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East /West Boca Raton, Highland Beach, Delray Beach, FL - November 1, 2012 through November 8, 2012 • Year III • Number 120- FREE

It's Time for Boca Voters to Have Their Say

By Dale King

BOCA RATON – For a year or more, the nation's electorate has been listening to candidate after candidate either extol his or her own virtues and/or rip apart his or her opponent.

It's time to stop the rhetoric and put the question of who will run the federal, county and state governments to the ultimate test – to a vote of American citizens.

Election Day is scheduled for Tuesday, Nov. 6 – barring any possible last-minute changes caused by Hurricane Sandy.

Election officials say Boca Raton and South County residents will be at the polls in big numbers. queued up to cast their ballots.

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Boca Raton Tribune Endorses Mitt Romney for President

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Community

Spirit of Giving Network Kicks off 2012 Holiday Gift Drive

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Lynn basks in glow from hosting final presidential debate

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Business

Spodak Dental Group to break ground for new "green" facility

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Life & Arts

Most Decorated American Gymnast to address YMCA Prayer Breakfast

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A Postponed PROPEL Golf Classic at New Location Nov. 8

PROPEL Golf Classic will be held at a new location: Boca Country Club, 17757 Boca Club Blvd. (off Congress Ave.), Boca Raton on Thursday, Nov. 8. This is a rescheduled date from the originally planned Oct. 25.

"We were forced to cancel because of Hurricane Sandy," said PROPEL board president Matthew Kutcher. "The safety of our participants is more important than anything else."

The casual, friendly charity golf tournament is the most important yearly fund-raising event for PROPEL (People Reaching Out to Provide Education and leadership), a 501 (c)3 nonprofit organization founded nine years ago.

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Boca Raton's Roadmap Back to Prosperity

More than 45 years ago, Northwest Boca Raton was the model community. IBM's arrival ushered in neighborhoods, top-rated schools, businesses and key infrastructure that became the blueprint for today's live-work-play community.

Housing and lifestyle amenities offered IBM's people "a good place to raise families in a very nurturing environment for professionals," says IBM veteran Pete Martinez, who today is Chairman of Palm Beach Medical Education Corporation, parent of a new medical school planned for Boca Raton.

Now more than ever, sustainably-focused redevelopment can establish Boca Raton as a world-class "city of tomorrow."

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Donna Balancia, Executive VP publishing and promotions at TransMedia Group reading The Boca Raton Tribune

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6200 Boca Del Mar Dr, Boca Raton, Florida 33433

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LIONS CLUB OF DELRAY BEACH
President Sandra Barre
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5861 Heritage Park Way, Delray Beach FL 33484
4th Tuesday, 6 pm at City Library
100 W. Atlantic Ave. Delray Beach FL

BOCA RATON LIONS CLUB
President Hazel Mc Intyre
1st Monday, 7 pm
399 NW 35th St. , Boca Raton FL

Quote of the Week:

For they shall add to thee length of days, and years of life, and peace.
Proverbs 3:2

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Boca Police Safety Tip

Q: My vehicle registration expires this month. Does it expire on my birthday or the last day of the month? Is there a grace period for renewal?

A: There is no grace period for vehicle registrations and all registrations expire on the birthday of the vehicle's registered owner.

Crime and safety questions are answered by officers from the Crime Prevention Unit.

For more information, visit ***www.BocaPolice.com.***

Boca Raton Police Blotter

10/25/12 DISORDERLY CONDUCT

Boca Raton police observed Sarkis Sarkisyan, 23, urinating on the public sidewalk in front of a closed business on SE 1st Avenue. Sarkisyan was released with a notice to appear in court on a charge of disorderly conduct.

10/25/2012 DRIVING WHILE INTOXICATED

Melissa Hayes, 35, was arrested for DUI after a traffic stop on North Federal Highway. She provided breath samples. Following this, she was taken to the county jail.

10/25/2012 BURGLARY/ THEFT FROM AUTO

Matthew Olson, 26, was arrested for burglary to an auto on NW 5th Avenue after he was discovered with items in his possession that did not belong to him. He was taken to the county jail.

10/24/2012 BURGLARY TO RESIDENCE

Victim living on SE Mizner Boulevard reported unknown suspect(s) entered her apartment between 0800 hours on Thursday, 10/18/12 and Wednesday, 10/24/12 at 0800 hours through the glass slider and removed a strong box containing money and a passport.

10/24/2012 SHOPLIFTING/ RETAIL THEFT At Nordstrom in the Town Center at Boca Raton mall, four "Tory Burch" purses were taken, total value of $1710. Two suspects, a male and female, left the area in a 1996 Black Honda 4 Door.

10/24/2012 FRAUD

A man fell victim to a scam through Craigslist and wired approximately $1,700 to another person.

10/24/2012 VANDALISM TO BUSINESS 14:52

Unknown person glued the apartment complex mailbox master key lock preventing the United States Postal Service carrier from retrieving any outgoing mail.

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Edition 120

Bring "YOUR CLOSEST NEIGHBOR" The Boca Raton Tribune home with you.

Community News
The Boca Raton Tribune

Boca Raton Tribune endorses Mitt Romney for President

Everyone who invests in securities has heard of a "Santa Claus Rally" in the stock market. Well, we predict that if Mitt Romney is elected President, we will enjoy the best Christmas since 2008. And not just in the markets, not just in Boca Raton, but everywhere in our country as it will buoy the economy and benefit everyone.

It is the firm belief of the Boca Raton Tribune that if the Romney-Ryan ticket wins on Nov. 6, the public will sense not just hope and change -- which so far has resulted in dwindling hope and an illusive change -- but a genuine change for the better economically. This, in turn, will motivate consumers and businesses to feel better about the future, enough to loosen the purse strings and spend and invest confidently in the future, which in turn will rally our economy.

Today, we are endorsing Gov. Mitt Romney for President because we believe he has much more experience in what's best for small businesses, what's most motivating for job creators, which is ultimately what our economy depends on for jobs. And not on government!

Barack Obama is a decent, likable person, one that we believe means well, but his experience is limited to government work. Mr. Obama has never been out in the real working world.

Also, it doesn't matter how much money the candidates have, how personable they are, how effectively they deliver speeches. No, it depends on their ideas—on solutions that they offer and on their ability to carry them out. We believe Gov. Romney's ideas are much more practical and experience based, so he'll have a much better chance to improve the business climate that in turn will help the middle class prosper and businesses flourish.

So, we urge you vote for a real Santa Claus Rally. Support the Romney/Ryan ticket on Election Day.

It's Time for Boca Voters to Have Their Say

By Dale King

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It's time to stop the rhetoric and put the question of who will run the federal, county and state governments to the ultimate test – to a vote of American citizens.

Election Day is scheduled for Tuesday, Nov. 6 – barring any possible last-minute changes caused by Hurricane Sandy.

Election officials say Boca Raton and South County residents will be at the polls in big numbers. Actually, many of the have already queued up to cast their ballots. Supervisor of Elections Susan Bucher said on her website that as of Monday, Oct. 29, 36,795 people had cast ballots during the first three days of early voting which began Oct. 27.

The Hagen Ranch Library in Delray got the lion's share with 4,424 people casting ballots there during the first three days. Then came Boca Raton City Hall, 3,702; West Boca Library, 3,672 and Delray Beach City Hall, 2,627.

The last day for early voting is Saturday, November 3. Voting times are from 7 a.m. to 7 p.m.

Atop the ballot are the major presidential candidates: Democrat incumbents Barack Obama and Vice president Joe Biden, and challengers Mitt Romney and Paul Ryan on the GOP side.

Actually, there are nine other candidates seeking the nation's highest office, including actress-comedienne Roseanne Barr.

In the U.S. Senate race, incumbent Democrat Bill Nelson is being challenged by Republican Connie Mack.

Four U.S. House seats are also on the ballot in Palm Beach County:

District 18: Republican Allen B. West and Democrat Patrick Murphy.

District 20: Democratic incumbent Alcee Hastings facing two challengers, Randall Terry, who has no party affiliation, and write-in candidate Anthony Dutrow.

District 21: Incumbent Democrat Ted Deutch facing two unaffiliated candidates, Cesar Henao and W. Michael "Mike' Trout.

District 22: Democrat Lois Frankel and Republican Adam Hasner.

In other races:

State Senate District 25: Republican Melanie Peterson and Democrat Joseph Abruzzo.

State Senate District 34: Because of redistricting, this race has two incumbents, Republican Ellyn Bogdanoff and Democrat Maria Sachs.

State House, District 81: Democrat Kevin Rader vs. Republican James Ryan O'Hara.

State House, District 89: Incumbent Republican Bill Hager and Democrat Tom Gustafson.

State House, District 90: Lori Berman, a Democrat, against Republican Sean Michael Kasper.

County Commission, District 5: Democrat Mary Lou Berger against Republican Paul Tocker.

Greater Boca Raton Beach & Park District, seat 5: Steven Mark Engel and Tom Thayer.

Tax Collector Anne Gannon is running unopposed.

There are 11 constitutional amendments and two county questions on the ballot. They are explained elsewhere in this edition.

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Spirit of Giving Network Kicks off 2012 Holiday Gift Drive

60 Nonprofits in Palm Beach County Provide for Children-in-Need

BOCA RATON -- Momentum and excitement are building at the Spirit of Giving Network as they kick off their annual tradition: The Holiday Gift Drive.

Dick and Barbara Schmidt

Now in its 11th year, the program works with nonprofits in the community to provide toys for more than 3,500 needy children in Palm Beach County.

Originally, the idea began when Barb and Dick Schmidt (founders of the Spirit of Giving Network) decided to ask their friends to bring a gift for a child to their holiday house party. The response was overwhelming and so, it began.

They were compelled to continue this effort as the need is greater and greater each year and they couldn't stop once they started. The enormity of the tasks of collecting, sorting, storing and distributing gifts became so profound, that the Junior League of Boca Raton was asked to partner for the event four years ago.

Karen Krumholtz, executive director of the Spirit of Giving Network, a community network of nonprofits with 60 member organizations, leads the charge and is rolling up her sleeves now to garner sponsors, donations and of course, volunteers. "It is one of the biggest projects we do each year," says Krumholtz. "We are lucky to have been able to provide gifts to so many children in previous years and thankful to all those who continue to support this wonderful community initiative."

Local businesses are encouraged to have a collection box where patrons can drop off a wrapped toy. Cash donations and gift cards are also accepted. Many businesses involved in the past include banks, car dealers, hospitals, restaurants, gated communities, churches, supermarkets and other retailers, professional offices such as law and accounting firms and even colleges and universities.

The Holiday Gift Drive ends in mid-December Contact Karen Krumholtz for more information. 561-385-0144 or Karen@spiritofgivingnetwork.com www.spiritofgivingnetwork.com

President Obama Should Be Held Accountable For Failing To Advance Peace Process Between Israel And Palestinians

By Rabbi Sam Intrator

As we are coming to the final days of the presidential campaign, it is shocking that an issue that may be the greatest foreign policy challenge facing the next president of United States soon after he takes the oath of office next year has neither been mentioned in the debates, nor has the media paid any attention to it.

The Middle East peace process, especially in light of the violence that has followed the "Arab Spring," should have been a subject of debate and discussion by both candidates. Gov. Romney has critiqued Pres. Obama's failed approach to the Middle East peace process and has suggested that he would follow a different course. President Obama should have been held far more accountable for his grave failures in regard to the peace process.

While candidate Obama in 2008 criticized President Bush for his failures to make any progress in peace negotiations between Israelis and Palestinians, President Obama in 2012 has established a record on this issue that has caused far more damage to the peace process than his predecessors' actions. The president's policies of "putting daylight" between United States and Israel has made Israel feel far more insecure and has emboldened the Palestinian Authority and made them far more intransigent. Thus Pres. Obama's policies have not only failed to advance the peace process, but have actually reduced chances of peace between Palestinians and Israelis.

For a true peace process to take hold in the Middle East, the approach followed by President Obama and that of many in the peace movement, which is primarily blaming Israel for lack of progress in the peace process due to its settlement construction is a grossly one-sided and unfair approach that is doomed to failure. Without confronting the Palestinians for their refusal to recognize Israel as a Jewish state as well as their harsh incitement against Jews and Israelis in their government controlled TV and textbook, no true and real lasting peace can come to the region. Without a candid and public discussion of all the issues, peace will continue to remain out of reach to both Israelis and Palestinians.

Real peace Middle East (www.rpme.org), a new organization hailing from South Florida seeks to broaden the peace discussion and to move beyond superficial reflex reactions that automatically primarily blame Israel for lack of progress on the peace front. In the spirit of expanding that discussion, RPME has with the assistance of prominent Hollywood producers released a trilogy of humorous and satirical Webisodes that show the absurdity of the failed peace process followed in these last years. The Webisodes can be found on the Real Peace Middle East website RPME.ORG

Rabbi Sam Intrator is president of Real Peace Middle East

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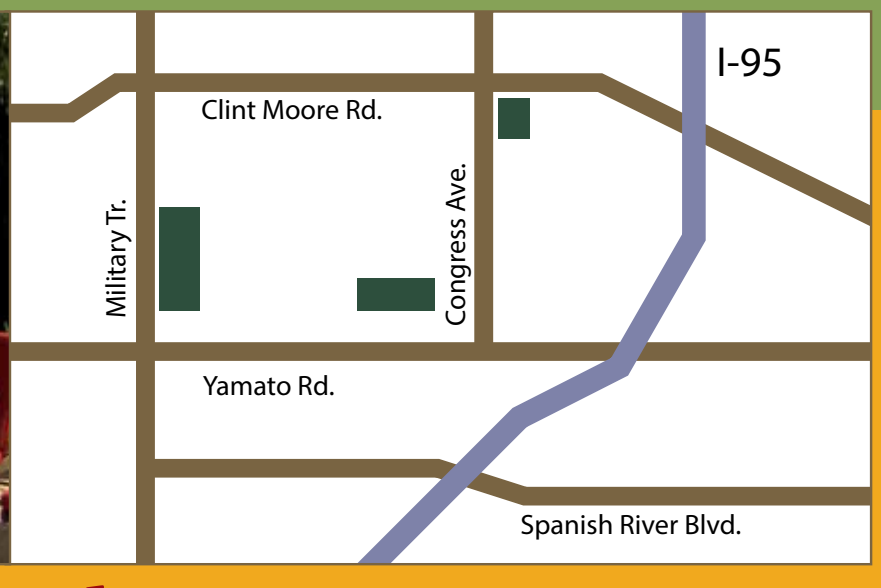

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Boca Raton's Roadmap Back to Prosperity

Mizner Park

This is the first in a series of articles from One Boca, One Future spotlighting the City of Boca Raton's most valuable yet under-realized growth area: The Northwest Sector, the space on the map between I-95 and Military Trail, Clint Moore Road and Spanish River Blvd.

