

The Boca Raton Tribune

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East /West Boca Raton, Highland Beach, Delray Beach, FL - September 20, 2012 through September 26, 2012 • Year III • Number 115- FREE

Large Crowds Expected on Election Day and During Early Voting



By Dale M. King

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Rotary Club Boca Raton West Holds Fourth Annual Gala Dinner Event

By: Flávia Proença Dudley

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Also in attendance was City Councilwoman Constance Scott, who said she attends every year as he represented Mayor Susan Wheelchel with a proclamation.

The main objective

See page 3



Brian Haggerty reading The Boca Raton Tribune



Send us a picture of you reading The Boca Raton Tribune to pictures@bocaratontribune.com

Palm Beach State SBDC, Brazil Club, Sponsoring Business Workshop

See Pg.25



Boca Police Safety Tip

Q: I saw a strange car driving through our community and was going to call the police, but I wasn't sure what number to call.

A: It is very important to contact the police immediately if you see any suspicious activity in your community, especially suspicious vehicles or individuals. If you know you live within the city of Boca Raton, you can call 561-368-6201. If you live outside the city limits, call PBSO at (561) 995-2800. If you are not sure, you can always call 911. If you call 911, just let them know that it is not an emergency but that you want to report suspicious activity. It cannot be stressed enough how important it is to call immediately because reporting suspicious activity catches criminals. It's that simple!

Crime and safety questions are answered by officers from the Crime Prevention Unit. For more information, visit www.bocapolice.com

Boca Raton Police Blotter

DRIVING WHILE INTOXICATED 09/16/2012 7700 NORTH FEDERAL HIGHWAY

Traffic stop was conducted after observing a vehicle speeding in excess of posted limit. After the stop, a DUI investigation continued. The driver was arrested for DUI. He was taken to the county jail.

SIMPLE BATTERY 09/12/2012

Boca Raton police arrested a 15-year-old juvenile for simple battery after a physical altercation with his father. The youth was taken to the county jail.

SIMPLE BATTERY 09/12/2012

On 09/12/12, a 53-year-old female was arrested for domestic battery on her husband, subsequent to an argument. The woman was taken to the county jail.

POSSESSION OF MARIJUANA 09/17/2012

Arrest of 25-year-old suspect occurred during a traffic stop at 2500 North Federal Highway.

AGGRAVATED ASSAULT 09/16/2012 16:42

Juvenile was arrested after investigation revealed that he punched his brother in the face then threatened to beat him with an aluminum baseball bat. The suspect was taken to the county jail.

BURGLARY TO RESIDENCE 09/13/2012 10:46 NE 38th STREET

Unknown person smashed the rear sliding glass door to the residence and took a jewelry box.

BURGLARY TO RESIDENCE 09/14/2012 14:59 NW 3RD COURT

Unknown subjects cut the screen on the patio and smashed the glass slider to gain entry. Ransacked the bedrooms and stole two firearms, a black Hewlett Packard laptop, two watches, a bracelet and \$200. Unknown at this time if anything else was taken.

SHOPLIFTING/ RETAIL THEFT 09/12/2012 17:17 1001 S FEDERAL Hwy

A man was arrested for retail theft after he stole \$53.24 in food from Publix. He was issued a notice to appear in court due to no priors or arrest history.

Obituary

The Boca Raton Tribune

MCALLISTER, DR. RAYMOND F. (Dr. Mac), Age 89, of Lighthouse Point, Florida passed away quietly in his home on Monday, September 17, 2012. He was born in 1923 to Raymond and Jessie McAllister, with honorary father King Neptune. He is survived by his two sons, Keith and Kevin McAllister; his daughter, Karen Day; granddaughters, Lisa and Maureen McAllister, Cristin Day, and Kerry McAllister; grandsons, Matthew McAllister, Patrick Day, and Evan McAllister; great grandson Nicholas, and great granddaughter Isabella. He will be greatly missed.

Ray served his country with honor and courage in the United States Army during WWII early invasion of North Africa, the Italian campaign including the Anzio landings, and in Southern France. He received his doctorate in Marine Geology from Texas A&M in College Station, TX. Ray maintained a lifelong fascination with and love of the world's oceans. He learned to scuba dive in 1952. That began his career teaching about the oceans, studying and exploring them worldwide from Bermuda to Guam. One of his more unusual exploits was his attempt to ride a humpback whale one evening at sea, when he got his foot caught in the blowhole. The whale rolled away from the side of the ship and sounded (as whales are wont to do with a foot inserted). Clearly he extricated himself and lived to tell the story again and again. Ray helped start the world's first Ocean Engineering program at Florida Atlantic University (FAU) and taught oceanography there for 28 years, before retiring as a Professor Emeritus in 1993. He was a founder and men-



tor of the FAU Human Powered Submarine race team. During the years he lived in southeast Florida, Dr. Mac tirelessly advocated for the protection and preservation of Florida's coral reefs.

He served as an honorary member of the U. S. Coast Guard Auxiliary, was an active member of the Under Sea Adventurers Dive Club, participated as an honorary member of the Old Time Music Jammers, and had served as a member of the Hillsboro Lighthouse Preservation Society. For more information about Dr. Ray McAllister, see his website at <http://dinodiver.com/index.html>.

A Mass will be said in his memory at 9:30 am Saturday, September 22 at Saint Paul the Apostle Catholic Church in Lighthouse Point, with a reception to follow at 11:00 am at the Pompano Beach Elks Lodge No. 1898, 700 NE 10th Street, Pompano Beach, FL 33060. In lieu of flowers, Ray would appreciate contributions to Catholic Charities USA or Catholic Relief Services. Arrangements entrusted to Kraeer Funeral Home, 1199 E. Sample Rd, Pompano Beach, FL 33064.

Quote of the Week:

My son, forget not my law, and let thy heart keep my commandments.
Proverbs 3:1

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Marketing Director
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chris@bocaratontribune.com

Account Executive
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Graphic Design:
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Guadalupe Monarrez,
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Shannon Copeland

The Boca Raton Tribune

mailing address:

P.O. Box 970593

Boca Raton, FL 33497

Office Address: 399 NW Boca Raton Blvd., Suite 212 - Boca Raton FL, 33432
business@bocaratontribune.com

www.bocaratontribune.com

For general information:

561-290-1202

Fax: 561-208-6008

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Community News

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Early voting will be conducted no less than six hours and no more than 12 hours per day. The hours will be determined at the discretion of the elections supervisor. Voting sites and hours of operation will be provided 30 days prior to an election.

Voters who want to vote early must



bring a photo and signature identification with them.

Elections officials say the intent of early voting is to meet the needs of busy people who want more options than just voting on a single day at a single precinct.

Some voters, however, may wish to wait until Election Day to cast their votes. His-

torically, officials say, there has always been a crush of last-minute news coverage or other information about the candidates that happens in the final days of a campaign. This information may be helpful in making a decision.

Those who know who they plan to support can cast votes early.

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Pride award”, and thanked club members, “every one of us has a story that deserves to be told,” she said.

Also in attendance was City Councilwoman Constance Scott, who said she attends every year as he represented Mayor Susan Whelchel with a proclamation.

The main objective of the event was to raise funds for the Rotary Club Boca Raton West scholarship fund in partnership with “The George Snow Foundation” in which the scholarship is presented to a student who has Brazilian heritage. *see pics on pg. B7*



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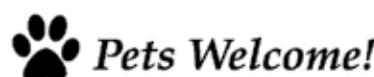


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Sunday September 23, 2012

RG

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7:00pm at
Mizner Park Amphitheater
590 Plaza Real
Boca Raton, FL 33432

FREE!

LET'S MOVE BOCA

SAVE the DATE WHEN: Sun, October 21, 2012
TIME: 10:00am - 3:00pm
WHERE: Royal Palm Place Shopping Center
Boca Raton, FL

Join us for a day of fun for the whole family as we rally the community to help fight obesity through a full line up of group fitness classes, healthy cooking demos, nutrition speakers, interactive games, prizes and more. Plus, be a part of the very first Dance Walking Boca Raton! For more information or to learn how you can be a sponsor or vendor, please go to www.LetsMoveBoca.org or www.facebook.com/LetsMoveBoca

Activities Include:

- Participation in a Live taping of Dance Walking Boca Raton
- Zumba / Kickboxing
- Hip Hop / Ballroom Dancing
- Yoga / Pilates
- Healthy Cooking Demos/ Expert Nutrition Education
- Mobile Wii, XBOX360, and PlayStation3 provided by uCube
- Bounce House/ Obstacle Course,
- Mini Workout Stations, and more...

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Accepted:

County Libraries Host "Election Time: Know the Issues" Programs

It's election time, and an educated voter is the best voter. In addition to the candidates running for political office, several state constitutional amendments will be voted on during the general election in November.

Todd Bonlarron, director of Palm Beach County Legislative Affairs, will offer a clear explanation of what each of these initiatives means to you, the taxpayer. Programs will be held at county libraries and will last about 60 minutes.

Space is limited. Call the location of your choice to preregister early.

Programs being held in the Boca Raton Tribune area are:

Friday, Sept. 28, 10:30 am
GLADES ROAD BRANCH
20701 95th Ave. S., Boca Raton
Phone: 482-4554

Thursday, Oct. 11, 2 pm
HAGEN RANCH ROAD BRANCH



Todd Bonlarron

14350 Hagen Ranch Rd., Delray Beach
Phone: 894-7500
(Tickets available at branch beginning Oct. 1.)

Boca Begins Countdown to Debate with "Cultural Arts & Community" Event

BOCA RATON – Downtown Boca invites area residents and visitors to celebrate patriotism during its Friday Night LIVE! monthly series presented by JM Lexus on Friday, October 5th as "a community united" counts down to the presidential debate at Lynn University later in the month.

Themed "American Stories As Told Through The Cultural Arts & Community," the free and open-to-the-public evening programming, held in partnership with the city of Boca Raton, begins at 6:30 p.m. featuring local organizations showcasing Boca Raton-born live music, captivating theater, patriotic art, notable film, and remarkable literature along with community advocacy.

All day and during the event, the Boca Raton Museum of Art will feature the exhibit "Politics NOT as Usual: Quilts with Something to Say" depicting presidential candidates, independence, and other political landscapes (which will be on display until January 20). Free admission is available to Boca residents until 7 p.m.

Visitors are encouraged to "come early, stay late... where something for everyone awaits" as thousands have done for previous Friday Night LIVE! themed events that included CountryTown's Garth Brooks Tribute Night, Florida Panthers Red Zone/Americana In The Park, Elvis Tribute Performance by Chris MacDonald, Tito Puente Jr., City Link's Boca Beerfest and the "Brazilian Beat" celebration for Brazilian Independence Day on September 7.

Free parking for the Oct. 5 event is available in Mizner Park garages, at City Hall (201 West Palmetto Park Road), the Boca Raton Historical Society (71 North Federal Highway), the Downtown Library (200 Northwest Boca Raton Bou-

levard) and other locations downtown where event signage is featured.

As it has for each event night of the Friday Night LIVE! series, Downtown Boca has teamed up with the Boca Raton Bridge Hotel to provide a special discounted weekend room rate for event-goers. To take advantage of this offer, call (866) 909-2622 for reservations and book a room with the promo code "DTBF".

Upcoming series dates and themes include: November 2, to be determined and December 7, Holiday Sounds in Sanborn Square.

"It will be an exciting time in Boca Raton as the eyes of the nation will be upon us," noted Boca Raton Council Member and Community Redevelopment Agency Chair Constance Scott. "Downtown Boca's Friday Night LIVE! is a perfect time and place to showcase our 'distinctively Boca' cultural and community assets."

Held on the first Friday of every month, the Friday Night LIVE! series presented by JM Lexus fills parts of Downtown Boca (including Sanborn Square and Palmetto Park Road), showcasing live themed entertainment by award-winning bands and vocalists as participating shops, restaurants, and clubs extend their hours for "shopping and strolling" and offering Friday Night LIVE! samplings, discounts and specials and often late night "after parties."

In addition, food and beverage vendors onsite line the event streets with themed culinary offerings and café style seating, art galleries plan exhibitions, boutiques may feature sidewalk fashion or trunk shows and more.

For more information and event details, visit www.downtownboca.org regularly.

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■ **I was skeptical.** I bought a box and it worked as advertised. Within a week I had relief. *Howard Toy, 69, Henderson, NV* ■ **It's heaven to sleep through the night.** For many years I had 6-7 sleep interruptions every night. Had urgent trips to the bathroom day and night with discomforts. I enjoy my new life. *Angus Pike, Oshawa, ON* ■ **I am truly amazed and relieved.** After 2 weeks I no longer have to get up during the night. I'm enjoying a normal sex life again. I hope a lot of men with a pride issue give this tea a shot. It's difficult to express how delighted I am. *Clarence A. Rehrig, 58, Allentown, PA* ■ **Know the truth.** This is my third year of drinking the Ezee Flow Tea. I highly recommend it. A real life saver. *Thomas M. Thurston, Forsyth, GA*

■ **Women** suffering with incontinence, UTIs ask for Bladder Control Tea for Women #4b. Guaranteed relief within days. **No need to make claims. Bell relays 100% truthful user's free speech. No money is paid for it. No questions asked guarantee.**



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As recommended by Dr. Gifford-Jones M. D.

Here is proof that snoring can be corrupting your health and your marriage. Three out of 10 couples are considering divorce because of snoring says a major magazine article. You are not alone! An official survey says 48% of all people snore. 75% are affected, if you add non-snoring husbands that have snoring wives or vice versa. Snoring is caused by slack muscles in the throat. A common complaint is that people feel that they are not well rested in the morning. Many people wrote they are now sleeping like a babies. Their partners are delighted. This natural health product Sound Sleep #23 usually helps the first night. No side effects.

