

World Touring *Star Wars* Production To Feature Mastersingers



Mastersingers

“May the Force be with you”...that popular phrase from the late ‘70s will be heard around town frequently in the next week as the *Star Wars in Concert* world touring production arrives at Germain Arena for its first stop on a 15-city tour of the United States. The local choral group Fort Myers Mastersingers was selected to sing in the production on May 13 at 7:30 p.m.

“We’re excited about it,” said Jeff Faux, artistic director of the Mastersingers. “Our singers are having a lot of fun with the music in rehearsals and we’re looking forward to participating in the show. We’re apparently the only local people in the show.”

Star Wars in Concert is a unique event that combines John Williams’ unforgettable music performed by orchestra and chorus with specially edited footage from all

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Jason Parrish and Gary Marachek as Adam and Eve in *The Big Bang*

Florida Rep Closes Season With Zany Musical Comedy

Florida Repertory Theatre’s final offering of its 12th season is a zany musical comedy of epic proportions, *The Big Bang*.

Opening May 7, the show is an hysterical romp that follows two wannabe producers as they retell the history of mankind as the most lavish and expensive Broadway musical ever written.

Written by Boyd Graham and Jed Feuer, *The Big Bang* is a deliriously funny musical that the *New York Daily News* called “Inspired Nonsense!” It unfolds in the elegant Park Avenue apartment of Dr. Sid and Sylvia Lipbalm, a proctologist and his wife, as Jed and Boyd pitch a musical they have written, *The Big Bang*, to a houseful of prospective investors. With a budget of \$83.5 million and a cast 318, it is the most expensive and

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Fort Myers Art Walk And Art Fair This Friday Night

The monthly two-day art event continues in downtown Fort Myers on Friday, May 7, from 6 p.m. to 10 p.m. It will be followed on Saturday by the new Saturday Art Fair in the Patio de Leon from noon to 4 p.m.

The Art Walk will include more than a dozen art stops and feature new art exhibitions, live music, and the traditional after party.

Held the first Friday of every month Art Walk features local and national art-work in the downtown art galleries and several art stops in the Fort Myers River District. The evening will culminate with an after party at 10 p.m. at Spirits of Bacchus on Hendry Street.

The Saturday Art Fair will feature more than 20 local art vendors and artisans selling their art. Galleries will be open and some galleries will be hosting make-it and take-it art projects for children. Admission is free.



Some highlights of Friday’s Art Walk:

- Art League of Fort Myers: Opening of Anything Goes exhibit. Noelle Aparte, a vocalist winner at the Young Artists Awards competition in March, will be performing from 7 to 8:30 p.m.
- Art of the Olympians: Founder’s exhibit featuring the works of Al Oerter and Liston Bochette in the main gallery and a special showing in the downstairs gallery.
- Arts for ACT Gallery: Opening reception for exhibit featuring artists Beth Everhart, Andrea Cambio and Africa Valdez.
- Coloring The World: 50@50 exhibit and street party featuring 50 works for \$50 each by 50-year-old artist Stephen Gray-Blancett.

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Kanzius Foundation Garner \$250,000 In National Contest

by Jim George

PepsiCo will award a grant of \$250,000 to the John Kanzius Foundation as a result of the Pepsi Refresh Project, an online contest open to 1,000 community-improvement ideas each month. Votes were cast nationwide until the contest ended on April 30. Over the final two weeks of the contest the Kanzius Foundation surged from 20th place to first place in the final three days of the contest.

The *Island Sun* and sister publication *The River Weekly* had strongly urged readers to vote for the project during the past four weeks in an effort to propel the Kanzius Foundation’s position toward the top spot. Both publications have been tracking and reporting on the development of the Kanzius technology for the past six years.

“I was so excited,” said Kanzius’ widow, Marianne Kanzius, when advised

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Marianne Kanzius

Historic Downtown Fort Myers, Then And Now:

The Steeple Of The St. Francis Xavier Catholic Church



by Gerri Reaves

The next time you approach the Caloosahatchee Bridge on Cleveland Avenue, glance carefully to the right and you see a monument to early Fort Myers history, the steeple that graced Fort Myers' oldest Catholic parish, St. Francis Xavier Catholic Church.

For more than half a century, that steeple, which rose 50 feet into the air, crowned the brick church that had been built on the spot in 1910.

Although that site was the parish's first permanent home, the church's history began decades before.

As early as 1878, masses were led in Fort Myers by a Jesuit priest traveling from Tampa. Father Charles Roeper later was assigned as the parish's first priest.

In 1885, approximately 30 people organized a missionary church. The first baptism was administered in 1888.

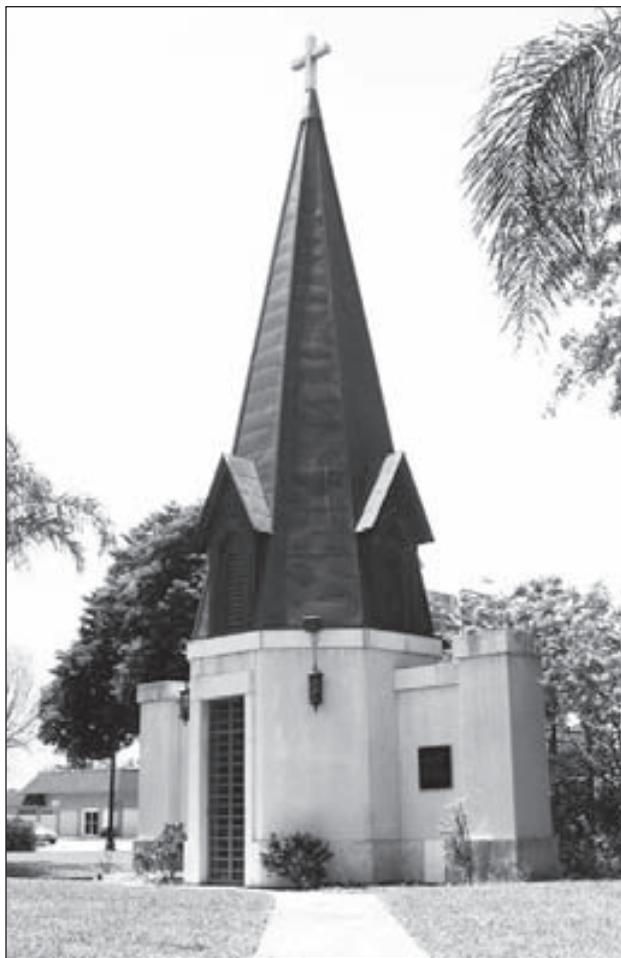
Services were reportedly held in a livery stable and then in private homes in those pioneer days.

The Catholic services attracted worshippers from throughout the region – Immokolee, Fort Myers Beach, Naples, Punta Gorda, Bartow, Pine Island, and even Palm Beach and Coconut Grove on the state's east coast.

For out-of-towners traveling by boat, horseback, carriage, the trip entailed inconvenience and a sacrifice of time.

The first permanent home was a small frame church. Father Roeper said the church's first mass there was on Easter Sunday 1890.

In 1910, the brick church with the steeple was built on the same site. Priests from Tampa continued to serve the church until 1920.



This steeple once graced the St. Francis Xavier Catholic Church built on the site in 1910. Returned to the site in 2005 after decades in storage, it stands on Cleveland Avenue, just north of Victoria Avenue, a tribute to one of Fort Myers' oldest churches

Another milestone was reached in 1920, when the parish of St. Francis Xavier was formed officially.

A new and larger church was constructed in the early 1960s. In the 1970s, when an expansion of the facilities was planned, the old church was deemed unsuitable for the needs of a growing church which also had a large school. The historic structure was demolished.

A plaque on the steeple base acknowledges the families of Charles W. Flint and Thomas F. Doyle, Jr. for their roles in removing the steeple from the old church, storing it for more than 40 years, and returning it to its home ground in 2005.

The next time you drive down Cleveland Avenue, glance at the historic steeple silhouetted against the sky and remember the dedicated people who built not only homes and businesses, but houses of worship, in a pioneer town by the Caloosahatchee.

Then head to the Southwest Florida Museum of History at 2031 Jackson Street to learn more about the history of one of Fort Myers' oldest churches.

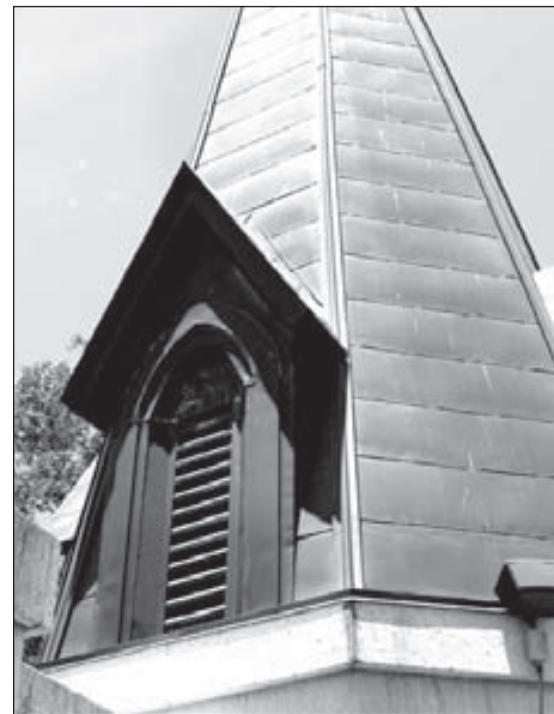
Ask about the museum's Evenings with an Egyptologist lecture series, a perfect complement to the ongoing Tutankhamun exhibit.

For information, call 321-7430 or go to swflmuseumofhistory.com. The museum's hours are 10 a.m. to 5 p.m. Tuesday through Saturday and noon to 5 p.m. on Sunday.

When researching local history or doing genealogical research, be sure to check out the Southwest Florida Historical Society at 10091 McGregor Boulevard.

Do you have copies of *The Caloosahatchian*, the yearbook of Fort Myers High School? The society would appreciate your help in completing their collection. Contact them at 939-4044 or drop by on Wednesday or Saturday, 9 a.m. to noon.

Sources: The archives of the Southwest Florida Historical Society and *The Fort Myers News-Press*. ✨



A detail of the century-old steeple

photos by Gerri Reaves



This cornerstone on the steeple's base reads "Church of St. Francis Xavier, 1910"



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Graphic Arts/Production

Ann Ziehl
Katherine Mouyos

Photographer

Michael Heider

Writers

Gerri Reaves, Ph D
Anne Mitchell

Contributing Writers

Jennifer Basey	Heights Elementary
Kimberley Berisford	Joan Hooper
Suzy Cohen	Brian Johnson
Jenny Evans	Audrey Krienon
Ed Frank	Scott Martell
Max Friedersdorf	Di Saggau
Priscilla Friedersdorf	Capt. Matt Mitchell
Patricia Molloy	Scott White
Jim George	

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Uncommon Evening Tickets Now On Sale

Tickets are now on sale for the Uncommon Evening on Thursday, June 3 at Harborside Events Center. This annual event, hosted by the Uncommon Friends Foundation, will include the announcement of the fifth annual Business Ethics Award recipient. The evening will begin at 6 p.m. and individual tickets are \$60. Tables of eight are \$500. Sponsorships are also available.

Other presentations will include the Character Education Teacher Awards, 25 scholarship announcements, and an honorary life membership award.

For tickets call 337-9505 or visit the Web site at www.uncommonfriends.org.

From page 1

Kanzius Foundation

of the results of the contest. "I think it shows that people are connecting. There were so many people behind this to make this win possible, not just locally but all over the world. So many people have been touched by cancer. It shows we can make this happen."

The money will pay for two new Kanzius researchers: a molecular biologist and a physicist. Both will work for the project's lead researcher, Dr. Steven Curley, at the MD Anderson Cancer Center in Houston. Curley already has 14 people working on the radio-wave technology designed by Erie, Pennsylvania native and Sanibel Island resident John Kanzius, who died in 2009. In an interview with the *Island Sun* last month, Curley said if they won the money his plan was to add researchers. "The more people we have on the project the quicker we get to human trials," Curley said.

According to the Kanzius Foundation, the rest of the Pepsi money – about \$70,000 – will be used to brand the Kanzius effort on a global stage. The foundation said it plans to add text-messaging and a system for mobile-giving.

Kanzius, a radio engineer, developed a technology that uses nanoparticles and an external radio-wave generator to target cancer cells which heat up to a temperature that kill the cells. Unlike current treatments that cause nausea, weakness, hair loss and damage to healthy cells, the Kanzius treatment, according to researchers, would have no collateral damage to healthy cells and no side effects.

The Kanzius fund operates with an annual budget of about \$1 million.

The foundation must complete a 17-page application before any money comes to it. The first Pepsi check should come by May 22; the rest would be sent six months later.

Pepsi does not disclose the number of people who voted, a spokeswoman said. It is not clear how far ahead the Kanzius foundation was when the contest ended Friday.

School Board Candidates Forums

Candidates for the Lee County School Board have been invited to present their qualifications and platforms at the monthly luncheon meeting of the Fort Myers Republican Women's Club on Tuesday, May 18 at The Helm Club, The Landings, South Fort Myers. Republican candidates who

have been invited are Mary Fisher, Arnold Gibbs, and John Trabue, District 1; Don Armstrong and Steve Teuber, District 4; and Thomas Scott and Elinor Scricca, District 5. A question-and-answer session will follow their prepared remarks.

The public is invited to attend. A social hour begins at 11:15 a.m. with the luncheon and candidate forum following at noon. The cost for the luncheon is \$16; reservations are required by Thursday, May 13 and may be made by contacting Tina Laurie at 489-4701.

The Fort Myers Republican Women's

Club is affiliated with the Florida Federation of Republican Women and the National Federation of Republican Women. Additional information about the club may be obtained by contacting the past president, Marilyn Stout, at 549-5629.

Our E-Mail address is
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JROTC To Restore Flagpole Area At Cape School

Cape Coral High School, spear-headed by the Army JROTC program, has started a project to restore the 30-year old front flagpole area to a condition worthy of the United States and Florida flags.

While thousands of local citizens view the flags flying proudly in front of the school each day as they drive along Santa Barbara Boulevard, they might not be aware that the immediate area surrounding the flagpole is in dire need of an overhaul. The school's 109-cadet strong Seahawk Battalion, with assistance from a local landscaper, fellow students and the school district, is ready to rectify this situation.

The flagpole area will be dedicated in a ceremony at 11 a.m. Friday, May 28 in honor of one of Cape Coral High School's former students and cadet battalion commander, United States Army Captain Danny Eggers. CPT Eggers gave his life in defense of his country while serving on active duty in Afghanistan as a Special Forces officer and his bravery and sacrifice serve as a daily inspiration to the entire high school family. This project will ensure that his contribution to our nation's freedom and security will never be forgotten.

Any individual or group wishing to support this endeavor financially may contact the school at 574-6766, ext. 416 for additional details.*

Summer Art Camp

The Fort Myers Beach Art Association (FMBAA) is offering a summer art camp for kids, ages six through 12, in a real working gallery environment. Camp runs June 21 to 25, 9 a.m. to noon, at the art association gallery on Donora Street. Three artists/teachers with many years of experience will be working with children. The cost is \$40 for the five half-days. To register, send name, age, address, and telephone number along with a check for \$40 to: Fort Myers Beach Art Association, P.O. Box 2359, Fort Myers Beach, FL 33932.

For more information see the Web site www.fortmyersbeachart.com or call 463-3909.*

Summer Camps

Lee County Parks & Recreation has summer camp opportunities for ages 6-16 at the North Fort Myers Community Park. The first week of camp begins June 28 and continues for seven weeks, ending on August 13. Parents may sign up their child(ren) for one week or all seven weeks. Pre-registration and payment is required.

Camp price per week is \$67 per child. Camp hours are 7:30 a.m. to 6 p.m. Lunch and a snack provided by the Lee County School Board are included in the price. Register online and save 10 percent per week. To register visit www.leeparks.org or call 533-7440.*

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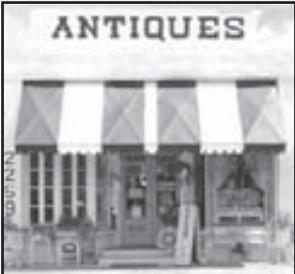
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How Do We Clean Up Ocean Oil?

submitted by J. Bruce Neill, Ph.D.

What can we do to minimize the devastating effects of what may well be the world's largest oil contamination in history? I wish I knew the answer. I don't.

But here are a couple of things I do know. Let's stop calling it a "spill." Over 200,000 gallons of oil are pouring into the Gulf of Mexico each day. The size of the surface oil slick has tripled in the past few days; it is larger than the state of Rhode Island. Broken pipes are spewing 8,300 gallons of oil in to the gulf each hour – 138 gallons per minute. This is hardly a spill.

Our mediation seems to be limited to two strategies. One is to use booms and adsorbent pads to isolate and soak up the oil on the surface so that it can be safely disposed of. The second is to use dispersants to make the oil "go away;" this one sounds great.

The problem with dispersants is that oil and water don't mix. Dispersants break up the molecules of oil so they no longer float on the water. Instead, the smaller oil globules are free to be distributed throughout the water column, poisoning creatures that live in the water and eventually settling on the bottom of the sea where they then destroy the ocean life on the bottom. They spread the toxicity to all parts of the ocean.

We have quit using dispersants in marinas for true oil spills – not pipes spewing 8000 gallons per minute, but true spills, where a little gasoline or oil spills out of a tank when it is being filled. Why have we quit using them in marinas? Because we find that by allowing the petroleum products to eventually settle to the bottom we create a much worse, toxic dead zone on the bottom. The "clean-up" causes more harm than good.

It seems logical to me that we can't use dispersants on oil spills in marinas because we know their use greatly magnifies the environmental damage caused by small accidental spills. We convert small problems to big ones.

What is not clear is why we are putting hundreds of thousands of gallons of dispersants into the Gulf of Mexico when a series of pipes is gushing 8,000 gallons of oil an hour 5,000 feet below the surface. The only logical reason I can find is that we are more comfortable killing the millions of plants and animals that support our life on these gulf shores as long as we can't see it.

We are more comfortable taking it out on the little guys: the bottom of the food chain – the microscopic organisms that support all the other living things in the Gulf of Mexico – and our planet. We can't see them, so we can poison them at will. So long as less oil washes up on our shores.

This strategy is similar to spilling a strong radioactive dust in your home. Rather than removing the radioactivity from your home with a vacuum, all you need to do is to sweep it under the rug.

Now that all the dust is out of sight, you can go about your activities, not too terribly bothered by the whole little unpleasant incident. Never mind that the harmful effects of the dust under that rug are just as powerful as ever, emanating deathly radioactivity. What we can't see won't hurt us – right?

If we can make the sight of the oil go away, beneath the calming surface of the sea, everything will be all right. There will be less oily birds to look at and clean up after. We can get back to normal. If indeed, we are the stewards of this planet, and our main concerns are the shoreline, who are the stewards of the ocean? Or does stewardship really just mean we will protect only what we immediately see and walk along?

Another thing I know. It is clear to me this cataclysmic environmental assault by an international corporation on our public ocean resources should not be chalked up as just another case of profit over public interest: An unavoidable and unforeseeable "accident" necessary to advance our society. We should not let it be so.

What is most clear is that this should be a loud, ringing and final clarion call. It is past time we sat by and let our leaders allow us to continue down the fossil fuel lane to environmental hell. It is time for us to break the fossil fuel addiction.

Maybe you may choose to not believe the atmosphere is changing because we burn fossil fuels. Maybe you choose to pretend that atmospheric change is not rapidly warming the planet. Maybe you don't know that increased carbon dioxide will change the acidity of our oceans. All of your choices are valid and fine by me. But, can you choose to pretend what we have done to the Gulf of Mexico has no real significance? If so, I wonder if you will be able to do that in two months?

If John F. Kennedy could launch a 10-year campaign to put a man on the moon with little more technology than a slide rule, we can do the equivalent.

It is time for the leader of our country to tell us we must use alternative energy. It is time for the leaders of our sanctuary island to tell us that we must use alternative energy. It is time for us to be unhappy and uneasy and use our regrets to launch our community and nation forward to a sustainable future.

I don't know how to clean up the mess. I will work as hard as I can to help.

But, I mostly want to make sure we avoid it in the future.

Leaders, it's a great time to lead; we are ready to follow.✧

Fort Myers Receives Budget Award

The City of Fort Myers has received the Government Finance Officers Association of the United States and Canada (GFOA) Distinguished Budget Presentation Award.

The award reflects the commitment of the governing body and staff in meeting the highest principles of governmental budgeting. In order to receive the budget

award, Fort Myers had to satisfy, nationally recognized guidelines for an effective budget presentation.

