

FREE

The Boca Raton Tribune

Your Closest Neighbor

for news 24/7 go to bocaratontribune.com



East /West Boca Raton, Highland Beach, Delray Beach FL - July 21 through July 27 , 2011 •Year II •Number 057

Municipal News

Forensic lab to fill out final section of Police/Fire Training Facility on Congress

See page 3

Work continues on Remembrance Plaza at Lynn University

See page 3

Boca Police say robber cleans out Pelican Cleaners

See page 4

Community News

Delray Playhouse Children's Theater presents "Dream-coat"

See page 5

Back to School 'Jam' planned at Barton Study Center

See page 5

Fatal crash demands traffic safety awareness effort

See page 5

Real Estate Section

Heritage Apartment offer top-notch amenities, downtown Boca location

See page 17

Boca agency offers online Real Estate guide

See page 19

Old Navy Opens New Store at West Boca plaza

See page 21



**Osprey Point
Golf Course aces
Audubon Sanctuary
designation**

See page 4

Cassandra Reeves, Old Nave Store Manager reads the Boca Tribune



Send us your pictures of you reading a copy of The Boca Raton Tribune for you to be featured in a upcoming edition of the newspaper!

Briefs

The Boca Raton Tribune

Quote of the Week

"Stone is heavy and sand a burden, but a fool's provocation is heavier than both.
Prov.27-3



Boca Police Safety Tip

Q: Can I bring my cooler with alcoholic beverages to the beaches and parks in Boca Raton?

A: No. In accordance with city municipal Code Sec. 4-4, it shall be unlawful for any person to consume an alcoholic beverage of more than 1 percent by volume on any public street, sidewalk, right-of way, park or beach.

Crime and safety questions are answered by officers from the Crime Prevention Unit. For more information, visit www.BocaPolice.com.

Boca Raton Police Blotter

BURGLARY TO RESIDENCE 07/14/2011 9:52

EAST CAMINO REAL - Unknown suspect(s) gained entry to the residence by smashing out the glass on the door located on the east side of the residence with an unknown tool. Suspect(s) stole jewelry valued at \$1,900.00 and \$4,500.00 in cash.

PURSE SNATCH 07/14/2011 10:16 NORTH FEDERAL HIGHWAY

- Paul Mannino and Dolores List were in Burger King when a B/M 5'10 - 6'01" medium build, short kinky black hair, one gold tooth, wearing a yellow shirt with black lettering on the front, wearing shorts, black and white shoes and a white hat snatched List's purse that was next to her in her booth and fled out the back door.

OTHER THEFT 07/14/2011 14:39 1400 WEST GLADES ROAD

- Complainant, Bruce Allen from Southern Waste Systems advised police that someone removed the Vertipack dumpster/garbage compacter from the rear of the old restaurant (McCormick and Schmick). The compacter/dumpster is valued at \$10,000 and is green in color. No serial number available at this time. The dumpster was taken between 5/11/2011 and 7/14/2011.

VEHICLE THEFT AUTO 07/14/2011 8:25 - Victim reported an unknown person stole her 1996 red Chevy Blazer from in front of her home in Dixie Manor. She parked the vehicle around 2100hrs. on 7/13/11. Her son stated he came home around 0100hrs. on 7/14/11 and the vehicle was still in the parking lot. They noticed it was missing when victim come out to go to work.

CARRYING A CONCEALED WEAPON ARREST, 07/14/2011, 2000 CAMINO REAL - Following a traffic stop Benyamin Nissan, 22, was arrested for possession of marijuana, possession of paraphernalia and possession of carrying a concealed weapon. Released on personal recognizance

INDEX

Briefs	Page 02
Municipal News	Page 03
Community News	Page 05
Section B	Page 09
Section R	Page 17
Business	Page 20
Columnists	Page 22
Games	Page 26
Pet Society	Page 27
Sports	Page 32

Haridopolos quits Senate race; Hasner camp cites boost



Adam Hasner



Mike Haridopolos

BOCA RATON -Mike Haridopolos, perhaps the most noteworthy candidate among Republicans planning to seek the seat of Democratic U.S. Sen. Bill Nelson next year, has quit the race.

And that's good news for former local State Rep. and ex-House Majority Leader Adam Hasner, whose Senate campaign team sent out an e-mail soon after Haridopolos left the race.

"There was big news today, and we wanted to share it with you," said the email from the Hasner team. "One of our opponents, Mike Haridopolos, announced he is dropping out of the race for Senate."

"There's now a clear choice between a principled, limited-government conservative and Marco Rubio ally in Adam Hasner, and the original 'Charlie Crist Republican' in George LeMieux."

Actually, there are 10 announced candidates on the 2012 ballot already, most of them newcomers or also rans. However, LeMieux - who was picked by Gov. Crist to fill the unexpired term of former U.S. Senator Mel Martinez when he quit before his term expired - is also on that list.

Martinez' seat was won in 2010 by Marco Rubio.

Hasner, 41, was District 87 state rep (Boca-Delray area) from 2002 to 2010, yielding the seat due to term limits. He was appointed House Majority Leader by Rubio when Rubio was House Speaker.

In an address posted on YouTube, Haridopolos said he was pursuing the U.S. Senate seat when he realized his duties as federal candidate and state senate president were "in conflict."

"I am no longer a U.S. Senate candidate and won't run for other office this year or next," Haridopolos said, adding he is "rededicating myself" to being president of the Senate.

Special Care Transportation

Reliable & Dependable
Since 1995

"Our Name Says it all"



561-278-1133

**WE SPECIALIZE IN
MEDICAL VISITS
DRIVER ASSISTANCE
TO & FROM CARS
WE LOVE WALKERS &
CANES**

Licensed & Insured
PBC lic. #VH435



Marketing Director
Chris Catoggio
chris@bocaratontribune.com

Account Executive
Ben Frazier, Margaux Vickers,
Gilda Schneider

Art Director
Maheli Jardim

Graphic Design:
Marcos Gemal

Photographers:
Nicole Vickers, Gabriela Heizer
Barbara McCormick

Video Production
Director
Klaiston Silva

The Boca Raton Tribune
mailing address:
P.O. Box 970593
Boca Raton, FL 33497
Office Address: 399 NW Boca Raton Blvd., Suite 212 - Boca Raton FL, 33432
www.bocaratontribune.com
For general information:
561-290-1202
Fax: 561-208-6008

Copyright 2011 by The Boca Raton Tribune. All rights reserved by The Boca Raton Tribune. All submissions and published materials are the property of The Boca Raton Tribune. This publication may not be reproduced in whole or in part without express written consent from The Boca Raton Tribune. The publishers reserve the right to edit all submissions and to reject any advertising or copy they regard as harmful to the publication's good or deemed to be libelous. The publisher is not responsible for the articles written by its columnists. The publishers are not responsible for typographical errors, omissions or copy or photos misrepresented by the advertiser. Liability shall not exceed the cost of the portion of space occupied by such error or advertising items or information. All editorials are intended to reflect the position of the publisher and not of any individual editorial writer. Signed columns, on the other hand, reflect the opinions of the author and not necessarily those of the publisher. The advertiser and/or the advertising agency is responsible for all content and will assume responsibility resulting from publication of said advertisement in The Boca Raton Tribune.

Proud Member of:



"The friendly community where business and neighbors..."
2010-2011

Municipal News

The Boca Raton Tribune

Forensic lab to fill out final section of Police/Fire Training Facility on Congress

Story, photo by
Dale M. King

BOCA RATON - A million-dollar Police Strategic Operations and Forensic Laboratory will soon occupy most, if not all, of the remaining space at the Police/Fire Training Facility at 6500 Congress Ave.

The City Council recently awarded a \$1,243,000 contract to Sisca Construction Services LLC to build the 14,823 square foot lab and to make renovations and interior improvements for the build-out of the structure, according to City Manager Leif Ahnell.

Sisca was lowest of the 12 firms that submitted bids for the project. Ahnell said bids were solicited from 698 companies.

The city purchased the building at 6500 Congress Ave. - known as the Sony Building - a number of years ago when it became vacant. Assistant City Manager Mike Woika noted that over the years, the fire administration has



been moved into the building along with the police and fire training facility, an auditorium and other specialized rooms. He said that took up about two-thirds of the structure.

The city made room for police and fire training in the aftermath of the 2001 anthrax attack at the AMI Building, which required the police and fire departments to work together to handle a potentially severe hazard. Former Police Chief Andrew Scott and

Former Fire Chief Bruce

Silk were vocal supporters of the dual-use facility, as are the current heads of those two departments.

Woika said the city is actually getting some help with funding through a pair of grants. One will pump \$300,000 into the cost of construction; the other will add \$300,000 to the pot of money being set aside to hire staff and purchase equipment.

He said the \$1,243,000 covers only construction costs.

Work continues on Remembrance Plaza at Lynn University

BOCA RATON — The Lynn University campus has been especially busy and — literally — earthmoving this summer with the construction of the Lynn University Remembrance Plaza under way.

The plaza, a permanent tribute to the Lynn students and professors who lost their lives in the 2010 Haiti earthquake, will be located at the heart of campus and bordering the lake adjacent to Lynn's student center, the Lynn Residence Hall and the Schmidt Center.

The plaza will combine the symbolic elements of light, water, stone and trees to create a place of remembrance, reflection and inspiration — which makes for an interesting construction challenge.

School officials said work began a few weeks ago when the lake was drained. Returning students, staff and faculty might recall seeing fish swimming (and jumping) in the lake and wonder what happened to them.

Surprisingly, the lake was home to approximately 2,500 fish (with the tiny Blue Gill being the smallest and a 47-pound Trip Loid Grass Carp being the largest).

"The Trip Loid Grass Carp are de-



Remembrance Plaza under construction.

signed to biologically control exotic weeds," said Andy Fuhrman of Allstate Resource Management, Inc., who helped move the fish. Lynn originally stocked the Triploid Grass Carp to help control non-native and invasive aquatic weeds.

Allstate successfully transferred all 2,500 fish, without harm, from the drained lake and restocked them among three additional lakes on Lynn's campus.

After construction on the Remembrance Plaza is completed and the lake is refilled, the lake will be restocked with new fish fingerlings, or from existing fish in the surrounding lakes.

But one thing is for certain — the lake will be home to more than fish. It will be home to the Remembrance Plaza (designed by architect Luis Sousa) with six prisms shimmering with light representing each of the lost individuals; a waterfall that will cascade onto six steps, also representing the six and leading to the lake; a relief map of Haiti including the story of the Journey of Hope; and the Royal Palm, the national tree of Haiti.

Sousa, who wanted to commemorate the past while being inspired by the future, said, "The plaza embodies the six who were lost while allowing others to reflect."



Rendering of the completed project.

J.D Michaels Interiors
Reupholstery

NEW CUSTOM FURNITURE MADE TO ORDER

<ul style="list-style-type: none"> •Sofa Chairs •Designer Fabrics •Headboards •Reoliners 	<ul style="list-style-type: none"> •Bedspreads •Lambrequins •Cornices •Drapery 	<ul style="list-style-type: none"> •Antique •Restorations •Carpeting •Refinishing
--	--	---

Free Shop-At-Home Service

100 N.W. 28th St., Boca Raton

561-391-8333

Osprey Point Golf Course aces Audubon Sanctuary designation

Story, photos by
Dale M. King

BOCA RATON - The Osprey Point Golf Course in West Boca Raton has scored a hole-in-one with the environmental community.

A news conference was held under a tent outside the course's pro shop Monday, July 18, to announce that the 27-hole championship course has been designated as the first Certified Audubon International Classic Sanctuary in Florida.

It is only the fifth course in the world to gain that recognition.

The designation plaque - a large portrait of an osprey flying and holding a fish - was to have been presented by Nancy E. Richardson, executive director of Audubon International's Signature Programs. County Parks and Recreation Superintendent Eric Call said she had travel problems and was unable to make it.

The ceremony continued anyway, and included comments from county officials, County Commissioner Burt Aaronson and Geoff Lofstead, executive director of the Professional Golfers Association, South Florida section.

Officials who spoke traced the evolution of the golf course located at 12551 Glades Road, on the



Clubhouse at Osprey Point Golf Course



County Commissioner Burt Aaronson addresses the audience. The Audubon designation plaque is to his right

grounds of South County Park, with emphasis on the meticulous attention to the environment.

Call said construction began in 2006, but was halted in 2007 due to the drought and other issues. Work resumed in 2009 and the course was opened last November.

He said the course got its name when officials touring the property noticed five survey stakes with an osprey perched

atop each. "We felt osprey had to be in the name of the course."

Aaronson also noted an encounter with native creatures. He said he was playing the course when a turtle walked across the green and golfers stopped to let it pass.

The commission noted the lake behind the pro shop and said, "We will soon have boat ramps there. People playing golf will be able to see boats."

Walking trails along the perimeter are also envisioned.

He said the golf course was a \$14 million project that "works with the environmental community." He said the course has won several awards in addition to the Audubon designation.

Golf Course Consultant Edward C. "Ted" Horton said Osprey Point "is one of the largest open spaces in an urban environment." He said the course does much to retain storm water and control flow.

Lofstead pointed out the popularity of golf, which he said is a \$7.5 billion industry in Florida - \$930 million just in Palm Beach County.

He said golf courses are "the best users of green space," and they also give back tax revenues to communities and counties.

To help the environment, Osprey Point has Platinum Paspalum grass from tee to green to create an exceptional playing surface with reduced irrigation.

Golf course architect was the API Group Inc. Project manager/civil engineers were Miller Legg, Heller, Weaver & Sheremeta Inc. The course was built by the Weitz Company and H and J Contracting.

Boca Police say robber cleans out Pelican Cleaners

BOCA RATON - An employee of Pelican Cleaners, 2901 Clint Moore Road, flagged down a Boca Raton Police officer about 5:45 p.m. July 13 and told him the store had just been robbed.

The employee said an unknown male entered the store through the open rear door and went directly to the front. The suspect was carrying a white plastic bag in one hand and gestured with the other hand, which was in his pocket, as if he had a weapon, said police.

The suspect told the employee to open the register, which she did and

then she immediately ran out of the front door of the store. The suspect took all the cash from the register and left in an unknown direction, according to a police report.

Police said the crook was a white male in his late 30s or early 40s, 5-foot-7, thin, with short hair, wearing a black t-shirt, black baseball cap and sunglasses.

