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Vol. 12, No. 1

From the Beaches to the River District downtown Fort Myers

JANUARY 11, 2013

Country Music Video To Debut At Cattle Barons' Ball



One Night Rodeo's Duane Allison (left) and Cory Hildreth

Nashville recording artist and Next GAC Star winner One Night Rodeo, a country band that has adopted the battle against cancer as its primary fundraising cause, will debut a heart-tugging music video at the 2013 Lee County Cattle Barons' Ball.

Set to a new song, *After Beautiful*, which was co-written by acclaimed Nashville songwriters Kim Tribble and Emily Shackelton, the video also will be available on iTunes, with a percentage of the proceeds going to the American Cancer Society. For the third year in a row, One Night Rodeo will provide the live entertainment for the Cattle Barons' Ball, to be held January 19 at Harborside Event Center in the downtown Fort Myers River District. The mother of Cory Hildreth, the lead singer for One Night Rodeo, is a breast cancer survivor.

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Keith Bass & The Florida Bluegrass Express

Bluegrass Returns To The Theater At The Alliance

The Acoustic Music Society of Southwest Florida brings bluegrass back to the Alliance for the Arts on Sunday, January 13 from 2 to 5 p.m. with a three-band concert featuring the Okeechobee-based Keith Bass & The Florida Bluegrass Express. Bass is well known around the state of Florida, Kentucky and North Carolina for his clean, hard driving style of banjo. He started learning to play the guitar at the age of 12 and the banjo at the age of 13, and began playing festivals at the age of 18. Bass is joined by Jason Baker on the fiddle, Clint Dockery on mandolin and Shane Stewart on guitar.

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Special Equestrians Team Visits Eden School Students With Autism

The Special Equestrians therapeutic outreach team visited the students at Eden School in Fort Myers on December 17. During the visit, students with autism were able to groom and interact with two Pet Partner horses.

"Equine therapy has been known to increase independence, communication, and self-confidence in individuals with autism," said Jan Fifer, executive director of Special Equestrians. "Special Equestrians has been providing therapeutic horseback riding for 25 years in Southwest



Lakelyn Reigelman and Lacy

Florida. We recently expanded our outreach program so we could share the unique experience of equine interactions with individuals throughout our community."

"The horses were gentle, patient and calm," said Cari Pusateri, education coordinator at Eden's Fort Myers school. "Many of our students have never been able to touch or

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Two knights competing in performance combat

photo courtesy of www.EloquentImaging.com

Riverdale Kiwanis Medieval Faire To Be Held At Lakes Regional Park

The Riverdale Kiwanis have set their annual Medieval Faire for the weekends of January 12 and 13 as well as January 19 and 20 from 9:30 a.m. to 6 p.m. at Lakes Regional Park in Fort Myers. The two-weekend event is expected to draw more than 15,000 attendees.

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Historic Downtown Fort Myers, Then And Now:

Flossie Hill's House On Lee

by Gerri Reaves



This 1910 photo of Flossie Hill's house was taken around the time of its construction on Lee Street between First and Richmond. Judging from the stack of water pipes and the propped-up young trees, street improvements were underway at that time.

The two-story house with a big front porch was conveniently located behind Hill House, a hotel-boardinghouse that Flossie's mother, Mary F. Hill, had established in 1889. Flossie, along with her sister Annie, had helped her widowed mother run it.

As a young woman returning to Fort Myers from Rollins College, Flossie realized that the hotel business didn't suit her, so, she set out to have a different kind of work experience.

Despite her mother's objections, she clerked in MacDougald's dry goods and apparel store for \$20 per month. That work propelled her to strike out on her own in 1905 and establish a women's clothing store, M. Flossie Hill & Co.

It was the start of a legendary business career that lasted more than a half century. Many locals still fondly recall Miss Flossie.

Only a few years later, she built the comfortable house on Lee Street.

In 1916, a modern new Hill House went up, replacing the old wood-frame hotel on the southwest corner of Lee and First. But in 1918, Miss Flossie persuaded her mother to sell the hotel, which then became the Franklin Arms.

In the mid-1920s, she built a two-story stucco house on Palm Avenue for her mother in the new subdivision of Dean Park. Both mother and daughter moved there and rented the Lee Street house shown in the photo.



M. Flossie Hill built this house circa 1910 on Lee Street

courtesy of Southwest Florida Historical Society



Part of the CenturyLink complex now occupies the house site

photo by Gerri Reaves

Mary Hill died in 1934. Several years later, Flossie remodeled the house on Lee and moved back in. She lived there until she died in 1956, only a few days after her company's fifty-first anniversary.

Almost immediately, the Inter-County Telephone and Telegraph Company on Jackson Street expanded through to Lee Street.

Thus, the site where Flossie had built her first house was swallowed by the burgeoning telecom industry that evolved into today's CenturyLink.

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<p>The River Weekly News will correct factual errors or matters of emphasis and interpretation that appear in news stories. Readers with news, tips, comments or questions, please call (239) 415-7732 or write to: The River Weekly News, 1609 Hendry Street, Suite 15, Fort Myers, FL 33901. Fax number: (239) 415-7702. E-mail: press@riverweekly.com.</p>				 <p>PRINTED ON RECYCLED PAPER</p>																
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Register For Edison Ford Summer Camp

Edison & Ford Winter Estates Summer Camp will be back again this year from May 28 to August 2, with new programs.

The site is a living lab, where each project or activity challenges campers in the sciences, art and nature to ask questions and discover the answers for themselves while having fun.

Two camps are being held each week and are separated by grade levels.

To register online visit www.edison-fordwinterestates.org/education/summer-camp2/ and download the required forms. Parents can also pick up registration forms at Edison Ford or contact the Education Department at 334-7419 to register.

May 28-31: Time Travelers

Campers will take full advantage of the Edison Ford site by operating inventions, learning some of history's mysteries with scavenger hunts and research, build time capsules, and re-enact famous moments from the past.

June 3-7: Space & Rockets

Campers will explore the outer reaches of the universe with the resident space-man and will visit planets, collect samples, float on a Lunar Lander, build rockets, and lots more!

June 10-14: Kitchen Chemistry

This mind-boggling camp is a com-



Youngsters from a previous summer camp at the Edison Ford Estates

bination of the best experiments the Wild Wizard has to offer. Campers will learn how take everyday things found in the kitchen and make them do amazing things. Top it off with a cookout including home-made ice cream and root beer floats!

June 17-21: Animation

The perfect mix of science and art. Campers will learn improvisation, comedy techniques and basic acting to develop original characters, write their own story, choose animation styles, and make a short film. All films are edited and put on a DVD for participants to take home and share with the whole family.

June 24-28: Movie Making

Act, direct, operate the camera, and build sets. Campers will study Foley art (sound effects), movie magic (special effects), and script writing. Every camper will receive a DVD of their final film.

July 8-12: Engineering

"To be a good inventor you need a good imagination and a pile of junk," said Thomas Edison. Edison Ford will supply the junk and jump start the imagination. Campers will use recycled materials and develop green inventions, conduct science experiments, participate in balloon car races, build bridges, and more.

July 15-19: NEW Robotics at Edison Ford

Explore the world of robotics by

designing, building and programming robots of all different sizes and shapes. Students will work in teams as they learn new applications of robotic technologies. Robots will stay at Edison Ford.

July 22 - July 26: Physics in Motion

Get up and start moving while we have fun with physics through mini-golf, rocket cars, slinky sound effects and other challenges that exercise your mind and body. This camp will explore the world, large and small, from atoms to outer space.

July 29 - August 2: Smart in Art & Science

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Take a Day off with an Escorted Day Trip

History Miami THURS, January 17

Private Eco Tour of Miami/ lunch at La Loggia/tour Miami's History Museum

Clyde Butcher Gallery & Venice

FRI, February 15

Private Gallery tour/Venice Depot Museum visit/ lunch at Venice Island Cafe

Useppa Island & Captiva Cruise

THURS, March 7

Useppa Island via Captiva Cruises narrated boat tour/Museum visit/lunch at historic Collier Inn

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A young camper in a physics class

From page 3

Summer Programs

Youngsters can have fun expressing themselves through multiple mediums including Legos, post-it notes and organic materials. Let creativity take over while exercising the right side of the brain to learn to see as an artist.

Friday graduation will be a celebration of creativity with the Edison Ford Summer Camp Art Exhibition 2013.

Competitive need-based scholarships provided by donations are available. Students can apply for scholarships through the Edison Ford Education Department with a recommendation from a school teacher. Students above 6th grade can apply to become junior camp

counselors and earn volunteer hours. For more information contact Edison Ford Education Department at 334-7419 or visit www.edisonfordwinterstates.org.

The Edison Ford is open daily from 9:00 a.m. - 5:30 p.m. The Edison Ford is the winner of the 2009 National

Stewardship Award from the National Trust for Historic Preservation and is an official project of Save America's Treasures at the National Trust for Historic Preservation, a Florida Historic Landmark and a National Register Historic Site.*

Genealogical Society Meeting



The Civil War's last great sea battle

The Lee County Genealogical Society, Inc.'s monthly meeting will be held Thursday, January 17 at Wesley Memorial United Methodist Church Fellowship Hall, 4141 DeLeon Street, Fort Myers.

Local author Robert N. Macomber will talk about *The Last Men to Die: The Civil War's Last Great Sea Battle in the Straits of Florida*, the story of the final naval confrontation of the Civil War in the Straits of Florida – a month after Lee's surrender.

For more information visit us at www.LCGSFL.org or call Carolyn at 549-9625. Doors open at 12:30 p.m., with the business meeting, refreshments and program at 1 p.m.*

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Fort Myers Public Art:
Naiad



by Tom Hall

N*aiad* is a colorful, freestanding sculpture that stretches three stories into the blistering Florida sky. Designer Albert Paley fabricated it out of polychrome steel. It was added

to the City of Fort Myers' public art collection in 2009, but unless you've been to St. Tropez condominium complex or adjoining Beau Rivage, you've probably never seen it. That's because *Naiad* is only visible for a matter of seconds as you're driving west on First Street heading toward the downtown Fort Myers River District.

In 2004, Fort Myers adopted a public art ordinance that encourages developers to either place art on site or make a monetary contribution to the city's public art fund. When Riviera Development Group put together its planned unit development for St. Tropez, it chose to commission and install its own piece.

It was an amazing coup for Riviera Group to score a sculptor of Paley's stature. Paley is not only an internationally-acclaimed artist, he's a published author and lecturer as well. He holds an endowed chair at Rochester Institute of Technology, a BFA and MFA from Tyler School of Art in Philadelphia, and three

honorary doctorates, too. He's also the first metal sculptor to ever receive the coveted Lifetime Achievement Award from the American Institute of Architects.

Riviera Group was not Paley's first Southwest Florida commission. Besides St. Tropez, you can find one of Paley's modernist sculpture, *Cross Currents*, at FGCU, and the handles on Naples Philharmonic Center for the Arts' lobby doors and the bronze gates in the entrance way to the Patty & Jay Naples Museum of Art are his, too.

But Albert Paley's most ambitious project will be taking place next summer in New York City. That's when he'll be installing not one, but 13 separate sculptures at various sites along Park Avenue in Manhattan.

"The installations will remain in place until November 2013," advises Nan Miller of Ruth Lawrence Fine Art of Rochester. "After that, the pieces that have been purchased will go to their new owners, while any that haven't sold will go back to Paley's studio in Rochester."

So far, collectors and museums have snapped up seven of the 13 works. Given Paley's celeb and burgeoning reputation, it's hard to imagine that any of the others will still be on the market when the Park Avenue exhibition comes to a close.

Who knows? Maybe one of them will even head south for the winter. After all, the weather's good in Fort Myers at that time of year.

An arts advocate, Tom Hall guides weekly walking tours of the River District's public art collection in Fort Myers. For more information, go to www.truetours.net.



Naiad by designer Albert Paley is on First Street in downtown Fort Myers' River District

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HORTOONS



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Republican Women's Luncheon

Jim Nathan, CEO of Lee Memorial Health System, will be the featured speaker during the Tuesday, January 15 Fort Myers Republican Women's Club luncheon. He will discuss the future of the system, the challenge of the Obamacare regulations, the newly-elected board of directors and how the system integrates the new board into system planning and development.

During the luncheon, Marilyn Stout will be presented with the annual GEM Award. The GEM Award represents indi-

viduals who have shown Good leadership, Effort in establishing programs and policies, and being a Major contributor to the community through time and effort. Stout has been instrumental in Republican politics for many years, serving as president of several political organizations, as a council member for Cape Coral, and as committeewoman for the Lee County Executive Committee.

Officers for the club in 2013 include President Gaile Anthony, First Vice President Carole Green, Second Vice President Claudia Silverman, Treasurer Nancy Epple, Assistant Treasurer Tina Laurie, Recording Secretary Diane Kinser and Corresponding Secretary Claudia Zambor. Marilyn Stout serves as the Immediate Past President.

The public is invited to attend the luncheon and the program being held at The Helm Club, The Landings in South Fort Myers. A social hour begins at 11:15 a.m. The noon lunch, business meeting, program and presentation of the GEM Award will follow. The cost to attend the luncheon is \$16 per person. Reservations are required by Thursday, January 10 and may be made by contacting Tina Laurie at 489-4701.

The Fort Myers Republican Women's Club is affiliated with the Florida Federation of Republican Women and the National Federation of Republican Women. Additional information about the club may be obtained by contacting the president, Gaile Anthony, at 292-5212.*

MOAA Monthly Meeting

The next meeting of the Lee Coast Chapter of MOAA (Military Officers Association of America) will be held at Crown Colony Golf and Country Club at 6:00 p.m. on Monday, January 21.

The speaker will be Dr. Michael Deebe, a history professor specialist on the Civil War and author of several books on the subject. He will speak on Lincoln's assassination theories and other events that led to the Civil War.

Former, retired or active-duty uniformed officers who are interested in joining MOAA should contact Joe Smaha at 395-0776 for membership information.*

From page 2

Flossie Hill's House

Walk down Lee Street to the spot where an independent young business-woman once lived. Then walk south the short distance to the Southwest Florida Museum of History to learn more about the business people who helped build downtown.

For information, call 321-7430 or go to museumofhistory.org. The hours are 10 a.m. to 5 p.m., Tuesday through Saturday.

Visit the Southwest Florida Historical Society, where you can see photos of Miss Flossie at various stages of her career on the wall of the research room.

The all-volunteer non-profit organization is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts.

Contact the society at 939-4044, or visit on Wednesday or Saturday between 9 a.m. and noon.

Sources: The archives of the Southwest Florida Historical Society.*

Fort Myers Beach Yacht Club Meets January 23

The monthly meeting of the Fort Myers Beach Yacht Club will be held Wednesday, January 23, at the American Legion Post 274 on San Carlos Island. The address is 899 Buttonwood Dr., Ft Myers Beach.

Dinner will be catered and is available for \$10.00 per person. The social hour begins at 6 p.m., dinner at 7 p.m., and the membership meeting is from 8 to 9 p.m. Potential new members wishing to attend any or all portions of the meeting are invited to call Commodore Pete Oiderma for required reservations and additional information at 463-6240.

The Ft Myers Beach Yacht Club was formed in 1953 and incorporated as a not-for-profit organization for the purpose of promoting safe, enjoyable boating and good fellowship. This community-oriented club, with over 140 members and 60 boats, maintains a very active schedule of year-round activities, both on and off the water, for members and guests. Evening meetings are held once a month, usually on the 4th Wednesday, at the American Legion Post 274 on San Carlos Island. Because the club does not have the expense of maintaining their own waterfront facility, dues are only \$100 per year per couple or \$60 per single. To learn more, visit www.OurGroupOnline.org/FMBYachtClub.*



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Pictured with Santa (aka John Cavada of Gavin's Ace Hardware) are (left to right) elves Robb Capps, Denice Knudsen, and Norma Jean Pevey

photo by Jane Ross

Beach Chamber Members Have Spirited Business After Hours

The Greater Fort Myers Beach Area Chamber of Commerce let their hair down during the Christmas Business after Hours at the Pink Shell Spa and Resort. The Greater Fort Myers Beach Area Chamber of Commerce represents more than 400 local businesses, working to promote a positive business climate in the Fort Myers Beach area by providing networking opportunities, community events and tourist information.

The Greater Fort Myers Beach Area Chamber of Commerce is located at 17200 San Carlos Blvd., Fort Myers Beach.

For more information about the Chamber, call 454-7500 or visit FortMyersBeachChamber.org.

Calendar Girls Dance At Hukilau



Back row from left is Sandy Ensman, Deborah Watch, Pat Webber, Kathy Della Bella, Joy Baker, Barb Peck and Barbie Trost. Middle row is Frances Kirkbride, Gail Novack, Lyn Carlson, Sunseeker Luau King and Marianne McSweeney. Front row is Tina Pegler, JJ Jones, Linda Floyd and Katherine Shortlidge

Everybody loves a hukilau, where the laulau is the kaulau at the luau. Our sunny, optimistic dance team welcomed the new year at SUNseekers, where they proudly presented iconic princess Ginger, Tiny Bubbles impersonator Bill "Don Ho" Floyd and a Calendar Girl ukulele rendition of *You Are My SUNshine*. Those who bring sunshine to the lives of others cannot keep it from themselves.✧

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Along The River



Step back in time at the Medieval Faire this weekend at Lakes Park in Fort Myers

It's a party every Friday from 4 to 7 p.m. upstairs at **Top of the Town** above **The Morgan House**. Come early for a free buffet while it lasts (available with the purchase of an adult beverage). On Viva la Diva Saturdays, ladies drink for free from 10 p.m. to midnight. Happy hour is served weekdays from 4 to 7 p.m.

