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THE RIVER WEEKLY NEWS

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VOL. 10, No. 31

From the Beaches to the River District downtown Fort Myers

AUGUST 12, 2011

Estates To Hold Summer Plant Sale



The Edison & Ford Winter Estates gardens contain more than 1,700 plants representing more than 400 species from six continents. Many will be on sale this weekend.

On Friday, August 12 and Saturday, August 13, the Edison & Ford Winter Estates is holding its summer plant sale from 9 a.m. to 5:30 p.m.

Receive 20 percent off plants, books, seeds, supplies and garden art in the Estates Garden Shoppe located in the public Heritage Gardens. Heritage plants propagated in the nursery are available for sale as well as annuals, herbs, fruit trees, butterfly plants and a variety of landscaping plants. Horticultural staff will be available to answer questions on Florida gardening. Admission to the Estates Garden Shoppe is always free.

Also on Saturday, the estates is hosting an educational discussion entitled Garden Talk - Unusual Plants to add to your Garden, at 10 a.m. and 1 p.m. Thomas Edison planted many unusual plants on his winter estates that are part of the historic gardens today. Join horticultural staff to learn about native Florida, exotic and heritage plants that you can add to your own landscape. Reservations are not required. Estates members are free, non members \$5, and all participants receive a \$5 gift certificate to be used in the Estates Garden Shoppe.

The Edison & Ford Winter Estates is located at 2350 McGregor Boulevard, Fort Myers. Call 334-7419 or go to edisonfordwinterestates.org.✪

Fort Myers High School Green And White Ball

Fort Myers High School (FMHS) celebrates 100 years of excellence at the inaugural Green and White Ball scheduled for Saturday, October 22.

The public event will take place at Harborside Event Center and honors all past alumni and supporters who have contributed to the academic and athletic success of one of the most established schools in the state. The evening includes a welcome reception at 5 p.m. followed by dinner and an awards tribute at 6 p.m.

Fort Myers High School will also pay homage to past "Greenies" and award the Greenie of Distinction honor to an alumnus or alumna who has demonstrated excellence in his or her professional life, service to the community and to FMHS.

There will be a silent auction, performances by the Fort Myers High School Band and Riptide dance team, and presentation of colors by ROTC.

Currently ranked as the 91st best high school in America by *The Washington Post* and 164th best high school in America by *Newsweek* magazine, Fort Myers High School past alumni include distinguished citizens such as Sam Galloway, Barbara B. Mann, Berne Davis and political leaders U.S. Congressman Connie Mack and Representative Nick Thompson.

Proceeds from the event benefit the athletic, band and ROTC booster clubs, and the founding of an alumni association.

Individual tickets for the Green and White Ball are \$55 each; tables of eight can be reserved for \$550. Corporate sponsorships are available, and tickets may be reserved at <http://www.greenandwhiteball.eventbrite.com>. For more information, email greenandwhiteball@gmail.com.✪



Priscila Navarro

Sophomore Wins First Prize At International Piano Competition

Pricila Navarro, a sophomore at Florida Gulf Coast University Bower School of Music, won first prize for her performance at the International Piano Competition in Lima, Peru on July 25. The 17-year-old piano music performance major from Peru studies with head of keyboard studies at the Bower School of Music, Dr. Michael Baron.

continued on page 3

Broadway Palm Supper Club

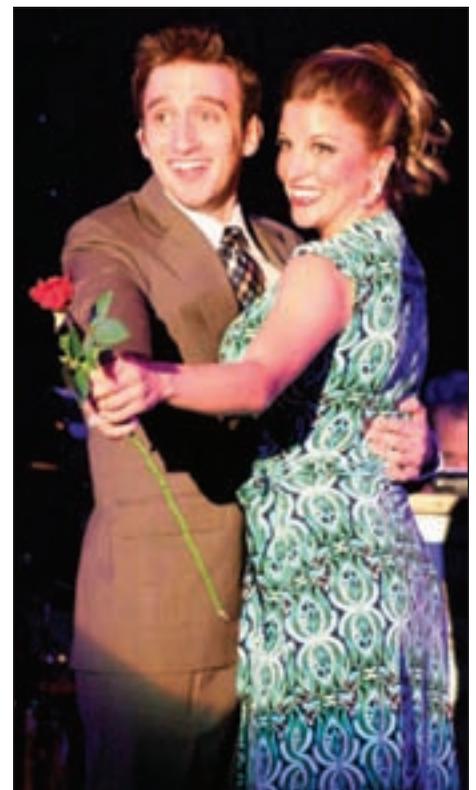
Broadway Palm Dinner Theatre presents two weeks of dinner, dancing and live music at The Broadway Palm Supper Club, August 18 through 28.

Guests can take part in an elegant afternoon or evening of cocktails, liners on the tables, dinner, dancing, vocalists and live music from The Broadway Palm Orchestra. A dance floor will be installed in the "A" section.

The Supper Club will hark back to the 40s, 50s and other decades. The musical styles include Latin, World War II, Sinatra songs, Swing, and a crooner segment of love songs., including *Fly Me To The Moon*, *World on a String*, *Mambo Caliente*, *You'll Never Know*, *Boogie Woogie Bugle Boy*, *Satin Doll*, *Tequila* and *At Last*.

With the resurgence of dance shows, dance has again become one of the fastest growing trends across the country. Fred Astaire Dance Studios is partnering with The Broadway Palm Supper Club offering dance tips, dance lessons and showcasing various dance styles at each performance.

The Supper Club will take place Thursday through Sunday evenings with selected matinees. Tickets are \$39 per person for the dinner buffet and dancing.



Supper Club dancers

For tickets call 278-4422, log onto www.BroadwayPalm.com or stop by the box office at 1380 Colonial Boulevard in Fort Myers.✪

Historic Downtown Fort Myers, Then And Now

Lee County Normal School, 1902

by Gerri Reaves



In spring 1902, the wood-frame Lee County School at Second and Jackson Streets was transformed into the Lee County Normal School.

The nine students pictured here had completed the one-room "high school" in spring of that year. Incidentally, it was 1900 before the Lee Board of Public Instruction (LBPI) minutes first referred to the Myers School as "Fort Myers High School" (later known as Lee County High School too).

In the normal school, these students studied two months beyond the regular school term toward their teaching qualifications.

David W. Sumner (front right) is the only male graduate and the only one identified. One can only wonder if he is aware of the student poised to give him a playful tap on the head with a hammer!

The other men are Prof. JB O'Berry (left) and County School Superintendent Dr. JF Shands.

David Sumner's career seemed to take the fast track, for he soon advanced to other traditionally male positions in a public-service career, superintendent of schools (1907 to 1912) and mayor of Fort Myers (1915).

The normal school of spring 1902 was the first ever held by the county and was a progressive educational move.

It resembled what today might be called a summer institute: two months added on to the approximate five-month school term, which had concluded around June 1.

The term derives from the French école normale, the first French school of the 17th century, which served as a model for schools established throughout France, England, and Canada.

The first U.S. normal schools originated in the 1820s and 1830s as a result of the education reform movement led by activists such as Horace Mann. Before normal schools, there was no standardized training or qualification process for teachers.

Many of today's esteemed universities, such as the University of California at Los Angeles, started as normal schools.

In the early decades of U.S. normal schools, the students were predominately men because women did not have equal access to education. Over time, however, access to public education, combined with the opportunity to train in normal schools opened up professional jobs for women in ever-growing numbers. In fact, female teachers in the elementary grades became the norm.

Female teachers, however, were routinely paid less than male teachers.

The following year, the first officially recorded high school graduating class was recorded. The 1903 class was tiny – only three graduates, Grace Baker, Neva Park, and Annie Powell – but significant.

On April 24, the first high school commencement was held for the trio. An orchestra accompanied the evening of songs, recitations, and addresses.

Park was valedictorian and winner of a scholarship to Rollins College. Both she and Baker went on to become teachers in Lee County.

That first normal school experiment evidently was successful. In mid-April 1903, Prof. O'Berry, by then appointed principal of the high school, was authorized to continue it for five more weeks.

Teacher exams followed on June 2; the 10 announced rules were quite stringent, especially number 6: "It shall not be presumed that anything was omitted by oversight and no allowance made therefore."



Eight students attended Lee County's first normal school for teacher training in Spring 1902. David W. Sumner (front right) is the only student identified. Professor JB O'Berry stands left and County School Superintendent Dr. JF Shands, right.

Education improvements gained momentum, and in 1911, with the construction of the modern Gwynne Institute on the site of the old frame school, official high-school accreditation was awarded.

Walk down to First and Jackson to the site where teacher education took a giant step just after the turn of the 20th century.

Then walk the short distance to the Southwest Florida Museum of History at 2031 Jackson Street to learn more about the dedicated people who insisted on better schools for Fort Myers.

Be sure to see, Mambo Man, a Tribute exhibit to Pedro "Cuban Pete" Aguilar. For information, call 321-7430 or go to swflmuseumofhistory.com. Museum hours are 10 a.m. to 5 p.m., Tuesday through Saturday.

Also, be sure to explore of the area's best historical research center, the Southwest Florida Historical Society at 10091 McGregor Boulevard, located on the campus of the Lee County Alliance for the Arts.

Contact the all-volunteer non-profit organization at 939-4044. Or drop by on Wednesday or Saturday, 9 a.m. to noon and explore LBPI history.

Sources: *Yesterday's Fort Myers* by Marian Bailey Godown and Alberta Colcord Rawchuck; *The First 100 Years: Lee County Public Schools 1887 – 1987* by Donald O. Stone PhD And Beth W. Carter; wordiq.com; and the archives of the Southwest Florida Historical Society.✧



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Graphic Arts/Production

Ann Ziehl
Sarah Crooks
Kris See

Photographer

Michael Heider

Writers

Gerri Reaves, Ph D
Anne Mitchell
Emilie Alfino

Contributing Writers

Jennifer Basey	Joan Hooper
Kimberley Berisford	Audrey Krienen
Suzy Cohen	Scott Martell
Ed Frank	Capt. Matt Mitchell
Max Friedersdorf	Patricia Molloy
Priscilla Friedersdorf	Laura Zocki Puerto
Jim George	Di Saggau
Dr. Dave Hepburn	Scott White

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Readers with news, tips, comments or questions, please call (239) 415-7732 or write to: The River Weekly News, 1609 Hendry Street, Suite 15, Fort Myers, FL 33901. Fax number: (239) 415-7702. E-mail: press@riverweekly.com.

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From page 1

Sophomore Wins Piano Competition

As part of her award, Navarro will be sent on an all-expense-paid trip to study Chopin for two weeks at the Warsaw Conservatory in Poland. The competition was open to all South American pianists up to the age of 30 and consisted of three rounds.

The ceremony was held at the auditorium of the Centro Cultural de Petroperu and was attended by members of the jury chaired by Alexandre Lustchevsky Raphael, professor at Chopin Music University Warsaw, and representatives of the Polish Embassy and the National Conservatory of Music.

Earlier this summer, Navarro was awarded a full scholarship to study piano at the Tanglewood Festival in Lenox, Massachusetts. In August, she will be performing as soloist in a Chopin Concerto with the National Orchestra of Peru.

Last year, she won the Music Teachers National Association (MTNA) Senior Competition for the State of Florida; the MTNA Piano Duet Competition for the State of Florida; the Regional Senior MTNA Competition (in which the winners of nine states compete against each other), and the Regional Piano Duet MTNA Division Competition. She was also a winner of the Ars Flores National Concerto Competition in Fort Lauderdale.

"I am very proud of Priscila for winning this latest major competition," said

Baron. "She has brought significant distinction to the Bower School of Music on an international level while maintaining a 3.88 GPA."*

Following In Tracy's 'Fit-Steps'



Darren "DJ" Jenkins holding his finisher ribbon

Sanibel resident Darren "DJ" Jenkins finished his first official race at the Saturday, August 6 2011 Race for Trace, in honor of Tracey Kleinpell who died in a bicycle accident on the Sanibel Causeway in

early May. DJ wore his "light up shoes" so Tracy could see him run from heaven."

DJ will follow in Tracy's Fit-Steps – the race's slogan – and he now wants to run

every race possible. DJ is two and a half years old and lives on Sanibel with his grandmother Maggie Goldsmith, a personal trainer and instructor who taught with Kleinpell at several fitness facilities.*

Dedication Ceremony

Lee County held a dedication ceremony for the oak tree eagle carving in front of the Old Lee County Courthouse, 2120 Main Street, downtown Fort Myers, at 4 p.m. Wednesday, August 10.

The new soaring eagle sculpture was carved by artist Marlin Miller in June. He created the artwork out of the stump of an historic oak tree that had to be cut down because of structural deficiencies.

A new, 35-foot live oak tree, donated by O'Donnell Landscapes Inc., was planted in the landscape bed east of the sculpture on July 23. Landscaping improvements featuring native plants will be phased in over the next few months.*

Edison & Ford Winter Estates Awarded Certificate Of Excellence

The Edison & Ford Winter Estates was awarded a Certificate of Excellence by TripAdvisor, the world's largest travel site. The award honors top-rated lodging businesses, restaurants and attractions as reviewed by travelers.

The Estates received the award as a result of consistently receiving excellent ratings from visitors and maintaining an average rating of four or higher out of a possible five as reviewed by travelers on TripAdvisor. Additional criteria included the volume of reviews and how recently they have been submitted by TripAdvisor travelers.

The Edison & Ford Winter Estates is a world renowned cultural and educational resource honoring the innovation and creativity of two of America's most influential individuals – Thomas Edison and Henry Ford. Visitors to the Estates can explore 20 acres of historical buildings and gardens including Edison's Botanic Research Lab and the Estates Museum with programs and special exhibit.

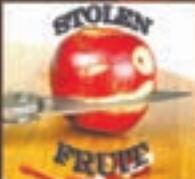
The Estates is open daily from 9 a.m. to 5:30 p.m. The Estates is the winner of the 2009 National Stewardship Award from the National Trust for Historic Preservation and is an official project of Save America's Treasures at the National Trust for Historic Preservation, a Florida Historic Landmark and a National Register Historic Site. For more information call 334-7419 or visit www.edisonfordwinterestates.org.*

Live Music

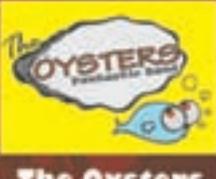
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Dr. Olga Oliver

pioneer from Lee County, the conference is designed to educate veterinary professionals and staff about the latest techniques, advances and breakthroughs in the profession.

There were over 20 speakers during the two-day conference, including keynote speaker Dr. Glen Hoffsis, dean of the College of Veterinary Medicine at the University of Florida.

Dr. Richard Carpenter, secretary/treasurer of the Caloosa Veterinary Medical Society, a local organization dedicated to the advancement of community education and charitable purposes helped coordinate the event and also invited local organizations ARC (Animal Refuge Center) and CROW (Clinic for the Rehabilitation of Wildlife) to have a presence. Each set up a display area to educate the conference attendees about their respective missions.

A highlight for CROW was a visit to their booth by Dr. Olga Oliver, currently practicing veterinary medicine in Sarasota. Dr. Oliver was a visiting student at CROW in 1997, coming from her university in Spain for a six-week externship. She was thrilled to get the chance to re-connect with CROW and brought her family, some of whom were visiting from Spain, for a tour of the new CROW facilities.*

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Memorial Veterinary Conference

On August 6 and 7, nearly 200 veterinarians, vet-technicians and practice managers from throughout the state of Florida gathered at the Sundial Beach Resort for the 36th annual Peter Piper Memorial Veterinary Conference. Named in honor of Miles Standish Piper, a veterinary

Rib Rockin' Rodeo Will Mark 9/11 Anniversary

The Communications Training Team of the Lee County Sheriff's Office is hosting the 2011 Rib Rockin' Rodeo Saturday and Sunday, September 10 and 11.

The weekend will feature four events, honoring local heroes and remembering the lives lost on 9/11. Participants will also pay tribute to the men and women in the armed forces.

Saturday, September 10 is the 3rd annual 911 Appreciation Ride.

Registration will be at Fort Myers Harley Davidson store beginning at 9 a.m. with the last bike out at 11 a.m. Prizes and food specials will be available.

Sunday, September 11 is the Local Heroes Parade from 8 to 9:30 a.m.

The parade will pay tribute to local heroes in public safety. Law enforcement, fire services, emergency medical services and emergency communications will be represented. Local military heroes, Veterans of Foreign Wars, ROTC, Scouts and others will also be featured.

The one-mile route begins at Page Field Commons, heading north on Cleveland Avenue to Colonial Boulevard. It will continue eastbound down Colonial Boulevard, ending at Fort Myers Harley Davidson.

A Heroes Tribute Ceremony will take place from 10 to 11:30 a.m.

