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THE RIVER WEEKLY NEWS

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Vol. 12, No. 7

From the Beaches to the River District downtown Fort Myers

FEBRUARY 22, 2013



This is an illustration of what a Greater Fort Myers Beach Area Chamber of Commerce "Bambi" might look like. A fundraiser is being held on March 19 to assist with the completion of the converted 16-foot Airstream, which will be used to provide tourist information on the beach

Mini Masters Fundraiser

Reservations are being accepted for individuals and teams to play in the inaugural Mini Masters Golf

Tournament on Tuesday, March 19 to benefit Buy A Bambi for the Greater Fort Myers Area Chamber of Commerce. Tee-time is at 4:30 p.m. at Jungle Golf, 17710 San Carlos Boulevard in Fort Myers Beach. Participants will report

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History Of Native Plants Exhibit

The Fort Myers Garden Council presents *La Florida The First 500 Years* on March 1 and 2. The public is invited to this historical presentation of native Florida plants. The exhibit is the only one of its kind south of Sarasota.

What has happened to native plants and people during the past 500 years of Southwest Florida's history? Find out by attending the historical presentation of plant evolution from the Calusa Indians through today.

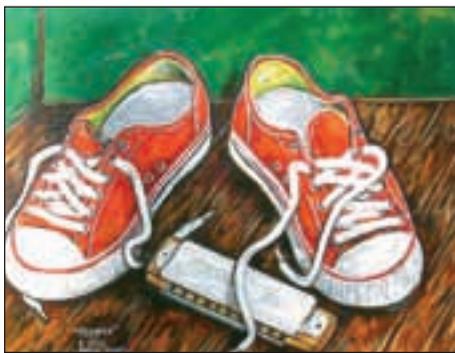
The presentation will depict the area's history from the Calusa Indians through the European discoverers, settlers, scientists and entrepreneurs like Edison, Ford and Collier. Railroads, resorts, vegetable and flower production, space travel and sports all added to the economy, and people continue to arrive from all over the world, both to work and to play. The show will tell Florida's story through these events and individuals, emphasizing the importance of plants.

Members of the garden council are hosting the show of displays, designs, plants and other educational exhibits. The various designs and horticulture exhibits

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Version of the bird of paradise flower

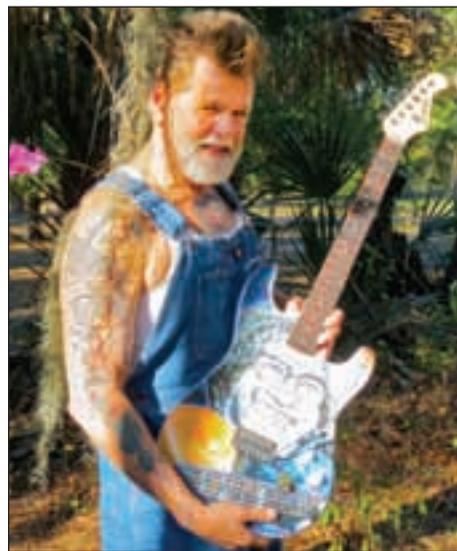


Painting by Lennie Jones

Arts For ACT Gallery Exhibit

Join Arts for ACT Gallery in downtown Fort Myers, on Friday, March 1 from 6 to 10 p.m. for the March opening reception and Art Walk. This month, ACT Gallery will feature artists Lennie Jones, Michael Pohlman and BA Mintz.

Art has always been a joyous part of Lennie Jones' daily life. Alongside music, it has continually filled his need for soulful expression and redemption. Jones typically begins his creativity time around 3 a.m. If studying or working on a specific musician's portrait or a song-themed piece, he prefers to listen to those particular inspirations while painting. Jones paints on an



Lennie Jones with a guitar he painted

old dark wood coffee table, no easel. "No studio for me; art is a lifestyle and a joyous part of my simple life, every day," he said.

Jones was selected as the event artist for the Telluride Blues & Brews Festival for fall of 2013. He was recently commissioned to create a portrait of Grammy Award-winning blues guitarist/songwriter Anders Osborne and was also commissioned to paint a portrait of country music's legendary musician, historian and TV host Marty Stuart for the new Museum

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The Burroughs Home

Tour The Historic Burroughs Home

One-hour living history tours of the historic Georgian Revival Burroughs Home Mansion, located at 2505 First Street in Fort Myers, are available Monday through Friday at both 11 a.m. and 1 p.m.

Reservations are requested but not required. Adult tickets are \$12; seniors are \$10; children six to 12 are \$5; and those five and under are free. Lunches can be arranged for groups of 10 or more. Free parking is available. The Burroughs Home is under the management of the Uncommon Friends Foundation.

Check the Burroughs Home website at <http://burroughshome.com/events.cfm> for additional information or call 337-0706 to make tour reservations.✧

Historic Downtown Fort Myers, Then And Now:

Fishtail Palm At Harvie Heitman House

by Gerri Reaves



Not only people and places – but plant specimens, too – have their place in Fort Myers history.

This towering fishtail palm was impressive enough to be featured on more than one postcard in Fort Myers' pioneer days. Such specimens touted the beauty and exoticism of the new subtropical frontier.

Vintage postcards, personal writings and even newspaper articles document the respect and affection early citizens felt for the town's trees: the huge, and somewhat rare, pecan tree felled to build the Bradford Hotel in 1905; the Royal Poinciana at First and Fowler that locals protested to save when a gas station was proposed in 1930; the date palm planted at the U.S. Army Fort Myers by Captain Winfield Scott Hancock in 1858.

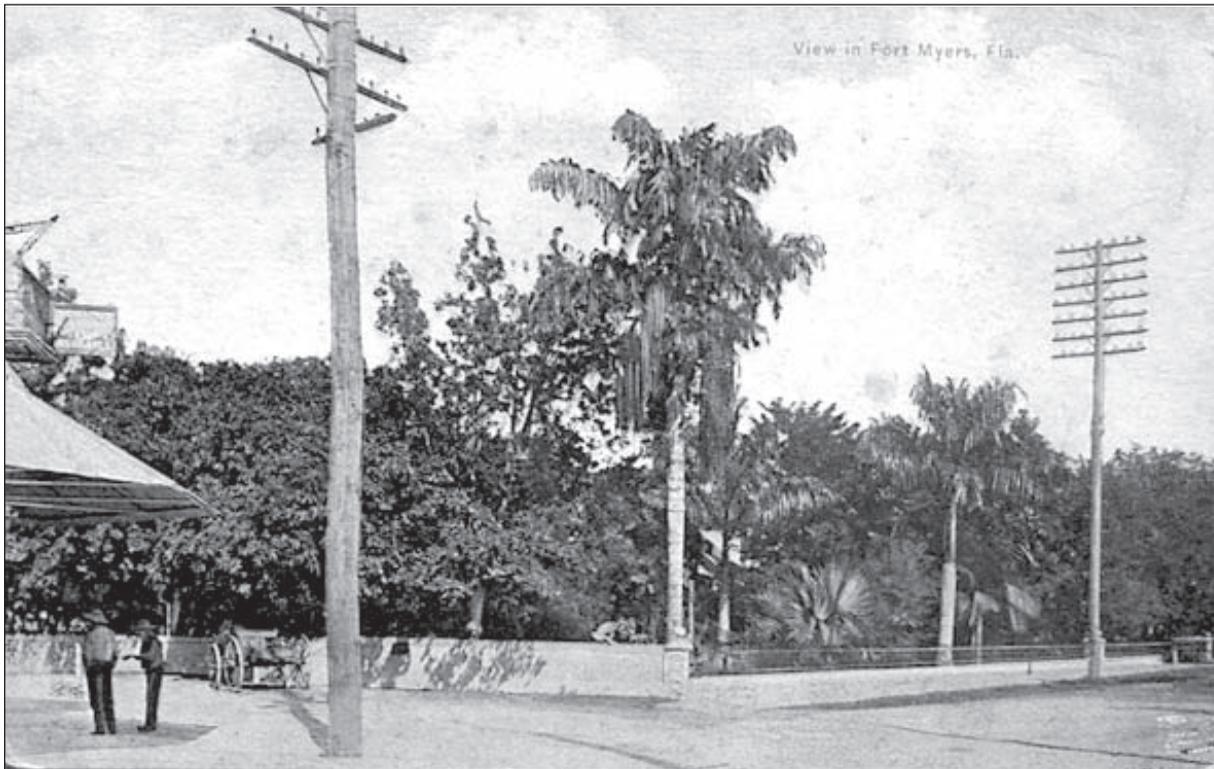
And, the live oak at the Lee County Courthouse, recently deceased.

Plants were more than tropical curiosities. Many people bought land in this area for agricultural or horticultural enterprises, among them citrus and mango groves, pineapple plantations and tropical nurseries.



The Sidney & Berne Davis Art Center now stands where tropical landscaping once reigned. The 1898 Heitman Building still stands on northwest corner at First and Jackson (left).

photo by Gerri Reaves



A fishtail palm on the Harvie E. Heitman property advertised Fort Myers' tropical beauty on a postcard circa 1911 courtesy of Southwest Florida Historical Society, Sara Nell Hendry Gran Collection

Most famously, Thomas A. Edison chose Fort Myers for his research specifically because of the unique climate and botanical possibilities.

The tree pictured circa 1911 stood on the Harvie E. Heitman property at the northeast corner of First and Jackson Streets. Judging from its size, the tree might have been alive when Heitman's yard was still part of the U.S. Army Fort Myers – pre-1865, in other words. The property was known for its lush landscape.

The awning and balcony of Heitman's 1898 store across Jackson Street is visible on the far left. Note the balcony sign advertising insurance and the unpaved streets in the heart of town.

A glimpse of the house is visible to the right of the palm's trunk. At the time of the photo, that house was the oldest structure in town. Built in the 1850s during the Third Seminole War, it had served as officers' quarters at the fort and subsequently as a residence for a roster of early settlers. Heitman was the last.

After Heitman died in 1922, his estate planned to build a luxury hotel on the site, but the economic fallout from the hurricane of 1926 and the 1929 stock market crash intervened.

Instead, the land was sold and the historic house was moved back toward the river, across Bay Street, to become the public library.

The property was cleared and the Works Project Administration built one of downtown's architectural treasures, which opened in 1933, the post office that today is the Sidney & Berne Davis Art Center.

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Fort Myers Public Art

Barbara Jo Revelle Mural



by Tom Hall

Everyone knows that Fort Myers got its start as an actual fort more than a century ago. But did you know that Fort Myers instigated the war that led to the deportation of

Chief Billy Bowlegs and his Seminole tribe to a reservation in Oklahoma? Or that Fort Myers was a Union stronghold in the Civil War that played a key role in hastening Lee's surrender to Grant at Appomattox? Or that a small but gallant regiment of African American soldiers repelled an attack by a Confederate force twice its size in the southernmost battle of the Civil War?

If not, you're not alone, and it's the reason that University of Florida photography professor Barbara Jo Revelle chose to shine a light on Fort Myers' early history when the federal government chose her to make a mural in 1997 for the federal courthouse being built on First Street in Downtown Fort Myers.

The mural is known as *Fort Myers: An Alternative History*. It towers 20 feet up the eastern façade of the federal



The Barbara Jo Revelle mural is located in the federal courthouse/Hotel Indigo courtyard

courthouse and stretches an astonishing 100 feet along the courtyard the federal building shares with Hotel Indigo, HOWL Gallery, Starbucks and Lush Bakery. Even more astounding, the mural consists of tiny one-inch-square ceramic tiles onto which Revelle printed an amalgamation of old photographs she unearthed and digitized during nearly two years of research into the town's beginnings in the mid-19th century.

To build the mural, masons had to use a master digital montage printout like the blueprint to an enormous jigsaw puzzle. Working on scaffolding, they first had to sandblast the precast concrete immediately prior to the installation to fully clean

the surface. Then they applied a thin layer of skim coat before bedding the tiles in thin-set latex-enriched Portland cement to prevent cracking in southwest Florida's torrid temperatures.

"Unfortunately, they applied it all over the compression joints built into the walls," notes Public Art Committee member William Taylor, who is taking stock of the condition of all of the city's public artworks. "The rows of tile over each joint are ready to pop off," Taylor reported to the PAC last month. As yet, a repair plan is yet to be formulated.

But the defect in workmanship does not gainsay the importance of the mural in helping to explain our early history to

both longtime residents and newcomers, who are equally eager to know more about the people and events that helped build Fort Myers into the city it is today.

"Fort Myers is so much more than Thomas Edison, Henry Ford and Harvey Firestone," insists True Tours' Gina Taylor, who regularly shares fascinating stories like the ones embedded in the sepia-toned ceramic tiles of the Barbara Jo Revelle mural.

An arts advocate, Tom Hall guides weekly walking tours of the River District's public art collection in Fort Myers. For more information, go to tru-etours.net.✪

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League Of Women Voters March Meeting

The League of Women Voters of Lee County will meet on Saturday, March 2 from 10 a.m. to noon at the Hilton Garden Inn, 12601 University Drive in Fort Myers (corner of Summerlin and College Parkway).

Join the League of Women Voters for a discussion of the evolution of women's roles in society during the past five decades. The focus of the discussion will center on contradictions in cultural expectations of women's roles within the home, socially and in the workplace, and how the challenges of working through these contradictions set the stage for both cultural and legal changes in subsequent decades.

League members and the interested public should make reservations by calling 462-3444 or e-mail carolbf@centurylink.net. Cost to attend the breakfast is \$10. Student rates are available.

For more information, contact Sandy Frank, League of Women Voters' Director of Programs at 415-7654. More details about the programs and issues of the League of Women Voters is available at www.lwv.org, www.lwvfla.org and www.lwvlee.org.



John Brown

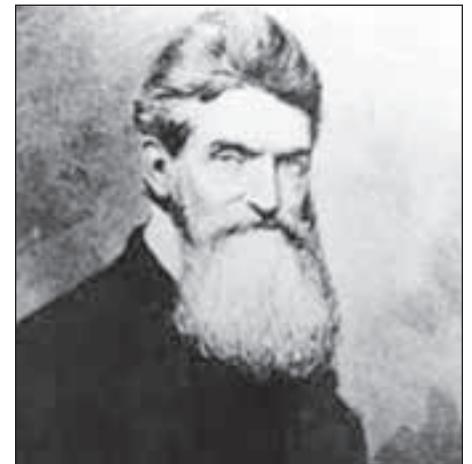
War Between The States Program

The Major WM Footman Camp #1950 Sons of Confederate Veterans Fort Myers invites you to a War Between the States program by guest speaker Dr. David Fieselman.

The subject will be John Brown's Raid - the Road to Secession. The program will be held at the Smoke'n Pit Bar B Que restaurant, 1641 N. Tamiami Trail, North Fort Myers on Saturday, February 23 at 12 p.m. Lunch is optional beginning at 11 a.m. For more information contact Commander Robert Gates at 332-2408.



Last moments of John Brown



John Brown

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From page 2

Fishtail Palm

Walk down to First and Jackson and ponder the history of one of downtown's most historic corners.

Then walk a few blocks to the Southwest Florida Museum of History to find out more about the multi-layered history of the old fort corner.

For information, call 321-7430 or go to museumofhistory.org. Hours are 10 a.m. to 5 p.m., Tuesday through Saturday.

Then indulge your curiosity about the history of local places, people and plants at the Southwest Florida Historical Society, one of the area's best research centers.

The all-volunteer non-profit organization is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts.

Contact the society at 939-4044 or visit on Wednesday or Saturday between 9 a.m. and noon.

Sources: The archives of the Southwest Florida Historical Society and *The Story of Fort Myers* by Karl H. Grismer.

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Fenway South Farmer's Market Adds Vendors

Ten additional vendors have joined the lineup of the weekly Farmer's Market at JetBlue Park at Fenway South, the Red Sox's 106-acre Spring Training and Player Development Complex, located at 11500 Daniels Parkway in Fort Myers.

Each Monday afternoon from 3 to 6 p.m., Fenway South Drive in front of JetBlue Park is host to the Fenway South Farmer's Market that includes local produce, cheeses, flowers, fresh pastas, seafood, baked breads, meats, herbs, organic vegetables, crafts, soaps, candles, ready-to-eat meals, live music and more.

Additional vendors include Red's Fresh Seafood & Tavern, Decorative Pillows, Euro Bakery, Fenway Ball Park Food, Harley-Davidson, Honey Buns, Ice Pops, Madam Mac, Naples Bread Company, Pitatopia, Psychic chic, Scent For Sense and Crochet hats.

"The vendors are very excited to be able to utilize the space and location of JetBlue Park to promote their locally produced products and wares to neighboring communities as well as the Boston Red Sox fans," said Betsy Ventura, who along with Jean Baer owns Local Roots, LLC and will run the market at JetBlue each Monday. "Farmer's markets have been growing in popularity, and this is the perfect time of year to shop local in the

open air and beautiful Florida sunshine."

Ventura and Baer also operate the Lakes Park and Sanibel Island Farmer's Markets.

"We are very excited that Lee County's newest open-air market is coming to JetBlue Park," said Katie Haas, director of Florida business operations. "This market is a great way to kick-off the Spring Training season and just another one of the unique ways Fenway South is being utilized for the Southwest Florida community."

Anyone interested in becoming a vendor or provide live entertainment can call 691-9249 or email jmbaer@comcast.net.

Estero Antique Appraisal Faire

Lunch, entertainment, and appraisals by Rich Gannon, all to support the restoration of the 1904 Estero Schoolhouse, will take place on Saturday, February 23 from 11 a.m. to 3 p.m.

The Estero Historical Society is proud to present an Antique Appraisal Faire which will be held at the historic houses in the Estero Community Park at 9200 Corkscrew Palms Boulevard, Estero.*

Lee County Band In Concert

The Lee County Community Band will offer something for every taste when it performs at Cape Coral High School on Sunday, March 10. This program, which begins at 3 p.m., is the fifth in a series of six free concerts the 60-member band will present this season under the direction of Richard Bradstreet. Emcee and vocalist is Norman Jones.

Programs typically include a mixture of light classical, jazz, old favorites, Broadway hits, spirited marches and seasonal music. March's lineup sets the mood for St. Patrick's Day with *Danny Boy*, to be sung by Norman Jones; plus *MacNamara's Band*, *An Irish Rhapsody* and *When Irish Eyes Are Smiling*. Jazz enthusiasts can look forward to *Satchmo!*, a tribute to Louis Armstrong, and classical music buffs will enjoy Rossini's *Overture to The Barber of Seville*. The band also will play a medley of Broadway hits by Rodgers and Hammerstein and marches by Fillmore and Sousa.

The remaining concert of the season is set for Sunday, April 7, also at Cape Coral High School starting at 3 p.m.

Band members are musicians from all walks of life - career musicians, amateurs and folks renewing skill from years past - who reside in Lee, Collier and Charlotte counties. Members also currently play in, or have played in, more than 140 orchestras and concert, jazz, circus, military

and community bands across the U.S., Canada and other countries.

For more information, visit www.leecountyband.org or call Norman Jones at 995-2097.

Cape Coral High School is located at 2300 Santa Barbara Boulevard just north of Veterans Parkway in Cape Coral.*

English Country Dancing Lessons

Learn the social dances of the 17th, 18th and 19th centuries at the Wa-ke Hatchee Recreation Center 16760 Bass Road, Fort Myers. Call for driving directions. Dress is casual, wear flat shoes with non-slip soles.

Partners are not necessary and beginners are welcomed.

There will be live music and it is family friendly.

For more information call Gillian Carney at 603-9828, email fortmyersdancers@hotmail.com or visit www.dancefl.us/eccd/FtMyersECD.shtml.

Lessons are Tuesdays, 6:30 to 8.30 p.m. (year round). Lessons are free after a one-time payment of \$10 which covers lifetime membership to Wa-Ke Hatchee Recreation Center.

For more information call 432-215 or visit www.leeparks.org/facility-info/facility-details.cfm?Project_Num=0246.

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HORTOONS



Greeters Club

Looking to make new friends and join in monthly activities? Attend the next luncheon meeting of The Greeters Club of Greater Fort Myers on Thursday, March 21 at Colonial County Club, 9181 Independence Way in Fort Myers. Cost to attend the luncheon is \$20, with reservations required.

Golisano Children's Hospital representatives Tracy Connelly, Senior Director of Development; Dan Fink, Chief Administrative Officer; and Dr. Emad Salman, Medical Director will facilitate a question-and-answer session about the Seahorse Dream Project fundraiser.

To join this dynamic group of women of Lee County, call Janet Gambuzza at 454-5750 or Marie Gaither 791-8966 or send an email to wmgaither@aol.com.*

Uplift Chess Tournaments

A chess tournament at Veterans Park Recreation Center is held every second Saturday of each month from 9 a.m. to 4 p.m.

All ages and skill levels are welcome.

The next tournament will be Saturday, March 9 from 9:30 a.m. to 4 p.m.

The price for open tournament is \$20 per person; the price for rated tournament is \$30 per person. Entrants must show current USCF identification to play. USCF memberships should be available at the event through Uplift Chess.

The events are at Veterans Park Recreation Center, 55 Homestead Road South in Lehigh Acres. Register and pay entry fees online at www.leeparks.org or at the front desk. For information call 369-1521 or contact DeWitt Green at upliftchess@yahoo.com or visit www.upliftchess.com.*

Lion Country Safari Bus Trip

Experience Florida's only drive-through safari and walk-through amusement park with the Kennedy Cruisers on Thursday, April 18.

Members of the Lake Kennedy Senior Center in Cape Coral will be communing with nature on a bus tour to Lion Country Safari in West Palm Beach. Participants will enjoy animal displays and encounters, feeding experiences, rides, shopping and more. Lunch will be available for purchase at one of the many vendors on site. Preregistration is required by April 11.

Cost is \$53 for members and \$58 for non-members. Call the Lake Kennedy Senior Center at 574-0575 for more information or to make reservations.*

Alva Community Center Programs

The Alva Community Center is offering the following programs:
Restful Yoga For Stressful Times

– Learn how to manage a calm and centered state through the ancient art of yoga. You can focus your attention away from stress into a relaxed state. No previous experience is necessary.

Sessions are held on Wednesdays from 9:30 to 10:45 a.m. through May 22. Advanced registration is required. Free.

Zumba – Combining high energy, motivating Latin and International music with unique dance moves, Zumba creates a dynamic, exciting and effective workout. Exercise should never be boring, and with Zumba, it's not! The Zumba instructor is Diana Centeno.

