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THE RIVER WEEKLY NEWS

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Vol. 12, No. 30

From the Beaches to the River District downtown Fort Myers

AUGUST 2, 2013

A Midsummer Night's Sing Nets Canned Goods, Cash For Charity

Residents who attended the 16th annual A Midsummer Night's Sing at First Presbyterian Church in downtown Fort Myers on July 23 opened their hearts and their wallets by contributing 1,000 pounds of food to benefit the Everyday Café and Marketplace (The Soup Kitchen), operated by Community Cooperative Ministries (CCMI).

Attendees also made cash contributions to help the charity, which serves more than 14,000 meals each month through their Everyday Café and Marketplace and Home Delivered Meals programs. CCMI also educates 40 children in their Community Montessori, offers homeless and comprehensive case management services through the United Way Resource House, and oversees an emergency mobile food pantry.

More than 500 people attended the performance, sponsored by the Galloway Family of Dealerships.

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Soloist Beth Winger sings *Something Beautiful*



Rev. Paul deJong of First Presbyterian Church of Fort Myers with A Midsummer Night's Sing sponsor Sam Galloway, Jr.

Businesses Hold Teddy Bear Drives For Local Children

Goodwill Industries of Southwest Florida, Inc. announces that the following local businesses are holding public Teddy Bear Drives for Goodwill's 7th annual Festival of Trees:

ArtFest Fort Myers, GMA Architects and TDM Consulting, Imaginarium Science Center, Kelly Road Self Storage, Puddy n' Pearl II, Rnells Tuxedos, and Sidney & Berne Davis Art Center are all hosting teddy bear drives for the festival's A Very Beary Christmas tree.

Goodwill hopes to collect 300 bears by November, in time for the start of the Festival of Trees on November 29 at the Sidney & Berne Davis Art Center in the Fort Myers River District.

Goodwill's bear tree has been a staple of Goodwill's annual Festival of Trees since the event's inception in 2006. Made up from bears donated by the community, the tree is one of 25 decorated trees that is auctioned off at the festival's signature event, the Tux & Trees Gala, on December 7. Auction guests gather around this special tree to raise money for The Southwest Florida Goodwill Foundation. The tree is then traditionally donated to a children's hospital.

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Teddy Bear Tree at the Children's Hospital



Sarah Daigle



Elisabeth Best



Sarah Best

Young Artists To Perform During August Art Walk

On Friday, August 2, Young Artists Awards vocalists Sarah Daigle, Elisabeth Best and Sarah Best will be performing at Ocasiosca Studio Gallery from 6:30 to 8:30 p.m. in conjunction with August's Art Walk in downtown Fort Myers.

Sarah Daigle, 18, is a recent graduate of North Fort Myers High School. Elisabeth Best is a freshman at North Fort Myers High, and her sister Sarah attends

Trafalgar Elementary School.

The Young Artists Awards, in its 11th year of programming, is a not-for-profit education, performance, audition and scholarship program for students from throughout Southwest Florida. The organization is also a monthly partner with Art Walk.

Ocasiosca Studio Gallery is located at 1540 Broadway in the downtown Fort Myers River District. The performance is free and open to the public. For more information on the Young Artists Awards, visit www.youngartistsawards.org or search Young Artists Awards on Facebook.✧

Historic Downtown Fort Myers, Then And Now:

Brazie's Furniture & Paint Shop



by Gerri Reaves, PhD

Soon after Cecil L. Bennett took this photo in 1949, the diminutive Brazie's Furniture & Paint Shop on Hendry would be gone.

Also demolished would be the two-story building on the photo's left, the Carl F. Roberts Building, which dated from the 1890s.

The catalyst for the demolitions was the planned construction of a modern Thrifty Drugs on the southeast corner of Main and Hendry. Bennett and pharmacist LF Batastini would partner in constructing the drug store.

Sue Bennett Grimes says that her father took this photo when the Western Auto Store he managed in the Roberts Building was having its close-out sale. Notice the words "removal sale" on the window.

Earl O. Brazie had set up shop in this location the late 1930s. During the 1940s, he apparently lived there too, although it's difficult to imagine that the small structure also contained residential quarters.

Look closely through Brazie's shop and you'll see clear out the window on the back wall in the direction of the Central Hotel at Main and Jackson.

The open-air, somewhat ramshackle look seems a bit out of place when just a few doors down stood the Robb & Stucky furniture store and the Richards Building, which contained many professional offices.

Fort Myers native Tom "Tinker" Stewart vividly remembers Brazie's. Stewart's father owned Stewart's Drug Store around the corner on Main Street, and as a young man, he used to explore the area bounded by Main, Hendry, Second and Jackson.



Brazie's Furniture & Paint Shop moved to the Starnes Arcade (right) soon after this 1949 photo courtesy of the Southwest Florida Historical Society (Sue Bennett Grimes Collection)



The Coley Westbrook Building, renovated several years ago, was built on the site of Brazie's shop photo by Gerri Reaves

He recalls the many odors – mostly pleasant – that wafted through the air in that neighborhood, such as the "wonderful leather and polish smells" of Tom Taminosian's shoe repair shop, the delightful fragrance of Mr. Crews barbershop, and the "exotic" food smells from the Groceteria (once located in the Roberts Building).

But it was Brazie's open paint shop that provided the "maximum assault" on his senses, the "nose-pounding odor of paint solvents," he writes in an email from Oregon.

When Stewart passed by the shop on his exploration of the neighborhood, Mr. Brazie, who was always dressed in "paint splattered gray-on-gray overalls," would exchange a nod of hello with him.

After the demolition of the shop, Brazie's moved to the neighboring Starnes Arcade (also called the Reynolds Arcade). That 1924 arcade is visible on the right in both the 1949 and "now" photos.

Coley Westbrook Men's Ware was constructed on the former Brazie's site and Thrifty Drugs opened on the corner at Main.

Today, the renovated Coley Westbrook building is home to a planning and engineering firm, and the former Thrifty Drugs is a law office.

The Starnes Arcade now bears the name People's Court and *The River Weekly News* office is located there.

Walk down Hendry Street to a site where a little shop made big olfactory impressions.

Then travel a few blocks to the Southwest Florida Museum of History, where you can learn more about the many businesses that have been located on Hendry through the decades.

For information, call 321-7430 or go to www.museumofhistory.org. Hours are 10 a.m. to 5 p.m., Tuesday through Saturday.

Then be sure to check out the favorite research center of local history buffs – the Southwest Florida Historical Society.

The all-volunteer non-profit organization is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts.

Drop by on Wednesday or Saturday between 9 a.m. and noon, or call them at 939-4044.

Sources: Archives of the Southwest Florida Historical Society.✱



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Fort Myers Public Art:

Art League Re-Opens For August Art Walk



Art Walk returns to downtown Fort Myers on Friday, August 2. Come join the monthly self-guided tour of new art exhibits and street-side craft demonstrations taking place in the River District's art galleries and boutiques from 6 to 10 p.m.

After being closed in June and July for renovations, the Art League of Fort Myers will be open for Art Walk on August 2 with Back To School, a two-dimensional show open to members of the Art Council of Southwest Florida that will feature oils, acrylics, watercolors, pastels, collages, original prints (including etching, lithographs and wood block), photography and fiber art. This is a People's Choice show, so Art Walkers get to choose the recipients of the coveted red, blue and yellow ribbons.

In addition to providing support, encouragement and educational opportunities in the arts to both children and adults, it is the mission of the Art League of Fort Myers to contribute to the cultural

life of the local community and surrounding areas by promoting the appreciation, enjoyment and distribution of fine art.

The Art League of Fort Myers was organized in 1956 and has been in continuous operation for 57 years. From 1974 through 1992, the Art League of Fort Myers was located on Crawford Street. In September of the latter year, the league moved into the old Schultz farm house at the corner of Colonial and McGregor. When the farm house was demolished to make way for the Midpoint Bridge, the league moved into the Edwards Building, which was moved to replace the Shultz farm. The league remained there until it decided to become a more integral part of the sizzling River District art scene a few years ago.

The Art League is located at 1451 Monroe Street, on the ground floor of the City of Palms Parking Garage. For more information, visit www.artleagueoffortmyers.org or call 275-3970.



Pina Colada is Bill Gendey's latest acrylic painting. "I enjoyed how this one turned out. I caught the hot, misty summer sky right before dusk." See the work of Gendey, and other local artists, at the newly renovated Art League of Fort Myers during this month's Art Walk

org or call 275-3970.

An arts advocate, Tom Hall guides weekly walking tours of the River

District's public art collection in Fort Myers. For more information, go to www.truetours.net. ✪

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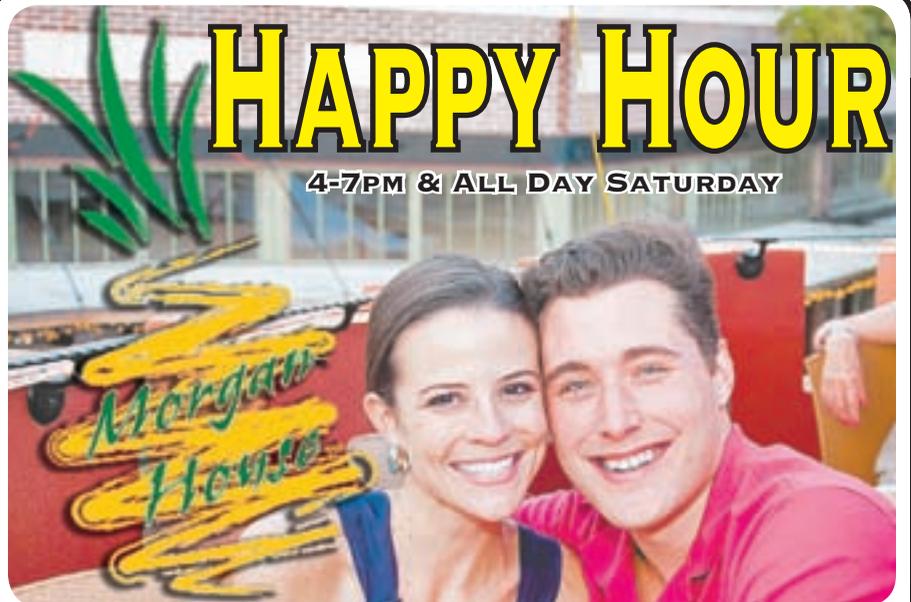
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Victoria Phippin and Janel Bendall

Shell Point Residents Help Students Start The School Year Off Right

Residents of Shell Point Retirement Community hosted their annual summer school supply distribution event to benefit the children and grandchildren of the community's employees.

A total of 600 bags brimming with school supplies for children attending kindergarten through fifth grade were distributed to Shell Point employees. All the supplies were donated by Shell Point residents, many of whom also volunteered to hand out the bags. Several staff members brought their children to the event to thank the residents in person.

Committee chair Janet Bendall said Shell Point residents enjoy coordinating this event each year for the community's employees. "We like to help ensure their children have a great start to their school year," she said, adding that the group distributed 100



Glorimel Rodriguez with her granddaughters

bags more than last year's total of 500.

"We are so fortunate that our residents have continued this tradition," said Karen Anderson, Shell Point's assistant vice president of human resources. "Our employees truly appreciate our residents' generosity."*

Area Businesses Can Now Make Pitch To Hertz

Hertz has established a dedicated email for businesses and individuals to contact them if they want to propose their products or services. The email address is monitored by the company's procurement department and then given to the appropriate department within Hertz. The email address is supplier-info@hertz.com.

The Hertz Corporation announced in May it would relocate its corporate headquarters to Estero.

Friday's announcement about the Hertz procurement contact follows an announcement that a website has been launched to help local businesses with job openings connect with Hertz employees' trailing spouses. That website is www.SWFLWorks.org; click on the Hertz Family Relocation Assistance Program portal.

For more information, contact Lee County's Economic Development office – also called the Fort Myers Regional Partnership – at 338-3161.*

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From page 1

Teddy Bear Drive

"We truly appreciate the support of local businesses," said Madison Mitchell, spokesperson at Goodwill. "It's such a magical moment when the tree gets put together and you just see the finished result. Coming together for two wonderful causes- it really feels like Christmas."

If you are interested in hosting a teddy bear drive, or have new bears that you would like to donate contact Madison Mitchell at 995-2106 ext. 2213 or email MadisonMitchell@goodwillswfl.org. For more information on the Festival of Trees and Tux & Trees Gala visit www.tuxandtrees.com.

Last year's Festival and Gala raised \$93,000 to support the Southwest Florida Goodwill Foundation, which provides long-term financial support to programs and services of Goodwill Industries of Southwest Florida. In 2012, Goodwill helped 30,000 Southwest Floridians with disabilities and other disadvantages become more independent.✱



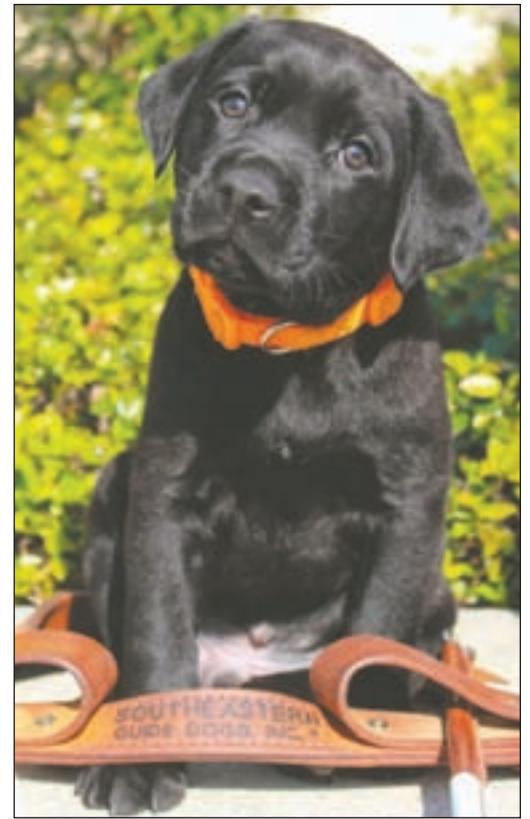
Previous year's Teddy Bear Tree

Calendar Girls Sponsor 10th Guide Dog Pup

The Calendar Girls would like to introduce Halo, the 10th puppy they have sponsored for the Paws For Patriots program of Southeastern Guide Dogs, located in Palmetto, Florida.

Since 2006, The Calendar Girls have been sponsoring what they like to call "miracles with tails" for Paws For Patriots; to date, they have named/sponsored 11 puppies. The program identifies blinded and wounded soldiers from all wars, and give to them at no charge either a guide dog or veteran service dog. The school receives no government funding, all the funding comes from the community, and it now costs \$60,000 to raise up one guide dog team.

For more information, call Katherine at 850-6010 or visit www.calendargirlsflorida.com.✱



Halo

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HORTOONS



Learn How To Live A Little In Lee County

The Lee County Library System in partnership with the Lee County Visitor and Convention Bureau will showcase places in Lee County where family and friends can explore and enjoy this beautiful area on a budget. The Vacation In Your Own Backyard exhibit will run from August 8 to September 18 at the Northwest Regional Library, 519 Chiquita Blvd. in Cape Coral. In addition to the exhibit, the library will offer related programs.

Why take a stay-cation in your own backyard? Stay-cations are a great way to take a break and explore what tourists from out of town come here to experience and see. It is an excellent way to rejuvenate and relax without the hassle of packing, airport travel, time changes, rental cars and a big bill.

"Lee County has so much to offer and many people who live here rarely get a chance to get out of their normal routine and live a little," said Sheldon Kaye, Lee County Library System Director. "Consider venturing out of one's comfort zone and trying something exciting in Lee County, or take a break from the non-stop activity and let yourself sleep in since you don't have far to travel for beautiful beaches, parks or water activities!"

The exhibit is available during open hours.

Vacation in Your Own Backyard Programs:

- Treasures of Lee County Parks & Recreation
Saturday, August 10

1 to 2 p.m.

Discover the treasures of Lee County Parks & Recreation. Join us for a fun, informative introduction and overview of all Lee County Parks & Rec has to offer. The opportunities are endless.

- The Mohawk Project & Scuba Diving in Lee County
Wednesday, August 14
2 to 3 p.m.

