



A previous Smoke on the Water event in the Fort Myers River Basin area photo provided

Smoke On The Water Returns This Weekend

The 6th annual Smoke on the Water Barbecue Competition and Music Festival will be held in the Fort Myers River Basin area on Friday, April 26 from 6 to 10 p.m. and Saturday, April 27 from 11 a.m. to 10 p.m.

Guests can purchase barbecue from one of the many cook teams from across the South. In addition, patrons can help decide which barbecue cook team will take home People's Choice for the best pork. There will also be local sweets, food and retail vendors. Musical acts including Sheena Brook, Rosaline and The Electric Mud will perform.

Cost is a \$1 per person donation or purchase \$75 VIP tickets for Saturday continued on page 13

Moving Toward Abstract Exhibition



Razzle Dazzle by JoAnn LaPadula images provided

Sidney & Berne Davis Art Center will host an opening night celebration of Moving Toward Abstract, an exhibition by JoAnn LaPadula and Sue Pink, during Art Walk on Friday, May 3 from 6 to 10 p.m. Both artists interpret the world around them into moving, vivid pieces.

LaPadula is an award-winning artist



Pub Door by Sue Pink

who resides in Fort Myers. She is a director and member of Fort Myers Beach Art Association, a member of Alliance for the Arts and the Florida Watercolor Society. Her work has been featured on the cover of the Sand Life Magazine, in Gulfshore Life, and online on exhibit with continued on page 8



Students from Edison Park Creative and Expressive Arts School help plant a tree at Edison and Ford Winter Estates on Arbor Day photo provided

Youth Planting Trees At Estates

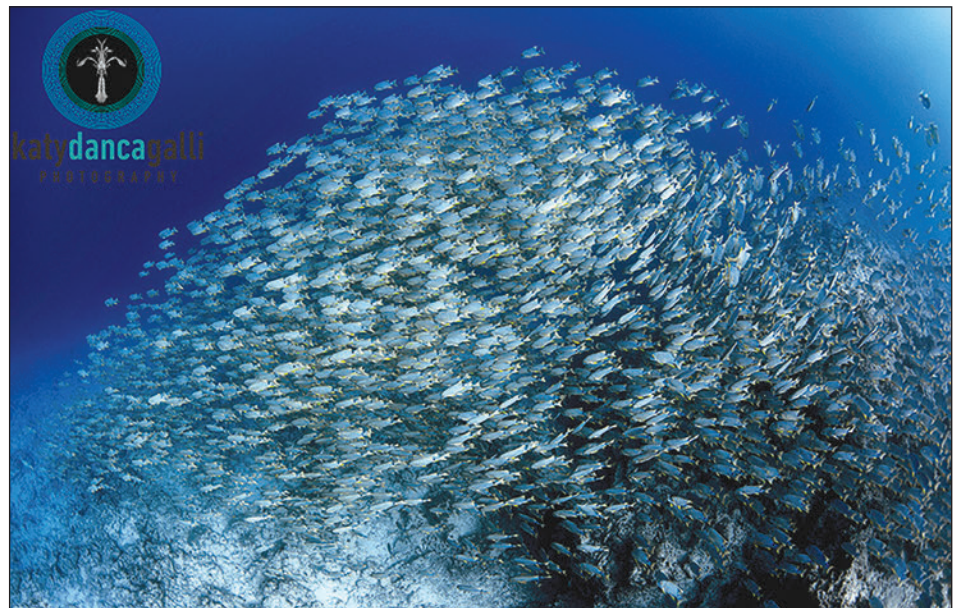
Edison and Ford Winter Estates will hold its annual Arbor Day celebration on Friday, April 26 at 10 a.m. As part of the tradition, students from Edison Park Creative and Expressive Arts School will help plant trees on the historic property. This year, Ms. Tania Slorian's

first grade class will plant two poitea carinalis, or caribwood, trees at the Ford estate entrance gate.

"It's always fun to get the students involved in this event," said Debbie Hughes, senior horticulturist at Edison Ford. "They have been learning about the environment, so this is a great way for them to get hands-on experience."

Many of the trees on the Edison Ford continued on page 23

Opening Reception During Art Walk



Underwater photography by Katy Danca Galli photo provided

Arts for ACT Gallery will hold an opening reception and meet-the-artists session during Art Walk on Friday, May 3 from 6 to 10 p.m. Artwork by underwater photographer artist Katy Danca Galli will be on display in the main gallery, while the gallery co-op artists will have art in the White Gallery. The exhibits

continue until June 3.

Growing up on the west coast of Florida, Galli was grateful to experience the beauty of our blue planet firsthand. At age 10, her mother managed to save \$150 over the course of five months, so she would have the opportunity to visit

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Historic Downtown Fort Myers, Then And Now:

'Girl Escorts' Help Fort Myers Bid Farewell To Edison

by Gerri Reaves, PhD



On February 11, 1932, Fort Myers said goodbye to its most famous citizen, inventor Thomas A. Edison, on what would have been his 85th birthday.

Edison had died the previous October, shortly after visiting Fort Myers for the last time. Despite his ill health, he had made an extra special effort to make that trip so he could dedicate the new bridge named in his honor.

The event held in City (aka Evans) Park was, of course, not a celebration but a memorial service and commemoration of his birthday. Edison's death had evoked nationwide – indeed, international – memorializing.

Fort Myer held various memorial services and joined a lights-out tribute following his death on October 18, 1931, and a service had been held at the Municipal Pier (aka Pleasure Pier), an extension of City Park, near the foot of Heitman Street.

Among the hundreds of people who participated in the 1932 memorial in the park were the 15 women pictured here, usually described as Edison's Girl Escorts.

In the front row, from left, are Virginia Sheppard, Bernice Barfield (respectively, the first and second Queens of Edisonia in 1938 and 1939), Barbara Hendry, Jane Slight, Mary Rogers, Minnie Belle Murray, Georgia Areca Stone, Helen Appleyard and Vivian Mae Hough. In the back row, from left, are Linda Mason, Mary Frances Whisnant, Virginia Fitch, Mary Perry Pollock, Margaret Moran and Helena Powell.

A group of official, or honor, escorts served on special occasions and at most public



Thomas A. Edison's official girl escorts stand in front of the Thomas and Mina Edison monument in City Park on February 11, 1932 as part of the memorial service for the inventor. Pictured are, front row, from left, Virginia Sheppard, Bernice "Berne" Barfield, Barbara Hendry, Jane Slight, Mary Rogers, Minnie Belle Murray, Georgia Areca Stone, Helen Appleyard and Vivian Hough; back row, from left, Linda Mason, Mary Frances Whisnant, Virginia Fitch, Mary Perry Pollock, Margaret Moran and Helena Powell.

photo courtesy Southwest Florida Historical Society



The monument stood near this corner at West First Street and Heitman Street in what was once part of City Park, also called Evans Park

photo by Gerri Reaves

appearances during Thomas and Mina Edison's seasonal residence at their winter home, Seminole Lodge.

The Edison Bridge dedication in October 1931 had been one such occasion. The escorts had also been entertained by Mrs. Edison at Seminole Lodge the previous winter.

Other recent escorts, who had served, for example, at Edison's birthday celebration the previous year, were Elizabeth Roderick, Dorothy Bishop, Alsie Corn, Virginia Harding, Olive Towles, Kathleen Jeffcott, Mary Louise Foxworthy, Elizabeth Sheppard, Janet Fitch, Eula Miller, Lillian Tooke (third Queen of Edisonia in 1940) and Dorothy Bishop.

The job, which implied a special connection to the inventor and his family, was no doubt considered an honor.

During Edison's illness shortly before he died, the escorts who had served on his last birthday sent him a telegram wishing him a speedy recovery and return to his winter home.

From event to event or year to year, the list of escorts varied, but some of the young women in the 1932 photo (typically described in the press as "high school girls") were mainstays. The escorts are standing in front of a monument dedicated less than two years earlier -- on the 50th anniversary of Edison's invention of the first practical incandescent light bulb. The monument was located near the corner of West First Street and Heitman Street in the City Park. (That park extended down to the riverfront.)

Edison's Light Golden Jubilee had been a major nationwide celebration held on October 21, 1929, the actual 50th anniversary of the day the bulb had been successfully tested in 1879. However, Fort Myers delayed its main celebration until Edison's next birthday when the monument could be dedicated to both him and his wife, Mina. The monument consisted of a substantial coral-rock base topped by Art Deco-style ornamentation. A plaque designed by local artist Maurice Kidjel featured both Edisons in profile, the dates 1879 and 1929, and the words, "50, Edison's Light Golden Jubilee." Below were the words, "Erected by the Citizens of Fort Myers."

At the memorial service in the park, the Edison Escorts, school children and representatives of 13 garden groups filed past that monument and placed wreaths of flowers on or near it. Various officials and dignitaries eulogized or spoke, and there were several musical performances.

Today, the Edison monument no longer exists, and the park, now named

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A camper learns to work a taser

photo provided

Respect For Law Camp Enrollment Now Open

Enrollment is now open for the 2019 Respect for Law Camp, sponsored by the Fort Myers Police Department. Campers age 11 to 14 are being sought for the four-day, three-night camping experience. The law enforcement themed camp will be held at Paul Laurence Dunbar Middle School from June 6 to 9.

Activities include SWAT team and K-9 unit demonstrations, emergency vehicle displays, law enforcement training and

drills, dodge ball and more. Children experience the challenges and expectations that come with being a member of law enforcement in a fun and exciting camp atmosphere.

Enrollment fee is \$125 and includes food, lodging, shirts, hats and prizes. Enroll by Tuesday, April 30 and receive an early registration discount of \$110. On-line registration is open, but participation is limited to the first 132 campers. An on-line registration link is available at www.fmpolice.com.

For more information contact Officer Athena Mitchell, youth relations division, at 321-7700 or email amitchell@fmpolice.com.

Dining In The Dark Fundraiser

The Lighthouse of SWFL will hold Dining in the Dark: Bourbon Street Blues to raise much-needed funds for programs serving people with blindness and vision loss at the Collaboratory on Saturday, April 27 from 6 to 9 p.m.

The 9th annual Dining in the Dark event is a unique, sensory awareness, dining experience which gives guests a first-hand glimpse into the challenge of living with blindness and vision impairment.

Throughout the event, guests will listen to music from The Dixielanders jazz band, nibble hors d'oeuvres and dine on New Orleans-inspired gumbo.

There will be opportunities throughout the evening to bid on baskets and silent and live auction items. Proceeds benefit Lighthouse of SWFL.

Tickets are \$125 per person and are available at www.dininginthedarkswfl.com or by calling 997-7797. Gorovoy MD Eye Specialists is the Premier Jazz Sponsor of the event. Other major sponsors include the Southwest Florida Optometric Association and Schlager, Schlager & Levin.

Lighthouse of SWFL is a United Way partner agency serving individuals with blindness and vision impairment in Lee, Glades, and Hendry counties.

The Collaboratory is located at 2031 Jackson Street in downtown Fort Myers. For more information, visit www.lighthouseswfl.org.

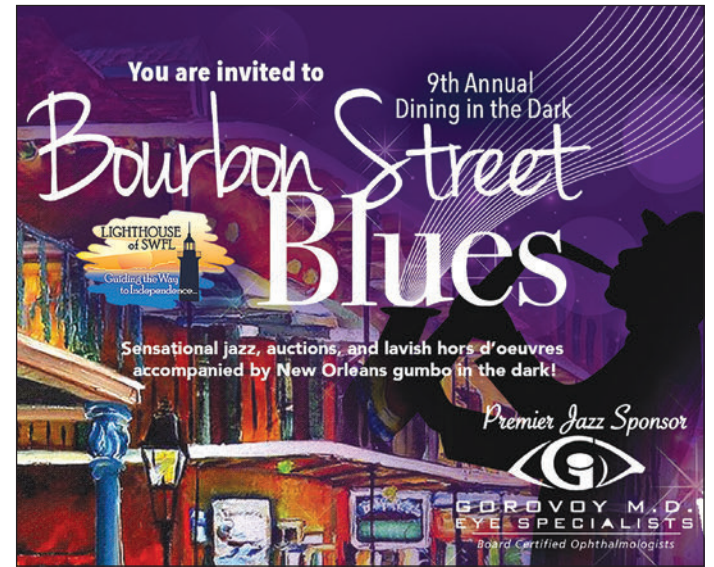


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Symphony To Perform Season Finale

The Southwest Florida Symphony closes its 58th season with flair and a guest violinist of extraordinary stature at Barbara B. Mann Performing Arts Hall with Masterworks V: Fantastique! at FSW on Saturday, April 27 at 7:30 p.m. Maestro Nir Kabaretti's highly popular pre-concert lecture, to better educate audiences about the pieces being performed and often featuring a guest artist question-and-answer session and demonstrations, takes place at 6:30 p.m.



Violinist Giora Schmidt

photo provided

Tickets are between \$25 and \$105 per person.

Masterworks V: Fantastique! is conducted by Maestro Kabaretti, Southwest Florida Symphony's internationally renowned music director, and features Hector Berlioz's famous *Symphonie Fantastique* and contemporary composer Noam Sheriff's compelling piece *Akeda*.

Punctuating the program is Max Bruch's Violin Concerto with guest artist Giora Schmidt, who has performed with the Philadelphia, Cleveland and Atlanta symphonies and Chicago Symphony Orchestras among others.

Barbara B. Mann Performing Arts Hall is located at 13350 FSW Parkway in Fort Myers. For more information and tickets, visit www.swflso.org, drop by the Southwest Florida Symphony Box Office located at 8290 College Parkway, Suite 103 in Fort Myers, call the symphony box office at 418-1500 or purchase tickets at the door, one and a half hours prior to the concert.*



Frida Kahlo by Myra Roberts

images provided

Remarkable Women Highlight New Exhibit

Sanibel-based artist Myra Roberts, much of whose educational work focuses on portraits and/or social commentary issues, is exhibiting a selection of paintings at the Alliance for the Arts from May 3 to 31. Roberts' works are from her new series titled Spokeswoman and will be in the Theatre Gallery. The Member Gallery will display Julie Siler Olander's paintings and the main exhibition hall will host Juxtaposition: Mariapia Malerba and Mila Bridger. An opening reception for the four artists will be held on Friday, May 3 from 5 to 7 p.m. A Conversational Walk and Talk with the Artists is set for Saturday, May 4 at 10 a.m.

Roberts' Spokeswoman paintings feature remarkable women from the



Aretha Franklin by Myra Roberts

U.S. and throughout the world – living and deceased – who represent women's empowerment and/or the ongoing struggle for human rights. Her subjects include Shirley Chisholm, Marjory Stoneman Douglas, Aretha Franklin, Ruth Bader Ginsburg, Audrey Hepburn, Anita Hill, Frida Kahlo, Alexandria Ocasio-Cortez, Nancy Pelosi and Malala Yousafzai.

Roberts has exhibited and lectured at the Sidney & Berne Davis Art Center of Fort Myers; Cab Calloway School of the Arts in Wilmington, Delaware (grant-funded); the Florida Holocaust Museum in St. Petersburg; the Holocaust Museum & Education Center of Southwest Florida; Florida Gulf Coast University and Florida SouthWestern State College.

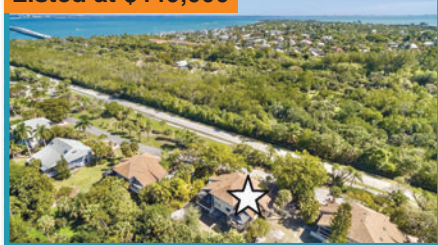
The Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information, visit www.artinlee.org or call 939-2787.*

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Teen Talent Night

Southwest Florida young artists and performers are invited to take part in Teen Talent Night at Sidney & Berne Davis Art Center on Wednesday May 1 from 7 to 9 p.m. Teens age 13 to 17 are invited to enter visual art, dance, film, music, or theater categories for a chance to win cash prizes.

Teen Talent Night is produced by Sidney & Berne Davis Art Center Junior Board and is now in its third year. It has attracted the interest of many of Southwest Florida's brightest young stars. There will be food, music, raffles, and so much more for contestants and attendees. It's free to enter the contest, and only \$5 to attend. Kids age 12 and younger are admitted free of charge.

The Sidney & Berne Davis Art Center established a junior board to provide young adults with an opportunity to gain experience by serving on a nonprofit board. Each year, the junior board is given a budget and tasked with developing events for the community. The junior board meets regularly, plans events and creates an action plan.

This extracurricular initiative serves multiple purposes: it allows junior board members to fulfill volunteer hours required for scholarships; it helps members gain experiences related to teamwork, planning and implementing projects developed; and

it provides the members an opportunity to gain experience serving on a managerial board.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. To learn more about sign up, visit www.sbdac.com/teen-talent-night-2019. For more information, call 333-1933 or visit www.sbdac.com.*

Art League Gallery Reception

The Art League of Fort Myers will hold a gallery reception during Art Walk on Friday, May 3 from 6 to 9 p.m.

The two-show reception titled Beachy Days is a Peoples Choice-awarded show where visitors vote for the first place prize. The artist of the month is Eric Greenblatt.

There will be a free Open Studio on Wednesdays from 9:30 to noon. Members meet to work on their individual projects. The public is invited.

The league's June show has a People's Choice award and is open to the public. Visit www.artleagueoffortmyers.org for the prospectus and details of how and when to enter.

The Art League of Fort Myers is located at 1451 Monroe Street in Fort Myers. For more information, call 275-3970 or visit www.artleagueoffortmyers.org/events.*

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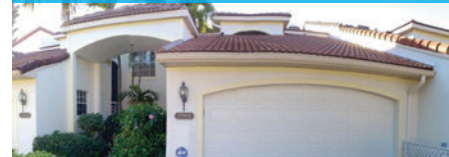
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Fort Myers Art:

World Class Gallery Features Local Artist



by Tom Hall

Internationally renowned artist Marcus Jansen is currently being featured by New River Fine Art in Fort Lauderdale in an exhibit titled Merchants of Babylon. The show runs through May

25, and the exhibition includes 20 works of art created between 2011 and 2019.

"Jansen has been called the cartographer of conflict," said New River owner Lisa Burgess. "His colors, textures and calligraphic marks imbue an intensity and power to his large-scale paintings that render the human figures seen in many of his works as humbled within the chaos of the surrounding imagery."

Jansen, who has a studio in Fort Myers, is no stranger to this type of chaos. A veteran of Desert Storm and Desert Shield, he has seen the ravages of war first hand and the experience left an indelible mark on the artist and informs his work.

"Jansen uses light and color to convey a sense of hope in his post-apocalyptic style landscapes," added gallery director

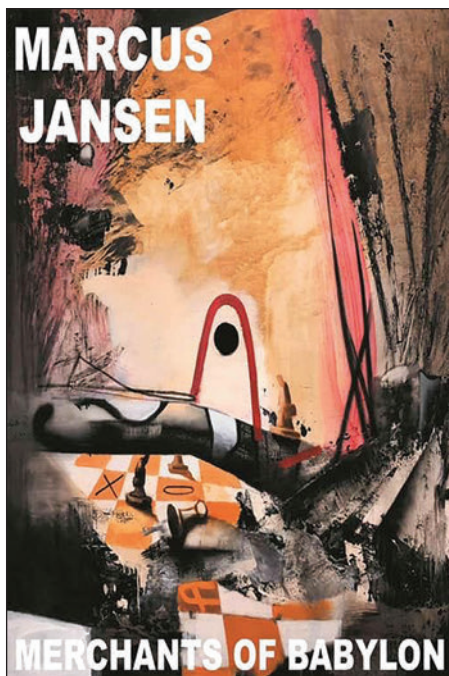


image courtesy www.artswfl.com

Wissam Elghoul. "Despite the turmoil, there is a sense that humanity may prevail."

