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Vol. 11, No. 32

From the Beaches to the River District downtown Fort Myers

AUGUST 17, 2012

Daring, Innovative Drama At Lab Theater

by Di Saggau

Five *Kinds of Silence* by Shelagh Stephenson, is now showing at Laboratory Theater of Florida. It's one of the finest pieces of drama I've seen in local theater.

It begins with the murder of Billy, an abusive tyrant who has terrorized his family, sexually abusing his two daughters – Janet and Susan – for decades. He's also a wife beater. The play is about the conspiracy of silence that surrounds the family. Not only are the family members silent about what is going on, so is the community.

The set is stark, with shelves of labeled boxes. We eventually learn why they are there. Billy is obsessive about tidiness. The glass should be five inches from the table edge and if anyone butters his toast in the wrong direction he hits them. The daughters, in their mid-30s, unable to tolerate their father any longer, decide to kill him. What follows is the arrest of all three women and conversations with the police, the lawyers and the prison psychiatrist.

The play looks at the effects on the abused and is made up of a series of short



Kym Yaeger Hoffmann as Janet

scenes, with quick blackouts in between, that reveal bit by bit what goes on in the minds of the characters. Real life husband and wife J. Mitchell Haley and Joann Haley, as Billy and Mary, excel in their performances. Kym Yaeger Hoffman as Janet and Robin Sharee Murray as Susan are equally as good. The emotions shown by the characters have a powerful effect on the audience.

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Tickets Now On Sale For Celebrity Waiter Dinner & Auction



The Blues Brothers made an appearance last year: Bob Sheehan, Steve Bowen, Don Molloy and Bob Beville

Tickets are now on sale for the 4th annual Stars For Kids Celebrity Waiter Dinner & Auction benefitting Child Care of Southwest Florida, Inc.

A dozen local celebrities have signed up so far to be celebrity waiters at the event, which has been called the wackiest, most entertaining social event of the season.

The fun begins with cocktails at 6:30 p.m. followed by dinner from 7:30 p.m. to

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No Child Left On Shore Group Visits Cayo Costa

by Jeff Lysiak

Thanks to the launch of a new educational program, a Haitian American Youth Group from Ebenezer Christian Academy in Fort Myers took a cruise from Captiva to Cayo Costa. During the three-hour excursion, the group learned about the importance of the natural resources within the Caloosahatchee watershed and the back bay estuary while enjoying the unspoiled beauty of a pristine beach filled with wondrous marine wildlife, great and small.

Hosted by environmental educator Richard Finkel, the No Child Left On Shore program is an outreach project of both the Sanibel-Captiva Conservation Foundation and Captiva Cruises. On August 3, a group of 31 youngsters, parents and siblings climbed aboard *The Santiva* and set course for Cayo Costa.

During the trip, which sailed through Pine Island Sound, Captiva Pass and the Gulf of Mexico en route to the southern coast of Cayo Costa, Finkel engaged them in historic facts about the regional water-



A Haitian American youth group from Ebenezer Christian Academy in Fort Myers took part in last week's No Child Left On Shore program with Richard Finkel and Captiva Cruises. Here, the group poses for a photo on the beach at Cayo Costa.

ways and shared stories about the marine life found beneath the waves.

"How many of you have ever played hide-and-seek?" asked Finkel, which resulted in nearly everyone raising their hands. "Well, that's just what the plankton and smaller fish in these waters do in order to survive." He explained how, within the countless acres of sea grasses, oyster beds and mangrove forests contained in

the waters surrounding Southwest Florida, marine life is abundant.

After arriving along a remote stretch of Cayo Costa beachfront, Finkel led the group on a short hike to the western shoreline, where they searched the shallow waters for evidence of life under the sea. Grabbing a handful of sand and shells, he pointed out what small organisms can be found within them.

At the same time, other members of the group spent their time playing and frolicking in the water, building sandcastles and sharing an afternoon of fun and discovery.

"I liked getting to go swimming in the water... and collecting sea shells," said 11-year-old Amos Francis, who has been living in the United States for just over a

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Historic Downtown Fort Myers, Then And Now:

Bookended By Libraries

by Gerri Reaves



The Travers Arcade had seen better days when this 1957 photograph was taken. The Mediterranean-style structure stood on the south side of First Street just east of Lee and adjacent to the two-story Roberts Building (right).

For most of its life of about four decades, it housed a mix of commercial and residential occupants. Around the time of the photo, businesses residing there included a dressmaker, milliner, and photographer.

That side of First Street between Lee Street and Royal Palm Avenue had long been mixed-use before the arcade went up circa 1930.

Located on the block had been not only the host of businesses in the Roberts Building, but private homes, an undertaker, a restaurant, a naturopath as well as the Benevolent and Protective Order of Elks down on the Royal Palm corner.

Today, the block has changed greatly. To the east of the old arcade, the new Fort Myers-Lee County Public Library is under construction. And it will be a homecoming of sorts for the library.

Coincidentally, the library once lay within a stone's throw to west of the Travers Arcade. In the 1920s, when the library lacked a permanent building and migrated around town, it occupied a space in the Roberts Building.

Thus, the arcade property has been bookended by libraries over the decades – only the bookends existed in different decades.

A recent image duplicating the 1957 photo's point-of-view is dominated by a hybrid of a driveway-street once called First Street Court. The arcade, of course, was demol-



This driveway-street was once named First Street Court and bordered Travers Arcade and Apartments. Royal Palm Commons and Bank of America are to the west (rt) and the new library site to the east

photo by Gerri Reaves



The Travers Arcade and Apartments in 1957, seen from the corner of First Street and Vivas Court. The Roberts Building is on the right

courtesy of the Southwest Florida Museum of History

ished long ago. Royal Palm Commons, home to Bank of America, now stands at the Roberts Building's corner at First and Lee.

Walk down First Street to the former site of the Travers Arcade and marvel at the changes the new library is bringing to that part of town.

Who knows? Maybe at some distant date – when yet another library is built – it will include the old Travers Arcade property, too.

Walk a few more blocks to the Southwest Florida Museum of History at 2031 Jackson Street to learn about the array of people who lived and worked on the land where the new library complex will be.

For information, call 321-7430 or go to www.museumofhistory.org. Museum hours are 10 a.m. to 5 p.m., Tuesday through Saturday.

Be sure to check out the fabulous archives of the Southwest Florida Historical Society, one of the area's best research centers for local history.

The all-volunteer non-profit organization is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts.

Contact the society at 939-4044, or visit on Wednesday or Saturday between 9 a.m. and noon.

Sources: The archives of the Southwest Florida Historical Society and the *Story of Fort Myers* by Karl H. Grismer.✪



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and Ken Rasi

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Wedding Discounts Offered At Burroughs Home Through November



The Burroughs Home makes a delightful setting for a wedding

Couples planning a wedding have an opportunity to take advantage of special discounts for their event at the Burroughs Home on the banks of the Caloosahatchee in the River District of Fort Myers. The special rates are being offered for weddings, which will be held now through November 2012.

The special discounted price includes the exclusive use of the grounds for the ceremony, photographs and reception (up to four hours); use of the bridal suite for two hours prior to the event's contracted time; and basic rentals for up to 100 guests (tables, chairs, linens and lighting). The offer is valid for new contracts only.

Weddings and events can be scheduled throughout the year; this one-time special rate is being offered for those couples who would like to be married in one of the premier historic homes of Fort Myers. Built in 1901, the Burroughs Home was the scene of many social events that hosted the Fort Myers' elite including the Edisons, Fords

and Firestones, and contains antique furnishings and historical artifacts. It is the home of the Uncommon Friends Foundation.

For information about rates for weddings, contact Christine Forbes at 337-0706, Christine@burroughshome.com or on Pinterest: Burroughs Home. ✨

Two-Fers Continued For Tours Of Burroughs Home

When is too much of a good thing not too much? When it means the "two-fers" for tours of the Burroughs Home are continued. Living history tours of the historic Burroughs Home are being extended to Florida residents during August with a two-for-one price. Join the home's docents as they share the history and colorful tales of living in one of Fort Myers' oldest homes. Tours are held each Tuesday, Thursday and Friday during August. One tour each day begins at 11 a.m. and continues to 12:15 p.m. Reservations are requested for the Georgian Revival mansion. Regular tickets for adults are \$12; seniors are \$10; children 6 to 12 are \$5; and those 5 and under are free. That means tickets are \$6, \$5 and \$2.50.

The Burroughs Home, 2505 First Street in Fort Myers, is under the management of the Uncommon Friends Foundation. The guided tours include a walk among live oaks and lush gardens, with an opportunity to relax in a rocking chair on the verandah while watching the Caloosahatchee River roll gently by.

Built in 1901, the Burroughs Home was the scene of many social events that hosted the Fort Myers' elite including the Edisons, Fords and Firestones. Antique furnishings, historical artifacts and delightful tales of growing up as the privileged daughters of wealthy businessman Nelson Burroughs and his wife, Adeline, await visitors who want to take a step back in time.

Check the Burroughs Home website - <http://burroughshome.com/events.cfm> - for additional information. Appointments can be made for groups of eight or more. Reservations for any of the tours may be made by contacting Christine@burroughshome.com.

The Uncommon Friends Foundation, a not for profit 501(c)3 organization established in 1993, is dedicated to lifelong character building among today's youth and business leaders. Its mission is to promote character education in schools, business ethics in the workplace and historic preservation of the Burroughs Home and James Newton Archives.

For more information, call 337-9505 or visit www.uncommonfriends.org. ✨

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Pictured from left in the front row, Jennifer Perry, Fort Myers; Nichole Lamaritata, Cape Coral; Christina Harding-Cruz, Immokalee; Angelica Jean, Immokalee; Alexis Macchia, Lehigh Acres; Christopher Kelly, North Fort Myers; and Gabriel Velazquez, Fort Myers. In the back row are Cassiopeia Kindrot, Fort Myers; China Haisley, Fort Myers; Ryan Ladue, Port Charlotte; Nicholas Chrono, Cape Coral; Andie Aguirre, Fort Myers; Chazmen McCarter, Cape Coral; and De'Marquis Davis, Cape Coral. Joshua Brittain, North Fort Myers, is not pictured.

Uncommon Friends Foundation Grants Scholarships

Area students were the recipients of Uncommon Friends Foundation scholarships that were presented during the annual Uncommon Evening. The Uncommon Friends Foundation helps individuals pursue their dreams through needs-based scholarship awards. The foundation works closely with community-based organizations serving special and underserved populations to identify deserving individuals. It has awarded nearly 400 scholarships totaling hundreds of thousands of dollars over the past 18 years.

The Uncommon Friends Foundation, a not for profit 501(c)3 organization established in 1993, is dedicated to lifelong character building among today's youth and business leaders. Its mission is to promote character education in schools, business ethics in the workplace and historic preservation of the Burroughs Home and James Newton Archives.

For more information, call 337-9505 or visit www.uncommonfriends.org.

Big Summer Book Sale

On Saturday, August 18 in the Fort Myers Library Meeting Room, the Big Summer Book Sale will be held from 9 a.m. to 2 p.m. Books, audiobooks, CDs and DVDs for all ages will be sold. As much merchandise as you can fit into a bag is just \$3. Bags are provided by the Friends of the Fort Myers Library.

The Fort Myers Library is located at 2050 Central Avenue in Fort Myers. Please come and help support the library programs and services. For additional information, call 549-9625 or visit www.fortmyersfriends.org.

Greeters Club September Meeting

Looking to make new friends and join in monthly activities? Attend the next luncheon meeting of The Greeters Club of Greater Fort Myers on Thursday, September 20 at Colonial County Club, 9181 Independence Way in Fort Myers. Lydia Antunes Black, executive director of Lee County Alliance for the Arts, will be the guest speaker.

Cost to attend the luncheon is \$20 per person, with reservations required. Contact Janet Gambuzza at 454-5750 or Marie Gaither at 791.8966 or wmgaither@aol.com.

Latimer Exhibit On Display In District 4 Office

Lee County Commissioner Tammy Hall continues to support the arts in Lee County. This month, the "Thomas Edison, Lewis Latimer & The Light Bulb" exhibit will be on display in Hall's office on the first floor of the Old County Courthouse, 2120 Main Street in downtown Fort Myers.

Lewis Latimer worked for and with Thomas Edison for many years. He also held many important patents himself. Latimer was the son of former slaves and grew up in the era of invention of the light bulb and early communications. The exhibit highlights Latimer's work in connection to Thomas Edison and the light bulb.

"The arts are an important part of the cultural and development of our community," said Hall. "I believe that government can play an important role in public awareness, developing the use of public spaces for display and interaction of art, and for the encouragement and commit-



Lewis Latimer

ment of continued financial support both public and private of all the arts."

Other local artists will be featured every six weeks.

For more information on this program, contact Carmen Salomé, Hall's executive assistant, at 533-2226.

Garden Council Establishes \$1,000 Scholarship

A \$1,000 scholarship has been established at Florida Gulf Coast University for an undergraduate student in the area of Landscape Design or Horticulture by the Fort Myers-Lee County Garden Council. The first scholarship recipient will be named this fall.

The scholarship is open to any undergraduate in the areas of landscape design or horticulture, which are under the auspices of the Berne Davis Chair. Selection of the recipient will be made by FGCU under the guidance of the Garden Council. The recipient will be presented the scholarship during the November meeting of the council.

For more information about the Garden Council scholarship or scholarship opportunities at FGCU, contact Judith Cassidy at 590-1058 or jcassidy@fgcu.edu.

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Fort Myers Public Art:
Clayton



by Tom Hall

“People don’t have a sense of connection, a sense of history here because so many folks are from elsewhere,” muses sculptor D.J. Wilkins, the man former mayor Art

Hammel once proclaimed to be Fort Myers’ official sculptor. As a result, many are surprised to learn that, “Fort Myers has the distinction of being the site of the southernmost battle of the Civil War, an engagement won due to the bravery of the men who fought in the Second Regiment of the USCT.”

USCT is an acronym for United States Colored Troops. Two companies in the USTC were called up from Fort Zachary Taylor in Key West in early 1864 to reinforce Fort Myers after the Union stronghold here began encountering resistance to its efforts to round up herds of scrub cows being raised by local ranchers.

“At that time, southwest Florida was a key cattle raising area, and the Confederacy needed meat for their troops,” Wilkins relates. “The USCT was determined that they weren’t going to get any.”

Over the next 10 months, Companies

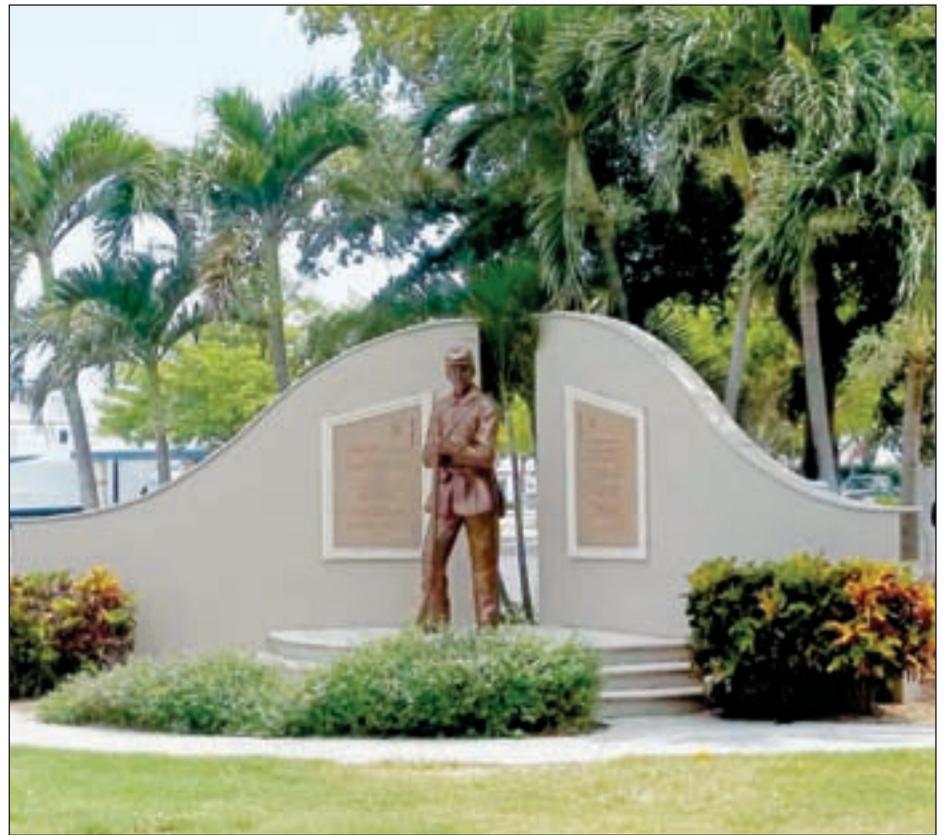
D and I raided ranches from Punta Gorda to Tampa, amassing a herd of some 4,500 head and freeing slaves along the way. So in January of 1865, Colonel Charles J. Munnerlyn dispatched three companies of Confederacy’s Florida Special Calvary to destroy Fort Myers, kill or capture the Union soldiers garrisoned there, and ship the herd of cattle north to Lee’s army in Virginia.