Anyone with information about this crime is asked to call Detective Joseph Smith at (561) 620-6140 or Palm Beach County Crime Stoppers at (800) 458-TIPS.

Police honor Boylston as 'Civilian of the Month'

BOCA RATON - Boca Raton Police Community Service Officer John Boylston was honored July 13 with the Civilian of the Month award from Chief Dan Alexander.

CSO Boylston was recognized for his compassion in assisting Shannon Cheney who was seriously injured when she was struck by a car May 15.

The chief said "Ms. Cheney wrote a moving letter about CSO Boylston, commending him for staying with her at the hospital until her family arrived and for checking on her welfare while she recovered from her injuries."

The award was presented during a ceremony at the Police and Fire Training Facility at 6500 Congress Ave.

**BOCARATON
DAILYDEAL**.com

Read **TheBocaRatonTribune.com**

Community News

The Boca Raton Tribune



Back to School 'Jam' planned at Barton Study Center

BOCA RATON - The Wayne Barton Study Center is helping thousands of children in need prepare for school.

The effort culminates with a Back to School "Jam" Saturday August 13 at the Study Center, 269 NE 14th Street, Boca Raton.

The "Back to School Jam" is held annually to ensure all children have an opportunity to get backpacks, school supplies, health exams (including physicals, immunizations and eye exams), and vital information provided by various community organizations.

"We worry about what a child will become tomorrow, yet we forget that he is someone today," said Wayne Barton, study center founder and CEO. Every child who attends the event will receive a grade appropriate backpack with the required school supplies for the school year. Also at the event, there will be haircuts for the kids, sports physicals and eye exams. Food, music, and games will be provided.

For information, call (561) 620-6203

WHY CHASE AROUND?

The Boca Raton Tribune

Reach the right people with

Place an ad with us!

Support your community newspaper - Patronize The Boca Raton Tribune Advertisers. Let them know you saw their Ads in the Boca Tribune.

Delray Playhouse Children's Theater presents 'Dreamcoat'

DELRAY BEACH - The Delray Beach Playhouse Children's Theatre presents "Joseph and the Amazing Technicolor Dreamcoat," one of the most-performed shows in the world, on Saturday, July 30, and Sunday, July 31 at 1 p.m.

With a cast of 21 talented young actors ranging in age from 11 - 18 from both Palm Beach and Broward counties, this lively show is sure to entertain audiences of all ages.

Directed by Elizabeth Restivo Saddler, the Biblical saga of Joseph and his coat of many colors comes to vibrant life in this delightful pop musical parable. The first big hit of the superstar team of An-



Twenty-one talented, local, young actors perform in "Joseph and the Amazing Technicolor Dreamcoat" at Delray Playhouse.

drew Lloyd Webber and Tim Rice, the family favorite and enduringly popular Joseph has gone on to charm audiences around the world with its excitement, energy, and eclectic musical variety.

To reserve tickets, call the box office at 561-272-1281 Ext. 4. Tickets are \$15 for adults and \$12 for students 18 and younger. The playhouse is located at 950 NW 9th Street, Delray Beach.

Fatal crash demands traffic safety awareness effort



expression of personal sorrow over the tragedy that killed David Da Silva, 18, of Boca Raton and Edward Joseph, 27, of Deerfield Beach.

We agree that this type of terrible crash that kills two young and vibrant people should not happen. But we are not looking to point a finger or place blame.

Instead, to gain some measure of good from this accident, the Tribune will follow up with both families, and will launch a traffic safety awareness campaign in upcoming

editions. We will include agencies that deal with highway safety, particularly, the Dori Slosberg Foundation and state Rep. Irv Slosberg, a longtime advocate of safer driving.

With this story is a photo of Eddie Joseph, sent by his cousin, Ryan Joseph, "with my Aunt Jill and Aunt Melody."

You Tube™

The Boca Raton Tribune is now on YouTube! Our Channel on You Tube is www.youtube.com/bocaratontribunetv

The article was not a news item, but rather, an

The Boca Raton Tribune

Founded January 15, 2010

DOUGLAS HEIZER, Publisher**Editorial****DALE M. KING:** Managing Editor
PEDRO HEIZER: Associate Editor**Our Writers/Reporters and Columnists**SKIP SHEFFIELD, MATT BLUESTEIN,
CHRIS J. NELSON, DONOVAN ORTEGA,
LINDA GOVE,
SANDY HUNTSMAN, SYNESIO LYRA,
GERALD SHERMAN, MARC KENT, KAY RENZ,
MATT PINEDA
OLEDA BAKER, DIANE FEEN**Business**
DOUGLAS HEIZER: C.E.O.
NELSON ALVARENGA: Ass. Accounting
DINI HEIZER: C.O.O.
CHRIS CATAGGIO: C.M.O.**EDITORIAL***By Dale King***You'd better stop messing with us senior citizens**

At some point in history, I crossed the threshold from middle age to senior citizenry.

That moment is fixed in my memory. A few years ago, I was in a fast-food restaurant ordering a coffee. The youngster behind the counter who took my order asked, "Is that a senior coffee?"

"No," I replied with indignation. "A regular coffee."

It was then that reality caught up with me. What did I just do, I asked. I just forced this kid to charge me more for the coffee. I had forgotten that seniors get a break on the cost of beverages at this place.

It was then that I decided that if I am going to be a senior citizen, I am going to make the best of it.

But before I could really get into the senior citizens gig, I began to realize that we, as a group, are picked on - a lot. Some people think we are stupid or senile; that we've forgotten how to do small things like tie our shoes

or button our shirts. They relegate us to the status of "whiteheads" who sit in lawn chairs and blubber about the "old days."

That's not true - and anyone who thinks it is had better get wise. And that includes politicians. I remember a song from my youth called "Summertime Blues." In it, there's a lyric attributed to a politician who says to a youngster, "I'd like to help you son, but you're too young to vote."

For seniors, it's the same sentiment, but at the other end of the spectrum. (i.e., you're too old for me to care about).

This sentiment isn't new. I remember as a student intern news reporter (about age 20). I was assigned to cover the appearance of a congresswoman at a local senior center. By chance, I had seen an article in the previous day's paper which said she had voted to cut funding for senior meals programs. Yet she was there at the senior center, glad hand-

ing the daylights out of the elder crowd. Apparently they hadn't seen the article I had.

Today, it's more insidious - and I point, unfortunately, to our president, Barack Obama. Throughout this whole argument about whether to lift the debt limit, he has raised the specter that seniors may not get their Social Security checks next month unless the GOP caves.

My God, is it necessary to dump on seniors, to target them and scare the hell out of them by putting them at the vortex of your argument?

At least one newspaper report said Obama was using seniors as "pawns" in his chess game with the Republicans. Obama said - and I heard this right from his lips - that unless the debt debacle can be solved by Aug. 2 then Social Security recipients might not get their checks for the month.

Then, he sweetened the

pot by adding in the possibility that the disabled and veterans might also not get checks.

I wish I could talk to Mr. Obama face to face. I would say: "Mr. President, did you know that for many senior citizens, Social Security is the only income they have? And also, did you know that if seniors don't get their Social Security checks in August, who will they blame it on? And then, in November 2012, guess which groups of people WON'T be voting for you?"

Maybe Mr. Obama doesn't realize that people don't vote for politicians who have upset them down to the very core of their financial existence. And if you, Mr. Obama, go through with this "Nyah, nyah, granny, you won't get your Social Security next month," you're going to engender a lot of long-term animosity.

Remember these things. We'll see what happens at the polls.

Letter Guidelines

Letters must be signed with name clearly legible along with a phone number and complete address. No unsigned or anonymous letters will be considered for publication.

The Boca Raton Tribune reserves the right to edit the letters for

All letters to the editor should be sent to:

The Boca Raton Tribune,
P.O. Box 970593 - Boca Raton, FL 33497

Letters to the Editor*To the Editor:*

Thank you for your support of our events. It has been very helpful.

Becky Self

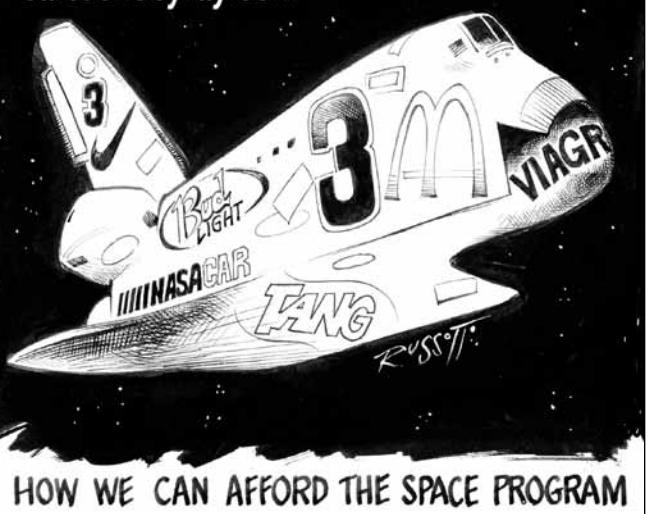
City of Boca Raton
Recreation Services

To the Editor:

I am sending you the latest newsletter from Commissioner Abrams' office. Thank you for sharing this information with the community via your publication and web site,

Lucia Bonavita

Aide to Commissioner
Steven L. Abrams

cartoonsbyray.com**HOW WE CAN AFFORD THE SPACE PROGRAM****Read****TheBocaRatonTribune.com**



THOUGHTS FROM THE PUBLISHER

By Douglas Heizer

Learn to cook like Lillo; mark your calendars for Boca Festival Days

• CARUSO RISTAU-RANT

There never seems to be a dull moment here at the Boca Raton Tribune. Even in the slow and hot days of summer, we've been busy.

We have a major announcement to make involving Lillo Teodosi, owner (with his wife, Gina) of Caruso Ristorante on SE Mizner Boulevard.

Lillo will soon be writing a culinary column for the Tribune. If you've ever eaten at Caruso's, you know the quality of the food and the great taste Lillo brings to his creations.

As they say on TV, but wait, there's more. Lillo will be conducting cooking classes at the restaurant. Those who loved the food at Caruso's will get a chance to learn from the master himself. Those who take the class will watch Lillo prepare a meal, then they will follow his lead and they can take their dish home to enjoy with the family.

Watch the Tribune for more information.

• SIGNATURE CHEFS

Signature Chefs event in the works

The 6th Annual Signature Chefs Auction will be

held at the Boca Raton Resort & Club September 9 from 6:30 to 10 p.m. Again this year, the Boca Raton Tribune is media sponsor for the program that will benefit the March of Dimes.

Signature Chefs begins with a VIP reception for sponsors and chefs until 7:30 p.m. The ballroom doors then open for the signature event which will include exquisite wines and spirits, sumptuous samplings from Signature Chefs, and auction dining packages that will surpass your expectations.

March of Dimes will also present a 2011 March of Dimes Champions Award to honorees Rosemary and Ben Krieger to recognize their outstanding support of March of Dimes and their mission to give every baby a healthy start. The time, energy, and support they have given make a profound difference in the lives of many babies and their families.

By the way, Lillo is one of the Signature Chefs

Tickets are \$125 in advance, \$175 on event day. (Tickets do not include VIP "Meet the Chefs" Reception)

Additional sponsorships and underwriting oppor-

tunities available. Contact Jenifer DeGruccio at (561) 276-2001 or jdegruccio@marchofdimes.com

• BOCA FESTIVAL DAYS

In just a week or so, the Boca Festival Days sponsored annually by the Greater Boca Raton Chamber of Commerce will begin.

The month-long series of fun-filled events are held at different locations in the area during August. The Greater Boca Raton Chamber of Commerce helps to facilitate these events that are created and run by a pairing of non-profit members with for-profit members to raise funds and awareness for the non-profit organizations during their specific Boca Festival Days event.

The goal? To raise awareness and funds for the non-profit member's philanthropic efforts. All month long, residents of Boca Raton will travel from event to event, participating in everything that is great about this city - from the smaller events to the grand!

Watch for a full list of events in the next issue of the Boca Raton Tribune - which is also media sponsor of this activity.



POSITIVE LIVING

By Dr. Synesio Lyra, Jr.

Your Roots and Identity

Everybody's personal identity is developed and maintained in relation to one's origins. People long to know of their heritage in order to move on in life and reach a fulfilling future.

If one's ancestry is a source of shame, one may either get stuck in that knowledge and condition, cover it up, or be more determined to transcend all adversity or inadequacy, and make progress toward a more meaningful future.

By the same token, if one's past is glorious, if one descends from an illustrious family line, one may reap corresponding laurels. Yet, if studying the ancestors' history one discovers hidden flaws amidst victories, serious problems left unresolved, or other vital issues requiring more adequacy - addressing all this can still contribute to a fulfilling present and promising future.

Soren Kierkegaard, the 19th century Danish phi-

losopher, stated that "we live forward, but we can only think backward." Indeed, mistakes are normally not corrected while they are happening, but only much later, from the perspective of careful observation and gradual recognition of what can be improved. Action then follows!

The word "roots" in this context, reflects our desire to learn whence we have come, who we are, where we have been, what are we becoming, what prompts us into motion, what keeps us going, and what kind of obstacles we have already successfully overcome. Most of all, it also points to where we are now; is it the right place? Are we in step with God's purpose for our life?

All these questions are essential because people can learn from failure and, at the same time, be stimulated into greater achievements based on lessons

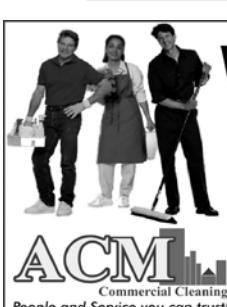
learned, and in view of past successes enjoyed as well! God's blueprint is ever before us!

Authors Thomas M. Gannon and George M. Traub, from their vast study of history, concluded that "only the man who truly possesses the past can own his own present" and, obviously, devise the future by taking the right steps leading him there!

Regardless of what identity you may have acquired from your family, on account of the education received, via a professional life maintained, by the status attained in society - all this and much more may not avail you in manifesting your true identity!

Ultimately, what truly matters is what you are doing with who you are and with all you have. Throughout your entire earthly journey, you are in the process of perpetual becoming. With God's help, always seek to be the best that you can be!

