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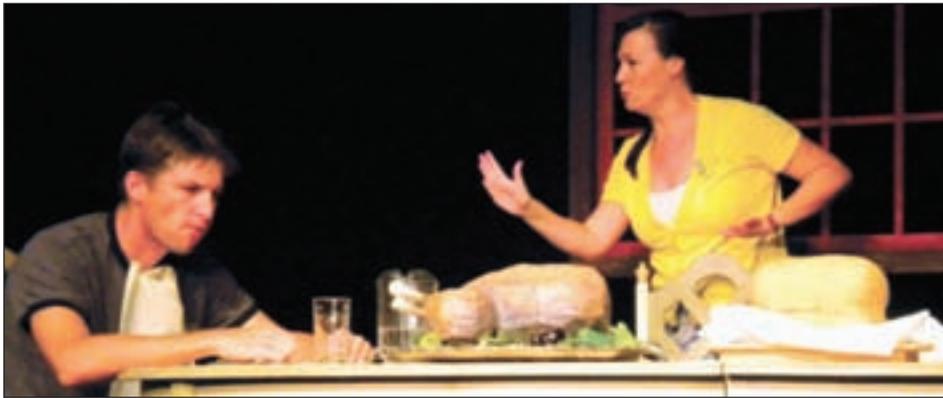
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VOL. 10, No. 33

From the Beaches to the River District downtown Fort Myers

AUGUST 26, 2011

Elsewhere Plays At Foulds Theatre



Jordan Wilson and Jenny Smith in *Elsewhere* at Theatre Conspiracy
photos by Theatre Conspiracy

Theatre Conspiracy is staging *Elsewhere* by Adam Szymkowitz at the Foulds Theatre in Fort Myers on Saturday.

This dark comedy follows Teddy, a delivery man and his bizarre adventure, which begins when he delivers a package to Celia, a beautiful recluse. The last thing Teddy expects is to be asked to dinner. When Teddy accepts the invitation to dinner, he doesn't expect to be invited to move in with Celia. When he moves in with Celia, he definitely doesn't expect all that follows including the arrival of Celia's sister, Celia's potent potatoes, or her adeptness with a shovel.

continued on page 4

Monthly Garden Talks Begin At Estates



A section of the Edison gardens

The Edison & Ford Winter Estates will be offering monthly Garden Talks in the Estates Garden Shoppe beginning September 10 at 9 a.m. Horticultural staff will instruct participants on a variety of topics relating to gardening in Southwest Florida.

The Edison and Ford families planted successful gardens in Southwest Florida using tried and proven techniques that have been used for more than 100 years. Sharing a passion for growing their own fruits, vegetables and herbs, the Edison and Ford families also planted many unique species of plants, trees, and shrubs that can be seen in the estates gardens today.

"The talks include a variety of gardening techniques that were once used by the Edison and Ford families," said Debbie Hughes, estates horticulturist. "We will be demonstrating how those techniques are used today."

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Nature Walk With Bird Patrol Guide



Great blue heron

Go on a nature walk Saturday, September 3 at 8:30 a.m. at Lakes Regional Park, 7330 Gladiolus Drive in Fort Myers.

This easy walk along clear paths offers an opportunity to see birds in native vegetation with experienced Bird Patrol guides pointing out the many species in Lakes Park, a Lee County birding hot spot and crucial nesting area for many birds.

Arrive a few minutes after 8 a.m. for a brief introduction and to sign waivers. Tours start promptly at 8:30. Wear comfortable shoes and dress to be outside. Bring water, sunscreen and binoculars.

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Scarecrow Contest To Benefit Lakes Park Enrichment Foundation

Lakes Park Enrichment Foundation is challenging local businesses, organizations and residents to participate in its second annual Scarecrows in the Park contest by creating personalized, unique scarecrows.

The contest is part of the annual Lakes Park Fall Festival and Halloween Extravaganza, and entries will be displayed at the park from October 15 through Halloween, October 31. Celebrity judges and festival attendees will vote for their favorite scarecrow and determine the winners.

The donation/entry fee is \$250 and all proceeds benefit the Lakes Park Enrichment Foundation, which is currently raising funds to build a botanic garden and provide other park improvements.



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Table Tennis Showcase Opens

Art of the Olympians on Friday, September 2 will debut the Table Tennis Showcase in the Olympic Sport Gallery. The exhibit features unique displays that tell the rich history of table tennis. Visitors can test their skills on two regulation tables. The exhibit has been made possible by the contributions of Marvin and Caron Leff; the International Table Tennis Museum (ITTM) in Switzerland, Bradley's

Jewelers, Newgy Industries, Butterfly North America, and Robbins Specialties.

This year marks the 40th anniversary of "Ping Pong Diplomacy." In 1971, table tennis became more than a sport; it was a tool for peace. On July 8, 1971 a tournament took place between players from the People's Republic of China and the United States. At the time, the U.S. players were the first Americans to visit China in more than 20 years and their visit helped lay the groundwork for formal diplomatic relations that were established the following year with President Richard Nixon's visit.

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Historic Downtown Fort Myers, Then And Now

Log Cabin School

by Gerri Reaves



The log cabin shown in the illustration was the first school building in Fort Myers, one of many gifts by Major James Evans to the town. It served as a church as well.

The exact spot on which the log cabin stood is unrecorded, but sources state that it was near the riverbank, not far from the now-vacant Ambassador Riverfront Hotel. One source puts it a bit farther east, where the annex of the Royal Palm Hotel once stood.

Roughly speaking, the log cabin was located on the east side of today's Vivas Court near the Caloosahatchee River. Of course, the riverbank was much nearer First Street in pioneer days than it is now.

When the first pioneers arrived at the site of the U.S. Army Fort Myers in 1866, of course, no official public school system existed; nevertheless, children were educated, first at the four-pupil school that Evalina Weatherford Gonzalez started in her home in 1868, and later, at the log cabin school.

The first historical references to the future log cabin school pertain to its role as a church. In January 1872, Reverend William C. Jordan, a Methodist circuit-riding preacher, traveled 100 miles from Bartow to hold the town's first church service there.

At the time, only four families – Vivas, Gonzales, Clay, and Powell – lived in Fort Myers. (Seven years later, that log cabin congregation would organize as the Fort Myers Methodist Church.)

In 1873, only a year after the Rev. Jordan's service, Capt. Francis A. Hendry funded a 10-pupil school in the cabin. That private school was the forerunner to the first public school.



In this log cabin donated by Major James for a church and school, Capt. Francis A. Hendry funded a private school that opened in 1873. This photo dates from a 1938 issue of the *Florida Christian Advocate*.

archives of the Southwest Florida Historical Society



The log-cabin school was located approximately where the vacant Ambassador Riverfront Hotel towers near the river, or, for people who remember a more historic reference point, near the annex of the Royal Palm Hotel. The view is from First Street and Vivas Court.

photo by Gerri Reaves

He imported Englishman Robert Bell as a teacher at a salary of \$25 per month plus room and board, all the hunting and fishing he could desire, and the use of the Captain's best sorrel pony for the winter.

Among Bell's students were members of the Blount, Hendry, Gonzalez, and Vivas families and Konip Hadjo. Also called Billie Cornpatch or Billie Conopatchee, Hadjo was a young Seminole effectively adopted by Capt. Hendry for a time. When he returned to his tribe, he had the distinction of being the first of his tribe to read and write English, as well as the first to be bilingual.

Bell was a popular teacher, apparently a natural at entertaining the students with substantive content. Although he wasn't strong in math skills, he excelled at Shakespeare and gave a captivating reading of *A Tale of Two Cities* by Charles Dickens.

His engaging approach to teaching geography was informed by his experiences as a world traveler.

One can only wonder if the public school curriculum ever thrilled students the way Bell's lessons did in the little log cabin by the river.

In November 1878, Fort Myers organized the first publically funded school. A wood-frame school opened at Second and Jackson, where the Gwynne Institute is today.

The era of the log cabin school ended, and with it, perhaps the era of remarkable freedom in the classroom ended too.

Walk to First Street and Vivas Court and gaze toward the spot where Fort Myers' first school house once stood.

Then walk the short distance to the Southwest Florida Museum of History at 2031 Jackson Street to learn more about the evolution of public schools since pioneer days.

Be sure to see, Mambo Man, a tribute exhibit to Pedro "Cuban Pete" Aguilar. For information, call 321-7430 or go to swflmuseumofhistory.com. Museum hours are 10 a.m. to 5 p.m., Tuesday through Saturday.

Then explore one of the area's best historical research centers, the Southwest

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Garden Talks



The Estates Garden Talk schedule is:

- September 10 – How to start your own organic vegetable garden
- October 8 – Building a historical herb mound
- November 12 – Growing citrus
- December 10 – Holiday container gardening
- January 14 – Seasonal winter plants
- February 11 – Rain barrels
- March 10 – Butterfly heritage plants
- April 14 – Storm scaping
- May 12 – Summer organic vegetable gardening
- June 9 – Hot plants for summer
- July 14 - Heritage tropical fruit
- August 11- Orchid care and repotting

Estates horticulturists will be available throughout the day to answer questions on Florida gardening. Admission to the Estates Garden Shoppe is always free and parking is easy. The series is free to Estates members; \$5 for non-members per session. All participants will receive a \$5 gift certificate to be used in the Estates Garden Shoppe.

Groups of 15 or more may call to register for customized Estates Garden Talks offered throughout the year, with advance notice and subject to availability.

The Estates is open daily from 9 a.m. to 5:30 p.m. For additional information call 334-7419 or visit the website at www.edisonfordwinterestates.org.

Fort Myers High 100-Year Celebration

Alumni, parents and friends of Fort Myers High School (FMHS) can now purchase tickets to Green and White Ball, a 100-year celebration of excellence to be held Saturday, October 22.

The public event will take place at Harborside Event Center and honors all past alumni and supporters who have contributed to the academic and athletic success of one of the longest established schools in the state.

Tables for eight guests are available for \$550; individual tickets are only \$55 each and include the welcome reception at 5 p.m. followed by an awards tribute and dinner and dancing at 6 p.m.

There will be a silent auction, performances by the Fort Myers High School Band and Riptide dance team, presenta-

tion of colors by ROTC and special guest appearances by some of the communities' most well-known "Greenies."

The Greenie of Distinction award will also be presented to an alumnus or alumna who has demonstrated excellence in his or her professional life, service to the community and to FMHS. Nominations must be submitted by September 15 to stefanie_ink@afgfl.com.

All proceeds benefit the athletic, band and ROTC booster clubs, and the founding of an alumni association.

Tickets can be purchased at www.greenandwhiteball.eventbrite.com. Sponsorships are available and include preferred seating, special recognition in the program, and other privileges.

Fort Myers High School is currently ranked as the 91st best high school in America by *The Washington Post* and 164th best high school in America by *Newsweek* magazine. For more information, email greenandwhiteball@gmail.com or visit www.facebook.com/FMHSGreenandWhiteBall.

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Kiwanis Learns About Child Care

Nancy Coker, Director of Operations, Child Care of Southwest Florida was the guest speaker at the Gateway to the Islands Kiwanis Club's August 16 meeting. Child Care of Southwest Florida (CCSWFL) is the region's leading child care resource. Established as a private, nonprofit organization in 1967, CCSWFL has been providing services to children, families, and child care professionals in Southwest Florida for more than 40 years.

Over 100 employees share the agency's mission to strengthen and enhance the lives of children and their families. The agency serves more than 600 children annually at six child care centers in Hendry and Lee counties. In addition to having the highest quality care available at its Gold Seal accredited centers, CCSWFL provides:

- Families with high-quality, family-centered child care, preparing children for school success.
- Child care professionals with training to help them provide the highest quality care possible.
- Family child care homes and child care centers with training, guidance and financial reimbursement for the healthy meals provided to the children they serve.

Each of the child care centers is accredited through the National Accreditation Commission for Early Care and Education Programs and follows a creative curriculum taught by highly trained staff. Some centers offer Voluntary Pre-Kindergarten Program and/or Head Start.

In addition, CCSWFL, with the sponsorship of the Department of Children and Families, provides the Florida Child Care Mandated Training for child care personnel and family child care home providers.

Finally, the agency administers the Child Care Food Program (CCFP), a federal program that provides healthy meals and snacks to children in participating Day Care Center and Family Day Care Homes. This program entitles children to receive nutritionally balanced meals and snacks, while providing caregivers with the necessary training, menu planning and USDA nutritional guidelines.

For more information about Child Care of Southwest Florida, visit www.ccsfwf.org.

Gateway to the Islands Kiwanis Club meets every Tuesday at 7:30 a.m. at First Watch on McGregor Boulevard. Guests are always welcome. For details on joining the Gateway to the Islands Kiwanis Club, or any of the other 16 Kiwanis Clubs in Lee County or LaBelle, call Viki or Terry Luster at 415-3100, or visit www.kiwanisgtti.com.*

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Elsewhere



Dark comedy follows a delivery man and his adventures with a beautiful recluse

Elsewhere will play August 27 at 8 p.m. Tickets are \$18 and can be purchased by calling Theatre Conspiracy's box office at 936-3239 or visiting www.theatreconspiracy.org.

Elsewhere took second place in Theatre Conspiracy's annual new play contest last year and then was selected as the inaugural script for the Square One Series (SOS), a new play development

program founded by The Bloomington Playwrights Project, Theatre Conspiracy, Chicago Dramatists, Greenbrier Valley Theatre and Exposed Productions in New York. SOS is a cooperative effort of theater companies in the U.S. that work together to develop new plays. Each year one play is selected by the artistic directors of each company. That play is then given readings at two of the theaters, a staged reading at a third, then a full production at the fourth. This inaugural year, *Elsewhere* will find its way from a production in Fort Myers to the lights of Off-Broadway in October.

"I'm very excited about Square One and honored to be the first playwright chosen," said Szymkowicz. "First of all, I get to go to four cities I've never been to before and make theater there, meet theater people. But also, I get to work on a play with different casts and directors. There are advantages to working with the same people over and over but sometimes it helps to have fresh eyes when you're developing something. Everyone sees your play from their own perspective and brings that to it. That can be helpful when you're trying to decide what works."

"To be able to be a part of a group like this and have a playwright of Adam's caliber involved is exactly the thing Theatre Conspiracy exists for," said Theatre Conspiracy's Producing Artistic Director Bill Taylor. "Just look at Adam's resumé and you know he is someone you would love to work with."*

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Nature Walk

The group will meet at Shelter A7. Enter Lakes Park gate from Gladiolus. Turn right. Drive to the end of the road, continue through the parking lot. Shelter A7 is located near the train station.

For more information, call 533-7580 or 533-7576.

This tour is provided in cooperation with Lee County Parks and Recreation. It is free with paid parking, which costs \$1 per hour or \$5 for all day.*

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FOREIGN & DOMESTIC

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Table Tennis

Families, friends and community members are invited to take a look into the world of table tennis on September 2 from 6 to 10 p.m. That evening visitors will have the opportunity to watch an exhibition match featuring former U.S. Open and Florida State Champion Marvin Leff, and get tips on technique and strategy. The evening will also feature a presentation by ITTF Museum Ambassador Caron Leff exploring the rich history of table tennis. Visitors may test their table tennis skills on regulation tables against one of the two Newgy Robo-Pongs, a training robot used to improve a players' technique and stroke through timed drills with a donation of \$2 a session.

Art of the Olympians is hosting a Table Tennis Tournament on Saturday, September 17. For registration details call 332-5055 and plan on attending the opening reception for the exhibit in the Olympian Sport Gallery at the Art of the Olympians Al Oerter Center for Excellence at 1300 Hendry Street, Fort Myers. Admission to the reception is free.

Gallery hours are Tuesday through Saturday from 10 a.m. to 4 p.m. Admission is \$5; children under 10 are free. The gallery is closed on Sundays, Mondays and holidays.

For general museum information, visit www.artoftheolympians.com or call 332-5055.*

Movie Discussion Group To Meet

The Film Society of Southwest Florida meets the second Monday of every month to discuss and review current movies, pro and con. The next meeting is set for 4:30 p.m. Monday, September 12, at The Landings, 8400 Landings Boulevard in Fort Myers. The meeting is held in The Helm Club (ask at the gate for directions). There are no dues for the first two meetings of attendance. Membership for the 2011 year is \$10. Some of the movies to be discussed are, *The Help*, *Sarah's Key*, *The Debt*, and *One Day*. For more information contact Di Saggau, 466-4707.*

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editorial copy to:
press@riverweekly.com

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Scarecrow Contest



Last year's winning scarecrow entry sponsored by Florida Neurology Group

"Creating a scarecrow is a fun and personal way to promote your business, service, organization, or school," said Marsha Asp, chairperson for the Lakes Park Enrichment Foundation. "Even individuals and families can get involved to celebrate the season and support Lakes Park. Due to the positive response from last year's inaugural event, scarecrow sponsors are already signing up again. For those willing to make the donation but do not desire to create their own scarecrow, sponsors are matched with a youth group who will build the scarecrow."