As they marched south from Tampa, the Cow Calvary was joined by the dispossessed cattle ranchers and a host of Confederate sympathizers. By the time they camped at Billy’s Creek, they outnumbered the Union soldiers stationed in Fort Myers two to one. But they were also undisciplined, and when their vanguard ambushed several USCT sentries, their shots alerted the fort to the impending attack and the Cow Calvary lost the advantage of surprise.

The Battle of Fort Myers raged throughout the day on February 20, 1865. “The [USCT] were in the thickest of the fight,” wrote *New York Times* reporter Irvin D. Soloman, who happened to be in the fort at the time. “They seemed totally unconscious of the danger, or regardless of it, and their constant cry was to ‘get at them.’”

Get at them they did. By day’s end, the defeated Cow Calvary was beating a helter skelter retreat back to Tampa, and Lee never got his beef. The South surrendered just six weeks later.

To honor the USCT’s gallantry, the city had Wilkins create a memorial to them and all of the 179,000 African



Clayton by D.J. Wilkins honors the U.S. Colored Troops who fought in the Civil War

Americans who fought for the Union during the Civil War. It’s name is *Clayton* and you’ll find it in Centennial Park, within steps of another sculpture by D.J. Wilkins, *Uncommon Friends*.

An arts advocate, Tom Hall guides

weekly walking tours of the River District’s public art collection in Fort Myers. For more information, go to www.truetours.net.✪

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HORTOONS



Republican Women's Luncheon

Referendum items appearing on the November 6 Florida General Election ballot will be explained during the Fort Myers Republican Women's Club monthly luncheon program on Tuesday, August 21. Matt Caldwell will provide both the pros and cons of each referendum item. The audience will have an opportunity to ask specific questions about each of the items.

The public is invited to attend the luncheon and the candidate forum held at The Helm Club, The Landings in South Fort Myers. A social hour begins at 11:15 a.m. The noon lunch, business meeting and referendum explanation follow.

The cost to attend the luncheon is \$16. Reservations are required by Thursday, August 16 and may be made by contacting Tina Laurie at 489-4701.

The Fort Myers Republican Women's Club is affiliated with the Florida Federation of Republican Women and the National Federation of Republican Women. Additional information about the club may be obtained by contacting the president Gaile Anthony at 292-5212.*

Gateway Kiwanis Welcomes New Club Members

The Kiwanis Club of Fort Myers Gateway to the Islands added to their ability to serve the children of the local community with the addition of two new members at a recent meeting.

Debbie Norris and Dan Cronin joined the Kiwanis Club as the group is completing its major annual fundraising activity, the Delicious Dining Discount book. After recently just completing a Shot & Shoes project for children going back to school, the club is currently assisting with a new playground equipment endeavour for Brightest Horizons Child Development Center. In the immediate future, the club will be providing a World Atlas Book to every student in the fourth grade at Heights Elementary School.

Norris and Cronin both work for the Sanibel Captiva Community Bank at the branch location on McGregor Boulevard in south Fort Myers. Debbie and Dan were sponsored by Terry Luster, secretary of the club and is CEO for a national vehicle title and license plate corporation.

Norris is vice president and office manager of the location and Cronin is vice president and loan officer. Both new members agreed that joining the group felt like it was such a natural and good fit for them.

The club welcomes service-oriented business professionals and individuals to join in the effort to make a difference in the world, one child and one community at a time. Meetings are every Tuesday morning at 7:30 a.m. at First Watch



President David Stauffer, Debbie Norris, Terry Luster and Dan Cronin. Stauffer inducted the new members. Luster was the sponsor.

in the McGregor Blvd. Design Center, except the second Tuesday when an 11:30 a.m. lunch meeting is conducted at Faith United Methodist Church, 15690 McGregor Boulevard in south Fort Myers.

For further details about the club and what they do, visit www.kiwanisgtti.com or contact club president David Stauffer at 940-7181 or pastordavidstauffer@yahoo.com.*

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Lee County Town Hall Online Public Forum Makes Debut

Want to make a positive impact on the community from the comfort of your home? Join Lee County Town Hall.

Lee County's new virtual public forum, located online at www.leecounty-townhall.com, invites residents to share opinions and ideas on proposed projects to help improve our community. You can participate in local government at any time, from any place.

"While we still encourage face-to-face dialogue at traditional meetings, we realize that hectic schedules can get in the way," said Lee County Manager Karen Hawes. "You can explore the interactive Lee County Town Hall website at your convenience."

The homepage has links to Lee County projects and programs seeking your input, as well as a few polls and challenges just for fun. We're kicking things off with two campaigns:

- What do you think about changes to the plan for growth in Lee County through 2035?

We highlight the most important changes, explain why you should care and offer a simple, three-question poll to gauge whether you think we're on track. You can share additional comments if you choose.

- What are the iconic places in Lee County?



The newest members of the Greater Fort Myers Beach Area Chamber of Commerce gathered on August 9

Beach Chamber Welcomes Newest Members

During the monthly luncheon on August 9 at DiamondHead, the Greater Fort Myers Beach Area Chamber of Commerce welcomed a number of new members. Pictured in the above photo are, front row from left, Ivan Arbogast and Jonathan Gentle,

NBS Technology Service. Second row, Bill Fagan, SPD Solutions, and Deborah Regnone, Resort Sports. Back row, chair-elect Norma Jean Pevey, Maria and Michael Carlini of The Island Jewel, Bob Moore of Woodwind Contracting, John and Sally Scanlon of Rudy's Treasure Chest and Doug Stirling of FortMyersBeachRadio.

The Greater Fort Myers Beach Area Chamber of Commerce represents more than 400 local businesses, working to promote a positive business climate in the Fort Myers Beach area by providing

networking opportunities, community events and tourist information. For more information, call 454-7500 or visit www.FortMyersBeachChamber.org.

Publisher To Address Gulf Coast Writers

At the Saturday, August 18 meeting of the Gulf Coast Writers Association, Felice Gerwitz, owner of Media Angels, will discuss the latest techniques and strategies for marketing books in the age of the Internet and ways for authors to get their books noticed. The meeting will begin at 10 a.m. at Fellowship Hall of Zion Lutheran Church, 7401 Winkler Road in Fort Myers.

Media Angels is a publishing company and home of quality non-fiction for the Christian market. Gerwitz's lecture is entitled "What's Different In Marketing." Admission is \$5 for non-members, \$3 for members, and first time visitors are free.

For more details on the Gulf Coast Writers Association, visit their website at www.gulfwriters.org.

For further information on the August 18 meeting, email Joe Pacheco at sanibeljoe@comcast.net.

Email your editorial copy to:
press@riverweekly.com

Greater Fort Myers Chamber Hosts 1st Annual Sing Off Event August 30

The Greater Fort Myers Chamber of Commerce cordially invites the entire Southwest Florida community to its 1st Annual Chamber Sing Off. The event will take place on Thursday, August 30 from 5:30 to 7:30 p.m. at The Edison Restaurant, Bar & Banquet Center, located at 3583 McGregor Boulevard in Fort Myers.

Tickets are \$10 each for GFMCC members and \$20 for non-members. Tickets can be purchased at the door or in advance by visiting www.fortmyers.org. Parking is free and available on site.

Contestants include Susie Hulcher of Unity of Fort Myers, Darla Betzer of the American Cancer Society, Sue Wild of the Visually Impaired Person of Southwest Florida, Doug Pastre of Lee Designs, Mark Blust of the Prawnbroker Restaurant Group and Shawn Kennedy of Batteries Plus.

For questions or additional information, contact Erika Hilliard at 332-3624 ext. 217 or erika@fortmyers.org. You may also visit www.fortmyers.org.

The 1st Annual Chamber Sing Off is sponsored by Sean Corey Productions.






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Along The River



Popular local four-piece cover band Troublemakerz will perform in Fort Myers Beach on Saturday. Band member TC Carter is pictured here with a young fan

Head down to Fort Myers Beach for the **The Sunset Celebration** this Friday and Saturday night. Friday features live music from High Tide while the Troublemakerz will jam on Saturday. The event is held from 5 to 10 p.m. both evening (weather permitting) at Times Square.

For more information, call 463-5900.

During Music Walk on Saturday, beat the heat by slipping into to **Ichiban** for great Chinese and Japanese cuisine. Ample seating is available inside the restaurant or out-



Celebrate Irish Fest while watching great baseball action at Hammond Stadium

side in the climate-controlled gallery located in the historic Post Office Arcade.

The downtown hot spot has had a loyal following among River District diners for eight years. Family owned and operated, it offers friendly service, great lunch and dinner specials along with artfully crafted sushi rolls and sashimi; best enjoyed with a cold Kirin Ichiban beer or a selection of cold (or hot) sake.

There are multiple ways to get to Ichiban: enter through the main Post Office Arcade entrance on Broadway, through the lobby of Hotel Indigo on Main Street, or from First Street courtyard across from the City of Palms parking garage.

Ichiban is located at 1520 Broadway, downtown Fort Myers. Hours are Monday through Thursday from 11 a.m. to 10 p.m., Friday and Saturday from 11 a.m. to 11 p.m. and Sunday from noon to 9 p.m. For more information, call 334-6991.

The weekend is the perfect time to take the entire family on a scenic boat trip with **Captiva Cruises**.

The dolphin watch and wildlife cruise is the perfect family adventure. There is nothing more exciting than seeing playful dolphins jumping in the wake of the boat. Captiva Cruises reports seeing dolphins on approximately 95 percent of their cruises. The trip runs from 4 to 5:30 p.m. and is narrated by volunteers from the Sanibel-Captiva Conservation Foundation. The cost is \$24 per adult and \$15 per child.

Captiva Cruises also offers sailing adventure cruises, sunset cruises and trips to Cayo Costa Beach, Cabbage Key, the Edison & Ford Winter Estates and Boca Grande. Prices vary and reservations are required.

Captiva Cruises is located at 11401 Andy Rosse Lane, Captiva Island. Call 472-5300 or go to www.captivacruises.com.

Every Thursday from 7 a.m. to 1 p.m., the **River District Farmers' Market** is open to the public at the corner of Heitman and West First Streets under the Caloosahatchee Bridge.

The green market offers a variety of local produce, seafood, baked goods, honey, nuts, cheese, flowers and plants for the discerning shopper.

For more information, go to www.cityftmyers.com/farmersmarket.

On Thursday, August 23, Hammond Stadium is hosting **Irish Fest**. Celebrate a night of Irish festivities during the Fort Myers Miracle baseball game versus the Bradenton Marauders. The game starts at 7:05 p.m.

Hammond Stadium is located at 14400 Six Mile Cypress Parkway, Fort Myers. For ticket information, call 768-4210.

Now that lobster season has officially opened, explore the hidden world beneath the waves with **Scubavice Diving Center** in Fort Myers.

Regular spiny lobster season runs through March 31. If you are booking a trip to the Florida Keys to catch your own, Scubavice carries quality gear for rental and purchase. The dive center also organizes dive trips to Venice Beach, Pompano Beach and Lake Denton.

Beginners can earn their Open Water Scuba certification with classroom instructions and sessions in the shop's pool. Experienced divers can obtain Advanced Open Water, Nitrox and Rescue certifications. Instructor Ramiro Palma teaches all levels of diving to National Association of Underwater Instructors (NAUI) and Scubavice standards.

Scubavice Diving Center is located at 12600 McGregor Boulevard, Fort Myers. Call 481-4733 or go to scubavicedivers.com.*

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Southwest Florida Community Foundation Announces Ongoing Art Open House

The Southwest Florida Community Foundation will host an ongoing open house of local juried art the first Friday of every month beginning on October 5 from 4 to 6 p.m.

The exhibit is located in the Community Foundation's public spaces, located at its office at 8771 College Parkway, Building 2, Suite 201 in Fort Myers. The display will include pieces on loan and for sale from 32 local artists and one organization.

According to Cello Bennett, curator of the ongoing display, there will be 84 new pieces on display in addition to the current works from local artists Jacke McCurdy and Ellen Sheppard. The various works range from photography and carved wood to textiles, fused glass and various sculptures, as well as traditional acrylic, watercolor and medium paintings.

The exhibit was open to all artists from the foundation's five-county service area including Lee, Charlotte, Collier, Glades and Hendry as space allows. A share of the proceeds of artwork sales will fund the Fund for the Arts in Southwest Florida that supports nonprofit art organizations in the area.

"This community has the great fortune of being the home to many incredible artists whose work has shaped both Southwest Florida and the nation," said Sarah Owen,



Cello Bennett and Ellen Sheppard

CEO of the SWFLCF. "We are thrilled that our offices will host a collection that honors this tradition, will inspire all who visit our offices and be a testament to our commitment to the arts in Southwest Florida."

Ms. Bennett is also donating two pieces by her late husband, Gale Bennett. One of the pieces will be for the permanent collection, while the other will be auctioned off with all proceeds going to the foundation's arts fund.

"I am thrilled at the response from artists all over Southwest Florida to our call for entries," said Bennett. "With the submission of these wonderful pieces, the exhibit will enhance the art scene in Southwest Florida as well as give these artists the opportunity to showcase their art and contribute to a fund where art is its main focus."

For more information, call 274-5900 or visit www.floridacommunity.com.✪

Auditions Held For Symphonic Chorale Singers

The Symphonic Chorale of Southwest Florida (formerly the Southwest Florida Symphony Chorus) will hold auditions at the following locations and dates:

First Presbyterian Church, 2438 Second Street in downtown Fort Myers

- Monday, August 20 from 6 to 9 p.m.
 - Tuesday, August 21 from 6 to 9 p.m.
 - Saturday, September 8 from 10 a.m. to 1 p.m.
- Alliance for the Arts, 10091 McGregor Boulevard in Fort Myers
- Saturday, August 25 at 3 p.m.

Auditions are available by appointment by calling 560-5695.

Chorale president Joanne Paulino said they are extremely excited about their upcoming second season as an independent chorus.

"We're happy that our first season was a musical and financial success and look forward to the addition of many new singers in our audition process," she said. "We've got a very exciting season ahead that will offer singers a great musical experience under our outstanding director, Dr. Tim McDonnell."

The Symphonic Chorale rehearses at The Canterbury School, 8141 College Parkway in Fort Myers, on Mondays from 7 to 9:30 p.m. Rehearsals will commence on September 10.

