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THE RIVER WEEKLY NEWS

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VOL. 10, No. 34

From the Beaches to the River District downtown Fort Myers

SEPTEMBER 2, 2011

World Famous Artist Derek Hess To Show New Work At Art Walk



Opening reception September 2 from 6 to 10 p.m. at HOWL Gallery

On Friday, September 2, Ohio-based artist and celebrated rock concert poster artist Derek Hess will be showing a new body of fine art work at the HOWL Gallery in Fort Myers. Hess is best known for his poster and album art for bands such as Pantera, Pearl Jam, Nine Inch Nails, Clutch, Fall Out Boy, Deftones, Iggy Pop and Pink Floyd. His art is on permanent display at the Rock and Roll Hall of Fame and in the Louvre in Paris.

The majority of Hess' work is done in pen and ink along with acrylic paint or screen printing. His creative career grew largely out of his ability to express the emotion in the indie, hardcore, and hard rock scenes of the mid-1990s. His work is known for its humor and irony and often depicts dynamic figure drawing and angelic characters

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Art Walk Kicks Off Labor Day Weekend

Art Walk will jump-start an active Labor Day weekend in downtown Fort Myers.

The next monthly Art Walk will be held Friday, September 2 with local art galleries and art stops featuring new exhibits and shows.

Then on Sunday, September 4, the River District Alliance will host a Labor Day Weekend Block Party featuring live music on three stages. Those festivities begin at 6 p.m.

The monthly Art Walk runs from 6 to 10 p.m. on the first Friday of every month. The walk will include more than a dozen art galleries and art stops and will include new art shows, live music, and the traditional after party.

In October, Art Walk will celebrate its third anniversary. This monthly cultural event draws between 1,500 and 2,500 people each month.

Some highlights of the Friday's Art Walk:

- Art of the Olympians: Table Tennis opening reception and exhibition match featuring former U.S. Open and Florida State Champion Marvelous Marvin Leff.

- Also, "21" featuring original works by 21 international Olympian artists. Vocalists Callie Atkinson, Sarah Daigle, and Jordan Pilant, winners of the 2011 Young Artists Awards competition, perform from 7 to 9 p.m.

- Art League of Fort Myers: Opening reception for Time of Transition exhibit.

- Arts for ACT Gallery: Opening reception for new show featuring artists Philip Heubeck, Sam Brough, and Annie St. Martin.

- Coloring The World: Opening reception for visiting featured artist Scott Guelcher.

- daas Gallery: Opening reception for Unfair: The Art of Alex Heria.

- Gallery Showcase and Information Center at IberiaBank (Bayview Court at First Street). Art Walk T-shirts are available at this location as well as buttons, maps and brochures.

- The Franklin Shops: Artwork on display by one of America's greatest wildlife illustrators, John James Audubon.

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Cast members of 'S Wonderful

Celebrate The Genius Of George And Ira Gershwin With 'S Wonderful

Broadway Palm Dinner Theatre begins its 19th season with the musical, 'S Wonderful, playing September 1 through October 1. This all-singing, all-dancing musical features the timeless classics of George and Ira Gershwin.

'S Wonderful takes you on a musical journey to different places, times, and musical styles that make George and Ira Gershwin one of the most successful songwriting teams in the history of popular music. This new show incorporates five mini-musicals inspired by real events occurring in and around the lives of the Gershwin brothers and illustrates their impact on the world then and now. Hear legendary music such as *Rhapsody in Blue*, *Let's Call the Whole Thing Off*, *Nice Work If You Can Get It*, *I Got Rhythm*, *Summertime* and *Someone to Watch Over Me*.

Performances are Wednesday through Sunday evenings with selected matinees.

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Tickets On Sale For 6th Annual Becoming Cosmopolitan Party



Tickets are on sale for the 6th Annual Becoming Cosmopolitan party benefiting Community Cooperative Ministries Inc.

The event will take place Thursday, October 20, from 6 to 9 p.m. For the second year in a row, it will be held at Harborside Event Center in downtown Fort Myers. Individual tickets begin at \$100 and group packages are also available. Tickets can be purchased at www.ccmliecounty.com.

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Historic Downtown Fort Myers, Then And Now

Greetings During The Rainy Season

by Gerri Reaves



Approximately a century ago, someone named Alton wrote a postcard from Fort Myers to his “dear friend” Ruth. Apparently, he had lived in “pretty” Fort Myers, if only briefly, for he tells her that he used to board at the

Leon Hotel pictured on the card when he “stayed” in town.

It is raining yet again, he writes to Ruth, as it does almost every day now that the rainy season has begun.

Alton’s belief that the rainy season lasts only two months long, however, makes one wonder how truly acquainted with Southwest Florida he really was.

Perhaps he was a traveling businessman who once made frequent but short visits to town? Like the smiling faces gazing from the Leon Hotel balcony, his experience of Fort Myers is faded history.

This historic photo of the Leon Hotel on the southwest corner of First and Hendry is undated, but a few clues help to establish a timeframe. Evidence suggests between 1914 and 1919.

By the time the photo was taken the First National Bank had vacated the first-floor corner it had occupied for several years. The bank moved across Hendry Street to its new granite building when it was completed in August 1914.

Dr. Benjamin P. Matheson’s drug company took over the bank’s storefront, as indicated here by the signage on the right side of the corner entrance.

He was a beloved physician who in 1905 had built this very building, then called the Stone Block, and opened his office on the second floor.

In 1911, Matheson renovated the building and opened the Leon Hotel on the second floor, complete with the balconies seen in the photo. Notice the stone sign with the words “The Leon” atop the parapet.

His renovations were part of a wave of building and improvements sweeping downtown, propelled largely by the arrival of the railroad in 1904. Tourism increased dramatically.

In 1912, Matheson sold the building to Peter



The century-old Leon Hotel still provides urban residences, but now as condominiums

photo by Gerri Reaves



Guests pose for the camera at the Leon Hotel at First and Hendry, circa 1914

courtesy of the Southwest Florida Historical Society

Tonnelier, a wealthy developer from Michigan.

Within a few years of purchasing it, Tonnelier expanded and transformed the structure. Mediterranean, Egyptian, and Moroccan motifs of the Exotic Revivalist architecture style were added a few years later.

Clearly, the photo predates that transformation.

Postcard-writer Alton’s former residence still exists; however, today the historic hotel is the Patio de Leon Condominiums, with the United Café-Bar and Bistro in Matheson’s former drugstore. And people still write postcards about the pretty town and the weather.

Walk to First and Hendry to the hotel where guests looked down from the balcony and smiled for posterity.

Then walk the short distance to the Southwest Florida Museum of History at 2031 Jackson Street to learn more about the many hotels that gave visitors a warm haven during cold northern winters.

Be sure to see, Mambo Man, a tribute exhibit to Pedro “Cuban Pete” Aguilar.

For information, call 321-7430 or go to swflmuseumofhistory.com. Museum hours are 10 a.m. to 5 p.m.,

Tuesday through Saturday.

Then explore one of the area’s best historical research centers, the Southwest Florida Historical Society at 10091 McGregor Boulevard, located on the campus of the Lee County Alliance for the Arts.

Contact the all-volunteer non-profit organization at 939-4044. Or drop by on Wednesday or Saturday between 9 a.m. and noon to peruse the fascinating archives.

Sources: *The Story of Fort Myers* by Karl H. Grismer and the archives of the Southwest Florida Historical Society.✱



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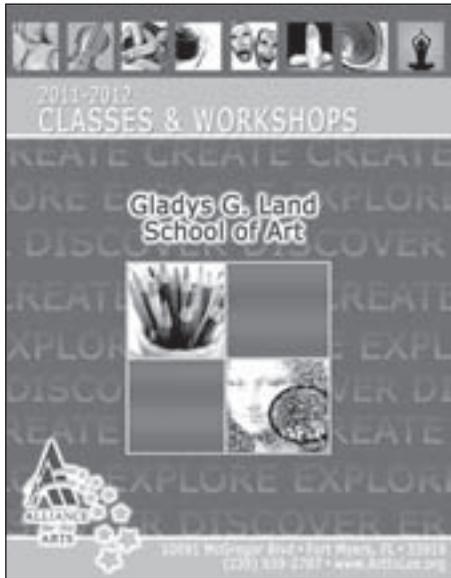
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Alliance Announces 2011-12 Season

Fall is just around the corner and that means it's time for another season of great events, exhibits, classes and camps at the Lee County Alliance for the Arts. Now in its 36th year, the Alliance is the local arts agency for Lee County, connecting people of all ages with opportunities to explore their creativity and begin or extend their education in the arts. Classes and events are held at the Alliance's 10-acre campus in Fort Myers.



Class-Brochure



Season Program

Many favorite events are returning this season including Taste of the Arts, the Sunday Sunset Concert Series and another full season in the Foulds Theater. Some new programming has been added, like Fall for the Arts (formerly Walk Through the Arts), the Gulf Coast Shakespeare Festival and An Evening of Stories and Song. There are also 11 new exhibitions including the *Road Trip-Members Exhibit* (up through September 3), *Refuse Repurposed* (a Juried Show opening October 7) and the 26th Annual All Florida Juried Exhibit next summer.

The Alliance also offers a wide spectrum of art, performance and technology classes for adults and kids, workshops by local and national artists and art education programs and great camps for children. Classes are available for people of all experience levels on topics ranging from painting, drawing and photography to digital technologies, pottery and even performance arts like singing and dancing. Each class has

limited availability so registration is required.

A complete schedule is available at www.ArtInLee.org or call 939-2787 to request a copy by mail. Registration is now open so guarantee a spot by signing up today.

The Alliance for the Arts proudly supports artists and arts organizations in Southwest Florida as the state-designated Local Arts Agency for Lee County. The Alliance for the Arts galleries are open from 9 a.m. to 5 p.m. Monday through Friday and from 9 a.m. to noon on Saturdays. The gallery is located at 10091 McGregor Boulevard just south of Colonial Boulevard in Fort Myers.*

Now Send Your Ecomments On County Agendas

Members of the public unable to attend the weekly Lee County Commission meetings can still share their opinions on agenda items with the Board of County Commissioners. Lee County Public Resources launched Ecomments last week, effective with the August 30 agenda.

After the agenda is posted online each Tuesday for the following week, simply click on the link in the box at the top of the first page to be taken to an electronic submission form. The deadline to submit comments each week will be midnight Sunday night.

Electronic comments provide the public the ability to briefly state support or opposition to agenda items. Submittals, including personal information, will become public record. However, the submittals will not be published, nor will those submitting comments receive a response.

Should an individual wish to submit an attachment or request a response, he or she should contact the commissioner and/or staff person by direct email. Inappropriate and/or defamatory submittals will not be accepted.

"Lee County is constantly looking for ways to improve communication with its citizens through new technology," said Lee County Manager Karen Hawes. "While citizen presence at County Commission meetings remains an important part of open government, we are hopeful that Ecomments will provide a voice for those who cannot attend."*

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World Record Holder Jumps Into New Role At Art Of The Olympians

Olympic gold medalist and record-breaking track and field star Bob Beamon has been named chief executive officer for Art of the Olympians Museum and Gallery at the Al Oerter Center for Excellence, home of Olympic sports and arts.

An Olympic gold medalist, businessman, philanthropist and author, Beamon is best known for his long-standing world record in the long jump at the 1968 Olympic Games in Mexico, which remained unchallenged for 23 years. He has since been elected into the USA Track & Field and U.S. Olympic hall of fame.

"My late husband, Al, had known Bob since the early '60s," said Cathy Oerter, AOTO board chair. "I know Bob will continue to cultivate Al's passion for arts and sports to motivate and encourage others to achieve their best."

Following his international track career, the iconic sports figure became involved in promoting youth athleticism with then California Gov. Arnold Schwarzenegger, the South Florida Inner-City Games and Bob Beamon United Way Golf Classic. He previously served as director of athletic development at Florida Atlantic University and most recently was associate athletic director at Chicago State University. Beamon is an honorary member of the Orange Bowl Committee.

On October 18, 1968, Beamon made Olympic history when he broke the world record for the long jump. He jumped 29 feet 2 1/2 inches, beating the previous record by nearly two feet and becoming the first man to jump more than 28 feet.

"It is a tremendous honor to carry on the legacy of the great Al Oerter, the legendary four-time Olympic gold medal discus thrower," Beamon said. "I'm looking forward to working with the board, donors, volunteers and the community to maximize AOTO's strengths while promoting the Olympic ideals and values."

Beamon graduated from Adelphi University in 1972 with a degree in sociology. In 1999, he co-authored a book about his life, *The Man Who Could Fly*.

Art of the Olympians Museum and Gallery at the Al Oerter Center for Excellence,



Bob Beamon

home of Olympic sports and arts, is located at 1300 Hendry Street on the Caloosahatchee River in Fort Myers. Gallery hours are Tuesday through Saturday from 10 a.m. to 4 p.m. The gallery is closed on Sundays, Mondays and holidays. For more information, visit www.ArtoftheOlympians.org or call 332-5055.*

Art Exhibit Opens

The Sidney & Berne Davis Art Center in downtown Fort Myers will have an opening reception from 5 to 11 p.m. on Friday, September 2 for artist Stacie Krupa. The exhibit is titled *Sassy Spicy Soulmates – Seahorses, Sea Turtles & Salty, Socialite Friends*.

The opening will include a VIP Creative Cocktail Party with Krupa from 5 to 6 p.m.

Krupa's artwork is also on display in the Corner Grill Gallery on Sanibel which also benefits the "Ding" Darling Wildlife Society Friends of the Refuge.

The exhibit will close on Friday, September 23 with a reception from 6 to 8 p.m.

The Sidney & Berne Davis Art Center is at 2301 First Street, Fort Myers.*

Urban Farming

The University of Florida, IFAS, and Lee County Extension in conjunction with the City of Fort Myers, will be offering Urban Farming 201 Advanced Course – Production and Marketing.

Dates: Tuesday September 6, and

Tuesday September 13, 5:30 to 8:30 p.m.

Class will be held at the Southwest Florida Enterprise Center, 3903 Dr. Martin Luther King, Jr. Boulevard, Fort Myers.

Instructors are Roy Beckford, Ag/Natural Resources Agent, UF/IFAS Le County; Dr. Robert Kluson, Ag/Natural Resources Agent, UF/IFAS Sarasota; and industry specialists (Grow-Tex).

To register: Call Michele at 239-321-7085. Cost is \$50 (advance registration is necessary).*

Holiday Trash Collection

The City of Fort Myers Solid Waste Division billing offices will be closed on Labor Day.

There will be no garbage, recycling, horticultural brush, yard waste, junk and appliance collection on Monday, September 5 for all residential and commercial customers. These customers will be serviced one day later. The regular collection schedule resumes Monday, September 12.

Those with questions concerning service may call the City of Fort Myers Solid Waste Division at 321-8100.*

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September Programs At The Estates

September at the Edison & Ford Winter Estates is highlighted with the return of Estates Homeschool Classes, continuation of Garden Talks, a new monthly program for children (ages one to three) Emerging Inventors Early Learning Class, as well as a variety of children and adult programs throughout the month. The schedule of programs and events includes:

Estates open Labor Day, September 5, 9 a.m. to 5:30 p.m.

Emerging Inventors Early Learning Class, September 1 and 15, 9 to 11 a.m.

The estates newest education program series is a child and parent learning class for children ages one to three years that includes immersion into the buildings, museum and gardens. Each program is theme based combining early science, invention, story book reading and hands-on activities. The Learning Class continues twice a month throughout the year.

September 1, Pet Parade – Thomas and Mina Edison loved animals. During Edison's time there were peacocks, cats and many birds on the property. In this class children will explore pets using music. Bring your favorite stuffed animal for the pet parade. Estates members are \$5, non-members are \$15. Registration is recommended.

September 15, "Row, row, row your boat" – Thomas Edison enjoyed taking guests on his electric launch for boat rides on the Caloosahatchee River. In this class children will have fun playing with



Learn how to start your own organic vegetable garden at Estates Garden Talk on September 10

water, watch shapes grow in water and see water do amazing things with science. Estates members are \$5, non-members \$15. Registration is recommended.

Garden Talk – How to start your own organic vegetable garden, September 10, 9 a.m.



Homeschool classes begin on September 16

Organic gardening is the oldest method of gardening and was practiced by Thomas Edison, who grew many vegetables at his Fort Myers estate to eat, sell and ship up north. Estates horticulturists will teach the basics of organic gardening in Southwest Florida including bed preparation, pest control, compost and planting from seeds. Reservations are not required. Estates members are free, non-members are \$5. All participants will receive a \$5 gift certificate to be used in the Estates Garden Shoppe.

Science Fair Workshop for Homeschoolers and Virtual Students, September 13, 10 a.m. to noon

The estates will be hosting the 2nd

annual Homeschool and Virtual Students Young Engineers, Scientists and Inventors Fair on October 25. Homeschool and virtual students must enter to pre-qualify for the Thomas Alva Edison Kiwanis Science & Engineering Fair. The estates is offering workshops throughout the year to assist students with their science projects. The workshops focus on choosing a science fair topic, conducting the experiment, documenting results and designing a science fair display board. Cost is \$5. Call 334-7419 to register.

Homeschoolers: Science Law and Order, September 16, 9:30 to 11:30 a.m. or 1 to 3 p.m.

