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THE RIVER WEEKLY NEWS

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Vol. 12, No. 35

From the Beaches to the River District downtown Fort Myers

SEPTEMBER 6, 2013



The Bug Tussle Ramblers

Sunday Afternoon Bluegrass And Acoustic Music Returns

The Acoustic Music Society of Southwest Florida will present three hours of live music on the theater stage at the Alliance for the Arts on Sunday, September 8 from 2 to 5 p.m. The show features the local bluegrass favorites The Bug Tussle Ramblers and Captain Joe & the Bottom Feeders, as well as Bill Metts with his acoustic guitar. This is the first in a series of Sunday afternoon concerts, which continue in the theater on October 13, November 3 and December 8.

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Captain Joe & the Bottom Feeders

Registration Open For 3rd Annual Path To Wellness 5K Run/Walk

Registration is now open for walkers and runners to participate in the 3rd annual Path To Wellness 5K Run/Walk planned for Saturday, October 5 at Lakes Park in Fort Myers.

The event will benefit the Lee County Chapter of NAMI (National Alliance on Mental Illness) and SalusCare, the new not-for-profit formed by the merger of Lee Mental Health and Southwest Florida Addiction Services (SWFAS).

More than 300 people are expected to turn out for the race, which begins at 8:30 a.m., rain or shine. Race results and timing will be provided by 3D Racing, Inc. of Cape Coral.

Registration is \$20 for walkers and \$25 for runners and may be made online at www.active.com through October 4. Same day registration is available at Lakes Park for an additional \$5.

T-shirts are guaranteed to the first 200 registrants. Awards will be given to the top three finishers in each age division for both males and females.

Major sponsors of the Path To Wellness are the Fort Myers Police Department and Park Royal Hospital, with support from Genoa Healthcare, Lee Memorial Health System and Susan Bennett Marketing & Media.

NAMI is the nation's largest grassroots mental health organization dedicated to

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Overall winner from 2012, Timo Weckmann of Germany, crosses the finish line at last year's Path To Wellness race

Ghostbird Theatre Company Opens New Season

Ghostbird Theatre Company begins its second season with *Miss Julie*, a play by the Swedish playwright August Strindberg, running from September 11 to 15 at the Sidney & Berne Davis Art Center in Fort Myers. Doors open at 7 p.m., with cocktails at 7:30 p.m. and curtain at 8 p.m.

Miss Julie is the culmination of Strindberg's achievement in naturalistic drama. Written in 1888, the play exposes the battles between the sexes and the classes at their most vulnerable and visceral, battles that continue to resonate today.

Miss Julie is the unruly daughter of a count who "is too stuck up in some ways and not proud enough in others." While her father is away, Miss Julie celebrates Midsummer's Eve with the servants, dancing in the barn. She takes to Jean, her father's valet, and they spend the rest of the evening seducing one another. At times, they smolder for each other and other times they burn, but inevitably, this dangerous game of playing with fire ends in a pile of ash. The play contains adult language and sexual content.

Director Brittney Brady says that the design of the play centers around fire. "I want to use warm side lighting to throw shadows and give the feeling that the show is lit with flame. Midsummer's Eve is celebrated in the play with a bonfire. And fire is sexy and dangerous, and there is



Dana Lynn Frantz as Miss Julie

a lot of talk about fire in the play. So it's going to be warm, dark, steamy, sexy, all of those good things." Her aim is for the audience to feel the intimacy and rawness of Jean's and Julie's night.

Playing Miss Julie is Ghostbird veteran Dana Lynn Griffin, and debuting as Jean is Drew Scott Dietsch. Completing the triangle is Katelyn Gravel, who plays Christine, Jean's fiancée.

Ghostbird Theatre Company is the resident theater company of the Sidney & Berne Davis Art Center. Ghostbird will be featuring three more plays this season as well as a special fundraising cabaret in December. Ghostbird Theatre Company

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Historic Downtown Fort Myers, Then And Now:

Local Artifacts



by Gerri Reaves, PhD

Examining objects from the past can give us a feel for the everyday lives of people in previous decades. While the ones pictured here probably wouldn't have seemed the least bit out of the ordinary, today they might evoke some curiosity.

Take, for example, the Neverout insulated kerosene safety lamp, which belonged to Bob Halgrim, the first president of the Southwest Florida Historical Society and the first curator of the Edison home and museum.

Designed to be mounted on handlebars with the sturdy bracket, the lamp was meant to prevent accidents. In fact, the promise “prevents accidents” is actually stamped into the metal.

Red and green glass faceted “jewels” light the sides, perhaps indicating the bicyclist’s port and starboard, or left and right sides, respectively, as he navigated the streets of Fort Myers.

When the light grew dim, a bicyclist had to take on the messy job of refilling the lamp. How much easier it is today, when we just pop in new batteries when the light wanes.

The circa 1914 bicycle lamp was patented by the Rose Manufacturing Company in Philadelphia, which also made carriage lights in the pre-automobile age, and later, stop and parking lights that could be installed on autos.

What could be more unremarkable than a throwaway paper cup? Not much, in today’s “disposable” society that consumes untold volumes of paper products as a matter of course.

But imagine a time when a common drinking cup was just that – common, as in everyone drank from the same cup without cleaning it between uses.

Unless train passengers, for instance, brought along their own private cup, they would be forced to use the common cup provided.

But a little more than a century ago, increased under-



This Neverout insulated kerosene safety lamp, circa 1914, was once the best bicycle light around
collection of the Southwest Florida Historical Society, photos by Gerri Reaves



Countless drinking cups, such as this one made by the Baldwin Finback Cup Company for the Pullman Company, were used on passenger rail cars after the federal government banned the disease-spreading common cup in 1912



The Extra Fine Kodiak Combination Strop, number 7, was patented on July 17, 1883

standing about the consequences of sharing germs spurred public health officials to push for hygienic standards enforced by law.

The deadly 1918 influenza epidemic only increased the public’s new-found awareness about the unwitting spread of disease and the need for general cleanliness.

On October 30, 1912, the federal government banned the common cup aboard interstate train carriers.

The cup-less modern drinking fountain also gained prominence in this era.

The paper drinking cup made by the Baldwin Finback Cup Company dates most likely from 1913. Baldwin was one of many cup manufacturers competing in the burgeoning cup business spawned by the banning of the common cup.

In fact, the well-known Dixie Cup Company became one of the most successful competitors. Public health was the ultimate winner.

Among the biggest accounts at stake were railroads, who dispensed countless cups per year from the well-designed dispensers on passenger cars.

This finback has “The Pullman Co.” printed on the other side. The directions look simple: open the cup, hold by the fin or handle, and fill. Let’s hope it didn’t leak.

Ask most young people what a strop is and you might get a puzzled look as they rush to Google the word.

Today, when a razor blade becomes dull, it’s thrown away and replaced by a sharp
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The Edison Ford banyon tree. Edison Ford Garden Talks are held on the second Saturday of the month in the Edison Ford Garden Shoppe photo by Jim McLaughlin

Edison & Ford Winter Estates September Programs And Events

September at the Edison & Ford Winter Estates is highlighted with the Garden Talk and Tour of Edison's Rubber Research Plants; registration for Emerging Inventors; and Quilting and Stitchery Demonstrations in the Edison Caretaker's House, as well as a variety of other special programs and activities throughout the month. The September schedule of programs and events includes:

- Edison Ford Garden Talk: Edison's Rubber Research Plants, September 14 at 9 a.m. Thomas Edison evaluated more than 17,000 varieties of latex producing plants and trees in his Fort Myers Laboratory. Many of these varieties can be found on his



Quilting and stitchery demonstrations

winter estate. Historic Garden Manager Steve Hottovy will give a tour of the gardens, where you will learn the history of Edison's botanical research and how to make rubber plants part of your garden at home. Participants will receive 20 percent off in the Edison Ford Garden Shoppe. Cost for members is free; non-members are \$5.

- Edison Ford Monthly Volunteer Meeting and Program, September 17 at 9:30 a.m. at the Edison Ford Shoppe at Bell Tower Shops. Site Historian and Volunteer Coordinator Bobby Feldman will discuss Charles Edison, son of Thomas and Mina Edison, as well as his own interest in bike polo. Site Historian and Volunteer Coordinator Holly Shaffer will discuss Thomas Edison and baseball. The American Red Cross will discuss tips on how to react in the event of an emergency. If you are interested in becoming an Edison Ford volunteer, call 334-7419. For more information on volunteer opportunities, visit the website at www.edisonfordwinterestates.org.

- KIDding Around – Engineer Like Edison, September 24 from 5 to 7 p.m. at the Edison Ford Shoppe at Bell Tower Shops. Join the Edison Ford Wild Wizard and learn

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Principal Lynn Pottorf and Goodwill Board Member William McDaniel cut the ribbon at the new Goodwill LIFE Academy

Goodwill LIFE Academy Burying A Little Bit Of History For Future Students

The Goodwill LIFE Academy is burying a time capsule on September 9. The time capsule burial is part of the school's move from a previously leased location to its new, permanent home at 5100 Tice Street in Fort Myers.

"The time capsule was suggested by the students," said LIFE Academy Principal Lynn Pottorf. "The students have come up with so many ideas about what to put in it, we are having trouble narrowing the list!"



Goodwill CEO Tom Feurig addresses the crowd at the Goodwill LIFE Academy ribbon cutting

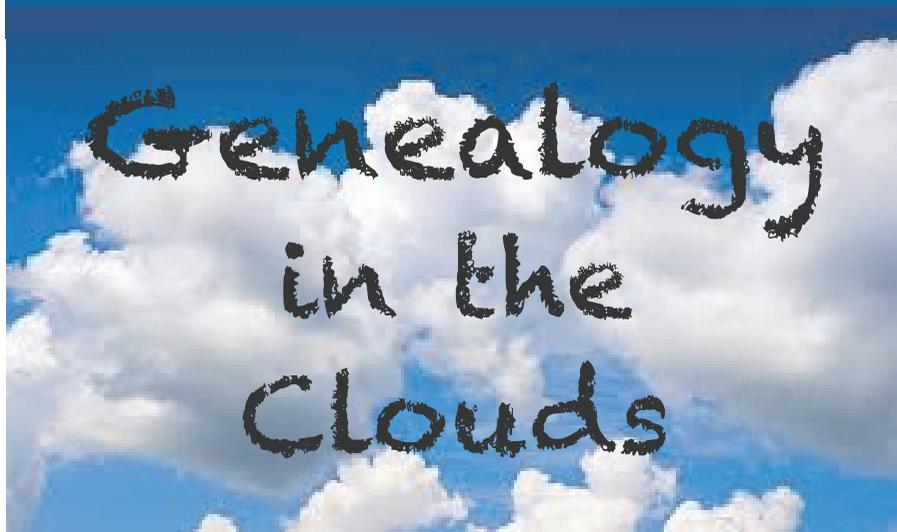
The time capsule will hold items like the LIFE Academy's newsletter *Tiger Tales* and letters from the students to the future classes. The time capsule will not be dug up until 2063, 50 years after its burial.

"They want students in the future to know who they were," said Pottorf. "To know what their school was like."

The Goodwill LIFE Academy is a tuition-free Lee County charter school for students with intellectual disabilities ages 11 through 22. The new location features seven classrooms, a bus ramp area, a large kitchen, dedicated library and computer lab. The school's curriculum is designed to promote self-advocacy and develop life skills for independent living by focusing on academic skills, daily life skills and vocational/workforce skills.

A ribbon cutting for the new location was held earlier in the summer.*

Lee County Genealogical Society September 14, 2013 Saturday Quarterly Meeting



If you would like to investigate using clouds in connection with your genealogy research, join us to hear LCGS President and Webmaster, **Carol Rooksby Weidlich** as she takes a look at the various options available both free and paid, and how to choose what's right for you.

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9:30 am Doors Open - 10:00 am Business Meeting, Refreshments and Program

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Fort Myers Public Art:

Leoma Lovegrove Retrospective



by Tom Hall

The Sidney & Berne Davis Art Center is celebrating its five-year anniversary this season, and for its September exhibit, SBDAC is presenting a retrospective including many of the artists

who have exhibited at the Davis over the years. Among the 50 artists represented in the show is Leoma Lovegrove.

“Leoma Lovegrove is thrilled to exhibit her painting called *Matlacha Spoken Here* during the Celebrating Five Years of the Arts exhibition,” the Art Center states in its press release announcing the show. “The painting is one of over 30 in her *Good Day Sunshine* series, part of an exclusive collection for Bealls Department Store.”

Bealls is using Lovegrove’s latest series to produce her second *Resort Collection*, which is comprised of products for home such as Melamine dishware, rugs, luggage, travel bags, beach chairs and towels, along with apparel and ladies accessories. Bealls is also introducing a Little

Leoma brand of children’s clothing.

This new and exciting collection is bursting with tropical, vibrant colors. It incorporates Lovegrove’s impressionist paintings of Florida flora and fauna and will be unveiled statewide on December 15.

Also on display during the September 6 Art Walk opening and reception will be Lovegrove’s colorful Mobile Studio, a fanciful trailer that allows her to take the materials of her art on the road.

Lovegrove is an impressionist/expressionist painter known worldwide for her colorful depictions of her environment. Her paintings of Florida subjects have been instrumental in encouraging tourism to the state from all over the world. Throughout the year, thousands visit her waterfront gallery and gardens on Matlacha Island, where she shares her island life with author husband Mike Silberg, Solomon the cranky macaw, and three feral cats which include Fred, the rising feline star.

The Sidney & Berne Davis Art Center is part art gallery, part performing arts center and part art, music and theater school. During its inaugural 2009-10 season, over 65,000 guests visited the Art Center. In addition, its outreach programs were presented to thousands of children through area schools, at-risk organizations and hospitals. Today, SBDAC regularly recruits award-winning artists who have performed worldwide at such prestigious venues as Carnegie Hall and Lincoln Center in its ongoing mission to provide elite programming to all of Southwest



Leoma Lovegrove preparing a few paintings to display in the Hertz corporate office in New Jersey

Florida which includes concerts, theatrical performances, dance, independent film, art exhibits and cotillion.

For more information, call 333-1933 or visit www.sbdac.com.

An arts advocate, Tom Hall guides

weekly walking tours of the River District’s public art collection in Fort Myers. For more information, go to www.trueetours.net.✪

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Classes Held At Veterans Park

Veterans Park Recreation Center, located at 55 Homestead Road South in Lehigh Acres, will host a number of upcoming classes at the facility.

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Cost: \$28 for eight classes or \$15 for four classes. Drop-in \$4 per class.

Tuesdays and Fridays, 9:30 to 10:30 a.m.

Register online at www.leeparks.org, activity #124216.

Call Christine at 369-1521 for more information.

Home School Recreation

Open to children ages 5 to 16 years old.

This is your opportunity for your homeschooled child to get out, get active and make new friends. Physical games and lots of activities played inside and outdoors. Bring a water bottle; wear comfortable clothing and tennis shoes.

Cost: \$10 for four classes

Tuesdays, 10:45 to 11:45 a.m.

Register online at www.leeparks.org, activity #124402.

Call Christine at 369-1521 for more information.*

September Programs

Looking for an opportunity for your homeschool child to get out and make new friends? The Alva Community Center is offering a program with numerous physical activities in a non-competitive environment. Session I runs Thursday, September 12 to October 10 from 1 to 2 p.m. for children ages 5 to 16. Cost is \$10 per child. Participants should expect to be outdoors for this program. Bring a water bottle, wear tennis shoes, sunscreen, sunglasses and hat.

Mom's Morning Out will be on Friday, September 13 from 10:30 a.m. to 1:30 p.m. Program includes games, play time, small lunch/snack, short movies, playground, and arts and crafts for 3- to 5-year-olds. Potty training and pre-registration required. Cost is \$10 per child. This program may be cancelled if the minimum of six participants is not met.

