

Child Care Of Southwest Florida Grand Opening And Open House



New offices of Child Care of Southwest Florida

Child Care of Southwest Florida, Inc. will host a grand opening and open house Thursday, June 10 to celebrate its move to new larger office space in South Fort Myers. Community leaders, government officials and friends are expected to attend the ribbon cutting and ceremony from 5 to 7 p.m. at 6831 Palisades Park Court, Suite 6, which is located in the International Center near Hammond Stadium (Lee County Sports Complex).

"We're inviting anyone who would like to see our progress to join us on June 10," said CEO Beth Lobdell. "In our new headquarters, we have brought all administrative functions and training facilities under one roof, which will produce a much more efficient operation. And with leases being available at historic lows, we were able to actually get more space for less money than what we were spending previously."

The new space, consisting of 5,400 square feet, includes a professional development center for child care professionals to receive training required by the state of Florida to work in family child care homes and child care centers. The non-profit organization provided state mandated training for 3,760 individuals last year.

In addition to administrative functions, the headquarters also houses the USDA Food Program, which reimburses participating family child care homes and child care centers for the cost of meals and snacks offered to children in their care. Last year, 67 child care centers and 175 family child care homes in 10 counties participated in the program, which is administered by Child Care of Southwest Florida under a contract with the U.S. Department of Agriculture, Food and Nutrition Services.*

Art Walk Is A Fort Myers Favorite

The downtown Fort Myers Art Walk is Friday, June 4 from 6 to 10 p.m. The seasonal Saturday Art Fair will return in the fall.

The walk will include more than a dozen art stops with new art exhibitions, live music, and an after party at 10 p.m. at Spirits of Bacchus on Hendry Street.

Here are some of the highlights:

- Art at The Oasis Condominiums: Group photography exhibit, Our Realities, showcasing women at work.
- Art of the Olympians: Founder's Exhibit in the Cultural Experience Gallery features works by Olympian artists Al Oerter and Liston Bochette. There will be a special African dance performance by Olympian artist Nzaeli "Queen" Kyomo.
- Art League of Fort Myers: Opening of new summer show. Awards reception from 6 to 7:30 p.m.
- Arts for ACT Gallery: Opening reception for exhibit featuring artists Dr. Michael Anderson, large format photography; Marie Cahill, paintings of downtown Fort Myers and Matlacha; and John Yuccas, nature photography.
- Coloring The World: Gallery will feature the art of Stephen Gray-Blancett and colorful works by various local and international artists.
- daas Gallery: Opening reception for Abstract Alchemy, featuring the art of Katherine Boren.
- Enjewel: Featured artist is Andrea Trank from Heaven Lane Creations.
- HOWL Gallery: Opening reception for show featuring the urban and sequential art inspired imagery of artist Matt Lackey.
- Sidney and Berne Davis Art Center: The return of the popular vinyl art exhibit Turn, Turn, Turn II. The Laboratory Theater of Florida will present a free one-act play entitled *Tender Offer* at 7 and 8:30 p.m.



Dana Alvarez

Vocalist To Perform During Art Walk

Dana Alvarez will be performing outside of daas Gallery in downtown Fort Myers on Friday, June 4 from 7 to 8:30 p.m. as part of this month's Art Walk.

Alvarez is a talented vocalist and serves as a member of the Young Artists Awards Board of Directors. She teaches at Oasis Elementary, where she recently directed *Seussical, Jr.* Alvarez was a Young Artist Awards finalist five years in a row, and a category winner twice for classical voice. As a singer, she is known for her extensive range and repertoire.

The gallery is located at 1542 Broadway, between First and Main streets.

The Young Artists Awards program is a monthly partner with Art Walk.*

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An Evening Of Art And Jazz

Turn, Turn, Turn II – The Artistic Synthesis of Vinyl to Art, a juried art exhibit five months in the making, returns briefly to the Sidney & Berne Davis Art Center (SBDAC) on June 10, following its successful April run. This will be a night of art and music with jazz masters in concert in the Grand Atrium at SBDAC for one night only. The fundraiser will benefit Footsteps to the Future, a unique mentoring and transitional living program for young women in and "aged out" of foster care. VIP reception begins at 5:15



p.m.; the performance starts at 6.

The concert will feature trumpeter Dan Miller (formerly with Harry Connick Jr., Maynard Ferguson, and Wynton Marsalis), saxophonist Lew Del Gatto

(Saturday Night Live band 1975-2005), vocalist Susie Hulcher, Joe Delaney on piano, Doug Kirschner on bass, and Ron Hefner on drums.

Turn, Turn, Turn II features two- and three-dimensional works made from a collection of 60,000 record albums spanning several musical eras and provided by René Miville, Captiva artist. SBDAC issued a call to artists last December, inviting South Florida to participate in this creative exhibit. Artists from around the state responded. The variety of work created includes a 15-foot tall Transformer-style robot, a movable 12-foot by 12-foot mechanical blind piece, and a temple of vinyl the size of a private chapel.

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Historical Society Open House

The Southwest Florida Historical Society will have an open house on Thursday, June 10 from 5 to 7 p.m. The public is invited to see the progress the organization has made on the Sara Nell Gran Research Room and the Woolslair-Sheppard Map Room. Light refreshments will be served.

The historical society's little yellow house is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. For more information call 939-4044.*

Historic Downtown Fort Myers, Then And Now:

The Palm Leaf

by Gerri Reaves



At the height of the 1920s boom, Capt. Jack DeLysle started publishing *The Palm Leaf*. It was the newest of three newspapers in Fort Myers and gave the *Fort Myers Tropical News* and the *Fort Myers Press* some competition.

The weekly newspaper was registered with the post office in July 1925. The June 14, 1926 issue pictured here is something between a magazine and newspaper format.

The subscription was \$5 per year. By the start of 1927, the newspaper had changed to a full newspaper format. The office was located on Hendry Street between Second Street and

Anderson Avenue (now Martin Luther King, Jr. Boulevard).

Capt. Jack DeLysle came to Florida in 1920 after having served in the British Army in World War I.

He opened a casino on Crescent Beach, now known as Fort Myers Beach, and began developing the Seminole Sands subdivision. He was instrumental in getting the bridge built that connected Estero Island with the mainland.

The attractive June 14 cover depicts a sunset over the Caloosahatchee, emphasizing the paradise theme that would lure thousands of visitors to the area. The issue gives us a snapshot of thriving Fort Myers just three months before the 1926 hurricane would bring the economic decline that preceded the Great Depression.

The new Belmar Building on Broadway, now the law offices of Goldstein, Buckley, Cechman, Rice & Purtz, PA, was well represented.

The Broadway Toggery and shoe and hosiery shop advertised its "opening sale," pointing out the convenient location across the street from the Post Office Arcade on Broadway (now the entrance to Hotel Indigo).

Seminole Realty, also in the Belmar Building, advertised that they could "please any purse," with deals on homes and farms ranging from \$4 thousand to \$50 thousand.

But maybe the best deals, in retrospect, were the \$20 lots on Sanibel Island advertised by the Georgia Investment Corporation on Jackson Street. For \$20 cash and \$10 a month, buyers could have a lot in Sanibel Highlands, described in the ad as "a truly conservative investment."

Hadsock's Market and Grocery at Park and Evans Avenue touted free delivery and specials every Saturday.

Realtor and insurance agent Walter Kaune advised that dealing with a realtor could help homebuyers avoid "many unseen perils."

The East End Swimming Pool was advertised as a convenient alternative to the beach. Fed by a 600-foot well, the water would be clean, fresh, and eternally circulating. Why not drive the short distance to East Fort Myers and swim for a mere 25 cents? No swimsuit handy? No problem. For 50 cents they'll provide the suit too.

Anyone desiring candies, cold drinks, ice cream, fruit, cigars, and cigarettes at a late hour could count on Williams' Confectionery on Dean Street being open until 10:30 p.m.

To top it off, readers of *The Palm Leaf* could win money in the Misspelled Word Contest, a clever way to ensure that ads were read carefully!

Readers were asked to find the ad with the error, cut it out, and mail it to the newspaper's office on Hendry Street. The person submitting the first correct answer would receive \$5 and the next five correct answers \$1 each.

Despite the engaging format, contests, and plentiful ads, *The Palm Leaf* was a fairly short-lived paper. Unlike its competitors, the *Fort Myers Tropical News* and the *Fort Myers Press*, which later merged into *The News-Press*, the boom-time paper didn't survive the Great Depression.

Be sure to visit the Southwest Florida Museum of History at 2031 Jackson Street, where you can learn more about what was movin' and shakin' in 1920s Fort Myers.

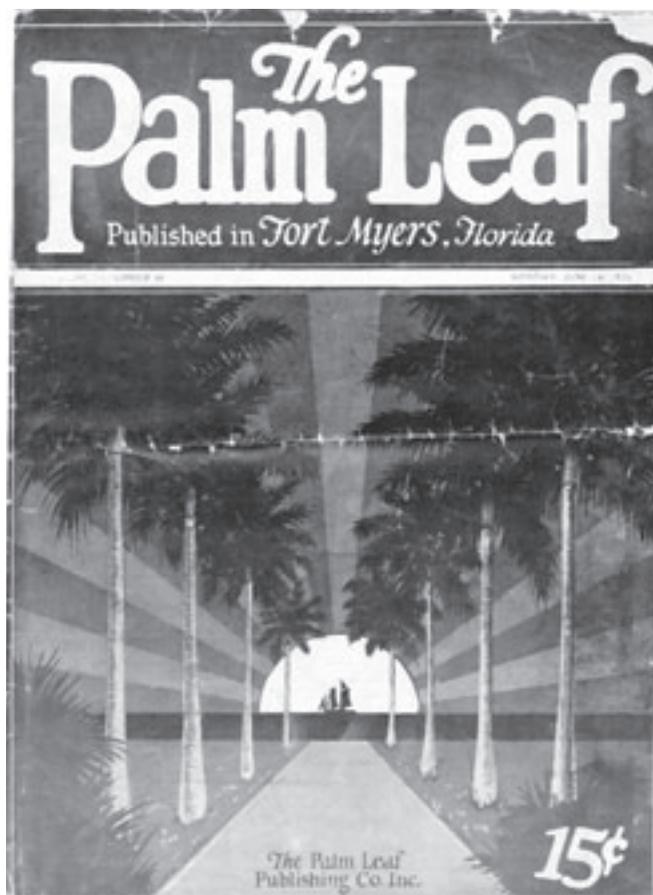
Don't miss the Tutankhamun: Wonderful Things from the Pharaoh's Tomb exhibit, extended by popular demand.

For information, call 321-7430 or go to swflmuseumofhistory.com. The museum's hours are 10 a.m. to 5 p.m., Tuesday through Saturday and noon to 5 p.m. on Sunday.

Be sure to visit another valuable historical resource, the Southwest Florida Historical Society at 10091 McGregor Boulevard, where you can research local or family history.

The society would appreciate your help in completing their collection of *The Caloosahatchian*, the yearbook of Fort Myers High School. Contact them at 939-4044 or drop by on Wednesday or Saturday, 9 a.m. to noon.

Sources: *The Story of Fort Myers* by Karl H. Grismer and the archives of the Southwest Florida Historical Society.✪



The Palm Leaf was published weekly in Fort Myers, beginning in the mid-1920s



Promoter Capt. Jack DeLysle, editor and publisher of *The Palm Leaf*, also ran a casino on Crescent (now Fort Myers) Beach, which was washed away in the 1926 hurricane

photo courtesy of the Southwest Florida Historical Society



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Flowers on the back of the boat being taken out to sea to be scattered in the water



Flowers are scattered into the water in remembrance of fallen heroes

Yacht Club Memorial Day Service-At-Sea

submitted by
Past Commodore Chris Christensen

On Memorial Day, Monday, May 31, the Fort Myers Beach Yacht Club honored all service members who paid the ultimate sacrifice in defense of our great country. They also acknowledged recently departed

relatives and friends. The honors were performed in a ceremony two miles offshore from Bowditch Point on the Northern tip of Fort Myers Beach. Ten boats with 47 members and guests on board gathered together and listened to their VHF radios on channel 72 while Club Chaplain Hester Curry broadcast a moving tribute. The tribute was then followed by a moment of silent prayer. The ceremony was consummated with placement onto the Gulf waters of dozens of flowers from all the boats. This Memorial Day Service-at-Sea ceremony was the 17th annual for the club. The

service was followed by a luncheon held at the waterfront Matanzas Inn Restaurant on Fort Myers Beach.

The Fort Myers Beach Yacht Club meets once a month – normally at the American Legion Post on San Carlos Island. Because the club does not have the expense of maintaining its own waterfront facility, dues are only \$100 per year per couple. For information on membership contact the club Commodore Tom Swanbeck at 292-6284 or email Tom@TeamSwanbeck.com.*

Flag Day Sailboat Race

The Caloosahatchee Marching and Chowder Society (CMCS) is hosting the Flag Day sailboat race on Saturday, June 12. Two to three buoy races are planned off of Fort Myers Beach with the first start at 1 p.m.

For more information, contact Dan Merriman, rear commodore of racing, at SailorDan07@comcast.net.*



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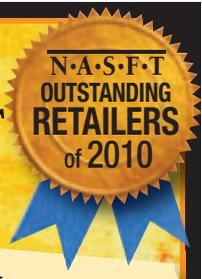
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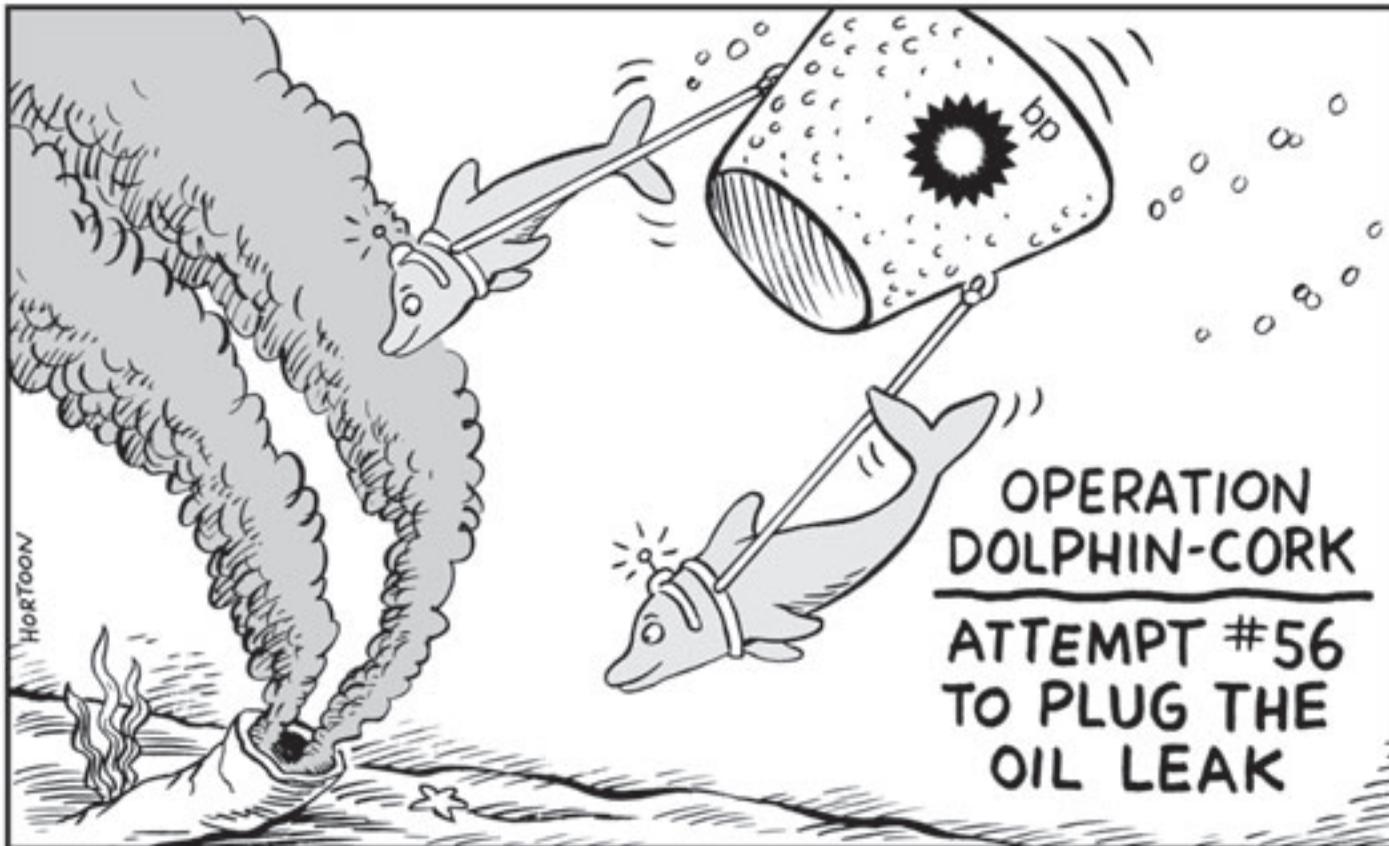
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Lehigh Fire And Rescue Receives Grant

Lehigh Acres Fire & Rescue has received the SAFER Grant. This award is in the amount of \$8,971,851 and will allow the Lehigh Acres Fire and Rescue District to rehire the 35 firefighters that were laid off, and provide the ability to retain 12 positions.

The staff of the International Association of Fire Fighters, General President Harold A. Schaitberger and IAFF District 12 Vice President Larry Osborne have been instrumental in their efforts to secure the safety and stability of Lehigh Acres Fire & Rescue District and the community they serve.

For further information on the SAFER Grant go to <http://firegrantsupport.com/content/html/safer/Awards09.aspx>.

Candidates To Appear At Forum

Candidates for state representative and Senate will be the speakers at a forum of the Fort Myers Republican Women's Club Federated on Tuesday, June 15. State House District 73 candidates Matt Caldwell, Deanna Casolino, Jason Moon, and John Schultz, and Senate District 27 candidates LizBeth Benacquisto and Sharon Merchant have been invited to participate in the forum. They will present their qualifications and platforms, then participate in a question-and-answer session.

The public is invited to attend the monthly luncheon and the candidate forum, which will be held at The Helm Club, The Landings, in South Fort Myers. A social hour begins at 11:30 a.m. The noon lunch, business meeting, and candidate forum will follow. Those attending are invited to write a check for their favorite 2010 Republican candidate running for office, with a minimum amount of \$16; the club then pays for the luncheon charge. Reservations are required by Thursday, June 10, and may be made by contacting Elizabeth Nicholson at 489-3483.