Class is held Monday and Wednesdays from 6:30 to 7:30 p.m. Walk-ins are welcome for \$5 per session, or sign up for a monthly fee of \$25.

For more information, call the Alva Community Center at 728-2882.*

Spring Fling

Come to Lake Kennedy as we fling into spring. Celebrate the season and experience the talents of Sally Langwah, an impressionist, singer and entertainer you won't want to miss. Sally's stage presence and versatility offers high-quality, high-energy Vegas, Broadway or Nashville performances featuring tributes to legends such as Marilyn Monroe, Mae West, Patsy Cline and Julie Andrews. Partake of an evening complete with raffles, giveaways, fabulous entertainment, fine food and friends.

The cost is \$5 per person. Lake Kennedy Center is at 400 Santa Barbara Boulevard, Cape Coral. The doors open

Inaugural International Women's Day

Lake Kennedy Center is presenting their inaugural International Women's Day on March 8, the date that this event is celebrated throughout the world each year. In different regions, the focus of the celebrations range from general celebration of respect, appreciation and love towards women to a celebration for women's economic, political and social achievements. The international theme for this year is the gender agenda-gaining momentum. In support of the international theme, the Lake Kennedy Senior Center celebration focus is women empowerment and encouragement. Event activities include a performance by the Heart and Soles Dance Team, a performance by singer Trese Hill, lunch, keynote speaker Lynn Schneider and a Draper's and Damon's fashion show. There will be a host of door prizes as well.

So gather all of your friends, family, Red Hat Ladies or Sorority Sisters and come celebrate women together. The cost is \$5 per person and preregistration is required. The Lake Kennedy Center is at 400 Santa Barbara Boulevard in Cape Coral. The doors open at 1:30 p.m. and the event takes place from 2 to 4 p.m.

For more information call 574-0575.*

at 6:30 p.m. and the show time in 7 p.m.

For more information call Lake Kennedy Center 574-0575.*

North Fort Myers Flea Market

The North Fort Myers Community Center, located behind the North Fort Myers Library at 2021 North Tamiami Trail, will be hosting their annual flea market outdoors – underneath two pavilions and on the football field – on Saturday, March 9 from 8 a.m. to 1 p.m.

Clean out your closets and turn your old stuff into cash. Six foot tables are available for \$10 each underneath the pavilions. Six foot spots are available for \$5 each on the football field only (you must provide your own tables). Take advantage of the crowds a community flea market can generate. Register early to guarantee your tables or spots.

Call 652-4512 to pay and reserve your tables or spots. Credit cards or debit cards are the only method of payment accepted. Table/spot rentals are non-refundable and non-transferable. There is no rain date for the flea market.

Call Jennifer or James at 652-4512 for more information.*



Bild 7 by Heidi Schmitz

Acrylics And Aquarelles: The Art Of Heidi Schmitz Opening

On Friday, March 1, the Sidney & Berne Davis Art Center presents a solo exhibition by German artist Heidi Schmitz, showing her acrylic and watercolor paintings. The Davis Art Center is located at 2301 First Street in the downtown Fort Myers River District.

In her hometown of Munich, Schmitz is a highly reputed member of the arts community and has impressed with many solo exhibitions. In 2009 and 2012, she had exhibits in the Orangerie, an old green house that has been turned into a famous exhibition hall in the English Garden in the center of Munich.

Schmitz's painting history goes back to the early eighties when she started with paintings on silk and porcelain. She has studied with various European artists, such as Bernhard Vogel, Gesine Frölich and Alexander Jeanmaire in Germany, Austria, Italy and the United States. She works in a variety of media, from watercolors to acrylics to mixed media.

In the mid-1980s, Schmitz did her first watercolor paintings, which were very realistic and detailed. Now her paintings go far beyond classical aquarelles, with different varnishes and glazes. Often, she uses watercolor pens and ink. She says, "Watercolor paintings are for me an excellent means to express and portray atmospheres and emotions." Thus, her aquarelles transport feelings and impressions rather than a photographic reproduction of an object. In order to achieve these effects she sprinkles and splashes with colors; she blurs objects while highlighting others. Her watercolors depict European landscapes, cityscapes and still lifes.



One of Heidi Schmitz's abstract paintings

In 2000, Schmitz found a new passion in acrylic painting. "The magic of abstract painting is to work with many different techniques and materials (e.g. coffee, tar or wax...). My ambition is to combine and unify colors and forms in one painting in

continued on page 9

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The annual Blessing of the Shrimp Fleet Festival in Fort Myers Beach is a family-fun event

Along the River

On Saturday, February 23, join Fort Myers car enthusiasts at the **Downtown Car Cruise-In**. Held on the fourth Saturday of every month, the event features vintage, modern and unique cars from 4 to 8 p.m. at 2282 First Street. The event is free to the public and all classic cars and show cars are welcome. For more information call 732-3836.

On Sunday, February 24, don't miss the annual **Blessing of the Shrimp Fleet Festival** at the seafood shrimp docks, Fort Myers Beach. The shrimp fleet owners have once again invited St. Raphael's by the Sea Anglican Church to host this year's event. The blessing will take place on at approximately 2:30 p.m. A Bishop of the Gulf Atlantic Diocese in the Anglican Church of North America has accepted the invitation to bless the Shrimp Fleet. The date for the blessing is scheduled by the shrimpers each year in accordance to the first full moon closest to Easter without being during Holy Week.

The Blessing of the Fleet is a favorite local celebration that brings visitors from all over. Vendor booths are open from noon to 5 p.m. providing fresh local seafood, arts and crafts, a shrimp-eating contest, live music, raffles, hay rides, a bounce house and other children's activities. The popular shrimp-eating contest begins at 1:30 p.m. Make sure you don't miss this fun tradition that brings folks from all walks of life together. For more information call 463-6487.

There is a beach party every day at **Nervous Nellie's Crazy Waterfront Eatery** in Fort Myers Beach. The casual, family-fun restaurant boasts a large selection of appetizers, fresh seafood, over-stuffed sandwiches and entrées. While relaxing on the outdoor patio, swing to the beats of live reggae, rock and island music. Just upstairs from Nellie's is **Ugly's Waterside Bar**, the place where everyone gets prettier. Enjoy happy hour all day, every day at Ugly's. Go to Nellie's website for a daily listing of the area's premier musical talent.

After lunch or before dinner, take a tour of the historic tall ship *Lynx*, America's



Sarita Saini at Studio B Salon specializes in the Indian tradition of eyebrow threading

Privateer ship, currently wintering at Nellie's Snug Harbour through March. Tours allow visitors to climb aboard and step back in time to relive history and feel the adventure of a vanished age of sail.

Whether you arrive by land or sea, parking for patrons of Nellie's and Ugly's is free. If you are traveling by boat, marine dockage is available at the Snug Harbour Marina with dock attendant's assistance. The GPS coordinates are 26°27'23.41" N • 81°57'15.18" W.

Ugly's Waterfront Bar and Nervous Nellie's Crazy Waterfront Eatery are located at 1131 First Street, Fort Myers. Call 463-8077 or go to www.nervousnellies.net.

Did you know eyebrows are one the most important features of the face? Think about it - how would you look without them?

To keep them looking their best, visit Sarita Saini, owner of **Permanent Makeup by Sarita**, who specializes in eyebrow threading.

Eyebrow threading is a very traditional practice of unwanted eyebrow hair removal in India, using a twisted cotton thread. Because of the narrow cotton and under expert hands, it is a precise and fast process. The rolled cotton thread is tied to form a circle and is held with two hands. It is then twisted and rolled over the area that one wants to rid of excess hair using quick and precise right movements. The action catches hair in between the thread and essentially pulls the row of hair it passes from the follicles or hair roots ensuring the cleanest smoothest area.

There are no chemicals or hot wax involved and the process is completely safe from chemical dangers and irritation and scalding hot wax that can leave sores and burns instead of beautiful brows. Threaded eyebrows retain their shape for two or more weeks. It can also be applied to all areas of the body, not only the eyebrows, but its precision is ideal for the delicate undertaking of eyebrow shaping, unlike waxing that uses pre-shaped stencils.

Saini also specializes in waxing, facials and permanent makeup. She learned the trade in her native India and enjoys sharing the traditions of her homeland with her loyal customers.

Permanent Makeup by Sarita is located at Studio B Full Service Salon, 15250 South Tamiami Trail, Fort Myers. Call 565-5039.✪

Art Association Juried Show

On Sunday, February 24, a new show opens at the Fort Myers Beach Art Association Gallery. This final judged show of the season will be judged by Edyi Lampasona who will be teaching a workshop at the gallery February 25-28.

The show is open only to members of the beach art association and kicks off with a painting demonstration by Lampasona at 4 p.m. that day. Guests are welcome to attend the demonstration from 4 to 6 p.m. at the gallery on Donora and Shell Mound. Fee for the demo is \$10 and refreshments will be served.

On March 3, at 1 p.m., Michele Buelow will give a gallery talk about the paintings displayed in this show. The reception will be from 2:30 to 4 p.m. and awards will be presented.

Georgia Reinmuth from sponsors Fish Tale Marina/Santini Marina Plaza will assist the chairman. The work will hang until March 14. Guests are welcome at

both events.

Concurrently, FMBA Studio II will host a show of the association's Outdoor Painting Group. All works displayed have been done on locations around the area.

The annual art bazaar will be on March 24 from 10 a.m. to 4 p.m. at Santini Marina Plaza and will be all original artwork by local artists. All proceeds from this event support the Fort Myers Beach Art Association Student Scholarship Awards. These awards are given to high school seniors pursuing a graduate degree in art and are awarded in April.

March classes and short workshops include:

Patty Kane, Loose & Juicy Watercolor, five-week class, Monday, March 4 through April 18;

Florence Zdanowitz - Batik, Thursday and Friday, March 7-8, \$105;

Penny Fox, Acrylic Painting, March 21-22, 9 to 11 a.m., \$20;

Brian Christensen, Palette Knife Painting, March 21-22, 1 to 4 p.m.

For more information on any association activity, go to www.fortmyersbeachart.com or call the gallery at 463-3909.✪

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Outgoing Commodore Pete Oiderma and Incoming Commodore Fern Toomey



The Bridge and Board of Directors of the Fort Myers Beach Yacht Club

Yacht Club Adds Bridge And Board

The Fort Myers Beach Yacht Club inaugurated its new Bridge and Board of Directors at their 59th annual Commodore's Ball on February 7. Eighty-two members and guests were in attendance. The festive ceremonies were held in the Vista Ballroom of the Lexington Country Club in South Fort Myers.

Outgoing Commodore Pete Oiderma was honored with verbal tributes for his superior leadership during his term of office in 2012. Following the honors, incoming officials were sworn in. They

include Directors Bob Ledel, Mary and Dick Suter, Secretary Carole Burns, Treasurer Len Ebright, Fleet Captain Sharon Fell, Rear Commodore Richard Johnson, Vice Commodore Don Czech, Commodore Fern Toomey and Outgoing Commodore Pete Oiderma.

The traditional Yacht Club Change-of-Watch ceremony was orchestrated by Master of Ceremonies and Member-in-Good-Standing Jack Dorn. After the ceremonies, dancing resumed to the melodious tunes of the local two-piece singing group Daz.

To learn more about the club, visit www.OurGroupOnline.org/FMBYachtClub or call Commodore Fern Toomey at 463-4194.✱

From page 7

Schmitz Opening

order to stress the tension and fascination of the painting," Schmitz said. Several layers of materials and forms provide the paintings with an extraordinary depth and expressive power. Each painting has its own center of gravity that is counterbalanced by lighter colors or forms. In the last two years, she has further enlarged the versatility of her art by painting on acrylic glass and dibond plates (the material commonly used for traffic signs).

Schmitz teaches art (acrylic and watercolor painting) in her studio in Munich as well as at the Peoples University of Munich. She also offers a lease program for her paintings under special circumstances.

The work of Heidi Schmitz is on display at the SBDAC from March 1 through March 28. There will be an invitation-only charity event on Tuesday, March 12. On that occasion, Mayor Randy Henderson, Jr. of Fort Myers will auction one of the paintings for the benefit of the SBDAC. The event is supported by the Miami German Consul General, the Southwest Florida Honorary Consul of Germany and the Southwest Florida European American Network.

For further information, visit www.heidi-schmitz.com or www.heidi-schmitz.de.✱

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SUNDAY 11:00AM-4:00PM

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Fort Myers South Kiwanis 2013 Officers Tom Thornquist and Kim Barrera

Kiwanis Elects New Officers

The Kiwanis Club of Fort Myers South held their installation banquet for the club's 2013 officers at Whiskey Creek Country Club. Awards were also given to club members for their support in service to the community.

The individuals that took office include Kim Barrera as club president, Todd Adams as secretary and Tom Thornquist as treasurer. Barrera is a production manager at Priority Marketing, Adams is president of Mills-Price & Associates and Thornquist is a retired accountant. Also, Kate Smiley of All Children's Outpatient Care of Fort Myers was inducted as a new club member.

The Kiwanis Club of Fort Myers South recognized George Myers to receive the prestigious George F. Hixson Fellowship Award. The George



Award winners George Myers and Rachel Toomey

F. Hixson Award is named in honor of the first Kiwanis International president. Rachel Toomey received the Walter Zeller Fellowship Award. The award is named after the Kiwanian who made the first donation to start the Kiwanis International Foundation in 1940. Tom Thornquist was selected as Kiwanis Club of Fort Myers South Kiwanian of the Year for 2011-12.

The club is looking for more service-minded individuals and business professionals who would like to make a direct impact on the community through volunteering. Meetings are held every Tuesday at 7:15 a.m. at Edison State College.

For details on joining the Kiwanis Club of Fort Myers South, contact Kim Barrera at 656-1740 or KBarrera@GraphicsAll.com. The club can be found on Facebook or online at www.fmskiwanis.com. ✨



Representatives from Supporting Independent Young Adults joined the Fort Myers South Kiwanis at their banquet. The Fort Myers South Kiwanis is a supporter of SIYA, a non-profit organization



New Kiwanis club member Kate Smiley and her husband, Scott



Gayle Taylor and Everett Shell



FEBRUARY & MARCH BOATING COURSES BY THE SANIBEL CAPTIVA SAIL & POWER SQUADRON

Join our February and March 2013 courses to increase your knowledge of boating safety, seamanship and technical subjects. Led by our experienced team of certified instructors.

Using VHF/DSC (2 hour seminar)

Basic Weather (2 hour seminar)

Boat Handling Under Power (2 hour seminar)

Basic Coastal Navigation (2 hour seminar)

Cruise Planning (4 classes over 2 weeks)

Marine Radar (2 hour seminar)

Partner in Command (2 hour seminar)

America's Boating Course (8 hour class)

- Our Basic Boating Safety Course
- Earn your Florida Boating Safety Card

Saturday, February 23 @ 10:00am *

Saturday, February 23 @ 1:30pm *

Saturday, March 9 @ 10:00am ***

Saturday, March 9 @ 1:30 pm ***

Tuesdays & Thursdays @ 9:00am* Beginning March 12**

Saturday, March 16 @ 10:00am* Requires Pre-registration**

Saturday, March 16 @ 1:30pm* Requires Pre-registration**

Saturday, March 23 @ 9:00am *

* Held at Sanibel Public Library, 770 Dunlop Road ** Held at SanCap Bank, 2476 Library Way

*** Held at The Landings - Helm Club, 4420 Flagship Drive, Fort Myers

To register visit <http://www.usps.org/localusps/sancap/education.shtml> or call Jack Purse, Squadron Educational Officer @ 239-233-7380



Summit Christian School Auction



Students enjoying snack time at Summit Christian School



Summit Christian School has two campuses, one in Fort Myers and one on Sanibel

On March 8, Summit Christian School will host its annual auction at the Dunes Country Club on Sanibel Island. The event begins at 6:30 p.m., at which time the silent auction will open. Throughout the evening, hors d'oeuvres, drinks and dessert will be served.

Summit Christian School has two campuses serving children in Fort Myers and Sanibel. It opened its doors in 1991 with six students in temporary buildings and has expanded to offer:

- A preschool for children two to four years old at Sanibel Community Church, voluntary pre-kindergarten (VPK);
- Preschool through eighth grade at the Fort Myers campus, a 15-minute drive off the island (10 minutes from the Sanibel causeway);

- Accreditation by Christian Schools of Florida, participation in VPK and the Corporate Tax Scholarship Program, financial aid for qualifying families;
- Certified teachers, Christian foundation, teaching the Bible and applying biblical truth; and
- Strong academic program of instruction, not driven by state testing but using a testing program based upon Florida State Standards.

Reservations for the annual auction can be made at the school office or by calling 482-7007. Tickets are \$20 per person and child care is available for ages five through 12.

Summit Christian School is located at 9065 Ligon Court, Fort Myers and at 1740 Periwinkle Way, Sanibel. For information about enrollment, call 482-7007 or go to www.summitchristianschool.org.

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Churches/ Temples

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2756 McGregor Boulevard, Fort Myers
Starting November 4,
two Services: 9 am and 11 am.
Adult Education Ethics Workshop: 10 am.
Reverend Dr. Wayne Robinson, Minister
(final year) 239-266-0900.
www.allfaiths-uc.org

ALL SAINTS BYZANTINE RITE CATHOLIC CHURCH

10291 Bayshore Rd., N. Fort Myers
Divine Liturgy is on Sun. at 10:30 a.m.;
Rosary begins at 10 a.m.
Lenten services (Presanctified Liturgy)
will be on Wed. evenings at 6 p.m. start-
ing on Feb. 22. Administrator is Very Rev.
Peter Lickman, ph. 305-651-0991. We
are a Church of the Eastern Catholic or
Byzantine Rite, 1.5 mi. east of Int. 75.

ANNUNCIATION GREEK ORTHODOX CHURCH

8210 Cypress Lake Drive, Fort Myers
Reverend Fr. George P. Savas
Orthros Service Sunday 9 a.m.
Divine Liturgy Sunday 10 a.m.
www.annunciation.fl.goarch.org
239-481-2099

BETH SHILOH

MESSIANIC SYNAGOGUE

15675 McGregor Boulevard, 437-3171
Rabbi: Judah Hungerman
Friday Service, 8 p.m., Saturday Service,
11 a.m. Shabbat School Saturday Morning,
Adult Hebrew Classes.
Call for information on full program.

BREAD OF LIFE MINISTRIES CHURCH OF GOD

16581 McGregor Boulevard, 267-3166
Just past the Tanger Outlet Mall
Pastor: Barry Lentz, 281-3063
Sunday Worship, 10:30 a.m.
Wednesday Bible Study, 7 p.m.

CHAPEL OF CYPRESS COVE

10200 Cypress Cove Circle Fort Myers
239-850-3943, Located at Cypress Cove
Retirement Center on HealthPark Campus
An ecumenical non-denominational com-
munity of believers.

Sunday Worship Service, 10 a.m.

Wednesday Bible Study, 7 p.m.

Reverend Ted Althouse, Pastor

revtedalthouse@aol.com

CHURCH OF THE CROSS

13500 Freshman Lane; 768-2188
Pastor: Bud Stephens; A nondenomina-
tional church emphasizing a personal rela-
tionship with Jesus Christ.
Sunday Service: 9:15 a.m. Traditional,
10:45 Contemporary.

COVENANT PRESBYTERIAN CHURCH

2439 McGregor Boulevard, 334-8937
Rev. Dr. Jeffrey DeYoe, Senior Pastor
Reverend David Dietzel, Pastor Emeritus.
Traditional Sunday service 10 a.m. Nursery
available

CYPRESS LAKE BAPTIST CHURCH

8400 Cypress Lake Drive, Fort Myers,
481-5442 Randy A. Alston, Reverend.
Sunday Services: Bible study, 9:45 a.m.
Morning Worship, 11 a.m., Evening
Worship, 7 p.m., Wednesday Prayer
Meeting, 6:30 p.m.

CYPRESS LAKE

PRESBYTERIAN CHURCH

8260 Cypress Lake Drive, Fort Myers,
481-3233; Clint Cottrell, pastor
Sunday services: 8 and 11 a.m. Traditional;
9:30 a.m. Contemporary; 9:45 a.m.
Children's Church K4J Kids for Jesus

CYPRESS LAKE UNITED

METHODIST CHURCH

8570 Cypress Lake Drive, Fort Myers,
482-1250

8 and 11 a.m. Sunday Traditional Service

9:30 a.m. Praise Service

Sunday School all times

FAITH FELLOWSHIP WORLD OUTREACH MINISTRIES

6111 South Pointe Boulevard, Fort Myers,
278-3638. Sunday Worship, 10:30 a.m.;
Voice of Faith, WCRN 13.50 AM Radio,
Sunday, 1:30 p.m.; Thursday Service, 7:30
p.m.; Friday Youth Service, 7:30 p.m.
Nursery care for pre-school children and
Children's Church for ages 5-12 available
at each service.

FAITH UNITED METHODIST CHURCH

15690 McGregor Boulevard

Fort Myers, 482-2030

Pastor: David Stauffer.

Traditional services 8:45 a.m.;

Contemporary, 10:30 a.m.

Go south on McGregor Boulevard. The
church is ½ mile past the intersection of
Gladiolus and San Carlos Boulevard on
the way to Sanibel.

FIRST CHURCH OF CHRIST, SCIENTIST

2390 West First Street, next door to Edison
Estates.

Sunday Morning Service and Sunday
School, 10:30 a.m.; Wednesday Evening
Testimony Meeting, 7:30 p.m. Child care
provided at all services. Visit our Reading
Room for quiet study at: 2281 First Street,
River District. www.time4thinkers.com,
www.christiansciencefortmyers.com,
www.christianscience.com

FIRST CHURCH OF THE NAZARENE

13545 American Colony Boulevard

off Daniels Parkway in the Colony,

Fort Myers, 936-2511

Pastor: Reverend Joey Brummett

Sunday School: 9:30 a.m.; Morning

Worship, 10:30 a.m.; Sunday Evening, 6

p.m.; Wednesday Family Night, 7 p.m.

FIRST UNITED METHODIST CHURCH

in the Downtown Fort Myers River District

2466 First Street, Fort Myers, FL 33901

239-332-1152, www.fumcftmyers.org

Sunday: 9 a.m. Contemporary Worship

9 a.m. and 10 a.m. Sunday School

9:45 a.m. Coffee Fellowship

10:30 a.m. Traditional Worship

5 p.m. Youth Program

FORT MYERS CHRISTIAN CHURCH

(DISCIPLES OF CHRIST) A STEPHEN

MINISTRIES CONGREGATION

5916 Winkler Road, Fort Myers, 437-4330

Reverend Mark Condrey, Pastor

Sunday Worship: 10:30 a.m.

