	\$75,000
Tierra Del Sol Cond	250 NE 20th Street 115	5/30/2014	\$85,000
BARWOOD	23305 Barwood Lane N 302	5/27/2014	\$85,000
Isle Of Sandalfoot Cond	9273 SW 8th Street 102	5/30/2014	\$98,000
CAMINO NORTH COND	220 SW 7 Street 8	5/29/2014	\$100,000
Century Village	2084 Wolverton E 2084	5/29/2014	\$109,000
Boca Palms	22052 Palms Way Apt. 104	5/30/2014	\$120,000
Quail Hollow/Boca West	19741 Boca West Drive 4132	5/27/2014	\$130,000
Boca Terrace	842 SW 9th Street Circle 202	5/27/2014	\$130,000
Windwood	321 Norwood Te N225	5/27/2014	\$134,000
Plum at Boca Pointe	6574 Via Regina	5/27/2014	\$142,000
Boca Walk	6451 Boca Circle	5/29/2014	\$148,000
Boca Terrace	892 SW 9 Street Circle 3	5/29/2014	\$148,500
Pointe South	1401 S Federal Hwy Hwy 102	5/28/2014	\$150,000
Patios of Boca Barwood	9260 SW 14 Street 2302	5/28/2014	\$153,000
BOCA WALK	6355 Walk Circle	5/27/2014	\$165,000
Rainberry Park 2	9660 Sunny Isle Circle	5/29/2014	\$165,000
Glens Condo	6420 Boca Del Mar Drive 406	5/29/2014	\$180,000
Lake Windwood	3150 Leewood Terrace L124	5/30/2014	\$180,000
Provence	6040 Verde Trail S 302	5/28/2014	\$181,000
Whitehall	6121 Balboa Circle 405	5/27/2014	\$185,000
Spanish Isles li	18414 Alydar Way	5/29/2014	\$185,000
San Remo Cond	2871 N Ocean Boulevard R642	5/30/2014	\$195,000
Mission Bay 2	10352 Mateo Court	5/28/2014	\$200,000
Spanish Isles	9961 Spanish Isles Drive	5/29/2014	\$205,000
VILLA SAN REMO	8254 Via Bella	5/29/2014	\$230,000
Coral Lake	9398 Boca River Circle	5/30/2014	\$230,000
Greens At Boca Golf And Tennis Club	17088 Boca Club Boulevard 2	5/29/2014	\$235,000
Fairfield	5116 Pointe Emerald Lane 5116	5/30/2014	\$238,000
Country Landing	21569 Woodstream Terrace	5/29/2014	\$241,694
Coronado at Boca Raton	22715 Camino Del Mar 54	5/30/2014	\$248,000
Oak Run Of Arvida Country Club	2459 NW 63rd Street	5/30/2014	\$250,000
University Park Country Club Ests	122 Sea Island Lane	5/29/2014	\$255,000
San Remo Condo	2871 N Ocean Boulevard C513	5/30/2014	\$257,500
Vistazo At Boca Raton	615 NW 38th Circle 40	5/29/2014	\$265,000
Boca Woods Country Club Ph 3A	10960 Boca Woods Lane	5/29/2014	\$265,000
WINFIELD PARK UNIT 2	2251 NE 5 Av	5/28/2014	\$278,000
CLUBSIDE POINTE	2491 NW 59th Street Apt 1002	5/30/2014	\$285,000
Tiffany Trace	17530 Tiffany Trace Drive	5/30/2014	\$288,500
ROYAL OAK HILLS	425 SW 7th Avenue	5/27/2014	\$307,650
HIDDEN VALLEY	450 Oregon	5/29/2014	\$335,000
BAY WINDS 4	22437 Sea Bass Drive	5/30/2014	\$355,000
Wimbledon	21710 Cromwell Circle	5/29/2014	\$356,300
Lake Wyman Shores	550 NE 17th Street	5/28/2014	\$371,000
Bocaire	17535 Bocaire Way	5/28/2014	\$375,000
Yacht And Racquet Club Of Boca Raton	2707 N Ocean Boulevard D601	5/30/2014	\$385,000
LAGUNA	10516 Mendocino Lane	5/29/2014	\$420,000
Millpond	2428 NW 35th Street	5/29/2014	\$485,000
Whitehall South	2800 S Ocean Boulevard 12-D	5/28/2014	\$500,000
Parkside	987 Parkside Circle N	5/30/2014	\$532,200
Woodfield Hunt Club	3245 Saint James Drive	5/29/2014	\$584,500
PLACIDE	1800 S Ocean Boulevard 6-B	5/30/2014	\$610,000
Planters Point	19488 Planters Point Drive	5/29/2014	\$625,000
Old Floresta	244 Cardinal Avenue	5/27/2014	\$625,000
Boca Islands	1151 SW 4th Court	5/29/2014	\$680,000
ADDISON	1500 S Ocean Boulevard 404	5/30/2014	\$750,000
Old Floresta	761 Aurelia Street	5/29/2014	\$1,145,000
Parkside	1360 SW 21st Avenue	5/27/2014	\$1,190,000
St Andrews Country Club	17064 Castlebay Court	5/28/2014	\$1,270,000
Townsend Place	500 SE Mizner Boulevard A-705	5/30/2014	\$1,300,000
ST ANDREWS COUNTRY CLUB	6844 QUEENFERRY	5/30/2014	\$2,000,000
Vistazo	3608 NW 5th Terrace	5/27/2014	\$2,850,000
Royal Palm	2350 Cherry Palm Road	5/30/2014	\$3,550,000
LUXURIA	2500 S Ocean Boulevard 301	5/30/2014	\$6,700,000