Cheers For Literacy Party

Literacy Volunteers of Lee County (LVLC) will hold the second Cheers for Literacy party on June 24 at Blue Coyote Supper Club, 9854 Caloosa Yacht Racquet Club Drive in Fort Myers. The event will be held from 5 to 7:30 p.m. and the cost is \$5 per person. There will be free appetizers and a cash bar. The event is open to the public.

All proceeds from the party and silent auction will benefit the LVLC's adult literacy program. Event sponsors include Planet Fitness, IMA (Internal Medicine Associates), Alexander & Hoover CPAs, PA and Blue Coyote Supper Club.

"For many, when they hear 'literacy' they think of children. Children's literacy is, of course, of the highest importance. But the best thing a child can have is a literate parent, and about 20 percent of the adults in Southwest Florida are not literate," said Tess Murphy, executive director of LVLC.

To RSVP, to volunteer as a tutor or help with other volunteer opportunities, contact the LVLC office at 415-3621 or email lvcread@earthlink.net.

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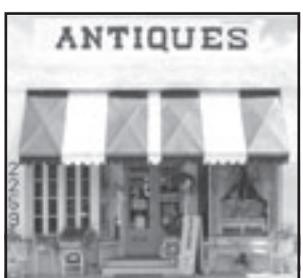
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Police Chief Joins Advisory Board



Dennis Pearlman, advisory board chairman; Chief Douglas Baker; and Major Art Penhale, corps officer for Lee, Hendry and Glades counties

Fort Myers Chief of Police Douglas Baker has joined the Advisory Board of The Salvation Army of Lee, Hendry and Glades Counties. During the regular monthly luncheon meeting in May, Board Chairman Dennis Pearlman introduced Chief Baker as the newest member. The advisory board consists of local civic and business leaders who assist The Army in matters of planning and outreach.

Chief Baker has been a long standing supporter of The Salvation Army and has participated as a volunteer bell ringer during the Christmas Red Kettle campaign.

"We are honored that Chief Baker has joined our advisory board. His leadership and compassion for this community are definite assets and will be valuable as the board goes forth in promoting the mission of The Army," said Major Art Penhale, corps officer for The Salvation Army of Lee, Hendry and Glades Counties. "The board members are excited to welcome Chief Baker and are looking forward to working with him in the years to come."*

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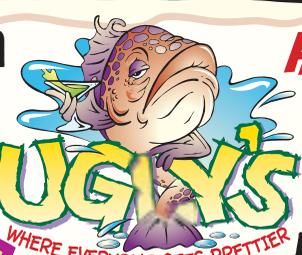
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Shred-A-Thon Held In Lee County



Middle school student volunteer Rheaden Jackson and Island Coast High football players Kyle Pierce and Storm Jackson with Dotty St. Amand



LEAPP members and volunteers in Cape Coral



LEAPP members Emily Reese and Dan Daniels



Sherri Graham



Helping a customer with his box of documents to shred



Linda Loudin and Nancy Green-Irwin greet guests at the Bell Tower location

Lee Elder Abuse Prevention Partnership (LEAPP) held its first community event with shred-a-thon on Saturday, May 22. This event was planned to advocate against financial exploitation of seniors.

Free shredding of personal documents was provided by Secure Shredding, Inc. at three different locations in Lee County. Over 200 people brought documents to Big John's Plaza in Cape Coral, Coconut Point in Estero, and Bell Tower Shops in South Fort Myers throughout the day. Documents and paper shredded during the day averaged 31 pounds per person for a total weight of approximately 6,500 pounds.

Participants generously donated \$675 to the Alvin A. Dubin Alzheimer's Resource Center to benefit LEAPP.

Initial funding for LEAPP was made possible through a grant awarded to the Alvin A. Dubin Alzheimer's Resource Center by the National Center on Elder Abuse and the National Committee for the Prevention of Elder Abuse.

For additional information about LEAPP, call 211 or 433-3900. United Way 211 information specialists are prepared to help you with your concerns regarding elder abuse.*

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Rheaden Jackson and Tricia Molzow greet guests in Cape Coral

Scholarships To Be Awarded

The 10th annual Girls Going Places Mentor Appreciation Night and scholarship giveaway will be held at Space 39 gallery in downtown Fort Myers on Friday, June 4, beginning at 5 p.m.

Two scholarships will be given away for two local girls to attend Camp \$tart Up, a financial camp that is designed to give young women a taste of business ownership, and also preaches the virtues of budgeting and striving for financial independence.

An additional cash scholarship will be given away to a young girl who sent in an essay to the Girls Going Places program, describing the accomplishments of being a young female entrepreneur, competing against thousands.

Mentors include powerful community businesswomen such as Gail Markham, Gay Thompson and Sandy Stillwell-Silverglide.

The event will coincide with an FGCU student show at the June Art Walk.*



Aileen Gottschling visits with Dotty St. Amand at the Bell Tower Shops

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Along The River

Give the gift of life by donating blood at **Napa Auto Care Center's** blood drive. On Thursday, June 10 from 9 a.m. to 3 p.m., Florida's Blood Centers Big Red Bus will be parked at Napa Auto's newest location at 2345 Dr. Martin Luther King Jr. Boulevard, Fort Myers. Donors will receive a free five quart lube, oil and filter change by appointment, courtesy of the auto parts and service shop.



Heros are welcome at the Napa Auto Care Center blood drive

The family-owned AJ'S Auto & Fleet Service, Inc. operates three Napa Auto Care Centers in Fort Myers and have been in business for more than 11 years. They are celebrating the grand opening of their 2345 MLK Boulevard location on Thursday, June 24. Call 334-3575.

After giving blood, grab a friend and treat yourselves to a showing of Premier Designs high fashion jewelry at **Another Chance Consignment** in Fort Myers. The June 10 party starts at 5 p.m. and is hosted by Another Chance co-owner Sebastian Wegryn.

While there, browse through the large selection of upscale home décor, beautiful accents and unique designs. They also feature a variety of pieces by local artists.

Another Chance is located at 15675 McGregor Boulevard. To RSVP, call Wegryn at 222-6936.

In the mood for Chinese and Japanese cuisine? Stop at local favorite **Ichiban**, in downtown Fort Myers' River District. The family owned and operated restaurant features an extensive sushi menu, Sake bar and daily Chinese lunch and dinner specials. The restaurant is open seven days per week and offers take-out and delivery.

Ichiban is located at 1520 Broadway in the Post Office Arcade. Call 334-6991.

They're back! On Saturday, June 19, the **Are You Man? Enough Shark Challenge** returns to Fort Myers Beach. The two day competition will take place at **Nervous Nellie's Crazy Waterfront Eatery** and is a fun, free event for the entire family. Nellie's is providing live music all day and there will be a bounce house, shark shows and a kids' fishing derby. Old San Carlos Boulevard from Third Street to the waterfront will be closed for the weekend.



Proof of shark catches will be captured by video during the Are You Man Enough? Shark Challenge

Teams will send video verification of their shark catches to the tournament committee where they will be played for the crowds on a nine by 12 foot Jumbo-tron LED screen. The first team that verifies and aggregate of 21 feet of shark wins. There is a potential for over \$25,000 in prizes for the winning angler. Potential to win the big prize can shift every time those reels click!

Nervous Nellie's Crazy Waterfront Eatery is located at 1131 First Street in Fort Myers Beach's historic Baywalk district. The restaurant is open for lunch, Sunday brunch, dinner and snacks in between; the extensive menu has something for everyone. Parking for your car or boat is free for patrons of Nellie's and it's upstairs bar, Ugly's, the place "where everyone gets prettier."

For more information, call 463-8077. ✨

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Director Of Quality Life Center Speaks To Gateway Kiwanis



Kiwanis President Matt Ponzio, left, with Abdul'Haq Muhammed, executive director of Quality Life Center

Abdul'Haq Muhammed, executive director, Quality Life Center of Southwest Florida, spoke at the Gateway to the Islands Kiwanis luncheon on May 25. The Quality Life Center has been providing educational tutoring and mentoring services to children since 1992. Through a holistic approach it strives to help the children and the family to manage day-to-day challenges and to help those in need to gain a better quality life.

Its mission is to strengthen family and community and instill personal pride, through programs and institutions that cultivate self-development, teach self-discipline, build confidence and self-esteem and promote cultural appreciation.

The center operates on the premise that if a child receives love, develops a healthy respect for the creator, and has a positive self-image, the child will be prepared to meet life's challenges. When that child is taught values that can carry him or her through life's trials, and is exposed to role models providing guidelines, then he or she can develop a winning spirit and a positive attitude. In turn, these children will attain a quality life.

For more information about the Quality Life Center, call 334-2797 or log onto www.qualitylifecenter.org.

Gateway to the Islands Kiwanis Club meets every Tuesday for an 11:45 a.m. lunch; guests are always welcome. For details on lunch or membership call Viki or Terry Luster at 415-3100. ✨

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ANNUNCIATION GREEK ORTHODOX CHURCH

8210 Cypress Lake Drive, Fort Myers
Reverend Fr. Athanasios Michalos
Orthros Service Sunday 9am
Divine Liturgy Sunday 10am
Fellowship Programs, Greek School,
Sunday School, Community Night
239-481-2099

BETH SHILOH MESSIANIC SYNAGOGUE:

15675 McGregor Boulevard. 437-3171

Rabbi: Judah Hungerman

Friday Service, 8 p.m.

Saturday Service, 11 a.m.

Shabbat School Saturday Morning

Adult Hebrew Classes

Please call for information on full program.

BREAD OF LIFE MINISTRIES CHURCH OF GOD:

16581 McGregor Boulevard, 267-3166

(Just past the Tanger Outlet Mall)

Pastor: Barry Lentz, 281-3063

Sunday Worship, 10:30 a.m.

Wednesday Bible Study, 7 p.m.

CHURCH OF THE CROSS:

13500 Freshman Lane; 768-2188

Pastors: Jeff Moran and Michael Bulter;

A nondenominational church emphasizing

a personal relationship with Jesus Christ.

Sunday Service: 9 a.m. Contemporary

10:45 a.m. Traditional.

CHRIST THE KING

1188 Lake McGregor Drive, Fort Myers,

432-1724. Reverend N. Everett Keith II;

An Old Catholic Community; Liturgy

in English; Sunday Mass at 9:30 a.m.

COVENANT PRESBYTERIAN CHURCH:

2439 McGregor Boulevard, 334-8937

Rev. Dan Hagmaier, pastor

Traditional Sunday service 10 a.m.

Nursery available

CYPRESS LAKE BAPTIST CHURCH:

8400 Cypress Lake Drive, Fort Myers,

481-5442

Danny Harvey, pastor

Sunday Services: Bible study, 9:45 a.m.

Morning Worship, 11 a.m.

Evening Worship, 7 p.m.

Wednesday Prayer Meeting, 7 p.m.

CYPRESS LAKE

PRESBYTERIAN CHURCH:

8260 Cypress Lake Drive, Fort Myers, 481-

3233; Clint Cottrell, pastor

Sunday services:

Traditional, 8 and 11 a.m.;

Contemporary, 9:30 a.m.

Children's Church K4J (Kids for Jesus)

9:45 a.m.

CYPRESS LAKE

UNITED METHODIST CHURCH:

8570 Cypress Lake Drive,

Fort Myers, 482-1250

Sunday Traditional Service: 8 and

11 a.m., Praise Service: 9:30 a.m.

Sunday School: All times

FAITH FELLOWSHIP WORLD

OUTREACH MINISTRIES:

6111 South Pointe Boulevard, Fort Myers,

278-3638. Sunday Worship, 10:30 a.m.;

"Voice of Faith," WCRN 13.50 AM Radio,

Sunday, 1:30 p.m.

Thursday Service, 7:30 p.m.

Friday Youth Service, 7:30 p.m.

Nursery care for pre-school children and Children's Church for ages 5-12 available at each service.

FAITH UNITED METHODIST CHURCH:

15690 McGregor Boulevard

Fort Myers, 482-2030

Pastor: David Stauffer.

Traditional services 9:00 a.m.;

Contemporary, 10:30 a.m.

Go south on McGregor Boulevard. The

church is 1/2 mile past the intersection of

Gladiolus and San Carlos Boulevard on the

way to Sanibel.

FIRST CHURCH OF CHRIST, SCIENTIST:

2390 West First Street, next door to Edison

Estates.

Sunday Morning Service and Sunday

School, 10:30 a.m.

Wednesday Evening Testimony Meeting,

7:30 p.m.

Child care provided at all services.

Visit our Reading Room for quiet study at:

2281 W. First Street, River District

www.spirituality.com and www.christian-

science.com

FIRST CHURCH OF THE NAZARENE:

13545 American Colony Boulevard (off

Daniels Parkway in the Colony), Fort

Myers, 936-2511

Pastor: Rev. Joey Brummett

Sunday School: 9:30 a.m.; Morning

Worship, 10:30 a.m.; Sunday Evening, 6

p.m.; Wednesday Family Night, 7 p.m.

FORT MYERS CHRISTIAN CHURCH

(DISCIPLES OF CHRIST) A STEPHEN

MINISTRIES CONGREGATION

5916 Winkler Road, Fort Myers,

437-4330. Rev. Mark Condrey, Pastor

Sunday Worship: 10:30 a.m.

Church School: 9:15 a.m.

FORT MYERS CONGREGATIONAL

UNITED CHURCH OF CHRIST:

8210 College Parkway, Fort Myers,

482-3133. Philip White, pastor

Morning Worship: 10 a.m.

Church School: 10:15 a.m.

Adult Forum: 9 a.m.

HOLY THEOTOKOS MONASTERY:

111 Evergreen Road, North Fort Myers,

997-2846

Eastern Orthodox men's monastery.

Liturgical services conducted in the

English, Greek and Church Slavonic lan-

guages, following the Julian (Old) Calendar.

Liturgical Services: Sundays and Holy

Days: The Third and Sixth Hours at 8:30

a.m.; Divine Liturgy at 9 a.m.

IONA-HOPE EPISCOPAL

CONGREGATION:

9650 Gladiolus Drive, Fort Myers,

454-4778

The Rev. Dr. John S. Adler, pastor

Weekly services:

Saturday 5 p.m., Eucharist with Healing

Sunday 8 a.m., Holy Eucharist, Rite One;

9:30 a.m., Family Eucharist with Healing

and Church School

Tuesday 9:30 a.m., Morning Prayer (in

Spanish); Wednesday 9:30 a.m., Eucharist

with Healing

Child care available at Saturday 5 p.m. and

Sunday 9:30 a.m. services.

JESUS THE WORKER

CATHOLIC CHURCH:

881 Nuna Avenue, Fort Myers, 481-1143

Masses Friday and Saturday, 7 p.m.;

Sunday, 8 and 10 a.m. and 6 p.m.

KINGDOM LIFE CHURCH:

2154 McGregor Boulevard, Fort Myers,

218-8343

Pastor Randy and Anita Thurman

Sunday Service, 10:30 a.m.

All are welcome.

LAMB OF GOD LUTHERAN/EPISCOPAL

CHURCH:

Corner Cypress View Drive and Koreshan

Boulevard, Three Oaks area, Fort Myers,

267-3525

Walter Fohs, pastor; Becky Robbins-

Penniman, associate pastor

Sunday worship services:

Early Grace Traditional, 8 a.m.

Awesome Grace Contemporary, 9 a.m.

Classic Grace Traditional, 10:30 a.m.

Sunday School God's Group, 8:45 and

10 a.m.

MESSIAH REFORMED CHURCH

Worship Gathering - Sunday 10 a.m.

Pastor Alan Bondar

Fort Myers Villas Civic Association Bldg.

2306 Sunrise Blvd. Fort Myers, 33907

Phone/text: 220-8519

website: messiahreformed.com

Bible Study - Wednesday 6:30 p.m.

Fellowship Lunch - Sunday noon

Teen Events - Monthly

c/website for podcasts, special events, min-

istries, calendar, blogs, etc.

NEW HOPE BAPTIST CHURCH

OF FORT MYERS

16120 San Carlos Boulevard, Unit 10B

791-6908

Tom Richards, Pastor

Sunday School for all ages 9:45 a.m.

Sunday Morning Worship 11 a.m.

Sunday Evening 6 p.m.

Wednesday Evening Bible Study 7 p.m.

Special Monday Community Group service

at 7 p.m. for those who can not attend

Sundays.

NEW HOPE PRESBYTERIAN CHURCH

3825 McGregor Boulevard. Fort Myers

Pastors: Bill Stephens, Stu Austin and

Howard Biddulph, Associate Pastor

Traditional Worship at 8:00 and 9:30 am,

Contemporary Worship at 11:00am

Sunday School at 8:00, 9:30 and 11:00am

Youth and Children's programming runs

concurrent to Sunday services.

Nursery care provided at all services

For more information visit: www.newhope-

fortmyers.org

PEACE COMMUNITY CHURCH:

(Meets at Ft. Myers Beach Masonic Lodge)

17625 Pine Ridge Road, Fort Myers Beach

267-7400.

Pastors: Bruce Merton, Gail and RC

Fleeman

Traditional Worship 9:45 a.m.

Contemporary Worship 11:15 a.m.

Phone: 267-7400 Fax: 267-7407

Web site: peacecommunitychurch.com

e-mail: peace1265@aol.com

PEACE LUTHERAN CHURCH:

15840 McGregor Boulevard, Fort Myers

Walter Still, Senior Pastor,

Sunday Worship: 8 and 9:30 a.m.

3/4 mile south from the intersection of

McGregor, San Carlos and Gladiolus.

A congregation of the ELCA.

REDEEMER LUTHERAN CHURCH

3950 Winkler Extension, Fort Myers

Daily early learning center/day care

Sunday Services, 8:15 and 10:15 a.m.

274-0143

SAMUDRABADRA BUDDHIST

CENTER:

Meditation classes. All are welcome.

Guided meditations offering many meth-

ods for relaxing the body and focusing

the mind on virtuous objects to bring

increasing peace and happiness into

daily activity. For information, class times

and locations call 567-9739 or visit www.

MeditationInFortMyers.org.

SOUTHWEST BAPTIST CHURCH:

16940 McGregor Boulevard, Fort Myers,

454-3336

Robert G. Kasten, Pastor

Sunday Worship Service 11 a.m.

Nursery available

9:45 a.m. Sunday School for all ages

Junior Church grades one to five

Wee Church Pre-K to K

Evening Service 6 p.m.

Wednsday Service 6 p.m.

ST. COLUMBKILLE

CATHOLIC CHURCH:

12171 Iona Road, Fort Myers, off

McGregor and north of Gladiolus.

489-3973

Father Joseph Clifford.

Weekly masses:

Monday through Saturday 8 a.m.

Weekend masses: Saturday 3 and 5 p.m.;

Sunday: 7, 9,11, and 5:30 p.m.

