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East /West Boca Raton, Highland Beach, Delray Beach, FL - September 6, 2012 through September 12, 2012 • Year III • Number 113- FREE

Brazil is Busting Out in Boca With a Month of Celebrations



By Dale M. King

BOCA RATON – If you're a Brazilian, if you'd like to be, if you know someone who is, or you just like to party, Boca Raton is the place to be this month.

Plan to join the fun on Friday night, Sept. 7 from 6-11 p.m. when Sanborn

Square in downtown Boca becomes the place where "Boca and Brazil meet to celebrate the Brazilian Beat" with a Brazilian Independence Day celebration as part of downtown Boca's popular monthly Friday Night LIVE! series presented by JM Lexus, with Banco do Brasil as the

evening's official programming sponsor.

The free and open-to-the-public festivities will feature award-winning singer Rose Max and fan-favorite Batuke Samba Funk within its jam-packed schedule that includes a Capoeira and Carnival show and Zumba demonstration, DJ

Fred, displays of art, vibrant fashion and more alongside delicious Brazilian "grab and go" cuisine served up curbside by the Gourmet Truck Expo.

Festivities will be held in conjunction with the Consulate General of Brazil in Miami, the Palm Beach *See page 3*

Partnership Announces Purchase, Redevelopment of Boca Raton Bridge Hotel

BOCA RATON – The Boca Raton Bridge Hotel has new owners.

AWH Partners, LLC – a joint venture of Winston Harton Holdings, LLC and August Group Ventures,

LLC – in partnership with The Lane Organization, LLC announced the acquisition and planned reinvention of the waterfront boutique hotel noted for its location on the Intracoastal

Waterway, panoramic water views from every guest room, and offering the only on-the-water public restaurant dining in Boca Raton. The transaction price was not disclosed.

AWH Principal Russ Flicker said the Bridge Hotel will remain one of Boca's most notable, continuing to operate as a traditional hotel, yet repositioned and transformed to be more relevant and exciting to meet the desires and needs of today's discerning vacationers as well as social and business guests.

The redevelopment plan includes entirely new hospitality and dining concepts, expanded waterfront amenities as well as a new dock flanking the property's entire Lake Boca perimeter so that diners and hotel guests will soon have the option to arrive by boat.

Extensive renovations of



guestrooms, restaurants and public spaces will begin in spring 2013, he said.

"We are very excited to add the Bridge Hotel to our collection of repositioned

luxury hotel properties," noted Flicker, who along with many of the principals and senior management of the joint venture and partnership has a long his-

tory of successful hotel and residential development in South Florida, and in Boca Raton specifically.

"Our past experience in *See page 23*

The Brazilian Consul General in Miami, Ambassador Helio Vitor Ramos Filho reading The Boca Raton Tribune



Send us a picture of you reading The Boca Raton Tribune to pictures@bocaratontribune.com



Boca Police Safety Tip

Q: When I made a right-on-red at Clint Moore Road and Congress Avenue, I saw a flash of light. What did that mean and am I getting a ticket?

A: Red light cameras have been installed at several intersections throughout the city. When a vehicle approaches an intersection at more than 11 mph, the system automatically begins recording video and taking photos. No citation is issued if a vehicle comes to a complete stop before making the right-on-red, and all video/photographs are individually reviewed by a law enforcement officer.

Crime and safety questions are answered by officers from the Crime Prevention Unit. For more information, visit www.BocaPolice.com.

Boca Raton Police Blotter

08/29/2012 AGGRAVATED ASSAULT

Sean Carney, 46, was placed under arrest for aggravated assault after he allegedly threatened another man with a handgun on NE 23rd Way.

08/29/2012 SIMPLE BATTERY

Charles Minutolo, 42, was arrested for domestic battery after it was alleged that he pushed, spit at and threw his, girlfriend on the ground. Suspect was taken to the county jail.

08/30/2012 TRESPASS

Suspect identified as Ernest Wend, 59, was arrested for trespassing after warning after he returned an address on West Palmetto Park Road after being issued a trespass warning by manager on 02/22/2012. He was taken to the county jail.

08/29/2012 POSSESSION OF NARCOTIC CONTROLLED SUBSTANCE
Police responded to Town Center at Boca Raton Mall, 6000 W. Glades Rd in reference to possession of narcotics. Officers arrested Blandine Blox Diaz, 34, on a charge of possession of narcotic controlled substance, the police report says.

08/29/2012 AGGRAVATED BATTERY

Officer McInnis arrested Larissa Pozner, 43, for aggravated battery (domestic) after she allegedly threw a glass object at her husband causing cuts to his neck and back of his head. She was taken to the county jail.

08/29/2012 SIMPLE BATTERY

Officers investigated a domestic violence complaint. Offender identified as Algie Aziz Brown, 33, was taken into custody after injuries observed on his wife were allegedly inconsistent with his statement.

08/30/2012 SIMPLE BATTERY

Stephanie Meiczinger, 30, was arrested after she allegedly punched her live-in boyfriend multiple times in the head. She was taken to the county jail.

08/30/2012 SHOPLIFTING/ RETAIL THEFT

Patsy V. Deadwyler, 444, was arrested at Sears in the Town Center at Boca Raton mall for allegedly stealing \$340 worth of clothing. She was sent to the county jail.

My Experience at Summer Encampment 2012

By Boca Raton Composite Cadet Miller Caldwell

Some could describe Summer Encampment 2012 as a great experience for all ages, including Basic Cadets, Cadet Staff, and even Senior Staff. Or even, "It was a fun and exciting experience that had the ability to change your life forever." If I were to describe it in one statement, I would say that it was Exciting, and, action packed. Although my experiences were challenging, the mindset I was raised with helped me get through the plethora of difficulties. This year's Encampment was probably the most challenging thing that I have done in my entire life, but it wasn't so rough so that my ability to lead would be diminished. The sleep was minimal, the PT was hard and even though something was tough or "impossible," I still overcame the urge to falter under my own doubting mind. I believe this is greater than any medal or ribbon that one could achieve in their Civil Air Patrol career.

An experience that I had as Flight Sergeant gave me great insight into what it means to be a leader. A Cadet of mine told me that he wanted to go home. So I asked, "Why do you want to go home?" He said, "I want to leave because I don't think I am ready for this yet." So I told him, "It's all in your mind and if you just try to

do your best, then you can do everything that you put your mind to." I explained to him that when I was in his position, I was only 12 years old and I didn't think that I was ready for this either but I thought to myself that if I were to go home then I would doubt myself in the future and my mind would get weaker. I then asked him, "So do you think that you can continue?" He looked down at me smiling with a look of encouragement and said, "I will try, but if in two days I still don't feel right, can I go home?" I replied, "If you feel like you shouldn't be here in the next two days then we will talk again." Two days later, that cadet won the "Cadet of the Day" award. He personally thanked me for convincing him that he didn't want to go home. I knew that he wanted to be there or else he wouldn't have come. This experience gave me the knowledge that a leader's job is to encourage and build confidence in his/her cadets, or anyone they lead.

I have earned some things in my life, but none of them were greater than the rewarding feeling of getting my cadets through the Florida Wing Summer Encampment. Overall, attending this encampment was one of the best decisions that I have ever made and I plan on doing it again in the future. *see pics pg. B5*

For Sale - Fine Quality Men's Jackets

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Quote of the Week:

For they that are upright, shall dwell in the earth; and the simple shall continue in it. Proverbs 2:21

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Community News

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Brazil is Busting Out in Boca With a Month of Celebrations

By Dale M. King

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The free and open-to-the-public festivities will feature award-winning singer Rose Max and fan-favorite Batuke Samba Funk with its jam-packed schedule that includes a Capoeira and Carnival show and Zumba demonstration, DJ Fred, displays of art, vibrant fashion and more alongside delicious Brazilian "grab and go" cuisine served up curbside by the Gourmet Truck Expo.

Festivities will be held in conjunction with the Consulate General of Brazil in Miami, the Palm Beach County Convention & Visitors Bureau, Rotary Club of West Boca Raton, Leblon, Café Brasil 88.9 FM, Boca Tribune, Gazeta Brazilian News, Acontece Magazine and others.

This is the first time in over 10 years that the Consulate General of Brazil sponsors an event. "This shows how much we believe in the link between Brazil and Boca Raton," said the Brazilian Consul General in Miami, Ambassador Helio Vitor Ramos Filho

Plans for the Sept. 7 actually began a while ago when a contingent of city officials and community leaders visited the Brazilian Consulate in Miami. Representatives from Brazil shook hands with the locals and decided to call it a partnership.

"We are very excited for the event," said Boca Raton mayor Susan Whelchel. "We are positive the city will embrace this great event with our Brazilian community, we are also in

the process of adopting a sister city in Brazil as well."

A kickoff for the Brazilian Independence Day event was actually held Sept. 3 at the Boca Glades Baptist Church in West Boca.

And the Brazilian celebration continues Sept. 15 with a Rotary Gala Dinner and Brazilian Pride Award presentation at the Bridge Hotel at 6 p.m. On Sept. 22, the Brazil Club office will conduct a soft opening at 5 p.m.

In the meantime, the Brazilian Independence Day event begins at 6 p.m. at Sanborn Square, 72 N. Federal Highway (one block north of Palmetto Park Road) with Gourmet Truck Expo dining, a Zumba demonstration and DJ Fred followed by a procession of Capoeira dancers and Carnival drummers and dancers.

Showtime starts at 7:30 p.m. when Batuke Samba Funk, a unique collective of musicians from Brazil and Miami, takes the stage to perform the classic samba/soul sound originating in Rio de Janeiro in the late 1960s. The group combines the percussive grooves of Brazilian samba with the funk rhythms of American legends like James Brown and Earth, Wind & Fire.

Batuke Samba Funk was founded in 2008 by bassist extraordinaire Diogo Olivera and features a revolving cast of the finest musicians playing guitars, bass, drums, vocals and Afro-Brazilian percussion. As a signature element of the show, the band will erupt into a samba jam session using traditional Brazilian drums as well as recycled objects such as cans, buckets and scrap metal to create a joyous carnival atmosphere.

The night's entertainment culminates with the performance of "South Florida's favorite Brazilia singer," Rose Max and her mesmerizing guitarist Ramatis Moraes. They will be "firing up" the streetside dance floor with authentic, classic samba music inspired by the nightclubs of Rio de Janeiro accompanied by a pulsating band and a lively percussion section. Max's talent and performance has earned her several Miami New Times



"Best of" awards as well as three Brazilian International Press Awards.

Rolling out the welcome mat to the thousands of event-goers, downtown Boca ambassadors, including Rotary Club of West Boca volunteers who are fluent in Portuguese, will be stationed throughout the event at the downtown Boca Welcome Center conveniently located in the heart of the festivities. Participating businesses will extend hours with special sidewalk tastings, samplings, trunk shows, dining specials, menu items and discounts. Late night "after parties" at area pubs and clubs will be held for exploring and enjoying the destination, from Mizner Park to Royal Palm Place, including the signature collection of shops and boutiques, restaurants and galleries along Palmetto Park Road and Plaza Real South.

Free parking for Friday Night LIVE! Brazilian Beat is available at City Hall (201 West Palmetto Park Road), the downtown library (200 Northwest Boca Raton Boulevard), and other locations downtown where event signage is featured.

"We look forward to welcoming thousands from South Florida, some for the first time, to

Downtown Boca to enjoy the Brazilian Beat festivities," said Boca Raton Downtown Manager Ruby Childers. "It will be a great night of celebrating, dancing, dining, and exploring all there is to see and do in Downtown Boca. In working with our programming and media partners, we expect a memorable evening."

She added that the Friday Night LIVE! presented by JM Lexus on October 5 will have a "Community & Culture" theme and kick off a series of programs related to "American Stories As Told Through The Cultural Arts" with the backdrop of the upcoming presidential debate scheduled at Lynn University Oct. 22.

Other Friday Night LIVE! series dates and themes include the following. Unless noted, all evenings are free and begin with festivities at 6:30 p.m. and live entertainment to take the stage at 7:30 p.m.:

- November 2nd Kids Night In, Parents Night Out—Sanborn Square
- December 7th Holiday Sounds—Sanborn Square

For more information and event details, visit www.downtownboca.org regularly or call: 561-367-7070.



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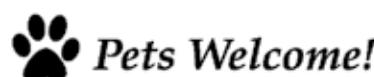


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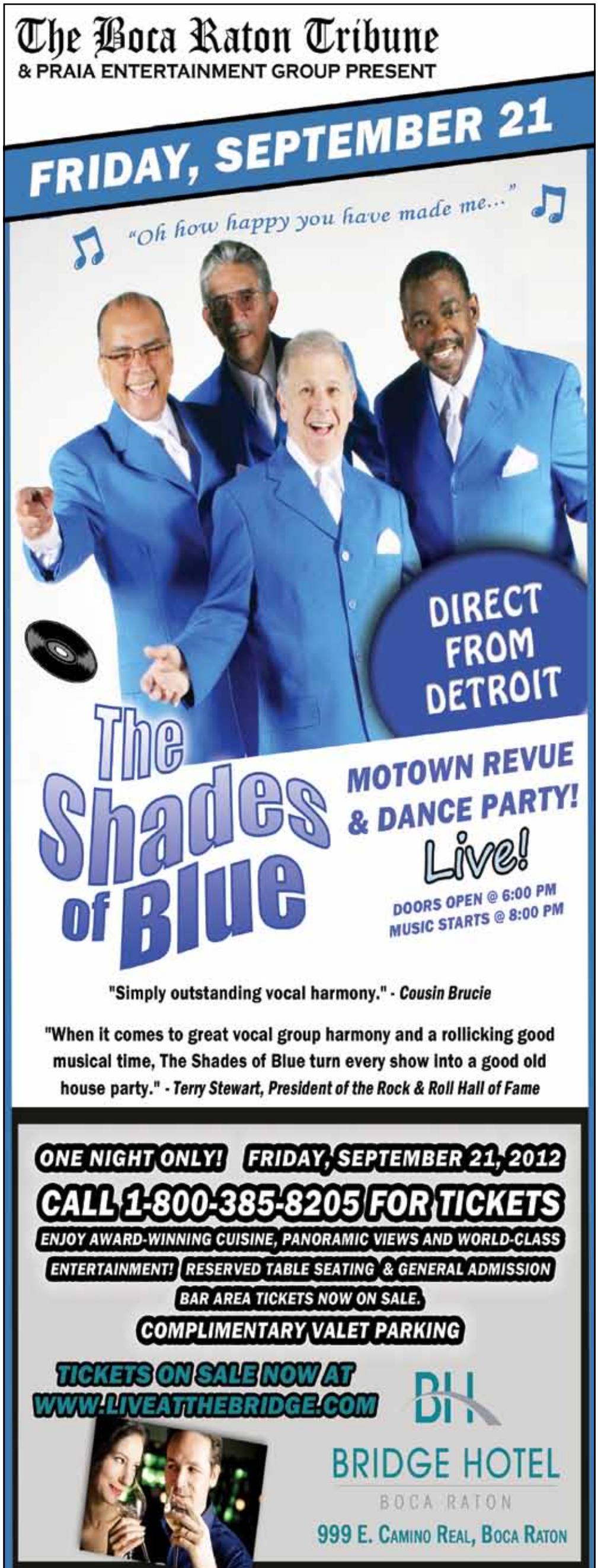
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Top Corporate Executive to Lead American Heart Association Heart Walk Campaign

More than 15,000 participants are expected to show up at the annual Heart Walk of the Palm Beaches on Saturday, September 29 at the Meyer Amphitheatre, West Palm Beach. Established banking executive Val Perez will be leading the charge for the American Heart Association. The organization has named him chairman of the community-wide event as he will lead fundraising initiatives to generate critical research dollars and programmatic initiatives aimed at enhancing the quality and longevity of lives. Perez is the regional vice president, Palm Beach County, TD Bank.

In his role, Perez, who has a family history of cardiovascular diseases, is also committed to raising awareness levels surrounding heart disease and stroke, the No. 1 and No. 4 leading killers, respectively, of American men and women.

"The more I've learned about the challenges surrounding these diseases and what is happening in this country, I got fired up to make a difference," Perez said.

A Palm Beach County resident since 2006, Perez is well known in the Palm Beach County and South Florida professional communities. He is a past chairman for the Palm Beach County Business Development Board and is a current member of the Executive Board.

The non-competitive Heart Walk, a 5K (3.1 mile) event, includes teams of corporate sponsors, walk teams from other local businesses, as well as friends and family community teams. Other activities include a 5K USATF Run, hosted by Lawyers Have Heart, that will take place before the Heart Walk; a kids zone, featuring bounce houses for kids

and other highlights, health screenings, a Zumba warm-up routine, and heart-healthy snacks.

