

photos provided



from local artists' social media accounts. Works were submitted for selection to curate a spectacular show that translates from the screen to the gallery wall. No selfies allowed.

With such a large audience of users, it was inevitable that social media would shake up the art world. While in many cases these platforms have been accused of fanning a narcissistic selfie culture, they have changed the way we experience art, and have made art and culture more accessible for millions of

continued on page 18

## Social Media Art To Be Displayed In Group Exhibition

**S**idney & Berne Davis Art Center will be displaying social media artwork in its Hit Me with Your Best Shot Group Art Show on the second floor Capital Gallery from August 3 to 28. The show opens during Art Walk on Friday, August 3 at 6 p.m.

This inventive group exhibition will feature never-before-displayed works

## Local Children Performing In Musical



Front, from left, Megan Salerno as July, Eleanor Kahle as Holly, Jazmyn Sanchez as Kate, Zoe McCarthy as Pepper; middle, from left, Ava Stoeberl as Annie, Sarah Salerno as Molly, Grace Layne Ryan as Nora; back, from left, Lilah Wilcoxson as Tessie and Allarie Kovacs as Duffy

photo provided

**C**urrently at Broadway Palm Dinner Theatre, 17 local girls are performing in the production of *Annie*, playing now through August 11. The young actresses were among more than 150 girls who auditioned this past March and then were cast into two companies which alternate performances.

The *Annie* swing, portraying the role two to three times per week, is 11-year-old Ava Stoeberl of Cape Coral. Sixteen girls make up two casts of orphans. The Yellow Cast includes 11-year-old Rilyn Dick of Cape Coral as Holly, 10-year-old Heidi Dorris of Cape Coral as Kate,

continued on page 9



The Regulars

photos provided

## Reggae Bands To Perform At Summer Concert

**R**eggae will be the featured genre at the Sounds of Summer Concert Series at the Sidney & Berne Davis Art Center (SBDAC) on Friday, August

10. Doors open at 7:30 p.m. and the music begins at 8 p.m.

Southwest Florida favorite Roots Almighty is the headlining act. The Bonita Springs group has been featured in the acclaimed Sugarshack Sessions and has played together for over a decade, first coming together in 2006 as Deep Roots and later to be rebranded as Jahgape in 2011.



Roots Almighty

With previous releases under those band names and some international success, Roots Almighty was born and formed due to the musical and spiritual evolution of its core members.

The opening act is The Regulars, winners of last year's Summer Singer-Songwriter Competition at SBDAC. Lean more about them at [www.facebook.com/theregularsofficial](http://www.facebook.com/theregularsofficial).

The Sounds of Summer concerts feature original musicians of both emerging and well-known artists. Tickets are \$5 per person. FSW and FGCU students can buy one ticket and get one free with student ID at the box office.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For more information, visit [www.sbdac.com](http://www.sbdac.com). ✨



Historic Downtown Fort Myers, Then And Now:

# Hendrys Go Motoring

by Gerri Reaves, PhD



These 1909 and 1911 Hendry family photos give us a glimpse of what “going for a drive” in a Cadillac was like more than a century ago.

The six older members of the family in the 1909 photo seem to take a somewhat formal and sedate approach to the new experience, while the 1911 group definitely look a bit more jaunty and relaxed.

Pictured on the far right in 1909 is Capt. Francis Asbury “Father of Fort Myers” Hendry with other notable pioneers. The 12 people pictured with the 1911 Cadillac are unidentified.

Indeed, motoring was a novel experience at that time and was an activity one could take up, if the necessary funds were available.

Owning a car was certainly out of the ordinary, and in the first decade of the 20th century, only a handful of cars were licensed in Lee County.

Well into the century, a motor outing was notable enough that it could make the newspaper as a society item.

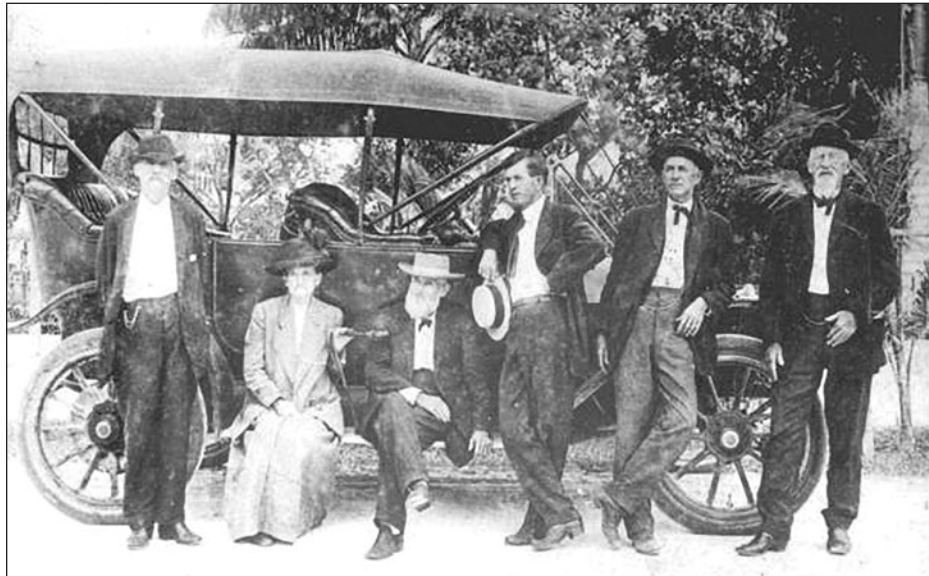
But breakdowns were numerous and roads unfit for the new contraption, so it’s no wonder that early automobile enthusiasts were often mechanics or friends of mechanics.

Go motoring on what passed for a road, and you’d inevitably end up with a flat or damaged tire or have a mechanical breakdown.

Motorists had to be ready to repair the car right where it stopped, thus tools and supplies were on board. There was no motor club to summon to the rescue.

Given the frequency of breakdowns and the exposure to weather and dirt, driving clothes or outer coats, as well as goggles, were common attire for serious drivers.

The first automobile to be seen in Fort Myers was a large touring car in April 1904 that came through and amazed citizens with a speed of 18 miles an hour down First



Members of the influential pioneer Hendry family pose with a 1909 Cadillac. On the far right is Capt. Francis Asbury “Father of Fort Myers” Hendry. Other notable pioneers are, from left, George Washington Hendry, brother to Capt. Hendry; Mary Jane Hendry Blount, sister of Capt. Hendry and wife of Jehu J. Blount; William Marion Hendry, brother to Capt. Hendry; James E. Hendry, Jr., grandson of Capt. Hendry; and James E. Hendry, Sr., Capt. Hendry’s son.

photo courtesy Florida State Archives



These unidentified Hendrys give a more carefree impression of motoring in a 1911 Cadillac photo courtesy SWFL Florida Historical Society

Street.

In 1908, a winter visitor brought a “high-wheeled Oldsmobile ‘devil wagon,’” as historian Karl H. Grismer calls it.

It must have impressed Gilmer M. Heitman, Sr., for he subsequently bought it.

However, its numerous breakdowns frustrated him so much that, within days, he sold it to legendary mechanic Ben King. (King would soon own the town’s first garage and filling station.)

So, we can speculate that Heitman was the first official car owner in town – despite various claims of other “firsts” in historical accounts.

The recurrent mechanical problems that autos typically had didn’t sour Heitman on the idea of cars ownership, however. He bought six REOs in April 1909. (The car was named for automobile pioneer Ransom Eli Olds.)

He evidently kept one, for a 20-horsepower REO was registered to Heitman in June 1909.

Those six REOs were a turning point in car ownership in Fort Myers. Various residents bought them, including – imagine – a woman, Sarah M. (Mrs. JE) Foxworthy.

Other Fort Myers women who went on to make history as early owners of automobiles circa 1913 were Rosamond Lee Rouse (Mrs. Clarence B.) Chadwick, M. Flossie Hill and Sallie Shands (Mrs. Conrad) Menge.

The Cadillac in the 1909 photo is likely one that James E. Hendry, Sr. bought from Heitman, who had brought two to town in May 1909. A 30-horsepower touring Cadillac was registered to Hendry in June of that year.

Walk, don’t drive, down First Street and envision a pioneer town without a single automobile.

Then visit the following two research centers to learn more about how the car has shaped Fort Myers, for good or ill.

The Southwest Florida Historical Society is an all-volunteer, nonprofit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday from 4 to 7 p.m. It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 or visit [www.swflhistoricalsociety.org](http://www.swflhistoricalsociety.org) for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park. Hours for the all-volunteer, nonprofit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only. For more information, call 332-8778 or visit [www.leecountyblackhistorysociety.org](http://www.leecountyblackhistorysociety.org).

Sources: The Archives of the Southwest Florida Historical Society and *The Story of Fort Myers* by Karl H. Grismer.✪

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Participants at a previous Art and Poetry Networking Event

photo provided

## Networking Event Fosters Artists, Musicians

Poetry, music and visual works have a home at the monthly Art and Poetry Networking Event, which will take place next at the Sidney & Berne Davis Art Center on August 23 at 8 p.m.

Are you an artist or performer? Gulf

Coast Leisure (GCL) features artists, musicians, poets, and more. Join in and register to participate in this month's showcase. Cost is \$10 to participate.

Since 2012, GCL has developed nightlife events, summer celebrations and community outreach by collaborating with local nonprofits. The first and longest-running event is the renowned Art & Poetry Networking event (APNE) on the fourth Thursday of the month.

Gulf Coast Leisure (GCL) is an arts

and entertainment company serving Southwest Florida locals and visitors. While its core following is the millennial market, their artistic events and community outreach touches all age groups from Gen Z to Baby Boomers by creating a movement, culture and lifestyle with their productions and products. GCL pushes the envelope within the arts community online and in person.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. Visit [www.gclmovement.com](http://www.gclmovement.com) for tickets, artist registration and more information.✳

## Restaurant To Hold Fundraiser For Fallen Officer

Sundial Beach Resort & Spa will hold a fundraiser for the family of Adam Jobbers-Miller, the Fort Myers Police Department Officer who was shot in the line of duty on July 21 and died from his injuries July 28.

Shima Japanese Steakhouse & Sushi Bar will donate a portion of its sales from Tuesday, August 7 through Saturday, August 11 to assist Officer Jobbers-Miller's family.

Shima Japanese Steakhouse & Sushi Bar is located within Sundial Beach Resort & Spa at 1451 Middle Gulf Drive on Sanibel. Reservations may be made by visiting [www.shimasushisteak.com](http://www.shimasushisteak.com) or by phoning 989-1160.✳

## TGIM Returns August 6

The Fort Myers Film Festival returns for its 9th season on August 6 when Thank God for Indie Mondays (TGIM) returns to the Sidney & Berne Davis Art Center's grand atrium. Doors open at 7:30 p.m., and films begin at 7 p.m.

See the first films submitted for selection and help decide which ones make it to the 2019 Fort Myers Film Festival (FMFF). Tickets are \$10 for adults and \$8 for seniors and students. Wendy Chase, Justin Verley and Kinlay Moroti will be the Celebrity judges. Eric Raddatz and Melissa Tschari DeHaven are the co-hosts.

Get a look at how the Fort Myers Film Festival views submissions for independent films and participate in the selection process. Have a say whether or not they should make final programming.

Come out and see short indie films submitted to the Fort Myers Film Festival every first Monday of the month in season at TGIM. The Fort Myers Film Festival is an independent filmmaker's preferred event to create, unite and showcase the finest artistic cinematic works. FMFF is celebrating nearly a decade of the finest indie films on the planet. For submission, volunteer and sponsorship opportunities contact [eric@fortmyersfilmfestival.com](mailto:eric@fortmyersfilmfestival.com).

The Sidney & Berne Davis Art Center is located at 2301 First Street in the historic downtown Fort Myers River District. Call 333-1933 or visit [www.sbdac.com](http://www.sbdac.com) for more information.✳



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Fort Myers Art:

## Play Boasts Actors Graduating From Inaugural Course

by Tom Hall



Under the direction of Artistic Director Bill Taylor, Theatre Conspiracy at the Alliance has been steadily increasing programming that includes minority actors and appeals

to diverse audiences. In this vein, Theatre Conspiracy produced August Wilson's *Ma Rainey's Black Bottom* two seasons ago, and followed that with *Seven Guitars* and Lorraine Hansberry's *A Raisin in the Sun* this past season. This initiative has been met with two surprising results.

The first has been the dearth of African-American actors available to fill the roles created by these and other brilliant minority playwrights to recount the black experience in America, both now and in yesteryear. The second has been the painful lack of diversity in the audiences who've attended the shows. Don't misunderstand. Taylor and veteran director Sonya McCarter are genuinely pleased and grateful for every single patron who turned out. But the lack of greater diversity in the audiences who saw *Ma Rainey*, *Seven Guitars* and *Raisin in the Sun*



**The Colored Museum involves 11 graduating actors of a recent nine-week course taking on challenging African-American roles**  
photo courtesy www.artswfl.com

underscores the need to reach people of color and stir their passion for truly great live theater.

So with a grant provided by the Southwest Florida Community Foundation, the Alliance for the Arts has embarked

upon an exciting and somewhat daring program to expand the pool of local talent capable of taking on challenging African-American roles while concurrently engendering in minority communities a greater interest in and appreciation for both the visual and performing arts.

The program is called Communities Harnessing the Arts to Nurture and Grow Equity, and it goes by the acronym of CHANGE. And one of the first steps in the initiative is a nine-week course at the Alliance that is engaging 11 adults from minority communities in the theater arts. They're currently enrolled in an intensive exploration of the fundamentals of acting, character development and scene work. And their education and training will culminate with a community showcase that takes place at the IMAG Theatre in August.

"They'll be performing a series of vignettes that are part of a play titled *The Colored Museum* by George C. Wolfe," reported McCarter, who admires the Emmy-winning 60-something playwright for his "intentional phraseology." More,

she respects Wolfe's ability to eviscerate the stereotypes that all of us embrace. By stripping off facades, artifice and emotional armor of the characters he contrives, Wolfe shines a cold, unapologetic light on the essence of the black experience in this country.

Or, as *New York Times* reviewer Frank Rich put it 32 years ago, way back in 1986, "How do American black men and women at once honor and escape the legacy of suffering that is the baggage of their past?"

It's not just a fair question, but one that compelled Wolfe to courageously excoriate the assumptions underlying no less than Lorraine Hansberry's iconic play *A Raisin in the Sun*. In a sketch titled *The Last Mama-on-the-Couch Play*, Wolfe ridicules the characters of Mama and her son, Walter Lee, the dialogue that passes between them, and the expectations that white audiences have of mainstream black performers and the playwrights who infuse them with animus – making good on his promise to deliver "a searing domestic drama that tears at the very fabric of racist America" by revealing the cultural blind spots of blacks and whites alike.

From an intellectual standpoint, *The Colored Museum* is the perfect sequel to the *Ma Rainey-Seven Guitars-Raisin in the Sun* trilogy that Bill Taylor and Sonya McCarter have produced at Theatre Conspiracy over the past two seasons. But *The Colored Museum* makes sense for a more pragmatic reason. While the individual playettes contain the pacing and unity of a full-length play, *The Colored Museum's* division into 11 revue-like vignettes is far easier and considerably less taxing on 11 neophyte actors, some of whom are appearing before a live audience for the very first time.

Regrettably, the performance is restricted to family, friends and invited guests due to the size of the IMAG Theatre... which will also make the newbies' introduction to the Southwest Florida theater community less imposing and more comfortable.

But fret not. "This is just the start of the [CHANGE] program," reassures McCarter. "We will have more opportunities to train and showcase in the near future."

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled *Art Detective*. A former tax attorney, he lives in *Estero* with his fiancé and their four cats. ✨

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## Charity Clay Shoot Returns November 30

Lee BIA Builders Care has opened registration for its second annual Charity Clay Shoot, a lively charity tournament that helps fund critical housing repairs for local homeowners in need. The Charity Clay Shoot, where individual shooters and teams navigate a 14-station course, will be held at Bermont Shooting Club on Friday, November 30. Registration and check-in begins at 9 a.m., and the tournament starts at 10 a.m. Participants are invited to a barbecue luncheon at 1 p.m., featuring live music, prize drawings and an awards ceremony to name the top individuals and teams.

Proceeds from the event will support Lee BIA Builders Care, the nonprofit charitable arm of the Lee Building Industry Association (BIA), and its efforts to provide emergency home repairs and construction services at no cost to elderly, disabled and economically disadvantaged people who are unable to obtain home repairs through traditional means.

“Our inaugural Charity Clay Shoot



Last year's Top Individual Shooter Mike Myers with Christi Pritchett

photo provided

last year attracted 130 participants and raised more than \$25,000, and everyone that participated had a great

time,” said Christi Pritchett, executive director of Lee BIA Builders Care. “The Charity Clay Shoot is just as much

fun for beginners as it is for skilled marksmen, so we’re hoping to draw even more participants this year.”

The entry cost is \$200 for individual shooters and \$650 for a four-person shooting team, and both options include lunch. Cart rentals are an additional \$50. Shooters may bring their own ammunition or purchase ammo at the event.

Land Solutions, Inc. is the presenting sponsor. Other event sponsors include Babcock Ranch, Barraco & Associates, Honc Industries and Stock Construction.

Two additional sponsorship levels are still available:

**Big Shot Sponsor:** \$1,500 for one shooting team, lunch and a cart, plus a company banner and recognition in all marketing materials

**Prize Sponsor:** \$2,500 for one shooting team, lunch and a cart, plus a company banner, recognition in all marketing materials and an opportunity to add a logo to awards

Bermont Shooting Club is located at 40571 Bermont Road in Punta Gorda. For more information, contact Lee BIA Builders Care at 938-0056 or email [builderscare@bia.net](mailto:builderscare@bia.net).✪

## Plans Announced For Creative Theater Workshop

Creative Theater Workshop (CTW) is holding open call auditions for the fall 2018 season and for advanced performing arts team as well as plans for the company’s future home.

Auditions for the fall 2018 season are for *Willy Wonka Jr.* (ages 6 to 16), *Winnie the Pooh Kids* (grades K to 6) and *Oliver!* (ages 8 to adult). The shows will be performed at the Herb Strauss Theater on Sanibel. *Willy Wonka Jr.* and *Oliver!* will rehearse in Fort Myers. *Winnie the Pooh Kids* will have two separate casts – one that rehearses in Fort Myers, the other which rehearses on Sanibel. For more information about rehearsal and performance dates, and to sign up for an audition, visit [www.ctwtheater.com](http://www.ctwtheater.com).