Reconciliation is available at the church on

Saturdays at noon and by appointment

SAINT JOHN THE APOSTLE

METROPOLITAN COMMUNITY CHURCH

3049 Mcgregor Boulevard, Fort Myers,

344-0012

Pastor Rev. Steve Filizzi

An Affirming & Inclusive Congregation



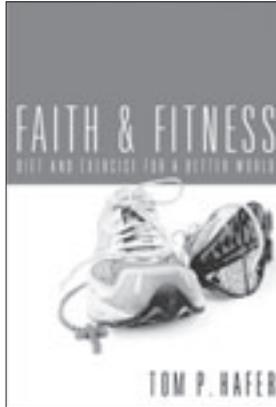
Tom Hafer is the author of *Faith & Fitness*, an Augsburg Books bestseller in 2007

FGCU Hosting Faith & Fitness Workshop

Florida Gulf Coast University's Continuing Education and Off Campus Programs presents Faith & Fitness, a workshop for healthcare professionals. The course is open to the public from 5:30 to 7 p.m. Tuesday, June 15 or 5:30 to 7 p.m. Tuesday, July 27 at The Atrium, 8695 College Parkway, Suite 1181, in Fort Myers.

This course introduces fitness as a true spiritual discipline. The community's health is dependent on the collective support and efforts of its individuals. This course will make clear, in addition to proper nutrition and exercise, that wellness by design requires one to live in harmony with others. Participants will learn that everyone nourishes everyone through the basic variables for health: food, exercise and love.

Tom Hafer, author of *Faith & Fitness* (Augsburg Books, 2007) facilitates the seminar. Hafer is a physical therapist, a licensed athletic trainer, and holds a master's degree in religion. He serves as both chaplain and physical therapist at Gulf Coast Village and Volunteers of America in Cape Coral. He is a national presenter on the issues of faith and fitness, and is founder of the popular Wellplanet.org Web site, which teaches people to care for themselves to better care for others.



The cost for the workshop is \$20. Contact hours through the state of Florida's CE Broker for most healthcare professions are available.

For more information or to register call 425-3277 or register online at <http://register.ce.fgcu.edu>.*

Youth Mentoring Program Kick-off Celebration

GoodGuides, a youth mentoring program sponsored by Goodwill Industries of Southwest Florida, is celebrating the program's kick-off with a fun, family-oriented celebration at The Bridge Youth Center in Fort Myers on Friday, June 4. The Bridge is a faith-based youth center located in the Fort Myers River District, 2128 Cleveland Avenue.

Middle and high school age youth are invited to participate in the fun, which will feature a basketball tournament, table tennis, video games, food, and other activities from 3 to 6 p.m. Later in the evening, The Bridge will host a teen dance from 7 to 10 p.m. Throughout the evening, students will have the opportunity to sign up for the GoodGuides program.

The GoodGuides program is currently also seeking mentors. GoodGuides mentors serve as positive role models and friends, provide encouragement, and help young people set and achieve their goals.

GoodGuides is a youth mentoring program which provides career exploration,

mentoring and skill development activities for at-risk youth age 12 to 17. Students receive encouragement and resources with the goal of staying in school, improving school performance, and developing career plans. The program is administered locally by Goodwill Industries of Southwest Florida, and is funded through a Department of Justice Grant.*

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Churches/Temples

WESTMINSTER PRESBYTERIAN CHURCH:

9065 Ligon Court, Fort Myers, across from HealthPark Hospital, 481-2125
Pastor: Interim Pastor Dr. Luder Whitlock
Sunday Service:

9:30 a.m., Contemporary;
Worship and Adult Classes
11 a.m., Blended Worship

WORD OF LIFE CHURCH:

2120 Collier Ave, Fort Myers, 274-8881;
Services: Sunday 10 a.m.;

Wednesday 7 p.m.

Bishop Gaspar and Michele Anastasi

ZION LUTHERAN CHURCH:

7401 Winkler Road, Fort Myers, 481-4040, Pastor, Steve Hess
Sunday Services: 8 a.m. traditional;
9:30 a.m. contemporary; 11 a.m. blendings.
Sunday school, 9:30 a.m.*

We will Be Painting All Day

Artists in People's Court

1609 Hendry Street Downtown Fort Myers

Friday, June 4 - The Night of Art Walk

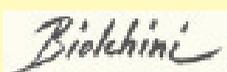
Starting at 3 pm

Notable Artists

Greg Biolchini, Jan Ellen

Randon Eddy, Tom Brown

Joan Ann Reynolds



Celebrate the opening of our Downtown River Weekly News office 4-6 PM

Proceeds to benefit the John Kanzius Cancer Research Fund

CROW Case Of The Week:

Florida Box Turtle

by Brian Johnson



He was so small that you wonder how Jay Garrity even saw him in the backyard of his Naples home, but it was a good thing he did.

The 6.5-gram creature had an amputated right rear foot and the left one was not in working order. His prospects for survival were real slim.

"He was so tiny, the size of a nickel," said Dr. Amber McNamara, recalling his arrival on November 17, 2009. "Something had happened 'long ago in his short life' to his right foot, as the amputation had completely healed. Normally a turtle can adapt to the loss of one foot, but having an injury to one rear leg and near paralysis in the other presented some serious challenges. His prognosis was extremely guarded."

CROW staff put the box turtle in an incubator with a gopher tortoise hatchling who happened to be at the clinic.

During the day they soaked the box turtle in a microscopic five millimeters of water to keep him hydrated.

Despite his miniature size, Dr. Amber performed acupuncture on his left rear leg to stimulate life in it. The five-minute session must have set a Florida if not



Box turtle

national record for smallest wildlife acupuncture patient. She found a point in his leg and a point in his tail.

It took him about two months to really show an appetite. He spent several hours per day in "physical therapy" – a 10-inch bowl of dirt with worms, sticks, shells and leaves from his natural habitat to encourage movement.

Over time and multiple acupressure and physical therapy sessions, he began to regain strength in his left leg, and on April 6 earned a transfer outdoors to a "lettuce box" to get sunshine and nestle in blades of grass. His physical rehab program consisted, essentially, of burrowing into the ground. The enclosure was wired to keep him from getting out and predators from getting in.

"He has lots of leaves and plants to



Cat opens lettuce box cage

hide in," said Dr. Amber. "He likes to dig himself into the dirt and can now do his own PT 24 hours a day."

The box turtle, now weighing 25.5 grams and measuring three inches in length, is nearing release.

"He's five times his size, so he really has sprouted," said Dr. Amber. "He's shown fantastic improvement in the use of his legs. It's taken a lot of time – about seven months, but he's very close to being ready."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from the Gulf Coast of Florida. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: www.crowclinic.org.

Show Coming To FGCU Stage

Florida Gulf Coast University Theatre Lab will open Christopher Durang's *Beyond Therapy* at 8 p.m. Wednesday, June 16 in the black box theater in the FGCU Arts Complex. The show is directed by Barry Cavin, chair of the Visual and Performing Arts Department. Performances run through June 20.

Bruce and Prudence are deeply into therapy. Prudence's macho therapist urges her to be more assertive while Bruce's wacky female therapist wants him to meet women by placing a personal ad. Will this sport of self-analysis bring them together or will it lead them both into endless games of narcissistic solo love?

Learning to live beyond therapy is the focus of this delightful show that moved from Off Broadway to Broadway.

Curtain times are Wednesday through Saturday, 8 p.m.; Sunday 2 p.m. matinee.

Tickets are on sale for \$7 per person. Tickets are also available at the door prior to each performance.

The FGCU Arts Complex is located on the main campus. Free parking is available in Lot 7 for arts complex visitors. Parking passes are available at the parking kiosk located at the university's entrance.

For more information, contact the FGCU Theatre Lab at 590-7268 or visit theatrelab.fgcu.edu.

From page 1

Art Walk

• Space 39: Opening of a new show featuring artwork by FGCU students.

The Art Walk Information Center is located at Iberia Bank (Bayview Court at First Street). See art work from each of the galleries and get information and brochures for the event. The new Art Walk T-shirt is also available in the visitor center for a \$12 donation (during Art Walk only).

Friday Night Live takes place in the Patio de Leon from 6 to 9 p.m., with John Mooney performing.

New limited edition Art Walk buttons will be available at the galleries.

There is a free shuttle service, courtesy of Select Transportation Inc., with stops planned near the art venues. Parking is available at the Harborside Event Center. Shuttle stops include The Oasis, Art of the Olympians, and Enjewel on First Street.

For more information, visit www.fortmyersartwalk.com.

From page 1

Art And Jazz

There will also be a silent auction and dessert raffle.

For tickets and more information call 281-7378 or visit www.footstepstothe-future.org. General tickets are \$15; two for \$25. VIP tickets include a reception to meet and greet musicians, artists, and sponsors. A cash bar will be available. VIP tickets are \$25; two for \$45.

The Sidney & Berne Davis Art Center is in the River District in downtown Fort Myers.



- 10 a.m. Island Cruise to Useppa Or Cabbage Key
- Boca Grande Cruise
- 4 p.m. Dolphin Watch Cruise
- Beach & Shelling Cruise
- Sunset Serenade Cruise with Island Musicians

Reservations Required
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www.captivacruises.com

Call For Departure Times

IF OUR SEAFOOD WERE ANY FRESHER, WE WOULD BE SERVING IT UNDER WATER

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SEAFOOD

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THE LAZY FLAMINGO
Beautiful Downtown Santiva
6520-C Pine Avenue
472-5353

LAZY FLAMINGO II
Beautiful Downtown Sanibel
1036 Periwinkle Way
472-6939

Essay Deadline Extended To Win A Week Of Summer Camp

The Friends of Six Mile Cypress Slough Preserve are extending their deadline for 12 scholarships to pay for the registration fees (\$57) for a week of summer camp at the slough. Students from ages 10 to 16 are asked to submit a one-page essay explaining: Why I want to go to Summer Camp at the Slough.

Summer Camp Essay Requirements:

1. Submission from any student age 10 to 16 who wishes to attend camp at the Six Mile Cypress Slough Preserve in Fort Myers for one of the selected weeks. Please indicate which week is desired. Naturalist Camp for 10 to 12 year olds from July 19 to July 23 or July 26 to July 30. Wilderness Camp for 12 to 16 year olds from August 9 to 13 or August 16 to 20.

2. One-page essay preferably hand written. Must include student's name and age and address for notification if awarded fees for a week of camp.

3. Explain why you would like to attend summer camp at the slough. Winning submissions may be published in the friends newsletter *Connections*.

4. Essays must be submitted by June 15. Winners will be notified in writing by June 31.

5. If already enrolled in Six Mile Cypress Slough Preserve Summer Camp, the student may still enter an essay and receive reimbursement for the \$57 camping enrollment fee.

Essays should be submitted to the Friends of Six Mile Cypress Slough Preserve, 7791 Penzance Blvd., Fort Myers, FL 33966 or Dr. R. Charles O'Connor at rroc77@embarqmail.com. If you have any questions call 533-7557.*

To advertise in *The River Weekly News* Call 415-7732

OSHA Training Course For Oil Spill Cleanup

For those interested in helping with clean up should the Deepwater Horizon spill reach Sanibel and Captiva islands, there will be a four-hour OSHA training session offered on Captiva in June.

Oil is a hazardous material and there are very strict state and federal requirements for volunteers once oil hits the shorelines or occurs in nearshore waters.

Captiva Erosion Prevention District (CEPD) has arranged for the Ostego Bay Foundation's Marine Science Center to offer their four-hour OSHA training at South Seas Island Resort. The cost is \$25 and reservations are required by June 9.

There will be two four-hour sessions offered on June 14: one from 8 a.m. to noon; the second from 1 to 5 p.m.

To register, you must call CEPD at 472-2472 no later than 5 p.m. Wednesday, June 9. Or you can email CEPD at mycepd@gmail.com. Give your name, address, phone number, email address, and whether you want to attend the morning or afternoon session. If you reach voicemail, simply leave the information and someone will call you back to confirm.

Because seating is limited, walk-ins will not be accepted. Please arrive at least 15 minutes prior to when the session begins to complete your registration and pay your fee. This is an OSHA training event and you will receive a certificate upon completion. You will not be seated once the training begins nor be granted a certificate if you leave before completion.

In 1991, the state of Florida began requiring local communities to either maintain first-response capabilities themselves or contract with outside experts to provide those first response services. The Ostego Bay Environmental Response Co-op was created in 1992 to meet those state requirements. The all-volunteer group is licensed and inspected by the state and operates under the jurisdiction of the U.S. Coast Guard.*

Our email address is
press@riverweekly.com



JOHN NAUMANN & ASSOCIATES

island real estate

Crown Colony Lake Front Carriage Home

Beautifully appointed Osprey Model Carriage home 2BR/2BA with Media Room



that can be used as optional 3rd BR. Desirable upper unit has sweeping lake and golf view of 7th fairway and green with southern exposure. Upgraded tile, cabinets, appliances and more. Furnishings available. Community pool, tennis, activity center and gym. Golf available. **Offered for \$239,000.**
Contact Ray Ochester 239-410-9725

Crown Colony Abbey Row

The largest estate home available in Crown Colony has it all: Beautiful Lanai and



pool/spa views overlooking the largest lake in the community; Entry Foyer, 4 Bed Rooms, 4 Baths, Den, Morning Room, Family Room, Living Room, Formal Dining Room, extended three car garage, dual Air Conditioning systems, double electrical panels, surge protection, security system, cable pre-wire, high-speed internet, intercom, central vacuum system, upgraded appliances, plantation shutters, designer window treatments. **Offered for \$795,000.**

Contact Ray Ochester at 239-410-9725

Shenandoah Lake Front Lot

Exclusive South Ft. Myers location. Close to Sanibel. Over 1 acre lake front lot in a private gated community to build your custom home. Plans are available or work with an architect to create your own dream home. One of few areas where horses are permitted. Shenandoah is an enclave of spectacular estate homes, featuring over a mile of riding trails, horse arena and private tennis courts. **Offered for \$250,000**



Exclusive Riverfront Estate

Located in St Charles Harbour this 6400+ square foot home offers outstanding river views, private 80 ft. pier, 4 car garage, 2 fireplaces, huge pool area with outdoor kitchen, private guest suite, 2 laundry rooms, butler pantry, whole house generator. Additional dock available in central marina, **MUST See. Priced reduced to \$3,995,000.**



Villa Lot or House/Lot Combo

The last remaining Villa lot in St. Charles Harbour Expansive views of the Marina and down the canal.



Buy the lot and build your own dream home or purchase a completed Villa. Plans available for review. **Lot only \$565,000 Villa/Lot \$1,450,000**

If you are interested in listing your island property, contact the island's oldest and most prominent real estate company.

We get results!

**1149 Periwinkle Way Sanibel, FL 33957 239/472-0176 fax 239/472-0350
www.jnaislandrealestate.com**

Tarpon Fishing On The Full Moon And Hill Tides



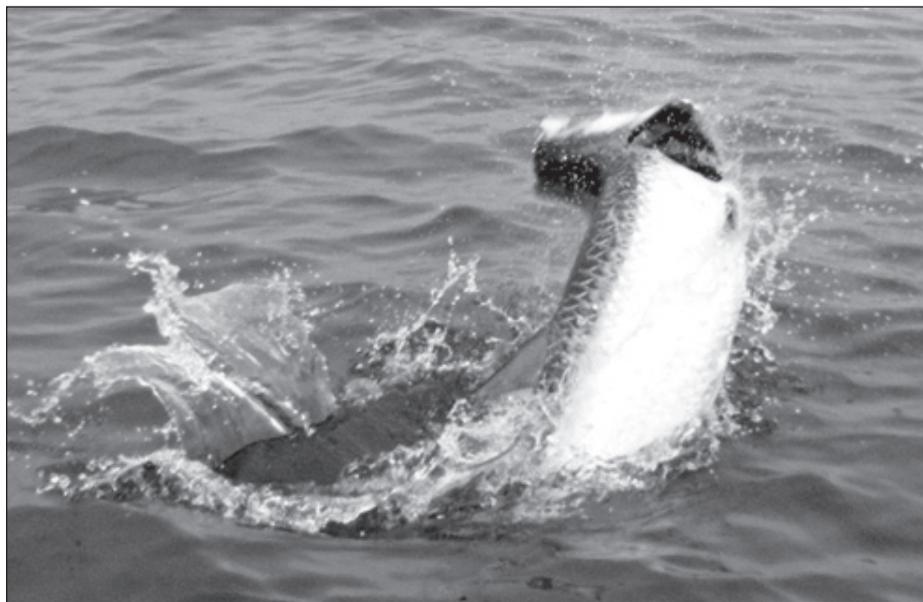
by Capt.
Matt Mitchell

With a full moon and afternoon/evening hill tides this week the morning tarpon bite was just not right. I did manage to catch a few tarpon in the morn-

ings but they were not as active as they were the previous week. These hill tides are a natural phenomenon as the strong outgoing tide pulls swimming crabs and baitfish out through the passes as tarpon feed hard.

Some of the areas I fished for tarpon in the sound this week were Foster's Point on North Captiva, the slews between Cayo Costa and the south end of Cabbage Key and Captiva Rocks. All these places had a few rolling fish but slow action at best. I spent a lot of time running and looking without ever finding any good numbers of fish in the bay. Glassy calm conditions in the mornings should have made finding rolling tarpon easy if they were there.

I did have reports of good evening tarpon action in the passes on the big outgoing tides. The tarpon were feeding well on crabs right before sunset but strong afternoon sea breezes made the passes rough, making it bumpy out there,



A jumping tarpon caught gulfside this week

to say the least. Now that we are finally getting past this full moon phase, things will pick back up in the sound this week for daytime anglers.

Talking daily with other guides and anglers targeting tarpon we all seemed to be having the same problem of getting on a consistent daytime tarpon bite or even locating any good numbers of fish in the sound. Everyone one I talked with had their own theory to what had happened with the fish this week.

We will never really know but some of the thoughts on the lack of fish were: The bright full moon let the fish feed all night. With the late day/early evening hill tides the tarpon had gorged on crabs in the passes and were just not interested in eating. Or, maybe they had moved offshore to spawn after the full moon all-you-can-eat crab party. I think it's all these things but when it comes right down to it we know very little about tarpon.

Gulfside action was a little better if you could locate the fish. There are many square miles of water to search

for tarpon in between Fort Myers Beach and Sanibel. This area makes up the tarpon triangle (basically draw a line from the south end of Fort Myers Beach to Knapp's Point on Sanibel). As tarpon travel north towards the passes for the big party they cut off this corner. They often stage up in this area and can be located in large numbers before moving up to the passes before spawning.

