



The Boca Raton Tribune

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How Candidates in Boca Raton Election Really Feel



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Amber Clark and Zoe Hyams reading the Tribune



Send us a picture of you reading The Boca Raton Tribune to pictures@bocaratontribune.com

BOCA RATON – To help voters make educated decision in Tuesday's city election, the Boca Raton Tribune has submitted to both candidates – incumbent Anthony Majhess and incumbent Frank Chapman – questionnaires about their background and feelings on city issues. Questions

are the same on both.

The questionnaires returned by the candidates are printed in today's Boca Raton Tribune, without editing and unchanged by staff. This will provide the electorate with a totally accurate account of how the candidates stand on community issues.

DELRAY BEACH -The five candidates running for a seat on the Delray Beach City Commission were asked to submit their answers to a questionnaire for the Delray Beach Tribune and Delraybeachtribune.com. Only three responded. Christina Morrison did not respond to the questions asked. Instead, she submitted her campaign statement.

Delray Beach Tribune Election Questionnaire



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Boca Police Safety Tip

Q. Where can I get information on obtaining a restraining order?

A. Go to the Clerk of Court's Office at any Palm Beach County Courthouse or you can contact the Palm Beach County Victim Services Department at 561-355-2418 for more information.

Crime and safety questions are answered by officers from the Crime Prevention Unit. For more information, visit www.bocapolice.com.

Boca Raton Police Blotter

BURGLARY TO RESIDENCE 02/27/2012 18:38 NE BOCA BAY COLONY DR

Between the hours of 1145 and 1800 hours, unknown suspect(s) entered the residence through an unlocked east slider door. Taken were miscellaneous jewelry from the master bedroom, iPod and a digital camera. No witnesses to incident and no signs of forced entry/exit.

THEFT/ PICKPOCKET 02/28/2012 13:47 6000 W. GLADES RD
Unknown suspect stole the victim's black Iphone4 from her bag while she was inside Macy's on 02/26/12 between 1700 and 1754 hours. The find my phone application tracked to a location in Estancia on Giralda Circle at 1754 hours.

SHOPLIFTING/ RETAIL THEFT 02/27/2012 21:25 NE 5TH AVE
On 2/27/12 2 men described stole over \$1,000 worth of liquor from Fifth Avenue Liquors while distracting the clerk. The clerk realized this after they left. They were in their late 20s to mid 30s, both about 6 feet tall. One was thin with a shaved head, clean shaven, with gold teeth, wearing an orange hoodie with a Miami Dolphins logo on the front, baggy black shorts, black shoes with orange laces, and a white undershirt. The other was clean shaven, medium build, wearing a black t-shirt, dark pants, dark shoes, and a black/white New York Yankees hat.

BURGLARY/ THEFT FROM AUTO 03/01/2012 13:41 S. ROGERS CIRCLE

Victim reported that unknown person(s) entered her green 1993 Ford Explorer sometime between 0920 hours and 1320 hours on this date. A brown Coach purse containing \$4,200.00 in cash and a bank debit card were taken. No signs of forced entry.

TRESPASSING 02/27/2012 103 W. PALMETTO PARK ROAD
Henry Farrell, 49, was arrested for trespassing after warning at 103 W Palmetto Park Rd. He was transported to Palm Beach Cty Jail.

Quote of the Week:

Therefore they shall eat the fruit of their own way, and shall be filled with their own devices; 1:31

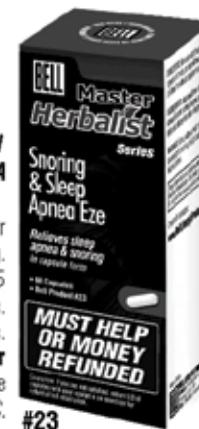
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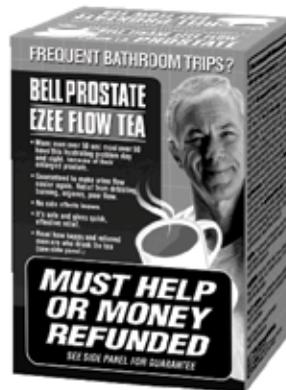
SNORING? SLEEP APNEA?

Often snorers also have sleep apnea which causes being tired all day, high blood pressure, heart attacks, strokes, irregular heartbeats (per FDA website). Millions suffer needlessly and can stop their nightly ordeals.

To my surprise, after taking **Bell Snoring & Sleep Apnea Relief #23** I really didn't snore or gasp for air anymore. I sleep through the night and feel rested and refreshed in the morning. **Mark Wilson, 40, Hudson, NH ■ Sleep apnea capsules worked first night!** For last 15 years I had sleep apnea and my doctor made me buy a CPAP machine, which I could not use. Finally Bell #23 helped the first night and every night thereafter. Like a miracle. Unbelievable. **Karen Braun, 67, Glace Bay, NS ■ For 20 years I was waking up frequently gasping for air.** During the day I would start napping every time I would sit down, because I was tired. Since taking Bell #23 sleeping 6 hours is heaven. It made a substantial change in my life. **Mary C. Myrick, 62, Jackson, MS ■ It is such a joy not having to use the CPAP machine.** I have had sleep apnea for 10 years. Using Bell#23, my wife says there is no more snoring or stoppage of breathing. It is such a joy to be able to roll to left or right with no hose or mask to deal with. Thank you Bell for a great relief. I suggest anyone with these problems to try it. You will be overjoyed with the results. **Wayne Burse, 63, Beamsville, ON. ■ Lost my husband because of sleep apnea in 2011.** I had sleep apnea, too. I was scared to go to bed and have an heart attack like my husband. After taking Bell #23 I can now sleep for 5-6 hours peacefully without gasping for air. A blessing. **Suzie Weigel, 60, Chattanooga, TN ■ No need to make claims. Bell relays 100% truthful user's free speech. No money is paid for it. No questions asked guarantee.**



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Community News

The Boca Raton Tribune

The Emporer Has No Clothes.... at Least Not In This Boca Raton Election Cycle....

By Al Zucaro

In the past, I have written articles singing the praises of Boca Raton as a 'great' community with 'great' people and a 'great' future.... Well the last few weeks has been anything but 'great'. Politics' ugly face has surfaced and the local political claws are nothing short of incredible.

From as high up as the Mayor, the ultimate 'Black Hand' of politics is manipulating the message, distorting the record and attacking personal integrity without any real debate on the issues that will make this community continue to be 'great'.

For me, the luster has come off.

Why?....

It appears that the establishment is so threatened by the incumbent, Councilman Anthony Majhess, that it has recruited a candidate, Frank H. Chapman to run this race for the incumbent's council seat.

So involved are they, the establishment, that one need not look too hard to see them all over town conspiring ways to unseat this pesky incumbent. The mayor, along with the other council members, has sent out an email endorsing the challenger and condemning the incumbent.

The cocktail circuit, where the mayor and council members travel, is abuzz with a 'story line' on the incumbent that when challenged just does not ring true. All to support the challenger while vilifying the incumbent.

Well let's take a closer look!

The incumbent is charged with being an obstructionist. That he opposes everything and stifles progress. A review of his record of over 500 votes indicates that he has voted 'no' on only 13 occasions prior to this week's vote on the Archstone project, a project well

deserving of his no vote according to many citizens in the Golden Triangle area of the city.

The incumbent is charged with being fired from the city's fire department for being a drug user, a charge that is not supported by any document and flies in the face of his being hired by Palm Beach County's fire department. Further, while in the employ of the city, he received accolades and was even cited for bravery for performance on the job.

The incumbent is charged with voting to raise taxes when his vote was a necessary vote that did not result in a greater tax impact to the citizens but was necessary in light of the lower property values to keep city services at the level expected by the citizens. A vote that a majority of the sitting city council members affirmed as well.

And finally, the incumbent is charged with being a puppet to the fire and police unions when in fact he is responsible for bringing these bargaining units to the table to voluntarily reopen their contracts and 'give back' over one point seven million dollars in benefits during the life of their current contracts.

On the cocktail party circuit and in the development/

business community, the incumbent is charged with being a 'no growth' person who rejects all projects brought forward for council vote.

That is almost laughable. Why?

Because, in Boca Raton under the manager-council form of government, the true power to negotiate with the developer resides with the city manager and not the council. The council merely acts on the information that the city manager allows to be provided. The council has no access to staff or to the negotiations until they are brought forward for vote.

So, not to miss my point, the proper time to ask questions is at the public meeting where the developer is required to bring the project forward and the public is able to see the project and evaluate its impact on their quality of life. In a representative government, like we have here in Boca Raton, this is the most appropriate time to ask the questions.

Oh, the poor developer and the poor staff!

It must be difficult to have to stand up and answer the questions in public rather than in the back rooms of city hall where deals and concessions are cut and the script is actually pieced together so that the public is presented with a sanitized version of the deal.

This incumbent must not have been invited to that party and, even if he was, asking the hard questions so the public is informed is what we elect council people to do.

I make no comment, pro or con, about the challenger as he is not tested and has no public voting track record. We only have his printed materials to tell us how he would vote. He states that he would not raise taxes under

any circumstance, a promise that predisposes outcomes in some instances; he would end the acrimony that apparently paralyzes the city council now; he would cut waste in a city that has cut waste every year for the last five in this down economy; and, he would end corruption in city hall without citing any instance of corruption that needs to be rooted out. We the citizens can only take him at his word for what that may be or not be worth.

The incumbent on the other hand has a track record to run on. He has championed the position of neighborhood interests exemplified by the recent vote on the latest 'back room' proposition that has been homogenized for a public hearing and pushed through the process with lightning speed... Archstone.

Amazing!

To me the true problem is not with the incumbent or with the challenger. Regardless of their positions, it takes a minimum of three votes to get an affirmative action or reject an action at the city council level. So there is a check and balance within the council when they vote on the material that is presented to the public. To me the problem is with the governmental structure, the council-manager form of government. This allows the city manager to answer to no one.

Yes, I said no one!

Arguably the city manager works at the pleasure of the council but the council only has access to the city manager and cannot reach below him to identify facts and circumstances relevant to any vote the council is charged with taking.

Firing the city manager here in Boca Raton appears near impossible. He, appar-

ently, is there for life!

The city manager is untouchable because he never has to face the electorate to be voted out of office if the public is dissatisfied with the city's direction or policy. In short, he is a dictator that dictates the actions of the council and dictates loyalties from and to those that bow to his throne and kiss his ring.

But, to those like me that are willing to say the Emperor has no cloth, watch out. God forbid I should need something from the city. I would just go ask the council and see what power they actually do not have.

So, I prefer an incumbent that will question this process; that will challenge the establishment and that will withstand the pressures and public scorn from a challenger that has already demonstrated a disrespect for the city and its citizens...

Yes, I said disrespect!

Just ride down Palmetto Park Road and count the 56 campaign signs in the public right of way between 5th Avenue and Federal Highway.

Disgraceful!

But he does have the favor of the mayor, the three other council members, the city manager and the developer community who recruited him to be their rubber stamp for now and into the future.

People get the government they deserve!

I leave it up to you, the voter, to decide who you prefer, the incumbent, Councilman Anthony Majhess or the challenger, Frank H. Chapman.

Which of these two has the capacity and desire to continue the hard work in this city's quest to actually be 'great'?

AZ

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There's a reason 4 out of 5 Boca Council members are pushing Frank Chapman



FRANK CHAPMAN:

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Political advertisement paid for and approved by Anthony Majhess for Boca Raton City Council, Seat D.

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Boca Raton City Council Election Questionnaire

BOCA RATON -The two candidates running for a seat on the Boca Raton City Council were asked to submit their answers to a questionnaire for the Boca Raton Tribune and bocaratontribune.com.. Both responded with the following answers and thoughts on a variety of questions asked relating to their palns, strategies and thoughts.