For budgets including fiscal period 2009, 1,214 entities received the award. Recipients have pioneered efforts to improve the quality of budgeting and provide an excellent example for other governments throughout North America.

The Government Finance Officers Association is a nonprofit professional association serving over 17,600 government finance professionals throughout North America.✧

Army Corps To Discuss Lake O

Colonel Alfred A. Pantano, Jr., commander of the Jacksonville District of the U.S. Army Corps of Engineers, will be in Fort Myers Tuesday, May 11 to make a presentation to the Board of Lee County Commissioners. The meeting will be in the commission chambers at 2120 Main Street, Fort Myers at 9:30 a.m. Pantano will also hold a public meeting that evening at 5 p.m.

Sanibel-Captiva Conservation Foundation urges islanders to meet the colonel, learn more about the releases from Lake Okeechobee and ask questions.

High rainfall levels combined with releases from Lake Okeechobee are pushing freshwater into the Caloosahatchee River all the way out to Shell Point and eliminating the critical estuary mixing zone in the river. This will negatively impact seagrasses, oysters, scallops, fish and crabs, according to SCCF officials.

Releases from the lake to the Caloosahatchee and St. Lucie Rivers are managed by the corps and by the South Florida Water Management District. The corps and district are partners in Everglades restoration. The Corps is also currently repairing the Herbert Hoover Dike which surrounds the lake.✧

BP Releases Funds For Clean-Up

Governor Charlie Crist has confirmed that the State of Florida will receive a \$25-million block grant for the initial state and local preparation and response costs for the Deepwater Horizon Response oil spill.

"We will use the block grant from BP to take proactive measures to help prevent the devastating impacts of the Deepwater Horizon oil spill," Gov. Crist said. "We will continue to be vigilant and take every possible action to protect our beaches and the health and well-being of our residents and visitors."

The guiding principles of the use of these funds will be:

- Consistent with spirit of Oil Pollution Act of 1990 to protect the coastal zone (to include shoreline, near shore, state waters and subsea zones).

- Coordinated and facilitated for an effective response to protect the sensitive marine environments of Florida threatened by the spill.

- In coordination with the efforts of the responsible party, BP, and the Unified Command, the funding will provide local governments the ability to protect areas not included in the Area Contingency Plan that they believe to have local significance.

- To deliver preparation, mitigation, response and recovery efforts to effect the outcomes of this event on the marine environment.

Additional guidance to state and local government entities will be forthcoming soon.

For the most up-to-date information as well as health and safety tips, visit www.dep.state.fl.us/deepwaterhorizon.✧



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Along The River



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Sunday, May 9 is Mother's Day and there are many ways to show your mom how much she means to you. Buy her a beautiful Chamilia bracelet at the **Fussy Female's** Chamilia Trunk Show on Friday, May 7 and Saturday, May 8. Choose from dazzling beads of sterling silver, Swarovski crystals, colored stones, Italian Murano glass and our exclusive Disney Collection.

Look for the bright yellow building at the Northeast corner of College Parkway and McGregor Boulevard in Fort Myers. The Fussy Female is open Monday through Friday from 10 a.m. to 5 p.m. and on Saturday from 10 a.m. to 4 p.m. Call 590-0922.

Why not take mom "antiquing" at the **Fancy Flamingo Antiques** in historic downtown Fort Myers? Browse through a seemingly endless selection of antiques, vintage clothes, decorative art and one-of-a-kind collectibles from the past and present.

Fancy Flamingo Antiques is located at 2259 Widman Way and is open Tuesday through Saturday 11 a.m. to 5:30 p.m. Call 334-1133.

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Big "M" Casino

Restaurant. The restaurant offers a four course brunch at \$30 per person from 10 a.m. to 4 p.m. It is served with a complimentary Bellini or Mimosa.

First Course is a Mixed Berry Parfait with Mascarpone cream or Poached Pear with Amaretto and Vanilla Bean Mousse; Second Course is a Chocolate Chip Pancake or Blueberry Waffle; Third Course is a Smoked Salmon and Chive Omelet topped with Boursin cream Sauce, Quiche Lorraine or Oscar Benedict; Fourth Course is Chicken Pot Pie, Sole Amandine or Beef Burgundy over Pappardelle pasta.

The Sandy Butler Restaurant is also serving a gourmet Mother's Day dinner from 5 to 9 p.m.

The Sandy Butler Gourmet Market and Restaurant is located at 17650 San Carlos Boulevard, Fort Myers. For reservations and directions, call 482-6765.

Enjoy a relaxing afternoon watching the boats go by on the terrace of **Nervous Nellie's Crazy Waterfront Eatery** in Fort Myers Beach. Nellie's offers indoor/outdoor dining with live music upstairs at Ugly's Waterside Bar. The extensive menu offers something for everyone.

Nervous Nellie's Crazy Waterfront Eatery is open for Sunday brunch, lunch, dinner and snacks in between. Marina dockage is free with dock attendant's assistance for its patrons. If you dine at Nellie's, park your car for free and let one of Nellie's pedicabs bring you to the beach and back. Call 463-8077 or go to www.nervousnellies.net.

To top off the day: take mom on a **Big "M" Casino** cruise. Climb aboard Southwest Florida's only luxurious 186 foot gaming yacht and enjoy Blackjack, Roulette, Let-It-Ride, Three Card Poker and slots, including the new Wheel of Fortune slots.

Sunday evening cruises are from 6 to 11:30 p.m. All passengers need to be 21 or older to board.

Big "M" Casino is docked at 450 Harbor Court, Fort Myers Beach. For reservations, call 765-PLAY (7529) or go to www.bigmcasino.com.*

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Hero Pins Awarded For H1N1 Efforts

Volunteers are receiving National Office of Civilian Medical Reserve Corps H1N1 Hero Pins from the Southwest Florida Medical Reserve Corps (SWFLMRC) as a thank you for the hard work in preparing and participating in the H1N1 immunization clinics. SWFLMRC Chapters of Sanibel, Bonita and Grace Community Church ran independent clinics and volunteers provided over 1,500 immunizations to these respec-



Deb Gary awarding Shirley Christlieb with her H1N1 Hero pin



Shirley Christlieb, Deb Gary, Dr. Richard Christlieb (receiving pin), Dr. Pat Santucci, Dr. Ray Santucci, and Clark Hamilton

tive communities. Other SWFLMRC volunteers assisted the Public Health Department in providing immunizations throughout Lee County.

The local SWFLMRC continues to grow and do good work. This summer and fall its plan is to on focus on recruitment and partnering with the faith based community and other community organizations. Volunteer help is always needed.

With hurricane season approaching, everyone needs to be prepared. Training in psychological first aid and special need shelters will be provided during the months of May and June. If you are interested in joining as a volunteer in the MRC unit contact Deb Gary, PhD, MRC coordinator, at 542-4887.*

School Wins Chef Demo Contest From Department Of Agriculture

Recently Heights Elementary School participated in the Florida Department of Agriculture's Xtreme Cuisine Cooking School. The Xtreme Cuisine Cooking School introduces students ages 10 to 15 to cooking and nutrition. The students received cookbooks and activity books that were developed for their specific age group.

The students attended a workshop in the Healthy Living Lab, directed by the Heights Elementary Food Service Manager Mary Ann Bucceroni. As an additional part of the program, students can learn advanced cooking techniques by entering in a Chef Demo Contest. This contest allows a chef, provided by the Florida Department of Agriculture, to visit a winning school and provide a complimentary session with a select group of students. Lee County Public Schools is proud to announce that Heights Elementary was selected as a winner of the Chef Demo contest.

Bucceroni, the cafeteria manager, submitted the entry for the Chef Demo Contest and won a chef for a day from the Be Great category, because she presented the Xtreme Cuisine Cooking School to the most number of students. Due to the number of students, Bucceroni requested the chef stay for two days, and her request was granted. The guest chef is scheduled to visit Heights Elementary School Tuesday, May 11 and Wednesday, May 12.*

How Does Tax-free Income Sound?

You're Invited ... **FREE Seminar**

Roth IRA's - Retirement can be Less Taxing!

A new tax law change makes 2010 a particularly good time to consider converting from a traditional, SEP or SIMPLE IRA to a Roth IRA.

You'll learn about:

- Differences between traditional and Roth IRAs
- Features of the new tax law change
- Benefits of converting to a Roth IRA and important tax considerations

Call today to reserve space for yourself and a guest at this free educational seminar.

Edward Jones, its employees and financial advisors do not provide tax or legal advice. Please contact a qualified tax or legal professional regarding your situation.

Lunch will be served.

Date: Tuesday, May 11, 2010

Time: 12:00 - 1:00 pm

Location: 1952-2 Park Meadows Dr
Fort Myers, FL 33907

RSVP: RSVP to Jenn Moss at (239) 437-5900



Jennifer L Basey, AAMS®
Financial Advisor

1952-2 Park Meadows Dr
Ft Myers, FL 33907
239-437-5900

www.edwardjones.com Member SIPC

Edward Jones®
MAKING SENSE OF INVESTING®

Food And Volunteers Needed May 8

Food donations are needed to make the National Association of Letter Carriers 18th annual Stamp Out Hunger food drive on Saturday, May 8 a success. Remind your neighbors and

friends that volunteers are also needed for that day.

Everyone's participation is important in order to help feed those in need in Lee and Collier counties. Letter carriers in both counties will be collecting donated nonperishable food items during their regular delivery on Saturday. Food collected will be delivered to the Harry Chapin Food Bank in Lee County and Collier Harvest in Collier County.

Now is the time for postal customers to check their food pantries and/or purchase new items to donate for the drive. The Harry Chapin Food Bank is hoping to collect a minimum of 500,000 pounds of food to stock their warehouse for the coming summer months when food requests are the greatest; Collier Harvest is also planning on good donations for their participating pantries. These donations are even more critical since many

children in need no longer have the benefit of their school breakfast and lunch program.

Postal customers are asked to place their food donations in the plastic bags being supplied by Publix Supermarkets and put them alongside their mail box prior to their regular delivery on Saturday; these bags are being delivered by the mail carriers on Wednesday this week. Postal cards provided by the Campbell Soup Company have been delivered to postal customers by the mail carriers.

Letter carriers and volunteers for both the Post Office and the Harry Chapin Food Bank will collect the donations, take them to post office loading docks where a pre-sort of the items will be completed; then the food will be taken to the food bank's warehouse for distribution to their participating agencies. Postal customers who cannot participate on Saturday may take their food items to any post office prior to Saturday or during next week; these items will be included in the food drive.

Virtually any kind of food can be accepted. Especially needed are items such as peanut butter, tuna, rice, beans, and canned meats, fruits, vegetables, and soups. Keep in mind food items that children like and will need during the summer months. The food bank has also begun accepting pet food to assist those individuals who have a difficult time purchasing food for their animals.

If you can help contact Marta Hodson (Lee County) at 334-7007, ext. 32, or Collier Harvest at 239-455-3663. Individuals who can assist the Postal Service by using their own vehicles to collect food should contact Debra Mitchell, 573-9638 in Lee County or Jesse Costin in Collier County, 537-0020.*

Island Coast AIDS Network Tea Dance

Put on your dancing shoes and Bermuda shorts and rock on over to the beautiful Hyatt Regency Coconut Point Resort and Spa for ICAN's newest "fun" raiser, the Red Ribbon Tea Dance. From 2 to 6 p.m. on Saturday, June 12, DJ Tommy T will be blasting high energy tunes all afternoon on the Calusa Terrace overlooking the entrance to the resort.

There will be great entertainment, patio grill foods, specialty drinks and a fabulous variety of live auction and raffle prizes. Tickets are \$50 with a cash bar, major credit cards accepted. See www.icanswfl.org for additional information on ICAN.

Sponsor opportunities for the Red Ribbon Tea Dance are available. Contact Mitch Haley at 337-2391 ext. 211. Current sponsors are Planned Perfection, Port Royal Jewelers of Naples and Keith Buchanan Realtor with Amerivest Realty Naples.*



2010

Events List

- | | |
|---|--|
| May 2nd
Sunday | Fiesta de Mayo * Yucatan Beach Stand
250 Old San Carlos Blvd * Raffles * 333-4386 |
| May 9th
Sunday | Mother's Day Brunch * 10 am - 2 pm
Bonita Bill's Waterfront Cafe * 702 Fishermans Wharf |
| May 16th
Sunday | Taste of the Beach
Call Fort Myers Beach Chamber 454-7500 for information |
| May 22nd
Saturday | Surf Club Cook Out * 1 pm - 6 pm
1167 Estero Blvd * Raffles * Live Entertainment |
| May 30th
Saturday | Bonita Bill's Waterfront Shrimp Feast * 1 pm - 5 pm
702 Fishermans Wharf * Raffles * Shrimp Specials |
| June 5th
Saturday | Mermaid Lounge 4th of July Beach Party * 1 pm - 6 pm
1204 Estero Blvd * Raffles * Food * Music * Drink Specials |
| June 6th
Sunday | Doc Ford's Rum Bar & Grille * To Be Determined
708 Fishermans Wharf, Fort Myers Beach * 765-9660 |
| June 19th
Saturday | Ft. Myers Beach Golf Club Tournament
8:30 am Shotgun Start, Call 463-2064 for Reservations
Raffles/Lunch at Bonita Bill's Waterfront Cafe, Fishermans Wharf |
| June 20th
Saturday | Father's Day Pancake Breakfast * 7 am - 11 am
Bonita Bill's Waterfront Cafe * 702 Fishermans Wharf |
| June 26th
Saturday | Kids Fishing Tournament
9 am - Noon, Registration Starts at 8:30
Bonita Bill's Waterfront Cafe * 702 Fishermans Wharf |
| July 4th
Sunday | 4th of July Fireworks * Dusk
Lynn Hall Memorial Park * Weather Permitting * Patriotic Music |

Fort Myers Beach 4th of July Fireworks Team

1130 Main Street * Fort Myers Beach, FL 33931
463-8008 voice * fmb4thfireworks@yahoo.com * 463-0865 fax

DONATIONS Are needed for all Fund Raising Events



Students Present *Babes In Arms*

Southwest Florida Christian Academy Fine Arts Department's production of Rodgers and Hart's *Babes in Arms* is scheduled for May 6 and 7 at 7 p.m. and May 8 at 1:30 p.m. and 6 p.m.

This high-energy musical is set in the '50s and includes lots of singing and dancing. Audience members are encouraged to come dressed in '50s costumes as well.

There will be a costume contest at intermission with prizes. Tickets can be purchased in the school office for \$8 or at the door for \$10.

The play will be performed in the HOPE Theatre. Southwest Florida Christian Academy is a ministry of McGregor Baptist Church.✱



A scene from *Babes in Arms*

Speakers To Discuss Editing And Marketing

Writers Gwen Ramsey and Ginny Crane will address the Gulf Coast Writers Association on Saturday, May 15, 10 a.m. at Friendship Hall, Zion Lutheran Church, 7401 Winkler Road, Fort Myers. The two novelists will demonstrate the various stages of editing and marketing during their program entitled *Pounding the Pavement*.

Ramsey is the author of the series, *Journey to Tracer's Point* and *Winds of Change*.

Crane is a member of the Romance Writers of America and the author of *Emeralds on Wednesday*.

Admission is \$5 for non-members, \$3 for members, first time visitors are free.

For more information on the Gulf Coast Writers Association, visit www.gulfcoastwriters.org.

For further information on the meeting, e-mail Joe Pacheco at sanibeljoe@comcast.net.✱

Bentley Village's 25th Anniversary



Residents celebrate the 25th anniversary of Bentley Village

On Saturday, April 17, Bentley Village celebrated 25 years as a continuing care retirement community. It was the first such facility owned by Classic Residence by Hyatt and began for them a new business venture that is now located all over the United States.

A trio of entrepreneurs, Dr. Hudson Fowler, Robert McMichael and Ray Smith, started Bentley Village. Their credentials included expertise in business administration, marketing and health care. After a considerable search for a suitable location for their new venture, they settled on a 40-acre plot in the northwest quadrant of a 200-acre planned urban development in Naples called The Retreat. This property is between Vanderbilt Drive and Tamiami Trail. Venture capital helped finance the purchase of the land. The initial facility included 13 garden-type buildings with 10 situated around Golden Pond. This also included a clubhouse, a care center and the necessary maintenance and recreational facilities. Groundbreaking was May 10, 1984.

In 1987, construction began on a second phase with eight additional buildings and a nine-hole golf course. This would occupy the remainder of the land on the north side of Retreat Drive. Financial problems led to the need for new financing and after a number of failed attempts, Bentley Village was sold to the Hyatt Corporation on June 24, 1992. Although there were a number of expansions that took place during the construction of Phase II, the next major change after was Phase III. This included the construction of 11 additional buildings and expansion of the golf course to a 18 holes. In the interim, a new clubhouse and care center had been erected along with other accessory facilities.

This Silver Anniversary was celebrated with a Black Tie Optional Dinner Party that featured the music of the Benny Goodman Orchestra. The party involved two seatings with the large dining room filled to capacity for both meals.✱

Now thru June 5

The Broadway hit that celebrates the songs of the legendary Johnny Cash.

His remarkable life story is told through his music and features over 30 Johnny Cash hits.

You'll hear *Ring of Fire*, *I Walk the Line*, *I've Been Everywhere* and *The Man in Black*.

Tickets \$27 - \$53

The Music of Johnny Cash

CASH
★ RING OF FIRE ★
CASH

BROADWAY PALM
DINNER THEATRE

(239) 278-4422

1380 Colonial Boulevard, Fort Myers www.BroadwayPalm.com

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION

has moved to its new home on 2756 McGregor Boulevard Fort Myers, (6 blocks south of the Edison Home; 2 miles north of Colonial Boulevard.)

Reverend Dr. Wayne Robinson
Sunday Services: 9 and 11 a.m.
Children's Education: 9 a.m.

Adult Education: 10 a.m.
Phone 226-0900

Email: allfaithsuc@embarqmail.com

Website: www.allfaiths-uc.org

ANNUNCIATION GREEK ORTHODOX CHURCH

8210 Cypress Lake Drive, Fort Myers
Reverend Fr. Athanasios Michalos
Orthros Service Sunday 9am
Divine Liturgy Sunday 10am
Fellowship Programs, Greek School,
Sunday School, Community Night
239-481-2099

BETH SHILOH MESSIANIC SYNAGOGUE:

15675 McGregor Boulevard. 437-3171

Rabbi: Judah Hungerman

Friday Service, 8 p.m.

Saturday Service, 11 a.m.

Shabbat School Saturday Morning

Adult Hebrew Classes

Please call for information on full program.

BREAD OF LIFE MINISTRIES CHURCH OF GOD:

16581 McGregor Boulevard, 267-3166

(Just past the Tanger Outlet Mall)

Pastor: Barry Lentz, 281-3063

Sunday Worship, 10:30 a.m.

Wednesday Bible Study, 7 p.m.

CHURCH OF THE CROSS:

13500 Freshman Lane; 768-2188

Pastors: Jeff Moran and Michael Bulter;

A nondenominational church emphasizing

a personal relationship with Jesus Christ.

Sunday Service: 9 a.m. Contemporary

10:45 a.m. Traditional.

CHRIST THE KING

1188 Lake McGregor Drive, Fort Myers,

432-1724. Reverend N. Everett Keith II;

An Old Catholic Community; Liturgy

in English; Sunday Mass at 9:30 a.m.

COVENANT PRESBYTERIAN CHURCH:

2439 McGregor Boulevard, 334-8937

Rev. Dan Hagmaier, pastor

Traditional Sunday service 10 a.m.

Nursery available

CYPRESS LAKE BAPTIST CHURCH:

8400 Cypress Lake Drive, Fort Myers,

481-5442

Danny Harvey, pastor

Sunday Services: Bible study, 9:45 a.m.

Morning Worship, 11 a.m.

Evening Worship, 7 p.m.

Wednesday Prayer Meeting, 7 p.m.

CYPRESS LAKE

PRESBYTERIAN CHURCH:

8260 Cypress Lake Drive, Fort Myers, 481-

3233; Clint Cottrell, pastor

Sunday services:

Traditional, 8 and 11 a.m.;

Contemporary, 9:30 a.m.

Children's Church K4J (Kids for Jesus)

9:45 a.m.

CYPRESS LAKE

UNITED METHODIST CHURCH:

8570 Cypress Lake Drive,

Fort Myers, 482-1250

Sunday Traditional Service: 8 and

11 a.m., Praise Service: 9:30 a.m.

Sunday School: All times

FAITH FELLOWSHIP WORLD

OUTREACH MINISTRIES:

6111 South Pointe Boulevard, Fort Myers,

278-3638. Sunday Worship, 10:30 a.m.;

"Voice of Faith," WCRN 13.50 AM Radio,

Sunday, 1:30 p.m.

Thursday Service, 7:30 p.m.

Friday Youth Service, 7:30 p.m.