Mike Campbell, with the Lee County Marine Services Artificial Reef Program will share opportunities for diving and fishing on the 20 artificial reefs located in Lee County. Of special interest is the *USS Mohawk* Veterans Memorial Reef, sunk in July 2012, has become an underwater diving destination because of its variety of marine life including whale sharks. This summer, the *Mohawk* will double as an underwater art gallery featuring the photography of Andreas Franke.

- Taste Delicious Lee
Saturday, August 17
2 to 3 p.m.

Nancy MacPhee of the Lee County Visitor & Convention Bureau will share information on the bureau's efforts in strengthening the local tourism experience. Highlighting restaurants that serve locally sourced produce and seafood not only makes a community more sustainable, but highlights agriculture, Florida's second most important economic driver. Attendees at this presentation will enjoy a 'taste' of Lee and be entered in a drawing to win *Simply Florida*, a cookbook of favorite recipes by Floridians.

- Treasures of Lee County Parks & Recreation
Saturday, September 7
1 to 2 p.m.

Discover the treasures of Lee County Parks & Recreation. Join us for a fun,

informative introduction and overview of all Lee County Parks & Rec has to offer. The opportunities are endless.

The Northwest Regional Library is located at 519 Chiquita Blvd. N. in Cape Coral and is open Monday, Wednesday and Thursday from 10 a.m. to 6 p.m.; Tuesday from noon to 8 p.m.; Friday and Saturday from 9 a.m. to 5 p.m. The library is closed on Sundays. The exhibit is available during all open hours and the interactive presentation dates and times can be found above. All programs are free and open to the public. A sign language interpreter is available with five business days notice to library staff.

For more information on the exhibit, go to www.leelibrary.net or call Telephone Reference at 479-INFO (4636).*

Lee Republican Women's Club Meeting

The Lee Republican Women's Club (Chartered) will hold its monthly luncheon meeting at the Crowne Plaza Holiday Inn, 13051 Bell Tower Drive, Fort Myers, on Tuesday, August 13. Social hour begins at 11:30 a.m. with luncheon and program at noon. Featured speaker will be Florida State Representative Raymond Rodrigues, District 76.

The public and guests are welcome. The cost of the luncheon is \$17. For reservations or more information, call 573-6913.*

ANNOUNCEMENT

The Board of Directors of Art of the Olympians (AOTO) has determined it is time to reorganize and restructure the foundation. A new direction focused on National and International Exhibits and Educational Programs will further the vision of the founder, Al Oerter.

AOTO appreciates the support of the City of Fort Myers and the Lee County Commissioners to bring quality events and worldwide outreach promoting our home. As we close the doors to the museum, we intend to continue educational and outreach programs in Southwest Florida.

We thank all of our supporters and volunteers who have faithfully upheld the Olympic standard of excellence. It is an honor to be a part of this Olympic family.

This is an exciting time as we embark on a new journey.*

Share your community news with us.

Call 415-7732, Fax: 415-7702
or email
press@riverweekly.com

Humane Society Earns Challenge Grant For Clinic X-Ray Machine

The Gulf Coast Humane Society (GCHS) received a \$25,000 challenge grant for a veterinary clinic x-ray machine. New gifts received prior to December 31, 2013 will be matched, up to \$25,000, for the GCHS Veterinary Clinic. Donations can be made in person, by mail or on the website at www.gulfcoasthumanesociety.org, through PayPal.

The GCHS clinic is a full-service veterinary clinic open to the public six days a week. All funds above operating costs go directly back to support the shelter pets of the Gulf Coast Humane Society. Having a digital x-ray machine in the clinic will allow staff to diagnose and treat sick and injured pets right away. No longer will a pet have to be transported to another hospital for x-rays. With the addition of this x-ray machine, GCHS will be able to provide high quality care to hundreds more dogs and cats each year in its modernized clinic.

This is a great opportunity for Gulf Coast Humane Society supporters to double their investment.

For more information about the Gulf Coast Humane Society, call 332-0364 or email Jennifer@gulfcoasthumanesociety.org. The Gulf Coast Humane Society is at 2010 Arcadia Boulevard in Fort Myers.*



Pioneer stick-pull

Pioneer Day Held In Honor Of Church History

The Church of Jesus Christ of Latter-day Saints in Cape Coral recently celebrated Pioneer Day with cow milking, apple bobbing, cow flop, water balloon and ring toss, a scripture question game, old fashioned pioneer photos with costumes and props, tractor rides, handcart building, and pie eating contests. A chili cook-off lunch was served with baked potatoes, cornbread, biscuits, cake, pie and molasses cookies.

The annual celebration is held in honor of the first group of Mormon pioneers who entered the Salt Lake Valley between July 22 and July 24, 1847.

Latter-day Saints went west to escape religious persecution. They left behind comfortable homes and profitable farms and braved the 1,300-mile journey across the plains under sweltering sun and in freezing winter storms.



Learning to milk the cows

Brigham Young led the Latter-day Saints from Nauvoo, Illinois, to the Rocky Mountains, where he was instrumental in settling not only Salt Lake City but also cities and towns in Utah and throughout the West. He served as church president from 1847 to 1877 and served for a time as territorial governor and Indian agent.

The historic trek of the Mormon pioneers in the mid to late 1840s was an event that helped shape the development of the American West.

The church was formally organized in a small log cabin in 1830 in Upstate New York with six members. The current worldwide church membership is 14,782,473 with 29,014 congregations.

The church is located at 1928 Chiquita Boulevard S. in Cape Coral. Services are held every Sunday at 10 a.m., followed by Sunday School. All are welcome.✽



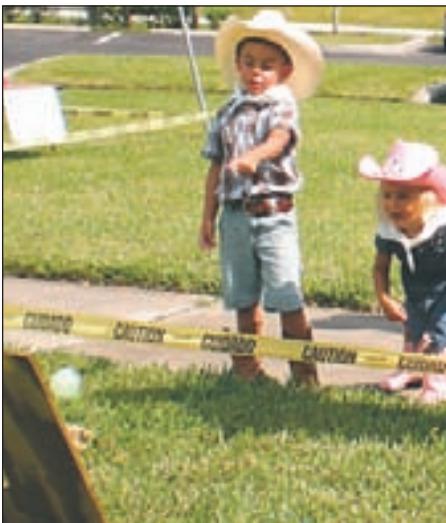
Pie eating contest



Kids and handcarts



Tractor trailer ride



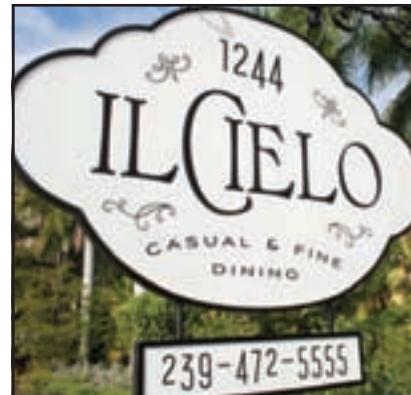
Water balloon toss

Volunteer Mentors Needed

The Foster Grandparent Program of SW Florida is seeking seniors, 55 and over to tutor/mentor children in elementary schools, Head Start centers and after school programs.

Volunteers serve 15 to 20 hours a week and receive a tax-free stipend of \$2.65 and hour plus transportation reimbursement of 40 cents a mile, a free physical and vacation, sick and holiday pay, plus other perks.

Orientation starts soon. To volunteer, call Joan Willoughby at The Dr. Piper Center, 332-5346.✽

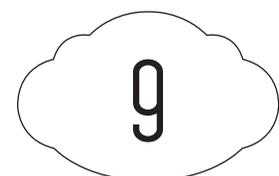


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Along The River



The Morgan House offers casual dining and happy hour specials, along with live music this weekend from the Rachel Hughes Band and jazz musicians Touch of Class

Start your weekend with happy hour specials at **The Morgan House**, located in the heart of downtown Fort Myers' historic River District. Fridays feature buy one, get one free house wines and select draft beers along with a free buffet for patrons of their upstairs bar. On Saturday, margaritas and tequila shooters are half-price. Olé!

The restaurant and bar features 14 beers on tap with a full liquor bar. Casual dining is available either inside in air-conditioned comfort, outside on the terrace, upstairs at the rooftop bar or in the posh Miami-style Red Corner.

The Morgan House is located at 33 Patio de Leon. It is open Tuesday through Saturday. Call 337-3377 or go to www.morganhouserestaurant.com.

On Saturday, August 3, **Alliance for the Arts** presents **Earthworms, The Magic Garden Workers: Vermiculture In The Urban Farm** as part of its Urban Farming Workshop Series held on the first and third Saturdays of this summer's GreenMarket. Instructions begin at 10:30 a.m. and end at 11:45 a.m. The



Calves love the Island Cow, so gather your herd up and come on over to Sanibel for a tasty breakfast, lunch, dinner or snack

suggested donation is \$5.

Every summer, the Alliance for the Arts GreenMarket invites the public to participate in free farming and gardening workshops conducted by local growers, master gardeners, homesteaders and educators. The result has been an increase in local homes and communities growing food organically in the area. It is the time and place to learn how to produce food in small areas around homes, businesses and community centers in cities and towns using organic, bio-intensive methods. Explore ways to contribute to the community's sustainability and long-term food security.

Pre-registration is not required and the workshops are free, but a \$5 donation is appreciated and will help support the market and future educational programs. The workshops will be conducted outside, under the shade of the trees, but in case of rain they will be moved into a classroom.

Alliance for the Arts is located at 10091 McGregor Boulevard, Fort Myers near Colonial Boulevard. Call 939-2787 or go to www.artinlee.org.

Need a change of scenery but don't want to spend all day driving? Get moo-ovin' to Sanibel for udderly great food, drinks and desserts at the **Island Cow**. The bistro is airy with french doors out to the front and patios in the back. Breakfast is served Monday through Saturday from 7:30 to 11 a.m. Sunday brunch runs until noon. Lunch begins daily at 11 a.m.

At dinner time, dine under the stars while you listen to live music on one of Sanibel's only al fresco eating porches. Dinner service closes when the music ends. For large parties or when you're in a hurry, feel free to call ahead for reservations. Stop in at the bar anytime for a snack or take away orders.

Island Cow is located at 2163 Periwinkle Way, Sanibel. Call 472-0606 or go to www.sanibelislandcow.com.

On Mondays through August 26, The Fort Myers Film Festival popular **Missed It Mondays: Best of the 2013 Film Festival** is featured at the Sidney & Berne Davis Art Center (SBDAC). The event has showcased more than four-dozen local filmmakers living in Lee, Collier and Charlotte counties and is a must attend for cineasts who love independent film and film festivals. On August 5, *Love At A Certain Age*, directed by Logan Hendricks, is playing. Doors open at 6:30 p.m. and the film begins at 7 p.m. Admission is \$6. The regular season of short films begins September 9.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. Call 333-1933 or go to www.fortmyersfilmfestival.com for a schedule of films.

On Friday, August 9 at 7:30 p.m., Shell Point Retirement Community welcomes **The BUZZ** as part of its Summer Concert Series.

Already well-medaled individually before they got together as a true super group, Nancy Cloeter, Debbie Cleveland, Karen Breidert and Jeannie Froelich and The BUZZ won several Sweet Adelines International Quartet championships. They have been delighting audiences and happily living their "Four Parts, One Voice" motto ever since.

The Village Auditorium at Shell Point is located at 15100 Shell Point Boulevard, Fort Myers. Single event tickets are \$16 and are available in advance or at the venue one hour before the program begins. Call 800-780-1131 or go to www.shellpoint.org.

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Churches/Temples

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begins on September 1
239-226-0900. www.allfaiths-uc.org

ALL SAINTS BYZANTINE RITE CATHOLIC CHURCH

10291 Bayshore Rd., N. Fort Myers
Divine Liturgy is on Sun. at 10:30 a.m.;
Rosary begins at 10 a.m.
Lenten services (Presanctified Liturgy)
will be on Wed. evenings at 6 p.m. start-
ing on Feb. 22. Administrator is Very Rev.
Peter Lickman, ph. 305-651-0991. We
are a Church of the Eastern Catholic or
Byzantine Rite, 1.5 mi. east of Int. 75.

ANNUNCIATION GREEK ORTHODOX CHURCH

8210 Cypress Lake Drive, Fort Myers
Reverend Fr. George P. Savas
Orthros Service Sunday 9 a.m.
Divine Liturgy Sunday 10 a.m.
www.annunciation.fl.goarch.org
239-481-2099

BETH SHILOH

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15675 McGregor Boulevard, 437-3171
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Call for information on full program.

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16581 McGregor Boulevard, 267-3166
Just past the Tanger Outlet Mall
Pastor: Barry Lentz, 281-3063
Sunday Worship, 10:30 a.m.
Wednesday Bible Study, 7 p.m.

CHAPEL OF CYPRESS COVE

10200 Cypress Cove Circle Fort Myers
239-850-3943, Located at Cypress Cove
Retirement Center on HealthPark Campus
An ecumenical non-denominational com-
munity of believers.

Sunday Worship Service, 10 a.m.

Wednesday Bible Study, 7 p.m.

Reverend Ted Althouse, Pastor

revtedalthouse@aol.com

CHURCH OF THE CROSS

13500 Freshman Lane; 768-2188
Pastor: Bud Stephens; A nondemoni-
mational church emphasizing a personal rela-
tionship with Jesus Christ.

Sunday Service: 9:15 a.m. Traditional,

10:45 Contemporary.

COVENANT PRESBYTERIAN CHURCH

2439 McGregor Boulevard, 334-8937
Rev. Dr. Jeffrey DeYoe, Senior Pastor
Reverend David Dietzel, Pastor Emeritus.
Traditional Sunday service 10 a.m. Nursery
available

CYPRESS LAKE BAPTIST CHURCH

8400 Cypress Lake Drive, Fort Myers,
481-5442 Randy A. Alston, Reverend.
Sunday Services: Bible study, 9:45 a.m.
Morning Worship, 11 a.m., Evening
Worship, 7 p.m., Wednesday Prayer
Meeting, 6:30 p.m.

CYPRESS LAKE

PRESBYTERIAN CHURCH

8260 Cypress Lake Drive, Fort Myers,
481-3233. www.clpc.us.

Clint Cottrell, pastor

Prayer Service 8 a.m., Praise 9 a.m.,
Children's Church 9 a.m., Traditional 11
a.m. Summer: Prayer Service 8 a.m.
Combined Traditional/Praise 10 a.m.

CYPRESS LAKE UNITED METHODIST CHURCH

8570 Cypress Lake Drive, Fort Myers,
482-1250

8 and 11 a.m. Sunday Traditional Service

9:30 a.m. Praise Service

Sunday School all times

FAITH FELLOWSHIP WORLD

OUTREACH MINISTRIES

6111 South Pointe Boulevard, Fort Myers,
278-3638. Sunday Worship, 10:30 a.m.;
Voice of Faith, WCRN 13.50 AM Radio,
Sunday, 1:30 p.m.; Thursday Service, 7:30
p.m.; Friday Youth Service, 7:30 p.m.
Nursery care for pre-school children and
Children's Church for ages 5-12 available
at each service.

FAITH UNITED METHODIST CHURCH

15690 McGregor Boulevard

Fort Myers, 482-2030

Pastor: David Stauffer.

Traditional services 8:45 a.m.;

Contemporary, 10:30 a.m.

Go south on McGregor Boulevard. The
church is ½ mile past the intersection of
Gladiolus and San Carlos Boulevard on
the way to Sanibel.

FIRST CHURCH OF CHRIST, SCIENTIST

2390 West First Street, next door to Edison
Estates.

Sunday Morning Service and Sunday
School, 10:30 a.m.; Wednesday Evening
Testimony Meeting, 7:30 p.m. Child care
provided at all services. Visit our Reading
Room for quiet study at: 2281 First Street,
River District. www.time4thinkers.com,

www.christiansciencefortmyers.com,

www.christianscience.com

FIRST CHURCH OF THE NAZARENE

13545 American Colony Boulevard

off Daniels Parkway in the Colony,

Fort Myers, 936-2511

Pastor: Reverend Joey Brummett

Sunday School: 9:30 a.m.; Morning

Worship, 10:30 a.m.; Sunday Evening, 6

p.m.; Wednesday Family Night, 7 p.m.