■ **College professor had lack of good sleeps with many interruptions** for last 8 years that made her tired during the day. Within 3 days taking Bell Sound Sleep #23 the terrible snoring stopped. I wake up feeling refreshed and energized. I can concentrate in a focused, happy manner. I feel delighted with this natural product. *Dr. Anela E. Heiges, 77, New York, NY* ■ **A life changing product.** The very first night I took the capsules and every night after I had a restful and wonderful sleep. It has been a God send and blessing. I am by nature a skeptic. The money-back guarantee convinced me to try it. *Jimmy Pay, 53, Gardendale, AC* ■ **3 Years on Bell Sound Sleep #23.** My wife and I are entirely satisfied. Snoring episodes have completely disappeared. This has improved our lives enormously. *Leo Fortin, 60, St-Georges, QC* ■ **Basically you saved my husband's life.** For the last 5 years my husband had very bad nights. Bell #23 was nothing short of a miracle. I have my husband back. No more snoring. No more napping during the day. I am telling all our friends. *Bonnie Johnson, 64, Wichita, KS* ■ **My life changed. Sleep now 7-8 hours.** I am a retired college professor and author of books. I have no more need to nap during the day. Nothing I tried helped until I started Bell Sound Sleep. I am so delighted with this product I would like to make motivational speeches to help others. *Carmen V. Caruso, 66, Ann Arbor, MI* **On the Bell Website we list phone numbers or email addresses of actual users of this product and all other Bell products. Most are delighted to talk about their relief.**



Blood Pressure Formulation

Dr. C. Hammoud M.H., PhD, recommends this natural, effective fish peptide product to nutritionally support the body's normal blood pressure function. "A science-backed herbal phytonutrient. Promotes flexible, relaxed blood vessels in healthy persons. "A one-of-a-kind formula that offers unprecedented nutritional support for your overall health and well-being. "We have thousands of repeat customers. Blood pressure is a focal point of cardiovascular wellness. "Achieve your balance and maintain your balance and a healthy range. ■ **Bell Blood Pressure Formulation helped me feel great.** Thank you for this wonderful product. *William Oliver, Portsmouth, VA* ■ **I have been taking Bell #26 now for one year.** My mom and brother started taking it as well. Even my pastor is on it now. Thanks! *Mary Earl, Longview, TX* ■ **I started to take Bell Blood Pressure Formulation #26.** After about 30 days my blood pressure was normal. My doctor was very happy with me. *Irene Surridge, 67, Owen Sound, ON* ■ **A friend recommended Bell BP Formulation!** When a friend had good results I decided to try it. After taking Bell Blood Pressure Formulation #26. It made a difference in my life. *Milton Perdomo, 68, Rego Park, NY*. **No need to make claims. Bell relays 100% truthful user's free speech. No money is paid for it. No questions asked guarantee.**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

■ **AVAILABLE IN BOCA RATON:** Barry's Vitamins & Herbs 3551 N Federal Hwy; Body Alive Nutrition 20449 State Rd. 7; Medpoint Pharmacy 23020 Sandalfoot Plaza Dr.; RX Of Boca 5901 N. Federal Hwy; The Health Mall 1351 W. Palmetto Park Rd.; The Healthy Way 9704 Clint Moore Rd.; Yamato Discount Drugs 9101 Lakeridge Blvd Suite 10
 ■ **BOYNTON BEACH:** My Community Pharmacy 1050 Galeway Drive Suite 101; Neighborhood Pharmacy 1780 N. Congress Ave.; Nutrition Cottage Health Food Store 1915 S Federal Hwy ■ **DELRAY BEACH:** Delray Shores Pharmacy 601 N. Congress Ave. Suite 407; Nutrition Cottage 407 E. Atlantic Ave.; Our Lady Bakery 102 S.E. 2nd Ave
 ■ **GREENACRES:** Lake One Pro Pharmacy 4849 Lake Worth Rd. ■ **JUPITER:** Nutrition Wise 75 E. Indiantown Rd; Physician's Nutrition 675 W Indiantown Rd; Valerio's Health Food Market 6350 W. Indiantown Rd. ■ **LAKE WORTH:** Country Corner Health Foods 3130 S Congress Ave; Health First Pharmacy 6266 S. Congress Ave.; Nature's Way Café 517 Lake Ave. ■ **LOXAHATCHEE:** Pharmacy Choice 14583 Southern Blvd ■ **NORTH PALM BEACH:** Nature's Way Café 420 U.S. Hwy 1 #1 ■ **PALM BEACH GARDENS:** Anthony's Pharmacy 9121 N. Military Trail Suite 106; Garden Drugs 10800 N. Military Trail; Mother Nature's Pantry 4513 PGA Blvd; Nutrition First 7100 Fairway Dr; Nutrition World 2401 PGA Blvd ■ **PALM BEACH:** Fedco Pharmacy 255 Sunrise Ave; Motto Pharmacy 4152 W Blue Heron Blvd ■ **PALM SPRINGS:** Medicare Pharmacy 3491 S. Congress Rd. ■ **WELLINGTON:** My Community Pharmacy 2615 State Rd. 7 Suite B 530 ■ **WEST PALM BEACH:** Center City Pharmacy 420 Clematis St.; Cherry Road Pharmacy 1280 Military Trail; Dessoto USA 823 Southern Blvd; Nature's Way Café 1649 Forum Place Suite 3

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Max's Harvest Presents Food and Wine Lover's Adventure

DELRAY BEACH— Many diners believe the act of pairing food with the right wine is either a mystical exercise in blind luck or too complex for the casual wine lover to grasp.

Not so, says wine educator Lyn Farmer, who joins chef Chris Miracolo of Max's Harvest for a unique exploration of the art of tasting.

The event, "Engaging the Senses," will be held Friday, Sept. 28 from 6-8 p.m. at Max's Harvest Restaurant. Seating is limited.

The menu for the evening will include a variety of seafood tastings, an interesting duck morsel, a rib eye course prepared three ways and an artisanal cheese course to round out the evening. "We are excited to have this opportunity to educate and entertain our guests with this unique event," comments Chef Chris Miracolo of Max's Harvest.

Just as the restaurant takes a holistic, organic approach to food, Farmer believes one can taste wine in a "holistic" way as well, using all five senses and a little common sense to arrive at some stunning combinations of flavors.

In "Engaging the Senses," Lyn works closely with Chef Miracolo to show that wine does not change the taste of food, but that food can often change the taste of wine. Using this concept as a starting point and with a collection of sparkling, white, rosé and red wines, he shows how to maximize the compatibility of wine and food.

Lyn Farmer is an internationally respected journalist and the recipient of the James Beard Foundation Award for Best Writing



Award winning journalist Lyn Farmer

on Wines & Spirits. He is also Festival Director of the United Way Miami Wine & Food Festival.

Max's Harvest is Delray Beach's own "Farm to Fork" restaurant, which uses the freshest ingredients available from local farmers and fisherman. The restaurant's meat comes from animals that were raised humanely and free of steroids, growth hormones and antibiotics. They use seafood that was caught or raised without damaging the ecosystem and they treat their products responsibly and prepare them simply.

"Dine for Promise" Raises Funds for Family Promise of South PB County

DELRAY BEACH— "Dine for Promise," an evening of fine food and fun, was held September 10 at Union Restaurant in downtown Delray Beach. It raised funds to benefit Family Promise of South Palm Beach County and its mission to support local children and families who are in a homeless situation achieve a journey of independence.

Corporate sponsor Waste Management "Matched the Meal" for each dollar spent and contributed \$3,780 to Family Promise. Union donated 15 percent of the evening's revenues to Family Promise – a total of \$567. And friends of Family Promise can continue to dine at Union after 7 pm on Fridays and Saturdays through September with Union donating 15 percent of proceeds back

to Family Promise. Honorary Chairman for "Dine with Promise" was former Delray Beach Mayor Jeff Perlman.

"I'm was very pleased to chair this special evening at Union to benefit Family Promise and the great work that it does in providing support for local families faced with the challenge of temporary homelessness," said Perlman.

Family Promise of South Palm Beach County has been serving homeless families with children since 2008, and is the local affiliate of the national organization founded in 1988 with more than 150 affiliates in 39 states.

see pics pg. B5

BOCA RATON LIONS CLUB

Yes, there is a Lions Club in Boca Raton.

They meet the first Monday of the month at their club house, located at: 399 N.W. 35th Street, Boca Raton.

Former Lion Members who are now living in the area or anyone in the community who is interested in learning what the Lions do and would like to give something back to their community are welcome to come to any meeting.

They are dinner meetings, cost is \$15.00 and reservations are necessary.

For more information call:

Lions Club of Boca Raton, Inc. P.O. Box 577 Boca Raton, FL 33429
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The Boca Raton Tribune

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EDITORIAL

By Dale King

Boca, You Sure Know How to Throw a Party!

I've spent a lot of time thinking about what to write in this week's column. There are so many things to talk about. Anti-American unrest in the Middle East. The nasty presidential election. High gas prices.

No, these are all too grim. I'd really like to comment on what a great job Boca Raton and the sponsors did planning and executing the "Boca and Brazil meet to celebrate the Brazilian Beat" for Brazilian Independence Day earlier this month.

I hate to say it, but this was the first "Friday Night LIVE!" event that my wife and I were able to attend. We brought a couple of friends and we all enjoyed the great music and the terrific ambiance.

I saw an item on Facebook that said the crowd numbered around 10,000. I didn't think Sanborn Square could accommodate such a crowd. Admittedly, the festival was jammed, but there was still lots of room to move around.

I was particularly impressed by the orderly crowd. Everyone was enjoying the evening without causing any undue behavior problems.

Since I work with Douglas Heizer and his family at the Tribune, I obviously was aware of the event long before it was held. I remember Douglas and Carlo Barbieri visiting Miami with Mayor Susan Whelchel, Councilwoman Constance Scott and others to meet with officials at the Brazilian Consulate.

In just the past couple of months, I have learned a lot about the importance of Brazil to the economy of the world and, in particular, the United States. A lot of Brazilian business people have set up shop in the US, even within the greater Boca Raton area.

I've discovered that Brazilians are a cordial people who love their work, but also love to party – and that was clear on the streets of Boca Raton the night of the Independence Day celebration.

We heard a lot of great music coming from the stage set up on Federal Highway next to Sanborn Square. Entertainers were singer Rose Max and Batuke Samba Funk along with a Capoeira and Carnival show and Zumba demonstration and DJ Fred.

I passed one of the gourmet food trucks along the way and sniffed my way toward. My wife stopped me at that point and noted that we had stopped for dinner on the way to the event, so there was no need for more munching. I simply told her I wanted to explore Brazilian cuisine. I think her response was "Yeah, right." (She quickly sees through my phony stories.)

I just wanted to emphasize what a great job everyone did, and I'm glad the Tribune was among the sponsors, along with the Consulate General of Brazil, the Palm Beach County Convention & Visitors Bureau, Rotary Club of West Boca Raton, Leblon, Café Brasil 88.9 FM, Gazeta Brazilian News, Acontece Magazine and others.

Next Stop, Meet Me On The Promenade



Car Show at 2011 Meet Me on the Promenade

Following up on the Brazilian Beat festivities I discussed above, Downtown Boca is readying for its second annual Meet Me On The Promenade free two-night, one-day community festival set for Friday, October 26th from 6 p.m. to 10 p.m. and Saturday, October 27th from 10 a.m. to 10 p.m.

This is another great event that shows downtown Boca Raton is alive and well. My wife and I went last year, and since then, I've been telling everyone in City Hall to please, please schedule another one this year. I guess they heard my pleading.

According to Boca Raton Downtown Manager Ruby Childers (not to be confused with Ruby Tuesday), a "Stroll, Shop & Savor" downtown Boca self-guided tour program will help attendees navigate easily through the community's assets: dining, shopping, fashion, culture, family fun, living, and nightlife and all the Meet Me On The Promenade scheduled activities and programming, entertainment, retail and dining discounts, and giveaway offerings.

Participating retailers and restaurants will remain open late, and trolleys will run continually during Meet Me on the Promenade activities.

Check page B-1 of today's edition for more information about this event.

Letter Guidelines

Letters must be signed with name clearly legible along with a phone number and complete address. No unsigned or anonymous letters will be considered for publication. The Boca Raton Tribune reserves the right to edit the letters for spelling, gram-

mar, news style, good taste and available space. Letters from the same author will not be published more often than every 60 days. E-mails to columnists may be used as letters to the editor.

All letters to the editor should be sent to:

The Boca Raton Tribune,
P.O. Box 970593 - Boca Raton, FL 33497

Letters to the Editor

Congratulations to FAU on the generous gift from James Patterson. James Patterson is my favorite Author and I am so excited for his generous gift to support for our University.

•Councilwoman Constance Scott

It's unfortunate how the quality of government in our great city has declined in the last couple of years. The Chapman debacle should have taught them to be responsive to the voters. We'll set things right in the next election!

•Walter

Dear Mr. Gora, I read your article but I do not understand if in the end, at present Florida law does or does not require to include financial affidavits as public records in divorce judgments. I ask this question because last July I got an uncontested divorce with a Marital Settlement Agreement and at that time was not even discussed at the hearing the fact that we would have preferred not having our financial affidavits in public records. Could I at this point request the court of not making them publicly available? What is the Florida Statutes governing this issue? Thank you very much for your reply that I am confident will help me to better understand the issue. Sincerely yours,

•Manuela Bramante

LaffToon!

by Rick Enright





THOUGHTS FROM THE PUBLISHER

By Douglas Heizer

If I Could 'Do It Over Again'

This week I have decided to place this sensational column written by Ken Korkow as my "Thoughts from the Publisher". Don't we all wish we sometimes could have a "do over" in life? This is a great read, I hope you enjoy this column as much I have enjoyed it. Have a great week and God bless. – Douglas Heizer

There are times when I wish I could have some "do overs" in my life.

