



The Boca Raton Tribune

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Life & Arts

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Downtown Boca Launches “Friday Night Lights”



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Allison McCormick reading the Tribune



Send us a picture of you reading The Boca Raton Tribune to pictures@bocaratontribune.com

BOCA RATON, FL (February 23, 2012)—Giving residents, businesses and visitors yet another reason to “come early, stay late...where something for everyone awaits” to discover Downtown Boca’s great dining, shopping, culture, entertainment and lifestyle offerings, the destination will launch a monthly open-to-the-public Friday Night LIVE! themed entertainment series on Friday night, March 2nd.

Born from the success of Downtown Boca’s inaugural 2011 Meet Me On The Promenade street-

filling festival, the Friday Night LIVE! series debuts with City Link’s Boca Beerfest, a ticketed event at Mizner Park Amphitheater in March that will feature 100+ brews and a selection of wines, live entertainment, local bands, gourmet food trucks, a cigar and smoking area, a VIP section on the Museum Terrace with unlimited liquor and wine bar and catered food, and other activities with an “after party” at Biergarten.

On the first Friday of every month thereafter, the Friday Night LIVE! series

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FAU Professor Ranks No. 81 in World for Saving a Million Lives



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Boca Police Safety Tip

Q: My son just installed blue LED lights inside of his car. Isn't that illegal?

A: Florida law is very clear on the types of vehicles that can display blue lights. F.S.S 316.2397 outlines that blue lights, lamps, and/or devices can only be displayed by police vehicles or by Dept of Corrections vehicles (when responding to emergencies). All other vehicles are prohibited. Fire vehicles and ambulances are permitted to show or display red lights, and private security vehicles may display amber and/or green lights.

Crime and safety questions are answered by officers from the Crime Prevention Unit. For more information, visit www.bocapolice.com.

Boca Raton Police Blotter

BURGLARY/ THEFT FROM AUTO 02/22/2012 13:16 6000 W GLADES ROAD

Unknown suspect punched the trunk lock of victim's black Audi A8 and stole items from the trunk sometime between 2200 and 2245 hours on 02/07/12.

OTHER THEFT 02/22/2012 0:09 PLAZA REAL

A woman advised police that her purse was stolen between 2230-2359 hours at Ka-Pow. She left it on the bar top while eating and drinking with friends. No suspect information and no video surveillance inside of the business.

IDENTITY THEFT 02/22/2012 9:41 NORTH OCEAN BOULEVARD

The victim advised that she was notified by two credit card companies that someone was trying to open a line of credit using her personal information. She was advised to make a local police report.

VANDALISM 02/22/2012 10:44 CLINT MOORE ROAD

Property Manager of Bocar Condominiums reported that an electrical room door was forced open and the knob was damaged. The manager was advised by other residents that tenant in apartment was responsible for the damage.

MOTOR VEHICLE CHARGES 02/22/2012 1800 W Palmetto Park Road

On 2/22/2012, at 1445 hours, at 1800 W Palmetto Park Road, subsequent to a traffic stop for illegally tinted windows, Alexis Biset-tiechegaray, 43, was issued criminal citations for driving without a license and driving while license suspended. His vehicle was towed, said police.

Quote of the Week:

Nor consented to my counsel, but despised all my reproof; 1:30

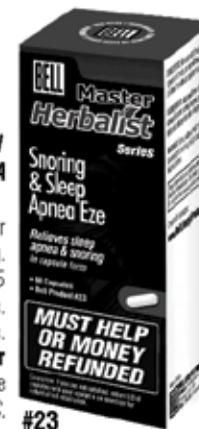
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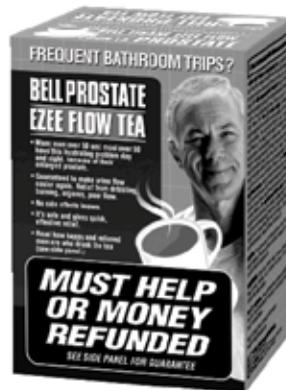
SNORING? SLEEP APNEA?

Often snorers also have sleep apnea which causes being tired all day, high blood pressure, heart attacks, strokes, irregular heartbeats (per FDA website). Millions suffer needlessly and can stop their nightly ordeals.

To my surprise, after taking **Bell Snoring & Sleep Apnea Relief #23** I really didn't snore or gasp for air anymore. I sleep through the night and feel rested and refreshed in the morning. **Mark Wilson, 40, Hudson, NH ■ Sleep apnea capsules worked first night!** For last 15 years I had sleep apnea and my doctor made me buy a CPAP machine, which I could not use. Finally Bell #23 helped the first night and every night thereafter. Like a miracle. Unbelievable. **Karen Braun, 67, Glace Bay, NS ■ For 20 years I was waking up frequently gasping for air.** During the day I would start napping every time I would sit down, because I was tired. Since taking Bell #23 sleeping 6 hours is heaven. It made a substantial change in my life. **Mary C. Myrick, 62, Jackson, MS ■ It is such a joy not having to use the CPAP machine.** I have had sleep apnea for 10 years. Using Bell#23, my wife says there is no more snoring or stoppage of breathing. It is such a joy to be able to roll to left or right with no hose or mask to deal with. Thank you Bell for a great relief. I suggest anyone with these problems to try it. You will be overjoyed with the results. **Wayne Burs, 63, Beamsville, ON. ■ Lost my husband because of sleep apnea in 2011.** I had sleep apnea, too. I was scared to go to bed and have an heart attack like my husband. After taking Bell #23 I can now sleep for 5-6 hours peacefully without gasping for air. A blessing. **Suzie Weigel, 60, Chattanooga, TN ■ No need to make claims. Bell relays 100% truthful user's free speech. No money is paid for it. No questions asked guarantee.**



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Community News

The Boca Raton Tribune

More Than 500 Youth and Volunteers Attend 4-H Day at Capitol



More than 500 Florida 4-H youth and volunteers gathered in Tallahassee this past Wednesday for the an-

nual 4-H Day at the Capitol.

Sporting green shirts with the bold words "I Am the Revolution of Responsibility," this year's message addresses the misconception that youth are not informed of what's going on in their communities and promotes the findings that youth are making a real impact every day.

The event, which is spearheaded by the State 4-H

Council, allows 4-H youth to meet lawmakers and elected officials, including former 4-H member and Commissioner of Agriculture Adam Putnam, and to experience civic engagement first hand.

"This is an excellent opportunity for young 4-H'ers to learn about the government and how it works, as well as senior 4-H'ers to gain more knowledge of their government," said Kai-

lyn Pace, Florida 4-H State Council historian and 2012 4-H Day at the Capitol chair.

4-H Day at the Capitol gives 4-H Youth and volunteers the opportunity to promote to their legislators and government officials the positive impacts of the Florida 4-H program. Last year, Florida 4-H youth completed over 100,000 projects in the area of citizenship and leadership development.

"Our Palm Beach 4-Hers really care about others," said Jon Mayer, 4-H agent in Palm Beach County. "The kids volunteer throughout our community every year. For example, this year they have been collecting toiletries such as toothpaste, soap and other essential items, then donating them to organizations and people in need. Many of them even helped raise funds to make this trip possible."

Founded in 1909, the Florida 4-H Youth Development Program works annually with more than 230,000 young people, ages 5-18, and nearly 15,000 volunteers. The program is active in all 67 counties and the Seminole Tribe of Florida. Headquartered in Gainesville, it's part of the University of Florida's Institute of Food and Agricultural Sciences.

Kultur Festival – the Celebration of Jewish Culture – Returns to FAU

BOCA RATON - Sephardic ballad singer Flory Jagoda, actress Lela Elam, acclaimed storyteller Caren Neile, drummer Reuben Hoch and the award-winning Klezmer Company Orchestra (KCO) are among the artists booked for "Kultur Festival 2012," an annual celebration of Jewish culture that will be held from Saturday, March 3, through Sunday, March 11, on Florida Atlantic University's Boca Raton campus, 777 Glades Road.

Now in its fourth year, the Kultur festival is sponsored

by FAU Libraries and the Jewish Cultural Society (JCS) at FAU. The festival uses film and theater, lectures, storytelling, book arts and music to showcase FAU Libraries' special collections.

All but two of this year's festival events – the "Roots, Rhythm and Soul" concert and "Ladino Songs with Jagoda: The Joe Elias Memorial Concert" – will be held at the Wimberly Library. Parking is free, except at the meters.

On Sunday, March 4, at 3 p.m., at FAU's Carole and Barry Kaye Perform-

ing Arts Auditorium, KCO will present "Roots, Rhythm and Soul," a concert of new



Drummer and composer Reuben Hoch.

arrangements and fresh orchestrations of music influenced by American and Latin Jazz, swing and Negro spirituals. Tickets are \$18, \$28, \$38 and \$43. A celebrity roast and toast dinner to honor KCO music director Aaron Kula will follow the concert. Tickets are \$72.

On Monday, March 5, at 7 p.m., the Florida premiere

of the play "The Gospel According to Jerry" will be presented by Jeffrey Bruce and Miami native Lela Elam. The poignant comedy explores Jewish and black American relationships, stereotypes and spirituality. A question and answer session with playwrights Richard Krevelin and Irwin Kula will follow. Tickets are \$15.

On Tuesday, March 6, at 2 p.m., expert Yiddish singers and Cantors Elliott Dicker and Bill Lieberman will perform "Songs of Love from the Holocaust," a powerful recital of songs from the Holocaust that explores love of family, country and the Jewish people. The program will debut rare music, including "Shifrele's Portrait" and "Es Brent," from FAU Libraries' Jewish sheet music collection. Tickets are \$10.

On Wednesday, March 7, at 2 p.m. Caren Neile, MFA, Ph.D., artist-in-residence, FAU School of Communication and Multimedia Studies,



Sephardic ballad singer and composer Flory Jagoda.

will present "Bubbe Mayses and Beyond," improvisational interpretations of tales from the Old Testament, Jewish folklore and Yiddish literature. Neile is the founding director of the South Florida Storytelling Project at FAU. Tickets are \$10.

On Thursday, March 8 at 7 p.m., drummer Reuben Hoch and the Chassidic Jazz Project will present a unique concert that blends traditional Chassidic melodies with chamber music and contem-

porary jazz. Tickets are \$12.

On Friday, March 9, at 2 p.m., fiber artist Louise Silk will present "The Quilting Path: Fabric, Thread and Kabbalah." Silk, a quilting professional for more than 40 years, explores the mystical practice of Kabbalah through quilting. Tickets are \$10.

On Sunday, March 11, at 2 p.m. at FAU's Lifelong Learning Society, "Ladino Songs with Flory Jagoda" will close out the Kultur Festival with Jagoda, one of the world's most beloved Ladino folk singers, and her ensemble singing songs dating back to the Spanish inquisition. Tickets are \$15'

For more information or tickets for the Kultur Festival, call 1- 800-564-9539 or visit www.fauvents.com. Tickets can also be purchased at the FAU Box Office, 777 Glades Road, Boca Raton.

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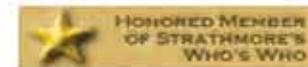
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FAU Professor Ranks No. 81 in World for Saving a Million Lives

BOCA RATON — What do Edward Jenner (No. 5), who developed the smallpox vaccine; Jonas Salk (No. 83), who developed the polio vaccine and Henry Heimlich (No. 103), who invented the Heimlich maneuver, have in common with Florida Atlantic University's Dr. Charles H. Hennekens, M.D., DrPH? They are all scientists recognized by Science Heroes.com for their discoveries that led directly to saving large numbers of human lives.

Hennekens, the first Sir Richard Doll Research Professor in FAU's Charles E. Schmidt College of Medicine, is ranked No. 81 in the history of the world for saving more than 1 million lives. As an epidemiologist

or "medical detective," he has dedicated his life to the prevention of premature death and disability.

"My chief motivation to pursue an academic career in preventive cardiovascular medicine was the premature death of my father from sudden cardiac death," said Hennekens, emphasizing that "death is inevitable, premature death is not."

Hennekens was the founding principal investigator of the landmark Physician's Health Study of 22,071 doctors. He was also a subject in the trial and took a placebo for five years when the federally funded grant was terminated early due to a statistically extreme and clinically important reduction in a first heart attack

among those assigned at random to aspirin.

He credits the dedicated and conscientious efforts of these participating physicians in enabling him to be the first researcher in the world to discover that aspirin prevents a first heart attack.