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Lakes Regional Library Programs In September

Next month's roster of activities at Lakes Regional Library offers topics for all ages. The following activities are free to the public:

Adults

- English Café
6 p.m. Mondays, September 12, 19
Practice English with English Café, a free conversation session for adult ESOL and ESL students. Each 90-minute session provides adult learners an opportunity to practice speaking English with native speakers. Participants may start at any time. Advanced registration is not necessary.

- Book Discussion: Jean Kwok's *Girl in Translation*

2 p.m. Tuesday, September 20
Caught between the pressure to succeed in America, her duty to her family, and her own personal desires, Kimberly Chang, an immigrant girl from Hong Kong, learns to constantly translate not just her language but herself back and forth between the worlds she straddles. Registration is required.

Family

- Toddler Storytime
10 a.m. Wednesdays, September 7, 14, 21, 28

Children two years old and their caregivers participate in song, fingerplays and short stories. The success of this

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SWFAS Talent Show For Kids



Talent show winners from 2010: Bryanna Walker (Lexington Middle School), SWFAS Prevention Director Sheree Beau-Wells; Danielle Osterman (Fort Myers High School), and (front) Kalin Baitinger (Gulf Elementary School in Cape Coral)

Southwest Florida Addiction Services (SWFAS) is looking for some talented elementary, middle, and high school students to participate in the Every Child Is a Star Talent Show in November. Registration deadline is Friday, October 7. It's the fifth consecutive year SWFAS has coordinated the talent show to provide children and families an afternoon of entertainment and education on the dangers of substance use and abuse. This year's talent show will be Saturday, November 12, from 3 p.m. to 5 p.m. at First Christian Church, 2061 McGregor Boulevard. There are no entry fees and cash prizes of \$100 will be awarded to first place winners in elementary, middle, and high school categories.

"We are looking for singers, dancers, painters, acrobats, all talented youth," said Martha del Valle, SWFAS talent show coordinator. "We are trying to encourage kids to build the skills they want to develop. Many of our kids always hear about the negative doings involving our youth in the community. It's important for us to promote events that are beneficial to our youth and provide a safe alternative to drugs and violence."

To be eligible to participate in the talent show, participants must:

- Be between the ages of six and 19
- Limit performances to no more than three minutes, no bands allowed;
- Have no more than three people per act;
- Have permission from a parent or guardian to participate.

Registration for auditions must be received by Friday, October 7 at SWFAS, 3763 Evans Avenue, Fort Myers. Forms and releases can be found at www.swfasprevention.org.

For more information contact Martha del Valle at 244-4221.*

Mayor To Speak At Youth Foundation



Fort Myers Mayor Randy Henderson

On Sunday, September 4, Fort Myers Mayor Randy Henderson is the motivational speaker at

the James Brunson Youth Development Foundation. The family event runs from 5 to 9 p.m. at Dunbar High School, 3800 Edison Avenue, Fort Myers.

"Every year, many students fail to enroll in school and I wish I could help make a better life for them and their families." These were the words of the late James "Boosie" Brunson, who was killed in a car accident on I-75 in Fort Myers on December 11, 2009 while driving to work. The foundation was formed by Chanetta Campbell Brunson to honor her late-husband's wishes.

The James "Boosie" Brunson Youth Development Foundation's mission is to create "universal understanding through educational scholarships to recipients who are trying to make a better life for themselves and their families." With an education, they can achieve their goals and we continue to assist students in making their dreams come true.

The evening is hosted by Rudy Rock with music by Da #1 Jamma Jimmy G. There are two basketball games scheduled with the girls starting at 5 p.m. followed by a boys game. There is also a slam dunk contest with special appearances by Teddy Dupay and Dwayne Jackson. Giveaways include college scholarships and shoes.

Admission is \$10. For ticket information, call 334-6922.

For more information about the James Brunson Youth Development Foundation, contact Chanetta Campbell Brunson at 297-9650 or csgodsgift@yahoo.com. Go to jbrunsonyouthdevfoundation.moonfruit.com.*

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Along The River



The Sandy Butler features the finest cheeses, meats and wines from around the world

On Sunday, September 4, the River District Alliance is hosting a Labor Day Weekend Block Party featuring food and live music on three stages from Geek Squad, New Vinyls and Under The Influence. The festivities begin at 6 p.m.

For more information, call 1-855-RDA-EVENTS (732-3836) or go to riverdistrictevents.com.

If you are planning to entertain during the Labor Day Weekend, celebrate with gourmet delights from **The Sandy Butler**.

The market's cheese and wine department has been meticulously stocked to offer the best of international foods. Whether it's homemade Mozzarella, Italian Parmigiano-Reggiano, Spanish Manchego or French Brie de Meaux, the experienced staff discerns the right amount of salt, sweetness, tanginess or dryness, affording you and your guests the best possible culinary experience.

The Sandy Butler believes in doing things like they used to. Madagascar bourbon



Dawn and Keith Melvin, owners of Furniture World

vanilla, Valrhona chocolate, Turbinado sugar, heavy cream, fresh eggs, and double-zero flour are the typical ingredients found in the baker's pantry. Since no shortcuts are taken, the bakery offers the freshest products available. The Sandy Butler understands that good things come in small packages, so you will find some goodies in smaller portions. Stop by the bakery and see how sweet life can be.

Unlike the corporate chain of command others have to follow, The Sandy Butler enjoys the freedom of offering its customers anything they want. Nowhere is that more prevalent than at the delicatessen. Choose from Italian San Daniele and Parma prosciutto, Mandrange French Ham, Parmacotta Gypsy salami, Austrian Speck Breola and Serrano ham from Spain. The Sandy Butler also offers in-house dry aged beef.

The Sandy Butler, ages its meats for 27 days or more. Increased aging adds to the shrinkage and trim loss due to the drying.

A gourmet dining destination, the adjacent restaurant offers superior service with seating available indoors or on the veranda. Inside of the restaurant is The Sand Bar, featuring a sophisticated, spacious bar for enjoying cocktails and appetizers.

The Sandy Butler Restaurant and Gourmet Market is located at 17650 San Carlos Boulevard, Fort Myers. The market is open seven days a week from 10 a.m. to 8 p.m. The restaurant is open seven days per week from 11:30 a.m. to 9 p.m. For more information, call 482-6765 or go to sandybutler.com.

Keith and Dawn Melvin have certainly come a long way since opening **Furniture World** in the storefront of an old Eckerd's Pharmacy in 1991.

By all accounts, the couple had odds stacked against them. But Keith, a third generation Fort Myers native, had something special about him: a keen business sense and ability to relate to customers.

It's been 20 years now and Furniture World has survived hurricanes and a devastating South Florida recession. In 2003, he moved his showroom to a new 14,000-square-foot state-of-the-art showroom he built at the busy intersection of San Carlos Boulevard and Gladiolous Drive. Walk into the impressive showroom, and you'll find the latest trends of furniture styles as well as a large selection of wicker and rattan for that Florida look. Furniture World also carries Simmons Beautyrest Mattress sets.

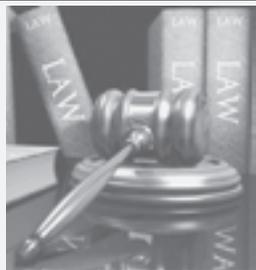
Less than a mile from the showroom, Melvin built a 12,000-square-foot warehouse, allowing him to keep a full stock of almost everything on his showroom floor and meeting the demands of next day delivery for his customers.

"My parents and my grandparents made a living and raised their families right here in the same place I am doing it today," Melvin said. "Nothing brings me more happiness than knowing I have added to the landscape of my hometown, and I hope even in a small way, by being a business that people have come to know and trust, I have made our community better."

Furniture World is located at 15631 San Carlos Boulevard, Fort Myers. It is open Monday through Friday from 9 a.m. to 6 p.m., Saturday from 9 a.m. to 5 p.m. and Sunday from 11 a.m. to 5 p.m. Call 489-3311.*

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Fort Myers Is 'Hopping' In Summer



Edison Restaurant & Bar owner Daniel Kearns, third from left, with George Kane as Hugh Hefner and two beautiful "bunnies" on August 24

The Edison Restaurant & Bar hosted a Playboy Bunny party on August 24. George Kane, a celebrity impersonator who is a dead ringer for Hugh Hefner, brought several "bunnies" with him. The evening included a complimentary vodka bar for the ladies, \$1 house cocktails and \$3 house wines. Complimentary barbecue was also served and there were vendors on the green and a putting contest. Live entertainment was provided by The Derek Trenholm Band featuring Derek Trenholm, Darrell Nutt, Mike Rogers and Heather Brooks!

The Edison regularly hosts theme parties, live music and other special events: Mondays are burgers for a buck; Tuesdays are two tacos for \$2; Wednesdays are ladies night; Thursdays ladies dine for free; Fridays are office happy hour; Saturdays are Get Your Gator on during college football season; and



See vintage, modern and unique cars at the monthly Downtown Car Cruise-In

Public Invited To Pig Roast Competition

Who can resist a pig roast? The public is invited to participate in the American Culinary Federation's pig roast competition on Sunday, September 11, at the Coconuts Pool Deck at The Pink Shell Resort, Fort Myers Beach. The event, from 3 to 6 p.m., will benefit the Harry Chapin Food Bank.

The cost per person is \$10. Additional donations, including nonperishable food, will also be accepted.

A minimum of five teams will be competing for the title of People's Favorite. A full buffet to accompany the roast pigs will be provided by The Pink Shell, Sysco Foods, Cheney Brothers, U.S. Foods, and Happy Foods.

Entertainment will be provided during the event and The Pink Shell is offering a special guest rate for those who wish to make a weekend of the celebration.

More information is available from Chef Craig Panneton, 463-8613, or CPanneton@Pinkshell.com.*

Greeter's Club

Looking to make new friends and join in monthly activities and charitable events? Attend the next luncheon meeting of The Greeter's Club of Greater Fort Myers on September 15 at Colonial Country Club, 9181 Independence Way in Fort Myers. The guest speaker will be Amy Williams, editor of *Tropicalia* in the Sunday edition of the *New-Press*. Luncheon costs \$18 with reservations required. Contacts are Linda Fitzpatrick, 437-5653 or email ffitz100@aol.com; or Janet Gambuzza, 454-5750, email: jangamb@aol.com.*

Randy's Auto Repair, LLC

www.RandysAutoRepairLLC.com
16191 San Carlos Blvd, Ste 1
Fort Myers, FL 33908
Tel. 267-2556

"Ich spreche Deutsch"
HOURS:
M-F: 9am - 5:30pm
Sat & Sun: By Appt.



FOREIGN & DOMESTIC



Morgan House celebrated its one year anniversary in the Patio de Leon with a luau

Sundays are pizza night.

For more information about The Edison Restaurant & Bar, call 936-9348 or go to edisonfl.com.

The Morgan House hosted a luau party in the Patio de Leon with live music and Hawaiian food on August 27.

Billed as downtown's best happy hour, The Morgan House has drink specials Monday through Friday from 4 to 8 p.m. It offers 14 beers on tap, two full bars, casual dining and live music. Located in the historic Patio de Leon, it offers three great atmospheres in one location.

For more information about The Morgan House, call 337-3377 or go to morgan-houserestaurant.com.

Also on August 27, Fort Myers car enthusiasts attended the **Downtown Car Cruise-In**. Held on the fourth Saturday of every month, the event features vintage, modern, and unique cars from 5 to 8 p.m. at 2282 First Street.

For more information, call 229-8526.*

From page 1

'S Wonderful

Broadway Palm is offering a season opener special and all tickets are just \$39 for dinner and the show. Tickets are on sale and can be reserved by calling 278-4422, by visiting www.BroadwayPalm.com or by stopping by the box office at 1380 Colonial Boulevard in Fort Myers.*



Canine Country Club

Dog Daycare for friendly dogs over four months of age who want to socialize, play, exercise and develop positive behaviors.

10970 S Cleveland Ave, Ste 301
Ft Myers • dogsplayhere.com

931-3647

Sanibel T-Shirts

Available at these locations...

T-Shirt Hut 472-1415
Amy's Something Special 472-4421
Blue Giraffe Restaurant 472-2525
Pak-n-ship of Sanibel 395-1220
Macintosh Books 472-1447



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Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION

Member of UUA
2756 McGregor Boulevard, Fort Myers
Six blocks south of the Edison/Ford
Winter Estates; two miles north of Colonial
Boulevard
Minister: Reverend Dr. Wayne Robinson
Sunday services: 9 and 11 a.m.
Unitarian Summer 2011: 11 a.m. Tapestry
of Faith Programs, child care provided
Adult workshops: 9:30 a.m. Faith Like a
River: Themes from UU History.
Phone: 226-0900
Email: allfaithsuc@embarqmail.com
Website: www.allfaiths-uc.org

ANNUNCIATION GREEK ORTHODOX CHURCH

8210 Cypress Lake Drive, Fort Myers
Reverend Fr. Athanasios Michalos
Orthros Service Sunday 9am
Divine Liturgy Sunday 10am
Fellowship Programs, Greek School,
Sunday School, Community Night
239-481-2099

BETH SHILOH

MESSIANIC SYNAGOGUE

15675 McGregor Boulevard. 437-3171
Rabbi: Judah Hungerman
Friday Service, 8 p.m.
Saturday Service, 11 a.m.
Shabbat School Saturday Morning
Adult Hebrew Classes
Please call for information on full program.

BREAD OF LIFE MINISTRIES CHURCH OF GOD

16581 McGregor Boulevard, 267-3166
Just past the Tanger Outlet Mall
Pastor: Barry Lentz, 281-3063
Sunday Worship, 10:30 a.m.
Wednesday Bible Study, 7 p.m.
CHAPEL OF CYPRESS COVE
10200 Cypress Cove Circle Fort Myers
Located at Cypress Cove Retirement
Center on HealthPark Campus
An ecumenical non-denominational
community of believers.
Sunday Worship Service, 10 a.m.
Wednesday Bible Study, 7 p.m.
Rev. Ted Althouse, Pastor
revtedalthouse@aol.com
239-850-3943

CHRIST THE KING

1188 Lake McGregor Drive, Fort Myers,
432-1724. Reverend N. Everett Keith II
An Old Catholic Community Liturgy
in English Sunday Mass at 9:30 a.m.

CHURCH OF THE CROSS:

13500 Freshman Lane; 768-2188
Pastors: Jeff Moran and Michael Bulter;
A nondenominational church emphasizing
a personal relationship with Jesus Christ.
Sunday Service: 9 a.m. Contemporary
10:45 a.m. Traditional.

COVENANT PRESBYTERIAN CHURCH

2439 McGregor Boulevard, 334-8937
Reverend Dr. Taylor Hill, Pastor
Reverend David Dietzel, Pastor Emeritus
Traditional Sunday service 10 a.m. Nursery
available

CYPRESS LAKE BAPTIST CHURCH

8400 Cypress Lake Drive, Fort Myers,
481-5442 Danny Harvey, pastor
Sunday Services: Bible study, 9:45 a.m.
Morning Worship, 11 a.m.
Evening Worship, 7 p.m.
Wednesday Prayer Meeting, 7 p.m.

CYPRESS LAKE

PRESBYTERIAN CHURCH

8260 Cypress Lake Drive, Fort Myers, 481-
3233; Clint Cottrell, pastor
Sunday services: 8 and 11 a.m. Traditional;
9:30 a.m. Contemporary; 9:45 a.m.
Children's Church K4J Kids for Jesus

CYPRESS LAKE UNITED

METHODIST CHURCH

8570 Cypress Lake Drive,

Fort Myers, 482-1250
Sunday Traditional Service: 8 and 11 a.m.,
Praise Service: 9:30 a.m.
Sunday School: All times
**FAITH FELLOWSHIP WORLD
OUTREACH MINISTRIES**
6111 South Pointe Boulevard, Fort Myers,
278-3638. Sunday Worship, 10:30 a.m.;
Voice of Faith, WCRN 13.50 AM Radio,
Sunday, 1:30 p.m.; Thursday Service, 7:30
p.m.; Friday Youth Service, 7:30 p.m.
Nursery care for pre-school children and
Children's Church for ages 5-12 available
at each service.

FAITH UNITED METHODIST CHURCH

15690 McGregor Boulevard
Fort Myers, 482-2030
Pastor: David Stauffer.
Traditional services 8:45 a.m.;
Contemporary, 10:30 a.m.
Go south on McGregor Boulevard. The
church is ½ mile past the intersection of
Gladiolus and San Carlos Boulevard on
the way to Sanibel.

FIRST CHURCH OF CHRIST, SCIENTIST

2390 West First Street, next door to Edison
Estates.

Sunday Morning Service and Sunday
School, 10:30 a.m.; Wednesday Evening
Testimony Meeting, 7:30 p.m. Child care
provided at all services.

Visit our Reading Room for quiet study at:
2281 W. First Street, River District

www.spirituality.com and www.christian-
science.com

FIRST CHURCH OF THE NAZARENE

13545 American Colony Boulevard
off Daniels Parkway in the Colony,
Fort Myers, 936-2511
Pastor: Reverend Joey Brummett
Sunday School: 9:30 a.m.; Morning
Worship, 10:30 a.m.; Sunday Evening, 6
p.m.; Wednesday Family Night, 7 p.m.

