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East /West Boca Raton, Highland Beach, Delray Beach, FL - January 13, 2012 through January 19, 2012 • Year II • Number 082 - FREE

Community News

Actress Marlee Matlin to give keynote address at JARC Gala

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Municipal News

Aaronson attends ground-breaking for Delray Marketplace

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Business

FAU's College of Business launches new mentoring programs

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Life & Arts

Pressel hosts reception, pro-am tourney to benefit cancer care at Boca Hospital

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Symphonia concert offers world premiere of piece by Boca's Marshall Turkin

See page 13

Boca Hospital gets \$25M grant to construct neuroscience institute



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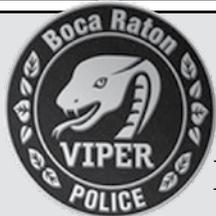
Boca Raton Golfers Support PROPEL, benefit less fortunate kids

See page 6



Francisco Pessoa reading the paper

Send us your pictures of you reading a copy of The Boca Raton Tribune for you to be featured in an upcoming edition of the newspaper!



Boca Police Safety Tip

Q: Does my child need to sit in a booster seat in the car? Why?

A: Vehicle seat belts are designed to fit an average-sized adult. To get the best protection from a seat belt, children usually need a booster seat until they are about 4 feet 9 inches tall and weight 80 to 100 pounds. A child can transition to a seat belt when their back and bottom are against the vehicle seat, knees bent over the edge of the vehicle seat, feet flat on the floor, shoulder belt resting across their chest and shoulder and lap belt sitting low across their hips.

Crime and safety questions are answered by officers from the Crime Prevention Unit. For more information, visit www.BocaPolice.com.

Boca Raton Police Blotter

BURGLARY TO RESIDENCE 12/30/2011 13:40 CANISTEL LANE

Victim reported that his single family home was burglarized between 0930 and 1320 hrs on 12/30/11. Point of entry/exit was a glass sliding door off the master bedroom on the northeast side of the home.

SHOPLIFTING/ RETAIL THEFT 12/30/2011 17:06 6000 W GLADES ROAD

The Apple store reported a delayed shoplifting of a white 64GB Ipad Touch that occurred at an unknown time on 12/28/2011.

THEFT OF AUTO PARTS 12/29/2011 9:49 2920 NW 2ND AVE

Two suspects removed four catalytic converters from vehicles parked at 2920 NW 2nd Ave between 0150 and 0430hrs on 12/29/2011. Awaiting video DVD from store owner.

OTHER THEFT 12/31/2011 14:55 SOUTH FEDERAL HIGHWAY

Victim, a storeowner, advised that on 12-31-11 at approximately 1410 hours, a mother and her two teenage daughters came into her store and possibly stole \$9,900 worth of merchandise from her. Victim stated that although she did not witness the theft she believes that one of the women had stolen her Louis Vuitton makeup/jewelry case which was beneath her desk.

DRIVING WHILE INTOXICATED 12/31/11 600 W. YAMATO ROAD

Richard Allen Catino, 21, was arrested for DUI after a traffic stop at 600 W. Yamato Road.

Briefs

The Boca Raton Tribune

Upcoming events in Boca Raton

BOCA RATON – The following events are being conducted by the Greater Boca Raton Chamber of Commerce:

GOVERNMENT AFFAIRS COMMITTEE at the Chamber
Thursday, January 12 / 11:30 a.m. to 12:30 p.m.

LEGISLATIVE UPDATE at the Chamber
With Bob Lotane of the National Association of Insurance and Financial Advisors – Tuesday, January 17 / 9:00 a.m. to 10:30 a.m.
FREE to attend - *Open to all Chamber Members*

PULSE
Business Professionals Under 40
Tuesday, January 17 / 5:30 p.m. to 7:30 p.m.
Dubliner (435 Plaza Real, Boca Raton)

ECONOMIC DEVELOPMENT COMMITTEE at the Chamber
Tuesday, January 18 / 4:00 p.m. to 5:00 p.m.

RIBBON CUTTING - Fit Foodz Cafe
Wednesday, January 18 / 5:30 p.m. to 7:30 p.m.
9704 Clint Moore Road, Suite A-108, Boca Raton

SUCCESSFUL WOMEN IN BUSINESS
Thursday, January 19 / 12:00 p.m. to 1:15 p.m.
Wyndham Deerfield Beach Resort (2096 NE 2nd Street, Deerfield Beach. Speaker: Alexa Sherr Hartley, President of Premier Leadership Coaching; Program: Walking the Tightrope - Strategies for Balancing Your Personal and Professional

Lives
#100, Boca Raton)
SMART TALK FOR WOMEN
Tuesday, January 24 / 11:30 a.m. to 1:30 p.m.
Ruth's Chris Steak House (225 NE Mizner Blvd., Suite #100, Boca Raton. Topic: How to be More Forward Thinking in 2012 - What is your Plan?

Facilitator: Nancy Proffitt, Founder and President of Proffitt Management Systems

HEALTH & MEDICAL miniEXPO - FREE for attendees!
Tuesday, January 24 / 5:30 p.m. to 7:30 p.m.
Hilton Deerfield Beach / Boca Raton (100 Fairway Drive, Deerfield Beach)

FROM HOW TO WOW - A FREE Event at the Chamber
Thursday, January 26 / 8:30 a.m. to 10:00 a.m.

Exclusively for Trustees!
TRUSTEE LUNCHEON with Alex Sanchez, president & CEO of Florida Banker's Association
Thursday, January 26 / 12:00 p.m. to 1:30 p.m.
Ruth's Chris Steak House (225 NE Mizner Blvd, Suite

The following activities are planned at Florida Atlantic University

FAU Jupiter's Student Government Presents "Last Lecture" Series

This free lecture series will be held on Thursday, January 19; Wednesday, February 15; Thursday, March 15; and Wednesday, April 4 at 7 p.m., in the AD Auditorium, John D. MacArthur Campus, 5353 Parkside Drive, Jupiter. Reservations are suggested, but not required. For more information, contact Sarah Harris at 561-799-8591 or <mailto:sharri39@fau.edu>.

FAU Jupiter's Student Government will host a "Last Lecture" series to present select members of FAU's faculty to answer one question, "If this were your last time to address a group of students, what would you say to them?" The first lecture will be "Life and Love and Why," presented by Sameer Hinduja, Ph.D., associate professor of criminology in the School of Criminology and Criminal Justice within the College for Design and Social Inquiry at FAU.

Quote of the Week:

Because I called, and you refused: I stretched out my hand, and there was none that regarded. Proverbs 1. 24

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2010-2011

Community News

The Boca Raton Tribune

Samuel Nemiroff of Boca is a YoungArts Merit Award winner

BOCA RATON -- Samuel Nemiroff of Boca Raton, a student at Pine Crest School, is a YoungArts Merit Award Winner in music.

Chosen from more than 5,000 applicants in nine disciplines in the visual, literary and performing arts, he will re-

ceive a monetary award and join the ranks of the 16,000 YoungArts alumni, including such notables as multimedia artist Doug Aitken; actors Vanessa Williams, Raúl Esparza and Kerry Washington and musicians Nicki Minaj and Chris Young. YoungArts is the core

program of the National Foundation for Advancement in the Arts (NFAA).

Sam was selected in a blind adjudication process from a pool representing all 50 states and the District of Columbia, as well as all U.S. territories. There are a total of 597 YoungArts

winners in all, including 152 YoungArts finalists.

The finalists are invited to attend YoungArts Week in Miami during the week of January 9-14, 2012, which includes master classes taught by world-renowned artists; performances and exhibitions;

and further adjudication leading to the possibility to become a U.S. Presidential Scholar in the Arts and visit the White House.

YoungArts Week performances will be live streamed on www.youngarts.org. All winners also will be eligible to participate in

Regional Programs in New York and Miami.

YoungArts is the only organization in the nation to recognize students in nine discipline categories of cinematic arts, dance, jazz, music, photography, theater, visual arts, voice and writing.

Alpha Phi Alpha Fraternity Inc. charters Upsilon Theta chapter at FAU



dergraduate brothers.

Alpha Phi Alpha Fraternity, Inc. is the latest fraternity on the FAU campus in Boca Raton and represents the oldest African American fraternity in the nation.

The chartering ceremony took place January 8 at the Live Oak Pavilion in the Student Union on the Boca Raton campus. The public was invited to this historic occasion.

The ceremony represented the official unveiling of the chapter and its programs. Upsilon Theta was approved by the national body of Alpha Phi Alpha Fraternity, Inc. at its 105th Annual Convention on June 25, 2011 in

Chicago.

Since that time the prescribed intake process was followed that allowed 13 students to officially be designated as the inaugural members of Upsilon Theta.

The chartering of Upsilon Theta represents one more goal of Alpha men in the South Florida community. The undergraduate chapter will follow the mission and goals of the fraternity in its desire to provide service and advocacy to the university community and beyond.

"Manly deeds, scholarship, and love for all mankind" are the guiding principles of the fraterni-

ty for this newest chapter. Upsilon Theta was also approved as a member of the university's Pan-Hellenic Council.

Alpha Phi Alpha Fraternity, Inc. through its chapters is dedicated to service and out-reach in a number of local programs. The graduate chapter, Omicron Upsilon Lambda (OUL), is involved in conducting philanthropic initiatives in partnership with March of Dimes, American Cancer Society, Big Brothers and Big Sisters, Spady Cultural Heritage Museum, programming for Project Alpha (a program for young boys on teen pregnancy preven-

tion), Future Men of Tomorrow (a program of mentoring middle school boys), and humanitarian efforts including food kitchens and efforts to clean up neighborhoods in Boca Raton, Delray Beach and Boynton Beach.

The fraternity will also participate in the Martin Luther King Jr. tributes in Delray Beach and Boynton Beach on January 14-15, 2012. Dr. King was also a member of Alpha Phi Alpha Fraternity.

The fraternity was established on the campus of Cornell University in Ithaca, New York on Dec. 4, 1906. Currently, there

are more than 730 active chapters in the Americas, Africa, Europe, the Caribbean, and Asia.

Members include Jamaican Prime Minister Norman Manley Nobel Prize winner Martin Luther King, Jr., Olympian Jesse Owens, "Supreme Court of the United States" Justice Thurgood Marshall, United Nations Ambassador Andrew Young and Atlanta Mayor Maynard Jackson among others.

Alpha Phi Alpha Fraternity Inc.'s latest program was the establishment of the Martin Luther King, Jr. National Memorial on the National Mall in Washington D.C.

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 in which to live, work and play.

Saturday, January 14, 2012

Cocktails and Hors d'oeuvres Reception
Begins at 6:30 PM
 Boca Pointe Country Club
Three Course Gala Dinner
to Start at 7:30 PM

Live Entertainment by Chloe Dolandis
Singer/Songwriter - Jazz/Pop/Soul
Featuring songs from her debut album, "Bring Back The Fever".

Co-chairs: Doug Mummaw and Neil Saffer

Proceeds To Benefit
 Local Youth Scholarship Programs

Information and Sponsorship Opportunities:

Contact: Claudia DuBois 561.477.7180
claudia@rotaryclubbocaraton.com

OPAL HONOREES FOR 2012



Education
 Tim Snow
 and The
 George Snow
 Scholarship
 Foundation



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 and
 Medicine**
 Patricia Thomas



Civil Service
 Rabbi
 Merle E. Singer



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 Orlando



**Community
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 Kenneth W.
 Davis

SPONSORSHIP OPPORTUNITIES:

- Title Sponsor \$18,000** – Three four year scholarships as a tribute to your honoree, 10 tickets and a double-page color OPAL Journal premium ad
 - Gala Sponsor \$12,000** – Two four year scholarships as a tribute to your honoree, 10 tickets and a full-page OPAL Journal ad Inside Cover
 - Black OPAL \$6,000** – One four year scholarship as a tribute to your honoree, 6 tickets and a full-page OPAL Journal ad
 - Table Sponsor \$3,500** – 10 tickets and a full-page color OPAL Journal ad
 - Pink OPAL \$1,500** – One year scholarship as a tribute to your honoree, 2 tickets and a 1/2 page color OPAL Journal ad
 - Laptop/Educational Supplies Sponsor \$600** – 1/2 page OPAL Journal Ad
- OPAL Journal color ads: Full-page \$750 (Size: 4.75" x 7.75") 1/2 page \$500 (Size: 4.75" x 3.875")

and/or, I will purchase _____ tickets at \$250 each

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Tel. _____ Fax _____

E-mail _____

My check is enclosed (Please make checks payable to: **Boca Raton Rotary Fund**)

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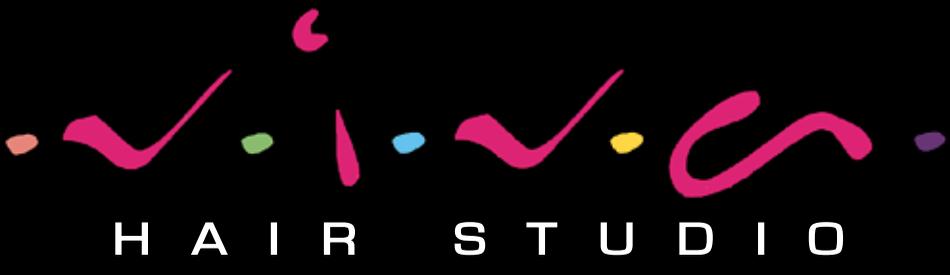
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Please Return To: OPAL Awards Gala
 The Rotary Club of Boca Raton
 PO Box 272651, Boca Raton, FL 33486
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The Rotary Club of Boca Raton is a 501(c)(3) Organization.