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Richard's Weekly: Where's The Beef?

By Jeff Cutter, Edited For Richard Ehrlich



Richard Ehrlich, CLU, ChFC, CFS, RichardsWeekly.com

Last week, Julie called on my way home, to ask me to stop at the supermarket. It was turning out to be a really nice day and we wanted to cook some steak on the grill. Usually, when the nicer weather arrives we grill more often, but maybe not this year.

When I got to the cooler at the supermarket, I looked quickly at the prices for a package of steak and thought the butcher made a mistake pricing them. So I asked the butcher if they were priced correctly. He nodded his head yes and said that prices for meat have risen over 20% in a year.

Hmm. This can't be! I had just read the latest report from the Bureau of Labor Statistics (BLS) two hours before getting to the grocery store. The BLS is the governmental agency that publishes the Consumer Price Index (CPI) report. Those folks stated in their report that inflation is at 1.5 percent for the year. So, there must be a problem with the calculation, right?

Oh, there is... it is the way they calculate the number. There's no question that beef prices have shot up dramatically in the past year. Price increases are driven by disease, drought, and demand. Those three factors together have resulted in significant price increases for meat.

While you and I see this hitting our budgets, it is not clearly shown in the inflation numbers because Uncle Sam has decided we do not buy enough beef for it to matter.

Hmm. Tell that to the folks who are retired and on a fixed income. Or to families like mine who spend almost \$1,000 a month on groceries. So, here is my "beef" with this situation. The CPI calculation assumes that only 0.51 percent of the average American household budget is spent on food. This is where the problems begin.

One of the functions of the BLS is to determine how our costs change every month across a broad category of spending. However, because they do not weigh different items of spending appropriately in their calculation of the CPI, it is meaningless.

I would like to see a measure of inflation that shows us how our daily lives are actually affected, which means weighing items like food and energy more than other items. We all eat; me sometimes too much. Most of us also drive cars and heat our homes. So, I would venture to say that most Americans spend a fair amount of their budgets on both food and fuel. Therefore, these items, food and fuel, would seem to me a logical measure of inflation. But the BLS also tracks, and includes in CPI, other items such as TVs, lamps, appliances, and even clocks, to name just a few.

It adds price changes in all of these categories to the mix when trying to determine how our daily cost of living has changed. Lucky for us, each of these items has fallen in price over the last 12 months.

According to the BLS, appliances make up 0.289 percent of spending, and have fallen 3.3% in price over the last year. Clocks, lamps, and decor items comprise 0.26 percent of spending and have fallen 7 percent, while TVs, which make up 0.159 percent of spending, have dropped more than 12%. That all sounds great, however, the problem is that each of these categories represents discretionary spending that can be put off until another day, if we want them at all. You see my problem here?

Even if I do not eat steak, food items clearly represent a greater portion of my spending than TVs. But they are lumped together when calculating the cost of our living. I wouldn't care if the CPI was just another set of meaningless numbers released by another faceless government agency, but it's not.

This number is used to determine cost-of-living adjustments for Social Security, wage adjustments and other fixed income benefit plans. If the CPI understates the increasing cost of food because the same statistic also includes the change in the price of TVs, well then, we have a problem. Even if someone bought a TV last year, and got a heck of a deal, that doesn't do the rest of us any good. Last I checked, I cannot use my AI sauce on my TV.

Here's a thought. Wouldn't it be better to use inflation statistics that track different areas of life; perhaps discretionary items like TVs versus non-discretionary items like food and energy?

How about monthly purchases versus those purchased once a year, or contracted payments (cars and rent) compared to variable payments. Now that would be helpful!

Nope. The BLS went down this road many years ago. They began computing the CPI-E, which was an index meant to track the cost changes for items that retirees typically buy. The BLS stopped doing this. Probably because showing that retirees were getting hammered would have led to demand for greater cost-of-living adjustments in Social Security payments.

Instead, the uninformed are left with Uncle Sam telling them everything is wonderful in Mayberry and inflation is historically low.

Not you, Richard's Weekly readers, you now know this combination of categories and numbers that are all boiled down to one figure—which tells us just about nothing.