More than 45 years ago, Northwest Boca Raton was the model community. IBM's arrival ushered in neighborhoods, top-rated schools, businesses and key infrastructure that became the blueprint for today's live-work-play community.

Housing and lifestyle amenities offered IBM's people "a good place to raise families in a very nurturing environment for professionals," says IBM veteran Pete Martinez, who today is Chairman of Palm Beach Medical Education Corporation, parent of a new medical school planned for Boca Raton.

Now more than ever, sustainably-focused redevelopment can establish Boca Raton as a world-class "city of tomorrow." In Boca Raton's Northwest subdistrict alone, some $750 million in "shovel-ready," developable land is available. Plans would include restaurants and coffee shops, retailers, and the affordable, luxury apartments needed to serve the area's growing high-end employee base.

"There's a massive population base that's underserved locally in the community," Martinez says.

Companies scouting relocation possibilities in major cities – like Charlotte, Atlanta and Austin – want "urban, chic and walkable" destinations for an increasingly "sophisticated" talent pool, says Kelly Smallridge,

Now more than ever, sustainably-focused redevelopment can establish Boca Raton as a world-class "city of tomorrow."

President & CEO of the Business Development Board of Palm Beach County Inc.

"Anytime a company is looking to move into the county, they are looking for creative, innovative and attractive environment to bring in the best employees," she says. "It's all about walkable cities. That younger generation likes to get up, ride their bike, go to the gym or walk to work."

In 2008, the Northwest Sector was "in a state of evolution," notes a land use and urban form study from urban planning firm Glatting Jackson Kercher Anglin. Zoned for light industrial, plans for retail and luxury residential development is prohibited. That leaves employees of area companies without suitable housing or services. Even then, "It is increasingly difficult for employees to find proximate housing or to access daily-needs commercial services," the report noted.

Another report cited critical improvements needed to attract future development and employers, including sustainable planning, enhanced quality of life, and increased commuting connections. Yet, little has changed.

Planned mobility development could help Boca Raton regain its status as world-class live / work / play destination for blue chip companies looking to relocate here, agrees John Crean, CEO of Broken Sound Club, which has invested $27 million in the club over the past four years. "We're putting our money where our mouth is in our little village in the larger town of Boca Raton," he says.

Development will not increase traffic woes – and may reduce it. Current commuting patterns prove this, says Charles Siemon, a long-time Boca Resident and partner with land use law firm Siemon & Larsen, P.A. More than 90% of Boca's 79,000 employees citywide commute in from elsewhere, notes the U.S. Census. Increased commuting means more trips and vehicle miles, a larger carbon footprint, and traffic woes, Siemon says. Development "will shorten commutes and lessen traffic," he says.

Moreover, as the economy has changed, cities developed years ago find themselves planning for efficient infill of existing parcels and maximum use of already developed land, he says. "This is not your grandfather's Boca Raton. "The world has changed. Florida has changed. Boca has changed."

With a balanced, sustainable solution that serves high-wage employers, broadens the city's tax base and preserves residents' desires to maintain its neighborhood appeal, Boca Raton can regain its role as a world-class city of tomorrow – today.

The next story in this series - "Boca Raton: Demographics & Geographies in Change" – will run next week. To learn more about Boca Raton's efforts to revitalize its future, visit www.OneBocaOneFuture.com.

The Boca Raton Tribune **EDITORIALS/LETTERS** East/West Boca Raton, FL

The Boca Raton Tribune

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EDITORIAL

By Dale King

Peanut Rules in Downtown Boca Raton

I knew it was just a matter of time.

I've been telling my readers for years about my very intelligent dog, Peanut. What I didn't tell you is that he has been eying downtown Boca Raton with much enthusiasm.

Just the other day, my wife and I decided to bring him to downtown Boca for the second annual "Meet Me on the Promenade" event.

In a language known only to his "mommy and daddy," he informed us that he really likes the city and wants to spend more time here.

Peanut and his "daddy" at Sanborn Square.

He has been here before, but has mostly seen Boca Raton from the car window. Then, last summer, we brought him to Mizner Park for dinner at The Dubliner. My wife and I both enjoyed fish and chips, and Peanut got his share. I was amazed at how nicely he took to the visitors strolling along the sidewalks. He only barked at one person, and was a perfect gentleman to all others.

Peanut thought the "Meet Me" event was terrific. He said he was sorry that the Friday night part was cancelled because of the bad weather brought about by Hurricane Sandy. But on Saturday, he really got into it. (After a while, the sun started to get to him, and he wanted to go home and get a drink from his own bowl.)

Peanut met Downtown Manager Ruby Childers and her daughter, Rebecca, who were riding a cart around the grounds of the festivities. He enjoyed the continuous live entertainment and the "friends and family" fun. He was particularly entranced by Bonnie Kaye, who stopped by to talk to us. (Not only did he like her, he gave her a kiss. Not something he does with just anyone.)

Need I say that Peanut was particularly interested in the Doggie Depot. Hosted by mod. dog Salon & Boutique, this section was the place to be for dog lovers, with Pet Meals on Wheels, product showcases for pets and owners.

Peanut said he also loved the artists and crafters village hosted by Art Attack. It was a showcase featuring artisans and their distinctive arts and crafts, from paintings, furniture and sculpture to decorative tableware, photography, jewelry, fashion accessories and clothes.

There were also Halloween Happenings. It's ironic, but my wife and I bought Peanut a new costume on Friday, but we forgot to bring it. It would have been nice to dress him up – although, frankly, he's not much on wearing clothes.

We did happen to meet the guy from "Texas Chain Saw Massacre" as he "cut" his way across the festival grounds.

We didn't get to "Meet Me" in time to catch the Making Strides against Breast Cancer Walk that kicked off at 9 a.m. But we did take part in "Stroll, Shop and Savor Downtown Boca." This was a self-discovery tour of everything along the Downtown Promenade and the areas that it connects with.

While we were strolling, we noticed Tony Stewart's Office Depot NASCAR show car. Someone started it up and revved it loud, causing Peanut a bit of concern. He's not really into cars – except to ride in them. I'm sure if they wanted to take him as a passenger, he would have obliged.

Not far from the NASCAR car were interactive programming hosted by South Florida Parenting and children's activities conducted by the Boca Raton Children's Museum.

We all thought the antique and class car showcase sponsored by the Rotary Club Downtown Boca Raton was exceptional. It featured award-winning entries such as a 1959 Cadillac convertible, 1956 Ford Thunderbird, 1939 Cadillac Series 62, 1967 Chrysler Imperial, among others. (I have a soft spot in my heart for Packards, and there was a beautiful '38 convertible there.)

Peanut walked so much he had sore feet – four of them. We headed home, but he said he really wants to attend "Meet Me on the Promenade" next year.

Letter Guidelines

Letters must be signed with name clearly legible along with a phone number and complete address.
No unsigned or anonymous letters will be considered for publication.
The Boca Raton Tribune reserves the right to edit the letters for spelling, grammar, news style, good taste and available space. Letters from the same author will not be published more often than every 60 days.
E-mails to columnists may be used as letters to the editor.

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Letters to the Editor

Douglas....
Very special congratulations to Lynn University, its students, faculty, administration (especially President Ross!) for tending to every detail leading up to, during, and following the Presidential Debates on Monday night. It was more than spectacular ....a huge undertaking to go down in history as a job well done .....the world saw something wonderful in Lynn University and the city of Boca Raton. What a great experience for me personally to have shared in the activities.

Although there are no doubt answers somewhere, I just wonder why both candidates chose to stay at hotels outside of Boca Raton? Additionally, the press gave recognition over the weekend to Mrs. Obama's visit to Miami, Gov Romney's beach games in Delray Beach, and followup remote news by one news channel (not FOX) broadcasting from, yes, Delray Beach. Delray Beach??? Kudos to Ann Romney for sharing her precious time in Boca Raton!
Happy Day!
Emily Lilly

THOUGHTS FROM THE PUBLISHER

By Douglas Heizer

Mid life or half way to death?

"The most a man lives is 80....after that it is just boredom and tiredness"

The Bible already says it; each day statistics prove even more that men life expectancy is 80 years old. Following that information I conclude I have already lived more than half of my life, passed exactly 14% half way, what statistically means that I have only 36% left, if I am not mistaken.

Statistics on the side, who knows how many years one will live?

Last week, my friend's father asked not to have surgery and to go home and wait to die, he just turned 82 years old and everyone is waiting for the eminent death, still today.

Today I spoke to another friend who I have not seen in awhile, and she told me her father passed away 6 months ago, he was 73, died quickly, although he was in good health. That gentleman I knew well, and it is without any after-passing demagogy, I liked him a lot, someone who inspired me as a role model to set the standards of my adult life.

Funny these standards, which we instinctively create, and we intend to follow when we reach adult life.

I myself have always planned to be a "modern old timer" not "deviant". I've always enjoyed being plugged with what is modern and it includes everything we have within ourselves, the spirit of being young that maintain us. And that goes from what we like to watch and listen, what we use daily till the way we dress ourselves, I am modern , yes, so what? Vanity, all is vanity…..

We put ourselves together, or rather, we program ourselves with a series of pre-existing role models/templates, starting with the father, followed by friends' parents, religious icons, politicians, professionals and that it is….. ready, it is ready the "new" new-man model!

Keeping fit is fundamental, good eating habits, good sleeping habits, avoiding alcoholic beverages, drugs (licit or illicit), avoiding stress, keeping a nice and healthy family. Well, there are a few components that due to irony, you should be preparing since very young age!

If you don't prepare yourself early, it will be more difficult to go after the difference! But as the popular say goes, "better later than never".

All this remind me of the story of two friends talking to each other, by one friend's death bed at the hospital, talking about the few days one friend had to live and asked him: "Man, you are so lucid, you are well, it is hard to believe you have only one week to live, it is incredible to see how you are reacting in such a tranquil way!" Then the sick friend's answer: "We are both in the same boat, the only difference is that I already know when I will die and you don't. But the only thing you can be certain, you are going to die too and it could be even before me! My life is in order what about yours?"

Look, that can cause panic in any of us, right? This question is horrible: Is your life in order?

You must be thinking about your bills, your insurance, your retirement, in a bunch of things that, sorry to say, you are not going to enjoy after you die, but what I want to know is: is your life in order with God?

If you don't know, it is passed the time to find out, don't you think?

The good part is there is a test to check that: "All who believe in Jesus will not die, and will have eternal life…."

Well, I hope to see you in heaven, a place that I will certainly go to! And then, I am out of the statistics of life and death because what waits for me is eternal life!

Until there, or earlier around here.....

POSITIVE LIVING

By Dr. Synesio Lyra, Jr.

Keeping Your Word!

Never accommodate yourself to the irresponsible actions of others, much less your own. People need to be held accountable to their commitments, their promises, and whatever else is expected of them!

Many persons hope that keeping silent about a duty not executed, a project not completed, a promised not fulfilled will make them disappear, or cause people to forget about it. Yet, usually such is not the case. The expectant individual will fill his or her mind with bad thoughts about the failure carried out by the other person.

There's no scale of significance about whatever is promised but never delivered. As insignificant as a commitment may be to respond in some fashion, at a specific day or time, one's word must count for something. There are people who even volunteer for things they know in advance they shall never tackle, much less complete!

However, society cannot function adequately unless its members look more seriously at every commitment made, however small they might appear to be. Others are counting on its completion and delivery. It's reasonable for anyone to be casual and spontaneous in certain things, but that should never apply to duties upon which so many others depend.

No one has the right to break a promise without timely informing those to whom it was made. It may be a phone call with information sought by another, an e-mail or letter to be written, a recommendation to be provided, a purchase to be secured et al. It's often in smaller things that major blunders are created, and enduring disappointments take place!

Although lack of seriousness in the fulfillment of smaller or greater responsibilities has existed throughout human history, it appears that the current age may eventually be classified in history by varied designations, one of which might well be "the age of irresponsibility." People today never measure the consequences of their actions or inaction even about significant issues!

Make your "yes" always run swiftly to respond to what is expected of you, timely and efficiently. By the same token, may your "no" dispel any doubt in anyone's mind about where you stand on a matter, great or small! In all situations, always keep your word!

Dr. Synesio Lyra, Jr. is a Florida resident who, for many years, was a professor at the post-graduate level. He is a writer, a sought-after conference speaker, a man who lived in five continents of the world, having received his education in four of them. When he resided in southern California, he wrote a weekly column for the daily "Anaheim Bulletin," which was carried for about six years, until he moved to south Florida.

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#23

SNORING?
As recommended by Dr. Gifford-Jones M. D.

Here is proof that snoring can be corrupting your health and your marriage. Three out of 10 couples are considering divorce because of snoring says a major magazine article. You are not alone! An official survey says 48% of all people snore. 75% are affected, if you add non-snoring husbands that have snoring wives or vice versa. Snoring is caused by slack muscles in the throat. A common complaint is that people feel that they are not well rested in the morning. Many people wrote they are now sleeping like a babies. Their partners are delighted. This natural health product Sound Sleep #23 usually helps the first night. No side effects.

■ **College professor had lack of good sleeps with many interruptions** for last 8 years that made her tired during the day. Within 3 days taking Bell Sound Sleep #23 the terrible snoring stopped. I wake up feeling refreshed and energized. I can concentrate in a focused, happy manner. I feel delighted with this natural product. *Dr. Anele E. Helges, 77, New York, NY* ■ **A life changing product.** The very first night I took the capsules and every night after I had a restful and wonderful sleep. It has been a God send and blessing. I am by nature a skeptic. The money-back guarantee convinced me to try it. *Jimmy Pay, 53, Gardendale, AC* ■ **3 Years on Bell Sound Sleep** #23. My wife and I are entirely satisfied. Snoring episodes have completely disappeared. This has improved our lives enormously. *Leo Fortin, 60, St-Georges, QC* ■ **Basically you saved my husband's life.** For the last 5 years my husband had very bad nights. Bell #23 was nothing short of a miracle. I have my husband back. No more snoring. No more napping during the day. I am telling all our friends. *Bonnie Johnson, 64, Wichita, KS* ■ **My life changed. Sleep now 7-8 hours.** I am a retired college professor and author of books. I have no more need to nap during the day. Nothing I tried helped until I started Bell Sound Sleep. I am so delighted with this product I would like to make motivational speeches to help others. *Carmen V. Caruso, 66, Ann Arbor, MI*

On the Bell Website we list phone numbers or email addresses of actual users of this product and all other Bell products. Most are delighted to talk about their relief.