He was also the first to demonstrate that aspirin prevents heart attacks, strokes, and cardiovascular deaths when given within 24 hours after onset of symptoms of a heart attack as well as to a wide variety of patients who have survived an event associated with a blockage in the heart, brain, or legs.

Hennekens has also done seminal work on the benefits of statins, angiotensin converting enzyme (ACE) inhibitors, angiotensin recep-

tor blockers (ARB) as well as beta adrenergic blockers—all of which play major roles in decreasing premature deaths from heart attacks and strokes.

"During National Heart Month, it is truly fitting that Professor Hennekens has received this prestigious and well-deserved recognition for his major contributions in the prevention and treatment of a wide range of cardiovascular diseases," said Dr. David J. Bjorkman, M.D., M.S.P.H., the new dean of FAU's Charles E. Schmidt College of Medicine.

Hennekens advises the general public that all these cardiovascular drugs of lifesaving benefit should be adjuncts not alternatives to therapeutic lifestyle changes.

He strongly advocates avoidance and cessation of smoking, avoidance of obesity, and taking brisk 20 minute daily walks.

"Even these three simple changes will add years to your life as well as life to your years," said Hennekens, who includes two hours of tennis at least five times a week into his daily regimen.

"I'm not even among the top four in my age group at The Hamlet Country Club where I play on a 55 and older team, despite having been ranked No. 4 in the U.S. in squash when I was 40." Hennekens truly enjoys the exercise and competition and adds that "it is far better to be over the hill than under the hill."

Science Watch ranked



Dr. Charles H. Hennekens, M.D., DrPH

Hennekens as the third most widely cited medical researcher in the world from 1995-2005, and five of the top 20 were his former trainees and/or fellows.

American Heart Association holds 30th annual Boca Raton Heart Ball at Woodfield CC

By Dale King and Julia Hebert

BOCA RATON — Woodfield Country Club hosted the 30th annual Boca Raton Heart Ball the evening of Saturday, Feb. 25.

Hundreds of supporters attended the event that included a cocktail reception, live and silent auctions, dinner and dancing.

"Proceeds raised this evening will assist in funding the American Heart Association's educational programs, outreach activities and research," said Caren and Michael Weinberg, event co-chairs.

"A good portion of the funds stay right here in South Florida, as in one of our honorees, Dr. James Morris, who has been the recipient of an American Heart Association grant."

Dr. Morris was honored in the medical category. Honored in the sports category was Coach Howard Schnellenberger and community honoree was Marleen Forkas.

Honorary Heart Ambassador Burt Reynolds was not present, but in a pre-recorded video, he told of how the Heart Association helped him learn that he had five blocked heart valves, and he was able to rectify it.

A particularly heart-warming story unfolded with the appearance of little Gavin, son of Susanna Laurenti and Ed Weiser, and grandson of Lynn Laurenti. At birth, Gavin suffered several life-threatening heart problems that were taken care of by doctors assisted by the American Heart Association.



Caren and Michael Weinberg, chairs of the 2012 Boca Raton Heart Ball.



Retired Florida Atlantic University Football Coach Howard Schnellenberger, the sports honoree, with his wife, Beverly.



Little Gavin is held by his father, Ed Weiser, during the Boca Raton Heart Ball. Gavin has serious heart issues at birth, and received much aid from the association. With Gavin and Ed are Gavin's mom, Susanna Laurenti, right, and grandmother, Lynn Laurenti.



A. Billie and Louis F. Feher

more pics pg. 20

FAU exhibition features photography by Boys & Girls Clubs of PBC



BOYS & GIRLS CLUBS

BOCA RATON — Florida Atlantic University's University Galleries in the Dorothy F. Schmidt College of Arts and Letters will present an exhibition featuring photography by children from the Boys & Girls Clubs of Palm Beach County on Friday, March 9 from 6 to 8 p.m., which includes an opening reception, and Saturday, March 10 from 6 to 8 p.m. in the Ritter Art Gallery on the Boca Raton campus.

Boys & Girls Clubs of Palm Beach County members, ages 6 to 17, learn photography skills and take photographs during scheduled club field trips within the community. This annual exhibition is part of the organization's participation in a national photography competition.

"Photography helps build confidence as the children discover their hidden artistic skills," said Dennis Young, director of computer education for the Boys & Girls Clubs of Palm Beach County, who directs the project with Anton Spalding, core technology specialist.

"Many of the participants have never touched a camera before. In the five years we have been providing the program, the young

photographers get better and more creative. The photos are truly amazing."

More than 7,500 children participate in the Boys & Girls Clubs program at one of 13 clubhouses throughout Palm Beach County.

The Boys & Girls Club is the county's largest not-for-profit youth development organization dedicated to serving youth from 6 to 18 years of age, particularly those from disadvantaged circumstances.

The project is being hosted at FAU by the University Galleries Museum Education Program, a program that engages FAU art students in providing art education services through interactive tours of exhibitions.

For more information, 561-297-2661.

Search is on for South Florida's next Broadway sensation!

BOCA RATON -- The search is on for South Florida's next undiscovered Broadway sensation!

The National Society of Arts & Letters Musical Theatre Competition showcases the bravest of performers to an audience of fans and theatre legends alike to discover the stars of tomorrow and give them their big break today.

On March 3, aspiring South Florida musicians and singers will battle their way to the top for the ultimate prize: \$2,000 and the chance to win \$10,000 more and an all-expense paid trip to the National contest in El Paso, Texas. The competition takes place at Boca Raton's Lynn University, 3601 N. Military Trail, the AG Concert Hall.

Doors open at 8:30 for registration.

Their fate will be decided by a distinguished panel of judges in the arts community including Bob Avian (A Chorus Line), Avery Sommers (NY Musical Theatre), Clive Cholerton (Artistic Director of Caldwell Theatre Company), Jeffrey Bruce Actor (Award-Winning Author) and Esther Hardenbergh (Chair of Vocal Performance, University of Miami).

Among those who've won the competition in the past and have gone on to Broadway fame are Megan Hilty, the star of the new TV series SMASH and the Broadway Hit (Wicked), and Gelan Lambert, from the Broadway musical (Fela).

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The Boca Raton Tribune

Founded January 15, 2010

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TEIN, CHRIS J. NELSON, LINDA
GOVE, CARLO BARBIERI,**Our Writers/Reporters and Columnists**SANDY HUNTSMAN, SYNESIO LYRA,
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DINI HEIZER: *C.O.O*
CHRIS CATAGGIO: *C.M.O***EDITORIAL***By Dale King***Time is precious.
Please make the most of it**

I remember Joe Joyce for several reasons. He was my high school principal. He later went on to become a city councilman in my home town, and I covered many of those meetings for the newspaper I worked for up north.

But Joe Joyce told me something that has stuck in my mind for many years – and what he said is absolutely true.

I ran into Joe at a football game. We chatted a bit, particularly about how much time had passed since we'd seen each other. And then Joe said this: "The older you get, the faster time passes."

I don't think I ever heard anything so true. And now that I have become part of the 60-plus crowd, I am amazed at how quickly one day leads into another, one week into another, and so on.

My wife often wonders why I seem to live in the past. Jokingly, I say that at my age, I have a lot of years behind me

and not too many ahead of me.

I see her point, and, on occasion, I tell her about something that happened way back when just to bust her up. But she is right. I do seem to enjoy memories that would mean nothing to the youngsters of today.

My mother did a lot of living in the past, particularly after my father passed away. She lived to the venerable age of 96 – the last 21 years without my father.

Time must mean something important to a lot of people. There are so many expressions about time. "Time flies when you're having fun." "The time is right." "No time like the present." Carly Simon sang about not having time for the pain. The Rolling Stones boasted that time was on their side.

A few months ago, I was in a thrift store and, no, I didn't buy an old videocassette like I usually do. Instead, I bought a 10-disc set of

the original radio series, "Amos and Andy." I knew it would be a delight for my older brother, who grew up in the golden age of radio. He even got me hooked. But I was a little younger, and took an early interest in the "Amos and Andy" TV show.

The disc package is still here in the house. I can see it on a nearby table. When my wife asks why I haven't sent it yet, I tell her, sheepishly, I haven't had the time.

That's a pretty poor excuse. But lately, there have been days that just seemed to pass at the speed of light. Today, for example. My wife and I were out doing a number of errands. The traffic was terrible. Drivers were going horrifically slow. And then we hit every red light. My wife is very impatient behind the wheel. I try to be a little calmer, but even today, the traffic and long light cycles seemed to wrangle me.

Tonight, we stopped for dinner at a place we often visit for their won-

derful food. But it took an eternity to bring it. We loaded up on rolls, so we ended up bringing some of the dinner home with us. We didn't really get an explanation of why it took so long. The place was busy and our waitress just...well, I guess she didn't have time to explain.

This has been a pretty busy week over all, and our various errands have taken up a lot of time. We've barely had time to relax. We missed both nights of "American Idol," which usually is our down time. Even our dog, Peanut, didn't get the chance to sit on his mommy's lap and watch TV – two things he loves.

I once had a job where my boss actually ordered me to take a time management course. I'm not sure I retained much from that class. But one thing is certain. If you don't get the hang of time management, you could end up needing to take anger management.

Letter Guidelines

Letters must be signed with name clearly legible along with a phone number and complete address. No unsigned or anonymous letters will be considered for publication. The Boca Raton Tribune reserves the right to edit the letters for spelling, grammar, news style, good taste and available space. Letters from the same author will not be published more often than every 60 days. E-mails to columnists may be used as letters to the editor.

All letters to the editor should be sent to:

The Boca Raton Tribune,
P.O. Box 970593 - Boca Raton, FL 33497

Letters to the Editor

Hi Guys,

I wanted say thanks. You guys always give NCCI great coverage and we appreciate it.

Sincerely,
Aileen, Carroll
Tilson PR

To the Editor:

The story on the recent dog rescue and the AMAZING job that the Tri County Humane Society and its supporters and partners have done is wonderful. We are PROUD that our show [Talk of the Town] supports this organization, and we will continue to do so. Jeannette Christos, we know you are watching and smiling down on all the people who are working to continue your legacy!

Sincerely,
Jacqui Wyatt
Director of Marketing
Investments Limited/Royal Palm Place

Douglas...

How timely that two editorials appeared side by side in last week's issue of The Boca Raton Tribune, both alluding to reminders as to how our lives can be more meaningful and "lived to the fullest." Your "Caught Up In Minutes—Or Moments" commentary and Dr. Lyra's "Every Person Needs Tune-Ups" were thought-provoking, inspirational, and provided some seriously good reading as to how we balance our lives and how we should put every possible resource to task in living a fulfilled life, not only as individuals, but also with relationships. Thank you for the messages and the Biblical references to "carry the messages home"—home to a life that brings about "happy days" no matter the challenges. Psalm 118:24 - "This is the day the LORD has made; let us rejoice and be glad in it."

Happy Day!
Emily M Lilly



THOUGHTS FROM THE PUBLISHER

By Douglas Heizer

What Can You Do?

With the Boca Raton City Elections coming up around the corner, we at our office have been getting swamped with calls, emails, and even letters from citizens accusing both candidates of things they have done wrong and boasting of the things they have done right.

When we get these emails and calls we just think to ourselves about that bible verse in John 8:7 when Jesus is being asked by the Pharisees about what they should do with the woman that was caught in the act of adultery. Jesus simply looked at them and said "He who is without sin cast the first stone".

That goes for elections as well. We all know no one is perfect, we are all humans and

we all make mistakes. Personally we don't believe in the tactic of campaigning when both sides simply accuse the other of things. And honestly, we think everyone is...

Just look at the news or listen to the Republican Primaries, the only thing the candidates are doing is attacking one another, telling the media what the other has done wrong. But, the one thing that everyone seems to be failing to do is say what they can actually do.

We at the Boca Raton Tribune don't take any responsibility for anything our paid advertiser put on their advertisements. We are on our 89th edition of the paper and we have not once picked a side,

we give you the unbiased news. If you can remember back during the 2010 elections, we had the Republicans one week in the paper, then the next we had the Democrats.

We have always given both sides of the story and we won't begin to pick sides now. There is already so much bad news in the world, and so our editorials are always trying to give the best side of the news.

We wish both Anthony Majhess and Frank Chapman good luck with their campaigns, may the best man win.

Next week, we will have an interview with both candidates on their plans as to what they would do if they are elected to the City Council. Stay Tuned.



POSITIVE LIVING

By Dr. Synesio Lyra, Jr.