"A painter's conflict first takes place from within," noted Jansen. "What you see on canvas is the outcome of decisions based on an intellectual and visual combat. I don't see my work as political paintings, rather as critical social commentary opposed to political rhetoric."

Political or not, critics are hailing Marcus Jansen as one of the most

important American painters of our generation. His socially critical paintings and installations have been exhibited in museums in Italy, Germany and the United States.

Jansen's art is rooted in the New York graffiti scene, but years spent in Germany garnered influence from the Expressionists to develop a language that speaks of a world in turmoil with isolation, threat, war, surveillance and greed in competition with innocence, hope and humanity.

A full color exhibition catalog is available.

New River Fine Art is located at 822 East Las Olas Boulevard in Fort Lauderdale. For more information or to schedule interviews with the artist, contact Lisa Burgess at 954-524-2100 or lisa@newriverfineart.com or visit www.newriverfineart.com.

Dramatic Triptych Opens At New Phoenix Theatre On May 2

The Shadow Box by Michael Cristofer opens May 2 at New Phoenix Theatre, located at 13211 McGregor Boulevard in Fort Myers.

In this compelling dramatic triptych, three terminal cancer patients dwell in separate cottages on a hospital's grounds, attended and visited by family and close friends. Although the characters are either living in or visiting a hospice for the terminally ill, *The Shadow Box* is not about death and dying as much as it is about self-realization. That's because to playwright Michael Cristofer's way of thinking, it is necessary to have

an awareness of mortality in order to understand ourselves and how we live.

To explicate this theme, Cristofer focuses on the lives and families of three people who are living with the certainty that their diseases will kill them within a short time. They are forced to evaluate themselves and come to a conclusion about the manner of their existence. There's Agnes and her mother, Felicity. They're not only estranged by Felicity's anger and bitterness over the reality of her impending demise, but by Felicity's dementia. There's garrulous Brian and Beverly, whose marital complications are exacerbated by Brian's new lover, Mark. And there's Joe and his anxious, heartbroken wife, Maggie, who finally finds the support she needs from her husband and their teenage son, Steve.

What comes out from the interactions of these three groups of people is the unerring message that the more honest they are, the more openly they can express their love for one another and the more genuine and immediate their relationships can be. It's only in this way that it becomes easier for the dying to let go of life.

Performances are at 8 p.m. on May 2, 3, 4, 9, 10, 11, 16, 17 and 18, with 2 p.m. matinees on May 5, 12 and 19.

*Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.**

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Register For Lab Theater Summer Camps

The Laboratory Theater of Florida's award-winning education department will be holding a Summer Theater Camp for students age 7 to 17 from June 24 to July 12. The camp runs from 9 a.m. to 4 p.m. each day, and campers will be separated into two age groups.

The teen campers will create and produce *The Wolves* by Sarah DeLappe. They will offer five performances from July 11 to 14. The pre-teen campers will follow a parallel course with a showcase for family and friends on July 12 at 3 p.m.

Summer Theater Camp provides the opportunity to sharpen the budding actor's theatrical skill sets. The camp educators are all teaching and/or theater professionals. Students will be able to learn about and participate in all aspects of creating a theatrical performance. Whether it is on acting on stage, working behind the scenes, creating sets (supervised), or helping with tech, Summer Theater Camp covers it all.

Each day will offer a different intensive lesson. This is a hands-on, interactive camp with theater professionals; a completely immersive experience that has proven to be both successful and enjoyable by previous campers.

Cost is \$150 per week for the entire theatrical experience. Scholarships and sibling discounts are available.

Registration is required.

The Laboratory Theater of Florida is located at 1634 Woodford Avenue in Fort Myers. For registration forms, call 841-4250 or register online at www.laboratorytheaterflorida.com.*

From page 2

Historic Downtown

Centennial Park, no longer extends south of West First, for a bank is now there. However, the monument's plaque is now mounted in a low brick frame at the corner of Main and Heitman.

Learn more about local history by visiting the following two research centers.

The Southwest Florida Historical Society is an all-volunteer, non-profit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m.

It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 or visit www.svflhistoricalsociety.org for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park.

Hours for the volunteer, non-profit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only. For more information, call 332-8778 or visit www.leecountyblackhistorysociety.org.

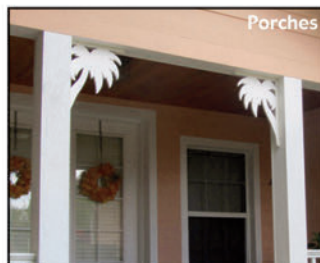
Sources: Archives of the Southwest Florida Historical Society, *The Fort Myers Press*, and *The News-Press*.*



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Guest Conductor Joins Symphony For Rock Fusion

The Southwest Florida Symphony welcomes the return of YouTube sensation, conductor/composer/arranger Steve Hackman to lead its upcoming concert at the Barbara B. Mann Performing Arts Hall in Fort Myers on Saturday, May 4. Happy hour begins at 6:30 p.m., and the concert starts at 7:30 p.m.

The concert is part of the orchestra's continuing effort to advance new musical concepts that incorporate classical composition. Hackman leads the Southwest Florida Symphony in a performance of his arrangements that fuse Beethoven's Symphony No. 3 and the music of iconic British rock band Coldplay. Tickets range from \$25 to \$105. Tickets may be purchased online at www.swflso.org, by calling the symphony box office at 418-1500 or the Barbara B. Mann Hall box office at 481-4849.

In addition to the concert, the symphony will hold a bourbon tasting event, A Fifth of Beethoven, featuring sonically aged Hudson Bourbon on Thursday, May 2 from 7 to 10 p.m. This event takes place at a private home in Downtown Fort Myers. The specific location for A Fifth of Beethoven will be disclosed to ticketholders upon purchase. Two barrels of bourbon will be exposed to the sonic effect of the music



Steve Hackman

of Beethoven and Coldplay, thereby sonically aging each barrel to different soundwaves. Breakthru Beverage Group Distributors has been experimenting with sonic spirit aging with a variety of spirits and musical genres that have produced fascinating results.

In conjunction with the bourbon tasting, this event offers signature cocktails courtesy of Nice Guys Pizza in Cape Coral, light fare, an exclusive meet and greet and entertainment provided by Maestro Hackman on piano. Limited tickets to the symphony's bourbon tasting are available for purchase for \$100 each

by visiting www.swflso.org or by calling the symphony box office at 418-1500.

Each year, the Southwest Florida Symphony presents a series of five Masterworks Concerts featuring great symphonic repertoire from the annals of history through the 21st century and a series of three pops concerts that features a wide variety of musical genres, though this program blends the two.

"This entire Brave New Music initiative is so we can meet our audiences where they are," said Amy Ginsburg, executive director of the Southwest Florida Symphony, "while honoring our mission

photo provided

to present outstanding symphonic music to the broadest possible public."

Ginsburg believes the addition of a bourbon tasting party, would be a "fun and interesting way to learn about how music not only affects people, but the potential enhancing effect it has on other things - like spirits."

For more information on the Southwest Florida Symphony Orchestra, visit www.swflso.org.

Derby Event To Benefit Zonta

The Zonta Club of Fort Myers will hold Run for the Roses at the Crowne Plaza Fort Myers at Bell Tower Shops on Saturday, May 4 from 5 to 8 p.m. The event will feature cash bar, southern fare, games, contests, silent auction, and the greatest two minutes of sports.

Proceeds of Run for the Roses will benefit The Zonta Foundation of Southwest Florida, which supports the empowerment of women in political, economic, social and educational advancement. Suggested attire includes bowties for gentlemen and derby hats for women.

Crowne Plaza Fort Myers at Bell Tower Shops is located at 13051 Bell Tower Drive in Fort Myers. For tickets, visit www.eventbrite.com/e/run-for-the-roses-derby-party-with-zonta-club-of-fort-myers-tickets-57654171178. For silent auction donations, email zontclubfortmyersfl@gmail.com.

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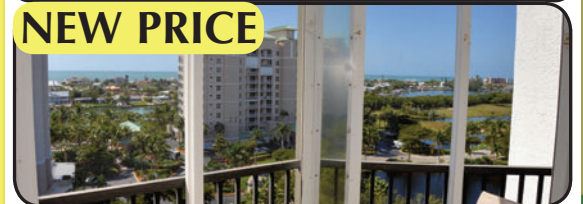


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Along The River

The **Laboratory Theater of Florida** will hold a festival of 10-minute plays this Friday and Saturday, April 26 and 27 at 8 p.m. and this Sunday, April 28 at 2 p.m.

The **Festival of Tens** will showcase the work of five adult students who have studied with Lab Theater playwright Louise Wigglesworth for several years. Melanie Payne, Linda Saether, Candice Sanzari, Patrick Erhardt and Nancy Stetson offer a quick-moving evening of plays that will entertain and provoke thought. Some of the plays have had professional productions and staged readings in other cities; some are in the spotlight for the first time.

The Laboratory Theater of Florida is located at 1634 Woodford Avenue in Fort Myers. For tickets, visit www.brownpapertickets.com or by calling the box office at 218-0481.

The Caloosa Coast Rowing Club's **Experience Rowing** event will be held at **Cape Harbour Marina** this Saturday, April 27 from 8:30 to 11:30 a.m. The free event is open to participants over age 13.

There will be tours of the boatyard, some practice on a rowing machine and then a row out on the water. Rows will last about 10 minutes and go about a half a mile. Expect to spend about an hour total from when you arrive.

Cape Harbour is located at 5828 Cape Harbour Drive in Cape Coral. For more information, visit www.rowccrc.org.



Cape Coral's Touch A Truck 2019 is a family-friendly event

photo courtesy www.facebook.com/capecoraltouchatruck

The Cape Coral **Touch A Truck** 2019 event will be held on **Lafayette Street** between Cape Coral Street and Vincennes Street this Saturday, April 6 from 9 a.m. to 3 p.m.

Touch A Truck is a family-friendly event at which children of all ages can explore and discover a variety of vehicles such as fire trucks, police motorcycles, swamp buggies, ambulances and buses. Participants will receive a truck passport and can

visit designated locations similar to a scavenger hunt for a chance to win a prize. Admission is free.

For more information, visit www.facebook.com/capecoraltouchatruck.

The **Pioneer Club of Lee County** will celebrate the 70th anniversary of its founding at the **Lee Civic Center-Tinsley Pavilion** this Saturday, April 27. Registration and visiting begin at 10 a.m. Lunch will be served at noon, followed by presentations and a raffle at 1 p.m.

The classes of 1969 from Alva High School, Bishop Verot High School, Cypress Lake High School, Dunbar High School, Fort Myers High School and North Fort Myers High School will be recognized at the picnic as celebrating their 50th class reunions. Also recognized at the picnic will be the eldest pioneer man and woman born

in Lee County, the couple married the longest (both spouses need to be in attendance), the pioneer who traveled the longest distance to the picnic and the eldest person in attendance.

Barbecued chicken or pork, baked beans, coleslaw, rolls, chocolate chip cookies and iced tea or lemonade will be available to the attendees for \$10 per plate.

The eligibility requirement for membership is that the person was a resident of Lee County prior to 1969. Email pioneerleecounty@gmail.com to receive registration information or you may register the day of the picnic. There are no membership dues.

Lee Civic Center-Tinsley Pavilion is located at 11831 Bayshore Road in North Fort Myers. For more information, visit www.pioneerclubs.org.

The 7th annual **Race Against Head and Neck Cancer 5K Run/2-Mile Walk** will be held at **Century Link Sports Complex** at Hammond Stadium this Saturday, April 27 at 8 a.m. The race is sponsored by 21st Century CARE.

All of the funds raised will be used locally to provide financial assistance to head and neck cancer patients in need, as well as to conduct head and neck cancer screenings throughout Southwest Florida.

Registration is \$30 for adults (ages 18 and older) and \$20 for youth (ages 17 and younger). Children under the age of five can participate in the event for free. The first 100 people to register will receive a complimentary race T-shirt and gift bag. Refreshments will be provided. There will be awards and chance drawings after the race.

Hammond Stadium is located at 14100 Six Mile Cypress Parkway in Fort Myers. For more information, to register, or to donate, visit www.21stcenturycare.org/event/7th-annual-5k-run-2-mile-walk-to-support-head-neck-cancer-patients or call 936-3756.*

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From page 1

Abstract Exhibition

the Florida Watercolor Society.

"I was not interested so much in the traditional watercolor style, so I attended a few workshops to find my own. I do not consider myself a traditional watercolor artist but would say I am more of a 'colorful' abstract/realist," said LaPadula. "Here in Southwest Florida, I am thrilled to say I was able to find people who have been a great inspiration to me, and I found the support I needed to begin my second career." To view art by LaPadula, visit www.facebook.com/jlapwatercolorswfl.

Pink grew up with a commercial artist and illustrator mother, and a father in the construction business. As such, she was exposed to creativity since she was old enough to hold a crayon. Pink attended schools in Fort Lauderdale. She settled on a cranberry bog near Cape Cod, Massachusetts. During this time, she became interested in and pursued the medium of watercolor. Pink has been awarded signature membership

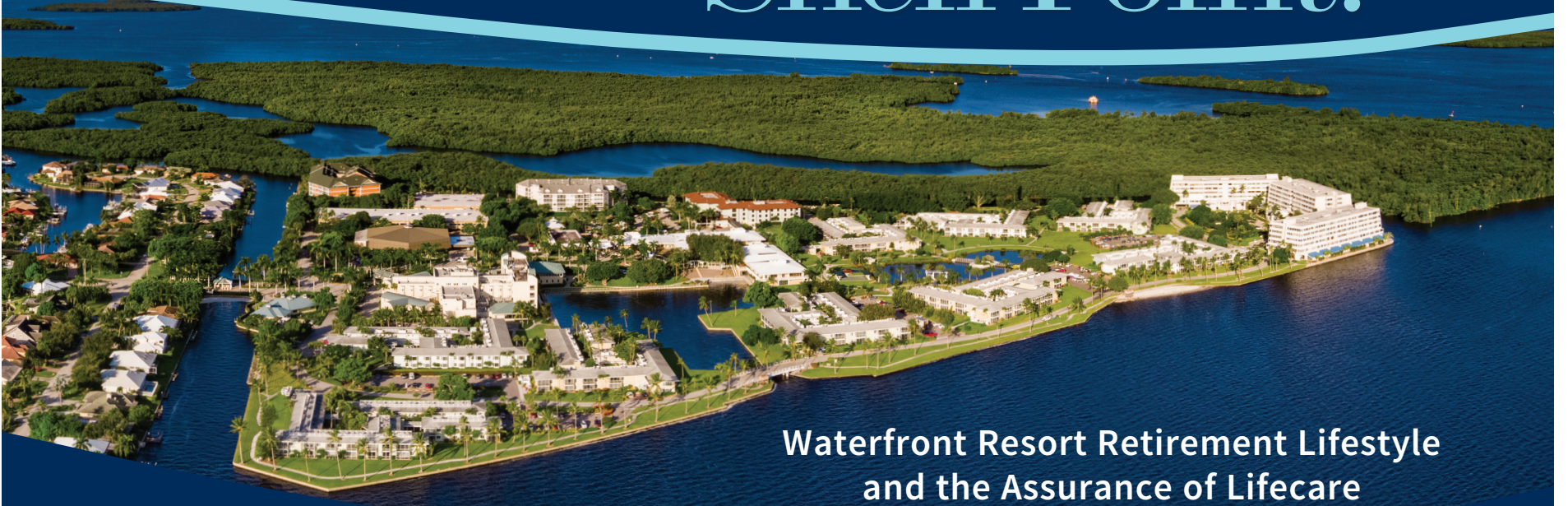
in The American Watercolor Society, National Watercolor Society, Southern Watercolor Society, Florida Watercolor Society, Georgia Watercolor Society, Texas Watercolor Society and Tallahassee Watercolor Society.

Pink currently teaches watercolor and water-media classes, conducts workshops and public demonstrations of her painting technique, is a popular demonstration artist for the Florida Watercolor Society, and conducts gallery talks to instruct the public how to better understand why the winning artworks were chosen. Her artwork has been displayed in over 200 competitive art shows, and she has received over 90 awards for her paintings. She has been published in *Splash 13*, *Splash 14* and *The Artist Touch 6*. To learn more about the artist, visit www.suepink.com.

Cost is a \$1 entry donation. The exhibit closes May 30 at 5 p.m.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. Call the box office at 333-1933 or visit www.sbdac.com for more information.*

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Mike Hingson and Roselle

photo provided

Community Prayer Breakfast On Thursday

Southwest Florida residents are invited to attend the annual Community Prayer Breakfast in observance of the National Day of Prayer at City of Palms Park on Thursday, May 2. The breakfast buffet begins at 6:05 a.m. and will be followed by the program at 7 a.m., emceed

by City of Fort Myers Mayor Randy Henderson.

The national theme this year is Love One Another. Michael Hingson will be the keynote speaker and will inspire attendees with his story of surviving the 9/11 attacks at the World Trade Center with the help of his guide dog, Roselle.

The National Day of Prayer is an annual observance on the first Thursday of May, when individuals of all faiths join together in unified prayer for continued blessings on the nation. Every year, local, state and

federal observances are held from sunrise to sunset across the nation and attract more than two million people. The Fort Myers community has been honoring the National Day of Prayer since the Community Prayer Breakfast's inception in 1988. Local businesses and organizations annually step in to support the event through sponsorships and donations.

"The Community Prayer Breakfast can unite Southwest Florida for one cause," said Rev. Israel Suarez, founder and CEO of Nations Association Charities and a founder of the Community Prayer Breakfast. "We all have different backgrounds, religious

beliefs and political perspectives, but one thing we can agree upon is the need to build a brighter future for our children and grandchildren. Bringing the community together for a day of prayer certainly is a step in the right direction."

The Community Prayer Breakfast is free, but tickets are required. Tickets are available on a first come, first served basis at www.communityprayerbreakfast.com.

City of Palms Park is located at 2201 Edison Avenue in Fort Myers. For more information, email communityprayerbreakfast@yahoo.com or call 989-1154.✪

Grant Received For Pets For Patriots Program

The Gulf Coast Humane Society recently received a \$10,000 grant from the Community Foundation of Collier County. These funds will support the Pets for Patriots program, which provides military veterans the opportunity to adopt shelter animals as support pets.

Support pets can be the most overlooked shelter animals, special needs or long-term shelter animals. These vets are matched up with shelter animals who will provide the needs of the adopter, and vice-versa, making it a beneficial two-way street.

"We have always respected our veterans, and we have seen firsthand the benefits that pets have in their lives," said GCHS executive director Jennifer Galloway. "This grant from the Community Foundation of Collier County will expand this great program to new heights, with both the veterans and shelter animals benefiting from it. We thank the Community Foundation for this opportunity to improve this program."