When looking for tarpon in the tarpon triangle off of Sanibel I like to line up with the radio tower around Tarpon Bay Road and work my way south out towards Fort Myers Beach. You will see lots of boats spread out fishing in this area. There will be two types of anglers: boats anchored up cut baiting; and boats running and looking. Both methods work but I prefer to sight fish when conditions allow. This type of sight fishing is not only looking for fish but watching what the other boats are doing. Sure, it's great to locate your own school but when fishing is tough, watch for all the boats to get in close together. That usually means they are on



Capt. Matt Mitchell looking for tarpon in the tarpon triangle

a pod of tarpon.

I fished several smaller schools of tarpon this week out from Knapp's Point in water from 18 to 24 feet deep. As the morning got later the fish moved out deeper and deeper. By late morning the fish had simply disappeared. Even when we located a school I did not see too many hook ups. After spending three hours looking for fish gulfside one morning we finally located one pod along with the other dozen boats that spotted them. We all worked the school for a few hours. I managed to jump only two fish and saw only three or four others hooked. Seeing these fish come up and roll while everyone chases and pitches to them is an awesome sight even if you don't hook up.

The majority of the tarpon fishing I generally do is bayside but with the lack of fish in the sound this week I had to switch it up and go south and gulfside. During these full moon/hill tide periods I think you have two choices to catch a tarpon: either fish the passes during the hill tide as any fish in that area will be in the pass; or stay as far away from the pass where the fish are not affected by this natural phenomenon.

*Capt. Matt Mitchell moved to Sanibel in 1980 and has fished local waters for more than 25 years. He now lives in St. James City and has worked as a back country fishing guide for more than 10 years. If you have comments or questions email captmattmitchell@aol.com.**

BOAT RENTALS

Fishing • Cabbage Key
Dolphin Watching
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Plant Smart:

Tampa Verbena



Tampa verbena is listed as endangered in the state of Florida

by Gerri Reaves

Plant Tampa verbena (*Verbena tampensis* or *Glandularia tampensis*) and you'll have a lovely, easy-care butterfly attractor in your landscape.

And you'll be doing a bit to help an endangered native wildflower to make a comeback. Because of habitat loss due to development, only about two dozen wild populations of the plant remain in Florida, according to recent studies.

Tampa verbena's natural habitat is beach dunes and dry woodlands. It grows one to two feet tall. A tendency to sprawl and its ability to self-sow make it useful as a groundcover in a butterfly or wildflower garden.

Also called Tampa mock vervain, it produces rosy to purplish pink clusters of five-lobed flowers. It blooms most of the year, peaking in spring.

Be Prepared: The Start Of The 2010 Hurricane Season

by David Halstead, Director of Florida Division of Emergency Management

In April Governor Crist gave me the distinct honor of appointing me as the director of the Division of Emergency Management. While the vast majority of my time since that appointment and the time of the State Emergency Response Team (SERT) has been involved with preparing for the potential future impacts that may be caused by the Deepwater Horizon incident, it is time to shift some of that focus to the beginning of the 2010 Atlantic Hurricane Season.

The weather experts tell us that we can expect a busy hurricane season. The current forecast calls for an above average year for the formation of hurricanes. While we respect those that forecast these numbers, it is important that we remind our citizens and visitors that it only takes one storm to cause loss of lives and devastating property damage. Hurricane Andrew was a devastating Category 5 hurricane that struck our state in 1992. That was a year in which the forecast called for a below average year for the formation of hurricanes. So again while the higher numbers bring to light the start of the hurricane season, we have to remain focused on individual responsibility and being prepared for the one storm that may impact the state and your community.

Recently released survey results indicate that many coastal residents are much less prepared than they should be and in some cases go to the extreme of believing there is almost no risk to themselves or their families due to a land-falling hurricane. I am reminded that over 25 years ago an elderly gentleman lived at the base of a beautiful mountain and had a breathtaking view. He had lived there for most of his life and yet knew that one day all of this could be threatened. This was his life right up to the point that Mount St. Helens erupted and eventually took his home and his life. He felt that evacuating when the local officials told him to would be to abandon everything he had built. We also live in a paradise, with beautiful beaches and spectacular views. What we have to understand is that there are times that we must heed local officials and evacuate. With the decision to evacuate comes the need to have a plan, where are you going, where will you stay, what route will you travel and what must you take with you (medicines, clothing, food, water, insurance policies, etc).

To those citizens and visitors that are asked to evacuate we recommend traveling tens of miles versus hundreds of miles. In most cases moving out of the immediate area where storm surge, the water pushed in front of the hurricane-force winds, will save lives. So traveling to friends' or families' homes out of these danger areas is a critical decision. So Get A Plan! is more than just talk – it requires an action. Action by you and your family to understand that living in paradise comes with a price and that price is preparedness. Visit www.FloridaDisaster.org today and get started developing your family plan.*



Clusters of purplish flowers appear throughout the year, most heavily in spring

photos by Gerri Reaves

The dark green leaves are oval or lance-shaped with toothed margins, and the stems are slightly haired.

Plant this enchanting flower in full sun to partial shade in well-drained soil. It prefers moist soil but once established will develop drought tolerance.

Propagate it with seeds or cuttings, or divide the clumps. Even better, if you have time and patience, you can let Tampa verbena self-seed.

Because of this plant's endangered status in the state of Florida, avoid collecting specimens or seeds from the wild.

Sources: *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio, and www.usbg.gov.

Plant Smart explores sustainable gardening practices that will help you create a low-maintenance, drought-tolerant, hurricane- and pest-resistant South Florida landscape.*

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Thousands Of Teenagers Come To South Florida With Dreams Of Playing World Cup Soccer



By Ed Frank

As the eyes of the world turn to South Africa next week for soccer's World Cup, 4,000 teenage athletes chasing the dream of some day earning a spot on the U.S. National Team gathered here over the Memorial Day weekend competing in the U.S. Soccer Federation's Development Academy's Spring Showcase.

Now in its third year, the development academy was formed to train and develop athletes as the successful foundation for the U.S. National Team.

It's a huge long-term investment costing millions of dollars as evidenced by this past weekend's tournament where 144 academy teams in two age brackets played three games each.

More than 300 college soccer coaches and scouts were on hand and every game – more than 200 – was video taped for further review by federation officials, coaches and the players themselves.

The showcase was held on the sprawling grounds of the Sarasota Polo Club, which was converted into 20 soccer fields. Academy teams from coast to coast traveled here for the competition where 64 teams were selected to play in the development academy's national championship starting later this month in Greensboro, North Carolina.

Carefully selected referees totaling 110 also were evaluated and ranked by soccer federation staff as the basis for future assignments.

In communities across America, interest and participation in soccer at all levels has spiraled upwards in recent years outstripping the traditional sports of football, baseball and basketball, particularly by youth.

The soccer federation's development academy is capitalizing on this movement as the means to equip the United States with skilled national teams that can compete successfully on the world stage.

In addition, the academy provides the recruiting feeder system for college soccer as evidenced by the hundreds of coaches that evaluated talent here during the four-day showcase.

United Way Distributing \$538,659 For Emergency Food And Shelter

The United Way of Lee, Hendry and Glades has announced that Lee, Hendry and Glades counties will receive funds to supplement emergency food and shelter programs. Twenty Lee, Hendry, and Glades county agencies will receive \$538,659.

Food and shelter programs in the counties will receive the following: Lee County \$496,454, Hendry County \$35,779, and Glades County \$6,557.

The United Way of Lee, Hendry and Glades provides the coordination and administrative support for this program in the community. Cliff Smith, president of the United Way of Lee, Hendry, and Glades added, "The emergency food and shelter funds are being put to work where they are needed the most, and the administrative costs of getting the funds to the agencies who actually provide emergency food and shelter is only two percent of the total. That is extraordinarily low and speaks to the efficiency of the program."

A local board is charged with distributing the funds appropriated by Congress to expand the capacity of food and shelter programs in high-need areas. The local board determines how the funds awarded to this area are to be distributed among the emergency food and shelter programs run by local human service agencies in the area. Some of the local agencies have already received their funds.

The agencies that have received, or will receive assistance include the following:

ACT (Abuse Counseling & Treatment) - \$6,000

Amigos Center - \$7,000

Bonita Springs Assistance - \$20,000

CCMI (Community Cooperative Ministries) - \$90,000

Cape Coral Caring Center - \$18,000

FISH of Pine Island - \$7,000

FISH of Sanibel - \$13,050

Harry Chapin Food Bank - \$130,000

Hendry County SHIP - \$8,045

Glades County SHIP - \$3,498

Hope Health Care/Hope Connections - \$2,000

Interfaith Caregivers of South Lee - \$11,000

Lee County Human Services - \$100,000

Lee Mental Health Center - \$18,000

Lehigh Community Services - \$32,404

Nations Association - \$6,000

The Salvation Army, Clewiston and Glades County Offices - \$4,500

The Salvation Army, LaBelle Office \$16,234

The Salvation Army, Lee County - \$38,000.✪

This is the second year that the federation has brought its spring showcase to South Florida and it plans to return here next year. A winter showcase also is held each December in Arizona.

There is much more to the academy program for these youngsters – ages 15 to 18 years old – than the competition itself. Long hours of training several days a week along with fitness and skills tests and nutrition requirements are key elements of the rigorous program.

No doubt that programs such as the soccer federation's development academy has existed for years in soccer-crazy nations in Europe and South America.

However, the thousands of teenagers that traveled to Florida last weekend with a dream of a someday representing the United States on its national team is proof-positive that a solid commitment has been made to prove that the United States can compete and win in World Cup soccer.

Minnesota Twins Open Tryout Here Next Saturday

An annual tradition since 1961, the Minnesota Twin will hold an open tryout for aspiring athletes next Saturday, June 12 at Hammond Stadium in the Lee County Sports Complex.

Registration begins at 8:30 a.m. and the tryout camp is expected to last the entire day. Participants should bring their own gloves and shoes.

Athletes eligible must be high school graduates who have not been previously drafted in the Major League draft.

Several players have been signed to minor league contracts at these open tryouts, the most recent being Chris Brown of Fort Myers in 2004.✪



Christie Bradley

Sanctuary Tennis Director Wins National Title

Congratulations to Christie Bradley, tennis and fitness director for The Sanctuary Golf Club, who won the USPTA National Clay Court in Women's 45s Singles in West Palm Beach at The Ibis Golf & Country Club May 20 to 23.✪

Miracle Go To Bat For Youth Arts Scholarships

Alliance for the Arts has partnered with Miracle Professional Baseball to offer three special Nights at the Ballpark. Proceeds from ticket packages support the Alliance's Summer Arts Camp scholarship program that serves Lee County youth.

Bring the kids to the ballpark on June 4 to see a performance by ZOOperstars – the popular zany characters who provide a barrel of laughs in their return to Hammond Stadium. Be among the first 500 kids (12 and under) to arrive on June 26 and receive a lovable furry toy during Webkinz Giveaway Day.

Celebrate Independence Day on July 3 with the biggest and best fireworks show in Southwest Florida, while supporting the arts in the community.

Basic ticket packages are \$16 and include a general admission ticket, Miracle Baseball hat, hot dog and soda. Box seat ticket packages are \$18 and include a box seat ticket, Miracle Baseball hat, hot dog and soda.

Tickets can be purchased online at MIRACLEFUN.COM (enter "arts" as the password) or by calling 768-4210.✪

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Premiere At Theatre Conspiracy

Theatre Conspiracy's Southwest Florida premiere of the comedy *boom* plays until June 12 at the Foulds Theatre in Fort Myers.

Written by Peter Sinn Nachtrieb, directed by Bill Taylor and starring Christopher Brent, Virginia Grace and Tera Nicole Miller, *boom* is one of the hottest plays across the country.

"Sex to change the course of the world..." is part of a grad student's personal ad that lures a randy journalism coed to his subterranean biology lab, where he studies the sleep cycle of fish for signs of the end of the world. Will their "intensely significant coupling" lead to another big bang, will meaningless sex have meaning, or is mankind's fate in the hands of someone outside the fishbowl?

Boom had its world premiere production at Arts Nova in New York City in March of 2008. Subsequent productions have been held at Woolly Mammoth Theatre in Washington, DC and Seattle Repertory in Seattle, Washington.

Nachtrieb is a San Francisco-based playwright whose other works include, *Hunter Gatherers*, *Colorado*, *TIC (Trenchcoat In Common)*, and *Multiplex*. His work has been seen off-Broadway and across the country at Actors Theatre of Louisville, Brown/Trinity Playwrights Rep, the Bailiwick



A scene from *boom*

Theatre and Cleveland Public Theatre. *Hunter Gatherers* received the 2007 American Theatre Critics Association/Steinberg New Play Award for best new play to premiere outside of New York and the 2007 Will Glickman Prize for best new play. He is under commission from South Coast Rep and is a resident playwright at the Playwrights Foundation, San Francisco. Nachtrieb holds a degree in theater and biology from Brown and an MFA in Creative Writing from San Francisco State University.

As a way of thanking the City of Fort Myers for its support of Theatre Conspiracy through the City of Fort

Myers Arts and Culture Grant, residents of the city of Fort Myers can get "buy one get one" tickets to the Thursday night, June 10 performance. You must live in the city of Fort Myers and have a valid ID to get this discount.

Performances are Thursday, Friday and Saturdays at 8 p.m. with one Saturday matinee on June 12 at 2 p.m. Tickets are \$22 or \$10 for students. Thursday performances are "buy one ticket, get the second ticket 1/2 price." To make a reservation call 936-3239. Tickets can also be purchased on-line at www.theatreconspiracy.org.

Rockin' The Island At The Schoolhouse



The retro '80s revue, *80s to the Max*, opened Saturday, May 29 at The Herb Strauss Schoolhouse Theater. Songs like *Girls Just Wanna Have Fun*, *Love Shack*, *Whip It* and *500 Miles* delighted a full-house of tourists and locals. Under the direction of Victor Legarreta and Musical Director Justin P. Cowan, the cast of five sang, danced and laughed their way through two hours of pure fun.

The show runs Tuesdays, Wednesdays, Thursdays and Saturdays until June 24 and will then run on Tuesdays and Thursdays only until August 12.

Get time-warped again for the second summer show, *The 70s Show*, which will debut June 26 and will run on Wednesday and Saturday nights through August 14. This show will also have a special opening night reception.

Both shows feature five spectacular actors – some familiar faces to The Schoolhouse and some who are making their Schoolhouse debuts.

Summer prices (\$25 adults, \$10 for students) are in effect as well as a special curtain time of 7 p.m. The Herb Strauss Schoolhouse Theater is located at 2200 Periwinkle Way, Sanibel. Call the box office for tickets at 472-6862. Visit The Schoolhouse Web site for more information at www.TheSchoolhouseTheater.com. Follow The Schoolhouse's tweets @SchoolhouseSNBL!

Theater Donates \$5,000 For Tennessee Flood Victims



Ring of Fire cast presents check to Red Cross representatives

The cast of Broadway Palm Dinner Theatre's current production, *Ring of Fire*, along with audience members donated \$5,000 to Tennessee flood victims. A segment of the show takes place at the Grand Ole Opry and when the *Ring of Fire* cast heard about the flooding and that the Grand Ole Opry was under two feet of water, they asked Broadway Palm management if they could volunteer and fundraise for the relief efforts in Tennessee. After two weeks the cast raised over \$4,500, and the theater added an additional \$500 to make the donation to the Tennessee relief efforts a total of \$5,000.

Ring of Fire plays now through June 5 at Broadway Palm Dinner Theatre. It's the life story about the legendary Johnny Cash. He was known as the Man in Black for

his sometimes rebellious attitudes, but his story also tells us about his passion, humor, redemption and ultimate salvation. *Ring of Fire* includes over 30 Johnny Cash songs and plays through June 5 at Broadway Palm Dinner Theatre. Performances are Wednesday through Sunday evenings with selected matinees. Ticket prices range from \$27 to \$53 with group discounts available for parties of 20 or more. Tickets can be reserved by calling 278-4422, by visiting www.BroadwayPalm.com, or by stopping by the box office at 1380 Colonial Boulevard in Fort Myers.

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New Summer Hours At Alliance

Beginning June 6, the Alliance for the Art's gallery and gift shop will return to summer Saturdays hours. The facility will be open 9 a.m. to 12 p.m. The Alliance's GreenMarket, locat-

ed outside on the north lawn, will be open Saturdays from 8 a.m. to 12 p.m.

Make a Saturday trip to the Alliance to view the 24th annual 2D/3D All Florida Juried Exhibition on view June 11 through August 7. Art work was selected from over 300 entries by local and regional artists within the state of Florida. In the members gallery is Open Doors Art Program.

Step inside the Etcetera Gift Shop, in the heart of the Alliance galleries, known for its one-of-a-kind pieces crafted by local artists. Discover fine art gifts including hand-made jewelry, blown glass, original prints, pottery, books, stationary, and stationary. The gift shop is currently showing work from Sue Baker, Gypsy Designs, Raymond Hernandez, Susan McDonald, and Renee Rey.

After visiting the gift shop, you can browse the GreenMarket offerings of locally grown, caught and cultivated products. Sample and purchase artisan breads, fruits and vegetables, native plants, honey, jellies and jams hand-made recycled gifts and more. Go online to www.ArtInLee.org for a list of vendors.

The Alliance for the Arts is located at 10091 McGregor Boulevard just south of Colonial Boulevard. Visit www.ArtInLee.org for more details.*

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Summer Fun At Art League

New summer art classes are being offered at the Art League of Fort Myers, located in the beautiful downtown River District.

Classes include:

Watercolor Painting by Susanne Brown, Monday afternoons, 1 to 3:30 p.m. Call Brown at 466-6153 or email susilla@comcast.net.

Mixed Media, from painting to ceramics for children and adults by Susan Mills, Mondays, 5 to 7 p.m. Call Mills at 689-1787 or email Millsmokit03@aol.com.

Computer Basics, PC taught by John Pappas, Tuesdays, 1 to 3 p.m. Call Pappas at 466-9786 or email japappas@aol.com.

Acrylic Painting for Beginners by Robyn Curran, Thursdays, 5 to 7:30 p.m. Call Curran at 878-3623 or email robysart63@hotmail.com.

Oil Painting for Beginners/Intermediate by Mary Richey. Call Richey for details at 939-7738 or email sept-mary@comcast.net.

The Art League of Fort Myers is at 1451 Monroe Street in Fort Myers. Visit www.artleagueoffortmyers.org.*

Call To Artists

Arts for ACT Gallery, located at 2265 First Street in downtown Fort Myers, is accepting works for the Open Themed Juried Group Exhibit for July. This year artists will have a choice of two themes: Spoked or Take a Walk on the Wild Side. Use your own judgment to interpret the themes.

The judge of the show will be Britney Traucht, a 2009 art history graduate of Florida Atlantic University.

Cash prizes will be awarded. First place will receive \$100; second place \$75; and third place, \$50.