Discover how inflation will affect your retirement plans. Will you have enough money when you retire to live the lifestyle you've come to enjoy? What is the real cost of retirement?

About The Author: Richard Ehrlich is an independent Financial Retirement Professional and Investment Advisor. Richard has been featured as a financial expert in Bloomberg Business Week, Newsweek, Time Magazine, Fox Business News, and writes a weekly financial column available at RichardsWeekly.com

Richard Ehrlich, CLU, ChFC, CFS (www.SecureWPG.com) is the managing partner of The Secure Wealth Planning Group which is committed to improving lives, one retiree at a time through Low Risk, Low Volatility, Secure Wealth Planning.

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A D V E R T I S E M E N T

Business

The Boca Raton Tribune

Sklar Furnishings Recognized As "Small Business Leaders Of The Year"



(From Left) Pat Howard, "Bruce" and Rick Howard By Boca Raton Chamber Of Commerce Contemporary furniture industry leaders Rick & Pat Howard, co-founders and co-owners of Sklar Furnishings, were presented the coveted 2014 "Small Business Leaders of the Year" Award by the Boca Raton Chamber of Commerce at the organization's annual awards luncheon at the Boca Raton Resort & Club with more than 500 business, civic, and community stakeholders in attendance.

According to Boca Chamber CEO & President Troy McLellan, the Howards and their achievements represent all that is "business mission critical" for success, serving as inspiring role models of innovation and best practices supported by stalwart community-conscious, eco-friendly business leadership. "From their stewardship of Sklar's 22,000-square-foot contemporary home and office furnishings showroom and design center into the only one of its kind in the region, directing a diversified team

of credentialed home and office designers and space planners, collaborating with hundreds of custom vendors and suppliers from around the globe to their robust industry leadership roles, long-standing "commitment to community" and "sustainable live/work" philosophy, they set the standard extremely high for others who work, live, and play in Boca Raton and Palm Beach County."

The Howards were applauded for their year 'round efforts to help drive the message of building a greater eco-community as industry leaders in green advocacy who seek and forge furniture alliances around the globe with designers and manufacturers that share its strong commitment to the environment. As members of the Sustainable Furnishings Council, the Howards said they take great pride in collaborating with a variety of custom furniture lines that are invested, as they are, in heavily reducing the environmental impact of its operations and use of reclaimed natural materials. Going beyond the obvious best practices, Sklar Furnish-

ings partners in creating forests via the National Forest Initiative by donating a tree to one of Florida's four natural forests for each purchase of a wood product. Rick Howard serves as president of the North American Home Furnishings Association that champions the independent home furnishings retailer -- the nation's largest organization devoted specifically to the needs and interests of home furnishings retailers, with more than 1,800 members representing more than 7,000 storefronts across all 50 states and several foreign countries. Since Sklar Furnishings opened its doors by the entrepreneurial husband and wife team in November 2002, the company has had a long, strong community presence and engagement, including a partnership with Habitat for Humanity that provides "simple, decent, and affordable" housing for low-income families. Sklar donates thousands of dollars in merchandise to the organization that in turn is sold in ReStores, thus being recognized as a recipient of the "I Gave at the House" Award for six consecutive years. With Rick Howard serving on the Habitat for Humanity board of directors, Sklar's support escalated to underwriting the construction of its first Habitat For Humanity home that was completed and dedicated in October 2013. Other nonprofits supported include Florence Fuller Child Development Centers, Junior League of Boca Raton and Rotary International.

Another Broken Egg Café Hatches in Boca Raton with Events to Raise Money for Three Local Nonprofits

Continue from page 1

Those wishing to support the Boca Raton pre-opening events must call 561-405-6940 for reservations as seating is limited. Events are as follows:

- **Thursday, June 5th** (9 AM-11 AM) will benefit the Gold Coast Down Syndrome Association, a 501(c)(3) non-profit family support and resource organization serving 350 families and dedicated to making the future brighter for individuals with Down Syndrome and other disabilities in Palm Beach County, Florida. For more information please visit www.goldcoastdownsyndrome.org

- **Friday, June 6th** (10 AM-1 PM) will benefit American Association of Caregiving Youth (AACY®) which recognizes, supports, and promotes the awareness of dual role youth that are both students and caregivers within their families. AACY® strives to raise awareness through education, research and direct services in cooperation with social, education, healthcare, government and community corporations, organizations and agencies. For more information please visit www.aacy.org

- **Saturday, June 7th** (9 AM-1 PM)

will support Dezzy's Second Chance Animal Rescue which provides homeless dogs and cats in Palm Beach and Broward County with the opportunity to find a new loving home. Located on the Boca Raton, Delray Beach border, Dezzy's Second Chance is an Animal Rescue that prides itself on connecting individuals and families with the pet of their dreams. For more information, please visit www.dezzysecondchance.com

Guests dining at Another Broken Egg Café will have plenty of tempting dishes as the menu features fresh and nutritious southern-inspired dishes. There are six varieties of eggs benedict, 11 gourmet omelette choices, an exceptional signature Bananas Foster over Belgian waffles, French toast or sweet potato pancakes, southern crabstack, biscuit beignets, along with handcrafted burgers, specialty sandwiches and fresh salads. Each meal is carefully prepared to order with the highest quality and freshest ingredients available.

