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31 Days til' Christmas

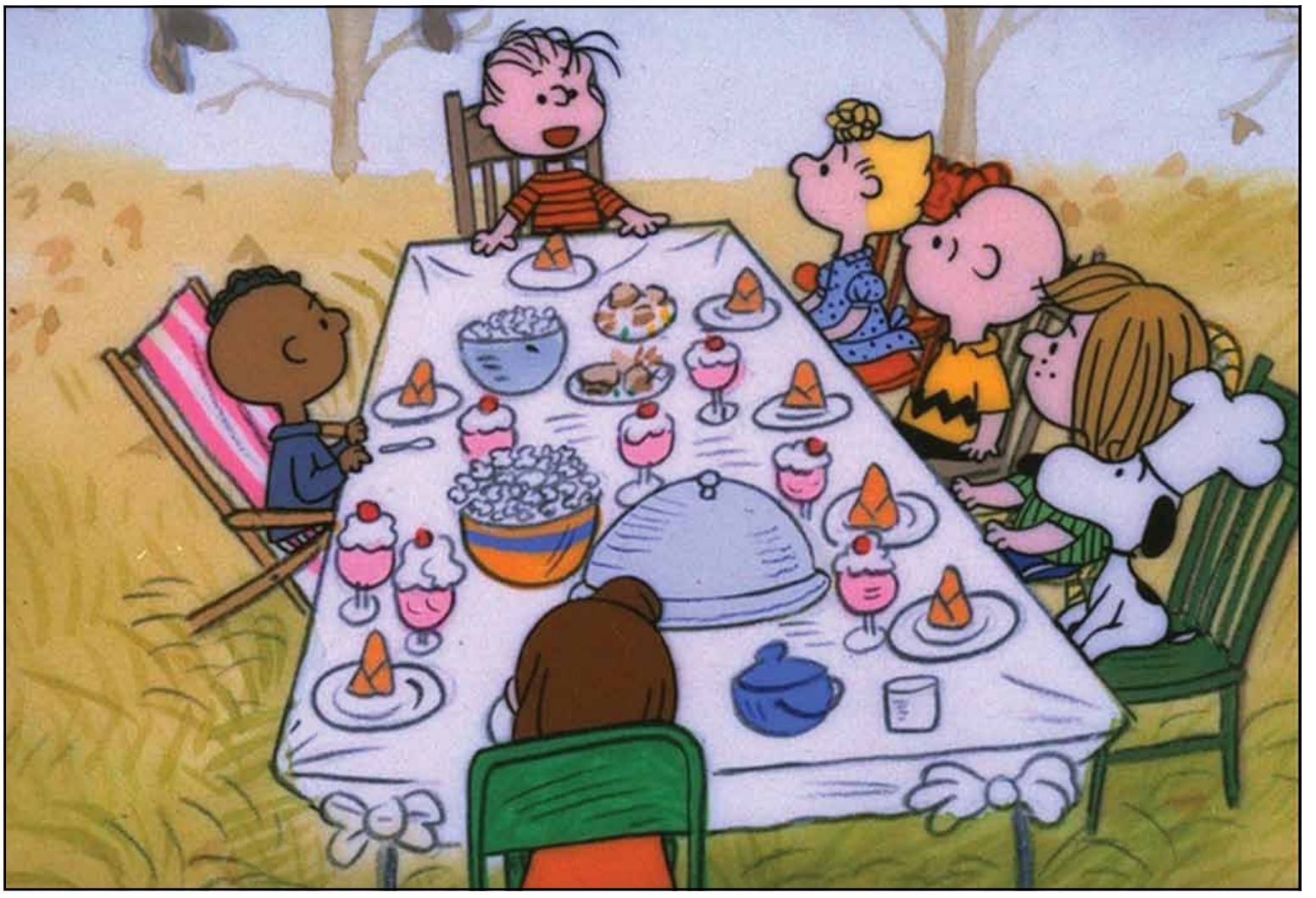
Get into the holiday spirit. Donate a toy to a needy child at Carousel Day

See page 3

Joe Samet reading the Boca Raton Tribune.

Send us your pictures of you reading a copy of The Boca Raton Tribune for you to be featured in a upcoming edition of the newspaper!

Happy Thanksgiving Boca Raton



Municipal News

FAU joins five PB County hospitals in Graduate Medical Education consortium

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Business

NCCI Holdings raises more than $11,000 for Junior Achievement of the Palm Beaches

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Life & Arts

"Beauty and the Beast" is Disney at its Best

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Rotary Club Meetings

Boca Raton Sunset
Mon 6:00 PM
Mia's Grille, 2399 N Federal Highway, Suite C

Boca Raton Central
Tues 12:00
Florida Atlantic Univ., Boca Raton Campus, Oxley Athletic Ctr., Founders Rm., 777 Glades Rd, Boca Raton (561)391-6415

Boca Raton
Wed 12:00
Country Club Of Boca Raton, 6200 Boca Del Mar Dr., Boca Raton (561)477-7180

Boca Raton Sunrise
Thurs 7:30 AM Renaissance Hotel, 2200 NW 19th St, Boca Raton (561)368-3630

Boca Raton West
Thurs 7:30 PM Picanha Brazil, 22797 St. Rd 7 441, Boca Raton

Quote of the Week:

The path of the righteous is like the morning sun, shining ever brighter till the full light of day.

Proverbs 4: 18

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Briefs

The Boca Raton Tribune

Upcoming events in Boca Raton

BOCA RATON – The following events are planned at the Dorothy F. Schmidt College of Arts and Letters at Florida Atlantic University:

Tuesday, November 29 through Saturday, February 11
Exhibition: Figured Spaces: Selections from the John Morrissey Collection
Schmidt Gallery, FAU Boca Raton
Hours: Tues – Fri, 1-4 p.m.; Sat, 1-5 p.m.
Free
Twelve artists present 40 works including paintings, drawings and photographs.

Friday, December 2 and Saturday, December 3, 7 p.m.
Dances We Dance Performance Showcase
University Theatre, FAU Boca Raton
Tickets: $10; Children under 12: $5
A celebration for the holiday season as envisioned by student, faculty and guest choreographers.

Saturday, December 3, 9:30 a.m.
Peaceful Mind Peaceful Life Workshop: Seeing Beneath Life's Experiences: Living a Life of Gratitude
Senate Chambers, FAU Boca Raton
Tickets: $15
Registration at www.fauf.org/peaceful

Sunday, December 4, 7 p.m.
Handel's Messiah
University Theatre, FAU Boca Raton
Free, with suggested donation of $10
561-297-3853

The following events are being planned by the Greater Boca Raton Chamber of Commerce:

GOVERNMENT AFFAIRS COMMITTEE at the Chamber
Thursday, Dec 1 / 11:30 a.m. to 12:30 p.m.

AMBASSADORS at the Chamber
Friday, Dec 2 / 12:00 p.m. to 1:00 p.m.

LEADS GROUP 1 at the Chamber
Wednesday, Dec 7 / 8:00 a.m. to 9:00 a.m.

LEADS GROUP 4 at the Chamber
Friday, Dec 9 / 8:00 a.m. to 9:00 a.m.

LEADS GROUP 5 at the Chamber
Wednesday, Dec 14 / 8:00 a.m. to 9:00 a.m.

LEADS GROUP 3 at the Chamber
Wednesday, Dec 14 / 12:00 p.m. to 1:00 p.m.

30th ANNUAL HOLIDAY AUCTION WITH A CAUSE
Wednesday, Dec 14 / 5:30 p.m. to 8:30 p.m.
Via Mizner Golf & Country Club - formerly the Country Club at Boca Raton (6200 Boca Del Mar, Boca Raton)
Price: $25 per person
A portion of the proceeds will go to Golden Bell Education Foundation and Habitat for Humanity of South Palm Beach County.

LEADS GROUP 2 at the Chamber
When: Thursday, December 15 / 8:00 a.m. to 9:00 a.m.

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Community News

The Boca Raton Tribune

Get into the holiday spirit. Donate a toy to a needy child at Carousel Day

BOCA RATON – Don't you just love the look on a child's face when he or she receives a toy – especially if they didn't know they were getting it.

That's the point behind the Fifth Annual Carousel Day Dec. 4 from 10 a.m. to 4 p.m. All the fun and the spirit of giving take place at the carousel in Sugar Sand Park, 300 South Military Trail in Boca Raton.

Sponsored by the Boca Raton Rotary West Club and the Rotary Club of Boca Raton, the event offers family fun and free rides on the carousel. Participants are urged to bring new, unwrapped toys that will be given to needy kids who may not otherwise receive any presents this holiday season.

The toys will be presented to the children at the Wayne Barton Study Center. Children who receive meals from Boca Helping Hands will also be among the recipients.

The reason for the seasonal event is very clear. Boca Raton Rotary members were instrumental in raising money to help purchase the intricate merry-go-round at Sugar Sand Park. Because of the Rotary's generosity, the Greater Boca Raton Beach & Parks District, which owns the play area, offered the club a chance to use the carousel one day a year without charge.

So Rotarians decided to put the opportunity to good use, as a chance to collect toys for less-fortunate girls and boys.

This day of free rides and food in exchange for a donated toy is also sponsored by the Boca Raton Tribune and Scout Troop 337. For more information, call 561-347-3900.

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Hey, kids, Children's Museum invites you to 'Breakfast with Santa'

Santa and Mrs. Claus

BOCA RATON – The Boca Raton Children's Museum hosts its 18th Annual Breakfast with Santa on Saturday, December 3. The event is held from 8:30 to 11:30 a.m. on the Museum's grounds and advance registration is required. Admission is $10 per person and infants are free.

Breakfast with Santa highlights include real snow, pictures with Santa, a pancake breakfast, train rides, multicultural crafts, entertainment by "Uncle Willy" and Flora Belle the Clown, sand art activities and much more!

Breakfast with Santa will have a whole new look this year because of the museum's expansion building, the Rickards House, where children will be able to have their picture taken with Santa. New activities include Bricks4Kidz keeping hands busy with Lego constructions, as well as Target Family Stores sponsoring a hands-on craft. The 12 Days of Christmas cookie cutters will delight children in creating their own take-home ornaments. Real snow play and train rides remain as traditional favorites.

The museum continues to invite community children with special needs. Opportunities to donate for underwriting are available and welcome. 2011 sponsors include Division of Cultural Affairs, Florida Department of State, Palm Beach County Cultural Council, city of Boca Raton, Boca Raton Lions International, Target Family Stores, Kiwanis Club of Boca Raton, Anna Fowler, Bricks4Kidz, Captain Cartoon - Dick Kulpa, Publix Super Markets, Zonta Club of Greater Deerfield Beach, Soroptimist International of Boca Raton, Costco and Pamela Ann Black.

To make reservations for Breakfast with Santa, or for more information call the Boca Raton Children's Museum at (561) 368-6875 or visit www.cmboca.org.

Featured Guest Speaker

J. SCOTT CARPENTER

Principal at Google Ideas, Google's new "think/do" tank, where he focuses on bringing technology to bear on countering violent extremism and consolidating democracy in the Arab world.

He is also an adjunct scholar at The Washington Institute for Near East Policy.

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Boca Ballet to present seasonal favorite, "The Nutcracker"

BOCA RATON – Boca Ballet Theatre will present the seasonal favorite, "The Nutcracker," Nov. 25, 26 and 27 at the Olympic Heights Performing Arts Theater, 20101 Lyons Road, Boca Raton.

This holiday classic tells the story of Clara's Christmas dream which unfolds as the Nutcracker, Prince, Mouse King and Sugar Plum Fairy all come to life in the sparkle of co-Artistic Director Dan Guin's artistic vision.

Performances are scheduled at 7 p.m. Nov. 25, 2 and 8 p.m. Nov. 26 and at 2 p.m. Nov. 27. For tickets, call 561-995-0709.

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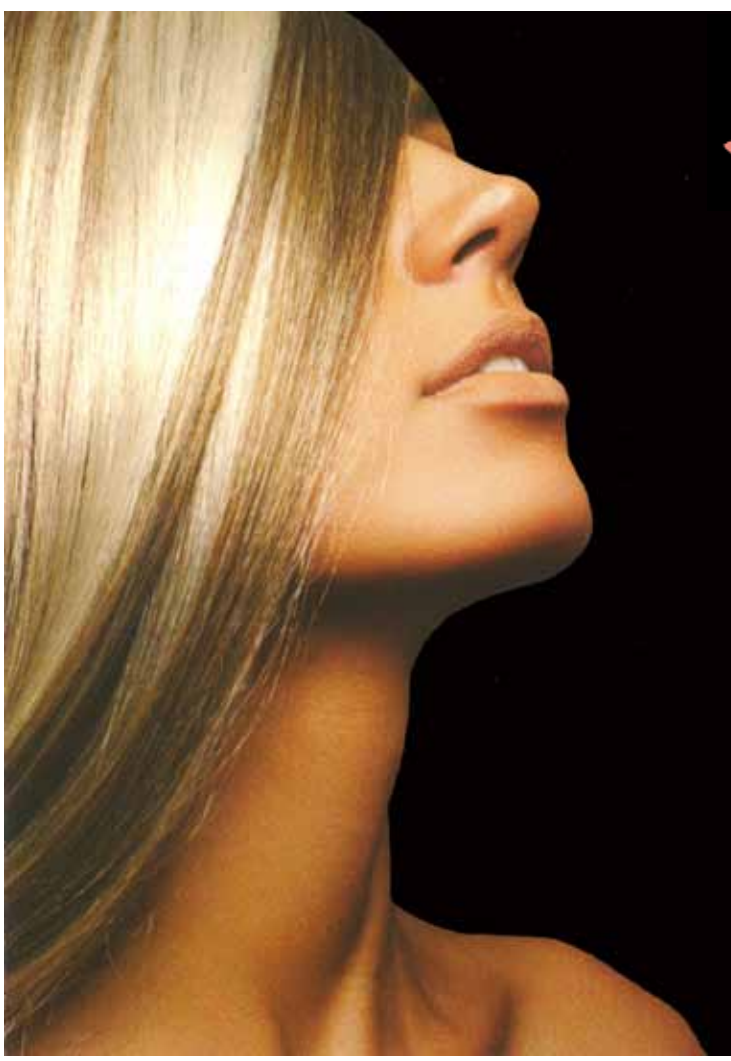

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Boca area Pap Corps presents Harvey Katz Memorial Golf Classic

BOCA RATON -- This year, the Greater Boca Raton Chapter of The Pap Corps is naming its Drive for the Cure Golf Classic in memory of one of their beloved members, Harvey Katz.