One of the first things I would change, if I could, would be investing the time and money that I did in getting my MBA. Yes, my Master in Business Administration degree was a "stepping stone" to my first job. Yes, it provided a good network of relationships. And yes, the degree gave me confidence. But it was similar to the diploma that gave the scarecrow confidence in the classic film, "The Wizard of Oz." He did not really need it – he only believed that he did.

In my pursuit of the MBA, which many business leaders consider a prerequisite to success in the work world, I learned many things that just were not pertinent – or even true.

No, I am not a Luddite – one of those people that

resist progress or change. I just try to be realistic and practical. In my everyday search for bottom-line truth, I have always strived to find what really works. And time and experience have taught me that most of the "knowledge" acquired during the quest for an MBA does not work. Let me give you a case in point: finances.

While I was a student, our MBA mantra was: "The function of business is to maximize profits within legal and ethical constraints." I learned that, believed it, and adhered to each word.

In the process I became the head of several different organizations. I had the "toys," the material rewards that come from making profits the top priority in your company. I became wealthy, beyond anything I could have imagined. However, as I continued this quest to "maximize profits within legal and ethical constraints," swallowing that philosophy completely, I became a manipulating "people user." I left a trail of broken relationships in my wake, and nearly lost my marriage in the process.

I am not trying to condemn everyone that has earned an MBA, but I understand too well how that

course of academic training can skew a person's goals and values. I have since come to embrace something far better than an MBA. What is better than an MBA? It is the realistic, practical, bottom-line truth that comes from only one source: the Bible.

You see, the Bible talks a lot about finances, too. In fact, it says more about finances than it talks about heaven and hell! For more than two decades I have become a diligent student of the Bible and have concluded it holds more truth, more practical guidance for everyday living – including the workplace of the 21st century – than 1,000 MBAs could even hope to offer.

The New Testament summarizes the value of learning and applying the Word of God: "All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the man (and woman) of God may be thoroughly equipped for every good work" (2 Timothy 3:16-17).

My best advice for business and professional people is to study God's Word every day. If you do this with sincerity and an honest, open heart, you will be amazed at what it has to say about your life – and your work. Without question, it is life-changing.



POSITIVE LIVING

By Dr. Synesio Lyra, Jr.

Punctuate Your Actions More Accurately!

As you make your pilgrimage in the world, learn to punctuate its movements correctly! There are times when exclamation points shall spontaneously emerge, on account of what you see, hear and experience! Life is to be lived with awe, filled with a sense of wonder!

Moment by moment, you are met with manifold and multiform surprises. It's good to possess the tools needed to express the unique emotion elicited by each new experience! In like manner, you also need the corresponding punctuation marks which best convey those unique sentiments!

Just like you punctuate whatever you record on paper, your life pilgrimage will also benefit from the same in order to make sense to people who observe you, as well as for personal meaning in your own manifold experiences and challenges!

Therefore, never place a comma where God intends a period, nor a period where a comma should be employed. Be sure to utilize interrogation points where they are legitimately called for, and never neglect the

rightful use of exclamation points.

The more you consider all your actions, you shall also find reasons to make use of colons and semi-colons in situations where these are necessary to make more sense. Indeed, every single punctuation sign has a place in every transaction you make, in each activity you engage in!

In the readings of written texts, one depends on adequate punctuation signs for better understanding and fuller enjoyment of what is written before one's eyes. Improperly composed texts make little or no sense at all. It may appear on an advertisement, an article, a book, in personal letters, or in whatever document requiring a signature and commitment!

Some individuals, unwisely, force their life to proceed without a period; they move day in, day out at a fast pace and without a stop. Even their short pauses, such as a coffee break, a meal, and other customary daily interruptions, do not remove the tensions which such persons force into their endeavors. They fail to acknowledge the need of balance in the execution of

their tasks, both for their own sanity, and for the sake of better quality in productivity!

Never lose your sense of curiosity. To that end, make good use of as many question marks you may need, remembering at the same time that there may be no answers to some of your interrogations! At the same time, don't just ask questions which make no sense, nor bring any new light into a pressing subject or investigation!

Although punctuation signs are almost inevitable in your daily trajectory, consider the exclamation point with extra care. Life is filled with wonder; many of your encounters with nature and other significant experiences in the heavy traffic of daily life should elicit more "Wow" and "Aha" reactions from you and every other human observant!

To that end, be attentive to the manifold surprises which life brings your way, any day, any time, both good and bad – each begging for your acknowledgment in the form of an appropriate exclamation!

Dr. Synesio Lyra, Jr. is a Florida resident who, for many years, was a professor at the post-graduate level. He is a writer, a sought-after conference speaker, a man who lived in five continents of the world, having received his education in four of them. When he resided in southern California, he wrote a weekly column for the daily "Anaheim Bulletin," which was carried for about six years, until he moved to south Florida.



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Career FAU Medical School Professor Robert E. Hinkley to Retire



Robert E. Hinkley, Ph.D., Associate Dean of Admissions and Enrollment (second row, center) is pictured with the 64 students in the incoming class (Class of 2016) of FAU's Charles E. Schmidt College of Medicine.

BOCA RATON —Florida Atlantic University's Charles E. Schmidt College of Medicine has announced the retirement of Robert E. Hinkley, Ph.D., 69, associate dean of admissions and enrollment. He will step down at the end of this year.

Hinkley joined the college in 2010 to champion the admissions and enrollment process of FAU's new medical school, recruiting and assembling 64 students in the inaugural class and 64 students in this year's incoming class. Hinkley has worked in medical admissions and enrollment for more than 39 years.

"This year, we doubled the number of applications we received to 3,000 for 64 positions in our incoming class, and this is a testament to Dr. Hinkley's outstanding skills and experience," said David J. Bjorkman, M.D., M.S.P.H., dean of the Schmidt College of Medicine. "He leaves a legacy that puts students first and we are most grateful for his service and dedication to our new medical school and to medical education."

Under Hinkley's leadership, the Schmidt College of Medicine received more than 1,500 applications for its inaugural class last year within a very condensed timeframe. The inaugural class represents all of the major colleges and universities in Florida as well as institutions around the nation such as Princeton, Johns Hopkins, Cornell, Vanderbilt, Brigham Young and Duke.

Fifty-eight percent of the 64 students in this year's class of 2016 are women—higher than the national average of 49 percent. Some 13 percent of the class is Hispanic, 11 percent are Asian and 3 percent are African-American.

Although 75 percent of the class majored in traditional pre-med subjects, the class is also made up of students who have non-science majors such as Asian studies, philosophy, his-

tory and economics. Twelve of the class members have advanced degrees, including one student who is a post-doctoral fellow and holds an M.S. degree and a Ph.D. in pathobiology.

"It has been a privilege to work with an extraordinary group of individuals in the Schmidt College of Medicine and FAU," said Hinkley. "After nearly 40 years of service to medical education I am retiring with the deepest of pride knowing that my work has helped a generation of students realize their dreams and ensure that our region will have an adequate and diverse physician workforce to serve our communities."

Hinkley received a "Lifetime Achievement Award" from the University of Miami Miller School of Medicine in 2008, where he spent 17 years overseeing the medical admissions program there. He was also tapped for "Iron Arrow" in 1995, the highest honor attainable at the University of Miami.

In addition to the senior administrative positions he has held during his career, he is an accomplished researcher who conducted National Institutes of Health-sponsored research for more than 20 years and received a Research Career Development Award from the NIH.

Hinkley received his Ph.D. in comparative biochemistry and physiology from the University of Kansas in Lawrence, Kansas, and conducted his post-doctoral training in the Department of Anesthesia at Northwestern University Feinberg School of Medicine in Chicago. He received his M.S. in biology and his B.S. in zoology from Tulane University in New Orleans, Louisiana.

FAU's Charles E. Schmidt College of Medicine will begin the search for Hinkley's replacement in the coming months.

Golden Bell Fund Rings in 21st Anniversary with \$55,000 Donation to Boca Schools



From left are Ellen Devine, Bluegreen Corporation; Barbara Cambia; Jennifer Schnipper

BOCA RATON — More than \$55,000 in educational program grants were awarded during the Greater Boca Raton Chamber of Commerce's September Membership Breakfast Sept. 13 at the Via Mizner Golf and Country Club.

The money was given as part of the Chamber's Golden Bell Education Foundation, which has contributed more than \$1 million since 1991.

"In 1991, a group of business leaders developed Golden Bell to raise and appropriate funds to our local classrooms," said Troy M. McLellan, CCE, President and CEO of the Greater Boca Raton Chamber of Commerce.

"They knew then, as we know now, that a strong education system ensures the sustainability of our community's success throughout the years. Since then, the local business community has stepped up to support Golden Bell and we look forward to another 20 years of giving back."

The breakfast was sponsored by Bluegreen Corporation, which also donated a five-night stay in any of its resorts which was awarded at the event and raised additional funds for the Golden Bell Foundation.

The Boca Chamber believes that a quality education is instrumental to the success of

the business community in all industries. The Golden Bell Education Foundation was created with the goal of providing grants for innovative educational programs to local schools.

More than 260 Boca Chamber members and guests attended the Golden Bell breakfast. The grant recipients included: A.D. Henderson University School, Addison Mizner Elementary, Boca Raton Elementary, Boca Raton Charter, Del Prado Elementary, Hammock Pointe Elementary, J.C. Mitchell elementary, Sandpiper Shores Elementary, Sunrise Park Elementary, Whispering Pines Elementary, Don Estridge High Tech Middle, Eagles Landing Middle, Loggers Run Middle, Omni Middle, A.D. Henderson High School, Boca Raton community High School, Olympic Heights High School, West Boca Raton Community High and the George Snow Scholarship Fund.

In other business, the Chamber announced its October Membership Breakfast will be held Oct. 11 at Via Mizner Golf and Country Club, 6200 Boca Del Mar Drive, Boca Raton, starting at 7:45 a.m. The breakfast, sponsored by Boca Raton Regional Hospital, will include a presentation by Louise Morrell, M.D., Medical Director, Lynn Cancer Institute, Boca Raton Regional Hospital

see pics pg. B5

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Municipal News

The Boca Raton Tribune

Criminal Justice Commission Gets \$1 Million in Federal Grants

The Palm Beach County Criminal Justice Commission was recently awarded two federal grants from the United States Department of Justice totaling nearly \$1 million.

CJC received a FY-2011 Justice and Mental Health Collaboration Program: Planning and Implementation Grant of \$249,955 which will enable the Juvenile Drug Court to increase support of co-occurring mental and substance abuse disorders. This will increase public safety by facilitating collaboration among the criminal justice, juvenile justice and men-

tal health and substance abuse systems.

The grant was awarded Sept. 6, 2012 and ends Sept. 30, 2013. It was written by CJC intern Jyota Snyder, a former student at Florida Atlantic University, under the direction of CJC Program Manager Becky Walker.

An award of \$750,000 from the FY-2012 Second Chance Act Adult Offender Re-entry Program for Planning and Demonstration: Implementation Grant program begins Oct. 1, 2012 and continues until Sept. 30, 2013. This funding will allow the current re-entry program

known as the Regional and State Transitional Offender Re-entry Initiative to continue its collaboration with the state of Florida, the Public Defender's Office, Gulfstream Goodwill, The Lord's Place and the City of Riviera Beach.

The grant provides for comprehensive services to men and women incarcerated by the Florida Department of Corrections in certain re-entry prisons. Services include case management, education, substance abuse treatment, family reunification and housing to reduce the recidivism rate in Palm Beach County. Craig Spataro

is the program manager and author of the grant, which was awarded Aug. 28. This is the second grant CJC has received for re-entry from the U.S. Department of Justice.

CJC was created in 1988 and has an established history of building strong partnerships to improve the criminal justice system in the county.

The four components of the Criminal Justice Commission include crime prevention, law enforcement, courts, and corrections.

Rabid Raccoon Attacks Dog in Western Palm Beach County

Results from the Florida State Lab have confirmed a raccoon that attacked a dog on Caloosa Boulevard near Bee Line Highway in northwestern Palm Beach County was rabid.

In this instance, a tan and white, 65-pound dog named Champ was attacked and bitten. Animal Care and Control was notified and sent the deceased raccoon for testing. Champ sustained bites on the leg and was treated by a local veterinarian with a rabies booster shot and antibiotics.

Health officials said all citizens in Palm Beach County should be aware that rabies is present in the wild animal population and domestic animals are at risk if not vaccinated. The public is asked to maintain a heightened awareness that rabies is active in this area. Animal Care and Control has placed informational flyers in the neighborhood where the bite took place.

The following advice is issued:

Keep rabies vaccinations up to date for all

pets.

Keep your pets under direct supervision so they do not come in contact with wild animals.

If your pet is bitten by a wild animal, seek veterinary assistance for the animal immediately and contact Animal Care & Control at 561-233-1200.

Call your local animal control agency to remove any stray animals from your neighborhood.

Spay or neuter your pets to help reduce the number of unwanted pets that may not be properly cared for or regularly vaccinated.

Do not handle, feed, or unintentionally attract wild animals with open garbage cans or litter.

Never adopt wild animals or bring them into your home.

Teach children never to handle unfamiliar animals, wild or domestic, even if they appear friendly.

West Delray Man Dies After One-Car Accident, says PBSO

DELRAY BEACH – A motorist died Saturday, Sept. 15, at Delray Beach Medical Center following a single-car accident at 9701 West Atlantic Ave., says a report from the Palm Beach County Sheriff's Office.