ABEC menu prices range on average from \$8 to \$15 and for breakfast cocktails, don't miss the mimosa, or the house specialty bloody mary priced at \$5.99 each. Furthermore, ABEC's Healthy Side menu, which includes granola, fruit & quinoa, gluten free friendly jumbo pancakes, the skinny

omelette, steel cut oats and simply salmon, is also available at this location.

ABEC mug collectors will also look forward to finding historic Boca Raton Old City Hall, with its iconic palm trees, on the hand-thrown stoneware used for coffee service and hot beverages. Each ABEC location has its own distinctive symbol on the American made design, which is produced in various colors year round.

Double R Restaurant Group is based in Lafayette, LA and is dedicated to opening restaurants that represent value, with a focus on fresh and comforting food. Double R operates multiple concepts and currently has 15 ABECs operating in Georgia, the Carolinas, Florida and Louisiana. Double R has plans for an additional six locations to open in 2014, and recently announced its South Florida development agreement to develop 40 locations over the next 10 years. Each new ABEC creates approximately 30 new jobs in the community. Double R is currently searching for qualified candidates in all regions to join their experienced team.



Please visit www.dblrrestaurants.com for more information.

Another Broken Egg Café is an award-winning restaurant and a leader in the morning restaurant sector with 36 restaurants to date across the southeast United States, California and Indiana. Ron Green founded the first ABE Café in 1996 on Girod Street in Old Mandeville, Louisiana. The restaurant serves from 7 A.M. through 3 P.M. seven days a week, closing only on Thanksgiving and Christmas with all major credit cards accepted. For more information about the restaurant locations, the history of ABEC and complete menus, please visit www.anotherbrokenegg.com

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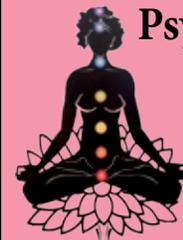
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Sports

The Boca Raton Tribune

Men's Basketball Signs David Johnson for 2014-15 Season



By Olivia Coiro
Lynn University head men's basketball coach Jeff Price is pleased to announce the

signing of junior forward David Johnson for the 2014-15 season. A 6-foot-6 native of Jensen Beach, Fla., Johnson joins the Fighting Knights after a successful junior

college career at Indian River State College. "We feel David [Johnson] is a great fit for our program in many ways and we look forward to having him at Lynn University," said Price. "He has the ability to play multiple positions and can create match-up problems on both ends of the floor. He has developed tremendously since high school and will continue improve for the next two seasons."

As a sophomore, Johnson led the Pioneers to a 15-13 overall record, who just missed the FCSAA State Tournament. He averaged 17.9 points and 7.6 rebounds per game. Johnson was named the Region 8 Player of the Week for December 2-6, 2013, when he helped IRSC to a pair of victories over Polk

State College and St. Petersburg College where he averaged 15.5 ppg and 5.5 rpg. He was selected as an All-Southern Conference First Team selection when he shot 59 percent from the field and 43 percent from three-point range, making it the second consecutive year he earned conference honors. During his freshman campaign he was named an all-conference honoree after averaging 11.5 ppg and 5.7 rpg when IRSC posted a 24-7 record. Johnson becomes the fourth signee of the 2014-15 recruiting class and will join 12 returners from last season's 9-18 squad, including all five starters and All-Sunshine State Conference Second Team and All-Newcomer Team selection Aaron Harrison.

Aromashodu Concludes Collegiate Career at NCAA Preliminary Round

Senior Danielle Aromashodu concluded her Florida Atlantic University career today at the 2014 NCAA Division I Men's and Women's Outdoor Track and Field East Preliminary Championships. The UNF Ospreys hosted the preliminary round at Hodges Stadium.

Aromashodu competed in the 400 meter hurdles at her fourth appearance at the East

Championships. She crossed the finish line in 34th place with a final time of 59.96. The Miami native missed qualifying for the quarterfinals by 0.77 seconds.

In her freshman season, Aromashodu ran the 400 hurdles in a time of 1:01.61 at her first NCAA regional competition. When she returned the following year, she improved her finish clocking in at 1:00.54.

Last year, Aromashodu recorded her best finish at an NCAA championship with a final time of 59:38, just 0.34 seconds short of qualifying for the quarterfinals.

"I thank Danielle for her tremendous contribution to our track and field program at FAU and wish her the best of luck in all of her future endeavors" said Head Coach Alex Smolka.

