

Antique Car Show At Estates



Antique Car Show 2009

The Edison & Ford Winter Estates continue the celebration of Thomas Edison's birthday by hosting the Antique Car Show on Saturday, February 6 from 10 a.m. to 2 p.m.

The show is included in the price of admission to the estates, or a separate ticket for \$5 may be purchased to attend the car show that is staged at Henry Ford's Winter Estate, The Mangoes. Estates members are admitted free.

Nearly 100 antique cars will be on exhibit from local car clubs and other classic car owners who will showcase their cars on the Ford lawn in a fitting tribute to the legacy of Henry Ford, pioneer of the automobile industry and a winter resident of Fort Myers. Owners will be on hand to visit with guests and answer questions.

In addition to the car show, other programs during the day include:

- Model T tour and lecture with estates staff and car owners at 11 a.m. and 1 p.m.

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Mrs. Edison's Hymn Sing To Help The Hungry

Mrs. Edison's Hymn Sing on Tuesday, February 9 at the First Presbyterian Church in downtown Fort Myers will celebrate the Edison Festival of Light and help feed the hungry. The church is at the corner of Second and Lee streets. Admission is free but cash donations and canned goods will be accepted for The Soup Kitchen, operated by Community Cooperative Ministries, Inc.

It's the 21st year of the hymn sing, which is organized and sponsored by the Galloway Family of Dealerships. Three performances are planned at 1 p.m., 4 p.m. and 7 p.m. The doors will open 30 minutes prior to each performance.

"Ladies and gentlemen, we desperately need your help. The need for food is absolutely critical this year and seems to be ongoing for the near future. Love your fellow neighbor. Attempt to do what God would do and want you to do. Show me a man

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First Presbyterian Church stained glass

Glorious! Debuts In Fort Myers

Theatre Conspiracy will open the hilarious and musically tone deaf comedy *Glorious!* (The true story of Florence Foster Jenkins, the worst singer in the world) at the Foulds Theatre on February 5 at 8 p.m. Directed by Bill Taylor and written by Peter Quilter, *Glorious!* is about an unlikely and ill-fitting diva, set in the America of the 1940s.

This Southwest Florida premiere is a heart warming new comedy that highlights the improbable but true story of a phenomenally talentless eccentric. Jenkins (1868 -1944) was an American soprano and socialite who became famous for her complete lack of rhythm, pitch, tone, and overall singing ability. Despite her lack of ability, Jenkins was firmly convinced of her greatness. She became tremendously popular and was the toast of New York in the 1940s. Her credo was, "People may say that

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Florence Foster Jenkins

Leading Researcher Gives Optimistic Update On Kanzius Cancer Project, Appeals For Continued Funding

Introduction by Jim George

In an exclusive update to the The River Weekly, Dr. Steven Curley, chief research scientist for the John Kanzius cancer research project at the MD Anderson Cancer Research Center in Houston, has provided the details of the status of the project in order that local residents see the progress that has been made. The River Weekly has provided continuous coverage of the project over the past five years which has generated significant interest in the technology. Many local residents have financially supported the research.

Kanzius, who died in February 2009, developed a radio wave device that destroys cancer tumors by heating gold nanoparticles embedded inside them. The device works on the principal that while radio waves pass harmlessly through the body, they "cook" any metals in their path. The key advantage of the system compared to treatments such as chemotherapy is that it can "precisely target" gold nanoparticles placed inside the cancerous cells, so the tumor is destroyed while healthy tissue is left unharmed.

by Steven A. Curley, MD, FACS Professor of Surgery;
Chief, Gastrointestinal Tumor Surgery, MD Anderson Cancer Research Center

We currently have a laboratory group consisting of 13 people. This will increase with the addition of another two post-docs who will be joining the lab over the next three to four months, as well as the addition of another PhD with expertise in molecular biology and cancer cell targeting. I am also working to recruit a full-time PhD to replace Dr. Cherukuri and we will be interviewing some excellent candidates with expertise in bioengineering, chemistry, and nanoparticle generation over the next two months. I hope to have somebody in place for this position by summer of 2010.

The laboratory is almost completely self-sufficient at this point. We purchased a new dynamic light scattering (DLS) unit which allows us to measure accurately the size and charge of nanoparticles. This includes nanoparticles alone or nanoparticles that are

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Historic Downtown Fort Myers, Then And Now: Oak Trees, A Church, And A School

by Gerri Reaves



Today, Second Street and Royal Palm Avenue is one of the prettiest and most soothing of downtown intersections, thanks to the towering oak trees.

Those remaining historic trees along Second witnessed the great changes that have come to the intersection over the last century. They've seen the demise of all the buildings that appear in this undated photo, and they have seen new buildings replace the old.

Was the oak tree in the historic photo a younger version of the one that welcomes churchgoers at the First Presbyterian Church today?

What could be more conducive to spiritual and contemplative state of mind than the sight of those trees as one walks up the church steps?

The three-story brick building in left of the historic photo opened in 1914 as the "new" Gwynne High School to accommodate the overflow of students from the nearby Gwynne Institute.

Its short life as a high school ended less than a decade later, when the yellow brick Lee County High School (also known as Fort Myers High School) was built farther south at Thompson Street and Royal Palm.

The school on the corner subsequently served as a junior-high and then a middle school. Later renamed the Crescent Building, it was demolished in 1976.



When this undated photo was taken, only young trees lined the south side of the intersection at Second Street and Royal Palm Avenue. Left to right are the 1914 Gwynne High School (later a junior-high and middle school and eventually renamed the Crescent Building), the first permanent home of the First Presbyterian Church, and the church manse.

photo courtesy of the Southwest Florida Historical Society



A veritable cathedral of oaks distinguishes the front of the church on Second Street today. This church was built in the late 1950s. The southeast corner (left) where the brick Gwynne School once stood is now a parking lot.

photo by Gerri Reaves

Today the site is a parking lot.

Across Royal Palm Avenue from the school is the first permanent home of the First Presbyterian Church, on the southwest corner. That somewhat diminutive church is visible just left of the oak tree.

Although the institution had formally organized in 1901, it wasn't until 1911 that it bought its first sanctuary, Fort Myers' most historic church building, the former First Methodist Church, built circa 1882.

By the time the Presbyterians purchased their new home from Carl F. Roberts in 1911, the small sanctuary had been dismantled and relocated to a spot near this intersection in 1904 by its second owners, a band of Holiness worshippers.

As part of the business deal, Roberts moved the building to the corner of Royal Palm and Second, as seen in the historic photo. The intersection was very much in flux at that time, for he was in the process of developing and opening Royal Palm Avenue.

That historic church, as well as the two-story frame manse next door to it (right center), was demolished in the late 1950s, to clear the way for the First Presbyterian Church that exists today.

Walk down to Second and Royal Palm, where students once went to school and churchgoers worshipped in their very own "new" third-hand church.

Then visit the Southwest Florida Museum of History at 2031 Jackson Street, where you can see the exhibit Tutankhamun: Wonderful Things from the Pharaoh's Tomb. Ask about volunteer opportunities and check out the schedule of escorted day trips.

For information, call 321-7430 or go to swflmuseumofhistory.com. The museum's hours are 10 a.m. to 4 p.m., Tuesday through Saturday.

Continue your historical research at the Southwest Florida Historical Society at 10091 McGregor Boulevard, where you can explore family and local history and buy tickets for the February 15 Annual Cracker Dinner.

Call 939-4044 or drop by on Wednesday or Saturday, 9 a.m. to noon.

Sources: *The Story of Fort Myers* by Karl H. Grismer, fmh.leschools.net, and the archives of the Southwest Florida Historical Society.*



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Celebrate Thomas Edison's Birthday This Month At The Estates



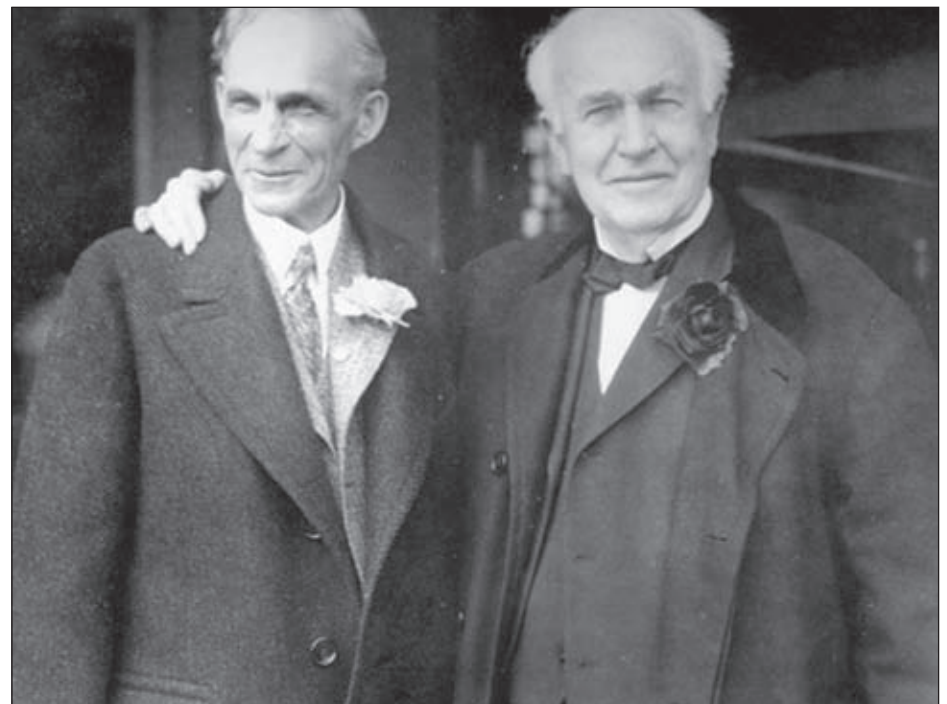
Edison and Hoover stroll Fort Myers street

For more than a century, Southwest Florida has celebrated the February 11 birthday of Thomas Edison with a month of activities and events to commemorate the inventor's life, his home and his laboratory in Fort Myers.

In fact, the celebration of Edison's birthday began during his lifetime when friends from around the world would come to visit with the famous inventor at his winter estate in Fort Myers and join in with other activities such as a lighted community parade (Edison Festival of Light Parade), dances and neighborhood gatherings.

Today, his Fort Myers estate is one of the top 10 most visited historic home sites in America and won the 2009 Award of Excellence from the National Trust for Historic Preservation for the recent restoration of the site.

The Edison & Ford Winter Estates in Fort Myers continues the tradition with Edison's birthday month events and collaborations. The estates are open on Edison



Henry Ford and Thomas Edison

Festival of Light Parade day, February 20, to tour his home, laboratory and gardens before the parade.

- Sneak Peeks of the Edison and Ford Homes - February 4, 11, 18 and 25, 10:30 a.m.

Behind the scenes lecture tours inside the homes and laboratory that include areas not open to regular tours. These unique tours are offered at no cost for estates members and \$40 for non-members. Lunch will be served following the tour for \$15 per person.

- Estates Antique Car Show - February 6, 10 a.m. to 2 p.m.

Tour the estate of Edison's neighbor Henry Ford and see over 100 antique cars for \$5 with special programs throughout the event.

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Mardi Gras

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From page 3

Edison's Birthday

- Edison's 163rd Birthday Party – February 11, 10 a.m.
Celebrate Edison's birthday with staff, distinguished guests and Edison Park Elementary School students who will perform music from the Edison era. The performance begins at 10 a.m. with cake to follow. Free and open to the public.
- Edison in Southwest Florida Book Signing – February 11, 10 a.m.
Authors will be available throughout the morning to sign their books.
Authors include: Tom Smoot, Jr., *Edisons of Fort Myers*; John Sheppard, *One Man's Family in Early Fort Myers*; and Alan S. Maltz, Florida's official nature photographer, whose new book, *Visions of Beauty, Fort Myers, Sanibel & Beyond*, includes beautiful photographs of Edison's home and Southwest Florida.
- Brunch with Mrs. Edison – Living with a Genius - February 12, 11 a.m.
Storyteller, writer, playwright and professional actress, Nan Colton will bring to life the remarkable Mina Edison with unforgettable tales.
Brunch will be served in the estates gardens. There will be a silent auction of hats. Estates members are \$50, non-members \$60.
The estates is open daily from 9 a.m. to 5:30 p.m. For information call 334-7419 or visit www.efwfla.org.



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Friends Of Matanzas Pass Annual Meeting

Attend the annual meeting of the Friends of Matanzas Pass Preserve and find out more about this little bit of heaven right here on Fort Myers Beach.

The meeting will be held on Tuesday, February 9 at the Bay Oaks Community Center at 5 p.m. Refreshments will be served and, following a short business meeting, Roger Clark, Land Stewardship/Coastal Areas manager for Lee County Department of Parks & Recreation, will speak on Matanzas Pass Preserve – the Past, Present and Future.

The Friends is an independent volunteer organization that works with Lee County Department of Parks and Recreation for the maintenance and preservation of the Matanzas Pass Preserve. The mission of the group, "dedication to the preservation, protection and enhancement of the natural and fragile beauty of the preserve; creation of a legacy for future generations" tells it all. Many hours of volunteer work have helped ensure and enhance the natural beauty of the preserve.

If you haven't visited the preserve, which is just a little off the beaten track, you'll find it has much to offer. Fewer than .2 miles from Estero Boulevard you'll discover peace, quiet, and lots of nature. A 1.25-mile trail, just past

the newly historically certified Historic Cottage, includes trails and boardwalk to help you take in the view of Estero Bay and discover 60 acres of unsurpassed natural habitat.

To review the volunteer opportunities and to find out more about joining the Friends, visit the Web site: friendsofmatanzaspaspreserve.org.



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Nineteen past presidents of the Fort Myers Woman's Community Club attended the annual White Tea

Past Presidents Gather For Annual White Tea

The Fort Myers Woman's Community Club recently hosted its annual White Tea honoring the past president at the Burroughs Home.

The Community Club's next meeting will be March 11 at 6:30 p.m. with the Night of Relaxation held at Vincent Salon and Day Spa.

The club has served the community for 82 years.

"Our purpose is to support and encourage the cultural and social life and to advance the civic welfare of Fort Myers. We are steeped in tradition while trying to meet the needs of today's woman," said Sandee Foster, president.

To learn more about Fort Myers Woman's Community Club visit the Web site www.fmwcc.com.

Art Workshops

Artist Greg Biolchini has announced his February workshops. All workshops run from 9 a.m. to 4 p.m. and are held at his spacious riverfront studio located at 81 West North Shore Avenue, North Fort Myers.

February 13 to 16 (four days),
Paintings from Photos You Love – Pastel, \$240

February 18 to 22 (five days),
Fundamentals of Painting with Pastels, \$300

February 24 to 27 (four days), The Classic Portrait from Life – Pastel, \$290, model fee included. Participants can expect to learn this direct approach to portrait painting from a model with pastel as both a dry and wet medium. The motivation will be on getting a likeness, color and flesh tone mixing, backgrounds, and composition.

Each day will begin with a two- to three-hour demonstration focusing on the principles of portrait painting in pastel. Participants are encouraged to ask questions at all times including during the demos.

After lunch, participants will paint from the model. During this time, Biolchini will go around to each painter, offering suggestions focusing on their individual needs.

For more information call 910-6088 or email the artist at biolchinistudio@yahoo.com.