Home Intensive Care

Many years ago I came across an unusual response given to a Real Estate agent. After approaching someone he considered as a potential house buyer, the latter responded in this unique fashion: "Why buy a home? I was born in a hospital, reared in a boarding school, educated in College, courted in an automobile, and married in a church. I get my meals in a cafeteria, live in an apartment, spend my mornings playing golf, my afternoons playing bridge; in the evenings we dance or go to the movies; when I'm sick I go to a hospital, and when I die I shall be buried from an undertaker's parlor. Who needs a home? All we need is a garage with a bedroom."

Sadly, today the confusion is even greater with regard to the real meaning of a home. People tend to confuse the physical structure of a house with an actual home.

Yet homes are built differently, not merely with bricks, stones, or

wood. They cannot be bought with money, but must be developed with love! A home can and should be a haven of rest against all the blows life inflicts on every member of the human race!

For some home, unfortunately, is just where you park your car at a day's end, or where you take a shower, change your clothes, and sleep at night. Nevertheless, it surpasses all of that and more; it's not the locale where you hang your hat. Home is where you hang your heart, making it available to all fellow family members who dwell therein, as well as for those who become the objects of its hospitality!

Author Nicholas Boothman concluded, from his research, that "people who connect live longer; people who connect get cooperation; and people who connect feel safe and strong." The home is the best human agency to accomplish that, both for its inhabitants and for those it invites in!

All facets of mutual caring at home must be accomplished not out of compulsion, or a mere sense of duty, but responsibly, with joy and intensity. The intensive care provided at home will always have a continuing, impacting echo in society. It must consistently contribute to making our world a better place to live.

The great challenge to individuals and families is the fact that such intensive care is not to be momentary, nor temporary, as in a hospital. It is a daily expression of genuine love from child to parent, from sibling to sibling, from wife to husband, and vice versa. This occurs by word and deed! What a revolutionary difference that can make when thus practiced in a consistent way!

American poet, Robert Frost, recorded his immortal assessment of this issue when he wrote: "Home is the place where, when you have to go there, they have to take you in."

Dr. Synesio Lyra, Jr. is a Florida resident who, for many years, was a professor at the post-graduate level. He is a writer, a sought-after conference speaker, a man who lived in five continents of the world, having received his education in four of them. When he resided in southern California, he wrote a weekly column for the daily "Anaheim Bulletin," which was carried for about six years, until he moved to south Florida.

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Edition 89

**Bring "YOUR CLOSEST NEIGHBOR"
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Temple Beth El to Host Discussion of Nuremberg Trials at 'Book of Law' luncheon

BOCA RATON — Legal experts put the Nuremberg trial results on trial — examining original documents from the famous international tribunal recently found at Lynn University — when Temple Beth El hosts the "Book of Law Luncheon" Friday, March 2 from noon-2 p.m.

A panel of esteemed attorneys will discuss the "Blue Series", the record of the trials of the Nazis at Nuremberg after World War II with attorneys in the community. These documents, traced to

Justice Robert Jackson and housed at Lynn University, were saved from destruction by one of the event hosts, Rabbi Jessica Spitalnic Brockman.

The discussion will reflect on the many ways Nazis could have been handled after World War II, and if the Nuremberg Trials was the best approach.

Temple Beth El in partnership with Stuart Z. Grossman, of Grossman Roth P.A., will discuss some of the many lingering questions people may have about the famous

trials, with moderator Dr. James W. Nickel, University of Miami School of law professor and human rights expert, and panelist David Buckner, of Grossman Roth. P.A. and Edward Shohat of the Law offices of Bierman Shohat Loewy & Klein P.A.

Please RSVP to Joanne Kabel at Temple Beth El by emailing jkabel@tbefl.org or by phoning 1-561-391-8900. All proceeds from the Book of Law luncheon will be donated to Temple Beth El's torah project.

Events planned at Daggerwing Nature Center in March

BOCA RATON —Daggerwing Nature Center is operated by Palm Beach County Parks and Recreation and is located in South County Regional Park at 11200 Park Access Road, off Cain Boulevard between Glades Road and Yamato Road, west of Boca Raton. Visit www.pbcgov.com/parks/nature for more information. Please call (561) 629-8760 or visit the nature center to make program reservations.

ALLIGATOR FEEDINGS

Every Wednesday and Saturday 3:15 pm. Families / All Ages, Free (reservations not required)

Gather 'round the alligator tank in the exhibit hall and listen to a short talk about our baby alligator while he is being fed.

ECO EXPLORERS: Animal Detectives

Thursday, March 8 2:30 pm. Ages 7 to 11, \$4 per child (reservations required)

Looking for something to do during your day off from school? Join us as we explore nature topics through experiments and other hands-on explorations. Find out how to identify what is roaming around in your backyard by looking at tracks and scat. Use tools and go on a hunt outside for tracks.

CHILDREN'S NATURE SERIES: Camouflage



Saturday, March 10 10:30 am. Ages 3 to 6, \$4 per child (reservations required)

Parents, bring your little ones to experience exciting nature topics! Programs may include activities such as: stories, puppets, games, role play, nature walks, and crafts.

Oysters: Helping Archaeologists Discover Nature's Ancient Secrets.

Saturday, March 17 2:00 pm (reservations required)

March is Archaeology Month. Join Kelin Flanagan from the Palm Beach County Archaeological Society as she shares with us research going on at DuBois Park in Jupiter, where archaeologists are using oysters found in prehistoric shell middens to learn about ancient culture and environments. Don't miss this fascinating and free presentation.

COMPOSTING: "How to" program

Saturday, March 24 1:00

pm. Ages 9 and up, \$3 per person (reservations required)

Take part in a series where you learn how nature recycles organic materials. Take home plans to make and use a compost bin in your home.

GATOR TALES

Saturday, March 31 3:30 pm. Ages 2 to 5 (older siblings welcome), \$2 per child (reservations not required).

Join us as we go on adventures through stories, both fiction and non-fiction, about animals and nature.

All programs are by reservation only, unless otherwise noted. Fees (if applicable) are due the day of the program by cash or check only. All participants are required to sign a program participation form for every program. If you are more than five minutes late to a program for which you have made a reservation, your spot will be given to a person on the waiting list.

Municipal News

The Boca Raton Tribune

Remembrance Plaza at Lynn to honor Haiti earthquake victims

BOCA RATON — Lynn University will host the dedication of the Remembrance Plaza which will include an academic ceremony to recognize the members of the Lynn family lost in the 2010 Haiti earthquake.

It will be held Friday, March 16 at 10 a.m. on the lawn at Perper Plaza, located at the center of campus.

During the academic cere-

mony, Lynn will be presenting honorary degrees for Dr. Patrick Hartwick and Dr. Richard Bruno, and posthumous degrees for Stephanie Crispinelli, Britney Gengel, Christine Gianacaci and Courtney Hayes. Immediately following the ceremony, the families of those lost will view Remembrance Plaza first, and then it will be open to the community.

The dedication of the Re-

membrance Plaza will begin a new Lynn tradition. In addition to honoring the members of the Journey of Hope and everyone who perished in the Haiti earthquake, there will also be a wall to remember other members of the university's family. This memorial allows Lynn to have a permanent place on campus for remembrance, reflection and inspiration.

"The story of the Journey of Hope is now part of our university's history, and it is our responsibility to continue to honor our tradition of community and carry on the wonderful legacies of service that those we lost have left behind," said President Kevin M. Ross.

To contribute to the memorial, visit <https://give.lynn.edu/RemPlaza>.



This event is free and open to the public. Guests wishing to attend should enter Lynn's main entrance located on Military Trail.

Palm Tran Recognized as Patriotic Employer

Palm Tran, Palm Beach County's public transportation system, was presented with an Award of Distinction for being an Army Reserve Patriotic Employer at a deployment ceremony on February 4. The event was held at the Miami Dade College North Campus.

Gov. Rick Scott, Battalion Commander LTC. William S. Shaper and Judge Gregory

Holder, chairman of the Department of Defense Employer Support of the Guard and Reserve (ESGR) organization attended the event to recognize the exemplary services of local business leaders in the community who have supported the 841st Engineer Battalion.

Among the 175 men and women in this battalion is Palm Tran bus operator Stephon

McAfee, who nominated Palm Tran for the award. McAfee, a first sergeant in the U.S. Army Reserve, will be stationed in Afghanistan for a one-year tour of duty.

ESGR was established in 1972 to promote cooperation and understanding between Reserve component members and their civilian employers and to assist in the resolution

of conflicts arising from an employee's military commitment.

Palm Tran Ex. Director Chuck Cohen accepts the Army Reserve Patriotic Employer Award of Distinction from Gov. Rick Scott and Judge Greg Holder, chairman of the Department of Defense ESGR agency. Army Reserve First Sgt. Stephon McAfee, a Palm Tran bus operator, nominated his employer.



Anthony Majhess and Frank Chapman were at a special debate at the Chalfonte Condominiums in Boca Raton this past weekend. Over 40 people attended the event that was moderated by Ken Hirsch and set up by Steve Laine.

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Anthony Majhess and his special interest friends are trying to Smear Frank Chapman...

to HIDE THE THINGS Anthony Majhess DOESN'T WANT YOU TO KNOW.

Anthony Majhess thinks it is old news that his illegal drug use forced him to leave his job with the City of Boca Raton.



What's worse?

He continues to hide the documents and refuses to come clean to the voters.

City Clerk/Attorney documentation 1-2/12)



And there's more...

Anthony Majhess voted to increase your taxes last year after promising he wouldn't in his campaign. And then said he wanted to raise them even more.

(City of Boca Raton Budget hearing FY2011-12)

Most ridiculous?

Anthony must think we aren't paying attention... because then he sent us a mailer saying he would "lower taxes".

(Majhess campaign mailer 2/12)

And it doesn't stop there.

Anthony Majhess tried to illegally hide his meeting with a Developer Lobbyist... and then had to admit it. (Boca Raton Public Meeting 2/14/12)

Disappointing.

Political advertisement paid for and approved by Frank Chapman for City Council, Seat D.

Anthony Majhess. Just Another Politician.

SECTION B BOCA LIFE & ARTS

The Boca Raton Tribune

March 2, 2012 through March 8, 2012 • Year II • Number 089

Sharon Lee Parker Carries the Banner of Boehm Porcelain Around the World

By Skip Sheffield

Sharon Lee Parker knows about matters of life and death. When she was diagnosed with two kinds of cancer and a brain tumor ten years ago she refused to accept a death sentence. She lived to write about her miraculous recovery in the book "Look Out Cancer, Here I Come," now in its third printing. She has been an inspiration to more than 1,000 cancer survivors as their "coach."

When this Boca Raton grandmother of four learned her favorite fine American ceramic company, Boehm Porcelain, was being threatened with closure she pooled her resources and bought the 60-year-old Trenton, New Jersey company.

"I walked into the factory three years ago to buy a Hope Rose, and people were crying," she recounts. "America's finest art porcelain company was either closing or production would be outsourced overseas. I felt this cannot happen to this American legacy. There were no heirs interested in continuing the company, so I assumed the debt and we kept the doors open."

Boehm (pronounced "beam") was founded in 1949 by sculptor Edward Marshall Boehm and his wife Helen.

Boehm Porcelain rapidly became foremost among the finest art porcelain in the

world, with uncanny delicate detail and texture of flowers and natural objects.

E.M. Boehm died in 1969, but Helen Boehm soldiered on as the face of Boehm Porcelain, with a staff of fine artists designing new pieces fired in giant specially-made kilns in Trenton.

Helen Boehm was a longtime winter resident of Florida. As an avid collec-

els America and the world as the number-one promoter of Boehm Porcelain and American hand-crafted art.

"I feel I have a very honorable tradition to uphold," declares Parker. "Every President since Eisenhower has been presented Boehm Porcelain. I personally presented President Obama with a Boehm American Eagle. I considered it a finest hour when I presented



Sharon Lee Parker.

tor, Sharon Lee Parker became a close personal friend of Mrs. Boehm.

"I used to visit her in her apartment in the Trump Tower in West Palm Beach," Parker reveals. "She got cancer and died a year ago this February. I attended her wake in Palm Beach and her funeral in New Jersey."

As the new face of Boehm Porcelain, Parker realized she had big shoes to fill. She was more than up to the task.

Sharon Lee Parker trav-

a Boehm to Pope Benedict this summer."

E.M. Boehm is so highly regard by the Vatican in 1992 a wing of the Vatican Museums was named in his honor; the first time in 500 years an American was so honored.