Blood Pressure Formulation

#26

Dr. C. Hammoud M.H., PhD, recommends this natural, effective fish peptide product to nutritionally support the body's normal blood pressure function. *A science-backed herbal phytonutrient. Promotes flexible, relaxed blood vessels in healthy persons. *A one-of-a-kind formula that offers unprecedented nutritional support for your overall health and well-being. *We have thousands of repeat customers. Blood pressure is a local point of cardiovascular wellness. *Achieve your balance and maintain your balance and a healthy range. ■ **Bell Blood Pressure Formulation helped me feel great.** Thank you for this wonderful product. *William Oliver, Portsmouth, VA* ■ **I have been taking Bell #26 now for one year.** My mom and brother started taking it as well. Even my pastor is on it now. Thanks! *Mary Earl, Longview, TX* ■ **I started to take Bell Blood Pressure Formulation Formulation #26.** After about 30 days my blood pressure was normal. My doctor was very happy with me. Irene Surridge, 67, Owen Sound, ON ■ **A friend recommended Bell BP Formulation!** When a friend had good results I decided to try it. After taking Bell Blood Pressure Formulation #26. It made a difference in my life. *Milton Perdomo, 68, Rego Park, NY.* **No need to make claims. Bell relays 100% truthful user's free speech. No money is paid for it. No questions asked guarantee.**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Municipal News

The Boca Raton Tribune

Lynn basks in glow from hosting final presidential debate

BOCA RATON – Maybe President Barack Obama got a boost from his stance in the final presidential debate. Maybe Mitt Romney also got a bounce.

But Lynn University in Boca Raton likely got the biggest kick of all from bringing thousands of people onto their Military Trail campus – and millions around the world onto their turf via TV.

"We welcomed the world to our campus for a few days, and they seem to like what they saw," said Lynn President Kevin Ross. "People are now aware of what we have known for some time, that Lynn University is a dynamic institution full of diverse and talented people who are capable of accomplishing great things."

They were talented enough to pull the debate together, Ross said. "Hosting a presidential debate takes months of planning, untold hours of work and several million dollars—a mammoth task for any organization, but especially challenging for a small, independent school such as Lynn University."

"However," he said, "The reward can be equally great as the early numbers related to the school's hosting of the final presidential debate are showing.

pact is hard to measure, encompassing several variables including: elevated local spending, legacy impact and publicity value, among others. To track this activity, Lynn University is commissioning an economic impact report with Enigma Research so the whole community can see the positive impact the debate brought to the community.

He said the report should be available in December 2012.

He said the first debate between Obama and Romney was watched by 67.2 million and the second 65.6 million, according to the Nielson Company. The final debate was up against Monday night football and the final game of the National League championship series which seems to have affected its viewership—an estimated 59.2 million tuned in to see the two candidates square off on foreign policy.

Despite the smaller audience, Ross said, the debate at Lynn enjoyed massive media coverage.

"The school is still adding up the value of the tens of thousands of articles and estimates earned media placements to be valued in the tens of millions of dollars. This number will grow as more media clips are captured through

Lynn University President Dr. Kevin Ross is shown in November 2011 announcing that the school had been selected as the site for the third presidential debate of the 2012 campaign.

the university's media monitoring software, and the total publicity value will be known in the coming weeks."

On Oct. 22, lynn.edu saw a 454 percent increase in page views. In addition, since Lynn's debate website, debate2012.lynn.edu, was launched on Feb. 1, 2012, the site had 153,265 visits and saw 297,897 page views.

According to Twitter, Inc., on Monday, Oct. 22, #lynndebate was trending to the top 3 nationwide and top 5 worldwide. President Obama's "fewer horses and bayonets" comment at 9:45 p.m. peaked Twitter activity with 105,767 tweets per minute.
Several influential people and outlets used #lynndebate in their tweets including BBC Breaking News, Al Gore, Fox News, USA Today, C-Span, Twitter Government and Darth Vader, among others.

Lynn is not resting on its laurels. The school has many plans beyond the debate during the remainder of its 50th anniversary year. For example, Lynn staff is finalizing plans for the groundbreaking of the new Bobby Campbell Soccer and Lacrosse Stadium and new International Business Center building, which will take place in the spring semester.

"I've always said that we're a small school that does big things," Ross said. "The debate is only the latest example of this, and I hope everyone stays tuned to see what we do next."

Team effort nets two armed robbers in Boca

BOCA RATON – Police from several departments joined forces to arrest a man and a woman on armed robbery charges stemming from an alleged heist Wednesday, October 24, at about 4:50 p.m. outside the U.S. Post Office at 604 Banyan Trail.

Brian Verdell Reed, 35, of Naples, and Annette DiCocco, 23, of West Palm Beach, were charged with armed robbery. Reed was also charged with providing a false name, which he gave to officers when he was placed under arrest.

The police report said the victim had just left the post office and was opening the passenger door of her car when a male pointed a silver handgun at her and demanded her purse. The victim handed the purse to the robber who then pointed the gun at the victim's husband, who was sitting in the driver's seat. The husband gave the suspect his wallet and the robber ran to an adjacent parking lot. The victim went inside the post office to get help and her husband followed the suspect.

The husband saw the suspect get into the passenger side of a small Chevrolet and followed them to Highland Beach. The driver of the Chevrolet, later identified as Annette DiCocco, turned into a neighborhood that had only one point of exit. Boca Raton police officers, with assistance from members of Highland Beach Police, Delray Beach Police and the Palm Beach County Sheriff's Office, were able to contain the suspects in the neighborhood, where they were located by Boca Raton officers hiding in the water under a dock.

The male suspect, identified by police as Brian Reed, had been recently released from prison after serving several years for multiple felonies. Both the victim and her husband identified Reed as the man who robbed them. B

Boca Raton officers located a silver pellet gun in the bushes near the Chevrolet. Items belonging to the victim and her husband were found in DiCocco's purse, which she had with her when she was found under the dock, police said.

THE CITIZENS VOICE

By Al Zucaro

VOTE EARLY, VOTE ALWAYS….

Well if the notion that voting and participating do not matter were ever to be set aside, it has now been completely shattered here in Boca Raton.

Kudos to all those citizens that raised up their voices against the recent efforts by the council in a conspiracy with the developers at putting in place programs of unbridled growth within this city.

There is no doubt that the history and culture of Boca Raton has been and remains that of a low density living community. Legions of historical evidence support this proposition and, until recently, so did the voices of many of the elected officials, both past and present.

So why is it that in the last year, citizens have had to fight city hall so hard? Citizens fought them in the election process to unseat Councilman Majhess; in the Ocean Strand lease attempt to make public coastal land for members only; and in the city council's approval of the Archstone project, a project that would forever change the look and feel of downtown Boca Raton. In all these, the citizens won…

Citizens have come together in spirit and in treasure to fight the fight. Petition drives designed to overturn a council action take a great deal of time and effort to succeed. Litigation at circuit and appellate levels require funding and all this in the shadows of well financed and determined opposition, both public and private.

To the citizen it is raw emotions; to the developer it is a cost of doing business. Emotion is the harder element to achieve. Loses discourage emotions; victories, however, encourage greater participation and, hence greater emotion.

Does it not annoy you that the council is now silent with regards to this latest victory? Where is all their bravado? Where is their continued arrogance to fly in the face of the citizens?

The Archstone matter is now being conducted in 'executive session', out of the public eye, to determine what the next step by the council will be.

Is it not obvious what the next step should be? Either rescind the ordinance and fulfill the citizens' will or schedule the special election as directed by the court. Taking this matter further in the courts would be another assault on the will of the people and another demonstration of the unholy alliance between the majority of the council and the developers.

It is also annoying to have a representative of the developer quoted as saying that these determined citizens are but a "small band of people who don't trust the democratic process."

Trust the democratic process? Why would they?
So far all they see are political insiders, lobbyists, and city staff whispering in the corner about how to justify a council action. They see at least three council members huddled together, almost as if attached at the hip, conspiring to denigrate the will of the citizens and they see outcomes that are far from defensible, hence the recent loses which ultimately are at the expense of the citizens.

Developers have the money to continue the fight. The city council does not. The city council has the citizens' money. The council has a public trust to do the will of the people not their individual will. That is representative government as opposed to a democratic process.

The citizens now have the will to go toe to toe with these bullies. So let the games begin. Emotions are very high and the citizens are realizing that 'you can fight city hall.' You do it with dignity; with organization; with the moral high ground and with the law on your side.

Here is a prediction….the citizens will continue to raise there voice in distrust of a democratic process that is not at all democratic. They will continue to oppose the deliberate attempt to change the character of the city they love without their participation and their agreement.

Petition drives are their cost of doing business but petition drives will continue unless and until the council finally gets the message….the citizens come first….or, in the alternative, until the current council is finally unelected, a real possibility in the next upcoming political cycle, March 2014.

Second Annual Meet Me On The Promenade: Downtown Boca Draws Thousands

To Come Early, Stay Late

Thousands filled the streets of Downtown Boca for the destination's second annual Meet Me On The Promenade this weekend as visitors from Miami to Wellington came early and stayed late to take in the event's Stroll, Shop & Savor self-guided tour of all there was to "see and do" at the street fest. While

effects of Hurricane Sandy weather cancelled Friday night activities, the spirit on Saturday was far from dampened as more than 7,000 clad in symbolic pink began their route through parts of Downtown Boca in the 11th Annual Making Strides Against Breast Cancer and then stayed to enjoy event festivities.

Offering something for everyone, the day and night featured live entertainment, family-friendly programming, Halloween Happenings! and "after parties". The Saturday jam-packed line-up featured an exciting day and night of live entertainment on several stages, plenty of "friends and family" fun and free staged "Fall For Downtown Boca" keepsake photo opportunities both inside a gigantic "walk in" commemorative globe and next to the Office Depot Tony Stewart NASCAR show car. Event goers venturing on the Stroll, Shop, & Savor Downtown Boca discovery tour sponsored by Coldwell Banker and Kaye Communications, enjoyed the Office Depot Foundation sponsored Family Zone with family playground hosted by Lesser, Lesser, Landy & Smith, PLLC; the Allianz Championship sponsored Sports Zone with an inflatable golf driving range and Miami Dolphins interactive activities; the ModDog Salon & Boutique hosted Doggie Depot; a classic and antique car showcase sponsored by the Rotary Club Downtown Boca Raton and a mini-showcase hosted by Mizner Park; an Art Attack Artists and Crafters Expo, Chamber Village hosted by the Greater Boca Raton Chamber of Commerce, and plenty sidewalk shopping, dining specials, retail discounts, "chances to win", and much more served up by Downtown Boca shops, salons, spas and restaurants.

The Health-Full Community included "Ask Your Doctor" sessions hosted by the Charles E. Schmidt College of Medicine and the Community Corner was filled with vital nonprofits with a variety of missions. Making the event more "bike-able" this year, Comerica Bank partnered with the Boca Raton Bicycle Club and Bike Generation to offer VIB (Very Important Bicyclist) parking and bike safety check-ups at its Downtown Boca branch.

Offering a blend of "fun" and "fund" raising, Downtown Boca debuted three versions of Boca Downtowners via its Cocktails-4-Charity that benefited Making Strides Against Breast Cancer, Office Depot Foundation, and Junior League of Boca Raton Saturday. The street fest' afternoon and evening schedule featured memorable Halloween Happenings! including a costume contest for children and families, a pet costume showcase, shop-to-shop "trick or treating", early family dining specials and "Happy Halloween Hours", BeetleJuice's Rock 'N Roll Monster Revue and "after parties" at participating Downtown Boca pubs and clubs.

"In light of school closings and Hurricane Sandy challenging us on Friday, we were pleased to welcome the thousands that came out on Saturday to enjoy the day," noted City of Boca Raton Downtown Manager Ruby Childers. "Participation in The Halloween Happenings! costume contests were strong, followed by shop-to-shop 'trick or treating' and full production BeetleJuice Rock 'N Roll Monster Revue."

City of Boca Raton Community Redevelopment Agency Chair and City Council Member Constance Scott noted that " With Meet Me On The Promenade, the vibrancy continues in Downtown Boca with plans being finalized for two annual holiday celebrations, including the City's Annual Holiday Lighting Extravaganza and 42nd Annual Holiday Street Parade on that brings us Santa and Ms. Claus atop a City of Boca Raton fire engine."

Additional Photos on page B8

B Boca Life & Arts
The Boca Raton Tribune - B Section
November 1, 2012 through November 8, 2012 • Year III • Number 120

ENTERTAINMENT

"Avenue Q" Another Winner for Slow Burn Theatre

See page B8

ENTERTAINMENT

Women's Theatre Project's "Delval Divas" opens Nov. 2 at Sugar Sand Park

See page B6

Most Decorated American Gymnast to address YMCA Prayer Breakfast

Shannon Miller

BOCA RATON -- Shannon Miller, the most decorated gymnast in American history, will be the keynote speaker at the 11th annual YMCA of South Palm Beach County Prayer Breakfast to be held Tuesday, March 12 at the Boca Resort and Club from 7:30 to 9:30 a.m.

The event is a morning of fellowship and fun – strengthening community while fundraising for the Y's Financial Assistance Program, which allows everyone, regardless of income, the ability to participate in Y programs through scholarships.

Miller, a US Olympic gymnast who led the "Magnificent Seven" to the US Women's first-ever Team Gold in 1996, remains the most decorated gymnast in American history. She is the only female athlete to be inducted into the US Olympic Hall of Fame twice (Individual 2006 and Team 2008) and the only American to rank among the Top 10 All-Time Gymnasts.

The event will also honor longtime Y supporter, Henrietta, Countess De Hoernle, whose contributions as a Y board member and trustee have helped build the Child Development and Youth Center at the Peter Blum Family YMCA of Boca Raton.