FIRST UNITED METHODIST CHURCH

in the Downtown Fort Myers River District
2466 First Street, Fort Myers, FL 33901
239-332-1152 www.fumcftmyers.org
Sunday: 9 a.m. Contemporary Worship
9 a.m. and 10 a.m. Sunday School
9:45 a.m. Coffee Fellowship
10:30 a.m. Traditional Worship
5 p.m. Youth Program
7 p.m. Spanish Worship

FORT MYERS CHRISTIAN CHURCH (DISCIPLES OF CHRIST) A STEPHEN MINISTRIES CONGREGATION

5916 Winkler Road, Fort Myers, 437-4330
Reverend Mark Condrey, Pastor
Sunday Worship: 10:30 a.m.
Church School: 9:15 a.m.

FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST:

8210 College Parkway, Fort Myers,
482-3133. Philip White, pastor
Morning Worship: 10 a.m.
Church School: 10:15 a.m.
Adult Forum: 11:30 a.m.

HOLY THEOTOKOS MONASTERY

111 Evergreen Road,
North Fort Myers, 997-2846
Eastern Orthodox men's monastery.
Liturgical services conducted in the
English, Greek and Church Slavonic
languages, following the Julian (Old)
Calendar. Liturgical Services: Sundays and
Holy Days: The Third and Sixth Hours at
8:30 a.m.; Divine Liturgy at 9 a.m.

IONA-HOPE EPISCOPAL CONGREGATION

9650 Gladiolus Drive,
Fort Myers, 454-4778
The Reverend Dr. John S. Adler, pastor
Weekly services:
Saturday 5 p.m., Eucharist with Healing
Sunday 8 a.m., Holy Eucharist, Rite One;
9:30 a.m., Family Eucharist with Healing
and Church School
Tuesday 9:30 a.m., Morning Prayer (in
Spanish); Wednesday 9:30 a.m., Eucharist

with Healing. Child care available at
Saturday 5 p.m. and Sunday 9:30 a.m.
services.

JESUS THE WORKER

CATHOLIC CHURCH:

881 Nuna Avenue, Fort Myers, 481-1143
Masses Friday and Saturday, 7 p.m.;
Sunday, 8 and 10 a.m. and 6 p.m.

KINGDOM LIFE CHURCH

2154 McGregor Boulevard,
Fort Myers, 218-8343
Pastor Randy and Anita Thurman
10:30 a.m. Sunday Service
All are welcome.

LAMB OF GOD

LUTHERAN/EPISCOPAL CHURCH

Corner Cypress View Drive and Koreshan
Boulevard, Three Oaks area,
Fort Myers, 267-3525

Walter Fohs, pastor; Becky Robbins-
Penniman, associate pastor
Sunday worship services:

8 a.m. Early Grace Traditional
9 a.m. Awesome Grace Contemporary
10:30 a.m. Classic Grace Traditional
8:45 & 10 a.m. Sunday School God's
Group

MESSIAH REFORMED CHURCH

Worship Gathering - Sunday 10 a.m.
Pastor Alan Bondar
Fort Myers Villas Civic Association Bldg.
2306 Sunrise Blvd. Fort Myers, 33907
Phone text: 220-8519

website: messiahreformed.com

6:30 p.m. Wednesday Bible Study

noon Sunday Fellowship Lunch

Monthly Teen Events

see website for podcasts, special events,
ministries, calendar, blogs, etc.

NEW HOPE BAPTIST CHURCH OF FORT MYERS

16120 San Carlos Boulevard, Unit 10
239-985-8503

9:45 a.m. Sunday School for all ages

11 a.m. Sunday Morning Worship.

7 p.m. Wednesday Evening Bible Study

NEW HOPE PRESBYTERIAN CHURCH

3825 McGregor Boulevard. Fort Myers
Pastors: Bill Stephens, Stu Austin and
Howard Biddulph, Associate Pastor
8 & 9:30 a.m. Traditional Worship
11 a.m. Contemporary Worship
8, 9:30 & 11 a.m. Sunday School
Youth and Children's programming runs
concurrent to Sunday services.
Nursery care provided at all services
For more information visit:
www.newhopefortmyers.org

PEACE COMMUNITY CHURCH

Meets at Ft. Myers Beach Masonic Lodge
17625 Pine Ridge Road,
Fort Myers Beach 267-7400.
Pastors Bruce Merton, Gail & RC Fleeman
Traditional Worship 9:45 a.m.
Contemporary Worship 11:15 a.m.
Phone: 267-7400 Fax: 267-7407
Web site: peacecommunitychurch.com

e-mail: peace1265@aol.com

PEACE LUTHERAN CHURCH

15840 McGregor Boulevard, Fort Myers
Walter Still, Senior Pastor,
Sunday Worship: 8 and 9:30 a.m.
¾ mile south from the intersection of
McGregor, San Carlos and Gladiolus.
A congregation of the ELCA.

REDEEMER LUTHERAN CHURCH

3950 Winkler Extension,
Fort Myers, 274-0143
Daily early learning center/day care
8:15 & 10:15 a.m. Sunday Services
SAMUDRABADRA BUDDHIST CENTER
Meditation classes. All are welcome.
Guided meditations offering many meth-
ods for relaxing the body and focusing
the mind on virtuous objects to bring
increasing peace and happiness into
daily activity. For information, class times
and locations call 567-9739 or visit www.
MeditationInFortMyers.org.

SOUTHWEST BAPTIST CHURCH

16940 McGregor Boulevard,
Fort Myers, 454-3336
Robert G. Kasten, Pastor
Sunday Worship Service 11 a.m.
Nursery available
9:45 a.m. Sunday School for all ages
Junior Church grades one to five
Wee Church Pre-K to K
Evening Service 6 p.m.
Wednesday Service 6 p.m.

ST. COLUMBKILLE

CATHOLIC CHURCH

12171 Iona Road, Fort Myers, off
McGregor and north of Gladiolus.
489-3973 Father Joseph Clifford.
Weekly masses:
Monday through Saturday 8 a.m.
Weekend masses: Saturday 3 and 5 p.m.;
Sunday: 7, 9, 11, and 5:30 p.m.
Reconciliation is available at the church on
Saturdays at noon and by appointment

SAINT JOHN THE APOSTLE

METROPOLITAN COMMUNITY CHURCH

3049 Mcgregor Boulevard, Fort Myers,
344-0012 Pastor Reverend Steve Filizzi
An Affirming & Inclusive Congregation
Sunday Services, 10 a.m. and 7 p.m.
Mid-Week Service, Wednesday 6:30 p.m.

ST. MICHAEL LUTHERAN CHURCH & SCHOOL (LCMS)

3595 Broadway, Fort Myers
239-939-4711, www.smlcs.org
Wednesday Fellowship: 5:30 p.m.
Dinner \$5, 6:15 p.m. bible studies
Worship: Saturday, 5:30 p.m.,
Sunday 8 a.m. and 10:45 a.m. with 9:15
a.m. adult and children's Bible Study, plus
marriage enrichment studies. Divorce Care
on Thursdays from 7 to 8:30 p.m.
During Lent: Wednesday worship
noon and 6:15 p.m.

TEMPLE BETHEL SYNAGOGUE

16225 Winkler Rd. 433-0018.
Rabbi Jeremy Barras
Cantorial Soloists Joseph/Lynn Goldovitz
Shabbat Services, Friday, 7:30 p.m.
Torah Study, Saturday, 9:15 a.m.
Bar/Bat Mitzvah Services, Saturday,
10:30 a.m.

Religious Education Classes, Midweek,
Grades 2-7, Wednesday, 5-6:30 p.m.
Preschool Classes, Monday through Friday
Confirmation Classes, Wednesday,
5:30-6:30 p.m.

Sunday School, 9:30 a.m. to noon

TEMPLE JUDEA (CONSERVATIVE)

14486 A&W Bulb Road, Fort Myers,
433-0201, Lay Leader Diane Seidenstein
and Larry Hershman
Weekly Minyan: Monday and Tuesday
morning at 9 a.m.
Services: Friday night at 7:30 p.m. and
Saturday morning at 9 a.m.
Religious School Sunday morning from
9:30 a.m. to noon and Wednesday
night from 4:30 to 6 p.m.

For Preschool information call 482-1121 or
email templejudeapreschool@gmail.com

THE NEW CHURCH

The New Church of SWFL is located at
10811 Sunset Plaza Circle, by Summerlin
and Pine Ridge Roads, behind Zoomers
and the ponds.
Reverend Nadine
Spiritual Recovery, Wednesdays 10 a.m.
Healing Service, Wednesdays 11 a.m. and
Fridays 6:30 p.m.
Sunday Worship Services, 11 a.m.
Call for information 481-5535.

THOMAS A. EDISON CONGREGATIONAL CHURCH

1619 Llewellyn Drive Fort Myers
Just off McGregor across from the Edison/
Ford Winter Estates 334-4978
Senior Minister: Douglas Kelchner
Traditional Worship Sunday's 10:15 a.m.
Website: www.edisonchurch.org

OBITUARY



photo courtesy of SW Florida Happenings

A. JOHN BARTIS

Former Sanibel and Fort Myers resident and well-known New York theater personality A. John Bartis died in Naples early Wednesday, August 24, 2011. Known far and wide as John, his real name was really Aristides, which he dropped when he became a professional singer.

Born in 1924 in Meriden, Connecticut, he attended Tufts and graduated from Wesleyan University with honors in psychology, enlisted in the navy for two years, and took graduate studies at Yale. Then it was on to New York where he took voice with Romano Romani, Rosa Ponsell's coach. During his 15 years in New York he played in *Hazel Flagg* in 1953; he appeared in *Inside USA* and *Miss Liberty* with Bea Lillie (and Eddie Albert in the latter show), and with Ethel Merman in *Call Me Madam*. He was one of New York's foremost vocal coaches from the '50s through the '70s teaching, among many others, James Farentino, Ruth Buzzi, Cicily Tyson, John Cryer and Julie Newmar. (He was actively teaching his private students in Southwest Florida until the end of this past May.) He met Frank Wagner, prominent Broadway director/choreographer/jazz dance instructor and late husband of *Islander* theater critic, Marsha Wagner, during this period as well.

John and Arthur Partington were instructors at Choate Rosemary Hall Prep School in Wallingford, Connecticut, John teaching drama, theater arts and voice, and Arthur dance. The two also started the Connecticut Academy of Dance & Theatre which they operated until "retiring" to Sanibel in 1980. Once they got to Sanibel and, after spending many, many summers in Arrezzo, Italy, they created the world-famous Pinocchio's Italian Gelato/Ice Cream Shop on Sanibel's east end.

"John became a great, great chef," according to Robert Cacioppo, artistic director of Florida Repertory Theatre, "and was a truly fabulous storyteller. He was a great nurturer of young talent and a mentor to many, with 'leading man' good looks; he taught singing and acting gratis to our interns at the Arcade since

we opened. I can't tell you how much Carrie's and my children loved him. He was always Uncle John to them as well as to Marsha and Frank's daughter and granddaughters and was immensely important in our lives, very much a family member. We shall miss him terribly."

"The End of an Era" ...we all know what that means and the nostalgia it brings with it," former Sanibel resident Jay Halcrow mused. "With the death of John Bartis an era has closed. He and his friend of over 50 years, Arthur Partington, welcomed me into a wonderful world of great friendship, food fit for kings, absolute silliness and laughter. To me it was a gift from two very special brothers who made my entrance into Sanibel life fun, interesting, and filled with great kindness. Now they are both gone and the small world we all inhabit will never be the same for me or for the group of friends that were our island family."

"The era may be over, but it will never be forgotten."

Although he was in New York at the same time as John and John knew of him, Dennis Cunningham, CBS's main theater commentator did not meet John until he (Cunningham) had been living in Southwest Florida for eight years; they met at Florida Rep. "I simply can't say enough about him," Cunningham, who now lives in Fort Myers Beach, said. "He was a treasured friend. He was so centered, he really knew who he was... He always gave his full attention to his students and took great pride in their advancement. We spent many, many hours together telling stories and discussing all kinds of things in his 'salon,' as I called it, in McGregor Woods; and he was one of the most sociable people I ever met... my greatly treasured friend, whom I will sorely miss."

John is survived by his brother, Thomas J. Bartis of Naples; nieces - Mary and Theresa of Meriden and Fran Dioguardi of Sanibel; and nephews - Peter and James of Meriden and John A. Bartis, who had been staying with him in Fort Myers since December; many great nephews and nieces... plus a never-ending list of dear friends and students. A private family service will take place this week in Connecticut, and a memorial service will be held sometime in November at the Arcade Theatre.

... And, finally, a few thoughts from Marsha Wagner...

People come into our lives to mentor, enrich and change us; John Bartis was that person the universe chose to send me. I was introduced to John by my late husband Frank, shortly after we were engaged to be married. Our deep and lasting closeness began with that introduction and lasted some 56 years. John became Uncle John to all of us when my daughter Lisa was born and he became her Godfather.

One can only measure friendship by the richness and color it adds to life, and John added all of that to mine. John had become the older brother I've always yearned for and never had, he was my best buddy, my awesome singing teacher, my challenging acting director, my rock to hold me steady when my beloved Frank died, my health advocate, my culinary instructor, the

pal I could share laughs with and, when life handed me lemons, he showed me how to make lemonade.

Our family became part of the Bartis clan when we bought our house in the Bartis compound on Hanover Pond in Meriden. Frank and I moved to Sanibel because of Uncle John, who had opened an ice cream parlor selling Pinocchio's gelato. Friendship is like that; its roots go deep and are intricately intertwined.

There are no words to say how very much I will miss him but, then again, I will choose to live the words we both chose when our beloved partners died... "I will live fearlessly and passionately, enjoying each day as though it were my last. Farewell, dearest friend - thank you for all you have taught me."

*...Meanwhile, "Let's go on with the show!"
Love, MushO*

OBITUARY

CAPT. BUTCH COTTRILL

Waide Allen "Butch" Cottrill, 66, of Fort Myers, passed away August 24, 2011, at Hospice House after a courageous battle with cancer.

A charter boat captain on Captiva Island for more than 30 years, he operated Wave Dancer Charters.

He loved boating, fishing, golden retrievers, Maine coon cats and classic cars. He was an avid reader who often finished a book a day.

Though he was tough as nails, he also had a soft side and took great pleasure in rescuing golden retrievers and growing orchids. His best friend once described him as "a puppy dog in a porcupine suit."

He was a unique individual who knew how to spin a story, tell a good joke, and fix anything that broke. Some of his happiest days were spent on the water, teaching family and friends to fish and enjoy the beauty of Southwest Florida.

He is survived by his wife and soulmate Cathy, of Fort Myers; brother Jim Cottrill (Joyce) of Columbus, Ohio; sister-in-law Betty Cottrill of Columbus; sister-in-law Judith Thompson of Naples; brother-in-law and sister-in-law Steve and Deborah Studybaker of Fort Myers; numerous nephews; lifelong friend Duane Swetland of Bradenton; golden retrievers Cassidy and Tanner; and four Maine coon cats.

He was preceded in death by his parents, John and Thelma Cottrill, and his brother, Ron.

In lieu of flowers, memorials may be made to Golden Retriever Rescue of Southwest Florida, P.O. Box 110987, Naples, FL 34108.

A burial at sea and celebration of his life will be held on Captiva Island at a later date for family and close friends. Arrangements by Shikany's Bonita Funeral Home 992-4982. ☺

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Roaming Schools Of Big Redfish



by Capt. Matt Mitchell

Every year about this time, mature redfish begin to school up in Pine Island Sound and Charlotte Harbor before they head offshore to continue their adult

lives as the breeding stock. Although mid-September through October is usually the best time for this seasonal fishery, it is already starting to kick off. I have had several reports of schools of a hundred or more redfish located on flats at the northern end of the sound along with big numbers of reds on the docks around the passes.

Keep your eyes open while on the water as these big reds can be located just about anywhere at anytime though

they are generally easier to spot in shallow water. Oyster bars, sandbars, flats, docks and the passes are all places that can hold these huge schools of hungry redfish. The deep hole just off the Sanibel Pier will get crazy too with these over-the-slot reds in the next month or so.

Shallow water sightfishing for these roaming schools is some of my favorite fishing of the year. Though sometimes hard to locate, once found these schools will eat just about anything pitched to them from cut bait and live bait to topwater plugs. Their large numbers seem to make them really competitive when a bait is presented in front of them with often a dozen or more fish charging the bait.

Shoals and oyster bars can often hold these schools for weeks. They generally show up at the same stage of the tide to feed, so once you have it dialed in it's easy fishing. Watching a big school of hundreds of redfish working around an oyster bar in clear water or out on a flat is possibly one of the coolest things you will ever see out in the sound.

Calm conditions make locating these schools easier. Often a big shake, push or simply nervous water will be the only



Big reds like this are schooling in Pine Island Sound and Charlotte Harbor

clue that gives up their location. Schools can be spotted from a hundred yards or more away when the conditions are right. Getting up close enough to catch redfish can be another thing though, as it takes stealth and patience. One hundred-plus sets of eyes make these schools very spooky and wary of fishermen and boats.

Shallow, clear flats located from the middle to northeast end of the sound seem to be about the most perfect water to sight-fish for these reds. This

water stays nice and clear and is shallow enough to see the fish pushing water on almost any stage of the tide. There are plenty of small mangrove islands too, which block the wind, giving you calm conditions while fishing the lee sides. I do lots of redfish fishing up close and around these same islands on high tides most of the year but now these schools are often out in wide open water before they make their way out of the passes.