PBSO said David Armstrong, 82, of 5190 Las Verdes Circle, was unresponsive when responders reached him at the scene. The report says he was pronounced dead at the hospital.

Investigators said Armstrong was driving west on West Atlantic Avenue west of Lyons Road just after 10:40 a.m. when he apparently lost consciousness and veered off the road. He traveled through a drainage ditch and into a private parking lot at 9701 West Atlantic Ave. before knocking over a mailbox and coming to rest against a tree, says the report.

PBC TV to Replay Coverage of Sept. 11th Remembrance Ceremony

For those who may have missed the live program, PBC TV, Palm Beach County's government access channel, will present several replays of the local ceremonies commemorating the 11th anniversary of the Sept/ 11 terrorist attacks.

The ceremony was presented by the Fire Chief's Association of Palm Beach County, the city of Palm Beach Gardens and Christ Fellowship Church.

The program will be shown at the following times:

Friday, Sept. 14 – 8:00

Saturday, Sept. 15 – 11:30 a.m.

Sunday, Sept. 16 – 2:00 p.m.

Monday, Oct. 8 Columbus Day – 4:00 p.m.

Sunday, Nov. 11 Veterans Day – 2:00 p.m.

Monday, Nov. 12 – 4:00 p.m.

PBC TV is a service of the Palm Beach County Board of County Commissioners. The channel is available on Comcast Cable Channel 20, AT&T U-Verse Channel 99 and can also be seen on the county's website, www.pbcgov.com.

District 22 Congressional Hopefuls Hasner, Frankel to Debate Twice

BOCA RATON - The Adam Hasner for US House campaign has announced that the candidates for the congressional seat in District 22, Lois Frankel and Adam Hasner, will debate twice:

October 17 at 10:30 a.m.: Palm Beach Post Debate

October 28 at 8:30 a.m.: Facing South Florida with Jim DeFede on CBS4 Miami

These will be the only debates attended by either campaign.

"I am pleased the Frankel campaign has agreed to join us for these two debates," said Hasner. "We offer two very different approaches to address America's challenges, and I look forward to sharing my detailed ideas to fix Washington, create jobs and fuel a sustainable economic recovery."

Boca Police Nab Suspect in Robbery of Fifth Third Bank



Jerry Moss

BOCA RATON – Boca Raton Police have arrested a suspect in connection with the robbery Sept. 11 of the Fifth Third Bank at 120 East Palmetto Park.

Just one day after the heist, police nabbed Jerry Moss, 49, of no permanent ad-

dress, as the alleged robber who threatened to detonate a bomb if the teller didn't give him enough cash.

Police said Moss was arrested after he called the Broward County Sheriff's Office to report he was having a domestic dispute with his girlfriend. When deputies arrived on scene, Moss was identified as the man who allegedly robbed the bank. Moss was later taken into custody by the FBI, and will face federal charges, police said.

You Can Now Google Your Way Around PBI



Palm Beach County Commission Vice Chairman Steven Abrams has announced that the county approved a contract to provide Google Indoor Maps for Palm Beach International Airport (PBI).

Using Wifi, this indoor mapping program will guide travelers around the terminal to find public areas such as stores and restaurants, restrooms, ticket counters, exits, escalator, exits and emergency defibrillators.

For security reasons, information to areas not open to the public such as ramps or baggage handling areas will not be available, said Abrams.

There is no cost with Google in providing this service to the public.

"It's always good to have the latest technology available and even better when there is no cost involved to the taxpayer," the commissioner said.

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Actual ClearChoice Patient

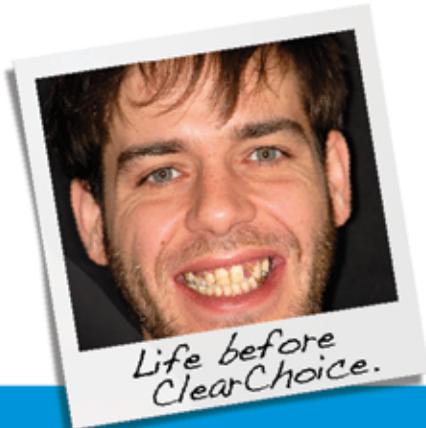
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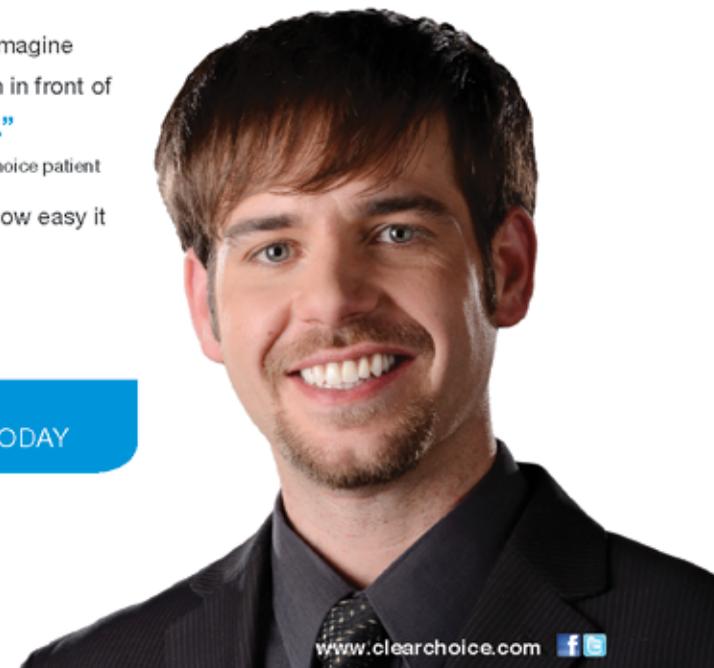
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Boca Life & Arts

The Boca Raton Tribune - B Section

September 20, 2012 through September 26, 2012 • Year III • Number 115

ENTERTAINMENT

Crusty Clint Still Charms



See page B6



See page B6

FOOD REVIEW
Updating
The Seasons 52
Dinner Menu

HEALTHY LIVING

Skinny and Diabetic:
How is it Possible?



See page B8

"MEET ME ON THE PROMENADE"

TWO-NIGHT, ONE-DAY FEST FEATURING DOWNTOWN BOCA'S BEST RETURNS WITH AN ABUNDANCE OF NEW PROGRAMMING AND HALLOWEEN HAPPENINGS

OCTOBER 26-27, 2012

More Stroll-able, Bike-able, Shop-able, and Dine-able, Event Stages, Plenty Of "Friends & Family" Fun With VIB (Very Important Bike) Parking, Family and Sports Zones, Themed Villages, Halloween Costume Contests, Shop-to-Shop Trick-Or-Treating, BeetleJuice's Rock 'N Roll Monster Revue, Staged Keepsake Photo Opportunities, And More

BOCA RATON, FL (September 10, 2012)— Following the recent spirited Friday Night LIVE! Brazilian Beat festivities hosted by Downtown Boca that drew 10,000 to celebrate Brazil's Independence Day, Downtown Boca ramps up for its second Annual Meet Me On The Promenade free two-night, one-day street-filling community fest set for Friday, October 26th from 6 p.m. to 10 p.m. and Saturday, October 27th from 10 a.m. to 10 p.m.

Complete with street-filling live entertainment, great shopping and dining specials, family activities, staged keepsake photo opportunities (including next to the Office Depot Tony Stewart NASCAR show car), and more, this year's event will have a festive Halloween twist with a Downtown Boca Halloween costume contest, shop-to-shop "trick or treating", Happy Halloween Hours and early family dining specials, and a BEE-TLEJUICE'S Rock 'N Roll Monster Revue. Through a fun "Stroll, Shop & Savor" self-tour, event-goers will get plenty of opportunity to explore and enjoy the eclectic live-work-play-stay features of Boca's next generation Downtown for all generations via event programming designed for discovering all there is to see and do along the Promenade and the areas that it connects such as Palmetto Park Road, N.E. First Avenue, Boca Raton Road, Mizner Park and Royal Palm Place.

Throughout the fest, there will be an on-going schedule of live entertainment; family-friendly interactive programming and festivities; cultural, wellness and non-profit showcases; sports and games programming; an artists and crafters expo; a Boca Chamber Village; restaurant food tastings, demos and special Promenade weekend menus; trunk shows; art gallery shows; guided and self-walking tours of

Historic Downtown Boca; "chances to win", staged commemorative photo opportunities and more.

Participating shops and restaurants will be extending their hours into the late evening with 'after parties' held at Downtown Boca clubs and pubs. Event-goers will find plenty of free parking with complimentary trolley pick up and drop off to these locations during event hours, as well as the Comerica VIB (Very Important Bike) Parking Center at the bank's Downtown Boca branch (where East Palmetto Park Road meets Federal Highway) from 10 a.m. to 6 p.m. on Saturday.

Friday night will feature live "Glee-full" entertainment and live bands, introduction of official Boca Downtowner signature cocktails, and a staged "Fall For Downtown Boca" keepsake photo op for event goers inside a gigantic "walk in" commemorative globe. The evening festivities will kick off with the attendees joining in the official Downtown Boca Bop line dance led by the Fred Astaire Dance Studio in Boca Raton that choreographed and debuted the popular dance at last year's inaugural Meet Me On The Promenade event. Saturday morning starts early with the American Cancer Society's 11th Annual Making Strides Against Breast Cancer Walk that begins at the Mizner Park Amphitheater and routes walkers through Downtown Boca along Palmetto Park Road to AIA and back. Meet Me On The Promenade programming throughout the Downtown immediately follows the ACS Walk, with mid-afternoon excitement of a Halloween Happenings! festivities running into the night with after parties at area clubs and pubs.

"This year's enjoyable event will be even more walk-able, stroll-able, shop-able, dine-able *continued on pg.B3*

The Second Annual
MEET ME ON THE Promenade
DOWNTOWN BOCA
TWO NIGHT-ONE DAY FEST FEATURING DOWNTOWN BOCA'S BEST
OCTOBER 26-27, 2012
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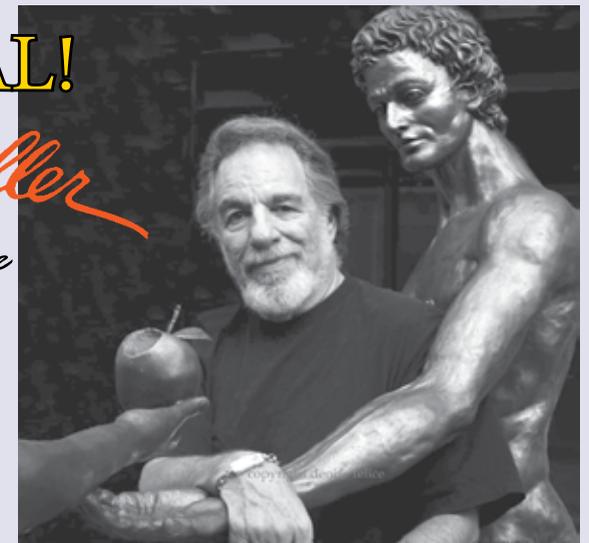


Photo by Denise Felice

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“MEET ME ON THE PROMENADE”

and now bike-able, as Downtown Boca collaborates with the American Cancer Society, area businesses, programming partners, sponsors and area nonprofits to make this a community fest with Halloween Happenings! to long remember,” said Boca Raton Community Redevelopment Agency Chair and City Council Member Constance Scott. “We encourage everyone to come early, stay late...where something for everyone awaits.”

According to City of Boca Raton Downtown Manager Ruby Childers, a

“Stroll, Shop & Savor” Downtown Boca self-guided tour program will help attendees navigate easily through Downtown Boca’s community assets: dining, shopping, fashion, culture, family fun, living, and nightlife and all the Meet Me On The Promenade scheduled activities and programming, entertainment, retail and dining discounts, and giveaway offerings. Participating retailers and restaurants will remain open late, and trolleys will run continually during Meet Me On The Promenade activities.

Showcasing the eclectic live-work-play-stay features of Boca’s new generation Downtown for all generations, Meet Me On The Promenade event programming is designed for discovering all there is to see and do along the Promenade.

“Meet Me On The Promenade returns as the perfect example of successful public/private partnership engagement as is hosted by the Boca Raton Community Redevelopment Agency (CRA); developed and implemented by the City’s branding and marketing consultants; produced by City staff; supported by the connectivity, participation

and collaboration of Downtown Boca businesses and completely underwritten by community stakeholders and partners who understand the important impact a vibrant Downtown community has on lifestyle and economic benefits for an entire community and destination,” said CRA Chair and City Council Member Constance Scott. She added that more than 14,000 event-goers filled the streets of the Promenade during the inaugural event, driving new business to the participating retailers, salons, spas, boutiques, restaurants, galleries and more.

Palm Beach Opera Tickets Go on Sale Oct. 1

Single tickets for Palm Beach Opera’s 2013 season will go on sale Oct. 1. Tickets for all Palm Beach Opera performances will be available for purchase online, via phone or in person at the Palm Beach Opera Box Office located at 415 S. Olive Avenue in downtown West Palm Beach.

Online ticket buyers will have a significantly improved buying experience and the ability to choose their own seat when purchasing online.

“This season, we have moved to a new, more modern ticketing system which allows for a greatly improved patron experience,” said Ceci Dadisman, Palm Beach Opera’s Director of Marketing & PR.

“Our priority is to provide excellent customer service not only at our performances but also throughout the ticket buying process and this new system will allow us to do just that.”

Palm Beach Opera is dedicated to producing live opera at an international standard of excellence and to enriching the life of the communities it serves with a diverse offering of educational programs.

