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East /West Boca Raton, Highland Beach, Delray Beach, Deerfield Beach, FL - September 20, through September 26, 2013 • Year IV • Number 158

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## Rotary International Program Institute Took Place at Boca Raton Resort & Spa



By: Linda Santacruz

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By Joshua Glanzer

In U.S. News and World Report's annual "2014 America's Best Colleges" rankings of what the publication considers to be the nation's top 270 national universities, Lynn University is again listed for enrolling the fourth largest percentage of international students.

With 22 percent of Lynn's undergraduate student body hailing from 77 countries around the world, only The New School, Florida Institute of Technology and Illinois Institute of Technology have a higher percentage of international students. "We look forward to seeing our international student rankings each year," said Kevin M. Ross, president of Lynn University.

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**Angela Tulio reading The Boca Raton Tribune**



Send us a picture of you reading The Boca Raton Tribune to [pictures@bocaratontribune.com](mailto:pictures@bocaratontribune.com)

## Funky Biscuit Grooves into Third Season

By Skip Sheffield

"I played this room back when it was called Bar 303," Al Poliak reminisces. "I was amazed at how good the room sounded, even without the PA system we have now. The owners were looking for something different. It could have just been another bar, but this place is special."

"This place" is the Funky Biscuit at 303 S.E. Mizner Blvd. in Royal Palm Place. It is a concert venue with restaurant service, and a reputation that has been growing among the national musical community. A Wednesday night Brazilian Music Series wraps up Sept. 25 with Rose Max.

"We want to bring in a wide variety of national acts," Poliak explains. "It's hard to make a go if it as just a jazz club, or just a blues club. It has gotten to the point where well-known acts know about us and are willing to re-route tour plans to visit Boca Raton."



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# PAGE TWO

The Boca Raton Tribune

**Quote of the Week:**

*For what shall it profit a man if he gains the whole world yet losses his soul? Mark 8:36*

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## Barrys Buzz



• A memorial service for former Congressman E. Clay Shaw will be 11:30 a.m. Sept. 21 at St. Anthony's Catholic Church, 901 NE 2 Ave. Ft. Lauderdale, FL. In lieu of flowers, donations in his memory may be made to the Lung Cancer Alliance, P.O. Box 418372, Boston, Ma 02241-8372 or online at www.lungcanceralliance.org. He was a Statesman and a Mensch and will be sorely missed by his wife Emily, family and myriad of friends. R.I.P.

• Boca City Council will pay University of Florida researchers up to \$100,000 to study if downtown business property owners would be willing to pay a third tax to improve parking and transportation around town for their customers.

• Newsmax Media will expand into Boca, taking 50,105 sq. ft. in the 137,000 sq. ft. 750 Park of Commerce Dr., for its online television channel and more.

• The Brazil USA Trade Show is Sept. 20 on the campus of Palm Beach State College in Boca Raton, co-sponsored by the Boca Raton Tribune.

• Hospice by the Sea and Hospice of Palm Beach County have agreed to combine and form a parent company that will offer coordinated care.

• U.S. Bank has filed a foreclosure lawsuit against the 156,898 sq. ft. 791 Park of Commerce Blvd. building on 10 acres, with GE/Interlogix, Champion Solutions and Global Network among the tenants, which is 93 percent leased.

• The Raw Garden, a vegan café opened at 179 SE Mizner Blvd. next to the juice bar Juiceateria. Both restaurants are connected.

• The Sonoma House, a private events and catering venue for up to 350 guests, opened at 2220 NE 11 St. with Wes Spicer and Denis Max as principals.

• The Palm Beach Post's Alexandra Clough reports that Burt Rapoport will open Apeiro, (Italian for infinity) next to

Burt & Max's in the Delray Marketplace.

• Lord and Taylor will open Oct. 10 at Mizner Park. For updates, text BOCA to 95555, or sign up for emails at lordandtaylor.com/boca.

• The Levis JCC is recruiting athletes, volunteers, host families and sponsors for the 2014 JCC Maccabi Games in Boca Raton. Call 561.852.3206 for info.

• The 1.5 acre Drop in Action Sport Complex has opened in Loggers' Run Park, 11185 Palmetto Park Road, West Boca, for skateboard, bike or inline skate enthusiasts, from 2 to 8:45 p.m. daily. Fee is \$10. See www.dropincomplex.org for more information and forms for minors to participate.

• The Palm Beach County Convention and Visitors Bureau was awarded the coveted Henry Award at the Flagler Awards presentation held during the Florida Governor's Conference on Tourism yesterday at the Loews Royal Pacific Resort in Orlando. With a record-breaking 203 entries for this year's awards, the CVB earned the highest honor in the Special Events category for its Rock the Vote in The Palm Beaches and Boca Raton Live Concert and Screening of the 2012 President Debate, which took place in October 2012 during the final debate at Lynn University.

• 80,000 of the 249,000 mortgages in Palm Beach County are underwater with a median home price of \$249,000, a decline of 40% from the median price just six years ago. Factoring in the lack of 20% equity in ownership, underwater mortgages reach a hefty 120,000 total.

• The Feds have revised the requirements for reverse mortgages, a big seller among South Florida senior citizens, over age 62, including new restrictions on the amount of loan proceeds issued on the mortgage plus lenders may require escrow accounts for taxes and insurance. The revisions are in response to increased loan defaults by south Florida seniors who lead the nation in reverse mortgage failures.

• Another bill has been filed to ban red light cameras from public streets, but the vendor has hired 24 lobbyists to block any move to eliminate them.

• The Boca Palm Beach Business Connection meets every Wednesday

7:45 a.m. to 9:00 a.m. at the Boca Polo Club TooJays, 5030 Champion Blvd. on Military Trail, north of Clint Moore Road. No dues, no fees, no mandatory meetings. Bring business cards. Join free at www.yourlinktolocalbusiness.com.

• The Prisoner, Thanks for Sharing and Battle of the Year 3D opens at the Boca Cinemark Palace & Premiere and Regal Entertainment Shadowwood theatres. Hitlers Children opens at the FAU Living Room Theatres. The Prisoner opens at the Movies of Delray and Lake Worth.

• Barry Epstein live features Slow Burn Theatre Company co-founders and co-artistic directors Matthew Korinko and Patrick Fitzwater, Business Connection organizer Jeff Manz, Organic Cellar Plus Florida distributor Linda Scheele, Florida Marketing Center Manager Al Jabaly and Movie Maven Morrie Zryl on www.wrpbitv.com at 10 pm Thursday and 10 am Friday. Watch to win free tickets to the Cinemark theatres.

• World renowned Fine Art photographer Clyde Butcher has an exhibit through Nov. 8 at the Downtown Library, 400 NW 2 Ave., Boca Raton and a Film Documentary, "Visions of Florida", 4 to 5:30 p.m. Sept. 28, presented by Jackie Butcher-Obendorf. Register free: (561) 393-7852.

• Moon Over Buffalo will run to October 6th at The Broward Stage Door Theatre, 8036 Sample Road, Coral Springs. Go to www.stagedoorfl.org or call 954.344.7765 for tickets and more information.

• The Sound of Music will be the first production at the new Wick Theatre, formerly the Caldwell on Sept. 20. Call 561.995.2333 or 561241.7432 for tickets.

• The Boca Raton Children's Museum, has a family fun day 11 am. to 3 p.m. Sept. 21, at 498 Crawford Blvd. Call 561.368.6875 or visit www.cmboca.org.

• The Annual Tastemaker progressive tasting will be at 11 Mizner Park restaurants Sept. 24 and 25.

• The Twilight of the Golds is Sept. 20-Oct. 27 at the Broward Stage Door Theatre, 8036 Sample Road, Coral Springs. Go to www.stagedoorfl.org or www.stagedoortheatre.com or call 954.344.7765 for tickets and more information.

*Barry Epstein, APR, is a noted public relations, marketing and political consultant based in Boca Raton, president of the Luxury Chamber, the West Boca Leaders networking group and the founder and former president of the West Boca Chamber of Commerce; with a weekly internet television show on the Boca Tribune website. His motto is Public Relations is the enemy of anonymity. Fax column items to 561.451.0000. His column/blog is in the Boca Raton Tribune and on the Boca Tribune website (and click on columnists), on Facebook, as well as on the front page of the Sun-Sentinel/Jewish Journal website.*

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# Community News

The Boca Raton Tribune

## Rotary International Program Institute Took Place at Boca Raton Resort & Spa



Judith Cruz, Treasure Coast Food Bank CEO, Gary Hwang, Rotary International President Elect, Anne L. Matthews, Rotary International Vice President, Corinna Hwang, and John Hewko, Rotary International CEO.

**By: Linda Santacruz**

The annual program institute for Rotary International Zones 33 and 34 took place again on Sep. 5 through the 8 at the Boca Raton Resort & Spa in Boca Raton, Fla.

According to the Rotary International Vice President, Anne L. Matthews, around 425 Rotary members attended. Some of the program's goals were to provide training for incoming governors and to share information on all the Rotary Foundation programs helping the less fortunate all over the world.

They also offered information on the new resources on the Rotary web page, donated food for thousands of hungry children and presented motivational speeches to inspire the Rotarians to engage in more service projects in their communities.

John Germ is a Rotary International Trustee from Chattanooga, Tennessee and has been a Rotary member since 1976.

"I'm not a member of this zone but I've been to their institutes before and they got a well-designed program that covers a lot of the things that Rotary is interested in," Germ said. "Which mainly is to try and engage the public and engage Rotary to help people in need."

During the week-long educational program, Rotarians helped package 10,000 meals for Stop Hunger Now. The 400 plus

members of Rotary International donated more than 1,600 pounds of food to Treasure Coast Food Bank. The donation will provide 1,970 meals for hungry families and children.

"Rotary has six key focus areas based around education and humanitarian aid. Feeding the hungry is part of that focus and of particular interest to me personally," said Matthews.

Zones 33 and 34 are Rotary Clubs from Mid-Atlantic and Southeastern USA, the Caribbean, Puerto Rico, French Guiana, Guyana, and Suriname. Every year the event takes place in one of these locations. Last year it took place in Hilton Head, South Carolina.

According to Matthews, the biggest distinction from this year's program compared to previous years was the resort itself where the event was held.

"Every year we go to different locations in the two zones. We always have excellent Institutes," Matthews said. "The Boca Raton Resort was truly outstanding -- with their food, hospitality, quality service at every meal, and detailed attention to our needs. It was the very best hotel and staff that we have ever had for an Institute."

According to Matthews, this year's program was "super in every way." Next year's program institute will take place in Grove Park Inn, Asheville, NC next November.

## FAU to Host 'Celebrating the 50th Anniversary of Printing, the Mind of Man' Display

**By Carol West  
Special to the Boca Raton  
Tribune**

Florida Atlantic University will host "Celebrating the 50th Anniversary of Printing and the Mind of Man," a prominent display to honor a landmark exhibition held in London to promote books and their role in advancing knowledge, now through Monday, Oct. 4, at the Wimberly Library, 777 Glades Road, Boca Raton campus.

The Wimberly Library's display, like the "Printing and the Mind of Man" exhibition at the British Museum and the Earls Court Exhibition Centre in 1963, features some of the most influential texts that have contributed to Western Civilization since the invention of the printing press more than 500 years ago.

Special Collections selected 33 celebrated books from 80 titles that are included in both FAU Libraries' prestigious Marvin and Sybil Weiner Spirit of America Collection and the Printing and the Mind of Man exhibition catalog, to show.

One treasure, "The Anatomy of Melancholy" by Robert Burton, one of the 17th century's most popular documents, was presented as a medical textbook. The book features a compendium of mediaeval medicine, classical legends, anecdotes, wit, philosophy and poetry. Another, "The Albert N'yanza: The Great Basin of the Nile and Explorations of the Nile Sources," written by Samuel White Baker and published in London in 1866, is about Baker, an English explorer who helped to locate the sources of the Nile River. Among the other gems on display is the 1775 edition of "A Dictionary of the English Language" by Samuel Johnson, who

singlehandedly documented English lexicography, codified the spelling of English words, included full definitions and included illustrations from authoritative writers. The work greatly influenced Noah Webster and the compilers of the Oxford English Dictionary.