Auditions for CTW’s advanced performing arts team will take the team of triple threats ages 8 to 18 to compete at the Junior Theater Festival (JTF) in Atlanta, Georgia. The Junior Theater Festival is the world’s biggest celebration of young people performing musical theater, an opportunity to make memories that will last a lifetime. Students will perform a 15-minute selection from *Alice in Wonderland Jr.* for adjudication by leading theater professionals. Additionally, students will participate in theater workshops led by Broadway professionals, watch performances, see a live Broadway concert and audition for opportunities to go to New York City. This year will be CTW’s sixth time attending the Junior Theater Festival. Last year, CTW took its production of *Elf Jr.* Through this event, three CTW students were chosen to go

to New York City during the summer of 2018. Students will rehearse in Fort Myers and perform at JTF in Atlanta.

Audition dates include:

*Selections from Alice in Wonderland Jr. (JTF):* Saturday, August 4 at G-Force Dance Studio; callbacks August 11 at 5 p.m.

*Willy Wonka Jr.:* Saturday, August 11 at G-Force Dance Studio

*Winnie the Pooh Kids:* Tuesday, September 4 at Herb Strauss Theater on Sanibel and Saturday, September 8 at G-Force Dance Studio

*Oliver!:* Saturday and Sunday, September 15 and 16 at Robin Dawn Academy in Cape Coral

Donors are needed to sponsor at least 20 students for the fall 2018 season of shows. Cost for each student is \$250; to sponsor one of the three productions, costs \$10,000. CTW is also looking for donors to sponsor students traveling to the Junior Theater Festival. If you would like to sponsor a student or the event, contact Michelle Messina-Hamstra at [michelle@ctwdirector.com](mailto:michelle@ctwdirector.com) or call 738-3525.

CTW has primarily been on Sanibel for over four years and has served thousands of students through its 71 past productions. The company plans to include even more children by expanding to Fort Myers for the fall 2019 season. Thanks to the generosity of local patrons of the arts, CTW is only \$38,000 away from opening its permanent home in South Fort Myers. The company plans to keep a Sanibel children’s theater chapter and hopes to sign a two- to five-year contract with BIG ARTS Herb Strauss Theater in order to keep children’s theater on the island for years to come. CTW thanks BIG ARTS and Bobby Logue for reaching out to bring theater back to the island.

For more information, visit [www.ctwtheater.com](http://www.ctwtheater.com).✪

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# Along The River

The **IMAG History & Science Center** will discuss robotics technology at a free event about the **FIRST (For Inspiration and Recognition of Science and Technology) robotics competition program** this Thursday, August 2 from 6 to 8:30 p.m.

Attendees will learn how to start their own team or join an existing team and how to become a mentor, coach or sponsor of a FIRST team. Registration is open at [www.swfrtp.org](http://www.swfrtp.org). The program is open to the public.

IMAG is located at 2000 Cranford Avenue in Fort Myers. For more information, visit [www.facebook.com/events/176425589855665](http://www.facebook.com/events/176425589855665).

The River District Alliance will host **Art Walk in downtown Fort Myers** this Friday, August 3 from 6 to 10 p.m. and Saturday, August 4 from 11 a.m. to 4 p.m.

Fourteen galleries invite visitors and residents to meet the artists and enjoy live art demonstrations and exhibitions along the river district.

For more information, visit [www.fortmyersriverdistrictalliance.com](http://www.fortmyersriverdistrictalliance.com).

One of the galleries, Arts for ACT, will host an opening reception and a meet-the-artist session for artists Tom Breckenridge, Michael Klein and over 25 cooperative artists during Art Walk from 6 to 10 p.m. The exhibits will be on view through Monday, September 3.

Arts for ACT Gallery is located at 2265 First Street in downtown Fort Myers. For more information, visit [www.artsforactgallery.com](http://www.artsforactgallery.com).



**BT#39 Quantum Leap** by Michael Pohlman

[artsforactgallery.com](http://artsforactgallery.com).

The **Sidney & Berne Davis Art Center** will host four diverse artists during a **group art show** entitled **Abstracted** during Art Walk this Friday, August 3 from 6 to 10 p.m. The opening exhibit in the Grand Atrium features the works of Karen Gozzo Nolan, Michael Pohlman, Jeffrey Scott Lewis and Yvonne Krystman. Each artist contributed works that exemplify the abstract, yet evoke powerful emotions.

image provided

There is no charge to view the exhibit, which closes on August 28 at 5 p.m.

The **Sidney & Berne Davis Art Center** is located at 2301 First Street in the historic downtown Fort Myers River District. Visit [www.sbdac.com](http://www.sbdac.com) for more information.

**The Mound House** on Fort Myers Beach will be offering a **Sunrise Kayak Tour** this Friday, August 3 at 6:30 a.m. Participants will explore tidal creeks and winding mangrove tunnels extending into the hidden backwaters of Estero Bay as only a kayaker can. This unique tour offers rare opportunity to experience the abundant life within the estuary at first light and catch a sunrise on Estero Bay.

Cost is \$45 per person; members are \$15. All paddling equipment is provided. The tour is weather permitting. There is a maximum of 12 paddlers per tour. Reservations required by

calling 765-0865. The tour will also be conducted on Saturday, August 11.

The Mound House is located at 451 Connecticut Street on Fort Myers Beach. For more information, visit [www.moundhouse.org](http://www.moundhouse.org) or call 765-0865.

Indie movie buffs are anticipating the return of **Thank God for Indie Movie Mondays (TGIM)** at the **Sidney & Berne Davis Art Center**. The 2018-19 season begins this Monday, August 6 with doors opening at 6:30 p.m. and films beginning at 7 p.m.

See the first films submitted for selection and help decide which ones make it to the 2019 Fort Myers Film Festival (FMFF). Tickets are \$10 for adults and \$8 for seniors and students. Wendy Chase, Justin Verley and Kinfa Moroti will be the celebrity judges. Eric Raddatz and Melissa Tschari DeHaven are the co-hosts.

Each indie film to view comes from a different writer and director. This makes for a truly eclectic line-up of original filmmaking. Enjoy cocktails, live entertainment during intermission and judges' comments on the films all evening long.

Get a look at how the Fort Myers Film Festival views submissions for independent films and participate in the selection process. Have a say whether or not they should make final programming. For submission, volunteer and sponsorship opportunities, contact [eric@fortmyersfilmfestival.com](mailto:eric@fortmyersfilmfestival.com).

The Fort Myers Film Festival's 9th annual festival will be held in April 2019 at the Barbara B. Mann Performing Arts Hall, Sidney & Berne Davis Art Center, Alliance for the Arts, Broadway Palm Dinner Theatre, Library and Imaginarium with parties and dinners at Twisted Vine Bistro, Firestone and other select venues.

The Sidney & Berne Davis Art Center is located at 2301 First Street in the historic downtown Fort Myers River District. Call 333-1933 or visit [www.sbdac.com](http://www.sbdac.com) for more information.\*

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## Women In Sports Lecture This Saturday

by Jeff Lysiak

A panel discussion focused on the contributions of women in sports will be held this Saturday, August 4 beginning at noon at the Fort Myers Regional Library, located at 2450 First Street in Fort Myers. The guest speaker will be Cathy Oerter, a track and field professional and chairwoman of the board of directors for Art of the Olympians. Admission is free.

Among the legendary female figures in the world of sports to be featured during the lecture are tennis standouts Althea Gibson and Billie Jean King and track stars Alice Coachman and Wilma Rudolph.

Part of the Smithsonian's Museum on Main Street traveling exhibit **Hometown Teams: How Sports Shape America**, the display captures the stories that unfold on the neighborhood fields and courts; or underdog heroics,

larger-than-life legends, fierce rivalries and gut-wrenching defeats. The exhibit features sports-related objects, images, videos and personal stories from the Smithsonian's cast collection and highlights memorabilia and stories collected from our southwest Florida community.

This exhibit is made possible by a Florida Humanities Council Grant awarded to the Southwest Florida Historical Society. Project partners include the Smithsonian, the Alliance for the Arts and the Lee County Black History Museum. Special thanks to the City of Fort Myers, Lee County Sports Development and the Lee Trust for Historic Preservation for their contribution to the success of this exhibit.

The Hometown Teams exhibition is currently on display at the Alliance for the Arts, located at 10091 McGregor Boulevard in Fort Myers. Admission is free, but a \$5 donation is suggested. The exhibit will be on display through Saturday, August 11.

For more information, visit [www.artinlee.org](http://www.artinlee.org).\*







A family has fun inventing in the Spark!Lab at Edison & Ford Winter Estates

photo provided

## Indoor Activities For Rainy Days At Estates

Edison & Ford Winter Estates offers indoor activities for Southwest Florida visitors and residents. The National Historic Chemical Landmark botanic laboratory and the air-conditioned, 15,000-square-foot museum are open seven days a week from 9 a.m. to 5:30 p.m. On days when

it's raining or too hot to spend time outdoors, visitors have the option of purchasing an admission ticket for the museum and lab only. The cost of the museum and lab ticket is \$15 for adults, \$12 for teens (ages 13 to 19), \$8 for children (ages 6 to 12), while children 5 years old and younger are admitted free.

The museum offers two new exhibits: the Smithsonian Spark!Lab and the Timeline of Innovation. The Smithsonian Spark!Lab is a hands-on, interactive exhibit for families and children. A series of rotating stations with themes such as vehicle construction, microscope plant exploration, flying machines and Snap Circuits challenge visitors to place themselves in the mindset of an inventor.

The Timeline of Innovation is a chronological exhibit of both Edison's and Ford's major innovations. The timeline highlights achievements in dozens of fields and showcases some of the most interesting artifacts. It also provides visitors with a narrative on how Edison, Ford and others built on earlier innovations to create their own inventions. Visitors also can attend daily phonograph demonstrations and listen to Edison's favorite invention.

In addition to the lab and museum, the site includes Thomas Edison's and Henry Ford's winter homes, caretaker's houses, the swimming pool complex, Edison's study and the Moonlight Garden, all on more than 20 acres of botanic gardens. It's open every day of the year, except Thanksgiving and Christmas.✱



Amarias Mejia

photos provided

## Continental Women Award Scholarships

The Continental Women's Club of Greater Fort Myers recently awarded a \$3,000 scholarship to each of two graduating senior girls from Lee County high schools.

The recipients are Amarias Mejia and Kayla Hogan. Mejia is a graduate of Dunbar High School who will be attending Saint Leo University and majoring in criminal justice. Hogan



Kayla Hogan

is a graduate of Cape Coral High School who will be attending Florida Southern College with a double major in physical therapy and business.

The Continental Women's Club of Greater Fort Myers is a social, cultural and philanthropic organization established in 1975. Membership is open to women living in Lee County who are interested in both social and philanthropic endeavors.

Continental Women's Club started awarding scholarships in 1998 and, to date, they have helped 45 High School Seniors by contributing over \$48,000 in scholarships.✱



From left, Heidi Dorris as Kate, Mia Zottolo as Pepper, Natalie Taylor Ross as Nora, Avery King as Duffy, Annika Veldhuyzen van Zanten as Tessie, Macy Magas as July, Rilyn Dick as Holly and Johnieann Smith as Molly

photo provided

From page 1

## Musical

15-year-old Avery King of Cape Coral as Duffy, 12-year-old Macy Magas of Cape Coral as July, 11-year-old Natalie Taylor Ross of Fort Myers as Nora, 7-year-old Johnieann Smith of Fort Myers as Molly, 10-year-old Annika Veldhuyzen van Zanten of Fort Myers as Tessie and 10-year-old Mia Zottolo of Cape Coral as Pepper.

The Red Cast includes 10-year-old Eleanor Kahle of Fort Myers as Holly, 14-year-old Allarie Kovacs of Cape Coral as Duffy, 13-year-old Zoe McCarthy of Cape Coral as Pepper, 12-year-old Grace Layne Ryan of Fort

Myers as Nora, 16-year-old Megan Salerno of Cape Coral as July, 8-year-old Sarah Salerno of Cape Coral as Molly, 10-year-old Jazmyn Sanchez of Cape Coral as Kate and 15-year-old Lilah Wilcoxson of Fort Myers as Tessie.

Performances are Wednesday through Sunday evenings with select matinees. Tickets are \$20 for the buffet and the show for children age 18 and younger. Adult ticket prices range from \$45 to \$70 with discounts for parties of 20 or more. Advance reservations are required. Tickets can be reserved by calling 278-4422, by visiting [www.broadwaypalm.com](http://www.broadwaypalm.com) or by stopping by the box office at 1380 Colonial Boulevard in Fort Myers.✱

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## OBITUARY



## BOBBY JOE BAILEY

**B**obby Joe Bailey, age 71, of Holmes Beach, Florida passed away on Friday, July 20, 2018 unexpectedly at home. Bobby was a loving and caring husband, father, son, uncle, cousin and friend.

Bobby was born to Herman and Jewel (Banes) Bailey on May 5, 1947 in Birmingham, Alabama. He was a 1965 graduate of Southeast High School (Bradenton, Florida). Bobby was

united in marriage to Rita Dacus Bailey on October 29, 2001 in Key West. He was a Navy Veteran (1966 to 1970), started his public service career at the Bradenton Police Department (1971 to 1976) and retired as a lieutenant of the Longboat Key Police Department after 23 years (1976 to 1999). He was a longtime member of the Blue Knights, Bradenton Elks Lodge #1511, Elks Riders Lodge #1511, Bradenton VFW Post #10141, Sons of the Confederacy and a Fellow of the Moose Lodge. He spent many years training in the style of Shorin Ryu, elevated to Sensei with a 2nd degree black belt and later became a student of Tai Chi Chih. In his spare time, he enjoyed his family, friends, reading about American history and traveling.

Bobby is preceded in death by his parents (Herman and Jewel Bailey).

He is survived by his wife, Rita Bailey of Holmes Beach; and son, Jeffrey Bailey (wife Misty Bailey) of Toano, Virginia; his brother, Billy Bailey of Homosassa, Florida; and sister, Delaine McFadden of Deltona, Florida. He is further survived by nieces, nephews, other relatives and friends.

A memorial service for Bobby Bailey took place at Groover Funeral Home in Ellenton, Florida on July 30 at 1 p.m. with the Pastor Bill Pierson presiding. There was no reception that follow.

In lieu of flowers, the family requests that memorial contributions be made to Moffitt Cancer Center Foundation.

Donations can be made online at [www.moffitt.org/donate](http://www.moffitt.org/donate) or by mailing a check to Moffitt Cancer Center Foundation, MBC-FOUND, 12902 Magnolia Drive, Tampa, FL 33612; or by calling 1-800-456-3434 ext. 1403. Please include: Memorial name (Bobby Bailey); name of family member(s) to be notified (Rita Bailey); address of family member(s) to be notified when gifts are made (260 South Harbor Drive, Holmes Beach, FL 34207) or Project Paws Alive [www.projectpawsalive.org/donation-honor-cards](http://www.projectpawsalive.org/donation-honor-cards).✽

## Inaugural 5K Walk To Benefit Mental Health

**T**he National Alliance on Mental Illness (NAMI) for Lee, Charlotte and Hendry counties will host its first annual 5K walk on September 29. NAMIWalks Southwest Florida will begin at the City of Fort Myers Pier at 7 p.m. Check-in will begin promptly at 6 p.m. and various activities for all ages will take place throughout the day, including activities for those who wish to participate, but not walk. Fundraising teams are also welcome.

The event is designed to raise awareness and funds for mental health. The fundraising goal is \$75,000. Mayor Randy Henderson is serving as the hon-

orary chairperson and local WINK-TV morning anchor Corey Lazar is serving as the NAMIWalks ambassador.

Join NAMIWalks Southwest Florida to help them reach their goal to fill the bridge in downtown Fort Myers and be a part of a movement that improves lives and communities one step at a time. Celebrating its 16th year nationwide, NAMIWalks takes place in more than 85 communities across the country to raise money for vital programs and services that are provided to those in need free of cost.

"Every journey begins with that first step. Through NAMIWalks' public, active display of support for people affected by mental illness, we are changing our American communities and ensuring that help and hope are available for those in need," said Vacharee Howard, NAMI Lee, Charlotte and Hendry Counties executive vice president.

Join the thousands of concerned citizens in more than 85 communities across the nation that walk together to raise money and awareness to ensure free vital NAMI programs and services are available to provide help and hope to those in need.

Register for free at NAMIWalks Southwest Florida at [www.namilee.org/namiwalks\\_swfl](http://www.namilee.org/namiwalks_swfl). For more information about NAMIWalks Southwest Florida or details about donating, volunteering, or becoming a sponsor, visit [www.namilee.org](http://www.namilee.org).✽

## Churches/Temples

### ALL FAITHS UNITARIAN CONGREGATION

Sunday 10:30 a.m., 2756 McGregor Boulevard, [allfaiths-uc.org](http://allfaiths-uc.org), 226-0900.

### ALL SAINTS BYZANTINE RITE CATHOLIC

Sunday 10:30 a.m. 10291 Bayshore Road, 305-651-0991.

### ANNUNCIATION GREEK ORTHODOX

Sunday 9 and 10 a.m. 8210 Cypress Lake Drive, [annunciation.fl.goarch.org](http://annunciation.fl.goarch.org), 481-2099.

### BAT YAM-TEMPLE OF THE ISLANDS

Friday Shabbat at 7 p.m. 2050 Periwinkle Way, [www.batyam.org](http://www.batyam.org) 579-0296.

### BETH SHILOH MESSIANIC SYNAGOGUE

Friday 8 p.m., Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

### BIBLESHARE

10 a.m. Sunday and 7 p.m. Tuesday, 7050 Winkler Rd, Suite 121, [www.simplysimpleworship.com](http://www.simplysimpleworship.com), 437-8835.

### BREAD OF LIFE MINISTRIES

Sunday 10:30 a.m. 16581 McGregor Boulevard, 267-3166.

### CHABAD LUBAVITCH ORTHODOX

Friday 6:30 p.m. 5620 Winkler Road, [chabadsfwf.org](http://chabadsfwf.org), 433-7708.

### CHAPEL OF CYPRESS COVE

Sunday 10 a.m. 10200 Cypress Cove Circle, [revtedalhouse@aol.com](mailto:revtedalhouse@aol.com), 850-3943.

### CHURCH OF THE CROSS

Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

### CONGREGATIONAL

Sunday 10:30 a.m. 1619 Llewellyn Drive, [taecc.com](http://taecc.com), 334-4978.

### COVENANT PRESBYTERIAN

Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

### CYPRESS LAKE BAPTIST

Sunday 9:45 and 11 a.m., 7 p.m.;

Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442.