Church School: 9:15 a.m.

FORT MYERS CONGREGATIONAL

UNITED CHURCH OF CHRIST:

8210 College Parkway, Fort Myers,

482-3133. Philip White, pastor

Morning Worship: 10 a.m.

Church School: 10:15 a.m.

Adult Forum: 11:30 a.m.

HOLY THEOTOKOS MONASTERY

111 Evergreen Road, North Fort Myers,

997-2846 Eastern Orthodox men's mon-
astery. Liturgical services conducted in

the English, Greek and Church Slavonic

languages, following the Julian (Old)

Calendar. Liturgical Services: Sundays and

Holy Days: The Third and Sixth Hours at

8:30 a.m.; Divine Liturgy at 9 a.m.

IONA-HOPE EPISCOPAL

CONGREGATION

9650 Gladiolus Drive, Fort Myers 454-4778

The Reverend Dr. John S. Adler, pastor.

Weekly services:

Saturday 5 p.m., Eucharist with Healing

Sunday 8 a.m., Holy Eucharist, Rite One;

9:30 a.m., Family Eucharist with Healing

and Church School

Tuesday 9:30 a.m., Morning Prayer (in

Spanish); Wednesday 9:30 a.m., Eucharist

with Healing. Child care available at

Saturday 5 p.m. and Sunday 9:30 a.m.

services.

JESUS THE WORKER

CATHOLIC CHURCH:

881 Nuna Avenue, Fort Myers, 481-1143

Masses Friday and Saturday, 7 p.m.;

Sunday, 8 and 10 a.m. and 6 p.m.

KINGDOM LIFE CHURCH

2154 McGregor Boulevard,

Fort Myers, 218-8343

Pastor Randy and Anita Thurman

10:30 a.m. Sunday Service

All are welcome.

LAMB OF GOD

LUTHERAN/EPISCOPAL CHURCH

Corner Cypress View Drive and Koreshan

Boulevard, Three Oaks area,

Fort Myers, 267-3525

Walter Fohs, pastor; Becky Robbins-

Penniman, associate pastor

Sunday worship services:

8 a.m. Early Grace Traditional

9 a.m. Awesome Grace Contemporary

10:30 a.m. Classic Grace Traditional

8:45 & 10 a.m. Sunday School God's

Group

NEW BEGINNINGS CENTER

New Home Church, 8505 Jenny Cae Lane,

North Fort Myers, 239-656-0416

Weekly Friday Meeting Meet & Greet: 6:30

p.m. Kingdom Teaching: 7 p.m. Fellowship

and refreshments after service. nbcmin-

istry@embarqmail.com, www.facebook.

com/nbcministry. Alex & Patricia Wiggins,

Ministers

NEW COVENANT EYES CHURCH

See Clearly. Meeting monthly at 9 a.m. at

the Elks Lodge. 1900 Park Meadows Drive,

Fort Myers, FL 33907. 239-220-8519

Pastor Alan Bondar

www.newcovenanteyes.com

Wear what you want, rockin' music, rele-

vant teaching, LIFT Kidz program, free cof-

fee & donuts, people who are real, church

that's actually fun.

NEW HOPE BAPTIST CHURCH

OF FORT MYERS

16120 San Carlos Boulevard, Unit 10

239-985-8503

9:45 a.m. Sunday School for all ages

11 a.m. Sunday Morning Worship.

7 p.m. Wednesday Evening Bible Study

NEW HOPE PRESBYTERIAN CHURCH

3825 McGregor Boulevard. Fort Myers

Pastors: Stu Austin and Howard Biddulph

8 & 9:30 a.m. Traditional Worship

11 a.m. Contemporary Worship

8, 9:30 & 11 a.m. Sunday School

Youth and Children's programming runs

concurrent to Sunday services.

Nursery care provided at all services

274-1230. For more information visit:

www.newhopefortmyers.org

PEACE COMMUNITY CHURCH

Meets at Ft. Myers Beach Masonic Lodge

17625 Pine Ridge Road,

Fort Myers Beach 267-7400.

Pastors Bruce Merton, Gail & RC Fleeman

Adult Discussion Classes: 9-10 AM

Countdown to Worship (praise music):

10:10 AM

Amazing Grace Worship: 10:30 AM

Phone 267-7400 Fax 267-7407

Web site: peacecommunitychurch.com

e-mail: peace1265@aol.com

PEACE LUTHERAN CHURCH

Saturday, Worship 5 p.m.

Sunday, Worship- 8 and 9:30 a.m.

Wednesdays during Lent soup dinner at

5:30 p.m., Compline Service at 7 p.m.

Peace is a member of the ELCA. We cel-

brate weekly communion with traditional

liturgy, organ and choir. 15840 McGregor

Blvd. Fort Myers, 437-2599, www.peaceft-

myers.com, peace@peaceftmyers.com

REDEEMER LUTHERAN CHURCH

3950 Winkler Ext., Fort Myers, 274-0143

8:15 and 10:15 a.m. Sunday Services

Daily early learning center/day care

RIVER OF LIFE ASSEMBLY OF GOD

21580 River Ranch Rd, Estero

239-495-0400

Senior Pastor: Todd Weston

8 and 9:45 a.m. Services;

11:30 a.m. Legacy Service, multi-genera-

tional

SAMUDRABADRA BUDDHIST CENTER

Meditation classes. All are welcome.

Guided meditations offering many meth-

ods for relaxing the body and focusing

the mind on virtuous objects to bring

increasing peace and happiness into

daily activity. For information, class times

and locations call 567-9739 or visit www.

MeditationInFortMyers.org.

SOUTHWEST BAPTIST CHURCH

16940 McGregor Boulevard,

Fort Myers, 454-3336

Robert G. Kasten, Pastor

Sunday Worship Service 11 a.m.

Nursery available

9:45 a.m. Sunday School for all ages

Junior Church grades one to five

Wee Church Pre-K to K

Evening Service 6 p.m.

Wednesday Service 6 p.m.

SAINT COLUMBKILLE

CATHOLIC CHURCH

12171 Iona Road, Fort Myers, off

McGregor and north of Gladiolus.

489-3973 Father Joseph Clifford.

Weekly masses:

Monday through Saturday 8 a.m.

Weekend masses: Saturday 3 and 5 p.m.;

Sunday: 7, 9, 11, and 5:30 p.m.

Reconciliation is available at the church on

Saturdays at noon and by appointment

SAINT JOHN THE APOSTLE

METROPOLITAN COMMUNITY CHURCH

3049 Mcgregor Boulevard, Fort Myers,

344-0012 Pastor Reverend Steve Filizzi

An Affirming & Inclusive Congregation

Sunday Services, 10 a.m. and 7 p.m.

Mid-Week Service, Wednesday 6:30 p.m.

SAINT MICHAEL LUTHERAN

CHURCH & SCHOOL (LCMS)

3595 Broadway, Fort Myers

239-939-4711, www.smlcs.org

Wednesday Fellowship: 5:30 p.m.

Dinner \$5, 6:15 p.m. bible studies

Worship: Saturday, 5:30 p.m.,

Sunday 8 a.m. and 10:45 a.m. with 9:15

a.m. adult and children's Bible Study, plus

marriage enrichment studies. Divorce Care

on Thursdays from 7

From page 12

Churches/Temples

THE CHABAD LUBAVITCH OF SW FLORIDA ORTHODOX
5620 Winkler Road, Fort Myers
Rabbi Yitzchok Minkowicz
433-7708, E-mail: rabbi@chabadswf.org
Web site: www.chabadswf.org
Services: Friday 6:30 p.m.; Saturday Kabbalah class 9 a.m.; Shacharit 10 a.m.; Kiddush at noon
Minyan: Monday and Thursday 7 a.m.

THE NEW CHURCH
The New Church of SWFL is located 10811 Sunset Plaza Circ. #401, behind Zoomers. Rev. Gabriella Cahaley officiates worship services on Sundays at 11 a.m. during the season. Other worship events are held on the beach in Fort Myers Beach. See our webpage <http://www.new-churchflorida.com/> or call for more information 239-481-5535.

THOMAS A. EDISON CONGREGATIONAL CHURCH
1619 Llewellyn Drive Fort Myers
Just off McGregor across from the Edison/Ford Winter Estates 334-4978
Senior Minister: Douglas Kelchner
Traditional Worship Sunday's 10:15 a.m.
Website: www.taecc.com

UNITARIAN UNIVERSALIST CHURCH FORT MYERS
13411 Shire Lane (off Daniels Parkway one mile west of I-75)
Minister: The Reverend Allison Farnum
Sunday services and religious education at 10:30 a.m.

For information on all church events call 561-2700 or visit www.uucfm.org.

UNITY OF BONITA SPRINGS
Family Service 10 to 11 a.m.
Healing Circle 11 a.m.
Hospitality and Fellowship, 11 a.m.

Inspiring lesson, uplifting and dynamic music, meditation in a loving environment. Service held at 28285 Imperial Street, Bonita Springs. Call 947-3100.

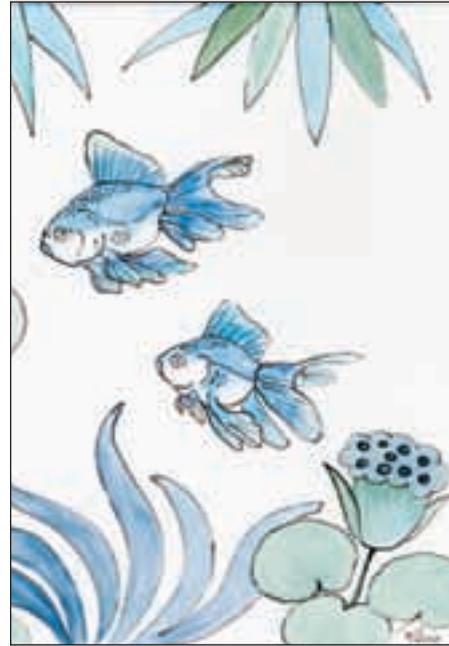
UNITY OF FORT MYERS
11120 Ranchette Road, Fort Myers
Winter services: Sundays at 9:15 and 11 a.m. Children's class at 11 a.m.
Reverend Jim Rosemergy, minister.
Our God is Love; our Race is Human; our Religion is Oneness.
www.unityoffortmyers.org or 239-278-1511

WESTMINSTER PRESBYTERIAN CHURCH
9065 Ligon Court, Fort Myers, across from HealthPark Hospital, 481-2125
Senior Pastor: Robert Brunson
Sunday Service: 9:30 a.m. Sunday School for all ages 11 a.m. Blended Worship
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Porcelain Artists Show and Sale



Blue Bayou tiles by Elizabeth Visco

On Sunday, February 23, the Edison Porcelain Artists of Fort Myers will hold their 41st annual show and sale from 10 a.m. to 3 p.m. The show is in Browning Hall at St. Hilary's Episcopal Church on the corner of McGregor Boulevard and Colonial Boulevard in Fort Myers.

First created by the Chinese over 1,300 years ago, finely decorated porcelain has long been coveted as a symbol of wealth and luxury. The show features traditional and contemporary hand-painted works such as table ware, vases, lamps, tiles, boxes and many other decorative and functional pieces for the home.

All designs are permanent, having been fired onto the porcelain at temperatures between 1,200 and 1,600 degrees Fahrenheit. Motifs include flowers, birds, landscapes, animals and fish in a variety of styles. China-painting supplies will also be available in addition to information about learning this fascinating art. Refreshments will be served, while door prizes and raffle pieces are offered.

Members of the Edison Porcelain Artists of Fort Myers meet the first Friday of each month, October through April, at the Alliance for the Arts, 10091 McGregor Boulevard, Fort Myers. New members are welcome.

To inquire about joining the club, go to www.edisonporcelainartists.org.*

Wednesday Morning Live!

Children In Crisis, presented by Raelyn Means, will be the subject of the next Wednesday Morning Live! lecture at Covenant Presbyterian Church. Means is Circuit Director for the 20th Judicial Circuit Guardian ad

continued on page 16



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Cold, Windy And Few Options



by Capt. Matt Mitchell

The strongest cold front so far this winter came through over the weekend dropping temperatures about as low as they go in our part of the world. Add to that more than a full day of

near-record rainfall a few days prior to the front and all but the most die-hard anglers stayed off the water for the majority of the week.

Even during periods of cold and windy weather it is still possible to have a comfortable and productive day on the water. If conditions are nasty, start by planning to stay within a few miles of the dock. Don't make any huge, open water runs that will get your passengers overly cold or - worse yet - wet and cold before they even get to wet a line. The more time I fish the more I realize most days you don't have to go that far to catch quality fish and luckily for me there are many great fishing spots there are within 10 minutes of the canal where I keep my boat.

Getting out fishing as a front approaches can make for some of the best action this time of year if you're willing to deal with increasingly rough conditions. Fish sense and feel the change in the barometer and generally feed hard

with approaching bad weather. This proved true at the first stop of a Saturday morning trip with only a few hours before the front arrived. We caught three quality snook in the 30-inch range and one 24 inch trout, all within about 30 minutes. Then the wind picked up and started gusting over 25 mph. The shoreline got too rough and unfortunately we had to move on.

We then spent some time bouncing around close to home trying to find another hot bite somewhere out of the wind. With the increasing wind our choices quickly got fewer and fewer. We struck out at a few more stops until we ended up in a well-known, very sheltered dead-end deep water creek in St. James City.

Windy days limit your options as an angler and reduce the places you can comfortably reach. That day I opted for a very short but rough open water crossing to get tucked away in the mangroves. The decision paid off and everyone stayed busy catching fish for the last hour or more of the trip. Though every other fish seemed to be a mangrove snapper, the little honey hole produced a great mixed bag of other species including trout, black drum, jacks, ladyfish and even a total bonus, a little tarpon.

Heading out on the next day on the backside of the cold front, I had very low expectations. With high temperatures only reaching the mid 50s and a persistent strong north wind, the day's fishing proved to be so much better than I expected. We found good action on red-fish, sheepshead and trout. The super low tide really had the fish bunched up and when ran into fish, the action was wide open at times, despite the conditions.

This drastic shift we experienced in the week's weather was really not such a bad thing. Going fishing on a weekend this time of year and seeing hardly any boats out was quite enjoyable. Even though the front brought less than ideal fishing conditions for several days, it should also help to break up and blow away the red tide that has been out along the beaches.



Richard Murray from Ohio with a baby tarpon caught and released last weekend while fishing with Capt. Matt Mitchell

It will also move our fish to where they should be this time of year.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmattmitchell@aol.com.

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Dave Doane

License-Free Days Ahead

With more than three million anglers in the state, it is likely you either know someone who fishes, or you are someone who fishes. Either way, Florida's license-free fishing days are the perfect venue to try your hand or introduce a friend to some of the finest fishing in the world.

During its February 13 meeting, the Florida Fish and Wildlife Conservation Commission (FWC) selected Saturday, June 1 and Sunday, September 1 as the 2013 saltwater license-free fishing days. On these days, the requirement to have a recreational fishing license is waived for Florida's residents and visitors while they are saltwater fishing.

The FWC offers four license-free fishing days a year: two saltwater and two freshwater. While the commission selects new saltwater license-free fishing days on an annual basis, freshwater license-free fishing days are set to the first Saturday in April and the second Saturday in June.

This year's freshwater license-free fishing days are Saturday, April 6 and Saturday, June 8. Use these days to catch the big one and get rewarded for it. Sign up for an FWC freshwater angler recognition program in advance at www.TrophyCatchFlorida.com and you will be entered into a drawing for a Phoenix bass boat powered by Mercury. If you catch, photograph and release a largemouth

bass heavier than eight pounds, you'll be eligible for great rewards or certificates for catching qualifying freshwater fish from among 33 exciting species in the program. The FWC will honor license-free freshwater fishing days as a legal exemption for fish caught on these dates.

To make these events accessible to as many people as possible, the FWC plans these dates around holiday weekends and national events.

This year's June 1 saltwater and the June 8 freshwater license-free days are during National Fishing and Boating Week. Highlighted by significant national media coverage and public events, this week promotes boating and fishing across the country as fun and healthy outdoor activities. In 2012, 37 states had at least one license-free fishing day during this annual event.

The September 1 saltwater license-free day falls on Labor Day weekend, when many families will be out on the water, enjoying one of the last big fishing weekends of summer. The ever-popular bay scallop season is also open to harvest on this date.

License-free days not only introduce new anglers to the lifetime sport of fishing, they also economically benefit the state as those three million anglers cited by the American Sportfishing Association's *Sportfishing In America* report, shop at tackle stores, purchase boat fuel and bait and travel to their favorite fishing hole. Some of this money even finds its way back to the FWC via

the U.S. Fish and Wildlife Service Sport Fish Restoration Program specifically to create more fishing and boating opportunities.

Go ahead and plan your fishing experience in advance. Ask friends to show you their favorite fishing spot. Get out the fishing poles for the kids (children under 16 are not required to have a fishing license year-round). Get ready to get into fishing in 2013.

Sailing School Supports Children's Hospital With Pledge To Sail Day

On Sunday, February 24, Steve and Doris Colgate's Offshore Sailing School invites sailors and would-be sailors to go sailing and learn about a new sailing club on Fort Myers Beach. In return, for rides and lessons with Offshore Sailing School instructors, participants are asked to contribute \$20 per person to the Golisano Children's Hospital of Southwest Florida Capital Campaign. Introductory one-and-a-half hour sailing sessions on the that date are scheduled for 9 to 10:30 a.m., 11 a.m. to 12:30 p.m., 1:30 to 3 p.m., and 3:30 to 5 p.m. Reservations must be made in advance by calling 454-1700. The Pledge to Sail donation can be by check (collected onsite before sailing) or online at <https://co.clickandpledge.com/advanced/default.aspx?wid>.

Based at the Pink Shell Beach Resort Marina on Fort Myers Beach at 275 Estero Boulevard, the new Offshore Sailing Club is designed for Offshore Sailing School graduates and sailing enthusiasts who don't own a sailboat or have access to sailing, and for those who want to start sailing but don't yet have the skills. A variety of instructional options and test sails for those who are not yet graduates of the school can be purchased along with club memberships.

For more information call 800-221-4326 or 454-1700, visit www.OffshoreSailing.com and click on Offshore Sailing Club or go to www.offshoresailing.com/offshore-sailing-club/florida-sailing-club.aspx. ✪

America's Boating Course

The San Carlos Bay Sail & Power Squadron, a unit of the United States Power Squadrons, will be offering America's Boating Course on Saturday, March 2, from 8:30 a.m. to 12:30 p.m. This course is recognized by the National Association of State Boating Law Administrators. The State of Florida recently passed legislation requiring anyone born after January 1, 1988 to have passed a safe boating course and obtain a Boating Safety Education ID card, which is valid for life, in order to operate a boat with more than 10 HP. Each student will receive a card/certificate from the Florida Fish and Wildlife Commission upon completion of the class. The course consists of two sessions on consecutive Saturdays. The second session will be on Saturday, March 9 also from 8:30 a.m. to 12:30 p.m.

Topics covered include hull design, docking, anchoring, handling boating emergencies, reading channel markers and many other topics to make each boating experience safer and more enjoyable. Successful completion of this course entitles the boater to six months free membership in a United States Power Squadron.

The cost of the course is \$40 with a \$20 cost for a second person sharing the instruction materials.

The course is being taught at the San Carlos Bay Sail & Power Squadron

Classroom located at 16048 San Carlos Boulevard at the corner of Kelly Road (across from ACE Hardware) in Fort Myers. Students can register online at www.scbps.com or call 466-4040. ✪

Introduction To Using GPS Class

The San Carlos Bay Sail & Power Squadron, a unit of the United States Power Squadrons, will be offering a class in basic GPS operation on Saturday, March 16 from 1:30 to 4:30 p.m. This class will be offered again in the summer.

The class is designed to introduce new users to GPS. The class will include discussions of marine navigation, how a GPS works and GPS limitations. There will be an extensive presentation on what a GPS can do and what a boater can do with GPS. For those interested in purchasing a GPS, you will understand what a GPS can do for you and some of the key features to look for as you shop for a GPS.

The cost of the class is \$30.

The class is being taught at the San Carlos Bay Sail & Power Squadron Classroom located at 16048 San Carlos Boulevard at the corner of Kelly Road (across from ACE Hardware), Fort Myers. Students can register online at www.scbps.com or call 466-4040. ✪



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Concert To Benefit Homeless Coalition And Food Pantry



Lee Community Youth Chorus

On February 23 at 3 p.m., the Lee Community Youth Chorus will present *Positively Joyful!* at the Unitarian Universalist Church, 13411 Shire Lane in Fort Myers. The concert will include guest appearances by popular community musicians and vocalists.

Lee Community Youth Chorus is a multicultural music education and per-

formance program for youth that fosters talent, confidence and community. It is made up of students from all over Lee County who do community service by performing concerts for charitable organizations. Come hear this talented group of kids as they sing all-time favorites. Sanibel resident Grace Kerns sings with the chorus.

Admission is a love offering and/or a can of non-perishable food at the door. All proceeds will be donated to the Lee County Homeless Coalition and South Fort Myers Food Pantry. For information call 941-866-1710 or email pianodorr@gmail.com.*

From page 13

Wednesday Morning Live

Litem Program, whose mission is to represent the best interests of children who have been abused, abandoned or neglected.

The one hour lecture begins at 10 a.m., with coffee and snacks served at 9:30 a.m. Admission is free and all are welcome to attend.

Covenant Presbyterian Church is located at 2439 McGregor Blvd. in Fort Myers. Call 334-8937 or visit infocovp-cfm.com for more information.

This will be the last lecture in the 2013 Community Lecture Series.*

Art Association Juried Show

On Sunday, February 24, a new show opens at the Fort Myers Beach Art Association Gallery. This final judged show of the season will be judged by Edyi Lampasona who will be teaching a workshop at the gallery February 25-28.

The show is open only to members of the beach art association and kicks off with a painting demonstration by Lampasona at 4 p.m. that day. Guests are welcome to attend the demonstra-

tion from 4 to 6 p.m. at the gallery on Donora and Shell Mound. Fee for the demo is \$10 and refreshments will be served.

On March 3, at 1 p.m., Michele Buelow will give a gallery talk about the paintings displayed in this show. The reception will be from 2:30 to 4 p.m. and awards will be presented.