The Weiner collection, gifted to FAU Libraries in 2006, consists of more than 13,000 items, including first and later editions of books, manuscripts and pamphlets that were printed before 1865. Marvin Weiner wanted students to have hands-on experience and to do research with the collection.

"Mr. Weiner's acquisition of the collection was a major act of scholarship in itself, a determined intellectual pursuit to reproduce Thomas Jefferson's library and gather the publications that reflected the intellectual currents that helped to produce the American Revolution," said William Miller, dean of university libraries at FAU. "To quote one scholar, the collection is 'nothing less than the intellectual history of the origins of the American Revolution. Reaching back to classical antiquity, the collection is an extraordinary assemblage of primary sources relating to the idea of freedom in the Western tradition.'"

"Celebrating the 50th Anniversary of Printing and the Mind of Man," located in the first floor lobby atrium, is free and open to the public. The display can be viewed Monday through Thursday from 8 a.m. to midnight, Friday from 8 a.m. to 6 p.m., Saturday from noon to 6 p.m. and Sunday from noon to midnight. Metered parking is available at the Wimberly Library. For more information, call 561-297-2693 or email lysca@fau.edu.

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## Lynn Ranked For Having the Nation's 4th Largest Percentage of International Students

By Joshua Glanzer  
Special to the Boca Raton  
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In U.S. News and World Report's annual "2014 America's Best Colleges" rankings of what the publication considers to be the nation's top 270 national universities, Lynn University is again listed for enrolling the fourth largest percentage of international students.

With 22 percent of Lynn's undergraduate student body hailing from 77 countries around the world, only The New School, Florida Institute of Technology and Illinois Institute of Technology have a higher percentage of international students.

"We look forward to seeing our international student rankings each year," said Kevin M. Ross, president of Lynn University. "It's our vision to be recognized as one of the most innovative, international and individualized small universities in America, and their annual ranking consistently reflects our achievement as having one of the highest percentage of international students in the nation. We are very proud of the experience our diverse campus

provides all of our students."

Lynn's percentage of international students continues to grow each year. In U.S. News' 2013 list, Lynn reported 18 percent international students, up from 17 percent in 2012 and 15 percent in 2011. Additionally, the university welcomed the largest class in six years this fall and the most international students in the school's history.

Having more international students can benefit the entire campus community. "International students can add diversity to a college or university, enriching the experience of other students on campus," as described by U.S. News. "Schools with a strong global presence often have a wealth of cultural groups and events, allowing international students an opportunity to share their food, music and traditions with their U.S. peers."

U.S. News & World Report also recognized Lynn for its consistently small class size. The school was ranked 78th in the country for "Highest Proportion of Classes With Fewer Than 20 Students" at 51.6 percent. The school's student to teacher ratio is only 15:1.

## Abbey Delray Names new Executive, Marketing Directors

DELRAY BEACH— David Randazzo has been named the executive director of Abbey Delray, a senior living community in Delray Beach. Randazzo will continue his current role serving as executive director of Abbey Delray South, a second senior living community in Delray Beach. Both are owned and operated by Lifespace Communities, Inc.

Randazzo will oversee operations and marketing strategies for the two senior living communities. His expanded role at Abbey Delray is the result of his successful performance and achievements as an executive director with the Lifespace organization.

Randazzo has served as executive director of Abbey Delray South since 2009, and has been a part of the nonprofit Lifespace organization for nearly a decade.

Abbey Delray also named Cindy Ekonomou its new director of marketing. She will be responsible for helping educate active seniors in the Delray Beach area about the benefits of choosing a Life Care community. Ekonomou comes to Abbey Delray from her director role with the Palm Beach County Convention & Visitors Bureau. In addition, she has 20 years experience as a sales and marketing director in South Florida's hospitality industry.

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# DESIGN MATTERS

## County Commissioners Provide Federal Tax Relief for Employees with Domestic Partners

Palm Beach County Board of County Commissioners directed staff to draft a tax equity policy to reimburse employees for the additional federal income taxes they pay on the value of their domestic partners' health insurance benefits.

When the policy is implemented, Palm Beach County will become the nation's largest public employer to provide tax relief for employees with domestic partners.

"Once again, elected officials in Palm Beach County have taken steps to ensure that employees with domestic partners receive equal take home pay for equal work," said Rand Hoch, President and Founder of the Palm Beach County Human Rights Council.

Four of the Florida's seven tax equity policies have been instituted by public employers in Palm Beach County, placing the county at the forefront of the tax equity movement nationwide.

Within the past year, policies to offset the additional federal tax burden paid by employees who insure their domestic partners were adopted by the City of West Palm Beach, the Palm Beach County Property Appraiser and the Constitutional Tax Collector for Palm Beach County.

More tax equity policies have been enacted by public in employers Florida than in the remaining 49 states combined.

PBCHRC is a non-profit organization, which, for the last 25 years, has been dedicated to ending discrimination based on sexual orientation, gender identity and gender expression. The organization has also been the prime mover for domestic partnership benefits in Palm

Beach County for more than two decades.

At PBCHRC's request, in mid-summer County Commissioner Mary Lou Berger formally asked County staff to look into providing a reimbursement to county employees who were subject to the additional federal tax burden.

"It is not fair for employees with domestic partners to have to pay more than their married co-workers," Berger said.

In the Executive Brief prepared for county commissioners by the risk management department, staff explained that a tax equity policy would provide \$135,783 in tax relief for the forty-eight county employees who insure their domestic partners.

"Commissioner Berger's leadership on workplace equality issues is exemplary," Hoch said. "County staff also did an excellent job in preparing the executive brief for the county commissioners,"

Hoch predicted that in light of last week's IRS determination to treat same-sex and opposite-sex married taxpayers equally, the cost of implementing the tax equity policy will actually be less than expected.

"If any gay and lesbian county employees were married in states which permit same-sex marriages, then they are no longer subject to the additional federal income taxes," Hoch said. "Therefore, they would not be in need of the tax relief to be provided by the tax equity policy."

Palm Beach County Mayor Steven Abrams suggested that Palm Beach County model its new policy after one used by the City of Miami Beach, which has the most comprehensive tax reimbursement policy in the nation.

## Free Trees Available to Groups Looking to Help Wildlife, Better Their Community

By Aislinn Maestas  
Special to the Boca Raton Tribune

National Wildlife Federation is currently taking applications for organizations and groups wishing to hold a native tree planting this fall as part of its Trees for Wildlife program. Trees for Wildlife is an educational program of the National Wildlife Federation, providing adult leaders with fun, hands-on science-based activities to help young people learn about the importance of trees to communities and wildlife and how to plant and take care of trees for the future.

"Increasing urbanization has impacted the nation's tree canopy by reducing the number of trees within urban and suburban America," said Eliza Russell, director of education programs at National Wildlife Federation. "Tree planting events provide opportunities to educate

and prepare the next generation of environmental stewards, expand the world inventory of trees and protect and improve natural resources."

Free native species tree seedlings are currently available to partners, volunteers, schools, NWF affiliates and community groups. These trees have been donated for planting by NWF members and donors. All trees that are planted will be native to the region where they will be planted.

Applicants can choose from three different types of events in their application, either a tree planting at a physical location, a community tree giveaway or a combination of both. Before applying, please review the full guidelines to check eligibility. Please note that each season NWF awards as many trees as possible, but due to high demand, not all applications will be successful. The deadline to apply for trees is Sept. 21, 2013. NWF Trees for Wildlife applications are available at [www.nwf.org/trees/apply](http://www.nwf.org/trees/apply).

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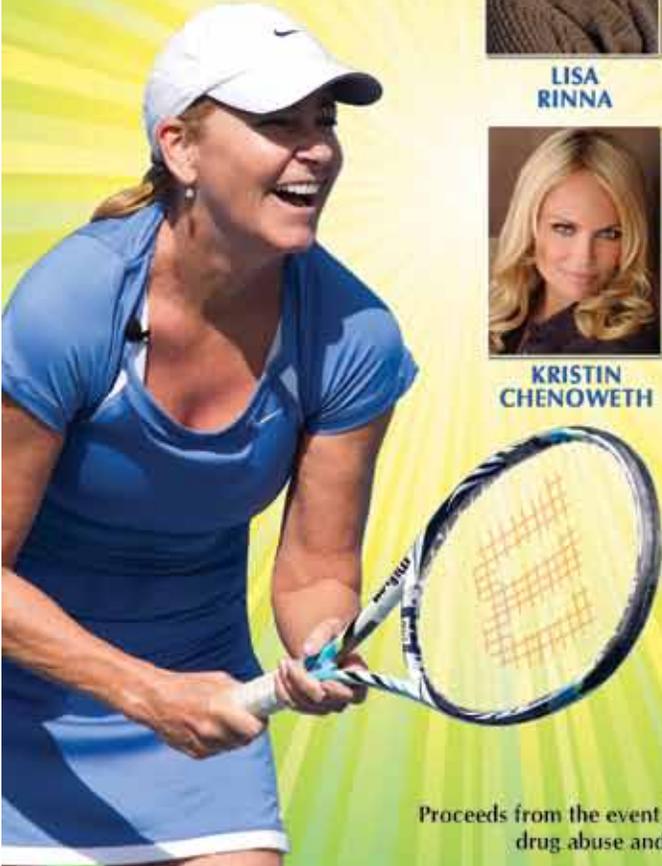
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## “Sing-A-Long Under the Stars” Free Friday Movie Night

By **Hillary Reynolds**

BOCA RATON – Sing, dance and dress the parts of two classic sing-a-long films, Willy Wonka & the Chocolate Factory on Friday, Oct. 11 and Mamma Mia! on Friday, Oct. 18, both starting at 7:30 p.m. at Downtown Boca’s MPA at 590 Plaza Real. Both events are free and open to the public.

Attendees are encouraged to dress in costume and sing along with both movies. Prizes will be awarded to the best dressed.

In keeping with the “Willy Wonka” theme, on Friday, October 11, one lucky person will be the recipient of a “Golden Ticket,” winning a special grand prize. Chocolate and candy (available for sale) will fill the MPA to include decadent martinis, desserts, and other tasty treats. Mizner Park’s Sloan’s Ice Cream will be on-site with a multi-flavor Ice Cream Bar; special toppings bar with all things chocolate; fudge and assorted pre-made candy bags.

Directed by Mel Stuart, Willy Wonka & the Chocolate Factory is a 1971 musical film starring Gene Wilder as Willy Wonka that tells the story of a boy who receives a golden ticket and visits Willy Wonka’s chocolate factory with four other children from around the world. In

1972, the film received an Academy Award nomination for Best Original Score.

On Friday, October 18, Mamma Mia! fans are welcome to wear their favorite 70s costumes and sing to such ABBA favorites such as Dancing Queen, Super Trouper, SOS and Take a Chance on Me.

Mamma Mia! is a 2008 American-British musical/romantic comedy film adapted from the Broadway musical of the same name, based on the songs of successful pop group ABBA. The title originates from ABBA’s 1975 hit Mamma Mia! and stars Meryl Streep, Pierce Brosnan and Colin Firth.

Blankets and chairs are welcome, but for convenience, chairs will also be available to rent for \$5.

Attendees are encouraged to walk, bike, car pool and use free parking at City Hall and the Boca Raton Library. Preferred parking is available adjacent to the amphitheater for \$10. Limited parking is also available in Mizner Park. Food and beverages will be available to purchase inside the venue. Outside alcoholic beverages are prohibited.

For more information visit [www.mizneramphitheater.com](http://www.mizneramphitheater.com) or [www.downtownboca.org](http://www.downtownboca.org)

For recorded information call 561-544-8600.



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# 3rd Annual Meet Me on the Promenade Celebrates Downtown Boca with Free fun for all

What has become one of the most anticipated community events of the year, Downtown Boca's 3rd Annual Meet Me on the Promenade will bring one night and one full day of free fun for all! The event begins on Friday, Oct. 25th from 6 p.m. to 10 p.m. and continues on Saturday, Oct. 26th from 10 a.m. to 6 p.m. along The Promenade, connecting through Palmetto Park Road, N.E. First Avenue, Boca Raton Road, Mizner Park, Sanborn Square and Royal Palm Place.