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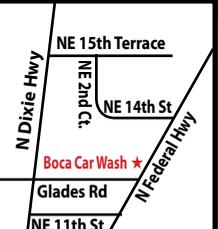
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Boca Raton Golfers Support PROPEL, benefit less fortunate kids

By Skip Sheffield

BOCA RATON -- They came, they played and they partied, and the less fortunate youth of Boca Raton will benefit.

The third annual



Some of the golfers

PROPEL Golf Classic held at Boca Lago Country Club recently was a rousing success. More than 110 golfers participated and even more took part in the silent and live auctions to benefit PROPEL.

"We had a tremendous turnout for our third annual golf event," declared golf committee chairman Matthew Kutcher. "We were able to raise over \$115,000

for PROPEL. The proceeds will go toward scholarships, outreach programs and summer programs for our participants."

More than 60 financially disadvantaged and

population lives with incomes below the poverty level, and that figure is even higher in neighboring communities served



Chuck Laser

by PROPEL. The name PROPEL stands for People Reaching Out to Provide Education and Leadership. In addition

to its educational programs, the non-profit 501c3 organization has enlisted more than 50 businesses willing to

assist in hands-on vocational training in various fields.

"As a result of the success of the golf



From left are Scott Walton, Andy Scott, Ingrid Fulmer, Jim Batmasian

event, we will be able to positively affect the lives of children and families

year." For more information about PROPEL, call



From left are Chuck Laser, Jim Batmasian, Harriette Reznick and Marta Batmasian.

in need in our community," said Kutcher. "We look forward to another propel Golf Classic next

561-955-8553 or visit www.propelyourfuture.com.

Photos by Lee Barry

TO MARKET, TO MARKET...to the SUNSET GREEN MARKET! New Farmer's Market in Boca Raton Now Open

Boca Raton—The newest farmer's market in the area, the Sunset Green Market, is now open, operating each Wednesday from 3-7pm to accommodate the working consumer who wants to take fresh food home for their evening's dinner! The Market, open through May, is located in Boca Raton's Glades Plaza at the inter-

section of Glades Rd and Butts Rd, in the southeast parking area near TooJay's Restaurant. The location provides easy access and visibility to shoppers, with plenty of parking is available adjacent to the Green Market vendor site.

As with all farmer's markets operating in Palm Beach County, the Wednesday-afternoon-

early-evening market day at Sunset Green Market offers fresh locally-grown fruits and vegetables as they become available in their individual growing seasons, along with fresh herbs, soaps & lotions, assorted variety of plants, fresh baked items, prepared foods, gourmet foods, organic produce and eggs, fresh fish and

seafood, grass-fed beef products, doggie treats, candles, and much more.

Several special activities, promotions, and customer giveaways are planned at various times throughout the Market's season.

As consumers take a closer look at the food they put on their tables, the growth in markets has

been fueled by this public awareness as to how to eat better, wanting to know where their food is grown and who grew it. The Sunset Green Market offers that answer! As for locally-grown produce, once people taste what's available at the farmers' markets—freshly-picked, good-tasting, seasonal produce from the farmers

who grow it, they realize that "nothing substitutes for a vine-ripened, freshly-picked tomato, or any other locally-grown fruit or veggie!!"

For information about the Sunset Green Market or to become a vendor, please call the Market office at (954) 270-9917 or (561) 299-8684.

Actress Marlee Matlin to give keynote address at JARC Gala

BOCA RATON — 2012 rings in yet another anniversary at the Jewish Association for Residential Care.

On Sunday, March 11, 2012, special friends and clients of JARC will celebrate the 26th year of this public-spirited organization.

This year is extra special as JARC honors Dr. Debra Hallow, its executive director, for her 18 years of service and dedication. Her contribution and commitment to the needs of the JARC clients, their families and the community is cause for commemoration.



*JARC Executive Director
Debra Hallow*

The festivities will be held at Boca West Country Club with cocktail hour beginning at 6 pm followed by dinner at 7 pm. The gala is being chaired by Judy Levis Markhoff. Boca Magazine, Capital Grille and Bloomingdale's are 2012 Gala partners.

JARC is honored to have two special guests that will be contributing to the event. Academy Award winning actress Marlee Matlin is this year's keynote speaker. Growing up a girl with severe hearing loss, Marlee was able to channel her experiences into her character in "Children of a Lesser God," in which she became the youngest actress at age 21 to win an Oscar for Best Actress in a film debut. Judy Levis Markhoff has underwritten this year's keynote speaker.

WPTV News Channel 5 Anchor Michael Williams,



Actress Marlee Matlin

an eight time Emmy Award winner and prominent news reporter in South Florida for over 25 years, is set to be the emcee.



*Channel 5 News Anchor
Michael Williams*

Guests will enjoy dinner and dancing as well as a program showcasing the organization and what it provides for its clients and the local community. A presentation will also be made to honor Dr. Hallow.

"Eighteen years ago when Debra Hallow became the executive director of JARC, it necessitated a complete reorganization of the

JARC agency," stated Dr. Melvin and Edith Clayman, JARC founders and last year's honorees.

"Within a short time, her organization was in full swing. These years have been fruitful and happy. With her constant smile and hard work we have seen JARC grow and become extremely successful and a far reaching asset in the community and beyond. We are grateful for the fulfillment of her dream as well as ours."

"I can't imagine what JARC would be like without Debra Hallow. Her commitment and devotion to JARC's clients are exemplary. She is a most deserving honoree, as without her, JARC would not be the same. We are so fortunate to have her," stated Ron Siegel, JARC Board President.

Tickets are \$250.00 per person. Guests are asked to wear cocktail attire to keep with the festive theme. For more information, visit www.jarcfl.org or call 561-558-2550.

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Sunday, January 29 at 2pm

2269 Ibis Isle Rd, Palm Beach, FL

Built in 1999, this four bedroom, two story colonial-style home has been designed with clean lines, open living areas and high ceilings with views of the Intracoastal Waterway.

The home is located on the south end of Ibis Island, just minutes from the Palm Beach Golf Course and the Bath & Tennis Club.

Selling separately: 1997 XJ6 Jaguar

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Auction Location:
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Open Public Inspections:
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williamsauction.com/palmbeach

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The Community Relations Board and the City of Boca Raton
invite you to join neighbors, friends and family

“Boca Raton Celebrates the Dream”

Community-Wide Events to celebrate MLK Month....Building the Beloved Community

Month-long Exhibits

- “BOCA RATON A-Z” Art Display, Boca Raton Community Center, 150 Crawford Blvd
- “HIS DREAM IS OUR DREAM” Art Exhibit , Spanish River Library & Community Center
1501 NW Spanish River Blvd
- “TOGETHER ALL DREAMS ARE POSSIBLE ” - Children’s Art Display
Boca Raton Downtown Library, 200 NW Boca Raton Blvd
- “I HAVE A DREAM” Children’s Art Display, James A Rutherford Community Center, 2000 Yamato Rd
- “PICTURING AMERICA: SPOTLIGHT ON AMERICAN LEADERSHIP AND COURAGE”
Children’s Museum, located at 498 Crawford Blvd, Boca Raton
- **BOCA RATON HISTORICAL SOCIETY ONLINE EXHIBIT: “REMEMBERING PEARL CITY”**
Online exhibit about the history of Pearl City, Boca Raton’s historic African American community sponsored by Boca Raton Historical Society.
www.bocahistory.org and click on exhibits.

Monday, January 16 8:00am – 4:00pm MARTIN LUTHER KING, JR COMMEMORATIVE CELEBRATION

8 am Meet at the Memorial located adjacent to Ebenezer Baptist Church - time for reflection, speeches, prayer by Pearl City Dialogue Group

10am Commemorative March from MLK Memorial to Hughes Park featuring School Marching Band and various participants

11am-4pm Commemorative Program featuring speakers, special music, kiddie activities, food, optional purchases from exhibitors

- Performance by **BOCA RATON COMMUNITY HIGH SCHOOL BAND, KENYA SAFARI ACROBATS, AVENUE D BOYS CHOIR, NEW YOUNG PATRIOTS, PRAISE DANCERS, VOICES OF JOHNSON, TRAVIS, 45 LIVE BAND**
- Messages by **Mayor of Boca Raton, United States Congressman Allen West**

Ebenezer Baptist Church and MLK Memorial, 200 NE 12 St, southwest intersection of Glades Rd & Federal Hwy, adjacent to City Fire House

Hughes Park, 200 NE 14 St, adjacent to Glades Rd, across street from MLK Monument

Cost: All events are free of charge

(561) 393-7827

Saturday, January 14 10am – 1:30pm FAMILY HEALTH CARNIVAL

Sponsoring Organization: Boca Raton Community Hospital and participating groups share health-related information and demonstrations, free health screenings, heart & stroke assessments, diabetes blood tests, cholesterol, blood pressure, nutrition, hearing, dental, pediatric, visions, and more.

Entertainment, music, games, lots of food. Free to public. (561) 955-5097 or jdymtrow@brch.com

Held at Florence Fuller Child Development Center East and Hughes Park, 200 NE 14 Street

Saturday, January 14 11am – 4pm COOL CARS AND SAFE DRIVING

Event will showcase driving safety, with emphasis on providing current driving safety issues for young drivers. Free music, food, car safety activities, handouts, giveaways & special drawings. Organized by and held at European Auto Service, 2740 NW 1 Ave. Free to public. (561) 416-6099

Thursday, January 19 7:30 - 8:30pm “IN REMEMBRANCE OF MARTIN” Video Presentation

A moving tribute of the life and work of Dr. Martin Luther King, Jr. Presented by Friendship Missionary Baptist Church, 1421 NE 2nd Ct. Free to public.

Saturday, January 21 10am – Noon HISTORICAL WALKING TOUR OF PEARL CITY

Presentations will feature community leaders and Boca pioneers on the walk to key locations within this rich historic district --homes, churches, MLK monument, parks, gardens, public housing. . Sponsoring Organization: Developing Interracial Social Change (DISC)

Meet at Macedonia AME Church, NE 11 Street (1 block east of Dixie Highway). Free to public (561) 395-6029 or mab395@bellsouth.net

For information (561) 393-7827 or visit the City’s website www.myboca.us/rec/specialevents

The Boca Raton Tribune

Founded January 15, 2010

DOUGLAS HEIZER, *Publisher***Editorial****DALE M. KING:** *Managing Editor***PEDRO HEIZER:** *Associate Editor***Our Writers/Reporters and Columnists****SKIP SHEFFIELD, MATT BLUES-****TEIN, CHRIS J. NELSON, LINDA****GOVE, CARLO BARBIERI,****SANDY HUNTSMAN, SYNESIO LYRA,****GERALD SHERMAN, MARC KENT,****KAY RENZ, MATT PINEDA,****OLEDA BAKER, DIANE FEEN,****MIGUELANGELO, DENISE****RIGHETTI, MIKE GORA****Online Edition****PEDRO HEIZER:** *Editor***ANDRE HEIZER:** *Social Media***ANDERSON MANCEBO:** *Software Engineer***Business****DOUGLAS HEIZER:** *C.E.O***DINI HEIZER:** *C.O.O.***CHRIS CATAGGIO:** *C.M.O***EDITORIAL***By Dale King***Will somebody please
tell me the truth?**

I am desperately searching for someone who will tell me the truth. Not just a little truth, like "The sky is blue" or "The grass is green." I mean something meaningful – like what is really happening in the United States and even around the world.