Georgia Reinmuth from sponsors Fish Tale Marina/Santini Marina Plaza will assist the chairman. The work will hang until March 14. Guests are welcome at both events.

Concurrently, FMBAA Studio II will host a show of the association's Outdoor

Painting Group. All works displayed have been done on locations around the area.

The annual art bazaar will be on March 24 from 10 a.m. to 4 p.m. at Santini Marina Plaza and will be all original artwork by local artists. All proceeds from this event support the Fort Myers Beach Art Association Student Scholarship Awards. These awards are given to high school seniors pursuing a graduate degree in art and are awarded in April.

March classes and short workshops include:

Patty Kane, Loose & Juicy Watercolor, five-week class, Monday, March 4

through April 18;

Florence Zdanowitz -- Batik, Thursday and Friday, March 7-8, \$105;

Penny Fox, Acrylic Painting, March 21-22, 9 to 11 a.m., \$20;

Brian Christensen, Palette Knife Painting, March 21-22, 1 to 4 p.m.

For more information on any association activity, go to www.fortmyersbeachart.com or call the gallery at 463-3909.*

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From page 1

La Florida

presented by the members will be evaluated by nationally accredited judges. Awards will be announced on March 1 at the 5 p.m. opening. Informational booths will be provided by several affiliated plant societies.

The show will be held at the Eco-Living Center at Rutenberg Park, 6490 South Pointe Boulevard, Fort Myers. It is free and open to the public. Show hours are Friday, March 1, 5 to 8 p.m., and Saturday, March 2, 9 a.m. to 5 p.m. There is no charge for parking.*



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CROW Case Of The Week:

Florida Softshell



by Patricia Molloy

“**S**he is healing faster than any other turtle I have treated here at CROW,” said Dr. Heather.

As the largest of softshell turtles (often growing upwards of 25 inches), the Florida softshell (*Apalone ferox*) paradoxically has the smallest territory. The flat turtle with skin

covering its shell can be found in canals, streams, lakes and roadside ditches in Georgia, Alabama and South Carolina; most, however, reside in the Sunshine State, happily feeding on fish, insects and even water fowl.

The distinctive leathery skin covering their carapace (shell) allows the reptiles to absorb oxygen through their skin when underwater while also ridding their body of carbon dioxide. Additionally, their long, snorkel-like noses allow them to breach the surface of a body of water for a quick breath of fresh air.

Several weeks ago, a Florida softshell was found by the side of the road after being hit by a car. “She arrived with a depression fracture of the carapace, exposing the tender flesh below, and a bleeding laceration to the right hind toe. We took her to surgery and amputated part of her toe which took care of the bleeding. The surgery went well and she was ‘dry docked’ (kept out of the water) for a week,” said Dr. Aundria West, DVM intern. The wildlife vets flushed the wound on her carapace daily, but as a softshell, a patch cannot be placed over the defect as is often the procedure for hard shelled reptiles like gopher tortoise.



Of the 26 species of shelled reptiles found in Florida, 18 are fresh water turtles like this Florida softshell, CROW patient #0052

She was placed on a diet of Reptimin, a supplement that is high in protein and the essential vitamins and minerals that turtles require, which she ate with fish and shrimp. Additionally, she was given antibiotics and pain medications to combat her injuries. Dr. Heather added, “We also placed a plus-spectrum light on her [which more closely emulates natural sunlight than others] and increased the tank temperature and room temperature. I like to see them around 83 degrees because it really promotes an ideal speed of wound healing. As soon as her carapace is healing well enough, we will return her

to her home. I feel like she will heal even better in the wild.”

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

Guided Walks

A guided morning walk amongst the pines will take place on Pine Island, Saturday, February 23, from 9 to 10:30 a.m. at Pine Island Flatwoods Preserve. Meet in the parking lot at 6351 Stringfellow Road, St. James City

Pine Island is one of only a few locations in Lee County where naturalized Longleaf Pines are found. The tall, stately tree once covered 30 to 60 million acres of the southeastern United States coastal plain, but 200 years of



Pine Warbler

logging and land clearing have greatly reduced its range. Fire plays a major role in the development of this community and is essential to the survival of many of the plants and animals dependent on this habitat, the gopher tortoise being a primary example. A 1.12 mile trail will lead you through low-growing saw palmetto, abundant grasses and flowering plants all characteristic of a healthy plant community shaped by fire.

The degree of difficulty is moderate. Wear sturdy shoes or boots. Bring water, sunscreen, a hat (shade is scarce in some areas), binoculars and camera. There are no restrooms onsite. For any questions call 707-8251.

Provided in cooperation with Lee County Parks and Recreation. Tour and parking are free. For information visit www.conservation2020.org.

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Dollar weed is a native herb common in naturally wet or over-irrigated areas of a lawn

Plant Smart

Dollar Weed

by Gerri Reaves

Dollar weed (*Hydrocotyle umbellata*) is a native perennial herb common throughout Florida.

As the Latin name implies, the plant is water-loving and umbrella-shaped.

More flattering common names for this member of the carrot family include manyflower marshpennywort and whorled marshpennywort.

The circular, or orbicular, scalloped leaves are shiny and leathery, resembling small lily pads.

According to some sources, the leaves can be used as a salad green or potherb; however, other sources caution that the leaves might cause nausea in some people.

Dollar weed flourishes in moist or over-watered areas in lawns, the leaves usually reaching about the size of a half-dollar.

However, near ponds, rivers, or marshes, the leaves grow larger and the



Near bodies of water, dollar weed's leaves grow larger, so they resemble lily pads on long stems

photos by Gerri Reaves

stems longer.

Small white or greenish flowers appear in spherical clusters on short stems.

The plant spreads by long creeping underground or floating stems that can form dense mats. Leaves grow singly atop vertical stems attached to the leaf center.

When dollar weed crops up in a lawn, a homeowner has to decide: Edible pretty native groundcover, or a weed to eradicate?

If eradication is the goal, bear in mind that the enterprise might be time-consuming and costly. Pulling it out by hand

is easy, but be sure to remove all of the underground stems.

Even so, the opportunistic plant might come back. Less irrigation and proper drainage will make the area less inviting.

Another option is to just enjoy this maintenance-free volunteer.

Sources: plants.ifas.ufl.edu, plantbook.org, and wildflower.org.

*Plant Smart explores sustainable gardening practices that will help you create an environmentally responsible, low-maintenance South Florida landscape.**

Caring For Your Plants

Water Quality

by Justen Dobbs



Some plants are particular about the water they receive, some plants are not. Water can often play a role in the health of your lawn, trees, bushes and plants. Do you have quality water?

Do your plants live off rainwater instead of city water? In this article, I will go into some detail on the pros and cons of the different types of water we use here in South Florida.

Rain water is the healthiest and most optimal water for your plants to receive. After all, it is what most plants in the habitats around the world depend on and grow accustomed to. Rain water is distilled water, which means it is pure H₂O. It can pick up some contaminants along the way down, such as in smoggy areas around big cities, but for the most part it is clean, pure, cleansing and invigorating for all plant life. Rain water gains an added benefit when it comes down during a lightening storm because the charged particles in the air add nitrogen to the water. As this enriched water falls to earth, it waters and feeds the plants below at the same time. Nowhere on earth is this as commonplace as here in Florida because we are the lightning



Growers create trenches around palms to more effectively deliver rain water to their roots

capital of the world. Rain water should also be collected in bins and then used on your plants if you have time to do it this way. Just make sure to use it often so that it doesn't become a breeding ground for mosquitoes.

City water is the second best water you can use on your garden. City water plants have to maintain certain levels of mineral content to keep it safe for drinking and use in irrigation systems. City water usually contains trace amounts of chloride, magnesium and other salts that people and plants actually benefit from. These trace chemicals are not always found in our soil or the fertilizer that we

use, so they do benefit the living organisms that receive them. City water can get expensive to use in landscaping if you have a large yard to cover or lots of lawn. This is why a lot of homeowners opt to invest into a well system.

Well water, in my opinion, is the least ideal option for use on plants, grass and trees as it can contain high amounts of sulfites and other chemicals found in our water table. While these chemicals are not necessarily dangerous or harmful, they are not needed by plants and typically alter the pH of the soil. Additionally, well water usually has a foul odor and nasty taste. Some cities' water tables have



Poor water quality is negatively affecting this sensitive palm seedling

higher levels of sulfites than others, so you may want to look up the reports on your city before choosing to install a well.

Lastly, it is important to be responsible about your water use on your landscape, especially during the dry months. Keep up to date with the water-use regulations to avoid fines. Also, consider planting drought-tolerant plants to reduce your water use.

*Dobbs is a landscape architect in south Florida specializing in custom, upscale landscapes. He can be reached at seabreezenurseries@gmail.com.**



Ellen and John Sheppard with Cello Bennett



Celeste Borah, Carl Schwartz, and Wellington Ward

Art Exhibit Sales Support The Arts In Southwest Florida

Working in partnership with local artists, the Southwest Florida Community Foundation (SWFLCF) has raised nearly \$15,000 through its newest juried art exhibit's sales.

A share of the artworks' proceeds will be donated by the artists to the fund for the arts in Southwest Florida, which supports nonprofit art organizations in the area.

Among the pieces sold, four were Gale Bennett paintings that were donated by his widow and display curator Cello Bennett. These paintings sold during the Gale Bennett exhibition at the Community Foundation last summer. The paintings were *Force Red*, *River Flats 2005*, *Nocturnal Bouquet*, *A Special Place* and *Bouquet de Printemps*.

"We are inspired by the generosity of the local artists and the donors who have purchased their pieces," said Sarah Owen, president and CEO of the SWFLCF. "It is a great example of giving differently and making an impact on the community."

The next art open house will be held Friday, March 1 from 4 to 6 p.m. and will feature interactive classes with artist Doug MacGregor and Freida VanPelt, a legally blind art instructor at the Lighthouse of Southwest Florida. VanPelt will conduct a live demonstration and provide goggles that simulate being blind, for those who want to know how it feels to paint blind.

The open house will also feature artists Jane Geronime, Scott Guelcher, Liz Hutchinson, Phyllis Rieser, KP Stanchi and Barbara Wilson.

Located in the Community Foundation's public spaces at 8771 College Parkway, Building 2, Suite 201 in Fort Myers, the art exhibit includes pieces on loan and for sale from 32 local artists and one organization. These pieces range from photography and carved wood to textiles, fused glass and various sculptures, as well as traditional acrylic, watercolor and medium paintings.

The open houses are scheduled the first Friday of every month until August. For more information, call 274-5900 or visit www.floridacommunity.com*



Cheryl Garn, Sarah Edwardson, and Cello Bennett



Rusty Brown, Dawn-Marie Driscoll, and Teddy Sandoe



Cello Bennett and Robin Raneri



Ellen Sheppard, Margie Willis and William Richard

ArtFest Art Under 20 Winners

ArtFest Fort Myers awarded \$7,000 in prizes to Lee County high school students at the Art Under 20 Award Reception, held on the Edison State College campus, on February 12. Edison State College was the Presenting Sponsor of Art Under 20 at ArtFest Fort Myers 2013, as part of their mission to "...create an innovative education system which provides accessible educational pathways that prepare students to be enlightened and productive citizens."

At this season's Art Under 20, local high school students, from 15 Lee County high schools and three home schools, entered 323 pieces of artwork. The student art was exhibited at the fine art festival and was previewed by thousands of festival patrons. Art Under 20 judges, Kitty Tyler and Barbara Fewster, had the difficult task of selecting the winners from among many talented students.

Awards were given in the categories of Digital, Drawing, Photography, Painting, 3-Dimensional and Mixed Media. The cash award levels were \$900 for Best of Show, \$400 for First Place, \$200 for Second Place, \$100 for Third Place and \$50 for Honorable Mention. Festival attendees voted for the People's Choice winner, resulting in a \$300 cash award. Through the generosity of the Fewster family, the Fewster Family Scholarship Award was \$500.

Art Under 20 Award Winners, School Best Of Show: Brittany Ehlert, Island



Artwork from the Art Under 20 competition

- Coast High School
 Photography
 1st: Kenzie Hasten, Mariner High
 2nd: Annie Banion, Cape Coral High
 3rd: Rubi Landaverde, Island Coast High
 Painting
 1st: Crysta Oliver, North Fort Myers High
 2nd: Abbie Lewis, Canterbury School
 3rd: Valerie Hernandez, Cypress Lake High
 Drawing
 1st: Sammi Merritt, Cape Coral High

- 2nd: Alyssa Holmes, Cypress Lake High
 3rd: Suzie Shin, Canterbury School
 3-Dimensional
 1st: Antonio Velardi, North Fort Myers High
 2nd: Justin Devine, Cypress Lake High
 3rd: Ashlynn Barnes, Estero High
 Mixed Media
 1st: Jennifer Ros, Lehigh High
 2nd: Audrey Shapiro, Fort Myers High
 3rd: Danika Thiele, Bishop Verot High
 Digital
 1st: Nora Navarro, Mariner High

- 2nd: Emma Galeana, Canterbury School
 3rd: Tanner Mulling, Riverdale High
 People's Choice: Abbie Lewis, Canterbury School

Fewster Family Scholarship AWARD:
 Summer DeSalvo Estero High School

- Honorable Mentions:
 1. Marilyn Arias, North Fort Myers High
 2. Alexis Kochakian, Island Coast High
 3. Yue Chen, South Fort Myers High
 4. Phyllis Lee Canterbury School
 5. Jordan Blankenship Fort Myers High
 6. Devyn Ralverson, South Fort Myers High
 7. Katsiaryna Khatskevich, Mariner High
 8. Olga Pineda, Riverdale High
 9. Megan Tuscan Riverdale High
 10. Kylie Petrie, Mariner High
 11. Iris Rannou, Island Coast
 12. Rachel Cepeda, Estero High
 13. John Montero, Cypress Lake High
 14. Jennifer Rinella, North High
 15. Cassandra Gallagher, Riverdale High
 16. Kat Heites, Cape Coral High
 17. Maria Thrash-Davidson, Mariner High
 18. Demetrius Fandrey, Bishop Verot High
 19. Siboney Maranon, Cape Coral High
 20. Kymber Green, Riverdale High
 21. David Martinez, South Fort Myers High
 22. Amanda Holley, Riverdale High.*

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ArtPoems Returns To Foulds Theatre

The unique and collaborative ArtPoems returns to the Alliance for the Arts on Thursday, March 7. The trans-media poet and artist project is celebrating its seventh year. A group of 12 visual artists was paired with 12 poets, each receiving inspiration from the other to create new works to be presented on the night of the event.

Poets will perform their poems, sonnets, ballads, villanelle and free verse while the paired paintings, sculptures, photography and mixed media artwork are exhibited on stage and on the screen. Local musicians and Dance Alliance will accompany several of the ArtPoems presentations.

This year, visual artists Lucas Century (spiritual photography), Lawrence Voytek (sonic sculpture), Alicia Koyanis (fantasies in 3-D), Mary Ann Devos (jewelry) and Jan Palmer (photography) will join last year's collaborating artists, Peg Cullen, Cheryl Fausel, Sheila Hoen, Hollis Jeffcoat, David King, Andi McCarter and J.R. Roberts. New poets j.d. Daniels, Jim Gustafson and Pat Washington will join last year's poet team of Jim Brock, Dorothy Brooks, Carol Drummond, Sandy Greco, Joseph Pacheco, Marsha Perlman, Sid Simon, Larry Stiles and

Lorraine Walker Williams. The event begins at 7:30 p.m., which is preceded by a reception at 6:45 p.m. Tickets are \$10 at the door. Visit www.artpoems.org for more information.

The ArtPoems event will also be presented at BIG ARTS on Sanibel on Thursday, February 28 starting at 7 p.m.

The Alliance for the Arts is located at 10091 McGregor Boulevard, just south of Colonial Boulevard in Fort Myers.*

Celebrate The Music

Celebrate the Music at The Southwest Florida Symphony Society Designer Show House located in the enclave of St. Charles Harbor and Yacht Club, Ft. Myers. The 13,000 sq. ft. luxury residence showcases the design innovations of Luxury Home Solutions of Fort Myers and the Lee Chapter of the Interior Design Society. The public is welcome on March 8, 9, 10; March 15, 16, 17; March 22, 23, and 24. All dates are from 11 a.m. to 4 p.m. Admission at the door is \$20. All proceeds benefit the Southwest Florida Symphony Orchestra. For information call 418-0996.*



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MINUTES TO SANIBEL 13441 ALMOND CT.

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NEAR BEACH HOME IN EAST ROCKS

Enjoy lake views from this beautifully updated 3 bedrooms, 2 bathroom home with a completely renovated kitchen. All new flooring, paint, lighting and numerous other additions create a bright and inviting atmosphere. The large back deck leads to a beautiful pool and patio area, perfect for entertaining. The lower level also includes a 2 car garage, workshop, a poolside bar and plenty of storage. The expert landscaping adds to the great curb appeal. A very short stroll leads to Beach Access #2 and the wonderful Gulf of Mexico. **Offered for \$625,900. Contact Bob Berning at 239/ 699-9597 or Ken Colter 239/851-1357**



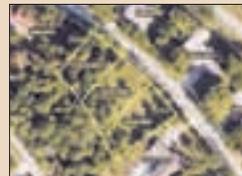
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Cleared filled and ready to go. Large waterfront lot with dock in place in private gated community. House plans included. **Offered for \$550,000. Contact Ralph or Cathy Galiotti 239/828-5897.**



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Quiet South Ft. Myers neighborhood near Cypress Lake Country Club. Close to everything. This home features marble flooring, wood burning fireplace, 3 car garage with tile flooring, central vac, beautiful pool large kitchen with granite. Formal and informal dining rooms, and a laundry room and a wonderful entertainment area in great room with surround sound. Large master suite features a huge walk-in closet and built-ins, and jacuzzi tub. Separate wing for your guests, nanny or mother-in-law. **This beautiful home is offered for \$479,500. Contact Connie Walters "Ms Lister" 239/841-4540**



LOCATION-LOCATION

You'll love this large, gorgeous direct Gulf access Sanibel home across from San Carlos Bay. Over 2500 square feet of living space. 2 BR, 2 1/2 bath; (with bonus space you must see). Mid-Island deep water canal only 1000 ft to San Carlos Bay. This home boasts a beautiful kitchen with custom wood cabinetry, wet bar, plus a wood burning fireplace in the great room with soaring cathedral ceiling and wonderful wood floors. Very private pool area, with nicely maintained lush landscaping that leads you to your private dock. Multiple porches, great views from every room including views of THE BAY from LR and front porch. A TRUE must see, soon, it won't last. True Sanibel Living. **Offered for \$949,000. Contact Nancy Finch 239/822-7825**



SUNDIAL SPECIAL

J-107

This Magnificent 2 bedroom 2 Bath Condo Is Ideally Located on the Ground Floor, Just Steps to the Gulf of Mexico and the Sundial Resort's Restaurant, Pool and Pool Bar. Sellers Have Been Very Diligent With Upkeep and Updating. Outstanding Rental History Only Adds to the Value of This Charming Condominium. **Offered for \$497,000. Contact Brian Murty at 239/565-1272**





Gabrielle Nappo

Saturday Art Fair Returns

Saturday Art Fair, a project of Art Walk Fort Myers, returns to the sidewalks of First Street on Saturday, March 16 from 11 a.m. to 5 p.m. Come see more than 35 local art vendors selling their original art, unique jewelry, photography, fused glass, upcycled art and more. Enjoy lunch at one of the quaint downtown restaurants and relax to the music of the '50s and '60s provided by The Flashbacks.

For more information, visit www.artsforactgallery.com or call 337-5050.*



Ghost, oil on canvas by Linda Benson

Luncheon And Trunk Show

The Southwest Florida Symphony Society is hosting Celebrate The Music - In Style Luncheon & Trunk Show at the St. Charles Yacht Club & Harbour in Fort Myers on Friday, March 15. This benefit for the Southwest Florida Symphony is part of the 2013 Designer Show House activities at St. Charles Harbour throughout March. The luncheon begins at 11:30 a.m.

The Luncheon & Trunk Show will showcase W by Worth fashions presented by Christina Mehta Prendiville. In addition to informal modeling, the Summer 2013 W by Worth collection will be available for attendees to view and to make appointments for personal shopping. The event includes lunch and a silent auction featuring donations from more than a dozen designers participating with the 2013 Designer Show House. The fashion related benefit will be stylish, festive and fun.

Ten percent of W by Worth sales will be donated to the Symphony Society as part of W by Worth's "Giving is Always in Style" community program. All funds raised at Celebrate The Music - In Style will benefit the Southwest Florida Symphony Society.

The cost to attend the Luncheon & Trunk Show is \$50 per person. Reservations must be made in advance and only 120 tickets will be sold. For tickets, send a check to the attention of B. Blaharski at the Southwest Florida Symphony, 12651 McGregor Blvd.

#4-403, Fort Myers, FL 33919, or contact the Symphony Society at 418-0996.

St. Charles Yacht Club & Harbour is located at 13615 Iona Road in Fort Myers.

For more information about the Southwest Florida Symphony Society's 2013 Designer Show House or the Southwest Florida Symphony Society, go to www.swfso.com.*

Fort Myers Beach Art Association

Upcoming events during the month of March at the Fort Myers Beach Art Association gallery building, located on Donora at the corner of Shell Mound in Fort Myers Beach (unless otherwise noted), are as follows:

March 3 - Spring Juried Show Gallery Talk, 1 to 2:15 p.m., reception 2:15 to 3 p.m. Sponsored by Fish Tale Marina, Santini Marina Plaza and Greater Fort Myers Beach Area Friends of the Arts. Refreshments will be served and the event is free.

March 7 and 8 - Batik class with Florence Zdanowitz, 9 a.m. to 4 p.m. Visit www.fortmyersbeachart.com or call 463-3909 for more information

March 16 through April 11 - Anything Goes Show in Studio I.

March 24 - Art Bazaar Annual Sale, 9 a.m. to 3 p.m. at Santini Marina Plaza.

April 12 through 18 Tentative dates for Student Scholarship Show with reception on April 14, 2 to 3:30 p.m. To be confirmed.*



Music by The Flashbacks

Call For Artists

A Seahorse Dream, a not-for-profit fundraising art project, will collaborate with the Golisano Children's Hospital of Southwest Florida and local artists to adorn five-foot-tall polyresin seahorse statues, which will be displayed throughout Southwest Florida and auctioned at a March 2014 Gala. This project will benefit Golisano Children's Hospital and is sponsored by Saints and Sinners Montage Women's Club.