Currently, planned performances include two collaborations with the Southwest Florida Symphony Orchestra at Barbara B. Mann Performing Arts Hall as well as several independently produced concerts.✪

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Unitarian Summer: 11 a.m. Tapestry of
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Adult workshops: 9:30 a.m. Faith Like a
River: Themes from UU History.
226-0900, Email: allfaithsuc@embarqmail.
com, Website: www.allfaiths-uc.org

ALL SAINTS BYZANTINE RITE

CATHOLIC CHURCH

10291 Bayshore Rd., N. Fort Myers
Divine Liturgy is on Sun. at 10:30 a.m.;
Rosary begins at 10 a.m.
Lenten services (Presanctified Liturgy)
will be on Wed. evenings at 6 p.m. start-
ing on Feb. 22. Administrator is Very Rev.
Peter Lickman, ph. 305-651-0991. We
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8210 Cypress Lake Drive, Fort Myers
Reverend Fr. Athanasios Michalos
Orthros Service Sunday 9 a.m.
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481-5442 Randy A. Alston, Reverend.
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Morning Worship, 11 a.m., Evening
Worship, 7 p.m., Wednesday Prayer
Meeting, 6:30 p.m.

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8260 Cypress Lake Drive, Fort Myers,
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Voice of Faith, WCRN 13.50 AM Radio,
Sunday, 1:30 p.m.; Thursday Service, 7:30
p.m.; Friday Youth Service, 7:30 p.m.
Nursery care for pre-school children and
Children's Church for ages 5-12 available
at each service.

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15690 McGregor Boulevard

Fort Myers, 482-2030

Pastor: David Stauffer.

Traditional services 8:45 a.m.;

Contemporary, 10:30 a.m.

Go south on McGregor Boulevard. The
church is ½ mile past the intersection of
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2281 W. First Street, River District

www.spirituality.com and www.christian-
science.com

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13545 American Colony Boulevard

off Daniels Parkway in the Colony,

Fort Myers, 936-2511

Pastor: Reverend Joey Brummett

Sunday School: 9:30 a.m.; Morning

Worship, 10:30 a.m.; Sunday Evening, 6

p.m.; Wednesday Family Night, 7 p.m.

FIRST UNITED METHODIST CHURCH

in the Downtown Fort Myers River District

2466 First Street, Fort Myers, FL 33901

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Sunday: 9 a.m. Contemporary Worship

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10:30 a.m. Traditional Worship

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8210 College Parkway, Fort Myers,

482-3133. Philip White, pastor

Morning Worship: 10 a.m.

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Sunday 8 a.m., Holy Eucharist, Rite One;

9:30 a.m., Family Eucharist with Healing

and Church School

Tuesday 9:30 a.m., Morning Prayer (in
Spanish); Wednesday 9:30 a.m., Eucharist
with Healing. Child care available at
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9 a.m. Awesome Grace Contemporary

10:30 a.m. Classic Grace Traditional

8:45 & 10 a.m. Sunday School God's

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website: messiahreformed.com

6:30 p.m. Wednesday Bible Study

noon Sunday Fellowship Lunch

Monthly Teen Events

see website for podcasts, special events,

ministries, calendar, blogs, etc.

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p.m. Kingdom Teaching: 7 p.m. Fellowship

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istry@embarqmail.com, www.facebook.

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OF FORT MYERS

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239-985-8503

9:45 a.m. Sunday School for all ages

11 a.m. Sunday Morning Worship.

7 p.m. Wednesday Evening Bible Study

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11 a.m. Contemporary Worship

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Countdown to Worship (praise music):

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e-mail: peace1265@aol.com

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Wednesday Service 6 p.m.

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Sunday: 7, 9, 11, and 5:30 p.m.

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Saturdays at noon and by appointment

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Mid-Week Service, Wednesday 6:30 p.m.

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From page 10

Churches/Temples

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 Shacharit 10 a.m.; Kiddush at noon
 Minyan: Monday and Thursday 7 a.m.

THE NEW CHURCH

The New Church of SWFL is located
 10811 Sunset Plaza Circ. #401, behind
 Zoomers. Rev. Gabriella Cahaley officiates
 worship services on Sundays at 11
 a.m. during the season. Other worship
 events are held on the beach in Fort Myers
 Beach. See our webpage <http://www.new-churchflorida.com/> or call for more information
 239-481-5535.

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CONGREGATIONAL CHURCH

1619 Llewellyn Drive Fort Myers
 Just off McGregor across from the Edison/
 Ford Winter Estates 334-4978
 Senior Minister: Douglas Kelchner
 Traditional Worship Sunday's 10:15 a.m.
 Website: www.taecc.com

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13411 Shire Lane (off Daniels Parkway
 one mile west of I-75)

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 10:30 a.m.

For information on all church events call
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 Race is Human; our Religion is Oneness.
www.unityoffortmyers.org or 239-278-1511

WESTMINSTER PRESBYTERIAN CHURCH

9065 Ligon Court, Fort Myers, across
 from HealthPark Hospital, 481-2125
 Senior Pastor: Robert Brunson
 Sunday Service:
 9:30 a.m. Sunday School for all ages
 11 a.m. Blended Worship
www.westminsterfortmyers.org

WORD OF LIFE CHURCH

2120 Collier Ave, Fort Myers, 274-8881;
 Services: Sunday 10 a.m.;
 Wednesday 7 p.m.

Bishop Gaspar and Michele Anastasi

ZION LUTHERAN CHURCH

7401 Winkler Road, Fort Myers,
 481-4040, Interim Pastor Jim Eggert
 Pastor Peter Weeks
 Sunday Services: 8:30 a.m. Traditional;
 10 a.m. Blended Traditional and
 Contemporary; 11:30 a.m. Contemporary.
 Children's Sunday School, Adult /Teen
 Bible Classes, 10 a.m.*



Mike Haber, Sarah Nadal, Jessica Clark and Rich Cerrina Accept Grand Image Awards

Shell Point Retirement Community Receives Four Prestigious Awards

Members of the Marketing and Communications Department of Shell Point Retirement Community received four awards during the 2012 Florida Public Relations Association (FPRA) Conference held in St. Augustine.

Shell Point's website, www.shellpoint.org, received a Golden Image Award, Judges Award and Grand Golden Image Award for excellent design and outstanding performance by the Florida Public Relations Association.

Additionally, Shell Point's Discovery Club Program received an Award of Distinction in the category of PR Programs – Promotional/Marketing.

The FPRA Conference is held annually to recognize professionals in Public Relations, the organizations with which they work, and to enhance the profession with various meetings and seminars.*

To advertise in *The River Weekly News* Call 415-7732

Jewish Federation Appoints Ginsburg-Padilla Program Director

The Jewish Federation of Lee and Charlotte Counties welcomes Amy Ginsburg-Padilla as its new program director. She comes to the Jewish Federation from the Gulf Coast Symphony in Fort Myers, where she held the marketing and public relations director position for over five seasons. During her tenure with the Gulf Coast Symphony, the orchestra experienced significant growth in visibility, subscribership and concert attendance.

In her role with the Jewish Federation of Lee and Charlotte Counties, Ginsburg-Padilla will collaborate with the Jewish Federation's strong volunteer base to maintain its existing programs, implement new programs, assist with identifying new funding sources to support additional programs and oversee marketing and public relations efforts.

The Jewish Federation of Lee and Charlotte Counties has been incorporated in Southwest Florida in 1985. It provides and supports philanthropic, educational and social service programs that promote Jewish values such as benevolence, repairing the world and taking responsibility for one another in order to enrich the Jewish community locally, in Israel and throughout the world.

For more information, visit www.jewishfederationlcc.org or call 481-4449.*



Amy Ginsburg-Padilla

Our email address is press@riverweekly.com

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Be An Opportunist Angler During This Time Of The Year



by Capt. Matt Mitchell

With our local schools back in session, it sure is nice and quiet out on the bay. Even during the weekend, coastal morning showers kept most fishermen home. This next six weeks or so is without a doubt my favorite time of year to be out on the water, as there is little to no boat pressure in the sound and fishing is really good for a very wide variety of species.

Starting towards the end of the week, we had good morning high water that had the redfish bite going on. Some of the redfish caught were the over-the-lot-size species that I have not really caught regularly since last fall.

Working just about any wind-blown mangrove shoreline in the southern sound during the higher water was a

good bet for redfish. Moving and working every nook and cranny of a shoreline was the key to getting these fish.

Snook fishing was a little tougher for me. Snook was the only fish my clients from Atlanta wanted to catch, so we stuck it out one day. I really struggled to get any kind of snook bite going most of the morning. Fishing the passes on a falling tide did not produce a single snook. When I moved out to the snags along the beaches, I did see quite a few snook laid up in the clearer water, but just could not get them to eat.

After fishing our way back to the southern end of the sound, we targeted docks on the low following tide still without any action. Just when we were ready to wrap it up for the day, I went to one last spot I had not fished since last fall to catch the end of the low outgoing tide on a deep mangrove shoreline. The first cast with a large pinfish got slammed almost instantly and, after a battle during which the fish even got wrapped up

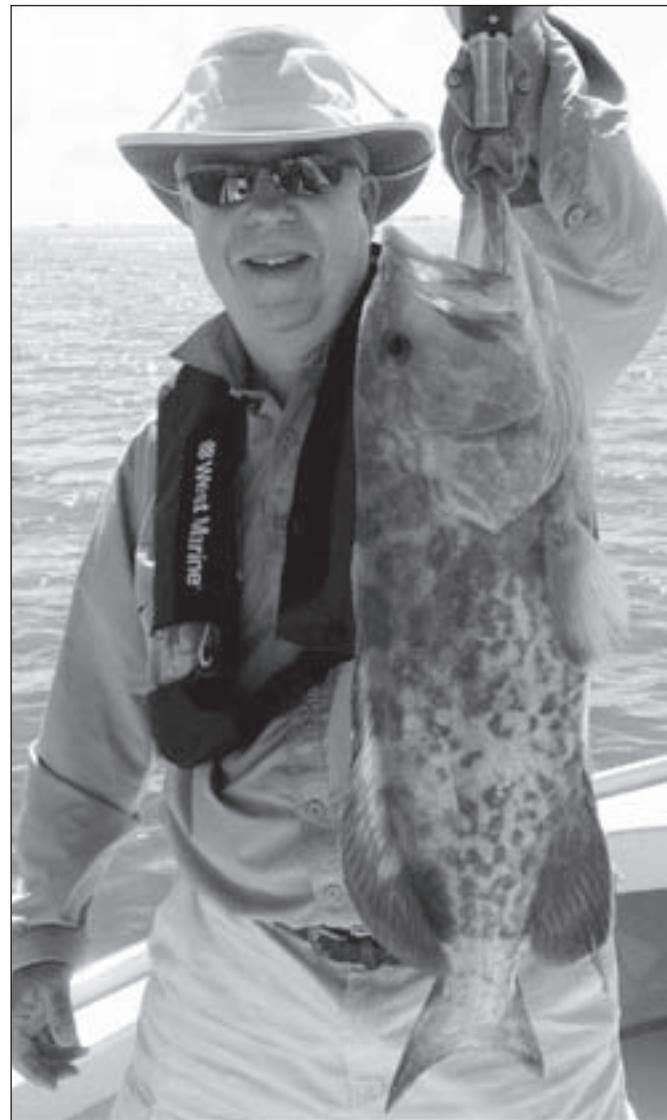
in the mangroves for a while, we finally pulled our first snook of the day to the boat, a fat 31-incher. The next bait in did not last much longer and after a brief battle, a 30-incher came to the boat.

All morning we had fished for snook and to finally get it done at the last spot of the day is always a relief as a guide. Sure, we had a slow day but the way the snook bite has been for me the last week, I was just happy we could catch and release at least two good sized fish. If it was up to me, I would have changed target species about an hour into the trip, but these clients only had one species on their to-do list.

These next few months when I leave the dock, I will go with the attitude that I will fish for what the day gives me and see what I run across. Sure, I always like to have my first few stops of the day planned out with a certain target species in mind. Some days the trip will go almost exactly as planned, but other times no matter how hard you work

at it, you just have to switch it up or you just happen to run across something even better than you had planned. This proved true a few times this week with keeper grouper and even a few cobia in the mix.

The outfits I take along for a normal trip this time of year include my regular 15# light tackle spinning rods, 30# medium action spinning rods and heavy 65# test jigging style spinning rods. No matter what I come across – from trout, redfish and snook to shallow water grouper, cobia, sharks and tarpon – I have a rig to get it done. There is nothing worse than not having the right tackle for the job and any day out on the water the mix of fish



Michael Cohen with a 25-inch gag grouper caught while fishing with Capt. Matt Mitchell this week

caught on a trip could include a wide variety of species.

Being tied into catching one species of fish for the day is not always a bad thing, but with all the options available in our local waters right now, you need to be ready for just about anything. Even just running from one place to another, you never really know what angling opportunity might present itself.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmattmitchell@aol.com.*

Send Us Your Fish Tales

The River Weekly would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the River Weekly, 1609 Hendry Street, Suite 15, Fort Myers, Florida 33901, or email to press@riverweekly.com.

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Dave Doane

CROW Case Of The Week:

Baby Gopher Tortoise



by Patricia Molloy

Imagine the excitement of a Gopher tortoise hatchling finally breaking through the final piece of shell and dragging itself to the surface from its mother's burrow. Now begins its first search for food through thick vegetation for the one-and-a-half inch long reptilian. Gopher tortoises are grazers that feed primarily on grasses and legumes.

On August 6, one tiny tortoise uncharacteristically took to the skies as a hawk swooped down and grabbed it with its powerful talons, quickly whisking the turtle away. The hawk did not have a keen grip on its bite size meal and dropped it from a lengthy height. A good samaritan witnessed the fall and promptly drove the tortoise to one of CROW's nine convenient drop off sites. Gareth Johnson, CROW patient admissions and first responder, transported the patient to the clinic for treatment.

Upon arrival, it had no penetrating wounds on the outside but it was very lethargic and its eyes were closed and heavily bruised. Additionally, it had an



The tortoise is sharing an incubator with a baby squirrel still in the "pinky" (hairless) stage

edema (swelling) around its neck. The most severe presentation was respiratory distress; its hind legs moved with every breath it took. Its condition worsened throughout the first day but began improving slowly, but steadily, by the second day.

The medical breakthrough was a direct result of the supportive care administered by the clinic staff. The tiny patient received subcutaneous fluids, Oxitetracycline (an ophthalmic steroids with anti-infectives) and plenty of groceries. As its strength improved, it was given anti-inflammatories to treat possible contusions and hemorrhaging resulting from the fall.

If you would like to help patient #2372 on its long road to recovery, go to CROW's website to make a donation. You can specify that your money be used to treat specific patients, such as this cute little hatchling, or any other patient/species of your choice.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from the Gulf Coast of Florida. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: www.crowclinic.org.*



Helen Ingraham, DVM intern, is administering anti-inflammatories to the tiny tortoise



Hatchlings are born with a yellow and orange carapace (shell)

CROW Launches Summer Campaign



The Clinic for the Rehabilitation of Wildlife announced the launch of a summer campaign to raise funds for the rescue and rehabilitation of our sick, injured and orphaned native wildlife.

CROW president John Schubert is confident that CROW can continue to provide the level of care needed to survive this busy season.

"For over 40 years, CROW has survived thanks to the hard work, dedication and commitment of the special people who provide care for our patients. But we have also survived thanks to the passion and generous donations from our supporters who believe strongly in what we do every day of the year to save wildlife," said Schubert. "As we have in past summers, we are reaching out to our members, supporters and everyone in our community to help us by providing the extra resources we need to get through this busy summer season."

Everyone at CROW would like to say thank you for helping us give wildlife a voice in the world and for helping us teach people to care for and care about our wildlife friends and neighbors.

Yes, I would like to support CROW and its efforts to treat these summer patients.

Enclosed is my check, made payable to CROW. Mail to PO Box 150, Sanibel, FL 33957. Please note "Summer Campaign" on the check.

You may also donate online at www.crowclinic.org

Name _____

Address _____

City, State, ZIP _____

Phone # _____

Amount enclosed: _____

Credit Card Donation Amount: _____

Card # _____ Exp. Date _____

CVV Code _____ Billing Zip Code _____

Signature _____

Plant Smart

Florida Tasselflower

by Gerri Reaves

Florida tasselflower (*Emilia fosbergii*) is one of countless wildflowers – that blessed category of plants that grow and bloom without cultivation.

