

School Opens  
Monday.  
Drive Carefully.

# THE RIVER WEEKLY NEWS

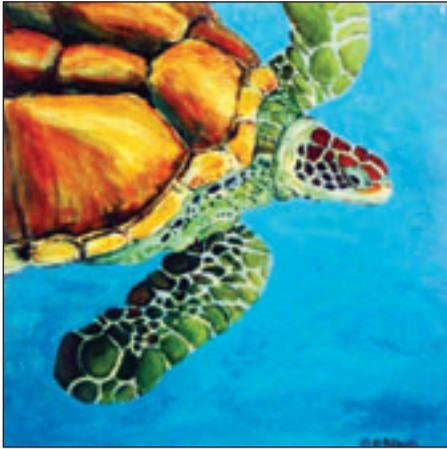
FREE  
Take Me  
Home

VOL. 9, No. 33

From the Beaches to the River District downtown Fort Myers

AUGUST 20, 2010

## Alliance Small Works Member Exhibit Opens



Sea Turtle by Barbara Albin



2 Peas in Pod by Toni Ory

Alliance for the Arts is exhibiting its member artists in the Small Works – 2010 Members Salon showing through September 4. The community is invited to a special opening reception, sponsored by Leigh Frizzell Hayes, on Friday, August 20 from 5 to 7 p.m.

This exhibition is unique in the fact that it represents artists of all ages and levels. Gallery-goers will see work by professional artists who have been painting, photographing or sculpting their whole lives next to novice artists who may have only recently discovered their talent.

Hosting this annual exhibition is among many benefits the Alliance offers its member artists. In addition, members benefit from discounted entry fees in juried shows, inclusion in the LeeCulture.org Artist Directory, the opportunity to display in the Member Gallery and invitations to member-only events.

Area artists may also take advantage of the Alliance for the Arts Call to Artists directory on [www.ArtInLee.org](http://www.ArtInLee.org). Frequently updated, the directory holds a wealth of

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## Exhibition For Polish Olympian Artist And Renowned Architect

The Art of the Olympians (AOTO) welcomes Polish Olympian artist and renowned architect Wojciech Zablocki to Fort Myers for the opening of his art exhibition.

Families, friends and community members are invited to attend the reception, courtesy of Owen Ames and Kimball, on Friday, August 20 from 5 to 8 p.m. Zablocki's exhibit will be in the Cultural Experience Gallery at the Art of the Olympians Al Oerter Center for Excellence at 1300 Hendry Street.

Zablocki has traveled from Poland to attend the opening of his exhibition and to give a luncheon lecture to area architects. Guests at the opening reception will hear his Olympic stories, gain insight into his architectural design and view his exceptional watercolor paintings. Admission to the reception is free.



Wojciech Zablocki, water color, untitled

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## Music Walk Debuts Saturday

Music Walk, a new monthly music event in the downtown Fort Myers River District, debuts Saturday, August 21 at 7 p.m. featuring live music and attractions at over a dozen restaurants, galleries, and bars. It will be held every third Saturday.



Barb Berry (guest) Rita Artwohl, Bette Frazier, Dot Buchholz, Sue Ceccoli, Joyce Thomas, Paula Eberhardt, BJ Twomley

## Music Walk debuts Saturday, August 21 at 7 p.m. Fort Myers River District

With the success of the Fort Myers Art Walk, this second monthly event was created to cater to a growing energy in the newly renovated historic River District. Music Walk brings local, regional, and

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## Newly Formed Women's Club

Montage is a newly formed club in the Fort Myers area that includes charitable as well as numerous social activities each month that include interest groups such as luncheons, couple and single dining out, a book club, various games such as Bunco, Hand & Foot, Mah-Jongg, and Rummikub.

The last monthly meeting was a tea party that presented Lady Katherine's Teatime – The Art of Tea.

The next scheduled meeting is August 26 at the Helm Club, The Landings, Fort Myers. At that time, items will be collected for ARC, an animal refuge center.

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Historic Downtown Fort Myers, Then And Now

# The Snack House

by Gerri Reaves



Utter the words “Snack House” and you’re likely to evoke nostalgic tributes about one of the most popular and long-lived eateries in Fort Myers history – the Snack House in the historic Post Office Arcade (aka Collier Arcade) on Broadway.

Jesse Winford “Win” Ellis opened the Snack House on October 31, 1949 after Barron Collier asked him to start a restaurant to serve the arcade’s bus terminal.

The restaurant occupied the entire north side of the arcade. The entrance was where Company Hair is now, and Ichiban today occupies the area where much of the counter space and tables were.

The front section facing Broadway, now occupied by Southwest Capital Bank, was on permanent reserve for sequestered juries who ate there.

The extended hours fostered that home-away-from-home atmosphere for locals. It had the distinction of being the first restaurant in town to be air-conditioned, another reason it was a favorite gathering place.

Employees worked for decades at the Snack House, thus adding to the homey atmosphere.



Ichiban’s sushi bar, right, is located in this space where Snack House diners could grab a quick lunch or buy a magazine, postcard, or even a stamp. In this circa 1974 photo above, visible in the magazine display are some of America’s most famous publications: *The Saturday Evening Post*, *Life*, *House Beautiful* and *Holiday*.

courtesy of the Southwest Florida Museum of History

Suzanne Sutton and Jerry Haberle remember the Snack House well. As downtown residents during part of the Snack House era, they witnessed its impact on the social, economic, and political life of Fort Myers.

“It was where Fort Myers’ business was transacted,” recalls Sutton.

continued on page 5



The famous Snack House in the Post Office Arcade

courtesy of the Southwest Florida Museum of History



Ichiban, serving Chinese and Japanese cuisine, and Company Hair now occupy the main dining space of what was once the Snack House

photo by Gerri Reaves



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# Grant Awarded For Restoration Of Edison & Ford Botanic Research Lab



Henry Ford, Thomas Edison and Harvey Firestone on steps of Edison Botanic Research Lab

The Edison & Ford Winter Estates has been awarded a \$50,000 grant for restoration of the Edison Botanic Laboratory. The grant was made by the Florida Legislature through the Bureau of Historic Preservation, Division of Historical Resources, Florida Department of State, assisted by the Florida Historical Commission. The Edison Botanic Laboratory is located at the Edison & Ford Winter Estates in Fort Myers.

The laboratory was a project of Thomas Edison, Henry Ford and Harvey Firestone, who were searching for a viable source of organic rubber which could be grown and produced in Southwest Florida. Through their work, they discovered that goldenrod leaves would produce the latex to be distilled for a commercial source of rubber.

The laboratory and the surrounding research gardens were active in the 1920s and 1930s and established the winter homes of the two inventors as a center for plant research.

Today, the site is one of the most visited historic home sites in America and serves more than 200,000 visitors and school children every year.

The grant from the State of Florida is part of a total \$630,000 project for restoration of the original 1928 laboratory structure. Additional funds have also been received from The 1772 Foundation, HUD EDI grants, the Edison Ford Winter Estates Foundation, and the Edison & Ford Winter Estates, Inc.

The laboratory building will remain open throughout the project. Architects for the project are Parker Mudgett Smith. Chris-Tel Company is the restoration contractor.✧



Interior of Edison Botanic Research Lab



Exterior of the lab

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 These gentle dragons, floating nearer and...

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HORTOON

## Alva's Club Rec

The Alva Club Rec program provides children an outlet to burn off the stress of the school day through organized games, activities, sports, arts and crafts, nutrition club, and homework time. Participants will learn the benefits of recreation, healthy lifestyles, teamwork, and caring for and understanding the environment and nature.

Children are expected to participate in planned activities as well as maintain a steady attendance. Children regularly missing more than two unapproved program days per week will be dropped from Club Rec in order to open a spot for another child. Parents are advised that the structure of Club Rec allows participants to sign themselves in/out of the program.

The program is offered only on days when school is in session that are not a county holiday and is for children in second grade to 12 years old.

The program is two sessions: August 23 through December 17; and January 3 through June 10, 2011.

Cost is \$100 per session or \$5.50 per week. Hours are 2:30 to 6 p.m. Monday to Friday.

To register your child log onto [www.leeparks.org](http://www.leeparks.org) or call 533-7440. For more information call the center at 728-2882. The Alva Community Center is at 21471 North River Road.\*

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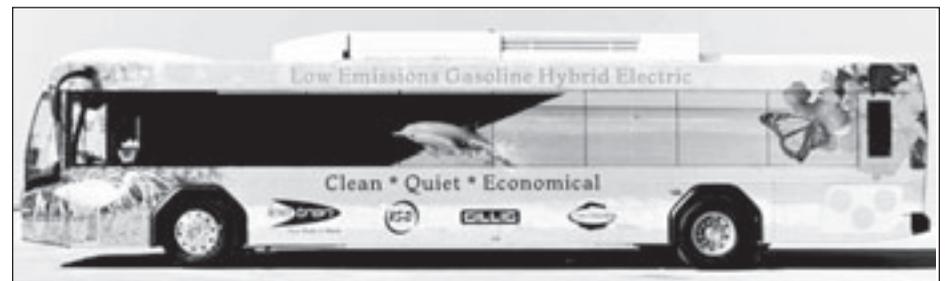
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## LeeTran Bus Shelter Expansion



LeeTran's new gasoline-hybrid bus

In 2009, LeeTran launched a project to install at least 40 new passenger waiting shelters in its most frequently used bus stop locations. Other criteria for site selection included proximity to public services such as libraries, parks and social service agencies. Additionally, items considered included the number of passenger requests, the number of wheelchair boardings and equity among all bus routes.

The planning staff identified 45 stops for improvement and grants were obtained from the Federal Transit Administration (\$850,000) and the Florida Department of Transportation (\$175,000). Lee County matched FDOT's grant which completed the funding for the \$1.2 million project.

All shelters have solar lighting, bike racks and trash receptacles and all comply with the requirements of the Americans with Disabilities Act.

The first phase of construction comprising seven shelters is complete. All other phases are in progress and it is anticipated that all 45 shelters will be in service by April 2011.

LeeTran has provided public transportation to residents and visitors of Lee County for more than 30 years. It operates 18 routes covering more than 400 road miles and carries more than three million passengers each year.

It also operates a complementary paratransit service that provides mobility to the disabled community, carrying about 120,000 passengers each year.\*

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From page 2

## The Snack House

Haberle adds, "It was where deals got done." Realtors, lawyers, artists, and business people were among the regulars who wheeled, dealt, and socialized there.

The restaurant was busy all day, he remembers: "You couldn't beat the breakfast." And the service provided by the all-male wait staff was "johnny-on-the-spot."

Fort Myers artist Greg Biolchini recalls that the food was so popular that even wealthy prominent locals had the Snack House cater their events.

He has been struck over the years by how many people compare the restaurant's ambience to Edward Hopper's famous painting *Nighthawks* – an apt comparison, especially during the "open 24 hours a day" years.

The classic post-World War II diner décor was already a cliché by 1978, when he arrived in Fort Myers and started breakfasting there, he says. Nevertheless, he loved the look and feel of the place.

The long lunch counter and tabletops had that distinctive green marbled surface, complemented by the green upholstery on the spinning counter seats and the booths by the windows.

Sometime in the early 1980s, Ellis decided to modernize the décor to what Biolchini laughingly labels "Howard Johnson," in shades of orange, brown, and gold. That style, too, he grins, was already dated by then.

But no matter. The atmosphere and food didn't change.

Artist DJ Wilkins, a Fort Myers resident since 1973, showed up each morning at 7:30 or 8:45 a.m. Other customers also had a routine, and they would drift in predictably on schedule.

Both artists agree that Win Ellis's legacy should include his generosity toward downtown artists.

"He'd carry you on ticket for months," says Wilkins, until you sold an artwork and could pay your bill.

While many of Lee County's biggest deals took place at some tables, artists of all types vigorously exchanged ideas at informal art seminars at their own table. Wilkins cites those discussions as the basis of his art education. Those friends around the table were his teachers as well as his friends.

He has a large collection of "artwork" napkins created at the restaurant. In fact, he conceived his sculpture *Uncommon Friends*, now in Centennial Park, at the Snack House.

Many of those other artists are familiar names today: John Bifar, videographer; Jo Bainbridge Cobbett, painter; John Moore, videographer and writer; Veronica Gagliardi, senior manager in design at Colgate-Palmolive; and Thomas Reis, painter.

When former patrons of the Snack House in the Collier Arcade on Broadway speak about that beloved eatery, they all wistfully say, "It was a sad day when the Snack House closed."

Ellis closed his business in May 1993, when the construction of the new federal courthouse necessitated the temporary closing of the arcade.

Wilkins recalls that the Snack House was so embedded in the artists' routine that when it closed, they didn't know what to do with their mornings or how to start the day. For them, there was never a second place.

Stroll down Broadway to the Post Office Arcade, where downtown's social, political, and business life intersected for 44 years.

Then walk a few blocks to the Southwest Florida Museum of History at 2031 Jackson Street to learn more about restaurant history in Fort Myers. Ask about volunteer opportunities and the upcoming exhibit by renowned photographer Clyde Butcher, opening on August 24.

For information, call 321-7430 or go to [swflmuseumofhistory.com](http://swflmuseumofhistory.com). Museum hours are 10 a.m. to 5 p.m., Tuesday through Saturday.

Continue your research at the Southwest Florida Historical Society, 10091 McGregor Boulevard. Call 939-4044 or drop by on Wednesday or Saturday, 9 a.m. to noon.

Sources: *Pages from the Past* by Prudy Taylor Board and Esther B Colcord and the archives of the Southwest Florida Historical Society.\*

## District Honored For Budgeting, Finance Reports

Lee County Public Schools has received the Meritorious Budget Award from the Association of School Business Officials (ASBO.) The award is for the 2008-09 annual budget.

The school board also received a Certificate of Excellence in Financial Reporting Award from the same association.

In order to receive these awards, specific guidelines that are recognized by school business officials across North America must be met. ASBO spent more than two years developing and establishing the rigorous award criteria with the goal to improve the quality of budgeting and financial reporting across the United States and Canada.\*

### Beach Conditions Report

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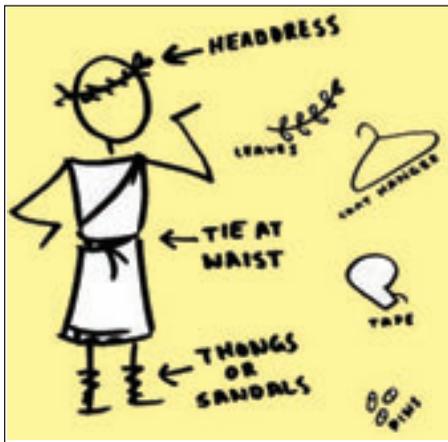


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# Along The River



How to create a toga costume for The Bar Association's BLT party on August 20

On Friday, August 20, **The Bar Association Bistro** is throwing a BLT (Boxers, Lingerie & Togos) theme-party from 6 p.m. to close. Enjoy live music in the beautiful courtyard, relax inside at the bar or sit down at a table in one of their exotic back rooms to dine quietly with friends. Special menu items include Tuscan and Greek salads and, of course, BLTs! Dress in costume and receive a free appetizer.

Not a night owl? Then drop by The Bar Association for their recession-proof summer lunch specials. If you are in a hurry, pick-up two all-beef Dietz & Watson hot dogs, chips and a can of



Michelle DePalma, owner of Snap Lites Wigs and Accessories, can help you add instant flexibility to the style and color of your hair

soda for only \$3.50. If you prefer a more leisurely meal, sit inside the European-style bistro and let the friendly staff take care of you. Many of the items on their summer lunch menu are only \$10 and include soup or salad with entree.

The Bar Association Bistro is located at 1609 Hendry Street, Fort Myers in the historic Peeples Court. Call 334-8080.

While in Peeples Court, stop by **Snap Lites Wigs and Accessories** to add instant flexibility to the color or style of your hair. Owner Michelle DePalma is a former hairdresser who can cut, style and custom fit any of the wigs and hair pieces in her shop. She also offers Snap Caps, which are made-to-order hats with hair.

Wearing hair pieces is very "in" right now and discriminating wig wearers will tell you that there is nothing like the ver-

satility of a human hair wig. Today's hair pieces are natural looking and DePalma offers versatile styles for every budget and taste.

Just like your real hair, modern wigs can be straightened with flat irons or curled with hot rollers. Additionally, real hair wigs allows the use of styling chemicals to shape your hairstyle. The options are only limited by your imagination.