### CYPRESS LAKE PRESBYTERIAN

Sunday 8, 9, 10 and 11 a.m. 8260 Cypress Lake Drive, [www.clpc.us](http://www.clpc.us), 481-3233.

### CYPRESS LAKE UNITED METHODIST

Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

### FAITH FELLOWSHIP WORLD OUTREACH

Sunday 10:30 a.m., Thursday 7:30 p.m., Friday 7:30 p.m. 6111 South Pointe Boulevard, 278-3638.

### FAITH UNITED METHODIST

Sunday 8:45 and 10:30 a.m. 15690 McGregor Boulevard, 482-2030.

### FIRST CHURCH OF CHRIST, SCIENTIST

Wednesday 12 noon Testimony Service, Sunday 10:30 a.m. 2390 West First Street, [christiansciencefortmyers.net](http://christiansciencefortmyers.net), [christianscience.com](http://christianscience.com).

### FIRST CHURCH OF THE NAZARENE

Sunday 10:30 a.m. and 6 p.m. 13545 American Colony Boulevard, 936-2511.

### FIRST UNITED METHODIST CHURCH

Sunday 9:30 a.m. and 5:30 p.m. 2466 First Street, [www.fumcftmyers.org](http://www.fumcftmyers.org), 332-1152.

### FORT MYERS CHRISTIAN

Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

### FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST;

Sunday 10 a.m., 8210 College Parkway, 482-3133.

### IONA-HOPE EPISCOPAL CONGREGATION

Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m. 9650 Gladiolus Drive, 454-4778.

### JESUS THE WORKER CATHOLIC

Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m. 881 Nuna Avenue, 481-1143.

### KINGDOM LIFE

Sunday 10:30 a.m. 2154 McGregor

Boulevard, 218-8343.

### LAMB OF GOD

Sunday 7:45 and 10 a.m. 19691 Cypress View Drive, [lambogodchurch.net](http://lambogodchurch.net), 267-3525.

### NEW BEGINNINGS CENTER

Friday 6:30 and 7 p.m. 8505 Jenny Cae Lane, [nbcministry@embarqmail.com](mailto:nbcministry@embarqmail.com), [facebook.com/nbcministry](http://facebook.com/nbcministry), 656-0416.

### NEW COVENANT EYES

Monthly 9 a.m. 1900 Park Meadows Drive, [newcovenanteyes.com](http://newcovenanteyes.com), 220-8519.

### NEW HOPE BAPTIST

Sunday 11 a.m.; Wednesday 7 p.m. 16120 San Carlos Boulevard, Unit 10, 985-8503.

### NEW HOPE PRESBYTERIAN

Sunday 8, 9:30 and 11 a.m. 10051 Plantation Road, [www.newhopefortmyers.org](http://www.newhopefortmyers.org), 274-1230.

### PEACE COMMUNITY

Sunday 10:30 a.m. [www.17671PineRidgeRoad.peacecommunitychurch.com](http://www.17671PineRidgeRoad.peacecommunitychurch.com), 267-7400.

### PEACE LUTHERAN

Sunday 8 and 10 a.m. 15840 McGregor Boulevard, [www.peaceftmyers.com](http://www.peaceftmyers.com), [peace@peaceftmyers.com](mailto:peace@peaceftmyers.com), 437-2599.

### REDEEMER LUTHERAN

Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.

### RIVER OF LIFE ASSEMBLY OF GOD

8, 9:45 and 11:30 a.m. 21580 River Ranch Road, 495-0400.

### SAMUDRABADRA BUDDHIST CENTER

Meditation classes. [MeditationInFortMyers.org](http://MeditationInFortMyers.org), 567-9739.

### SAINT COLUMBKILLE CATHOLIC

Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m. 12171 Iona Road, 489-3973.

### ST. FRANCIS XAVIER CATHOLIC

Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m. 2157 Cleveland Avenue, 334-2161.

### SAINT JOHN THE APOSTLE METROPOLITAN

Sunday 10 a.m. 3049 McGregor Boulevard, 344-0012.

### SAINT MICHAEL LUTHERAN

Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m. 3595 Broadway, 939-1218.

### SAINT NICHOLAS MONASTERY

Sunday 9:30 a.m. 111 Evergreen Road, [saintnicholasmonastery.org](http://saintnicholasmonastery.org), 997-2847.

### ST. VINCENT DE PAUL CATHOLIC

Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m. 13031 Palm Beach Boulevard, 693-0818.

### SOUTHWEST BAPTIST

Sunday 11 a.m.; Wednesday 6 p.m. 16940 McGregor Boulevard, 454-3336.

### TEMPLE BETHEL SYNAGOGUE

Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. 16225 Winkler Road, [templebethel.com](http://templebethel.com), 433-0018.

### TEMPLE JUDEA (CONSERVATIVE)

Friday 6:30 p.m. and Saturday 9 a.m. [tjswfl.org](http://tjswfl.org), 14486 A&W Bulb Road, 433-0201.

### THE NEW CHURCH

Sunday 11 a.m. 10811 Sunset Plaza Circle #401, [newchurchflorida.com](http://newchurchflorida.com), 481-5535.

### UNITARIAN UNIVERSALIST

Sunday 10:30 a.m. 13411 Shire Lane, [uucfm.org](http://uucfm.org), 561-2700.

### UNITY OF FORT MYERS

Sunday 10 a.m. 11120 Ranchette Road, [unityoffortmyers.org](http://unityoffortmyers.org), 278-1511.

### WESTMINSTER PRESBYTERIAN CHURCH

Sunday 9:30 and 10:45 a.m. 9065 Ligon Court, 481-2125.

### WORD OF LIFE

Sunday 10 a.m., Wednesday 7 p.m. 2120 Collier Avenue, 274-8881.

### ZION LUTHERAN

Sunday 8, 9:30 and 10:45 a.m. 7401 Winkler Road, [zionfm.org](http://zionfm.org), 481-4040.✽



CROW Case Of The Week:

# Common Nighthawk



by Bob Petcher

The common nighthawk (*Chordeiles minor*) is rather uncommon in respects to its name. Since it is known to be active both at dawn and dusk, it is not strictly nocturnal, nor is it

related closely to hawks in general. In fact, it is more related to an owl.

This medium-sized bird can be well disguised due to its gray, white and black color patterns. This camouflaging can be seen as a blessing, but also a curse since nighthawks tend to nest on open ground.

Interestingly, the common nighthawk feeds entirely by flying directly into a swarm of insects with mouth and throat wide open. No major foraging or seizing food with their feet or bills, this simpler process, which involves diving and swooping, allows dinner to go right down the hatch without much effort.

The common nighthawk's dive also works as a courting ritual. Males descend upon females by making a booming sound when air rushes over their wings. They eventually land on the ground before the female to spread and shake their tails, puff out their throats and croak at her.

Young common nighthawks make their

first flights on average at roughly 21 days. Complete development usually occurs in the 45 to 50 day range.

On July 9, two fledgling common nighthawks were admitted to the hospital from Fort Myers. Upon examination, one of the two birds was found to be overtly healthy, however the other one was found to have severe subcutaneous emphysema – when gas or air is in the layer under the skin – along the right side of its abdomen.

“When we receive sibling animals, they often are together because they are not old enough to fend for themselves. In the case of these nighthawks, they were very close to being independent, but needed a little more time,” said Dr. Kyle Abbott, CROW veterinary intern. “We kept both to help them reach a larger size where they can feed and fend for themselves. It also allowed us to monitor the sibling that appeared healthy and ensure it was fit to survive on its own.”

Regarding the injured patient, a small vent was made in the air sac to allow the air to escape. The bird was provided with antibiotics and housed with its sibling.

“Making the small vent in the skin allowed the trapped air to escape the space under the skin. Once this air was removed, the body could repair whatever underlying injury allowed the air into that space,” said Dr. Abbott. “We could not identify the inciting wound, but these injuries can occur from external wounds or from rupturing air sacs internally. Birds have structures called air sacs throughout their bodies, in addition to lungs, as part of their normal respiratory tract.”

Both nighthawks received flight training and were released on July 28 in



Patients #18-2714 and #18-2715 spending time together prior to release

photo by Brian Bohlman

an area where other nighthawks were observed.

“Once these two learned to eat in our care, they did well,” said Dr. Abbott. “They continued to grow and reached a stage where they were big enough to take care of themselves.”

Finding nighthawks on the ground does not mean they fell from their nests. Nighthawks are known to be ground nesters who do not build nests. They lay their eggs directly on the ground and rely on camouflage for protection from predators.

“In the case of these siblings, one was found in a screened-in area of a house, which is not normal. When we see something like this, it is likely pets or another predator may be involved, and

it is safe to have them seen by a wildlife veterinarian,” added Dr. Abbott. “For most other young animals found on the ground, it may be in their best interest to leave them. We are available to answer any questions about found animals to help decide if they need our help. It is always best to contact a licensed wildlife rehabilitator before attempting to help a wild animal.”

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org).

## “Top 5 Breakfast in Florida” - Southern Living

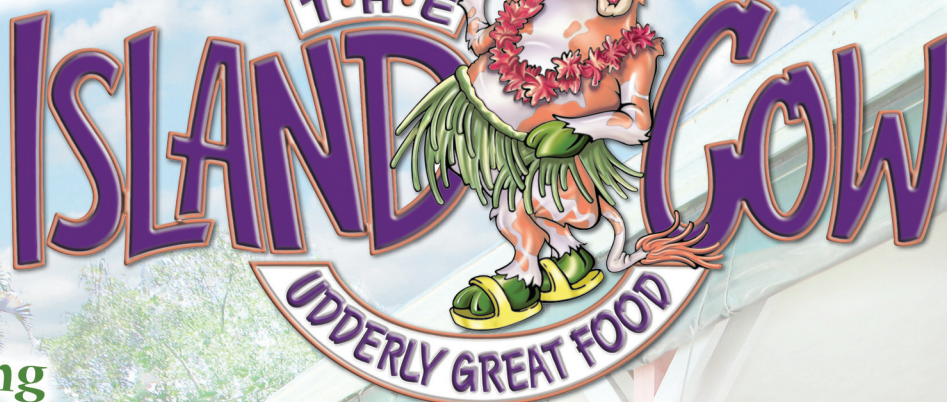
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# Summer Snapper Bite Continues



by Capt. Matt Mitchell

The stories of water woes continued this week with patchy red tide on the gulf side and dead fish up on the beaches. Just because there are dead fish on the beach does

not mean the red tide is in the sound. In fact, to the contrary, fishing in the sound has been really consistent. A few mornings this week, we did have issues with bait dying in the livewell just inside Redfish Pass and Lighthouse Point. Moving away from these passes, we caught bait and had great days catching lots of fish. What's really strange to me is the fishing in the mouth of the river and southern Matlacha Pass has been some of the hottest action around on a crazy variety of fish.

Small shiners remained the daily bait of choice with fish blowing up on them when chummed. With our shallow water mangrove snapper bite in high gear, it's been relatively easy to catch a limit of good sized snapper up to a respectable 14 inches. Some of my favorite and most productive places to catch these fish has been in the southern end of Matlacha Pass and mouth of the river. At first glance, this water looks really black, but on closer inspection its pretty clear, tannin-stained and full of life.

Canal and creek mouths along with oysters bars have been my go-to when fishing this area in the southern sound. A strong high incoming tide proved the most successful time to fish these places. Along with the snapper, we have also been catching a mixed bag including big trout, snook, Spanish mackerel, jacks and even a few redfish. A few scoops of these small shiners has been all its taken to have these places light up with more surface action than you would have ever thought possible.

With some perfect mid-morning high tides to go after redfish, I am starting to catch a few. The best redfish day came while fishing with Mary Laser and Gary Biltgen as we managed to put three slot-sized redfish in the boat. Every redfish caught this week ate the same little fry bait I have been using to catch all of the species mentioned. With the water just so hot, it seems most fish just prefer a bite-sized snack than a full meal larger bait. Wind blown shorelines from Buck Key to Wulfert Keys were all good places to target these redfish.

If you're planning on going on a fishing trip in the next few weeks, remember the last thing any guide wants is to take clients out and not catch them fish. If fishing is bad due to red tide, any respectable guide will be the first one to tell the client that it's not worth going. When you have a new client from out of town that has seen all the dead fish all over the beach, they are often apprehensive about going fishing or just don't even book a trip. Ask your guide how the red tide has been and if it's effecting where they fish. Over the past few weeks, many of my guide friends, me included,



Gary Biltgen with a slot-sized redfish caught while fishing with Capt. Matt Mitchell this week photo provided

have had cancellations because of the amount of dead fish showing up on the beach and potential clients hearing all the negative reports on the news. In reality, fishing in the sound has been really good despite the red tide in the gulf.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).

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Baybean has rounded coarse leaflets and curved seed pods that are dispersed by ocean currents photos by Gerri Reaves

**Plant Smart**  
**Baybean**

by Gerri Reaves

**B**aybean (*Canavalia rosea*) is a native herbaceous sprawling vine that produces racemes of rose-pink or rose-purple flowers throughout the year.

As the common name implies, it sometimes grows on dunes and beaches, although it grows inland as well. Because it roots at the nodes, it helps to stabilize dunes by preventing erosion.

Other names are beach-bean, seaside bean and seaside Jackbean, the latter a reference to the fairytale "Jack and the Beanstalk."

Ocean currents naturally disperse the floating seed pods.

Clusters of one- to two-inch flowers appear on long erect spikes and attract pollinators. Each flower, typically described as "upside-down," is two-lipped with a white throat.

The flowers resemble those of another native but more diminutive vine of the pea family, spurred butterfly pea (*Centrosema virginianum*).

Three rounded leaflets of three to four inches comprise the leaves, which are alternate and coarse-textured, and tend to fold up during the hottest part of the day.

Leaflet apices can be notched or smoothly rounded.

The seed pods measure four to six inches long and are an inch to an inch and a half wide.

Caution: The curved seed pods are "dangerously narcotic," in the words of plant scientist Roger Hammer. According to numerous experts, immature seeds are poisonous if ingested but edible if cooked.

This is a resilient vine, very tolerant of full sun, drought, salt and salt spray, and wind. Use it as a fence or trellis cover or as a dense groundcover of up to a foot high.

It will easily grow to fit the space it's given. The fleshy stems reach as long as 50 feet and climb whatever's in reach, so it might need occasional pruning.

It will grow in almost any soil and likes moisture. Propagate it with seeds or cuttings.

Sources: *Everglades Wildflowers* by Roger L. Hammer; *Florida, My Eden* by Frederic B. Stresau; *A Gardener's*



This native vine is a member of the pea family. The flowers bloom throughout the year.

*Guide to Florida's Native Plants* by Rufino Osorio; *Growing Native* by Richard W. Workman; *The Guide to Florida Wildflowers* by Walter Kingsley Taylor; *Native Florida Plants* by Robert G. Haehle and Joan Brookwell; *The Shrubs and Woody Vines of Florida* by Gil Nelson; *Wildflowers of Florida* by Jaret C. Daniels and Stan Tekiel; www.floridata.com; www.fnps.org; and www.regionalconservation.org.

*Plant Smart explores the diverse flora of South Florida.*✧

**Dean's List**

**F**ort Myers native Hannah Boyan recently qualified for Spring 2018 Dean's list at the Seton Hall University.✧

**Water Quality Issue Addressed At Public Forum**

**L**ocal scientists who are concerned about water quality will be hosting a free public forum on health and toxic algae at Broadway Palm Dinner Theatre on Monday, August 6 from 6 to 8 p.m. The panel includes Dr. Parisima Taeb, a physician, Dr. Jennifer Boddicker, a microbiologist and Wildlife Ecologist Annisa Karim.

"Once again, our rivers and waterways are being choked by green algae slime that is harmful to both wildlife and humans," says Kariem.

Dr. Taeb, a physician from Lee County understands that the community is worried about how the algae blooms will affect their health: "This is an opportunity for citizens to speak with experts in the field and explore real solutions."

Dr. Boddicker will draw upon her background in microbiology to answer questions about why the algae blooms keep happening, and what can be done to prevent them. All three scientists are running for public offices, but they do not consider this a campaign event: the town hall will focus on actionable solutions to immediate problems.

Tickets for this event are free but should be requested in advance by emailing flcoalition4science@gmail.com. Include your first name, zip code and any questions you would like addressed during the forum. Answers will be provided in a town hall format, live at the event.

All three scientists are running for public office so that they can address this important issue at the legislative level. The purpose of the town hall, however, is an educational event for concerned citizens.

Broadway Palm Dinner Theatre is located at 1380 Colonial Boulevard in Fort Myers.✧



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# Local Navy Woman Defends America

submitted by Mass Communication Specialist 1st Class Jerry Jimenez, Navy Office of Community Outreach

A 2010 Cape Coral High School graduate and Fort Myers native is stationed with a command responsible for teaching future information warriors the skills required to defend America around the world.

Petty Officer 2nd Class Mariah Knopp works as a cryptologic technician and operates out of the Information Warfare Training Command (IWTC) Corry Station.

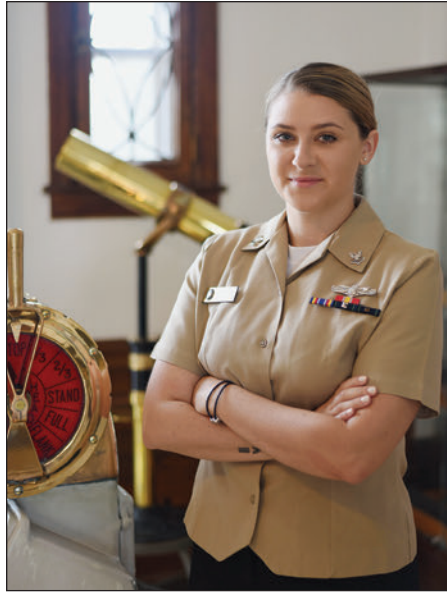
A cryptologic technician is responsible for analyzing electronic communications, jamming enemy radar signals, deciphering information in foreign languages and maintaining equipment and networks used to generate top secret intel.

Knopp credits success in the Navy with lessons learned growing up in Fort Myers.

"I learned about having a strong work ethic and how to support myself to achieve my goals," said Knopp.

IWTC Corry Station is just one component that makes up the Center for Information Warfare Training (CIWT) domain, headquartered at Naval Air Station Pensacola Corry Station, Florida.

Charged with developing the future technical cadre of the information warfare community, the CIWT domain leads, manages and delivers Navy and joint force training to 22,000 students annually. With



Mariah Knopp photo provided

1,200 military, civilian and contracted staff members, CIWT oversees about 200 courses at four information warfare training commands, two detachments and additional learning sites located throughout the United States and Japan.