Eligibility:

All individual artists, artist teams, art classes and community organizations are invited to participate in this exhibition. Artist applications will be juried on the first of each month beginning March 1. The final deadline for application is 5 p.m. on Sunday, June 30. Artists selected to participate will be partnered with a seahorse sponsor to create a unique design for exhibition. The Seahorse Dream Team's goal is to sell 50 seahorses. Funds raised will be matched dollar for dollar via a generous donation from B. Thomas Golisano.

Compensation:

Each contributing artist (or group) will receive a \$500 honorarium for each approved seahorse selected for exhibition as part of A Seahorse Dream in March 2014. Each completed seahorse will display a customized brass plaque with the name of the artist or group and sponsor(s) after it is professionally sealed by the dream team.

Artist responsibilities: Provide their art materials; pick up their seahorse statue(s) from a designated storage facility; paint/decorate one five-foot seahorse statue and one small matching 15-inch seahorse figurine; return the completed piece to the designated storage location.

Schedule:

Final application deadline is June 30, 2013.

Artist review and selection: begins March 1, 2013; continues April 1, May 1 and June 1, 2013; last review and selection July 15, 2013.

Statue pick-up by artist: first July 1, 2013; Last: to be announced.

Final completed statue delivered by artist: September 30, 2014 - any earlier dates to be announced.

Public exhibition: February 2014

Gala dinner and auction - March 7, 2014

Display: Seahorses will be displayed in prominent public parks and business locations throughout Charlotte, Lee, Hendry, Glades and Collier Counties. All receptions and Meet the Artist events to be announced.

Application checklist, available as download online: artist profile/bio-500 words or less; signed responsibility and copyright form; proposed design on Seahorse Sketch Template (two views)

Submit applications to: Lee Memorial Health System Foundation, ATTN: A Seahorse Dream, PO Box 2218, Fort Myers, Florida 33902.

All documents available for download online at www.a-seahorse-dream.org.

For more information, email Kathy Johnson at aseahorsedream@gmail.com.*

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or email press@riverweekly.com



A piece by Heather Freeman

North Carolina Artists Jeff Murphy And Heather Freeman Exhibiting

Jeff Murphy and Heather Freeman are both digital and mixed media artists with long, successful careers. They are both art professors at the University of North Carolina at Charlotte, they are married to each other, and their newest collaborative exhibition *Dig & Momma's Boy* opens Friday, March 1 at the Alliance for the Arts with an opening reception from 5 to 7:30 p.m.

Murphy has been working with digital media for more than a decade, exploring a wide range of production and publication techniques in a quickly advancing and dynamic field. He has exhibited online in curated exhibits such as *@art* (the University of Illinois) and *Digitally Born* (The Alternative Museum, New York), developed interactive multimedia projects for both the web and CD-ROM, and has also shown works in traditional gallery and museum settings with solo exhibitions at such places as The Mint Museum of Art, The University of Notre Dame and The University of Colorado. His work has been published in publications, including *WIRED* and *World Art* magazines and the textbook *Exploring Color Photography*. Murphy is currently an Associate



A piece by Jeff Murphy

Professor of Art at the University of North Carolina at Charlotte, where he teaches digital imaging, interactive design, photography, video and animation. He received his BFA from the Ohio State University in 1989 and his MFA from the University of Florida in 1995.

Freeman is Associate Professor of Digital Media at the University of North Carolina at Charlotte, where she teaches digital print, animation, video, installation and drawing. She grew up in Skillman, New Jersey and was heavily influenced by her parents' careers in the sciences. She holds a B.A. in Fine Art and German Studies from Oberlin College and an MFA in Studio Art from Rutgers University. Freeman has worked as an art director, graphic designer, editor and animator in New York and New Jersey. She has also taught art, graphic design and visual rhetoric since 2001 at various institutions including the University of Kentucky and Clemson University. Her work is regularly exhibited regionally and nationally and has appeared in international exhibitions in Canada, China, Cuba, Germany, Hungary, New Zealand, Sweden and Thailand. More of her work can be viewed at www.EpicAnt.com.

The opening reception for *Dig & Momma's Boy* will be held on Friday, March 1 from 5 to 7:30 p.m. It will remain on display until March 28. Murphy and Freeman will hold a Gallery Walk & Talk on Saturday, March 2 from 10 to 11 a.m. Young Artists Awards artwork will be on display in the Member Gallery during the exhibit. Award-winning vocalists from the Young Artists Awards will perform live during the reception. Artwork by Jason McDonald will be on display in the Theatre Lobby. For more information, go to www.artinlee.org or call 939-2787.

The Alliance for the Arts is located at 10091 McGregor Boulevard, just south of Colonial Boulevard, in Fort Myers.✧

Channeling Emerson At Theatre Conspiracy

by Di Saggau



What I like most about Theatre Conspiracy is their wide variety of theatrical offerings, and the fact that they strive to present something out of the ordinary. Currently playing is

Call Me Waldo by Rob Ackerman, an unusual little comedy, to say the least. It's set in present day Long Island and begins with a conversation between a couple of working stiffs.

Gus (Gene Krupp) is a master electrician, kind of a diamond in the rough sort of guy, with an accent on the word rough. He complains about the donuts his assistant Lee (Walter Nichols) brings to the workplace. Gus swears profusely. Suddenly, Lee is triggered to start quoting Ralph Waldo Emerson. This freaks out Gus, who isn't at all familiar with phrases like, "The years teach much that the days never knew."

When Lee gets uptight, usually when he's around Gus or his wife Sarah (Angel

Christine Duncan), he channels the words and personality of Emerson. Sarah points out that Lee is a direct descendant of Emerson and that a complete set of his poems and essays are in their attic.

When Sarah, who is a nurse, tells her best friend Cynthia (Helena Finnegan), who is a doctor, about Lee's strange behavior, it is chalked up to post-traumatic stress disorder.

One thing Sarah likes about Lee slipping into his Waldo mode, is it definitely improves their sex life. She feels like she's sleeping with a romantic stranger. She starts to prefer the Waldo side of her husband.

The cast does a fine job in this romantic comedy about transcendentalism and what is really important in life. The play consists of numerous vignettes that portray the various scenes.

The final scene in the play is absolutely breath-taking. It took me awhile to get into this play, but once I did, I found it totally engaging. The message behind it? Well, that depends upon your point of view.

Call Me Waldo plays through March 2 at Theatre Conspiracy, Alliance for the Arts, located at 10091 McGregor Boulevard in Fort Myers. For tickets, call 936-3239.✧

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Shiitake Shrimp

1½ pounds cooked shrimp, peeled and deveined
 6 cups shiitake mushrooms, sliced
 2 tablespoons minced shallots
 2 tablespoons minced garlic
 1 cup white wine vinegar
 ¼ cup dry sherry
 2 tablespoons sugar
 ½ teaspoon salt
 ¼ cup olive oil
 3 tablespoons Dijon mustard
 2 tablespoons fresh thyme leaves
 1 teaspoon black pepper

Trim stems from mushrooms and slice caps. Sauté mushrooms until lightly browned and most liquid has evaporated. Add shallots and garlic, sauté one to two minutes. Add white wine vinegar and sherry, scraping bottom of pan to loosen any browned bits. Add sugar and salt, stirring to dissolve sugar. Cook until liquid is reduced by half. Gradually stir in oil, mustard, thyme and pepper. Add shrimp and heat thoroughly.

Yield: four servings

Nutritional Value Per Serving:

Calories: 239, Calories From

Fat: 20, Fat Total: 2g, Saturated



Shiitake Shrimp

Fat: 0g, Cholesterol: 261mg, Total Carbohydrates: 10g, Protein: 38g

Look for Fresh from Florida ingredients at your grocery store.✪

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Jazzing It Up

Footsteps to the Future presents the 4th annual Jazzin' It Up with Footsteps Concert on Saturday, March 9, an evening of jazz which will feature some of the finest jazz musicians in New York City and Florida. This event will be a benefit for the Footsteps to the Futures program.

This year's concert will feature:

- Ira Sullivan, the five-time Grammy nominee & multi-instrumentalist master of the trumpet, flugelhorn, tenor saxophone, soprano saxophone and flute, who has played with Charlie Parker, Dizzy Gillespie, Horace Silver, Red Rodney and Art Blakey's Jazz Messengers.

- New York City tenor saxophonist Lew Del Gatto, who was a member of the Saturday Night Live Band from 1975 – 2005, has recorded for such artists as Tony Bennett, Aretha Franklin, Quincy Jones and the Brecker Brothers and has performed with Frank Sinatra, Ray Charles, Herbie Hancock and Buddy Rich

- New York City jazz trumpeter Dan Miller, who has toured and recorded with Harry Connick, Jr., Maynard Ferguson, Wynton Marsalis, Tom Jones and Woody Herman and has performed with the Lincoln Center Jazz Orchestra, Branford Marsalis, Lionel Hampton, Randy Brecker, Frank Foster and Jon Hendricks

The world-class rhythm section features pianist Jerry Stawski, bassist Paul Shewchuk and drummer Ron Hefner. The wonderfully swinging and talented

jazz vocalist Susie Hulcher will be featured as well.

The Jazzin' It Up concert will benefit Footsteps to the Future, Inc., a unique mentoring program in Lee and Collier Counties and a model for change in Southwest Florida and the nation. Its goal is to empower young women in and aging out of foster care, to safely and successfully transition to living independently through programs such as evidence-based mentoring, self-sufficiency and advocacy. They will also be celebrating their current pilot projects, the Academic Achievement and Tutoring Programs.

The event will be held at Hodges University in North Naples off 1-75 exit 111. The VIP Reception begins at 6 p.m. General Admission doors open at 7:00 p.m. The event also features a Silent Auction, a Mystery Box Raffle and a Decadent Dessert Raffle.

VIP Tickets are \$50 or two for \$85, which includes preferred seating and a reception with a buffet featuring the culinary delights of Chef Brian Baker and Jayne Baker of the Roadhouse Cafe. Reserved VIP Table: 10 tops for \$600 and 6 tops for \$360 are available on a very limited basis. General admission tickets are \$25 or two for \$45. Student admission is \$10. Tickets are available at www.footstepstothefuture.org (Footsteps to the Future website).

For VIP Tables, sponsorship opportunities or general information, call Footsteps to the Future Founder and Executive Director Judi Woods at 281-7378. Reserved seating is limited.✪



Calendar Girls entertained at Orange Grove RV Park event

photo by Ron Cox

Calendar Girls Light Up Orange Grove RV Park

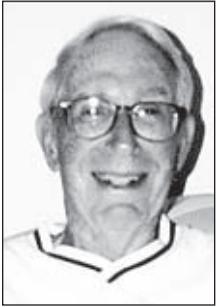
Like Lady Gaga, the Calendar Girls are changing the world, one sequin at a time. On Saturday, February 9, The Calendar Girls and the Southeastern Guide Dog puppy raisers took Orange Grove RV Park by a storm in day-glow orange.

Miss Ellie, the eighth pup sponsored by the girls, was introduced along with other pups and puppy raisers in attendance. The puppy raisers take the puppies into their homes for approximately a year, and then the pups are returned to Southeastern Guide Dogs. The River District is the site of their basic obedience training on Tuesday nights. Interested in being a puppy raiser? Visit Southeastern Guide Dogs at www.guidedogs.org.

The Calendar Girls perform all over Southwest Florida and are available to entertain at events. For information call 850-6010 or visit www.calendargirlsflorida.com.✪

From Squalor In Mexico To The World Of Pro Golf, Esteban Toledo Lives Every Day To Help Those In Need

by Ed Frank



He didn't win last weekend's Ace Group Classic golf tournament in Naples. But when you read this column about Mexican golf pro Esteban Toledo, you will grasp the fact that he is a champion in every sense of the word.

A rookie on the Champions Tour (for golfers 50 and over), Esteban's story is a sequel to the popular movie *The Blind Side*, where a wealthy couple adopted Michael Oher, who went on to become a star for the Super Bowl champion Baltimore Ravens.

Let's get back, however, to the almost unbelievable saga of Esteban Toledo.

He grew up the youngest of 11 children in the squalor of Mexicali, Mexico, a border town, in a dirt floor home without

plumbing. Skinny and underweight, he turned to boxing as a youngster to learn to protect himself from the daily beatings he had encountered on the streets of Mexicali. Esteban became a professional lightweight boxer with a 16-1 record before appendicitis ended his career.

To earn money for his family, he began fishing golf balls out of a pond with his feet at the Mexicali Country Club, selling them back to members. He would then sneak onto the course late in the day to hit balls with clubs he had found.

Here is where his life took a dramatic turn.

A wealthy businessman in California heard of Esteban's plight and traveled to Mexicali to observe the 18-year-old barefooted youngster hitting golf balls.

Jon Minis and his wife, Rita, brought Esteban to the United States. He didn't speak a word of English and the Minis' spoke very little Spanish. But they overcame their language barriers, provided Esteban schooling and a loving home and urged him to continue his dream of becoming a professional golfer.

At one point, Esteban – homesick for his family – returned to Mexicali, only to have an older sister order him back to the United States under the care of the Minis.' The love and devotion of that family changed his life to this very day.

"Jon told me that the only payback he wanted was for me to earn my Tour Card and to someday help others just as he had helped me," Esteban said last weekend after his Saturday round of the Ace Group Classic. "If I can help just one person through my family foundation, then I will have followed what he (Jon Minis) told me."

The Esteban Toledo Family Foundation

has a goal to raise \$800,000 to build a 3,500-square-foot home in Mexicali for 25 to 30 orphans. Esteban will host a golf tournament in September at his home course in California, the Tustin Ranch Golf Club, with the proceeds going to this project.

Once that project is built, he will move on to another venture to help the underprivileged in his hometown.

Never a golf headliner, Esteban has earned \$2 to 3 million on the PGA Tour, the Web.Com Tour and lower level tours. He earned a victory on the Web.Com circuit; recorded second place finishes in the PGA's B.C. Open and Buick Open, won the 2000 Mexican Open and represented Mexico six times in the World Cup.

But in order to play on the Champions Tour, he had to qualify through the pro's Q School.

He finished 13th two weeks ago in his first senior event, the Allianz Championship, and 36th this past week in the Ace Group Classic after bogeying the last hole of the final 18 in what was a still a two-under par round of 70.

You need only spend minutes with Esteban and his wife, Colleen, to grasp their commitment to helping those in need. Understanding the poverty from once he came, and the promise he made to his American mentors who rescued him from that environment, Esteban Toledo is a champion of hope – winner or not on the golf course.

Additional information on his family foundation can be found at www.estebantole道府amilyfoundation.org.

The Shot Of The ACE Group Classic That Didn't Make TV

Television golf analyst Bobby Clampett, playing in last weekend's ACE Group Classic, hit the shot of the tournament in Sunday's final round that unfortunately few saw.

With the wind gusting to 25 to 30 miles an hour and temperature in the 50s, Clampett hit his second shot on the par five 17th hole into the water on the left side of the fairway. He removed his shoes and socks, rolled up his pants above his knees, took off his sweater and shirt and – bare-chested – climbed down into the water.

Unfazed, he splashed a 70-yard shot onto the green, put his clothes back on and two putted for par.

Because Clampett was playing in a trailing threesome and his group started on the 10th tee, the television cameras weren't rolling at the time.✪



Esteban Toledo

2013 Advisory Board Named For Business Hall Of Fame, Lee County

Junior Achievement of Southwest Florida announced the members of its 2013 Business Hall of Fame, Lee County's Advisory Board. The advisory board selects Laureates for the 2013 Junior Achievement Business Hall of Fame, Lee County who are recognized for serving as positive role models and contributing to the local business community.

Led by board chair David Hall, executive vice president and CFO of Sanibel Captiva Community Bank and vice-chair Gary Tasman, founder and executive director of Cushman & Wakefield Commercial Property Southwest Florida, the advisory members selected to this year's board include: Betsy Alderman, second vice president of Northern Trust; Sharon Arnold, vice president of Gravina, Smith, Matte & Arnold Marketing and PR; Bob Bassett, Lee County area executive of BB&T Bank; Jon Cecil, chief human resources officer of Lee Memorial Health System; David Dale, president of Owen-Ames-Kimball Company; Dennis Gilkey, president of the Gilkey Organization; Brian Hamman, manager of market development at CenturyLink; Candis Loving, account executive at Florida Blue; Victor Mayeron, president of The Heights Foundation; Steven Pontius, executive vice president/general manager of Waterman Broadcasting; and Bill Valenti, Jr., vice president and financial advisor at Morgan Stanley Smith Barney.

The advisory board has selected Gail Markham of Markham Norton Mosteller Wright & Company P.A. and Bob Simpson of LeeSar to be inducted into the 2013 Business of Hall of Fame, Lee County, at a dinner and awards ceremony on Wednesday, April 10 at the Hyatt Regency Coconut Point Resort & Spa.

For more information, including sponsorship opportunities and individual tickets, visit www.jaswfl.org.✪



David Hall

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Coach Mike Graci, Rhonda Sullivan and Brian Sullivan, Meghan Sullivan, Kaitlin Schafe, Mark and Ann Marie Schafe, and coach Mike Tindle

Senior Athletes Sign With Colleges

Kaitlin Schafe, a senior at Southwest Florida Christian Academy (SFCA), proved to be a stand out in just the first year of women's golf at the school. Kaitlin is SFCA's first golfer to sign, and she will be heading to Northern New Mexico College in

Espanola, New Mexico this fall. Kaitlin led her team in scoring average and was a four-time medalist in her matches this year.

She is SFCA's first golfer to advance out of the district to regional play, and she narrowly missed going to states. Kaitlin was also on *The News-Press* All-Area First Team. Locally, Kaitlin has participated in the Southwest Florida Junior Golf Association and WCI Junior Tournaments. Tom Velarde, head coach at NNMCM, said, "Northern New Mexico

College is thrilled to sign a quality player like Kaitlin. Our program will be built on the four true freshmen we are signing, with Kaitlin being a part of the puzzle needed to contend for the National Championship." Kaitlin signed her letter of intent on February 13 at Southwest Florida Christian Academy.

Meghan Sullivan, a senior at Southwest Florida Christian Academy (SFCA), will be taking her softball talents to St. Petersburg College this coming year. Meghan has been a leader on her

softball team for the past three years at SFCA in just about every statistical category. She is a three-time Most Valuable Player (MVP), and her overall pitching record for the last three years is 32-16, with a 1.85 ERA, and a .174 opponents' batting average. Meghan has been on *The News-Press* All Area Team twice in the past three years, and was named to the first team her junior year. For the past two years, Meghan has played in the Little League World Series, and two years ago her team finished fourth in the world.

"We are very excited about having Meghan the next two years while she pursues her academic and athletic career. Meghan is a kid with natural ability and a lot of tools. She is a well-rounded athlete who brings versatility. I love pitchers who can hit!" said Breanna Myers, head coach at St. Petersburg College. Meghan signed her letter of intent on February 13 at Southwest Florida Christian Academy.*

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Gymnast Qualifies For Nastia Liukin Cup

Gymnast Bridget Dean, 14, has qualified for the 2013 Nastia Liukin Cup to be held March 1 in Worcester, Massachusetts. The event will be televised on NBC Universal Sports network on March 1 at 7 p.m. EST.

In its fourth year, the Nastia Liukin Cup is hosted by 2008 Olympic Champion Nastia Liukin and USA Gymnastics, and spotlights some of the top gymnasts in the country with both college and elite potential. The meet, held in conjunction with the American Cup, is an international event where the U.S. team competes against other national teams.

Bridget, who trains at Orlando Metro, secured a spot in the competition by placing first in the Sand Dollar/Whitlow Invitational held in Kissimmee, Florida January 25 through 27. She scored a 9.25 to win the meet.

"I was coming back from an injury, so my goal was simply to get comfortable competing again," Bridget said. "My floor routine was literally choreographed the night before the competition. When that 9.7 flashed on the scoreboard, it was a complete surprise and a total thrill."

A Fort Myers native, Bridget has trained occasionally by invitation with the United States Amateur Gymnastics National Team under coordinator

Marta Karolyi. Her parents, Tom and Kim Dean, own and operate Comfort Keepers, a home healthcare agency that serves Lee and Collier counties.

Bridget said, "I am really looking forward to the Nastia Liukin Cup. I will get to compete against the best gymnasts in the country."*

Show Features Century of Music

Director Betty Dentzau and the Act It Out team will be presenting *Through the Years*. This original performance will take us for amazing, theatrical twists and turns. It will start by taking us back to the honky-tonks of the 1890s, move through the speakeasies of the 1920s and 30s and then cruise through the decades to the era when disco was all the rage. Come experience music that has touched our lives through the years. The additional fun features of dancing and comedy makes this show a must see. Tickets are now available at the cost of \$20 for the dinner show and \$10 for the matinee show

The shows will be presented at Lake Kennedy Center, 400 Santa Barbara Boulevard, Cape Coral.

The dinner show will take place on March 1. Doors will open at 6:30 p.m.

The matinee show will take place on March 3. Doors will open at 1:30 p.m.

For information call 574-0575.*

Paradise Coast Paddlers Club Annual Festival

The Paradise Coast Paddlers Club will host its 8th annual Paddling Festival on Saturday, April 13 and Sunday, April 14 on the beach at Capri Fish House, located on Isles of Capri Boulevard, Naples.

Gaining notoriety as the best little paddling festival in Florida, the festival weekend includes a day of education from 8:30 a.m. to 4 p.m. on Saturday. Greg Stamer, gold medalist in multiple Greenland National Kayaking Championships, will conduct classes on The Greenland Forward Stroke and Bracing, and Maneuvering Strokes and Sculling. Camping cookbook author and ACA Level 4 Instructor Michael Gray will present an Intro to Island Cooking and Master Chef Island Style. Additional classes on the Fundamentals of Safety and Rescues, Boat Control and Maneuvers, and Introduction to Rolling and Greenland Rolling, Advanced Rolling will be offered. There will also be classes introducing participants to Stand Up Paddling (SUP) and Advanced SUP Techniques. All classes are \$69 each per person. Space is limited. To register, make checks payable to Paradise Coast Paddlers Club and send to PCPC, 6182 Westport Lane, Naples, Florida 34116.

The festival will continue Sunday from 9 a.m. to 4 p.m. with free guided tours through mangrove tunnels, exhibits, safety demonstrations, kayak rescue clinics and the festival's own 3.2 mile Johnson Island Paddling Race. Watch for more

free Sunday demonstration information to be announced.