Special guest speakers will lead the

ceremony focusing on the roles of our local and national heroes and their contributions to society and American pride. We will remember those who paid the ultimate price serving our communities and fighting for our freedom.

The Rib Rockin' Rodeo will be from noon to 5 p.m. and will be open to the public. Teams will compete in a rib cook-off, representing public safety teams, amateur teams and restaurants. Ribs will be judged in various categories, while the community will select The People's Choice.

The afternoon will feature performances by One Night Rodeo, recent winner of Great American Country and Music Nation's Next GAC Star Competition. The band has opened for Rascal Flatts, Keith Urban and Montgomery Gentry.

The afternoon event will also include raffles, vendor booths and food.

In honor of the 10-year anniversary of 9/11, the Communications Training Team of the Lee County Sheriff's Office will conduct the Harley-4-Heroes raffle.

The prize is a 2011 Harley Davidson Sportster. The tickets are \$50 each. Proceeds from the raffle will be donated to charitable organizations that support local public safety training and local military family support services.

Local businesses and organizations are asked to help with the cost of staging the events. Contact Christine Hodges, communications training coordinator, at 477-1213 or Sue Rauch, communications training assistant, at 477-1222 if you can help.*

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Jewish Federation's SAT Prep Class Lets You Learn More And Spend Less

The Jewish Federation of Lee and Charlotte Counties is offering a special prep class series to help get local students ready for upcoming the SAT test on November 5.

The SAT test, a critical measure of scholarship, is the benchmark used by most colleges and universities for admission decisions. As such, they are crucial to a student's success in higher education – and a long-term focus of learning for high school students.

Small class sizes and affordable tuition make the federation's classes stand out.

According to Naomi Rubin, the federation's programming director, "Our course offers 35 hours of class time, small classes, professional teachers and individualized attention. We are a nonprofit organization, not a business. We provide the SAT classes in a professional manner, affordable to the whole community. Your child will enjoy the course as well as benefit from it."

The classes are led by local professional educators with years of experience in SAT preparation.

Class fee is \$355 and includes all course materials. A minimum of six students is necessary for this class to be held, and a maximum of 12 students will be accepted.

The 14-session classes will be held on Mondays and Wednesdays, August 24, 29, 31, September 7, 12, 14, 19, 21, 26, October 5, 17, 24, 26, and November 2.

Math classes are held Mondays, and classes for the verbal section are held Wednesdays. Sessions, which begin promptly at 6:30 p.m. and conclude by 9 p.m., are held at the federation office at 9701 Commerce Center Court, Fort Myers (off Bass Road and Summerlin Road opposite Lexington County Club).

Openings are filling up fast. Classes are open to all local students on a first-come, first-served basis, and applications are available by calling the Federation at 481-4449 or online at www.JewishFederationLCC.org.*

Share your community news with us.

Call 395-1213, Fax: 395-2299

or email press@islandsunnews.com

Peace Day In The Park

On Sunday, September 18, Southwest Florida is invited to come and celebrate its 4th annual Peace Day in the Park at Cape Coral's Jaycee Park from 11 am to 5 p.m.

After spending months with the monks in Tibet, walking with them in peace marches in support of world peace, Zachari VanDyne decided to come home with a goal of sharing and spreading peace throughout Southwest Florida. September 21 has been recognized by the United Nations as an International Day of global cease-fire and non-violence; a Day of Peace "devoted to commemorating and strengthening the ideals of peace both within and among all nations and peoples," says VanDyne. For the past four years VanDyne has been planting seeds of peace in Southwest Florida through meditations, energy readings, developing peace curriculums for schools, and creating this event as a means to bring people together and celebrate peace. After mayor John Sullivan signed, for the first time in history, a proclamation of peace right here in Southwest Florida, VanDyne said, "recognition by the mayor is a huge statement. It means we are no longer just imagining peace. We have reached a point where we have started to create it. Now we are working on the foundation by creating real life initiatives that can help it grow."

"Peace Day is also about giving back and helping our local community," said VanDyne. Last year's event collected over 1,200 pounds of food for the Harry Chapin Food Bank of Southwest Florida in support of Peace One Day. This year the goal is to be able to do more, especially since this year's food collection will also be shared with ACT, Abused Woman's Shelter. "We want to beat last year's record with the hope of feeding more local bellies with Peace Food, and we need the community's help," said VanDyne. "We know everyone will chip in to help us meet our goal during these challenging economic times when people are suffering more than ever."



The universal symbol

The event will have something for everyone, even your pets. There will be a doggy fashion show, local food, meditations, readings, massages, interactive arts, face painting, and many local vendors that support and help create peace each day. Cape Coral Fire Department will be there with a truck for kids to interact with and the Calendar Girls will be there again this year, along with other entertainers and musicians. "Community members can look forward to an even more interactive Peace Day experience this year, with some new elements being presented at this year's celebration," said VanDyne. "We are partnering in with Southwest Florida Lucky Cat's Happiness project, and the collaborative arts experiment (working with Lee Memorial's Arts in Healthcare program) to bring about a more hands on, and artistic approach to each community member's commitment to peace in their own daily lives."

The event is free. There will be a number of prizes raffled off, including a hand-made peace quilt made by Cape Coral resident Mary Hansen, a WonderWhirl hula hoop by the Wonderwhirl Girl, a one-hour intuitive session with Zachari, a meditation bench, a feng shui consultation by Nan Grover, and an aura biofeedback scan by Meri Byers. All proceeds go to supporting peace and the Harry Chapin Food Bank, "for how can we even begin to think about peace if we can't even fulfill our most basic needs," VanDyne said.

The International Day of Peace was first celebrated in 1981. It is observed by many nations and the day is inaugurated with the Peace Bell being rung at United Nations headquarters in New York City. The bell is cast from coins donated by children from all continents and is referred to as a reminder of the human cost of war. The inscription on its side reads, "Long live absolute world peace."

For more information or to participate, contact Zachari VanDyne on facebook, or email him at swfl4peace@email.com.

Republican Women Lunch

Lee Republican Women will meet Monday, September 12. Social hour begins at 11:15 a.m. with lunch and program to follow. The location is the Hilton Garden Inn-Fort Myers at 12601 University Drive. Admittance is \$16.00 all inclusive. For reservations,

call 432-9389 or email cindylignelli222@gmail.com.

September's speaker is Sharon Day, co-chair of the Republican National Committee.

Contact for the Lee Republication Woman is Michele Duryea, president, at michelemduryea@embarqmail.com or 280-7653.

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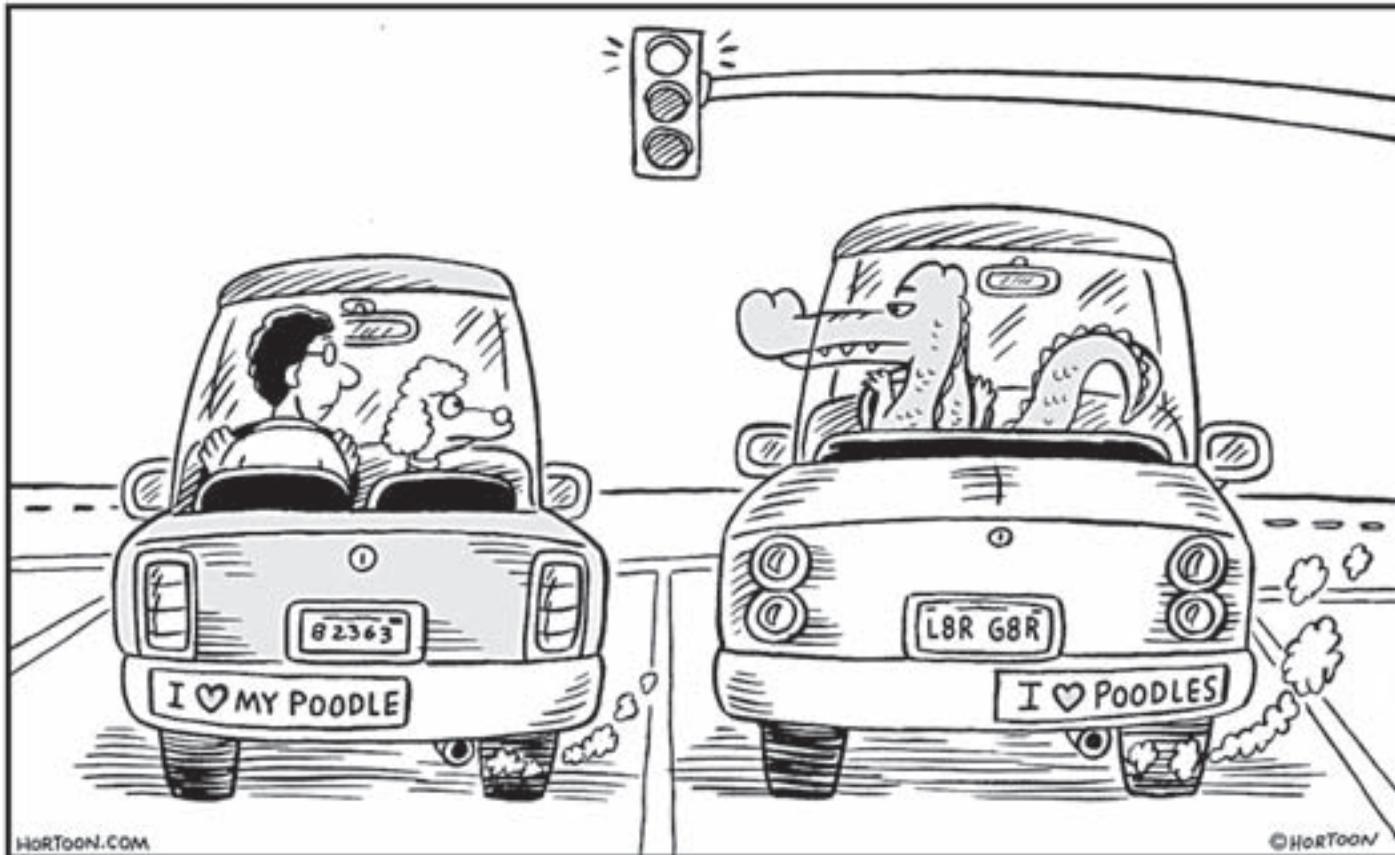


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HORTOONS



August Is Awesome (Pet) Adoption Month

As the end of summer approaches, Lee County Domestic Animal Services still has an abundance of pets at its facility needing homes. During the shelter's August Awesome Adoption promotion, adopters will have a chance to save a life while saving money too. There are more than 200 pets presently at the shelter and in foster homes. The shelter hopes to reduce the number of pets needing homes by reducing adoption fees from 20 percent to 100 percent. Adoption fees for August are:

- Puppies: \$75 (regularly \$95)
 - Adult Dogs: \$25 (regularly \$75)
 - Kittens: \$20* (regularly \$75)
 - Adult Cats: \$10* (regularly \$50)
 - Senior Pets**: free (regularly \$25)
- *Kittens and cats are always 2 for 1
**Six years and older

"We want to eliminate any reason someone would have to acquire a pet anywhere but at a shelter," said Donna Ward, LCDAS director. "We have every type of breed, size or age you could want including many pure bred animals," she added. The agency firmly believes that with the selection available at the shelter and the cost to adopt drastically reduced, there is no better place to get your next best friend.

Although reduced, the adoption fee continued on page 27



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FGCU Men's Basketball assistants Michael Fly, Joey Cantens and Brynn Richter



Tracy Hoogervorst and Kerry Loso

Florida Gulf Coast University's Alumni Association recently hosted its annual Summer Soiree at McCormick & Schmick's at Mercato in Naples. More than 100 attendees mixed and mingled, had appetizers and beverages and listened to live music by William Dziubek. FGCU men's basketball coach Andy Enfield spoke about the upcoming season. Drawing prizes were provided by FGCU Athletics Department and the Office of Alumni Relations. The FGCU Alumni Association is committed to building an enduring relationship between alumni and the university community. It sponsors programs and encourages alumni involvement. For more information, call 590-1087 or visit www.fgcu.edu/alumni.✱

Total Package Seminar For Job Seekers At Southwest Florida College

Local business and education leaders from Southwest Florida will be on hand for a new learning and coaching event for students of Southwest Florida College in Fort Myers and Bonita Springs. The Total Package: Marketing, Selling & Packaging Yourself seminar events will be held on the two college campus locations for one morning and two afternoon presentations. There is no charge to students and graduates of Southwest Florida College. Refreshments will be served. Representatives from area companies interested in attending the seminars may participate on a limited seating basis. All attendees must register in advance for the event by calling 939-4766 and asking for the Graduate Placement and Industry Relations department. Sessions will focus on three fundamental concepts:

- Winning Interviewing Skills
- Dressing for Interview Success
- Building an Outstanding Resumé

Three event bonus opportunities include:

- One-on-One Resumé Coaching. Coaching is available for all attendees. Every attendee will leave the event with a new resume!
- Professional head shot photography in electronic format will provide every attendee with a new photo for his or her job search.
- Refreshments will be served at each event.

Here is the schedule for The Total Package: Marketing, Selling & Packaging Yourself events:

- On Tuesday, August 16 in Bonita Springs at Walden Center, 24311 Walden Center Drive, Room 101, the seminar will be presented in an afternoon format from 3:30 to 5:30 p.m.
- On Thursday, August 18 in Fort Myers, at 1685 Medical Lane, Room 226, the seminars will be presented in a morning session at 11:30 a.m. to 1:30 p.m. The afternoon session will be from 3:30 to 5:30 p.m.

"We believe this new seminar concept will provide excellent value to our students. We are also happy to open seats to representatives from area companies interested in sharpening their skills or meeting our current students," said Dr. Stephen Calabro, president of Southwest Florida College. "This event is one way our faculty and administration can reach out and help to prepare students for job seeking in today's competitive environment. Thanks to all who are working with us to make this happen."

Representatives of the college are producing and promoting this event. Several leading business representatives are supporting and appearing at this event. College

Academic, Student Services and Industry Relations & Graduate Placement representatives will be participating in the event.

Since the college was founded in 1974, approximately 4,500 students have graduated with degrees, diplomas and certificates in career fields such as allied health, legal studies, education, business, design and information technology – all of which offer high growth potential. For more information on the event and directions, call 939-4766 or visit www.swfc.edu.

Southwest Florida College is an accredited, private institution of higher learning that is listening to employers and providing its students with placement assistance in today's most demanding career fields. The college is located in Fort Myers, Tampa, Port Charlotte and Bonita Springs. The Institute of Interior Design is also located within the Bonita Springs campus. For information, call 939-4766 or visit www.swfc.edu.✱



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Along The River



Delicious Peace Grows in an Ugandan Coffee Bean will be shown and discussed on Monday, August 15 at the Sidney & Berne Davis Art Center

The **Imaginarium** is coming of age, celebrating its 16th birthday on Saturday, August 13. The Imaginarium is growing up and so have the exhibits and programs, serving audiences of all ages. Help celebrate another year with a new focus, new exhibits, new events, and new programs on Saturday from 10 a.m. to 5 p.m.

Enjoy hands-on science demonstrations, live animal encounters, 3-D movies, make-and-take projects, and explore some of our hottest new programs in the Nanoscience Lab, Biofuels Booth, and Engineering Exploration Station. Broadcast live from the new IMAG-TV Studio where you can e-mail your video creation to friends and family. Discover the new interactive Watershed Wonders: Caloosahatchee Connections exhibit and walk through Backyard Nature to see our latest exhibit project in progress.

As our gift to you, all guests save 50 percent on admission. Call 321-7420 or go to imaginariumfortmyers.com.



Cool off with a smooth and creamy homemade treat from Pinocchio's on Sanibel

On Monday, August 15, the **Fort Myers Film Festival** features documentary film *Delicious Peace Grows in an Ugandan Coffee Bean* at the Sidney & Berne Davis Art Center. The series runs every Monday night through August 29.

Living in the wake of the Idi Amin reign of terror and institutional discrimination, one Ugandan coffee farmer organized a group of Christian, Muslim and Jewish neighbors to challenge historical - as well as economic and environmental - hurdles by forming Delicious Peace Coffee Cooperative to enhance peaceful relationships and economic development. Partnering with a Fair Trade US distributor, the standard of living of the farmers is improving, peace is flourishing, and their messages of peace and fair wages are spreading to coffee customers in the US. The 40 minute film is narrated by Ed O'Neill and directed by Ellen Friedland. A discussion will follow.

The Sidney & Berne Davis Art Center is located at 2301 First Street, Fort Myers. For information about the film festival, call 810-6323 or go to fortmyersfilmfestival.com.

The Edison Restaurant & Bar serves \$6.95 lunch specials every day of the week from 11 a.m. to 4 p.m.