The Community Foundation of Collier County awards annual grants through a competitive application and review process. Selected organizations receive grant dollars from the Changing Needs Fund., which is made up of donors who believe in the Community Foundation's ability to identify and grant to the most community's most current needs.✪

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION

Service 9, and 11 a.m. Children's RE, Adult Education Forum 10 a.m., www.allfaiths-uc.org, 2756 McGregor Boulevard, 226-0900.

ALL SAINTS BYZANTINE RITE CATHOLIC Sunday 10:30 a.m., 10291 Bayshore Road, 599-4023.

ANNUNCIATION GREEK ORTHODOX Sunday 9 and 10 a.m., www.annunciation.fl.goarch.org, 8210 Cypress Lake Drive, 481-2099.

BAT YAM-TEMPLE OF THE ISLANDS Friday Shabbat at 7 p.m. www.batyam.org, 2050 Periwinkle Way, 579-0296.

BETH SHILOH MESSIANIC SYNAGOGUE Friday 8 p.m., Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

BIBLESHARE 10 a.m. Sunday and 7 p.m. Tuesday, www.simplesimpleworship.com, 7050 Winkler Road, Suite 121, 437-8835.

BREAD OF LIFE MINISTRIES Sunday 10:30 a.m. 16581 McGregor Boulevard, 267-3166.

CHABAD LUBAVITCH ORTHODOX Friday 6:30 p.m., www.chabadswf.org, 5620 Winkler Road, 433-7708.

CHAPEL OF CYPRESS COVE Sunday 10 a.m., www.revtedalhouse@aol.com 10200 Cypress Cove Circle, 850-3943.

CHURCH OF THE CROSS Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

CONGREGATIONAL Sunday 10:30 a.m., www.taecc.com, 1619 Llewellyn Drive, 334-4978.

COVENANT PRESBYTERIAN Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

CYPRESS LAKE BAPTIST Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive,

481-5442.

CYPRESS LAKE PRESBYTERIAN Sunday 8, 9, 10 and 11 a.m. www.clpc.us, 8260 Cypress Lake Drive, 481-3233.

CYPRESS LAKE UNITED METHODIST Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

FAITH FELLOWSHIP WORLD OUTREACH Sunday 10:30 a.m., Thursday 7:30 p.m., Friday 7:30 p.m., 6111 South Pointe Boulevard, 278-3638.

FAITH UNITED METHODIST Sunday 8:45 and 10:30 a.m., 15690 McGregor Boulevard, 482-2030.

FIRST CHURCH OF CHRIST, SCIENTIST Wednesday 12 noon Testimony Service, Sunday 10:30 a.m., www.christiansciencefortmyers.net, www.christianscience.com. 2390 West First Street, 334-6801.

FIRST CHURCH OF THE NAZARENE Sunday 10:30 a.m. and 6 p.m., 13545 American Colony Boulevard, 936-2511.

FIRST UNITED METHODIST CHURCH Sunday 9:30 a.m. and 5:30 p.m. www.fumcftmyers.org, 2466 First Street, 332-1152.

FORT MYERS CHRISTIAN Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST; Sunday 10 a.m., 8210 College Parkway, 482-3133.

FIRST PRESBYTERIAN CHURCH OF FORT MYERS 11 a.m. Sunday, www.fpcfortmyers.org, 2438 Second Street, 239-334-2261

IONA-HOPE EPISCOPAL CONGREGATION Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m., 9650 Gladiolus Drive, 454-4778.

JESUS THE WORKER CATHOLIC Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m., 881 Nuna Avenue, 481-1143.

KINGDOM LIFE

Sunday 10:30 a.m., 2154 McGregor Boulevard, 218-8343.

LAMB OF GOD Sunday 7:45 and 10 a.m., www.lambofgodchurch.net, 19691 Cypress View Drive, 267-3525.

NEW BEGINNINGS CENTER Friday 6:30 and 7 p.m. nbcministry@embarqmail.com, facebook.com/nbcministry, 8505 Jenny Cae Lane, 656-0416.

NEW COVENANT EYES Monthly 9 a.m., www.newcovenanteyes.com, 1900 Park Meadows Drive, 220-8519.

NEW HOPE BAPTIST Sunday 11 a.m.; Wednesday 7 p.m. 16120 San Carlos Boulevard, Unit 10, 985-8503.

NEW HOPE PRESBYTERIAN Sunday 8, 9:30 and 11 a.m., www.newhopefortmyers.org, 10051 Plantation Road, 274-1230.

PEACE COMMUNITY Sunday 10:30 a.m. www.peacecommunitychurch.com, 17671 Pine Ridge Road, 267-7400.

PEACE LUTHERAN Sunday 8 and 10 a.m., www.peaceftmyers.com, peace@peaceftmyers.com. 15840 McGregor Boulevard, 437-2599.

REDEEMER LUTHERAN Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.

RIVER OF LIFE ASSEMBLY OF GOD 8, 9:45 and 11:30 a.m., 21580 River Ranch Road, 495-0400.

SAMUDRABADRA BUDDHIST CENTER Meditation classes. www.MeditationInFortMyers.org, 567-9739.

SAINT COLUMBKILLE CATHOLIC Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m., 12171 Iona Road, 489-3973.

ST. FRANCIS XAVIER CATHOLIC Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 2157 Cleveland

Avenue, 334-2161.

SAINT JOHN THE APOSTLE METROPOLITAN

Sunday 10 a.m., 3049 McGregor Boulevard, 344-0012.

SAINT MICHAEL LUTHERAN Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m., 3595 Broadway, 939-1218.

SAINT NICHOLAS MONASTERY Sunday 9:30 a.m., www.saintnicholasmonastery.org, 111 Evergreen Road, 997-2847.

ST. VINCENT DE PAUL CATHOLIC Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m., 13031 Palm Beach Boulevard, 693-0818.

SOUTHWEST BAPTIST Sunday 11 a.m.; Wednesday 6 p.m., 16940 McGregor Boulevard, 454-3336.

TEMPLE BETHEL SYNAGOGUE Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m., www.templebethel.com, 16225 Winkler Road, 433-0018.

TEMPLE JUDEA (CONSERVATIVE) Friday 6:30 p.m. and Saturday 9 a.m., www.tjswfl.org, 14486 A&W Bulb Road, 433-0201.

THE NEW CHURCH Sunday 11 a.m., www.newchurchflorida.com, 10811 Sunset Plaza Circle #401, 481-5535.

UNITARIAN UNIVERSALIST Sunday 10:30 a.m., www.uucfm.org, 13411 Shire Lane, 561-2700.

UNITY OF FORT MYERS Sunday 10 a.m., www.unityoffortmyers.org, 11120 Ranchette Road, 278-1511.

WESTMINSTER PRESBYTERIAN CHURCH Sunday 9:30 and 10:45 a.m., 9065 Ligon Court, 481-2125.

WORD OF LIFE Sunday 10 a.m., Wednesday 7 p.m., 2120 Collier Avenue, 274-8881.

ZION LUTHERAN Sunday 8, 9:30 and 10:45 a.m., www.zionfm.org, 7401 Winkler Road, 481-4040.✪

CROW Case Of The Week:

Nine-Banded Armadillo

by Bob Petcher



The nine-banded armadillo (*Dasypodidae*) is found mostly in the southern part of the country or south of the border, but its range has expanded to some central U.S. states. They do prefer warmth and wet climates and reside in habitats that have trees or grassland.

While there are approximately 20 species of armadillo that exist in the world, the nine-banded armadillo is the only one that resides in the U.S. All other species reside in Central and South America.

Armadillo is Spanish for "little armored one," which relates to the armor-like plates on its shell. Its large, pointed head has a long snout and pointy ears. Its short, strong legs have sharp claws that come in handy when digging burrows.

Unlike its cousin, the three-banded armadillo, the nine-banded armadillo cannot roll into a ball. It protects itself by digging a hole to shelter its soft underbelly and relies on its armor covering the rest of its body to shield predators.

Interestingly, a nine-banded armadillo is able to hold its breath under water for nearly six minutes. It can either swim with its weighted armor or plod along the river's bottom to get to the other side. In fact, to aid in its swimming capacity, it has the ability to inflate its intestines.

When a nine-banded armadillo is startled, it has been known to jump straight up in the air before running away. This act can cause it to be struck by a vehicle or wedged into a vehicle body part.

At CROW, an adult nine-banded armadillo was



Patient #19-1211 succumbed to its injuries after being struck by a vehicle

photo by Brian Bohlman

admitted from Lehigh Acres after being hit by a car and becoming lodged within its radiator. An initial examination by veterinarians showed abrasions across the patient's dorsum (back) and a significant open wound through the bands right of its midline.

Additionally, veterinarians noted the armadillo's body condition to be plump, meaning it was very overweight/

obese. X-rays revealed the armadillo also suffered a fractured pelvis and fractured ribs.

CROW medical staff bandaged the wounds and commented that fractured ribs usually heal with strict cage rest for a period of time. Injuries to the pelvic region require surgery, however.

"In many cases where mammals fracture their pelvis, we can stabilize the fractures using plates and screws," said Dr. Kyle Abbott, CROW veterinary intern. "In the case of smaller animals, strict cage rest for a couple months can be used to heal the fractures. In the armadillo's case, surgery was not an option due to his shell blocking surgical access."

After staff flushed the wounds, an attempt was made to suture the bands back together, but due to the armadillo's excess weight creating tension, the sutures failed. Surgery was performed the following day in which a more rigid method was used to close the wound.

"The more rigid fixation involved drilling holes into the armadillo's bony carapace and then threading suture through these holes to bring the wound together," said Dr. Abbott.

However, the injuries were quite extensive, especially the large open wound and not enough blood flowing to the tissues.

"Unfortunately, the carapace wound of the armadillo began to have extensive tissue death, called necrosis. The necrosis was secondary to the extensive trauma the soft tissues received resulting in poor blood supply to these tissues," said Dr. Abbott. "This made the armadillo's prognosis for recovery very poor, and it was humanely euthanized."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

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Yet Another Windy April



by Capt. Matt Mitchell

April always seems to play out as one of the windiest months of the year. This month brings constantly changing wind direction to deal with on a daily basis plus common

late cold fronts with winds often strong enough to keep everyone off the water. It's a frustrating time for anglers as we all want to tarpon fish, yet most days it's just too windy and rough to make that an option even though the tarpon are here.

Snook remained my main target species most days this week. Even though we were successful, my guide buddies are all rubbing their heads with these fish. I cannot remember a year that, in late April, our snook had not crossed the sound to the passes in huge numbers. Our annual snook spawn should be well underway. After a longer colder winter than normal, our water temperatures are now in the high 70s to low 80s. This week's full moon should be what it takes for them to make this transition.

Catching snook did not come that easy for us this week, though with some work and perseverance we managed right around double digit numbers all

week long. Most trips played out the same way with my clients catching quite a few in the mid-20-inch range then having at least one or two shots a trip at landing a much larger one. One very memorable lost fish we had this week brought us all the way to the back of the boat. On the first run, this rocket took off 50 yards of line and never jumped before being turned. Once the roughly 40-inch fish was laid up close to the surface by the stern of the boat, I was confident the battle was over. In the few seconds it took me to grab the landing net, this fish got a second wind and ran under the boat and back to the trees before the angler could get the rod around the bow to put any pressure back on the fish. This brief few seconds was all it took for it to part ways.

Spanish mackerel fishing provided good action close to home with a great bite going on between St. James City and the powerlines. Diving pelicans and lots of small bait fish made this action easy to locate. Rigging up with a short piece of single strand wire assured us that these sharp fish would stay hooked up. Throwing handfuls of live shiners while anchored up, we had mackerel feeding right next to the boat. Seeing how many guide boats were anchored up doing this same fishing is a sure sign that there wasn't many options in the wind.

*Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.**



Nick Basilio from Pennsylvania with his personal best snook this season, a 32-incher that was caught and released with Capt. Matt Mitchell photo provided

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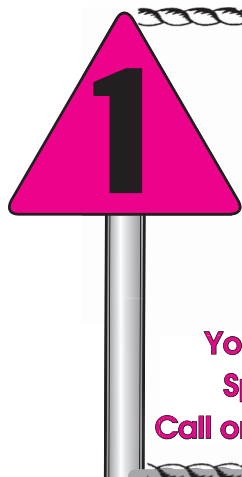
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Dave Doane



Edison Park Elementary students receiving fire prevention tips photo provided

Elementary Students Receive Fire Education

McGriff Insurance Services recently partnered with The Hartford and the City of Fort Myers Fire Department to deliver The Hartford Junior Fire Marshal Program to kindergarten, first and second-grade students at Edison Park Elementary School.

The Hartford Junior Fire Marshal Program is designed to teach children the basics of fire prevention and safety – turning everyday kids into everyday heroes. Since the program's start in

1947, more than 110 million junior fire marshals have been deputized with the help of its partners who include teachers and parents, as well as local companies and fire officials. Together they further the program's mission to prevent fires, save lives and help kids, families and communities through fire safety education.

"McGriff Insurance Services was happy to have the opportunity to collaborate with The Hartford and downtown fire department to bring fire education to local students," said Stacey T. Mercado, marketing/sales development specialist and blue chip coordinator at McGriff Insurance Services. "It's important to bring this program to young students so they know how to react and stay safe in an emergency situation such as a fire."*

Digital Media College Credit Certification

Students interested in the digital arts will soon have the opportunity to earn a college credit certificate (CCC) in Digital Media at Florida SouthWestern State College (FSW) beginning in the 2019 fall term.

The certificate prepares students for entry-level employment in the digital media field. The 15-credit hour program can be completed on its own or as part of an associate in arts degree.

"The Digital Media CCC is a very versatile certificate," said Dana Roes, professor, FSW School of Arts, Humanities and Social Sciences. "The program will offer advanced digital arts, digital animation, web design, graphic design, sound mixing and, next year, we will introduce videogame design."

Students will train in a new, state-of-the-art Mac lab using Adobe Creative Suite programs including Photoshop, InDesign and Illustrator.

"Digital media is used in almost every field, and it is seeing strong growth in the medical industry as automation continues to increase," Roes said. "The certificate will provide a foot in the door for those interested in this field."

FSW is located at 8099 College

Parkway in Fort Myers. For more information, contact the FSW School of Arts, Humanities and Social Sciences at 433-6973.*

From page 1

Smoke On Water

which include a covered picnic area near the stage, one meal, three drink tickets, private porto-potty/bathroom and a T-shirt.

Smoke on the Water Barbecue Competition and Music Festival is a Florida BBQ Association Sanctioned Competition. It includes professional teams from across the southeast who vie for the Grand Champion title. As a sanctioned contest, Smoke on the Water is a qualifier for the Jack Daniels Invitational Draw and the FBA's new championship contest, the Sonny's Smokin' Showdown Invitational.

Sponsors include: Galeana Chrysler Dodge Jeep Ram, *The News-Press*, Suncoast Beverage, Cat Country 107.1, 95.3 OLZ, BergHoff, Advance Solar and Spa, Inc, Courtyard by Marriott Fort Myers Cape Coral, The Beaches of Fort Myers & Sanibel, Kelleher Law Firm and the City of Fort Myers.

The Fort Myers River Basin area is located in downtown Fort Myers. For more information, visit www.sbdac.com/smoke-on-the-water-fort-myers or call 333-1933.*

Digital Lee Exhibition And Awards Show

Lee County students will show off their artistic abilities during the opening celebration of Digital Lee at the Sidney & Berne Davis Art Center on Friday, May 3 from 6 to 10 p.m.

Digital Lee is a year-end showcase that highlights the very best designs of the school year from participating middle, high and post-secondary schools in Lee County. Students in graphic design, web design, animation, digital photo and publication (CTE) programs have been invited to submit digital artwork that they created using industry-standard software and techniques. Selected works will be part of the opening night celebration, and awards will be given for excellence in each discipline on Friday, May 10.

The goal of the showcase is to bridge the gap between education and industry, providing opportunities for students to gain internships, jobs and other design+technology experience that will enrich their futures and build the community.



Submissions from a previous Digital Lee event photo provided

There is a \$1 entry donation for the opening night celebration. The awards ceremony honoring this year's exhibition winners is free to attend. The show closes on May 29.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers.*

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Tree Wood Slabs For Sale At Estates

Wood slabs from mango and shaving brush trees are available for purchase at Edison and Ford Winter Estates. With very unique patterns and rich colors, the wood of both trees is valuable to furniture makers and woodworkers. The large slabs could be used for table tops, bars or even benches.

Both trees were old and had been declining in health. The mango is believed to be one of the original trees that was growing on the Ford property when Henry Ford owned his estate and is probably at least 90 years old. The shaving brush was likely planted within the last 40 years and is a rare tree, so wood slabs are not readily available.

The mango slabs range in length from 49 to 71 inches and width from 21 to 44 inches. The shaving brush slabs range from 64 to 69 inches long and from 13 to 44 inches wide. The wood is priced at \$25 per board foot for the mango and \$30 per board foot for the shaving brush.

To purchase wood or make an appointment to view the slabs, contact Sherri Muske at smuske@edisonford.org or call 335-3677.✱



Large wood slabs of mango and shaving brush trees are available at Edison and Ford Winter Estates

photo provided

County To Seek Acquisition Of Four Parcels

The Lee Board of County Commissioners recently authorized staff to pursue acquisition of four properties, totaling 401 acres, for the Conservation 20/20 program. All parcels are all infill parcels adjacent to existing parks/preserves.

The parcels are:

Nomination 068-3 – 122.5 acres west of Lee County's Pinewood Trails Park, and north of the Charlotte Harbor Preserve State Park.

Nomination 572- 97.52 acres and Nomination 580 – 174.93 acres located in Alva south of the Conservation 20/20 Bob Janes Preserve and west of

Caloosahatchee Regional Park.

Nomination 578 – 6.17 acres south of the Conservation 20/20 Pine Lake Preserve within the City of Bonita Springs east of Kent Road, north of the Bonita Springs Nature Place and Kehl Canal.

The Conservation Land Acquisition and Stewardship Advisory Committee (CLASAC) in March unanimously recommended these parcels move forward for acquisition.

Conservation 20/20, which has preserved more than 28,900 acres since its inception, is Lee County's environmental acquisition and management program. Conservation lands help the county protect drinking water, enhance water quality, provide nature-based recreational opportunities, protect areas from flooding and provide wildlife habitat.

For more information, visit www.conservation2020.org.✱

Plant Smart

Washington Palm

by Gerri Reaves

The towering Washington palm (*Washingtonia robusta*) is a native of the desert mountain valleys and canyons of Sonora and Baja Mexico.

Also called Mexican fan palm, it was first imported into Florida in the 1920s and since then has been widely planted, often in stately rows near tall buildings.

But maybe this palm – named for George Washington, incidentally, – has been appreciated a little too much, for in 2003, it was added to the Florida Exotic Pest Plant Council's (FLEPPC) list of category-II invasive plants.

The FLEPPC defines category II species as "invasive exotics [that] have increased in abundance or frequency but have not yet altered Florida plant communities to the extent shown by category-I species." Furthermore, they are eligible for reclassification to category I if "ecological damage is demonstrated."

Miami-Dade County, however, has taken the precaution of classifying it as a "controlled landscape plant" and prohibits its planting within 500 feet of native plant communities because of its invasive potential.