Nursery care for pre-school children and Children's Church for ages 5-12 available at each service.

FAITH UNITED METHODIST CHURCH:

15690 McGregor Boulevard

Fort Myers, 482-2030

Pastor: David Stauffer.

Traditional services 9:00 a.m.;

Contemporary, 10:30 a.m.

Go south on McGregor Boulevard. The

church is 1/2 mile past the intersection of

Gladiolus and San Carlos Boulevard on the

way to Sanibel.

FIRST CHURCH OF CHRIST, SCIENTIST:

2390 West First Street, next door to Edison

Estates.

Sunday Morning Service and Sunday

School, 10:30 a.m.

Wednesday Evening Testimony Meeting,

7:30 p.m.

Child care provided at all services.

Visit our Reading Room for quiet study at:

2281 W. First Street, River District

www.spirituality.com and www.christian-

science.com

FIRST CHURCH OF THE NAZARENE:

13545 American Colony Boulevard (off

Daniels Parkway in the Colony), Fort

Myers, 936-2511

Pastor: Rev. Joey Brummett

Sunday School: 9:30 a.m.; Morning

Worship, 10:30 a.m.; Sunday Evening, 6

p.m.; Wednesday Family Night, 7 p.m.

FORT MYERS CHRISTIAN CHURCH

(DISCIPLES OF CHRIST) A STEPHEN

MINISTRIES CONGREGATION

5916 Winkler Road, Fort Myers,

437-4330. Rev. Mark Condrey, Pastor

Sunday Worship: 10:30 a.m.

Church School: 9:15 a.m.

FORT MYERS CONGREGATIONAL

UNITED CHURCH OF CHRIST:

8210 College Parkway, Fort Myers,

482-3133. Philip White, pastor

Morning Worship: 10 a.m.

Church School: 10:15 a.m.

Adult Forum: 9 a.m.

HOLY THEOTOKOS MONASTERY:

111 Evergreen Road, North Fort Myers,

997-2846

Eastern Orthodox men's monastery.

Liturgical services conducted in the

English, Greek and Church Slavonic lan-

guages, following the Julian (Old) Calendar.

Liturgical Services: Sundays and Holy

Days: The Third and Sixth Hours at 8:30

a.m.; Divine Liturgy at 9 a.m.

IONA-HOPE EPISCOPAL

CONGREGATION:

9650 Gladiolus Drive, Fort Myers,

454-4778

The Rev. Dr. John S. Adler, pastor

Weekly services:

Saturday 5 p.m., Eucharist with Healing

Sunday 8 a.m., Holy Eucharist, Rite One;

9:30 a.m., Family Eucharist with Healing

and Church School

Tuesday 9:30 a.m., Morning Prayer (in

Spanish); Wednesday 9:30 a.m., Eucharist

with Healing

Child care available at Saturday 5 p.m. and

Sunday 9:30 a.m. services.

JESUS THE WORKER

CATHOLIC CHURCH:

881 Nuna Avenue, Fort Myers, 481-1143

Masses Friday and Saturday, 7 p.m.;

Sunday, 8 and 10 a.m. and 6 p.m.

KINGDOM LIFE CHURCH:

2154 McGregor Boulevard, Fort Myers,

218-8343

Pastor Randy and Anita Thurman

Sunday Service, 10:30 a.m.

All are welcome.

LAMB OF GOD LUTHERAN/EPISCOPAL

CHURCH:

Corner Cypress View Drive and Koreshan

Boulevard, Three Oaks area, Fort Myers,

267-3525

Walter Fohs, pastor; Becky Robbins-

Penniman, associate pastor

Sunday worship services:

Early Grace Traditional, 8 a.m.

Awesome Grace Contemporary, 9 a.m.

Classic Grace Traditional, 10:30 a.m.

Sunday School God's Group, 8:45 and

10 a.m.

MESSIAH REFORMED CHURCH

Worship Gathering - Sunday 10 a.m.

Pastor Alan Bondar

Fort Myers Villas Civic Association Bldg.

2306 Sunrise Blvd. Fort Myers, 33907

Phone/text: 220-8519

website: messiahreformed.com

Bible Study - Wednesday 6:30 p.m.

Fellowship Lunch - Sunday noon

Teen Events - Monthly

c/website for podcasts, special events, min-

istries, calendar, blogs, etc.

NEW HOPE BAPTIST CHURCH

OF FORT MYERS

16120 San Carlos Boulevard, Unit 10B

791-6908

Tom Richards, Pastor

Sunday School for all ages 9:45 a.m.

Sunday Morning Worship 11 a.m.

Sunday Evening 6 p.m.

Wednesday Evening Bible Study 7 p.m.

Special Monday Community Group service

at 7 p.m. for those who can not attend

Sundays.

NEW HOPE PRESBYTERIAN CHURCH

3825 McGregor Boulevard. Fort Myers

Pastors: Bill Stephens, Stu Austin and

Howard Biddulph, Associate Pastor

Traditional Worship at 8:00 and 9:30 am,

Contemporary Worship at 11:00am

Sunday School at 8:00, 9:30 and 11:00am

Youth and Children's programming runs

concurrent to Sunday services.

Nursery care provided at all services

For more information visit: www.newhope-

fortmyers.org

PEACE COMMUNITY CHURCH:

(Meets at Ft. Myers Beach Masonic Lodge)

17625 Pine Ridge Road, Fort Myers Beach

267-7400.

Pastors: Bruce Merton, Gail and RC

Fleeman

Traditional Worship 9:45 a.m.

Contemporary Worship 11:15 a.m.

Phone: 267-7400 Fax: 267-7407

Web site: peacecommunitychurch.com

e-mail: peace1265@aol.com

PEACE LUTHERAN CHURCH:

15840 McGregor Boulevard, Fort Myers

Walter Still, Senior Pastor,

Sunday Worship: 8 and 9:30 a.m.

3/4 mile south from the intersection of

McGregor, San Carlos and Gladiolus.

A congregation of the ELCA.

REDEEMER LUTHERAN CHURCH

3950 Winkler Extension, Fort Myers

Daily early learning center/day care

Sunday Services, 8:15 and 10:15 a.m.

274-0143

SAMUDRABADRA BUDDHIST

CENTER:

Meditation classes. All are welcome.

Guided meditations offering many meth-

ods for relaxing the body and focusing

the mind on virtuous objects to bring

increasing peace and happiness into

daily activity. For information, class times

and locations call 567-9739 or visit www.

MeditationInFortMyers.org.

SOUTHWEST BAPTIST CHURCH:

16940 McGregor Boulevard, Fort Myers,

454-3336

Robert G. Kasten, Pastor

Sunday Worship Service 11 a.m.

Nursery available

9:45 a.m. Sunday School for all ages

Junior Church grades one to five

Wee Church Pre-K to K

Evening Service 6 p.m.

Wednsday Service 6 p.m.

ST. COLUMBKILLE

CATHOLIC CHURCH:

12171 Iona Road, Fort Myers, off

McGregor and north of Gladiolus.

489-3973

Father Joseph Clifford.

Weekly masses:

Monday through Saturday 8 a.m.

Weekend masses: Saturday 3 and 5 p.m.;

Sunday: 7, 9,11, and 5:30 p.m.

Reconciliation is available at the church on

Saturdays at noon and by appointment

SAINT JOHN THE APOSTLE

METROPOLITAN COMMUNITY CHURCH

3049 Mcgregor Boulevard, Fort Myers,

344-0012

Pastor Rev. Steve Filizzi

An Affirming & Inclusive Congregation

From page 10

Churches/Temples

WESTMINSTER PRESBYTERIAN CHURCH:

9065 Ligon Court, Fort Myers, across from HealthPark Hospital, 481-2125
 Pastor: Interim Pastor Dr. Luder Whitlock
 Sunday Service:

9:30 a.m., Contemporary;
 Worship and Adult Classes
 11 a.m., Blended Worship

WORD OF LIFE CHURCH:

2120 Collier Ave, Fort Myers, 274-8881;
 Services: Sunday 10 a.m.;
 Wednesday 7 p.m.

Bishop Gaspar and Michele Anastasi

ZION LUTHERAN CHURCH:

7401 Winkler Road, Fort Myers,
 481-4040, Pastor, Steve Hess
 Sunday Services: 8 a.m. traditional;
 9:30 a.m. contemporary; 11 a.m. blendings.
 Sunday school, 9:30 a.m.*

OBITUARY



DONNA CARBERRY

Donna Carberry, proprietor of the Harry Ruby Salon, of Fort Myers, Florida, died peacefully on April 14, 2010. She was born in Chicago, Illinois on March 9, 1953 to Richard and Elaine Tonski. Donna is survived by her husband, Bob Carberry, daughter Deanna, mother Elaine, sister Vicki, brothers Michael and Rick, "Auntie" Carole, Uncle Mike and family, Uncle Neil, many nieces, nephews, and cousins, and her beloved "boys," grandsons, Dylan and Drake.

Donna's gift for "doing hair" was recognized early and developed throughout her life. She truly loved her work! She began her career as a stylist at J Gordon Designs in Chicago. Her love of the water and all things Florida brought her here in 1994 to open the Harry Ruby Salon, first on Sanibel and later relocated to Fort. Myers.

"To know Donna was to love her for being Donna - all Donna." Her kindness, caring, generosity and playful spirit were known to many over the years. She was proud to be a "dog-person," never having met a dog she didn't like. In addition, Donna was a lifelong Cub fan and in true form, she never gave up hope.

There will be a memorial at Lighthouse Beach on Sanibel Island on

Saturday, June 5, 2010 at 10:30 a.m. to celebrate Donna's life, laughter, and love. Memorial contributions may be made to H. Lee Moffitt Cancer Center at www.moffitt.org or the Animal Refuge Center in North Fort Myers at www.animalrefuge.com.*

Read us online at
IslandSunNews.com

Alva Community Center Traditional Summer Camp

The Alva Community Center is offering summer camp for children ages six to 13 years of age. Camp day begins as early as 7:30 a.m. and ends at 6 p.m. Activities include arts and crafts, sports, organized games, quiet play, educational speakers, water activities, outdoor activities, field trips, skating, and swimming. To ensure your

child's safest experience possible, each camp counselor has passed a background check, and has undergone training in CPR/first aid.

Regular registration is \$67 per week per child. Register online and get 10 percent off per week (\$60): www.leeparks.org. Cost includes breakfast, lunch and afternoon snack. For more information call 728-2882. Only 60 spots are available per week.

The Alva Community Center is at 21471 North River Road, Alva.*



JOHN NAUMANN & ASSOCIATES

island real estate

Happy Mother's Day Doesn't Your Mom Deserve A New Home?

Crown Colony



Absolutely stunning former model. This home has it all. Solid surface countertops, tumbled marble backsplash, glass cooktop and raised panel cabinets in kitchen, 18" diagonal tiles, wood floors, solar OR gas heated pool and spa with an Aqualink system to monitor it all. Golf course and lake views. **Offered for \$475,000.** Contact Ray O'Chester at 239/410-9725 to view this exceptional home.



St. Charles Harbour

Located in the private Yachting Community of St. Charles Harbour, this 2 story



courtyard estate features 4 bedroom suites, a walk-in wine cooler, game room, exercise room and private courtyard with a summer kitchen and heated pool/spa. **Priced reduced \$100,000 - \$1,795,000**



Open House Saturday 12-3

Take McGregor to Iona to Guard Gate at the entrance to St. Charles. He will direct you to the house.

Extraordinary Riverfront Estate

5 bedroom suites, game room, 40 ft. riverfront dock, private elevator, riverside infinity pool/spa, separate guest house, motor court with 3 car garage, decorator furnished.

Price reduced \$1 million to \$5,900,000



Shenandoah Lake Front Lot

Exclusive South Ft. Myers location. Close to Sanibel. Over 1 acre lake front lot in a private gated community to build your custom home. Plans are available or work with an architect to create your own dream home. One of few areas where horses are permitted. Shenandoah is an enclave of spectacular estate homes, featuring over a mile of riding trails, horse arena and private tennis courts. **Offered for \$250,000**



SOLD Properties for the month of April

- Beau Rivage Condominium - Ft. Myers
- Heron at The Sanctuary Condominium - Sanibel
- Seawinds Condominium - Sanibel
- Single Family Home- New Castle/Crown Colony - Ft. Myers
- Single Family Home Crown Bridge Way-Crown Colony - Ft. Myers
- Single Family Home - SE Cape Coral
- Single Family Home- NE Cape Coral

If you are interested in listing your island property, contact the island's oldest and most prominent real estate company. We get results!

1149 Periwinkle Way Sanibel, FL 33957 239/472-0176 fax 239/472-0350
www.jnaislandrealestate.com

CROW Case Of The Week:

Cattle Egret

by Brian Johnson



On March 6 Kelli Haick and her daughter, Ava, 2, were driving home on Six-Mile Cypress Parkway after a day of errands in Fort Myers when she saw a cattle egret moving erratically

on the side of the road.

An animal lover, she decided to make a U-turn at the next opportunity and circle around to see if the bird needed help. When she located him again, she pulled off onto the grass and took a look. She could tell by the wing droop and the blood that she had guessed correctly.

Kelli asked Ava if it would be okay to take her "blankie" for the bird rescue. Ava did not think twice about making this sacrifice, and happily handed her blanket to her mother. "Birdie! birdie!" she kept saying.

Kelli scooped up the bird, and took him to the Humane Society, where she was directed to the CROW drop-off point at South Trail Vet Clinic on Route 41.

At CROW, the staff found that the cattle egret suffered from an open mid-shaft fracture of two bones, the radius and ulna, in his right wing. There was blood on the creature's beak and feathers, mild swelling, and bruising.

Staff cleaned and stabilized the wound and started him on antibiotics, Yunnan Baiyao (to decrease bleeding) and pain medication.



Cattle egret

On Day 2 CROW Staff Veterinarian Dr. PJ Deitschel took a look at the injury and decided surgery was the only realistic option.

Dr. PJ placed a pin in the ulna and sutured the incision site. The radius was too small for a pin, but was fixed with sutures in parallel alignment with the

ulna. The bird woke up quickly from surgery and even ate a meal that night.

Staff continued his Fortaz (a broad-spectrum antibiotic) and added anti-inflammatories, calcium, and vitamins B and C. They also began the herbs Body Sore and Jie Gu San to move stagnant Qi and aid in bone healing.

Dr. Amber McNamara changed the wrap two days later to make sure there was no infection at the wound site or problems with the pin. Everything looked good.

After one week staff removed much of the wing wrap and began passive range of motion exercises to keep the tendons supple. By Day 14 they removed what remained of the wrap while continuing physical therapy.

On Day 17 there was enough of a callus at the site to remove the pin. "Fantastic – no problem," said Dr. PJ.

Staff transferred the cattle egret to an outdoor cage on Day 20, and a few days later to the Shorebird Cage, where he mixed with other birds.

"By April 5 he was extremely well-flighted," said Dr. PJ. "This was a text-book case. No glitches, no setbacks. I kept saying to the students following this case: 'It doesn't always go this well!' This bird was a great patient, and progressed through treatment at a flawless tempo."

CROW released him that day.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from the Gulf Coast of Florida. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: www.crowclinic.org.

The Economics Of Beaches

submitted at the American Shore & Beach Preservation Association

As Americans, we all love beaches. But when it comes to spending money to protect them, some people say we should instead retreat from the coast. Certainly that is an option, but it comes at a hefty price. Economists in California estimated the impact of retreat in their state. The figures and how they came up with them may surprise you.

Coastal communities frequently use beach spending numbers to help show the value of America's beaches to local and national economies. Have you ever wondered how they come up with those numbers?

Surprisingly, it's not that difficult. They hire economists to go out to the beaches and conduct surveys. They ask questions, including (but not limited to) the following:

- How many people are in your group?
- How many days are you staying at the beach?
- How much do you spend per day on food while there?
- How much do you spend per day on lodging while there?

- How much do you spend per day on gas while there?

- How much do you spend per day at restaurants while there?

- What is your household income?

Once the surveys are completed, these economists use the answers to make estimates about how much money is actually spent by people drawn to stay at that beach, and how much of that money will go to boost the local, state and federal tax coffers.

During July, August and September 2002, economist Philip King, Ph.D., former chair of the economics department at San Francisco State University, randomly surveyed 2,370 household groups at nine Southern California beach locations. He took the numbers and made estimates as to how much would be lost if beaches were not an available tourist destination in California.

At all beaches surveyed, three-quarters of respondents said that they would travel outside California more than they do now if California beaches were unavailable for them to visit.

King's analysis indicated that, without beaches, California would lose \$5.5 billion in gross state product (GSP) annually, while the U.S. economy would lose \$2.4 billion in gross national product (GNP) annually.

"These are not just economic impact estimates, but also reflect the decisions of

beachgoers to spend their money in other states and countries," King said. "These estimates represent a net loss to the U.S. and state economy."

Without beaches, King estimated the total annual economic loss, including direct, indirect and induced effects to the California economy would be \$8.3 billion, and the loss to the U.S. economy would be \$6 billion.

If there was no beach tourism in California, the state would lose \$509 million in direct tax losses annually and the federal government would lose \$299 million.

The California Department of Boating and Waterways estimates the annual federal cost of shore protection for California beaches will be between \$12 million and \$18 million per year, approximately 4-6 percent of the direct federal tax loss.

"It's numbers like these that show spending money to preserve beaches make sense in certain situations," King said. "Although these examples represent what is happening in California, the results are similar in other coastal states. It simply makes sense to take care of our beaches."

For more information about beach economics, visit www.asbpa.org.

Safe Boating Week May 22-28

Safe Boating Week is May 22-28. The City of Fort Myers Yacht Basin, the Fort Myers Power Squadron, Fort Myers Police Department and the Fort Myers Fire Department have combined to present hands-on training on Saturday, May 22 from 10 a.m. to 2 p.m. at the City of Fort Myers Yacht Basin. This event is free and open to the public. The program will consist of

- Fire Extinguisher training by the Fort Myers Fire Department.

- Fort Myers Power Squadron will present free vessel safety checks; training on the use of emergency flares; training on the use of airborne signals; and proper use of life jackets in water demonstration etc.

- The Fort Myers Yacht Basin will bring you up to-date on rules and regulations on the use of the facilities.

All are welcome. Call Cdr. Bob Heck, at 995-0292 for for information.✪

A One-For-One Start To Tarpon Fishing



by Capt. Matt Mitchell

Thursday, April 30 was the date for my first landed tarpon of the season. They are definitely here, just not in the large numbers that will be coming soon. Usually the fish that show first are on the large size and are either resident fish moving out to meet the migration or some of the first few of the migration. High winds most days this week made sight-fishing for rolling tarpon almost impossible. Though not quite the thrill of throwing at rolling fish, a cut bait on the bottom gave you better odds.

The tarpon was caught while fishing with clients from Wisconsin on my first scheduled tarpon fishing trip of the season.

After scouting a few mornings before the trip I had low expectations after seeing only a few scattered fish while running all over the bay. I knew there were not going to be many around so my plan was to spend our time sitting on the anchor soaking cut baits while my anglers floated live baits around the boat rather than running around looking for pods. I opted to camp out in a large sandhole just west of Demiere Key, one of my favorite early season tarpon spots.

After cutting up large chunks of mullet, I baited the 12/0 circle hooks and heaved the rods off the back of the boat placing them in the rod holders. Before I could even set up the live bait rods, we saw our first free-jumping tarpon. Tarpon fishing can really be a waiting game. If you are seeing fish in the area it generally pays off to be patient.

The fishing was pretty slow with a few sharks and stingrays caught to pass the time. We threw live pinfish out on floats letting them drift. Over the next few hours we had several shark cut-offs on the the cut bait rods and saw a few more tarpon all roughly a hundred yards or so behind the boat. I decided to pick up the anchor and slide over to where I had seen a few fish roll.

Within 15 minutes of re-anchoring the boat we had a tarpon come up and miss a live bait under a float about 30 feet behind us. The big five- to six-foot-long silver flash followed by a giant hole in the water was like someone had dropped a bathtub in from 20 feet up. It was a sure sign that we were hopefully in a for few fish.

After another hour and only a few more sighted fish, I started to watch the clock knowing we were almost out of time. As usual with tarpon fishing, just when you don't think it's going happen a rod doubles over and before you can even pull it from the rod holder the tarpon is up in the air jumping, leaving no question of what you have hooked up.

It was Todd Clanin's turn on the cut bait rod. After a few hours of slow boredom and just waiting, now it was on "the real deal." We finally got that one hard-earned bite. It was followed by a few minutes of chaos as we frantically cleared lines, dropped the anchor buoy, put the rods away and gave chase to the angry tarpon.