Founded in 1961, the fully professional Palm Beach Opera presents main stage performances at the Kravis Center for the Performing Arts in West Palm Beach and is a member of the Cultural Council of Palm Beach County.

Reception Honors Soroptimist Nominees for Women of Distinction Awards



Nominees include Sue Gerding, Nancy Dockerty, Melissa Johnson, Cindi Schendel

Story, photos by Barbara McCormick

BOCA RATON — Mariela Montgomery, president of Soroptimist International of Boca Raton/Deerfield Beach, welcomed nominees, nominators and sponsors to the annual Women of Distinction Reception, celebrated at the Top of the Bridge Hotel on Sept. 12.

Twenty-five area professional women were guests of honor at the elegant affair, sponsored by Mary Babione Veccia and her husband, Joseph Veccia. A crowd of more than 60 plus guests applauded the outstanding accomplishments and community involvement of the honorees.

Sharing the microphone with Mariela were Jan Savarick, Honorary Chairwoman, Women of Distinction Awards Breakfast; Kim Champion, District One Director; Joseph Veccia, Reception co-spon-

sor and Lorry Herdeen, past president. Closing remarks were given by Cynthia Cummings and Maureen Burke, reception coordinators.

The nominees will also be guests of honor at the 39th Annual Soroptimist International of Boca Raton / Deerfield Beach Awards Breakfast, to be held Wednesday, Oct. 3, from 8:30-10:30 am. As in the past, the event will be held at the Boca West Country Club, 20583 Boca West Drive. Tickets for the breakfast are \$48 per person.

For reservations call Mariela Montgomery at 561-912-8181, or e-mail: mariela.montgomery@bluegreencorp.com.

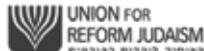
Soroptimist International is a worldwide organization for professional women working through service projects to advance the needs and status of women and children.

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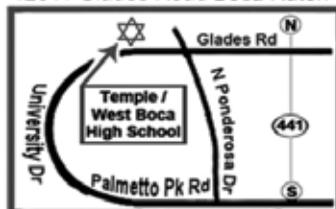
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SPOTLIGHT

RECEPTION HONORS SOROPTIMIST NOMINEES FOR WOMEN OF DISTINCTION AWARDS



Lorry Herdeen, Mariela Montgomery, Elke Schmidt



Maureen Burke, Cynthia Cummings



Alyce Erickson, Judi Asselta, Barbara Schmidt



Kim Champion, District 1 Director, left, with new members Beatriz Cameron and Carol Castaneda



Mary Babione Veccia & Joe Veccia, Reception Hosts with Jan Savarick, Breakfast Honorary Chairwoman



Nominees include Sue Gerding, Nancy Dockerty, Melissa Johnson, Cindi Schendel

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SPOTLIGHT

GREATER BOCA RATON CHAMBER HOLDS RIBBON CUTTINGS AT TWO LOCAL FIRMS



Greater Boca Raton Chamber of Commerce President and CEO Troy McLellan and Mayor Susan Whelchel at the ribbon cutting for the C. Scott Ellington Technology Business Incubator.



Ribbon cutting at the C. Scott Ellington Technology Business Incubator



Ribbon cutting at Forever Studios

“DINE FOR PROMISE” RAISES FUNDS FOR FAMILY PROMISE OF SOUTH PB COUNTY



From left, Brett Dessert, Julie Friedman, Jennifer Kornreich and Erica Schmidt.



Crowd enjoys festivities at Union Restaurant



From left, Linda Prior, Ellen Smith, former Mayor Jeff Perlman, Dawn McCormack and Scott Kennedy.

GOLDEN BELL FUND RINGS IN 21ST ANNIVERSARY WITH \$55,000 DONATION TO BOCA SCHOOLS



Shown from left, Troy McLellan, CCE, President & CEO of the Greater Boca Raton Chamber; Dr. Tammy Ferguson, A.D. Henderson University School; Ann Schaefer, A.D. Henderson University School; J.C. Perrin, Chairman of the Golden Bell Foundation



From left are Troy McLellan, CCE, President & CEO of the Greater Boca Raton Chamber; Jennifer Cocoran, Whispering Pine Elementary School; Dr. Walter Cornell, Whispering Pine Elementary School; J.C. Perrin, Chairman of the Golden Bell Foundation



Shown from left are J.C. Perrin, Chairman of the Golden Bell Foundation; Cheryl Budd, Chair of the Greater Boca Raton Chamber; Ellen Devine, Bluegreen Corporation; Troy McLellan, CCE, President & CEO of the Greater Boca Raton Chamber

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Crusty Clint Still Charms

Clint Eastwood may be America's favorite crusty old curmudgeon.

Like John Wayne before him, Eastwood is staunchly right-wing politically. In his case liberal-leaning fans forgive him because he is such an American icon, and he does have a few progressive ideas.

Eastwood uses his icon status to good advantage in "Trouble with the Curve," directed by his young buddy Robert Lorenz, who is making his debut as director after serving as Eastwood's producing partner and first assistant director since 1994.

Eastwood is 82-years-old, but he is still tall, erect and very feisty. In "Trouble with the Curve" he surrounds himself with much younger players, including Amy Adams, Justin Timberlake, Matthew Lillard and his own son, Scott Eastwood.

Amy Adams, who is 38 but looks much younger, plays Mickey, the daughter of Eastwood's character, Gus Lobel, created by debut screenwriter Randy Brown.

Gus is a longtime baseball scout for the Atlanta Braves. He is a workaholic widower whose wife died when Mickey was only 6.

Mickey has grown up to be an over-achieving attorney who stands a good chance to become a partner in her law firm.

Gus is a very stubborn man who has been a largely absent father figure. He is fiercely independent, but lately he has been having problems with the eyesight. After a visit to the eye doctor, Gus learns he has macular degeneration and perhaps glaucoma. This is not good for a man who makes his living judging the fine points of a young player's ability.

So, to cut to the chase, after much grumping and protesting Gus allows Mickey to be his eyes at a North Carolina high school baseball game where the star player, Bo Gentry, is a hotshot power-hitting.

Also scouting the game is Johnny Flanagan (Justin Timberlake), a once promising pitcher who never made it in the bigs but settled as scout for the Red Sox.

Gus grudgingly admires his young rival, and actually encourages him to check out his daughter.

It's pretty easy to see where all this is going in this old-fashioned "meller drammer" with a dash of romance on the side. You have your stock villains like the cocky, racist hitter, the back-stabbing law colleague and the equally back-stabbing young director of Braves scouts (Matthew Lillard). What makes it worth watching is the pure charm of Amy Adams and Justin Timberlake and their simmering chemistry.

As for crusty Clint, of course he is lovable in the long run, and everything is right with the world. Play ball!

Two and a half years

Richard Gere Makes
One Sleek Bad Boy

Richard Gere has been a very bad boy.

To be more concise, Richard Gere's character in "Arbitrage" is a very badly-behaving person, and he gets worse in the progression of this white-collar thriller debut, written and directed by NYU Film School gradu-

ate Nicholas Jarecki.

Coming on the heels of "Cosmopolis," "Arbitrage" is another timely reminder of the nasty stuff that goes on as a matter of course around Wall Street.

Gere is Robert Miller, founder and CEO of a hedge fund bearing his name. The story opens on the eve of Miller's 60th birthday. He is at the top of his form. His brainy, loyal daughter Brooke (Brit Marling) is poised to take over after he retires. His adoring wife Ellen (Susan Sarandon) is the cream of philanthropic society.

Arbitrage means taking advantages of price differences between markets. In theory one can make a risk-free profit at zero cost.

However, there is a human equation involved. Hedge fund managers are supposed to adhere to the highest moral and ethical standards. Major institutions stake their resources and reputations on them. As the Bernard Madoff scandal proved, hedge funds can be a very risky business indeed and downright criminal if the guy at the top is a liar and thief.

Robert Miller is not a thief, but he is skating on the thin ice of moral and financial crisis. A bad call has put half of his hedge fund in jeopardy, and he has been robbing Peter to pay Paul to cover up for his bad judgment.

With typical arrogance of a tycoon, Miller feels he is above conventional morality. He has been having an affair with a pretty young art dealer (Laetitia Casta) and promoting her career. One reckless decision by Miller will result in tragedy for one human life and the ruination of Miller's career and company.

As the web of deception tightens on Miller, he reaches out to an unlikely young ally named Jimmy Grant (Nate Parker, perfectly cast), and in turn Jimmy will be put in jeopardy.

Breathing down Miller's trail is brazen, wily police detective Michael Bryer (Tim Roth), who is not averse to pulling off a few tricks of his own to snare the perpetrator.

Early in his career Richard Gere played a lot of idealized young romantic heroes. Now that he has silvery hair and a creased face he has more resonance and depth as an actor. This is one of his best performances ever.

The always-entertaining Tim Roth affects a skeptical combative stance and a tough New York accent for his bullying detective.

Susan Sarandon saves her best for the last as Miller's forgiving, loyal, but quietly raging wife Ellen- finally at the end of her patience.

There is nothing novel or groundbreaking about "Arbitrage," but it does generate a fair amount of suspense and impassioned performances all around. Sadly, the end has the ironic ring of truth. Good guys don't always win and bad guys don't always lose.

Nicholas Jarecki is a bright young talent to watch.

Three stars



Food Review **Marc Kent**

Updating The Seasons 52 Dinner Menu

Seasonally inspired cooking brings new items to this fine restaurants menu. We are pleased to report on:

Thin flatbreads included an artichoke and goat cheese with spinach, balsamic onions and roasted peppers-delicious and enough for two as was a spicy chipotle shrimp with grilled pineapple, feta cheese and roasted poblano peppers- not too spicy but with a delightful taste and aftertaste. They also feature a garlic chicken, ripe plum tomato plus the fine steak and cremini mushroom flatbread we enjoyed this past fall.

Appetizers, 8 in number, gave us a chance to sample beef chili with black beans and cilantro sour cream - a strong dish with generous portions of beef and a nice bite. Organic edamame soy beans were hot and tasty with or without the green tea salt garnish. Unfortunately, the goat cheese ravioli had mushy pasta envelopes for the cheese and was swimming in a weak tomato broth - not their finest moment. However, the lump crab, roasted shrimp and spinach stuffed mushrooms were a complex dish with each ingredient perfectly presented ... very, very nice! The Ahi tuna taste of sliced tuna could not be enhanced with the cucumber salad or the wasabi - not typical bright tuna taste here.

Seasons 52 have both 4 small and 5 entrée salads on the menu. We tasted several in the past and found all to be fresh, crisp and containing a variety of tasty ingredients.

As 6 dishes were listed as fish and seafood, we tested the grilled jumbo shrimp cavatappi pasta - excellent shrimp perfectly prepared with cara-

melized garlic, organic tomatoes, fresh broccoli and peppers. The cedar plank roasted salmon, a large portion with taste and texture was complimented with roasted carrot slices, red bliss potatoes and fresh asparagus - a winner! Three other listings were tested in the past and all were fine choices at that time.

Last review, of the 5 items listed as poultry and meat, we had tried and enjoyed all but the wood roasted pork tenderloin. With its soft herb polenta, cremini mushrooms, broccoli and shallot Dijon glaze, it is a pleasure to recommend this very tender and tasty meat dish.

Seasons 52 is noted for its selection of classic dessert mini indulgences - individual servings of such classics as:

- Chocolate peanut butter mousse
- Mocha macchiato
- Blueberry cheesecake
- Pecan pie with vanilla mousse
- Key lime pie
- Belgian chocolate rocky road
- Raspberry chocolate chip cannoli
- Carrot cake

This review we sampled 6 of these treats - all superb examples of the dessert Chef's art.

A final note. Season's 52 is located at 2300 NW Executive Center Drive (Off Glades Road) in Boca Raton (561-998-9952). It has an extensive drink and wine menu and is open 7 days for luncheon from 11:30AM, dinner to 10PM (11PM on Fridays and Saturdays). As each item listed is less than 475 calories - we do suggest you...Go and Enjoy!

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President Marco Dombrowski accepts the Proclamation from the City of Boca Raton from Councilwoman Constance Scott



Fernanda Cirino



Paulo Schneider speaks to the crowd



Claudia e Felipe Saide



Brazilian Pride Award winner Luizza Florence thanks the crowd for the award



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Healthy Living

Dr. Marcia Perretto Medina

Skinny and Diabetic: How is it Possible?



The latest studies performed by the CDC (Center of Disease Control) found that one among nine adults is diabetic, and one in among three will have diabetes by 2050. This is a significant increase in the numbers of those who suffer of type 2 diabetes, as well as there is a significant change in the outline of this population with more young people including those who are skinny being diagnosed with type 2 diabetes.

Other surprising findings were: women have 1.3 more chances of being hospitalized due to complications of diabetes than men; and those who are considered "per-diabetics" with ages ranging from 20 years and older have reached 65 million. Currently type 2 diabetes has become also a problem of the younger adults, according with the National Institute of Health 15 percent of the of those suffering of type 2 diabetes are not obese.

Visceral Fat and Diabetes

In those patients considered "skinny" the diabetes develops secondary to the accumulation of fat in the abdominal cavity, around the internal organs. This pattern of fat accumulation leads to the production of inflammatory substances that affect the liver and the pancreas decreasing the person's sensitivity to the insulin, and leading to an increase in the risk for type 2 diabetes. In these cases, the person appears to be "skinny", but in reality their body is behaving as if he/she was obese.

The lack of physical exercises and the battle with the diets to control the body weight also lead to an increased risk of diabetes. The regular practice of moderate physical exercises is essential for the maintenance of the glucose levels, causing an increase of up to 20 times in the absorption of glucose when compared to those who do not exercise. Another important fact is that regular physical exercise is the only way to burn the fat accumulated in among the organs.