The festivities kick-off on Friday, Oct. 25 at 6 p.m. in Sanborn Square as live music fills the streets with performances by calypso band Pan Paradise and followed by show band favorite Solid Gold presenting "Dancing Through the Decades."

On Saturday, Oct. 26, event-goers of all ages will enjoy a variety of activities including a car show; arts and crafts festival featuring 60 local artisans; exhibits and displays showcasing many community organizations; an on-going schedule of live entertainment; cultural, wellness and non-profit showcases; sports and games; restaurant food tastings and specials; an array of food trucks; and children's activities including face painting, bounce house and much more.

New this year is an "Interactive Pop-Up Art School" at The Promenade, a day-long series of

FREE interactive art workshops led by the Art School at the Boca Raton Museum of Art whereby festival-goers can choose to learn the basics of a variety of disciplines from canvas painting to pottery. Available for purchase will be a commemorative Promenade Poster (for a minimal fee) created by a local artist from The Artists Guild, an Auxiliary of the Boca Raton Museum of Art, with all proceeds benefiting the Museum.

Saturday morning starts early with the American Cancer Society's 11th Annual Making Strides Against Breast Cancer Walk that begins at the Mizner Park Amphitheater and routes walkers through Downtown Boca along Palmetto Park Road to AIA and back. Meet Me On The Promenade festivities immediately follow running into the evening hours.

Meet Me On The Promenade sponsors to date include Allianz Championship; Coldwell Banker; Investments Limited; Ram Realty Services; Sheehan AutoPlex; WPEC12; Clear Channel Radio, and Tucci's.

For updates on Meet Me On The Promenade and other Downtown Boca events, visit DowntownBoca.org often, become of a Facebook fan at [www.facebook.com/DowntownBoca](http://www.facebook.com/DowntownBoca) or call 561-367-7070.

# 3rd Annual "Stand Down" Event to Benefit Homeless, at Risk Veterans

DELRAY BEACH - The 3rd Annual "Stand Down", an effort dedicated to assist veterans in need, will be held on Saturday, Sept. 28, from 12 noon to 5 p.m. at Pompey Park, 1101 NW 2nd St.

Hosted by Faith\*Hope\*Love\*Charity, Inc. in partnership with the U.S. Department of Labor and West Palm Beach Veterans Affairs Medical Center, the event is free and open to the public.

More than 50 organizations will be onsite to provide assistance

to homeless/at risk veterans, offering free food, clothing, health screenings, employment opportunities, VA enrollment, haircuts and much more. Services will also be available for the general public. In addition, fun activities are planned throughout the day including music, live entertainment and a kids zone.

For more information, contact Joshua Maddock at (561) 968-1612 or E-mail [jmaddock@standdown.org](mailto:jmaddock@standdown.org).

## COMMUNITY BRIEFS

### PZB's New Program Speeds up Contractor Enrollment County-wide

The Palm Beach County Planning, Zoning, & Building Department is making it easier for construction contractors to do business throughout Palm Beach County.

Currently, contractors must enroll with the county to work in unincorporated areas. They must also enroll with individual municipalities to work in incorporated areas. That's a lot of time and paperwork, and could also mean a lot of money.

To speed things up, contractors who enroll with Palm Beach County will now have their information available to participating municipalities without having to re-enroll. Member cities have the option of accessing the information through the county's website or they can employ an automated process to obtain information.

Twelve municipalities are taking part in the program initially, and others are expected to sign on soon. For details, please call the Palm Beach County Contractors Certification Division at 561-233-5525.

### Bingo Comes to Temple Sinai

DELRAY BEACH - Bingo is an exciting new event coming to Temple Sinai starting Wednesday, Oct. 2, at 6 p.m., Temple officials said.

The Temple's Bingo game, at 2475 W. Atlantic Ave., Delray Beach, will be giving out \$2,500 in prizes every Wednesday.

Games begin with early birds at 6 p.m., followed by the regular Bingo

game at 6:30 p.m.

Vouchers for a free food item and a drink will be given with every paid admission packet for the month of October.

Doors will open at 5 p.m. and food will be available from 5 to 6:30 p.m. and during intermission.

For more information, call 561-276-6161.

### New Arrivals

Boca Raton Regional Hospital has announced the appointment of the following physicians to the Hospital's medical staff:

Eric Lloyd, MD, specializes in orthopaedic surgery. He attended medical school at Columbia University College of Physicians and Surgery in New York. He completed his internship and residency programs at Jackson Memorial Hospital in Miami, and his fellowship at the Hospital for Special Surgery in New York.

Anjan Patel, MD, is board certified in family practice. He attended medical school at the American University of Antigua in Antigua, Windward Islands. His internship and residency programs were completed at Underwood Memorial Hospital in Woodbury, N.J.

Charlton Stucken, MD, specializes in orthopaedic surgery. He attended medical school at Boston University School of Medicine in Boston. He completed his internship and residency programs at Boston University Medical Center in Boston, and his fellowship at Rothman Institute in Philadelphia.

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## Business

DOUGLAS HEIZER: *C.E.O*  
DINI HEIZER: *C.O.O.***EDITORIAL***By C. Ron Allen***Fix our Nation's Broken Mental Health System now**

Earlier this week, the country was shocked to learn that a gunman shot and killed 12 people at the Navy Yard, a U.S. Navy command complex building, in Washington, D.C.

The tragedy sparked yet another so-called "national conversation" about gun control, igniting predictable passions on both sides of the heated debate. And as with any national tragedy, calamity or disaster, there is overwhelming bipartisan outcry to fix our nation's broken mental health system.

We heard this following the tragic elementary school massacre in Newtown, Conn., in December. Yet despite this consensus, it appears that Congress has not taken any tangible action.

On Tuesday, the Senate's Democratic leader, Sen. Harry Reid of Nevada, and his Republican counterpart, Mitch McConnell of Kentucky, opened speeches on the floor of the Senate chamber with an echoing litany of praise for the military and first responders and well wishes for the wounded and the families of the dead in the Navy Yard shooting. No legislative remedy was suggested by either man. Reid segued abruptly to a defense of the Affordable Care Act and excoriated Republicans for persisting in their efforts to strip its funding.

I spoke to one of my Congressman's staffers this week only to learn that "Gov. Scott said he didn't want the money from President Obama."

This isn't the only obstruction to the Affordable Care Act coming from. Since the law was passed and upheld by the U.S. Supreme Court, Florida officials have turned down health grants allocated through the law, they decided not to expand Medicaid, and have prohibited the state insurance commissioner from regulating insurance premiums.

Some county officials have been getting around the state-ordered obstruction of navigators, though. Pinellas County health officials said because their facilities are county-owned, they wouldn't have to follow the ban.

Just recently, I attended Open House at one of our schools where I spoke to some parents about KOP, formerly Knights of Pythagoras Mentoring Network, a mentoring program that I volunteer with.

The most striking thing that happened was the parents, the mothers, who talked to me about their children who suffered from

depression and bipolar disorder. Never had these women seen me before, yet it was obvious they were grasping for help, reaching out to anyone who could provide them hope for their babies. Some of these stories were truly heartbreaking, and after leaving that meeting, I became committed to fight to better our mental health system.

CRA & Associates, my media relations company, will host a series of seminars and forums to address mental health issues in economically depressed and minority communities.

The first community forum, scheduled from 10 a.m. to 12 noon, Saturday, Oct. 26, will focus on recognizing mental health issues in youth and how drug abuse coincides; the role of law enforcement and options for counseling.

CRA & Associates has taken up this cause with KOP and Boca Raton-based Breaking the Silence, an emerging mental healthcare series for high school students. Taking it another step, our experts want to address the community as a whole. Partnering with the Delray Beach Police Department also helps deliver information from the view of law enforcement. The idea of these mental health workshops is to open the communication lines to mental health issues, which are often not discussed in depressed communities, especially black or African American. Too often depression goes unrecognized, thus, self-medicating takes on the form of street drugs and alcohol.

Most of us know someone who has struggled with mental illness, but who feels uncomfortable talking about it.

Whether it is a friend, neighbor, or family member, mental illness impacts all of us in some way. But we are uncomfortable talking about it.

Unfortunately, too many Americans suffer in silence rather than getting the help they need. One-third of those with mood disorders do not receive the treatment they need, and fewer than half of those with severe mental disorders receive treatment of any kind in a given year. This is unacceptable.

We must reverse what has become the status quo for too many mentally ill individuals, unemployment, homelessness, incarceration, hospitalization, and the rare yet devastating tragedies that have occurred in Virginia Tech, Aurora, and Newtown, and now in D.C.

**Letter Guidelines**

Letters must be signed with name clearly legible along with a phone number and complete address.

No unsigned or anonymous letters will be considered for publication.

The Boca Raton Tribune reserves the right to

edit the letters for spelling, grammar, news style, good taste and available space. Letters from the same author will not be published more often than every 60 days.

E-mails to columnists may be used as letters to the editor.

All letters to the editor should be sent to:  
The Boca Raton Tribune,  
P.O. Box 970593 - Boca Raton, FL 33497

**Letters to the Editor**

Dear Doug,

It was nice to see you again at the Brazilian Love Affair. I had the pleasure of meeting you before, as I am active in various organizations here in Boca. I wrote you a few times complimenting you for your excellent articles/editorials which mirror my thoughts compared to the awful leftist way of thinking reflected in the "mail stream media".

I enjoy seeing some of my friends in the paper too.

Sincerely,  
Doratheia Madrigano

**LaffToon!****by Rick Enright**



## INTEGRITY MOMENTS

By Rick Boxx

### Dividends Of Employee Happiness

An organization called “Delivering Happiness at Work” had some great insights that were outlined in a Wall Street Journal article about happy employees. A study it conducted has discovered happy, content employees have 31% higher productivity, 37% higher sales, and are three times more creative.

Although the research did not make this conclusion, employee attendance levels likely would also be higher and absentee levels lower when they feel happy and fulfilled in the work they perform.

This survey identified three major factors involved in having happy employees within an organization:

1) People need to enjoy the tasks required of them.

2) They need to be able to focus

on the things they do best.

3) They need to be proud of their employer.

Based on this research, it would seem that if you want to foster higher productivity, it would be advisable to know and care about your employee’s strengths and passions. A passage from the Bible, although it seems directed to an agrarian context, applies well in this regard: “Be sure you know the condition of your flocks, give careful attention to your herds” (Proverbs 27:23).

Trying to implement the three factors cited above would be a good first step. We could learn more specifically how to fulfill these needs by soliciting suggestions from them, or conducting small group meetings where their ideas are welcomed and

thoughtfully considered.

But employee happiness and contentment should involve more than a desire to improve the company’s bottom line. Striving to establish a work environment that is conducive to happy workers is also the right thing to do.

Consider if roles were reversed – that your employees, or the people who report to you, were instead the employer and you were reporting to them. How would you want to be treated? What kind of working environment would you desire to have provided for you? In what is often referred to as his

“Sermon on the Mount,” Jesus told his followers, “So in everything, do to others what you would have them do to you” (Matthew 7:12).

Often we presume workers are motivated primarily by financial compensation and other tangible benefits. However, employees that prove to be the most valuable, the ones most likely to remain high contributors to the company, are those that also derive intangible benefits such as feeling happy, fulfilled and appreciated for the work they do.

Thousands of years ago, King Solomon of Israel made this observation in Ecclesiastes 5:19 – “When God gives any man wealth and possessions, and enables him to enjoy them, to accept his lot and be happy in his work – this is a gift of God.”

*Rick Boxx has been married to his lively and lovely wife Kathy for more than 24 years. They are grateful for their amazing kids, Megan, Jeremy, and Rebekah. Rick is the author of several books and bible studies and is active in the community as the President of the board of City Wide Prayer Movement, part of the leadership team for the I Am Second campaign, and a founding director of Horizon Academy, a school for children with learning disabilities. Rick is an avid reader, loves water skiing, and relaxing with his family.*

## POSITIVE LIVING

By Dr. Synesio Lyra, Jr.

### Aiming at Humbleness is a Safe Goal!

Most people dislike the abrasive, arrogant, egocentric individual. No matter how safely hidden those qualities may be, they are always noticeable and most often not appreciated. One can be determined, act decisively in all endeavors and, yet, retain the proper measure of humbleness which facilitates human relations and transactions.