Office Seeking: Boca Raton City Council, Seat D

B Questions



Anthony Majhess



Frank Chapman

ADDRESS/ NEIGHBORHOOD:	298 NE 6th Court, Golden Triangle Neighborhood Association.	Royal Palm
BORN/RAISED:	1968, Coral Gables, Fl (Miami)	Chagrin Falls, Ohio / Boca Raton, Florida
HOW LONG HAVE YOU LIVE IN BOCA?	16 Years.	First moved here in 1983.
WHAT CITIES DID YOU LIVE IN BEFORE COMING TO BOCA?	Coral Gables (Miami), Gainesville, Ocala	Chagrin Falls, Ohio
EDUCATION:	Bachelors – University of Florida - Sociology	Boca Raton Community High School • Bachelors of Business Administration, Accounting Juris Doctorate of Law
OCCUPATION:	Firefighter/Paramedic Palm Beach County Fire Rescue	Attorney
MARITAL STATUS/ FAMILY	Single, No Children	Married to Ann Preston Chapman. Three boys Jack 12, Hugh 9, Jimmy 7 who attend public school.
HOBBIES	Harley Davidson, Boating	Volunteering in Youth Sports, Volunteering at Palm Beach County Legal Aid, Elder Law Section
FUN FACT ABOUT YOURSELF:	I pedaled a bicycle 3,750 miles from Astoria, OR to St. Augustine, FL in 47 days.	Graduated Law School in 2 years
PUBLIC SERVICE EXPERIENCE & CIVIC INVOLVEMENT:	Currently serving three year term on the Boca Raton City Council. Certified Florida firefighter/paramedic for 18 years – delivered two babies, revived and 18 week old infant that was not breathing and has resuscitated countless number of persons. Received a Commendation for Bravery for rescuing a person out of a house fire. Community Activist for responsible development since 2006. Founder and past treasurer of the Golden Triangle Neighborhood Association.	Co-Chairman – Boca Raton Middle, School Advisory Council. Secretary - Addison Mizner Elementary, School Advisory Council. Palm Beach County Legal Aid Society, Senior Advocate Founder and Past President of The Boca Raton Alumni Association Founder and President of Boca Raton Pop Warner Football and Cheerleading.
TIME IN BOCA/ COMMUNITY SERVICE	Lived in Boca for 16 years.	President Boca Raton High School Class of 1986 • Youth Government Mayor 1986 John Futch Memorial Award recipient for the Most Outstanding Student at Boca Raton Community High School • Mentor Boca Raton Community High School Leadership • Coach Boca Raton City Flag Football 2008-2010 • Coach Boca Raton Tackle Football 2009-2011 • President Boca Raton Alumni Association • President Boca Raton Pop Warner Football and Cheerleading
POLITICAL FIGURE YOU ADMIRE MOST AND WHY	I most admire our nation's founding fathers for their courage to stand up in the face of tyranny, conviction to unite under a common purpose and their wisdom to empower the people of America so as to keep our Republic strong. As a council member I try to honor these principles and remain faithful to these ideals by always remembering that the biggest honor in serving is the trust bestowed by the voters in electing me to serve as their voice.	Thomas Jefferson – I admire his bravery and ability to transfer his passion and thought to one of the most intelligent documents ever written, The Declaration of Independence. "We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness." When these words were scribed they changed the course of history of not just The United States, but also for all people throughout the world.

for complete questionnaire go to www.bocaratontribune.com

	Anthony Majhess	Frank Chapman
ARE YOU A CHURCH/ TEMPLE MEMBER?	Yes	Yes
BIGGEST ARCHIEVE- MENT IN LIFE:	My most humbling achievement has been the opportunity to deliver two babies in the line of duty. This remains a source of great personal pride that I was able to play a small part in the blessing of childbirth for another.	My biggest achievement in life was to hold my three boys when they were born and come to the realization that nothing else in the world would ever matter more than their safety, education, and ultimate success.
BIGGEST DISAPOINT- MENT IN LIFE:	I served one and a half years in University of Florida's Air Force ROTC program with the intent of becoming a military pilot. I completed the course and flight hours necessary for my private pilot's license at the age of 18. I regret missing the opportunity to serve active duty in the armed forces and the chance at military aviation.	Although I ultimately succeeded in assisting The Department of Justice Public Integrity Unit in convicting corrupt government officials, I lacked the ability to change the harm that these people inflicted upon ordinary hard working Americans. Corruption must always be prevented and we must remain diligent in our efforts to eliminate the waste and fraud which results from overreaching government.
SOMETHING THAT YOU DREAM (OTHER THAN BEING A COUCIL MEMBER)	My dream is for everyone to realize the impact that small good deeds can have on the lives of others and the sense of fulfillment that comes from serving your fellow man.	I dream that we as a society are able to care for those who cannot care for themselves whether they be children, adults, or seniors and that we make their lives better one step at a time.
WHY IS CITY GOVERNMENT IMPORTANT?	We rely on our city to not only provide the vital services we depend upon like public safety, clean water, and sanitation services but also to foster the sense of community that drew each of us to make Boca Raton our home. Boca is truly a unique place to live and work and it is the duty of our city leaders to protect our community for the benefit of the people they serve. That means in addition to the vital services I mentioned previously, also the highest caliber of parks and recreation, green space, architectural and building standards, good roads and a commitment to protecting the value and quality of life enjoyed in every neighborhood by every citizen.	City government is important due to the fact that it impacts our lives on a more basic level than any other level of government. City Council is tasked with long term planning in our city, public safety and makes the ultimate decisions that impact our local levels of service and quality of life. It is my hope my ability to make good, reasonable and sound decisions will to the future success of Boca Raton.
AS A MEMBER OF THE BOCA RATON CITY COMMISSION, NAME YOUR THREE TOP PRIORITIES FOR THE CITY.	Smart budgeting to keep taxes low Highest caliber of public safety to protect life and property Protecting our city from overdevelopment and a degradation of our quality of life	Budget — keeping taxes low and cutting expenses. Jobs — create new high paying jobs, and protect the jobs we have. Education — improve student achievement and increase local control while fighting to cut bureaucratic waste.
DESCRIBE HOW YOU PLAN TO IMPLI- MENT YOUR TOP THREE PRIORITIES	I will continue to ask the tough questions and stand up to any special interest who puts their needs ahead of the residents I serve. I will be an unwavering voice of the people and never back down from doing what is right for the voters who have entrusted me to serve.	I think that my strongest quality is my ability to build consensus and be reasonable in my opinions. My education and experience has given me the foundation necessary to analyze our financial challenges and identify effective solutions to stop tax increases and create an environment that will incubate economic expansion. My firm commitment to the principles of education and belief that we can always do better will allow me to guide, complement, and assist the education decision making process resulting in further improvements to the entire educational system from Kindergarten through College.
WHAT'S YOUR VISION FOR THE CITY?	Insist on a primary focus on the citizen taxpayers of Boca Raton and their desire to receive quality services from their government at a fair and honest cost and a commitment to protecting their property values and quality of life at all times.	My vision for the city includes lower taxes with a sustainably balanced budget, a vibrant downtown, safe and secure neighborhoods, high-achieving schools and a revitalized economic base consisting of technology, bricks & mortar and mom & pop businesses that create and keep jobs.
For or Against in Boca? A. parking meters? B. traffic light cameras? C. raising taxes to balance city budget? D. allocating money for economic development in city budget? E. layoffs to balance city budget?	A. - AGAINST B. - AGAINST C. - AGAINST D. - Only within existing resources E. - I would not support layoffs to critical life safety personnel that would put life and property of our residents at risk.	A. - AGAINST B. - AGAINST C. - AGAINST D. - FOR E. - FOR
Would you describe your opponent's campaign as positive, negative or neither, and why	Mr. Chapman has run a campaign of insults, name calling and attacks that disregard the truth, deny the voters the opportunity for a meaningful debate of the issues, and contribute to an overall disdain for the political process.	My opponent has hidden behind anonymous Tallahassee and West Palm Beach political groups that have relentlessly and unfairly attacked me. He has mischaracterized my record and experience in a way that is negative.
What are your plans for creating more jobs in Boca Raton and Palm Beach County?	The most important thing the city can do is to be good stewards of taxpayer money. We must keep taxes low and minimize the regulatory burdens of commerce in our city in order to encourage job creation, corporate relocations, and economic development to create jobs.	My plan begins with stopping tax increases my opponent has supported because they send the wrong message. I will champion a proactive recruitment program to attract technology businesses to Boca Raton with incentives and a cooperative approach with the BDB.
How will you, as a council member, vote on the Archstone apartment project proposed for Palmetto Park Road?	Since no study was done on the traffic impacts at Palmetto Park Road and 5th Avenue, and no real discussion took place about the planning of the area to include the future of the Waterfront (Wildflower property) and the already approved 220 units on the south side of Palmetto, I voted NO on the project. The existing Council has been evaluating projects one at a time as if they will exist in a vacuum rather than taking a comprehensive look at the entire region.	The project has been approved by a majority of the Council.

Questionnaire continued on pg. 10

for complete questionnaire go to www.bocaratontribune.com

The Boca Raton Tribune

Founded January 15, 2010

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DINI HEIZER: *C.O.O*
CHRIS CATAGGIO: *C.M.O***EDITORIAL***By Dale King***Beware of cars with keyless ignitions.
They can be source of carbon monoxide**

My wife and I were watching the late night local news the other night when a report came on about two West Boca residents who were found dead of apparent carbon monoxide poisoning in their home.

This has happened before, in Boca, West Boca and Delray Beach – and that is, far and away, too many.

It seems difficult to me to leave a car running in a garage. That's true if a car has a key – and you have to turn the key and take it out of the ignition before you leave the vehicle.

It's more likely that carbon monoxide deaths are the result of keyless ignition cars that are showing up more and more often on today's highways. And they have the potential for deadly consequences.

I was reading a report online from NBC News recently that told how keyless ignition vehicles are causing concerns after drivers who left engines running in attached garages died of carbon monoxide poisoning in their sleep.

NBC said Mary Rive-

ra of New York survived the carbon monoxide poisoning that killed her longtime partner, Ernie Codelia. Rivera's lawyer, Noah Kushlefsky, said the feature lacks adequate warning and didn't stop Rivera from inadvertently leaving her car running, even though the fob - the security device that allows keyless entry to work - was separated from the car by both distance and time.

"The engine should shut off after a specific period of time of inactivity," Kushlefsky said. "It's a problem that's only going to be magnified as more cars end up on the road with keyless start."

The National Highway Traffic Safety Administration is now considering tighter restrictions which would standardize keyless ignition technology due to concerns of carbon monoxide poisoning, vehicle roll-away thefts and shutting off moving vehicles in an emergency.

Until that happens, those who have keyless ignition cars (I don't – and probably never will) must take extra precau-

tion when shutting them down for the night – particularly if they are in attached garages.

**SAD FAREWELL
TO DAVY JONES**

When I went off to college in the fall of 1966, I remember a funky kind of TV show that hit the airwaves that season.

It opened with four guys with sugar bowl haircuts singing: "Here we come, walkin' down the street, we get the funniest looks from, everyone we meet. HEY, HEY, we're the Monkees..." and so on.

I didn't care much for the song. But I loved the group. And I just heard that one very popular member of that foursome, Davy Jones, passed away at his home not far from here in the Indian-town area.

Davy was just 66. And while he didn't have the worldwide appeal of Whitney Houston, he meant an awful lot to a group of us 60's kids – and to another generation that caught their show in reruns.

If you're expecting me to tell you that I met Davy Jones, you're not

exactly right. I did see a show featuring him, Peter Tork and Mickey Dolenz at Foxboro Stadium in Massachusetts in 1986, when the group rejoined and took its act on the road. But face to face? Unfortunately, no.

With seats on the 10 yard line, I didn't see much of the group – except what I could see on the Jumbotron. But I could see the stage on the 50 yard line – and occasionally one or two of them would bounce to the edge of the stage.

Was I a fan? Well, let me say this. My Beatles albums were the only things in my record trove that numbered more than my Monkees' albums.

I think the Monkees got a bad rap. They were sort of hustled to the back burner as Beatles wanna-bes hooked up to create a TV show. Well, that's true, but these guys actually had talent. Maybe not the kind you'd find on "American Idol," but they were not talentless chumps.