In addition to Scarecrows in the Park, the festival includes a pumpkin patch, bounce houses, hayrides, the *Halloween Express* train, a Haunted Walk sponsored by the Kiwanis of Riverdale and other activities.

Scarecrow registration forms are available at www.LakesParkEnrichmentFoundation.org under the "Events" section. The deadline for registration is September 19. For more information, contact scarecrows@LakesParkEnrichmentFoundation.org.



"AC," the first scarecrow entry, with admirer Sebastian Sutfon-Lewis

Young Artists To Perform At Art Walk



Callie Atkinson



Sarah Daigle

Vocalists Callie Atkinson, Sarah Daigle and Jordan Pilant, winners of the 2011 Young Artists Awards competition, will be performing at the Art of the Olympians Museum from 7 to 9 p.m. on Friday, September 2 as part of Fort Myers Art Walk.

This is a free concert by three talented area performers. The Young Artists Awards program benefits students from throughout Southwest Florida and is a monthly partner with Art Walk in the downtown Fort Myers River District.

The Art of the Olympians is located at 1300 Hendry Street in historic downtown Fort Myers. More information on the Young Artists Awards program can be found at www.youngartistsawards.org.

Jordan Pilant



Mastersingers Conducting New Member Auditions

Southwest Florida's premier choral group, The Fort Myers Symphonic Mastersingers, will hold auditions over the next three weeks. The group is comprised of 80 professional and accomplished amateur singers and adding new voices for the coming performance season.

Artistic Director Jeff Faux has scheduled auditions as follows:

Saturday, August 27 at 2 p.m.

Monday, August 29 at 6 p.m.

Monday, September 12 at 6 p.m.

Auditions are held at Fort Myers Congregational United Church of Christ, 8210 College Parkway in Fort Myers.

For more information contact Jean Bersch at 565-8270 or jean@thesetup.com.

The Mastersingers open this season with a remembrance concert honoring the victims of the September 11, 2001 attack on the World Trade Center, performing Mozart's *Requiem* and patriotic pieces with the Naples Philharmonic Orchestra. This season will also feature master works by Handel, Haydn and Faure, and various Christmas selections including Daniel Pinkham's *Christmas Cantata* and John Rutter's *Gloria*.

The chorus rehearses on Monday evenings from 7 to 9:30 at the Congregational United Church of Christ.

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Ostego Bay Is Calling You

The Ostego Bay Marine Science Center allows guests to participate in the “greening” of San Carlos Island. Cooler days are just beginning and you are probably thinking of new and different activities to get involved in this year.

Why not do something fun, maybe educational, and at the same time contribute to the community by participating in activities and/or events?

The local marine environment is always in need of people who are interested in making a positive contribution to the local community by donating time (probably just a few hours) a week for the enhancement and preservation of the area’s marine life, including the local coastal areas.

If you like hiking or just being outdoors, you might want to help keep our local nature trail attractive and fit, or perhaps you might like to be a guide in the area (training provided).

At the Marine Science Center, you can help maintain aquariums, feed the fish and otherwise take care of the sea life. Docents are also needed to conduct daily tours of the museum (training is provided). We also offer opportunities for fund-raising, writing grants, preparation of flyers, newsletters, brochures and press releases. If you prefer office work, we need clerical assistance and you might be surprised at how much you can learn just

by being in the museum.

Ostego Bay Marine Science Center is located at 718 Fisherman Wharf, Fort Myers Beach. Call 765-8101 or go to ostegobay.org.

Lee County Boat Ramp To Close For Repairs

The public boat ramp in Bokeelia on the north tip of Pine Island will close for repairs September 6 so Lee County Parks & Recreation can add cement slabs to the end of the two-lane ramp, which will make it easier for boaters to launch during low tide.

The ramp – called Lavender’s Landing – is scheduled to reopen October 1, if not before. Boaters can use the ramp, located at 7290 Barrancas Avenue NW, from now through Labor Day weekend.

The site, which is managed by Tropic Star of Pine Island Inc., gives boaters direct access from a public ramp to Charlotte Harbor and Pine Island Sound via Jug Creek. Parking is \$10 daily; ramp hours are 7 a.m. to 9:30 p.m. For more information, call 283-0015.

To find an alternative county ramp, visit www.leeparks.org, or view the Lee County Boater’s Guide, www.lee-county.com, and entering “boaters guide” in the search window. For more project information, contact Lee County Parks & Recreation supervisor Joe DeBacker at 229-7367.

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Log Cabin School

Florida Historical Society at 10091 McGregor Boulevard, located on the campus of the Lee County Alliance for the Arts.

Contact the all-volunteer non-profit organization at 939-4044. Or drop by on Wednesday or Saturday between 9 a.m. and noon to peruse the fascinating archives.

Sources: The archives of the Southwest Florida Historical Society.*

Caloosa Golf Challenge

Golfers can help raise funds for the Caloosa Conference Youth on Saturday, October 15 at Palmetto-Pine Country Club, Cape Coral beginning at 9 a.m.

It’s a scramble format, and lunch, prizes, and raffle follow play. All golfers are welcome, of any skill level. The entry fee is \$80 per player or \$300 per foursome.

Funds generated will go towards chartering buses to send all Caloosa Conference Youth to the 2012 National Youth Gathering. For more information, contact Tracy Moffatt at 597-8383 or tracymoffatt@aol.com.

Fort Myers Greeter’s Club

Looking to make new friends and join in monthly activities and charitable events? Attend the next luncheon meeting of The Greeter’s Club of Greater Fort Myers on September 15 at Colonial Country Club, 9181 Independence Way in Fort Myers. The guest speaker will be Amy Williams, editor of *Tropicalia* in the Sunday edition of the *New-Press*. Luncheon costs \$18 with reservations required. Contacts are Linda Fitzpatrick, 437-5653 or email ffitz100@aol.com; or Janet Gambuzza, 454-5750, email: jangamb@aol.com.

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Day Of Caring Benefits Community



Private banker Polly Eide poises atop a cabinet to paint the cafeteria at Grace Place



A volunteer painting the cafeteria at Grace Place



Volunteers packaging food at the Harry Chapin Food Bank

On August 6, more than 70 Northern Trust employees of the Lee and Collier county offices participated in a Day of Caring.

Employees in Naples and Bonita Springs spent the morning at Grace Place, a nonprofit community center, where they took part in painting, organizing school supplies for their annual drive and other small maintenance jobs.

The Fort Myers employees of Northern Trust helped sort, shelf and stack food donations for distribution to agencies serving the hungry throughout a five-



Northern Trust employees and their family members volunteered their time recently at The Harry Chapin Food Bank to repackage food

county area via the Harry Chapin Food Bank.

"Northern Trust is honored to have its partners work alongside these worthy organizations," said John Fumagalli, president and CEO, West Florida. "We believe it is our responsibility to do as much as we can to ensure that the communities we serve have strong organizations committed to raising the quality of life of the individuals who utilize their services."

Northern Trust awarded approximately \$14.2 million in contributions to nonprofit organizations worldwide in 2010. Additionally, Northern Trust partners across the globe contributed nearly 200,000 volunteer hours to nonprofit and non-governmental organizations.✪



Karla Davis repackaging rice and beans

Student Receives \$1,000 Scholarship From Southwest Florida Symphony



Michael Schneider-Christians with scholarship winner Ashley Oliveto, along with John Hudson, treasurer of the Southwest Florida Symphony Orchestra, and David Hall, secretary/treasurer of the Southwest Florida Symphony Endowment Foundation

Ashley Oliveto received a \$1,000 scholarship from the Southwest Florida Symphony Endowment Foundation. Oliveto graduated from Cypress Lake High School and will be attending Stetson University in Deland, Florida, where she plans to major in music education. She played clarinet in the Southwest Florida Symphony Youth Orchestra.

"We are very pleased to have granted Ashley the \$1,000 scholarship which was made possible by Donald Haag," said Michael Schneider-Christians, president of the endowment foundation.

The Southwest Florida Symphony Youth Orchestra is an auditioned group comprised of young musicians from a three-county area. An important outreach activity of the Southwest Florida Symphony, it provides symphonic training and performance

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Along The River



The Toa Polynesian Dancers will perform in the Patio de Leon for The Morgan House's first anniversary

On Saturday, August 27, **The Morgan House** is celebrating its first anniversary in the Patio de Leon with a Hawaiian luau. The family fun celebration runs from 5 to 11 p.m. and is open to the public.

The highlight of the event is a performance by the Toa Polynesian Dancers from Toa Tropical Productions. Also featured are live music, a special Hawaiian menu, tropical drinks, games and contests.

The Morgan House is located at 33 Patio de Leon in the River District, Fort Myers. It is open Monday through Saturday for lunch and dinner from 11:30 a.m. to 9 p.m. and until 11 p.m. on Friday and Saturday for lighter fare. Call 337-3377 or go to morganhouserestaurant.com.

On Monday, August 29, the **Fort Myers Film Festival** features a short Japanese film entitled *Man From France* at the Sidney & Berne Davis Art Center. The series



Watch the Gators on The Edison's outdoor mega screen while practicing your putting

runs every Monday night through August 29.

Guillaume, who is French, travels around Japan to shoot a documentary film with a 16 mm camera. One day, he hitchhikes and is picked up by a car driven by a mysterious old man. The old man is interested in his 16 mm camera and they go on to travel and form a friendship.

The Sidney & Berne Davis Art Center is located at 2301 First Street, Fort Myers. For information about the film festival, call 810-6323 or go to fortmyersfilmfestival.com.

Bring your pooch to **Bark Avenue** to beat the dog days of summer. The exclusive pet boutique is owned by Lance and Rachele Koprowski and offers pet supplies, custom accessories, and professional grooming for cats and dogs.

Bark Avenue also boasts an in-house bakery that makes homemade treats without wheat, soy, sugar or corn products. Through the years, the Koprowskis have perfected their baking process to create the best product possible. What they give your pups is as important to them as the pups themselves.

Bark Avenue is located at 12901 McGregor Boulevard, Suite 21, Fort Myers in the Bridge Plaza near the College intersection. It is open Monday through Friday from 10 a.m. to 6 p.m., Saturday from 10 a.m. to 4 p.m. and Sunday from 11 a.m. to 3 p.m. For more information, call 437-2275 or go to bark-avenue.com.

Gator football season kicked off with a huge party on August 19 at **The Edison Restaurant & Bar**. The restaurant will continue to support Gator fans by hosting Get Your Gator On every Saturday that they play throughout the football season. Games will be featured on the big screens, along with drinks, food, live entertainment, fun and prizes.

The Edison's Chandelier Bar is a sport fan's dream with numerous large plasma televisions. Kick back inside the cool comfort of the bar or step outside and watch the game on the Edison's patio overlooking the Fort Myers Golf Course.

Don't forget to eat something while you are sipping Swamp Juice. The Edison offers a full range of appetizers, sandwiches, pizzas, and home-style comfort food. Stick around after the game for a three-course prime rib or sirloin dinner for \$21.95 from 5 to 9 p.m.

The Edison Restaurant & Bar is open seven days a week for lunch, dinner and cocktails. It is located at 3583 McGregor Boulevard, Fort Myers. Call 936-9348 or go to edisonfl.com

Play **Fort Myers Beach Golf Club**, the only golf course on Estero Island. The 18 hole semi-private executive golf course is open to the public and is a great course for every level of play. It is one of the only courses in the area that allows walking during season.

The facility boasts a pro shop, practice putting green and snack bar. Enjoy a cold beer and roasted hot dog surrounded by the natural beauty of Fort Myers Beach. Private events, including fund-raisers, weddings and tournaments, can be arranged by the club's expert staff.

Fort Myers Beach Golf Club is located at 4200 Bay Beach Lane. Call 463.5700 or go to fmbgc.com.

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Chuck Bergstrom

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SWFAS Talent Show For Children



Talent show winners from 2010: Bryanna Walker (Lexington Middle School), SWFAS Prevention Director Sheree Beau-Wells; Danielle Osterman (Fort Myers High School), and (front) Kalin Baitinger (Gulf Elementary School in Cape Coral)

Southwest Florida Addiction Services (SWFAS) is looking for some talented elementary, middle, and high school students to participate in the Every Child Is a Star Talent Show in November. Registration deadline is Friday, October 7. It's the fifth consecutive year SWFAS has coordinated the talent show to provide children and families an afternoon of entertainment and education on the dangers of substance use and abuse. This year's talent show will be Saturday, November 12, from 3 p.m. to 5 p.m. at First Christian Church, 2061 McGregor Boulevard. There are no entry fees and cash prizes of \$100 will be awarded to first place winners in elementary, middle, and high school categories.

"We are looking for singers, dancers, painters, acrobats, all talented youth," said Martha del Valle, SWFAS talent show coordinator. "We are trying to encourage kids to build the skills they want to develop. Many of our kids always hear about the negative doings involving our youth in the community. It's important for us to promote events that are beneficial to our youth and provide a safe alternative to drugs and violence."

To be eligible to participate in the talent show, participants must:

- Be between the ages of six and 19
- Limit performances to no more than three minutes, no bands allowed;
- Have no more than three people per act;
- Have permission from a parent or guardian to participate.

Registration for auditions must be received by Friday, October 7 at SWFAS, 3763 Evans Avenue, Fort Myers. Forms and releases can be found at www.swfasprevention.org.

For more information contact Martha del Valle at 244-4221.✱

Cape Coral Store Giving Away Free Lapel Pins In Memory Of 9/11

Crown Trophy of Cape Coral is giving away free "9-11 Never Forget" lapel pins to acknowledge the 10-year anniversary of the terrorist attacks of September 11, 2001.

"I'm from New Jersey," said Mike Rachel, the store's owner. "You could see the Twin Towers from my house."

Crown Trophy has given away about 600 of the initial 1,000 pins, but Rachel plans to make as many as are requested for the next three weeks. To receive a pin, visit the store weekdays from 9 a.m. to 5 p.m. at 861 SE 47th Terrace in Cape Coral until September 9.

Voluntary donations to the national 9/11 Memorial and Museum are being accepted but are not required to receive a pin. Rachel will forward the donations and a registry of donor names to the memorial and museum.

Any groups or organizations in need of multiple lapel pins should call the store at 540-9905 to request the desired quantity in advance.✱



Lapel pins reading '9-11 Never Forget' available at Crown Trophy



Frankie Jennings-Kennix, CEO of Basic Learning Skills, and her husband, Roy Kennix, director of planning and development, with their granddaughter, Nile, 11, from Atlanta

Free After School Tutoring Deadline

Basic Learning Skills, an after-school tutoring agency, which has its head office in Fort Myers, is reminding parents that September 15 is the last day to sign up their children for free after-school tutoring.

The tutorial service agency, which was established five years ago, serves students in grades kindergarten through 12 from low-income families in schools over a multi-state area.

Since its inception, Basic Learning Skills has provided after-school tutoring to close to 6,000 students at no cost to parents or guardians. It has consistently maintained one of the highest enrollments of any provider of supplemental education services (SES).

The company, which is headed by Frankie Jennings, is presently serving students in 10 Florida counties; six counties in New Jersey; and three parishes in Louisiana. It is working towards adding Georgia in 2012. For the August 2011-2012 school year, it has added 10 Lee County schools to its roster.

continued on page 15

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Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION

Member of UUA
2756 McGregor Boulevard, Fort Myers
Six blocks south of the Edison/Ford
Winter Estates; two miles north of Colonial
Boulevard
Minister: Reverend Dr. Wayne Robinson
Sunday services: 9 and 11 a.m.
Unitarian Summer 2011: 11 a.m. Tapestry
of Faith Programs, child care provided
Adult workshops: 9:30 a.m. Faith Like a
River: Themes from UU History.
Phone: 226-0900
Email: allfaithsuc@embarqmail.com
Website: www.allfaiths-uc.org

ANNUNCIATION GREEK ORTHODOX CHURCH

8210 Cypress Lake Drive, Fort Myers
Reverend Fr. Athanasios Michalos
Orthros Service Sunday 9am
Divine Liturgy Sunday 10am
Fellowship Programs, Greek School,
Sunday School, Community Night
239-481-2099

BETH SHILOH

MESSIANIC SYNAGOGUE

15675 McGregor Boulevard. 437-3171
Rabbi: Judah Hungerman
Friday Service, 8 p.m.
Saturday Service, 11 a.m.
Shabbat School Saturday Morning
Adult Hebrew Classes
Please call for information on full program.