Politicians have always been known for bending the truth to fit their own fancy. But now, untruths seem to be trickling into other areas of the federal bureaucracy.

Case in point. I would really like to know what the unemployment rate really is. Let me tell you what I know. The government said it dropped in December to about 8.5 percent. President Barack Obama had a two-day festival of making hay out of that pronouncement. And any time a president makes such hoopla about a seemingly small statistic, I begin to wonder. I take a hint from former British Prime Minister Benjamin Disraeli who complained about "Lies, damn lies and

statistics."

So, President Obama seems happy about the nudge in unemployment. Then, I happened to catch Rush Limbaugh who talked about the lies that Obama was perpetrating. The unemployment rate had not gone down. Tens of thousands of people who are unemployed or underemployed had just stopped looking for work. If the total workforce were the same number as it was when Obama took office, the jobless rate would be 11 percent or more. And if you add in the underemployed – people working part time or below their training level – it's even worse.

Let's apply some logic. The unemployment rate can't have gone up and gone down at the same time. That's impossible. So what is the answer? Who can tell me the truth?

I really wish I could revel in what I think is an upturn in the economy, but I can't. I have always trusted my eyes to feed

signals to my brain. And right now, my eyes aren't seeing anything good.

What I still see are closed-down stores, malls with many empty shops and other businesses continuing to fold. Just since the New Year, two places my wife and I enjoy going to breakfast have closed. We also hear that Kmart and Sears and going to be shutting stores and cutting staff.

If things are getting better, why can't we see it? Why aren't things palpably improving?

Here's something that may not be a truth, but it should be a way of life? Why can't people get along? Not just politicians, but all people.

I was out shopping with my wife on the day before Christmas, and I never heard a more consistent blare of car horns. In a mall parking lot, I saw a woman get out of her own car, storm over to the motorist behind her and read him the riot act.

I am amazed at the value people place in parking

spaces. They want them desperately. And if they don't get them, they become childish, pounding on the horn, yelling the f-word or using the equivalent hand gesture.

Whatever happened to holiday spirit? What should be peace and good will is not very peaceful and not very good.

One more thing and I'll end my rant. Something just broke in the news about a big, elegant and overpriced party that President and Mrs. Obama held several years ago. Apparently, the party was so opulent and such a major waste of money that the Obamas decided not to tell anyone, particularly the many people looking for work.

I heard a comment on the Glenn Beck show. Referring to the Obamarama, he said, "If you do something, and you have to hide it, chances are you are doing something wrong."

If only they had told the truth in the beginning.

Letter Guidelines

Letters must be signed with name clearly legible along with a phone number and complete address.

No unsigned or anonymous letters will be considered for publication.

The Boca Raton Tribune reserves the right to edit the letters for

spelling, grammar, news style, good taste and available space.

Letters from the same author will not be published more often than every 60 days.

E-mails to columnists may be used as letters to the editor.

All letters to the editor should be sent to:

The Boca Raton Tribune,
P.O. Box 970593 - Boca Raton, FL 33497

Letters to the Editor

To the Editor:

Thank you for publishing the recent article about Dr. Debra Hallow, executive director of JARC, being honored with a Senior Achievement Award. Your coverage is greatly appreciated.

Sincerely,
Nicole Flier

To the Editor:

Thank you for your help and support in publicizing the work of Boca Raton Fire Explorers Post 315. We and they appreciate it very much.

Sincerely
Frank A. Correggio, EMT-P
Public Information Officer
Boca Raton Fire Rescue Services

Dear Mr. Sheffield

Thank you for the wonderful review of our recent production of "Cirque Dream Holiday" that was published in the Boca Raton Tribune. Your continued coverage of our events is most appreciated.

Sincerely,
Sonia Maria Green
Vice President Marketing & Sales
Broward Center for the Performing Arts

bocaratontribune.com



High Level Of pH

By Pedro Heizer

The Tebow Effect

If you have a television at home then you have heard of Tim Tebow. Tebow is the electrifying, goodwill quarterback of the Denver Broncos. In the beginning of the season he was the fourth string quarterback at the beginning of the season and is now the starter, and taking his team to a showdown versus the heavily favored New England Patriots this weekend in the Divisional Round of the NFL Playoffs.

Tebow is the story Americans love, the underdog coming up from nothing and making a name for himself. So why are so many rooting for him to fail?

Just last season, Philadelphia Eagles quarterback, Michael Vick had a second chance in life when he started for the Eagles after serving two years in jail. Many believed his career was over, but the renaissance of his electrifying plays brought many Americans to cheer for him because he was the person people counted on and they wanted to see the "feel good" story of the year.

Since the beginning of time, people have always needed to have people they look up to, role models that serve as an example of what you should be like. For years, people have looked to athletes as their role models. In the 90's it was Michael Jordan, everyone wanted to "Be Like Mike". In the early part of the 2000's it was Allen Iverson, and later people like LeBron James, Dwyane Wade, and Michael Vick became what people would look to as role models.

How about a new one? Tim Tebow. No one wants to admit it, but Tebow would wash the floor with any of the other sports role models you have looked up to. Tebow goes above and beyond the call of duty as a pro athlete. Tebow builds orphanages in his home country of the Philippines, he invites fans with serious diseases to come to games, meet him before and after the game, sit with his parents in the stands, and after the game, the child leaves with a signed football and a bible personalized with their name. Tell me when was the last time your role model did that?

Tim Tebow is the role model Americans need, but not the one we deserve.

Unlike most of the athletes that are role models, Tebow practices what he preaches. After a game, he praises God for his opportunity to play, he kneels down and prays before and after the game, and he's not afraid to say, "First and foremost I would like to thank

my Lord and Savior Jesus Christ" before he begins talking to the media. Unlike many, he means it.

Tebow is a different breed of role model; a friend of mine told me a story he had about Tebow from his days at the University of Florida that left a great impression on me. My friend owned a sports bar which was just like hooters when it came to the waitresses. One day he decided to take his waitresses to a Tim Tebow signing in West Palm Beach. He had paid to have Tebow pose with all his beautiful waitresses for a photo for his restaurant. Tebow took the photo but upon my friend receiving the photo from Tebow, he received the check for the money he paid and a note that said: "After Tim saw how the picture came out, he decided that it was bad for his image to be seen with all those girls the way they were dressed".

That takes guts. Who else would say something like that? Who would not want to take a picture with beautiful women?

Tebow is everything that is right about the world; he's that shining light in the midst of all the darkness that surrounds pro-athletes.

Tebow lives Matthew 5:13-16 to the fullest: "You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled underfoot. You are the light of the world. A town built on a hill cannot be hidden. 15 Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.

And this is exactly why people want to see him fail.

It's not that people can't stand Tim Tebow, it's because they can't stand what he believes in. In the bible, Jesus says in Matthew 10:22: "All nations will hate you because you are my followers."

People want to see Tebow trip and stumble on himself, they want to see Tebow is full of hot air when it comes to "this Jesus stuff" and that he is just like every other athlete in the game today.

Not only is Tebow hearing it from fans of the sport, but NFL players themselves have been very vocal about Tebow and his faith. Baltimore Ravens linebacker Terrell

continued on pg. 11



POSITIVE LIVING

By Dr. Synesio Lyra, Jr.

Enjoy the Ride if You Know Where You Are Going!

Nowadays, there is much talk about enjoying the ride, regardless of where such adventure may lead. Indeed, rides of various kinds should be a pleasant experience! Think of the possible magnificent scenery one shall encounter along the way. Consider also the unexpected, joyous surprises one may also undergo, not to mention new friends and acquaintances acquired both en route and on location!

However, even a simple ride anytime, anywhere, should have a purpose. As Sir John Marks Templeton put it, "if we don't know where we want to go, we're more likely to end up in places not of our choosing." Such was the end of the prodigal son of Jesus' parable.

Life always flows at a tremendous fast pace! Although one lives a day at a time, and should be less concerned with yesterday or overly preoccupied with tomorrow, it's imperative

for people to live in the present moment, mindful of what they are doing and of whereto they are progressing.

Regrettably, many persons who seriously embraced the challenge, "Enjoy the ride" concentrate almost solely on what would bring them instant gratification in varied situations.

Some have become overly obsessed with personal greed to the extent that other fellow humans hardly matter at all, and even the law of God is blatantly and repeatedly violated for self-gain.

But it's often then and there that the ride comes to a screeching halt! As an ancient Chinese proverb recommends: "If we do not change direction, we are likely to end up where we are headed."

The consequences of improper actions inevitably catch up with the pleasure seeker, the arrogant, the law breaker! The far-

thest one may have journeyed, or the highest one may have reached, won't count in one's favor. In fact, it will often complicate the matter and never prevent a serious fall.

For the child of God, the most significant pilgrimage is toward home. Yet, it's not an easy ride, it's not an easy road! I once heard someone state that if you can find a path with no obstacles, it probably doesn't lead anywhere. And it has also been said that, "God does not promise us an easy trajectory but a safe arrival" and that's the guarantee which ultimately counts!

A Christian can truly enjoy the ride based on the assurance of reaching the expected destination, by remaining on course, under the leading of the Spirit at every step of the journey. By not deviating from the right path one shall find additional guideposts and clear signals to move ahead!

Dr. Synesio Lyra, Jr. is a Florida resident who, for many years, was a professor at the post-graduate level. He is a writer, a sought-after conference speaker, a man who lived in five continents of the world, having received his education in four of them. When he resided in southern California, he wrote a weekly column for the daily "Anaheim Bulletin," which was carried for about six years, until he moved to south Florida.

IT'S THE HUMIDITY by Ray Russotto



PBC Cultural Council names recipients of 2012 MUSE Awards

Rena Blades, chief executive officer of the Palm Beach County Cultural Council, the official arts agency that serves non-profit cultural organizations and professional artists throughout the county, has announced the recipients of the 2012 Muse Awards honoring individuals and organizations for their contributions to arts and culture throughout Palm Beach County.

The winners were honored last month at a special cocktail reception at the Gavlak Gallery in Palm Beach, hosted by Awards Co-chairs Jean Sharf and Elizabeth Neuhoff and featuring members of the Muse Awards 42-person honorary committee.

The actual Muse Awards will be presented at an entertainment-filled dinner and show at the Kravis Center for the Performing Arts, Cohen Pavilion, on Thursday, February 9, from 6 to 9 p.m. The theme for the upcoming dinner and show is "Behind the Scenes."

"The Muse Awards not only celebrate the many wonderful contributions these recipients are making to Palm Beach County residents and visitors, but they also spotlight the intrinsic ways, both obvious and subtle, that our cultural community continues to positively impact both the local economy and our overall quality of life," said Blades. "Of course, proceeds from the Muse Awards 2012 will once again benefit the Cultural Council's ongoing arts and cultural education programs."

The 2012 Muse Award

Recipients:

Outstanding Civic Leader

Milton & Tamar Maltz

The founder and former Chairman/CEO of the Malrite Communications Group, Milton Maltz has played a critical role in the development of several cultural and entertainment projects across the country, including the Maltz Jupiter Theatre in Palm Beach County.

Tamar Maltz has served on the Board of Directors for the Montefiore Home and the Friends of the Library at Siegal College, and she is founder of the Maltz Museum of Jewish Heritage.

Outstanding Cultural Leader

Dr. Ray E. Robinson

For more than half a century, Dr. Ray Robinson has been a music educator, reviewer and visionary, who retired as artistic director and general manager of the Palm Beach Symphony at the end of the 2010-2011 season. The author of 10 books, Dr. Robinson is a specialist in the music of Felix Mendelssohn, Krzysztof Penderecki, and the works of Polish and Romanian composers.

Outstanding Arts Educator

Stephen Backhus

An interdisciplinary artist and educator, Stephen Backhus creates site specific installations and performances that incorporate his drawings, sculptures and collages. He has worked through such organizations as The Haven, The Arc, Quantum House, Virtue in a Pocket, Kids in Distress and Head Start.

Outstanding Art or Cultural Program of the Year

Obon, The Annual Bon Festival at the Morikami Museum & Japanese Gardens in Delray Beach. It is the only museum in the southeast United States dedicated to Japanese culture. Following ancient tradition, Obon, the annual Bon Festival



Andrew Kato – Council's Choice Award Winner

at the Morikami celebrates the moment when, according to legend, ancestral spirits return for a visit to the living and depart to the otherworld on a journey illuminated by floating paper lanterns.

Outstanding Arts & Cultural Organization (Budget Under \$500,000)

The Palm Beach Poetry Festival

The Palm Beach Poetry Festival is a nonprofit organization dedicated to fostering the writing, reading, performance, and appreciation of poetry by presenting an annual festival in Delray Beach. The eighth annual festival will be held January 16-21 at Old School Square in Delray Beach.