FIRST UNITED METHODIST CHURCH

in the Downtown Fort Myers River District

2466 First Street, Fort Myers, FL 33901

239-332-1152, www.fumcftmyers.org

Sunday: 9 a.m. Contemporary Worship

9 a.m. and 10 a.m. Sunday School

9:45 a.m. Coffee Fellowship

10:30 a.m. Traditional Worship

5 p.m. Youth Program

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5916 Winkler Road, Fort Myers, 437-4330

Reverend Mark Condrey, Pastor

Sunday Worship: 10:30 a.m.

Church School: 9:15 a.m.

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UNITED CHURCH OF CHRIST:

8210 College Parkway, Fort Myers,

482-3133. Philip White, pastor

Morning Worship: 10 a.m.

Church School: 10:15 a.m.

Adult Forum: 11:30 a.m.

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111 Evergreen Road, North Fort Myers,

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astery. Liturgical services conducted in
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languages, following the Julian (Old)
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9650 Gladiolus Drive, Fort Myers 454-

4778

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Weekly services:

Saturday 5 p.m., Eucharist with Healing

Sunday 8 a.m., Holy Eucharist, Rite One;

9:30 a.m., Family Eucharist with Healing
and Church School

Tuesday 9:30 a.m., Morning Prayer (in
Spanish); Wednesday 9:30 a.m., Eucharist
with Healing. Child care available at
Saturday 5 p.m. and Sunday 9:30 a.m.
services.

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881 Nuna Avenue, Fort Myers, 481-1143

Masses Friday and Saturday, 7 p.m.;

Sunday, 8 and 10 a.m. and 6 p.m.

KINGDOM LIFE CHURCH

2154 McGregor Boulevard,

Fort Myers, 218-8343

Pastor Randy and Anita Thurman

10:30 a.m. Sunday Service

All are welcome.

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Walter Fohs, pastor; Becky Robbins-

Penniman, associate pastor

Sunday worship services:

8 a.m. Early Grace Traditional

9 a.m. Awesome Grace Contemporary

10:30 a.m. Classic Grace Traditional

8:45 & 10 a.m. Sunday School God's

Group

NEW BEGINNINGS CENTER

New Home Church, 8505 Jenny Cae

Lane, North Fort Myers, 239-656-0416

Weekly Friday Meeting Meet & Greet: 6:30

p.m. Kingdom Teaching: 7 p.m. Fellowship
and refreshments after service. nbcministry@embarqmail.com, www.facebook.com/nbcministry. Alex & Patricia Wiggins,
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NEW COVENANT EYES CHURCH

See Clearly. Meeting monthly at 9 a.m. at
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16120 San Carlos Boulevard, Unit 10

239-985-8503

9:45 a.m. Sunday School for all ages

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7 p.m. Wednesday Evening Bible Study

NEW HOPE PRESBYTERIAN CHURCH

3825 McGregor Boulevard. Fort Myers

Pastors: Stu Austin and Howard Biddulph

8 & 9:30 a.m. Traditional Worship

11 a.m. Contemporary Worship

8, 9:30 & 11 a.m. Sunday School

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274-1230. For more information visit:

www.newhopefortmyers.org

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Meets at Fort Myers Beach Masonic

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17625 Pine Ridge Road,

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Pastors Bruce Merton, Gail & RC Fleeman

Adult Discussion Classes: 9-10 AM

Countdown to Worship (praise music):

10:10 AM

Amazing Grace Worship: 10:30 AM

Phone 267-7400 Fax 267-7407

Web site: peacecommunitychurch.com

e-mail: peace1265@aol.com

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15840 McGregor Boulevard, Fort Myers

On the way to Sanibel. 239-437-2599,

www.peaceftmyers.com,

peace@peaceftmyers.com.

REDEEMER LUTHERAN CHURCH

3950 Winkler Ext., Fort Myers, 274-0143

8:15 and 10:15 a.m. Sunday Services

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RIVER OF LIFE ASSEMBLY OF GOD

21580 River Ranch Rd, Estero

239-495-0400, Senior Pastor: Todd Weston

8 and 9:45 a.m. Services; 11:30 a.m.

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Fort Myers, 454-3336

Robert G. Kasten, Pastor

Sunday Worship Service 11 a.m.

Nursery available

9:45 a.m. Sunday School for all ages

Junior Church grades one to five

Wee Church Pre-K to K

Evening Service 6 p.m.

Wednesday Service 6 p.m.

SAINT COLUMBKILLE

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12171 Iona Road, Fort Myers, off

McGregor and north of Gladiolus.

489-3973 Father Joseph Clifford.

Weekly masses:

Monday through Saturday 8 a.m.

Weekend masses: Saturday 3 and 5 p.m.;

Sunday: 7, 9, 11, and 5:30 p.m.

Reconciliation is available at the church on

Saturdays at noon and by appointment

SAINT JOHN THE APOSTLE

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3049 McGregor Boulevard, Fort Myers,

344-0012 Pastor Reverend Steve Filizzi

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Mid-Week Service, Wednesday 6:30 p.m.

SAINT MICHAEL LUTHERAN

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239-939-4711, www.smlcs.org

Wednesday Fellowship: 5:30 p.m.

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Worship: Saturday, 5:30 p.m.,

Sunday 8 a.m. and 10:45 a.m. with 9:15

a.m. adult and children's Bible Study, plus
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on Thursdays from 7 to 8:30 p.m.

During Lent: Wednesday worship

noon and 6:15 p.m.

SAINT PETER LUTHERAN CHURCH

3751 Estero Boulevard, Fort

Myers Beach, 463-4251.

Sunday worship at 9:30 a.m. Women's

Bible Study is offered on the first and third

Wednesdays of each month at 9:30 a.m.

www.stpeterfmb.com

TEMPLE BETHEL SYNAGOGUE

16225 Winkler Rd. 433-0018.

OBITUARY



WILLIAM ALLEN NICKOLDS

William Allen Nickolds, formerly of Sanibel, Florida, was born in Taunton, Massachusetts on November 22, 1917 to William and Matilda (Metcalf) Nickolds. He passed away on July 17, 2013 in Fort Myers, Florida.

He attended Taunton public schools, graduated high school, briefly attended Springfield College in Springfield, Massachusetts before being inducted into the AUS. He was commissioned 2nd lieutenant, was detailed to a DUKW Battalion overseas and participated in the first DUKW landings on Utah Beach in France. Upon his discharge, Nickolds completed his undergraduate studies at Canterbury College in Danville, Indiana, with an AB in 1948, then entering government service again and retiring from the Postal Service in 1984.

Nickolds was married to Norma Jean Adams, with whom he owned and operated real estate on Newbury Street in Boston, and who died in 1968 leaving their daughter, Ann Adams Nickolds, who lives in Salem, Massachusetts. In 1975, he married Nancy C. Santeusanio with whom he moved to Sanibel Island in 1999. They and their black standard poodle made it their permanent home.

A communicant, vestryman, and usher at the Anglican Church of the Advent in Boston, Massachusetts, he was a life member in the Guild of Saint Vincent, the Guild of All Souls, and a founding and charter member of the National Museum of the American Indian. In Sanibel, he attended St. Michael and All Angels Church.

William is survived by his wife Nancy C. Santeusanio, his daughter Ann Adams

of Salem, Massachusetts, his sister Jane Stockwell of Bremerton, Washington, and stepson Peter Santeusanio and family of Hampton Falls, New Hampshire.

A memorial mass will be celebrated on Tuesday, September 24 at the Saint Michael and All Angels Church beginning at 10 a.m.

Memorials may be made in his memory to the Saint Michael and All Angels Church, 2304 Periwinkle Way, Sanibel, FL 33957. Visit www.harvey-engelhardt.com to leave a condolence to the family.✽

From page 10

Churches/Temples

THE CHABAD LUBAVITCH OF SW FLORIDA ORTHODOX
5620 Winkler Road, Fort Myers
Rabbi Yitzchok Minkowicz
433-7708, E-mail: rabbi@chabadswf.org
Web site: www.chabadswf.org
Services: Friday 6:30 p.m.; Saturday Kabbalah class 9 a.m.; Shacharit 10 a.m.; Kiddush at noon
Minyan: Monday and Thursday 7 a.m.

THE NEW CHURCH
The New Church of SWFL is located 10811 Sunset Plaza Circ. #401, behind Zoomers. Rev. Gabriella Cahaley officiates worship services on Sundays at 11 a.m. during the season. Other worship events are held on the beach in Fort Myers Beach. See our webpage <http://www.newchurchflorida.com/> or call for more information 239-481-5535.

CONGREGATIONAL CHURCH
1619 Llewellyn Drive Fort Myers
Just off McGregor across from the Edison/
Ford Winter Estates 334-4978
Pastor: Douglas Kelchner
Worship times Sunday's 9 and 10:30 a.m.
Website: www.taecc.com

UNITARIAN UNIVERSALIST CHURCH FORT MYERS
13411 Shire Lane (off Daniels Parkway one mile west of I-75)
Minister: The Reverend Allison Farnum
Sunday services and religious education at 10:30 a.m.

For information on all church events call 561-2700 or visit www.uucfm.org.
UNITY OF BONITA SPRINGS
Family Service 10 to 11 a.m.
Healing Circle 11 a.m.
Hospitality and Fellowship, 11 a.m.
Inspiring lesson, uplifting and dynamic music, meditation in a loving environment.
Service held at 28285 Imperial Street, Bonita Springs. Call 947-3100.

UNITY OF FORT MYERS
11120 Ranchette Rd., Fort Myers
Summer Services: Sundays at 10 a.m.
Children's class at 10 a.m.
Reverend Jim Rosemergy, Minister
Our God is Love. Our Race is Human.
Our Religion is Oneness.
www.unityoffortmyers.org or 239-278-1511

WESTMINSTER PRESBYTERIAN CHURCH
9065 Ligon Court, Fort Myers, across from HealthPark Hospital, 481-2125
Senior Pastor: Robert Brunson
Sunday Service:
9:30 a.m. Sunday School for all ages
11 a.m. Blended Worship
www.westminsterfortmyers.org
WORD OF LIFE CHURCH
2120 Collier Ave, Fort Myers, 274-8881;
Services: Sunday 10 a.m.;
Wednesday 7 p.m.

Bishop Gaspar and Michele Anastasi
ZION LUTHERAN CHURCH
7401 Winkler Road, Fort Myers,
481-4040, Interim Pastor Jim Eggert
Pastor Peter Weeks
Sunday Services: 8:30 a.m. Traditional;
10 a.m. Blended Traditional and Contemporary;
11:30 a.m. Contemporary.
Children's Sunday School, Adult/Teen Bible Classes, 10 a.m.✽



Paintings are brought into the Boys and Girls Club of Lee County in Bonita Springs

Human Trafficking Prevention Classes Held

Human Trafficking Awareness Partnerships (HTAP) reports that four local ARTREACH programs have been conducted since May at local afterschool and summer camp programs.

One program was held at Our Mother's Home, a foster home for young girls with babies. This is the second year in a row that HTAP has conducted the program there. Two programs were held at the Heights Foundation Community Center – one in the spring afterschool program and one in the Summer Camp program. Another was a first-time venture with the Boys and Girls Club of

Lee County, held at the Pueblo Bonito Clubhouse in Bonita Spring. About 40 children attended these programs and they created 10 large paintings.

At each of the programs, the girls are taught about the dangers of human trafficking to themselves and others. They are taught the lures used to draw girls into trafficking and the ways they can avoid becoming a victim. They are also taught how art has been used for centuries as a tool of social change. They then create large paintings (3 feet x 4 feet) which are later available for exhibition.

Over the past 3.5 years, a total of 37 paintings have been created as well as a play and photography and poetry projects. Boys have participated in the TIPS program (Trafficking Interactive Prevention Simulation) and earlier ARTREACH programs.

HTAP's mission is to build awareness
continued on page 21

OBITUARY

JUAN C. MEJIA

Juan C. Mejia, 48, received his wings on July 20, 2013. Beloved husband of Jeannette; proud and loving father of Anny, Katie, Malenie and Archie.

In lieu of flowers, contributions may be made to the Craig Hospital Foundation, 3425 S. Clarkson Street, Englewood, CO 80113. Please share condolences at www.HoranCares.com.✽

Conditions Made For Some Tough Days Fishing



by Capt. Matt Mitchell

Nasty brown water and strong north-west winds really did a number on the fishing action for a few days this week. Add to that slow moving outgoing tides being held

up by the wind and I can't think of any time recently when I struggled quite so badly to catch very few fish. Once the winds relaxed and the tides got better, fishing picked right back up with catch and release snook action being the most consistent bite.

Snook could be caught most days this week in good numbers in the passes. With this being the best bite in town and not many other options with poor tides and windy conditions, the amount of boat traffic in the passes has been a little crazy. If everyone is on the same page drifting the passes, it's been manageable and can be fun watching other boats hook up. With 10 to 20 boats all making the same drift of a pass, it can quickly be wrecked by one boat not sticking to the program.

Late afternoon incoming tides did produce a few days of good mangrove snook action. The key for me was finding a deeper windblown shoreline that had

the tide moving in the same direction as the wind. The big snook of the week caught on my boat was a 17-pound 37-inch snook that was taken on the first cast on such a shoreline. One little windblown mangrove point produced three slot or better sized snook which quickly jumped on the large tail hooked pinfish we were pitching up under the bushes.

With poor daytime redfish tides, this week I really did not target them. We did catch a few reds in the mid to upper 20-inch class while drifting the passes for snook. As morning high tides improve, the morning redfish bite should get a whole lot better this week.

Trout fishing this week was just about impossible with the dirty stirred up water. Even when I did find some clearer water around the inside of the passes, we just could not get it going. Running as far north as Cayo Costa on a tough day of fishing this week, there was no clean or even clearer water to be found anywhere in the sound. After a few more calm days though, our water color should gradually start to improve.

Another option during the calmer days this week was gag grouper fishing in and around the deeper passes. Drifting across the drop offs and structure with a large pinfish hooked up on a 7/0 circle caught limits of gags up to 28 inches. When the



A 37-inch snook caught and released while mangrove fishing with Capt. Matt Mitchell this week

tide was moving fast, often it would take as much as a six- to eight-ounce weight to keep the bait straight up and down on the bottom. Heavy tackle is a must for this if you hope to pull these hard fighting grouper away from the underwater structure. One plus of the dirty water is you could use 80-pound leader and still get bites. Strong northwest winds put an end to this action in the passes as it simply got too rough for a few days.

There are several of my trips this week that I would like to forget ever happened.

We never got skunked but action was very slow. Days like this are tough when basically everything is going against you and the conditions give you very few options. As a fishing guide on days like this, you work so much harder and just feel beat up at the end of a trip, as you always want your clients to catch fish.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmattmitchell@aol.com.✪

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Captiva Island

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The *River Weekly* would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the *River Weekly*, 1609 Hendry Street, Suite 15, Fort Myers, Florida 33901, or email to press@riverweekly.com.

Read us online at
IslandSunNews.com



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Dave Doane

CROW Case Of The Week:

Coyote Pups



by Patricia Molloy

Coyotes (*Canis latrans*) are most commonly associated with the American West, however, their presence in Southwest Florida is becoming more commonplace.

According to the Florida Fish and Wildlife Conservation Commission, coyotes successfully expanded their natural range to the Southeast in the 1960s, reaching northern Florida in the 1970s. One study indicates that by 1988, 48 out of 67 Florida counties reported having coyote populations.

Two beautiful, shy female coyote pups are being treated at CROW. Each was found off-island. One of the pups, patient #1754, arrived with a fractured hind leg, likely the result of being hit by a motorist.

As a youngster growing at a very rapid pace, Dr. Heather initially implemented a schedule to change the injured pup's cast every two weeks. However, Dr. Heather or Dr. Kristen quietly walk outside to the coyotes' enclosure daily to sneak a quick peak at the cast to ensure that it is holding up to the elements. "We would totally stress her out if we took her out each day; we would stress

her out and the other one out," noted Dr. Kristen.

Both coyotes have been vaccinated against distemper, a viral infection that affects the respiratory, gastrointestinal and central nervous system of many carnivorous species of wildlife and certain domestic animals. They were also vaccinated against parvovirus, canine adenovirus and dewormed, making them parasite free. Dr. Heather will soon vaccinate them against rabies.