Overlooking the Patio de Leon in downtown Fort Myers' River District, lounge out and enjoy live music and special events taking place in the courtyard, while enjoying cocktails, drafts, microbrews and wines. The Morgan House's Top of the Town terrace offers a exiting menu to compliment your casual outdoor lounge or indoor full bar experience.

Top of the Town is open Monday through Saturday from 3 p.m. to close.



The documentary *Making Trouble: Three Generations of Funny Jewish Women* is featured during this year's Jewish Film Festival in Fort Myers

Downstairs, The Morgan House dining room and patio is open for lunch Monday through Saturday and dinner Monday through Saturday. They are located at 33 Patio de Leon, Fort Myers. Call 337-3377 or go to www.morganhouserestaurant.com.

On Saturday and Sunday, January 12 and 13 as well as 19 and 20, The Riverdale Kiwanis Club is holding its annual **Medieval Faire** from 9:30 a.m. to 6 p.m. at Lakes Regional Park, Fort Myers. The two-weekend event is expected to draw over 15,000 attendees.

The event includes continuous entertainment, jousting by New Riders of the Golden Age, merchants and artisans, jugglers, magicians, minstrels, live combat chess match, live sword fighting, Medieval arts and crafts, royal court and procession, children's games and rides, Medieval clothing and weapons, period food and beverages. Adult tickets are \$15 and children's tickets (5 to 11 years old) are \$5. Free on-site parking is available.

All profits from the Medieval Faire go to the Kiwanis of Riverdale Foundation Fund to support local programs including Thanksgiving baskets for the needy, Christmas dinners, Buckingham Exception School, Orange River Elementary, Sunshine Elementary, school grants and scholarships. Call 839-8036 or go to www.medieval-faire.com.

As local seafood lovers know, **The Lazy Flamingo** is a great place for grouper sandwiches, raw oysters on the half-shell, conch chowder and mussels marinara served in a nautical-themed atmosphere. The Lazy's motto is "If our seafood were any fresher, we would be serving it underwater." The restaurant is also known for its secret recipe Flamingo garlic bread, buffalo wings and giant burgers; best enjoyed with a frosty mug of beer.

With four locations in Lee County, the fun, casual restaurant has developed a loyal fan base. For family outings, the "little grown ups" can choose from kid-approved dishes such as chicken fingers, pasta and hot dogs. All items on the children's menu include a Lazy Flamingo flying disk and collectors cup.

The Lazy Flamingo 4 is located at 12951 McGregor Boulevard, Fort Myers. It is open daily from 11 a.m. to midnight. Call 476-9000 or go to www.lazyflamingo.com.

Beginning Tuesday, January 15 through February 7, the **Jewish Film Festival** comes to Fort Myers. Sponsored annually by the Jewish Federation of Lee & Charlotte Counties, the films are being shown at the Regal Cinema Bell Tower, Fort Myers.

For a schedule of movie titles and dates, go to www.jewishfederationlcc.org or call 481-4449 ext. 3.

Enjoy good food, drink specials and a rockin' good time at **Nervous Nellie's Crazy Waterfront Eatery** in Fort Myers Beach. The casual, family-fun restaurant boasts a large selection of appetizers, fresh seafood, sandwiches and entrées. While relaxing on the outdoor patio, swing to the beats of live reggae, rock and island music. Just upstairs from Nellie's is **Ugly's Waterside Bar**, the place where everyone gets prettier. Enjoy happy hour all day, every day at Ugly's. Go to Nellie's website for a schedule of musicians.

Parking for your car or boat is free for patrons. The GPS coordinates for Nellie's Snub Harbour Marina are 26°27'23.41" N • 81°57'15.18" W.

Nervous Nellie's Crazy Waterfront Eatery is located at 1131 First Street, Fort Myers Beach in the historic Baywalk district. Call 463-8077 or go to www.nervousnellies.net.



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A strolling violin minstrel at the Riverdale Kiwanis Medieval Faire

From page 1

Riverdale Kiwanis Medieval Faire

The 2013 Riverdale Kiwanis Medieval Faire will feature jousting, a live chess match, live sword fighting, royal court, children's games and rides, jugglers, magicians, minstrels, period food and medieval-themed merchants. Entertainment at the faire will be provided by professional touring medieval faire professionals. Tickets will be available the day of the faire. Adult tickets cost \$15 and children tickets (ages 5 to 11) cost

\$5. Free onsite parking is available.

All profits from the Medieval Faire go to the Kiwanis of Riverdale Foundation Fund to support local programs including thanksgiving baskets for the needy, Christmas dinners, Buckingham Exception School, Orange River Elementary, Sunshine Elementary, school grants and scholarships.

For more information on the Riverdale Kiwanis Medieval Faire, visit www.Medieval-faire.com. For group ticket information, call Sandy Wheeler at 369-6881.*



Barely Balanced professional acrobats perform at a past Riverdale Kiwanis Medieval Faire
photo courtesy of www.EloquentImaging.com

Handbag Happy Hour Returning To Fort Myers

The 10th annual ICAN Handbag Happy Hour is returning to the Harborside Event Center on Friday, January 11. The event is an annual fundraiser for the Island Coast AIDS Network (now known as AHF/ICAN following a recent merger). It will feature hundreds of new and previously loved handbags in silent and live auctions with all proceeds going to the Client Needs Account at AHF/ICAN.

CHICO's FAS designer Mr. Michael Chase has produced a one-of-a-kind handbag for the event that will be the highlight of the evening and will be placed in a live auction along with other designer donations.

The Handbag Happy Hour will run from 5 to 9 p.m. with a silent auction of almost 100 items from 5 to 8 p.m. and the live auction from 8 to 9 p.m. In addition, the event will feature hundreds of excellent quality previously loved handbags selling for only \$10 each on the grab bag tables.

Tickets are now on sale at \$75 each for general admission and \$125 for VIP admission, and will include an open bar, heavy hors d'oeuvres and music by DJ Bear. To reserve tickets in advance, call



Chico's handbag designed by Michael Chase

photo by Craig Hilderbrand

337-2391 ext. 211 or by e-mail mhal-ey@icanswfl.org.

Founded in 1987, ICAN is a partner agency of the United Way and provides vital support services such as food, transportation and case management to over 450 HIV/AIDS infected individuals and their families in Southwest Florida.*

To advertise in
The River Weekly News
Call 415-7732

Take a Day off with an Escorted Day Trip

History Miami

THURS, January 17

Private Eco Tour of Miami/ lunch at La Loggia/tour Miami's History Museum

Clyde Butcher Gallery & Venice

FRI, February 15

Private Gallery tour/Venice Depot Museum visit/ lunch at Venice Island Cafe

Useppa Island & Captiva Cruise

THURS, March 7

Useppa Island via Captiva Cruises narrated boat tour/Museum visit/lunch at historic Collier Inn

Dakin Dairy Farm Trip

THURS, April 11

Eco Farm Tour/ Hay ride and pig race/picnic lunch



Museum of History

2031 Jackson Street Fort Myers

Call: 239-321-7430

www.MUSEUMofHISTORY.org

Churches/ Temples

ALL FAITHS UNITARIAN CONGREGATION (UUA)

Where diversity is treasured
2756 McGregor Boulevard, Fort Myers
Starting November 4,
two Services: 9 am and 11 am.
Adult Education Ethics Workshop: 10 am.
Reverend Dr. Wayne Robinson, Minister
(final year) 239-266-0900.
www.allfaiths-uc.org

ALL SAINTS BYZANTINE RITE CATHOLIC CHURCH

10291 Bayshore Rd., N. Fort Myers
Divine Liturgy is on Sun. at 10:30 a.m.;
Rosary begins at 10 a.m.
Lenten services (Presanctified Liturgy)
will be on Wed. evenings at 6 p.m. start-
ing on Feb. 22. Administrator is Very Rev.
Peter Lickman, ph. 305-651-0991. We
are a Church of the Eastern Catholic or
Byzantine Rite, 1.5 mi. east of Int. 75.

ANNUNCIATION GREEK ORTHODOX CHURCH

8210 Cypress Lake Drive, Fort Myers
Reverend Fr. George P. Savas
Orthros Service Sunday 9 a.m.
Divine Liturgy Sunday 10 a.m.
www.annunciation.fl.goarch.org
239-481-2099

BETH SHILOH

MESSIANIC SYNAGOGUE

15675 McGregor Boulevard, 437-3171
Rabbi: Judah Hungerman
Friday Service, 8 p.m., Saturday Service,
11 a.m. Shabbat School Saturday Morning,
Adult Hebrew Classes.
Call for information on full program.

BREAD OF LIFE MINISTRIES CHURCH OF GOD

16581 McGregor Boulevard, 267-3166
Just past the Tanger Outlet Mall
Pastor: Barry Lentz, 281-3063
Sunday Worship, 10:30 a.m.
Wednesday Bible Study, 7 p.m.

CHAPEL OF CYPRESS COVE

10200 Cypress Cove Circle Fort Myers
239-850-3943, Located at Cypress Cove
Retirement Center on HealthPark Campus
An ecumenical non-denominational com-
munity of believers.

Sunday Worship Service, 10 a.m.

Wednesday Bible Study, 7 p.m.

Reverend Ted Althouse, Pastor

revtedalthouse@aol.com

CHURCH OF THE CROSS:

13500 Freshman Lane; 768-2188
Pastors: Jeff Moran and Michael Bulter;
A nondenominational church emphasizing
a personal relationship with Jesus Christ.
Sunday Service: 9 a.m. Contemporary
10:45 a.m. Traditional.

COVENANT PRESBYTERIAN CHURCH

2439 McGregor Boulevard, 334-8937
Rev. Dr. Jeffrey DeYoe, Senior Pastor
Reverend David Dietzel, Pastor Emeritus.
Traditional Sunday service 10 a.m. Nursery
available

CYPRESS LAKE BAPTIST CHURCH

8400 Cypress Lake Drive, Fort Myers,
481-5442 Randy A. Alston, Reverend.
Sunday Services: Bible study, 9:45 a.m.
Morning Worship, 11 a.m., Evening
Worship, 7 p.m., Wednesday Prayer
Meeting, 6:30 p.m.

CYPRESS LAKE PRESBYTERIAN CHURCH

8260 Cypress Lake Drive, Fort Myers,
481-3233; Clint Cottrell, pastor
Sunday services: 8 and 11 a.m. Traditional;
9:30 a.m. Contemporary; 9:45 a.m.
Children's Church K4J Kids for Jesus

CYPRESS LAKE UNITED METHODIST CHURCH

8570 Cypress Lake Drive, Fort Myers,
482-1250

8 and 11 a.m. Sunday Traditional Service

9:30 a.m. Praise Service

Sunday School all times

FAITH FELLOWSHIP WORLD OUTREACH MINISTRIES

6111 South Pointe Boulevard, Fort Myers,
278-3638. Sunday Worship, 10:30 a.m.;
Voice of Faith, WCRN 13.50 AM Radio,
Sunday, 1:30 p.m.; Thursday Service, 7:30
p.m.; Friday Youth Service, 7:30 p.m.
Nursery care for pre-school children and
Children's Church for ages 5-12 available
at each service.

FAITH UNITED METHODIST CHURCH

15690 McGregor Boulevard
Fort Myers, 482-2030
Pastor: David Stauffer.

Traditional services 8:45 a.m.;

Contemporary, 10:30 a.m.

Go south on McGregor Boulevard. The
church is ½ mile past the intersection of
Gladiolus and San Carlos Boulevard on
the way to Sanibel.

FIRST CHURCH OF CHRIST, SCIENTIST

2390 West First Street, next door to Edison
Estates.

Sunday Morning Service and Sunday
School, 10:30 a.m.; Wednesday Evening
Testimony Meeting, 7:30 p.m. Child care
provided at all services. Visit our Reading
Room for quiet study at: 2281 First Street,
River District. www.time4thinkers.com,
www.christiansciencefortmyers.com,
www.christianscience.com

FIRST CHURCH OF THE NAZARENE

13545 American Colony Boulevard
off Daniels Parkway in the Colony,
Fort Myers, 936-2511

Pastor: Reverend Joey Brummett
Sunday School: 9:30 a.m.; Morning
Worship, 10:30 a.m.; Sunday Evening, 6
p.m.; Wednesday Family Night, 7 p.m.

FIRST UNITED METHODIST CHURCH

in the Downtown Fort Myers River District
2466 First Street, Fort Myers, FL 33901
239-332-1152, www.fumcftmyers.org
Sunday: 9 a.m. Contemporary Worship
9 a.m. and 10 a.m. Sunday School
9:45 a.m. Coffee Fellowship
10:30 a.m. Traditional Worship
5 p.m. Youth Program

FORT MYERS CHRISTIAN CHURCH (DISCIPLES OF CHRIST) A STEPHEN MINISTRIES CONGREGATION

5916 Winkler Road, Fort Myers, 437-4330
Reverend Mark Condrey, Pastor
Sunday Worship: 10:30 a.m.
Church School: 9:15 a.m.

FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST:

8210 College Parkway, Fort Myers,
482-3133. Philip White, pastor
Morning Worship: 10 a.m.
Church School: 10:15 a.m.
Adult Forum: 11:30 a.m.

HOLY THEOTOKOS MONASTERY

111 Evergreen Road, North Fort Myers,
997-2846 Eastern Orthodox men's mon-
astery. Liturgical services conducted in
the English, Greek and Church Slavonic
languages, following the Julian (Old)
Calendar. Liturgical Services: Sundays and
Holy Days: The Third and Sixth Hours at
8:30 a.m.; Divine Liturgy at 9 a.m.

IONA-HOPE EPISCOPAL CONGREGATION

9650 Gladiolus Drive, Fort Myers 454-4778
The Reverend Dr. John S. Adler, pastor.
Weekly services:

Saturday 5 p.m., Eucharist with Healing
Sunday 8 a.m., Holy Eucharist, Rite One;
9:30 a.m., Family Eucharist with Healing
and Church School

Tuesday 9:30 a.m., Morning Prayer (in
Spanish); Wednesday 9:30 a.m., Eucharist
with Healing. Child care available at
Saturday 5 p.m. and Sunday 9:30 a.m.
services.

JESUS THE WORKER CATHOLIC CHURCH:

881 Nuna Avenue, Fort Myers, 481-1143

Masses Friday and Saturday, 7 p.m.;

Sunday, 8 and 10 a.m. and 6 p.m.

KINGDOM LIFE CHURCH

2154 McGregor Boulevard,

Fort Myers, 218-8343

Pastor Randy and Anita Thurman

10:30 a.m. Sunday Service

All are welcome.

LAMB OF GOD

LUTHERAN/EPISCOPAL CHURCH

Corner Cypress View Drive and Koreshan
Boulevard, Three Oaks area,
Fort Myers, 267-3525

Walter Fohs, pastor; Becky Robbins-

Penniman, associate pastor

Sunday worship services:

8 a.m. Early Grace Traditional

9 a.m. Awesome Grace Contemporary

10:30 a.m. Classic Grace Traditional

8:45 & 10 a.m. Sunday School God's

Group

MESSIAH REFORMED CHURCH

Worship Gathering - Sunday 10 a.m.

Pastor Alan Bondar.

Fort Myers Villas Civic Association Bldg.

2306 Sunrise Blvd. Fort Myers, 220-8519

website: messiahreformed.com

6:30 p.m. Wednesday Bible Study

noon Sunday Fellowship Lunch

Monthly Teen Events

see website for podcasts, special events,

ministries, calendar, blogs, etc.

NEW BEGINNINGS CENTER

New Home Church, 8505 Jenny Cae Lane,
North Fort Myers, 239-656-0416

Weekly Friday Meeting Meet & Greet: 6:30

p.m. Kingdom Teaching: 7 p.m. Fellowship

and refreshments after service. nbcmin-

istry@embarqmail.com, www.facebook.

com/nbcministry. Alex & Patricia Wiggins,

Ministers

NEW HOPE BAPTIST CHURCH OF FORT MYERS

16120 San Carlos Boulevard, Unit 10
239-985-8503

9:45 a.m. Sunday School for all ages

11 a.m. Sunday Morning Worship.

7 p.m. Wednesday Evening Bible Study

NEW HOPE PRESBYTERIAN CHURCH

3825 McGregor Boulevard. Fort Myers

Pastors: Stu Austin and Howard Biddulph

8 & 9:30 a.m. Traditional Worship

11 a.m. Contemporary Worship

8, 9:30 & 11 a.m. Sunday School

Youth and Children's programming runs

concurrent to Sunday services.

Nursery care provided at all services

274-1230. For more information visit:

www.newhopefortmyers.org

PEACE COMMUNITY CHURCH

Meets at Ft. Myers Beach Masonic Lodge

17625 Pine Ridge Road,

Fort Myers Beach 267-7400.

Pastors Bruce Merton, Gail & RC Fleeman

Adult Discussion Classes: 9-10 AM

Countdown to Worship (praise music):

10:10 AM

Amazing Grace Worship: 10:30 AM

Phone 267-7400 Fax 267-7407

Web site: peacecommunitychurch.com

e-mail: peace1265@aol.com

PEACE LUTHERAN CHURCH

Saturday, Worship 5 p.m.

Sunday, Worship- 8 and 9:30 a.m.

Wednesdays during Lent soup dinner at

5:30 p.m., Compline Service at 7 p.m.