Lunch specials include free-range chicken caesar salad, fresh seasonal vegetable panini, hot pressed Havana Cuban sandwich, corned beef on rye, Black Angus burger, Mina's homemade meatloaf and the Edison's popular chicken pot pie. All sandwiches are served with french fries or coleslaw.

The Edison's Chandelier Bar is a sport fan's dream with numerous large plasma televisions. Sit inside at the bar, kick back at a comfortable booth or step outside on the Edison's air-conditioned patio overlooking the Fort Myers Golf Course. Daily happy hour prices are available from 11 a.m. to 8 p.m. and include half-price house brand cocktails, domestic draft beer and wine.

The Edison Restaurant & Bar is open seven days a week for lunch, dinner and cocktails. It is located at 3583 McGregor Boulevard. Call 936-9348 or go to edisonfl.com.

Beat the heat of a summer with a cool and tasty treat from **Pinocchio's Original Homemade Italian Ice Cream**. The quaint shop has been a Sanibel tradition for nearly 30 years. Visitors drive to the island to enjoy the pristine beaches, excellent shelling and natural wildlife. Families and residents often take the bicycle paths to the Sanibel Lighthouse on the East end of the island. Many say that their favorite stop along the way is Pinocchio's.

Each variety of the homemade ice cream is made with love from the original hand-written recipes. For a bit of whimsy, all Pinocchio's treats are topped with an animal cracker. Don't forget to take a pint or quart of Sanibel Krunch or Dirty Sand Dollar home with you.

Pinocchio's Original Homemade Italian Ice Cream is 362 Periwinkle Way, Sanibel, near the lighthouse (turn left after crossing the causeway). It is open daily from 9 a.m. to 9 p.m. Call 472-6566 or go to pinocchiosicecream.com.

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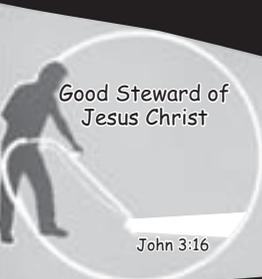
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Blood Drive Challenge Will Save 150 Lives



SWFAS CEO Kevin B. Lewis is presented with the trophy for winning the Blood Drive Challenge by Lee Mental Health CEO David Winters

To increase blood donations and make giving more fun, Lee Mental Health and Southwest Florida Addiction Services (SWFAS) recently participated in a Blood Drive Challenge to see which agency's employees could donate the most blood.

Blood was collected at Lee Mental Health on July 27 and on August 2 at SWFAS. The results are in and SWFAS won the challenge – with both a greater percentage of employees donating blood and a greater number of pints donated, too.

SWFAS had 29 employees (19 percent of total staff) participate, while Lee Mental Health had 22 employees (7 percent of total staff). Between the two organizations, 51 employees donated blood, which will save 150 lives.

To up the ante and encourage more employees to give, the agency CEOs agreed that the CEO of the agency that lost the challenge would shave his mustache. Lee Mental Health President & CEO David Winters followed through on the friendly wager and did indeed shave his mustache.

Winters presented the Blood Drive Challenge trophy and offered his congratulations to SWFAS CEO Kevin Lewis. As this year's winner, SWFAS plans to rotate the trophy among each of its five offices throughout the year.

Both Lewis and Winters agreed that at the end of the day, it's really about giving back to the community that gives so much everyday to support mental health and substance abuse services.

"The plan is to make this blood drive challenge an annual event with the trophy moving from year to year, based on who wins the challenge," said Todd Cordisco, vice president of community relations at Lee Mental Health Center.✱

FGCU Alumni Association Hosts Annual Dollars For Scholars Event

Florida Gulf Coast University's Alumni Association will host Dollars for FGCU Scholars at Beacon Bowl Lanes in Naples Saturday, September 10 from 6 to 9 p.m.

The public is invited to join FGCU alumni, faculty, staff and friends of the university at the glow-bowling event. Last year's sold-out fundraiser raised more than \$2,000 for student scholarships.

The evening includes an exclusive behind-the-scenes tour of Beacon Bowl Lanes for lifetime alumni members starting at 6 p.m., followed by two games of bowling, food and beverages at 6:30 p.m.

For an additional fee guests may participate in bowling bingo and a silent auction. Prizes include a round of golf at Bonita Bay East, Fort Myers Miracle tickets, a stay at Naples Grande Beach Resort and gift certificates from Naples Princess Cruise, Naples Transportation and Tours, Naples Zoo and Publix. Prizes will also be awarded to bowling competitors in four categories, Best Team Costume, Most Spirited Team, Top Turkey and Top Bowler.

All proceeds benefit the Alumni Association Scholarship Fund which assists deserving FGCU students with the cost of tuition. Past recipients include Nichole Doyle, Joshua Thomas, Jessica Davie, Casey Panepinto, Sasha Sadez and Katherine Almonte.

Lane sponsorship is \$250; individual sign up is \$25 for adults and includes shoe rental, children seven and under are \$15. Spectators can support the event and enjoy food and beverages for \$10.

For more information, call 590-1087 or register at www.fgcu.edu/alumni.✱

Chairpersons Chosen For 2013 Southwest Florida Heart Ball



Brian and Sonya Sawyer

The American Heart Association, Southwest Florida Division, has announced Brian and Sonya Sawyer as the co-chairs of the 2013 Southwest Florida Heart Ball.

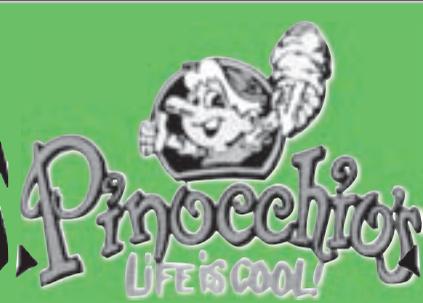
Sonya Sawyer is the chief financial officer at Home-Tech, a longtime sponsor of the organization, including a co-signature sponsor of the American Heart Association's 2011 Go Red For Women Luncheon. Sonya and her daughter, Chloe, are members of the organization's Circle of Red, a group of women who have the influence and resources to significantly impact the Southwest Florida community with the American Heart Association's mission.

The Sawyers are also serving on the executive leadership team for the 2012 Heart Ball, Hearts Around the World, which will be held on Saturday, April 14, at the Hyatt Regency Coconut Point Resort and Spa in Bonita Springs.

For more information on the Southwest Florida Heart Ball, including sponsorship and volunteer information, contact call Jennifer Campbell, senior social events director, at 495-4911 or email jen.campbell@heart.org.✱

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Churches/Temples

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Minister: Reverend Dr. Wayne Robinson
Sunday services: 9 and 11 a.m.
Unitarian Summer 2011: 11 a.m. Tapestry
of Faith Programs, child care provided
Adult workshops: 9:30 a.m. Faith Like a
River: Themes from UU History.
Phone: 226-0900
Email: allfaithsuc@embarqmail.com
Website: www.allfaiths-uc.org

ANNUNCIATION GREEK ORTHODOX CHURCH

8210 Cypress Lake Drive, Fort Myers
Reverend Fr. Athanasios Michalos
Orthros Service Sunday 9am
Divine Liturgy Sunday 10am
Fellowship Programs, Greek School,
Sunday School, Community Night
239-481-2099

BETH SHILOH

MESSIANIC SYNAGOGUE

15675 McGregor Boulevard. 437-3171
Rabbi: Judah Hungerman
Friday Service, 8 p.m.
Saturday Service, 11 a.m.
Shabbat School Saturday Morning
Adult Hebrew Classes
Please call for information on full program.

BREAD OF LIFE MINISTRIES CHURCH OF GOD

16581 McGregor Boulevard, 267-3166
Just past the Tanger Outlet Mall
Pastor: Barry Lentz, 281-3063
Sunday Worship, 10:30 a.m.
Wednesday Bible Study, 7 p.m.
CHAPEL OF CYPRESS COVE
10200 Cypress Cove Circle Fort Myers
Located at Cypress Cove Retirement
Center on HealthPark Campus
An ecumenical non-denominational
community of believers.
Sunday Worship Service, 10 a.m.
Wednesday Bible Study, 7 p.m.
Rev. Ted Althouse, Pastor
revtedalthouse@aol.com
239-850-3943

CHRIST THE KING

1188 Lake McGregor Drive, Fort Myers,
432-1724. Reverend N. Everett Keith II
An Old Catholic Community Liturgy
in English Sunday Mass at 9:30 a.m.

CHURCH OF THE CROSS:

13500 Freshman Lane; 768-2188
Pastors: Jeff Moran and Michael Bulter;
A nondenominational church emphasizing
a personal relationship with Jesus Christ.
Sunday Service: 9 a.m. Contemporary
10:45 a.m. Traditional.

COVENANT PRESBYTERIAN CHURCH

2439 McGregor Boulevard, 334-8937
Reverend Dr. Taylor Hill, Pastor
Reverend David Dietzel, Pastor Emeritus
Traditional Sunday service 10 a.m. Nursery
available

CYPRESS LAKE BAPTIST CHURCH

8400 Cypress Lake Drive, Fort Myers,
481-5442 Danny Harvey, pastor
Sunday Services: Bible study, 9:45 a.m.
Morning Worship, 11 a.m.
Evening Worship, 7 p.m.
Wednesday Prayer Meeting, 7 p.m.

CYPRESS LAKE

PRESBYTERIAN CHURCH

8260 Cypress Lake Drive, Fort Myers, 481-
3233; Clint Cottrell, pastor
Sunday services: 8 and 11 a.m. Traditional;
9:30 a.m. Contemporary; 9:45 a.m.
Children's Church K4J Kids for Jesus

CYPRESS LAKE UNITED

METHODIST CHURCH

8570 Cypress Lake Drive,

Fort Myers, 482-1250
Sunday Traditional Service: 8 and 11 a.m.,
Praise Service: 9:30 a.m.
Sunday School: All times
**FAITH FELLOWSHIP WORLD
OUTREACH MINISTRIES**
6111 South Pointe Boulevard, Fort Myers,
278-3638. Sunday Worship, 10:30 a.m.;
Voice of Faith, WCRN 13.50 AM Radio,
Sunday, 1:30 p.m.; Thursday Service, 7:30
p.m.; Friday Youth Service, 7:30 p.m.
Nursery care for pre-school children and
Children's Church for ages 5-12 available
at each service.

FAITH UNITED METHODIST CHURCH

15690 McGregor Boulevard
Fort Myers, 482-2030
Pastor: David Stauffer.
Traditional services 8:45 a.m.;
Contemporary, 10:30 a.m.
Go south on McGregor Boulevard. The
church is ½ mile past the intersection of
Gladiolus and San Carlos Boulevard on
the way to Sanibel.

FIRST CHURCH OF CHRIST, SCIENTIST

2390 West First Street, next door to Edison
Estates.

Sunday Morning Service and Sunday
School, 10:30 a.m.; Wednesday Evening
Testimony Meeting, 7:30 p.m. Child care
provided at all services.

Visit our Reading Room for quiet study at:

2281 W. First Street, River District
www.spirituality.com and www.christian-
science.com

FIRST CHURCH OF THE NAZARENE

13545 American Colony Boulevard
off Daniels Parkway in the Colony,
Fort Myers, 936-2511
Pastor: Reverend Joey Brummett
Sunday School: 9:30 a.m.; Morning
Worship, 10:30 a.m.; Sunday Evening, 6
p.m.; Wednesday Family Night, 7 p.m.

FIRST UNITED METHODIST CHURCH

in the Downtown Fort Myers River District
2466 First Street, Fort Myers, FL 33901
239-332-1152 www.fumcftmyers.org
Sunday: 9 a.m. Contemporary Worship
9 a.m. and 10 a.m. Sunday School
9:45 a.m. Coffee Fellowship
10:30 a.m. Traditional Worship
5 p.m. Youth Program
7 p.m. Spanish Worship

FORT MYERS CHRISTIAN CHURCH (DISCIPLES OF CHRIST) A STEPHEN MINISTRIES CONGREGATION

5916 Winkler Road, Fort Myers, 437-4330
Reverend Mark Condrey, Pastor
Sunday Worship: 10:30 a.m.
Church School: 9:15 a.m.

FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST:

8210 College Parkway, Fort Myers,
482-3133. Philip White, pastor
Morning Worship: 10 a.m.
Church School: 10:15 a.m.
Adult Forum: 11:30 a.m.

HOLY THEOTOKOS MONASTERY

111 Evergreen Road,
North Fort Myers, 997-2846
Eastern Orthodox men's monastery.
Liturgical services conducted in the
English, Greek and Church Slavonic
languages, following the Julian (Old)
Calendar. Liturgical Services: Sundays and
Holy Days: The Third and Sixth Hours at
8:30 a.m.; Divine Liturgy at 9 a.m.

IONA-HOPE EPISCOPAL

CONGREGATION

9650 Gladiolus Drive,
Fort Myers, 454-4778
The Reverend Dr. John S. Adler, pastor
Weekly services:
Saturday 5 p.m., Eucharist with Healing
Sunday 8 a.m., Holy Eucharist, Rite One;
9:30 a.m., Family Eucharist with Healing
and Church School
Tuesday 9:30 a.m., Morning Prayer (in
Spanish); Wednesday 9:30 a.m., Eucharist

with Healing. Child care available at
Saturday 5 p.m. and Sunday 9:30 a.m.
services.

JESUS THE WORKER

CATHOLIC CHURCH:

881 Nuna Avenue, Fort Myers, 481-1143
Masses Friday and Saturday, 7 p.m.;
Sunday, 8 and 10 a.m. and 6 p.m.

KINGDOM LIFE CHURCH

2154 McGregor Boulevard,
Fort Myers, 218-8343
Pastor Randy and Anita Thurman
10:30 a.m. Sunday Service
All are welcome.

LAMB OF GOD

LUTHERAN/EPISCOPAL CHURCH

Corner Cypress View Drive and Koreshan
Boulevard, Three Oaks area,
Fort Myers, 267-3525

Walter Fohs, pastor; Becky Robbins-
Penniman, associate pastor
Sunday worship services:

8 a.m. Early Grace Traditional
9 a.m. Awesome Grace Contemporary
10:30 a.m. Classic Grace Traditional
8:45 & 10 a.m. Sunday School God's
Group

MESSIAH REFORMED CHURCH

Worship Gathering - Sunday 10 a.m.
Pastor Alan Bondar
Fort Myers Villas Civic Association Bldg.
2306 Sunrise Blvd. Fort Myers, 33907
Phone text: 220-8519

website: messiahreformed.com

6:30 p.m. Wednesday Bible Study

noon Sunday Fellowship Lunch

Monthly Teen Events

see website for podcasts, special events,
ministries, calendar, blogs, etc.

NEW HOPE BAPTIST CHURCH OF FORT MYERS

16120 San Carlos Boulevard, Unit 10
239-985-8503

9:45 a.m. Sunday School for all ages

11 a.m. Sunday Morning Worship.

7 p.m. Wednesday Evening Bible Study

NEW HOPE PRESBYTERIAN CHURCH

3825 McGregor Boulevard. Fort Myers
Pastors: Bill Stephens, Stu Austin and
Howard Biddulph, Associate Pastor
8 & 9:30 a.m. Traditional Worship
11 a.m. Contemporary Worship
8, 9:30 & 11 a.m. Sunday School
Youth and Children's programming runs
concurrent to Sunday services.

Nursery care provided at all services

For more information visit:

www.newhopefortmyers.org

PEACE COMMUNITY CHURCH

Meets at Ft. Myers Beach Masonic Lodge
17625 Pine Ridge Road,
Fort Myers Beach 267-7400.

Pastors Bruce Merton, Gail & RC Fleeman

Traditional Worship 9:45 a.m.

Contemporary Worship 11:15 a.m.

Phone: 267-7400 Fax: 267-7407

Web site: peacecommunitychurch.com

e-mail: peace1265@aol.com

PEACE LUTHERAN CHURCH

15840 McGregor Boulevard, Fort Myers

Walter Still, Senior Pastor,

Sunday Worship: 8 and 9:30 a.m.

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increasing peace and happiness into
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SOUTHWEST BAPTIST CHURCH

16940 McGregor Boulevard,
Fort Myers, 454-3336
Robert G. Kasten, Pastor
Sunday Worship Service 11 a.m.
Nursery available
9:45 a.m. Sunday School for all ages
Junior Church grades one to five
Wee Church Pre-K to K
Evening Service 6 p.m.
Wednsday Service 6 p.m.

ST. COLUMBKILLE

CATHOLIC CHURCH

12171 Iona Road, Fort Myers, off
McGregor and north of Gladiolus.
489-3973 Father Joseph Clifford.

Weekly masses:

Monday through Saturday 8 a.m.