BREAD OF LIFE MINISTRIES CHURCH OF GOD

16581 McGregor Boulevard, 267-3166
Just past the Tanger Outlet Mall
Pastor: Barry Lentz, 281-3063
Sunday Worship, 10:30 a.m.
Wednesday Bible Study, 7 p.m.
CHAPEL OF CYPRESS COVE
10200 Cypress Cove Circle Fort Myers
Located at Cypress Cove Retirement
Center on HealthPark Campus
An ecumenical non-denominational
community of believers.
Sunday Worship Service, 10 a.m.
Wednesday Bible Study, 7 p.m.
Rev. Ted Althouse, Pastor
revtedalthouse@aol.com
239-850-3943

CHRIST THE KING

1188 Lake McGregor Drive, Fort Myers,
432-1724. Reverend N. Everett Keith II
An Old Catholic Community Liturgy
in English Sunday Mass at 9:30 a.m.

CHURCH OF THE CROSS:

13500 Freshman Lane; 768-2188
Pastors: Jeff Moran and Michael Bulter;
A nondenominational church emphasizing
a personal relationship with Jesus Christ.
Sunday Service: 9 a.m. Contemporary
10:45 a.m. Traditional.

COVENANT PRESBYTERIAN CHURCH

2439 McGregor Boulevard, 334-8937
Reverend Dr. Taylor Hill, Pastor
Reverend David Dietzel, Pastor Emeritus
Traditional Sunday service 10 a.m. Nursery
available

CYPRESS LAKE BAPTIST CHURCH

8400 Cypress Lake Drive, Fort Myers,
481-5442 Danny Harvey, pastor
Sunday Services: Bible study, 9:45 a.m.
Morning Worship, 11 a.m.
Evening Worship, 7 p.m.
Wednesday Prayer Meeting, 7 p.m.

CYPRESS LAKE

PRESBYTERIAN CHURCH

8260 Cypress Lake Drive, Fort Myers, 481-
3233; Clint Cottrell, pastor
Sunday services: 8 and 11 a.m. Traditional;
9:30 a.m. Contemporary; 9:45 a.m.
Children's Church K4J Kids for Jesus

CYPRESS LAKE UNITED

METHODIST CHURCH

8570 Cypress Lake Drive,

Fort Myers, 482-1250
Sunday Traditional Service: 8 and 11 a.m.,
Praise Service: 9:30 a.m.
Sunday School: All times
**FAITH FELLOWSHIP WORLD
OUTREACH MINISTRIES**
6111 South Pointe Boulevard, Fort Myers,
278-3638. Sunday Worship, 10:30 a.m.;
Voice of Faith, WCRN 13.50 AM Radio,
Sunday, 1:30 p.m.; Thursday Service, 7:30
p.m.; Friday Youth Service, 7:30 p.m.
Nursery care for pre-school children and
Children's Church for ages 5-12 available
at each service.

FAITH UNITED METHODIST CHURCH

15690 McGregor Boulevard
Fort Myers, 482-2030
Pastor: David Stauffer.
Traditional services 8:45 a.m.;
Contemporary, 10:30 a.m.
Go south on McGregor Boulevard. The
church is ½ mile past the intersection of
Gladiolus and San Carlos Boulevard on
the way to Sanibel.

FIRST CHURCH OF CHRIST, SCIENTIST

2390 West First Street, next door to Edison
Estates.

Sunday Morning Service and Sunday
School, 10:30 a.m.; Wednesday Evening
Testimony Meeting, 7:30 p.m. Child care
provided at all services.

Visit our Reading Room for quiet study at:

2281 W. First Street, River District
www.spirituality.com and www.christian-
science.com

FIRST CHURCH OF THE NAZARENE

13545 American Colony Boulevard
off Daniels Parkway in the Colony,
Fort Myers, 936-2511
Pastor: Reverend Joey Brummett
Sunday School: 9:30 a.m.; Morning
Worship, 10:30 a.m.; Sunday Evening, 6
p.m.; Wednesday Family Night, 7 p.m.

FIRST UNITED METHODIST CHURCH

in the Downtown Fort Myers River District
2466 First Street, Fort Myers, FL 33901
239-332-1152 www.fumcftmyers.org
Sunday: 9 a.m. Contemporary Worship
9 a.m. and 10 a.m. Sunday School
9:45 a.m. Coffee Fellowship
10:30 a.m. Traditional Worship
5 p.m. Youth Program
7 p.m. Spanish Worship

FORT MYERS CHRISTIAN CHURCH

(DISCIPLES OF CHRIST) A STEPHEN
MINISTRIES CONGREGATION
5916 Winkler Road, Fort Myers, 437-4330
Reverend Mark Condrey, Pastor
Sunday Worship: 10:30 a.m.
Church School: 9:15 a.m.

FORT MYERS CONGREGATIONAL

UNITED CHURCH OF CHRIST:
8210 College Parkway, Fort Myers,
482-3133. Philip White, pastor
Morning Worship: 10 a.m.
Church School: 10:15 a.m.
Adult Forum: 11:30 a.m.

HOLY THEOTOKOS MONASTERY

111 Evergreen Road,
North Fort Myers, 997-2846
Eastern Orthodox men's monastery.
Liturgical services conducted in the
English, Greek and Church Slavonic
languages, following the Julian (Old)
Calendar. Liturgical Services: Sundays and
Holy Days: The Third and Sixth Hours at
8:30 a.m.; Divine Liturgy at 9 a.m.

IONA-HOPE EPISCOPAL

CONGREGATION

9650 Gladiolus Drive,
Fort Myers, 454-4778
The Reverend Dr. John S. Adler, pastor
Weekly services:
Saturday 5 p.m., Eucharist with Healing
Sunday 8 a.m., Holy Eucharist, Rite One;
9:30 a.m., Family Eucharist with Healing
and Church School
Tuesday 9:30 a.m., Morning Prayer (in
Spanish); Wednesday 9:30 a.m., Eucharist

with Healing. Child care available at
Saturday 5 p.m. and Sunday 9:30 a.m.
services.

JESUS THE WORKER

CATHOLIC CHURCH:

881 Nuna Avenue, Fort Myers, 481-1143
Masses Friday and Saturday, 7 p.m.;
Sunday, 8 and 10 a.m. and 6 p.m.

KINGDOM LIFE CHURCH

2154 McGregor Boulevard,
Fort Myers, 218-8343
Pastor Randy and Anita Thurman
10:30 a.m. Sunday Service
All are welcome.

LAMB OF GOD

LUTHERAN/EPISCOPAL CHURCH

Corner Cypress View Drive and Koreshan
Boulevard, Three Oaks area,
Fort Myers, 267-3525

Walter Fohs, pastor; Becky Robbins-
Penniman, associate pastor

Sunday worship services:

8 a.m. Early Grace Traditional

9 a.m. Awesome Grace Contemporary

10:30 a.m. Classic Grace Traditional

8:45 & 10 a.m. Sunday School God's
Group

MESSIAH REFORMED CHURCH

Worship Gathering - Sunday 10 a.m.

Pastor Alan Bondar

Fort Myers Villas Civic Association Bldg.

2306 Sunrise Blvd. Fort Myers, 33907

Phone text: 220-8519

website: messiahreformed.com

6:30 p.m. Wednesday Bible Study

noon Sunday Fellowship Lunch

Monthly Teen Events

see website for podcasts, special events,
ministries, calendar, blogs, etc.

NEW HOPE BAPTIST CHURCH

OF FORT MYERS

16120 San Carlos Boulevard, Unit 10

239-985-8503

9:45 a.m. Sunday School for all ages

11 a.m. Sunday Morning Worship.

7 p.m. Wednesday Evening Bible Study

NEW HOPE PRESBYTERIAN CHURCH

3825 McGregor Boulevard. Fort Myers

Pastors: Bill Stephens, Stu Austin and

Howard Biddulph, Associate Pastor

8 & 9:30 a.m. Traditional Worship

11 a.m. Contemporary Worship

8, 9:30 & 11 a.m. Sunday School

Youth and Children's programming runs

concurrent to Sunday services.

Nursery care provided at all services

For more information visit:

www.newhopefortmyers.org

PEACE COMMUNITY CHURCH

Meets at Ft. Myers Beach Masonic Lodge

17625 Pine Ridge Road,

Fort Myers Beach 267-7400.

Pastors Bruce Merton, Gail & RC Fleeman

Traditional Worship 9:45 a.m.

Contemporary Worship 11:15 a.m.

Phone: 267-7400 Fax: 267-7407

Web site: peacecommunitychurch.com

e-mail: peace1265@aol.com

PEACE LUTHERAN CHURCH

15840 McGregor Boulevard, Fort Myers

Walter Still, Senior Pastor,

Sunday Worship: 8 and 9:30 a.m.

¾ mile south from the intersection of

McGregor, San Carlos and Gladiolus.

A congregation of the ELCA.

REDEEMER LUTHERAN CHURCH

3950 Winkler Extension,

Fort Myers, 274-0143

Daily early learning center/day care

8:15 & 10:15 a.m. Sunday Services

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ods for relaxing the body and focusing

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increasing peace and happiness into

daily activity. For information, class times

and locations call 567-9739 or visit www.
MeditationInFortMyers.org.

SOUTHWEST BAPTIST CHURCH

16940 McGregor Boulevard,

Fort Myers, 454-3336

Robert G. Kasten, Pastor

Sunday Worship Service 11 a.m.

Nursery available

9:45 a.m. Sunday School for all ages

Junior Church grades one to five

Wee Church Pre-K to K

Evening Service 6 p.m.

Wednesday Service 6 p.m.

ST. COLUMBKILLE

CATHOLIC CHURCH

12171 Iona Road, Fort Myers, off

McGregor and north of Gladiolus.

489-3973 Father Joseph Clifford.

Weekly masses:

Monday through Saturday 8 a.m.

Weekend masses: Saturday 3 and 5 p.m.;

Sunday: 7, 9, 11, and 5:30 p.m.

Reconciliation is available at the church on

Saturdays at noon and by appointment

SAINT JOHN THE APOSTLE

METROPOLITAN COMMUNITY CHURCH

3049 Mcgregor Boulevard, Fort Myers,

344-0012 Pastor Reverend Steve Filizzi

An Affirming & Inclusive Congregation

Sunday Services, 10 a.m. and 7 p.m.

Mid-Week Service, Wednesday 6:30 p.m.

ST. MICHAEL LUTHERAN

CHURCH & SCHOOL (LCMS)

3595 Broadway, Fort Myers

239-939-4711, www.smlcs.org

Wednesday Fellowship: 5:30 p.m.

Dinner \$5, 6:15 p.m. bible studies

Worship: Saturday, 5:30 p.m.,

Sunday 8 a.m. and 10:45 a.m. with 9:15

a.m. adult and children's Bible Study, plus

marriage enrichment studies. Divorce Care

on Thursdays from 7 to 8:30 p.m.

During Lent: Wednesday worship

noon and 6:15 p.m.

TEMPLE BETHEL SYNAGOGUE

16225 Winkler Rd. 433-0018.

Rabbi Jeremy Barras

Cantorial Soloists Joseph/Lynn Goldovitz

Shabbat Services, Friday, 7:30 p.m.

Torah Study, Saturday, 9:15 a.m.

Bar/Bat Mitzvah Services, Saturday,

10:30 a.m.

Religious Education Classes, Midweek,

Grades 2-7, Wednesday, 5-6:30 p.m.

Preschool Classes, Monday through Friday

Confirmation Classes, Wednesday,

5:30-6:30 p.m.

Sunday School, 9:30 a.m. to noon

TEMPLE JUDEA (CONSERVATIVE)

14486 A&W Bulb Road, Fort Myers,

433-0201, Lay Leader Diane Seidenstein

and Larry Hershman

Weekly Minyan: Monday and Tuesday

morning at 9 a.m.

Services: Friday night at 7:30 p.m. and

Saturday morning at 9 a.m.

Religious School Sunday morning from

9:30 a.m. to noon and Wednesday

night from 4:30 to 6 p.m.

For Preschool information call 482-1121 or

email templejudeapreschool@gmail.com

THE NEW CHURCH

The New Church of SWFL is located at

10811 Sunset Plaza Circle, by Summerlin

and Pine Ridge Roads, behind Zoomers

and the ponds.

Reverend Nadine

Spiritual Recovery, Wednesdays 10 a.m.

Healing Service, Wednesdays 11 a.m. and

Fridays 6:30 p.m.

Sunday Worship Services, 11 a.m.

Call for information 481-5535.

THOMAS A. EDISON

CONGREGATIONAL CHURCH

1619 Llewellyn Drive Fort Myers

Just off McGregor across from the Edison/
Ford Winter Estates 334-4978

Senior Minister: Douglas Kelchner

Traditional Worship Sunday's 10:15 a.m.

Website: www.edisonchurch.org

From page 10

Churches/Temples

UNITARIAN UNIVERSALIST CHURCH FORT MYERS

13411 Shire Lane (off Daniels Parkway one mile west of I-75)
Minister: The Rev. Allison Farnum
Sunday services and religious education at 10:30 a.m.

For information on all church events call 561-2700 or visit www.uucfm.org.

UNITY OF BONITA SPRINGS

Family Service 10 to 11 a.m.
Healing Circle 11 a.m.
Hospitality and Fellowship, 11 a.m.
Inspiring lesson, uplifting and dynamic music, meditation in a loving environment.
Service held at 28285 Imperial Street, Bonita Springs. Call 947-3100.

WESTMINSTER PRESBYTERIAN CHURCH

9065 Ligon Court, Fort Myers, across from HealthPark Hospital, 481-2125
Senior Pastor: Robert Brunson
Sunday Service:

9:30 a.m. Sunday School for all ages
11 a.m. Blended Worship
www.westminsterfortmyers.org

WORD OF LIFE CHURCH

2120 Collier Ave, Fort Myers, 274-8881;
Services: Sunday 10 a.m.;
Wednesday 7 p.m.

Bishop Gaspar and Michele Anastasi

ZION LUTHERAN CHURCH:

7401 Winkler Road, Fort Myers, 481-4040, Pastor, Steve Hess
Sunday Services: 8 a.m. traditional;
9:30 a.m. contemporary; 11 a.m. blendings.
Sunday school, 9:30 a.m.✱

OBITUARY



VERNON TRISTAN FRANKWICH

Vernon Tristan Frankwich passed away on August 11 at Shell Point Hospice. He was 83 years old. Vern, as he was known on the islands, was born March 23, 1928 in Baltimore, Maryland, where he grew up. He attended Polytech High School in Baltimore and went on to get his bachelor of science at Johns Hopkins University. While at Johns Hopkins he played on the lacrosse team and was a member of the Delta Upsilon Fraternity. Vern served in the United States Navy during WWII on the U.S.S. Orion in the Panama Canal zone.

In 1953 Vern married Elizabeth Anne

Ormond of Akron, Ohio, and together they went on to have two children. For more than 35 years Vern owned and operated an HVAC company called Frankwich Trane Sales and Service Inc., located in Milford, Connecticut. The family lived nearby in Woodbridge, Connecticut, for more than 30 years.

Vern and his wife, Libby, moved to Sanibel in 1996. Once on the island, Vern continued as a tennis player, a lifetime member of the Sanibel Island Fishing Club, a member of the Power Boat Squadron and served on the City of Sanibel's Wildlife Committee. Vern and his good friend "Indy" Gopal Pati worked together on designing the PVC tubes found at the fish pier for safely disposing of fish scraps and old bait.

He and Libby were world travelers, spanning the globe from Africa to South America and all places in between. Vern loved, lived and enjoyed life with a passion and he will be missed by all of his many friends and family.

Vernon Frankwich is survived by his wife of 58 years, Elizabeth Anne, his daughter Amy Frankwich Jackson (Stephen) of Gardnerville, Nevada, and his son, Douglas M. Frankwich of Chicago, Illinois. He is also survived by two grandchildren, Nicklas (Rachael) Frankwich (U.S. Navy) and Thomas Jackson and one great-grandson, Aiden Frankwich.

In lieu of flowers, the family has asked that contributions be made in his honor to CROW Clinic for the Rehabilitation of Wildlife on Sanibel. A memorial service is planned for late October on Sanibel.✱

Biblical Counseling

HOPE Biblical Counseling and Training Center of Fort Myers is offering a 12-week course entitled Issues In Biblical Counseling, on Tuesday evenings, September 6 through November 29 from 6:30 to 8:30 p.m.

Topics to be covered include fear, anger, depression, worry, finances, and addictions.

HOPE has been ministering in the Fort Myers area for over 15 years and is recommended by the Association of Biblical Counselors, certified by the International Association of Biblical Counselors, and approved by the National Association of Nouthetic Counselors

The teacher, Dr. Virginia Stewart, is the director of HOPE Biblical Counseling and Training Center, and is also director of the Master of Arts Program of Trinity Theological Seminary, Newburgh, Indiana, where she received her PhD.

This course is one of five taught by HOPE that can lead to national biblical counseling certification, seminary credit, and undergraduate credit.

HOPE Biblical Counseling Center is located at 9065 Ligon Court in Fort Myers.