So, goodbye, Davy. You certainly will be welcome in rock 'n' roll heaven.

Letter Guidelines

Letters must be signed with name clearly legible along with a phone number and complete address. No unsigned or anonymous letters will be considered for publication. The Boca Raton Tribune reserves the right to edit the letters for

spelling, grammar, news style, good taste and available space. Letters from the same author will not be published more often than every 60 days. E-mails to columnists may be used as letters to the editor.

All letters to the editor should be sent to:

The Boca Raton Tribune,
P.O. Box 970593 - Boca Raton, FL 33497

Letters to the Editor

To the Boca Raton Tribune:
I am adding the Art of Music as part of the programs at The Heart Painter, Inc. The date for the launch of my additional programs is March 25th from 3-7 p.m. Our agenda will include filming for a television documentary about the life and development of Pop Star Jason Derulo who is currently on Warner Brother's label. Live Entertainment, snacks and refreshments will be provided.

From my heart to yours,
Evelyn Ballin
The Heart Painter

To the Editor

The Palm Beach County Cultural Council has issued a call for artists to participate in the first juried exhibition in the Council's new home in downtown Lake Worth. The exhibition will run from May 5 through August 4. All professional artists who reside in Palm Beach County may submit up to three recent artworks from the past three years for consideration by a jury panel of local professionals. Deadline is March 17. Visit [HYPERLINK "http://www.palmbeachculture.com/calltoartists"](http://www.palmbeachculture.com/calltoartists) \t "_blank" www.palmbeachculture.com/calltoartists for more information.

Sincerely,
Gary Schweikhart, PR-BS, Inc.
Media Contact

Dear Dale,
We had a great time at our first-ever Community Cookout! Thank you to everyone who came out and enjoyed a beautiful day! Our membership breakfast is this Thursday, March 8, at Via Mizner Golf & Country Club.

Sincerely,
Troy McLellan
President and CEO
Greater Boca Raton Chamber of Commerce



THOUGHTS FROM THE PUBLISHER

By Douglas Heizer

I HAVE A DREAM....

Maybe I am innocent or just a romantic. Maybe for some people I can be stupid. But I am a dreamer.

I have been involved in politics since I was in junior high school. I was the editor for my school paper. I ran held all of the possible office positions during my school years.

During high school, I dreamed a little further and with some students from other schools, we became the voice of the students in my city against the dictatorial regime in Brazil.

At that time, I used to fight for things that would never really influence my student life. Since I was in private school, born into a wealthy middle class family that provided me everything I needed to succeed in school, I fought for free bus passes, free lunch, better public schools and the right to reinstate our State High School Student Council which was closed by the government.

Although I had a lot of success during junior high and high school, I put a halt to my political career during my collegiate years.

I remember like it was yesterday. During the first day of school, I went to the Student Government Council with a lot of passion and ready to serve. But once I got there, I realized they had a lot of "professional students" planted there by the Works Party (A left wing party). During my younger years, I fought against the extreme right and I couldn't live with the extreme left.

Later on, my political involvement continued in the business field. For 12

years I was director of the State of Rio de Janeiro Chamber of Industry and Commerce. I was the secretary of the Retail Owners Union and many other offices that required my political expertise.

In my city, I was a member of the Mayor's Advisory Team and served on various commissions and boards. Just to give you an idea how young I was when I did all those things, I moved to the USA at the age of 38. My friends used to joke with me, saying that the things I did were for someone that was at least 80.

What is my political dream? My political dream is to see candidates craft their campaign based on who they are, what they will do if elected and how they believe their victory can change peoples' lives. That should be easy.

I believe in a day when Boca Raton City Council candidates Frank Chapman and Anthony Majhess can work together for a better city without attacking each other.

By the way, I want to publicly invite both of them to lunch after the election. It doesn't matter who wins. I dream that I can be a bridge between people. It would be nice if Mayor Susan Whelchel and the other city council members would come to this lunch as well. Do you guys accept my public invitation?

Like I wrote at my last column, nobody is innocent. The Bible says this very clear: "Indeed, there is no one on earth who is righteous, no one who does what is right and nev-

er sins. Ecclesiastes 7:20".

Why be a hypocrite? Why accuse others if you have a lot of things in your life that are "under the carpet"? I will never vote for a candidate that sells him/herself as perfect without any guilt. If a candidate says this, I can guarantee one of their attributes: Hypocrisy.

The world is made for imperfect people who must work to become perfect. I am afraid of the ones that think and speak that they are perfect.

In this edition, we are trying to bring to you, the readers, information you can use to help choose your candidate. They are simple questions that both candidates answer for you.

We also have a columnist who offered his thoughts about our city election. Take a look; then make your choice.

It doesn't matter who wins. I'm not worried about the results: The Bible said: "He changes times and seasons; he deposes kings and raises up others. He gives wisdom to the wise and knowledge to the discerning. Daniel 2:21"

On March 13th, may God Bless Boca Raton and give us the council person that He already chooses. Our job is doing what we need to do, go out and vote! We will have election news and a picture of the winner on the front page of our edition 91.

Before I finish, I have an important statement to make: Don't fool yourself. I am not a perfect person. But I am working hard to be a better one!



POSITIVE LIVING

By Dr. Synesio Lyra, Jr.

Humans Are Social Creatures

At the beginning of the decade of the 1980's, psychologist Eric Berne published a book with an intriguing title: What Do You Say After You Say Hello. I never read the book but the title continues to stimulate a variety of thoughts in my mind about human interactions.

Many people do not know how to go beyond a "hello" to neighbors or to others who extend to them such greeting. Worse yet, several others appear incapable of even saying "hello" to fellow humans who cross their paths and with whom they could engage in meaningful exchanges.

It's true that some people don't have the time to enter into conversation at certain times of day. Others are too shy to engage in dialogue with someone they're just now meeting for the first time. Some also ex-

ist who live in fear of other people and, thus, run away from any possible new contacts, preferring the security of people they supposedly already know.

No one can force other people into conformity to any communication pattern. Persons are unique, have been "fearfully and wonderfully made," and are expected to act in accordance with their own peculiar ways of operating in the world.

At the same time, the human race is composed of social creatures, expected to interact in a variety of ways as each occupies planet earth. Some will be more outgoing than others; several will take initiative more easily than others, especially in approaching fellow humans.

Moreover, an individual is expected to live out the particular script which continues unfolding within each throughout one's life-

time, based on heredity, learning, personal experiences, and the quality of each one's unique personality.

In spite of the wisdom and caution which every person needs to exercise in choosing friends and distancing themselves from undesirable others, there's much to gain when humans strive to live in peace, harmony, truly knowing those with whom they must interact - even seeking others for positive, mutual exchanges.

As the popular song affirms, "people who need people, are the luckiest people in the world." You need not miss all the good that awaits you, coming from others. More importantly, don't deprive other persons from the positive impact you can bring to them, by the way you take the initiative in relating to them as well!

Dr. Synesio Lyra, Jr. is a Florida resident who, for many years, was a professor at the post-graduate level. He is a writer, a sought-after conference speaker, a man who lived in five continents of the world, having received his education in four of them. When he resided in southern California, he wrote a weekly column for the daily "Anaheim Bulletin," which was carried for about six years, until he moved to south Florida.

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Boca Raton City Council Election Questionnaire

Office Seeking:

Boca Raton City Council, Seat D

continued from pg. 7

	Anthony Majhess	Frank Chapman
What type of development do you want for the Wildflower property? Would you reconsider the proposal to build apartments there to draw people to downtown?	No.	First and foremost the site was purchased with taxpayer money, so the public needs access to the waterfront there. It must not be a high traffic generator and should fit into the low impact character of the barrier island of which it is the gateway. I do not support apartments there.
TO Mr. Majhess: If you are re-elected, how will you be able to work effectively with four members of the City Council who endorse the other candidate.	If re-elected I will continue to work for the PEOPLE of Boca Raton and fight to protect their interest at all times. My commitment will always be to act in the best interest of the citizens of Boca Raton. I am a professional who does not hold grudges nor take things personally. March 14th will be a new day.	
TO Mr. Chapman: If you are elected, how will you be able to work effectively with four members of the City Council who have endorsed you? How will you remain independent and not become a "rubber stamp"?		I am an independent thinker. Anyone who knows me knows I am not a rubber stamp for anyone. I have differences on tax policy, pension issues and downtown matters with some on the current council, but I will work cooperatively to address them and not look for personal credit.

First US Ambassador to Israel's daughter to Speak at the Upcoming Festival of the ARTS Boca

The daughter of the first US Ambassador to Israel, Barbara McDonald Stewart, will speak about her experiences during one of the 20th Century's most pivotal times in a presentation during the Festival of Arts in Mizner Park in Boca Raton on Sunday, March 11.

James G. McDonald, League of Nations High Commissioner for Refugees in the 1930s and the first US ambassador to Israel, recognized early on the threat the Nazi regime posed to European Jewry. Because of this he worked tirelessly to warn the world of the coming danger.

His daughter, Dr. Bar-

bara McDonald Stewart is a trained historian and is co-editing a three-volume series of her father's diaries. Published in association with the Museum, McDonald will share this unique perspective of her father's writings that are defining moments of the 20th century.

The event will take place on Sunday, March 11 at 4 p.m. at the Mizner Park Cultural Arts Center, 201 Plaza Real, Boca Raton. Tickets are \$20 and RSVPs to the Museum's Southeast Regional Office at 866.521.9457 or <mailto:southeast@ushmm.org>.

United States Holocaust Memorial Mu-



seum: A living memorial to the Holocaust, the United States Holocaust Memorial Museum inspires citizens and leaders worldwide to confront hatred, prevent genocide, and promote human dignity. Federal support guarantees the Museum's permanent place on the

National Mall, and its far-reaching educational programs and global impact are made possible by generous donors. For more information, visit www.ushmm.org.

Her appearance is part of the United States Holocaust Memorial Museum's speaker series.



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Municipal News

The Boca Raton Tribune

Madeleine Albright Speaks about 'Economy and Security in the 21st Century' at FAU

BOCA RATON, FL (February 29, 2012) – Florida Atlantic University's Alan B. Larkin Symposium on the American Presidency recently hosted former U.S. Secretary of State Madeleine Albright as she lectured on "Economy and Security in the 21st Century." More than 2,300 people attended the event, which took place in the Carole and Barry Kaye Auditorium

at FAU's Student Union, Boca Raton campus.

"The Symposium was a tremendous success this year," said Stephen Engle, FAU professor of history and director of the Larkin Symposium. "Simply put, Dr. Albright is a delightfully engaging and wonderfully articulate person, confirming everything I had read about her. I was deeply gratified by the support of the FAU

community in making this annual symposium one of the signature events of the university."

Albright was introduced by Engle and FAU President Mary Jane Saunders. Albright, who was the 64th and first female secretary of state of the United States, talked about current events and the state of the economy. Her lecture was followed by a question and answer session,

as well as a book signing.

The Alan B. Larkin Symposium on the American Presidency is housed in the department of history in FAU's College of Arts and Letters. The Symposium was founded by the family of the late Alan B. Larkin, who had a passion for history and the American presidency. For more information, visit www.fau.edu/larkin.

see pics on pg. 17



Albright, spoke to an audience of 2,300 at FAU as part of FAU's Alan B. Larkin Symposium on the American Presidency.

Boca, Delray Schedule Municipal Elections on March 13

A single political race will face voters in Boca Raton's March 13 City Council election. In Delray Beach, two seats on the City Commission are up for grabs.

There is also a referendum question regarding length of commission terms.

The Boca contest, already a heated clash, pits incumbent Anthony Majhess against Frank Chapman for Seat D. on the council. Councilwoman Constance Scott, who was

up for re-election this year, nearly had a challenger when Bill Trinka filed his papers. However, he withdrew shortly afterward, citing a personal animus toward collecting political contributions.

www.sun-sentinel.com/community/news/delraybeach?track=tax-delraybeach. In Delray Beach, four people qualified to run for Seat 4 on the City Commission and two candidates, including incumbent Angeleta

Gray, qualified to run for Seat 2.