Prince Charles is a Boehm collector. So is his mother HRH Elizabeth II. When William and Kate were married, Parker gifted them with a Boehm.

Locally Boehm art is available at Best Wishes in



The Vatican.

Fifth Avenue Shops. Parker often has pieces commissioned for charitable causes. The Hope Rose and Life Lover Lily benefit Parker's favorite cause, cancer research and her Life lover Foundation. Currently artists are designing a one-off piece to benefit Boca Ballet.

"No two pieces are exactly alike," Parker reveals. "Sure, people can buy ceramic objects cheaper at

K-mart or Wal-Mart, but Boehm is real hand-crafted art. Boehms are like adult toys. There once were hundreds of American fine art porcelain companies. Boehm is the last one. We can do it. We have the talent. I guess I'm having a love affair with America."

Sharon Lee Parker can be reached personally at: Sharon@boehmporcelain.com.



ENTERTAINMENT

Can whales save the world? If you see "Big Miracle," you may think so.

See page 19



OLEDA TALKS

See page 19

Boca Theatre Guild to Present Classic Musical, 'Sweet Charity'

BOCA RATON -- The Boca Raton Theatre Guild's production of "Sweet Charity" will open March 2 at the Willow Theatre in Sugar Sand Park, and will run through March 18.

The starring role in this classic musical has been on Carbonell Award-winning actress Margot Moreland's wish list for a long time.

"Playing Charity Hope Valentine is a dream come true, a role I have loved from afar and never thought I'd get the chance to play," Moreland says. "She is sweet, hopeful, feisty, charming, complex and vulnerable while on her quest for love."

"I am so excited to be a part of this show," Moreland says. "It has a funny and heart-warming book by Neil Simon, fabulous

music written by Cy Coleman, hysterical and poignant lyrics from Dorothy Fields, and it's all being

terest, Oscar Lindquist, is equally enthusiastic about the production:

"It's so exciting to be



Jeffery Bruce, Margot Moreland

molded together by the extraordinary vision of our director, Keith Garsson."

Jeffrey Bruce, who plays Charity's principal love in-

doing "Sweet Charity" at this time - I'm very proud to be part of the BRTG's continuing transition from community to professional

theatre." Bruce says.

"And the chance to play opposite my friend of many years, Margot Moreland, is just wonderful. We were always touring one place or another and never had the opportunity. The Boca Raton Theatre Guild has given us this chance and I couldn't have asked for more. Margot gives 150 percent and makes the process so easy for the entire cast. I play her boyfriend, Oscar, and for me, well, it's about time! Both Margot and I are 'nontraditional casting' for the roles and I think we both bring new insights to our characters."

Performances are: Wednesday - Saturday at 8 p.m., and Saturdays and Sundays at 2 p.m. The Willow Theatre in Sugar Sand Park is located at 300 South Military Trail in



Rear, from left, Gregory Johnson, Nate Lawar and Justin Schneyer; front, Jeffrey Bruce and Margot Moreland.

Boca Raton, just south of Palmetto Park Road. Tickets are \$20 and are on sale now. Tickets can be purchased at the Willow Theatre Box office: 561-347-3948.

The Boca Raton Theatre Guild is a not-for-profit organization dedicated to producing professional productions and advancing the art of theatre in the South Florida community.

Drake Takes Crowd to Club Paradise

By: Pedro Heizer

Tickets to the much anticipated Club Paradise Tour were on high demand as the Toronto rhymers' tour hit Tallahassee this past weekend. The only thing you could hear around the city entire weekend was about the Club Paradise Tour.

As I sat at a Chili's restaurant before the concert, I began talking to Jennifer Capanado, a fan of Drake since the days when he starred as the basketball-playing, wheelchair-bound Jimmy Brooks on the Canadian teen drama *Degrassi: The Next Generation*. "This has been the biggest thing to hit Tallahassee in a long time," she told me "My friends and I have been waiting for this stop on the tour since he announced it."

Drake didn't do it alone, joining him on stage were up and comers Kendrick Lamar, A\$AP Rocky, and Chase N Cashe.

Up first in to the stage was Chase N Cashe. The New Or-

leans rapper took stage and preformed songs out of his latest mixtape, *The Heir Up There*.

Following Chase N Cashe was Harlem's own A\$AP Rocky and his crew. A\$AP Rocky preformed some of his most popular songs which included *Pretty Flocko*, *Peso*, *Purple Swag*, and *Trilla*.

Kendrick Lamar was up next and although he had a quick show, it was very good in its own right. Kendrick came on after Chase N Cashe and A\$AP Rocky and preformed his hits *Hol' Up*, *ADHA*, *P&P 1.5*, *She Needs Me*, and *HiiiPower*.

After a 15 minute wait, Drake himself took stage with a standing ovation by the sell-out crowd. Drake opened the concert with his song *Lord Knows* which sounded fantastic with the live instrumentals.

The instrumentals, to me, were what made the show go to a different level. There is so much talk nowadays that going to a rap concert is a waste

of money because they rapper isn't nowhere near as good live as he is in the record. Well, Drake proved that statement to be false.

Unlike most rap concert where there is only a DJ and the rapper simply raps over his song, Drake had a live band with him and that made the difference between an average rap concert and a rap concert that will be talked about for months to come.

Drake played most of his hits, songs like *I'm On One*, *Crew Love*, *Shot For Me*, *Forever*, *Marvin's Room*, *Take Care*, *Miss Me*, *Make Me Proud*, *HYFR* and *Headlines* were some of the songs the Toronto superstar performed to a sellout crowd.

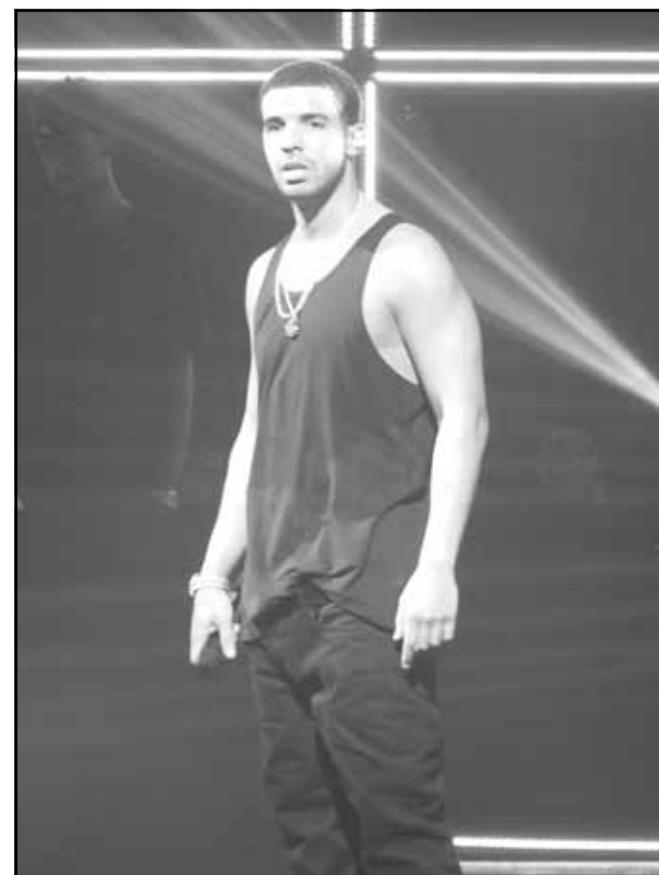
Drake's stage presence was undeniable, the rapper was so comfortable up there and it showed.

Drake may rap that all he cares about is money and the city that he's from, but his fans also hold a special place in his heart.

Halfway through the show, Drake stops the music and thanks his fans "Without you guys, I wouldn't be doing what I'm doing. Thank You," he said. He proceeded to go from the right side of the stage to the left, and the center and pointed out some fans screaming his name.

Not only that, but instead of having his tour on bigger venues and getting more money, he decided to play in college arenas around the country. "I fought for this tour, I fought really hard for this tour because, of course, they want me to go get the big bucks, go into the stadiums and cash out," Drake revealed about the decision to play more intimate shows. "But I was just like, I really made this album for the same people that supported me since day one."

Drake closed the show with his hit *Headlines* and once he was done, he went to the center of stage and talked about how he will be unlike all the other rappers that have



two or three albums and fall off the face of the planet. "I promise you this, I will rap until the day I can't anymore".

continued from pg.1

Downtown Boca Launches New Themed Entertainment Series: “FRIDAY NIGHT LIVE!” on First Friday of Every Month Beginning March 2nd



will fill parts of Downtown (including Sanborn Square and Palmetto Park Road), showcasing live themed entertainment by award-winning bands and vocalists as participating shops, restaurants, and clubs extend their hours for “shopping and strolling” and offer Friday Night LIVE! samplings, discounts, and specials. In addition, gourmet food trucks will line the event streets with café style seating, art galleries plan exhibitions, boutiques may feature streetside fashion or trunk shows, and more for exploring and enjoying the destination, from Mizner Park to Royal Palm Place, including the signature

collection of shops and boutiques, restaurants and galleries along Palmetto Park Road and Plaza Real South.

Included in the themed plans, are crowd-pleasing, family friendly live performances from Latin jazz and bossa to Rock 'n Roll, country and island sounds; “chances to win” gift certificates and prizes; fun activities such as street-filling sock hops, themed dance showcases by Fred Astaire Dance Studio instructors and students, old fashioned hayrides along East Boca Raton Road, street artists, a July lemonade stand décor and beverage contest, a Brazilian conga line along Palmetto

Park Road; and at times late night “after parties” at Downtown Boca pubs and clubs.

“While there is much to do and see in Downtown Boca everyday, we wanted to ‘kick it up’ big on a regular basis with a diverse array of live entertainment on First Fridays to open each month to underscore that ‘It’s Happening!’ in Downtown Boca,” noted City of Boca Raton Downtown Manager Ruby Childers. “Excitement among local businesses, including galleries, restaurants, boutiques, and nightclubs is high, so all should post Downtown Boca in their calendars as ‘the place to be’ the first Friday of every month.”

Dates* and themes** planned, include the following; unless noted, all evenings are free and begin with festivities beginning at 6:30 p.m. and live entertainment to take the stage at 7:30 p.m.

March 2nd
City Link Boca Beerfest*—Mizner Park Amphitheater. 6 p.m. to 11



p.m.; Tickets \$20-\$30 (visit www.downtownboca.org for \$5 off coupon)

April 6th

Latin Jazz—Sanborn Square

May 4th

Sock Hop/Boca Bop—Sanborn Square

June 1st

Walkway to Waterway “Summertime Fest”—Palmetto Park Road

July 6th

Americana/Picnic in the Park—Sanborn Square

August 3rd

Country Town—Sanborn Square

September 7th

Brazilian Beat—Palmetto Park Road

October 5th

Community & Culture—TBD

November 2nd

Spirit of Thanks & Giving—Sanborn Square

December 7th

Holiday Sounds—Sanborn Square

*rain dates may be sched-

uled for following Friday subject to artist availability; themes subject to change. Most series events are free; *admission fee changed.

For more information and event details, visit DowntownBoca.Org regularly. To become a Downtown Boca event sponsor, contact Jon Kaye, Kaye Communications at jkaye@kcompr.com or 561-392-5166.

FAU, Boca Chamber Announces Upcoming Events

BOCA RATON – The following activities are planned at the Boca Raton campus of Florida Atlantic University:

Saturday, March 3, 1 p.m.
Closing Ceremony of the Sand Mandala Painting Exhibition.

Schmidt Gallery, Boca Raton. Free
Information: 561-297-2966.

Friday, March 9, 6-8 p.m.

Reception and exhibition: Palm Beach County Boys and Girls Club Photography Exhibition
Ritter Gallery, Boca Raton. Free
Information: 561-297-2966.
Exhibition also open Saturday, March 10, 1-4 p.m.

Sunday, March 11, 3 p.m.
Concert: Celebration of Purim with Klezmer East and the Boca Raton Symphonia University Theatre,

Boca Raton
Tickets: \$35
www.fauevents.com or 800-564-9539.
The following events are being planned by the Greater Boca Raton Chamber of Commerce.

RIBBON CUTTING - Original Italian Pizza
Thursday, March 1 / 3:00 p.m. to 4:00 p.m.
201 SE 1st Avenue, Boca Raton, FL 33432

AMBASSADORS at the Chamber
Friday, March 2 / Noon to 1:00 p.m.