Oyster bars south of Useppa, the many oyster bars around the north tip of Bokeelia and the flats at Foster's Point on North Captiva were a few of the more productive places I got on these redfish schools the past few years. The Burnt Store bar and the Jug Creek shoals are also places that these fish show up on in huge numbers.

I like to scout out the schools while moving fast on the trolling motor until I spot them and then switch over to the push pole to approach them quietly.

If you have never sight-fished for oversized redfish, get ready; it's getting to be the time.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmattmitchell@aol.com.*

Send Us Your Fish Tales

The River Weekly would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the River Weekly, 1609 Hendry Street, Suite 15, Fort Myers, Florida 33901, or email to press@riverweekly.com.



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4-H Trail Blazers Fight Poverty With Gardens

The Lee County 4-H Trail Blazers club recently took part in the Youth Against Poverty Initiative, a multi-state 4-H Day of Service Project. The 4-H Trail Blazers built raised garden beds and planted vegetables for urban and underprivileged youth at a local preschool in Fort Myers. The vegetables grown from these gardens will be the only fresh produce some of these youngsters have available to them. In addition to planting a nutritious garden, the Trail Blazers pulled weeds and spruced up the preschool and the local soup kitchen with new flowers, bushes and mulch. By joining together with other 4-H-ers across the state and country, the club members hope to make an impact on the local community. The 4-H Trail Blazers send thanks to Forestry Resources of Fort Myers for its generous support of this project.*



Lee County 4-H Trail Blazers represent Youth Against Poverty initiative



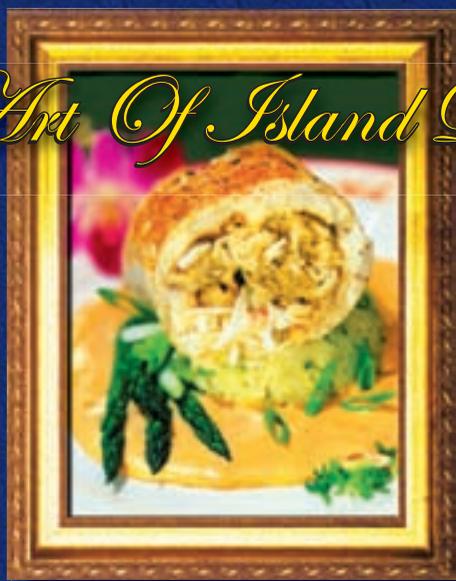
4-H-er Michele Alger teaching a preschool youth to water the vegetable garden



Back row: Kristlin Gear, Jeremy Rosauer, Seth Williams, Kelly Turner, Olivia Cheffer, Michele Alger, Brooke LeClair. Front Row: Lilly Gear, Amanda Rosauer, Ava Turner, Gabby Gear, Savannah Cheffer, Lily Cheffer, Drake Bulla, Ian Bulla, Xavier Bulla, Scout Williams, Ava Cheffer. (Not pictured: Xander Peden, Luke Turner)

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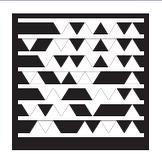
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Microsoft Tag



CROW Case Of The Week:

Great Blue Heron



by Emilie Alfino

When an adult great blue heron arrived at CROW July 13, no history came with him. (You can't be sure of the sex of an adult great blue heron, but we'll refer to the patient

as "he.")

He was lying down all day his first day at CROW, very dull and quiet, according to Dr. Jess Brugler, and he was also dehydrated. Still, he tried to bite someone. "Heron's are very aggressive birds," Dr. Jess explained. But after that first attempt, he let the staff try to help him. "He was very weak and couldn't hold his head up very well. When we went to look in his mouth, it was very easy for us to do and he didn't try to shut it on us," Dr. Jess added.

Something that greatly disturbed CROW staff was that his third eyelid didn't blink at all on either side. The third eyelid is a clear membrane that dogs and cats also have. It is very important to birds, especially water birds. They can see through it, and it can allow them to look for food or predators while keeping their eyes lubricated and free of salt and sand. "That in itself gave us some idea what was going on: weakness, lack of a



A great blue heron healed quickly in the care of CROW staff

blink response – those symptoms indicate some kind of toxicosis," said Dr. Jess. Toxicosis simply means any abnormal condition caused by poison.

"It could have been a lot of things," Dr. Jess clarified. "These birds sometimes get into chemicals in people's backyards, it could have been something in the water he drank, red tide, rain washing things into the water, or eating a fish that was infected. A lot of the causes are natural, but some of them are not."

The heron did not receive a wide variety of treatments. Dr. Jess was most concerned about dehydration and the fact that he wasn't eating well. "He was pretty thin," she said. He was given subcutaneous fluids and some oral foods with

a few herbs and homeopathic remedies. One of them is called Four Gentlemen. It helps promote good digestion and helps stimulate appetite. "We use it a lot," said Dr. Jess. "It's one of our staples here."

He also received Liver Detox, which is actually for humans. For a bird the size of a heron, the dose is a couple of drops in a solution (there's also a spray). Vitamins rounded out his treatment.

"A lot of patients get vitamins B and C. It helps with immunity, appetite and overall health," Dr. Jess explained.

Still, at this point the heron couldn't even stand up and was in a cage with a little nest to help him prop himself up. He was being administered artificial teardrops since he couldn't blink. For a couple of days he stayed about the same. Two days later he started holding his head up although he couldn't stand. "We did some physical therapy with him, stretching his wings and legs so they wouldn't get cramped and would remember what they were supposed to be doing," said Dr. Jess. The next day,

staff started putting the big bird in the tub and to hand feed him a couple of small fish – not too much at once, as that can cause regurgitation.

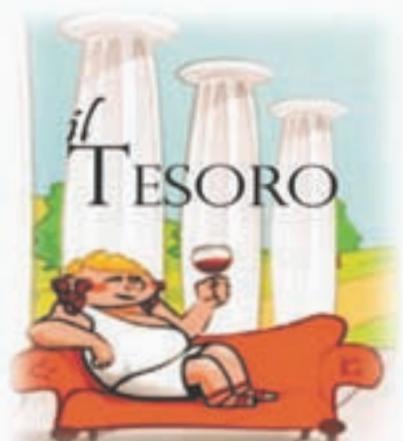
By July 17 he was starting to get his blink responses back. "He had full response in his left eye and about half in his right eye," Dr. Jess stated. He was hand fed again for the second day in a row. The next day – just five days after arriving at CROW – the patient was able to sit up on his hocks (the hocks are the joints in the legs that correspond anatomically to the ankle in humans). "He was kind of holding himself up on his wings on the edge of the tub," Dr. Jess said. "That was amazing for us to see." Staff continued to do that in the tub the next day and progressed to doing it in his cage the day following that.

By July 20, CROW staff was continuing the same treatments and hand-feeding him when he actually pulled fish out of his pool, making an attempt although he did need assistance to eat them. He stayed that way for a couple of days.

Two days later, he was more reliably sitting up on his hocks and in the tub actually used his wings to sit up fully on his feet. "We decided to stop the tub treatment because if he was able to get down from the tub he could hurt himself or someone in the clinic," Dr. Jess explained. "A great heron is not the type of bird you want running around the clinic. They could be dangerous."

He finally ate a fish on his own overnight three days later and was still up on his hocks. The Liver Detox was discontinued and staff stopped hand feeding him to see what he would do and, sure enough, he ate two more fish on his own. The following night, he ate all the fish staff left for him; the subcutaneous fluids were stopped and his oral medication was cut to once daily instead of twice.

continued on page 27



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Plant Smart

Pampas Grass

by Gerri Reaves

Pampas grass (*Cortaderia selloana*) is a graceful but tough native of South America. Its common name derives from the name of Argentina's famous grasslands, the pampas.

This grass forms dense clumps of attractive foliage, but it's the flowers that have made it a popular landscape plant. Those silvery or white feathery plumes of up to 10 feet tall make a striking landscape statement.

When the plumes appear, the plant resembles a fountain, thus another common name, fountain grass. The flowers of the female plant, which are fuller than those of the male plant, are used in dried flower arrangements.

Despite the plant's ornamental attributes, several characteristics cause professionals to caution against introducing it into the landscape.

Gardeners can be surprised and dismayed at how fast it grows and how large it gets. In addition, this prolific seeder can be invasive in favorable conditions. Add to those facts a tolerance for almost any growing condition or soil.

Pampas grass' razor-sharp narrow leaves pose a danger for people and pets, so this plant should not be placed near sidewalks, pools, benches, or playgrounds.

In fact, the word cortaderia is related to the Spanish word cortar, to cut.

If you're considering planting ornamental grass in your yard, consider a low-maintenance Florida native, such as Fakahatchee grass (*Tripsacum dactyloides*), muhly grass (*Muhlenbergia capilaris*), or sand cordgrass (*Spartina bakeri*).

Sources: floridata.com, plantbook.org, edis.ifas.ufl.edu.

Plant Smart explores sustainable gar-



Silvery long plumes have made pampas grass a popular ornamental plant



Pampas grass, a native of South America, is a fast-growing large plant that can be invasive in favorable conditions

photos by Gerri Reaves

*dening practices that will help you create a low-maintenance, drought-tolerant, hurricane- and pest-resistant South Florida landscape.**

Yards And Neighborhoods Introductory Class

Florida Yards and Neighborhoods will present an introductory class about the nine principles that guide Florida-friendly landscaping in Lee County. It is taught by Lee County Extension Master Gardeners.

Each principle is explored in class, so participants can apply what they learn to their own yard. Plant selection and placement, efficient irrigation, proper mulching, and techniques to obtain a beautiful and healthy yard will be discussed.

The class will take place on Saturday, September 17 from 9 a.m. to noon, at the Eco-Living Center at Rutenberg Park, 6490 South Pointe Boulevard, Fort Myers.

Cost is \$8 per household. To register go to <http://lee.ifas.ufl.edu> and scroll down and click on icon WebTRAC. For more information call 533-7514.*

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 1 tablespoon orange juice
 1 tablespoon lemon juice
 1 tablespoon dry sherry (optional)
 1 tablespoon olive oil
 1 teaspoon honey
 1 teaspoon ground ginger

Preheat broiler. Place fillets in a single layer on a well-greased broiler-safe dish. Combine remaining ingredients in a small bowl and pour sauce over fillets. Broil 4 inches from heat source for 10 to 15 minutes or until fillets flake easily with a fork. Baste once during broiling with sauce in pan.

Yield: four servings

Nutritional Value Per Serving

Calories 265, Calories From Fat 89, Total Fat 10g, Saturated Fat 2g, Trans Fatty Acid 0, Cholesterol 83mg, Total Carbohydrates 7g, Protein 36g, Omega 3 Fatty Acid 0.60g

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Seafood Lovers Can Learn, Have Fun At New Event

A passionate educator with a love for marine biology, Rozalind Jester has delivered Southwest Florida's latest can't miss event – Ocean Commotion.

The September 10 festival is designed to celebrate the local seafood industry and stimulate the economy through heightened awareness. The second installment, hosted by Edison State College, is free to the public and promises a fun environment the entire family will enjoy from 10 a.m. to 2 p.m. on the terrace at Taeni Hall (Building S, Edison State College, 8099 College Parkway).

"My vision is to see it grow into an annual event that inspires our community to make healthy, sustainable choices, both for themselves and our ocean," said Jester, an oceanography professor at Edison State.

Ocean Commotion offers something for all with music, games, educational booths, guest speakers and a variety of food options. Many of the games and activities, like free face painting, are sponsored by Edison State's Office of Student Life and Phi Theta Kappa.

Educational booths range from live marine touch tanks from the Imaginarium to the U.S. Coast Guard Auxiliary's remote control boat Coastie, which displays safe boating practices, and displays on sustainable aquaculture. The event also features a raffle to win a two-night stay at the Outrigger Beach Resort on Fort Myers Beach sponsored by Lee County Seafood Savvy Coalition.

The Timbers Restaurant and Fish Market also will be preparing samples of Mote's sustainable farmed sturgeon.

"My hope is to bring awareness to marine environment issues that affect the health of fisheries in a way that is fun and enjoyable for the whole family," Jester said. "I want to teach people how to identify which types of seafood are the best to choose when at a restaurant or market; ones that are fished or farmed in environmentally friendly ways."

Jester earned her doctorate in Ocean Science from the University of California, Santa Cruz. The focus of her doctoral research was on the food-web ecology of toxic algae, specifically the organisms responsible for paralytic shellfish poisoning along the west coast of North America and elsewhere.

Among the activities at Ocean Commotion will be exhibits emphasizing the best practices to protect marine animals and vital habitats from groups like Ostego Bay Foundation, Keep Lee County Beautiful, Turtle Time Inc. and Sanibel-Captiva Conservation Foundation.

For information contact Dr. Roz Jester at 489-9428 or rjester@edison.edu.✪

From page 5

September Programs

Homeschooled students will learn how scientific laws are made, put laws and theories to the test, and understand scientific processes and how they lead to scientific discovery. Students and their parents can enroll in a half day of curriculum that follows the Florida Sunshine Objectives for Learning. The program follows the Lee County mandated program and addresses environmental science, history and reading SOLs. Pre-visit curriculum materials will be mailed to registered families. Registration required. Estates members are \$5; non-members are \$15 (one adult, one child), additional \$5 per child. Program recommended for grades 1 through 6.

Monthly Volunteer Meeting and New Volunteer Orientation, September 20, 9:30 a.m.

Join volunteer staff and "Mr. and Mrs. Edison" as they present their trips to Edison's Glenmont, New Jersey home and the Chautauqua Institute (Mrs. Edison's father was one of the founders). This is a regular monthly volunteer meeting and mandatory training for all new volunteers but potential volunteers are also welcome.

Quilting and Stitchery Demonstration, September 24, 10 a.m. to 1 p.m.

Quilters from the Southwest Florida Quilter's Guild and members of the Southwest Embroidery Guild will demonstrate quilting and stitching and will be available to answer questions. Items will be available for purchase. The quilters are preparing for the annual Clothesline Quilt Show on October 29, 10 a.m. to 2 p.m. Demonstration is free with purchase of Estates Complete Tour ticket.

Edison Garden Market vendor space available, November 19 and 20

The 4th annual Edison Garden Market has space available for plant growers, fruit producers, garden art and garden supply vendors. The Edison Garden Market attracts nearly 1,000 gardeners and visitors looking for unique and historical garden items including flowering trees, tropical plants and fruits, bougainvillea, orchids, roses, bromeliads, palms, cactus, herbs, bonsai, bamboo, fruit, ginger, butterfly plants as well as garden art, home and gardening supplies. For more information call 334-7419.

German Language Tour, Wednesdays, 10:30 a.m.

For German speaking visitors, the estates offers a German language tour led by a site historian on Wednesdays at 10:30 a.m. The tour includes the historic homes, gardens, and Edison Botanic Research Laboratory, all presented in German. Groups can schedule a German Language Tour, available throughout the week, by calling 334-7419.

Behind the Scenes Tour, Thursdays, 10:30 a.m.

Visitors can take a behind-the-scenes tour inside the Edison and Ford homes. These unique tours are offered at no cost to estates members and \$40 for non-members. Due to the intimate nature of these tours, space is limited and registration is required.

Estates Botanical Garden Tour, Tuesday and Saturday mornings, 10 a.m.

Botanical tours will be offered on Tuesdays and Saturdays at 10 a.m. The tour includes a walk through the historical gardens, and a behind-the-scenes tour of the Estates Propagating Nursery led by horticultural staff. Estates members are free, non-members \$24 for adults, and \$10 for children ages six to 12. Visitors may upgrade their ticket for \$6 to include a self-guided audio wand tour of the historic buildings and estates museum. Group botanical tours are available at a discounted price and may be scheduled

throughout the week by calling 334-7419.

The estates is open daily from 9 a.m.

Wine Tasting

The Daruma Divas Wine Tasting Party invites ladies to again participate in a special event at DaRuMa Japanese Restaurant on Thursday, September 8, from 6 to 8 p.m. The restaurant, located in Bell Tower Shops, is offering a four-course sampling for \$40. Half of this charge will benefit the Harry

Chapin Food Bank.

The four-course Japanese sampling will consist of a tuna and cucumber salad, Lobster California rolls, traditional salmon fried rice served with a side of lemon sauce, and blackened filet mignon, all paired with unique wines.

For additional information about the event and to make reservations, call 344-0037.✱



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Golf Tournament To Focus On Patriotic Theme This November

The Red, White and Blue Scramble, the 8th annual Shell Point Open Golf Tournament, will be held on Friday, November 11, at the Shell Point Golf Club in Fort Myers. The tournament, presented by The Legacy Foundation, will raise funds for the Waterside Medical Complex which offers medical and healthcare services to residents of Shell Point and the surrounding community. This complex includes the Larsen Pavilion, a 219-bed skilled nursing facility, a state-of-art rehabilitation center, and many more healthcare services.



All golf carts are equipped with GPS

"This year we will host the tournament on a very special day, 11-11-11, and plan to honor all veterans who are present as well as those who served in the past, present, and future," said Timothy Stephenson, executive director of the Shell Point Legacy Foundation. "This is our 8th year hosting the Shell Point Open, and we have received overwhelming support each and every year. Golfers and sponsors alike continue to support and enjoy this tournament because of developing friendships and the opportunity to help with a worthwhile cause. This tournament is just one way that we can help individuals receive the best healthcare possible, while also having some fun."