Chasing the tarpon down we gained most of the line back on the big spinning reel before I could catch a breath. It had been a while since I had done this drill but it's something you never forget. At one point during the fight the tarpon did the dreaded triple jump which makes it all but impossible to bow and lift the rod back up before the fish jumped again but Clanin managed to keep it hooked up. After a 35-minute fight the tarpon came boatside where it rolled over on its side. I grabbed it by the lower jaw and quickly removed the circle hook. The hook was perfectly placed right in the



Todd Clanin's first tarpon and Capt. Matt Mitchell's first tarpon of the season

hinge of the jaw and would have been next to impossible for the fish to have come unhooked.

We snapped some pictures as I started to revive the big fish. Moving the boat slowly forward on the trolling motor forces water through the tarpon's mouth and out the gills. The 100-pound plus tarpon quickly revived and kicked hard, swimming off unharmed to fight another day.

Everyone on board was all smiles as we idled back to the anchor buoy before calling it a day. With so few tarpon around I was as thrilled as my clients for pulling it off and going one for one to start my tarpon season.

Catching muskie for these visitors from Wisconsin will never be quite the same after doing battle with a silver king.

Capt. Matt Mitchell moved to Sanibel in 1980 and has fished local waters for more than 25 years. He now lives in St. James City and has worked as a back country fishing guide for more than 10 years. If you have comments or questions email captmattmitchell@aol.com.✱

Send Us Your Fish Tales

The *River Weekly* would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the *River Weekly*, 16450 San Carlos Boulevard, Suite 2, Fort Myers, Florida 33908, or email to RiverWeeklyNews@aol.com.

Ryan McCleskey Memorial Redfish Challenge

Lee Memorial Health System Foundation's 6th annual Ryan McCleskey Memorial Redfish Challenge will take place on Saturday, May 15. Boats will leave from the Marina at Cape Harbour in Cape Coral.

The captains meeting will take place the evening prior, on Friday, May 14 at the Twisted Conch, 837 SE 47th Terrace, Cape Coral.

The event includes a top prize of \$1,500 with other prizes at \$750 and \$500. Winners are determined by the

combined weight of two fish.

The annual tournament honors Ryan McCleskey, who ended his fight against cancer on February 3, 2006. Family, friends and acquaintances of Ryan wish to continue his battle with loving memory and donate all event proceeds to Barbara's Friends - The Children's Hospital Cancer Fund.

Sponsors of the event include Cape Harbour, D&D Bait and Tackle, ScreenPrintPlus, Cape Tool and Tackle and Marineco Suppliers, among others.

The entry fee is \$250 per team/boat of 3-4 anglers.

For more information or to register visit www.LeeMemorial.org/Foundation or Ryanmccleskeyredfishchallenge.com or call the foundation office at 938-5272.✱



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Plant Smart:

Bahama Senna



Bahama senna's bright yellow flowers attract several native butterfly species

by Gerri Reaves

Whether you're creating a butterfly garden or simply looking for a flowering ornamental of uncommon beauty, you'll like Bahama senna (*Cassia chapmanii*).

The flowers have five curved petals and appear in clusters throughout the year, peaking in autumn and spring. Bright golden yellow in color, they are about one inch across.

Bahama senna's value is not only ornamental, however. It's a nectar plant for a range of butterflies and the

host plant for the cloudless sulphur and orange-barred butterflies.

Those attributes make it all the more important to cultivate this shrub listed as threatened by the state of Florida.

Plant this a drought- and salt-tolerant butterfly attractor in full sun where it will be protected from the wind.

This multi-stemmed shrub can grow to about eight feet tall and nearly as wide, so leave room for it to spread.

The compound leaves have three to five pairs of oval leaflets of one- to two- and one-half inches long.



Drought- and salt-tolerant Bahama senna is prized as an ornamental, as well as a low-maintenance butterfly attractor

photos by Gerri Reaves

This member of the pea family produces a slender brown pod with several seeds that can be used for propagation. It will also moderately self-seed.

Maintenance involves occasional pruning for neatness and the optional removal of old flowers.

Bahama senna is also classified as *Senna Mexicana* var. *chapmanii*, and has the common names of Chapman's wild sensitive plant and Chapman's senna.

Sources: *Everglades Wildflowers* by Roger L. Hammer, *The Shrubs and Woody Vines of Florida* by Gil Nelson, and *Florida Native Plants* by Robert G. Haehle and Joan Brookwell.

Plant Smart explores sustainable gardening practices that will help you create a low-maintenance, drought-tolerant, hurricane- and pest-resistant South Florida landscape.✪

Marine Summer Camp Sign Ups

The Ostego Bay Foundation Marine Science Center on Fort Myers Beach is accepting applications for Marine Summer Camps. This will be another exciting and educational season for children ages six and up. All instructional materials will be provided and there will be a graduation luncheon.

Come explore the beautiful barrier islands and the waters of Estero Bay. Field and beach trips will introduce campers to sea grass communities: plankton populations; mangrove tangles and bird nesting areas. Ostego Bay's staff of state certified teachers offers a diversity of expertise and personalized instruction. Camp runs from 9 a.m. to 4 p.m. Monday through Friday.

Camp dates and themes are:

- Sea Stars Camp: (kindergarten graduate to age eight) June 28 to July 2
 - Tiger Sharks Camp: (ages 11 and up) July 12 to 16
 - Loggerheads Camp: (ages nine to 11) July 19 to 23
 - Sea Stars Camp: (kindergarten graduate to age eight) July 26 and 30
 - Loggerheads Camp: (ages nine to 11) August 2 to 6
- Adult Summer Camp has been added

this year with a minimum of five participants required. Reservations are required.

For an application call 765-0181. or go to www.ostegobay.org.✪

Shoreline Walks Continue Through The Summer

Go Low Tide Loafing at Sunset with a volunteer naturalist to explore the mud flats to see what mysteries the low tide uncovers in the Bunche Beach Preserve. Wear shoes that can get wet, don't forget your camera, water and bug spray. Days and times will vary depending on the tides. The next walks are scheduled for May 25 and June 24 at 6:30 pm. Walks are about 1 hour long. Bunche Beach is located at 18201 John Morris Road, Fort Myers.

Exploring Ethnobotany, a free tour in the Matanzas Pass Preserve is new this season, and it's free.

Learn how indigenous plants can be used for such things as food, shelter, medicine and clothing. Learn the historical importance of some of Florida's plants to humans. Walks meet the last Wednesday of every month. The next

walk is scheduled for May 26. Meet at the entrance to Matanzas Pass Preserve. These walks begin at 9:30 a.m. and last approximately 1½ hours. Matanzas Pass preserve is located at 199 Bay Road, Fort Myers Beach. For more information visit www.leeparks.org. or call 463-3764.

Group guided tours for other environmental walks at Matanzas Pass Preserve are available year round upon request by calling 229-7356.

Bowditch Point Park – Morning Eco Tour, June 1 from 9 a.m. to noon. Paddle San Carlos Bay, Hurricane Bay and Pelican Bay in search of dolphin, manatee and a wide variety of birds. Tour last approximately three hours. Cost is \$40 per person; pre-register at www.leeparks.org or call 533-7440 a minimum of 48 hours in advance.

Kayak With Your Canine at Dog Beach. Meet at kayak launch across from Dog Beach on Estero Boulevard just south of Lovers Key. No dogs over 100 pounds permitted and only one dog per boat. Dogs must have current vaccinations and wear their own lifejacket. The next trip is Wednesday, May 19 from 9 to 11 a.m. Cost is \$40 per person; register a minimum of 48 hours in advance.

For more information on any shoreline program or activity call 463-3764 or to register, visit www.leeparks.org.✪

Bonsai Society Monthly Meeting

Are you interested in learning the art of bonsai? The public is invited to attend the monthly meeting of the Bonsai Society of Southwest Florida on Saturday, May 15, from 9 a.m. to noon. The meeting is held at the Support Personnel Association of Lee County (SPALC) Building at 6281 Metro Plantation Road, Fort Myers.

New members and interested bonsaists are invited to attend. There will be a club raffle of bonsai-related items and a member round robin styling contest as part of the meeting. Reservations are not required and there is no charge for attending.

Bonsai is a horticultural art of growing trees in pots. It had its origins in China and Japan. Information about bonsai and the association will be available at the meeting.

Additional information may be obtained by contacting Becky Bodnar, 463-4102, or beckybodnar@msn.com.✪

Earth Charter Of Sanibel Donates To Calusa Nature Center



From left: Nature Center Executive Director Jennifer Cleary accepts check from Donna Roberts



Chip Hoffman, Earth Charter chef extraordinaire

Earth Charter of Sanibel (ECOSanibel) board members Donna Roberts and Chip Hoffman recently hosted an event at Roberts' home in Fort Myers to benefit the Calusa Nature Center and Planetarium in Fort Myers. A capacity crowd of 17 guests attended the event, which was billed as an Earth Charter meal. The outcome was a check for \$1,260 which Roberts later presented to Nature Center executive director Jennifer Cleary.

Roberts explained: "In 2003, our group held a successful Earth Charter summit at the Nature Center, and due to our shared goals, we have had a positive relationship during the years since. When I read last fall that the center was having financial difficulties, we conceived the idea of hosting an Earth Charter educational program that would raise funds to help them."

PURRE Water Coalition Seeks Pollution Limits

submitted by Michael J. Valiquette, Chairman, the PURRE Water Coalition

Last week, the PURRE Water Coalition submitted written comments to the Environmental Protection Agency in support of its proposal to assign specific numeric standards to the amount of nutrient pollution that is allowed to flow into Florida's lakes, rivers and other flowing waters (standards for estuaries will be developed in the near future).

Florida has 7,700 lakes, 50,000 miles of rivers and streams, 4,000 square miles of estuaries, and more than 700 freshwater springs. So far, over 500 waters are identified as impaired because of phosphorus or nitrogen pollution, representing approximately 1,000 miles of rivers and streams, 350,000 acres of lakes, and 900 square miles of estuaries.

Today, only a narrative statement exists in state regulations to protect our waters. There is no specific language setting forth standards and really no way to enforce such a subjective regulation. Setting numeric criteria will provide a target and a way to enforce that target to restore waters to a healthy condition and to limit nutrient sources before problems start so that currently healthy waters do not become impaired.

Below is the letter PURRE submitted in support of these proposed new regulations. We recognize that the science behind the numbers must be sound and

work remains to be done, but the EPA proposal is a good start.

PURRE's Letter to the U.S. Environmental Protection Agency:

I am submitting these comments on behalf of the PURRE Water Coalition Foundation's 1,085 members in support of the EPA's Proposed Numeric Nutrient Criteria (Proposed Water Quality Standards for the State of Florida's Lakes and Flowing Waters).

PURRE (People United to Restore our Rivers and Estuaries) has members from all walks of life: business owners, workers, individuals, environmentalists, farmers, anglers, Republicans, Democrats, liberals, and conservatives. All of them are alarmed at what has happened to the water quality in South Florida and are determined to keep speaking out until we achieve the necessary change to stop the degradation of our marine environment – which inevitably destroys our quality of life in every way, economically as well as environmentally.

The narrative standards we have in place today clearly are insufficient. The proof? Water that years ago was azure and teeming with marine plant and animal life is now murky and filled with dead plant life, choking for oxygen and covered with algae; we suffer regular fish kills and harmful algae blooms threatening the health and well-being not only of marine life but of human beings as well. Our economy takes a hit; our property values plummet.

It is time – long past time – to implement specific numeric standards based on sound science. We understand the development of numeric nutrient criteria is a process that will and should evolve over time and believe the EPA's pending proposal is a good start. Of great importance

The Earth Charter is a declaration of fundamental principles for building a just, sustainable and peaceful global society in the 21st century. This year marks the 10th anniversary of its launching at the Peace Palace in The Hague, Netherlands.

An Earth Charter meal is one in which all elements are carefully chosen to reflect these principles, including locally-grown and organic items, especially those that are produced in a sustainable manner. Chip Hoffman's culinary skills were evident in the delicious meal, which included curry carrot soup, mixed fresh vegetable salad, Thai eggplant with coconut peanut butter sauce and brown rice; or Pine Island crab cake and shrimp with grit triangle and green beans; Key lime mousse with shaved white chocolate, organic wines and fresh-squeezed juice.



Pine Island crab cake, shrimp, grit triangle and green beans

WGPU-TV's Curious Kids Ambassador Rosie Emery provided musical entertainment, and Dr. Bill Hammond made a brief presentation on the history and future hopes of the Calusa Nature Center. Sanibel School teacher Tylor Stewart encouraged everyone present to join in reading Earth Charter principles from artfully prepared cards. Proceeds were enhanced by sales of Hoffman's photographs and Charles Sobczak's new book *Living Sanibel*.

ECOSanibel is a non-profit, non-partisan, island-based educational organization dedicated to providing opportunities for studying, advocating, and upholding those principles of the Earth Charter that are appropriate for Sanibel. Members are those who care not only about the sanctuary nature of Sanibel Island but also about the well-being of the entire human family, now and in the future, and the larger living world.

For more on the Calusa Nature Center and Planetarium, visit www.calusanature.com. For further information on the Earth Charter, go to www.earthcharter.org.

is the fact that enforcement is much more difficult without numeric standards; who is to say whether someone is adhering to a narrative standard that merely uses the word "reasonable," a subjective term that begs for argument?

Some are complaining about the cost of complying with the new regulations, but the cost of complying is relatively small by comparison to the damage to our economy and the jobs crisis caused in great part by the effects of the deterioration to our water and our beaches. And the costs are successfully being borne elsewhere and successfully; for example, in the Chesapeake Bay area.

Cost-effective solutions exist, and where they do not, PURRE believes that these regulations will breed innovation. Those who deny it and cry, "This will put us out of business," are simply using scare tactics to prevent the EPA from doing what it must to begin the process

that will help save Florida's invaluable lakes and waterways. What's more, the cost of cleanup after the damage is done is incalculably higher than the cost of prevention. The sooner we act, the less expensive this vital endeavor will be for everyone.

For all these reasons, and simply because it is the right and ethical thing to do, PURRE asks the EPA, without delay, to adopt its Proposed Numeric Nutrient Criteria (Proposed Water Quality Standards for the State of Florida's Lakes and Flowing Waters; Federal Register/Vol. 75, No. 16/Tuesday, Jan. 26, 2010, pp. 4174-226). Thank you for the opportunity to submit written comments, and for your time and attention.

Sincerely,
Michael J. Valiquette, Chairman
PURRE Water Coalition Foundation, Inc.✱



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Salon Recycles Hair Clippings And Pantyhose To Combat Oil Spills



Byron Cleary holds up an oil-soaked hairmat in San Francisco after the Cosco Busan oil spill
photos courtesy of matteroftrust.org

by Anne Mitchell

The Sanibel Beauty Salon's ongoing policy of recycling hair clippings has gained a new urgency amid the frantic efforts to clean up the massive oil spill in the Gulf of Mexico.

Owner Mary Anne Banta is appealing for hair stylists, pet groomers and anyone else who has access to hair clippings and fur to drop them off at the salon at 2330 Palm Ridge Road (across from CVS Drugs), phone 472-1111. Nylon stockings and pantyhose are also needed. The hair is stuffed into the legs, sausage-style, to create booms that gather up oil.



Hair-stuffed nylon stockings and tights look like salamis. They are tied together to contain oil spills to protect fragile coves and habitats.

The salon saves all its hair clippings for Matter of Trust, a 501(c)3 charity established in 1998 following the Exxon-Valdez oil spill in Alaska. Hair stylist Phil McCrory, a partner with Matter of Trust, invented the hair mat. Thousands of salons nationwide collect clippings which are used to help decontaminate waterways, prevent soil erosion and create green jobs.

Banta says her salon is an approved drop-off point for Matter of Trust. She added that she will try to arrange pick-up for those who can't drop them off.

"Hair is very efficient at collecting oil out of the air, off surfaces like your skin and out of the water, even petroleum oil," says McCrory. "There are over 300,000 hair salons in the U.S. and each collects about one pound of hair a day. Right now, most of that goes into the waste stream, but it should all be made into hairmats," he added.

Salons are sweeping up their hair clippings into plastic garbage bags, reusing the large boxes they get from shampoo deliveries and mailing the hair to San Francisco-based Matter of Trust.

A huge nationwide response is currently taking place to help get hair boom - as the hair-stuffed pantyhose are called - to the gulf coast beaches in need. Matter of Trust has 12 locations spread out through Alabama, Mississippi, Louisiana and Florida that are receiving hair. There are hundreds of volunteers having Boom B Q parties where they're making the boom.

Even if you have no hair to spare, you can make cash donations. Matter of Trust founders are matching donations up to \$50,000 so these gifts count double. Or you can donate to the Sanibel Beauty Salon to defray the cost of shipping the hair.

As well as for emergency oil spills, the mats are extremely efficient for drip pans during oil changes or under leaky cars, machinery, pipelines, even as booms for storm drains. Hair is also great fertilizer with a slow nitrogen and karetin protein release. Hair prevents weed growth, snail infestation and reduces water evaporation up to 50 percent. Flower growers and farmers use hairmat strips for commercial rows and in rounds for flower pots.

For more information, log onto www.MatterOfTrust.org.

DID YOU KNOW?

Every year, an estimated 706 million gallons of oil enter our planet's oceans.

- By far the greatest source of spilled oil is households.
- Used motor oil accounts for 363 million gallons.
- 50 percent of Americans change their own motor oil, but only 1/3 of that oil is collected and recycled; the rest is dumped down drains or spilled on driveways and onto streets. One typical 5-quart oil change improperly dumped can contaminate millions of gallons of freshwater.
- Routine ship maintenance and washing containers account for 137 million gallons of oil.
- Air pollution produces 92 million gallons.
- Natural seepage of oil bubbling up from the sea bottom equates to 62 million gallons.
- Large spill accidents amount to 37 million gallons.
- Offshore drilling generates 15 million gallons.

Source: The Smithsonian Institution and the Environmental Protection Agency

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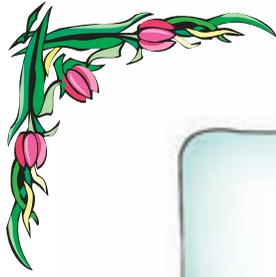
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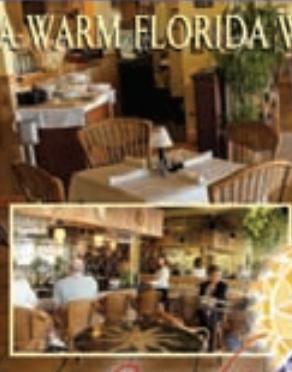
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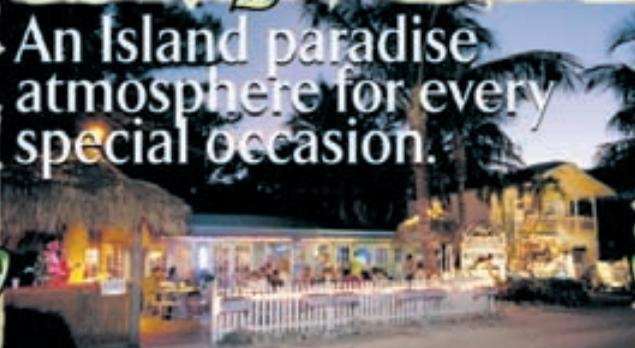
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Edison State College Publishes Second Literary Journal



Editors Professor Elaine Schaeffer, Dr. Maria J. Cahill, Dr. Eileen D. DeLuca



Staci Belcher



Noelle Delgado

Illuminations, the second annual literary journal of the Lee Campus of Edison State College, is hot off the press. It includes student poetry, short fiction, creative-nonfiction, and photography. On April 21, Edison State College held a gala reception for Edison State students, friends and family to celebrate the journal's publication and honor the contributing student writers and photographers. Following readings by a select number of student writers, all of the attending authors and photographers were available to sign their journal entries.

Also in attendance was Dr. Noreen Thomas, Lee Campus president, and Dr. Robert Beeson, Lee Campus vice president of academic affairs and dean of instruction, who was recognized for his enthusiastic support of *Illuminations*.

The faculty editors for *Illuminations* were Dr. Maria J. Cahill, Dr. Eileen DeLuca, and Professor Elaine Schaeffer. Ron Temple, an Edison State College student, served as the student editor.

Illuminations is part of Edison State's growing creative writing program, spearheaded by Cahill. The 2010 school year was the second year Edison offered not only Creative Writing 1, but Creative Writing 2, and it was the first for the ESC Creative Writing Club. ✨



Ron Temple

From page 1

Florida Rep

most lavish musical ever conceived, and over the course of the evening, Jed and Boyd pull out all the stops as Florida Rep audiences sit in as the potential backers. The dynamic duo hits all the historical highlights, from building the pyramids to Napoleon's France and the antebellum South. Jed and Boyd give investors a taste of the impending extravaganza and play all the parts along the way – from Adam and Eve to Caesar and his Soothsayer, Mrs. Ghandi, Attila the Hun, Columbus and Isabella, Pocahontas and Minihaha, Tokyo Rose and Shanghai Lil, Eva Braun and more – keeping audiences in stitches as they turn the Lipbalm apartment – and history – upside down.