Outstanding Arts &

Cultural Organization (Budget Over \$500,000)

Boca Raton Museum of Art

Over the last 60 years, the Boca Raton Museum of Art has evolved into one of the leading cultural institutions in South Florida achieving international recognition as a world-class visual arts institution, presenting dynamic traveling exhibitions from acclaimed and emerging artists, and an outstanding permanent collection.

Herbert Ubertalli Award for Visual Arts

Carol Prusa

An award-winning visual artist, Carol Prusa has exhibited her work in numerous museums including the American Museum of Arts and Design in New York City and the Triennial Exhibition of German and American Artists that traveled to the Museum for Angewandte Kunst in Frankfurt.

Council's Choice Award

Andrew Kato

Now celebrating his sixth anniversary as artistic director of the Maltz Jupiter Theatre, Andrew Kato has produced more than 30 major shows.

Tickets to attend the Muse Awards gala dinner and show on February 9 at the Kravis Center are only \$300 per person. In addition, sponsorship opportunities are still available.

Contact Melissa Santee, Cultural Council's Director of Development, by phone (561.472.3340) or email (msantee@palmbeachculture.com), or visit www.palmbeachculture.com/museawards2012.



Milton & Tamar Maltz – Outstanding Civic Leader Award Winner

The Tebow Effect

continued from pg. 10

Suggs had this to say about Tebow and his faith, "We don't need God on our sidelines".

"People will celebrate guys who rape girls in night clubs, kill dogs, or shoot themselves in the leg, but a guy who prays and builds a hospital for orphans, no one wants to hear about him" said a fervent Tebow fan, Adam Harding.

ESPN has said nothing but negative things about Tebow since his promotion to starting quarterback. "He can't throw", "he can't play the pro-style offense" just to name a few of the things the so-called analysts are saying. But if all this is true, and Tebow truly can't throw the football, or play in a pro-style offense then there's something bigger at work. This

is too great to simply be called a Cinderella run by a team that started 1-4 and won eight of its last 12 games.

In the back of everyone's mind, people are wondering "Is God's hand at work at a football game?" who knows? Personally, I believe it is. I believe God is using Tebow to witness to people; He's using Tebow to spread the gospel in a way that I've personally never seen before but is effective nonetheless.

Like I said before, Tebow is everything that is right about the world; he's that shining light in the midst of all the darkness that surrounds pro-athletes so if you are cheering against Tim Tebow, then you are cheering against the little good we have left in this world.

Municipal News

The Boca Raton Tribune

Aaronson attends groundbreaking for Delray Marketplace

By Burt Aaronson
County Commissioner
District 5

DELRAY BEACH — I recently attended the groundbreaking of the highly-anticipated Delray Marketplace. This will be the second and last traditional marketplace development approved in the Ag Reserve. Canyon Town Center in West Boynton Beach was the first TMD which opened in May of 2009.

The Delray Marketplace represents an investment of \$95 million dollars in the West Del-

ray area. Job opportunities should reach 1,500 during construction, with 700 full and part time jobs expected thereafter. It is estimated that Delray Marketplace will bring \$400,000 per year in taxes once complete.

The 258,000+ square foot project is slated to open by November 2012. It will feature both shopping and entertainment anchored by a 12-screen movie theater, 16-lane bowling alley and a Sony Digital Lounge.

It will also contain a Publix grocery store, a

sheriff's sub-station and a family entertainment amphitheater, all accessible by several entrances off Atlantic Avenue and the new Lyons Road extension.

Current committed retailers include Max's Grille; Famous Famiglia Pizza; Terra Fiamma; Japango Sushi Thai Asian Cuisine; Orange Leaf Frozen Yogurt; Shula Burger; The Grind Coffee; Sababa Lounge; The Olive Tap; Chico's; White House Black Market; Apricot Lane; JoS. A. Bank; Bobby Chan Ap-

parel; Aroma Fragrance; Charming Charlie; Venetian Spa, Chase Bank; Ted Todd Insurance; and Verizon Wireless. For more information you can visit delraymarket.com.

As always, I invite your comments on any issue of interest to you. As your Commissioner, I am here to help you. You may write me at 301 N. Olive Ave., West Palm Beach, 33401 or call my staff at 276-1310 or toll free at 877-930-2205. My email address is: mailto:baaronso@pbc.gov.org.



Pictured from left to right are Mary Lou Berger, Senior Administrative Assistant to Commissioner Burt Aaronson; John Kite, CEO of Kite Realty Group; Commissioner Burt Aaronson and Thomas K. McGowan, President and COO of Kite Realty Group

Boca Fire Explorers gather donations to attend national conference

BOCA RATON — Boca Raton Fire Rescue Explorer Post #315 is working to raise money.

The Fire Explorers spent time around Christmas wrapping gifts for customers at Barnes and Noble

Booksellers in the University on Glades Road in Boca Raton

The money raised will be put toward the cost of attending the National Fire/Emergency Services Explorer Conference at Colorado State Uni-



Explorers work for donations at Barnes and Noble

versity — Fort Collins, Colorado. More than 1000 Fire Explorers from posts across the country will attend this prestigious event.

Boca Raton Fire Explorers attended the National Conference in 2005 at Texas A&M University and in 2007

at The University of Illinois, Urbana. These week long seminars have an added feature where Explorer Posts compete in various events. In 2005 and 2007 Boca Raton Fire Explorers placed 2nd overall.

Boca Police arrest teen on charges of stealing four cars

BOCA RATON — Boca Raton police arrested a 16-year-old suspect on multiple charges of car theft, police said.

Boca Police detectives charged Alexander Berrian of Palm Beach Gardens with four counts of grand theft of a motor vehicle and one count of grand theft, for stealing tools that were in a Dodge Ram stolen from the Cinemark Theater.

Police said the first crime was discovered Dec. 10 at the Tri-Rail Station, 680 West Yamato Road. The victim told officers he parked his Dodge Caravan at the station and when he returned, the van was gone. While officers were investigating this case, they discovered an abandoned Dodge Neon in the parking lot, which had been reported stolen with the Palm Beach County Sheriff's Office. The officer processed the Neon and recovered several latent prints, police said.

The next theft happened on Dec. 14 when another Dodge Caravan was stolen from the Advent Lutheran

Church, 300 East Yamato Road. The vehicle was parked at 6 p.m. and discovered stolen just before 8 p.m.

On Dec. 22 a 2001 Dodge Neon was stolen from the Irishman, 1939 NW 2nd Avenue. The final theft happened on Dec. 29 at the Cinemark Theater, 3200 Airport Road. A Dodge Ram pick-up truck was stolen from the parking lot between 4 and 6:30 p.m.

The investigating Boca Raton detective, Robert Adams, was notified that a latent print recovered from the Dodge Neon found at the Tri-Rail Station was identified as belonging to Alexander Berrian. Berrian's print was also recovered from the Dodge Neon stolen from the Irishman and recovered in Lake Worth.

On Jan. 3, Detective Adams contacted detectives with the Palm Beach County Sheriff's Office Auto Theft Task Force to check on the status of Berrian and was told he had just been picked up on their charges. Detective Adams interviewed Berrian at the sheriff's office.



From left are Fire Explorers Kathleen Barry, Nick Hallman, Davide Lombardo

SECTION B BOCA LIFE & ARTS

The Boca Raton Tribune

January 13, 2012 through January 19, 2012 • Year II • Number 082

Symphonia concert offers world premiere of piece by Boca's Marshall Turkin

BOCA RATON -- The second concert of the critically acclaimed Boca Raton Symphonia's 2011-2012 season will take place on Sunday, January 15th at 3 p.m. at the Roberts Theater at Saint Andrew's School, 3900 Jog Road, Boca Raton.

This performance will feature Guest Conductor Arthur Fagen and Alex Kobrin, piano soloist, leading the orchestra in performances of the world premiere of Turkin's Five Brief Essays on One Theme, Beethoven's Piano Concerto No. 4 in G major, op. 58.

Boca resident Marshall Turkin is the former executive director of the Pittsburgh and Detroit Symphony orchestras. In his 80's, he is still active on the music scene. The concert will also include Mendelssohn's Symphony No. 3 in A minor op. 56, "Scottish."

"This year's concert series is our most exciting ever, with wonderful music for everyone" said Steven Pomeranz, president of the Symphonia Board, said.

The mission of the Boca Raton Symphonia is to provide professional classical music, in and around the greater Boca Raton community,

through performances and educational outreach programs featuring nationally and internationally acclaimed conductors and soloists.

Arthur Fagen is in great demand as a conductor of symphony and opera in Europe, Asia, South America and the United States. He is a regular guest at the most prestigious opera houses, concert halls, and music festivals at home and abroad. In August 2010, the Atlanta Opera appointed him as music director, effective September 2010.

From 2002 to 2007 Fagen was the music director of the Dortmund Philharmonic Orchestra and the Dortmund Opera. He has recorded for BMG, Bayerischer Rundfunk, SFB and WDR Cologne. He records regularly for Naxos, for whom he has completed the 6 symphonies of Bohuslav Martinu. The recent Naxos recording of Martinu's Piano Concertos has been awarded an Editor's Choice in the March 2010 issue of Gramophone Magazine.

Alex Kobrin is the winner of numerous piano competitions including the prestigious Gold Medal at the 2005 Van Cliburn International Piano

Competition as well as the Neigauz, Busoni, Hamamatsu, Glasgow, Caltanissetta, and Warsaw Chopin International Competitions. He has also received many special awards for his brilliant technique and musicality.

Kobrin has toured extensively in Europe, Asia, and the US. He has collaborated with many major orchestras such as New York Philharmonic, Tokyo Philharmonic, English Chamber Orchestra, Orchestra Verdi, Orchestre de la Suisse Romande, Moscow Philharmonic, Royal Liverpool Philharmonic, Dallas Symphony, Berliner Symphony, Chicago Sinfonietta, and many others.

The musician now divides his time between performing around the world and teaching, and he has been a genuine inspiration to many students. He served on the faculty of the Gnessin's Academy of Music from 2003 to 2010; since 2006 he has been on the faculty of the IKIF at Mannes College of Music, and is now the "L. Rexford Whiddon Distinguished Chair in Piano" at the Schwob School of Music of Columbus State University.

Kobrin regularly undertakes recording proj-



Piano soloist Alex Kobrin

ects working with various well-known labels (Quartz, King Records, Fondamenta, and Harmonia Mundi). In addition to the Van Cliburn Competition disc, three volumes of Essential Chopin, and a Rachmaninoff disc, he released a Brahms CD in the

summer of 2010, and additional albums are scheduled.

Information about season ticket and individual ticket pricing can be found at www.bocasymphonia.org or by calling tel:866-687-4201.



ENTERTAINMENT

"Tinker Tailor" a Thinking Person's Mystery-Thriller

See page 15



LET'S TALK LIFE AND STYLE

See page 15

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BOCA FOOD FINDS

By Denise Righetti

Sophie n Me

This past Saturday, I attended a luncheon that I had organized at Sophie n Me, a new Vegan/Vegetarian/Organic restaurant (that also offers non veg selections as well) in Boca Raton on Federal Highway, just north of Spanish River Blvd, in the plaza on the west side. I arranged a tasting menu which satisfied all in attendance.