As an invasive species with a large territorial range, there is a concern about the impact that coyotes may have on indigenous species of the Sunshine State; they are either potential competitors for food or predators. Dr. Heather is currently searching for a qualified wildlife educational facility to "adopt" both coyotes, as federal law prohibits CROW from releasing them into the wild due to their invasive species status.

Once the two coyote pups have fully recovered from their injuries and are relocated, they will serve as examples to people interested in learning about wild animals, their habitats and the role each creature (and human) plays in maintaining a healthy, balanced ecosystem.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: www.crowclinic.org



This female pup, patient #1754, has a fractured hind leg. Her head is covered with a towel during the changing of bandages to ease the patient's stress level.

Recognizing The Need For (And Benefit Of) Coastal Protection

submitted by Ken and Kate Gooderham

A new study has attempted to quantify the risks inherent in climate change from rising tides and stronger storms, as a means to encourage preservation of the natural resources that can help protect coastal ecosystems and communities – a refreshing way to reframe to coastal debate that, if prudent voices prevail, should be taken even further to guide future coastal policy and planning.

The study, outlined in an article published in the *Nature Climate Change* journal, cites the risk posed to the U.S. coastlines from the higher seas and more severe storms many expect as a consequence of climate change, putting real numbers on the people and populations which could be at risk if projections turn into reality. The authors then posit how "natural" habitats – sand dunes, coral reefs, sea grasses, mangrove fringes, etc. – could offer significant coastal protections at a lower cost if they are not allowed to dwindle and die as seas rise and shorelines "harden."

Using real numbers and actual science to frame this issue (which is too often debated with emotions and politics as the main drivers), is welcome, as is recognizing the value of the coast (such as 23 of the 25 most densely populated counties are coastal) and the need to better acknowledge the protective value of any coastal habitat that puts more distance between storm waves and upland infrastructure. Developing a Coastal Hazards Index that can graphically portray the county's coastlines at greatest risk is also useful, quickly communicating both the breadth and severity of any area's risk in a way the lay person can grasp.

But the presumption that the only choices are shoreline hardening or habitat preservation is too black and white for our real coastal world. Many coastal communities (and their governmental entities) have taken hardening out of the coastal toolbox, having lived through the destructive days of seawalls and groins as the lone coastal solution to sand loss. In some areas, coastal structures of any stripe are banned; in others, they are allowed only as part of an engineered solution that capitalizes on their strengths and mitigates their other impacts.

Also, the focus on preservation of existing habitats needs to be joined with a drive to restore lost habitats, so we don't just draw a line in the sand policy-wise but work to replace any beneficial protections lost over time. And let's add "wide beaches" as another appropriate coastal protection worthy of preservation and restoration, recognizing their value in keeping storm waves at bay and adding more elevation in response to rising seas. (The habitat benefit which wide beaches offer is just icing on

continued on page 16

PLIGHT OF THE BEES

Speaker: Paul Shannon



Come join us for an educational program about honey bees. Local beekeeper Paul Shannon will discuss lifecycles, pollination, colony collapse disorder and production of honey.

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Plant Smart

Creeping Charlie



Creeping Charlie is a native mat-forming wildflower that will tolerate a range of conditions

by Gerri Reaves

If creeping Charlie's (*Phyla nodiflora*) flowers were larger, the common weed of the verbena family might be cultivated for the gorgeous flower heads.

But each of the flowers is only one-sixteenth of an inch across, so they go largely unnoticed, except by butterflies and bees.

The native mat-forming wildflower is a larval food for the common buckeye, White

peacock, and phaon crescent butterflies and a nectar source for other species.

The plant's prosaic common names, which include capeweed, mat-grass, and turkey tangle fogfruit, do nothing to enhance its appeal.

Each flower stalk is topped by a cylindrical flowerhead with a rich purple center. Yellow-throated white to lavender flowers encircle the center and bloom throughout the year. The term nodiflora, which means knotted, refers to this tight structure.

The plant spreads by rooted nodes, with the flower stalks growing up to six inches tall. The narrow toothed leaves measure about an inch long.

Creeping Charlie is credited with a host of medicinal benefits. It is used as a tea, leaf paste, and root juice in treating wounds, hookworm, fever, ulcers, and other ailments.

This groundcover is common in lawns, disturbed sites, and roadsides. If it creeps into your yard, consider letting it flourish for the butterflies.

Propagate it by dividing the rootball, with stem cuttings, or from seeds. It can even be used as a hanging plant.

Sources: *Everglades Wildflowers* by Roger L. Hammer, *Florida Wild Flowers and Roadside Plants* by C. Ritchie Bell and Bryan J. Taylor, plantbook.org, davesgarden.com, and fnps.org.

*Plant Smart explores sustainable gardening practices that will help you create an environmentally responsible, low-maintenance South Florida landscape.**



This often overlooked plant is the larval host for several native butterflies

photos by Gerri Reaves

Caring For Your Plants

Proper Trimming

by Justen Dobbs



Find that most landscape maintenance crews here in SW Florida do not know how to properly trim a lot of our common trees and bushes. Improper trimming can invite unwanted pests,

restrict growth, increase cold sensitivity, and make some plants and trees look just plain ratty. Often times, the problem is with the homeowner or HOA who instructs the landscape maintenance crew to "box cut" or "hurricane cut" everything. Now, I understand that most of these landscapes are situated in a commercial setting where everything needs to have neat, straight lines and a congruent appearance, but this necessitates certain species to be used that thrive with weekly trimming.

Plants that do not make good "box bushes" include Macho Fern, Fountain Grass, Hibiscus, Juiper, Areca Palms (yes, I've seen people trim them into hedges), Crotons, and Cordylines. All of these plants need to be allowed to grow freely in order to be healthy and have a proper bloom cycle. If any branches on these die from old age, they should be allowed to decompose underneath or they should be



Hibiscus trees should be allowed to grow freely and trimmed just once or twice a year

removed at the base of the branch (not trimmed with hedge trimmers). There are two reasons that landscapers use these plants improperly- lack of knowledge and low cost. If you already have some of these plants in your landscape and your landscape maintenance company trims them weekly, just tell them to reduce the trimming to bi-weekly or monthly (while still keeping up with mowing the grass obviously). Hibiscus trees should be trimmed heavily in early summer- before you go back up north. By fall when most of the snow birds return, the Hibiscus

trees will have pushed all new growth and likely new bloom. When this particular tree is trimmed on a bi-weekly basis, it stunts growth and inhibits blooming.

If you do want to create a nice, neat hedge that can be cut often and kept in that "box look", you will want to stick with Variegated Arboricola, Plumbago, Ixora, Indian Hawthorne, Ficus, Seagrape, Buttonwood, or Podocarpus. All of these produce a thick cluster of branches and lots of leaves. They do not mind being hedge-trimmed often and are all fairly cold hardy and drought-tolerant

(except for the Seagrape and Ixora).

Or, if you want plants that require little to no trimming at all, go with bromeliads (tropical air plants), cycads, self-cleaning or clustering palm trees, and cordylines (Ti plants). These maintain year-round color and require a few fronds or leaves to be removed about once or twice a year!

Dobbs is a landscape architect in south Florida specializing in custom, upscale landscapes. He can be reached at seabreezenurseries@gmail.com.*

English Country Dancing

Learn the social dances of the 17th, 18th and 19th centuries at the Wa-ke Hatchee Recreation Center. Lessons are offered on Tuesdays from 6:30 to 8:30 p.m. all year round. Dress is casual, and participants should wear flat shoes with non-slip soles. Partners are not necessary, and beginners are welcomed.

Lessons are free after a one-time payment of \$10, which covers lifetime membership to Wa-ke Hatchee Recreation Center. Contact Gillian Carney at 603-9828 or email fortmyersdancers@hotmail.com. Also, visit <http://dancefl.us/ecd/FtMyersECD.shtml>.

Wa-ke Hatchee Recreation Center is located at 16760 Bass Road in Fort Myers. Call 432-2154 for more information.*

Fish Caught



Jesse Alexander and Jordan Crabb pose with their catch

photo by Jessy Crabb

Jesse Alexander and Jordan Crabb, both age 17 from Ormond Beach, Florida, caught a sawfish off the coast of Sanibel on July 17 around 9:30

p.m. as a crowd of about 100 people looked on from the beach at West Gulf Drive. Approximately 14 feet long and weighing over 300 pounds, the sawfish

was released unharmed and reported to the Florida Fish & Wildlife Conservation Commission (FWC).*

Introduction To Beekeeping

The UF/IFAS Lee County Extension, in collaboration with the Beekeepers Association of Southwest Florida offers a four-week beekeeping class this summer.

Classes begin at 8:30 a.m. on Friday, August 9 and continue on Friday, August 16, 23 and 30. Space is limited to only 40 students. Pre-registration is necessary for inclusion in the class. Deadline for registration is Monday, August 5.

Cost of the course is \$225. Students receive our advanced beekeeping startup kit including a bee veil for face protection, a professional bee-smoker, educational resource books, visual hands-on training in a bee yard and your very own bee hive box. Live bees are NOT provided as part of any package.

Please make your check payable to "BASF" and mail your check to Beekeeping Class, UF/IFAS Lee County Extension, 3406 Palm Beach Blvd., Fort Myers, FL 33916.

For details about the class, call either Don Murray (BASF President) at 267-9776 or Rebecca at 247-7352 or send an email to don@hphoney.com.

Classes will be held at the Lee County Extension Office at 3406 Palm Beach Boulevard in Fort Myers. Practical sessions will be conducted at the apiary of a BASF member beekeeper, or at the BASF bee yard.*

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An Audubon Florida Special Place

Matheson Hammock Park



John Ogden, Lynn Scarlett, former Deputy Secretary, U.S. Department of the Interior, and Roger Hammer birding at Matheson Hammock photos by Roger Hamme

by Roger L. Hammer

The National Gold Medal Award-winning Miami-Dade Parks & Recreation Department was formed in 1930 with Matheson Hammock as its very first park. The initial 80 acres was a gift to Dade County by a wealthy pioneer, William J. Matheson. The park was developed by the Civilian Conservation Corps and designed by William Lyman Phillips, the famed architect who would later design Fairchild Tropical Botanic Garden, Bok Tower Gardens and McKee Botanical Gardens. This was fortunate because Phillips penned, in longhand, "The mangrove swamp is to most humans a hateful hostile growth. Yet, as a forest type, mangrove [habitat] is unique; and where in a given situation such as this [Matheson Hammock Park], the swamp can be assigned an important role in the total parks effect, and can be regarded and managed sympathetically. The preservation and passing down of it to posterity would seem an act of considerable cultural significance."

Matheson Hammock Park now spans 630 acres and harbors a popular marina, restaurant, picnic areas and open shorelines along Biscayne Bay, where park visitors come to fish, canoe, kayak, sailboard or simply relax. But there's a lesser-visited part of the park that even local residents scarcely know exists.

On the west side of Old Cutler Road, across from the bustling marina, is Matheson Hammock, the forest. Hammocks are islands of hardwood forest trees, surrounded by a differing vegetation type, and there are more than 100 hammocks on Long Pine Key in Everglades National Park.

Matheson Hammock was visited by some of South Florida's earliest botanists, most notably John Kunkel Small, an eminent authority on the flora of the south-eastern states. Small once noted that there were vastly more wild clamshell orchids in Matheson Hammock than he'd seen anywhere else. Although the clamshell orchids have entirely disappeared due to collecting, periodic freezes and hurricanes, the hammock remains floristically rich. A loop trail leads visitors through the ham-



Painted Bunting: A real crowd pleaser



Rare clamshell orchid

mock and the trailhead is directly across the street from the entrance to the marina side of the park.

Some of my fondest memories of Matheson Hammock Park are birding there with my friend, next-door neighbor and fellow rum connoisseur John Ogden. He was working on the Bird Oases Project spearheaded by Florida Audubon Society, and later transferred to Tropical Audubon Society. John and I would spend several hours once a day each week during spring and fall migration. Our task was to not only identify migratory songbirds but also identify the trees and shrubs they were visiting, and what the birds were doing. The outcome of the project is that we now have a much better understanding of which migratory birds utilize which specific plants the most, and why. Some birds, we learned, were seeking insects, while others were feasting on fruits, sipping nectar, or gulping down entire flowers – bugs, nectar, pollen and all. John's passing in March 2012 was a great loss to the birding world, and to anyone who had the good fortune to know him.

Matheson Hammock is regarded as one of the hot birding spots in the Miami area for local birders and migratory birders as well. When migratory birds fly over metropolitan Miami, green spaces such as Matheson Hammock stand out as inviting stopovers; a place to rest, feed and rejuvenate for the long trip south, or north, depending on the season. It should come as no surprise that Matheson Hammock is included along the Great Florida Birding Trail, a self-guided 2,000-mile highway trail established by the Florida Fish & Wildlife Conservation Commission.

Make Matheson Hammock one of your stops where you can find an exciting array of birds as well as a peaceful place among the hustle and bustle of Miami.

This column is one in a series from AUDUBON FLORIDA. Roger L. Hammer is an award winning professional naturalist, author and photographer. For more information about the Matheson Hammock Park, see www.miami-dade.gov/parks/. ✨

From page 13

Coastal Protection

the natural cake.)

Finally, every coastal professional can join in the study's implied call for further research into the impacts and options in coastal protection – particularly work that balances the needs and demands of all coastal stakeholders in an effort to task science and sense to develop sustainable solutions in anticipation of whatever changes climate ends up blowing our way. The same measures that can protect

coastal communities from storm damage will also build a buffer against any rise in sea level, allowing us to implement protections that address the inevitable (such as storms) as well as the unknown (such as rising seas).

A good first step is to acknowledge the need for and benefit of coastal protection, with the imperative that science (rather than emotion) leads the way. This study appears to be a good start.

For more information, visit www.asbpa.org. ✨

Featured Artist

Born and raised in the Midwest, Joe LeMay made the move down to Southwest Florida in 1998. In 2004, he went to study art in Savannah, Georgia where he graduated from the Savannah College of Art and Design. After getting his Bachelor of Fine Arts, he returned to Fort Myers and began working in freelance illustration. His freelance work has included children's book illustration, logo design, poster design and comic strip illustration. The majority of this work is typified by oddball characters both fictional and right out of pop culture, infused with a humorous and satirical tone. His gallery work blends elements of his illustration background with an abstract expressionistic style. Subjects in the paintings exist within a world of bleeding colors that serve as a virtual playground for a variety of characters and creatures. It is a take on illustration that places some traditional subject matter and characters in a non traditional physical environment. LeMay is currently living and working out of Fort Myers.✧



Smelly Cat by Joe LeMay

Support Locals At The Alliance Gift Shop This Summer

The next time you're faced with finding something for that impossible to shop for family member or friend, why not stop by the Alliance for the Arts in Fort Myers? Open from 9 a.m. to 5 p.m., Monday through Friday and 9 a.m. to 1 p.m. on Saturdays, the Alliance Gift Shop is stocked year round only with a wide variety of items created by local artists. Find truly unique jewelry, handbags, sculptures... paintings, photographs... even fabric art and furniture. And its contents are always changing, as items are sold and new works are created by local, independent artists. It really is the best place in town to find something for the person who has one of everything.



Clay Mushroom by Shirley Litman

While you are visiting browse the 24th annual All Florida Juried Exhibition on display in the Main Gallery until August 2. It features work in a variety of mediums by more than 30 visual artists from across the state. Artwork by Alliance youth artists is on display in the Member Gallery. Or if you come on Saturday you can also shop the Alliance GreenMarket, where you can find locally grown and produced items from local vendors. It's every Saturday from 9 a.m. to 1 p.m. on the grass next to the Alliance main building.

The Alliance for the Arts is located at 10091 McGregor Boulevard, just south of Colonial Boulevard.✧

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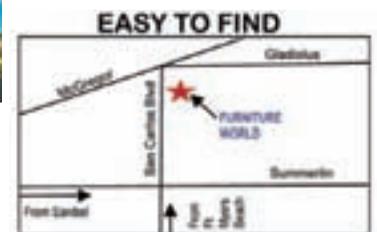


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Lakes Regional Library Programs

Next month's roster of activities at Lakes Regional Library offers topics for all ages. The following activities are free to the public:

Adults

English Café

6 p.m. Mondays, August 5, 12, 19 and 26

Practice your English with English Cafe, a free, conversation session for adult ESOL and ESL students. Each 90-minute session provides adult learners an opportunity to practice speaking English with native speakers. Participants may start at any time. Advanced registration is not necessary.