The production stars Jason Parrish and Gary Marachek as Jed and Boyd. Parrish is now in his fifth season with Florida Rep, serving as associate director, and was seen most recently in this season's *Relatively Speaking* and *The Santaland Diaries*. Out of New York, Marachek is no stranger to *The Big Bang*, having appeared in the show three times before. A four-time Carbonell Award-winner (the South Florida Tony), Marachek has appeared extensively around the country and in Florida, chiefly with Actor's Playhouse in Miami.

Joining Parrish and Marachek for the historical mayhem is musical director and onstage pianist, Edward Reichert. A professor with the University of Southern Maine, Reichert has worked extensively with Florida Rep (Company; *I Love You, You're Perfect...*), in Southwest Florida and spent four years working with the Zonta Club on Sanibel and Captiva.

Producing Artistic Director Robert Cacioppo directs the production and is joined by choreographer, Amy Marie McCleary, resident choreographer with the Broadway Palm.

The *Big Bang* plays May 7-23, with discounted previews May 4 at 8 p.m., May 5 at 2 p.m. and May 6 at 8 p.m. Performances are Tuesday through Saturday at 8 p.m., with 2 p.m. matinees on Wednesday, Sunday and selected Saturdays with a special twilight performance at 7 p.m. on May 9.

The *Big Bang* is sponsored by David and Cheryl Copham and WGPU Public Media.

Single tickets are priced at \$42, \$38 and \$20 and \$25 and \$20 for previews. Call the box office at 332-4488 or go to www.floridarep.org.

Florida Repertory Theatre performs in the Historic Arcade Theatre on Bay Street between Jackson and Hendry with free parking in the Fort Myers River District.✱

The 70-voice Mastersingers are known for their versatility and innovative programming which was a key factor in their selection, according to the producers of the show. The group appeared with the Naples Philharmonic Orchestra in October and recently staged two opera-in-concert performances in Naples and Fort Myers. For tickets call Germain Arena at 948-7825 or go to GermainArena.EventTicket.Center.com.✱

From page 1

Art Walk

- daas Gallery: Opening reception for Paper Milk featuring the art of Veron Ennis.

- Enjewel: Featured artist is Jena Forte (unique hand-crafted jewelry).

- HOWL Gallery: Opening reception for Yoka Touring Toy Show, featuring Yoka Bear designer art toys, custom painted by artists across the nation.

- Iberia Bank (Bayview Court at First Street) has been designated as an art gallery showcase and information center for the eight downtown art galleries.

- Oasis Condos: Exhibit entitled Journey, featuring artists Rhonda Castillo and Javier Portilla.

- Sidney & Berne Davis Art Center: Opening for Visions exhibit, showcasing international artists Otto von Kotzebue, Patricia Mulko, Gloria Audo, and Sandi Badash (6-8 p.m. only). Also, an awards reception for the Transit Oriented

Development Design Competition will take place from 5:30-7:30 p.m.

- Space 39: Opening of a new show featuring artists Carl Schwartz and Alicia Schmidt.

Friday Night Live, which takes place in the Patio de Leon, will feature Memphis 56 from 6 p.m. to 9 p.m.

In the downtown theatres that night, Florida Rep will present *The Big Bang* on stage at 8 p.m. and *The House of Bernarda Alba* will be presented at 8 p.m. at the Sidney & Berne Davis Art Center.

In addition, the American Cancer Society Relay for Life will take place in Centennial Park and will include an art display by young oncology patients. The Alliance for the Arts will be holding an opening reception from 5 p.m. to 7:30 p.m. for its new exhibit *Under the Influence*.

A free shuttle service courtesy of Select Transportation Inc., with stops planned near the art venues, and parking at the Harborside Event Center will be available for Art Walk patrons. Shuttle stops include The Oasis, Art of the Olympians, and Enjewel on First Street.

A map of Art Walk, transportation, and parking will be distributed by participating galleries. Art Walk is a rain or shine event. Art Walk was started by a group of art galleries and art enthusiasts and debuted in October of 2008. For more information, visit www.fortmyersart-walk.com.✱

A Call To Artists

A call to artists from Arts for ACT Gallery is for the Open Themed Juried Group Exhibit for July.

This year artists will have a choice of two themes:

Spoked and Take a Walk on the Wild Side. The artist should use his own judgment to interpret the themes.

The judge will be Britney Traucht, a 2009 Art History graduate of Florida Atlantic University.

Cash prizes: 1st place, \$100; 2nd place, \$75; and 3rd place, \$50.

Art will be received Monday, June 21 through Saturday June 26 from 11 a.m. to 4 p.m.

Artists may submit up to six pieces of original work for each theme. All wall artwork must be wired and ready to hang. There are no size limits. Both two- and three-dimensional media are acceptable. Art can not have previously exhibited at Arts for ACT Gallery. Art must be labeled on the back.

Entry fee is \$8 for one piece, \$15 for two and \$20 for three, payable in cash/check or credit card. If the piece sells while on exhibit the artist will retain 60 percent of the sale with 40 percent going to benefit ACT, the domestic violence and sexual assault center serving Lee County.

The gallery is located at 2265 First Street in downtown Fort Myers.✱

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From page 1

Star Wars To Feature Mastersingers

six *Star Wars* movies. Through each piece audiences will experience the key themes, characters and story elements of the epic *Star Wars* saga from a new perspective. The editors of Lucasfilm have created an original montage on a giant multi-media screen to accompany each of the musical sections.

Art League Works On View



Work on display in the gallery

From now until June 6 the Art League of Fort Myers will have members works on display at Broadway Palm Art Gallery at the Broadway Palm Dinner Theatre, 1380 Colonial Boulevard. For gallery hours call 278-4422. ✨

To advertise in *The River Weekly News* Call 415-7732

Theater Members Approve Proposal To Join With BIG ARTS By 126-2



The Herb Strauss Schoolhouse Theater

At the special meeting of members held Friday April 30 at The Herb Strauss Schoolhouse Theater, the proposal to join with BIG ARTS was approved by a 126-2 vote. Steve Klug, president of the foundation, thanked all of those who voted and especially the members of the foundation's board of directors for all their hard work.

"This isn't the end, but rather the beginning, of a new and hopefully very successful chapter in the history of live theater on Sanibel," said Klug. He added, "The continued financial support, volunteer work and attendance at the theater of all our supporters will be vital to ensuring the future success of live theater."

The Schoolhouse kicks off its summer season on May 29 with *80s to the Max* and will follow up on June 26 with *The 70s Show*. *80s to the Max* will play Tuesday, Wednesday, Thursday and Friday nights through June 24 and then on Tuesdays and Thursdays only until it closes August 12. *The 70s Show* will run Wednesday and Saturday nights through August 14.

All performances are at 7 p.m. Call the box office at 472-6862 for tickets. The Herb Strauss Schoolhouse Theater is located at 2200 Periwinkle Way. ✨

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Figure, Portrait, Drawing Class

Geoffrey Hamel, a teacher at Florida Gulf Coast University and Edison College, will offer a figure drawing class on Saturdays from 2 to 4 p.m. It is sponsored by: the Portrait and Figure Painters Society of SW Florida, Inc. and will take place at Robb & Stucky Interiors, Fort Myers. May 15, 22 and 29.

Cost is \$40 for members, \$45 for non-members for three sessions. Call Renate M Reuter at 481-2081 or e-mail: nadi@nadifineart.com to reserve a place and to obtain a material sheet with details.

Hamel holds a master of fine arts degree from Ohio University and has taken workshops with Tony Ryder, Geoffrey Laurence and Steven Assael. He also attended the summer intensive drawing and painting program at Studio Escalier in Argenton-Chateau, France. He has been teaching for over 10 years at the college and university level. ✨

Our email address is press@riverweekly.com

Summer Acting Programs



Brooke Lester and Madison Absher in the 2009 STAR Summer Acting Intensive showcase

Gulfshore Playhouse is looking to give young people the star treatment this summer with the return of its STAR (Student Theatre Artists in Residence) intensive educational program. This summer the program has expanded to offer a two-week intensive for teens 13 and up and a brand new intensive geared toward students ages eight to 12. Both programs will run June 14 through 25 at the Norris Center in downtown Naples.

The STAR in a Play Acting Program for ages eight to 12 will introduce young performers to the creative and technical side of theater while they rehearse and perform in a one-act play based on variations of *The Tales of Robin Hood*. This exciting Renaissance one-act provides both laughter and drama for everyone. How Robin Hood got his name, the archery contest in Nottingham where Robin proves his mastery of the bow and arrow, his relationships with Maid Marion and his Merry Boys and Girls all add to the joys of this magnificent story.

Students will receive acting training with professional Gulfshore Playhouse teaching artist Selma Spies and lessons on blocking and moving, breathing and relaxation, and bringing a character to life. They will also take part in theater games and improvisations and have the opportunity to meet and learn from professionals in the field such as actors, directors and lighting designers.

Students will showcase a production of *Robin Hood* for friends and family at the end of the program, which runs Monday through Friday from 9 a.m. to 12 p.m. The cost is \$275.

The STAR Summer Acting Intensive for teens ages 13 to 18 has been developed specifically for teens interested in exploring theater more deeply. This stimulating and fun two-week intensive program will introduce young adults to the creative side and the business side of theater. The program includes acting training with professional director and acting coach Kristen Coury, who will give lessons on basic blocking, breathing and relaxation, breaking down a scene, proper audition technique, and bringing a character to life. Teens will participate in theater games, learning pantomime, group exchange, and improvisation. They will receive mentoring in the business of theater, through interactive sessions with professionals in the field such as actors, directors and lighting designers. They will also be exposed to technical theater information including an introduction to set design, lighting and sound equipment.

Students will perform in a Gulfshore Playhouse showcase performance for the public at the end of the program, which runs Monday through Friday from 12 to 4 p.m. daily. The cost is \$325.

To enroll your child or teen call 239-213-3058.*



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Broadway Palm Dinner Theatre Unveils New Season Line-Up

Broadway Palm Dinner Theatre subscription renewals for the 2010-11 season are now on sale. Individual tickets go on sale June 1. Main stage show prices range from \$27 to \$51 with group and children's prices available. Performances are Tuesday through Sunday evenings (no Tuesday evening performances May through October) with selected matinees. The new season includes eight mainstage productions, and a new student discounted rate. Scheduled performances are:

I Love a Piano (August 19 through October 2)

A brand new show that takes you on a musical journey spanning seven decades of American history that features more than 60 Irving Berlin songs. You'll hear *Puttin' on the Ritz*, *There's No Business Like Show Business*, *Easter Parade*, *Blue Skies*, *Anything You Can Do*, *Steppin' Out With My Baby*, and *God Bless America*.

Season Opener Special: \$35 for dinner and show.

Hairspray (October 7 through November 20)

Tracy Turnblad is a big girl with big hair, a big heart and a big passion to dance. Tracy was never popular – until she wins a spot on the local TV dance program. Overnight Tracy becomes a teen idol, setting dance and fashion trends of the moment. The plot thickens when Tracy is pitted against the reigning petite Teen Queen of the dance show for the affections of heartthrob Link Larkin.

Holly Jolly Christmas (November 25 through December 25)

Join Santa and Mrs. Claus as they celebrate the season with a holiday song and dance extravaganza that's perfect for all ages. *Holly Jolly Christmas* embraces the season with festive production numbers, precision dancing, dazzling costumes and over 30 holiday songs. You'll hear *We Three Kings*, *Silent Night*, *When Santa Claus Gets Your Letter*, and *Jingle Bells*.



Holly Jolly Christmas

The Full Monty (December 30 through February 12)

It's the story about six unemployed men, four of whom were steelworkers from Buffalo. With no job prospects, the six loveable misfits decide to form their own dance troupe ala Chippendales. You'll find yourself cheering them on as they go all the way to conquer their fears and take charge of their lives. New Year's Eve tickets are \$115 per person for dinner and the show.

The Unsinkable Molly Brown (February 17 through April 2)

A musical comedy based on the rags-to-riches story of Molly Tobin. Born into poverty, she married into wealth and tried in vain to be accepted into the society circles of Denver. In 1912 she was shipwrecked in the *Titanic* disaster and through sheer determination took over the lifeboat and kept the men rowing until they were rescued. Songs include *I Ain't Down Yet* and *Belly Up To The Bar, Boys*.



RENT



The Full Monty

RENT (April 7 through May 14)

The show that changed Broadway! Set in downtown New York, *RENT* is about a group of young artists looking for success and love, making their mark on the world and living for today. There's "No Day But Today" to experience this hip rock musical with a message of hope. The score includes *Seasons of Love* and *LaVie Boheme*.

This show contains mature themes and adult language.

Smoke on the Mountain (May 19 through July 2)

It's Saturday night and Reverend Oglethorpe has invited the Sanders Family Singers to provide an uplifting evening of singin', clappin' and hilarious stories. The gospel tunes include *Church in the Wildwood*, *Rock of Ages*, *Whispering Hope* and *I'll Fly Away*.



The Unsinkable Molly Brown

Annie (July 7 – August 13)

An orphan named Annie, and her dog Sandy, are placed in the lap of luxury for a week as a part of a publicity campaign for Oliver Warbucks. However, Annie's stay turns out to be much more than anyone had bargained for as she works her way into everyone's hearts and learns a few things for herself. The classic songs include *Tomorrow*, *Easy Street* and *It's the Hard Knock Life*. Kids 18 and under are just \$18 for dinner and show.

The Off Broadway Palm Theatre is Broadway Palm's second performance venue. It's a 90-seat general admission theater off the main lobby. The Off Broadway Palm's 15th season begins November 4 and runs through May 28. Ticket prices range from \$25 to \$45. Performances are Tuesday through Sunday evenings with selected matinees.

The line-up is:

The Andrews Brothers (November 4 through December 25)

It's 1943 in the South Pacific, and The Andrews Sisters are scheduled to perform at the big USO show. But when a flu outbreak quarantines the girls, mistaken identities, madcap comedy and the greatest music of the 1940s fill this show. The songs include *Don't Sit Under the Apple Tree*, *Slow Boat to China* and *BoogieWoogie Bugle Boy*.

Flamingo Court (January 20 through March 6)

Flamingo Court is a humorous and poignant look at condominium living, zany neighbors and retirement in Florida. Each condo reveals a cast of characters and some funny and touching life lessons such as *Sex Lives After 60*, *Where There's a Will*, and *There's a Relative*.

A Second Helping – The Church Basement Ladies Sequel (March 10 through May 29)

It's 1969 and the world is a-changing. While the world is dealing with Vietnam, the church basement ladies are coming to terms with pantsuits and guitars in church!

You'll laugh 'til your sidedish hurts.

For more information visit www.BroadwayPalm.com, call 278-4422 or stop by the box office at 1380 Colonial Boulevard in Fort Myers. ✨



Gator Tail Picadillo

4 tablespoons olive oil
 1 large white onion, chopped
 6 cloves garlic, minced
 6 bay leaves
 2 pounds ground alligator tail meat
 ½ cup chicken stock
 1 14½-ounce can diced tomatoes, with juice
 ¾ cup raisins
 ¾ cup pimiento-stuffed green olives, sliced and drained
 ¾ cup tomato paste
 1½ teaspoons red wine vinegar
 1 stick cinnamon
 1 teaspoon fresh oregano, chopped
 1 teaspoon chili powder
 1 teaspoon cumin
 ¼ teaspoon cayenne pepper
 salt and pepper, to taste
 3 cups cooked white rice

In large soup pot, heat oil over medium-high heat. Add onion, garlic, and bay leaves; sauté 5 minutes until onions are soft. Add gator meat and sauté until cooked through. Add all remaining ingredients and simmer until picadillo thickens, stirring occasionally. Season to taste with salt and pepper. Discard bay leaves and cinnamon stick. Serve picadillo hot over white rice.

Gator Tail Picadillo

Yield 8 servings.
 Nutritional value per serving: calories 495, calories from fat 122, total fat 14g, saturated fat 2g, trans fatty acid 0g, cho-



lesterol 1mg, total carbohydrates 38g, protein 56g, omega 3 fatty acid 0.00g
 Look for Fresh from Florida ingredients at your grocery store.*

Books And DVDs On Stuttering At Public Libraries

Stuttering is a frustrating and embarrassing problem for millions of people. Help is available at most public libraries in the form of DVDs and books. If you are interested in checking one out and your library doesn't have it, ask them to contact the Stuttering Foundation for a complimentary copy.

Stuttering and Your Child: Help for Parents, Straight Talk for Teens, Stuttering: For Kids By Kids, Self Therapy for the Stutterer, and If You Stutter: Advice for Adults are some of the titles available, with several also available in Spanish.

More than three million Americans stutter, yet stuttering remains misunderstood by most people," said Jane Fraser, president of the Stuttering Foundation. "Myths such as believing people who stutter are less intelligent or suffer from psychological problems still persist despite research refuting these erroneous beliefs."

Books and DVDs produced by the non-profit Stuttering Foundation are available free of charge to any public library. Call 1-800-992-9392, e-mail info@stutteringhelp.org, or visit us at www.stutteringhelp.org and www.tartamudez.org.*

Lehigh School To Hold Young Authors' Festival

Lehigh Elementary School is hosting its annual Young Authors' Festival to promote writing and to stress that writing is more than just taking a test.

The event will feature People's Choice Gold award-winning author Darrell House; Doug McGregor, cartoonist for *The News-Press*; and Don Ruane, writer for *The News-Press*.

The festival will be from 9:45 a.m. to 3:30 p.m. May 4 to 6. On May 6, there will be a parent workshop at 6 p.m. with Darrell House during the annual Educational Fair night.

This year's theme is Everyone's a Writer! It will showcase to students how writing is an integral part of their life. The festival will feature author sessions, illustrating sessions, authors' luncheons, and a round table discussion with an author. Segments of this event featuring Darrell House will be taped for an upcoming video titled *Meet the Authors*, a project of the Florida Writers Foundation in cooperation with the Florida Department of Education.

Students will be motivated to further explore their writing talents and see how writing can positively impact their lives.

This event is being sponsored by Ruth Anglickis and the Landex Corporation.*

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Financial Focus

Invest In Your Mother's Future



by Jennifer Basey

Mother's Day is almost upon us. This year, in addition to giving Mom some flowers and a card, why not brighten her day – and her future – by making a financial gift?

Your first thought might be that giving your mother a check may seem "tacky." But these days, everyone can use a little extra cash. However, you can find other types of financial gifts that can have a longer-lasting impact. Here are a few ideas to consider:

- **Help Mom fund her IRA.** If your mother is still working, she can contribute to an IRA – and she should. Either a traditional or Roth IRA is a great way to build tax-advantaged savings for retirement. Yet most people don't fully fund their IRAs each year. In 2010, your mother can put in \$5,000 to her IRA, or \$6,000 if she's 50 or older. While you can't directly contribute to her IRA, you can write a check for that purpose.

- **Purchase an investment for Mom.** If you can afford it, consider giving a few shares of stock, possibly issued by companies that make products or services your mother uses. (If you give shares that you own, you'll need to keep records of your initial sales price; this information will be useful to your mother if she ever sells the shares and needs to pay capital gains taxes.)

- **If you think your mother could benefit from an increase in her cash flow,** you might consider giving her a corporate or government bond, which can provide regular interest payments.

- **Take care of a debt payment.** The lower your mother's debt payments, the more she can put away for retirement. While you probably aren't in a position to pay off all her debts, perhaps you could handle a car or credit card payment as a Mother's Day gift.

- **Make a charitable gift in Mom's name.** Your mother probably supports many worthy causes and a financial gift to any one of them, in her name, would probably please her greatly. Furthermore, your generosity may provide you with an immediate tax deduction, assuming the group to which you donate meets the tax deductibility guidelines established by the IRS. In fact, if you donated an appreciated asset, such as a stock, you could possibly get two tax breaks: a deduction on this year's taxes and the avoidance of capital gains taxes that will result from the eventual sale of an asset. Before donating this type of asset, though, consult with your tax advisor.

- **Provide Mom some financial education.** If your mother doesn't know much about investing, you might get her a book on the topic. Or, better yet, if you have a financial advisor whom you trust, introduce him or her to your mother. Once

your mother enters her pre-retirement and retirement years, she may have many issues such as cash flow management, estate planning and investing to stay ahead of inflation for which she could use the help of a financial professional.

Mother's Day comes and goes in a day – but by making the right type of financial gift to your mother, your generosity can be felt for years to come.

Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.✳

Regional Event Focuses On Business And Personal Success

Powerful You! Women's Network's Transformation 2010™ regional networking event reaches out to women across the Fort Myers/CapeCoral Region and is beneficial for women from all walks of life, especially entrepreneurs and women in business. It's a way for women to come together, learn, share, grow and network with other women.