Voters in Delray Beach will also decide whether to change the length of terms from two to three years, allowing elected officials to serve a total of nine years, or three three-year terms, instead of the current six-year limit.

In the race for Seat 4, Gray will face Victor Kirson, a retired dentist and a frequent visitor to City Commission and other board meetings.

Kirson, 71, has served on the Police and Fire Pension board and opposed cuts that would reduce benefits for police and fire unions.

In 2009, Gray was appointed to the City Commission to replace State Rep. Mack Bernard, D-West Palm Beach, who left the commission to run for state representative. Gray, who also served on the Delray Beach Community Redevelopment Agency board, was elected in March

2010.

Four candidates are running for Seat 4: Former City Commissioner Patricia Archer; Financial Review Board Chairwoman Christina Morrison; Al Jacquet, who is a legislative aide for Bernard; and activist Dave Armstrong.

Seat 4 is currently held by former Mayor Jay Alperin, who was appointed in August after former Commissioner Fred Fetzer resigned, citing health concerns.



Communications Provide Vital Link Between County and Residents

By Commissioner Burt Aaronson - District 5

Like most county departments, our Public Affairs Department is diverse in its responsibilities and undertakings. To develop and maintain a strong positive relationship between your county government and you is one of their highest priorities. One way they achieve this goal is providing publications that communicate information on county services and programs.

The most popular publication is the Guide to Services. Often referred to in my office as the "Yellow Pages" of Government, this alpha-

betical listing of both county and privately operated agencies assists in determining who to contact for answers, information and help. For example, the Guide to Services provides contact information for your federal, state and local officials as well as constitutional officers, municipalities and taxing authorities such as the School District. Chances are, when you contact my office for assistance, the Guide to Services is a tool we reference.

Similar agencies found in the Guide to Services can also be found in our more government-focused Resident Guide. From the impor-

tant business of registering to vote or obtaining parking permits to more leisurely topics such as locating your closest beach, park or library, this pamphlet can help you find information quickly so you can get back to the more important business of living your life. It lists hospitals, pet licensing, trash pickup and recycling, water restrictions, hurricane information and more. Whether you are new to the county or have lived here for years, the Resident Guide is a wonderful tool.

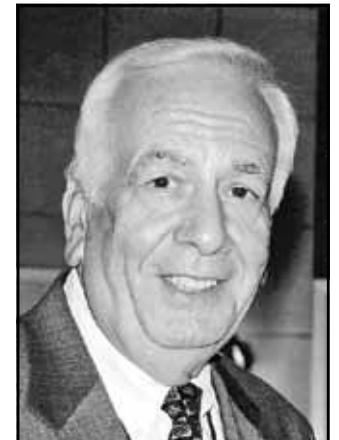
If you are looking for a speaker to come to your business, homeowners association, volunteer groups, and

civic or other organizations, I urge you consult the Speakers Bureau brochure. Knowledgeable representatives from over 30 departments are available to speak county-wide on a variety of topics as a free public service. In fact, many departments will tailor a presentation to fit your specific interests. It is recommended that you schedule a speaker at least two weeks in advance of your meeting to allow sufficient time to meet your needs.

Produced monthly is the PBC TV Program Guide showcasing what is scheduled to air on the County's own Channel 20.

Such programming includes live Board of County Commissioners meetings, various locally produced shows, Community Bulletin Board, information on road construction projects, transit information and general government announcements. You can also watch Channel 20 live online anytime or view the latest local programs on demand at www.pbcgov.com by clicking on Channel 20.

I have truly only scratched the surface. There is much more information available at your fingertips such as the PBC Charter, Palm Tran Riders Guide and the Park



Guide. To obtain copies call my staff at 276-1310 or toll free at 877-930-2205 or email me at baaronso@pbcgov.org.

4 out of 5 Boca Raton Council Members recommend *Frank Chapman for City Council!*



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- MAYOR SUSAN WHELCHEL

*“I think it says alot that the people who
know Anthony best, those of us who
serve with him on the City Council
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- DEPUTY MAYOR SUSAN HAYNIE

www.FrankChapman.com

Political advertisement paid for and approved by Frank Chapman for City Council, Seat D.

SECTION B BOCA LIFE & ARTS

The Boca Raton Tribune

March 9, 2012 through March 15, 2012 • Year II • Number 090

Celebrate “Working” at Caldwell Theatre Company

By Skip Sheffield

Is there anything more universal that work?

Other than eating, sleeping and breathing, probably not. Since 99 percent of us must work at something or other, why not celebrate that fact?

That in a nutshell is the musical “Working,” running through April 1 at Caldwell Theatre Company.

“Working” is a robust, energetic show, based on the book by Studs Terkel (1912-2008), a Pulitzer Prize-winning Chicago radio and print journalist who spent the best part of his life chronicling the joys, trials and sorrows of the workers of the world.

Stephen Schwartz, composer of “Godspell” and “Wicked,” created “Working” in 1977 with Nina Faso. The Caldwell production is a revamped and updated version of the show that de-

tech guy in Mumbai), under the direction of Clive Cholerlton.

The songs are an eclectic lot, composed by Schwartz and a half-dozen other songwriters.

Jim Ballard is a beefy, hairy guy who excels at such manly pursuits as trucker, cop, firefighter and stone mason. Michael Focas, a recent graduate of FAU, plays more white-collar roles. Musical theater veteran Barry Tarallo plays older characters such as wistful “Joe,” but is wonderfully evergreen in the ballad “The Mason” (with Jim Ballard), accompanied by himself on guitar.

If I had to pick a favorite in the female cast it would be Melissa Minyard, simply because she is so lovely, with beautiful soprano to match, so poignant in “Just a Housewife.”

For sheer power, Kareema



body Tells Me How” about the perils of teaching in an ever deteriorating school system.

been a cultural treasure for more than 35 years. It certainly deserves your support; now more than ever before.

Tickets are \$27-\$50. Call 561-241-7432 or go to www.caldwelltheatre.com.

“Sweet Charity” at Sugar Sand Park

Margot Moreland stars in the Boca Raton Theatre Guild production of the musical “Sweet Charity” through March 18 in the Willow Theatre of Sugar Sand Park, 300 S. Military trail, Boca Raton. Carbonell award-winning Moreland belts such numbers as “Hey Big Spender” and “If They Could See Me Now,” in a beloved score that won the show a Tony Award. Playing her best boyfriend is Jeffrey Bruce, with an all-

professional supporting cast. Tickets are just \$20 and may be reserved by calling 561-347-3948.

Sixth Festival of the Arts Boca Kicks Off March 7

The sixth annual Festival of the Arts Boca Raton kicks off at 7:30 p.m. Wednesday, March 7 with a concert by the world-renowned Spanish tenor, Jose Carreras at Mizner Park Amphitheater. Performing at 7:30 p.m. Thursday will be Alfredo Rodriguez and his trio. At 7:30 p.m. Friday, March 9 it's the romantic classic movie “Casablanca” with live accompaniment by the Boca Raton Symphonia orchestra.

Individual tickets are \$20-\$100 Call 866-571-ARTS or go to www.festivaloftheartsboca.org.



buted at the Asolo Theatre in Sarasota in 2008.

There are six members in the cast, representing various segments of American society (and one Indian

Khoury wins hands-down with her gospel-infused delivery and such blue-collar heroes as “Cleanin’ Woman.”

Laura Holdos has her moment to shine on “No-

“Working” is performed with economy in just 90 minutes, no intermission, backed by a lively onstage trio.

Caldwell Theatre has



ENTERTAINMENT

“Billy Elliot” Celebrates the Joy of Dance at Broward Center

See page 19



OLEDA TALKS

See page 19

Israel Cancer Association USA Gala Funds Five Cancer Research Fellowships

PALM BEACH, FL – The many accomplishments of Israel were celebrated at Israel Cancer Association USA's 2012 Gala, "Israel – A Place in Our Hearts", held February 22nd at The Breakers Palm Beach. Ari Rifkin and Gail Worth were Co-Chairmen of the fundraising event, to support groundbreaking cancer research. Herme de Wyman Miro was International Chairman; Rhoda and David Chase, Grand Honorary Chairmen; Lois Pope, Honorary Chairman; and Lexye Aversa, Chairman Emeritus.

Proceeds from the evening will benefit ICA USA, a nonprofit organization established in Palm Beach to fund Cancer Research Fellowships for distinguished Israeli scientists. Every fellowship dollar raised by the charity goes directly to the scientist doing the research – not their institution, or for overhead – a practice unique to ICA. Israel Cancer Association is the

leading health-related charitable organization in Israel, but receives no government funding – depending entirely on private donations. The highly successful gala, under the direction of Mrs. Rifkin and Mrs. Worth, generated funding for six two-year fellowships, at \$22,000 each.

Guests were enthralled with the Photography Exhibition during the welcoming cocktail reception. They experienced compelling photographic vistas of life in Israel taken by Ari Rifkin and Ferenc Illenyi, and a panoramic look at African landscapes and candid wildlife images captured by Ari Rifkin and Eric Zvejnieks. The three talented photographers donated 100% of the proceeds to benefit ICA's cancer research.

Prior to dinner and dancing guests enjoyed a haunting rendition of the Hatikvah by Ronit Josephson, and a virtuoso Musical Interlude by the renowned Houston Chamber Symphony con-

certmaster and violinist Ferenc Illenyi. A Live Auction featured exquisite jewelry pieces generously donated by Marc Hruschka, President and CEO of Chopard; Mike Lemke of Cy Fredrics Jeweler of Chicago; Jared Lehr Designs; and Valentin Magro Jewelers.

Chairman Emeritus Lexye Aversa presented awards to the evening's Benefactors, Nancy & Peter Brown, Rhoda & David Chase, Lois Pope, Ari Rifkin, and Lillian & William Sandler. The Sandler's were also presented a Lifetime Achievement Award for their dedication to ICA USA. Also recognized were: Diamond Sponsor Herme de Wyman Miro; Platinum Sponsors Tammy & Barry Neustein and Donna & Barry Slotnick; and Gold Sponsors Sharon & Roy Apple, Arthur E. Benjamin, Heddy & Bruce Koppel, Stacey & Mark Levy, Patricia & Donald Mintmire, Lee & Harvey L Poppel, and Jean & Jack Skodnek. Corpo-

rate partners were Saks Fifth Avenue and TD Bank.

Among the guests that evening were: Lee Bell, Leona Chanin, Maude Cook, John & Mindy Horvitz; Stephanie Flicker & Peter Freudenberg, Harris Fried, Joan Genser, Suzi & Rick Goldsmith, Evelyn & Seymour Holtzman, Hayden Hosford, Toni Holt Kramer & Robert Kramer, Bob Lappin & Gloria Briggs, Dianne & Peter Meckler, Terry & Joseph Mendozza, Veronica & Alexis Mersentes, Sydelle Meyer, Wilma & Charles Mooney, Faith Morford, Geri & Frank Morrow, Beverly & Herbert Myers, Sharon & Alton O'Neil, Nancy & Ellis Jay Parker, Joan J. Rubin, Deborah & Steven Schwarzberg, Carolyn & Richard Sloane, Ann & Richard Sommer, and Sheila & Larry Wilensky.

Israel Cancer Association USA (ICA USA) is a nonprofit 501 (c) (3) organization established in 1994 in Palm Beach, Florida. Their mis-



(L-R) Ari Rifkin and Gail Worth, Co-Chairmen.

sion is to raise funds for fellowships that support cancer research conducted by brilliant scientists at prominent hospitals, universities and in-

stitutions in Israel for Israel Cancer Association (ICA), the largest and oldest health-related organization in Israel. *see pics pg.17*

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The "Supreme" Mary Wilson Sings for Nat King Cole Generation Hope

By Skip Sheffield

BOCA RATON — The glamorous Cole twins, Casey and Timolin will host a "Generations" benefit for their Boca Raton-based Nat King Cole Generation Hope at 8 p.m. tonight (Thursday, March 8) at B.B. King's Blues Club at City-Place, West Palm Beach.