For the homeowner who wants less yard work, a pretty non-invasive flower who needs no help at all might sound like a good thing, especially since Florida tasselflower attracts small butterflies, bees and birds.

This diminutive little beauty is very drought-tolerant, requires no maintenance and grows in full sun.

Nevertheless, while some people welcome this member of the aster family to their yard, some are busy dousing it with herbicide because they call it a weed.

Also known as Flora's paintbrush, it blooms all year long in Florida, popping up in pinelands, hammocks, along roadsides, in undeveloped lots and even in cultivated lawns.

The flower's origin is unknown, but is considered naturalized in Florida.

The flower heads in shades of red or pink are enclosed tightly in green bracts. They flare like a paintbrush tip atop the branched stems. The plant can grow to more than two feet tall.

The coarsely toothed leaves vary in shape. Leaves at the base are spatulate, while the clasping upper leaves are stalk-



Florida tasselflower's small blooms range in color from red to dark pink

photo by Gerri Reaves

less and lance-like.

The larger leaves at the base of the plant and the stems usually have grayish white hairs.

Rounded seed heads are filled with silky-haired white seeds, which are dispersed by the wind.

Who knows where those windborne seeds will land and take root – perhaps on a date palm trunk like the one in the

photo – or whether they will be appreciated, ignored or eradicated?

Sources: *Everglades Wildflowers* by Roger L. Hammer and *uswildflowers.com*.

Plant Smart explores sustainable gardening practices that will help you create an environmentally responsible, low-maintenance South Florida landscape. ✨

Shop, Save And Support Chapin Food Bank

Macy's will be conducting their annual Shop For A Cause Day on Saturday, August 25. Those who have a savings pass can realize discounts all day long on a variety of merchandise. All proceeds from coupons sold by the Harry Chapin Food Bank will go to the food bank.

Savings passes are available for \$5 each and can be utilized all day. A 25 percent savings can be realized on regular, sale, and clearance items, including home products; this includes most brands usually excluded from sales. A 10 percent savings is available for electrics, electronics, watches, furniture, mattresses as well as rugs and floor coverings. In addition, those purchasing the discount coupons will be entered into a drawing for a \$500 gift card.

The discount coupons are available by contacting Marta Hodson at the Harry Chapin Food Bank at 334-7007 ext. 132 or martahodson@harrychapinfoodbank.org. ✨

Read us online at
IslandSunNews.com

Caring For Your Plants

Orchid Care 101



by Justen Dobbs

Orchids come from tropical and sub-tropical rainforests in North, Central and South America. They are air plants that grow on living trees and plants without harming the tree or

plant they live on. There are thousands of species, they bloom one to three times a year, and some are fragrant.

I find that people fall into two categories when it comes to orchids: those who love to collect and grow orchids, and those who say they killed every single one they've had. In this article, I will be speaking to the latter of the two.

I always tell people that orchids are a "thrive with neglect" plant. This essentially means that they don't receive much care in habitat (where they're found in nature), so they shouldn't be overly cared for in cultivation (anywhere outside of habitat). Orchids do best when planted in an orchid blend – a special soil made up of bark, charcoal, and perlite. This mixture allows lots of airflow through the roots and encourages root growth. You can also pot up orchids in coarse bark or tree bark nuggets, which will work just as well. Do not pot up your orchids into

potting soil, palm and cactus soil, or any other mixtures.

Watering your orchids is actually fairly simple. Orchid roots are like tiny white sponges.

If you hold a dry, new sponge and pour water over it, most of the water is going to run down the side of it and into the sink. If you submerge a sponge in a sink full of water, it will soak up all the water it can. The same is true for orchid roots – if you just run water from the hose over them, it will just wet them a little and is not an effective way to keep the plant healthy (except for *Vanda* sp. which need fresh water frequently). Instead, fill a small bowl (or your kitchen sink) with fresh tap water and submerge the entire orchid for 30 to 90 minutes. Remove the orchid, allow all excess water to drain, and place it back where it was. This should be done every three to four weeks, or when the leaves begin to wrinkle.

Lighting for your orchids is the sec-



This hanging basket receives filtered sunlight and lives off rain-water

ond most important factor. Nearly all orchids will not grow in direct sunlight (even ground orchids get yellow), but instead require filtered sunlight, either through a canopy tree, mosquito screen or blinded window. (Keep in mind where they grow in nature- attached to huge branches high up in the jungles and rainforests.)

Airflow is also important for orchids since their fragile leaves, flowers and roots are susceptible to mold and fungus. Orchids should be grown outdoors most of the time where they get ample airflow, but then can be brought indoors while blooming. By following these simple



Phalaenopsis orchids are the easiest to grow and their blooms last for months

rules, you should be able to enjoy your orchids for many years.

Dobbs is a landscape architect in south Florida specializing in custom, upscale landscapes. He can be reached at seabreezenurseries@gmail.com. ✨

Museum's Adopt-A-Class Program Reaches Lee County 4th Graders



Amy O'Connor Walker, museum docent, leads a group of Adopt-A-Class fourth graders on a tour of The Great Hall of Shells

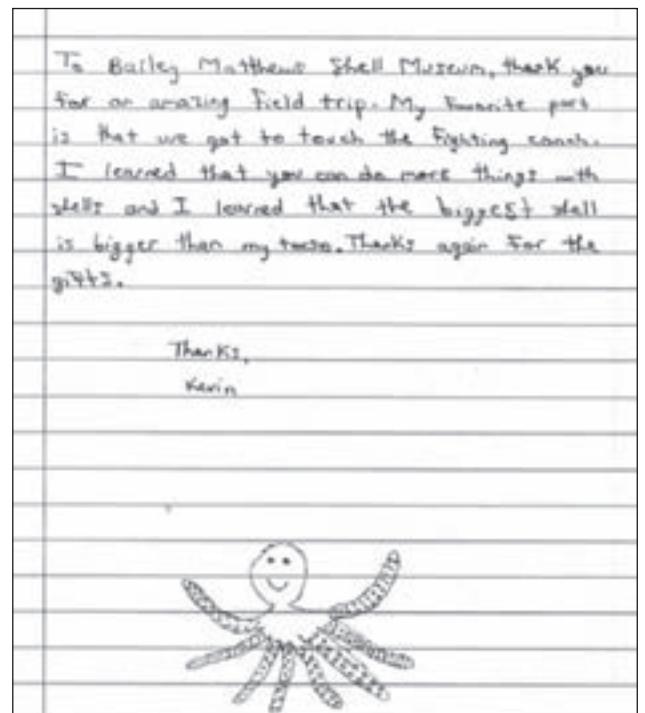
The Bailey-Matthews Shell Museum has provided one-of-a kind educational experiences to more than 25,000 children in Lee County since the inception of the museum's Adopt-A-Class Program in 2003.

The Adopt-A-Class Program, which covers the cost of transportation to and from Sanibel, creates the opportunity for all Lee County public fourth-graders, including those from disadvantaged neighborhoods, to tour the museum at no cost to the school. Lee County teachers who have participated in previous Adopt-A-Class Programs report that the field trip is the "highlight" of the school year for their fourth graders.

In 2008, the JN "Ding" Darling National Wildlife Refuge began a partnership with the museum and the field trip now includes a half-day learning at each venue. The Bailey-Matthews Shell Museum portion teaches Lee County fourth graders about mollusks, the soft-bodied invertebrates that make shells, while the "Ding" Darling portion features an important learning experience about wildlife conservation.

Funding for the program has had challenges since Lee County support for transpor-

tion costs was phased out beginning in 2003. Further challenging the cost of the program are increased gas prices and decreased funding from private sources. The museum has begun its campaign for funding of the coming academic year's classes and will begin the adoption process in mid-August. Fortunately last year, a major museum supporter adopted more than 15 classes with their contribution to the program. Sponsorship from area individuals and businesses are vital to the continuation of the program. With continued strong support from the community like last year, the museum's Adopt-A-Class will once again be a highly successful educational outreach program for 2012-2013!



Letter from Kevin following a visit to the museum

If you would like to help sponsor the Adopt-A-Class Program, visit www.shellmuseum.org or contact John Suau at jsuau@shellmuseum.org. For more information about the museum's educational programs, contact Diane Thomas at dothomas@shellmuseum.org, or call the museum at 395-2233.*

Second Annual Sing Out



Timothy McDonnell greets participants at Sing Out in 2011

Singers age 15 and older will have an opportunity to improve their vocal skills and choral musicianship at the Second Annual Sing Out, to be held on Saturday, August 25 at the Alliance for the Arts, 10091 McGregor Blvd. in Fort Myers.

This day-long workshop will be led by Dr. Timothy McDonnell, artistic director of the Symphonic Chorale of Southwest Florida. McDonnell is also the chair of the music department at Ave Maria University and has invited several other faculty members to participate, including Dr. Susan Treacy, Rebecca Osterman and Maria McDonnell.

Breakout sessions will include tips on making the most of rehearsals, breath control and articulation. The singers will then get the chance to put the techniques into practice in a shared choral immersion.

The workshop is open to singers from school, church or community choirs as well as to anyone who wants to find his or her own best voice. Immediately following the sessions, auditions will be held on site for those wishing to join the Symphonic Chorale.

Registration for the workshop (Class #S094) will be handled through the Alliance. Call 939-2787 or visit www.artinlee.org/campandclasses/adultclasses.html for details. The cost is \$30 for Alliance members or \$36 for non-members.

For more information about the Symphonic Chorale or to schedule an audition, call 560-5695.*

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Please call the gallery office to make your reservation 275-2970

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The Santiva anchored in the shallows off Cayo Costa's southern tip

From page 1

No Child Left On Shore

year. "I've never done something like this before."

According to group leader Joseph Gabriel of Ebenezer Christian Academy, most of the children who took part in last Friday's trip had never played on the beach or collected shells in their lives.

"You can see it in all their faces how much they really enjoy this experience," said Gabriel. "Spending time with each other, swimming, collecting shells and learning about nature. This is a wonderful program."

Gabriel said that he first learned of the No Child Left On Shore program

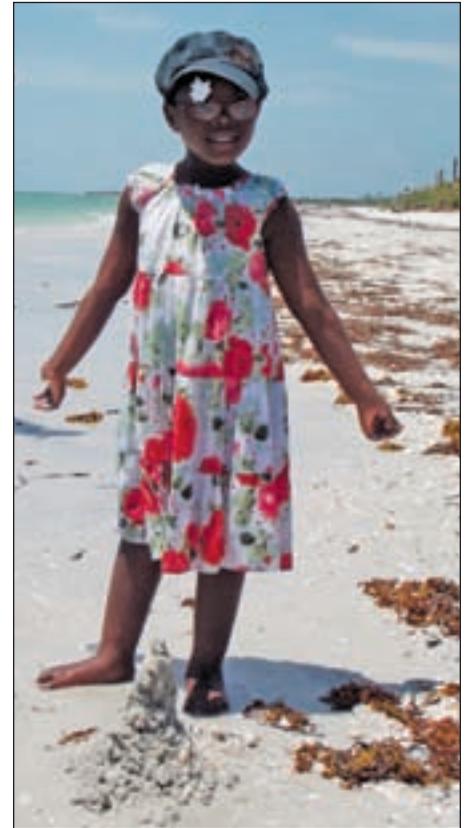
through one of the academy's board members, Jeff Goode, who also took part in the trip to Cayo Costa.

On the way back to Captiva, Finkel cast a seine net off the stern of *The Santiva*, collecting a few marine life samples to show the group. In only a few moments, the net filled with an assortment of living things: a pufferfish, pinfish, snapper and triggerfish, along with some seaweed. After providing some interesting facts about each creature, Finkel released them back into the sea.

"This is a great opportunity for them to come out here," added Gabriel. "Next week, when they go back to school, they're going to tell all their friends about what they did on summer vacation... and they're going to tell them about this!"

Additional information about the No

Child Left On Shore initiative, or to become a sponsor of a local Southwest Florida youth group, can be obtained by calling Kristie Anders with the Sanibel-Captiva Conservation Foundation at 472-2329 or Richard Finkel with Captiva Cruises at 472-5300.*



Naima Martial, 4, built her first sandcastle during the trip

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Members of the group stopped to look for shells on Cayo Costa

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<p>\$4.99</p>  <p>SALE Angel Soft 12 Double or 24 Regular rolls bath tissue.</p>	<p>\$4.99</p>  <p>SALE Sparkle 8 Regular Roll paper towels.</p>	<p>\$4.49</p>  <p>SALE Kleenex Facial tissue 3-4 pack.</p>	<p>\$5.49</p>  <p>SALE Paper Charmin Basic 12 Double rolls bath tissue or Bounty Basic 8 Regular roll paper towels.</p>

Prices good August 19 thru August 25, 2012

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School Smart



by Shelley M. Greggs, NCSLP

Dear Shelley, Now that school has started, I want to read with my children as often as possible. They are in elementary school. Do you have any suggestions that will help our reading time together?

Jon V., Fort Myers

Jon,

Reading with your children is one of the most important activities that you can do. If possible try to read with each child individually even if it's only for 10 to 15 minutes. The individual attention you give your child during a reading session is valuable.

Below are some tips on reading with

your children. The first tips are for the actual process of decoding the words followed by some suggestions to assist with reading comprehension:

- Have your child read aloud to you every night.
- Choose a quiet place, free from distractions, including the phone, TV/computer, for your child to do his nightly reading assignments.
- As your child reads, point out spelling and sound patterns such as cat, pat, hat or other patterns that you see.
- When your child reads aloud to you and makes a mistake, point out the words she has missed, you say the word and have her say it correctly.
- After your child has stopped to self-correct a word he has read, have him go back and reread the entire sentence from the beginning to make sure he understands what the sentence is saying.
- Ask your child to tell you in her own words what happened in a story.
- To check your child's understanding of what he is reading, occasionally pause

and ask your child questions about the characters and events in the story.

- Ask your child why she thinks a character acted in a certain way and ask your child to support her answer with information from the story.
- Before getting to the end of a story, ask your child what he thinks will happen next and why.

Don't forget to read a story at bedtime too even though you have read together earlier in the day. Children who have been read aloud to are more likely to develop a love of reading, increased vocabulary development, language cognition, voice recognition, image recognition and increased imagination.

Also, describing pictures in the book, explaining the meaning of the story and encouraging your children to talk about what has been read to them and to ask questions can improve their understanding of the world and their social skills.

Beyond these academic benefits, the time spent together develops an emotional closeness, a connection that comes from a shared interest and the development of that connection through the years.

*Ms. Greggs is adjunct faculty at Edison State College where she teaches psychology and education courses. She is also Nationally Certified School Psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.**

Students qualify on the basis of academic achievement. Prospective members must have completed a minimum of 30 semester hours at an accredited college or university, while maintaining a 3.30 cumulative grade point average or a scholastic ranking within the top 15 percent of their class.

Delta Epsilon Iota's is one of the leading academic development organizations in the country and is synonymous with leadership and excellence in academic life.*

Women Business Education Series

The women business education series returns to Fort Myers to assist female business owners and entrepreneurs to learn about starting or building a business. The five-part series beginning on October 3 is hosted by Markham Norton Mosteller Wright & Company PA, in conjunction with the Small Business Development Center at Florida Gulf Coast University. The educational series will provide business-minded women with the tools and resources to ensure success.

The five individual programs will cover topics such as understanding legal entities and taxation, preparing a business plan and budgeting, Disadvantaged Business Enterprise and government contracts certification, becoming an employer and human resources issues, and social media strategies.

The series topics and speakers are:

- October 3 – Understanding Legal Entities & Taxation. Speakers include Joni Norton, tax partner, Markham Norton Mosteller Wright & Company; and Alison Hussey, partner, Pavese Law Firm.
- October 10 – Preparing A Business Plan & Budgeting. Guest speaker is Karen Mosteller, consulting partner, Markham Norton Mosteller Wright & Company.
- October 17 – How To Work With the Federal Government and Get Woman Minority Certification. Speakers include Millie Class, DBE consultant, Small Business Development Center at FGCU; and Dan Telep, procurement technical assistant business analyst, Small Business Development Center at FGCU.
- October 24 – Becoming An Employer? What You Don't Know Will Hurt You! Guest speaker is Sandie Peterson, human resources consultant, Markham Norton Mosteller Wright & Company.
- October 31 – Social Media Strategy For Your Business. Guest speaker is Katie Meckley, marketing coordinator, Lee County Visitor & Convention Bureau.