Weekend masses: Saturday 3 and 5 p.m.;

Sunday: 7, 9, 11, and 5:30 p.m.

Reconciliation is available at the church on

Saturdays at noon and by appointment

SAINT JOHN THE APOSTLE

METROPOLITAN COMMUNITY CHURCH

3049 Mcgregor Boulevard, Fort Myers,
344-0012 Pastor Reverend Steve Filizzi
An Affirming & Inclusive Congregation
Sunday Services, 10 a.m. and 7 p.m.
Mid-Week Service, Wednesday 6:30 p.m.

ST. MICHAEL LUTHERAN

CHURCH & SCHOOL (LCMS)

3595 Broadway, Fort Myers
239-939-4711, www.smlcs.org
Wednesday Fellowship: 5:30 p.m.
Dinner \$5, 6:15 p.m. bible studies
Worship: Saturday, 5:30 p.m.,
Sunday 8 a.m. and 10:45 a.m. with 9:15
a.m. adult and children's Bible Study, plus
marriage enrichment studies. Divorce Care
on Thursdays from 7 to 8:30 p.m.
During Lent: Wednesday worship
noon and 6:15 p.m.

TEMPLE BETHEL SYNAGOGUE

16225 Winkler Rd. 433-0018.
Rabbi Jeremy Barras
Cantorial Soloists Joseph/Lynn Goldovitz
Shabbat Services, Friday, 7:30 p.m.
Torah Study, Saturday, 9:15 a.m.
Bar/Bat Mitzvah Services, Saturday,
10:30 a.m.

Religious Education Classes, Midweek,

Grades 2-7, Wednesday, 5-6:30 p.m.

Preschool Classes, Monday through Friday

Confirmation Classes, Wednesday,

5:30-6:30 p.m.

Sunday School, 9:30 a.m. to noon

TEMPLE JUDEA (CONSERVATIVE)

14486 A&W Bulb Road, Fort Myers,
433-0201, Lay Leader Diane Seidenstein
and Larry Hershman

Weekly Minyan: Monday and Tuesday

morning at 9 a.m.

Services: Friday night at 7:30 p.m. and

Saturday morning at 9 a.m.

Religious School Sunday morning from

9:30 a.m. to noon and Wednesday

night from 4:30 to 6 p.m.

For Preschool information call 482-1121 or

email templejudeapreschool@gmail.com

THE NEW CHURCH

The New Church of SWFL is located at
10811 Sunset Plaza Circle, by Summerlin
and Pine Ridge Roads, behind Zoomers
and the ponds.

Reverend Nadine

Spiritual Recovery, Wednesdays 10 a.m.

Healing Service, Wednesdays 11 a.m. and

Fridays 6:30 p.m.

Sunday Worship Services, 11 a.m.

Call for information 481-5535.

THOMAS A. EDISON

CONGREGATIONAL CHURCH

1619 Llewellyn Drive Fort Myers
Just off McGregor across from the Edison/
Ford Winter Estates 334-4978
Senior Minister: Douglas Kelchner
Traditional Worship Sunday's 10:15 a.m.
Website: www.edisonchurch.org

From page 10

Churches/Temples

UNITARIAN UNIVERSALIST CHURCH FORT MYERS

13411 Shire Lane (off Daniels Parkway one mile west of I-75)
Minister: The Rev. Allison Farnum
Sunday services and religious education at 10:30 a.m.

For information on all church events call 561-2700 or visit www.uucfm.org.

UNITY OF BONITA SPRINGS

Family Service 10 to 11 a.m.
Healing Circle 11 a.m.
Hospitality and Fellowship, 11 a.m.
Inspiring lesson, uplifting and dynamic music, meditation in a loving environment.
Service held at 28285 Imperial Street, Bonita Springs. Call 947-3100.

WESTMINSTER PRESBYTERIAN CHURCH

9065 Ligon Court, Fort Myers, across from HealthPark Hospital, 481-2125
Senior Pastor: Robert Brunson
Sunday Service:
9:30 a.m. Sunday School for all ages
11 a.m. Blended Worship
www.westminsterfortmyers.org

WORD OF LIFE CHURCH

2120 Collier Ave, Fort Myers, 274-8881;
Services: Sunday 10 a.m.;
Wednesday 7 p.m.

Bishop Gaspar and Michele Anastasi

ZION LUTHERAN CHURCH:

7401 Winkler Road, Fort Myers,
481-4040, Pastor, Steve Hess
Sunday Services: 8 a.m. traditional;
9:30 a.m. contemporary; 11 a.m. blendings.
Sunday school, 9:30 a.m.*

The Mystery Of Writing Mystery

Marty Ambrose, Edison State College professor and author of *The Mango Bay Mysteries* series, will unlock the secrets of mystery novel writing for the Gulf Coast Writers Association on Saturday, August 20 at 10 a.m. at Fellowship Hall, Zion Lutheran Church, 7401 Winkler Road, Fort Myers.

Her presentation, *Writing the Traditional Mystery*, will cover the creation of an amateur sleuth, the plotting of a traditional mystery and the devising of a "community" of characters for a mystery series.

Professor Ambrose has worked at Edison State College for more than two decades as a professor of English, communications chair, and now as assessment coordinator. She is presently working on *Tropical Trouble*, book number five in her mystery series.

For more information on the Gulf Coast Writers Association, visit www.gulfwriters.org.

For further information on the August 20 meeting, e-mail Joe Pacheco at sanibel-joe@comcast.net.*

OBITUARY



RUPERT H. INGRAM

Rupert H. Ingram, 83, of Sanibel, longtime resident of Newbury, died Monday, August 1, 2011 at Shell Point Pavilion Hospice in Fort Myers with his two daughters at his side.

Born in Wetumpka, Alabama, April 23, 1928, son of Colonel Rupert and Frances (Taylor) Ingram, Rupert graduated from Georgia Military Academy and earned his Bachelor of Science from the University of Oklahoma.

A love of travel and adventure took him on a bicycle tour throughout Europe

in the early 1950s, where he spent time studying at the University of Munich. He began his career in book publishing with McGraw-Hill in New York City, becoming science editor of the College Division.

In 1969, he founded Newbury House Publishers, which made a major contribution to language learning and language teaching. He sold Newbury House to HarperRow in 1985, and retired to Sanibel Island. He resumed his love of flying and traveled extensively throughout Africa, Australia and New Zealand.*

Jewish Book Sale

On Sunday, August 21, the Jewish Federation of Lee and Charlotte counties is having a Jewish book sale from 9:30 a.m. to 1 p.m. at the Jewish Federation, 9701 Commerce Court, Fort Myers. All the books are new, one-of-a-kind, published in 2010 and 2011. The books are on a variety of topics and some are not yet available in book stores. They will be priced up to \$10 each.

Proceeds from the sale will help fund the Jewish Federation's 17th annual Jewish Book Fair in November and December, where 14 authors from the U.S. and Canada will speak at seven events in Lee and Charlotte counties.

For more information, go to www.jewishfederationlcc.org or call 481-4449 ext. 3.*

Local Company Helps Human Trafficking Victims

Jeff East of Ted Todd Insurance Agency met with Lowell Senitz of Wings of Shelter recently to purchase two new bicycles, locks and a bike carrier. Ted Todd Insurance employees raised the money to help local children rescued from human trafficking.

Wings of Shelter International, Inc. local founders Lowell and Sally Senitz have dedicated their lives to raising awareness and providing safe houses to young victims of human sex slavery, most of whom are young girls. More than 300,000 children worldwide are currently trapped in modern day sex slavery. Wings of Shelter solely depends on the contributions of donors and is currently seeking pairs of bicycles for children and their sponsors to be able to travel safely in pairs. For more information, visit <http://wingsofshelter.com> or call 340-2980.*



Jeff East and Lowell Senitz

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Consistent Summertime Action Continues



by Capt. Matt Mitchell

Redfish and snook made up the majority of the action out on the water for me last week. Fishing continues to be very consistent with the best typical summertime action coming early and late in the day. A few mornings last week I did have to dodge a few coastal showers but with daily temperatures in the mid 90s the cooling rain was a nice break from the blazing mid-morning sun.

During the periods of high tides redfish have been easy to locate and catch. Working keys in the southern sound with cut pinfish and cut ladyfish, 10 to 15 redfish mornings were the norm. Some spots would give up as many as five before we had to move further down the shoreline to get back on the action. These fish have been way up under the trees and this is when a well-placed cast can make all the difference in the world. The average size of these reds was from 17 to 25 inches. As soon as the tide dropped out a little, the redfish bite was over and it was time to move on to something else. Areas around Maciever Keys and Mason Island were both productive.

The best snook bite could still be found in and around the passes. Either tide worked to get in on the catch-and-release snook action as long as the water was moving. The faster the current the better the bite seemed to be. Lower stages of the tide definitely bunched the fish up tighter though.

The basic pass rig remains the same with a live pinfish and a small sinker or split shot placed about a foot to 18 inches up the leader from the hook. Drift through the fast moving water letting the bait bounce along the bottom. These fish hang tight to the bottom in the fast moving current. This simple technique drew bite after bite. Adjust the amount of weight so you can feel the bottom during the drift. The snook

caught were of all sizes with several real monsters lost after screaming runs. A 37-inch, 17-pounder was the biggest snook caught and released off my boat last week.

The passes can be very crowded with boats some days and there is nothing worse than one naive captain anchoring in the middle of the drift and messing up the drift fishing for everyone else. Not only can anchoring in the wrong spot not gain you any friends, it can also be dangerous with the fast moving current in the passes. If you are going to go fish the passes for the first time or are not familiar with how to do it, stay back and watch how the other boats do it for a while. Once you see how everyone else is drifting it, get in on the action. Keeping one person at the helm to operate the boat while drifting is a must. A little common sense can go along way when fishing in these often close quarters.

Another option for getting in on the pass action without having to deal with the boat traffic is to go at night, when it's much quieter. In fact, most of the time you will have the pass all to yourself, especially if you go mid-week. With little to no other angling pressure on the fish, if you pick a good tide the bite can really be epic. It's also a great way to stay out of the heat of the summer sun and get in on some great action.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmattmitchell@aol.com.✧



Alex Bradley from Louisville, Kentucky with a pass snook caught while fishing with Capt. Matt Mitchell

Send Us Your Fish Tales

The *River Weekly* would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the *River Weekly*, 1609 Hendry Street, Suite 15, Fort Myers, Florida 33901, or email to press@riverweekly.com.

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Bonsai Society Meeting To Feature 'Geeks And Freaks'

Bonsai enthusiasts are invited to attend the monthly meeting of the Bonsai Society of Southwest Florida on Saturday, August 20. The program will feature "Geeks and Freaks," where members are invited to bring in their oddball or unusual trees for review and critique.

The public is invited to attend the meeting, which begins at 9 a.m. The meeting is held at the Support Personnel Association of Lee County building at 6281 Metro Plantation Road, Fort Myers. There is no charge for attending and parking is free.

Bonsai is a horticultural art of growing trees in pots. It had its origins in China and Japan. Information about bonsai and the association will be available at the meeting.

Additional information about the event may be obtained by calling Greg Lignelli, 560-3275.✧



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Plant Smart

Silver Buttonwood



The silvery leaves and button-like conical fruit give this native plant its common name

by Gerri Reaves

Silver buttonwood (*Conocarpus erectus* var. *sericeus*) is a native tree or shrub whose soft silvery leaves, gnarled bark, and button-like fruit give it great ornamental value.

Left to itself, it will develop as a multi-trunk shrub but is often pruned to tree shape.

As a tree, it typically reaches about 35 feet tall with a wide spread. Indigenous to tropical coasts and highly drought- and salt-tolerant, it will grow in sandy soil, so it's a good choice for coastal landscapes. It will even grow in boggy areas or as a container or bonsai plant.

It is exceptionally hardy, but it will not tolerate frost or shade.

Widely used as a hedge in South Florida, it unfortunately often suffers from repeatedly flat shearing off. It will live longer and be more beautiful if allowed to assume a natural form.

Dense silky hairs give the leaves their soft texture and silvery gray color. The oblong or lance-like leaves are two to four inches long with pointed tips.

Inconspicuous greenish flowers appear throughout the year, followed by reddish



A smaller cultivar of silver buttonwood is commonly used for median and roadside plantings

brown fruit, cone-shaped one-half-inch "buttons."

The deeply furrowed gnarled bark on older specimens gives the tree character and also provides a good growing platform for epiphytes such as bromeliads and orchids.

Propagate it with cuttings or with seeds.

Sources: floridata.com, edis.ifas.ufl.edu, and *Native Florida Plants* by Robert G. Haehle and Joan Brookwell.

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CROW Case Of The Week:

Chimney Swifts

by Emilie Alfino



This year CROW found itself with 18 tiny, noisy chimney swifts to raise. Arriving from different sources, the birds needed to be at CROW because they were babies and wouldn't survive without the clinic's care. The brood arrived toward the end of June.

"I can't remember in years past getting more than three or four all year," said Dr. Amber McNamara. "In the past we have tried very hard to send a staff member to put them back in the chimney."

Put birds back in a chimney? That might sound crazy, but that's exactly where the birds should be at this early stage of their lives. Nowadays, chimney swifts mainly nest in man-made structures such as large open chimneys. The nest is made of twigs glued together with saliva and stuck to the chimney wall. The nest looks like a tiny half-basket you might buy to hang on the wall, maybe for a flower arrangement. These birds then lay three to seven white eggs. The incubation period is about 20 days, and the fledglings leave the nest after a month. After that, the birds have nothing whatsoever to do with chimneys.



Chimney swifts construct their small but sturdy nests designed to nestle against an inside chimney wall

Homeowners usually find chimney swifts in their fireplaces, and in the case of this year's little patients, Dr. Amber wondered if the weather could have had something to do with the larger number of birds ending up at CROW.

"When I first came here, I was amazed how many people had chimneys, first of all. These are noisy birds, just amazingly loud. If homeowners don't hear them beforehand, they find them when they fall



Feeding the swifts is a challenge, but one Dr. Amber has mastered. The eyedropper contains mashed, almost liquified kitten chow that must be fed through an eyedropper as the little patients cling upright to the cage's netting.

into the fireplace and that's the first time they know they have chimney swifts," Dr. Amber said. "Most of the swifts we have gotten this year were just found in the fireplace. They had just fallen from the nest and the owner wasn't able to get them back up there," Dr. Amber explained. "Some were single birds, some pairs, and some larger groups of four or five."

Caring for chimney swifts isn't easy, either. According to Dr. Amber, all baby bird care is labor intensive, but the swifts are even more so.

"These birds can be really tricky because the way they feed is different from the other songbirds. It takes a little more patience to feed them," Dr. Amber explained. Also, they don't sit in a nest – they cling to something vertical.

"They are very challenging not only to feed but to keep clean, and then to fledge them can be hard," Dr. Amber added. "Normally they fly right out of the chimney into the flock, and we don't have an artificial chimney here."

The rehabilitation of chimney swifts is so complicated, in fact, that there is an entire book devoted to it on the doctor's shelf. "So you can see there's a lot happening here if there's a need for an entire book on it," Dr. Amber said. "Being able to dedicate to them the care they need and also take care of our other patients is very demanding, but we did it and are still doing it."

The birds start out in a little plastic aquarium with a washcloth draped over the side so they have something to cling to. They're fed soaked kitten chow every hour to 1 1/2 hours. After they get a little bigger, they're moved to a Reptarium, which is a rectangular, netted plastic frame cage that zips all the way around. It's made for reptiles but is perfect for the swifts because they can get their tiny toenails into the netting and just hang on.

"We put them in this when they get to the point of wanting to flap their wings," Dr. Amber explained. "We have a heat lamp on it so if they want a warm spot they can go to that end; if they want to be cooler, they can go to the other end."

As the swifts get bigger and are ready to start doing some flying, they head outside to one of CROW's aviaries with netting so they can climb. They all tend to get together in one big bunch; it doesn't matter who's related. "Unlike the other songbirds, who tend to eat food out of a bowl, these guys eat bugs out of the air – so we have to feed them until they're ready to go and be released; it isn't possible for us to feed them bugs in mid-air," Dr. Amber said.

As Dr. Amber fed the demanding little open-mouthed birds their nearly liquid kitten chow through an eyedropper, they clung to the cage's netting in a tight, noisy group. It was obvious they were indeed hard to keep clean, as the doctor wiped their beaks, faces and heads continuously to clean them of dried food. She explained that if their feathers are dirty, infection can grow underneath.

"They kind of tell us when they're ready to go – you'll see them start to fly around the cage," Dr. Amber said. "They're very acrobatic; they'll do these little maneuvers. And once they start doing that, it's time for them to go."