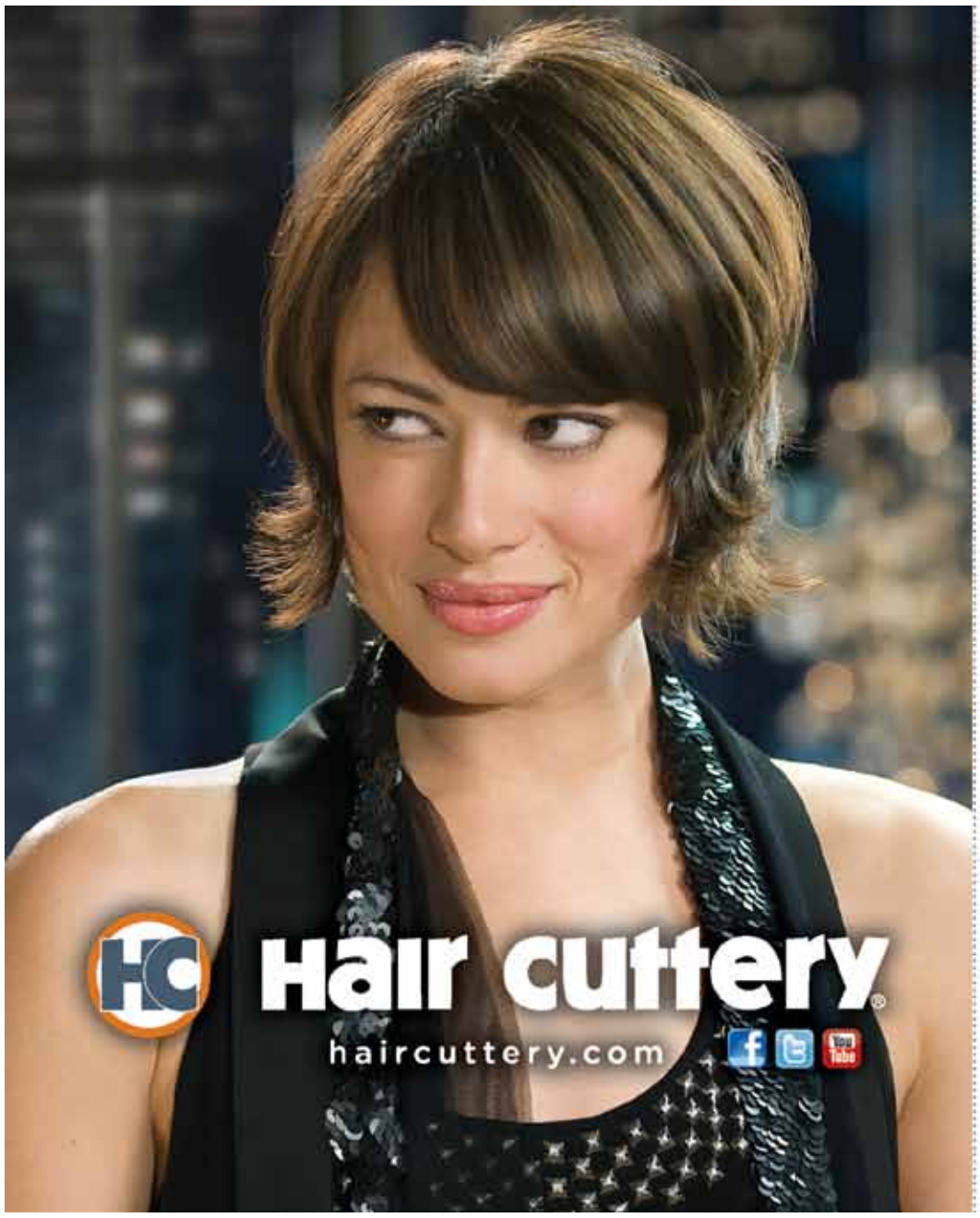
The 2013 volunteer chairperson for the prayer breakfast is Linda Spielmann – a 16-year breast cancer survivor who used the wellness center at the Peter Blum Family YMCA in Boca Raton to regain her strength. Linda has a powerful personal connection to the Y, having been a member with her husband and children for over 20 years. She explained, "The YMCA represents all that is important to our local communities and not only provides quality programs and facilities to everyone, regardless of their ability to pay, but most importantly, it is a family."

The event committee includes: Trina Chin Cheong, Rebecca Coleman, Trish Dawes, Lindsey Donoff, Lisa Elkan, Alex Farnsworth, Kirk Francis, Sheila Gabel, Kim Gramm, Teresa Harrington, Gwen Horasan, Bill Horneck, Megan Keenan, Kery Knutson, Kathy Lockard, Beth Miller, Kay Mueller, Mariagnes Murray, Jillian Percella, Georgia Rose and Pamela Roulan.

The Prayer Breakfast is the largest annual fundraiser for the YMCA of South Palm Beach County. This year's emcee is CBS 12 news anchor Liz Quirantes who was recently named 2012 Hispanic Woman of Distinction for South Florida.

For details, to purchase tickets and for sponsorship opportunities, contact Georgia Rose at 561-237-0944. Funds raised from the Prayer Breakfast will support the YMCA of South Palm Beach County's Financial Assistance Program.

The YMCA is a 501(c)(3) nonprofit social services organization dedicated to youth development, healthy living, and social responsibility. The YMCA of South Palm Beach County is comprised of The Peter Blum Family YMCA of Boca Raton, The DeVos-Blum Family YMCA of Boynton Beach, The Schmidt Family YMCA Preschool at the Volen Center and YMCA@901 NCCI.



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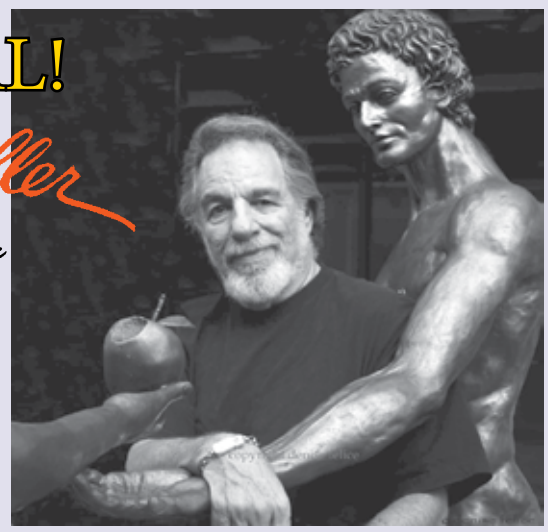
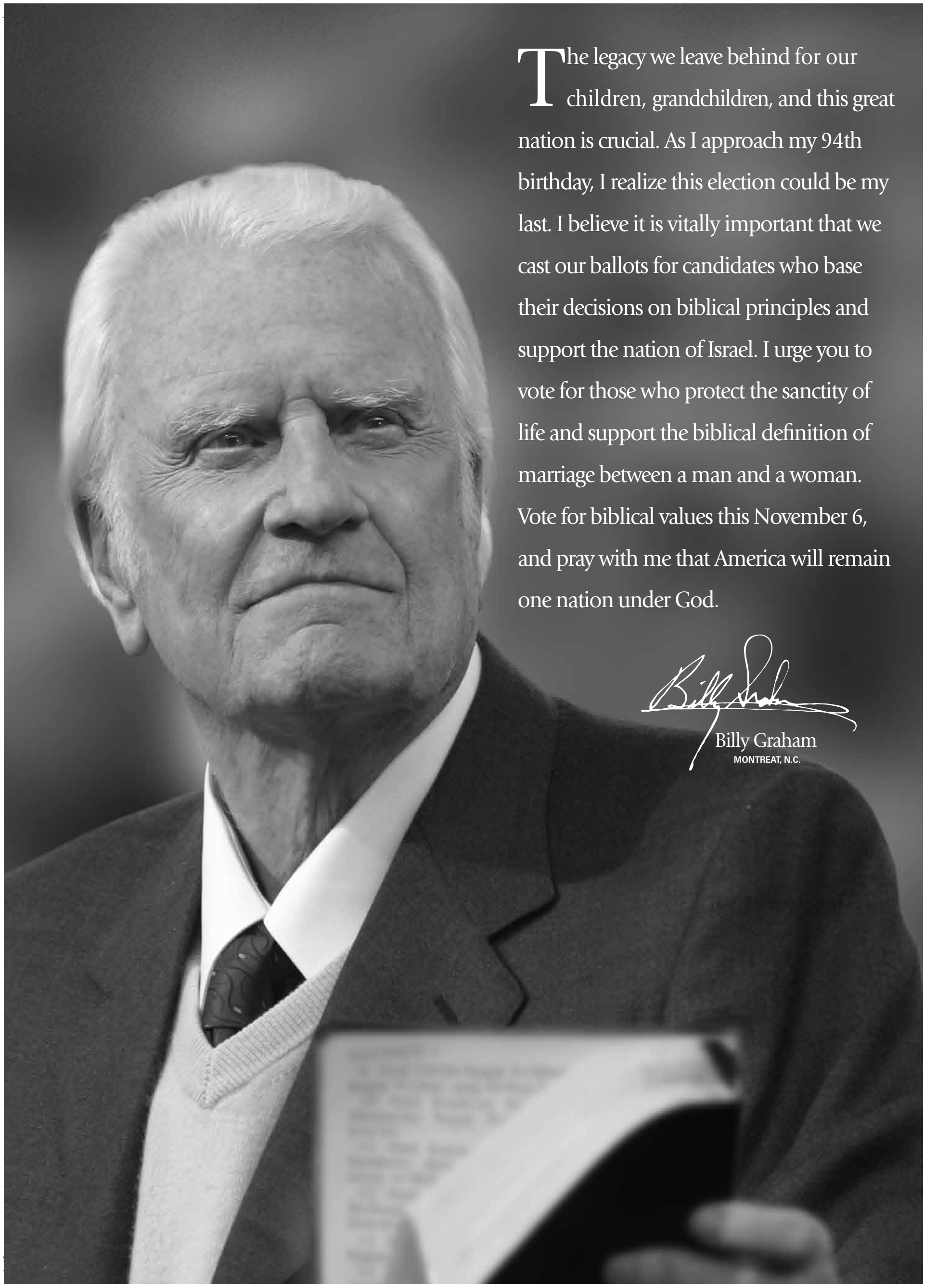


Photo by Denise Felice



The legacy we leave behind for our children, grandchildren, and this great nation is crucial. As I approach my 94th birthday, I realize this election could be my last. I believe it is vitally important that we cast our ballots for candidates who base their decisions on biblical principles and support the nation of Israel. I urge you to vote for those who protect the sanctity of life and support the biblical definition of marriage between a man and a woman. Vote for biblical values this November 6, and pray with me that America will remain one nation under God.

Billy Graham

MONTREAT, N.C.

Luxury Chamber October Network at Gallery 22 Royal Palm Place

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Sylvie Florestal, Yaacov Helle

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SPOTLIGHT

NCCI in Boca Raton hosts United Way Forum

BOCA RATON – Nearly 30 nonprofit agencies in Palm Beach County attended the recent United Way Agency Forum at NCCI in Boca Raton.

Held in the company's atrium, each nonprofit agency displayed posters, pictures, and other literature for NCCI employees to view and consider becoming involved with. Employees also participated in ambassador visits at local charities including the Palm Beach Habilitation Center.

NCCI employees visit Palm Beach Habilitation Center as part of the company's ambassador program where they learn first-hand how to apply labels to materials. From left are NCCI employees Jessica Min, Pamelina Baglio, JoAnne Malik, Jason Calloway and Greg Nichols with a client of the Palm Beach Habilitation

NCCI employees learn packaging techniques from clients of the Palm Beach Habilitation Center during an ambassador visit to the non-profit agency. From left are NCCI employees Jessica Min, Greg Nichols, Jason Calloway, Pamelina Baglio and JoAnne Malik along with Palm Beach Habilitation clients

NCCI employee Jeff Levine teams up with Janine Simpson of United Way of Palm Beach County to provide snacks for NCCI employees as they learn about the nonprofit charitable organizations at the United Way Agency Forum. From left are Simpson and Levine.

NCCI employee Jim Nau visits with representatives from Families First of Palm Beach County at NCCI's United Way Agency Forum. From left are Samantha Whiteman from Families First, NCCI's Jim Nau, and Selena Smith from Families First

Roxanne Jacobs, left, director of development for the Palm Beach Habilitation Center, thanks NCCI's Senior Data Analyst JoAnne Malik for providing the volunteers they need to help them succeed.

NCCI employees Miriam Jereda and Rhonda Retterath De Garcia participated in the company's United Way Agency Forum and acquired materials from the Volen Center. At rear are John Sawzon and Jared Policano from the Volen Center NCCI's Miriam Jereda and Rhonda Retterath De Garcia

Kristin Champagne participates in the United Way Agency Forum at NCCI and learns about the Literacy Coalition of Palm Beach County, a not-for-profit organization committed to ensuring that every resident of Palm Beach County is able to read. Champagne, left, is shown with Jeanne Siccone, a Literacy Coalition representative

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Margi Helschien named Independent Conservative Action Network President

Boca Raton Republican Club President Margi Helschien has been appointed president of the Independent Conservative Action Network. Helschien, who is also vice chair of the Palm Beach County Republican Party and board member of the West Boca Raton Community Council, begins her two-year term immediately.

As president, Helschien will strive to create awareness and identify challenges in the conservative movement. She will host conservative guest speakers who believe in restricting governmental control over private lives and serve as a liaison for governmental authority that is limited to what is necessary to sustain the country.

Helschien will work with fellow board members to ensure that policies, issues and recommendations regarding conservatives are appropriately conveyed and considered for action. The Independent Conservatives Action Network is a Florida nonprofit devoted to educating the public about the benefits of conservatism.

Women's Theatre Project's "Delval Divas" opens Nov. 2 at Sugar Sand Park

BOCA RATON – The Women's Theatre Project will present Barbara Pease Weber's contemporary comedy, "Delval Divas," at the Willow Theatre in Sugar Sand Park from Nov. 2 through Nov. 18. This will be the theatre company's first production in their new venue.

Sally Bondi, Lisa Braun, Lela Elam, Jacqueline Laggy, Jessica K. Peterson and Karen Stephens star in the comedy about six capable and intelligent women (who just happen to be in prison) and find themselves facing a series of challenges - including changes in lifestyle, corruption, and murder.