The tournament registration will begin at 7:15 a.m. UBS Financial Services Inc., The Scoggins/Moreland Group has offered to be the title sponsor for the event. The cost to play is \$125 per person, which includes 18 holes of golf plus cart, player gift bags, prize opportunities, breakfast, and lunch. Corporate sponsors include Wright



Shell Point Golf Club is an 18-hole championship course which is open to the public

Construction; The Alliance Development Fund; Harvey-Engelhardt-Metz Funeral Home; and Alexander & Hoover, CPAs, PA.

Anyone interested in learning more about this tournament or about making a tax-deductible donation to the Waterside Medical Complex at Shell Point, contact Deborah Henning at 466-8484.

The Shell Point Golf Club is an 18-hole Championship Golf Course that opened in 2000. The course offers a grass driving range and practice green, lessons, a fully stocked pro shop and snack bar, and all the golf carts are equipped with GPS monitors. The course is open to the public, and is located at the entrance to Shell Point Retirement Community in Fort Myers, Florida, just off Summerlin Road, two miles before the Sanibel Island Causeway. The Legacy Foundation was founded in 2002 as a non-profit organization serving the Shell Point community.✪

From page 10

Churches/Temples

UNITARIAN UNIVERSALIST CHURCH FORT MYERS

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7401 Winkler Road, Fort Myers, 481-4040, Pastor, Steve Hess
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9:30 a.m. contemporary; 11 a.m. blendings.
Sunday school, 9:30 a.m.✪

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press@riverweekly.com

Sponsors Sign On For Golf Tournament For Needy Children

Leading Edge Companies LLC will host its inaugural golf tournament Friday, October 7 at Gulf Harbour Golf & Country Club in Fort Myers.

Florida Cancer Specialists has signed on as the event's Bronze sponsor. Additional sponsors include Edison National Bank; Myers, Brettholtz & Company PA; and United Healthcare.

All proceeds from the tournament will benefit The Gabriel House, a home for abandoned, displaced, underprivileged and medically needy children.

"As we celebrate 30 years of service to Southwest Florida, we want to give back to the community that has supported us and now needs our support more than ever," said Don Raimsey, president of Leading Edge Companies. "We are thankful to our business partners who have come on board as sponsors and are looking forward to building this event in the coming years to raise increased funds for local nonprofits."

The event is open to the public. Registration begins at 7:30 a.m. followed by a shotgun start at 8:30 a.m. An awards luncheon will follow the tournament at Gulf Harbour Country Club with raffle drawings and prizes.

Registration is \$125 a person and \$450 per foursome. Sponsorships are still available from \$250 to \$4,000.

The Gabriel House aids children from birth to six years old who have been abandoned, discarded and are in need of medical treatment. The nonprofit rehabilitates and helps these children reach their highest level of independence and functioning. The home provides a compassionate Christian environment, which does not discriminate against race, creed or color. Over the past 20 years, The Gabriel House has helped rescue more than 300 children and get them medically treated and adopted across the United States. The Gabriel House is accredited by the state of Florida through Florida Statute 409.176.

"The Gabriel House community support enables us to continue caring for these very special children's daily and varied medical needs including clothing, food, medications, recreation and more," said The Gabriel House co-founder Edward Ravish.

To register or for more information, log on to www.leadingedgeonline.com or call 433-4471.✪



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From page 1

Derek Hess



Epic by Derek Hess

in adverse situations. Hess' work also appears in his own apparel company, Strhess Clothing.

He sells his fine art work around the world and has had solo shows in Berlin, Long Beach, Detroit, New York City, Dominican Republic, Dallas, and others. He has been featured on television shows including TLC, The Food Network, MTV, Fuse, VH1 and magazines such as *Alternative Press*, and *Juxtapoz*.

Meet the artist during September's Fort Myers Art Walk at HOWL Gallery. Reception starts at 6 p.m. Live music and belly dancing by What We Do will be presented on HOWL's back patio. Light refreshments will be provided. The show runs until October 3.

Howl Gallery is open Monday through Thursday from 11 a.m. to 8 p.m. and Friday and Saturday from noon to 10 p.m. at 1514 Broadway #101, Fort Myers. Call 332-0161 or go to howlgallery.com.*

From page 1

Becoming Cosmopolitan

"Harborside allows us to totally reinvent ourselves each year," said Sarah Owen, CEO of CCMI. "Last year we added the SoHo jazz club at the end of the event and we are taking that inspiration to a whole new level."

According to Owen, a number of lounges will be the backdrop for this year's event.

"Picture a night out on the town in a city like Los Angeles, New York or Miami," Owen said. "Attendees will be able to hop from lounge to lounge all within one venue."

This women's only evening features glamorous shopping with local vendors, gourmet hors d'oeuvres and cocktails, sinfully delicious chocolate and desserts with a silent auction, exciting raffles, a DJ and an after party, all in celebration of the cosmopolitan lifestyle in Southwest Florida.

Over 200 local women attended last fall's *Becoming Cosmopolitan* event.

"This year's event will be bigger and better than ever," said Deanna Hansen, chairwoman of the 6th Annual *Becoming Cosmopolitan*. "The monies raised will go a remarkably long way in helping CCMI assist the growing number of our local neighbors who need assistance feeding themselves and their families."

According to CCMI, the amount of the event ticket provides one month of Community Montessori Preschool education to a child of a working poor family, three months of emergency food to a family of four who is struggling, a Parent Training scholarship to a single mother who wants to learn how to read to her child, one month of hot meals to a family living in their car, or sponsors a weekend backpack for a child for an entire school year.

Sponsorships are still available

and range from \$1,000 to \$10,000. Donations for the event's silent auction are also being accepted.

CCMI is a nonprofit 501(c)(3) organization made up of social service entrepreneurs fighting to end homelessness and hunger in the community. The agency provides more than 14,000 meals each month through its Everyday Café and Marketplace and Home Delivered Meals programs. CCMI also educates 40 children in its Community Montessori, offers homeless and comprehensive case management services through its United Way Resource House, oversees emergency mobile food pantries and supplies weekend backpacks full of food to more than 1,500 children each school year.

CCMI serves Fort Myers and the greater Lee County area, including Bonita Springs, Cape Coral and Lehigh Acres.

CCMI works in partnership with United Way of Lee, Hendry and Glades, Harry Chapin Food Bank and various community foundations as well as collaborating with fellow community and service groups including the School District of Lee County and numerous churches, businesses and community support organizations. -

For more information, call 332-7687 or visit www.ccmileecounty.com.*

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Junior League Hosts State Public Affairs Conference In Fort Myers



Samantha Schosberg Feuer, Junior League of the Palm Beaches; Jennifer Wagner, Volusia County Commissioner; and Josh Wagner, Volusia County Board of County Commissioners for District 2

Foster care. Cyber crime. Child obesity. What can we do about them? Junior League delegates, community partners and public officials throughout Florida will convene at the Sanibel Harbor Resort and Spa from September 9 through 11 to debate these and other state and national issues that affect the league's programs and 2012 legislative priorities.

Hosted by the Junior League of Fort Myers, the conference includes topical seminars, a reception at the home of past president of the Junior League of Fort Myers, and a tour of the Harlem Heights Foundation.

The Junior Leagues of Florida State Public Affairs Committee has been the advocacy arm of the Junior Leagues of Florida for nearly 40 years, monitoring the state legislative process and addressing issues of political importance to the Junior League members. The State Public Affairs Committee represents 24 Junior League chapters

and 11,000 Junior League members across Florida.

The Junior League of Fort Myers Inc., a member of the Association of Junior Leagues International Inc., is an organization of women committed to promoting volunteerism, developing the potential of women, and improving the community through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable. For more information about Junior League, call 277-1197 or visit online at www.jlfm.org.

Class Open To Public Looks At Military Tribunals In U.S. History

The Academy at Shell Point will offer a presentation that looks at Military Tribunals in U.S. History led by Tom Eastwood, a consultant, lecturer, and "edutainer." This event will take place on Friday, September 9 from 1 p.m. to 2:30 p.m., in the Grand Cypress Room at The Woodlands. This event is open to the public, but space is limited so tickets are required to attend and can be purchased for \$10 each by calling 454-2054.

"This is a topic that has received a lot of media attention in the last decade," said Teri Kollath, manager of Academy and Volunteer Services. "We hope this presentation will offer an insightful and timely review of the lessons from our history and how those choices affected the country then and now. We are extremely pleased to have Mr. Eastman speak about this topic and offer his perspective."

Eastwood will discuss one the hottest issues facing our nation today – should terrorists be tried in U.S. or military court – by tracing the history of military tribunals from the American Revolution to the present.

Eastwood began his career with the Bureau of Alcohol, Tobacco and Firearms before transferring to the Department of Defense. His career also included conducting and leading counterintelligence and criminal investigations, and he also has served as a senior executive for the Internal Revenue Service.

The Academy at Shell Point is a lifelong learning educational initiative for the residents of the retirement community. The Academy provides anywhere from 70 to 90 classes each semester that encompass a well-rounded curriculum of educational opportunities for senior adults. The academy was named as one of 2008's most innovative active aging programs by the International Council on Active Aging, an association that supports professionals who develop wellness/fitness facilities and services for age 50-plus adults.

School Smart



by Shelley M. Greggs, NCSPP

Hello Readers, Here is the third and last column on resiliency. Now that we have a basic foundation in this topic, let's discuss the characteristics

of children who are resilient. Who are these kids and what do they do differently? Here is what the research from the Resilient Schools Program says.

Social competence

Resilient children tend to be responsive, have good social skills, are capable of initiating and sustaining close relationships with adults and peers, and are able to show appropriate empathy. They have good communication and conflict resolution skills, and an appropriate sense of humor. The basic elements of social competence include:

- Basic interaction skills (e.g., smiling, making eye contact, listening)
- Entry/approach skills (how to approach an individual socially or join a group)
- Maintenance skills (e.g., how to share, take turns, follow rules, co-operate etc.)
- Friendship skills (e.g., involve others in decision making, be inclusive, etc.)
- Conflict resolution

- Empathy
- Communication of needs and ideas
- Sense of humor
- Assertiveness (how to say no and stand up for oneself, etc.)

Problem-solving skills

The ability for effective problem solving is essential for resiliency. The resilient child is generally able to think creatively, flexibly and skillfully in dealing with problems. They are able to ask adults for help when needed. Starting at about age 11 or 12, when children begin to think abstractly, is a good time to teach them a general problem-solving model, although with guidance, younger children can be taught the initial problem identification. Here is a basic problem-solving model:

- Identify the problem
- Brainstorm solutions
- Evaluate potential solutions, choose the best solution, and put it into action.
- Evaluate the outcome. If it does not solve the problem, repeat the process.

Autonomy

A degree of autonomy is essential for the development of good problem-solving skills. If children do not have a sense of their own independence, they will continually rely on adults around them to solve their problems, and they will not develop their own problem-solving skills. Parents can promote children's autonomy by:

- Encouraging them to take on age-appropriate responsibilities at home such as caring for a pet.
- Assisting them to think of their own solutions to problems rather than stepping in and solving the problem for them.
- Teaching children that it is okay to

make mistakes and fail.

- Encouraging them to make their own choices when appropriate rather than choosing for them.

Optimism

In regard to resiliency, optimism refers to a sense of a positive future, a tendency to find positive meaning in experiences, and a belief in one's ability to impact positively on one's environment. Some children tend to be naturally optimistic and persistent in the face of obstacles. Others are more sensitive to setbacks and inclined to taking things poorly. However, optimism is a learnable skill. Children can learn optimism by observing people around them, such as parents, or by learning how to be optimistic as a skill that can be taught to them.

Clearly as parents there is much that you can do to help your children become resilient. Teaching and modeling for them good social and problem-solving skills, encouraging autonomy and demonstrating an optimistic outlook will go a long way in developing resiliency in your children.

Ms. Greggs is adjunct faculty at Edison State College where she teaches psychology and education courses. She is also Nationally Certified School Psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.

Guatemala Symposium

The Renaissance Academy and Continuing Education and Off-Campus Programs at Florida Gulf Coast University present an informative symposium on Guatemala and the ancient Maya culture, 8:30 a.m. to 1 p.m., Thursday, November 3 at the Sugden Welcome Center.

Topics include a photographic overview of the country and current thoughts about what led to The Maya Collapse, challenges in contemporary Guatemala, malnutrition and sustainable solutions for the country, and a presentation by anthropology students and members of the Anthropology Club with insights into Mayan weaving, a means of life for Guatemalan women. School of Nursing faculty will share about the Global Public Service Academy for Health summer STEM program, International Health-Guatemala, which brought eight students to the small town of Calhuitz this summer to assist in community health activities.

Registration is from 7:30 to 8:15 a.m. A continental breakfast will be served. Three contact hours are available for health and human services professionals. Program fee is \$60. To register, go to <http://registerra.fgcu.edu>. For more information contact Christina Gallagher, program manager for Continuing Education & Off-Campus at 425-3270.

A Ribbon Cutting – Hot Dog!



Chamber Ambassador Norma Jean Pevey, Annie Ulrich, Dwayne Bowes of Residence Inn, Chicago Dog House Co-owners Barry and Allen Brooks, Chamber Ambassador Terry Luster, Sheilla Lyons and John Albion from the Chamber

On Wednesday, August 17 the Fort Myers Beach Chamber of Commerce held a ribbon cutting at Chicago Dog House operating out of the Lani Kai Beach Resort at 1400 Estero Boulevard on Fort Myers Beach.✱

Alva Community Center Programs

The after-school program at the Alva Community Center is Club Rec. Looking for an afterschool program? Participants will learn the benefits of recreation, healthy lifestyles, teamwork, caring for and understanding nature. Organized games, activities, clubs, homework time, reading, sports, arts and crafts, inside/outside activities.

Ages second grade to 12 years old.

Club Rec is offered only on days when school is in session that are not a county holiday.

Session I, August 8 to December 21.

Session II, January 5 to May 24.

Cost is \$100.00 per session/participant. Total fee \$200.00 per school year.

Time: 2:30 to 6 p.m.

For more information or to register, call-728-2882

The Alva Community Center is located at 21471 North River Road in Alva.

• Dance Gymnastic, Baton and Jazz with Susan Katz.

Session starts September 13. For more information call instructor Susan Katz at 369-0404.

Thursday 6 to 6:45 p.m. Baton and Jazz \$35.

Thursday 6:45 to 7:30 p.m. Dance Gymnastic \$35.

Ages five to 16 years old.

• Home School PE. Looking for an opportunity for your home schooled child/children to get out and make new friends, as well enjoy numerous physical activities? Home School PE is an all-around good time in a non-competitive environment.

Ages five to 15 years old.

Session starts on September 13.

Registration fee \$10 per five weeks/session.

Tuesday, 1 to 2 p.m.

Required: tennis shoes, water bottle, sunscreen lotion, hats/shades.

Participants should expect to be outdoors for this program.

• Fun Day. Come spend your teacher in-service day having fun with friends. Day may include games, swimming, crafts, music, or a field trip. Call the center for more information.

Price does not include trip cost (when applicable).

Bring a bag lunch/snacks and wear tennis shoes.

September 30.

\$15 per participant

7:30 a.m. to 6 p.m.

Ages six to 13 years old.

For information, call 728-2882 or visit www.leeparks.org.✱

North Fort Myers Community Center Class

North Park Fitness Strength Training & Toning Class
\$28 per month (eight classes monthly)

Classes take place every Tuesday and Thursday from 8:45 to 9:45 am. Ages 18 to 99.

This class is held at the North Park Community Center at 2021 North Tamiami Trail in North Fort Myers.

Safely build muscles and tone your body through a variety of stretches, basic squats, lunges, bicep curls, push-ups and

more (using light hand weights and ankle weights if desired). Improve your muscle mass, bone density and metabolism with simple exercises that yields big results.

This is a one-hour class.

Session 1 September 6 through 29

Session 2 October 4 through 27

Session 3 November 1 through 24

Session 4 November 29 through

December 22

Session 5 January 13 through 26

Call Christine at 652-4512 for more information. Call 533-7440 to register or go to www.leeparks.org. Registration #134216.✱

Read us online at
IslandSunNews.com

Director Of Academic And Medical Education Appointed

Lee Memorial Health System recently announced the appointment of Eric Goldsmith, DO, FACOS as medical director of academic and medical education. Goldsmith will oversee academic activity for the health system. He reports to Scott Nygaard, MD, chief medical officer, physician services and will be working closely with him to implement continuing medical education and research programs. In this role, Goldsmith will be working with the community to establish and maintain educational partnerships, including the recently announced Graduate Medical Education program, which is a residency program being established to train new family physicians.

Goldsmith is a board certified general surgeon who has been with Lee Memorial Health System for five years. He will continue to practice medicine in addition to his new role as medical director of academic and medical education.