On Friday, July 15, Dr. Amber released eight of the birds. She took them back to a spot where several of them had been found. "It was a really quiet street. As I was pulling up, I saw one chimney swift flying and then heard others in that little area," Dr. Amber recalled. "Within a few seconds there were about 30 of them overhead. They're very welcoming to the new birds – the more the merrier seems to be their motto. It was one of the coolest releases I've ever done."

Eight of the swifts are still at CROW, growing stronger and preparing for release.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from the Gulf Coast of Florida. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: www.crowclinic.org.



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Shell Museum Gives Parents A Break With Special Resort Program



Children find plenty to do at the Shell Museum

In response to an identified need introduced by lodging partners throughout Lee County, The Bailey-Matthews Shell Museum has developed a resort program called Children Play... Parents May?

Family vacations are great, but did you ever find yourself dreaming of a few hours of adult play time? Maybe Mom and Dad have shopping in mind without the stress of assuring fragile gift shop objects will remain on the shelves. Perhaps your favorite book is calling, or you wish you could have a meal and grown-up conversations. Do you ever have the vision of walking hand and hand down the beach, but linking with only one set of hands?

Parents can drop the children off for 2½ hours of guilt-free adult time. Your children won't even know you're gone, because they will be reading about mollusks, playing educational games, creating shell craft projects, making fact wheels or pop-up books, and doing creative writing.

The program is appropriate for ages five through 12 at \$15 per child. Classes will be held at the from 9 to 11:30 a.m. on August 16,18, 23, 25 and 30 and September 1.

To register call Diane Thomas at 395-2233, or email dothomas@shellmuseum.org. Registration is required by 3 p.m. Monday for Tuesday sessions and 3 p.m. Wednesday for Thursday sessions.*

Event To Benefit The Laboratory Theater Of Florida

Get your wiggle on and come to the juice joint for some giggle water and gambling. Try your hand at 21, craps, or roulette, bring some dough for the silent auction. Don't be a wet blanket! Shake a leg and get into your glad rags. There will be hooch, hoofing, and hotsy-totsy tomatoes. This ritzy bash is going to be the bee's knees, so be at The Edison on September 24 for bootleg bounty and "good honest gambling."

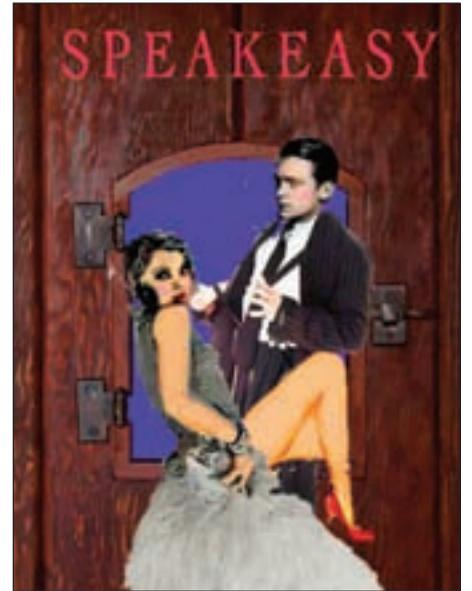
An event to benefit The Laboratory Theater of Florida, there will be gambling, auctions, raffles, music and, of course, a prize for best costume. The \$40 ticket includes a light buffet, two drinks and gambling chips.

Sponsoring a craps, roulette, or blackjack table costs \$350. You or your business can also support the theater by donating items for the auction or raffle. Your contact person is Brenda, at 248-894-6554.

1920s dress is encouraged!

It's at The Edison Restaurant, 3583 McGregor Boulevard in Fort Myers, from 7 to 10 p.m. on Saturday, September 24. The bribe to get in is \$40 per person. For tickets go to www.brownpapertickets.com or buy them at the door.

To buy a sponsorship, call Brenda at 248-894-6554.*

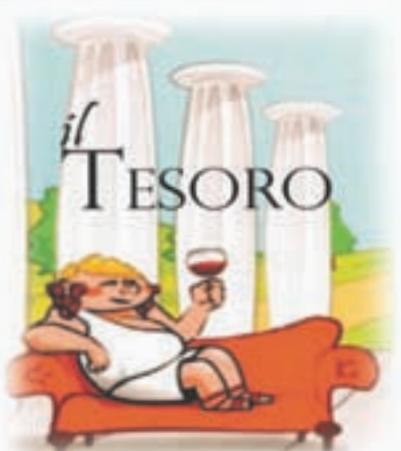


1920s dress is encouraged for a September 24 benefit at The Edison Restaurant

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SEAFOOD

Follow The Canvas Video Remembers 9-11

9-11 was one of the darkest days in American history. Ten years later, the nation continues to endure tremendous suffering after nearly 3,000 people lost their lives in the terrorist attacks on the United States.

On this somber anniversary, artist Leoma Lovegrove's mission is to memorialize the victims and honor their families with one goal in mind: Never Forget. *Follow the Canvas* is a video depiction of the story of Lovegrove's passion and the community coming together to honor the memory. Lovegrove has created a canvas that depicts the name of every human being who lost their life that fateful day. *Follow the Canvas* showcases the journey this canvas takes throughout Southwest Florida and how the people of this community remember that tragic day.

Every name of every victim is memorialized on the *Remember 9-11 Tenth Year Canvas*. Lovegrove's vision uses the victims' names as the basis and the strength of her memorial. The names are the foundation for her artistic vision – her hope that despite the evil of 9-11, America's heritage is strong and freedom will always prevail.

The *Follow the Canvas* video brings the story to life. *Follow the Canvas* showcases Americans wanting to support the survivors and families who've lost everything. As Lovegrove's billboard-sized tribute travels throughout the Southwest Florida community, hear the sometimes tragic, sometimes hopeful and always poignant reasons why people want to take part in the project. Hear parents using "paint the canvas" events to teach their children about this dreadful day. Hear how people who have lived through the suffering continue to heal. Hear why painting the actual name of a 9-11 victim is a tremendous act of healing.

The stories are remarkable.

WGCU Studios and producer Rachelle Grossman join forces to document the *Remember 9-11 Tenth Year Canvas* as it travels throughout Southwest Florida. From mid-June until September 11, residents and visitors are invited to paint the name of one of those who lost their lives on that fateful day. The colors of the names are differentiated by each tragic location. Those who perished at the World Trade Center are remembered in red. Those who died on American Airlines Flight 11 are honored in sea blue. Victims of the Pentagon are honored in orange. People who perished on United Airlines Flight 93 are honored in dark blue. Victims from United Airlines Flight 175 are in painted in deep blue and finally, those who lost their lives on American Airlines Flight 77 are honored in white.

After every name is complete, the canvas will then travel to the Broadway Palm Dinner Theatre in Fort Myers where a 10-year commemorative event takes place September 11. During this grand finale, the video will document Lovegrove's final culmination of her artis-

tic vision. Lovegrove will "paint out loud" an American Bald Eagle superimposed on top of the honored victims' names.

The *Follow the Canvas* video will continue to film the stories behind this memorial and recount the events taking place that unforgettable day. Every art form will be represented – live performance, guest speakers, song, symphony, poetry and prose. Audience members will also see a special screening of the *Follow the Canvas* video journey. Ten-year commemorative events will also be incorporated into the final *Follow the Canvas* video.

The final 26-minute production will be aired on WGCU Public Media, the Southwest Florida PBS affiliate on various dates of remembrance, including Memorial Day, 9-11 and Veteran's Day. WGCU will also offer the program for national distribution through American Public Television to PBS stations across the country.✱

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IslandSunNews.com

Art Classes At The Alliance

The Alliance for the Arts kicks off its 2011-12 educational programming with wet felting, cartooning and voice. Pre-registration is required for all classes.

Wet Felting, a two-day workshop instructed by artist Katie Gardenia, is the first of the season's classes. Students will learn the techniques of making felt from dyed angora, merino and lama wool.

continued on page 27



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- 1 tablespoon fresh cilantro, chopped
- 1 tablespoon mint, chopped
- 2 tablespoons orange liqueur (optional)
- 4 six-ounce swordfish steaks, 1½ inch thick, skin removed
- 1 tablespoon olive oil
- sea salt
- black pepper
- mint sprigs for garnish

Make the Mango Citrus Salsa by combining all ingredients except swordfish, oil, salt and pepper in a medium bowl. Mix well and set aside to let flavors blend. Brush swordfish steaks with olive oil then season with salt and pepper to taste. Grill steaks over medium-high heat for 4 minutes per side or until cooked through. To serve, spoon the Mango Citrus Salsa over the swordfish steaks and garnish with mint sprigs.

Candlelighters Golf Tournament

Candlelighters of Southwest Florida's 17th annual Gold Ribbon Classic Golf Tournament will be held on Saturday, September 24 at The Bonita Bay Club East, 3700 Wildwood Boulevard, Naples.

The tournament is the charity's major fundraiser which provides the necessary dollars to support local children with cancer or blood disorders. The children and their families are able to attend free of charge special events and family activities they may otherwise be unable to afford as well as the much needed support throughout their child's diagnosis.

The tournament is open to the public. Sponsorships are currently being sought, which include title sponsors; beverage

carts, holes, golfers and other opportunities ranging from \$100 to \$10,000.

Advance registration is required as there is a limit on the number of players accepted. The \$150 per golfer fee includes a round of golf on one of Florida's most prestigious golf course, practice balls, goodie bags for each player, buffet lunch and awards presentation immediately following play.

Check in begins at 8 a.m. followed by a shotgun start at 9 a.m. There will be games on the course as well as a chance to win some great raffle prizes.

Additional help is needed by furnishing the charity with gift certificates, gift items to be used for a raffle, or gather up items for the golfers' goodie bags. It's a great way for businesses to receive free advertisement and let the community know that local businesses care about the special needs of children living in Southwest Florida.✪

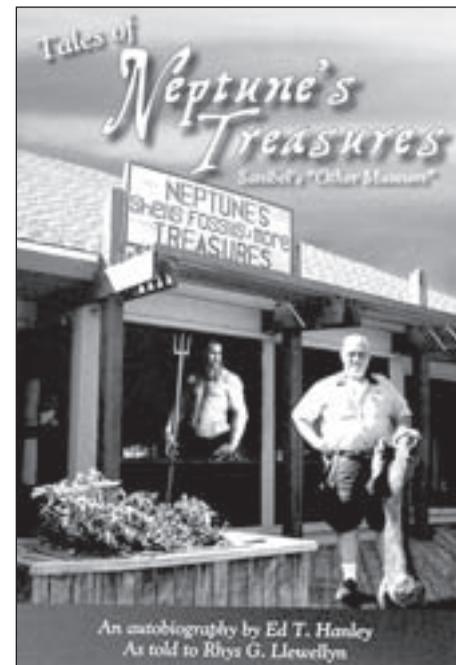
Book Release

Former patrons of Ed Hanley's Neptune's Treasures store on Sanibel are excited that his autobiography, *Tales of Neptune's Treasures*, has just been released by Snowbird Press.

This 380-page, soft-bound book includes 80 photographs of his exciting life and experiences scuba diving, shelling, fossiling and treasure hunting. His childhood and military experiences are recounted, as well as reflections on his family and people he has met in operating Neptune's Treasures for over a quarter of a century.

Included as an appendix to this book are all the articles he wrote concerning the various shells one may find on Sanibel.

To purchase a copy by mail, the price is \$23.50, which includes the cost of postage and handling within the continental United States. Florida residents must include an additional \$1.20 state sales tax. Make your check or money order payable to Snowbird Press, 27876 Cragmont Drive, Evergreen, Colorado 80439.



Delivery within the U.S. will take two to three weeks. Cash and credit cards cannot be accepted at this time.✪

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There's More To The Story Of Why Tiger Woods Hired A New Caddie



by Ed Frank

There's much more behind the story of Tiger Woods dumping his long-time caddie Steve Williams and replacing him with his childhood friend Bryon Bell. And the story is more important than last weekend's media frenzy over remarks made by Williams, who now totes the bag for Adam Scott, the winner of the WGC-Bridgestone Invitational.

The unwritten rule among golf professionals is that caddies remain behind the scene and keep their mouths shut. Williams, however, still smarting from his firing by Woods, said in a TV interview after Scott's victory, "I've been caddying for 33 years, and it's the best win of my life."

That remark came after caddying for Woods 12 years that included 13 major championships, 16 world titles and 72 wins worldwide.

The storyline behind Wood's hiring of Bell lies in the fact that Bell was running his golf course development company. And, according to Woods, the slumping economy has resulted in little or no work for the firm.

That does not come as a surprise as recent figures from the National Golf Foundation showed that 2010 marked the fifth consecutive year that the closing of golf courses far outpaced the openings of new courses.

In fact, in 2010 the ratio was more than two to one; 107 closures compared to just 46 new 18-hole courses.

From 2006 to 2010, the total net loss of golf courses in the United States was 220, according to the golf foundation.

While Florida continues to lead the nation with 1,218 courses, it has not been exempt from this decline with dozens of courses going bankrupt and others being converted to other purposes.

Considering the severity of the economy in recent years, the fact that shuttering of golf courses far outnumbered the opening of new facilities poses a wide degree of interpretation according to who is doing the explaining.

"The total loss of 220 18-hole golf courses from 2006 to 2010 represents only 1.5 percent of total supply," the golf foundation reports.

However, it should be noted that the number of rounds played last year in the United States was 43 million less than the number played in 2000.

Bay Oaks Bash

On October 1 from 11 a.m. to 3 p.m., Bay Oaks Recreational center will be throwing a community party, inviting everyone in the area to come out and see the Recreation Center's campus and new weight room. Admission is free and there will be free hamburgers and hotdogs for all. There will be entertainment including face painting, waterslides, bounce houses, as well as other family entertainment. In addition, there will be various art and culture booths as well as informative business booths. All area businesses looking for an inexpensive way to advertise are encouraged to join the party. This will be an opportunity to network within the community. Anyone interested in being a vendor, nonprofit vendor, or a food vendor, contact Randy at 765-4222 or randy@fortmyersbeachfl.gov.

On the plus side, the states with the most openings last year were Pennsylvania, Florida, Illinois, North Carolina and Texas. More than 60 percent of these were daily fee courses, not private courses.

So what is the actual status of the golf industry in the United States – suffering or prospering?

The answer probably lies somewhere in the middle.

Miracle Win First Series in Last Five; Wimmers Shows Progress

The Fort Myers Miracle captured their first series win in the last five by winning two of three games from the Palm Beach Cardinals last weekend. The series victory improved the Miracle's second-half season record to 17-27.

Encouraging was the performance of pitcher Alex Wimmers, the Minnesota Twins 2010 first-round draft pick, who had been sidelined most of this season.

In Saturday night's 6-0 win over Palm Beach in Jupiter, Wimmers pitched the final four shut-out innings while striking out six and allowing only two hits.

In seven appearances since returning from the disabled list, he has appeared only in relief roles.

Fort Myers is home this weekend at Hammond Stadium facing the same Palm Beach Cardinals with a 7:05 p.m. start Friday, 6:05 p.m. Saturday and 1:05 p.m. Sunday.✪



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Financial Focus

Remarriage May Require Refocus On Financial Goals



by Jennifer Basey

If you're planning to get remarried, you have plenty of company: More than 40 percent of all U.S. weddings are second marriages for at least one of the participants, according to an estimate by the

National Stepfamily Resource Center. Naturally, a second marriage will bring many changes to your life – not the least of which may be changes in your financial strategy and goals.

In fact, your remarriage should cause you to take a close look at these areas:

- Past financial obligations. Before even discussing your investments, you and your new spouse should decide how to handle past financial obligations such as child support, alimony and debts. Consider temporarily managing three accounts – his, hers and ours – to keep track of these various payments.

- Retirement accounts. You and your

new spouse may want to examine your respective retirement accounts – such as your 401(k)s and Individual Retirement Accounts (IRAs) – to determine if there are areas of duplication that you may wish to avoid. If you both have the same types of investments, you may be more susceptible to downturns that primarily affect one industry or economic sector. By diversifying your holdings, you can reduce the effects of volatility on your portfolios. Keep in mind, though, that diversification cannot guarantee a profit or protect against loss.

- Insurance. Evaluate your medical insurance plans to decide which policy is more economical and comprehensive for you, your spouse and any dependents. You may also want to review disability insurance to ensure appropriate coverage is in place. Review life insurance policies and update beneficiaries and coverage.

- Income taxes. When you consult with your tax professional to discuss the tax implications related to your marriage, be sure to adjust your tax withholding on Form W4 to reflect your marital status. You may also want to discuss whether

your Social Security benefits will be impacted if you remarry and are under age 60.

- Estate considerations. Remarriage almost certainly will require you to work with a legal advisor to make changes to the following: will, living will, durable power of attorney, health care power of attorney and trust. If you have children, this step is critical toward ensuring your wishes will be carried out. You can also speak with your legal advisor if you are considering a prenuptial or postnuptial agreement.