As the group arrived and we were waiting to begin eating, we were each brought a sample of their Matcha Green Tea Smoothie (Vegan). It was chock full of "green" and yet contained just the right amount of sweetness. (Full glass: \$4) First item we sampled was the Coconut Curry Soup (Vegan) made with rice vermicelli & spinach and simmered in a coconut milk & curry broth. (Served with organic chicken for our non-vegan friends). This soup was perfectly balanced

and had excellent flavors. It reminded me of my favorite Thai soup, Tom Ka Kai. (\$5.75 for a bowl; add \$1 for chicken or \$2 for shrimp). Our sampler plate arrived and on it was a beautiful arrangement of salads, a grilled veggie wrap and Macaroni & Cheese. The first salad I tried was the Corn Off The Cobb Salad. (\$9.75) I had the non-vegan version which consisted of a traditional Cobb Salad of Romaine & Boston Lettuces, avocado, tomato, nitrite-free bacon, chopped egg & roasted seasoned corn, cut off the cob. You can choose from a variety of salad dressings; all are organic and the Lemon-Thyme Vinaigrette, which is homemade, is also vegan. I tried this one and also the Balsamic Vinaigrette and both were delish! The other salad we sampled was the Quinoa & Pesto Salad (Vegan). (\$9) OMG,

was this amazing! I have had quinoa a few times before, but never have I had anything that tasted this good! The pesto sauce elevated this dish to a whole new level, creating such a unique taste; it was tossed with red peppers, onions and garbanzo beans. The grilled veggie wrap (\$6.75), was made with grilled sweet peppers, portabella mushroom, caramelized onions and eggplant inside a grilled whole wheat wrap and served with a creamy avocado dressing. Delish! The Macaroni & Cheese (Vegan) is made with whole grain macaroni and baked in a creamy vegan cheese sauce. (\$5.75). It was so creamy and cheesy, I didn't feel I was missing out by not having the "real" dairy products at all. For dessert, we were delighted with mini Green Tea Cupcakes (Vegan). They were very good and not

too sweet either. (\$1.50 ea)

Sophie n Me takes special care to ensure all menu items are made with all-natural, sustainable and/or organic ingredients that are free from preservatives, hormones, antibiotics, chemicals or GMO's. All of their vegetables are 100% certified organic. They are committed to distinguishing themselves as a leader in fresh flavor that you can savor and are proud to provide a health-conscious and environmentally-supportive dining option for you and your family.

Sophie n Me is open Tuesday through Saturday 11am - 9pm. Located at 4251 N. Federal Highway, Boca Raton Phone: 561-961-4899 Email: mailto:info@sophieenme.com. www.sophieenme.com. Facebook: www.facebook.com/SophieenMe.

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ENTERTAINMENT

By Skip Sheffield

"Tinker Tailor" a Thinking Person's Mystery-Thriller

Tired of cars that crash and things that blow up? "Tinker, Tailor, Soldier, Spy" is a thinking person's action-mystery whodunit.

Gary Oldman stars as George Smiley, a top intelligence officer now retired from Britain's secret service in this adaptation of John Le Carre's 1974 chapter of his popular spy novel series.

The year is 1973 in the chilliest part of the Cold War. A year previously something went terribly wrong in Hungary. Three people were shot dead in downtown Budapest in broad daylight. One of them was an important "person of interest" in an ongoing investigation of a "mole"



Gary Oldman in "Tinker, Tailor, Soldier, Spy"

the "Circus," as British Intelligence headquarters (MI-6) in London is nicknamed.

Smiley wants no part of the "Circus," but it is hard for him to turn down a challenge. His marriage is in tatters and he is at loose ends. Grudgingly, he jumps

stick with it, it can be quite satisfying if not exciting.

The ensemble cast is absolutely first-rate. Toby Jones is at his effectively prissiest as fellow agent Percy Alleline. Ciaran Hinds, Colin Firth, Tom Hardy, and Mark Strong all contribute strategic parts to the complicated puzzle, but it is Gary Oldman as the taciturn, ingenious and fearless George Smiley who holds it all together.

Oldman tips his hat to the great Alec Guinness, who created the trench coat-wearing, bespeckled master spy in a seven-hour version of this 400-plus-pages book, broadcast by the BBC. I neither read the book nor saw the series, so I was glad to experience this kind of Cliff Notes treatment of John Le Clare's spy-versus-spy world.

I do not miss the Cold War one bit. This film reminds me why.

Three-and-a-half stars.



Gary Oldman in scene from "Tinker, Tailor, Soldier, Spy"

or informant to the Soviet Union at the very highest level of British Intelligence.

A melancholy man known as Control (John Hurt at his gloomiest) who resigned at the same time Smiley did after the fiasco, appeals to Smiley to come back to

back into the fray.

"Tinker" is so gray and gloomy director Tomas Alfredson could have just as well shot in black-and-white. There are many suspects, and Smiley considers them all. The plot is as complicated as a high-level chess match, but if you



AS SEEN BY FEEN

By Diane Feen

A change in heart – but not of heart

Not much in this world is static today. Life changes, the weather changes and our personalities change (for better or worse).

But there is one thing that should stay the same – and that is tolerance for each other. If you have seen any of the recent political debates you might think we were living in a war zone. Instead of seeing the good in each other, candidates (and their followers) have been attacking each others' values, skin color and belief systems.

And it seems to be a national pastime.

In recent years wise men (and women) made sure they did not talk about two subjects in public – religion and politics. But today you have to walk a fine line in the sand about everything. At a recent dinner with friends I was asked who I might vote for in the next election. Without missing a beat, I mentioned the name of my political favorite. The next thing I knew this candidate was being blamed for everything from lack of world peace to job losses.

And then the moment of reckoning came blasting into my face like a cool gust of wind. "Are you a socialist," I was asked. Gee, I thought, I am a good bargain shopper, a kind and loyal friend and a night person – but a socialist, I don't think so.

And then I got to thinking. It's Fox News verses MSNBC, the mainstream media verses The Tea Party, Blacks against Whites, homophobes against gays, rich against poor and big government against small government. How did we get here?

And then I thought about my late friend Mary Howard, who grew up in Alabama and moved to South Florida. Mary loved everyone and was beloved by everyone she met. When she was harassed at her job, she never got angry or bitter. "When I was a private duty nurse I took whatever harsh words they put on me and looked back with a smile. I learned that kindness is the best medicine to end discrimination."

That is one reason that Mary has a spot on

the Wall of Tolerance in Montgomery, Alabama. It's also the reason everyone loved Mary so much, she was a bright light in our flickering world.

One person who would never make the Wall of Tolerance is my upstairs neighbor. Just last week she railed against me for letting a moving truck park in her spot. Even though she does not have a car, she was livid. "You are disrespecting me by letting them park in my space," she screamed. As much as I tried to act like Ghandi I succumbed to a blistering showdown of words.

And then I realized that she is just a nice lady acting badly. I also realized that if I want to see the world the way Mary did or the way Ghandi did, then I have to put on rose colored glasses (and a smile in my heart) and be tolerant of other people's foibles and idiosyncrasies.

Although it may take a lifetime, it is something dharmic to aspire to. And not only that, it beats the moniker of disrespectful socialist.

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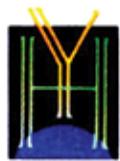
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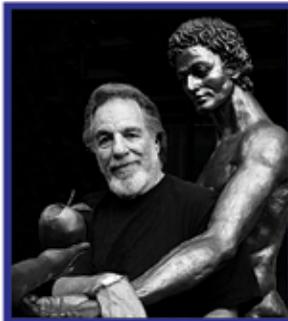
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 PHOTO BY DENISE FELICE

SPOTLIGHT

Local resident brings new theater to Boca Raton

BOCA RATON — Parade Productions, a new professional, not-for-profit theatre company, has scheduled its debut performance of the “Brooklyn Boy,” starring Avi Hoffman, at The Studio at Mizner Park.

The executive producer of Parade Productions is Candace Caplin, a resident

of Broken Sound in Boca Raton, who is making a lifelong dream come true.

“It’s always a challenge to start a theatre company,” Caplin says. “That said, when you have a passion to do something, you have to want it more than you fear it.”

Karen Rosenberg, the project’s associate produc-

er, works with an advisory committee of 16, which includes many Broken Sound residents.

“It’s a privilege to work with someone to achieve their dream,” Rosenberg says. “It’s also a privilege to work with our volunteers and supporters, who have been beyond amazing.”

A strong supporter of the arts, Rosenberg is adamant that live theatre be saved for coming generations. “Theatre is an art form that’s going to be lost unless we all do our part to keep it alive.”

Caplin believes that theatre is all about community. “Part of what’s wonderful about theatre is that you can’t do it alone. It literally takes a village. And our village, especially Broken Sound, has been behind us from the beginning. We couldn’t be more grateful.”

“We’re excited,” she adds. “This is an op-



Candace Caplin

portunity to bring more live, professional theatre right here to Boca Raton. There’s something about sharing a theatrical experience with your friends and neighbors. It’s great to know that you’re part of a community that values and supports the arts, the creative spirit, the world of ideas.”

“Brooklyn Boy” will be presented at The Studio at Mizner Park, 201 Plaza Real, Boca Raton (formerly the Cartoon Museum) from January 26-February 12. For tickets, go online to ParadeProductions.org or call tel:561-445-9244.

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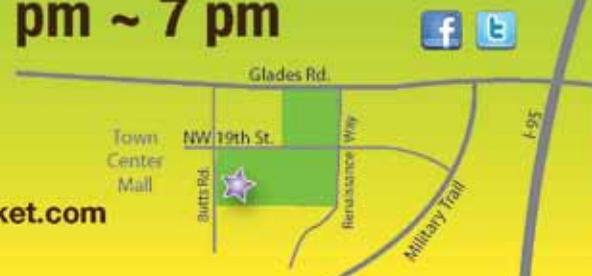
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SPOTLIGHT

Pressel hosts reception, pro-am tourney to benefit cancer care at Boca Hospital

Story, photos by
Dale King

BOCA RATON – Hundreds of friends and fans gathered at St. Andrews Country Club this past weekend for a double-header of golf aimed at raising money for cancer care and treatment.

St. Andrews resident Morgan Pressel, the LPGA

golfer ranked 13th in the world, held a “Morgan Pressel & Friends Cocktail Party Sunday evening, followed by a pro-am tournament on Monday with fellow golfers Paula Creamer, Cristie Kerr and Lexi Thompson, among others.

The event included live and silent auctions and a buffet dinner.

Proceeds will benefit the Christine E. Lynn Women’s Health & Wellness Institute at Boca Raton Regional Hospital. Lynn also received the first annual Kathryn Krickstein-Pressel Award named for Morgan’s mother who died of breast cancer at an early age.

The Morgan Pressel Foundation was started in

order to further the fight against cancer, particularly breast cancer. Following her mother’s death, Morgan devoted herself to try and fight this disease.

In just four years, her efforts, with the primary support of St. Andrews Country Club members and her sponsors, have raised more than \$1.8 million dollars to

aid and support patient care and research in the fight against breast cancer.

In 2010, the Kathryn Krickstein-Pressel Mammovan, under the direction of the Boca Raton Regional Hospital, became a reality. This mobile miracle travels throughout Palm Beach County providing affordable breast exams and

health care to those who might not otherwise receive it. Since March 2010 the Mammovan has provided 2518 mammograms.

The money raised supports patient care and research at The Boca Raton Regional Hospital, the University of Miami Sylvester Cancer Center as well as Hospice by the Sea.



From left, Jan Savarick, president of the Boca Raton Regional Hospital Foundation; Christine Lynn; Warren Orlando and John Gallo.



From left are Ken Garrod, Scott Garrod and Dr. Ken Garrod, supporters of the Morgan Pressel Foundation.



From left are Jerry Fedele, president and CEO of Boca Raton Regional Hospital; Jan Savarick, Morgan Pressel and Christine Lynn. They are holding the Kathryn Krickstein-Pressel Award presented to Lynn.



Dr. Louise Morrell, medical director of the Women’s Health & Wellness Institute at Boca Raton Regional Hospital, with her husband, Peter Silberstein.



Dr. Louise Morrell, medical director of the Women’s Health & Wellness Institute at Boca Raton Regional Hospital, addresses the audience.



Jen and David Bender.

Crane’s BeachHouse, Delray Beach hold ‘fun-raiser’ to support troops

DELRAY BEACH — Crane’s BeachHouse Hotel & Tiki Bar recently partnered with the city of Delray Beach for the fourth year in a row to generate support for American soldiers overseas.

As part of Project Holiday, a community-wide effort by the city of Delray’s You Are Not Alone and the Church of the Palms, Crane’s BeachHouse hosted a “Support the Troops Fun-Raiser” that attracted around

75 people.

“We call it a Fun-Raiser because there was no cost to attend,” said Cathy Ballestriere, general manager of Crane’s BeachHouse. “All we asked is that people bring a much-needed item to donate to our brave

troops abroad. A percentage of bar sales and all raffle proceeds from the event also were donated to You Are Not Alone, a local group of families who have family members serving overseas, many of them bravely serving in

conflict areas.”

“It was a very successful evening,” said organizer Delores Rangel. “We wound up mailing 257 boxes of donated items and supplies to our troops.”

“Among those in at-

tendance were father and son John and Franklin Castro. John is an active member in the U.S. Army and Franklin is a senior at Atlantic High School who is active in ROTC, said Rangel.