Kathryn Palmer and Jody Hendry, both former past presidents

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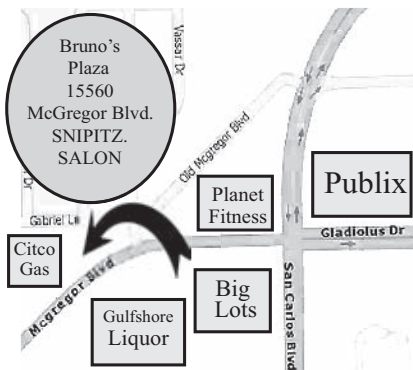


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Along The River



The Valentine's Day package at Hotel Indigo is \$109 for two adults

Hotel Indigo in the downtown River District is offering a Valentine's Day package. Reserve a standard king room for two adults on the night of Saturday, February 14, and receive strawberries and champagne upon arrival. The price is \$109 plus tax. Upgrades to suites are available for an additional charge.

Hotel Indigo is located at 1520 Broadway, Fort Myers. For reservations, call 337-3446.

Adel's Hair Design and Ursula's Hair Design have announced their February special. Receive 10 percent off on all hair services at their new location at Snipitz. Salon, 15560 McGregor Boulevard, Fort Myers in Bruno's Plaza.

In addition to English, Adel speaks Portuguese and Spanish while Ursula speaks German.

Call Adel at 454-3683 or Ursula at 462-1075 to schedule an appointment.



Greg Biolchini's *Jana*, pastel, was featured in *The Pastel Journal* Sept-Oct 2001

Drawing on over 30 years of teaching experience and insights, **Greg Biolchini** focuses on the process of painting. It is the obvious pleasure Biolchini takes in sharing his painting process with fellow artists that makes his workshops and demonstrations so popular.

Biolchini teaches workshops in pastel, oil and acrylic as well as in *plein air* and portraiture. His February workshops are taught at his Riverfront Studio in North Fort Myers:

- Portrait Demo – Oil, February 6, 1 to 4 p.m.
- Oil - The Classic Portrait From Life, February 8 to 12, 9 a.m. to 4 p.m.
- Paintings from Your Photos You Love – Pastel, February 13 to 16, 9 a.m. to 4 p.m. with critique on February 28, 3 to 5 p.m.
- Fundamentals of Painting with Pastels, February 18 to 22, 9 a.m. to 4 p.m.
- The Classic Portrait From Life – Pastel, February 24 to 27, 9 a.m. to 4 p.m.

For more information, call 910-6088 or go to www.biolchini.com.

The Sandy Butler Restaurant and Market is providing guests with a variety of choices for Valentine's Day dining and shopping.

On Valentine's Day, Chef Michael Ragusa is serving a special four-course brunch for \$22 per person. The first course is a mixed berry parfait with mascarpone mousse. For the second course, guests may choose either a chocolate waffle with strawberry syrup or Bananas Foster pancake. The three choices for the third course include quiche Lorraine, eggs Benedict or spinach Florentine omelet with Gruyère cream sauce. For the fourth course, guests will be served a chocolate fudge brownie with raspberry sauce and vanilla ice cream. Brunch is available from 11 a.m. to 3 p.m.

For a four-course Valentine's Day dinner, Chef Ragusa will offer a chilled strawberry soup with mascarpone cream and chocolate shavings or potato cheddar ale soup topped with crispy pancetta for the first course. The second course includes a choice of a wedge salad or baby field greens with roasted red beets and pecan-encrusted goat cheese tossed in raspberry vinaigrette. The third course features three choices: a surf and turf entrée which includes Maine lobster tail and filet mignon with a choice of peppercorn sauce or Béarnaise sauce; lobster ravioli in a lobster sherry cream sauce; or bouillabaisse with lobster, shrimp, scallops, clams, mussels and grouper in a tomato broth. The fourth course is flourless chocolate cake with vanilla bean ice cream. The cost is \$50 per person. Dinner is available from 5 to 9 p.m.

For reservations, call The Sandy Butler Restaurant at 482-6765, ext. 1.

On Tuesday, February 16, the **Bar Association Bistro and Lounge** is having an all day Mardi Gras party. Owners Ron Kopko and Mark Solomon have scheduled two stilt walkers who will be throwing beads from the courtyard. They are also giving away hats, masks and wigs and are serving Cajun food and speciality drinks from 11 a.m. to close.

The Bar Association Bistro and Lounge is at 1609 Hendry Street in historic downtown Fort Myers. Call 334-8080.✪

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From page 1

Mrs. Edison's Hymn Sing



Mina Edison

Galloway, who originated the hymn sing in 1989, said he wanted to do something to honor Mrs. Mina Edison during the Edison Festival celebration.

"We hear a great deal about the wonderful work of Thomas Alva Edison but we don't do a lot to honor his wife who also volunteered a great deal of her time and talent to making Fort Myers what it is today," Galloway said.

This year's event will feature the First Presbyterian Sanctuary Choir and many other singers, including members of the Mastersingers, guest soloists and an orchestra and a piano-organ combination.

Mrs. Edison's Hymn Sing is sponsored by the Galloway Family of Dealerships and is open to all denominations. To accommodate the large crowd expected, closed circuit televisions also will be set up in the church's Fellowship Hall and the chapel.

For more information or directions to the church, call 334-2261 or visit www.fpcfortmyers.org.

From page 1

Antique Car Show

- Live music
- Henry and Clara Ford leading informal tours throughout the event
- Food served on the Ford cottage terrace

A portion of the proceeds will benefit the restoration of the antique car collection of the states.

For more information call 334-7419 or visit www.efwefla.org.

or woman who has not needed a helping hand in his or her life," said organizer Sam Galloway, Jr.

"Rising unemployment and the downturn in our local economy have caused many of our neighbors to ask for food to feed their families for the first time in their lives. Our director has told me, 'Sam, I cannot tell you who, but people are coming for groceries whom you and I know.' We can't allow our neighbors and friends to be hungry. Please - we need our community to get together and help with all the canned goods they can."



Greg Biolchini
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www.Biolchini.com

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Fort Myers South Kiwanis Elects New Officers



Megan Marquardt with husband Tom

The Kiwanis Club of Fort Myers South held its installation banquet for 2010 officers at Whiskey Creek Country Club. Awards were also given to club members for their support in service to the community.

The individuals who took office include: Rachel Toomey as club president; Todd Adams as secretary; and Max Hackenyos as treasurer. Toomey is media buyer at Priority Marketing, Adams is president of Mills-Price & Associates and



Fort Myers South Kiwanis 2010 Officers Max Hackenyos, Todd Adams and Rachel Toomey.

Hackenyos is a retired engineer.

The club also inducted Megan Marquardt of Finemark National Bank & Trust and Kim Barrera of Priority Marketing as new club members.

The club is looking for more service-minded individuals and business professionals who would like to make a direct impact on the community through volunteering. Meetings are held every Tuesday at 7:15 a.m. at Edison State College.

For details on joining the Fort Myers South Kiwanis club, call Toomey at 940-3893 or e-mail her at Rachel.Toomey33@gmail.com.*



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Galloway Soup Kitchen Benefit Set For March 2

Menu donors for this year's Sam Galloway Jr. & Friends 7th annual Soup Kitchen Benefit have been announced.

This year's event will be held on Tuesday, March 2 at the Sam Galloway Ford dealership located off of Boy Scout Drive, Fort Myers. Cocktails will be served at 6 p.m. followed by dinner at 7:30. Maestro Andrew Kurtz will be conducting the Gulf Coast Symphony Orchestra with a patriotic music selection.

This year's menu, which is donated in-kind by local restaurants and individuals, includes appetizers from Victor and Kathy Mayeron of the Mucky Duck and Will and Andrea Prather of The Broadway Palm Dinner Theatre; barbecue chicken, cole slaw and sauce from Bill and Sally Davis of Hickory Bar-B-Que;

Fried shrimp and cheese grits from John and Paul Browning of 3 Fishermen Seafood Restaurant; pork barbecue and swamp cabbage from Wesley and Deanna Hansen; gourmet meatloaf and mashed potatoes from JG Webster's Catering and Jordan Webster; Fried Chicken from Steve Sexton of the Alva Diner; Sunshine Gumbo from Harry and Sandy Silverglide and the Sunshine Seafood Café;

Blackeye peas and rice, cornbread and hot pepper sauce from Bill and Janice Barnwell of The Farmer's Market Restaurant; collard greens from the Soup Kitchen; macaroni and cheese and okra

and tomatoes from Kim and Jack Avery of The Main Event Catering; homemade cookies from Uncle Charlie's Cookie Ministry and award-winning handcrafted white, milk and dark chocolates, mini fresh shortcakes with vanilla infused red fruits and whipped cream courtesy of Mary and Norman Love of Norman Love Confections.

The goal of this annual event is to raise as much money as possible for area residents in need.

"More of our friends and neighbors have lost or know of someone who lost their job and some have been out of work so long, there's no money left in their savings," said Sam Galloway, Jr. "They literally don't know where their next meal will come from."

Galloway wants to ensure that programs remain in place to help Southwest Florida's growing population of hungry be able to find a nutritious meal. Seven years ago, he gathered friends in the local restaurant community and beyond to donate their time and services towards a community fundraiser for local homeless and hungry. The event has grown to over 600 guests who come together for one evening each year in the service department of Galloway Ford.

Last year, the event sold out and raised a record \$500,000 for Community Cooperative Ministries, Inc. (CCMI), the umbrella agency for the Soup Kitchen and Food Pantry, Meals on Wheels, Senior Transportation, the Montessori Preschool of Dunbar and Family and Homeless Services.

The Soup Kitchen serves a noontime meal six days a week to men, women,

and children. In addition, CCMI prepares and delivers nutritious packaged meals and beverages for the homebound hungry, offers a food pantry and mobile food pantries that provide emergency groceries to families in need, serves two nutritious meals a day for the children in its Montessori Preschool and oversees a backpack program for local schoolchildren who would otherwise receive little to no food on weekends.

"Over 68 percent of LeeCounty students are on a free or reduced cost lunch program, an indicator of the number of families who are struggling," said Sarah Owen, CEO of CCMI.

The agency is refocusing its efforts towards a customer choice-centered model for long-term hunger elimination with its EveryDay Cafe concept. Currently food is not easily available to working poor women, children and others who, research shows, are a larger portion of

the hungry than the chronic or urban homeless.

Monies raised last year helped roll out Southwest Florida's first mobile food pantry last summer that fed over 20,000 individuals. The mobile food pantry (named Miss Mavis after local Mavis Miller who donated the first \$1,000 toward the mobile pantry) is a 34-foot beer delivery tractor-trailer donated by the Mitchell Family converted into a rolling distribution center. The truck made weekly stops at local schools including Orange River, Tice Elementary, Bonita Springs Elementary, Lehigh Elementary and Hector Cafferata Elementary in Cape Coral over the summer.

Tax-deductible sponsorship opportunities are available from \$5,000 and tickets are \$150 each. For more information or tickets, visit www.ccmileecounty.com or call CCMI at 332-7687 ext. 107.✳

From page 1

Glorious! Debuts In Fort Myers

I cannot sing, but no one can say that I didn't sing."

She sold out Carnegie Hall for her concerts while the public roared with laughter. Produced around the world, *Glorious!* has brought the same reaction from audiences everywhere.

Peter Quilter's plays have been translated into 18 languages and produced in 27 countries around the world. He has had two plays in London's West End and hit shows in major cities, including Cape Town, Prague, Amsterdam, Helsinki, Toronto, Warsaw, Rio de Janeiro and Chicago.

Glorious! plays February 5 to 20 on Thursdays, Fridays and Saturdays at 8 p.m. with one Saturday matinee at 2 p.m. on February 6. Tickets are \$22 and \$10. Opening night February 5 will be "pay what you will." Thursdays February 11 and 18 are "buy one get one half price" nights. To make reservations call the box office at 936-3239.✳

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More Zumba At Bay Oaks

Zumba has been a huge hit at Bay Oaks Recreation Center on Fort Myers Beach. It is so popular that Bay Oaks will be offering two classes. In addition to Tuesday night at 6:30 p.m., Zumba will also be offered on Thursday night at 6:30 p.m. The cost for each class is \$5 for non-members and \$4 for members.

The Zumba program fuses Latin rhythms and dancing and easy-to-follow moves to create a one-of-a-kind fitness program that you won't believe. Zumba participants achieve long-term benefits while experiencing an exciting hour of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life.

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OBITUARY



PHYLLIS and IRWIN R. BOGEN

Irwin R. Bogen, 87, died January 23, 2010 at Cypress Cove in Fort Myers. He was born in Brooklyn, New York and resided in Hewlett Harbor and Manhattan before moving to Sanibel Island and then to Cypress Cove.

He was a sergeant in the U.S. Army in WWII. An avid tennis player, art collector, businessman and philanthropist, he was known for his sense of humor and voracious appetite for books. He was active in the BIG ARTS and served on the board of SW Florida Symphony. He was pre-deceased by his wife of 68 years, Phyllis, and survived by his children Leslie, Russell (Beth), Janice, and his admiring grandchildren Steven and Jason Winkler, Sonja Field and William.

A memorial service will be held Sunday, February 28 at 3:30 p.m. at Temple Beth-El, 16225 Winkler Road, Fort Myers.

In lieu of flowers, the family requests donations to Sanibel Captiva Conservations Foundation, 3333 Sanibel-Captiva Road, Sanibel, FL 33957 (sccf.org) or Arthur Ashe Tennis Foundation, 4842 Ridge Avenue, Philadelphia, PA 19129 (ashtennis.org).✽

From page 10

Churches/Temples

WORD OF LIFE CHURCH:
2120 Collier Ave, Fort Myers, 274-8881;
Services: Sunday 10 a.m.;
Wednesday 7 p.m.

Bishop Gaspar and Michele Anastasi
ZION LUTHERAN CHURCH:
7401 Winkler Road, Fort Myers,
481-4040, Pastor, Steve Hess
Sunday Services: 8 a.m. traditional;
9:30 a.m. contemporary; 11 a.m. blendings.
Sunday school, 9:30 a.m.✽

Our email address is
press@riverweekly.com

OBITUARY



FREDERICK W. KOPFLOW

Frederick W. Kopplow II passed away January 31, 2010 at Gulf Coast Hospital after a brief illness.

Fred was born in Evanston, Illinois but moved to Michigan at an early age. He resided at Gull Lake, Michigan for many years before moving to Sanibel in 1984.

In high school he was an outstanding track and basketball star. As an active member of the Boy Scouts, he achieved the highest rank of Eagle Scout.

Upon graduation from high school he entered the navy and served for three years during World War II in the South Pacific. He was a chief boatswain's mate on an LST.

He was a graduate with a BS degree from Western Michigan University where he was a member of Delta Upsilon fraternity.

Survivors include his loving wife of 53 years, Sally Wise Kopplow, their children Fred III and his wife Lisa of Cincinnati, Anne Durbin and her husband Dan of Cape Coral, four grandchildren, Morgan and Ryan Durbin, twins Freddy IV and Abby Kopplow.

Fred had an engaging personality to all who knew him. He was a devoted family man who adored his wife, children and grandchildren.

A memorial service will be held this summer in Michigan.✽

**Unitarian
Universalists**

The Unitarian Universalist Church of Fort Myers is presenting a six-part program exploring the history and dynamics of the changing Unitarian Universalist (UU) faith. Participants will explore UU identity within the context of the history and heritage of Unitarianism and Universalism.