He is a graduate of the University of Osteopathic Medicine and Health Sciences in Des Moines, Iowa. He completed a residency in general surgery at the Metropolitan Hospital in Springfield, Pennsylvania and completed additional oncology training at Memorial Sloane-Kettering Hospital in New York City. Goldsmith completed fellowships with the International College of Surgeons, the American College of Osteopathic Surgeons and the American Society of Abdominal Surgeons.✱



Dr. Eric Goldsmith

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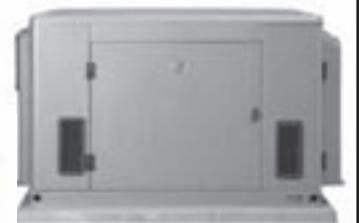
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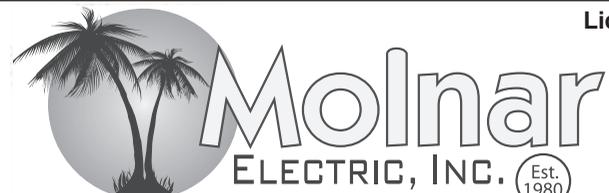


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Mental Health Expert To Speak

Award-winning journalist and nationally known mental health advocate Pete Earley will be in Fort Myers Friday, October 7, to discuss the need for mental health reform at a luncheon hosted by Hope Clubhouse of Southwest Florida.

The presentation in observance of Mental Health Awareness Week will be at the Broadway Palm Dinner Theatre, 1380 Colonial Boulevard in Fort Myers at noon. The Broadway Palm Dinner Theatre and Stephen Prendiville, MD, of Facial Plastic and Reconstructive Surgery were the major sponsors at press time.

Earley, who is the author of 13 books, also will be available for book-signing immediately after his presentation.

"We are very honored that Pete Earley has agreed to join us for our first annual luncheon in recognition of Mental Health Awareness Week," said Hope Clubhouse executive director Debra Webb. "Because of his expertise, he has been asked twice to testify before the U.S. Congress about the need for mental health reform and has given lectures throughout the world."

Earley is best known as the author of *CRAZY: A Father's Search Through America's Mental Health Madness*, which was one of two finalists for the 2007 Pulitzer Prize.

His book tells two stories. The first is his struggle to get his son help after he develops a severe mental illness. The second story is based on nine months that Earley spent inside the Miami Dade County jail where he followed persons with mental disorders through the criminal justice system and out into the streets to see what happened to them. His book has won awards from the American Psychiatric Association, National Alliance on Mental Illness and Mental Health America.

A former reporter for *The Washington Post*, Earley is the author of nine nonfiction books and three novels. His first book, *Family of Spies: Inside the John Walker Spy*



Pete Earley

Ring, was a *New York Times* best-seller and was made into a five-hour miniseries, that won three Emmys and was broadcast on CBS Television.

For his book *The Hot House: Life Inside Leavenworth Prison*, Earley spent a full year as a reporter inside a maximum security prison. His book, *Circumstantial Evidence*, helped lead to the release of a black man from death row after he had been wrongly convicted of murdering a white teenager in Alabama.

Tickets for Earley's Fort Myers appearance cost \$35 including lunch and \$50 with 1.5 CEUs from Florida Gulf Coast University for mental health professionals. Tickets are available at Hope Clubhouse at 267-1777 or may be purchased online at www.hopeclubhouse.org. Tables for eight may be purchased for \$500.

For more information about Hope Clubhouse, visit www.hopeclubhouse.org.✱

Dr. Dave

Body Scanning



by Dr. Dave Hepburn

Being a Wisequack means making wisecracks at every opportunity where doing so fulfills some innate need in my soul to prevent me from ever truly maturing.

I remain in the chrysalis phase of life and doubt I will ever really metamorphose into the butterfly or a seersucker munching moth that I should be. Fellow Wisequack Rob Sealey is frankly, well... larval.

And so it was that traveling back from Phoenix, I couldn't resist myself while standing in a full body scanner at airport security with my arms in the air looking like I got my shoulder joints stuck halfway through performing the crowd wave at my son's hockey game. I turned to the TSA security gal and winked, "I feel like I need a smoke. Was it good for you?"

But my wife thought that this was pretty lame repartee for me. "What you should have said, dear," she suggested is, "Ummm listen, I was just swimming..."

"Babe, that's a great line!! That's absolutely hilari... wait a second! ...in the Arctic Ocean."

Gone through the full body scanner yet? The technique usually involves FM radio waves which, if tuned properly should be playing Barrys White and Manilow, given the intimate experience that awaits. For those who prefer not to go through these scanners, you can opt, as Sealey does, for a pat down. In fact, I heard him once ask for a cavity search believing he could get a cheap dental check up. Should have seen the size of his pupils after his check up, as "they checked up everything except my friggin' teeth."

But taking a good look inside our bodies is a huge part of everyday medicine and as technology reveals new technological technologies, diagnostic imaging has improved dramatically. One of the brightest new lights is the PET scan, more commonly known as positron emission tomography.

Getting all the details from the pet shop boys, I am told that PET scans are extremely sensitive scans that allows doctors to see how organs function rather than simply looking at a fuzzy still image of them. It's like the difference between snapping a still photo of, say a parliamentary debate or actually watching a

3D video of assorted vegetables, clothing accessories, pagers, pages being hurled across those esteemed seats of government. PET scans like to look at the metabolically active areas of our body that use a lot of energy ie. sugar that comes from our diet, our tissues and of course our lovely Snickers Bar organ.

Currently, PET scans are most commonly dealing with detecting and assessing treatment of cancer. When a cancer occurs in our body, the nasty cancer cells are very metabolically active as they multiply like an Osmond family in the spring. Because those cells are so active, they suck up a lot of sugar, virtually stealing it from the rest of the body and literally starving out our pleasant normal cells. This starvation is why the symptom of unexplained weight loss may be an indication that there is an active cancer.

PET scans actually show us where there is this increased metabolic activity in our body. If it locates an area of high metabolic activity then there could well be a cancer present. If during cancer treatment, a PET scan shows no decrease in that metabolic activity, then that particular treatment regime may not be working so well.

Besides the cancer world, PET scans are also very useful in detecting heart problems (such as coronary artery disease and damage to the heart following a heart attack), brain disorders (including brain tumors, memory disorders, seizures) and other central nervous system disorders.

But should, one day, you decide to get a PET scan, or a body scan of any type... don't go swimming first.

Like the column? You'll LOVE the book the Doctor is In(sane), available at Sanibel Island Bookshop. Contact Dr. Dave or read more at www.wisequacks.org.✱

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TRIVIA TEST

1. **MONEY:** What country's currency is the baht?
2. **LITERATURE:** What famous adventure novelist was born with the name John Chaney?
3. **BIBLE:** Which Old Testament figure's name means "laughter" in Hebrew?
4. **HISTORY:** What city was the capital of Russia from 1712 to 1918?
5. **GENERAL KNOWLEDGE:** When was Al Capone imprisoned for tax evasion?
6. **MYTHOLOGY:** Where was King Arthur buried, according to the myth?
7. **GEOGRAPHY:** Where does the Horn of Africa lie?
8. **ANIMAL KINGDOM:** What kind of poisonous arachnid also is referred to as a "violin" or "brown fiddler" spider?
9. **LANGUAGE:** What is another way to describe someone who is "perfidious"?
10. **MOVIES:** What is the last name of "Dirty Harry," the character played by Clint Eastwood?

ANSWERS

1. Thailand 2. Jack London 3. Isaac 4. St. Petersburg 5. 1931 6. The Isle of Avalon 7. East Africa 8. The brown recluse spider 9. Treacherous 10. Callahan

SPORTS QUIZ

1. Entering 2011, how many times had Jim Thome tallied at least 20 home runs in a season?
2. Name the last international team before Japan in 2010 to win the Little League World Series.
3. In 1976-77 and 1986-87, the Tampa Bay Buccaneers had the No. 1 overall draft pick each year. Name three of the four players selected.
4. Tom Izzo is the longest-serving Big Ten men's basketball head coach, having led Michigan State since 1995. Who is second in Big Ten tenure?
5. Who was the oldest NHL player to get his first hat trick before 40-year-old Nicklas Lidstrom of Detroit did it in 2010?
6. When swimmer Michael Phelps won his 16th career Olympic medal during the 2008 Summer Games, whose record did he break for men's total medals?
7. In 2011, Rory McIlroy became the youngest golfer (21) to hold at least a share of the lead after the first day of the Masters. Who had held the mark?

ANSWERS

1. Sixteen of 20 seasons entering 2011. 2. Curacao. in 2004. 3. Lee Roy Selmon (1976), Ricky Bell ('77), Bo Jackson (.98) and Vinny Testaverde (.87). 4. Bill Carmody has been the head coach at Northwestern since 2000. 5. St. Louis' Scott Mellanby was 36 when he got his first hat trick in 2003. 6. Russian gymnast Nikolai Andrianov. 7. Steve Balisteros was 23 when he did it in 1980.

My Stars ★★★

FOR WEEK OF SEPTEMBER 5, 2011

ARIES (March 21 to April 19) As tensions ease on the home front, you can once more focus on changes in the workplace. Early difficulties are soon worked out. Stability returns as adjustments are made.

TAURUS (April 20 to May 20) A new romance tests the unattached Bovine's patience to the limit. But Venus still rules the Taurean heart, so expect to find yourself trying hard to make this relationship work.

GEMINI (May 21 to June 20) It's a good time to consider home-related purchases. But shop around carefully for the best price -- whether it's a new house for the family or a new hose for the garden.

CANCER (June 21 to July 22) A contentious family member seems intent on creating problems. Best advice: Avoid stepping in until you know more about the origins of this domestic disagreement.

LEO (July 23 to August 22) A recent job-related move proves far more successful than you could have imagined. Look for continued beneficial fallout. Even your critics have something nice to say.

VIRGO (August 23 to September 22) Ease up and stop driving yourself to finish that project on a deadline that is no longer realistic. Your superiors will be open to requests for an extension. Ask for it.

LIBRA (September 23 to October 22) You should soon be hearing some positive feedback on that recent business move. An old family problem recurs, but this time you'll know how to handle it better.

SCORPIO (October 23 to November 21) Some surprising statements shed light on the problem that caused that once-warm relationship to cool off. Use this newly won knowledge to help turn things around.

SAGITTARIUS (November 22 to December 21) Your spiritual side is especially strong at this time. Let it guide you into deeper contemplation of aspects about yourself that you'd like to understand better.

CAPRICORN (December 22 to January 19) Your merrier aspect continues to dominate and to attract folks who rarely see this side of you. Some serious new romancing could develop out of all this cheeriness.

AQUARIUS (January 20 to February 18) You're always concerned about the well-being of others. It's time you put some of that concern into your own health situation, especially where it involves nutrition.

PISCES (February 19 to March 20) Just when you thought your life had finally stabilized, along comes another change that needs to be addressed. Someone you trust can help you deal with it successfully.

BORN THIS WEEK: You have a sixth sense when it comes to finding people who need help long before they think of asking for it. And you're right there to provide it.

THIS WEEK IN HISTORY

- On Sept. 7, 1813, the United States gets its nickname when a New York newspaper refers to "Uncle Sam." The name is linked to meat packer Samuel Wilson, who supplied barrels of beef to the United States Army during the War of 1812. Wilson stamped the barrels with "U.S." for United States, but soldiers began referring to the grub as "Uncle Sam's."

- On Sept. 6, 1847, writer Henry David Thoreau moves in with Ralph Waldo Emerson in Concord, Mass., after living for two years in a shack he built himself on Walden Pond. In 1854, his collection of essays, "Walden, or Life in the Woods," is published.

- On Sept. 10, 1919, almost a year after the end of the First World War, New York City holds a parade to welcome home Gen. John J. Pershing, commander in chief of the American Expeditionary Force, and some 25,000 soldiers who had served on the Western Front.

- On Sept. 11, 1930, Katherine Anne Porter's first collection of short stories, "Flowering Judas," is published. During her lifetime, she published 25 stories and one novel, "Ship of Fools," which took her more than two decades to complete.

- On Sept. 5, 1958, Boris Pasternak's romantic novel "Dr. Zhivago" is published in the United States. The book infuriated Soviet officials, but admirers of Pasternak's work began to smuggle the manuscript out of Russia piece by piece. The book won the Nobel Prize for Literature in 1958.

- On Sept. 9, 1965, Los Angeles Dodgers pitcher Sandy Koufax hurls the eighth perfect game in major-league history, leading the Dodgers to a 1-0 win over the Chicago Cubs at Dodger Stadium. Koufax retired after the 1966 season at just 30 years old because of arthritis in his elbow.

- On Sept. 8, 1974, President Gerald Ford pardons his disgraced predecessor Richard Nixon for any crimes he may have committed or participated in while in

office. The Watergate scandal erupted after it was revealed that Nixon and his aides had engaged in illegal activities. With impeachment proceedings under way, Nixon became the first American president to resign.

STRANGE BUT TRUE

- It was way back in the 17th century when noted Scottish scholar Patrick Young made the following sage observation: "The trouble with weather forecasting is that it's right too often for us to ignore it and wrong too often for us to rely on it."

- About once a week, a frog will shed its skin. Then eat it.

- If you've watched many old Westerns, you've doubtless seen Native Americans scalping their enemies. You probably don't realize, though, that the brutal practice didn't originate with the Indians. When the Dutch and English settlers were trying to clear out the natives, they were paid a bounty for each scalp they brought back. The Native Americans adopted the practice only after the Europeans' arrival on the continent.

- The country's first pizzeria opened in 1895 in, unsurprisingly, New York City.

- Those who study such things say that 70 percent of Americans have visited either Disneyland, in California, or Disney World, in Florida.

- If you want to have an especially memorable - and chilly - vacation, consider heading to Finnish Lapland. There, more than 150 miles north of the Arctic Circle, you can stay at the Kakslauttanen Hotel. The quarters aren't luxurious, but the sights are amazing. All the accommodations are geodesic glass igloos, offering amazing views of the aurora borealis.

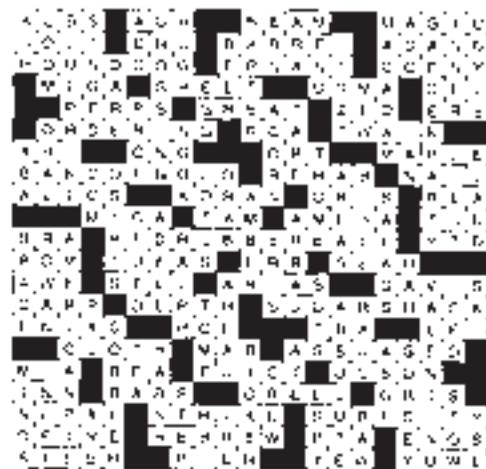
- Are you a snollygoster? If so, you're shrewd, which isn't a bad thing, but you're also rather lacking in principles.

- When Andrew Jackson was running for president in 1828, his opponents called him a stubborn jackass. Jackson was proud that he was known for obstinately sticking to his guns, so he started using the image of a donkey on his campaign materials. The Democrats have been using that symbol ever since.

THOUGHT FOR THE DAY

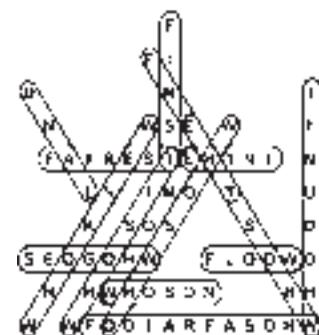
"Everyone, in some small sacred sanctuary of the self, is nuts." - Leo Rosten

PUZZLE ANSWERS



D	A	F	T		M	I	R	A		H	A	H	
O	B	O	E		L	B	O	N		A	L	E	
H	A	R	M	O	N	I	C	A		R	O	W	
			P	L	U	S		G	A	L	E	N	
A	C	H	E	D		E	R	I	E				
P	A	A	R		P	E	M	A	R	Q	U	E	
E	R		G	O	L	E	M		U	S	A		
D	E	B	O	N	A	I	R		H	I	E	D	
			I	V	A	N		L	E	N	D	S	
J	O	N	A	S		D	O	O	R				
F	G	G			H	A	R	D	Y	B	O	Y	S
F	R	F			F	Y	F	O		A	R	U	T
P	E	R			S	E	W	S		L	I	M	Y

WIKIPEDIAN



dearPharmacist

Prepare Yourself For Emergencies



by Suzy Cohen, RPh

Dear Pharmacist: I just dealt with the ramifications of the earthquake in Virginia and now a hurricane is barreling towards us. What tips can you offer?

TR, Richmond, Virginia

Answer: Great question. Depending on where we live, we might face earthquakes, tornadoes, power outages, flash floods, fires or hurricanes. Climate-related disasters give us little or no time to think about our medications, because we are focused on protecting our family, the property and staying safe. The following tips should help with your emergency preparedness:

Have a written list of all your medications that includes dosage, directions, your local pharmacy and physician and their phone numbers. Include both the generic and brand names. Pharmacies can actually print you a comprehensive list, but make sure it's current.

You want to be able to grab your medications and dietary supplements, and go! I suggest you buy a toiletry or

make-up bag today, and store a 10-day supply of medications in it. Make sure your name is in it. Only take important medicines, like those used for epilepsy, blood pressure, pain, heartbeat rhythm, asthma, migraines, diabetes, and so forth. Keep the drugs in their original pharmacy container. Rescuers and relief team members may dispense your medications to you, so it must be correctly labeled. Include a water bottle so you can take your medicine when needed, a flashlight and a spare set of eyeglasses. A little first aid kit would be wise to have.