When you diet without exercising you primarily burn muscle tissue once this is the

most available form of energy. When you stop the diet you re-gain the weight, but now you re-gain that weight as fat. Muscle mass is essential to assist in abdominal fat burning, and helps to regulate the glucose levels in the blood. In plain English: diet without physical exercise increases the risk for type 2 diabetes.

Another important factor is the stress. The frequent deadlines and multitasking required in our daily life lead to an increase of the hormone known as cortisol to assist in the increase of our levels of energy. The problem is that the cortisol temporarily increases the levels of glucose. If you are constantly under pressure, living a stressed life, there is a constant release of cortisol leading to a chronically elevated level of glucose in the blood, and consequently to an accumulation of visceral fat. Scientists confirmed that young adults with family history of at least one person diagnosed with type 2 diabetes are at a higher risk.

Prevention

Type 2 diabetes is non-reversible, but what is called "per-diabetes" is not. The biggest problem is that more than 90 percent of the pre-diabetics don't even know they are sick. Visit your family physician every year for check-ups and maintenance.

Eat a healthy diet, mainly from fresh and home cooked foods. Avoid fastfoods, choose olive oil over salad dressings, avoid fried foods, eat more whole wheat grains, and avoid processed foods once the majority of them contain high-fructose corn syrup, which is rapidly transformed in visceral fat. Save the sweets and candies for special occasions. Give preference to fresh fruits and vegetables, white meats and fish.

Exercise daily at a moderate level of effort, a brisk walk, Pilates, yoga, weight training, swimming, cross training, just choose what you feel more comfortable with. Make small changes of habits daily to allow your body to adapt little-by-little. Live happy, live healthy.



Oleda Talks

Oleda Baker

"I Hate My Bloating Stomach"

Can You Get Rid of an Uncomfortable Bloating Stomach?

It's no secret that as we age it can become more difficult to enjoy a meal without suffering digestive discomfort. For every 10 years of life the pancreas produces fewer digestive enzymes and, on top of that, today's modern diets are largely void of natural plant enzymes. This lack of natural enzymes requires the body to work harder, thereby straining our internal organs and digestive system.

A bloated stomach can have several causes and is not to be confused with Belly Fat, which are fatty cells that you can't get rid of it without losing weight Oleda Baker C.E.O. Oleda & Company, Inc. through diet and exercise. A bloated stomach can usually be flattened....if you can figure out what is causing the discomfort...here's the story:

Stomach discomfort is when the abdomen feels full and tight, even before eating. It most often occurs in the small intestine rather than the stomach, as most people believe. The most common cause is irregular digestion that produces gas at a higher rate than normal, often caused by:

- Eating too fast
- Air swallowing (a nervous habit)
- Overeating
- Intolerance to dairy products
- Certain food intolerances
- Poor elimination
- Lack of enzymes

At the beginning of a health diet, a sudden increase in fiber from vegetables, fruits and beans could cause discomfort. If this occurs, simply ease up on these foods and reintroduce them more gradually.

If you are eating late at night, or drinking too much alcohol, it will encourage the build up of acid. The digestive system works more effectively when you are up and about for at least 3 hours, not after eating before retiring and lying flat. A large meal can also cause discomfort as the stomach becomes distended and certain foods produce more gas than others.

Intolerance to some foods can cause abdominal discomfort

Digestion is a series of chemical reactions that break down food into components from which we derive energy. The remaining material is waste and is eliminated through the intestinal tract.

Some of those wastes are gases that are normally managed easily by the elasticity of the intestinal canal. Sometimes, however, large pockets of gases stretch the gut wall past its comfortable elastic limit and we feel uncomfortable by an expansion in the abdomen. It may even become difficult to fit into your jeans.

There is only one way to identify food intolerance and that's by the process of elimination... one food at a time.

Once you or your doctor has determined there is no medical condition causing the excessive gas, you can begin eliminating foods that may be causing the symptoms.

Continue to eat as you normally do, but eliminate one gas producing food for at least a week. If there is no lessening of gas, put that food back in the diet and go on to eliminate another one. Follow this procedure until all gas producing foods are tested.

Experience tells us that beans (all types), milk, and milk products may be the worst offenders in causing gas. Other troublesome foods include onions, celery, carrots, raisins, apricots, prune juice, wheat products, and Brussels sprouts.

A well balanced intestinal enzyme builder supplement could help create a more comfortable and flatter stomach. This balance should contain a high amount, and a variety, of enzymes like Ginger Root, Fennel Seed, Clove Powder, Simethicone, Peppermint Leaves Ext, Acid Stable Protease, as well as other necessary ingredients, that address the various types of food: protein, fats, starches, dairy, plant, vegetable material and sugar.

To read more about these digestive enzymes click here: <http://www.oleda.com/prodinfo.asp?number=7DE>

**Until next time,
Love, Oleda**

Oleda Baker, now 78, began her career as a high fashion model with the prestigious Wilhelmina Model Agency, based in New York City and doing print and TV assignments in New York and Europe. She has written ten books on beauty, diet and health.

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THE CITIZENS VOICE

By Al Zucaro

Power Corrupts and Absolute Power Corrupts Absolutely

A few weeks ago, I reported that the president of Boca's Chamber of Commerce announced one of the chamber's main political objectives for this upcoming year is to change the voting pattern of the city from the current March voting cycle to a proposed November cycle. Well unbeknownst at the time is that there actually may be an unholy alliance between this objective and sitting council members desiring to accomplish such a change.

Such a charter change may actually have merit on the basis that a November election cycle would result in a larger voter turnout and in cost savings to the city. These objectives still seem meritorious but voices within the city now suggest reasons to believe these objectives may be smoke screens for a far more nefarious objective, to wit: extending the terms of the current city council for an additional eight month period.

Initially dismissed as improbable, it seems that there may be actual reason for concern. According to sources who wish to remain anonymous, this plan is already a "done deal".

Well how is that possible?

A review of the City's Charter and Code of Ordinances reflects specific areas of reference with regards to elections.

City Charter section 5.05(a) specifically states that "the regular election shall be held on the second Tuesday of March. The next Boca Raton election is scheduled for March, 2014 as no council seats are in play for 2013. City Charter section 3.03 specifically states the dates for elections to be the calendar month of March for all elements including the initial vote, any runoff vote and the swearing in ceremony of the ballot winners. The City's Code of Ordinances further reveals a specific provision defining a March election cycle. Section 6.6 states that "the regular city election shall be held on the date prescribed in 'section 5.05 of the Charter". Charter section 5.05 is unequivocal to the March voting cycle.

So what's the concern?

With all these sections pointing to a March and with the consistent use of the term "shall" (mandatory language in legal construction) there should be no concern that the Charter's election provisions are in place unless and until there is a vote of the people to change the charter and then change the code.

Correct? Well maybe not....

City Charter section 7.01 undermines the previous charter protections. This section outlines two ways that the City Charter can be amended.

The first is "Initiation by ordinance" where the council may propose amendment to any part or all of this Charter with limited exception. Upon passage of such an ordinance, the ordinance shall be placed to a vote of the electors at the next general election or at a special election called for this specific purpose.

The second is "Initiation by petition" where the electors may propose charter amendments by presenting a petition signed by qualified voters equal to at least 10% of the total voters registered in the

last regular city election.

So, we now find legislative support for the statement that changing the cycle is a "done deal".

An ordinance passes with a simple majority vote of the council. At least three current city council members would benefit from such a change and these same three members know that the antics of the recent past put them clearly in harm's way for the old adage of "throw the bums out".

Begs the question....Why?

Speculation is that March 2014 offers citizens the opportunity to change the mode, temperament and direction of the city council. At least three seats, the mayor and two council seats, are subject to the vote. The powers behind the scene may be fearful that if given the opportunity the electors will disrupt the cozy relationships that currently exist between the majority of city council members and the developers whose objective it is to change the face of Boca Raton forever. The stakes are high and completing the task of vesting development rights is a strategic objective that must be accomplished. A new council majority may disrupt this.

The language of section 7.01 cited above is tricky language when comparing the two methods that allow for charter change. In the 'initiation by ordinance', the electors may get to vote on the change at the "next general election held within the city or at a special election called for such purpose". This could actually be as early as November, 2012.

While in the 'Initiation by petition', there is reference to when the electors would vote, to wit: no sooner than 60 days after certification or no later than 3 months from that date. This nuance may not result in the same meaning when focused upon specifically or in a timely opportunity for the electors to vote at all.

Even more disturbing is language limiting the 'Initiation by petition' section whereas, before a petition drive can even begin, the city council shall, by ordinance, determine a standard form of petition for the full text of any proposed charter amendment to be attached.

There is language requiring the city council to act on such an ordinance but no guidance or limitation on obstructive actions the council might attempt to thwart the will of the electors.

There also is no equivalent filtering process for the charter amendment language that the city council may propose within the "Initiation by ordinance" section.

One favorable note is that the signature requirement for a charter amendment by petition is 10% of the qualified voters registered for the last local election whereas the signature requirement of an initiative by petition of an ordinance is higher at 15%. Interesting....

Hence, as suggested above, power corrupts and here in Boca Raton absolute power over the will of the people may have already corrupted absolutely.

Al Zucaro

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Business

The Boca Raton Tribune

Local Community Cheers YEA! For Entrepreneurship

Boca Chamber Welcomes Young Entrepreneurs Academy Students

BOCA RATON – YEA! is back in business for another year.

The Young Entrepreneurs Academy, or YEA!, is an innovative program that guides students through the process of starting their own real business. The Greater Boca Raton Chamber and partner, the Adams Center for Entrepreneurship at Florida Atlantic University, announce the start of the YEA! Program at the FAU College of Business for the 2012-2013 school year.

YEA! takes students from ages 12 to 18 through the process of launching a real business or social movement over the course of an academic year. By the end of the course, students own and operate fully-formed and functioning businesses, which may be carried after their graduation from the program. YEA! aims at teaching students at an early age how to make a job, not just take a job. YEA! was developed at the University of Rochester with support from The Kauffman Foundation.

Business Partners to date for this year's program are: FAU Adams Center for Entrepreneurship, FPL, NCCI, Bluegreen Corporation, First Citizens Bank, Plastridge Insurance, Modernizing Medicine, Saint Andrew's School and The Rendon Center for Dermatology & Aesthetic Medicine.

The students chosen through an application and an interview process are:
Shirley Bazua – Cardinal Gibbons High School

Justin Bentayou – Eagles Landing Middle School

Bronson Bloom – Pine Crest School

Alex Bruens – A.D. Henderson School

Taylor Burrell – Eagles Landing Middle School

Zachary Close – Home School

Kalvance Die – A.D. Henderson School

Dylan Ehrnst – Boca Raton Community High School

Julia Galang – Coral Springs Charter School

Gabriela Heizer – Atlantic High School

Chaz Hermanowski – Saint Andrew's School

Gabriel Louvet – Spanish River High School

Carly Manzella – Boca Raton Community High School

Lauren Miller-Petrovich – Boca Raton Christian School

Donald Nelson – Saint Andrew's School

Drew Novak – St. Joan of Arc

Niki Patel – Boca Raton Community High School

Jorge Soares-Paulino – Boca Raton Community Middle School

Jordan Rand – Pope John Paul II High School

Lawrence Stoll – The Benjamin School

Jack Stoll – Palm Beach Day Academy

John Sutor – Boca Raton Community Middle School

Oliver Vinograd – Spanish River Community High School

Rachel Zietz – Pine Crest School



Chamber Executive Vice President & YEA! Program Director Beth Johnston and Chamber President & CEO Troy McLellan address the students.

Tuana Tuba Yazı – Pine Crest School

The program requires a nine-month commitment from its young executives. In that time they brainstorm and form their enterprises, make pitches to potential investors, obtain funding, register their companies with governmental agencies and ac-

tually launch their own company or social movement! Business mentors, graphic designers and local entrepreneurs support the students throughout the program and all of the learning is real and experiential.

For more information, call 561.395.4433 ext. 236

New Docs Join Medical Staff at Boca Raton Regional Hospital

BOCA RATON – Boca Raton Regional Hospital has announced the appointment three new physicians to the hospital's medical staff.

Megan Jack, MD, is board certified in surgery and specializes in plastic and reconstructive surgery. She attended medical school at the University of Kansas School of Medicine in Kansas City, Kansas. Her internship and fellowship programs were fulfilled at the University of North Carolina in Chapel Hill, while her residency was completed at Cleveland Clinic in Weston, Florida.

Daniel Kovacs, MD, specializes in plastic and reconstructive surgery. He attended medical school at New York Medical College in Valhalla, N.Y. His internship was completed at St. Vincent's Hospital Program in New York, New York, while his residencies were completed at Westchester County Medical Center in Val-



Megan Jack, MD

halla and Montefiore Medical Center in Bronx, New York.

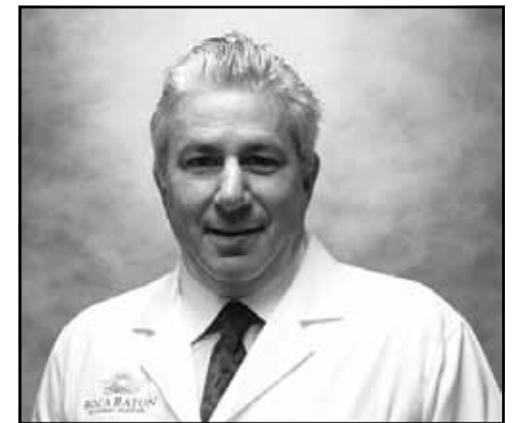
David Buchalter, MD, is board certified in orthopedic surgery. He attended medical school at Robert Wood Johnson Medical School in Piscataway, N.J. He completed his internship at St. Vincent's



Daniel Kovacs, MD

Hospital Program, his residency at Beth Israel Medical Center, and three fellowships at the Hospital for Joint Disease, all located in New York, N.Y.