Our Unitarian Universalist Story will be held at the church from 6:30 to 8 p.m. Thursdays, February 18 through March 25. It will be co-led by the Rev. Elena Rigg and Dr. Donald Routh.

This program uses readings, group discussions and activities to focus on the history and heritage of Unitarian Universalism, personal spiritual values, individual experience and current theological trends and issues.

The program is free and open to the public. Participants should register in advance at the church, located at 13411 Shire Lane, Fort Myers (just off Daniels Road), phone 561-2700.✽

**Genealogist
To Speak**

On February 18 from 1 to 3 p.m. Wesley Memorial United Methodist Church presents Skeletons in Our Closets: Researching a Family Scandal. The program will be presented by professional Genealogist Robin B. Seidenberg, a member of Genealogical Speakers Guild.

Enjoy an intriguing tale of wealth, romance, betrayal, jealousy and murder. After investigating rumors of an old family scandal that took place during the Roaring '20s in Chicago, Seidenberg uncovered a sensational story that made newspaper headlines across the entire nation.

Refreshments will be provided as well as a lot of good fellowship.

The church is located at 4141 DeLeon Street in Fort Myers. Check the Web site at GenHelp@LCGSFL.org. for information and directions.✽

**Agency Appoints
Bookkeeper**

Amy Newton has joined Community Cooperative Ministries Inc. (CCMI) as bookkeeper.

Newton has over 15 years experience in office management and bookkeeping. She most recently served as office manager for ABC Court Reporting in Amityville, New York.

Newton holds an associates degree in business administration from State University at Farmingdale, New York.

CCMI is the umbrella agency for the Soup Kitchen and Food Pantry, Meals on Wheels, Senior Transportation, the Montessori Preschool of Dunbar and Family and Homeless Services. CCMI serves Fort Myers and the greater Lee County area, including Bonita Springs, Cape Coral and Lehigh Acres. For more information visit www.ccmileecounty.com or call 332-7687.✽

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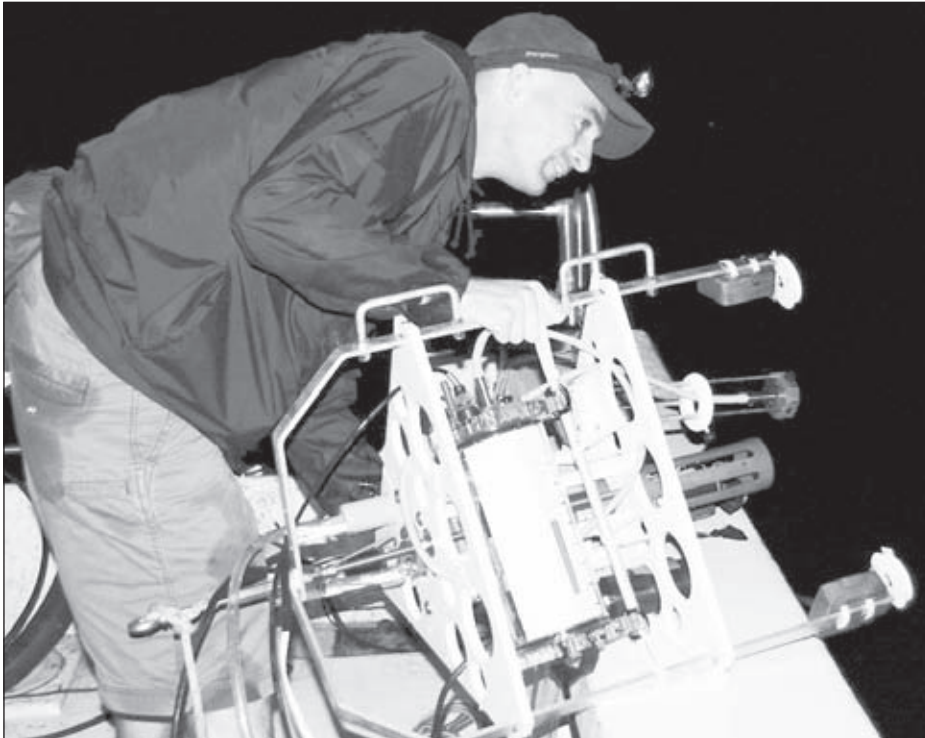


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Researcher To Discuss Caloosahatchee 'Lunar Lander'



University of South Florida graduate student Greg Ellis recovers the sampling tripod with instruments that take measurements and collect plants living on the river bottom

Dr. Greg Tolley's "lunar lander" doesn't settle on the surface of the moon but rather on the floor of the Caloosahatchee River. This electronic device measures parameters such as water temperature, salinity, and color. Dr. Tolley's interest is in the larval

stage of fishes, a distinct juvenile form many animals undergo before becoming adults. The larva's appearance is different than the adult phase and they often live in environments that are very different than their adult counterparts.

At 2 p.m. on February 10, the Shell Museum will host Dr. Tolley, a former shell museum trustee and professor of marine science at Florida Gulf Coast University. Dr. Tolley will present a program titled, The Importance of Freshwater In-flow To Coastal Ecosystems; the Goldilocks Approach.

"Larvae respond very quickly to changes in the environment, sometimes within hours," said Tolley, the founding Director of Florida Gulf Coast University's Coastal Watershed Institute. "This characteristic makes them ideal for this type of study," he added.

The research is designed to determine the ideal mix of freshwater in the river and the best timing for the release of fresh water from Lake Okeechobee. He will describe how the timing, amount and



Brooke Denkert and Marijke Noens, graduate students at FGCU, wait for sun to set before sampling zooplankton off Sanibel

quality of freshwater delivered to estuaries can influence the physiology of estuarine organisms, the structure of oyster reefs, and zooplankton assemblages. The importance of oyster reefs as essential fish habitats will also be addressed.

Tolley received the Knight Fellowship in Marine Science at the University of South Florida, where he received his doctoral degree. He chairs the advisory board of the Florida Institute of Oceanography

and is a member of the advisory committee for the Rookery Bay National Estuarine Research Reserve and of the Conservation and Research Advisory Committee of The Florida Aquarium.

The lecture is free with museum admission. Call Diane Orvis Thomas at 395-2233 with any questions regarding the program.*

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Captiva Island

Sailing Singles

The First Friday Happy Hour of Sailing Singles of Southwest Florida is at 5 p.m. on February 5 at Harbourside Grill, Marinatown Way, North Fort Myers.

Regular meetings are on the third Thursday each month at Bonita Bill's Restaurant under the Fort Myers Beach bridge, at 7 p.m.

The February 18 guest speaker is Gerald Canning of H&R Block on Tax Tips and Info. Bring your tax questions.

Call Diane at 463-0993 or log onto www.sailing-singles.net for location or more information.

Everyone is welcome.*

at the CREW Marsh Trails the first and third Tuesdays of each month through April for all ages from 9 a.m. to noon. The hike is free, although donations to support the trust's preservation efforts are appreciated. Call 657-2253 for reservations. Hikers are encouraged to bring water and wear old shoes.

Full Moon Hike February 26

Come to the CREW Marsh Trails as the sun sets and explore the CREW trails with senses other than sight. Flashlights with a red beam setting are welcome, but the moon will light the way. Hikers are encouraged to bring water to drink and wear hiking shoes, long pants and long sleeves. Fee is \$3 for CREW members, \$5 for non-members. All proceeds will be used to support the trust's preservation efforts. Reservations are required by calling 657-2253 or email bthomas_crew@earthlink.net.

The CREW Marsh Hiking Trails and the CREW Cypress Dome Hiking Trails are open to the public from sunrise to sunset every day. Trail maps and a self guided trail brochure are available at the trailhead.

From Fort Myers, travel east on Martin Luther King Jr. Boulevard (State Road 82) 20 miles and turn right on County Road 850. The Marsh Trails are two miles southwest on the left and the Cypress Dome Trails are 16 miles southwest on the left. Brown road signs mark each parking lot.

For more information on the organization or the trails visit the Web site at www.crewtrust.org.*

Guided Hikes At CREW

The following guided hikes are offered at CREW (Corkscrew Regional Ecosystem Watershed):

February 13: Saturday Morning Guided Hike - The CREW Land & Water Trust hosts a hike at the CREW Marsh Trails on the second Saturday of each month through April for all ages from 9 a.m. to noon. The hike is free, although donations to support the trust's preservation efforts are appreciated. Call 657-2253 for reservations. Hikers are encouraged to bring water and wear old shoes.

February 2 and 16: Tuesday Morning Guided Hike - Guided hikes are offered

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CROW Case Of The Week: Brown Pelican



by Brian Johnson

Several calls came into CROW on December 27, 2009 about a brown pelican with a slashed pouch at the docks around Punta Rassa.

Later that afternoon island residents Tony and Marissa Rizzo were cleaning their boat at Jensen's Marina on Captiva when they spotted what may have been the same bird.

"There were a whole bunch of pelicans there, but we noticed this one with a huge gash," said Marissa.

They alerted Stephen Safranek, a Jensen's employee, who brought over a large net, towel, and cage.

Tony Rizzo tossed a frozen fish in the water, and soon the group of pelicans were competing for the morsel. Together Rizzo and Safranek tried to hold back the other pelicans and isolate the injured one. After about 10 minutes they were able to net the bird and haul him in.

They transferred the pelican to the carrier, and the Rizzos drove him to CROW. "He was very feisty in the cage," she said.

"There was blood everywhere in the

carrier and on the bird," said Veterinarian Dr. PJ Deitschel, who admitted him at the clinic. "The curved tip at the end of his top beak had broken in the carrier, and hung at a ninety degree angle to the side."

Everyone was surprised at the strange sight of the bird's displaced beak and wondered what on earth could possibly be done.

Ever innovative and intuitive, Dr. PJ popped the tip of the pelican's beak back into place. "Let's not bump it!" she said.

"The bird was quite rambunctious and stressed," said Dr. PJ. "The gashes in the pouch were huge but we'd seen worse."

Staff gave the seven-pound pelican pain medication, anti-inflammatories, subcutaneous fluids, and Yunnan Paiyou to reduce the bleeding. They took a radiograph to make sure he had not swallowed a fish hook.

The following morning the bird was still in a wild mood, but they were able to place him the tub where he could scoop herring out of the water without putting pressure on the tip of his beak.

"For our students and volunteers it was enlightening," said Dr. PJ. "The instant reaction was to suture the pouch in order for him to eat."

When Dr. PJ arrived at CROW in 1998 it was the practice at the clinic to suture ripped pouches even though the suture line often opened. But one case turned logic on its head and give them a new treatment strategy. After three surgeries failed to securely sew up a pelican's pouch, Dr. PJ decided to let the bird try to heal on his own. It worked –



Brown pelican with a slashed pouch

the skin contracted around the large hole, and eventually the pouch was restored to full working condition.

"Their pouches are very elastic," said Dr. PJ. "With supportive care, there is usually no need for surgery."

In the wild, pelicans probably sustain minor gashes on a regular basis from the hazardous business of swallowing dozens of fish. Major gashes, however, very likely compromise their ability to hunt, and may be fatal. Supportive care at CROW – eating fish out of a tub or bowl – allows them to maintain normal nutrition levels while they heal.

On January 3, CROW staff moved the pelican to an outdoor cage, where

he flew beautifully between the platforms on either side of a large pool. Dr. PJ's improvisational treatment for his beak had succeeded, and they had no further problems with it.

CROW released the bird with a group of other pelicans on January 21.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from the Gulf Coast of Florida. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: www.crowclinic.org.

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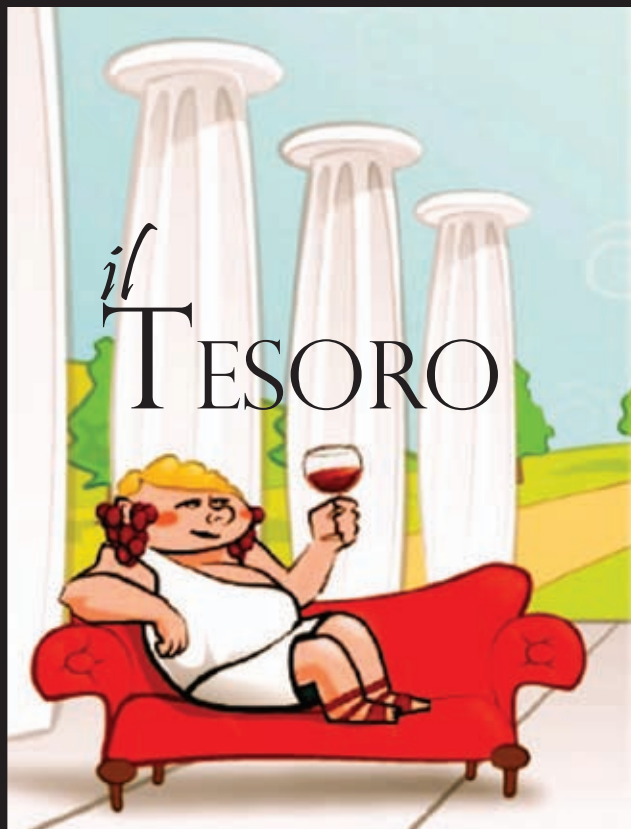
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A Photographic Legacy

by Di Saggau



It's called the book John James Audubon would have made if he had used a camera. I'm referring to *Waterbirds* by photographer Theodore "Ted" Cross. The 344-page volume is part visual encyclopedia, and part memoir of a nearly half-century pursuit of birds. It could well be the most gorgeous book of bird photography in print, with spirited storytelling that spans four decades and four continents in one man's journey of capturing on camera the world's most beautiful birds.

Cross told me, "It's a labor of love, designed partly for my children and grandchildren to encourage their love of nature and of these remarkable water birds. The birds are extraordinarily beautiful, they do magnificent acrobatics in the air, and they are very courageous in



Theodore Cross

the sense that some of these little guys can fit in a teacup and migrate 8,000 miles every year from Patagonia to the Arctic. One of these birds is the red knot, which is among the many featured in the book. This bird lives seven years and in that time it flies the distance of the moon, so it's a very impressive little guy."

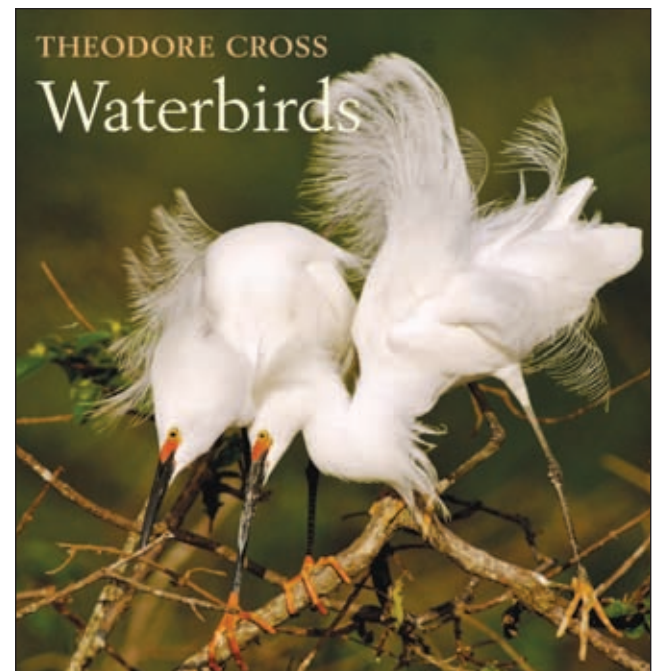
To capture the 179 color photos in the book, Cross traveled to Siberia, Christmas Island in the South Pacific, India and beyond. It's the quality of the photos that makes *Waterbirds* unique.