And perhaps above all else, you need to communicate effectively with your new spouse about your respective ideas on managing finances and investments. To develop a joint investment strategy that addresses your goals and your individual differences, you may want to consult with a financial professional.

Your remarriage can be a joyous occasion. And by making sure you and your new spouse are “on the same page” with regard to your financial situation and goals, you can make a positive contribution to your new life together.

Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.✪

dysfunction, and balance. The Centers for Disease Control places concussion symptoms into categories: thinking/remembering, physical, emotional/mood, and sleep. Symptoms can take as long as several weeks to emerge. Each injury is different and must be treated differently based on the diagnosis. Length of recovery depends on the severity of the concussion and the individual. There is no single cure or treatment for a concussion.

Here are some basic safety measures that should be in place including appropriate coaching, enforcement of relevant rules, protective gear – although there are no concussion-proof helmets – and quick and accurate assessment of anyone suspected to have sustained a concussion. The skill of the player can also have a role in suffering a concussion. It is imperative that a student stops participating immediately if he or she is experiencing any symptoms of a concussion. A return to play should be approved by the student's physician, the team trainer, physician and coach as well as the athletic administrator for the school. Working to develop school and district procedures for return to play guidelines would be an excellent joint project for parents and the school.

According to the CDC there are steps you can take to protect your children from concussion during a sports activity:

- Ensure that they follow their coach's rules for safety and the rules of the sport.

- Encourage them to practice good sportsmanship at all times

- Make sure they wear the right protective equipment for their activity (such as helmets, padding, shin guards, and eye and mouth guards). Protective equipment should fit properly, be well maintained, and be worn consistently and correctly. Learn the signs and symptoms of a concussion.

The CDC has created some excellent free tools for youth and high school sports coaches, parents, athletes, and health care professionals that provide important information on preventing, recognizing, and responding to a concussion. Visit them at www.cdc.gov/concussion/ for additional information.

Ms. Greggs is adjunct faculty at Edison State College where she teaches psychology and education courses. She is also Nationally Certified School Psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✪

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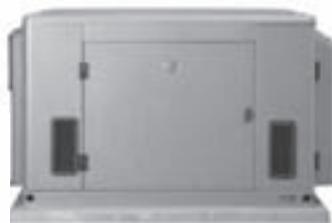
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School Smart



by Shelley M. Greggs, NCSP

Dear Shelley, I am confused and concerned about children getting concussions while playing school sports. This is now in the news often. Can you give

me some information that I can use for my kids?

Bill G., Sanibel, FL

Bill,

The recent increase in information and awareness about concussions has stemmed from concerns from the professional sports community and is no less important for children. While many students suffer concussions from sports, concussions also result from accidents, fights, and falls and from rough and tumble play. Some states are beginning to enact legislation that establish standards for managing concussions and brain injuries to students and imposing penalties as House Bill 200 does in Pennsylvania. Many other states have proposed legislation to help protect students from concussions and/or related issues to concussions.

Some type of bump or blow to the head and/or body causes a concussion. A concussion as described by Michael Collins, PhD, is an “energy crisis” in the brain, damages brain cells and may cause chemical changes within the brain. Some indicators of a concussion include headache, feeling slowed, difficulty in concentrating, dizziness, foginess, fatigue, visual blurring, light sensitivity, memory

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High School Students Attend Medical School

Three Immokalee Foundation's students from Immokalee High School recently had the opportunity to see what it's like to be in medical school thanks to Florida State University College of Medicine Summer Institute, a highly competitive summer program managed by FSU College of Medicine Outreach and Advising Office.

The students – Luis Parra, Stephanie Alcime and Chedeline Fredrick – submitted applications, were accepted into the program and then received a TIF Pathway to Success scholarship that made the dream a reality. Through Pathways to Success, TIF provides ongoing mentorship for students by sculpting an individual success plan that nurtures the child's development as a student, citizen and future professional.

"The Summer Institute is a wonderful opportunity for students to further their academic and career goals – an opportunity that shows them the possibilities and how to accomplish their goals," said Noemi Perez, student advocate for TIF's Take Stock in Children program.

The weeklong sessions for juniors and seniors are designed to provide an inside look at what it means to be both a doctor and medical student. It's one way to encourage students from diverse backgrounds to consider careers in medicine – support they don't often receive.



Luis Parra, Immokalee Foundation student, checking the patient's heartbeat

"Our goal for the Summer Institute is to recruit students from rural, underserved and minority backgrounds and, at the same time, recruit students from other parts of Florida who have a desire to work in medically underserved areas," said Thesla Berne-Anderson, director of college and pre-college outreach at the College of Medicine.

Participants travel to FSU's campus in Tallahassee where they shadow physicians and medical students, visit rural health centers and receive college testing and application advice. They also attend faculty lectures on topics such as medical ethics, migrant health care and doctor-

patient relations. In several activities, the participants go through training similar to what real medical students face. They get hands-on involvement in taking blood pressure, performing CPR and more.

Immokalee senior Luis Parra loved the experience. "We got to witness a lot of things that medical students don't get to see until their third year of medical school," he said. For him, it confirmed what he already knew: he wants to be a surgeon and plans to attend FSU after graduation.

Junior Stephanie Alcime, who also wants to be a surgeon, recognizes that opportunities like this don't happen often.

"When you have a chance to go somewhere and do something, you have to do it," she said.

Perez said the selection process is competitive; students must have a GPA of at least 3.5 and outstanding leadership, volunteerism and a passion for science and medicine. "We are so proud of our students that were selected and they should be proud as well," Perez said.

The Immokalee Foundation has a range of programs that focus on building pathways to success through college and vocational school, mentoring and tutoring, and opportunities for broadening experiences and life skills development. To learn more about TIF, volunteering as a mentor or for additional information, call 430-9122 or visit www.immokalee-foundation.org.

Matlacha Bridge Replacement

Beginning Sunday evening at 5:30 p.m., August 14, the Matlacha Bridge will be reduced to one lane of traffic through the overnight hours until 6 a.m. Monday morning. Motorists should expect delays.

The bridge will be reduced to one lane in order to stage equipment to pour concrete for a bridge pier footing. Flagmen will be on site to direct traffic.

Drive with care and be aware of workers and equipment on the roadway.

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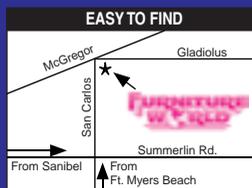
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Dr. Dave

Twitterified



by Dr. Dave Hepburn

“You have to!” “No, Janelle, we don’t!” “Look, you want our advice or not. For Wisequacks to play in this century you have to tweet.”

And so we were dragged, kicking and streaming, into the 140 keystroke world of Twitter. We’ve now got a skookum website and some rockin’ YouTubes. We podcast like Orcas and are twittering away on tweeter these days to say nothing of being completely bookfaced most of the time, or whatever.

Dr. Rob Sealey and I now have four good tweets a week and we feel better for it. It’s a load off our minds to be able to bring to you the medical headlines from across the planet and summarize them in 140 strokes, complete with insightful, detailed commentary. Some of them may cause you to change your life, others may cause you to change your Fruit of the Looms.

- An exciting new vaccine appears to cure prostate cancer in mice! Next step is to test on rats, then lawyers, baboons and finally humans.

- Peppermint is superb for gut aches and spasms but can aggravate anal itchiness. Thinking of branding a peppermint

drug, “Scratch and Wind.”

- New study shows men with ED have very high incidence of sleep apnea. Guess the only breath they’re taking away these days... is their own.

- Latest medical news reveals that drinking coffee may reduce prostate cancer risk... apparently Starbucks is already marketing the Prostatlatte

- Recent medical journal headline: “Heavy cell phone use might raise risk of brain tumours.” Glad my cell phone only weighs 3 ounces.

- Study shows that exercising only one hour per week reduces the incidence of colonic polyps. Get a runner’s high, avoid a high colonic.

- A new study reveals that motivational text messages will help smokers to quit... especially if they’re from the coroner.

- Those with rheumatoid arthritis found to be predisposed to have COPD (emphysema/bronchitis), proving smoking joints does cause lung disease.

- Study shows that hard short interval exercise is much healthier than endurance exercise. Doesn’t mean an interval of every three years.

- A recent study revealed that too much sex could cause a cerebral hemorrhage... another good reason to get married.

- Actual headline in April *Archives of Surgery*: “Hungover Surgeons (redundant?) Make More Mistakes.” What’s next? Life found to be terminal?

- Talking about parasites and worms on our appetizing radio show. On a similar note there is a election debate in my

town today...

- Research shows survival of a heart attack is highest in a gym than anywhere else. Maybe the fear of being seen dead in Spandex?

- Canadian researchers show that pregnancy is safe for women with MS. Safer for women with MRS.

- Study shows that gambling on computers is leading to some serious addiction problems. I gambled on a PC and lost.

- As doctors, we always have to attend courses to update our skills... today’s course is Bear Mountain Golf Resort.

- 10 grams of soluble fiber/day is the key to trimming bad internal (visceral) fat. Bad fat is the key to trimming longevity problems.

- Had a great interview today with the remarkable Bif Naked and like the mature MDs we are, we resisted all naked jokes. We focused on Biffys.

- More and more conditions are proving to be genetic. Even the ability to have kids is hereditary; if your parents didn’t, you probably won’t.

- Now an amazing study that flossing actually prevents pancreatic cancer, one of the nastiest of all tumors. Well, there goes my hockey team.

So if you want be twitterified then go to wisequacks.org and click the twitter-pate thing and we’d be glad to send them to you. If not, we’ll send Janelle after you.

Like the column? You’ll love the book the Doctor is In(sane), available at Sanibel Island Bookshop. Contact Dr. Dave or read more at www.wisequacks.org. ✨

Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

Please tell me why some seniors still fall for the financial scams of the telemarketers. It seems to me that advice is given to avoid these scams in all of the newspapers, magazines and on television and it still keeps happening. Please help me understand this behavior.

Verna

Dear Verna,

The criminal elements that operate these telemarketing scams are very expensive
continued on page 27

dearPharmacist

Vinpocetine To Improve Memory



by Suzy Cohen, RPh

Dear Pharmacist:
My 88

year old mother-in-law takes an herb from a flower. It’s called Vinpocetine. She is as sharp as a tack and has the memory of a 20 year old. She credits this

flower pill for it. I’m only 50 and I can’t remember certain words or events in my own life. Have you heard of this, and can it help everyone with memory loss?

SS, Newark, New Jersey

Vinpocetine is one of my favorite memory boosters which may account for sharpness. It’s a semi-synthetic derivative of “vincamine” which comes from the beautiful periwinkle plant and increases blood flow to your brain. There are many ways to increase blood flow in the body, but not many that can get past the brain’s outerwear, termed the “blood brain barrier.” The fact that vinpocetine can penetrate that helps it deliver more precious oxygen, glucose and nutrients to your brain.

Vinpocetine can improve attention and alertness, and it may have a positive effect on the damaged brain, like

for people who have suffered a stroke. Vinpocetine helps drive production of ATP, an energy molecule. Who couldn’t use a bit more brain energy?! Some fairly well-designed studies show that vinpocetine can help with poor night vision, glaucoma or macular degeneration. I think it is worth a try for people with some types of hearing loss, vertigo and Reynaud’s.

Because vinpocetine is so adept at increasing circulation, it begs the question, “Can it improve blood flow to my ailing heart?” I think it can, but do approve this with your physician and cardiologist. Vinpocetine dilates blood vessels, and seems to decrease plaque formation.

I realize some of you will want to start vinpocetine, but please note that like all drugs, even the plant-based ones, there are risks. By increasing blood flow, vinpocetine will interact with all types of blood thinners including warfarin, clopidogrel (brand Plavix), Lovenox and heparin among others. I wouldn’t combine vinpocetine with natural blood thinners either, including ginkgo biloba or ginger. If you are scheduled for dental work, or surgery, please stop the herb two weeks before your visit. Vinpocetine is generally well tolerated at lower doses (like 10 mg per day), but when you get into higher doses (10 mg three or four times daily) then you may begin to experience any of the following: Nausea, indigestion, insomnia, dizziness, hot flashes, dry mouth or headache. If you have any vascular or cardiac issues,

please ask your doctor.

If your doctor approves of vinpocetine, buy it at any health food store. As I always say, “Start low!” So begin taking 5 or 10 mg daily. Effects are often noticed the first week. You can always titrate to higher doses if you want to, over a few weeks. Most clinical research trials use about 10 mg three times daily, but again, dosing is very individual and should be customized to your personal medical history and drug

regimen.

DID YOU KNOW:

The FDA just approved a new prescription blood thinner that will compete against Plavix and Coumadin. It’s called Brilinta.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.dearpharmacist.com. ✨

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- When you play tennis, do you have trouble serving?
- Do your eyelids feel heavy?



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TRIVIA TEST

- HISTORY:** What was the name of the Roman general who captured Jerusalem in 70 A.D.?
- ARCHITECTURE:** Who came up with the first design of the U.S. Capitol Building?
- LITERATURE:** In what town was writer Mark Twain born?
- TELEVISION:** Who was Tom Hanks' male co-star on the comedy show "Bosom Buddies"?
- MOVIES:** Who was the male lead in the movie "American Beauty"?
- SCIENCE:** Tectonics is a field of what science?
- INVENTIONS:** In what decade was the microwave oven invented?
- EXPLORERS:** To which tribe did Sacajawea, the Native American guide who led the Lewis and Clark expedition, belong?
- U.S. STATES:** What state is nicknamed the Garden State?
- MYTHOLOGY:** In Greek mythology, what was a creature that was half man and half goat?

ANSWERS

1. Titus 2. William Thornton 3. Florida, Missouri 4. Peter Scolari 5. Kevin Spacey 6. Geology 7. 1940s 8. Shoshone 9. New Jersey 10. Satyr.

SPORTS QUIZ

- In 2010, San Francisco's Buster Posey had a 21-game hitting streak, the longest by a Giants rookie since when?
- Three pitchers between 1966 and 1987 started at least 20 games a season for 20 consecutive seasons. Name two of them.
- Who was the first football player in ACC history to have at least 1,000 yards rushing and 500 yards receiving in the same season?
- Name the last NBA player before New Orleans' Chris Paul in 2007-08 to average at least 20 points, 10 assists and 2.5 steals for a season.
- What NHL team other than the Edmonton Oilers (five times) has tallied 400-plus goals for a season?
- In 1928, Sonja Henie became the youngest Olympic figure-skating champion. How old was she?
- Who was the last men's golfer before Tiger Woods (2005-06) and Padraig Harrington (2007-08) to win consecutive British Opens?

ANSWERS

1. Willie McCovey hit in 22 consecutive games in 1959. 2. Don Sutton (22 seasons), Phil Niekro (21 seasons) and Tom Seaver (20 seasons). 3. C.J. Spiller of Clemson in 2009. 4. Detroit's Ishiah Thomas, in the 1983-84 season. 5. None. 6. Henie was 15 years old. 7. Tom Watson, 1982-83.

My Stars ★★★

FOR WEEK OF AUGUST 15, 2011

ARIES (March 21 to April 19) You sometimes go to extremes to prove a point. But this time, you won't have to. Supporters are ready, falling over themselves to help you make your case.

TAURUS (April 20 to May 20) Venus might be your ruling planet, but Mars is in the picture as well. So don't be surprised if your romantic relationships are a bit rocky at this time. But they'll soon smooth over.

GEMINI (May 21 to June 20) Geminis might rush into romance and risk being wrong about someone rather than be left with no one. But this is one time when it's wiser to be wary of where your heart takes you.

CANCER (June 21 to July 22) With all (or most) of those pesky problems behind you, take time for your family and friends. Travel aspects are favored, with long-distance journeys high on the list.

LEO (July 23 to August 22) You might have started to question the wisdom of being open with someone you hoped you could trust. But be assured you won't be disappointed. You'll soon hear good news.

VIRGO (August 23 to September 22) You have a reputation for honesty and integrity, and that will help turn around a situation that was not only disappointing but also quite unfair. Good luck.

LIBRA (September 23 to October 22) A happy event creates a closer tie with a family member who seemed hopelessly estranged. Positive aspects also dominate in important career matters.

SCORPIO (October 23 to November 21) Your ruling planet, Pluto, helps you adjust to change. So, stop putting off that long-delayed move, and make it with the assurance that you're doing the right thing.

SAGITTARIUS (November 22 to December 21) You have a wonderful capacity to learn quickly and well. This will help you when you are faced with an opportunity to move on to a new path in life.

CAPRICORN (December 22 to January 19) Good news: You suddenly find that you're not facing that new challenge alone. You now have someone at your side, ready to offer whatever support you might need.