Snap Lites Wigs and Accessories is located at 1609 Hendry Street, across from The Bar Association Bistro in the historic Peeples Court. The shop is open Tuesday and Wednesday from 9 a.m. to 5 p.m., Thursday through Saturday from 9 a.m. to 10 p.m. and Sunday from 10 a.m. to 3 p.m. Monday fittings are available by appointment only. Call 738-9039.



Roger Rose, Michael Wood, Sebastian Wegryn with puppy Chance, and Jane Rose of Another Chance Home Furnishings

Does your residence need a style make-over? **Another Chance Home Furnishings** offers upscale, name-brand furniture and decor consignments for the discerning shopper. The store boasts 3,000 square feet of exclusive, gently-used pieces from top furniture designers. Shop now and receive 50 percent off on select items.

Another Chance is conveniently located near the beaches at 15675 McGregor Boulevard, Fort Myers, only one-half mile from the McGregor/Gladiolus intersection. It is open Monday through Saturday

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Is your car making strange noises? **McGregor Automotive** is offering one hour of free diagnostics, no strings attached, through the month of August.

Experienced mechanic/owner Mike More has reopened his repair and service shop at 15580 McGregor Boulevard in South Fort Myers. McGregor Auto is located in Bruno Plaza, approximately a quarter of a mile from the McGregor/Gladiolus intersection.

For more information, call 245-8911.

Enjoy beautiful visions of Florida landscapes and historic landmarks with limited edition prints of oil paintings at the **William North Gallery**.

North is a distinguished painter of the tropical Florida scene. He carries on the tradition of the great age of impressionism, working from life, painting landscapes in the field and still lifes in the studio.

In 2004, North was the first Lee county artist to be invited to exhibit in the Governor's Gallery in the Florida State Capitol in Tallahassee. His paintings are in hundreds of collections in the U.S. and abroad as far away as Moscow and Tokyo.

The William North Gallery is located inside Gannon's Antiques and Art Mall, 16521 South Tamiami Trail, Fort Myers. Call 489-2211 or go to northgallery.com.

The weather is perfect for boating with friends and family, so make a pit stop at **Nervous Nellie's Crazy Waterfront Eatery** in Fort Myers Beach. Free marine dockage with dock



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attendant's assistance is available for patrons at Nellie's Snug Harbour Marina. Parking for your car is also free if you dine at the restaurant. Eat inside or outside on their expansive patio overlooking the water.

Nellie's serves a wide variety of delectable snacks, over-stuffed sandwiches (on homemade bread, no less!) and entrées in addition to Sunday brunch. Enjoy live music and happy hour, all day every day, upstairs at **Ugly's Waterside Bar**.

On Friday, August 20, Vytas Vibe takes the stage from 6 to 10 p.m. with Mark Kobie playing from 8 p.m. to 12 a.m.; Saturday, it's No Way José from 1 to 5:30 p.m., Vytas Vibe from 6 to 10 p.m. and The Oysters from 8 p.m. to 12 a.m.; Sunday, No Way José from 1 to 5:30 p.m. and Hightide from 6 to 10 p.m.; Monday, listen to jazz with Left of Center from 6 to 10 p.m.; Tuesday, Vytas Vibe from 6 to 10 p.m.; Wednesday, Hightide from 6 to 10 p.m. and Vytas Vibe from 8 p.m. to 12 a.m.; and Thursday, The Oysters from 6 to 10 p.m.

Nervous Nellie's Crazy Waterfront Eatery is located at 1131 First Street, Fort Myers Beach in the historic Baywalk district. It is open for lunch, dinner and snacks in between. Take-out is also available by calling 463-8077.✪

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## Teen Challenge Director Speaks To Kiwanians

Kevin Cummings, executive director of Teen Challenge, was the guest speaker at the Gateway to the Islands Kiwanis Club's August 10 meeting.

Teen Challenge is a faith-based residential program for adults and teens facing drug and alcohol addictions. They believe that as a person acknowledges their need for help, and takes responsibility for their part in the process, God can help them to become socially, emotionally, physically and spiritually well. Eighty-six percent of program graduates are still sober seven years after completing the program, as compared to a 10 percent to three percent success rate for secular-based programs.

This international program was brought to Pine Manor in 1994 and consisted of one six-bed home for men. Today, Teen Challenge owns 14 homes for men and women and is nearing the completion of a transitional home for program graduates.

Residents follow a daily schedule that includes chores, Christian studies, life skills, choir and drama practice, janitorial work and quiet time. In addition, Teen Challenge operates Stay Sharp, a teen drug prevention program which gives presentations at local schools, youth groups, and the juvenile detention center. The center invites members of the public to attend one of its quarterly lunches to experience Teen Challenge first-hand.



**Matt Ponzio, left, of Kiwanis, and Kevin Cumming of Teen Challenges**

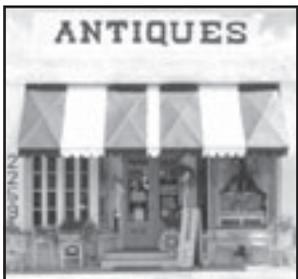
For more information, visit [www.teenchallenge.cc](http://www.teenchallenge.cc).

Gateway to the Islands Kiwanis Club meets every Tuesday at 11:45 a.m. at the Sunshine Seafood Café, Fort Myers. Guests are always welcome. For details on joining the club, or any of the other 16 Kiwanis clubs in Lee County or LaBelle, call Viki or Terry Luster at 415-3100 or visit [www.kiwanisgtti.com](http://www.kiwanisgtti.com).✪



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# ROCK Camp For Kids With Cancer

More than 30 children gathered, with their families for a camp send-off at Sandhill Homes to board a bus for ROCK (Reaching Out to Cancer Kids) Camp at Camp Boggy Creek in Eustis, Florida. The American Cancer Society's ROCK Camp, in partnership with Camp Boggy Creek, serves children ages seven to 16 who are undergoing or have recently undergone treatment for various types of cancer. These children were referred by their pediatric oncology centers or private practice and attend camp at no charge to their families.



Joselyn Cerdas



Kris Rodriguez



The camp is Florida's only residential camp exclusively for children with life threatening illnesses, and this week is specifically for children diagnosed with cancer.

Camp Boggy Creek offers campers an opportunity to experience the fun and adventure of summer camp without having to feel different from other kids, all the while being in a safe environment with a full medical staff and facility on the premises. The weeklong camp is fully funded by donations made to the American Cancer Society. For more information, visit [www.cancer.org](http://www.cancer.org) ✱



Youngsters with their bears provided by Home-Tech



Sweetbay employees gave the American Cancer Society a check for \$11,269

## Junior League Elects Doikos As President

The Junior League of Fort Myers (JLFM) has a new 2010-11 board of directors.

They are Catherine Doikos, president; Carolyn Baker-McCord, president-elect; Jenni Balyeat, treasurer; Nicole Brenner, recording secretary; Jill Horrom, corresponding secretary; Susan Chicone, Finance Council VP; Carole Ezell Bishop, Membership Council VP; Sharon Klump, Community Council VP; Carly Rainero, Communications VP; Shamie Kelly, member-at-large; Shirley Snyder McLaren, advisory planning; Kim Hunt, sustainer advisor.

Doikos, a native Floridian, has been an active volunteer throughout her life and her affinity for volunteerism was enhanced through joining JLFM 17 years ago. She has held many positions in JLFM leading up to her elected position as president. She has, in turn, taken her Junior League training to other nonprofit organizations through active roles as an advisor, trainer, collaborator and board member. She and her husband George have four children ranging in age from five to 13.

"My family has contributed to the growth and development of this state in many different ways over the last 100 years," stated Doikos. "My great grandfather became a state senator in the 1940s to right political injustices within the state in regards to growth and development of new cities, and he was very active in the

growth of the state through commerce as a founding member of the Committee of 100 in 1961. I have found my passion to encourage the continued growth and success of our state in voluntarism, the principle or practice of supporting churches, schools, hospitals, etc., by voluntary contributions or aid instead of relying on government assistance."

JLFM's members are career women, working mothers, stay-at-home moms, and full-time and part-time volunteers of all ages who represent a variety of races, religions and ethnic origins, each committed to making a difference in the local community. Since its founding in 1966, the league has contributed more than 1,000,000 hours and over \$1,000,000 to community projects and programs.

For more information about Junior League, call 277-1197 or visit online at [www.jlfm.org](http://www.jlfm.org) ✱

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From page 1

## Newly Formed Women's Club



Katherine Rakowski of Lady Katherine's Tea

New officers for Montage are: Joyce Thomas, president; Paula Eberhardt, vice president; Dot Buchholz, secretary; Barbara Jaffe, treasurer; and Rita Artwohl, parliamentarian.✪

## Beach Yacht Club Meeting

The monthly meeting of the Fort Myers Beach Yacht Club will be held Wednesday, August 25 on the top floor of Nervous Nellie's Crazy Waterfront Eatery (formerly Snug Harbor Restaurant) under the sky bridge on Estero Island. Nervous Nellie's is located at 1131 First Street, Fort Myers Beach.

Social hour begins at 5 p.m. and dinner is ordered off the menu starting about 6 p.m. Potential new members wishing to attend are invited to call Commodore Tom Swanbeck for reservations and additional information at 292-6284. You may also learn more about the club from the web site at [www.FMBYachtClub.org](http://www.FMBYachtClub.org).✪

## Lee County Bar Association Hosts Community Event

The Lee County Bar Association (LCBA) is holding a Then & Now Membership Breakfast at Royal Palm Yacht Club, 2360 West First Street in Fort Myers, on Friday, August 20 from 8 to 9 a.m.

Jim Moore, executive director of Fort Myers Regional Partnership, will discuss the immediate impact of the Gulf of Mexico oil spill on Southwest Florida businesses. The judicial candidates, who include Judge Archie Hayward, Eric Feichthaler, Miguel Fernandez, Frank Mann Jr., Robert Branning and David Shestokas, will then take center stage to speak briefly about their platform and be available after the meeting to answer questions.

The LCBA Past Presidents and the LCBA Young Lawyers Division will then volley questions and answers. Past presidents come up with war stories illustrating their vast experience in the legal field, and the young lawyers come up with great questions to ask.

At closing the LCBA will be honoring Judge W. Wayne Woodard on his retirement. A gourmet chef will prepare cooked-to-order eggs for breakfast. The cost for breakfast is \$20 for LCBA members and \$25 for non-members. .

The Lee County Bar Association currently has almost 800 members. All meetings are open to the public and the public is welcome to attend. RSVP to [michelle@leebar.org](mailto:michelle@leebar.org) by close of business on the Tuesday prior to the meeting, register to attend and pay online at [www.leebar.org](http://www.leebar.org), or call Michelle at 334-0047.✪

## Back To School Blast At The Mall

The Children's Advocacy Program of The Children's Hospital, a part of the Lee Memorial Health System, will participate in the second annual Back to School Blast at the Edison Mall on Saturday, August 21 from 10 a.m. to 4 p.m.

Safe Kids' trained fitters will fit children with free bicycle helmets while supplies last. "We have 100 helmets of various sizes," said Liz Moreno, child advocate at The Children's Hospital and Safe Kids Lee/Collier Counties coordinator. "We will measure the child's head and fit the appropriate size helmet to them. As long as we have the right size helmet for the child, we're happy to give them away."

Additionally, information will be available regarding Backpack Safety, Safe Walking to School, Safety Tips for Riding the Bus, and Parked Cars - Dangerous for Kids.✪

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## Churches/Temples

### ALL FAITHS UNITARIAN CONGREGATION

2756 McGregor Boulevard, Fort Myers  
(6 blocks south of the Edison/Ford Winter Estates; 2 miles North of Colonial Boulevard)  
Minister: the Reverend Dr. Wayne Robinson  
Sunday services: 11 a.m.  
(Child care provided)  
Adult Ed. Workshops: 10 a.m.  
Phone: 226-0900  
Email: allfaithsuc@embarqmail.com  
Website: www.allfaiths-uc.org

### ANNUNCIATION GREEK ORTHODOX CHURCH

8210 Cypress Lake Drive, Fort Myers  
Reverend Fr. Athanasios Michalos  
Orthros Service Sunday 9am  
Divine Liturgy Sunday 10am  
Fellowship Programs, Greek School,  
Sunday School, Community Night  
239-481-2099

### BETH SHILOH MESSIANIC SYNAGOGUE:

15675 McGregor Boulevard. 437-3171  
Rabbi: Judah Hungerman  
Friday Service, 8 p.m.  
Saturday Service, 11 a.m.  
Shabbat School Saturday Morning  
Adult Hebrew Classes  
Please call for information on full program.

### BREAD OF LIFE MINISTRIES CHURCH OF GOD:

16581 McGregor Boulevard, 267-3166  
(Just past the Tanger Outlet Mall)  
Pastor: Barry Lentz, 281-3063  
Sunday Worship, 10:30 a.m.  
Wednesday Bible Study, 7 p.m.

### CHURCH OF THE CROSS:

13500 Freshman Lane; 768-2188  
Pastors: Jeff Moran and Michael Bulter;  
A nondenominational church emphasizing  
a personal relationship with Jesus Christ.  
Sunday Service: 9 a.m. Contemporary  
10:45 a.m. Traditional.

### CHRIST THE KING

1188 Lake McGregor Drive, Fort Myers,  
432-1724. Reverend N. Everett Keith II;  
An Old Catholic Community; Liturgy  
in English; Sunday Mass at 9:30 a.m.

### COVENANT PRESBYTERIAN CHURCH:

2439 McGregor Boulevard, 334-8937  
Rev. Dan Hagmaier, pastor  
Traditional Sunday service 10 a.m.  
Nursery available

### CYPRESS LAKE BAPTIST CHURCH:

8400 Cypress Lake Drive, Fort Myers,  
481-5442

Danny Harvey, pastor

Sunday Services: Bible study, 9:45 a.m.

Morning Worship, 11 a.m.

Evening Worship, 7 p.m.

Wednesday Prayer Meeting, 7 p.m.

### CYPRESS LAKE

### PRESBYTERIAN CHURCH:

8260 Cypress Lake Drive, Fort Myers, 481-

3233; Clint Cottrell, pastor

Sunday services:

Traditional, 8 and 11 a.m.;

Contemporary, 9:30 a.m.

Children's Church K4J (Kids for Jesus)

9:45 a.m.

### CYPRESS LAKE

### UNITED METHODIST CHURCH:

8570 Cypress Lake Drive,  
Fort Myers, 482-1250

Sunday Traditional Service: 8 and

11 a.m., Praise Service: 9:30 a.m.

Sunday School: All times

### FAITH FELLOWSHIP WORLD

### OUTREACH MINISTRIES:

6111 South Pointe Boulevard, Fort Myers,  
278-3638. Sunday Worship, 10:30 a.m.;

"Voice of Faith," WCRN 13.50 AM Radio,

Sunday, 1:30 p.m.

Thursday Service, 7:30 p.m.

Friday Youth Service, 7:30 p.m.

Nursery care for pre-school children and

Children's Church for ages 5-12 available

at each service.

### FAITH UNITED METHODIST CHURCH:

15690 McGregor Boulevard

Fort Myers, 482-2030

Pastor: David Stauffer.

Traditional services 9:00 a.m.;

Contemporary, 10:30 a.m.

Go south on McGregor Boulevard. The church is 1/2 mile past the intersection of Gladiolus and San Carlos Boulevard on the way to Sanibel.

### FIRST CHURCH OF CHRIST, SCIENTIST:

2390 West First Street, next door to Edison Estates.

Sunday Morning Service and Sunday

School, 10:30 a.m.

Wednesday Evening Testimony Meeting,

7:30 p.m.

Child care provided at all services.

Visit our Reading Room for quiet study at:

2281 W. First Street, River District

www.spirituality.com and www.christian-

science.com

### FIRST CHURCH OF THE NAZARENE:

13545 American Colony Boulevard (off Daniels Parkway in the Colony), Fort

Myers, 936-2511

Pastor: Rev. Joey Brummett

Sunday School: 9:30 a.m.; Morning

Worship, 10:30 a.m.; Sunday Evening, 6

p.m.; Wednesday Family Night, 7 p.m.

### FORT MYERS CHRISTIAN CHURCH

### (DISCIPLES OF CHRIST) A STEPHEN

### MINISTRIES CONGREGATION

5916 Winkler Road, Fort Myers,

437-4330. Rev. Mark Condrey, Pastor

Sunday Worship: 10:30 a.m.

Church School: 9:15 a.m.