CIWT is responsible for training enlisted cryptologic technicians, information systems technicians, intelligence specialists and electronics technicians. CIWT also provides training to cryptologic warfare, information professional, intelligence and foreign area officers that prepares them to be prepared to wage battle, and assure the nation's success in this burgeoning warfare arena.

"Our sailors and staff are intentional

about building trust, demonstrating teamwork, pursuing growth and instilling grit which make our command thrive in training information warfare professionals for the Navy the nation needs," said Cmdr. Chad Smith, commanding officer of IWTC Corry Station. "Each and every day, I'm extremely proud of how our sailors and staff readily adapt to achieve and maintain the highest of standards. They truly represent the spirit and character of America, and they are why we are the strongest military force in the world."

While there are many ways to earn distinction in the Navy, Knopp is also proud of earning a Flag Letter of Commendation signed by an admiral.

As a member of one of the U.S. Navy's most relied-upon assets, Knopp and other

sailors and staff know they are part of a legacy that will last beyond their lifetimes, serving as a key part of the information warfare community in its mission to gain a deep understanding of the inner workings of adversaries and developing unmatched knowledge of the battlespace during wartime.

These sailors and staff have a tremendous responsibility in creating war-fighting options for fleet commanders and advising decision-makers at all levels as they serve worldwide aboard ships, submarines and aircraft and from the National Security Agency to the Pentagon.

"Serving in the Navy opens up so many opportunities," Knopp added. "It taught me a lot about what I'm capable of and opened a lot of doors."\*

## Litigation Expert To Discuss Drone Law With Engineers

Florida Litigation Expert and Henderson, Franklin, Starnes & Holt, PA Attorney Michael Corso will present Rise of the Drones: Current UAV/UAS Law Landscape at the 2018 Florida Engineering Society/American Council of Engineering Companies of Florida annual conference at the JW Marriott on Marco Island on Friday, August 3. Corso, who is also an aerospace engineer, will discuss drone safety campaigns, FAA drone regulations and enforcement, federal and state legislation and Fourth Amendment protections.

Corso has been Florida Bar Board certified in civil trial law for over 30 years and over 20 years in business litigation law. He is chair of Henderson Franklin's Tort & Insurance Litigation Division, chair of the marketing committee and member of the firm's executive committee. Corso focuses his practice in matters involving product liability and the defense of non-medical professionals such as lawyers, accountants, architects, engineers and surveyors. He frequently speaks throughout the United States on issues regarding the defense of non-medical professionals, law office risk management issues and drone law.

Corso has received much recognition throughout his legal career, including the



Michael Corso photo provided

2011 Outstanding Aerospace Engineer Award by Purdue University, the Florida Defense Lawyers Association President's Award, the Defense Research Institute's Exceptional Performance Citation, as well as being named to Florida Super Lawyers and Florida Trend magazine's Legal Elite. He is also AV-rated by Martindale-Hubbell.

Prior to joining Henderson Franklin, Corso was a captain for the United States Air Force and completed his military career in the JAG lawyer program. He received his undergraduate degree in aeronautics and astronautics from Purdue University (BS, 1971) and his law degree from Villanova University (JD, 1974).\*



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at CenturyLink Sports Complex on Tuesday, August 14 from 5 to 7 p.m. The program will be held in Suites 3 and 4 of the stadium's upper level.

Sponsored by Tortuga Capital, the session will be led by Chris Peters, the Miracle's new president and general manager. Peters will cover his love for the game and sports management, review his first season with the Miracle and share upcoming partnership opportunities. The program will conclude with a networking session that features light snacks and prize drawings.

Following the August 14 program, Leadership NEXT attendees will receive free admission to the Fort Myers Miracle's 7 p.m. game against the Charlotte Stone Crabs. The ballgame will feature Miracle's Christmas in August promotion, when guests are encouraged to come dressed in their most festive holiday attire. It's also Two-for-One Tuesday, sponsored by Coors Light and 96k-rock, which offers 2-for-1 tacos, domestic draft beer and fountain soda.

Leadership NEXT is free to attend for members of the Greater Fort Myers Chamber of Commerce and \$10 for future members. Stadium parking for the August program is \$5. Attendees are encouraged to register in advance at [www.fortmyers.org](http://www.fortmyers.org).

CenturyLink Sports Complex is located at 14100 Six Mile Cypress Parkway in Fort Myers. Follow "Leadership NEXT" on Facebook to learn more.✱

Take in a ballgame after Leadership NEXT's next monthly meeting photo provided

## Miracle To Host Leadership NEXT Program

Leadership NEXT, a monthly program for advancing business leaders, will host a session and networking opportunity at Fort Myers Miracle's Hammond Stadium



Sanibel Chief of Police William Dalton and Deputy Chief Anthony Thompson prepare the Thin Blue Line flag for display at Sanibel City Hall in support of fallen Fort Myers Police Officer Adam Jobbers-Miller, who passed away on July 28 photo provided

## City Of Sanibel Honors Fallen Fort Myers Officer

In honor of fallen Fort Myers Police Officer Adam Jobbers-Miller, the Sanibel Police Department is displaying the Thin Blue Line flag at Sanibel City Hall, home of the Sanibel Police Department.

The display of the Thin Blue Line flag, mounted on the city hall balcony, augments – not replaces – the American flag on the flag pole in front of city hall.

Jobbers-Miller, the three-year veteran of the Fort Myers Police Department, was shot on July 21 while on duty. He passed away on Saturday afternoon after spending a week in critical condition at Lee Memorial Hospital.

Last week, City of Sanibel employees continued on page 19



# New Opportunities at Shell Point

August 2018

The public is invited and many of these events are **FREE** !

## Learn More About Shell Point

**FREE**

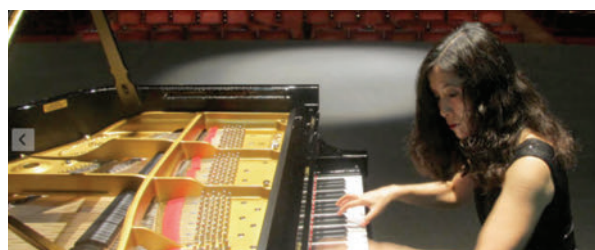
August 7, 14 & 21 at 9:30 a.m.

Learn about Shell Point's signature Lifestyle with Lincare, followed by a narrated bus tour that will showcase the community's resort-style retirement options and amenities. Admission to the presentation and tour is free; however, reservations are required by calling (239) 466-1131.

August 16 at 7 p.m.

### Trillium Piano Trio

Founded in 2003, Trillium Piano Trio's exciting performances have captivated audiences and been praised by the critics alike. Even if you don't know much about classical music, the trio's highly personal performance will explain the stories behind each piece. The result is a relatable concert that will connect the audience with the artistry behind the music. Purchase \$20 tickets at [www.shellpoint.org/summer](http://www.shellpoint.org/summer), or by calling the box office at (239) 454-2067.



August 3, 10, 17, 24, 31 at 8:30 a.m. to 11:30 a.m.

### Farmers Market

The Shell Point Farmers Market in The Woodlands offers a variety of one-of-a-kind selections like homemade baked goods, freshly caught seafood, boutique clothing, organic produce and much more! Cash only.



Shell Point is located in Fort Myers, 2 miles before the Sanibel Causeway.

Visit [www.shellpoint.org/events](http://www.shellpoint.org/events) for full listings of this month's events!







Participants shop for shoes

photos provided

## Love That Dress! Shopping Spree Benefits PACE

**P**ACE Center for Girls, Lee County will host an exclusive Girls Night Out shopping experience for fashionistas at its 10th annual Love That Dress! event at Embassy Suites by Hilton on Wednesday, August 22 at 6 p.m. The ultimate feel-good shopping spree of the year, Love That Dress! features shopping, music, silent auctions and cocktails, with all proceeds benefiting PACE programs and services.

Celebrating 10 years of the community's obsession with fashion and giving, the annual Love That Dress! campaign solicits donations of new and gently loved dresses, handbags, shoes and accessories. Dress drop locations are located throughout Lee County and will be accepting donations through the first week in August. Title Sponsor White House Black Market is also contributing hundreds of brand new products to the already expansive inventory, with all items to be sold at discounted prices during the Love That Dress! event. To commemorate 10 years, special pricing, along with some other surprises, will be revealed at the event.

"Over the past decade, Love That Dress! has grown bigger and better

each year, and it truly has become the most spirited shopping spree for women across Southwest Florida," said Event Chair Deanna Hansen. "With a huge inventory for shoppers to browse and buy, Love That Dress! provides a great opportunity to shop and socialize with friends, all while honoring the female spirit and raising life-changing funds for the young women and girls of PACE."

With ticket sales beginning August 1, admission is \$30 in advance of the event and \$40 at the door. PACE is also selling VIP passes for \$150, allowing shoppers to enjoy early access to the shopping and exclusive access to the VIP Suite Level, which features private dressing areas, specialty auction items, express check-out and complimentary beverages and hors d'oeuvres.

This year also offers the chance to win a two-year lease for a 2018 Infiniti Q50 2.0t Pure, with only 150 tickets for this prize drawing available at \$100 each in advance of the event. Those interested in purchasing a ticket can do so directly at the Fort Myers Infiniti dealership and will receive a complimentary VIP admission ticket, while supplies last.

Proceeds from Love That Dress! benefit PACE Center for Girls, Lee County, which assists girls ages 11 to 18 who have multiple risk factors impacting their academic achievement, including family income, substance



The Love That Dress! collection



The annual event brings friends together for a good cause

abuse, domestic violence, foster home placement, neglect, grief, incarceration of a family member and physical, emotional or sexual abuse.

"PACE is the nation's only statewide prevention program for adolescent at-risk girls, and we serve well over 100 girls each year right here in Lee County," said Meg M. Geltner, executive director at PACE Center for

Girls of Lee County. "After impactful counseling, the chance to catch up on academic coursework and vocational training opportunities, 96 percent of PACE girls demonstrate academic improvement and 95 percent have no involvement with the juvenile justice system within a year of leaving PACE. That's why Love That Dress! is so

continued on page 18



## Rabbit Rd. Property Management & Home Watch

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The Lee County School Board

photo provided

## School District Board Meetings Gain Efficiency

The School District of Lee County is streamlining its School Board governance to increase efficiency. The District, which began this task at its July 31 board meeting, is using a board management solution called BoardDocs. With BoardDocs, school district operations and board meetings will operate more effectively, with more transparency and more open communication.

BoardDocs is a cloud-based, paperless agenda system that comes

with specially designed features to manage meetings and policy and increase workflow. Board members will have access to the agenda on their computer at the dias, all supporting materials to each item, and be able to vote with the click of a mouse. The Metasearch tool also gives board members access to the best practices of other school districts using BoardDocs.

For the public, the BoardDocs platform gives convenient access to upcoming meeting agendas, topic information and minutes with real-time updates and an interactive structure. BoardDocs provides a full review of the agenda before a meeting. During a meeting, the agenda can be displayed in the board room to monitor items as they come up. After a meeting,

each item will display what action the board took and the voting results. All documents are automatically archived and can be searched by date or keywords.

As BoardDocs is fully implemented, it will eventually maintain and archive school board policies, provide links to agendas, minutes and video of meetings in one place. It will also track items related to the district's strategic goals and record district advisory committee meeting agenda and minutes in a consistent form.

BoardDocs went online when the July 31 Regular Board Meeting agenda was posted July 24. You can access BoardDocs through a link at agendas and minutes on the school district website at [www.leeschools.net](http://www.leeschools.net).

## City Officials Mourn Fallen Police Officer

Officials from the City of Fort Myers are mourning the death of Officer Adam Jobbers-Miller, a valued member of the Fort Myers Police Department who lost the fight of his life late on July 28. Heartfelt condolences go out to his family, friends and fellow officers who are suffering in the aftermath of this senseless and tragic loss.

Officials are embracing Jobber-Miller's family members and are rallying to their side in looking ahead. The citizens of Fort Myers have demonstrated their unyielding love and support this past week by staying at the hospital, giving blood, delivering food and praying for Adam and his family.

It takes bravery and commitment to serve as a first responder; men and women risk their lives daily to protect and serve our community. This is a devastating loss that affects the entire city.

"We grieve for Adam and offer our prayers and full support to his family, fellow members of the Fort Myers Police Department and the entire community during this difficult time," the report stated.

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## Financial Focus

## What Should You Do With An Inherited IRA?



by Jennifer Basey

**I**ndividual Retirement Accounts (IRAs) are quite popular. At the end of 2017, investors owned nearly \$9 trillion in IRA assets, according to the Investment Company Institute,

a trade association of U.S. investment companies. Given these numbers, it probably wouldn't be surprising if you inherited an IRA someday. But what should you do with it?

First of all, you'll need to be aware of some basic rules. If your parent, or anyone other than your spouse, leaves you a traditional IRA – one in which contributions are typically tax-deductible and earnings can grow tax-deferred – you can transfer the money into an “inherited IRA,” from which you'll need to take at least a minimum amount of money – technically called a “distribution” – each year, based on your life expectancy. These distributions are taxable at your regular income tax rate. If you've inherited a Roth IRA, you also must take these minimum payouts, but the amounts won't count as taxable income, because your parents, or whoever left you the IRA, already paid taxes on the contributions that went into it. (To make sure you fully understand all the guidelines on distributions and taxation of inherited IRAs, consult with your tax advisor.)

It's also important to understand how your inherited IRA will fit into your overall financial strategy. Consequently, you'll need to address these questions:

How much should I take out each year? As mentioned above, you must take a distribution of at least a minimum amount from your inherited IRA each year – if you don't, you may be subject to a 50 percent penalty on the amount you should have taken. But you can take out more than the minimum. In deciding how much to take, you'll need to evaluate a few factors. First, of course, is whether you need the extra money to help support your regular cash flow. It's possible you have other pools of income from which to draw, and, in some cases, it may be advantageous for you to tap these sources first. Another consideration is taxes – if you've inherited a traditional IRA, the more you take out each year, the bigger your tax bill may be.

Should I keep the same investments? Inheriting an IRA doesn't mean you're stuck with the original account owner's investment choices. You can change the investments to align with your goals and risk tolerance, both of which may change over time.

How does the inherited IRA fit in with my overall financial strategy?

You'll need to consider how your newly inherited IRA fits in to the “big picture” of your financial strategy. Are you adding redundancies? If you keep the inherited IRA largely intact, how will it affect your current investment mix? Could the added income from required distributions change your retirement calculations or even enable you to retire earlier? You may want to consult with a financial professional about these and other questions related to your inherited IRA.

The person who left you an IRA worked hard for that money and thought enough of you to pass it on. Consequently, you'll want to respect this inheritance – and get the most out of it for as long as you can.

*This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at [jennifer.basey@edwardjones.com](mailto:jennifer.basey@edwardjones.com).✳*

## Test Project For Algae Cleanup Approved

**L**ast week, the Lee Board of County Commissioners approved a test project for algae cleanup and directed staff to apply for funds from Florida Harmful Algal Bloom Management Grant Program through the Department of Environmental Protection.

The board also authorized staff to hire a vendor already under state contract to cleanup and dispose of blue-green algae from areas with the highest concentration. The board approved spending up to \$150,000 of general fund reserves to begin remediation in advance of the grant dollars.

“Lee County is taking steps to begin removing algae ahead of the state grant,” said Cecil Pendergrass, chairman of the Lee Board of County Commissioners.

Gov. Rick Scott on July 9 declared a state emergency regarding algal blooms in seven counties and authorized the \$3 million grant program for cleanup. The Florida DEP activated its grant program earlier this week.

County officials have conducted field and aerial assessments to determine the extent of harmful algae blooms in local waterways and will begin a targeted test project for algal bloom cleanup in significantly impacted areas. Once state grant funds are obtained, these targeted tests will extend to the most severely affected municipalities.

The Lee Board of County Commissioners continue to advocate for Everglades restoration projects, which are the long-term solution, as well as source control of nutrients in the waterways. The board will continue to seek state and federal dollars for those efforts.

County officials will continue its robust water quality program and spends millions of dollars annually to reduce nutrient loading of waterways.✳

## Superior Interiors

## Make The Most Of Your Child's Bedroom



by Jeanie Tinch

**D**ecorating a child's bedroom can be one of the more difficult areas in a house to tackle. Coming up with a design scheme that a child can enjoy – and not outgrow within a year – can

be challenging. It's important to ensure the room maintains maturity, prioritizes functionality, and displays serious style and personality for your young one.

It sounds simple when you put it on paper, but a little assistance may be needed when coming up with a theme and executing it correctly. Here are a few tips that can get your creative juices flowing as you brainstorm the design of your child's new bedroom:

Ask your child for input – Before you call your design consultant and start tearing the room apart, ask your child for input on how they would like to see the room transform. Some guidance on your part may be required, but seek ideas from your child. This isn't your bedroom, after all. Give your child a chance to be creative and express their personality through colors, decorations and furniture styles.

Remember, this bedroom needs to age with your child. This is where the help from a personal decorator comes in handy, helping you make the right moves to ensure that your child can mature with the room. For example, a neutral color palette can last longer than bold, bright neon shades that your little one may like at the moment. The bright colors can be added in the form of accessories instead.

Choose simple decorations that can be easily exchanged – Once you've chosen a color scheme and theme, you'll likely want to utilize the walls for decorating. To keep the room from going out of style, make sure you're choosing simple decorations that can be easily exchanged. That way, the room can mature with your child.

Maximize space with multifunctional furniture – Children need space to move around and entertain friends in their bedroom, so you need to keep clutter to a minimum. The best way to ensure the space is utilized best? Choose multifunctional furniture. A bed with built-in drawers in the frame can replace a large dresser. Additionally, instead of taking up space with oversized bookcases, you can hang shelves on the walls.

Now that you have a better idea of what you need to get started, you can create a bedroom your child will love to spend time in. A professional designer will evaluate the space and give you suggestions based off the room. It's time to make your child's room the most fun, functional and stylish bedroom in the house!

*Jeanie Tinch is an interior designer on Sanibel/Captiva Islands. She can be reached at [jeanie@coincdecden.com](mailto:jeanie@coincdecden.com).✳*

From page 16

## Love That Dress!

important – its success is vital to the success of PACE and the girls and young women its programs serve.”