Receiving dates are Monday, June 21 through Saturday, June 26 from 11 a.m. to 4 p.m.

Artists may submit up to six pieces of original work for each theme. All wall artwork must be wired and ready to hang. There are no size limits. Two- and three-dimensional media are acceptable. Art can not have previously exhibited at Arts for ACT Gallery. Art must be labeled on the back.

Artists fee for entry into the exhibit is \$8 for one piece, two pieces for \$15 and three pieces for \$20, payable in cash/check or credit card. If the piece sells while on exhibit the artist will retain 60 percent of the sale with 40 percent going to the gallery, which benefits ACT, Inc., the domestic violence and sexual assault center serving Lee County. For more information call 337-5050.*



Bob Rauschenberg *Lotus VIII*, 35 of 50

Preview For Arts For ACT Arabian Nights Fundraiser

This year's Arts for ACT fundraising gala is themed Arabian Nights. The event will feature quality art in both the live and silent auctions. The live auction will have 52 artists and the silent auction will consist of over 100 pieces of artwork and miscellaneous items. The guest celebrity auctioneer is soon to be announced.

The preview will be held at the Edison State College in Richard H. Rush Library on Friday, June 18. Auction pieces range from fun to formal, traditional paintings to the unique, painted furniture, and clay sculpture.

The preview opens at 5:30 p.m. and ends at 8 p.m. There will be belly dancing, fortune tellers, and sultans. A Middle Eastern Bazaar will be set up where you can buy soaps, exotic oils, jewelry, and pottery. Middle Eastern foods will be served. All proceeds benefit Abuse Counseling and Treatment, Inc., the domestic violence and sexual assault center serving Lee Hendry and Glades Counties.

You can purchase tickets at the preview at the presale price of \$125 each. The price at the door will be \$150. Call for reserved table prices. Seating is limited. Contact the administrative offices of ACT at 939-2553 for additional information.✪



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Grade 3 FCAT Results

The results of the 2010 3rd-grade Florida Comprehensive Assessment Test (FCAT) were released by the Florida Department of Education. Lee County Public Schools continues to exceed state averages in both reading and mathematics. In fact, the district also outperformed every large district in Florida in reading and nearly all large districts in math.

The percentage of Lee County 3rd-graders scoring in Levels 3-5 in reading remained steady at 76 percent compared to the state average of 72 percent. The percentage of Lee County 3rd-graders scoring in Levels 3-5 in math decreased slightly from 81 percent last year to 79 percent but still out paced the state average of 78 percent.

"The results show our performance is ahead of the state average, but it's not where we want to be," said Dr. James Browder, superintendent of schools. "We continue to work to see where we can improve and what we can do to help all students do their very best."

The 2010 data represent all students, including exceptional education students (ESE) and students who are English language learners (ELL). In the official State Accountability Report (school grading), scheduled to be released in July, the Department of Education will use the FCAT Level 3-5 percentages to grade schools but will include only those students in the standard curriculum program (i.e. the ESE and ELL student-results will not be counted toward school grades).

The students who scored level one in reading will be given the opportunity to take the SAT10 Reading Comprehension Test in late May/early June with the possibility of attending a summer reading program (July 12 to 27) to improve their reading skills and will be assessed again at the end of this program. According to state law, these students will be retained in third grade unless they are eligible for promotion through Good Cause Exemptions.

Paper reports will be sent home as soon as the district receives the individual student reports in early June. Parents with questions are asked to contact their child's school.

A breakdown of this year's data follows:

2006-07 2007-08 2008-09 2009-10

Lee County Grade 3 FCAT Reading Results

Lee County % Level 3-5	71%	77%	76%	76%
State % Level 3-5	69%	72%	71%	72%

Lee County Grade 3 FCAT Math Results

Lee County % Level 3-5	74%	78%	81%	79%
State % Level 3-5	74%	76%	78%	78%

Grade 3 FCAT 2010 District Comparison 9 Largest Districts Percent in Levels 3-5, 2009

	Reading	Math
Lee	76%	79%
Broward	72%	80%
Miami-Dade	68%	78%
Duval	69%	74%
Hillsborough	71%	76%
Orange	71%	75%
Palm Beach	68%	79%
Pinellas	74%	74%
Polk	66%	76%
State	72%	78%

FCAT reading, math and science scores for other grades tested (grades 4 to 11) are expected to be released in early June.*



Lauren Davis, Jeremy Miller, Kacie Phillips, Adam Frank, and Jane Pierce. Not pictured: Michael George, Devin Harclerode, James Holly, Dakota Sica, and Blake Sobzak.

BIG ARTS Awards Scholarships

BIG ARTS Phillips Gallery was the scene of a moving ceremony, Tuesday, May 25 as 10 students received scholarship awards. BIG ARTS Executive Director Lee Ellen Harder said, "The scholarship program was initiated more than 20 years ago to encourage artistic talents. Through the generous support of many people, including Laverne Phillips, Patricia and Davis Thurber, and Robert Rauschenberg, the program has been able to help many students through the years. Art can make such a difference and enrich our quality of life. We encourage our students to stay involved and give back to the community."

These scholarships are awarded, following a rigorous interview and selection procedure, to high school seniors and college students majoring in visual arts, music, dance, theater, creative writing or film. The 2010 scholarships are made possible by the generosity of the Robert Rauschenberg Foundation, Patricia Thurber Scholarship Trust, Laverne Phillips, and by community support of the BIG ARTS BIG SECRET artworks event.

Scholarship Committee Chair Dick Riley said, "Based upon the outstanding portfolios submitted by the recipients of the scholarships, the committee believes that the arts in Southwest Florida have a bright future."

BIG ARTS/Patricia Thurber Scholarship Trust Scholarship was awarded to freshmen Lauren Davis, Jeremy Miller, and Kacie Phillips. Lauren begins Stetson University in DeLand, Florida, this fall, concentrating on vocal studies. Jeremy will be at Valencia Community College, Orlando, Florida, studying musical theater. Kacie will study commercial music at Belmont University, Nashville, Tennessee.

BIG ARTS/Robert Rauschenberg Scholarship, was given to Michael George, a senior at Tisch School of the Arts, at New York University, New York, who is majoring in fine arts - photography. Dakota Sica, a sophomore at Pratt Institute, Brooklyn, New York, also received the Rauschenberg Scholarship for his studies in fine arts - sculpture.

BIG ARTS BIG SECRET Artworks Scholarships were given to Adam Frank, Devin Harclerode, James Holly, Jane Pierce, and Blake Sobczak. Adam will be a freshmen studying illustration at Ringling College of Art & Design, Sarasota, Florida. Devin is a sophomore at University of Florida, Gainesville, Florida, studying fine arts - painting. James is a senior at Maryland Institute College of Art, Baltimore, majoring in fine arts - graphic design. Jane is a sophomore at Corcoran College of Art + Design, Washington, DC, studying fine arts - photography. Blake is a junior at Northwestern University, Evanston, Illinois, studying photojournalism.*

Stanford Achievement (SAT-10) Test Results

Results of the spring 2010 administration of the Stanford Achievement Test (SAT-10) in kindergarten, 1st and 2nd grades show that Lee County elementary school students continue to meet high standards in reading.

In kindergarten, 85 percent of all students met grade-level standards in reading (up from 84 percent in 2008/09). In 1st grade, 82 percent (up from 80 percent in 2008/09) met grade-level standards and 77 percent of 2nd-graders (up from 76 percent in 2008/09) met grade-level standards. All student scores include the scores of standard curriculum students as well as ESE (Exceptional Student Education) and ELL students (English Language Learners). When only standard curriculum student scores are considered, percentages are significantly higher.

"Even our youngest learners are showing gains academically," said Dr. James Browder, superintendent of schools. "We've seen academic improvement across the board, and we will keep working to ensure that continues."

The SAT-10 Test, administered each spring, is a nationally "normed" test designed to assess skills essential to early reading. It focuses on sounds and letters, word reading and sentence reading as well as vocabulary and reading comprehension skills. The district utilizes SAT-10 results to monitor student progress and to predict performance on the statewide Florida Comprehensive Assessment Test (FCAT), which begins in 3rd grade.

District officials believe that efforts in recent years to intensify reading for early elementary students contributed to these positive results. Individual student reports were sent home to parents.

SAT-10 RESULTS

Reading	2005-06	2006-07	2007-08	2008-09	2009-10
<i>All Students - Meeting/Exceeding Standard</i>					
Kindergarten	74%	75%	78%	84%	85%
Grade 1	68%	73%	73%	80%	82%
Grade 2	68%	70%	70%	76%	77%
<i>Standard Curriculum Students - Meeting/Exceeding Standard</i>					
Kindergarten	81%	81%	84%	88%	89%
Grade 1	74%	79%	79%	86%	87%
Grade 2	73%	76%	76%	82%	82%*

Kids All American Fishing Derby

Cape Coral Yacht Club will have an All American Fishing Derby for children on Saturday, June 12 from 8 to 11 a.m. on the pier.

The derby includes angler education, two hours of fishing, awards and lunch. Each participant will receive a goodie bag.

Children must bring their own fishing rod and tackle. Bait will be provided. Lunch is included with the children's price of \$8. Parents can purchase lunch for \$2.50. Registration begins at 8 a.m.

Pre-registration is required. Call Cape Coral Yacht Club at 574-0806.*



Midsummer Melon Salsa

- 3 cups watermelon (seedless if available), diced
- 1/2 cup bell pepper (green, or your favorite color), diced
- 2 tablespoons lime juice, freshly squeezed
- 1 tablespoon cilantro, chopped
- 1 tablespoon green onions, chopped
- 1 tablespoon jalapeño pepper, finely chopped
- kosher salt and freshly ground pepper to taste

Combine all ingredients. Cover and refrigerate 1 hour to let all of the flavors come together.

Tip: This light summer style salsa is a great way to liven up fresh Florida seafood. Use this salsa recipe as a template to make any kind of salsa; just replace the melon with your favorite fruit or veggie.

Yield six servings.

Nutritional Value per serving: calories 320; total fat 4g; cholesterol 0mg; sodium 163mg; total carbohydrates 73g; protein 6g. good source of vitamin C.

Look for Fresh from Florida ingredients at your grocery store.✪



Midsummer Melon Salsa

High School Technology Excellence Program Earns Award

Earlier this month, Dunbar High School's Academy for Technology Excellence (ATE) program was awarded the 2010 Transformation Award by Southwest Florida Regional Technology Partnership (SWFRTP). The Transformation Award was designed to recognize leadership in the marketplace for the creation or utilization of technology to promote a competitive advantage in Southwest Florida.

Up against two Southwest Florida businesses (Arthrex and Conditioned Air Corporation of Naples, Inc.) the SWFRTP selected the Academy for Technology Excellence program for the award

because the ATE is creating a business advantage through growing Southwest Florida's IT workforce. Last year, the award was given to the City of Cape Coral.

"This is a tremendous honor and yet more professional validation of what the ATE program is providing students and the Southwest Florida community," said Carl Burnside, principal of Dunbar High. "Our students are earning highly sought after certifications and are prepared to enter the world of work, along with earning dual enrollment college credit directly from high school, which is a win-win situation for them and the community."✪

Lee Schools Awarded Model Status In The Arts

Lee County Public Schools announced that Diplomat Middle School and Cypress Lake High School have both been renewed as Arts Achieve! Model Schools. This designation will be conferred next month at the Florida Alliance for Arts Education Leadership Summit, scheduled in Lakeland.

The Arts Achieve! Model Schools program recognizes exemplary schools in Florida that have done an outstanding job making the arts an essential part of their education curriculum. The purpose of the

award is to identify, recognize and promote statewide K-12 fine arts programs that balance diversity, high performance standards and instructional quality in visual and performing arts education. Schools retain the Arts Achieve! designation for three years. Cypress Lake High School Center for the Arts and Diplomat Middle were first recognized in 2007 and applied for renewal in 2010, which will continue through 2013.

In being named Arts Achieve! Model Schools, Diplomat Middle and Cypress Lake High continue to agree to open their doors to visitors who wish to enhance and/or affirm their arts education practices. It's a sharing of best practices that allows highly-effective arts programs to be duplicated in schools across the state.✪

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Brunch Backpack Fundraiser



Brunch For Backpacks Gold Drop

the BIG BACKPACK EVENT
SUPPORTING STUDENTS • CELEBRATING DIVERSITY

You may not need your old gold jewelry, but there are children who do!

The Edison Restaurant
Saturday, June 19th, 11-2

Bring your old, unneeded, mismatched, tangled (whatever!) gold jewelry and drop in the "Back Pack of Gifts"

REMEMBER:
Unwanted Gold + Your Kindness = **HUGE DONATION!!**

Gold Helps.org

Over 2,000 local children need backpacks for school and The Edison Restaurant, Goldhelps.org and *Woman's Life of SWFL* are teaming up to sponsor the 2nd annual Brunch For Backpacks, Gold Drop & Silent Auction on Saturday, June 19, from 11 a.m. to 2 p.m. at The Edison Restaurant in Fort Myers.

All of the proceeds from the brunch, silent auction and gold drop will provide new backpacks and school supplies to local students in need at the Multicultural Centre of SWFL's 11th annual BIG Backpack Event at Harborside Event Center, Fort Myers, on Sunday, August 1 from 11 a.m. to 3 p.m.

High Tech Central Student Of Year



Wanson Charlestin, left, receives his award from Bill McCormick, director, High Tech Central

Wanson Charlestin was named High Tech Central's Student of the Year at a special luncheon on Friday, May 21. Charlestin, a high school student enrolled in the Electricity Program, will receive both his high school diploma and certificate in electricity in June. He is a member of the National Technical Honor Society, SkillsUSA, and is a youth leader at Redeemer Baptist Church. He competed and won a gold medal in residential wiring at the regional SkillsUSA competition.

"Wanson tries so hard in everything he does, he made a goal and achieved it... he showed remarkable perseverance," commented Miriam Keith, instructor.

There are many ways the community can help students in need – by buying a ticket and attending the brunch, bringing in a donation of old, broken or unwanted gold for the gold drop, donating an item, participating in the silent auction, or making a tax deductible donation to the Adopt-A-Student fundraiser.

"This is my 11th year organizing the support of more than 2,000 students in need in Lee County and we couldn't do it without the ongoing support of the community," says Connie Ramos-Williams, event chair.

The Edison Restaurant is located at 3583 McGregor Boulevard, overlooking the Fort Myers Country Club. Tickets are \$25, with all proceeds benefiting local students in need. The silent auction will include items such as an autographed Red Sox baseball, spa and salon treatments, jewelry, getaways and golf foursomes. Seat are limited and reservations are requested. RSVP to Ramos-Williams at Conric4u@aol.com or .848-0239.

The Multicultural Centre of Southwest Florida is a local nonprofit organization founded with the purpose of promoting programs aimed at bringing people of different cultures together and providing support for students and families in need. The Multicultural Centre of SWFL will provide backpacks, school supplies and more to 2,000 plus students in need, or while supplies last.*

Adult Reading Tutors Needed

Volunteer tutors to teach adults to read, write, speak and understand English are needed in Fort Myers. Tess Murphy, executive director of Literacy Volunteers of Lee County, reports that 42 adults in Fort Myers are waiting for tutors.

Adults (age 18 and over) willing to commit a minimum of one hour tutoring per week are invited to attend a tutor training on Saturday, June 19 from 9 a.m. to 5 p.m. at LVLC's office, 7275 Concourse Drive, Fort Myers. They will learn how to teach English to non-English speaking adults. The training is free; \$30

is requested for the materials.

About 90 percent of LVLC students speak other languages and require ESL (English as a second language) tutoring. The remainder are English speakers who want to learn to read and require basic reading and writing tutoring.

It's not necessary to speak the student's language to teach them English. Students are matched with a tutor living in the same area of Lee County. All matches meet in public places. LVLC provides case management for all matches.

The inability to read or speak English impacts the entire community and economy in such areas as safety, efficiency, and social interaction, according to Murphy.

To register for training call 415-3621 or log onto lvlcread@earthlink.net.*

The following students were also nominated by their instructors:

Curtiss Burgoyne – Web design
Jay Caruthers – electronic technology
Travis Crawford – automotive youth educational systems
Jerry Davis – plumbing technology
Marie Edmond – massage therapy
Travis Hanner – applied welding technologies
Joey Hickey – air-conditioning, refrigeration & heating technology
Lisa Manfredi – law enforcement
Amanda Pacheco – practical nursing
Analiz Saldana – accounting operations
Justin Stroedecke – correctional officer

For more information about the programs offered at High Tech Central, visit www.hightechcentral.org or call 334-4544.*

Public Safety Officer Honored With Lifesaving Award

Sergeant Herber Hall was awarded the Edison State College Lifesaving Award for his quick response which saved a child's life:

On May 25, 2005 at approximately 11:05 a.m. Sergeant Herbert Hall, while patrolling, noticed a vehicle parked in the roadway near the front entrance to the Collier Campus at the Lely Cultural Parkway gate and a woman in the front passenger seat screaming and two young children crying in the back seat. The driver, later identified as Alberto Garcia, waved for his assistance. As Sergeant Hall approached he observed that the woman, later identified as Salome Alvarez Carbajal, holding a small child about one year old, reaching her fingers down the throat of the child. A small amount of blood was coming from the mouth and nose of the child. He then observed a penny pop from the mouth of the child who did not appear to be breathing. Sergeant Hall reached over and gave two quick mouth-to-mouth breaths while the child was being held by the mother and the child immediately responded and began to breath on his own.

Sergeant Hall requested assistance from Facilities Maintenance Tech Raphael Barrios-Mareno to translate as no one in the vehicle spoke English as Collier County Fire and EMS treated and later transported the child and his mother to the Physician's Regional Hospital for treatment. The child was checked by hospital staff and later released.*

Financial Focus

Time May Be Right To Convert To A Roth



by Jennifer Basey

If you already have a Roth IRA, you're aware of its biggest benefit: Your earnings grow tax free, provided you meet certain conditions. If you don't have a Roth IRA, you may want to consider one –

and it may be easier for you to do just that in 2010.

Before we get to the reasons why 2010 may be your year to open or convert to a Roth IRA, let's look at some differences between Roth and traditional IRAs.

If you own a traditional IRA, your contributions may be tax-deductible, depending on your income level. But whether you can make deductible contributions or not, your earnings grow on a tax-deferred basis, which means your money can grow faster than it would if it were placed in an investment on which you paid taxes every year.

On the other hand, Roth IRA contributions are never tax-deductible, but your earnings grow tax free, as long as you've held your account at least five years and you don't start taking withdrawals until you're at least age 59½.

Furthermore, unlike a traditional IRA, a Roth IRA does not require you to start taking distributions when you reach 70½. Consequently, you'll have more flexibility and freedom when it comes to making withdrawals.