Baton, Jazz and Dance Gymnastic sessions are offered for children ages 5 to 15. Learn the basics of gymnastics, baton, jazz, dance while gaining confidence and self esteem. Skills progress as participants advance and may include instruction in various maneuvers such as cartwheels, back-walkovers, and flips. Baton and Jazz session is Thursday, September 19 from 6 to 6:45 p.m. Registration is \$40. Dance Gymnastic is Thursday, September 19 from 6:45 to 7:30 p.m. Registration is \$40. For more information call Susan Katz at 239-369-0404.*

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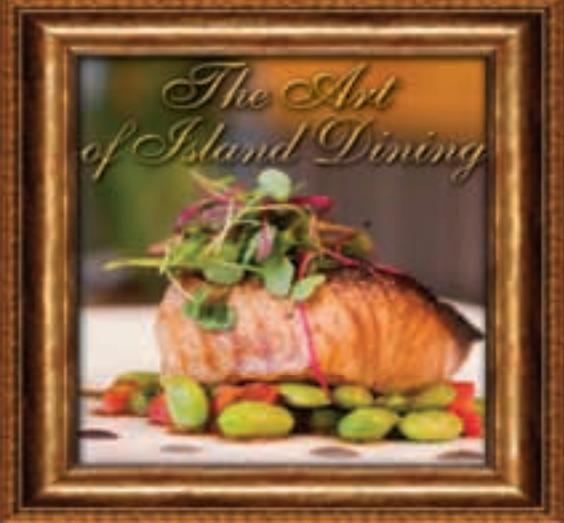
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Greeters Club Meeting

If you sometimes wonder if the family legends passed down over generations are accurate, then the speaker for the September 19 luncheon meeting of the Greeters Club of Greater Fort Myers might start you on a path of historical discovery. Carolyn Ford is the education chairperson for the Lee County Genealogical Society and has spent hundreds of hours assisting residents with

tracing their family lineage. Her topic will be Genealogy Basics: How to Climb Your Family Tree. She will give an overview on how to get started and will be able to answer more difficult questions for those who are already climbing the tree but have run into a weak branch.

The cost for the luncheon meeting is \$20. To make a reservation, contact Marie Gaither at 791-8966 or email wmgaither@aol.com. Luncheons are held on the third Thursday of the month at 11:30 a.m. at the Colonial Country Club, 9181 Independence Way, Fort Myers.*



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John McGowan, Fort Myers Sunrise Rotary past president; Gary Bryant and Gary V. Tripp of Disabled Veterans Insurance Careers

Rotary Donates To Veterans Organization

Disabled Veterans Insurance Careers (DVIC), dedicated to helping disabled U.S. veterans by providing new opportunities for training and employment in the insurance industry, has received a \$2,500 donation from Fort Myers Sunrise Rotary Club.

"The Fort Myers Sunrise Rotary Club welcomes the opportunity to help DVIC assist disabled veterans in starting a new career in the insurance industry," said David Gallentine, the Rotary Club's president.

The donation will assist DVIC with program capabilities, including the development of state-of-the-art training techniques that will prepare disabled veterans with skills for sales support and cross-selling personal insurance products for careers in the insurance industry.

"We are grateful to the Fort Myers Sunrise Rotary Club," said Gary Bryant, DVIC president and chief executive officer. "Thanks to an anonymous benefactor who is matching civic club contributions, this donation to DVIC is now \$5,000."

The Fort Myers Sunrise Rotary Club meets every Wednesday at 7:30 a.m. at the Hilton Garden Inn at the corner of Summerlin Road and College Parkway. For more information, visit <https://www.facebook.com/FMRotarySunrise>.



Children let their creativity flow during summer camp

Summer Fun For Campers

Summer camp at both the Shady Oaks Boys & Girls Club and the Stars Complex guaranteed that over 100 children had an opportunity to be creative. "We are happy to be able to provide so many children with unique opportunities to express themselves in a fun and relaxed atmosphere," said Sharon McAllister, ArtFest executive director. "It is such a pleasure to experience the 'no fear' attitude of young-

sters as they get creative. This is an age where confidence and imagination can spark some colorful and amazing results!"

Shady Oaks campers signed up for seven action packed weeks that included field trips, indoor and outdoor game time, and art projects to make and take home. Creating huge watercolor flow-ers, learning how to draw your favorite truck, decorating paper mache boxes and crafting super hero masks are a sampling of the art projects that campers had the opportunity to participate in.✧

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Along The River



The River Weekly News' staff photographer Michael Heider viewing the artwork of Andreas Franke located on the USS Mohawk Memorial Reef

Looking for a great lunch and dinner spot in downtown Fort Myers? Stop at local favorite **Ichiban**, in the historic Post Office Arcade. The Chinese and Japanese restaurant has been a downtown fixture for more



Vintage work by Florida Highwaymen artist Robert Butler. See more of his work at Harborside Event Center in downtown Fort Myers. The show is free to the public

than nine years. Owned by Meng Chong, it has flourished thanks to the loyal customer base that values Ichiban's balance of great quality, affordable prices and the friendly service from Chong's family and faithful employees.

Some of the restaurant's most popular dishes include shrimp with lobster sauce served with fried rice and egg roll, seaweed salad, General Tso's chicken (or tofu for vegetarians) and chicken Chow Mein served with white rice. Ichiban offers a quick combination lunch menu served until 3 p.m. along with an extensive dinner menu that includes Bento boxes served with shrimp and vegetable tempura and Japanese rice. Just need a quick late-night snack? Order the sweet and smoky BBQ Ribs or fried shrimp appetizer, best enjoyed with an ice-cold Kirin Ichiban beer.

Ichiban has introduced several great sushi rolls to its menu including the Ichiban Special Roll. It features two tempura shrimps, avocado, cucumber and crab stick topped with cooked, spicy white fish, tempura crunch and eel sauce. It is best enjoyed with warm or cold sake.

There are multiple ways to get to Ichiban: enter through the main Post Office Arcade entrance on Broadway, through the lobby of Hotel Indigo on Main Street or from First Street courtyard across from the City of Palms parking garage.

Ichiban is located at 1520 Broadway, Fort Myers. Hours are Monday through Thursday from 11 a.m. to 10 p.m., Friday and Saturday from 11 a.m. to 11 p.m. and Sunday from noon to 9 p.m. Free delivery is available within the River District with a \$10 minimum order. For more information, call 334-6991.

On Friday, September 9 from 6 to 10 p.m., meet Austrian artist Andreas Franke at the **USS Mohawk Sinking World Project "Lift" Event** during Art Walk at the Hotel Indigo in downtown Fort Myers. Joe Weatherby from Reef Makers will also be on hand to answer questions about the stunning art project that has been accessible only to underwater enthusiasts. The reef is located just off the coast of Sanibel and Captiva.

Franke's images were mounted on the 165-foot World War II warship, now a living reef, by local dive enthusiasts. At the end of the underwater exhibition, *The Sinking World* images will rise to the surface for display at the Lee County Alliance for the Arts galleries in Fort Myers at an opening night reception on October 4. The collection will remain on display until October 26.

Hotel Indigo is located at 1520 Broadway, Fort Myers.

On Sunday, The Edison Ford Estates presents Inside the **Edison Lab/Museum Hands-on Science** at 2 p.m. The insider program includes demonstrations with inventions inside the museum with hands-on activities featuring the phonograph, ediphone, movies, making rubber polymer, batteries, the assembly line and other inventive activities.

The price is a \$10 donation per family for members. For non-members, the price is \$30 per adult and \$5 for children six to 12 years of age, audio wand included. One adult required for every two children. Participants will receive a 10 percent discount on all invention items, including books, science kits and toys. Groups can register for special times and rates with advance reservation.

The Edison Ford Winter Estates is located at 2350 McGregor Boulevard, Fort Myers. Call 334-7419 or go to www.edisonfordwinterestates.com.

Now through September 17 from 9 a.m. to 5 p.m., the **Robert Butler Art Exhibit** is on display at the **Harborside Event Center** in downtown Fort Myers' historic River District. His first exhibit in 20 years, Butler's show features previous and recent artwork of Billy's Creek by the Florida Highwaymen artist.

The Florida Highwaymen are a group of 26 African-American artists who broke convention to paint beautiful iconic landscapes originating in the mid 1950s, an era marked by racism and poverty. These self-taught entrepreneurs mentored each other while they painted on basic materials like Upson board in lieu of canvasses, and used crown molding for more expensive gilded frames.

"Because local galleries shunned their work," states the Highwaymen's website,

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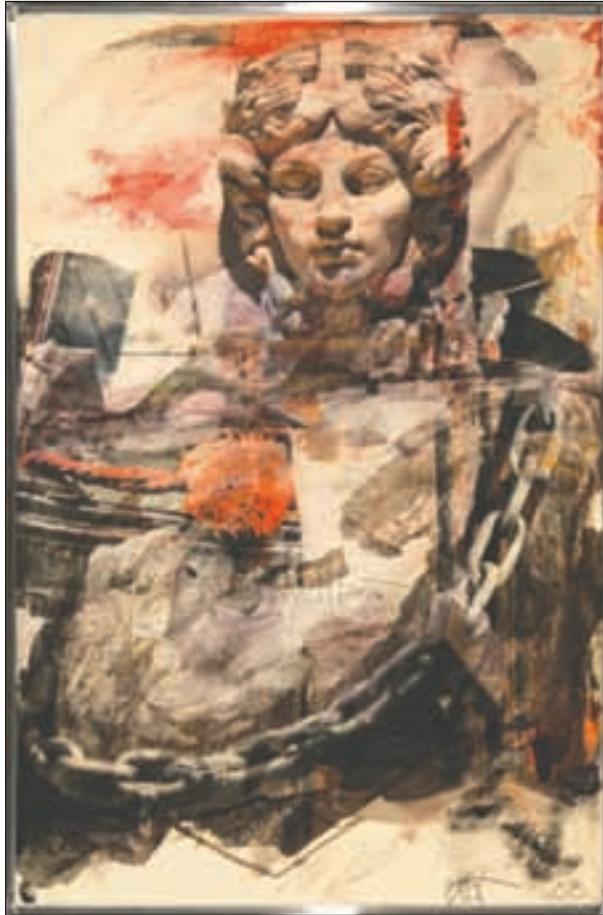


Lora-Conte by Alicia Schmidt

Come face to face with the human form during the month long invitational exhibition, Exposed: Face & Figure, which opens to the public on Friday, September 6 at the Alliance for the Arts in Fort Myers.

Exposed offers viewers a chance to engage provocative depictions created by 32 local and international artists. It opens to the public with a reception on Friday, September 6 from 5 to 7:30 p.m. and remains on display until September 28. Exposed: Face & Figure is sponsored by Suncoast Photo Solutions.

The Exposed exhibition features David Acevedo, Cesar Aguilera, Todd Babb, Carol Broman, Andy Browne, Jerry Churchill, Pat Collins, Tracy Cullimore,



Consequently Aloof by Darryl Pottorf

Geoffrey Hammel, Lily Hatchett, Raymond Hernandez, Doug Heslep, Marcus Jansen, Krista Johnson, Leo Johnson, Jonathan Kane, Bryon Paul McCartney, Kellen Beck Mills, Dale and Jeff Ocasio, Darryl Pottorf, Sherry Rohl, Diana Rutherford, Arturo Samaniego, Ellen Sayet, Jeffrey Scott Lewis, Alicia Schmidt, Carl Schwartz, Ellen Sheppard, Michelle Tricca, Lawrence Voytek, Gordon Warren and Peter Zell.



Defiance by Arturo Samaniego

The Alliance fundraiser Take A Nude Home on Saturday, September 21 is tied into the Exposed exhibit. It will feature live music, fine tapas, interactive art installations and a silent auction. Participants will have a chance to take home one of dozens of additional "mini nudes" created for the event by artists including Darryl Pottorf and Marcus Jansen.

Visit www.artinlee.org or call 939-2787 for more information about the exhibition or to purchase tickets to the Take A Nude Home fundraiser.

The Alliance for the Arts is located at 10091 McGregor Boulevard, just south of Colonial Boulevard in Fort Myers.*



Art classes for youth

September Workshops And Classes At The Alliance

The Alliance for the Arts announces its expanded 2013-14 Education Season featuring a wide variety of classes and workshops. Experienced instructors will lead youth and adults as they explore the visual and performing arts with classes on diverse topics including drawing and painting, fused glass, fiber, photography and yoga. And now it is possible to register for all Alliance classes and

workshops online at www.ArtInLee.org.

Upcoming September classes include Fine Art Acrylics, Painting Studio, Expressive Landscape Painting, Drawing from Observation, Intro to Fused Glass, Batik Workshop, Yoga at Work and DSLR Operation. Young artists can try their hand at Modern Painting, Paper Mache, Mixed Media: Eco Art, The Amazing Science of Art, The School of High Drama, Piano and Guitar. Class descriptions and instructor bios are available on the Alliance website.

Consider an Alliance membership to receive 20 percent off all classes, as well as other benefits including exhibition opportunities, and gift shop and ticket discounts. For more information, or to register, visit ArtInLee.org or call 939-2787.

The Alliance for the Arts campus and galleries are open to the public from 9 a.m. to 5 p.m. Monday through Friday and from 9 a.m. to 1 p.m. on Saturdays during GreenMarket, located at 10091 McGregor Boulevard just south of Colonial Boulevard in Fort Myers.*



Workshops are offered in various mediums

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION (UUA)

Where diversity is treasured
2756 McGregor Boulevard, Fort Myers
Summer program: Understanding
the Faiths of Our Worlds
June 2 to August 25 11 a.m.
Interim Minister, Rev. Margaret Beard,
begins on September 1
239-226-0900. www.allfaiths-uc.org

ALL SAINTS BYZANTINE RITE CATHOLIC CHURCH

10291 Bayshore Rd., N. Fort Myers
Divine Liturgy is on Sun. at 10:30 a.m.;
Rosary begins at 10 a.m.
Lenten services (Presanctified Liturgy)
will be on Wed. evenings at 6 p.m. start-
ing on Feb. 22. Administrator is Very Rev.
Peter Lickman, ph. 305-651-0991. We
are a Church of the Eastern Catholic or
Byzantine Rite, 1.5 mi. east of Int. 75.

ANNUNCIATION GREEK ORTHODOX CHURCH

8210 Cypress Lake Drive, Fort Myers
Reverend Fr. George P. Savas
Orthros Service Sunday 9 a.m.
Divine Liturgy Sunday 10 a.m.
www.annunciation.fl.goarch.org
239-481-2099

BETH SHILOH

MESSIANIC SYNAGOGUE

15675 McGregor Boulevard, 437-3171
Rabbi: Judah Hungerman
Friday Service, 8 p.m., Saturday Service,
11 a.m. Shabbat School Saturday Morning,
Adult Hebrew Classes.
Call for information on full program.

BREAD OF LIFE MINISTRIES CHURCH OF GOD

16581 McGregor Boulevard, 267-3166
Just past the Tanger Outlet Mall
Pastor: Barry Lentz, 281-3063
Sunday Worship, 10:30 a.m.
Wednesday Bible Study, 7 p.m.

CHABAD LUBAVITCH OF SW FLORIDA ORTHODOX

5620 Winkler Road, Fort Myers
Rabbi Yitzchok Minkowicz
433-7708, E-mail: rabbi@chabadswf.org
Web site: www.chabadswf.org
Services: Friday 6:30 p.m.; Saturday
Kabbalah class 9 a.m.;
Shacharit 10 a.m.; Kiddush at noon
Minyan: Monday and Thursday 7 a.m.