The Women in Business education series will be held every Wednesday beginning on October 3 and continues through October 31 from 8 to 10 a.m. in the FGCU Margaret S. Sugden Welcome Center, 10501 FGCU Boulevard South in Fort Myers.

Registration is \$100 for the five-part series or \$25 for each program. Proceeds

continued on page 20

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Local Student Selected For Honor Society

Sajeeda Khan-Woehle, 19, has been selected for the Delta Epsilon Iota Academic Honor Society at the University of Florida. She graduated from Fort Myers High School's IB Program and is the daughter of Peggy J Singh and James Woehle.



Sajeeda Khan-Woehle

Khan-Woehle is majoring in Family, Youth and Community Sciences (pre-med track) and is expected to graduate in May of 2014.

"At this point in my undergraduate studies, I'm interested in biological, cognitive and psychological domains of child development," she said. "I aspire to attend medical school upon graduation to become a pediatrician. My current work at Shands Hospital, Department of Clinical and Health Psychology, will benefit me in accomplishing my career goals."

Delta Epsilon Iota was established in order to recognize and encourage academic excellence in all fields of study.

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Gator Tail Picadillo

4 tablespoons olive oil
 1 large white onion, chopped
 6 cloves garlic, minced
 6 bay leaves
 2 pounds ground alligator tail meat
 1/2 cup chicken stock
 1 14 1/2-ounce can diced tomatoes, with juice
 3/4 cup raisins
 3/4 cup pimento-stuffed green olives, sliced and drained
 1/4 cup tomato paste
 1 1/2 teaspoons red wine vinegar
 1 stick cinnamon
 1 teaspoon fresh oregano, chopped
 1 teaspoon chili powder
 1 teaspoon cumin
 1/4 teaspoon cayenne pepper
 Salt and pepper, to taste
 3 cups cooked white rice
 In large soup pot, heat oil over medium-high heat. Add onion, garlic, and bay leaves; sauté 5 minutes until onions are soft. Add gator meat and sauté until cooked through. Add all remaining ingredi-



Gator Tail Picadillo

dients and simmer until picadillo thickens, stirring occasionally. Season to taste with salt and pepper. Discard bay leaves and cinnamon stick. Serve picadillo hot over

white rice.

Yields eight servings

Nutritional Value Per Serving

Calories 495, Calories From Fat 122,

Total Fat 14g, Saturated Fat 2g, Trans Fatty Acid 0g, Cholesterol 1mg, Total Carbohydrates 38g, Protein 56g, Omega 3 Fatty Acid 0.00g.*

Fort Myers Safe Pool Party August 18

Join The Children's Hospital of Southwest Florida and the Kohl's Kids Safety Program for a free pool safety party this Saturday, August 18 from 9 a.m. to noon at the Tice Community Pool, 4515 Glenwood Avenue in Fort Myers. Learn ways to help your family stay safe while having fun in and around the swimming pool. Complimentary refreshments will be served.

"In the state of Florida, we lose the equivalent of three classrooms of preschoolers to drowning each year," said Michele King, director of the Child Advocacy Program at The Children's Hospital. "We must keep our children safe with layers of protection and constant adult supervision when they are in or near water."

Drowning is the leading cause of death for children under age 5 in the state of Florida and is 100 percent preventable. Just follow the safety tips below:

- Never leave a child unattended in a pool or spa and always watch your child when he or she is in or near water.
- Teach children basic water safety tips.
- Keep children away from pool drains, pipes and other openings to avoid entrapments.
- Have a telephone close by when your or your family is using a pool or spa.
- If a child is missing, look for him or her in the pool or spa first.
- Share safety instructions with family, friends and neighbors.

For more information, call the Kohl's Kids Safety Program at 343-5224.*

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Captiva Tri Competing Against Hunger

There are many reasons why people decide they want to tackle a triathlon. A very public commitment to train and compete, perhaps. A benchmark in their fitness quest that's taken them off the couch and onto the course. Or even a step in their goal towards competing in an even more challenging event in the near future.

If you're thinking about being part of this year's Galloway Captiva Tri, here's another good reason: To help the less fortunate in our community put food on the table.

When you sign up for the Galloway Captiva Tri – a two-day fitness and family weekend held September 15 and 16 on Captiva – a portion of your registration fee is earmarked for Community Cooperative Ministries, Inc.

CCMI is an innovative nonprofit 501(c)3 organization made up of social service entrepreneurs fighting to end homelessness and hunger in our community. The agency provides more than 14,000 meals each month through their Everyday Café and Marketplace and Home Delivered Meals programs. CCMI also educates 40 children in their Community Montessori, offers homeless and comprehensive case management services through their United Way Resource House and oversees an emer-

gency mobile food pantry.

Specifically, the Galloway Captiva Tri this year will support CCMI's Backpack Program, which is currently feeding more than 1,750 students at schools in Bonita Springs, Fort Myers, Cape Coral and Lehigh Acres.

"There is nothing more upsetting to me than to know that there are children, senior citizens, and men and women just like you and I going to bed tonight hungry," said Sam Galloway Jr., chairman emeritus of CCMI.

In the hardest hit areas of Lee County, as many as 97 percent of children are on free or reduced lunch. Most of these children are going without any food from the time they leave school on Friday until they return on Monday, as well as during school holidays. CCMI established school backpack programs in many local schools in conjunction with community service organizations in order to get food directly into the hands of the children. (They have also established a School Food Pantry at Bonita Springs Elementary.)

"Experts agree that good nutrition is critical to a child's ability to learn," said Tracey Galloway, CEO of CCMI. "Our backpack program supports that goal by addressing one of roadblocks of positive educational outcomes, child hunger."

Last year, with 500 registrants for the adult race the Galloway Captiva Tri raised \$6,500 for CCMI. This year, with the race capped at 750 registrants, race organizers plan to increase that figure. This year's event will also include the opportunity for participants to donate

directly to the backpack program and participate in team fund-raising for CCMI.

The Galloway Captiva Tri is comprised of two different events: The adult triathlon on Sunday, September 16, and the children's tri on Saturday, September 15.

The adult race (sponsored by the Zehr Center for Orthopaedics) is a sprint length, comprising a quarter-mile open-water swim, a 10-mile bike on the road of Captiva Island (which will be closed to regular traffic for the event) and a 3.1-mile run on the South Seas Island Resort golf path, which includes panoramas of the Gulf of Mexico and Pine Island Sound. Athletes will compete in waves based on age and gender.

There will be two children's fun races (sponsored by Jason Gunter, P.A.): The 6- to 9-year-olds will complete a 100-yard swim, 1.5-mile bike and half-mile run, while the age 10 to 13 racers face a 200-yard swim, 3-mile bike and 1-mile run. The swim course will take place in waist-deep water along Captiva's Gulf beach, and the course will be lined with adults and life guards. The bike course will be closed to all traffic, and the run course will be along the golf course overlooking the Gulf of Mexico. All children who finish will receive a medal.

Both adult and children athletes can find out more details and register online through the link at the event website, www.captivatri.org.

From page 18

Women Business Education Series

will be donated to Florida Gulf Coast University to benefit the Small Business Development Center, which provides no cost confidential business consulting and education to entrepreneurs and businesses.

Register online at www.sbdccseminars.org or call 745-3700.*

From page 6

Town Hall Online Forum Debut

This fun challenge lets you show off your local knowledge. Upload photos and explain why your spot is the best place to take visitors when they come to Lee County.

The list of campaigns will be growing, so check back often to see what's new. Registration is free, and it's easy to share your own ideas and support those you like. Lee County decision-makers will be listening.*

Early Registration Open For Race For The Cure

The 2013 Susan G. Komen Race for the Cure will take place on Saturday, March 9 at Coconut Point Mall in Estero and event registration is now open. A host of new features is planned for Race Day to appeal to both teams and individual participants. Participants may register online at www.KomenRace.org or call 498-0016 for a printed registration form.

Seventy five percent of all net proceeds from the Southwest Florida Race for the Cure stay in Southwest Florida and 25 percent of proceeds are given to national research programs.

Those who register early receive a reduced rate. Adult fees are \$25 for the 5K run or walk for those who sign up by December 31, and \$35 for adult chip timed racers. Fees will increase by \$5 after January 1, and increase again for Race Day.

Another reason to register early: those who register before September 30 will be entered into a drawing for a round-trip American Airlines ticket valid through March 9, 2013 anywhere in the continental U.S.

"We encourage participants to sign up early so we can start a dialogue as soon as possible," said Miriam Ross, executive director of Komen's Southwest Florida affiliate. "We are planning contests, social media promotions, kick off and team events, and new amenities that we want to communicate on an ongoing basis."

Event additions include a Team Village for top fundraising teams, a T-shirt design contest, entertainment along the race route, and the opportunity for a tailgate party.

More than 10,000 participants, volunteers and sponsors attended the 2012 Southwest Florida Race for the Cure. The race is a sanctioned 5K event that also includes a non-competitive 5K run/walk and a one-mile fun run/walk. Funds raised allowed the Southwest Florida



The start of the 2012 Race for the Cure, which was attended by more than 10,000

affiliate to bestow grants totaling more than \$825,000 to 12 local non-profit agencies that provide breast cancer education, screening, treatment and support in Lee, Collier, Charlotte, Hendry and Glades counties. Since 2002, the Southwest Florida affiliate has given more than \$5.5 million to local non-profit organizations.

Susan G. Komen Race for the Cure is the largest fundraising event in Southwest Florida supporting the fight against breast cancer. Komen is also the world's largest non-governmental source for breast cancer research and community outreach in the world.

Top sponsors to date include Mariann, Bob & Megan McDonald, Ford, Coconut Point, Comcast, NBC-2 and eBella Magazine.

For more information on sponsorship or to register a team or individual, visit www.KomenRace.org or call 498-0016.*



Lucy Costa of Promotional Incentives serves beverages as the St. Pauli Girl



Lee County Commissioner Ray Judah earns the "Most Appreciated Waiter" award last year for generating the most tips

From page 1

Celebrity Waiter Dinner And Auction

10 p.m. on Saturday, September 22 at the Harborside Event Center in downtown Fort Myers. Individual tickets are \$100 and may be purchased by calling 278-1002 or by visiting the website at www.ccsfwl.org.

"We never know what our celebrity waiters are going to do to earn tips from the patrons at their tables. We've seen everything from singing and dancing to worming across the floor and telling fortunes," said Child Care of Southwest Florida development director Linda McNabb. "One thing I can guarantee is that everybody will laugh and have a great time."

More than \$40,000 was raised at last year's event, with funds going to support the mission of the agency and to provide scholarships for low-income children to receive

From page 1

Drama At Lab Theater

The playwright examines why no one in the family asks for help.

Christine Kobie effectively portrays an investigator, psychiatrist and lawyer. At one point during questioning, all three women say together, "We don't want to talk about that." The performances are faultless. Mitchell Haley lets us see Billy as obsessive, violent and repulsive. He also makes us understand what he went through as a child with an abusive mother. Joann Haley is unforgettable as Mary, the downtrodden mother who was physically and mentally abused by her own father.

Director Ken Bryant succeeds in having his characters show real dramatic tension, grabbing the audience's attention. This is a thought-provoking and memorable piece of theater. *Five Kinds of Silence* continues Friday and Saturday evenings through August 25. Don't miss it.

For tickets, call 218-0481 or visit www.laboratorytheaterflorida.com. The



J. Mitchell Haley as Billy

Laboratory Theater of Florida is located at 1634 Woodford Avenue, corner of Woodford and Second Streets in downtown Fort Myers. ✨

child care in the six centers operated by Child Care of Southwest Florida, Inc.

Ted Fitzgeorge, best known as the voice of the Fort Myers Miracle for 10 years, and auctioneer Jean Baer from Sanibel will share duties as master and mistress of ceremonies.

Celebrity waiters confirmed so far include Lee County Commissioner Ray Judah, who is defending his title as the 2011 "Most Appreciated Waiter" for raising the most tips; Lee County Sheriff Mike Scott; Fort Myers Mayor Randy Henderson; Harborside Event Center manager Rose Rundle; David Plazas of The News-Press Media Group; Downtown Diva Stephanie Davis; Bob Beville, sales manager of Waterman Broadcasting; Lisa Cronin of CCMi; Lucy Costa of

Promotional Incentives; Steve Bowen of Stephen R. Bowen Construction; Brenda Barnes of the Hendry County Health Department; Bob Gaydes of Digital Benefits Advisors; Debbie Jordan of Hotel Indigo; John Miller of Henderson, Franklin, Starnes & Holt; and Don Molloy and Bob Sheehan, both of Fort Myers Rotary Club.

At a celebrity waiter dinner, guests ask the celebrity waiter at their table to serve their meals and perform "extra duties" in exchange for additional tips. The waiter who collects the most tips from his/her table wins the coveted 2012 "Most Appreciated Celebrity Waiter Award."

The evening also will feature both silent and live auction items including vacation packages, jewelry, tickets to sporting events and much more.

"And we will have some priceless artwork created by the children in our centers," said Beth Lobdell, executive director of Child Care of Southwest Florida. "We want everyone to have fun, enjoy a scrumptious meal and be generous in their tips to help support our kids."

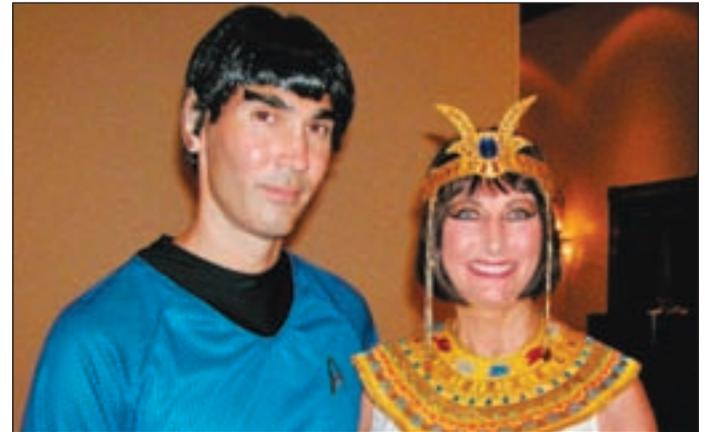
Child Care of Southwest Florida, Inc.

is a private non-profit organization dedicated to providing high quality child care services throughout Southwest Florida. The agency provides child care for children from infancy through age eight at its six child care centers in Lee and Hendry counties. In addition, it offers training for early childhood professionals, and administers the federal food program for eligible centers and family child care homes throughout Southwest Florida. The agency must rely on generous donations and volunteer efforts from members of the community, corporations and foundations to build and maintain programs that make a difference to low-income children. Child Care of Southwest Florida, Inc., is a United Way agency.

For more information about Child Care of Southwest Florida, Inc., or the Stars for Kids Celebrity Waiter Dinner & Auction, call Linda McNabb at 278-1002 or visit www.ccsfwl.org. ✨



The Coneheads of *Saturday Night Live* (Steve Bowen and Bob Beville) entertain the crowd at last year's event



Mr. Spock (David Plazas) and Cleopatra (Cynthia Duff-Detrick) at last year's Celebrity Waiter event



Lisa Cronin of CCMi waits tables as a 1970s Go-Go Girl

Financial Focus

Don't Fret Over Changing Bond Prices



by Jennifer Basey

When you own stocks, you know their prices will always fluctuate. To help ease the effects of this volatility on your portfolio, you could add other types of investments, such

as bonds. Yet bond prices will also rise and fall. But there may be – in fact, there should be – a big difference in how you view the ups and downs of stocks versus those of bonds.