Continued on page 19

SPOTLIGHT

Crane's BeachHouse, Delray Beach hold 'fun-raiser' to support troops



John Castro, Cathy Balestriere, Franklin Castro



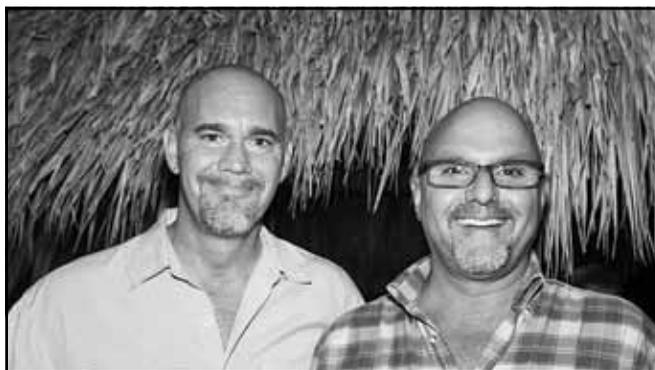
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Boca Hospital gets \$25M grant to construct neuroscience institute

Story, photos by Dale King

BOCA RATON – In what is the largest, single philanthropic gift in the institution's history, Boca Raton Regional Hospital has received a \$25 million grant from the Marcus Foundation to create the Marcus Neuroscience Institute on the hospital's main campus on Meadows Road.

The facility will serve as a new, state-of-the-art center of care for neurologic and neurosurgical patients, and transform the landscape of clinical capabilities available in the region.

The gift was initiated by Bernie Marcus, chairman of the Marcus Foundation and co-founder and former CEO of The Home Depot, and his wife, Billi. They were joined on the stage of the Dawson Theater at the hospital by Richard Schmidt, chairman of the hospital board; Jerry Fedele, president and CEO of the hospital; Charles Posternack, MD, chief medical officer of BRRH and Jan Savarick, president of Boca Raton Regional Hospital Foundation, for the announcement Jan. 11.

Now residents of Boca Raton, the Marcuses are noted philanthropists whose generosity has benefited myriad causes, including the Marcus Autism Center for children with brain and developmental disorders, the Grady Health System in Atlanta, the Centers for



From left are Charles Posternack, MD, Warren Orlando, Bernie Marcus, Billi Marcus, Richard Schmidt and Jerry Fedele.

Disease Control and Prevention, the Georgia Aquarium in Atlanta and the Marcus Community Bridge program at the Sheppard Center in Atlanta, to assist patients with spinal cord and brain injuries as they return to their homes, workplaces and communities.

"We have long tried to help those involved in caring for individuals with neurological disease or impairment, on both a pediatric and adult basis," said Bernie Marcus. "Our plan at Boca Regional is to meld the best in physician care with the finest technology and a marvelous facility to provide a center of excellence in the neurosciences that is unparalleled in Florida."

The 52,000 square foot facility will house a 22-bed Neuro Intensive Care and Step-Down unit. The rooms, all of which are private, will be equipped with special monitoring capabilities. They will have an abundance

of natural lighting and an antechamber where family members can stay during the patient's hospitalization.

The institute will contain two dedicated operating rooms, each equipped with intra-operative MRI and CT scanners. A Flash CT scanner will be an important component of the radiologic capabilities offered at the institute. The imaging technology provides high-quality scans in just seconds and at very low radiation doses.

Another distinctive feature is the Biplane Angiography Suite. The second such suite at BRRH, it allows physicians to produce highly detailed, three-dimensional images simultaneously from two regions of the head, from front-to-back and side-to-side.

A robust clinical research component will be a feature of the institute, and collaborate extensively with scientists at Florida Atlantic University, especially its Louis and Anne Green Memory and Wellness Center.

"This is a watershed day for the advancement of the neurosciences in Florida and beyond," said Fedele. "The benefits of this generosity will be felt by generations of patients and professionals alike."

Mayor Susan Whelchel called the announcement "a blue ribbon day. This really has rounded out what a city can be."

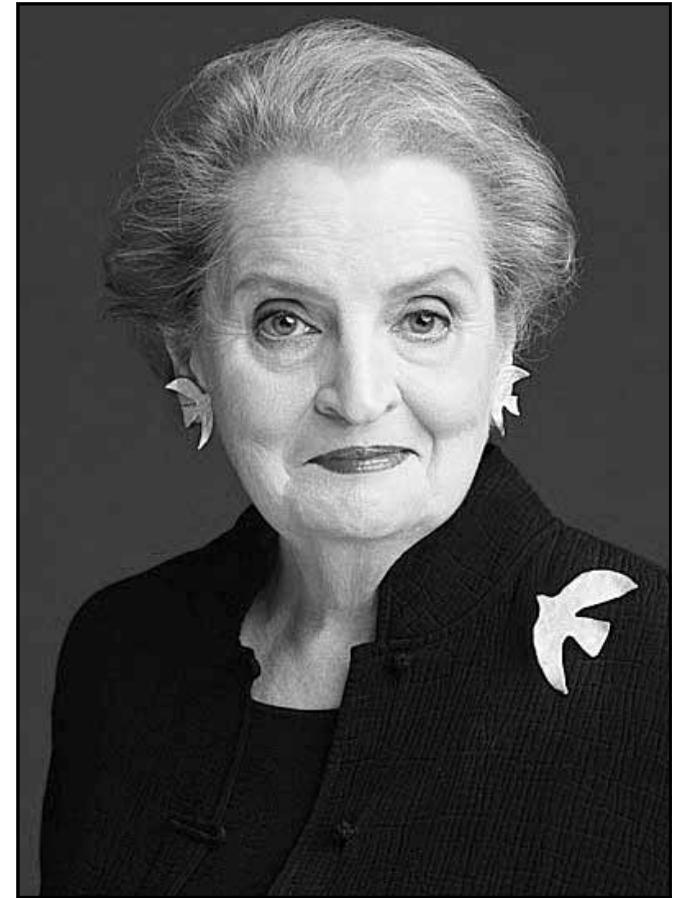
Madeleine Albright to discuss economy, security at FAU symposium

BOCA RATON – Florida Atlantic University's Alan B. Larkin Symposium on the American Presidency presents Madeleine Albright with "Economy and Security in the 21st Century." The lecture will take place Wednesday, February 15, at 3:30 p.m. in the Carole and Barry Kaye Performing Arts Auditorium on FAU's Boca Raton campus. A book signing will follow the lecture.

Albright was the 64th U.S. secretary of state of the United States and the first woman to hold that post. Prior to her appointment in 1997, she served as the U.S. Permanent Representative to the United Nations and as a member of U.S. President Bill Clinton's Cabinet and National Security Council.

As secretary of state, Albright reinforced America's alliances, advocated democracy and human rights, and promoted American trade, business, labor and environmental standards abroad.

Albright is currently a professor in the Practice of Diplomacy at the Georgetown University School of Foreign Service. She chairs both the National Democratic Institute for International Affairs, the Pew Global Attitudes Project, and serves as president of the Truman Scholarship



Former U.S. Secretary of State Madeleine Albright

Foundation.

Albright serves on the board of directors of the Council on Foreign Relations and the board of trustees for the Aspen Institute. In 2009, she was asked by NATO Secretary General Anders Fogh Rasmussen to chair a group of experts focused on developing NATO's New Strategic Concept.

Albright is the chair of Albright Stonebridge Group, a global strategy firm, and chair of Albright Capital Management LLC, an investment

advisory firm focused on emerging markets.

Single tickets are \$35 and groups of 15 or more are \$30 per ticket. FAU faculty and staff tickets are \$10, and FAU students may obtain admission for free with a student ID. Tickets can be purchased at www.fauvents.com, by calling 1-800-564-9539 or at the box office in FAU's Student Union.

For more information on the Symposium on the American Presidency, visit www.fau.edu/larkin.



Rendering of the planned Marcus Neuroscience Institute at Boca Raton Regional Hospital.

Beautification Committee seeking members

BOCA RATON – The Boca Raton Beautification Committee will hold its next meeting Jan. 18 at noon at City Hall, 201 W. Palmetto Park Road,

Boca Raton. The committee encourages people interested in the continuing beautification of Boca Raton to attend.

Meetings are open to

the public and are held at Boca Raton City Hall on alternate Wednesdays of each month at noon. Contact 393-7700

Business

The Boca Raton Tribune

FAU's College of Business launches new mentoring programs

BOCA RATON - Florida Atlantic University's Adams Center for Entrepreneurship within the College of Business will celebrate National Mentoring Month with the launch of its new Entrepreneur in Residence (EIR) Program and the spring 2012 Executive Leadership Program (ELP).

FAU's EIR program will offer FAU students, faculty, alumni, as well as the competitors participating in FAU Business Plan Competition an opportunity to receive one-on-one mentoring from five highly experienced entrepreneurs and executives. The program began Jan. 9 and will take place Mondays through Thursdays in the DeSantis Pavilion on the Boca Raton campus.

"Entrepreneurs in Residence make all the difference in providing realistic guidance to whether or not a business will attract the right management team, receive funding and become a growth business," says Kimberly Gramm, director of the Adams Cen-

ter for Entrepreneurship. "We have an enormous talent in our EIRs. All of our students should take advantage of the great asset we have in them."

Each EIR has a wealth of experience in new venture development, advising in start-up ventures, entrepreneurship education and a demonstrative history of innovation in high growth industries. The spring 2012 EIR's are Bob Nelson, founding member of The New World Angels investment group; David Gray, founder of Casebriefs(TM); Phil Viscomi, managing partner of Business Growth Advisors, Inc.; Ronald Rosenzweig, co-founder and previous executive chairman, president and chief executive officer for ANADIGIS and Robert Schattner, founder and president of Omnimed.

The ELP offers College of Business students and alumni an opportunity to be matched with mentors who are experienced professionals in the local community from January through May.

The program's mission is to strengthen community connections while providing the opportunity for mentors to help students and alumni succeed.

The ELP mentees will receive support and encouragement as they are guided through current issues and strategies to assist in launching or advancing their career. A shared goal tailored to each person's specific needs will be addressed, and will include interviewing tips, networking opportunities or work-shadowing. Seasoned mentors also will give insights and advice based on real experiences from their own successes and failures.

Appointments for the EIR program can be booked at tel:561-297-0927 or mailto:adamscenter@fau.edu. To become part of the ELP program, register to attend the ELP information session on Thursday, January 18 at business.fau.edu/elp. For more information on FAU College of Business mentoring programs, contact mailto:japtman@fau.edu.

Boca's Dennis Max and partners open Italian eatery in Deerfield Beach

BOCA RATON - A celebrated Boca Raton restaurateur and his partners have opened a new eating spot in Deerfield Beach.

Frank & Dino's, a Max Group establishment, opened this week and features traditional southern Italian recipes, fresh ingredients and simple preparations.

Located at 718 S. Federal Highway in Deerfield Beach just south of Hillsboro Boulevard, it serves "back to basic" Italian cuisine in an atmosphere reminiscent of the Rat Pack era.

The Max Group is led by Dennis Max of Max's Grille fame. Together with partners Fred Stampone and John Williams, The Max Group owns or manages Max's Grille in Mizner Park; Max's Harvest, a farm to fork con-



Silvana Broadhead, director of operations for The Max Group, with Janine Grimaldi, who handles several jobs for the organization.

Mickey Rourke.

A native of Genoa, Italy, Vaccarezza also owned Campagnola's, later Cavallino, on Federal Highway in Boca Raton. The restaurant's executive chef is Tonino Orsino, a Naples, Italy native who served as the executive chef at Primavera in New

The 155-seat restaurant measures some 4,000 square feet and features patio seating and a private room for 20. An inviting dining room and lounge give tribute to Frank Sinatra, Dean Martin and other Rat Pack-era personalities. The restaurant will showcase Frank Sinatra and Dean Martin memorabilia and will feature live music Thursday through Saturday



Dennis Max, left, with Silvana Broadhead and Fred Stampone.

cept in Delray Beach's Pineapple Grove District; Frank & Dino's and soon to open Assaggio Del Forno in Boca Raton's Regency Court at Woodfield Country Club.

Frank & Dino's managing partner is restaurateur Carlo Vaccarezza who owned a number of well-known establishments in New York City, including Rusty's (co-owned with baseball great Rusty Staub) and DaNoi, before relocating to South Florida where he co-owned South Beach's Mickey's with

York City, Campagnola's and Cavallino in Boca Raton, and Fort Lauderdale's Casa D'Angelo and La Veranda.

"Reminiscent of Mulberry Street in New York, the North End in Boston, and South Philadelphia, Frank & Dino's brings the unpretentious warmth of a neighborhood Italian-American restaurant to Deerfield Beach," said Dennis Max. "Carlo and Tonino have captured our vision and will serve some of the best traditional Italian cuisine in South Florida."