Dr. Synesio Lyra, Jr. is a Florida resident who, for many years, was a professor at the post-graduate level. He is a writer, a sought-after conference speaker, a man who lived in five continents of the world, having received his education in four of them. When he resided in southern California, he wrote a weekly column for the daily "Anaheim Bulletin," which was carried for about six years, until he moved to south Florida.



We can **SAVE** you
MONEY!

...while improving the health and cleanliness of your workplace!
www.acmbuildingservices.com
888-255-1750 - CALL ANYTIME

FREE
Carpet
Cleaning

*with one year contract

LIFT CHAIRS STARTING AT \$499



One Source for All Your Medical Equipment & Supply Needs



Attn: Diabetic Patients

Diabetic Footwear
Covered by Medicare &
Most Medical Insurance

Little or no cost to you!

Breathable Zennon or Leather Upper Designed for the Diabetic Foot
Available in Four Widths & All Sizes, Lightweight & Comfortable

Large selection of styles, colors and sizes

Travel in comfort with a New Portable Oxygen Concentrator!
Approved by most airlines!



\$100 Off your purchase of the Portable Oxygen Concentrators

All Major Brands

Call for Medical Coverage | Must Present Coupon
Offer Expires 3/16/11

to Receive Discount
Delivering Convenience
to Your Home



Choose the
Invacare
XPO₂ Portable
Concentrator,
the right choice
for you.

15% OFF*

Any 1 Single Item
(Excludes Lift Chairs
& Scooters)

Not to be combined with any offers,
with coupon only. EXP.7/30/11



**Boca Lyons Plaza
9224 Glades Rd.
561-488-5600**

www.BocaMedicalSupply.com

**Oaks Medical Plaza
648 Glades Rd.
561-368-7430**

Caruso Ristorante



Presents

Three Course Sunset Menu

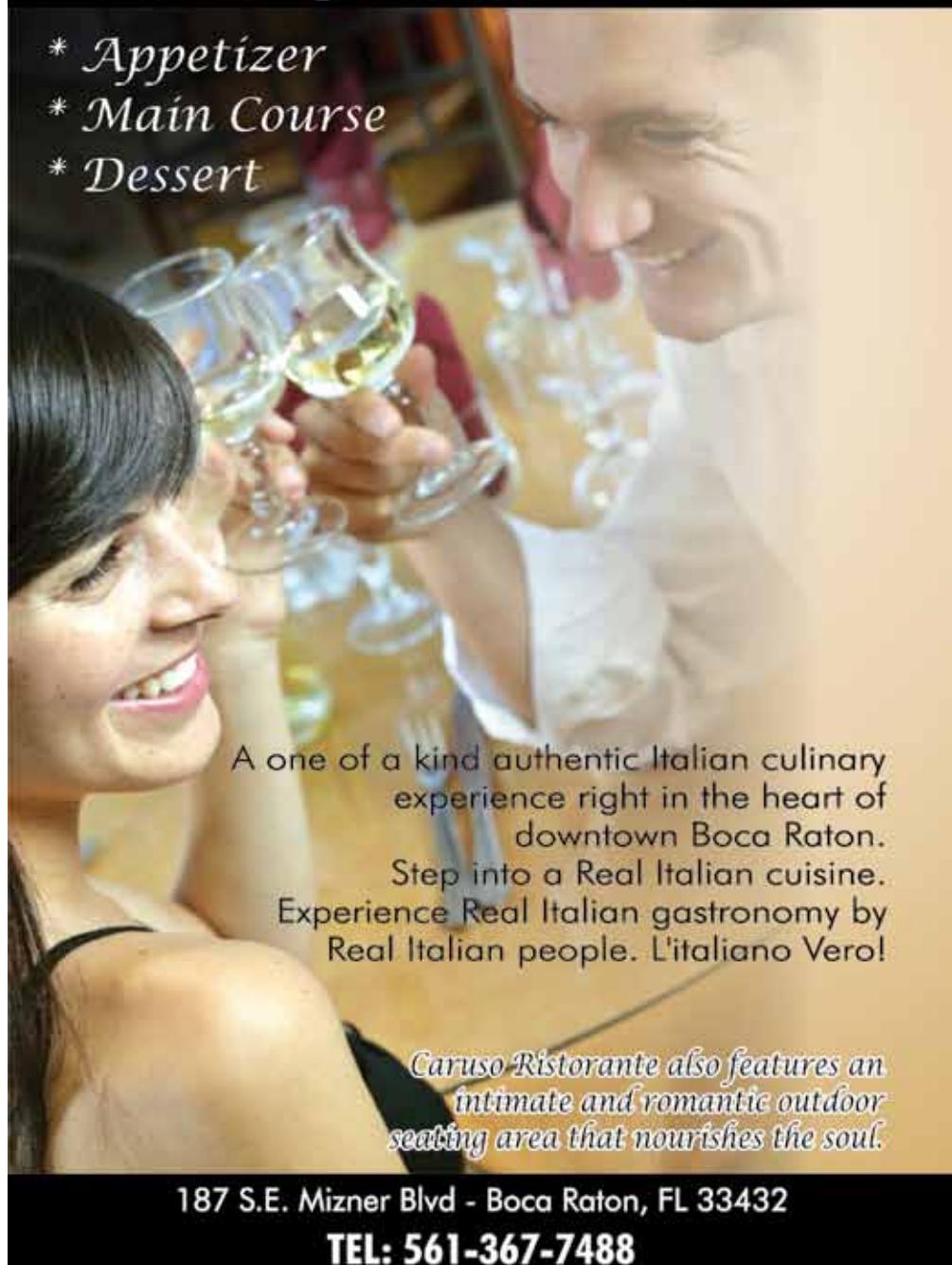
Enjoy the Best Italy has to offer and a complimentary
Glass of Pinot Grigio or Chianti

From 5 p.m. to 7 p.m. Everyday!

Menu \$25.95 p.p.

Fine Italian Cuisine

- * Appetizer
- * Main Course
- * Dessert



A one of a kind authentic Italian culinary
experience right in the heart of
downtown Boca Raton.

Step into a Real Italian cuisine.
Experience Real Italian gastronomy by
Real Italian people. L'Italiano Vero!

*Caruso Ristorante also features an
intimate and romantic outdoor
seating area that nourishes the soul.*

187 S.E. Mizner Blvd - Boca Raton, FL 33432

TEL: 561-367-7488

SECTION B BOCA LIFE & ARTS

The Boca Raton Tribune

July 21 through July 27, 2011 • Year II • Number 057

Living Room® Theaters at FAU serve students by day, residents by night

By Diane Feen

BOCA RATON - There's a bit of Europe in Boca Raton. It's not a wine bar or clothing boutique, it's a state-of-the-art movie theater called Living Room® Theaters.

Located on the FAU campus, the four small theaters (they seat 50) are dedicated to making the experience of film watching pure pleasure. There are oversized leather chairs, great sound projection and the feeling of intimacy that you normally don't find in conventional movie theaters.

And that is intentional. "We're trying to change the way people go to the movies, we're revamping everything," said CEO of Living Room® Theaters, Diego Rimoch. "We wanted it to be cozy and comfortable with great sound and picture. Most theaters just show whatever the studios send, but we wanted to shift the paradigm and be more involved in the booking process."

That is exactly what the Rimochs (a father and son team) are doing. They specialize in bringing independent films, foreign films, documentaries, as well as



At the opening of the Living Room® Theaters at FAU are, from left, Lisa Metcalf, associate director, FAU Media Relations and FAU National Alumni Association board member; Mary Jane Saunders, FAU President; Larry Faerman, associate director of FAU's Student Union and FAU National Alumni Association board member; Garrett Astler, FAU communications student; Armand Grossman, FAU Board of Trustees member; Sameko Munroe, FAU National Alumni Association board member; Ernesto Rimoch, Eva Rimoch and Diego Rimoch, owners and founders of Living Room Theaters.



exposing new filmmakers and art films. And in a city not known for its advanced cultural offerings, the Liv-

ing Room® Theaters are a breath of fresh air.

"This is the best kept secret in Boca Raton," said

one excited theater-goer. And she is right. The small intimate space is like having your own home-theater, only with a café (out front) that serves you food at your seat. It really has a European flavor with a hint of New York's best art film houses.

Diego's father Ernesto is a legendary (and award-winning) film maker in his native land of Mexico. The first Living Room® Theaters opened in Portland, Oregon in 2006 and were the first all-digital theaters in the country. The FAU Livi file: Room® Theaters opened in November of 2010.

What also makes this new venture - housed in the new Culture and Society Building on the FAU campus - so exciting is that they are being used during the day by FAU's film study program in the School of Communication and Multimedia Studies. Students get to study film in a real cinema setting and in the late afternoon and evening the theaters open up to the public for great movies such as the recent documentary about the life of Bill Cunningham, the Russian film "My Perestroika" and upcoming films such as "How

to Live Forever" and a comedy, "The Trip."

"This is a very exciting opportunity for our faculty and film students," said Susan Reilly, director of FAU's School of Communications and Multimedia Studies. "Faculty will collaborate on special film series, and students will learn how to operate cinemas, how to write film reviews and how to introduce foreign and independent film to new audiences."

The theaters have 22-foot-wide screens, acoustic wall panels and the latest audio and projection technology. It's also the first and only all-digital theatre on a university campus.

The European-style café out front makes you feel like you're in a cultural oasis where you can order gourmet food, specialty coffees, beer and wine. This way movie going doesn't have to be such an austere act of individuality, it can become a social experience as well.

"With our freshly prepared food and wine delivered to your seat you can have the perfect night out," said Diego. "We want people to come and stay a while, not just watch a movie and leave."



ENTERTAINMENT

See page 10

Soroptimist International gathers for installation dinner

See page 14



ENTERTAINMENT

By Skip Sheffield

'Into Eternity' is truly a scary movie



Scene from "Into Eternity"

Forget your monsters, aliens, giant fighting robots, vampires or zombies. "Into Eternity" is one of the scariest movies I've seen in years.

"Into Eternity" is a documentary film by Danish multimedia artist Michael Madsen. It is only 75 minutes long in English, Finnish and Swedish languages, with subtitles, but it will stop and make you think for a long, long time.

Onkalo is the name of a subterranean storage facility on a remote island in Finland. "Onkalo" means hiding place in Finnish, and that is what the government intends to do with the radioactive nuclear waste from its power plants: bury it in bedrock far below

earth and then seal it up for all eternity- or at least for 100,000 years, which is how long it takes for radioactivity to dissipate from plutonium and uranium. The huge challenge is that humans have never constructed anything that has endured even a tenth of that time. What will the world be like 100,000 years hence? Will there even be human life?

"Into Eternity" poses very basic philosophical questions as the director films the work in progress at the gloomy, eerie site. Excavation for Onkalo began in 2003, and construction won't be finished until the 22nd century. There is a debate as to whether the site should have prominent warning signs on it, or be

totally unmarked. Given the curious nature of humans, some future treasure-hunter could discover the concrete seal and think great riches are contained inside. Because language and communication are always changing, would humans understand any of the current languages or international symbols?

The tragic recent earthquake in Japan has driven home the very real threat of radiation sickness and death unleashed from the world's nuclear reactors after natural disasters. Finland is only 16th in the world in nuclear power. The USA is No. 1, with France and Japan in second and third place. How safe are the current above-ground nuclear waste stor-

age containers? How long will they remain safe?

These are very troubling questions. It is a credit to the people of Finland that they have decided to do something about it. We face serious potential problems here in America that could affect us and our offspring for all eternity.

"Into Eternity" is the opposite of an escapist movie. It is a film that challenges, frightens, troubles and angers the viewer, yet there is a spooky beauty to it, accompanied by an equally spooky soundtrack by contemporary composer Karten Fundal and the great Finnish composer, Jean Sibelius.

Proceed at your own risk. Life is complicated, and growing more complex every year. ★★★★★

**GRAND OPENING
Oasis Day Spa**

Massage
151 E Palmetto Park Rd
Boca Raton FL, 33432

561-393-3185

LUCKY SPA
Massage

5093 Okeechobee Blvd.
West Palm Beach, FL 33417

561-689-8999
www.palmbeachluckyspa.com

Don't Deal with Brokers! Book Directly with The Truck!

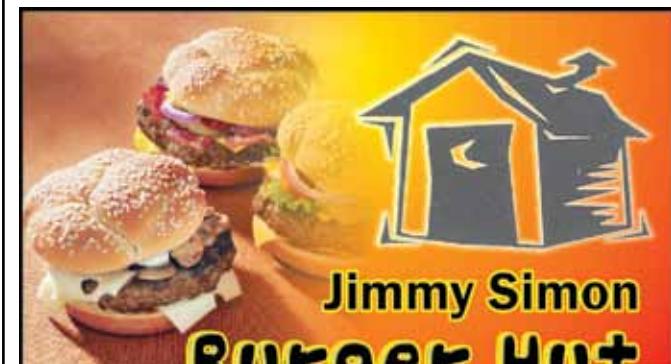


Let the **BEST** transport **YOUR CAR**
Reliable, Safe, Affordable - Door to Door Service

B E S T
TRANSPORT, INC.
- In Business since 1980 -

Make Your Reservation Now
(954) 978-9400
thebesttransport.com
Se Habla Español

\$25 OFF
Must Present coupon to driver.



Jimmy Simon
Burger Hut

**The best burgers
in Boca!**

Open Monday - Sunday
11:00 am - 3:00pm
We deliver.
Catering available

561-932-7115

561-584-2060

2166 N. Dixie Hwy. - Boca Raton, FL 33431

The Boca Raton Tribune **B - BOCA LIFE & ARTS** East/West Boca Raton, FL**SPOTLIGHT**

Chamber Breakfast



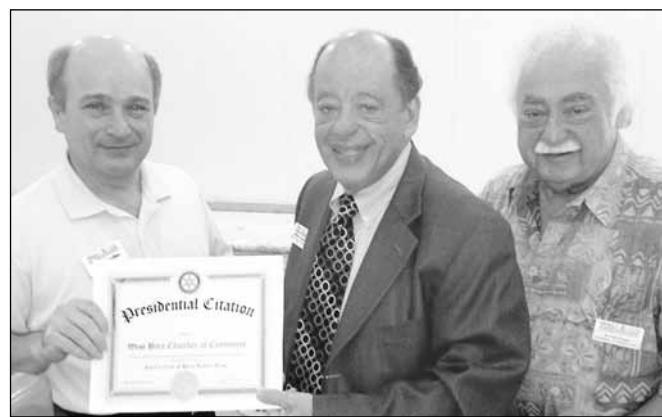
BOCA RATON - Ruben A. Bravo Castano was guest speaker at the July 12 breakfast meeting of the West Boca Raton Chamber of Commerce. He discussed new technologies that business people need to understand the market and grow their business today.