If you take refrigerated medications like insulin, then you have two options. Option one is to buy a little ice pack and keep it frozen, preferably in a sealed baggie. That way, when the power goes out, grab the ice pack from your freezer, drop it in that toiletry or tote bag, and go. Option two is to purchase a ready-made cooling case, usually sold in the diabetes section of your pharmacy and online. This stores insulin, and some might fit antibiotic suspensions, suppositories, growth hormone or epoetin (Procrit, Epogen). Two popular cooling cases are made by Frio and Medicool. These are great for regular travel too.

If you live in a region where fires are common, keep a 10-day supply of medications in a fire-safe box. It's not a bad idea for anyone to do this. I did a quick search on the Internet and found two companies, Sentry and First Alert, that sell boxes which are both fire-safe

and waterproof. Another consideration is to purchase a little plastic waterproof container. Look in the boating section of your sporting goods store.

If you are prone to floods, or live in a hurricane zone, water purification tablets aren't a bad idea. They use chlorine dioxide to destroy microorganisms within 15 minutes, killing *giardia*, *cryptosporidium* and other pathogens. Hikers and campers often carry these. One popular brand is Katadyn Micropur tablets. These tablets are usually available at places like REI sporting goods stores and online.

This information is not intended

to treat, cure or diagnose your condition. Suzy Cohen is the author of *The 24-Hour Pharmacist* and is a registered pharmacist. To contact her, visit www.dearpharmacist.com.*

Send your editorial copy to:
press@riverweekly.com

Support Group For Families Of Long-Term Care Facility Residents

A support group specifically for families of nursing home and assisted living facility residents will meet September 20 at 10 a.m. at the Dubin Alzheimer's Resource Center, 10051 McGregor Boulevard, Suite 101, Fort Myers.

The focus of this support group meeting is issues, concerns, and questions families face as they cope with placing a loved one in a long-term care facility. The group is open to all interested families of nursing home or assisted living residents at no charge.

The Alvin A. Dubin Alzheimer's Resource Center, a United Way partner agency, provides informational, educational, and supportive assistance to individuals with Alzheimer's disease and related disorders and their caregivers. For more information, call the center at 437-3007.*

From page 1

Art Walk

- **HOWL Gallery:** Opening reception for a new exhibit featuring the fine art of Ohio based rock concert poster icon Derek Hess.

- **In One Instant:** Opening of Snap Flash Photo: Photography Portfolio of David Dack Maki.

- **Leoma Lovegrove:** *America* showcases Lovegrove's patriotic spirit and brilliant colors. Percentage of sales benefits local NYPD 10/13 in tribute to the fall of the 9-11 attacks on America 10 years ago.

- **Sidney & Berne Davis Art Center:** Opening for master artist Stacie Krupa's *Sassy Spicy Soulmates - Seahorses, Sea Turtles & Salty, Socialite Friends*.

- **Space 39 Gallery:** Group art show.
- **Szygy Gallery:** Spiritual and religious art by Christina Jarmolinski.

Held the first Friday of every month from 6 to 10 p.m., Art Walk features local and national artwork in the downtown art galleries and several art stops in the Fort Myers River District. The evening culminates with an after party at 10 p.m. The September after party will be held at Spirits of Bacchus on Hendry Street.

Another highlight of the very popular evening is the weekly Friday Night Live free concert series which takes place in the Patio de Leon. Sista Sanjah (reggae) will perform from 6 to 9 p.m.

New Art Walk buttons will be available at galleries that night. Art Walk T-shirts in red or black are available for a \$12 donation at the IberiaBank gallery showcase during Art Walk.

A free shuttle service courtesy of Select Transportation Inc., with stops planned near the art venues, and parking at the Harborside Event Center will

be available for patrons. Shuttle stops include The Oasis Condominiums, Art of the Olympians, and the Patio de Leon entrance at First Street.

In October, look for the return of the seasonal Saturday Art Fair along the sidewalks of downtown. This will be the third year for the monthly Saturday Art Fair which runs October through April. This year, the art fair is a juried event. To find out more about the art fair, contact Claudia Goode at 337-5050.

Art Walk is a rain or shine event. October of 2008. For more information visit www.fortmyersartwalk.com.*

Sigma Sigma Sigma Meetings

Alumnae of the social collegiate sorority, Sigma Sigma Sigma, meet monthly in the Fort Myers area. The meetings are held at various locations on the first Thursday, normally at 6 p.m. Light dinners are served, followed by a business meeting and program. All alumnae of the sorority are invited to attend.

The next meeting will be held on Thursday, September 8, at 6 p.m.

Information about the chapter and meetings can be obtained by calling 332-1140 or email at jgnagey@comcast.net.*

Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

I am in my late sixties, widowed for five years and living in the same house for the last 45 years.

I thought I was managing well, but I started to have severe allergy problems and my doctor suggested I have the house inspected for molds.

I contacted a local man who frequently does home inspections. He told me I had a terrible problem. My house was full of termites and mold in addition to many other structural problems. He estimated to correct my problems it would cost me \$40,000. I was inconsolable.

A friend suggested I contact the best company with the highest credentials. After their inspection, they told me that I have no termites, no structural damage but a bad case of mold and it would cost \$3,000 to repair. They also told me that the house inspector was just taking advantage of an elderly widow. I had the problem corrected and my sniffing and headaches are almost all gone. Just passing my experiences on.

Louise

Dear Louise,

There is little doubt that the elderly can be victims of fast-talking thugs. The economy being what it is will encourage more criminal activity and people who will do anything to get extra cash for their own use. Many times it is far more economical, in the long run, to contact the most qualified and then go from there to decide the best plan of action.

Lizzie

Dear Louise,

There are many people offering honest work and unfortunately just as many people looking for ways to take advantage of others. Individuals of all sizes, age and education can be hoodwinked, thus the adage, "Let the buyer beware." Keeping informed, trusting your intuition, and pursuing multiple options are your best strategies.

I am glad that your sniffles are gone, and thank you for sharing your experiences so that others may stay informed.

Pryce

Lizzie and Pryce's email address is momandmeaging@hotmail.com.*

Read us online at
IslandSunNews.com

From page 6

Lakes Regional Library Programs

age group depends on adult participation and encouragement. Toddler storytime lasts approximately 30 minutes.

• Family Storytime

11 a.m. Wednesdays, September 7, 14, 21, 28

This program is for the whole family and lasts about 30 minutes. Registration is required.

• Baby-Parent Rhyme Time

10 a.m. Mondays, September 12, 19, 26

Be prepared to tickle, jump and fly with your baby! These rhymes and songs are for infants up to 24 months, accompanied by an adult. This 20-minute program is filled with songs designed to introduce rhyming and movement to infants. Registration is required.

• Library 101: Tour the Library

10:30 a.m. Thursday, September 15

Are you new to the area or just to the library? Are you homeschooling and looking to introduce your kids to one of the greatest resources around? Join us for our Library 101 class and take an official tour of the library. See behind the scenes. For all ages. Registration is required.

Children

• Fairy Tale Festival

10:30 a.m. Thursday, September 1

It's an all-out celebration of some of the greatest fairy tales and a few that might be less familiar. Play pin the tail on Puss in Boots, Kiss the Frog and other games. A craft will follow. For ages five and younger. Sponsored by the Friends of the Lakes Regional Library.

Registration is required.

• Kids Read Down Fines

4 to 5 p.m. Thursday, September 8

Do you have library fines? Take care of them by reading. Children and teens can earn a \$2 coupon for every 15 minutes of reading during the allotted time in the designated area of the library. For ages 18 and younger.

• Preschool Storytime

11 a.m. Mondays, September 12, 19, 26

Preschoolers (ages three to five) attend this storytime independently while parents or caregivers wait nearby in the library building. This storytime includes activities that require more participation and a longer attention span. Each preschool storytime lasts about 30 minutes. Registration is required.

• Library 101: Tour the Library

10:30 a.m. Thursday, September 15

Are you new to the area or just to the library? Are you homeschooling and you're looking to introduce your kids to one of the greatest resources around? Join us for our Library 101 class and take an official tour of the library. See behind the scenes. For all ages. Registration is required.

• Football Frenzy

4 p.m. Thursday, September 22

Celebrate football. Join in the excitement! There will be games, activities, and a craft. For grades kindergarten through five. Sponsored by the Friends of the Lakes Regional Library. Registration is required.

Teens

• Kids Read Down Fines

4 to 5 p.m. Thursday, September 8

Do you have library fines? Take care of them by reading. Children and teens can earn a \$2 coupon for every 15 minutes of reading during the allotted time

in the designated area of the library. For ages 18 and younger.

The Lakes Regional Library is located at 15290 Bass Road in Fort Myers. For more information about a program or to register, call the library at 533-4000. A sign language interpreter is available with five business days' notice to library staff. Assistive listening system available;

request at desk.

Check the Lee County Library System's website at <http://library.leegov.com>, or pick up an events calendar to find out about programs at other locations. Call the host library, or Telephone Reference at 479-INFO (4636), for more information about a specific program.✪

Financial Focus

Keep Your Investment Working Hard - All Year Long



by Jennifer Basey

On September 5, we observe Labor Day, which is dedicated to the social and economic achievements of American workers. Of course, if you're like most people, work is

essential to your life, both as a means of personal fulfillment and as a necessity for achieving your financial goals, such as a comfortable retirement. But if you're going to attain those goals, you'll want your investments to work as hard as you do.

For that to happen, you'll need to take these steps:

- Know your investment objectives. Whether you work in an office, a manufacturing plant or any other venue, your goal is to produce a clearly identifiable result. And the same should be true for the way that you invest. In other words, you should know exactly why you own

every single one of your investments – because only then will you have a clear, unified strategy for achieving your desired outcomes.

- Keep investing. As a diligent worker, you show up to work every day because you know that this type of consistency is necessary for success. A similar principle applies to your investing "career." By investing steadily, year in and year out, you have a much better chance of reaching your objectives than if you were to take periodic breaks. Of course, when the financial markets are volatile, it can be tempting to take a "timeout," but this stop-and-start approach can lead to missed opportunities. For example, if you jump out of the market when it's down, you might miss out on the early stages of the next rally.

- Build a productive portfolio. Generally speaking, the most industrious workers are also the most productive ones. And just as productivity is an asset in the working world, it's important in the investment world, too. Strive to own a mix of investments in a balanced portfolio, based on your risk tolerance, time

continued on page 27

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From page 14

Great Blue Heron

"July 26 was a big day for him," Dr. Jess smiled. "He was eating well. He was standing in his cage reliably. We moved him to a smaller cage inside so he could stretch out some. Each time I went out to see him, he was up on a perch or shelf, which was very promising. We monitored his appetite and he was eating very well and was very active."

About a week later, the heron was moved to a larger cage where he could actually fly and staff could continue to monitor his flight to make sure that he was getting lift properly, flying without a lot of noise, and that his lift was adequate to fly up and around things. He spent just over two weeks in the large cage getting his bearings and practicing.

The great blue heron was released August 18 in Fort Myers as

close as possible to the place where he was found, as is CROW's practice. This is especially important for a great blue heron as they are very territorial and, if released somewhere other than "home," he would most likely compete for someone else's territory.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from the Gulf Coast of Florida. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: www.crowclinic.org.

From page 26

Financial Focus

horizon and long-term goals.

- Develop your investment skills. To truly be a good worker, you need a set of skills, such as initiative, the

ability to make decisions and the willingness to work on a team. However, throughout the course of your career, you may also need to add new technical proficiencies so that you can stay on top of developments in your field and maintain your productivity. As an investor, you also need some "core competencies," such as patience, discipline and the ability to prioritize goals. But you also need to stay current on financial products, the economy, the markets and changes in tax- and investment-related laws. To help expand your knowledge base and receive timely guidance, you may want to work with a financial professional.

Labor Day comes just once a year. But by keeping your investments working hard 365 days a year, you can keep making progress toward the lifestyle you've envisioned.

Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edward-jones.com.

PUZZLE ANSWERS

SUDOKU

3	8	7	1	2	4	5	6	9
9	6	4	3	5	7	1	8	2
5	1	2	8	9	6	3	7	4
2	3	6	7	4	9	8	5	1
7	5	8	6	1	2	4	9	3
4	9	1	5	8	3	6	2	7
6	4	9	2	3	5	7	1	8
8	7	3	9	6	1	2	4	5
1	2	5	4	7	8	9	3	6

SCRAMBLERS

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1. Lucid; 2. Frank;
3. Orner; 4. Unison

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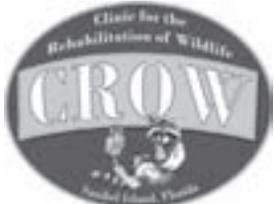
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SANIBEL HOME WATCH

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Hourly, Daily, Weekly
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 Captiva Island 472-5800

SR 1/30 B TFN

DOCK YOUR YACHT ON SANIBEL

Prime east end direct access dockage.
 Seawall, electricity, water, parking.
 Only minutes to the gulf!
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MISC. FOR SALE

MARY ALICE HADLEY HAND PAINTED STONWARE POTTERY

A complete service for 10 to 12 in everything from mugs, plates, bowls, and many extra pieces. Serving plates, pitchers, butter dishes, salt and pepper shakers, bean pot, candlesticks, you name it. The complete set would retail for over \$2500, buy it for \$900. All Hadley pottery is painted, glazed and then kiln-fired at 2,100 degrees Fahrenheit, making it highly resistant to chipping and scratching. It is lead-free and oven, microwave and dishwasher-safe. Each hand-crafted pottery piece is signed by an artist trained by a protege of Mary Alice Hadley, and is the mark of genuine Hadley stoneware. Call 466-4707.

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*RR 9/2 CC 9/23

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 TO SAY
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PRIME SPACE FOR LEASE

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SR 4/30 B TFN

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 Owner moving out of state.
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 \$54,000

*NR 3/18 NC TFN

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Space for rent.
 2,100 sq. ft.
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Periwinkle Park - 30' Trailer with attached
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2008 MOBILE HOME**

AT PERIWINKLE PARK
1 Bed room new queen bed. LR with
sofa bed, kitchen, refrigerator ice maker,
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dishwasher. Trane A/C with Pro 4000
programmable thermostat. Full tile floors.
Full vinyl deck. Pavers. Oodles of space.
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ANNUAL/SEASONAL

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1 BR/BA. Female - non smoker.
Share house.
\$500/month includes utilities.
One small pet okay.
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**NEAR BEACH PRIVATE HOME
3 BEDROOM, 2 BATH**

3 bedroom, 2 bath Home with heated pool,
in quiet Sanibel neighborhood. Seasonal
and monthly rentals. 239-472-0692 or
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East End of Sanibel, 1/2 of duplex.
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ANNUAL RENTAL

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Dunes, 3/2.5 UF townhouse \$1,700/mo.
Canal Home, 3/2/den/pool/dock/just off
Island \$2,300/mo.
Piling home, 2/2 remodeled, UF, w/d, beach
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Dunes, Lake Front, 4BR + / 4BA
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1 Bedroom - 1 Bath,
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lush vegetation. \$800 per month (includes
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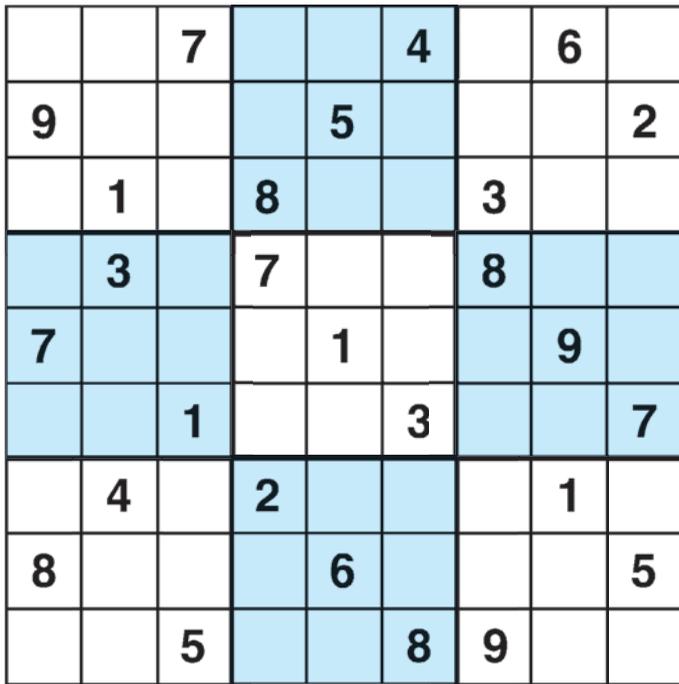
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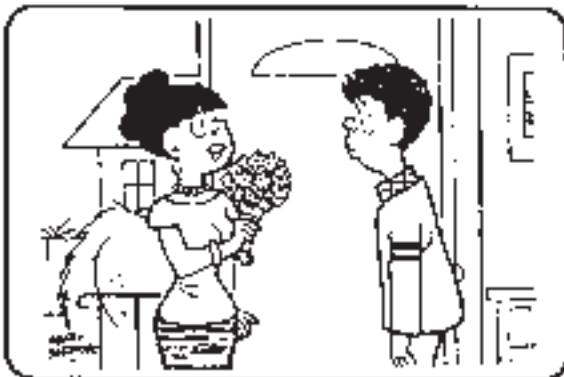
SUDOKU

To play Sudoku:
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.)
There is no guessing and no math involved, just logic.