AQUARIUS (January 20 to February 18) Your versatility -- which is just one of those aspects of yourself that make you so special --

helps you adapt to the challenges of a new and exciting opportunity.

PISCES (February 19 to March 20) Your sensitive nature picks up on the needs of others. But what about your desires? You need to take more time to assess what your goals are and, if necessary, redirect them.

BORN THIS WEEK: You give your trust openly and easily. People find you easy to be with and enjoy your wit, your good sense, and your capacity to love and be loved.

THIS WEEK IN HISTORY

- On Aug. 18, 1590, John White, the governor of the Roanoke Island colony in present-day North Carolina, returns from a supply trip to England to find no trace of the 100 colonists he left behind. The only clue to their disappearance was the word "CROATOAN" carved into the palisade around the settlement.

- On Aug. 17, 1877, William "Billy the Kid" Bonney kills his first man, an Arizona blacksmith. Just how many men Billy the Kid killed is uncertain. He reportedly once claimed he had killed 21 men, "one for every year of my life."

- On Aug. 15, 1914, the Panama Canal, the American-built waterway across the Isthmus of Panama connecting the Atlantic and Pacific oceans, is inaugurated. U.S. engineers moved nearly 240 million cubic yards of earth and spent close to \$400 million in constructing the 40-mile-long canal.

- On Aug. 21, 1920, Daphne Milne, wife of English writer A.A. Milne, gives birth to a son, Christopher Robin Milne. When Christopher Robin received a stuffed bear as a present, his father began writing a series of stories about the bear. Christopher Robin was immortalized in A.A. Milne's books "Winnie-the-Pooh" and "The House at Pooh Corner."

- On Aug. 16, 1948, baseball legend George Herman "Babe" Ruth dies from cancer in New York City. For two days, tens of thousands of fans stood in line to pay their last respects. Ruth hit a record 60 home runs in the 1927 season and led the Yankees to seven pennants.

- On Aug. 19, 1960, in the USSR, captured American U-2 pilot Francis Gary Powers is sentenced to 10 years imprisonment for his confessed espionage. Only 18 months into his sentence, the Soviets released him in exchange for Rudolf Abel, a senior KGB spy who was caught and convicted in the United States five years earlier.

- On Aug. 20, 1989, Lyle and Erik Menendez shoot their parents, Jose and Kitty, to death in the den of the family's Beverly Hills, Calif., home. Police were finally tipped off to the brothers by the girlfriend of Erik's psychotherapist, who'd taped Erik's confession in counseling sessions.

STRANGE BUT TRUE

- It was noted psychiatrist and sleep researcher William C. Dement who made the following sage observation: "Dreaming permits each and every one of us to be quietly and safely insane every night of our lives."

- For reasons that aren't entirely clear in the record at hand, it's illegal to wear a hat while dancing in Fargo, N.D.

- Despite the fact that the English language is very large in terms of the number of words available to those who can use them, it seems that much of our writing is made up of only a few words. In a study once conducted by lexicographer G.H. McKnight, it was found that approximately one-quarter of all the words in any given sample of writing in English is one of the following nine: and, be, have, it, of, the, to, will and you.

- Some species of squid can swim up to 35 mph.

- If you're an avid hiker, you might want to keep in mind that the most dangerous trail in America, according to Backpacker magazine, is located in Canyonlands National Park in Utah. The trail known as The Maze earned this distinction thanks to numerous dead-end canyons, few sources of water and temperatures that soar to over 100 degrees F. in summer.

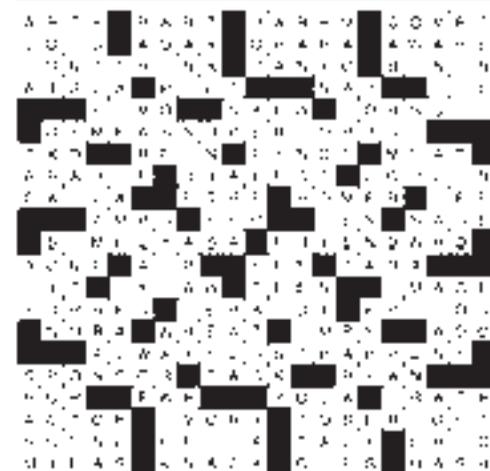
- If you're like me, you're a turophile: a lover of cheese.

- When the eggs of the Darwin frog hatch and the tadpoles emerge, the babies are swallowed by a male frog. They're not victims of cannibalism, however; the father keeps the tadpoles in his vocal sac for two months. Once they've matured and become tiny frogs, the young ones are coughed up and have to fend for themselves.

THOUGHT FOR THE DAY

"It's not a good idea to put your wife into a novel; not your latest wife, anyway." -- Norman Mailer

PUZZLE ANSWERS



C	O	P	S		M	A	R		A	J	A	R	
O	P	L	C		O	W	L		B	A	S	E	
C	U	P	O	F	T	E	A		A	R	I	A	
A	S	S	O	R	T		P	F	I	H	A	M	
					P	O	L		S	L	O	E	
B	B	C		G	E	M		K	R	A	V	E	
R	O	A	M		D	I	X		F	O	I	T	
A	P	N	E	A		L	E	A		S	A	C	
				B	A	D	E		R	I	D		
P	H	E	N	O				O	L	I	V	E	S
I	O	R	D		R	O	X	S	C	O	R	F	
O	G	H	E		O	H	E		E	L	I	A	
T	S	A	R		W	A	S		S	T	E	M	

BLACK AND WHITE



New Officers And Advisory Board At Alzheimer's Resource Center



Doug Waldorf



Jamie Seneca



Al O'Donnell



Jim Nolte



Britton Swank



Stan Grigiski



Jill Jamieson



Kathy Shimp



Dr. Ronnie Goodwich



Dawn Moore



Dr. Hudson Rogers



Dr. Shirley Ruder

The Alvin A. Dubin Alzheimer's Resource Center announced the election of the following officers for 2011-2012:

President Doug Waldorf, Henderson Franklin; Vice President Jamie Seneca, GE Medical; Treasurer Al

O'Donnell, O'Donnell Landscapes; Secretary Jim Nolte, Nolte Wealth Management; Past President Britton G. Swank, Aattorney, Osterhout & McKinney.

Stan Grigiski of Medical Claim Service was elected to serve as member-at-large on the board's executive committee.

Jill Jamieson (Fallback Productions), Jamie Seneca, Kathy Shimp (community volunteer), and Carol Osterhout (BB&T Bank) were re-elected for three-year terms as members of the board of trustees.

The Dubin Alzheimer's Resource Center Board of Trustees appointed Dr. Ronnie Goodwich (Radiology Regional Centers) to the position of advisory board chair and Dawn Moore (Lee Memorial Health Systems CHOICES Care Management) to the position of advisory board vice chair.

The board of trustees also reappointed Dr. Scott Anstadt (FGCU School of Social Work), Dr. Ronnie Goodwich, Dawn Moore, Dr. Hudson Rogers (FGCU vice president provost office), Dr. Shirley Ruder (FGCU School of Nursing), Michael Skaggs (Heartland Health Care Center), and Dr. Halcyon St. Hill (FGCU School of Health Professions) to serve two-year terms on the advisory board. Rabbi Jeremy Barras of Temple Beth El was appointed to serve a new two-year term on the advisory board.*



Michael Skaggs



Dr. Halcyon St. Hill



Rabbi Jeremy Barras

Red Cross Is Recruiting Disaster Action Team Volunteers

In a typical year, the Red Cross responds to 150 single-family fires in our region. Immediate assistance is provided to these families, no matter the time of day, by well-trained community volunteers.

"DAT" members, or Disaster Action Team members, provide these services and are an integral part in how the Red Cross plays out its humanitarian mission across Southwest Florida every day.

Regionally, the Red Cross has more than 500 certified volunteers. However, there is an increasing need to strengthen the number of DAT volunteers.

"It's the most rewarding thing you'll likely ever do," said Carlene Sharples, disaster chair for the Lee County Red Cross. "You're helping people at one of the worst times in their lives."

DAT teams work on-call in shifts. Typical shifts are 12 or 24 hours, though DAT leaders work carefully to consider individuals' schedules. These volunteers must be able to work directly with people following disasters, be at least 18 years old and have a valid driver's license. Standard Red Cross volunteer courses are required and specialized training courses are provided for DAT members.

If you are interested in becoming a DAT volunteer for the Red Cross in Collier County, contact Andy Jerant or Donna Barineau at 596-6868. In Lee County, contact John Cain or Carlene Sharples at 278-3401.*



Disaster Action Team volunteers help people at some of the worst times in their lives



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Pets Of The Week



Dahlia, ID #500298



Sheila, ID #504003

During Awesome August Adoptions, adopt a puppy for \$75 (regularly \$95), an adult dog for \$25 (regularly \$75), kittens for \$20* (regularly \$75), adult cats for \$10* (regularly \$50), and senior pets** for free (regularly \$25).

*Kittens and cats are always two-for-one.
 **Senior refers to six years and older
 My name is Dahlia. I'm a two-year-old black-and-white terrier mix and have already been spayed. I was a lost dog that was fortunately found but unfortunately my owners were not. The staff at the shelter felt I would benefit from going through the Cell Dog Program at the Lee

County Sheriff's Office. I'm proud to say I have graduated and learned a lot about basic obedience and how to be a good dog. The volunteers here say I walk well on a leash, I'm well-behaved, and beautiful. What more could you want? You can adopt me for just \$25 during Awesome August Adoptions.

My name is Sheila. I'm a domestic short hair cat - well, kitten, as I'm only eight months old. I'm black with a white spot on my chest. I'm a young and active kitten and I'm especially funny to watch when I pounce and play with my toys. Come to the shelter and visit all the cats and kittens up for adoption. You are sure

to find one or two to match your lifestyle and personality - but I'm the cutest! You can adopt me for only \$20 during Awesome August Adoptions. Remember cats and kittens are always two-for-one. So you could adopt me and a playmate, too.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions

from 11:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive, Fort Myers, next to the Lee County Sheriff's Office, off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.*

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From page 22

Mom And Me

rienced and know their trade very well. They absolutely have no conscience and will convince vulnerable seniors to voluntarily turn over their hard-earned nest eggs.

The seniors are probably lonely, depressed, may not read newspapers or discuss their problems with others. Some seniors may have some mental impairment and really need to have their financial assets protected by a professional legal advisor.

Lizzie

Dear Verna,

Telemarketers and scam artists are so darn good at what they do and so plentiful, unfortunately many people can get caught in their webs, young and old alike. Telemarketers and scam artists have a knack of exploiting needs and vulnerabilities. Combine that with an individual experiencing some cognitive or mood changes, and that is a recipe for exploitation. In our area, the attorney general's office is an invaluable resource to assist individuals who have been exploited. If you have been or know someone who has been exploited, call your local attorney general's office for assistance.

Pryce

Lizzie and Pryce's email address is momandmeag-ing@hotmail.com.*

From page 6

August Adoption Month

will still include the same veterinary services valued at over \$500. All pets receive spay or neuter surgery, age appropriate vaccinations, rabies and county license (for pets three months and older), heartworm test (for dogs six months and older), feline aids and leukemia test (for cats), flea treatment, worming, microchip ID, 10 day health guarantee, and a bag of Science Diet pet food.

For more information about the August Awesome Adoptions call 533-7387 (LEE-PETS) or visit www.LeeLostPets.com.*

From page 17

Art Classes

Students will use natural dyes and complete five to seven pieces of felt to be incorporated in creating pillows, hand-bags, and wall hangings. Wet Felting workshop dates run August 13 and August 20 from 9 a.m. to 5 p.m.

Local cartoonist, Doug MacGregor, joins the Alliance educational programming with his Cartooning for Adults (17 and over). Students will explore the history of cartooning, design their own comic strips, create an advertising campaign, and produce greeting cards. Bring your sketch book, pencil and your imagination Monday evenings from 7 to 8 p.m. August 15 through September 5.

On Saturday, August 20 join the symphonic choral as it inaugurates its 50th anniversary season with a day-long community choral and vocal workshop at the Alliance. The Sing Out Southwest Florida workshop will focus on choral musicianship, vocal technique, and tips on finding your best voice. Sing Out Southwest Florida will be instructed by Timothy McDonell. The workshop will be held from 9 a.m. to 4 p.m.

For more information visit www.ArtInLee.org or call 939-2787.

The Alliance for the Arts is at 10091 McGregor Boulevard, just south of Colonial Boulevard.*

PUZZLE ANSWERS

SUDOKU

7	5	8	9	3	4	2	1	6
2	6	9	1	8	7	5	3	4
4	1	3	2	6	5	9	8	7
8	3	4	7	5	6	1	2	9
9	7	6	8	1	2	3	4	5
1	2	5	4	9	3	6	7	8
5	9	7	3	2	8	4	6	1
3	8	1	6	4	9	7	5	2
6	4	2	5	7	1	8	9	3

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solution

1. Frolic
2. Wander;
3. Spurn;
4. Awaken

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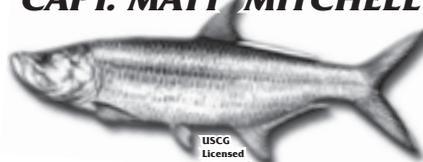
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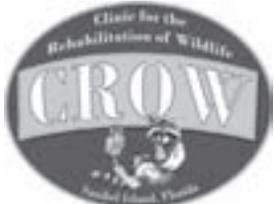
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*RR 7/29 BM 8/26

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*RS 7/29 BM 8/26

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*NR 7/29 BM 8/12

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SR 10/3 B TFN

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*NR 8/19 CC 8/19

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*RS 12/17 CC TFN

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*RR 8/5 CC 8/26

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*RR 8/12 CC 8/12

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*NR 8/5 CC 8/12

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*NS 8/12 CC 8/19

MISC. FOR SALE

SCOOTER FOR SALE



1986 Honda Helix. Pearl white, 20K miles, runs great. Tires are very good. Has a brand new windshield and backrest that need to be installed. A couple of small tears on seat. I have the title for the bike but the Tag Office requires a new title (\$75) from a botched sale before I bought it. \$1,000 OBO. Please call Mark at 239-297-2558.

*RS 8/12 NC 9/2

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*NS 8/12 NC 8/26

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MOVING SALE

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Saturday, August 13
8 am to 12 pm

*NR 8/12 CC 8/12

GARAGE/YARD SALE

GARAGE SALE

Saturday, August 13
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*NS 8/12 PC 8/12

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SR 4/30 B TFN

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*NS 7/22 BM 8/12

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*NR 8/12 CC 9/2

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Jim@resortinvestmentproperty.com
239-322-8642

*NR 8/12 CC 8/26

The River EMAIL:

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REAL ESTATE



Isabella Rasi
INTERNATIONAL
REAL ESTATE
CONSULTANT

McGREGOR WOODS



**GREAT FAMILY HOME IN
McGREGOR WOODS!
3/3/2...make an offer!**

SANIBEL EAST END



**Elegant, Sanibel East End
Canal Front Home with
Boat Dock. Like New!
ASKING \$1,795,000**

KEY WEST STYLE HOME AT THE BAY IN FORT MYERS BEACH



(5/4/2)

**Fully furnished including
a boat, etc.
Asking \$1,190,000**

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And Showings
Please Call**

**Isabella Rasi
(239) 246-4716**

EMAIL

IsabellaRasi@aol.com



ENGEL & VÖLKERS

*RS 5/13 NC TFN

REAL ESTATE

SCAN CODE



**FOR A FREE LIST
OF ALL
ISLAND PROPERTIES
FOR SALE**

VISIT

www.FreeSanibelList.com

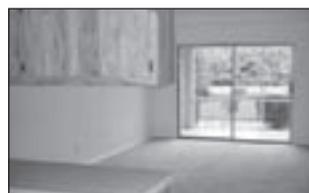
Pfeifer Realty Group
Sanibel Island, FL
239-472-0004

*RS 6/17 BM TFN

GREAT INVESTMENT!



Straight Sale, not a short sale or foreclosure. Close to both Sanibel and Fort Myers Beach. New paint, New Carpet, New Dishwasher, New microwave, Tile Lanai, New Bathroom Vanities and much more. Positive Cash Flow. Renter in Place.



\$89,500

Call Chris Potter at
239-233-2413
to see this property.
SanCap One Source Realty

SR 7/30 N TFN

CONDO FOR SALE

Two bed/two bath unfurnished ground floor condo, close to Sanibel and Fort Myers Beach, \$89,500.
Call 851-3506

SR 10/9 N TFN

REAL ESTATE

INVESTMENT GRADE

Owner Financing Complete 2011 Renovation Walk to beach neighborhood, 2BR 1 BA format for your next phase of expansion/pool 70'x150', 721 Cardium Street, Sanibel. Cash fee for introducing parties. \$349K
Call 630-415-5125

*RS 8/12 CC TFN

FOR SALE - TRAILER

Periwinkle Park - 30' Trailer with attached 20'x10' screen room, furnished, cozy and clean, appliances, garden area, Internet/cable, storage sheds, paver parking. 727-207-5787. Paradise!