Humbleness is not a sign of weakness. On the contrary, most often it is a sign of strength and it enables one to achieve far more than the self-centeredness displayed by those devoid of this human quality!

Humbleness is not synonymous with humiliation, with poverty, ignorance, or any other undesirable experiences or conditions in which many fellow humans find themselves

perpetually. Truly humble people are not those on whom others walk on as a means of taking full advantage.

Being humble denotes recognition of not having all answers to everything; having an eagerness to consult others to guarantee the soundness of one’s personal proposals and activities. It is the contrary of forcing one’s way in every situation and demanding allegiance to one’s self and the ideas one advances!

Choosing humbleness as a personal characteristic is a most safe starting point for multiple positive, enduring achievements! It is a healthy goal for every thinking person to pursue and demonstrate by word and deed. It also includes appreciation for what others have to

share!

On my Twitter account, where I daily post personal ideas for challenge and encouragement, I once reflected that “being humble is a personal decision you make, a worthy goal you set for yourself, not a report you are expected to give!” In other words, just be humble and that attitude will take care of itself and do good among those who observe it, plus those who are more directly affected by your posture; you don’t need to call attention to it or it loses all its legitimacy!

In my youth I heard a report from a friend, which stayed with me ever since. The city of Wilmington, Delaware was just starting the use of modern city buses, which possessed some new, unique features.

This friend took a visitor on a tour of the city so as to experience the comforts of that new bus. As they were reaching their destination to disembark, the host said to his guest when the bus stopped: “Step down and the door will open!” Unfortunately, those words were not understood and that caused them to remain in the bus until the next stop. By stepping down, one would press on a device which would signal the driver that someone was getting off, and the door would automatically open to the departing passengers.

I never forgot that true story because it illustrates that in daily life also, each of us needs to learn to step down in humbleness before doors of opportunity and genuine blessing will open for us!

*Dr. Synesio Lyra, Jr. is a Florida resident who, for many years, was a professor at the post-graduate level. He is a writer, a sought-after conference speaker, a man who lived in five continents of the world, having received his education in four of them. When he resided in southern California, he wrote a weekly column for the daily “Anaheim Bulletin,” which was carried for about six years, until he moved to south Florida.*

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Community newspapers were the first form of "Social Network". Back before facebook, twitter, myspace and tumblr, community newspapers had the "news feed" we see today on facebook. When you wanted to see the pictures of your friend's birthday party, you would see them in a community newspaper. Since the creation of social media websites, community newspapers have flourished thanks to facebook and twitter. Now you can have your community news, your pictures of events fast online. We are proud to be a community newspaper and we hope to give you the news you want... **YOUR NEWS.** We are The Boca Raton Tribune and we are your closest neighbor.

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| <p>First Baptist Church of Boca Raton<br/>2350 Yamato Rd.<br/>Boca Raton, FL 33431<br/>561-994-4673<br/>Website: <a href="http://www.fbcboca.org">www.fbcboca.org</a><br/>Congregation Shirat Shalom<br/>PO Box 971142</p>  | <p>Grace Community Church<br/>600 W. Camino Real<br/>Boca Raton, FL 33486<br/>561-395-2811<br/>Website: <a href="http://www.graceboca.org">www.graceboca.org</a><br/>Sunday Worship: 9:15 am Contemporary<br/>11 am Traditional</p>   |

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# Municipal News

The Boca Raton Tribune

## Four arrested for car burglary after resident spotted them in the act

Boca Raton, FL – Officers from the Boca Raton Police Services Department responded to 2929 South Ocean Blvd at 4:00am Sunday morning. A resident in the building said while on the phone, she looked out her window and saw someone rummaging through a car she knew belonged to someone else. While officers were responding, the woman told dispatch the suspects left in a black Acura. Responding officers spotted the vehicle and conducted a traffic stop.

Inside the vehicle were 4

juveniles, 2 male, 2 female, one as young as 13 years old. The woman, who witnessed the incident, positively identified the front passenger, Alexander Schwartz, as the person rummaging through the car. While searching the suspect's vehicle, officers found four checkbooks belonging to the victim, an ID Card belonging to the victim's boss and some jewelry.

As a result all four were charged with Burglary of a Structure or Conveyance.

## Homicide suspect extradited from Colombia

Boca Raton, FL – On Wednesday, August 28, Edwin Carlos Bonell Bernal (aka Edwin Andes Zaragoza) was transported to the United States and arrived at Miami International Airport from Colombia. After a lengthy and painstaking investigation, Boca Raton Police detectives initially identified Edwin Zaragoza and Oscar Gonzalez Londono as participants in the robbery that resulted in the death of Wilmar Andrews Sierra Perez.

The homicide happened on May 7, 2008 at about 12:35 in the afternoon at 21310 Saint Andrews Boulevard. Two jewelry couriers, Leon Rozio and Timotea Garcia, who were carrying close to \$150,000 in jewelry, were robbed in the parking lot of St. Moritz. Rozio shot and killed the suspect (Wilmar Andres Sierra Perez) who was driving the getaway car.

In October 2008, detectives

requested an arrest warrant for Edwin Zaragoza with charges of felony murder, robbery with a weapon and burglary. In December 2008, Gonzalez Londono was located in Houston on unrelated charges. Detectives interviewed him and after he confessed to his involvement in the murder, they filed charges for felony murder and robbery with a weapon. In January 2009, Gonzalez Londono was extradited from Houston to Palm Beach County. In October 2010, Gonzalez Londono pled guilty and was sentenced to 10 years in prison.

In April 2010, detectives determined Zaragoza's true identity through the National Colombian Identification Registry as Edwin Carlos Bonell Bernal. After almost five years on the run, Bonell Bernal will finally face the charges of felony murder, robbery with a weapon and burglary.

## Two injured in scooter crash

Boca Raton, FL – On Thursday, August 28 at 12:33 p.m., Boca Raton Police Department's Traffic Homicide Unit responded to a serious injury crash which occurred in the 700 block of West Yamato Road.

A 2012 TaoTao Scooter and a 2011 Lincoln were both traveling east on West Yamato Road when the Lincoln struck the scooter.

Both the driver and rider on the scooter were transported to Delray Medical Center in serious condition. The driver of the Lincoln was not injured.

If anyone has information regarding this crash they are asked to please contact Traffic Homicide Investigator Mike Daly at (561) 620-6081.

## Detectives investigate two weekend robberies

Boca Raton, FL – The first robbery happened Saturday, August 31 in the area of 1000 NE Spanish River Boulevard.

Three teenage victims told Boca Raton Police officers that they were robbed of their cell phones as they were walking east over the Spanish River Blvd. bridge at about 4:30 p.m. The victims said they were approached from behind by a male who identified himself as an "undercover cop." After being told to empty their pockets, the victims put their cash, keys and cell phones on the sidewalk. The suspect then told the victims to walk a short distance away and sit down. One victim asked the suspect to show them a badge or identification. The suspect said he was going to meet a deputy and walked away. A few minutes later, when the suspect did not return, the victims went back to where they left their belongings, picked up their money and keys, but the cell phones were gone. The

victims walked back home before calling police.

The suspect is described as a white male, in his late 30's, 5'8" to 5'10" tall, stocky, muscular build, with short brown hair, blue eyes, clean shaven and tattoos on his arms. The suspect was wearing a grey hoodie and blue jeans.

The second robbery was reported on Sunday, September 1 at about 5:30 p.m. at the 7-Eleven, located at 1300 NW 2nd Avenue. The victim said while parked and looking for his wallet, a black male approached the passenger side of his Jeep, pointed a handgun at his head and demanded his wallet. The victim said that after he handed over his wallet, the suspect removed the cash, dropped the wallet, and ran.

The suspect is described as a black male, approximately 5'9" tall, medium build, dark complexion, wearing a red baseball hat and gloves, carrying a silver hand gun.

## Boca Raton Police investigate road rage case

Boca Raton, FL – Detectives from the Boca Raton Police Services Department are investigating a case of road rage. At approximately 1:30 pm on Saturday September 7th, an off duty Department of Homeland Security agent was driving east on Glades Road in the 6000 block with his wife and 3 children in the car. The off duty agent said he was cut off by a red car.

The driver of the red car drove into the Nordstrom's parking lot where he parked in front of the store in order to pick up another passenger. The off duty agent parked in front of the red car and exited his vehicle with his wife. When the off duty agent approached

the red car, the driver drove off, possibly hitting the off duty agent and/or the agent's wife. The off duty agent fired one shot at the car, striking the rear quarter panel. The driver of the red car drove home to Pompano and called his wife, who then called 911. A short time later, the driver of the red car came back to the scene and is cooperating with detectives.

This investigation is very preliminary. The names of the parties involved will be released after statements and other evidence are collected. Anyone with information about this incident is asked to call Detective Ron Mello at 561-620-6186.






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# B Life & Arts

The Boca Raton Tribune - B Section

September 20, through September 26, 2013 • Year IV • Number 158

## ENTERTAINMENT

### "The Short Game" Has Big Appeal



See page B2

## FOOD REVIEW

### Superior Dining At Frank & Dino's



See page B3

## Funky Biscuit Grooves into Third Season



### By Skip Sheffield

"I played this room back when it was called Bar 303," Al Poliak reminisces. "I was amazed at how good the room sounded, even without the PA system we have now. The owners were looking for something different. It could have just been another bar, but this place is special."

"This place" is the Funky Biscuit at 303 S.E. Mizner Blvd. in Royal Palm Place. It is a concert venue with restaurant service, and a reputation that has been growing among the national musical community. A Wednesday night Brazilian Music Series wraps up Sept. 25 with Rose Max. Upcoming national acts include Eric Lindell with Wild Magnolias Oct. 17; Royal Southern Brotherhood with Popa Chubby & Josh Garnett Band Oct. 25; The Heavy Pets and Sol Driven

Train Oct. 31; Jimmy Thackery & the Drivers and Boca Raton's own J.P. Soars & the Red Hots Nov. 9; New Orleans' Bonerama Nov. 10; Lee Boys Album release Party Nov. 7 and veteran guitar hero Johnny Winter Feb. 16.

"We want to bring in a wide variety of national acts," Poliak explains. "It's hard to make a go of it as just a jazz club, or just a blues club. It has gotten to the point where well-known acts know about us and are willing to re-route tour plans to visit Boca Raton."

Music has been a part of Al Poliak's life since he was a teenager in the Washington, D.C. area. At the time there was a thriving concert club scene with such well-known venues as the Cellar Door, Desperados and the Ram's Head. When a record label deal fell through for Poliak and his band

when he was 24, at the urging of a friend he entered the brokerage business.

"I maintained playing, recording and writing all through my banking career," he said. "I had no intention of getting into the bar or restaurant business until this opportunity came up."

303 S.E. Mizner Blvd. has a long and eventful history. It started out as Warren's Royal Palm Cafeteria back in the early 1960s. In 1977 actress, singer and producer Jan McArt gutted and redesigned the large space as Royal Palm Dinner Theatre. Royal Palm enjoyed a successful run of almost 25 years before financial difficulties forced it to close. The space has been home to several nightclub operations, but none has lasted as long as Funky Biscuit, which opened in July of 2011.

"It's a tough business," Poliak admits. "You can't succeed unless your body and soul is in it. My day typically begins at 7 a.m. and goes as late as 3 a.m. We can only seat 120 people, which limits our income when booking a national act. Agents and their acts are working with us, and it is really starting to happen. I am friends with many of the musicians, and that helps. I've known Jimmy Thackery since he was with the Nighthawks in D.C. when I was a teenager. Seeing him is like a homecoming."

A second annual Biscuit Fest with national and local acts will run April 4-7 2014. Call 561-395-2929 or go to [www.funkybiscuit.com](http://www.funkybiscuit.com) for more information.



## Entertainment

Skip Sheffield

### "The Short Game" Has Big Appeal



#### By Skip Sheffield

Like golf?

Even if you don't you may like "The Short Game," which features two Palm Beach County children who are star golfers.