CHAPEL OF CYPRESS COVE

10200 Cypress Cove Circle Fort Myers
239-850-3943, Located at Cypress Cove
Retirement Center on HealthPark Campus
An ecumenical non-denominational com-
munity of believers.
Sunday Worship Service, 10 a.m.
Wednesday Bible Study, 7 p.m.
Reverend Ted Althouse, Pastor
revtedalthouse@aol.com

CHURCH OF THE CROSS

13500 Freshman Lane; 768-2188
Pastor: Bud Stephens; A nondemonima-
tional church emphasizing a personal rela-
tionship with Jesus Christ.
Sunday Service: 9:15 a.m. Traditional,
10:45 Contemporary.

CONGREGATIONAL CHURCH

1619 Llewellyn Drive Fort Myers
Just off McGregor across from the Edison/
Ford Winter Estates 334-4978
Pastor: Douglas Kelchner
Worship times Sunday's 9 and 10:30 a.m.
Website: www.taecc.com

COVENANT PRESBYTERIAN CHURCH

2439 McGregor Boulevard, 334-8937
Rev. Dr. Jeffrey DeYoe, Senior Pastor
Reverend David Dietzel, Pastor Emeritus.
Traditional Sunday service 10 a.m. Nursery
available

CYPRESS LAKE BAPTIST CHURCH

8400 Cypress Lake Drive, Fort Myers,
481-5442 Randy A. Alston, Reverend.
Sunday Services: Bible study, 9:45 a.m.

Morning Worship, 11 a.m., Evening
Worship, 7 p.m., Wednesday Prayer
Meeting, 6:30 p.m.

CYPRESS LAKE

PRESBYTERIAN CHURCH

8260 Cypress Lake Drive, Fort Myers,
481-3233. www.clpc.us.
Clint Cottrell, pastor
Prayer Service 8 a.m., Praise 9 a.m.,
Children's Church 9 a.m., Traditional 11
a.m. Summer: Prayer Service 8 a.m.
Combined Traditional/Praise 10 a.m.

CYPRESS LAKE UNITED METHODIST CHURCH

8570 Cypress Lake Drive, Fort Myers,
482-1250,
8 and 11 a.m. Sunday Traditional Service
9:30 a.m. Praise Service
Sunday School all times

FAITH FELLOWSHIP WORLD OUTREACH MINISTRIES

6111 South Pointe Boulevard, Fort Myers,
278-3638. Sunday Worship, 10:30 a.m.;
Voice of Faith, WCRN 13.50 AM Radio,
Sunday, 1:30 p.m.; Thursday Service, 7:30
p.m.; Friday Youth Service, 7:30 p.m.
Nursery care for pre-school children and
Children's Church for ages 5-12 available
at each service.

FAITH UNITED METHODIST CHURCH

15690 McGregor Boulevard
Fort Myers, 482-2030
Pastor: David Stauffer.

Traditional services 8:45 a.m.;
Contemporary, 10:30 a.m.

Go south on McGregor Boulevard. The
church is ½ mile past the intersection of
Gladiolus and San Carlos Boulevard on
the way to Sanibel.

FIRST CHURCH OF CHRIST, SCIENTIST

2390 West First Street, next door to Edison
Estates.

Sunday Morning Service and Sunday
School, 10:30 a.m.; Wednesday Evening
Testimony Meeting, 7:30 p.m. Child care
provided at all services. Visit our Reading
Room for quiet study at: 2281 First Street,
River District. www.time4thinkers.com,
www.christiansciencefortmyers.com,
www.christianscience.com

FIRST CHURCH OF THE NAZARENE

13545 American Colony Boulevard
off Daniels Parkway in the Colony,
Fort Myers, 936-2511

Pastor: Reverend Joey Brummett
Sunday School: 9:30 a.m.; Morning
Worship, 10:30 a.m.; Sunday Evening, 6
p.m.; Wednesday Family Night, 7 p.m.

FIRST UNITED METHODIST CHURCH

in the Downtown Fort Myers River District
2466 First Street, Fort Myers, FL 33901
239-332-1152, www.fumcftmyers.org
Sunday: 9 a.m. Contemporary Worship
9 a.m. and 10 a.m. Sunday School
9:45 a.m. Coffee Fellowship
10:30 a.m. Traditional Worship
5 p.m. Youth Program

FORT MYERS CHRISTIAN CHURCH (DISCIPLES OF CHRIST) A STEPHEN MINISTRIES CONGREGATION

5916 Winkler Road, Fort Myers, 437-4330
Reverend Mark Condrey, Pastor
Sunday Worship: 10:30 a.m.
Church School: 9:15 a.m.

FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST:

8210 College Parkway, Fort Myers,
482-3133. Philip White, pastor
Morning Worship: 10 a.m.
Church School: 10:15 a.m.
Adult Forum: 11:30 a.m.

IONA-HOPE EPISCOPAL CONGREGATION

9650 Gladiolus Drive, Fort Myers 454-
4778 The Reverend Dr. John S. Adler,
pastor.
Weekly services:
Saturday 5 p.m., Eucharist with Healing
Sunday 8 a.m., Holy Eucharist, Rite One;
9:30 a.m., Family Eucharist with Healing

and Church School

Tuesday 9:30 a.m., Morning Prayer (in
Spanish); Wednesday 9:30 a.m., Eucharist
with Healing. Child care available at
Saturday 5 p.m. and Sunday 9:30 a.m.
services.

JESUS THE WORKER CATHOLIC CHURCH:

881 Nuna Avenue, Fort Myers, 481-1143
Masses Friday and Saturday, 7 p.m.;
Sunday, 8 and 10 a.m. and 6 p.m.

KINGDOM LIFE CHURCH

2154 McGregor Boulevard,
Fort Myers, 218-8343
Pastor Randy and Anita Thurman
10:30 a.m. Sunday Service
All are welcome.

LAMB OF GOD

LUTHERAN/EPISCOPAL CHURCH

Corner Cypress View Drive and Koreshan
Boulevard, Three Oaks area,
Fort Myers, 267-3525

Walter Fohs, pastor; Becky Robbins-
Penniman, associate pastor
Sunday worship services:

8 a.m. Early Grace Traditional
9 a.m. Awesome Grace Contemporary
10:30 a.m. Classic Grace Traditional
8:45 & 10 a.m. Sunday School God's
Group

NEW BEGINNINGS CENTER

New Home Church, 8505 Jenny Cae
Lane, North Fort Myers, 239-656-0416
Weekly Friday Meeting Meet & Greet: 6:30
p.m. Kingdom Teaching: 7 p.m. Fellowship
and refreshments after service. nbcm-
istry@embarqmail.com, www.facebook.
com/nbcmistry. Alex & Patricia Wiggins,
Ministers

NEW COVENANT EYES CHURCH

See Clearly. Meeting monthly at 9 a.m. at
the Elks Lodge. 1900 Park Meadows Drive,
Fort Myers, FL 33007. 239-220-8519
Pastor Alan Bondar

www.newcovenanteyes.com

Wear what you want, rockin' music, rele-
vant teaching, LIFT Kidz program, free cof-
fee & donuts, people who are real, church
that's actually fun.

NEW HOPE BAPTIST CHURCH OF FORT MYERS

16120 San Carlos Boulevard, Unit 10
239-985-8503

9:45 a.m. Sunday School for all ages
11 a.m. Sunday Morning Worship.

7 p.m. Wednesday Evening Bible Study

NEW HOPE PRESBYTERIAN CHURCH

3825 McGregor Boulevard. Fort Myers
Pastors: Stu Austin and Howard Biddulph

8 & 9:30 a.m. Traditional Worship
11 a.m. Contemporary Worship

8, 9:30 & 11 a.m. Sunday School
Youth and Children's programming runs
concurrent to Sunday services.

Nursery care provided at all services
274-1230. For more information visit:

www.newhopefortmyers.org

PEACE COMMUNITY CHURCH

Meets at Fort Myers Beach Masonic
Lodge

17625 Pine Ridge Road,
Fort Myers Beach 267-7400.

Pastors Bruce Merton, Gail & RC Fleeman
Adult Discussion Classes: 9-10 AM

Countdown to Worship (praise music):
10:10 AM

Amazing Grace Worship: 10:30 AM

Phone 267-7400 Fax 267-7407

Web site: peacecommunitychurch.com

e-mail: peace1265@aol.com

PEACE LUTHERAN CHURCH

Sunday Worship at 9:30am.

Peace is a member of the ELCA.

We celebrate weekly communion with tra-
ditional liturgy, organ and choir.

15840 McGregor Boulevard, Fort Myers
On the way to Sanibel. 239-437-2599,
www.peaceftmyers.com,

peace@peaceftmyers.com.

REDEEMER LUTHERAN CHURCH

3950 Winkler Ext., Fort Myers, 274-0143

8:15 and 10:15 a.m. Sunday Services

Daily early learning center/day care

RIVER OF LIFE ASSEMBLY OF GOD

21580 River Ranch Rd, Estero
239-495-0400, Senior Pastor: Todd Weston
8 and 9:45 a.m Services; 11:30 a.m.

LEGACY SERVICE, MULTI-GENERATIONAL SAMUDRABADRA BUDDHIST CENTER

Meditation classes. All are welcome.
Guided meditations offering many meth-
ods for relaxing the body and focusing
the mind on virtuous objects to bring
increasing peace and happiness into
daily activity. For information, class times
and locations call 567-9739 or visit www.
MeditationInFortMyers.org.

SAINT COLUMBKILLE

CATHOLIC CHURCH

12171 Iona Road, Fort Myers, off
McGregor and north of Gladiolus.

489-3973 Father Joseph Clifford.
Weekly masses:

Monday through Saturday 8 a.m.

Weekend masses: Saturday 3 and 5 p.m.;
Sunday: 7, 9, 11, and 5:30 p.m.

Reconciliation is available at the church on
Saturdays at noon and by appointment

SAINT JOHN THE APOSTLE

METROPOLITAN COMMUNITY CHURCH

3049 McGregor Boulevard, Fort Myers,
344-0012 Pastor Reverend Steve Filizzi
An Affirming & Inclusive Congregation
Sunday Services, 10 a.m. and 7 p.m.

Mid-Week Service, Wednesday 6:30 p.m.

SAINT MICHAEL LUTHERAN

CHURCH & SCHOOL (LCMS)

3595 Broadway, Fort Myers,
239-939-1218, Worship: Saturday 5:30
p.m., Sunday 8 & 10:45 a.m. Bible Study
for adults and children Sunday at 9:15
a.m. Phone for other dates & times.

Plus Marriage Enrichment, Divorcecare,
Griefshare.

SAINT PETER LUTHERAN CHURCH

3751 Estero Boulevard, Fort
Myers Beach, 463-4251.

Sunday worship at 9:30 a.m. Women's
Bible Study is offered on the first and third
Wednesdays of each month at 9:30 a.m.
www.stpeterfmb.com

SAINT NICHOLAS MONASTERY

Church and Bookstore: 111 Evergreen
Road (southwest corner of Evergreen
Road and Gail Street.) Liturgical services
conducted in English and Church Slavonic;
following the Julian (Old) Calendar.

Liturgical Services: Sundays and Holy
Days: Hours at 9:30 a.m. Holy Liturgy at
10 a.m. Call to confirm service schedule:
239-997-2847; Bookstore: 239-691-1775
or visit www.saintnicholasmonastery.org

ST. VINCENT DE PAUL CATHOLIC COMMUNITY

13031 Palm Beach Blvd (3 miles east of
I75) East Fort Myers (across from Ft Myers
Shores) 239 693 0818

Weekday masses: 9 a.m. Tuesday-Friday
Weekend masses: 4 p.m. Saturday
Sunday 9 & 11 a.m. All Are Welcome!

SOUTHWEST BAPTIST CHURCH

16940 McGregor Boulevard,
Fort Myers, 454-3336

Robert G. Kasten, Pastor
Sunday Worship Service 11 a.m.
Nursery available

9:45 a.m. Sunday School for all ages
Junior Church grades one to five
Wee Church Pre-K to K

Evening Service 6 p.m.
Wednesday Service 6 p.m.

TEMPLE BETHEL SYNAGOGUE

16225 Winkler Rd. 433-0018.
Rabbi Jeremy Barras

E-mail: rabbi.barras@templebethel.com
Cantorial soloist: Lawrence Dermer
Temple educator: Dale Cohen, MaEd, RJE

Shabbat Services, Friday, 7:30 p.m.
Torah Study, Saturday, 9:15 a.m.

From page 10

Churches/Temples

Religious Education; Sunday School and Midweek classes, Preschool Classes, Monday through Friday

Web site: www.templebethel.com

Affiliated: Union for Reform Judaism

TEMPLE JUDEA (CONSERVATIVE)

14486 A&W Bulb Road, Fort Myers,

433-0201,

Rabbi: Rabbi Elyssa Auster

President: Keith Grossman

Minyan: Monday & Thursday at 9 a.m.

Services: Friday night at 7:30 p.m. and

Saturday morning at 9 a.m.

Religious School Sunday morning

Web site: www.tjswfl.org

Preschool director: JoAnn Goldman

email templejudeapreschool@gmail.com

433-0201, Web site: www.tjswfl.org

Affiliated: United Synagogue of

Conservative Judaism

THE NEW CHURCH

The New Church of SWFL is located

10811 Sunset Plaza Circ. #401, behind

Zoomers. Rev. Gabriella Cahaley officiates

worship services on Sundays at 11

a.m. during the season. Other worship

events are held on the beach in Fort Myers

Beach. See our webpage <http://www.new-churchflorida.com/> or call for more informa-

tion 239-481-5535.

UNITARIAN UNIVERSALIST

CHURCH FORT MYERS

13411 Shire Lane (off Daniels Parkway

one mile west of I-75)

Minister: The Reverend Allison Farnum

Sunday services and religious education at

10:30 a.m.

For information on all church events call

561-2700 or visit www.uucfm.org.

UNITY OF BONITA SPRINGS

Family Service 10 to 11 a.m.

Healing Circle 11 a.m.

Hospitality and Fellowship, 11 a.m.

Inspiring lesson, uplifting and dynamic

music, meditation in a loving environment.

Service held at 28285 Imperial Street,

Bonita Springs. Call 947-3100.

UNITY OF FORT MYERS

11120 Ranchette Rd., Fort Myers

Summer Services: Sundays at 10 a.m.

Children's class at 10 a.m.

Reverend Jim Rosemergy, Minister

Our God is Love. Our Race is Human.

Our Religion is Oneness.

www.unityoffortmyers.org or 239-278-1511

WESTMINSTER PRESBYTERIAN

CHURCH

9065 Ligon Court, Fort Myers, across

from HealthPark Hospital, 481-2125

Senior Pastor: Robert Brunson

Sunday Service:

9:30 a.m. Sunday School for all ages

11 a.m. Blended Worship

www.westminsterfortmyers.org

WORD OF LIFE CHURCH

2120 Collier Ave, Fort Myers, 274-8881;

Services: Sunday 10 a.m.;

Wednesday 7 p.m.

Bishop Gaspar and Michele Anastasi

ZION LUTHERAN CHURCH

7401 Winkler Road, Fort Myers,

481-4040, Interim Pastor Jim Eggert

Pastor Peter Weeks

Sunday Services: 8:30 a.m. Traditional;

10 a.m. Blended Traditional and

Contemporary; 11:30 a.m. Contemporary.

Children's Sunday School, Adult /Teen

Bible Classes, 10 a.m.*

Film Series Opens September 9 At Davis Art Center

The Fort Myers Film Festival's 4th season of TGIM (Thank God for Indie Mondays) will begin on Monday, September 9 at the Sidney & Berne Davis Art Center. The community is invited to watch the judging of short indie films submitted to the festival. Every Monday, from September 9 to February 24, those attending will help decide whether or not films make the grade for final programming during the festival, which will be held March 19 to 23.

Festival organizers are kicking off the season with a special one-week-only offer: TGIM fans will receive half off their gala ticket for the March 19 opening night. General admission tickets (usually \$20), will be \$10 and VIP tickets (usually \$99), will be \$50 for the week of September 10 to 17 only. Log on to Barbara B. Mann's website at <http://bbmannpah.com> during this week and use the pass code "FMFF" to get your discount. Regular prices will resume after September 17.