When choosing palms for your landscape, consider that this species is more likely to snap or topple over in high winds than some other palms, particularly native ones. Washington palm is also susceptible to nutritional deficiencies and a number of diseases that can be fatal.

This fast grower and can reach a height of 100 feet but rarely does in Florida because of a vulnerability to lightning strikes. It is not suitable for small landscapes.

The fan-shaped accordion-pleated leaves measure three to five feet across and have drooping tips. The petioles are four to six feet long and lined with sharp teeth.

The tree tends to retain old leaves, forming a "thatch skirt" that most homeowners remove for aesthetic, rat-control and fire-safety purposes. The skirt inspires another common name, petticoat palm.

However, once it reaches about 30 feet tall, it typically begins to drop the old leaves, thus reducing maintenance.

The straight trunk is reddish brown and, in some cases, retains the leaf bases, or



Non-native Washington fan palm's great height renders it vulnerable to lightning

photo by Gerri Reaves

"boots," that create a crisscross effect.

In spring, branched clusters of small white bisexual flowers appear. They are followed by small black oval fruit.

Birds increase the palm's invasive potential by eating the fruit and spreading the seeds. There is dispute about whether the fruit and terminal buds are edible for humans.

Long cottony fibers that trail from the crown inspire yet another name, cotton palm. This tree has moderate salt tolerance and does best if planted in full sun and allowed to dry out between waterings. Too much moisture for this desert palm can result in butt rot or other diseases.

Sources: *500 Plants of South Florida* by Julia F. Morton; *Florida Landscape Plants* by John V. Watkins and Thomas J. Sheehan; *Florida, My Eden* by Frederic B. Stresau; *A Handbook of Landscape Palms* by Jan Allyn; www.edis.ifas.ufl.edu; www.floridata.com; www.palmpedia.net; and www.south-florida-plant-guide.com.

Plant Smart explores the diverse flora of South Florida.✱

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County Approves Beach Preserve Renovations

The Lee Board of County Commissioners recently approved spending Tourist Development Tax revenues to replace elevated boardwalks, the paddle craft landing and the pavilion at Matanzas Pass Preserve on Fort Myers Beach.

The Matanzas Pass Preserve has about 1.25 miles of trails that wind through the canopies of mangroves and maritime hammocks in an undeveloped, protected area of the island. This bayside preserve situated within the boundaries of the

Town of Fort Myers Beach offers visitors opportunities to observe wildlife and native plants. The boardwalk is in need of replacement to allow continued public access and to be compliant with the Americans with Disabilities Act.

The \$1.1 million funding request for the project was approved out of the typical cycle for Tourist Development Tax projects so that the work could begin in September and be completed in about six months.

The Tourist Development Council in March recommended funding the request.

Matanzas Pass Preserve is nearly 60-acres of unspoiled sanctuary located at 199 Bay Road on Fort Myers Beach. For more information, visit www.leeparks.org.✱



Emily Bassett with Lauren McFaul

photo by Mass Communication Specialist 3rd Class Sean Elliott

Local Navy Machinist Earns Officer Status

U.S. Navy Machinist's Mate (Nuclear) 2nd Class Laren McFaul of Fort Myers recently received a certificate of appointment to petty officer

second class from Cmdr. Emily Bassett, Ford's reactor officer, during an awards-at-quarters ceremony in the ship's reactor training classroom.

McFaul is assigned to USS Gerald R. Ford's (CVN 78) reactor department. Ford is currently undergoing its post-shakedown availability at Huntington Ingalls Industries-Newport News Shipbuilding.✪

Hodges University Names Liaison

Michelle Zamniak has been named partnership development liaison at Hodges University.

In this position, Zamniak is responsible for enhancing existing community partnerships and developing new ones for the university. She is



Michelle Zamniak

working with several constituencies in the Southwest Florida region, including area high schools, corporations, governmental agencies and higher education institutions to develop partnerships and articulation agreements.

Zamniak brings over 20 years of expertise in the areas of management in non-profits and education institutions. While at Hodges University, she has held positions as community relations manager and, most recently, director of student success. Prior to joining Hodges University, she was the senior coordinator of retention and student success within the School of Business & Technology at Florida SouthWestern State College.✪

Promotion At Hodges University

Noah Lamb has been promoted to assistant vice president of student financial services at Hodges University.

In this position, he directs all operations of student financial services, including financial aid, veteran's services, auxiliary operations and accounts receivable. Prior to his promotion, he was the director of student account services and auxiliary operations at Hodges University. Before joining Hodges University in 2015, he was the senior



Noah Lamb

budget analyst for Marshall University in Huntington, West Virginia.

Lamb has nearly 12 years of expertise in the area of higher education finance. He earned a bachelor of arts degree in business and organizational leadership from Marshall University. He also earned his professional certification in business management and administration from the University of Kentucky in Lexington, Kentucky, and his master of arts degree in administrative leadership studies from Marshall University Graduate College in South Charleston, West Virginia.

Lamb is also active in several organizations, including the Florida Association of Student Financial Aid Administrators, the Florida Association of Bursar & Student Account Administrators, the Southern Association of College and University Business Officers, the National Association of Colleges and University Business Officers and the National Association of Student Financial Aid Administrators.✪



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Will Power

Beneficiary Or Trustee



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

When going over your estate plan, it's easy to get lost in the jargon. This occurred to me recently during a meeting with a client, Patricia, who was upset that one of her sons was not listed in her documents as a successor trustee.

I was befuddled since this very same client told me how irresponsible this son was. In fact, I distinctly remembered the client saying that she didn't want this son to have any control over the client's bank or brokerage accounts. So I first confirmed with her that we were talking about the same person.

"Well, yes," Patricia answered, "I don't want him to control any of my money, at least while I'm alive."

"So why are you upset that he is not going to serve as your trustee?" I asked.

"Because I still want to treat all my children equally!"

This is where I explain that being a trustee is not an honor, nor does it bestow any more of a beneficial interest on the person acting as trustee. Instead, acting as a trustee is a job. It is laden with a lot of responsibility.

Whoever serves as your successor trustee must have the ability to interact with your financial advisors to determine what your asset mix should consist of. In fact, your trustee is held to the prudent investor standard under Florida law. Violating that standard could lead to a lawsuit where the other beneficiaries of the trust recover damages against the trustee.

If stocks or bonds need to be sold in order to have cash to pay for in-home nursing care or other convalescent care expenses, your trustee is the one who makes decisions which assets should be sold to do that. If you need to move out of your home for care, then the family member that you have named as your trustee will have to decide whether to continue to have your finances continue to carry the expenses associated with owning the home or whether it would be prudent to sell it.

These are not easy decisions.

Your trustee will file your tax returns. He or she will interact with your CPA as well as your attorney when deciding legal matters associated with your estate. When you die, your trustee will have a fiduciary duty to your creditors, taxing authorities and the other beneficiaries. If your trustee violates these fiduciary duties, then he or she can be held liable, and have to pay an attorney out of their own pocket to defend the claims or to satisfy any judgments if they are deemed to have acted negligently.

Just because someone is a trustee does not mean that the amount they are entitled to as a beneficiary will change. If Cynthia is a 25 percent beneficiary of the estate, she does not receive any additional beneficial interest when acting as the trustee.

Cynthia may get reimbursed for her out of pocket expenses associated with fulfilling her trustee duties, such as air fare, car rental, hotel expenses, overnight express charges and the like. She will also be entitled to take a trustee's fee for her time. The fee that she takes is usually well earned, and is taxed as ordinary income much like a CPA's or attorney's fees would be taxed to them as ordinary income.

Many family members graciously perform their duties without taking a fee. More often than not, his or her siblings will not appreciate it and expect the child you have selected to act as trustee to do it all for free even though the duties can be enormously burdensome.

It is therefore vitally important when naming a trustee that you select someone who will devote the requisite time and attention to these important matters, and will be comfortable interacting with your professionals. Someone who is confident, diligent and detail oriented makes for a fine trustee. They don't necessarily have to have any background in law, accounting or taxes. So long as they know how to interact with your team of professionals, it usually works out fine.

As you can see, it really isn't a matter of being fair to one child or another. I would go so far as to say that not only have you not bestowed an honor upon the family member that you select as your trustee, rather you have handed them a job. A big job, at that.

So don't worry about being equal. Select the family member who is the most likely to do the job right.

To make sure you've selected the proper trustee, visit www.estateprograms.com/selectingyourtrustee for a complimentary copy of my book on the matter.

©2019 Craig R. Hersch. Learn more at www.sbslaw.com.✪

Keynote Speaker For Technology Awards

Ann E. Joyce, chief customer officer and executive vice president of technology, supply chain and field operations at Chico's FAS will be the keynote speaker at the 11th annual Technology Awards Dinner at The Club at Grandezza on Thursday, May 16 from 6 to 9 p.m.

The awards are presented by the Southwest Florida Regional Technology Partnership (SWFRTP). Awards event sponsorships are available for companies wanting their brand in front of the technology business and education community.

Joyce will be joined on stage by Chico's executives Laura Loughran, senior vice president of omni-channel sales, and Russell Prentice, vice president of global applications. The theme of the presentation will be an exploration of the modern day customer experience. WINK-TV News Anchor Lindsey Sablan will be the emcee of the SWFRTP awards.

Awards will be presented in the following categories: Innovation Award, recognizing technical achievement by a Southwest Florida technology company; Transformation Award, highlighting the use of technology in government, nonprofit, or companies outside the technology sector to address a business or operational challenge; Technology Woman of the Year Award, which honors the accomplishments of a Southwest Florida woman in a technology role and her commitment to diversity in science, technology, engineering and mathematics (STEM) fields; Partnership Award, honoring a SWFRTP member



Ann E. Joyce photo provided

who has truly forwarded the mission of the organization; Technology Student Award, honoring a high school or college student planning to pursue higher education or career in a technology field.

The awards event brings together technology leaders, professionals and students from across industry sectors to collaborate, engage and enjoy an evening of networking and celebration as well as hear from dynamic keynote speakers. The evening highlights the accomplishments of SWFRTP, it's vision for the upcoming year and the organization's impact on the community.

Tickets can be purchased at www.swfrtp.org.

The Club at Grandezza is located at 11481 Grande Oaks Boulevard in Estero. For more information, visit www.facebook.com/events/30986409733168.✪

Housing Authority Commissioner Named

The Housing Authority of the City of Fort Myers (HACFM) has appointed Richard Fain to its board of commissioners.

A Fort Myers native, Fain is a commercial lender and senior vice president of Lake Michigan Credit Union and has 24 years of banking experience. He grew up in the City of Fort Myers' Dunbar community and, after graduating from North Fort Myers High School, attended the University of Florida on an academic sports scholarship, playing four years for the Gators football team and graduating with a bachelor's degree in exercise and sport sciences. Fain then went on to play professionally in the NFL for the Cincinnati Bengals, Phoenix Cardinals and Chicago Bears. He is a Dale Carnegie graduate of effective communications and human relations and has completed Omega Commercial Credit Training.

Fain has served as a board member for the Boys & Girls Clubs of Lee County and as board chairman for AMIkids Southwest Florida.

Appointed by the mayor of the City of Fort Myers, the board serves as the governing officers of HACFM. Through formal adoption of policy, they ensure the authority's purpose and accompanying responsibilities are carried out in as efficient and economical a manner as possible.



Richard Fain photo provided

The seven board members volunteer their services to the authority. Commissioners ensure the authority operates within the law and according to the U.S. Department of Housing and Urban Development regulations.

"The Board of Commissioners and I are extremely excited to welcome Richard Fain to the HACFM Board," said Marcia Davis, executive director of the Housing Authority of the City of Fort Myers. "We look forward to having Richard's knowledge and expertise as we continue to transform our communities. His compassion for the Fort Myers community has been proven time after time."

For more information, call 344-3220 or visit www.hacfm.org.✪

Book Review

My Lovely Wife

by Di Saggau



Samantha Downing's debut novel *My Lovely Wife* has an outrageous premise that makes for an engrossing read.

Millicent and her husband have been married for

15 years. They have respectable careers – she is in real estate, he's a tennis pro. They have two teenage children, Jenna and Rory, with all the normal adolescent problems. They are still in love, but to keep their marriage interesting, they have resorted to a twisted pastime. They have a penchant for killing women.

The book begins with the husband, who remains unnamed, flirting with a girl in a bar. He shows her a text that reads "Hello. My name is Tobias. I am deaf." These words will come back to haunt him later. We learn how Millicent and her husband met and how they planned their first victim. She is identified as Lindsay, a young woman who went missing a year earlier and was discovered in an abandoned Woodview, Florida motel. Now the story really gets interesting.

Millicent was supposed to have dumped Lindsay's body in a swamp, but now she claims that she changed her mind to distract the authorities. She changed things in order to place the blame on Owen Oliver Riley, a local serial killer who somehow escaped conviction. You might be thinking, why would I care to read this? Believe me, it's a thriller and, if you check other reviews, you'll find it's worth continuing to the end.

The unnamed husband is a nice man, it's easy to like him and that might make

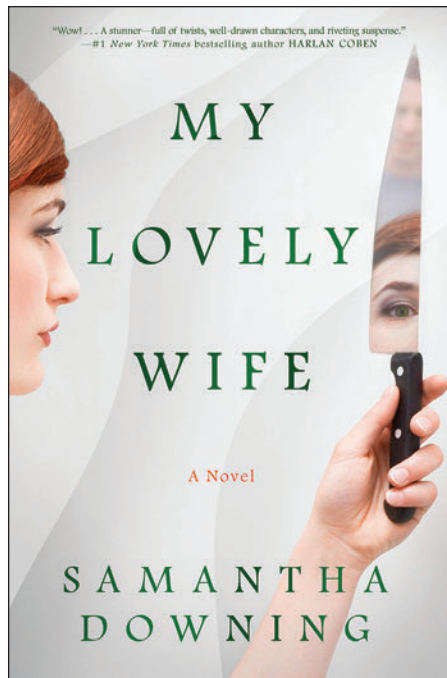


image provided

you feel guilty, but by this time as the book moves ahead you're going to be hooked. The husband is basically a simple man who has been suckered into a dark habit by his charming wife. Downing expertly mixes the everyday events of a suburban life with teenagers and plotting murders. You'll meet the couple's friends and many other characters who play interesting roles in the plot. The book takes several wild turns and leads to a shocking surprise toward the end.

This is a wickedly plotted novel full of psychological suspense. *My Lovely Wife* was another one-day read for me because I could not put it down. Author Heather Graham said, "A fantastic foray into what we know and what we do not about those closest to us. Intricately plotted, fascinating characters, I loved it." I eagerly await Downing's next thriller.*

or an individual may have both kinds of disorders at the same time.

Audiologist Dr. Ellen Koslo, professor at Columbia University says, "Speech refers to the actual sound of spoken language. It's the oral form of communicating. Speech is talking using the muscles of the tongue, lips, jaw and vocal tract in a very precise and coordinated way to produce the recognizable sounds that make up language. Young children who are learning how to speak will probably substitute, leave out or distort normal speech sounds, but as they mature, these speech distortions should disappear. For example, if a 5-year-old is still substituting the sound f instead of being able to pronounce the th sound, that would be considered an articulation error and considered a speech problem.

Language refers to a whole system of words and symbols – written, spoken or expressed with gestures and body language – that is used to communicate meaning. A child who has good speech and pronounces words correctly may still have poor language or, in other words, trouble putting words together to express herself or trouble understanding what's being said to her."

Language deals with meaning. A child

with a language disorder may have a difficult time understanding the meaning of what's being said, which is called a receptive language issue. In contrast, a child may have trouble communicating his own thoughts, which is called an expressive language issue.

Here are a couple of very basic milestones to guide you when considering whether your child's speech and language are developing typically. Most children, by their second birthday, have a vocabulary of about 50 words. By age 2 or 3, a typical child starts understanding a lot more language than he can express. You can also visit www.nidcd.nih.gov/health/speech-and-language for more detailed information on these milestones.

Here are some signs that could cause concern:

Doesn't understand his name, the word no, or simple commands by age 1

Isn't saying words by 14 to 16 months of age

Can't answer basic "wh" questions (what, where, who) by age 3

Has difficulty being understood by people outside the family after age 3

Has noticeable hesitations or repetitions in speech past age 5

Can't tell a sequential story (a story with a beginning, middle and end) by age 5

Shows limited development of vocabulary

Children develop speech and language skills at their own individual pace, however if your child has any of the above problems, it would be a good idea to talk to your child's teacher, school psychologist, speech and language pathologist or

pediatrician. They may refer you for an assessment or an evaluation to find out if a problem exists. Treatment options can be different for each child, so getting the right diagnosis is very important.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.*

Honor Society Of Phi Kappa Phi

The following natives of Southwest Florida were recently initiated into The Honor Society of Phi Kappa Phi, the nation's oldest and most selective all-discipline collegiate honor society.

LuAnne Coursin of Fort Myers was initiated at San Jose State University.

Christopher Powell of Fort Myers was initiated at the University of South Florida.*

Dean's List

Fort Myers native Matthew Cuce was recently named to the Dean's List for the 2018-19 winter term at Elmira College in Elmira, New York.*

School Smart



by Shelley M. Greggs, NCSP

Dear Shelley,
My son's pre-school teacher has mentioned to me that my son might have a language disorder. I'm unsure of what she means since

he pronounces all his sounds and letters correctly. Isn't that that what a language disorder means? Please clarify this for me.

Ellen K, Fort Myers

Ellen,

There is a difference between a speech impairment, saying letters and sounds correctly and a language disorder. We often hear the words speech and language used interchangeably. They might mean the same thing when we're talking casually about communication, however when used diagnostically, they have very different meanings. And speech disorders and language disorders may occur separately,

EPIC FIRES OF FORT MYERS

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Financial Focus

Avoid Titanic Investment Mistakes



by Jennifer Basey

It's been 107 years this month since the tragedy of *The Titanic*. Of course, this disaster has fascinated the world ever since, leading to books, movies, musicals and, ultimately, a successful search for

the big ship's remains. On the positive side, commercial shipping lines learned a great deal from the *Titanic*, resulting in safer travel across the oceans. And as an investor, you, too, may be able to draw some important lessons from what happened on that cold April night more than a century ago.

So, to avoid some "titanic" investment mistakes, consider the following:

Create a financial strategy with a solid foundation – Although considered a technological marvel, *The Titanic* had some real structural, foundational flaws – such as compartments that weren't fully watertight. To withstand the inevitable rough seas ahead, your investment strategy needs a strong foundation, based on your needs, goals, family situation, risk tolerance and time horizon.

Be receptive to advice – *The Titanic's* crew had received plenty of Marconi wireless warnings from other ships about ice in the area. Yet they did not take precautions, such as slowing down. When you invest, you can benefit from advice from a financial professional – someone who can caution you when you're making dangerous moves, such as pursuing inappropriate investments, which could ultimately damage your prospects for success.

Be prepared for anything – *The Titanic* had far fewer lifeboats than it needed, resulting in a tragic loss of life

that could have been prevented. As an investor, you need to be prepared for events that could jeopardize your financial well-being, and that of your family. So, at a minimum, you need to maintain adequate life and disability insurance. And it's also a good idea to build an emergency fund containing six to 12 months' worth of living expenses, with the money kept in a liquid, low-risk account.