Allan Kournikova, 7, of Palm Beach, and Alexa Pano, 7, of Lake Worth are two of eight world-class golfers aged 7 or 8 competing in the youngest class of champion golfers at Pinehurst, North Carolina in a documentary film by Emmy Award-winner Josh Greenbaum.

The title is a pun of course. These kids are equally good at short, middle and long games, and they are so darn cute. The others are Zamokuhle Nxasana, 8, of South Africa; Kuang Yang, 7, of China; Jed Dy of the Philippines; Augustin Valery, 8, of France; Sky Sudberry, 8, of Texas and Amari "Tigress" Avery of Riverside, California.

Greenbaum introduces us to each of the children, then shows them competing, under pressure.

Allan Kournikova and Alexa Pano get a lot of camera time, as do their home courses in Florida. The astounding thing about "Short Time" is how good these kids are, and how graceful under pressure.

They are a virtual United Nations of golf, yet they are still children and subject to childish emotions. Sky Sudberry is so tiny she looks 4 or 5-year-old rather than 8. If she tires of the game of golf she could be a beauty queen.

Greenbaum also shows the parents and coaches and their roles in the grooming and training of the young athletes. Some of the parents are distinctly pushy. Others have superstitious quirks. A couple are completely clueless about the game of golf. To put the game in perspective we hear from old pros Gary Player, Jack Nicklaus, Chi Chi Rodriguez and John Nieporte and Bob Toski, who coached in Boca Raton.

The culmination of "The Short Game" is the final day of three days of the annual world competition at Pinehurst. I will not spoil the plot by revealing the winners. It is safe to say getting there is 90 percent of the fun. This short (100 minutes) fast-moving film is a wonderful advertisement for the challenges and joys of golf. You may leave with a mad desire to take up the game.

**Four stars**

#### "Thanks You For Sharing"

"Thank You For Sharing" is also a pun title with a double meaning, written and directed by Stuart Blumberg ("The Kids Are All Right").

The "sharing" of the title refers to confessions addicts make to the group in 12-step programs. It also refers to sharing as in a loving relationship.

Affable Mark Ruffalo plays Adam, a New York City environmental consultant who is "five years sober" from a sexual addiction.

Sexual addiction is a concept much more difficult to grasp than alcoholism or drug addiction because there is no chemical cause. It is, to use an old-fashioned term, "all in your head."

Adam's sponsor is Mike (Tim Robbins), himself an ex-addict. Ex addicts can be judgmental and overbearing. Mike is both with his wife Katie (Joely Richardson) and son Danny (Patrick Fugit).

Mike encourages Adam to get back into the dating game and take a chance on love. He finds that with Phoebe (Gweneth Paltrow), a strong, self-sufficient survivor.

Neil (Josh Gad), an emergency

room doctor, is a "newbie" who has been in denial of his sexual compulsions. When he gets arrested for groping a woman in the subway, Neil is given the choice to get help or kiss his career goodbye.

On one hand "Thank You For Sharing" wants to be a comedy. Chubby Josh Gad is a good physical comedian who makes his inappropriate compulsions funny.

On the other hand the film wants to be a drama about the demons of addiction. Those demons haunt Adam in his tentative relationship with Phoebe, who has secrets of her own.

Mike's demons have made him insufferable to the rest of his family.

Neil doesn't quite know how to behave when he finds himself physically and mentally attracted to Dede (Alecia Moore, aka pop singer Pink), a gregarious hairdresser.

While there are some mild laughs here, there are also uncomfortable moments. Mark Ruffalo anchors the film quite well dramatically, but "Thank You For Sharing" is neither profound nor a laugh riot.

**Two and a half stars**

bocaratontribune.com



## Food Review

Marc Kent

### Superior Dining At Frank & Dino's-The Namesakes Would Agree!

Located at 718 South Federal Highway in Deerfield Beach (954-427-4909), the amazing fare is the celebrity here! This reviewer met with friend and Chef Tonino Orsino and was regaled with the specials offered this date. Not one or two, but eight dishes-mostly complex ones-were described in detail by this most creative and enthusiastic Chef. Fagottini, tiny dough purses were presented, filled with pear and mascarpone cheese, in sauce with asparagus tips and almond chips while Barratore was a plate with a marinated artichoke, red and yellow bell pepper strips, mozzarella pockets stuffed with yet another mozzarella, tomato slice and marinated eggplant slices. Each taste was fulfilling.

Carlene and Steve arrived and we decided that we would not sample the complex dishes on the standard menu-rather we would select the simple, "Italian Standards" to evaluate each dishes properly. Of the top ten appetizers presented we chose Polpette di Carne Damiano-meatballs made of equal parts beef, veal and pork, topped with ricotta cheese and served in a flavorful marinara sauce. The meatball, full flavor and light on the palate. The Calamari Fritti were soft rings, lightly breaded then fried and served with the same marinara sauce-delicious!

Of the four salads we opt to try the Insalata Caesare-nice shards of romaine with crunchy croutons in a tangy Caesar dressing with just a hint of anchovy. Chef had us taste the anchovies he uses-personally purchased from sources in Italy.

We sampled Italy's favorite soup-Zuppa di Pasta e Fagioli-delicious Tuscan soup of white cannellini beans in a savory stock with a touch of tomato and tobettni pasta- perfect! Another fine choice was Zuppa di Scarola e Cannellini-escarole and beans in a fine broth.

The Linguini con Vongole with fresh baby clams is available in red or white clam sauce- we chose the white, smooth sauce with a flavorful linguini and nice size large tender clams. The Rigatoni Bolognese had al dente pasta filled with and covered with a bolognese sauce of quality. These were but two of the thirteen La Pasta offerings -the others more complex.

Six chicken dishes grace the standard menu but Chef offered to have us try a special Chicken Breast Rigatoni with asparagus tips, roasted red and yellow pepper strips, almond slivers, mushrooms, wine and tomatoes! If it is on your menu-try it!

FYI-there are three fish dishes, 2 snapper versions with varied ingredients plus a jumbo sautéed shrimp dish.

Try a pan roasted pork chop with cherry peppers, fresh rosemary, olives, garlic and roasted potatoes or the braised short ribs over a lightly garlic potato puree and mixed wild mushrooms. There are two veal chop dishes and two veal medallions dishes listed as well. We loved tasting the Marsala and Francese versions-tender and tasty. Note that there are seven more dishes available as well as gluten free and whole wheat pasta.

As a treat, we sampled their homemade sausages, off menu, but superb tasting.

In addition to a full bar, there are a dozen wine, by the glass and 108 wines available by the bottle. There are 4 items in a kids menu and the four desserts offered change daily!

Seating 180 inside and 20 outside, Frank & Dino's serves a luncheon Monday through Friday, 11:30AM to 2:30PM. Dinners Monday through Saturday from 5PM to 11PM, Sunday 4PM to 10PM. This is a fine, fine restaurant...we suggest you...Go and Enjoy!



## Fitness Life

Randy Fine

### Abs pack abs

Ah, the long sought after six pack.

The six pack is three muscles packets separated by tendons that are on both sides of the center line of your mid section.

They are skeletal muscles, the same type of muscle as your arm or leg.

Male and female muscles are exactly the same, the only difference is that males have testosterone that makes muscles bigger and females do not have much at all so females will not get big muscles.

If you do not do any exercise and then start training, you abs will grow to a point and then stop. This is how all muscles work and its genetic.

Doing large amounts of exercise for abs will not make them grow and will more than likely make them shrink. However, unfortunately not enough to make

you thinner. People that have great abs have a good diet that allows you to see their abs.

In reality, the only way to see your abs is to be thin. So having a six pack is not how much you do in the gym but how much fat you have on your mid section.

The darker your skin, the better your abs look. It shows definition in your muscles better than being pasty white.

If you look at a thin male at the pool you may see his abdominal muscles. This is because he is thin and not because he did 1,000 ab crunches.

It does not take a great deal to develop the abs for appearance purposes. Almost any exercise work the abs in some way. But doing more reps for your abs will not grow them through your fat. You must lose the fat around your middle to see them.

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SPOTLIGHT



# Brazilian Love Affair Month in Boca Raton



Throughout the month on September, Boca Raton has seen plenty of Brazilian events. From the month-long art display in the Boca Raton Community Center, to the Brazilian Love Affair Music Series at The Funky Biscuit, all of Boca Raton is getting in on the Brazilian Love Affair! Here are a few pictures of some of the events that have been going on this month in Boca Raton!



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Insurance	Woman	Man
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Lynn Cancer Institute and the League of Ribbons present a **Breast Cancer Bazaar & Brunch and Learn** for survivors, family, friends and women interested in learning more about breast cancer.

This event will be held on **Saturday, October 5** from **9:30am** to **12:00pm** at the Lynn Cancer Institute. Start the day with shopping from 9:30am to 10:30am for products and services specific to breast cancer survivors, as well as retail shopping to support the cause. Then at **11:00am** a seminar on breast cancer, early detection, imaging, genetics and risk factors presented by Louise Morrell, MD, and Juliette The, MD, will be offered. The event is free, however, a reservation is required. To RSVP please call 561.95. LEARN (955.3276). Brunch will be provided from 10:30am to 11:00am.



Louise Morrell, MD



Juliette The, MD



Lynn Cancer Institute is located at 701 NW 13th Street, Boca Raton, FL 33486

# Columnists

The Boca Raton Tribune



## FAITH

By Robert J. Tamasy

### You – And Your Work – Matter To God

Maybe you are a high achiever, the type of person that receives ample recognition from your company for your performance. You have received numerous promotions, are often singled out at professional gatherings, and have more plaques and certificates than your wall can display.

Then again, maybe you are not that person. You work hard, striving to do your best, but recognition – if and when you receive it – is rare. Most of us fit into this second category. While the “superstars,” high performers and top executives receive the acclaim, many others toil in virtual obscurity. Perhaps on occasion we even lapse into a “pity party,” wondering what difference our work makes or whether anyone cares about what we do. At such times, remember one thing: There is no shame in being an unsung hero, one that fails to get noticed. In fact, “unsung heroes” often keep things running smoothly.

Have you ever injured one of your joints – twisted a knee, or sprained a thumb? I have done both.

Prior to the injuries, I never thought about my left knee or my right thumb. But when pain in the knee felt like a long needle was sticking in it, or when I attempted the simple act of turning a doorknob with my right hand, I became acutely aware of both. Healthy, functional joints are not supposed to be noticed.

Or consider an orchestra. When being played harmoniously, individual instruments do not stand out unless their musicians have been assigned solos. In the midst of a symphony, if you notice a violin or flute when it is not supposed to stand out, you know something is wrong.

This is one reason many people in the workplace do not receive attention very often. They do their jobs without calling attention to themselves by failure to contribute

their part to the overall effort. As one former boss once told me, “If you do not hear from me, assume everything is fine.” That might not seem assuring to those needing occasional encouragement, but that is reality in today’s business and professional world. As the adage goes, squeaking wheels are the ones that get the grease.

So how do we react when we feel underappreciated or undervalued? The Bible offers some suggestions:

Remember we are part of a greater unit. Even when we are not being singled out for exemplary performance, we can be assured we are important to the overall effort. A human heart cannot function without the lungs or brain, and vice versa. “The body is a unit.... If the whole body were an eye, where would the sense of hearing be? If the whole body were an ear, where would the sense of smell be? But in fact God has arranged the parts in the body, every one of them, just as he wanted them to be.... As it is, there are many parts, but one body” (1 Corinthians 12:12-20).

Recognize our need for each other. Just as the overall enterprise needs our contributions, we benefit from and should appreciate the contributions of others. “Two are better than one, because they have a good return for their work.... Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken” (Ecclesiastes 4:9-12).

Realize your work matters to God. To use the orchestra analogy again, sometimes we must accept playing solely for the Conductor, an audience of one – God. But that is all we need.

“Whatever you do, work at it with all your heart, as working for the Lord...you will receive an inheritance from the Lord as a reward” (Colossians 3:23-24).