The breakfast was held at Boca Lago Country Club.

In other news, officials and business owners were scheduled to meet this morning (July 21) to discuss what Costco can do for them in the event of a hurricane.

Costco officials said the store is generator ready for the 2011 hurricane season. The new manager of the store was scheduled to be on hand to meet local business owners.

Costco Wholesale is located at 17800 Congress Avenue, Boca Raton.



Paul Cloutier, Jeffrey Karin, Richard Prager



Marci Shatzman, Commander Matt Eisenberg, Lieutenant Todd Baer, Dale Of The American Cancer Society



Susan Goldberg, F.W. Pearce, Bob Goldberg, Cary

You Tube™

The Boca Raton Tribune is now on YouTube! Our Channel on You Tube is www.youtube.com/bocaratontribunetv



FREE WEBSITE SEO ANALYSIS (\$300 Value)

With nearly 14 billion online searches every month and social media sites that rival populations of large countries, there's unlimited opportunity. It is vital to rank high in the search engines to make sure your website turns visitors into leads and sales. Wasp Mobile™ has the knowledge, skills, and a proven process that consistently delivers a significant increase in rankings.

Free Website SEO Analysis includes:

- Details about a competitive search environment in your company's marketing niche
- Our strategy for increasing your profitability and building your brand online
- An evaluation of your current online presence
- Clear, no-hassle cost per month for our services



Request your FREE No-Obligation Analysis today!

Call Dee to get started now... 561-210-5520
info@waspmobile.com

www.WaspMobile.com

Sip and Sample Exquisite Food and Fine Wine

march of dimes®
signature chefs auction®



Dozens of Palm Beach's finest chefs will delight foodies with their signature samples, paired with fine wines, plus entertainment and a live and silent auction to raise funds for stronger, healthier babies.

THE BOCA RATON RESORT & CLUB

Friday, September 9

6:30 to 7:30 p.m. VIP Reception

7:30 to 10:00 p.m. Tasting, Silent & Live Auctions

For information on sponsorships, tables or tickets marchofdimes.com/florida or 561.276.2001

Honorees: Rosemary & Ben Krieger

Chairs: Jason & Jaclyn Brodie and Joshua & Marcy Friedman of Brodie & Friedman, P.A.

working together for stronger, healthier babies

Sponsors: Publix; Brodie & Friedman, P.A.; Law Offices of Guy Fronstin, P.A.; West Boca Medical Center; The Boca Raton Observer; The Boca Raton Tribune; LivingFLA.com; WRMF 97.9 FM; Peak Seven

MARCH OF DIMES IS AN OFFICIALLY REGISTERED 501 (C)(3) ORGANIZATION. A COPY OF OUR OFFICIAL REGISTRATION AND FINANCIAL INFORMATION MAY BE OBTAINED FROM THE DIVISION OF CONSUMER SERVICES BY CALLING 800-435-7352 WITHIN THE STATE. REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL OR RECOMMENDATION BY THE STATE OF FLORIDA. REGISTRATION NUMBER CH569.

© 2011 March of Dimes Foundation

Vitality Laser Spa
We do Laser

OBAGI MEDICAL www.vitalitylaserspa.com
info@vitalitylaserspa.com

GO TO:
www.vitalitylaserspa.com
and have a chance to win
FREE SERVICES FOR 1 YEAR
(one FREE service a month for 2011)

• Laiser Hair Removal
• Cellulite Treatments
• Skin Rejuvenation

CALL TODAY FOR YOUR APPOINTMENT
954 638 3524
561 470 7961

Special Welcome Package
•MASSAGE
•FACIAL
•MANICURE/PEDICURE

All for only **\$99**

9045 La Fontana Blvd. Suite 102 Boca Raton, FL 33434
Lyons between Glades and Yamato

VIVO
PARTENZA

NOW ACCEPTING RESERVATIONS
3 - COURSE PRE-FIXE MENU
\$29.95
5:30PM - CLOSE
SUNDAY - FRIDAY

ALL WINE BOTTLES 50% OFF
SUNDAY - WEDNESDAY

HAPPY HOUR
EVERYDAY
5PM- 7PM AT VIVO BAR
5PM - CLOSE AT VIVO PATIO
* OFFER SUBJECT TO CHANGE

MODERN ITALIAN RESTAURANT
DINNER NIGHTLY | LIVE ENTERTAINMENT
TAKEOUT AND CATERING AVAILABLE

1450 N. Federal Highway - Boca Raton - 561.750.2120 - www.vivobocaraton.com
OWNED AND OPERATED BY THE BOVA FAMILY

WE BUY GOLD, COIN AND SILVER
WE PAY TOP \$\$\$

We are active buyers
of diamonds, platinum,
gold, precious gemstones,
sterling silver flatware
and fine Estate jewelry

HAROLD'S
JEWELERS
www.haroldsjewelers.com

561-392-0502
2200 West Glades Road
Glades Plaza - Boca Raton



*Restaurants Boutiques Salons & Spas
Specialty Stores Services Art Galleries
Live Entertainment Class A Office Space
Luxury Rental Residences*



ROYAL PALM PLACE

*THE Heart of Downtown Boca Raton
Live....Work....Play*

*Federal Highway, South of Palmetto Park Road, Downtown Boca Raton
For more information, please visit www.royalpalmplace.com or call 561.392.8920*

SPOTLIGHT

Soroptimist International gathers for installation dinner

Story, photos by
Barbara McCormick

BOCA RATON - Members, friends and families of Soroptimist International of Boca Raton/Deerfield Beach recently celebrated their annual installation dinner at Brooks Restaurant on Federal Highway in Deerfield Beach. The evening affair included a cocktail reception, where club members took time for reflection, congratulated one another on the club's accomplishments, and discussed new opportunities for the 2011-12 year ahead.

Kathi Pease, Soroptimist past governor, returned for her third year as Installing Officer. Kathi remarked, "After the elaborate 50th Golden Anniversary Affair held last year, I felt the club members deserve to go on a journey, so I have chosen a beach theme for this years' installation ceremonies."

Kathi continued her presentation by relating the significance of the beach treasures to the club's positions. Scallop Shells, which signify knowledge, were chosen for the club's advisors; a treasure chest for the treasurer, a very visible starfish for the program chair, an hour-glass sand timer for the recording secretary, and a conch shell to be used as an attention getter. Lorry Herdeen, beginning her second year as club president, was presented a string of pearls, representing the "Jewels of the Sea."

"I look forward to work-

ing alongside these wonderfully competent professional women. With them, we are assured of continuing our purpose of fundraising, and donating the profits to community organizations, whose purpose is to create a better life for women and their families, both locally and internationally," Herndeen said."

Newly installed officers are: President, Lorry Herdeen; V.P. membership, Mariela Montgomery; V.P. Programs, Carmen Uceda Corresponding Secretary, Carole Harte; Record-

ing Secretary, Mary Dent Maher; Treasurer, Cynthia Cummings; District Director, Kim Champion. Installed as directors were Helen Babione, Maureen Burke and Connie Siskowski

In closing, Helen Babione announced the Soroptimist Women of Distinction Awards Breakfast will be held October 12 at 7:30 a.m. at Boca West Country Club. For more information, visit the Soroptimist website: www.soroptimist4women.org



From left are Kathi Pease, Lorry Herdeen, President; Connie Siskowski, and Maureen Burke



Shown from left are Pernille Ostberg, Cynthia Cummings, Treasurer; Kim Champion, Pat Reed, Director and Helen Babione

Luxury Chamber hosts visit by former U.S. Sen. George Lemieux

BOCA RATON - The Luxury Chamber held its recent networking event at Ben's N.Y. Kosher Deli in the Reserve Shopping Center on 441 and Clint Moore Road, with former U.S. Senator George Lemieux who is running for election to his seat on the Republican ticket.

Guests noshed on pastrami, roast beef and turkey sandwiches, passed hors d'oeuvres and of course, potato salad, cold slaw and pickles, provided by host Michael Ross, GM of Ben's.

After his talk, Lemieux took questions from the group and even took home some take-out from Ben's.

The next Luxury Chamber network will be on Monday, August 15 at the 33rd St. Wine Bar, 3337 NE 33 St., Fort Lauderdale. Further information and registration is at www.luxurychamber.com or 1.888.584.1119 toll free.



George Lemieux with Barry Epstein



Mark Desrosiers and Ross Friedman



Palm Beach County Republican Party Chair-Sid Dinerstein with Maureen Yeager



From left, Jay Shapiro, Madeline Evans-Ervin and Jonathan Rausch



Jay Shapiro, Maria Elena Holguin and Michael Kathryn Summer; left, with Deby Goldfarb Moceri



Credit: Photos by Carol Porter

SPOTLIGHT

NCCI hosts Greater Boca Raton Chamber of Commerce breakfast

BOCA RATON -- The Greater Boca Raton Chamber of Commerce's sold-out July membership breakfast was sponsored by, and held at, NCCI Holdings, Inc., and featured Habitat for Humanity of South Palm Beach County.

Photos by Audra Hodges



From left, Linda Gove of Habitat for Humanity and Debbi Lawlor, chair of the Chamber's 2011 Boca Festival Days



Tim Snow of the George Snow Scholarship Fund and Ioana Grigore



From left are Troy M. McLellan, CCE, president and CEO of the Greater Boca Raton Chamber of Commerce, Cheryl Budd of NCCI Holdings, Inc., and Mike Campbell, president, Habitat for Humanity South Palm Beach County

Shown from left are Boca Raton Deputy Mayor Susan Haynie, new Habitat home owner Rojana Moss, Mike Campbell, president, Habitat for Humanity South Palm Beach County, new mortgage holder Patricia Shannon, and Boca Raton City Council member Constance Scott

Congratulations to "The Talk of the Town" on their Anniversary!



Peter Leonard and Jacqui Wyatt



Peter Leonard and Skip Sheffield

DUKE'S PEST CONTROL

Healthcare for your Lawn & Landscape
Relax and let us take care of what's bugging you!

Specializing in :
Bermuda Lawns
Paspalum Lawns
Zoysia Lawns

561-826-8667
Duke Bozick
Owner Operated

Vitality Laser Spa
We do Laser

- * Laser Hair Removal
- * Skin Rejuvenation
- * Cellulite Treatment

Monday - Saturday
Call For Appointment
(561)470-7961

9045 La Fontana Blvd.
Suite 102 Boca Raton FL 33434

Silvia **Michael**

Cuisine by silvia

middle eastern and american cuisine
restaurant and catering

141 Via Naranjas, suite 45b
East Boca Raton, FL 33432

restaurant: 561-361-3939
catering: 561-996-2530
fax: 561-361-7323

Glades Medical Group

David B. Hevert MD
Jorge Montalvan MD!

Services Include:

- * Full On-site Lab
- * Advanced Lipid Testing
- * Bone Density
- * Ultrasound
- * Nutritional Vitamin Assessment & Counseling - Full Hospital Privileges
- * Boca Raton Community Hospital

Easily accessible in
FAU Corporate Park
from Glades Rd. or Spanish River Blvd.

Practicing Medicine over Twenty Years!
Medicare and
most insurances!

East Boca Raton: 561.394.3088
3848 FAU Blvd. Suite 210 - Boca Raton, FL 33431

"SUMMER IN THE CITY" MUSIC SERIES featuring ROB GARRETT, Las Vegas' KING OF DIAMONDS, in a Tribute to Neil Diamond

It's another "Summer in the City" Music Series performance featuring ROB GARRETT, Las Vegas' King of Diamonds, in a tribute to Neil Diamond. The sounds of "Sweet Caroline" will be heard at the Mizner Park Amphitheater stage at 7pm, in a tribute featuring music of the 70-year-old singer who grew up as a child of Tin Pan Alley before becoming one of the most commercially successful singer-songwriters of all time. To cite just one example of Mr. Diamond's ever-presence, the Brooklyn-born troubadour's hit "Sweet Caroline" is still played at Fenway Park during the middle of the eighth inning of Red Sox games. Neil Diamond may be 70, but he is still part of that select group of entertainers who can



have a stadium in raptures with one memorable sing-a-long, and no one tributes him better than Rob Garrett. If you're a Neil Diamond fan, it is very fitting that his easy-listening music be enjoyed by hundreds and hundreds of concertgoers who attend the summer music series.

Once again this year will be "hot summer merchandise and menu specials" offered by Mizner Park stores and restaurant—"hotspots"—to all concertgoers. Free "Summer in the City" passes are available at each concert which may be redeemed at participating Mizner Park stores and restaurants. Look for "Summer in the City" posters in participating store windows and check the Mizner Park web-page and Facebook for updates with store offers and other participation information. In addition, each concert will feature a special giveaway, compliments of Chris Evert Charities, with a "super tennis package" to be given away at the final concert in August.

It all takes place at one of Boca Raton's favorite outdoor entertainment spots, Mizner Park Amphitheater.....enjoy this free concert organized by the City of Boca Raton Recreation Services and supported by Boca Raton Tribune, Living FLA.com, Aurora Nurses Home Health Care, and Florida Health & Chiropractic Medicine. Bring along a blanket or chair, relax and enjoy the best of entertainment under the stars for the entire family. Pick up a schedule of upcoming events, along with food treats which are available for purchase. Parking is available in several garages located in the Mizner Park shopping area. Admission to all city-sponsored concerts is free.



WHEN: FRIDAY, JULY 29, 2011 - 7:00pm

WHERE: Mizner Park Amphitheater - located on Federal Highway, just south of Glades Road (outdoor venue)

SECTION R REAL ESTATE SECTION

The Boca Raton Tribune

July 7 through July 13, 2011 • Year II • Number 055

Heritage Apartments offer top-notch amenities, downtown Boca location

BOCA RATON – The Heritage Apartments, 300 West Palmetto Park Road at the edge of Boca's downtown, offer an array of amenities and a location second to none.

The Heritage was actually rescued by Pridrock Capital Group LLC from another developer who began construction of a four-building complex in 2002, but ran into tough financial times, the impact of several hurricanes and the loss of its major contractor.