For more information or to register, call 481-0777.✱

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or email press@riverweekly.com

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LAZY FLAMINGO 2
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472-6939

LAZY FLAMINGO 3
16501 Stringfellow Road
Bokeelia
283-5959

LAZY FLAMINGO 4
12951 McGregor Boulevard
Fort Myers
476-9000

R
A
W

B
A
R



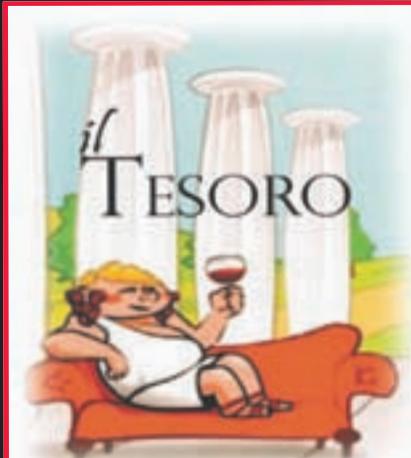
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Summer Fishing Never Gets Old



by Capt. Matt Mitchell

Things sure were quiet out on the water last week with very few boats out and about. The next six weeks is as slow as it gets around here, even though fishing is

as good as it gets. During the winter season things are really busy out on the water and fishing is average at best. It is ironic that during the best, most consistent fishing months of the year, hardly anyone is here to enjoy it and we have it all to ourselves.

If you are a year-round resident or one of the lucky few who is down here and fishing right now, you know how good it can be. Snook and redfish have no problem with pending tropical storms, crazy humid heat and bath-like water tempera-

tures.

Redfish fishing keeps getting better every week. As we move into September and then October, the redfish action will peak with the larger mature fish schooling up in the sound before they move offshore. If you can schedule your fishing time right now around a good high tide or one over that two-foot or better mark, you are pretty much guaranteed redfish. Add in a little wind pushing the water into the trees and it's on.

One morning at the end of the week, while working one of my favorite redfish shorelines on a southeast wind, I pulled more than a dozen reds up to 25 inches out of one mangrove spot in about 30 minutes. The redfish were eating cut pinfish skipped up close to the trees. Just about every well-placed cast got hit until the fish turned off or moved on as quickly as they had started. Bouncing around other nearby shorelines, I did pick up a few more reds here and there but never found a spot as hot as my first stop of the day.

The first part of the week, I raced up to Redfish Pass first thing in the morning to catch the end of an outgoing tide, hoping to find some good snook action.



Sam Mitchell with a 37-inch snook caught with Capt Matt Mitchell on a recent day off

To my disappointment, the tide had really slowed down and was just about finished so I almost did not even drop a bait to give it a try. But as I was already there, on second thought I decided to at least make one drift.

As we slow-drifted the seawall at South Seas Island Resort, I had very low expectations. To my surprise, within 15 minutes we caught three big redfish and a few small gag grouper until the tide completely stopped. One little section just off the seawall held all the reds in about 18 feet of water. After getting one redfish right off the bat and locating the fish on the first drift, I held the boat in the honey hole on the motor, bumping it in and out of gear as there were no other boats around. Small pinfish fished on the bottom caught a 26-, 27- and 29-inch redfish. Now that's a good start to the day.

After that bite quit we moved to the docks on the north side of the pass. In the clear water you could see large groups of small snook moving up and down the docks and treeline on the

southern tip of North Captiva. With no tide moving, we could not get them to eat a bait. After about 20 minutes of throwing baits at them with no action, we headed out to the Buck Key channel to catch some trout and pass some time until the tide started moving back in.

Fishing the edges of the shallow grass flats with soft plastic jigs, we kept the rods bent. Most of the trout were on the small side along with some ladyfish in the mix. While jigging we did see a couple of rolling tarpon in the slick calm water but never got close enough to pitch a bait at them. Once the tide started moving back in hard, it was time to move on and fish for snook again.

This summertime pattern just never gets old.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmattmitchell@aol.com.*

Send Us Your Fish Tales

The River Weekly would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the River Weekly, 1609 Hendry Street, Suite 15, Fort Myers, Florida 33901, or email to press@riverweekly.com.

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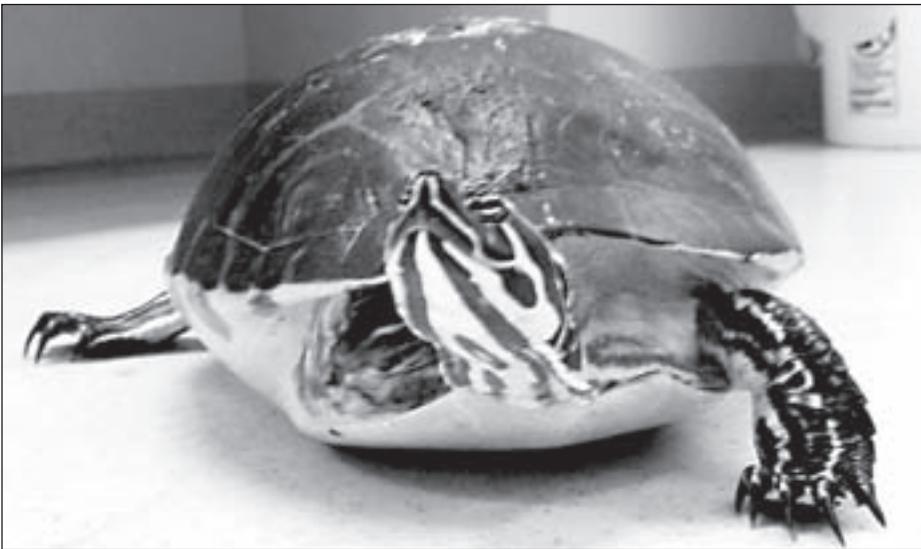
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This Peninsula cooter's lost foot was an old injury that made her more vulnerable when she was hit by a car

CROW Case Of The Week:

Peninsula Cooter

by Emilie Alfino



An adult female Peninsula cooter found by a Cape Coral man arrived at CROW July 18. She was languishing, bleeding, on a service road at Southwest Florida International

Airport, suffering from a number of serious wounds from being hit by a car. The man who found and rescued her, a rock-and-roll aficionado, called her Zeppelin while she was in his care.

She arrived still bleeding from the top of her shell and from her right front foot, according to Dr. Jess Brugler, who is filling in at CROW since Dr. Amber's departure. "She had some shell fractures along the middle of the top of her shell. The most interesting thing is she was missing her foot and that was an old injury. That's why it was bleeding – scar tissue is usually not as strong as the original," Dr. Jess said. "So here she has been living out in the wild with basically only three legs and seemingly doing great until she decided to cross in the middle of the road."

A turtle missing a limb is usually able to adapt pretty well. They use their back legs for steering, diving, and digging their

nests; the front legs are basically for helping them propel themselves, according to Dr. Jess. This turtle did have a stump, making it a bit easier for her than if she had lost her whole leg. "She probably lost her foot when it got tangled in some fishing line or something, or maybe something bit it off," said Dr. Jess. The vet's best guess, though, was it was a fishing line that took off the turtle's foot.

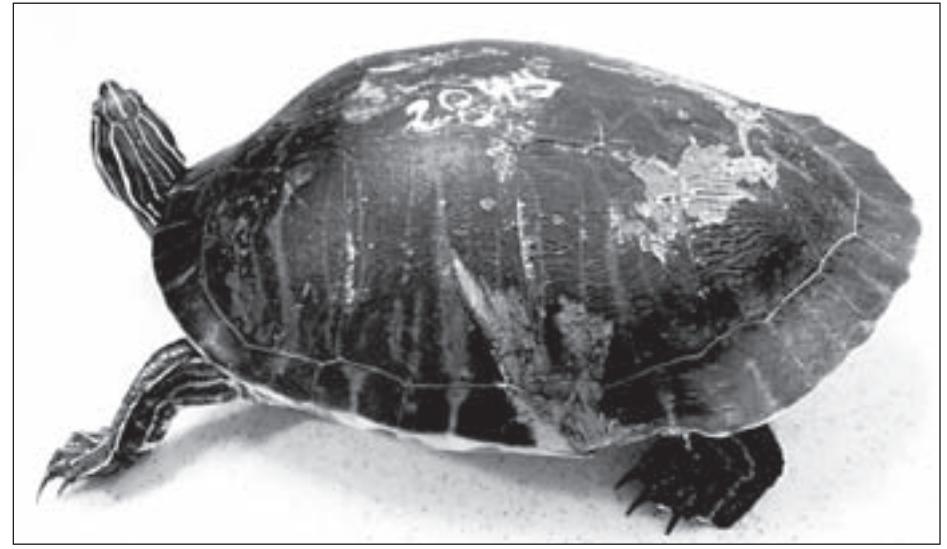
The turtle also had a lot of bruising and road rash, as one would imagine after being hit by a car on an airport service road. "Her shell was all scuffed up, especially on the bottom," Dr. Jess explained. "It did seem to indicate she had been clipped by the car and skidded, but I can't really estimate how far. She may have just spun on her belly."

The cooter was given pain medication right away. "That's a pretty painful injury for these guys – that's bone being broken," said Dr. Jess.

Staff cleaned her up with saline solution and applied antibiotic cream and a bandage. Antibiotics were also administered, as Dr. Jess was worried about dirt in the wound because it was a complete fracture.

The bandage stayed on for 11 days and the turtle was already healing well enough to go without a bandage and switch to golden yellow salve to cover the wound. She had been soaking in a shallow tub to keep her bandages dry. Now on golden yellow, she could go in the water, and she started going deeper.

"The funny thing about turtles with shell injuries is they tend to float," Dr.



The wounds are well on their way to being healed, but it's clear that she took a beating on the road

Jess explained. "They get kind of an air bubble in there. It takes some time for them to regain the ability to go back underwater."

August 9 was a big day for the cooter – she started going outside in one of CROW's sea turtle tanks. For three days she continued to float but could steer against the current and get around very well. "Just three days later I went out there and she was walking on the bottom of the pool," Dr. Jess said, obviously pleased.

Peninsula cooter, CROW patient number 2846, formerly dubbed Zeppelin by her rescuer, was released in one of the ponds in the Bailey Tract, where you can

now sometimes hear the faint strains of *Stairway to Heaven* emanating from the water.

"She had the best personality," said Dr. Jess. "She was a very curious turtle and I'm so glad she's back where she belongs."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from the Gulf Coast of Florida. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: www.crowclinic.org.

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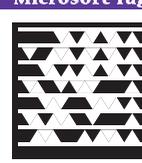
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Plant Smart

String Lily

by Gerri Reaves

String lily (*Crinum americanum*) is an eye-catching, easy-to-grow native wildflower of the amaryllis family.

Another common name, swamp lily, indicates its wild habitat, swamps, marshes, ditches, and wet hammocks. This bulb plant is widespread in Florida.

The star-like flowers have six slender arching petals and sepals with prominent purplish stamens arising from the centers. The usually white flowers sometimes have a pinkish tinge.

They appear in clusters of two to six atop tall stalks separate from the leaves and can bloom throughout the year in South Florida.

The strap-like leathery leaves are about three inches wide and up to five feet long, surrounding the base of the plant in a large rosette.

String lily prefers partial shade, but can be planted in full sun. It is tolerant of almost any soil type and will grow in boggy problem areas of the landscape.

Tolerance for salt spray makes it a good choice for coastal gardens.

Use long-lived and slow-growing string lily as a specimen plant or in a mass planting. It can also be used in a water garden or even as a container plant.

New string lilies can be started with seeds, but it will also spread by offset bulbs, which can be divided from the parent plant and relocated.

The string lily is pollinated by the sphinx moth.

A word of caution: All parts of the plant are poisonous and even the sap can irritate the skin.

Sources: *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, *Everglades Wildflowers* by Roger L. Hammer, gardenguides.com, and plants.ifas.ufl.edu.

*Plant Smart explores sustainable gardening practices that will help you create a low-maintenance, drought-tolerant, hurricane- and pest-resistant South Florida landscape.**



In the wild, native string lily grows in freshwater wet areas, but it adapts for the urban landscape



String lily's fragrant flowers appear in clusters on long stalks

photos by Gerri Reaves

Young Girl Happily Donates Her Birthday Money To CROW – Again



Lauren is pictured here presenting her donation to the CROW team at the wildlife hospital. She says her goal for next year is \$500

Eleven-year-old Lauren Ruckman stopped in at CROW to drop off the \$247.30 she raised from her birthday. Lauren wants to be a veterinarian and each year visits CROW to drop off the money she has raised to help sick, injured and orphaned wildlife. Everyone at CROW would like to thank Lauren and express an early "Happy 12th Birthday" wish for when she returns next year.*

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Get Ready To 'Fall For The Arts'



Kids learning *Thriller* from Dance Alliance - Walk Through the Arts 2010

Art. Music. Dance. Theater. Education. Community. The Alliance for the Arts is kicking off Lee County's cultural season at its 9th annual Fall for the Arts (formerly Walk Through the Arts), a free family event on October 22 from 10 a.m. to 3 p.m.

Fall for the Arts is a campus-wide event showcasing the many opportunities for community members to get involved and experience the arts. Local art organizations, theaters, galleries, museums, artists and art schools will be in attendance distributing information about their upcoming seasons.

Area performing groups will dance, sing, play instruments and act in mini-performances at the outdoor amphitheater. Visual artists will demonstrate their talents in painting, drawing, sculpting and mixed media while area authors sign and sell their books in the literary area.

There will also be an artist area where guests will have the opportunity to shop for one-of-a-kind, handmade pieces. The Alliance's GreenMarket will be open on the north side of the campus offering sustainable products that have been locally grown, caught and cultivated.

The Alliance welcomes the following newcomers to Fall for the Arts: Shy Wolf



Instrument Zoo

Free Tutoring

Students in the program receive top-notch tutorial assistance to enable them to perform at their grade level in reading and math, and to do well on the FCAT- the Florida Comprehensive Assessment Test.

To sign up your child for the free tutoring service, call Basic Learning skills at 332-3480, to see if your child is attending a school that is participating in the program. You may also email basiclearningskills95@yahoo.com. The agency was recently awarded the highest rating that the Florida Department of Education can grant an SES provider (supplemental education services).

To learn more about the agency, visit www.basiclearningskills.com.



Outdoor musical performance

Sanctuary; the Bookmobile; the fire department; Ms. Silvia's Face Painting; and Russ Goodman's Balloon Menagerie. New participants are welcome. For information about becoming part of Fall for the Arts call 939-2787 or email education@artinlee.org.



Indoor dance performance

The Lee County Alliance for the Arts is at 10091 McGregor Boulevard, just south of Colonial Boulevard. Visit www.artinlee.org for more details.

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Midsummer Melon Salsa

- 3 cups watermelon (seedless if available), diced
- ½ cup bell pepper (green, or your favorite color), diced
- 2 tablespoons lime juice, freshly squeezed
- 1 tablespoon cilantro, chopped
- 1 tablespoon green onions, chopped
- 1 tablespoon jalapeño pepper, finely chopped
- kosher salt and freshly ground pepper to taste

Combine all ingredients. Cover and refrigerate 1 hour to let all of the flavors come together. Tip: This light summer-style salsa is a great way to liven up fresh Florida seafood. Use this salsa recipe as a template to make any kind of salsa; just replace the melon with your favorite fruit or veggie.

Yield: Six servings

Nutritional Value Per Serving

Calories 320; Total Fat 4g; Cholesterol 0mg; Sodium 163mg; Total Carbohydrates 73g; Protein 6g. Good source of Vitamin C.

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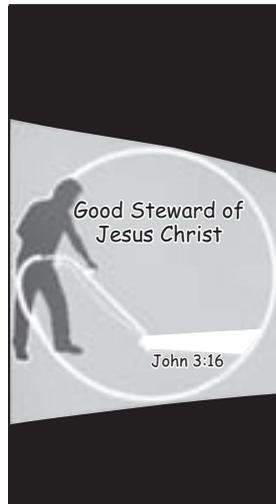
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Lanes Still Open For FGCU Bowling Fundraiser

Individual participants and sponsors still have an opportunity to take part at the nearly sold-out Dollars for FGCU Scholars bowling fundraiser to be held September 10.

Hosted by Florida Gulf Coast University's Alumni Association, the evening includes an exclusive behind-the-scenes tour of Beacon Bowl Lanes for lifetime alumni members starting at 6 p.m., followed by two games of bowling, food and beverages at 6:30 p.m.

"Thanks to the support of past alumni and local business partners, the past four years have been a huge success with last year raising more than \$2,000 for student scholarships," said Lindsey Touchette, FGCU Alumni Association director.

Sponsorship is \$250 and includes recognition at a designated lane. Individual bowling sign up for a team of five is \$25 per adult and includes shoe rental; children seven and under are \$15. Spectators can support the event and have food and beverages for \$10.

For an additional fee guests may participate in bowling bingo and a silent auction. Prizes include a round of golf at Bonita Bay East, Fort Myers Miracle tickets, a stay at Naples Grande Beach Resort, and gift certificates from Golf Galaxy, Naples Princess Cruise, Naples Transportation and Tours, Naples Zoo, Publix and Purely You Spa.