"They show birds at peak action rather than sedentary pictures. The birds are flirtatious, imperial, ill-tempered, courageous, outrageous and even comical. The text is an intimate personal relationship of my feelings about birds. The memories of them help me accept the brevity of the time that lies ahead."

Cross, who is 85, had to fend off KGB agents in 1989. "The pink gull nests in an area of Eastern Siberia, right in the middle of Stalin's death camps. The Russians are very sensitive about having people in that area, especially people with cameras. A KGB agent had to go with me, but a guide said the agent would leave as soon as he saw the gigantic mosquitoes in the area. He was absolutely right. The first sign of the mosquitoes the KGB agent took off."

Cross comes to Sanibel every year with his wife and two dogs. He introduced his daughter Amanda and her late husband Torpey to the area. Cross always visits "Ding" Darling. "I go every morning if the weather is decent. It's

continued on page 30



Snowy egrets

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Commercial Fishing Fleet Tour

Ostego Bay Foundation Marine Science Center is offering commercial fishing fleet tours on San Carlos Island.

The three-hour tour, which is held every Wednesday morning, includes a one-and-one-half-hour tour of the

Marine Science Center and a one-and-one-half-hour guided tour of the \$100 million commercial fishing industry, which includes Erickson & Jensen Supply House, Trico Shrimp Company and Beach Seafood.

Experience firsthand how the boats are unloaded, the trawl doors are built, the shrimp nets are hand-sewn, the seafood is processed and other important

continued on page 15

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Trout The Best Action Right Now



by Capt. Matt Mitchell

This week fishing was a vast improvement over what it has been. Not only has the water temperature warmed up to mid-60s the majority of the dead fish that were

floating around all over the bay have either sunk to the bottom or washed out to sea on the tide. It's still hard to forget the devastating cold water snook kill we just had as I have not caught a snook in weeks, even by accident. This time of year I always catch a few snook while throwing jigs or targeting redfish against the mangroves and oyster bars.

Trout and redfish fishing were consistent all week with lots of trout caught every time out. When I was able to locate the redfish, action was good with five or

six taken out of one spot before moving on. The reds were all on the smaller side with rats measuring 16-20 inches on average. The area around Foster's Point on North Captiva held some much bigger reds but I was just not able to get them to eat a bait.

Trout was without a doubt the best action in town this week. Even when not trying to catch trout while targeting mangrove shorelines for redfish, there they were.

I have been catching the trout with a few different methods depending on the water depth I'm fishing them in. Throwing soft plastic jigs on the flats has been a no-brainer with trout caught on almost every cast. Shallower flats and edges seem to be holding the largest numbers of trout with the fish running 14 to 20 inches. In deeper water a live shrimp fished close to the bottom has been the better method.

I did make it out a few miles offshore one day this week on a charter targeting sheepshead. Most of our nearshore reefs are starting to load up with these tasty fish. We did not have a great day due to windy conditions but did manage about 10 nice keepers. One sunken barge out

a few miles from Redfish Pass was the hot spot of the trip with the bite going off for about 20 minutes before shutting down.

We caught some other mixed bag fish including grunts, flounder, red grouper and mangrove snapper. This run and gun reef fishing can really be a blast as you never know what you're going to find. What amazed me while offshore was the lack of the usual bait and birds over the reefs. I think the cold really pushed all the bait out to deeper, warmer water.

Just a heads up to all you grouper fishermen, both recreational and commercial: fishing on the species closed February 1 and will stay closed through March 31. Closing this recreational fishery does not make any sense at all. With such strict limits on grouper already set for the recreational angler what's the point? With commercial fishing responsible for roughly 95 percent of all total grouper taken in the gulf, just close commercial and give us recreational guys a chance.

Then to make it even worse for us recreational types out there, they lowered the minimum size of red grouper for commercial fisherman from 20 inches to 18 inches. How can that help anyone but the commercial guy?

Capt. Matt Mitchell moved to Sanibel in 1980 and has fished local waters for more than 25 years. He now lives in St. James City and has worked as a back country fishing guide for more than 10 years. If you have comments or questions email captmattmitchell@aol.com.✱



Eric Selck with a big trout caught throwing soft plastic jigs

Send Us Your Fish Tales

The River Weekly would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the River Weekly, 16450 San Carlos Boulevard, Suite 2, Fort Myers, Florida 33908, or email to RiverWeeklyNews@aol.com.

From page 14

Fishing Fleet Tour

factors in this unique industry. The cost is a donation of \$15 per adult, \$10 per child and children under the age of five are free.

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Our email address is press@riverweekly.com

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Vince Giordano

Band Returns By Popular Demand

Vince Giordano and The Nighthawks bring their classic big-band sounds to BIG ARTS Schein Performance Hall Saturday, February 13 at 8 p.m.

In his 30 years as a bandleader, Giordano has become the authority on recreating the sounds of 1920s and '30s jazz and popular music. His love of re-creating the music has led to performances at the Smithsonian, Carnegie Hall, the JVC Jazz Festival, Lincoln Center, and the Breda Jazz Festival in Holland. Described by one critic as a "poet of the jazz repertory frozen by time... the authenticity of the music coupled with his firsthand knowledge of the original material provides him with insights, experiences, and an integrity that is unique to the musical world."

Giordano also lent his talents to *Bix: An Interpretation of a Legend* (RCA), the original soundtrack from the 1990 film. He was typecast as a bass player in Sean Penn's band in Woody Allen's *Sweet and Lowdown*, and he and the band are featured in Gus Van Sant's film, *Finding Forrester*.

A critic from the *New York Sun* called The Nighthawks "the undisputed masters of syncopated sounds from the pre-swing era, a period when even the much-disparaged "sweet bands" were incredibly innovative."

Tickets are \$46 loge, \$41 floor, and \$15 student.

Vince Giordano and The Nighthawks concert patron sponsor is Ocean's Reach Gulf Front Condominiums Resort.

To purchase tickets stop by BIG ARTS, 900 Dunlop Road or call the Marks Box Office at 395-0900.*



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Florida Printmakers Invitational

Members of Florida Printmakers, will be displaying works in the Alliance for the Arts main gallery February 5 to 27. An opening reception will be held on Friday, February 5 from 5-8 p.m. to celebrate selected artists and their contributions to the art of printmaking.

Florida Printmakers is a national organization of artists whose mission is to promote the art of printmaking through exhibitions and print exchanges between its members.

Curated by Lise Drost, president of the organization and chair of the Art and Art History department at the University of Miami, this exhibition will show the range of imagery being used by contemporary print artists.

The exhibition will feature several printmakers including Lise Drost as one of the artists as well as Jonathan Thomas, who teaches in the Miami printmaking program.

There will also be works by local printmakers: Browne, Collins, Owen, Rohl, Rutherford, Tyler and Yeomans. All artworks will be for sale.

The Alliance for the Arts is at 10091 McGregor Boulevard just south of Colonial Boulevard, Fort Myers. Visit www.ArtInLee.org for more details.*



Silkscreen collage and mixed media by Lisa Drost

BRAVO! Ballet Returns To Area



Scene from *Swan Lake*

BRAVO! Ballet returns to Fort Myers Sunday, March 14. Dancers from the world-renowned New York City Ballet will take the stage at Cypress Lake Center for the Arts at 3 p.m. to perform excerpts from a wide variety of pieces from the New York City Ballet repertoire. The program will showcase the works of George Balanchine and Jerome Robbins, two of the world's most celebrated choreographers, including excerpts from *Swan Lake*, *Le Corsaire*, *Don Quixote*, *The Four Seasons*, and *Who Cares*.

Tickets are available at the Barbara B.

Mann Performing Arts Hall Box Office, www.bbmanna.com, or by calling 481-4849. Prices range from \$45 to \$65 for general seating. Patron tickets are \$150 and are available at bravoballet@gulfshoreballet.org. Patron benefits include center orchestra seating, reserved parking and a post-performance party with the dancers. Proceeds from the evening will benefit Gulfshore Ballet, the area's only non-profit classical ballet school.

For more information, contact Jan Egeland at 472-2146 or 220-9918.*

Wind Orchestra Concert At FGCU

Florida Gulf Coast University Bower School of Music's Wind Orchestra will perform a concert conducted by associate professor and head of Instrumental Music Rod Chesnutt, with guest conductor Jean-Philippe Allard. The concerts begins at 7:30 p.m. Thursday, February 11 in the Student Union ballroom and is free and open to the public.

Allard is conductor of the Wind Orchestra at the Conservatoire de Musique in Aulnay, France, where he also serves as the assistant director of the Conservatoire.

The performance also features guest faculty artist William Larsen. In addition to his position as adjunct instructor of flute at FGCU, he serves as the principal flautist with the Southwest Florida Symphony. The FGCU Wind Orchestra performs works by contemporary composers Morricone, de Meij, Giroux, Plog, Camphouse and Wilson. For more information call 590-1086.*

A Family Musical Comedy At Off Broadway Palm Theatre



Kevin T. Murphy, Anne Freres, Scott Moreau and Erin Dickerson

by Di Saggau

The new show at the Off Broadway Palm Theatre, *Are We There Yet?*, takes the audience on a fun ride that looks at the trials and tribulations of what it means to be a family. There are at least 25 scenarios that focus on everything from marriage, to babies, first prom, growing old, and just about everything in between. The cast consists of Erin Dickerson, Anne Freres, Scott Moreau and Kevin T. Murphy. Together they provide a great evening of upbeat, musical entertainment, playing numerous parts and different ages.

Here are a few of my favorite scenes: *Baby Rap*, featuring Murphy dressed up like a baby, in diapers, using a rattle microphone; *Batting Zero* with Dickerson and Freres as little league moms cheering on their sons; *Waiting for Jennie*, a dance recital with Moreau as the proud father and Freres at the dance instructor. My favorite is 'Cause *I'm a Mommy*, about the juggling skills of a supermom, sung with great enthusiasm by Freres.

Are We There Yet? sends a strong message that life is a journey and we need to enjoy the ride. The musical covers nearly all the possible family plights, including the overprotective dad, the acceptance of a gay couple, a daughter looking for her birth mother and a man confronting the early stages of dementia. Direction is by Paul Bernier and choreography by Amy Marie McCleary.

For tickets call 278-4422, or log onto www.broadwaypalm.com. The show runs through March 7 at the Off Broadway Palm Theatre, 1380 Colonial Boulevard in Fort Myers.*

Free Beach Weddings For Valentine's Day

For the second year in a row Deborah Temirlioglu with An Unforgettable Wedding, will be performing free beach weddings at Bowditch Point Park, Fort Myers Beach. This event will take place on Sunday, February 14. The first intimate wedding will begin at 9 a.m. and ceremonies will be offered every half hour until 4 p.m. by appointment.

For those dreaming of a sunset event Temirlioglu will be offering one group ceremony at 4:30 p.m. Each couple will receive one digital portrait provided by Lila's Photo and Designs. For those participating in the 4:30 p.m. group ceremony, Ken Whiteside from Southwest Florida White Doves will be doing a massive white dove release.

For more information and to reserve a space visit www.AnUnforgettableWedding.com or call 283-6000. All couples must have a marriage license and photo ID.

Bowditch Point Park is located at 50 Estero Boulevard. A parking fee of \$1 per hour applies and spaces are limited.

Consider parking at the Main Street Parking area on the north side of the Matanzas Pass Bridge and riding the trolley to Bowditch Point.*

Chamber Concerts At UU

The February 14 Signature Chamber Concert at Unitarian-Universalist Church of Fort Myers, features Michael Baron at the piano and Paul Votapek on clarinet in a program of classical masterpieces. Both musicians are members of the faculty of the Bower School of Music at Florida Gulf Coast University.

On February 28, Adam Satinsky and Friends will perform works for strings by Dohnanyi, Bach and Beethoven. Daniela Shtereva, violin; Geoffrey Day, violin; Glenn Loontjens, viola and Adam Satinsky on cello are a well-known group of Southwest Florida musicians.

Concerts begin at 3 p.m. Tickets purchased in advance are \$17, at the door, \$20. One \$8 student ticket covers all siblings in a family when accompanied by at least one adult. Call 303-9165 for tickets. The church is at 13411 Shire Lane, off Daniels Road.*

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Pine Island Art Association Show And Sale



The Garden Goddess by Ann Shuey

Pine Island Art Association's 36th annual Fine Art Show and Sale is on Saturday and Sunday, February 13 and 14 from 10 a.m. to 4 p.m. at Matlacha Community Building in Matlacha Park, just west of the Matlacha Bridge.

This has become one of the largest events on Greater Pine Island, one that draws attendees from all over Southwest



Skip Webe painting

Florida. There will be a large selection of Florida landscapes, seascapes, birds, flowers, fish and wildlife in watercolor, acrylic, oil paint and pastel, by many experienced and talented artists. All the work has been professionally framed and is ready for hanging.

There will also be a large selection of original mini paintings, 3"X4", all double matted, painted by the members at \$10 each. Frame kits designed to fit the minis will be available for \$10 each..

Over the years the show has grown but the comfortable welcoming atmosphere remains. The members will greet

you at the door and invite you to sample home-baked treats after you tour the show. The artists will be there to talk to you.

Next tour the historic fishing village of Matlacha, continue on to Pine Island, to the Museum of the Islands at the center, the Calusa Mounds at the Randell Research Center in Pineland, the galleries and restaurants of historic Bokeelia and St. James City.

For information log onto www.pineislandart.com or call 283-4432.*

Mardi Gras Celebration At Cypress Cove

Mardi Gras day will be celebrated on February 16 at Cypress Cove senior living community, located on the HealthPark Florida campus.

The streets of Cypress Cove will be filled with residents, staff and invited guests, down home cooking, jazz, beads, floats and maskers beaucoup. Cypress Cove's King and Queen will reign over the day's festivities.

A Mardi Gras luncheon will include New Orleans Red Beans And Rice, a Fat Tuesday tradition, crawfish etouffee' along with Po' Boys and Bourbon Street Bread Pudding.

This year's theme is Cypress Cove and All That Jazz. The festivities will begin at noon and the parade will roll through Cypress Cove's neighborhood at 1:30 p.m.

Several originally designed floats will parade including Who Do The Voodoo, When The Saints Go Marching In and Jazz It Up With The Olympia Brass Band. Other floats with maskers generously hurling beads to spectators will also be passing by.

The sound of Pat O'Brien's Dixieland Band will have people strutting, tapping and dancing.*

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Artist Ann McCarty To Teach Classes

Award winning artist and teacher Ann McCarty is offering classes and workshops around Lee County. Painting classes include drawing, color control, composition and use of medium while developing your own paintings. Additional instruction on portrait, figure, landscape and other subjects are included.

Basic skills are stressed and personal style is always encouraged.

Alliance for the Arts, Fort Myers

Beginning and Intermediate Oil and Acrylic Painting

Thursdays 9:30- noon, April 8 to May 13, \$75 members, \$90 non-members; at Lee County Alliance for the Arts, Fort Myers.