Boca Raton Regional Hospital is an advanced, tertiary medical center with 400 beds and more than 800 primary and



David Buchalter, MD

specialty physicians on staff. The hospital is a recognized leader in oncology, cardiovascular disease and surgery, minimally invasive surgery, orthopedics, women's health and emergency medicine, all of which offer state-of-the-art diagnostic and imaging capabilities.

Greater Boca Raton Chamber Holds Ribbon Cuttings at Two Local Firms

BOCA RATON – The Greater Boca Raton Chamber of Commerce recently held ribbon cuttings at two local firms – the C. Scott Ellington Technology Business Incubator and Forever Studios.

TBI was designated as a business incubator in December 2010 by the Research Park at Florida Atlantic University Board of Directors to honor of the late Scott Ellington's contributions to developing a sustain-

able and nurturing environment for entrepreneurs.

Forever Studios at 625 Spanish River Blvd., Boca Raton, was founded in May 2011 after it had spent the last decade helping families and individu-

als relive their memories by transferring photos, documents, videos, audio tapes and records to current digital formats. It has expanded to crate personal histories for individuals and families.

see pics pg. B5



CARLO BARBIERI

By Carlo Barbieri

Minorities and Politics: A Lesson in Inclusion and Class Warfare

The cultural face of America today is not what it was a half-century ago. No longer would anyone give a serious thought to forcing a Black man to sit at the back of a bus, or turn him away from a lunch counter.

The continuing and growing impact of minorities in this nation – of how they are and have been treated by the Caucasian public in general and by the two major political parties specifically – is food for serious thought by those who look to shape the future of America.

That shaping is happening right now. The USA has a president with Black roots. Hispanics are serving in high office – consider Florida's own U.S. Senator Marco Rubio. And women have served in positions as high as secretary of state.

Traditionally, minorities seem drawn to Democratic ranks, though even that is changing. David Wasserman, an election analyst for the non-partisan HYPERLINK "<http://cookpolitical.com/>" \t "_blank" Cook Political Report, cites the rise of women and minorities in the Democratic Party, but that, he notes, is accompanied by so-called "white flight" by former party faithful.

Democrats have always stood for "inclusion" while Republicans appear stand-offish.

In a nutshell, the Republican Party seems to offer little enticement to Blacks and Hispanics. The GOP is still seen as a basically white-only organization. (Dr. Condoleezza Rice is a glaring exception.)

On a national level, Democrats do a better job of appealing to women and minority voters because this segment of the electorate sees themselves reflected in the party mirror.

But in the U.S. House, the party is increasingly anchored in urban and suburban areas based on how congressional districts are drawn, ceding almost all of rural America to the GOP and raising doubts about Democrats' ability to win a House majority when they are so geographically restricted.

Political correctness almost demands a conciliatory attitude toward minorities from both parties. Republicans choke on political correctness, and they don't "play well" with minorities. Also, during the 2012 campaign, the GOP has been accused of igniting a "War on Women," as if to exclude that so-called "minority" from its ranks.

The broader appeal of the Democratic Party to women and minorities is good news for President Barack Obama in his quest for re-election because they represent two-thirds of his coalition. (The other major bloc is young voters). For Republicans, their congressional districts are generally drawn for white

lawmakers, representing white constituencies, self-restricting the level of diversity in their districts and the lawmakers that represent those districts.

So, while Republicans may have used the 2012 redistricting process to solidify their grip on a number of previously more competitive districts that helps them hold their current House majority, the lack of diversity in the GOP makes it increasingly harder to win on a national level.

The bottom line is this: African-Americans, Hispanics and others not of the Caucasian race currently make up 20 to 30 percent of the population. But if Obama can count on that group to give him a third of his total ballots in November, how difficult could it be to tally another 20 percent or so from the rest of the party and win re-election?

This brings us to another group – not necessarily a minority, but definitely an endangered species – the middle class. This year, that segment has been slammed with soaring gasoline prices, high food and energy costs and the horrific impact of the housing market downturn. Add to that 23 million jobless and underemployed – most of them middle classers – and you have a voting bloc that's angry, frustrated and in desperate search for the truth.

Unfortunately, neither party has delivered absolute truth. Republican and Democrat candidates seem bent on destroying each other while forgetting to throw life preservers to the sinking middle class.

Democrats – traditionally the party associated with higher taxes – are trying to throw that yoke to the GOP. At the same time, President Obama is sidestepping his dismal performance in office to focus on non-issues such as the killing of Osama bin Laden and Mitt Romney's failure to release his tax records.

Both parties' promises to buttress the floundering middle class leave ordinary folk baffled and unclear about the future. Worse, it sets the stage for class warfare between the rich and the less-than-rich – the ones enduring the slings and arrows of outrageous politics – inundated with half-truths and uncertainty that can only ignite envy and jealousy toward the wealthy.

Right now, America is under attack throughout the Middle East. Democrats seem unconcerned about these radical terrorists as well as class warfare at home. So, in the end, it is up to Republicans to pay attention to the needs of the middle class, and stem the likelihood that fighting in the streets of the USA won't follow the anti-US fighting in dozens of nations around the world.

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Boca Raton Bible Chapel
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561-395-7221

Boca Raton Church Of Christ
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561-395-0738

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Palm Beach State SBDC, Brazil Club, Sponsoring Business Workshop

BOCA RATON — Whether you are trying to turn your business idea into a money-making venture or have an established business with a vision for growth, you can join the Palm Beach State College Small Business Development Center and the Brazil Club for an information-packed no-cost workshop.

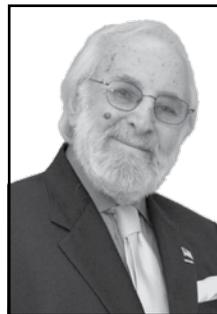
It will be held Thursday, Oct. 4 from 5:30 to 7:30 p.m. at the Palm Beach State College - Boca Raton Campus, 3000 Saint Lucie Avenue, room HT 103.

Topics will include entity selection, accounting, business plans, marketing and financing

Guest speakers will be Douglas Heizer, Publisher/CEO of The Boca Raton Tribune and SBDC Business Analysts Constance Scott and Suzanne Mulvehill.

Light refreshments will be provided courtesy of the Brazil Club.

Space is limited. Early registration is encouraged by calling 561-862-4789.



WHAT BUSINESS ARE YOU IN?™

By Gerald J. Sherman

The Business of Building Relationships

For a family to be successful, the relationship must be on a firm basis. It must be cohesive or it crumbles. Just as it is important in your personal life to establish good relationships, so is it important for the life of your business. Distrust, disrespect, secrets, gossiping and the like shakes the foundation.

We can't be all things to all people but we can be team players. Just as in families, the standards are set at the top and filter down, so is it in business. It all starts at the top! When I walk into an office and the receptionist is cold, unfriendly or downright nasty, I get a clue — the boss probably is, too.

The true relationship between an organization and its clients actually starts after the transaction is completed. How well the relationship proceeds is determined by how it is managed by the organization. Ethics and honesty play a major role in relationship development. Always remember, it is more cost effective to maintain existing clients than it is to find new ones to replace them. Retaining your customer base is always a priority. Good relationships with clients should not be underestimated.

In a selling situation, for example, it used to be that the organization and buyer sat on opposite sides of the fence. Today, this has largely changed to a partnering situation between buyer and seller working together to achieve their mutual goals. Sellers today recognize that a buyer's failure with their product/service will reflect negatively on their performance. Therefore, it behooves the seller to take an active role in helping the buyer select the right product the right equipment, the right style.

Before the seller starts a relationship with the buyer, she/he must understand what the buyer wants in the relationship. Buyers want their sellers to be team members and have a high degree of ethics and integrity. They

want that comfort zone in the relationship, in knowing that the seller will do as promised. The relationship cannot progress unless the seller is able to be a problem solver, provide the buyer with service, and satisfy the buyer's perceived value.

The seller can ensure a lasting relationship by trying to make sure that each and every transaction will be mutually beneficial. Strange as it may seem, sometimes the best way for the seller to establish this trust and build a relationship is to solve a problem when she/he foresees one that the buyer may have with his/her product/service; late delivery, merchandise not received as ordered or any area that the company has not performed as promised.

It is important to understand that the person wanting your product/service really wants more than that. They want you to be a team member. They are hoping to do business with an ethical person and one who has integrity. They want to feel secure in knowing that you will do and deliver whatever was promised.

Statistically, more than 50 percent of marriages end in the divorce courts. We are living in a "me first" society; we want immediate success, instant gratification, all this, without being committed to making things work! Maintaining a successful relationship, both personally and in business, requires a willingness to work at it.

Excerpts from the book, The Real World Guide to Fashion Selling & Management, Gerald J. Sherman & Sar S. Perlman, Fairchild Publications, Division of Conde Nast Publications, Gerald J. Sherman, MBA, DBA of Sherman & Perlman LLC is an author, marketing and public relations person and has written several books and articles on these subjects. <mailto:jerry@shermanperlman.com>/www.shermanperlman.com.

County Website Wins International Award

Palm Beach County's website, "http://pbcbgov.com/", has once again earned a prestigious Standard of Excellence award in the Web Marketing Association's annual Web Awards international competition.

The county's website, designed by Public Affairs, won in the Government (main page) category, scoring well above the industry average. Entries were evaluated on their design, innovation, content, technology, interactivity, copywriting and ease of use.

For each entry, three independent judges were given only a web address and

password. They did not know who submitted the entry or the category. Each judge assumed the role of a typical user with no particular web expertise.

The county website received high marks for design, content, ease of use and, in particular, the judges were very impressed with the copywriting, scoring it 9.5 out of 10.

Earlier this year, the pbcbgov.com homepage was completely revamped with a more streamlined look and distinct feature and social media areas. Frequently used links and an area for banner marketing were also added.

BUSINESS BITS

• **BOCA RATON** — As Florida-based First Southern Bank celebrates its 25th anniversary this fall, it is continuing its pledge to contribute to the growth of the state and to provide Floridians with premier banking services, competitive products and superior, personal service. The firm was established on Sept. 14, 1987 in Boca Raton as a state-chartered bank.

• **DELRAY BEACH** — Ed Morse Delray Cadillac, 2300 South Federal Highway in Delray Beach, will host a "Drive for Dollars" Day on Saturday, September 22 from 9 a.m. to 5 p.m. to benefit Spanish River High School in Boca Raton. The dealership will donate \$20 to the school for each test drive taken that day with a maximum of 25 test drives (\$500). The event is open to the public. Anyone who visits Ed Morse Delray Cadillac for a test drive on any vehicle can help support the school.

• The Florida League of Cities has appointed Jupiter Vice Mayor Todd Wodraska, Boca Raton Deputy Mayor Susan Haynie and Palm Beach Shores Commissioner Lisa Tropepe to its Board of Directors. They will serve on the board until August 2013. Wodraska is the current president of the Palm Beach County League of Cities; Haynie and Tropepe both serve as past presidents.

• **BOCA RATON** — Vitacost.com, Inc., a leading online retailer of health and wellness products, has entered into an agreement to exit its manufacturing operations and lease its manufacturing facilities to a third party provider. Some 40 percent of the company's proprietary products are currently supplied by contract manufacturers, and this transaction outsources the remaining portion. The company expects the transaction to have approximately a \$4 million to \$5 million positive impact on cash in 2013 through the reduction in proprietary inventory levels.

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Games

The Boca Raton Tribune

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Across

- 1 Open carriage
- 5 Farm young
- 9 Concise
- 14 Chalupa alternative
- 15 Subterfuge
- 16 Comics orphan
- 17 Plentitude
- 19 Speeder's bane
- 20 Young fox
- 21 Concert request
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- 24 Hot time in Québec
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- 36 Spanish sparkling white wine
- 39 Yak's home
- 40 Blood-related
- 41 Sleazy paper
- 42 Exuberance
- 43 Skins
- 45 Talon
- 47 Actress Sofer
- 48 Not on top
- 50 Dawn goddess
- 52 Therefore
- 53 Common flag symbol
- 55 Stout
- 58 Kind of station
- 60 Break loose
- 62 Zodiac animal
- 63 Battery terminal
- 66 Newspaper section
- 68 Flower feature
- 69 In a while

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- 70 ___-friendly
- 71 Hindu mystic
- 72 Understands
- 73 Bank (on)
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- 13 Llama land or Indiana town
- 18 Secretary, for one
- 22 Merino mother
- 27 Before cake or meal
- 28 Willows
- 29 Shop tool
- 30 Long story
- 31 Actor Cain or Stockwell
- 32 Sicilian mount
- 33 Low-___ diet
- 34 "___ From Muskogee"
- 35 Gopher State
- 37 St. Louis landmark
- 38 Kilmer of *At First Sight*
- 44 Mattress problem
- 46 Part of WMD
- 49 Little piggy
- 51 Mining minerals
- 53 Biscuit for the British table
- 54 Gypsy's deck
- 55 Cropped up
- 56 Place for a boutonniere
- 57 Manicurist's board
- 58 Openings
- 59 From scratch
- 61 Lively old dance
- 64 Three Gorges project
- 65 Biblical high priest
- 67 Mangy mutt

Down

- 1 Vampire killer
- 2 Custom
- 3 Intense
- 4 Pointer's direction
- 5 Excessively agitated
- 6 Postal scale unit
- 7 English race place
- 8 Lascivious look
- 9 Locomotive follower
- 10 Genetic initials
- 11 Like some ink

Solutions From Edition 114 Puzzles

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Columnists

The Boca Raton Tribune



FAITH

By Rick Warren

Creating Energy Through Teamwork

A revolution is taking place in the world of business. Around the world, companies are starting to restructure around "cross-functional teams." Managers are capitalizing on a basic fact of human behavior:

People are more creative and more productive when they work together.