Prizes will also be awarded to bowling competitors in four categories: Best Team Costume, Most Spirited Team, Top Turkey and Top Bowler.

Current lane sponsors include Atilus, Bar Louie and Courtyard Marriott – both at Gulf Coast Town Center; Delta Delta Delta – Epsilon Alpha; Enterprise Rent-a-Car; FGCU Athletics; Forever Yours Boutique; KPG Accounting Services; Liberty Mutual; Maddox Construction Company; Phelps Realty Services; Jim and LaTeshia Robinson; Rotary Club of Estero; Tree Campus USA; and Zeta Tau Alpha – Kappa Tau.

All proceeds benefit the FGCU Alumni Association Scholarship Fund which assists deserving FGCU students with the cost of tuition. Past recipients include Nichole Doyle, Joshua Thomas, Jessica Davie, Casey Panepinto, Sasha Sadez and Katherine Almonte.

For more information, call 590-1087 or register at www.fgcu.edu/alumni.✱

FGCU Hosts 5K Fun Run

The Kleist Health Education Center at Florida Gulf Coast University invites the public to a 5K Fun Walk/Run event from 8 to 10:30 a.m. Saturday, September 17 on campus to help raise funds for future programming and transportation for school students in the Southwest Florida community.

Early registration begins August 28. Registration information for this event can be found at: www.fgcu.edu/khec/events.asp.

The Kleist Health Education Center is an educational, not-for-profit organization devoted to promoting healthy lifestyles. Its mission is to cultivate life-long habits that empower individuals to make healthier lifestyle choices and reduce destructive decision making. Through the use of dynamic interactive educational programs, children and adults will begin a lifetime journey of healthy living.

For more information about the event, contact MaryAnn Adams at 590 -7459.✱

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New Listing- Blind Pass Condo

This well established, desirable, well maintained Blind Pass condo is a must see! This unit is steps away from one of the best shelling locations and secluded beaches on the Islands. This unit has great rental income and has remodeled kitchens and bathrooms. Don't miss your opportunity with this one! **Offered for \$499,000. Contact the Walters Team, Tracy " Mr. Listr" 239/ 994-7975 or Connie "Ms Listr" 239/841-4540.**



New Listing

The Ultimate Fishing Retreat! This charming three bedroom, two bath home is located on the very desirable East End on a canal. Enjoy the beautiful pool with three waterfalls & spa, the new large dock on the canal or lounge in the spacious screened in deck overlooking the pool and canal. Cathedral ceilings in the open family room directly off of the eat in kitchen. A large master suite with walk in closet & screened deck/sitting area. This home includes an oversized garage perfect for large boat and beach access just around the corner. This home provides Gulf access, beach access a huge dock and a tropical canal. Perfect for a fisherman! **Offered for \$599,000. Offered Contact The Walters Group, Tracy " Mr. Listr" 239/ 994-7975 or Connie "Ms Listr" 239/841-4540.**



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Golf Tournament To Focus On Patriotic Theme This November



All golf carts are equipped with GPS

The Red, White and Blue Scramble, the 8th Annual Shell Point Open Golf Tournament, will be held on Friday, November 11, at the Shell Point Golf Club in Fort Myers. The tournament, presented by The Legacy Foundation, will raise funds for the Waterside Medical Complex which offers medical and healthcare services to residents of Shell Point and the surrounding community. This complex includes the Larsen Pavilion, a 219-bed skilled nursing facility, a state-of-art rehabilitation center, and many more healthcare services.

"This year we will host the tournament on a very special day, 11-11-11, and plan to honor all veterans who are present as well as those who served in the past, present, and future," said Timothy Stephenson, executive director of the Shell Point Legacy Foundation. "This is our 8th year hosting the Shell Point Open, and we have received overwhelming support each and every year. Golfers and sponsors alike continue to support and enjoy this tournament because of developing friendships and the opportu-



The course is equipped with a fully stocked pro shop and snack bar, grass driving range and practice green



Shell Point Golf Club boasts an 18-hole championship course open to the public

nity to help with a worthwhile cause. This tournament is just one way that we can help individuals receive the best healthcare possible, while also having some fun."

The tournament registration will begin at 7:15 a.m. UBS Financial Services Inc., The Scoggins/Moreland Group has offered to be the title sponsor for the event. The cost to play is \$125 per person, which includes 18 holes of golf plus cart, player gift bags, prize opportunities, breakfast, and lunch. Corporate sponsors include Wright Construction; The Alliance Development Fund; Harvey-Engelhardt-Metz Funeral Home; and Alexander & Hoover, CPAs, PA.

Anyone interested in learning more about this tournament or about making a tax-deductible donation to the Waterside Medical Complex at Shell Point, contact Deborah Henning at 466-8484.

The Shell Point Golf Club is an 18-hole Championship Golf Course that opened in 2000. The course offers a grass driving range and practice green, lessons, a fully stocked pro shop and snack bar, and all the course golf carts are equipped with GPS monitors. The course is open to the public, and is located at the entrance to Shell Point Retirement Community in Fort Myers, Florida, just off Summerlin Road, two miles before the Sanibel Island Causeway. The Legacy Foundation was founded in 2002 as a non-profit organization serving the Shell Point community.*

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Jim Thome Should Be In The Hall Of Fame On The First Ballot



by Ed Frank

We don't understand the lack of fanfare, the lack of celebration when the Minnesota Twins' Jim Thome hit his 600th home run – only the eighth player in major league history to do so.

In my book, the likeable Thome is a surefire first-round selection for baseball's Hall of Fame. But his 600th dinger earlier this month sure didn't get the media attention that Derek Jeter captured with his 3,000th hit.

Maybe it's because Jeter toils in the Big Apple for the New York Yankees and Thome, from blue collar Peoria, Illinois, plays for the small market Twins, his fifth team in the last 10

years.

But let's take a detailed look at the amazing record of the 41-year-old Thome, now in his 19th major league season:

He is eighth on the all-time home run list, and three of the seven ahead of him have either admitted to or have been suspected of using steroids. Never, I repeat never, has Thome been tainted by the steroid scandal.

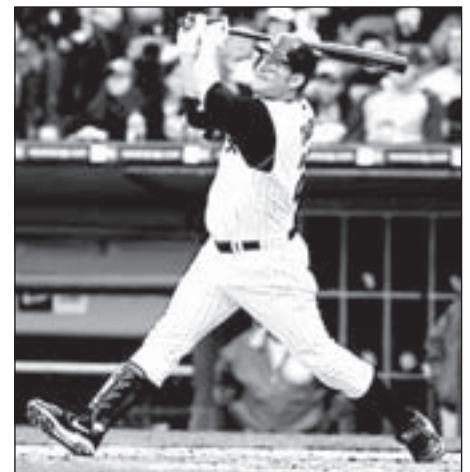
Based on his number of at bats, he reached No. 600 faster than any other player with the exception of Babe Ruth.

All-time, Thome ranks 18th in slugging percentage and 27th in RBIs. That's out of more than 17,000 major league players over the last 100 years.

Only 33 players have hit homers against all 30 teams and Thome is one of them.

He hit 40 or more home runs in six seasons, scored 100 runs in eight sea-

continued on page 27



Jim Thome



Cartoon logo by Dave Horton

Official Logo Unveiled For 10K Race

FISH (Friends In Service Here) of Sanibel has launched the official logo for this year's 10K. The logo, which was developed by popular cartoonist Dave Horton, will appear around the islands promoting the FISH 10K race on posters, banners and T-shirts.

In the 2011 design critters are seen running the race. The cartoon also features the Sanibel Lighthouse. Horton donated his time and designs to FISH for this event.

The race takes place on Sanibel on Saturday, October 15 starting at The Community House. Following a 10-kilometer circuit around the island, participants will return to The Community House. The race's premier sponsor, the Sanibel Captiva Trust Company, will be on hand at the starting line to see the runners off. The race is being held in conjunction with the Fort Myers Track Club and is expected to attract more than 400 runners this year. Runners can download the entry form at www.fishofsanibel.com

The 10K is the main fundraising event for FISH this year; the organization hopes to raise significant money from the race through local sponsorships, participant fees and donations.

To sign up or to become a sponsor call FISH at 472 4775.

FISH relies on community support to fund all programs and accepts unopened, unexpired food items which are delivered directly to island families in need. For more information, go to www.fishofsanibel.com.*

Walk To End Alzheimer's Coming Up

The Alzheimer's Association's Walk to End Alzheimer's is a united movement to reclaim the future for millions. Walk to End Alzheimer's will take place on Saturday, October 22, at Centennial Park in Fort Myers. Nearly 500 people from Lee County are expected at this year's event to raise awareness and funds to fight Alzheimer's disease.

Participants will take part in a two-mile walk and will learn more about Alzheimer's disease, advocacy opportunities, clinical trial enrollment, and support

programs and services of the Alzheimer's Association. Each walker will join in a meaningful tribute ceremony to honor those affected by Alzheimer's disease.

The end of Alzheimer's disease starts here. Start or join a team today at alz.org/walk or call 405-7008 or 800-272-3900.

About the Alzheimer's Association Walk to End Alzheimer's:

The Alzheimer's Association Walk to End Alzheimer's is the nation's largest event to raise awareness and funds for Alzheimer's care, support and research. Since 1989, the Walk to End Alzheimer's has mobilized millions of Americans in the fight against Alzheimer's disease. Alzheimer's is the the nation's sixth-leading cause of death.*

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Learn More About Shell Point

Residents of Southwest Florida who would like to learn about resort-style retirement options and life-care are invited to attend one of several informational meetings at Shell Point Retirement Community. One of Shell Point's experienced retirement counselors will explain the numerous benefits of becoming a resident.

The informational meetings will be held at 10 a.m. on the following dates in the main commons located in The Woodlands neighborhood at Shell Point. The presentations will take place on the following dates:

September 7, 13, 21, and 27

October 11 and 18

November 2, 8, 16, and 29

December 7, 13, and 21

A brief presentation will be given on the benefits of lifecare at Shell Point during the casually structured meeting, where guests will learn about the numerous retirement options. Included in the visit is a tour of all three neighborhoods: The Island, The Woodlands, and Eagles Preserve, as well as information on the many amenities available to residents.

Admission to these informative sessions is free; however, seating is limited, so reservations are required and may be made by calling Maureen Thomson at 466-1131 or 1-800-780-1131.

To learn more about Shell Point, visit www.shellpoint.org.✳

Lunch Seminar On Exploitation Laws

Lee Elder Abuse Prevention Partnership (LEAPP) will hold an informational lunch program on Wednesday, September 14. The event, entitled The Truth: Exploitation Laws Protecting Seniors, will be held from 11:30 a.m. to 1:30 p.m. at Broadway Palm, 1380 Colonial Boulevard in Fort Myers.

Doors will open at 11:30 and buffet lunch will be served at noon followed by the program. LEAPP spokesperson Craig Wolf will give introductory comments and introduce the guest speaker.

Guest speaker Detective Joe Roubicek, economic crimes detective with the Broward County State Attorney's Office, will present the program. Roubicek is the author of the book *Financial Abuse of the Elderly: A Detective's Case Files of Exploitation Crimes* which serves as a criminal justice educational tool throughout the country.

The cost to attend the lunch program is \$20 per person. Advance registration with payment is required to attend the program. Mail guest name(s) with check made payable to the Dubin Alzheimer's Resource Center, 10051 McGregor Boulevard, Suite 101, Fort Myers, FL 33919. For more information, call the center at 437-3007.✳

Financial Focus

Don't Let Low Rates Sink Your Retirement Plans

by Jennifer Basey



Over the past few years, if you've taken out a mortgage or another consumer loan, you've probably welcomed the low interest rates you may have received. But as an investor, if you've

kept any retirement savings in fixed-rate investment vehicles, you may have seen low rates in a less favorable light. And that's why it may be time for you take a closer look at your financial strategy for working toward the retirement lifestyle you've envisioned.

Of course, you can always hope that interest rates will rise, and perhaps they will. As you may know, the Federal Reserve has kept interest rates at record lows in recent years to stimulate lending and thereby boost the economy. But rates can't get much lower, and if inflation were to heat up, the Fed could reverse course by starting to raise rates.

However, if you're going to do a good job of building financial assets for

retirement, you really can't afford to play wait-and-see with interest rates. Instead, consider the following moves:

- **Rebalance your portfolio.** No matter what your situation, it's a good idea to periodically rebalance your investment portfolio to help ensure it still reflects your risk tolerance, time horizon and long-term goals. If you're concerned about low rates harming your future investment income, you have more reason than ever to review your portfolio and make adjustments as needed, relative to your objectives. For example, if it seems that your portfolio has become overweighted in any one vehicle, you may need to change your investment mix, keeping in mind your individual risk tolerance.

- **Redefine retirement.** Retiring from one career doesn't have to mean retiring from work altogether. If you decide to work part-time, do some consulting or even open your own small business, you may be able to earn enough income to take some of the pressure off your investment portfolio in terms of providing you with the money you need to live on during retirement. Also, by working during your nominal retirement years, you may be able to delay taking Social Security until you're a little older, when your monthly checks can be larger.

- **Review your withdrawal strategy.** During your retirement, the amount you choose to withdraw from your investments each year will depend on several factors, including the size of your port-



Scott Fischer

Chair Named For Bikers For Babies

Scott Fischer, CEO of Scott Fischer Enterprises and owner of Fort Myers and Naples Harley-Davidson dealerships, has been named the chair of the 2011 March of Dimes Bikers for Babies. This will be his second consecutive year in the position.

"I'm excited to once again take on the challenge of leading the Bikers for Babies program as chair," Fischer said. "We are fortunate enough to not only host the event during the Bikers for Babies week-

end, but also host other activities leading up to the big weekend."

The series of events will start on Friday, November 4 with the CenturyLink Prism TV Battle of the Bands and bike night at Fort Myers Harley-Davidson with live entertainment, vendors, food and refreshments.

On Saturday, November 5 there will be a poker run taking riders through Southwest Florida.

The grand finale will be on Sunday, November 6 – a 35-mile, law-enforcement escorted ride starting at the North Collier Regional Water Park on Livingston Road in Naples and ending at Fort Myers Harley-Davidson where there will be a celebration with more live entertainment, food, refreshments, vendors and awards for those who have raised the most money.

Other events leading up to the Bikers for Babies weekend include the Big Kahuna Bed Race October 1 at the Cape Coral Bike Night; Poker Nights at Fort Myers Harley Davidson and Naples Harley-Davidson; golf tournament for the medical community at Cypress Lake Country Club; and be sure to watch out for the Helmet Drive the weekend of October 8. Supporters can make a donation at anytime by purchasing "wings" at either dealership as well.

To learn more about these events, call the March of Dimes office at 433-3463 or visit www.bikersforbabiesflorida.com.✳

folio and the amount of income it is providing. As you chart your retirement strategy, you'll need to factor in a realistic withdrawal rate.

- **Re-examine sources of investment income.** You may want part of your retirement income to come from investments that offer protection of principal. If so, you don't have to settle for the lowest-rate vehicles. By looking at the various alternatives and blending them with

your overall portfolio, you may be able to boost your income without significantly increasing your investment risk.

In short, just because interest rates are low, you don't have to lower your retirement expectations – as long as you plan ahead and explore your options.

Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.✳

Immokalee Foundation Names Director

The Immokalee Foundation announces the appointment of Susan Wulber as director of finance and administration.

Wulber will be responsible for accounting operations, planning and day-to-day employee administration.

"Susan is a welcome addition to the team and her experience will be an asset to TIF," said Liz Allbritten, executive director of The Immokalee Foundation.



Susan Wulber

Wulber has an MBA with more than 25 years of professional experience providing managerial, business and financial analysis for organizations including Allen Systems Group, Chemical Abstracts Service, Bell & Howell Publications Systems Company and LEXIS/NEXIS.

The Immokalee Foundation has a range of programs that focus on building pathways to success through college and vocational school, mentoring and tutoring, and opportunities for broadening experiences and life skills development. To learn more about TIF, call 430-9122 or visit www.immokaleefoundation.org.✳

Read us online at
IslandSunNews.com

School Smart



by Shelley M. Greggs, NCSP

Dear Readers,

I will be writing a few more columns on resiliency, the topic that was initiated last week. It has generated quite a bit of interest and many of you have

asked for more information on it. As I mentioned, resiliency research teaches us to understand the factors that help children develop into mentally healthy adults, even if growing up in disadvantaged circumstances. All children have the same needs for care, competence, self-esteem, autonomy, and the other components of resiliency. This week we will take a look at what constitutes resiliency and next week we will look at the resilient child and resiliency as a process.