Any number of reasons can cause stock prices to go up or down. But in the case of bonds, prices go up and down largely, though not exclusively, for one reason: changes in interest rates. Suppose you purchase a bond that pays 4 percent interest and then, a year later, newly issued bonds pay 3 percent. You could now potentially sell your bond for more than its face value because it provides more income to investors than the new bonds.

Conversely, if newly issued bonds pay 5 percent interest, the value of your existing bond would drop because it's unlikely that someone would pay full price for a bond that provides less income than newer bonds.

When you own stocks, or stock-based investments, you want their price to rise because you probably plan on selling those stocks someday – and you'd like to sell them for more than you paid for them. But it's not so cut-and-dried with bonds. While some people may indeed purchase bonds in hope of selling them

for a profit before they mature, many other investors own bonds for other reasons.

First, as mentioned above, owning bonds can be a good way to help diversify your portfolio. Second, and probably more importantly, people invest in bonds for the income they provide in the form of interest payments. And here's the good thing about those interest payments: They'll always continue at the same level as long as you own your bond, except in the rare case of a default. (Although defaults are not common, they can occur, so you do need to take a bond's "credit risk" into account before investing.) Thus, if you plan to hold your bonds until they mature, you don't have to worry about a possible drop in their value. But if you need to sell your bonds before they mature, the price you receive will depend on current interest rates.

You can't control or predict interest rates, but you can help soften their impact on bond prices by building a "ladder" of bonds with varying maturities. Then, if market interest rates rise, you can sell your maturing short-term bonds and purchase new ones at the higher rates. And if market rates fall, you'll still have your longer-term bonds working for you at higher rates. (Usually, but not always, longer-term bonds pay higher rates to compensate investors for incurring inflation risk over time.) Keep in mind, though, that the investments within your bond ladder should be consistent with your investment objectives, financial circumstances and risk tolerance.

Whether you own your bonds until maturity or build a bond ladder, you can do something to protect yourself from price movements. And that type of control can prove valuable to you as you chart your course through the investment world.

Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.✪

Florida Rolls Out New Guide For Senior Drivers

Florida has something new specifically designed for aging drivers. *The Florida Guide for Aging Drivers* is a handy book available at no cost to senior drivers, compliments of the Florida Safe Mobility for Life Coalition. The coalition, a group comprised of professionals from 28 organizations, created the guide to give aging drivers a comprehensive resource with the most up-to-date information available.

Users will find safe driving tips, licensing information, lists of resources, and community contacts for every county in the state. Basically, the guide offers just about everything an aging driver needs to be more proactive about staying safe on the road. This book compliments the website www.SafeandMobileSeniors.org and is just the right size for the car's glove box and available through the:

Safe Mobility for Life Resource Center
636 West Call Street
Tallahassee, FL 32306
safe-mobility-for-life@fsu.edu

Why does Florida need an aging driver guide? Actually, it makes perfect sense when you consider that Florida leads the nation with 18 percent of its population age 65 and older. In fact, by the year 2030, over 27 percent will be over age 65, with half of those 75 or older. Mirroring this growth, an increasing proportion of drivers in Florida are getting older. Currently, nearly 3 million drivers in Florida are over age 65.

"Most people experience a steady decline in some of the skills needed to safely drive as we get older, however, these changes do not affect all drivers at the same age or in the same way," said Gail Holley, Florida Department of Transportation's Safe Mobility for Life Program and Research Manager. "It is

important for everyone to understand the impact that aging can have on their driving and learn the warning signs and resources that are available to them so they can make the transition when driving may no longer be a safe option."

The guide is designed to help aging drivers strike a balance between safety and the need for independence. The hope is that users of the guide will take the time to consider their driving abilities, take steps to improve their driving skills, explore other transportation options if needed, and start making a plan for retirement from driving if it becomes necessary in the future.✪

Grants Awarded Honoring Local Photographer

Six educational grants have been awarded by Lee Memorial Health System in honor of Carol Orr Hartman, owner of Carol Orr Hartman Fine Art Photography. These educational grants are presented in recognition of outstanding community partners who have helped shape Lee Memorial Health System into the heart of our community to awardees seeking advanced nursing degrees who will continue their legacy of compassion and caring in the community.

Hartman has donated her photographic services since 2007 and, through her artistic images, has helped convey the system's message of hope and caring to the community through her photographic skills. She has donated her fine art photography for use as auction items for fundraising, in addition to documenting special events for the Lee Memorial Health System Foundation.

Hartman has also photographed children from the hospital for use in promotional materials for the Children's Hospital of Southwest Florida.✪

Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days on Market
Deep Lagoon Estates	Fort Myers	1995	4,101	999,900	950,000	8
No Development	Alva	2005	4,000	899,000	876,000	151
Yacht Club	Cape Coral	2012	2,350	599,999	535,000	168
Cape Coral	Cape Coral	2001	2,246	548,000	520,000	143
Riverwind Cove	Alva	2002	4,340	595,000	505,000	538
Cape Coral	Cape Coral	2002	2,466	424,900	405,000	62
Palmetto Point	Fort Myers	1977	2,116	399,000	385,000	35
Blackhawk	Fort Myers	1999	2,652	378,000	375,000	183
Bonita Springs Golf	Bonita Springs	2006	2,963	379,900	365,000	57
No Development	Cape Coral	1999	2,300	415,000	360,000	45

Courtesy of Royal Shell Real Estate

Dr. Dave

Prescription For FIT



by Dr. Dave
Hepburn

We are all aware that fitness increases both quantity and quality of life as it decreases morbidity and mortality. While every third infor-

mation gives us the impression that we are in the throes of a major fitness epidemic, in fact only eight percent of us engage in regular vigorous exercise.

Perhaps you have a piece of exercise equipment in your home that stands as an expensive monument to a fleeting impulse of good intention. Perhaps the treadmill is now being used by the kids for a science experiment involving hamsters, the cat and a stopwatch.

The NordicTrack is used to sort laundry. Why do we stop?

Problem 1: We don't vary our exercises. We repeat the same exercise until we start to loathe it. Variety is the spice of maintaining fitness. Please change your exercise daily.

Problem 2: We go too hard for our body, hurt ourselves, then quit. Take two marathons then call me in the morning.

Problem 3: We are too busy to care for our health. Funny how that changes

after the first heart attack.

These problems can be overcome with an exercise prescription called FIT, an acronym for Frequent, Intensity and Time.

Frequency

This is the easy part of the prescription, except that to be effective it requires a lifetime commitment. Aerobic exercise 3 to 4 times per week and a workout with weights twice a week. The key is finding variety, also known as cross training (though some say that me wearing Spandex is more cross-dressing than cross training).

Repeating the same exercise can not only be dull and mentally onerous, it can in fact be counterproductive. Repetitive use of the same muscles and bone, with neglect to others, can cause muscle tear and stress fractures. Find several different activities you enjoy and be open to new ideas.

Recently, my athletic daughter brought home the Advanced Tae-Bo videotape featuring Billy Blanks, great grandson of Vlad the Impaler.

In the never-ending search for new forms of enjoyable exercise, I decided to give this newest exercise craze a whirl. For a hockey player, how tough can it be? Soon, I found myself bouncing and twisting with an odd assortment of Tae-Boers, some who grinned maniacally as they boxed and kicked imaginary muggers or future ex-husbands. A few "grapevines" later and several minutes of Billy telling me how much he loved me, "C'mon, give me some!" he barked.

drugs. Fine by me, but medication alone doesn't put out your smoldering systemic fire. Same thing with insulin resistance, detected easily in a blood test. Take all the blood sugar reducing medications you want to, they won't put out the fire (inflammation) either. This is covered entirely in my *Diabetes Without Drugs* book, where I help you avoid becoming a "number junkie," a person who chases down numbers with medications. The assumption is that it equals good health. It doesn't.

To adequately reduce your risks, I recommend proper diagnostic testing first. The way we measure blood pressure is wrong. The British are ahead of us, they do 24-hour monitoring as standard procedure. That's excellent because one office pressure won't tell you what's going on centrally, in the brain and heart, it only measures peripheral pressure. You never want your CRP to go over 3 mcg/ml because this blocks the angiotensin II receptor, cranking out enormous amounts of oxidative stress (think fire). The B vitamins reduce CRP so a B-complex is a good idea.

Additionally, consider potassium, 3 to 5 grams per day (absolutely ask your doctor). Physicians sometimes prescribe beta blockers. As a general rule, they don't do anyone a favor, and are known to increase diabetes by about 5 percent a year.

More simple stuff. Vitamin B6 is a natural calcium channel blocker, mild diuretic and it improves insulin resistance. Awesome, considering it's \$10 a month

I yelled back, "I'll give you some, you weenie, lets see you put the skates on and...OUCH!"

Kicking too hard, I removed some muscle from a happy resting place from where it hadn't moved in years, to a spot it did not like.

Intensity

Like Revenue Canada returning a tax refund, start low and go slow.

Should you harbour a medical problem that involves vital organs (i.e. heart, spleen, hairpiece), see your doctor.

"Doctor, I walk everywhere but I just can't lose any weight." Walking burns the same amount of oxygen as playing cards. To ensure you are becoming aerobic, you must reach your target heart rate (THR) when you exercise.

Many formulas exist to calculate THR. The easiest for the average healthy adult is $THR = (220 - \text{your age}) \times 3/4$. When first beginning to exercise, use $(220 - \text{your age}) \times 1/2$ as your THR for a few weeks to ensure your heart can handle it.

While some enjoy individual sports, others can reach their THR easier if they are in competition. My boys enjoy competition. A simple chess game in the Hepburn hovel often ends up enlisting iron skillet and a SWAT team.

THR is maintained until bail.

Time (Duration)

A 5 to 10 minute warm up and cool down phase should be used to gradually get your heart rate up to and back from its THR. You want to maintain the THR for 20 to 30 minutes initially and then over the next few weeks increase to 40

if you take 100 to 200 mg per day. Also, alpha lipoic acid, about 200 mg three times daily. It improves endothelial dysfunction and insulin resistance; used with Acetyl L-carnitine, it's a one-two punch.

You'll need a little biotin on board to prevent depletion from the alpha lipoic acid. My suggestions are intended to shine a flashlight of hope. I hate when people are told "Let's wait and see." Wait for what? A heart attack? If you like how I think, it's because I attend medical seminars offered by the Institute for Functional Medicine. Find a doctor at their website (www.functionalmedicine.org) where they 'speak this language. Just click on "Find A Practitioner" or call 800-228-0622 for more information.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.dearpharmacist.com.

to 60 minutes. At 20 minutes of a good workout, you actually start burning fat. More than 60 minutes really does not improve your aerobic capacity all that much.

If you're trying to lose weight don't eat for three hours after exercise, when insulin is so much more efficient. When your body becomes more oxygen efficient you, in fact, will burn more calories even when you sleep at night while dreaming of a roundhouse steak and a roundhouse kick to the uvula of... Billy the Impaler. Go to bed as Orson Welles, wake up an Olsen twin.

Like the column? You'll LOVE the book the Doctor is In(sane), available at Sanibel Island Bookshop. Contact Dr. Dave or read more at www.wisequacks.org.

Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

We retired from the cold north to the warmth of the south. There are thousands of people just like us living in this area.

It is very disturbing to read in the newspaper complaints from the younger people about our driving and what a menace we are on the roads. I am sorry that they feel this way, but we who are driving have passed the required licensing procedure.

What is disturbing to us is why we should have to pay school taxes for your children when our children are long gone and we don't benefit from the schools.

Have you ever thought that maybe you have jobs because of our needs?

continued on page 24

dearPharmacist

Protect Yourself From Heart Attacks



by Suzy Cohen, RPh

Dear Pharmacist:

My brother, father and uncle all died of a heart attack in their early 50's so I'm getting nervous. How can I help myself now?

GH, Decatur, Illinois

I commend you for your enthusiastic quest for wellness. After writing this column for 14 years, one point I cannot stress enough: Inflammation is the primary underlying factor contributing to cardiometabolic risk.

When I say "inflammation," I'm not referring to swollen fingers; I mean full body (systemic) inflammation. Think of it as a fire driving up your insulin (bad), messing your hormone balance (bad), increasing pain-causing compounds called cytokines (bad) and squeezing off blood flow to your major organs, like the brain and heart.

Health care today emphasizes medications to treat symptoms of heart disease, rather than trying to put the fire out. One example is with cholesterol reducing

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Kathleen Peck wins the 2012 Ability Awards' Dr. George Spelios Leadership Award. From left, Secretary of the Florida Department of Children & Families and Florida's Chief Operating Officer David Wilkins, Lighthouse of Collier Executive Director and CEO Kathleen Peck, The Able Trust Chairman Richard Cole, The Able Trust Board Secretary Jeannie Amendola, and The Able Trust President and CEO Dr. Susanne Homant

Disability Advocates Honored For Outstanding Community Leadership

Kathleen Peck of the Lighthouse of Collier and the Goodwill Industries of Southwest Florida are garnering statewide recognition as winners of the 2012 Ability Awards. Presented by The Able Trust, the annual Ability Awards ceremony held in Tallahassee honors businesses, organizations and individuals for their employment, leadership and services that allow more citizens with disabilities to enter the workforce.

Peck is the volunteer executive director and CEO for the Lighthouse of Collier, a center for blindness and vision loss. The Naples resident, who has donated her time and talent to lead the organization since its founding in 2009, is the recipient of the 2012 Dr. George L. Spelios Leadership Award. Spelios was a founding director of The Able Trust, who lent his leadership skills to the company's growth and who supported community leaders that were making a difference.

"It is an honor to be recognized, and an opportunity to generate more attention and support for the work we are doing at the Lighthouse of Collier, Inc.," said Peck. "The award validates the determined efforts put forth by the past members of our leadership council, founding members and directors and establishes a high standard for our efforts going forward."

Peck has visionary leadership skills that have allowed the organization to grow to meet the community needs. Her fundraising efforts, marketing and public relations activities have led to successful programs such as an annual children's summer camp, daily living skills classes for those adjusting to a vision change or blindness, and services for those living with macular degeneration, partially funded last year by The Able Trust's McKeon Family Ability Fund.



Goodwill Industries of Southwest Florida wins the 2012 Ability Awards' High School High Tech Program of the Year. From left, Goodwill Industries of Southwest Florida Project Site Coordinators Barbara Ramos and Angela Hemsstreet, Secretary of the Florida Department of Children & Families and Florida's Chief Operating Officer David Wilkins, Able Trust Chairman Richard Cole, and State Director of Florida High School High Tech Allison Chase

Goodwill Industries of Southwest Florida, located in Fort Myers, was honored by The Able Trust with the 2012 High School High Tech Program of the Year.

Goodwill Industries of Southwest Florida serves approximately 75 youth with disabilities in Lee, Charlotte, Hendry and Glades counties for The Able Trust's Florida High School High Tech Program, an initiative designed to provide high school students with all types of disabilities the opportunity to explore jobs or postsecondary education leading to technology-related careers.

"We are honored to be singled out as The Able Trust's Ability Award for High School High Tech Program of the Year," said Tim Goodman, Florida High School High Tech program manager at Goodwill Industries of Southwest Florida, Inc. His organization has offered the program for 10 years in partnership with The Able Trust.

In the last year, 100 percent of participating students graduated from high school, and 70 percent of those graduates went directly to college or employment. This summer, Goodwill has placed nearly half of participating students in paid summer internships that are a result of community business partnerships and additional local grant support.

"Kathleen Peck and Goodwill Industries of Southwest Florida's long-time leadership and dedication to breaking down barriers for people with disabilities is truly extraordinary," said Dr. Susanne Homant, president and CEO of The Able Trust. "Their commitment to helping people with disabilities gain independence has made a remarkable difference in the lives they touch."

The Able Trust annually recognizes outstanding achievements in 13 categories, including employment placement programs, outstanding legislators and youth leaders with disabilities, employers of the year and the outstanding media representative. For more information, visit www.abletrust.org or call 850-224-4493.✪

Our email address is press@RiverWeekly.com

Pharmacy Opens At Lee Memorial

Lee Memorial Hospital has a new and convenient feature – Lee Pharmacy, a full-service retail pharmacy located off the main lobby.