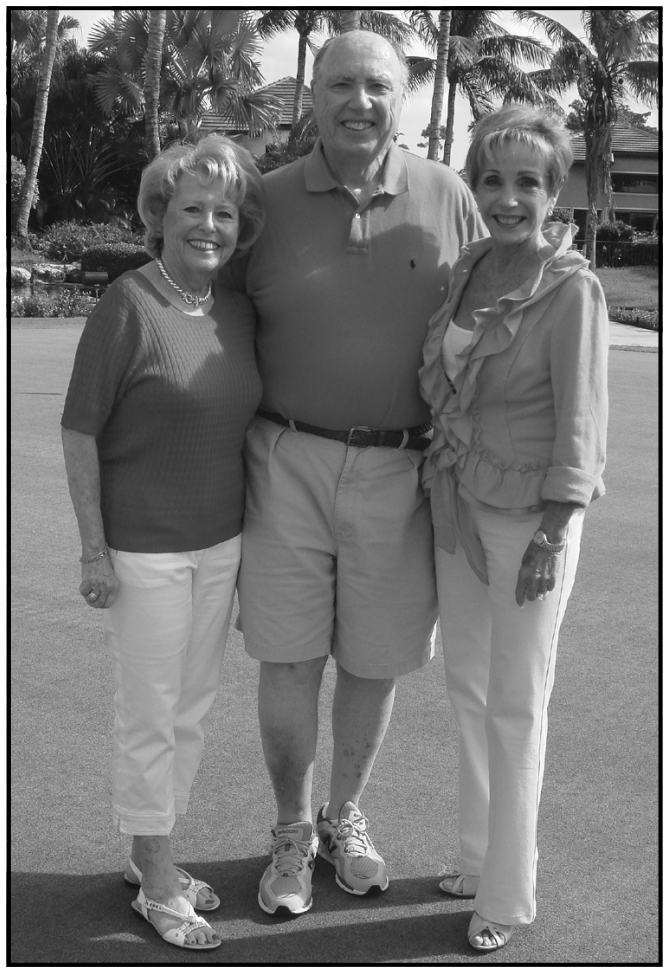
The tournament, cocktails and dinner event will take place on Sunday, December 4 at the Polo Club in Boca Raton. The tournament begins at 9 a.m. the cocktail party and dinner begins at 5 p.m. Tickets are $100 for cocktails and dinner only; $200 for 9 holes, brunch and cocktails and dinner; $250 for 18 holes, brunch, cocktails and dinner. RSVP by calling the golf pro, Brian Fedish at 561-912-1007.

"The golf tournament is always one of our biggest fundraisers," said Marilyn Swillinger, the chapter's president. "And this year, it is even more significant as we dedicate the event to Harvey Katz who worked tirelessly for our organization and specifically to make this golf tournament such a success."

Harvey Katz was the first Vice President of Men's Membership, was the chair of the golf tournament for several years and ran the car raffle for the charity as well.

"Harvey was passionate about raising funds to find a cure for cancer," continued Swillinger. "He was inspired by his wife Bunnie's successful battle with the disease, and all of us were touched by his spirit and resolve."

"I am extremely moved by the chapter's decision to dedicate the tournament in Harvey's honor," said his wife Bunnie. "I am so very proud of all he accomplished and to have him honored this way is a wonderful tribute to a wonderful man."



From left are Bunnie Katz, Mel Morse, and Marilyn Swillinger.

The Pap Corps is the largest all-volunteer organization in the United States dedicated solely to funding research for all types of cancer.

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Founded January 15, 2010

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EDITORIAL

By Dale King

A special Thanksgiving blessing to those who seek peace

This is the time of year when peace takes center stage in many conversations.

Among our traditional Thanksgiving wishes, we express our desire for peace and harmony, both in the world and in our own lives.

"Peace on earth, good will toward men" is a common expression used at Christmas.

But peace is a very fleeting thing. There are probably more people who can count the number of wars going on around the world at any one time than can tell you how to bring about peace.

My wife and I have recently joined up with the Peaceful Mind/Peaceful World outreach series at Florida Atlantic University. This is part of the FAU Peace Studies program, an effort we discovered late in the last school year. We were able to take in a couple of lectures before the event closed.

But we were substantially impressed, so much so that we are signing on earlier this year.

Workshops are facilitated by Barbara Schmidt and Adriana Faraldo of Peaceful Mind/Peaceful Life. We already have tickets for the "Seeing Beneath Life's Experience: Living a Life of Gratitude" workshop Dec. 3. And we are also scheduled to attend the Jan. 7 lecture by Jetsunma Palmo entitled "Into the Heart of Life."

Do I think our attendance at these events will bring world peace? Of course not. That isn't the point.

But if enough people do attend, and can spread the word about the glorious nature of peace compared to the terrible waste of war, maybe the message will begin to take hold.

The people involved in this program are significant. Barbara Schmidt, along with her husband, Richard, are leading philanthropists with a world-renowned reputation. In her own way, Jetsunma Palmo is also significant. At age 20, she left her native England to pursue Buddhist training. In 1964, she became one of the first western women to be ordained as a Tibetan Buddhist nun. Because of her work – which included creating a nunnery – she was given the rare title of Jetsunma – meaning "venerable master."

My wife and I are already excited to attend a lecture Jan. 26 given by Thomas Merton, whom we saw last year. A former Catholic monk, he uses his experience to teach the benefits of meditation and childlike acceptance of the divine mystery.

If you'd like to take part in this special program, visit www.fau.edu/peace studies.

HAVE A HAPPY THANKSGIVING

Where do I begin to talk about the meaning of Thanksgiving to me?

I am very, very thankful for the many things God has given me: a wonderful and caring wife, a terrific family, a loving little dog, a comfortable home, health, wisdom (at least enough to get by), good friends and good times.

There are things I miss – my mother's meat dressing (a favorite among the French-Canadians), my father's presence at the Thanksgiving table (with the turkey leg already in his plate), the bustle of little kids around the table, the frost created on the windowpanes from the warmth of food cooking in the kitchen …

We will be joined at our table again this year by good friends, music playing on the stereo (we usually throw a little Chrismas music in just to get in the mood for the next holiday), our little dog Peanut scouring for scraps from the table and a day of quiet, secluded from the tumult of the outside world.

We hope your holiday will be just as wonderful.

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Letter Guidelines

Letters must be signed with name clearly legible along with a phone number and complete address.
No unsigned or anonymous letters will be considered for publication.
The Boca Raton Tribune reserves the right to edit the letters for spelling, grammar, news style, good taste and available space.
Letters from the same author will not be published more often than every 60 days.
E-mails to columnists may be used as letters to the editor.

All letters to the editor should be sent to:
The Boca Raton Tribune,
P.O. Box 970593 - Boca Raton, FL 33497

Letters to the Editor

Dear Dale,
On behalf of the 15,000-plus infants, children and families that HomeSafe serves annually, thank you for serving as a committee member for the highly successful Classic Rock & Roll Party – a tribute to Clarence Clemons. Both the music event and golf outing raised over $300,000 which will aid victims of child abuse and domestic violence. We look forwards to your continued support in the future.

Sincerely,
Matthew Ladika
Chief Executive Office, HomeSafe

Gentlemen:
Unfortunately, your recent articles about the successful "Meet Me on the Promenade" event overlooked the efforts made by members of the Downtown Advisory Committee who participated in many planning meetings, actually "pounded the pavement" three times to solicit businesses to participate in the event, delivered the "Meet Me on the Promenade" posters and again delivered the "Sip and Stroll" display signs and staffed information booths at the Saturday event.

Members of the Downtown Advisory Committee are not city staff members. We are 12 unpaid volunteers who live, work and play in downtown Boca Raton and contribute significant time to provide input and recommendations to the City Council and the Community Redevelopment Agency regarding the present and future development of downtown Boca Raton.

Sincerely,
Harvey Wachman
Member, Downtown Advisory Committee

Dear Dale,
We were thrilled to see the color spread for the Vets Luncheon in the Boca Tribune this past week. Your paper is doing a beautiful job covering local events and giving credit to those who richly deserve it!
Thanksgiving greetings to you, your family and many fans.

Sincerely,
Barb and Ron McCormick

THOUGHTS FROM THE PUBLISHER

By Douglas Heizer

For What – Or Whom – Are You Thankful?

With thanksgiving upon us, I thought it would be appropriate to use a column writen by Robert J. Tamasy in this week's "Thoughts From The Publisher". This is a great column on what, or who you should be thankful for and I hope you enjoy it as much as I have:

- Doug

"This week millions of people all around the world will officially mark the observance of Thanksgiving Day, although it is perfectly acceptable to feel thankful at any time during the year. One of the good things about holidays like Thanksgiving Day is they provide specific motivation to pause, reflect and remember things – and people – for which we are grateful.

Typically, material things come to mind when we think in terms of blessings: our homes, food, clothing, income, jobs, good health. But have you ever considered directing your thanks toward those people that have made a positive impact on your life?

When I think of such individuals, I realize my list is fairly long. It includes: my parents; an uncle who was like a father figure to me, particularly during my teenage and college years; a number of teachers and professors, especially several that guided me in making key career decisions. Then there are the men who took the risk in hiring me to serve as editor of their newspapers, launching my career in journalism.

There also were those that hired me to join the CBMC staff, which proved a blessing both professionally and spiritually. My work at CBMC enabled me to fulfill my goals for writing magazine articles and books, and also introduced me to the life-changing process of mentoring other men on an individual basis.z

Through my 20 years as a member of the CBMC team, I was able to attend conferences where I could learn from other professional writers and editors. In addition, I became friends with dozens of people I grew to admire for their dedication to their work – and serving God at the same time. They demonstrated how to successfully integrate faith and vocation, proving that Christianity and workplace concerns are not mutually exclusive, and can be effectively addressed without compromise.

Who are the people you are especially thankful for – those individuals who have left an indelible imprint on your life, helping to shape you into the person you are today?

Here are a few other suggestions the Bible offers regarding thanksgiving:

Be thankful for EVERYTHING. Often our expressions of thankfulness focus only on "good things" – things that make us happy. But the challenges of life, the adversities we encounter that contribute to our personal and professional growth, also are valuable and deserve appreciation. "Be joyful always…give thanks in all circumstances…" (1 Thessalonians 5:16-18).

No limits to thanksgiving. Those whose faith is in Jesus Christ can entrust him with every aspect of our lives. There is no need to fear the future, confident that God will provide for our needs and guide us in confronting whatever problems and needs we encounter. "Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God" (Philippians 4:6).

Know the right one to thank. When expressing thanksgiving, some people credit good fortune or "luck," fate or coincidence. The Bible teaches God guides our steps and is worthy of our thanks and praise. "Let us come before him with thanksgiving and extol him with music and song" (Psalm 95:2)."

POSITIVE LIVING

By Dr. Synesio Lyra, Jr.

Thanksgiving for One Another

Having prepared ourselves for the celebration of Thanksgiving Day, I trust the emphasis has not been exclusively on the foods which normally characterize this, the most American of all holidays. Typically, humans spend more time asking than thanking. Also, when receiving what was requested, the amount of gratitude is, quite often, very insufficiently expressed, if at all!

As we take an introspective look, we can readily recognize those times and situations when we are mute in our expressions of gratitude. Since that should not remain so, how can we improve on that?

Apart from our consistent thanks to God, Who is the giver of every good and perfect gift for the provision of our human needs, it's imperative that we be mindful of fellow humans for all they also contribute to our wellbeing. Family, friends, acquaintances, neighbors, and co-workers are among those who normally offer so much that can truly enrich our lives.

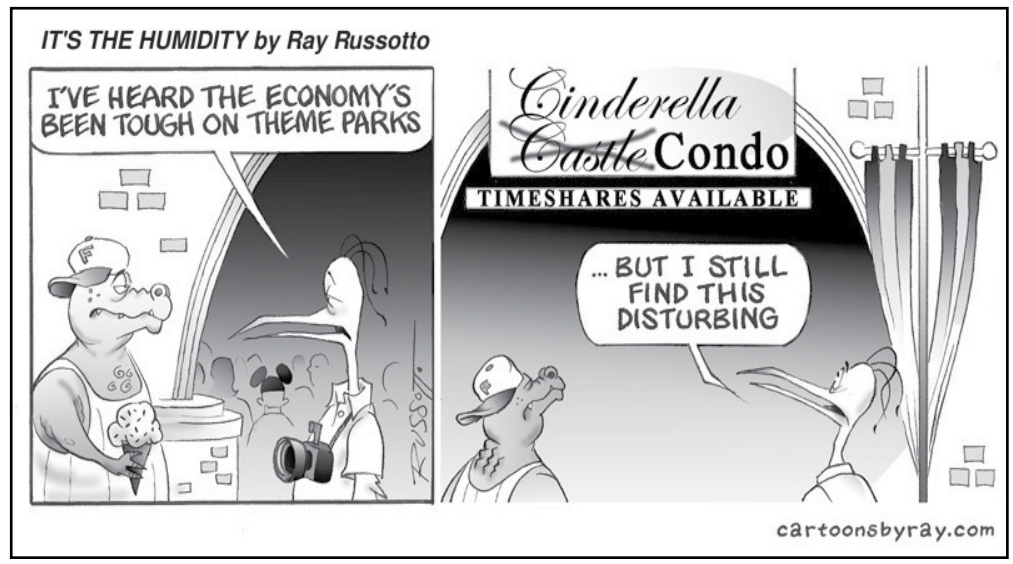
Through the years I have shown a tremendous degree of interest in people. I have established wonderful friendships in different parts of the world; I have learned to get along with all types of persons, knowing how much I can gain from such people, while seeking always to impart something positive to them as well.

By looking for the best in one another, and accentuating the sound and solid traits which we can easily find, we shall also more readily develop an attitude of gratitude for one another. This is an easy type of thanksgiving we can develop and express, and it need not happen only once per year, at a day established by Presidential decree, but day by day, on a continuing basis.

If we are to be more thankful for one another, we need to spend more time together, to interact more freely, to learn of what makes each of us tick, to understand one another's priorities in life, and freely seeking one another's opinion or counsel in a variety of issues.

I once heard the story of a man who confessed that for too long he had lived on Grumble Street, but was determined to move now into Thanksgiving Street. Such is a commendable goal which we can also emulate, as we recognize that our blessings far surpass our lacks!