Presenting sponsors for Love That Dress! include White House Black Market as the Title Sponsor. Additional sponsors include Priority Marketing; Stilwell Enterprises; St. Charles Yacht Club; Iberiabank; Goodwill Industries of Southwest Florida; ABC-7; *Gulfshore Life* magazine; Fort Myers Infiniti; Miromar Outlets; Embassy Suites by Hilton; California Closets; Suncoast Credit Union Foundation; Dr. Garramone Plastic Surgery; Arias Law Firm; Get Efficient, LLC; Seminole Casino Hotel; Markham Norton Mosteller Wright and Co. PA; Florida Marina Clubs and Noelle Melanson;

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To purchase tickets, visit [www.lovethatdress.org](http://www.lovethatdress.org), email [allyson.ross@pacecenter.org](mailto:allyson.ross@pacecenter.org) or call 425-2366 ext. 2315.

Embassy Suites by Hilton is located at 10450 Corkscrew Commons Drive in Estero. For more information on PACE Center for Girls, Lee County, call 425-2366 or visit [www.pacecenter.org/locations/lee](http://www.pacecenter.org/locations/lee).✳

From page 1

## Social Media Art

people around the world. Additionally, it has helped uncover talent and creativity from people that, prior to social media, may have slipped through the cracks.

Artists were invited to submit up to three photos for consideration from their social media accounts, whether their Facebook page, Instagram

account, or Twitter profile. Each entry was evaluated based on content, originality and artistry. Curated by local artist Cesar Aguilera, this group show is sure to make the argument for social media as an art form.

The Sidney & Berne Davis Art Center is located at 2301 First Street in the historic downtown Fort Myers River District. For more information, call 333-1933 or visit [www.sbdac.com](http://www.sbdac.com).✳



## Book Review

# The Heirs



by Di Saggau

**T**he Heirs by Susan Rieger, tells the story of an upper-crust Manhattan family coming undone after the death of their patriarch. Rupert Falkes is the deceased dad. Six months after

he dies, leaving a grieving widow and five adult sons, an unknown woman sues his estate, claiming she had two sons by him. Rupert was a self-made man, well off financially by becoming a wealthy, highly respected lawyer. He sent all five of his sons to Princeton: Harry, a Columbia law professor; Will, a talent agent; Tom, a federal prosecutor; Jack, an artist; and Sam, a scientist.

In his will Rupert tells his wife Eleanor to “settle my just debts.” Eleanor’s reaction to the fact that her husband may have fathered two other sons, is met with mixed emotions from her five sons. It isn’t the money they are worried about, they have more than enough, but the damage to their family bonds and loyalty leaves them feeling betrayed.

The woman filing the suit is Vera Wolinski, who claims her two adult sons were fathered by Rupert, and she wants them to have their share of the estate. Eleanor and her sons want to know who Vera was to Rupert and did he actually have a secret second life? They form a united front to look into the situation. While Eleanor’s sons fear repercussions from acknowledging

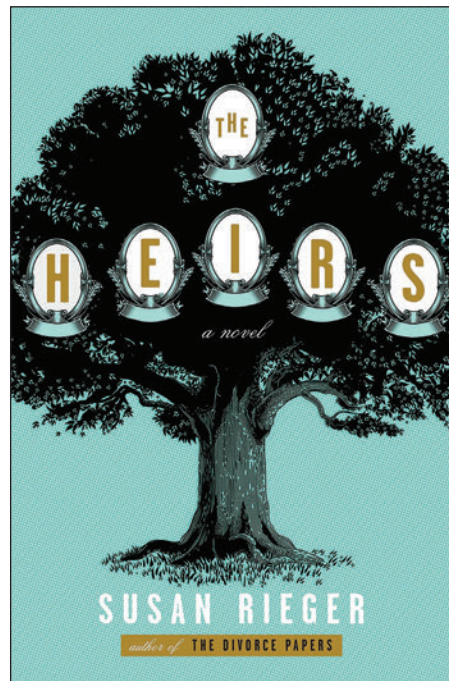


image provided

the second family, she starts to feel sympathetic toward them. When questioned by one of her sons about telling a lie, she says, “I never told you boys to always tell the truth. We don’t owe the truth to everyone.”

Rieger methodically moves back and forth in time and in and out of the thought process of her various characters. With wit and precision, *The Heirs* wrestles with the tangled nature of inheritance and legacy for one unforgettable patrician New York family. Love and sex and money and betrayal make for excellent storytelling and you’ll find it all in this book. It’s original and moving and fun to read. I enjoyed getting to know this family and I feel you will too.✳

## School Smart



by Shelley M. Greggs, NCSP

**D**ear Readers, I have come across a great tool for you to use as you plan for your children to go back to school in August. It’s a questionnaire, from

www.understood.org, that discusses schoolwork, feelings and friends and home life. You can complete this together or you could ask your children to complete it independently and then discuss it with them. It works for all ages although you may need to adjust the language to your child’s developmental level. Take your time discussing each section of the questionnaire over the course of a week or two. After completing each section, you may want to set up some plans for new routines to implement with any newly discovered learnings. The questioning technique here is simple. It’s a look backwards about what happened in the past and a look

forward towards the new school year. Below are the questions.

School work – Looking back:

What did you like best about this past school year? Why?

What was hardest for you at school this past year? Why?

What do you wish you’d known when you started this past school year?

School work – Looking forward:

What are you looking forward to about the new school year?

If you need help with schoolwork, what helps you talk to teachers or classmates about it?

What do you want your new teachers to know about you?

Feeling and Friendships – Looking back:

Choose one of these feelings and finish the sentence: When I got frustrated/distracted/anxious, it helped to...

When working with other students, which students did you learn the most with? Why?

Did you try any strategies to make new friends or get along with peers? What helped?

Feeling and Friendships – Looking forward:

Which strategies do you want to try in the new school year to help manage

stress and/or emotions?

Finish this sentence: When working with other students or by myself, I learn best when...

What are you looking for in a friend? How do you want friends to describe you?

Home Life – Looking back:

When was the most helpful time to start your homework – after school? After dinner?

What made it easier/harder to get to school on time?

What made it easier/harder to get along with siblings or other family members?

Home Life – Looking ahead:

Which homework strategy do you want to try? (Starting earlier, using a timer, not rushing, etc.)

What can we do at home to help with organization, routines, etc.?

Which fun things would you like to do more as a family or to help you unwind after school?

From page 15

## Police Officer

from all departments participated in the call for blood donations – specifically, O negative – needed for the then-injured officer. Only seven percent of the United States population has O negative blood type.

“As mayor, I place the safety of our citizens as our single highest priority. We know the dedicated men and

women who take an oath to protect our communities – be it Sanibel, Fort Myers or any other town – deserve our support and appreciation,” said Sanibel Mayor Kevin Ruane. “On behalf of all of us at Sanibel City Hall, we are committed to supporting our neighbors in Fort Myers through this very trying time. Our prayers go out to Officer Jobbers-Miller’s family. May he rest in peace. His service will never be forgotten.”✳

Available at  
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## Female Pioneers of Fort Myers

*Women Who Made a Difference in the City's Development*

By Robin C. Tuthill and Thomas P. Hall

“Packed with facts and employing an engaging storytelling style, [Female Pioneers of Fort Myers] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall’s research and appreciate the accessible format, too.”

Geri Reaves, PhD, author of *Legendary Locals of Fort Myers* and *Fort Myers, Then & Now*



# More Than \$500 Million Approved In NFL Concussion Settlements With Much More To Come



by Ed Frank

Just a few weeks prior to the start of the National Football League season, two newsworthy events surfaced this week involving the league's ongoing efforts to curtail head-related injuries and its recognition of what these injuries have caused in the past.

On Monday of this week, it was announced more than \$500 million in claims related to the NFL's concussion settlement had been approved, nearly a decade earlier than league officials estimated the claims would reach that amount.

The league originally figured about \$400 million would be paid out in the first decade.

These are staggering sums of money, but attorneys for the retired players have adjusted their estimates of total payouts to \$1.4 billion – nearly half a billion more than the NFL had calculated.

An attorney for the retired players said that about 2,000 claims have been filed in less than two years since a court settlement was reached between the league and the retired players. But hundreds more have signed up to be prequalified to file claims, outpacing earlier estimates.

The settlement, which took effect in January 2017, resolved thousands of lawsuits that accused the NFL of hiding the risks associated with concussions. For years, the league denied there was any proof that injuries, particularly head injuries, were brought on by the game.

But medical studies brought to light that concussions can cause chronic traumatic encephalopathy (CTE), a debilitating disease marked by depression, dementia and other Alzheimer-related symptoms.

A Boston University study examined the brains of 91 deceased former NFL players and found CTE in 87 of them.

In recognition of these facts, the league has adopted a number of rules and penalties aimed at reducing the violence of the game. And one of these new rules was the subject of holdouts by some rookie players. The rule prohibits a player from initiating contact

with his helmet. A violation of the new rule could lead to a suspension by the league.

Originally, several rookies through their agents insisted that any guaranteed money could not be withheld from the player if they were suspended because of the new rule. As of Monday of this week, only one rookie, the Chicago Bears' Roquan Smith, remained a holdout, reportedly demanding that his pay not be withheld resulting in a suspension.

Smith, the No. 8 pick in this year's draft, had missed the first two weeks of training camp through the first of this week.

No doubt the hassle will be resolved soon. But the new rule is one more effort by the NFL to curtail head injuries.

## Miracle Much Better In Season's Second Half

The Fort Myers Miracle baseball team is showing marked improvement in the season's second-half, starting the week with a 20-17 record and just 1 1/2 games behind first-place Charlotte in the Florida State League South Division.

Royce Lewis, the first-round first overall pick by the Minnesota Twins in the 2017 Major League Baseball draft, was recently promoted from Low A Cedar Rapids to Advanced A Fort Myers and has already shown why he was the No. 1 pick.

The 19-year-old shortstop was hitting .302 through his first 15 games with the Miracle.

Fort Myers is home this weekend at Hammond Stadium hosting Jupiter tonight, Friday, and Florida on Saturday and Sunday. The first pitch tonight is at 7:05 p.m., Saturday's start is 6 p.m. and the Sunday matinee begins at 4 p.m.\*

## FSW To Host New College Basketball Tournament

Four men's college basketball teams from America's top conferences will visit Fort Myers to compete in the inaugural Fort Myers Tip-Off at Suncoast Credit Union Arena on the Florida SouthWestern State College Lee Campus from November 19 to 21, according to Intersport. The tournament games will be broadcast live on FS1.

The early season tournament field includes the Boston College Eagles of the ACC, the Loyola Chicago Ramblers of the Missouri Valley Conference, the Richmond Spiders of the Atlantic 10 Conference and the Wyoming Cowboys of the Mountain West Conference.

"We are thrilled to launch the Fort Myers Tip-Off in collaboration with Lee County to welcome college basketball's elite teams and their fans to this city's beautiful shores each November," said Drew Russell, Intersport vice president of sports properties. "Based on Intersport's storied and successful history of creating and producing live college events for more than 30 years, we fully anticipate this tournament becoming one of college basketball's annual marquee events."

"As we continue to add to our sports tourism portfolio, we are excited that the Fort Myers Tip-Off will highlight our community to a national television audience," said Lee Board of County



image provided

Commissioners Chairman Cecil Pendergrass, who also serves as the chairman of the Lee County Tourist Development Council. "The event will certainly raise the profile of our destination and hopefully will lead to more events of this caliber in Lee County."

All four participating teams enter the 2018-19 season riding momentum from last year. Loyola and Boston College both advanced to postseason tournaments in 2017-18, including Loyola's thrilling run to the Final Four in the NCAA Tournament and Boston College's first postseason berth since 2011. Wyoming and Richmond both reached the quarterfinals of their respective conference tournaments despite not reaching postseason play. Collectively, the 2018 Fort Myers Tip-Off contenders have appeared in 48 NCAA Tournaments and won two national championships, with Boston College's 18 tournament appearances leading the way.

The Fort Myers Tip-Off will begin

continued on page 21

## SPORTS QUIZ

1. In 2017, Edinson Volquez tossed the sixth no-hitter in Miami Marlins history. Name three of the first five to do it.
2. What was the highest batting average legendary St. Louis Cardinals pitcher Bob Gibson had during any one season?
3. Name the coach of the San Diego State football team the first time it won 11 games in a season as a Division I program in 1969. (Hint: He went on to become a well-known NFL coach.)
4. Who is the all-time blocked shots leader for the Oklahoma City Thunder?
5. Carey Price set a Montreal Canadiens franchise record in 2018 for most career games in goal. Who had held the mark?
6. In how many decades did Richard Petty win at least one of his seven NASCAR Cup season championships?
7. Caroline Wozniacki set a record in 2018 with the longest span between times holding the No. 1 spot in the WTA rankings (six years). Who had held the mark?

## ANSWERS

1. Al Leiter, Kevin Brown, A.J. Burnett, Anibal Sanchez and Henderson Alvarez. 2. Gibson hit .303 in the 1970 season. 3. Don Coryell. 4. Serge Ibaka, with 1,300 blocked shots (2009-16). 5. Jacques Plante was in goal for 556 games for Montreal (1952-63). 6. Petty won it twice in the 1960s and five times in the 1970s. 7. Serena Williams went five-plus years between No. 1 appearances.



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Canterbury students and chaperones with Tarpon Bay Explorers' kayak guide Mandy Hunt (holding paddle) photos provided

## Canterbury Students Kayak Tarpon Bay

On July 19, students from Canterbury School ventured out into Tarpon Bay to experience the vast fauna and winding mangrove forests the bay has to offer. The group consisted

of 16 students, ranging from fifth to eighth graders. For some students, this was their first kayak excursion.

The trip was led by Tarpon Bay Explorer's guide Mandy Hunt, who was born and raised in Florida. "The trip made me reminisce on some trips I took in school growing up," she said. "The kids would get excited about some of the smaller things like crabs or fish, so their enthusiasm was really refreshing."

The students launched from the beach

enhancements. This is the latest in a long line of partnerships between Lee Health and the School District of Lee County. Superintendent Greg Adkins sits on the executive committee of Lee Health's wellness initiative, Healthy Lee, and Lee Health partners with schools in the area to provide certified nursing assistant training to high school students.\*

From page 20

## College Basketball

Monday, November 19 with first-ever matchups between Loyola and Richmond at 6:30 p.m., and Boston College versus Wyoming at 9 p.m. Losing teams will compete for third-place on Wednesday, November 21 at 5 p.m., while the winning teams will advance to the championship game at 7:30 p.m. All four games will be televised live on FS1.

Loyola returns the reigning Missouri Valley Conference Player of the Year, Clayton Custer, along with two other starters from their Final Four team. Three starters and the top two scorers return for Richmond, including Grant Golden, who broke the school record for points scored by a freshman (498). Boston College returns four starters, including Ky Bowman, who averaged 17.6 points, 6.8 rebounds, and 4.7 assists per game last season. Wyoming returns its leading scorer, Justin James, a 6-foot, 7-inch senior guard who averaged 18.9 points, 6.0 rebounds and 3.0 assists per game.

Suncoast Credit Union Arena is located at 13351 FSW Parkway in Fort Myers. For more information on the Fort Myers Tip-Off and event updates, follow on Twitter, @FtMyersTipoff, or visit [www.fortmyerstipoff.com](http://www.fortmyerstipoff.com).\*



Young paddlers launching into the Tarpon Bay harbor

of Tarpon Bay and paddled just under a half mile to the entrance of Commodore Creek. Upon entering the trail, Hunt explained to the students what wildlife to look for and where to look for it. The further the kayakers paddled in, the more they felt immersed in the mangrove ecosystem, with drop roots dangling from tree limbs and crabs scurrying between tangled prop roots. They saw birds would staring into the moving tide, waiting for their next meal.

The students were delighted with the experience, calling it "amazing," "fun" and "awesome."

"We love having the upcoming

generation opt for outside experiences," aid Adam Sauerland, Tarpon Bay Explorers program and education manager. "Subjecting kids to experiences like these will only help areas like Tarpon Bay, 'Ding' and Southwest Florida keep its natural beauty for decades to come."

Tarpon Bay Explorers is the concession to the JN "Ding" Darling National Wildlife Refuge, providing low-impact recreational activity and educational opportunities. Fifteen percent of what Tarpon Bay Explorers receives goes back into U.S. Fish & Wildlife Service, benefiting refuges around the country.\*

## Stadium Partnership At High School

Lee Health and the School District of Lee County recently announced a five-year community partnership giving Lee Health the naming rights to the new Bonita Springs High School football stadium. Lee Health Stadium will open this fall for Bonita High's inaugural JV football season. As part of the agreement, 60 percent of the net proceeds of the naming rights fee will remain at Bonita Springs High School while the remaining 40 percent will be available for county-wide use by the school district.

"We are proud to have our name on the new stadium, and proud to foster a partnership between education and health care that will benefit Lee County's students. As we prepare to open our new facility at Coconut Point, we look forward to continuing to take an active role in the south Lee County community. I wish the Bull Sharks the best of luck in their inaugural season at Lee Health Stadium this fall," said Larry Antonucci, MD, MBA, Lee Health president and CEO.

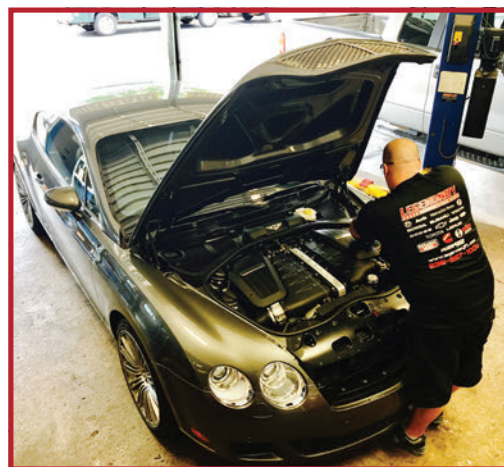
"Lee Health has been a long supporter of The School District of Lee County, and we are thrilled to partner with them to name the stadium at the new Bonita Springs High School," said Superintendent Dr. Greg Adkins. "This affiliation will directly benefit our students and employees, and we could not ask for a better ally."

All of the money received by the school district is slated for capital improvement projects including safety and security upgrades and technology

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National Symphony Orchestra of Romania

photo by Virgil Oprina

## Association Boasts Six Rare Concerts For 2019 Season

Internationally-acclaimed violinist Itzhak Perlman and renowned flutist Sir James Galway will headline two of the six concerts planned for 2019 by the Fort Myers Community Concert Association.

Tickets are now on sale for the six performances, which organizers say bring the best in classical opera, ballet and symphony performances to Southwest Florida. All performances will be held at the Barbara B. Mann Hall on the Florida SouthWestern State College campus in Fort Myers.