The cast of "Delval Divas"

"I began to write 'Delval Divas' in 2000 and, thinking back, it's almost like I had a crystal ball into the future," says playwright Barbara Pease Weber. "Since I was, at the time, an actor in my 40s, I decided that I wanted to try to write a comedy involving strong, educated and bright middle aged women. I considered an office setting then decided it would be boring. Thought about a gym setting. Nah, boring! Then I asked myself, where would a group of well educated, successful and intelligent women find themselves together? A-ha! In the slammer for their various and sundry corporate misdeeds. Hence, 'Delval Divas' was born in my head."

Weber's timing couldn't have been better. "Little did I know at the time I began to write my story that the Enron and Martha Stewart scandals were about to explode," she says, "And that later in the decade, scandals involving Bernie Madoff, Country Wide Financial, Fannie Mae and Wall Street in general would keep 'Delval Divas' a timely piece."

Director Genie Croft says "Rehearsing 'Delval Divas' is a creative and imaginative journey as we delve through the process of unraveling the upheavals these characters are trying to manipulate to their personal advantage."

The show will be offer performances on Thursdays, Fridays, and Saturdays at 8 pm, and on Saturdays and Sundays at 2 p.m. during its run. The Willow Theatre at Sugar Sand Park is located at 300 South Military Trail in Boca Raton.

Tickets for "Delval Divas" are on sale now, and can be purchased at the Willow Theatre Box office: 561-347-3948. Tickets for all performances are $25.

ICA USA-Funded Scientist Discovers Novel Cancer Genes in Ashkenazi Jewish Women With Inherited Predisposition to Breast Cancer

WEST PALM BEACH, FL – Dr. Eitan Friedman, a researcher in the Oncogenetics Unit of Sheba Medical Center in Tel Hashomer, Israel, is showing cutting-edge results in his study defining the genetic basis that underlies inherited predisposition to breast cancer in Ashkenazi Jewish women. This world-class scientist's two-year project is funded by a cancer research fellowship received from the West Palm Beach-based Israel Cancer Association USA (ICA USA).

Ashkenazi Jews are descended from the medieval Jewish communities along the Rhine in Germany. Although as far back as the 11th century they were only 3% of the Jewish population around the world, they now comprise around 80% of the world's Jews*.

Dr. Friedman's initial study participants were a group of Ashkenazi Jewish women from "high risk breast cancer" families, and all were diagnosed with breast cancer before the age of 40. Through this initial class of participants, Dr. Friedman has identified germline mutations in 48 novel genes in these women that were clearly associated with breast cancer risk. Notably, none of these genes were known "candidate genes", to be involved in breast cancer predisposition. Another interesting finding is that the genes that carry mutations in women with a family history of both breast and ovarian cancer are distinct from the genes that appear to be mutated in women with a family history of breast cancer, but no ovarian cancer.

He now plans to validate those findings in a larger set of high risk women of Ashkenazi origin, to assess the relative contribution of mutations of each of these genes to inherited predisposition to breast cancer. Dr. Friedman's research will contribute significantly to - and further expand - understanding of the molecular basis of inherited breast cancer.

His study is just one of 31 two-year ICA cancer research fellowships currently funded by Israel Cancer Association USA for 2011 and 2012, at an investment of $22,000 each. 100% of the fellowship dollars goes directly to the brilliant Israeli scientists – not to their institutions, nor for overhead.

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Continued from page 12

More from the Promenade

Entertainment

Skip Sheffield

"Avenue Q"

Another Winner for Slow Burn Theatre

BOCA RATON -- Slow Burn Theatre Company continues its winning streak leading off its fourth season with the bawdy musical comedy with puppets, "Avenue Q." The show runs through Sunday. Nov. 4 at West Boca Raton High School at the west end of Glades Road.

Uproariously funny, touching and very clever, this "Avenue Q" is every bit as good as the touring Broadway show I saw at Broward Center a few years back. What makes this all the more amazing is that this is a totally home-grown show, from direction, choreography and cast to large puppets hand-crafted from scratch by Richard Pena. All this was done on a tiny fraction of what a Broadway production costs.

The amazement continues with the cast, which had no previous experience manipulating puppets. The story, created by Robert Lopez, Jeff Marx and Jeff Whitty, is a kind of young adult version of "Sesame Street" dealing with typical problems that confront the recent college graduate.

Looming at the top of the problem heap is sex. Young twenty-somethings are often still in the process of finding their identity, philosophically, professionally and sexually. This is an R-rated show and with good reason. Leave the little kids at home.

Princeton (Mike Westrich) holds a newly-minted bachelor's degree in English literature. He has no idea how that will help him in real life.

Kate Monster (Nicole Piro) is an upstairs neighbor in the crummy tenement they occupy on Avenue Q. Kate wants to be a teacher, and she is serving as an assistant to a crabby kindergarten teacher. She also has a thing for the new guy, Princeton.

Nicky (Christian Vandepas) is a cheerful, upbeat roommate of Rod (Mike Westrich again), who is experiencing a crisis in his sexual identity. Nicky and Rod are clearly modeled on Bert and Ernie in the PBS children's show, but their relationship is much more explicit.

Gary Coleman (yeah, the little guy from "Diff'rent Strokes"), is played by a woman (Pamela S. Stigger), who is superintendant of the apartment building.

Christmas Eve is a stereotypically Asian stereotype with exaggerated accent, but she is played by the distinctly non-Asian actress Ann Marie Olson. She wants to be a mental health therapist. Her boyfriend Brian (Trent D. Stephen) is a Fozzie the Bear-style lousy comedian.

From left, Courtney Poston, Christian Vandepas, Nicole Piro and Mike Westrich.

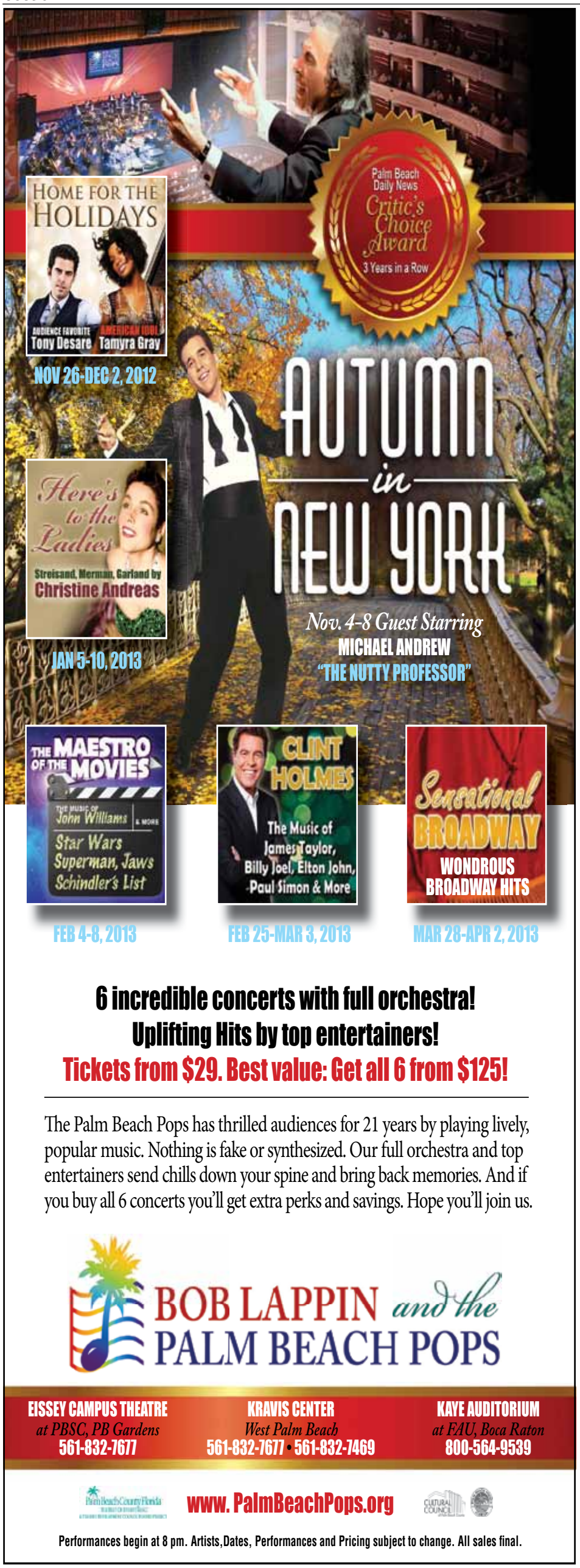
Pamela S. Stigger as Gary Coleman.

Remember this is an adult show. The Cookie Monster-style character is Trekkie Monster, who is hilariously addicted to Internet Porn. Lucy T. Slut (Nicole Piro again) is a lounge singer who acts just like her name.

The songs are half the fun of "Avenue Q." The score won one of three major Tony Awards in 2004. The lyrics are about as far away as you can get from the wholesome likes of "Sound of Music," starting with the introductory theme song, "It Sucks to Be Me." Greatest hits include "Everyone's a Little Bit Racist," "Fantasies Come True," "I Wish I could go Back to College," "If You Were Gay" and the hilarious cover-up "My Girlfriend Who Lives in Canada." The most wistfully romantic tune is "There's a Fine, Fine Line," which shows the story has heart too. The score is played by a live, onstage but unseen ensemble most effectively.

You better hurry if you want to catch this little delight. Congratulations director Patrick Fitzwater, cast and crew. Thanks for keeping theater alive on a shoestring in Boca Raton.

Tickets are $20 students, $30 seniors and $35 adults. Call 866-811-4111 or go to www.slowburntheatre.org.



A Postponed PROPEL Golf Classic at New Location Nov. 8

By Skip Sheffield

Pictured are PROPEL youth wearing newly created PROPEL T-shirts

BOCA RATON -- The fourth annual PROPEL Golf Classic will be held at a new location: Boca Country Club, 17757 Boca Club Blvd. (off Congress Ave.), Boca Raton on Thursday, Nov. 8. This is a rescheduled date from the originally planned Oct. 25.

"We were forced to cancel because of Hurricane Sandy," said PROPEL board president Matthew Kutcher. "The safety of our participants is more important than anything else."

The casual, friendly charity golf tournament is the most important yearly fund-raising event for PROPEL (People Reaching Out to Provide Education and leadership), a 501 (c)3 nonprofit organization founded nine years ago. PROPEL serves Palm Beach and northern Broward County's economically challenged communities and their economically disadvantaged and at-risk youth.

Real estate Broker Ingrid Fulmer serves on the PROPEL board of directors. She co-chairs this year's Golf Classic with Matt Kutcher, who also serves as PROPEL Board President.

"The annual golf tournament is PROPEL's most significant fundraising event," explained Fulmer. "Proceeds from the event have enabled us to award scholarships and to provide valuable resources to our many deserving PROPEL youths. We are working very hard to make the fourth annual PROPEL Golf Classic the most successful event ever. We are excited to be at the beautiful Boca Country Club this year. They have a great course and they have been very cooperative."

PROPEL began awarding college scholarships two years ago, administered through George Snow Scholarship Fund. Thanks to the success of last year's tournament at Boca Lago, PROPEL was able to award four scholarships this year. PROPEL funds are also used for educational materials, mission trips, camping and other activities for youth.

The golf tournament is also a time for fun and camaraderie. Back for a second year will be the costumed girls from Biergarten, serving thirsty golfers.

"Come join us for a fun day of golf, food and friendship, says Kutcher. "Golf is followed by drinks and hors d'oeuvres in the beautiful clubhouse of Boca Country Club. We will have a silent and live auction with many great items that have been donated. The best part is that it is all for a good cause."

Individual players are invited to sign up for $250, or you can have a foursome for $1,000. Fees are tax-deductible contributions. Call Matt Kutcher at 561-704-4648 or go to www.propelyourfuture.com.

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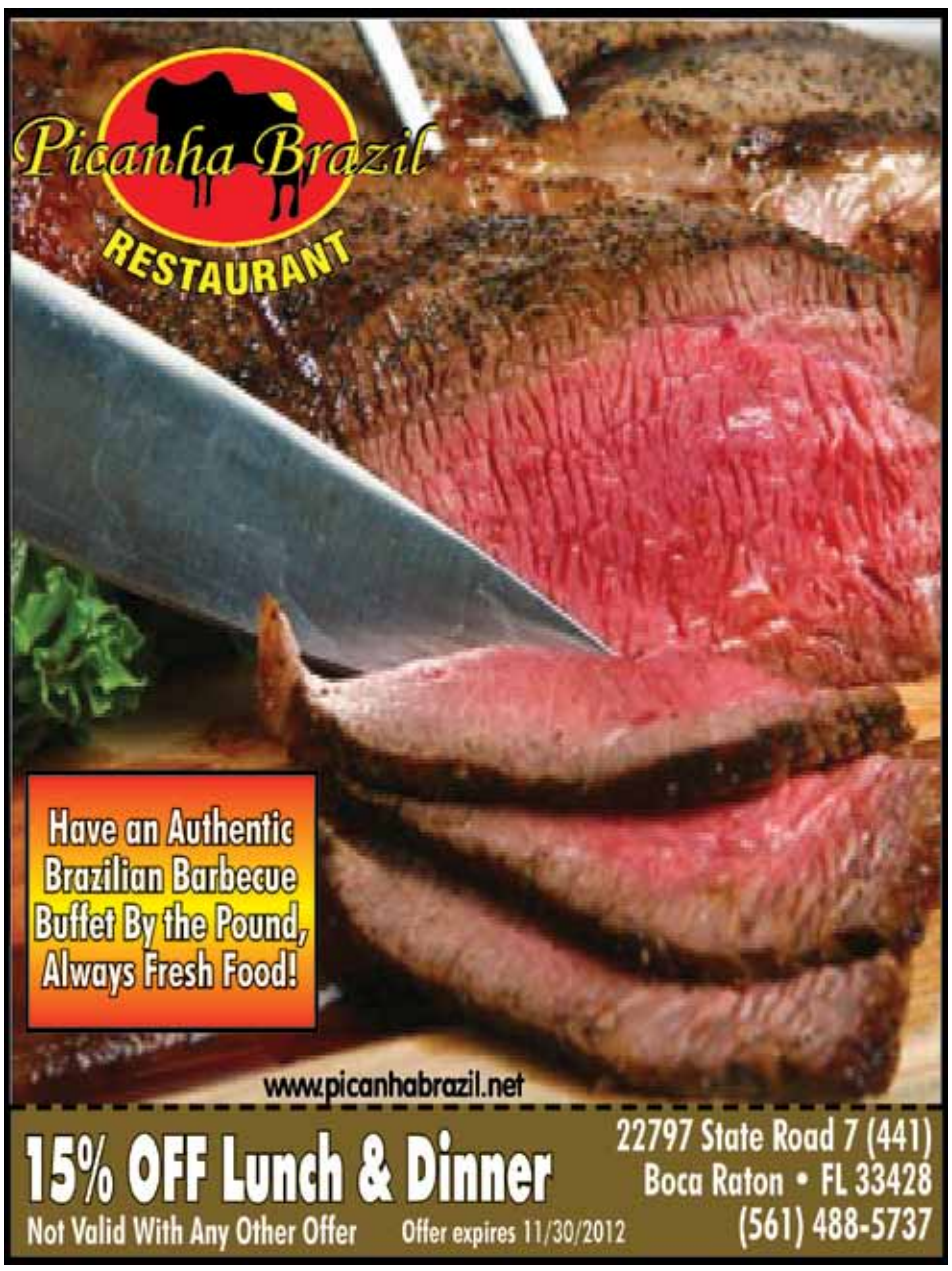