Dr. Synesio Lyra, Jr. is a Florida resident who, for many years, was a professor at the post-graduate level. He is a writer, a sought-after conference speaker, a man who lived in five continents of the world, having received his education in four of them. When he resided in southern California, he wrote a weekly column for the daily "Anaheim Bulletin," which was carried for about six years, until he moved to south Florida.



The Boca Raton Tribune **COMMUNITY NEWS** East/West Boca Raton, FL

Boca Fire Explorers lend a hand and donate food

BOCA RATON --- Boca Raton Fire Rescue Explorer Post # 315 worked together and purchased food to donate to Boca Helping Hands.

Fire Explorers individually purchased the food to help make this holiday season brighter for families in need. This is the sixth year that Boca Raton Fire Explorers have helped by donating food to Boca Helping Hands.

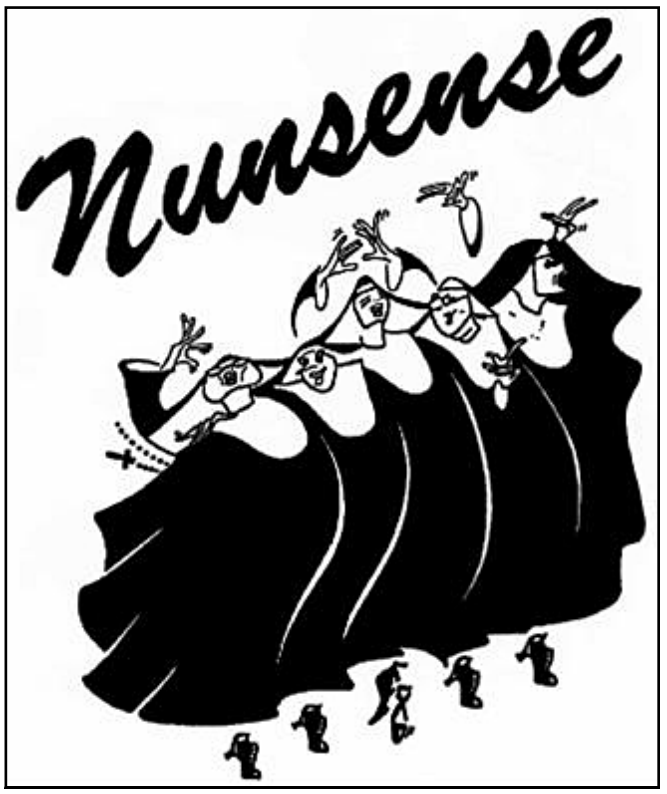
Boca Raton Fire Rescue Explorer Post # 315 is made up of area youth between the ages of 14 and 21. The program is designed to give the youth in the community the opportunity to discover the field of fire rescue.

Participating in local food drives as well as other charitable events is part of the Fire Explorers commitment to take part in community service projects.

Members of Boca Raton Fire Explorer Post 315 are shown with their advisor, Jesus Barrera (first row, right), a firefighter/paramedic. Photo by Frank Correggio

'Nunsense' begins Dec. 2 at Delray Beach Playhouse

DELRAY BEACH – "Nunsense," one of America's favorite musicals, is returning to The Delray Beach Playhouse just in time to celebrate its 25th anniversary. The show runs from December 2 – 18 with evening performances Tuesday – Saturday at 8 p.m. and matinee's Saturday – Sunday at 2 p.m.



Nunsense tells the story of the Little sisters of Hoboken who are forced to put on an amateur musical revue to raise money in the aftermath of a tragedy. One day the convent's cook (Sister Julia – Child of God) prepared vichyssoise with tainted milk, resulting in the death of 52 nuns. Since the convent only had enough money to bury forty-eight of the nuns, the remaining four are still in the convent's walk-in freezer.

To raise money for the final four burials, the Mother Superior has chosen her most talented nuns to put on a musical show. As amateurs, their show is a hilarious display of misguided efforts and mismatched talents. For the occasion, the nuns have prepared songs like "Tackle that Temptation with a Time-Step," "I Could Have Gone to Nashville" and their roof-raising finale "Holier than Thou."

The cast includes Karen Parker as the Reverend Mother, with Leslie Rosenfield, Marcie Hall, Marla Gideos and A.J. Goracy as her hastily assembled and surprisingly talented cast.

Tickets for NUNSENSE are $30 and are available at The Delray Beach Playhouse. Reservations can be made by calling the Box Office at (561) 272-1281 Ex.4. Group Rates are available and Student Tickets are half-price.

School Board of Palm Beach County bids farewell to Interim Superintendent Malone

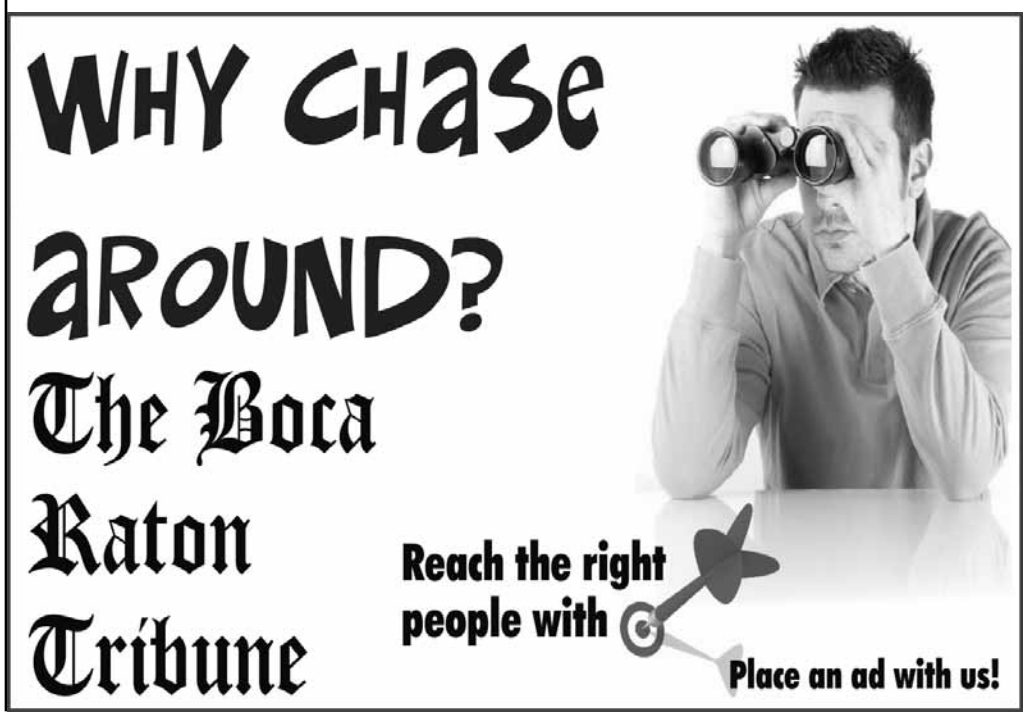
Interim Superintendent Bill Malone

The School Board of Palm Beach County invited district employees and stakeholders to a farewell tribute to Superintendent Bill Malone Tuesday at the Fulton-Holland Educational Services Center in West Palm Beach.

During his tenure as interim superintendent, Malone led the administration and worked with the Board to balance the budget, settle the Classroom Teacher Association contract, achieve class size reduction requirements and create a more unified district.

Malone is stepping down due to health reasons. He was chosen interim superintendent following the department of Superintendent Dr. Art Johnson.

Employees and community members wished Malone him well on his retirement.



The City of Boca Raton
presents
BOCA RATON HOLIDAY TREE LIGHTING ...
the "official" beginning of the 2011 holiday season in Boca Raton
Friday, November 25, 2011
5:00 - 8:00 p.m.
Mizner Park Amphitheater
N Federal Highway/N Mizner Blvd • Boca Raton
Holiday Music featuring
the Boca Raton Community High School Band
MARK YOUR CALENDARS:
Saturdays, December 3, 10, 17 ~ 8am-1pm
BOCA RATON GREENMARKET
AT ROYAL PALM PLACE
Wednesday, December 7 ~ 7:30pm
41ST ANNUAL HOLIDAY STREET PARADE
ON FEDERAL HIGHWAY
Saturday, December 17 ~ 6:30pm
35TH ANNUAL BOAT PARADE
ON THE INTRACOASTAL WATERWAY
Tuesday, December 27 ~ 10am-3pm
CHILDREN'S WINTER FAIR AT PATCH REEF PARK
December 23 – January 6
HOLIDAY FUN-TACULAR AT SUGAR SAND PARK
STAGE SHOW by ZMC Entertainment
"HAPPY HOLIDAYS REVIEW"
featuring dancers, cartoon characters,
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Mayor Whelchel "lights up" the city at 6pm
"Teddy Toy Bear Turnover"
bring a teddy bear/toy which will be "turned over" to the Marine Corps' 'Toys for Tots' drive for distribution at holiday time
Organized by City of Boca Raton,
Greater Boca Raton Beach & Park
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561.393.7827 • www.myboca.us/rec/specialevents

Abrams named vice chairman of Palm Beach County Commission

At its Nov. 15 meeting, the Board of County Commissioners meeting reorganized, electing District 3 Commissioner Shelley Vana as chairwoman and District 4 Commissioner Steven Abrams as vice chairman. The terms are for one year.

In other business, the board took the following action:

Roads – continued to the Dec. 1 Zoning Board meeting a series of amendments to the county's five-year road program.

County Commission Chairwoman Shelly Vana

Nuisance properties – adopted a resolution enabling the county to recoup actual costs and expenses associated with cleaning up, improving or eliminating nuisance or unsafe conditions on a lot, parcel or tract in unincorporated Palm Beach County.

Restricted-use properties – adopted an ordinance waiving the annual renewal application requirement for restricted-use properties if such classification has previously been applied for and granted.

Inspector General – postponed for 30 days a request by the Office of the Inspector General to add six positions to accommodate expansion of its jurisdiction.

Vehicles for hire – adopted an ordinance extending for another six months a moratorium on new vehicle-for-hire companies wishing to do business in Palm Beach County.

HUD – accepted a commitment from the U.S. Department of Housing and Urban Development (HUD) for a new Section 108 Loan in the amount of $10 million. These are federal funds that require no local match. No county funds will be pledged to complete any Section 108-funded projects.

County Commission Vice Chairman Steven Abrams

Palm Tran – received Palm Tran's 10-year 2011-2021 Transit Development Plan prepared by Kittelson & Associates, a consultant for the Florida Department of Transportation.

Gambling – directed staff to draft an ordinance for first reading on Dec. 6 for a voter referendum to allow slot machine gaming in Palm Beach County.

Vehicle fire on Glades Road exit ramp diverts traffic

BOCA RATON – At about 7:30 a.m. Nov. 16, Boca Raton fire crews responded to a report of vehicle fire on the northbound exit ramp of I-95 at Glades Road. Emergency crews arrived to find a 2008 Chrysler 300 on fire.

Public Information Officer Frank Correggio said the exit ramp at Glades Road was shut down while crews battled the blaze. Crews quickly extinguished the fire and used a special power saw to cut open the car.

Photos by Frank Correggio *Firefighter Evan Gaub handles hose*

The driver of the vehicle was not injured and the cause of the fire is undetermined at this time. Florida Highway Patrol was on scene.

The Boca Raton Tribune **COMMUNITY NEWS** East/West Boca Raton, FL

JARC folks hit the lanes for third annual bowling fundraiser

From left are Haley Joffe, Carl Klein, Gaby Gechter

Liane Bloch and JARC volunteer Debbie Levy prepare to bowl.

BOCA RATON -- JARC (Jewish Association for Residential Care) recently hosted its 3rd annual bowling fundraiser

The event drew some 240 bowlers, including JARC residents, family members, friends, and local business partners. Thirty raffle prizes donated by local businesses were given away. All guests enjoyed pizza, soda, two hours of bowling and tons of fun on the lanes.

Ronnie Rand and Eda Mandell received special prizes for their efforts in collecting sponsors for their bowling. In total, more than $10,000 was raised in support of JARC programs and donations are still being received.

"This event is especially important as it was conceived by clients from the JARC programs and gives them the opportunity to help raise the vital funds needed to support their programs" stated Nancy Freiwald, JARC Adult Day Training Program Director.

"This grass roots effort has inspired so many. No matter how bleak the times may look, everyone in their small way has made a huge difference" stated Dr. Debra Hallow, JARC executive director.

For more information,call 561-558-2550.

The Jewish Association for Residential Care (JARC) is a nonsectarian organization providing group homes, apartments and vocational training for adults with development disabilities.

From left, Ronnie Rand, Debbie Lombard, Tony DiBiase.

JARC volunteer Bill Ingate and his daughters, Julia & Soraya

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Municipal News

The Boca Raton Tribune

FAU joins five PB County hospitals in Graduate Medical Education consortium

BOCA RATON – Florida Atlantic University's Charles E. Schmidt College of Medicine and five hospitals in Palm Beach County have signed an agreement to establish one of the state's first allopathic Graduate Medical Education (GME) Consortiums.

Bethesda Memorial Hospital, Boca Raton Regional Hospital and Tenet's Delray Medical Center, St. Mary's Medical Center and West Boca Medical Center have joined forces to increase much needed medical residency positions in Palm Beach County to ensure that the region has an adequate and well-trained physician workforce.

Florida ranks 45th nationally in terms of allopathic residency positions per 100,000 state population. Because there is a shortage of Florida residency program opportunities, most physicians practicing in Florida received their residency training outside the state, and a significant number of Florida medical school graduates have no choice but to leave the state each year to complete their residency training.

Residencies are required training for medical school graduates to become board-certified physicians. FAU plans to create between 250 to 350 new residency positions for the University.

This agreement is also good news for South Florida and will play a critical role in addressing the looming shortage of physicians in this region.

According to the American Association of Medical Colleges, physician shortages will worsen without increases in residency training. They estimate that between now and 2015, the year after health care reforms are scheduled to take effect, the shortage of doctors across all specialties will quadruple.

From left are Roger Kirk, Executive Vice President and COO, Bethesda Memorial Hospital, Mitch Feldman, CEO, West Boca Medical Center, Marsha Powers, Tenet Florida Senior Vice President of Operations, Dick Schmidt, Schmidt Family Foundation, Jerry Fedele, President and CEO, Boca Raton Regional Hospital, FAU President Mary Jane Saunders, Michael L. Friedland, M.D., Vice President of Medical Programs and Dean, Charles E. Schmidt College of Medicine, Michael T.B. Dennis, M.D., Chair, Advisory Board, Charles E. Schmidt College of Medicine, Mark Bryan, CEO, Delray Medical Center and Davide Carbone, CEO, St. Mary's Medical Center during the GME Consortium agreement signing at FAU.