Book Discussion: *The Power of Habit* by Charles Duhigg

2 p.m. Tuesday, August 20

Read and discuss *The Power of Habit: Why We Do What We Do in Life and Business* by Charles Duhigg. Duhigg argues that one of the keys to exercising regularly, losing weight, raising exceptional children, becoming more productive, building revolutionary companies and social movements and achieving success is to understand how habits work. Registration is required.

Families

Baby-Parent Rhyme Time

10 a.m. Mondays, August 19 and 26

Be prepared to tickle, jump and fly with your baby! These rhymes and

songs are for infants, up to 24 months, accompanied by an adult. This 20-minute program is filled with songs designed to introduce rhyming and movement to infants. Registration is required.

Toddler Storytime

10 a.m. Wednesdays, August 21 and 28

Children 2 years old and their caregivers participate in song, fingerplays and short stories. The success of this age group depends on adult participation and encouragement. Toddler storytime lasts approximately 30 minutes.

Family Storytime

11 a.m. Wednesdays, August 21 and 28

This program is for the whole family and lasts about 30 minutes. Registration is required.

Children

Preschool Lego Storytime

10:30 a.m. Tuesday, August 6

Calling all preschoolers – get ready to read, build and play at the library. We'll combine storytelling, music and building with Lego Duplo bricks for a fun new experience. This hands-on playtime will foster creativity and early literacy. For ages 2 to 5. Registration is required.

Kids Read Down Fines

2 to 3 p.m. Saturday, August 10

Children and teens can earn a \$2 coupon for every 15 minutes of reading during the allotted time in the designated area of the library. For ages 18 and younger. Coupons may be applied to cards issued to patrons age 18 and under only.

Preschool Science Lab

10:30 a.m. Wednesday, August 14

Curious preschoolers and their caregivers are invited to the Preschool Science Lab. We'll explore and investigate with hands-on science. This interactive event will include stories, simple science games and a craft. Sponsored by the Friends of Lakes Regional Library. Registration is required.

Library 101: The Hunt for Dewey

4:30 p.m. Monday, August 19

Have your kids ever found the Dewey Decimal System confusing? Join us as we break down how the Dewey Decimal System works and how to track down books in the library. Then we'll go on a scavenger hunt through the stacks to find those elusive Dewey numbers. For grades K to 5. Registration is required.

Preschool Storytime

11 a.m. Mondays, August 19 and 26

Preschoolers (ages 3 to 5) attend this storytime independently while parents or caregivers wait nearby in the library building. This storytime includes activities that require more participation and a longer attention span. Each preschool storytime lasts about 30 minutes. Registration is required.

Reading Academy

4:30 p.m. Wednesdays, August 21 and 28

Books + puppets + drawing = fun! We'll bring out the puppets and mini drawing boards for this interactive event. Join us each week for new stories and games. This program is designed for children who can read and write. Sponsored

by the Friends of Lakes Regional Library. For children in first to fifth grade. Registration is required.

Teens

Kids Read Down Fines

2 to 3 p.m. Saturday, August 10

Children and teens can earn a \$2 coupon for every 15 minutes of reading during the allotted time in the designated area of the library. For ages 18 and younger. Coupons may be applied to cards issued to patrons age 18 and under only.

The Lakes Regional Library is located at 15290 Bass Road in Fort Myers. For more information about a program or to register, please call the library at 533-4000. A sign language interpreter is available with five business days notice to library staff. Assistive listening system available; request at desk.

Check the Lee County Library System's website at www.leelibrary.net to find out about programs at other locations. Call the host library, or Telephone Reference at 479-INFO (4636), for more information about a specific program.✪

Read us online at
IslandSunNews.com

Northwest Regional Library Programs

Next month's roster of activities at Northwest Regional Library offers topics for all ages. The following activities are free to the public:

Adult

English Café

10:30 a.m. Thursdays, August 1, 8, 15, 22 and 29

Practice your English with English Cafe, a free, conversation session for adult ESOL and ESL students. Each 90-minute session provides adult learners an opportunity to practice speaking English with native speakers. Participants may start at any time. Advanced registration is not necessary.

Exhibit: Vacation In Your Own Backyard

August 8 to 31

Available during normal library operating hours: Monday, Wednesday and Thursday: 10 a.m. to 6 p.m.; Tuesday, Noon to 8 p.m.; Friday: 9 a.m. to 5 p.m.

In partnership with the Lee County Tourism and Convention Bureau, the exhibit showcases places in our community where family and friends can explore and enjoy our beautiful area on a budget.

Discover Lee County Parks & Recreation

1 p.m. Saturday, August 10

Discover the treasures of Lee County Parks & Recreation. Join us for a fun,

informative introduction and overview of all that Lee County Parks & Recreation has to offer. The opportunities are endless!

The Mohawk Project & Scuba Diving in Lee County

2 p.m. Wednesday, August 14

Mike Campbell, with the Lee County Marine Services Artificial Reef Program shares opportunities for diving and fishing on the 20 artificial reefs located in Lee County. Of special interest is the USS *Mohawk* Veterans Memorial Reef, sunk in July of 2012, which has become an underwater diving destination due to its variety of marine life including whale sharks. This summer, the *Mohawk* will double as an underwater art gallery featuring the photography of Andreas Franke.

Taste DeliciousLee

2 p.m. Saturday, August 17

Nancy MacPhee of the Lee County Visitor & Convention Bureau shares information on the bureau's efforts in strengthening the local tourism experience. Highlighting restaurants that serve locally sourced produce and seafood not only makes a community more sustainable, but highlights agriculture, Florida's second most important economic driver. Attendees at this presentation will enjoy a "taste" of Lee and be entered in a drawing to win *Simply Florida*, a cookbook of favorite recipes by Floridians.

Family

Baby-Parent Rhyme Time

10:30 a.m. Wednesdays, August 21 and 28

Be prepared to tickle, jump and fly with your baby! These rhymes and songs are for infants, up to 24 months, accompanied by an adult. This 20-minute program is filled with songs designed to introduce rhyming and movement to infants. Registration is required.

Family Storytime

10:30 a.m. Thursdays, August 22 and 29

This program is for the whole family and lasts about 30 minutes. Registration is required.

Children

Kids Read Down Fines

10 a.m. to noon Saturdays, August 3 and 17

5 to 7 p.m. Tuesdays, August 13 and 27

Children and teens can earn a \$2 coupon for every 15 minutes of reading, during the allotted time. A total of \$8 per day may be earned. For ages 18 and younger. Coupons may be applied to cards issued to patrons age 18 and under only.

Turn On Your Brain

6 p.m. Tuesday, August 6

Rev up your brain power at this fun-filled program. Have a brilliantly good time with stories, games and crafts designed to make you think. Registration is requested.

Teen

On The Table: Locker Tube Blast
August 1 to 16

Available during normal library operating hours: Monday, Wednesday and Thursday: 10 a.m. to 6 p.m.; Tuesday,

Noon to 8 p.m.; Friday: 9 a.m. to 5 p.m.

Want to keep your locker organized this year? Stop by On-The-Table located in the Teen Zone and create an organizer tube using duct tape and recycled materials. Bring a friend and create.

Kids Read Down Fines

10 a.m. to noon Saturdays, August 3 and 17

5 to 7 p.m. Tuesdays, August 13 and 27

Children and teens can earn a \$2 coupon for every 15 minutes of reading, during the allotted time. A total of \$8 per day may be earned. For ages 18 and younger. Coupons may be applied to cards issued to patrons age 18 and under only.

Game'n

3 p.m. Wednesday, August 14

Play Wii, board games, relay races or Minute To Win It. Join in the fun and light snacks. Registration is required.

The Northwest Regional Library is located at 519 Chiquita Boulevard N. in Cape Coral. For more information about a program or to register, call the library at 533-4700. A sign language interpreter is available with five business days notice to library staff. Assistive listening system available; request at desk.

Check the Lee County Library System's website at www.leelibrary.net to find out about programs at other locations. Call the host library, or Telephone Reference at 479-INFO (4636), for more information about a specific program.✪

Experience The Positive At The Davis Art Center



Veron Ennis

Transference opens on the evening of Friday, August 2 at 6 p.m., with a stylish reception during Fort Myers Art Walk at the Sidney and Berne Davis Art Center. The solo exhibition for artist Veron Ennis should not be missed as her vibrant, captivating paintings and sculpture will transform the Center's Grand Atrium into a haven of aesthetics.

Also during Art Walk, SBDAC will host a Love That Dress! 5 Collection Party. Bring your new or gently worn dresses during Art Walk and help support PACE Center For Girls. The Davis Art Center is located in the historic downtown River District, at 2301 First Street.

Veron Ennis's non-objective paintings and her abstracted cityscapes are saturated with bold modern colors and composed of countless interlacing layers. Her signature cube sculptures are free-standing constructions made of six paintings hinged together to close into a cube. They have the unique ability to unlock and hang in an open state on the wall. Both forms will be exhibited during Transference.

Founder of the art movement, OPT (Open Positive Transference), Ennis promotes and exhibits art that has the intention to transfer a positive and uplifting feeling, one of hope and balance. Also a founding member of MAMA (Movement of Aleatoric Modern Artists), part of Ennis' technique depends on the chance application of her medium. "Falling in and out of control of the work energizes the composition and pushes compositional boundaries," said Ennis.

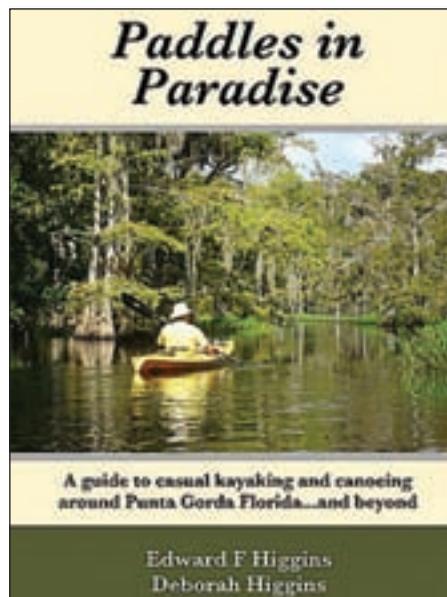
Love That Dress! is the ultimate feel-good girls night out shopping spree of the year benefitting PACE Center For Girls. An estimated 800 fashionistas (and a few brave men) are expected to stake their claim on thousands of new and gently worn dresses and accessories selling for nominal prices. Guests will enjoy the event's popular silent auction, camaraderie and cocktails. This year's event



Concordian Return by Veron Ennis

will take place on Sunday, August 28 from 6 to 9 p.m., at the Embassy Suites in Estero. Proceeds will benefit PACE Center For Girls, Inc., which provides girls and young women an opportunity for a better future through education, counseling, training and advocacy.✽

Paddles In Paradise Released



Local residents and authors Ed and Deb Higgins have just released their first book, *Paddles In Paradise*, to rave reviews from the kayaking community.

"Until I paddled with Deb and Ed, I was unaware of the magical places that were within easy reach through kayaking. Their tireless research and expert teaching affords new and wondrous adventures on the water for those who follow their lead." – Howard Spielman, author of *A Good Day: Confessions of a Reformed Pessimist* and creator of the award-winning MGM/Showtime hit series *Dead Man's Gun*.

Paddles In Paradise highlights 25 scenic recreational paddles within three hours of Punta Gorda, from Ocala to the Everglades, and includes GPS address and driving instructions, where to launch, which way to go, facilities available, trail maps and more. If you are looking for a few hours of peace, tranquility and natu-

ral beauty, this book will certainly take you there

The book is currently available at Amazon.com, Copperfish Books in Punta Gorda, Sandman Book Co. in Punta Gorda, O-Sea-D Aquatic Adventures in

Punta Gorda, Linger Lodge in Bradenton, Calusa Ghost Tours in Bonita Springs, West Wall Boat Works in Port Charlotte and on the author's website, located at www.paddlesinparadise.com.✽

Take Part In Read Around Florida, Enter To Win A Brand New iPad 2

The Lee County Library System invites readers to participate in their new Read Around Florida program to learn more about the state's rich literary tradition, along with a chance to win a new iPad 2.

This new adult reading program, part of the library's Viva Florida 500 celebration, encourages readers to read books of their choice, either written by a Florida author or featuring a Florida theme. After submitting a brief review of each book, they will be entered into a drawing to win the popular Apple tablet device.

Read Around Florida reviews may be submitted online at www.leelibrary.net/viva500 or at any county library location. Multiple entries will be allowed, but they must be reviews of different books. The deadline to submit a review will be Monday, December 16, with the iPad2 drawing to take place shortly thereafter.

continued on page 23



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Financial Focus

Can You Benefit From Municipal Bonds?



by Jennifer Basey

Over the past couple of years, the economic picture has brightened for many cities and states – but some of them are still facing potential financial problems.

As a citizen, you may well have concerns about these issues. And as an investor, these financial woes may affect your thinking about one particular type of investment vehicle: municipal bonds.

Specifically, given the difficulties faced by a few municipalities, should you consider adding “munis” to your to the fixed-income portion of your portfolio?

It is true that municipal defaults, though still rare, rose in 2012. But we haven’t experienced any sharp increases in defaults in 2013. Overall, default rates for municipal bonds are low – much lower than for corporate bonds of comparable quality, according to Moody’s Investor Services.

Of course, there are no guarantees, but if you stick with “investment-grade” municipal bonds – those that receive the highest grades from independent rating agencies – you can reduce the chances of being victimized by a default. And municipal bonds offer these benefits:

- Tax advantages – Municipal bond interest payments are free from federal taxes, and possibly state and local taxes, too. (However, some munis are subject to the alternative minimum tax, as well as state and local taxes.) This tax treatment means you would have to earn a much higher yield on other types of bonds to match the “taxable equivalent yield” of municipal bonds.

- Civic benefits – By adding quality

municipal bonds to your portfolio, you can help support worthwhile projects in your community, such as construction of schools and hospitals.

- Steady income – Barring a default, you will receive a regular, predictable income stream for as long as you own your municipal bonds. However, if you currently own many long-term munis, you may want to consider reducing your overall position. Eventually, rising interest rates will push down bond prices, and long-term bonds carry added risk because their prices will decline more as interest rates rise. Work with your financial advisor to determine the most appropriate approach for your situation.

- Diversification – Municipal bonds can help you diversify the fixed-income portion of your portfolio if it’s heavily weighted toward corporate bonds. And you can even diversify your municipal bond holdings by building a “ladder” consisting of munis of varying maturities. Once you’ve built such a ladder, you can gain benefits in all interest-rate environments – when rates are low, you’ll still have your longer-term bonds working for you (longer-term bonds generally pay higher rates than shorter-term ones), and when interest rates rise, you can reinvest the proceeds of your shorter-term bonds at the higher rates.

Consult with your financial advisor to determine if municipal bonds can be an appropriate addition to your portfolio, as investing in bonds involves risks, including credit risk and market risk.

Bond investments are also subject to interest rate risk such that when interest rates rise, the prices of bonds can decrease, and the investor can lose principal value if the investment is sold prior to maturity.

Investors should evaluate whether a bond ladder and the securities held within it are consistent with their investment objectives, risk tolerance and financial circumstances.

Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.

Family Child Care Business Training Course

The Goodwill SWFL MicroEnterprise Institute and the Early Learning Coalition (ELC) of Southwest Florida are partnering to present Developing Your Family Child Care Business, a nine-week training course for family child care providers. The course will cover both industry-specific information on family child care, along with small business training and education.

“Typically, our MicroEnterprise classes cover the basics of starting a small business, from determining its feasibility to developing a strategic business plan,” said Dorothy Browning, Goodwill’s MicroEnterprise program manager. “This class will also help child care practitioners with their industry-specific needs, like developing a comprehensive parent handbook – the critical policy and procedure manual for a child care business.”

The family child care course follows a curriculum developed by the Kauffman foundation and used nationally in small business education programs. Officials hope that the small business curriculum, in combination with industry-specific education, will provide the keys to success for future child care practitioners.