"We anticipate that we'll be sold out by the time the series begins in January," said Community Concert Association President Mary Lee Mann. "Where else can you see not one, but six performances for what you would expect to pay for just one?"

All six concerts are included in one ticket price, which ranges from \$198 for prime orchestra and mezzanine seats to \$186 for other orchestra and mezzanine seats, \$102 for lower balcony seating and just \$78 for upper balcony. Most mezzanine seating already is sold out, Mann said.

For tickets and membership information, visit [www.fortmyerscommunityconcerts.org](http://www.fortmyerscommunityconcerts.org) or call 693-4849. Tickets to individual performances are not available at this time.

"We have been fortunate this year to attract some of the most outstanding artists in the world today, thanks to the generosity of our major underwriters and supporters," Mann said.

The six performances all begin at 7:30 p.m.

National Symphony Orchestra of Romania – January 7, 2019. The National Symphony Orchestra of Romania is honoring the unification of Romania and Transylvania in their first ever tour of the United States. Acclaimed as one of the world's top ensembles, the orchestra has made a name for itself as Romania's best and brightest orchestra. They will perform Enescu's *Romanian Rhapsody No. 1*, Dvorak's *Cello Concerto, Suite from Der Rosenkavalier* by Strauss and Ravel's *Bolero*.

Teatro Lirico D'Europa performing



Tosca performed by Teatro Lirico D'Europa

Puccini's *Tosca* – January 14, 2019. A tale about an impulsive diva, a sadistic police chief and an idealistic artist, comes alive as Teatro Lirico D'Europa performs Giacomo Puccini's exasperating and thrilling opera *Tosca*. Teatro Lirico D'Europa is the most successful opera touring company in Europe and the U.S. and travels with a full orchestra of 47 to 50 members and a chorus of 40 singers.

Russian National Orchestra – February 12, 2019. The Russian National Orchestra began as a courageous demonstration of artistic freedom during the Soviet regime. Playing with captivating beauty, they have risen to the pinnacle of the classical music world. Celebrating the 100th anniversary of Rachmaninoff coming to the United States, they will perform his *Vocalise, Piano Concerto No. 2 in C minor, Op. 18* and *Symphonic Dancers, Op. 45*.

Russian National Ballet – February 25, 2019. The Russian National Ballet performs the timeless *Cinderella*. Jubilant music, lush scenery and the hilarious double-roles of the step-sisters captivate audiences. The Russian National Ballet Theatre was founded with the support of the Ministry of Culture of the Russian Federation and invigorates the tradition of classical Russian ballet with developments in dance from around the world.

Itzhak Perlman – March 11, 2019 – Perlman is the reigning virtuoso of the



Russian National Ballet *Cinderella*

photos provided



Russian National Orchestra



Itzhak Perlman

violin and is returning to the Community Concert series for a second time. Perlman was born in Israel and gave his first recital at age 10 before moving to the United States to study at the Juilliard School. He has been honored with more than 20 Grammy Awards (including one for Lifetime Achievement in 2008), four Emmy Awards and the Presidential Medal of Freedom in 2015.

Sir James Galway, Flutist – March 28, 2019 – Nicknamed "the man with the Golden Flute," Sir James Galway is an Irish virtuoso flutist who is regarded as both the supreme interpreter of the classical flute repertoire and a consummate entertainer who plays songs from a variety of musical genres, including show tunes, pop and country. He has recorded dozens



Sir James Galway

of albums over the decades and has sold more than 30 million records.

The Fort Myers Community Concert Association, now in its 70th concert season, is an all-volunteer, not-for-profit organization founded by the legendary Barbara B. Mann in 1949 to bring world-class entertainment to Southwest Florida at affordable prices. The association consists of more than 1,700 members, underwriters and sponsors. Performers brought to Fort Myers in the past by the association include The Israel Ballet, The Boston Brass, Minnesota Orchestra, Cleveland Orchestra, Vienna Boys Choir, Pianist Andre Watts, Violinist Joshua Bell with the Academy of St. Martin in the Fields and many others.✧





Mark Thompson, SCCF Marine Lab research associate, pointing to the area where the 2018 Pine Island Sound Scallop Search will take place on August 18 photo by Jeff Lysiak

## SCCF Assisting With Scallop Search

by Jeff Lysiak

The Sanibel-Captiva Conservation Foundation (SCCF) Marine Laboratory, in conjunction with Florida Sea Grant – UF/IFAS Lee County Extension, will be conducting the 2018 Pine Island Sound Scallop Search on Saturday, August 18.

The annual scallop search is a resource-monitoring program in which volunteers snorkel and search for scallops in select areas within Pine Island Sound.

The organizations are looking for volunteers to assist in this year's effort. As many as 150 participants and up to 40 boats are needed to search select sites in Pine Island Sound and San Carlos Bay for the elusive bay scallop.

"Large populations of bay scallops (*Argopecten irradians*) disappeared from Southwest Florida waters decades ago due in large part to degraded water quality, related declines in seagrass acreage, over-harvesting and other causes," a press release from Florida Sea Grant reads, in part. "The purpose of this mission is to monitor and document the health and status of the bay scallop population."

According to Mark Thompson, SCCF Marine Lab research associate, bay scallops are the "canary" for issues in the estuary. "They are sensitive to salinity change, to red tide and to high temperatures," he said. "Once abundant enough in Pine Island Sound to support a fishery in the 1960s, their numbers in the local area have made them a rarer find in modern times."

The causes of the bay scallop population decline in Southern Florida include over-fishing, increases in stormwater runoff, more abundant toxic algae blooms, coastal development and climate change.

"From annual volunteer scallop searches, we have determined that year-after-year, there are favorable habitats for bay scallops, yet their abundances remain low," a SCCF Marine Lab report on local scallop populations reads, in part. "We feel that there is a critical abundance, above which, the bay scallop will be self-sustaining and begin to increase."

Last week, Thompson talked about the history of scallop-based research projects in the local estuary. Due to a decline in monitoring stations provided through the Florida Fish & Wildlife Conservation Commission (FWC), volunteer efforts coordinated by SCCF and Florida Sea Grant have helped track scallop populations in Pine Island Sound.

"There's quite a large area that we cover," said Thompson. "Each group is assigned a quadrant, and each team has a pair of snorkelers that swim along a designated line, with each scanning a three-foot wide area looking at seagrasses with their hands. When they find a scallop, they'll measure them for size with a pair of calipers. The people on the boats take notes, noting the size and number of scallops, along with their location."

Last year's scallop search was cancelled due to Hurricane Irma, so relevant data hasn't been available for two years.

"Scallops are very sensitive to red tide, so this year probably won't be very good," added Thompson. "Back in 2012 when we started this program, we had a few good years in a row. But it's sort of a rollercoaster when you're counting the scallop populations. They can be pretty well wiped out when we're going through an extended period of red tide."

The August 18 event is sponsored by Lee County Parks & Recreation, Charlotte Harbor National Estuary Program, Friends of Charlotte Harbor Aquatic Preserve and Pineland Marina.

Reservations are required to participate and space is limited. Scallop continued on page 24

## Urgent Care Team Collects School Supplies



Front row from left, Paris Curtis, Luci Tann, Andyara Passos; back row from left, Tina Cohen, Heydee Perez and Justin Wohler photo provided

More than 300 children will go back to school this fall with backpacks and school supplies, thanks to items collected by employees at MedExpress Urgent Care in Cape

Coral. The staff recently participated in the school supply drive, collecting items like crayons, notebooks and folders. The stuffed backpacks will be handed out next month. ✨

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## Lion's Mane Helps Your Brain



by Suzy Cohen, RPh

**D**ear Readers: Lion's mane mushroom, scientifically known as *Hericium erinaceus*, is a hairy-looking mushroom with a name that conjures up visions from the wild kingdom. It literally looks like a white lion's mane.

Lion's mane has some interesting beneficial effects on your body. It contains many active ingredients, among them beta-glucan and some antioxidants. You can take it in supplemental form or you can cook with it, like you do portobellos.

Lion's mane helps your brain and keeps you sane. It can help to boost cognitive performance, improve mood and protect neurons from damage. But how can a 'shroom protect your mind?

It's a valid question, one that scientists have pondered, too. Studies prove that compounds in lion's mane increase nerve growth factor, or NGF. This is a critical protein in your nervous system. It plays a variety of roles actually, including the most important, which is to grow new brain cells.

Lion's mane increases NGF and, since you can't supplement directly with NGF, lion's mane could be a consideration. It's a nootrope, and nootropes support brain function, memory, focus and learning.

This next part is fascinating. Lion's mane can suppress certain pro-inflammatory cytokines involved

in neurological diseases. Given that excessive inflammation is believed to be involved in many different disease processes, including some of the most common brain diseases (from depression to Alzheimer's disease), this effect can help lion's mane to protect the brain. It's also been shown to increase levels of acetylcholine, your memory molecule.

There was a great study that suggests that lion's mane can help reduce symptoms of both anxiety and depression after just four weeks. Unlike traditional SSRIs and other anti-depressants or psychoactive drugs, there is no risk of addiction, tolerance withdrawal or receptor down-regulation. Side effects are minimal, unless you have allergies to the mushroom.

In people with mild cognitive impairment (the precursor to full-blown dementia), taking lion's mane significantly improved cognitive performance, with the positive benefits increasing over the duration of the 16-week trial.

More research is needed, and being conducted. I'm not suggesting that we throw away important prescribed pills or disregard your physician's orders over this body of research. But, of course, it is enticing and exciting to think a 'shroom could have this much power on brain-boosting chemicals. It certainly gets my attention. I have more information about this, a longer version of this article, as well as recipes. If you'd like all this, just sign up for my free newsletter which connects you to my online community. You can sign up at [www.suzycohen.com](http://www.suzycohen.com) and I'll email it to you on Tuesday.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).*✱

## Mothers Invited For The Global Big Latch On

**L**ee Health is once again inviting mothers to participate in the Global Big Latch On to raise awareness of the benefits of breastfeeding and the need for global support. The annual event is held during World Breastfeeding Week in various locations around the world.

This year, Lee Health's Global Big Latch On events will take place:

Friday, August 3, 10 a.m. at the Healthy Life Center - Cape Coral, 609 SE 13th Court

Saturday, August 4, 10 a.m. at the Healthy Life Center - Estero, 23190 Fashion Court, Suite 105

"The Global Big Latch On helps raise awareness of the benefits of breastfeeding," said Nancy Travis, RN, director of Women and Neonatal Services at Cape Coral Hospital. "The hope is that breastfeeding will become more accepted as part of everyday life, and more women will be encouraged and supported to breastfeed as long as possible to maximize the benefits for mom and child."

In addition to the Global Big Latch

On at the Healthy Life Center - Estero, there will be Mommy and Me Yoga from 9 to 10 a.m. Space is limited, so RSVP is required at 495-4475.

The first Big Latch On took place in New Zealand in 2005. It has grown into a global event.

The World Health Organization recommends breastfeeding exclusively for the first six months of life, then continued breastfeeding and appropriate complementary foods up to two years of age, or beyond, as mutually desired by the mother and child.

Benefits of breastfeeding include:

Breast milk provides all of the nutrients your baby needs for the first six months of life.

Breastfed babies have fewer allergies, stomach problems, and respiratory and ear infections.

Breast milk is free and convenient. You always have a supply, and it is always the perfect temperature.

Breastfeeding is good for the environment—there is no trash to discard.

Moms who breastfeed have a lower risk of breast cancer

For more information about the Global Big Latch On, call Cape Coral Hospital at 424-3210 or the Healthy Life Center at 495-4475.✱

Doctor and Dietician

## Feeling Too Tired?



by Ross Hauser, MD and Marion Hauser, MS, RD

**T**here are many possible causes of tiredness and fatigue, including environmental, dietary and medical factors. Not getting enough sleep is a very common reason for being tired. Stress and busy schedules are typical excuses for poor sleep. With the slew of commitments most of us have, it's no wonder we get tired, but taking the initiative to slow down is essential.

Take a couple of weeks to trim your workload or social activities so you can get some additional sleep and see if tiredness abates. Turn off your bright screens (blue light-emitting devices) two hours before bedtime to prevent harmful disruptions in your circadian systems. These devices include your phone, tablet,

## Kidney Transplant Program Inactive Temporarily

**L**ee Health Transplant Institute at Gulf Coast Medical Center is temporarily and voluntarily inactivating its deceased donor kidney program, effective August 16. This inactive period is due to a temporary lack of surgical availability, and the program is expected to reactive in early December. During this temporary inactivation period, the transplant clinic will remain open, and patients will continue to receive their pre- and post-transplant nephrology care at Gulf Coast Medical Center.

"Patient safety is always the top priority at our transplant institute, and I am proud of our 100 percent transplant success rate since the program reopened last year. All

From page 23

## Scallop Search

searchers will meet at Pineland Marina, located at 13921 Waterfront Drive in Pineland at 8:30 a.m. to receive survey equipment and instructions for the monitoring program. Lunch will be provided to participants once they return to shore and report their information. This is a no harvest event.

Organizers are searching for volunteers with shallow-draft boats. Canoes and kayaks are also permitted, but sites are limited. Personal watercraft (Jet Skis, Sea-Doos, etc.) are not allowed in the search.

television, computer and gaming systems. Most people also find that a cool, dark room feels best for sleeping through the night. If you or your partner notice irregular breathing and snoring, sleep apnea should be ruled out and treated.

Another common reason for tiredness is dehydration. Failing to drink adequate amounts of water can impact your mood and energy levels. While drinking plenty of water is key, the food you eat is also a significant source of water. Another reason why it is so important to eat fresh vegetables and fruit is that they are mostly water and help to keep you hydrated.

Are you getting enough exercise? Being sedentary often contributes to fatigue. Regular exercise can hugely improve energy levels. If you have tried most self-help methods to improve your energy but are still tired, it is time for an outside opinion. Consult with a natural medicine provider who can work with you on getting to the root of your fatigue. A few simple tests will seem like pennies compared to the amount of life you could be missing out on from feeling run down.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at [info@caringmedical.com](mailto:info@caringmedical.com).*✱

of our patients will continue to receive compassionate pre- and post-transplant care and treatment, and we are dedicated to helping our current patients transfer their wait list time to active transplant centers should they choose to do so," said Scott Nygaard, MD, Lee Health chief operating officer.

All patients of the kidney transplant clinic have been notified of the inactivation period via mail, and Lee Health has staff available to assist in transferring wait list time to any active transplant center in the state. Patients were also provided with a list of active centers and information from the United Network for Organ Sharing.

The transplant team will continue to evaluate patients for potential future transplantation, and those who have decided to transfer their waitlist time to another location will be able to transfer it back to Lee Health upon program reactivation.✱

Boat space for additional volunteer snorkelers is also needed; bring a dive flag if you have one. Snorkelers without boats are welcome; however, space is limited.

Volunteers need to bring a mask, snorkel and gloves and be able to snorkel/swim 50 meters (about 150 feet) along the bottom. Swim fins and a weight belt are optional but suggested.

To sign up, go to <https://2018pineislandscallopsearch.eventbrite.com>, email Joy Hazell at [hazellje@leegov.com](mailto:hazellje@leegov.com) or call the FL Sea Grant - Lee County Extension office at 707-1267. For more information, call the SCCF Marine Lab at 395-4617.✱



# PETS OF THE WEEK

photos provided

Haven on Earth Animal League

## Charlie Brown And Paige



Charlie Brown

**H**i! I'm Charlie Brown. I am a handsome, 4-year-old male tabby with a very sweet personality. I am looking for a quiet home with someone who wants to give me lots of affection. I'm currently living with a foster family. I have been fully vetted and brought up to date on all vaccines. My adoption fee is \$75.

Hello, I'm Paige. I am a beautiful, calico female kitty, not even 2 years old. I am very affectionate, and I even get along with friendly dogs. I have been fully vetted and brought up to date on all vaccines. I tested positive for FIV, but I'm told that I can still live a long, happy life once I find my forever home. I am currently



Paige

staying with a foster mom and am not real crazy about the other cats in the house, so I would like to be an only cat. My adoption fee is \$75.

*We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email havenonearthanimalleague@yahoo.com.\**

Lee County Domestic Animal Services

## Cassidy And Miss America



Cassidy ID# A744090

**H**ell, my name is Cassidy. I am a 3-year-old female domestic shorthair who came to Lee County Domestic Animal Services with a head tilt from a past neurological problem that gives me a sweetness that comes from everyone being naturally drawn to me. I am the perfect age to integrate into the family environment. I am an absolute cuddle-bug and love nothing more than to curl up next to you and purr, purr, purr. If you are too busy to cuddle, that's ok. I am content to just sit and watch whatever it is you are busy doing. My adoption fee is \$10.



Miss America ID# A736498

Hi, I'm Miss America. I am a 5-year-old female pit bull mix who is a sweet, loving inspiration of a girl. I have earned a few crowns in my lifetime but I do not let it go to my head. I have nothing but kindness and love in my heart. One moment I will have you laughing when you're watching me run around the play yard. The next moment I will snuggle in your arms. If you give me a few minutes, you will no doubt fall in love. My adoption fee is \$30.