FPL strengthens electrical infrastructure serving Boca Raton

BOCA RATON – Florida Power & Light Company is continuing its infrastructure-strengthening initiatives in the City of Boca Raton and is on track to complete key improvements as part of its long-term reliability and storm preparedness plan.

By the end of this year, FPL will have inspected some 1,000 utility poles, cleared vegetation from some 240 miles of power lines and used advanced infrared technology to examine 15 main power lines in and near Boca Raton.

"We're committed to delivering exceptional reliability while continuing to provide our customers with the lowest typical bill in the state," said FPL External Affairs Regional Manager Ethel Williams.

FPL customers can visit www.FPL.com/maps and enter their street address to see a detailed map of improvements in their neighborhoods. This online tool shows FPL's system improvements and investments – including pole inspections, line clearing, power line strengthening and power line inspections – at the level of the individual power lines serving neighborhoods within Boca Raton.

Following the 2004–2005 hurricane seasons that saw seven storms in a 15-month period, FPL responded to the state's call to maintain a high level of storm preparation. FPL embarked on a series of comprehensive investments and improvements to strengthen its electrical infrastructure to better withstand the impact of severe weather. The work is also designed to further reduce customer outages through aggressive preventive maintenance on its power lines and equipment.

Once the 2011 upgrades are completed, FPL will have made the following improvements and investments benefiting the city of Boca Raton since 2006 as part of its comprehensive strengthening program:

• Upgraded and strengthened several main power lines serving critical and community facilities in and near Boca Raton, including Boca Raton Regional Hospital, West Boca Medical Center, Delray Medical Center, Bethesda Memorial Hospital and North Broward Medical Center. FPL has completed strengthening the electrical infrastructure serving every existing major hospital and acute care facility in its service territory and 66 percent of all 911 facilities and emergency operations centers.

• Inspected approximately 11,050 utility poles for strength and health – 79 percent of the approximately 14,000 poles in Boca Raton – reinforcing them and replacing them as necessary. The company remains ahead of its long-term inspection schedules for its system of more than 1 million distribution poles and 65,000 transmission structures.

• Cleared vegetation along some 1,180 miles of power lines in Boca Raton. Tree limbs, branches, palm fronds and other plants that come into contact with power lines are among the most common causes of power outages and flickers. In 2011 alone, FPL plans to clear vegetation along more than 12,000 miles of distribution power lines throughout its service territory.

• Inspected 83 main power lines in and near Boca Raton using advanced infrared technology to detect and address issues in power lines and equipment before they become problems or outages.

Across its service territory, FPL has cleared vegetation from more than 60,000 miles of power lines and inspected more than 660,000 utility poles since 2006. The company has also strengthened 284 main power lines serving critical and community facilities such as hospitals, police and fire stations, and 911 communication centers.

FPL's has reduced the average number of power outages its customers experience by more than 30 percent over the past four years.

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Boca Police Safety Tip

Q: I received a traffic citation for running a red light. How do I take care of the citation and what are my options?

A: Within 30 days of receiving a citation, the Clerk of the Court's office must receive written notice of how you choose to satisfy your citation. Failure to comply will result in your driver's license being suspended and additional costs assessed. You may pay the fine outright, request a court hearing to dispute the citation, or attend driving school to eliminate the assessed point on your driver's license. For more information visit the Palm Beach County Clerk and Comptroller's website at www.mypalmbeachclerk.com/traffic violations.

Crime and safety questions are answered by officers from the Crime Prevention Unit. For more information, visit www.BocaPolice.com .

Boca Raton Police Blotter

BURGLARY TO BUSINESS 11/14/2011 11:41
N FEDERAL HIGHWAY
On Monday, 11/14/11 at 1141hrs I responded to (an office on) N Federal Hwy regarding a burglary investigation. The complainant advised that an ex-employee had entered the office and removed medical documents

BURGLARY TO RESIDENCE 11/16/2011 14:22
NW 5TH AVENUE
Unknown suspect(s) attempted smashing the front glass (impact resistant) door with a bunny statue and an attempt was also made to break two rear slider panels (impact resistant) with an unknown tool. Male suspect was seen running to a waiting dark car (foreign) between 12:15-12:30 hours. No alarm in use.

BURGLARY/ THEFT FROM AUTO 11/15/2011 14:01 1300 NW 8TH ST
Unknown suspect smashed the passenger front window to the victim's vehicle and removed a Garmin GPS and GPS mount between 1300 and 1400 hours while parked at Meadows Park pool area.

BICYCLE THEFT 11/14/2011 10:02
ROYAL PALM WAY
Victim reported that sometime between 10/22/11 and 11/12/11, unknown suspect(s) stole his wife's $200 blue 26-inch Schwinn Mirada women's mountain bicycle, 21 speed, with a speedometer and a gel seat.

ARMED ROBBERY 11/14/2011 21:52
610 NW 13TH ST
Victim was heading southbound on Federal Highway when five men s attempted to steal her necklace. She continued on her bike to Glades Road and two men followed her and stole her gold necklace and pendant (valued at $300). Suspects last seen headed east to Federal Highway and north on Federal Highway.

Boca Police probe motorcycle and scooter thefts

BOCA RATON -- In recent months, thieves have stolen numerous sport-style motorcycles and scooters throughout Boca Raton, according to police. The majority of the thefts have occurred from apartment complexes on weekend nights.

Police said motorcycles and scooters are lightweight, require little effort to move, and typically have minimal anti-theft devices. This, combined with the amount of anonymity and poor lighting often found in apartment complex parking lots, presents an attractive target for thieves.

In order to reduce the risk of your motorcycle or scooter being stolen, police ask residents to take the following precautions:

- Make sure your motorcycle/scooter is parked in a well-lit area.
- Lock forks or discs with locks that have a large bright colored tag to remind you of the lock and to make the lock more visible to thieves.
- Lock your ignition.
- Secure your motorcycle/scooter while it's parked by locking several together or locking it to a secure object that can't be dismantled.

- Add an audible alarm and/or a tracking system to your motorcycle/scooter.

For more information contact the Boca Raton Police Services Department Crime Prevention Unit at 561-347-3938 or CrimePreventionUnit@myboca.us

Boca's Helschien named vice-chair of Romney committee

BOCA RATON -- Palm Beach County Republican Party Vice Chairwoman Margi Helschien is one of 21 people named co-chairs of Republican presidential hopeful Mitt Romney's Florida campaign.

The campaign recently announced the names of key Florida leaders chosen for the Social Conservatives for Romney Statewide Steering Committee.

Dr. Dave Weldon, a Melbourne physician and former U.S. congressman, will chair the committee. Weldon is also founder of the Space Coast Family Forum and the Israel Allies Caucus.

Helschien said she is excited about the opportunity. "As a proud Republican, conservative and American, it is with great pride and honor to support the next president of the United States of America, Mitt Romney," she said.

The committee was chosen based on members' active participation and advocacy for conservative causes as well as the role each has played in state politics. Since 2008, Helschien has been president of the Boca Raton Republican Club, one of the largest GOP groups in Palm Beach County, and is vice chair of the county party. She has also won awards for her volunteer work and dedication to the conservative cause, including the Palm Beach County Republicans' "Jean Pipes Award" for outstanding service in 2011.

Margi Heklschien

One of the primary tasks of the team will be to help get out the vote and rally a network of conservative activists to support Romney

'Click it or Ticket' patrols beefed up through Thanksgiving

BOCA RATON – Officers from the Boca Raton Police Services Department will be beefing up patrols in the days surrounding the Thanksgiving weekend, looking for motorists violating the seatbelt law. The Click It or Ticket campaign runs through Nov. 27

Last year, more than 13,000 lives were saved nationwide by seatbelts. Besides front seat passengers being required to wear safety belts, children under three must be in a child restraint device and children four and five years old must either be in a child restraint device or wear a safety belt.

Passengers 6 to 17 years old must be restrained by a safety belt in both the front and back seats of the vehicle.

SECTION B
BOCA LIFE & ARTS
The Boca Raton Tribune
November 24 through November 30, 2011 • Year II • Number 075

"Beauty and the Beast" is Disney at its Best

Scene from "Beauty and the Beast" at Broward Center

"Beauty and the Beast" represents the best Disney has to offer in a bright, clever, compact package. The national tour continues through Nov. 27 at Broward Center in Fort Lauderdale.

"Beauty" has all the colorful costumes, ingenious sets and split-second changes that characterize a Disney production.

The Beauty character of Belle, played by Emily Behny, has the requisite delicate, doll-like beauty one expects from the role. Behny has a larger-than-average voice and power that make her an ideal Disney heroine.

"Beauty and the Beast" is a simplified yet amplified version of the 1991 Disney animated feature, which in turn was inspired by the traditional French fairy tale that dates back to 1740.

The animated movie featured an all-star Broadway cast voicing the characters. The Broadway version has a book by Linda Woolverton (who wrote the movie screenplay) and music by Alan Menkin (ditto). For the stage, the story of an enchanted prince turned into a horrible beast and the beautiful, pure-hearted girl who learns to love him as he is, has been simplified while the soundtrack has been amplified with additional songs and dance numbers. What makes this show so entertaining is the way it is presented, with all the speed and precision of a Swiss watch.

Since you don't look for depth of character in a show like this, you look for characters who entertain most.

It is hard to emote when your face and body are covered up with the furry, horned trappings of a beast, so what Dane Agostinis offers is a powerful, operatic baritone and a big body to match.

The paring of Agostinis and tiny Behny is almost comical, which in this case is OK. This is, after all, a romantic comedy, not a tragedy.

The show's comic champ is Logan Denninghoff as the vain, pompous, ridiculous Gaston. Denninghoff is a strapping young man with a booming voice, bulging muscles and a sly grin, who resembles a younger, larger John Travolta.

Gaston is a Lothario who thinks he is God's gift to womankind, and so he must have Belle, the fairest of them all. This will not happen of course, but Denninhoff makes a comical spectacle of his fumbling attempts, aided and abetted by the dim, pratfalling sidekick, Lefou (Andrew Kruep).

Kruep is a nimble gymnast, as is the uncredited person who plays the agile carpet in "Be Our Guest."

As in the movie, "Be Our Guest" is the showpiece number, showing off the various enchanted objects of the Beast's castle, who long to return to human form if only the Beast can find his true love. Standouts in this gang are Michael Haller as Lumiere the candelabra, Julia Louise Hosack as Mrs. Potts, and Chandon Jones as saucy Babette. Cogsworth the clock will be played by a different actor, James May, by the time you read this.

Christopher Spencer makes Belle's father Maurice a lovable crackpot and Matt Kopec is suitably sinister as the corrupt Monsieur d'Argue.

The other signature song is "Beauty and the Beast," and by the time it is reprised by the entire cast, you may want to rise from your seat. That's what happened opening night, and it is heartwarming seeing so many children learn what a standing ovation is.

Tickets are $25.25 and up. Call 954-462-0222 or go to www.browardcenter.org.

ENTERTAINMENT

'Melancholia' Addresses Cosmic Questions

See page 22

LET'S TALK LIFE & STYLE

See page 23

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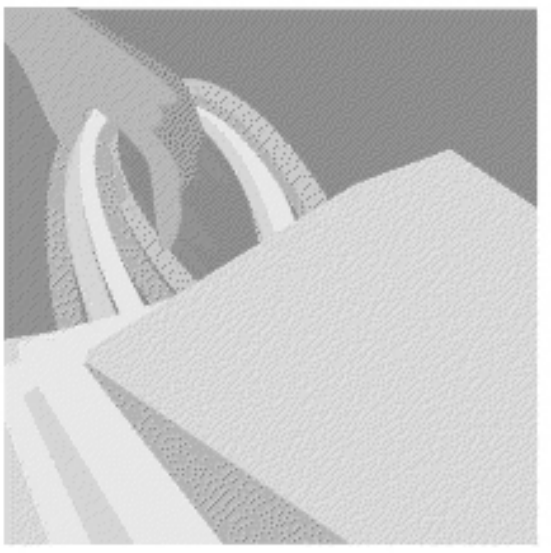

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OLEDA TALKS

Oleda Baker

Rheumatoid Arthritis and Alcohol....Is it a Bad Mix? Yes...No...it Depends...

Be Careful! A major Scandinavian study showed that consumption of moderate amounts of alcohol reduced the incidence of rheumatoid arthritis by 50%.

That might be true, BUT, don't misinterpret those results. Drinking can only help prevent the development of Rheumatoid arthritis; IT WORKS JUST THE OPPOSITE IF YOU ALREADY HAVE THE DISEASE.

So, if you already have Rheumatoid arthritis, don't drink alcohol. Here's why:

Alcohol interferes with the effectiveness of arthritis medications, making your pain worse.

Rheumatoid arthritis is an inflammatory condition. According to the Annals of Epidemiology, chronic, excessive alcohol increases inflammation in your body.

Medications are essential to cope with osteoarthritis and rheumatoid arthritis. But, taking lots of drugs can damage your liver. Excessive alcohol inflames the liver and affects how it functions.

Too many drinks put you at risk for hypertension, heart disease and stroke. Rheumatoid arthritis is also a risk factor for cardiovascular disease and stroke, according to the American College of Rheumatology.

Alcohol causes weight gain. Yet, health professionals often recommend shedding pounds to help improve rheumatoid arthritis and osteoarthritis.

Alcohol in general flushes vital nutrients from your body, such as the mineral magnesium and vitamin B1 or thiamine. Both are essential to muscle function, which is already compromised when you have arthritis. Also, B1 deficiency can affect nerve function and cause walking problems and weakness in your hands and legs.

Alcohol is dehydrating, which makes your muscles tighter or stiffer; arthritis has a similar effect.

Arthritis can result in bone loss and deterioration. Alcohol thins your bones, making them more prone to damage.

Both alcohol and arthritis disrupt sleep.

Women are twice as likely to be affected by rheumatoid arthritis — and they are more susceptible to the effects of alcohol. This makes drinking alcohol even riskier for women with arthritis.

Does it mean you have to give up your favorite bubbly during holidays, or an after-work cocktail with your colleagues? Well, if you have rheumatoid arthritis, yes, unless you want to suffer more than you already are! But, for occasional imbibes, here are some smart guidelines:

Generally, for women, moderate drinking means one drink (for men it's two drinks), However, this amount can vary based on your body size. You also need to remember that alcohol interacts with arthritis medications.

Don't drink even a sip of alcohol if you are taking acetaminophen or methotrexate; even moderate drinking can lead to liver damage.