*Robert J. Tamasy is vice president of communications for Leaders Legacy, Inc., a non-profit organization based in Atlanta, Georgia, U.S.A. A veteran journalist, he has written Tufting Legacies (iUniverse); Business At Its Best: Timeless Wisdom from Proverbs for Today's Workplace (River City Press); and has coauthored with David A. Stoddard, The Heart of Mentoring (NavPress). For more information, see [www.leaderslegacy.com](http://www.leaderslegacy.com) or his blogs, [www.bobtamasy.blogspot.com](http://www.bobtamasy.blogspot.com) and [www.bobtamasy.wordpress.com](http://www.bobtamasy.wordpress.com).*



## DIVORCE FLORIDA STYLE

By Mike Gora

### My Husband The Geek

**Q:** My husband, the geek, is a self-educated computer wizard. It appears that he was planning our divorce for several months before he took his room full of computer equipment and moved out.

Every time he got a new computer, however, he left me with the last model. I’m no expert but I can do the rudimentary things such as create a document, go on the internet, and send and receive e-mail.

When the geek left, he gave me a present that I did not know about, a spyware program in my computer that automatically sent him a copy of any e-mail that I either sent or received. Before he left, but after we stopped sleeping together, I met a man at my bridge club, and gone out to dinner with him a few times. We e-mailed each other on occasion over bridge questions. After my husband left, it became more serious.

After my husband filed for divorce, I hired a divorce lawyer. My lawyer and I often exchanged e-mails about the lawsuit. I also exchanged e-mails with his paralegal.

Shortly after the lawsuit was filed my lawyer got a letter from the other attorney with several copies of e-mails between my friend and I, dated before and after my separation.

We took my husband’s deposition. He admitted having obtained my private e-mails by “bugging” my computer. Thereafter my lawyer filed court request to ban the use of the e-mails against me, and asked the court to throw the other attorney off the case, because that attorney could have also been given my private lawyer client e-mails.

The hearing on these matters is coming up in a couple of weeks. What do you think will happen?

**A:** In 2003 the Florida Legislature

passed a statute, 943.03(1) making certain communications inadmissible. The statute prohibited the interception of wired or wireless communications, in which a person had an expectation of privacy.

Florida case law, interpreting the statute, has determined that a person has an expectation of privacy in the sending or receiving of e-mails under certain narrow circumstances. The judge, at your hearing, may make a distinction between communications intercepted while your husband and you lived in the same home, and interceptions made surreptitiously after he left your home.

If your husband had organized your e-mail system, and knew your password, you could hardly claim an expectation of privacy. On the other hand, the judge may feel that interceptions made after you broke up, and he moved out were subject to being kept out of evidence under the statute.

The communications between you and your counsel are not only governed by the statute, but also by the ethics rules of The Florida Bar. If your husband’s lawyer had been given copies of your communications with your lawyer the Bar Rules, require that he not read such communications, and immediately return them to your lawyer. He would also have to direct your husband to stop intercepting the transmissions.

If there is proof that your husband’s attorney knowingly received such communications, read the communications, and encouraged the continued interception of such communications, he could be removed from the case, and disciplined by The Florida Bar.

*Michael H. Gora has been certified by the Board of Education and Specialization of The Florida Bar as a specialist in family and matrimonial law and is a partner with Shapiro Blasi Wasserman & Gora P.A. in Boca Raton. Mr. Gora can be reached at [mhgora@sbwlawfirm.com](mailto:mhgora@sbwlawfirm.com).*

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# Business

The Boca Raton Tribune

## CDS Ventures of South Florida Increases Stake in Celsius Holdings, Extends Debt Instruments on Results

By Globe Newswire

Celsius Holdings, Inc., the creator and marketer of Celsius(R), the world's first and only negative calorie drink backed by clinical science, today reported that CDS Ventures of South Florida, LLC increased their stake in Celsius Holdings Inc. and extended the debt instrument.

On Aug. 26, Celsius Holdings, Inc. issued 2,200 shares of a newly created Series C Preferred Stock to CDS Ventures of South Florida, LLC and realized \$2,200,000 in gross proceeds from the stock sale. The stock is entitled to receive dividends at a rate of 6 percent per year

and is convertible into shares of common stock at a conversion price equal to \$0.52 per share. The proceeds from the transaction will be used to repay senior indebtedness.

Celsius Holdings, Inc. also announced that the maturity date of the senior promissory note for \$7.45 million under the Company's

Senior Credit Facility has been extended from July 12, 2014 to July 12, 2015.

In addition, the maturity date of the convertible note for \$1.5 million has been extended from Sept. 8, 2014 to September 8, 2015; all other terms remain the same.

"I am pleased with the results over the past two quarters," said Carl DeSantis, chairman and CEO of CDS Ventures of South Florida LLC. "Celsius benefits are meeting the needs of the consumer in the three fastest growing categories in retail."

DeSantis said his confidence in the Celsius brand and the management team could not be stronger.

"Our association with Mr. DeSantis and CDS Ventures, has allowed our team to execute the turnaround initiatives and lay a strong foundation for the future," said Gerry David, president and CEO. "Mr. DeSantis' track record of success coupled with his passion for Celsius has been an inspiration to our organization."

## Boca Raton Man Introduces CableBuds



By: Linda Santacruz

You may have tried wrapping the cables around your earlobes or perhaps through under your shirt to keep your earphones from falling out. But whatever tactic you may come across, it's hard to avoid that aggravating feeling of constantly having to readjust your earphones, especially in the middle of exercising.

It was this sort of frustration that sent 47-year-old Mart Goodall from Boca Raton, FL on a mission to find a solution to the free falling earphones once and for all. Six months later Goodall's product, CableBuds, went from mere concept to sellable item.

CableBuds are tiny discs designed to control the dangling cables of earbuds, earphones and headphones by clipping them directly onto your clothing with the use of magnets. Its prices range from \$7.99 to \$9.99 with tons of designed CableBuds that can be purchased directly at CableBuds.com.

But the road to CableBuds wasn't a breeze. One of Goodall's strongest efforts was having everything manufactured in the US instead of abroad. However, with the scarce amount of manufacturers around, Goodall found it difficult to find a company that was not already overfilled with work.

"You'd expect that [the manufacturers would] be begging for work," Goodall said. "It's the opposite, people were saying 'well we can't talk you for another 3

months, 6 months."

Eventually Goodall found a manufacturer in Miami to produce CableBuds' main molding. Some of the product is done in Jupiter and some in Minnesota. Nonetheless, all of it is made in the USA.

"I watched the last 15 years all the jobs going to different countries while I have friends who don't have work. So

my objective is to make some jobs," said Goodall. "It was really a case of trying to do my part."

Although finding available manufacturers was a struggle, Goodall admits that he did have his fair share of lucky moments. When it came to finding the right contacts and people to work with, Goodall said he had an awful lot of fortunate meetings.

"For instance, just while I was talking to one my friends, someone knew someone who could do the drawing," Goodall said. "I ended up using a friend's retired father who was an engineer."

Currently, Goodall is looking for another one of those fortunate meetings with correct marketing contact.

"Having the contacts of getting it into the stores and getting it out there is the real issue that you face," Goodall said. "You can be selling the best item ever but if nobody knows about it then it's nothing more than a concept."

As a way to promote his product, Goodall has been attending trade shows in places like Orlando and Chicago. Once while displaying CableBuds at the Miami Marathon, he recalls selling one every six minutes for two days. He also admits to never receiving bad feedback.

"It's a love-hate relationship. Everyone loves their earphones and everyone hates them falling out," Goodall said. "If you can address the issue of them falling out, you have a lot of happy people."

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# Obituaries

The Boca Raton Tribune

## Founder of 'The Town-Crier' in Wellington, Robert Markey, dies



Robert Charles Markey Sr., founder and longtime publisher of The Town-Crier, a community leader and benefactor and Wellington "Founder", passed away peacefully under Hospice care at 4:01 p.m. Saturday, Sept. 14, 2013, after a long, courageous battle with Alzheimer's Disease. He was 80.

The career of Markey, a New York native, Korean conflict veteran and proud, lifelong newspaperman, started at publications including The Brooklyn Eagle and New York World Telegram and Sun, moved onto The New York Times and ended with his sale of The Town-Crier - the Wellington / Royal Palm Beach area's first newspaper, which he founded in 1980 and sold in 1998.

He then founded Palms West Realty and was its broker until retirement.

Markey loved his Palms West Communities, especially Wellington, where he moved his young family in 1977. While an executive at The Palm Beach Post, he envisioned the future of the then tiny planned community of Wellington and by May 1980, had created The Town-Crier from his kitchen countertop. Family and friends would deliver the weekly door to door on Thursdays. The newspaper blossomed along with the community and expanded with editions in Royal Palm Beach, Loxahatchee Groves and The Acreage, Palm Beach Gardens, West Palm Beach, Haverhill, Greenacres and Lake Worth. Bob Sr. and wife Patricia employed more than 60 people, added a newspaper press and printing operation and published twice a week for several years.

All Markey family members - including his sons Brian and Bob II and daughter Patricia - and many close friends worked there over two decades.

The office atmosphere was that of a large family and there was almost nothing Bob Sr. and Pat wouldn't do to assist their employees.

Markey and a small group of community leaders started the Palms West (now Central Palm Beach County) Chamber of Commerce in 1984. Through his extremely popular opinion column, Stray Thoughts and editorials, Markey started an effort that would eventually give average Wellingtonians the right to elect members of the then local government, Acme Improvement District. Realizing Wellington should control its own destiny, he formed and supported the citizens group, Residents of Wellington, which spearheaded an effort that would result in the incorporation of Wellington as a municipality.

Markey was named one of five people influential and important to Wellington history when his name was added to the village's Founders Plaque. Today, seven leaders have been so honored.

Markey always led and supported efforts to better his communities - against a state effort to build a commercial farmers market in Royal Palm Beach, for construction of local hospitals and schools including Wellington High (of which county and state officials did not easily approve), for simple necessities like road widenings and traffic signals and through his writings, against a dump and institute for the insane. He spearheaded a drive that closed down the infamous Fred's Motel drug-dealing haven at Lantana Road and State Road 7.

Bob Sr. wrote thousands of news stories about his Palms West Communities in 18 years at The Town-Crier, but was most proud of the 1,500-plus Stray Thoughts opinion columns he penned, touching many lives. Each week (and for several years, twice a week), he brought back memories of old New York, took sharp aim at criminals and politicians, welcomed to the world his grandchildren and proudly covered family and community milestones. He columns drew great emotional feedback in a pre-email era - many supportive and some critical. Everyone respected the man and his prose. He once invited transplanted New Yorkers to a social at the original Wellington Mall, where The Town-Crier was housed, and hundreds of people showed up.

His newspaper covered the local news - good and bad - regardless of how it affected his business or finances.

"He told it like it was - with few holds barred," said his firstborn son, Bob Markey II. "He was unafraid of tackling any powerful entity or big story." That included local governments, including Acme, which The Town-Crier discovered and reported that was operating an illegal toxic waste dump on public land; and the master developer, which tried to influence coverage with advertising dollars.

As a result, The Town-Crier became one of the most successful, well read and honored community newspapers in the country.

"He was honest to the core and believed in the good of people. He helped everyone he could," Bob Markey II said. "He lived for his family, his friends and his community and would do anything to better them."

He wrote a book about his exploits in the newspaper business.

Markey and his wife Patricia, who passed away Dec. 19, 2008, helped start St. Rita Roman Catholic Church in Wellington, which began meeting in a large trailer in Royal Palm Beach and briefly used the Markey family's organ for its Masses. They financially helped build St. Therese Catholic Church, also in Wellington, two decades later.

Markey, a Democrat with liberal and conservative leanings, was a popular guest speaker at civic organizations - many of which he helped form or grow - churches and temples. He helped open Panther Run Elementary School and buried Town-Criers in its time capsule.

He organized a huge Wellington-Royal Palm Beach community effort in 1992 to collect goods for and resupply the victims of Hurricane Andrew in south Miami-Dade County and spent time there helping the masses to recover. Markey also coordinated and led efforts to feed the needy and homeless on Thanksgiving holidays and at other times.

"If someone came to him with some financial issue, he would just write them a check," Bob Markey II said. "They would promise to pay him back but ..."

"He loved people."