There is a special offer to all TGIM attendees for the opening night September 9. Check in for this night only at the Fort Myers Film Festival on Facebook and receive a buy one-get one ticket for the evening. Individual tickets are \$6. You can check in at [\[book.com/fortmyersfilmfestival\]\(http://book.com/fortmyersfilmfestival\).](http://www.face-</p>
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The first 20 attendees of TGIM will receive another perk: advance tickets to Ron Howard's independent film *Rush*, which hits the theaters September 27. Advanced tickets are for the September 12 and 17 showings. The first 20 who get tickets to TGIM September 9 will receive an advanced ticket.

There will be a season-wide talent competition every Monday night, with competitors vying for a prize to be given to a winner at the TGIMMYs February 24.

Bring in your indie film for the All About Closets indie film intermission where you can swap films with other attendees.

Beginning September 9, you will get a chance to be a part of the filming of a TV pilot and web series. More information on how to support this project will be announced opening night.

Happy hour begins at 6:30 p.m. and the show starts at 7 p.m. Tickets are \$6. The Sidney & Berne Davis Art Center is at 2301 First Street in the downtown Fort Myers River District.

For more information go to www.fortmyersfilmfestival.com or join www.facebook.com/fortmyersfilmfestival for updates and events.*

McKENZIE MILLIS
& VIVIAN CIULLA

MEET OUR ASSISTED LIVING EXPERTS

(OF COURSE, WHEN WE SAY "OUR" WE REALLY MEAN "YOUR")

Attend a
FREE
Assisted Living
Seminar
September
20

Navigating the myriad decisions in determining if Assisted Living is right for you or your loved one is just plain difficult. Levels of care. Different facilities. Quality. Affordability. All factors in ensuring an optimized quality of life.

If you've got a question — or a whole list of them — attend a FREE Assisted Living Seminar with our assisted living experts, McKenzie & Vivian on September 20. They'll give you answers that can assist you in making the most informed decisions possible. While there, we also invite you to tour Shell Point's newest assisted living facility, The Springs.

Meet with our experts and visit The Springs today!

FREE Assisted Living Seminar • 10 a.m.

Join us on Friday, September 20th at 10 a.m. to get your assisted living questions answered. Admission is free; however, seating is limited, so reservations are required. Call (239) 454-2077.

13901 Shell Point Plaza • Fort Myers, Florida 33908
(239) 454-2077 • www.shellpoint.org/springs

The Springs Assisted Living is part of Shell Point's Integrated Healthcare System. Shell Point is a non-profit ministry of The Christian and Missionary Alliance Foundation, Inc. ©2013 Shell Point. All rights reserved. SPG-160-13



HOME TO PROGRESS
ccaf
COMMUNITY



THE
SPRINGS
AT SHELL POINT

September Offers Anglers Best Of SWFL



by Capt. Matt Mitchell

Labor Day marks the last busy weekend of the summer on the water for us. Now that it's behind us, traffic on the local waterways will slow down drastically

until the middle of October. September has always been my favorite month of the year to fish our waters as it offers local anglers the widest verity of the year along with the least boat pressure on the fish. If you like having all the best areas to fish all to yourself, then this is your month too.

Most of my last really busy week for a while was spent targeting and catching redfish. With big high tides during the morning hours the bite was very consistent on redfish of all sizes. Some days were better than others, often finding one little mangrove shoreline that was loaded

with redfish and catching then just every cast, then other days we had to work harder to catch our reds with only one or two coming out of a spot before we had to move on. There are lots of upper slot-sized fish out there along with many over the 27-inch max.

Tail-hooked live pinfish and grunts flipped up under the trees was the bait of choice for these reds. Redfish were caught all over the sound though the majority of the ones I caught came while fishing the southern end, from Regla Island to the mouth of the river and into the very southern end of Matlacha Pass. Action was fast-paced and if you tried fishing a shoreline for more than five minutes without a bite, it was time to move on. Look for our redfishing only to get better and better from now until November.

Along with the redfish, many of our mangrove shorelines are also holding some very respectable mangrove snapper up to 15 inches. Smaller free-lined pinfish



Hunter Jolly from Lake Placid, Florida, with a 29-inch redfish caught fishing with Capt. Matt Mitchell over the holiday weekend

caught these tasty treats throughout the area.

Feeding birds throughout the southern sound made for fast and furious fishing for anglers who just wanted to stay busy with plenty of action. Schools of hungry jacks, Spanish mackerel and ladyfish are feeding on small white baits and are an easy target for anglers just looking to bend a rod. Small white jigs and livebaits drew strikes every cast. Often these feeding fish would have some larger predators around them with tarpon even popping up in these bait pods during the calmer periods.

My opening day of snook season was spent chasing redfish with long-time clients the Jolly family from Lake Placid. Both boys had snook hook-ups but we did not manage to land that keeper snook we were hoping for. Everyone caught

redfish over the slot along with a few slot-sized reds and one nice big flounder for the dinner table.

The amount of boat traffic on the water over the holiday weekend was crazy with boats everywhere. I'm very happy to see the holiday over and things getting back to being quiet on the water with very few boats and lots of fish to catch.

This month is as good as it gets for anglers, so if you get the chance while things are slow for most people, get out and take advantage of it and bend a rod.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmattmitchell@aol.com.*

★ THE ISLANDS ★

CAPTIVA CRUISES

THE BEST WAY TO SEE THE ISLANDS IS FROM THE WATER

- 10 a.m. Island Cruise to Useppa or Cabbage Key
- Adventure Sailing Cruises
- 4:00 p.m. Dolphin Watch Cruise
- Beach & Shelling Cruise
- Sunset Serenade Cruise with Island Musicians

Call for departure time

Reservations Required for All Cruises
(239)472-5300
Cruises depart from beautiful Captiva Island
www.captivacruises.com

Send Us Your Fish Tales

The River Weekly would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the River Weekly, 1609 Hendry Street, Suite 15, Fort Myers, Florida 33901, or email to press@riverweekly.com.



ISLAND MARINE SERVICES, INC.

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Courteous Professional Marine Repair Service • Dockside Service
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Your Bottom Specialist
Call on Paint Prices



Dave Doane

CROW Case Of The Week:

Wildlife Daycare



by Patricia Molloy

Students and a limited number of volunteers are working around the clock to feed the youngsters currently in the nurseries at CROW.

It is critical that babies are fed every two hours. By the

time volunteers finish a round of feedings, it's time to start all over again. Right now, the raccoon (*Procyon lotor*) room contains a staggering 32 little bandits that chatter day and night. They are generally orphaned and are tube fed and/or bottle fed a milk supplement until they transition to solid food.

The baby squirrel room, which also contains birds, is full of incubators to keep the youngsters warm and comfortable. Once the healthy squirrels are weened and can eat soaked monkey biscuits, vegetables and fruit, they will be transferred outside. CROW hopes to release them within three months of their arrivals.

Sadly, baby animals are brought to the wildlife hospital by well-meaning citizens after discovering what they believe to be an abandoned nest. While it is easy to understand the desire to help a seemingly defenseless little creature, resist the urge. Instead of scooping-up a wild bird or

mammal and rushing it to the clinic, stop and observe. As Dr. Heather noted, it is very likely that its mother is nearby and will return within 24 hours.

If you find a baby that is in imminent danger of a predator attack while waiting for its mom to return, it may be acceptable to intervene. CROW suggests placing the little one in a faux nest (cardboard box or pet carrier), making sure that it is well ventilated, and attaching it to a nearby tree. If you have questions, contact the clinic's call center and speak with one of its knowledgeable staff members, such as Gareth Johnson, a first responder in patient admissions.

As skilled as the wildlife rehabilitators at CROW are, nothing can replace mom's tender loving care. Use common sense before breaking up a happy, healthy home.

If you love the island's diverse and exotic wildlife, please donate your time during this critical period. Four-hour shifts are available and training is provided. For more information, call the volunteer coordinator at 472-3644 ext. 229 or go to CROW's website to download an application.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.*



There are so many babies at CROW that the staff uses creative tactics, like placing a small dot of liquid paper on the head of this raccoon, to identify individuals

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Plant Smart

Shrubby False Buttonweed

by Gerri Reaves

Shrubby false buttonweed (*Spermacoce verticillata*) is a member of the madder family, the same family as the native buttonbush (*Cephalanthus occidentalis*). A native of the West Indies and Central and South America, the wildflower was first documented in Florida in the 1960s. Other common names include white-head broom and botón blanco, which means white button in Spanish.

This tough perennial blooms all year long in South Florida. Commonly found along roadsides, in fields and disturbed sites, it grows eight to 16 inches high. Round flower clusters measure less than an inch across and are composed of very tiny four-petaled white flowers. The clusters appear at the ends of the stems and at nodes along the stalk. The clusters encircle the stem and appear at the leaf axils of the smaller (upper) pair of leaves. The effect resembles pom-poms on a stalk.

The plant is naturalized in Florida, successfully self-cultivating in the wild. Fortunately, it is not invasive, nor is it toxic. And, despite its non-native status, it is beneficial, so think twice before pulling this weed or spraying it with herbicide.

The flowers attract a variety of insects that feed on the plant's nectar. In fact, scientists actually encourage the public to



Shrubby false buttonweed is common throughout most of the state photos by Gerri Reaves

cultivate this wildflower and have given it another common name, southern larraflower. Why? Shrubby false buttonweed is one of two wildflowers that feed the short-tongued *Larra bicolor* wasps, which are generally non-aggressive but do attack the mole cricket, a pest that causes damage to turf grass.

In the late 1980s, the University of Florida's Institute of Food and Agricultural Sciences imported the wasp from Bolivia. The institute's Mole Cricket Research Program released them in Alachua

County, hoping they would spread to other counties and states to provide free biological control of mole crickets. The program has had some success.

Maintaining non-native turf grass in South Florida exacts costs in money, time, and effort. For homeowners devoted to high-maintenance turf grass and reluctant to convert to low-maintenance groundcovers, it's useful to know that a volunteer wildflower can help control pests and minimize pesticide application.

Shrubby false buttonweed has medici-



The spherical flowers appear at the ends of the stems and at nodes along the stems

nal uses too, including the treatment of skin conditions and diarrhea, and as a diuretic.

Sources: *Wildflowers of Florida* by Jaret C. Daniels and Stan Tekiela, *Everglades Wildflowers* by Roger L. Hammer, plantbook.org, entnemdept.ufl.edu, issg.org, and ifas.ufl.edu.

Plant Smart explores sustainable gardening practices that will help you create an environmentally responsible, low-maintenance South Florida landscape.✳

Caring For Your Plants

No Irrigation? No Problem

By Justen Dobbs



There are many homes in Southwest Florida that have never had any irrigation installed. Rather than pay for a sprinkler company to come install an irrigation system, which

will cost thousands of dollars, there are other options you can explore. Now, the most common solution for a zero-irrigation yard is to plant "all native." This is not absolutely necessary! Did you know that our average annual rainfall is about 55 inches? The only cities in the continental U.S. that get more annual rainfall than Fort Myers are Miami, New Orleans and Mobile, Alabama. What does this mean for us? Our relatively high rainfall allows us to grow many more types of plants and trees that can simply live off our rain – and not just native species. There are lots of plants and trees that grow naturally in Subtropical and Mediterranean climates around that world that happen to grow equally as well here.

I prefer to stay away from using too



A native landscape can survive without irrigation, but lacks color and extravagance

much grass (even if it's native grass) because although it can survive year-round here, it tends to get yellow or brown during our driest winter months—March and April. So, better alternatives to a landscape full of grass include using rock, vine, mulch or sand. Less grass means less use of water, fertilizer, trimming and pest control. You can expect all Florida native plants and trees to survive our driest months and look good most of the year, but the problem is, many of our native plants and trees are simply green or brown. This makes for a very dull landscape in my opinion. So, here are some non-native plants and trees that thrive here year-round and don't require any irrigation or fertilizer:

1. Bromeliads – tropical air plants



A landscape without irrigation can be colorful and exotic if done correctly

- from South America
2. Crotons – tropical plants from Indonesia with year-round color
3. Bismark palms – silver leaved palms from Madagascar
4. Date palms – from the Middle East and Asia
5. Agave – succulents from the Americas
6. Cycads – all of them are good except for Sago palms
7. Chinese fan palms – can be planted singularly or in clusters
8. Areca palms – make good hedges and are low-maintenance
9. Variegated vine – a pretty, easy-to-grow groundcover

The plants in the list above are just a small fraction of what we have at our dis-

posal in Southwest Florida with regard to good landscape plants. What constitutes a "good" landscape plant? Again, they all have the same basic traits in common (once they've established a good root system): drought-tolerant, cold-tolerant, no fertilizer regimens, and very little trimming or maintenance.

Plants to avoid due to cold-sensitivity and high maintenance: Christmas Palms, fountain grass, sensitaria, Mexican petunia, ixora, Indian hawthorne, seagrape, Bahia grass, and gold Malayan coconut palms.

Dobbs is a landscape architect in south Florida specializing in custom, upscale landscapes. He can be reached at seabreezenurseries@gmail.com.✳

An Audubon Florida Special Place

Corkscrew Swamp Sanctuary



Big Cypress fox squirrel

submitted by Allyson Webb

The term “sanctuary” was originally used to reference buildings set apart for worship, but through time, the word has come to encompass places of safety, protection and peace.

It is this third word, peace, that springs to mind when I think of Audubon’s Corkscrew Swamp Sanctuary. A sense of calm infused me the first time I walked around the 2.25-mile-long boardwalk through the wondrous variety of habitats.

But it was when I reached the magnificent old growth bald cypress that I felt... FOUND. It was then that I knew I would strive to maintain this wondrous place, first as a volunteer and now as a resource manager.

During the 1940s into the 1950s, old growth bald cypress forests were being logged at an alarming rate, largely to help Europe rebuild after World War II. These behemoth trees, relatives of the famous redwoods, can grow to heights of 100 to 150 feet and gain diameters of six feet!

Some of the trees that can be seen from the boardwalk are 500 years old. National Audubon was already protecting birds that roosted in Corkscrew Swamp including wood storks, great egrets and other wading birds.

Locals afraid of losing this natural heritage started a campaign to save the swamp. Working with National Audubon Society and other organizations, the swamp was saved. Corkscrew Swamp Sanctuary became a reality in 1954.

Initially, this treasure spanned over 5,680 acres, including the largest stand of virgin bald cypress forest at about 700 acres. Today, Corkscrew has grown to include approximately 13,000 acres at the heart of the Corkscrew Watershed.



Barred owl chick



Alligator in the middle of foraging wood storks



Sunrise over Corkscrew's Panther Island

Wetlands are the lifeblood of Southwest Florida, and the protection Corkscrew gives allows our aquifers to recharge for clean drinking water, offers surrounding areas natural flood protection, and purifies the waters. All of these things are essential to people and animals in the area.

The neighborhood around the swamp has seen many changes through the years. Roads have been built; wetlands were drained and turned into developments. Human encroachment on our natural areas continues.

But Corkscrew Swamp Sanctuary stands amidst this development as an island oasis not only for native plants and animals but for the people of our community. It does not, however, stand apart.

Aldo Leopold once wrote:

“Conservation is a state of harmony between men and land. By land is meant all of the things on, over, or in the earth. Harmony with land is like harmony with a friend; you cannot cherish his right hand and chop off his left. That is to say, you cannot love game and hate predators; you cannot conserve the waters and waste the ranges; you cannot build the forest and mine the farm. The land is one organism. Its parts, like our own parts, compete with each other and co-operate

with each other. The competitions are as much a part of the inner workings as the co-operations. You can regulate them – cautiously – but not abolish them.”

Through community interaction and education, Corkscrew works with people to conserve our natural heritage for all. Initially, I sought a place to bury my sorrows and grief as my mother fought cancer, but instead I found a place of renewal, healing, peace and the daily celebration of life... a true sanctuary.