To avoid stomach problems don't drink when you take non-steroidal anti-inflammatory drugs (NSAIDs) or aspirin.

Avoid using narcotic analgesics (such as codeine), muscle relaxants, or sleep medications when you drink; they strengthen the effects of alcohol.

Using alcohol to cope with pain or depression caused by arthritis may be a sign that your treatment isn't as effective as it should be. Talk to your doctor about better medications and alternative pain remedies such as hot and cold treatments, meditation, or acupuncture. If you're depressed, seek medical treatment and counseling.

Recent studies show that moderate use of alcohol may have a beneficial effect on the coronary system. In general, for healthy people, one drink per day for women and no more than two drinks per day for men would be considered the maximum amount of alcohol consumption to be considered moderate use. However, the amount of alcohol that a person can drink safely is highly individual, depending on genetics, age, sex, weight and family history, etc.

IMPORTANT: One drink is considered to be:
1-1/4 ounces of distilled liquor (80 proof whiskey, vodka, scotch, or rum) NOTE THAT 1 ¼ OUNCES IS EQUAL TO ONLY 4 TABLESPOONS.
4-5 ounces of wine
10 ounces of wine cooler
12 ounces of beer

Oleda Baker, now 76, began her career as a high fashion model with the prestigious Wilhelmina Model Agency, based in New York City and doing print and TV assignments in New York and Europe. She has written ten books on beauty, diet and health.

Merry Christmas

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SPOTLIGHT

West Boca Chamber of Commerce Network Photos from Ben's Kosher Deli

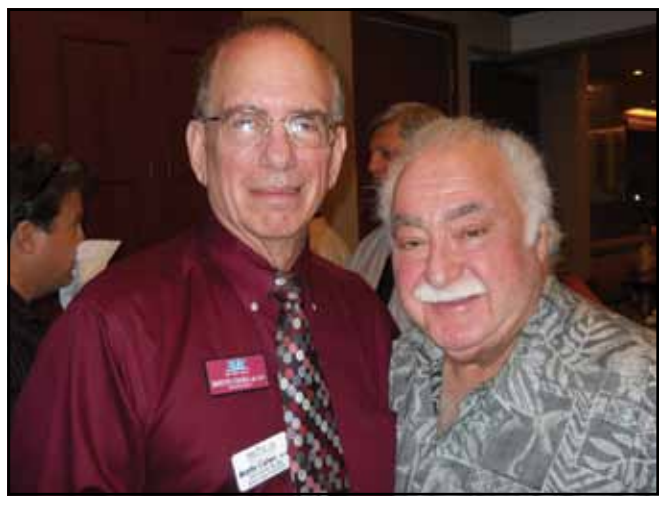
Attorney Ken Bronchick and Tom Kruse of Sir Speedy Margate

Tom Bishop of Brightway Insurance and Bob Goldberg of SignArama

Suzanne Handley with Integrity Merchant Solutions and Cary Reichbach with The Facility

Stacey Silbiger with CNB, Jaqueline Nicholson of ACS, Bonita Kitts with Rebound Fitness, Lisa Peterford with Five Star Painting and Dr. Abby Klayman

Sheldon Klasfield with Academic High School, Attorney Seth Marmor with Financial Advisor Steve Fenyves



Martin Cohen with EXIT Family Realty and Richard Prager with the West Boca Chamber of Commerce

SPOTLIGHT

West Boca Chamber of Commerce Network Photos from Ben's Kosher Deli, continued...

Gail & Larry Strum of Palm Beach Insurance Services with Realtor Chrissy Piazza (center)

Chrissy and Sam Piazza

Bernie Schaffer of Schaffer & Sons Uniforms and Neil Lavikoff of Foundation Mortgage

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ENTERTAINMENT

By Skip Sheffield

'Melancholia' Addresses Cosmic Questions

When a film is titled "Melancholia" you know you are not in for a barrel of laughs.

"Melancholia" is an archaic expression for depression. It is also the name of a rogue planet on a collision course with Earth in Lars van Trier's challenging new film of the same name.

"Melancholia" is challenging in a good kind of way. It took me a while before I could see where the writer-director was going in part one, called Justine. The opening sequence is pretentiously arty, with alternately dark and bright, mysterious celestial images, displayed to the tune of Wagner's tragic, grandiose opera "Tristan and Isolde."

The setting is an imposing seaside estate so large it has an 18-hole golf course. It is the wedding night of a young couple: Justine (Kirsten Dunst) and Michael (Alexander Skarsgard).

Justine is not your typical radiant bride. While she smiles, kisses and shows affection for Michael, she is clearly troubled by something. The story begins comically with the couple's absurdly long limousine having trouble navigating the long, winding, narrow road to the estate.

It is a huge, elaborate wedding with full orchestra, gourmet dinner and scores of guests, overseen by a fussy, temperamental wedding planner (Udo Kier).

Nothing goes right with the wedding or subsequent reception, starting with the late arrival of the couple. It quickly devolves into an uncomfortable wedding hell.

Scene from "Melancholia"

The bride's sister Claire (Charlotte Gainsbourg) warily tries to sooth the bride. Her father (John Hurt) seems three sheets to the wind. The mother (Charlotte Rampling) is an obviously embittered mess.

Claire's husband John (Keifer Sutherland), the guy who is footing the bills, is angry and exasperated. Justine's boss Jack (Stellan Skarsgard) is an egotistical jerk. Jack's young assistant Tim (Brady Corbet) has a thing going for the bride.

Weddings tend to be emotional occasions, but this one careens out of control. The whole thing is an embarrassing spectacle. Clearly this marriage is doomed before it ever begins.

Doom is the main subject of the second part of the film, titled Claire. Doom is manifested by the aforementioned rogue planet called Melancholia, which was only hinted at in the first part. It is clearly visible on the horizon and looming larger all the time.

John insists Melancholia will miss planet Earth by miles. Claire isn't so sure. Their 10-year-old son Leo (Cameron Spurr) simply wonders why everyone is so upset.

Leo seems to have a calming effect on Justine. In fact she seems preternaturally calm compared to her sister, who is falling apart.

If you've made it this far, the finale of the film is heartbreakingly beautiful. The performances are searing.

"Melancholia" dares ask the really big questions. What is the nature of happiness? Is true love possible? How does one face the inevitability of death? That von Trier can pose these really vexing questions in such visually beautiful, poetic manner is proof of his artistry.

I have found von Trier's earlier films angry, abrasive and depressing. This one makes up for that. Perhaps it is because von Trier himself was diagnosed with clinical depression, recognized the problem and got treatment for it. True art often comes from a very painful place.

Four stars

FOOD REVIEW

By Marc Kent

Andrew's – A Modern American Bistro

Relax at this upscale Bistro with its varied menu and evening entertainment at Plaza Real South. Seating 50 or so in the dining room, 40 on the patio and 20 at the bar area, Andrew's is open 7 days for happy hour 4PM to 7PM, dinners from 5PM to midnight or beyond.

The current menu lists seven starters – we sampled six – an onion soup of tasty broth with ample onions and crowned with a creamy gruyere, followed by 3 nicely spiced tacos, pico de gallo with sour cream. There was a fine textured tuna tartare with yuzu, jalapeno, sesame seeds and lotus root chips, delicious! A most unusual offering of bacon wrapped dates was a fantastic combination that should not be missed. The Maryland crab cake had true taste with its lemon zest, arugula and remoulade- very nice. Finally, the calamari was lightly fried to be crispy, yet tender with excellent taste-with or without the side of Creole tartare.

Six salads include a roasted beet salad with nice chunks of beet with arugula, toasted hazelnuts, chevre cheese and a hazelnut vinaigrette, it was crisp and delightful. The Caesar, however, was somewhat flat as the dressing was too thin in taste and texture. We'll try Andrew's salad and their Southwest cob at a later date.

Eleven entrees start with a veal osso bucco, chock full of flavor and a true delight. The house made pappardelle had wide strips of tender pasta with a lovely, complex and traditional Bolognese sauce and parmigiano- reggiano- great! Our catch of the day was mahi mahi which was juicy and tasty but was overshadowed by the accompanying side of red pepper strips and artichoke hearts – much too strong – avoid this. We ordered a 8 ounce filet mignon, prepared medium and we were rewarded with a delicious, tender steak- done perfectly and served with steamed asparagus, creamy mashed potatoes and a light au poivre sauce – a tribute to a fine Chef. We tried other sides including very nice, thin and crunchy sweet potato fries – there are eight more to choose from including broccoli, creamed spinach, a vegetable medley, mac&cheese and sautéed wild mushrooms.

Desserts are five in number – a rich chocolate layer cake, a vanilla bean cheesecake, key lime pie, a sorbet selection of razzberry, lemon and mango – all quality items, though outsourced. The house made specialty, this date, was a banana and cheese spring roll with cinnamon ice cream and caramel sauce – very creative. Specialty desserts vary daily!

We were pleased to note some 28 wines –by-the-glass, domestic and foreign, at market pricing and a "hand made" martini list of 10 creations – Good sized drinks to savor. A bar menu of 7 food items are available at reasonable pricing – and – at happy hour they are offered at half price!! P.S. There is live entertainment nightly for your dining pleasure.

Only one block south of the new pedestrian promenade at Palmetto Park Road – east of Federal Highway in Boca Raton, the address of this Bistro is 99 SE Mizner Blvd, Boca Raton (561-391-7939)…. It is a young establishment so… go and enjoy!

LET'S TALK LIFE & STYLE

By Kay Renz

Sighted in Boca: Jerseylicous Star in Town

As you may have seen in Life&Style Magazine, Jerseylicious star Gayle Giacomo was recently at the Donna Pascoe Salon in Boca Raton learning about Marie Bernard hair extensions. I had a chance to watch their training session and learn a bit about this revolutionary new technique that provides lustrous full hair without causing the damage of traditional extensions.

The Style Network star, who owns Gatsby's salon in New Jersey, met Donna a while back and admired her gorgeous extensions. Not only did Gayle want them for herself, she wanted to learn the technique so she could start offering it to her clients in New Jersey.

"I love them," Gayle gushed when she was in Boca. "They are so easy to wear, light weight, comfortable, no issues with styling."

Donna brought the creator of the hair extensions, Marie Bernard, to her salon to demonstrate the technique for Gayle. Marie lives in Boca Raton and for over 18 years she has been at the forefront of the industry and with her latest patented advancement, she and Donna have plans for national marketing.

As she showed me the silky sections of the finest European hair, Marie explained how her technique does not use glues, adhesives or other damaging applications.

"If you have thin, damaged, unmanageable hair these extensions are perfect for you because they don't damage your own hair," she explained.

The extensions can be chosen from a variety of styles and colors or you can have them custom made. The time to apply the extensions and for maintenance is shorter than with other types of extensions and prices start at about $650. For more details: www.donnapascoesalon.com

Donna Pascoe, left, with Gayle Giacomo from Jerseylicious.

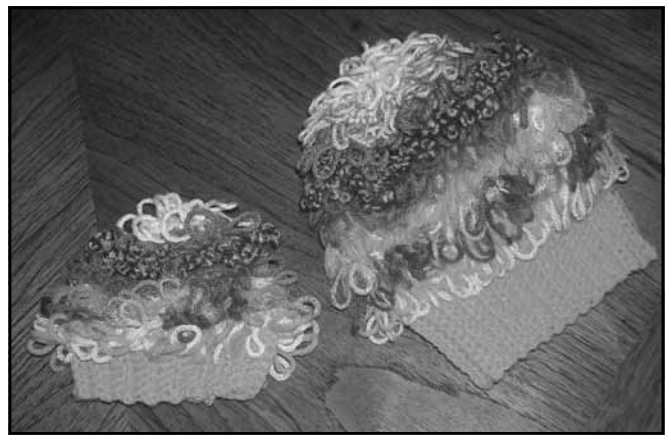
Crocheting for Kids with Cancer

I love profiling people who give back, and recently Marilyn Swillinger, president of the Greater Boca Raton Chapter of the Pap Corps, told me about her neighbor, Roxene Sloate, who in the late 1980's was the president of the Pediatric Cancer Foundation, affiliated with Columbia Presbyterian Hospital. Roxene is a wonderful artist who has taken her creative talent in a new direction to help children with cancer. Roxene loves to crochet and knit the cutest hats for children who have lost their hair due to chemotherapy.

"I became involved because in 1974 my dear friend lost her 10 year old daughter to cancer," she said. "Being an artist, my best way of giving is by using my hands and creativity, so these hats are a very easy way for me to do something to help."

The hats come in a rainbow of colors and materials and she also creates matching styles for the children's dolls! The children love them as it not only gives them a cheerful stylish look but having their dolls in matching hats makes them feel special.

The Greater Boca Raton Chapter of The Pap Corps is looking for volunteers to create a few hats for the children at the Sylvester Cancer Center at the University of Miami. If you have the talent and the heart to create a few hats for some special children, please send me an email at kayrenzpr@aol.com and I will get you started!



Items created by Roxene Sloate

Boca's Costco gets gas

On Nov. 17, County Commissioner Steven Abrams joined other local officials at the opening of the new and long-awaited gas station at Costco on Congress Avenue in Boca Raton.

Costco originally opened at this location a number of years ago following much controversy with surrounding neighborhoods. The permits issued initially prohibited Costco from installing gas pumps.

Since then, Costco has become a popular destination for those originally opposed to the big box store. Now, residents expressed an overwhelming approval for the gas station.

From left are Costco Store Manager Larry Lewis, Commissioner Steven Abrams, Boca Raton Mayor Susan Whelchel and other local officials at the ribbon-cutting ceremony.