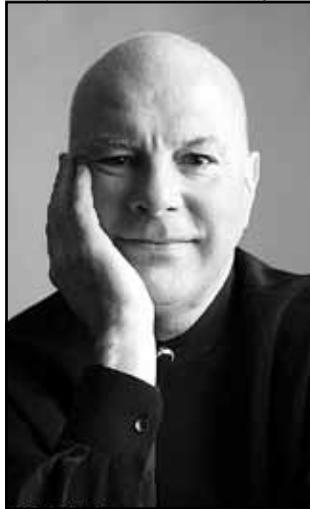
The headliner is Mary Wilson of the Supremes, with singer Brett Lowenstern of Boca Raton; 10-year-old violin prodigy Brianna Kahane and DJ Fono of Roundabout Records.

"We think bringing together musical generations is one of the best ways to preserve our father's legacy," said Timolin of her father, Nat King Cole. "The Nat King Cole Generation Hope is dedicated to providing musical education to student who might not otherwise experience the gift of music. Just this week we presented 25 violins to underprivileged children."

Nat King Cole died when his youngest daughters were only 4, but his rich musical

legacy is carried on by surviving contemporaries, such as Tony Bennett, and younger artists who are discovering his music.

"Tony Bennett will be just one of the artists featured in a PBS documentary on our father, which is now in the plan-



Elmar Oliveira

ning stages," reports Casey. "We thought having our second major benefit in Palm Beach County will extend the

reach of Nat King Cole Generation Hope."

There will be a live auction featuring rare and valuable items donated by personal friends of Nat King Cole. Tickets are \$100. Call 561-213-8209 or go to www.natkingcolefoundation.org/concert.

Atlantic Classical Orchestra Records Live with Elmar Oliveira at Lynn University.

Elmar Oliveira has been artist-in-residence for five years at Lynn University Conservatory of Music. This past Monday was the world renowned violinist's time to shine. The concert marked the local debut of the Atlantic Classical Orchestra which for the first time at Lynn was recording the concert live for the international Artek Record label. On the program was the rarely-heard Schumann Violin concerto. Oliveira's rendition of the 1853 work is likely to become the definitive version for modern audiences.

"The piece was buried for almost 100 years," revealed

Oliveira. "It was finally discovered at the home of a grand niece in Germany. She said it came to her in a séance. It is an extremely difficult piece to play. The last movement is a monster. Maybe that is why it is not played more often."

Robert Schumann was a troubled musical genius who attempted suicide several times and spent the last two years of his life in a mental institution. His Violin Concerto was supposed to debut in London in 1937, but Hitler insisted it debut in Germany, which was then in control of Austria. The work was not played well in its debut, and as a result it got "bad press" from musical critics and was put on the shelf, so to speak.

"I don't even know if there is a recording available," admitted Oliveira. "I know it is taking a chance playing a concerto that hardly anyone knows, but we will be playing it exactly as Schumann wrote it, which has not been done before. Lynn is a spectacular school and it has only gotten



Casey and Timolin, twin daughters of Nat "King" Cole.

better since Jon Robertson joined the faculty. This will make us proud."

"Working" now open

At Caldwell Theatre

Friday is opening night for a new musical version of Studs Terkel's "Working" at Caldwell Theatre, running through April 1.

This is only the second production of this revamped, updated version since its debut

in Chicago. It features music by Stephen Schwartz ("Godspell") who co-wrote the book; Lin Manuel Miranda ("In the Heights") and James Taylor. Director Clive Cholerton describes it as a kind of "Chorus Line" format of monologue and songs.

Tickets are \$27-\$50. Call 561-241-7432 or go to www.caldwelltheatre.com.



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continued from pg.14

SPOTLIGHT

Israel Cancer Association USA Gala Funds Five Cancer Research Fellowships



Joan Rubin.



Eric Zvejnieks with Co-Chairman Ari Rifkin at the Photography Exhibition.



Lois Pope, Honorary Chairman.



Arthur E. Benjamin with Co-Chairman Gail Worth.

photos credit:
Israel Cancer Association



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continued from pg. 11

SPOTLIGHT

Madeleine Albright Speaks about 'Economy and Security in the 21st Century' at FAU



Madeleine Albright and Charna Larkin.



Madeleine Albright, President Saunders, Sherry Plymale.



Madeleine Albright, Steve Engle, Patti Kollander.



Madeleine Albright.



Madeleine Albright, President Saunders.



Madeleine Albright speaks to an audience of 2,300 at FAU'S Alan B. Larkin Symposium on the American Presidency.

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FOOD REVIEW

By Marc Kent

O'Grady's at Marriot for Dining and Dancing!

O'Grady's prix fixe menu offers 5 starters. We chose to sample a pan seared crab cake – a 2 ounce portion of an unusual and pleasant taste with sweet corn, black bean choux and a spicy pomegranate aioli. Unfortunately, the ahi tuna – avocado tartar, while spicy, had very little taste of the tuna. The glazed pork pot stickers with shoyu glaze, kimchee salad garnish and dipping sauce was understated.

The classic Caesar salad had nice shards of romaine with grand padano cheese and the dressing providing taste and texture – a fine choice. The Seacrest salad had petite greens, spiced candied pistachios, figs, goat cheese and hearts of palm in a blackberry/ginger vinaigrette. This is a wonderful combination of ingredients producing a fantastic salad – by all means, try it. The menu soup – sausage lentil soup – was also excellent tasting. The soup of the day was a smooth hot potato leek, great. If it is on your menu, order it!

Some 8 items appear as entrees including grilled swordfish with cherry tomatoes, spinach and a cauliflower risotto; a grilled Delmonico steak, mustard rubbed with asparagus, heart of palm and

parmesan black pepper mashed. The pepper dusted and seared salmon with arugula and beluga lentil ragout has a citrus scented reduction. These were not tasted at this time.

Thankfully, the market fish this day was a broiled sea bass which was magnificent. If it's on your menu, order it as they do it right. We were pleased with orecchiette-pasta with shrimp, scallop, cherry tomatoes and asparagus tips with ricotta salata. Unfortunately, the spice braised lamb shank, while a huge portion, was only so-so in taste. It had no trace of deep lamb flavor – perhaps obscured by the oranges, olives, sweet potato, chickpea hash, cauliflower and citrus gremolata. The Tuscan roasted chicken had little chicken taste, perhaps the flageolet, roasted pears, olives and shallot reduction was, again, too much for chicken flavor to come through. We also found the sauce of celery root puree and mustard reduction – served with the pan roasted duck – too much for any true duck taste to come through.

We were informed that the duck has been dropped from their future menus.

We sampled 4 of the desserts – 3 on the menu plus a special delight-

ful chocolate mousse cake – rich chocolate taste we applaud. The chocolate crème brulee was not to our liking as the chocolate was a bit too cloying in taste. The key lime pie had a great creamy texture with a lovely taste, as did the New York style cheesecake.

There is an extensive list of wines by the glass, pricing in keeping with current charges in the area.

As this is a restaurant in a hotel, the guests and others are treated to piano music solos from 4:30 to 6:30 and duos on piano and vocals from 7:30 to 11PM. Dancing is the trend and the music varies to please the couples on the floor. Call for details!

O'Grady's has a happy hour Monday from 4:30 PM to 6:30PM when a short menu of 5 small plates, 2 pizza choices and reduced price libations can be had.

Open 7 days, from 5PM to 9PM for ordering, the kitchen open till 11PM, the bar to 11:30PM.

Seating 100 at tables, 15 at the bar, the menu is eclectic and changes seasonally.

O'Grady's is located at 10 N. Ocean Boulevard (Atlantic and A1A) in Delray Beach – (561-274-3200) Go and Enjoy!

ORT America Celebrates 90th with the Inaugural International Major Gifts Gala

NEW YORK, NY, March 1, 2012 — ORT America held its Inaugural International Major Gifts Gala on Sunday, February 26, 2012, at the Breakers Hotel in Palm Beach, Florida. Honoring those who have made a significant dedication to ORT America's mission to "Educate and Elevate", guests had the opportunity to meet ORT America officials, World ORT Board of Trustees from across the globe - Argentina, Switzerland, Bulgaria, Israel, South Africa and France, as well as world dignitaries during this special evening. As a pinnacle of the night, guests were treated to a special keynote from His Excellency Ron Prosor, Israel's 16th Permanent Representative to the United Nations.

"We are thrilled to be in Palm Beach, FL to celebrate this great organization's milestone and honored to have Ambassador Prosor as our key note speaker," said Shelley B. Fagel, National President of ORT America.

Guests of the Gala enjoyed a pre-reception where they were able to mingle and speak with each other about the incredible work the organization performs in the United States and around the world. "This is an important night for ORT America as they are celebrating their 90th anniversary in the United States," said Dr. Jean de Gunzburg, President of World ORT (and a descendant of ORT co-founder Horace de Gunzburg). "The Jewish community has undergone

so many transformations over time and it is a true testament to World ORT and ORT America that this global organization has been able to endure the changes and continue to provide superior education around the world."

Following the cocktail hour, guests were escorted into the gala where His Excellency Ambassador Ron Prosor, Israel's newly appointed Permanent Representative to the United Nations, addressed the donors and expressed his gratitude for the contributions to the Jewish community that results from supporters' generosity. "Thank you for spreading the Jewish value of education from Brooklyn to Budapest to Be'er-Sheva. With ORT's support, Israel has become a living, breathing example of innovation and excellence. Together we must continue to invest in Israeli education, which is not only critical for our prosperity, but also vital for our security," said His Excellency.

One such example of this generosity comes from Risa Gordon who passed away last year. Avidly involved in ORT America, Risa willed the sale of her home to ORT America. Her family members, Dr. Robert and Renee Gordon of Palm Beach, FL, who are also involved in ORT America, were in attendance to keep Risa's passion for ORT alive.

Co-chairs of this extraordinary event, Daniel and Meryle Verner, also thanked guests for their generosity and expressed their apprecia-

tion for the commitment to the organization from all ORT supporters. "On this night, we not only celebrate the generosity, vision and commitment of our major givers but come together in the spirit of philanthropy to share a common vision of educating and cultivating young minds for the future," said Daniel and Meryle Verner.

ABOUT ORT AMERICA: ORT America is a Jewish organization committed to strengthening communities throughout the world by educating people against all odds and obstacles. A division of ORT, ORT America supports a global network of schools and training programs that reach throughout the United States, Latin America, Israel, Europe, the Baltic and Commonwealth of Independent States (CIS), and Africa, fulfilling the dreams and aspirations of over 300,000 people in over 60 countries every year. For more details visit: www.ORTamerica.org

ABOUT AMBASSADOR PROSOR: With over two decades of experience at the Ministry of Foreign Affairs, Ambassador Prosor has carved out an international reputation as one of Israel's most distinguished diplomats. As Ambassador to the UN, Mr. Prosor has earned plaudits for his articulate and forthright defense of Israel's position, publishing numerous articles throughout the international press and addressing a broad range of issues.

see pics pg.20



ENTERTAINMENT

By Skip Sheffield

“Billy Elliot” Celebrates the Joy of Dance at Broward Center

“Billy Elliot” is the flip side of Meryl Streep’s Oscar-winning performance as “Iron Lady.”

Running through Sunday, March 11 at Broward Center for the Arts, “Billy Elliot” is a musical version of the 2000 film set in the Margaret Thatcher era of 1984, when the British Prime Minister Thatcher decided to close unprofitable coal mines. Mrs. Thatcher was steadfast in her opposition to union demands, and she became the villain as a result.

Coal was the lifeblood of Durham County in the north of England. The union miners voted to go on strike for their livelihood, provoking the longest, most violent worker-versus-government conflict in British history.

That is conflict No. 1 of “Billy Elliot.” Conflict No. 2



Ginger’s School of Dance. As much as I loved to dance and be the center off attention in a room full of girls, I let the derision discourage me.

The truth of the matter is that real men do dance, and they dance with grace and beauty. It has nothing to do with sexual orientation.