Breathe Life into Your Old Paintings

Thursdays 1 to 3 p.m., April 8 to May 13, \$75 members, \$90 non-members

Will start with design and color exercises to bring new information to improve your paintings or your painting style.

Pine Island Art Association, Matlacha Community Park

January 4 to April 30, \$75 members, \$105 non-members

Sign up and join the class anytime during these months

Mondays 9 a.m. to noon, Beginning and Intermediate Oil and Acrylic

Mondays 1 to 4 p.m. Beginning and Intermediate watercolor. Call 283-4432

Cape Coral Art Studio

Tuesdays 9-12, Beginning Drawing

Tuesdays 1-4, Thursdays 6:30 to 9 p.m., Oil and Acrylic Painting

Friday 9-12, Intermediate Drawing

Alliance for the Arts Workshops

Saturdays, 10 to 1 p.m., \$30 members, \$45 non-members

Improve Your Paintings with Color, March 20. The secrets of color mixing and placement can take your painting to a new level. Bring ongoing or old paintings to be refreshed. Or start a new painting. This workshop is for intermediate and advanced painters in acrylic, oil or watercolor.

Drawing Workshop, Saturday, April 3. Learn the basics of drawing: value, hatching, contour and proportion will be taught. This intense workshop will put several tools in your belt so you can tackle any subject. Beginner through intermediate students welcome.

McCarty can be reached at 772-9818 or anmccartyart@yahoo.com.*

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Play Features Four Loves Of FDR



Rusty Brown, left, and Regina Dowd

“How ironic. This remarkable man, at the center of the world stage, is imprisoned by his handicap and is, at times, lonely and needful.” Speaking these lines is Daisy Suckley, Franklin Roosevelt’s distant cousin, and one of the characters featured in a new play *The Four Loves of FDR*. Besides Daisy, there are his dynamic wife, Eleanor; Lucy Mercer, whose affair with him shook up the marriage; and Missy LeHand, his private secretary.

These women sustained America’s only four-term president through trying times of the Great Depression and World War II.

The performers are the author, Rusty Brown, who has appeared in her original one-woman shows in Southwest Florida for 15 years, and Regina Dowd, who has played leading roles in Fort Myers and regional theatres.

Performances are in many venues throughout Lee and Collier counties. Listed below are some that are open to the public by reservation:

February 6, 1 p.m., Fort Myers Congregational United Church of Christ, 8210 College Parkway, call 482-3133, (free will offering);

February 16, 11 a.m., Temple Beth El, 16225 Winkler Road, Fort Myers; benefit, \$20 includes lunch, call 948-8345;

February 26, 5 p.m., Royal Palm Yacht Club, 2360 West First Street, Fort Myers, benefit for AAUW, \$30 includes light supper, call 481-0391 or 334-2037

March 4, 2 p.m., Lakes Regional Library, 15290 Bass Road, call 533-4000, free; March 10, 2 p.m., South County Regional Library, 21100 Three Oaks Parkway, Estero, call 390-3200, free.*

Early Enrollment Open for Alliance Summer Camps

Member registration is now open for Summer Arts Camp, grades 1 through 6 and Triple Threat Musical Theatre Camp, grades 7 through 9.

Children participating in Summer Arts Camp are grouped by age, grades 1 through 6, for crafting visual arts projects, exploring literary arts and music and becoming a superstar on stage. Each week focuses on a theme and culminates in a display of artwork and final performance for family and friends.

Summer Arts Camp begins June 21 and runs through August 14.

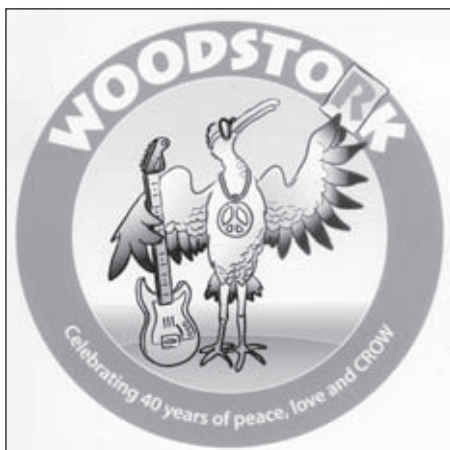
For middle school performers, the Alliance for the Arts offers Triple Threat Musical Theatre Camp, held at Broadway Palm Dinner Theatre, for grades 7 to 9. Campers journey through the art of singing, acting and dancing on stage with lead instructor and Broadway Palm professional actress Keara Trummel.



Triple Threat Camp ends with weekly performances for friends and family and is scheduled to run June 28 to July 23.

All summer art camps have limited space and pre-registration is required. General registration begins on March 1. Call 939-2787 for more information or visit www.ArtnLee.org.*

A Groovy Art And Wine Fest



Put on your shades, hop in your VW Bus and make the scene for the Woodstock Art and Wine Fest, this year’s major fundraising event for CROW (Clinic for the Rehabilitation of Wildlife, Inc.) The event will be held on Sunday, February 28 at Trader’s Café on Sanibel from 4 to 7 p.m.

Take a look back at the year 1969 – the celebration of Woodstock and the birth of CROW.

Live auction items will include artwork by acclaimed artist Darryl Pottorf. His painting entitled *Unlost Consequence*, valued at \$20,000, will be on display at Bank of the Islands. “Investment grade



Unlost Consequence by Darryl Pottorf

collectibles from the Woodstock Festival, rare Audubon prints never before offered on the West Coast and home décor items made of lumber from CROW’s old hospital are just a few of the pieces which will be available at this exciting event to help our wildlife,” said Carol Rothman of CROW’s Development Office.

Tickets are \$100 each. For more information or reservations contact Rothman at 472-3644 ext. 2.*

The Herb Strauss
Schoolhouse Theater

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26th

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Pre-show reception starts at 7pm. Show 8pm.
Tickets only \$45
Seating is limited. Reserve today.

Call the Box Office for tickets: (239)472-6862
The Schoolhouse is located at 2200 Periwinkle Way



The Herb Strauss Schoolhouse Theater

You Could Win \$20,000 From The Schoolhouse

Tickets are still available for the \$20,000 cash prize as part of The Herb Strauss Schoolhouse Theater's annual fundraiser.

Only 300 raffle tickets are being sold, which means there is a one in 300 chance that you could be the winner of the \$20,000 prize. Raffle tickets are only \$200 each so buy one on your own or go in with some fellow employees.

This year's fundraiser will be held at South Seas Island Resort on Captiva on Wednesday, March 3. You do not need

to be present to win.

"Many folks are buying tickets with the hope of funding their grandchildren's educations or supporting their favorite charity, said theater President Steve Klug. "What a great way to help the theater and your charity of choice."

For more raffle ticket information call Susan Chrenc at 395-8629. Tickets are also available at S. Congress Rolex Boutique (next to Chico's) and Congress Jewelers (original location), both in Periwinkle Place, and Bank of the Islands. For event tickets call the theater's box office at 472-6862.

The Herb Strauss Schoolhouse Theater is located at 2200 Periwinkle Way. Visit the Web site at www.TheSchoolhouseTheater.com.

Pulitzer Prize Winning Comedy Coming To Florida Rep

Florida Repertory Theatre will open Kaufman & Hart's Pulitzer Prize Winning comedy, *You Can't Take It With You* on February 5. The show is a timeless, light-hearted comedy with a touching message about love, acceptance, individuality and one lovable family's wacky pursuit of the American Dream. "I have directed this play three times, and so obviously it is very special to me," said Florida Rep Producing Artistic Director and the play's director, Robert Cacioppo, "because, at its heart it's a play about family and remembering what is important in life. But it's also brilliantly funny, heartwarming and has a very poignant message – especially in hard times."



Carrie Lund, David S. Howard, Jackie Schram and Chris Clavelli in *You Can't Take it With You*

You Can't Take It With You is a riotously funny classic that chronicles the unlikely pairing of Tony Kirby and Alice Sycamore. Tony is the son of a Wall Street banker, while Alice comes from a flock of very odd ducks. The Sycamores spend their days contentedly doing what pleases them, whether it's writing plays, playing the xylophone, raising snakes or dabbling in homemade pyrotechnics. And when the uptight Kirbys arrive for dinner on the wrong night, the stage is set for a wildly funny clash

continued on page 24



Vince Giordano & The Nighthawks

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Wednesday, February 10 • 8 PM
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Visit us at www.BIGARTS.org
for more information on performances
and events, including links to performers sites.

February 6 - 15 at BIG ARTS

Saturday, February 6 • 8 PM

Folk: The New Christy Minstrels

Sunday, February 7 • 3:30 PM

Island Jazz in the Garden

Monday, February 8 • 7 PM

Monday Night Film Series: Little Ashes

Wednesday, February 10 • 8 PM

Live Theater: Golda's Balcony

Friday, February 12 • 7:30 PM

Indiana University Broadway Cabaret

Saturday, February 13 • 5 PM

Artists Reception: Recycle It Juried Theme Show & Two Peruvian Artists-Ventura & Jiménez

Saturday, February 13 • 8 PM

Jazz: Vince Giordano & The Nighthawks

Sunday, February 14 • 3:30 PM

Island Jazz in the Garden

Sunday, February 14 • 7:30 PM

Lecture: Dr. Francis Fukuyama (SOLD OUT)

Monday, February 15 • 7 PM

Monday Night Film Series: Priceless

Beach Art Association Winter Show Winners Announced

The annual Winter Juried Show sponsored by Red Coconut RV Resort was judged by award-winning artist John Salminen while here doing his workshop at the Fort Myers Beach Art Gallery. He found the work outstanding and varied in both style and medium.

Artists from the Southwest Florida Arts Council were invited to enter work along with the members of the Fort Myers Beach Art Association. The result is a fine show that will be on display and for sale until February 26 during regular gallery hours.

Awards were presented to: 1, Danica J. Walker, *Pending*, watercolor; 2, Cheryl Fausel, *Just Dropped In*, watercolor; 3, Christine Reichow, *Summer's Ripening Breath*, watercolor.

Merit awards: Fred Bushnell, *Mother Earth*, watercolor; Pauline Healey Oliver, *Street Gang*, watercolor; Craig Peterson, *Six Mile Cypress*, acrylic; Sue Pink, *Birdhouse*, watermedia;

Honorable mentions: Honey Costa, *Rainbow Racers*, watercolor; Sylvia J. Kasparie, *The Tall One*, watercolor; Kathy Ross, *Skirted Table*, oil; Neil Walling, *New Pass Morning*, oil.



Danica Walker's winning painting

There is still time to sign up for the short workshops taught by member artists at the beach gallery. Danica Walker and Neil Walling regularly place in the shows they enter and have consented to share their knowledge with students once again. Mary Ann Devos is a teacher's teacher and will assist students to create a beautiful silver piece to take home. Fred Dingler is an instructor who brings out the best in his students each season.

- Dannica Walker – watercolor, February 4-5

This class is for the watercolorist wanting to take their paintings to the next level with emphasis on dynamic design combined with strong values and creative color choices.

- Mary Ann Devos – silver and stone jewelry, February 11-12, using precious metal clay that works like modeling clay but the finished products are solid fine silver. Students will learn the proper techniques for creating unusual jewelry pieces. She and her husband Ken have two books out showing her process and results, *Introduction to Precious Metal Clay* and *Precious Metal Clay in Mixed Media*.

- Neil Walling – oil and acrylic, March 18-20. This workshop is divided into the first day of basics, second day landscapes and third day portraits. Walling is a popular local artist and instructor.

- Fred Dingler – all media, -March 9-1. Dingler works with beginners to advanced – each at their own pace, in their own medium. Students can bring unfinished works or start a new project.

All classes are \$60 per day with Walling's three-day class \$150 for all three days; non-members pay \$10 extra per day. Classes are held at the Fort Myers Beach Art Association gallery on the corner. Sign up sheets are at the gallery as well as examples of the artists' work. If you cannot go to the gallery, call 463-3909 to sign up.

The annual Art Bazaar will be on March 14 at the Beach Library from 9 a.m. to 3 p.m.

Visitors and new members are always welcome.✧



Cheryl Fausel's second place winner, *Just Dropped In*



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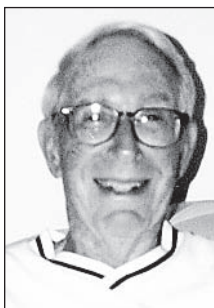
1249 Estero Blvd • 239.463.5505
TheBeachedWhale.com



BOOK SIGNING EVENTS

Sanibel Island: March 7th & 8th
Fort Myers Beach: March 27th
Times: Noon-2pm and 4-6pm

They're Not Basketball Players, Just The Tallest Pitchers In Professional Baseball



by Ed Frank

When pitchers and catchers for the Minnesota Twins report here in two weeks for spring training, you won't have any problems spotting Jon Rauch and Loek Van Mil, the two tallest pitch-

ers in professional baseball.

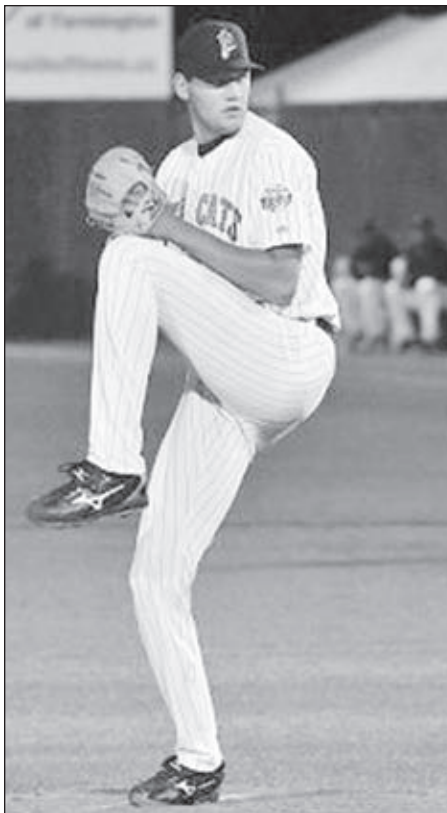
In fact, at 7-feet, 1-inch, Van Mil is believed to be the tallest ever to hurl in professional ranks. Rauch, just two inches shorter, was obtained by the Twins from Arizona last August for the stretch run.

Van Mil was named to the Twins' 40-man Major League roster when "he became the talk of the league," said Jim Rantz, the veteran director of minor leagues for the Twins.