Paradise Coast Paddlers Club requires everyone participating in demonstrations, classes and tours to wear their pfd's (personal flotation devices).

For more information call 262-6149 or email NaplesKayakCompany.com.*

From page 1

Mini Golf Fundraiser

to Shoals Restaurant, next to Jungle Golf, where teams will be assembled and start times determined.

The Beach Chamber will convert a 16-foot Airstream into a tourist information center, which will be located at several locations on the Beach. Funds for one Bambi have been received, but the travel trailer now needs to be converted into the tourist information vehicle.

Individuals can sponsor a hole, enter a team, or play as individuals. The cost for individual golfers is \$25; teams of six will be charged \$150. Hole sponsors are available for \$50.

In addition, golfers are asked to recruit 10 personal sponsors, who will pledge \$1 for each successful completion of the tournament (\$18 per golfer). The tournament is limited to 18 teams of six players. "Mulligans" will also be available.

Following completion of play, golfers will return to Shoals for a cash bar, hors d'oeuvres and the awards ceremony, including prizes and raffles.

For more information about the chamber or the mini golf tournament, call 454-7500 or visit www.FortMyersBeachChamber.org.*

From page 1

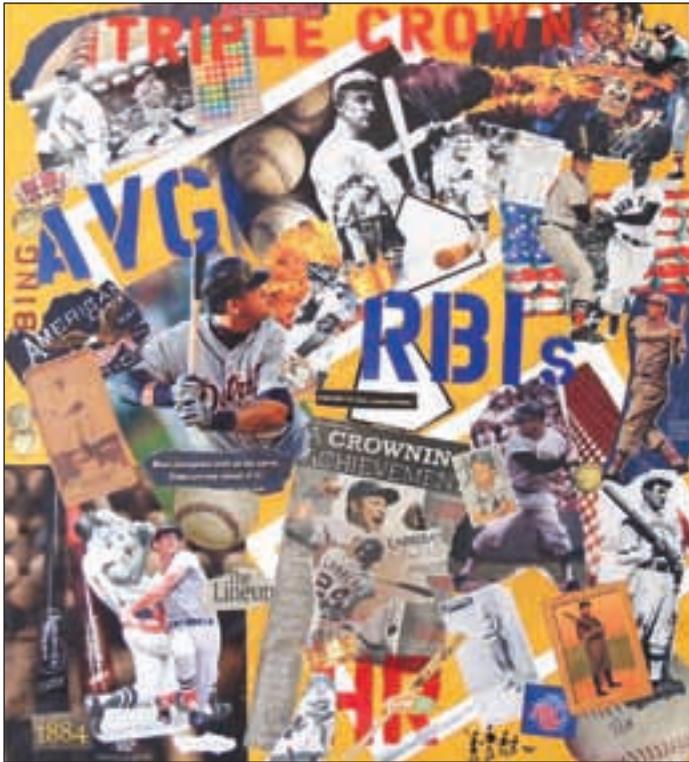
Arts For ACT Exhibit



By the Sea Close Up BA Mintz

of American Music in Mississippi. Scream Guitars will also be debuting six guitars featuring paintings by Jones. ACT Gallery will display the guitars along with over 50 new works for the Roots and Branches exhibit.

Michael Pohlman was raised in Beloit, Wisconsin, where his art training started in a public school program. Pohlman attended Rollins College and Bradley University in the early 1960s on a scholarship for baseball. He was told that art and athletics did not mix. He graduated with majors in physical education, U.S. history and art. He taught all three sub-



Baseball collage by Michael Pohlman

jects before moving to Chicago Heights, Illinois. He eventually became coordinator of physical education and varsity baseball coach at Bloom High School. His creative energies went into an innovative outdoor adventure curriculum and baseball program that led him to the Illinois Baseball Coaches Hall of Fame Honors.

Pohlman began painting again in 1988. He won a spot in the Union Street Gallery's inaugural show in 1995 and was offered a studio. Over a 10-year period, his work was shown in multiple venues in Chicago and its suburbs. His abstract series *Before Time* is an extension of his '60s training and his sports renderings, incorporating his extensive knowledge of baseball and athletics. Pohlman said, "Art is like athletics to me. The discipline of the process is the same. You train yourself to use skills to compete for a desired outcome. Whatever the results, you continue to refine your performance along with looking for new ways to use your abilities to succeed."

Born in New York City and raised in Southern California, BA Mintz's first exploration with acrylic paint was decorative and extended from 1967 until 2004. From 2004 until 2008, she studied with Gale Bennett in his studio in Giverny, France, and

continued on page 30

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Financial Focus

Can Investors Learn From Yoga Followers?



by Jennifer Basey

It's probably not on your calendar, but World Yoga Day takes place on February 24. As more people have discovered its healthful benefits, yoga has grown in popularity. But whether or not you

practice yoga, you can apply its lessons to other areas of your life – such as investing.

Specifically, consider the following yoga-related themes and how they might translate into investment habits that may be beneficial:

- **Balance** – If you observe advanced yoga practitioners, you will be amazed at the balance they exhibit during certain positions. But for serious yoga students, the idea of balance goes beyond physical movements and extends to a concept of life that emphasizes, among other things, an avoidance of extremes. As an investor, you too need to avoid extremes, such as investing too aggressively, too conservatively or too sporadically. By building a balanced portfolio, and by investing regularly, you can help improve your chances of making progress toward your financial goals.

- **Flexibility** – Among its many benefits, yoga helps people increase their flexibility – and greater flexibility results in fewer injuries and an increased capacity to enjoy many physical activities. As an investor, you need to be flexible enough to adjust your portfolio as needed while still following a long-term strategy that's appropriate for your individual goals, risk

tolerance and time horizon.

- **Relaxation** – For yoga students, proper relaxation is essential to achieving mental equanimity, emotional balance and inner strength. But relaxation doesn't always come easily – even experienced yoga practitioners need to work at it. As an investor, you also may need to train yourself to relax because, given the ups and downs of the market, it's not hard to become overwrought and make ill-advised decisions based on short-term events. Staying calm and maintaining a long-term view of things may help you make better investment decisions.

- **Positive thinking** – Our own thoughts and actions are largely responsible for creating our happiness and success, according to yoga teachings. And positive thinking can play a key role in investing, too. For example, if you were to constantly look at negative headlines, you might conclude that it is pointless to invest for the future because external events – economic instability abroad, political squabbles at home, natural disasters and so on – will just disrupt your plans. Consequently, you might decide not to invest, or invest in such a way that can make progress toward your financial goals difficult. But if you maintain a positive attitude, you may be more inclined to invest wisely for your future.

- **Visualization** – In yoga, visualization is often used to reduce stress. At any given time, you might find it difficult to relax, but you can use your imagination to see yourself – and put yourself – in a relaxed state. As an investor, you need to visualize your goals, such as a comfortable retirement, before you can define a strategy to help you work toward them. By seeing yourself where you want to be, you'll be motivated to take the actions necessary to work toward getting there.

Try putting the principles of yoga to work – they may help you become a better investor.

*Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.**

Call For Nominations

The Lee County Visitor & Convention Bureau (VCB) and the Greater Fort Myers Chamber of Commerce, Inc. seek nominations for the 4th annual Chrysalis Awards to honor businesses and individuals who have positively impacted the local community.

Award nominations have been extended to February 25, and are open to any member of the local business community, regardless of whether or not they are directly a part of the tourism industry. Award winners will be announced at a jointly hosted Celebration of Business & Tourism Awards Luncheon and Trade Show on May 16 from 10:30 a.m. to 2 p.m. at Harborside Event Center in Downtown Fort Myers.

The awards will honor recipients

in the following categories: Business Development, Sustainability, Eco-Innovation, Cultural Achievement, Education, Sports and Sales & Marketing. The VCB's longstanding Junonia Award, created to recognize those individuals who have positively impacted the local tourism community, will also be awarded.

Those who wish to nominate a business or individual to receive a Chrysalis Award can visit the Team Tourism section of www.LeeVCB.com. For event registration and trade show participation, visit the Greater Fort Myers Chamber of Commerce site at www.fortmyers.org.

For questions or event details, contact either Christine Davlin at the VCB at cdavlin@leegov.com or 338-3500; John Lai at the Hyatt Place at john.lai@interstatehotels.com or 418-1844; or Colleen DePasquale, event chairperson, at colleen@fortmyers.org or 332-2930.*

Progressive Builders Workshop

Michael Spreckelmeier, President of Progressive Builders, Inc., will present an informative home remodeling workshop on Thursday, February 28 from 9 to 10:30 a.m. at the Bonita Bay Club Founders Room, 26660 Country Club Drive in Bonita Springs.

Spreckelmeier will unveil the secrets to successful home remodeling projects that he's learned in more than 24 years' experience as a general contractor. The workshop is designed to help Bonita Bay and area homeowners know how to approach home redesign and renovation with more confidence, starting with the five most common mistakes homeowners often make and how to avoid them.

Space is limited. Reservations are available by calling 939-5411. Non-residents may attend by entering the Bonita Bay main gate and requesting directions.



Michael Spreckelmeier

For more information, visit www.ProgressiveBuilders.com.*

Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days on Market
Bonita Beach	Bonita Springs	1975	1,540	2,195,000	1,900,000	315
Riverwalk	Bonita Springs	2001	4,728	1,975,000	1,898,000	253
Riverbrooke	Estero	2000	6,241	1,799,900	1,587,500	245
Sherrill Point	Fort Myers	2008	4,476	1,529,000	1,025,000	191
Cape Harbour	Cape Coral	1998	2,965	779,000	762,500	24
Gumbo Limbo	Sanibel	1988	3,323	745,000	725,000	57
Tarpon Point Marina	Cape Coral	1993	3,289	709,900	700,000	6
Del Sega	Sanibel	1985	2,982	740,000	699,000	659
Island Harbors	Matlacha	1957	2,778	599,990	570,000	66
Crown Colony	Estero	2005	3,021	629,000	560,000	39

Courtesy of Royal Shell Real Estate

School Smart



by Shelley M. Greggs, NCSP

Dear Shelley,
My college-bound high school daughter will soon be taking the ACT/SAT tests. She is a very bright girl but a little disorganized. I know that

these tests are timed and very structured. Do you have any tips for her?

Steve B., Sanibel, FL

Frank,

Test-taking skills are very important to learn, especially for students who plan on taking the college entrance exams. Students have become increasingly savvy about test taking with all the practice they have had with the FCATs and other standardized tests given at schools now.

Taking the college admissions tests represents perhaps a more intense experience. Typically there are no familiar faces administering these tests, often they are given in an unfamiliar setting and the rules just sitting for these tests are quite strict. Preparation is key. Your daughter should have her transportation arranged and test items (tickets, id, pencils, etc.) ready at least two to four days prior to the test date to prevent last minute crises. Of course, the mantra of getting enough sleep the night before and having a good

breakfast really are important for her attention and concentration in the test setting.

One area that is often not discussed is how to pace oneself when taking a test. In a recent *New York Times* article authored John Saavedra, Jr., a number of test-pacing strategies were identified. Here are some of the best of his suggestions.

- Take Practice Tests – By taking practice tests, students can begin to internalize a pace that will allow them to complete the test without rushing through the questions.

- Don't get stuck on one question – Rule of thumb, do the easy questions first and then go back to try and complete the difficult ones.

- Understand the finer points of timing and grading of each test – don't guess on the SAT because you are penalized for incorrect answers, however it's okay to guess on the ACT. So when you are taking the ACT and you only have a few minutes left and not enough time to read the questions, but there are lots of bubbles to fill in, it's fine to fill them in any way you want.

- Adjusting your pace – it's important to know ahead of time how much time is allotted per section on each test. For example, the ACT math test has 60 questions and you are allowed 60 minutes to complete it. That's a minute per question. The SAT, however, allows 70 minutes per section.

Again, preparation and self-knowledge are key. Students should be able to state

their own personal strategy for taking these tests. Do they work quickly and have enough time to look at all the questions first or do they work more slowly and just need to get to work immediately? They need a plan on how to approach the variety of problems they will be asked to answer. And students need to remember that, while these tests are important, they are only portion of what is submitted for college admission and colleges do look at the total student.

Ms. Greggs is adjunct faculty at Edison State College where she teaches psychology and education courses. She is also Nationally Certified School Psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✱

Rodriguez Named To Dean's List

Zulai Rodriguez of Cape Coral, a second year School of Pharmacy and Health Professions student at Creighton University, was named to the fall Dean's List for the 2012-13 academic year.✱

Discover Ave Maria

Come explore the wonders of the Ave Maria University. This vibrant university, located in beautiful Southwest Florida, is a city unto itself. It is an academic institution that is deeply rooted in the Catholic faith and is committed to offering one of the finest classical liberal arts curricula available, as well as opportunities for specialized study in all of the sciences, social sciences and humanities. Trip activities include breakfast at Skillet's restaurant in Bonita Springs, a historical trolley tour of the Ave Maria town and personal time for shopping and site seeing. There will be time for those interested in attending Mass service as well. The cost is \$40 per member and \$45 per non-member. Preregistration is required by March 8.

The trip will take place in the town of Ave Maria. For more information call Lake Kennedy Senior Center at 574-0575.✱

Martin Named To Dean's List

Hannah Martin, a resident of Fort Myers, was named to the Dean's List at Olivet Nazarene University during the recently completed fall 2012 semester.✱

Business Ethics Nominations Being Accepted

Nominations for the eighth annual Business Ethics Award of the Uncommon Friends Foundation are being accepted until March 1. The award will be presented in recognition of the critical importance of ethical leadership in today's businesses and organizations during the Uncommon Evening event on Thursday, June 6, at Harborside Event Center, Fort Myers. The award will be presented to a Southwest Florida business that exemplifies the highest standards of ethical behavior.

Business, political, community and religious leaders from the five-county Southwest Florida area may nominate companies and organizations that consistently demonstrate a system-wide commitment to business ethics. Companies and organizations may also self-nominate; nominations will be followed by those who wish to complete the application process by the March 1 deadline. The applications will be reviewed by an independent panel of ethics experts from across the country. This panel will also decide the winner.

Applications and nomination forms for the award are currently available at www.uncommonfriends.org. Click on the Business Ethics tab and scroll down

to click on the application download. "We have enlisted the support of a team of nationally respected ethics professions to select this year's honoree," said Arlene Roth, executive director of the Uncommon Friends Foundation. Roth also states that the purpose of the award is to encourage more organizations to embrace a culture that applauds and supports the highest standard of ethical behavior at all levels of the company.

Businesses must meet the following criteria:

- Do business and have an office in Lee, Charlotte, Collier, Hendry or Glades County.

- Be committed to business ethics and model this ethical behavior throughout the company.

- Be committed to business ethics in dealing with customers, vendors, shareholders, lenders, regulators and the community.

Past recipients of the Business Ethics Award are HomeBanc Mortgage Corp., WilsonMiller, Inc., Bonita Bay Group, Shell Point Retirement Community, Markham Norton Mosteller Wright & Co., Conditioned Air and Hope Healthcare Services.

For information, call 337-9505 or visit www.uncommonfriends.org.✱

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dearPharmacist

Shitake May Help Protect From Cancer

by Suzy Cohen, RPh



Dear Pharmacist:

I'm not a fan of fungus, but I've heard that shiitake mushrooms are good for cancer. What do you think?

CE, Boston, Massachusetts

I think some mushrooms are amazing. Shiitake, known botanically as *Lentinula edodes*, are seriously great for immune function. They're not just a Japanese delicacy, these mushrooms have been used for centuries, and have a safe history of healing that goes back thousands of years. Chinese medicine traditionally uses mushrooms to enhance qi (pronounced "chee" which refers to your vital life force). We are not talking portabello though, this is altogether different.

Shiitake extracts definitely support immune function, but they also appear to have antiviral (even influenza), antibacterial and antifungal effects. Ironical that fungus fights fungus, but it's basically the good fungus (shiitake) killing the pathogenic ones. The 2009 study published in *Complimentary Therapies in Clinical Practice* had data to show that shiitake had "extensive antimicrobial activity against 85% of the organisms it was tested on, including 50% of the yeast and mold species in the trial." This study even

compared it to ciprofloxacin, a popular antibiotic. I found a trial suggesting antiviral effects against HIV virus as well as proliferation of leukemia. The activity was due to lentin, an antifungal compound found in shiitake. Is the study tight enough for you to go off your current treatment? No way, but it's worth including in your regimen, with your doctor's blessings.

Researchers isolated a substance called lentinan in shiitake that sparks your own immune system to do a better job at getting rid of cancer cells. Researchers conclude that lentinan helps "prolong the survival of patients with advanced gastric cancer." In another Japanese study, published in *Cancer & Chemotherapy*, July 2012, researchers looking at shiitake's effects on liver cancer suggested that the mushrooms "might be used for alleviating side effects of chemotherapy and preventing the progression of liver cancer for patients with chronic hepatitis."

Shiitake is active against the hepatitis B virus, so you might say this is a liver-loving mushroom in many ways. It protects the colon too. Over 10 years ago, a study published in the *Journal of Alternative and Complementary Medicine* found that lentinan was "able to retard the development of tumors" in mice. In fact, they said, "significant regression in tumor formation was observed." Remarkable.

Many studies have found that shiitake mushrooms are helpful for everyday ailments. For example, some research shows that shiitake may reduce cholesterol levels in the blood and lower blood pressure. Did I mention that shiitake mushrooms are a natural source of protein and vitamin D? Both are important for immunity.

Shiitake mushrooms taste good. I add them to my jasmine rice along

with pure saffron, turmeric, onions, grapeseed oil and garlic. Yum. There are excellent supplements/extracts of shiitake sold at health food stores and you can also buy multi-tasking formulas which contain several different medicinal mushrooms. Those are a little harder to find. Two good ones are MycoPhyto by

Econugenics or Mushroom Optimizer by Jarow.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.dearpharmacist.com. ✱

Parkinson Symposium

Hope Parkinson Program will feature three experts on Parkinson's disease at its 2013 Annual Parkinson Symposium on Friday, March 15. The event will take place from 9 a.m. to noon at Grace Community Center at 4151 Hancock Bridge Parkway in North Fort Myers.

Dr. J. Eric Ahlskog, a Mayo Clinic physician specializing in Parkinson's disease, will present Parkinson's Disease: The Big Picture.

Dr. Saman Javedan, an authority on deep-brain stimulation for Parkinson's treatment in the department of neurology at Lee Memorial Health System, will discuss Surgical Options for Patients with Parkinson's Disease.

Dr. Amanda Avila, movement disorder specialist and medical director of the Hope Parkinson Program, will share Tips & Tricks for Managing Parkinson's Disease.

A question-and-answer period will follow the lectures, and the \$20 registration fee will cover a continental breakfast for attendees.

Register before Saturday, March 9 by calling 985-7727 or online at www.hopeparkinson.org/events. Check-in on

the day of the event begins at 8 a.m.

For more information, visit www.HopeHCS.org. ✱

From page 27

ACT Exhibit

in workshops in Lee County. Bennett taught her to see color and shape. Mintz paints entirely from imagination. Almost like a stream of consciousness in writing, she sees her painting in her mind. Mintz feels emotion from the color relationships she uses and likes to experiment with different applications. As her paintings evolve, figures or objects often emerge. She encourages these visions to stay, hoping the viewer might envision them, too. Color remains a big passion in her abstract expressionism paintings. Mintz's paintings are in collections in California, Texas, Vermont, Georgia and Florida.

She said, "Color and Music are languages we all understand. They skip over our logic and go right to our soul. They evoke feelings that words find difficult to express. I hope my paintings convey this to the viewer."

The exhibits continue through Monday, April 1.

Arts for ACT Gallery is at 2265 First Street in downtown Fort Myers.

For more information, call 337-5050 or visit www.artsforactgallery.com. ✱

Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

We have decided that it is time to downsize our housing. The kids are all gone and starting families of their own. Our dear dog has gone to his heaven and we are left with too much space, too much yard work, worn-out furniture and an outdated kitchen.

It is time for us to move on to another phase of our lives, but where do we start. Any suggestions?

Roger

Dear Roger,

I have a number of suggestions for you.

Talk over with your wife what space you can do without. The four- or five-bedroom house is no longer necessary, but a small three-bedroom townhouse could be a nice option. It is always nice to have an extra bedroom if one of you gets sick, e.g. the flu, to stop spreading the germs. A small third bedroom can be used as a den with a pullout sofa for emergency overnights. It has been my experience that visitors really prefer to stay in nearby motels when visiting; it takes the strain off your wife, so she also can enjoy the visit.

Call a reliable realtor and get an appraisal of your home so you know current market values in your area. Then after you decide what you think you may like, ask the agent to take you out on a tour of available properties. You may be very surprised at housing values and costs if you have not been in the market recently.

Lizzie

Dear Roger,

To add to Lizzie's suggestions about buying/selling your home, your choice of home should be part of an overall

plan. Other factors you need to consider are what are your hobbies and interests. What weather do you enjoy most? What type of community and culture do you want to be in? What health care will you need and is it available? What transportation do you need and are you close to it? At least, hopefully not last, where are the adult children? Do you want to be closer or farther away?

Mostly, I hope you are not feeling pressured to move because of society's expectations about what a couple should do when children have grown and moved away. Life is a wonderful journey; make it your journey and not what society or others try to dictate.

Pryce

Lizzie and Pryce's email address is momandmeaging@hotmail.com. ✱

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Dr. Dave

Welcome To The Home Stretch



by Dr. Dave Hepburn

Prior to playing hockey, we oldtimers warm up, some by skating on the ice, others by Jack Daniels on ice. After a light skate, many of us head to the side boards,

fall to the ice, assume assorted amphibian poses and try to stretch out our whatevers. Fred arches his back like a harp seal on a rock with a case of piles (rockpiles?) while Ralph is performing some snow angel/Zamboni routine. We don't necessarily know what we're stretching or why, but we do know that Guy Lafleur did it, followed by a couple of smokes, and he seldom got hurt on Tuesdays. Michael Jordan, a renowned devoted, intense stretching enthusiast who stretched 90 minutes a day, suffered only one injury in 13 star-studded NBA years, a broken foot. The fact is, however, the way we go about stretching on the ice is likely doing no good whatsoever and could be doing us harm. But while pre-game stretching seems to do nothing to prevent injury, stretching itself is turning out to have some beneficial surprises. Not only does stretching increase range of motion/flexibility, but also, surprisingly enough, studies have shown it can actually increase our overall strength.