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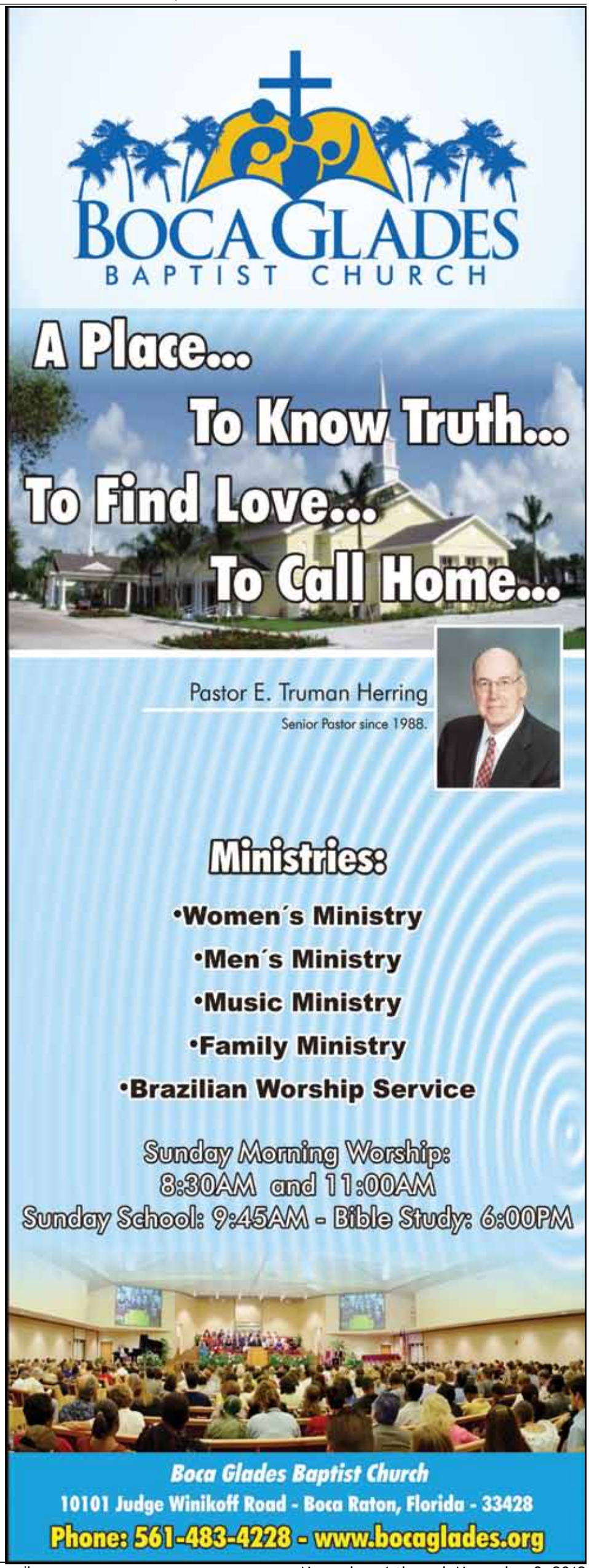

Business
The Boca Raton Tribune

Toyota Of Deerfield Beach Groundbreaking Ceremony

Earlier this month, the Toyota of Deerfield Beach broke ground on its new showroom.

The all-new Toyota of Deerfield Beach will be a customer-focused, state-of-the-art Toyota dealership occupying nine acres immediately adjacent to the existing facility with 40,691 square feet of showroom, parts, service, and administrative office space.

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Groundbreaking ceremony

Craig Pollock

Tricia Buonomo, Ana maria, and Gail Levi

Jim Luber and Carlos Oliveira

Marshall Chesrown and Peggy Noland

Groundbreaking ceremony

Palm Beach County Credit Union aids HomeSafe

BOCA RATON -- During a recent check presentation ceremony at its headquarters, PBC Credit Union announced it raised $635 for HomeSafe, a non-profit organization helping victims of child abuse and domestic violence in Palm Beach County and South Florida.

The fundraising campaign, led by a group of PBCCU employees, raised funds for HomeSafe through the generosity of employees and credit union members. PBCCU employees spearheading the fundraising effort were Sandra Enrique, Patricia Gelsinan, Lucie Ihle, Barbara Lozoski, Ted Meredith, Felipe Restrepo and Minire Syla.

The money will support HomeSafe's SafetyNet domestic violence program, which serves victims of domestic violence and their children in Palm Beach County.

"In celebration of International Credit Union Day, credit unions worldwide hosted various events. At PBCCU, we chose to practice the credit union philosophy of 'people helping people' by giving back to the community and are glad HomeSafe was chosen as one of seven deserving charities our employees and members supported," said Shannon Duran, PBCCU's chief operating officer.

"We're pleased to have the support of the employees and members of PBC Credit Union," said Matthew Ladika, HomeSafe CEO. "This contribution will enable us to serve many people in need of our help to break free from violent and unhealthy domestic relationships."

In existence since 1979, HomeSafe is a nationally accredited non-profit organization protecting Palm Beach County's and South Florida's most vulnerable residents – victims of child abuse and domestic violence. Each year HomeSafe serves more than 15,000 infants, children and families.

HomeSafe Marketing Manager Joe Maltese (4th from left) receives a $635 check from PBC Credit Union employees, from left, Sandra Enrique, Patricia Gelsinan, Lucie Ihle, Ted Meredith and Mimi Syla.

WHAT BUSINESS ARE YOU IN?™

By Gerald J. Sherman

The Small Business Code Word – YCDBSOYA

YCDBSOYA, pronounced Yucadubis-soya. This acronym is meant to bring you to your feet and snap you to attention! It simply means: You Can't Do Business Sitting On Your Ass-ets.

Sitting behind your desk, surveying the office, looks very prestigious, but today's ever-changing competitive market requires that you keep up with what's happening.

As we all know, advertising and public relations are vital tools for branding, gaining recognition and customer acceptance. These tools have changed and taken on additional dimensions to include social media, blogs, and a new approach to networking, events and community involvement. How you use these tools and how you stay on top of these changes will determine their effectiveness. These tools are only as good as your knowledge of how to use them.

Here are a few of the tools that you should fine tune:

Social Media – Blogs, Facebook, Twitter, You Tube, MySpace and LindkedIn can play a part in delivering your story. Bear in mind the objective of Social Media is to get involved with your target market and create word of mouth. It's not advertising; you are not selling anything. Its purpose is to disseminate information to benefit and entertain people who visit these social media entities. Understanding the objectives of the tools and what they can create will help you make the decision of how much time and effort you wish to spend on these activities.

Blogs are one of the most dramatic avenues for disseminating information. How many businesses are using blogs? To be an effective participant means working at it and managing it. This open forum is a cost-effective way of creating word of mouth news and also to gather feedback from your base. It can also become an indirect focus group giving the company direct information about your product or service.

Networking typically brings together an extended group of people who share similar interests. It allows these people to interact and remain in informal contact for mutual assistance or support. It also offers the opportunities to meet and forge business relationships with potential clients, suppliers, peers, and other members of your business community.

Networking can become a highly organized activity. Networking events such as those organized by the local Chamber of Commerce and membership groups comprised of business people from a wide variety of fields and industries typically fall into this category.

You can find networking opportunities in places you never dreamed of. For instance, doing something for the community – volunteering or serving on the board of a local non-profit organization is such an example. Another excellent avenue for combining community work with networking is the Rotary Club which is the world's first service club formed on February 23, 1905 by Paul P. Harris, an attorney. Rotarians began pooling their resources and contributing their talents to help serve communities in need. The organization's dedication to this ideal is best expressed in its principal motto: Service above Self.

Business leaders today should participate in various areas of communication in order to make the marketplace aware of their product or service. Sitting behind a desk is passé and must be replaced by being out in the market place and understanding that we can't wait for the market to come to us because YCDBSOYA.

Learn more about Social Media. Attend The Boca Raton Tribune workshop sponsored by The Boca Raton Tribune and Sherman & Perlman LLC in November. Conducted by Pedro Heizer. Limited seating. Call 561.715.2788

Excerpts from the book, The Real World Guide to Fashion Selling & Management, Gerald J. Sherman & Sar S. Perlman. Fairchild Books, Division of Conde Nast Publications,

Gerald J. Sherman, MBA, DBA of Sherman & Perlman LLC, Public Relations & Marketing is a Boca Raton-based, author, educator, marketing consultant and public relations person who has written several books and articles on these subjects. http://www.shermanperlman.com jerry@shermanperlman.com 561.715.2788

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BUSINESS BITS

BOCA RATON -- The ADT Corporation announced that Arthur Ordua will assume the role of chief innovation officer. In this newly created position, reporting directly to ADT's chief executive officer, Naren Gursahaney, Ordua will be responsible for technology vision and strategy across the entire company. He will create a strategic roadmap for the full lifecycle of new and existing solutions; help define future solution and product architecture and functionality; and strengthen ADT's relationships with key technology companies to position the company as a partner of choice.

BOCA RATON – Ken Silberling has joined Commercial Florida Realty Services, LLC as a principal focusing on office leasing and investment sales. Silberling had been Vice President of Leasing and Acquisitions and Director of Business Development at Danburg Management Corporation since 1999. At Danburg, a Boca Raton based commercial real estate investment and development firm, Silberling was instrumental in growing the portfolio from 150,000 to over 1 million square feet and completed well over 500 office and industrial lease transactions.

The Palm Beach Partners will host the sixth annual Business Matchmaker Conference & Expo Friday, November 9, from 8:30 a.m. - 6 p.m., at the DoubleTree by Hilton & Executive Meeting Center, 4431 PGA Blvd. in Palm Beach Gardens. The Palm Beach Partners is a coalition of city, county, state and nonprofit agencies aligned to maximize economic development opportunities for small businesses throughout the South Florida region. Members include the Palm Beach County Board of County Commissioners, the School District of Palm Beach County, the South Florida Water Management District, the cities of Riviera Beach and West Palm Beach, the Center for Technology Enterprise & Development (TED) and Paragon Foundation of the Palm Beaches, Inc.

The city of Greenacres has completed renovations to a 4,580-square-foot public building to house multiple uses. Located on Swain Boulevard in an area targeted for revitalization, the building was originally constructed in the early 1950s. It was expanded and served various public purposes from a volunteer fire station to a public works maintenance and storage facility. The newly rehabilitated structure will now house the Greenacres Historical Society, a police substation, public works storage and a future satellite office for the local chamber of commerce.

Spodak Dental Group to break ground for new "green" facility

DELRAY BEACH -- The Spodak Dental Group, under the guidance and strategic direction of Dr. Craig Spodak, has announced the groundbreaking of its new, 13,000 square foot, LEED (Leadership in Energy and Environmental Design) certified dental facility.

The ceremony will take place Nov. 9 at 3 p.m. at the facility's 3911 West Atlantic Avenue location. The new state-of-the art "green" facility will house a comprehensive team of dental and medical professionals.

Dr. Spodak is nationally known for his patient-focused practice which features general dentists, an endodontist, a periodontist, an oral/maxillofacial surgeon, MD anesthesiologists, and a ceramic artist from its on-site dental laboratory.

The new building, scheduled to open in late summer 2013, will be an environmentally sound, holistic structure with lush landscape designed to comfort patients and provide an array of environmental benefits. The design team includes Richard Jones Architecture, the Michael Singer Studio and Kast Construction.

"I embarked on the creation of this new facility because I wanted to provide my patients with the most advanced dental care in an environment that would complement the revolutionary services we deliver," said Spodak. "As important as all of my team's advanced treatments are, it is equally important that that my

patients' surroundings promote their health and well-being."

A key design goal was to create abundant natural lighting and indoor spaces that feel a part of the surrounding landscapes and gardens via the large window areas. "I am creating this building with the patient experience in mind," said Dr. Spodak, the winner of the 2012 Delray Beach Business Person of the Year award.

The new facility will feature 18 dental operatories, laboratory space, offices, gathering spaces, a learning center, a waiting area and support spaces.

Business Notes from PBSC: Has Your Marketing Gone Mobile?

BOCA RATON -- As we see a rise in people using Smartphones, mobile marketing has become critical to small businesses. Recent studies show that 72 percent of small business owners plan to increase or maintain mobile marketing efforts over the next year.

Whether you're playing catch-up or have a good program in place, don't overlook the importance of reaching your clients via mobile device.

SMBs aren't looking to simply become mobile-friendly, they'll also be incorporating mobile elements into ad and marketing campaigns to better attract on-the-go consumers and increase visibility.

While the focus is on mobile, content marketing is key as businesses try to build brand awareness, lead consumers down the conversion funnel, and build customer loyalty. More and more marketers understand that the content on their site is what will (or will not) allow them to create a connection with their audience. Try to incorporate these into your marketing efforts.

Top Four Most Effective Forms of Marketing Content:

Email newsletters (50%)
Social media posts (46%)
Blog posts (36%)
Videos (31%)

For more on this topic, or for no-cost consulting with certified business analysts, including growth acceleration consultants and PTAC specialists, contact the SBDC at 561-862-4726 or email sbdc@palmbeachstate.edu

Email your Business News, promotions and acknowledgements to Chris Catoggio at: chris@bocaratontribune.com.