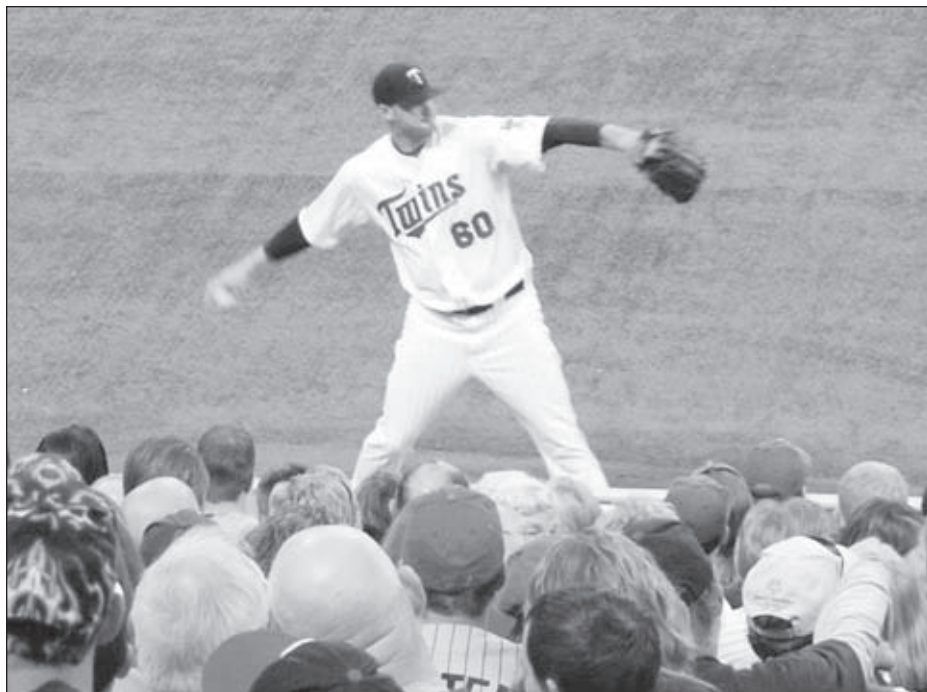
We wrote about Van Mil, whose full name is Ludovicus Jacobus Maria Van Mil, four years ago when he was first signed by the Twins out of the Netherlands.

The right hander is a sight to behold on the mound. When he winds up and delivers his fast ball in the mid 90s, his lanky frame appears to reach half-way to home plate.

Van Mil has advanced steadily through the Twins minor league organization. Local fans of the Fort Myers Miracle baseball



Loek Van Mil



Jon Rauch

team will remember him from last season when he appeared in 25 relief appearances compiling a 2.86 ERA before being promoted to Double A New Britain.

There he lowered his ERA to 2.45 in eight appearances.

Why would Van Mil be named to the Major League roster when he has yet to even pitch in Triple A ball?

As Rantz explained, Van Mil has completed four years in the minor leagues and to prevent him from being taken by another team in the Rule 5 Draft, he was placed on the 40-man roster.

Obviously, the Twins feel the seven-footer has great potential with a blazing fast ball and a hard slider, his two basic pitches. It is likely, according to Rantz, that the 25-year-old will return to Double A New Britain to start the regular season.

There have been few professional baseball players from the Netherlands with one important exception, that being former all-star pitcher Bert Blyleven.

Now a Twins television broadcaster, Blyleven hurled in the majors for 23 seasons and narrowly missed admission to the Baseball Hall of Fame in last month's voting. The skyscraper tandem of Van Mil and Rauch will tower over other players when the Twins gather this month at the Lee County Sports Complex in Fort Myers.

Rauch, however, is a proven quantity, having pitched successfully as a relief specialist for eight Major League seasons. He was a vital cog last year in the Twins late-season race to the American League Central Division championship when he compiled a 1.72 ERA in 17 appearances.

Yes, there have been other huge pitchers that have been successful in the Major Leagues, probably none better than the recently retired 6-foot, 10-inch Randy Johnson. But there hasn't been a team with two the size of Van Mil and Rauch.

Fifth-Third Bank Customers Have Free Admission to Final Round of Ace Group Classic

All Fifth-Third Bank customers with ATM or credit cards will receive free admission to the final round of the Ace Group Classic golf tournament on Sunday, May 14. Tickets are regularly \$25 at the gate.

Customers need only to present their cards at the main gate for entry. The popular tournament is being held February 8 to 14 at the Quarry in north Naples.

Twins Obtain Slugger Jim Thome

Once arch-rival Chicago decided not to resign slugger Jim Thome, the Twins moved immediately to obtain the five-time All-Star with a one-year contract in excess of \$2 million.

Thome has a career batting average of .277 and has hit 30 or more home runs in 12 seasons, including a career-high 52 in 2002. He has a total of 564 home runs. He will be used primarily by the Twins as a designated hitter.

Everblades Win Streak Snapped, Drop Two of Three to Trenton

The Florida Everblades five-game winning streak came to an end last week when they lost two of three games to the Trenton Devils at Germain Arena.

Despite the losses, the Everblades clung to second place in the ECHL South Division, just one point ahead of third-place Charlotte. They face the Checkers on the road this week.

With a season record of 23-17-2, Everblades will return to home ice at 7:30 p.m. next Tuesday and Wednesday when they host Gwinnett.

Everblades goalie Barry Brust leads the ECHL allowing only 2.24 goals per game.*

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John 3:16

Minnesota Twins Celebrity Classic

On Thursday, February 25, The American League Central Division Champion Minnesota Twins will again lend its time and talents to raise awareness and funds for local cancer patients treated at Lee Memorial Health System's Regional Cancer Center.

The Minnesota Twins Celebrity Golf Classic, being held this year at Fiddlesticks Country Club in Fort Myers with a shotgun start at 1 p.m., marks the event's 12th year. Players will fill Fiddlesticks' Long Mean and Wee Friendly courses – both well-regarded as two of the most challenging courses in Southwest Florida.

The 2009 American League MVP and perennial All-Star Joe Mauer is scheduled to play in the tournament. This year's auction includes travel and ticket packages where guests can bid to attend the 2010 Masters in Augusta, sit atop TD Bank Garden in the Chairman's Suite for a Boston Celtics vs. San Antonio Spurs game, watch a Tampa Bay Lightning game from some of the best seats in St. Pete Times Forum, and dine at some of the most popular restaurants in this area. Also featured will be luxury island getaways, one-of-a-kind artisan jewelry and hand-signed memorabilia from sports and entertainment stars.

Net proceeds from the event will support programs and treatments at the new free-standing comprehensive Regional

Cancer Center located at the corner of I-75 and Colonial Boulevard in Fort Myers. This center consolidates outpatient services, providing easier access for cancer patients and their families, and incorporates the newest technologies in cancer treatment, including a trilogy linear accelerator equipped to provide 3D conformal radiotherapy, stereotactic radiosurgery and fractionated stereotactic radiation therapy.

Lead sponsors of the celebrity cClassic include Ultimate Sports Adventures, Team Scotti, LeeSar, Fifth Third Bank, Owen-Ames-Kimball and Shoreline Aggregate. Golf slots are \$250 per person and include the auction and dinner. Dinner and auction-only tickets are available for \$50 per person.

For more information or to register or inquire about corporate sponsorships, email TwinsGolf@LeeMemorial.org, call the Lee Memorial Health System Foundation at 985-3550 or visit www.LeeMemorial.org/Foundation.

Golf Tourney Is Fore The Children

Children's Home Society is gearing up for its annual Fore the Children Charity Golf Invitational presented by Gartner on Friday, April 23 at Colonial Country Club, Fort Myers. Funds raised will benefit programs that serve children and families in Southwest Florida communities.

The scramble-style invitational begins with registration at 7:30 a.m. and a shot-

gun start at 8 a.m. Registration is \$85 for individuals or \$300 per foursome and includes continental breakfast, lunch, greens fees, a sleeve of balls per player, prizes and awards.

Last year's event raised nearly \$10,000 for Children's Home Society programs which include pregnancy counseling and infant adoptions, Healthy Families Lee and Collier, independent living (teens in foster care), case management for developmentally disabled persons, mental health counseling for children, Cribs for Kids, and Early Learning Services. The division's programs and services directly impact the lives of more than 7,000 children and families every day in five counties.

Sponsorship opportunities are still available for the event. Registration is available online at: www.forethechildren.org or call Children's Home Society at 275-3049.

Young Driver Safety Program

Lee Memorial Emergency/Trauma Services, Lee County Sheriff's Office, Lee County Injury Prevention Coalition, and the Stay Alive, Just Drive program are hosting a program for young drivers between the ages of 15 and 21. The course will be held February 23 from 5:30 to 8:30 p.m. in the Lee Memorial Hospital auditorium, 2776 Cleveland Avenue. It is free to young drivers and their parents.

Motor vehicle crashes are the leading cause of death for persons aged 15 to 24, and the risk of motor vehicle crashes is higher among 16- to 19-year-olds than among any other age group. In fact, per mile driven, teen drivers ages 16 to 19 are four times more likely than older drivers to crash. The presence of teen passengers increases the crash risk of unsupervised teen drivers: the risk increases with the number of teen passengers. Crash risk is particularly high during the first year that teenagers are eligible to drive.

In Lee County between October 2007 and October 2009, there were 201 trauma alerts for ages 15 to 21 with 18 fatalities. One hundred percent of the fatalities were not wearing a seat belt nor had the use of an airbag. Twenty two percent of the fatalities also had alcohol on board. The majority of the alcohol use was from the 16-, 18-, and 19-year-old age group.

The Young Driver Safety Program is designed to illustrate driving responsibility and outcomes of intentional acts of irresponsible driving. The program will educate young drivers on different legal issues involved with driving and also how to stay focused on driving and the responsibilities that go along with the driving privilege. This program is not a substitute for Drivers Education, but a supplement to the Drivers Education course.

To register contact Syndi Bultman at 336-6797.



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Seared Florida Snapper With Fennel And Carrot Sauté

4 six-ounce snapper fillets
 ¼ cup rice flour
 4 tablespoons olive oil, divided
 1 cup fennel bulb slices
 ½ cup onion, chopped
 ½ cup carrots, julienne
 2 cloves garlic, minced
 1 tablespoon fresh dill, finely chopped
 ¼ teaspoon salt
 ¼ teaspoon fresh ground black pepper
 ¼ cup dry white wine
 fresh Florida dill for garnish (optional)

Rinse fillets; pat dry with a paper towel. Score the skin side of fillets with a sharp knife. Coat fillets with rice flour; set aside. Heat 1 tablespoon of oil in a large sauté pan over medium-high heat. Add fennel, onion, carrot and garlic and sauté for 5 to 6 minutes until vegetables are tender and slightly browned. Stir in dill, salt, pepper and wine; cook for 1 minute more. Remove fennel-carrot sauté to a serving platter; keep warm. Wipe pan clean and heat remaining oil over medium-high heat. Sauté fillets 3 to 4 minutes per side until browned and cooked through. Serve fillets and vegetables garnished with fresh dill.



Seared Florida Snapper With Fennel And Carrot Sauté

Yield 4 servings
 Nutritional value per serving: calories 276, calories from fat 106, total fat 12g,

saturated fat 2g, trans fatty acid 0, cholesterol 42mg, total carbohydrates 14g, protein 25g, omega 3 fatty acid 0.00g

Look for Fresh from Florida ingredients at your grocery store.✪

Romance Writers Book Signing

Southwest Florida Romance Writers will be hosting a book signing event at the Alliance for the Arts on March 13 from 10 a.m. to noon to celebrate local authors and announce their new works.

As an affiliated chapter of the national organization of Romance Writers of America, the local chapter's membership includes successful and renowned authors. The community is invited to come get acquainted with these writers and purchase signed copy of their books, while perusing the Alliance galleries.

Participating authors include:

Linda Bilodeau, a former teacher at Indiana University's Kelly School of Business who has published three novels; *The Olive Branch*, *Stepping Through The Seagrass* and *The Wine Seekers*. www.lindabilodeau.com

Karna Small Bodman, the author of three political thrillers. Her latest is *Final Finesse*. She served in the Reagan White House for six years – last post: senior director of the National Security Council. When she left she was the highest ranking woman on The White House staff. www.karnabodman.com

Renée Gardner has murdered at least a dozen people, that is, in the course of writing mystery novels and short stories. Manhattan's Upper East Side, where she lived for many years, is the locale for her Sutton Place cozy mystery series, *The Tap Dancing Gorilla* and *The Dog Took The Cat*. www.reneegardner.com

Lynnette Hallberg, a former educator and a multi-published author both here and abroad. Her books have fared in Romance Writers of America's national Golden Heart Contest, PASIC Book of Your Heart Contest, and Georgia Romance Writers Maggie Contest. Her latest, released in February 2010, is *Moonlight, Motorcycles, and Bad Boys. Watch for Night Shadows and Chantilly Lace and A Pretty Face*, both coming soon from The Wild Rose Press. www.lynnettehallberg.com

Jaime Rush, since childhood, devoured books on unexplained mysteries and psychic phenomena. Missing the romance, relationship drama, and action of her favorite television shows, *X-Files*, *Roswell*, and *Highlander*, she created her own mix in the Offspring series (*A Perfect Darkness* and *Out Of The Darkness*, Avon Books). Jaime Rush is a pseudonym for Tina Wainwright, bestselling author of 18 novels for St. Martin's Press and Harlequin. www.jaimerush.com

Anna Schmidt, award-winning author of over 20 works of historical and contemporary fiction. Her most recent books are *An Unexpected Suitor* and *Home At Last*. Both were finalists for the 2009 Reviewer's Choice Award from *Romantic Times* magazine. Schmidt has twice been finalist for the prestigious RITA award and she won *Romantic Times* magazine's Reviewer's Choice Award. www.booksbyanna.com

AY Stratton grew up in Illinois and Wisconsin. She graduated from Vassar College with a major in English. As a child she had trouble sleeping, so she made up adventures starring herself and

imagined she'd write them down one day. The romantic suspense action in *Buried Heart* takes place in Milwaukee and on a Mayan ruin. www.aystratton.com

When Joyce Wells asked for help creating a new work of fiction, Spirit responded with *The Peace Seekers*, Jasmine-Jade, 2008, a psychic/adventure story. When she isn't on the golfing links, she teaches online classes for *Writers Digest* and studies parapsychology – the

connection between present and past, physical and spiritual. www.joycewellsauthor.com

The Alliance for the Arts galleries are open from 9 a.m. to 5 p.m. Monday through Friday and from 9 a.m. to 1 p.m. on Saturdays, located at 10091 McGregor Boulevard just south of Colonial Boulevard. Visit www.ArtInLee.org for more details.✪

From page 20

Florida Rep

of family values featuring the zaniest cast of characters ever assembled in the Historic Arcade Theatre.

The production stars Broadway and screen veteran David S. Howard as the family's patriarch, Martin Vanderhof.

Carrie Lund, Chris Clavelli and Lisa Morgan are at their absolute wackiest. Lund is showcased as Alice's mother, the freethinking painter who dabbles in playwriting because one day a typewriter was left on the doorstep. Clavelli is one of the many colorful family friends, and Morgan doubles as Tony's repressed mother, and as Olga Katrina, a deposed Russian royal now working as a New York waitress. New to Florida Rep are Avi Hoffman, John West and Christine Perez.

Also featured in the ensemble cast are Florida actors Bruce Somerville, Christine Peete, Dick Westlake and John Archie. The cast also showcases acting interns Daniel Benzing, Adam Jones, Emily Ryan and Jackie Schram, as well as local actors Alex Perez and Michael Burnette.

Cacioppo directs the production and is joined by set designer Richard Crowell, lighting designer A. Nelson Ruger, IV, costume designer Roberta Malcolm, and stage manager Linda Harris).

You Can't Take It With You plays February 5 to 26, with discounted previews on February 2 at 8 p.m., February 3 at 2 p.m. and February 4 at 8 p.m. Performances are Tuesday through Saturday at 8 p.m. with 2 p.m. matinees on Wednesday, Sunday and selected Saturdays with a twilight performance at 7 p.m. on February 7.