COMMUNITY COOKOUT

presented by the Greater Boca Raton Chamber of Commerce
Saturday, March 3 / 11:00 a.m. to 3:00 p.m.
YMCA of South Palm Beach County (6631 Palmetto Circle South, Boca Raton)

Support your community newspaper - Patronize The Boca Raton Tribune Advertisers. Let them know you saw their Ads in the Boca Tribune.

SPOTLIGHT

Habitat for Humanity Casino Game Night



Ana Vento, John Hollywood.



RemaxGroup.



Sylvia Fragos and guest.



Host Committee: Leo Coto, Nicole Flier, Mike Campbell, Ioana Grigore, Ron Gilinsky & Linda Gove Michele Hageman, Joy Moore & Nikki Poulous.



Roulette.



MicheleHageman, JoyMoore, NikkiPoulous..

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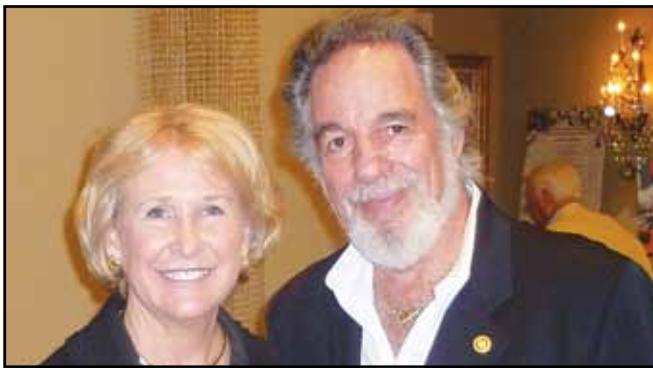
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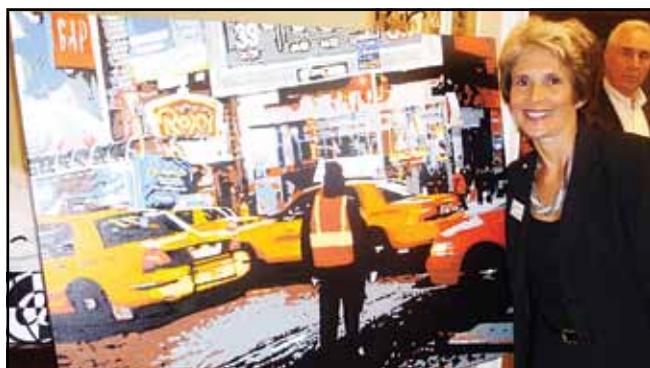
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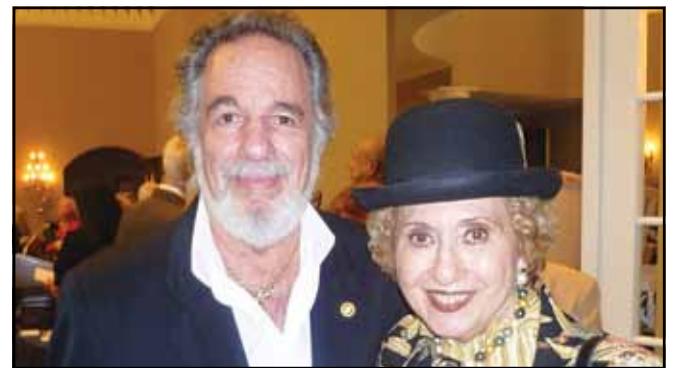
FAU'S Friends of the Center for Holocaust Education Hold Fundraiser



FAU President Mary Jane Saunders and Yaacov Heller.



FAU Laury Carney.



FAU Marlene and Yaacov Heller.

Denise Foodie Event at Andrew's



Isabel Tessler, Deby Goldfarb, Lawrence Latham & Halley Elise.



Richard Duggan & Taylor Morgan.



Halley Elise & Valerie Shirey.

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FOOD REVIEW

By Marc Kent

SEASONS 52— DINING PERFECTION

This reviewer, joined by three "Foodies" had the privilege to survey Seasons 52 fresh grill menu over a 4 hour tasting.

Unanimously, we were thrilled with the current menu — there was a parade of the best tasting foods we've experienced.

While the standard menu changes seasonally, each day it is supplemented by a different list of specials. Each item is less than 475 calories — a very welcome concept — yet the dishes ingredients create flavors that belie their diet-oriented concept.

5 flatbread offerings on the menu and another as a daily special were sampled — thin, thin flatbread with steak+cremini mushrooms and another with portobella mushrooms were tasted then devored rapidly as their toppings were perfection. 10 appetizers listed include a gentle vegetable soup and a really fine chicken tortilla soup with a fair degree of spice. We had goat cheese ravioli-soft pillows oozing melted cheese- simmered in organic tomato broth for a superb taste. Jumbo tiger shrimp, chilled with both homemade cocktail sauce and a delightful homemade mustard sauce was a fine dish as well.

They offer Prince Edward Island mussels-dainty bivalves steamed in a zesty marinara sauce for a smooth tasting treat. Then we had as very, very spicy chicken chile releno with sun dried tomatoes, goat cheese and spinach on pico de gallo- the heat lingers!

Listed are 5 small salads and 5 entrée salads. Fresh organic tomato stacked slices were interwoven with blue cheese, chopped bacon and arugula with a balsamic glaze- juicy and tasty. The Kalymnos

Greek salad with feta, cucumber, tomatoes, sliced red onions and Kalamata olives was as fine as one could have at a true Greek restaurant. A baby spinach salad was completed with sliced pears, toasted pine nuts and gorgonzola cheese while the farmer's market vegetable plate included roasted bosc pear, butternut squash and — truly fine grilled tofu plus a timbale of almond tabbouleh.

Of the 5 listings of "Fish and Seafood", we had an amazing grilled boneless trout served with parsley new potatoes, baby carrots and asparagus. The flavor was perfect! Sea scallops — caramelized and the grilled arrived with roasted asparagus and tomato/mushroom pearl pasta-a delight!

We had never experienced roasted artichoke stuffed shrimp until now and we applaud it, together with its wilted leaf spinach, pasta pearls and great clam cioppino sauce. We'll try the planked roasted salmon and shrimp pasta next time.

Turning to their heading of "Poultry and Meat", we ordered lamb T-bone chops, done medium and were rewarded with fine tasting lamb with a great red wine glaze and with asparagus

and dainty truffle mashed potatoes. An all-natural chicken was served with a rich cabernet sauce, vegetables and organic wild rice — real chicken taste coming through! This section also features wood roasted pork tenderloin, oak grilled filet mignon and grilled venison chop with a mushroom ragout-this for us at a future sitting.

In keeping with the under 475 calorie concept, desserts are small in size but rich in flavor — and there are 8 of these mini-indulgences to select from. They are artful combinations of sweets that you will find as a fitting conclusion to fine dining.

Coffees, teas, water and soft drinks abound and there is an extensive wine list covering some 90 choices, most by glass as well as bottle. There is a full bar and a menu of martinis and "Up" drinks, domestic and imported beers and fine cognacs, brandies and scotches.

The bar seats 25 patrons, the dining area some 250 patrons and the patio another 65. Established here in November of 2005, Seasons 52 is open 7 days from 11:30AM to 10PM until 11:00PM on Fridays and Saturdays.

Seasons 52 is located at 2300 NW Executive Center Drive (off Glades Road) in Boca Raton (Reservations suggested at 561-998-9952).

As stated above, every dish we tasted was a creative and rewarding dining experience. We urge you all to — Go and Enjoy!

SFVIPs to Kick off Boca Bacchanal with Mix and Mingle

BOCA RATON — South Florida Very Innovative Professionals (SFVIPs) cordially invites residents to celebrate the 10th Annual Boca Bacchanal Grand Tasting!

They will kick off the 10th annual Boca Bacchanal Grand Tasting with the ultimate cooking demonstration and wine pairing on Thursday March 8 from 6 to 9 pm at Bloomingdales, Boca Raton, at The Main Course, Level 3.

Meet special guests, Scott Browne, general manager and executive chef of Uncle Julio's and Stephanie Miskew, wine writer and sommelier. Mix and mingle with young professionals while nibbling culinary treats and sipping wine varietals.

Reservations are required and the fee is \$20. Attendees will receive a \$20 Bloomingdales gift card at the event along with wine and light bites.

Bloomingdales will donate 10 percent of tracked sales to the Boca Raton Historical Society benefiting Boca Bacchanal. Reserve your spot by calling 561-394-2228

South Florida VIPS was founded by Nicole Flier and Lori Ludwig. SFVIPs goal is to provide innovative events in which young professionals (ages 20s — 40s) network and socialize in a fun and energetic environment while giving back to the community.



Crevolin Balin, of Basler; Mari Philipps, of Basler; Dr. Debra Hallow, JARC Executive Director; Kelli-Ann Bloechinger, Bloomingdales Public Relations Manager; Mara Perkons of Basler and Joanne Myers of Basler.



Ellen Gechter, left, Board Member and Marcia Kaufman, JARC Supporter.



From left are Didi Geller, Board member; Cynthia Hollander, Board Member & Past President and Joan Stein, Board Member.

TheBocaRatonTribune.com



ENTERTAINMENT

By Skip Sheffield

Can whales save the world? If you see “Big Miracle,” you may think so.

“Big Miracle” is based on a real-life incident in 1988. Three California gray whales became trapped by ice five miles away from the open sea near Point Barrow, Alaska. What started out as a little local news story grew and blossomed into an international sensation which ultimately brought together the USA and the Soviet Union in a joint effort to free the whales.

“Big Miracle” is a fictionalized version of Tom Rose’s 1989 book, “Freeing the Whales.”

The trailer I first saw looked a bit hokey and corny, but darned if this determinably feel-good movie takes hold and lures the viewer into an idealist realm where adversaries

budget - by the State of Alaska. As such it is kind of an advertisement for the state. In a way it reminded me of the musical “Oklahoma!” where ultimately “the cowboy and the farmer can be friends.”

“Big Miracle” stars Drew Barrymore as Rachel Kramer, ardent environmentalist and head of Greenpeace up in the Arctic Circle. The character is based on the real-life Greenpeace activist Cindy Lowry.

John Krasinski plays Adam Carlson, Rachel’s ex-boyfriend who works as a television reporter at the tiny Barrow station. Adam Carlson is a composite character who represents the reporters who became



is more about politics and media influence than it is about whales. Each of the disparate characters sees the do-gooder mission of rescuing the whales as a means to promote his or her cause. National Guard commander Tom Carroll (Dermot Mulroney) originally thinks it’s a risky, foolish mission. Governor Haskell (Stephen Root) sees no political benefit. The native Eskimos fear being typed as bad guys because they still hunt certain whales for sustenance.

Director Ken Kwapis keeps cutting back and forth to the poor whales (actually robotic figures) and the bickering, struggling humans as the clock ticks on toward a deep freeze.

Ultimately it is up to “Ronnie” Reagan to put aside political differences and call his pal “Gorby” Gorbachev, and say hey, can you Russkies sent that big ice-breaker our way?

Sure it is hokey, contrived and distanced from reality, but when you think about it, Operation Breakthrough was the first sign of thaw between two superpowers capable of annihilating the planet. Now that is feel-good.

Three stars



can put aside their differences and cooperate on a mutual goal for the common good.

There has already been some criticism that “Big Miracle” reduces the important role the native Inuit Eskimos played in what was called Operation Breakthrough, while maximizing the role of Caucasians.

From a Hollywood and a political point of view I understand why it was done. This movie is the first one subsidized - to the tune of one-third the \$30 million

interested in the story and saw its potential as a national cause. It also gives the story some romantic tension when an ambitious Los Angeles television reporter, Jill Gerard (Kristin Bell) flies to Alaska to cover the story. Adam can’t help noticing.

The Polar adversary of Rachel Kramer is Liam Peterson (Ted Danson), the combative oilman who wants to drill in the pristine wilderness and could use some good public relations.

In truth “Big Miracle”



OLEDA TALKS

Oleda Baker

Seven Beauty Tips That Can Instantly Make Us Look Younger....

Sometimes We Can Actually Make Ourselves Look Older! 7 Beauty Tips To Instantly Give A More Youthful Look.

Some things we do take days...hours....weeks, even months, to help us appear younger looking. Then there are some things we go out of our way to do that make us look older. Here’s how to correct them:

1. An Oily or Shiny Face

A shiny face actually makes the face look older because the shine plays up the wrinkles and lines on the face...oil or shine exaggerates them.