Aromashodu served as team captain in her final season with the Owls. She holds the FAU record in the 400 hurdles (58.33) and was a three-time Sun Belt Conference Champion in the event.

At the Department of Athletics' annual banquet, Aromashodu was named the "Outstanding Female Athlete" for the 2013-14 athletic season.

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**Sanger Named First Team
All-Conference, Kerr Second Team**

For the second time this week, two Florida Atlantic University baseball players were awarded with All-Conference USA honors for their efforts in the 2014 season. Sophomore Brendon Sanger was named First Team All-Conference and freshman Stephen Kerrgarnered Second Team All-Conference titles by CollegeSportsMadness.com.

Sanger, a sophomore from Fort Myers, led FAU with a .332 batting average and led Conference USA in both walks with 35 and on-base percentage at .439. He amassed 20 multiple-hit games and tied for the team lead with three three-RBI outings. His 11-game hitting streak was the second longest on the squad. Sanger was one of five Owls to start every game, making 52 starts in right field and one as a designated hitter.

Kerr was named to both the All-Freshman Team and the All-Conference Second Team by Conference USA in his first season in collegiate baseball. Sanger, who led the Owls in batting average for the second consecutive year, was also named Second Team All-Conference. Both players ranked in the top 10 in Conference USA in both batting average and on-base percentage.

Kerr, a freshman from Margate, hit an impressive .324 with a team-high 38 runs and 10 stolen bases. He drew 21 walks while striking out just 16 times in 207 at-bats. Kerr's 24 extra-base hits led the team, as did his six games with three hits. His 17 game reached-base streak was the longest of any Owl over the season. Kerr started every game at either shortstop or second base.

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GOLF LIFE IN BOCA

By Stan Moore

The Shoulders

Mike the catapult!

MIKE DEMONSTRATING THE POWER OF A CATAPULT. IN A GOLFSWING ALSO KNOWN AS LEFT TILT TO RIGHT TILT. BOMBS AWAY!



One of the main functions of the backswing is to turn the shoulders in a circle on a downward angle with the shoulder center staying in place. This provides precision to the path of the hands and the club. It also creates balance to support your rotation and gives the backswing its around the body shape, which is a major source of power. Many golfers have played well while moving the center of the shoulder turn back, but these are highly adapted players who have learned to compensate for this move. Shifting the shoulder center off the ball not only creates less power, it also results in erratic geometry.

The way I see it, you have a choice: Turn your shoulders in a circle around a stable center, or sway going back and then lunge forward. The latter requires

you to master the art of getting the forward lunge to equal the backwards sway. This is extremely complicated and highly unpredictable. Therefore, I teach turning the shoulders in a circle while keeping the center in place. For the center of the shoulder turn to stay stable, the left shoulder itself must trace a circular path. Turning the shoulder downward enough on the backswing is one of the main differences between good and poor players. Many golfers at some point in their backswings lose the downward component of the shoulder turn, which causes the head and the shoulder center to drift back. To rotate correctly, the left shoulder must turn downward and inward at a consistent rate. For the left shoulder to turn in a circle and at a right angle to the spine, the spine must change its flex: It cannot stay in its original forward tilt toward the ball. To release this flex without moving the center of the shoulder turn is the challenge. The spine must first bend to the left, which gives the left shoulder the freedom to go downward, and must continue to bend left throughout the backswing. If at any point the spine stops bending to the left, the left shoulder will level out moving the center of the shoulders back. When you get to the top of the backswing, you should be in a full side bend when viewed down target, meaning you have side bend to the left as far as you can.

For more information on how to turn the shoulders please contact me at 5616992616.



The Pedro Project

This past friday pedro made headway with his golf swing. We worked on how to use the right arm and extend it through the impact, lean the shaft forward, and create better contact on the ball.

Pedro did well with this and hit many shots straight and long. Now we were using a sand wedge, but 80 to 90 yard sand wedges were excellent. This was a big step forward for pedro. Just have to continue this process to develop more consistency, because he is only getting 30% of the shots to fly like we want them too. But 30% is an excellent start.

Good Job Pedro.
Stan moore, pga
Teaching pro at ocean breeze and osprey point

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on my knees and have dealt with ongoing inflammation. I've been on the product for about 3 months and it's remarkable how much better I feel," - Rick G.

Boost Mood & Memory



Brain specialist of 30 years, Dr. Joseph Maroon, stresses the importance of this formula to support optimal brain function. “It's vital for helping with mood swings, anxiety – even depression. It nourishes the brain in such a way that focus and concentration improve.”

Ultra Pure Formula Equals Safety

Some supplements may contain more than just omega-3. And some of that “extra” content you could do without, such as saturated fats, including unwanted omega-6 fatty acids, and toxins like mercury, lead, and PCBs commonly found in fish.

Freezer Test Proves Purity

Omax3® was shown in lab tests to be 91% pure, free of bad fats and toxins. You can prove this by freezing your own fish oil. Put a pill of your store bought brand of omega-3 in the freezer overnight. Then put Omax3® Ultra Pure™ in the freezer overnight.