Stretching is the cornerstone to many physiotherapy and massage (RMT) treatments of stiff backs and necks. I had an RMT recently fix a stiff neck I was battling by stretching my neck like Gumby in a microwave. (My mother warned me that one day my neck was gonna stretch if I didn't eat my broccoli.) Never felt better.

Stretching should be done not only of muscles, but also of joints. Loose joint capsules increase range of motion. As we age, while many of our parts loosen, spread or fall off into our clam chowder, our muscles and joints tighten, decreasing our range of motion. This can mean more difficulty performing routine tasks like cleaning/toileting and unzipping a dress, sights that few of us actually want to see happen to our grandmother. A regular stretching program can help lengthen your muscles, loosen your joint capsules and make daily living activities easier.

At the very least, we should aim to stretch all major muscle groups a few times a week, best done after exercising. Even at work, get up from your desk and stretch out here and there to release muscle tension. Tell your boss the doctor demanded that your health required you do this and that it only takes three hours.

Stretching tips:

- Warm up the muscle first. Stretching a cold muscle is like stretching a piece of jerky. Some of us are jerkier than others so find what works for you. First, do 10 minutes of cycling, rowing, elliptical, naked bungy jumping, jogging, combat chess, etc.

- Gauge your stretches accordingly. They shouldn't hurt. If a stretch feels like it's being forced too far, as evidenced by,

say, your biceps snapping in two, it likely is. Expect to feel tension while you're stretching, not pain. Some of you are still a little tense thinking of Granny's zipper. Even just writing this, I can almost smell her Noxzema.

- Stretch major muscle groups like your calves, colts, thighs, hips, lower back and neck (suddenly I have an urge for KFC). Don't focus too much on your thumbs, ear lobes or liver.

- Don't bounce. Bouncing as you stretch can cause small tears in the muscle. Of course, to those of you older than beef jerky, bouncing parts are nothing more than a memory anyway.

- Hold each stretch for about 30 seconds or half a minute.

- Repeat each stretch three or four

times. Then repeat and repeat that followed by a couple of repeats, particularly if at work.

Keep up with your stretching. If you don't stretch regularly, you'll stiffen up again like Pokey in the freezer.

And the great thing about it is that you don't have to embarrass your lulu lemons at a gym to do this. Welcome to the home stretch. You can easily stretch in the confines of the corner of your basement, which is exactly what I'm going to do...over by the.... Noxzema??...ohoh....

Dr. Dave's book *The Doctor is In(sane) is now available for those with a sense of humor and half a sense of health. Pick up a copy at Sanibel Island Bookshop. Contact Dr. Dave or read more at www.wisequacks.org.*



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- When you play tennis, do you have trouble serving?
- Do your eyelids feel heavy?



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Before



After

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SWFAS Reaches Milestone Of 80,000 Served

Southwest Florida Addiction Services (SWFAS) has reached a new milestone of serving 80,000 people with substance abuse disorders over the 33-year history of the not-for-profit organization.

SWFAS CEO Kevin B. Lewis said there is increasing need for substance abuse treatment and prevention services. In the past year, approximately 6,000 individuals received treatment services in various SWFAS programs.

"The good news is that there is increasing awareness of the value of treating the disease of addiction, rather than simply dealing with the consequences of it. That's a turnaround from years past," Lewis said.

A study by the National Center on Addiction and Substance Abuse at Columbia University showed that 96 cents of every \$1 spent by government on substance abuse was used to fund the aftermath of addiction on the criminal justice system, health care, schools, child welfare and highway deaths.

Only 3.7 cents goes to fund prevention, treatment and research programs aimed at reducing the incidence and consequences of substance abuse.

"Government leaders at all levels are learning that it is cheaper to fund treatment than it is to shovel up the wreckage left by substance abuse disorders. Addiction is a chronic disease. With treatment, people do recover," Lewis added.



Kevin B. Lewis

SWFAS is Southwest Florida's leader in the prevention and treatment of substance use disorders. About 6,000 people annually, from ages 9 to 90, start on the road to recovery with the nationally-acclaimed programs of SWFAS. SWFAS offers state-of-the-art residential and outpatient facilities for both adults and adolescents from five locations in Lee County and two in Hendry County.

In addition, SWFAS provides detoxification services for adults, prevention programming and an Employee Assistance Program for about 60 Southwest Florida businesses. All treatment programs are evidence-based and accredited by CARF.

For more information about SWFAS programs, call 332-6937 or visit www.swfas.org.

Lee County Reorganizes Top Administration

Interim Lee County Manager Doug Meurer has restructured the top level of county administration, adding three new acting assistant county manager positions.

After discussing critical county issues with commissioners, staff, the local business community and municipal leaders, Meurer determined these changes will provide additional focus on challenges the county must solve – without adding or eliminating personnel.

Human Resources Director Christine Brady, Parks & Recreation Director Dave Harner and Equal Opportunity Manager Glen Salyer will now serve as acting assistant county managers.

Meurer said the changes will create a stronger team and reduce the heavy workload on Assistant County Managers Pete Winton, who was managing 11 departments, and Holly Schwartz, who was managing eight. Winton will now focus on managing Budget Services and assisting with the county's budgeting process, as well as overseeing Fleet. Schwartz will focus on addressing Public Safety's critical issues as well as overseeing Human Services, Veterans Services and Library.

Brady will continue to serve as director

of Human Resources/Public Resources, overseeing that department as well as Procurement, IT, Web Content and County Lands. Brady has a strong background in contracting and process-driven operations.

Harner will continue to serve as director of Parks & Recreation, overseeing that department as well as Construction & Design, Facilities and Animal Services, plus Major League Baseball issues. Harner has successfully operated large and geographically dispersed operations.

Salyer will oversee Community Development, Sustainability and GIS (maps/data), plus Disadvantaged Business Enterprise and legislative issues.

"Our goal is to create a regulatory atmosphere in Lee County which is streamlined and supportive of legitimate business community efforts," Meurer said, noting Salyer has a strong economic development background.

Meurer also recently appointed Interim Assistant County Manager Pam Keyes, who filled Meurer's position when he was promoted. Keyes will continue to oversee Natural Resources, Solid Waste, Transportation and Utilities as well as Transit.

"This better aligns the needs of both Transportation and Transit, and assures a cooperative approach," added Meurer, who will continue to oversee the Visitor & Convention Bureau, Economic Development and the Sports Authority.

Calendar Girls Performed At One Billion Rising Event



The Calendar Girls performed at One Billion Rising, an event held on Valentine's Day at the Unitarian Church in Fort Myers to raise awareness of worldwide abuse against women

Beach Chamber To Hold Monthly Meeting

The monthly membership meeting of the Greater Fort Myers Beach Area Chamber of Commerce will be held from 8:30 to 10 a.m. on Thursday, March 14 at Charley's Boat House, 6241 Estero Blvd. in Fort Myers Beach. Alan Mandel, Vice Mayor of Fort Myers Beach, will be the featured speaker.

The cost for chamber members is \$15 in advance and \$20 at the door; guests are \$20 in advance and \$25 at the door. Reservations are requested and may be made by contacting Jane Ross at 454-7500 or Jane@fmbchamber.com.

A Business After Hours and Business Card Exchange will not be held in March.

For more information about the chamber, call 454-7500 or visit www.FortMyersBeachChamber.org.

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DID YOU KNOW

TRIVIA TEST

1. GEOGRAPHY: What country lies northwest of Colombia?
2. FOOD & DRINK: What kind of food is fusilli?
3. POLITICS: How many popular votes separated Richard Nixon and John F. Kennedy in the 1960 presidential election?
4. LITERATURE: What 19th-century novel starts with the line, "There was no possibility of taking a walk that day"?
5. TELEVISION: On "Bonanza," what was the name of the character played by Michael Landon?
6. GENERAL KNOWLEDGE: What was the popular name of the Scottish outlaw Robert MacGregor?
7. MEDICINE: What is the function of the chemical substance called heparin?
8. PERSONALITIES: Who is the chef on the "Barefoot Contessa" cooking show?
9. BUSINESS: Which merchant used the five-and-dime-store concept to create one of the largest retail chains in the world?
10. GAMES: What is the standard weight of a shot put used by men in competition?

ANSWERS

1. Panama 2. Pasta 3. Just more than 100,000 4. "Jane Eyre" by Charlotte Brontë 5. Little Joe 6. Rob Roy 7. Prevents blood clotting 8. Ina Garten 9. F.W. Woolworth 10. 16 pounds.

SPORTS QUIZ

1. Who was the last major-leaguer before Texas's Nelson Cruz (2011, 2012 versus Toronto) to have two career eight-RBI games against the same team?
2. Who replaced Tony La Russa as manager of the Chicago White Sox in 1986?
3. In 2011, Wisconsin's Russell Wilson set a record for most consecutive games with at least one TD pass (38). Who had held the mark?
4. Between 1984 and 2012, name the team that won only one NBA title during that span.
5. In the 10-year span between the 1972-73 and 1981-82 seasons, a Montreal Canadiens goalie led the NHL in goals-against average how many times?
6. How many times has Michigan State played in the men's Division I soccer championship?
7. Name the winning jockey in three of the four Kentucky Derbies held between 2007 and 2010.

ANSWERS

1. Dave Kingman (1976, 1978), versus the Los Angeles Dodgers. 2. Jim Fregosi. 3. Texas Tech's Graham Harrell (36 games). 4. Dallas, in 2011. 5. Seven times. 6. Four times. 7. The Spartans lost in 1964 and '65, and were co-champs in '67 and '68. 7. Calvin Borel won in 2007 and 2009-10.

My Stars ★★★★★

FOR WEEK OF FEBRUARY 25, 2013

ARIES (March 21 to April 19)
Congratulations, Lamb. The end of the month brings good news in the workplace, thanks to all the efforts you've made to get your projects off the ground and running.

TAURUS (April 20 to May 20) Don't let yourself be cowed into thinking you're not up to the challenge you've taken on. Keep reinforcing your self-confidence, and no one and nothing can stop you.

GEMINI (May 21 to June 20) Positive responses to a recent workplace move should give you added assurance that you're on the right track. Celebrate the good news with family and/or friends.

CANCER (June 21 to July 22) There's still a little emotional fuzziness you have to work through before you can feel really certain about your recent decisions. But you're on the right track. Stay with it.

LEO (July 23 to August 22) You're tempted by an offer that seems close to what you've been looking for. But before you pounce on it, see if you can coax out some added perks to sweeten the deal.

VIRGO (August 23 to September 22) Your efforts to settle a volatile situation should prove successful. Now could be a good time to analyze what might have created the problem in the first place.

LIBRA (September 23 to October 22) A once-close associate re-emerges with news that could cause you to reconsider a recent decision. But don't make a move before consulting a trusted adviser.

SCORPIO (October 23 to November 21) You might feel pressured to reveal a colleague's secret. But you can rely on your strong Scorpion sense of rectitude to help you continue to do the right thing.

SAGITTARIUS (November 22 to December 21) That pesky situation is still creating problems. But you are moving ahead with it, and soon it should be successfully resolved in your favor.

CAPRICORN (December 22 to January 19) A spate of indecision leaves you susceptible to doubt. But you'll soon regain your emotional sure-footedness and be back leading the way, as usual.

AQUARIUS (January 20 to February 18) Love rules the week with new romances favored for single Aquarians looking for partners. Cupid also targets renewed commitment for wedded Water Bearers.

PISCES (February 19 to March 20) A

surge of creativity keeps you happily busy through the week. But leave some quiet time to share with loved ones. Some long-awaited news finally comes through.

BORN THIS WEEK: People rely on you whenever they need someone they can trust to be caring, considerate and also discreet.

THIS WEEK IN HISTORY

- On March 1, 1692, in Salem Village in the Massachusetts Bay Colony, three women are charged with the illegal practice of witchcraft after two young girls experienced fits and other mysterious maladies. During the next few months, area residents incriminated more than 150 women and men.

- On Feb. 27, 1864, the first Union inmates begin arriving at Andersonville prison in Georgia. Andersonville became synonymous with death as nearly a quarter of its inmates died in captivity. Confederate camp commander Henry Wirz was executed after the war for brutality and mistreatment under his command.

- On March 2, 1917, President Woodrow Wilson signs the Jones-Shafroth Act, under which Puerto Rico became a U.S. territory and Puerto Ricans were granted statutory citizenship. As citizens, Puerto Ricans could now join the U.S. Army, but few chose to do so. After Wilson signed a compulsory military service act two months later, however, 20,000 Puerto Ricans were drafted to serve during World War I.

- On Feb. 26, 1928, R&B legend Antoine "Fats" Domino is born in New Orleans. His most memorable hit was "Blueberry Hill" in 1956. After Hurricane Katrina, he was reported missing from his home in the Lower Ninth Ward, but luckily had been rescued early in the storm.

- On March 3, 1952, in a 6-3 decision, the U.S. Supreme Court upholds a New York state statute (the Feinberg Law) that prohibits communists from teaching in public schools. The law remained in force until another Supreme Court decision in 1967 declared most of its provisions unconstitutional.

- On Feb. 25, 1964, 22-year-old Cassius Clay dethrones heavyweight boxing champ Sonny Liston in a seventh-round technical knockout. Clay had predicted he would "float like a butterfly, sting like a bee" to defeat Liston, the 8-1 favorite.

- On Feb. 28, 1983, the celebrated sitcom "M*A*S*H" bows out after 11

seasons. Its title came from the initials for the "Mobile Army Surgical Hospital," an isolated forward compound that received wounded soldiers and was staffed by the show's cast of doctors and nurses.

STRANGE BUT TRUE

- It was British author Oscar Wilde who made the following sage observation: "Some cause happiness wherever they go; others whenever they go."

- Those who study such things say that if you drink 100 cups of coffee in a row, it's likely to kill you.

- You might have heard that George Washington's dentures were made of wood, but in fact, they were made of hippopotamus ivory.

- In 1900, a prairie dog colony was found in Texas. That's not surprising -- prairie dogs are fairly common out West -- but this colony was unique. Researchers say it was the largest colony ever discovered, providing a home to 400 million prairie dogs and stretching over 25,000 square miles.

- If you've read "Alice in Wonderland" or seen any of the numerous adaptations of it, you probably know about the Mad Hatter. But did you ever wonder why he was mad? It seems that haberdashers (those who make hats) at one time used mercury to cure the felt they needed for the hats. Long-term exposure to mercury causes madness, hence the phrase "mad as a hatter."

- Martin Van Buren was the first president to be born a citizen of the United States.

- To earn a world record, a woman named Sonya Thomas ate 65 hard-boiled eggs in 6 minutes, 40 seconds.

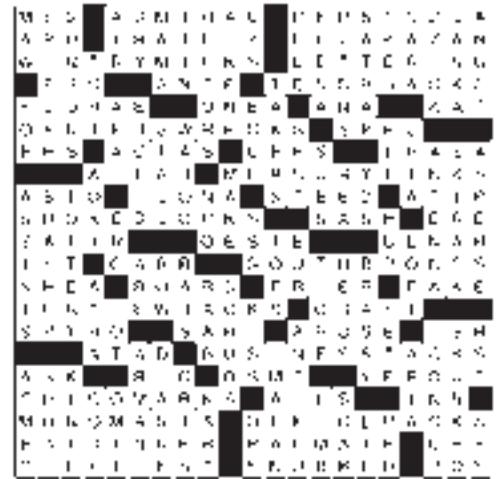
- The female long-tailed shrew gives birth to exactly one litter of pups in her lifetime -- and promptly dies.

- Our modern word "salary" comes from the Latin "salarium," or "salt money." Salarium was the monthly wages given to Roman soldiers in ancient times -- paid in salt.

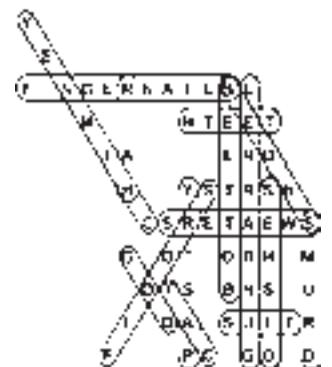
THOUGHT FOR THE DAY

"Politicians and diapers have one thing in common. They should both be changed regularly, and for the same reason." -- Jose Maria de Eca de Queiroz

PUZZLE ANSWERS



THINGS WE BRUSH





Shiitake Shrimp

- 1½ pounds cooked shrimp, peeled and deveined
- 6 cups shiitake mushrooms, sliced
- 2 tablespoons minced shallots
- 2 tablespoons minced garlic
- 1 cup white wine vinegar
- ¼ cup dry sherry
- 2 tablespoons sugar
- ½ teaspoon salt
- ¼ cup olive oil
- 3 tablespoons Dijon mustard
- 2 tablespoons fresh thyme leaves
- 1 teaspoon black pepper

Trim stems from mushrooms and slice caps. Sauté mushrooms until lightly browned and most liquid has evaporated. Add shallots and garlic, sauté one to two minutes. Add white wine vinegar and sherry, scraping bottom of pan to loosen any browned bits. Add sugar and salt, stirring to dissolve sugar. Cook until liquid is reduced by half. Gradually stir in oil, mustard, thyme and pepper. Add shrimp and heat thoroughly.

Yield: four servings

Nutritional Value Per Serving:

Calories: 239, Calories From Fat: 20, Fat Total: 2g, Saturated Fat: 0g, Cholesterol: 261mg, Total Carbohydrates: 10g, Protein: 38g

Look for Fresh from Florida ingredients at your grocery store.✽



Shiitake Shrimp

Pets Of The Week

Hello, my name is Toby and I am a two-year male black-and-white hound mix. I've been at the shelter since Christmas Eve. Now Valentine's Day has come and gone and I'm still hoping for my forever home. I'm sweet and lovable and could be the perfect match for you and your family.



Toby ID# 555464
photos by squaredogphoto.com

My adoption fee is \$25 (regularly \$75) through February during Animal Services' The BachelorPet adoption promotion.

Hello, my name is Zoey and I am a two-year-old female torti-colored domestic shorthair cat. I've been at the shelter since December, too. I was so shy when I first arrived that I wanted to hide. Now I'm such a people-cat that I will sit in your arms, cuddle and give kisses just to let you know how much I love you.

My adoption fee is \$25 (regularly \$50) through February during Animal Services' The BachelorPet adoption promotion.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour, so you will be able to see if these or any other pets are still available.



Zoey ID# 555377

The shelter is open for adoptions from 11:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee and a bag of Science Diet pet food.

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BY
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS

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PUZZLE ANSWERS

SUDOKU

8	9	7	1	2	3	4	5	6
2	5	3	4	8	6	9	1	7
1	4	6	7	9	5	2	3	8
4	2	5	3	7	8	1	6	9
9	7	8	6	5	1	3	2	4
3	6	1	9	4	2	7	8	5
7	1	2	8	6	4	5	9	3
6	3	4	5	1	9	8	7	2
5	8	9	2	3	7	6	4	1

SCRAMBLERS

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the "mystery word" which will complete the gap.

Appetite

GUNHER

Decade

STELTE

Drive

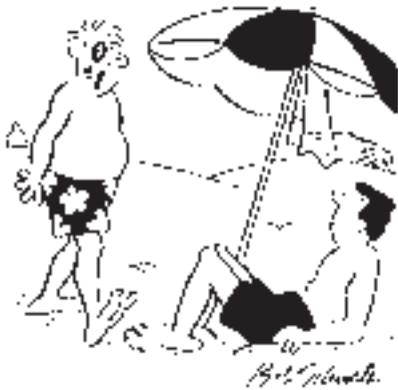
VEVER

Rest

POSERE

TODAY'S WORD

answer on page 35



"Well, I discovered one thing—
her wink is really a
hic!"

solution

- Hunger; 2. Settle;
- Verve; 4. Repose

Today's Word:

NERVOUS

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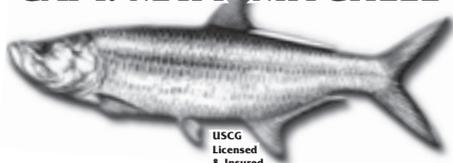
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*NS 2/22 CC 2/22

SANIBEL VACATION RENTAL

Adorable 2 bdrm/1 bath, 1/2 duplex, East End. Easy walk to beach, Close to shopping, restaurants. Fully equipped, newly remodeled, Private deck Seasonal & monthly rentals. Call Bob 410-913-2234.

*NS 2/1 CC TFN

LIGHTHOUSE REALTY

Paul J. Morris, Broker
VACATION RENTALS
PROPERTY MANAGEMENT & SALES
359 Periwinkle Way, Sanibel Island
239-579-0511
*RS 1/4 CC TFN

**NEAR BEACH PRIVATE HOME
3 BEDROOM, 2 BATH**

3 bedroom, 2 bath Home with heated pool, in quiet Sanibel neighborhood. Seasonal and monthly rentals. 239-472-0692 or www.4sanibel.com.

*RS 1/4 CC TFN

FOR RENT

Two-bedroom cottage on Sanibel. Furnished. Ground-level. On quiet street near Gulf beach. Available FEBRUARY and/or MARCH 2014. Livingroom, dinette, full kitchen, 2 bedrooms, bath, screened/glassed-in lanai. Carport, w/d. \$2,900 per month plus tax. Cable and all utilities furnished. Call owner 239-312-4164 or 859-749-7574.

*RS 2/15 CC TFN

ATRIUM CONDO RENTAL

2 bedroom/2 bath updated condo. Gulf Front, pool & tennis. Call on this rare offering Rentals Bi-weekly, monthly or Seasonal 239-633-9396 or DSears2007@aol.com

*RS 2/8 CC 3/29

ANNUAL RENTAL

**ANNUAL RENTALS
SANIBEL**

CANAL HOME

Just off Island, this Executive home offers 3 bedrooms/2 baths/family room/ 2 car garage, screened in pool, direct access canal & boat lift. Offered UF @ \$2,300/mo.

DUPLEX

2/1 UF ground level duplex, Easy walk to beach, updated. Yard care and water included. \$950/mo.

472-6747
Gulf Beach Properties, Inc.

Paul H. Zimmerman, Broker/Owner
Serving The Islands Rental Needs Since 1975
*RS 2/1 BM TFN

RE/MAX OF THE ISLANDS

Putting owners and tenants together
Call Dustyn Corace
www.remax-offtheislands.com
239-472-2311

*RS 1/4 BM TFN

ANNUAL RENTAL SANIBEL

2BR/1BA, 1/2 Duplex East End
Walk to Beach, Newly Remodeled, Adorable, Private Deck, W&D in unit
No Pets, non-smoking unit.
\$1,295. + utilities. Call Bob 410-913-2234

*RS 1/18 CC TFN

ANNUAL RENTAL

Apartment for lease on Sanibel, Mid Island, Furnished, 1B/1B \$895. per month. Call 734-761-7600 ext. 231.