### FORT MYERS CONGREGATIONAL

### UNITED CHURCH OF CHRIST:

8210 College Parkway, Fort Myers,

482-3133. Philip White, pastor

Morning Worship: 10 a.m.

Church School: 10:15 a.m.

### HOLY THEOTOKOS MONASTERY:

111 Evergreen Road, North Fort Myers,

997-2846

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guages, following the Julian (Old) Calendar.

Liturgical Services: Sundays and Holy

Days: The Third and Sixth Hours at 8:30

a.m.; Divine Liturgy at 9 a.m.

### IONA-HOPE EPISCOPAL

### CONGREGATION:

9650 Gladiolus Drive, Fort Myers,

454-4778

The Rev. Dr. John S. Adler, pastor

Weekly services:

Saturday 5 p.m., Eucharist with Healing

Sunday 8 a.m., Holy Eucharist, Rite One;

9:30 a.m., Family Eucharist with Healing

and Church School

Tuesday 9:30 a.m., Morning Prayer (in

Spanish); Wednesday 9:30 a.m., Eucharist

with Healing

Child care available at Saturday 5 p.m. and

Sunday 9:30 a.m. services.

### JESUS THE WORKER

### CATHOLIC CHURCH:

881 Nuna Avenue, Fort Myers, 481-1143

Masses Friday and Saturday, 7 p.m.;

Sunday, 8 and 10 a.m. and 6 p.m.

### KINGDOM LIFE CHURCH:

2154 McGregor Boulevard, Fort Myers,

218-8343

Pastor Randy and Anita Thurman

Sunday Service, 10:30 a.m.

All are welcome.

### LAMB OF GOD LUTHERAN/EPISCOPAL

### CHURCH:

Corner Cypress View Drive and Koreshan

Boulevard, Three Oaks area, Fort Myers,

267-3525

Walter Fohs, pastor; Becky Robbins-

Penniman, associate pastor

Sunday worship services:

Early Grace Traditional, 8 a.m.

Awesome Grace Contemporary, 9 a.m.

Classic Grace Traditional, 10:30 a.m.

Sunday School God's Group, 8:45 and

10 a.m.

### MESSIAH REFORMED CHURCH

Worship Gathering - Sunday 10 a.m.

Pastor Alan Bondar

Fort Myers Villas Civic Association Bldg.

2306 Sunrise Blvd. Fort Myers, 33907

Phone/text: 220-8519

website: messiahreformed.com

Bible Study - Wednesday 6:30 p.m.

Fellowship Lunch - Sunday noon

Teen Events - Monthly

c/website for podcasts, special events, min-

istries, calendar, blogs, etc.

### NEW HOPE BAPTIST CHURCH

### OF FORT MYERS

16120 San Carlos Boulevard, Unit 10B

791-6908

Tom Richards, Pastor

Sunday School for all ages 9:45 a.m.

Sunday Morning Worship 11 a.m.

Sunday Evening 6 p.m.

Wednesday Evening Bible Study 7 p.m.

Special Monday Community Group service

at 7 p.m. for those who can not attend

Sundays.

### NEW HOPE PRESBYTERIAN CHURCH

3825 McGregor Boulevard. Fort Myers

Pastors: Bill Stephens, Stu Austin and

Howard Biddulph, Associate Pastor

Traditional Worship at 8:00 and 9:30 am,

Contemporary Worship at 11:00am

Sunday School at 8:00, 9:30 and 11:00am

Youth and Children's programming runs

concurrent to Sunday services.

Nursery care provided at all services

For more information visit: www.newhope-

fortmyers.org

### PEACE COMMUNITY CHURCH:

(Meets at Ft. Myers Beach Masonic Lodge)

17625 Pine Ridge Road, Fort Myers Beach

267-7400.

Pastors: Bruce Merton, Gail and RC

Fleeman

Traditional Worship 9:45 a.m.

Contemporary Worship 11:15 a.m.

Phone: 267-7400 Fax: 267-7407

Web site: peacecommunitychurch.com

e-mail: peace1265@aol.com

### PEACE LUTHERAN CHURCH:

15840 McGregor Boulevard, Fort Myers

Walter Still, Senior Pastor,

Sunday Worship: 8 and 9:30 a.m.

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### REDEEMER LUTHERAN CHURCH

3950 Winkler Extension, Fort Myers

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Sunday Services, 8:15 and 10:15 a.m.

274-0143

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and locations call 567-9739 or visit www.

MeditationInFortMyers.org.

### SOUTHWEST BAPTIST CHURCH:

16940 McGregor Boulevard, Fort Myers,

454-3336

Robert G. Kasten, Pastor

Sunday Worship Service 11 a.m.

Nursery available

9:45 a.m. Sunday School for all ages

Junior Church grades one to five

Wee Church Pre-K to K

Evening Service 6 p.m.

Wednesday Service 6 p.m.

### ST. COLUMBKILLE

### CATHOLIC CHURCH:

12171 Iona Road, Fort Myers, off

McGregor and north of Gladiolus.

489-3973

Father Joseph Clifford.

Weekly masses:

Monday through Saturday 8 a.m.

Weekend masses: Saturday 3 and 5 p.m.;

Sunday: 7, 9, 11, and 5:30 p.m.

Reconciliation is available at the church on

Saturdays at noon and by appointment

### SAINT JOHN THE APOSTLE

### METROPOLITAN COMMUNITY CHURCH

3049 McGregor Boulevard, Fort Myers,

344-0012

Pastor Rev. Steve Filizzi

An Affirming & Inclusive Congregation

Sunday Services, 10 a.m. and 7 p.m.

Mid-Week Service, Wednesday 6:30 p.m.

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3595 Broadway, Fort Myers

239-939-4711, www.smlcs.org

Wednesday Fellowship: 5:30 p.m.

Dinner \$5, 6:15 p.m. bible studies

Worship: Saturday, 5:30 p.m.,

Sunday 8 a.m. and 10:45 a.m. with 9:15

a.m. adult and children's Bible Study, plus

marriage enrichment studies. Divorce Care

on Thursdays from 7 to 8:30 p.m.

During Lent: Wednesday worship

noon and 6:15 p.m.

### TEMPLE BETHEL SYNAGOGUE:

16225 Winkler Rd. 433-0018.

Rabbi Jeremy Barras

Cantorial Soloists Joseph/Lynn Goldovitz

Shabbat Services, Friday, 7:30 p.m.

Torah Study, Saturday, 9:15 a.m.

Bar/Bat Mitzvah Services, Saturday,

## Hope Biblical Counseling

Hope Biblical Counseling & Training Center of Fort Myers is offering a 12-week course entitled, Relationships: Keys to Growth, on Tuesday evenings, beginning September 7 and continuing through November 30 from 6:30 to 8:30 p.m.

This course will give students an overview of issues consistently dealt with in marriage and family counseling. Topics to be covered include: Love; Honor; Marriage; Parenting; Communication; Divorce and Remarriage; Conflict Resolution.

It will also prepare students for: certification by the National Association of Nouthetic Counselors; certification by the International Association of Biblical Counselors; undergraduate credit through Covenant Life University; graduate credit through Birmingham Theological Seminary.

HOPE has been ministering in the Fort Myers area for over 19 years and is recommended by the Association of Biblical Counselors, and is a NANC Approved Training Center. It is located at 9065 Ligon Court, Fort Myers. For more information, or to register, call 481-0777, or email HOPEofficeahopebiblicalcounseling.org, no later than Monday, September 6.✱

From page 10

## Churches/Temples

### UNITY OF BONITA SPRINGS:

Family Service 10 to 11 a.m.  
Healing Circle 11 a.m.  
Hospitality and Fellowship, 11 a.m.  
Inspiring lesson, uplifting and dynamic music, meditation in a loving environment.  
Service held at 28285 Imperial Street, Bonita Springs. Call 947-3100.

### WESTMINSTER PRESBYTERIAN CHURCH:

9065 Ligon Court, Fort Myers, across from HealthPark Hospital, 481-2125  
Pastor: Interim Pastor Dr. Luder Whitlock  
Sunday Service:

9:30 a.m., Contemporary;  
Worship and Adult Classes  
11 a.m., Blended Worship

### WORD OF LIFE CHURCH:

2120 Collier Ave, Fort Myers, 274-8881;  
Services: Sunday 10 a.m.;  
Wednesday 7 p.m.

Bishop Gaspar and Michele Anastasi

### ZION LUTHERAN CHURCH:

7401 Winkler Road, Fort Myers,  
481-4040, Pastor, Steve Hess  
Sunday Services: 8 a.m. traditional;  
9:30 a.m. contemporary; 11 a.m. blendings.  
Sunday school, 9:30 a.m.✱

Our email address is  
[press@islandsunnews.com](mailto:press@islandsunnews.com)

## OBITUARY



### WILLIAM J. ARTHUR

William J. Arthur, 82, a pioneer in industrial plastics passed away on August 12. After graduating from the first engineering class at the University of Buffalo in 1948, he served in the Korean War as a ground support equipment officer at Wright Patterson Air Force Base with a rank of captain. After his military service, he founded An-Cor Industrial Plastics, Inc. in 1960 and was known as an expert engineer and innovator of fiberglass reinforced plastic industrial equipment. He was honored for his dedication and contribution to the industry.

Mr. Arthur was past chairman of the Society of Plastics Industry, past chairman of the Western New York / Niagara Frontier section of the National Association of Corrosion Engineers, a member of Calvary Episcopal Church for 30 years serving as an usher and

on many other committees, was a Scoutmaster for Boy Scout Troop 564. In 1983 Mr. Arthur moved to Sanibel Island, where he was a member of The Dunes Golf and Tennis Club, The Sanctuary Golf Club, and the Shell Point Golf Club. He was president of the Village of Sanibel's Commercial Condo Unit Owners Association, and many committees dedicated to maintaining the wild life, serenity, and beauty of Sanibel Island where he resided for 25 years.

He most recently lived at Shell Point Retirement Community in Fort Myers, where he enjoyed golfing, and attending the Sanibel Congregational United Church of Christ. He was especially fond of playing games with his grandchildren.

He is survived by his beloved wife Virginia (Merrill) of 55 years, two sons, Merrill and his wife Betsy, and Gary and his wife Marcy, and six grandchildren, Kelly, Christopher, Erin, Victoria, Lindsey and Haley. He was preceded in death by his brothers Douglas L. and Donald W. Arthur.

In lieu of any generosities extended to the family, donations can be sent to the William J. Arthur Memorial Scholarship Fund, FRP Institute, 3221 Southwestern Blvd, #139, Orchard Park, NY 14127. This scholarship has been established in honor of William's achievements as one of the fiberglass industry's founding fathers with the purpose of helping high school seniors interested in pursuing an industrial career as a mechanical engineer.

A memorial service with a reception afterwards was held on August 18 with a reception following at Calvary Episcopal Church at 20 Milton Street, Williamsville, New York.✱



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# Fish The Passes For The Best Action



by Capt. Matt Mitchell

Pass fishing was about as good as it gets last week. Strong morning outgoing tides made for great action catching and releasing snook along with some good sized redfish too. Though many of the snook were on the small side, catching and releasing 25 to 40 fish on a half-day trip is always a good thing. Every trip this week produced at least one snook or more over that magic 30-inch mark.

The big snook of the week caught on my boat measured 35½ inches and was caught on the last hour of an outgoing tide. What made this trip even better was the long-time Florida resident who was a guest of one of my clients that day was telling me earlier

that he has caught everything to catch in our area but never a big snook. On back-to-back drifts of the pass he caught the 35½-inch snook then another big snook measuring 33½ inches.

Areas in and around the passes also produced a good mixed bag of fish including flounder, sea trout, mangrove snapper and even a few grouper. The outside sandbars around the passes had good action with Spanish mackerel and lots of ladyfish. Baitfish get pushed in and out of the passes on the tides making them a natural feeding station for gamefish. With water temperatures in the bay usually at 90 degrees plus by the end of the day the passes stay a few degrees cooler because of the deeper water and faster moving tides. No matter what the tide, all summer long you can find some action in and around all our local passes.

On several charters last week I spent the half-day trip in one pass as the action never stopped. Happy clients and not a lot of running around to locate fish – it does not get much better than that.

Redfish could also be found in the passes with the incoming tide being the better tide. Reds were also caught mangrove fishing on the higher tides. All the reds we



Lanny Russell from Tampa with a big pass snook that measured 35½ inches and was carefully released after this quick photo

caught were at the top of the slot, if not over. Working the no motor zone in Wulfert Keys during the stormy conditions of a tropical depression we caught five nice big redfish while throwing large, live pinfish back deep under the bushes. This area does not see the fishing pressure it once did and on the right tide and wind direction is well worth the slow electric trolling motor ride back inside.

Shark fishing in the middle sound continues to be on fire. I've been saving a Ziplock bag or two of the smaller shiners I catch while cast-netting in the mornings to use for chum. Not that you need to chum to catch these blacktips, which range from two to four feet long. The chum brings the sharks so close to the boat you could hand feed them if you're not worried about losing a finger. Big live pinfish fished under a float with a circle hook quickly gets the sharks in a feeding frenzy.

Every time I have been on these sharks it's amazing how many are in this middle sound area. Watching packs of four to 10 sharks chase your bait is the norm. Circle hooks are key if you want to land one. Remember regulations on sharks are one per boat per day.

Capt. Matt Mitchell moved to Sanibel in 1980 and has fished local waters for more than 25 years. He now lives in St. James City and has worked as a back country fishing guide for more than 10 years. If you have comments or questions email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).

## Send Us Your Fish Tales

The River Weekly would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the River Weekly, 16450 San Carlos Boulevard, Suite 2, Fort Myers, Florida 33908, or email to [RiverWeeklyNews@aol.com](mailto:RiverWeeklyNews@aol.com).

## BOAT RENTALS

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472-5800  
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## Power Squadron Offers GPS Class

The San Carlos Bay Sail & Power Squadron is offering a class in basic GPS operation on Saturday, September 4, from 1:15 to 4:30 p.m. This class will be offered again in November.

The class is designed to introduce new users to GPS. It will include discussions of marine navigation, how a GPS works, and GPS limitations. There will be an extensive presentation on what a GPS can do and what a boater can do with GPS. It will also explain some of the key features to look for if you shop for a GPS.

The cost of the class is \$40 per person. The class is being taught at the San Carlos Bay Sail & Power Squadron Classroom located at 16048 San Carlos Boulevard, at the corner of Kelly Road (across from ACE Hardware). Students can register online at [www.scbps.com](http://www.scbps.com) or call 466-4040.

## Local Waters Class Offered

The San Carlos Bay Sail & Power Squadron, a unit of the United States Power Squadrons, will be offering the popular Local Waters/Local Charts class on Saturday, September 4, from 8:15 a.m. to noon.

The class is directed to new boaters and boaters new to the area, as well as those wishing to learn chart reading. It will provide the boater with some of the basics of navigation, oriented to the Fort Myers area. Students will be using chart 11427 and must bring this chart to class. Optional on-the-water training is also offered at a later date. Check with the class instructor for details.

The cost of the class is \$40 per person. The class is being taught at the San Carlos Bay Sail & Power Squadron Classroom located at 16048 San Carlos Boulevard at the corner of Kelly Road (across from ACE Hardware). Students can register online at [www.scbps.com](http://www.scbps.com) or call 466-4040.



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## Win Dinner Or A Birthday Party At The Firehouse

The Iona-McGregor Fire District invites the public to donate nonperishable food items to the district August 20 to 22 for the Harry Chapin Food Bank. The first 1,500 elementary and middle school students who donate will receive a pencil pouch with school supplies, compliments of the fire district. Adults who donate can register to win dinner for six, prepared by the firefighters at the fire station, or a children's birthday party for six, celebrated at the fire station.

Both food and monetary donations will be accepted from 1 until 4 p.m. Friday, Saturday and Sunday at the district's fire stations located at 16651 McGregor Boulevard, north of John Morris Road; 15961 Winkler Road, south of Summerlin Road; 6061 South Pointe Boulevard, just south of College Parkway; and 15660 Pine Ridge Road, south of Gladiolus Drive.