"Participants will enjoy a great family-friendly environment where everyone can generate fundraising dollars for the American Heart Association and be a driving force behind the lifesaving mission of the organization," said Perez.

National Sponsors of the Heart Walk are Subway and Jenny Craig. Boca Raton Regional Hospital is the Local Presenting Sponsor for the third consecutive year. Media sponsors include FOX Sports Florida/Sun Sports, WPTV NewsChannel 5, South Florida Business Journal, CBS Outdoor, Forum Publishing Group and Palm Beach Broadcasting stations Sunny 107.9, 97.9 WRMF, South Florida Country 103.1 WIRK, and X 102.3



Val Perez

NCCI Conducts Body Dysmorphia Disorder Workshop for Medical Professionals



Speaker Kevin Wandler, MD, chief of the Eating Disorder Recovery Center of UF & Shands Health System and assistant professor at the University of Florida, and local and statewide medical and therapeutic professional attendees

BOCA RATON -- NCCI recently hosted a Body Dysmorphic Disorder training and workshop for medical professionals. The morning-long event was organized by The Alliance for Eating Disorders Awareness, which teamed up with The University of Florida & Shands Healthcare Eating Disorder Recovery Center.

More than 80 local and statewide medical and therapeutic professionals gathered to listen to keynote speaker Kevin Wandler, MD, chief of the EDRC of UF & Shands Health System and assistant professor at the University of Florida. Wandler, gave an extensive presentation on the subject, discussing a variety of topics including BDD criteria, the differences between BDD and eating disorders, and various treatment options.

"My main objective is to educate medical professionals on how to properly diagnose and effectively treat body dysmorphic disorders," said Wandler.

Johanna Kandel, founder and CEO of The Alliance, said, "My primary goal was to offer a workshop that educates our medical and therapeutic profession-

als about the disease and arms them with the resources to properly help those suffering." Kandel went on to say, "NCCI has been wonderful for allowing us to hold this workshop in such a beautiful and functional space."

Kandel was the chief organizer of the event. She explained that every quarter the organization partners with award-winning treatment centers to offer continuing educational resources to medical and therapeutic professionals in the area. Since The Alliance's beginnings in 2000, the organization has instructed more than 160,000 individuals on the subject.

NCCI is the nation's most comprehensive source of workers compensation information. We gather data, analyze industry trends, and prepare objective insurance rate and loss cost recommendations. These activities, together with our research, analytical services and tools, and overall commitment to excellence help foster a healthy workers compensation system.

Photos courtesy of NCCI

see pics pg. B5

FAU College of Education Receives Gift from Author James Patterson

BOCA RATON -- Florida Atlantic University recently received a \$60,000 gift from best-selling author James Patterson to establish the James Patterson Teacher Education Scholarship Fund. The fund will award scholarships to eight College of Education students who are pursuing careers in teaching with special emphasis on reading education. Patterson has made it his mission to get children excited about reading, and believes that training the next generation of great teachers is essential to accomplishing this mission.

"On behalf of the entire university family, I would like to express my sincere appreciation to Mr. Patterson for this gift," said FAU President Mary Jane Saunders. "His passion for education is truly inspiring, and we are so pleased that he recognized FAU's College of Education for its long-standing commitment to excellence. We look forward to working with him to provide more training opportunities for the teachers of tomorrow."

The James Patterson Teacher Education Scholarship recipients will form a learning community that will supplement their regular program of study, and serve as hands-on instructional interns with mentors in Palm Beach County classrooms as reading specialists. Additionally, they will prepare and submit a report on practical and feasible ways to improve education in their city or state, which will be shared with Patterson.

"When I read about the excellent teaching programs at FAU's College of Education, I was truly impressed, and I wanted to give a hand to these students as they strive to become great teachers," said Patterson. "This has been a wonderful opportunity for me to help FAU's faculty and students, who in turn will help children develop a passion for reading."

Patterson currently supports scholar-



Author James Patterson

ships at several other universities including his alma maters, Manhattan College and Vanderbilt University, as well as Tulane and the University of Wisconsin. A resident of Palm Beach, he also has been active in the local community, speaking to students and meeting with teachers in Palm Beach County schools to discuss the importance of getting students excited about reading.

"We truly appreciate this gift from Mr. Patterson, and share his passion for providing quality training for our education students, as well as classroom assistance for our partners in Palm Beach County schools," said Jennifer O'Flannery Anderson, Ph.D., vice president of community engagement and executive director of the FAU Foundation. "Teachers help to open the doors of opportunity for all, and gifts from generous donors like Mr. Patterson help to ensure that FAU's College of Education can continue to have a positive impact on our community."

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Frequent BATHROOM TRIPS? Bell Ezee Flow Herbal Tea #4a

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■ **I was skeptical.** I bought a box and it worked as advertised. Within a week I had relief. *Howard Toy, 69, Henderson, NV* ■ **It's heaven to sleep through the night.** For many years I had 6-7 sleep interruptions every night. Had urgent trips to the bathroom day and night with discomforts. I enjoy my new life. *Angus Pike, Oshawa, ON* ■ **I am truly amazed and relieved.** After 2 weeks I no longer have to get up during the night. I'm enjoying a normal sex life again. I hope a lot of men with a pride issue give this tea a shot. It's difficult to express how delighted I am. *Clarence A. Rehrig, 58, Allentown, PA* ■ **Know the truth.** This is my third year of drinking the Ezee Flow Tea. I highly recommend it. A real life saver. *Thomas M. Thurston, Forsyth, GA* ■ **Women** suffering with incontinence, UTIs ask for Bladder Control Tea for Women #4b. Guaranteed relief within days. **No need to make claims. Bell relays 100% truthful user's free speech. No money is paid for it. No questions asked guarantee.**



SNORING?

As recommended by Dr. Gifford-Jones M. D.

Here is proof that snoring can be corrupting your health and your marriage. Three out of 10 couples are considering divorce because of snoring says a major magazine article. You are not alone! An official survey says 48% of all people snore. 75% are affected, if you add non-snoring husbands that have snoring wives or vice versa. Snoring is caused by slack muscles in the throat. A common complaint is that people feel that they are not well rested in the morning. Many people wrote they are now sleeping like a babies. Their partners are delighted. This natural health product Sound Sleep #23 usually helps the first night. No side effects.

■ **College professor had lack of good sleeps with many interruptions** for last 8 years that made her tired during the day. Within 3 days taking Bell Sound Sleep #23 the terrible snoring stopped. I wake up feeling refreshed and energized. I can concentrate in a focused, happy manner. I feel delighted with this natural product. *Dr. Anale E. Heiges, 77, New York, NY* ■ **A life changing product.** The very first night I took the capsules and every night after I had a restful and wonderful sleep. It has been a God send and blessing. I am by nature a skeptic. The money-back guarantee convinced me to try it. *Jimmy Pay, 53, Gardendale, AC* ■ **3 Years on Bell Sound Sleep #23.** My wife and I are entirely satisfied. Snoring episodes have completely disappeared. This has improved our lives enormously. *Leo Fortin, 60, St-Georges, QC* ■ **Basically you saved my husband's life.** For the last 5 years my husband had very bad nights. Bell #23 was nothing short of a miracle. I have my husband back. No more snoring. No more napping during the day. I am telling all our friends. *Bonnie Johnson, 64, Wichita, KS* ■ **My life changed. Sleep now 7-8 hours.** I am a retired college professor and author of books. I have no more need to nap during the day. Nothing I tried helped until I started Bell Sound Sleep. I am so delighted with this product I would like to make motivational speeches to help others. *Carmen V. Caruso, 66, Ann Arbor, MI* **On the Bell Website we list phone numbers or email addresses of actual users of this product and all other Bell products. Most are delighted to talk about their relief.**



Blood Pressure Formulation

Dr. C. Hammoud M.H., PhD, recommends this natural, effective fish peptide product to nutritionally support the body's normal blood pressure function. "A science-backed herbal phytonutrient. Promotes flexible, relaxed blood vessels in healthy persons. "A one-of-a-kind formula that offers unprecedented nutritional support for your overall health and well-being. "We have thousands of repeat customers. Blood pressure is a focal point of cardiovascular wellness. "Achieve your balance and maintain your balance and a healthy range. ■ **Bell Blood Pressure Formulation helped me feel great.** Thank you for this wonderful product. *William Oliver, Portsmouth, VA* ■ **I have been taking Bell #26 now for one year.** My mom and brother started taking it as well. Even my pastor is on it now. Thanks! *Mary Earl, Longview, TX* ■ **I started to take Bell Blood Pressure Formulation #26.** After about 30 days my blood pressure was normal. My doctor was very happy with me. *Irene Surrige, 67, Owen Sound, ON* ■ **A friend recommended Bell BP Formulation!** When a friend had good results I decided to try it. After taking Bell Blood Pressure Formulation #26. It made a difference in my life. *Milton Perdomo, 68, Rego Park, NY.* **No need to make claims. Bell relays 100% truthful user's free speech. No money is paid for it. No questions asked guarantee.**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

■ **AVAILABLE IN BOCA RATON:** Barry's Vitamins & Herbs 3551 N Federal Hwy; Body Alive Nutrition 20449 State Rd. 7; Medpoint Pharmacy 23020 Sandalfoot Plaza Dr.; RX Of Boca 5901 N. Federal Hwy; The Health Mall 1351 W. Palmetto Park Rd.; The Healthy Way 9704 Clint Moore Rd.; Yamato Discount Drugs 9101 Lakeridge Blvd Suite 10
 ■ **BOYNTON BEACH:** My Community Pharmacy 1050 Gateway Drive Suite 101; Neighborhood Pharmacy 1780 N. Congress Ave.; Nutrition Cottage Health Food Store 1915 S Federal Hwy ■ **DELRAY BEACH:** Delray Shores Pharmacy 601 N. Congress Ave. Suite 407; Nutrition Cottage 407 E. Atlantic Ave.; Our Lady Bakery 102 S.E. 2nd Ave
 ■ **GREENACRES:** Lake One Pro Pharmacy 4849 Lake Worth Rd. ■ **JUPITER:** Nutrition Wise 75 E. Indiantown Rd; Physician's Nutrition 675 W Indiantown Rd; Valerio's Health Food Market 6350 W. Indiantown Rd. ■ **LAKE WORTH:** Country Corner Health Foods 3130 S Congress Ave; Health First Pharmacy 6266 S. Congress Ave.; Nature's Way Café 517 Lake Ave. ■ **LOXAHATCHEE:** Pharmacy Choice 14583 Southern Blvd ■ **NORTH PALM BEACH:** Nature's Way Café 420 U.S. Hwy 1 #1 ■ **PALM BEACH GARDENS:** Anthony's Pharmacy 9121 N. Military Trail Suite 106; Garden Drugs 10800 N. Military Trail; Mother Nature's Pantry 4513 PGA Blvd; Nutrition First 7100 Fairway Dr; Nutrition World 2401 PGA Blvd ■ **PALM BEACH:** Fedco Pharmacy 255 Sunrise Ave; Motto Pharmacy 4152 W Blue Heron Blvd ■ **PALM SPRINGS:** Medicare Pharmacy 3491 S. Congress Rd. ■ **WELLINGTON:** My Community Pharmacy 2615 State Rd. 7 Suite B 530 ■ **WEST PALM BEACH:** Center City Pharmacy 420 Clematis St.; Cherry Road Pharmacy 1280 Military Trail; Dessoto USA 823 Southern Blvd; Nature's Way Café 1649 Forum Place Suite 3

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Zonta Club to Hold Meeting Sept. 18 at Deerfield Country Club

DEERFIELD BEACH – The Zonta Club of Greater Deerfield Beach will hold a luncheon meeting Tuesday, Sept. 18 at noon at the Deerfield Beach Country Club, 50 Fairway Drive (access road to the Hilton, just east of I-95). Networking will run from 11:15 – 11:45 and lunch will be served at noon. Guest speaker will be Dr. Denise St. Patrick-Bell, executive director of the Boca Raton Children's Museum.

vice organization of executives and professional women working together to advance the status of women locally and world-wide through service and advocacy. The organization has more than 1,200 clubs in 67 countries, with a membership of nearly 33,000. The Zonta Club of Greater Deerfield Beach is a 501(c) 3 organization, registered in the United States.

RSVP to Sandy Manning at 561-392-2223 for reservations. Zonta International is a classified ser-

Lynn Journalism Students Reported Live From Democratic, Republican Conventions



Michelle Obama receives applause at the Democratic National Convention

BOCA RATON – Five Lynn University students reported this week from the Democratic National Convention in Charlotte, N.C.

National Convention in Tampa the previous week.

The participating students, Sophia Barrett (Florida), A.J. Mercincavage (New Jersey), Ricky Freebery (Delaware), Patricia Lammler (Nicaragua) and Tammy Reyes (Nicaragua), also reported from the Republican

Reporting on issues associated with higher education, the group provides coverage via print, online, broadcast and social media.

Lynn College of International Communication faculty members David Jaffe and Andy Vermes, were also on hand.

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The Boca Raton Tribune

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EDITORIAL

By Dale King

Hello? Hello? Can you hear me now?

My wife and I have taken another plunge into the world of high technology. We recently became the owners of devices called "android phones."

To date, I've always associated the term "android" with science fiction. You know, Commander Data on "Star Trek: The Next Generation," wasn't he an android?

Our visit to a local mobile telephone store wasn't intended to end this way. I just wanted to get a device to make telephone calls – period. And the cellular phone I had been using for the past couple of years has become very unreliable. Many times when I called people, they would say, in the middle of my conversation, "You're breaking up, you're fading out. I can't hear you."

Well, I waited a while, thinking it would go away. But it didn't. So I decided to trade it for something else.

I had been using a flip phone – an item that reminded me of the communicators from the original "Star Trek" series. I found myself trying to flip it open the way Captain Kirk did. I even developed that quirky, mildly sinister look that Kirk used to show after he closed up his communicator. ("You know, Spock, I've got a bad feeling about this.")

But now I have to be content to speak into a piece of flat plastic that I hold against the side of my head like a pancake.

My wife took an immediate hatred for her new phone. I encouraged her to give it time and she'd get used to it. Now, she is not only using it as a phone, she is taking pictures with it, scrolling through her email and showing me photos that people have emailed to her. I, on the other hand, have barely figured out how to make calls. I have tried – and failed – to hook up my email. I have tried to take photos, but they all look like mush. I haven't even ventured into the video area.

How bad is this system? Let me give you an example. Just recently, I used the phone to call a company and pay a bill. I was having a nice conversation with a real human being on the other end. We signed off.

Now, the logical step (according to those in

the know) would be for me to press the red button that says "end call." But the screen was black. I tapped it and prodded it and shook the phone and pushed the places where I thought the buttons might be. Sudden, the person I had been talking to came back on the line. "Are you having any trouble, sir?" he asked me. "No," I said, "I'm just trying to turn the phone off."

That was embarrassing.

Now, I also have all these little squares called "apps." I've heard of them, but I've never had to deal with them. Apparently, there are millions of apps in the cyber-world that allow you to connect to anything. I bet you could download an app that would allow you to order a McDonald's hamburger, just ketchup. There are apps to find the closest gas station, doughnut shop, dry cleaner, Chinese food purveyor or tire store. I actually asked the girl in the store – and I am not making this up – to put a Rush Limbaugh app on my phone. She DID IT. Of course, I told her to immediately take it off my phone.

I will say the ring tone on the new phone is far superior to the one on my old phone. I had actually downloaded an absolutely awful rendition of an unknown rock song. It was so bad, even I was getting sick of it. I was actually thinking of asking Mitt Romney for one of the songs from his iPod.

But I digress.

I'm told you can actually take classes in how to use this new fangled phone. Did anyone think we'd ever reach this point? My wife has a friend who had to take a training course before she could drive her new car. Imagine, a new form of driver's ed for the 21st Century.

My wife seems very happy with her phone. In the beginning, she was so upset she was willing to pay the \$35 return fee to get her old phone back. But she is contently living in high-tech heaven.

And me, I'll continue exploring the various options, hoping at least to get used to making phone calls. If that's all it ever does, it's good enough for me.

Letter Guidelines

Letters must be signed with name clearly legible along with a phone number and complete address. No unsigned or anonymous letters will be considered for publication. The Boca Raton Tribune reserves the right to edit the letters for spelling, gram-

mar, news style, good taste and available space. Letters from the same author will not be published more often than every 60 days. E-mails to columnists may be used as letters to the editor.