The show is sponsored by John and Marjorie Madden and Madeleine Taeni. Subscriptions and single tickets are now on sale through the box office at 332-4488 – ask about the 4 Show Flex Pass for just \$141. Single tickets are priced at \$42 and \$38, and \$25 and \$20 for previews.✪

From page 1

Kanzius Cancer Project Update

conjugated to antibodies or other cancer targeting molecules. Currently, the only two things we are not doing ourselves in the lab is electron microscopy and ICP mass spectroscopy. The first technique is used to demonstrate the presence of nanoparticles in cancer cells and the second technique is used to measure (in even tiny amounts) the amount of gold or other nanoparticles we actually get into cells. We do not perform electron microscopy or ICP analysis frequently enough to justify purchasing this equipment, each of which cost over \$1 million! The Kanzius RF machines are being used on a daily basis and I am pleased to report that they continue to function well.

Publications

1. Moran CH, Wainerdi SM, Cherukuri TK, Kittrell C, Wiley BJ, Nicholas NW, Curley SA, Kanzius JS, Cherukuri PC. Size dependent joule heating of gold nanoparticles using capacitively coupled radiofrequency fields. *Nano Res* 2:400-405, 2009.

2. Cherukuri, P, Glazer, ES, Curley, SA. Targeted hyperthermia using metal nanoparticles. *Adv Drug Deliv Rev*, 2009.

3. Glazer ES, Massey KL, Curley SA. A protocol to effectively create single cell suspensions of adherent cells for multi-parameter high throughput flow cytometry. *In Vitro Cellular & Developmental Biology – Animal*. In Press.

4. Glazer ES, Curley SA. Radiofrequency field-induced thermal cytotoxicity in cancer cells treated with fluorescent nanoparticles. *Cancer*. In Press.

5. Glazer ES, Massey KL, Zhu C, Curley SA. Pancreatic carcinoma cells are susceptible to non-invasive radiofrequency fields after treatment with targeted gold nanoparticles. *Surgery*. Submitted.

These manuscripts have been published or accepted in 2009 and we are currently working on several other publications. I will provide more information on those in the next section providing progress report on our ongoing research studies. Dr. Glazer's paper in *Cancer* will be particularly important because this will be the first paper that documents that when we deliver the targeted nanoparticles to cancer cells and then treat them in the Kanzius RF field, the cancer cells are killed, while cells in the same culture dish that do not take up the nanoparticles are not killed by the treatment. This is important data showing that the uptake of nanoparticles by cancer cells is critical and specific for killing in the Kanzius RF device.

Ongoing Projects

We are currently working with a number of cancer types and have a number of projects ongoing. Specifically:

Modeling of delivery of targeted nanoparticles to cancer cells in vivo (cancers growing in live animals).

As I have noted many times previously, the "so what" question in all of this is can we be as specific as possible in delivering nanoparticles to only cancer cells? We are now doing some complex mathematical

modeling and designing experiments to prove the models are correct so that we can optimize delivery of targeted nanoparticles to cancer cells while avoiding uptake by normal cells.

Heating a variety of types of nanoparticles. We have demonstrated that quantum dots and some magnetic nanoparticles heat in the Kanzius RF field. This is exciting because these nanoparticles can also improve diagnosis and identification of cancer cells. We have also demonstrated that silver nanoparticles have RF induced heating characteristics. Silver is particularly interesting because silver itself can be toxic to cancer cells or to certain types of bacteria. These projects are being completed and we anticipate submitting a manuscript regarding this by mid-Spring 2010.

Enhancing heat injury to cancer cells. We are studying a number of interesting compounds to make cancer cells more sensitive to the effects of heating in the Kanzius RF field. We have found a number of molecular agents that alter the sensitivity of cancer cells and improve the killing in the RF field. I am currently editing one manuscript on this topic and it will be submitted in January 2010 and we have an additional project that should be completed by March 2010 with another manuscript submitted at that time.

One of my colleagues in the Urologic Surgery Group is working with new targeting antibodies to treat prostate cancer.

We have received permission to proceed with use of these antibodies which will soon be ready for use in clinical trials. Once we demonstrate that, we can use these to treat prostate cancer cells in culture dishes and in animals, both within the prostate gland and cells that have metastasized at other sites in the body.

Animal models. We are using both mice growing human cancers and rabbits with a type of rabbit cancer called VX2 to study the effects of targeted nanoparticles in the Kanzius RF system. We have run into a few problems with excessive heating of the ears or legs of the animals and we are currently working to make modifications in the grounding system to prevent any heat injury to normal tissues. Nonetheless, we are seeing heating in the tumors and this work will be critical to present to the FDA before we can proceed with any type of human trials. We have already made several modifications in the grounding device and we believe we will be able to proceed with full speed with animal testing by February or March 2010.

Targeting melanoma cells. We have two antibodies that target melanoma (the most aggressive skin cancer) cells. We have demonstrated marked uptake of the targeted nanoparticles in the melanoma cells and killing of the melanoma cells in the Kanzius RF field. These studies are being completed and we should have a manuscript ready for submission by Spring 2010.

Treatment of leukemia. I am pleased to report that we have had success in demonstrating that we can target different types of leukemia cells with antibodies conjugated to gold nanoparticles. The nanoparticles are taken into the cancer cells and then when the cells are

treated in the Kanzius RF field there is heating and cell death. We are still fine-tuning this system since we have learned that different types of leukemia cells have different sensitivities to heat. This will be important data in designing treatment protocols in the future. We have accrued a significant amount of data and I anticipate a manuscript on the treatment of the leukemia cells in the Kanzius RF field will be submitted by March 2010.

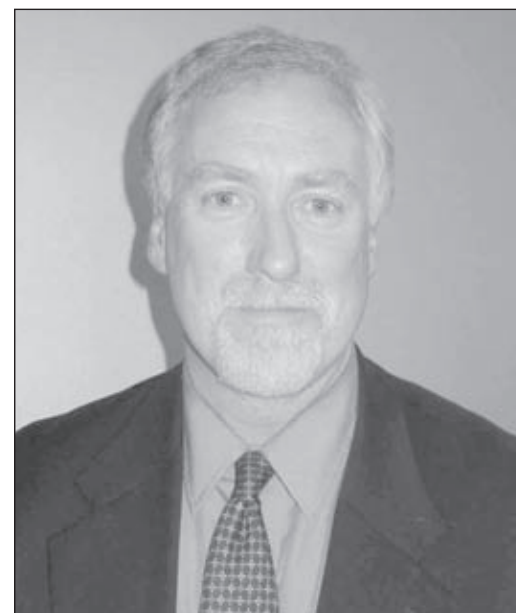
Treatment of human pancreatic and liver cancers. We have obtained several antibodies that are highly specific for human pancreas or hepatocellular (liver) cancer. These two cancers are critical in that these will be the first two cancers that we will propose to the FDA to treat when we go to clinical trials. Both of these types of cancer are particularly deadly with well over 95% of patients diagnosed with this type of cancer dying as a result of the cancer progression. Both the National Institute of Health and the FDA are very interested in novel treatment approaches for these cancers because they are so lethal and we do not have good treatments at this time. We have just obtained these new antibodies and I anticipate that this work will be ongoing at a rapid pace, both in cells in culture and in these cancers implanted into animals. We hope to complete these studies in the next 4-6 months with a manuscript to be submitted in Summer 2010.

Biodistribution of gold nanoparticles. We have just completed rabbit studies showing that gold nanoparticles are not toxic and do not cause side effects when injected into the veins of rabbits. The nanoparticles are readily cleared in the kidneys. This demonstrates that these nanoparticles alone are fully safe, it is only when they are targeted to cancer cells and treated in the Kanzius RF field device that cell death occurs. A manuscript on this work will be submitted January 2010.

Treatment of VX2 liver cancers in rabbits. We are studying injection of gold nanoparticles and an oil-based contrast agent (already used in human patients with liver cancer) into the blood vessels going directly to VX2 liver tumors. These studies should be completed in the Spring once we solve the grounding issues with the RF machine, and a manuscript will be submitted by late Spring 2010.

U54 Primary Science Oncology Center Grant

As many of you may have heard, a large \$12 million project grant that was submitted from a team at the University of Texas MD Anderson Cancer Center and the University of Texas Health Science Center Medical School here in Houston was one of only 12 centers granted by the National Cancer Institute. This was an extremely competitive grant with over 80 centers (including six with Nobel prize winners) applying for funding. The Kanzius RF research project portion of this very large grant was awarded \$2.3 million over the next five years. This money will be used to pay for post-doctoral fellow salaries, equipment, cells, animals, and supplies we will need during



Dr. Steven Curley

that timeframe. I am happy to report that the section of the grant that I wrote that was entirely devoted to the Kanzius RF field treatment received the single highest score of any of the applications. This is an excellent validation of the importance of John's discovery and the potential for this novel treatment approach.

Human-sized Kanzius RF Treatment Device

I continue to work with the Rutowski family in Erie, Pennsylvania on design and ultimately building of a human-sized treatment device. This will be critical for us to take this design to the FDA to perform large animal testing to demonstrate safety of the RF field treatment. This entire process is being performed in Pennsylvania and I am sure updates will be forthcoming as progress is made. I know the Rutowski family is working closely with scientists at Penn State University and other sites and I eagerly await successful completion of design and construction of a larger device so we can proceed with this testing in concert with our ongoing cancer cell and animal treatments.

Ongoing Fundraising

The lab group continues to expand and our abilities continue to expand. The U54 grant will be a great help but will provide just under \$500,000 a year over the next five years to support our lab functions. Our current annual laboratory budget is approximately \$1.5 million so we continue to be dependent upon the fundraising efforts of multiple groups, including those of you receiving this letter. Your support and concern regarding this project is critical and we will not succeed without continued financial support and fundraising efforts on multiple fronts. I deeply appreciate your individual and group commitments to this project, and together we will succeed in getting this treatment to human clinical trials.

Anyone wishing to make a donation may contact the Sanibel Captiva Trust Company, 2407 Periwinkle Way, Sanibel, Florida 33957. Checks should be made out to Sanibel Captiva Trust Company, FBO Targeted Radio Wave Therapy Fund, M. D. Anderson Cancer Center. Donations are tax deductible. ✨

Love Your Neighbor Event Triples Proceeds For Heights Foundation



Mike and Karen Weiss, Christin and David Collins

An evening of decadence and delight featuring Norman Love Confections, wine and cheeses, innovative sushi and other savories greeted a crowd of over 200 to benefit The Heights Foundation. The event, in its second year, brings together neighbors of the Harlem Heights community. Proceeds from the event support family development, educational support, and outreach efforts in Harlem Heights.

Presenting sponsor and founder of Norman Love Confections, Norman Love, was honored to once again support the Love Your Neighbor Event. "My wife Mary



Mark Loren and Norman Love



Kathy McKinlay, Jennifer Reynolds, Randy Thomas-Wohl, Caroline Cunningham



Craig Feinberg, Laurie Deane, Roger Mercado of The Heights Foundation

and I are proud to be associated with an organization that is committed to building a much needed cultural arts and community center in Harlem Heights that will benefit so many," Love said. "We are honored to play a small part in contributing toward the well being of our community."

Caroline Cunningham opened her riverfront home to host the event, bringing together neighbors from communities including Gulf Harbour, Palmetto Point, McGregor Woods, Crown Colony, and Reflection Lakes.

Victor Mayeron, owner of The Mucky Duck, and president of The Heights Foundation, is one of those neighbors. "As a business owner, I realize the challenges families have faced recently. Those who were already struggling are feeling the pinch even more. But I believe that when you give, you're paid back tenfold in ways you don't even know," said Mayeron.

Proceeds from the event tripled the prior year, with the addition of a silent auction and summer camp sponsorships. Sponsored in part by Craig Feinberg of Alliance Financial, the culinary team led by Norman Love included 55 Degrees, Blu Sushi, The Flying Pig, Coastal Wine, and Chef Martin Murphy of Creative Catering/Robb & Stuckey Culinary Center. The riverfront, sunset scene with live music and auction items from Mark Loren, Cru, and The Aesthetic Center created a festive environment for fund-raising.

Funds raised directly support The Heights Foundation, which works to break the cycle of poverty in the Harlem Heights neighborhood through family and community development, support of education and wellness, and outreach programs.*



Peggy Mannix, Kathy Mayeron, Julie Workman, and Kathryn Kelly of The Heights Foundation



Victor Mayeron, Kathryn Kelly, host Caroline Cunningham, and Norman Love



Kathryn Kelly, executive director of The Heights Foundation with John Ammons and Kim Nyberg of Edison National Bank



Victor Mayeron, Mary Jo and John Boler



Blu Sushi team Billy Mak, Morgan Lindsay, and H. Halverson

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Hunger Walk Brings In Over \$138,000 For Food Bank



Participants in the WINK-News Hunger Walk prepare for their two-mile walk around Miromar Outlet Mall

A sudden rainstorm didn't deter over 570 participants in the WINK-News Hunger Walk on Saturday, January 23. The walkers enthusiastically braved the elements and walked the two-mile route around the Miromar Outlet Mall. With the walkers and 1,068 pledges, the end result was \$138,000 pledged to benefit the Harry Chapin Food Bank. This will all the food bank to purchase and distribute food products and services worth over \$828,000.

Sponsors of the second annual Hunger Walk generously provided publicity, food, and financial support for the walkers and the event. They include WINK-News, Miromar Outlets, *The News-Press*, Panera Bread, Dunkin' Donuts, and Florida Gulf Coast University. Other sponsors were Garden Street Iron & Metal, BB&T, Miller, Helms & Folk, The Rock for Hair and Nails, Publix Supermarkets Charities, Jo Anna Bradshaw and Wilson Bradshaw, and Century Link.

Additional sponsors were SW Florida Neurosurgical & Rehab, Northern Trust, Prawnbroker, Henderson/Franklin, Kraft Construction, McDonalds, Markham, Norton, Mosteller Wright & Co., and Lee Memorial Health System, Temple Beth El, Key Bank, Career and Service Center, and CHRISS.

In addition to walking, many of the participants brought non-perishable food products for distribution by the Harry Chapin Food Bank, which collects and stores quality food for distribution to needy people through a network of more than 170 local non-profit agencies, who provide food to more than 20,000 people monthly. For every dollar donated, \$6 in food value goes back to the community. In the past fiscal year, The Harry Chapin Food Bank distributed more than 8,000,000 pounds of food and other grocery products.

For additional information or to contribute financially to the Harry Chapin Food Bank call 334-7007 or go to harrychapinfoodbank.org.*

Parkinson's Tele-Conferences

The Parkinson's Action Network's (PAN) 16th annual Research & Public Policy Forum will address the current legislative issues impacting the Parkinson's community and how to advocate for better treatments and a cure.

PAN is the unified voice of the Parkinson's disease community, advocating for more than a million Americans and their families nationwide.

Conferences are scheduled for:

- Friday, February 12, from 10 a.m. to 5 p.m. at Hope HealthCare Services, 9470 HealthPark Circle, Fort Myers. Lunch will be provided.

- Friday, February 19, noon to 1:30 p.m. Joanne's House, 27200 Imperial Parkway, Bonita Springs. In this Ask the Doctor session Dr. John D. Campbell, neurologist with Neurologic Specialists LLC in Naples, will discuss the latest information and issues regarding the disease.

To register, call the Hope Parkinson Program at 239-985-7727.*

Cardiovascular Technology Program Earns Accreditation Through 2019

Edison State College is proud to announce the Cardiovascular Technology Program has received accreditation through 2019.