"One of the main goals for our new pharmacies is to make sure that patients leave the hospital with a complete understanding of their medications," explained Mark Collum, director of ambulatory pharmacy services for Lee Memorial Health System. "It is important for our patients to always understand why they were put on a new medication and to always know about any potential side effects."

Patient education and satisfaction drives the pharmacists to deliver the highest level of customer service.

"We want our patients to develop personal relationships with our pharmacists," said Collum. "Our pharmacists will always go out of their way to help our patients learn about and feel comfortable with their prescription medications."

Leaving the hospital with prescriptions in hand adds a welcome convenience for our patients. The pharmacies will also offer home delivery via mail.

Additionally, as part of Lee Memorial Health System, the pharmacists have access to patients' electronic health records, which allow the pharmacist to view all medications prescribed, ensuring another layer of patient safety.

Lee Pharmacy hours are 9 a.m. to 7 p.m. Monday through Saturday. Visit www.leememorial.org for more information.✪

From page 23

Mom And Me

What do you think, Lizzie and Pryce?
Seymour

Dear Seymour,

Young people have a very valid complaint about some older citizens driving. I am amazed at how some seniors were able to pass the licensing procedure.

Older people hate to give up their wheels and independence. Stricter tests, I personally think, should be enforced.

However, taxes for schools is a different matter. Our new longevity is directly related to more educated people, dentists, doctors, engineers, pharmacists and therapists have all made their contribution and they all got their start in grade school.

Each generation has their own physical and emotional needs. Try if you can

to show an example of a person aging with dignity and grace.

Lizzie

Dear Seymour,

Who cares what the younger generation is saying about your driving. Everyone has something or someone to complain about. Let the comments go in one ear and out the other.

I absolutely do not agree with age-based driving tests. I think it is discriminatory.

Also, before there is a wholesale retraction of older individuals' driving privilege, there needs to be more thought into how dependent individuals will become, not being able to go to the grocery store, the drug store or for their appointments.

Pryce

Lizzie and Pryce's email address is momandmeaging@hotmail.com.✪



Participants in The Immokalee Foundation's Career Development Program, formerly known as Vocational & Career Success

The Immokalee Foundation Seeks Career Development Partnerships

The Immokalee Foundation, a nonprofit organization devoted to enhancing the lives of Immokalee's youth by emphasizing education, career development, mentoring and life skills, is welcoming new partnerships for its Career Development program.

Formerly known as Vocational & Career Success, the program focuses on career empowerment and post-secondary readiness for students through experiences that stress leadership, skills development and community service.

TIF board member Dick Stonesifer has been a staunch supporter of the program since its inception.

"In Immokalee, 70 percent of high school graduates do not go on to college," he said. "We recognize that college is not for everyone, so we want to provide alternative career options and help prepare students for the workforce."

Through Career Development, students participate in career panels, job shadowing/internships, resume writing,

interview training, networking, summer camps and more. The career panels feature informative speakers in the fields of technology, law, media, human services, health care, manufacturing and others. The speakers often share personal stories about their educational backgrounds and the struggles they encounter in achieving their goals.

Summer internships with area businesses provide students with real-world experience in particular career fields and help them develop professional skills and knowledge. Local companies – such as Naples Community Hospital and Arthrex – have hosted tours, giving students a firsthand look at the workplace in action.

These partnerships with area firms are essential to the success of the Career Development program; therefore, TIF is actively seeking local companies interested in becoming partners. Companies must be willing to provide speakers and consider TIF students for internships and employment.



TIF's Career Development participants

"We want our students to know what these companies do, what careers are available and even what kind of income can be expected," said Skip Hildebrand, TIF board member and chairman of the Career Development Committee. "We want to prepare these students so that when they graduate from high school, they aren't lost."

To partner with TIF, learn about sponsorship opportunities or volunteer as a

career panel speaker, call 430-9122.

The Immokalee Foundation has a range of programs that focus on building pathways to success through college and career development, direct scholarships, mentoring and tutoring, and opportunities for broadening experiences and life skills development.

For more information, visit www.immokaleefoundation.org.✪

Harry Chapin Is Recipient Of Safeco Grant

A \$2,000 grant has been received by the Harry Chapin Food Bank as a result of BB&T-Oswald Trippe and Company being named Safeco Insurance "Make More Happen" Award finalist for its volunteer service with the food bank. The award includes the grant and entry in the "Make More Happen" Awards voting event for a chance to earn an additional \$7,500 for the Harry Chapin Food Bank.

Safeco's "Make More Happen" Awards are designed to recognize agencies that build a stronger community through volunteer work and multiply the impact of that work through grants to nonprofit organizations.

The voting event is designed to involve local communities across the country in selecting their favorite volunteers. Photographs of the top 24 "Make More

Happen" Award recipients, including BB&T-Oswald Trippe and Company, are featured in this contest, which runs through August 27. The nonprofits supported by the top four vote-getters each will receive an extra \$7,500.

To vote for the BB&T Oswald Trippe and Company volunteers in Safeco's "Make More Happen" Awards online event, visit <http://goo.gl/gnZPS> or follow the link on www.safeco.com. You can vote once a day until 10 a.m. on Monday, August 27.

For additional information about the voting contest, contact Dan Miller at 206-971-0707 or dan.miller@curatorpr.com.✪

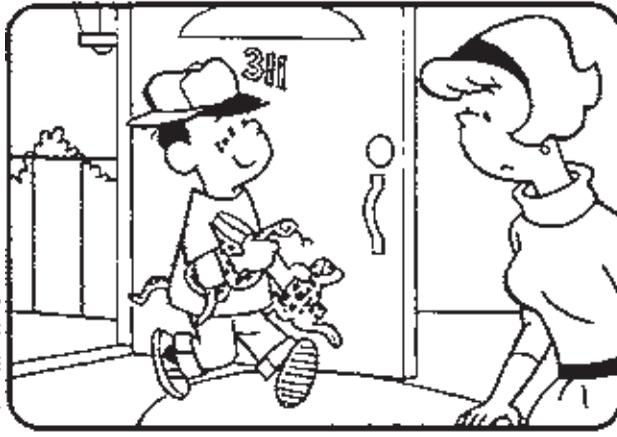
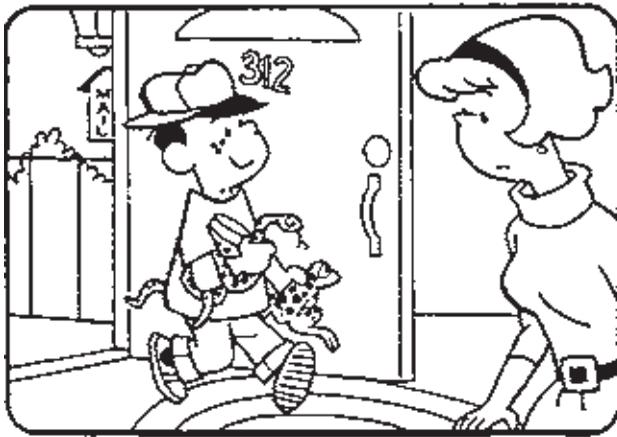
Share your community news with us.
Call 415-7732,
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or email
press@riverweekly.com



BB&T Oswald Trippe and Company employees recently held a volunteer event with Harry Chapin Food Bank, Meals Of Hope and United Way. More than 45 BB&T-OTC team members packaged 15,104 meals to feed families. This photo appears in the voting contest

HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.

Differences: 1. Mailbox is missing. 2. Number is different. 3. Snake's head is missing. 4. Rug is different. 5. Hat is different. 6. Buckle is missing.

PUZZLE ANSWERS

SUDOKU

5	4	7	8	1	9	3	6	2
1	3	8	6	4	2	7	9	5
9	6	2	7	5	3	8	1	4
8	2	1	9	6	4	5	3	7
6	7	5	3	2	1	9	4	8
3	9	4	5	8	7	6	2	1
7	1	6	2	3	8	4	5	9
4	5	9	1	7	6	2	8	3
2	8	3	4	9	5	1	7	6

SCRAMBLERS

solution

1. Search; 2. Allot;
3. Swear; 4. LummoX

Today's Word:

MARSHMALLOWS

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!



"I'm making breakfast—how do you want your _____?"

Seek

CRASHE

Assign

TALLO

Vow

WARES

Beast

XUMLOM

TODAY'S WORD

answer on page 27

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Must be computer savvy,
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Sanibel & Captiva Islands.
E-mail resume to
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*NS 8/10 CC 8/17

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*NS 8/10 CC TFN

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for our Sanibel Real Estate office. Must be
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(MS-Office) and ability to communicate
effectively. Prior experience in a real estate
office preferred, but not required. Pay is
commensurate with experience. Please fax
resume to 239.333.2388.
*NS 8/10 BM 8/17

VOLUNTEERS NEEDED

At The Sanibel School
Call Michelle Wesley
239-910-8000
*RS 4/6 NC TFN

LOST AND FOUND

CELL PHONE LOST

LG RAZR
Lost at Sanibel School
parking lot about May 16.
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*NS 8/17 CC 9/7

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Robyn Moran
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John Gee & Company
Realtors

*RS 5/4 BM TFN

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ANNUAL RENTALS SANIBEL

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*RS 3/30 BM TFN

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Schooner on east end of island. W/D
\$1,400/month. Pets okay.
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RENTAL WANTED

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*NS 8/3 CC 8/10

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NEEDED ASAP**

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*NS 8/17 CC 8/24

FICTITIOUS NAME

FICTITIOUS NAME

NOTICE IS HEREBY GIVEN that the undersigned, desiring to engage in business under the fictitious name of Showcase Landscaping, with an address of 7170 Emily Drive, Fort Myers, Florida 33908, in the community of Sanibel, Lee County, State of Florida has registered said name with The Division of Corporations of the Department of State, Tallahassee, Florida. Dated the 7th of August 2012.
Jared Livezey
*NS 8/17 CC 8/17

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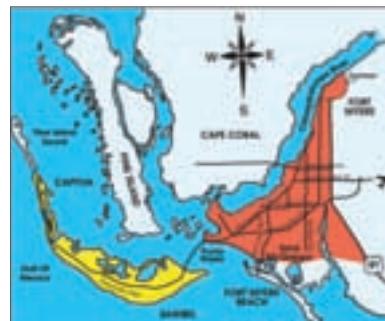
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	4			9	3		
		8		4			5
9			7				1
	2			6			3
6				2	1	9	
		4	5				1
	1			3		4	
		9	1				8
2					5		6

SUDOKU

To play Sudoku:
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 27

Pets Of The Week

Hi, my name is Boo Berry. I am an 8-year-old white male Bichon Frise. I'm shy and timid, but that's only because the shelter is a big place and there are lots of other pets and people here. When I'm with just a few people or pets, I'm more myself - affectionate, friendly and very cute. Hey, I know I don't look like a Bichon that much, but that's because I was very matted and had to be shaved. I will look like I should in no time.

My adoption fee is \$8 (regularly \$75) during Animal Services Dog Days of Summer Adoption Promotion.

Hello, our names are Georgie and Seth. We are both 5-month-old black male domestic short hairs. We are 'tweens, but you can adopt us both for just \$8. We were in foster care for four months since we came to the shelter as very little babies. We are very affectionate and get along well with other pets so we'd fit right in with your family.

Our adoption fee is \$8 (regularly \$50) during Animal Services Dog Days of Summer Adoption Promotion.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 11:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee and a bag of Science Diet pet food.

The adoption package is valued at \$500.*



Boo Berry ID# 540839

photos by squaredogphoto.com



Georgie ID# 534212

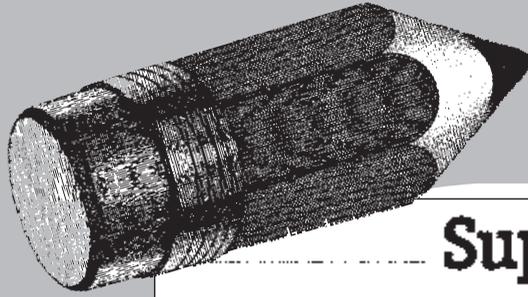


Seth ID# 534209



Emergency.....	911
Lee County Sheriff's Office.....	477-1200
Florida Marine Patrol.....	332-6966
Florida Highway Patrol.....	278-7100
Poison Control.....	1-800-282-3171
HealthPark Medical Center.....	1-800-936-5321
Ft. Myers Chamber of Commerce.....	332-3624
Foundation for Quality Childcare.....	425-2685
Ft. Myers Beach Chamber of Commerce.....	454-7500
Fort Myers Beach Library.....	463-9691
Lakes Regional Library.....	533-4000
Lee County Chamber of Commerce.....	931-0931
Post Office.....	1-800-275-8777
Visitor & Convention Bureau.....	338-3500
ARTS	
Alliance for the Arts.....	939-2787
Art of the Olympians Museum & Gallery.....	332-5055
Arts For ACT Gallery & Studio.....	337-5050
Art League Of Fort Myers.....	275-3970
Barbara B. Mann Performing Arts Hall.....	481-4849
BIG ARTS.....	395-0900
Broadway Palm Dinner Theatre.....	278-4422
Cultural Park Theatre.....	772-5862
Edison Festival of Light.....	334-2999
Florida Repertory Theatre at the Arcade.....	332-4488
Florida West Arts.....	948-4427
Fort Myers Symphonic Mastersingers.....	472-0168
Gulf Coast Symphony.....	489-1800
Harmony Chorus, Charles Sutter, Pres.....	481-8059
Naples Philharmonic.....	239-597-1111
The Schoolhouse Theater.....	472-6862
S.W. Florida Symphony.....	418-0996
Theatre Conspiracy.....	936-3239
Young Artists Awards.....	574-9321
CLUBS & ORGANIZATIONS	
Angel Flight.....	1-877-4AN-ANGEL
Animal Refuge Center.....	731-3535
American Business Women Association.....	357-6755
Audubon of SWFL.....	339-8046
Audubon Society.....	472-3156
Caloosahatchee Chapter DAR.....	482-1366
Caloosahatchee Folk Society.....	321-4620
Cape Chorale Barbershop Chorus.....	1-855-425-3631
Cape Coral Stamp Club.....	542-9153
duPont Company Retirees.....	454-1083
Edison Porcelain Artists.....	415-2484
Ft Myers UDC Chapter 2614.....	
(United Daughters of the Confederacy®).....	728-3743
Friendship Force Of SW FL.....	561-9164
The Horticulture and Tea Society.....	472-8334
Horticultural Society.....	472-6940
Lee County Genealogical Society.....	549-9625
Lee Trust for Historic Preservation.....	939-7278
NARFE(National Active & Retired Federal Employees.....	482-6713
Navy Seabees Veterans of America.....	731-1901
Paradise Iowa Club of SWFL.....	667-1354
Sons of Confederate Veterans.....	332-2408
Southwest Florida Fencing Academy.....	939-1338
Southwest Florida Music Association.....	561-2118
Kiwanis Clubs:	
Fort Myers Beach.....	765-4254 or 454-8090
Fort Myers Edison.....	694-1056
Fort Myers South.....	691-1405
Gateway to the Islands.....	415-3100
Iona-McGregor.....	482-0869
Lions Clubs:	
Fort Myers Beach.....	463-9738
Fort Myers High Noon.....	466-4228
Estero/South Fort Myers.....	898-1921
Notre Dame Club of Lee County.....	768-0417
POLO Club of Lee County.....	477-4906
Rotary Club of Fort Myers.....	332-8158
Sanibel-Captiva Orchid Society.....	472-6940
United Way of Lee County.....	433-2000
United Way 211 Helpline (24 hour).....	211 or 433-3900
AREA ATTRACTIONS	
Bailey-Matthews Shell Museum.....	395-2233
Burrough's Home.....	337-9505
Calusa Nature Center & Planetarium.....	275-3435
Edison & Ford Winter Estates.....	334-3614
Fort Myers Skate Park.....	321-7558
Imaginarium Hands-On Museum & Aquarium.....	321-7420
JN "Ding" Darling National Wildlife Refuge.....	472-1100
Koreshan State Historic Site.....	239-992-0311
Ostego Bay Foundation Marine Science Center.....	765-8101
Skatium.....	321-7510
Southwest Florida Museum of History.....	321-7430
True Tours.....	945-0405