*This column is one of a series from AUDUBON FLORIDA. Allyson L. Webb is a resource manager for Audubon Florida. For more information about the Corkscrew Swamp Sanctuary, visit corkscrew.audubon.org. For more about AUDUBON FLORIDA and its “Special Places” program, visit www.FloridasSpecialPlaces.org. All rights reserved by Florida Audubon Society Inc.**

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Vocalists To Perform At Art Walk

On Friday, September 6, Young Artists Awards vocalists Carley Levy and Hannah Steele will be performing at Ocasiocasa Studio Gallery from 6:30 to 8:30 p.m. in conjunction with September Art Walk in downtown Fort Myers.

Levy is a student at Fort Myers High School and Steele is a freshman attending North Fort Myers High.

The Young Artists Awards, in its 11th year of programming, is a not-for-profit education, performance, audition and scholarship program for students from throughout Southwest Florida. The organization is also a monthly partner with Art Walk.

Ocasiocasa Studio Gallery is located at 1540 Broadway in the downtown Fort Myers River District. The performance is free and open to the public.

For more information on the Young Artists Awards, visit www.youngartist-awards.org or Young Artists Awards on Facebook.*



Carley Levy



Hannah Steele



Bill Metts

From page 1

Afternoon Bluegrass

Tickets are \$7 at the door or \$5 for Alliance members. Seating is open and first come, first serve. Children 12 and under are free if accompanied by an adult. Doors open at 1:30 p.m. Visit www.artinlee.org or call 939-2787 for more information.

The Alliance for the Arts is located at 10091 McGregor Boulevard, just south of Colonial Boulevard in Fort Myers.*

Selecting The Perfect Pot For Your Bonsai

Selecting appropriate pots for your bonsai trees to enhance their presentation will be the program for the Saturday, September 21 meeting of the Bonsai Society of Southwest Florida. Mike Knowlton, a member of the Society and President of Bonsai Societies of Florida, will be the featured speaker.

The meeting, which begins at 9 a.m., will be held at the SPALC Building, 6281 Metro Plantation Drive in Fort Myers. The public is invited to attend and experienced members will be available to answer questions about bonsai trees brought to the meeting. There is no fee to attend.

The Bonsai Society of Southwest Florida, incorporated in 1973, will hold its annual Bonsai Show at the Lee Election Center in Fort Myers on November 16 and 17. The public is invited to attend; parking and admission are free.

Additional information about the Bonsai Society and the upcoming show are available at www.bonsaiswfl.org or by calling Jim Bremer at 482-7543.*

Alliance Launches Monthly Member Gallery Book Club

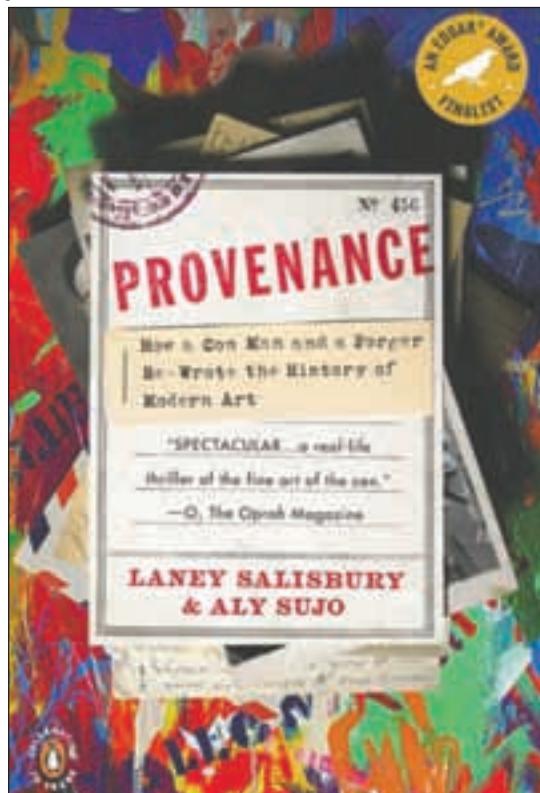
The Alliance for the Arts is launching a members only Gallery Book Club featuring art related titles on Tuesday, September 17. Join fellow Alliance members to explore literature revolving around art, artists, art history and art appreciation. Join in thoughtful group discussions and expand your appreciation and knowledge of the art world.

The group will meet from 7 to 9 p.m. on the third Tuesday of each month. Club members are responsible for purchasing their own copy of each month's selection. Discussion guides will be available for download at artinlee.org beginning on September 1. Pre-registration is encouraged.

The first title, a favorite of many art book clubs, is *Provenance: How a Con Man and a Forger Rewrote the History of Modern Art* by Laney Salisbury and Aly Sujo. This astonishing narrative of one of the most far-reaching and elaborate cons in the history of art forgery tells the story of the infamous con man John Drewe and his accomplice, the affable artist John Myatt. The duo exploited the archives of British art institutions to irrevocably legitimize the hundreds of pieces they forged, many of which are still considered genuine and hang in prominent museums and private collections today.

Emile Zola's *The Masterpiece* is the October title and *Clara and Mr. Tiffany* by Susan Vreeland is in November.

Alliance memberships covering individuals are \$50 per year and the whole family can join for just \$75 per year. Membership benefits also include 20 percent discounts



on all classes and workshops, a wide variety of free class Try It sessions, discounts on theatre tickets and youth camps, special exhibition opportunities and the satisfaction of knowing you're supporting a strong and growing community of artists and art enthusiasts here in southwest Florida. Visit www.artinlee.org or call 939-2787 to become a member today.*

Call For Artists

Artists are invited to submit work for display and sale for the Inspired Artworks Exhibition, planned for November 7 to 13 in Naples. The annual juried exhibit is part of the 4th annual Storytellers Creative Arts Conference, held to inspire creativity in art, music, performance, film, writing and media. The exhibition will be on public display in the lobby of Covenant Church of Naples - PCA, located at 6926 Trail Boulevard, across from Pelican Bay in Naples.

Sunday, September 29 is the deadline for artists to submit photos of their work online at www.storytellerscreativearts.com. The \$25 entry fee covers three pieces, which may include framed illustrations, abstracts, photos and representational and graphic works, sculptures or crafts. Curators Mary Lee Gutwein and Susan L. Conner will lead the review committee to select pieces for exhibition, based on the Inspired Artworks theme and Psalm 19:1, "The heavens declare the glory of God and the sky above proclaims His handiwork."

Gutwein is an author and illustrator, and Conner is a photographer and publisher. Exhibition jurors also include painter and watercolor artist Emily James, pastel artist and silversmith Cheri Dunnigan, photographer Hans Schmidt, portraiture artist Frances Golden Bussing and painter Marty Keddie.

"This exhibition provides both an entry point for young artists to present their best work in a curated setting and a dynamic venue for experienced artists," said event organizer Bill Barnett. "We are soliciting works that reflect beauty, inspiration, originality and creativity."

The exhibition will benefit, in part, the Center for the Arts of Bonita Springs scholarships for at-risk youth.

The Storytellers Creative Arts Conference, scheduled for November 7 to 9, provides emerging and professional artists, as well as people with a passion for the arts, to connect, share ideas and build mentor relationships. Literary, visual and performing arts leaders will gather to share their expertise for using creativity to positively impact culture. The conference includes performances, keynote speakers, workshops and small group sessions plus an evening of talent, food, film and networking. Early registration is \$79 per person; group and student discounts are available.

The conference is sponsored by Storytellers Creative Arts, Inc., founded in 2010 to inspire and develop creative people to use their artistic gifts to influence culture. Learn more at www.storytellerscreativearts.com, call 250-1822 or email artexpo@storytellerscreativearts.com.*

Broadway Star Added To BIG ARTS Season Lineup

BIG ARTS announced that Broadway sensation Susan Egan has joined its 2013-2014 season of stars. Nominated for Tony and Drama Desk awards for her performance as the original Belle in *Beauty and the Beast*, Egan is scheduled to perform her *Belle of Broadway* concert at 8 p.m. on Saturday, February 1.

The critically acclaimed singer/actress has also played Millie in *Thoroughly Modern Millie*, Sally Bowles in *Cabaret* and as the original Leonide in *Triumph of Love*, and she has recorded more than 40 songs on six solo CDs, including *The Secret of Happiness*. Egan's screen credits include the popular Jennifer Garner film *13 Going on 30* and guest starring roles on the hit television series, *House*, *Numb3rs* and *Arliss*.

A feel-good show for the entire family, *The Belle of Broadway* concert features classic songs by Cole Porter, George and Ira Gershwin, and Rodgers and Hammerstein. The concert will be held at BIG ARTS Schein Performance Hall. Tickets are \$47 for loge seats, \$42 for general seating and \$5 for students with a valid student ID or children 17 and under when accompanied by a paying adult.

The Susan Egan concert is eligible for a variety of new discount ticket offers currently available for series sampler subscriptions, special packages and individual tickets.



Susan Egan

photo by Javier Nadal

Season tickets are on sale now and can be purchased online at www.BIGARTS.org, by calling BIG ARTS Marks Box Office at 395-0900 or Herb Strauss Theater Box Office at 472-6862 and in person at BIG ARTS, 900 Dunlop Road.

The 2013-2014 season of events at BIG ARTS Schein Performance Hall, Founders Gallery, Phillips Gallery and Herb Strauss Theater includes wide-ranging programming that covers more than 250 performances of theater, dance, music of all kinds, educational lectures, film series and productions for young people. Celebrating its 35th anniversary, BIG ARTS continues its commitment to producing and presenting the best of national and international arts to residents and visitors of Sanibel, Captiva and surrounding Southwest Florida regions.✪

From page 3

Estates September Programs

about Edison's work with electricity through light bulb demonstrations and static electricity. Admission is free.

- Quilting and Stitchery Demonstration, September 28 from 10 a.m. to noon. Both the Edison and Ford families collected handmade quilts, embroidered linens and other textiles. Continuing the tradition, members of the Southwest Florida Quilter's Guild and Southwest Embroidery Guild meet monthly at Edison Ford to demonstrate their work and answer questions. In the warmer months, the members meet inside the Edison Caretaker's House and in the more temperate months, activity moves outdoors to the porches of the historic homes. The demonstration is included in Edison Ford Complete Tour admission and is free to members. Items will be available for purchase.

- Registration for Edison Ford Homeschool Open (grades K-6). The Edison Ford Wild Wizard returns with a new series of engineering and science hands-on classes that will engage students, as well as new hands-on history classes with Professor Pearce. All Edison Ford homeschool classes are based on Florida Next Generation Sunshine State Standards as well as Florida Common Core Science Standards. For a list of topics and dates, visit the website at www.edisonfordwinterestates.org or call 334-7419. Cost for members is \$10; non-members are \$20; \$10 for each additional child.

- Emerging Inventors Registration Open. Edison Ford Emerging Inventors Early Learning Program classes for one- to three-year-old children and their parents, grandparents and other family members will begin in October and will be held on the first and third Thursday of each month (except January and March) from 9 to 10:30 a.m. The program includes socializing, educational activities, story time, singing, crafts and exploring the homes, gardens and museum at the Edison Ford Winter Estates. Each session will introduce science through activities and time to tend the Emerging Inventors Vegetable Garden. Cost for members is \$5 (one adult, one child); non-members are \$15 (one adult, one child); each additional child is \$5. Subject to availability. Registration is required by calling 334-7419.

The Edison Ford is open daily from 9 a.m. to 5:30 p.m., located at 2350 McGregor Boulevard in Fort Myers. For more information, call 334-7419 or visit the website at www.edisonfordwinterestates.org.✪

Broadway Palm Open Auditions

Broadway Palm is holding open auditions for adults and children for numerous productions in their upcoming 21st season on Saturday, September 14. Ages 7 to 17 will audition at 10 a.m. Ages 18 and up will audition at 1 p.m. Auditions are on a first-come, first-served basis. A sign-up sheet will be available at 9 a.m. for ages 7 to 17 and at noon for ages 18 and up. No appointments will be taken.

The following are the productions and roles that are available for ages 7 to 17:

Swingin' Christmas, plays November 28 to December 25.

Casting the roles of:

1. Small Boy to play Mr. and Mrs. Clause's grandson. Must sing well.
2. Small Girl to play Mr. and Mrs. Clause's granddaughter. Must sing well.

South Pacific, plays December 28 to February 15.

Casting the roles of:

1. Small Boy to play the role of Jerome. Looking for Asian, African American or Hispanic ethnicities. Must sing well.
2. Small Girl to play the role of Ngana. Looking for Asian, African

American or Hispanic ethnicities. Must sing well.

Les Miserables, plays February 20 to April 12.

Casting the roles of:

1. Gavroche, boy, strong singer – age 9 to 12.
2. Cosette, girl, strong singer – age 7 to 9.

The Music Man, plays April 17 to May 24.

Casting the roles of:

1. Boys and Girls of River City, ages 7 to 17. Must sing well.

The following are the productions and roles that are available for ages 18 and up:

South Pacific, plays December 28 to February 15.

Casting the roles of:

1. Ensemble Seabees and Nurses.
- Les Miserables*, plays February 20 – April 21.

Casting the roles of:

1. All Roles
- **The Music Man*, plays April 17 to May 24.

Casting the roles of:

1. *All Roles
- *This show travels to Dutch Apple in Pennsylvania June 12 to August 9, so all adults must be available for that production as well.

Mid-Life The Crisis Musical, plays May 29 to June 21.

Casting the roles of:

1. Three Men and Three Women. Age 40-plus. Must sing well.

Also casting for The Off Broadway Palm Theatre Productions of:

Nana's Naughty Knickers, plays January 16 to March 15)

Dixie Swim Club, plays March 20 to May 11)

Casting the roles of:

1. Male and Female actors. Ages 25 to 60. Please have a comic monologue prepared for your audition.

Anyone interested in auditioning should bring a current headshot and resume and be prepared to sing 16 bars in the proper key that best shows off your vocal range. Please bring sheet music in the proper key, an accompanist will be provided (no recorded music is accepted). After the vocal audition actors/actresses may be asked to attend a dance and/or reading audition after the singing audition. Please allow yourself enough time to be seen and possibly be called back to read and/or dance.

Broadway Palm and The Off Broadway Palm are professional theatres. Productions require a two-week rehearsal process with rehearsals daily from 10 a.m. to 6 p.m. Tech rehearsals are the

three days prior to the opening date with selected hours between 1 and 11 p.m. Anyone interested must be available for the two-week rehearsal process and all performances. Performances are Tuesday through Sunday Evenings with selected matinees on Tuesday, Wednesday, Thursday, Saturday or Sunday. We will do our best to work around school hours for children. All children's roles are double cast and will alternate performances. Performance schedules are available at www.BroadwayPalm.com.

Auditions will be held on Saturday, September 14 at Broadway Palm, 1380 Colonial Boulevard in Fort Myers. For more information, visit www.BroadwayPalm.com.✪

From page 1

Miss Julie

is dedicated to bringing new and magical performances to Fort Myers and beyond.

Tickets are \$10 each, and are available through the Sidney & Berne Davis Arts Center ticket office or online at www.sbdac.com. The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers.✪



photo by Crae Clements

Calendar Girls 2014 Calendars

The Calendar Girls 2014 calendars go on sale September 1 for \$5. The entire calendar was shot in the Historic River District of Fort Myers by photographer Crae Clements, and the proceeds will go the Paws for Patriots Program of Southeastern Guide Dogs located in Florida.

Since 2006, the Calendar Girls have been supporting Paws for Patriots and have sponsored 11 puppies. The program identifies blinded and wounded soldiers from all wars and gives them a guide dog or a veteran assistant dog at no charge.