*NR 8/12 CC 8/19

FOR SALE BY OWNER 2008 MOBILE HOME

AT PERIWINKLE PARK
1 Bed room new queen bed. LR with sofa bed, kitchen, refrigerator ice maker, dining area, Bosch washer dryer, dishwasher. Trane A/C with Pro 4000 programmable thermostat. Full tile floors. Full vinyl deck. Pavers. Oodles of space. Hurricane sun & window protection film. Home in ex. cond. Much more, too numerous to mention. Priced at \$89,400. Ground rent \$5,800/yr. 239-209-1869 or Dorisdavenport@hotmail.com.

*NR 8/12 CC 9/9

VACATION RENTAL

NEAR BEACH PRIVATE HOME 3 BEDROOM, 2 BATH

3 bedroom, 2 bath Home with heated pool, in quiet Sanibel neighborhood. Seasonal and monthly rentals. 239-472-0692 or www.4sanibel.com.

*RS 4/1 BM TFN

WALK TO BEACH

Adorable 2 bedroom, 1 bath. East End of Sanibel, 1/2 of duplex. Clean, bright & Great Rates!
Call Bob 410-692-0200.

*RR 1/14 CC TFN

READ THE RIVER ONLINE:

www.IslandSunNews.com

click on

Read the River

VACATION WEEK

Deeded beach front Sanibel vacation week at Tortuga Beach Club. 2 bed 2 bath with elevator access. The best maintained and managed complex on the island. Week 32 (12-19 August 2011). \$7,500.
Call Skip Breese, owner, agent, Hoyt C Murphy Inc. 772-342-2641

*NR 8/12 CC 8/12

ANNUAL/SEASONAL

WALK TO BEACH

1 BR/BA. Female - non smoker. Share house.
\$500/month includes utilities.
One small pet okay.
239-699-8741.
*RS 8/5 BM TFN

RENTAL WANTED

ANNUAL RENTAL WANTED

Mature couple (and one housecat) seeking 2 bd., 2 bath Sanibel home for annual rental. Approx. \$1,100 - \$1,200 monthly. Excellent local references. Both work on island (VIP and Sanctuary Golf). 239-233-1067

*RR 8/12 CC 8/12

ANNUAL HOME RENTAL NEEDED

Sanibel Family seeks Nice Annual Rental. 3+ Bedrooms, 2+ Bathrooms, Unfurnished. Landlord Foreclosure must move by 9/1/11. For Sale Properties Welcomed.
Call Kerry 239-222-6669

*RR 8/12 CC 8/12

NEAR SANIBEL

Looking for 1bed-1bath unfurnished for single mature female. Can afford \$700 a month. Have impeccable references. Very clean and quiet. Can move at anytime. Please call 425-647-3897

*NR 8/12 CC 8/26

ANNUAL RENTAL

PROPERTIES AVAILABLE

For a complete list visit our Website www.remax-oftheislands.com
Call Dustyn Corace, RE/MAX of the Islands
239-472-2311
RS 10/9 B TFN

THE DUNES IN SANIBEL

Well kept 3/2 Home \$1,700/mo + util, F or UF, Great for families or couple looking to spend winter season on Sanibel. 7 mo. min lease. No smoking. Prefer no pets. Janet 239-395-1718

*RR 8/12 CC 8/12

AVOID TRAFFIC

1024 S. Yachtsman Drive, Sanibel. East end home, 3bdr, 2bath, unfurnished. Available for annual rental starting Sept 1st. For more info. call Evonne @ 574-220-8491.

*NR 8/12 CC 8/19

ANNUAL RENTAL

ANNUAL RENTALS SANIBEL

Dunes, 3/2.5 UF townhouse \$1,700/mo. Canal Home, 3/2/den/pool/dock/just off Island \$2,300/mo. Piling home, 2/2 remodeled, UF, w/d, beach access \$1,450/mo. Dunes, Lake Front, 4BR + / 4BA \$3,000/mo. Duplex, 2/1 UF, remodeled, walk to beach. \$900/mo.

472-6747

Gulf Beach Properties, Inc.
Paul H. Zimmerman, Broker/Owner

Serving The Islands Rental Needs Since 1975
*RS 8/12 BM TFN

CLOSE TO SANIBEL & FM BEACH

2BR/2BA, 2nd floor, end unit w/lanai. Very clean & bright. Pool & tennis. No smoking, no pets. \$800 per month
239-851-4921 or 887-0834.

*NR 8/12 CC 9/2

ANNUAL RENTAL APT

1 Bedroom - 1 Bath,
2nd floor apartment
East End of Sanibel.
Call 239-472-0121, Cell 239-410-2553.

*NS 8/12 PC 9/2

SUNSETS YEAR ROUND

Free boat slip. Downtown Fort Myers. Beautiful spacious 1/1, balcony, w/d.
\$725.
239-207-5867
*NR 8/12 CC 8/19

CAPE CORAL. BEAUTIFUL

3/2 -\$750, 2/2 \$675.
Pool, spacious, laundry in unit, water. Close to midpoint and Del Prado.
239-207-5867
*NR 8/12 CC 8/19

TO PLACE AN AD

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www.islandsunnews.com

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7				3	4		1	
	6			8		5		
		3	2					7
8			7		6	1		
	7		8				4	
		5		9				8
	9				8		6	1
3				4				2
		2	5			8		

SUDOKU

To play Sudoku:
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.)
There is no guessing and no math involved, just logic.

answer on page 27

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Sign added to wall. 2. No bow on girl's head. 3. Boy's hat is different. 4. Boy's shirt has stripe. 5. Books added on counter. 6. Man's hat is different.

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Claret
FLICOR

Room
DRAWNE

Rejected
NURPS

Kindle
WEAKAN

TODAY'S WORD

answer on page 27



"I feel I
you a lot better since your kid sister
let me read your diary!"



Emergency.....	911
Lee County Sheriff's Office.....	477-1200
Florida Marine Patrol.....	332-6966
Florida Highway Patrol.....	278-7100
Poison Control.....	1-800-282-3171
HealthPark Medical Center.....	1-800-936-5321
Ft. Myers Chamber of Commerce.....	332-3624
Foundation for Quality Childcare.....	425-2685
Ft. Myers Beach Chamber of Commerce.....	454-7500
Fort Myers Beach Library.....	463-9691
Lakes Regional Library.....	533-4000
Lee County Chamber of Commerce.....	931-0931
Post Office.....	1-800-275-8777
Visitor & Convention Bureau.....	338-3500

ARTS

Alliance for the Arts.....	939-2787
Arts For ACT Gallery & Studio.....	337-5050
Art League Of Fort Myers.....	275-3970
Barbara B. Mann Performing Arts Hall.....	481-4849
BIG ARTS.....	395-0900
Broadway Palm Dinner Theatre.....	278-4422
Cultural Park Theatre.....	772-5862
Edison Festival of Light.....	334-2999
Florida Repertory Theatre at the Arcade.....	332-4488
Florida West Arts.....	948-4427
Fort Myers Symphonic Mastersingers.....	472-0168
Gulf Coast Symphony.....	489-1800
Harmony Chorus, Charles Sutter, Pres.....	481-8059
Naples Philharmonic.....	239-597-1111
The Schoolhouse Theater.....	472-6862
S.W. Florida Symphony.....	418-0996
Theatre Conspiracy.....	936-3239
Young Artists Awards.....	574-9321

CLUBS & ORGANIZATIONS

Angel Flight.....	1-877-4AN-ANGEL
Animal Refuge Center.....	731-3535
American Business Women Association.....	357-6755
Audubon of SWFL.....	339-8046
Audubon Society.....	472-3156
Caloosahatchee Folk Society.....	321-4620
Cape Coral Stamp Club.....	542-9153
duPont Company Retirees.....	454-1083
Edison Porcelain Artists.....	415-2484
Friendship Force Of SW FL.....	561-9164
The Horticulture and Tea Society.....	472-8334
Horticultural Society.....	472-6940
Lee County Genealogical Society.....	549-9625
Lee Trust for Historic Preservation.....	939-7278
NARFE (National Active & Retired Federal Employees).....	482-6713
Navy Seabees Veterans of America.....	731-1901
Paradise Iowa Club of SWFL.....	667-1354
Southwest Florida Fencing Academy.....	939-1338
Southwest Florida Music Association.....	561-2118

Kiwanis Clubs:

Fort Myers Beach.....	765-4254 or 454-8090
Fort Myers Edison.....	694-1056
Fort Myers South.....	691-1405
Gateway to the Islands.....	415-3100
Iona-McGregor.....	482-0869

Lions Clubs:

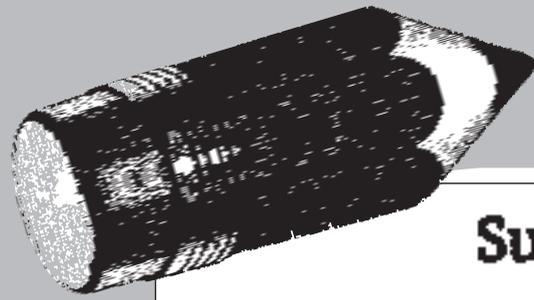
Fort Myers Beach.....	463-9738
Fort Myers High Noon.....	466-4228
Estero/South Fort Myers.....	898-1921
Notre Dame Club of Lee County.....	768-0417
POLO Club of Lee County.....	477-4906
Rotary Club of Fort Myers.....	332-8158
Sanibel-Captiva Orchid Society.....	472-6940
United Way of Lee County.....	433-2000
United Way 211 Helpline (24 hour).....	211 or 433-3900

AREA ATTRACTIONS

Bailey-Matthews Shell Museum.....	395-2233
Burrough's Home.....	337-9505
Calusa Nature Center & Planetarium.....	275-3435
Edison & Ford Winter Estates.....	334-3614
Fort Myers Skate Park.....	321-7558
Imaginarium Hands-On Museum & Aquarium.....	321-7420
JN "Ding" Darling National Wildlife Refuge.....	472-1100
Koreshan State Historic Site.....	239-992-0311
Ostego Bay Foundation Marine Science Center.....	765-8101
Skatium.....	321-7510
Southwest Florida Museum of History.....	321-7430
True Tours.....	945-0405

If you would like your club/organization listed in The River Calling Card, phone 415-7732

★ ★ ★ Read us online at islandnews.com ★ ★ ★



BEACH CHAIR PASTIME

Answers page 24

Super Crossword

I APPEAL

- ACROSS**
- 1 Commedia dell'arte
 - 5 One of the Mavericks
 - 9 Seraglio
 - 14 Telescope view
 - 19 Gail's co-writer
 - 20 "An Apple ..."
 - 21 Catherine of ...
 - 22 Mirdra
 - 23 Start of a remark by John Yeck
 - 25 ... button
 - 26 Neighbor of Nigeria
 - 27 Confused artist
 - 30 Approaching
 - 32 White ...
 - 33 Lincoln or Zulu?!
 - 35 Swerve
 - 38 Slave soup
 - 42 Part 2 of ...
 - 47 Ring ...
 - 48 Mul ...
 - 49 ...
 - 50 Western ...
 - 53 Fit for ...
 - 56 Patas
 - 58 Rug man?
 - 60 ...
- DOWN**
- 1 See ...
 - 2 Carrot or ...
 - 3 Canterbury ...
 - 4 Value ...
 - 5 Humbug ...
 - 6 Fairy ...
 - 7 Punjab ...
 - 8 Anklebiter
- 9 Behave like a sunny**
- 10 "Galcha"**
- 11 Spight's ...**
- 12 "— go ..."**
- 13 Aka King?**
- 14 Bandleader**
- 15 Bar in debt**
- 16 Hyper**
- 17 Hom ...**
- 18 ...**
- 24 Biggest part of a ...**
- 29 Heehee**
- 31 Haggard's ...**
- 34 Female ...**
- 35 German astronomer**
- 37 New York county**
- 38 Tow truck feature**
- 40 Heatsay**
- 41 TV's "One Beyond"**
- 42 Gumbo veggie**
- 43 Stable youngster**
- 44 Aspect**
- 45 Paris together**
- 46 They're very well ...**
- 47 He ...**
- 51 Islamic deity**
- 52 Musical River**
- 54 Hank the Imperial**
- 55 Revere's sign**
- 57 Bulwark**
- 58 ...**
- 59 ...**
- 63 Proper**
- 65 Worker works**
- 67 wd segment**
- 70 Wise guy**
- 71 ...**
- 72 Pie m**
- 73 Lack of feeling**
- 74 Feed a ...**
- 75 ...**
- 76 Laurel problem**
- 77 Lancor or ...**
- 79 Position**
- 82 Jennie of "Flash ..."**
- 83 Most minute**
- 85 "The Secret of ..."**
- 87 Vaih ...**
- 1 Down "Sena Liberty"**
- 88 Shya and Ganana**
- 89 Concert**
- 91 Sine**
- 96 Across**
- 93 —**
- 94 ...**
- 96 "Message to Michael"**
- 98 Bible feature**
- 101 Affliction**
- 102 Overhead ...**
- 103 Couple**
- 104 Add ...**
- 105 Tie**
- 106 Designer**
- 107 Made a choice**
- 112 Go ...**
- 114 Bismarck of ...**
- 115 Purpose**
- 117 Turk ...**
- 118 "— can't ..."**
- 119 Impress**
- 121 ...**
- 122 Legal ...**
- 124 Gangly ...**
- 125 Hacker**
- 126 Habbie**
- 128 Mad ...**

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King Crossword

ACROSS

- 1 ...
- 5 ...
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- 12 ...
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MAGIC MAZE ● BLACK AND WHITE

Q X I R P M I G D A A V S O N
 K N I E D G A N V T Q O M J H
 N (NEWSPAPER) F C A Y W
 U A R I P N I I J I E I D S B
 Z N I A V V I R I Q R O Y M K
 I H I I F O O D B V Z I Y W S
 V A I U A R M D T O K O F N O
 D I D R G M K D F E I E N S T F
 F I B N D N I C I A N I Z R
 X E C W A O F A V O I L S K O
 Z K R E P P E P D N A T L A S

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Duration	Runs	Parade	Score
Disc	Comics	Perman	Travel
Keys	Old TV	Refers	Zebra
Newspaper	Ones	Sat and Super	

Lynyrd Skynyrd Guitarist Visits Lee Memorial Pediatric Care Unit



Rickey Medlocke with Katie



Rickey Medlocke with Alex

Lynyrd Skynyrd's Rickey Medlocke brought big smiles to the children and staff as he paid a visit to patients of the Prescribed Pediatric Extended Care Unit (PPEC).

Medlocke is a musician who played in two southern rock bands, Blackfoot and Lynyrd Skynyrd, which is well known for hits such as *Sweet Home Alabama* and *Free Bird*. The visit was a special request of one of PPEC's patients. Medlocke is a part-time resident of Fort Myers.

PPEC, which is a unit of The Children's Hospital of Southwest Florida, is a friendly and nurturing place for children with special medical needs requiring nursing care and therapy services. In some ways PPEC is like a day care center but, unlike traditional day care, the PPEC provides medical care, developmental planning and interventions, case management, and education and support for parents. Children also receive the benefits of socialization and peer stimulation, which is a unique advantage to this type of program.

Staffed with nurses and pediatric professionals, the PPEC works directly with pediatricians, therapists, social workers, developmental specialists, teachers and dietitians to provide comprehensive special needs care. ☼



Rickey Medlocke with PPEC staff

Chamber Idol

Mark Your Calendar for the 2011 Chamber Idol. It's Thursday, August 25 from 5:30 to 7:30 p.m. at the Edison Restaurant, 3583 McGregor Boulevard, 33901

The Greater Fort Myers Chamber of Commerce wants you to sing. If you think you could be the next Chamber Idol, contact Erika Hilliard at Erika@fortmyers.org.

The first six to respond will be performing.

Deadline for submitting emails is Friday, August 19. Music will be by Sean Corey Entertainment, LLC. ☼

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RELAX ON THE WATERFRONT WITH GREAT MUSIC, FOOD & DRINK... IT'S LIKE BEING ON VACATION!!!

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10% OFF

ONE COUPON PER TABLE. Cannot be used with any other offer. 18% Gratuity may be added to bill before discount. Expires AUG 20, 2011

1131 1st St., Ft. Myers Beach • www.nervousnellies.net

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