Don't overreact to perceived threats – When the iceberg loomed directly ahead, *The Titanic's* crew frantically tried to steer clear of it. While this move was understandable, it inadvertently hastened the ship's demise, because it exposed a more vulnerable part of the hull to the huge ice mass. When you invest, you might also be tempted to overreact when facing perceived dangers – for example, if the financial markets plunge, you might think about selling your stocks. This is often a bad idea, especially if you're taking a big loss on your sales. If your investments are still fundamentally solid, you might well be better off by staying patient and waiting for the markets to recover.

Give yourself time to reach your goals – Edward J. Smith, *The Titanic's* captain, apparently wanted to break speed records on the Atlantic crossing – and this desire may have contributed to his somewhat reckless passage through fields of ice. As an investor, you could also run into problems if you rush toward a goal. To illustrate: If you wanted to retire at age 65 with a certain amount of money, but you didn't start saving and investing until you reached age 55, you'd likely have to put a lot more away each year, and possibly invest a lot more aggressively, than if you had started investing when you were age 30.

Put to work some of *The Titanic's* lessons – they might help you improve your chances of smooth sailing toward all your important financial goals.

This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.✪

in the fight against HIV/AIDS. Launched in 2008, SOS encourages black women to get tested where they live, work, play and worship. The original goal of SOS was to test 100,000 black women each year by 2010. Since its launch, eight local SOS conferences have been conducted, 4,100 people have taken the online pledge and over 88,000 black women were tested in 2008.

Objectives of SOS include:

To educate black women about HIV/AIDS and how other STDs, hepatitis and substance abuse increase their risk.

o empower black women to take charge of and control their sexual health.

To connect black women to HIV/AIDS resources.

To offer tools that enable black women to educate others where they live, work, play and worship.

McGregor Community Services is located at 2070 Carrell Road Suite B in Fort Myers. For more information, visit www.floridahealth.gov.✪

Superior Interiors

Reasons To Rearrange Your Furniture



by Marcia Feeney

Picking out a new color scheme and investing in updated decor for your favorite room may be exhilarating, but when was the last time you rearranged the

furniture? Mixing things up through the placement of your chairs, end tables and sofas is a simple way to enhance your room and give it an entirely new look and feel. Rearranging furniture every season, or at least once a year, can be beneficial in many ways.

Whether you entertain on a regular basis or your family members are the only people who frequent your living space, there's no escaping the foot traffic that will inevitably wear down your carpeting or hardwood flooring. By moving the furniture around, you can essentially "hide" the heavily-touched floors and expose the space that was protected by your sofa or lounge chair for years.

When was the last time you gave the living room, bedroom or guest space a deep clean? Not just a vacuum and dusting, but a true deep cleanse of the carpeting underneath the furniture, as well as all of the corners and walls hidden by the bed, sofa, chairs, television stand or wardrobe? Rearranging your furniture offers the perfect opportunity to thoroughly clean the room from top to bottom

– something you should consider doing a couple times a year, perhaps to flow with the season changes.

Is there a room in your house that you wish you could dream bigger? You don't have to knock down any walls or move to a new home to get that larger living space. Maybe all you need to do is rearrange the furniture. If you're short on space, keep large pieces of furniture against the wall to maximize the room. If you feel like you have a little more space to work with, try floating your furniture, which means bringing those staple pieces that would normally sit on the wall to the center of the room. Not only can this make the room feel bigger, it'll encourage steady traffic flow and could potentially make the space look like an entirely different room.

Did you know that moving your furniture around can make you feel better? According to *Psychology Today*, rearranging a room can elevate your mood, instilling satisfaction, effectiveness, creativity and comfort. It's also a simple way to clear your mind; just as you're cleaning the clutter of the room while rearranging your furniture, your mind becomes at ease, grounded and clearer. So, don't wait around for a bad day – start moving things around in a room that feels less comfortable than it once did for a natural mood boost.

If your furniture has been in the same place since you moved in, it's definitely time for a change. Don't feel intimidated if you don't know where to get started, however, a design professional can offer a helping hand. He or she will evaluate your space, discuss a few ideas and develop a floor plan so you don't have to move things around multiple times until you get it right.

Marcia Feeney is an interior designer on Sanibel/Captiva Islands. She can be reached at marcia@coincdecen.com.✪

From page 1

Reception

Seacamp in the Florida Keys. This changed the course of her life forever, and as a result, she fell deeply in love with the ocean and has worked hard ever since to live and breathe by the tide. She is a photographer, former photo editor for *Scuba Diving* magazine, master diver, former registered boy scout, ocean advocate and lover of all bodies of water. Her work has been featured as the first female Lee County resident artist, with Captains for Clean Water, Bare Sports, *Scuba Diving* magazine, *Sport Diver Magazine* and *Divephotoguide.com*, and she has won contests with the Ocean Conservancy, NOAA, World Wildlife Federation, Our World Underwater and the Florida Skin Divers Association.

Her artist statement: "Looking up from the ocean floor, the immense number of possibilities that exist in this silent realm hit me all at once. The

ocean is a master of none; it can caress you, and then completely destroy you in the span of a few seconds. I love the extreme yin and yang that exists, and want others to see this in my work, and know this feeling of being both completely out of your element, and then consumed by the greatest love story you'll ever know. This is where I go to seek God, and to share this beguiling and magnificent atmosphere."

Arts for ACT will also feature the works of member artists and artist volunteers that help run the gallery. Their works will include oil, acrylics, watercolors, mixed media, jewelry and furniture. The artists are Susan Mills, Kate O'Connell, Becky Sandbek, Vic and Candie Delnore, Shah Hadjebi, Tom Breckenridge, Annette Brown, Flo Collins, Barb Mulford, Kim Kraft Beckler and Claudia Goode. The local artists give a percentage of their proceeds to ACT shelters.

Arts for ACT Gallery is located at 2265 First Street in downtown Fort Myers. For more information, visit www.artsforactgallery.com.✪

Women In Action Conference This Saturday

The Florida Department of Health in Lee County will be hosting the Women in Action Conference at McGregor Community Services on Saturday, April 27 from noon to 4 p.m. The free community event promoting health and wellness among women of color includes several motivational speakers, HIV awareness and prevention, and health and social information booths. In addition to yoga and breath meditation sessions, lunch and door prizes will be provided.

The Florida Department of Health invites participants to learn more about its comprehensive HIV prevention strategies. Sistas Organizing to Survive (SOS) is the grassroots mobilization of women of color

Business Incubation To Aid Southwest Florida

SecondMuse, a global collaboration agency and B-Corp, is set to launch a community-sourced incubator in Fort Myers alongside the Southwest Florida Community Foundation and in partnership with the City of Fort Myers. Based out of the new Collaboratory that is adjacent to the Dunbar community, SecondMuse's incubator will focus on developing the next generation of leaders as well as strengthening the overall economic ecosystem.

"The Southwest Florida Community Foundation is dedicated to bringing people together to solve issues and seize opportunities for the region. Our partnership with SecondMuse reinforces this commitment as their unique approach to economic development is centered around community building," said Southwest Florida Community Foundation CEO Sarah Owen.

SecondMuse specializes in building connected 21st-century economies, and the firm has offices in New York City; Washington; San Francisco; Portland, Oregon; Battle Creek, Michigan; Albuquerque; Melbourne; Bali; and Surabaya, Indonesia.

Unlike other incubators and accelerator programs, which focus on building unicorn companies, SecondMuse's work strengthens emergent economies. Their programs help startups grow by assisting in the development of local capital, markets, policy and regulation, infrastructure, support services, culture and history and human resources. Examples of current programs include NASA's Space Apps Challenge, New York City Economic Development Corporation's Futureworks, the M-Corps cleantech manufacturing program with NYSERDA, The Incubator Network with Circulate Capital to battle ocean plastics and LAUNCH, which accelerates technologies for the circular economy.

"We've been quietly working with Sarah and the Fort Myers community over the past year to develop the framework for our new program," said SecondMuse Managing Partner Carrie Freeman. "What excites us most is that Southwest Florida is filled with unique, driven entrepreneurs. Our job is to help them connect and to provide them with



Jonathan Romine photo provided

proven resources and coaching that drives business growth."

SecondMuse's process is to strategically find entrepreneurs within a community sector and tailor training to promote their entrepreneurship as well as the people behind the businesses, not just the business.

To lead the local team, SecondMuse tapped Jonathan Romine as program director. In his role, Romine will support new businesses and grow existing ones to make Southwest Florida a better place to live and work. Romine has led corporate social responsibility efforts while having wide range of board and advisory positions spanning non-profit, public, political and philanthropic sectors. Romine has spent the past decade in Southwest Florida starting, growing and managing small businesses that generate more than \$14 million in revenue. He most recently served as principal and director of landscape architecture for EnSite, Inc.

"Our goal is to build communities through an economic strategy consisting of what's already present in Southwest Florida," Romine said. "We already have a framework of small businesses here, we just need to make sure all the pieces and parts are also here to support them. That's where SecondMuse comes in. We look forward to creating the foundation for entrepreneurial success and contribute to the formation of a systematic process for working with businesses and their entrepreneurs. For us to be successful,

we must foster a community effort where all residents work together to support one another and local entities towards improvement and solutions."

For instance, through a new collaboration with Circulate Capital, Ocean Conservancy, WeWork Labs India and McKinsey.org, SecondMuse launched The Incubator Network, a new initiative to accelerate solutions to ocean plastic waste by partnering with existing incubators across Asia-Pacific. This includes a \$120 million fund focused on the elimination of ocean plastics.

Romine says he is excited for SecondMuse to partner with the Community Foundation to identify and support local entrepreneurs and small businesses through an incubation process that will provide workshops and trainings to help them get to the next level whether that means adding employees or helping them create a business plan. He says the bigger focus will be on working with the majority of Southwest Florida's small businesses that represent the true makeup of local economy instead of the larger corporations that are traditionally supported.

"I see each day as an opportunity to help someone succeed or empower a whole community of 'someones' to make a better future," Romine said. "Our expertise is in facilitating a process, not dictating solutions. Our method enables communities to work towards a prosperous future that is all inclusive, where everyone has a voice including the planet itself."

For more information, visit www.secondmuse.com or email swfl@secondmuse.com.

LeeTran Driver Earns Honors At Competition

Lee County employee Chris Cowles recently won a state competition for transit drivers and will advance to the national competition on May 19 in Palm Springs, California.

LeeTran joined more than 60 public transportation systems on April 5 to participate in the annual Florida Triple Crown Bus Rodeo in Jacksonville, a competition of driving skills and maintenance disciplines.

Cowles, took first place with the highest combined score in the paratransit competition and was also recognized as first-place winner in vehicle inspection while also receiving a perfect score in wheelchair training and overall general testing. This is the sixth consecutive year that Cowles has earned a top award. Also participating on behalf of LeeTran was first-time participant Ben Wilson, who is a fixed route operator.

Collaborating agencies in the statewide event included the Florida Public Transportation Association (FPTA), the Florida Rural Transit Assistance Program (RTAP), the Florida Department of Transportation (FDOT) and the Florida Association of Coordinated Transit Systems (FACTS). The event was hosted by Jacksonville Transit Authority (JTA).

Cowles will take an all-expenses paid trip to the National Bus Rodeo in California, sponsored by the FPTA. ✪



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Free Fishing Competition To Remove Invasives

The Southwest Florida Cooperative Invasive Species Management Area (CISMA) will host its annual Invasive Fish Roundup from Friday, April 26 through Sunday, April 28. Weigh-in is noon to 3 p.m. Sunday, at Bass Pro Shops at Gulf Coast Town Center, 10040 Gulf Center Drive in Fort Myers. There is no cost to register.

Southwest Florida waterways are home to several non-native and invasive freshwater fish species. Many of these species have a negative impact on the health and populations of our region's native fish communities. The roundup is intended to raise awareness about the harmful effects of releasing non-native fish species into local waters and to collect data about invasive fish distribution to assist wildlife management professionals with efforts to control these species.

The free three-day competition is designed for teams with one to four anglers per team in both youth and adult categories. Prizes will be awarded in both categories for heaviest invasive fish and highest total net weight of invasive fish caught. Additionally, a grand slam prize will be awarded in both categories for the greatest diversity of invasive species caught. Prizes include chartered fishing trips, rods and reels, tackle boxes and lures, and more. Lures and tackle will also be awarded to the first 50 youth



CISMA Invasive Fish Roundup 2019

photo courtesy Jason Boeckman

participants.

Fishing during the competition is permitted in all legal freshwater fishing areas in Southwest Florida, including Lee, Collier, Charlotte, Hendry and Glades counties. Participants must follow all state and federal fishing regulations and are asked to track the GPS locations of the invasive fish caught.

Some popular freshwater fishing opportunities at Conservation 20/20 Preserves are:

- Pop Ash Creek Preserve, 9451 Nalle Grade Road, North Fort Myers.
- Caloosahatchee Creeks Preserve, 17100 McDowell Drive and 10130 Bayshore Road, North Fort Myers.
- Pine Lake Preserve, 12750 East Terry

Street, Bonita Springs.

The fish will be donated to feed the wildlife patients at the Clinic for the Rehabilitation of Wildlife (CROW) on Sanibel, the animals at the Naples Zoo and Shy Wolf Sanctuary.

The event is sponsored by the Southwest Florida CISMA with support from the Florida Fish & Wildlife Conservation Commission, U.S. Fish & Wildlife Service, Lee County Conservation 20/20, Conservation Collier and Bass Pro Shops Gulf Coast Town Center.

Participants must register in advance. To register and for complete competition rules, visit www.floridainvasives.org/southwest/nonnativefishroundup2019.*

much, much more.

Entry fee is \$150 for an individual player and includes 18 holes of golf with cart, range balls, golfers goodie bags, a buffet lunch with awards presentation immediately following play. Pre-registration is required.

Non-golfers can make a monetary donation, donate a gift certificate or raffle item or perhaps an item for the golfers goodie bags. Show your support and help local children battling childhood cancer and blood disorders.

This year in the U.S., over 15,780 children will be diagnosed with cancer and one in 530 young adults between the ages of 20 and 39 will be a survivor of childhood cancer.

Bonita Bay Club East is located at 3700 Wildwood Boulevard in Naples. For more information, to sign up or make a tax deductible donation, visit www.candlelightersswfl.org.*

Preserves Offer New Activities

Primitive camping is now available at Buckingham Trails Preserve, and bicycling is now available at Caloosahatchee Creek Preserve.

Buckingham Trails Preserve is a 572-acre preserve that includes seven miles of marked hiking trails through predominantly pine flatwoods and scrubby habitat. There is no cost for camping, but a free permit must be obtained in advance. To download a permit application, visit www.conservation2020.org and click on the Buckingham Trails Preserve webpage.

Primitive camping season is from November through April. Due to wet conditions during the rainy season, camping is not available May to October. Pets, alcohol and campfires are not permitted. The preserve does not include a restroom or any running water facilities. Buckingham Trails Preserve is located at 8970 Buckingham Road in Fort Myers.

Caloosahatchee Creeks Preserve East offers hikers, dog-walkers and bicyclists access together on the 2.5-mile mowed East River Loop Trail, which includes water crossings and scenic views along the northern bank of the Caloosahatchee River. The preserve includes additional marked hiking trails, a boardwalk, picnic pavilions and a restroom.

For more information and to download trail maps, visit www.conservation2020.org.*

SPORTS QUIZ

1. Name the last World Series before 2017 featuring two teams that each won 100 or more games during the regular season.
2. Which Yankees player hit the most home runs in his first three full years (at least 100 games per year) in the majors: Joe DiMaggio, Lou Gehrig or Mickey Mantle?
3. In 2017, South Florida's Quinton Flowers became the sixth player in Football Bowl Subdivision history to record 60-plus passing touchdowns and 40-plus rushing TDs during his career. Name two of the other five.
4. Name the top three coaches in terms of wins in Miami Heat history.
5. In 2019, Nikita Kucherov became the fastest Tampa Bay Lightning player to reach 100 points in a season (62 games). Who had been the fastest?
6. Who was the only Olympian to win five medals at the 2018 Winter Olympics?
7. Sergio Garcia set a Ryder Cup record in 2018 for most career points (25.5). Who had held the mark?

ANSWERS

1. It was 1970 (Baltimore versus Cincinnati).
2. DiMaggio had 107 home runs; Gehrig, 83; Mantle, 71.
3. Dan LeFevour, Tim Tebow, Collin Kaepernick, Lamar Jackson and Dak Prescott.
4. Erik Spoelstra, Pat Riley and Kevin Loughery.
5. Vinny Lecavalier, in 78 games in 2006-07.
6. Norwegian cross-country skier Marit Bjørgen.
7. Nick Faldo, with 25 points.

Gold Ribbon Classic Golf Tournament

Candlelighters of Southwest Florida will host the 24th annual Gold Ribbon Classic Golf Tournament at Bonita Bay Club East on Saturday, May 11. Check in begins at 8 a.m. followed by a shotgun start at 9 a.m.

Proceeds from the public event will assist local children diagnosed with cancer and/or a blood disorder from the time they are diagnosed throughout treatment as well as recovery.

There will be a variety of raffle prizes offered including hotel stays, tickets for a variety of Florida attractions, rounds of golf, gift certificates to area restaurants and

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Darcy Erdman and Patty Close
photos provided

Luncheon Benefit Raises Funds For Hope Hospice

The Friends of Hope Women's Committee recently hosted its annual luncheon at the Hyatt Regency Coconut Point Resort and Spa, raising \$115,000 to benefit Hope Hospice.

Event chairs Barbara Caccese, Etta Smith and Signe Wynne, along with event committee members, coordinated



Jean Nicholson and Sandy Spindler
the event for more than 250 guests. ABC7 morning anchor Jen Stacy emceed the afternoon, which featured boutique shopping, raffle prizes, silent auction and a fashion show presented by Chico's and Soma.

Henderson, Franklin, Starnes, & Holt, PA served as presenting sponsor. Event sponsors included Amfund, Chico's FAS and Northern Trust.

Hope Healthcare is a not-for-profit health care organization dedicated to providing care and comfort to every individual and their loved ones as they fulfill life's journey. For more information, visit www.hopehcs.org.



From left, Samira Beckwith, Barbara Caccese and Signe Wynne



Judy Owen and Pat Conroy



Robert Van Winkle and Patty Helms

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From left, Michael Messina, Roman and Asia Sazonov and Dr. Eileen DeLuca
photos courtesy SilverFox Photography

Wine Dinner Benefits Students Studying Abroad

More than 75 supporters, donors and sponsors attended the recently sold-out Mastello's

A Touch of Italy VIP Wine Dinner at Mastello Ristorante to provide funding for students to study abroad through the Center for International Education at Florida SouthWestern State College. Presented by Carlo Rao, owner of Mastello, and Breakthrough Beverage Company, guests enjoyed music, five courses, four wine pairings, dessert



Pamela and Dale Gibbons

and a presentation on the international studies program.