“The nature of family day care pro-

viders is that they are nurturing and are more apt to have skills related to caregiving,” said Susan E. Block, CEO of ELC. “To be successful, there is also a business component that contributes to the level of quality care providers.”

Graduates of the class will be eligible to receive 3.0 Continuing Education Units (CEUs) for an additional \$100 processing fee, which is \$50 off the usual price. All participants, regardless of CEU will pay a \$50 fee for classroom materials.

The goal of the family child care MicroEnterprise classes, according to Child Care of Southwest Florida ELC officials, is to ensure there are more licensed child care providers in low-income neighborhoods.

“Quality, accessible child care is important to the vibrancy of low-income neighborhoods,” said Gayla Thompson, chief operations officer – program quality for ELC. “Safe care for children allows parents to go to work without anxiety about the well-being of their children, and allows children to learn more and have experiences that help them to be ready for school.”

Classes will start August 24 with a full day session and then move to Monday evenings from 6:30 to 9 p.m. The schedule will allow for existing providers to attend the meetings, as well as those who want to start their own family child care practices. Potential students may visit the Early Learning Coalition’s website at www.elcofswfl.org to register or call Jill Corbett at 935-6167.*

Share your community news with us.
Call 415-7732, Fax: 415-7702
or email press@riverweekly.com

Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days on Market
Edgewater At Gulf Harbour	Fort Myers	2007	4,666	\$1,100,000	\$825,000	352
Wildcat Run	Estero	2006	3,316	\$789,000	\$730,000	212
Wildcat Run	Estero	1991	3,669	\$699,000	\$615,000	211
Cape Coral	Cape Coral	2001	2,400	\$620,000	\$577,500	46
No Subdivision	Fort Myers Beach	1983	3,842	\$589,000	\$530,000	9
Hamptons Greens	Fort Myers	1997	3,457	\$545,000	\$511,250	138
Four Mile Cove	Cape Coral	1996	2,959	\$489,500	\$480,000	330
Cape Coral	Cape Coral	1998	1,896	\$499,900	\$478,000	38
Shell Mound Park	Fort Myers Beach	1964	2,084	\$539,000	\$475,000	252
Belle Meade	Sanibel	2011	1,808	\$599,999	\$475,000	180

Courtesy of Royal Shell Real Estate

School Smart



by Shelley M. Greggs, NCSP

Dear Shelley, My child will be going to kindergarten in August. I am just not sure that he is ready to go. We have the option of going to a great daycare for

another year. What are some things I should look for so I am sure that he will do well in kindergarten?

April N., Fort Myers Beach

April,

It is a difficult decision to enroll your child in kindergarten when you still have some doubts about his readiness. Although your child has now reached the age when he is allowed to begin school, it is important to also be assured that your child is cognitively and emotionally ready to start kindergarten. Listed below are a few helpful hints from Virginia Academy of School Psychologists the school to help you assess if your child is developmentally ready for this big step.

Cognitive Skills

- Child is able to use five to eight words in a sentence
- Knows basic colors like green, yellow, red, blue, orange

- Child is able to memorize address and phone number
- Identifies some letters of the alphabet and a few numbers (if taught)
- Child is able to count up to 10 objects

Language Skills

- Child is able to say both first and last names
- Child is able to follow a two-step simple direction
- Child is able to ask and answer questions correctly
- Child is able to take turns when talking with others
- Speaks fluently and correctly using plurals, pronouns and tenses

Gross Motor Skills

- Child runs in a controlled manner, able to start, stop and turn
- Is able to walk on tiptoe
- Has experience with jumping, skipping, hopping and swinging
- Uses a fork and knife well
- Can throw and catch a bounced ball

Fine Motor Skills

- May be able to copy simple shapes and designs
- Able to cut with scissors
- Child has hand preference established
- Child is able to dress self with little assistance

Social/Emotional Skills

- Child organizes other children and toys for pretend play, but may confuse fantasy and reality at times

- Is able to distinguish right from wrong
- Can take turns and share, but doesn't always want to
- Child may want to do things on their own, but still have fears of things like loud noises, the dark, animals and some people
- Child is starting to name feelings, but may still act them out

Remember that each child grows at his/her own pace. Therefore, the information in this section is based on what the average kindergarten child is able to do. You know your child best. If you feel that your child may have some delays in his development, it is important to speak to your child's pediatrician or school personnel about your concerns.

*Ms. Greggs is adjunct faculty at Edison State College where she teaches psychology and education courses. She is also Nationally Certified School Psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.**

From page 11

Human Trafficking Prevention

of human trafficking to all, to provide trainings for professionals and to develop programs and resources which can be shared with other organizations. ARTREACH is one of the programs which have been duplicated through Train The Training programs around the country and in Florida. ARTREACH paintings are reproduced in banner form which are often displayed locally or lent for display at awareness events or conferences around the country. A banner is made for each facility which hosts a program and postcards featuring the artwork and paintings which are used for training purposes.

HTAP is supported in part by local Zonta Clubs, St. Michael's and All Angels Church, Wells-Fargo, Eileen Fisher and the Southwest Florida Community Foundation and by generous donations from individuals in the Sanibel community. It currently operates from an office on Sanibel and one in Fort Myers. For more information, send an email to info@humantraffickingawareness.org or call 415-2635.*

To advertise in *The River Weekly News* Call 415-7732

SalusCare Board Of Directors Announced

SalusCare, the new not-for-profit formed by the merger of Lee Mental Health and Southwest Florida Addiction Services (SWFAS), has announced its inaugural Board of Directors for 2013-14.

Members of the governing Board of Directors were selected from each of the not-for-profit agencies. Officers are Marshall Bower, President and CEO of The Foundation for Lee County Public Schools, Inc., chairman; Lee County Tax Collector Larry Hart, vice chair; Attorney William Keyes, secretary; and Ed Kleinow, treasurer.

Other members of the Board of Directors are Sue Ackert; Mark S. Atkins, Lee Memorial Health System; Dena Geraghty, Lee County Dependency and Juvenile Drug Court; Dr. Judith Hartner, Lee County Health Department; Attorney Scot D. Goldberg, Goldberg, Racila, D'Alessandro and Noone; Dr. Madelyn Isaacs, Florida Gulf Coast University; Jim Reilly; and Geoff Roepstorff, Edison National Bank.

"The SalusCare Board is enthused about the future of this new not-for-profit organization that we believe will give our community what it needs most – a cohesive system of behavioral healthcare to address the needs of individuals with mental health and substance use issues," Bower said. "Our first year plan is to implement electronic medical records to



Marshall Bower

enable us to share information across campuses. When we do that, we can increase access points for care and serve more people in need of treatment."

The merger of the two non-profits was announced on July 1, forming the largest mental health and substance abuse treatment agency in Southwest Florida with an annual budget of just under \$30 million and 450 employees serving 17,000 patients per year.

SalusCare, Inc., is led by President and CEO Kevin B. Lewis with former Lee Mental Health Center President and CEO David Winters serving as Chief Administrative Officer (CAO).

For more information, visit www.SalusCareFlorida.org.*

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Salvation Army Announces 2013-14 Advisory Board

At its June meeting, The Salvation Army's local Advisory Board inducted seven new members, and the newly elected officers were installed.

The 2013-14 Salvation Army Advisory Board officers are well-known community leaders:

Chair William M. Blevins, Encore Bank
 Vice Chair Hank Hendry, Hendry Law Firm
 Secretary Georg Koszulinski, Koszulinski Group, Inc.
 Treasurer Stan Stouder, CRE Consultants
 The Advisory Board Chair, William Blevins, with the help of Majors Tom and Julie Loudon, Area Commanders for The Salvation Army of Lee, Hendry & Glades Counties, inducted the following new members:
 Nick Chlumsky, Wells Fargo Advisors, LLC
 Pastor Tito Gonzalez, First Assembly of God
 Ron Kraus, Kraus Foods
 Brad Miller, Interior Plant Scapes
 Stephen Page, Thermal Dynamics
 Daniel Regelski, Small Business Development Center at FGCU
 Sharon Thompson, Hughes, Snell & Co.

"The mission of The Salvation Army is to preach the Gospel of Jesus Christ and to meet human need without discrimination, and we're living in a time when the need is great," said Major Tom Loudon, Area Commander for The Salvation Army of Lee, Hendry & Glades Counties. "It is a tremendous blessing to have such committed individuals come alongside us to accomplish this mission. With the help of these new Advisory Board members, The Salvation Army will continue working every day to meet the needs of the most vulnerable in our community."

"The new board is excited about expanding the reach of The Salvation Army within our community," said William Blevins, Salvation Army Advisory Board Chair. "While the economy is getting better in Southwest Florida, there are many friends and neighbors that still need the services of The Salvation Army."

The Salvation Army local Advisory Board is an all-volunteer group, comprised of business people and civic leaders who provide advice and support. They are familiar with the organization's operations in the community and help by formulating plans for the improvement of the facilities and programs, and by making recommendations with respect to fundraising, community relations, program and expenditures. Advisory Board members serve as ambassadors for The Salvation Army in the local community.

The new members and officers join the following existing members of The Salvation Army's Advisory Board:

Joseph R. Catti, FineMark National Bank
 James D. English (retired)
 B. Pat O'Rourke
 Jerry Schmall, former program participant
 Don Strang, Sr., Strang Corporation
 Dr. William H. Truax (retired)

Life Members

Mayor Randy Henderson, City of Fort Myers
 Lloyd Hendry (retired)
 Tom Smoot, Jr. (retired)

Emeritus Members

Helen L. McClary (retired)
 E. Bruce Strayhorn, Strayhorn and Persons, P.L.
 Dr. Samuel Watkins (retired)

The Salvation Army brings help and hope to people experiencing homelessness, hunger, addiction and other major life challenges. The Red Shield Lodge, a 182-bed shelter, is located at 2400 Edison Avenue in Fort Myers. The comprehensive programs offered at the social services campus provide participants in-residence and from the community with skills that encourage self-sufficiency.

The Salvation Army Corps Community Center, which includes administrative offices, is located at 10291 McGregor Boulevard. Donations of clothing, furniture and household items are welcome at the Family Thrift Stores, which fully fund The Salvation Army's drug and alcohol rehabilitation program. The Thrift Store still makes house calls with a regularly scheduled route truck, and pickups can be scheduled at 337-0955.*

Alzheimer's Caregivers Support Meetings

The Alvin A. Dubin Alzheimer's Resource Center offers monthly support group meetings for caregivers throughout Lee County and neighboring areas. The caregivers support group meetings include an opportunity for caregivers to meet others who are facing similar challenges and to learn more about Alzheimer's disease and effective coping strategies. Select meeting locations feature a guest speaker as well as an informal time for sharing.

Fort Myers

Tuesday, August 13 at 2 p.m.
 Broadway Community Church
 3309 Broadway Avenue
 437-3007
 Wednesday, August 14 at 9:45 a.m.
 Westminster Presbyterian Church
 9065 Ligon Court
 437-3007
 Wednesday, August 28 at 9:45 a.m.
 Westminster Presbyterian Church
 9065 Ligon Court
 "Stress and Caregiver Wellbeing"
 Speaker: Mary Freyre, RN
 Dubin Alzheimer's Resource Center
 437-3007
 Wednesday, August 21 at 10 a.m.
 Fort Myers Congregational United Church of Christ
 8210 College Parkway
 437-3007
 Tuesday, August 22 at 1 p.m.
 Dunbar United Way House
 3511 Martin Luther King Jr Blvd.
 437-3007

North Fort Myers

Thursday, August 22 at 2 p.m.
 Pine Lakes Country Club
 10200 Pine Lakes Blvd.
 3.5 miles north of Shell Factory on U.S. 41

437-3007

Cape Coral

Thursday, August 1 at 2 p.m.
 Gulf Coast Village
 1333 Santa Barbara Blvd.
 437-3007

Thursday, August 15 at 2 p.m.

Gulf Coast Village
 1333 Santa Barbara Blvd.
 437-3007

"Stress and Caregiver Wellbeing"
 Speaker: Mary Freyre, RN
 Dubin Alzheimer's Resource Center
 437-3007

Pine Island

Thursday, August 1 at 10:30 a.m.
 Pine Island United Methodist
 5701 Pine Island Road, Bokeelia
 437-3007

Lehigh Acres

Monday, August 5 at 2 p.m.
 Lehigh Acres United Way House
 201 Plaza Drive, Suite 3
 "Stress and Caregiver Wellbeing"
 Speaker: Mary Freyre, RN
 Dubin Alzheimer's Resource Center
 437-3007

Monday, August 19 at 2 p.m.
 Lehigh Acres United Way House
 201 Plaza Drive, Suite 3
 437-3007

Bonita Springs

Monday, August 26 at 10:30 a.m.
 Hope Lutheran Church
 25999 Old 41
 437-3007

Sanibel

Wednesday, August 28 at 1:30 p.m.

Sanibel Congregational United Church of Christ
 2050 Periwinkle Way, Sanibel
 437-3007

Labelle

Wednesday, August 7 at 1 p.m.
 First Christian Church
 89 Ford Avenue, Labelle

437-3007

Punta Gorda

Thursday, August 8 at 2 p.m.
 The Palms of Punta Gorda
 2295 Shreve Street, Punta Gorda
 437-3007*

CPR Training

American Heart Association BLS CPR Training will be offered in Lehigh Acres. Stella Toomey of On The Spot CPR Training will offer two-year American Heart Association BLS CPR certification training at the Lehigh Acres Veterans Park Recreation Center, located at 55 Homestead Avenue South. Preregistration is required and class size is limited to 12 students. The course is open to those ages 16 and up. Classes are offered once a month from 10 a.m. to 2 p.m. on Saturdays from August 17, 2013 through August 16, 2014. The registration fee is \$70.

In this classroom-based course using the newest AHA guidelines, healthcare professionals learn to recognize several life-threatening emergencies, provide CPR to victims of all ages, use an AED and relieve choking in a safe, timely and effective manner. Instructor-led format provides students with an enhanced learning environment, and video-based instruction ensures consistency. Additionally, the hands-on class format solidifies skills taught during the course.

The complete training schedule is as follows:

August 17, September 21, October 19, November 16, December 21,



Stella Toomey of On The Spot CPR Training

January 18, 2014, February 15, March 15, April 19, May 17, June 21, July 19 and August 16.

To make your reservation for training, contact Stella Toomey of On The Spot CPR Training at 560-4613 or email onthespotcprtraining@gmail.com. More information is available at www.onthespotcprtraining.com.*

dearPharmacist

Selenium Helps Hashimoto's And Grave's Disease

by Suzy Cohen, RPh



Dear Pharmacist: I have Hashimoto's thyroid disease, and my husband has Grave's. We are a perfect match because he makes too much and I make too little. Advice?

BL, Dallas, Texas

Your little thyroid is a small gland with a big function. Located at the base of your throat, your thyroid produces hormones that control your metabolism (as in fat-burning ability) and regulates the rhythm of your heart and your body temperature. That explains why you eat like a bird and gain weight, while your husband eats a horse and stays thin. People like that either have a healthy thyroid and good metabolism, or they have intestinal parasites!

Well, anyway, point is, one glitch in your thyroid and dangerous consequences can ensue, ranging from encephalopathy to heartbeat irregularities. Most people think hypothyroidism is strictly about fatigue, cold sensitivity and weight gain. But news flash: it causes misery head to toe. The opposite of hypothyroidism is hyperthyroidism, where excessive thyroid hormone is produced causing weight loss, rapid heartbeat and heat intolerance (and 100 more symptoms). Hyperthyroidism is often referred to as Grave's disease and auto-immune condition where the body attacks it's own thyroid gland. A goiter in the neck can occur. Whether you have hypo or hyperthyroidism, selenium is one trace mineral that may help. There are others which I've written about in the past (see my article archives).

Selenium has been shown in clinical trials to either slow the progression of or reduce symptoms of thyroid conditions, meaning any imbalance (hyper or hypo). Selenium is directly tied to the health of your thyroid gland, so discuss this mineral with your doctor.