For some business leaders, this idea of worker synergy and productivity seems new, but actually it has been around for a while. In fact, several thousand years ago, the Bible stated it this way:

"Two can accomplish more than twice as much as one, for the results can be much better. If one falls, the other pulls him up; but if a man falls when he is alone, he's in trouble" (Ecclesiastes 4:9-10).

However, just putting a group of people together does not make a team. They must learn how to relate to each other and work together effectively. They must be trained in team-building skills. If you are a part of a team at work, or if you'd like to increase the productivity of yourself and those you work with, I suggest you discuss and agree to practice these six energy-creating principles:

Emphasize the best in each other. People blossom with affirmation. They will not flourish, however, under constant criticism. A good guideline is to strive to give more strokes than pokes. Every time you succeed at doing this, you increase the value of the team.

Never try to control each other. Many people like to control what is being done and those who are doing it,

but exerting extreme control is generally counterproductive. There are many ways to play the control game: "Interrogator" -controlling through questions."Intimidator" - controlling through anger."Martyr" - controlling through guilt."Aloof" - controlling through apathy and/or passivity.

Encourage the free flow of ideas. Never try to create or solicit ideas and evaluate them at the same time. To do so will dry up team creativity. Let the participants have fun, and join in it yourself! Value everyone's opinion, even when you disagree with them.

Replace competition with cooperation. To build a team, you need to foster a cooperative spirit, not a competitive environment. Your competition is found at another business, not in your office. Help every person and every department to see and understand the big picture - your overall goals - so they will realize and appreciate how their part helps the whole company.

Give away what you have... and watch it multiply! This is a spiritual law that really works. Whatever you need more of - energy, ideas, authority - whatever you have and desire to increase, learn to share it with others on your team. You will inevitably receive more back.

Yield the credit to others. Remember that you're a team!

Rick Warren is the author of the highly acclaimed, best-selling book, The Purpose-Drive Life, which has been translated into many languages and sold throughout the world. It affirms the importance of having a carefully considered, clearly expressed purpose to guide everyday life.



DIVORCE FLORIDA STYLE

By Mike Gora

The Shaft

Q. I think that the judge in my case is about to give me the shaft. My case was set for trial a couple of days ago. Everything was ready to go, and I was looking forward to getting my divorce case behind me. It had been dragging. While I was getting temporary alimony and child support, my husband and I were constantly bickering over property distribution, child raising and other things.

My lawyer, who also does some criminal cases, was called to an emergency hearing before a Federal Magistrate in Fort Lauderdale on a drug case the day before my trial was supposed to begin. Through his secretary he left a message with the judicial assistant for my divorce judge, saying that because of the emergency he was asking for a continuance.

During the drug case, the magistrate came into court and said the divorce judge had left a message on his answering machine that said, "My lawyer better call him immediately if he ever wanted to practice before him again." My lawyer said he tried to call the judge twice, got a machine and left messages.

The next day the divorce judge entered an order continuing the case, but suspended my alimony and income deduction order. My lawyer does not know what to do. Can I get my judge removed from the case? How does that work? Will there be

a hearing?

A. Your lawyer should file a motion to disqualify the judge as soon as possible, as the rules require filing immediately after the offending judicial conduct. The motion goes before the same divorce judge you are complaining about, but his or her decision may be appealed.

The question is whether the motion demonstrates a well-founded fear in you that you will not receive a fair trial at the hands of the trial judge. The court must consider whether his or her actions would place a reasonable, prudent person in fear of not receiving an impartial trial.

The trial judge must decide the motion on the face of the allegations in the motion, taken as true. There will be no hearing.

The Florida Supreme Court has ruled that a trial judge may be disqualified because of prejudice toward an attorney if the prejudice is of such a degree that it adversely affects the client. When a judge signals a predisposition about a case, a party's fears about fairness at an upcoming hearing are well founded. As the divorce judge entered an order against you, after threatening your attorney, based on your lawyer's legitimate request, and took away your alimony without a motion being filed or a hearing, the judge should disqualify himself.

Michael H. Gora has been certified by the Board of Specialization of The Florida Bar as a specialist in family and matrimonial law and is a partner with Shapiro Blasi Wasserman & Gora P.A. in Boca Raton. Mr. Gora may be reached at mailto:mhgora@sbwlawfirm.com.

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Sports

The Boca Raton Tribune

FAU Faces Crimson Tide in Showdown in Alabama

The Florida Atlantic football team will face their highest-ranked opponent in the program's short history on Saturday.

After falling this past week to No. 7 Georgia, 56-20, the Owls finish up their back-to-back slate of extremely tough road games against top-ranked and Southeastern Conference opponents when they face the consensus number-one team in the land, the Alabama Crimson Tide.

"They're just efficient, they're a typical (head coach Nick) Saban team," said coach Carl Pelini. "They don't beat themselves, they don't make mistakes, they don't miss assignments, they don't drop balls, they don't fumble, and (Saban) makes the right reads. They're not real intricate, but they just execute."

Alabama has won their first three games by a combined score of 128-14. Last week, they defeated SEC West rival Arkansas at the Razorbacks' home stadium - a team ranked 10th in the preseason - by the score of 52-0. The Crimson Tide's ranking is the highest of any FBS opponent that the Owls

have ever faced. That distinction was previously held by No. 6 USE, on October 6, 2007.

FAU does bring some momentum into Saturday: playing even with Georgia for a quarter and half (it was a 14-14 game during the second quarter), and for a time, quieting down 92,000+ fans at Sanford Stadium. Pelini believes this is something to build on.

"My biggest message to our players is it doesn't matter what they do, it matters what we do," he said. "That's something I can point to. Look what happens when we do what we're supposed to do, we can be pretty good. Anytime you can have that success against a good team, it's a good learning lesson for our guys. But by no means should they be satisfied."

Pelini also was very complimentary of quarterback Graham Wilbert's play. So far this season, the red-shirt senior has completed 68 percent of his passes, and ranks fourth in the Sun Belt Conference in passing efficiency (143.6) and seventh passing yards per game (189.7).



"Graham is a smart guy, he's like having a coach on the field," said Pelini. "He understands this offense. (Offensive coordinator) Brian (Wright's) passing game is really 'take what they give you,' understanding the weaknesses of the different coverages you see. That's perfect for Graham

because he's so smart and analytical. He's out there, not making bad reads, and he knows where to go with the football. That's 90 percent the battle with this offense.

Photos by Daphne Markey
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Strikers Fail To Gain Ground In Atlanta Loss

The Fort Lauderdale Strikers (9W-8T-10L) fell to the Atlanta Silverbacks (6W-8T-12L) by a final of 1-0 on Saturday, Sept. 15. The game-winning goal came from Atlanta forward Matt Horth in the 11th minute of the match. The Strikers remain in fifth place in the NASL standings despite the loss. Fort Lauderdale completes their regular season schedule on Sunday, Sept. 23, against FC Edmonton.

The Strikers started the match with

a few early chances, but failed to directly challenge Atlanta goalkeeper Joe Nasco. Then, in the 11th minute, a turnover near midfield put the ball on the feet of Lucas Paulini. The Atlanta midfielder turned and found forward Matt Horth who was streaking near the top right corner of the penalty area. Instead of shooting toward the far post, Horth placed his shot low and just inside the near post to beat a flat-footed Glaeser.

Coming out of halftime, the Strik-

ers were able to maintain some pressure on the Silverbacks. In the 52nd minute the Strikers put the ball in the net, but Darnell King was ruled to be in an offside position. The next best chance for Fort Lauderdale came in the 61st minute when defender Lance Laing sent a long ball toward the Atlanta net. The ball went over the head of Nasco and bounced just wide of the goal.

In the 74th minute, Fort Lauderdale's Alfonso Motagalvan was is-

sued a yellow card, followed by a red card for dissent after a foul called on a Striker in the Atlanta penalty area. The 10-man Strikers were able to produce perhaps their best chance of the game in the 90th minute on a half-volley attempt by second half substitution Scott Lorenz, but it failed to find the back of the net.

The Strikers will travel to Canada to play their final regular season game against FC Edmonton on Sunday, Sept. 23, at 4:05pm EDT.

John McCormack Signs Multi-Year Contract Extension with FAU

Boca Raton, FL - Florida Atlantic University Head Baseball Coach John McCormack has been rewarded for leading the program to two Sun Belt Conference (SBC) regular-season championships and a NCAA regional appearance with a four-year contract extension. The contract begins with the current 2012-13 athletic year.

"Coach McCormack espouses all the values we look for in our head coaches," said Pat Chun, FAU's Director of Athletics. "He is a great teacher and mentor. Above all else, he is a good person."

Chun continued, "John is the best baseball coach in our league and one of the best in the nation. We are fortunate to have him serve our student-athletes and our great university. We are proud of what the baseball team has accomplished under John's leadership and feel this commitment goes a long way to en-

surging our future success."

McCormack has won 131 games in his four seasons as the Owls' head coach, and has a 69-47 mark in SBC games - the top winning percentage (.595) of any program during that coaching span.

"Extending my contract is a validation that we are representing FAU at a high level, both in the classroom and on the field," said McCormack. "I would like to thank President Saunders, Pat Chun (Athletics Director) and Melissa Dawson (Senior Associate Athletic Director) for the commitment they made to my family and I."

The 2012 FAU team captured the league's regular-season title, with a 19-8 league record, and opened the season by sweeping the University of Alabama of the Southeastern Conference. The first triumph in the series gave Mc-

Cormack his 100th coaching victory.

In 2011, McCormack guided FAU to its first season series victory over the University of Miami since 1984. Then, the 2010 team captured the SBC regular-season title and advanced to the championship game of the NCAA Division I Gainesville regional.

Before becoming head coach in 2009, McCormack served as an assistant on the Florida Atlantic coaching staff since 1991, spending 11 seasons as associate head coach. The baseball program has had 14-consecutive winning seasons and produced 89 players that have played professionally during McCormack's tenure on the coaching staff, including two who are currently playing in the major leagues.

"FAU is a special place. I am blessed to be a part of such a dynamic university," said McCormack. "I would like to



thank my assistant coaches and players, past and present. Our successes would not have been possible without their hard work and dedica-

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High School Football Recap

09/13 - 09/15

Boca Raton (2-1) 58

Jupiter 14

The Bobcats routed the Jupiter Warriors 58-14 in Jupiter this past weekend.

Cecil Johnson ran for 137 yards and two touchdowns in the win. Boca took an early lead on a touchdown pass by Kevin Anderson and a safety, Johnson scored his first touchdown on a 36-yard run to push the Boca lead to 16-0. Johnson would go on to score from 13 yards out on Boca's next possession. Just before the half, Boca cornerback Cedric Bryant returned an interception 25 yards for a touchdown to extend the lead to 30-0. After the Warriors scored two quick touchdowns to start the second half, the Bobcats pulled away with two more touchdown passes from Anderson, who threw for 222 yards and three touchdowns.



Saint Andrew's (1-2) 34

Archbishop Curley 19

In Friday's non-league game, the St. Andrew's Scots (Boca Raton, FL) football team were victorious over the visiting Archbishop Curley Knights (Miami, FL), by a score of 34-19.

Quarterback Sean Mooney threw for 100 yards with three touchdowns and rushed for 59 yards in the victory.

George Andino caught three passes for 83 yards and one touchdown.

West Boca Raton (1-2) 41

Lake Worth 35

The Bulls are finally in the win column.

Eugene Bethea rushed for 83 yards and four touchdowns and helped the Bulls rally past the Trojans in Lake Worth this past Friday.

Quarterback Zachary Miner had 268 yards passing and a touchdown and tight end Nicholas Telford had three catches for 173



Olympic Heights (3-0) 47

Spanish River (0-3) 0

Olympic Heights continue their perfect season with a 47-0 rout of rival Spanish River in Boca Raton.

John Clerister ran for 158 yard and three touchdowns and Richard Thompson had two passing touchdowns and a rushing touchdown

Matt Montgomery returned a fumble 14 yards for a touchdown in the second half.



Pope John Paul II (3-0) 27

Benjamin 15

The Eagles continue their impressive run with a 27-15 win versus the Benjamin Buccaneers in Palm Beach Gardens this past week.

DeQuan McGriff rushed for 127 yards and a touchdown on 21 carries and Will Jeanlys added an 89-yard touchdown reception, leading the Eagles past the Buccaneers.



Boca Raton Christian (3-0) 48

Lipson Hillel 7

The Boca Raton Christian Blazers walloped host Lipson Hillel Community Hurricanes 48-7 in Thursday's league outing.

Quarterback A.J. Puente threw for 108 yards and one touchdown. Running back Caleb Hood had four rushing touchdowns to help the rout of the Hurricanes.

Ryan Rhoden had a 2-pt conversion run early in the first quarter.

The Blazers rushed for over 300 yards while the Hurricanes only rushed 54 rushing yards.

With the win, Boca Raton Christian stays a perfect 3-0 on the season.



Boca Tribune Ranking:

- | | |
|---------------------------------|-------------------------|
| 1) Olympic Heights Lions | 5) West Boca Bulls |
| 2) Boca Raton Bobcats | 6) Saint Andrew's Scots |
| 3) Boca Raton Christian Blazers | 7) Spanish River Sharks |
| 4) Pope John Paul II Eagles | |

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JC Ridley

FAU Faces Crimson Tide in Showdown in Alabama

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