Markey played on the streets and rivers of New York City as a child of parents of modest means. Later, he reveled in telling New York stories, such as about the time he managed to bring the Hudson River Dayliner to a stop by crossing its path in a kayak, which he would carry home and store in his family's walk-up apartment, or sneaking into Columbia University's football stadium to watch young men compete with leather helmets.

Markey volunteered to fight in the Korean Conflict alongside his brother Buddy, who was killed by a mortar. Stationed in Korea and mostly in the South Pacific, including the island of Kwajalein, he was a member of the

Seabees, the U.S. Navy construction force. Markey created and maintained a Web site for his Seabees battalion, during the 1990s, bringing together many of his comrades.

He studied at Northeast universities including Manhattan College, Fairleigh Dickinson University, Fordham and University of Rhode Island.

Markey and family came to Florida from Uniondale, Long Island in 1973, after 13 years of selling mostly real estate advertising for The New York Times, where he learned journalism and creative writing from of the country's top writers. With a background in real estate and advertising in the "Mad Men" era, Markey operated a small advertising agency on Long Island, representing a school district and burgeoning firms. He also rode the 1960s-'70s slot car model racing craze, partnering with a friend in a slot car storefront raceway. He was a member of the Uniondale School Board and helped found and operate the Uniondale Badgers Youth Football League.

In 1973, Markey organized an unprecedented community parade, celebration and honor of Uniondale's only returning POW, Sgt. Richard Perricone. Markey infuriated politicians and endeared himself to the public by limiting their speeches to 5 minutes and threatening to yank offenders off the stage. The small town event was covered by The New York Times.

Moving his family to Central Florida to be close to Pat's parents, Markey was advertising director of the Evening Herald in Sanford in the mid-'70s. He helped run The Florida Catholic Newspaper out of Orlando, before becoming national advertising director for The Palm Beach Post.

He loved photography and computers and brought The Town-Crier into the computer and pagination age. His children and wife developed their fondness of cameras and all things digital from Bob Sr., starting in their New York basement dark room.

He loved to oil paint, especially landscapes, which lined his homes. Markey started Palms West Realty in 2000 and again brought most of his immediate family together in the business. For nearly a decade, he lived with Pat in Greenacres, moved back to Wellington for two years after her passing and most recently lived at Pacifica Senior Living (formerly The Cottages) in Greenacres.

Markey was predeceased by his wife of 49 years. He is survived by daughter Patricia Bachi (husband Dan), sons Brian Markey (Janice), Bob Markey II (Lynda Eads) and five grandchildren: Daphne Markey, Collin and Devyn Bachi and Hunter and Sydney Markey.

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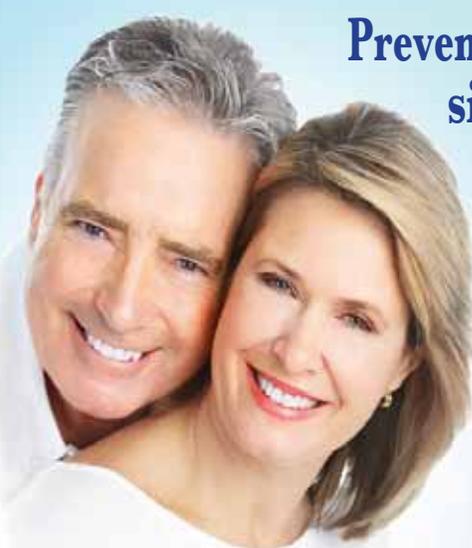
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## FAU Grabs Big In-State Win as the Owls Defeat the Bulls 28-10



Owls QB Jaquez Johnson | Photo by Daphne Markey/[www.MarkeySportsPhoto.com](http://www.MarkeySportsPhoto.com)

TAMPA, Fla. - A pair of defensive touchdowns lifted the Florida Atlantic University football team to its first victory of the year as the Owls topped the USF Bulls 28-10 on Saturday at Raymond James Stadium in Tampa, Fla.

FAU defensive back D'Joun Smith had a stellar performance, collecting a 75-yard interception return for a score, a fumble forced, a tackle for loss and a pass breakup. The junior is tops in the country in pass breakups with six on the year.

After the two teams swapped punts on their first possessions, USF quarterback Bobby Eveld fumbled at his own 10-yard line after being hit by his teammate. FAU's Cory Henry recovered the ball and returned it to the end zone to put the Owls on top 7-0 10:29 remaining in the first quarter.

The Bulls scored on back-to-back possessions, taking advantage of a Jaquez Johnson interception, to take a 10-7 lead into the second quarter. From there, FAU rattled off 21 unanswered points to take the road win.

FAU got the ball at its own 20-yard line with little more than three

minutes to play in the first half when Johnson and Jonathon Wallace put on a rushing display. Wallace broke off longest run of the season, a 28-yard carry to move the Owls into USF territory. A roughing penalty on the next play moved FAU into the red zone. Johnson carried the ball three-straight times before breaking into the end zone to put the Owls up 14-10 with only 35 seconds remaining in the half.

The Owls tacked on another touchdown in the third as Wallace carried it in to cap off a 39-yard drive setup by a USF fumble, forced by Smith.

Smith made a statement in the fourth, picking off USF quarterback Steven Bench and returning it 75 yards to end the scoring at 28-10.

Wallace ended the night with 65 yards on 13 carries and a score. Johnson threw 10-of-17 for 98 yards and rushed for an additional 55.

Adarius Glanton led the Owls with 10 tackles, including 1.5 for loss and half of a sack. Brandin Bryant, Trevon Coley and Martin Wright also collected sacks against USF.

## D'Joun Smith Named Conference USA Defensive Player Of The Week

BOCA RATON, Fla. - Florida Atlantic University's D'Joun Smith put on a defensive clinic last Saturday as the Owls defeated USF 28-10 in Tampa, Fla. For his efforts, the junior has been named the Conference USA Defensive Player of the Week, as voted by the league's media members. Smith took a third-quarter interception 75 yards for a touchdown, forced a fumble to setup another score, and broke up a pass on USF's first possession.

His sixth pass breakup of the season and his first interception moved him into a tie for the nation's leader in passes defended. Smith

totaled four tackles in the game, including one for a loss. His pass breakup came on a third down in the first quarter, forcing the Bulls to settle for a field goal.

Smith forced a fumble late in the third quarter that setup a short field for the Owls. FAU scored six plays later to go up 21-10.

The interception return came as USF was driving midway through the fourth quarter in a two-possession game. His 75-yard return was the third-longest in school history. The score put the Owls up by 18 and sealed the team's first victory of the year.



Conerback D'Joun Smith (21) returned an interception 75 yards for a TD | Photo by Daphne Markey / [www.MarkeySportsPhoto.com](http://www.MarkeySportsPhoto.com)

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## Lynn Women's Soccer Falls at Armstrong

By Chad Beattie

Savannah, Ga. – After waiting an extSavannah, Ga. – Lynn University's women's soccer team looked for the upset Sunday afternoon but was turned away by fifth-ranked Armstrong Atlantic 2-0. The two squads equaled shots, 11-11, but two goals off restarts were the difference in the final game of the Holiday Inn Express Savannah Midtown Pirate Shootout.

"This was a great game to gauge where our team is at," said head coach Chip Dutchik. "I found that we are an extremely athletic team that is good enough to compete at the national level. We just have to keep growing as a team and great things are going to happen. Overall, I was proud of the effort all of the ladies put forth for the entire weekend."

The Fighting Knights (1-1-0) nearly gained the upper-hand in the

opening half when a shot by Meghan Dolan from 25-yards out smacked the crossbar. Emma Portsmouth was there for the put back but the freshman forward pushed her attempt just wide.

A scoreless game was snapped just minutes into the second half following a set piece from the Pirates (2-0-2) Erin Berube slipped a pass through the middle of the defense and Sarah Olin was there to put her shot past keeper Caitlin Shaver.

Lynn continued to press on but the team's momentum was halted by an hour and a half lightning delay. Once the two teams return to play, the Pirates were able to strike quickly off a free kick to put the match away.

Shaver turned away four shots while her counterpart in goal, Morgan Luckie, also stopped four attempts.

## FAU Men's Soccer Takes Third Straight Home Win Over FIU



Deniz Bozkurt assisted and scored agoal versus FIU | Photo by: FAU Athletics

BOCA RATON, Fla. –Florida Atlantic University's men's soccer team took their third straight home win on Saturday night against conference

rival FIU. The Owls defeated the Panthers 2-1 after 90 minutes of play.

FIU outshot the Owls 4-2 in the first half, but was unable to beat FAU's goalkeeper, Theo Jamilloux, who tallied seven saves for the game, three coming in the first half. The Owls took two corner kicks during the eighth and 10th minute of play but the game remained scoreless until the 36th minute of play.

Daniel Montoya, who was brought into the game six minutes prior, put the first score on the board for FAU with a low shot to the left corner of the net. The shot was assisted by junior Deniz Bozkurt.

Fourteen minutes into the second period, FIU took a shot on goal saved by Jamilloux. Bozkurt gained possession of the ball just over a minute later and beat FIU's keeper bringing the score to 2-0.

After two scoreless corner kicks and a shot on goal saved, FIU finally scored against FAU in the 70th minute of play, looping the ball into the right corner of the net.

In the final 20 minutes, FIU attempted two shots, both of which were saved, and took two corner kicks in a 20-second span during the 87th minute, but came up empty.

The 2-1 win marked FAU's third straight win for the season improving their record to 3-0-1. FAU last defeated FIU by a score of 4-1 back in 2007. The Owls return to the FAU Soccer Stadium to host Jacksonville on Friday, Sept. 20 at 7 p.m.

## FAU Women's Soccer Opens Record Book In 10-0 Win Against UAPB

JACKSONVILLE, Fla.- The Florida Atlantic University women's soccer team tied a school record in shots attempted as the Owls beat Arkansas-Pine Bluff 10-0 on Sunday in Jacksonville, Fla.

FAU (2-4-1) attempted 40 shots in the contest, placing 22 of those on goal against the Golden Lions (1-7). Sophomore Claire Emslie scored a hat trick and picked up an assist en route to the team's best offensive performance since 2002 against Belmont. Emslie scored all three of her goals in the first 19 minutes of the contest with assists from Danelle Nguyen and Lindsey Rice. Emslie's three goals and seven points are the most in a game by an Owl since the 2006 season.

Taylor Sorrels netted her second goal of the season after taking three-straight shots in the 33rd and 34th minutes. Junior Julie Taylor tacked on a goal in the 41st minute to put the Owls up 5-0 at halftime. FAU attempted 26 of its 40 shots in the first half.

The offense stayed hot in the

second half, scoring in the first minute of play as senior Brittney Nash headed in a goal off a corner kick from Amanda Odato. In the 54th minute, Odato scored her first goal of the season, a header assisted by Emslie.

Sorrels scored her second goal of the game in the 71st minute to increase the FAU lead to 8-0. With a young team on the field to end the contest, FAU newcomers Kelsey Parry and Alexa Arrasate added goals in the 81st and 82nd minutes, respectively. Those marked the first collegiate goals for each of the Florida natives.

UAPB's only shot of the game came in the 89th minute and was saved by FAU goalkeeper Courtney Zwetsch. The senior recorded her second shutout of the year and the sixth of her career.

The Owls have won two in a row and will take that momentum west as FAU faces USC in Los Angeles on Sept. 19. FAU's next home contest is scheduled for Sept. 22 against Memphis.

## Lynn Men's Soccer Stays Unbeaten Against Palm Beach Atlantic

By Chad Beattie

BOCA RATON, Fla. – Lynn University's top-ranked men's soccer team played to a 2-2 tie against Palm Beach Atlantic on Tuesday afternoon, keeping the Fighting Knights unbeaten against the Sailfish in 17 chances (16-0-1). Anthony Desperito tallied a pair of assists while Jack Winter scored in his first game of the season. Lynn moves to 2-0-1 overall.

Winter made an immediate impact up top in his 2013 debut, consistently harassing the PBA (1-0-1) defense through the first 10 minutes of play. An All-American a year ago when he scored eight goals, recorded seven assists and finished second on the team with 23 points, the junior forward was able to find the back of the net in the 23rd minute and put LU on top 1-0.

Desperito and Jake Furman combined on a give-and-go on the right sideline before Furman placed his cross to the near post. Winter ran onto the pass and redirected the ball past keeper Austin Spagnola for the score.