If you have a traditional IRA, you might be thinking it's a good idea to convert to a Roth IRA because tax free sounds better than tax deferred – and, all things being equal, tax free would indeed

be better. However, it's not quite that simple. If you convert your traditional IRA to a Roth IRA, you'll have to pay taxes on those traditional IRA earnings and contributions that had previously gone untaxed. If you do convert, you'll be better off using money held outside your IRA to pay the taxes. If you simply take money from your IRA, you'll obviously lower the value of your IRA – and, if you're under 59½, you may have to pay an additional 10 percent penalty on the amount you withdraw to pay the taxes.

In the past, many investors have been prohibited from converting their IRAs due to either their tax filing status or their income. Under previous rules, you could convert your traditional IRA to a Roth IRA only if you were married and filed a joint return or were a single filer, and your modified adjusted gross income (MAGI) was \$100,000 or less. But starting in 2010, you can convert funds to a Roth IRA even if your MAGI is over \$100,000. You will also be able to convert to a Roth if you are married and file separate tax returns.

And that's not the only piece of good news regarding your conversion ability. As mentioned above, you will have to pay taxes when you convert to a Roth IRA. A conversion is usually reported as income for the tax year the conversion takes place. However, in 2010 only, your conversion amount will be split and reported as income for tax years 2011 and 2012 unless you elect to report the entire conversion amount on your 2010 taxes. You may find that spreading the taxes over two years can make the conversion more affordable.

In any case, consult with your tax advisor before converting from a traditional IRA to a Roth. If done correctly, such a conversion can potentially make a big difference in your ultimate retirement lifestyle.

Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.✪

Foundation Awards Reading Grant To The Heights Foundation

The Dollar General Literacy Foundation has awarded a \$3,000 summer reading grant to The Heights Foundation. The grant will support The Heights Foundation's summertime literacy and reading programs.

"The Dollar General Literacy Foundation is inspired by the work The Heights Foundation is doing to help children continue their education and improve their literacy skills during the summer," said Rick Dreiling, Dollar General's chairman and CEO. "Summer reading not only helps children continue their education, but helps them discover the joys of reading books purely for fun."

The summer reading grant aims to help libraries and nonprofit organizations with the implementation or expansion of summer reading programs. To be eligible for this grant, programs must target pre-k through 12th grade students who are new readers, below grade level readers or readers with learning disabilities.

Since the Dollar General Literacy Foundation's inception in 1993, it has provided grants to nonprofit organizations dedicated to the advancement of literacy. The foundation has awarded more than \$47.2 million in grants across Dollar General's 35-state market area. These grants provide program support to nonprofit efforts to reach low-level literacy adults and their families. In addition to cash grants, Dollar General's in-store Learn to Read brochures have offered free literacy referrals to more than 53,000 people.

The Dollar General Literacy Foundation is currently accepting applications for youth literacy and back-to-school grants. To complete an application, visit the Serving Others section of www.dollargeneral.com. Proposals must be submitted online by May 21.✪

Steven Morton Is CGM-Certified

Steven Morton, landscape manager for Shell Point Retirement Community, recently became one of 127 grounds management professionals in the nation to successfully complete the Certified Grounds Manager (CGM) program offered through The Professional Grounds Management Society (PGMS). Morton has been with Shell Point since 2005. In addition to this recent certification, he is a Certified Horticultural Professional, Certified Landscape Inspector, Certified Arborist, and has a license in Pesticide Application for Lawns and Ornamental Plants issued by the State of Florida.

"I try to encourage my employees to seek greater horticultural knowledge through industry associations," said Morton. "In the last five years, members of my team have achieved 16 separate certifications from various organizations representing different aspects of horticultural disciplines. The outcome of the Shell Point Landscape Management Team's increased level of knowledge has resulted in improved beautification in our landscaping; enhanced technical expertise; improved communication; and formal recognition of our department within the organization."

Morton earned a B.S. degree in agriculture with an emphasis on horticulture from the University of Missouri, Columbia. The Professional Grounds Management Society (PGMS) awarded his team at Shell Point The Green Star Award for excellence in landscaping.✪



Steven Morton

Small Business Owners Summer Workshops

Florida Gulf Coast University Small Business Development Center (SBDC) is hosting a series of workshops and seminars throughout the summer at various locations in Southwest Florida for small business owners and entrepreneurs.

They include:

- The Importance of Financial Planning at All Stages of Your Business: Every Business Should Have A Financial Road Map, is an informal seminar from 9 to 11 a.m., Friday, June 4 at FGCU-Lutgert Hall Room 4201, free.

- Bookkeeping for Small Business. Need to brush up on your accounting skills? Seminar is 2 to 5 p.m., Tuesday, June 8 at SBDC Cape Coral Office, 1020 Cultural Parkway Boulevard S., Unit 3. Cost is \$20.

- Frequently Asked Questions about Starting a Business. Learn the "ins and outs" before deciding to open a business, 2 to 5 p.m., Thursday, June 10 at FGCU-Lutgert Hall Room 4201, cost \$20.

- Small Business Resource Network Mixer. Join fellow professionals for an evening of networking and business card exchange at the Embassy Suites in Estero 5:30 p.m. to 7 p.m., Thursday, June 17. Guest speaker will be Nancy Boyle, state coordinator of the Small Business Resource Network. Cost is \$15 for members, \$20 for guests.

- Survival Tips for the Summer. Tips on preparing and surviving the summer months 11:30 a.m. to 1:30 p.m., Tuesday, June 22 at Fort Myers Beach

Chamber of Commerce, 17200 San Carlos Boulevard, Fort Myers Beach. Cost is \$20; bring your own lunch. (This is part one of a three-part series).

- Frequently Asked Questions about Starting a Business in Cape Coral. A panel of experts will be available to answer questions from 9 a.m. to noon, Wednesday, June 23 at the SBDC Cape Coral Office, 1020 Cultural Parkway, Unit 3. Cost, \$20.

- How Do I Get Certified as a Minority Business? Learn what you need to do to get your certification as a minority business owner 4 to 6 p.m., Thursday, June 24 at Charlotte County Chamber of Commerce, 2702 Tamami Trail, Port Charlotte. Free. Reservations are encouraged.

- Marketing Your Small Business. This workshop will teach participants how to market goods and services to consumers, 9 a.m. to noon, Friday, June 25 at Charlotte County Chamber of Commerce, 2702 Tamiami Trail, Port Charlotte. Free.

- Understanding and Writing a Marketing Plan. Attendees will learn the importance of having a marketing plan in place from 2 to 4:30 p.m., Monday, June 28 at the Fort Myers Downtown Library, 2050 Central Avenue. No cost to attend but reservations are encouraged.

- Is Your Business Compliant? This month's PB&J brown bag lunch will focus on compliance issues such as I-9 and other important documents needed for business owners, 11 a.m. to 1 p.m., Wednesday, June 30 at FGCU-Lutgert Hall Room 4201. Free to attend but reservations are encouraged.

To make a reservation for any SBDC workshops visit www.sbdccseminars.org or call the main office at 745-3700.✪

Dr. Dave

Now That's Class



by Dr. Dave
Hepburn

High school English was never a forte of mine, possibly because I never went to class. I was not much of a reader either unless it involved the words "DC

Comics" or "court summons." So in a belated attempt to correct this obvious deficit in my education I am now on page 42 of *The Hardy Boys Jump off The House on the Cliff* and in a quest to improve my vocabulary I have attached to my icebox, right beside my grandson's drawing of a bungee-jumping Holstein or whatever, a list of words that I'm fixin' to learn and add to my lexicon, which by the way is a word on my list, as is the word Holstein. I find that by using words like addled, genetic and plea bargain, I get through life much better now.

One of these words is "eponymous." Means something named after a particular person. Medical examples would include; Aspergers, Down Syndrome, Parkinsons and Alzheimers diseases. Which mean if it weren't for Alois Alzheimer, we wouldn't have Alzheimer's

disease but rather something less appealing like Rob Sealey Syndrome.

One of the classiest athletes in the history of any sport was the Iron Horse of baseball, the great Yankee slugger Lou Gehrig. Part of the famed Murderers Row who repeatedly mowed down base paths, Gehrig was mowed down himself in the prime of his life. His name will forever be tied to greatness in sport, something we'd all desire. But his name will also be forever tied to a disease that is something we'd never desire. The greatest first baseman of all time had his life cut short at age 37 by ALS, also known as Lou Gehrig's disease.

In 1938 his normally incredible baseball numbers started to decline for no apparent reason. In the first month of April 1939 he became weaker and weaker and then the Iron Horse of baseball, not wanting to hurt his team, took himself out of the lineup, breaking his umpteenth game consecutive streak playing an umps game.

As he became increasingly uncoordinated and weak and stumbled over curbs, his wife Eleanor called their doctor, Charles Mayo, who (eponyms galore) had a little clinic named after him.

ALS destroys motor neurons, the connection through which the brain controls the movement of muscles. Muscles of limb movement, speaking, chewing and swallowing become weak and poorly controlled. ALS does not affect the five senses, nor does it normally affect the mind (see Steven Hawking) or heart, bladder, bowel, or sexual muscles. It strikes

about six people per 100,000 per year occurring most commonly between the ages of 40 and 70.

There is as yet no treatment though stem cells may provide an exciting and novel approach for neuroprotection. Studies are ongoing that include injecting stem cells into the muscles or even the brain of patients with ALS it is hoped that regeneration of destroyed nerve cells will occur.

Lou Gehrig's disease has claimed the lives of David Niven, Catfish Hunter and apparently Lou Gehrig who, when he came to the park for the last time, stood and announced: "Fans, you have been reading about the bad break I got. Yet today I consider myself the luckiest man on the face of the earth. I have never received anything but kindness and encouragement from you fans. Sure, I'm lucky. When the New York Giants, a team you would give your right arm to beat, and vice versa, sends you a gift – that's something. When everybody down to the groundskeepers remember you with trophies – that's something. When you have a wonderful mother-in-law (he was obviously heavily medicated at this point) who takes sides with you in squabbles with her own daughter – that's something. When you have a wife who has been a tower of strength and shown more courage than you dreamed existed – that's the finest I know."

Thanks for showing such class Mr Gehrig. Wish I'd attended.

"Like the column? You'll LOVE the book the Doctor is In(sane) now available

at Sanibel Island Bookshop. You can also reach Dr. Hepburn via his Web site www.wisequacks.org."

Dr. Dave is co-host of Wisequacks, a national radio broadcast every Saturday at 1 p.m. EST – best heard in Florida over the Internet on CKNW. He is also a motivational speaker and travels throughout the U.S. and Canada speaking on the exciting new revelations in the world of health and wellness.*

Lectures And Courses At FGCU

The Renaissance Academy at Florida Gulf Coast University announces its summer schedule of adult lifelong learning programs featuring a rich and diverse curriculum of nearly 60 single lectures and courses. The academy's summer program includes memoir and poetry writing workshops, a foreign film series, fine arts and life enrichment classes, computer and Internet instruction, as well as lectures on history, financial investing, photography, music and more. Course fees are typically \$25 per lecture.

The summer term will commence June 6 and end July 31. Summer lectures will be offered in Naples, Bonita Springs, Fort Myers, Cape Coral and Charlotte County. Visit <https://RegisterRA.fgcu.edu> to browse course descriptions and register safely and securely online using a credit card.*

Builders Care Is There To Lend A Hand



Before

Marian Gann, 78, has suffered with muscular dystrophy since birth. Gann is bound to her wheelchair and her bed. She has a caregiver that comes in daily to help her get from the bed to her wheelchair and other daily living activities. Due to her lack of mobility, she can no longer get into the bathroom to take a shower.



After

She resides in Cape Coral where she has been a resident for more than 20 years. Despite her struggles, Gann supplements her Social Security disability income by doing accounting and tax work out of her home. When she is not working, she enjoys reading, movies and her pet parrot, Kokomo.

In early May Builders Care volunteers completely remodeled the bathroom, including the shower, for Gann. The bathroom is complete with wheelchair accessible floors, sink and shower, as well as custom built-in bench.

Villa Homes of SWFL headed up the team of sub-contractors including

Abash Enterprises, Allied Portables, Cape Coral Plumbing, Harbor Springs Building Company, Jamestown Painting, Mark's Dumpsters, Nilles Design, Sherwin Williams and Wayne Wiles Floor Coverings. All labor and materials were provided at no cost to Gann.

"We are so grateful to be involved in such a tremendous program," said Jesse Gonzalez, project manager for Villa Homes of Southwest Florida. "And to see the building industry continue to come together to help out local folks in need."

Builders Care is headquartered at the Lee BIA offices at 4210 Metro Parkway, Suite 100 in Fort Myers. Donations can be made online at www.LeeBuildersCare.org, or to the Builders Care general fund at BB&T (formerly Colonial Bank) Page Field branch at 4959 South Cleveland Avenue in Fort Myers. For more information call 938-0056.*

Help Solve Cold Cases With Deck Of Cards

In an effort to help with difficult-to-solve murder and missing person crimes, Priority Marketing of Fort Myers has teamed up with Florida and Georgia law enforcement agencies to produce Cold Case Playing Cards that are distributed in prisons and probation offices.

The Cold Case Playing Cards can be used as a traditional deck of playing cards, but they are unique because each

card in the deck features photos and information on unsolved homicide and missing person cases in these jurisdictions, along with the applicable toll-free telephone number for reporting tips.

The goal is to get the cards into the hands of people who may have information on these unsolved cases. Rewards are offered for tips in some cases.

According to the Florida Department of Law Enforcement (FDLE), two cases in its jurisdiction have been solved since 2005 as a result of leads generated from the cards. In fact, the program has been so successful, the FDLE has distributed its third edition of Cold Case Playing Cards to inmates at 67 county jails and 156 probation offices.

Florida's Cold Case Playing Cards are a collaborative effort between the FDLE, Florida Attorney General's Office, Florida Police Chiefs Association, Florida Association of Crime Stoppers, Florida Department of Corrections and the Florida Sheriffs Association. They are also available to the public for purchase at \$16 per deck, including shipping and handling, at www.priorityplayingcards.com. Discounted rates are available on orders of multiple quantities.

In Fulton County, Georgia, where there are currently 1,200 unsolved murder cases, 5,000 Cold Case Playing Cards decks are circulating the prison system. The Fulton County Cold Case squad, which initiated the program in Georgia, has stated it hopes to expand the effort statewide.*

dearPharmacist

Detoxify Your Body With Hot Springs In A Pill



by Suzy Cohen, RPh

Dear Pharmacist: Last week I wrote about “fountain of youth” hot spring waters which are super rich in minerals and sulfur compounds. These substances penetrate the skin and relieve muscle aches/

spasms, arthritis and skin rashes. The warmth of the water increases circulation which helps detoxification and improves blood flow to the heart.

I realize some of you cannot travel so recreate the hot springs in your own bath like I do. Mineral bath salts like “dead sea” salts are sold at bath shops. I like the scented Mineral Essence salts available at SeaSalt.com and for a strong (but relaxing) detoxification bath, I buy the Mustard Bath Salts from Sumbody.com.

Below you will find a list of natural, dietary supplements that detoxify you as if you were in a hot spring. Detoxification is just a “cleansing” of the cells (or gut) and that helps unstick pollutants. You

clear toxins through a variety of processes including one called “methylation.” You can take any, or all of these but ask your doctor first:

MSM: This provides the body with sulfur, and sulfur is one of the key healing elements in hot springs. MSM stands for methyl sulfonyl methane and it’s found in fruits and veggies. Some clinical trials suggest that MSM relieves osteoarthritis pain by building up the squishy stuff between your joints. Sulfur-based compounds such as MSM are thought to detoxify the liver (by raising glutathione), improve allergies/asthma and clean out the gut. This is sold everywhere.

Taurine: This natural amino acid is sulfur based, and sulfur as you just learned is beneficial to the body. Taurine may help people with high blood pressure, heart arrhythmia, high cholesterol and GI problems. Taurine might help protect against macular degeneration.

Methionine: Another sulfur amino acid that helps you methylate, sold in health food stores. It helps build cell membranes, improve mood and joint pain. This goes on to form SAME, another popular supplement.

B 12 and folic acid (or 5-MTHF): These B vitamins make it easier for your body to methylate and therefore, clear toxins. These Bs participate in a metabolic pathway that protects us from breast and prostate cancer. Bs also protect the heart, blood vessels and nerves.

Magnesium: Hot springs contain a lot of minerals, including magnesium which goes right through the skin and eases

muscle aches and pains. Magnesium is the basis for epsom salts actually, and is very soothing. Dietary supplements may improve mood, muscle pain and energy levels.

Silica: Some hot springs cast a gorgeous blue color, thanks to the high silica content. This trace mineral penetrates the skin and helps psoriasis, eczema and rashes. Silica supplements are a powerful bone builder and beauty tool because it helps form collagen. Think pretty hair, strong nails and supple skin. It may also help with varicose veins and hemorrhoids.

DID YOU KNOW:

Blood pressure medications need to be taken at the same time each day (or night) in order to maintain steady blood levels.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.dearpharmacist.com.

Free Autism Screening For Young Children

The Children’s Hospital of Southwest Florida, in partnership with the Ronald McDonald House Charities of Southwest Florida, offers a free monthly autism spectrum disorder screening for toddlers 18 months to five years.

The next screening will be held June 11 from 9:30 a.m. to 2 p.m. in the Ronald McDonald Care Mobile located in the McDonalds parking lot at Gulf Coast Town Center.

It is estimated that one in every 150 children is diagnosed with some form of ASD, making it more common than childhood cancer, juvenile diabetes and pediatric AIDS combined.

Medical consultants for the project stress that an early diagnosis can make a vast difference for toddlers and their families. They say early intensive behavioral intervention can make an immense difference not just in the development of the child, but in their families as well.

The ASD screening is conducted by the Neurosciences Center at The Children’s Hospital, under the guidance of pediatric neurologist Jose Colon, MD, MPH, and pediatric psychiatrist Marianne Krouk, DO. The screenings are administered by an advanced registered nurse practitioner, who has extensive training and experience in typical child development and developmental disorders.

A physician referral is not required. To schedule a screening, call 985-3608.✱

Training Society Lunch Meeting

Area trainers and developers have a unique opportunity to learn how Lee Memorial Health System (LMHS) has successfully implemented an innovative learning method used extensively to build employee understanding and engagement on a variety of topics.

Attendees of the Southwest Florida Chapter of the American Society for Training and Development (ASTD) will host a lunch meeting on Wednesday, June 16 from 11:30 to 1 p.m. at the Cape Coral Hospital campus.

The presenter will be Brad Pollins, director of organizational effectiveness,

continued on page 30

Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

My aunt is a recovering alcoholic. She was wonderful when sober and terrible when under the influence, but she hasn’t had a drink for 30 years.