All letters to the editor should be sent to:

The Boca Raton Tribune,
P.O. Box 970593 - Boca Raton, FL 33497

Letters to the Editor

Dear Mr. Gora, I read your article but I do not understand if in the end, at present Florida law does or does not require to include financial affidavits as public records in divorce judgments. I ask this question because last July I got an uncontested divorce with a Marital Settlement Agreement and at that time was not even discussed at the hearing the fact that we would have preferred not having our financial affidavits in public records. Could I at this point request the court of not making them publicly available? What is the the Florida Statues governing this issue? Thank you very much for your reply that I am confident will help me to better understand the issue.

Sincerely yours,
Manuela Bramante

Thank you for the wonderful article, Gina! I look forward to seeing you again when all members of the band are together! I hope you don't mind if I make some typo corrections, though. That incredible Bassist is Charles Gasper, the two Guitarists were filling in for the one and only Dave Scott and also, IBC trip to Memphis for the 2011 International Blues Competition was David Shelley and Bluestone. Please come to more shows! You are a delight!

Denise McLennan





THOUGHTS FROM THE PUBLISHER

By Douglas Heizer

Need For An Enduring, Unchanging Worldview

This week I have decided to place this sensational column written by Rick Boxx as my "Thoughts from the Publisher". I hope you enjoy this column as much I have enjoyed it. Have a great week and God bless. – Douglas Heizer

Many universities and corporate trainers teach business ethics from a perspective sometimes referred to as "moral relativism." This basically means they do not believe in objective truth; to them, truth is in the eye of the beholder. As a result, according to this way of thinking, whatever an individual regards as right is good enough.

Personally, I disagree with this philosophy. If truth is something we can mold and shape according to our desires and preference, then the person that conducts business in an unscrupulous, predatory manner is as "ethical" as the individual that seeks to uphold the highest standards of honesty and integrity.

The Bible describes this type of belief system when it states, "everyone did what was right in his own eyes" (Judges 21:25). Even thousands of years ago, people rejected the existence of objective truth. This is not a "modern," 21st century concept.

As an employer, even if we do not subscribe to moral relativism, it is important to remember everyone has their own worldview, and they live and act ac-

ording to it. For instance, if they are self-absorbed, they will likely make decisions and act according to what benefits them most. If they make decisions based on family values they have learned, that could be good – or it could be bad. What if you discover too late that they were raised by mobsters, swindlers or criminals? You might not like those "family values" being brought into your company!

Although you cannot change or modify the worldviews of individual employees, you can seek to clearly communicate the "worldview" by which you want your business or department to be run. This is where mission statements, vision statements and value statements are extremely useful. They put on paper the standards, policies, overall goals and objectives the company desires to achieve and maintain.

These statements express your beliefs, the foundational principles that govern your practices, offer the "big picture" of what you hope to accomplish, and verbalize truth as your company perceives it.

A big question facing many of us in the business and professional world today is one that was raised by Pontius Pilate, who served as judge at the trial of Jesus before His crucifixion. Pilate asked, "What is truth?" (John 18:38). He was suggesting truth – and the "right" worldview – is whatever one wants it to

be.

However, my experience has taught me that if everything is true, then nothing is true. I have learned the only objective truth that is time-tested and will help you in standardizing and solidifying your company values is the Bible. Psalm 119:152 teaches, "Long ago I learned from your statutes that you established them to last forever." Many other verses in that Psalm also affirm the enduring, unchanging truths, precepts and principles established in the Word of God.

If you desire to oversee or be part of an ethical workplace, I recommend you establish a worldview that lasts forever, one that does not change according to the need of the moment or shifting whims of society. The Scriptures provide the only source for that. They worked well in the 1st century – and they are good for the 21st century as well.

*Copyright 2012, Integrity Resource Center, Inc. Adapted with permission from "Integrity Moments with Rick Boxx," a commentary on issues of integrity in the workplace from a Christian perspective. To learn more about Integrity Resource Center or to sign up for Rick's daily Integrity Moments, visit www.integrityresource.org. His book, *How to Prosper in Business Without Sacrificing Integrity*, gives a biblical approach for doing business with integrity.*



POSITIVE LIVING

By Dr. Synesio Lyra, Jr.

No One is Born Ready Made!

When babies are first brought into the world, they arrive sufficiently formed to begin a new journey of life outside the mother's womb. Gradually they see the light of the day. They are human already, up to that point, but with a lengthy trajectory ahead, to be formed in every aspect of their being, unless death early removes them from the land of the living.

In the majority of the cases, any human passes through various stages of development as continued growth remains a necessity if each is to turn out into what every human is capable of becoming. Some may not go very far, due to limitations and insuperable obstacles of manifold varieties.

Nevertheless, the goal of every maturing individual is to advance, and steadily contribute to the wellbeing of society, while making a living. In real-

ity, from womb to tomb every member of the human race enters the world, and journeys in it, with an inbuilt job description that needs to be discovered, developed and deployed into appropriate meaningful activities!

Life does not necessarily begin at 40, but at the moment each person is gripped by an idea and ideal which will propel that individual into life-long learning and continual productivity both for personal fulfillment and for the betterment of society.

Human formation is life-long! It is early on that growing persons need to learn basic skills for survival and advancement on earth, healthy habits for the maintenance of physical, mental and emotional sanity, social mechanisms that guarantee salutary interactions and transactions with the rest of society,

and much more!

From an early stage also, persons need mentors, life coaches and others who can help guide one into holistic living, whereby no dimension of one's being is neglected. One cannot develop one aspect of life at the expense of others. Balance needs to be observed for the best possible results without any impediments on the progress which is expected until one's life on earth shall end!

Indeed, it is most obvious that no one is born ready made, but neither should anyone proceed through life without the necessary efforts toward self-development, with the aid of others and in accordance with the directives left by the Creator for the complete advantage of every human creature!

Dr. Synesio Lyra, Jr. is a Florida resident who, for many years, was a professor at the post-graduate level. He is a writer, a sought-after conference speaker, a man who lived in five continents of the world, having received his education in four of them. When he resided in southern California, he wrote a weekly column for the daily "Anaheim Bulletin," which was carried for about six years, until he moved to south Florida.



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Danburg Properties Signs On as Festival Sponsor of Lynn University Presidential Debate

BOCA RATON — Jamie Danburg, chief executive officer of Danburg Properties of Boca Raton, has announced that the commercial real estate company has signed on as Festival Sponsor of the upcoming Presidential Debate at Lynn University. In fact, Danburg will host one of the exclusive Corporate Cabanas at the debate site on October 22.

“Danburg Properties is an enthusiastic promoter of Boca Raton and its businesses, schools and residents, lifestyle and amenities and now its historic role in this critical national election,” said Danburg. “We’re also extremely proud of Lynn University for securing this extraordinary event, and we look forward to using this unique opportunity to boost Boca’s profile around the world as a desirable place to live, work, study and play.”

“Not only will Danburg Properties be providing logistical and promotional support to Lynn University, we hope to offer opportunities for some of our tenants to join us at the Debate, where we’ll be distributing mementos to commemorate both this historic event and the many positive attributes of Boca Raton,” he added.

The Commission on Presidential Debates selected Lynn University as the site of the final 2012 Presidential Debate. The October 22 debate will be focused on foreign policy and will be moderated by veteran newsman Bob Schieffer, the host of the weekly program Face the Nation on CBS.

The CPD is a nonprofit, nonpartisan corporation that has sponsored all general election presidential and vice presidential debates since 1988. Lynn University is the youngest

school and the first one since 2004 to host a presidential or vice-presidential debate.

Also known as Danburg Management Company, Danburg Properties has been in business in the Boca Raton area for nearly 30 years. The company currently owns and manages more than a million square feet of commercial property with more than 230 professional tenants in six major locations:

+ One Boca Commerce Center: A two-story 25,572 square foot office building located close to I-95 at the Congress Avenue interchange.

+ Holland Drive Industrial Park: 36,410 square feet of upscale small bay light industrial space located off Clint Moore Road west of Congress.

+ The Preserve: A three-building 76,364 square foot office campus of mini-suites designed with hurricane-resistant impact glass, redundant fiber, and individual HVAC for each suite.

+ Peninsula Corporate Center: This 3-story 45,803 square foot Class-A office building has direct access to the I-95 Congress Avenue interchange. It is storm-ready with impact glass and full backup generator.

+ Boca Industrial Park: A six-building 386,846 square foot upscale industrial park, close to I-95 at the Congress Avenue Interchange, adjacent to The Preserve and One Boca Commerce Center.

+ 6600 Congress: A new mixed-use property under development at the Southeast Corner of Clint Moore Road and Congress Avenue.

Local Jewish Leaders Return From National Young Leadership Cabinet Retreat



Erik Rosenstrauch, left, and Bryan Drowos, just returned from JFNA's National Young Leadership Cabinet Retreat

BOCA RATON — Bryan Drowos and Erik Rosenstrauch of Boca Raton were among hundreds of young Jewish leaders from 40 communities across North America who met in Orlando last month for top-level leadership training, philanthropic education and spiritual reflection at The Jewish Federations of North America's (JFNA) National Young Leadership (NYL) Cabinet Retreat.

Both local men are young adult leaders in the Jewish community as well as nationally. Drowos, 33, chairs the Jewish Federation of South Palm Beach County's Young Adult Division (YAD) and is co-chair of NYL Cabinet's 2013 Leadership Conference. Rosenstrauch, 42, shares the Cabinet's Jewish Agency for Israel (JAFI) portfolio and has held Young Adult leadership positions locally as well as in Chicago.

The NYL Retreat is the annual signature gathering of the NYL Cabinet, a 50-year-strong JFNA program, which trains and inspires young Jewish leaders over the course of six years. This year's work focuses on “Chart yOUR Path, as Cabinet members work on strengthening their leadership and affirming their commitment, becoming agents of positive change toward a strong and vibrant Jewish community and world. Participants had access to many opportunities for learning and inspiration. A number of local Jewish community leaders have served on the Cabinet, including Larry Blair, the Federation's third current member and chair of Ruth Rales Jewish Family Service in Boca Raton.

Ambassador Yehuda Avner, former Israeli diplomat and prime ministerial advisor, delivered the Retreat's keynote address, and Arna Poupko Fisher, a Jewish educator, author and speaker, served as scholar-in-residence. Other prominent speakers included Kathy Manning, chair of the JFNA Board of Trustees, Susan K. Stern, JFNA National Campaign Chair, and Jerry Silverman, JFNA president and CEO.

The group also spent a morning with the Disney Institute and examined leading ideas and projects across federations and partner agencies. The Retreat's Campaign Day focused on the Federations' vital work at home, in Israel and in more than

70 countries around the world, inspiring Cabinet members to commit their time and resources, as well as raising \$1.7 million from the NYL Cabinet members.

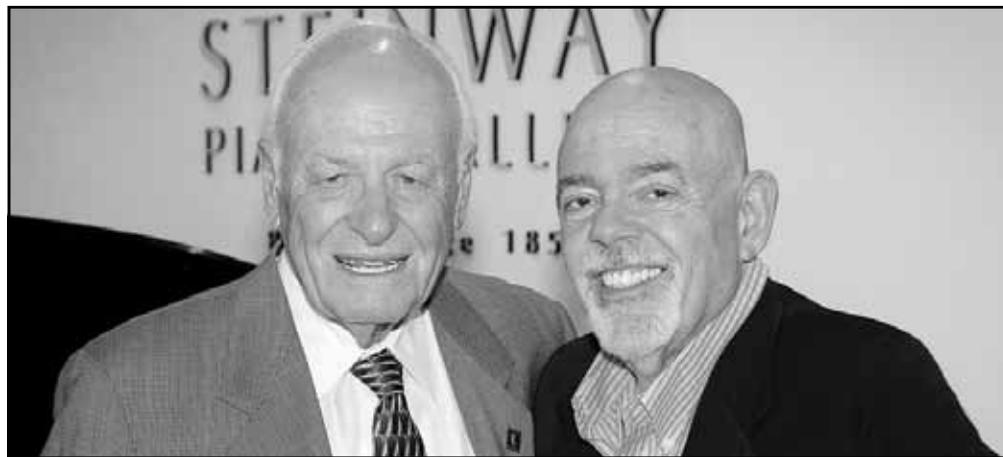
“The Cabinet Retreat re-energizes and strengthens the leadership and philanthropic journey of young leaders to ensure there will continue to be vibrant and thriving Jewish communities across America,” said Rosenstrauch, returning from his third NYL Cabinet Retreat. “This year we focused on the changing federation landscape, gathering great ideas to implement in our community. I initially joined Cabinet as a member of the Chicago Jewish community, and am now proud to represent South Palm Beach County. My family and I have received amazing support from this Young Adult community since moving here and engaging two years ago.”

“The challenges we face as a community today and will face tomorrow are different and significant,” said Drowos, who has attended four Retreats. “The NYL Cabinet has proven itself as the premier leadership program in the Federation community, and now it is our generation's turn to take up the baton and be part of the solution. My experiences on the Cabinet have been extremely valuable in raising funds and reaching out locally.”

“At our Federation's Young Adult Division, it's clear that young individuals, couples and families are a dynamic, vital and highly valued part of our Jewish community,” added Drowos. “We have our own comprehensive YAD Leadership Education and Development Series (LEADS) as well as a wealth of other activities for young adults. We look forward to meeting and working with natives to newcomers to seasoned young leaders who, like us, wish to ensure a strong vibrant Jewish community for generations to come.”

The Jewish Federation of South Palm Beach County serves the Boca Raton, Delray Beach and Highland Beach areas, raising and allocating millions of dollars each year to meet vital needs locally, in Israel and worldwide. The Federation's Young Adult Division provides a wide variety of networking, social, family and philanthropic opportunities for younger adults in their 20s, 30s and 40s to engage with the Jewish community.

Luxury Chamber Networks at Steinway Piano Gallery



Stanley Tate, Barry Epstein

The Luxury Chamber held its August network at the Steinway Piano Gallery, hosted by Bob Luptak and featuring Stanley Tate, founder of the Florida Pre-Paid Scholarship program and former Chair and president of the Resolution Trust Corporation, along with song stylings by Lisa Remick and Norm Kubrin. The Lux-

ury Chamber is for purveyors of luxury goods and services, including yacht brokers, custom shirt manufacturers, jewelry stores, high-end Realtors, etc.

The website is www.luxurychamber.com. Photos by Jeffrey Tholl

see pics pg. B5

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Municipal News

The Boca Raton Tribune

FAU's Harbor Branch Center Treating Pilot Whales from Group Beached in Port St. Lucie

FORT PIERCE – Florida Atlantic University's Harbor Branch Oceanographic Institute's Rehabilitation Center continues to treat four juvenile whales that were transported to HBOI after a stranding event Saturday, September 1.

In all, some 22 short-finned pilot whales were beached at Florida's Avon State Park Beach in St. Lucie County. On Sunday, September 3 at noon, one of the original five juvenile short-finned pilot whales initially brought to Harbor Branch expired. That whale was one of the males that appeared to be in fairly

stable condition at approximately 10 a.m., but his health declined rapidly, said officials from HBOI.

They said the four remaining whales' blood parameters indicate inflammation, evidence of stress and infection, which is not uncommon in stranded marine mammals. In addition, they are juveniles that are still developing their immune systems and are experiencing stress due to being out of their natural environment and social structure. As a result of their immune systems being compromised, their prognosis is fairly guarded.

Under the direction of Harbor Branch Staff Veterinarian Dr. Juli Goldstien and Sea World Veterinarians Dr. Michelle Davis and Dr. Stacy DiRocco, veterinarian technicians, animal care specialists and volunteers from Harbor Branch's Marine Mammal Research and Conservation Program, SeaWorld Orlando, The Marine Mammal Conservancy, University of Florida, and Ocean Embassy are providing care and monitoring the condition of the whales on a 24-hour basis.

Harbor Branch Oceanographic Insti-

tute at FAU is a research institute dedicated to exploration, innovation, conservation and education related to the oceans. Harbor Branch was founded in 1971 as a private non-profit organization. In December 2007, Harbor Branch joined Florida Atlantic University. The institute specializes in ocean engineering, at-sea operations, drug discovery and biotechnology from the oceans, coastal ecology and conservation, marine mammal research and conservation, aquaculture, and marine education.

Motorcyclist Dies After Collision With Tractor Trailer in Boca

BOCA RATON – Boca Raton Police Services Department's Traffic Homicide Unit is investigating the collision of a motorcycle and tractor trailer truck just after 5 p.m. Friday, Aug. 31, that killed the cycle rider, a police report said.

Officers responded to the crash which occurred on Congress Avenue just north of the Yamato Road intersection.

The driver of the 2008 Zhejian motorcycle, identified by police as Daniel Wilson, 29, of Lake Worth, was fatally injured, police said. The truck driver, Edouard Jean-Pierre, 39, of North Lauderdale, was not hurt.