Peace is a member of the ELCA. We cel-
ebrate weekly communion with traditional

liturgy, organ and choir. 15840 McGregor

Blvd, Fort Myers, 437-2599, www.peaceft-

myers.com, peace@peaceftmyers.com

REDEEMER LUTHERAN CHURCH

3950 Winkler Ext., Fort Myers, 274-0143

8:15 and 10:15 a.m. Sunday Services

Daily early learning center/day care

RIVER OF LIFE ASSEMBLY OF GOD

21580 River Ranch Rd, Estero

239-495-0400

Senior Pastor: Todd Weston

8 and 9:45 a.m. Services;
11:30 a.m. Legacy Service, multi-genera-
tional

SAMUDRABADRA BUDDHIST CENTER

Meditation classes. All are welcome.

Guided meditations offering many meth-
ods for relaxing the body and focusing
the mind on virtuous objects to bring
increasing peace and happiness into
daily activity. For information, class times
and locations call 567-9739 or visit www.
MeditationInFortMyers.org.

SOUTHWEST BAPTIST CHURCH

16940 McGregor Boulevard,

Fort Myers, 454-3336

Robert G. Kasten, Pastor

Sunday Worship Service 11 a.m.

Nursery available

9:45 a.m. Sunday School for all ages

Junior Church grades one to five

Wee Church Pre-K to K

Evening Service 6 p.m.

Wednesday Service 6 p.m.

SAINT COLUMBKILLE CATHOLIC CHURCH

12171 Iona Road, Fort Myers, off

McGregor and north of Gladiolus.

489-3973 Father Joseph Clifford.

Weekly masses:

Monday through Saturday 8 a.m.

Weekend masses: Saturday 3 and 5 p.m.;

Sunday: 7, 9, 11, and 5:30 p.m.

Reconciliation is available at the church on

Saturdays at noon and by appointment

SAINT JOHN THE APOSTLE METROPOLITAN COMMUNITY CHURCH

3049 Mcgregor Boulevard, Fort Myers,

344-0012 Pastor Reverend Steve Filizzi

An Affirming & Inclusive Congregation

Sunday Services, 10 a.m. and 7 p.m.

Mid-Week Service, Wednesday 6:30 p.m.

SAINT MICHAEL LUTHERAN CHURCH & SCHOOL (LCMS)

3595 Broadway, Fort Myers

239-939-4711, www.smlcs.org

Wednesday Fellowship: 5:30 p.m.

Dinner \$5, 6:15 p.m. bible studies

Worship: Saturday, 5:30 p.m.,

Sunday 8 a.m. and 10:45 a.m. with 9:15

a.m. adult and children's Bible Study, plus

marriage enrichment studies. Divorce Care

on Thursdays from 7 to 8:30 p.m.

During Lent: Wednesday worship

noon and 6:15 p.m.

SAINT PETER LUTHERAN CHURCH

3751 Estero Boulevard, Fort

Myers Beach, 463-4251.

St. Peter Lutheran Church of Fort Myers

Beach (Evangelical Lutheran Church of

America) welcomes all to worship Sundays

at 8:30 and 10:30 a.m.

TEMPLE BETHEL SYNAGOGUE

16225 Winkler Rd. 433-0018.

Rabbi Jeremy Barras

E-mail: rabbi.barras@templebethel.com

Cantorial soloist: Lawrence Dermer

Temple educator: Dale Cohen, MaEd, RJE

Shabbat Services, Friday, 7:30 p.m.

Torah Study, Saturday, 9:15 a.m.

Religious Education; Sunday School and

Midweek classes,

Preschool Classes, Monday through Friday

Web site: www.templebethel.com

Affiliated: Union for Reform Judaism

TEMPLE JUDEA (CONSERVATIVE)

14486 A&W Bulb Road, Fort Myers,

433-0201,

Rabbi: Rabbi Elyssa Auster

President: Keith Grossman

Minyan: Monday & Thursday at 9 a.m.

Services: Friday night at 7:30 p.m. and

Saturday morning at 9 a.m.

Religious School Sunday morning

Web site: www.tjswfl.org

Preschool director: JoAnn Goldman

email templejudeapreschool@gmail.com

433-0201, Web site: www.tjswfl.org

Affiliated: United Synagogue of

Conservative Judaism

From page 10

Churches/Temples

THE CHABAD LUBAVITCH OF SW FLORIDA ORTHODOX

5620 Winkler Road, Fort Myers
Rabbi Yitzchok Minkowicz
433-7708, E-mail: rabbi@chabadswf.org
Web site: www.chabadswf.org
Services: Friday 6:30 p.m.; Saturday Kabbalah class 9 a.m.; Shacharit 10 a.m.; Kiddush at noon
Minyan: Monday and Thursday 7 a.m.

THE NEW CHURCH

The New Church of SWFL is located 10811 Sunset Plaza Circ. #401, behind Zoomers. Rev. Gabriella Cahaley officiates worship services on Sundays at 11 a.m. during the season. Other worship events are held on the beach in Fort Myers Beach. See our webpage <http://www.newchurchflorida.com/> or call for more information 239-481-5535.

THOMAS A. EDISON CONGREGATIONAL CHURCH

1619 Llewellyn Drive Fort Myers
Just off McGregor across from the Edison/Ford Winter Estates 334-4978
Senior Minister: Douglas Kelchner
Traditional Worship Sunday's 10:15 a.m.
Website: www.taecc.com

UNITARIAN UNIVERSALIST CHURCH FORT MYERS

13411 Shire Lane (off Daniels Parkway one mile west of I-75)
Minister: The Reverend Allison Farnum
Sunday services and religious education at 10:30 a.m.
For information on all church events call 561-2700 or visit www.uucfm.org.

UNITY OF BONITA SPRINGS

Family Service 10 to 11 a.m.
Healing Circle 11 a.m.
Hospitality and Fellowship, 11 a.m.
Inspiring lesson, uplifting and dynamic music, meditation in a loving environment.
Service held at 28285 Imperial Street, Bonita Springs. Call 947-3100.

UNITY OF FORT MYERS

11120 Ranchette Road, Fort Myers
Winter services: Sundays at 9:15 and 11 am. Children's class at 11 am.
Reverend Jim Rosemergy, minister.
Our God is Love; our Race is Human; our Religion is Oneness.
www.unityoffortmyers.org or 239-278-1511

WESTMINSTER PRESBYTERIAN CHURCH

9065 Ligon Court, Fort Myers, across from HealthPark Hospital, 481-2125
Senior Pastor: Robert Brunson
Sunday Service:

9:30 a.m. Sunday School for all ages
11 a.m. Blended Worship
www.westminsterfortmyers.org

WORD OF LIFE CHURCH

2120 Collier Ave, Fort Myers, 274-8881;
Services: Sunday 10 a.m.;
Wednesday 7 p.m.

BISHOP GASPAR AND MICHELE ANASTASI ZION LUTHERAN CHURCH

7401 Winkler Road, Fort Myers,
481-4040, Interim Pastor Jim Eggert
Pastor Peter Weeks
Sunday Services: 8:30 a.m. Traditional;
10 a.m. Blended Traditional and Contemporary;
11:30 a.m. Contemporary.
Children's Sunday School, Adult /Teen Bible Classes, 10 a.m.*

CARE Offering New Program For Caregivers

Powerful Tools for Caregivers is an educational series designed to provide caregivers with the tools needed to take care of themselves. This class is made available through a grant from the Florida Department of Elder Affairs and Senior Choices of Southwest Florida in collaboration with Lee Memorial Health System and the CARE Program.

This program helps family caregivers reduce stress, improve self-confidence, communicate feelings better, balance their lives, increase their ability to make tough decisions and locate helpful resources.

Classes consist of six sessions held once a week. Two experienced class leaders, many of whom are experienced caregivers themselves who have successfully applied the techniques they teach, conduct the series. Interactive lessons, discussions and brainstorming will help participants take the tools they choose and put them into action for their lives.

Attendees will receive a book, *The Caregiver Helpbook*, developed specifically for the class. A donation of \$25 to

help defray the cost of the book is suggested but not required to attend the class.

Classes will be held at St. John's Episcopal Church, 7771 Stringfellow Road, St. James City. Sessions are held every Monday from 1 p.m. to 4 p.m. and begin on January 14. For more information or to register, please call 343-9221. Class size is limited and pre-registration is required.*

Wednesday Morning Live!

The next Wednesday Morning Live! Community Lecture Series at Covenant Presbyterian Church on Wednesday, January 16 – "Tropicalia Live!" – will be presented by Amy Bennett Williams, popular feature writer in *The News-Press* "Tropicalia" Sunday supplement. The one-hour lecture begins at 10 a.m., with coffee and snacks served at 9:30 a.m. Admission is free.

Covenant Presbyterian Church is located at 2439 McGregor Blvd. in Fort Myers. Call 334-8937 or email infocovpcf@cfm.com for more information.*

Our email address is press@riverweekly.com

Help The Harry Chapin Food Bank Realize Goal For Hunger Walk

On your mark, get set, go! This is what honorary chair Lois Thome will say at 9:30 a.m., January 19, when the 5th annual WINK News Feeds Families Hunger Walk begins at Miromar Outlets, Estero. Your help is needed to raise the goal of \$270,000. All proceeds will benefit the Harry Chapin Food Bank.

Reaching this year's goal will help the food bank feed children, families, seniors and others in need. Both sponsors and walkers are needed to make the event successful. With just two weeks to go, the food bank is only half way to its goal. Last year's Hunger Walk had over 850 participants.

Five Years–Fighting Hunger, Feeding Hope is this year's theme. If the goal for the 2013 event is met, it will make a five-year total of \$1,000,000. In its first four years, the Hunger Walk raised \$730,000.

Co-chairs for the fifth annual event are Sandy Robinson of Northern Trust and Dr. Brian Schwartz of 21st Century Oncology. Lois Thome, WINK news anchor, will lead this year's walkers.

The presenting sponsors are Panera Bread, Garden Street Iron & Metal, Inc., and Jo Anna and Wilson Bradshaw. Gold sponsors include Florida Gulf Coast University, SMART COMPANIES and SWFL Tech Group. Silver sponsors are Northern Trust, Busey Bank, Maureen and Brian Schwartz, Century Link, and Miller, Helms & Folk. Media sponsors are The News-Press and MUNDO FOX. Miromar Outlets is providing the venue.

Hunger Walk sponsorship opportunities are still available. Those interested in becoming a sponsor or providing support for the Hunger Walk should contact Marta Hodson, 334-7007, ext. 132, or email martahodson@harrychapinfoodbank.org.

Individuals, businesses, and groups wishing to participate in the Hunger Walk may register by accessing www.harrychapinfoodbank.org and following the link to the Hunger Walk.

The Harry Chapin Food Bank solicits, collects and stores quality food for distribution to families in need through a network of 160 nonprofit agencies in Lee, Collier, Hendry, Charlotte and Glades counties that provide food to more than 30,000 people monthly. Over 1 million pounds of food are distributed by the Harry Chapin Food Bank monthly. For every dollar donated, about \$6 in food value goes back to the community. In the past fiscal year, the Harry Chapin Food Bank distributed more than 15 million pounds of food and other grocery items valued at more than \$24.9 million. This is roughly the equivalent of 12.5 million meals to people in need.

For additional information about or to contribute financially to the Harry Chapin Food Bank, contact 334-7007 or go to harrychapinfoodbank.org.*

SEASON OF PRAISE

THE VILLAGE CHURCH AT SHELL POINT

TIM ZIMMERMAN & THE KING'S BRASS



Tickets Just \$10

Tim Zimmerman & The King's Brass present hymn classics with a contemporary flair. Featuring three trumpets, three trombones, a tuba, percussion and keyboards, these instrumentalists blend together to create a time of innovative worship that will be enjoyed by all generations.

SUNDAY, JANUARY 13 AT 6:15 P.M.

CALL (239) 454-2147 for information or visit www.shellpoint.org/seasonofpraise to get tickets.

15100 SHELL POINT BLVD. • FORT MYERS, FL 33908

Winter Brings Mixed Bag Of Fish Species



by Capt. Matt Mitchell

Foggy mornings meant calm conditions most of the week on the water. Once the fog burned off, warm, balmy days were the norm and fishing action was very consistent with

in the southern end of the sound made for non-stop action, with either a popping cork, live shrimp rig or a soft plastic jig bounced slowly across the bottom. Deeper narrow creeks in the "Ding" Darling National Wildlife Refuge also produced keeper-sized trout when fishing live shrimp on the bottom during periods of low water.

Getting a limit of four trout per person was easy all week and made for a great way to start off a trip before moving on to bigger and better things. The big trout of the week was a 28-incher I caught while out with a buddy one afternoon throwing soft plastics for snook and redfish on a favorite high tide mangrove shoreline. This was one of the bigger trout I have seen in months, and it even had me believing it was a big redfish when I first set the hook.

lots of fish caught every day out.

Jacks and mangrove snapper seem to be just about everywhere, but even when it seems like that's all there is, if you keep fishing, there are some better fish mixed right in with them.

Our winter fishing is all about a mixed bag of species and just never really knowing if that next bite will be another jack or a big snook or redfish.

With warming conditions, good numbers of keeper-sized trout reappeared out on the flats this week, with a few pompano, mackerel and ladyfish in the mix, too. Flats in the three- to five-foot range



Jamie Helpburn with a 32-inch snook caught with Capt. Matt Mitchell this week



Capt. Matt Mitchell with a 28-inch trout caught while fishing for snook this week

Sheepshead fishing around the passes was as good as it has been all winter, with fish up to 20 inches getting more and more common. Both sides of Redfish Pass held lots of 12-inch-plus, keeper-size sheepshead. Chunks of shrimp fished close to the bottom drew bites just about every cast, but small, piranha-like mangrove snapper broke up the party a little. Areas where I targeted sheepshead around the passes also held some snook on the end of the falling tide. One cast would be a keeper sheepshead, then the next, a snook. This really lets you know that conditions are much warmer than usual when there are still snook in the passes in January.

Consistently hooking sheepshead definitely takes a little time to get the hang of, but once you get it dialed in, these fish can be a blast to catch. Just about any deeper mangrove shoreline or dock with moving water was also a good bet for a sheepshead dinner. They are not one of our most glamorous fish, but when the bite is on, they can make for non-stop action and it's always a plus to be heading home with some great eating fish for dinner.

Redfish fishing for me this week was a little more hit-and-miss. Keeping a bait on the hook long enough for a redfish to find it before another species ate it seemed to be the key. We did manage a few redfish in the middle 20-inch range along with lots of winter rat reds. The

cousin of the redfish, the black drum, seem to be just about everywhere the redfish should be. Low water creek and channel fishing was a good way to target reds on live shrimp along with potholes around bars and shoals on cut baits.

For sheer variety, wintertime fishing in our area is hard to beat. Add in a super low minus tide that bunches up all the fish and it simply does not get any better for non-stop action.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmattmitchell@aol.com.✪

Send Us Your Fish Tales

The River Weekly would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the River Weekly, 1609 Hendry Street, Suite 15, Fort Myers, Florida 33901, or email to press@riverweekly.com.

Introduction To Using GPS Class

The San Carlos Bay Sail & Power Squadron, a unit of the United States Power Squadrons, will be offering a class in basic GPS operation on Saturday, January 19 from 1:30 to 4:30 p.m. This class will be offered again in March.

The class is designed to introduce new users to GPS. The class will include discussions of marine navigation, how a GPS works, and GPS limitations. There will be an extensive presentation on what a GPS can do and what a boater can do with GPS. For those interested in purchasing a GPS, you will understand what a GPS can do for you and some of the key features to look for as you shop for a GPS.

The cost of the class is \$30.

The class is being taught at the San Carlos Bay Sail & Power Squadron Classroom, located at 16048 San Carlos Blvd at the corner of Kelly Road (across from ACE Hardware) in Fort Myers.

Students can register online at www.scbps.com or call 466-4040.✪

BOAT RENTALS

**Fishing • Cabbage Key
Dolphin Watching
Captains Available**

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Jensen's Marina
Captiva Island



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*Courteous Professional Marine Repair Service • Dockside Service
Serving Sanibel & Captiva For Life*

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**Your Bottom
Specialist
Call on Paint Prices**



Dave Doane

CROW Case Of The Week:

Unusual Arrival
Of Razorbills

by Patricia Molloy

The razorbill is a snow-bird in the truest sense; it does not, however, usually migrate to Florida after the holidays.

The razorbill (*Alca torda*) is one of the rarest seabirds in the United States, preferring cold environments like Iceland, Canada and north-eastern states. Yet, more than

a dozen have unexpectedly arrived at CROW in tropical Southwest Florida this winter, much to the amazement of Dr. Heather Barron, hospital director and one of only 200 specialists in avian medicine.

The two juveniles currently at the wildlife clinic arrived emaciated with multiple lacerations. "These birds have a lot of attitude even though they are not in their normal 'neighborhood.' It's like they have a Napoleon complex, which is great because the two we still have are eating well and are bright and alert," said Dr. Heather.

"The wildlife biologists with whom I have spoken have assured me that they won't make it back. Even if we feed them well and fatten them up before releasing them, they don't have the blueprint to find their way back to their normal migratory pattern. There are thousands of razorbills being tracked over the gulf waters by the federal government. They simply aren't finding their way back to the east coast. Additionally, they aren't finding the fish here that they typically feed on. They usually eat sardines and other really fatty fish that are



This juvenile razorbill having a bite to eat during its daily tub time

found up north. The gulf waters don't have comparable fish in terms of body fat content so they are not getting the fuel they need from the oils in the warmer water fish," added Dr. Heather.