"Harry Chapin Food Bank provides a wonderful service to our community and needs our support year-round," said Fire Chief William Elliott. "We think this is a great way to celebrate back to school and a wonderful opportunity for children and the people we serve to visit our stations and meet our firefighters. We're hoping for a big turnout and a significant donation for the food bank."\*

## What A Girl Wants Event To Benefit ACT

What a Girl Wants Event, sponsored by Glo, Florida Skin Center, Medi Weightloss Clinic, Joann Frazier Beauty Consultant, and J & A Make Up Artistry, will make its debut on Saturday, August 21 from 1-4 p.m. at the Crowne Plaza (Bell Tower area) in Fort Myers. The event is free and open to the public, although donations can be made at the event in support of ACT (Abuse Counseling and Treatment), a nonprofit organization that provides shelter and supportive services for victims of domestic violence.

Women will be the focus of the event, although men are invited to attend as well. Guests are invited to mingle with local business owners who will feature beauty, bridal, fashion, wellness, and more products and services. There will be giveaways and music. Attendees can have chair massages, jewelry cleaning, teeth whitening, photo booth, airbrush tanning, make up, hair styling and mini facials.

Questions about the event can be directed to organizer Joann Frazier at 233.4114.\*

## Theatre Conspiracy Opens Season With Romantic Comedy

Theatre Conspiracy will present the Southwest Florida premiere of the romantic comedy *Searching For Eden: The Diaries Of Adam And Eve* on August 20 at the Foulds Theatre in Fort Myers.

This very funny comedy, written by James Still, is directed by Jamie Carmichael and stars Producing Artistic Director Bill Taylor as Adam and Jenny Smith as Eve. The first act is set at the beginning of time and based on the work of Mark Twain – he wrote his stories of Adam and Eve between 1887 and 1905. The second act is set in modern times and finds the "first couple" later in life dealing with careers and modern life while attempting to rekindle some romance.

Still's award-winning plays have been produced throughout the U.S., Canada, Europe, and Australia. They include *He Held Me Grand*, *Looking Over the President's Shoulder*, *Amber Waves*, *The Velocity of Gary*, and *And Then They Came For Me*. He is the recent winner of the William Inge Theatre Festival's New Voices in American Theatre Award and is a two-time recipient of the TCG/Pew National Artist Residency Artist grant with the Indiana Repertory Theatre, where he

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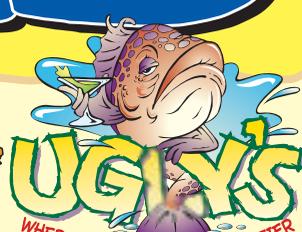
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Plant Smart

# Sidebeak Pencil Flower

by Gerri Reaves

**S**idebeak pencil flower (*Stylosanthus biflora*) is a butterfly-attracting native perennial whose beautiful flowers are often overlooked.

Those yellow-orange flowers may be no more than one-half inch across, but they will attract the barred yellow butterfly to your landscape.

In addition to being the host plant for that butterfly species, this member of the pea family attracts bees and birds and requires little maintenance.

In South Florida, sidebeak pencil flower blooms most of the year.

The tiny flowers emerge singly at the ends of the stems and are comprised of a large single upper lobe and smaller lower lobes.

The multiple stems grow from the base of the plant and are covered with silky hairs called pubescence. Three elliptical leaflets make up the leaves.

Like many tap-rooted specimens, sidebeak pencil flower is very drought tolerant. In the wild, it grows in dry places such as scrubs, beaches, rocky woods, prairies, and disturbed areas.

Propagate beaked pencil flower with the seeds inside the hard pods and plant it in sun or partial shade.

Sources: *Everglades Wildflowers* by Roger L. Hammer, and wildflower.org.

*Plant Smart* explores sustainable gardening practices that will help you create a low-maintenance, drought-tolerant, hurricane- and pest-resistant South Florida landscape. ✨



Sidebeak pencil flower is the larval host plant for the barred yellow butterfly photos by Gerri Reaves

**This small shrub is native to try areas and thus a good drought-tolerant choice for the home landscape**



## Shell Point Landscape Team Members Receive Certifications



Jeff Holmes, Wally Chamberlain and John Noone

**T**hree members of the landscape department at Shell Point Retirement Community have received two major certifications recently, helping to expand on the landscape and environment conservation expertise offered to the retirement community.

Jeff Holmes earned his status as a Florida Certified Horticultural Professional from the Florida Nursery Growers and Landscape Association (FNGLA). Holmes has been with Shell Point since April 2009, and is the ninth member of the landscape department to achieve this certification, which tested his knowledge on plant identification, plant biology, plant nutrition, plant disease and pest problems, plant usage in the landscape, irrigation practices, pesticide usage, and proper safety procedures.

John Noone and Wally Chamberlain both received certification as Certified Landscape Irrigation Auditors from the Irrigation Association, which is a national organization that promotes the careful use of water resources by emphasizing professionalism and efficiency in the use of irrigation methods and products. This achievement is already benefiting Shell Point by allowing them to locate irrigation zones on property that were able to be re-programmed to improve the distribution of irrigation of water which results in less water usage and healthier turf grass and plants.

Shell Point is a not-for-profit continuing care retirement community located in Fort Myers just off Summerlin Road. ✨

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## CROW Case Of The Week:

## Opossum Baby

by Brian Johnson



On July 12 Fort Myers resident Howard Firmiss called CROW about baby opossums whose mother had just died.

A U.S. postal worker was delivering a package at his

neighbor's house, and spotted the babies still hanging close to their mother. He got a box for the babies, and a CROW volunteer arrived within 45 minutes to pick up the orphans.

Six siblings enter the clinic.

"They weighed about 30 grams each, or less than an ounce," said CROW Veterinarian Dr. Amber McNamara. "They were a little cool, a little dehydrated, but they were all doing well. We gave them subcutaneous and oral fluids and prepared to raise them."

About 10 days into their stay at CROW, it was noted by clinic staff that one of the babies looked duller than the others and was suffering from swelling from the digits of the right front foot to the elbow.

"You could tell he didn't feel well," said Dr. Amber. "He had a spot on his palm that was draining - like an abscess. It was hard to know what had happened, but



Baby opossum

it looked like a bacterial infection, so we began antibiotics, anti-inflammatories and pain medication."

The baby received an extraordinary amount of care: staff tube-fed the marsupial five times per day in addition to the daily treatments of medicine.

Unfortunately the creature had to be removed from his brothers and sisters, intensifying his hard start to life. "Opossums are almost like cats in their desire to keep clean," said Dr. Amber. "They will constantly lick a wound. When there is an open wound in one baby we keep them separate."

However, once the wound had healed over, he was returned to the family circle.

"The swelling went down, he seemed to feel better. He looked great for two days... then his hand swelled up again."

They treated him with a new round of antibiotics, which reduced the swelling, but there was something wrong with his walking gait, perhaps a result of damage to his wrist joint from the infection.

It was decided to put a splint on his foot in an effort to provide stability, but he didn't react well to anesthesia so they terminated the effort in mid course.

This past Monday Dr. Amber experimented with different types of tape, gauze, and splinting material to give some stability to his foot and support to the joint. The opossum baby tried to chew them off as soon as he had a chance. "Sometimes the best plans end up in the bottom of the cage with wildlife."

Despite all his troubles, Dr. Amber is optimistic that he will be returned to the wild. CROW will keep him at least several more weeks to monitor the progress with his foot placement and continue to raise him.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from the Gulf Coast of Florida. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: [www.crowclinic.org](http://www.crowclinic.org).



Dr. Amber creates wrap for baby opossum's foot



Trying to chew off wrap Dr. Amber just put on

## New Tour Heightens 'Ding' Days Nature Photography Element

With its annual Amateur Nature Photography Contest and Student Photography Day and contests, "Ding" Darling Days at JN "Ding" Darling National Wildlife Refuge has always been about getting the big picture out in the wilds.

This year's "Ding" Days, October 17 through 23, adds a new dimension with a free Photography Tram Tour on Saturday, October 23.

As part of Conservation Art Day, the "Ding" Days finale, the tram tour departs at 3 p.m. for a two-hour, hands-on, on-wheels photo seminar along Wildlife Drive led by award-winning nature photographer Terry Baldwin.

Conservation Art Day begins at noon, and the first 30 signups at the refuge's tram booth that day can participate in the photo tour.

The day kicks off with cartoon portraits by Dave Horton and presentations by federal and junior Duck Stamp winners. It pays homage to the legacy of conservation art begun by refuge namesake, Pulitzer Prize-winning political cartoonist, and original Duck Stamp artist, JN "Ding" Darling.

Art day also features family nature art workshops and the announcement and a slide show of the 2010 Amateur Nature Photography Contest winners. Deadline for that contest is September 15. For more details, visit [www.dingdarlingsociety.org](http://www.dingdarlingsociety.org).

During "Ding" Days, a refuge outreach program brings middle school students from The Sanibel School and Cypress Lake Middle School to interact during their own private photography tram tours of the refuge.



An award-winning photo by Terry Baldwin, who will lead the new Photography Tram Tour

"It's a great opportunity to meet other students, learn photography skills from the experts, and focus - literally - on nature," said Supervisory Refuge Ranger Toni Westland, "Ding" Days committee co-chair. "We are so grateful to Bank of the Islands and Edison National Bank for sponsoring this tour and its contest awards in the two schools every year."

"Ding" Days celebrates National Wildlife Refuge Week and furthers the refuge's mission to get kids and adults reconnected with nature.

"Ding" Darling Wildlife Society-Friends of the Refuge, the U.S. Fish & Wildlife Service, and Tarpon Bay Explorers co-sponsor the event. Visit [www.dingdarlingdays.com](http://www.dingdarlingdays.com) for updates on events and to sign up for bulletins.

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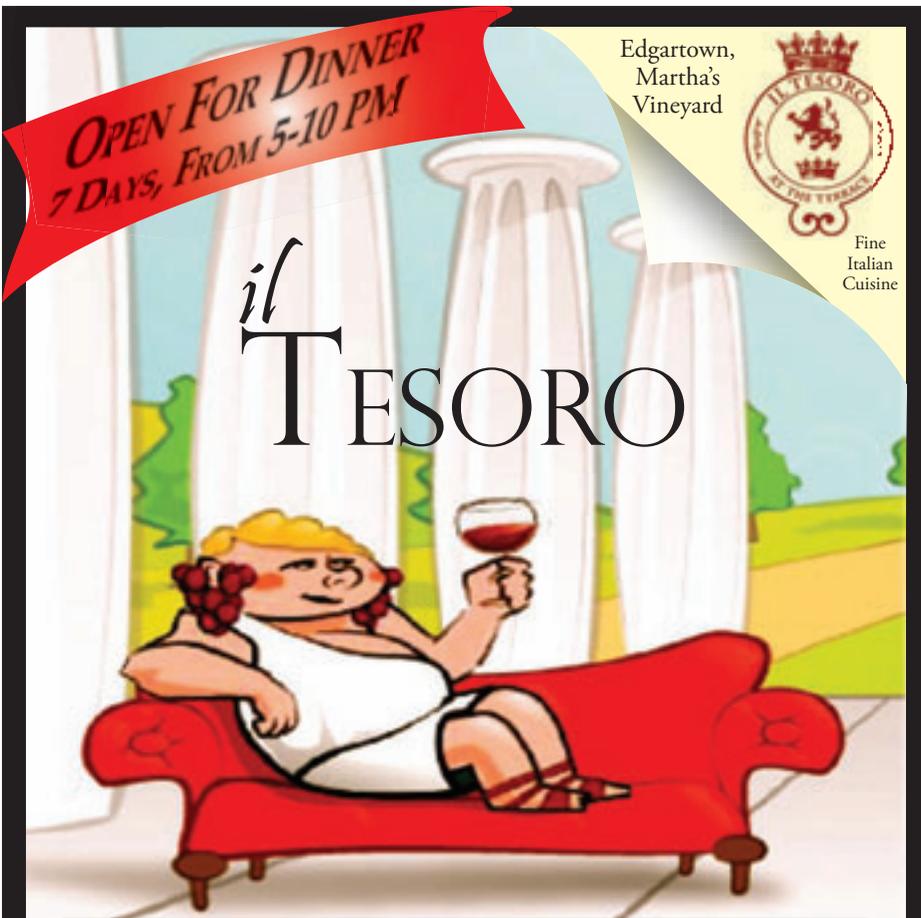
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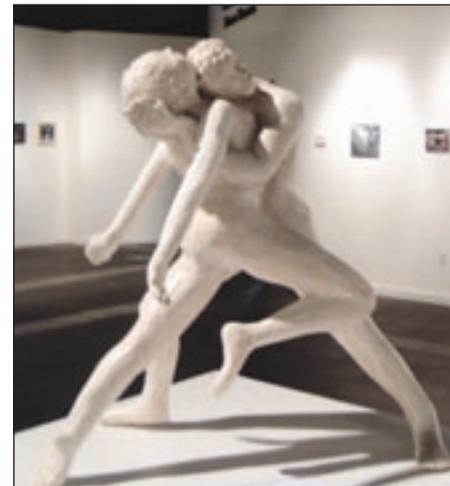
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From page 1

## Alliance Small Works Member Exhibit Opens



*Girl With Feathers* by Jamie Golob



*Sensual Dancing* by Eric Greenblatt

opportunity for artists at the Alliance and at area arts organizations. To browse the directory, visit the Alliance website, click on Artists then Call to Artists.

Exhibit hours are from 5 to 7 p.m.

The Alliance for the Arts supports the artists and arts organizations in the area as the state designated Local Arts Agency for Lee County. The Alliance for the Arts galleries are open from 9 a.m. to 5 p.m. Monday through Friday and from 9 a.m. to noon on Saturdays, located at 10091 McGregor Boulevard just south of Colonial Boulevard. Visit [www.artinlee.org](http://www.artinlee.org) for more details.\*



2010 Members Exhibition gallery view



*Row Boat* by Brian Willie

## Call For Artists

The Unitarian Universalist Church of Fort Myers in south Fort Myers invites artisans and crafters in all media to participate in its fourth annual

Arts & Crafts Holiday Fair on Saturday, November 6. There is a space fee but no percentage of sales is taken.

For more information or for a registration form, contact Nadine Sarlin at 390-1487 or e-mail [nadine.sarlin@gmail.com](mailto:nadine.sarlin@gmail.com). Registration deadline is October 1.\*

From page 1

## Exhibition For Polish Olympian Artist

The exhibit reflects the many passions of a dedicated and decorated athlete with five World Fencing Championships and the honor of competing in four Olympic Games: 1952 Helsinki, 1956 Melbourne, 1960 Rome, 1964 Tokyo and who won two silver (1956 and 1960) and one bronze medal (1964) in team sabre fencing.



**Wojciech Zabłocki**

Wojciech is a world renowned architect who has transferred his creativity into new arenas through watercolor painting. Many of his works were painted from life settings and all reflect on understanding of space.

Gallery hours are Tuesday to Saturday from 10 a.m. to 4 p.m., closed Sundays, Mondays and holidays.

For general museum information, visit [www.artoftheolympians.com](http://www.artoftheolympians.com). or call 332-5055.✪

From page 1

## Music Walk

national music talent to downtown Fort Myers venues. Organized by the same group of downtown business owners as ArtWalk, Music Walk celebrates the downtown music scene and creates an additional night of festivity in the River District.

The event will feature a wide range of musical styles and is designed to appeal to both young and old alike. The first Music Walk will feature everything from reggae, rock, and jazz to soloists and acoustic musicians at River District businesses. Street performers will also dot the downtown streets and segue between venues to help create a fun, musical atmosphere. Many venues will also feature wine tastings and monthly special events. Participating galleries will also feature their current art shows.

Music Walk Venues and Partners include: Red Rock Saloon, Spirits of Bacchus, Sidney & Berne Davis Art Center, HOWL Gallery, Space 39, daas Gallery, Cafe Matisse, French Connection Cafe, Enjewel, Happenings Magazine, Hotel Indigo, Twisted Vine Bistro (formerly H2 Downtown Bistro), Harborside Event Center, Coloring The World, City Tavern, Downtown House of Pizza, World Famous Cigar Bar, Hideaway Sports Bar, Morgan House, The Veranda Restaurant, What's Up Dogs, and the Indigo Room.

The event is organized with the help of Andy Howl of Howl Gallery, Roger DiCiccio of Red Rock Saloon, Suzy Lewis of Spirits of Bacchus, and Jamie Kuser of *Happenings Magazine*. Music Walk exists under the umbrella of The River District Alliance, a non-profit organization that helps create and manage downtown

events, unite existing business owners, and provide information for new businesses to open in the Fort Myers River District.