Generally speaking there are three main components of resiliency: cognitive and behavioral elements, social factors, and organic and genetic factors. Cognitive and behavioral factors that are important to develop for resiliency include social, emotional, problem-solving and analysis skills. Optimism, autonomy and self-esteem are also important building blocks of resiliency.

Social factors that contribute to resiliency include relationships with parents, peers, teachers, and others. Parental attachment and bonding, high clear expectations, consistent boundaries and participation of children in family decision and responsibilities are essential to a supportive family relationship for resilient children.

Factors at school that increase resiliency are supportive and caring teachers, high academic standards and expectations and opportunities for involvement that help to foster a sense of belonging and a belief in personal significance which can respond to a sense of alienation that many children experience.

Peer relationships should be stable and positive, especially during the teen years. This can be quite a challenge at times. Research has suggested that peer relationships can provide support for resiliency even if the parental relationship is dysfunctional.

Organic and genetic components that factor in to resilience include gender, temperament, intelligence, and physical health. Recent research has suggested that girls, children with an easygoing temperament, and children with above-average intelligence tend to be more resilient.

These three components along with the development of an optimistic point of view, autonomy, and strong self-esteem form the basis of resiliency in children. Clearly the social, behavioral, at least some part of the school and peer fac-

Shell Point Academy Topic: U.S. Intelligence

The Academy at Shell Point invites the public to attend a presentation on the U.S. Intelligence – Contemporary Issues led by Tom Eastwood, a consultant, lecturer, and “edutainer.” This event will take place on Thursday, September 8 at 1 p.m. in the Grand Cypress Room at The Woodlands in Shell Point Retirement Community. Space is very limited, so tickets are required and can be purchased for \$10 each by calling 454-2054.

“The last decade has seen many changes in our security and the economy due to the tragic acts which occurred on September 11, 2001,” said Teri Kollath, Manager of Academy and Volunteer Services. “Many people are concerned about the safety of our nation, should future attacks ever be attempted. We are honored to have Mr. Eastwood speak on our campus and offer some additional insight.”

Eastwood began his career with the Bureau of Alcohol, Tobacco and Firearms before transferring to the Department of Defense. His career also included conducting and leading counter-intelligence and criminal investigations, and he has also served as a senior executive for the IRS.

In this frank and open discussion which moves beyond the rhetoric, political hyperbole, and media hype, Eastwood will discuss why our intel-

ligence failed us on 9/11 and the state of our current preparation. He will also cover the use of torture in the war on terror, terrorist surveillance, and why it took so long to kill Osama.

The Academy at Shell Point is a lifelong learning educational initiative for the residents of the retirement community. The academy provides anywhere from 70 to 90 classes each semester, encompassing a well-rounded curriculum of educational opportunities for senior adults. The academy was named as one of 2008’s most innovative active aging programs by the International Council on Active Aging (ICAA), an association that supports professionals who develop wellness/fitness facilities and services for age 50-plus adults.✱

From page 7

Student Receives Scholarship

experience for young musicians. They are coached by professional symphony musicians, rehearse weekly and perform during many symphony events and in their own concert series. The Southwest Florida Symphony is comprised of some of the area’s finest professional musicians led by Music Director Michael Hall.

The symphony recently completed its 50th deason, and the endowment foundation’s strong financial results allowed it to sponsor the Symphony’s Pops Concerts series and to provide other needed financial support during a very difficult economic period in this region.✱

tors can be observed, monitored and addressed as needed by parents who want their children to be resilient.

Ms. Greggs is adjunct faculty at Edison State College where she teaches psychology and education courses. She is also Nationally Certified School Psychologist and consultant for School

New Youth Dance Classes

Bay Oaks Recreation Center is offering the following youth dance classes:

Beginners Ballet Class – Monday 4:30 to 5:30 p.m.

Ballet dance is a very formal and strict type of performance dance. Ballet dance is typically performed to classical music. It is taught in ballet dance schools and studios around the world, with students ranging in age from toddlers to adults. In order to become proficient at ballet dance, one must be extremely dedicated to the art and diligent in regard to practice and rehearsal time.

Beginners Jazz Class – Monday 5:30 to 6:30 p.m.

Jazz dancing is a form of dance that showcases a dancer’s individual style and

originality. Every jazz dancer interprets and executes moves and steps in their own way. Jazz dancing is energetic and fun, consisting of unique moves, fancy footwork, big leaps and quick turns. Beginners Hip Hop Dance Class – Friday 2:30 to 3:30 p.m.

Hip hop developed from several cultures, including jazz, rock, tap and American and Latino cultures. Hip hop is a very energetic form of dancing. It is unique in that it allows its dancers to perform with freedom of movement, adding in their own personalities. Single class cost is \$10 for members and \$12 for non-members; package of four (same class) is \$35 for members and \$42 for non-members; private lessons are \$35 an hour.

Bay Oaks Recreation Center is at 2731 Oak Street, Fort Myers Beach. Call 765-4222 for more information.✱

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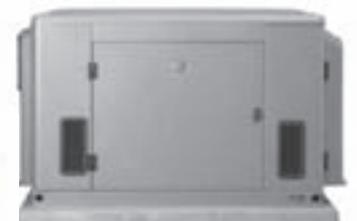


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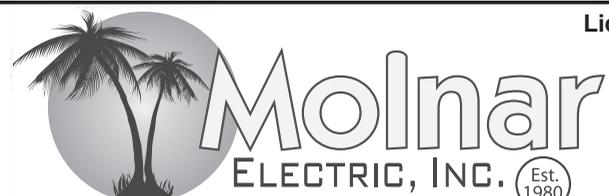
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Dr. Dave

Bowel Beauties



by Dr. Dave
Hepburn

This column is only for billionaires, which... is all of you. You are rolling in veritable vault-loads of bacteria. You're a bacterial billionaire. Some of your teenagers are

extremely wealthy, as are their hockey bags. In fact, for every single cell in your body you have 10 bacteria: on your skin, in your mouth, genital tract, your jockstraps and helmets.

Your colon, you'll be thrilled to know, is the happy hellish home to most of these billions. But don't be in a hurry to try and get rid of them courtesy of some primitive cultish practice like voodoo or colon cleansing, the latter which not only does no good whatsoever but may in fact be harmful. (For those gullible colon cleansing folks... you've been hosed.) Stick to voodoo like my patients do, which may be the reason Dr. Dave bobbleheads are being snapped off the shelves and I have a constant pain in my prostate.

Your bowels are teeming with lovely, yet sensitive, bacteria with names like

E.coli and *Petunia*. However, your bowels also contain a bowlful of nastier, tougher, bacteria with names like *Clostridia* and Kevin. All of these bowel beauties, good and bad, compete for your pop tarts. Millions of them eagerly waiting in the bowels of your bowels with saliva dripping from their wee bacterial beaks. Sleep well now, Billy.

Normally, the *Petunias* and those of similar ilk outnumber the nasty fellas significantly, a good thing for keeping your bowel flora and fauna in balance, albeit an uneasy one. The good flora, as mentioned, are a sensitive lot and should they be insulted by say an antibiotic or a foreign invader, they get nervous, can't eat and often faint. The hardier, evil bugs don't care and so they take over the pop tart smorgasbord, and in so doing can cause some rather unacceptable symptoms like bloody diarrhea, pain, cramps and death and stuff.

So in this ongoing battle of the gut it makes sense to send in reinforcements from time to time. Welcome probiotics. Yes, you can deliberately add more of these sweet germy gems to that twisting cauldron of poop. That, in fact, is what a probiotic is.

The most famous probiotic is, of course, *Lactobacillus*, found in yogurt. When I first learned of the enormous bacterial count in yogurt I was quite viscerally affected, which may explain the reflexive gagging sounds I make when I spot a roving Yoplait in aisle six at the Piggly Wiggly. It also explains why I reach for

the soothing Snickers bars to make me feel better as no bacteria could ever survive in my Snickers bars, thank you very much. But knowing what I do now about how great probiotics can be, I can almost tolerate a yogurt in the same room, as long as the lid is on and it doesn't look me directly in the eye.

A live probiotic, taken at the same time that you might have to go on antibiotics, can restore the strength of the good bacteria, preventing the diarrhea often seen in those on antibiotics. Probiotics can also be useful in actually treating good old fashioned infectious diarrhea and possibly even irritable bowel syndrome. In addition to GI problems, probiotics are also considered in the treatment of vaginal, skin and respiratory infections and might even prevent tooth decay and periodontal disease.

Most probiotics are bacteria similar to those naturally found in people's guts, especially in those of breastfed infants (who have natural protection against many diseases.) Probiotics are available as supplements but are also found in foods like fermented and unfermented

milk, miso, tempeh, and some juices and soy beverages. The bacteria may exist in these foods naturally or be added during preparation. Isn't that a lovely thought? "Bill, add a pinch more salt to that miso and, ummm, do we have any more baby poop left?"

What is important is that not all probiotics are created equal and the correct probiotic, be it bacteria, yeast or Edmonton Oiler, must be chosen for the proper problem or it is a waste of time and bowel, and don't we all hate bowel waste. If you took the wrong probiotic for a gut problem you might be disappointed to learn that it was the probiotic used for vaginal yeast infections, particularly if your driver's license contains words like Charles or Gordon. So for most of you guys of the male species, it may be better to just inhale deeply... from a hockey bag.

Like the column? You'll LOVE the book the Doctor is In(sane), available at Sanibel Island Bookshop. Contact Dr. Dave or read more at www.wisequacks.org.*

Support Group For Families Of Long-Term Care Facility Residents

A support group specifically for families of nursing home and assisted living facility residents will meet September 20 at 10 a.m. at the Dubin Alzheimer's Resource Center, 10051 McGregor Boulevard, Suite 101, Fort Myers.

The focus of this support group meeting is issues, concerns, and questions families face as they cope with placing a loved one in a long-term care facility. The group is open to all interested families of nursing home or assisted living residents at no charge.

The Alvin A. Dubin Alzheimer's Resource Center, a United Way partner agency, provides informational, educational, and supportive assistance to individuals with Alzheimer's disease and related disorders and their caregivers. For more information, call the center at 437-3007.*

dearPharmacist

Gluten-Free Diet Is Good For Your Health



by Suzy Cohen, RPh

Dear Pharmacist:

My brother is on a gluten-free diet now and lost a lot of weight. He's razzing me to join him in his gluten-free diet, but I don't see the point unless you have irritable bowel syndrome (that's why he did it). I really like my pizza and beer too! I read you every week - are there other health benefits?

MJ, Hollywood, Florida

My husband and I keep a very strict gluten-free diet. We think of gluten - the protein found in many grains like wheat, barley, and rye - as if it were an unnecessary food additive. Digestive problems are typically associated with gluten in those who are intolerant, but for every one person with classic digestive symptoms, there are eight with no GI symptoms. It's the other "diseases" that you will get medicated for, until you learn of your gluten intolerance, and then get it out of your diet (assuming it is the cause of your troubles).

This will shock you but gluten sensitivity and/or Celiac disease can cause or contribute to: psoriatic arthritis, lupus, type 1 diabetes, dermatitis, ataxia, schizophrenia, anxiety, depression, attention deficit, peripheral neuropathy, muscle pain, headaches, bipolar, brain fog, fatigue, Hashimoto's, elevated TPO antibodies, hypothyroidism and more. What are the odds that your physician will test you for gluten sensitivity before prescribing medication for these conditions?

One problem is that gluten testing is frequently inaccurate. Blood tests like IgA anti-transglutaminase or anti-endomysial antibodies may come back negative, and many doctors say if your GI symptoms are not severe, then don't bother avoiding gluten. Gluten is in anything made with all-purpose flour, which I think should be renamed "no-purpose flour." Gluten's in salad dressings, soy sauce, muffins, bread, pizza - pretty much everything. Gluten acts like glue in regular flour.

I interviewed Dr. Tom O'Bryan, an internationally recognized speaker specializing in gluten sensitivity and Celiac disease. He explained, "Eating gluten will cause an inflammatory response in the intestines and throughout the body. Testing for gliadin antibodies is not thorough enough to detect an immune reaction because these tests basically detect Celiac at its end stage of intestinal deterioration, and many gluten-sensitive individuals are not end stage when they take their blood test."

I recommend a brand new blood test, by Cyrex Labs, which evaluates 12 peptides of gluten (not just gliadin) therefore increasing the detection rate while also testing for cross reactivity with other foods that spark an immune reaction. Get more information, videos and articles from the gluten guy himself, Dr. Tom O'Bryan at www.theDr.com

Up to 75 percent of people with persistent symptoms improve after going gluten-free, and I mean no detectable gluten, not even a teeny bit. If you feel better, don't ever reintroduce gluten again. A gastroenterology study found that 25 percent of gluten-sensitive people who eliminated all symptoms by going gluten-free, went on to develop an auto immune disorder within three years of eating gluten again!

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.dearpharmacist.com.*

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2. GEOGRAPHY: In what city would one find the 11th century St. Mark's Basilica?
3. SOCIAL SCIENCE: The ruler of a theocracy derives power from what source?
4. GENERAL KNOWLEDGE: Which U.S. president popularized the term "muckrakers" for investigative journalists?
5. LITERATURE: Who wrote the novel "Cat's Cradle"?
6. HISTORY: Osceola was a leader in which Native American tribe?
7. FOOD & DRINK: What is the common name for "prunus persica"?
8. BUSINESS: What business made John Davison Rockefeller a wealthy man?
9. MATH: What is the Arabic equivalent of the Roman numeral MMD?
10. LANGUAGE: What is the meaning of the Latin prefix "ambi"?

ANSWERS

1. William Howard Taft 2. Venice, Italy 3. God 4. Theodore Roosevelt 5. Kurt Vonnegut 6. Seminole 7. Peach 8. Oil 9. 2,500 10. On both sides.

SPORTS QUIZ

1. In 2009, Michael Wuertz became the third A's reliever to have 100 strikeouts in a season. Name either of the first two to do it.
2. Two pitchers in the 1990s had seasons with at least 200 innings pitched and 20 or fewer walks. Name either one.
3. Who was the last college football coach to win back-to-back consensus national titles?
4. True or false: LeBron James has had more seasons of tallying at least 2,000 points, 500 rebounds and 500 assists than Oscar Robertson did?
5. In 2007, Colorado's Karlis Skrastins set an NHL record for most consecutive regular-season games played by a defenseman (495). Who broke the mark in 2011?
6. When was the last time an English player won the Golden Ball award for the world's best men's soccer player?
7. Who was the first bowler to record two consecutive perfect 300 games?

ANSWERS

1. Rollie Fingers (1972-73, 1975-76) and Dennis Eckersley (1987). 2. Atlanta's Greg Maddux (1997) and St. Louis' Bob Tewksbury (1992, '93). 3. Nebraska's Tom Osborne (1994, '95). 4. False. Each player has done it in six seasons. 5. Calgary's Jay Bouwmeester. 6. In 2001, Michael Owen won the award. 7. Frank Caruana of Buffalo, N.Y., in 1924.

My Stars ★★

FOR WEEK OF AUGUST 29, 2011

ARIES (March 21 to April 19) The typically tidy Ram or Ewe might want to butt out until things are settled on the home front. But get involved and let your Ovine sense of order help restore domestic tranquility.

TAURUS (April 20 to May 20) The Bovine's flair for fine-tuning complicated fiscal dealings comes in handy when an unexpected financial problem arises. Stay with it until it's resolved to your satisfaction.

GEMINI (May 21 to June 20) Family aspects remain strong. There might be some unresolved difficulties, but continued attempts to smooth things over eventually prove to be successful. A major purchase looms.

CANCER (June 21 to July 22) A promise that was made but never kept suddenly re-emerges in your life. You now have to decide if you're still interested in what it offers or if you've moved past it.

LEO (July 23 to August 22) Romance comes to unattached Leos and Leonas who have been waiting for Cupid to target them for far too long. Domestic purr-fection is also enhanced for paired Felines.

VIRGO (August 23 to September 22) You need to take a much-needed break from that demanding project before too much energy-draining tension sets in. And don't be ashamed to ask for help.

LIBRA (September 23 to October 22) Change makes demands that you might find unwelcome at this time. But instead of concentrating on the short run, look toward potential benefits down the road.

SCORPIO (October 23 to November 21) You have a gift for reviving projects that seem beyond repair. Use that same ability to restore a relationship that seems to have turned from loving to lifeless.

SAGITTARIUS (November 22 to December 21) Expect to be asked to use your combined wisdom and humor to resolve a problem. After all, folks not only value your advice, they also like how you give it.

CAPRICORN (December 22 to January 19) Most people consider you solid and steady. But you also can be quite capricious (which is a Latin word for "describing the behavior of Goats") when it suits your needs.

AQUARIUS (January 20 to February 18) People treat you as you wish to be treated. So if you want a change in your relation-

ship, make it happen. Also expect someone to reveal some long-held secrets.

PISCES (February 19 to March 20) Stay with the decision you made, despite a sudden torrent of advice to the contrary from well-meaning people. Remember: You know your needs better than anyone.