Delta and Jet Blue airlines have worked with CROW in the past and might be willing to fly the birds back up north at no charge, since it is highly unlikely that they can make the trip back to Canada on their own. In the end, however, it's the federal government that controls the status of sub-migratory birds. "I have made several calls and the feds are concerned that (the razorbills) might take tropical diseases back up north with them" she said.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crow-clinic.org.✪



A second juvenile razorbill has been moved from ICU to one of CROW's outside seabird enclosures and is doing well

Guided History And Nature Walk



Looking for plenty of wildlife? You'll find it at Wild Turkey Strand Preserve

Walking trails that extoll both history and nature will be showcased during the Guided History & Nature Walk on Saturday, January 19 from 9 to 10:30 a.m. at Wild Turkey Strand Preserve, located at 11901 Rod & Gun Club Road in Fort Myers.

Just south of Lehigh Acres, this 3,137-acre Conservation 20/20 preserve sits atop portions of the former Buckingham Army Air Field, the state's largest airfield training base during World War II. Walk a 1.8-mile trail that blends nature and history via boardwalks, observation decks overlooking wetlands and interpretive panels describing the gunnery training that once took place here.

Restrooms are available onsite. The degree of difficulty of this walk is moderate. Participants should bring water, hat, sunscreen, binoculars, camera, closed-toed shoes or boots, etc.). Provided in cooperation with Lee County Parks and Recreation, the tour and parking are free.

For more information, call 707-3325 or visit www.conservation2020.org.✪



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Special Equestrians volunteers Tracey Goodwin and Lin Hartnett with Alex Merlo and Lacy photos by Kirsten Troyer Photography

From page 1

Special Equestrians

brush a horse and this was a wonderful opportunity for them. We appreciate the Special Equestrians volunteers providing this experience for our kids."

Eden Autism Services Florida was founded in 1996 to address the state's

growing need for specialized services for children and adults with autism and their families. Their mission is to improve the lives of children and adults with autism and provide support to their families by providing a range of community based services to meet specific needs throughout the lifespan.



Debbie Umphries, Jacob Troyer and Lacy

Special Equestrians, Inc. is a nonprofit organization which helps children and adults with disabilities by providing a structured therapeutic horseback riding program and equine assisted activities.

For more information, visit www.specialequestrians.net or call 226-1221.*

From page 1

Cattle Barons' Ball

"One Night Rodeo continues to be a major supporter of our battle against cancer," said Beth Hayes, staff partner for the Lee County chapter of the ACS. "Every year the band members go above and beyond just providing the entertainment for the event. They also donate to the live and silent auctions, they entertain our sponsors at the pre-event party, and all year long they tell their fans to support the American Cancer Society. Now they're making this music video, and we can't thank them enough."

The video will highlight one family's triumph over its personal battle against cancer. Susan McCarthy, a Southwest Florida resident who is a real-life breast cancer survivor, will play the lead role.

"One Night Rodeo is 100 percent committed to the fight against cancer," said Edward Ciofani, CEO of Fox Hill Records and manager of the band. "We go beyond just voicing our support to doing things throughout the year to raise money for this important cause."

Ciofani said he envisioned the storyline for the video the first time he heard the song performed by the band in Nashville. He imagined it set on a horse farm, and while driving around Alva one day, he stumbled upon Lovelace Farms. Owners John and Glenda Lovelace, past supporters of the Cattle Barons' Ball, just happened to be out front, and when Ciofani told them his idea for the video, they enthusiastically offered the use of their property for the project.

"The location is uncanny in that it has all the features I had in my mind for the video," Ciofani said. "Plus, it turned out that the family is a past Cattle Barons' Ball supporter."

The band also has commissioned the creation of two guitars that will be engraved with the words After Beautiful to be auctioned at the Cattle Barons' Ball.

The theme of this year's 10th anniversary event is Starry Nights Under a Southwest Florida Sky.

Premiere Oncology is the presenting sponsor for the anniversary gala. LeeSar, a leader in health care supply chain management, has committed \$25,000. Other sponsors who have saddled up for the event are John and Mary Jo Boler, Med Assets, Suncoast Beverage Sales, Scanlon Automotive, Enterprise Holdings, Wells Fargo, VIP Realty, Paces Medequipment, Medtronic, McKesson, Lee Memorial Health Systems, Clive Daniel Home, Jason's Deli, Harborside Event Center, C.R. Bard, Inc. Kimberly Clark, Haskell, Cheney Brothers, Boston Scientific, American Contract Systems and Abbott Laboratories. Florida Weekly, NBC-2 and Gulfshore Life magazine are the media sponsors. The dessert and drink sponsors are Norman Love Confections, Jim Beam and Gruppo Mezzacorona.

One Night Rodeo is an American contemporary country band founded more than 13 years ago in Bradenton, Florida. One Night Rodeo is composed of Cory Hildreth (lead vocals, keys, guitar and mandolin) and Duane Allison (bass guitar, vocals). The band has opened for country superstars such as Rascal Flatts, Keith Urban and Montgomery Gentry, and most recently won the Great American Country and Music Nation's Next GAC Star competition. The band's first single and video, *Alive and Living*, maintained its spot in the Top 20 Country Countdown on GAC TV and remains on the Independent Music Network charts.

The Cattle Barons' Ball is the signature fundraising event for the American

Cancer Society of Lee County. Now in its 10th year, the event has raised more than \$3.4 million for support services, research and education. Premiere Oncology is the Presenting Sponsor for 2013. Anyone interested in learning more or volunteering to help with the 2013 Cattle Barons' Ball can contact the American Cancer Society at www.cancer.org or call Beth Hayes at 936-1113, ext. 3909.*

Nature Walk At Live Oak Loop



Downy woodpecker

Take a morning stroll in the woods along the quarter-mile Live Oak Loop on Saturday, January 12 from 9 to 10:30 a.m. at Caloosahatchee Creeks Preserve's East Entrance, 10130 Bayshore Road in North Fort Myers. Participants will meet in the parking lot.

Traverse wetland, oak hammock and pine flatwoods on an ADA-compliant boardwalk and trail while learning more about the birds, butterflies and plants that call this home. Visit one small section of a 1,290-acre Conservation 20/20 wilderness oasis that includes nature trails, scenic observation areas and picnic pavilions.

Restrooms are available onsite. The degree of difficulty of this walk is easy. Please remember to bring items you may need during the walk (i.e. water, hat, sunscreen, binoculars, camera, closed-toed shoes or boots, etc.). Provided in cooperation with Lee County Parks and Recreation, the tour and parking are free.

For more information, call 707-0862 or visit www.conservation2020.org.*

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Tradition Is The Theme At Broadway Palm



by Di Saggau

Fiddler On The Roof is one of those musicals that is ingrained in our cultural memories. Iconic songs like *Tradition*, *Sunrise*, *Sunset* and *Matchmaker* make it an entertaining and heartfelt production. I strongly recommend you see Broadway Palm's production of *Fiddler*.

Set in Tsarist Russia in 1905, the show focuses on Tevye, played so well by Rob Summers. With his boisterous, jolly and sometimes loud voice, Tevye is the center of the show. He is larger than life and believes strongly in Jewish tradition, especially concerning the marriage of his five daughters.

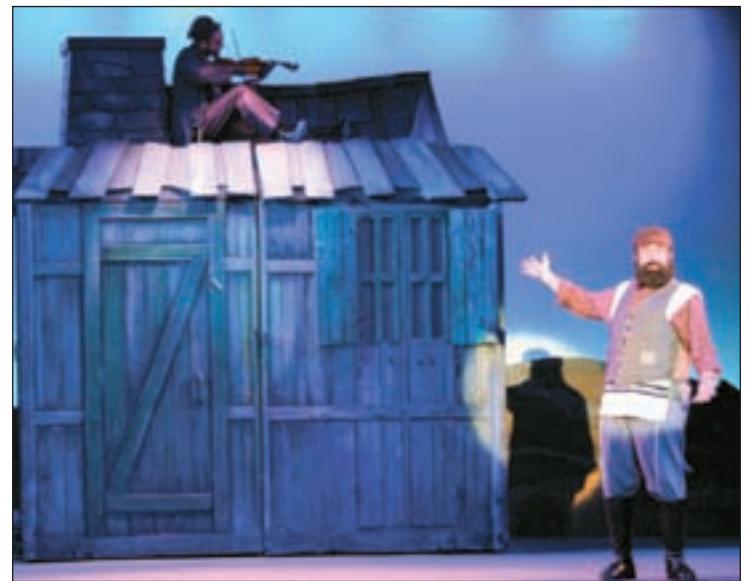
Conflict erupts when his oldest daughter Tzeitel (Colleen E. Johnson) refuses to marry a butcher selected by the Village Matchmaker. She is in love with Motel (Greg Prager), a tailor. In addition, his second oldest daughter Hodel (Elizabeth McMonagle) wishes to marry a student, Perchik (Patrick Heffernan). Tevye reluctantly gives in to his daughter's wishes. However, when his third daughter Chava (Allison Fund) makes her own choice, a Christian boy named Fyedka (Cameron Edris), Tevye disowns her. To make matters worse, the police and non-Jews in town start harassing the people of Anatevka.

Jennie Hollander's Golde is a good match to Summers' Tevye. She gives Golde a firm, demanding edge that reflects a deep love for her family and she handles the key moments with her disowned daughter with a subtle clarity that reflects the intricacies of family dynamics in those days.

I love it when the opening number sets the tone and brings you into the world the playwright wants to create. *Tradition*, with its actual fiddler on the roof, sung by Tevye and company, definitely accomplishes this goal. *If I Were A Rich Man* is another highlight of the evening and I loved the Bottle Dance and Russian dancing that accompanied the wedding ceremony. The choreography throughout matches the magnificent music.

All in all, *Fiddler* is an unforgettable, magical and emotional experience. The cast is outstanding and although the show is set over 100 years ago, many of the themes are still relevant today.

Fiddler On The Roof will be at Broadway Palm through February 16. For tickets, call 278-4422, visit www.BroadwayPalm.com or stop by the box office at 1380 Colonial Boulevard in Fort Myers.*



Fiddler On The Roof, playing at Broadway Palm through February 16



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LIVE MUSIC

Plant Smart

Bay Cedar

by Gerri Reaves

Bay cedar (*Suriana maritima*) is a native evergreen that usually grows as a dense shrub but can develop into a small tree of more than 20 feet in favorable conditions.

Its family, bay cedar, is monotypic, consisting of only one genus and one species. The plant is listed as endangered in the wild in Florida.

Found in sandy or coastal habitats in central and south Florida, it is not only a good soil stabilizer, but a species that can withstand the salty rigors of coastal life. In fact, it is so hardy that the buoyant seeds retain viability after floating in ocean currents.

Multi-stemmed and -branched, it also makes an excellent plant for inland South Florida landscapes.

The soft-green or gray-green succulent leaves are linear or spatula-shaped and about one and one-half inches long. A dense covering of tiny hairs gives them a velvety touch and look.

The leaves, which are similar to those of sea lavender in both color and shape, are densest at the branch ends.



Bay cedar is endangered in the wild in Florida

photos by Gerri Reaves

The five-petaled cup-shaped yellow flowers measure about a half-inch across. They bloom throughout the year, appearing singly or in clusters near the branch tips. Their delicacy is all the more appreciated because of bay cedar's ability to survive harsh salt, wind, sand and heat.

The dark brown or gray bark can be shaggy or peel in strips.

Plant this maintenance-free beauty in full to partial shade. It will attract butterflies and birds.

Propagate it with the extremely small nutlike fruit.

The leaves have a cedar-like odor when crushed, thus the common name.

Medicinal tea made with the leaves are used for intestinal ailments, rheumatism, fevers and cleaning wounds.

Sources: *The Shrubs and Woody Vines of Florida* by Gil Nelson, *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio, *National Audubon Society Field Guide to Florida*, *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, www.fs.fed.us, and *Everglades Wildflowers* by Roger L. Hammer.

Plant Smart explores sustainable gardening practices that will help you create an environmentally responsible, low-maintenance South Florida landscape. ✨



Bay cedar's leaves are covered in dense fine hairs

Caring For Your Plants

Pigmy Date Palm; The Most Cultivated Palm

by Justen Dobbs



You see them everywhere – neat little mounds of dark green leaves that gracefully arch toward the ground and sway in the wind. Pigmy Date palms (*Phoenix roebellinii*) have

exploded in popularity in the past 20 years as a superior landscape plant for Tropical, Sub-Tropical and Mediterranean climates. The palm is native to Laos, where it grows in low mountainous scrub forest. It is a slow-growing palm to about 10 feet and sports a light brown fibrous trunk and dark green leaves to about four feet long. They are typically planted in doubles or triples which adds to their overall affect and appeal in the landscape.

Pigmy Dates are, as you guessed, in the date palm family of Phoenix species. However, their dates are small and insipid to the palate. Inside the date is a small nut that looks like a shriveled coffee bean. Plant this nut about half an inch deep in standard potting soil and keep moist. The



Pigmy Date in the landscape

seedling should sprout within four to six weeks and subsequent growth is slow.

There are a few different types of Pigmy Date palms. There is one cultivar called Reasoneri, which is a naturally clustering (clumping) palm. All of the double and triple trunked specimens you see in Southwest Florida are comprised of two to three individual trees that have grown together. But the Reasoneri cultivar constantly produces more stems from its base and is popular solely with collectors.

There is also a variegated variety that is very rare – this one has yellow and green striped leaves and is very ornamental. I recently acquired some seed off a variegated specimen and out of 1,000 seeds planted, only 400 sprouted and only one was variegated.

Contrary to what some people think, Pigmy Dates do not grow indoors. They require filtered sun to full sun and good constant airflow in order to stay healthy. When grown indoors, they are suscep-

tible to spider mites, scale and weakened fronds. Pigmy Dates are very drought tolerant and typically require no fertilizer.

In the landscape, it is good to start with a four to six foot tall plant. Use doubles and triples in small planter beds or where space is limited. You can expect about four to six inches of overall growth per year so they will not quickly overpower your landscape or outgrow small, tight spaces. Water in the palms good and then soak the roots every day or two for the first 45 to 60 days.

Pigmy Dates are used often as potted palms, but typically become sickly and anemic looking over time. Some good alternatives to Pigmy Dates include Bottle palms, Spindle palms, Paurotis palms and native Thatch palms, as each of these look good when planted in groups and are not fast growing.

Dobbs is a landscape architect in south Florida specializing in custom, upscale landscapes. He can be reached at seabreezenurseries@gmail.com. ✨

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IslandSunNews.com

Classic Familial Drama Playing At Florida Rep

by Di Saggau

The *Little Foxes* by Lillian Hellman is now playing at Florida Repertory Theatre. To say money is the root of all evil doesn't quite sum it up for the Hubbard family. Set in a small Alabama town in 1900, their struggle for wealth takes sibling rivalry to new heights.

Foxes is an old-fashioned Southern gothic about a family of really nasty people who don't care who they step on to get ahead financially.

The title comes from the *Song of Solomon* in the Bible which reads, "Take us the foxes, the little foxes, that spoil the vines: for our vines have tender grapes."

The fictional Hubbards are allegedly drawn from some of Hellman's less desirable relatives. The focus is on Regina Hubbard Giddens, a domineering woman who struggles for wealth and freedom during a society where only sons were legal heirs. It's been said that Hellman based Regina on an aunt who went horseback riding on the day of her husband's funeral.

Tallulah Bankhead starred as Regina when the play first opened in 1939. Her performance is theatrical legend. I feel the same can be said of Sara Morsey's portrayal. The stage was alive when she

was on it.

Watching Regina manipulate the men around her with her "high-toned" manners is a treat to behold. "Imagine being lonely with all that money," she says to her brother. Words that will come to haunt her by the plays end.

"We're a very close family," says Ben Hubbard (Peter Thomasson), the patriarch of the clan. In a way, he's right. Ben and his two siblings, Regina and Oscar (Mark Chambers), involve themselves in each others' lives to a degree rarely seen in most families. Now they are set to turn on each other over an investment opportunity that could make them rich beyond their wildest dreams.

Oscar's wife Birdie (Carrie Lund) is a much-maligned timid soul who turns to drink and nervous chatter to cover up her hurt. She plays the role well. The entire cast does an excellent job. That's not just my opinion. *The Wall Street Journal* recently sang the same praises. You'll also enjoy Brian Hatch as Leo Hubbard, Oscar and Birdie's son. Craig Bockhorn is Regina's husband Horace, who is aware of the betrayal afoot. Rounding out the cast are Patricia Idlette and Darrick Penny as devoted servants, Lindsay Clemmons as Regina and Horace's daughter Alexandra, and Dick Boyd as investor William Marshall.

Hellman knew how to structure a pot-boiler of a story and it plays so well on Florida Rep's gorgeous, open plantation home set created by Ray Recht.

Directed by Maureen Heffernan, the well-detailed performance builds with ten-



The cast of *The Little Foxes*

sion and even offers a few laughs.

The Little Foxes plays through January 26 at Florida Repertory Theatre, in the Historic Arcade Theatre on Bay

Street between Jackson and Hendry in Fort Myers. For tickets, go online to www.floridarep.org or call 332-4488. ✪

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The Screaming Orphans

Screaming Orphans Return To The Davis

The Rotary Club of Fort Myers will present the fourth annual Screaming Orphans concert at the Sidney & Berne Davis Art Center on Saturday, January 26. The band Kilt The Messenger will perform outside in front of the Davis Art Center beginning at 6 p.m., followed by the Screaming Orphans on the inside stage at 8 p.m. The Davis is located at 2301 First Street in the downtown Fort Myers River District.