Highlights for the August 21 inaugural Music Walk include:

- Red Rock Saloon – Rock Music by AMOF, opening band TBA
- Spirits of Bacchus – wine tasting and music by solo guitarist Steve Farst
- Sidney & Berne Davis Art Center – Featuring New York reggae artist KY\_ENIE sponsored by King Leo Promotions
- HOWL Gallery – Classic punk and alternative music by Banana Logic on the

HOWL/Starbucks back patio.

- Space 39 – Featuring Kat Epple and her World Jazz Group.
- daas Gallery – Featuring guitarist Peter Taylor
- Cafe Matisse – Featuring acoustic musician Paul Goss.
- French Connection Cafe – Live music TBA.
- City Tavern – Live upbeat rock by Headcount – starts at 10 p.m.
- Enjewel – Wine tasting and music
- Hotel Indigo – Featuring Father Al and the Jazz Congregation on the rooftop lounge • starts at 6 p.m.

- Twisted Vine Bistro (formerly H2) – Classic rock by Patrick Jerome
- Coloring The World Gallery – Art and wine tasting
- World Famous Cigar Bar – Live music starts at 10 p.m. featuring Tom Wayne
- Hideaway Sports Bar – Live Music by Dave Barber, the Flamingo Kid
- Morgan House (new location on Patio de Leon) – Featuring Patrick Ocarrol
- Veranda – Live piano music by Gary Goetz

continued on page 25



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## Top Public Relations Honors



Susan Bennett

Susan Bennett Marketing & Media, LC, has won three statewide awards on behalf of its clients from the Florida Public Relations Association (FPRA).

The awards were presented for excellence in public relations at the annual FPRA conference at the Naples Grande Beach Resort August 10. It marks the 17th consecutive year that the firm has been recognized, having won more than 180 awards for campaigns on behalf of its clients.

Two Awards of Distinction and a Judges Award (for achieving maximum results using a minimum amount of

money) were presented for the following:

- Physicians' Primary Care of Southwest Florida – Award of Distinction in the Promotional/Marketing category for a two-year branding campaign, Let Our Family Take Care of Your Family, that included a new logo, strategic news announcements, sponsorships, advertising, newsletters, and website development. Physicians' Primary Care is the largest independent multi-specialty practice in Southwest Florida.

- Southwest Florida Addiction Services (SWFAS) – Award of Distinction and a Judges Award for Spend A Night In Instead of a Night Out, a donor thank-you campaign in which Stay At Home kits containing gift certificates for Domino's Pizza and Blockbuster movie rentals were sent along with popcorn, candy and moist towelettes to 300 super-busy donors. The entire campaign was underwritten by Edison National Bank, Domino's Pizza and Blockbuster Video, with no expense at all for SWFAS, which is a not-for-profit organization. SWFAS is the region's leader in substance abuse prevention and treatment and treats 6,000 people per year for alcohol and drug addiction.\*

## September At Lakes Regional Library

Next month's roster of activities at Lakes Regional Library offers free activities for all ages. public:

### Adults

English Café, 6 p.m. Mondays, September 13 and 20. Practice your English with this conversation session

for adult ESOL and ESL students. Each 90-minute session provides an opportunity to practice speaking English with native speakers. Participants may start at any time. Advanced registration is not necessary.

Wii Bowling for Adults, 10 a.m. Thursday, September 16. No heavy balls to lift, and just as much fun. Sponsored by the Friends of Lakes Regional Library. Registration is required.

Book Discussion: Helen Simonson's *Major Pettigrew's Last Stand*, 2 p.m. Tuesday, September 21. In the small English village of Edgecombe St. Mary, retired war hero Major Ernest Pettigrew is enjoying the quiet life. However, when his brother's death coincidentally sparks a friendship with Mrs. Jasmina Ali, the village's only Pakistani shopkeeper, Major Pettigrew finds himself falling in love. But when small-town bigotry taboos his relationship, Major Pettigrew is left to decide if happiness is worth a ruined reputation. Registration is requested.

### Family

Toddler Storytime, 10 a.m. Wednesdays, September 1, 8, 15, 22, 29, 10 a.m. Tuesdays, September 7, 14, 21, 28. Children two years old and their caregivers participate in song, fingerplays and short stories and depends on adult participation and encouragement. Toddler storytime lasts approximately 30 minutes. Registration is required.

Family Storytime, 11 a.m. Wednesdays, September 1, 8, 15, 22, 29. This program is for the whole family and lasts about 30 minutes. Registration is required.

Baby-Parent Rhyme Time, 10 a.m. Mondays, September 13, 20, 27. This 20-minute program is filled with songs designed to introduce rhyming and movement to infants. Registration is required.

### Children and teens

Shark Tales, 10:30 a.m. Saturday,

September 4. Dive into the fun of an under-the-sea adventure with your favorite creatures of the deep. A craft will follow. For ages 2-5. Registration is required.

Preschool Storytime, 11 a.m. Tuesdays, September 7, 14, 21, 28. Preschoolers (ages 3 to 5) attend this storytime independently while parents or caregivers wait nearby in the library building. This storytime includes activities that require more participation and a longer attention span. Each preschool storytime lasts about 30 minutes. Registration is required.

Kids Read Down Fines, 2-3 p.m. Saturday, September 18. Children and teens can earn a \$2 coupon for every 15 minutes of reading during the allotted time in the designated area of the library. For ages 18 and younger. Coupons may be applied to cards issued to patrons age 18 and under only.

The Book vs. the Movie: *Guardians of Ga'hoole - The Capture*, 4 p.m. Wednesday, September 22. Join us as we pit this book about dueling owls against the upcoming movie. We'll start with a book discussion on September 22 and then meet up on Friday, September 24 for the opening night of the movie. The movie time and location will be determined at the discussion. Patrons are responsible for their own ticket cost and transportation. For grades 3-5. Registration is required.

Lakes Regional Library is located at 15290 Bass Road in Fort Myers. For more information about a program or to register, call 533-4000. Check the web site at <http://library.leegov.com>, or pick up an events calendar on your next visit, to find out about programs at other locations.\*

### Financial Focus

## Can You Save For Retirement And College?



by Jennifer Basey

As another school year approaches, you may be thinking about the day you'll be sending your children off to college. Can you afford to help them pay for school while still saving for

your own retirement?

There are many strategies to explore when saving for your retirement and your child's education. To implement the right mix of options, it's important to discuss your situation with a professional financial advisor, but here are some things to consider:

- Contribute to your 401(k). Since many people don't have unlimited funds available to save for retirement and college, it's important to get the most mileage possible from the money invested. Try to utilize the tax-advantaged retirement accounts available to you. For

starters, contribute as much as you can afford to your 401(k) or other employer-sponsored retirement plan. Not only can your earnings grow on a tax-deferred basis, but your contributions are generally made with pretax dollars, so the more you contribute, the lower your annual taxable income – which, in turn, could give you more disposable income to invest for college. In 2010, you can contribute up to \$16,500 to your 401(k), or \$22,000 if you're 50 or older.

- Fund your IRA. Depending on your income level, your contributions to a traditional IRA may also lower your taxable income, again potentially freeing up resources for college. Plus, your earnings can grow tax deferred. If you qualify for a Roth IRA, your contributions are not tax-deductible, but your earnings grow tax free. Withdrawals are also tax-free, provided you've held your account at least five years and you don't start taking withdrawals until you're at least age 59½. Also, you can withdraw Roth IRA contributions without paying taxes (since you've already been taxed on this money), so you could use these funds, if necessary, to help pay for college costs, although ideally you'd like to leave your account untouched until you retire. If eligible, you can contribute up to \$5,000 to your traditional or Roth IRA in 2010, or \$6,000 if you're 50 or older.

- Open a 529 college savings plan.

Contributions are made with after-tax dollars. However, when you contribute to a 529 plan, your earnings grow tax free. Withdrawals are also tax-free, provided they are used for qualified higher education expenses. (Withdrawals for expenses other than qualified higher education expenditures may be subject to federal and state taxes plus a 10 percent penalty.) Furthermore, 529 plan contributions may be eligible for a state tax deduction or credit in certain states for residents who participate in their own state's plan. Also, the lifetime contribution limits for 529 plans are quite generous, and you can gift \$13,000 per year per beneficiary, without incurring gift taxes. To make

sure you understand the tax ramifications of a 529 plan, you'll want to consult with your tax advisor.

It may not be easy to put away as much as we'd like for retirement and college. But you do have some attractive savings and investment options. Don't delay, because when saving for any goal, time is a great ally.

Jennifer Basey is a financial advisor in Fort Myers. She can be reached at [jennifer.basey@edwardjones.com](mailto:jennifer.basey@edwardjones.com).\*

## FGCU Job And Internships Fair

Florida Gulf Coast University's Career Development Services is hosting a Part-Time Job and Internships Fair for the public from 11 a.m. to 3 p.m., Wednesday, September 22, in the Student Union Ballroom on campus.

The event is an opportunity for employers seeking students for part time jobs or internships. Participants can meet multiple candidates in one day, take applications and conduct on-the-spot interviews. Last year, over 600 students attended the fair. Attendees will have the opportunity to meet FGCU students and alumni seeking part time jobs and/or internships.

Register online at [http://www.regonline.com/fgcu\\_part\\_time\\_fair](http://www.regonline.com/fgcu_part_time_fair). Deadline to register is September 15. For more information, call 590-7946 or log onto <http://studentservices.fgcu.edu/careers>.\*



**Marinated Rock Shrimp Rice Salad**

**Salad**  
 2 cups steamed rice  
 ¼ cup green pepper, finely diced  
 ¼ cup cucumber, chopped  
 ¼ cup celery, diced  
 ¼ cup red onion, diced  
 1 pound rock shrimp, cooked and peeled  
 ½ cup Italian vinaigrette dressing  
 4 medium tomatoes  
 Romaine lettuce, shredded  
 In a large bowl, combine all ingredients except tomatoes and lettuce. Toss to coat well with dressing; cover and chill for one hour or overnight. Core the tomatoes and cut into wedges from the top to within ½-inch from base of tomato to make a cup. Spoon shrimp rice salad into tomato centered on a bed of shredded lettuce. Serve with additional vinaigrette dressing.  
 Yield: four servings.  
 Nutritional value per serving: calories 332, calories from fat 61, total fat 7g, saturated fat 0.5g, trans fatty acid 0g, cholesterol 172mg, total carbohydrates 40g, protein 27g, omega 3 fatty acid 1g.  
 Look for Fresh from Florida ingredients at your grocery store.✽



Marinated Rock Shrimp Rice Salad

**Estero Job Fair Will Have 22 Firms**

Estero United Methodist Church will host Hands Full of Hope Job Fair on Saturday, September 4 from 10 a.m. to 2 p.m.

Twenty-two firms will be on site seeking employees for their organizations. With so many persons out of work today, the church is encouraging its followers to support this crucial offering for area residents. Nearly 50 volunteers will be participating in the event. Among the employers who plan to attend are Costco, Florida Highway Patrol, JC Penney and Lowe's.

In addition to seeking interviews with on-site employers, job seekers will have an opportunity to receive free blood pressure tests from a team from the Edison State College School of Nursing. And the Elections Office of Lee County will provide voter registration services. Leading the church volunteer team are Melanie Salava and Jim Jacoby.

The church is located at 8088 Lords Way, off Tamiami Trail (Route 41) and Broadway Avenue, just north of Corkscrew Road. Free parking is available.

For more information about the fair, call the church at 992-5516, or go to [www.esteroumc.com](http://www.esteroumc.com).✽

**North Park Community Center**

North Park Community Center in North Fort Myers offers a Fitness Strength Training & Toning Class for \$28 per month. Classes take place every Tuesday and Thursday from 8:45 to 9:45 a.m. for ages 18 and up.

Safely build muscles and tone your body through a variety of stretches, basic squats, lunges, bicep curls (using light hand weights and ankle weights if desired), and push-ups.

- Session 7 runs September 7-30
- Session 8: October 5-28
- Session 1: November 30 to December 21
- Session 2: January 5-27

North Park's Club Rec. After School Program is \$100 per semester and takes place from 2:30 to 6 p.m. for children eight to 12 years old.

The program includes homework time, organized activities, environment, crafts, teamwork and nature.

- Session 1: August 23 through December 17
- Session 2: January 3 through June 10.

The North Fort Myers Community Center is located at 2021 North Tamiami Trail. Call Christine Susterich at 652-4512 for more information. To register, call 533-7440 or go to [www.leeparks.org](http://www.leeparks.org).✽



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# Palmer, Nicklaus, Miller And Watson Compete Together For First Time In Rust-Belt Golf Course Dedication

by Ed Frank



In Benton Harbor, Michigan, one of the most poverty-stricken, economically-ravaged cities in America, golfing history was made last week when legends Arnold Palmer, Jack Nicklaus, Johnny Miller and Tom Watson played together as a foursome for the first time competing for a \$1 million purse – all donated to charity.

On a trip north, we had the opportunity to watch this historic match as these iconic athletes dedicated the Nicklaus-designed Golf Club of Harbor Shores.

This unique links course is the cornerstone of a 530-acre beach and golf resort community that hopefully will serve as the major economic stimulus for Benton Harbor's transformation – a city racked by dou-



Golfing legends, from left, Jack Nicklaus, Arnold Palmer and Tom Watson, discuss Nicklaus' new course, The Golf Club at Harbor Shores, following their \$1 million match to dedicate the unique course



At 80 years old, Arnold Palmer lines up a birdie putt at the new Golf Club at Harbor Shores in Benton Harbor, Michigan, while partner Tom Watson looks on

ble-digit unemployment, empty factory buildings and plummeting home values.

Nicklaus, who has designed nearly 300 golf courses throughout the world, said this project is "very, very special." He added, "To change a community through golf is something I am very proud of."

More than 5,000 fans paid \$50 each to watch the match that will be aired on CBS next spring on the Saturday of the Masters.

As the four Hall of Famers, who combined have nearly 200 PGA tournament victories, stepped to the first tee, Nicklaus commented, "There was an old factory building right where we're standing."

He later told a press conference that at first glance he wasn't sure he could carve out 18 holes of golf on the site that included toxic waste, dumps, abandoned buildings, wetlands, dunes and the Paw Paw River.

But Nicklaus and his imaginative team created this links gem from a rustbelt that already has been selected for the 2012 and 2014 Senior PGA championships.

Harbor Shores will remain a public facility under a public-private non-profit ownership that will contain homes, Lake Michigan beaches, a Jack Nicklaus Golf Academy, commercial facilities and a hotel.

Breathtaking views around the 18 holes. The par-five, 578-yard ninth hole, with the tee perched 60 feet above the fairway and Lake Michigan as a backdrop, is an unforgettable challenge.

The 10th hole, however, another par-five, serves as the course signature hole. The three-tiered green of nearly 10,500 square feet resembles a roller coaster.

Nicklaus and Watson were paired against Palmer and Miller for the middle six holes of the rotating team scramble. Playing from the front edge of the lower level of the green, with the cup on the top level six feet higher and 100 feet away, Miller grabbed a lob wedge for an unorthodox shot.

That put Nicklaus into action.

"I was trying to save the green," Nicklaus laughed at the press conference. "Johnny was calling for his lob wedge. He was going to take a big divot out of the green."

So Nicklaus went over to show Miller how to play the shot as a putt. He smacked the ball up the steep incline, through a double break, and into the cup.

The roar of the crowd reverberated for miles.

"The putt wasn't that tough," Nicklaus laughed. "For it to go in was a big freak of luck. That was my biggest kick all day."

In sweltering 90-degree heat and

continued on page 25

## Tampa Bay Rays Hold Fort Myers Day Event

The Tampa Bay Rays will be attending the fourth annual Fort Myers Community Day at Tropicana Field, St. Petersburg on Sunday, August 29, at the new time of 8 p.m. when the Rays take on the Boston Red Sox on ESPN's Sunday Night Baseball.

The Rays are celebrating 13 years of major league baseball in Tampa Bay and wish to salute the Fort Myers area and its fans for their continued support. Fort Myers Mayor Randall P. Henderson Jr. will be throwing out the first pitch.

The first 10,000 children 14 and under will receive a Raymond Pool Tube.

Tickets are \$25 and there are several options to get them:

- At the Fort Myers Skatium, 2250 Broadway call 239-321-7510.
- Visit [www.raysbaseball.com/fortmyers](http://www.raysbaseball.com/fortmyers) and enter FTMYERS as the passcode.
- If you don't want to drive to St. Petersburg, ride in a chartered bus and get a ticket to the game for \$60. For tickets, visit the Hideaway Sports Bar in the Historic River District at 1418 Dean Street, Fort Myers, or call 337-9966.