In the summer of 2018, the college sent its first 10 students to spend a month living in Italy and to learn its history and culture while taking classes



Bill and Lucille Petilli

and earning credits at Florence at Lorenzo de' Medici. The FSW Center also has programs in Greece for Greek literature and Belize for marine ecology research.*



From left, Vicki Pitbladdo, Susie DeSantis with Wayne and Maria Wiles



Bob DeSantis and Tammy Surratt



Dr. Bob Mandraccia and Lucia Zaikov



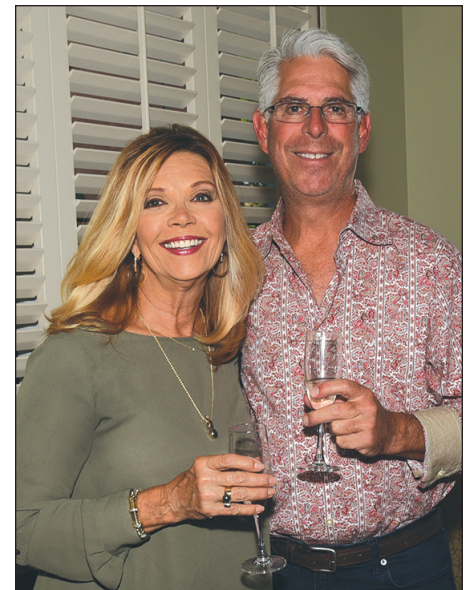
Jennifer and Sam Galloway III



Peter and Jolein Sallz



Linda and Mark Dombrowski



Terri and Joe Bryan



Stefanie Edwards, director of development and community outreach at Community Cooperative, receives a 2019 Grant Award from Charlene Barnette, president of The League Club, Inc. photo provided

Grant Awarded To Meals On Wheels Program

The League Club, Inc. recently awarded Community Cooperative as a 2019 grant recipient from its Community Trust Fund. The \$10,000 grant assists the Meals on Wheels program, which serves over 700 homebound seniors and chronically ill individuals.

Grants awarded by The League Club, Inc. of Naples total \$343,743 to support education, hunger relief and healthcare: 72,919 meals to combat hunger; 7,411 at-risk students gaining access to educational tools, academic support and job training; 1,500 medical screenings and tests to improve healthcare; 6,580 new books to better prepare kids at Title I schools; 400 pairs of new shoes to enable kids to attend school and 750,000 diapers for needy babies.

For more information, to volunteer or donate at Community Cooperative, visit www.communitycooperative.com.*

Final Recognition For Astronaut Contact

The 21 students who spoke with International Space Station Astronaut Serena Auñón-Chancellor in October will take the final step of their journey on Saturday, April 27 when they will be presented with their QSL cards. Similar to a post card, QSL cards confirm a ham radio contact with other stations.

"A QSL card for most HAM radio operators are a coveted or earned item," said Brian Darley, CenturyLink network technician and program chair of the Fort Myers Amateur Radio Club. "Most Hams will only dream about doing this and may never get one. But for these students, they earned a total of 21, and I am proud of what we have accomplished."

A year's worth of planning went into the Amateur Radio on the International Space Station (ARISS) event at Allen Park Elementary School. It started with lesson plans incorporating science, technology, engineering and math. CenturyLink and the Fort Myers Amateur Radio Club obtained and constructed the ham radio antennae. The students who would ask a question were selected and went through several practice sessions.

"Our first ever ARISS contact was a success and was the result of hundreds of hours of work and dedication from across the community. The impact of this event will be felt for years to come," said teacher

Courtney Black, who organized the ARISS contact. "In fact, the two seniors who were involved are now going to be roommates at Embry-Riddle (Aeronautical University) in the fall. I'm so very proud of them and can't wait to see all the amazing things all of these students will accomplish someday. Perhaps speaking to Astronaut Serena-Aunon-Chancellor has been the spark to ignite their life-long journey towards the stars."

The 21 students, their teacher and members of the Fort Myers Amateur Radio Club that helped with the ARISS contact will receive their QSL cards at 1 p.m. at the Lee County Emergency Operations Center, located at 2675 Ortiz Avenue in Fort Myers.*

From page 1

Arbor Day

site were originally planted because Thomas Edison understood the importance of adding trees to neighborhoods. He planted many unusual varieties that still stand tall today.

Over the years, a large variety of trees have been planted on the property, including mango, Hong Kong orchid, live oak, geiger, citrus, calabash, royal poinciana and jacaranda. The site features hundreds of tropical trees on more than 20 acres.

The Arbor Day celebration is included with general admission.

Edison and Ford Winter Estate is located at 2350 McGregor Boulevard in Fort Myers. For more information, visit www.edisonford.org.*

Business Hall Of Fame Inductees



From left, 2019 Business Hall of Fame inductees Scott Willis, Diana Willis and Dave Copham photo courtesy Michael Caronchi, Caronchi Photography

Junior Achievement of Southwest Florida inducted Liberty Check Printers founder Dave Copham and Jason's Deli of Southwest Florida owner-operators Diana and Scott Willis into its 2019 Business Hall of Fame, Lee County recently. The inductees were honored during a dinner and awards ceremony on April 18 at the Hyatt Regency Coconut Point Resort & Spa in

Bonita Springs. The prestigious award recognizes outstanding entrepreneurs who serve as role models for youth through their professional accomplishments and commitment to the community. Copham and the Willises join a distinguished group of individuals who have been inducted into the Business Hall of Fame since its founding in 1999.*

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dearRPharmacist

Caffeine Is A Natural Option For ADHD



by Suzy Cohen, RPh

Dear Readers: Caffeine is the number one stimulant and psychoactive drug in the world. The category of attention-deficit/hyperactivity disorder (ADHA) medications such as Concerta,

Adderall, Ritalin, Dexedrine and others are “stimulant” drugs, and so is caffeine. They all raise certain compounds in the body such as dopamine and norepinephrine (and others).

Here are five reasons why I think this is a good option for some of you:

1. Most all medical treatments for ADHD include a nervous system stimulant, which may sound strange to you, considering the patient appears to be overly active, wound up or unfocused. But this is true – conventional treatment of ADHD utilizes physiological stimulants. Caffeine is a stimulant.

2. A study published in the *European Neuropsychopharmacology* concluded that caffeine can normalize dopamine levels (which is exactly what the pharmacy drugs do). Caffeine raises both dopamine and norepinephrine, just like the medications.

3. There was a study that evaluated caffeinated tea. They concluded that “The caffeine in tea can reduce one’s fatigue, increase people’s self-confidence, motivation, alertness, vigilance, efficiency, concentration and cognitive performance.”

4. So profound is caffeine’s impact on the brain and cognitive function that Stanford University even funded a small study to evaluate if dextroamphetamine is superior to caffeine in obsessive-compulsive disorder (OCD).

5. Caffeine has been shown to extinguish the action of adenosine receptors in your brain. This was discussed in a 2014 review article published in the *Journal of Psychopharmacology* which recommended the use of caffeine for ADHD.

Just like methylphenidate, caffeine begins to work in about an hour and, as you might expect, the effect wears off after about four hours. Both methylphenidate and caffeine are absorbed and physiologically processed in a similar way. Their mechanism of action is the same, as are the side effects. One is a prescription amphetamine drug, the other is America’s favorite hot coffee.

The downside is that caffeine can wear out adrenals if taken long-term. Caffeine content varies with each food and beverage, making daily dosing through diet somewhat difficult. With tea, the amount of time that you steep the teabag determines the caffeine content.

Some people find that caffeine helps

their ADHD, while others find that it doesn’t offer any benefit at all. Pay attention to your body and work with your doctor/therapist to find out what is right for you. Too much caffeine or excessively high dosing on stimulant medications may cause insomnia, tachycardia, aggression, diarrhea and dehydration.

The intake of caffeinated drinks, caffeine pills or energy drinks containing caffeine or guarana may seem like a nice and exciting alternative to prescription medications. I just want to caution you that if combined with conventional (amphetamine) medications, the impact could be dangerous. As an aside, many studies point to docosahexaenoic acid fish oil as a useful essential fatty acid, which may be taken with medications or caffeine.

How much caffeine is too much? The United States Food and Drug Administration hasn’t fully defined this, but the Canadian government has suggested not to exceed 85 milligrams in kids age 10 to 12 years. I have a much more comprehensive version of this article that I can email to you if you sign up for my free newsletter at www.suzycohen.com

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com. ✨

Chronic Pain Workshops

Lee Health will hold a free six-week workshop, entitled Chronic Pain Self-Management, on Thursdays beginning May 2 from 1 to 3:30 p.m. at Campo Felice. The research-based program developed by Stanford University will help participants become empowered to improve their quality of life by learning how to better manage chronic pain conditions such as arthritis, fibromyalgia, back pain, headaches and more.

Learn how to more easily manage your medications; understand the benefits of exercise; manage symptoms of stress, pain and fatigue; and make smarter decisions related to health eating. Participants will also receive a copy of the book *Living a Healthy Life with Chronic Pain*.

Campo Felice is located at 2500 Edwards Drive in Fort Myers. Seating is limited and registration is required. Call 343-9264 for more information. ✨

Overeaters Anonymous

If food is a problem for you, Overeaters Anonymous can help. Meetings are held in Room 132 at Sanibel Community Church on Tuesdays at 5:30 p.m. and on Fridays at 4 p.m.

For more meeting information, visit www.southwestfloa.org.

Sanibel Community Church is located at 1740 Periwinkle Way. ✨

Doctor and Dietician

Avoiding Knee Surgery



by Ross Hauser, MD and Marion Hauser, MS, RD

In our clinic, Caring Medical, we see many patients who seek our help for chronic pain after knee surgery. When we ask patients why they had surgery, many say, “to shave cartilage.” Did you know that removing any joint tissue will result in the joint being more unstable? That’s right! The consequences of many surgical procedures is abnormal joint motion and worsened knee instability, which, in time, leads to degenerative arthritis and chronic pain. The tissues most commonly removed during arthroscopic knee surgery are parts of the meniscus and articular cartilage, which normally help the knee glide smoothly. After removal, the bones are unable to move properly, and the remaining cartilage wears away. Once this occurs, bone begins rubbing against bone and

arthritis ensues.

Studies show that after arthroscopic surgery, the chance of developing arthritis in the knee increases. This is because surgeries tend to worsen joint instability.

Thus, it is worth considering all non-surgical options that can help to stabilize the supportive joint structures that surgery would have otherwise destabilized. The majority of people we see with advanced arthritis of the knee have experienced years of traditional care, including hyaluronic acid and cortisone injections, and even a surgery to “clean out” the joint. Many have discussed future knee replacement with an orthopedic surgeon because the progression of arthritis appears to be unstoppable.

However, even having bone-on-bone arthritis does not necessarily mean knee replacement is the only option. Regenerative treatments like prolotherapy, with or without stem cells, are viable options for most patients who want alternatives to surgery. The goal of regenerative treatments is to stimulate the body to repair underlying structural damage that is causing the current arthritic progression in the knee, thus strengthening the joint and relieving chronic pain from osteoarthritis.

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com. ✨

Free Interactive Demonstrations On Safe Kids Day

Golisano Children’s Hospital of Southwest Florida will hold its annual Safe Kids Day event at Page Field offices of the Florida Department of Law Enforcement (FDLE) on Saturday, April 27 from 11 a.m. to 2 p.m. Safe Kids Day provides a fun atmosphere for families to learn how to keep children safe in their homes and communities.

The event will also feature food trucks and live music. Families will be able to participate in interactive demonstrations and games to learn about the following subjects:

Bicycle safety and pedestrian safety (free bike helmets will be given to all children while supplies last)

Car and bus safety, distracted driving and car seat installation

Gun safety

Internet safety and child identification

Keeping medications secure

Safe sleep

Water safety

Youth sports

“Preventable injuries are the leading cause of death among children in the United States, and Safe Kids Day

provides parents with the tools to keep their children as safe as possible as they grow and develop,” said Sally Kreuzer, Safe Kids coordinator for Golisano Children’s Hospital. “We created a fun atmosphere to teach kids how to avoid preventable injuries as they play with their friends, ride their bikes and go to school, and encourage Southwest Florida families to participate in this live-saving event.”

In addition to the interactive games and demonstrations, Drug Free Southwest Florida and their partners will be on hand as part of the National RX Take Back initiative to collect unused and expired medications. The pills must be in their original containers, but personal information may be blacked out. The containers and pills will then be safely disposed of to ensure they stay out of the hands of children and avoid polluting waterways.

Safe Kids Day was made possible with the support of our community partners, including: Florida Department of Law Enforcement, Lee County School District, Lee County Emergency Medical Services, Florida Gulf Coast University, Drug Free Southwest Florida and Northwestern Mutual.

FDLE’s Page Field offices are located at 4700 Terminal Drive in Fort Myers. For more information, visit www.golisanochildrensswfla.org. ✨

PETS OF THE WEEK

photos provided

Lee County Domestic Animal Services

Harley And Oscar



Harley ID# A772947

Hello, my name is Harley. I am a 3-year-old female pit bull terrier who is a pocket pit with a face that looks like a Boston terrier. I love to run in our play yard with the volunteer team and interact with the other dogs. I have tons of energy that would do well in a home with a canine friend to play with. I am very smart and am currently learning my commands with the trainer and staff and would love to continue training with her new family.

My adoption fee is \$30.

Hi, I'm Oscar. I am a 1-year-old male domestic shorthair who is definitely not an 'Oscar the Grouch.' In fact, I am the exact opposite. I am a playful bundle of fun. The cat toys with the feathers hanging are my favorite because I get to jump around and catch them. He plays well with the other cats in our free-roam area and never seems to get tired. If you are looking for a young, energetic cat, I am the guy for you!



Oscar ID# A773925

My adoption fee is \$30, and you can adopt me and get a feline friend at no addition charge.

April is National Prevention of Cruelty to Animals Month. Lee County Domestic Animal Services along with the Lee County Sheriff's Office (LCSO) works to prevent animal cruelty in Lee County. Many animals end up in shelters in need of homes as a result of neglect. LCSO's newest member, Deputy Chance, is an example of how giving shelter pets a new "leash" on life can be rewarding.

One way the public can get involved is to adopt a shelter pet. From April 1 through April 30, all adoptions will be reduced to \$30 with an approved application. The adoption package includes spay or neuter, microchip, up-to-date vaccinations, county license and a 10-day health guarantee. This is a \$500 package.

*The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www.leegov.com/animalservices or call 533-7387.**

Haven on Earth Animal League

Joy And Athena



Joy

Hi, I'm Joy and I am just a joy to have around. I'm a beautiful 2-year-old calico girl. I raised a litter of my own kittens and then nursed two more litters that didn't have a mommy cat. I am looking for someone to love me forever. I am currently staying with a foster mom. I have been fully vetted, will be spayed and brought up to date on all vaccines. My adoption fee is \$100.

Hello, I'm Athena. I'm a beautiful girl and I know



Athena

it. I have a really unique brown and black color coat. I am spayed and current on all vaccinations. I'm only 1-year old and a very sweet girl with a big, fluffy tail. I'm currently staying with a foster mom. My adoption fee is \$100.

*We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email haveneearthanimalleague@yahoo.com.**



Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500

ARTS

Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Harmonica Band	610-653-7940
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321

CLUBS & ORGANIZATIONS

American Legion Post #38	239-332-1853
Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Chorale Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE(National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118
Kiwanis Fort Myers Beach	765-4254 or 454-8090
Kiwanis Fort Myers Edison	694-1056
Kiwanis Fort Myers South	691-1405
Iona-McGregor	482-0869
Lions Club Fort Myers Beach	463-9738
Lions Club Fort Myers High Noon	466-4228
Lions Club Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900

AREA ATTRACTIONS

Bailey-Matthews National Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to: press@riverweekly.com