The Screaming Orphans are four talented, funny, high-spirited, musically obsessed sisters who had the good fortune to be raised in Bundoran in County Donegal, Ireland. Their sound has been compared to the Bangles and the Cranberries and their musical influences range from the Beatles, R.E.M., Indigo Girls and Abba, to traditional Irish music.

All proceeds benefit the Lee County Alliance for the Arts, the Sidney & Berne Davis Art Center and the Rotary Trust Fund. Food will be provided by Reuben's Catering and special deserts will be served by Norman Love Confections.

Tickets for the show are \$60 and include dinner and the performances. For sponsorship information or to reserve a table, call 332-8158 or 980-1077. Tickets can also be purchased online at www.sbdac.com or onsite at the Alliance for the Arts.

Also, volunteers are needed for the Sidney & Berne Davis Art Center to assist in the office and with regularly scheduled seasonal events. Contact Sally Joslyn at 333-1933 or sally.sbdac@gmail.com for more information.*

From page 1

Bluegrass Concert

The well-known Fort Myers bluegrass band The Bugtussle Ramblers will kick-off the concert, followed by Naples-based Captain Joe & The Bottomfeeders, with Keith Bass & The Florida Bluegrass Express rounding out the show.

Tickets are \$7 at the door, or \$5 for Alliance members. Seating is open and first come, first serve. Children 12 and under are free if accompanied by an adult. Doors open at 1:30 p.m. Visit www.artinlee.org or call 939-2787 for more information.

This is the first in a three-concert indoor bluegrass series. The next shows are Sunday, February 17 and Sunday, March 17.

The Alliance for the Arts is located at 10091 McGregor Boulevard, just south of Colonial Boulevard in Fort Myers.*



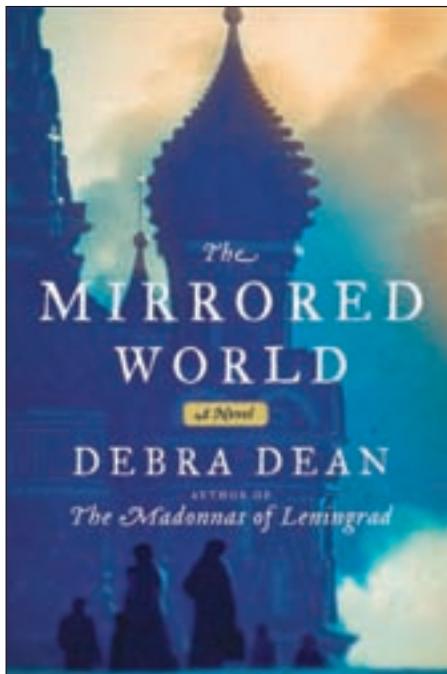
Captain Joe And The Bottomfeeders



Debra Dean

Dean Opens Davis Lecture Series January 21

The Sidney & Berne Davis Art Center presents The Berne Davis Lecture Series, beginning on Monday, January 21 with author Debra Dean. This season, four best-selling authors will speak, and each lecture will include a luncheon and book signing. The lectures are sponsored by FineMark National Bank & Trust.



Debra Dean is the author of three books: *The Mirrored World* (Fall 2012); *Confessions of a Falling Woman*, short stories (2008); and her debut novel, *The Madonnas of Leningrad* (2006), which has been published in 20 languages and remains a perennial book group favorite.

Dean was born and raised in Seattle. At Whitman College, she double-majored in English and Drama. After college, she worked in the New York and regional theatre for nearly a decade and met her husband when they were cast as brother

and sister in A.R. Gurney's play, *The Dining Room*. She received her MFA from the University of Oregon and has taught creative writing and literature since 1990. She now lives in Miami, where she teaches in the MFA program at Florida International University.

The series will continue with lectures by David Hagberg on February 25, and James O. Born and Bob Morris on March 18. Each lecture, luncheon and book signing will be from 11 a.m. until 2 p.m. in the Grand Atrium of the Sidney & Berne Davis Art Center, located at 2301 First Street in the Fort Myers River District.

Tickets to all three lectures, with lunch, are \$100 per person if purchased before January 18; lectures only \$70. Individual lecture with lunch is \$35; lecture only \$25.

Also, volunteers are needed for the Sidney & Berne Davis Art Center to assist in the office and with regularly scheduled seasonal events. Contact Sally Joslyn at 333-1933 or sally.sbdac@gmail.com for more information.*

Art On The Lawn

Fort Myers Beach Art Association will hold a sale outside in the garden and lawn of the gallery on Donora and Shell Mound in Fort Myers Beach from 9 a.m. to 3 p.m. this Sunday, January 13.

Artists will be hanging their art from clotheslines, fences and grids guaranteed to provide a colorful and beautiful display of artwork for sale. Both framed and unframed pieces will be available in a wide variety of prices, mediums and styles.

The FMBAA gallery is located on Donora Street at the blinking light off Estero Blvd. in Fort Myers Beach. For more information on any FMBAA activity, visit www.fortmyersbeachart.com or call the gallery at 463-3909. Visitors are always welcome and new members delight us.*

Greeters Club Monthly Lunch

Looking to make new friends and join in monthly activities? Attend the next luncheon meeting of The Greeters Club of Greater Fort Myers on Thursday, January 17 at Colonial County Club, 9181 Independence Way in Fort Myers.

Razzle Dazzle Boutique of Cape Coral will provide fashions and accessories on the club's very own models. Call today to join this dynamic group of women of Lee County. Cost to attend the luncheon is \$20 per person, with reservations required.

Contacts Janet Gambuzza at 454-5750 or Marie Gaither at 791-8966 or send an email to wmgaither@aol.com. Check them out on Facebook at Greeters of Fort Myers for other fun activities.*



Dixie Fish House

Fort Myers Beach Art Association Hosts Two Shows

For two weeks, January 12 through 24, the Fort Myers Beach Art Association will host a show for artists who have won first, second or third place prizes in the last two years of shows at the beach gallery in the 2012 Invitational Show. This display will highlight works of Lee Ackert, Sherry Collier, Pauline Healey, Cheryl Fausel, Sue Pink Kathy Ross, Joan Stobart and Dannica Walker, all fine artists with their own style of painting.

In Gallery 2 there will also be a display of artist's depictions of the Dixie Fish

House. The restaurant and sometime fish store has been a favorite subject of the local artists for many, many years. The outdoor painters of FMBAA have painted it several times each season in many different styles and mediums. Artists will be displaying them in the gallery for a very interesting retrospect of the building through the years.

All artwork will be on display during regular gallery hours and will be both for viewing and for sale. Don't miss seeing these beautiful bodies of work. Admission is free.

The gallery is located on Donora Street at the blinking light off Estero Blvd. in Fort Myers Beach. For more information on any FMBAA activity, visit www.fortmyersbeachart.com or call the gallery at 463-3909.✱

Fort Myers Beach Art Association January Events

Upcoming events during the month of January at the Fort Myers Beach Art Association gallery building, located on Donora at the corner of Shell Mound in Fort Myers Beach (unless otherwise noted):

- January 10, 17 and 24 – Acrylic painting with Penny Fox, 9 a.m. to noon and 1 to 4 p.m. See www.fortmyersbeachart.com or call 463-3909 for more information and fees.

- January 7 through February 18 – Watercolor classes with Patty Kane. See www.fortmyersbeachart.com or call 463-3909 for more information and fees.

- January 12 to 24 – Invitational Show opens in Studio I. Paintings of Dixie Fish opens in Studio II. Admission is free.

- January 13 – Art On The Lawn Sale. Painting sale at FMBAA gallery held from 9 a.m. to 3 p.m.

- January 18 – Drawing with Neil

Walling, 9 a.m. to 4 p.m. See www.fortmyersbeachart.com or call 463-3909 for more information and fees.

- January 19 – Color Mixing with Neil Walling, 9 a.m. to 4 p.m. See www.fortmyersbeachart.com or call 463-3909 for more information and fees.

- January 27 – Winter Juried Show opens at 4 p.m. and runs until February 21. Sponsored by Red Coconut RV Park. Admission is free.

- January 27 – Painting demonstration by Jamie Cordero, 4 to 6 p.m. Fee is \$10 per person.

- January 28 to 31 – Workshop with Jamie Cordero, 9 a.m. to 4 p.m. See www.fortmyersbeachart.com or call 463-3909 for more information and fees.✱

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Peace Lutheran Church Anniversary

On Sunday, January 20, at 9:30 a.m., Bishop Edward Benoway will preach at the celebration of the 10th anniversary of Organization of Peace Lutheran Church, Fort Myers.

Peace is a congregation of the Evangelical Lutheran Church in America that serves Fort Myers and Sanibel.

The congregation grew from missionary work that was done on Sanibel in the 1970s and 1990s as Shepherd of the Isles Lutheran Church. In 1994, a community began to develop in south Fort Myers and worshipped at the Fort Myers Beach Masonic Lodge. In 1999, the Rev. Walter Still was appointed as the Pastor Developer.

In 2005, the congregation began to use its current facility at 15840 McGregor Boulevard. The congregation is known for its worship, traditional organ and choir music, small group and servant ministry. The 10th anniversary will feature the premier performance of *Living At Peace with God*, a choral work composed by Art Gorman of South Bend, Indiana and a banner designed and crafted by Sandra Christ.

Additional information about the celebration or the congregation can be obtained by calling the church at 437-2599.✱

Dr. Martin Luther King, Jr.'s Birthday Holiday Schedule

The City of Fort Myers Utilities and Solid Waste Division will observe Dr. Martin Luther King, Jr.'s Birthday Holiday on Monday, January 21. The Utility Billing Office, City Offices and City Hall will be closed on Monday, January 21.

However, there will be no change in garbage collection. All trash, recycling, horticultural and bulk pick up will be collected as regularly scheduled.

If you have any questions concerning your service, contact the Solid Waste Division at 321-8050.✱

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The King's Brass

Tim Zimmerman, The King's Brass At Shell Point

The Village Church at Shell Point Retirement Community presents Tim Zimmerman and The King's Brass on Sunday, January 13 at 6:15 p.m. This concert will take place in the Village Church Auditorium on The

Island at Shell Point, and tickets are \$10 each.

"Tim Zimmerman and The King's Brass always draws a big crowd," said Pastor Randy Woods, minister of worship and music for The Village Church. "We are pleased to present them here year after year, and know that everyone really enjoys their music!"

Back by popular demand, Tim Zimmerman and the King's Brass will be performing at Shell Point. Renowned for

their presentations of hymn classics with a contemporary flair, the King's Brass features three trumpets, three trombones, a tuba, percussion and keyboards. Each instrument blends together to create a show of innovative worship for the enjoyment of all generations.

Tickets are now on sale and are \$10 each. To purchase tickets online, visit www.shellpoint.org/seasonofpraise. To receive additional information about the concert series, call 454-2147. ✨

Annual Craft Show

Alva Community Center is looking for craft vendors for our upcoming Craft Show that will be held on Saturday, February 2. The show will be held from 10:00 a.m. to 4:00 p.m. at the Alva Community Park, 21471 North River Road, Alva, Florida, 33920.

Spaces are available for a nominal fee of \$10.00 (10 x 10). Tables, tents, chairs, etc. are not provided. Please call 239-728-2882 to pay and reserve your tables or spots. Credit cards or debit cards are the only method of payment accepted. There is no rain date for the Annual Craft Show.

Public admission will be free.

Call Sandra Bates at 239-728-2882 for more information. ✨

Share your community news with us.
Call 415-7732,
Fax: 415-7702
or email
press@riverweekly.com

Moose Charity Golf Tournament

Moose Lodge 2199, located at 155 Santa Barbara Blvd. North in Cape Coral, presents a four-person Scramble Charity Golf Tournament on Saturday, January 19 at Myerlee Country Club. Mixed teams and non-members are welcome to participate.

The tournament entry fee of \$75 per player includes greens fees, golf cart, \$5,000 putting contest, steak dinner awards banquet and prizes galore. Tee times are 7 a.m. and 11 a.m.

Throughout the tournament, there will be several hole-in-one events, including chances to win a brand new Buick Verano (provided by Dixie Buick GMC, Inc.), a \$10,000 cash prize, a set of new golf clubs, a Kindle Fire and a \$500 Visa card. Other events include a \$5,000 putting contest, closest-to-the-pin, longest-drive and closest-to-the-line contests.

On Sunday, January 20, a post-tournament awards banquet will be held at the 2199 Tiki Bar beginning at 1 p.m. Guest tickets may be purchased for \$20 each.

A portion of the proceeds benefit Passionately Pink Susan G. Komen Organ Transplant Recipients of SWFL and Moose Charities.

Signups are taking place at Moose Lodge 2199 on Fridays at 5 p.m. and Saturdays from 9 to 11 a.m. and at 5 p.m. For more information, call Stumpy at 565-2329. ✨

Psychic Luncheon At The Sandy Hook

Renowned medium Dr. Fahey has added a new performance location to his 2013 tour. The Sandy Hook in Matlacha will host a Psychic Luncheon on the second Saturday of each month starting on Saturday, January 12. Lunch will be served starting at 11 a.m. and the show begins at 1 p.m.

Dr. Fahey has been selling out events across Southwest Florida. Tickets are on sale now for this special luncheon event. VIP tickets are \$44 and regular admission is \$38; both include lunch, tax, tip and the show. VIP seats include front of room seating. There is no guarantee that everyone will receive a reading, but the demonstration is guaranteed to be entertaining and uplifting.

With the rising popularity of shows like TLC's mega hit *Long Island Medium*, people are wondering if there are messages waiting for them. Dr. Fahey has been bringing messages from the beyond for his whole life and is ready to deliver a message to you.

"I am really excited about adding the Sandy Hook to my tour this year," Dr. Fahey said. "The restaurant has a beautiful and peaceful setting. This event gives me more opportunity to deliver more messages to those who need them."

For more information, call 945-9991. ✨

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Financial Focus

Five Reasons Not To Be A Do-It-Yourself Investor



by Jennifer Basey

These days, you can go online and invest for modest fees. You can also visit various websites for research and watch numerous cable shows for investment recommendations. So,

why shouldn't you be a do-it-yourself investor rather than work with a financial professional?

Actually, there are at least five good reasons why a financial advisor can help make you a better investor.

A financial advisor can:

- Ask the right questions – If you try to invest on your own, you may find yourself asking the wrong questions, such as “What’s the ‘hottest’ investment out there?” A financial professional can help frame better questions, such as “Given my individual risk tolerance and long-term goals, which investments should I consider to help me build a balanced portfolio?” In other words, a financial professional can help you ask the questions that can lead to better results.

- Look at your situation objectively – No matter how hard you try, you won't be able to take all the emotion out of your investment choices. After all, your investment success will play a large role in some key areas of your life, such as your ability to enjoy a comfortable retirement.

Consequently, if you think you're not making the progress you should with your investments, you may be tempted to make a hasty decision to give your portfolio a jolt.

Frequently, though, such choices can backfire.

When it comes to investing, it's better to invest with your head, not your heart. A financial advisor can analyze your situation, assess your risk tolerance and make appropriate recommendations.

- Show a deeper understanding of investment research – You can look up many types of financial data on your own. But do you know how to put all these pieces together into a cohesive picture? A financial professional, with years of experience and training, is generally more capable of finding the research sources and making the most sense out of the results.

- Put experience to work in making portfolio recommendations – Even if you've been investing for many years, you might be surprised at all the underlying influences that should go into making investment decisions. But a financial professional understands market patterns, the nature of diversification and other factors necessary in helping you make the right choices for your situation.

- Spend time looking for opportunities – Even if you enjoy the process of investing, the chances are quite good that you can't spend as much time on it as a financial professional. That means, among other things, you aren't constantly on the lookout for new investment opportunities. Nor are you always looking within your own portfolio for opportunities to rebalance or make other adjustments that can help you move forward toward your goals. But when you work closely with a financial advisor, he or she is exploring the financial markets for new investment prospects while regularly reviewing your portfolio for possibilities of upgrading quality, increasing diversification or making adjustments in response to changes in your life.

The do-it-yourself route may be fine for home repairs, but when it comes to managing your investment situation, there are benefits to working with a professional.

Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.

Nominations For Citizen Of The Year Award

If you know of someone who is an exemplary civic-minded citizen, you can nominate that friend or neighbor for the 2012 Paulette Burton Citizen of the Year Award. The Lee County Board of County Commissioners is looking for the kind of person who gets involved in the community and works diligently for causes in which he or she believes. The award strives to recognize a citizen who has provided outstanding civic contributions to Lee County Government.

The selection criteria includes a positive attitude, knowledge of the objectives and activities of Lee County Government, a demonstrated interest in community/county government partnerships and promotion of harmony between the community and county government.

The Board of County Commissioners will select the winner. Nomination forms are available at Lee County Libraries and Recreation Centers. Citizens can also complete and submit a form on the Lee County Government website www.lee-county.com by clicking on Paulette Burton Nomination Form under Featured Content. The nominations are due by Friday, January 25 at 4 p.m.

Read us online at
IslandSunNews.com

School Smart



by Shelley M. Greggs, NCSP

Dear Shelley, My daughter is starting to have a lot of reading tests in middle school. She is very smart but she is having trouble taking them. What can we do?