When her husband died, she sold her house and moved into a retirement complex. She apparently was instantly disliked by the “in” group of women and she was isolated and lonely. She was very optimistic that eventually she would meet friendly people.

The retirement complex said yes when a group decided to go on a day bus trip to a gambling casino. It was so popular that they now go twice a month.

My aunt has now become friendly with a group of gamblers and she loves it. She loves it so much that I think she is quickly

relieving herself of her assets and I am very concerned.

How can I help her – she is estranged from her two children?

Molly

Dear Molly,

Some individuals appear to be more prone to addictive behaviors such as alcohol, gambling and drugs. Your aunt seems to have a long history of addictive behavior.

The retirement complex cannot refuse to take her on the gambling trips as your aunt is competent and has a right to attend these trips. Your first step is to try and talk to her about the possible outcomes of her current behavior. She may agree to seek help. You could also seek advice from the medical and legal sides to see what if anything you can do to help your aunt help herself.

In the end your aunt needs to help herself. After you have contacted all possible avenues to assist her you need to understand that you have done your best.

Pryce

Dear Molly,

Most recovering alcoholics need the lifetime support of a congenial Alcoholics Anonymous group to help them with their emotional needs and problems.

It would be most unfortunate if your aunt loses her assets and can no longer stay in her retirement complex.

Try if you can to alert those responsible for her financial health that there could be a possible conflict and they may be able to rescue her. If gambling continues to be a problem she could also go to Gamblers Anonymous. The address will be in your local phone directory.

Lizzie

Lizzie and Pryce’s email address is momandmeaging@hotmail.com.

Lee Memorial Gets Breast Cancer Care Grant From Susan G. Komen

Susan G. Komen for the Cure Southwest Florida affiliate has provided \$154,082 to support low-income and indigent women’s breast cancer care at Lee Memorial Health System’s Regional Cancer Center in Fort Myers.

The funds will be used to provide genetic testing, diagnostic and staging, chemotherapy and surgery for uninsured and underinsured women battling breast cancer in Southwest Florida. The new funds are already in use and are estimated to provide care to over 40 women annually.

Collaboration through community outreach to women regarding the available LMHS programs occurs at free cancer screening events, educational events, Senior Friendship Centers and Partners for Breast Cancer Care seminars and other events.

LMHS Chief Foundation Officer and VP Oncology Sharon A. MacDonald remarked of the funding, “This grant helps us provide life-saving care to the many uninsured and underinsured women of our Southwest Florida community. Without this funding and letting people know that it exists, many women would not seek medical care because of their financial limitations and would allow their cancer to progress to a much more advanced state, or potentially even lose their lives to the disease.”

For more information on how you can make a personal or corporate gift to support live-saving cancer care in Southwest Florida, all the LMHS Foundation office at 985-3550.✱

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New Patients and Emergencies Welcome



Begin Making Pet And Livestock Emergency Plans

Florida Agriculture and Consumer Services Commissioner Charles H. Bronson is reminding Floridians to create an emergency response plan for their animals as hurricane season approaches.

Bronson says people should not wait until the last minute to think about how they are going to evacuate or shelter their animals during a disaster. People may need to leave their homes quickly and a

well-thought-out plan will help ensure the safety of animals and the peace of mind of their owners.

Bronson's Division of Animal Industry website <http://www.doacs.state.fl.us/ai> (click on "Emergency Management" links to numerous Web sites that provide information about pet-friendly emergency shelters and hotels. There is also extensive emergency preparedness information for owners of large and small animals. Some tips for people with animals include:

Pets and Small Animals

Leaving pets behind during an evacuation is not recommended because the animals can easily be injured, lost or killed. Owners should find out now if any local

boarding facilities or veterinary offices can shelter their animals in an emergency. They should also contact hotels outside their immediate area to determine which allow animals and whether there are any size restrictions.

- Keep ID tags and vaccinations up to date.
- Prepare a pet evacuation kit, including food and water for one week, a manual can opener, medications, medical/vaccination records, a pet carrier, and bedding.
- When traveling, properly secure pets in the vehicle.

Horses and Livestock

During an emergency, the time you

have to evacuate your horses will be limited. With an effective emergency plan, you may have enough time to move your horses to safety. Livestock are difficult to evacuate so it is important to make plans to shelter them in place safely.

- Keep vaccinations and other health requirements up to date.
- If possible, make arrangements in advance for evacuation of horses. Know where you can take your horses for shelter along your evacuation route.
- Make sure your horse trailer is ready to go or other transport arrangements are prepared well in advance.

continued on page 30

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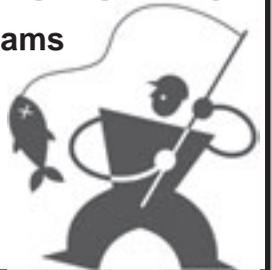
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Pets Of The Week

Hi, I'm Becky, a four-year-old female Dachshund mix. If you're looking for a great "little" companion, look no more. I'm energetic (on a small dog scale, that is), playful, smart and know my house manners. My adoption fee is only \$75.



Becky ID# 472982



Gizmo ID#411462

My name is Gizmo and I'm a two-year-old neutered male brown tiger cat. I'm a big boy with a big personality.

What I mean is, I'm very loving and will run my motor to show you how much I enjoy being with you. One of my favorite things to do here at the shelter is to lay on one of the volunteer's laps and stretch out on my back. Besides my loving personality I'm very handsome and have the most gorgeous green eyes.

All cats are \$50 off the regular adoption fee. That means adult cats are free and kittens are only \$25.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' Web site at www.LeeLostPets.com. When calling, refer to the animal's ID number. The Web site updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 11:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive, Fort Myers, next to the Lee County Sheriff's Office, off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food. The adoption package is valued at \$500.*

PUZZLE ANSWERS

SUDOKU

5	9	7	6	4	2	3	1	8
8	3	2	7	5	1	4	6	9
6	4	1	8	3	9	7	5	2
3	5	6	2	8	7	1	9	4
9	7	8	1	6	4	2	3	5
2	1	4	5	9	3	6	8	7
4	6	9	3	7	8	5	2	1
7	2	5	9	1	6	8	4	3
1	8	3	4	2	5	9	7	6

SCRAMBLERS

solution

1. Curdle; 2. Bonanza;
3. Belfry; 4. Admire

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DID YOU KNOW

TRIVIA TEST

1. U.S. PRESIDENTS: Which U.S. president served the shortest term?
2. FAMOUS QUOTATIONS: Who said, "Get your facts first, then you can distort them as you please"?
3. SCIENCE: What is the science of classifying things called?
4. MATH: How many zeroes are in 1 billion?
5. HISTORY: When was Andrew Young appointed as Ambassador to the United Nations?
6. LANGUAGE: What does it mean when someone "bloviate"?
7. COMPETITIONS: How long is the Tour de France bicycle race?
8. HISTORY: Who was the first female justice to serve on the U.S. Supreme Court?
9. MOVIES: Who was the oldest performer to receive an Oscar for Best Actor?
10. TELEVISION: Which Muppet character lives in the garbage can on "Sesame Street"?

ANSWERS

1. William Harrison (He served only one month in office.) 2. Mark Twain 3. Taxonomy 4. Nine 5. 1773 6. Speaks pompously or verbosely 7. 23 days covering about 2,200 miles 8. Sandra Day O'Connor 9. Henry Fonda (He was 76 when he won for his performance in "On Golden Pond.") 10. Oscar the Grouch

SPORTS QUIZ

1. In 2009, Tony Kubek became the fourth former major-league player to win the Ford C. Frick broadcasting award. Name two of the first three to win it.
2. When was the last time the Cincinnati Reds had a 20-game winner?
3. Who was the last college football defensive tackle before Ndamukong Suh of Nebraska in 2009 to finish in the top-five in Heisman Trophy voting?
4. In 2008, New Orleans guard Chris Paul set a record with a steal in his 106th consecutive regular-season game. Who had held the mark?
5. In the past four Olympics, how many times has the Russian men's hockey team won a gold medal?
6. Richard Petty won five NASCAR Cup season titles during the 1970s, while Cale Yarborough won three in a row. Who won the other two during the decade?
7. Who was the last father before Roger Federer in 2010 (Australian Open) to win a Grand Slam tennis event?

ANSWERS

1. Jerry Coleman (2005), Joe Garagiola (1991) and Bob Uecker (2003). 2. Danny Jackson was 23-8 in 1988. 3. Steve Emtman of the University of Washington in 1991. 4. San Antonio's Alvin Robertson set the old mark in 1986. 5. None - Russia won a silver medal in 1998 and a bronze in 2002. 6. Bobby Isaac in 1970 and Benny Parsons in 1973. 7. Andre Agassi, who won the 2003 Australian Open.

My Stars ★★★

FOR WEEK OF JUNE 7, 2010

ARIES (March 21 to April 19) Still operating under a full head of self-esteem makes you want to tackle a matter you had shied away from. OK. But be sure to arm yourself with facts before you make a move.

TAURUS (April 20 to May 20) That smart move you recently made caught the attention of a lot of people, including some with financial deals to offer. Use your Taurean wariness to check them out thoroughly.

GEMINI (May 21 to June 20) Shyness might keep you from asking for more information on a potentially important matter. But your curiosity grows stronger by midweek and gives you the impetus for data-gathering.

CANCER (June 21 to July 22) Taking on too many tasks may not be the wise thing to do at this time. You might overspend both your physical and emotional energy reserves, and have to miss out on some upcoming events.

LEO (July 23 to August 22) Try to keep your spending at an affordable level. Splurging now -- especially on credit -- could create a problem if your finances are too low for you to take advantage of a possible opportunity.

VIRGO (August 23 to September 22) You might not approve of a colleague's behavior during much of the week. But don't play the judgmental Virgo card here. As always, check the facts before you assume the worst.

LIBRA (September 23 to October 22) Coping with an old issue that has suddenly re-emerged could take a big toll on your emotional energies. Decide whether you really want to pursue the possibilities here.

SCORPIO (October 23 to November 21) For all your skill in keeping your secrets safe, you could be unwittingly letting one slip out by the way you're behaving in that new relationship. Are congratulations soon to be in order?

SAGITTARIUS (November 22 to December 21) Good old-fashioned horse sense could help you get around those who unknowingly or deliberately put obstacles in your way. Ignore the confusion and follow your own lead.

CAPRICORN (December 22 to January 19) A puzzling attitude change in a colleague from friendly to chilly might stem from a long-hidden resentment suddenly bubbling up. An open and honest talk should resolve the problem.

AQUARIUS (January 20 to February 18)

This week, many ever-generous Aquarians might find themselves feeling an acquisitive urge. If so, indulge it. You've earned the right to treat yourself to wonderful things.

PISCES (February 19 to March 20) Expect to get a lot of advice on how to go about implementing your plans. But once you've sorted it all out, you'll probably find that, once again, your way will be the best way.

BORN THIS WEEK: You enjoy the quiet times of your life, but when you're in the mood, you can throw a party everyone will want to go to.

THIS WEEK IN HISTORY

- On June 9, 1772, the British vessel Gaspee runs aground off the coast of Rhode Island while pursuing the Hanna, an American smuggling ship. That evening, John Brown, an American merchant angered by high British taxes on his goods, rowed out to the Gaspee with a number of other colonists and set the ship afire. When British officials attempted to prosecute the colonists involved in the "Gaspee Affair," they found no Americans willing to testify against their countrymen.

- On June 13, 1905, pitcher Christy Mathewson of the New York Giants throws the second no-hitter of his career to lead his Giants to a 1-0 win over the powerful Chicago Cubs. That year Mathewson won 31 games to just nine lost.

- On June 12, 1920, Man O' War wins the 52nd Belmont Stakes. His only career loss came in 1919 when his back was to the starting line at the beginning of one race. At that time, before the advent of starting gates, a rope was all that held horses back from starting their run.

- On June 10, 1935, in New York City, two recovering alcoholics found Alcoholics Anonymous (A.A.), a 12-step rehabilitation program that eventually helps countless people cope with alcoholism.

- On June 11, 1949, Hank Williams, Sr., makes his Grand Ole Opry debut at the Ryman Auditorium. The audience called Williams out for six encores and had to be implored not to call him out for more in order to allow the rest of the show to go on.

- On June 8, 1968, James Earl Ray, an escaped American convict, is arrested in London, England, and charged with the assassination of civil-rights leader Martin Luther

King, Jr. Ray claimed he was innocent of King's assassination and had been set up as a patsy by a mysterious man named "Raoul."

- On June 7, 1976, an article called "The Tribal Rites of the New Saturday Night," by journalist Nik Cohn, is published in New York magazine. The article detailed the struggles and dreams of an Italian-American disco dancer in Brooklyn. The blockbuster movie "Saturday Night Fever" was based on the article.

STRANGE BUT TRUE

- It was French emperor Napoleon Bonaparte who made the following sage observation: "In politics, absurdity is not a handicap."

- You may consider the bikini to be a modern phenomenon, but in the ruins of Pompeii, which was buried by ash from an eruption of Mt. Vesuvius in 79 A.D., there are murals depicting people in two-piece bathing suits.

- Are you a librocubicularist? If, like me, you like to read in bed, then you are.

- Academy Award-winning actress Bette Davis was evidently so concerned about the possibility of gaining weight between roles that in the 1940s she took out an insurance policy on her waist, in the amount of \$28,000.

- According to statistics from the Social Security Administration, about one-third of people who claim to be more than 100 years old aren't telling the truth. It seems that people age 75 and older tend to add years when asked how old they are, while those under age 75 tend to say they're younger than they are.

- Beer steins have covers to keep flies out.

- Last year, much was made of the Obama family's plan to adopt a dog. Many first families have had pets, though, and some presidents have not been content with a run-of-the-mill dog or cat. For instance, Thomas Jefferson kept two bear cubs in a cage on the front lawn of the White House, and Theodore Roosevelt had a zebra. An alligator was the pet of choice for John Quincy Adams, and James Buchanan kept an elephant.

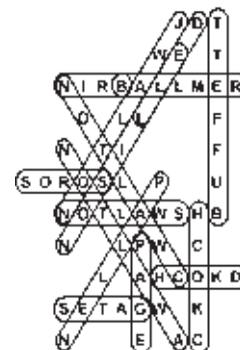
THOUGHT FOR THE DAY

"The kiss originated when the first male reptile licked the first female reptile, implying in a subtle way that she was as succulent as the small reptile he had for dinner the night before." -- F. Scott Fitzgerald

PUZZLE ANSWERS



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RS 5/28 V 7/16

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Central location -1630 Periwinkle Way, Furnished office including a Reception area and kitchen facility. Recently designer decorated. Suite B-1072.6 sq.ft. @\$15 per sq.ft. Plus CAM. Call 239-985-0033 or 940-7823. SR 11/21 B TFN

FOR LEASE

Architecturally designed real estate office on Periwinkle with 7-12 private offices depending on configuration. Freshly painted, new floor covering, reasonably priced. Call 239-940-7823 for showing SR 12/14 B TFN

OFFICE SPACES FOR LEASE

Iona Schoolhouse Professional Center Great Location at McGregor Blvd & Kelly Road. 685 sq feet & 1350 sq feet units available. Will negotiate year lease! Call Lisa at 239-472-2792 SR 1/4 B TFN

TOTALLY RENOVATED

800 Sq. ft. Doc Ford's Center. New large white tiles on floor. New bathroom. Raised ceiling and new windows. Motivated owner - some FREE RENT. Call Nancy 239-246-4075. SR 8/7 B TFN

RETAIL SPACE FOR RENT

Retail space available on Periwinkle Way. Frontage 2,100 sq. ft. Call 239-283-8581 SR 8/14 B TFN

OFFICE SPACE FOR LEASE

Convenient location on Periwinkle Way, Island Tower Plaza, Sanibel. 1st Floor availability with 700 sq. ft. of space. Leasehold improvements negotiable. Call Joe at 516-972-2883 or toll free at 800-592-0009. Fax is 212-371-2290 SR 10/12 B TFN

PRIME SPACE FOR LEASE

Retail, Office, Take Out, Etc. Attractive Rates Offered!



- "Islander Center" on Sanibel
- Prime Periwinkle Frontage
 - High Traffic Tenants
 - Excellent Parking
- Immediate Occupancy
- Local/Pro-Active Owners
- Flexible Space Available

Call Today!
239-850-7888
SR 4/30 B TFN

PRIME COMMERCIAL/OFFICE SPACE

For sublease on Periwinkle Way, Sanibel. Excellent exposure and convenient location, flexible square footage available to suit your needs. Call 239-472-2183 for more information. SR 12/3 B TFN

SEASONAL RENTAL

3B/2B, GATED COMMUNITY, fully furnished, garage, pool, screen porch. No smoking, No pets. Monthly rental \$3,000. Available June & July. Call 481-0241. RS 5/21 D 6/11

ANNUAL/SEASONAL RENTAL

SANIBEL ARMS

2 BR 2 BA 1st floor corner unit on canal. Free boat dock. Fishing, lanai, pool, steps to beach. Interior & furnishings new Jan 2006. Weekly/monthly/seasonal. Call owner 419-566-8670. SR 4/13 V TFN

ANNUAL OR SEASONAL RENTAL

Sanibel 2BR/2BA - Furnished, Central A/C, Wet Bar, Vaulted Ceilings, Direct TV, Internet, Pool, Screened Lanai, Garage. Call 954-605-3325 or 800-618-3325 for details. SR 7/17 M TFN

VACATION RENTAL

DIRECT BAYFRONT COTTAGES

Popular west end where Sanibel/Captiva meet. 1 BR-3+BR, single story, furnished, full kitchens, 3 docks, direct access, heated pools, pet friendly, beach across street. Best spot on island. 239-848-0906 RS 3/12 M TFN

www.Bay to Sea.com

Bay to Sea is FREE!

Captiva & Sanibel Vacation Rentals Rent directly from more than 300 property owners! **FREE for Renters to use!** **FREE for Owners to use!** SR 2/12 B TFN

East End. 1/2 Duplex. Walk to beach - near Causeway. 2-1 completely remodeled. Deck, new kitchen, bath and tile. Call Bob 410-692-0200 SR 3/12 V TFN

SANIBEL ARMS 2/2

First floor condo, completely redone - kitchen/bath/appliances/furniture - November 2005. TVs/DVDs, internet, pool/clubhouse. Just a few steps to beach. Weekly/Monthly/Seasonal Call owners: 401-253-2511 SR 1/26 M TFN

EAST END COTTAGE

Steps from the beach. 1 bdrm/1 1/2 bath, AC/heat, full kitchen, laundry. \$3,500/mo + tax Jan-Mar, neg.off-season. Call for availability. 239-738-3021 SR 1/9 B TFN

VACATION RENTAL

SEASONAL SPECIAL!