The development was originally envisioned as Eden, a complex of condominiums. One building was completed, a second was nearly done and two more sat as concrete skeletons for years while the developer tried to find cash to complete the project.

Finally, when it appeared the city of Boca Raton might have to take a wrecking ball to development located diagonally across the street from City Hall, Pridrock came along and took over. Immediately work crews



were seen on the site. The development quickly came together with new management.

A gated community, Heritage offers such in-

terior features as 18-inch stone/tile flooring, custom cabinetry, stainless steel appliances, granite countertops, large walk-in closets and full-size wash-

ers and dryers.

Community features include an 18,000 square foot clubhouse, multi-sport court, full coffee and juice bar, resort-style

pool, 24-hour fitness center, movie theater, state-of-the-art golf simulator, individual garages and car ports and full-service concierge.

Boca agency offers online Real Estate guide



See page 19

Hurricane Season

Palm Beach County has regional alert and notification system



By Commissioner Steven L. Abrams - District 4

The county's emergency managers have the ability to issue alerts and notifications utilizing the "Palm Beach County Regional Alert and Notification System."

This Internet-enabled high-speed notification system allows the county and partnering agencies (police departments, Sheriff's office, health department) the ability to make over 6,000 telephone (voice) calls per hour; send unlimited email and text messages; and a large number of blast faxes.

In the past, the system has been used for numerous reasons such as emergency notifications including hazardous materials spills, hurricane evacuations, lost children, crime watch notifications, and boil water orders.

Because of the system's ability to go to street/household level, the kinds of alerts and notifications possible are unlimited based on the situation or the agency's needs. For example, the recipients can be narrowed down to a particular street, town, etc.

A new and exciting component that I am pleased to announce is the residential opt-in portal which allows individuals the ability to choose the type of alerts they wish to receive (i.e., weather, en-dangered adults, and/or crime and public safety).

The system can be customized to fit an individual's needs. For example, part-time residents will be able to deactivate/reactivate alerts via the Internet and all users will be able

to register multiple phone numbers or email addresses. There is also a language option for Spanish-speaking residents.

The system is expected to be up and working sometime in early August. For more information or sign-up for the notifications/alerts, please contact Brian Duffy at bduffy@pbcgov.org or at 561-712-6327.

There are also separate notifications available from local municipalities such as Boca Raton, Delray Beach, Golf, or Highland Beach. Please contact them directly for more information.

Please contact me if I can be of assistance or if you have any comments and/or suggestions. I can be reached at sabrams@pbcgov.org or in my office at 561-355-2204 (West Palm Beach) or 561-276-1220 (Delray Beach).

Also, please visit my website at www.pbcgov.com/countycommissioners/district4/ for updates and links to county divisions and other governmental agencies.

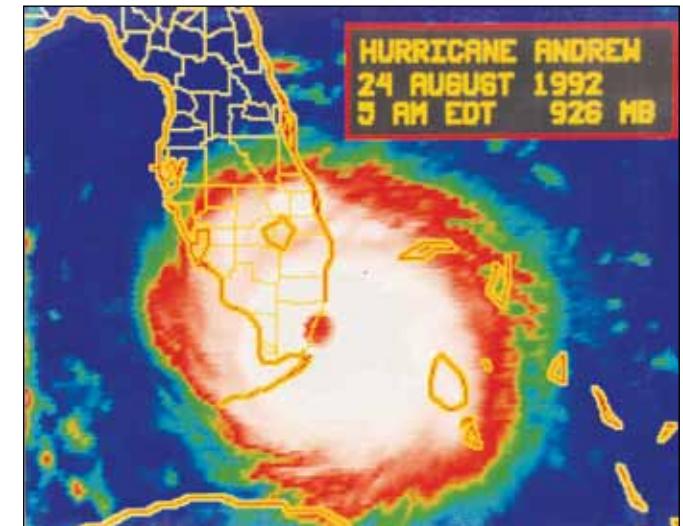
Hurricane Andrew was stronger than we thought, say experts

It has been 10 years since Hurricane Andrew devastated South Florida. Yet the storm still remains etched in people's minds all across South Florida ten years after it became the costliest natural disaster in United States history with almost \$30 billion dollars in damage.

Recently, however, a committee called the National Oceanic and Atmospheric Administration/National Hurricane Center Best Track Committee, a team of hurricane experts, which included Herbert Saffir, a structural engineer that co-authored the Saffir-Simpson Scale, concluded that Andrew was even stronger at landfall than we realized.

The experts concluded that with the latest research, Andrew had winds that were 20 mph faster at landfall in a small area in Biscayne Bay. With that, Andrew jumped to 10th all time among the Atlantic Basin's strongest hurricanes with 165 mph winds. Prior to that, it was 23rd on that list.

Three days prior to the ten-year anniversary of Andrew's devastating impact on South Florida, NOAA issued a press release stating that after ten years, Hurricane Andrew had grown in intensity from a Category Four to a Category Five Hurricane.



This upgrade was based on the conclusions made by the NOAA/National Hurricane Center Best Track Committee. As a result, Andrew became only the third Category Five Hurricane to make landfall in the United States. The other two were the Labor Day Hurricane of 1935, and Hurricane Camille in 1969.

It also makes the storm 10th on the all-time list of most powerful hurricanes ever in the Atlantic Basin. That list includes the likes of Hurricane Allen (1980), Hurricane Janet (1955), Hurricane Gilbert (1988), Hurricane Carla (1961), Hurricane David (1979) and Hurricane Anita (1977).

The impact of the recent findings and recommendations of this committee definitely adds another layer to the legacy that was Hurricane Andrew. It is just another rea-

son to keep Andrew firmly entrenched in our minds when it comes to memorable hurricanes and natural disasters.

It forever changed the physical, social, economic, and political landscape in Florida, and even nationally as well. More importantly, though, Andrew along with Hugo will forever stay etched in our minds because of the technological advances in media such as television.

The next major hurricane to make landfall, and have similar devastating effects on a United States coastal community will be even more memorable since the explosion of the Internet, cable, and satellite mediums since Hugo and Andrew.

The next big storm will be another event that will affect everyone in this globally interconnected world we live in today.

WHY CHASE AROUND?

The Boca Raton Tribune

Reach the right people with

Place an ad with us!

The Boca Raton Tribune **R - REAL ESTATE SECTION** East/West Boca Raton, FL

Boca agency offers online Real Estate guide



BOCA RATON - Elliot Koolik, Boca Raton real estate agent of Koolik Group Realty, recently announced the launch of a new Boca Raton Area Real Estate Guide which is available to download, free of charge, at the company's website: <http://www.koolik.com>.

The Boca Raton Area Real Estate guide compares Florida school information and links, reveals community features, and provides detailed information on homes for sale in Boca Raton and Delray Beach as well as golf courses and

South Florida attractions.

Whether you are new to the Boca Raton area or are just looking to explore your surrounding neighborhoods; you need look no further than Koolik Group Realty's Boca Raton Area Real Estate Guide.

The guide showcases a variety of sought-after homes for sale in Boca Raton in gated communities such as Woodfield Country Club and Fieldbrook Estates, golf and tennis country clubs like Boca Grove and Seasons, and also features luxury condominiums

such as Mizner Grand in the Boca Raton and Delray Beach areas.

If you are looking to move within Boca Raton but are worried about staying in a particular school district, Koolik Group Realty's guide offers a comprehensive look into the Palm Beach County school district comparing the Florida schools. The guide provides links to boundary maps, zoning, school calendars, school ratings, and test scores to help choose the right elementary, middle, or high school; whether public, private or charter.

Boca Raton real estate agent and owner of Koolik Group Realty, Elliot Koolik, states that "the objective of this guide is to provide residents and visitors alike with a myriad of information, links and maps on the location of these popular communities, their residential features, amenities, a directory of local golf courses; as well as, popular south Florida attractions."

It's Hurricane Season: Are you prepared?



Preparations during Hurricane Season can be overwhelming, particularly for Seniors living alone.

- Do you need help gathering supplies?
- Who will help you make preparations (bring in patio furniture, close shutters, etc)?
- Do you have a local contact to check on your well-being?
- Where will you go if you need to evacuate?***
- If there is an emergency, do you have your medical directives and information readily available?

**The time to prepare is before the need.
Make the necessary preparations now.**

AGE IN PLACE MANAGEMENT
Independent Senior Living at Home

We can help make arrangements and be comfortably prepared before the season heats up. Give us a call:
888-561-AIPS (2477)

Support your community newspaper - Patronize The Boca Raton Tribune Advertisers. Let them know you saw their Ads in the Boca Tribune.

Boca Festival Days 2011

GREATER
BOCA RATON
CHAMBER OF COMMERCE

Juried Art Exhibition

Back to School Breakfast

Celebrity Shake-Up

Dancing in the Sky

Boca's Ballroom Battle

Wine & All That Jazz

Supporting our local non-profits!

*And these are just a few of the events!
For dates, times, and the full list of events,
Visit www.bocaratonchamber/Festival Events*

Business

The Boca Raton Tribune



WHAT BUSINESS ARE YOU IN?™

By Gerald J. Sherman

Going Backwards To Go Forward

This past Sunday my wife and I were invited to a farewell BBQ for Captain Christopher, (last name withheld), a career officer in the United States Marine Corps, who is leaving on another overseas assignment.

The previous week we met for lunch in Boca and I said, "I don't want to take up too much of your time because you have so many other things to do." Chris looked me in the eye and said, "Unk Jerry, I have the whole afternoon blocked out for you." (He jokingly calls me Unk Jerry although we are not related). He explained to me that his training included how to track your time. That interested me as I sometimes feel that I didn't accomplish everything I thought I would for the day. Although I

try to plan my day around business appointments I make, at times I don't get other things done. There must be a way of including other tasks that I want to accomplish.

At the BBQ, I mentioned to Chris about the time he blocked out for me the previous week. "Do you have a system that I should know about?" He said, "Yes, we are taught to work backwards in planning our daily activities. "Working backwards?" He said, "What I do is write a plan for what I have to do and block it out on my time schedule. For example, my wife and I have a dinner date to say good bye to my friends at 7 p.m. tomorrow. I block out the time for the event. It's a half hour away from my house so I block out 6:30 to 7 p.m. travel time. It takes an hour to

get dressed and get ready so I block out 5:30 to 6:30 p.m. to get ready, and so on and so on. By working backwards and blocking the time out you are sure not to be late for your appointment and get a realistic picture of your plans.

It is interesting to note that a company like Weight Watchers does something very similar in the way they have you track your allotted points for the day. For example, if you have 29 food points for the day, you deduct whatever you consume from the 29. If your breakfast was 5 points then you have 24 left to work with and you keep deducting until you reach 0 points. They probably have found that working backwards helps you go forward towards achieving your goal.

It seems that going

backwards to go forward could work in a daily business schedule too. For example, if you have a 2 p.m. appointment and you know that you need to have your lunch first, subtract your travel time and lunch time from the 2:p.m. appointment to assure that you are there on time.

By planning your schedule this way you can make sure that you get everything important that you planned for the day done. You will also get a realistic picture of whether you planned too much for the day and are unable to meet your commitments. Nothing can upset a client or prospective client more than being late or not being able to keep the appointment. So if you want to go forward with your clients track your time backgrounds.

Gerald J. Sherman, of Sherman & Perlman LLC, is a marketing and public relations consultant, sales coach and author who has written several books and articles on these subjects. jerry@shermanperlman.com http://www.shermanperlman.com

ACM
Commercial Cleaning
People and Service you can trust!

We can **SAVE** you
MONEY!

...while improving the health and cleanliness of your workplace!

www.acmbuildingservices.com
888-255-1750 - CALL ANYTIME

FREE
Carpet
Cleaning

*with one year contract

Support your community newspaper - Patronize The Boca Raton Tribune Advertisers. Let them know you saw their Ads in the Boca Tribune.

BUSINESS BITS

• **BOCA RATON** - The Country Network has selected Boca Raton as the location for its new corporate headquarters. The Country Network has signed a lease for 3,800 square feet of space at 800 Yamato Road, Suite 102, Boca Raton. This space will serve as The Country Network's new corporate headquarters. The Country Network still maintains its office and studio on Music Row in Nashville, TN, and will continue to have an office in Nashville, TN. The Country Network plans to create 20 new jobs by the end of the year at the new Boca Raton location.

• **BOCA RATON** - The Greater Boca Raton Chamber of Commerce will present an After-Hours miniEXPO Tuesday, July 26 from 5:30 to 7:30 p.m. at the Renaissance Boca Raton Hotel, 2000 NW 19th Street, Boca Raton. The event is designed to help Chamber members create hands-on, face-to-face interaction with new potential customers. Tickets: \$10 for members, \$20 for non-members. (Price includes one drink & hors d'oeuvres provided by Chamber members)

• **BOYNTON BEACH** - Public television station WXEL-TV is looking for support to continue its operations. The station announced it has begun a capital campaign to raise \$2.5 million – the amount the station figures it will cost to buy the operation from Barry University. The station will also have to purchase new equipment and file for new licenses.

• **DELRAY BEACH** - Two new staff physicians have been added to the medical team at Delray Medical Center: Dr. Shimon Y. Blau, psychiatrist. Bachelor of Talmudic Law degree from the New Islam rabbinical College at Baltimore and M.D. from the University Of Maryland School Of Medicine. Also: Dr. Heather Elisabeth Boo, board certified in radiology. Bachelor of Science degree and M.D. from University of West Virginia in Morgantown.

• **BOCA RATON** - Town Center at Boca Raton mall is welcoming lululemon athletica to its luxury shopping destination. Complimentary grand opening yoga classes will kick-off the store's festivities at 8:30 a.m. This will be the first full retail location for the yoga-inspired athletica apparel company in Boca Raton and will replace lululemon's showroom previously located at 350 Esplanade. The new store will be located on the first floor in the Palm Court across from Bulgari.

"Email your Business News, promotions and acknowledgements to Chris Catoggio at: chris@bocaratontribune.com."

Old Navy Opens New Store at West Boca plaza

By Pedro Heizer

BOCA RATON - A new Old Navy Store in West Boca opened its doors to the shopping public this past week.

The new store opened at the Shadowood Plaza on the corner of Glades Road and State Road 7 this past Saturday. Hundreds of happy customers showed up.

The store had a terrific opening weekend with a popular new local band performing on Friday to a very energized crowd. Members of the local Boys & Girls Club came in on Saturday and presented a performance of their own, and the customers were treated to a special guest appearance

from Miami Dolphins' running-back Ricky Williams.