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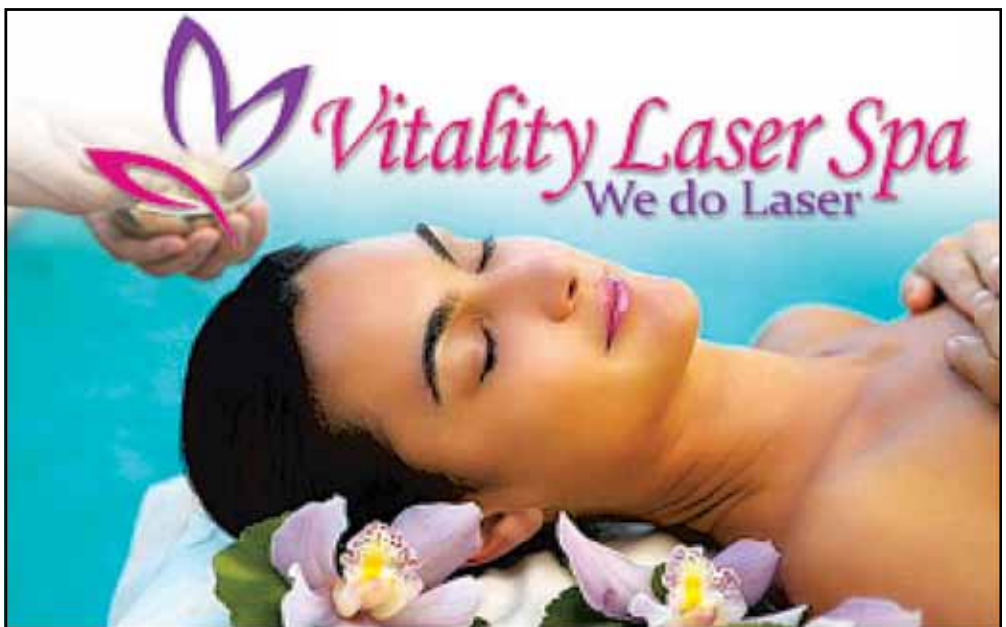

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Business

The Boca Raton Tribune

NCCI Holdings raises more than $11,000 for Junior Achievement of the Palm Beaches

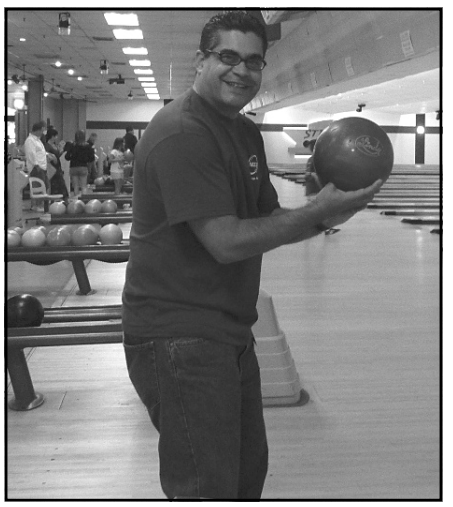
Photos by NCCI Holdings

BOCA RATON --NCCI Holdings, Inc. and its employees raised more than $11,000 for Junior Achievement of the Palm Beaches (JA).

Ninety bowlers, comprising employees and their families, came out to support JA at Strikes in Boca Raton for their annual Bowl-A-Thon. Through classroom programs, Junior Achievement of the Palm Beaches prepares young people to succeed in business. It provides lessons that focus on work readiness and economics.

Headquartered in Boca Raton, NCCI employs more than 925 professionals dedicated to fostering a healthy workers compensation system. NCCI actively gives back to the communities where their employees live and work. Visit ncci.com.

Mark Mileusnic, chief operating officer of NCCI Holdings, and his family came out to support Junior Achievement's annual Bowl-A-Thon.



CCI Holdings employee Angel Del Valle pauses in mid-swing at the Junior Achievement of the Palm Beaches Bowl-A-Thon.

Joy Burnstad of NCCI Holdings picks out the perfect ball to knock down pins for Junior Achievement (JA). Joy was one of more than 90 bowlers who came out to support JA.

NCCI Holdings' employees Chantel Weishaar, Arlanne Theall Smart, Lindsey Kaye, and Stacey Dever show off their team spirit at the Junior Achievement Bowl-A-Thon. Funds raised will support programs dedicated to educating students about work readiness, entrepreneurship, and financial literacy.

Original Brooklyn Water Bagel Co. opening three new restaurants in PB County

BOCA RATON -- The Original Brooklyn Water Bagel Co., the bakery/cafe restaurant that creates Brooklynized™ water for use in all of its food, beverage and bakery products, announced it has finalized deals to open new restaurants in Jupiter and Lake Worth. That's on the heels of opening its newest location in Boynton Beach in late September.

Plans call for another restaurant to open in Boca Raton as well, making Palm Beach County the hub of the fast-growing chain.

"We have had an overwhelming response to our authentic Brooklyn products that give many Northerners a real feeling of being back home," said Steven M. Fassberg, founder, chairman and chief executive officer of The Original Brooklyn Water Bagel Co. "While it's only natural to grow more rapidly in the area where we first started, our restaurant and food have been popular in locations that we have opened throughout the country – from South Florida to California."

In 2009, the company opened its first restaurant in Delray Beach. The following year, Michael D'Angelo, a former Brooklyn firefighter and Sept. 11 first responder, opened the first franchise in Palm Beach Gardens.

The company has seen five new locations open this year, including the Beverly Hills, Calif. restaurant opened by Larry King, the broadcasting legend. Another 11 restaurants are in different stages of development, and are slated to open soon in areas of New York, Atlanta, Maryland, California, Connecticut, Massachusetts, North Carolina and Florida.

In all, the company has 20 locations either open or under development.

The Jupiter restaurant at 201 N U.S. 1 in the Shoppes of Jupiter near the Cobb Theaters and Lake Worth location at 9855 Lake Worth Road in the Wood's Walk Plaza near a Publix Super Market are under construction and are expected to open in mid-December and early 2012, respectively.

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Showboats International Rendezvous raises $1M for Boys & Girls Clubs of Broward

Patrik Hoffman with the Admiral watch

BOCA RATON –Boca Raton-based Swiss watch manufacturer, Ulysse Nardin helped raise more than $1 million to benefit the Boys & Girls Clubs of Broward County, contributing more than $200,000 at the 24th Annual Showboats International Rendezvous held this weekend.

Ulysse Nardin honored 16 members of the Fleet Admirals Club with one-of-a-kind timepieces at the gala at Mar-a-Lago. Each member has pledged an annual donation of $50,000 to the Boys & Girls Clubs of Broward County for at least five years, and included distinguished business leaders such as Wayne Huizenga and Rick Case.

"We are honored to have taken part in such a wonderful charity event with some of South Florida's most generous philanthropists," said Patrik Hoffmann, the company's president and chief executive officer. "The big-heartedness of the community has been inspiring and we look forward to participating in the event again next year."

The timepiece presented to each Fleet Admirals Club member was appropriately named, The Admiral. Each one of the Marine Chronometers was engraved with the recipient's name. The men's model was on a rubber strap and came with an additional crocodile strap with deployant buckle.

The matching women's model came with a diamond bezel. During the formal gala, each member was called up to the stage to be acknowledged, and to personally receive their custom timepiece from Hoffmann.

From left are Douglas and Linda Von Allman, Patrik Hoffman and Rick Case

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BRIO Tuscan Grille is now open at The Shops at Boca Center

BOCA RATON -- BRIO Tuscan Grille has opened a new location at The Shops at Boca Center in Boca Raton. The restaurant, the eighth BRIO Tuscan Grille in Florida, opened its doors for the first time Nov. 9.

BRIO (meaning "lively" or "full of life") is an upscale, affordable restaurant serving authentic, northern Italian cuisine. It brings the pleasure of the Tuscan country villa to the American city.

The subtitle, "Tuscan Grille," is descriptive of the menu that features grilled and oven-roasted steaks, chops, seafood, made-to-order pastas, flatbreads and entrée salads, similar to what one would find in an authentic ristorante in Tuscany. BRIO also offers an ample dessert menu, full wine list and cocktail book. BRIO's motto is fashioned after the Tuscan philosophy of "To eat well is to live well."

Some menu items include Bruschetta Quattro, Bistecca Insalata, Tuscan-Grilled Pork Chops, Chicken "Under the Brick," Gorgonzola-Crusted Filet, Lasagna Bolognese Al Forno, Roasted Lamb Chops, Grilled Salmon Salad, Pasta BRIO, Pasta Alla Vodka, Beef Carpaccio, BRIO Crab Cakes, Tiramisu and Torta Di Cioccolata.

Additional offerings include the Bellini Brunch, available Saturdays and Sundays from 11 a.m.-3 p.m. and the $2.95 Tuscan Taster bar menu, which features standouts such as Shrimptini (shrimp cocktail), Beef Carpaccio, mini BRIO Bistecca Burgers, and several flatbreads. The restaurant will also offer a special children's menu and family-style pans-to-go for off-site catered special events and business occasions.

The new 8,800-square-foot Boca Raton restaurant at 5050 Town Center Circle, Suite 239, offers indoor seating for 260 guests, and al fresco dining for up to 100 on an Italian-style terrace. A private dining area will accommodate groups ranging from 16-48. The bar area will seat 40.

BRIO's villa-like interior features details such as antique, hardwood Cypress flooring; arched colonnades, hand-crafted Italian mosaics, antique doors, hand-crafted walls covered in an antique Venetian plaster, Arabescato marble-imported from Italy, and sizable wrought-iron chandeliers.

From left, Rita Seiff, BRIO Boca Raton General Manager; Tom Race, Naomi Prever, Sheila Weilheimer, BRIO Boca Raton Executive Chef Freddy Sevilla and Sheila Alper.

Shown from left are Rita Seiff, BRIO Boca Raton General Manager; Tom Race and Naomi Prever.

Sheila Weilheimer, BRIO Boca Raton Executive Chef; Freddy Sevilla and Sheila Alper.

General Manager Tom Race brings years of comprehensive restaurant experience to his new position, having worked as both a general manager and executive chef. Executive Chef Freddy Sevilla joins BRIO at The Shops at Boca Center with 19 years of experience in the restaurant industry.

"With BRIO's proven success in the Florida market, we're happy to bring this upscale, affordable restaurant to Boca Raton," said Saed Mohseni, Chief Executive Officer and President, BRAVO | BRIO Restaurant Group, Inc. "We're confident that BRIO will be an excellent restaurant choice for local residents, as well as area businesses."

Currently, there are 44 BRIO Tuscan Grille restaurants located nationwide.

BUSINESS BITS

BOCA RATON – The Greater Boca Raton Chamber of Commerce will hold its holiday breakfast Dec. 1 at the Boca Raton Resort & Club. Members will hear holiday songs performed by the West Boca Raton Community High School Encore Ensemble. The meeting is sponsored by Florida Power & Light. Guest speaker will be James L. Robo, president & CEO, NextEra Energy, Inc. /FPL.

BOCA RATON -- Select stores at Town Center at Boca Raton, will open at 4 a.m. on Black Friday, Nov. 25. They include Guess, American Eagle, Skechers and Bath & Body Works. In addition, the first 100 shoppers to visit Guest Services at 8 a.m. will receive a "Shopper's Survival Kit" goody bag filled with hand sanitizer, bottled water, a mug and voucher for a free cup of coffee from Cafe Gelato, snacks, candy, a mall directory and retail offers.

WEST PALM BEACH -- Gulfstream International Airlines is now offering daily service from Palm Beach International Airport to Freeport, Grand Bahama Island. The new service operates as follows: Flights leave PBIA at 11:55 a.m. and arrive in Freeport at 12:30 p.m.; return flights leave Freeport at 12:50 p.m., landing in West Palm Beach by 1:25 p.m.

BOCA RATON -- In honor of Veterans Day, Coverall announces it was ranked in the top 10 percent of all franchises nationwide, and was named a 2011 Military Friendly Franchise by GI Jobs Magazine. Coverall is proud to offer franchise business opportunities to America's veterans. "After I retired from 30 years with municipal government, I decided I would fulfill my dream of starting a business of my own," said James Kyles, Coverall franchise owner and U.S. Navy veteran. "The hands-on training Coverall provided gave me real confidence and helped me to get my business up and running quickly. For veterans of any age, owning a franchise is a good opportunity to start your own full-time business."

Email your Business News, promotions and acknowledgements to Chris Catoggio at: chris@bocaratontribune.com.

Columnists

The Boca Raton Tribune

FAITH

By Rick Warren

Be Wary Of Tempting Shortcuts

One summer our family took a vacation by car, with our only goal being to see the western half of the United States. We had loaded up our van and headed out in search of an adventure. By the conclusion of our two-week trip, we had put more than 5,000 miles on the odometer.

For most of the trip we simply focused on enjoying the journey rather than rushing toward a destination. But in one of the states we traveled through (which will remain unnamed) we were so bored with the monotony of the unchanging scenery, I got what I thought at the time was a brilliant idea: to take a shortcut to the next large town.

The alternative road the map displayed seemed perfectly acceptable, appearing to be a direct route to the next town. Based on what the map showed, we reasoned this shortcut could save us at least an hour of traveling time – and spare us from having to stare at the tedious roadway vista. So we got off the well-traveled highway and set off on the alternative route.

What a great mistake that proved to be! The road presented one difficulty after another, a series of troublesome obstacles: construction work; a line of slow trucks that we were unable to pass; cattle, and then sheep, in the middle of the road, blocking our advance; potholes seemingly as big as meteor craters; and no gas stations or restrooms to serve our traveling needs.

The bottom line of this experience: My proposed "shortcut" ended up taking much longer than the original route would have required, we nearly ran out of gas, and I had a very aggravated, unappreciative family!

The lesson: Shortcuts are not always as good as they may seem.

Although some physicists might want to debate this point, it seems obvious that sometimes the shortest distance to a goal is NOT a straight line.

Shortcuts – and their potential dangers – of course, are not limited only to traveling. Today's competitive business climate, for example, often tempts us to cut corners in order to speed up progress on projects, or to cut expenses and increase the margin of profit. Time pressures, management demands, greed, or even laziness can prompt us to take ill-advised diversions en route to chosen objectives.

But ethical shortcuts, such as shortchanging a customer on the quality of a product or service, will always come back to haunt us, at least in the long term, if not immediately.

In its timeless wisdom, the Bible offers several warnings against shortcuts:

- "The man of integrity walks securely, but he who takes crooked paths will be found out (Proverbs 10:9).
- "Dishonest gain will never last, so why take the risk?" (Proverbs 21:6).
- "Money that comes easily disappears quickly, but money that is gathered little by little will grow" (Proverbs 13:11).
- "The man who wants to get rich quick will quickly fail" (Proverbs 28:20).

The next time you are tempted to take a shortcut – think carefully and cautiously before taking it.

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Adapted from a column by Dr. Rick Warren, the author of numerous books, including the highly acclaimed, The Purpose-Drive Life, which has been translated into many languages and sold throughout the world. It affirms the importance of having a carefully considered, clearly expressed purpose to guide everyday life. It has been named one of the 100 Christian books that changed the 20th Century. He also has written The Purpose-Driven Church and The Purpose of Christmas.

DIVORCE FLORIDA STYLE

By Mike Gora

Insurance in Divorce

Q. My husband and I are going through the divorce process, and have been for about six months. We have a mediation coming up. To prepare, I sat down with a friend of mine to go through her divorce settlement.