Your precious stash of selenium may be mugged by... wait for it... your medication! Surprised? Well, unfortunately it's true. Your medicine might be crashing your thyroid over time, and this was cov-

ered in the selenium chapter in my book, *Drug Muggers*. Here are some common muggers of selenium:

- Acid reducing medications
- Antidepressants
- Corticosteroids
- Hormone-replacement therapy
- Birth control pills
- Breast cancer drugs
- Sulfonamides

If you take any of those, selenium supplementation may be critical for you. And just FYI, it's not just medicine, certain medical conditions and beverages affect selenium status. Recently, scientists discovered a certain gene is associated with thyroid cancer. This gene usually stops tumor growth, and when lifestyle factors turn it off in your body, thyroid tumors are more apt to grow. I'm approaching my word count, so if you'd like more details about thyroid disease, this cancer gene, how to switch it back on or anything else, sign up for my "health tips" newsletter at my website, in the banner, upper right-hand corner.

One more thing, selenium-rich foods include walnuts, tuna (not too much, mercury!), shrimp, eggs, cheese, turkey, beef and oatmeal. I like Brazil nuts because eating four per day gives you about 200 micrograms of selenium. Do not make

home-made Brazil nut milk like I did... you will overload!

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.dearpharmacist.com.**

From page 19

Read Around

Viva Florida 500 is the year-long multicultural commemoration of Florida's 500th anniversary, dating back to Juan Ponce de León's landing on Florida shores in 1513. Throughout 2013, communities across the state are participating in planned activities to commemorate Florida's unique heritage and cultural diversity. Locally, the Lee County Library System has scheduled an assortment of programs to highlight elements of Florida's treasured history and landscape. Reading enthusiasts are invited to round up the family and join the book discussions, excavations, archaeological presentations, poetry readings, storytelling activities and other programs on tap at library locations throughout the county.

The Lee County Library System serves Lee County with free books, downloadable e-books, digital content, Books-By-Mail, a bookmobile, e-sources, music and films, programs and meeting space. For more information, visit www.leelibrary.net or call 479-4636.*

Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

I am not the grandmother my family would like me to be, but I try to do my best.

For years, I devoted my time to our kids and their activities. We went to their games; their lives were the center of our focus, but now we think these retirement years are our time – time to have fun and enjoy and do the things we weren't able to do when we were raising kids. We are a part of the grandkids' lives, but not as involved as the parents think we should be. What do other grandparents do?

Aubrey

Dear Aubrey,

Recently, I read parts of a new book *The New Face Of Grandparenting* by Donald Schmitz, a former teacher who holds graduate degrees in education and human development. Schmitz talks about

the three varieties of grandparenting: First, been there done that; second, help when asked grandparents; and third, the parents forever grandparents.

My personal experience, and with friends, some are so involved they want to micro-manage their grandchildren's lives and make up to them what they did not do or regret not doing for their own children. Others are less involved and don't want to interfere, then others are so fed up with their own kids and the grandchildren, they now want a totally different life. Time to do the things they couldn't do before. We all probably fall somewhere in between.

It seems that so many adult children are shocked when their parents don't act like they did when they were in their 40s and don't seem to realize their parents are in their horizon years and have different emotional needs.

Lizzie

Dear Aubrey,

The role of grandparent can take on very different shapes. What I think is important is that the role of grandparent remain flexible and meets the needs of everyone, including the person in the grandparent role. Not all grandparents want or can be a grandparent for a variety of reasons. Not all adult children can or want their parents involved with their children for a variety of reasons. Not all children want or can have their grandparents around.

You and your family need to determine the grandparenting expectations. At first blush, it is great to have grandchildren that want you around and adult children that want you around as well. That is something very good to work with. So work with it and enjoy family time as well as free retirement time.

Pryce

*Lizzie and Pryce's email address is momandmeaging@hotmail.com.**

Our email address is
press@riverweekly.com

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First Presbyterian Church members Harriet Hart, Sheryl deJong and Ruth Moon sell cookbooks with a special recipe from the family of Sam Galloway, Jr.



Jenna Mann accompanies Arts Grande Dame Barbara B. Mann to A Midsummer Night's Sing



Local philanthropist Berne Davis at A Midsummer Night's Sing



Matthew McRoberts, Roseanne Constantinople, Vonceil Franklin and James Franklin



Song Leader Doug Molloy with his wife Charity



Sam Galloway, Jr. with his mother-in-law Theresa Kellum and wife Kathy Galloway

From page 1

Midsummer Night's Sing

The popular event featured performances by pianist Barbara Peterson, organist Eddygrace Bernhard, Choral Director Rev. Roger Peterson, soloists Beth Winger, Dick Kuiack and Lalai Hamric, and the First Presbyterian Church Choir and Friends.

A Midsummer Night's Sing is the second of three hymn sings sponsored annually by the Galloway Family of Dealerships. The other two are Mrs. Edison's Hymn Sing in February and the Holiday Carol Sing in December. All three events benefit CCMI.*

Share your community news with us.
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or email press@riverweekly.com



Linda Rakos

Shell Point Earns Award

Shell Point Retirement Community's Hospitality Services Department received an award for Overall Excellence during National Nutrition Month 2013 from the Florida Dietetic Association.

Assistant Director of Hospitality Services Linda Rakos, RD, LD and Nutrition Services Manager Sandi Brower, DTR, accepted the award on behalf of Shell Point at the association's annual symposium held this month in Orlando.

"This award confirms our team's dedi-



Sandi Brower

cation to serving the residents of Shell Point," said Hospitality Services Director Al Slickers. "We are continually challenging ourselves to engage our residents with useful information about how dining choices affect health."

The Hospitality Services team organized a series of activities and presentations for residents during nutrition month and highlighted the healthy foods featured on the menu. Throughout the year, Rakos presents nutrition topics at the community's Health Connection seminars, and she is a regular contributor to the community's monthly *Shell Point Life* magazine and neighborhood newsletters.*

DID YOU KNOW

TRIVIA TEST

1. MATH: What is the length of the boundary of a closed plane figure?
2. ASTRONOMY: What is the sixth planet from the sun?
3. HISTORY: What was the native city of explorer Marco Polo?
4. GAMES: How long is a standard bowling lane?
5. ENTERTAINMENT: Which singer was the first to record a "Greatest Hits" album?
6. LANGUAGE: What is a mountebank?
7. U.S. PRESIDENTS: Who was Andrew Jackson's first lady?
8. GEOGRAPHY: What is the second most populous country in the world?
9. FAMOUS QUOTES: What Irish playwright once said, "If you cannot get rid of the family skeleton, you may as well make it dance"?
10. MUSIC: What 1960s pop music group featured singer Cass Elliot?

ANSWERS

1. Perimeter 2. Saturn 3. Venice, Italy 4. 60 feet 5. Johnny Mathis 6. A charlatan 7. Rachel Donelson Roberts Jackson 8. India 9. George Bernard Shaw 10. The Mamas and The Papas.

SPORTS QUIZ

1. In 2012, Matt Harrison tied the mark for most victories in a season by a Texas Rangers left-hander. Who else holds the record?
2. Who was the last Reds pitcher before Homer Bailey in 2012 to toss a no-hitter?
3. In 2012, Washington's Robert Griffith III had the fourth-highest passing yards (320) by a quarterback in his NFL debut. Name two of the top three.
4. Who succeeded John Wooden in 1975 as coach of the UCLA men's basketball team?
5. How many Conachers are in the Hockey Hall of Fame?
6. Who has won the most NASCAR Sprint All-Star Races?
7. Which of the two Williams sisters was the first to win a Grand Slam tennis title?

ANSWERS

1. Kenny Rogers won 18 in 2004. 2. Tom Browning tossed a perfect game against the Dodgers in 1988. 3. Cam Newton (42 in 2011), Otto Graham (34 in 1950) and Ed Rubbert (34 in 1987). 4. Gene Barrow, who went 52-9 in two seasons. 5. Three -- -- Charley Lione and Roy Conacher. 6. Jimmie Johnson, with four (2003, '06, '12 and '13). 7. Serena won the 1999 U.S. Open.

My Stars ★★★★★

FOR WEEK OF AUGUST 5, 2013

ARIES (March 21 to April 19) A long-time situation starts to move into a new phase. The question for the uncertain Lamb right now is whether to move with it. Facts emerge by midmonth to help you decide.

TAURUS (April 20 to May 20) A talent for organizing your priorities allows the Divine Bovine to enjoy a busy social life and not miss a beat in meeting all workplace and/or family commitments.

GEMINI (May 21 to June 20) What began as a dubious undertaking has now become one of your favorite projects. Your enthusiasm for it rallies support from other doubters-turned-believers.

CANCER (June 21 to July 22) Accept the help of friends to get you through an unexpectedly difficult situation. There'll be time enough later to investigate how all this could have happened so fast.

LEO (July 23 to August 22) Change is a major factor for the Big Cat through midmonth. Be prepared to deal with it on a number of levels, including travel plans and workplace situations.

VIRGO (August 23 to September 22) You might not like all the changes that have begun to take place around you. But try to find something positive in at least some of them that you can put to good use.

LIBRA (September 23 to October 22) A family member's unsettling experience could create more problems if it's not handled with care and love. And who's the best one to offer all that? You, of course.

SCORPIO (October 23 to November 21) It might not be the right time for you to start a new venture. But it's a good time to start gathering facts and figures so you'll be set when the GO! sign lights up.

SAGITTARIUS (November 22 to December 21) The sagacious Sagittarius should have no trouble deciding between those who can and those who cannot be trusted to carry out a workplace commitment.

CAPRICORN (December 22 to January 19) Surprise, surprise. It looks as if that one person you once thought you could never hope to win over to your side suddenly just might choose to join you.

AQUARIUS (January 20 to February 18) You might have to set aside your pride for now and accept a change that isn't to your advantage. Cheer up. There'll be time later

to turn this around in your favor.

PISCES (February 19 to March 20) Your creative self emerges as dominant through midmonth. This should help you restart that writing or arts project you've left on the shelf for far too long.

BORN THIS WEEK: You have a way of encouraging others by example to come out from the shadows and enjoy life to the fullest.

THIS WEEK IN HISTORY

- On Aug. 11, 1856, a hurricane hits Isle Derniere, a resort community on the Louisiana coast, killing more than 400 people. The storm first brought blinding and torrential rain, then storm surges and finally a tidal wave. Upward of 150 people were carried off with the wave, with some bodies ending up 6 miles away.

- On Aug. 6, 1890, at Auburn Prison in New York, the first execution in history by electrocution is carried out against William Kemmler. It didn't go as planned. With the first charge, the current failed. A second charge was required for two minutes before Kemmler was declared deceased.

- On Aug. 7, 1944, under the threat of Allied bombing during World War II, the German car manufacturer Volkswagen halts production of the "Beetle." Volkswagen, under the control of the British military, began turning out Beetles again in December 1945.

- On Aug. 5, 1957, rock 'n' roll television show "American Bandstand" goes national with teens dancing and rating records on a scale from 35 to 98. The show was broadcast from Philadelphia to 67 ABC affiliates across the country. Dick Clark was host, a slot he held for 27 years.

- On Aug. 9, 1969, members of Charles Manson's cult kill five people in movie director Roman Polanski's Beverly Hills, Calif., home, including Polanski's pregnant wife, actress Sharon Tate. Polanski was not the cult leader's intended target. Manson, an aspiring musician, chose the Polanski house because he had once unsuccessfully tried to get a recording deal from a producer who used to live there.

- On Aug. 10, 1978, three teenage girls die after their 1973 Ford Pinto is rammed from behind by a van and bursts into flames. It was known as far back as 1972 that the Pinto's gas tank, which sat behind the rear axle, was particularly vulnerable to damage by rear-end collisions.

- On Aug. 8, 1986, actor, writer and director Spike Lee's first feature-length movie, "She's Gotta Have It," opens in theaters around the United States. The movie launched Lee's career and established his reputation as an outspoken filmmaker who often tackled controversial subjects.

STRANGE BUT TRUE

- It was stand-up comedian Lenny Bruce who made the following sage observation: "All my humor is based on destruction and despair. If the whole world were tranquil, without disease and violence, I'd be standing in the breadline."

- You might be surprised to learn that a flamingo cannot eat unless its head is upside-down.

- While in the Capitol rotunda attending the funeral for Congressman Warren B. Davis in January 1835, President Andrew Jackson was the victim of an assassination attempt. Richard Lawrence, a 35-year-old house painter, pointed two revolvers at the president and fired. In an incredible stroke of luck, both weapons misfired, at which point President Jackson began to beat the man with his cane.

- The Dead Sea isn't actually a sea; it's a lake.

- It's been reported that the Paul Simon found the inspiration for his hit song "Mother and Child Reunion" in a chicken-and-egg dish he was eating in a Chinese restaurant.

- More than 60 percent of the 50 most common words in the English language contain three or fewer letters.

- Natives of Finland drink more coffee per capita than citizens of any other country in the world.

- The Hula Hoop fad swept the globe in the 1950s, but the toy did not find a warm welcome everywhere. In Indonesia, Hula Hoops were banned because they "might stimulate passion." China's official news agency called it "a nauseating craze," and the Soviets declared the toy to be "a symbol of the emptiness of American culture" (despite the fact that the Hula Hoop originated in Australia).

- Adult tuna have been known to swim up to 100 miles in a single day.

THOUGHT FOR THE DAY

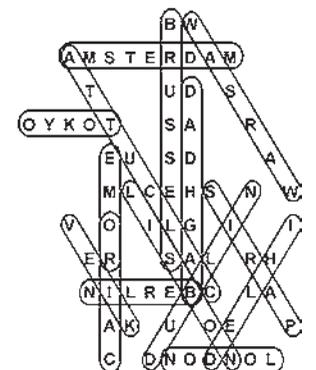
"I don't know anything about music. In my line, you don't have to." -- Elvis Presley

PUZZLE ANSWERS

C	H	I	C	O	E	T	C	H	O	S	A	G	E	T	S	O	S			
R	O	M	A	N	C	H	A	I	S	W	I	R	L	H	A	I	L			
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A RIVER RUNS THROU'GIT





Seared Florida Grouper with Snap Beans and Three Pepper Relish

4 six-ounce grouper fillets
 1 pound snap beans, snapped at the end that was attached to the vine and blanched
 3 bell peppers (red, yellow and green), diced small
 2 cloves fresh garlic, minced
 2 tablespoons fresh parsley, chopped
 1 cup low-sodium soy sauce
 Olive oil for cooking
 Sea salt to taste
 Fresh ground pepper to taste
 Pre heat a small sauté pan over medium-high heat. Add 1 teaspoon of oil to the pre heated pan. Add the diced peppers and garlic to the pan. Cook peppers and garlic until just crisp tender, 3 to 5 minutes. Season the pepper mixture to taste with salt and pepper and remove from the pan. Using the same pan, add the soy sauce and reduce by half. Once the soy sauce is reduced by half, remove it from the heat and set aside.

Pre heat a large sauté pan over medium-high heat. Add 1 tablespoon of oil to the preheated pan. Lightly season each grouper fillet with salt and pepper. Carefully add the fillets to the preheated pan. Cook fillets for 3 minutes on each side or until fish is just barely done all the way through. Remove fillets from pan and let them rest. Add the blanched snap beans to the pan used for the fillets. Cook snap beans until hot and lightly browned. Season the snap beans to taste with salt and pepper.



Seared Florida Grouper with Snap Beans and Three Pepper Relish

To plate up dish, add an even amount of snap beans to each plate. Place a grouper fillet over the snap beans. Garnish the top of each fillet

with the pepper relish sauté. Drizzle each plate with the reduced soy sauce. Garnish each plate with the chopped parsley.✪

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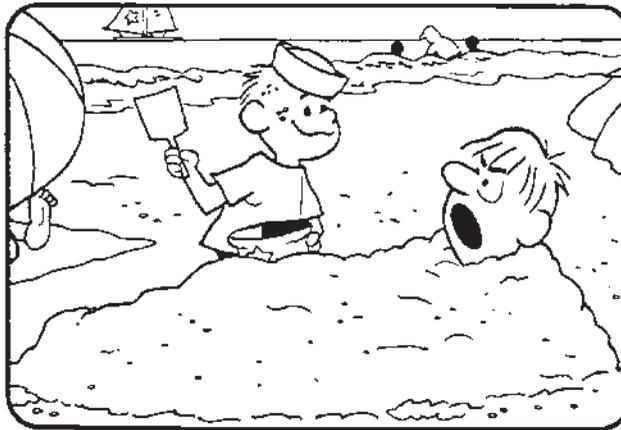
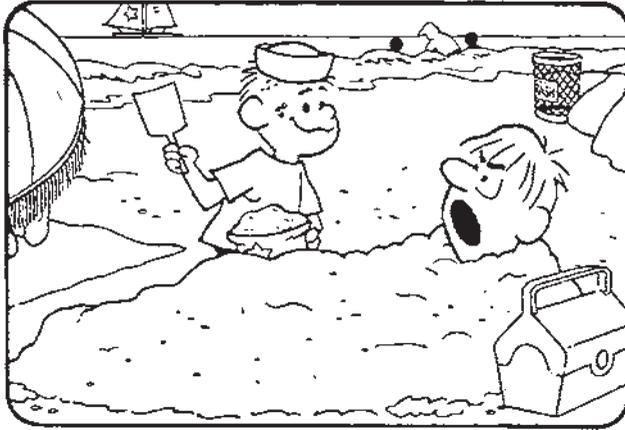
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FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS

Differences: 1. Fringe is missing, 2. Blanket is smaller, 3. Hat is moved, 4. Pants are empty, 5. Trash can is missing, 6. Cooler is missing.