Here is the answer

“Powder down” to blend makeup colors and “take off the shine.” TRY THIS TEST: Before applying powder, stand sideways to a window while looking in a mirror and study your face...the lines will be more exaggerated. Now apply powder. Return to the window with the mirror to see the difference.

2. Iridescent or Bright Color Eye Shadow

Don’t forget that manufactures are there to sell - you have to pick and choose what flatters your face.

Here is the answer.

Remember, your eyes should steal the show...not the eye shadow. Here are some simple rules: 1. Wear more natural colors. My favorite is a soft off- white or light tone eye shadow on the lids and a brown or gray shade above the lids and a little above the eye bone . The off-white mostly blends into the eyelid skin after a short time to give a natural look

3. Purple, Black or Orange Lipstick

These colors can be aging

and distracting to the face in most cases.

Here is the answer

Maybe a soft orange is OK to fit a special garment color, but use a soft color orange if you must...one with a little brown tone in it - make sure your rouge color blends with the lipstick tone. Red should have a little blue color in it so it does not look orange.

4. Dull, Dry Hair

Even if you have bleached or tinted hair, straightened hair or sun dried hair there are products on the market to get your hair back into shape. Dull, dry hair gives an older look to your overall appearance.

Here’s the answer

Apply a good Conditioner on hair and cover with a plastic cap then wrap towel around your head to hold the heat in. You can also apply a “gloss” on the hair after washing and drying it - this is a clear very light oil to make hair shine. You will love the more youthful and flattering look.

5. No eye make-up

Going without eye make-up is fine if that is the look you like. But we look more youthful with at least a little eye make-up. It gives an alive look to our face as well as making us appear more glamorous.

Here’s the answer

Click on www.oleda.com/makeupschool/ to Oleda Makeup School where you will see easy instructions on not only for eye makeup but for makeup in general. You’ll also find 10 Real People Makeovers Before and After Step by Step.

6. No Rouge, Too Little Rouge or Putting It In The Wrong Place

Well here is one of my problems - Often I worry

about having too much rouge, or not enough. I often ask my husband to take a look before going out. Sometimes I have to go back and tone it down! Another rouge problem is WHERE to apply it.

Here’s the answer

When using rouge, apply it where the sun would make your face naturally rosy—except for the nose, of course—across the cheekbones, somewhat over and under them and tapered off toward the ears. Apply ever-so-little to the top of the forehead and up to the hairline blending so it is hardly noticeable. (Add a bit of color to your neck to make it look like it belongs to your face. See <http://www.oleda.com/makeupschool/> for more instructions.

7. Poor Posture Ages you

Never underestimate the beauty and health benefits, of good posture. Often poor posture is just a bad habit that is easily corrected. Poor posture not only makes you look older, but could be the first step toward dowager’s hump, double chin, potbelly, and swayback as well as some internal problems too.

Here’s the answer

To correct poor posture we must be aware of our posture all of our waking hours for a few days or weeks. Make a point to stand straight with shoulders back...chin up not down for a more youthful look!

Ask your best friend, your kids or husband to keep an eye on your posture and to let you know when you are not standing straight. This can help you get out of a bad habit. Don’t forget good posture when you are sitting for the very same reasons.

Until next time,
Love, Oleda

Oleda Baker, now 76, began her career as a high fashion model with the prestigious Wilhelmina Model Agency, based in New York City and doing print and TV assignments in New York and Europe. She has written ten books on beauty, diet and health.

pics from pg.6

Boca Raton Heart Ball



Gavin struts his stuff on the dance floor at the Boca Raton Heart Ball.



From left are Neil Saffer, Debbie Leising, Marci Nowak, Patricia Thomas and Trisha Saffer.



On the dance floor, from left, are Beverly Schnellenberger, Dr. Karen Mashkin, Ruben Sinverio, Robert Primeau and Jan Savarick.



Marlene and Bill Rutter, who donated \$10,000 to the American Heart Association.



From left are Patricia Thomas, Marci Nowak, Dr. Stephen Servoss, a cardiologist at Boca Raton Regional Hospital, and Debbie Leising, president of the Debbie-Rand Memorial Service League at BRRH.



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Attempted Bank Robbery Reported in Boca on President's Day

BOCA RATON — On Monday, February 20, just after 1 p.m., Boca Raton Police officers responded to an attempted bank robbery at a branch of Chase Bank, 3901 North Federal Highway.

Police said a male entered the bank and asked the teller to give him a \$5.00 bill for five \$1.00 bills. When the teller looked up, the suspect was holding a handwritten note which stated, "Give me \$40,000, no dye pack and no alarm."

As the teller glanced to her left, the suspect said "you pulled the alarm." He ran out of the bank through the north door, without any cash.

Police said the suspect may be responsible for



Attempted bank robbery suspect may be wanted in Boca and other areas of Florida.

other similar crimes in Boca Raton and throughout the South Florida area.

If anyone has information about this incident, they are asked to call Detective Elizabeth Roberts at (561) 620-6135 or Palm Beach County Crime Stoppers at (800) 458-TIPS.

Broken Sound, Federation of Homeowners to Host Candidate Debates

BOCA RATON — Candidates for Boca Raton's City Council Seat D, incumbent Anthony Majhess and challenger Frank Chapman, will face off in a debate hosted by Broken Sound Club on Monday, March 5 at 7 p.m. and another March 6 at 8:30 a.m. at the Boca Raton Community Center, 150 Crawford Blvd., Boca Raton.

The first debate is open to residents of the Broken Sound Club and Woodfield Country Club communities and invitees, and is expected to draw about 300 attendees. Trish Bachman, Communications and Media/Television Journalism faculty member of the Art Institute of Fort Lauderdale, will moderate.

John Crean, CCM, CCE, general manager of Broken Sound Club, extended the debate invitation to give Broken

Sound Club's 1,600 families and their Woodfield neighbors a first-hand opportunity to assess the candidates' positions on key issues.

"While national elections dominate the news, the city's future and fiscal health deserve close attention," said Crean.

He added that Broken Sound Club is known for its active role in positively spotlighting the city, from hosting the PGA Tour Allianz Championship to implementing a sustainability program that has earned international attention for environmental stewardship.

The public is invited to the second debate sponsored by the Federation of Boca Raton Homeowners Associations. Questions will be taken from the audience.

Lynn University gets \$500,000 Gift to Honor Upcoming 50th Anniversary

BOCA RATON — At a recent board of trustees meeting, Lynn University President Kevin M. Ross announced that Chairwoman Christine E. Lynn has made a gift of \$500,000 to the university. This is the first gift in honor of the celebration of Lynn University's upcoming 50th anniversary, 2012-2013.

Lynn, who has been a longtime benefactor to the university, commented, "It's been thrilling for me

to watch Lynn's growth. I look forward to a wonderful year of celebrating all the university has accomplished over these last five decades."

The Boca benefactor along with her husband, the late Eugene M. Lynn, have supported immediate needs and scholarships, as well as contributed to numerous capital projects, including the Eugene M. and Christine E. Lynn Library; the Eugene M. and Christine E. Lynn Residence Hall, the

Keith C. and Elaine Johnson Wold Performing Arts Center, and the Lynn University Remembrance Plaza.

"We are grateful for Mrs. Lynn, her love for the university, and for her dedication to its mission and vision," said President Ross. "She leads the board of trustees with vigor, wisdom and enthusiasm—and always as an example and a pacesetter. The university is privileged and honored to receive this gift from her in



Christine E. Lynn
honor of our 50th year as an educational institution in Boca Raton."

Intoxicated Male Accosts 12-year-old Girl, Breaks her Cell Phone

BOCA RATON — On Wednesday, February 22, at about 5 p.m., Boca Raton Police responded to a robbery by sudden snatching that occurred about 20 minutes earlier on SW 2nd Avenue.

The 12-year-old victim told officers her school bus dropped her off near the Salvation Army at 300 SW 2nd Avenue about 4:40 p.m. As she walked south on 2nd Avenue toward her grandmother's house, she noticed a newer model white van driving slowly behind her.

Police said that when she arrived at her grandmother's house, no one answered the door, so she walked to a friend's house on SW 2nd Avenue. As she approached the apartment building, police said, she saw that the van was parked on the swale facing south on the east side of the road. The victim avoided the van and went to her friend's apartment, but no one was home.

As she sat on the building steps on the north side of the building texting a friend, the driver of the van approached her. The male asked the victim her name, but she was scared and walked away without answering him.

Police said the suspect followed her, then got in front of her and screamed, "Why

won't you answer me?" The suspect grabbed the victim's cell phone and threw it on the ground causing it to break. The victim told officers she

was very frightened and ran to another friend's house where she called police.

If anyone has information about this crime, they are

asked to call Detective Elizabeth Roberts at (561) 620-6135 or Palm Beach County Crime Stoppers at (800) 458-TIPS.

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DOWNTOWN

BOCA Quarterly News

A publication of
The Boca Raton Tribune
March 2012

Business

The Boca Raton Tribune

Rain Can't Stop the Giving Heart

Local nonprofit organization, Stand Among Friends, held its second annual emb(race) event this past Sunday on Florida Atlantic University's campus in Boca Raton. Founded in 1997 Stand Among Friends (SAF) provides career and employment assistance for the disabled community, allowing them to live an

independent and fulfilling life. SAF Founder Shawn Friedkin started the nonprofit after suffering a horrific accident in which he became paralyzed and wheelchair bound at 28 years old, discovering there were very few resources for people in his situation.

Now many years later, the organization is able to

provide services to over 600 disabled locals annually thanks to fundraising efforts like the emb(race) event, their biggest of the year. This year's event saw a crowd of over 1,500

Member Constance Scott, Vice Mayor of Boca Raton Susan Haynie, FAU President MJ Saunders, and some local famous faces- Christine Lynn, NBC Channel 5's Keli Fulton,



Howard Davis Jr. posing with SAF Founder Shawn Friedkin during the awards ceremony.

which included well-known dignitaries such as US Congressmen Allen West and Ted Deutch, Boca Raton City Council

FOX 29's Rachel Leigh, and Olympic Gold Medalist Boxer Howard Davis Jr.

Over 1,000 attend-



Racers lined up ready to go at the Start Line.

ees ran, walked, strolled, or rolled in wheelchairs and hand-cycles in one or more of the day's events, which included a 10K, 5K and one mile family fun walk. Touted as the 'all inclusive' race, the emb(race) event welcomed those with any type of disability.

A little rain and windy weather didn't stop more than 200 volunteers from showing up before sunrise

to help kickoff the event. Over 135,000 dollars was raised, far exceeding the organization's monetary goal and nearly doubling last year's amount of 72,000 dollars. The organization recognized Rob Coffino of Inifinty Sales Group, who singlehandedly raised almost twelve thousand dollars by recruiting a team of 122 people.



Keli Fulton crossing the finish line & accepting medal from Howard Davis Jr.

Subway Shops are 'On the Move'; Café to Open This Month at FAU



BOCA RATON -- Subway of South Florida is on the move, introducing new décor and real estate concepts and initiating an effort to find the best possible locations for new and existing restaurants.

As part of that effort, Subway of South Florida has launched an initiative that may move a current site to a better location nearby. That's creating great opportunities for property owners

and landlords, especially those who may have space in non-traditional locations, such as a hospital, a museum, an office building or a potential drive-through location.

In addition, as part of an upscale modernization effort, the first Subway Café in South Florida is scheduled to open this month on the Florida Atlantic University campus.

Subway Cafés have more of a coffeehouse ambiance, offering additional menu items such as Seattle's Best Coffee, baked goods and dessert items and a full line of espresso-based cof-

fee specialty drinks. The restaurant chain is also updating its existing and new restaurants with its innovative Metro design.

Larry Feldman, a Subway development agent who owns more than 1,450 Subways and is expanding in the Broward and Palm Beach counties and up through the Treasure Coast, said landlords sign leases with Subway, not franchisees, providing them with a greater level of security.

In addition, property owners find that having the Subway brand on their property helps lease their remaining spaces.

West Boca Medical Center Names 2012 Governing Board

WEST BOCA RATON — West Boca Medical Center has announced the appointment of its 2012 Governing Board.

The Board is responsible for oversight of the quality and environment of care at the hospital, medical staff credentialing and patient safety and satisfaction.

"We congratulate our new Chairman, Dr. Sunil Patel; welcome our new board members, Dr. Mitchell Goldstein, Steve Mulder, and Rocki Rockingham; and thank returning leadership and

board members for their continued service," said West Boca Medical CEO Mitch Feldman.