The Calendar Girls would like to thank the Southwest Florida community for its generosity and support in helping change the lives of veterans. To purchase a calendar, call 850-6010.*

September Programs At NFM Public Library

Next month's roster of activities at North Fort Myers Public Library offers topics for all ages. The following activities are free to the public:

ADULTS

Buddhism for Dummies

2 p.m. Saturday, September 7

One premise of Buddhism is to help people find happiness in their lives. Meet a Buddhist nun who will happily answer the many questions about Buddhism such as: Is Buddha a God? Why do they shave their heads? Enjoy live music at this tongue-in-cheek presentation.

Books n' Bites

10:30 a.m. Monday, September 9

Discuss any books in any format, or movies of interest. Whether given a rant or a rave it will be fun to talk about. We provide the coffee and refreshments, you provide your enthusiasm. Registration is required.

Book Discussion: *Last Train To*

Paradise by Les Standiford

2 p.m. Thursday, September 19

Les Standiford's *Last Train To*

Paradise details the spectacular creation of the "railroad that crossed an ocean" From the incredible construction of the Key West Railroad to the disastrous conclusion when the railroad meets "The Storm of the Century."

Small Business Series: Understanding Financial Statements

2 p.m. Monday, September 23

This program is geared toward current small businesses. Learn more about the Profit & Loss Statement, Balance Sheet, Cash Flow, Breakeven, Forecasting and how to use them. Registration is required.

FAMILY

Family Storytime

10:30 a.m. Wednesdays, September 11, 18 and 25

This program is for the whole family and lasts about 30 minutes. Registration is required.

Baby-Parent Rhyme Time

11 a.m. Thursday, September 5

Be prepared to tickle, jump and fly with your baby! These rhymes and songs are for infants, up to 24 months, accompanied by an adult. This 20-min-

ute program is filled with songs designed to introduce rhyming and movement to infants. Registration is required.

CHILDREN

Library Scavenger Hunt

September 30

Available during normal library operating hours: Monday, Wednesday and Friday: 10 a.m. to 6 p.m.; Tuesday: Noon to 8 p.m.; Friday, Saturday: 9 a.m. to 5 p.m.

Learn to find materials at the library and earn a free book with a fun, interactive scavenger hunt. Ask for a participation form at the library in September. For grades K to 5.

Kids Read Down Fines

2 to 3 p.m. Saturday, September 14

Children and teens can earn a \$2 coupon for every 15 minutes of reading, during the allotted time. A total of \$8 per day may be earned. For ages 18 and younger. Credit may be applied to cards issued to patrons age 18 and under only.

READ to Dogs

11 a.m. Saturday, September 28

Independent readers can practice reading in a fun way. A Reading Education Assistance Dog will be on hand to listen to you read. They're great listeners! For

grades K and up.

TEENS

Playstation 3 Games for Teens

2 p.m. Thursday, September 5

Stop in and enjoy Playstation 3's Ultimate Sports Challenge. Bring a friend or meet new ones. Middle and high school students are welcome.

Kids Read Down Fines

2 to 3 p.m. Saturday, September 14

Children and teens can earn a \$2 coupon for every 15 minutes of reading, during the allotted time. A total of \$8 per day may be earned. For ages 18 and younger. Credit may be applied to cards issued to patrons age 18 and under only.

The North Fort Myers Public Library is located at 2001 N. Tamiami Trail NE in North Fort Myers. For more information about a program or to register, call the library at 533-4320. A sign language interpreter is available with five business days notice to library staff. Assistive listening system available; request at desk.

Check the Lee County Library System's website at www.leelibrary.net to find out about programs at other locations. Call the host library, or Telephone Reference at 479-INFO (4636), for more information about a specific program.*

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The Mohawk, teeming with sealife and art

Exhibit Surfaces At The Alliance For The Arts

Since June, 12 large surreal images encased in steel-framed Plexiglas have been attached to a World War II era U.S. Coast Guard Cutter sunk off the coast of Sanibel. *The Mohawk* was scuttled there in 2012 to serve as an artificial reef, beneficial to sea life and attractive to divers. This temporary art gallery, created by Austrian photographer Andreas Franke, features photographs he took of the sunken ship, combined with images of actors dressed in 1940s costumes. The Sinking World exhibition has only been available to divers, but that will change on Friday, October 4 when it will be unveiled at the Alliance for the Arts in Fort Myers during an opening reception from 5 to 7:30 p.m.

This is Franke's second such exhibi-

tion in the United States. He also created images for the 1950s era *USS Vandenberg* about a mile offshore from Key West. He will be on hand at the opening reception, and will host a Gallery Walk on Saturday, October 5 at 10 a.m., during which he'll answer questions about his process and inspiration. The Sinking World exhibition is on display in the Main Gallery from October 4 through October 28. Artwork by Beverly Taht is featured in the Member Gallery. Visit ArtInLee.org or call 939-2787 for more information, or to become an Alliance member.

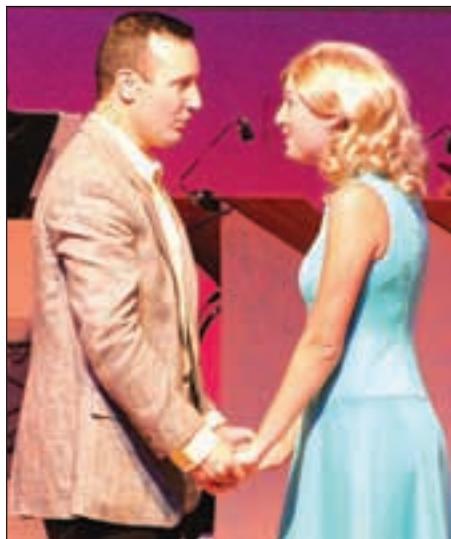
The Alliance for the Arts galleries are open to the public from 9 a.m. to 5 p.m. Monday through Friday and from 9 a.m. to 1 p.m. on Saturdays during GreenMarket. The Alliance is located at 10091 McGregor Boulevard just south of Colonial Boulevard in Fort Myers.✪



Divers viewing the works



Franke's works depict the 1940s-era



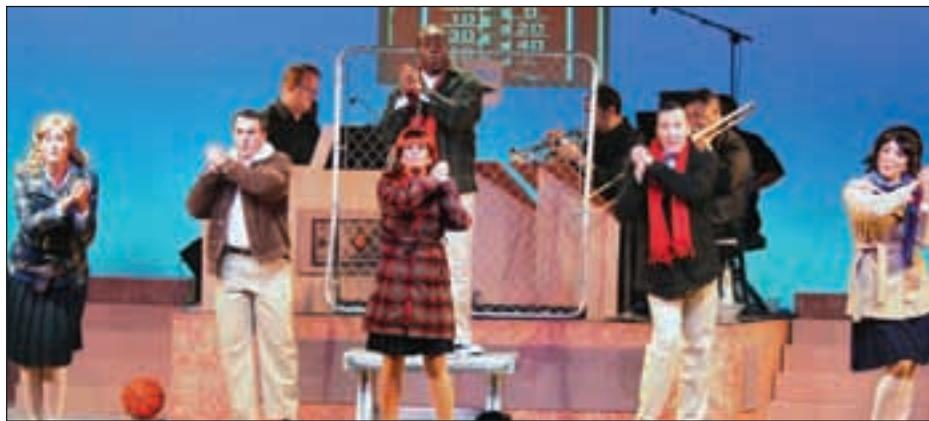
Joe and Lacey meet in *Burt & Me*

Joe and Lacey reconnect later in life

Broadway Palm Opens Season With Timeless Music Of Burt Bacharach

Broadway Palm opened its 21st season with *Burt & Me*, playing through October 5. This romantic, musical comedy features the incredible music of the legendary duo, Burt Bacharach and Hal David. *Burt & Me* features 20 of the most popular Bacharach/David songs.

Burt & Me tells the story of high school sweethearts, Joe and Lacey, who met over their love of basketball and the music of Burt Bacharach. After separating in college, their paths cross several years later and Joe tries to rekindle their romance with the help of Burt Bacharach. Along with the charming and funny story, you'll hear such classics as *Do You Know The Way To San Jose*, *This Guy's In Love With You*, *The Look of Love*, *Always Something There To Remind Me*, *A House Is Not A Home*,



One of the musical numbers during *Burt & Me* features a high school scene

Raindrops Keep Falling On My Head, *I'll Never Fall In Love Again* and *Close To You*.

The stellar cast includes many returning cast members from Broadway Palm's recent hit *Shrek The Musical*. Kate Marshall, who played Princess Fiona, will be playing the role of Lacey Turner and audience favorite John Ramsey, who played one of the Three Little Pigs, will be playing the role of Joe Madson. Also appearing in *Burt & Me* will be Chuck Caruso (*Shrek* in *Shrek*), Rendell Debose (*Donkey* in *Shrek*), Sheira Feurstein (*Gingy* in *Shrek*), Sami Doherty (*Ugly Duckling* in *Shrek*) and making his Broadway Palm debut, Taylor Murphy Hale.

Performances are Wednesday through Sunday evenings with selected matinees. Broadway Palm is offering a "Season Opener Special" and all tickets are just \$45 for dinner and the show. If you purchase four or more tickets, you'll also receive a house appetizer and a cocktail in a souvenir glass (valid through September 8). Tickets are now on sale and can be reserved by calling 278-4422, by visiting www.BroadwayPalm.com or by stopping by the box office at 1380 Colonial Boulevard in Fort Myers. ✨

Networking Event At The Davis

The next Connect Networking event at the Sidney & Berne Davis Art Center will be on Thursday, September 12, from 5:30 to 7:30 p.m. This month's guest speaker is Amy Emme, a performance hypnocoach and director of the AHA Center of Cape Coral. The topic is *On Target for Life*. Connect Networking is open to everyone and is an encouraging and positive group where people can get to know each other, expand business and personal relationships, and connect in their community.

Emme's sole mission in life is to bring out the best in every person she meets. She is a fully certified and qualified hypnocoach of the National Guild of Hypnotists and a member of the International Hypnosis Federation. She is also an avid athlete. Her love of archery helped her become an expert archer, and she grew the small town archery business she started into the largest archery training center in the world. Over the years, Emme has coached and prepared numerous U.S. athletes for the Olympics, supporting each high performance athlete through intensive two- to three-year performance hypnosis training programs.

Emme decided to offer her wealth of skills, experience and passion to enhancing the performance and success of "amateurs seeking to become professional" in any field, regardless of their backgrounds. She is dedicated to helping her clients achieve their full potential and live the life of their dreams.

Past topics at Connect Networking Thursdays have included: What are you excited in life about? What are you thankful for? What do you love in life? What is your dream? For the love of business, Reach for your goals and never give up! Finding success in being grounded, Be the best You that you can be, The Power of Focus, and The Art of Positivity.

Connect events take place the second Thursday of every month at the Davis Art Center, 2301 First Street in the downtown Fort Myers River District. Admission is \$6. Networking promo table space is available for \$25. For more information, contact Melissa DeHaven at Melissa.sbdac@gmail.com. ✨



Amy Emme

Davis Art Center September Calendar

Upcoming calendar of events at the Sidney and Berne Davis Art Center, located at 2301 First Street in downtown Fort Myers, includes:

Friday, September 6 – Art Walk: 5 Years of Celebrating the Arts at SBDAC. A retrospective of the many artists who have exhibited at the Davis over the years. 6 to 10 p.m. Free.

Wednesday, September 11 through Sunday, September 15 – *Miss Julie*, a Ghostbird Theatre play. Doors open at 7

p.m.; performances at 8 p.m. All tickets \$10.

Thursday, September 12 – Connect Networking Mixer. Expand your business and personal relationships. Get to know each other and connect in your community. Raffle prizes, music and mingling. 5:30 to 7:30 p.m. All tickets \$6.

Friday, September 20 – No Music Walk at SBDAC (Private Event)

Thursday, September 26 – Art & Poetry Networking Mixer. 8 to 11 p.m. All tickets \$10.

Every Monday, the SBDAC hosts the Fort Myers Film Festival's TGIM Intellectualization. Come watch and discuss short films that are in consideration for the Fort Myers Film Festival. Doors open at 6:30 p.m.; films start at 7 p.m. Admission is \$6. ✨

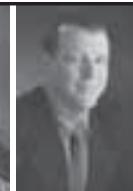
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Lee County Sports Development Scores Record Results With Spring And Early Summer Amateur Sports Events

Despite near-record rainfall, the Lee County Sports Development Office experienced historic economic results through amateur sporting events held in Lee County's five county-owned complexes during April, May and June 2013. The 30 amateur sports events held in Lee County during this three-month period brought in 34,904 room nights sold with a direct economic impact totaling more than \$13.3 million.

"Sporting events are a key driver for tourism in Lee County during the off-season months when it can be more challenging to draw northerners to Southwest Florida," said Tamara Pigott, executive director, Lee County Visitors & Convention Bureau. "While they're in Lee County, the athletes, coaches and families fill our hotel rooms, eat in local restaurants, visit our attractions and shop in our stores, all the while helping ensure that the 52,000 people who are employed locally in the tourism industry have jobs during these slower months. The exposure to our region also encourages repeat visitation among travelers who might not otherwise have given us a try."

During the month of April, sporting events such as the National College Roller Hockey Championships held at the Fort Myers Skatium helped fill 7,252 hotel room nights and generate more than \$3.3 million in direct economic impact. With the return of the popular Perfect Game Memorial Day Classic and non-traditional, amateur sports events, May was an historic month generating 16,132 room nights sold and a direct economic impact of more than \$5.4 million.

And in June, amateur sports generated 11,521 room nights sold and direct economic impact of \$4.5 million.

"In addition to events held during spring and early summer, July was also a successful month for sports tourism. July's Perfect Game World Series has grown to the point of expansion into Charlotte County, as we exhausted use of every Lee County facility," said Jeff Mielke, executive director, Lee County Sports Development. "Roller hockey in Fort Myers and the state BMX championships in Cape Coral are also among the growing non-traditional sports activities that drew visitors to Lee County this summer, and helped contribute to the economic impact that we experienced during these wet and traditionally slower months for tourism and spending."

Also in July, more than 300 youth soccer players with Futbol Club Barcelona youth program, their coaches and families converged on JetBlue Park. This is the first year the club, among the highest profile soccer groups worldwide, has staged a camp in Fort Myers.

Other non-traditional sports events held this year included the National High School Gymnastics Association's Girls National Championships at the Estero Recreation Center, USA Badminton Masters Championships at the Estero Recreation Center and the Florida Firefighter Games at multiple locations locally.

Operated by Lee County Parks and Recreation, Lee County's five county-owned baseball complexes play host to more than 200 days of amateur baseball tournaments a year when they aren't being used for spring training games. The estimated economic impact of these events is \$50 million annually.

For more information, call 344-5201 or visit www.leeparks.org.

Pre-Season Predictions For The Red Sox And Twins Prove Half Right

by Ed Frank



We dug back into the paper's archives for the April 5 edition which was just a few days after the Boston Red Sox and the Minnesota Twins had departed here following spring training.

We reported in that edition that the baseball experts predicted last-place finishes for both teams – predictions by *Sports Illustrated*, by Phil Rogers of the *Chicago Tribune* and others.

The *Sports Illustrated* predictions were for a 77-85 season for the Red Sox and a 60-102 record for the Twins that would lead to the firing of Twins manager Ron Gardenhire.

And Rogers wrote: that Red Sox manager John Farrell, who left Toronto to take the Boston job, "will be sorry he left Toronto as the next few years look miserable for the Red Sox organization."

How wrong they were, at least when it comes to the Red Sox.

The fact is that Farrell is a strong candidate for American League Manager of the Year for the job he has done to revitalize a team that has been atop the American League Eastern Division for the vast majority of the season.

As we entered the Labor Day Weekend, the Red Sox were 79-55, having won four straight, seven of 10 and riding a three-game first-place lead over Tampa.

Sure, plenty can happen in the last five weeks of the season (we remember the September meltdown of the Bosox two years ago), but it appears this team is hitting its stride at the most important time of the season.