• Groups of 20 or more get a special discount plus a welcome on the scoreboard.

Call Dan Newhart at 727-825-3293 or email [dnewhart@raysbaseball.com](mailto:dnewhart@raysbaseball.com) to get group tickets.\*



Heidi Taulman, executive director of Lee BIA Builders Care (right) receives a check for \$5,283 from Ferguson representatives. From left: Susan Bennett, PJ Anzalone, Greg Bennett, Lindsay Hayes, Chuck Thornton and Steve Wilkerson

## Ferguson Golf Tournament Nets Cash For Builders

Ferguson hosted its second annual charity shootout golf tournament at Tiburon Golf Club in Naples on July 17. All proceeds of the event went to Builders Care, the nonprofit arm of the Lee Building Industry Association (BIA) to help provide emergency construction services to elderly and disabled Lee County homeowners in need.

More than 100 participants vied for the naming rights of top team and the winning prizes of four HP mini computers. Raffles and other activities also

helped to raise money.

After the scores were tallied, Ferguson representatives presented a check for \$5,283 to Heidi Taulman, executive director of Lee BIA Builders Care.

Sponsors included Ferguson, Moen, Jenn-Air, Franke, ThermaSol, Mid Continent Cabinetry, Oatey, Jacuzzi, Basco Shower Enclosures and Progress Lighting.

Headquartered in Newport News, Virginia, Ferguson is ranked by trade publications as the country's largest wholesale distributor of plumbing supplies. Ferguson has sales of \$9.1 billion and 17,000 associates in all 50 states, the District of Columbia, Puerto Rico, Mexico and the Caribbean.

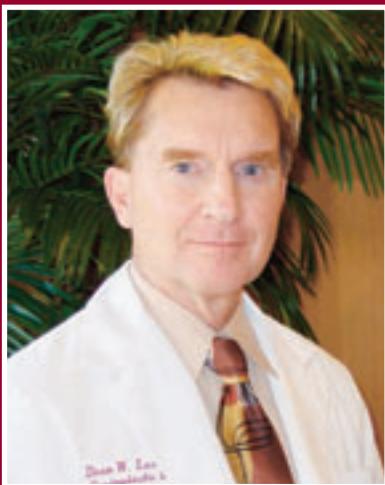
More information is available by calling 938-0056.\*



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- When you play tennis, do you have trouble serving?
- Do your eyelids feel heavy?



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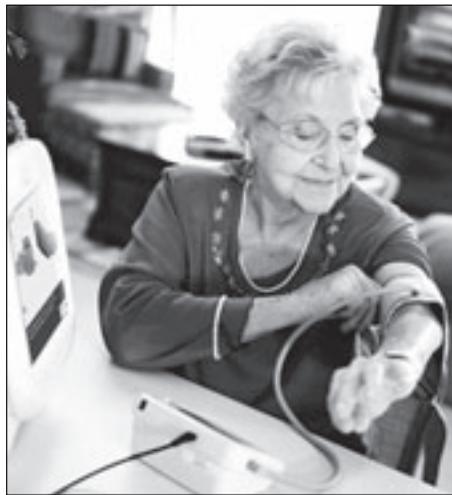


**After**



[www.EyelidsOnly.com](http://www.EyelidsOnly.com)

## Innovative Home Care Technology Makes Life Easier, Better For Seniors



A patient uses the Intel 2

courtesy Intel Corp



Hope PACE client David Lamb

**I**t's 11 am. Have you checked your blood sugar today?" David Lamb, a Hope PACE (Program of All-inclusive Care for the Elderly) client, is being asked that question by a small electronic device on his desk, in the comfort of his own home.

Technology is often perceived as impersonal. At Hope PACE, the opposite is true.

The device is the Intel Health Guide, a web-based healthcare management tool designed to help chronically ill clients maintain their independence, remain in their own homes, and make fewer trips to the doctor's office and the hospital. It assists Hope's care professionals in more frequently monitoring their clients by keeping them connected.

Hope PACE was one of the first healthcare programs in the country to conduct a pilot program using the system and is now providing it to clients.

Special devices connected to a small computer enable caregivers to remotely check vital signs such as blood pressure, blood sugar, weight and pulse. The client and their caregiver can communicate "face-to-face" through videoconferencing. If the client needs more information, an educational video will appear at the press of a button.

"The system is our gift of convenience and peace of mind to those in our care who are chronically ill," said Hope President and CEO Samira K. Beckwith.

Lamb is told that his blood sugar level is on the low side. He is asked, "What have you eaten today?"

For diabetics like Lamb, cut and wound care is also important. The client simply shows the affected area to the built-in high-resolution camera, and a Hope nurse can make an evaluation.

"I've been using the system for six months," Lamb said. "It is amazing. As it checks me out, if I'm having a problem, it tells me what to do. I can talk with a nurse when I need to. It gives me a real feeling of security. If you have any kind of chronic illness, this is the way to go."

Lamb is one of many clients currently enrolled in Hope PACE. The program is a total healthcare solution for seniors who want to live as independently as possible in their own homes. Each client receives comprehensive at-home care that meets their own needs.

To be eligible, individuals must be 55 or older; reside in Lee County, have health problems that qualify them for nursing home care; and are able to live safely in the community. Costs depend on the participant's Medicare and Medicaid eligibility. A new Hope PACE center for residents in Charlotte County is expected to open in September.

Hope PACE is one of the organization's eight specialized programs for those with needs related to a life-changing illness. Beckwith said, "We are already identifying ways to apply the system to our other care programs so that more people will benefit. We want to share all of our innovations with everyone in need."

For more information about Hope PACE, call 1-866-659-7223 or visit [www.hope-hcs.org](http://www.hope-hcs.org).



Intel 2

courtesy Intel Corporation

## Mom And Me



by Lizzie and Pryce

**L**izzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

### Dear Mom & Me,

My dear aunt has always been a very vibrant person. She never married, had a very successful career and retired at 70.

After retirement she seemed to change, lost interest in many activities that she formerly liked and gradually seemed to go downhill. I tried to help her, but she was not interested in any of my help and became openly hostile at times. I heard from others that her friends were now ignoring her because she was "too difficult." After two years she sold her house and moved into a nice retirement complex.

I have renewed contact with her and she is now her old self – and would like to move out. The question is, what do you think happened? I can't ask.

Eva

### Dear Eva,

Your aunt may have had a bout of depression after her retirement. The change to retirement lifestyle can be a drastic experience for some people – not the fun-filled days of the golden years that some articles would have us believe. She could have been ignoring her diet, living on tea and toast and just couldn't be bothered watching her nutrition. When she moved to the retirement complex she had medical intervention, regular nutritious food and social activity.

Many people thrive in this type of environment and their retirement years do become the fun-filled days of the golden years.

Lizzie

### Dear Eva,

Often individuals living in an assisted living complex feel better, look better and are healthier.

They feel so much better that they desire to return home because they know that they are "better." Unfortunately, for some of these people they return to the same environment that caused their problem. The best analogy is taking blood pressure medication. A person who has high blood pressure can feel terrible. The physician prescribes medication and the blood pressure returns to normal and the person feels better. When he or she starts to feel better they want to stop taking their medication and they do not connect

that it is the medicine that is causing the improvement.

Some people feel better in supportive living because they are receiving proper care. You really cannot prevent your aunt from returning home. If she chooses to leave there should be a return plan if her previous problem arises.

Pryce

Lizzie and Pryce's email address is [momandmeaging@hotmail.com](mailto:momandmeaging@hotmail.com).

## Spanish Workshop For Health Professionals

**T**he FGCU Office of Continuing Education & Off-Campus Programs is offering Spanish for Health & Human Services Professionals, an interactive four-session program. Participants will learn introductory Spanish phrases, progressing to terminologies, vocabulary and dialogues specific to health and human services professionals.

Instructors for the course are Genelle Grant, program director for GRACE Project (Guatemalan Rural Adult and Children's Education) in Fort Myers, and Chris Gallagher, program manager for FGCU's Continuing and Off-Campus Programs Division.

The workshop will be from 9 to 11 a.m., Saturday, September 11 and 25 and October 9 and 23 at Atrium Executive Center, 8695 College Parkway, Suite 1181, Fort Myers.

Attendees will learn about Hispanic cultures, gaining insights related to successful communication, understanding of ADLs, food practices, symptom management, birth and death rituals, family relationships, spiritual and religious orientations, illness beliefs and health practices.

The program offers eight contact hours provided by FGCU, Continuing Education & Off-Campus Programs through CE Broker and the State of Florida's Boards of Nursing (ARNP, RN, LPN, Clinical Nurse Specialist, CNA); Clinical Social Work, Marriage and Family Therapy & Mental Health Counseling; Psychology; Respiratory Care; Midwives; and Florida Council on Dietetics and Nutrition.

Cost is \$100, plus minimal charge for workbook.

For more information or to register, call 425-3277 or go to <http://registerce.fgcu.edu>.

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Dr. Dave

## Remarkable Craniums



by Dr. Dave Hepburn

**R**emember the kid in school with the really big head. A forehead that jutted so far out that ravens perched on his shnozz for shade. Usually sat in front of you during assembly. Remember assembly? You might not, but chances are ol' coconut cranium probably does. And then again, remember that pinhead in school. Get in a fight with him and it was tough to knock him down because you could never actually hit his head even though you would throw a punch directly at it. (I appreciate that many of you went to school to learn stuff but I went to a school so rough that if you didn't set off the metal detectors on the way in they would hand you a switchblade or a crowbar.)

A new study suggests that Alzheimer's disease develops slower in people with bigger heads, perhaps because their larger brains have more cognitive power in reserve. My own theory is that a larger melon means a larger gravitational field. The pull of gravity is so much stronger

that, should a memory try and flee planet Bert, the gravity sucks it back in, not unlike what a vacuum cleaner does to my cat whenever I get the chance. But I may be mistaken.

A century ago, some scientists believed that the shape of the head held secrets to a person's intelligence and personality. While those views have been since discounted, today, research suggests that there may, in fact, be "modest correlations" between brain size and smarts.

My theory is that this is true because if you look at the Muppets, the articulate Big Bird with a big bird brain so big that ravens could nest in his frontal lobe, knows all the letters of the alphabet and several numerals as well. Meanwhile, Beaker, with a head the size of a sock, is not exactly the crispiest Muppet in the lab. And it is well known that fellow Wisequack, Rob Sealey, has a tiny wee noggin. I may be mistaken but I don't think so.

The Incas used to cut off the heads of their loved ones after they'd died or during mating season or after a Stones concert and then remove the bones from the head via the stump of the neck. This would preserve their boneheads for the future and let them see if Frank actually had any thoughts worth preserving. (These head shrinkers today are known as Dr. Smyrkobscujbanderanklshfsky over at "the Institute.") Although this really has no bearing on the focus of this article I bring in this head shrinking concept simply for gratuitous violence and humour. This may be a mistake.

There could, however, be a connection between the size of the brain and how many neurons are available to "pick up the slack" when others shrivel up because of diseases such as Alzheimer's or, in the case of men, wading slowly into an ice cold lake.

In one study of 270 patients with Alzheimer's, investigators looked for links between brain shrinkage, head circumference (an indicator of brain size) and the progression of their disease. After adjusting their results so they wouldn't be thrown off by factors such as age, ethnicity and really bad sinus infections, the researchers found that patients with larger head sizes tended toward LESS brain atrophy and their dementia was, in fact, less advanced. What's going on? One possible explanation is that larger heads, and therefore larger brains, contain more nerve cells and connections between cells.

More brain cells have to die, therefore, before the threshold is crossed where brain damage leads to cognitive impairment and other symptoms of dementia. The study suggests that three things are connected: brain size, the shrinking of the brain and the progression of Alzheimer's disease.

Is this useful for you to know? Not really except:

Think about doing some head/skull expanding exercises like flying at Mach 7 with test pilots, upside down.

Think twice before mating with an ancient Inca.

Think three times before attending Nepean High School without a machete.

Think even more before measuring the circumference of your pumpkin because you might be bitter and dismayed should you discover that your head is smaller than that of a dead Inca or even Rob Sealey meaning you would get depressed and come and wait in my office to get antidepressants which may make you feel better but as an unexpected side effect could render you overly euphoric causing you to want to fly like a raven up the nose of a local Muppet or the mayor and cause you to nest in his frontal lobe and that would simply be... a big mistake.

(To learn more about Dr Rob Sealey and his remarkable cranium go to [www.wisequacks.org](http://www.wisequacks.org).)

*Like the column? You'll LOVE the book the Doctor is In(sane) available at Sanibel Island Bookshop. You can also reach Dr. Hepburn via [www.wisequacks.org](http://www.wisequacks.org).*

*Dr. Dave is co-host of Wisequacks, a national radio show that can be heard every Saturday at 1 p.m. EST - best heard in Florida over the Internet on CKNW. He is also a motivational speaker and travels throughout the U.S. and Canada speaking on the exciting new revelations in the world of health and wellness. The Best of Africa tour awaits those who have always wanted to stroll on the Serengeti in September. To laugh like a hyena with Dr. Dave and the hyenas and get hip with Hepburn and the hippos call 1-888-432-8344 and/or go to [www.wisequacks.org](http://www.wisequacks.org).*

dearPharmacist

## More Support For Candida Sufferers



by Suzy Cohen, RPh

**Dear Readers:** This column is the third (and final) in the series I promised you for the subject of yeast overgrowth (*Candida albicans*) which can cause many diseases. Thousands

of you have written and although there were many good queries, here are the two most frequently asked questions I received, along with my answer.

What are candida die-off symptoms and how can I minimize the discomfort? Candida die-off is also known as the Herxheimer reaction. As large amounts of yeast die, the organism dumps its toxic contents into your system, thereby overloading your detoxification pathways. This causes some pretty challenging symptoms including brain fog, intense sugar cravings, fatigue, headache, joint and muscle soreness, gas/diarrhea, blurry vision, irrational anger or 'flu-like symptoms. Itchy, irritated, inflamed skin is quite common, and maddening.

One of the most comprehensive

formulas I have found is Dr. Ohhira's Propolis Plus which contains Brazilian propolis (bees make it) along with flax oil, prebiotics, probiotics, Vitamin E and a powerful body-cleanser called astaxanthin. The combination can be soothing for anyone with irritated skin.

Enzymes that help break down the yeast and rid the body of toxic by-products can be enormously helpful for individuals experiencing candida infection and/or die-off reactions. The formula that I recommend for this is Enzymedica's Candidase which is sold at health food stores nationwide. It contains cellulase which is an enzyme the body needs (and does not make) that kills yeast by destroying the cell wall, composed of cellulose. Candidase also contains protease, known worldwide to support the body's healing process by getting rid of yeast and immune complexes which cause illness and inflammation.

What foods should I avoid and how should I eat?

- Anything with sugar, because sugar is food to fungus.
- Anything made with yeast such as bread, muffins, pastries, etc.
- All grains and starches (at least at the outset of your diet) such as pasta, rice, corn, wheat, quinoa, amaranth, millet, buckwheat, oats and barley.

I recommend the diet plan outlined by one of the world's leading authorities on fungus, Doug A. Kaufmann, who wrote eight books on it! He's also the host of one of the most popular holistic health shows in America, *Know the Cause*.

Kaufmann has researched the subject of fungus-induced disease and mycotoxins for decades and helped millions of people get back to health so I always tell people to follow his Phase One diet plan explained in *The Fungus Link* and eat recipes in the book, *Eating Your Way to Good Health*, which he authored with Jami Clark, RN. There are free recipes and television programs about candida archived at his web site, [knowthecause.com](http://knowthecause.com). Check out [candidasupport.org](http://candidasupport.org) and for more healthy recipes try *Candida Albican Yeast-Free Cookbook* by Pat Connolly.

### DID YOU KNOW:

United States health officials are warning doctors and patients about Lamictal, a drug used to treat bipolar and seizure disorders. Apparently, there is some evidence that suggests it may cause aseptic meningitis.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered*

*pharmacist. To contact her, visit [www.dearpharmacist.com](http://www.dearpharmacist.com).*

## Making Strides Against Cancer

The American Cancer Society invites the public to attend the 2010 Kick-Off Breakfast on Thursday, August 26 at the Clarion Hotel from 7:30 to 9 a.m.

Anyone can attend for breakfast, learn about the new Regional Breast Care in Lee County, and register a team for the cancer walk on October 23.

Everyone attending the kick-off will be entered into a drawing for two JetBlue Airlines round-trip tickets.