FAU College of Business Ranked "Best Buy" for Online Degrees

BOCA RATON -- Florida Atlantic University's Graduate College of Business has been ranked a "Best Buy" among online business degree providers by the national review team at GetEducated.com. FAU's online business degrees ranked first for "Best Online Masters in Accounting" and 13th out of 60 for "Best Online MBA Rankings-AACSB Accredited."

"We are grateful that FAU's emphasis on providing students a high quality and competitively priced AACSB accredited online education is earning us this kind of recognition," says Som Bhattacharya, Ph.D., interim dean of FAU's College of Business. "We have carefully developed programs using non-traditional formats in order to accommodate our students' busy schedules and without necessitating career interruptions."

The Get Educated online AACSB accredited degree rankings were calculated by comparing tuition and distance education fees at 67 regionally accredited or regional candidate universities in the U.S. that offer 136 online bachelor degrees in the formal major area of business administration. This list is a review and ranking of the least expensive online MBA degree programs with AACSB accreditation under $37,000.

FAU's College of Business hosts five departments and the School of Accounting with a variety of interdisciplinary and professional development programs, and offers an expanding collection of undergraduate and graduate degrees online, including a bachelor of business administration, bachelor of business administration in accounting, master of accounting, master of business administration, and executive master of taxation. In addition the COB has a growing momentum in offering courses taught using the Lecture Capture and Video Streaming (LCVS) technology, capturing live and recorded lectures in high definition and making them accessible to students anywhere, anytime, on any device, including PCs, smart phones and tablets.

Games

The Boca Raton Tribune

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Groups

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Braintrust
Bunch
Cadre
Choir
Clan
Class
Clique
Cluster
Collection
Colony
Coven
Covey
Crew
Faction
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Fleet
Flock
Gaggle
Genus
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Pack
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Swarm
Team
Tribe
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Across

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6 Assist, in a way
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15 Abominable Snowman
16 Buckeye's home
17 Break one's back
18 Gaelic tongue
19 Old money in Milano
20 School assignment
22 Stirred up
24 *Modus vivendi*
28 Litmus reddeners
29 Sugary drink
30 Compass pt.
31 Rani's wear
33 Pound sounds
35 Automobile sticker inits.
36 Egyptian boy king
39 Camera inits.
40 OPEC land
42 Lab eggs
43 Chinese "way"
44 Chapter in history
45 It's a fact
47 Wise men
49 Take to court
51 Asian language
52 Kind of boom
55 Knowing one's capabilities
58 Partner of turns
60 Bond role player
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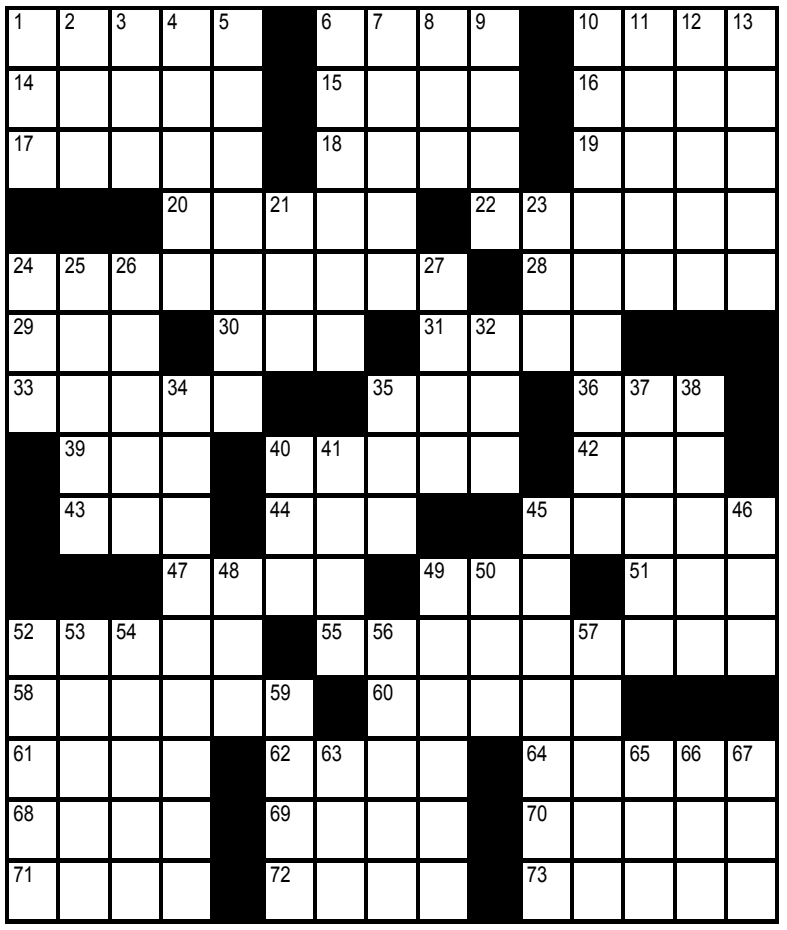
62 Eagerly excited
64 Colossal
68 Terrarium plant
69 "___ life!"
70 Come to terms
71 Bell toad
72 Harbinger
73 Use a razor



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Down

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7 Shade of green
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10 UK attorney
11 Cook-off dish
12 Publicized
13 Highways
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23 Dinghy propeller
24 Nonclerical
25 That is, in Latin
26 A guy, to some
27 Glimpse
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34 Likely
35 CEO's degree
37 Throat dangler
38 Turkic language
40 Chicken order
41 Rainbow goddess
45 Chemical weapon
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50 Roswell sighting
52 Personnel
53 Title holder
54 Part of TNT
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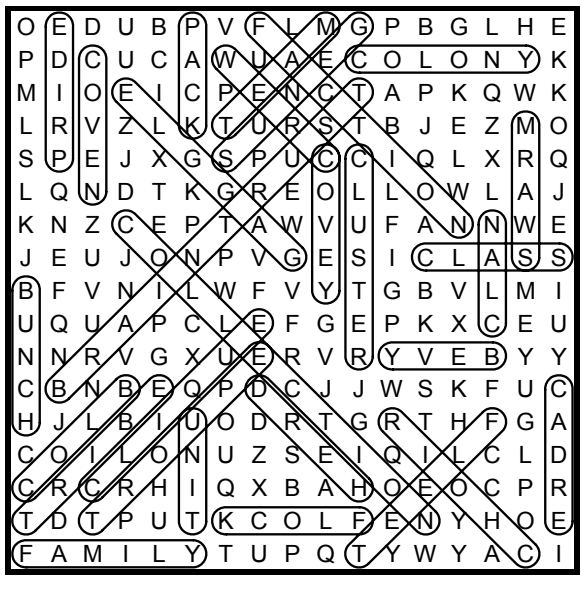
63 Rare find
65 Altar in the sky
66 Ida. neighbor
67 Golfer's gadget

Solutions From Edition 119 Puzzles



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Columnists

The Boca Raton Tribune

FAITH

By Rick Warren

How To Earn The Respect Of Others

Having a good reputation is an indispensable factor in succeeding at work. A recent study revealed that the difference between top salespeople and average ones was not talent, but reputation. People had more trust for those who achieved the top sales performances – and their sales productivity was in part a reflection of the trust that they had earned. No one likes to do business with someone they don't respect.

The Bible says, "A good name is more desirable than great riches" (Proverbs 22:1). In other words, your self-worth (how people esteem you) is more important than your net worth.

A common mistake most people make is thinking that reputation is a matter of image – how people perceive them based on external factors. So they concern themselves with questions like, "How do I look?" or "Did I say the right thing?" To build a long-term good reputation, however, it is necessary to focus on your character (what is unseen, on the inside), not your image (what is visible on the outside). Respect must be earned. The books of Proverbs and Psalms in the Bible identify six character qualities found in people that are respected by others:

1. RESPECT IS EARNED THROUGH INTEGRITY. Respect in business is earned over time, by demonstrating a consistency between what we say and what we do. Respect is not something that can be bought or simply awarded. "The man of integrity walks securely, but he who takes crooked paths will be found out" (Proverbs 10:9).

2. RESPECT IS EARNED THROUGH HUMILITY. When people sense humility – a willingness to set aside our personal goals and self-interest, and to view others as more important than ourselves, they become more willing to work with us. "Anyone who listens to correction is respected" (Proverbs 13:18). "Arrogance will bring your downfall, but if you are humble, you will be respected" (Proverbs 29:23).

3. RESPECT IS EARNED THROUGH DEPENDABILITY. When people see that you keep your promises and commitments, even when they are inconvenient or costly, you gain their respect. "Like clouds and wind without rain is a man who boasts of gifts he does not give" (Proverbs 25:14). "He who keeps an oath even when it hurts will never be shaken." (Psalm 15:4-5)

4. RESPECT IS EARNED THROUGH HAVING PRIORITIES. Your employees, coworkers, customers and suppliers come to respect you when they are confident that your purposes and goals have been carefully evaluated. "If your goals are good, you will be respected" (Proverbs 11:27) "You will earn the trust and respect of others if you work for good" (Proverbs 14:22).

5. RESPECT IS EARNED THROUGH GENEROSITY. The person who thinks of others and gives sincere consideration to their needs commands the respect of others. "He who gives generously to the needy and shows kindness will be powerful and respected" (Psalm 112:9).

6. RESPECT IS EARNED THROUGH PUTTING GOD FIRST IN YOUR LIFE. Who do you serve – at work and in your personal life? What is the foundation for what you do and decisions you make? Your answer to these questions will greatly affect the measure of respect you will receive from others. "If you want favor with both God and man, and a reputation for good judgment and common sense, then trust the Lord completely. In everything you do, put God first, and he will direct you and crown your efforts with success" (Proverbs 3:4-6).

This is adapted from a column by Rick Warren. Dr. Warren is the author of the highly acclaimed, best-selling book, The Purpose-Drive Life, which has been translated into many languages and sold throughout the world. It affirms the importance of having a carefully considered, clearly expressed purpose to guide everyday life.

DIVORCE FLORIDA STYLE

By Mike Gora

Vote, Vote, Vote

Fall of 1952 in York, Penn., provided autumn colors, pumpkins and the presidential election between Dwight Eisenhower and Adlai Stevenson. It's not that I didn't like IKE, but I knew that my parents were committed to the Democrats, for reasons that I did not understand.

Late on a weekday afternoon I left my trombone lesson and crossed Market Street to wait for my city bus back to "East York." A few people and then more and more seemed to be gathering at the place where railroad tracks crossed Market.

A train entered the intersection from south to north stopping at the intersection with a fancy caboose with red, white and blue bunting attached. A moment or two later, Stevenson appeared on the rear deck, called a rowdy crowd to attention and began what we would now call his "stump speech."

I don't recall all that he said but I do recall him taking a spontaneous moment to rebut a message made from the second floor of an old wooden building on the northeast corner of the intersection. A woman dressed in a housecoat held a broom out of her window and urged the crowd to "Sweep" the Democrats out of office. The Dems had been in continuous office for 20 years or more.

Stevenson replied, "Madam, every Pennsylvania housewife knows that a broom broken in can always do a better job in the dusty corners than a new broom." His crowd applauded in agreement and the candidate went on.

Stevenson did not mention the historic nature of the two-story wooden building from which the broom was waved.

In 1952, the building housed a first floor peanut shop and an apartment above. But for 19 days during the Revolutionary War the building served as the capital of the United States, and George Washington had actually slept there.

As the speech ended, several adults and a child or two approached the candidate who was pressing the flesh from the back of the train. I approached Mr. Stevenson, trombone case in hand, shook his hand and he asked me if my folks were in his corner. I answered affirmatively, and asked me to thank them for their vote.

I can't imagine what would happen today if a person of any age would approach a presidential candidate with a trombone case. At home I became a brief local hero, and my dad told me not to wash my right hand, his idea of a joke.

My vote has always been very important to me, as yours should be to you. On its face, the right to vote we each "own" is as valuable as any other right or property that we ever own. But obtaining and keeping the vote was never free.

Men and woman have fought and died for the vote since the Revolutionary War and, to some extent, in every war since, directly or indirectly. Winning complete citizenship and the right to vote for our black brothers and sisters in the War Between the States cost more lives than each of the World Wars. The efforts of many presidents, particularly Lyndon Johnson through the Voting Rights Act, finally guaranteed the vote for all.

The woman's vote in the United States was not given freely, but fought for and finally won through the courage of the women's leaders and many men who understood, or were made to understand that to do otherwise was not a good idea.

Those of us who have lived in Florida since the Bush v. Gore election know how important one vote can be. I know that the current race between President Obama and Governor Romney may be another Bush/Gore. I also know that not all of us live here agree on party or person.

I'm on the "stump" today for one and only one reason, to ask, suggest, implore, and hope that you all vote, and that God bless all candidates who put themselves and their families under the microscope for all of us.

Michael H. Gora has been certified by The Florida Bar Committee on Certification and Education as an expert in matrimonial law and practices with Shapiro Blasi Wasserman & Gora P.A. in Boca Raton, Florida and can be reached at mhgora@sbwlawfirm.com or at (561) 477-7800.

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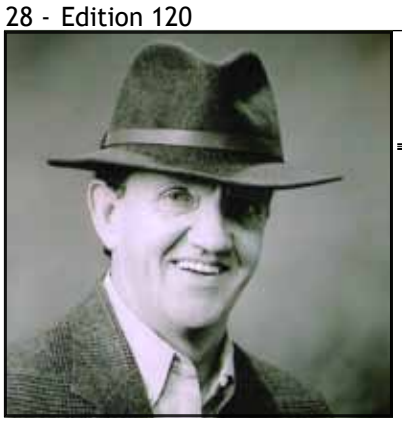

From JWJ's Journal

By John William Johnson

Sandy's New Home – and New Neighbor Part Two Of Two

Last time I told you about The Breakfast Club……and you may remember me tugging at Roscoe Bismark's Boca Tribune , followed by him looking over the top of it to hear me ask:

"You want me to finish that story about my dog?"

Roscoe nodded

I turned to the others – Spike Opchinsky, Silas McMarner and Lefty O'Drool. All nod, and I proceed to tell them about animal shelter rescued Sandy, who in turn ended up living in an old converted outhouse in the backyard – and, more importantly, at the back of which I had started a compost heap.

OK…OK…and for those who've over the last two weeks asked me to define a compost heap, here's the dictionary definition:

"A compost heap is a pile of organic matter that has been gathered together for the purpose of decomposition – to in turn then be recycled as a fertilizer."