The role of Billy Elliot is very taxing, especially for a

ly Elliot’ is a thing of beauty, meshed perfectly with a spectacular set design the combines blue collar decay with ethereal beauty.

There is a brawny male chorus of miners and cops who clash noisily while moving with balletic grace. There is a corresponding adult female chorus of downtrodden women who come alive as they dance.

There is also a tiny female chorus of adorable would-be ballerinas of various sizes prancing about in their tutus.

There are several scene-stealing secondary roles: Cameron Clifford and Jacob Zelonky alternating as Billy’s cross-dressing best friend Michael; Cynthia Darlow as Billy’s feisty Grandma and Cullen R. Titmas as his fiery older brother.

Elton John’s musical score is quite impressive and expressively played by a powerful band in the pit. The whole show culminates in a rapturous finale that loudly celebrates the joy of dance.

“Billy Elliot” is a show that entertains and delights while poking fun at a grim era in Britain when it looked like everything might go down the tubes. It didn’t, Mrs. Thatcher notwithstanding, and England emerged stronger, not unlike a football player who benefits from studying ballet moves.

Tickets are \$29.95 and up. Call 954-462-0222 or go to www.browardcenter.org.



is that of gender and sexual identity. Billy Elliot, the 11-year-old son of a veteran miner (Rich Hebert) has no interest in the boxing lessons his father can ill afford. What Billy really wants to do is dance; not just ballroom or tap, but real, rarefied dance at the Royal Ballet.

If you’ve never been a kid taking dance classes, you may wonder what is the Big Deal? The Big Deal is chauvinistic, macho notion that real men don’t dance. If you do dance you are a sissy, a queer.

I felt the sting of peer derision when I was taking tap at

young boy. Therefore there are four boys alternating in the role in this touring production.

A mop-topped, dark-haired lad named J.P. Viernes was Billy for the opening night performance. In a word he was terrific. We see the progress of a boy with natural ability under the tutelage of a tough old gal called Mrs. Wilkinson (Leah Hocking).

Mrs. Wilkinson reminded me of my own Ginger; an ex-Broadway hooper with a profound love for dance but a no-nonsense attitude when it comes to class discipline.

The choreography of “Bil-



OLEDA TALKS

Oleda Baker

Rheumatoid Arthritis and Alcohol...Is it a Bad Mix?

Yes...No...it Depends...

Be Careful! A major Scandinavian study showed that consumption of moderate amounts of alcohol reduced the incidence of rheumatoid arthritis by 50%.

That might be true, BUT, don’t misinterpret those results. Drinking can only help prevent the development of Rheumatoid arthritis; IT WORKS JUST THE OPPOSITE IF YOU ALREADY HAVE THE DISEASE.

So, if you already have Rheumatoid arthritis, don’t drink alcohol. Here’s why:

Alcohol interferes with the effectiveness of arthritis medications, making your pain worse.

Rheumatoid arthritis is an inflammatory condition. According to the Annals of Epidemiology, chronic, excessive alcohol increases inflammation in your body.

Medications are essential to cope with osteoarthritis and rheumatoid arthritis. But, taking lots of drugs can damage your liver. Excessive alcohol inflames the liver and affects how it functions.

Too many drinks put you at risk for hypertension, heart disease and stroke. Rheumatoid arthritis is also a risk factor for cardiovascular disease and stroke, according to the American College of Rheumatology.

Alcohol causes weight gain. Yet, health professionals often recommend shedding pounds to help improve rheumatoid arthritis and osteoarthritis.

Alcohol in general flushes vital nutrients from your body, such as the mineral magnesium and vitamin B1

or thiamine. Both are essential to muscle function, which is already compromised when you have arthritis. Also, B1 deficiency can affect nerve function and cause walking problems and weakness in your hands and legs.

Alcohol is dehydrating, which makes your muscles tighter or stiffer; arthritis has a similar effect.

Arthritis can result in bone loss and deterioration. Alcohol thins your bones, making them more prone to damage.

Both alcohol and arthritis disrupt sleep.

Women are twice as likely to be affected by rheumatoid arthritis — and they are more susceptible to the effects of alcohol. This makes drinking alcohol even riskier for women with arthritis.

Does it mean you have to give up your favorite bubbly during holidays, or an after-work cocktail with your colleagues? Well, if you have rheumatoid arthritis, yes, unless you want to suffer more than you already are! But, for occasional imbibes, here are some smart guidelines:

Generally, for women, moderate drinking means one drink (for men it’s two drinks). However, this amount can vary based on your body size. You also need to remember that alcohol interacts with arthritis medications.

Don’t drink even a sip of alcohol if you are taking acetaminophen or methotrexate; even moderate drinking can lead to liver damage.

To avoid stomach problems don’t drink when you

take non-steroidal anti-inflammatory drugs (NSAIDs) or aspirin.

Avoid using narcotic analgesics (such as codeine), muscle relaxants, or sleep medications when you drink; they strengthen the effects of alcohol.

Using alcohol to cope with pain or depression caused by arthritis may be a sign that your treatment isn’t as effective as it should be. Talk to your doctor about better medications and alternative pain remedies such as hot and cold treatments, meditation, or acupuncture. If you’re depressed, seek medical treatment and counseling.

Recent studies show that moderate use of alcohol may have a beneficial effect on the coronary system. In general, for healthy people, one drink per day for women and no more than two drinks per day for men would be considered the maximum amount of alcohol consumption to be considered moderate use. However, the amount of alcohol that a person can drink safely is highly individual, depending on genetics, age, sex, weight and family history, etc.

IMPORTANT: One drink is considered to be:

1-1/4 ounces of distilled liquor (80 proof whiskey, vodka, scotch, or rum)
NOTE THAT 1 ¼ OUNCES IS EQUAL TO ONLY 4 TABLESPOONS.

4-5 ounces of wine
10 ounces of wine cooler
12 ounces of beer

Until next time,
Love, Oleda
Come visit me on facebook.

Oleda Baker, now 76, began her career as a high fashion model with the prestigious Wilhelmina Model Agency, based in New York City and doing print and TV assignments in New York and Europe. She has written ten books on beauty, diet and health.

pics from pg.18

ORT America Celebrates 90th with the Inaugural International Major Gifts Gala



(l-r) Chaim Shacham (Consul General of Israel to Florida), Shelley B. Fagel (OA National President), His Excellency Ambassador Ron Prozor (Permanent Representative from Israel to the United Nations) and Meryle and Daniel Verner of Boca Raton, FL (Co-Chairs, Major Gifts Gala).



(l-r): Chip and Barbara Ross (Boynton Beach, FL), Barbara Siegel (Boynton Beach, FL), Shelley Stewart (Boca Raton FL), Shirley Sokolsky (Boca Raton, FL), the Honorable Toby Feuer (Weston, FL), Lois and Arthur Dermer (Boca Raton, FL).

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Watch Out for Increased Risk of Rip Currents in March and April

According to the NOAA National Weather Service Weather Forecast Office, March and April typically bring an increase in easterly winds to our area which significantly increases the risk of rip currents along east coast beaches.

A sharp increase in drowning deaths and rescues caused by rip currents occurs during the spring months due in part to this shift in the wind patterns. All residents and visitors are strongly urged to heed the advice of ocean rescue lifeguards and swim near a lifeguard.

The Drowning Pre-

vention Coalition (DPC) strongly recommends that everyone always swim in front of a lifeguard at the beach, and to remember "Don't fight, swim left or right," if caught in a rip current. Never swim against a rip current, but rather swim parallel to the shore.

For more information, please visit the DPC website at www.pbcgov.org/dpc and click on Ocean Safety or call 561-616-7068. The coalition is funded by the Palm Beach County Board of County Commissioners and the Children's Services Council of Palm Beach County.

PBSO Nabs 17 in Crackdown on Prostitution

On Thursday, March 1, members of the Palm Beach Sheriff's Office Community Policing Unit conducted an enforcement operation targeting street level prostitution in the Plantation Mobile

Home Park located at Okeechobee Blvd. and Drexel Road, West Palm Beach. The operation resulted in the arrest of 17 individuals on prostitution-related charges.

BLU-PAC Endorses Chapman for Boca Council

BOCA RATON -- Business Leaders United for Boca Raton (BLU-PAC), the political action committee of the Greater Boca Raton Chamber of Commerce, announces the endorsement of Frank Chapman for the 2012 Boca Raton City Council election.

"After extensive interviews and a full vetting of both the candidates running for the Boca Raton City Council seat "D", BLU-PAC has made the deci-

sion to endorse Frank Chapman," said Charles Shane, BLU-PAC Chairman.

"Mr. Chapman brings a new energy and passion to the council and an approach that will demonstrate his business background and real world experience enhancing the vitality and quality of our special community. His common sense approach is in alignment with the Boca Chamber's list of priorities regarding both job creation and

overall economic development for our great city," added Shane.

BLU-PAC was created to help the Greater Boca Raton Chamber of Commerce's members better support state and local candidates who share the community's views on issues important to businesses.

The Greater Boca Raton Chamber of Commerce is a 501(c)6 non-profit organization and the largest Chamber in Palm Beach County, with a member-

ship composed of more than 1,500 companies representing over 35,000 employees in eastern, central, and western Boca Raton and beyond.

Since 1952, the GBRCC has been enabling the community's business people to thrive by providing opportunities for leadership, networking, innovative business programs, education, and giving back to the community.

Two West Boca Residents Found Dead of Carbon Monoxide Poisoning

BOCA RATON -- Two residents were found dead in their Boca Pointe home Thursday, March 1, the result of carbon monoxide poisoning.

They were identified as Adele Ridless, 69, and Mort Victor, 79, both of 8009 Travelers Tree Drive, Boca Raton. Police said next of kin have been notified of the deaths.

According to the sheriff's office, on

Thursday, March 1st approximately 5:10 pm, deputies and firefighters were dispatched to a residence in the 8000 block of Travelers Tree Court, Boca Raton, a subdivision of Boca Pointe.

When deputies arrived, officers were met by two individuals who had just located their friends (male and female) deceased in their residence. Firefighters entered the residence

and found a high reading of carbon monoxide.

While searching the residence, the firefighters located two individuals deceased in the upstairs bedroom.

Shortly before 5 p.m., the friends advised detectives that they had arrived at their friends' residence to take them to the airport. When they didn't answer the door they became concerned, went home to their residence and re-

trieved a key to their friends' home.

They traveled back to the friends' residence, used their key and went inside. They walked through the residence and found their friends deceased. They immediately left the residence and called 911.

The friends were treated by firefighters.

PBSO said two vehicles were found in the garage. Neither one was running.

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Business

The Boca Raton Tribune

Boca Raton Regional Hospital Among Top Providers of Emergency Medicine



BOCA RATON REGIONAL HOSPITAL

BOCA RATON – A report released by HealthGrades, the leading provider of information to help consumers make an informed decision about a physi-

Emergency Medicine Excellence Award for the third consecutive year (2010-2012).

The findings are based on an analysis of more than seven million Medicare patient records from 2008 to 2010.

HealthGrades Emergency Medicine in American Hospitals report focused on 12 of the most common and life-threatening medical emergencies among

that patient population, including heart attack, stroke, pneumonia and chronic obstructive pulmonary disease, or COPD.

Besides the Emergency Medicine Excellence Award, the hospital has been named HealthGrades Distinguished Hospital for Clinical Excellence™ for the eighth year in a row.

In addition, the hospital is the recipient

of HealthGrades 2012 Best 100 Hospitals in the Nation for: Cardiac Care, Stroke Care, Gastrointestinal Care, General Surgery and Prostatectomy in an analysis of patient outcomes at each of the nation's 5,000 nonfederal hospitals.

"We are extremely proud of receiving the HealthGrades Emergency Medicine Excellence

Award, marking the

third year in a row that we have received this honor," said Jerry Fedele, President & Chief Executive Officer of Boca Regional. "We believe it is a strong testimony to both the quality of medicine we provide at the Wold Family Center for Emergency Medicine, as well as to the outstanding partnerships we have with our local EMS."