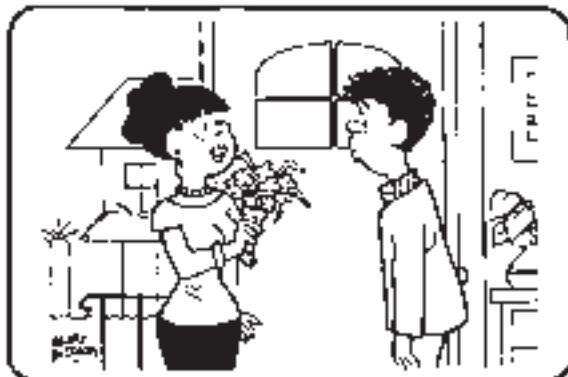
answer on page 27

HOCUS-FOCUS

BY HENRY BOLTINGOFF



Find at least six differences in details between panels.



On table is bottle of punch. On table is bottle of punch. Differences: 1. Bouquet is different. 2. Skirt is black. 3. Sings. 4. Hat is black. 5. Hat is black. 6. Hat is black.



"Boy! Were my hot today!"

SCRAMBLERS

Unscramble the letters in each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Clear
UCLID

Blunt
KNARF

Cranky
YORREN

Accord
UNIONS

TODAY'S WORD

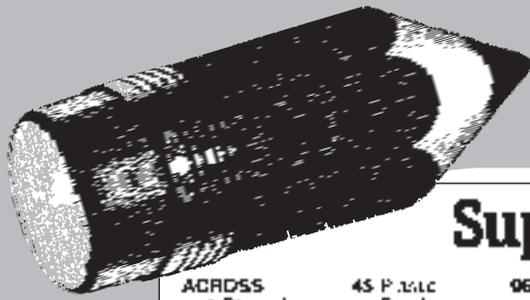
answer on page 27



- Emergency.....911
- Lee County Sheriff's Office.....477-1200
- Florida Marine Patrol.....332-6966
- Florida Highway Patrol.....278-7100
- Poison Control.....1-800-282-3171
- HealthPark Medical Center.....1-800-936-5321
- Ft. Myers Chamber of Commerce.....332-3624
- Foundation for Quality Childcare.....425-2685
- Ft. Myers Beach Chamber of Commerce.....454-7500
- Fort Myers Beach Library.....463-9691
- Lakes Regional Library.....533-4000
- Lee County Chamber of Commerce.....931-0931
- Post Office.....1-800-275-8777
- Visitor & Convention Bureau.....338-3500
- ARTS**
- Alliance for the Arts.....939-2787
- Arts For ACT Gallery & Studio.....337-5050
- Art League Of Fort Myers.....275-3970
- Barbara B. Mann Performing Arts Hall.....481-4849
- BIG ARTS.....395-0900
- Broadway Palm Dinner Theatre.....278-4422
- Cultural Park Theatre.....772-5862
- Edison Festival of Light.....334-2999
- Florida Repertory Theatre at the Arcade.....332-4488
- Florida West Arts.....948-4427
- Fort Myers Symphonic Mastersingers.....472-0168
- Gulf Coast Symphony.....489-1800
- Harmony Chorus, Charles Sutter, Pres.....481-8059
- Naples Philharmonic.....239-597-1111
- The Schoolhouse Theater.....472-6862
- S.W. Florida Symphony.....418-0996
- Theatre Conspiracy.....936-3239
- Young Artists Awards.....574-9321
- CLUBS & ORGANIZATIONS**
- Angel Flight.....1-877-4AN-ANGEL
- Animal Refuge Center.....731-3535
- American Business Women Association.....357-6755
- Audubon of SWFL.....339-8046
- Audubon Society.....472-3156
- Caloosahatchee Folk Society.....321-4620
- Cape Coral Stamp Club.....542-9153
- duPont Company Retirees454-1083
- Edison Porcelain Artists.....415-2484
- Friendship Force Of SW FL.....561-9164
- The Horticulture and Tea Society.....472-8334
- Horticultural Society.....472-6940
- Lee County Genealogical Society.....549-9625
- Lee Trust for Historic Preservation939-7278
- NARFE (National Active & Retired Federal Employees).....482-6713
- Navy Seabees Veterans of America.....731-1901
- Paradise Iowa Club of SWFL.....667-1354
- Southwest Florida Fencing Academy.....939-1338
- Southwest Florida Music Association.....561-2118
- Kiwanis Clubs:**
- Fort Myers Beach.....765-4254 or 454-8090
- Fort Myers Edison.....694-1056
- Fort Myers South.....691-1405
- Gateway to the Islands.....415-3100
- Iona-McGregor.....482-0869
- Lions Clubs:**
- Fort Myers Beach.....463-9738
- Fort Myers High Noon.....466-4228
- Estero/South Fort Myers.....898-1921
- Notre Dame Club of Lee County.....768-0417
- POLO Club of Lee County.....477-4906
- Rotary Club of Fort Myers.....332-8158
- Sanibel-Captiva Orchid Society.....472-6940
- United Way of Lee County.....433-2000
- United Way 211 Helpline (24 hour).....211 or 433-3900
- AREA ATTRACTIONS**
- Bailey-Matthews Shell Museum.....395-2233
- Burrough's Home.....337-9505
- Calusa Nature Center & Planetarium.....275-3435
- Edison & Ford Winter Estates.....334-3614
- Fort Myers Skate Park.....321-7558
- Imaginarium Hands-On Museum & Aquarium.....321-7420
- JN "Ding" Darling National Wildlife Refuge.....472-1100
- Koreshan State Historic Site.....239-992-0311
- Ostego Bay Foundation Marine Science Center.....765-8101
- Skatium.....321-7510
- Southwest Florida Museum of History.....321-7430
- True Tours.....945-0405

If you would like your club/organization listed in The River Calling Card, phone 415-7732

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BEACH CHAIR PASTIME

Answers on page 24

Super Crossword THEIR SONGS

- | | | | | | |
|---------------------------|----------------------------|-------------------------------|--|---------------------------------|---------------------------------|
| ACROSS | 45 Plastic Band | 96 Jimmy Gilmer's house? | 139 Evergreen tree | 33 Cassy doo! | 77 Olympic troublemaker |
| 1 Clerical garments | 46 Unphase with 'em | 98 Emily computer | 140 City of distress | 35 Decorate | 83 Super Bow sound |
| 5 Rhine wine? | 48 Syrup source | 101 Scuffle | | 36 Sticky stuff | 85 Winning |
| 6 P.L. on a happy face | 51 Frieda Payne's jewelry? | 102 TV dating abbr. | DOWN | 39 Ewangel of Roberts | 87 Some NOOs |
| 12 Live Mozart's flute | 54 Change for the better | 103 Fingert redwear | 1 Wednesday | 40 Rikers | 89 "The Steak" star |
| 17 86 Across e.g. | 59 Roper's ruse | 104 Material | 2 Wednesday's need | 43 Halt or hurdle | 90 Laid on buttercream |
| 18 Address Joanne | 60 Jed — CA | 107 Fairy queen | 3 Plan | 44 Attorneys' org | 91 Aspen fern |
| 19 See | 61 Islamic holy book | 109 Made minor | 4 Buried a bit | 47 Up or down 'em? | 93 Oron |
| 19 Down | 63 "King" author | 112 Farrow of "Alice" | 5 Court up | 49 Mt. rank | 95 Heavy reading? |
| 21 Henry's sailing | 65 "The Crying Game" star | 114 Author of Bananas! | 6 Takebook "The Bar" | 50 Largest antelope | 97 Uca! |
| 22 Elvis' car name? | 66 Goggles | 115 Proposition poet: Charles | 7 Laurel of "Leaves and Woodstock" | 52 Comic DeLuxe | 98 Julia of "The Addams Family" |
| 24 Verdi opera | 69 Fall fest | 118 Anniversary | 8 Taste | 53 Spouse of Ise | 100 Hairy guy |
| 25 Live Kansas? | 70 Tiny parasite | 119 Books the way | 9 East ender? | 54 Yoga position | 105 It's in the bag |
| 26 Big beginning | 72 Logene purchase | 121 Angler's basket | 10 Coach Farnaghan | 55 Juxtaposing | 108 Squabble |
| 27 Quark part | 75 The Cyclops playing? | 123 Todd's car, perhaps | 11 Computer selection list | 57 Zones | 109 Fleished a roast |
| 29 Canal sch | 78 Accounting abbr. | 125 Kaiman's country | 12 Paving murels | 58 Perenna bestseller | 110 From |
| 31 Faria — Fuego | 79 Computer acronym | 127 Slip wrong | 13 Hu abakou | 62 Waves of gran' corn | 111 "Dead End" song: Leo |
| 32 Fekure, for instance | 80 They may be bright | 130 Jay S. Dev's "resort?" | 14 Rice Nelson's social event? | 64 Dealer's dunes | 112 Underworld judge |
| 34 John P. of Catherine | 81 Blunder | 131 Speak one's mind | 15 Private | 67 Handcuffed Mr. | 113 Like a rock |
| 37 Odessa omega | 82 Barbecue | 134 Semic tongue | 16 "The Friends of Eddie..." (73 line) | 68 Mr. Rochester's ward | 116 Florida |
| 38 Arabic preposition | 84 Blow away | 135 Child we care of | 19 With '9 Across | 70 Chet's pal | 120 — another |
| 39 General's gerund | 85 Fresh product | 136 Basuto's Cabal | 20 Wagner's hammer-law | 72 Fair | 122 Catch sight of |
| 41 Vitamin bottle unit | 88 Considerate pres. part | 137 That's no bull | 23 Challenge | 73 Altkiss of "The Black Adder" | 124 Fill the hold |
| 42 Furry creator | 92 Grilled, e.g. | 138 "Bon Voyage" site | 28 Tommie's lute | 74 Don McLean's dessert? | 126 Chemical suffix |
| 44 Mays of "Kobe & Alvin" | 94 Palanoy | | 30 Litter sound | 76 Frank of "Our Show" | 128 McGraw star |
| | | | | | 129 Indignation |
| | | | | | 131 Unl' nuc |
| | | | | | 132 Fashion monogram |

King Crossword

ACROSS	1 Coon	5 Address	9 "That's a deal"	12 Boon	13 Flunk, in sports	14 Usually OK	15 Mouth organ	17 Tin	18 Avon	19 P. system of ancient Greece	21 Manly	24 Great form	25 Carson
26 "A Court on the Water Front" author	28 Stand	31 Automobile	32 "Born in the..."	33 Svelte	36 Distressed	38 Ten by day	39 Queen's party	38 Of folk	40 February	42 Early best	43 Tenured		
45 Return	49 DeLuxe	50 Fruit	51 Agree	52 Slander	53 Vicious								
55 Paragon	58 Delusion	60 Fruit	61 Agree	62 Slander	63 Vicious								
64 "Born in the..."	65 Paragon	66 Fruit	67 Agree	68 Slander	69 Vicious								
70 Svelte	73 Distressed	75 Ten by day	76 Queen's party	77 Of folk	78 February	80 Early best	81 Tenured						
82 Return	85 Automobile	86 "Born in the..."	87 Svelte	88 Distressed	89 Ten by day	90 Queen's party	91 Of folk	92 February	94 Early best	95 Tenured			
95 Paragon	98 Delusion	99 Fruit	100 Agree	101 Slander	102 Vicious								
103 "Born in the..."	104 Paragon	105 Fruit	106 Agree	107 Slander	108 Vicious								
109 Svelte	112 Distressed	114 Ten by day	115 Queen's party	116 Of folk	117 February	118 Early best	119 Tenured						
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598 "Born in the..."	599 Paragon	600 Fruit	601 Agree	602 Slander	603 Vicious								
604 Svelte	607 Distressed	609 Ten by day	610 Queen's party	611 Of folk	612 February	613 Early best	614 Tenured						
615 Return	618 Automobile	619 "Born in the..."	620 Svelte	621 Distressed	622 Ten by day	623 Queen's party	624 Of folk	625 February	626 Early best	627 Tenured			
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788 Svelte	791 Distressed	793 Ten by day	794 Queen's party	795 Of folk	796 February	797 Early best	798 Tenured						
799 Return	802 Automobile	803 "Born in the..."	804 Svelte	805 Distressed	806 Ten by day	807 Queen's party	808 Of folk	809 February	810 Early best	811 Tenured			
812 Paragon	805 Delusion	80											

Free Gardening Classes At The Alliance

The GreenMarket at the Alliance for the Arts in Fort Myers will be offering a new series of free gardening classes during the month of September, just in time for fall planting season.

The GreenMarket supports a more sustainable lifestyle in Southwest Florida by encouraging people to grow their own food. It's also a hub for everything locally grown, caught and cultivated, with vendors offering fresh local produce, breads, seafood, organic sprouts, tropical fruit, free range eggs, honey, and gardening supplies.

If you'd like to support local growers look no further than the GreenMarket on Saturday mornings. Take a stroll under the mango trees. There's live music and free Wi-Fi. Sample local delicacies prepared by area chefs and, in September, take advantage of these great opportunities to become savvier about growing fruits, herbs and vegetables in our area with the help of expert farmers and gardeners.

The class schedule is:

- Saturday, September 10 at 10 a.m.: Starting your kitchen garden. IFAS master gardener and Holton Eco Preserve manager, Millisa Bell (known as The Unruly Gardener), will present a crash course on growing food at home. Learn the basics about soil, raised beds and containers, crops that will and will not grow here, and how to orient the garden. Her workshop will be followed by a Q&A and distribution of University of Florida informative publications.

- Saturday, September 17 at 10 a.m.: Growing food organically. Local organic farmer Frank Oakes, owner of Food & Thought in Naples will discuss what it took to start his farm, and what he's learned along the way about growing organic vs. non-organic produce, as well as common procedures and techniques for the organic gardener. Don't miss this excellent opportunity to hear what a true, local farming pioneer has to say.

- Saturday, September 24 at 10 a.m.: A farm in your yard... or your balcony. Santiago De Choch, owner of the edible gardens company Green Coaches, and the Alliance's GreenMarket manager will guide visitors through what's required to grow food without a lot of space. Learn about historic kitchen crops of South Florida, the best plants for good yields in small spaces, mulching and composting tips, keeping chickens in the yard and real-life examples of self-sustainability.

More information is available at www.ArtInLee.org or call 939-2787.

The Alliance for the Arts is located at 10091 McGregor Boulevard, just south of Colonial Boulevard in Fort Myers.✪

Our email address is
press@riverweekly.com

Life Enrichment Series

explore imagine laugh learn
play create inspire

Sept.
2011

Sept. 7, 13, 21, & 27 **FREE!**

Discover Shell Point Tour & Presentation at 10am.

Join us for a group presentation about the Lifestyle and Lifecare available at Shell Point followed by a narrated bus tour of the community. Light refreshments will be provided. **Call (239) 466-1131 to reserve your place.**



Sept. 8, 9, & 12 The Academy at Shell Point Presents Consultant, Lecturer, and "Edutainer" Tom Eastwood

Tom Eastwood

began his career with the Bureau of Alcohol, Tobacco and Firearms before transferring to the Department of Defense.

Eastwood's career also included conducting and leading counterintelligence and criminal investigations, and has also served as a senior executive for the IRS.

Sept. 8 US Intelligence – Contemporary Issues

at 1pm. Tom Eastwood will discuss why our intelligence failed us on 9/11 and the state of our current preparation. He will also cover the use of torture in the war on terror, terrorist surveillance, and why it took us so long to kill Osama. This will be a frank and open discussion that moves beyond the rhetoric, political hyperbole, and media hype. The cost is \$10. **Call (239) 454-2054.**

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AT SHELL POINT

New Opportunities at Shell Point

The public is invited and many of these events are **FREE!**

Sept. 9

Military Tribunals in US History at 1pm.

Eastwood will discuss one of the hottest issues facing our nation today - should terrorists be tried in US or military court - by tracing the history of military tribunals from the American Revolution to the present. The cost is \$10. **Call (239) 454-2054.**

Sept. 12 The CIA and US Military Terrorist Detention Programs at 1pm.

Eastwood will discuss the treatment of terrorists held by the CIA and the US military that has received so much media coverage. This frank and revealing course discusses enhanced interrogation, secret over-seas detention sites, Guantanamo, and Abu Ghraib. The cost is \$10. **Call (239) 454-2054.**



SPECIAL EVENT

Sept. 11 September 11 Memorial at The Village Church

At the 10:15am service, a men's quartet will lead the congregation in worship. Throughout the service, the ministry of both music and word will

reflect on those who have demonstrated great courage, selfless sacrifice and significant loss. Rev. Ken Nesselrode, will speak on the topic, "Strength for Today and Bright Hope for Tomorrow."

At 6:15pm, The Village Church Choir will join voices with the Shell Point Singers, along with guest organist Dr. Samuel Metzger, to present an inspirational concert including Fox's arrangement of THE STAR SPANGLED BANNER, Ives' Variations on AMERICA, Sibelius' FINLANDIA, Sousa's LIBERTY BELL MARCH and a selection of arrangements based on American hymn tunes. **This concert is free, no ticket required. For info call (239) 454-2147.**

FREE!



SHELL POINT
Retirement Community

a non-profit ministry of The Christian and Missionary Alliance Foundation

(239) 466-1131 • www.shellpoint.org

Shell Point Retirement Community is located in Fort Myers, 2 miles before the Sanibel Causeway.

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