Alicia M., Cape Coral, Florida

Alicia,

Smart test-taking skills are typically learned as children go through school. By middle school most students know to go to bed early the night before a test, eat a good breakfast, get to school on time, dress comfortably and have their number two pencils sharpened and ready to go. However, there are several other types of skills that children can learn so that they can perform more effectively on tests.

One technique that can be very helpful for students is to develop a personal plan of action when taking reading tests. When students can identify and describe the specific strategies they will use in such tests, their confidence increases as does their test success.

Here are some basic questions that may help your daughter formulate a reading test plan of action. She can form her plan by answering the following:

What should I do first when I must read a passage? She could read the title and get information from any graphics in the passage, such as maps, photos and charts.

Her next step might be to decide what to do if she encounters a very long and/or difficult passage. She might want to circle key words, stop and mentally summarize what she has read after two or three paragraphs, and she could adjust her reading rate to assist her with comprehension.

A third step in her action plan is to review the reading comprehension strategies she uses every day and consciously apply these to the reading test. These strategies would most likely include rereading, visualizing, predicting, and linking the passage to prior knowledge.

Armed with an action plan, your daughter should have an easier time taking these tests and be more successful as well.

Ms. Greggs is adjunct faculty at Edison State College where she teaches psychology and education courses. She is also Nationally Certified School Psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.

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Curry Spiced Mackerel with Oven Roasted Carrots

4 to 6 seven-ounce mackerel fillets
 1/4 cup plain yogurt
 1 teaspoon curry powder
 Kosher salt to taste
 Fresh ground pepper to taste
 1 pound carrots, peeled and sliced into sticks

1 yellow bell pepper, sliced
 1 red bell pepper, sliced
 4 cloves garlic, minced
 2 tablespoons olive oil
 2 tablespoons fresh parsley, chopped
 Preheat oven to 375 degrees F. In a bowl, mix carrots, peppers, garlic and 1 tablespoon olive oil. Season with salt and pepper to taste. Place carrot mixture on a sheet pan and place in the oven. Cook for 12 to 15 minutes or until golden brown and crisp tender.

Evenly coat mackerel fillets with yogurt and season with curry powder. Lightly season with salt and pepper. Preheat a medium-sized sauté pan over medium-high heat. Place coated and seasoned fillets in pan with 1 tablespoon of olive oil. Cook fillets until golden brown and cooked throughout. Serve fillets over oven roasted carrots.

Yields four to six servings.*



Curry spiced mackerel with oven roasted carrots

Cape Coral Bike-Ped Debuts

Cape Coral Bike-Ped is a new volunteer organization whose mission is to develop a system of inter-connecting bike and pedestrian routes throughout Cape Coral for everyone to enjoy. Whether you are an avid runner or cyclist or someone who seldom exercises, connecting bicycle and pedestrian routes in Cape Coral is good for our economy, improves quality of life for citizens and increases tourism.

Tourism is big business in Florida and Cape Coral is not getting its fair share of bicyclists, runners and walker's tourist dollars. As Craig Dearden, an avid cyclist and both CFO and COO of Realmart Development notes, "Being outside is what Florida is all about, improving the walking and bike lanes will promote our community as a place to exercise and safely enjoy our paradise."

The monetary effect of cycling tourism can have a huge impact on our city. Cyclists alone contribute an estimated \$133 billion to the U.S. economy. Over \$46.9 billion is spent on meals, transportation, lodging, gifts and entertainment during bike trips and tours. When you add in the contribution from runners and walkers the economic impact is even more substantial.

Patricia Young, a member of the Lee County MPO Bicycle-Pedestrian Coordinating Committee, also notes, "Connecting bike lanes, paths and side-

walks improves the quality of life for everyone. It encourages health and well-being and spurs economic development."

Cape Coral Bike-Ped volunteers are stepping up to work in partnership with the City of Cape Coral to make a difference in the way the city improves and builds its bike lanes, paths and sidewalks. Visit www.CapeCoralBikePed.org to learn more, donate and volunteer. We need your help through tax-deductible contributions and your willingness to volunteer to make this vision a reality. Together, we can develop a bicycle and pedestrian-friendly Cape Coral.*

Inaugural South Florida Mud Run

Southwest Florida couple Dustin Edwards and Stephanie Ink-Edwards are pleased to announce the Inaugural South Florida Mud Run to benefit the new Golisano Children's Hospital of Southwest Florida on January 12 from 9 a.m. to 3:30 p.m. at the Redneck Yacht Club in Punta Gorda.

"We decided to organize the South Florida Mud Run as a unique fundraising event to raise money for local charities and promote active family-friendly lifestyles," says Stephanie Ink-Edwards. "We are so excited to present this unique fundraising experience to the Southwest Florida community and support the new Golisano Children's Hospital of Southwest Florida," adds Ink-Edwards.

"Both of our children were born at the Children's Hospital of Southwest Florida and admitted to the NICU due to health complications, so raising funds for the new hospital is just one way we can give back and show them how much we appreciate the quality care we received for our children," adds Dustin Edwards.

The South Florida Mud Run features a three-mile obstacle course created to challenge one's physical endurance. Participants compete in running, jumping and climbing, all with mud. The South Florida Mud Run will also include two child-friendly half-mile and one-mile obstacle runs. All activities are open to the public and 100 percent of the proceeds benefit the Golisano Children's Hospital of Southwest Florida.

Participation is open to children and adults from ages 4 and up. Participants can sign up as individuals or are welcome to come as a team. Groups of 200 will begin the competition every 30 minutes beginning at 9 a.m. Registration fees vary and include a finisher's medal, t-shirt and complimentary drinks. Parking is \$10 per vehicle.

For more information or to register, contact 633-7745, visit southfloridamudrun.com or email southfloridamudrun@gmail.com.*

Free Zumba Anniversary Event

Local instructor Becky Lang will be hosting a free Zumba event to celebrate four years of bringing fitness full-time to the Southwest Florida market. Unexpectedly laid-off from her job in the corporate world back in January of 2009, Lang decided to pursue her dream of establishing her own fitness business. Each January, she celebrates this transition by hosting a free Zumba class to thank all of her students for making the dream a reality.

The event will be held on Saturday, January 19 at the Fort Myers Skatium, 2250 Broadway in downtown Fort Myers. The class will run from 9 to 10 a.m. with prize giveaways immediately afterwards. As always, no previous dance experience is necessary and all fitness levels are welcome to attend.

Regular Zumba, yoga and fit club classes are held weekly at the Skatium. For a complete class schedule, visit www.zumbawithbecky.com.

For more information, contact Becky Lang at 791-6538 or beckyzumba@comcast.net. To learn more about Zumba with Becky, visit www.zumbawithbecky.com or www.zumba.com.*

Our email address is press@riverweekly.com

Community Foundation Holds 2012-13 Scholarship Reunion



Anne Douglas and Janet Remmel



Dan Bevarly and Dawn-Marie Driscoll



Dana Pagano and Marie Glasgow



Sarah Owen and Gary Aubuchon



Ellen Schneider and Judith Sims



Mitchell Cooper, Barbara Linstrom and Patricia Graddy

The Southwest Florida Community Foundation held a reunion for scholarship recipients awarded scholarships for the 2012-13 school year on December 17. With more than 46 people in attendance, the reunion gave donors and recipients the opportunity to gather together to network, celebrate and share experiences while in college.

As part of the students' holiday homecoming, the Community Foundation invited past recipient of the John M. & Mary A. Shanley Memorial Scholarship, Signe Thomas, to speak about her experience at Florida State University while getting involved and initiating her own student club, Thank A Soldier Organization (TASO).

"We created this event to provide an opportunity for our scholarship recipients to connect with each other, as well as to connect with our donors, scholarship reviewers and trustees," said Anne Douglas, director of programs at the SWFLCF. "With the challenges that many of our scholarship recipients face, we realize it takes more than just money to help our students succeed in college. Instead of simply paying out scholarships, we want to be a source of support to ensure that our students are successful in college and as they graduate and start their careers."

The foundation's application process for the 2013-14 school year is now open with approximately \$400,000 in scholarship funding available through 35 scholarships for local high school students and through 22 scholarships for undergraduate and graduate students from Lee, Charlotte, Glades, Hendry and Collier counties.

The E-Apply online scholarship application tool can be accessed through the Community Foundation's website at www.floridacommunity.com on the Scholarships page. Students can apply for multiple scholarships and have the ability to upload transcripts, SAT/ACT scores, letters of recommendation and financial documentation (if required). For need-based scholarships, students are required to submit the Free Application for Federal Student Aid form. The deadline for applications is March 1.

The SWFLCF is celebrating its 36th year of supporting the communities of Lee, Charlotte, Collier, Glades and Hendry counties by connecting donors and their philanthropic aspirations with evolving community needs. With assets of more than \$64 million, the Community Foundation has provided more than \$52 million in grants and scholarships to the communities it serves. During its 2012 fiscal year, the SWFLCF granted more than \$3 million to more than 100 different organizations supporting education, animal welfare, arts and human services.

For more information, call 274-5900 or visit www.floridacommunity.com.✪



Eula Thomas, Chris Gosling, Ashley Gosling and Bill Thomas



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Dr. Dave

Patiently Waiting

by Dr. Dave Hepburn



After a patient has waited the customary 27 minutes in an exam room, preceded by the customary 52 minutes in the waiting room (hence the term "patient"), I

am curious to see how they've bided their time in the exam room... especially when kids are involved. In a room replete with scientific discovery, kids are often found reflexing with the reflex hammer, jamming tongue depressors into various orifices their teddy bear didn't realize he even had, or giving injections to a wailing sister. Mom, meanwhile, is deeply engrossed in the office's latest *Time* magazine (i.e. the annexation of Alaska).

However, the kids' single greatest source of entertainment is the blood pressure cuff, commonly known, of course, as the sphyngomanometer. They just love to get that thing wrapped around their mother's forearm or their brother's neck, pumping the wee bulb as vigorously as their meaty little paws can pump.

Why is it that every MD's office has a blood pressure cuff? A doctor may lack rubber gloves, matching socks or a medi-

cal degree, but he never lacks for a BP cuff. Is blood pressure all that important to doctors? Indeed it is.

Also known as the silent killer, high blood pressure is so insidious that you may go to bed feeling perfectly perky but wake to discover you are dead. Are you one of the estimated 20 million North Americans who are hypertensive but unaware of it? Will you find out you were hypertensive after you've suffered your first stroke? Perhaps it will be a heart attack, heart failure or kidney failure that will alert you to the fact that you should've checked your BP every year. As high blood pressure percolates over the years, it doesn't turn your ears red, bulge out your eyes or cause any pain. Then suddenly, it hurts a lot.

The commonest cause of hypertension is called "essential hypertension," meaning essentially we don't know what causes it. We are, however, aware of some predisposing risk factors including:

- a. Obesity and lack of exercise. Exercising 50 minutes four times a week is the equivalent of taking one whole blood pressure-lowering pill.
- b. High salt intake, 80 percent of which comes from salty foods like pickles, chips and saltlicks.
- c. Stress. One study showed that young adults who were stressed were 7.5 times more likely to develop hypertension 10 years later.
- d. Smoking. No doubt, all the smokers who read health books are shocked to realize this.
- e. Alcohol. Keep to a maximum of

famous for its anti-nausea effect, as well as its ability to ease arthritis over time because it's a potent anti-inflammatory.

Cinnamon may improve cholesterol ratios and, in particular, lower LDL cholesterol and help stabilize blood sugar (great for type 2 diabetes). When you balance blood sugar, you control appetite so, of course, this translates to possible weight loss, so long as the rest of your diet is the color of a rainbow. Your brain loves cinnamon as much as your taste buds, meaning your memory and brain function could improve. Cinnamon, like nutmeg, has anti-fungal and anti-bacterial properties.

Cloves may very well be the strongest antioxidant known to man. In high enough quantities, compounds in cloves reduce iron. This is good if you have hemochromatosis. Cloves may help with diarrhea, intestinal parasites, thyroid problems, infections and lymphoma. Essential oil of clove oil may relieve pain, if you apply it to a toothache.

Pumpkin, something that my husband Sam puts in many of his famous smoothies, contains fiber, some antioxidants (like vitamin A, C and E) and B vitamins which improves the appearance of skin and reduces wrinkles. Nutrients in pumpkin can reduce risk of macular degeneration, thus protecting your eyesight. Pumpkins (and the seeds) are great sex aids. If you think about it, all that zinc supports prostate health, and that's great for men tracking sperm count (for fertility concerns) and men seeking a higher sex drive. I won't mislead you, it doesn't work

one day per glass, bub.

f. Age. Systolic blood pressure tends to rise with age, but diastolic pressure tends to drop.

The systolic pressure (the first number) is the pressure in your system when the pump (your heart) is fully contracted. The higher the systolic, the higher the risk of stroke. We like to see this number below 140...REGARDLESS OF AGE! Some doctors do not treat the systolic pressure adequately in the elderly because they feel that the diastolic number is fine or even low. Whoops.

The diastolic (second number) is the pressure in your system when the heart relaxes between beats. If it is too high, then the risk of heart disease, kidney failure and stroke increases. Reducing diastolic pressure by as little as five points can mean a 40 percent reduction in stroke risk and a 50 percent reduction in heart failure.

One problem in determining blood pressure is that the doctor's office may not be the most appropriate place to take a reading. Whitecoat hypertension is a very common entity that can cause a BP to read 30 points higher in a doctor's office than it would be at home. The patient finds himself in the office of the purveyor of pain, deliverer of doom and bearer of bad breath. The preceding patient has just left the office, screaming in pain and carrying an ear. The walls seem to yell, "Quick, get out of here!" This is hardly conducive to a normal pressure. I am, therefore, a proponent of home monitors or community blood

like Viagra.

Maple syrup, my favorite, is a great substitute for sugar and it's just natural tree sap. It has fewer calories and it's more nutrient dense than many other sweeteners because it has 54 different antioxidants, including one powerful one called "quebecol," named for where it was discovered. Even though it tastes sweet, some of maple syrup's compound lowers blood sugar, and protects our DNA (which could reduce risk of runaway cells and cancer).

Honey is another fabulous sweetener loaded with health benefits, which is a yummy way to soothe chapped lips.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.dearpharmacist.com.

pressure programs. It's much more effective, both fiscally and medically, to put our effort into detecting and treating the blood pressure problem than trying to treat the consequences of neglect.

Hypertension is the third leading cause of death worldwide, behind malnutrition and tobacco. So, please, go and get your pressure taken somewhere. If you refuse, I'll send the kids by to check you over.

Dr. Dave's book The Doctor is In(sane) is now available for those with a sense of humor and half a sense of health. Pick up a copy at Sanibel Island Bookshop. Contact Dr. Dave or read more at www.wisequacks.org.

Free Autism Screening For Young Children

Golisano Children's Hospital of Southwest Florida, in partnership with the Ronald McDonald House Charities of Southwest Florida, offers a free monthly autism spectrum disorder screening for toddlers 18 months to 5 years of age.

The next screening will be held on Friday, January 11 from 9:30 a.m. to 2 p.m. at McDonald's at Gulf Coast Town Center, 17800 Ben Hill Griffin Parkway in Estero.

It is estimated that one in every 150 children is diagnosed with some form of Autism Spectrum Disorder, making it more common than childhood cancer, juvenile diabetes and pediatric AIDS combined.

Medical consultants for the project stress that an early diagnosis can make a vast difference for toddlers and their families. They say early intensive behavioral intervention can make an immense difference not just in the development of the child, but in their families as well.

The ASD screening is conducted by the Neurosciences Center at Golisano Children's Hospital of Southwest Florida. The screenings are administered by an Advanced Registered Nurse Practitioner, who has extensive training and experience in typical child development and developmental disorders.

A physician referral is not required. To schedule a screening, call 343-6838.

dearPharmacist

What To Do If You Ate Like A Hog Over The Holidays

by Suzy Cohen, RPh



Dear Pharmacist: I ate like a hog over the holiday, and it was wonderful! To spare my guilt, are there any benefits to holiday foods and spices?

DE, Orlando

Don't worry about

it, we all shamed ourselves. Your saving grace is that all those delicious spices have numerous medicinal benefits, and I'd keep sprinkling and cooking with them all year long.

Nutmeg can ease indigestion, great since you ate two sweet potato pies in one sitting! Nutmeg kills bacteria that causes bad breath, woo-hoo! By killing off some nasty intestinal bacteria, there may be less flatulence. It causes some people to get sleepy, so sprinkle some into a warm cup of almond milk before bed.

Ginger may help prevent colon and ovarian cancer. It seems to help with morning sickness, motion sickness, chronic fatigue, asthma, erectile dysfunction, heartburn, menstrual cramps and even the common cold. Ginger is most

Diabetes, Glaucoma, Hearing And Blood Pressure Screenings

The complimentary Sanibel-Captiva Lions Club diabetes, glaucoma, hearing and blood pressure screenings will be performed from 9:30 a.m. to 12:30 p.m. on Friday, January 11 at the Sanibel Recreation Center.

The diabetes test uses a tiny drop of blood extracted with an almost painless prick of the finger, which is then read by a blood glucose meter in five seconds. The glaucoma test checks peripheral vision and eye pressure, which can detect existing eye damage and/or provide predictive information.

The Lions Club screeners have been trained and certified by a doctor and use all appropriate methods to insure antiseptic conditions and privacy during the screening. Screenings are performed on a first come, first serve basis.

Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

My husband and I were only children. Our parents were good to both of us. When one set of parents could no longer live on their own, we invited them to come live with us. It was a wonderful arrangement for a few years. Then, the other pair could no longer live independently, so they asked us if they could also come and live with us. That is when the problems started.

My husband would go to work, but come home to chaos. I had a lot of outside activities, but I went to many meetings just as a place to go to avoid all of the arguing. The men got along fairly well with each other, but the women were constantly battling.

Within a few years, I had three in bed and one who sat in front of the T.V. most of the day. They became ill, and with little outside help, we managed. My husband and I lived for the day he would retire and we could have a life of our own.

Finally that day did happen, and we had a delightful eighteen months and then my husband suddenly died.

We exhausted ourselves, living with the mindset "that you never put your parents away." I now realize that, for our own health, we should have updated our thinking and found a comfortable retirement facility that they could have afforded.

Maybe then we could have had a few more happy retirement years alone. I hope our experience may help others come to a decision.

Rosalie

Dear Rosalie,
What a sad story. Only children do not have an easy role. I know only too well because I was an only child also.

Most people feel that they have an obligation to their parents, but due to increased longevity, sometimes it is very difficult and almost impossible.

We want to care for and help our parents, but that doesn't mean that they have to live with us and that we have to sacrifice our lives and the lives of our children.

It is unfortunate that you made the decisions you did because the old idea of "putting your parents away" no longer applies. Many couples and singles are able to find very comfortable living space among others of their own age. Their

children are free to visit, and the seniors are able to visit their families in their homes on a regular basis.

Try to look after your own health, and I hope you have future happiness.

Lizzie

Dear Rosalie,

I believe families are like "systems" – the needs and concerns of all need to be considered. A change in part of the "system" effects other parts of the "system" and may require changes. I hope from your experiences others learn about meeting the needs of all family members. If multi-generational living is the living situation, there are many in-home services that can be purchased and patched together to ease the burden.

Pryce

Lizzie and Pryce's email address is momandmeaging@hotmail.com.*

From page 24

Screenings

Finding and treating eye disease early is the best way to limit the effects of glaucoma and diabetic eye disease. If left untreated, they may cause severe vision loss or even blindness.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information, call 472-0345 or visit www.mysanibel.com.*

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- Have you hit your head on a cabinet door while open?
- Is it difficult to see beside you without turning your head left or right?
- Do your eyelids close while you are reading?
- When you play tennis, do you have trouble serving?
- Do your eyelids feel heavy?



Natasha, COA

If you answered "yes" to one or more of these questions, you qualify for a **FREE**, no obligation eyelid screening performed by Natasha, COA.

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Before



After



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Before



After



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DID YOU KNOW

TRIVIA TEST

1. MOVIES: What was the name of the angel in the movie "It's a Wonderful Life"?
2. ANATOMY: What is another name for an erythrocyte?
3. GEOGRAPHY: In which country is the Po River located?
4. HISTORY: In what century was the Erie Canal constructed?
5. MUSIC: Which composer wrote more than 400 waltzes, including "The Blue Danube"?
6. ENTERTAINERS: Which female movie star was born with the name Margarita Carmen Cansino?
7. LITERATURE: Which sister is the oldest in the classic book "Little Women"?
8. TELEVISION: What was the name of the little girl in the animated TV show "Frosty the Snowman"?
9. GENERAL KNOWLEDGE: What is the common birthstone for May?
10. GAMES: What color is the No. 3 ball in billiards?

ANSWERS

1. Clarence Oddbody 2. Red blood cell 3. Italy 4. Early 19th century 5. Johann Strauss 6. Rita Hayworth 7. Meg 8. Karen 9. Emerald 10. Red

SPORTS QUIZ

1. Pitcher Dwight Gooden set a record for most consecutive games with at least one strikeout to start his major-league career. How many was it?
2. Who pitched the most innings in one major-league All-Star Game?
3. How many national championships has the University of Nebraska achieved in football?
4. Name the first No. 8 playoff seed to reach the NBA Finals.
5. Who are the top three players on NHL's career points per game list?
6. When was the last time before 2012 that the U.S. men's soccer team lost to Jamaica?
7. Name the last boxer who beat heavyweight champion Wladimir Klitschko.

ANSWERS

1. He did it in 349 consecutive games. 2. Lefty Gomez pitched six innings in the 1935 game. 3. Five (1970, '71, '94, '95 and '97). 4. The New York Knicks, in 1999. 5. Wayne Gretzky (1,921 points per game), Mario Lemieux (1,883) and Mike Bossy (1,497). 6. The U.S. had never lost to Jamaica. 7. Lamont Brewster, in 2004.

My Stars ★★★★★

FOR WEEK OF JANUARY 14, 2013

ARIES (March 21 to April 19) You might be hurt by a colleague's harsh criticism. But don't let it shake your confidence in what you're trying to do. A more positive aspect starts to appear by week's end.

TAURUS (April 20 to May 20) You're torn between your sensible self and the part of you that enjoys acquiring lovely things. Best advice: Wait for an end-of-month sale, and then buy something wonderful.

GEMINI (May 21 to June 20) Your artistic side has practical applications this week, such as redecorating your home or redesigning your personal stationery. Whatever you do, someone special will like it.

CANCER (June 21 to July 22) You could be drawn into a problem 'twixt friends or family members. Best bet: Ask the questions that go to the heart of the matter, then get them all together for a group hug.

LEO (July 23 to August 22) As much as you love being the center of attention, your big Lion's heart impels you to share the spotlight with a colleague who helped you with that well-praised project.

VIRGO (August 23 to September 22) Your eagerness to act on a challenge is wisely tempered early in the week by a lack of necessary information. Things begin to clear up during the weekend.

LIBRA (September 23 to October 22) A relationship you'd hoped would keep going seems to be going nowhere. Close it out and move on to a brighter romantic aspect just beginning to manifest itself.

SCORPIO (October 23 to November 21) Things don't go completely as planned this week. But enjoy the surprises, even if you have to adjust your schedule. Some of them could be quite delightful.

SAGITTARIUS (November 22 to December 21) Making choices is usually easy for straight-shooting Archers. But a new development could deflect your aim. Try to put off decisions until you know more.

CAPRICORN (December 22 to January 19) While part of you might prefer taking a more familiar path, let your more daring and -- admit it -- super-curious self see what the unexplored has to offer.

AQUARIUS (January 20 to February 18) Those nasty types have slithered back under the rocks and present no more prob-

lems. Now's the time to move ahead on that promising new relationship.

PISCES (February 19 to March 20) A new offer could clear up that lingering money problem. Also, a more confident attitude on your part might well help get that personal situation back on track.

BORN THIS WEEK: You have a way of turning chaos into order. You're also generous with your help for those who seek it.

THIS WEEK IN HISTORY

- On Jan. 18, 1803, in a secret message to Congress, President Thomas Jefferson requests funding for the Lewis and Clark expedition to explore the mysterious Far West and perhaps find a Northwest Passage to the Pacific. Jefferson officially asked Congress for \$2,500, though some sources indicate the expedition ultimately cost closer to \$50,000.

- On Jan. 14, 1875, theologian, musician, philosopher and Nobel Prize-winning physician Albert Schweitzer is born in Upper-Alsace, Germany. Schweitzer's philosophy revolved around what he called "reverence for life," the idea that all life must be respected and loved.

- On Jan. 19, 1883, two steamers, the Cimbria and the Sultan, collide in heavy fog in the North Sea, resulting in the deaths of 357 people. For those who did not make it into a lifeboat, the cold water was deadly. Hypothermia and drowning claimed hundreds of lives within minutes.

- On Jan. 16, 1942, actress Carole Lombard, famous for her roles in screwball comedies such as "My Man Godfrey" and for her marriage to actor Clark Gable, is killed when the TWA DC-3 plane she is traveling in crashes en route from Las Vegas to Los Angeles.

- On Jan. 15, 1951, Ilse Koch, wife of the commandant of the Buchenwald concentration camp, is sentenced to life imprisonment in a court in West Germany for her extraordinary sadism. The "Witch of Buchenwald" collected lampshades, book covers and gloves made from the skin of tattooed camp prisoners.

- On Jan. 17, 1966, an American B-52 bomber collides with a KC-135 jet tanker over Spain's Mediterranean coast, dropping three 70-kiloton hydrogen bombs near the town of Palomares and another into the sea. The U.S. eventually settled some 500 claims by residents whose health was adversely affected.

- On Jan. 20, 1980, President Jimmy Carter proposes that the 1980 Summer Olympics be moved from the planned host city, Moscow, if the Soviet Union failed to withdraw its troops from Afghanistan within a month. The United States was one of some 60 countries that eventually boycotted the Moscow Olympics.

STRANGE BUT TRUE

- It was American humorist and columnist Josh Billings who made the following sage observation: Reason often makes mistakes, but conscience never does.

- You think there are a lot of lawsuits being heard in the courts these days? Statistics show that half of the suits filed never even make it to court.

- In France in the 1700s, capital punishment was not uncommon, and criminals thus condemned were decapitated by the country's Chief Executioner. This position was hereditary, which posed a problem when, in 1726, the holder of that title, Charles-Jean-Baptiste Sanson, suffered an early death, leaving his 7-year-old son, Charles, to take up the grisly duties. It was obvious to all that a child could never wield the heavy axe required for the decapitations, so it was deemed acceptable for a helper to actually perform the executions. Only the official office-holder could put the official seal on the act, however, so the poor boy had to witness every one. It wasn't until the ripe old age of 12 that he began to take over the full duties of the office.

- When famed inventor Alexander Graham Bell died in 1922, he was dictating a memo. His final words were, So little done, so much to do!

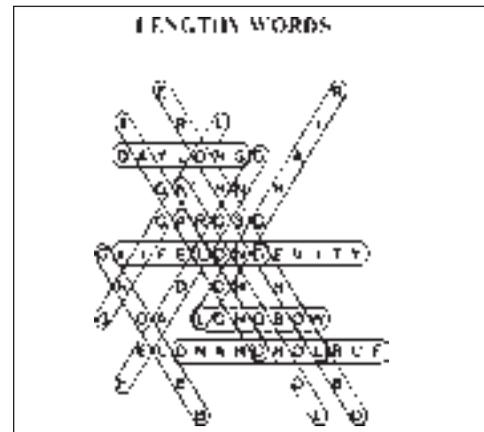
- If you're a fan of big brass, you might want to head to Millersville, Pa., in May. Every year during that month, the town celebrates International Tuba Day, with some 50 tuba players on hand to serenade the crowd.

- There's been much public conversation about the growing girth of Americans in recent decades. It's not just people who are gaining weight, though; between 1996 and 2006, the average motor vehicle made in the U.S. gained 500 pounds.

THOUGHT FOR THE DAY

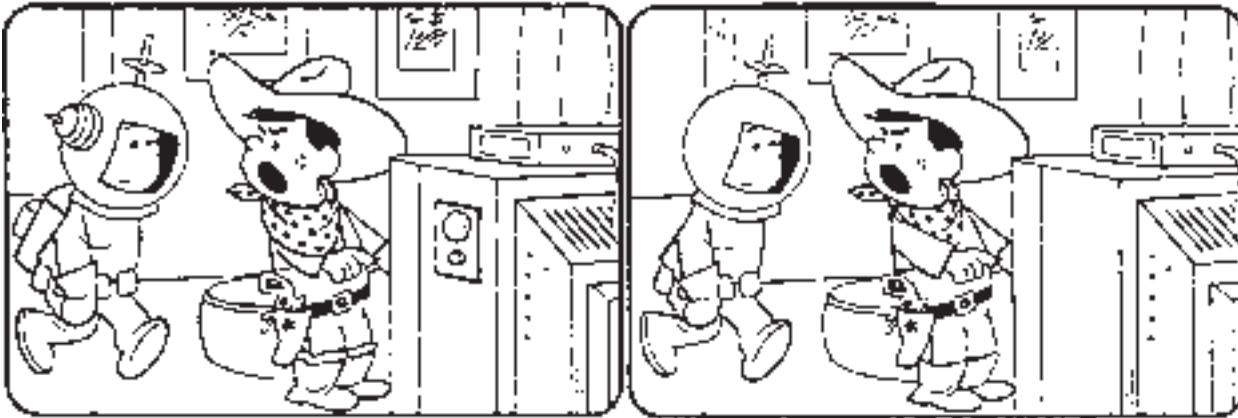
If you obey all the rules, you miss all the fun. -- Katharine Hepburn

PUZZLE ANSWERS



HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS

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PUZZLE ANSWERS

SUDOKU

9	5	4	3	1	7	6	8	2
7	8	2	9	4	6	5	1	3
3	1	6	5	8	2	4	9	7
4	2	9	8	7	3	1	6	5
8	6	5	1	2	4	7	3	9
1	3	7	6	5	9	8	2	4
6	4	8	2	9	5	3	7	1
5	9	1	7	3	8	2	4	6
2	7	3	4	6	1	9	5	8

SCRAMBLERS

solution

1. Lapse; 2. Boast;
3. Hiatus; 4. Mourn

Today's Word:

PLUMBER



"Talk about bad breaks—five daughters in the family and not one of 'em marries a..."

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag.

Pause LEAPS

Claim BOATS

Break SHIATU

Greave NUMOR

TODAY'S WORD

answer on page 27

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HELP WANTED

HELP WANTED

Seasonal help wanted, women's sportswear/swimwear shop on Sanibel. Call Jeff at 239-992-4546. *RS 1/4 CC 1/11

VOLUNTEERS NEEDED

At The Sanibel School Call Michelle Wesley 239-910-8000 *RS 1/4 NC TFN

VOLUNTEERS NEEDED

Volunteers needed for the After School Program which runs Mon.-Th, 2:30 - 3:15 pm call Linda Reynolds 472-1617 *RS 1/4 NC TFN



3883 Sanibel Captiva Road, Sanibel, FL Phone: 239-472-3644, ext 1 Fax: 239-472-2334 www.crowclinic.org

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LIME TREE CENTER CONDO UNIT FOR SALE

FOR SALE - Commercial condo in 5-unit complex centrally located on Periwinkle Way. Can be used for office or retail. Motivated to sell. \$225,000. Call Janie Howland, Realtor, VIP Realty. 239-850-6419. *RS 1/4 CC TFN

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SANIBEL ISLAND HOME

3 Bed, 2 Bath, Elevated Home In Pristine Condition. Located Mid Way Between Sanibel And Captiva. Walking Distance To Sanibel Recreation Center. Living Area Is Approximately 1780 Sq. Feet. 2 Large Ground Floor Rooms For Storage / Workshop / Studio. Move In Condition, Needs No Work. Price: \$439,000. Call 239-218-6100 or email to: pri_222@comcast.net *NS 1/11 CC 1/18



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*RS 1/4 NC TFN

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2/2 plus den top floor condominium with panoramic views of the gulf. Over 1800 sq' of living space and nearly 2000 total. \$949,000 furnished. Just listed! Go to www.GulfsidePlaceSanibel.com

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*RS 1/11 CC 1/11

SANIBEL OPEN HOUSES POSTED DAILY



VISIT:

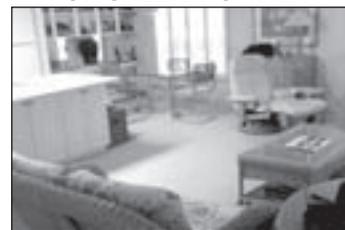
SanibelOpenHouses.com

Pfeifer Realty Group Sanibel Island, FL **239-472-0004**

*RS 1/4 BM TFN

REAL ESTATE

FOR SALE BY OWNER



Double Wide Manufactured Home in Periwinkle Park on Sanibel. 1119 Periwinkle Way. Great room (kitchen, dining room, living room) measuring 22'x23'. Three bedrooms, two full baths. Utility room with washer, dryer. Gardening shed. Two decks. One off the great room. Other in back yard which is fully fenced providing privacy. Native plants in back yard selected and planted by Sanibel Native Plant Nursery. On best street in the Park. Call 239-395-3672 or Cell 740-485-0850. \$160,000. Key at office along with map showing location of lot 360. *NS 1/11 CC 1/11

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*RS 1/4 CC TFN

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*RS 12/14 CC 2/1

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*RS 1/4 CC TFN

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*RS 1/4 CC TFN

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ANNUAL RENTAL
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*RS 1/4 CC TFN

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*NS 11/23 CC TFN

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*RS 1/4 BM TFN

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Annual rental, 2BR, 1 BA, 1/2 Duplex, near beach. Private laundry, dishwasher, unfurnished. No pets, non-smoker. PH 708-557-1083
*RS 1/11 CC TFN

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*RS 1/4 CC TFN

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SANIBEL**

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*NS 1/4 CC TFN

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*RS 1/4 CC TFN

RENTAL WANTED

RENTAL WANTED
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*NS 1/11 CC 1/110

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*RS 11/23 CC 1/11

LOST AND FOUND

LOST AND FOUND
Lost Ladies Watch
Make: Brighton
Area of Mucky Duck on Captiva Island
Lost on Dec. 10, 2012 around noon
If found call: 941-639-5395
*RS 1/4 CC TFN

BOATS - CANOES - KAYAKS

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Hourly, Daily, Weekly and Monthly.
Captiva Island 472-5800
*RS 1/4 NC TFN

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30% off all consignments!
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*NS 1/11 CC 1/18

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9					7	6	8	
		2		4				3
	1		5			4		
		9			3	1		
8	6			2				9
	3		6				2	
6		8			5		7	
5				3		2		
	7		4		1			8

SUDOKU

To play Sudoku:
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 27

Pets Of The Week

Hello, my name is Buttercup and I am a one-and-a-half year old spayed female tri-colored hound mix. I'm a young dog who is mellow and easy-going, yet very attentive. I love people and other dogs, too, so if you need a companion for your other pet, I'd be the perfect addition to your family!