If you would like your club/organization listed in The River Calling Card, phone 415-7732

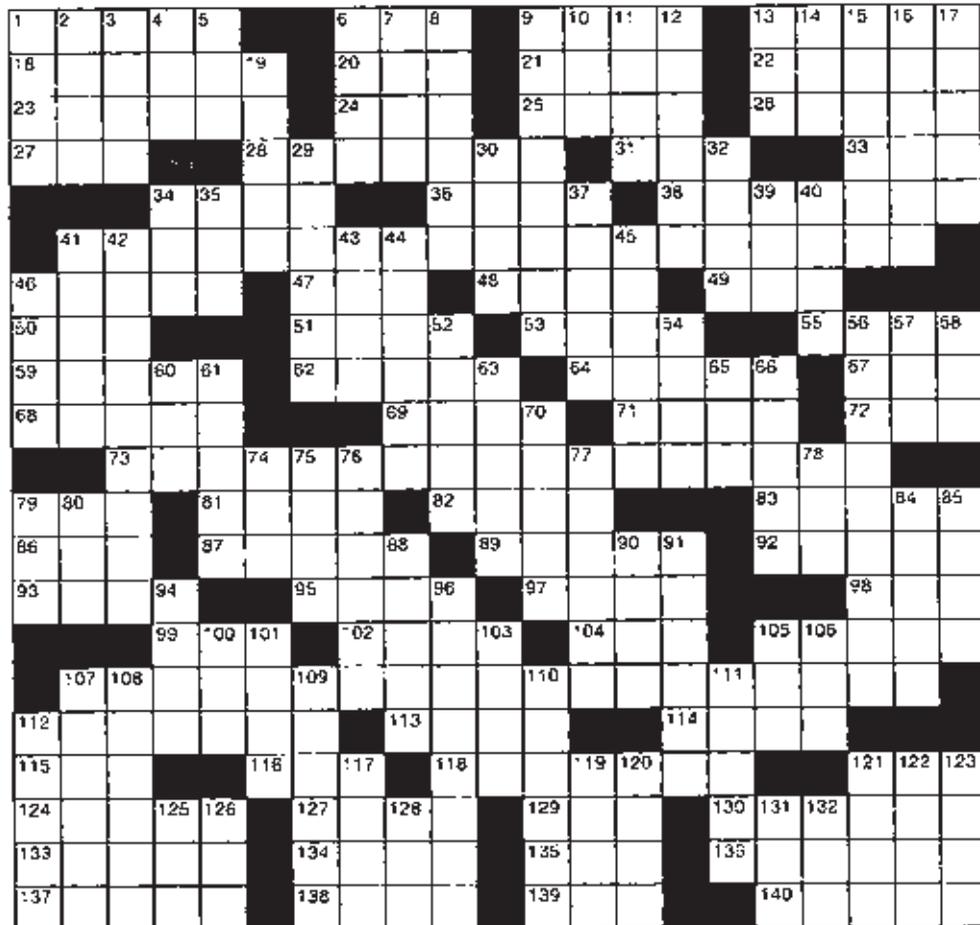


BEACH CHAIR PASTIME

Answers on page 26

Super Crossword WILL HUMOR

- ACROSS**
- 1 Monty Python's Michael
 - 6 Deli choice
 - 9 Gear teeth
 - 13 Film pterodactyl
 - 18 Porthos' pal
 - 20 Team scream
 - 21 Well-ventilated
 - 22 Felony
 - 23 Start of a remark
 - 24 Funnyman Philips
 - 25 Deep purple
 - 26 Confused
 - 27 Faux —
 - 28 Vince of "Ben Casey"
 - 31 Small shots
 - 33 PC key
 - 34 "Rosanna" rockers
 - 36 Couple
 - 38 Part of HOMES
 - 41 Part 2 of remark
 - 46 Minnesota city
 - 47 Alias initials
 - 48 Heavy metal instrument?
 - 49 Child welfare org.
 - 50 M.I. unit
 - 51 Say it isn't so
 - 53 Labyrinth
 - 55 Relax
 - 59 Gentle as —
 - 62 Abhorrence
 - 64 A Barbary State
 - 67 "Norma —" ('79 film)
 - 68 Buccaneers' head-quarters
 - 69 Actress lone
 - 71 Football's Swann
 - 72 Woodsman's tool
 - 73 Part 3 of remark
 - 79 — Mahal
 - 81 Alley Oop's love
 - 82 Out-of-this-world org.
 - 83 Invasions
 - 86 President Bush was one
 - 87 Overture
 - 89 Macho type
 - 92 Roast host
 - 93 Circus sight
 - 95 Teri of "Tootsie"
 - 97 — majesty
 - 98 Canterbury quaff
 - 99 Hoagy
 - 102 Wordsworth work
 - 104 ABA member
 - 105 Teach on the side
 - 107 Part 4 of remark
 - 112 Deprive (of)
 - 113 Wooden strip
 - 114 Olympic event
 - 115 Flight
 - 116 Tasty tuber
 - 118 Proposition
 - 121 Carol opener
 - 124 Inevitable activity
 - 127 Hungarian sheepdog
 - 129 Shaq's pack
 - 130 End of remark
 - 133 Daybreak
 - 134 Toast topper
 - 135 Perlman or Palillo
 - 136 Bostonian for one
 - 137 "The Brandon — Story" ('98 film)
 - 138 So, state
 - 139 Still
 - 140 Self-confidence
 - 5 Zilch
 - 6 Make coffee
 - 7 "Flama — Ding Dong" ('61 tune)
 - 8 Legendary athlete Jim
 - 9 Pepper
 - 10 Vinegar's partner
 - 11 Chow
 - 12 Token
 - 13 JVC competitor
 - 14 Turner's tidbit
 - 15 Win over
 - 16 Audrey Tautou role
 - 17 Peachy-keen
 - 19 Take care of
 - 29 Et —, AR
 - 30 Tapered seam
 - 32 Cut a cuticle
 - 34 Decimal base
 - 35 Two — kind
 - 37 Morocco's capital
 - 39 Cable channel
 - 40 Thickening agent
 - 41 Writer Rogers St. Johns
 - 42 Thingumbob
 - 43 Got by, with "out"
 - 44 Disappear
 - 45 Lapis —
 - 46 Part of O.E.D.
 - 62 Canadian territory
 - 54 "Only Time" singer
 - 56 Destroy
 - 57 Getz's instrument
 - 58 Fairway accessory
 - 60 Speedometer abbr.
 - 61 "Blue —" ('77 hit)
 - 63 Blabby bird
 - 65 Business abbr.
 - 66 — drum
 - 70 One of the Fords
 - 74 Weasel word?
 - 75 First name in fashion
 - 76 Finger food
 - 77 Composer Jean-Philippe
 - 78 "Platoon" selling
 - 79 Gumshoe
 - 80 Chicken — king
 - 84 Apollo's iste
 - 85 Soothsayer
 - 88 Witty
 - 90 Vino center
 - 91 Irritate
 - 94 Punta del —
 - 96 Link
 - 100 Actress Thurman
 - 101 Bunch of birds
 - 103 "Pyramus and Thisbe," e.g.
 - 106 Playground game
 - 106 Luau instrument
 - 107 Confederate
 - 108 January stoat
 - 109 Earl Grey's place
 - 110 William Sydney Porter
 - 111 Man of the cloth?
 - 112 Great time
 - 117 Stubborn sort
 - 119 Hautboy
 - 120 Ba bombastic
 - 121 "Kon —"
 - 122 Summer-time treats
 - 123 — -Ball
 - 125 "Sister Act" extra
 - 126 Scholastic abbr.
 - 128 Deighton or Dawson
 - 131 "The Balls" monogram
 - 132 — -Cat



King Crossword

ACROSS

- 1 Weapons
- 5 Lovers' quarrel
- 9 Captain Kirk, to pals
- 12 Clay rich soil
- 13 Unrestrained revelry
- 14 Actress Thurman
- 15 Prank victim, penguins
- 17 Zero
- 18 Two trees
- 19 Occurrence
- 21 Symbol for mercury
- 22 Chocolate substitute
- 24 Smelling a bit off
- 27 Rowing head
- 28 Hide or the bushes
- 31 McKinley's first lady
- 32 Old televangelism in Texas
- 33 Soace
- 34 "Simon —"
- 36 Author Umberto
- 37 Venetian vipers
- 38 Jungle
- 40 Has predecessor
- 41 Not just a pump
- 43 In the wrong direction
- 47 Supporting
- 48 Mad tea
- 7 Past
- 8 Length
- 9 Some large beetles
- 10 "Here's my arte"
- 11 Brewery supply
- 12 Referee's call
- 18 Journey segment
- 20 Loudness (Abbr.)
- 22 Lasso
- 23 Singer Guthrie
- 24 USO audience, often
- 25 Oklahoma city
- 26 Sheriff Andy Taylor's bar work
- 27 Oil carrier
- 29 Knock-
- 30 Some duties for 24-Down
- 35 "Hello!"
- 37 Camelot ruler
- 39 Dangle a carrot
- 40 Blonde shade
- 41 Kilt, "Sopranos" style
- 42 Gravy vessel
- 43 Pinnacle
- 44 Assessment
- 45 La Sculleri showstopper
- 46 Hatter
- 48 Will Smith biopic
- 50 Pirates' potion

DOWN

- 1 "Oh, woe!"
- 2 Lasso
- 3 "You Bet Your Life" host
- 4 Workplace under the spreading chestnut tree
- 5 Cushy
- 6 Expert

MAGIC MAZE ● — COOKIE

F S Q O D L J H E C A X V E T
 R P N L J A H F D B Y X S V T
 S R P O M N E C I P S U K I G
REFRIGERATOR E R D
 B Z S S E N I X B H W U T A H
 R Q I S U T O A L I N U J G T
 I A I T A G T L E O R F U U D
 R N R C A L O U E M Y O O S X
 A O W V T T O R B S T C H R P
 F O N L D N O M L A S A K S J
 I G P I H C E T A L O C O H C

Find the listed words in the diagram. They run in all directions — forward, backward, up, down and diagonally.

- Almond
- Fortune
- Raisin
- Sugar
- Anise
- Molasses
- Refrigerator
- Toil House
- Butter
- Oatmeal
- Shortbread
- Tough
- Chocolate chip
- Oreo
- Spice



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BEACHWALK OF SANIBEL-LOT D

WE SAVED THE BEST FOR LAST!!! This is the last building site in the Beachwalk Development, a large corner lot in a great near beach location bordered by a conservation area. Package includes a larger, upgraded 3 bedroom 2 bathroom floor plan with metal roof, concrete board siding and impact windows, granite countertops and raised wood panel cabinets. Offered for \$795,000. Contact Ken Colter 239/851-1357 or Bob Berning 239/699-9597.



BUILD YOUR DREAM HOME IN GULF RIDGE

Beautifully vegetated lot very close to beach in prestigious Gulf Ridge. Last lot on right before Joewood, with adjacent community pool and tennis. Just steps from deeded beach access. Over one acre of land. Offered for \$495,000 Contact Loretta Geiger 239/980-2298.



MAGNIFICENT GULF FRONT HOME WITH PANORAMIC VIEWS

Absolutely gorgeous Gulf Front home with expansive views. Enjoy magnificent sunsets from the vanishing edge raised pool, surrounded by lush tropical vegetation. Only the finest amenities used in this home with gourmet kitchen, wine room, Travertine flooring, granite, extensive molding work, oak flooring, private elevator, detailed beamed ceilings, fireplace, paver stones, outdoor kitchen with additional fireplace, pass thru pantry and many more extras. This home is truly exceptional and must be seen. Offered for \$5,995,000. Contact Ralph Galietti 239/826-5897 or Cathy Galietti 239/826 -5807.



UPPER CAPTIVA

This tropical gem features two lots. The Bay front lot features a brand new boat dock extending into the bay with deep water dockage (6-10') Great for the boating and fishing. The Gulf front lot offers incredible views of the Gulf on pristine white beaches. The exterior of the home is complete, the interior is not. A perfect opportunity to finish the home to your own tastes and specifications. Only 1/2 mile from South Seas plantation. The perfect retreat for anglers and beach enthusiasts. Offered for \$895,000 Contact Tracy "Mr. Listr" 239/994-7975 or Connie "Ms. Listr" 239/841-4540.



BEACHWALK OF SANIBEL

Preconstruction opportunity in Beachwalk Lot A, an exciting new subdivision on east end just steps from the beach access. Great 3 bedroom, 2 bath floor plan with metal roof, concrete board siding and impact windows, granite countertops, raised wood panel cabinets on the near beach lot. Act soon and pick your own interior and exterior appointments! Priced right at \$679,900. Contact Ken Colter 239/851-1357 or Bob Berning 239/699-9597



LOGGERHEAD CAY #521

Look no further for the perfect vacation home or investment property! This ground level condo is located in the popular Loggerhead Cay complex and is only ONE UNIT back from the beach! Enjoy amazing sunsets and breathtaking views of the ocean. This 2/2 is tiled throughout and features updated bathrooms. Easy access to the pool and beach through the screened in lanai helps keep the sand and mess to a minimum! Offered \$615,000. Contact Tracy Walters "Mr. Listr" 239/994-7975 or Connie Walters "Ms Listr" 239/841-4540



LOGGERHEAD CAY #462

Updated, furnished condo with beautiful courtyard views with an East end location. On-site management with amenities including a community pool, tennis courts and shuffleboard. Easy access to the Sanibel Causeway. Offered for \$499,000. Contact Sharon Wise 239-849-9121.



15500 COOK ROAD, FT MYERS "THAT WAS THEN... THIS IS NOW..." UP AND COMING NEIGHBORHOOD

Rare opportunity to create a legacy property with 4.6 acres, riverfront into "THE EXCLUSIVE RIVERFRONT NEIGHBORHOOD" Current 1920's 5 Bedroom Residence and Guest House has been completely renovated to modern times! Royal Palm Lined Entrance. Offered for \$4,900,000. Contact LeAne Taylor Suraz 239/872-1632.



TREMENDOUS VALUE AT GULF HARBOUR!

This 3/2/2 carriage home located in the highly desirable Mariposa at Gulf Harbour has it all! Offered for \$260,000. Contact Tracy Walters "Mr. Listr" 239/994-7975 or Connie Walters "Ms. Listr" at 239/841-4540.



SLEEK UPSCALE GATED COMMUNITY IN SOUTH FT. MYERS

6801 Stony Run has it all and more. Peaceful serene oversize lake front lot with room to stretch out, relax and enjoy Florida at its best. Tennis, boating, shaded family outings and golf all within easy access. Enjoy your private pool/hot tub while you watch eagles fly overhead. This spacious one floor 3 bedroom 3 1/2 bath home is professionally designed to flow from the family room, to the oversize eat in kitchen, formal dining room, office, den, king-size master bedroom and bath all surround by the sheltered screened enclosed pool and entertainment center. All this comfort and privacy, yet minutes from all Ft Myers has to offer. Contact George Kohlbrenner 239/565/8805.



GARDENS AT BEACHWALK

This turn-key, fully furnished and accessorized waterfront two bedroom condominium is set amidst a community of 320 condominium residences. The split floor plan offers en-suite bathrooms in both bedrooms which exemplifies amply privacy. With the fully equipped kitchen, dining and living it makes condominium ownership simple and hassle free! Take pleasure in the view off the open porch overlooking the water display in the lake and sandy lakefront beach just below the pool vicinity. The Gardens at Beachwalk is centrally located Ft. Myers gated community which is Mediterranean inspired. Close proximity to hospitals, shopping, library and beaches of Ft. Myers Beach and Sanibel. Offered for \$140,000.00 Contact LeAne Taylor Suarez 239/872-1632.