According to police, the 2004 Sterling tractor with a boxed trailer was stopped for

traffic in the southbound lanes of Congress Avenue when the motorcycle approached the right side of the truck and stopped at its front right corner. As traffic began to move forward, the front of the tractor collided with the motorcycle, pushing it forward and the ejecting the driver. The motorcyclist was then run over by the tractor's right tires, said police.

The motorcycle driver, the only rider on the vehicle, was taken to Delray Medical Center where he died shortly after arrival.

If anyone has information regarding the crash, please contact Traffic Homicide Investigator Chris Somers at (561) 620-6141.

Lynn University's 2012-2013 Academic Year Begins With Changes, Additions, Improvements

BOCA RATON – The 2012-13 academic year at Lynn University promises to be a banner year. The hosting of the third and final presidential debate kicks off the school's 50th anniversary. And during the last several months, Lynn has undergone many additions, changes and improvements and instituted several new initiatives.

Lynn's new 5-lane entrance on Military Trail is complete, with a new traffic signal which should be functioning by early September.

A new Potomac Road entrance was created just west of the long-existing entrance that leads directly to the new tem-

porary parking lot (that is being used for overflow traffic since Lynn's North Lot is closed for debate-related work).

Lynn's major Going Green initiative, in partnership with Siemens Building Technology, has begun and most campus buildings will see multiple improvements and upgrades. For starters, Lynn's cafeteria is now trayless. By removing trays, the university will save approximately 1,500 gallons of water a day.

Lynn received a \$6 million gift toward the construction of the new home for its College of Business and Management—the \$12 million International Business Center.

FAU Awarded \$1.3 Million Grant for Upward Bound Program



BOCA RATON – Florida Atlantic University's Upward Bound program has been awarded a \$1.3 million grant from the U.S. Department of Education. The grant, to be disbursed over the next five years, will serve 63 students at four Broward County high schools: Blanche Ely, Boyd Anderson, Coconut Creek and Dillard.

"I am very proud of the success we have had in FAU's Upward Bound program, and our recent award of a new grant for \$1.3 million. This investment in our program is a reflection of the improvement we have

made in the lives of dozens of low income and first generation college students," said Harold Ford Jr., Ph.D., project director of Upward Bound.

"Because of the vision of FAU's senior administrators Drs. Brown and King, we were successful in being awarded a grant that expanded our program, while nearly 20 percent of other programs lost funding. I am very confident that as Upward Bound grows we will continue to improve the lives of countless families and the community as a whole."

The main goal of the grant is to increase high school and college graduation rates of low-income students and/or those who would be the first to graduate in their family from college. This grant represents FAU's commitment to public engagement and the promotion of academic and personal development.

By providing afterschool tutoring, college prep courses, college tours and exposure to cultural enrichment activities, Upward Bound helps students graduate from high school, be admitted to and graduate from college.

PNC Bank on North Federal Highway in Boca Raton Robbed

BOCA RATON – Police are investigating a report of a robbery at the PNC Bank at 1401 N. Federal Highway about 4:50 p.m. on Thursday, Aug. 30, said a police report. A surveillance photo of the suspect has been released to the media and appears with this story.

Bank employees told officers that a male entered the bank and approached a teller. The suspect pointed a long barreled revolver at a teller and demanded the money in her drawer.

Police said the suspect threatened to shoot the teller if she didn't comply with his demands. The teller handed the suspect an undetermined amount of cash and he walked out of the bank. The suspect got into the driver's side of a dark four door vehicle, possibly a Honda Civic, and left heading west on NE 14th Street. No one was injured.

The suspect is described as a white male in his mid 30's, about 6' tall and medium build, with facial hair. The suspect was wearing a white shirt with writing on



Bank robbery suspect

it, plaid shorts, a dark baseball cap with a bandana underneath it.

If anyone has information about this crime, they are asked to call Detective Jeff Stepp at (561) 620-6196 or Palm Beach County Crime Stoppers at (800) 458-TIPS.

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Actual ClearChoice Patient

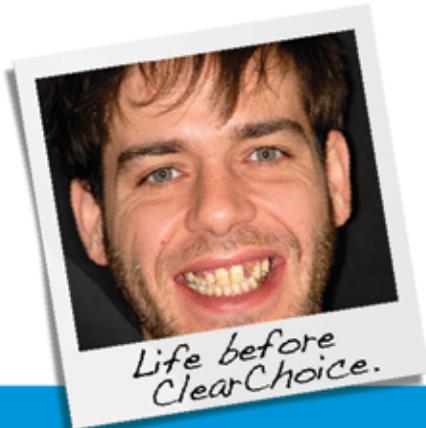
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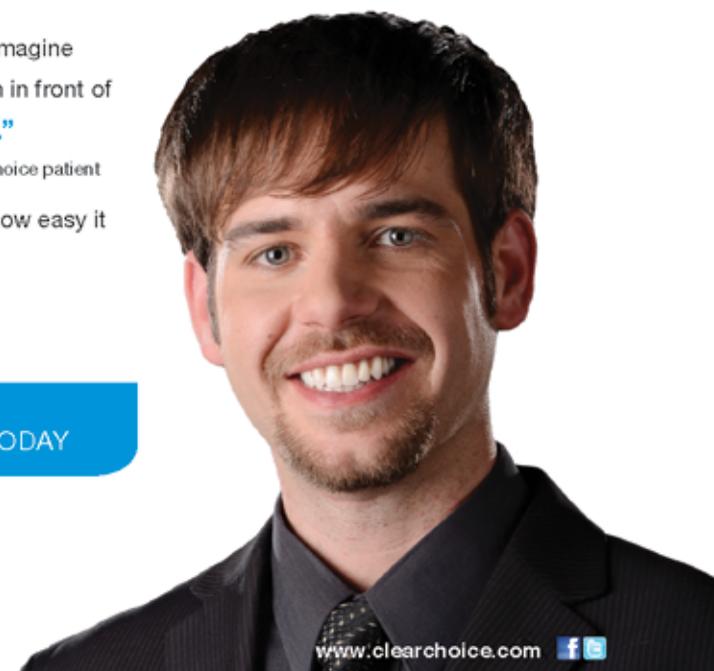
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Boca Life & Arts

The Boca Raton Tribune - B Section

September 6, 2012 through September 12, 2012 • Year III • Number 113

ENTERTAINMENT
A Dark and Gloomy
Portrait of
One-Percenters



See page B6



See page B6

FOOD REVIEW
AZUCAR
The Finest of True
Cuban Foods

HEALTHY LIVING
CrossFit Exercises:
Is It a Good Choice
for Me?



See page B8

Drink Up!

Eighth Season of Cultural Council's "Culture & Cocktails" Series Begins

Rena Blades, president and chief executive officer of the Cultural Council of Palm Beach County, has announced the upcoming season of the popular "Culture and Cocktails" series

From November 2012 through March 2013, three one-on-one conversations will be held at The Colony Hotel Pavilion in Palm Beach, where the series was born in January 2006. Several more will be held at the Cultural Council's new headquarters in the historic Robert M. Montgomery, Jr. Building in downtown Lake Worth.

The season includes:

November 5

CARLETON: A Conversation with Carleton Varney
International Interior Designer, Author & Design Columnist for the Palm Beach Daily News
Interviewer: Robert Janjigian
Fashion Editor for the Palm Beach Daily News
(Held at the Colony Hotel Pavilion in Palm Beach)



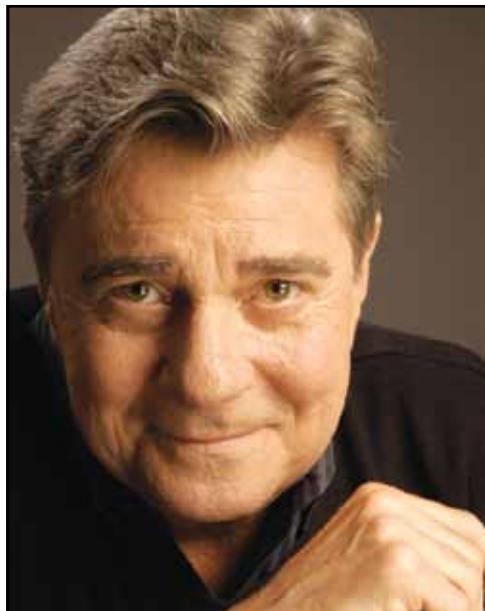
Hope Alswang

December 3

ALL THAT GLITTERS: A Conversation between Collector Fred Sharf and Scholar Beth Ram about Trabert & Hoeffler-Mauboussin, the Glamorous Jewelers to Palm Beach Society during 1930s & 40s (Held at the headquarters of the Cultural Council of Palm Beach County in Lake Worth)

January 7

HOPE: A Conversation with Hope Alswang
Executive Director and Chief Executive Officer of the Norton Museum of Art
Interviewer: Steven Maklansky
Director of the Boca Raton Museum of Art (Held at the Colony Hotel Pavilion in Palm Beach)



Gary Beach

February 4

IRIS: A Conversation with Iris Apfel
International Designer & Fashion Icon
Interviewer: Charlotte Pelton
President of Charlotte Pelton & Associates
(Held at the Colony Hotel Pavilion in Palm Beach)



Carleton Varney

March 4

GARY: A Conversation with Tony Award® Winner Gary Beach
Star of Broadway hits The Producers (he also starred in the film version), Beauty and the Beast, Les Misérables, Annie and more; appeared in numerous TV series including Cheers, Sisters, Queer as Folk and Murder, She Wrote)
Interviewer: Andrew Kato
Producing Artistic Director of the Maltz Jupiter Theatre
(Held at the headquarters of the Cultural Council of Palm Beach County in Lake Worth)

Culture & Cocktails is sponsored by The Milton and Tamar Maltz Family Foundation. Additional support is provided by The Peter and Vicki Halmos Family Foundation / Palm Beach Principal Players, The Palm Beach Daily News and PR-BS, a Boca Raton-based public relations firm.

Admission to Culture & Cocktails is \$50

per person, and free for members of the Cultural Council (\$250 level and above). All proceeds go to the nonprofit Palm Beach County Cultural Council.

Each event will run from 5 to 7 p.m., with registration and cocktails from 5 to 5:45 p.m., and the "Conversation" from 5:45 to 7 p.m., including audience Q&A.

The Colony Hotel will serve complimentary beverages and an array of specially prepared hors' d'oeuvres, plus free valet parking. It is located at 155 Hammon Avenue, just one block south of Worth Avenue and one block west of the Atlantic Ocean.

As an added bonus, attendees at any of the three events at The Colony Pavilion will be offered a free bottle of wine with dinner or two-for-one drinks at the hotel's celebrated Polo Steaks & Seafoods immediately following the Conversation.

People interested in attending can RSVP before each event by calling the Cultural Council at 561.472.3330.

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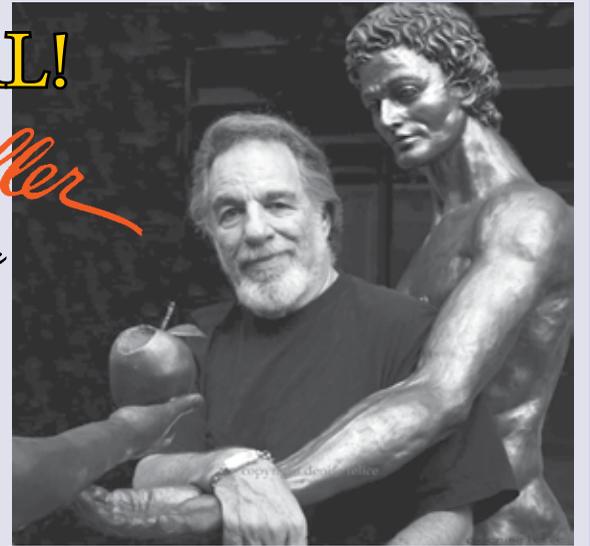
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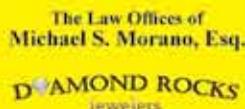
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Month-Long Brazilian Independence Day Celebration in Boca Raton Kicked Off September 2

The Brazilian celebration in Boca Raton kicked off to a fantastic start this past Sunday, September 2nd at Igreja Batista Boca Glades in Boca Raton where the Brazilian congregation put up a great event where more than \$18,150.00 for their missionary projects in Brazil.

The celebration was a mixture of dancing, music, dance choreography,

and food from each region of Brazil. It was as if you were in Brazil but you didn't have to waste the big money of a plane ticket. At the festival, there were tents with each of the regions of Brazil, southeast, northeast, Midwest, north, and south. Each tent had special dishes that are typical to that region of the country.

It was as if you were in Brazil but

you didn't have to waste the big money of a plane ticket. At the festival, there were tents with each of the regions of Brazil, southeast, northeast, Midwest, north, and south. Each tent had special dishes that are typical to that region of the country.

As we know, the celebration isn't over. This Friday here in Boca Raton The Brazilian Beat will be happening from 6pm - 11pm on September 7. The event is free to the public and there will be live Brazilian music & entertainment, food, art, fashion, dancing in the streets, capoeira show and even samba performers!

The entire city is invited to this unique and special event.

Then, the following week, the Rotary Club of Boca Raton West is hosting their annual Gala Dinner to raise money for a scholarship fund that will benefit Brazilian students. The Rotary Club Boca Raton West is a Portuguese speaking club that targets the Brazil-

ians of Boca Raton who want to experience service above self.

At the event, the Rotary Club will also honor two people in the Brazilian community with the "Brazilian Pride Award". The event will take place at Carmen's Restaurant at the Top of the Bridge Hotel on Saturday, September 15. The event begins at 6:00pm; tickets are \$75 and can be purchased by calling 561-488-5737.

The following week, the Brazil Club will have the soft opening of their new offices located The Shoppes at Village Point. The Brazil Club was created to attend the needs of Brazilian entrepreneurs and professionals to better publicize the Brazilian Culture in the USA, for a better integration with the American Community, as a meeting point for the Brazilian businessmen to improve personally and professionally within the rules and customs of the community where they live

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SPOTLIGHT

MONTH-LONG BRAZILIAN INDEPENDENCE DAY CELEBRATION IN BOCA KICKED OFF SEPTEMBER 2



Volunteers began to set up for the big event



People started to file-in at 3pm



People would go to each tent to try different types of food



Volunteers also worked the cash register



\$18,150.00 Was the total amount raised in the event for missions



Some volunteers used typical headwear from their region



Volunteers were all smiles as they helped the guests with questions



One of the many typical Brazilian food, picanha



Some people went outside to enjoy the great weather



Volunteers in the kitchen were in charge of cleaning



Some people took a photo in the photobooth



Guests stand around the stage as the festivities were about to begin



The LCD Screen was donated by ZeZoo



Guests sit as the message is about to start



All the guest rose as the Brazilian National Anthem was played

SPOTLIGHT

LUXURY CHAMBER NETWORKS AT STEINWAY PIANO GALLERY



Jay Shapiro, Bob Luptak



Lisa Remick, Norm Kubrin



Morris Cosgrove, Joanne Epstein, Steven Green, Daisy Boroff

Photos by Jeffrey Tholl

MY EXPERIENCE AT SUMMER ENCAMPMENT 2012



"Charlie Flight"



"Squadron 1"



"Departing for Encampment"

NCCI CONDUCTS BODY DYSMORPHIA DISORDER WORKSHOP FOR MEDICAL PROFESSIONALS



L-R, Terri Huss, RN, Eating Disorder Recovery Center of UF & Shands Health System; Kevin Wandler, MD, chief of the Eating Disorder Recovery Center of UF & Shands Health System and assistant professor at the University of Florida; Johanna Kandel, founder and CEO of The Alliance with Laura Olivos, Nova Southeastern University student



Laura Olivos, Nova Southeastern University student and John Wirth, Hanley Center Psychology Department



Johanna Kandel, founder and CEO of The Alliance

pics by: NCCI

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Entertainment **Skip Sheffield**

A Dark and Gloomy Portrait of One-Percenters



Scene from "Cosmopolis"

"Cosmopolis" which opened Aug. 24, was written before the current Occupy Wall Street ruckus. It was filmed by Canadian director David Cronenberg before the recent battle-of-classes turmoil. It now seems prescient.

Cronenberg wrote a screenplay based on Don DeLillo's 2003 novel and completed filming in July, 2011 in Toronto, Canada.

British actor Robert Pattinson, best known as Edward the vampire in the "Twilight" movies, plays Eric Packer, a 28-year-old financial genius in New York City.

The action, what little there is, largely occurs in Packer's 30-foot stretch limousine attended by bodyguards, driver and stern guys with phones in their ears.

"I want a haircut," Packer announces imperially. What he wants, he gets, no matter what is going on in the rest of the world. Eric is arrogant, cruel and ruthless; qualities which are an asset in business and particularly in the volatile currency trading market, which he keeps tabs on via flicking video screens.