The store is located in a portion of the former Borders Book Store, which closed earlier this year after 15 years of service.

Old Navy came in to save the day. Many shoppers said that after Borders closed, the mall seemed dead, with not much going on there. The only activity that could be seen was the people coming to watch movies at Regal Shadowood 16.

There is no denying that the Borders closing created a huge void at the plaza. The addition of Old Navy to the plaza has "added a lot of life to a mall that was, for a lack of better terms, dying"



Cassandra Reeves cuts the ribbon with Theresa Thompson



Juliet Atkinson looks for a new blouse at the new Old Navy



Mary Beth and Addison Bliss shopping for sandals



Peggy Snyder serves delicious food from Hurricane Grill



Miami Dolphin Ricky William and the Rise and Shine boys



Tracy and Landen Needleman

Continued on page 23



Opening at this location July 1st 2011
U.S. 1 Barber & Salon
 1959 N. Federal Highway at 20th Street - Boca Raton, FL
561-393-5330
 New clients only
ANY DAY, ANY TIME
Haircut **\$10.00**
 Men
 Reg. Men \$18
 Senior \$15
 Shave \$15
 Facials \$25
*Owner Nick The Barber, formerly Best Value
 ACROSS FROM PUBlix BEHIND FLAKOWITZ*

I Buy

72723129F026
**Houses, Foreclosures
& Commercial
Properties Any Price,
Place or Condition**

**WE PAY YOU \$10,000 TO TAKE
OVER YOUR MORTGAGE**

Timothy McCarthy
954.439.1442
timcashnow.com
All Pro Florida Realty, Inc.

HAROLD'S JEWELERS

**Boca Raton's Most Trusted,
Respected Jeweler for
over 30 Years**

561-392-0502

2200 West Glades Road - Glades Plaza
Boca Raton - www.haroldsjewelers.com

Columnists

The Boca Raton Tribune

FAITH

By: Rick Boxx

Available and Accessible Leadership

An editorial in the prominent daily business periodical, The Wall Street Journal, mentioned a surprising trend being practiced by some busy executives. According to the report, they are hiring a "chief of staff." This consists of someone to deal directly with personnel, freeing top executives to handle broader, more corporate-level responsibilities.

It seems interesting that at a time when many CEOs already are significantly isolated from their staffs, they now have resorted to appointing another gatekeeper - one more layer of insulation between them and their employees. Obviously, this makes it increasingly challenging for staff to gain direct access to their superiors. This also leads to greater frustration among those who believe their needs are not being heard and their contributions to their companies are not being recognized.

Time management is critical, and I suspect this is one reason for this recent tactic. However, truly effective leadership is about "serving" one's people, not avoiding them. When we regard having to deal with people as a problem, rather than a privilege, our priorities are seriously misaligned.

Here are some other principles from the Bible:

Monitor the pulse of your staff regularly. How will you know if major problems are arising if you choose not to communicate consistently and closely with your employees? Being oblivious to significant con-

cerns can put your organization in jeopardy. "Be sure you know the condition of your flocks, give careful attention to your herds... the lambs will provide you with clothing, and the goats with the price of a field..." (Proverbs 27:23-27).

Provide clear direction by understanding your team. When people believe their leaders know them and seek their best interests, they are inspired to do their very best work. "When a country is rebellious, it has many rulers, but a man of understanding and knowledge maintains order" (Proverbs 28:2).

Offer the same attention and concern you would like to receive. When we have pressing needs, we like to be able to communicate them to others who can be of assistance. As leaders, we should be just as responsive to the people that report to us. "Do to others as you would have them do to you" (Luke 6:31).

Until next week!

Copyright 2010, Integrity Resource Center, Inc. Adapted with permission from "Integrity Moments with Rick Boxx," a commentary on issues of integrity in the workplace from a Christian perspective. To learn more about Integrity Resource Center or to sign up for Rick's daily Integrity Moments, visit www.integrityresource.org.



DIVORCE FLORIDA STYLE

By Mike Gora

Mug Shots

Suppose that one evening you were arrested for driving while intoxicated, taken to jail, finger printed and had your mug shot taken. Later, based upon lack of evidence caused by a faulty machine, the charges against you were dismissed.

Six months later, while you and your wife were engaged in a difficult divorce case where custody of your children was a primary issue, you "Googled" your own name, as people sometimes do, and found that at the top of the list was your booking picture and the intake information, that you had been arrested for drunk driving. The fact that the case had been dismissed was not mentioned.

The website, "Florida Mug Shots" provided an 800 telephone number which suggested that if you call Florida Mug Shot, that the information posted

about you would be immediately taken down upon the payment of an unannounced sum of money.

There are hundreds of people arrested each day in Florida, mug shots and all, but only a few appear on the Florida Mug Shots website. It might be a valid assumption to believe that it was your wife who pointed you out to the Mug Shot bandits.

That, by itself, might be enough for a judge to make a decision in your custody matter against you, for drunk driving, or, by a more thoughtful judge, against your wife for the posting of information that might be reviewed years later by one of your children when Googling his or her last name.

But how about those wonderfully clever creeps who set up the website? Have they libeled you? Perhaps. In Florida, truth

and good motive are defenses to libel. It is true that you were arrested for DWI, but what good motive can there be for posting this information after your case had been dismissed.

To the contrary, isn't it absolute bad faith that has been demonstrated by the creeps, when they boldly announce that they will take down the posting if you pay them money? Are we to allow our public records system, paid for by our tax dollars to be used against all tax payers for profit under these circumstances?

The conduct of Florida Mug Shots is outrageous and should be stopped. Theirs is not free speech; it is the abuse of speech for profit. Florida Mug Shots has reinvented the mob's protection racket. This abuse should not be tolerated by the courts or by the Florida legislature.

Michael H. Gora has been certified by the Board of Specialization of The Florida Bar as a specialist in family and matrimonial law.

WHY CHASE AROUND?
The Boca Raton Tribune **Reach the right people with**



Place an ad with us!

Old Navy Opens ... Continued from page 21

said Boca Raton resident Nikki Giannakopoulos.

The plaza has a reputation of being a teenage hangout spot because of the combination of Regal Shadowood 16, McDonald's, and a new frozen yogurt place that just opened a few months ago. Now that Old Navy has opened its doors, it has helped many of the teens that would otherwise go to Town Center at Boca Raton in east Boca to purchase their clothes.

Many teens now stay closer to home and purchase at the much closer Old Navy. "I love it here, It's much better than having to go all the way to the mall," added Alyssa Leventaho.

Not only does it help the teens, but it also helps the moms who have to buy clothes for their children but don't want to travel all the way to east Boca, Juliet Atkinson said, "The location is very convenient because of my two kids that I'm with all the time."

Many Boca Raton teens have been hired to work at the new store, "I used to work at the mall, but this one is closer to home," employee Paige Blalock told The Boca Raton Tribune. "Working here is fun and exciting, and I'm sure this momentum will help bring life back to this mall."





A Place...
To Know Truth...
To Find Love...
To Call Home...

Ministries

- Women's Ministry •Men's Ministry
- Music Ministry •Family Ministry
- Brazilian Worship Service

Sunday Morning Worship:
8:30AM and 11:00AM

Sunday School: 9:45AM - Bible Study: 6:00PM

10101 Judge Winikoff Road - Boca Raton, Florida - 33428
Phone: 561-483-4228 - www.bocaglades.org

Pastor E. Truman Herring
Senior Pastor since 1988.



Support your community newspaper - Patronize The Boca Raton Tribune Advertisers. Let them know you saw their Ads in the Boca Tribune.

Entrepreneur who bridges business, academia named Lynn's new business dean

BOCA RATON - Thomas Kruczak has a proven record of bringing the academic and business worlds together.

After a nationwide search, Lynn University has named him as dean of its College of Business and Management. Kruczak will be leaving his position as executive director of the Falcone Center for Entrepreneurship at the Whitman School of Management at Syracuse University to join Lynn as the new dean starting on Aug. 1.

"He teaches people how to build businesses and builds the entrepreneur within business students," said Lynn University President Kevin M. Ross said. "He also knows how to build bridges between the academic world and industry. His proven success in reaching out to the local business community is one of the main reasons we are excited to have him join us."

The Falcone Center expanded its outreach to entrepreneurs both inside and outside of the university under Kruczak's leadership. The center offers a number of services to help students and members of the community start up and grow businesses.

Kruczak's outreach to



Thomas Kruczak

industry was also lauded before he was at Syracuse when he served as the executive director of the Center for Entrepreneurship at Rollins College in Orlando. Kruczak said he credits focused work with students while simultaneously reaching out to the local community as the driving force behind the improved rankings.

Kruczak brings his ideas about bridging the worlds of academia and industry to build opportunities to Lynn. "When I came for the interview one of the things that astonished me was the number of companies that have headquarters in Boca Raton. It's extraordinary," Kruczak said. "I'm looking to do the same at Lynn - go

out in the community and introduce us to entrepreneurs, businesses and others in the community and get them further engaged with Lynn's resources."

Prior to his years in higher education, Kruczak spent more than two decades in Florida businesses starting at one of America's most storied brands, the Walt Disney Company. After leaving Disney in 1988, he started and built up several businesses in Florida's tourism, hospitality and manufacturing industries. All of his ventures were eventually sold as successful companies.

He received his MBA and an undergraduate degree in psychology from Notre Dame.



A general service law firm serving
the modest middle class



561.478.1212 office • www.alzucaro.com

Your Life

The Boca Raton Tribune



OLEDA TALKS

Oleda Baker

Eight steps to firm up upper arms and also get rid of the Flab...

Flabby upper arms are an issue for many women; generally this is caused by extra fat and loose skin. It's not too easy to get rid of; but it can be done.

Being overweight in general can contribute greatly to flabby arms. So, if you're flabby elsewhere, your arms could likely be the same way. Therefore, you will need to diet every day, regularly taking in fewer calories than you burn. This will help, but not right away. First you will lose weight elsewhere, even perhaps where you don't want to, before you see much effect on your arms. Whether you're overweight or not, exercising the triceps a minimum of three times a week should be your main effort in getting rid of flabby arms. Follow the following procedure:

1. Sit in a chair, toward the front. Your feet should be flat on the floor, spaced apart so that they are even with your shoulders.

2. Hold a weight in your left hand, a small, five-pound one will do (it's not the weight, but the repetitions that count), and raise your left arm all the way up, so

that it's pointing toward the ceiling, palm facing in. Support your left arm by holding it just below the elbow with your right hand.

3. Slowly bend your left arm so that the weight in your left hand now rests behind your left shoulder. Take 3 seconds to straighten your left arm so that it's pointing toward the ceiling again. Hold the position for 1 second.

4. Take 3 seconds to lower the weight back to your shoulder by bending your elbow. Keep supporting your left arm with your right hand throughout the exercise.

5. Pause, and then repeat the bending and straightening until you have done the exercise 8 to 15 times with your left arm.

6. Reverse positions and repeat 8 to 15 times with your right arm.

7. Rest; then repeat another set of 8 to 15 repetitions on each side.

8. Do three sets in a session.

The number of repetitions depends on your strength level. Start slowly at 8, and then build to 15 according to your increased

comfort level. You'll be surprised at how quickly that happens. If you can then go to 20, all the better; the idea is to fatigue the triceps. It may take awhile, but, depending on just how flabby your arms are, you should begin to see some results in about four weeks.

Note: Women, who have been extremely overweight and who have lost an extreme amount of pounds, might suffer from extreme flabbiness under their upper arms as a result of this weight loss. In such cases exercising the triceps in this fashion will not work.

These women could consider investigating alternative methods.

1) Thermage, a radio frequency, skin-tightening procedure recently approved by the FDA only for eyelids and stomach. It is being tested now for flabby arms and excess skin but not yet approved by the FDA.

2) The new technology for surgery for the procedure to relieve drooping arms.

Until next time,
Love, Oleda

Oleda Baker, now 76, began her career as a high fashion model with the prestigious Wilhelmina Model Agency, based in New York City and doing print and TV assignments in New York and Europe. She has written ten books on beauty, diet and health.

eplumbing experts inc.

Residential & Commercial

Licensed & Insured CFC 1427238 CGC 1508546

Family Owned & Operated

Since 1976

CALL US!

Plumbing Repairs

We Do It All!

Boca's
Biggest & Best

Located in Boca Raton for 35 Years

(561)368-5111

35 YEARS

\$35.00 OFF

Any Plumbing Service Call

Save Until You Need Us

eplumbing experts inc. 561-368-5111 BRTII

With this coupon. Not valid with other offers or prior services.
Limit one coupon per service call.

Complete Remodeling

- Kitchens & Bath

- Room Additions

We also Pump

Septic & Grease Traps

We Find Leaks

- Electronic Leak Detection

- Thermal Imaging

AS SEEN ON
TV

PLUMBING SERVICE CALLS

ON SATURDAY'S & SUNDAY'S
(8:30AM-4:00PM)

AT NO EXTRA COST

BBB VISA MasterCard E-Schedule → www.plumbingexperts.com

Wellness & Rehabilitation

Center of Pompano PA

Accident Pain?

We can HELP!

AUTO ACCIDENT?



In case of a auto accident, call us and we will provide complete assistance.

* Massage Therapy

* Chiropractor Care

* Treatment of Pain

One call that's all!

We take care of all you needs!

Wellness & Rehabilitation Center of Pompano Beach PA,

4701 N Federal Hwy suite 445 - Pompano Beach, FL 33064

Tel.: (954)366-6287 - Fax: (954)366-6423

We speak
English,
Spanish and
Portuguese

The Boca Raton Tribune **BUSINESS** East/West Boca Raton, FL

Boca Chamber hosts ribbon cutting at Whelchel Partners site



From left, Greater Boca Raton Chamber of Commerce President and CEO Troy McLellan, County Commissioner and former Boca mayor Steven L. Abrams, Kristy Whelchel Hartofilis, Jay Whelchel, City Councilwoman Constance Scott, Kelly Smallridge, president and CEO of the Business Development Board of Palm Beach County, Mayor Susan Whelchel and Councilman Mike Mullaugh.

BOCA RATON - The Greater Boca Raton Chamber of Commerce hosted a ribbon cutting July 18 at the site of Whelchel Partners Real Estate Services on NW 4th Diagonal, east of the Boca Raton Children's Museum.