Meticulously remodeled 3BR/3BA Duplex in the Dunes with panoramic golf course views, granite, marble, tile, pavers, large kitchen, and loft/office available as seasonal rental for one month or series of months. Call Jean Johnson 703-548-0545. SR 3/7 V TFN

ANNUAL RENTAL

ANNUAL RENTAL

Two bed/ two bath unfurnished ground floor condo off Kelly Road. Close to Sanibel and Fort Myers Beach. Annual lease \$695/mo. Six month lease also avail. Pets under 25 lbs. OK. Call 851-3506. SR 1/29 N TFN

PROPERTIES AVAILABLE

For a complete list visit our Website www.remax-oftheislands.com Call Dustyn Corace, RE/MAX of the Islands 239-472-2311 RS 10/9 B TFN

QUIET SANIBEL HOME W/PRIVATE BEACH PATH

Single family home in quiet west end development. Large landscaped lot, 3-4 bedrooms, 3 1/2 baths, large open living area, screened porch off living/dining areas. W/D, 2nd fridge, Elevator, 2-car garage. Community has several pools, tennis courts & natural lagoons. \$4,500/mo. + util. Annual rental only. Call 212-799-6463. RS 5/28 A 6/18

ANNUAL RENTAL

SANIBEL VIEW CONDO

2-Bedroom, 2-Bath, 1,400 sq. ft., gated, minutes to Sanibel, garage, all upgrades, pool, tennis, no pets, unfurnished, \$1,000 monthly. 239-437-0700 SR 5/28 B 6/4

ANNUAL RENTAL

One Bedroom Apartment for rent at 1506 Periwinkle Way. One bedroom one bath apartment over the VIP Vacation Rental office. Great location, close to everything. \$950 per month including electric. Call David or Ronna at 472-1613. SR 6/4 B 6/11

SANIBEL 2BR/1BA

Ground level, quiet street, professional renovated in elegant style, partially furnished. \$850 per month, water paid. Call 330-289-1798. RS 6/4 A 6/18

CUSTOM HOME, PRIVATE, river view, guest loft with sun porch, pool, tennis, beach. No smoking or pets. Available monthly beginning April. 405-210-2341 or 405-307-8949 SR 1/8 M TFN

TROPICAL ISLAND HOME. Stroll to beach. Spacious lakefront 3 bedroom/2 bath on quiet cul-de-sac. Private master suite w/loft and sundeck. Two car garage. Lot of storage. Call owner 472-8378. RS 6/4 P 6/11



If you would like copies of *The River* delivered to your business or organization, Please call 415-7732

Place your classified ONLINE

Simply go to our web site IslandSunNews.com

Click on **Place Classified**

fill out form & **Submit**

From page 24

Emergency Plans

- Include animal handling equipment and a supply of feed and water.
- Carry your vaccination record, Coggins test and health papers with you.
- Have a point of destination before departure and be sure to evacuate early to avoid traffic delays.

If evacuation is not possible:

- Reinforce your barn, and outbuildings with hurricane straps or other devices.
- Secure or remove anything that could become blowing debris.
- Open gates or remove fencing so that animals may move to high ground in a flood and to low-lying areas during high winds.
- Install a hand pump for your well and fill enough large containers with water for your animals for at least a week.
- Identify alternate water and power sources. A generator with a safely stored supply of fuel may be essential, especially if you have electrical equipment necessary to the well being of your animals.

“People will have enough to deal with in protecting themselves and their families during a natural disaster or other emergency,” Bronson said. “If they have a plan in place for pets and livestock, that is one less thing they will need to worry about at the last minute.” ❄️

From page 23

Training Society

who will explain how internally designed Discovery Charts create awareness and energize staff toward a common theme. Pollins will demonstrate how they work to generate discussion, enabling employees to literally teach themselves.

The cost for the meeting, including lunch, is \$10 for members; \$15 for non-members and guests. To register, send an e-mail to johnmfischerjr@gmail.com. Registration deadline is Monday, June 14. The Cape Coral Hospital is at 636 Del Prado Boulevard South. For directions, go to www.swflchapter.astd.org. ❄️

SUDOKU

To play Sudoku:
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

		7		4	2	3		
8					1		6	
	4		8					2
3			2		7		9	
		8	1					5
	1			9		6		7
	6	9		7			2	
		5			6	8		
1			4					6

answer on page 25



© Roy Land International

“This calls for more research and development. Send it down to _____.”

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Spoil
LERDUC | | |

Windfall
ABONZAN

Steeple
FLERBY |

Esteem
EMDRIA |

TODAY'S WORDS

answer on page 25

THE RIVER

WEEKLY NEWS
FROM THE BEACHES TO DOWNTOWN FORT MYERS

Emergency.....	911
Lee County Sheriff's Office.....	477-1200
Florida Marine Patrol.....	332-6966
Florida Highway Patrol.....	278-7100
Poison Control.....	1-800-282-3171
HealthPark Medical Center.....	1-800-936-5321
Ft. Myers Chamber of Commerce.....	332-3624
Foundation for Quality Childcare.....	425-2685
Ft. Myers Beach Chamber of Commerce.....	454-7500
Fort Myers Beach Library.....	463-9691
Lakes Regional Library.....	533-4000
Lee County Chamber of Commerce.....	931-0931
Post Office.....	1-800-275-8777
Visitor & Convention Bureau.....	338-3500

ARTS

Alliance for the Arts.....	939-2787
Arts For ACT Gallery & Studio.....	337-5050
Art League Of Fort Myers.....	275-3970
Barbara B. Mann Performing Arts Hall.....	481-4849
BIG ARTS.....	395-0900
Broadway Palm Dinner Theatre.....	278-4422
Cultural Park Theatre.....	772-5862
Florida Repertory Theatre at the Arcade.....	332-4488
Florida West Arts.....	948-4427
Fort Myers Symphonic Mastersingers.....	472-0168
Gulf Coast Symphony.....	489-1800
Harmony Chorus, Charles Sutter, Pres.....	481-8059
Naples Philharmonic.....	239-597-1111
The Schoolhouse Theater.....	472-6862
S.W. Florida Symphony.....	418-0996
Theatre Conspiracy.....	936-3239
Young Artists Awards.....	574-9321

CLUBS & ORGANIZATIONS

Angel Flight.....	1-877-4AN-ANGEL
Animal Refuge Center.....	731-3535
American Business Women Association.....	357-6755
Audubon of SWFL.....	339-8046
Audubon Society.....	472-3156
Caloosahatchee Folk Society.....	677-9509
duPont Company Retirees.....	454-1083
Edison Porcelain Artists.....	415-2484
The Horticulture and Tea Society.....	472-8334
Horticultural Society.....	472-6940
Lee County Genealogical Society.....	549-9625
Lee Trust for Historic Preservation.....	939-7278
NARFE (National Active & Retired Federal Employees).....	482-6713
Navy Seabees Veterans of America.....	731-1901
Paradise Iowa Club of SWFL.....	667-1354
Southwest Florida Fencing Academy.....	939-1338
Southwest Florida Music Association.....	561-2118

Kiwanis Clubs:

Fort Myers Beach.....	765-4254 or 454-8090
Fort Myers Edison.....	694-1056
Fort Myers South.....	691-1405
Gateway to the Islands.....	415-3100
Iona-McGregor.....	482-0869

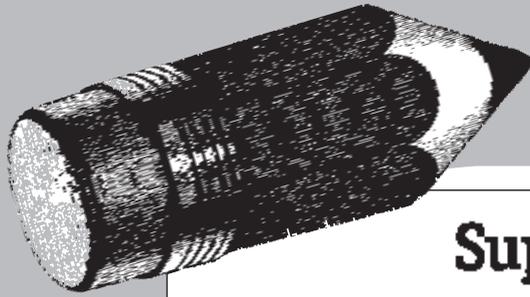
Lions Clubs:

Fort Myers Beach.....	463-9738
Fort Myers High Noon.....	466-4228
Estero/South Fort Myers.....	898-1921
Notre Dame Club of Lee County.....	768-0417
POLO Club of Lee County.....	477-4906
Rotary Club of Fort Myers.....	332-8158
Sanibel-Captiva Orchid Society.....	472-6940
United Way of Lee County.....	433-2000
United Way 211 Helpline (24 hour).....	211 or 433-3900

AREA ATTRACTIONS

Bailey-Matthews Shell Museum.....	395-2233
Burrough's Home.....	337-9505
Calusa Nature Center & Planetarium.....	275-3435
Edison & Ford Winter Estates.....	334-3614
Fort Myers Skate Park.....	321-7558
Imaginarium Hands-On Museum & Aquarium.....	321-7420
JN "Ding" Darling National Wildlife Refuge.....	472-1100
Koreshan State Historic Site.....	239-992-0311
Ostego Bay Foundation Marine Science Center.....	765-8101
Skatium.....	321-7510
Southwest Florida Museum of History.....	321-7430

If you would like your club/organization listed in The River Calling Card, phone 415-7732



BEACH CHAIR PASTIME

Answers page 26

Super Crossword

HEALTH SCORE

- ACROSS**
- 1 Matterhorn, e.g.
 - 4 It's a long story
 - 8 Steel support
 - 12 Iridescent stones
 - 17 Ocho —, Jamaica
 - 19 Move through mud
 - 21 Submarine base?
 - 22 Warhol subject
 - 23 Start of a remark
 - 25 Not give — (be indifferent)
 - 25 Play
 - 27 Moshe of Israel
 - 28 Growl
 - 30 Appearance
 - 32 Pro foe
 - 33 Walked
 - 35 Part 2 of remark
 - 39 Lillie or Straight
 - 43 Coasted
 - 44 — Pea (Popeye's kid)
 - 45 "The Grack Tycoon" subject
 - 46 Actress Tyne
 - 48 Rock's Footwood —
 - 50 Layette fasteners
 - 54 Unwell
 - 65 Fall in a heap
 - 68 "The Messiah," for one
 - 61 Electrical inventor
 - 63 Word form for "large"
 - 64 Morticia, to Pugsley
 - 65 Coarse flour
 - 68 Clean-air org.
 - 68 Dutch painter
 - 70 Ram's remark
 - 71 Compass pt.
 - 72 Casino cubes
 - 75 Part 3 of remark
 - 79 New Mexico resort
 - 80 Curie or Arden
 - 81 Actress Tylar
 - 82 General Bradley
 - 83 — Canals
 - 85 A bad figure?
 - 87 Alias initials
 - 88 Carpuient
 - 91 Furnishings
 - 95 Noisy quarrels
 - 97 Like some butter
 - 99 Exist
 - 100 Innsbruck's locale
 - 101 Cable channel
 - 103 Little than little
 - 104 JVC competitor
 - 105 Summer stinger
 - 108 Promise
 - 111 Part of PG
 - 114 Part 4 of remark
 - 118 New York county
 - 119 Sopranos' network
 - 120 Geometry calculation
 - 121 Trepidation
 - 125 67 Down feature
 - 128 — beaver
 - 131 Can openers?
 - 133 End of remark
 - 135 Put on
 - 136 Frozen capital
 - 137 Flynn of films
 - 138 Fabled racer
 - 139 Morise's male
 - 140 Have to have
 - 141 '60s talk-show host
 - 142 TV's "The Flying —"
 - DOWN**
 - 1 Parched
 - 2 One of the Simpsons
 - 3 Youthful hairdos
 - 4 Fast flier
 - 5 "Oh, woe!"
 - 6 Wedding wear
 - 7 Disoriented
 - 8 Journalist
 - 8 — onion
 - 10 Actor Delon
 - 11 Malurus
 - 12 "Grumpy — Men" ('93 film)
 - 13 Norm
 - 14 You can count on them
 - 15 "— Troo" ('82 hit)
 - 15 Street talk
 - 16 Get cracking
 - 20 Rosemary and basil
 - 24 "Are you — out?"
 - 29 "— Abner"
 - 31 Hot off the press
 - 34 "The Aeneid" character
 - 35 Use a stopwatch
 - 37 Take a breather
 - 38 Poison
 - 39 Angler's dangles
 - 40 Agatha's colleague
 - 41 Unruffle
 - 42 Grasso or Raines
 - 47 Marina sight
 - 49 Small band
 - 51 Where the action is
 - 52 Parahia's instrument
 - 53 Pump parts
 - 55 Graduation gear
 - 56 Bandleader Perez
 - 57 Wise guy
 - 59 Laugh loudly
 - 60 Pito up
 - 62 Poe's "Annel —"
 - 67 Book of maps
 - 69 Strike-breakers
 - 72 Dutch pottery
 - 73 Tower material?
 - 74 Composer Frank
 - 76 Walk in the woods
 - 77 "Stop, sailor!"
 - 78 Pick up the check
 - 79 Low digit
 - 84 Eccentric
 - 86 Crab's expression
 - 89 Lingerie item
 - 90 Empedocles' last stand?
 - 92 — coordinates
 - 93 Name or Willy
 - 94 Genuine
 - 96 Be — unto oneself
 - 97 Home of the Osmonds
 - 98 Thornfield governess
 - 102 Distinguished
 - 106 — Na Na
 - 107 C&W's Dolly
 - 109 It's in the bag
 - 110 Chrissie of The Pretenders
 - 112 Hockey's Lindros
 - 113 Last inning
 - 114 It's often heaved
 - 115 Subside
 - 116 Boston airport
 - 117 Make one's hair stand on end?
 - 122 Trail mix
 - 123 Nimble
 - 124 '82 Jell Bridges film
 - 126 Neutral tone
 - 127 Rock hound?
 - 129 Freud topic
 - 130 Cartoon canine
 - 132 Turf
 - 134 Flagon filler

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
17		18	19				20		21			22					
23			24						25			26					
27				28			29		30		31			32			
	33		34			35	36				37	38					
39	40			41	42		43			44							
45			46		47		48		49		50		51	52	53		
54			55			56	57		58	59	60						
61		62		63					64			65					
	66	67		68		69		70					71				
72	73	74		75	76	77		78					79				
80			81				82				83	84					
85		86		87			88		89	90		91		92	93	94	
95			96				97				98			99			
100						101	102			103				104			
		105	106	107	108		109	110		111		112	113				
114	115	116				117						118					
119				120				121		122	123	124		125		126	127
128			129	130		131		132		133			134				
135					136				137					138			
139						140				141						142	

King Crossword

ACROSS

- 1 Crazy
- 4 Cabin components
- 8 Pushpin
- 12 Inventor Whitney
- 13 Last write-up
- 14 Turkish bigwig
- 15 Active person
- 17 MRI forerunner
- 18 "A mouse!"
- 19 Cow catchers
- 21 Insomnia
- 24 Fond du —, Wisc.
- 25 Court
- 26 "Uh-huh"
- 28 Birth-related
- 32 "Desire Under the —"
- 34 Peregrinate
- 36 Infant
- 37 Change your offer
- 39 Intimidate
- 41 Barbie's companion
- 42 Period
- 44 Highway stopovers
- 46 Patella
- 50 Lummax
- 51 Title
- 52 1950s dance resembling an elaborate patty-cake
- 56 Tart
- 57 Piece of work
- 58 By way of
- 59 Road quickly
- 60 Simple
- 61 Ostrich's cousin
- 9 transport
- 9 "Slumdog Millionaire" site
- 10 Converse
- 11 Kyser and Thompson
- 16 Moray, for one
- 20 Skedaddled
- 21 Ornamental pitcher
- 22 Double agent
- 23 Face
- 27 All counter-part
- 29 Relax a bit
- 30 First victim
- 31 Photog's choice
- 33 Type of baseball
- 35 Comic DeLuise
- 36 "What's up, —?"
- 40 "Give a foot, son!"
- 43 California-Nevada lake
- 45 Trump casino-hotel
- 46 Smooch
- 47 Cranny
- 48 Need a holder
- 49 One of the Three Bears
- 53 Greek consonants
- 54 Energy
- 55 Water Fr.

DOWN

- 1 Blanc or Brooks
- 2 "The Greatest"
- 3 Attack forcefully from above
- 4 Mellow
- 5 Sapporo sash
- 6 Y chromsome lacking
- 7 Fitch
- 8 Urban
- 11 Kyser and Thompson
- 15 Kyser and Thompson
- 16 Moray, for one
- 20 Skedaddled
- 21 Ornamental pitcher
- 22 Double agent
- 23 Face
- 27 All counter-part
- 29 Relax a bit
- 30 First victim
- 31 Photog's choice
- 33 Type of baseball

MAGIC MAZE

FORBES RICHEST AMERICANS LIST

G Q N J G D A X J D I U R O L
 J G D A X V S W E P T N K I F
 C A N I R (B A I L M E R) X V S
 Q O L O J L L H E C F A X V T
 R P N N T I L J H F E D B Y L
 S O R O S L X P V T U R P O E
 M K N O T L A W S H B I G E A
 D B N Z X L P W W C U T R Q H
 O N L J L L A H C O K D G F C
 D C S E T A G W A K Y X W V I
 T S N R P O E N A C L K J I M

Find the listed words in the diagram. They can run in any direction: forward, backward, or down and diagonally.

- | | | | |
|-----------|-----------|-----------|-----------|
| A. Walton | C. Koch | Ellison | Page |
| Bailmer | C. Walton | Gates | S. Walton |
| Brin | D. Koch | J. Walton | Soros |
| Buffett | Dell | P. Allen | |



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Fort Myers Office
239.481.9995**

*We are conveniently
located on the corner of
Summerlin and Winkler.*

Plastic & Reconstructive
Eyelid Surgery



Dean W. Larson, M.D.

- Board Certified Eyelid Surgeon since 1990
- Diplomat of The American Board of Ophthalmology
- Over 10,000 surgeries performed successfully
- Serving Lee, Charlotte & Hendry County patients for over 19 years

**Over 65?
Think eyelid surgery is not affordable?
Medicare pays!**

Eyelid Quiz

- Can you see your eyelids?
- Do you have to raise your eyebrows to see more clearly?
- Have you hit your head on a cabinet door while open?
- Is it difficult to see beside you without turning your head left or right?
- Do your eyelids close while you are reading?
- When you play tennis, do you have trouble serving?
- Do your eyelids feel heavy?



Natasha Larson, COA

If you answered "yes" to one or more of these questions, you qualify for a **FREE**, no obligation eyelid screening performed by Natasha Larson, COA.

Screening candidates receive a \$50 gift certificate to your choice of one of five Prawnbroker Restaurant Group establishments in Ft. Myers and Sanibel.

Before



After



WE OFFER

- One-surgeon practice -- you always see the same doctor
- No assembly-line surgery - you're the only one
- Personalized post-operative attention
- Specialty-trained nursing staff
- Catered, accommodating care, tailored to your needs

NO DOCTOR REFERRAL NEEDED

Before



After



www.EyelidsOnly.com