The Fort Myers/Cape Coral Regional Tour Event will be held on Saturday, May 22 at The Gateway Golf & Country Club in Fort Myers. This full-day event features four speakers, vendors, networking, introductions, lunch, door prizes and gifts.

"We're looking forward to gathering our members from the area as well as any women who are not members who may wish to attend", says Kathy Fyler, co-founder of the network.

The speakers include:

- **AmondaRose Igoe**, CEO of High Performance Speaking, Training and Consulting whose presentation is Public Speaking Secrets Revealed – Seven Secrets to Sensational Presentations;

- **Kumari Mullin**, author, reiki master, intuitive healer and coach on the topic of Energy Empowerment Techniques – Targeted Tools to Transform Stress to Success;

- **Elayna Fernandez**, author, speaker and social media empowerment teacher, presenting Branding and Marketing Your Business Through Social Media; and

- **Sue Urda**, author, inspirer and co-founder of Powerful You! who will present the topic The Art and Truth of Transformation – How a Few Tiny Shifts Can Make Your Changing World a Great Place To Be.

The price for non-members is \$49 (register with a friend and both save 10 percent) and \$39 for Powerful You! members and Powerful You! partners. This event is open to all women, not just women in business. Pre-registration is required by Tuesday, May 18. To register and for more information, visit www.powerfuleyou.com or call Kathy Fyler at 973-248-1262.

Powerful You! Women's Network is hosting regional networking events in 16 cities across the country.✳

District Amends Policy To Address Distracted Driving

In what is believed to be the first action taken by a governmental agency in Lee County – and possibly one of the first in Florida and the nation – Lee County Public Schools has amended a policy to directly address the issue of distracted driving.

"This has really come to the forefront of the national discussion, and we felt we had to enact policy to address it head on," said Dr. James Browder, superintendent of schools. "We want our employees who are on the road to act in a safe manner, and avoiding distractions is vital to that effort."

School Board Policy 7.04 addresses Driving District Vehicles. And this year, specific language was added that reads:

Employees are prohibited from text messaging while driving a district owned, leased or rented vehicle, or when driving a personally owned vehicle while on official district business or when using electronic equipment supplied by the district while driving...

"Texting" or 'text messaging' means reading from or entering data into any handheld or other electronic device, including for the purpose of SMS texting, e-mailing, instant messaging, obtaining navigational information, or engaging in any other form of electronic data retrieval or electronic data communication.

"I hope other organizations follow our lead and implement similar policies or guidelines for their employees," said Browder. "We all share the same roads and we all must drive in a responsible manner. This is a community effort, and I encourage community members to let us know if they see a district employee violating this new policy."✳

Free Trade Show For Small Business Owners

The Southwest Florida Small Business Resource Network (SBRN), in conjunction with National Small Business Week, is sponsoring the SBRN Small Business Week Appreciation Trade Show at 3 p.m. Thursday, May 20 at the Embassy Suites Hotel in Estero. Area owners of small businesses are invited to this free event hosted by Florida Gulf Coast University Small Business Development Center (SBDC) and Southwest Florida SBRN.

SBRN members and other network agencies will be available to provide business owners information about the most prevalent topics small business owners need to discuss. Experts in accounting, business consulting, legal, insurance, and banking/lending will be on hand to offer information. Also present will be representatives from agencies including SBDC, SCORE and Workforce Development.

This is a free event with complimentary refreshments, a cash bar, a drawing for a door prize, and other gift drawings

from multiple consultants at the event.

To register, go online to www.sbdc-seminars.org. Deadline for registration is Tuesday, May 18. For more information or to get directions, contact Lorna Kibbey, SBRN coordinator for the Small Business Development Center, at 745-3700.✳

Tanger Outlets Appoints General Manager



Julia Babair

Tanger Factory Outlet Centers, Inc. has named Julia Babair general manager of the company's outlet center in the Fort Myers/Sanibel, Florida market.

A 23-year resident of Lee County, Babair has more than 16 years experience in the marketing and public relations industry. In addition to her experience in the retail management sector, she was most recently vice president of account services for one of the area's largest full-service marketing and public relations agencies, where she worked with clients in the retail, financial, and service industries, as well as several non-profit organizations.

Babair holds a bachelor's degree in business administration from the University of South Florida. She is an accredited public relations professional and a certified public relations counselor.✳

Our E-Mail address is
press@RiverWeekly.com

FGCU Graduates Honored

Florida Gulf Coast University Alumni Association Board of Directors welcomed one distinguished graduate into the Alumni of Distinction Society, and four graduates into the newly-created Soaring Eagles Society at the annual Celebration of Excellence awards ceremony in April.

The Alumni of Distinction Society is the highest honor the association bestows on a deserving graduate. This year, the FGCU Alumni of Distinction Society award was presented to Ricky Pires, environmental studies graduate from the class of 2000.

She is founder and director of Wings of Hope Foundation, which she developed as a student at FGCU; and has been recognized with numerous awards, including the Florida Wildlife Federation's Conservation Educator of the Year in 2006.

Her award-winning Florida Panther Posse programs teach students about the endangered panther and what they can do to help study and protect them. Her hope is that through this message our youth will make decisions that protect, save, restore and respect the natural world.

The alumni association also welcomed four graduates into the Soaring Eagles Society to honor alumni who have earned an undergraduate degree from FGCU within the last decade. The recipients are:

Scott Guelcher – 2005 graduate in the College of Arts and Sciences. He is currently the education director for the Lee County Alliance for the Arts and served as the artist chair for Art Royale 2008. He continues to participate in numerous exhibitions, and received the Angels of the Arts Award for best new artist.

Lt. Spencer Roach – 2005 graduate in the College of Professional Studies. A decorated lieutenant with the coast guard, he has distinguished himself in his military career, earning recognition for his involvement with grassroots civic and nonprofit organizations. Most recently, he was selected as one of six officers nationwide for the Judge Advocate General program.

Jonel Gomez – 2002 and 2008 graduate in the College of Health Professions, School of Nursing. She leads by example – encouraging her children to create and deliver cards, artwork and homemade trinkets to patients in the assisted living facility where she worked. She is currently employed as a nurse practitioner with a local surgeon.

Magali Solimano – 2003 graduate in the Lutgert College of Business. After graduation, she served in Ecuador with the U.S. Peace Corps where she was successful in developing a school lunch program, and obtaining funding for a community library and training center. She is currently an international expert on Latin American economics and commerce, and is employed as a regional editor for the economist group.✽

Art Teacher Is Selected Mentor

Lee County Public Schools announced that Tim Smith, a visual arts teacher at Cypress Lake High School, has been chosen to be a mentor by the Art Institute of Chicago.

"This is a very prestigious designation and Mr. Smith will have the chance to interact and learn from one of the top art institutions in the world," said Dr. James Browder, superintendent of schools. "What he learns from this opportunity will not only directly benefit his students at Cypress High, but he will get to share that information with his fellow teachers, which will benefit students across the district."

The teacher programs at the School of the Art Institute of Chicago (SAIC) provide a forum for the professional teacher/art educator to discuss and experience trends in contemporary art and teaching practices. The programs provide:

- Unlimited access to the Art Institute Museum;
- Instruction with top-qualified educators in their field;
- and an unparalleled experience right in the heart of Chicago.

Each summer, the Teacher Institute in Contemporary Art (TICA) at the School of the Art Institute of Chicago provides a chance to return to your roots in art, study in a supportive and challenging environment with your peers, and experience/investigate the latest trends in contemporary art.

TICA is offered at no cost to accepted applicants. The program is divided into four separate one-week sessions, with each having an optional studio extension component immediately following the session week. The session offerings are:

- Session 1: Painting and Drawing
- Session 2: Painting and Drawing
- Session 3: Visual and Cultural Studies
- Session 4: Art and Technology.

For more information call Tim Smith or school Principal Tracy Perkins at 481-2233.✽

FGCU Business Workshops

Florida Gulf Coast University Small Business Development Center is hosting a series of workshops and seminars in May to celebrate small business month at various locations throughout Southwest Florida for small business owners and entrepreneurs.

- Frequently Asked Questions about Starting a Restaurant/Franchise Business: Learn the details about owning a restaurant or a franchise business 2 p.m. to 5 p.m., Thursday, May 6 at FGCU Cape Coral Center; and 2 p.m. to 5 p.m., Friday, May 7 at FGCU in Lutgert Hall. Cost is \$20.

- Business Assistance Expo: Farmers Market in Club Square, Cape Coral. This free one-stop opportunity is from 8 a.m. to noon, Saturday, May 15. FGCU's Small Business Development Center and Chamber of Commerce of Cape Coral have joined forces to bring experts from

throughout Lee County to one location to answer questions and explain programs that are geared to help small businesses succeed. Exhibitors include City of Cape Coral's Economic Development Office and Community Redevelopment Agency.

- Quickbooks Simple Start: Learn the basics of Quickbooks 2 p.m. to 5 p.m., Tuesday, May 18 at FGCU in Lutgert Hall. Cost is \$20.

- Starting a Business in Charlotte County: Learn the "ins and outs" before deciding to open a business, 9 a.m. to noon, Friday, May 21 at the Charlotte County Chamber of Commerce. Free workshop.

- Financial Forensics Workshop – Clues to Making Your Business Profitable: Unlock the mystery in today's small business environment, 9 a.m. to 3 p.m. Saturday, May 22 in the Student Union ballroom. A continental breakfast and full lunch will be served. The luncheon speaker is Richard Peggnetter, dean for the Lutgert College of Business. Cost is \$79. A 50 percent discount will be offered to Fifth Third Bank small business owners, SBDC clients, and FGCU faculty and staff. Sponsored by Fifth Third Bank.

- Office of Diversity Regional Matchmaker Workshop: Free, all day event 8:30 a.m. to 4:30 p.m., Thursday, May 27 at FGCU-Outdoor Sports Complex. Participants will have the opportunity to speak with municipalities purchasing representatives. Lunch will be provided. Reservations required.

To make a reservation for any SBDC workshops visit www.sbdseminars.org or call the main office at 745-3700.✽

FGCU Faith & Fitness Workshops

Florida Gulf Coast University's Continuing Education and Off Campus Programs presents a Faith & Fitness workshop for healthcare professionals 5:30 p.m. to 7 p.m. Tuesday, June 15 or 5:30 p.m. to 7 p.m., Tuesday July 27. The workshops will be held at The Atrium, 8695 College Parkway, Suite 1181, in Fort Myers and are open to the public.

The course introduces fitness as a true spiritual discipline. The community's health is dependent on the collective support and efforts of its individuals. This course will make clear, in addition to proper nutrition and exercise, that wellness by design requires one to live in harmony with others. Participants will learn that everyone nourishes everyone through the basic variables for health: food, exercise and love.

Tom Hafer, author of *Faith & Fitness* (Augsburg Books, 2007) facilitates the seminar. Hafer is a physical therapist, a licensed athletic trainer and holds a master's degree in religion.

Cost for the seminar is \$20. Contact hours through State of Florida's CE Broker for most healthcare professions are available.

For more information or to register call 425-3277 or log onto <http://registerce.fgcu.edu>. For further information, contact Christina Gallagher at 239-425-3277.✽

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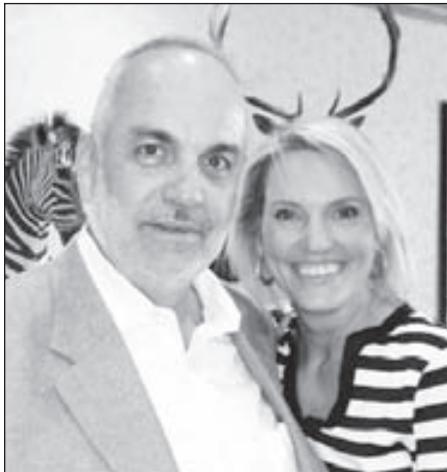
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Theresa Mitchell, Lizbeth Benacquisto, Georgia Mitchell and Paula Himschoot



Mike Himschoot, Paula Himschoot, Theresa Mitchell, Georgia Mitchell, Bob Himschoot, Tim Mitchell, Lizbeth Benacquisto, Kelly Mitchell, Greg and Kevin Mitchell

Twins' Last Two Top Draft Picks Have Spectacular Season Starts

by Ed Frank



Two highly-touted first-round draft picks of the Minnesota Twins are probably on a two-way street – one going and one coming – right here with the Fort Myers Miracle baseball team.

And as we've written so many times, the stars of tomorrow play here today – a fact proven when you look at the Twins Major League roster.

Let's first discuss last year's first-round pick, Kyle Gibson. A six-foot, five-inch hard-throwing right hander out of the University of Missouri, he already has gained headlines when last week he took a perfect game into the sixth inning before giving up a controversial infield single that was wiped out by a double play.

He continued to dominate the remainder of the game facing the minimum of 27 batters to toss a one-hit complete game 2-0 Miracle shutout over the Jupiter Hammerheads.

Gibson began this week with a 2-1 record and a sparkling 1.76 ERA, which placed him among the top three pitchers in the Florida State League.

He was scheduled to start again Tuesday of this week when he faced the Hammerheads once more only this time at home at Hammond Stadium.

The Twins no doubt have Gibson on a fast track to the big leagues as evidenced by starting his professional career here with the High A Miracle of the tough Florida State League. Normally a rookie would start at a rookie-level league.

The big 20-year-old hurler was grabbed by the Twins as the 22nd pick of the first round when he had expected to be a top-10 pick. However, a stress fracture in his forearm scared off other teams.

While recovering from the injury, the Twins sent him to the instructional league where he dazzled the coaches, earning him a spot with the High A Miracle.

After last week's near perfect game, Miracle Manager Jake Mauer said, "You can definitely see why he was a first-round pick. He's pretty smart and has a pretty good idea what he's doing out there."

But it wasn't on the baseball field where Gibson had his best outing. A week before he shot a career-best two-over-par 74 at Heritage Palms Country Club in Fort Myers.

He rises early most days when the Miracle are home to get in a round of golf before going to the stadium.

Should Gibson continue his blazing start, look for the Twins to promote the youngster to Double A New Britain at mid-season. Yes, his days here are probably limited so you better get out to Hammond Stadium soon if you want to see this future major leaguer.

Aaron Hicks, ranked by *Baseball America* as one of the 10 best Major League prospects, was the first-round draft choice of the Twins in 2008 (14th overall pick).

Drafted directly out of high school, the gifted outfielder also is a scratch golfer who considered a career in professional golf.

His first season of professional baseball last year was divided between the rookie Gulf Coast Twins and the Low A Beloit Snappers where combined he recorded a .278 batting average.

Hicks, just 20, was sent back to Beloit this year to gain further experience. He started the 2010 season poorly, going just 2 for 34 (.059).

But suddenly his bat became alive as he averaged an astounding .514 (18 for 35) over a 10-game stretch to raise his season average to .316. His scorching bat is a major factor why Beloit started the week with a 15-9 record and a first-place hold on the Western Division of the Midwest League.

While the revolving door of minor league baseball is likely to result in the departure of Gibson from the Miracle, it also could propel the promising Hicks from Low A Beloit to High A Miracle.

And both could be wearing Major League uniforms before too many seasons go by.

Miracle Start Winning; Move into Fourth Place

The Fort Myers Miracle have started to win after a slow season start improving their record to 9-14 as the week began.

In a three-game winning streak last week, the Miracle moved from last to fourth place in the Florida State League South Division.

Fort Myers is home this weekend at Hammond Stadium when they face the St. Lucie Mets Thursday, Friday and Saturday at 7:05 p.m.

Miracle Sponsor 5th Annual Special Needs Camp Saturday

The entire Miracle team and coaches will be on hand Saturday morning for the fifth annual Special Needs Camp for youngsters 18 years old and younger.

The camp will be open for children with physical or mental challenges and will be held from 10 a.m. to noon.

There is no cost. To register, call the Miracle office at 768-4210.

"I'm excited to be involved for the first time in this great event," said Miracle Manager Jake Mauer.*



Kyle Gibson



Aaron Hicks

Cape Coral Triathlon

The Cape Coral Parks & Recreation triathlon will travel through the historic part of Cape Coral. Check-in will be at 6:15 a.m. on Saturday, May 15 and the race will begin at 7 a.m.

The event will include a ¼-mile swim in the river, a 12-mile bike and a 5k run. An awards ceremony and music will follow the event. To register visit Active.com or call Cape Coral Yacht Club at 574-086.

Cost for adults is \$45 and \$25 for ages 10 to 17. Register at Cape Coral Yacht Pavilion and Beach, Yacht Club Community Park, 5819 Driftwood Parkway.*

Football Returns To Canterbury

The Canterbury Cougars played their last football game in the fall of 1978. Next fall, kicking off the 2010-11 school year, football will return to the school's Harper Field.

Under the direction of Coach Jamie Swagler, the team will begin practice on May 3.

The first scrimmage will take place on May 28, when the newly-formed six-man team will play a blue/white inter-squad game. It promises to be an exciting night.

"It will be a great dress rehearsal for our football season which begins with a home game on August 27," said Athletic Director Lee Peters.

"Six-man football is a faster, higher scoring game than with 11-man teams. All players are eligible to receive the pass, and scores in the 70s are not uncommon. It is a fun game for players and spectators," Peters concluded.

To see the schedule for Canterbury's six-man football season, go onto the school's Web site: www.canterburyfortmyers.org/football.*

Mets Vs. Marlins Baseball Trip

The Cape Coral Yacht Club is coordinating a bus trip to see the New York Mets take on the Florida Marlins. The \$52 cost includes round-trip transportation in a chartered bus from the yacht club community park, game ticket, parking and tolls, plus snacks, soft drinks and a movie on the bus.

The trip is on Saturday, May 15 from 3:30 p.m. to 1 a.m. The bus will depart from the Rotino Senior Center located at 5817 Driftwood Parkway, Cape Coral. The group will meet at the tennis courts parking lot.

Major credit cards are accepted. Call 574-0807 or log on to www.capeparks.com for more information.*



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Dr. Dave

An Antidote To Boredom



by Dr. Dave Hepburn

IRACAF “Umm” FARIAS “Ahhh. I’m not sure yet Alva. Give me a second or two.”

Alva was 99 years old and lived independently with Phyllis, his bride of

71 years, for whom he was the caregiver. She had become confused, forgetful and had gone all Alzheimery. He was adamant that she not be institutionalized and so we agreed that he could look after her at home and that I would call him daily to check on him.

I did this usually while driving to work with the newspaper in one hand, the phone in the other and a root beer float in another. My knees did the steering, gearing and a lot of veering. Alva loved to do the paper’s Word Jumble and so we would daily compare notes on solving the puzzles.

At 99 he was infinitely more interesting than most 60-year-olds. He and Phil loved adventure and went everywhere whenever they could. They were always poor in terms of dollars but they were rich in terms of having truly lived on this rock.

There are many boring people out there, people who seldom venture or adventure beyond their robotic, fore-ordained, repetitive days and weeks to experience the excitement this planet offers.

“People who are bored are simply boring people,” Alva would say as he sat in his living room tapestried with treasures of travel. Phil would keep a diary of their adventures and when they returned from Kenya, Khartoum or Kansas she would type up her stories so that they could relive their adventures at will.

That tome is now their legacy and really, when they finally throw our carcasses on the scrap heap of life, hopefully well used, enthused and abused, all that we have left that matters is what we did, not what we owned.

As George Carlin observed, “We’ve learned how to make a living but not a life. We’ve added years to life, not life to years.”

Boring Billy Bloggins’ carcass gets tossed on the same scrap heap leaving a large bank account that little Blogginses are now scrapping over. Boring, provincial, lots of useless, unused, overprotected cash and little adventure. A skinny book of life.

Can you be bored to death?

Scientific investigations point to negative health effects caused by boredom. It weakens the immune system, is brutal on your mental health and may be the first step towards depression, substance abuse and low self esteem. Boredom is linked to anger suppression, which can raise blood pressure and be as dangerous as stress.

When people are bored, dangerous hormones are released in the body that stress the heart. In fact, those who live boring lives are two and a half times more likely to die of a heart problem than those who aren’t bored. People who are bored also tend to eat and drink more, and they’re probably not eating carrots, kale and cauliflower. They get into the infamous night time carbs or Kahlua and health begins to suffer. But the biggest problem with being bored is that you become... boring.

To prevent this disease I try and do two wild things every year, something I have never done and hadn’t even thought of. My spontaneous or opportunistic bucket list. Recently I met a remarkably well-travelled man who this September wants to return to his favorite place in the world, the amazing safari wilds of Africa. Within minutes I decided that I will join him. Never been before. Will run with the rhinos, hip check some hippos, leap with leopards and lions, make merry with monkeys, wiz with the wildebeest and stand in awe (and slightly aside) of wild elephants. I will be in their zoo.