The firm is operated by two children of John and

Mayor Susan Whelchel. Jay Whelchel is principal and founder of Whelchel Partners Real Estate Services. As a licensed real estate salesperson, licensed mortgage broker and certified investment member, he has sold and leased over a million square feet worth of real estate, mostly in

the South Florida area.

Kristy Whelchel Hartofilis is president and broker for the firm. He has been a real estate professional at Flagler Real Estate Services and at Penn-Florida Companies. She was also a professional soccer player at the Women's United Soccer Association.

Credit: Photo by Audra Hodges

The easy solution for your web and e-mail!

\$1.99*
.INFO*
SAVE 90% on
the first truly
global domain!



.COMs starting at
\$9.99*!

Support your community newspaper - Patronize The Boca Raton Tribune Advertisers. Let them know you saw their Ads in the Boca Tribune.



JAZZ, BOSSA & BLUES IS A HIT!
MIX, MINGLE & DANCE THE NIGHT AWAY
WITH US EVERY WEDNESDAY NIGHT ON
THE EXCLUSIVE PENTHOUSE LEVEL
OF THE BRIDGE HOTEL.

JULY 20
BEATRIZ MALNIC
& IVO DE CARVALHO
BRAZILIAN JAZZ & BOSSA NOVA

AUGUST 3
JORGE GARCIA TRIO
SUPERB JAZZ WITH A LATIN TWIST

...AND EVERY WEDNESDAY TO FOLLOW

at the **BI**
BRIDGE HOTEL
BOCA RATON
999 E. CAMINO REAL, BOCA RATON

ONE NIGHT ONLY
JULY 27

Jay Traynor

"Frank, Bobby & Me"



The lead singer of The Americans' hit record "She Cried" performs the hits of Sinatra & Darin as well as his own. Enjoy an intimate evening with one of the original legends of rock and roll featuring the Jazz, Swing & Pop hits of the 40's, 50's & 60's.

TICKETS ON SALE NOW
AT WWW.JAZZBOSSABLUES.COM
\$15 GENERAL RESERVED SEATING
\$25 INNER CIRCLE SEATING
(INCLUDES VIP RECEPTION WITH JAY)

DOORS OPEN AT 7:00 PM • MUSIC STARTS AT 7:30 PM
\$10 ENTERTAINMENT CHARGE • VALET PARKING

CALL 561-886-4570 FOR RESERVATIONS
TO HEAR SAMPLES OF OUR UPCOMING ARTISTS
AND FOR THE COMPLETE LINE-UP VISIT

www.jazzbossablues.com
facebook.com/jazzbossablues

Games

The Boca Raton Tribune

Newsday Crossword

ACROSS

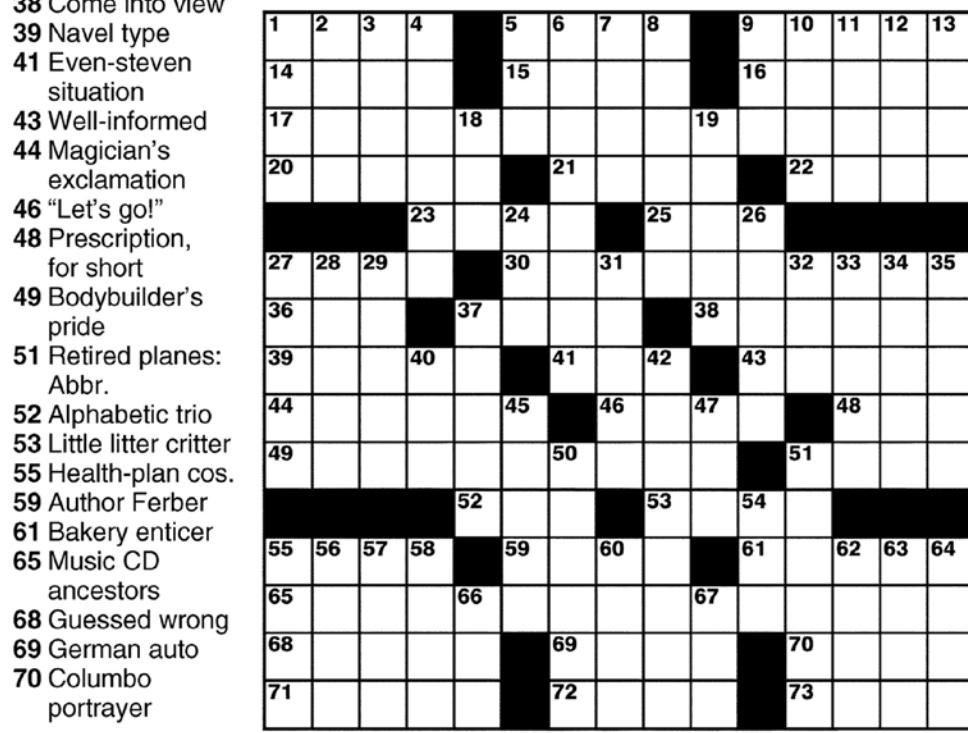
- 1 cheese dressing
- 5 It's a long story
- 9 Agricultural yields
- 14 Portions of corn
- 15 Pro _____ (proportionally)
- 16 Third-party candidate of '92
- 17 Breakfast order
- 20 "Zzzzz" sound
- 21 Flowerpot filler
- 22 Bend, as muscles
- 23 "It's my turn"
- 25 Web access co.
- 27 Landlocked African republic
- 30 Type of bed
- 36 Farm cackler
- 37 Army outpost
- 38 Come into view
- 39 Navel type
- 41 Even-steven situation
- 43 Well-informed
- 44 Magician's exclamation
- 46 "Let's go!"
- 48 Prescription, for short
- 49 Bodybuilder's pride
- 51 Retired planes: Abbr.
- 52 Alphabetic trio
- 53 Little litter critter
- 55 Health-plan cos.
- 59 Author Ferber
- 61 Bakery enticer
- 65 Music CD ancestors
- 68 Guessed wrong
- 69 German auto
- 70 Columbo portrayer

71 Proofs of ownership

- 72 Cordial
- 73 Right-angle shapes

DOWN

- 1 Puts money (on)
- 2 Tennis surface
- 3 Slangy suffix for "switch"
- 4 Log-on requirement
- 5 Unit of energy
- 6 Globetrotter's document
- 7 "Ditto!"
- 8 Delicacy from the deep
- 9 EMT's skill
- 10 Navigation hazard
- 11 Nonwritten test



CREATORS SYNDICATE © 2010 STANLEY NEWMAN STANXWORDS@AOL.COM 10/13/10

EVEN-STEVEN by Fred Jackson III
Edited by Stanley Newman
www.stanxwords.com

KANGAROOS

Solution: 16 Letters

S	L	S	S	A	R	G	O	S	B	O	M	V	E	S
P	E	I	C	O	N	S	G	E	L	D	N	I	H	I
E	Z	T	H	W	A	L	L	A	B	I	E	S	O	N
C	A	Y	W	C	O	O	R	A	L	L	A	W	N	S
I	R	R	I	Q	U	O	K	K	A	H	L	A	N	T
E	G	A	L	L	M	O	G	O	J	A	I	I	P	I
S	H	U	D	I	P	A	P	A	I	L	A	G	R	N
E	A	T	L	A	I	L	C	P	A	B	N	E	C	
C	B	C	I	T	A	K	U	R	P	O	U	I	D	T
N	I	N	F	R	J	S	T	F	O	S	S	X	A	E
A	T	A	E	O	R	S	R	M	R	P	H	O	T	U
L	A	S	E	A	U	A	E	A	O	E	O	B	O	Q
A	T	Y	M	A	N	R	E	Z	I	S	W	D	R	I
B	Y	E	R	G	N	R	E	T	S	A	E	O	S	N
P	A	D	E	M	E	L	O	N	S	U	N	D	P	U

Australian
Balance
Boomer
Boxing
Bush
Ears
Eastern Grey
Gait
Grass
Graze
Habitat
Hind Legs

Icon
Instinct
Jack
Joey
Macropods
Marsupial
Mobs
Pademelons
Plains
Pouch
Powerful
Predators

Quokka
Range
Sanctuary
Size
Species
Tail
Unique
Wallabies
Wallaroo
Wildlife

WHY CHASE AROUND?

The Boca Raton Tribune

Reach the right people with

Place an ad with us!



Support your community newspaper - Patronize The Boca Raton Tribune Advertisers. Let them know you saw their Ads in the Boca Tribune.

Pet Society

The Boca Raton Tribune
PET OF THE WEEK

Gina's a small dog with a big wish for a loving home

Story, photo by
Pam D'Addio

BOCA RATON - Hi, I'm Gina, a mini-shepherd. OK, so there's really no such dog breed but that's what I look like, right? How convenient! I'm a great medium-sized girl who had some pups and is now ready to move on in life.

Actually, I'm a German shepherd mix, a 3 year-old female weighing about 40 pounds.

I'm housebroken and can live happily with kids and other dogs. No cats, though please...I kinda think it's fun to chase them! Ask to meet me and you'll see what a great addition I'll be to your family.

I'm available for adoption at Tri-County Humane Society, a no-kill animal shelter located at 21287 Boca Rio Road in Boca Raton. The shelter is open for adoptions Tues-



day through Sunday, 11 a.m. to 4:30 p.m. Adoption fees for companion animals are \$110 and up.

Animals are heart-worm-tested and up-to-date on vaccinations.

Included in the adoption fee is one year of free office visits to

Regency Veterinary Clinic.

Please visit us to find a lost pet or to consider adding a shelter dog or cat to your family. We have puppies and kittens, too! Call (561) 482-8110 or view many of our available animals and volunteer opportunities at: www.tricountyhumane.org. Follow us on Facebook and Twitter at 'TriCounty Humane'.



Is your "Handyman" Unreliable, Too Expensive, Unskilled, Untrustworthy, Not licensed, Uninsured? then...

Let Us Hammer Away At Your To-Do List

Bath & Kitchen Remodels Faucets and Shower Heads
Fans and Lighting Plumbing
Tile Installation General Repairs
Electrical Drywall
Painting General Carpentry
Windows Garbage Disposals
Vanities Doors
Hurricane Panels Furniture Assembly
Crown Molding Gutter Repair
Tile Repair Pool Pumps and Timers
Water Heaters Window Treatments
Screen Repair Ceiling Repair
Toilets Attic Stairs
Shelving Mailbox Installation
Stucco Repair Door Locks and Deadbolts
Fascia Repair Fence Repair
Caulking and so much more



"A company that you can trust"

No job is too big
or too small

**Save
\$20**

**Save
\$50**

On any work over

\$100.

Not valid with other
offers or prior service
Exp. 06/30/2011

On any work over

\$300.

Not valid with other
offers or prior service
Exp. 06/30/2011

**One Call, We'll Do It All
954-345-5565**

www.handyman-headquarters.com
11471 W. Sample Rd. Suite 29, Coral Springs

Support your community newspaper - Patronize The Boca Raton Tribune Advertisers. Let them know you saw their Ads in the Boca Tribune.

Classified

The Boca Raton Tribune

CARS

- **95 Camaro V6** 1,900\$- 153,000 miles on It but good condition call 5613505424

- **1996 Pontiac Grand Am** 1,800\$- 90,000 miles but runs well call 239-285-6193

- **2008 Buick Enclave CLX AWD 30,000\$-** Excellent condition 32,000 miles still under bumper to bumper warrenty and on star service call 5613028997

- **2002 Jaguar X-type** 8,000\$- 74,000 miles call 5619005052

- **2008 Mazda CX-9 Grand Touring** 23,000\$- 48,000 miles call 5613068997

- **1997 Acura TL 2.5** Premiuim 2,800\$- 201 289 2500

- **2002 Volvo s40 1,600\$-** getting new car must get rid of this one no accidents good condition requires 600 in work done call 5614143581

- **2000 Pontiac Sun fire** 2,800\$- no accidents runs well call 9548488497

5619458010

- **25HP industrial Air compressor** 8,000\$- Cost 15,000 new call 5612415557

- **1999 Fender Telecaster Electric Guitar** 850\$- Some wear and tear but good condititon tested call 5612718814

HOME GOODS

- 2 electric bug killers, and 1 cooler. Call 561-368-3552

- Sony Cyber-shot DSC-T7 5.1MP Camera \$85- some scratches but good condition call 5613769933

- Casio wk. 3800 keyboard 250\$- call or text 561 9294368

- Glass and Chrome table 300\$- nice table will take of some of the price if you're willing to pick it up call 9548302008

- Wood painted black, some scratches, mattress in good condition. Please call: 561-672-7234

**For FREE Classified,
email us:
classified@bocaraton-tribune.com**

BOCARATON DAILY DEAL

Sports

The Boca Raton Tribune

Zach Kirby Retires From Strikers



FORT LAUDERDALE - Defender Zach Kirby announced his retirement, Sunday at Lockhart Stadium, after a five-year career at the professional level, the last three with Miami FC and the Fort Lauderdale Strikers.

"I made the decision to close this chapter in my

life as a professional soccer player," said Kirby. "I want to thank everyone within the organization, all the way from the players, to the front office, to everyone with Traffic Sports. They've all helped me in numerous ways."

"Zach has been a warrior for this organization

and has fought through a lot of injuries," said Strikers Head Coach Daryl Shore. "We commend him for his service to the club, he had a great career and now it's his time to start the next chapter in his life."

Kirby played a total of 36 games with Miami FC and the Strikers between 2009 and 2011.

"It's been a great experience, a lot of people here believed in me and supported me," said Kirby. "The game has made me the person I am today. It's given me the ability to deal with adversity."

Kirby was a member of the Atlanta Silverbacks in 2008, playing 17 games with the club. The Georgia native

was voted "Player of the Year" by the Atlanta fans.

"Being named Player of the Year by the fans in Atlanta was a great honor," said Kirby.

Kirby was drafted in the 2nd round (22nd overall) of the 2007 MLS Supplemental Draft by the Los Angeles Galaxy. He then signed with the Wilmington Hammerheads of the USL Second Division, playing five games at the end of the season.

Kirby played college soccer at Boston University from 2003 to 2006. He was the 2006 America East Defender of the Year, and graduated with a bachelor degree in psychology and business administration.

Serving Boca for over 29 Years

RUBEN'S Barber Shop Inc.