Free Tax Program Helps Lead Economic Recovery



BOYNTON BEACH – It could be the best kept secret in Palm Beach

County. Families and individuals with a household income under \$50,000, don't have to pay to have their taxes prepared.

Everyone in the county should be proud of this service, as the Volunteer Income Tax Assistance (VITA) Program is pumping millions of dollars into our economy every year.

According to a study by the University of Chicago, in the nine years United Way has of-

fered VITA, the program has had a \$160 million impact on Palm Beach County.

"The VITA Program is one such United Way service that benefits so many in our county, and one that has a huge impact on the local economy. People are using their refunds in such ways that stimulate our local economy. Overall, the VITA Program is helping to improve lives," said Charles Anderson, president and CEO, United Way of Palm Beach County.

Clients pay nothing for the service, which collectively saves them \$1 million a year in preparation fees. Returns are electronically filed and refunds are available in 10-12 days.

The program's IRS-certified VITA volunteer preparers look for

every available credit and deduction. Special attention is focused on the Earned Income Tax Credit, which is designed to help working, low-income individuals and families, many of whom may not know they qualify for it. Last year, \$6.2 million was generated just from this credit.

So far this year, more than 4,000 households have used the service at the 13 VITA sites located throughout the county. Already, they've processed \$9.9 million in refunds.

"Through our Targeted Care Area of income," Anderson said, "United Way of Palm Beach County supports programs that help working families in Palm Beach County achieve financial stability by increasing income and building and sustaining asset."

20 Years on Radio Earns Dr. Bruce Martin Platinum Anniversary Honors

DELRAY BEACH — Few radio personalities can celebrate 20 consecutive years on the airwaves. But local cardiologist Dr. Bruce Martin did just that on February 5, 2012. The live hour talk show, "The Sunday Morning Medical Hour," designed to allow listeners to ask questions of a physician in the comfort of their own home, airs on Sunday mornings from 11 a.m. to noon on WWNN, AM-1470 – and has for the past two decades.

"When I first moved to Florida, I wanted to develop a way of having an educational format in which people could learn about medicine in a relaxed atmosphere, outside a medical office. A radio host asked me to be on to his show and I liked being on the air. It was an engaging way to educate the public. I've been a radio host ever since," said Martin, who currently

shares hosting responsibilities with his medical partner and fellow cardiologist Dr. Bradley Artel.

Most people call about cardiology problems, but Martin also fields calls on all medical subjects. Sometimes it's a current news item, or a caller will pose symptoms of an ailment and Martin will advise him or her of different possible diagnoses.

"During the 20 years I have been on the air, I have covered all kinds of topics, and don't shy away from any of them. This radio program provides listeners the opportunity to ask difficult questions and get straight answers. It also allows us to educate our listeners on important medical topics or misconceptions," stated Martin.

Dr. Bruce Martin is CEO of Boca Delray Cardiology Center, 5130 Linton Boulevard, Suite A2, Delray Beach. Boca Del-



Dr. Bruce Martin has been "on the air" for more than 20 years.

ray Cardiology Center is a state-of-the-art medical/cardiology practice that has been caring for patients in the Boca Raton/Delray Beach area for over 20 years. The office is a 3,200 square foot facility offering advanced testing modalities that allow the physicians to diagnose and treat all aspects of heart disease.

Listeners can hear the live broadcast via radio on WWNN, AM 1470 or on the Internet at www.wwnradio.com.

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BUSINESS BITS

BOCA RATON – DCR Workforce, a leader in VMS and MSP space, especially in niche segments such as defense/aerospace, is making fast strides towards participating in a broad-based opportunity. The company announced that Timothy Holland has joined it as senior vice-president of business development. Holland, an executive leader with a consultative sales approach, will be responsible for strategizing and executing the company's forays into new geographies, verticals and service offerings within the contingent market. He will report to Naveen Dua, CEO of DCR Workforce. "We are pleased to have such a high-caliber and experienced professional join our team," said Dua.

WEST PALM BEACH – A workshop on "How to be Certified as a Disadvantaged, Minority or Woman-Owned Business" will be held March 15 from 2 to 4 p.m. at the Summit Library, West Palm Beach, sponsored by Palm Beach State College. The objectives of this seminar are to demonstrate how to register as a provider of goods or services and to discuss options to become a certified supplier within county, state and federal levels. It will be presented by Carole Hart, procurement specialist. The cost is free. To register, call :561-862-4726.

BOCA RATON – Six highly skilled area executives have partnered to meet a professional need in the South Florida business community. The SCA Group will specialize in providing C-level services to South Florida organizations. The services include strategic counseling, operations optimization, regulatory solutions, technology initiatives, restructuring, mergers and acquisitions planning and support and interim management. This hands-on approach delivers accelerated performance and enhanced stakeholder value. Each of the founding partners has over 25 years of executive management and advisory experience.

BOCA RATON – TherapeuticsMD™, Inc., parent company of vitaMedMD™, LLC, a specialty pharmaceutical company, announced the election of four additional members to its Board of Directors, including Samuel A. Greco, Cooper Collins, Robert V. LaPenta, Jr. and Nicholas Segal. Robert G. Finizio, John C.K. Milligan IV and Dr. Brian Bernick will continue as directors. TherapeuticsMD is a specialty pharmaceutical company focused on the sales, marketing and development of branded and generic pharmaceutical and OTC products primarily for the women's healthcare market.

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The Boca Raton Tribune

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Pet Society

The Boca Raton Tribune

PET OF THE WEEK

Bradford's a Dapper Little Dog Who Hates Being Homeless

Story, photo by Pam D'Addio

BOCA RATON – Hi, this is Bradford.

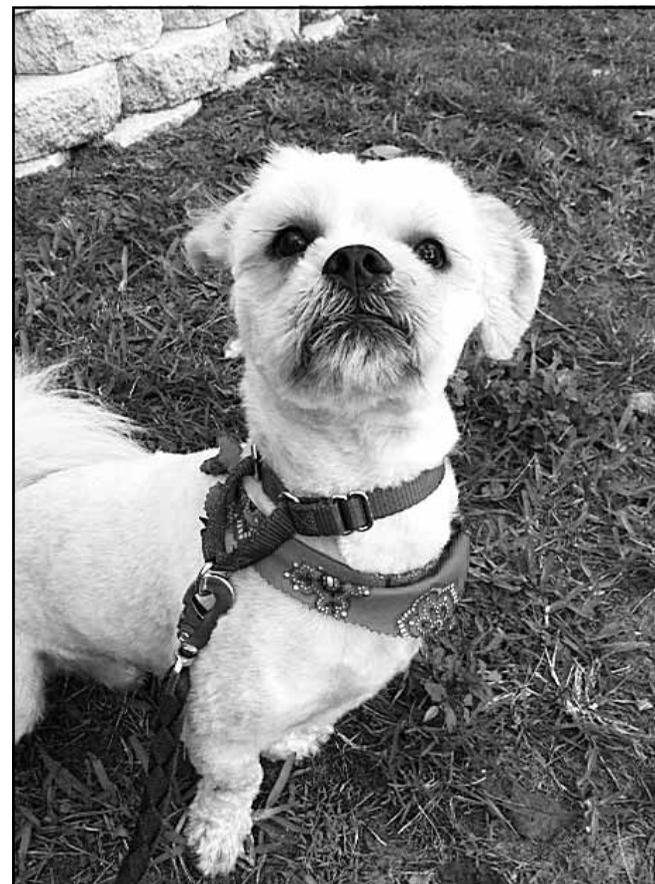
This dapper little dog is appalled to have found himself homeless. He's waiting to catch your eye and your heart. "Bo" for short, he's a 2 year old Lhasa apso who's housebroken and able to live happily with kids, cats and other dogs.

He loves attention and would make a wonderful lap dog for someone who needs to be adored.

He's available for adoption at Tri-County Humane Society, a no-kill animal shelter located at 21287 Boca Rio Road in Boca Raton. The shelter is open for adoptions Tuesday through Sunday, 11 a.m. to 4:30 p.m. Adoption fees for companion animals are \$110 and up.

Animals are heartworm-tested and up-to-date on vaccinations.

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FAITH

By Rick Warren

When People Hurt You At Work

As long as you work with people, the odds are high that they will hurt you at different times. Customers will abuse you. Competitors will lie about you. Associates will betray you. Bosses will not appreciate you.

Sometimes people hurt you intentionally, sometimes they do it unintentionally. It doesn't matter – it still causes pain just the same! The typical response when we are hurt is to become resentful. Resentment is holding onto a hurt. Rather than letting it go, you remember the hurt by reviewing it again and again in your mind. However, rather than making you feel better, resentment only intensifies the hurt. Every time you review it, the hurt seems to get bigger and it feels even more unfair.

The Bible states that resentment is self-defeating and gives three reasons for this:

It is unreasonable. Harboring resentment will not change the past or correct the problem. It just causes you to act in foolish ways. "To worry yourself to

death with resentment is a foolish thing to do" (Job 5:2).

It is unhelpful! Resentment always hurts you more than it does the person you resent. You feel miserable while the offender goes unaffected! "You are only hurting yourself with your anger" (Job 18:4).

It is unhealthy! Physicians say that resentment is an unhealthy emotion. It can literally poison your system. "Some men stay healthy until they die. Others live and die with bitter hearts" (Job 21:23-25).

If all of the above is true, there remains an important question: How should we handle the hurt?

1. REVEAL YOUR HURT. Admit it to someone you trust. And tell God you hurt. Don't repress it – confess it! If you swallow your anger, your stomach will keep score. I say, "Revealing your feeling is the beginning of healing."

2. RELEASE YOUR OFFENDER. Let them go. Forgive them – for your own peace of mind. You will never

stop hurting until you have forgiven them, whether they have requested forgiveness or not. Just remember how much God has forgiven you and trust God to settle the score.

3. REFOCUS YOUR LIFE. As long as you focus on someone you hate – you allow him or her to control you. When you say, "He makes me so mad," you are admitting that he has control over your emotions. Do not simply resist the resentment; replace it with other thoughts. Remember this simple truth: You can only have one thought at a time – and YOU are responsible for that thought!

Adapted from a column by Dr. Rick Warren, the author of numerous books, including the highly acclaimed, *The Purpose-Drive Life*, which has been translated into many languages and sold throughout the world. It affirms the importance of having a carefully considered, clearly expressed purpose to guide everyday life.



DIVORCE FLORIDA STYLE

By Mike Gora

Price of Gas, Part II

"What the heck does the price of gasoline at the pump have to do with divorce law," questioned one of my partners after reading last week's column. Actually it was a reasonably good question, which I decided to explore.

I started my research by reviewing the Florida Family Law Financial Affidavit, written by the Florida Supreme Court, for use in each and every divorce or paternity case in Florida. I began by reviewing the "Average Monthly Expenses" section for the form affidavit.

That section listed 75 different specific categories of usual family expenses. I then counted the number of these categories which directly or indirectly added to the consumption of products incorporating the use of refined gasoline or diesel.

Consumption of these products could

be directly or indirectly related to about 75 percent of the 75 listed categories. In almost every category refined gasoline or diesel can be found at least indirectly. The direct uses are easy to spot: one's own car, truck, motorcycle, motor home, boat or other means of transportation.

However, the cost of transportation becomes more important in month to month expenditures when we realize that it involves such use for all shopping trips, vacations, trips to the doctor, dentist, therapist, church or synagogue, mosque, movie house, or other entertainment, and vacations.

Of course a giant percentage of the cost of the food we shop for, buy and eat includes the costs of growing and transporting the vegetables, meat, and seafood we consume. Years ago a client

maintained about ten ocean going shrimping vessels. Every time the price of diesel when up so did the price of shrimp. The same would be true today as would the passed-along costs of the planting or harvesting of fruits and vegetables, and even the sugar cane which grows abundantly in western Palm Beach County.

From now on I am going to be much more aware of the direction and speed of the price of oil, generally, and in the price of gasoline and diesel at the pump when I discuss cost of living with a client or forensic accountant. We are generally taught, when preparing the affidavits, to average a year's worth of expenses. Perhaps inflationary trends should be factored in, as long as there is statistical back up for a material and reasoned computation.