"A rat became a unit of currency," we are told at the outset. The rat in Eric's case is the Japanese Yen. Eric has made a huge and reckless bet on the currency, and it will come back to bite him, so to speak, over the next few hours.

Rats are a recurring motif in "Cosmopolis." Protesters carry dead rats. Some dress up like rats and some carry huge rat puppets.

In his long day's journey into night in quest of a haircut, Eric will get turned down for sex by his recently betrothed wife (icy Sarah Gadon). He will have wild and athletic limousine sex with his middle-aged mistress Didi (Juliette Binoche) and a visiting hooker. He will hail his financial advisor (Emily Hampshire) in the middle of her daily jog and demand a meeting then and there. Eric will even get a prostate exam from his doctor in the limo as the outside world boils and protesters trash and spray-paint the white limo.

Eric is detached, deadpan and soulless; qualities which Robert Pattinson is adept at conveying. It is almost as if he needs to experience pain to feel anything. He ultimately will, but the viewer will not feel sorry for him.

There is very little to like, admire or embrace about "Cosmopolis."

If you are one of the angry 99-percenters, this film will confirm your opinion about selfish, greedy, mendacious bankers and titans of Wall Street. I don't think Cronenberg intended us to like this dark vision of corporate capitalism run amuck. I think he wanted us

to feel disgust. Consider yourself forewarned.

Two and a half stars

New 'Total Recall' finds Trouble right here on Earth

Like the 1990 original, the new "Total Recall" is based on a 1966 Philip K. Dick short story and set in the future in 2084. Even the names are the same. Colin Farrell has taken over the Arnold Schwarzenegger role of factory worker Doug Quaid, who also becomes known as Hauser. Kate Beckinsale plays his wife Lori, formerly played by Sharon Stone. Alluring Jessica Bale plays the feisty freedom fighter Melinda, previously essayed by Rachel Ticotin.

The setting is completely different. Instead of a real or imagined trip to Mars through an artificial memory implanted by a sinister company called ReKall (Slogan: "We can remember it for you"), the hero stays on Earth, which has been ravaged by chemical warfare with only two population centers remaining: United Federation of Britain, which looks like a futuristic, post-holocaust London, and The Colony, which looks like the worst rotting slums of Hong Kong.

A critic friend of mine asked me when I thought "Total Recall" went over the top.

"The first few frames," I replied, and it stayed that way.

"Total Recall" is even noisier and more bullet and explosion-ridden than the earlier summer reboots "Spider-Man" and "Batman: Dark Knight Rises." What the three films have in common is a doomsday, totalitarian scenario. The message seems to be you can't trust the government, the police or the armed forces.

Hmm, are the movie-makers trying to tell us something?

What director Len Wiseman lacks in subtlety he makes up which sheer action and mayhem. I get a little tired of hearing the rat-a-tat-tat of automatic weapons firing bullets that just miss the mark every time, and action heroes that take pounding after pounding with no broken bones.

Ah, but Colin Farrell is a much better actor the Schwarzenegger ever was. We really do believe he is either losing his mind or the victim of some wickedly sinister plot. The sets and gadgets are incredible and the ladies are nice to look at as they go through their gymnastic action scenes. Sometimes that's all you need ask of a summer action flick.



Food Review **Marc Kent**

AZUCAR The Finest of True Cuban Foods

A fantastic Cuban food selection at extremely low pricing await diners at Azucar Cuban Café Restaurant.

Select from 13 appetizers as we did and we were rewarded with an Empanada meat pie containing tasty ground beef in a thin, flaky crust; Tostones "Azucar Style"-smashed plantains stuffed with shrimp, cheese and bacon, lightly breaded for flavor and texture. Then Chorizo espanol which is Spanish sausage with grilled peppers and onions followed by Croquettes de jamon - croquettes stuffed with fine ham - all dishes full of discernable flavors.

Small or large portions of excellent white bean and/or red bean soup and/or chicken soup (fairly plain) and/or black beans - hot and flavorful, not spicy, we liked all.

Of the 5 salads - each portion enough for two - we tried the "Azucar Style", lettuce, tomato, cucumber, carrots with crunchy pieces of sautéed chicken in a smooth and wonderful mango sauce. Choose sautéed shrimp in lieu of chicken and your choice of dressings for their Ensalada de camorones - either a winner.

By the way, you will be greeted with a mound of plantains and three dipping sauces - mojo, cilantro and pico da gallo - to tempt the palate.

8 meat offerings included a fall-off-the-bone tender and fine tasting lamb shank in a great red wine sauce. We also recommend the Ropa vieja - the most delicious shredded beef cooked in an amazing home-made tomato sauce with peppers and onions - not to be missed. We'll try the other six dishes at a later date.

9 chicken dishes feature Fricase de pollo - on the bone chicken cooked in their tomato sauce with potato, pepper

and onions, then a grilled chicken breast with wonderful swiss cheese, grilled peppers and onions - both are fine choices.

We sampled a fish fillet with shrimp in a gentle garlic sauce- very, very fine, we also tried and was rewarded with large shrimp cooked in tasty tomato sauce. 6 other offerings await a future test - as do the 4 pork selections.

Try Azucar's Yuca (cassava-similar to a potato) plus black beans and white rice, saffron yellow rice, Azucar rice and beans and plantains galore!

We ordered paella - available only on Friday and Saturday nights (also the nights for live entertainment).

The paella

Seven heavenly desserts include a rum coconut flan, bread "pudding", tres leches - a fantastic 3 milk cake and a great rice pudding. More to taste another time.

Azucar serves imported and domestic beers, both red and white sangrias plus house red wine and a zinfandel smoothies, natural juices and soft drinks can be had as well as coffees, hot or cold.

The dinners can be sit down or take out or delivered. Open from Tuesday through Sunday, hours are 11:30AM to 9PM from Tuesday to Friday, 4:30PM to 9PM on Saturday and Sunday. Chef has 3 or 4 nightly specials in addition to the standard huge menu plus a four choice kid's menu and a half dozen sandwich offerings.

Located at 4900 Linton Boulevard in Delray Beach (561-495-4427).

Azucar seats 85 diners in a pleasant atmosphere with very attentive servers. This is true home-style Cuban food for all to savor - we strongly suggest you - Go and Enjoy!

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GRAPHIC DESIGN & PRINTING COMMUNICATIONS, INC.



On The Budget

Ale Montesdeoca

Wall Paper

It's back. Of course for some people that love the wall paper look it was not outdate at all, but for somehow we stop to see it for more than 10 years. Nowadays you have a lot more option than back there, before was so floral, and country, and stripes; now with the technology help we have a lot more option.

Vintage, classic, metallic, earth look, graphics and so much more, some of company can do special design for their clients.

Wall paper is good option to make statement in any ambient.

My only concern is places that have too much water around like closed to sinks and bathroom showers, but with all this news maybe if you really want you can find some ideas how put together .



Vintage look so IN today, in this room the old Hollywood glamour style is very cozy and rich, the wall paper give a final touch.



This entryway has an extra charming with this contemporary wall paper.



Living space, classic, but with so modern design. More tips go to www.alwmontesdeoca.blogspot.com



Healthy Living

Dr. Marcia Perretto Medina

CrossFit Exercises: Is It a Good Choice for Me?



The crossfit exercise modality has become a trendy option in the gyms everywhere. Every session is different, and combines cardiovascular exercises with muscle strengthening exercises that utilize body weight and weight training, associated to exercises of short periods of maximal effort.

The combination of the above mentioned exercises is able to produce a high calorie burn in a short period of time, and is generally practiced in small groups. Currently you may also find websites that publish videos with crossfit sessions to be done at home. But besides its benefits, this modality of exercise is not for everybody. In the crossfit there is no harmonious sequencing for the exercises, the only constant is that the exercises are performed with high intensity. However, once your muscles start to fatigue as the session progresses, your ability to maintain the correct form decreases as you continue to attempt to maintain the same levels of intensity and speed. This may lead to acute or overuse muscle and joint injuries.

The best exercises modality is the one that offers cardiovascular and strengthening exercises in a balanced way, and with the least risk for injuries. Always pay attention to your form during the exercises performance, and don't rush thru the sessions to prevent the risk of injury. Add abdominal exercises and yoga (but don't abuse of the

stretching exercises), and you have a complete and balanced exercises routine.

You may use crossfit as one of your exercises option, however, remember to respect your body and decrease the speed, focusing on your form whenever necessary.

"My kingdom for three portions of salmon"!

A study recently performed by the Vanderbilt-Ingram Cancer Centre in Nashville, Tennessee, published in the Journal of Clinical Nutrition, found that women that consume the equivalent to three portions of fish a week (rich in omega-3), presented with a decrease of 33% in the risk of polyps to the intestinal colon. They also presented with a decrease in levels of the prostaglandin E2 hormone, which is related to the presence of inflammation in the body. Unfortunately, the same could not be found in men. Doctor Harvey Murff, states that besides the attempt to consume more omega-3 sources, males have the tendency to consume a larger quantity of omega-6 sources, which decrease the efficacy of the increased consumption of fish. Omega-6 is present abundantly in the diet of the greater majority of individuals, omega-3 is in disadvantage, making necessary to supplement with a high quality product.



Oleda Talks

Oleda Baker

The Health Dangers of Soda Pop (Carbonated Soft Drinks)

So very often our health problems do not BEGIN on their own. WE encourage illness and disease little-by-little every day by NOT PREVENTING their cause. We even know better sometimes, but our bodies' cells can't be fooled about what we put in our mouths.

Take soda pop for instance. Some people drink it as if its water and they allow their children to do the same. Sure, carbonated soft drinks are primarily water, but all the other "stuff" in them can be... toxic...poisonous.. lethal... venomous... seriously harmful. I never drink soda pop!

Look at the ingredients in soda pop and the effect each might have on your body.

Phosphoric Acid: May interfere with the body's ability to use calcium, which can lead to osteoporosis or softening of the bones and teeth. Phosphoric acid also neutralizes the hydrochloric acid in your stomach, which can interfere with digestion. The soft drink industry argues that the phosphoric acid in soda pop contributes only about 2 percent of the phosphorus in the typical US diet. But, there's growing concern that if you drink a few cans of soda a day it can be damaging when they are consumed during the peak bone-building years of childhood and adolescence. A study published by the FDA's Office of Special Nutritionals noted that a pattern of high phosphorus/low calcium consumption, common in the American diet, is not conducive to optimizing peak bone mass in young women. In adulthood with less calcium available, the bones become more porous and prone to fracture.

Sugar: Soft drink manufacturers are the largest single user of refined sugar in the United States. It is a proven fact that sugar increases insulin levels, which can lead to high blood pressure, high cholesterol, heart disease, diabetes, weight gain, premature aging and many more negative side effects. Most sodas include over 100 percent of the Recommended Daily Allowance (RDA) of sugar.

Aspartame: This chemical is used as a sugar substitute in diet soda. There are over 92 different health side effects associated with aspartame consumption including brain tumors, birth defects, diabetes, emotional disorders and epilepsy/seizures. Further, when aspartame is stored for long periods of time or kept in warm areas it changes to methanol, an alcohol that converts to formaldehyde and formic acid, which are known carcinogens.

Caffeine: Caffeinated drinks over time can cause jitters, insomnia, high blood

pressure, irregular heartbeat, elevated blood cholesterol levels, vitamin and mineral depletion, breast lumps, birth defects, and perhaps some forms of cancer. Colas average about 28 percent of the amount of caffeine found in an 8-ounce cup of coffee, but diet colas -- usually chosen by those who are trying to dodge calories and/or sugar -- often pack a lot more caffeine.

Don't wait for bad things to happen. If you're a soda drinker, switch to fruit juice or water

The average American drinks an estimated 56 gallons of soft drinks in a year. Teenagers and children, who many soft drinks are marketed toward, are among the largest consumers. In the past 10 years, soft drink consumption among children has almost doubled in the United States. Teenage boys now drink, on average, three or more cans of soda per day, and 10 percent drink seven or more cans a day. The average for teenage girls is more than two cans a day, and 10 percent drink more than five cans a day. If you or your children are among this group, remember this:

- Research has found that women who went from drinking less than one non-diet soda a day to one or more were nearly twice as likely to develop type 2 diabetes over a four-year period as women who drank less than one soft drink during a day. (The women who drank more soda also gained more weight over the same period.)

- A study published in the Journal of Clinical Endocrinology and Metabolism suggested that fructose, a sweetener found naturally in fruit juice and typically used in concentrated amounts in soft drinks, may induce a hormonal response in the body that promotes weight gain.

- Soft Drinks, especially light-colored drinks, and canned iced tea appear to "aggressively" erode teeth enamel in laboratory tests—and it didn't matter whether they were diet drinks or regular ones, according to a study published in General Dentistry.

- Aside from the negative effects of the soda itself, drinking a lot of soda is likely to leave you with little appetite for vegetables, protein and other food that your body needs.

**Until next time,
Love, Oleda**

Oleda Baker, now 78, began her career as a high fashion model with the prestigious Wilhelmina Model Agency, based in New York City and doing print and TV assignments in New York and Europe. She has written ten books on beauty, diet and health.

bocaratontribune.com



*Let's Talk
Life & Style*

Kay Renz

It's Time to be Trendy!

Fashion Night Out on Thursday, September 6th, was just the beginning of trend-spotting events all around the town. The fabulous fall fashion season is officially upon us and all the stores are planning incredible events to show us how to be glamorous...again! The dressing doldrums of the economic downturn have seemingly diminished, and designers' optimism is showing once again. And while opulence and luxury are the season's style buzz words, frugal fashionistas know there is a plethora of ways to get the look for less! So what are the wardrobe must haves?

Color your Closet: Forget boring browns, this fall offers a rich kaleidoscope of colors. Look for luxe jewel tones like amethyst and emerald. Think of burgundy as the new black. You'll see shades of fine wine, russety reds, and even sangria. And if you are wearing black, break up the look with rich blue hues. Pink.. Yes all shades, even Easter Bunny, have made their way to the fall must have list.

Digital Prints: With color being key, one of the fun ways to wear it is with digital prints. Bold dynamic mixes of color which are seen everywhere from work dresses to



Metallic pants

but this season the skirts, jackets and even dresses get a cooler look with lots of perforations.

Leggings Return... Again.: When something works we bring it back! This wardrobe staple get a luxe lift this season with addition of velvet, metallics, leather and colorblocking!

Lace Dresses: They are crediting Kate Middleton with bringing back this classic look. This season, lace dresses will be the perfect mix of sexy and sweet. You will also find an entire selection of feminine dressing looks that will be enhanced with an array of glamorous details.

Suiting Up: Working women will be getting more options this season. A stylish new pantsuit has emerged along with smart pencil skirts, mix and match jackets and a variety of trousers.

What's Happening at Bloomingdale's

The highly anticipated semi-annual HOT event takes place through Sept. 16 and promises days of non-stop excitement both in-store and online.

Also: Have you ever dreamed of being able to try on clothes without actually having to go through the process of putting them on? Wait no more! 20 Bloomingdale's locations will be offering shoppers the unique opportunity to test out Swivel™, a Try-On technology by FaceCake Marketing Technologies, Inc. that is supported by Kinect for Windows from Microsoft Corp. This must-try 3D virtual dressing room and style advisor allows shoppers to see how they look in select fall fashions and accessories without physically trying them on. Simply step up, choose your look, and Swivel™ will display your look in real time on HD flat screens in the store. Getting opinions from your friends & family has never been easier, as you can instantly share your favorite look via email and social media channels including Facebook and Twitter.



Plaids by Michael Kors

evening gowns.

Metallic Looks: From touches of shine to all-out gilded girls, the metallic look is big this season. Look for liquidy-looking gowns to touches glitter and sequins, this is a time to stand out!

Plaids, Checks, Stripes: From skirts to pants to jackets plaids in all shades will be a hot seller. One point to think about... how does it really look on you? As with any trend, the key is making it enhance you. Does a large print plaid skirt or pants make you look slim and trim? Hmm, if not, then consider adding the tartan trend as a fun accessory.

Leather: When the temperature dips into the 70's, we whip out our favorite "winter" gear. Leather styles are a classic look,



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CARLO BARBIERI

By Carlo Barbieri

The "Invisible" Community Finds Recognition

Until a short time ago, Brazilians, as individual residents and as members of a community in the area of Palm Beach County, were practically non-existent in the public eye. We knew there were more Brazilians living in Deerfield Beach and Pompano Beach, but they existed in relative silence while melding their cultural mores with those of the United States.

In general, when we talk with other people about Brazilians living in the community, they would comment that they might know a Brazilian person who worked in domestic services or in manual trades.