Best Barbers • Best Price

Regular Men's & Teens	\$15 - \$17
Children under 12	\$12 - \$14
Straight edge shaving	
	\$19



**12 Barbers
• Family Oriented**

**OPEN SUNDAY
6 Barber on Sunday**

561-487-2152



**9973 Glades Road - Boca Raton
Shadowood Square Shopping Center
N.E. Corner of Glades & 441
next to Starbucks**

**Open 7 Days a Week
Monday-Friday- 8:30am - 6:54pm
Saturday- 8:00am - 4:45pm
Sunday- 10:00am - 2:45pm**

FAU Football Television Schedule Released

BOCA RATON, FL - The Sun Belt Conference (SBC) recently released the 2011 television schedule for Florida Atlantic University football. Three FAU games will be televised, with one scheduled to air nationally and the other two games to be played on the Sun Belt Network.

FAU's first televised game will be against the Michigan State University Spartans on ESPN/ESPN2 on Saturday, September 10 at 11 a.m. The two games on the Sun Belt Network will air on Saturday, October 8 when FAU plays at the Univer-

sity of North Texas, as well as on Saturday, October 22 when Middle Tennessee State University travels to FAU's new on-campus football stadium in Boca Raton to take on the Owls. The Owls begin their season on Saturday, September 3 against the University of Florida in Gainesville before heading to MSU. FAU will then play at Auburn University on Saturday, September 24 before starting their SBC schedule on Saturday, October 1 at the University of Louisiana.

The SBC also recently named its Pre-Season All-Conference Team. Two

FAU players were selected for the honors, including redshirt senior and defensive back Marcus Bartels, as well as punter Mickey Groody. Bartels will be returning for the second-consecutive year as FAU's leading tackler, and Groody led the SBC last year in average yards per punt (45.17) and opponent's average yards per return (6.37).

The Owls will begin their home schedule on Saturday, October 15 against Western Kentucky University on the opening day of the University's new on-campus stadium. The stadium, a \$70 million

project, is a 30,000-seat open-air stadium, slated to feature 6,000 premium seats, including 24 suites, 26 loge boxes, 1,000 premier club seats and 4,000 priority club seats, and the latest, state-of-the-art amenities.

ORGANO GOLD COFFEE

JAMAICA BLUE MTN. COFFEE

**Full/Part Time
Distributors Needed**

**Territories and
Partnerships
Available**

The Boca Raton Tribune **SPORTS** East/West Boca Raton, FL

Sports Commission awards \$159,000 for events in 2011, 2012



The 22nd Chris Evert/Raymond James Pro-Celebrity Tennis Classic will be held at the Delray Beach Tennis Center Nov. 11-13.

By: Pedro Heizer

The Palm Beach County Sports Commission has awarded \$159,000 in grants for 17 sporting events to take place in Palm Beach County, between November 2011 and June 2012.

These grants encompass a multitude of sports: baseball, golf, karting, lacrosse, rugby, running, and tennis, illustrating Palm Beach County's versatility as a sports tourism destination. These sporting events are expected to provide a significant boost to both Palm Beach County tourism and the local economy. The estimated economic impacts of these events are more than \$60 million in revenue and some 22,000 room nights.

Events include the following:

- Hall-of-Fame tennis player Chris Evert will be hosting the 22nd Chris Evert/Raymond James Pro-Celebrity Tennis Classic at the Delray Beach Tennis Center from November 11-13, 2011. The Classic features two days of

celebrity tennis, a Pro-Am and a Pro-Celebrity Gala.

- The Old Course at Broken Sound in Boca Raton will be the site of the Allianz Championship, taking place February 6-12, 2012. The Allianz Championship, a major event on the Champions PGA Tour, features the top senior golfers in the country. The tournament field consists of 78 champions and tour golfers, competing in a 54-hole stroke play. This event will generate more than \$11 million in revenue and 1,700 room nights.

- The Palm Beach Challenge will take place from February 24 - March 23, 2012 at Santaluces Athletic Complex in Lantana. The Palm Beach Challenge is one of the largest college baseball spring training events in the country. Some 60 collegiate baseball teams will participate. The event will generate over \$2 million in economic impact and over 2,500 room nights.

- The Delray Beach Tennis Center will host the Delray Beach International Tennis Champion-

ships, which consist of an ATP World Tour event and an ATP Champions Tour event, from February 24 to March 4, 2012. The ATP World Tour event is one of only 12 ATP World Tour events in North America. The 9-day tournament is seen nationally and internationally in 169 countries. This event will generate \$5 million in economic impact and more than 1,000 room nights.

- Patch Reef Park in Boca Raton will host The Florida Open International Wheelchair Tennis Championships from April 4-8, 2012. Approximately 200 of the world's best wheelchair tennis players, representing 25 countries will compete.

The USTA Boys' and Girls' 12's National Spring Tennis Championships will take place at the Delray Beach Tennis Center, the Delray Swim & Racquet Club, and the Boca West Country Club from April 8-13, 2012. This youth tennis tournament is the highest-level junior tennis tournament for boys and girls age 12 or younger.

The Boca Raton Tribune
Your Closest Neighbor

RECEIVE THE PAPER from the comfort of your HOME!

www.thebocaratontribune.com

Stay in touch with what's happening in BOCA



Please mail this form and a check to:

P.O. Box 970593 - Boca Raton, FL 33497

Ed 57

Name: _____

Address: _____

City: _____

State, Zip Code: _____

Phone: _____

Email: _____

Start Date: _____ End Date: _____

PAYMENT OPTIONS

Cash Check # Credit Card Invoice

Name of card holder as shown on credit card

Account Number

Type

Make checks payable to The Boca Raton Tribune

Choose your Option

- | | |
|------------------------------------|---------|
| <input type="checkbox"/> 12 issues | \$26.87 |
| <input type="checkbox"/> 24 issues | \$51.19 |
| <input type="checkbox"/> 48 issues | \$97.50 |

**Bring "YOUR CLOSEST NEIGHBOR"
The Boca Raton Tribune home with you.**

United States Women National Soccer team takes physicals at West Boca Medical Center prior to World Cup



From left to right: Heather Mitts, Amy Lepeilbet, Dr. Robert Ullman, Megan Rapinoe, Lori Lindsey

Before the USWNT went to Germany for the Women's World Cup, they were in Boca Raton at the West Boca Medical Center getting their medical clearance, and physicals for the greatest event in the world.

The squad came to West Boca Medical Center on three separate occasions, April 27th, May 3rd and May 4th for their physicals.

casions, April 27th, May 3rd and May 4th for their physicals.

The squad came to West Boca Medical Center on three separate occasions, April 27th, May 3rd and May 4th for physicals leading up to their matches in Germany for the 2011 World Cup.

The women's team was

in Palm Beach County scrimmaging against professional teams when former COO of West Boca Medical Center Larry Coomes was contacted by Hughie O'Malley, the manager of Sports Medicine for United States Soccer Federation who was looking for a local hospital in the area to give the ladies physicals.

The services provided were lab tests, EKG's, echo's and even breakfast. Cardiologist Robert Ullman was the doctor who read the read echo's, and Radiology Manager Debbie Mathaey was the coordinator for the services. O'Malley was so impressed with West Boca Medical Center, that he is considering bringing the men's team to the hospital for their physicals when the next World Cup comes around.

The easy solution for your web and e-mail!



FREE with every domain: See Details

FREE! Photo Album

FREE! Quick Blogcast™

FREE! Hosting with Site Builder

FREE! Personalized Email

FREE! Forwarding / Masking

FREE! 100-Pack Email Forwarding

yourwebeeasy.com

.COMs starting at
\$9.99*!

FREE! Starter Web Page
FREE! "For Sale" Parked Page
FREE! Parked Page w/ Domain
FREE! Total DNS Control
FREE! Change of Registration
FREE! Status Alerts
FREE! Domain Name Locking

\$1.99*
.INFO*
SAVE 90% on
the first truly
global domain!



windstream.
connecting business to business

Complete Voice Business Lines
\$29.99

"No Charge" For Local Toll – (Vero Beach – Key West)
With Worry Free Long Distance \$44.99

All Standard Features Included

BizPac Voice & DSL Solutions
1-9 Complete Voice Lines with High Speed DSL
** Prices Starting at \$99.99**

T1 Business Solutions
Voice Lines & High Speed Dedicated Internet
** Call for Price and Details ~ Too Low to publish **

Many other dedicated voice & data solutions available!
Please Contact us with Any Questions
(954) 218-0116

Hundreds of animals on over 300 wild acres

Lion Country Safari

Family Fun and Adventure!

Enjoy a Safari Adventure in the preserve, then stroll through our 55 acre amusement park with animal encounters, rides, sprayground and exhibits.



\$6.00 OFF
Each Person
In Vehicle

Not valid with any other offer. Present this coupon. Expires 07/31/11

Southern Blvd. 10 miles west of Florida's Turnpike - Tpke. Exit 97 or I-95 to Exit 68
2003 Lion Country Safari Road, West Palm Beach, FL 33470-3976 561-793-1084 www.LionCountrySafari.com



School Supply Drive

Rotary Club Boca West is sponsoring a school supply drive for our community during the month of July and August.

Bring your donations to :

*Boca Raton Tribune office:

399 NW Boca Raton Blvd., # 212
Boca Raton, 33432
561-290-1202

*Picanha Brasil:
22797 State road 7
Boca Raton, 33428
561-488-5737

Backpacks - Loose-leaf notebook paper - Pencils, Pens (black, blue and red)
Colored pencils, Markers - Glue sticks- Plastic rulers - Index cards
Highlighters - Composition notebooks - 3-ring binders
Pocket dividers (assorted colors) - Pencil pouches - Kleenex
Paper towels and hand sanitizer - Scientific calculator



www.rotarybocawest.org

561-288-0077

GOLF
Palm Beach County

**GREAT RATES
NOW AVAILABLE**

Weekdays - 11:30 - \$32
11:30 to 3:00 - \$29
Twilight After 3:00 - \$19

Go to pbcgolf.com and Read the FPC Benefits

For Tee Times Please call 561-482-2868

**TIRED OF BAD
SERVICE FROM
YOUR DRY
CLEANER?**

Bernie's Cleaners
YOUR NUMER ONE DRY CLEANING RESOURCE!

FREE PICK UP & DELIVERY - Call Today

Personalized Attention given to each garment - Household Items - Comforters, Bedspreads, etc - Wedding gowns Cleaned & Preserved - Hand finished shirts - Sweater - Leather - Rugs - Shoes - Expert Alterations - Silks & Linens specialists - Handbags

7300 W. Camino Real
suite #103 Boca Raton, FL - 33433
Phone: (561) 338-7843

8088 West McNab Road
North Lauderdale, FL - 33068
Phone: (954) 726-5530

Mon-Fri 8am - 6:30pm Saturday 8am-4pm Laundry Alterations Dry Cleaning

TRIBUNE of SPORTS

East /West Boca Raton, Highland Beach , Delray Beach FL - July 21 through July 27, 2011 •Year II •Number 057

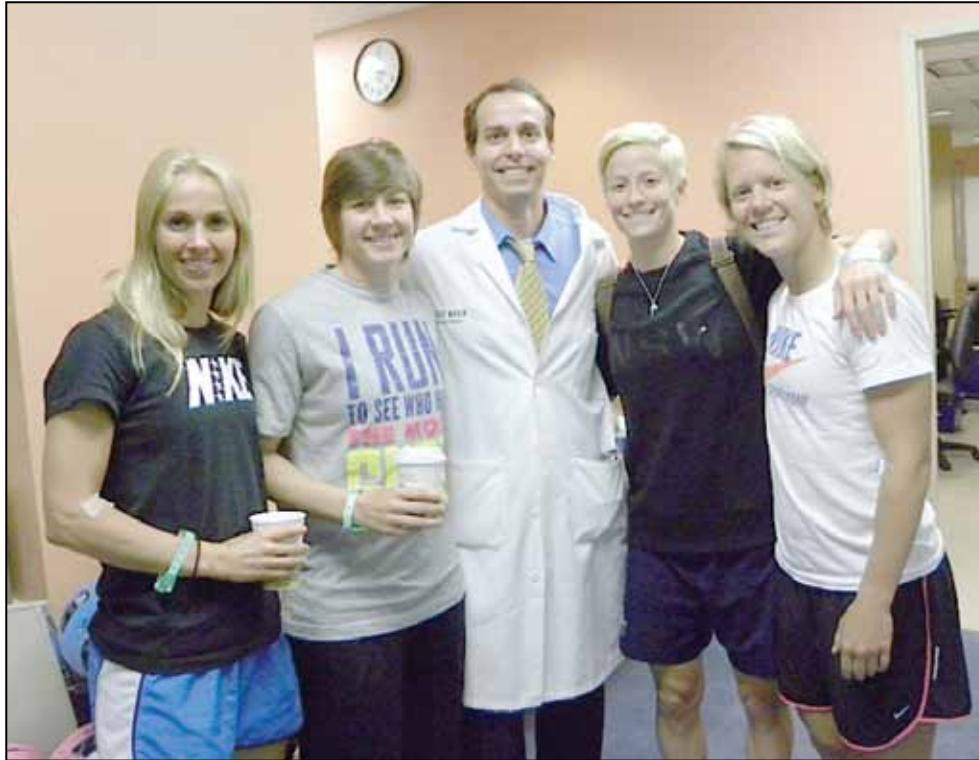
FAU Football Television Schedule Released

The Sun Belt Conference (SBC) recently released the 2011 television schedule for Florida Atlantic University football. Three FAU games will be televised, with one scheduled to air nationally and the other two games to be played on the Sun Belt Network.

See page 28

Zach Kirby Retires From Strikers

See page 28



United States Women National Soccer team takes physicals at West Boca Medical Center

See page 30



Sports Commission awards \$159,000 for events in 2011, 2012

The Palm Beach County Sports Commission has awarded \$159,000 in grants for 17 sporting events to take place in Palm Beach County, between November 2011 and June 2012.

See page 29

561-488-5737



per pound
Salad
Buffet



Caipirinha

Have an authentic Brazilian Barbecue



Brazilian
Food buffet
w/barbecue

Picanha Brazil

from **\$6.99***



Present this coupon at
Picanha Brazil
with your dinner,
and receive a
glass of wine
absolutely
FREE!

22797 State Road 7- Boca Raton, FL 33428
Accept orders for parties.

www.picanhabrazil.net