Want to come? Really. Until you have stood on the Serengeti and Masai Mara and shared a watering hole with a giraffe or a zebra, you have no idea what real nature feels like.

Why wait for age and/or illness to overtake you before emptying your bucket. Experiences await us that are an antidote to boredom.

My patient and friend Alva was finally tossed on that scrap heap of life, Phil preceding him by a couple of months.

He would have loved to dance naked on the Serengeti (which I would also like to do though I hear the rhinos are a jealous sort.)

So come to IRACAF, we’ll have a heck of a FARIAS.

If interested in learning more about traveling to see the best of Africa with Dr. Dave please call 1-888-432-8344.

Like the column? You’ll LOVE the book the Doctor is In(sane) now available at Sanibel Island Bookshop. You can also reach Dr. Hepburn via his website www.wisequacks.org.

*Dr. Dave is co-host of Wisequacks, a national radio show that can be heard every Saturday at 1 p.m. EST – best heard in Florida over the Internet on CKNW. He is also a motivational speaker and travels throughout the U.S. and Canada speaking on the exciting new revelations in the world of health and wellness.**

Free Diabetes Screenings

Free diabetes screenings will be available at Kmart at 3835 Cleveland Avenue South in Fort Myers on Thursday, May 13 from 10 a.m. to 4 p.m.

No appointments are needed.

The screening is done by Cholestcheck Health Screening Services of Greenville, South Carolina. Call 1-800-713-3301 for more information.*

Seniors In The Southeast More Prone To Strokes

For families with aging loved ones, very few serious health risks present the same level of concern as an unexpected stroke. In the U.S., someone suffers a stroke every 40 seconds and more than 75 percent of these incidents occur in people over the age of 65. Fortunately, fewer than 20 percent of all strokes are fatal – but unfortunately, most stroke survivors suffer some lingering health effects that affect long-term quality of life.

May is American Stroke Month and across the area, Senior Helpers, a leading national and local in-home care provider that cares for stroke survivors every day, is spreading awareness about the prevalence of stroke among aging Americans. Although strokes can seemingly strike without warning, Senior Helpers is encouraging families to talk to their aging parents and grandparents about some simple lifestyle changes that can help reduce the risk.

“Stroke can sometimes be a scary topic that aging seniors don’t want to talk or even think about, but it’s important for concerned family members to realize that stroke is the leading cause of long-term disability in the United States, and the risks go up drastically with age,”

said Peter Ross, CEO of Senior Helpers. “After a close family member suffers a stroke, there is a high likelihood that they will require a little bit more help and a little bit more attention to live their daily life.”

Quick facts about stroke and seniors:

- Strokes are the sudden damage or loss of a section of brain cells caused by restricted flow of oxygen to the brain, usually due to hardened arteries or blood clots.
- Stroke is the leading cause of disability and third leading cause of death across the country (Alliance for Aging Research)
- Almost 800,000 Americans suffer a stroke every year, and more than 185,000 of these are recurrent attacks (U.S. Centers for Disease Control and Prevention).

• Chances of having a stroke doubles each decade after turning 55 (Alliance for Aging Research).

• 75 percent of all strokes occur in seniors over 65 (American Stroke Association).

• 90 percent of all stroke victims suffer lingering, long-term effects (University of Medicine and Dentistry in New Jersey)

The latest research from the American Stroke Association shows that women tend to be at slightly greater risk of suffering a fatal stroke than men. Also, seniors living in the Southeast are more at-risk than individuals in most other geographic regions. There are a number of factors that increase the risk of stroke, including age, family history, high blood

pressure, smoking, alcohol and drug abuse, and any medical history involving previous episodes or symptoms of stroke. However, some basic and simple lifestyle changes can reduce the overall risk for millions of aging Americans.

- Exercise regularly to reduce high blood pressure
- Avoid high fat and cholesterol foods on a regular basis
- For seniors with or at risk of diabetes, keep blood sugar levels under control
- Reduce sodium in daily diet
- Quit smoking immediately

Warning Signs of Stroke for Seniors:

- Sudden numbness or weakness of the face, arms or legs, especially on one side of the body
- Sudden confusion or trouble speaking and understanding
- Sudden trouble seeing out of one eye
- Sudden trouble walking or loss of balance
- Sudden, severe headaches without cause.*

Asthma Awareness Event

May is Asthma Awareness Month and staff members at The Children’s Hospital of Southwest Florida and several community organizations are collaborating on a fun-filled educational event called Blow the Whistle on Asthma. Multiple learning stations will highlight pediatric asthma education and control strategies.

Asthma is commonly seen in children and is a leading cause of hospital stays and school absences. When children with asthma encounter a substance that can cause problems (a “trigger”), an asthma attack (exacerbation) can occur. Knowing how to avoid triggers and how to recognize and treat asthma symptoms can help families manage the condition more effectively.

Come out on Wednesday, May 26, 1 to 5 p.m., and tour the booths that will highlight the community resources available to children with asthma. There will be hand-outs, creative activities, and participants will be entered into a drawing.

The event will be held at The Children’s Hospital of Southwest Florida in the HealthPark Medical Center Atrium, 9981 South HealthPark Drive, Fort Myers.*

dearPharmacist

New Discovery: Treatment For Multiple Sclerosis



by Suzy Cohen, RPh

Dear Pharmacist: I have a friend with multiple sclerosis (MS) who lives overseas. She used to be disabled, and she tells me she is cured after vein surgery in her neck. She said she had

CCSVI whatever that is. I also have MS, but I can't find a doctor in Florida who knows anything about this. Can you help?
AL, Miami, Florida

The procedure is dubbed The Liberation Treatment and it's still experimental here. Our medical establishment moves painfully slow and there's little incentive to embrace this. Need I say more, or can I just bite my lip?

Allow me to introduce you to Dr. Paolo Zamboni, a professor at the University of Ferrara in Italy. Have you ever been inspired to learn more about a medical problem because someone you love was sick? That's exactly what happened to Dr. Zamboni, who was trained as a vascular surgeon. A disability now prevents him from working in that capacity. Little did he know that his educational training would save his beloved and potentially millions more in years to come.

Desperate to find a cure for his MS-stricken wife, Zamboni discovered that people with MS have a higher incidence of constricted veins in their neck. Dr. Zamboni's research is turning the MS world upside down because MS is thought to be an auto-immune disease, not a vascular condition.

CCSVI stands for Chronic Cerebrospinal Venous Insufficiency. This medical term just describes a situation of narrowed veins. Doctors can see the veins with a non-invasive test such as a Doppler ultrasound. Think of your garden hose. If it's squeezed off, water doesn't flow. Same with your azygos vein, or your jugular veins. If restricted, circulation is compromised, then blood (and iron in the blood) slowly reflux, and accumulate in your brain and spinal cord, resulting in neurological issues. The excess iron load damages cells. I suspect that other dangerous metals accumulate too, such as cadmium, lead or mercury, but this is just my theory.

Researchers at the University of Buffalo found that people with MS have about two and a half times higher incidence of stenosis – narrowing of their extracranial veins. I realize we need more studies, but this one gives many people hope. And hope is my middle name.

Zamboni's liberation procedure takes the kink out of the hose and allows proper blood (and iron) to flow out of the brain, which explains why symptoms might improve within hours. The 'before and after' footage of people who under-

went the treatment are jaw-dropping! Here's the television program which you can view on your computer: <http://bit.ly/9V3stp>

Treated patients experienced better coordination and balance, more energy, fewer muscle spasms and a better quality of life. Learn more at: www.liberation-treatment.com.

DID YOU KNOW

You can tame your hair, and remove buildup of hair spray and mouse by adding a teaspoon of baking soda to your favorite shampoo.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.dearpharmacist.com.✽

Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

Years ago as children, my sister and I heard our parents say, "Don't ever put me in a nursing home," or what is now called an assisted living facility.

Times change, living conditions change, and longevity changes as does health and families and maybe most of all costs and financial resources change.

How do you suggest we get out of this one?

Helen

Dear Helen,

No one should ever be made to promise that they would never do something because you never know what is your fate down the road. For many people who did promise never to do something, there is positively no other option, or destroy their own or their family's life.

Your parents expressed their opinion at the time, not knowing what would happen down the road. I feel that you are caring for your family and what ever you decide will be the proper choice.

Lizzie

Dear Helen,

Assisted living communities are not today's skilled nursing facilities. Assisted living communities are apartments with social and some medical support. The social support includes scheduled activities, meals and transportation. The

medical support includes medication, administration and various other activities depending on the county standards. Nursing homes are still nursing homes, designed for individuals needing skilled nursing care,

Whether assisted living or nursing homes, it is a difficult transition for an individual to leave one's own home. Sometimes, unfortunately, individuals cannot continue to live safely in their own home.

It is difficult to make promises about the future when we do not know what the future will hold. I know this time in any families' journey is difficult and you will make the best decisions.

Pryce

Lizzie and Pryce's email address is momandmeaging@hotmail.com.

Chocolate Orders To Benefit Hope Hospice

This year, Mother's Day orders placed through Norman Love's Web site are even sweeter: For every order placed at www.HopeNormanLove.com, Love will contribute five percent of the sale to Hope HealthCare Services. Links to the chocolatier's Website are available at www.HopeHCS.org and www.HopeHospice.org – simply click "Sweet Comfort" on the home page.

These donations will help Hope continue its mission of providing high-quality, innovative services to families throughout Southwest Florida, including hospice care, according to Samira K. Beckwith, Hope's president and CEO.

"Mothers provide steadfast comfort and care for their families even through difficult times, just like Hope does for those in our care," Beckwith said. "It's a special privilege to have this generous support from Norman during the Mother's Day holiday. We truly appreciate the partnership."✽

**BEACH
CONDITIONS
REPORT**

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**For up-to-date information
on the local beaches**

New Elder Abuse Coalition For Lee County

The Alvin A. Dubin Alzheimer's Resource Center was awarded one of 12 federal grants to establish a new elder abuse coalition in Lee County. The grant was awarded by the National Center on Elder Abuse, National Committee for the Prevention of Elder Abuse.

The Dubin Alzheimer's Resource Center is collaborating with community partners to develop a strategic plan and implement initiatives for this new elder abuse coalition. Participating agencies and leaders include: Lee County Sheriff's Office, Department of Children and Families Adult Protective Services, United Way of Lee, Hendry, & Glades, Area Agency on Aging for Southwest Florida, Cape Coral Police Department, Fort Myers Police Department, State Attorney's office, Office of Lt. Governor, NAMI (National Association for Mental Illness), CCMI (Community Cooperative Ministries), Dr. Piper Center, Senior Friendship Centers, Hope HealthCare Services, long-term care providers, elder law attorneys, financial planners, professional guardians, county judge, and other human service providers.

The new coalition, Lee Elder Abuse Prevention Partnership (LEAPP), is committed to achieving the mission to create community partnerships that effectively promote awareness of abuse, neglect, and exploitation of older adults and provide services, advocacy, and support.

Approximately 24 percent of Lee County residents are in the age range of 65+ and 12 percent are 75+ people over the age of 65. As older adults experience age-related illnesses and changes in physical abilities, the risk for isolation and potential self-neglect increases. These individuals may also be vulnerable to exploitation and abuse as their social support network slowly deteriorates. According to NCEA 2005 Facts Sheet estimates show "that for every one case of elder abuse, neglect, exploitation, or self-neglect reported to authorities, about five more go unreported."

"This grant allows our community to bring together dedicated leaders and providers to focus on raising awareness and preventing elder abuse, neglect, and exploitation. Our center is pleased to assist in offering leadership for this effort," says Dotty St. Amand, executive director of the Dubin Alzheimer's Resource Center. For more information call 437-3007.✽

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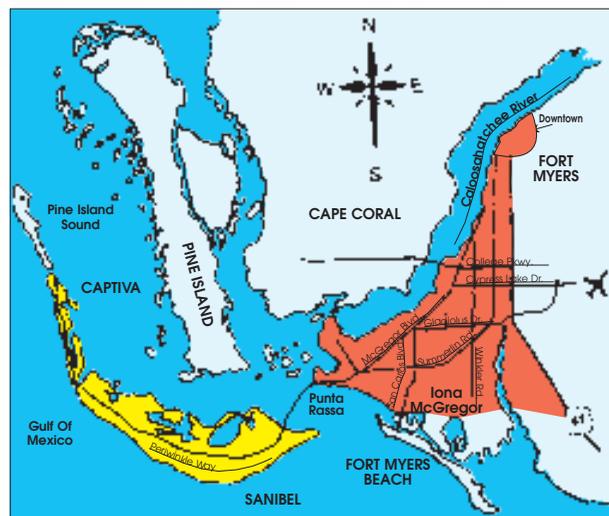
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Pets Of The Week

During May Madness Adoption Promotion all pet adoptions are half off the regular adoption fee.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, please refer to the animal's ID number.

The shelter is open for adoptions from 11:30 a.m. to 3:30 p.m. Monday through Saturday at 5600 Banner Drive, Fort Myers, next to the Lee County Sheriff's Office, off Six Mile Cypress Parkway.

Pet Bio

Name: Tammy
Breed: shepherd mix
Sex: female
Age: four months
Color: brown

Comments: I was dumped off on the side of the road and a kind Animal Control Officer brought me to the shelter. Being dumped was very scary so I've been in a foster home until now so I could gain some confidence. Now I am back at the shelter and ready for my permanent home. In my foster home I learned my house manners and how to use a doggy door. I still may want to



Tammy ID 465879



Chleo ID #: 469057

hide sometimes because I'm shy but will warm up quickly to you. I'm going to be a large dog and I am growing fast. I had lots of dog company in my foster home and would love to be someone's loving companion. So what do you think? Are we a match?

Pet Bio

Name: Chleo
Breed: domestic short hair
Sex: spayed female
Age: 1 year
Color: patch tabby

Comments: I am a very sweet-natured cat and I love to play but I'm ready to dedicate myself to being your lap cat. I've been around other pets but I'd be most happy as your one-and-only love.✧

PUZZLE ANSWERS

SUDOKU

8	2	7	9	3	1	6	5	4
9	5	6	4	7	2	3	8	1
4	3	1	8	5	6	9	2	7
5	7	9	2	4	8	1	3	6
2	6	3	5	1	7	8	4	9
1	4	8	3	6	9	5	7	2
3	1	5	7	9	4	2	6	8
6	8	4	1	2	5	7	9	3
7	9	2	6	8	3	4	1	5

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1. Danger; 2. Permit;
3. Private; 4. Siren

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DID YOU KNOW

TRIVIA TEST

1. MOVIES: What 1997 movie starred actors Helen Hunt and Jack Nicholson?
2. MYTHOLOGY: What was the unusual feature possessed by Sleipnir, the horse belonging to the chief Norse god Odin?
3. LANGUAGE: What is meant by the French term "l'èse-majesté"?
4. TELEVISION: What was the name of the headmistress in "The Facts of Life"?
5. POETRY: Who wrote the poem "Nothing Gold Can Stay"?
6. ANIMAL KINGDOM: What is the only kind of food that a silkworm will eat?
7. LEGAL: If someone dies "intestate," what does that mean?
8. CHEMISTRY: What is the symbol for the element tungsten?
9. CHILDREN'S STORIES: How many trips does Jack make to the Giant's castle in "Jack and the Beanstalk"?
10. DISCOVERIES: What did 17th-century scientist William Harvey discover about the human body?

SPORTS QUIZ

1. Name the last pitcher to lead the American League in ERA for the season with a mark of 2.00 or less.
2. Which major-league pitcher had the most losses during the decade of the 1990s?
3. In 2009, Greg Schiano became the fourth person to coach 100 football games at Rutgers. Name any of the first three to do it.
4. Since it became an official stat in 1973-74, who have been the shortest players to lead the NBA in blocked shots per game for a season?
5. Name the only current NHL head coach (at the end of the 2009-10 season) to have been with his team longer than Nashville's Barry Trotz (11 seasons).
6. In 2010, Didier Defago of Switzerland became the oldest man to win the Olympic downhill skiing event. How old was he?
7. Earlier in 2010, golfer Tommy Armour III tied a Champions Tour record for lowest score in relation to par. What was his score?

ANSWERS

1. "As Good as It Gets" 2. Eight legs 3. Crime against a ruler 4. Edna Garrett 5. Robert Frost 6. Mulberry leaves 7. Without a will 8. W 9. Three 10. The role of arteries and veins in the circulation of blood

ANSWERS

1. Pedro Martinez had a 1.74 ERA for Boston in 2000. 2. Andy Benes, who had 116 losses (versus 125 wins) in the '90s. 3. Harvey Hamman (1938-41, 1946-55), John Bateman (1960-72) and Frank Burns (1973-83). 4. Ben Wallace (.35 blocks per game in 2001-02) and Andre Kirilenko (.33 bpg in 2004-05) are both listed. 5. Lindy Ruff of Buffalo (12 seasons). 6. Thirty-two years, 136 days. 7. Eleven-under 61.

My Stars ★★

FOR WEEK OF MAY 10, 2010

ARIES (March 21 to April 19) A seemingly stalled romantic situation could benefit from your reassurance that you want this relationship to work. And if you do, use a tad more of that irresistible Aries charm.

TAURUS (April 20 to May 20) Going to new places and meeting new people appeals to both the Taurean's romantic and practical side. After all, you never can tell where those new contacts can take you. Right?

GEMINI (May 21 to June 20) That career-change opportunity that didn't work out when you first considered it could come up again. But this time, remember that you have more to offer and should act accordingly.

CANCER (June 21 to July 22) There could be some tensions in relationships -- domestic or workaday. But a calm approach that doesn't raise the anger levels and a frank discussion soon will resolve the problem.

LEO (July 23 to August 22) It's a good idea to begin preparing for that career change you've been thinking about for a while. Start to sharpen your skills and expand your back-ground to be ready when it calls.

VIRGO (August 23 to September 22) Bless that Virgo skepticism that has kept you from falling into traps others seem to rush into. But you might want to give a new possibility the benefit of the doubt, at least on a trial basis.

LIBRA (September 23 to October 22) Traveling and career are strong in your aspect. Perhaps your job will take you to someplace exotic. Or you might be setting up meetings with potential clients or employers. Whatever it is, good luck.

SCORPIO (October 23 to November 21) Someone might use deception to try to push you into making a decision you're not fully comfortable with. But those keen Scorpio senses should keep you alert to any such attempt.

SAGITTARIUS (November 22 to December 21) Romance dominates this week when Cupid spears the Archer, for a change. Positive things also are happening in the workplace. Expect important news to arrive by the week's end.

CAPRICORN (December 22 to January 19) Anyone trying to bully the Sea Goat -- whether it involves a personal or a professional matter -- will learn a painful lesson. Others will also benefit from the Goat's strong example.

AQUARIUS (January 20 to February 18) Congratulations. With things going the way they are, you should be able to spare some time and take a break from your hectic schedule for some well-earned fun and games.

PISCES (February 19 to March 21) Your sharp Piscean intuition should be able to uncover the true agendas of those who might be trying to catch the Fish in one of their schemes.

BORN THIS WEEK: Your flair for innovative art and design keeps you at least a step ahead of most everyone else.

THIS WEEK IN HISTORY

- On May 14, 1796, Edward Jenner, an English country doctor, administers the world's first vaccination as a preventive treatment for smallpox. Scientists following Jenner's model developed new vaccines to fight diseases such as polio, whooping cough, measles and tetanus.

- On May 10, 1877, President Rutherford B. Hayes has the White House's first telephone installed in the mansion's telegraph room. Hayes embraced the new technology, though he rarely received phone calls. The White House phone number was "1."

- On May 12, 1932, the body of aviation hero Charles Lindbergh's baby is found, more than two months after he was kidnapped from his family's Hopewell, N.J., mansion. Kidnapping was made a federal crime in the aftermath of this high-profile crime.

- On May 11, 1947, the B.F. Goodrich Company of Akron, Ohio, announces it has developed a tubeless tire. While Goodrich awaited approval from the U.S. Patent Office, the tubeless tires underwent high-speed road testing. Within three years, the tubeless tire came standard on most new automobiles.

- On May 13, 1958, during a goodwill trip through Latin America, Vice President Richard Nixon's car is attacked by an angry crowd and nearly overturned while traveling through Caracas, Venezuela. President Eisenhower dispatched U.S. troops to the area to rescue Nixon, and the vice president left Venezuela ahead of schedule.

- On May 16, 1968, Donald E. Ballard, U.S. Navy Corpsman, is awarded the Medal of Honor for action in Quang Tri Province, Vietnam. While directing the removal of a wounded man, an enemy soldier tossed a grenade into the group. Ballard vaulted over the stretcher and pulled the grenade under his body. The grenade did not go off.

Nevertheless, he received the Medal of Honor for his selfless act of courage.