The difference is clear. The store bought brand will be cloudy, even a solid white. This is caused by the bad fats and toxins solidifying, which your body doesn't need. Omax3® will remain clear, which equals safety and effectiveness.

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The color of the Omax3® oil shows you its purity. The individually blister packed capsules protect against rancidity so there's no fishy taste or stomach upset.

Clinical Study Shows it Works Better than Your Fish Oil Yale University Study Results

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- 73% reduced triglycerides*
- 71% reduced LDL *

Lower Cholesterol

Shelly T., confirms the clinical results of Omax3®. “My doctor was amazed with how fast my triglycerides dropped! She asked what I had done, and I told her I was taking Omax3® daily.”

Stop Joint Pain 3X Faster

“The product works! I've had several surgeries

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You now get the extreme health benefits you deserve and at the lowest possible price and without the fish burps! If you're worried about cholesterol, painful joints, poor memory, or mood swings, this formula will help or you don't pay for it.

Doctor Recommended

“As a neurosurgeon I stand behind the breakthrough of the 4:1 ratio of EPA/DHA that makes up Omax3®. It's simply the most effective. The pharmaceutically-activated molecule maximizes absorption. Personally, I use Omax3® to keep my joints pain free as I still run marathons at age 74. I notice the mental boost. It's your best anti-aging weapon because it protects your heart, brain, and joints all in one pill.”

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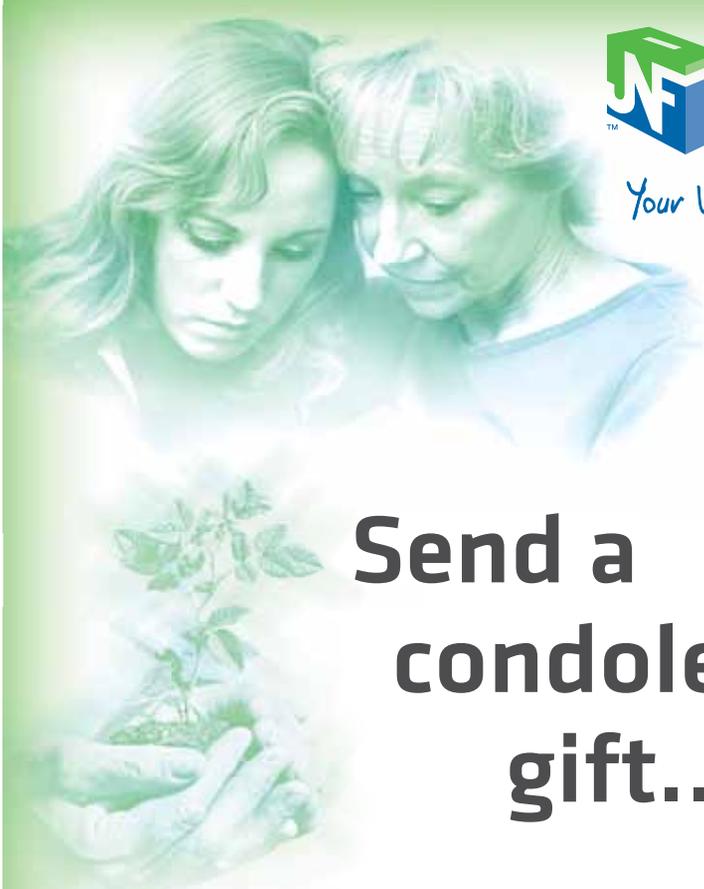
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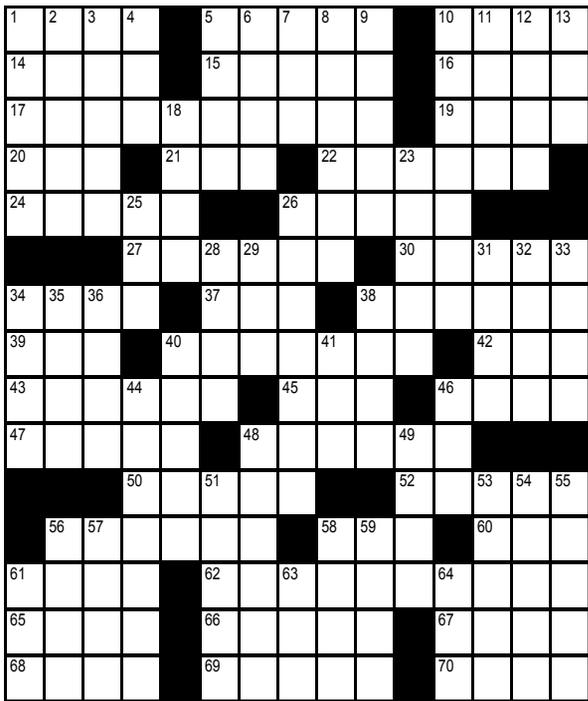
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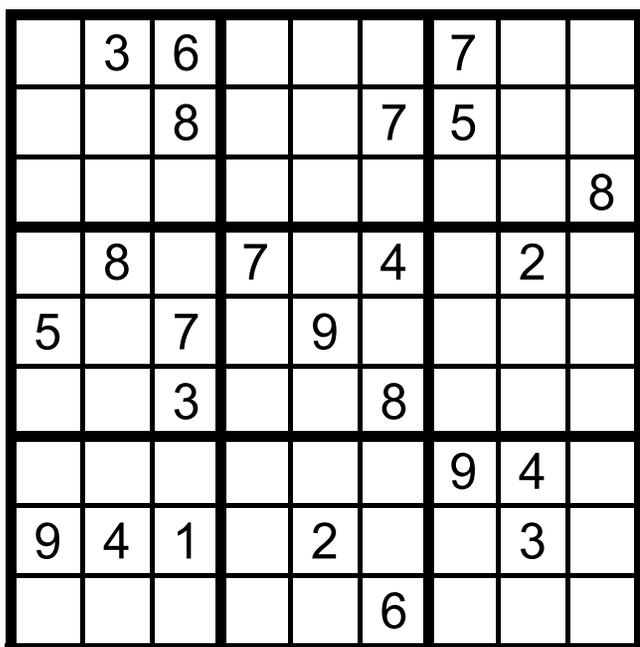
Across