Matthias Jaenicke knocked in his second goal of the season in the 30th minute of play, taking a pass from Desperito and sneaking one by Spanola for the 2-0 advantage. With four assists, Desperito has equaled his assist total from all of last year.

Despite trailing 2-0, Palm Beach Atlantic did not panic and put significant pressure on the LU defense throughout the second half. That pressure proved successful in the 52nd minute when Lynn keeper Harris Smiler was drawn out of the box on a potential one-on-one attempt and successfully turned the play off the sideline. But the ensuing throw-in and cross from AJ Black went towards the right post and Cameron Roberts was there to cut the deficit to 2-1.

The Blue & White defense played on its heels for the final 10 minutes and looked as though it may pull through with a victory but a failed PBA cross turned deadly when a Lynn defender tried to save the ball from out of bounds and accidentally knocked it into his own net to send the game into overtime.

Lynn turned on its engines with seven shots in the two overtimes, including close-range attempts by Winter and Desperito. But Palm Beach Atlantic would not allow the Blue & White to score, ending in the first tie between the two programs.

The Fighting Knights outshot the Sailfish 23-10 and held a 10-4 advantage in corner kicks. Smiler logged four saves while his counterpart, Spagnola, turned away nine shots.

# High School Football Recap

## Boca Raton Christian 49, Miami-Northwest Christian 0:



Isaac Garlobo ran for 85 yards and two touchdowns as the Blazers (3-0) routed the Eagles (0-2) in Boca Raton. Austin Smith was perfect on seven extra points and had five tackles and an interception for the Blazers.

## Pope John Paul II 41, Benjamin 13



The Eagles of Pope John Paul II were all over the Buccaneers on Thursday night as they won easily 41-13. Eagles quarterback Raymond Rizk went 12-18 with 212 yards and two touchdowns. Senior runningback Dequan McGriff also joined in the fun with 15 carries for 136 yards and two touchdowns of his own.

## Fort Lauderdale-Calvary Christian 21, St. Andrew's 0:



The Scots were once again shut down as the Eagles of Fort Lauderdale-Calvary Christian beat them 21-0 in Fort Lauderdale on Thursday night. The Scots had just 35 passing yards and -22 rushing yards for the game.

## Atlantic 39, Spanish River 0:



The Atlantic High School Eagles defeated the Spanish River Sharks by a score of 39-0 in Delray Beach last Thursday night. With the loss, the Shark move to 0-3 in the season. Spanish River's quarterback, Ben Romer, went a mediocre 9-23, with 109 yards and one interception. The Sharks running game was nonexistent as both Jordan Henry, and Nigel Caesar combined to rush just three yards in 13 attempts.

## Boynton Beach 19, Olympic Heights 6



Tigers quarterback Lamar Jackson ran for two touchdowns, leading Boynton Beach to a 19-6 victory over Olympic Heights on Thursday night in Boynton Beach. The Lions (1-1) were held to less than 120 yards of total offense.

## Palm Beach Central 40, West Boca 20



The Palm Beach Central Broncos defeated the West Boca Raton Bulls by a score of 40-20 last Thursday night. Bulls quarterback Paul Columbo complete just four of his 14 passes for 10 yards, no touchdowns, and two interceptions. Broncos runningback, Tommy McDonald, had a sensational game which saw him rushing for 212 yards and scoring three touchdowns.

# Lynn Volleyball Remains Unbeaten at Home

By Olivia Coiro

BOCA RATON, Fla.- Lynn University's volleyball team improved to 7-2 overall and 4-0 at home after defeating Seton Hill and Daemen on the final day of the Courtyard by Marriott Boca Raton Invitational. In a nail bitter the Fighting Knights defeated Seton Hill 3-2 (22-25, 25-10, 25-21, 22-25, 15-13), in the first game of the day before shutting out Daemen, 3-0 (25-10, 25-21, 25-20), in the 7 p.m. game. Marissa Tandron recorded her 250th career assist and Angie Caple led the team with 28 kills over the course of the day. Caple and freshman Katie Knight were both named to the 2013 Courtyard by Marriott Boca Raton Invitational All-Tournament Team.

The lead changed seven times throughout the course of the opening set but the Griffons held off LU for a 25-22 victory. Lynn came back on fire and shut down Seton Hill in set two with a 25-10 final to even the match at 1-all. The Fighting Knights kept the momentum for set three, winning 25-21, to take a 2-1 lead in the match. SHU would not go down without a fight, forcing a fifth set after beating LU by three points to tie the match at 2-all. Lynn was dominant in the fifth set, emerging victorious with a 15-13 deciding set to extend their win streak to three.

Tandron tallied 54 assists, ranking her fifth all-time in the Lynn record books. Caple led the team with 19 kills and five

blocks while Lizzy Raffa and Liga Strautniece each added 15 and 10, respectively. Libero Katie Knight let the Blue & White with 18 digs. Tandron, Raffa and Nikki Haben all notched double-digit digs as well. Sophomore Shauna Shortal posted a career-best eight kills with one attack error for a .438 clip. The team recorded 65 kills in the win, good for 9th in program history for kills in a match.

In the second game, Lynn came out strong, defeating Daemen 25-19 in the opening set after seven lead changes. Lynn capitalized on attack errors by the visitors to take the second set 25-21 for a 2-0 lead in the match. As a team the Fighting Knights hit .414 in the third set with 14 kills and only two attack errors en route to the 25-20 win. The Blue & White held its opponent to a .183 hitting percentage while recording 41 kills and a .310 clip.

Knight led LU with 10 kills while Tandron added 32 assists. Shortal surpassed her career-best eight kills from the previous game with nine kills and 10 digs while Haben added 12 digs of her own.

The Fighting Knights went 4-0 over the course of the two day tournament and will travel to Manchester, N.H., this weekend where they will face tough out-of-region competition in Dowling, Southern New Hampshire, Saint Anslem's and Bentley. The action begins at 4 p.m. on Friday, September 20, when the Blue & White faces off against Dowling.

# FAU Women's Volleyball Drops Two at USF Invitational

Tampa, Fla. - The Florida Atlantic University volleyball team lost both of its matches at the USF Invitational on Saturday.

Ivana Bulajic had 10 kills in the Owls' first match, a straight set (25-22, 25-18, 25-20) loss to host USF. It was Bulajic's fourth match of the season with double-digit kills. There were six ties in the first set, the final one coming at 17-17. USF scored the next four points, but FAU (5-5) answered with three consecutive points of their own to make the score 21-20. The Bulls held on for a 25-22 win.

Set number two featured just

one tie, coming at 13-13. USF went on a 6-2 run to take control of the set on the way to a 25-18 victory. The third set was a tug of war, with the two sides trading points. The score was tied at 16-16 when the Bulls went on a 6-1 run, which helped clinch the match for USF.

FAU lost to Pittsburgh (25-13, 25-19, 25-12) in its second match of the day. The Panthers took the first and third sets by comfortable margins. In the second, the Owls were competitive throughout the set, but eventually lost. Darija Sataric was named to the All-Tournament Team.

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# Games

The Boca Raton Tribune

	3	6				7		
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					6			

**Across**

- 1 Twinge
- 5 Soda fountain treats
- 10 Curly cabbage
- 14 Brainchild
- 15 Alaskan native
- 16 Pelvic bones
- 17 Medical isolation
- 19 At hand
- 20 Final (Abbr.)
- 21 Sign before Virgo
- 22 Thin ice, e.g.
- 24 Spirit of a people
- 26 Ticked off
- 27 City near LA
- 30 Russian favorite
- 34 Emcee
- 37 Dot follower
- 38 Pavement or patio material
- 39 Tokyo, once
- 40 Samurai, e.g.
- 42 Jeans brand
- 43 Deodorant type
- 45 Commotion
- 46 Secluded valley
- 47 Clean-up tool
- 48 Paradise
- 50 Discontinue
- 52 Polled
- 56 Rio \_\_\_\_
- 58 Prescription checker (Abbr.)
- 60 Gardner of film
- 61 Joint problem
- 62 Stargazer
- 65 Ashtabula's lake
- 66 Piece of cave art
- 67 Out of shape
- 68 Give temporarily
- 69 Gumption

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68						69						70		

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**Groups**

- Bevy
- Bloc
- Braintrust
- Bunch
- Cadre
- Choir
- Clan
- Class
- Clique
- Cluster
- Collection
- Colony
- Coven
- Covey
- Crew
- Faction
- Family
- Fleet
- Flock
- Gaggle
- Genus
- Herd
- Pack
- Pride
- Swarm
- Team
- Tribe
- Troupe
- Unit

O E D U B P V F L M G P B G L H E  
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 M I O E I C P E N C T A P K Q W K  
 L R V Z L K T U R S T B J E Z M O  
 S P E J X G S P U C C I Q L X R Q  
 L Q N D T K G R E O L L O W L A J  
 K N Z C E P T A W V U F A N N W E  
 J E U J O N P V G E S I C L A S S  
 B F V N I L W F V Y T G B V L M I  
 U Q U A P C L E F G E P K X C E U  
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 C B N B E Q P D C J J W S K F U C  
 H J L B I U O D R T G R T H F G A  
 C O I L O N U Z S E I Q I L C L D  
 C R C R H I Q X B A H O E O C P R  
 T D T P U T K C O L F E N Y H O E  
 F A M I L Y T U P Q T Y W Y A C I

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70 Adherents (Suffix)

**Down**

- 1 Provoke
- 2 Grownup
- 3 Poet's "below"
- 4 Needlefish
- 5 Lion's pride
- 6 Singing voice
- 7 Luau garland
- 8 Siberian feature
- 9 Hearty entree
- 10 Realm
- 11 Downwind
- 12 Make-up artist?
- 13 Corn serving

18 Likewise

- 23 At no time
- 25 Select
- 26 Thankless wretch
- 28 Gripe
- 29 Hockey great Bobby
- 31 Wooded hollow
- 32 Patella's place
- 33 Egyptian solar deity
- 34 Basil, e.g.
- 35 Bouquet
- 36 Alone
- 38 Henhouse
- 40 Restroom sign
- 41 Chapel vow
- 44 Found

- 46 Federal watch-dogs (Abbr.)
- 48 Exhausts
- 49 Nobelist Pavlov
- 51 Monroe's successor
- 53 Domesticates
- 54 Media attraction
- 55 Pub game
- 56 Horror film staple
- 57 Destroy
- 58 Kukla, \_\_\_ and Ollie
- 59 Handout
- 61 Hair goop
- 63 Prefix with angle
- 64 Japanese sash

## Solutions From Edition 157 Puzzles

L	L	R	R	E	P	P	O	T	S	N	M	F	R	E	B	H
B	D	J	O	P	L	A	C	E	L	E	R	T	S	N	I	M
H	I	K	S	O	H	C	F	H	S	Z	D	E	Y	F	J	G
L	H	W	F	X	M	D	F	T	I	C	K	E	T	S	N	X
F	E	E	R	Z	D	H	W	J	V	L	E	M	A	G	W	M
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T	Z	Q	V	E	Z	Y	I	T	L	D	L	I	G	O	D	U
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V	Y	H	P	M	W	G	N	Q	S	Y	O	E	W	U	P	N
B	T	E	F	O	K	I	O	T	T	B	X	H	S	F	P	E
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C	I	G	A	M	O	T	J	R	L	T	H	E	D	U	T	E

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6	8	5	4	9	3	2	1	7
1	5	3	7	8	9	6	2	4
9	2	7	5	4	6	1	3	8
4	6	8	1	3	2	5	7	9

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# Tribune of SPORTS

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Photo by Daphne Markey / www.MarkeySportsPhoto.com

**D'Joun Smith Named Conference USA Defensive Player Of The Week**

*See page 28*

**Lynn Men's Soccer Stays Unbeaten Against Palm Beach Atlantic**

*See page 29*

**FAU Women's Soccer Opens Record Book In 10-0 Win Against UAPB**

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**Lynn Volleyball Remains Unbeaten at Home**

*See page 30*

**FAU Grabs Big In-State Win as the Owls Defeat the Bulls 28-10**

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**High School Football Recap**

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