*RS 1/4 CC TFN

ANNUAL RENTAL

2/2 UF condo with den. On canal, East End of Sanibel. W/D, boat dock, deeded beach access, covered parking. \$1,500/month. Call 239-728-1920.

*RS 1/4 CC TFN

**SF 4+BR 4 BA
ANNUAL RENTAL**

Stilt home off Middle Gulf. Quiet shell road and only 5 min walk from front door to the Gulf waves. Super easy commute off/on island. \$2,200 mo, avx mid-March. sanibelannualrental@gmail.com

*NS 2/22 CC 2/22

★ ★ CLASSIFIEDS ★ ★ CLASSIFIEDS ★ ★

ANNUAL RENTAL

SANIBEL DUPLEX

1 B/R, 1 bath (\$950/mo + elec.) + water
2 B/R, 1 bath (\$1,350/mo + elec.) + water
Tile floors; modern kitchens; screened
porches; fenced side yard; pleasant quiet
area; walk to banks, stores & restaurants.
Waste & sewer incl. Available March 1st.
239-395-8774.

*NS 2/8 CC TFN

SERVICES OFFERED

SANIBEL HOME WATCH

Retired Police Captain
Lives on Sanibel
Will Check Your Home Weekly
Very Reasonable Rates
(239) 728-1971

*RS 1/4 BM TFN

HELLE'S CLEANING SERVICES

Residential Cleaning to Satisfaction
Sanibel & Captiva • 239-565-0471
Sanibel Lic. #11412 Lee Co. Lic. #051047

*NS 1/4 PC TFN

ADRIANA'S CLEANING SERVICE

Totally honest with a passion for perfection.
Home and condo.
239-839-3984
adrianabolen8919@hotmail.com

*RS 1/18 PC 2/22

HOME WATCH SANIBEL

Property Management-Bookkeeping
Call Bob or Sally Island Residents
239-565-7438, sanisal186@gmail.com
WWW.HOMEWATCHSANIBEL.COM

*NS 1/4 CC TFN

HOME/CONDO WATCH CONCIERGE SERVICES

Dorado Property Management
Full Range of Services * Island Resident
* Licensed & Insured * 24/7
Call Lisa or Bruce at 239-472-8875

*RS 1/4 BM TFN

LUCY'S CLEANING SERVICES

Residential cleaning, Free estimate, 1st time
10% off. Weekly, biweekly, monthly, one
time only... *Sanibel-Captiva-Fort Myers*
LET US DO YOUR CLEANING 4U :))
Call Lucy- 239-245-4903

*RS 2/15 CC 3/8

SERVICES OFFERED

SCARNATO LAWN SERVICE

Lawn Service, Shrubs and Tree Trimming
Weeding, Installation of Plants, Trees and
Mulch (one month free service available)
Joe Scarnato (239) 849-6163
scarnatolawn@aol.com

*NS 1/25 BM TFN

COMPANION SERVICE

Sanibel-Captiva Care and Companion Service,
LLC Medical appointments, general transportation,
shopping, light meal preparations, and light
cleaning. Our services are customized to meet
our clients needs. Call 239-395-3591, or
for an emergency call 239-472-0556.

*RS 1/4 BM TFN

PUESTA DEL SOL CLEANING SERVICE

Residential * Commercial * Medical * Banks
Local/seasonal references/free estimate
Low prices with free laundry!!
Puestadelsolcleaning.com 239-770-4008
Juliasalazar3@hotmail.com 239-878-4472

*RS 1/4 CC TFN

PAINTING GOAT

Professional Painting & Home Maintenance
Free Estimates Sr Discounts
Fully Insured
www.paintinggoat.com
239-271-2919

*NS 2/22 CC 3/15

HEALTH AND WELLNESS

LOSE WEIGHT SAFELY

Want to Lose Weight Safely and Naturally?
We May Be Able to Help
Contact Dr. Constance Clancy
(Behavioral Health and Wellness Counselor)
and Dr. Robert Fisher
(Chiropractic Physician)
At Island Chiropractic Center
239-472-6032
For A Free Consultation

*NS 2/1 CC 2/22

BOATS - CANOES - KAYAKS

DOCKAGE

Hourly, Daily, Weekly
and Monthly.
Captiva Island 472-5800

*RS 1/4 NC TFN

LOST AND FOUND

LOST AND FOUND

Lost Ladies Watch
Make: Brighton
Area of Mucky Duck on Captiva Island
Lost on Dec. 10, 2012 around noon
If found call: 941-639-5395

*RS 1/4 NC TFN

MUSICAL INSTRUMENTS

MUSICAL INSTRUMENTS

KIMBALL BABY GRAND PIANO Black
Satin 5' 4". Original Owner Who Rarely
Used It, 25 Years Old, Excellent Sound
And Condition, With Bench. Great Piano.
239-281-4179

*NS 2/22 CC 2/22

WANTED TO BUY

CASH PAID FOR MILITARY ITEMS

Cash Paid For Old Military Items.
Medals, Swords, Uniforms,
helmets, old guns, awards & more.
Local Toll Free 1-866-440-3280

*RS 1/18 CC 3/8

LEGAL NOTICE

NOTICE OF ACTION FOR DISSOLUTION OF MARRIAGE

To: Matthew Allen Church. You are notified
that an action for dissolution of marriage
has been filed against you and that you
are required to serve a copy of your written
defenses, if any, to it on Andrea Jean
Church whose address is
1925 NE 2nd Terr Cape Coral FL 33909
on or before March 18, 2013 and file the
original with the clerk of this court at
PO Box 310 Ft Myers, FL 33901
before service on Petitioner or immediately
thereafter. If you fail to do so, a default
may be entered against you for the relief
demanded in the petition.

*NS 2/22 CC 3/15

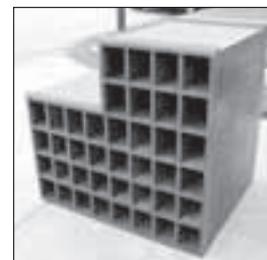
FOR SALE

20% - 50% SALE

NEW WEEK NEW SALES!

Large OLD indoor lighting fixtures
Remington Bronzes Whitehead Prints
Rauschenberg Memorabilia SeaShells
Tiny Italian Mosaics Chinese Snoofs
Taxco Mexican Southwester & Peruvian
OLDER 925 Sterling Silver Jewelry
Earrings Rings Bracelets Necklaces
Vast array ONE OF A KIND unquities!
Sanibel Consignments
2431 Periwinkle Way
472-5222, www.sanibelauktion.com

*RS 2/15 CC TFN



VINTAGE ARCHITECT'S STORAGE CABINET

Custom-built of solid wood, this is a very
well-made, sturdy piece. Made to fit in a
corner, it will stand upright or on its side.
Bottom side is unfinished.
Great for holding wine, blueprints, etc.
Measures 35 1/2" x 38" x 30 1/2"
Each square opening is 37/8" x 51/4"
Needs a cleaning and has some scratches
on the outer sides, but this is a gorgeous
piece that will clean up well. Asking \$175.
Please call 239-297-2557.

*RS 2/15 NC TFN

INVESTMENT OPPORTUNITY

AA+ Rail Road Pays 13%

Immediate Monthly Income

7year Term

800-588-4143

\$9,750 Min

www.americansynergycapital.com

*RS 2/22 CC 2/22



**GARAGE •
MOVING • YARD
SALES**

HELP WANTED

8-FAMILY YARD SALE

Feb. 23rd, 9-2
Ladyfinger Lake Rd.
The Ridge at Sanibel Bayous

*NS 2/15 CC 2/22

COCONUT CREEK COMMUNITY SALE

The annual Coconut Creek sale
will be held 2/23 from 8 am to 3 pm.
Coconut Creek is off McGregor
just west of Kelly Road.

*NS 2/22 CC 2/22

GARAGE SALE

2/23, 7:00am-noon, 1355 Eagle Run Dr.
Italian Scooters \$300. each, 2000 Golf
Balls, Ceramic dolphin fountain. Juicy
Purses, New Hard carrier Golf Bag, 20"
4 tires & Rims for Range Rover, window
air conditioner, silver pieces, Christmas
decorations, dog carriers, set golf clubs,
antique dishes & glasses.

*NS 2/22 CC 2/22

GIANT NEIGHBORHOOD GARAGE SALE

SOMETHING FOR EVERYONE.
TOO MUCH STUFF TO MENTION!
SATURDAY FEB. 23, 9AM to 2PM
(NO EARLY BIRDS)
CAUSEY COURT IN THE DUNES

*NS 2/22 CC 2/22

ESTATE SALE

Entire well-equipped rental house
furnishings. King, Q & Twin Bdrm set,
LR & all linens, kayak.
Preview this week, can pick up 3/30.
Call 239-472-0692 for appointment.

*NS 2/22 CC 2/22

Read us online at IslandSunNews.com

★ ★ ★ Read us online at islandnews.com ★ ★ ★

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	8			3				1

SUDOKU

To play Sudoku:
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 35

★ ★ CLASSIFIEDS ★ ★ CLASSIFIEDS ★ ★

HELP WANTED

CURRENT POSITION NEEDED: HANDYMAN

Must have knowledge of plumbing, electrical and general repairs. Must have own truck and tools. Work will mostly be on Sanibel. Salary negotiable and benefits after 90 days. Call 239-481-2929.
*NS 2/22 CC TFN

HELP WANTED

VOLUNTEERS NEEDED

At The Sanibel School
Call Michelle Wesley
239-910-8000
*RS 1/4 NC TFN

HELP WANTED

Volunteers needed for Independence Day parade on Sanibel. Help needed prior to and during the parade. Various duties. If you can help out, call Trish Phillips at 246-2981 or email trishphillips@mysanibel.com.
*NS 2/22 NC TFN

VOLUNTEERS NEEDED

Volunteers needed for the After School Program which runs Mon.-Th, 2:30 - 3:15 pm call Linda Reynolds 472-1617
*RS 1/4 NC TFN

CUSTOMER SERVICE/ OUTSIDE SALES

We need you to pamper our customers and spread the word about our services. Union Mechanical Inc. 239-437-5595 Knowledge of construction/contracting a plus.
*NS 2/8 CC TFN

HELP WANTED

Jerry's Foods is looking for an experienced waiter or waitress. Must be available Day's, nights, and weekends. Call Mark or Tami 472-9300
*NS 2/1 CC 2/22

HELP WANTED



3883 Sanibel Captiva Road, Sanibel, FL
Phone: 239-472-3644, ext 1
Fax: 239-472-2334
www.crowclinic.org

HELP US PLEASE!!

We need volunteers for:
Clinic emergency patient admissions desk and baby animal feeders
Visitor education center greeters and gift shop cashiers
CROW - (239) 472-3644, ext. 231 or volunteers@crowclinic.org
*RS 1/4 NC TFN

VOLUNTEER OPPORTUNITY

The Sunshine Ambassador Program is a new and exciting volunteer opportunity offered at the Golisano Children's Hospital of Southwest Florida located within HealthPark Medical Center. The Sunshine Ambassadors will greet, assist and be a positive first point of contact for patients, families and visitors entering the hospital. The Ambassadors also make a difference to families by providing educational and healthful resources to assist in GRANDparenting for GRANDchildren. We are currently seeking year-round volunteers to work one 4-hour shift Monday through Friday from 8:00 am to 12:00 pm or 12:00pm to 4:00 pm. If you would be interested in learning more about this wonderful new opportunity, please contact Lisa Ellinwood, Volunteer Resources Coordinator at 239-343-5062 at the Golisano Children's Hospital.
*NS 2/8 CC TFN

TO PLACE A CLASSIFIED LOG ONTO:

IslandSunNews.com

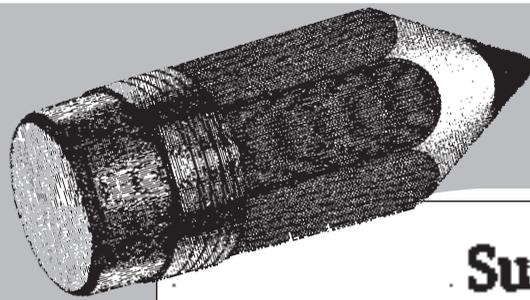
CLICK ON

PLACE CLASSIFIED



Emergency.....	911
Lee County Sheriff's Office.....	477-1200
Florida Marine Patrol.....	332-6966
Florida Highway Patrol.....	278-7100
Poison Control.....	1-800-282-3171
HealthPark Medical Center.....	1-800-936-5321
Ft. Myers Chamber of Commerce.....	332-3624
Foundation for Quality Childcare.....	425-2685
Ft. Myers Beach Chamber of Commerce.....	454-7500
Fort Myers Beach Library.....	463-9691
Lakes Regional Library.....	533-4000
Lee County Chamber of Commerce.....	931-0931
Post Office.....	1-800-275-8777
Visitor & Convention Bureau.....	338-3500
ARTS	
Alliance for the Arts.....	939-2787
Art of the Olympians Museum & Gallery.....	332-5055
Arts For ACT Gallery & Studio.....	337-5050
Art League Of Fort Myers.....	275-3970
Barbara B. Mann Performing Arts Hall.....	481-4849
BIG ARTS.....	395-0900
Broadway Palm Dinner Theatre.....	278-4422
Cultural Park Theatre.....	772-5862
Edison Festival of Light.....	334-2999
Florida Repertory Theatre at the Arcade.....	332-4488
Florida West Arts.....	948-4427
Fort Myers Symphonic Mastersingers.....	472-0168
Gulf Coast Symphony.....	489-1800
Harmony Chorus, Charles Sutter, Pres.....	481-8059
Naples Philharmonic.....	239-597-1111
The Schoolhouse Theater.....	472-6862
S.W. Florida Symphony.....	418-0996
Theatre Conspiracy.....	936-3239
Young Artists Awards.....	574-9321
CLUBS & ORGANIZATIONS	
Angel Flight.....	1-877-4AN-ANGEL
Animal Refuge Center.....	731-3535
American Business Women Association.....	357-6755
Audubon of SWFL.....	339-8046
Audubon Society.....	472-3156
Caloosahatchee Chapter DAR.....	482-1366
Caloosahatchee Folk Society.....	321-4620
Cape Chorale Barbershop Chorus.....	1-855-425-3631
Cape Coral Stamp Club.....	542-9153
duPont Company Retirees.....	454-1083
Edison Porcelain Artists.....	415-2484
Ft Myers UDC Chapter 2614	
(United Daughters of the Confederacy®).....	728-3743
Friendship Force Of SW FL.....	561-9164
The Horticulture and Tea Society.....	472-8334
Horticultural Society.....	472-6940
Lee County Genealogical Society.....	549-9625
Lee Trust for Historic Preservation.....	939-7278
NARFE(National Active & Retired Federal Employees.....	482-6713
Navy Seabees Veterans of America.....	731-1901
Paradise Iowa Club of SWFL.....	667-1354
Sons of Confederate Veterans.....	332-2408
Southwest Florida Fencing Academy.....	939-1338
Southwest Florida Music Association.....	561-2118
Kiwanis Clubs:	
Fort Myers Beach.....	765-4254 or 454-8090
Fort Myers Edison.....	694-1056
Fort Myers South.....	691-1405
Gateway to the Islands.....	415-3100
Iona-McGregor.....	482-0869
Lions Clubs:	
Fort Myers Beach.....	463-9738
Fort Myers High Noon.....	466-4228
Estero/South Fort Myers.....	898-1921
Notre Dame Club of Lee County.....	768-0417
POLO Club of Lee County.....	477-4906
Rotary Club of Fort Myers.....	332-8158
Sanibel-Captiva Orchid Society.....	472-6940
United Way of Lee County.....	433-2000
United Way 211 Helpline (24 hour).....	211 or 433-3900
AREA ATTRACTIONS	
Bailey-Matthews Shell Museum.....	395-2233
Burrough's Home.....	337-9505
Calusa Nature Center & Planetarium.....	275-3435
Edison & Ford Winter Estates.....	334-3614
Fort Myers Skate Park.....	321-7558
Imaginarium Hands-On Museum & Aquarium.....	321-7420
JN "Ding" Darling National Wildlife Refuge.....	472-1100
Koreshan State Historic Site.....	239-992-0311
Ostego Bay Foundation Marine Science Center.....	765-8101
Skatium.....	321-7510
Southwest Florida Museum of History.....	321-7430
True Tours.....	945-0405

If you would like your club/organization listed in The River Calling Card, phone 415-7732



BEACH CHAIR PASTIME

Answers on page 33

Super Crossword

X-CHANGING

- ACROSS**
- 1 Original in the Bible
 - 4 Holiday in Italy
 - 11 Sober and
 - 20 Kwik-E-Mart clerk
 - 21 In a very, very way
 - 22 End of the Y
 - 23 Eggplant
 - 24 Faded
 - 25 Striped
 - 26 Inflated
 - 27 Play to play
 - 28 Bags used by women
 - 29 Favorite sport
 - 32 The chair status
 - 34 Santa's
 - 35 Knit
 - 36 King of the
 - 38 Knit
 - 39 Impertinent
 - 40 Job detail
 - 43 Tough and
 - 44 Perform the
 - 45 2-legged
 - 47 Frolic
 - 51 Shaggy
 - 52 Golf course
 - 55 Catering
 - 58 Majority of
 - 60 Knights
 - 61 Took
 - 62 Laughed
 - 65 Party
 - 67 Faded
 - 68 S
 - 69 Opposite of
 - 72 Of a
 - 74 Salt
 - 75 Address
 - 78 Dress
 - 80 Former
 - 85 Is like
 - 88 Knit
 - 89 Impertinent
 - 90 His
 - 93 Inserted
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 - 97 Line
 - 98 Stick
 - 101 Just
 - 104 Name for
 - 107 Short
 - 110 Packet
 - 112 Color
 - 113 Lumpy
 - 114 Spanish
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 - 122 Clam
 - 129 Big
 - 127 From
 - 128 Like
 - 129 100
 - 130 Must
 - 85 Is like
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 - 89 Impertinent
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 - DOWN**
 - 1 Annual
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 - 9 Ely
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King Crossword

ACROSS

- 1 Pickle
- 4 Broom
- 9 Anything but that
- 12 Leaf
- 13 Corn
- 14 Street
- 15 Machine
- 17 Without
- 18 Included
- 19 Empty
- 21 Stamp
- 22 Stamp
- 23 Stamp
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DOWN

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MAGIC MAZE

THINGS WE BRUSH

Y A X U R P M I G D A X V S O
 N E K I T D A X V I Q O M E J
 F I N G E R N A I L S I B S F
 C A Y M W I U R H F E F T R P
 N E J H I A F D B Z I R O O N
 V I R Q O H M K Y S I R S H I
 H E D B Z Y C S R E T A E W S
 W V T R Q G O O T N O B E L M
 K U H E D C O T S A B N S Z U
 X W Y U S E R D A Q S U I R
 O N M K I J I H P C E G D I D

- Batons
- Dog
- Gun barrel
- Sail
- Sail
- Drums
- Hair
- Sweaters
- Chimney
- Fingerprints
- Flurry
- Teeth
- Dishes
- Floors
- Shoes



8700 GLADIOLUS DRIVE. (WINKLER AND GLADIOLUS)
ACROSS THE STREET FROM SWEET BAY
(239) 489-2233

HOURS
11:00 AM - 10 PM SEVEN DAYS A WEEK.

MENU HAPPY HOUR DAILY WITH LIVE MUSIC • RESERVATIONS ACCEPTED • PARTY ROOMS FOR PRIVATE FUNCTIONS

Salads

- PECAN CRUSTED GOAT CHEESE SALAD**
Baby Greens, Mango Vinaigrette, Fresh Tomatoes Red Onions, Carrots, Apple Slices, Warm Pecan Crusted Goat Cheese \$8.95
- SUNSHINE HOUSE SALAD**
Mixed Baby Greens, Apple Vinaigrette, Fresh Tomatoes, Shredded Cucumbers, White Cheddar and Candied Pecans \$6.95

Appetizers

- WOOD GRILLED DUCK BREAST MAE PLOY**
Duck Breast, Served with Roasted Corn and Portobello Mushroom Relish, Drizzled with Miso and Sweet Red Chili Pepper Sauce \$11.95
- MUSSELS HERBANATO**
Prince Edward Island Mussels sauteed in White Wine, Garlic, Lemon Juice, touch of Butter and Fresh Herbs \$11.95
- QUESADILLA OF THE DAY**
\$ Market

Dinner

- WOOD GRILLED RACK OF LAMB**
A rack of tasty New Zealand lamb (cooked to order), Mint Jelly Sauce Served with Mashed Potatoes and Fresh Vegetables \$31.95
- WOOD GRILLED FILET MIGNON**
With a Roasted Shallot, Red Wine, Fresh Herb Demi Glace served with Mashed Potatoes and Fresh Vegetables \$28.95
- PORTERHOUSE STEAK WITH PORTOBELLO AND BOURBON SAUCE**
22 oz Our savory Mushroom and Kentucky Whiskey sauce Served with Mash Potatoes and Fresh Vegetables \$34.95

- WOOD GRILLED RIBEYE**
14oz Marbled cut of Heaven topped of with our Brandy Peppercorn sauce served with Garlic Mashed Potatoes and Fresh Vegetables \$26.95
- YELLOWFIN TUNA AU POIVRE**
A Fresh Yellowfin Tuna sprinkled with Coarse Black Pepper, Wood Grilled topped with a Spicy Red Wine, Pepper Demi Glace served with Scallion Mashed Potatoes and Fresh Vegetables \$24.95
- LOW COUNTRY SHRIMP AND GRITS**
Our newest Sunshine favorite! Organic Whole Cut Yellow Grits, Sautreed Shrimp, Andouille sausage, White Cheddar, Jalapenos and the rest is a secret \$23.95
- WORLD FAMOUS SUNSHINE PAELLA**
Jumbo Gulf Shrimp, Sea Scallops, Chicken Breast, Sausage and Mussels, sauteed with Garlic, Red Wine, Capers, Olives, Artichokes Hearts, Onions, Bell Peppers and Paella Rice \$23.95

Selection of Classic Sandwiches & Wood Fired Flatbreads Pizzas

Homemade desserts such as chocolate fantasia, carrot cake and key lime pie