BORN THIS WEEK: You like things tidy, with no loose ends. You also enjoy research and would make an excellent investigative reporter or scientist

THIS WEEK IN HISTORY

- On Sept. 1, 1836, Narcissa Whitman, a missionary, arrives in Walla Walla, Wash., becoming one of the first Anglo women to settle west of the Rocky Mountains. In 1847, a measles epidemic killed many of the Cayuse Indians. In retaliation, a band of Cayuse killed 14 people, including Narcissa and her husband.

- On Sept. 4, 1886, Geronimo, the wildest and most dangerous Apache warrior of his time, finally surrenders in Skeleton Canyon, Ariz. Geronimo never learned to use a gun, yet he armed his men with the best modern rifles he could obtain and even used field glasses to aid reconnaissance during his campaigns.

- On Sept. 2, 1923, aftershocks and out-of-control fires rock Tokyo, Japan, and the surrounding area following an 8.3-magnitude earthquake. In total, 143,000 people died in the disaster. The Imperial Hotel, designed by Frank Lloyd Wright, sank 2 feet into the ground but still managed to stand.

- On Sept. 3, 1939, Britain and France declare war on Germany. The first casualty of that declaration was the British ocean liner Athenia, which was sunk that evening by a German submarine.

- On Aug. 31, 1955, William G. Cobb of the General Motors Corp. demonstrates his 15-inch-long "Sunmobile," the world's first solar-powered automobile. When sunlight hit 12 photoelectric cells made of selenium (a nonmetal substance with conducting properties) built into the Sunmobile, an electric current was produced that in turn powered a tiny motor.

- On Aug. 30, 1963, a "hot line" between Moscow and Washington goes into effect to speed communication between the governments of the United States and the Soviet Union and help prevent the possibility of an accidental war. The hot line was never really necessary to prevent war, but it did

provide a useful prop for movies about nuclear disaster, such as "Fail Safe" and "Dr. Strangelove."

- On Aug. 29, 1982, the Swedish-born actress and three-time Academy Award winner Ingrid Bergman dies of cancer in London on her 67th birthday. Bergman was best known for her role as Ilsa Lund in "Casablanca."

STRANGE BUT TRUE

- It was the 37th president of the United States, Richard M. Nixon, who made the following sage -- and somehow appropriate -- observation: Sure there are dishonest men in local government. But there are dishonest men in national government too.

- Pasta has been around since 5,000 B.C., and it was invented in China, not Italy.

- If you are planning a visit to the United Kingdom, you might want to keep in mind this rather obscure statute: It's illegal to stand within 100 yards of the reigning monarch if you don't have socks on.

- A groundhog can move 700 pounds of dirt in a single day.

- When the two-and-one-half-hour finale of the groundbreaking television show MASH aired on Feb. 28, 1983, advertisers paid a hefty \$450,000 for a single 30-second spot. That was \$50,000 more than the same spot cost at the Super Bowl that year.

- We all know what a disaster is, but did you know where the word came from? The base of the word is aster, which is Latin for star. The word disaster originally meant an unfavorable aspect of a star, reflecting the ancient notion that the motions of heavenly bodies affected terrestrial events.

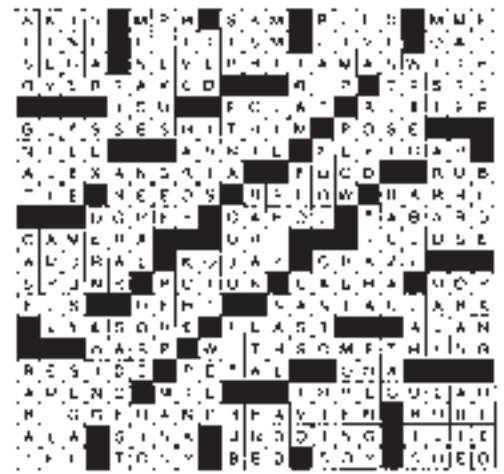
- Baseball players didn't have numbers on their uniforms until 1929, and it was the New York Yankees that were the first to adopt the practice.

- In the early 18th century, newspapers were not cheap, but the stories published therein were often people's only link to the events of the day. Since they were so coveted, newspapers were often brought as a gift when a gentleman was calling on a lady friend, much as candy or flowers might be brought in a different era.

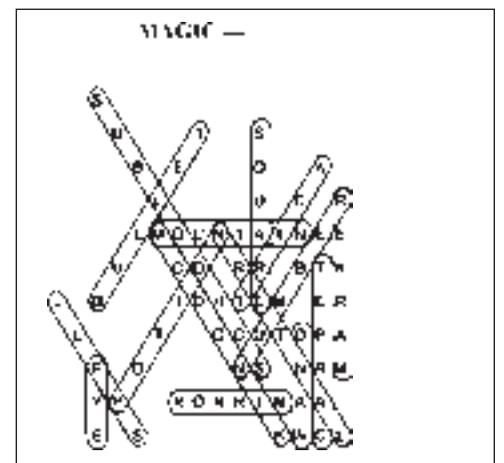
THOUGHT FOR THE DAY

No one really listens to anyone else, and if you try it for a while you'll see why. -- Mignon McLaughlin

PUZZLE ANSWERS



E	M	S		D	A	Z	E		X	R	A	Y	
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Distinguished Citizen Of Year



Jim Nathan

Jim Nathan, a community leader and president of Lee Memorial Health System, has been named the 2011 Distinguished Citizen of the Year by the Southwest Florida Council, Boy Scouts of America. The award will be presented at a gala community event, which will include a silent auction, scheduled for Tuesday, November 1, at the Hyatt Regency Coconut Point Resort & Spa in Bonita Springs.

The Distinguished Citizen Award, presented each year in Southwest Florida since 1991, recognizes individuals who have rendered outstanding service to our community, state or nation.

"Since he joined Lee Memorial in 1975, Jim has been a leader in our community," said Richard Akin, chairman of the Lee Memorial Health System board of directors. "He has led our health system through tremendous growth while always exhibiting integrity, character and a commitment to the betterment of our community. We are proud of this recognition he is receiving. Jim is a great testament to hard work and a wonderful example for today's scouts."

Nathan served as Lee Memorial Health System president from 1982 through 1997 and again as president and CEO since 2000. In the three years he was away from the health system, he served as a leadership consultant and was involved in health care reform issues at the national level.

Nathan joined Lee Memorial Hospital as administrative resident in 1975 and served as vice president from 1976 through 1981. As CEO, he led Lee Memorial's emergence as a health system with four acute care hospitals, a rehabilitation hospital, a children's hospital, a skilled nursing facility, a home health agency, multiple physician practices and outpatient services.

Nathan is a past chairman of the Florida Hospital Association and founding chairman of the Safety Net Hospital Alliance of Florida. He serves on the boards of Voluntary Hospitals of America - Southeast Regional Partnership, Southwest Florida Community

Foundation, and Florida Gulf Coast University Foundation. He was the founding chairman of the Coalition for a Drug-Free Southwest Florida and previously served as campaign chairman and president of the United Way of Lee County.

Nathan has been a national keynote speaker on many health care topics including the history of health care from social, economic and political perspectives; health care reform; and creative funding for the medically uninsured population. He also has testified before the U.S. Senate on competition and antitrust issues related to health care delivery and financing.

Nathan has been recognized with a number of honors and awards including the Clara Barton Humanitarian Award by the American Red Cross, the Business Building Leadership Award by the Chamber of Commerce of Southwest Florida, the Distinguished Alumni Award for Xavier University's graduate program in Health Administration, and the Founder's Award from Lee Mental Health for his ongoing support of mental health initiatives in Southwest Florida. He was voted a Person of the Decade by *Gulfshore Life* and was chosen as a 2010 Laureate for Junior Achievement. Nathan is a Fellow in the American College of Healthcare Executives.

The Distinguished Citizen Award ceremony will bring together civic-minded individuals and business leaders from throughout Southwest Florida in an event that recognizes and celebrates the importance of scouting in guiding and developing today's youth.

Sponsorships are available for contributions of \$2,000, which will provide a reserved table for eight and recognition in the printed program; the major portion qualifies as a tax-deductible contribution under current IRS rules. Platinum, Golden and Silver Eagle corporate sponsorships are also available at \$10,000, \$5,000 and \$2,500 respectively.

For information, contact the Southwest Florida Council, Boy Scouts of America in Fort Myers at 936-8072 or visit www.swflcouncilbsa.org.*

Florida PACE Association For Elderly Launches Website, Toll-Free Number

The Florida PACE Association has launched an informational website and toll-free number for those interested in learning more about the Program for All-Inclusive Care for the Elderly and PACE providers.

The website address is www.FLPACE.org, and the toll-free number is 855-4FL-PACE (855-435-7223).

PACE is a long-term, community-based alternative to nursing home care that helps older Floridians remain independent. Those 55 and older who prefer to remain in their homes can receive coordinated medical care and support services through PACE. The program combines health care services, socialization, therapies and meals.

The scope of services includes medical specialists, transportation, respite care, prescription medications, home health care, dental care, preventative care, personal care, social services, meals, nutritional counseling, and therapies including physical, occupational and recreational.

The Florida PACE Association is a collaborative organization of PACE service providers dedicated to providing healthcare to frail, older adults, according to the association's president, Samira K. Beckwith, president and CEO of Hope HealthCare Services.

"PACE programs represent a three-way partnership among the care provider, the state of Florida and the federal government," Beckwith said. "It's truly a collaborative program and process that empowers our frail elderly to age in place, which our patients and their families often prefer. This all-inclusive care program is especially beneficial during these economic times as it eases the financial costs for participants and is cost effective for the state and federal government."

Providers who make up the Florida PACE Association include: Florida PACE Center of Miami Jewish Health Systems; Hope PACE of Hope HealthCare Services in Fort Myers, Port Charlotte, Lehigh Acres and Naples, scheduled to open later this year; Neighborly PACE of Neighborly Care Network in Clearwater; and Chapters Health System of Temple Terrace.

To learn more about PACE, including information about private pay options and Medicare/Medicaid eligibility, or to find a PACE provider near you, visit www.FLPACE.org or call toll-free 855-4FL-PACE.*



Samira K. Beckwith, president and CEO of Hope HealthCare Services, serves as president of the new Florida PACE Association

Share your community news with us.
Call 415-7732, Fax: 415-7702
or email press@riverweekly.com

Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

We recently moved to a warmer part of the U.S. We were very anxious to get involved, meet new people and start contributing to the community.

We tried but have now withdrawn to our own little cocoon.

The people all seem resentful to the northerners. They want no change. They want to keep things exactly as they have been for the last 100 years.

We thought we would like it here but now think that it is time to move.

Do you have any suggestions?

Damon

Dear Damon,

"I don't like change." This is so common among the older generation and some people who are much younger and should know better.

If you live, you are constantly changing and so is the world around you.

You can never change people who are set in their ways - you can only change how you feel about them.

See if you can to join a "newcomers"

group; maybe you will find others eager to move and shake just like you.

I do wonder, why did you move to your present location and then try to start changing it?

Lizzie

Dear Damon,

Well, there is the problem... not "them" but you. Why go to a new location and try to change them as if you and your ways are better? Not too many people north, south, east or west would be welcoming of an individual coming into their homes and trying to change their way of life. Fine if you want to move again but, as long as you bring yourself and your notions to change people, you will continue to have problem.

Pryce

Lizzie and Pryce's email address is momandmeaging@hotmail.com.*

Pets Of The Week

My name is Snowball and I am a 10-year-old female Samoyed with an all white coat.

I'm a beautiful dog but beauty doesn't always guarantee happiness. If you've ever had to start over just when you thought your life was set, then you know my story. I may be a bit older but I'm very young at heart. I have lots of enthusiasm for life and people. In fact, I absolutely love people so I could be a good companion for just about anybody.

Adoption Fee: Senior pets are free during the Awesome August Adoption Promotion!

My name is Tuxie and I am a four-month-old domestic short hair male cat. I'm black-and-white tuxedo.

I'm "puttin' on the ritz" just for you! My tuxedo makes me look like a dapper chap but there's no need for formality as far as I'm concerned. I'm really very adaptable when it comes to lifestyle. I would be a perfect pet in a multi-family household or a great companion for a fun-loving single.

Adoption Fee: \$20 during the Awesome August Adoption Promotion! Remember cats are always two for one.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on



Snowball, ID #512862



Tuxie, ID #513214

to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 11:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive, Fort Myers, next to the Lee County Sheriff's Office, off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.*

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From page 18

Jim Thome

sons and has driven in at least 102 runs in nine seasons. Combined, these records are higher than those of Lou Brock, Cal Ripkin, Jr., Frank Robinson and Reggie Jackson, all of whom are in the Hall of Fame.

Thome's average of one homer every 13.6-at bats is fifth best in history and his slugging percentage is better than Hank Aaron, Willie Mays and Mickey Mantle, again all Hall of Famers.

Statistics aside, those around baseball will tell you that Jim Thome is one of the nicest, most accommodating guys in the game.

He'll sign autographs, be patient with often-difficult reporters, and spend hours with young players teaching them the nuances of major league baseball.

Perhaps the real Jim Thome was best described in a recent column by Kevin Baxter of McClatchy Newspapers.:

"The Twins had only one day off the entire month of May and Thome flew home to visit his family. But then he flew right back as that same day the Twins were holding a memorial service for the late Harmon Killebrew and he wanted to be there to participate in the service."

In a poll of major league players, Thome was once named the best teammate, earning three times as

many votes as the player in second place.

It's likely when he hangs up his spikes, the Hall of Fame poll will grant him entry on the first ballot.

Miracle Season Nears End

Only four home games remain in the 2011 season of the Fort Myers Miracle baseball team.

The Miracle began the final two weeks of the season with a 20-33 second-half record and have been eliminated from post-season play.

Fort Myers is home this Sunday and Monday at Hammond Stadium against the Charlotte Stonecrabs and the final two home games are September 1 and 2 versus Jupiter.✪

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SUDOKU

3	5	2	9	8	4	7	1	6
4	7	8	1	3	6	5	9	2
9	1	6	2	7	5	3	4	8
8	4	3	5	6	7	1	2	9
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1	9	7	3	2	8	4	6	5
7	8	1	6	9	3	2	5	4
6	3	4	7	5	2	9	8	1
5	2	9	8	4	1	6	3	7

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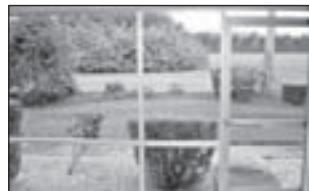
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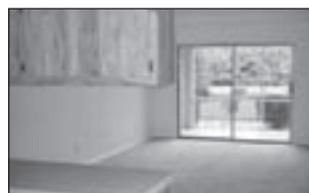
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	5		8	4	7		
4			1			9	2
9		6		7			8
		3	5			1	2
2	6				9		3
	9			2	8		6
		1	6		3		4
	3		7			9	8
5		9		4		6	

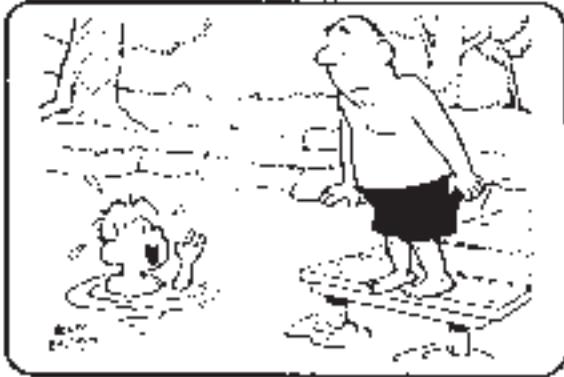
SUDOKU

To play Sudoku:
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.)
There is no guessing and no math involved, just logic.