Make the reservation by August 23 by calling Sharon Ivy at 936-1113 ext. 3912.



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## Blood Drive Inside The Edison Mall

Lee Memorial Blood Centers is hosting a blood drive at the Edison Mall in front of Dillard's on Friday, August 20 from 10 a.m. to 8 p.m. Donors will receive coupons for a free Chick-Fil-A sandwich, free Starbucks coffee or tea, free six-inch Subway Sub, free Rita's Ice and a buy one-get one free Friday Night Prime Rib Buffet or Sunday Brunch at the Hilton Garden Inn. Donors will also receive cookies and juice.

Additional discount coupons will be given out for Auntie Anne's, Mia & Maxx, Maki of Japan, Hannoush Jewelers, a Yankee Candle air freshener and coupon, Rack Room Shoes, as well as a T-shirt and lunch bag.

All blood collected remains in the Lee Memorial Health System, which uses 500+ units of blood each week. With both The Children's Hospital and the only trauma center within a five-county area, the need for blood locally remains constant, and needs to be replenished daily. All blood types are currently needed.\*

To advertise in *The River Weekly News* Call 415-7732

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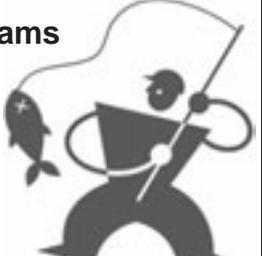
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From page 20

## Ed Frank

humidity, Palmer, at 80, obviously didn't have the distance of his younger counterparts, Nicklaus, 70, Miller, 63, and Watson, 60.

The "youngsters" walked most of the course, joking with the crowd, while Palmer rode in a cart. But Palmer still thrilled Arnie's Army when he dropped a birdie putt on the par-four eighth hole.

The \$1 million purse was donated by the Whirlpool Corporation which is headquartered in Benton Harbor. The biggest share, \$393,750, was earned by Watson, followed by Nicklaus at \$281,250, Palmer, \$168,750, and Miller, \$156,250.

The \$1 million was given to kick-start a \$6-million capital campaign to build a new facility for the Boys & Girls Club and the First Tee of Benton Harbor.

The day began with a 45-minute instructional clinic conducted by the four. And it ended with a prediction by the sometimes-controversial Miller who told Nicklaus:

"I don't think Tiger will break your record, referring to Nicklaus' 18 major championships.

Perhaps he's correct. Woods finished a distant nine strokes behind last week's PGA winner Martin Kaymer and went zero for four in this year's major championships.\*

From page 17

## Music Walk

• Indigo Room – Live rockabilly music by Memphis 56.

Music starts at 7 p.m. unless otherwise noted.

Visit the Fort Myers Music Walk website for a musician directory, list of venues and community forum at <http://www.fortmyersmusicwalk.com>.\*

From page 13

## Theatre Conspiracy

is the playwright in residence. New theater projects include commissioned plays with Indiana Repertory, Cornerstone Theatre Company in Los Angeles, and People's Light & Theatre Company in Philadelphia. Still is also a two-time Emmy nominee, and Humanitas Prize finalist.

*Searching for Eden* will play through September 4. Performances are Thursday, Friday and Saturdays at 8 p.m. with one Sunday matinee on August 29 at 2 p.m. Tickets are \$18 or \$10 for students. Opening night August 20 is "pay what you will" where you name the ticket price. Thursday performances are buy one ticket, get the second ticket at half price. Call Theatre Conspiracy's box office at 936-3239. Tickets can also be purchased on-line at [www.theatreconspiracy.org](http://www.theatreconspiracy.org).\*

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# PUZZLE ANSWERS

## SUDOKU

5	2	7	8	9	4	3	6	1
9	4	6	5	3	1	7	8	2
8	3	1	6	2	7	9	5	4
7	6	8	3	1	5	2	4	9
2	1	5	9	4	8	6	7	3
3	9	4	7	6	2	8	1	5
1	7	9	2	5	6	4	3	8
6	5	2	4	8	3	1	9	7
4	8	3	1	7	9	5	2	6

## SCRAMBLERS

*solution*

1. Erase; 2. Dough; 3. Traffic; 4. Doctor

*Today's Word:*

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## TRIVIA TEST

1. GEOGRAPHY: What is the capital of Arkansas?
2. LITERATURE: Who wrote the novel "Captains Courageous"?
3. MOVIES: Who plays the title character in "Nanny McPhee"?
4. ANATOMY: The temporal bone would be found in what part of the human body?
5. MEASUREMENTS: How long is a cubit?
6. ASTRONOMY: Which planet in our solar system is closest in size to Earth?
7. MUSIC: What is a doxology?
8. INVENTIONS: Who invented Velcro?
9. LANGUAGE: What does the phrase "a skeleton in the closet" mean?
10. ADVERTISEMENTS: What kind of product did the animated character Toucan Sam sell?

## ANSWERS

1. Little Rock 2. Rudyard Kipling 3. Emma Thompson 4. The skull 5. The length of a forearm 6. Venus 7. Hymn of praise 8. George de Mestral 9. A scandal that is kept secret 10. Kellogg's Frost Loops.

## SPORTS QUIZ

1. In 1936, Brooklyn catcher Babe Phelps hit .367, but was second in the race for the N.L. batting title. Which future Baseball Hall of Famer beat him out?
2. Entering 2010, how many consecutive major-league seasons had Seattle's Ichiro Suzuki collected at least 200 hits?
3. True or false: Brett Favre has had two losing seasons as a starting quarterback in the NFL.
4. Two Big Ten players won the John Wooden Award during the 1990s as the top male college basketball player. One was Glenn Robinson of Purdue (1994). Who was the other one?
5. In 2010, Buffalo's Lindy Ruff moved into third place on the list of most games coached with one NHL franchise (984). Who are the top two on the list?
6. Name the first U.S. woman to win a world title in the luge.
7. Which golfer holds the PGA record for most consecutive tournaments won?

## ANSWERS

1. Paul "Big Poison" Waner hit .373 that year. 2. Nine entering 2010. 3. False. He has had only one losing season (+12 in 2005). 4. Calbert Cheaney of Indiana in 1993. 5. Al Arbour of the New York Islanders (1,500 games) and Billy Reay of Chicago (1,012). 6. Ernie Hamlin, in 2009. 7. Byron Nelson won 11 in a row in 1945.

## My Stars ★★★

### FOR WEEK OF AUGUST 23, 2010

**ARIES** (March 21 to April 19) A relaxed mood early in the week could give way to high-temperature disputes. The Aries Lamb should resist being pulled into heated quarrels that could really singe your wool.

**TAURUS** (April 20 to May 20) Satisfy that practical obligation first, then you can feel free to indulge in your creative endeavors. Also, check for hidden or overlooked areas where repairs might be long overdue.

**GEMINI** (May 21 to June 20) Home is still the Twins' major focus this week. But outside matters begin to take on added importance, especially those involving possible career moves. Stay alert for signs of change.

**CANCER** (June 21 to July 22) A travel plan might need to undergo some considerable adjustment because of unexpected changes. Keep an open mind and let the facts guide you on how you want to handle this.

**LEO** (July 23 to August 22) Playing cat and mouse with a matter you don't really want to tackle wastes time, energy and, most important, an opportunity. Ask someone with experience to help you get started.

**VIRGO** (August 23 to September 22) A shift in policy might not please you, but before you put up a "No Go" wall of resistance, examine the circumstances. You might be quite pleasantly surprised by what you find.

**LIBRA** (September 23 to October 22) Yesterday's critiques about your methods might have already evolved into today's praise for your achievements. Good for you. Now go on and continue to build on your credibility.

**SCORPIO** (October 23 to November 21) An occasional temperamental flare-up might occur as you continue to help get things back to normal. Stay with it. You should soon get some idea of where to take things next.

**SAGITTARIUS** (November 22 to December 21) A negative reaction to what you believe was a well-deserved request might mean that you need to reconsider your position and make changes accordingly.

**CAPRICORN** (December 22 to January 19) There's always room for someone new at the Sea Goat's table. And the someone new this week could bring a message you've been waiting a long time to hear.

**AQUARIUS** (January 20 to February 18) A pile-on of personal matters this week might seem too overwhelming to deal with. But han-

dling them on a one-by-one basis could have you out from under it by the weekend.

**PISCES** (February 19 to March 20) A friend might need your good advice regarding a matter. Be supportive. But unless you can be absolutely sure you have all the facts, be careful about any suggestions you might be asked to offer.

**BORN THIS WEEK:** Few things make you happier than bringing people together and helping to forge new friendships.

## THIS WEEK IN HISTORY

- On Aug. 24, 1814, during the War of 1812 between the United States and England, British troops enter Washington, D.C., and burn the White House in retaliation for an American attack two years earlier on the city of York in Ontario, Canada.

- On Aug. 27, 1883, the most powerful volcanic eruption in recorded history occurs on Krakatau, an uninhabited volcanic island located west of Sumatra in Indonesia. Heard 3,000 miles away, the explosions threw 5 cubic miles of earth 50 miles into the air, created 120-foot tsunamis and killed 36,000 people.

- On Aug. 23, 1902, pioneering cookbook author Fannie Farmer, who changed the way Americans prepare food by advocating the use of standardized measurements in recipes, opens Miss Farmer's School of Cookery in Boston. Farmer later educated medical professionals about the importance of proper nutrition for the sick.

- On Aug. 25, 1939, "The Wizard of Oz," which will become one of the best-loved movies in history, opens in theaters. Though the scenes in Kansas were shot in traditional black and white, Oz appears in vivid Technicolor, a relatively new film process at the time.

- On Aug. 29, 1945, President Harry Truman authorizes the Navy to seize control of and operate petroleum refineries to counteract strikes by oil workers. Oil, gas and chemical workers had worked hard during the war to meet production demands and now wanted to return to a 40-hour workweek. They resented the amount of money oil-industry CEOs were making off of their labor while they simultaneously threatened to lower workers' wages after the war.

- On Aug. 26, 1959, the British Motor Corporation launches its newest car, the small, affordable -- at a price tag of less than \$800 -- Mark I Mini. Although only 10 feet long, the Mini could sit four adults and had a trunk big

enough for luggage.

- On Aug. 28, 1988, an air show involving military jets at the Ramstein Air Base in Germany turns tragic when three jets collide in mid-air and fall into the crowd of 100,000 spectators. Sixty-nine people died and hundreds more were injured.

## STRANGE BUT TRUE

- It was American drama critic and author John Mason Brown who made the following sage observation: "Reasoning with a child is fine if you can reach the child's reason without destroying your own."

- The first Wal-Mart was located in the town of Rogers, Ark. When it opened in 1962, it had a total of 16,000 square feet of space. Today, there are Wal-Mart Supercenters all over the United States, and they measure at least 100,000 square feet and can range up to 220,000 square feet.

- The original Maytag company was known for making horse-drawn buggies rather than appliances.

- The word "pretzel" comes from the Latin word for "little reward."

- Researchers at Johns Hopkins University and the University of Pennsylvania conducted a joint study on Americans' weight. They concluded that if current trends continue, 86 percent of adults in this country will be obese by 2030.

- Before H. Ross Perot became a successful businessman -- and had a brief, somewhat less successful career as a politician -- he broke horses for a living.

- Statistics show that three out of four married women over the age of 50 are on their second marriage. In the same age range, five out of six men are in the same marital situation.

- Fireflies start to glow in order to attract a mate, and they die soon after finding one.

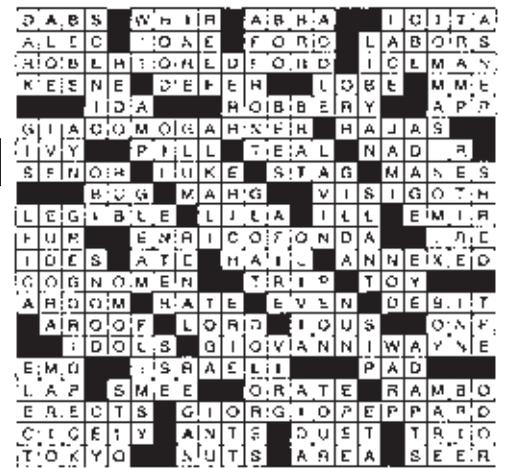
- Experienced boot makers reportedly can get three pairs of the footwear out of a single ostrich hide.

- When you sneeze, the air leaves your mouth at approximately 100 mph.

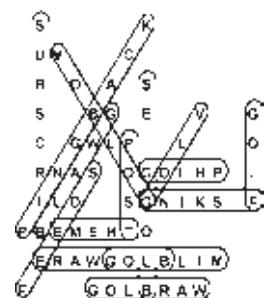
## THOUGHT FOR THE DAY

"Anybody who has listened to certain kinds of music, or read certain kinds of poetry, or heard certain kinds of performances on the concertina, will admit that even suicide has its brighter aspects." -- Stephen Leacock

## PUZZLE ANSWERS



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SR 9/5 N TFN

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SR 7/30 V 8/20

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SR 10/3 B TFN

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SR 9/30 D TFN

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RS 8/6 V 8/27

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\*NR 8/13 CC 10/1

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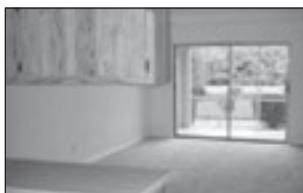
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SR 7/30 N TFN

## Awesome August Adoptions: Kittens And Puppies, \$25, Adults Are Free

**M**y name is McQueen and I am a one-year-old tan male hound mix. I came to Animal Services' shelter as a stray dog a month ago.

I'm not sure why they call me McQueen. Maybe it's because I'm a cool guy like Steve McQueen. I'm not looking for fame or fortune though, just a good loving home. I love people a lot and it shows.

My favorite time is when the volunteers take me out to play. I've already learned to walk on a leash since I've been here. There's lot's more I'd like to learn from you.

My adoption fee is waived during the Awesome August Adoption promotion.

Hello, my name is Snooki. I happen to be a gorgeous three-month-old female orange tabby with white socks.

The main thing you should know about me is that I'm adorable and love to be around people. I'm also very entertaining to watch when I play. If you adopt me I promise to be lots of fun and a great companion.

My adoption fee has lessened, it is now only \$25, and will remain so until the end of August.

For information about McQueen, Snooki or any other pet, call 533-7387 (LEE-PETS) or log on to Animal Services' website at [www.LeeLostPets.com](http://www.LeeLostPets.com). When calling, please refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 11:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive, Fort Myers, next to the Lee County Sheriff's Office, off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.\*



McQueen ID# 479089



Snooki ID#481197

**READ THE RIVER ONLINE: [www.IslandSunNews.com](http://www.IslandSunNews.com)**  
**click on Read the River**

# 415-7732 ★ Classifieds ★ Classifieds ★ 415-7732

## COMMERCIAL SPACE

### TURN KEY OFFICE SPACE

Central location -1630 Periwinkle Way. Furnished office including a Reception area and kitchen facility. Recently designer decorated. Suite B-1072.6 sq.ft. @\$15 per sq.ft. Plus CAM. Call 239-985-0033 or 940-7823.  
SR 11/21 B TFN

### FOR LEASE

Architecturally designed real estate office on Periwinkle with 7-12 private offices depending on configuration. Freshly painted, new floor covering, reasonably priced. Call 239-940-7823 for showing  
SR 12/14 B TFN

### OFFICE SPACES FOR LEASE

Iona Schoolhouse Professional Center Great Location at McGregor Blvd & Kelly Road. 685 sq feet & 1350 sq feet units available. Will negotiate year lease! Call Lisa at 239-472-2792  
RS 1/4 B TFN

### TOTALLY RENOVATED

800 Sq. ft. Doc Ford's Center. New large white tiles on floor. New bathroom. Raised ceiling and new windows. Motivated owner - some FREE RENT. Call Nancy 239-246-4075.  
SR 8/7 B TFN

### OFFICE SPACE FOR LEASE

Convenient location on Periwinkle Way, Island Tower Plaza, Sanibel. 1st Floor availability with 700 sq. ft. of space. Leasehold improvements negotiable. Call Joe at 516-972-2883 or toll free at 800-592-0009. Fax is 212-371-2290  
SR 10/12 B TFN

### PRIME SPACE FOR LEASE

Retail, Office, Take Out, Etc.  
Attractive Rates Offered!