It's amazing that a population of some 300,000 people living in South Florida has gone so unnoticed for so long.

Now, with Brazil's noticeable presence in the world market and its global appeal, more people are paying attention to the Brazilians who have long been U.S. residents.

Several large companies in Florida are Brazilian. The following are a few examples:

In the building trade, Odebrecht Construction is surely one of the largest firms involved in public works projects, which create thousands of jobs. It is a vibrant and visible presence in the ring connecting Palmetto Park Road, I-95 and Palm Beach International Airport with Fort Lauderdale and Miami.

Another company from Brazil, Gerdau, is one of the largest steelmakers in the U.S. In actuality, Brazil-based companies conduct about 50 percent of their activities in the United States.

In the world of high-tech aircraft, Brazilian company Embraer has two bases in Florida, one in Fort Lauderdale and the other in Melbourne. It is noteworthy that some 40 percent of Americans who take regional flights do so aboard aircraft manufactured by this company. In Jacksonville, depending on the government response, the company will create more than 3,000 jobs for the military base in that city.

If we move to the food sector, we know that more than 50 percent of the orange juice produced in Florida comes through Brazilian companies. Either the fruit is imported from Brazil or Brazilian-based companies with facilities in the U.S. determine how many oranges are needed for processing to meet consumer need.

In the area of defense materiel, Taurus, a Brazilian manufacturer of handguns and automatic weapons, is also based in Florida.

It is worth noting that in addition to large companies, more than 15,000 small and medium enterprises owned or run by Brazilians in Florida generate nearly 100,000 jobs.

Also, a seemingly endless number of entities bring together Brazilians who live in Florida. The newly established Brazil Club, now with hundreds

of members, is dedicated to promoting the relationship between entrepreneurs and professionals, both Americans and Brazilians, to foster their businesses. The club also provides a program of courses encouraging professional development that should reach more than 2,000 people in a year.

Rotary Club International has a unique organization in West Boca Raton – a chapter for Brazilians where Portuguese is the predominant language spoken during meetings. It offers dozens of activities to support the community and has won several awards, including the Rotary International honor for its performance.

The Toastmasters Club, which provides training for people who want or need to speak in public, has a chapter in Boca which offers the only course in Portuguese in America.

The Deerfield Beach Chamber of Commerce has a permanent seat for a representative of the Brazilian business community. At a recent meeting, the mayor of Deerfield was presented with the impressive figure that 42 percent of firms in that city do business with the Brazilian community. The West Boca Chamber of Commerce also encourages Brazilians to participate in that group's activities.

The Florida Chamber of Commerce this year created the Florida Partnership Brazil to better assist in business development among countries.

A group known as Vamos Falar Portuguese provides Portuguese language instruction for non-Brazilians as well as children of Brazilian families who are not fluent in Brazil's mother tongue – such as the children of one Brazilian and one non-Brazilian parent. This organization is expected to serve more than 200 young people.

There is also a Women's Club dedicated to socialization skills which has achieved great success in Palm Beach and Broward counties.

In all, more than 150 groups, from pastors, Catholic priests to a lunchtime club and other entities, provide assistance to Brazilians living in South Florida.

This journal you are reading now, either in print or on line, the Boca Raton Tribune, is in itself an example of the presence of the Brazilian community in Florida. The newspaper belongs to a Brazilian, as do its sister community newspapers in Delray Beach and Coral Springs, all part of Heizer Corporation.

Gradually, our business community, intellectual and political groups will enmesh themselves in the opportunities for a Brazilian presence in this region and take them to an even higher level.

Carlo Barbieri
President of Oxford Group

Boca Police Arrest Suspect for Multiple Burglaries

BOCA RATON – Boca Police have arrested a suspect in connection with multiple burglaries, a police report says.

The capture of Paul G. Rogers, 56, who listed no permanent address, took place following an investigation of a burglary August 24 at an apartment on South Ocean Boulevard.

The report said officers met with the resident who had just returned from vacation. The victim told officers that when she returned home, she discovered numerous items from were stolen from her apartment and subsequently sold at a local antique shop. The victim and the antique shop employee were able to determine a friend of hers, identified as Paul Rogers, had sold her belongings.

The victim told officers she gave Rogers, whom she met about six weeks ago, a key to her apartment, in case of an emergency. Detectives confirmed with the antique store

employee that Rogers was the person who sold him the victim's belongings.

On August 29, detectives spoke with Rogers, who was in the Palm Beach County Jail on unrelated charges. The police report said Rogers admitted to entering the victim's home while she was out of town. He also said he took and sold her belongings.

The report says detectives also linked Rogers to a burglary to a Mobil gas station that occurred on July 18. At about 2 a.m., officers found several windows of the gas station, located at 1 East Camino Real, smashed out. The scene was processed and several latent prints were recovered. One print was later identified as belonging to Paul Rogers.

Detectives charged Rogers with one count of burglary for the Mobil gas station and burglary, grand theft, and dealing stolen property for the crime on South Ocean Boulevard, said police.

Boca Raton Municipal Meetings and Activities, Sept. 10-14

Monday, Sept. 10
September Art Show
8:00 AM - 10:00 PM at Sugar Sand Park Community Center
****CANCELED** COMMUNITY RE-DEVELOPMENT AGENCY REGULAR MEETING/CITY COUNCIL WORKSHOP**
1:30 PM at City Hall, Council Chamber
COMMUNITY RELATIONS BOARD
6:00 PM at Police Services, Detectives' First Floor Conference Room
CITIZENS' PEDESTRIAN AND BIKEWAY ADVISORY BOARD 7:30 PM at Boca Raton Community Center Annex Tuesday, Sept. 11
September Art Show 8:00 AM - 10:00 PM at Sugar Sand Park Community Center
PLANNING ADVISORY REVIEW
9:30 AM at City Hall, Council Chamber
****CANCELED** CITY COUNCIL REGULAR MEETING** 6:00 PM at City Hall, Council Chamber
COMMUNITY APPEARANCE BOARD
7:00 PM at Boca Raton Community Center, Silver Palm Room East
Wednesday, Sept. 12
September Art Show 8:00 AM - 10:00 PM at Sugar Sand Park Community Center (location changed)
BEAUTIFICATION COMMITTEE
12:00 PM at Boca Raton Community Center Annex
DOWNTOWN BOCA RATON ADVISORY COMMITTEE 4:00 PM at Boca Raton

Community Center Annex
LIBRARY ADVISORY BOARD 4:00 PM at Spanish River Library & Community Center
(Rescheduled due to Rosh Hashanah Holiday) FINANCIAL ADVISORY BOARD
5:00 PM at City Hall, First Floor Conference Room
BOCA RATON AIRPORT AUTHORITY
6:00 PM at City Hall, Council Chamber
COMMUNITY CABARET
7:30 PM - 10:00 PM at Sugar Sand Park Community Center
Thursday, Sept. 13
BARGAINING NEGOTIATIONS 8:00 AM - 12:00 PM at City Hall, First Floor Conference Room
September Art Show 8:00 AM - 10:00 PM at Sugar Sand Park Community Center
DROP-IN STORYTIME 10:00 AM - 10:30 AM at Downtown Library
SOCRATES CAFE AT SPANISH RIVER LIBRARY 1:30 PM - 3:00 PM at Spanish River Library & Community Center
GENERAL EMPLOYEES' PENSION PLAN BOARD 4:00 PM at Pension Office
ZONING BOARD OF ADJUSTMENT
7:00 PM at City Hall, Council Chamber
Friday, Sept. 14
September Art Show 8:00 AM - 10:00 PM at Sugar Sand Park Community Center
STORY AND PLAY WITH MISS MIJ
10:00 AM - 12:00 PM at Sugar Sand Park Community Center

PBSO Seeking Information on Man Found Dead in WPB Canal

The Palm Beach County Sheriff's Office is seeking the public's assistance in its search for information on a man found deceased in a West Palm Beach canal.

On Friday, Aug. 24 just before 3 p.m., the victim Angel Vasquez-Martinez, 32, was discovered deceased in a canal in the 5500 block of Forest Hill Boulevard, West Palm Beach.

Vasquez-Martinez was possibly last seen in the area of the canal around 1 a.m. on Friday, Aug. 24, said PBSO. He was possibly homeless and known to frequent the area of Forest Hill Boulevard and Jog Road. He may be from the Honduras, investigators said.

If anyone has information about Angel Vasquez-Martinez they are urged to contact the PBSO Detective Bureau at 688-4000 or Crime Stoppers at 1-800-458-TIPS.



Angel Vasquez-Martinez

Business

The Boca Raton Tribune

Partnership Announces Purchase, Redevelopment of Boca Raton Bridge Hotel

BOCA RATON – The Boca Raton Bridge Hotel has new owners.

AWH Partners, LLC – a joint venture of Winston Harton Holdings, LLC and August Group Ventures, LLC – in partnership with The Lane Organization, LLC announced the acquisition and planned reinvention of the waterfront boutique hotel noted for its location on the Intracoastal Waterway, panoramic water views from every guest room, and offering the only on-the-water public restaurant dining in Boca Raton. The transaction price was not disclosed.

AWH Principal Russ Flicker said the Bridge Hotel will remain one of Boca's most notable, continuing to operate as a traditional hotel, yet repositioned and transformed to be more relevant and exciting to meet the desires and needs of today's discerning vacationers as well as social and business guests.

The redevelopment plan includes entirely new hospitality and dining concepts, expanded waterfront amenities as well as a new dock flanking the property's entire Lake Boca perimeter so that diners and hotel guests will soon have the option to arrive by boat.

Extensive renovations of guestrooms, restaurants and public spaces will begin in spring 2013, he said.

"We are very excited to add the Bridge Hotel to our collection of repositioned lux-

ury hotel properties," noted Flicker, who along with many of the principals and senior management of the joint venture and partnership has a long history of successful hotel and residential development in South Florida, and in Boca Raton specifically.

"Our past experience in Boca Raton was extremely positive; we are passionate about the market and its assets, and very much look forward to our seasoned team of designers and consultants completely transforming the hotel into a premier South Florida expe-



Russ Flicker

rience with its own newly positioned distinctive signature in the destination."

AWH Principal Chad Cooley reported that Lane Hospitality (unrelated to The Lane Organization) has been awarded the hotel management contract to guide the reinvention of The Bridge Hotel to a 4-Star position leveraging the firm's seasoned expertise and deep experience in renovating, repositioning and operating first-class independent hotels and resorts.

For the Bridge Hotel transformation, Lane Hospitality brings more than 30 successful years experience managing hotels and resorts, including both unique independents and leading brands such as Hilton, Marriott, InterContinental Hotels Group and others. Lane Hospitality President and CEO Bill DeForrest is a member of the InterContinental Hotel Owners' Association Board of Directors and Lane Hospitality's entire executive team is involved with brand and statewide hotel associations.

"The Bridge Hotel property complements our operational and repositioning experience with independent hotels and resorts," noted DeForrest. "Working with the ownership team we will ensure a successful repositioning that will benefit the greater Boca Raton community and local tourism industry as well as deliver a profitable return to its ownership. We challenge our hotels to



Boca Raton Bridge Hotel

strive for excellence and rely on our leadership team of professionals to ensure an impeccable guest experience at each property we manage."

The seasoned team of AGV and WHH formed AWH Partners to pursue hospitality investments requiring capital infusions and/or repositioning.

"Our partnership's mandate is to identify and acquire outstanding assets in key locations that require operational and physical repositioning to achieve their highest and best use," added Flicker. "For us, acquiring the Bridge was ideal. Not only is the property an established community icon in an enviable locale with a longtime history serving as the locals' favorite 'guesthouse' for visiting friends, family, and colleagues, it affords our partnership the opportunity to return to South Florida to expand our presence and add yet another 'hotel repositioning success story' to our burgeoning portfolio."

The Truth about Grants



By **Palm Beach State College Small Business Development Center**

B O C A
R A T O N – I t

may come as a surprise to some people, but the federal government does NOT provide grants for starting and expand-

ing a business.

Government grants are funded by your tax dollars and therefore require very stringent compliance and reporting measures to ensure the money is well spent. As you can imagine, grants are not given away indiscriminately.

Grants from the federal government are only available to non-commercial organizations, such as non-profits and educational institutions in areas such as medicine, education, scientific research

and technology development. The federal government also provides grants to state and local governments to assist them with economic development.

Some business grants are available through state and local programs, non-profit organizations and other groups. For example, some states provide grants for expanding child care centers; creating energy efficient technology; and developing marketing campaigns for tourism.

These grants are not necessarily free

money, and usually require the recipient to match funds or combine the grant with other forms of financing such as a loan. The amount of the grant money available varies with each business and each grantor.

For more on this topic, or for no-cost consulting with certified business analysts, including growth acceleration consultants and PTAC specialists, contact the SBDC at 561-862-4726 or email sbdc@palmbeachstate.edu.

BDB Honored with Three Awards by State Organization

The Florida Economic Development Council, Inc. (FEDC) presented the Business Development Board of Palm Beach County (BDB) with three first place awards in promotional and marketing innovation at its 2012 annual conference held recently in Tampa.

The BDB received the first place award in the following categories: Ad Campaign, for its RightHere.RightNow effort targeting out-of-state corporate headquarters; External Publication, for its annual business publication called Profile Magazine and E-Media, for its micro-site www.HQpbc.com

FEDC's annual awards serve to emphasize outstanding marketing strategies and encourage the devel-

opment of more effective marketing tools. Judging criteria included creativity, impact, quality, originality, and substance.

"We are extremely proud to be recognized for the way we market Palm Beach County to businesses. The BDB was able to compete statewide and win three awards due to the commitment of the Palm Beach County Board of County Commissioners and the private sector," said Kelly Smallridge, president and CEO of the BDB.

"We updated our brand through the design and implementation of new print materials and a new website to better market the attractive business climate in Palm Beach County to potential corporate headquarters. It's very rewarding to be recognized by

our peers throughout the state as having programs which are innovative and designed to showcase the assets of our corporate environment."

The Business Development Board of Palm Beach County is the official public/private economic development organization for the county and Enterprise Florida. Founded in 1982 as a not-for-profit corporation, its primary purpose is to attract and retain new industry, business investment, high quality jobs and workforce development through corporate relocations, expansions and international trade.

During the past five years, the BDB has assisted companies that have created more than 7,900 direct jobs with average salaries greater than \$55,400.



Kelly Smallridge, president and CEO of the Business Development Board of Palm Beach County



WHAT BUSINESS ARE YOU IN?™

By Gerald J. Sherman

Small Business & The Marketing Triangle

When advertising and public relations work together in the marketing effort, each area serving a specific purpose, a positive effect is the result. Advertising is vital in order to get the word out—and we know that advertising cannot be totally successful without a strong public relations component. However, to deliver the complete message to the target market, the third side of the Marketing Triangle, promotion, must be addressed.

In today's fast-moving competitive marketplace, funding should be available for all three areas. Spending a disproportionate amount of time and money on only one of these marketing tools will not produce the ultimate results. It takes a marketing triangle, a combination of these three marketing tools, advertising, public relations and promotions to get the necessary message across and see positive results. It is important to put each part of the triangle in proper perspective to understand its role in the marketing triangle and to allocate funding according to your product/service.

Advertising

Advertisements, whether on the Internet, print, broadcast, and other media, should deliver a message that prompts and encourages the customer to buy a specific product/service. Ads can be roughly divided into two categories: the image advertisement, and the call to action advertisement.

The image campaign places ads which create brand recognition. Essentially what these ads do is inform the customer of the existence of the brand and what it stands for. Image ads are typically vague in their nature. Their aim is primarily to make the brand name known and evoke some sort of a connection with it. For example, if Ralph Lauren places an ad with a male model wearing a high-end suit standing outside a Wall Street firm's headquarters, the viewer sees this brand as suitable for high-caliber executives. This type of ad is usually placed by the manufacturer and high fashion design firms.

On the other end of the spectrum, the call to action advertising campaign has a message which tells the audience what we want them to do. "Buy our brand!" "Do it today!" and "Log on

to our Website!" are all calls to action. They lead the audience to a specific action which is a step in the direction of a sale.

Public Relations

By exposing consumers to the brand in a positive light, public relations typically works in conjunction with advertising and is a vital in creating a brand image. Once the brand's image is developed, advertisements and promotional strategies become increasingly effective. Consumers now have a receptive frame of mind towards the product/service, and are more inclined to follow the advertisement's call to action.

Promotions

Proper promotional activity is vital to complete the triangle. It can be said that it delivers the message right in the backyard of the customer. A promotion is basically a method of getting the product/service noticed by its public. It can range from special price reductions, give-aways, sponsorships (sporting events), charity events and community lectures and directly reaches out to the target markets. Coordinating any of these areas with ads and public relations will deliver the message with full effect.