Lenny Prescott, a waiter at Frank & Dinos.

Zonta club meetings

DEERFIELD BEACH - Guests are invited to join members of the Zonta Club at luncheon meetings held on the 3rd Tuesday of each month.

The next meeting will be held at Duffy's of Deerfield Beach, 401 N. Federal Highway, Deerfield Beach. The club will have networking from 11:15 - 11:45 and

lunch at noon on January 17. Guest speaker will be Gordon Vatch, chairman for The Relay for Life in Deerfield Beach.

Zonta International is a classified service organization of executives and professionals working together to advance the status of women locally and world-wide through service and ad-

vocacy.

The organization has more than 1,200 clubs in 67 countries, with a membership of nearly 33,000. The Zonta Club of Greater Deerfield Beach is a 501(c) 3 organization, registered in the United States.

Please RSVP to Sandy Manning at 561-392-2223 for reservations.

Boca-based Patriot Rail donates rail bed to two Mississippi counties

BOCA RATON — Patriot Rail Corp., a privately-held short line and regional freight railroad holding company, today announced that it has donated its 21-mile Mississippi & Skuna Valley Railroad ("MSV") to Calhoun and Yalobusha counties in Mississippi.

"Calhoun County appreciates the gift of the rail bed. The gift enables us to use the rail bed for recreational purposes and will remain in place for any future railway needed for industrial development of Calhoun County and surrounding areas"

The donation sets the stage for the counties to pursue creation of the Skuna Valley Trail for public recreational use. The Calhoun County Board of Supervisors accepted the property donation in December 2011, establishing the Mississippi and Skuna Valley Rails to Trails Recreational District.

Since the MSV also traverses Yalobusha County, Calhoun County entered into a joint agreement with Yalobusha County for the project.

The ownership of the trail by the counties ensures



that it can be returned to use as a rail line in the future, if service is warranted.

"We are pleased to donate the MSV to these counties," said Gary O. Marino, chairman, president and CEO of Patriot Rail Corp. "Repurposing the MSV railroad into a trail is an excellent use of this rail corridor, transforming a once underutilized property into a vibrant community asset. We hope that this trail will be a source of enjoyment for the community for many years to come."

Patriot Rail acquired the MSV in 2010 with the purchase of six railroads belonging to the Weyerhaeuser Company. The MSV ceased

operations in April 2008 after the Class I connection suspended service due to a bridge that required substantial repairs.

Tommy Vaughn, President of Supervisors of Yalobusha County, said, "We are very appreciative of Patriot's donation. Our hope is to create a recreational area in the near future that will benefit both counties."

Patriot Rail Corp. is a short line and regional freight railroad company based in Boca Raton. The company owns and operates 12 short line freight railroads comprising over 500 total rail miles in 12 states.

BUSINESS BITS

BOCA RATON — The Greater Boca Raton Chamber of Commerce's PULSE Business Professionals Under 40 Networking Event will be held Tuesday, January 17 from 5:30 p.m. to 7:30 p.m. at the Dubliner Irish Pub, 435 Plaza Real, Boca Raton. Admission is \$10 in advance, \$15 at the door. The Chamber's PULSE Business Professionals Under 40 represent strong local businesses, such as Cutting Edge Recruiting Solutions; Seventh Element; Taproot Creative; Northwestern Mutual; Plastridge Insurance Agency, Inc.; Whelchel Partners Real Estate Services; Elements Therapeutic Massage - Boca Raton; Boca Raton Police Athletic Club; Balkan & Patterson, LLP; Florida Atlantic University and many more.

BOCA RATON - Boca Raton Regional Hospital has named Joseph Kleinman, MD, radiology, as its Physician of the Month for December. Dr. Kleinman is board certified in diagnostic radiology. He attended medical school at the Chicago Medical School in Chicago, Illinois. His residency was completed at Mount Sinai Medical Center in Miami Beach, Florida. Dr. Kleinman has been a radiologist on the medical staff at Boca Regional since 1991.

BOCA RATON — Recognized business and community leader William Berger, who serves as senior shareholder and litigation group co-chair for Greenspoon Marder, as well as managing shareholder of the firm's Palm Beach County law offices, has been reappointed by Governor Rick Scott to the District Board of Trustees of Palm Beach State College. Berger's term, which was effective Dec. 22, 2011, will run through May 31, 2015.

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Games

The Boca Raton Tribune

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Pet Society

The Boca Raton Tribune

PET OF THE WEEK

There's no doubt that Thomas will make a wonderful pet

Story, photo by Pam D'Addio

BOCA RATON – Hi, there, Thomas here.

Well, OK...let's be honest...I have a reputation for being just a bit nippy. I can explain. I like who I like and I know who I like, so let's meet and I'll check you out and see if you'll do as my forever friend.

I'm actually fond of most people if you just go slowly with me.... Hey, I've been through a lot. I'm so ready to be loved now, and I'm quite adorable, right?

I need a home without children but I can live with cats and some dogs. I'm a 5-year-old neutered and housebroken Lhasa apso and I love my walks. Meet me today.

I'm available for adoption at Tri-County Humane Society, a no-kill animal shelter located at 21287 Boca Rio Road in Boca Raton. The shelter is open for adoptions Tuesday through Sunday, 11 a.m. to 4:30 p.m. Adoption fees for companion animals are \$110 and up.

Animals are heartworm-tested and up-to-date on vaccinations.



Included in the adoption fee is one year of free office visits to I'm available for adoption at Tri-County Humane Society, a no-kill animal shelter located at 21287 Boca Rio Road in Boca Raton. The shelter is open for adoptions Tuesday through Sunday, 11 a.m. to 4:30 p.m. Adoption fees for companion animals are

\$110 and up.

Please visit us to find a lost pet or to consider adding a shelter dog or cat to your family. We have puppies and kittens, too! Call (561) 482-8110 or view many of our available animals and volunteer opportunities at: www.tricountyhumane.org. Follow us on Facebook and Twitter at 'TriCounty Humane'.

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Columnists

The Boca Raton Tribune



FAITH

By Rick Warren

Breaking Out of a Rut

It is easy to get stuck in a rut at work - to get stuck in the same place, doing the same thing, handling the same responsibilities. It can become comfortable because the routine is so familiar. And change can be difficult, because it involves venturing into the unknown and the uncertain. But settling into a rut is dangerous. As humorist Will Rogers used to say, "Even if you're on the right track, you'll get run over if you just sit there!"

When you find yourself stuck in such a rut, what does it take to get you moving? For the majority of people, there are three common motivators for bringing about change, whether they like it or not:

PAIN

Pain in any of its many forms can motivate us to seek change. Often it is not seeing the light that gets us moving, but feeling the heat.

PRESSURE

We feel pressure when the doctor gives us the dire news, "Lose 50 pounds or die," or the boss says, "Improve on your performance or be fired." The problem

with pressure as a motivator is that it does not last. When the pressure subsides - the imposing problem is fixed, or the overwhelming crisis is somehow solved - your motivation comes to an end. All seems right with the world and you can resume life as usual.

PERSPECTIVE

Perspective comes when you become able to see the big picture, or when you are deeply inspired by a challenging vision or purpose. Perspective takes hold when you realize that you are wasting your potential, squandering promising opportunities that have come your way.

But we do not have to wait until we suddenly receive motivation from pain, pressure or perspective. As the Bible reminds us, "If you wait for perfect conditions, you'll never get anything done" (Ecclesiastes 11:4). Here are four steps for breaking out of a rut:

1. Assume responsibility for your own life: Refuse to be an Excuser (rationalizing your failures) or an Accuser (blaming others for your failures). In-

stead, be a Chooser and choose to break out of the rut you find yourself in.

2. Believe you can: Stop saying I can't, and start saying I can. When you start saying that, you may be surprised to discover that you truly can.

3. Clarify what you really want: Write down specifically how you would like to change - or to see changed.

4. Do not wait for ideal circumstances: Stop saying, "I will do it one of these days, when things settle down." Do it now! "One of these days" is really NONE of these days.

Adapted from a column by Dr. Rick Warren, the author of numerous books, including the highly acclaimed, *The Purpose-Drive Life*, which has been translated into many languages and sold throughout the world. It affirms the importance of having a carefully considered, clearly expressed purpose to guide everyday life. He also has written a number of other books, including *The Purpose of Christmas*.



DIVORCE FLORIDA STYLE

By Mike Gora

Divorce Florida Style – and Politics, Too

Dear Mr. Gora,

You have probably heard and read enough about the coming 2012 Presidential election. I would like to add one more thought. The one most important issue is that this country is in serious debt and unless we change directions we are all going to pay a heavy price.

Personally, while interested in all the issues, the most vital is management of our budget and our economy. I would be willing to support whoever I feel can best deal with that soaring deficit (even if it were a Democrat—and I have voted both ways in the past). What we need is someone who understands how to grow business and best make the USA competitive in international trade. I think this can best be accomplished by someone who has experienced turning failing businesses into successes and has the leadership qualities to put together a team of people to accomplish goals.

We also need someone who can help find some legislative compromise which is essential to achieve results. Far left and far right leadership will not get the job done. We need someone who can win in November and stop the gridlock.

Mitt Romney has demonstrated success in business with Bain Capital and turned around a Winter Olympics program that was on the verge of bankruptcy to make it the most successful ever Winter Olym-

pics. He has worked with international issues and, as a conservative, successfully governed a very liberal state (Massachusetts).

He surrounds himself with exceptionally talented people and sets a great example for America as a family man. Gingrich has difficulty managing people. Santorum is too extreme on social issues.

I am firmly convinced our children and grandchildren will have a better world to live in if Mitt Romney replaces Barack Obama in the White House.

As so many polls have shown, he has the best chance, among the Republicans competing, to win. Barack Obama is smart and is a quality person, but is so heavily influenced by the far left that he is unable to make the tough decisions that it takes to effectively manage our economy. I said after he was elected in 2008 if his plan worked I would vote for his re-election. His plan to push federalization of our economy clearly has not worked. I believe Mitt Romney has a better plan and the leadership qualities to make it happen.

Wayne Lobdell

Dear Mr. Lobdell,

I agree whole heartedly with your analysis of the debt and the need to get it under control. I believe that this can only be accomplished by compromise which includes adjustments to "entitlements", including funds going to those who do not need the money, reduc-

tion of governmental waste for many ridiculous or redundant programs, elimination of unneeded business regulations, and going back to pre-Bush tax levels.

Two of my four suggestions will adversely affect my personal bottom line.

I see the problem being the politics, as the solutions are as plain as the nose on your face. I do not believe that either Obama, Romney, or anyone else can cure the rampant political disease which is ruining this country as orchestrated by the Congress.

"My way or the highway" is a heck of a way to run a country.

The Republican candidates other than Romney seem deeply flawed by their belief that it is the job of a President of the United States and the Congress is to regulate the religious beliefs, social, and sexual mores of American citizens.

Perhaps these also-rans really believe that the stuff they shovel at us all night and all day comes from the mouth of God, but I have a feeling that many are just trying to con the citizens on the far right to vote in their favor.

So far, in this election my position stands on the phrase "A pox on both your houses" for the pitiful failure of the White House and Congress to solve large but simple problems by compromise, as they refuse to use all the tools in their tool box because they desperately want to get re-elected.

Michael H. Gora has been certified by the Board of Specialization and Education of The Florida Bar as a specialist in family and matrimonial law, and is a partner with Shapiro Blasi Wasserman & Gora P.A. in Boca Raton. Mr. Gora may be reached by e-mail at mhgora@sbrwlawfirm.com.



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Sports

The Boca Raton Tribune

No Place Like Home; Women's Hoops Ready for Two

By Chad Beattie

BOCA RATON, Fla. — Lynn University's women's basketball team is looking to get back into the win column and will get two chances this week when No. 11 Rollins and Florida Tech visit the de Hoernle Sports & Cultural Center. The Fighting Knights host the Rollins Tars on Wednesday at 5:30 p.m. before welcoming the Panthers of Florida Tech on Saturday at 2 p.m.

The last two weeks were up and down for LU as it pulled off two victories against Wisconsin Lutheran and Saint Leo before dropping back-to-

back contests at Barry and Palm Beach Atlantic. During those four games Marquis Lee averaged 15 points per game while Charla Nelson-James averaged nearly a double-double with 11.8 points and 9.3 rebounds.

Lee's big games have upped her season totals to 13.1 points per contest, good for fifth in the Sunshine State Conference. Nelson-James remains first in the league at 2.5 blocks per game and is second with 9.7 rpg.