Michael H. Gora has been certified by the Board of Specialization of The Florida Bar as a specialist in family and matrimonial law and is a partner with Shapiro Blasi Wasserman & Gora P.A. in Boca Raton. Mr. Gora may be reached at mailto:mhgora@sbwlawfirm.com.

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Sunday, March 11 at 3 p.m.
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Monday, March 12 at 10:30 a.m. (Preschool); 2:30 p.m. (Family)
StoryTime: Color Day • No charge • (561) 655-2776

Monday, March 12 at 6 p.m.
Italian Wine Tasting: The Passionate Kitchen with Roberta Sabban
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Wednesday, March 14 at 2:30 p.m.
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Thursday, March 15 at 10:30 a.m. (Preschool); 2:30 p.m. (Family)
StoryTime: St. Patrick's Day • No charge • (561) 655-2776

Thursday, March 15 at 2:30 p.m.
Lecture: Is Venice Sinking? with Prof. Randolph H. Guthrie
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Film: The Princess of Montpensier (Not rated) • \$5 • (561) 655-7226

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Election Questionnaire

Office Seeking: Delray Beach City Commission, Seat #2

DELRAY BEACH -The five candidates running for a seat on the Delray Beach City Commission were asked to submit their answers to a questionnaire for the Delray Beach Tribune and Delraybeachtribune.com. Only three responded. Christina Morrison did not respond to the questions asked. Instead, she submitted her campaign statement.

<p>Questions? Delray Beach Tribune</p>	 <p>Al Jacquet</p>	 <p>Christina Morrison</p>	 <p>Angeleta Gray</p>
<p>Why is city government important?</p>	<p>City government is where the rubber hits the road. Our daily lives are affected more by city/local government than any other level of government. Many residents are losing their homes to foreclosure. City government has the ability to lower or raise property taxes. Our water bill may be sky high. City government decides how much we pay for water and sewer. I support lower taxes and cutting fees.</p>	<p>No response</p>	<p>City government is important because, we are the closest to the people. The decisions we make directly impact our residents and business owners.</p>
<p>What's your vision for the city?</p>	<p>To be more community driven and resident friendly as it should be. Keep taxes and fees low, cut wasteful spending, and enhance and protect the quality of life in all neighborhoods. No parking meters downtown!</p>	<p>Promoting the North Federal and South Federal corridors, in addition to the Congress Avenue corridor, as target areas for future growth. High-end apartment developments are in the works in all three of these areas and these help to form the basis for additional and prudent development in these three corridor areas. By making and keeping our City as "user-friendly" as possible for prudent development in these target areas, it will encourage various developers and companies to invest and build/renovate/beautify the properties in these areas into complementary uses that will enhance these areas and the surrounding neighborhoods.</p>	<p>A city where all of our residents can work, live and play!</p>
<p>As a member of the Delray Beach City Commission, name your three top priorities for the City.</p>	<p>Lower taxes and cut fees, protect single-family neighborhoods from the proliferation of Transient Housing facilities, and manage growth.</p>	<p>Reducing expenses prudently and increasing revenues wherever possible and prudent.</p>	<p>My top three priorities are cutting spending and holding the line on taxes; preserving and protecting our neighborhoods and quality of life; and, economic development – creating policies and incentives that will attract new businesses and higher paying jobs, and help to sustain our existing businesses as well.</p>
<p>Describe how you plan to implement your top three priorities (50 words or less)</p>	<p>Cut wasteful spending (the lower taxes and fees will attract new businesses), tighten our current ordinances while lobbying other levels of government for assistance with potential ADA issues, and incentivize new and diverse businesses to come to our Congress Avenue corridor and the side streets of Atlantic Avenue.</p>	<p>No response</p>	<p>I have worked hard the past three years to hold the line on taxes by cutting spending. I voted against the fire tax. I voted for tougher regulations for Transient Housing facilities. And, I will continue to be an advocate for economic development and attracting new businesses.</p>
<p>What are your thoughts on the redevelopment of the West Atlantic Avenue corridor?</p>	<p>Great start, the CRA has done some good work. We can do better. Let's consider input from WARC and other community stakeholders.</p>	<p>No response</p>	<p>Now that the downtown area has been successfully revitalized, the CRA should adjust its focus to the West Atlantic corridor as promised.</p>

for complete questionnaire go to www.delraybeachtribune.com

Sports

The Boca Raton Tribune

FAU Women's Basketball Wins Dramatic Tournament Game Over North Texas, Advances to Monday Semifinal

Senior forward April Goins' rebound basket with 1.8 seconds remaining gave the Florida Atlantic University women's basketball team a dramatic 56-55 victory over the University of North Texas in Sunday's quarterfinals of the Sun Belt Conference tournament at Hot Springs, Arkansas. It marked the Owls' first victory in SBC tournament history.

FAU, 17-11 for the season, now has a semifinal showdown with the University of Arkansas-Little Rock on Monday, March 5, at 3:30 p.m. The game will be broadcast by the Sun Belt Network on CSS and will be available on ESPN3.com and ESPN

Full Court. The one-point victory margin was the only time that the Owls led the game. The team trailed 33-15 at halftime, but outscored the Mean Green by a 41-22 margin in the second half.

"We made some adjustments throughout the course of the game that worked in our favor against a battle-tested North Texas team," said Chancellor Dugan, FAU's head women's basketball coach. "Our kids have a lot of resolve and fight, and just did not want our season to end tonight."

Florida Atlantic's rally started early in the second half with a 14-7 run trimming the deficit to 11 points

after a free throw by Goins six minutes into the half. Then, that deficit was cut in half with two minutes remaining when sophomore forward Chenise Miller connected on a mid-range jump shot, making it 55-50. Senior guard Teri Stamps drained a three-point field goal to bring the Owls within two points, 55-53, with 43 seconds left after a North Texas turnover.

North Texas' Jasmine Godbolt missed a six-foot jumper with 19 seconds left and FAU's Takia Brooks grabbed the defensive rebound while Stamps was being fouled. The senior captain converted the first free

throw attempt, but missed the second, giving the Texas opponent a 55-54 advantage. Godbolt got the defensive board but threw the ball away for a turnover, giving the Owls a shot to win the game.

With 10 seconds left, Brooks received the inbounds pass and drove down the lane before missing a layup with three seconds left. Goins grabbed the offensive rebound and put it into the basket with 1.8 seconds remaining to give FAU the 56-55 lead. North Texas was unable to get a shot off before the final horn sounded.

"We didn't have a lot of time on the clock when we

got the ball from the turnover," said Dugan. "We told Takia to go to the basket. The lane opened up for her. I thought her shot was going down, but April did a fantastic job of staying with the play."

Goins also thought Brooks' shot was going in, but got in rebounding position early just in case.

"I saw that the ball was hanging on the rim and I just went to a spot where the ball was going to be," said Goins. "I didn't know how much time was left, but I went up strong for the put-back. I'm just glad to help the team win. I'm glad we are playing tomorrow."

FAU closed the game on an 8-0 run to pick up their fourth one-point victory of the season. The team FAU shot 52 percent in the second half and committed just one turnover after halftime.

Miller, a second-team All-Sun Belt Conference selection, scored a career-high 21 points by making nine of 16 shots from the floor. Goins scored all 13 of her points in the second half, while Stamps also chipped in 13 points.

North Texas, which finished the season at 15-16, was led by Tamara Torru with 17 points while Laura McCoy added 12 points.

Strikers Continue to Add Talent to Roster

By: Pedro Heizer

The Fort Lauderdale Strikers continue to build their team for this upcoming season.

Even with the loss of players like Bryan Arguez, Brian Shriver, Martyn Lancaster and Michael Palacio, the Strikers have continued to sign players that complement the roster quite nicely.

In the past week, the Strikers have signed two very dynamic players. The first, Conor Shanosky is a 20 year old on season-long loan from DC United of Major League Soccer and the other is 19 year old Yoximar Granado who was already a member of the Strikers last season.

Both players will be great additions to the Strikers for a few reasons but one of the main reasons is the youthful movement they bring.

"We're getting a good, homegrown player from DC United's academy system," said Strikers head coach Daryl Shore about Conor Shanosky. "He's a big, strong kid who can play holding mid-

fielder or center back for us."

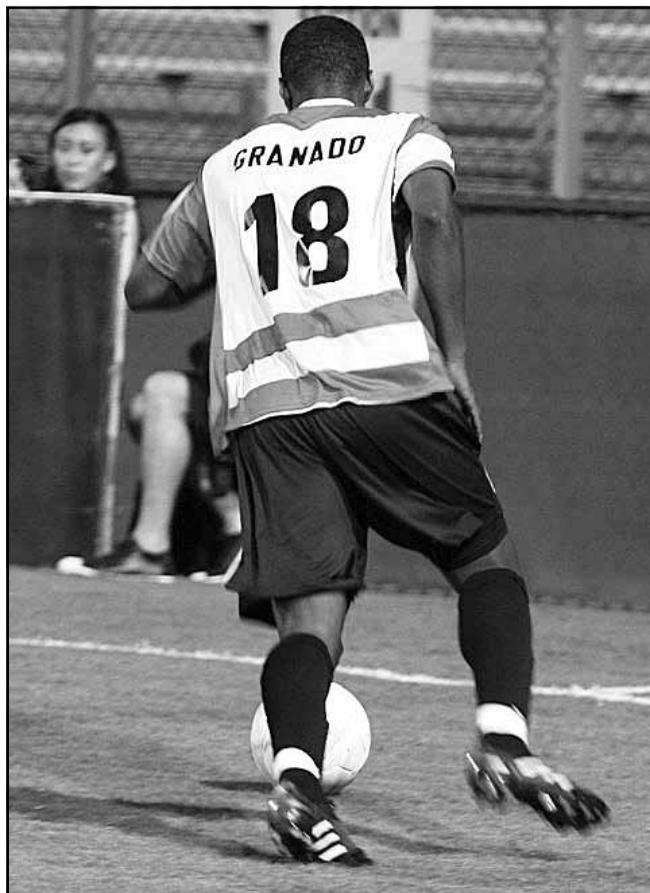
As for what Shore and the rest of the coaching staff expect from the 20 year old this season, "The goal for him is to come here, help us win a championship, and get him game experience so he can help them [DC United] in the future," said Shore.

Coming back for another year is Columbian Yoximar Granado, a midfielder that helped the Strikers on their way to the NASL Championship Series.

"We are happy to have Yoximar back this year," said Strikers head coach Daryl Shore. "He brings good speed to our group and can play a few different spots for us on the right side."

Granado made his debut for the Strikers on April 15, 2011 as substitute. He went on to make five starts in 15 appearances for the Strikers last season and finished the season with one goal and one assist.

Shanosky made his debut for D.C. United's senior team also as a substitute on



May 22, 2011. And was also a member of the U.S. Men's U-20 team who won the 2010 Milk Cup in Northern Ireland.

FAU Fails to win a game in the Sun Belt Conference Tournament Game

By Marcus Nelson

Florida Atlantic's trip to the Sun Belt Conference tournament went like the last one. And the one before that, and the one before that and even the one before that.

The Owls lost in their first game in the tournament for the fourth consecutive time, this time losing to Arkansas State 70-55 on Saturday in Hot Springs, Ark.

The loss brought a sudden end to a disappointing season for the Owls, who finished with a 11-19 record despite being picked by many to win the Sun

Belt Conference and make it to the NCAA Tournament.

Instead FAU was bounced by the Red Wolves, who handed the Owls their fifth consecutive loss.

Arkansas State led by as many as 19 points and dominated the second half after taking a 36-27 lead at halftime.

The Red Wolves were led by Marcus Hooten's 23 points.

FAU's Dennis Mavin had 12 points for the Owls.

Arkansas State will face No. 1 seed Middle Tennessee on Sunday in the quarterfinals.

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FAU Fails to Win at Sun Belt Conference



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SOCCER

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