- "Islander Center" on Sanibel
- Prime Periwinkle Frontage
  - High Traffic Tenants
  - Excellent Parking
- Immediate Occupancy
- Local/Pro-Active Owners
- Flexible Space Available

Call Today!  
239-850-7888

SR 4/30 B TFN

### PRIME COMMERCIAL/OFFICE SPACE

For sublease on Periwinkle Way, Sanibel. Excellent exposure and convenient location, flexible square footage available to suit your needs. Call 239-472-2183 for more information.  
SR 12/3 B TFN

### PRIME SPACE ON PERIWINKLE

\$799 per month plus CAM and Utilities. Allows for sign on Periwinkle. Contact Phaidra 239-472-4411  
NS 8/20 BM 9/10

## ANNUAL/SEASONAL RENTAL

### SANIBEL ARMS

2 BR 2 BA 1st floor corner unit on canal. Free boat dock. Fishing, lanai, pool, steps to beach. Interior & furnishings new Jan 2006. Weekly/monthly/seasonal. Call owner 419-566-8670.  
SR 4/13 V TFN

### 1 BR/BA AVAILABLE-SANIBEL

Share house. Close to causeway, two blocks from beach. Female only, non-smoker. Single Mom with one female child possible. \$500/month. Available September 1. 239-472-8464. Ask for Kim.  
RS 7/23 M TFN

## SEASONAL RENTAL

### DUPLEX APT FOR RENT

2-Bed Cottage on Sanibel. Furnished, gr. level on quiet street near Gulf beach and causeway. Avail. Sept. thru Dec. Living room, dinette, full kitchen, 2-bed, bath. Screened/glassed in lanai. Carport, washer/dryer. \$900 mo. Inc. cable & all utilities (except electricity). Call owner, 859-289-5401 or 859-749-7574.  
\*NS 8/20 CC 8/27

## VACATION RENTAL

### DIRECT BAYFRONT COTTAGES

Popular west end where Sanibel/Captiva meet. 1 BR-3+BR, single story, furnished, full kitchens, 3 docks, direct access, heated pools, pet friendly, beach across street. Best spot on island. 239-848-0906  
RS 3/12 M TFN

## www.BaytoSea.com

### Bay to Sea is FREE!

Captiva & Sanibel Vacation Rentals  
Rent directly from more than 300 property owners!

**FREE for Renters to use!**

**FREE for Owners to use!**

SR 2/12 B TFN

### SANIBEL ARMS 2/2

First floor condo, completely redone - kitchen/bath/appliances/furniture - November 2005. TVs/DVDs, internet, pool/clubhouse. Just a few steps to beach. Weekly/Monthly/Seasonal  
Call owners: 401-253-2511  
SR 1/26 M TFN

### EAST END COTTAGE

Steps from the beach. 1 bdrm/1 1/2 bath, AC/heat, full kitchen, laundry. \$3,500/mo + tax Jan-Mar, neg.off-season. Call for availability.  
239-738-3021  
SR 1/9 B TFN

## ANNUAL RENTAL

### PROPERTIES AVAILABLE

For a complete list visit our Website  
www.remax-oftheislands.com  
Call Dustyn Corace, RE/MAX of the Islands  
239-472-2311  
RS 10/9 B TFN

### SANIBEL HOUSES FOR RENT

Available immediately. Fantastic Opportunity.  
3/1 by Traders  
3/2 by Bowmans Beach  
M Rice Realty, LLC  
239-398-0404  
RS 8/6 M 8/27

### 1 BEDROOM CONDO

Fully Furnished across from Beach.  
\$1,000/mo.  
Deb 770-7253  
SR 7/30 V 8/20

## ANNUAL RENTAL

Well maintained 2Bed-2Bath end unit condo near Sanibel and Ft. Myers Beach. Screened lanai, sky light, carport, remodeled pool for residents. \$800/mo. Available Sept. 1. Call Jim 330-289-4853  
SR 8/13 V 8/20

### SANIBEL CHARM

\$1,450 + Utilities.  
Long term lease 3/2 + 2 possible b/mr or den location behind Sanctuary with access to Dinkins Bayou.  
651-353-6674. www.sanibelcharm.com  
\*NR 8/20 CC 8/20

CUSTOM HOME, PRIVATE, river view, guest loft with sun porch, pool, tennis, beach. No smoking or pets. Available monthly beginning April. 405-210-2341 or 405-307-8949  
SR 1/8 M TFN

JUST OVER CAUSEWAY. Great Location. Davis & Heald. 2BR-2BA. All Tile - All New Paint Plus Lanai. Washer & Dryer. Quiet & Secure. Four Unit Building. Looking For Right Tenant Not Right \$\$.  
Call 315-378-2233.  
SR 6/11 M TFN

READ  
*THE RIVER*  
ONLINE:

[www.IslandSunNews.com](http://www.IslandSunNews.com)

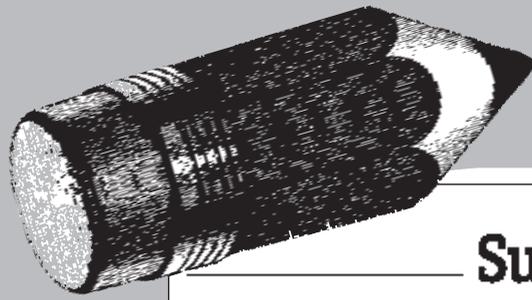
click on

*Read the River*

THE  
**RIVER**  
WEEKLY NEWS  
FROM THE BEACHES TO DOWNTOWN FORT MYERS







# BEACH CHAIR PASTIME

Answers page 26

## Super Crossword

### SPAGHETTI WESTERNS

- ACROSS**
- 1 Applies lightly
  - 5 Helicopter sound
  - 9 Swedish rockers
  - 13 "Whole — Love" ('69 hit)
  - 18 Guinness or Baldwin
  - 19 Actress Skye
  - 20 Chrysler competitor
  - 21 Toils
  - 22 "Butch Cassidy and the Sundance Kid" star?
  - 25 O'Neil's "The — Cometh"
  - 26 New Hampshire city
  - 27 Postpone
  - 28 Loul part
  - 30 Married Milo
  - 31 Tarball or Lupino
  - 33 Theft
  - 36 Spring mo.
  - 37 "Duelist at Diablo" star?
  - 43 Punjabi prince
  - 46 Ornamental vine
  - 47 It may be bitter
  - 48 Blue hue
  - 50 The very bottom
  - 52 Tijuana title
  - 55 "Star Wars" Skywalker
  - 57 Fawn's father
  - 59 Pride of lions?
  - 61 Be a pest
  - 63 Actress Helgenberger
  - 65 Alamo, for one
  - 67 Easily read
  - 71 Kedrova of "Tom Curtain"
  - 73 Unwell
  - 74 Gulf ruler
  - 75 Part of EEC
  - 76 "The Tin Stolla" star?
  - 79 Wrath
  - 80 Faithful 15th
  - 82 Dermalisec a Danish
  - 83 Rain hard?
  - 84 Incorporated, as territory
  - 87 Smith or Jones, e.g.
  - 89 Junket
  - 91 Petite pooch
  - 92 Forster's "— With a View"
  - 93 Evaluate
  - 96 Level
  - 98 Account entry
  - 102 Have — over one's head
  - 104 "My Sweet —" ('70 smash)
  - 106 Debtors' letters
  - 108 Indefinite pronoun
  - 109 Baal and Elvis
  - 111 "Rosso River" star?
  - 115 Funnyman Philips
  - 117 Hailing from Haifa
  - 119 Paw part
  - 120 Once around the track
  - 121 "Peter Pan" pirate
  - 122 Pound the podium
  - 126 Stallone role
  - 130 Puls up
  - 132 "How the Qwest Was Won" star?
  - 136 Actress Tyson
  - 137 Poker stake
  - 138 Peter and Gordon
  - 139 Small corral
  - 140 Asian capital
  - 141 Tavern staples
  - 142 District
  - 143 Prophet
  - DOWN**
  - 1 TV's "— Shadows"
  - 2 Bum remedy
  - 3 Neuwirth or Daniels
  - 4 Picturesque
  - 5 Humor
  - 6 Car part
  - 7 Memo start
  - 8 Scuba site
  - 9 Insult
  - 10 Derisive cry
  - 11 "It's freezing!"
  - 12 Conluse
  - 13 Tablecloth fabric
  - 14 UK honor
  - 15 "Riders of the Purple Sage" star?
  - 16 Vagabond
  - 17 Ed of "Lou Grant"
  - 21 Tripoli native
  - 23 Change the decor
  - 24 Earl — Biggers
  - 29 Hockey's Bobby
  - 32 Current unit
  - 34 Honey bunch?
  - 35 Wild child
  - 37 "M\*A\*S\*H" extras
  - 38 "— been had!"
  - 39 Writer Rand
  - 40 Vinegar's partner
  - 41 Dojected
  - 42 Dalaragnt ingredient
  - 44 Actress Gertz
  - 45 Saying
  - 49 Linda of "Alicia"
  - 51 Join the leisure class?
  - 53 Kimono closer
  - 54 Massage
  - 56 Fromm or Segal
  - 58 Comic Fladner
  - 60 Start the slaw
  - 62 Shimmer of the
  - 64 Rub it in
  - 65 Distort
  - 67 Camera company
  - 68 Writer Wolty
  - 69 "The Grande Country" star?
  - 70 Go in
  - 72 Blazing
  - 77 Kidney-related
  - 78 De Havilland or Mussey
  - 81 Hair net
  - 85 Start to snooze
  - 86 Spud bud
  - 88 Melville novel
  - 90 Mania laborer
  - 94 Tiberius' threads?
  - 95 A Great Lake
  - 97 Sister
  - 99 Lad
  - 100 Bad and breakfast
  - 101 Pigskin prop
  - 103 Poorly made
  - 105 Costello or Del Rio
  - 107 Use a straw
  - 110 Compass pt.
  - 112 Neighbor of Tarr.
  - 113 Wet's opposite
  - 114 Modifies
  - 115 Vote in
  - 116 Lanza or Lemieux
  - 118 "King Lear" role
  - 121 WWII site
  - 123 Verdi opera
  - 124 — de force
  - 125 Fencing weapon
  - 127 Full-grown filly
  - 128 Soft cheese
  - 129 Scent
  - 131 Dodger Ron
  - 133 Shiba — (Japanese dog)
  - 134 Grant legend
  - 135 Greek vowel

## King Crossword

**ACROSS**

- 1 Tobacco type
- 5 Possesses
- 8 Benedict XVI, e.g.
- 12 Places
- 13 Group of scenes
- 14 Acknowledge
- 15 Unguina one
- 16 Goose in flight formation
- 17 Rose or Towheard
- 18 Shrew
- 20 Go sightseeing
- 22 Accepts the truth
- 26 Make one
- 29 Speck
- 30 Feedbag morsel
- 31 Log cat
- 32 Wrestling victory
- 33 Carvey or Delany
- 34 Citric drink
- 35 Pandulum site?
- 36 Brave
- 37 Office employee
- 40 Chess piece
- 41 Gunman's missile
- 45 Connections
- 47 Egos' counterparts
- 49 Tiny bit
- 50 Drudgery
- 51 Poolroom stick
- 52 Wound cover
- 53 On the — (unfriendly)
- 54 Ban, to Homer
- 55 Throw
- 58 In's head
- 59 Destruction
- 60 Backpack component
- 61 Cowboy hat
- 62 New Guinea
- 63 Cold weather gear
- 64 Cau dien
- 65 Ram's mate
- 66 Festive
- 67 Frequently
- 68 Archie's wife
- 69 Catches some rays
- 70 Roman desktop PCs
- 71 He can hold
- 72 Unskilled outings
- 73 Swardplay
- 74 spec alist
- 75 Manhandle
- 76 Widebroadcast
- 77 Mardi Gras "faces"
- 78 "Peer Gynt" playwright
- 79 Crazy
- 80 H.H. in Greece
- 81 Surveillance
- 82 Pair
- 83 Debtor's letters
- 84 Pair

**DOWN**

- 1 Balkan native
- 2 Arizona tribe
- 3 Big name in desktop PCs
- 4 He can hold
- 5 High
- 6 Backpack component
- 7 Cowboy hat
- 8 New Guinea
- 9 Cold weather gear
- 10 Cau dien
- 11 Ram's mate
- 12 Festive
- 13 Frequently
- 14 Archie's wife
- 15 Catches some rays
- 16 Roman desktop PCs
- 17 He can hold

## MAGIC MAZE • BLOGGING TERMS

B S Q N K H E B Y W T R O L J  
 G S E B Y W U K R P N K I G D  
 B U M Z X V C S Q O M K I G E  
 C B M O T A A S Y W U S O P N  
 L S J H B G F E E C V A Y G X  
 V C U G W L P I S I Q P N O M  
 K R N A S J O G O L B P H L E  
 F I L D C B S G N I K S I F Z  
 P B E M E H T O Y X V U T R Q  
 P E R A W G O L B L I M O M L  
 F K I H G O L B R A W G E D C

Find the listed words in the diagram. They may be in all directions — forward, backward, up, down and around.

- Blawg
- Fisking
- Phlog
- Theme
- Bloggies
- Flog
- Pingback
- Vlog
- Blogware
- Miblog
- Post
- Warblog
- Feeds
- Moblog
- Subscribe

# No Child Left Ashore Project



The group of youngsters from the Immokalee Foundation

submitted by Richard Finkel

Captiva Cruises and the Sanibel-Captiva Conservation Foundation (SCCF) continued their No Child Left Ashore project by hosting youth participating in the Immokalee Foundation's programs. The No Child Left Ashore project aims through a community-based initiative to collect the necessary resources to get Southwest Florida's youth out on the water.

This new initiative has stemmed from a concern that too many of our local youth do not have the opportunity to experience the wonders of our marine environment which has proved to be an invaluable resource.

The Immokalee Foundation, established in 1991, strives to help improve the future of Immokalee's children by raising awareness and financial support from its neighbors that will go towards initiatives of education, health care and career development.

Immokalee, a Florida town just 35 miles east of coastal Naples, is home to thousands of working poor who provide not only agricultural produce for much of the nation, but also the vitally needed service staffing for Collier and Lee counties.



Having fun on the water



Richard Finkel, right, with some of the teens



Richard Finkel shows a sea creature to one of the girls



Beachcombing

On Friday August 6, 42 youth and staff of the Immokalee Foundation were treated to a cruise aboard Captiva Cruises' motor catamaran *The "Santiva"* for a hands-on experiential program. Capt. Jorje Salazar and Educator Richard Finkel, led the group from Punta Rassa to the Sanibel Lighthouse and to an island within Pine Island Sound where they were able to get out and use seining nets to observe and identify some of the amazing inhabitants within the shallow sea grass beds such as horseshoe crabs, spider crabs, snails and a variety of shrimp as well as fish. For many, it was their first opportunity to get out on the water and see for themselves the intrinsic beauty of the back bay estuary along with the incredible abundance and diversity of marine life.

Businesses, schools, educators and individuals who would like to become involved or would like more information in No Child Left Ashore are encouraged to contact Richard Finkel at 472-5300.\*



## A Message from Your Fire Chief:

Did you realize the current property tax system, which funds your fire district, is based on the assessed value of your entire property – including your driveway and the land under your home? Yet, the Iona-McGregor Fire District primarily protects structures and people.

The assessed value of your home also is heavily influenced by its location. As a result, those with similar homes often pay vastly different taxes for the same fire-readiness service.

The proposed Fire Readiness Assessment provides a more equitable way to fund fire protection services. If approved by the voters **Aug. 24**

- Each parcel would be assessed a flat annual fee – no more than \$140 for the 2010-11 budget, although this amount could be further reduced during the budget process.
- The assessment would generate enough revenue to lower the current property tax millage rate from 20% to 30% while allowing the district to provide the same level of service.
- All parcel owners would share equally in funding an equal portion of the fire readiness costs.

During the last three years, assessed property values in the district have dropped more than 33%, cutting money for equipment, employees and operations. Further budget cuts could mean **fewer firefighters, longer response times and less effective service.**

Call me at **239-433-0660** with questions, or visit [www.IonaFire.com](http://www.IonaFire.com), for additional information and a worksheet that shows how the assessment may impact what you pay.

The time to decide if fire protection services will be ready when you need them is now – not when you dial 911.

*William Elliott*

**Fire Chief William Elliott**  
Iona McGregor Fire District



The Fire Readiness Assessment is the only referendum on the primary election ballot, Tuesday, August 24.

**To learn more, come for a Chat with the Chief, Saturday, August 21, 10 a.m., at the fire station at 6061 South Pointe Blvd.**