In today's market, even small independent businesses can find it financially feasible to access public relations/advertising companies in their local areas. South Florida has many independent PR/Advertising companies that are making their services affordable.

By using all the tools of the marketing triangle, you will get the most effective and efficient way to deliver your message.

Excerpts from the book, Fashion Public Relations, Gerald J. Sherman & Sar S. Perlman, Fairchild Publications, Division of Conde Nast, (N.Y.).

Gerald J. Sherman, of Sherman & Perlman LLC., is a marketing and public relations consultant, sales coach, workshop/seminar organizer and author, who has written several books and articles on "How To Grow Your Business." <mailto:jerry@shermanperlman.com>, www.shermanperlman.com 561.715.2788

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561-395-3632
www.adventboca.org

First Church Of Christ,
Scientist
566 W Palmetto Park Road
Boca Raton, FL 33432
561-391-7689

Affirmation Lutheran Church
9465 Glades Road
Boca Raton, FL 33434
561-483-6004

First United Methodist
Church
www.fumcbocaraton.org
625 NE Mizner Blvd.
Boca Raton, FL 33432
561-395-1244

Ascension Catholic Church
7250 N Federal Hwy
Boca Raton, FL 33487
561-997-5486

Friendship Baptist Church
1422 NE 2nd Court
Boca Raton, FL 33432
561-395-6871

Assembly of God Hispanic
Church
Centro Cristiano Familiar
21121 Oriole Country Rd
Boca Raton, FL 33433
561-746-8626

Frontline Christian Center
Olympic Heights High Schl
20101 Lyons Rd
Boca Raton FL 33434
561-826-0404
www.frontlinechristiancenter.com

Ayts Chayim Messianic
Synagogue
600 W. Camino Real
Boca Raton, FL 33486
561-487-3839
www.acmsboca.org

Glades Presbyterian Church
21121 Oriole Country Rd
Boca Raton, FL 33428
561-477-4898
www.gladespc.com

Beth Ami Congregation
1401 NW 4 Avenue
Boca Raton, FL 33432
561-347-0031

Gold Coast Christian Cathedral
3200 N Federal Hwy
Boca Raton, FL 33431
561-750-5235

Beth Sar Shalom
Camino Real Community
Church
1551 West Camino Real
Boca Raton, FL 33486
561-499-4893
www.bethsarshalomfl.com

Good Shepherd Lutheran
Church
6301 SW 18 Street
Boca Raton, FL 33433
561-393-7007

B'Nai Torah Congregation
6261 SW 18 Street
Boca Raton, FL 33433
561-392-8566

Grace Community Church
600 W Camino Real
Boca Raton, FL 33486
561-395-2811
www.graceboca.org

Boca Glades Baptist Church
10101 Oriole Country Road
Boca Raton, FL 33428
561-483-4228

Iglesia Bautista Hispana
2350 NW 51st St
Boca Raton, FL 33431
561-998-8360

Boca Raton Bible Chapel
3900 NW 3rd Avenue
Boca Raton, FL 33431
561-391-9319

Islamic Center of Boca Raton
www.icbr.org
141 NW 20th St., Ste. #A-7
Boca Raton, FL 33431
561-395-7221

Boca Raton Church Of Christ
www.achurchofchrist.com
5099 NW 5th Avenue
Boca Raton, FL 33431
561-395-0738

Jehovah's Witnesses
19230 State Road 7
Boca Raton, FL 33498
561-479-0956

St. Paul Lutheran Church
and School
701 West Palmetto Park Road
Boca Raton, FL - 33486
561-395-0433

Boca Raton Community Church
www.bocacommunity.org
470 NW 4th Avenue
Boca Raton, FL 33432
561-395-2400



Journey Church (The)
www.bocajourney.com
The Kathryn Lindgren
Theater
B.R. Community High Schl
1501 NW 15 Court
Boca Raton, FL
561-420-0606

Boca Raton Synagogue
www.brsonline.org
Hahn Judaic Campus
7900 Montoya Circle
Boca Raton, FL 33433
(561) 394-5732

Kabbalah Learning Centre
www.kabbalah.dynip.com
8411 W Palmetto Park Rd
Boca Raton, FL 33433
561-488-8826

Boca Raton Synagogue-West
www.brsweb.org
21101 95th Ave. South
Boca Raton, FL 33428

Kol Ami of Boca Raton Re-
constructionist
<http://kolami.homestead.com>
71 N. Federal Hwy.
Boca Raton, FL 33432
561-392-0696

Boca West Community
United
Methodist Church
9087 Glades Road
Boca Raton, FL 33434
561-482-7335

The Unitarian Universalist
Fellowship of Boca Raton
2601 St. Andrews Blvd.
Boca Raton, FL - 33434
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BUSINESS BITS

• **BOCA RATON** -- Private prison operator GEO Group Inc. reported that its net income grew 4 percent in the second quarter as it opened a new detention facility for U.S. Immigrations and Customs Enforcement. Revenue from its detention and corrections unit grew 7 percent while other businesses were essentially unchanged from a year ago. The company also narrowed its annual income guidance and lowered its revenue forecast. Net income rose to \$22.5 million, or 37 cents per share, from \$21.6 million, or 33 cents per share, a year ago. Excluding special items the company earned 41 cents per share from continuing operations. Revenue rose 4 percent to \$412.3 million.

• **BOCA RATON** -- SBA Communications Corporation has reported results for the quarter ended June 30, 2012. Highlights of the results include for second quarter compared a year earlier:

Site leasing revenue growth of 35.6%

Tower Cash Flow growth of 28.4%

Net loss increased from \$29.9 million to \$53.5 million

Adjusted EBITDA growth of 30.5%

AFFO Per Share growth of 34.5%

"Strong operational performance, continued high levels of customer activity and material portfolio growth combined to allow SBA to post excellent financial results in the second quarter," said Jeffrey A. Stoops, president and chief executive officer. "The volume of customer upgrades and additions to their networks in the United States is as high as we have ever experienced."

• **WEST PALM BEACH** -- Wilesmith Advertising/Design, West Palm Beach, has been awarded a contract for market research and website design from California Teratogen Information Service (CTIS) Clinical Research at UC San Diego School of Medicine. Teratology is the study of birth defects caused by exposures during pregnancy. CTIS provides pregnancy health information about exposures such as over-the-counter and prescription medicines, immunizations, alcohol/recreational drugs, infections, pesticides, etc.

• **COCONUT CREEK** -- The Coconut Creek Chamber of Commerce will hold its next luncheon Thursday, Sept. 20 from 11:45am -1:30 p. m. at the Coconut Creek Community Center, 1100 Lyons Road, Coconut Creek. The event will be a progressive lunch. For the three-course meal, patrons will change table after each course. This offers three times the opportunities to meet people. RSVP no later than Tuesday, Sept. 18th at 5:30 pm. \$15 for members and first time guests. Non-members and w/o an RSVP, \$25. Email creekchamber@bellsouth.net or call 954-419-1050

Email your Business News, promotions and acknowledgements to Chris Catoggio at: chris@bocaratontribune.com.

Boca Raton Resort & Club Offers Meetings App

BOCA RATON -- The Boca Raton Resort & Club has announced the launch of Boca Meet 360 deg, a new meetings app that gives viewers an in-depth virtual site tour of the 356-acre resort, its meeting facilities, accommodation styles, leisure activities and amenities.

The app uses the built-in functionality of a gyroscope to give viewers a floor-to-ceiling panoramic look at 15 key points of interest to meeting and wedding planners. Features include video and photo galleries, property maps, meeting space with specifications and floor plans, 360 degree tours of guest rooms, a live Facebook feed, a LinkedIn Group feature, interactive "plan your meeting" tool and contact information. The LinkedIn Group feature allows the Resort to post industry updates and meeting trends information which can be shared with meeting professionals.

"The new Boca Meet 360 deg allows us to enhance the sales experience, creating an engaging, virtual selling environment," said Ed Carey, managing director of sales at the Boca Raton Resort & Club. "This new program takes social media to the next level, extending our relationships with meeting and event planners long after they use the app," he said.

The gyroscope technology is layered onto a detailed property map with



Boca Raton Resort & Club

15 points of interest, each one opening and taking viewers on a 360 degree interactive tour of the area. Boca Meet 360 deg also includes administration of a meeting attendee app designed specifically to promote a group or company's program or agenda and keep meeting attendees informed about schedules, speakers, important alerts, where to eat and connect with their colleagues on or off property on their iPhone or iPad.

The Boca Meet 360 App can be downloaded from the App Store or www.bocameet360.com.

Boca Raton Resort & Club, a Waldorf Astoria Resort, is one of the country's premier resort destinations and private club facilities.

Games

The Boca Raton Tribune

			4					7
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9			7					
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	2	4						

Across

- 1 Phi ___ Kappa
- 5 Fraud
- 9 Bishop of Rome
- 13 Cherish
- 15 Nimbus
- 16 Computer image
- 17 Paper measures
- 18 Medea rode on it
- 19 Gaul
- 20 Cricket wicket
- 21 Kilt
- 23 Profits
- 24 Harmon of *NCIS*
- 25 Eclipse type
- 26 1962 James Mason, Sue Lyon flick
- 29 Unkind look
- 32 Wonderland girl
- 33 Unfinished business
- 37 Oracle
- 38 Damp
- 39 Painful
- 40 Before discharge or mention
- 42 Crouch
- 43 Organ parts
- 44 Excursions
- 45 Top dog
- 48 Wither away
- 49 Novice
- 50 Sand trap, e.g.
- 53 Commotion
- 56 Norse war god
- 57 Stout relatives
- 58 Giblets part
- 60 Supreme Court count
- 61 Goon

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Rivers of Peru

Acari	A	C	A	R	I	R	X	R	U	S	M	C	P	N	G	U	S
Apurimac	U	A	Y	J	U	R	U	A	P	O	Y	Q	F	O	N	H	K
Casma	I	K	I	X	Z	G	C	M	R	I	D	E	M	A	P	B	V
Ene	L	Z	M	Q	R	Z	Z	J	O	L	C	A	M	O	L	A	F
Grande	R	Q	X	A	I	X	C	T	T	R	Y	H	R	Q	N	A	N
Ica	T	G	N	H	M	C	U	Q	I	O	O	A	I	W	M	D	A
Jurua	I	D	H	N	L	O	A	F	V	S	T	N	Z	S	V	M	W
Mantaro	E	A	G	M	A	R	A	N	O	N	I	I	A	Q	A	L	F
Manu	R	W	O	U	E	C	F	L	A	N	B	C	E	S	O	U	J
Maranon	J	U	S	S	W	A	W	M	V	I	E	P	U	R	U	S	L
Mayo	F	U	Z	A	L	M	I	J	Y	M	R	N	Y	A	N	A	N
Morona	J	F	E	P	S	I	L	S	A	U	G	A	Y	U	C	P	P
Nanay	S	L	W	M	E	R	A	R	B	Q	I	K	V	A	T	O	K
Napo	A	V	S	A	B	U	Y	T	Z	I	T	K	M	A	E	S	R
Pampas	N	Y	M	P	M	P	A	U	E	Z	K	I	G	W	Y	L	Z
Perene	T	W	I	N	U	A	C	T	U	N	R	A	D	N	M	I	U
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Santa																	
Tigre																	
Tumbes																	
Ucayali																	
Vitor																	
Yaguas																	
Yavari																	

- 62 Straight up
- 63 Vittles
- 64 Not so much
- 65 Cupid's counterpart
- 10 Neptune's realm
- 11 Bohemian dance
- 12 Stage direction
- 14 Heir's concern
- 22 Celestial altar
- 24 Emcee's and singer's tools
- 25 Jeans brand
- 26 Mascara site
- 27 Dairy case item
- 28 Legal claim
- 29 Pollutes
- 30 Plane part
- 31 Extreme suffix
- 33 Brain area
- 34 Content word
- 35 Old mild cath
- 36 Tennis units
- 38 Tourist's aid
- 41 Narrow inlet
- 42 Equestrian gear
- 44 Shake up
- 45 Do penance
- 46 Russ. ballerina Lopokova
- 47 Computer command
- 48 Diets
- 50 Campus building
- 51 Lotion additive
- 52 Jupiter's counterpart
- 53 Allege as fact
- 54 Art ___
- 55 Food scraps
- 59 Wrath

Down

- 1 Empty, like a cupboard
- 2 Paradise lost
- 3 Warty hopper
- 4 Chair part
- 5 Mako, e.g.
- 6 Male deer
- 7 Aquatic plant
- 8 Phobos, to Mars
- 9 Scenic

Solutions From Edition 112 Puzzles

Y	I	E	S	U	O	H	D	R	I	B	V	D	Q	X	S	L
S	Y	O	A	E	L	H	O	Z	V	C	O	A	D	D	I	A
W	L	I	L	B	U	C	K	E	T	S	R	S	E	O	X	S
S	O	L	Z	B	K	N	E	Y	H	K	O	E	S	V	D	P
R	Q	R	A	S	P	D	Y	O	W	R	S	W	X	Q	I	W
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Columnists

The Boca Raton Tribune



FAITH

By Rick Warren

Secrets Of Overcoming Worry

Do you tend to expect the worst? Do you panic when you get a letter with the government tax service address imprinted on the envelope, or when you hear rumors about possible layoffs at work? Do you find yourself worrying even when there is nothing to worry about – convinced something bad is about to happen that you will need to worry about?

The word worry comes from an old English word meaning, “to choke or strangle.” Of course, that’s exactly what worry does to your productivity and happiness. Worry is nothing but a self-defeating waste of time.

In his famous Sermon on the Mount in the Bible’s New Testament, as recounted in Matthew 6:25-34, Jesus presented four reasons for not worrying and also provided two secrets of overcoming it:

WORRY IS UNREASONABLE. To worry about something you **CAN** NOT change is useless. To worry about something you **CAN** change is stupid! And every time you review a worry in your mind it gets bigger and more burdensome. Worry amplifies problems out of proportion. “*Don’t worry about the clothes you need. Life is more than what you wear*” (Matthew 6:25).

WORRY IS UNNATURAL. You were not born a worrier. It is a learned response to life. In fact, you have to practice to become good at it. Fortunately, worry can be *unlearned*. The only species in God’s creation that worries is human beings. We do not believe God will take care of us. “*Birds don’t worry but God takes care of them. Don’t you realize you’re more valuable to God than mere birds?*” (Matthew 6:26).

WORRY IS UNHELPFUL. It does not work. It cannot change the past. It cannot control the future. It only makes you miserable today. Worrying about a problem never solves the problem. “*Who*

of you by worrying can add a single hour to his life?” (Matthew 6:27).

WORRY IS UNNECESSARY. God has promised to take care of you if you will trust him with the details of your life. As a child, if you asked your father for lunch money, you never worried about where it would come from. That was his problem. Let God be God in your life! “*God will take care of you, just have faith*” (Matthew 6:32).

HOW CAN WE FREE OURSELVES FROM THE WORRY HABIT?

First, trust God with every area of your life. Part of our problem in worrying is the realization that there are so many factors in life that we cannot control. Worrying might seem like we are doing something, but in fact it is wasted mental and emotional energy. Trusting God, who is in control, frees us of this burden. “*Your heavenly Father already knows perfectly well what you need and he will provide it if you give him first place in your life and live as he wants you to*” (Matthew 6:32-33).

Second, live just one day at a time. So often we spend time agonizing over what could happen tomorrow or next week, while the challenges of today are still looming over us. Focus on the what, not the what if. “*Do not worry about tomorrow. Each day has enough trouble of its own*” (Matthew 6:34).

Adapted from a column by Dr. Rick Warren, the author of numerous books, including the highly acclaimed, The Purpose-Drive Life, which has been translated into many languages and sold throughout the world. It affirms the importance of having a carefully considered, clearly expressed purpose to guide everyday life. It has been named one of the 100 Christian books that changed the 20th Century. He also has written The Purpose of Christmas.



DIVORCE FLORIDA STYLE

By Mike Gora

Death’s Door

As wife Bonnie and I came away from the front door of a local steak house where we had dinner with our friends Kathy and Joe on August 15th my iPhone called me to attention. I noticed then that I had missed two earlier calls from my daughter Robin as I picked up her third call.

“It’s Matt,” she said, in a breaking voice, referring to my son, her brother, “He’s in the ICU, he might not make it, you better come.”

Matt the 42-year-old, married with two darling girls had mysteriously collapsed in his car while in a shopping center parking lot at 10:30 a.m., after making a small credit card purchase, only to be found five hours later comatose, with the car and air conditioner running.

No planes to Atlanta were available until 6:45 in the morning of the 16th and, of course, I was on it. My daughter, Matt and their mother have lived in Atlanta where they moved after my break up with their mother years ago.