The 2012 Governing Board is comprised of local community and business leaders and physicians who are members of the medical staff. The 2012 Board members are as follows:

Leadership:

Chairman- Sunil Patel, MD, Oncologist

Vice Chairman- Mar-laine Smith, RN, PhD, Dean, FAU Lynn College of Nursing

Secretary- Maurice Plough, Jr., President,

Florida Health Consultants, Inc.

Board Members:

Mitch Feldman, CEO, West Boca Medical Center

Mitchell Goldstein, DO, Family Medicine

Melvyn Karp, MD, Pediatric Surgery

Kevin Monahan MD, Chief of Staff

Steve Mulder, Executive Director, Whitehall Nursing Home

Rocki Rockingham, Vice President of Community Relations and Communications,

Jarden Consumer Solutions.



“THE CORNER OFFICE”

By Mayor Bernard Featherman

Mottos to Live By

Three mottos on the walls of my high school study hall have been a great source of inspiration in guiding me throughout life.

The first motto on the left wall read:

**Good, better, best
Never, ever rest
Until your good is better,
And your better is best.**

In essence, it means that each person should strive to do the very best they can, not only in their private and working lives, but even into retirement.

It's that extra effort that makes “better into best.” Everyone should try to reach for goals beyond their grasp. It is an awesome feeling when one can accomplish the unexpected that others think can't be done.

Knowledge is power is the second motto over the entrance door to the study hall. Things are changing so rapidly that what happened a decade ago seems like the Dark Ages today.

You must continue life-long learning, from the cradle into retirement, in order to keep on the cutting edge of change and to acquire the new knowledge it brings.

For those who have not read Tom Friedman's book “The World is Flat,” let me share this example. Small and large CPA accounting firms in America send their clients' tax forms to foreign countries such as India where they are processed and returned to them the next day. American hospitals sometimes send patients' x-rays to foreign doctors for professional interpretation which is done overnight and returned the

next morning. Many of these doctors and accountants have had American educations.

Why do they do it? The answer is simple. When our workday ends after daylight hours, in places like India daylight hours begin. When it is 7 a.m. here in America, it is 7 p.m. there.

Many foreign workers go to universities for MBA's and advanced engineering degrees during their morning hours and work in the evenings after 7 p.m. Also, many of these college graduate students come to America to get advanced degrees and then return to their country to get better jobs. Pretty cool dudes.

In call centers, India's workers take speech lessons to eliminate their accents. They take American names so people in America don't feel they are talking to a person thousands of miles away, in a foreign country. These special after-hour workers are paid over \$100 a week, considered a premium wage, while most general labor workers in India receive around \$100 per month.

But beware. In the next decade, countries such as India could replace a majority of jobs in America, especially small businesses as they become educated in job skills here and return to their own country to eventually compete with us.

Education is the key to our future. Americans can take major steps to be competitive, to grow our economy and to create more jobs. It should be our first priority, regardless of age; to es-

tablish an ongoing lifetime learning process for our youth, baby boomers and persons in retirement.

Schools must stress more mathematics, sciences and engineering courses. The “Y” generation ages 16 to 23, should be encouraged not to drop out of high school. For those not seeking a college education or careers in the military, students should have the opportunity to learn vocational skills such as plumbing, electrical and carpentry trades, for skilled entry level jobs that can grow into higher paying jobs.

The third motto on the opposite wall of the study hall entrance is a simple six letter word – OTHERS – but is the most important motto of them all. We must learn to network with others, and develop meaningful friendships and collaborations. We need to share common values and goals by becoming involved in charitable and non-profit organizations, schools, church and temple groups.

By doing so, volunteer services to others will help in many ways to build a network of friends, acquaintances and references, especially in difficult economic times like today. It can be your ticket to helping yourself, too. When you help others, you generally help yourself, by getting much more back than you give.

It is important to take the time to think about these mottos. Most of you have already put them to use. For those who haven't, it's never too late to start.

BUSINESS BITS

BOCA RATON – Office Depot and Barnes & Noble, Inc. have announced the availability of Barnes & Noble's award-winning NOOK Tablet – including the all-new NOOK Tablet – 8GB. The new Barnes & Noble products and accessories are available nationwide at Office Depot retail locations and online at www.officedepot.com. “The introduction of the Barnes & Noble NOOK Tablet and NOOK Simple Touch eReaders at Office Depot further bolsters our mission to provide our customers with the most cutting-edge products in the marketplace,” said Farla Efros, executive vice president and chief merchandising officer for Office Depot.

BOCA RATON – Coverall Health-Based Cleaning System®, a leading franchisor of commercial cleaning companies, announced that it has hired bfw Advertising as its new agency of record. “bfw will be a key strategic partner as we continue to build our brand and provide business opportunities to franchisees,” said Diane Emo, vice president of marketing at Coverall.

BOCA RATON – Roger Berkowitz, President/CEO of Legal Sea Foods, which operates a restaurant in Town Center at Boca Raton mall, has been nominated by the James Beard Foundation as a candidate for its Best Restaurateur Award. The Beard Awards, which cover all aspects of the industry, from chefs and restaurateurs to food journalists, cookbook authors and more, are considered the highest honor for hospitality professionals in North America. The awards will be presented May 4 and May 7 at Avery Fisher Hall at Lincoln Center.

COCONUT CREEK – Join us Thursday, March 15, as the kooky and fun-loving Coconut Creek Chamber of Commerce “Goes for the Green” - And we're not just talking St. Patty's Day” (although you KNOW we'll pay some homage to him too!). Eat, meet and take part in our famous noon-time luncheon March 15th at the Coconut Creek Community Center, 1100 Lyons Road, Coconut Creek RSVP no later than Tuesday March, 13 at 5 pm. Contact Shireen at <mailto:creekchamber@bellsouth.net> or at 954-419-1050.

Email your Business News, promotions and acknowledgements to Chris Catoggio at: chris@bocaratontribune.com.

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The Boca Raton Tribune

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Pet Society

The Boca Raton Tribune

PET OF THE WEEK

'Sweetness' would love to be your sweet little pet

Story, photo by
Pam D'Addio

BOCA RATON -- "Hey, wanna PLAY?"

I'm Sweetness, a 2-year-old Lab mix girl who's spayed and about 25 pounds. I love kids, cats and other dogs and I just want to have fun.

I love playing with toys, romping in the yard, and giving kisses. I also love long walks and I'm mannerly on my leash. I think you NEED me in your life!

I'm available for adoption at Tri-County Humane Society, a no-kill animal shelter located at 21287 Boca Rio Road in Boca Raton. The shelter is open for adoptions Tuesday through Sunday, 11 a.m. to 4:30 p.m. Adoption fees for companion animals are \$110 and up.

Animals are heartworm-tested and up-to-date on vaccinations.

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FAITH

By Rick Warren

What Constitutes a Real Winner?

In every area of life, whether in the world of sports, the workplace, or in recreational activities, we enjoy the experience of being a winner.

Winning an important contract, earning a well-deserved promotion, or receiving a significant pay raise all can bring us much happiness and fulfillment as business and professional people. As spectators, we still feel like winners when our favorite sports team triumphs over its greatest rival. Many of us, even when playing casual games at home with family and friends, strive to be the winner.

But is that what being a “winner” truly means? Could it be that there is something more to winning than prevailing over a competitor, or scoring more points than your opponent does? Here are some thoughts about what a true winner is:

A winner... respects those who are superior to him and tries to learn something from them;

A loser... resents those who are superior and rationalizes their achievements.

A winner... explains;

A loser... explains away, making excuses.

A winner... says, “We must find a way”;

A loser... says, “There is no way.”

A winner... goes through a problem, working toward a solution;

A loser... tries to go around a problem, seeking to avoid it entirely.

A winner... says, “There should be a better way to do it”;

A loser... says, “That’s the way it has always been done here.”

A winner... shows he is sorry by making amends for it;

A loser... says “I’m sorry,” but repeats the same offense the next time.

A winner... knows what to fight for and what to compromise on;

A loser... compromises on what he should not, and fights for what is not worth fighting for.

A winner... works harder than a loser, and has more time;

A loser... is always “too busy” to do what is necessary.

A winner... is not afraid of losing;

A loser... is secretly afraid of winning.

A winner... makes and honors commitments;

A loser... makes promises – but then ig-

nores them.

The Bible also offers some challenging thoughts about winning and losing. For instance, the apostle Paul wrote about the importance of becoming prepared to achieve victory: “Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize” (1 Corinthians 9:24). In another passage, Jesus warned about the risk of losing – even if you “win”: “For what shall it profit a man, if he shall gain the whole world, and lose his own soul?” (Mark 8:36).

Based on the thoughts above, which are you – a winner or a loser?

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DIVORCE FLORIDA STYLE

By Mike Gora

The Price of Gas

The price of gasoline at the pump used to be the product of market forces: that is “supply and demand.” The present rise in the price of gasoline at the pump is being driven by the wish of the oil industry to defeat the re-election of President Obama while increasing their profits.

From the supply side there is no real shortage other than that created by the companies and the countries which are conspiring to create higher prices at the pump.

First the countries owning the oil like Saudi Arabia decrease the supply, shrinking the availability of crude by agreeing to pump and/or market less. At the same time the gasoline companies delay availability of refining capacity by choosing the next few months to retrofit and clean enough refineries to further squeeze the apparent supply.

Late last year the President disclosed that he was considering a

push to eliminate subsidies and tax breaks to the oil industry, citing its profitability and virtual monopoly in order to decrease the current cost of government and reduce future deficits. Since that announcement the average price of gasoline has risen from about \$3.00 a gallon to about \$4.00 a gallon. As those of us who buy gas in Boca Raton know our gas prices are even higher.

The effect of the rise in the price of gasoline at the pump as it reaches and exceeds \$4.00 a gallon at the pump and heads for \$5.00 hurts each and every person in this country who drives a car, takes public transportation, buys food delivered to a supermarket by truck, eats food produced on petroleum fired equipment from tractors to fishing and scrimping boats, or buys anything in every retail outlet.

As retail sales wane so will wholesale sales causing the value of shares of stock in U.S. corpo-

rations such as General Motors, General Electric, Disney and the rest, except for the oil companies.

By the day before the November election and \$5.00 a gallon gas appears on those really big signs at each gas station, and a tank of gas in an averages sized citizen’s auto reaches \$100.00 people who can afford it will be really ticked off, and people who cannot will not be able to get to work or buy food.

These people harmed will be members of both political parties and at every level of the economy. When \$5.00 gas happens the buck will stop, as it always does, at the President’s desk and the manipulators will have won an election by hurting all of us, Republicans and Democrats alike. This President will have no ability to prevent this attack on the good and welfare of his fellow citizens, but will be blamed for it.

Michael H. Gora has been certified by the Board of Specialization of The Florida Bar as a specialist in family and matrimonial law and is a partner with Shapiro Blasi Wasserman & Gora P.A. in Boca Raton. Mr. Gora may be reached at <mailto:mhgora@sbwlawfirm.com>.

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Sports

The Boca Raton Tribune

More Running for Morris?

By Chuck King

After failing to run the 4.5 40-yard dash he was hoping for at this past weekend's NFL Scouting Combine, FAU running back Alfred Morris might choose to try again at FAU's March 19 Pro Day.

Prior to heading to the Combine, Morris had said he would only participate in position drills at FAU's Pro Day.

"I'm reconsidering. Well see what happens," Morris said. "It's a 'maybe' right now."

FAU's all-time leading rusher, Morris led the Owls with 1,186 yards and nine touchdowns in 2011. While some insist Morris will be a fullback at the next level, Morris said teams are talking to him about being a tailback.

The biggest question mark about Morris' measurables has been his speed. At

last year's Junior Day Morris was struggling with a sore back when he ran a 4.77.

Heading into the combine Morris said he had a goal of 4.5, but he managed only times in the 4.65 range in Indianapolis.

"My start was not good – both of them – and it hurt me," Morris said. "I think I did well [overall]. I wasn't disappointed, but I wanted my 40 to be a lot better."

Morris' previous 40 time doesn't seem to have caused many teams to lose interest. Morris said he talked with representatives from at least 20 teams while in Indianapolis prior to running.

The Bengals sent the largest contingent, including head coach Marvin Lewis.

"They seemed very interested in me," Morris said. "I think the meeting went very well. I was impressed with them and I think they were impressed with me."



Ralph Notaro

After training for the combine in Bradenton over the past couple months, Morris said he intends to take rest his legs for a few days before getting back to work.

He called the combine "a great experience."