*The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at [www.lee.gov/animalservices](http://www.lee.gov/animalservices) or call 533-7387.\**



Emergency . . . . .	911
Lee County Sheriff's Office . . . . .	477-1200
Florida Marine Patrol . . . . .	332-6966
Florida Highway Patrol . . . . .	278-7100
Poison Control . . . . .	1-800-282-3171
HealthPark Medical Center . . . . .	1-800-936-5321
Ft. Myers Chamber of Commerce . . . . .	332-3624
Foundation for Quality Childcare . . . . .	425-2685
Fort Myers Beach Chamber of Commerce . . . . .	454-7500
Fort Myers Beach Library . . . . .	463-9691
Lakes Regional Library . . . . .	533-4000
Lee County Chamber of Commerce . . . . .	931-0931
Post Office . . . . .	1-800-275-8777
Visitor & Convention Bureau . . . . .	338-3500

**ARTS**

Alliance for the Arts . . . . .	939-2787
Arts For ACT Gallery & Studio . . . . .	337-5050
Art League Of Fort Myers . . . . .	275-3970
Barbara B. Mann Performing Arts Hall . . . . .	481-4849
BIG ARTS . . . . .	395-0900
Broadway Palm Dinner Theatre . . . . .	278-4422
Cultural Park Theatre . . . . .	772-5862
Edison Festival of Light . . . . .	334-2999
Florida Repertory Theatre at the Arcade . . . . .	332-4488
Florida West Arts . . . . .	948-4427
Fort Myers Symphonic Mastersingers . . . . .	288-2535
Gulf Coast Symphony . . . . .	489-1800
Harmony Chorus, Charles Sutter, Pres . . . . .	481-8059
Naples Philharmonic . . . . .	239-597-1111
The Schoolhouse Theater . . . . .	472-6862
SW Florida Symphony . . . . .	418-0996
Theatre Conspiracy . . . . .	936-3239
Young Artists Awards . . . . .	574-9321

**CLUBS & ORGANIZATIONS**

American Legion Post #38 . . . . .	239-332-1853
Angel Flight . . . . .	1-877-4AN-ANGEL
Animal Refuge Center . . . . .	731-3535
American Business Women Association . . . . .	357-6755
Audubon of SWFL . . . . .	339-8046
Audubon Society . . . . .	472-3156
Caloosahatchee Chapter DAR . . . . .	482-1366
Caloosahatchee Folk Society . . . . .	321-4620
Cape Chorale Barbershop Chorus . . . . .	1-855-425-3631
Cape Coral Stamp Club . . . . .	542-9153
duPont Company Retirees . . . . .	454-1083
Edison Porcelain Artists . . . . .	415-2484
Embroiderers Guild of America - Sea Grape Chapter . . . . .	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy . . . . .	728-3743
Friendship Force Of SW FL . . . . .	561-9164
Garden Club of Cape Coral . . . . .	239-257-2654
Horticulture and Tea Society . . . . .	472-8334
Horticultural Society . . . . .	472-6940
Lee County Genealogical Society . . . . .	549-9625
Lee Trust for Historic Preservation . . . . .	939-7278
NARFE (National Active & Retired Federal Employees . . . . .	482-6713
Navy Seabees Veterans of America . . . . .	731-1901
Paradise Iowa Club of SWFL . . . . .	667-1354
Sons of Confederate Veterans . . . . .	332-2408
Southwest Florida Fencing Academy . . . . .	939-1338
Southwest Florida Music Association . . . . .	561-2118
Kiwanis Fort Myers Beach . . . . .	765-4254 or 454-8090
Kiwanis Fort Myers Edison . . . . .	694-1056
Kiwanis Fort Myers South . . . . .	691-1405
Iona-McGregor . . . . .	482-0869
Lions Club Fort Myers Beach . . . . .	463-9738
Lions Club Fort Myers High Noon . . . . .	466-4228
Lions Club Estero/South Fort Myers . . . . .	898-1921
Notre Dame Club of Lee County . . . . .	768-0417
Organ Transplant Recipients of SW Florida . . . . .	247-3073
POLO Club of Lee County . . . . .	477-4906
Rotary Club of Fort Myers . . . . .	332-8158
Sanibel-Captiva Orchid Society . . . . .	472-6940
United Way of Lee County . . . . .	433-2000
United Way 211 Helpline (24 hour) . . . . .	211 or 433-3900

**AREA ATTRACTIONS**

Bailey-Matthews National Shell Museum . . . . .	395-2233
Burrough's Home . . . . .	337-9505
Calusa Nature Center & Planetarium . . . . .	275-3435
Edison & Ford Winter Estates . . . . .	334-7419
Fort Myers Skate Park . . . . .	321-7558
Imaginarium Hands-On Museum & Aquarium . . . . .	321-7420
JN "Ding" Darling National Wildlife Refuge . . . . .	472-1100
Koreshan State Historic Site . . . . .	239-992-0311
Langford Kingdon Home . . . . .	239-334-2550
Ostego Bay Foundation Marine Science Center . . . . .	765-8101
Skatium . . . . .	321-7510
Southwest Florida Historical Society . . . . .	939-4044
Southwest Florida Museum of History . . . . .	321-7430
True Tours . . . . .	945-0405

To be listed in calling card email your information to: [press@riverweekly.com](mailto:press@riverweekly.com)

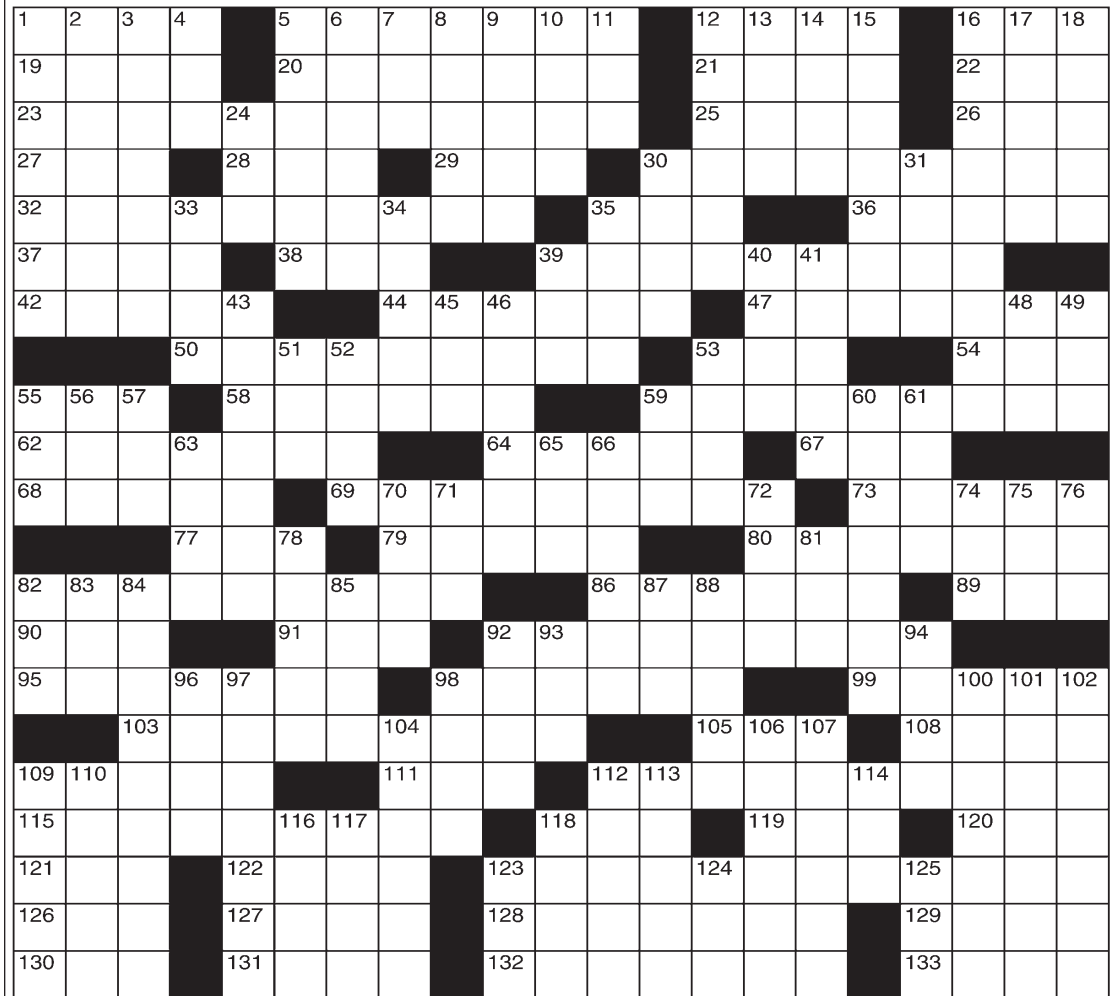


# PUZZLES

Answers on page 29

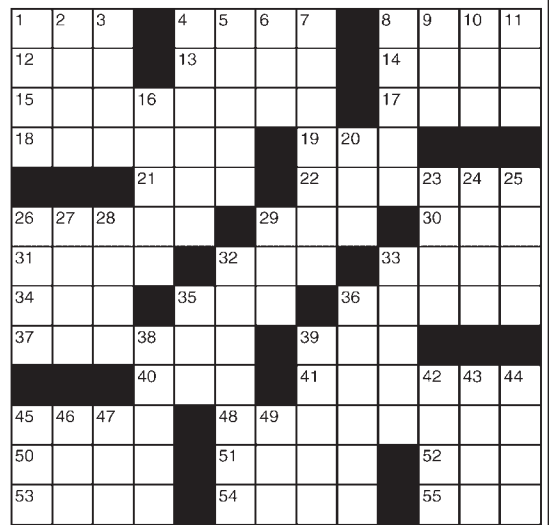
## Super Crossword LAST WISH

- ACROSS**
- 1 "You ... over there ..."
  - 5 Significance
  - 12 Wee bits
  - 16 Pine- —
  - 19 Bi- + hexa-
  - 20 "My —" (Willa Cather novel)
  - 21 Panache
  - 22 Kin of mono-
  - 23 Very hot shrubby wasteland?
  - 25 Law firm aide, in brief
  - 26 Mutt's threat
  - 27 Stuff making a big bang
  - 28 Harem room
  - 29 45s' cousins
  - 30 Average desert drainage basin?
  - 32 Reaction to inhaling element #2?
  - 35 Without a — (very poor)
  - 36 Painful things to touch
  - 37 They may hold gold
  - 38 Big blue body
  - 39 Goldfish doing a funny circus act?
  - 42 Literary critic Connolly
  - 44 "C'mon, help me out here"
  - 47 Accept an insult humbly
  - 50 Paunch from overdoing it on Mexican food?
  - 53 Hellenic "T"
  - 54 Brit's lav
  - 55 "You, over there!"
  - 58 Jersey's largest city
  - 59 Mink coat taken by a thief?
  - 62 Vamoose
  - 64 Actor Mueller-Stahl
  - 67 Vast time span
  - 68 Plains home
  - 69 One given a water shaft as a gift?
  - 73 Sports show summary
  - 77 Jackie's Onassis
  - 79 Waterfall nymph
  - 80 Tasty bits
  - 82 Steers a ship's front right or left?
  - 86 Otter cousin
  - 89 Yalie's nickname
  - 90 '50s prez
  - 91 Grafton's "— for Alibi"
  - 92 Twisted wit used by a film's actors?
  - 95 Character
  - 98 Dressed like many a Scot
  - 99 Small ducks
  - 103 Forward thrust in water polo?
  - 105 U.S. soldiers
  - 108 "I cannot tell —"
  - 109 "Need —?" (driver's query)
  - 111 Dads
  - 112 Fine dishes that have been split?
  - 115 Brush off a bishop's hat?
  - 118 Nanny's cry
  - 119 Gold, in Peru
  - 120 Chill (out)
  - 121 Pal, to Pierre
  - 122 Norse god
  - 123 Message spelled out by the 12 added letters in this puzzle
  - 126 Mil. rank
  - 127 Feat of skill right or left?
  - 128 Winds off a spool
  - 129 "— boy!" ("All right!")
  - 130 H.S. subject
  - 131 See 75-Down
  - 132 Brand of Irish cream
  - 133 Sonnet, e.g.
- DOWN**
- 1 After this, to a logician
  - 2 Set design
  - 3 Country's — Brothers
  - 4 Black gunk
  - 5 Little candies with shells
  - 6 Hold the interest of
  - 7 One "A" of NCAA: Abbr.
  - 8 Festive
  - 9 Like many smartphone game purchases
  - 10 Tiny peeves
  - 11 Exclamation of frustration
  - 12 Indiana university
  - 13 Jai follower
  - 14 Comic Roseanne
  - 15 Is testy with
  - 16 Many a placebo
  - 17 One way to eat pastrami
  - 18 Former Italian coins
  - 24 Debtor's slip
  - 30 Hoodwink
  - 31 Byron, e.g.
  - 33 "That so?"
  - 34 Limerick's rhyme scheme
  - 35 Do in
  - 39 Mil. rank
  - 40 In the vicinity
  - 41 Reason
  - 43 Advice-giving Ann
  - 45 Perpetually, in verse
  - 46 Acid's counterpart
  - 48 Small deer
  - 49 Boatload
  - 51 Co. biggie
  - 52 Repetitive cry of pain
  - 53 Song
  - 55 Prez elected in '48
  - 56 Wring (out)
  - 57 Puppy's bark
  - 59 Bill with Abe
  - 60 Major rainfall
  - 61 Bills with Washington
  - 63 College VIP
  - 65 Nutrition amt.
  - 66 Unassuming
  - 70 Seth's eldest son
  - 71 Edict
  - 72 Islamic chief
  - 74 Third letter
  - 75 With 131-Across, listening intently
  - 76 Tire inflation abbr.
  - 78 Toothpaste brand of old
  - 81 Yoko —
  - 82 Advice tidbit
  - 83 Short guitar, for short
  - 84 Lifting again
  - 85 Iranian cash
  - 87 U.S. 10, e.g.
  - 88 Gnat relative
  - 92 Smokes
  - 93 Heady quaff
  - 94 "You betcha"
  - 96 Carpet area meas.
  - 97 Make obsolete
  - 98 Trunk knot
  - 100 Aware of and interested in
  - 101 Striped
  - 102 Big name in whiskey
  - 104 Topples
  - 106 "I wish that were true!"
  - 107 Accent
  - 109 Maxim
  - 110 Unit of light
  - 112 Island off the Italian coast
  - 113 Jacket flap
  - 114 Bovine beast
  - 116 Mind product
  - 117 Arena part
  - 118 "Munich" star Eric
  - 123 Nerve center
  - 124 "— -hawl!"
  - 125 Talk noisily



## King Crossword

- ACROSS**
- 1 Poke
  - 4 Beach stuff
  - 8 Part of the foot?
  - 12 Supplement, with "out"
  - 13 From the start
  - 14 In the vicinity
  - 15 Congratulatory slap
  - 17 Oodles
  - 18 Open
  - 19 Meadow
  - 21 G.I.'s dinner, for short
  - 22 Showing cleavage
  - 26 Computer acronym
  - 29 Stein or Stiller
  - 30 Life time?
  - 31 Swiss capital
  - 32 Staff
  - 33 Oven
  - 34 Swelled head
  - 35 "Explain, please"
  - 36 — Major (Sirius' constellation)
  - 37 Restrained
  - 39 Evergreen type
  - 40 Trawler need
  - 41 Tips over
  - 45 Ontario neighbor
  - 48 Gary Cooper movie
  - 50 Tab
  - 51 Small grimace
  - 52 Stickum
  - 53 Weevil's target
  - 54 Litigant
  - 55 Sphere
  - 7 Lived
  - 8 Post-vow relative
  - 9 Ultramodernist
  - 10 House pet
  - 11 Day fractions (Abbr.)
  - 16 Surround
  - 20 Many millenia
  - 23 First son
  - 24 Aptly named fruit?
  - 25 Sawbucks
  - 26 23-Down's victim
  - 27 Lily variety
  - 28 Boast
  - 29 Tarzan's son
  - 32 Beats
  - 33 Singer Akers
  - 35 Infinitesimal
  - 36 Written code
  - 38 Dead ringer?
  - 39 Bach piece, often
  - 42 Nixed, at NASA
  - 43 Entrance
  - 44 Uppity sort
  - 45 Recede
  - 46 Carnival city
  - 47 Ailing
  - 49 Debtor's letters
- DOWN**
- 1 Biblical king who had Jezebel slain
  - 2 Related (to)
  - 3 Pleads
  - 4 Jungle expedition
  - 5 Doddering, maybe
  - 6 Ely's st.



## MAGIC MAZE ● — HAM

J Q N K D N A S G G E I F C Z  
 W U R P M L D D S J H E B C Z  
 X U S Q N E E Y L P J G O P E  
 C Z X V K N V I R G I N I A T  
 R P N O N L I G F T J C L H E  
 C A M A Y U L E Y H N W E V T  
 R S C P N A E L N I T U D D K  
 I G E C Z B D Z C O X I O W U  
 S R D E R U C P O M B L M C J  
 O I D A R I G D E F F U T S E  
 D B A Y X W U T S Q P O N L K

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- |         |         |            |          |
|---------|---------|------------|----------|
| Boiled  | Cured   | Radio      | Stuffed  |
| Bone-in | Deviled | Smithfield | Virginia |
| Canned  | Glazed  | Smoked     | Yule     |
| Country | Picnic  | Spiced     |          |





"And if you expect to hold onto this job, don't go giving them honest

\_\_\_\_\_."  
answer on page 29

### SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Dismiss

SPEEDO

Assert

SITINS

Bestow

OWNED

Sniff

HEALIN

TODAY'S WORD

\_\_\_\_\_

	5		4				9
		8		7		1	
6					3		2
2					4		6
	9		8				7
		5		1		3	
9					2		4
	3		7				6
		1		8	6	5	

### SUDOKU

**To play Sudoku:** Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 29

### HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Headset is missing. 2. Soda can is missing. 3. Hair is shorter. 4. Collar is missing. 5. House is missing. 6. Thermos is smaller.



#### Grouper Thai Curry

##### Bisque

- 4 tablespoons olive oil
- 4 6-ounce grouper fillets, cut into 1-inch pieces
- 4 cups bottled clam juice or chicken stock
- 5 cloves garlic, peeled and coarse chopped
- 1 cup shallots, thinly sliced
- 4 small dried red chiles
- 2 tablespoons fresh ginger, minced
- 1 large fennel bulb, cut into 1-inch pieces
- 1 cup carrots, cut into 1-inch pieces
- 1 tablespoon Thai green curry paste
- 2 tablespoons whole coriander seeds
- 1 tablespoon whole cumin seeds
- 1/2 tablespoon whole black peppercorns

- 1/2 cup cilantro leaves, chopped, divided
- 1 cup unsweetened coconut milk
- Cilantro, chopped for garnish

In a large soup pot, heat the oil over moderately high heat. Add grouper pieces and sauté until just browned. Remove from pan and set aside. Add the garlic cloves and shallots to the pan; cook over moderately high heat until softened, 3 to 5 minutes. Add the chiles, ginger, fennel, carrots and curry paste. Cover and cook, stirring occasionally, until the vegetables begin to soften, about 5 minutes. Add the coconut milk and bring to a boil. Cover and cook over low heat, stirring a few times, until the carrots are tender, about 10 minutes longer. Add the grouper; cover and simmer over low heat 5 to 7 minutes. Garnish with cilantro; serve hot.