As I turned the corner to Matt’s room I was greeted by daughter and daughter-in-law, Angie, with a group hug and anguished tears. Little had changed since I had talked to my daughter the night before.

I entered his room where his mother greeted me with a look and a sigh that needed no explanation. We had long since put our grievances aside for the sake of the children and ourselves.

Matt was comatose, on a ventilator, attached to typical and unique machines, which kept his pulse rate, blood pressure, breath rate, and monitored his IV solutions, all of which I had seen before. Uniquely, he was being slowly frozen from the neck down in an attempt to force warm oxygenated blood to his brain in hopes of saving him.

Over the next few days tests were administered and good and bad were revealed by the team of physicians charged with saving Matthew’s life. “Matt’s brain stem was alive,” which made his recovery possible, but, “Matt had been with no oxygen for up to ten minutes.” Any longer and he would have died before he reached the hospital. A doctor agreed that it was amazing that he had been in his car for hours, but only lacked oxygen for less than ten minutes before he was found and given oxygen by the paramedics.

The freezing process was later re-

versed, returning temperature to normal after several tedious and frightening hours. Throughout the time we talked to him, held his hand and beseeched him to squeeze our hand if he had heard us. After hours I thought I felt a slight response but was afraid it was my wish, not his command.

Sister caught a real squeeze an hour later. A nurse suggested he wiggle his toes and he did. I had called my friend Howie, a neurologist in Plantation and reported the events. He suggested that there was hope because of the responses.

Matt was stable and kept alive by the ventilator. His doctors predicted a long haul if there was to be a recovery with physical, mental and emotional therapy, but first he had to somehow silently teach himself to breathe on his own. Things stayed the same...until the following Tuesday.

I had returned to Boca Raton with a promise to fly back on a moment’s notice. First my daughter texted me with the news that Matt had been off the “vent” for an hour, and later on Tuesday that he had been taken off entirely, and hopefully forever. And, when asked his name, responded “Matt.” He identified his two daughters and a cousin he had not seen for years.

By the time that I returned to the Hospital on the 24th Matt was able to communicate with a head shake or nod. His wife, mother or sister had taken turns staying in his room with him overnight. I suggested that they take the night off and let me sub.

We watch some NASCR from Bristol together. I helped him with some breathing exercises, and we both dozed on and off between his treatments. By Sunday Matt was reading the headlines in the local paper and seemed saddened by the passing of Neil Armstrong.

Two weeks out and Matt is no longer in ICU and is on his feet with the help of the hospital’s physical therapists.

Matt has a long way to go, but I think that none of it would have been possible without the help of his wife, mother, sister and the professional staff of doctors, nurses, and technicians at Gwinnett Medical Center.

Oh yes, and the prayers of his family, many friends and many others of all religions and races who are connected with our family. God bless you all.

Michael H. Gora has been certified by the Board of Specialization of The Florida Bar as a specialist in family and matrimonial law and is a partner with Shapiro Blasi Wasserman & Gora P.A. in Boca Raton. Mr. Gora may be reached at <mailto:mhgora@sbwlawfirm.com>.

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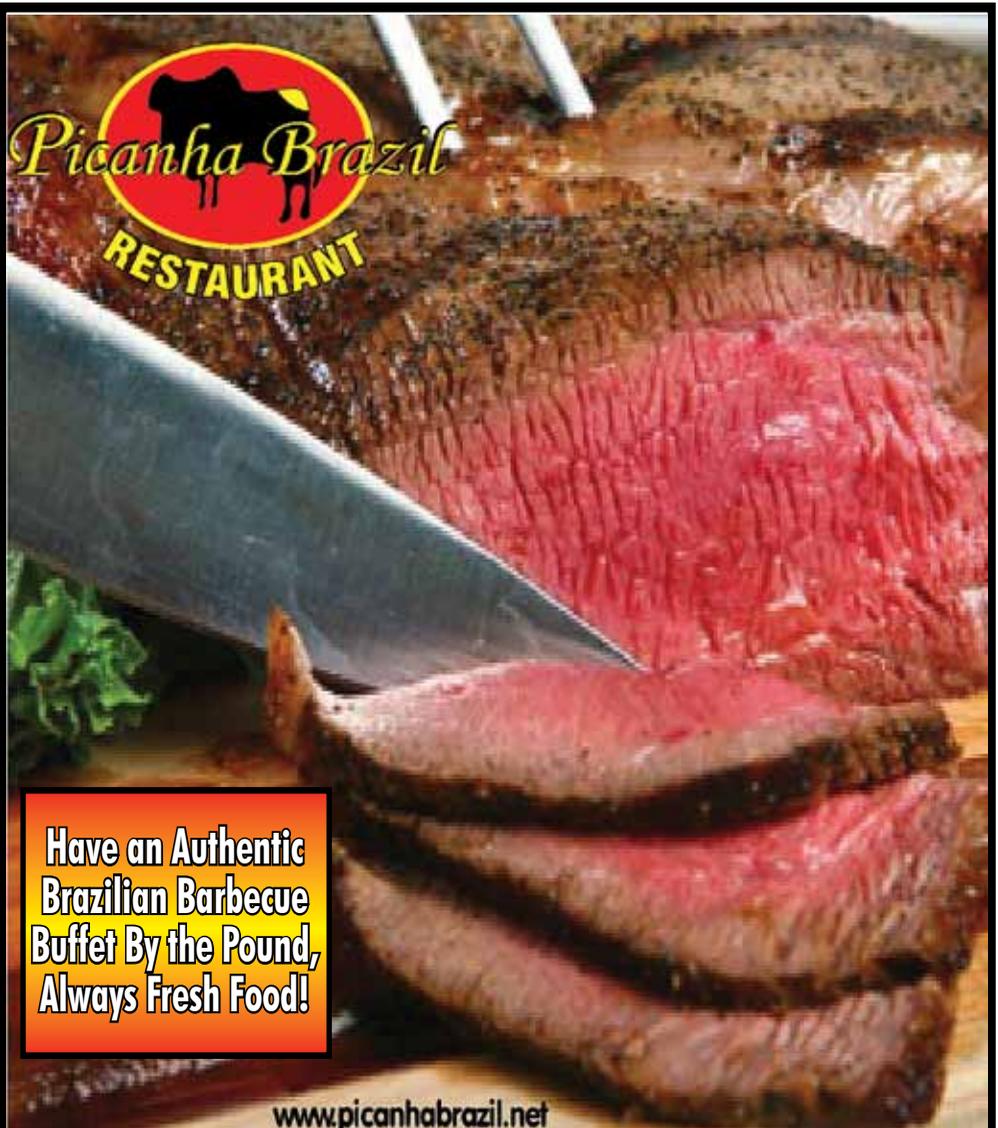
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Sports

The Boca Raton Tribune

NASL Announce New Split-Season Format for 2013

By: Pedro Heizer

With the NASL growing in 2013 with the addition of the historic New York Cosmos and then again in 2014 with the Ottawa Fury, it seems right for the NASL to do something different with the way their schedule is played.

With six of the eight teams currently making the playoffs, it almost makes the NASL regular season mean nothing. But, earlier today the NASL announced some exciting news regarding the 2013 season.

Beginning in 2013, the regular season will feature two separate and distinct round-robin competitions with the winners of each competition meeting in a single game on the weekend following the conclusion of the second competition.

The winner of that match will claim the historic Soccer Bowl trophy as the NASL champions.

"Our Scheduling Sub-Committee arrived at this recommendation after an exhaustive review of a number of alternatives," said NASL Commissioner David Downs, "and the new format takes into consideration a variety of factors including fan and player comfort in our

many warm-weather cities." "But the bottom line," Downs added, "is that we believe this new competitive format will bring more excitement and meaning to each of our regular season matches for all of our teams throughout the year."

Each individual championship will consist of a full round-robin schedule in which each NASL team plays every other NASL team once at home and once on the road. Other than the tie-breaking procedure to determine the opponent for the spring championship winner in the Soccer Bowl, there will be no carryover of points from the spring to the fall competition.

The spring championship starts in late March or early April and will conclude on Thursday, July 4.

Teams will then have about one month before the start of the second championship and each team is free during that period to prepare for that competition as they see fit, kind of like an "off-season" of sorts.

The break will occur during the international transfer window that is open throughout much of Europe, Latin America and North America.

The fall championship will start July

or early August and run through November 2.

After the conclusion of the fall championship, the winner of the spring championship will host the winner of the fall championship for the NASL Soccer Bowl.

If the winner of the spring championship is the same as the fall championship, the team with the second-best record in the full year's game will play the champion.

I for one am very excited for this new format. I've been reading on some of the reaction out there, there's some positive, but there's also some very negative.

While talking to some people, they voiced two big concerns: 1) the lack of a two-leg championship final and 2) allowing the spring champion to host the Soccer Bowl instead of the team with the best overall record over the entire year.

They are understandable concerns but they are simple to answer.

Holding a one-game final would be an easier and, more practical package for potential television partners as opposed to trying to sell them on two games a week apart.

Furthermore, there is a huge problem with prolonged playoffs in the lower

divisions of U.S. soccer due to travel costs. Travels that must be arranged and purchased on short notice are usually tickets that are at their highest. Cutting the postseason to a single game eliminates those short-term costs for all but one team (more on this blow).

In regards to the winner of the spring tournament hosting the Soccer Bowl that's simple, knowing the site of the championship final months in advance allows media partners, league officials, referees and even fans to plan for that location.

Let's say the winner of the Fall Championship clinches their title several weeks before the end of that, they can begin to arrange travel plans then as opposed to potentially having to wait until the week before the final to determine the team with the best overall record and, thus, the host site.

Personally, I think David Downs and the rest of the NASL have done a good job in trying to make the NASL an exciting league to watch.

Like with every announcement, no one is ever fully satisfied but include me in the group of people that agrees to this new format.

Shorthanded Strikers Unable To Upend Rival Rowdies

FORT LAUDERDALE, Fla. (Sept. 1, 2012) – The Fort Lauderdale Strikers (9W-6T-9L) lost 3-0 to the Tampa Bay Rowdies (11W-6T-7L) in front of 5,659 fans at Lockhart Stadium on Saturday night. Fort Lauderdale were put shorthanded in the 19th minute when midfielder Michael Tetteh was shown a red card for violent conduct after he retaliated against Tampa Bay's Andres Arango for a foul. The Strikers nearly took leads in the first and second half before the Rowdies broke through in the 78th minute. The Strikers are now in fifth place after a

win by Carolina in their match. Fort Lauderdale faces Puerto Rico next Saturday at Lockhart Stadium on Sept. 8.

"You can't expect a team to play 70 minutes down a man and hang on like that, but I'm proud of our guys effort," said Strikers head coach Daryl Shore.

After the red card was issued to Tetteh, the Strikers continued to press and had several opportunities to score. Coming out of half time, forward Andy Herron was subbed on for Abe Thompson and produced a scoring chance almost immediately. Herron was put through on goal

behind the Rowdies defense and put the ball in the net. Unfortunately Herron was whistled for being offside and the Strikers were forced to regroup.

The match stayed tight until the 78th minute when Raphael Cox scored for Tampa Bay off a Luke Mulholland corner kick. Takuya Yamada flicked a header into the small area and Cox redirected the ball past Matt Glaeser.

Pressing for the tie, the Strikers were left vulnerable on the counter attack and were victimized twice. Once by Frankie Sanfilippo in the 82nd minute and again

in second half stoppage time by Carl Cort.

"It was a must win game for us to get into second place," said Mark Anderson. "We lost our shape a little bit in the second half and they scored off a corner. It's disappointing and I think the ref spoiled it a little bit, but now we have to look forward to Puerto Rico."

The Strikers will finish off their three game home stand against the Puerto Rico Islanders on Saturday, Sept. 8, at 7:30p.m. at Lockhart Stadium.

Graham Wilbert Shines in Second Half as FAU Wins Opener Versus Wagner College

It wasn't pretty, but the FAU Owls won their first game under the Carl Pelini regime by defeating Wagner College 7-3 on Friday.

The start of the game was not something that anyone had imagined as Wagner took a 3-0 lead on a 30-yard field goal by David Lopez with 11:13 left in the second quarter and starting quarterback Stephen Curtis struggled.

"There was no sense of panic at halftime. We did make some mistakes but we will learn from this experience. A team's greatest leap should come between the first and second games," said head coach Carl Pelini.

At halftime, Pelini made a quarterback change and put in senior Graham Wilbert and the offense seemed to start clicking.

"We were able to move the ball down the field in the second half," said Wilbert. "We just wanted to win."

Wilbert sparked the offense by connecting 10 of 13 passes for 126 yards and the game-winning touchdown to senior wide receiver Byron Hankerson with 11:36 minutes left to play in the game.

"It felt good to be back out there," said Hankerson. "I was excited to be back out there with my teammates"

When Pelini called his number in the locker room at halftime, Wilbert wasn't surprised

FAU won its first season-opening game since 2010 when they defeated UAB 33-32. The team will open Sun Belt Conference action on Saturday, against Middle Tennessee State University in Murfreesboro, Tenn.

As to what the win means to the program, "It means we are 1-0," said Willbert. "Which is a lot better than what we were last season."

Photos by Bob Markey II
www.MarkeySportsPhoto.com



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High School Football Recap

08/30 - 09/01

Olympic Heights (1-0) 36

Lake Worth 26

The Lions defeated the Trojans on the air and on the ground. Olympic Heights rushed for 286 yards en route to the season-opening win over Lake Worth in Boca Raton.

Senior Jim Derival led the way with 123 yards on just 13 carries and a touchdown. The Lions also had rushing touchdowns by John Cleristor and Wesley Innocent.

Tied at 14 after the first quarter, Olympic Heights linebacker Andy Bien-Aime intercepted a pass and returned it 40 yards for a touchdown as the clock hit zero to put the Lions up 20-14 going into the half.

After Lake Worth's John Cleristor scored on a 23-yard run to make it 36-26, a Luis Peguero interception sealed the deal for the Lions.



Saint Andrews (0-1) 7

Florida Christian 27

The Scots kicked off their 2012 season with a 20-point loss to the hands of Florida Christian on Thursday night in Miami.

Junior, Dylan Richman went 9 for 17 for 119 yards and one interception. Richman also tried to run the ball, but wasn't successful. He record -36 yards on the game while runningback Sean Mooney had 55 yards and a touchdown. Mooney also had four receptions for 38 yards.

Boca Raton Christian (1-0) 42

South Florida HEAT 14

The Blazers (1-0), led by Caleb Hood and A.J. Puente, defeated the South Florida HEAT in Boca Raton on Friday 42-14.

Caleb Hood ran for 100 yards and two touchdowns, and caught four passes for 88 yards and two touchdowns to lead the Blazers.

Quarterback A.J. Puente, who transferred back to Boca Christian after two seasons as a Atlantic High Eagle, threw for two touchdowns and 183 yards.

Freshmen Ryan Rhoden took back an interception 65 yards for a score to help solidify the victory for the Blazers in Boca Raton.



Boca Tribune Ranking:

- | | |
|-----------------------------|-------------------------|
| 1) Boca Raton Bobcats | 5) West Boca Bulls |
| 2) Olympic Heights Lions | 6) Spanish River Sharks |
| 3) Pope John Paul II Eagles | 7) Saint Andrews Scots |
| 4) Boca Raton Blazers | |

Suncoast 14

Spanish River (0-1) 9

The Sharks fell 14-9 in Friday's season opener versus the Suncoast Chargers in Boca Raton.

The Chargers' Jeremy Kennedy rushed for 169 yards on 10 carries, including a 73-yard touchdown in the victory.



Pope John Paul II (1-0) 21

Miami-LaSalle 16

The Eagles held off the visiting LaSalle Royal Lions 21-16 in Friday's season opener.

With the win, Pope John Paul II starts the season 1-0.

Junior running back, Dequan McGriff rushed for 122 yards on 17 carries and two touchdowns in the Eagles 21-16 victory over LaSalle.



Boca Raton (1-0) 28

West Boca (0-1) 19

After a scandalous 2011 season, the Bobcats, led by senior quarterback Kevin Anderson defeated the Bulls 28-19 on Saturday night to start the season off on the right note under coach Lewis Burnham new regime.

Anderson, the county's top-rated quarterback, passed for 109 yards and threw a 32-yard touchdown to Cedric Bryant in the closing moments of the game to seal the deal for the Bobcats.

Tard McCoy ran 68 yards for a touchdown on his only carry of the game and returned the second-half kickoff 95 yards for a touchdown; he also had three catches for 38 yards.

For the Bulls, Eugene Bethea rushed for 104 yards in the loss to Boca.



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