Last night my friend and I were discussing insurance issues. I have been married for over 20 years, and we are both 45 years old, and in good health. We have two kids, one in college, one a sophomore at Pine Crest. I have not worked during the marriage. My husband makes good money. We have always had health insurance and life insurance, through his employment with a public company.

Can you tell me what kind of insurance protection I would get if the case went to court? Would the judge have to give the children and me the same health insurance we have now? Would he give me life insurance to pay for alimony and child support, in the case of my husband's premature death?

A. Let's discuss the life insurance first. Legislation and appellate decisions have made it much harder for a trial court to award life insurance as security for alimony or child support then it was 10 years ago. It would be best to reach a settlement on all issues at your mediation, including the insurance issues.

However, if there is a trial and an appeal the trial court, to be sustained on appeal of an award of life insurance must establish:

1. That there are "special circumstances" requiring the insurance. That seems to mean that there has to be some special risk to your husband's health, or, perhaps some special condition that would prohibit you from ever earning your own support, or being able to support your minor child.

2. That the insurance is affordable, after making the distribution of assets, and deducting the cost of the alimony and child support from you husband's earnings. Non-marital assets of both parties must be considered.

3. And that the proceeds of existing or new life insurance are necessary to secure the alimony and/or child support.

You have also asked about health insurance coverage. The court will probably require your husband to continue to supply health insurance for your minor child, but cannot do so for you or your college-age child. Most group policies would cover the college age child at no additional cost, through college, and your husband may well agree to do so.

Federal law does not allow you to continue on your husband's group health plan indefinitely, but creates, through a process referred to as COBRA, 18 month's worth of coverage at an expense close to what your husband's company is paying to cover you. You can choose to go with that plan or purchase your own. The cost of your insurance will be considered as one of your needs to be covered alimony.

Michael H. Gora has been certified by the Board of Specialization and Education of The Florida Bar as a specialist in family and matrimonial law, and is a partner with Shapiro Blasi Wasserman & Gora P.A. in Boca Raton. Mr. Gora may be reached by e-mail at mhgora@sbwlawfirm.com.

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BOBBIN' FOR DOLLARS & SENSE

By Robert Child

What are the most common mistakes boomers make when it comes to retirement?

Allowing your emotions to run your portfolio could be detrimental to your financial future. Often, misinformation, fear, paranoia and uncertainty lead people to make irrational choices about their financial future. When all the hoopla and euphoria is going on within the markets, greed could kick in. As a result, many investors may buy at the height of the market. Conversely, when markets are in disarray, investors may get fearful and sell at or near market bottoms. Both of these decisions may be caused by emotions and go against the basic principal of investing, buy low and sell high.

Many times, investors allow the media to manipulate them and lead them to make decisions that may be irrational and based on emotion rather than on doing their own research on a particular investment. When choosing an investment, it is important to understand the fundamentals and history of that investment, and not depend on the perspective of the media.

The U.S. markets have been through financial crises before. Yes, there are problems within the markets and system as a whole; however, I believe that chaos can bring opportunity. When there is turmoil within the markets, investors need to see this as a positive, rather than a setback.

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Bobbin for Dollars and Sense is written by Robert Child, President of Boca Raton-based financial company, Child Group Wealth Management. Bob is known for his common sense perspective. He understands how to think and act during critical times. Few of today's active financial advisors have lived through the NYC Bankruptcy Crisis of 1975 or the Washington Public Power Supply System debacle of 1983. Bob believes both financial catastrophes have strong similarities to today's economic quagmire. When economic times and financial markets were tough, Bob was there and learned from those financial tragedies, first-hand. Advising clients for almost 40 years, Bob has a team of seasoned and disciplined professionals working aside him servicing retirees and soon-to-be retirees, for over eight decades, combined, by carefully assessing the personal needs and financial goals of their clients.

WHAT BUSINESS ARE YOU IN?™

By Gerald J. Sherman

Getting Along With Difficult People

I remember the first job that I had after being honorably discharged from the service. It was working as an inside salesperson for a lamp company. I was hired by the owner, who was also a veteran. What I didn't realize at the time was that he had a sales manager who did the hiring. Little did I know that the sales manager would resent my presence in the company because he was not involved in the hiring process. He made everything difficult for me. He fought me on every turn and made my life miserable. I started to oppose him and as a result I was fired. The owner apologized and he said the sales manager had the final word.

After that incident, I knew I would meet up with other hard-to-get-along-with folks whether they were my superiors, other employees or acquaintances. I decided that I would try not to let them interfere with my career. These difficult people had a problem with themselves and I would not let their problems become mine. I decided not to overreact. Instead I looked for ways and means to understand who I was dealing with and decide whether I would want to continue the relationship. There is a saying in the retail world that, "The first mark down is the best mark down." If the relationship is truly unbearable take the mark down and get out, otherwise you may find yourself just hanging around and withering away.

I am certain that everyone sooner or later will have to deal with a difficult person, whether it is in the work place, people we do business with and others that we live with. It is important to try to understand why they act a certain way. What you need to do is to deal with them. The development of your "people skills" will lead to a successful pathway in dealing with these difficult people. Classifying in your mind the type of individual you are dealing with may enable you to manage the situation and overcome the obstacles that you are confronted with. The solution is up to you and what you are willing to give up.

The following are various difficult type people that we encounter and some suggestions of how to deal with them:

• The Controller – They need to be in control of every situation and will become angry and frustrated if things do not go along with what they expect or want. They want things done "my way or the highway!" When it's not their way, they show their anger and some of them become verbally abusive and downright nasty. Their tendency is to demean the one who is the target of their frustration. Letting them control you will result in you losing your own identity and a loss of confidence in yourself. Most people do not change; only time changes and it could get worse. Decide how much you are willing to accept or keep your eyes open for something else.

• The Bully – They are known for harassing people and criticizing them unjustly. Adults become bullies for several reasons. They like the power they receive from degrading people and that makes them feel important. Many bully because they can get away with it. The best way to cope with this person is to not allow the bully to make you feel bad about yourself. Work hard and maintain a good relationship with your co-workers. Discuss the situation with your superiors and let them know about your work.

• The know it all – They are overconfident, full of themselves, and narrow-minded. When proven wrong they get defensive. Some times it's best to let them think they know it all and they will expose their arrogance and ignorance for all to see.

• The complainer – Nothing is ever right for them. They will never be satisfied because they feel the whole world is wrong and they are right. Let them complain and ask them how they would solve the problem to make it right. They probably will just walk away from the situation.

• The 'No' person – They are pessimistic and will tell you why things will not work out. They are very inflexible and difficult to please. Avoid becoming defensive. Don't take it personally. Focus on positive solutions. Try the 'yes but method.' Agree with them and then show another solution.

• The 'Yes' person – They always agree yet they rarely come through. At least you know they will not upset the apple-cart. Best way to treat them is don't ask them for their opinion. If you think you don't want to hear the answer, don't ask the question.

• The Opportunist – They will use you and take advantage of you to further their end. These people like to get your ideas and use them as their own. Once you experience their actions try your best to stay away from them.

Getting to understand the type of person you are dealing with is vital in business and social relationships. Deciding if you can function in the relationship is a decision that you alone can make. The most important thing is to remember that these difficult people have a problem. Don't make it yours.

Gerald J. Sherman, MBA, DBA of Sherman & Perlman LLC, Marketing is a Boca Raton-based, author, marketing consultant and public relations person who has written several books and articles on these subjects. http://www.shermanperlman.com
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FAU's provost elected officer of world's largest neuroscience group

BOCA RATON – Brenda Claiborne, PhD., Florida Atlantic University's new provost and chief academic officer, has recently been elected to serve as an officer of the world's largest organization of scientists and clinicians studying the brain and nervous system.

Brenda Claiborne, PhD

Claiborne will serve as treasurer-elect of the Society for Neuroscience (SfN), which has more than 41,000 members worldwide and publishes the weekly scientific journal, The Journal of Neuroscience. Claiborne will serve a three-year term that began Nov.15, the first as an officer-elect, the second as treasurer and the final year as past-treasurer.

The SfN annual meeting, one of the largest scientific meetings with more than 30,000 attendees, is the premier venue for neuroscientists from around the world to debut cutting-edge research. SfN has 150 chapters in 47 states and in 22 countries.

"I am honored to serve as treasurer-elect of the Society for Neuroscience. The Society is one of the premier scientific organizations in the world and has played a pivotal role in my career as a neuroscientist," said Claiborne. "I look forward to contributing to its mission, and supporting my colleagues around the globe in their research and professional endeavors."

With the arrival of Scripps Florida and Max Planck Florida Institute on FAU's Jupiter campus, Palm Beach County is continuing to develop as a major geographic hub for neuroscience research.

"We are extremely proud of Dr. Claiborne for being elected as an officer of this important organization," said FAU President Mary Jane Saunders. "It is the mark of a research university to have a chief academic officer who is active in their discipline, and we are honored to be able to look to our provost for guidance as we enhance our research and academic programs in neuroscience."

Claiborne arrived at FAU in July. Previously, she served as the dean of the College of Arts and Sciences at the University of New Mexico. Prior to that, she spent time as both the founding director of the Institute for Aging Research, as well as dean of graduate studies and associate vice president for research at the University of Texas at San Antonio.

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Games

The Boca Raton Tribune

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Solution: "Weighs One Ton"

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Pet Society

The Boca Raton Tribune

PET OF THE WEEK

Sporty would be thankful if you take him home this week

"Sporty" is a 2-year-old, male, domestic short-haired cat. He is a handsome, well-educated and extremely charming young cat who would love nothing more than a wonderful family to share his life with.

He was rescued from a home along with 20 of his feline friends as his previous owner was not able to care for all of them. He is a great cat who deserves a second chance at a wonderful life. Sporty's adoption fee is only $58; please ask for ID#1597625.

He is available at Palm Beach County Animal Care and Control, 7100 Belvedere Road, West Palm Beach. All animals are adopted out to qualified applicants on a first-come-first-served basis.

Adopted dogs and cats come with a health care certificate, which must be used within seven days. It offers a free exam from one of the local participating veterinarians and includes health care if the animal becomes sick with a shelter related illness within the first seven days of the adoption. The certificate is restricted and must be used by the adopter immediately.

Pet adoptions are not handled by phone. Interested parties must visit the shelter to view and interact with the adoptable pets before making a final decision about adoption.

For information, call the adoption office at (561) 233-1272 during business hours, M-F 11 a.m. to 6 p.m., Saturday 10 a.m. to 5 p.m. and Sunday 11 a.m. to 4 p.m. Those living in the Boca/Delray area may call 276-1344 ext. 41272.

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Sports

The Boca Raton Tribune

Wade & LeBron partner for Homecoming Tour

By: Matt Pineda

Dwyane Wade and LeBron James of the Miami HEAT are partnering with Carmelo Anthony of the New York Knicks and Chris Paul of the New Orleans Hornets for a homecoming tour for charity. The four players will host charity games in either their home town or current city.

Their scheduled to play first on December 1 in Akron, OH, the home of LeBron James. They will then head to New Orleans to play on December 4, followed by a trip to play in Chicago, Wade's home town on December 7. Lastly, they will play on December 10 in East Rutherford, NJ just over the river from where Anthony lives in New York.

All the games will be held on a college campus, and the proceeds to each of the charity games will be divided to help the charity's the players support. Not only will they play the game, but they will have food drives, clinics, and other charity opportunities while they are in the city.

The games will certainly include other NBA players and stars. The HEAT's own Chris Bosh and Udonis Haslem will at least play in a few. Unfortunately, it conflicts with Mario Chalmers' own charity game in Alaska in December 1. The rosters will change considerably in each city, but it's believed that each player will coordinate the rosters in their own city.

One of the best parts about this is that all of the games can be viewed online through Google+. Fans will be able to see the games, and it's possible they will be able to interact with the players after the games.

"We're approaching it as basketball," Wade said. "We're not doing it so people don't forget our names. We're really doing this to continue to make an impact in the communities that we go to and also to show that we love this game, we're going to continue to play it and that this is something we all decided to do together. So that's what makes this special."

As the lockout continues, the players are continuing to play and to give back.

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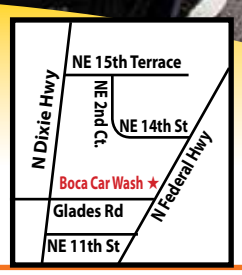

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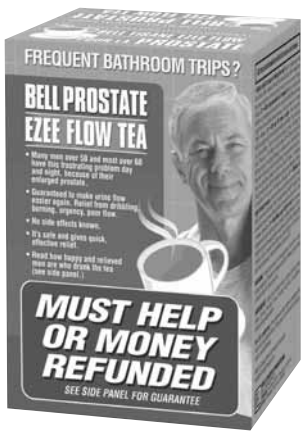

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#60

ACNE

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Rashes

By Dr. C. Hammoud Ph.D.

■**I had terrible Acne** for 3 years and tried products with Benzoyl Peroxide, Aloe Vera and others. After 4 days taking the Bell natural product #60 it started to clear up my skin. My skin changed from terrible to beautiful. *Mylene Theriault, 19, Sorel-Tracy, QC* ■**In 2 days** my son's face completely cleared up of acne. My son is 15 and suffered for 3 years. We used many products like laser, Neem that did not work or burned his skin. *Veronica Marden, Seminole, TX* ■**Unbelievable acne free beautiful skin** Last couple of years I had acne and tried every product and antibiotics. Results with #60 were unbelievable. Thanks for giving me beautiful skin and my self-esteem. *Nelisa Royer, 28, Doral, FL* ■**Within 6 days eczema cleared** up completely. I believe #60 addresses the cause internally instead of the symptoms. *Latifa Boutshik, 43, North York, ON* ■**I had severe psoriasis** over 95% of my body. Last 5 years I have stunned every doctor and dermatologist. I spent tons of money on remedies. After I got Bell #60, I've never seen anything work as fast in my life. Within 2 days I saw my skin clearing up. I'm speechless. It was inexpensive compared with what I spent before. *Jessica Shantz, 25, Dawson Creek, BC* ■**All statements** made on the Bell website are sent by delighted users. All are real people. Most have listed phone numbers and can be called for advice. No money is paid to them. Their reward is the relief they are getting. All say #60 works within days not months, not years. It's more effective than what they used before. It is less expensive (some acne suppliers ship monthly and charge monthly, which may amount to large sums yearly). No side effects were reported on #60. **Proof that it really works.**

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Owls Outlast Patriots 80-75 in Overtime

BOCA RATON, FL - Pablo Bertone scored a career high 12 points and provided a couple of key plays in the Florida Atlantic men's basketball team's 80-75 overtime win against George Mason on Saturday night.