Oh…that definition isn't in your dictionary? Well, it should be…..and in any case, shortly after me putting the compost heap behind Sandy's dog/outhouse, a skunk then burrowed under the dog/outhouse.

Thinking back on it, I tell the Breakfast Club, "if I was a skunk, I would have done the same thing," I said the following day

"Huh?" Roscoe queries.

Impatiently: "He's finishing the story," Silas grumbles....."you know --

about the dog and the skunk..... go ahead."

"This Breakfast Club is becoming very weird," Roscoe smiles. "Whatever

happened to women and cars?" Spike grins and points at Lefty while Silas motions for me to proceed -- a quick nod with raised eyebrows.

"As I said, I would have done the same thing.....tunneled under where

Sandy lived to be near the free food."

"What free food?" Silas asks

"I had attached a compost heap box to the old....you know, privy."

Roscoe peers from behind his newspaper. I ignored him. "In short," I said,

"I had set the dinner table for this furry, black and white interloper.

"Did I forget to mention that Mr. or Ms. Skunk had moved in directly.....I mean, precisely, as in only about 18 inches of earth separately itself from one of the happiest, most friendly dogs this side of the Mississippi River?

"No, I guess I did mention that..... but what I discovered shortly made that fact all the more potentially....well, shall we say, potentially problematic for Sandy....because the length of her chain prevented her from getting far enough around either corner of the ex-outhouse to invite herself over for tea or something with the skunk.

"Her nose obviously told her that she had a new neighbor, and she could quite clearly hear the rummaging around at night. But she couldn't see what or who was making all the racket. Being the gregarious sort, Sandy did not like this situation at all – and she whined.

"My immediate thoughts were:

a. move the compost heap.

b. move the dog.

c. move the skunk.

d. have my head examined for considering c.

"What to do?

"I pondered this dilemma....Sandy's new home was ideal for her, as was the siting of the compost heap near the backyard garden.....but sooner or later....and my fear was sooner....the skunk would tire of Sandy's whining, investigate, receive Sandy's official 'gee isn't it great to be alive' welcome, and promptly receive the skunk's traditional response.

"What to do?

"And then the miracle happened one afternoon when the skunk decided to visit in the daytime.

"Did I forget to mention the disaster which came before the miracle?

Everyone was attentive now, and all nodded that I had forgotten.

I smiled ruefully. "In a phrase, and in her enthusiasm to meet her new neighbor, Sandy's collar broke.

"She stood, frozen for a few seconds, until the reality of freedom struck

her. And before I could utter so much as an "uh-oh", much less call her, she had bolted around the corner of the ex-outhouse.

"What happened next.....well, you had to be there.

"Sandy, to put it mildly, was a quick animal. So quick that she was upon the skunk before the skunk had time to react. And the skunk's reaction was to see how fast all four legs would move.

"Sandy was faster, and in the process of dropping its forelegs, Sandy submarined under it, ending up with the skunk on her back.

Startled, Sandy began to run and I would have been nervous had the scene not been so funny. Here was this smiling dog running around the yard with a terrified skunk clinging to its back..... and facing the wrong direction.

"The skunk also must have been too terrified to launch its most feared counterattack because, when fifteen seconds later Sandy had slowed down enough for it to leap off, it ran into the woods without a shot being fired.

"Would it return?

"What to do?"

I paused.

"Well, what did you do?" Silas finally demanded.

Absorbed in the story, he failed to notice Roscoe was gone.

"You don't think I'm going to finish the story without him here, do you?"

"So," queries Roscoe as he returns from the men's room, "are you going to finish this story?"

Silas grimaces. "He would have finished it already, except you had to – uh – depart……."

"Hey," Roscoe shrugs, patting his ample belly. "When you gotta, you gotta……and turning to me, he winks: "finish the story before Silas has a hernia."

The laughter died and I continued: "Well, the skunk had leapt from Sandy's back and disappeared into the woods. Sandy was now back at her house, but would the skunk return?

"Is a rose red? Is water wet?.....well, you get my drift.

"Nearly a week elapsed before I realized that something...perhaps the

skunk....was feasting on whatever happened to be deposited in the compost heap. Sandy had not returned to whining at night.....so perhaps it was a fast food aficionado.....a devil-may-care creature, blithely unconcerned about cholesterol, fat, nitrates, preservatives, food coloring, or polysorbate 90.

"There was only one way to find out.....a late night vigil within eyesight…"

"And upwind," smiled Silas.

"As luck would have it, the skunk reared its head (as opposed to rearing

its.....you get the picture) the first night out.

"Along about 10:30 p.m., it was, indeed, Sandy's almost new friend who had decided that a free meal was the better part of being terrified.

"The difference was that the skunk had also apparently decided that, and while it would dine behind this large, funny looking dog house, it was not about to move back into the neighborhood. A quick bite and then a scampering back into the woods was sufficient, thank you very much.....and leave more vegetables, if you please.

"And I suppose this would have gone on for quite a while, undisturbed....had not a raccoon decided to muscle in on the free eats.

"The raccoon was actually quite bold; it would appear a little after sunset, and seemed to quite clearly understand that Sandy could not bother it. At one point, the animal walked right in front of Sandy, just out of Sandy's chain restrained reach,

"Now there were several problems in general with this new scenario:

)a. The compost heap would never provide that which I intended it to

provide, if its contents were being eaten almost as rapidly as they were

provided.

b. The skunk and the raccoon were eventually going to cross paths....and I was concerned that Sandy would somehow get caught in the

crossfire.....inflicting permanent stains on her social interaction blouse.

c. The raccoon would invite a few friends over for dinner

d. The skunk would do likewise.

e. The scenario in)b above would be proportionally more severe, in

relation to the simultaneous occurrence of c and d.

"What to do?

"And I waited, and worried, but the raccoon apparently found easier eats elsewhere. And when I got the bright idea of covering the compost heap with some wire mesh, the skunk soon tired of trying to get what had formerly been an easy meal.

"Sandy went blissfully on…..as did I, now unworried and surprised to this day that misfortune did not befall that loving dog. And I wish Sandy would be around for a long, long time.

She, however, went to live with my ex-wife and a few years later went to that place where butterflies and Frisbees and dreams of same never cease. At the same time, she will live forever in the hearts of the humans who knew her, and the unqualified love she bestowed."

"Not bad," says Roscoe, reaching for more toast, "not bad."

culimnist@aol.com

Next Time: The Breakfast Club – and guns

Sports
The Boca Raton Tribune

Wilbert's Four TDs Lead Football Past Troy in Homecoming Game

Senior quarterback Graham Wilbert threw four touchdown passes as the Florida Atlantic University football team rallied past Troy University 34-27 in Saturday's Homecoming game at the FAU Stadium. The victory is the first Sun Belt Conference win this season.

Wilbert saved his best for last, finding junior wide out William Dukes for a 22-yard touchdown with 17 seconds remaining for the game-winning score. For the game, Wilbert completed 26 of his 40 passes for 261 yards.

The score came right after Troy (4-4, 3-3 Sun Belt) took its only lead of the game, 27-26, on a 31-yard run by Shawn Southward with 1:49 left in the fourth quarter.

"Once we got into field goal range, I said let's take shots. With wind dying down, let's just take the shot and we executed it," said Carl Pelini, FAU's head football coach on the game-winning drive.

The game was played with 20-25 wind gusts and 51 of the 61 points scored went with wind at the offense's back.

FAU used the wind to build a 14-0 first-quarter lead. Wilbert found junior tight end Nexon Dorvilus for 11- and nine-yard touchdown passes. The Owls built a 17-0 advantage on Mitch Anderson's 35-yard field goal at the 6:43 mark of the second quarter. However, Troy answered with 17 points in the final 4:41 of the first half. Will Scott hit a 52-yard field goal before Corey Robinson found Jaquon Robinson for a 20-yard touchdown pass with 1:01 left in the second quarter. Southward scored on a one-yard rush to tie the game at halftime, 17-17.

Using the wind again, FAU surged back in front in the third quarter. Anderson hit his second field goal of the game, connecting from 47 yards at the 12:34 mark. Later in the period, Jenson Stoshak caught his first career touchdown pass from Wilbert as FAU took a 26-17 lead with 2:48 left in the third quarter.

Troy answered again on a field goal by Scott and Southward's touchdown rush.

The win marked the second victory over Troy in program history and first home win. Troy suffered its first road loss of the season.

Individually, junior running back Jonathan Wallace had 87 yards on the ground. Dorvilus had a game-high six receptions with 78 yards and two scores. Dukes also had six catches for 41 yards.

Defensively, senior defensive back Brent Harstad had a game-high 15 tackles.

FAU improves to 2-6 on the season and 1-4 in league play. The team travels to Navy on Saturday.

High School Football Recap

Due to schools closing on Friday, games that were to be played on Friday were rescheduled for Monday, and some were canceled. Teams that played were, West Boca Raton, Spanish River, Boca Raton Christian, and Olympic Heights. Boca Raton High School cancelled their game, and Pope John Paul II, and St. Andrew's both were on BYE Weeks.

West Boca Raton 35, Spanish River 7:

Paul Columbo threw two touchdown passes, leading the host Bulls (2-5, 2-3 District 13-7A) to the rout of the Sharks (0-8, 0-5) in Boca Raton. Zack Miner added a 3-yard touchdown run for West Boca. Sam Darwiche scored on a 5-yard run for Spanish River's lone score.

South Fork 31, Olympic Heights 21:

South Fork 31, Olympic Heights 21: Mike Harris rushed for two touchdowns and the Bulldogs (8-0, 4-0 District 14-6A) jumped to an early two-touchdown lead before holding off a Lions (6-2, 2-2) rally to win in Boca Raton. Jim Derival ran for two scores for Heights.

Boca Raton Christian 18, South Florida HEAT 15:

A.J. Puente threw for 96 yards and had a passing touchdown and a rushing score, helping the Blazers (8-0) get past the Heat (3-7) in Boca Raton. The Blazers took a 6-0 lead going into halftime after a 6-yard TD pass from Puente to Joe Lewis in the second quarter.

Boca Tribune Ranking:

1) Boca Raton Christian
2) Olympic Heights Lions
3) Pope John Paul II
4) West Boca High School
5) Boca Raton High School
6) Saint Andrew's
7) Spanish River High School

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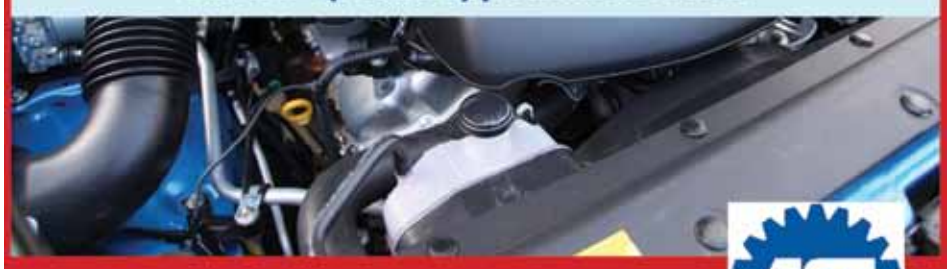

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Butler Shines in Women's Soccer Senior Day Victory

By Chad Beattie

Not even the effects of Hurricane Sandy could dampen Lynn University's women's soccer day as the Fighting Knights claimed a 2-1 victory over Florida Tech on its senior day. After honoring the careers of Kelsey Butler, Rio Hanlan and Stevie Jones in a pregame ceremony, Lynn's underclassmen played key roles with Tatiana Penagos and Jackie Hellet scoring goals while Butler inched closer to the program's all-time saves record. Lynn improves to 5-8-2 overall.

Butler finished up the regular season on a high note with eight saves, including seven in the first half. She needs seven more saves to top the all-time mark of 227 held by Maegan Vondal. The Panthers (7-6-3) took advantage 30 mph sustained winds in the opening half, getting the best of Butler in the 24th minute when Carly Hunter scored the first goal of the game.

Florida Tech managed 13 shots and 10 corner kicks in the opening period but was smothered in the second half by a defense led by Hanlan.

The Fighting Knights matched the Panthers with four minutes remaining in the first half when Tatianna Penagos scored her fourth goal of the season. Aly Vargas set up the play beautifully as she tipped a pass to Penagos at the top of the box and the freshman forward ripped a shot to the open upper right corner of the net.

Lynn had the powerful wind to its back in the second half and it showed with FIT held to one shot on goal and no corner kicks. The Blue and White's defense stepped up big in the second half with help by Hanlan and Paige Meggison as they the Panthers without a shot in the first 22 minutes.

Meghan Dolan was very active offensively, attempting four shots, including hitting the post from 40-yards out off a free kick. The shot that mattered most, though, came from Jackie Hellett in the 65th minute of play. The sophomore forward collected a quick free kick pass from Rachel Lallas via Scout Stowe, and let it fly from 35 yards, sailing her shot over the head of Panthers keeper Paige Redmon for the game-winner.

Lynn's Women Swimming Continues to Score Upsets

By Chad Beattie

Lynn University's swimming team may have lost 100-61 to the University of Tampa but the Fighting Knights once again claimed several individual event victories. Thalie Carmigniani

claimed wins in the 1000 free and 200 backstroke while Tyne Potgieter took top honors in the 200 breast stroke.

The day began with the Fighting Knights finishing a close second in the 400 medley relay. Julia Pedersen, Carmigniani, Potgieter and Rhiannon Wilson finished five seconds behind the Spartans 'A' squad.

Carmigniani then took to the pool and just as she did in the opening meet, blew away the competition. The freshman from Tours, France beat the next competitor by 23 seconds with a time of 10:49.47 and finished a second off her personal-best time. Morgan Glazer took fifth with a time of 12:30.17.

Pedersen had her best event in the 200 IM, finishing just a hair behind Jamie Papanastos or Tampa. The freshman from Enkoping, Sweden, touched the wall at 2:20.10 after Papanastos logged a time of 2:19.12.

Carmigniani ended her afternoon with a 13 second victory in the 200 backstroke, posting a time of 2:09.10. Clairissa Myatt went in with a time of 2:46.74

Potgeiter was able to post the final victory on the day for the Fighting Knights, topping the field in the 200 breast stroke with a time of 2:32.34. Wilson clocked in with time of 2:47.36.

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Wilbert's Four TDs Leads FAU Past Troy in Homecoming Game

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