After dropping its season opener to the reigning NCAA Division II national champions,

Rollins (11-1, 3-0 SSC) has strung together 11 straight victories to move into the national rankings. This will be the 16th meeting between the two teams when the Tars are ranked and the 29th overall. Rollins is 25-4 all-time against Lynn but the season series has split the last two years.

Despite just one player scoring in double figures, Ashley Jones (10.3 ppg), Rollins is fourth in the SSC in scoring at 66.6 ppg. Jones leads a pack of seven players averaging at least five points per game. Defense has been the Tars calling card this



year as they are holding opponents to a league-best 52.8 points per game with a SSC-high 13.1 steals per game.

Florida Tech (10-4, 1-3 SSC) will take a four-game winning streak into a Wednesday match-

up at Barry. The Panthers own a 25-8 all-time mark against the Fighting Knights and have won six of the last seven meetings.

Ashton McClair paces the FIT offense with 13.6 ppg. Florida

Tech is the second-highest scoring team scoring in the conference at 70.3 ppg. Briana Hagins is averaging a double-double with 10.3 points and an SSC-leading 11.1 rebounds per game.

Knights Hoops Hook Sailfish

By Chad Beattie

West Palm Beach, Fla. — Lynn University's men's basketball started the game hot and carried that golden touch to an 80-58 victory over Palm Beach Atlantic on Saturday afternoon. Five Fighting Knights scored in double-figures, led by DeMario Fountain who had a game and career-high 19 points. The Blue & White improve to 9-6 overall.

A 5-of-7 start from the field was a precursor of the day Lynn would have. Shooting 51.9 percent from the field, including 42.9 percent from three-point range, helped the Fighting Knights to a commanding 45-23 half-time lead.

Both teams couldn't miss after the opening

tip-off but LU was able to hold on to a slim 21-16 advantage. The 24-7 run over the final 6:51 that followed was aided in large part to Slobodan Miljanic, who knocked down all three of his attempts from downtown and was a perfect 3-for-3 from the charity stripe. He finished the game with 15 points on 4-of-6 shooting, all from three-point range.

Fountain and Brandon Smith also contributed greatly in the opening period, logging nine points apiece.

Palm Beach Atlantic (3-12) was able to get back into the game midway into the second half by taking advantage of some mental mistakes by LU. The Sailfish went on a 14-4 run as Terrell Terry hit 5-of-7 from the free-

throw line and Matt Roy knocked down three more points from the field.

But Lynn bounced back with help on the boards by Michael Vidal, who grabbed a game-high eight rebounds, and Fountain. The junior out of Orlando, Fla., contributed to 11 of the final 14 LU points as the Blue & White were able to regain their 20-point lead.

Lynn shot 56.3 percent from the field, 35 percent from three-point range and 79.2 percent from the line while holding Palm Beach Atlantic to 41.7 percent shooting, including a meekly 18.8 percent from beyond the arc.

Jeremy Lampkin and Josh Garcia added 13 points and Smith contributed 11.

Owls Streak to Victory Over Red Wolves 58-50

JONESBORO, AR -

The veteran backcourt of Alex Tucker and Greg Gantt boosted the Florida Atlantic men's basketball team to a 58-50 over Arkansas State on Monday night. FAU started the game slowly, falling behind 24-10 with 8:46 remaining in the first half. From that point, the Owls outscored the Red Wolves 18-3 the rest of the half, with Tucker and Gantt scoring 14 points over that time. Gantt and Tucker continued to bedevil the Red Wolves at the start of the second half,

combining for 13 of FAU's first 17 points out of the locker room. Shavar Richardson drained a pair of free throws at the four minute mark to put the Owls ahead 58-40. Those were the last points of the night for FAU, but the stout defense the Owls have been playing as of late was enough to stifle any

hopes of a comeback for ASU.

Gantt led all scorers with 21 points while Tucker scored a season high 16. FAU also recorded a 39-29 rebound advantage in the victory, with Kelvin Penn leading the Owls with eight boards. The win was the first road win in the series for either team.

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The Secret To The Miami HEAT's New Offense

By: **Matt Pineda**

It's no secret the HEAT have revamped their offense a bit this season. Clearly, things have changed with one year under the belt between Wade, James, Bosh and Spoelstra. Miami's new attack has made them the most efficient, fastest and highest scoring offense in the league. And not only are they scoring, they are winning, boasting an 8-1 record to lead the NBA.

Entering Monday (Jan 9), the HEAT are averaging 108.3 PPG, with the next closest team at 104.0 PPG (Denver), and the last team at 84.3 PPG (Detroit). It's a far different atmosphere than the Pat Riley days of walking the ball up the court and limiting possessions per game, rather Miami is trying to maximize their possessions per game. With the thinking that the more possessions there are in a game, the less likely teams will be able to stop Wade, James and Bosh together.

The HEAT are also boast-

ing the second best Points Differential in the NBA, and that's been clear by the number of blowouts the HEAT have had, some even by halftime. The HEAT are leading the NBA in FG% and are the only team shooting above 50% from the field. LeBron James leads the NBA in scoring at 30.1 PPG and is third in FG% at 60.1%. That's an absurd number for a Forward who shoots from the outside as well, but also a cheer for those who have begged him to operate on the block. On top of that, Mario Chalmers is only one of two guards in the top 20 in FG% (Ray Allen). Chalmers is shooting 57.6% from the field.

The HEAT are scoring more, passing more (they lead the NBA in APG at 24.6), and winning more. So what's new?

Tom Haberstroh broke the story on ESPN's HEAT INDEX about Coach Erik Spoelstra's new approach to the offense, modeling it after the Oregon Ducks' football program of spacing and pac-

ing. They HEAT want to be faster, space the floor perfectly, and get better at pushing the envelope of what they want to happen.

What's that turned into? Miami is running much more off of defensive stops. They now try to fast-break off of any miss or turnover, even sometimes off of made baskets by their opponent. They are trying to get into their offense much quicker than the defense is ready to handle. Often times, they won't even run a standard play. They'll try to get Wade or James position inside for a post or mid-post position to score, whoever has the better matchup. James has been superb in the mid-post, able to shoot, pass or drive from the position. He's shown some new moves, and has been very effective (thanks Olajuwon). Wade, on the other hand, is more effective in the low-post when he has an equal or smaller defender on him. When Wade has a larger defender on him, he tends to stay

outside, and try to beat him off the dribble or shake him off for the shot.

With that as many times a primary spot for the offense, the HEAT still have Bosh to include in the mix. Bosh's spacing has been different this year, he has spent a little more time on the block, and has been more willing to bang and put up a shot in the lane. He still stays outside a bit, able to space the floor, but with a healthy Haslem on the court with him, they make a nightmare for defenses.

The HEAT are also getting quality time from Mario Chalmers, and his back-up, rookie Norris Cole. Cole has been able to contribute to the speed Miami wants to play. He knows how to find people and he pushes the ball whenever he has it. He's still learning when or when not to shoot, but his growing pains are welcomed compared to a Mike Bibby.

On top of all this, James Jones has been at the top of his game, shooting 48% from



3-point land. Shane Battier has finally found his shot, and his non-statistical influence has improved this team, along with his defense. The HEAT are expecting Mike Miller back sometime soon to add to the mix, and Miami is still waiting to see what Eddy Curry can contribute to all of this.

The HEAT's offense looks good, and it looks better when their defense is good. Miami is still running many of the

same plays they are used to, but have added more, and it is more free flowing. The question remains, can they maintain this, and will it work in the playoffs? Only time will tell.

What we do know, is that they are exciting to watch and this is what they should have been doing all along – play fast. They are leading the league right now in not only stats, but in standings.

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FAU Women Basketball Suffer First Conference Loss

Little Rock, AR - The Florida Atlantic University women's basketball team could not keep an early first-half lead in suffering its first Sun Belt Conference loss with a 60-38 setback at the University of Arkansas-Little Rock at the Jack Stevens Center on Saturday evening.

"We just didn't execute well enough for an entire game to win this road game," said Chancellor Dugan, FAU's head

women's basketball coach. "We got off to a strong start, but UALR showed good toughness to battle back. There were lessons learned in this game that will help us for the rest of the season. We'll hit the practice court next week and start working on those things to meet the challenges on the horizon."

The loss ends the Owls' three-game league winning streak and drops the team to 8-7 overall. FAU

now stands 3-1 in league play, with three of the four league games being on the road.

"There are plenty of positives for us when you consider where we are at this point in the season," said Dugan, whose team has never defeated UALR in six league encounters.

FAU held an early 14-10 advantage and enjoyed multiple six-point advantages in the early minutes before UALR used a 25-6

run over the final 11:39 of the first half to take a 35-20 halftime lead. Sophomore forward Chenise Miller gave the visitors a 10-4 lead four minutes into the contest on a layup. The Oak Park, Mich. native scored six of her team-high 10 points in the first half. Miller has scored in double-digits in eight of her past 11 games.

The closest the Owls could get in the second half would be 14 points,

44-29, at the 13:37 mark after the first career three-point field goal by senior forward April Goins. She finished the contest with nine points. Senior guard Teri Stamps also added nine points in the setback.

UALR (7-9, 2-1 Sun Belt) was paced by Taylor Gault's 21 points, including 17 points in the first half. Marian Kursh scored 11 points and grabbed 10 rebounds, while Britteni

Williams chipped in 10 points and nine rebounds.

FAU its first week off since the holiday break before returning to the court on Saturday, January 14, at 3 p.m. for a home league game against East Division challenger Middle Tennessee State University from the FAU Arena, 777 Glades Road, Boca Raton campus. Live audio and statistics of the contest can be found at www.fausports.com.

FAU Men's and Women's Swimming each split meet against Brown, Penn

The men's and women's swimming and diving teams earned a split against two Ivy League programs Wednesday at the FAU Aquatic Center.

The men were able to sustain a dominant victory over Brown University, 160-113, but fell in a 179-99 decision to Penn.

Meanwhile, the women edged out Brown by just two points, 141-139, but fell to Penn, 154-124.

Two seniors led the way for the men's team with two victories each on the day.

Mikolaj Czarnecki was first in the 200-yard butterfly

(1:50.68) and 100-yard butterfly (50.77). He also had two runner-up finishes in both of his relay events (200-yard medley and 200-yard freestyle).

Csaba Pek swam the first leg of the 200-yard medley relay, and picked up first-place individual finishes in the 200-yard backstroke (1:54.18) and 400-yard IM, winning by more than five seconds in a time of 4:09.10.

The only other individual win for the men on the day was by junior Eric Williams, in the 50-yard freestyle (21.24). Williams was also part of both runner-up relay

squads.

The fourth member of the 200-yard medley relay team, Alan Forbes, had a solid day as well. He was second in both the 100-yard breaststroke (1:00.08) and the 200-yard breaststroke (2:24.04).

Two members of the diving team placed highly on the 1-meter board. Nick DeLong (with a score of 266.45) and Gregory Cox (258.00) were second and fourth, respectively.

The women were paced by seven individual victories, as

swimmers Iwona Lefanowicz, Eszter Bucz and Anett Kovacs each earned two first-place finishes, and were three-fourths of the runner-up team in the 200-yard medley relay, along with Jonna Nyback. Freshman Frida Nilsson added an individual victory as well.

Lefanowicz got the first FAU win of the day, taking first place in the 100-yard backstroke with a time of 58.56. She later had a victory in the 200-yard backstroke, winning by more than six seconds (2:05.53). The freshman from Poland

also had two runner-up finishes, in the aforementioned relay, as well as in the 400-yard individual medley (4:34.37), just behind her teammate Bucz.

Besides that victory, in a time of 4:29.52, Bucz was also the top finisher in the 200-yard breaststroke (2:22.09), and just nine-tenths of a second from winning the 100-yard breaststroke with a finish of 1:06.38.

Kovacs took first place -- while teammate Erin Hersey was third -- in the 200-yard butterfly (2:04.91), and was also the first to touch the wall in the 500-yard freestyle

(5:01.83), winning by more than six seconds over the second place finisher.

Finally, Nilsson was victorious in the 50-yard freestyle, in a time of 21.24. She was also second in the 100-yard freestyle event (54.39) and third in the 100-yard butterfly (59.33). Hersey was fourth in that event, nipping at Nilsson's heels with a time of 59.38.

In the only diving event of the day, Courtney Hansen finished third on the 1-meter board, with a score of 216.80.

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The Secret To The Miami HEAT's New Offense

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FAU Men's and Women's Swimming each split meet against Brown, Penn

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No Place Like Home; Women's Hoops Ready for Two



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