Yield 6 servings.\*



Grouper Thai Curry Bisque

photo courtesy Fresh From Florida



 <b>FRIDAY</b> Mostly Cloudy High: 89 Low: 82	 <b>SATURDAY</b> Mostly Cloudy High: 90 Low: 83	 <b>SUNDAY</b> Cloudy High: 91 Low: 84	 <b>MONDAY</b> Sunny High: 89 Low: 82	 <b>TUESDAY</b> Few Showers High: 87 Low: 80	 <b>WEDNESDAY</b> Few Showers High: 85 Low: 78	 <b>THURSDAY</b> Few Showers High: 87 Low: 76
---	--	---	--	---	---	--

Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	6:04 am	12:11 pm	6:22 pm	None	Fri	5:09 am	12:13 pm	5:27 pm	None	Fri	6:09 am	12:18 pm	6:28 pm	None	Fri	8:14 am	2:45 am	8:32 pm	3:27 pm
Sat	6:45 am	12:06 am	7:50 pm	1:29 pm	Sat	5:50 am	12:08 am	6:55 pm	1:31 pm	Sat	6:23 am	12:10 am	7:17 pm	1:13 pm	Sat	8:55 am	3:22 am	10:00 pm	4:45 pm
Sun	7:32 am	12:47 am	9:41 pm	2:52 pm	Sun	6:37 am	12:49 am	8:46 pm	2:54 pm	Sun	6:44 am	12:36 am	8:12 pm	2:18 pm	Sun	9:42 am	4:03 am	11:51 pm	6:08 pm
Mon	8:26 am	1:32 am	11:34 pm	4:10 pm	Mon	7:31 am	1:34 am	10:39 pm	4:12 pm	Mon	7:18 am	1:08 am	9:16 pm	3:22 pm	Mon	10:36 am	4:48 am	None	7:26 pm
Tue	9:26 am	2:26 am	None	5:17 pm	Tue	8:31 am	2:28 am	None	5:19 pm	Tue	8:02 am	1:46 am	10:47 pm	4:31 pm	Tue	1:44 am	5:42 am	11:36 am	8:33 pm
Wed	12:56 am	3:27 am	10:27 am	6:15 pm	Wed	12:01 am	3:29 am	9:32 am	6:17 pm	Wed	8:58 am	2:30 am	None	5:49 pm	Wed	3:06 am	6:43 am	12:37 pm	9:31 pm
Thu	1:51 am	4:30 am	11:28 am	7:07 pm	Thu	12:56 am	4:32 am	10:33 am	7:09 pm	Thu	12:22 am	3:21 am	10:46 am	7:00 pm	Thu	4:01 am	7:46 am	1:38 pm	10:23 pm

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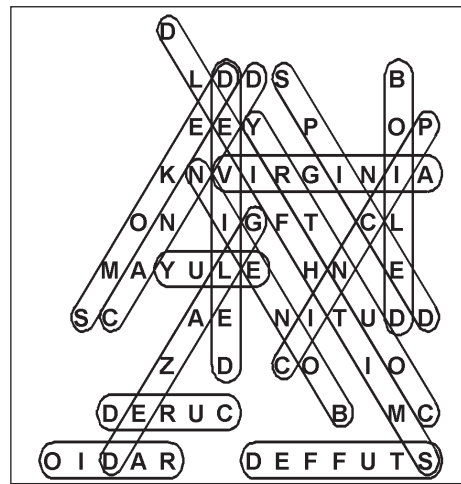
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PSST MEANING DABS SOL  
 OCTA ANTONIA ELAN UNI  
 SEARINGHEATH PARAGR  
 TNT ODA LPS FAIRPLAYA  
 HELIUMGASPSOU SORES  
 ORES SEA CLOWNCARP  
 CYRIL BEAPAL EATDIRT  
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 TEPEE WELLDONEE RECAP  
 ARI NAIAD MORSELS  
 TURNSPROW ERMINE ELI  
 PERSONA KILTED TEALS  
 AQUA LUNGE GIS ALIE  
 ALIFT PAS CLEFTCHINA  
 DUSTMITER BAA ORO VEG  
 AMI ODIN HAPPYNEWYEAR  
 GEN DEED UNREELS ATTA  
 ENG EARS BAILLEYS POEM

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## MAGIC MAZE



## SUDOKU

1	5	3	4	2	8	6	7	9
4	2	8	6	7	9	1	5	3
6	7	9	1	5	3	4	2	8
2	1	7	3	9	4	8	6	5
3	9	4	8	6	5	2	1	7
8	6	5	2	1	7	3	9	4
9	8	6	5	3	2	7	4	1
5	3	2	7	4	1	9	8	6
7	4	1	9	8	6	5	3	2

## My Stars ★★★★★

### FOR WEEK OF AUGUST 6, 2018

**Aries** (March 21 to April 19) A longtime situation starts to move into a new phase. The question for the uncertain Lamb right now is whether to move with it. Facts emerge by midmonth to help you decide.

**Taurus** (April 20 to May 20) A talent for organizing your priorities allows the Divine Bovine to enjoy a busy social life and not miss a beat in meeting all workplace and/or family commitments.

**Gemini** (May 21 to June 20) What began as a dubious undertaking has now become one of your favorite projects. Your enthusiasm for it rallies support from other doubters-turned-believers.

**Cancer** (June 21 to July 22) Accept the help of friends to get you through an unexpectedly difficult situation. There'll be time enough later to investigate how all this could have happened so fast.

**Leo** (July 23 to August 22) Change is a major factor for the Big Cat through midmonth. Be prepared to deal with it on a number of levels, including travel plans and workplace situations.

**Virgo** (August 23 to September 22) You might not like all the changes that have begun to take place around you. But try to find something positive in at least some of them that you can put to good use.

**Libra** (September 23 to October 22) A family member's unsettling experience could create more problems if it's not handled with care and love. And who's the best one to offer all that? You, of course.

**Scorpio** (October 23 to November 21) It might not be the right time for you to start a new venture. But it's a good time to start gathering facts and figures so you'll be set when the GO! sign lights up.

**Sagittarius** (November 22 to December 21) The sagacious Sagittarius should have no trouble deciding between those who can and those who cannot be trusted to carry out a workplace commitment.

**Capricorn** (December 22 to January 19) Surprise, surprise. It looks as if that one person you once thought you could never hope to win over to your side suddenly just might choose to join you.

**Aquarius** (January 20 to February 18)

You might have to set aside your pride for now and accept a change that isn't to your advantage. Cheer up. There'll be time later to turn this around in your favor.

**Pisces** (February 19 to March 20) Your creative self emerges as dominant through midmonth. This should help you restart that writing or arts project you've left on the shelf for far too long.

**Born This Week:** You have a way of encouraging others by example to come out from the shadows and enjoy life to the fullest.

## THIS WEEK IN HISTORY

• On Aug. 10, 1793, after more than two centuries as a royal palace, the Louvre is opened as a public museum in Paris by the French revolutionary government. Today the Louvre's collection is one of the richest in the world, with artwork and artifacts representative of 11,000 years of human civilization and culture.

• On Aug. 6, 1862, the C.S.S. Arkansas, the most feared Confederate ironclad on the Mississippi River, is blown up by her crew after suffering mechanical problems during a battle with the U.S.S. Essex near Baton Rouge, Louisiana. The ship was 165 feet long and 35 feet wide.

• On Aug. 9, 1936, at the 1936 Berlin Olympics, black American track star Jesse Owens wins his fourth gold medal of the Games in the 4x100-meter relay. His team's world record of 39.8 seconds stood for 20 years.

• On Aug. 7, 1947, Kon-Tiki, a balsa wood raft captained by Norwegian anthropologist Thor Heyerdahl, completes a 4,300-mile, 101-day journey from Peru to an archipelago near Tahiti. Heyerdahl wanted to prove his theory that prehistoric South Americans could have colonized Polynesia by drifting on ocean currents.

• On Aug. 12, 1953, less than one year after the United States tested its first hydrogen bomb, the Soviet Union detonates a 400-kiloton device in Kazakhstan. The explosive power was 30 times that of the U.S. atomic bomb dropped on Hiroshima.

• On Aug. 8, 1968, at the Republican National Convention in Miami, Richard Nixon and Spiro Agnew are chosen as the presidential and vice-presidential nominees for the upcoming election. In 1974 on this day, Nixon would announce his

resignation as president.

• On Aug. 11, 1973, "American Graffiti," a nostalgic coming-of-age tale set in the car-centric culture of suburban California, is released in theaters across the U.S. The movie went on to become a sleeper hit.

## STRANGE BUT TRUE

• It was French playwright Albert Guinon who made the following sage observation: "There are people who, instead of listening to what is being said to them, are already listening to what they are going to say themselves."

• You may not be surprised to learn that, according to a poll conducted by The Associated Press, Americans hate math twice as much as any other subject.

• A study published in 2008 showed that the price of a pain medication had an effect on its efficacy. In the study people were given placebo pills, some at the regular price and some at a discounted price. Those who paid full price for the medication reported more relief than those who paid less.

• During Elizabethan times, it was customary in England for a wife to wear her wedding ring on her thumb.

• It seems no one can adequately explain the reason why women tend to strike matches away from themselves, while men tend to strike them toward themselves.

• Dominique Bouhours, a Frenchman who lived in the 17th century, was a priest, an essayist and a grammarian. The love of language may have been closest to his heart, though; it's been reported that the final words he uttered on his deathbed were, "I am about to – or I am going to – die; either expression is used."

• Those who study such things say that sea slugs have 25,000 teeth.

• The town of Waco, Texas, has an entire museum dedicated to the popular soda Dr Pepper. Even more surprising is the fact that it gets more than a hundred visitors a day, on average.

## THOUGHT FOR THE DAY

"It's hard to be religious when certain people are never incinerated by bolts of lightning." – Bill Watterson

## SCRAMBLERS

1. Depose; 2. Insist;
3. Endow; 4. Inhale

## Today's Word OPINIONS

## TRIVIA TEST

1. **Geography:** Which is the shallowest of the Great Lakes?
2. **History:** Which Old West gunslinger was born with the name Henry McCarty?
3. **Television:** What was the name of the family car on "The Munsters"?
4. **Literature:** How long did it take Tolstoy to write his epic novel "War and Peace"?
5. **General Knowledge:** Where were the first modern Olympic Winter Games held in 1924?
6. **Science:** What colors are mosquitos attracted to?
7. **Games:** How many pieces are in a double-six set of dominoes?
8. **U.S. States:** What is the nickname of the state of Maryland?
9. **Movies:** Which 1978 movie is associated with the cry "toga!"?
10. **Medical:** What is the common name for the disease varicella?

## TRIVIA ANSWERS

House" 10. Chickenpox.  
 colors 7, 28 8. Old Line State 9. "Animal  
 4. Six years 5. Chamomix, France 6. Dark  
 Erie 2. Billy the Kid 3. The Munster Koach



★ ★ ★ ★ ★ CLASSIFIED ★ CLASSIFIED ★ ★ ★ ★ ★

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 7/27 \* 8/10

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## Estero High Field Receives Name

The School District of Lee County recently announced a naming rights partnership with FAST AC, a locally owned air conditioning company based in Estero. For the next three years, Estero High School's field will be known as FAST AC Field at Jeff Sommer Stadium, home of the Wildcats.

"I believe that, as a successful business owner in the area, it is important to give back to local causes and social issues," said owner Matt Foster, a 20-year resident of Estero. "Our children are our future and represent a beacon of hope to all of us. Each of us need to find as many ways as possible to support them. Estero High School has done a fabulous job at developing its youth, and I am proud to be a part of their continued efforts."

"The school district is proud to partner with Mr. Foster and FAST AC in our naming rights initiative," said Superintendent Dr. Greg Adkins. "We are doing something that most districts do not do, raise money to benefit our students and to help them reach their highest personal potentials. Partnerships like this are vital to the success of our students and to our community, and we are grateful that FAST AC is part of this growing group of supporters."

The district's naming rights initiative allows companies to put their name on a high school stadium, gymnasium or theater. The money generated will go toward closing a nearly \$478 million gap in capital dollars which pays for new construction, maintenance, technology, equipment and safety and security initiatives. Along with naming rights, the district also has digital advertising opportunities as well as athletic sponsorships for all 14 of its high schools. To learn more, visit [www.leeschools.net/advertising](http://www.leeschools.net/advertising).

## Protection From Secondhand Smoke Exposure

Secondhand smoke is a serious health threat and can linger in rooms and even travel between homes in multi-unit housing. There is no safe level of exposure to secondhand smoke. Florida

residents in public housing should be protected by a new smokefree housing rule from the U.S. Department of Housing and Urban Development (HUD) that went into effect recently.

"Everyone deserves the opportunity to lead a healthy life, and ensuring homes are free from the risks of secondhand smoke is a critical step for the health of residents," said American Lung Association Director of Health Promotions Kurt Goerke. "This is especially true for children and those who are more vulnerable to the impact of secondhand smoke, such as those living with asthma and chronic obstructive pulmonary disease. Today we're making a healthier future for Florida and our nation."

In November 2016, the U.S. Department of Housing and Urban Development (HUD) announced a rule requiring all federally owned public

housing to become smokefree by July 30, 2018. This rule will protect close to two million Americans nationwide from being exposed to secondhand smoke in their homes, including 690,000 children.

The American Lung Association celebrates this long-awaited health protection, following more than a decade of advocacy for the passage of the rule as well as support for the implementation of smokefree housing policies in local public housing authorities. In Florida, it means protections for residents in local multi-unit housing. For example, Lee County now has 37 apartments and condos with a smoke-free policy which includes 6,519 smoke-free individual units. Based on an estimate of an average of two people per unit, that includes up to 13,038 people who are covered by a smoke-free multi-unit policy in Lee County.

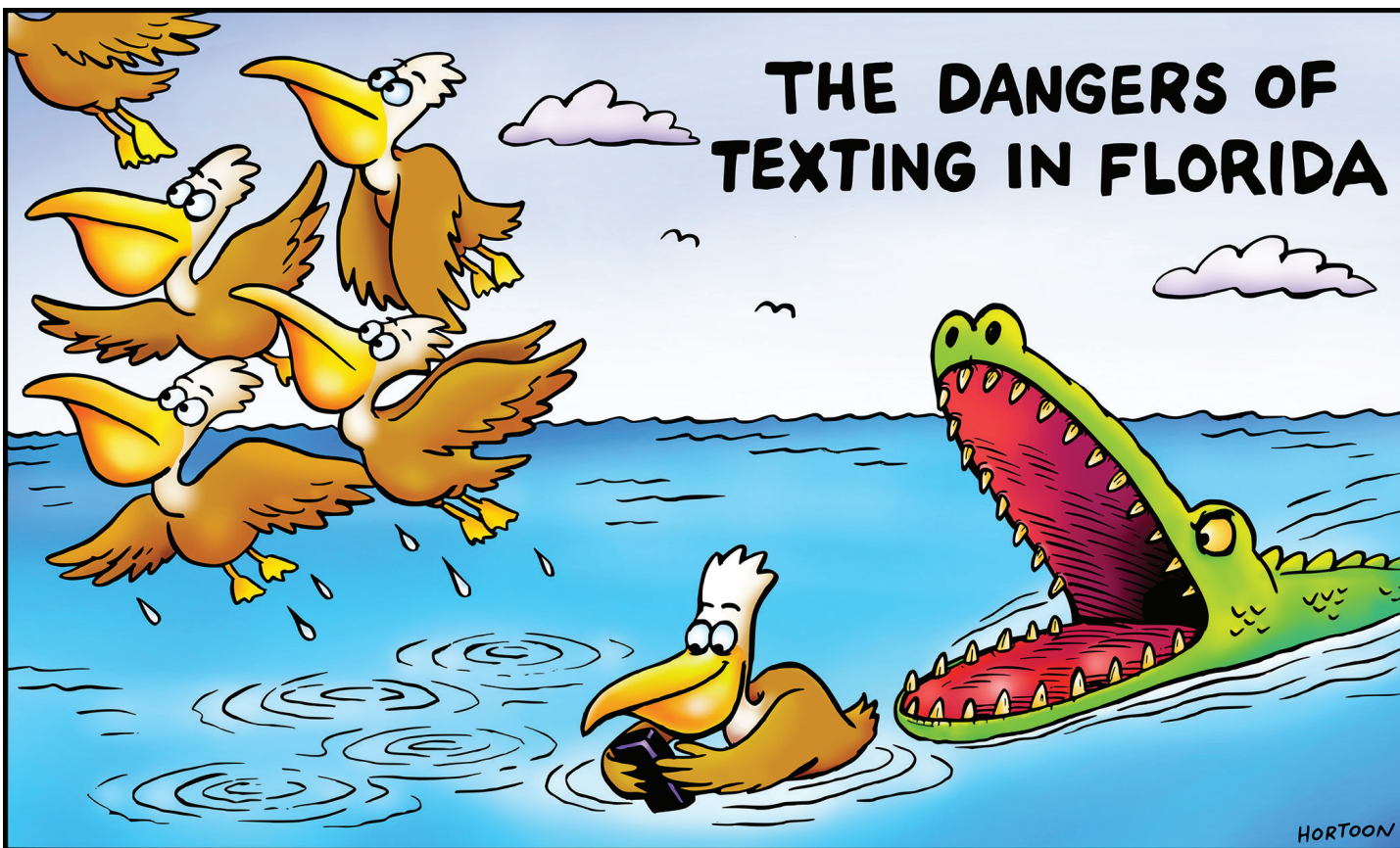
"Today we celebrate this important

step to protect the health of residents in Florida, and we know we'll see the health benefits for years to come," said Kurt Goerke.

Secondhand smoke exposure poses serious health threats to both children and adults. Damaging health effects in children and adults include lung cancer, respiratory infections, worsened asthma symptoms, heart attacks and stroke. For residents of multi-unit housing (e.g., apartment buildings and condominiums), secondhand smoke can be a major concern even if people don't smoke in your unit, as smoke can migrate from other units and common areas and travel through doorways, cracks in walls, electrical lines, plumbing and ventilation systems.

American Lung Association materials and success stories on smokefree housing can be found at [www.lung.org/smokefreehousing](http://www.lung.org/smokefreehousing).

## HORTOONS



## Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Messina Court	Bonita Springs	2001	5,089	\$2,790,000	\$2,695,000	220
Verona Lago	Miromar Lakes	2001	3,999	\$2,750,000	\$2,575,000	0
Town And River	Fort Myers	2013	3,093	\$1,399,000	\$1,165,000	164
Pelican Landing	Bonita Springs	1993	4,087	\$999,000	\$840,000	28
Brynwood	Fort Myers	1990	4,529	\$959,900	\$900,000	182
Palm Gardens	Fort Myers	1958	2,915	\$899,000	\$810,000	37
Edgewater	Fort Myers	2002	4,013	\$869,000	\$830,000	225
Lakemont	Bonita Springs	1992	3,382	\$819,000	\$785,000	15
Alva	Alva	1997	3,414	\$699,900	\$650,000	88
Devonwood	Fort Myers	1999	3,051	\$659,900	\$600,000	145





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