The first half was a back-and-forth affair that featured seven ties and eight lead changes. Raymond Taylor gave the Owls their largest of the half when he hit a three-pointer to make the score 24-19 with just over eight minutes left in the period. George Mason matched that margin with a Vertrail Vaughns triple just before the buzzer to put GMU ahead 35-30 at the half.

FAU quickly seized control in the second half, retaking the lead with an 8-0 run early in the second half. The lead reached a dozen, 57-45 with 5:47 left on the clock. The Patriots continued to fight and eventually tied the score at 62. Pablo Bertone then hit a go-ahead three-pointer, his second of the night, to put the Owls up 65-62 with less than a minute left on the clock. GMU scored on a layin to cut the lead to one, then fouled Alex Tucker to stop the clock.

Tucker split the pair and the Patriots scored on another layup to tie the score. Raymond Taylor had a look from outside the arc to win the game, but his shot bounced long and the two teams prepared for overtime. Kore White scored four of his 14 points to start overtime and give FAU a 70-66 lead. Vaughns made two free throws, then Bertone converted on a drive to make the score 72-68. GMU hit a three to cut the lead to one, then made a critical mistake.

After Corey Edwards stole the ball from Taylor, he called a timeout to maintain possession, resulting in a technical foul. Bertone made both technical free throws to put the lead back to three, 74-71. Vaughns split another trip to the line, but then Taylor hit his second three-pointer of the game and gave the Owls a 77-72 lead.

The Patriots scored and had an opportunity to pull even closer, but a Greg Gantt layup with 15 seconds left foiled any hopes of a last second comeback. Bertone and White were joined in double figures by Taylor (15), Gantt (11) and Grier (13).

Choosing The Best Golf Driver For You

By: Mike T Pedersen

When it comes to golf equipment, it's not cheap, so when choosing the best golf driver for you, you've got to learn as much as you can, to get one that matches your golf swing tendencies. You may be wasting hundreds of dollars on a driver that is not meant for you, and will not give you want you want in longer drives with better accuracy.

There is so much to consider from shaft flex, clubhead loft, to steel or graphite, to size of grip, kickpoint of shaft, as well as length of driver. This is should be taken into account when you're serious about getting a driver that will give you the yards and accuracy you are so desperately wanting.

Have you ever bought a driver after you were KILLING it at demo day, then took it to the course and you didn't have any more yards on your drives? How frustrating is that? The problem, I can tell you is the club was not for you! Plain and simple. You need to take a little more time than pounding a couple of longs ones, then parting with your $400.

I don't know about you, but if I spend $400 on a golf driver, I want to know it's the best golf driver for me. Period.

Owls Fall To Troy in Road Finale

Troy, AL - The Florida Atlantic University football team dropped its road finale of the 2011 season, suffering a 34-7 loss to Troy University on Saturday in Troy, Ala.

Leading 3-0 in the second quarter, the Trojans capped a seven-play, 79-yard drive when quarterback Corey Robinson hooked up with Khary Franklin for a 14-yard touchdown reception. The score gave Troy a 10-0 advantage with 3:39 left in the first half.

One minute later, Robinson found Eric Thomas for a 57-yard reception to increase Troy's lead to 17-0.

The Owls wrapped up the furious end to the first half when Alfred Morris scampered into the endzone from 10 yards for his 23rd career rushing touchdown. The score tied him with Charles Pierre for the school record for rushing touchdowns.

Troy secured the victory with 17 fourth-quarter points.

Individually, Morris paced the Owls' offense with 101 yards rushing. It marks the fourth time in his last five games that the Pensacola native has surpassed the century mark on the ground. He also became FAU's record holder for all-purpose yards, passing DiIvory Edge come.

Senior tight end Darian Williams had a team-high four catches for 48 yards. Freshman wideouts William Dukes and Derek Moise each hauled in two passes.

The Owls (0-10, 0-7 Sun Belt) returns home for the final two games. First up will be a non-conference battle with UAB on Saturday, November 26, starting at 4 p.m. The season finale will be on Saturday, December 3, against the University of Louisiana-Monroe, starting at 4 p.m.

Game Notes:

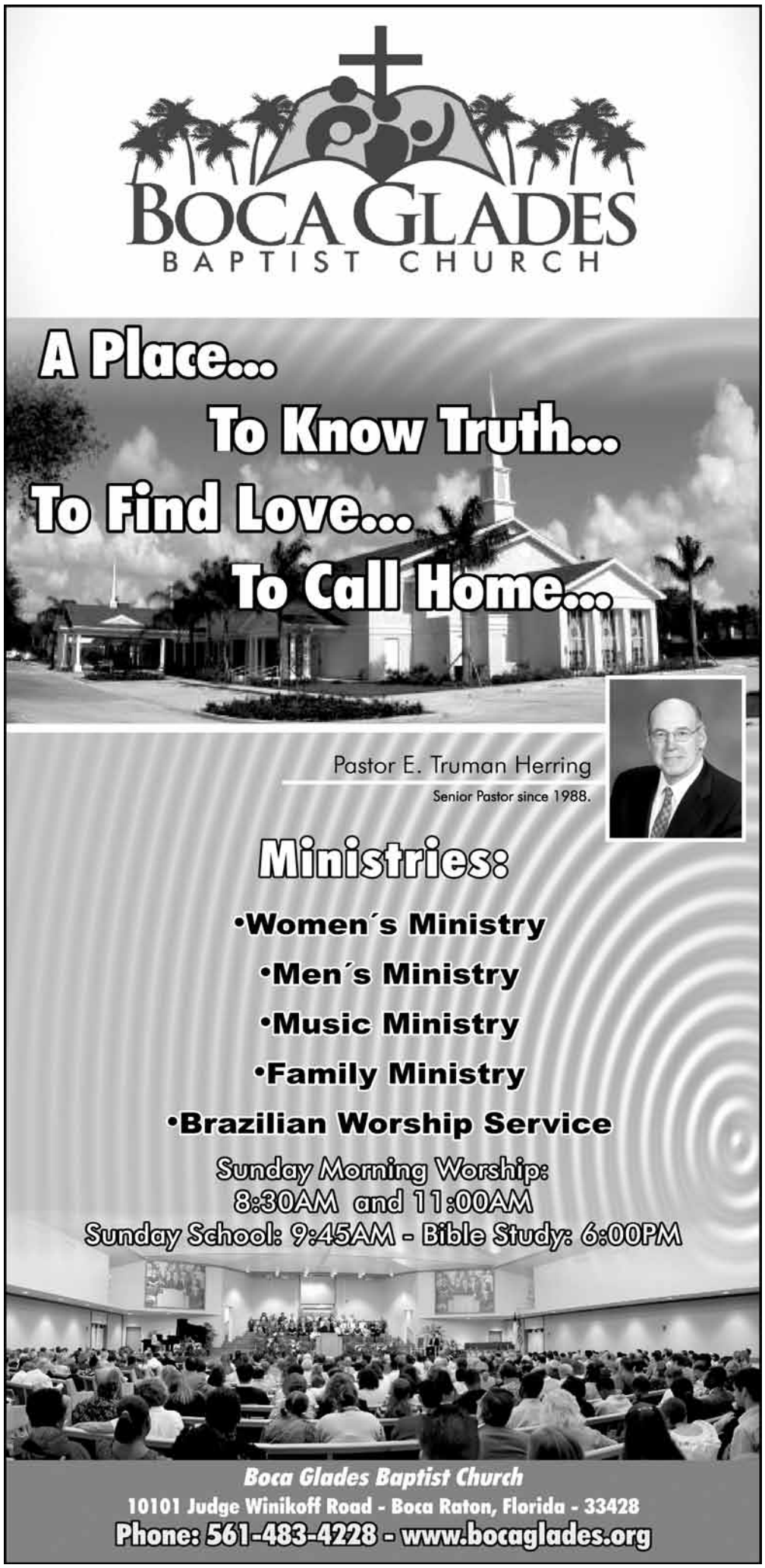
- Senior Alfred Morris now shares FAU's all-time rushing TD record with Charles Pierre (2004-08), who had 23 during his career. Morris tied the mark by scoring a touchdown with 0:35 remaining in the first quarter.

- Morris is the first non-quarterback listed in touchdowns responsible for and total offensive yards. Morris is the first non-kicker on FAU's all-time points scoring list.

- Morris is now FAU's all-time career leader in all-purpose yards. He moved into first place on the all-time list with a long run in the second quarter.

- Mickey Groody became FAU's all-punt attempt leader, surpassing Andy Rosas (2001-03), who had 199 punts during his career.

- Marcus Bartels moved to No. 3 on FAU's total tackles list, surpassing Cergile Sincere (2004-07), who had 272. Bartels assisted on two tackles to move into the No. 3 spot in assisted tackles.



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Knights Use Saintly Power to Advance to NCAA Semifinals

By: Chad Beattie

St. Augustine, Fla. – Lynn University men's soccer players and fans can't take anymore heart-pounding finishes despite advancing to the NCAA National Semifinals. For the second consecutive game, the Fighting Knights season came down to a penalty kick shootout and for the second straight match they came out victorious, this time in a 4-2 PK shootout over 10th-ranked Flagler. Lynn, 13-4-3 overall, advances to the semifinals for the first time since 2005.

Nothing changed with the LU offense as Harald Gracholski found the back of the net for the 11th time this season a mere 3:21 into the match. Flagler's crowd was silenced when Stefan Wolf broke free down the right sideline and centered in a cross to Gracholski. The Cologne, Germany, product took a touch to his left and ripped a shot past a diving Camp Bissell to put Lynn on top 1-0.

Lynn's normally unflappable defense was put to one of its biggest tests this year as the Saints attempted 17 shots, six of which reached target. Matt DiCerbo stopped five shots but a cross from Pol Berenguer in the 53rd minute was put just out of reach of the LU keeper and Will Frandsen headed in the ball on the open net to knot the game at one.

The Knights continued to pound out shots, taking 27 in total. Bissell made six of his 14 saves in the second half, consistently making diving stops. DiCerbo was able to match his counterpart's athleticism, none more than at the end of regulation when a Flagler attempt towards the upper left corner was turned away by the junior from Boca Raton, Fla.

Heading into their third penalty kick shootout in three weeks, the Blue & White felt confident. Gracholski's first shot was saved by Bissell and Fransden knocked in his attempt to put Flagler on top 1-0. The next three LU shooters buried their shots while DiCerbo stopped two attempts, putting the pressure on Heiko Eberhardt for the win. The Reichenbach, Germany, native knocked his shot right of the keeper, sending the LU bench sprinting to the field in celebration.

Lynn will be making its 13 appearance in a national semifinals match in program history. The Fighting Knights boast three national championships, winning in 2003, 1991 and 1987.

Lynn faces Franklin Pierce on December 1, at the Ashton Brosnaham Complex in Pensacola, Fla.

The Real Losers in the NBA Lockout

By: Pedro Heizer

With the NBA Lockout reaching its fifth month, people still seem confused as to who is actually being affected by this.

The NBA players keep insisting that they want to play, and that if a deal comes that they like, they will sign but, that looks less likely as the days become weeks.

With no end in sight, people tend to forget that the arena and team employees are the ones who truly are being affected by this.

"It is extremely tough to know what I barely have enough money to pay for my cell phone bill and gas, let alone rent money" explained a source who asked to remain anonymous.

This is not the story of one, but many of the game operations, beer vendors, food vendors, and the cleaning companies that rely on a paycheck from an NBA team to meet ends meet.

"Right now, I am in a place of wanting and needing another job. It feels like the NBA and NBPA don't understand that their argument is hurting many others" the source added, and it sure seems this way.

So what exactly is holding up the negotiations right now? The Basketball Related Income (BRI). In the previous CBA, the players received 57 percent of basketball related income, and now they are asking for 52 percent. The owners on the other hand are firm with their offer of a 50-50 split. There has been new talk among people that Commissioner David Stern has given the NBPA a new proposal, a 51-49 split on the BRI, but it seems as if the players really want that 52 percent. Players are calling Stern's offer "unacceptable and unfair" according to ESPN basketball analyst Chris Broussard.

The players association rejected the 51-49 offer on November 9 and asked for another bargaining session. After two days of negotiation, the owners put forth a revised final offer and said that they were done bargaining. If accepted by the players, Stern hoped to start a 72-game season in mid December. On November 14, the union rejected the last offer and dissolved the union. The NBPA was converted into a trade association, enabling the players as individual employees to be represented by lawyers in a class action antitrust lawsuit against the league, calling the lockout an illegal group boycott.

It's estimated that with the game cancelations that have already taken place until at least December 15, the NBA will lose $400 Million.

Times are tough for everyone, the source I spoke to told me he has sent over 300 applications to other jobs but as of today, he has received zero calls of interest.

How can we sit here and say "The fans are the biggest losers in the lockout" when people out there don't have a job? "Owners have other businesses, they are entrepreneurs, and they have multiple fall backs. The players have an immense amount of endorsements, bookings, events, and other things going on to not even have time to 'suffer'," explained my source, "There are some players that make in one year, what I might not make in a lifetime. The workers, like me, are the 'losers' because we do not make executive six-figure salaries."

Not only are team employees out of work, but the restaurants and bars around the arenas are also losing money because of the lockout. For example, let's take Miami for example, more than 20,000 people pour into the American Airlines Arena per game. Between the regular season and playoffs, it can mean that as many as 57 times a year, the city of Miami can be booming simply because of Dwyane Wade, LeBron James and the rest of the Miami Heat.

"During the NBA season, our business is very good," explained Andrei Quintan, manager of Botequin Carioca, a Brazilian restaurant across from the American Airlines Arena. "It's thought knowing that a lot of the people that would come eat here after a game won't come anymore because the NBA is locked out. I have a lot of people working here and I can't keep paying all of them to just sit here every night."

NBA fans are not the losers of the lockout, the employees are. Fans are disappointed that they can't see their beloved team play, yes I understand. But our lives go on, we will find other things to do without time, other things to purchase, while the employees of arenas everywhere suffer without a job and no idea when they will be able to come back to work.

Kurt Helin of ProBasketballTalk said it best, "What owners and players need to remember that we'll do something else tonight [instead of watching basketball], eventually, fans will start to stick with that something else. The longer people are away from the NBA, the more they will realize they can live without it just fine."

Tribune of Sports

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Owls Outlast Patriots 80-75 in Overtime

See page 36

The Real Losers in the NBA Lockout

See page 39

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