While Morris' 40 time wasn't what he was looking for, he fared better in the

shuttle, 60-yard dash and cone, according to Footballs-Future.com's stats.

"I'm happy with all my numbers," Morris said. "I didn't do bad or stink it up. Everything was comparable with the guys who were there. When they look at my film they will see the kind of player I am."

Owls Softball Nip Spartans 4-3 on Final Day Of Strike Out Cancer Tournament

Michigan State's defensive woes were the difference in the Florida Atlantic softball team's 4-3 win over the Spartans on the final day of the Strike Out Cancer tournament on Sunday.

Heather Barnes scored to give FAU (3-11) a 1-0 lead in the bottom of the first after a MSU fielding error. The Owls generating offense on their own in the second inning, when Carly Speerin drove in two runs after an infield single got away from the Spartan second baseman.

Michigan State chipped away at the deficit, scoring a run in the third, fifth and sixth in-

nings to tie the score at 3. FAU had the bases loaded with no outs in the bottom of the fifth, but MSU managed to get out of the inning without a run crossing the plate.

Taylor Fawbush led off the seventh with a base hit down the line in left, then Stephanie Call reached and Fawbush advanced to third on another Spartan error and Call gave way to pinch runner Sara Rotunno. After a Laura Mann popup, Michigan State was able to pick Fawbush off of third for the second out of the inning.

Jordan Stovall pinch hit for Quincy Wilson and popped a ball up



to the shortstop in the shallow left field grass. However, the shortstop was unable to make and Rotunno scored from sec-

ond on the play, giving the Owls the win. Paige Pender scattered seven hits for her second win of the season.

Lynn Softball Fades Against Lakers

By Lance Thomas

Lynn University's softball team went down 6-4 in game number one then lost game two of the doubleheader to the Mercyhurst Lakers 6-2 on Saturday.

Carisa Cook totaled a 3-for-4 day for Lynn (0-17) while Anne Marie Van Casteren went 3-for-8 with two runs, a triple and an RBI. Marianne Johnson also had a solid game with a 2-for-4 day and a .667 on base percentage.

Game one started with Mercyhurst racing to a 5-0 advantage after one run in the third, three in the second and one more in the third.

The Fighting Knights continued to battle and put their first run on the board after Johnson walked and moved to second on a Van Casteren groundout then scored on a Kaci Vassallo two-out RBI single to centerfield.

Down by four in the fifth inning, Cook started the Lynn rally with a leadoff single up the middle. Christina Carvatta pinch ran for Cook and moved to second on a Johnson single to center. Carvatta then scored on a Van Casteren single to put runners on first and second and no outs.

Kasey Murray ripped a double to right center to plate Johnson and make it a 5-3 game and put runners on second and third with no outs for Vassallo. After Vassallo's fly out to left field, Lauren Garceau pulled an inside fastball past the third baseman to score Van Casteren and cut the Mercyhurst lead down to one at 5-4. The Knights could not score any more runs as Mandi Brown flied out the catcher in foul territory then Missy Montgomery grounded out the third leaving Garceau and Murray on second and third.

The Lakers added another run in the seventh from a Lynn throwing error and the Fighting Knights could not



mount the comeback in the bottom of the seventh to lose 6-4.

Callie Darlin started game one of the doubleheader and went three innings with nine hits, four earned runs, two walks and three strikeouts. Montgomery relieved Darlin and totaled four innings of three-hit softball and did not allow an earned run.

Murray took the circle for game two and tossed three scoreless innings before things started to unravel for the Blue & White in the fourth.

In the bottom of the third, Lynn loaded the bases with one out on an error by Mercyhurst's short stop to put Delaney Brey aboard, a single by Van Casteren and then a walk to Vassallo. Lakers starting pitcher Kristi Janoske then walked Garceau to give Lynn a 1-0 lead. With the bases loaded and still just one out, Brown ripped a single up the middle to score Van Casteren and make it a 2-0 lead for Lynn.

After a pitching change form Mercyhurst, Lynn's next two batters were retired in order to end the inning.

In the fourth, Mercyhurst totaled five unearned runs on four walks, a hits batsman and a Lynn error to claim a 5-2 lead.

The Lakers added another run in the seventh to secure the 6-2 win.

Cole Shines in BBVA Rising Stars Challenge

By: Matt Pineda

Norris Cole was a late add-in to the BBVA Rising Stars Challenge for the Rookie-Sophomore game only to get Jeremy Lin in the game. Team Shaq picked him, along with 4 other point guards, but they were happy they did.

Cole shined in the first half, scoring 9 points with a three-pointer on his first shot. Kenny Smith referred to him as just getting buckets and praised the young rookie for his game. Cole's game isn't a whole lot of flash and doesn't exactly fit great in an all-star type game like this, but he fet in pretty well. Cole was able to work off the ball and get into the lane, but it was clear he didn't have the flash like Rubio, Wall, and Kyrie. Despite Cole's 9 points (4-7 FG, 2 assists, 2 steals), Team Shaq trailed Team Chuck at halftime by 12.

In the second half, Team Chuck took more control and extended their lead all the way to 21. They lead by double figures for most of the half. Cole had a few more buckets, and dropped some more assists on his way. Norris had an interview earlier in the night where he said Wade



and LeBron told him to just play his game. And as Cole seemed to do that early, after he got his layup blocked by John Wall in the first half, he didn't go inside much again.

Cole jacked up way more 3-pointers than he probably does in practice. He didn't play his game, which was unfortunate, but he still got a lot of run and looked good. Cole ended the game with 18 points, 5 assists and 4 steals. Team Chuck won the game 146 - 133.

John Wall finished the game with some sick dunks, but it was Kyrie Irving who took home the MVP award with 34 points and 9 assists for Team Chuck.

Cole was just the first of several HEAT players to take part in All Star Weekend. Saturday night, Mario Chalmers and James Jones look to test their hand in the 3-point contest, and Wade, James and Bosh took the stage for the All-Star game on Sunday.

FAU Baseball Improves to 6-1 on the Season

Pushing across six runs in its final two at-bats, the Florida Atlantic University baseball team improved to 6-1 on the season with a 7-3 victory over Manhattan College in Sunday's weekend series wrap up at the FAU Baseball Stadium in Boca Raton. The Owls captured the series by winning three of the four games against the Jaspers, the Metro Atlantic Athletic Conference defending champions and a NCAA regional qualifier last season.

"We need to be ready to play and be better offensively early in games," said John McCormack, FAU's head baseball coach. "Manhattan is a good ball club that will win many games this season. We had some scoring chances early in the game and just didn't capitalize on those opportunities. We got the victory and being 6-1 is a good way to start the season."

Trailing 2-1 in the seventh inning, a sacrifice fly to center field by senior catcher Mike Albaladejo scored sophomore infielder Robert Buckley to tie the game. Later in the frame, junior designated hitter Corey Keller snuck a ground ball through the right side of the Manhattan infield to plate junior outfielder Nathan Pittman or the go-ahead run, 3-2.

The Owls would not trail again, scoring four runs in the bottom of the eighth inning. Junior infielder Kyle Newton led off the inning with his third home run



of the season. Albaladejo would drive in his second run of the game with a single to center field scoring junior first baseman Mark Nelson. Pittman would help tally two more runs with a double in the next at-bat.

Manhattan (1-3) didn't go away easily, scoring one run in the top of the ninth inning and having the potential game-tying run at the plate. That's when junior right-handed reliever Michael Sylvestri induced a groundball to end the game.

Senior outfielder Alex Hudak cut an early 2-0 Manhattan lead in half with a blast over the right field fence -- his fourth home run of the season -- to lead off the second inning.

Junior reliever R.J. Alvarez picked up his second win of the season, tossing 2.2 scoreless innings. He struck out four batters and allowed just two singles.

Freshman left hander Austin Gomber struck out four batters over 4.1 innings in his collegiate debut. Senior reliever Ahmed Garcia joined Alvarez and Sylvestri in contributing to the victory from the Owls'

quality bullpen.

Albaladejo paced the FAU offensive attack with three hits, marking the fourth time this season he has recorded three or more hits in a game. The senior is now batting a team-best .536 for the season. Nelson also tallied three hits with a run scored. The team pounded out 12 hits in the series-ending victory.

Manhattan was led by Nick Camastro and Ramon Ortega, with both collecting hits. Camastro drove in two runs with a double in the second inning.

The Owls outscored the Jaspers 29-15 in the four-game set which opened the team's home schedule.

FAU returns to the diamond on Wednesday, February 29, at 6 p.m. with a South Florida showdown with nationally ranked University of Miami from Coral Gables. The meeting will be the first of three scheduled games this season between the rivals. The Owls won the season series from the Hurricanes last year, winning the final game at the Hurricanes' home ballpark.



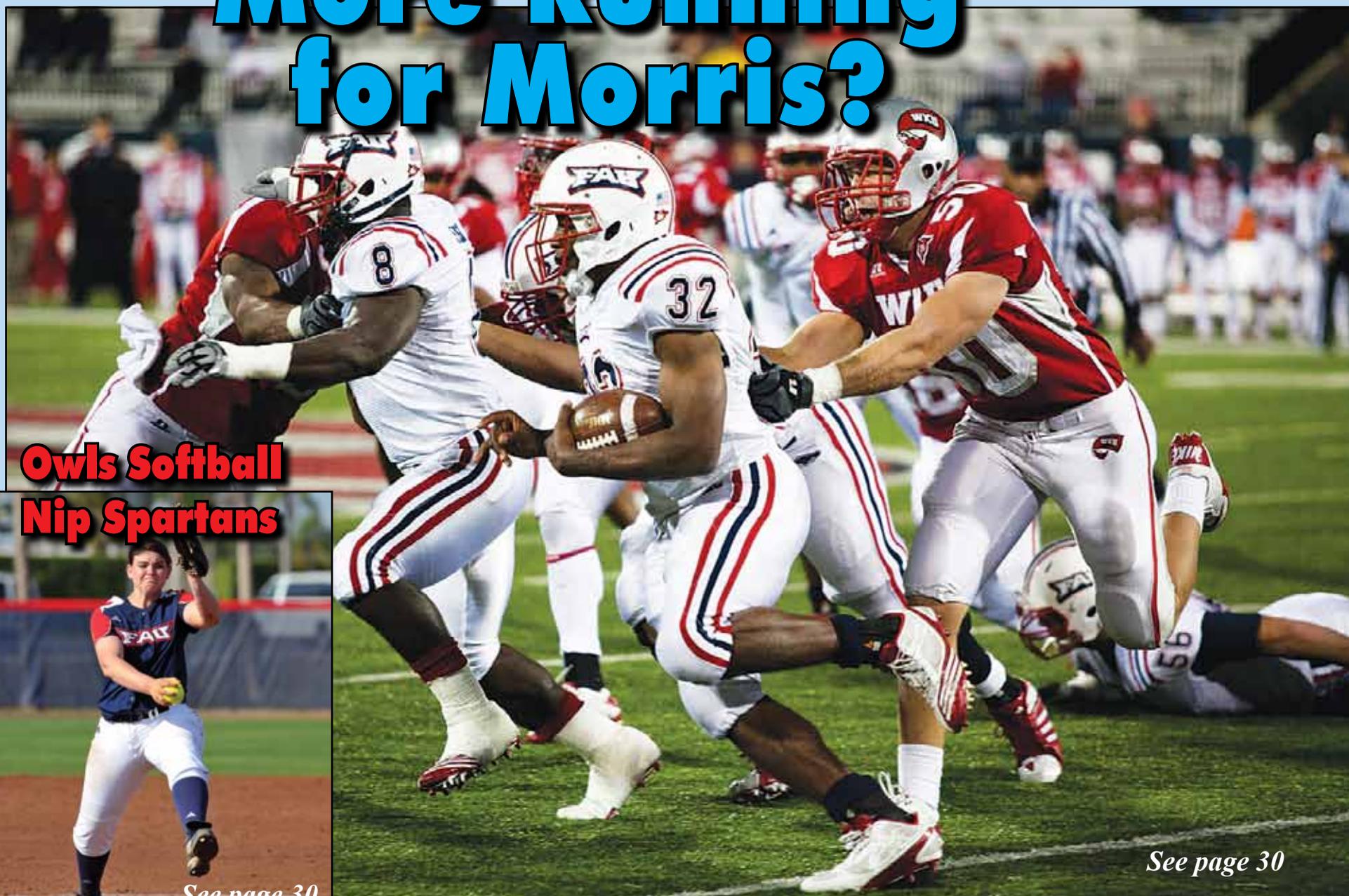
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