My adoption fee is \$55 (regularly \$75) during Animal Services' Real Housepets of Lee County Adoption Promotion.

Hello, my name is Gail and I am a one-and-a-half year old spayed female blue Russian Blue cat. You might be wondering why a young, beautiful girl like me has been waiting for a home since July. You see, I had a very important job to do. First I had to raise my own kittens and then I was a surrogate mom for several other litters of babies without a momma. Kitten season is over now, so if you are looking for a sweet, gentle cat, I'm ready to be your forever companion.

My adoption fee is \$30 (regularly \$50) during Animal Services' Real Housepets of Lee County Adoption Promotion.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour, so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 11:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee and a bag of Science Diet pet food.

The adoption package is valued at \$500.*



Buttercup ID# 521080

photos by squaredogphoto.com

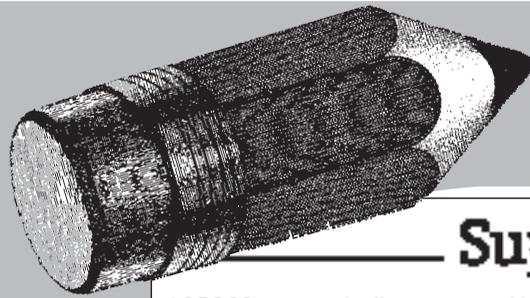


Gail ID #: 543098



Emergency.....	911
Lee County Sheriff's Office.....	477-1200
Florida Marine Patrol.....	332-6966
Florida Highway Patrol.....	278-7100
Poison Control.....	1-800-282-3171
HealthPark Medical Center.....	1-800-936-5321
Ft. Myers Chamber of Commerce.....	332-3624
Foundation for Quality Childcare.....	425-2685
Ft. Myers Beach Chamber of Commerce.....	454-7500
Fort Myers Beach Library.....	463-9691
Lakes Regional Library.....	533-4000
Lee County Chamber of Commerce.....	931-0931
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ARTS	
Alliance for the Arts.....	939-2787
Art of the Olympians Museum & Gallery.....	332-5055
Arts For ACT Gallery & Studio.....	337-5050
Art League Of Fort Myers.....	275-3970
Barbara B. Mann Performing Arts Hall.....	481-4849
BIG ARTS.....	395-0900
Broadway Palm Dinner Theatre.....	278-4422
Cultural Park Theatre.....	772-5862
Edison Festival of Light.....	334-2999
Florida Repertory Theatre at the Arcade.....	332-4488
Florida West Arts.....	948-4427
Fort Myers Symphonic Mastersingers.....	472-0168
Gulf Coast Symphony.....	489-1800
Harmony Chorus, Charles Sutter, Pres.....	481-8059
Naples Philharmonic.....	239-597-1111
The Schoolhouse Theater.....	472-6862
S.W. Florida Symphony.....	418-0996
Theatre Conspiracy.....	936-3239
Young Artists Awards.....	574-9321
CLUBS & ORGANIZATIONS	
Angel Flight.....	1-877-4AN-ANGEL
Animal Refuge Center.....	731-3535
American Business Women Association.....	357-6755
Audubon of SWFL.....	339-8046
Audubon Society.....	472-3156
Caloosahatchee Chapter DAR.....	482-1366
Caloosahatchee Folk Society.....	321-4620
Cape Chorale Barbershop Chorus.....	1-855-425-3631
Cape Coral Stamp Club.....	542-9153
duPont Company Retirees.....	454-1083
Edison Porcelain Artists.....	415-2484
Ft Myers UDC Chapter 2614.....	
(United Daughters of the Confederacy®).....	728-3743
Friendship Force Of SW FL.....	561-9164
The Horticulture and Tea Society.....	472-8334
Horticultural Society.....	472-6940
Lee County Genealogical Society.....	549-9625
Lee Trust for Historic Preservation.....	939-7278
NARFE(National Active & Retired Federal Employees.....	482-6713
Navy Seabees Veterans of America.....	731-1901
Paradise Iowa Club of SWFL.....	667-1354
Sons of Confederate Veterans.....	332-2408
Southwest Florida Fencing Academy.....	939-1338
Southwest Florida Music Association.....	561-2118
Kiwanis Clubs:	
Fort Myers Beach.....	765-4254 or 454-8090
Fort Myers Edison.....	694-1056
Fort Myers South.....	691-1405
Gateway to the Islands.....	415-3100
Iona-McGregor.....	482-0869
Lions Clubs:	
Fort Myers Beach.....	463-9738
Fort Myers High Noon.....	466-4228
Estero/South Fort Myers.....	898-1921
Notre Dame Club of Lee County.....	768-0417
POLO Club of Lee County.....	477-4906
Rotary Club of Fort Myers.....	332-8158
Sanibel-Captiva Orchid Society.....	472-6940
United Way of Lee County.....	433-2000
United Way 211 Helpline (24 hour).....	211 or 433-3900
AREA ATTRACTIONS	
Bailey-Matthews Shell Museum.....	395-2233
Burrough's Home.....	337-9505
Calusa Nature Center & Planetarium.....	275-3435
Edison & Ford Winter Estates.....	334-3614
Fort Myers Skate Park.....	321-7558
Imaginarium Hands-On Museum & Aquarium.....	321-7420
JN "Ding" Darling National Wildlife Refuge.....	472-1100
Koreshan State Historic Site.....	239-992-0311
Ostego Bay Foundation Marine Science Center.....	765-8101
Skatium.....	321-7510
Southwest Florida Museum of History.....	321-7430
True Tours.....	945-0405

If you would like your club/organization listed in The River Calling Card, phone 415-7732



BEACH CHAIR PASTIME

Answers on page 26

Super Crossword

MAY DAY

- ACROSS**
- 1 Mammal I uperstage (6/10)
 - 7 2009-10 TV series
 - 14 Mail parts
 - 20 Bill Clinton's neighbor
 - 21 Visual moment
 - 22 Logo for
 - 23 "You gave me no warm up"
 - 25 "Dear I" nearest with
 - 26 "Queen of" challenges
 - 27 Seventh House letter
 - 28 Place to buy dog food
 - 29 Glen (Robert)
 - 30 Producer line owned by General Mills
 - 33 American paper and
 - 36 Queenly role for Liz
 - 38 Queen re-vested ring
 - 39 Smelly dressed
 - 40 "Chase for a" "Up to Canada
 - 43 Make it
 - 44 Charge for electronic banking
 - 46 " taxpayer's IO"
 - 47 Bursting — seams
 - 48 Strongman Harmon
 - 51 "Up part"
 - 52 Jim's state
 - 54 Small but potent polymers
 - 58 Old British ruling family
 - 60 "Wah-ah" Down
 - 62 Make ones
 - 63 Always as an event
 - 64 Come out of a situation
 - 66 Call it down in this
 - 67 puzze's night for post
 - 68 "You're the" "May Day"
 - 69 "In my true" "Star"
 - 71 Gale on —
 - 73 Summer in Texas
 - 74 Meal events
 - 77 "555 News" Sunday Morning host
 - 80 Taylor and
 - 82 Not part
 - 83 USMC for
 - 84 Anthony New Jersey
 - 85 Champion's sign
 - 87 "Script"
 - 88 Wall's own
 - 91 Reagan al
 - 93 Drink to get
 - 96 "Me"
 - 98 "In wisdom"
 - 99 Social media
 - 100 What these
 - 103 Treats
 - 105 Uncom-
 - 106 Knot up
 - 107 I see dark
 - 109 ignous rock
 - 111 California city near
 - 112 Baseball's 2001 All Star Game MVP
 - 115 Give a
 - 116 Watered down
 - 117 Run's nickname
 - 118 Hues
 - 119 Hunter work
 - 120 Always
- DOWN**
- 1 This is in a
 - 2 Actor Jay
 - 3 Fun to name
 - 4 Has a flavor
 - 5 The rock architect
 - 6 Took apart
 - 7 Memo and
 - 8 "Primo, primo"
 - 9 "WWII par"
 - 10 City's
 - 11 Senior group
 - 12 "It's Bigger"
 - 13 West end?
 - 14 Parts of feet
 - 15 "I'm a"
 - 16 Captain
 - 17 Burning
 - 18 West a job
 - 19 Careless
 - 24 In a stand
 - 28 Ends up
 - 30 Self-assured
 - 31 Kicked back
 - 32 Blebs
 - 33 Like to stretch
 - 34 Throw much
 - 35 Fuel Engine
 - 37 UFO show
 - 41 Start
 - 42 See it
 - 44 Retirement plan name
 - 47 God of war
 - 48 Cover
 - 49 named
 - 50 "I'll make"
 - 53 Unit
 - 55 "Pete's with"
 - 56 Crops
 - 57 Matter of
 - 59 Wood knot
 - 61 "Sensually"
 - 65 "Reaches for"
 - 66 "of help"
 - 68 After hours
 - 69 "Lyle's 1700"
 - 70 "My, my"
 - 72 Has a job
 - 73 City's
 - 75 "I'm a"
 - 76 December
 - 78 Using
 - 79 Eggs in a
 - 81 "Plus it"
 - 86 Immediately
 - 88 "I can be"
 - 89 Hot pepper
 - 90 Gave a
 - 91 "I'm kidding"
 - 92 "Practical"
 - 93 Shaping bands
 - 94 Year of
 - 95 "I'm here"
 - 96 "I've been"
 - 97 "I've been"
 - 101 Is in charge
 - 102 An out of
 - 104 County
 - 107 Physician
 - 108 Narrative
 - 109 Devotion's
 - 110 20
 - 112 Holy busy
 - 113 Kullin
 - 114 Understand

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118																		

King Crossword

ACROSS

- 1 Knight
- 3 Monkey
- 5 Mountain
- 12 Fruit
- 14 Fruit
- 15 Fruit
- 16 Fruit
- 17 Small barrel
- 18 The hot
- 20 Mountain
- 23 White
- 24 Fruit
- 25 Fruit
- 26 Colorful
- 29 Fruit
- 30 Fruit
- 32 Fruit
- 34 Fruit
- 35 Fruit
- 36 Fruit
- 37 Fruit
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DOWN

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- 119 Knight
- 120 Knight

MAGIC MAZE • LENGTHY WORDS

Z G B I Z W T Q N K H D R A X
 U I R P R O L O N G P I M J G
 D D A Y L O N G G A A X V S O
 N K I G N T H N D H A X V T Q
 O M J G A R O S G H F C A Y W
 G L E E L (L O N G I V I T Y) U
 R N P N D E O H J N H E D B Z
 G X O A V L O N G B O W I R Q
 O M E I D N A H G N O I R L F
 K H I H E I D B Z Y O W B V T
 R O O N I B K I H I D I C O A

- Along
- Headlong
- Longhair
- Longshore
- Belong
- Erlong
- Longhand
- Oblong
- Daylong
- Longbow
- Longhorn
- Tagalong
- Forking
- Longevity
- Longing



JOHN NAUMANN & ASSOCIATES

island real estate

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Sundial Beach Resort
1451 Middle Gulf Drive
239/472-1478

Serving the
Islands
Since 1975

BEACH VILLA

Less is more! A Captiva Island one bedroom has one of the most desirable locations on the island and within South Seas Island Resort. This second floor villa features fabulous views of the Gulf of Mexico and steps to our beautiful Captiva Beach. Enjoy sunsets from the Lanai. Traditional interior accented with neutral tile flooring throughout & a carpeted bedroom. Updated kitchen cabinetry & furnishings are included. Sunset Beach Villa's offer grills, pool, tennis court, lush tropical landscaping. With the Resort's Premier Club Membership, enjoy amenities such as family adventure programs, kid's camp, golf, tennis, resort lagoon pools, boating & marina services, restaurants and more. **Offered for \$529,000. Contact LeAne Taylor Suarez 239/872-1632.**



SOUTH SEAS BAYSIDE VILLAS

Welcome to the Islands! This bay front condominium located in South Seas Island Resort. Renovated and updated, waterfront views. With the investors or vacation home in mind, these condominiums offer a great rental income. The water's edge Bayside Villa community has under building parking, pool, spa, bbq's along with separate storage lockers. **#5134 Offered \$267,900 1 bedroom/ 1 bath**
#4118 Offered \$395,000 1 bedroom/ 2 bath
#4301-02 Offered \$635,000 3 bedroom/ 3 bath
#5343 Offered for \$699,000 3 bedroom/ 3 bath
Contact LeAne Taylor Suarez 239/872-1632



MAGNIFICENT GULF FRONT HOME WITH PANORAMIC VIEWS

Absolutely gorgeous Gulf Front home with expansive views. Enjoy magnificent sunsets from the vanishing edge raised pool, surrounded by lush tropical vegetation. Only the finest amenities used in this home with gourmet kitchen, wine room, Travertine flooring, granite, extensive molding work, oak flooring, private elevator, detailed beamed ceilings, fireplace, paver stones, outdoor kitchen with additional fireplace, pass thru pantry and many more extras. This home is truly exceptional and must be seen. **Amazing Value at \$4,999,500. Contact Ralph Galietti 239/826-5897 or Cathy Galietti 239/826 -5807.**



CROWN COLONY

This tastefully decorated home features 3 bedrooms, 2.5 baths with a loft and over 2,200 sq.ft. of A/C living space on a corner lot with a west view overlooking a lake. With the Master bedroom suite downstairs, and the other bedrooms and bath upstairs, the house is well suited for entertaining and family living. Features include a great room, eat-in kitchen and lanai area to watch sunsets. Enjoy maintenance-free living, and take advantage of the amenities including gym, community pool and spa, Har-Tru tennis courts. Optional golf and dining are available through memberships. Very close to shopping and Lee Memorial HealthPark, only minutes to the islands and beaches. **Priced right at \$369,000. Contact Ray Ochester at 239/410-9725.**



SOUTH SEAS TENNIS VILLAS

Comfort, convenience, and a serene sense of inspired living in a Resort Community. Outside in the Tennis Villa community is an abundance of well maintained, matured, and manicured grounds offering a private community pool, sun-deck, bbq area and more.

#3110

Quaint corner 1 bedroom/1 bath unit overlooking lush gardens and courtyard. West Indies-style décor, fully furnished turn-key villa located within the Southern Enclave of South Seas Island Resort. Extra side windows in dining area for additional light. Walking distance to beaches, Village of Captiva, restaurants and much more. South Seas Island Resort amenities offered with a club membership. **Offered for \$275,000. Contact LeAne Taylor Suarez 239/872-1632.**



#3139

Every aspect of the interior is designed to enhance the island experience. The entry level offers a private guest bedroom and bath, a great room that encompasses an open floor plan with sliding glass doors in living and side window in dining area in this end villa. The privacy of the master bedroom with en-suite bath is located on the upper level overlooking an enclave of sunlight through the picture window. **Offered for \$405,000. Contact LeAne Taylor Suarez 239/872-1632**



COPACETIC

Copacetic Estate, as the name indicates is Captiva life at it's finest. The 4 Bedroom 6 1/2 Bath Main house is both spacious and elegant yet the mood is tranquil and comforting. The Top Floor Master Suite with expansive views of the Bay consists of a Master Bedroom, sizeable Private Office, separate Exercise or Training Room and 2 full baths. Main floor living area includes 3 additional oversize Bedrooms 3 1/2 Baths, Living room with Fireplace, Formal Dining, large open Kitchen, oversize laundry, and screened porch overlooking the pool, outside entertainment area, roomy back yard, boat dock and Bay. Also included: Family/Game Room, Hobby Room, Pool Bath and 3 Car Garage all connected by Private Elevator. Then step into the Picture Perfect 4 Bedroom 3 1/2 Bath Guest House surrounded in lush tropical landscaping, it's own Private Pool and Gazebo, wrap around decks and easy private beach access. Both Homes Furnished! So much more to see and enjoy! **All offered for \$3,995,000.**



ISLAND BEACH CLUB

Quiet, well maintained, contemporary 2 bedroom, 2 bath condo located on the desirable west end. Views of the Gulf from kitchen and living room. Updated and ready to be enjoyed. **Offered fully furnished for \$539,000. Contact Connie Walters "Ms Lister" 239/841-4540 or Tracy Walters "Mr. Lister" 239/994-7975**



UPPER CAPTIVA

This tropical gem features two lots. The Bay front lot features a brand new boat dock extending into the bay with deep water dockage (6-10') Great for the boating and fishing. The Gulf front lot offers incredible views of the Gulf on pristine white beaches. The exterior of the home is complete, the interior is not. A perfect opportunity to finish the home to your own tastes and specifications. Only 1/2 mile from South Seas plantation. The perfect retreat for anglers and beach enthusiasts. **Offered for \$895,000**
Contact Tracy "Mr. Lister" 239/994-7975 or Connie "Ms. Lister" 239/841-4540.



SUNDIAL

G-104

If what you are seeking is a beautiful condo with resort style living on Sanibel Island for your personal enjoyment AND rental income then look no further. This fabulous pet friendly, remodeled 2 bedroom, 2 bath unit at Sundial Beach Resort has it all. Tile throughout, granite counter tops, washer/dryer, extra storage for bikes, all with easy access to the beach, pool restaurant and spa. This is a first floor unit just waiting for you. **Offered for \$495,000. Contact Kelly Palmer or Brian Murty 239/472-1278.**