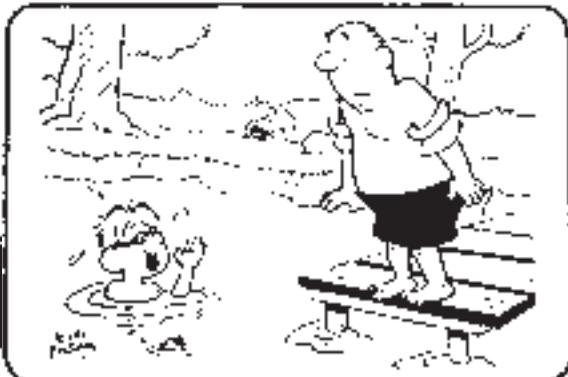
answer on page 27

HOCUS-FOCUS

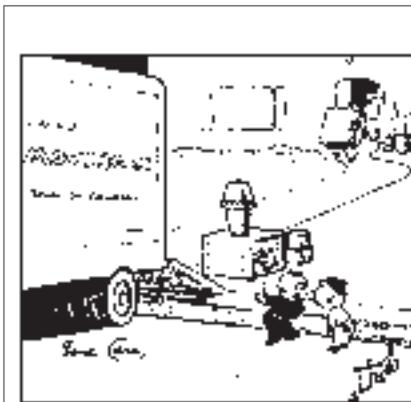
BY HENRY BOITINOFF



Find at least six differences in details between panels



Find at least six differences in details between panels



"This is her old man's

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

- Blend SNIFOU
- Quit WARNED
- Brag TOGAL
- Lead SEARIP

TODAY'S WORD

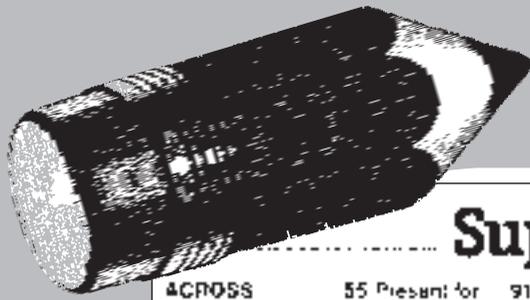
answer on page 27



Emergency.....	911
Lee County Sheriff's Office.....	477-1200
Florida Marine Patrol.....	332-6966
Florida Highway Patrol.....	278-7100
Poison Control.....	1-800-282-3171
HealthPark Medical Center.....	1-800-936-5321
Ft. Myers Chamber of Commerce.....	332-3624
Foundation for Quality Childcare.....	425-2685
Ft. Myers Beach Chamber of Commerce.....	454-7500
Fort Myers Beach Library.....	463-9691
Lakes Regional Library.....	533-4000
Lee County Chamber of Commerce.....	931-0931
Post Office.....	1-800-275-8777
Visitor & Convention Bureau.....	338-3500
ARTS	
Alliance for the Arts.....	939-2787
Arts For ACT Gallery & Studio.....	337-5050
Art League Of Fort Myers.....	275-3970
Barbara B. Mann Performing Arts Hall.....	481-4849
BIG ARTS.....	395-0900
Broadway Palm Dinner Theatre.....	278-4422
Cultural Park Theatre.....	772-5862
Edison Festival of Light.....	334-2999
Florida Repertory Theatre at the Arcade.....	332-4488
Florida West Arts.....	948-4427
Fort Myers Symphonic Mastersingers.....	472-0168
Gulf Coast Symphony.....	489-1800
Harmony Chorus, Charles Sutter, Pres.....	481-8059
Naples Philharmonic.....	239-597-1111
The Schoolhouse Theater.....	472-6862
S.W. Florida Symphony.....	418-0996
Theatre Conspiracy.....	936-3239
Young Artists Awards.....	574-9321
CLUBS & ORGANIZATIONS	
Angel Flight.....	1-877-4AN-ANGEL
Animal Refuge Center.....	731-3535
American Business Women Association.....	357-6755
Audubon of SWFL.....	339-8046
Audubon Society.....	472-3156
Caloosahatchee Folk Society.....	321-4620
Cape Coral Stamp Club.....	542-9153
duPont Company Retirees.....	454-1083
Edison Porcelain Artists.....	415-2484
Friendship Force Of SW FL.....	561-9164
The Horticulture and Tea Society.....	472-8334
Horticultural Society.....	472-6940
Lee County Genealogical Society.....	549-9625
Lee Trust for Historic Preservation.....	939-7278
NARFE (National Active & Retired Federal Employees).....	482-6713
Navy Seabees Veterans of America.....	731-1901
Paradise Iowa Club of SWFL.....	667-1354
Southwest Florida Fencing Academy.....	939-1338
Southwest Florida Music Association.....	561-2118
Kiwanis Clubs:	
Fort Myers Beach.....	765-4254 or 454-8090
Fort Myers Edison.....	694-1056
Fort Myers South.....	691-1405
Gateway to the Islands.....	415-3100
Iona-McGregor.....	482-0869
Lions Clubs:	
Fort Myers Beach.....	463-9738
Fort Myers High Noon.....	466-4228
Estero/South Fort Myers.....	898-1921
Notre Dame Club of Lee County.....	768-0417
POLO Club of Lee County.....	477-4906
Rotary Club of Fort Myers.....	332-8158
Sanibel-Captiva Orchid Society.....	472-6940
United Way of Lee County.....	433-2000
United Way 211 Helpline (24 hour).....	211 or 433-3900
AREA ATTRACTIONS	
Bailey-Matthews Shell Museum.....	395-2233
Burrough's Home.....	337-9505
Calusa Nature Center & Planetarium.....	275-3435
Edison & Ford Winter Estates.....	334-3614
Fort Myers Skate Park.....	321-7558
Imaginarium Hands-On Museum & Aquarium.....	321-7420
JN "Ding" Darling National Wildlife Refuge.....	472-1100
Koreshan State Historic Site.....	239-992-0311
Ostego Bay Foundation Marine Science Center.....	765-8101
Skatium.....	321-7510
Southwest Florida Museum of History.....	321-7430
True Tours.....	945-0405

If you would like your club/organization listed in The River Calling Card, phone 415-7732

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BEACH CHAIR PASTIME

Answers on page 24

Super Crossword SPECTACLE

- ACROSS**
- 1 Re-aled
 - 5 SpineCom-
puter abbrev.
 - 8 Julie of
"Ben
Casey"
 - 11 Implored
 - 15 Married
My
 - 18 TV's "What's
My *TV*"
 - 19 Strawberry
 - 21 Exist
 - 22 Mawkish
mom
 - 23 Darn Day
release
 - 24 Start of a
remark
 - 27 Exhausted
 - 29 Move like
mad
 - 30 Discern-
ment
 - 31 Hosp area
 - 32 Acclima-
 - 35 Like
Waltwood
 - 36 Part 2 of
remark
 - 42 Stanca
 - 43 Khairoum's
river
 - 44 Keeper of
"Cottonball"
 - 45 Carnivorous
plant
 - 48 Fucoid's
home
 - 52 Live ward
of fruitcake
 - 53 Eric ate
Aladen
 - 55 Present for
pup
 - 56 Muck-hives
 - 57 Undergash
 - 59 City near
"Ben
Casey"
 - 61 Sea of
"Ben
Casey"
 - 62 Less on
the ice
 - 63 Hero die
garment
 - 64 Scavolo
apparatus
 - 67 Psycho
Galar
 - 68 Grace
treatment
 - 69 Luck by
punch plus
 - 70 Savalas
role
 - 72 Pad
 - 74 Mittin
 - 75 "The
Chosen"
author
 - 76 With
"Down,
"Jurassic
Park" star
 - 77 Swab
 - 80 High mts
 - 81 Obligation
 - 82 California
city
 - 84 It's hardly
jesting,
"Duke"
"77 songs"
 - 87 Opportunity
to overeat
 - 89 One of the
Comicos
 - 90 Summer
singer
 - 91 Part 3 of
remark
 - 95 Dwell
 - 98 Parsy part
 - 99 Actress
Munson
 - 100 Muddy
 - 101 Part of MP
 - 102 Unbear
 - 108 End of
remark
 - 113 Cartoonist
Galkberg
 - 114 Menu
phrase
 - 115 Go down
 - 116 Hun
 - 117 Tennis pro
Nastase
 - 118 "Ave
Ave"
 - 119 Curt's of
"Spartacus"
 - 120 Oyster
home
 - 122 Lf. quid
 - DOWN**
 - 1 To pool
 - 2 Chicken --
start
 - 3 Memo
start
 - 4 With a view
 - 5 Dunes for
one
 - 6 Spout --
"Duke"
"77 songs"
 - 9 Diadema
tree
 - 10 2001 to
Tiberius
 - 11 Braid
 - 12 Like a wol
roode
 - 13 Draw
Marion
 - 14 Hat's pol a
ol of put
 - 16 Dewy
 - 16 Dull
 - 17 A great
composer?
 - 20 Casady of
opera?
 - 25 Coal carrier
 - 26 Restaurant
feature
 - 28 -- the
season
 - 32 Sicilian
broker
 - 33 Tar --
(journalist)
 - 34 Emulate
Purdue?
 - 35 William of
"Hopalong
Cassidy"
 - 36 Pierre best
 - 37 --
"Maven"
"81 film"
 - 38 Away from
the world
 - 39 Garner
 - 40 "Jude the
Obscure"
author
 - 41 Spring
lower
 - 42 Deere thing
"81 film"
 - 45 "81 film"
 - 48 Pianist
Claudio
 - 47 Ais earty?
 - 49 Arctic jacket
 - 50 Sheep's site
 - 51 Singer Kiki
"Alice"
sp. off
 - 54 E-wif's
"Adam"
 - 57 End of
Israel
 - 58 Estrada or
Salle
 - 59 "Le Pere
Gottol"
author
 - 60 Competent
 - 61 See
76 Across
 - 62 King canoe
 - 63 Pageant
off
 - 64 Poron's
concern
 - 65 Pearly
 - 66 T mid
 - 70 Japanese
port
 - 71 Baseball's
"Maso"
"Malvin"
 - 72 Bel --
 - 73 Furrow
 - 75 Cop's
larger, for
short
 - 76 Glasgow
girl
 - 77 Sahara
national or
 - 78 Algerian
seaport
 - 79 Sudden
part
 - 81 Health
measure?
 - 82 Corn's Mar
 - 83 "Madan
 - 85 Gaselba's
Patrick
 - 86 Most
melancholy
 - 87 Suitable
 - 88 LAX letters
 - 91 Put the
metal in the
metal
 - 92 Rite of "The
King and I"
 - 93 "Vigo"
 - 94 Playground
game
 - 95 Moscow's
capital
 - 96 Bover
Gothic
 - 97 George of
"Last School
Me"
 - 98 Leony Lee
 - 101 Fictit
verb
 - 102 Nebelst
Andr
 - 103 Journalist
Jacco
 - 104 "Armaged-
don" author
 - 105 Berg opera
 - 106 Horse over?
 - 107 Over of
"G. G. Star"
 - 108 "Blame It on
"84 film"
 - 110 Wheel part
 - 111 Gramma
ending
 - 112 Find the
sun

King Crossword

ACROSS

- 1 Type
measures
- 4 Super
- 8 M4
- 10 Lazerunner
- 12 Get the
... off
- 13 Dumbay
- 14 You're a
...!
- 15 Belongs to
...
- 17 Top type
- 18 Vase by a
...?
- 19 South of
Africa?
- 20 Harsh
feature
- 22 Later
- 24 Warden
- 25 First
...?
- 26 "The
..."
- 29 Green
...?
- 30 Flosser bag
- 31 Barber's
...?
- 32 In the
...?
- 34 See
...?
- 36 -- friendly
- 38 Specialty
- 39 Great the
...?
- 40 Top way
- 41 Top
...?
- 42 Video game
...?
- 44 "The
..."
- 45 Rice
- 49 That
...?
- 49 Gail on
- 52 Red
...?
- 51 Stamen
- 53 Money
- 59 Lesson
...?
- 61 Ken's
...?
- 62 Pull on
...?
- 63 Nonsense
- 64 Gassy
...?
- 65 Farm
...?
- 66 Waste
...?
- 67 Car
- 68 Purple
- 69 Names of
...?
- 70 Across
- 71 Cover
...?
- 72 Names of
...?
- 73 Across
- 74 Cover
...?
- 75 Name
- 76 Canada
- 77 Paper
- 78 LAX letters
- 79 Put the
metal in the
metal
- 80 Rite of "The
King and I"
- 81 "Vigo"
- 82 Playground
game
- 83 Moscow's
capital
- 84 Bover
Gothic
- 85 George of
"Last School
Me"
- 86 Leony Lee
- 87 Fictit
verb
- 88 Nebelst
Andr
- 89 Journalist
Jacco
- 90 "Armaged-
don" author
- 91 Berg opera
- 92 Horse over?
- 93 Over of
"G. G. Star"
- 94 "Blame It on
"84 film"
- 95 Wheel part
- 96 Gramma
ending
- 97 Find the
sun

DOWN

- 1 Breeze
- 2 Call me
...?
- 3 Top making
...?
- 4 Lamp
...?
- 5 Car
- 6 Purple
- 7 Names of
...?
- 8 Across
- 9 Cover
...?
- 10 Name
- 11 Canada
- 12 Paper
- 13 Lesson
...?
- 14 Ken's
...?
- 15 Pull on
...?
- 16 Nonsense
- 17 Gassy
...?
- 18 Farm
...?
- 19 Waste
...?
- 20 Car
- 21 Purple
- 22 Names of
...?
- 23 Across
- 24 Cover
...?
- 25 Name
- 26 Canada
- 27 Paper
- 28 LAX letters
- 29 Put the
metal in the
metal
- 30 Rite of "The
King and I"
- 31 "Vigo"
- 32 Playground
game
- 33 Moscow's
capital
- 34 Bover
Gothic
- 35 George of
"Last School
Me"
- 36 Leony Lee
- 37 Fictit
verb
- 38 Nebelst
Andr
- 39 Journalist
Jacco
- 40 "Armaged-
don" author
- 41 Berg opera
- 42 Horse over?
- 43 Over of
"G. G. Star"
- 44 "Blame It on
"84 film"
- 45 Wheel part
- 46 Gramma
ending
- 47 Find the
sun

MAGIC MAZE • MAGIC

I A S S P M J H E B Y V I O O
 I I G U D B Y I N O S N H O J
 W T R P B M E K I F Q D B K Y
 W U S O O L M K I F F D C B R
 Z N W U L (MOUNTAIN) J E
 S Q O U N I O O R R I B I K
 I F R D C A I D H T F M Y F R
 W E V I S T Q P G C I D P A
 N L E K O L H I E N S C N R M
 B Z Y P Y W R O R R I M A A V
 I U S R S O P N M L J K W C L

Find the hidden words in the maze. Write the letters in the correct order in the boxes below.

- | | | | |
|---------|----------|------------|--------|
| Ballet | Lantern | Number | Square |
| Carpet | Marker | Polon | Track |
| Eye | Mixer | School Bus | Ward |
| Kingdom | Mountain | Spell | |

New Exhibition Opening At The Bob Rauschenberg Gallery



Gaoxing, Beijing COMPRESSED by Elisabeth Condon

Elisabeth Condon is one of Florida's premier painters. In her work, she overlays places she has lived and traveled in landscapes where Yuan Dynasty scrolls seem to meet the Flintstones.

Her paintings, collages and drawings combine improvisational pours of paint, sketchbook drawings and digital projections to establish idiosyncratic compositions. Heeding the Tang Dynasty dictum of landscape as a fusion of observation and memory, they interweave external and internal perceptions of particular locations. Working in oil, acrylic and ink, Condon shifts between volume and pattern, treating space like sections of a scroll that are cut out and then overlapped.

Condon's work has been included in exhibitions at Song Zhuang Museum, Beijing;

Shenghua Art Centre, Nanjing; Weatherspoon Art Museum, Greensboro, North Carolina; Tampa Museum of Art; Fort Lauderdale Museum; and the Housatonic Museum of Art, Bridgeport, Connecticut. In 2009 her work was featured in a survey exhibition at the Albany Museum of Art, Albany, Georgia, for which a catalogue was published.

She is the recipient of a Pollock Krasner Foundation Grant and a Florida Individual Artist Fellowship. She has been selected for artist residencies Yaddo, Saratoga Springs, New York; Fountainhead, Miami; Red Gate, Beijing, China; and Loft Nota Bene, Cadaques, Spain.

Previously artist in residence at the University of Knoxville, Tennessee and the Ringling School of Art, Condon lectures at numerous universities and colleges including Cooper Union School of Art, Boston University, Mount Royal College of Art and Montclair State University. She is associate professor at the University of South Florida and alternates her time between Tampa and Brooklyn, New York. Her work is represented by Lesley Heller Workspace, New York and Dorsch Gallery, Miami.

Elisabeth Condon

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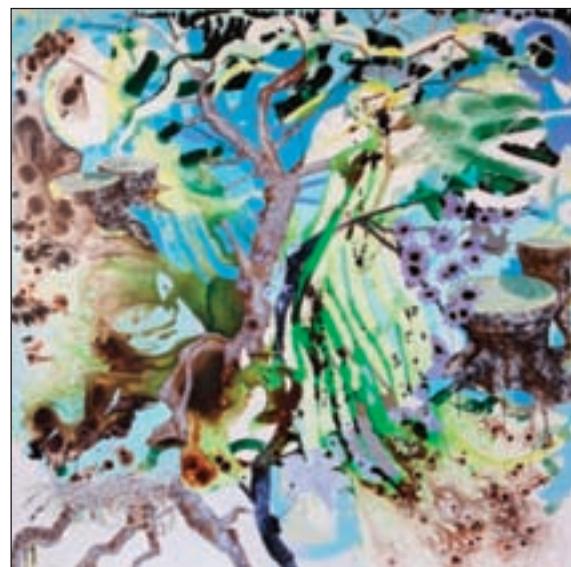
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