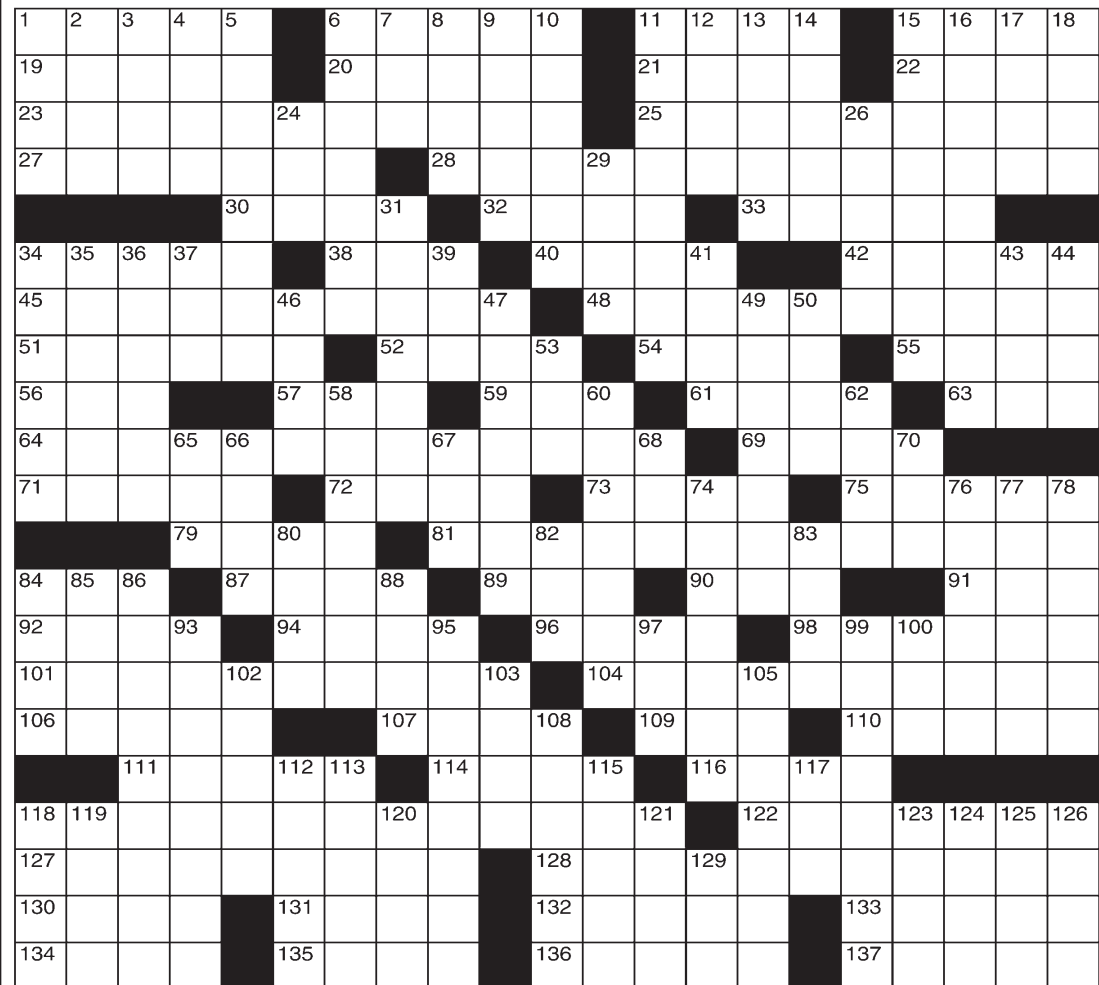
PUZZLES

Answers on page 29

Super Crossword

PICK A CARD

- ACROSS**
- 1 Firing sound
 - 6 Frog sound
 - 11 Kerfuffles
 - 15 Soldiers of Seoul
 - 19 Old Aegean region
 - 20 Singer with the 2013 #1 hit "Royals"
 - 21 Typesetter's option
 - 22 Saber's kin
 - 23 Film that's both funny and gloomy
 - 25 Thin material used in painting and baking
 - 27 Bulls scores
 - 28 Putt-putt
 - 30 Yard sale proviso
 - 32 With 40-Across, classic grape drink
 - 33 Step inside
 - 34 "Mirage" actor Edward James —
 - 38 Boolean logic operator
 - 40 See 32-Across
 - 42 Opening bets
 - 45 Overhead air circulator
 - 48 Films, TV, hit songs, etc.
 - 51 Fancy snack
 - 52 — McAn
 - 54 See 50-Down
 - 55 Chilly powder
 - 56 "The Simpsons" shopkeeper
 - 57 Clock setting in NYC
 - 59 "... man — mouse?"
 - 61 Sketched
 - 63 Priest follower?
 - 64 Homeland
 - 69 "— Brockovich"
 - 71 Cynic's look
 - 72 Sheep group
 - 73 — vu
 - 75 Metal debris
 - 79 Pianist Hines
 - 81 Alternative medical practices
 - 84 Rubble maker
 - 87 TVs "Better Call —"
 - 89 "— hool" ("Hello!")
 - 90 Equal: Prefix
 - 91 Subpar mark
 - 92 High cards
 - 94 FBI agent
 - 96 Bulky brass
 - 98 Michigan county or its seat
 - 101 Important biblical meal
 - 104 Clownish type
 - 106 Really bug
 - 107 Give and take
 - 109 — chi
 - 110 Sales talk
 - 111 Of Tehran
 - 114 Fish story
 - 116 Pulitzer winner
 - 118 Dictionary, e.g.
 - 122 Film theaters
 - 127 Ethiopia, formerly
 - 128 Playing card apt to this puzzle's theme (hint: see the ends of the longest answers)
 - 130 "That's — bad idea"
 - 131 One fibbing
 - 132 Barbecue
 - 133 Ruhr Valley's chief city
 - 134 Tie feature
 - 135 Many August babies
 - 136 Determined to carry out
 - 137 Sown things
- DOWN**
- 1 Lettuce variety
 - 2 Dancer
 - 3 Santa — (some winds)
 - 4 Ill
 - 5 Test the tea, say
 - 6 Shutting
 - 7 CD- —
 - 8 City NNW of Provo
 - 9 Also include
 - 10 Economist John Maynard —
 - 11 Scared by
 - 12 "Get busy!"
 - 13 Well-timed
 - 14 Rigid
 - 15 Mixtures for chemical analysis
 - 16 Well-timed
 - 17 Boat's spine
 - 18 Feudal peon
 - 24 Dollar or euro divs.
 - 26 Blossom bit
 - 29 Breakfast chain, briefly
 - 31 Unstiffened shoe part
 - 34 — razor ("keep it simple" principle)
 - 35 Tackle
 - 36 Part of rpm
 - 37 Suffix with boff
 - 39 Rally cry
 - 41 Imitated
 - 43 Winged god
 - 44 Makes a dress, e.g.
 - 46 At no time, to poets
 - 47 12 p.m.
 - 49 Quaker products
 - 50 With 54-Across, service charges
 - 53 "D.C. Cab" actor
 - 58 Slobby sort
 - 60 Difficult and tiring
 - 62 Far-reaching
 - 65 "— -haw!"
 - 66 Epochs
 - 67 Java holder (ump's call)
 - 70 Gun rights org.
 - 74 Relative of handball
 - 76 Nickname for Yale
 - 77 "Remington —"
 - 78 Singer Crow
 - 80 Sauce brand
 - 82 Kiddie
 - 83 Halo-worthy
 - 84 Fish story
 - 85 Univ. sports org.
 - 86 Serve as evidence of
 - 88 Racing units
 - 93 Eyes
 - 95 They begin on January 1
 - 97 Iota
 - 99 Failures to attend
 - 100 Domino dot
 - 102 Big names
 - 103 Broccoli — (salad green)
 - 105 "Honest Abe"
 - 108 Fork parts
 - 112 Sam of "Backtrack"
 - 113 Many a navel
 - 115 Bête — (pet peeve)
 - 117 Certain PC pic file
 - 118 Echelon
 - 119 Very dark, to poets
 - 120 "Gotta run!"
 - 121 Make a sweater, e.g.
 - 123 Additionally
 - 124 Think deeply and at length
 - 125 Under the covers
 - 126 IDs for the IRS
 - 129 "Xanadu" rock gp.



King Crossword

- ACROSS**
- 1 Mouth part
 - 4 Uses an old phone
 - 9 Taxi
 - 12 Lemony drink
 - 13 "Snowy" bird
 - 14 11-Down cousin
 - 15 Woodworker
 - 17 Fish eggs
 - 18 Parisian pal
 - 19 McCormick's invention
 - 21 Tennis need
 - 24 Palm starch
 - 25 — Khan
 - 26 Morning moisture
 - 28 Phobos and Deimos, to Mars
 - 31 "— Your Enthusiasm"
 - 33 British rule of India
 - 35 Merriment
 - 36 Military caps
 - 38 Wrigley product
 - 40 Listener
 - 41 Heidi's range
 - 43 Piece of pasta
 - 45 Half a dime
 - 47 Ailing
 - 48 Jimmy Kimmel's network
 - 49 "Seize the day" in Latin
 - 54 Half of XIV
 - 55 Elbows' counterparts
 - 56 Dove's call
 - 57 Tokyo's old name
 - 58 Begin
 - 59 Conclusion
 - 8 Rill
 - 9 Used the HOV lane
 - 10 Lotion additive
 - 11 Brewery output
 - 16 LPGA's Se Ri —
 - 20 Quite enthusiastic
 - 21 Poolroom item
 - 22 Chills and fever
 - 23 Thin-sliced raw meat
 - 27 Witty one
 - 29 Patricia of
 - 30 "Hud"
 - 32 Withered
 - 34 Gin flavoring
 - 37 Motes
 - 39 Harass
 - 42 Point of view
 - 44 Antiquated
 - 45 Church section
 - 46 Footnote abbr.
 - 50 Actor Stephen
 - 51 Hockey surface
 - 52 A billion years
 - 53 Chic, in the '60s
- DOWN**
- 1 Fond du —, Wis.
 - 2 Actress Lupino
 - 3 Apiece
 - 4 Considered
 - 5 Pilot light, e.g.
 - 6 Illustrations
 - 7 Lecherous looks

MAGIC MAZE ● — CREDIT

M B Y V T F Q O L I G D T B Y
 W L B T O R O P M K I F F D B
 Y W A E X P O R T U A S Q O M
 K G N I V L O V E R I F D B D
 Z I K X (C H I L D T A X) W Y E
 L U S Q O R N R C E T L J G C
 H F D C A Y E E W S V E E R N
 T S Q P N V R M L R K L L E A
 I H F E O I C B M U L Z Y N V
 W V U S D A B T R O P M I E D
 R R E M U S N O C C C Q P N A

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- | | | | |
|-----------|------------|-----------|-----------|
| Advanced | College | Energy | Line of |
| Bad | Commercial | Export | Overdraft |
| Bank | Course | Import | Revolving |
| Child tax | Direct | Letter of | |



"Funny, I could never remember my wedding anniversary, but I have no trouble remembering the anniversary of my _____."

answer on page 31

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Decide **VESOL**

Dismay **CHINRAG**

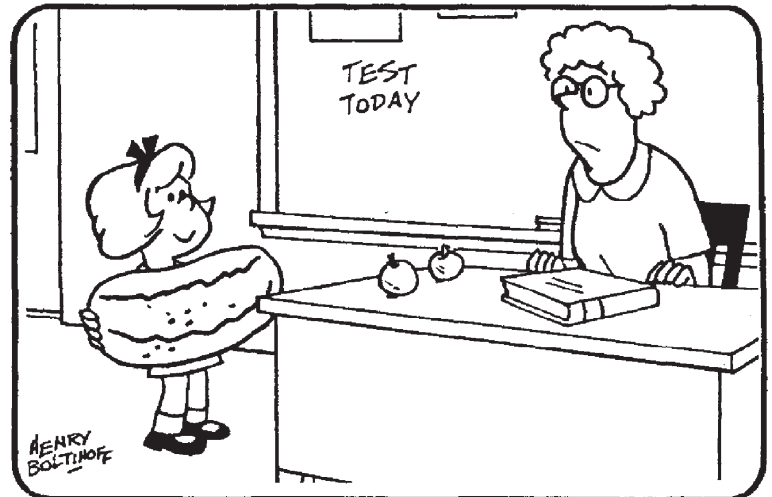
Delve **EDGERD**

Trick **ICANT**

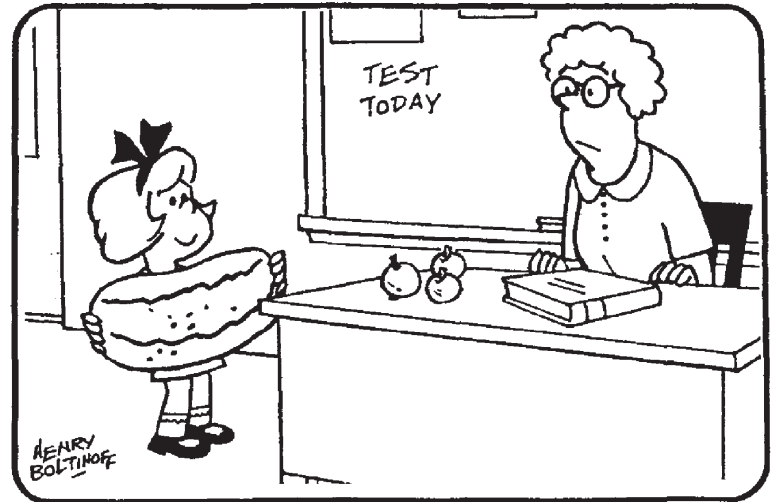
TODAY'S WORD

HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Girl's bow is bigger. 2. Socks are different. 3. Teacher's dress has buttons. 4. Extra apple is on desk. 5. Blackboard is smaller. 6. Girl's left hand is shown.

		8	4		6		
	7		5			3	
3					1		5
2				6		8	
		9			3		1
	6		8				2
	4			2			9
8					9	3	
		7	1				5

SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 29



Blueberry Breakfast Casserole

2 cups fresh blueberries, rinsed and dried

1 loaf bread or 6-8 small rolls (your favorite kind)

4 ounces low-fat cream cheese (cold so it can be cubed)

8 large eggs, beaten

1½ cups low-fat milk

¼ cup maple syrup

¼ cup butter, melted

Nonstick cooking spray

Preheat oven to 350 degrees F.

Cut bread into 1-inch cubes. Cut cream cheese into small cubes. Lightly spray a 9x9x2-inch baking dish. Place half of the bread cubes in the dish. Evenly place the cream cheese cubes and 1 cup of the blueberries over the bread. Add the remaining bread cubes and blueberries to the top of



Blueberry Breakfast Casserole

the casserole. In a medium-sized bowl, combine eggs, milk, maple syrup and butter. Slowly pour egg mixture over bread. Cover casserole with foil and

bake for approximately 45 minutes. Insert a toothpick in the center of the casserole; when it comes out clean, remove the foil so the casserole can

photo courtesy Fresh From Florida
brown on top. Let cool slightly and serve warm with extra maple syrup on the side.*

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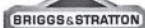
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April 19, 2019

Place Classified



My Stars ★★★★★

FOR WEEK OF APRIL 29, 2019

Aries (March 21 to April 19) You might need to do a bit more investigating before making a career move. You do best when you come armed with the facts. A personal matter still needs tending to.

Taurus (April 20 to May 20) Your creativity plus your good business sense once more combine to give you an important advantage in a difficult workplace situation. An ally proves his or her loyalty.

Gemini (May 21 to June 20) Avoid rushing into something just because it offers a break from your usual routine. Take things a step at a time to be sure you're moving in the right direction.

Cancer (June 21 to July 22) Bouncing back from a disappointing incident isn't easy, but you should find a welcome turn of events emerging. Spend the weekend with someone special.

Leo (July 23 to August 22) An incomplete project needs your attention before someone else takes it over and uses it to his or her advantage. There'll be lots of time for fun and games once you get it done.

Virgo (August 23 to September 22) Doubts involving a potential career change need to be resolved quickly so they don't get in the way when you feel you're finally ready to make the big move.

Libra (September 23 to October 22) Looking to blame someone for a workplace problem could backfire if it turns out you've got the wrong "culprit." Best to get more facts before acting on your assumptions.

Scorpio (October 23 to November 21) Patience might still be called for until you're sure you finally have the full story that eluded you up till now. A trusted associate could offer valuable guidance.








Sagittarius (November 22 to December 21) Look into your recent behavior to see if you could have caused the coolness you might now be sensing from a loved one. If so, apologize and set things straight.

Capricorn (December 22 to January 19) Easing up on your social activities allows you to focus more of your energies on a long-neglected personal matter. You can get back into party mode by the weekend.

Aquarius (January 20 to February 18) A dispute with a colleague can be resolved peacefully once you both agree to be more flexible about the positions

CLEAR YOUR GEAR

IT CATCHES MORE THAN FISH

 FRIDAY Cloudy High: 79 Low: 75	 SATURDAY Cloudy High: 81 Low: 77	 SUNDAY Few Showers High: 82 Low: 78	 MONDAY Sunny High: 85 Low: 80	 TUESDAY Sunny High: 83 Low: 79	 WEDNESDAY Sunny High: 86 Low: 81	 THURSDAY Sunny High: 84 Low: 80
--	---	--	--	---	---	--

Redfish Pass Tides

Day	High	Low	High	Low
Fri	5:53 pm	1:28 am	None	None
Sat	11:26 am	2:34 am	7:32 pm	1:54 pm
Sun	11:34 am	3:33 am	9:20 pm	3:45 pm
Mon	11:50 am	4:21 am	10:41 pm	4:49 pm
Tue	12:05 pm	5:01 am	11:43 pm	5:35 pm
Wed	12:18 pm	5:34 am	None	6:14 pm
Thu	12:35 am	6:02 am	12:31 pm	6:49 pm

Point Ybel Tides

Day	High	Low	High	Low
Fri	4:58 pm	1:30 am	None	None
Sat	10:31 am	2:36 am	6:37 pm	1:56 pm
Sun	10:39 am	3:35 am	8:25 pm	3:47 pm
Mon	10:55 am	4:23 am	9:46 pm	4:51 pm
Tue	11:10 am	5:03 am	10:48 pm	5:37 pm
Wed	11:23 am	5:36 am	11:40 pm	6:16 pm
Thu	11:36 am	6:04 am	None	6:51 pm

Punta Rassa Tides

Day	High	Low	High	Low
Fri	8:11 am	1:33 am	6:14 pm	10:43 pm
Sat	12:17 pm	2:45 am	8:09 pm	2:42 pm
Sun	10:16 am	3:40 am	9:17 pm	3:46 pm
Mon	11:06 am	4:26 am	10:21 pm	4:40 pm
Tue	11:40 am	5:09 am	11:21 pm	5:30 pm
Wed	12:09 pm	5:47 am	None	6:15 pm
Thu	12:09 am	6:21 am	12:34 pm	6:55 pm

Cape Coral Bridge Tides

Day	High	Low	High	Low
Fri	8:03 pm	4:44 am	None	None
Sat	1:36 pm	5:50 am	9:42 pm	5:10 pm
Sun	1:44 pm	6:49 am	11:30 pm	7:01 pm
Mon	2:00 pm	7:37 am	None	8:05 pm
Tue	12:51 am	8:17 am	2:15 pm	8:51 pm
Wed	1:53 am	8:50 am	2:28 pm	9:30 pm
Thu	2:45 am	9:18 am	2:41 pm	10:05 pm

PUZZLE ANSWERS

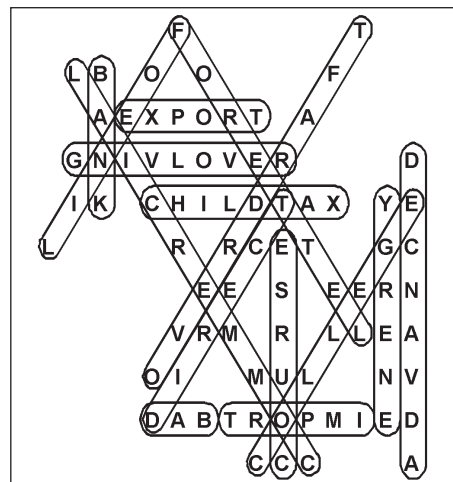
SUPER CROSSWORD

B	L	A	S	T	C	R	O	A	K	A	D	O	S	R	O	K	S		
I	O	N	I	A	L	O	R	D	E	F	O	N	T	E	P	E	E		
B	L	A	C	K	C	O	M	E	D	Y	R	I	C	E	P	A	P	E	R
B	A	S	K	E	T	S	M	I	N	I	A	T	U	R	E	G	O	L	F
A	S	I	S	N	E	H	I	E	N	T	E	R							
O	L	M	O	S	N	O	R	S	O	D	A	A	N	T	E	S			
C	E	I	L	I	N	G	F	A	N	P	O	P	C	U	L	T	U	R	E
C	A	N	A	P	E	T	H	O	M	F	E	E	S	S	N	O	W		
A	P	U	E	S	T	O	R	A	D	R	E	W	E	S					
M	O	T	H	E	R	C	O	U	N	T	R	Y	E	R	I	N			
S	N	E	E	R	H	E	R	D	D	E	J	A	D	R	O	S			
E	A	R	L	N	A	T	U	R	A	L	H	E	A	L	T	H			
T	N	T	S	A	U	L	Y	O	O	I	S	O	D	E	E				
A	C	E	S	G	M	A	N	T	U	B	A	L	A	P	E	E	R		
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R	E	F	E	R	E	N	C	E	B	O	O	K	C	I	N	E	M	A	S
A	B	Y	S	S	I	N	I	A	N	I	N	E	O	F	C	L	U	B	S
N	O	T	A	L	I	A	R	G	R	I	L	L	E	S	S	E	N		
K	N	O	T	L	E	O	S	S	E	T	O	N	S	E	E	D	S		

KING CROSSWORD

L	I	P		D	I	A	L	S		C	A	B
A	D	E		E	G	R	E	T		A	L	E
C	A	R	P	E	N	T	E	R		R	O	E
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R	A	C	K	E	T		S	A	G	O		
A	G	A		D	E	W		M	O	O	N	S
C	U	R	B		R	A	J		G	L	E	E
K	E	P	I	S		G	U	M		E	A	R
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A	B	C		C	A	R	P	E	D	I	E	M
V	I	I		K	N	E	E	S		C	O	O
E	D	O		S	T	A	R	T		E	N	D

MAGIC MAZE



SUDOKU

9	5	8	3	4	7	6	1	2
1	7	6	5	9	2	4	3	8
3	2	4	6	8	1	7	9	5
2	3	1	9	6	5	8	4	7
4	8	9	2	7	3	5	6	1
7	6	5	8	1	4	9	2	3
5	4	3	7	2	6	1	8	9
8	1	2	4	5	9	3	7	6
6	9	7	1	3	8	2	5	4

you've taken and allow for more open-minded discussions.

Pisces (February 19 to March 20) Volunteering to take on added responsibilities could be a risky way to impress the powers-that-be. Do it only if you're sure you won't be swept away by the extra workload.