- On May 15, 1982, "Ebony And Ivory," a duet by Paul McCartney and Stevie Wonder, takes the top spot in the Billboard Hot 100. This continued the pop-music trend of pairing successful duos, such as Barbra Streisand and Neil Diamond, and Diana Ross and Lionel Richie.

STRANGE BUT TRUE

- It was Pulitzer Prize-winning American author John Steinbeck, best known for "The Grapes of Wrath" and "Of Mice and Men," who made the following sage observation: "The writer must believe that what he is doing is the most important thing in the world. And he must hold to this illusion even when he knows it is not true."

- If you're planning a summer trip to Maine, you won't want to miss the stunning tourist attraction to be found on Peaks Island. There you'll find an entire museum devoted to housing a rather extensive collection of umbrella covers.

- In the United States, January is the least popular month for weddings.

- If you've never heard of the quagga, don't blame yourself. The creature, once found on the plains of Africa, has been extinct since 1883. An odd-looking creature, this subspecies of zebra was once thought to be half-zebra, half horse. Though the front part of its body had the zebra's stripes, those stripes faded out mid-body and the rest of the equine looked remarkably like a common horse.

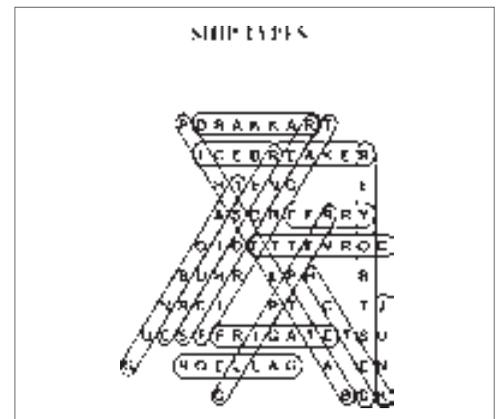
- It's been claimed that 19th-century English naturalist Charles Darwin devoted eight years to studying the lowly barnacle.

- We all know that the day after Thanksgiving is commonly known as Black Friday, thanks to all the crowds seeking out deals on Christmas gifts, but have you ever wondered how it got that name? It seems that the moniker originated back in 1965 when the Philadelphia police department came up with the name after having to deal with the traffic jams and shopping crowds.

THOUGHT FOR THE DAY

"Everybody believes in something and everybody, by virtue of the fact that they believe in something, use that something to support their own existence." -- Frank Zappa

PUZZLE ANSWERS



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SR 9/5 N TFN

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SR 4/23 B TFN

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SR 4/23 B TFN

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SR 4/30 B TFN

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RS 5/7 V 5/28

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SR 9/30 D TFN

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RS 5/7 N 5/7

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SR 4/28 N TFN

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SR 1/30 B TFN

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SR 8/6 N TFN

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Steps from the beach. 1 bdrm/1 1/2 bath, AC/heat, full kitchen, laundry. \$3,500/mo + tax Jan-Mar, neg.off-season. Call for availability. 239-738-3021 SR 1/9 B TFN

SANIBEL ARMS 2/2

First floor condo, completely redone - kitchen/bath/appliances/furniture - November 2005. TVs/DVDs, internet, pool/clubhouse. Just a few steps to beach. Weekly/Monthly/Seasonal Call owners: 401-253-2511 SR 1/26 M TFN

East End. 1/2 Duplex. Walk to beach - near Causeway. 2-1 completely remodeled. Deck, new kitchen, bath and tile. Call Bob 410-692-0200

RS 3/12 V TFN

ANNUAL RENTAL

PROPERTIES AVAILABLE

For a complete list visit our Website www.remax-oftheislands.com Call Dustyn Corace, RE/MAX of the Islands 239-472-2311 RS 10/9 B TFN

ANNUAL RENTAL

Two bed/ two bath unfurnished ground floor condo off Kelly Road. Close to Sanibel and Fort Myers Beach. Annual lease \$875/mo. Six month lease also avail. Pets under 25 lbs. OK. Call 851-3506. SR 1/29 N TFN

SANIBEL EAST END HOME

Heated pool, Gulf access Grd. level 2BR/2BA Unfurnished 239-395-1786 SR 3/12 A TFN

SANIBEL ANNUAL RENTAL

Single family home in wonderful, quiet, natural development west end of Sanibel. Large landscaped lot one home away from beach with private beach path. 3-4 bedrooms (most with private porches), 3 baths, large open living area, kitchen open to large dining area, screened porch off living/dining areas. Laundry room on main floor features second fridge. House has elevator & two-car garage. Community has several pools, tennis courts & lovely natural lagoons. \$5,300/mo. + util. Annual rental only. Call 917-680-4440. RS 4/9 M 5/14

CUSTOM HOME, PRIVATE, river view, guest loft with sun porch, pool, tennis, beach. No smoking or pets. Available monthly beginning April. 405-210-2341 or 405-307-8949 SR 1/8 M TFN

ANNUAL RENTAL WANTED

WANTED: ANNUAL RENTAL

Looking for great tenants for your Sanibel house? I have the best! They need an unfurnished 3BR, 2BA, roomy house w/garage or parking underneath. 239-472-4823 RS 5/7 V 5/28

HOUSING NEEDED

ISLAND NONPROFIT EMPLOYEE SEEKS affordable June - September housing or housesitting job. Nonsmoker, clean, will maintain grounds. Call 310-909-7943 leave message. RS 5/7 ? 5/14



READ THE RIVER ONLINE:

www.IslandSunNews.com

click on Read the River

GARAGE/YARD SALES

GARAGE SALE MAY 8

8:30 a.m. to Noon Multi-family Garage Sale. Lots of great stuff. NO EARLY BIRDS. Yucca Court in Gumbo Limbo, Sanibel (off of Dixie Beach Blvd) RS 5/7 A 5/7

EAST END GARAGE SALE

Mattresses, TV's, Home Decor. All Must Go! Saturday, May 8 and Sunday May 9, if there's anything left. 1097 Skiff Place, Sanibel 8:30 a.m. to 12:30 p.m. SR 5/7 P 5/7

YARD SALE

Saturday, May 8, 8:30 a.m. Lotsa Stuff, old and new, in all shapes and sizes! Bargains Galore! 1167 Sand Castle Road, Sanibel (the Dunes) SR 5/7 M 5/7

GARAGE SALE

We are moving soon and everything must go! Sale date is Saturday, May 15, 8 a.m.- 2 p.m., 1105 Sand Castle Road in The Dunes, Sanibel. Many household items for sale. SR 5/7 V 5/14

MOVING SALE

MOVING SALE MAY 12-18

Our Dunes home on Sanibel has sold and we are selling many like-new items. Living room and family room sofas, chairs, tables, lamps, and cabinets. Queen bed, dressers, end tables, plus many other quality items including refrigerator, TV, area rugs, floor air conditioner, generator, and golf clubs. By appointment only, starting May 12. Call Beata at 720-514-1097 or toll free 877-307-7467, or email custompin2@aol.com. We can email you pictures and set up an appointment. SR 5/7 B 5/14

HELP WANTED

HELP WANTED

The Bailey-Matthews Shell Museum is looking for a part-time (3 days/week 4-5 hours/day) Facilities Supervisor with demonstrated experience and skills for routine maintenance, minor repairs, and painting. The Museum is an Equal Opportunity Employer and complies with the regulations of the Americans with Disabilities Act. Contact Jose H. Leal at 239-395-2233 or email at jleal@shellmuseum.org

SR 5/7 B 5/7

Spring For A Solar Pool Heater



by Laura Zocki Puerto,
LCEC Public Relations
Specialist

Although the calendar says it's spring, the temperature in your pool may still feel like winter. Keeping the temperature in your pool comfortable for swimming on chilly spring days and year round is easy, but can get costly if your pool heater is an energy guzzler.

To save money on energy costs, LCEC energy advisors say there are advantages to installing a solar pool heater. With no additional operating costs after the system is purchased and installed, the "free" heat provided by the sun does the work of heating the pool for you. Within three years, the return on your investment kicks in, according to the Florida Solar Energy Center (FSEC).

The key to a quick return of your money is to retain the heat in your pool by using a pool cover, especially at night when temperatures drop and heat is drastically lost.✱

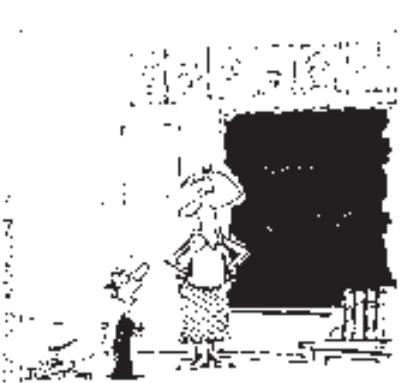
Send your
editorial copy to:
press@riverweekly.com

8					1			4
		6	4				8	
	3			5		9		
		9	2					6
	6			1		8		
1			3		9		7	
3			7			2		
		4		2			9	
	9				3			5

SUDOKU

To play Sudoku:
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 33



SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

12 letters: **ANERGD** _____

5 letters: **MIREPT** _____

Exclusive: **AIRVEPT** _____

Alarm: **INSER** _____

TODAY'S WORD

It doesn't seem right that we pick 50 candidates for Miss America, but only pick two to run for

answer on page 33



Emergency.....911
 Lee County Sheriff's Office.....477-1200
 Florida Marine Patrol.....332-6966
 Florida Highway Patrol.....278-7100
 Poison Control.....1-800-282-3171
 HealthPark Medical Center.....1-800-936-5321
 Ft. Myers Chamber of Commerce.....332-3624
 Foundation for Quality Childcare.....425-2685
 Ft. Myers Beach Chamber of Commerce.....454-7500
 Fort Myers Beach Library.....463-9691
 Lakes Regional Library.....533-4000
 Lee County Chamber of Commerce.....931-0931
 Post Office.....1-800-275-8777
 Visitor & Convention Bureau.....338-3500

ARTS
 Alliance for the Arts.....939-2787
 Arts For ACT Gallery & Studio.....337-5050
 Art League Of Fort Myers.....275-3970
 Barbara B. Mann Performing Arts Hall.....481-4849
 BIG ARTS.....395-0900
 Broadway Palm Dinner Theatre.....278-4422
 Cultural Park Theatre.....772-5862
 Florida Repertory Theatre at the Arcade.....332-4488
 Florida West Arts.....948-4427
 Fort Myers Symphonic Mastersingers.....472-0168
 Gulf Coast Symphony.....489-1800
 Harmony Chorus, Charles Sutter, Pres.....481-8059
 Naples Philharmonic.....239-597-1111
 The Schoolhouse Theater.....472-6862
 S.W. Florida Symphony.....418-0996
 Theatre Conspiracy.....936-3239
 Young Artists Awards.....574-9321

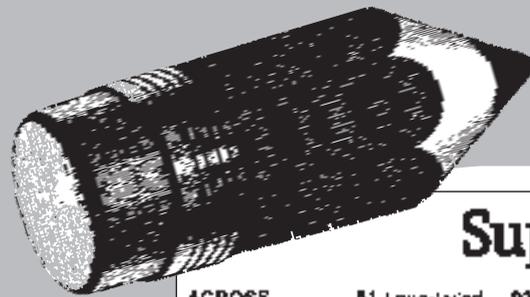
CLUBS & ORGANIZATIONS
 Angel Flight.....1-877-4AN-ANGEL
 Animal Refuge Center.....731-3535
 American Business Women Association.....463-1221
 Audubon of SWFL.....339-8046
 Audubon Society.....472-3156
 Caloosahatchee Folk Society.....677-9509
 duPont Company Retirees.....454-1083
 Edison Porcelain Artists.....415-2484
 The Horticulture and Tea Society.....472-8334
 Horticultural Society.....472-6940
 Lee County Genealogical Society.....549-9625
 Lee Trust for Historic Preservation.....939-7278
 NARFE (National Active & Retired Federal Employees).....482-6713
 Navy Seabees Veterans of America.....731-1901
 Paradise Iowa Club of SWFL.....667-1354
 Southwest Florida Fencing Academy.....939-1338
 Southwest Florida Music Association.....561-2118

Kiwanis Clubs:
 Fort Myers Beach.....765-4254 or 454-8090
 Fort Myers Edison.....694-1056
 Fort Myers South.....691-1405
 Gateway to the Islands.....415-3100
 Iona-McGregor.....482-0869

Lions Clubs:
 Fort Myers Beach.....463-9738
 Fort Myers High Noon.....466-4228
 Estero/South Fort Myers.....898-1921
 Notre Dame Club of Lee County.....768-0417
 POLO Club of Lee County.....477-4906
 Rotary Club of Fort Myers.....332-8158
 Sanibel-Captiva Orchid Society.....472-6940
 United Way of Lee County.....433-2000
 United Way 211 Helpline (24 hour).....211 or 433-3900

AREA ATTRACTIONS
 Bailey-Matthews Shell Museum.....395-2233
 Burrough's Home.....337-9505
 Calusa Nature Center & Planetarium.....275-3435
 Edison & Ford Winter Estates.....334-3614
 Fort Myers Skate Park.....321-7558
 Imaginarium Hands-On Museum & Aquarium.....321-7420
 JN "Ding" Darling National Wildlife Refuge.....472-1100
 Koreshan State Historic Site.....239-992-0311
 Okego Bay Foundation Marine Science Center.....765-8101
 Skatium.....321-7510
 Southwest Florida Museum of History.....321-7430

If you would like your club/organization listed in
The River Calling Card, phone 415-7732



BEACH CHAIR PASTIME

Answers page 34

Super Crossword FOR THE BIRDS

- ACROSS**
- 1 Sagan or Sandburg
 - 5 Swarm sound
 - 9 Montana city
 - 14 Monterey Mrs.
 - 17 '58 Pulitzer winner
 - 18 Piece of fencing?
 - 19 He was "The Thing"
 - 21 Paper part
 - 22 WREN
 - 25 Brood neighbor
 - 26 For (cheaply)
 - 27 Camo Costello
 - 28 — Na Na
 - 29 Mascagni opera
 - 30 Poul Wilcox
 - 33 Longhorn's bird
 - 37 African antelope
 - 39 LARK
 - 44 "The Optimist's Daughter" author
 - 45 Bonanza material
 - 46 Cave esk or Miral
 - 47 Victrolaise woggo
 - 49 Tip one's topper
 - 51 Long-tailed parrot
 - 54 Sanford of "The Jeffersons"
 - 56 Scandinavian city
 - 59 Griffin greeting
 - 61 Foot
 - 63 Missouri airport abbr.
 - 64 Valuable instrument
 - 66 Stove sight
 - 67 Screenwriter Nora
 - 70 El
 - 72 Dash
 - 73 Sarah — Jewell
 - 74 Inland sea
 - 75 QUAIL
 - 78 Dupravity
 - 79 Easy slide
 - 80 Bit of gossip
 - 81 Parenthesis shape
 - 82 Physicist Fermi
 - 84 Coiset part
 - 85 Alfredo ingredient
 - 87 British big shot
 - 88 Monsiari's "The Cruel"
 - 90 Tulsa commodity
 - 91 Cheat at ride-and-seek
 - 92 Proportus
 - 95 Sweetheart
 - 98 Turn over
 - 101 Dancer's dress
 - 103 Invasion
 - 105 Frankfurter's field
 - 106 Rent
 - 109 CRANK
 - 113 Church official
 - 114 Oriental staple
 - 115 Big rig
 - 116 "Chain"
 - 117 Actress Hagen
 - 119 Pharaoh character
 - 122 To a material
 - 126 Be important
 - 127 PARTRIDGE
 - 133 Actor Novella
 - 134 Kindle
 - 135 Heat burn?
 - 136 Time for a sandwich
 - 137 According to
 - 138 German part
 - 139 Racing logrod
 - 140 Guy Fri.
 - DOWN**
 - 1 — Grande, AZ
 - 2 FBI workers
 - 3 "Man" (84' 10")
 - 4 Not as foxy
 - 5 Neighbor of Gor
 - 6 Prosperous times
 - 7 Non-noc-chalant?
 - 8 Hat
 - 9 Crank's comment
 - 10 Swiss canton
 - 11 Explosive initials
 - 12 Goller's gadgets
 - 13 Avod
 - 14 DUCK
 - 15 Toonay or Philby
 - 16 Iowa city
 - 20 Musly
 - 21 Japanese religion
 - 23 Hard on the eyes
 - 24 Astrology term
 - 31 Brown or Bacter
 - 32 Vind center
 - 34 Gorduroy ridge
 - 35 Writer Rogers St Johns
 - 36 Formerly known as
 - 38 More of "Ia"
 - 39 One who no's best?
 - 40 Distinctive period
 - 41 — room
 - 42 Swiger Elliot
 - 43 Beta noun
 - 48 Adorable Australian
 - 50 Tenor Coralli
 - 52 One of the Judds
 - 53 Topsy-turvy state
 - 55 Coalition
 - 57 Play ground?
 - 58 Bedding
 - 60 Al'arge
 - 62 Word with dog or slate
 - 65 "Never on Sunday" star
 - 66 Good humored
 - 67 Amateur
 - 69 CARDINAL
 - 71 Anaconda for one
 - 74 As well
 - 76 Pursup
 - 77 Coffee pots
 - 83 Ring counter
 - 86 Andreoli or Cuomo
 - 88 Fiber source
 - 91 Swamp stuff
 - 93 "Death of a Salesman" son
 - 94 Pao
 - 96 Ryan's "Love Story" co-star
 - 97 But
 - 98 Fluffy female
 - 100 Crime writer Cain
 - 102 PC key
 - 104 SHAFT commander
 - 107 "The March King"
 - 108 Whale
 - 110 Stamping ground
 - 111 TV award
 - 112 Strauss city
 - 113 Debouair
 - 116 — colfee
 - 118 Energy source
 - 120 One of a pair
 - 121 South Seas novel
 - 123 New Mexico resort
 - 124 John of "Roots"
 - 125 Expected back
 - 128 Bossy's chew
 - 129 Sugary sulfur
 - 130 Guys
 - 131 College growth
 - 132 Empower

King Crossword

- ACROSS**
- 1 UK TV network
 - 4 King last of
 - 7 9-Down for one
 - 11 Came to earth
 - 13 Corroded
 - 14 "The Long Song"
 - 15 Address
 - 16 Chapter
 - 17 Note from the boss
 - 18 Rosemary's partner?
 - 20 Bound
 - 22 Toy episode
 - 24 Fasteners
 - 28 Gaudin' an' a
 - 32 Otherway
 - 33 Full-time brand
 - 34 Revolver to
 - 35 M. J. M. horse god
 - 37 Dynamite constant
 - 39 Author Ze
 - 41 Sow
 - 43 Egg and Syr once
 - 44 Acid
 - 46 Roshers
 - 50 "Exit"
 - 52 Freedom for sport
 - 54 Willy Wonka's reader
 - 55 Chess piece
 - 57 Victory sign
 - 58 On the "Meatloaf"
 - 59 "Keweenaw"
 - 60 Headline but
 - 61 Explanation
 - DOWN**
 - 1 — women's
 - 2 — son
 - 3 Medicine
 - 4 Metropolis
 - 5 And others that
 - 6 Free-must eat sailing ship
 - 7 Home of the Buccaneers
 - 8 Regret
 - 9 Rhode Island
 - 10 Tokyo's old name
 - 12 Subaru or Hiperex
 - 19 Conger, eq
 - 21 W. Smith
 - 23 Greta Greta
 - 25 Wench
 - 26 Jock
 - 27 Use a teaspoon
 - 28 Haps
 - 29 Rabbid
 - 30 Catherine
 - 31 Ram's male
 - 35 Ostrich ke
 - 36 Bunting
 - 40 Gony
 - 42 Battered attack
 - 45 "Oda"
 - 47 Beauty
 - 48 "The Cosby Show" role
 - 49 Garbage
 - 50 Seal
 - 51 — Sea
 - 52 Postwar
 - 54 Foundation

MAGIC MAZE • SHIP TYPES

M K I E D A X V T Q O M J H I
 C A Y P D R A K K A R T R W U
 R P N L (C C L B R E A K E R) J
 H F D B Z H T F N O X V I F T
 R Q O M K A S O B E F E R R Y I
 H E D B O I O F T T E V K O C
 Z Y W R U H R V I P H T A R R
 Q O N R C I N I P I K C C E J
 I C S E F E R I G A I E T S U
 G H I N O L I F A G D A C I N
 A Z N W V C U S R Q O N B D K

1. Battle ship
 2. Clipper
 3. Corvette
 4. Cruiser
 5. Destroyer
 6. Drakkar
 7. Fairy
 8. Freboat
 9. Figate
 10. Galeon
 11. Gurobat
 12. Icebreaker
 13. Junk
 14. Kelch
 15. Schooner

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-OR-

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Beads \$27.00 & up



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South Ft. Myers, FL 33919

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The Fussy Female

239-590-0922