Starting pitching had been the big question at the season's start, but the rotation anchored by John Lackey and Jon Lester had a combined 2.90 ERA for the month of August and the Red Sox rotation had compiled a 3.81 ERA, second-best in the league only behind Detroit.

In addition, the shrewd move by General Manager Ben Cherrington to acquire pitcher Jake Peavy just before the trade deadline further solidified the Red Sox mound. Peavy had a solid 3.31 ERA in five starts for his new team.

Boston is a playoff-bound team, a team far different from the team a year ago that was demoralized, splintered and confused under manager Bobby Valentine who was wisely fired after just one season.

It's hard to believe that after losing 93 games last season and cutting payroll, Boston appears headed for that magic last to first finish this year.

As for the Twins, what can we write that hasn't been written nearly the entire season? They lost 99 games in 2011, 96 games in 2012, and appear destined to lose more than 90 again this season. And the way they have been playing of late, they may well lose the 102 games predicted by Rogers.

Heading into the Labor Day Weekend, the Twins were 57-75 having lost five straight and seven of the last 10. They were just one game ahead of the last-place Chicago White Sox in the AL Central.

As we all know, predicting the outcome of anything in sports is a risky business.

But in the case of the Boston Red Sox and the Minnesota Twins, the pre-season prognostications appear half correct. After all, 50 percent isn't half bad.*

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School Smart



by Shelley M. Greggs, NCSP

Dear Shelley, I have a middle school daughter and we have had our fair share of mean girl stuff at her school. I want my daughter to enjoy school and

feel that she is a valuable member of her class but these negative situations are really hard on her. Is there anything I do to help her cope with the negative and often cruel behaviors that she sees and sometimes has to personally experience at school?

Glenna,

As a parent, I empathize with you. Middle school is a very difficult time period for children. They are experiencing enormous physical and emotional development as well as intense academic and social demands and pressures. The good news is that most kids are resilient and get through middle school relatively unscathed, however, it is important for adults to serve as role models and also teach kids how to cope. Here is some new information that might be helpful to you, your daughter and her school.

A recent study has provided some new information about middle school students and what they value in their peers and

about themselves and the data indicated that kindness is linked to popularity among middle-schoolers. While being popular does not necessarily protect one from bullying, it does increase a student's circle of friends and provides more socializing opportunities.

Dr. Kristin Layous, a psychologist at the University of California, Riverside, observed 415 students ages 9 to 11 in 19 classrooms in Vancouver, BC over four weeks. They began observations in the second half of the school year, when most students knew one another and friendships were more solidified. At the beginning of this study, students reported on their own life satisfaction, happiness, and positivity, and then marked on a school roster the classmates they would "like to be in school activities and spend time with," a gauge researchers found associated with peer acceptance.

For the next four weeks, students were asked to either visit three places of interest to them or to perform three acts of kindness each week for anyone they knew. At the end of the trial, students again reported on their own happiness, and were again asked to mark a roster of classmates they considered friends. Researchers found that both groups, either by visiting places of interest or doing kind acts, were slightly happier and more satisfied by the end of the study, and in both groups students reported wanting to engage with more classmates. However, the students who had performed kind acts garnered significantly more new friends than those who had visited places; about 1.6 new friends on

average compared with 0.7 for the other group.

These findings, while limited and based on one study, do present an additional focus and another way for school personnel, student groups, parent groups and others interested in helping young adolescents cope with bullying and other negative behaviors. Promoting activities that encourage and reward kindness may really help to reduce the negativity and mean behaviors at the middle school level. There are many ways that a school could promote kindness. Parent groups could also encourage kindness activities, as could student groups. This message could also be shared on an individual basis between parent and child. Random acts of kindness, an idea that has been popular for some time, is a great resource to help with explaining what kindness is and how to grow this attitude in children and adults. This website is designed specifically for Random Acts of Kindness at the school setting and has lots of good ideas and resources: <http://www.randomactsofkindness.org/school-activity-ideas>.

Ms. Greggs is adjunct faculty at Edison State College where she teaches psychology and education courses. She is also Nationally Certified School Psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smsgreggs@gmail.com. Not all questions submitted can be addressed through this publication.

From page 8

Along The River

"they peddled their art from car trunks along area roadways, hence their name. Their art freed them from work in citrus groves and labor camps, and they created a body of work that has become not only a timeless collection of a natural environment, but a symbol of determination and belief in oneself."

The Harborside Event Center is located at 1375 Monroe Street, Fort Myers. Call 321-8110. For more information about Robert Butler, go to www.robert-butler.com.

Barrow Named To Dean's List

Approximately 9,600 Purdue University students were named to the dean's list for the spring semester. Included in the list is Michael Barrow of Fort Myers.

To be named to the dean's list, a student must have completed at least 12 credit hours, be enrolled at least half-time, have a semester grade point average of at least 3.0 and have at least a 3.5 cumulative GPA.

College Admissions Panel Night

First Baptist Academy (FBA) is holding its first annual College Admissions Panel Night on Monday, September 16 at 6:30 p.m. in the student center. FBA will be hosting the University of Florida, Florida Atlantic University, Florida Gulf Coast University, Southeastern University, University of Alabama, and Samford University. Any parent who has a student in 9th to 12th grade is welcome. The event is free and open to the public. For more information, contact Sarah Crain, FBA guidance counselor at 239-597-2233 ext. 658.

First Baptist Academy is located at 3000 Orange Blossom Drive, on the corner of Orange Blossom Drive and Livingston Road, in Naples. First Baptist Academy is a ministry of First Baptist Church Naples, under the leadership of Dr. Hayes Wicker, senior pastor.

NARFE Meeting

The NARFE (National Active and Retired Federal Employees Association) will meet on Thursday, September 19 at 11:30 a.m. at the Golden Corral Restaurant, 4690 Colonial Blvd. in Fort Myers. All working and retired federal employees are invited to attend. For additional information, call 482-6713.

Financial Focus

Can 'Excess' Retirement Dollars Help Your Grandchildren?



by Jennifer Basey

National Grandparents Day is observed on September 8. And although this "Day" is not as widely known as Mother's Day or Father's Day, it does remind us of the importance of

grandparents.

If you're a grandparent yourself, you may be thinking of ways to help your grandchildren on their journey through life. One of the greatest gifts you can give them may be financial support for their college education – and one way you can help provide this support could be found in the distributions you receive from your retirement accounts.

To understand how this technique might work, you'll need to be familiar with the required minimum distribution (RMD) rules governing various retirement accounts. Actually, they're pretty straightforward: Once you turn 70 ½, you'll generally have to start taking withdrawals

from your traditional IRA and your 401(k) or other employer-sponsored retirement plan – such as a 457(b) plan, if you work for a state or local government, or a 403(b) plan, if you work for an educational institutions or nonprofit group. (If you have a Roth IRA, you are not required to take withdrawals at any age.)

Your required minimum distribution is calculated by dividing the prior December 31 balance of your retirement account by a life expectancy factor published by the Internal Revenue Service. As the word "minimum" suggests, you can take out more than this amount, but not less.

You can use the money you withdraw for any purpose you choose. It may be that you need all of it to help support your retirement lifestyle. But if you have enough money coming in from other sources – such as Social Security and any investments held outside your retirement accounts – you may find that you don't really need to use every dollar from your RMDs. And if that's the situation, you might want to devote some of this money to a college fund for your grandchildren.

Or you could simply give the funds to your grandchildren's parents and let them decide how best to employ it for college. But you do have other options. For example, you could establish a 529 plan and name your grandchildren as beneficiaries.

With a 529 plan, any potential earnings accumulate tax free, provided they are used for qualified higher education expenses. (Keep in mind, though, that 529 plan distributions not used for quali-

fied expenses may be subject to federal and state income tax and a 10 percent IRS penalty.) Furthermore, your 529 plan contributions may be deductible from your state taxes if you participate in your home state's plan. However, 529 plans vary, so check with your tax advisor regarding deductibility.

In all likelihood, you'll be able to contribute as much as you want to a 529 plan, because the lifetime contribution limits are generous – although these limits vary by state. Plus, a 529 plan is flexible: If your grandchild decides against an eligible college or vocational school, you can generally transfer the unused funds to an eligible family member.

A 529 plan is not the only college savings vehicle available to help your grandchildren; for other possibilities, you may want to consult with your financial advisor.

In any case, once you start taking your RMDs from your retirement accounts, think about putting any "excess" amounts to work for your grandchildren's college education. Your generosity could provide benefits for a lifetime.

Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.

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dearPharmacist

Osteoarthritis



by Suzy Cohen, RPh

Dear Pharmacist: I am 60 years old, and now I'm told I have osteoarthritis. My doctor said that there is no known "cure" for this. I need to know the best natural treatments.

OW, Melbourne, Florida

There isn't a quick magical fix for osteoarthritis, you have to treat the cause and it's not always easy to figure that out. Osteoarthritis has always been considered a "wear and tear" disease. But tick bites can cause painful, swollen joints (Lyme disease) and that is actually how Lyme was discovered; kids with joint pain were popping up all over Lyme, Connecticut.

There are many prescription drugs that ease pain, such as Celebrex or Relafen. They are not always tolerated. For the most severe cases, physical therapy, injections of cortisone and surgery may be options. These, of course, have their own risks. Let's talk about simple things!

Capsaicin - Let's hear it for peppers. Commercial capsaicin products are sold nationwide in patch form, gel, cream and

roll-on. You apply it externally and, with repeated applications, it helps block pain signals. Wash your hands after applications (or use gloves). The last thing you want to do is apply capsaicin, then get it on yourself in the bathroom. Talk about a hot tamale!

Astaxanthin - This protective antioxidant is best known for vision health, however, it suppresses COX 2 enzyme, prostaglandins, interleukins, and tumor necrosis factor alpha (TNF-a). Simply put, astaxanthin helps painful situations that end in "itis" like arthritis, bursitis, tendonitis, etc. You may need 6 to 12mg daily.

Glucosamine sulfate - You make this if you have healthy cartilage, but you can also supplement. I think it's well tolerated, even though the studies are mixed. Glucosamine may be helpful, but only if combined with other substances.

Ginger - A natural spice that has anti-inflammatory properties, also sold as a supplement. I eat this with sushi all the time, but you can buy it as a powdered spice, or fresh root in the produce section, and turn it into a tea. It reduces pain by blocking prostaglandins (that's what ibuprofen does too). Ginger is selective, it only blocks the "bad" prostaglandins, not the ones that benefit your body.

DMSO - This is used on race horses, externally. Many Internet sites sell it, and health food stores. People use it all the time for joint pain, including myself but because it is technically for horses, unless you're a horse, I can't really tell you any-

thing more.

Methylsulfonylmethane (or you can just say MSM, phew!) is a natural sulfur compound related to DMSO (see above), and it's been shown to improve pain symptoms, and although it is present in trace amounts in a variety of food, it is much more efficient to take as a supplement.

I can send you a longer, detailed ver-

From page 2

Local Artifacts

one. If the fancy kitchen knives seem a little dull, we get out the state-of-the-art electric sharpener.

But well back into the 1800s, the Howard Strop Co. of Boston marketed an amazing variety of strops designed to polish a razor or knife's cutting edge.

The number 7 Extra Fine Kodiak Combination Strop shown here was patented on July 17, 1883.

This strop made of metal, leather and wood has its own protective box. It's well worn, and probably works as well as it did heaven knows how long ago when someone in Fort Myers used it to sharpen a razor for a close morning shave.

Want to see these objects for real? Visit the Southwest Florida Historical Society's research center. Take an up-close look and get answers to questions about local history.

The all-volunteer non-profit organization is located at 10091 McGregor

with more remedies and treatment options. Sign up for my newsletter at www.DearPharmacist.com to get it.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.dearpharmacist.com.

Boulevard on the campus of the Lee County Alliance for the Arts.

Drop by on Wednesday or Saturday between 9 a.m. and noon, or call them at 939-4044.

You'll also find lots of historic everyday objects at the Southwest Florida Museum of History at 2031 Jackson Street.

For information, call 321-7430 or go to www.museumofhistory.org. Hours are 10 a.m. to 5 p.m., Tuesday through Saturday.

Sources: directiques.com and thisday-inwaterhistory.wordpress.com.

From page 1

Path To Wellness 5K

improving the lives of persons living with serious mental illness and their families. Founded in 1979, NAMI has become the nation's voice on mental illness, a national organization including NAMI organizations in every state and in over 1100 local communities across the country who join together to meet the NAMI mission through advocacy, research, support, and education. For more information, visit www.namilee.org

SalusCare was formed on July 1 with the merger of Lee Mental Health and Southwest Florida Addiction Services into one new non-profit organization. SalusCare offers outpatient and residential treatment for individuals with mental illness and substance use disorders from seven locations in Lee County and one in Hendry County. The multi-faceted agency also offers detoxification services for adults, prevention programming and an Employee Assistance Program for about 60 area companies. The majority of programs are accredited by CARF, the Commission on Accreditation of Rehabilitation Facilities. SalusCare is a United Way agency. For more information, call 332-6937 or visit www.SalusCareFlorida.org.

Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

My mother-in-law hated me from the first day she met me. She thought I wasn't good enough for her daughter. I guess I wasn't then, but as luck would have it, I have been extremely successful.

She hated our son, but adored our daughter. After my wife mentioned it to her, she disliked them both.

Years have passed and when my mother-in-law's health started to go, I asked her to come and live in our home. She lived with us for six years and not a day passed that she didn't tell me how she still hated me.

Please tell me why would a person be so hurtful to us when we have been so good to her?

Erick

Dear Erick,

Treating others well regardless of how you are treated by them... well done! I wish many would watch and learn from your example. It is a difficult road and at times, I am sure, seems impossible, but it screams a lot about your character. Your mother-in-law sounds like a self-centered individual, interested only in her own feelings. I am sure she can justify everything she says, feels and does.

I do not know why she acts the way she does. One thing is for sure: she is not going to change. She is getting her needs met by being mean.

If and when her presence in the home affects your family's health and happiness, making a change is OK and not throwing in the towel. In some families due to personalities, past history, etc., strong and wide boundaries are needed. You can still care, but care from a distance.

Pryce

Dear Erick,

Congratulations on your success.

Some people would never ever admit that they could do anything wrong. Their opinions are right, regardless of the facts.

You were kind and generous people to give her a home. Her mental impairment in later life just compounded the problem.

Some people seem to be nasty individuals, regardless of the kindness of others. Nasty when they were young and even worse when they are older.

Lizzie

Lizzie and Pryce's email address is momandmeaging@hotmail.com.

Memory Care Residence Approved

The Cypress Cove at HealthPark Florida Board of Directors have approved plans to construct a 44-unit Memory Care Residence on their South Fort Myers campus.

Doug Dodson, President of Cypress Cove's parent corporation, Lee Healthcare Resources, anticipates groundbreaking for the new residence will take place next summer.

"The memory care residence project underscores our continued commitment to provide both our Cypress Cove residents and the general community with a full complement of state of the art retirement services," stated Dodson.

Cypress Cove has retained SFCS, Inc. as project architect. This firm has been recognized nationally for their memory care design expertise. GMK Associates have been selected as the project's interior design group.

The Memory Care Residences will be built adjacent to The Lodge at Cypress Cove, the community's 64 private room skilled nursing center. The new structure is expected to be completed in 2016.

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From left, Angela Melvin, Big Brothers Big Sisters; Craig Sherwood, Gator Lanes; Kevin Walsh, Gator Lanes; and Deputy Mike Elkady, Lee County Sheriff's Office

Bowl For Kids' Sake A Big Success

Lee County Sheriff's Office and Big Brothers Big Sisters of the Sun Coast bowled to raise \$6,200. Big Brothers Big Sisters of the Sun Coast, in partnership with the Lee County Sheriff's Office, raised \$6,200 from its inaugural Bowl for Kids' Sake.