Born This Week: Your sense of self-awareness allows you to make bold moves with confidence.

MOMENTS IN TIME

- On May 5, 1821, Napoleon Bonaparte, the French military leader who once ruled an empire that stretched across Europe, dies as a British prisoner on the remote island of Saint Helena in the southern Atlantic Ocean. His body was returned to Paris in 1840.

- On May 4, 1886, a peaceful labor protest in Haymarket Square in Chicago turns into a riot, leaving more than 100 wounded and eight police officers dead. Seven of the eight fatalities and the most of injuries were caused by shots fired by fellow officers.

- On May 2, 1933, the modern legend of Scotland's Loch Ness Monster is born when a newspaper reports a couple's sighting of "an enormous animal rolling and plunging on the surface" of the lake. The "monster" became a media phenomenon, and a circus offered a huge reward for the beast's capture.

- On April 30, 1945, holed up in a bunker under his headquarters in Berlin, Adolf Hitler commits suicide by swallowing a cyanide capsule and

shooting himself in the head. Soon after, Germany unconditionally surrendered, ending Hitler's dreams of a "1,000-year" Reich.

- On May 3, 1951, the Senate Armed Services and Foreign Relations committees begin hearings into the dismissal of Gen. Douglas MacArthur by President Harry Truman. The American public liked MacArthur's tough stance on communism, and he returned home to a hero's welcome.

- On April 29, 1968, the musical *Hair* premieres on Broadway. The show featured a much-talked-about scene in which the cast appeared nude on the dimly lit stage. *Hair* quickly became not just a smash hit, but a cultural phenomenon.

- On May 1, 1991, Oakland Athletics outfielder Rickey Henderson steals his 939th base to break Lou Brock's career record. Henderson would steal a 1,406 bases in his major league career, almost 500 more than the next closest player.

STRANGE BUT TRUE

- It was one of the most influential directors in the history of cinema, Alfred Hitchcock – also known as the "Master of Suspense" who made the following sage observation: "The length of a film should be directly related to the endurance of the human bladder."

- In Murfreesboro, Tennessee, it is illegal to keep indoor furniture outdoors.

- The town of Llanfair in Wales is also known by its Welsh name, Llanfairpwllgwyngyllgogerychwyrndrobwllllan

tsilogogoch. Roughly translated, this means, "Saint Mary's Church in a hollow of white hazel, close to a whirlpool and Saint Tysilo's Church and near a red cave." The sign at the railway station that has the town's name is 20 feet long.

- Those who study such things say that cockroaches can run as fast as 3 mph.

- You probably don't realize it – and you certainly don't notice it but experts claim that the Atlantic Ocean is getting about 1 centimeter bigger every year, and the Pacific Ocean is shrinking by the same amount. It's due to continental drift, they say.

- Linguists say that American English has roughly 20 swear words (depending, of course, on how one defines swearing). In contrast, residents of ancient Rome had a lexicon of about 800 so-called "dirty" words to draw upon.

- The tuatara is a lizard that can be found in New Zealand. Its claim to fame? It has a third eye, located on the top of its head.

- If you counted up all the McDonald's, Dunkin' Donuts, Pizza Hut, Burger King, Domino's Pizza, Kentucky Fried Chicken, Wendy's and Taco Bell locations in the United States and added them together, you still wouldn't reach the number of pharmacy locations across the country.

THOUGHT FOR THE DAY

"I am free of all prejudices. I hate everyone equally." – WC Fields

TRIVIA TEST

- U.S. States:** Which state is home to the Volcanoes National Park?
- History:** When did the Deepwater Horizon oil spill occur in the Gulf of Mexico?
- Movies:** Who sang *Beauty and the Beast* in the 1991 movie of the same name?
- Geography:** Which one of Japan's islands is the largest in size?
- Religion:** Who was the first Roman emperor to convert to Christianity?
- Literature:** What was the name of the land featured in the seven-novel fantasy series written by CS Lewis?
- Math:** What is the name of an angle that is less than 90 degrees?
- General Knowledge:** What was Mahatma Gandhi's profession before he became an activist for nonviolent civil disobedience?
- U.S. Presidents:** Which president popularized the phrase "The Silent Majority"?
- Inventions:** Who is credited with inventing Coca-Cola?

TRIVIA ANSWERS

- Hawaii
- 2010
- Angela Lansbury
- Honshu
- Constantine
- Narnia
- Acute
- Richard Nixon
- Dr. John Pemberton

CLASSIFIED

COMMERCIAL RENTAL

WONDERFUL RENTAL IN POPULAR LOCATION ON SANIBEL



2 Rooms, Bathroom,
Approx. 1,000 sq. feet.
This was Molnar Electric's old office.
Call Judy at 239-851-4073.
8/5 * TFN

SANIBEL PROFESSIONAL CENTER

Furnished professional office in Sanibel Professional Center. Large office, waiting room, file room, bathroom. \$1,500 per month plus electric. Victoria 472-6877
4/19 * TFN

COMMERCIAL UNIT FOR RENT

East End of Sanibel in Punta Ybel Plaza. Perfect for Office or Small Retail. Call Dee at 472-0121, leave a message.
7/13 * TFN

OFFICE SPACE IN DESIRABLE TREE TOPS CENTER

1101 Periwinkle Way. Conveniently located very close to causeway! Approx. 700 sq. ft. w/reception area and 1/2 bath. Call Mike at 970-476-9204 or email pazzos@vail.net
11/30 * TFN

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Of Sanibel & Captiva
Million \$ Views Await You!
• Cottages • Condos • Homes •
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1-888-451-7277
1/4 * TFN

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Fax: (239) 472-5858
www.cottages-to-castles.com
1/26 * TFN

ANNUAL RENTAL

GULF PINES, SANIBEL



Annual Rental - Gulf Pines, Sanibel 2,600+ sq. ft. modern single family piling home w/private beach path. Newly refreshed interior + equip./ infrastructure upgrades. 1 property from Gulf; 3-4 bds; 2 & 1/2 bths; add'l rm for nursery, office or storage; laundry rm w/new Maytag W/D; 2-car garage; 2 extra full-sized fridge/freezers. Open, airy lv/din spaces; master w/suite bth/walk-in closet. Newly painted interior & refinished hard wood floors. Recently re-piped w/new water heater + filtration system; add'l updates to bths; new tile floor in ground level 4th bd/office. Community offers 2 pools; 2 tennis courts; picnic areas; 1-rm clubhouse w/kitchenette for events. Annual/unfurnished \$3,995/mo. + utilities.
Call 917-680-4440.
4/26 * 5/3

GULF HARBOUR YACHT & COUNTY CLUB TOWNHOUSE

3 Bed, 3 1/2 Bath + Den/Office, Unfurn. 2 Car on 16th Green. Golf, Tennis/Spa Avail. \$2,500 a month. 239-233-2930.
4/5 * 4/26

IN THE DUNES

3 bedrooms 2.5 bathrooms. Great views and location. Annual rent is \$2,500. per month. More information and pictures on Zillow. Search for 1645 Sandcastle. Call 239-205-5272 for more information
4/26 * 5/3

ANNUAL RENTAL

ANNUAL RENTAL

SANIBEL
Waterfront - 3/2+ den, dock, Direct access. \$2,950/mo. Gorgeous, Custom home.
This 2BR/2 BA piling home, Updated. Large parcel, detached Pool. UF.
Includes pool & yard care. \$2,500/mo.
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Serving The Islands Rental Needs Since 1975
Gulf Beach Properties, Inc.
4/26 * TFN

SANIBEL ISLAND ANNUAL RENTALS

2/1 on Main Street \$1,800
2/2 on Sandpebble \$2,000
Dogs okay.
Call or text Bridgit @ 239.728.1920
11/9 * TFN

ANNUAL RENTAL WANTED

WANTED SANIBEL ANNUAL RENTAL

3+/3+. 2 adults 2 children (17&13).
Dog Friendly. \$3,500 per month
239-699-1561
3/29 * 5/17

ANNUAL RENTAL WANTED

Wanted Annual Rental of
2 Bedroom, 2 Bath Condo.
Furnished or unfurnished 2 seniors
\$1,800 - \$2,000 Per Month Range
216-780-0307
4/19 * 4/26

ROOMMATE WANTED

ROOMMATE NEEDED

Roommate needed, June 1, on Sanibel. Master with bath. \$1,000 plus. W/D, pool, yard, dogs ok. Please email ASAP for details Mreul618@gmail.com
4/5 * 4/26

SERVICES OFFERED



Complete Landscaping Services
& Weekly Lawn Service
New Client Special 10% OFF
your Mulch Installation,
Landscaping Project,
or Tree Trimming Project.
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4/13 * TFN

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4/20 * TFN

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Reasonable Prices
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Lawn Service, Shrubs and Tree Trimming Weeding, Installation of Plants, Trees and Mulch (one month free service available)
Joe Scarnato (239) 849-6163
scarnatolawn@aol.com
1/25 * TFN

HELP WANTED

SEEKING AN ASSISTANT STORE MANAGER

We are seeking a dynamic Assistant Store Manager at our Sanibel Island location. The successful candidate must maintain a high degree of personal integrity and high values. If you would like to be a part of our outstanding team of "Live Outside" sunglass experts, please send your resume and qualifications our way!
SANIBEL SUNGLASS COMPANY
admin@sanibelsunglasscompany.com
4/26 * 5/3

SUNDAY NURSERY ATTENDANT

Sanibel Congregational United Church of Christ seeks paid part-time every-other-week Sunday Nursery Attendant for 0-4 year olds. Background check and references required. 2-3 years teaching experience preferred. We are a theologically diverse congregation.
For more info contact 472-0497.
4/19 * 4/26

JERRY'S FOODS SERVERS & BARISTAS

Part Time Evening And Weekend Front End Associates Needed. Looking for energetic, personable, and fun individuals, with open availability Monday through Sunday.
If interested call and ask for John, Norm Sarah 472-9300.
1700 Periwinkle Way
5/6 * TFN

HELP WANTED

OFFICE ASSISTANT NEEDED

We are seeking a Part-Time Office Assistant at our Sanibel Island Corporate Office. The successful candidate must maintain a high degree of personal integrity and high values. If you would like to be a part of our outstanding team, please send your resume and qualifications our way!
SANIBEL SUNGLASS COMPANY
admin@sanibelsunglasscompany.com
4/26 * 5/3

BOAT LIFT RENTAL WANTED

BOAT LIFT RENTAL WANTED

We are looking for a boat lift on a Sanibel or Captiva direct access canal for long term rental. We are willing to do some maintenance to keep lift functioning while we are renting. Call Jim at 603-930-4549
4/26 * 5/3

GARAGE SALE

GARAGE SALE SUNDAY APRIL 28TH

1647 Atlanta Plaza Drive, Sanibel
9 a.m. to 1 p.m. Furniture, Appliances, House Accessories, Clothes, Pet Supplies, Cages, Sea Shells, Misc items and a Boat.
4/26 * 4/26

Cycling Safety Notes

Ride to the right

Warn to pass

Wear a helmet

Use lights at night

Always be courteous



SANIBEL BICYCLE CLUB

To advertise in the *Island Sun* and *The River Weekly News* Call 395-1213

Lehigh Senior High Designated Site Of Distinction

The School District of Lee County is proud to announce that Lehigh Senior High School Center for the Arts has been designated an AVID Schoolwide Site of Distinction.

This honor is awarded to a small subset of AVID (Advancement Via Individual Determination) school campuses that have demonstrated outstanding commitment to their students. This distinction:

- Illustrates a commitment to equity and opportunity for all students on a campus
- Promotes rigorous academic opportunities for students throughout the campus

- Shows a commitment to superb instructional practices across the school

"I am so proud of our Lehigh Family for their hard work to improve teaching and increase student achievement," Principal Jackie Corey says. "We are very committed to leadership, instruction, systems and culture to make this happen. All are very deserving of this recognition of School Site of Distinction."

AVID began at Lehigh Senior High School Center for the Arts in 2008. AVID is a class in which students prepare for four-year college eligibility. AVID students are enrolled in advanced placement courses and attend an academic elective class called AVID.

Lehigh Senior High School Center for the Arts is the only high school in Lee County to be an AVID National Demonstration School. Enrollment is voluntary and limited to 100 students per year at Lehigh. AVID typically has a waiting list of students hoping to be accepted.

AVID's mission is to close the achievement gap by preparing all students for college readiness and success in a global society. AVID serves over 250,000 students across the nation. For the Class of 2017, nearly nine out of every 10 AVID seniors submitted college applications, and nearly eight out of every 10 AVID seniors were accepted into four-year colleges.*

Dishwashers Save Money

There are a multitude of reasons to use your dishwasher instead of hand washing dishes. First and foremost, dishwashers cut down on your electric usage. According to Energy Star, using a dishwasher can save you more than \$40 a year versus washing dishes by hand.

Other reasons to use a dishwasher include:

Time savings – If you've ever washed and dried a load of dishes, you know it takes a good amount of time. In fact, Energy Star estimates that you could be spending nearly 230 hours (almost 10 days) of personal time handwashing dishes in just one year.

Clean as a whistle – Dishwashers these days have all sorts of bells and whistles to sanitize and beyond making your dishes clean as a whistle.

Water savings – Using a dishwasher can save nearly 5,000 gallons a water per year versus hand washing.

Below are some tips from LCEC's energy experts on how to use your dishwasher in the most efficient way possible:

- Use the energy-saving cycles whenever possible.

- If your dishwasher has a booster heater,

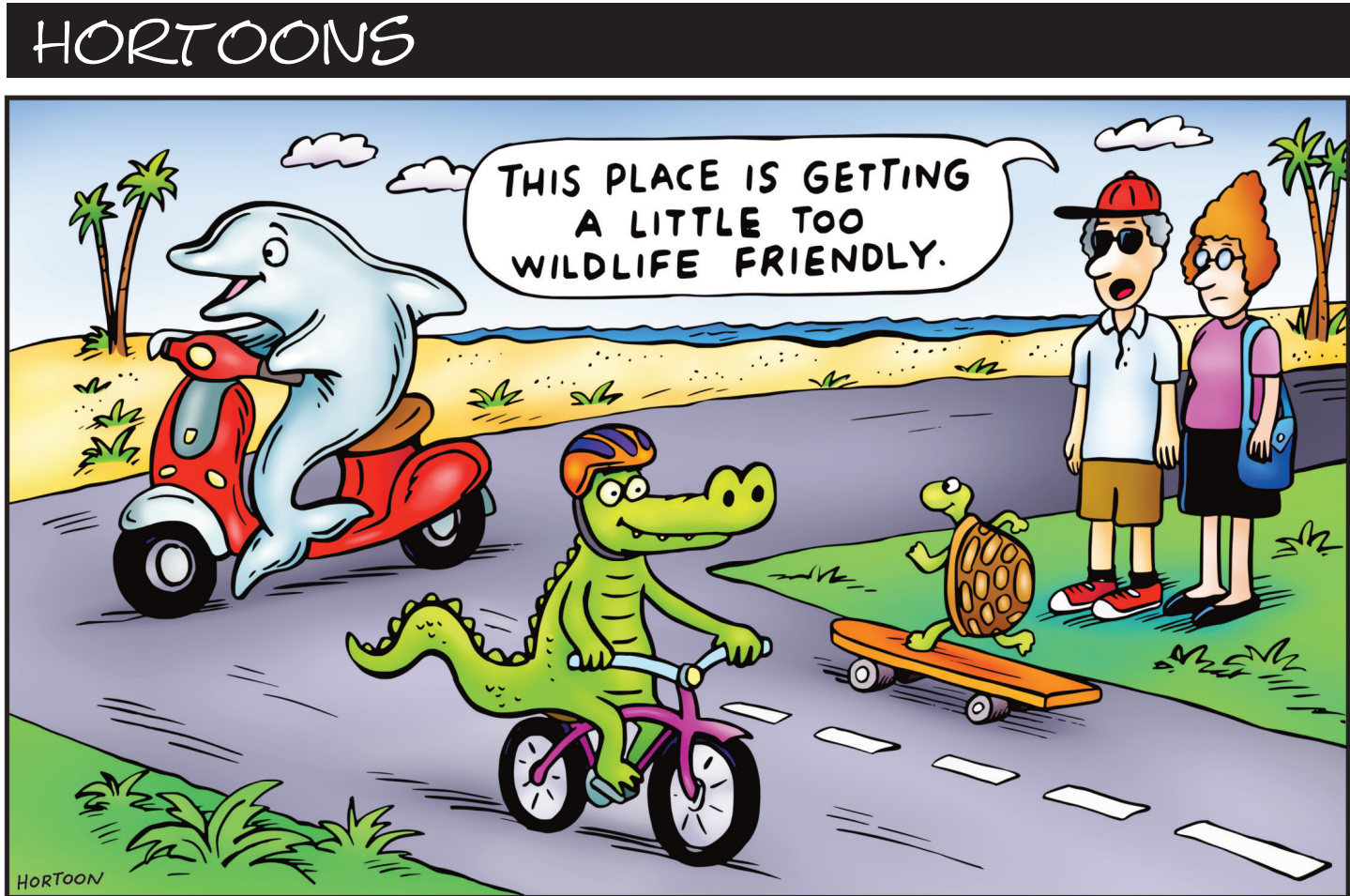
turn your water heater thermostat down to 120 degrees. Most dishwashers have built-in heaters to boost the water temp up to 140 to 145 degrees.

Resist the temptation to pre-rinse dishes. Dishwashers today do a thorough job of cleaning. Just scrape off the excess food and let the dishwasher do the rest. Dishwashers use between 8 to 14 gallons of water per load, so save water and electricity by not pre-rinsing.

Wash only full loads and refrain from hand washing dishes throughout the day. It's cheaper to put the dishes in the dishwasher and wash them all at once.

Load the dishwasher according to the manufacturer's instructions. Remember to fill the racks to maximize energy and water use, but make sure you leave enough room for the water to circulate.

For more ways to save on your electric usage, visit www.lcec.net.



HORTOON

SCRAMBLERS

1. Solve;
 2. Chagrin;
 3. Dredge;
 4. Antic
- Today's Word
DIVORCE

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Barefoot Beach	Bonita Springs	2005	6,158	\$3,375,000	\$3,000,000	148
Bay Woods	Bonita Springs	2001	4,672	\$1,899,000	\$1,840,000	341
St. Charles Harbour	Fort Myers	2015	7,105	\$1,849,000	\$1,647,000	14
Town And River	Fort Myers	2005	3,342	\$1,499,500	\$1,400,000	263
Ibis Cove At Bonita Bay	Bonita Springs	1996	3,569	\$1,295,000	\$1,220,000	7
Bright Water	Sanibel	2015	2,196	\$1,250,000	\$1,160,000	10
Cape Coral	Cape Coral	2010	3,497	\$1,190,000	\$1,100,000	71
Orchid Ridge	Estero	2000	3,867	\$1,150,000	\$1,025,000	276
Metes And Bounds	Captiva	1983	2,211	\$1,000,000	\$842,800	260
Cape Coral	Cape Coral	2019	2,700	\$929,900	\$915,000	0

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SUN-DESIROUS ALIKE,
A VACATION ON A PLATE.”**

The New York Times
Magazine



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The Dixie Fish Co. & The Whale