- 1 Twinge
- 5 Soda fountain treats
- 10 Curly cabbage
- 14 Brainchild
- 15 Alaskan native
- 16 Pelvic bones
- 17 Medical isolation
- 19 At hand
- 20 Final (Abbr.)
- 21 Sign before Virgo
- 22 Thin ice, e.g.
- 24 Spirit of a people
- 26 Ticked off
- 27 City near LA
- 30 Russian favorite
- 34 Emcee
- 37 Dot follower
- 38 Pavement or patio material
- 39 Tokyo, once
- 40 Samurai, e.g.
- 42 Jeans brand
- 43 Deodorant type
- 45 Commotion
- 46 Secluded valley
- 47 Clean-up tool
- 48 Paradise
- 50 Discontinue
- 52 Polled
- 56 Rio ____
- 58 Prescription checker (Abbr.)
- 60 Gardner of film
- 61 Joint problem
- 62 Stargazer
- 65 Ashtabula's lake
- 66 Piece of cave art
- 67 Out of shape
- 68 Give temporarily
- 69 Gumption

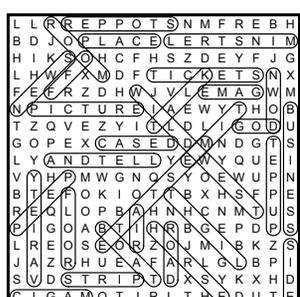
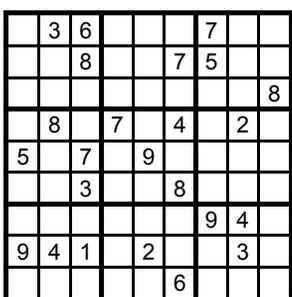


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- 70 Adherents (Suffix)
- Down**
- 1 Provoke
- 2 Grownup
- 3 Poet's "below"
- 4 Needlefish
- 5 Lion's pride
- 6 Singing voice
- 7 Luau garland
- 8 Siberian feature
- 9 Hearty entree
- 10 Realm
- 11 Downwind
- 12 Make-up artist?
- 13 Corn serving
- 18 Likewise
- 23 At no time
- 25 Select
- 26 Thankless wretch
- 28 Gripe
- 29 Hockey great Bobby
- 31 Wooded hollow
- 32 Patella's place
- 33 Egyptian solar deity
- 34 Basil, e.g.
- 35 Bouquet
- 36 Alone
- 38 Henhouse
- 40 Restroom sign
- 41 Chapel vow
- 44 Found
- 46 Federal watchdogs (Abbr.)
- 48 Exhausts
- 49 Nobelist Pavlov
- 51 Monroe's successor
- 53 Domesticates
- 54 Media attraction
- 55 Pub game
- 56 Horror film staple
- 57 Destroy
- 58 Kukla, ____ and Ollie
- 59 Handout
- 61 Hair goop
- 63 Prefix with angle
- 64 Japanese sash



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Good news comes in the form of a 'pain-busting microfiber' that is used to weave a circulation-boosting sock, called Bambusa™.

Better Blood Flow

The 'miracle sock' is made from a new, patented anion-technology that is weaved into every strand of thread used to make a Bambusa™ sock. This special micro-fiber thread is made from revolutionary bamboo charcoal to stimulate blood flow and revitalize feet. When this material comes in contact with body-heat it is proven to release circulation-boosting ions.