PUZZLE ANSWERS

SUDOKU

6	2	4	7	1	9	5	8	3
1	7	5	8	6	3	2	9	4
9	8	3	2	5	4	1	7	6
7	9	1	6	3	8	4	2	5
8	3	2	5	4	1	7	6	9
5	4	6	9	7	2	8	3	1
3	6	8	1	2	5	9	4	7
2	5	7	4	9	6	3	1	8
4	1	9	3	8	7	6	5	2

SCRAMBLERS

solution

1. Remove;
2. Attain;
3. Scared;
4. Chance

Today's Word:

ANCHORMAN



"Hey, hon, guess what
they've canned now!"

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Delete

Acquire

Afraid

Fluke

TODAY'S WORD

answer on page 27

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*RS 8/2 CC 8/2

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*NS 8/2 CC 8/2



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*RS 7/26 NC TFN

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Island Sun NEWSPAPER Sanibel & Captiva Islands
THE RIVER WEEKLY NEWS FROM THE BEACHES TO THE RIVER DISTRICT DOWNTOWN FORT MYERS

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		4	1			8		
	7				3	2		
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		1	6				2	
	3			4				9
5		6			2	8		
		8			5			7
2			4	9		3		
	1			8			5	

SUDOKU

To play Sudoku:
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 27

Pets Of The Week



Cabella ID# 552848

photos by squaredogphoto.com

My name is Cabella and I was a lucky dog to be chosen to participate in the Cell Dog Program through the Lee County Sheriff's Office. While there, a special inmate became my handler. We did everything together! We walked together. We played together. I even slept in a crate right next to his cot. As a team, we both learned valuable lessons. I am house trained, leash trained and know voice commands. Would you consider giving me the loving home I deserve? I am two years old and my adoption fee is only \$25 (regularly \$75) during Animal Services' There's No Place Like Home adoption promotion.

They call me Tiptoe and I was only two weeks old when I came to the shelter with my littermates. We went to a wonderful foster home where we learned to be sociable, loving little kitties. My foster mom says I'm outgoing and playful and will make an excellent lap kitty. If you want cute and lovable, I'd be perfect! My adoption fee is only \$10 Animal Services' promotion.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 11:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive, Fort Myers, next to the Lee County Sheriff's Office, off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.*

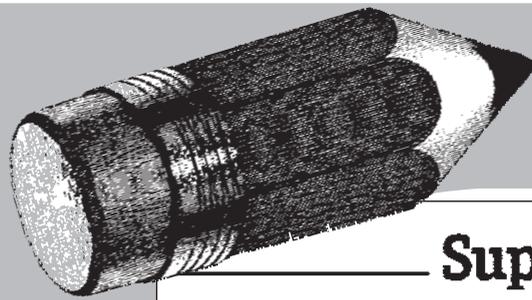


Tiptoe ID# 566462



Emergency.....	911
Lee County Sheriff's Office.....	477-1200
Florida Marine Patrol.....	332-6966
Florida Highway Patrol.....	278-7100
Poison Control.....	1-800-282-3171
HealthPark Medical Center.....	1-800-936-5321
Ft. Myers Chamber of Commerce.....	332-3624
Foundation for Quality Childcare.....	425-2685
Ft. Myers Beach Chamber of Commerce.....	454-7500
Fort Myers Beach Library.....	463-9691
Lakes Regional Library.....	533-4000
Lee County Chamber of Commerce.....	931-0931
Post Office.....	1-800-275-8777
Visitor & Convention Bureau.....	338-3500
ARTS	
Alliance for the Arts.....	939-2787
Art of the Olympians Museum & Gallery.....	332-5055
Arts For ACT Gallery & Studio.....	337-5050
Art League Of Fort Myers.....	275-3970
Barbara B. Mann Performing Arts Hall.....	481-4849
BIG ARTS.....	395-0900
Broadway Palm Dinner Theatre.....	278-4422
Cultural Park Theatre.....	772-5862
Edison Festival of Light.....	334-2999
Florida Repertory Theatre at the Arcade.....	332-4488
Florida West Arts.....	948-4427
Fort Myers Symphonic Mastersingers.....	472-0168
Gulf Coast Symphony.....	489-1800
Harmony Chorus, Charles Sutter, Pres.....	481-8059
Naples Philharmonic.....	239-597-1111
The Schoolhouse Theater.....	472-6862
S.W. Florida Symphony.....	418-0996
Theatre Conspiracy.....	936-3239
Young Artists Awards.....	574-9321
CLUBS & ORGANIZATIONS	
Angel Flight.....	1-877-4AN-ANGEL
Animal Refuge Center.....	731-3535
American Business Women Association.....	357-6755
Audubon of SWFL.....	339-8046
Audubon Society.....	472-3156
Caloosahatchee Chapter DAR.....	482-1366
Caloosahatchee Folk Society.....	321-4620
Cape Chorale Barbershop Chorus.....	1-855-425-3631
Cape Coral Stamp Club.....	542-9153
duPont Company Retirees.....	454-1083
Edison Porcelain Artists.....	415-2484
Ft Myers UDC Chapter 2614	
(United Daughters of the Confederacy @.....	728-3743
Friendship Force Of SW FL.....	561-9164
The Horticulture and Tea Society.....	472-8334
Horticultural Society.....	472-6940
Lee County Genealogical Society.....	549-9625
Lee Trust for Historic Preservation.....	939-7278
NARFE(National Active & Retired Federal Employees.....	482-6713
Navy Seabees Veterans of America.....	731-1901
Paradise Iowa Club of SWFL.....	667-1354
Sons of Confederate Veterans.....	332-2408
Southwest Florida Fencing Academy.....	939-1338
Southwest Florida Music Association.....	561-2118
Kiwanis Clubs:	
Fort Myers Beach.....	765-4254 or 454-8090
Fort Myers Edison.....	694-1056
Fort Myers South.....	691-1405
Gateway to the Islands.....	415-3100
Iona-McGregor.....	482-0869
Lions Clubs:	
Fort Myers Beach.....	463-9738
Fort Myers High Noon.....	466-4228
Estero/South Fort Myers.....	898-1921
Notre Dame Club of Lee County.....	768-0417
POLO Club of Lee County.....	477-4906
Rotary Club of Fort Myers.....	332-8158
Sanibel-Captiva Orchid Society.....	472-6940
United Way of Lee County.....	433-2000
United Way 211 Helpline (24 hour).....	211 or 433-3900
AREA ATTRACTIONS	
Bailey-Matthews Shell Museum.....	395-2233
Burrough's Home.....	337-9505
Calusa Nature Center & Planetarium.....	275-3435
Edison & Ford Winter Estates.....	334-3614
Fort Myers Skate Park.....	321-7558
Imaginarium Hands-On Museum & Aquarium.....	321-7420
JN "Ding" Darling National Wildlife Refuge.....	472-1100
Koreshan State Historic Site.....	239-992-0311
Ostego Bay Foundation Marine Science Center.....	765-8101
Skatium.....	321-7510
Southwest Florida Historical Society.....	939-4044
Southwest Florida Museum of History.....	321-7430
True Tours.....	945-0405

If you would like your club/organization listed in The River Calling Card, phone 415-7732



BEACH CHAIR PASTIME

Answers on page 25

Super Crossword

LIQUID FUEL FOR SCHOOL

- ACROSS**
- 1 Brother of Harpo and Groucho
 - 6 Impress in stone
 - 10 Kind of orange or Indian
 - 15 General — chicken
 - 19 Like Cato
 - 20 Spicy tea
 - 21 Move spirally
 - 22 Greet loudly
 - 23 — flowing with milk and honey
 - 24 Lewis of track
 - 25 Winter song
 - 26 Unightly
 - 27 Start of a riddle
 - 31 I-80, e.g.
 - 32 Eternally, poetically
 - 33 Unduly
 - 34 Prefix for "ear" or "gold"
 - 36 Riddle, part 2
 - 45 A birdie beats it
 - 46 Yr. parts
 - 47 Voice mail prompts
 - 48 Run away to wed
 - 49 Riddle, part 3
 - 54 Pros at spinning LPs
 - 55 "Well, I'll be!"
 - 56 Widen, as pupils
 - 57 Vory long time unit
 - 59 Ogden's state
 - 61 Prefix with conservative
 - 64 1983 Woody Allen film
 - 66 Jamb's place
 - 68 Rhode Island city
 - 71 Riddle, part 4
 - 76 Actor Pierce
 - 77 Rostrair
 - 78 Dr. Seuss' "The — the Hat"
 - 79 Kind of milk
 - 80 — me tangere
 - 82 University mil. program
 - 84 Eight-armed cephalopods
 - 88 Skin blemish
 - 90 Debut on the NYSE
 - 92 Riddle, part 5
 - 94 Bird or plane
 - 97 Thrown
 - 99 City in Brazil, briefly
 - 100 Turf
 - 101 End of the riddle
 - 107 Nipper the dog's corp.
 - 108 Maintain the status —
 - 109 Start for existing
 - 110 Electrolysis particle
 - 111 Riddle's answer
 - 121 Sci-fi sights
 - 122 Sanders of baseball and football
 - 123 Seedy bar
 - 124 Innocent
 - 125 Griffin of talk TV
 - 126 Spin — (do some taletelling)
 - 127 Holiday preceders
 - 128 Like a pixie
 - 129 Get ready for surgery
 - 130 Emerson work
 - 131 Auto ding
 - 132 Winter vehicles
 - DOWN**
 - 1 Grumpy sort
 - 2 Golf target
 - 3 Apple type
 - 4 Baseless rumor
 - 5 At one's post
 - 6 Caesar's "Lo!"
 - 7 Bangkok cuisine
 - 8 Actress/singer Irene
 - 9 Jewish campus
 - 10 Academy Award nomination
 - 11 Waver
 - 12 Snobs put them on
 - 13 Boards, e.g.
 - 14 Singer Cass
 - 15 Dull, heavy sound
 - 16 Big cactus
 - 17 Crankcase attachment
 - 18 Devious
 - 28 Six, in Italian
 - 29 Whip mark
 - 30 Checking account lure
 - 35 Bakery loaf option
 - 36 Whizzed
 - 37 Cabby's car
 - 38 River in Kazakhstan
 - 39 Abbr. for someone with only one given name
 - 40 Flip out
 - 41 Arthur of tennis fame
 - 42 Bodily harm
 - 43 Liza Minnelli ex David
 - 44 Bullring bravo
 - 50 Labyrinths
 - 51 Austere
 - 52 Dependent
 - 53 "It's — for!"
 - 55 Slummy districts
 - 58 GI's refusal
 - 60 Author Seton
 - 61 Negative conjunction
 - 62 Hosp. sections
 - 63 Mel of baseball
 - 65 "This — time for jokes!"
 - 67 As — (henceforth)
 - 69 "— way did he go?"
 - 70 Calico horse
 - 71 Sit-ups' targets
 - 72 To's counterpart
 - 73 Kid's amuser
 - 74 Cause to err
 - 75 He debated with Obama
 - 81 Tulip relative
 - 83 "Comin' — the Rye"
 - 85 Kick out of office
 - 86 Map out
 - 87 "... and — it all again!"
 - 88 Alphabet-ending letter
 - 89 Baghdad native
 - 91 A single cent
 - 93 Stuffed — tee
 - 94 Christmas tree, often
 - 95 Satan
 - 96 Animator Freleng, a.k.a. "Friz"
 - 97 CBers' cops
 - 98 Dog's sound
 - 102 Dairy treat
 - 103 Like some grapes
 - 104 Be horizontal
 - 105 Des —, Iowa
 - 106 Standing by in readiness
 - 112 "Please reply" abbr.
 - 113 Actresses Carrere and Texada
 - 114 Israeli ring dance
 - 115 Almost half a dozen
 - 116 Cooking chamber
 - 117 Take 115-Down
 - 118 Prevalent
 - 119 Fervent
 - 120 YMCA part
 - 121 Sports arbiter

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18			
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107					108				109					110						
	111		112					113	114				115	116	117			118	119	120
121																				
125																				
129																				

King Crossword

ACROSS

- 1 Humpty's perch
- 5 — out (relax)
- 8 Applaud
- 12 Others (Lat.)
- 13 Mrs. McKinley
- 14 Helper
- 15 Dracula's ilk
- 17 Nasty
- 18 Before
- 19 Fellows
- 20 Reject disdainfully
- 21 Quid pro —
- 22 3, on the phone
- 23 Counterfeit
- 26 Spoke highly of
- 30 Met melody
- 31 Bliss
- 32 Italy's capital
- 33 "Oh, what a — we weave ..."
- 35 Underneath
- 36 Wrestling surface
- 37 Storefront sign abbr.
- 38 DJ's creation
- 41 Twosome
- 42 Ostrich's cousin
- 45 Tresses
- 46 Shortcircuits the ignition
- 48 Slave to crosswords?
- 9 Stead
- 10 Jewish month
- 11 Teller's partner
- 16 Don of radio fame
- 20 Vast expanse
- 21 Marshes
- 22 Parched
- 23 Cudgel
- 24 Man-mouse link
- 25 Martini ingredient
- 26 Spacecraft compartment
- 27 Scale member
- 28 Comedian Phillips
- 29 Morning moisture
- 31 Lustrous black
- 34 Remiss
- 35 Forehead
- 37 Starsky's pal
- 38 Perlman of "Cheers"
- 39 Simple
- 40 Gold digger's place?
- 41 Nickelodeon's explorer
- 42 Great Lake
- 43 Arizona city
- 44 Addict
- 46 Easter entree, often
- 47 Wall climber

DOWN

- 1 Greet silently
- 2 Winged
- 3 Key — pie
- 4 Once around the track
- 5 Migratory songbird
- 6 Biblical garden
- 7 Petrol
- 8 S'mores are often cooked over them

1	2	3	4	5	6	7	8	9	10	11
12				13				14		
15				16				17		
18				19			20			
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23	24	25			26			27	28	29
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36			37							
38	39	40			41			42	43	44
45					46			47		
48					49			50		
51					52			53		

MAGIC MAZE ● A RIVER RUNS THROUGH IT

A P M J G D A X B W V S Q N K
 I F D (A M S T E R D A M) I L A
 X V T Q T O M J U D H S F C A
 Y O Y K O T W U S A R P R N L
 J H F D B E U Z S D X V T A R
 Q O M K I M L C E H S I I N F W
 D B Z V Y O W I L G V I T R I
 Q O N L E R K I S A L H R H F
 D C A Z N I L R E B C X L A W
 V U S R Q A K O U N O E M K P
 J I H F E C D D N O D N O L B

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

- Amsterdam
- Cairo
- Kiev
- Rome
- Baghdad
- Calcutta
- Lisbon
- Tokyo
- Berlin
- Delhi
- London
- Warsaw
- Brussels
- Dublin
- Paris



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Doc Ford's Ft. Myers Beach

Doc Ford's Captiva



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 239.472.8311



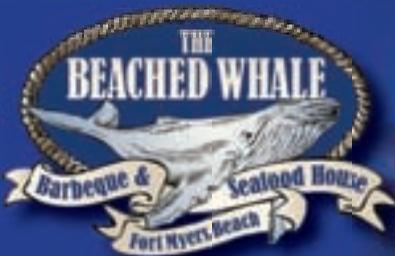
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