Two hundred and fifty Lee County Sheriff's Deputies participated at Gator Lanes on August 3 to help raise money for Big Brothers Big Sisters. Sponsors of the event were Headquarters Men's Haircuts in Fort Myers and The Training Box Crossfit in Estero. Fowler Firearms, Shoot Straight, The Beacon Beachfront Inn and Cruise Naples were in-kind sponsors, offering prizes to the best bowlers.

It started with a call from Deputy Mike Elkady earlier this year.

"I want to help the kids in Big Brothers Big Sisters," said Elkady.

In a matter of months, he recruited hundreds of his colleagues to bowl, with all of the money going to help support one-to-one mentoring in Lee County.

"I had never planned an event like this before," Elkady added. "All I knew was that I wanted to do something to help."

Elkady recruited 40 team captains from the Sheriff's Office who formed teams of six players each. Mentors and their "littles" in the Big Brothers Big Sisters program also came out to bowl.

"This first year surpassed our expectations," said Big Brothers Big Sisters Lee County Community Resource Director Angela Melvin. "We ended up selling out the last shift and couldn't handle any more bowlers."

More than money was raised at the event. A total of nine volunteers stepped up and said they wanted to be mentors to children in the Big Brothers Big Sisters program.

"The highlight of the day was the interaction between the children and some of the deputies," Melvin said. "We hope this is the beginning of a solid partnership with the Lee County Sheriff's Office."



From left, Laura Allard, Big Brothers Big Sisters; Chris Everette, Big Brother and BB&S; Michael Lee, Little Brother; Matthew Lee, Little Brother; and Providence Nagy



From left, Nehymiah Newman; Mariah Newman; Kaylan Chaney; and Sherika Newman, BBBS Board Member

Big Brothers Big Sisters of the Sun Coast provides one-to-one mentoring relationships to children ages 6 to 18 years old throughout the Gulf Coast of Florida in Sarasota, Manatee, DeSoto, Highlands, Hardee, Charlotte, Lee, Collier, Glades and Hendry counties. Big Brothers Big Sisters of the Sun Coast holds itself accountable for children in its program to achieve measurable outcomes, such as educational success; avoidance of risky behaviors; and higher aspirations, greater confidence and better relationships. The organization provides children facing adversity, often those of single or low-income households or families, with strong and enduring, professionally supported one-to-one mentoring relationships that change their lives for the better, forever.

For more information, visit www.bbbsun.org.

Read us online at IslandSunNews.com



Mary Jo Hayes, one of the Little Sisters



Little Brother Edisson Bernadel and Big Brother Neil Lewis



From left, Mary Gentile, Mary Jo Hayes, Draven Hayes and Niki Panio



Zucchini and Tomatoes with Edamame

- 1 large zucchini, diced into medium-sized pieces
- 2 medium tomatoes, diced into medium-sized pieces
- 2 tablespoons fresh basil leaves, hand-torn
- 2 cloves fresh garlic, minced
- 1 cup shelled edamame, thawed
- 1 tablespoon grated Parmesan cheese
- Kosher salt and fresh ground pepper to taste

In medium-sized saucepan, heat 1 cup of lightly salted water to a boil. Add zucchini and edamame; simmer 3 to 5 minutes or until desired tenderness.

Completely drain vegetables and return to saucepan. Stir in remaining ingredients except cheese.

Cook and stir 1 minute or until heated thoroughly. Serve warm in a dish or on plates and garnish with cheese.*



Zucchini and Tomatoes with Edamame

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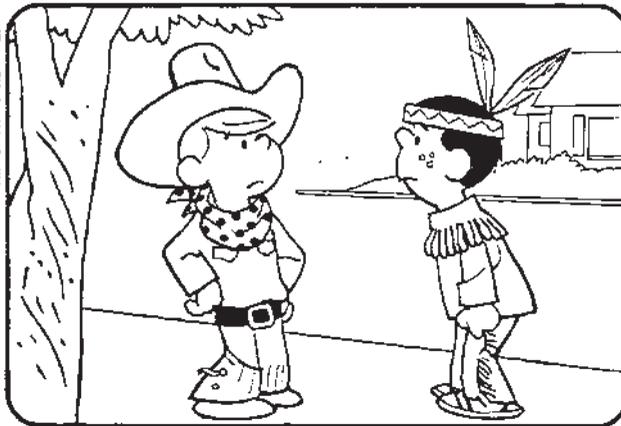
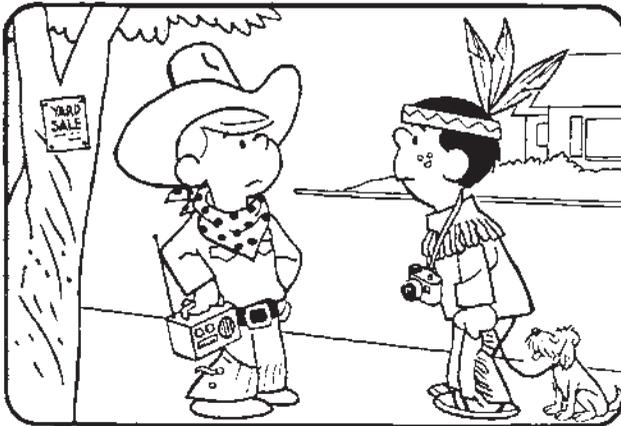
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FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS

Differences: 1. Poster is missing, 2. Radio is missing, 3. Bandana is different, 4. Camera is missing, 5. Feather is missing, 6. Dog is missing.

PUZZLE ANSWERS

SUDOKU

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 4 | 2 | 6 | 9 | 7 | 8 | 1 | 5 | 3 |
| 7 | 8 | 3 | 4 | 1 | 5 | 9 | 2 | 6 |
| 5 | 1 | 9 | 2 | 6 | 3 | 7 | 4 | 8 |
| 3 | 6 | 5 | 7 | 8 | 4 | 2 | 9 | 1 |
| 1 | 7 | 2 | 3 | 5 | 9 | 8 | 6 | 4 |
| 8 | 9 | 4 | 6 | 2 | 1 | 5 | 3 | 7 |
| 9 | 4 | 1 | 5 | 3 | 7 | 6 | 8 | 2 |
| 2 | 3 | 7 | 8 | 9 | 6 | 4 | 1 | 5 |
| 6 | 5 | 8 | 1 | 4 | 2 | 3 | 7 | 9 |

SCRAMBLERS

solution

- 1. Treat; 2. Manage;
- 3. Blame; 4. Escort

Today's Word:

RAMBO

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Goody

RATTE

Govern

GAMEAN

Accuse

AMBLE

Attend

SECTOR

TODAY'S WORD

answer on page 27



"What countries can we visit without worrying that _____ will have to come rescue us?"

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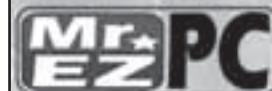
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 *NS 8/30 CC 9/20

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 *RS 1/4 BM TFN

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HELP WANTED

VOLUNTEERS NEEDED

Volunteers needed for the After School Program which runs Mon.-Th, 2:30 – 3:15 pm
 call Linda Reynolds 472-1617
 *RS 1/4 NC TFN

HELP WANTED

THE SANIBEL BEAD SHOP

PT sales. Jewelry making exp. preferred. Will train reliable person with strong retail sales experience. Apply in person. 1101 Periwinkle Way, Mon.-Sat, 11-5 p.m.
 *NS 9/6 CC 9/13

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 *NS 8/30 BM 9/6

VOLUNTEERS NEEDED

At The Sanibel School
 Call Michelle Wesley
 239-910-8000
 *RS 1/4 NC TFN

VOLUNTEER OPPORTUNITY

The Sunshine Ambassador Program is a new and exciting volunteer opportunity offered at the Golisano Children's Hospital of Southwest Florida located within HealthPark Medical Center. The Sunshine Ambassadors will greet, assist and be a positive first point of contact for patients, families and visitors entering the hospital. The Ambassadors also make a difference to families by providing educational and healthful resources to assist in GRANDparenting for GRANDchildren. We are currently seeking year-round volunteers to work one 4-hour shift Monday through Friday from 8:00 am to 12:00 pm or 12:00pm to 4:00 pm. If you would be interested in learning more about this wonderful new opportunity, please contact Lisa Ellinwood, Volunteer Resources Coordinator at 239-343-5062 at the Golisano Children's Hospital.
 *NS 2/8 NC TFN

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at (239) 472-3644, ext. 232 or peg@
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PETS

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TO GOOD HOME**

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Call 472-1788 after 5 p.m.
*NS 5/31 NC TFN

LOST AND FOUND

**TOOL BOX
WASHES UP ON SANIBEL**



This tool box with motor parts
washed up on shore Saturday morning,
May 8 about 8:30 on the beach
at Sundial Resort on Sanibel Island.
To claim call Sundial Resort Security
239-472-4151.
*NS 6/14 CC TFN

LOST

Lost Ladies Watch
Make: Brighton
Area of Mucky Duck on Captiva Island
Lost on Dec. 10, 2012 around noon
If found call: 941-639-5395
*RS 1/4 NC TFN

FOUND

Prescription sunglasses found in parking
lot of Limetree Center on Wednesday,
February 27. Claim at Island Sun
newspaper, suite 2 in Limetree Center,
or call 395-1213.
*NS 3/8 NC TFN

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| 8 | | | 6 | | | | | 7 |
| 9 | | | 5 | | | 6 | | |
| | 3 | | | | 6 | | 1 | 5 |
| | | 8 | | 4 | | | | 9 |

SUDOKU

To play Sudoku:
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.)
There is no guessing and no math involved, just logic.

answer on page 27

Pets Of The Week

Hello, my name is Bobby. I'm a 1-year-old male brown and white labrador retriever mix. I'm an energetic young boy that loves to play. "Smart" is my middle name, because I'm so eager to learn. In fact, I'm so interested in what anyone and everyone can teach me that I come with two free training lessons from K-9 Connections.

My adoption fee is \$40 (regularly \$75) during Animal Services' "Fall Frenzy" Adoption Promotion.

Hello, my name is Vibrum. I'm a 4-month-old male black tabby domestic shorthair. I'm one of many adorable babies in the "free-roam" cat room at Animal Services. I love to play with all of my other fellow felines. Sometimes we like to just curl up in a ball together and snooze. You can adopt just me or take home me and one of my buddies because cats are 2-for-1!

My adoption fee is \$75.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 11:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee and a bag of Science Diet pet food.

The adoption package is valued at \$500.*



Bobby ID# 570122

photos by squaredogphoto.com



Vibrum ID# 570122



| | |
|--|----------------|
| Emergency..... | 911 |
| Lee County Sheriff's Office..... | 477-1200 |
| Florida Marine Patrol..... | 332-6966 |
| Florida Highway Patrol..... | 278-7100 |
| Poison Control..... | 1-800-282-3171 |
| HealthPark Medical Center..... | 1-800-936-5321 |
| Ft. Myers Chamber of Commerce..... | 332-3624 |
| Foundation for Quality Childcare..... | 425-2685 |
| Ft. Myers Beach Chamber of Commerce..... | 454-7500 |
| Fort Myers Beach Library..... | 463-9691 |
| Lakes Regional Library..... | 533-4000 |
| Lee County Chamber of Commerce..... | 931-0931 |
| Post Office..... | 1-800-275-8777 |
| Visitor & Convention Bureau..... | 338-3500 |
| ARTS | |
| Alliance for the Arts..... | 939-2787 |
| Art of the Olympians Museum & Gallery..... | 332-5055 |
| Arts For ACT Gallery & Studio..... | 337-5050 |
| Art League Of Fort Myers..... | 275-3970 |
| Barbara B. Mann Performing Arts Hall..... | 481-4849 |
| BIG ARTS..... | 395-0900 |
| Broadway Palm Dinner Theatre..... | 278-4422 |
| Cultural Park Theatre..... | 772-5862 |
| Edison Festival of Light..... | 334-2999 |
| Florida Repertory Theatre at the Arcade..... | 332-4488 |
| Florida West Arts..... | 948-4427 |
| Fort Myers Symphonic Mastersingers..... | 472-0168 |
| Gulf Coast Symphony..... | 489-1800 |
| Harmony Chorus, Charles Sutter, Pres..... | 481-8059 |
| Naples Philharmonic..... | 239-597-1111 |
| The Schoolhouse Theater..... | 472-6862 |
| S.W. Florida Symphony..... | 418-0996 |
| Theatre Conspiracy..... | 936-3239 |
| Young Artists Awards..... | 574-9321 |

CLUBS & ORGANIZATIONS

| | |
|--|----------------------|
| Angel Flight..... | 1-877-4AN-ANGEL |
| Animal Refuge Center..... | 731-3535 |
| American Business Women Association..... | 357-6755 |
| Audubon of SWFL..... | 339-8046 |
| Audubon Society..... | 472-3156 |
| Caloosahatchee Chapter DAR..... | 482-1366 |
| Caloosahatchee Folk Society..... | 321-4620 |
| Cape Chorale Barbershop Chorus..... | 1-855-425-3631 |
| Cape Coral Stamp Club..... | 542-9153 |
| duPont Company Retirees..... | 454-1083 |
| Edison Porcelain Artists..... | 415-2484 |
| Ft Myers UDC Chapter 2614 | |
| (United Daughters of the Confederacy @..... | 728-3743 |
| Friendship Force Of SW FL..... | 561-9164 |
| The Horticulture and Tea Society..... | 472-8334 |
| Horticultural Society..... | 472-6940 |
| Lee County Genealogical Society..... | 549-9625 |
| Lee Trust for Historic Preservation..... | 939-7278 |
| NARFE(National Active & Retired Federal Employees..... | 482-6713 |
| Navy Seabees Veterans of America..... | 731-1901 |
| Paradise Iowa Club of SWFL..... | 667-1354 |
| Sons of Confederate Veterans..... | 332-2408 |
| Southwest Florida Fencing Academy..... | 939-1338 |
| Southwest Florida Music Association..... | 561-2118 |
| Kiwanis Clubs: | |
| Fort Myers Beach..... | 765-4254 or 454-8090 |
| Fort Myers Edison..... | 694-1056 |
| Fort Myers South..... | 691-1405 |
| Gateway to the Islands..... | 415-3100 |
| Iona-McGregor..... | 482-0869 |

Lions Clubs:

| | |
|--|-----------------|
| Fort Myers Beach..... | 463-9738 |
| Fort Myers High Noon..... | 466-4228 |
| Estero/South Fort Myers..... | 898-1921 |
| Notre Dame Club of Lee County..... | 768-0417 |
| POLO Club of Lee County..... | 477-4906 |
| Rotary Club of Fort Myers..... | 332-8158 |
| Sanibel-Captiva Orchid Society..... | 472-6940 |
| United Way of Lee County..... | 433-2000 |
| United Way 211 Helpline (24 hour)..... | 211 or 433-3900 |

AREA ATTRACTIONS

| | |
|--|--------------|
| Bailey-Matthews Shell Museum..... | 395-2233 |
| Burrough's Home..... | 337-9505 |
| Calusa Nature Center & Planetarium..... | 275-3435 |
| Edison & Ford Winter Estates..... | 334-3614 |
| Fort Myers Skate Park..... | 321-7558 |
| Imaginarium Hands-On Museum & Aquarium..... | 321-7420 |
| JN "Ding" Darling National Wildlife Refuge..... | 472-1100 |
| Koreshan State Historic Site..... | 239-992-0311 |
| Ostego Bay Foundation Marine Science Center..... | 765-8101 |
| Skatium..... | 321-7510 |
| Southwest Florida Historical Society..... | 939-4044 |
| Southwest Florida Museum of History..... | 321-7430 |
| True Tours..... | 945-0405 |

If you would like your club/organization listed in The River Calling Card, phone 415-7732



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SEPT 18TH

12-2pm & 4-6pm Details Online

MEET THE AUTHOR!



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