The 3D-weave technology used in the material has been compared to infrared light therapy to help revitalize stiff and sore muscles. The manufacturer, who also makes a back and wrist sleeve, says the material provides almost instant relief to any part of the body it touches, making it ideal for diabetics, athletes, inflammation, stiffness and swelling.



Anne M. from California agrees. "Bambusa socks are absolutely the most comfortable socks I have ever worn! My feet are no longer fatigued!"

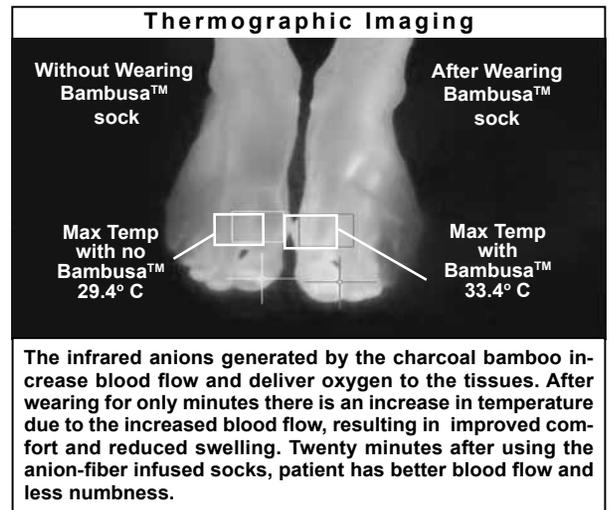
Therapy

Without A Prescription!

When the socks were photographed using a thermographic imaging camera, results showed up to a 17% to 22% increase in blood flow. This helped to improve muscle oxygenation and decrease foot fatigue. The socks have been proven to provide extended relief from cold, swollen and fatigued feet.

Doctor Recommended

Pain specialist of 30 years, Dr. Jahner comments on the 3D-weave technology. "Infrared therapy has been used for years at medical clinics to treat vascular and circulatory conditions. Physical therapists



The infrared anions generated by the charcoal bamboo increase blood flow and deliver oxygen to the tissues. After wearing for only minutes there is an increase in temperature due to the increased blood flow, resulting in improved comfort and reduced swelling. Twenty minutes after using the anion-fiber infused socks, patient has better blood flow and less numbness.

use infrared therapy to speed recovery. Better blood flow equals less pain. This microfiber works much the same way."

"Circulatory dysfunction affects MOST of the adult population in the United States. Heart Disease, Strokes and Diabetic conditions are at epidemic levels; anything that improves circulation improves cellular health and vitality. I use the Bambusa product myself and recommend it to my clients. It really works!" states Dr Jahner.

Results in Minutes?

John G. of California claims he felt immediate results with his tired, swollen feet. "Without exaggeration the relief was almost instantaneous. It is like a heating pad set to low and wrapped around my calf. I will be replacing my entire set of dress socks with these socks!"

Relief for Tired, Swollen Feet

Bambusa™ socks are not a medical device or compression socks because they don't restrict blood flow. Utilizing the special negative-anion technology, they comfortably increase blood flow and oxygen to tissues. "My feet felt wonderful, cool, and I never got that pins and needles feeling anymore. I love my Bambusa™ socks," says Nancy, from NJ.

They are ideal for diabetics and those suffering from neuropathy or injury from repetitive use. Bambusa™ socks can also bring comfort to tired legs within minutes of putting them on, energizing individuals who spend long hours on their feet.

Goodbye to Pain and Numbness

Marilyn H. has suffered persistent foot problems for years and noticed fast results. "The issue for me was per-

sistent numbness in my toes - it was gone completely after a few days of wearing these socks! Being diabetic, I never had pain-free feet - UNTIL NOW!"

"I went out on the golf course for 18 holes of golf, and when I got home my feet weren't swollen, they weren't sweating and my feet didn't hurt," says Lou B. from New York.

BENEFITS:

- Increased blood flow and oxygen
- Reduced swelling and pain
- Anti-microbial
- Wicks away moisture
- Increased range of motion

IDEAL FOR:

- Neuropathy
- Raynaud's Syndrome
- Cramping
- Cold Feet

Tom from NJ reports, "I suffer from chronic foot cramps. My feet were sore for days after the cramping. My wife gave me the Bambusa™ socks, I wore them, and the foot cramps stopped. I replaced all my socks with Bambusa™. My feet feel great now."

Try Bambusa Risk Free!

Order Bambusa™ at no risk and receive two bonus pairs of socks absolutely free! The technology used in Bambusa™ socks is independently tested to boost circulation, blood flow and oxygen. These circulation-boosting socks allow you to wrap yourself in relief.

Bambusa™ is backed by a satisfaction guarantee so you can experience the short and long term results risk free.

Receive 2 Free Pairs of Socks!

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Men's Basketball Signs David Johnson for 2014-15 Season

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Aromashodu Concludes Collegiate Career at NCAA Preliminary Round

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