"This reflects remarkable compliance with accreditation standards," said Dr. Mary Lewis, associate dean of allied health at Edison State College. "This CVT program maintains a reputation nationally of exceeding national standards and providing excellence in cardiovascular care."

The Cardiovascular Technology Program is designed to offer students the opportunity to obtain an associate in science degree in cardiovascular technology.

Graduates for Edison State's CVT program are well respected in the community holding jobs at various cardiac catheterization laboratories, cardiac ultrasound laboratories and in cardiac non-invasive laboratories.

continued on page 30



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dearPharmacist



by Suzy Cohen, RPh

Dear Pharmacist:

I crave salty foods. I read in one of your books that you don't think white table salt is good for people. How can you say this when every restaurant in America has

salt on the table? What do you suggest?
DW, Fort Lauderdale, Florida

Hold on a sec here, I never said salt is bad for you! The part of my book that you didn't read yet, fully explains the differences between high-quality sea salt and table salt, which happen to be massive. Both sea salt and table salt have a backbone of "sodium chloride" which the body requires. Healthy sea salts are never adulterated like regular table salt, so they retain healthy minerals like copper, iodine, potassium, magnesium, chromium, zinc, iron and others.

Table salt is so refined that I consider it a food additive because certain brands look virtually like the same industrial chemical used to de-ice highways. No kidding. Sea salt, on the other hand, is not synthesized in a lab. It is essentially water from a sea (or river) that gets evaporated and purified. This type of dried sea salt fully retains healthy minerals that you

need for your very survival, and for normal thyroid, muscle, heart and pancreatic function. These types of salts won't raise your blood pressure to the extent that table salt will. There are two salts that I recommend you use in your home from now on. You can buy these at health food stores, Whole Foods or online from high-quality salt miners such as Salt Works or Real Salt, available internationally:

1. Himalayan salt: When it's mined properly from pristine salt veins in the Himalayan Mountains in Pakistan, it contains the widest variety of minerals, over 83 kinds of minerals. Good Himalayan salt will look slightly pink because it contains a lot of iron.

2. Celtic sea salt or French Grey sea salt: This salt does not have quite as many different minerals in it as the Himalayan sort, however, it has the highest content (gram for gram) of minerals.

It's impossible to get nutritious minerals from typical white table salt and yet people debate this with me, pointing out that their salt is healthy because it has been "iodized." Yeah, so what? Someone decided to put iodine back in after stripping it naked in the first place? This is your idea of healthy? You are more likely to be able to lick your elbow than to get any sort of nutrition from white table salt!

Iodine is very good for you, but the amount of table salt you'd have to ingest in order to get healthy amounts of iodine would probably be the end of you! I'm just saying to stop rationalizing the use of table salt, because it provides iodine. I'm

also saying that you can't lick your elbow!

DID YOU KNOW:

A new injectable drug for diabetes got FDA approved – it is called Victoza.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.dearpharmacist.com.

Free Autism Screening For Young Children

The Children's Hospital of Southwest Florida, in partnership with the Ronald McDonald House Charities of Southwest Florida, offers a free monthly autism spectrum disorder (ASD) screening for toddlers 18 months to five years of age.

The next screening will be held February 12 from 9:30 a.m. to 2 p.m. in the Ronald McDonald Care Mobile, located in the parking lot of Miromar Outlets at 10801 Corkscrew Road in Estero. The Care Mobile will be parked by the lake-side playground. Another screening will be held March 5 at the same location.

It is estimated that one in every 150 children is diagnosed with some form of ASD, making it more common than childhood cancer, juvenile diabetes and pediatric AIDS combined.

Medical consultants for the project stress that an early diagnosis can make a vast difference for toddlers and their families. They say early intensive behavioral intervention can make an immense difference not just in the development of the child, but in their families as well.

The ASD screening is conducted by the Neurosciences Center at The Children's Hospital, under the guidance of Pediatric Neurologist Jose Colon, MD, MPH, and Pediatric Psychiatrist Marianne Krouk, DO. The screenings are administered by an advanced registered nurse practitioner, who has extensive training and experience in typical child development and developmental disorders.

A physician referral is not required. To schedule a screening call 985-3608.

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Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me, What is sleep apnea?

The importance of sleep has been overwhelmingly documented in recent studies. Our immune system is at work while we sleep to protect us from diseases. We should assist and help our bodies to try and achieve a healthful night's sleep through lifestyle changes and medical intervention if needed.

We visited friends over the weekend. Over the bridge table, for the last six months, they have been telling us about

their sleeping problems and how it is difficult for them to concentrate because they suffer from insomnia and sleep apnea. They showed us the apparatus they now wear to help their condition. They looked as if they were wired to go into space, but they say it helps.

According to Tufts University Health and Nutrition letter, sleep apnea is "A nocturnal ailment that stops the sufferer's breathing for up to a minute at a time, dozens or even hundreds of times through the course of the night."

Dominic Roca, MD, PhD, director of the Connecticut Center for Sleep Medicine at Stanford Hospital, believes that physical abnormalities inside the neck and mouth may cause the soft tissue at the rear of the throat to collapse. This briefly closes off air passages, disrupts breathing and causes a tendency to snore. Loud snoring may be the first sign of sleep apnea.

Dr. Roca says, "There is more than enough data now that people who are sleep deprived don't feel as well, don't eat as well and don't function as well. They get into more vehicle accidents, and the case for getting adequate sleep has been made."

Getting sufficient sleep is very important for health. Go to your doctor for assistance as there are now treatments available for sleep apnea sufferers.

Lizzie and Pryce's email address is momandmeaging@hotmail.com.

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New Patients and Emergencies Welcome



From page 14

Photographic Legacy



Roseate spoonbill

a magnificent institution, a thrilling place to spend time, I love it, with or without my camera.”

The Florida launch of *Waterbirds* will be Thursday, February 11, 1 p.m. at the “Ding” Darling Wildlife Refuge, where Cross will speak about the book. The event is free and open to the public.

For more information call 472-1100 ext. 241 or log on to www.dingdarlingsociety.org.✪

Realtors Donate To Builders Care



Cypress Realty Inc./GMAC Real Estate team members present Heidi Taulman, Builders Care executive director, with a check for \$2,000. From left: Heidi Taulman, Kathleen Doll, Laurie Anton, Holly Quesinberry and Bob Wad, president of Cypress Realty Inc./GMAC.

Cypress Realty Inc./GMAC Real Estate has donated \$2,000 to help the Lee Building Industry Association (BIA) Builders Care program provide free home repairs to disadvantage Lee County residents. The group also donated nearly \$300 in Publix gift cards to Builder's Care.

Builders Care is the nonprofit charitable arm of the Lee Building Industry Association (BIA). Its objective is to provide emergency repairs and construction services to elderly, disabled and economically disadvantaged people who are unable to obtain home repairs through traditional means.

Builders Care enlists the volunteer services of Lee BIA members and leverages grants and donated materials to provide construction and remodeling services to qualified homeowners throughout Lee County. Donations can be made at www.LeeBuildersCare.org, or to the Builders Care general fund at BB&T (formerly Colonial Bank) Page Field branch at 4959 South Cleveland Avenue in Fort Myers. More information is available by calling 938-0056.✪

February Pet Adoption Special

Love is in the air the entire month of February at Lee County Domestic Animal Services (LCDAS). If you've been looking for love in all the wrong places or you just need a new best friend, LCDAS has a sweet deal for you. All month long the agency is offering \$25 off the regular adoption for all adult pets. The reduced adoption fee will still include the complete package of services consisting of sterilization, age appropriate vaccinations, county license, microchip ID, worming, flea treatment, a heartworm test for dogs, feline AIDS and leukemia test for cats, 10-day health guarantee, and a bag of Hill's Science Diet dog or cat food. The adoption package is valued at over \$500.

True love comes in all shapes and sizes. Whether it's a lap kitty or an energetic little dog that would make a perfect jogging companion, LCDAS

can find your perfect match. Make plans to find your true love today by visiting the shelter at 5600 Banner Drive, Fort Myers next to the Lee County Sheriff's Office off Six Mile Cypress Parkway. For those that would like to view their matches first, love is just a click away when you visit the Web site at www.LeeLostPets.com. All pets available for adoption are featured online.

For more information call 533-7387 (LEE-PETS). If you are inquiring about a pet you have seen online, please have the animal ID number ready for faster assistance.✪



Find your sweetheart at the animal shelter this Valentine's Day

From page 28

Cardiovascular Technology

“Our specialty of invasive cardiology will prepare the graduate to function in all aspects in the cardiac catheterization laboratory,” said Jeff Davis, CVT coordinator at Edison State College. “I am proud of what this important accreditation means for our students and our community partners.”

Cardiovascular technologists perform diagnostic cardiac catheterization studies on patients. They also assist the cardiologist in interventional procedures including coronary angioplasty, rotablator procedures, intra-coronary stenting, pacemaker insertion, and radiofrequency ablation.

A freshman class begins each fall semester. Currently 20 freshmen are accepted each year. The criteria for admission are available through the program office or through the Health Professions office at 489-9255. First round application deadline is June 1. The Cardiovascular Technology Program is fully accredited for invasive cardiology by the Commission on Accreditation of Allied Health Education Programs.✪

Rare Coffee To Aid Humane Society

Bennett's Fresh Roast will celebrate two years in business in February. Bennett's made headlines and heads turn in September by selling a limited supply of Kopi Luwak coffee, the world's rarest and most expensive coffee for \$20 per cup.

“In September we ordered a pound and sold out within a few hours,” said Bennett's owner Bob Grissinger. “So we decided what better way to celebrate our second birthday than to bring back Kopi Luwak but this time for a good cause.”

On February 8, the coffee shop will once again serve the Kopi Luwak coffee while supplies last for \$20 per cup. Five dollars from each cup sold will be donated to the Gulf Coast Humane Society.

Bennett's welcomes well-behaved pets on their outside deck and will serve bowls of water and a cookie at owners request.

Kopi Luwak are Arabica coffee beans that have been eaten by and passed through the digestive tract of the Indonesian civet. This process takes place on the islands of Sumatra, Java and Sulawesi in the Indonesian Archipelago.

Bennett's is off West First Street at 2011 Bayside Parkway, inside a restored 1943 former home. For more information, visit www.BennettsFreshRoast.com.✪

Financial Focus Don't Be An 'Opposite Day' Investor



by Jennifer Basey

On January 25, some of us celebrate Opposite Day. Its origins are murky and even its exact date is in some dispute, but Opposite Day has proved to be a source of fun for many people,

especially children, who choose to eat breakfast at suppertime and otherwise do things in reverse. However, you may find that acting in an "oppositional" manner is not so harmless at other times in your life – such as when you're investing.

What types of "oppositional" moves should you avoid? Consider the following:

- **Buying when prices are high** – When the financial markets keep rising, many people continue buying more shares in the mistaken belief that "up" is the only direction their investments can go. But while it may be human nature to want to continue racking up gains, it's not necessarily smart investing. The higher an investment has gone, the more likely it becomes that it will plateau or potentially even drop in value. Of course, an investment may one day rise again, but for the near term, its "upside potential" may be limited, so you might do better by finding other opportunities.

- **Selling because prices are low** – Just as some investors keep buying when prices are rising, others will sell when prices have dropped, just so they can "cut their losses." This may be a mistake. If the investment still plays a role in your balanced portfolio, and you believe its prospects are still good, you may want to hold on to it despite its price. Furthermore, if your investment's decline is due more to an overall drop in the market than a change in its own fundamentals, it may bounce back when the market recovers. Generally speaking, you should sell an investment if your goals or risk tolerance have changed, if you need to rebalance your portfolio or if the investment itself has undergone some type of shift that no longer makes it compatible with your needs.

- **Investing too conservatively** – Given the volatility we've seen in the last couple of years, it's probably not too surprising that many investors have "pulled back" from the market and put a lot of money in certificates of deposit and other fixed-rate, low-return investments. While there is a place for these vehicles in your portfolio, you won't want them to become too dominant – because you still need to invest for growth if you're going to achieve your long-term goals, such as a comfortable retirement. The amount of growth-oriented investments you own will depend on your risk tolerance and time horizon, but there's no point in your life

– even your retirement years – when you won't need some growth potential.

- **Failing to diversify** – It is important to diversify your dollars among stocks, bonds, government securities and other investments. Even within these broad classes, you should diversify – for example, you should consider owning stocks representing different industries and bonds with a variety of issuers and maturities. While diversification, by itself, cannot guarantee a profit or protect against loss, it can help reduce the effects of volatility on your portfolio.

Opposite Day comes but once a year. But making "oppositional" investment moves can have long-lasting – and potentially harmful – effects. So take the time to explore your investment decisions carefully.

©Copyright 2010. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com. ✪

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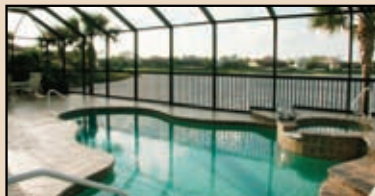
island real estate

Abbey Row

The largest estate home available in Crown Colony has it all: Beautiful Lanai and pool/



spa views overlooking the largest lake in the community; Entry Foyer, 4 Bed Rooms, 4 Baths, Den, Morning Room, Family Room, Living Room, Formal Dining Room, extended three car garage, dual Air Conditioning systems, double electrical panels, surge protection, security system, cable pre-wire, high-speed internet, intercom, central vacuum system, upgraded



appliances, plantation shutters, designer window treatments.
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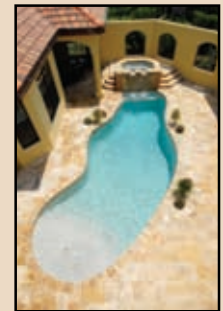


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Located in the private Yachting Community of St. Charles Harbour, this 2 story courtyard estate features 4 bedroom suites, a walk-in wine cooler, game room, exercise room and private courtyard with a summer kitchen and heated pool/spa. **Priced below appraised value at \$1,895,000**



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DID YOU KNOW

TRIVIA TEST

1. TIME: A quadrennial refers to what period of time?
2. CARTOONS: Who was the voice of "Underdog" in the cartoon series?
3. GEOGRAPHY: In what U.S. state did the Battle of Kennesaw Mountain take place during the Civil War?
4. ASTRONOMY: What shape is the Milky Way galaxy?
5. LANGUAGE: What is the meaning of the Latin phrase, "Cogito ergo sum"?
6. MOVIES: What movie was Steven Spielberg's first major directorial effort?
7. LITERATURE: What is the name of the bookstore in Diagon Alley in the "Harry Potter" series?
8. EXPLORERS: Who was the first European to explore Greenland?
9. HISTORY: During what war did the Battle of Trafalgar take place?
10. MATH: What is the decimal equivalent of the fraction 3/5?

ANSWERS

1. Four years 2. Wally Cox 3. Georgia 4. Spiral 5. "I think, therefore I am" 6. "The Sugarland Express" (1974) 7. Flourish and Blotts 8. Eric the Red 9. Napoleonic Wars 10. 6000.

SPORTS QUIZ

1. Johnny Bench is the Cincinnati Reds' all-time leader in home runs, with 389. Who is No. 2?
2. Name the only manager to lead the Seattle Mariners to the playoffs.
3. Who held the mark for most 4,000-yard passing seasons before Indianapolis' Peyton Manning broke it in 2006?
4. When was the last time before 2009 that the University of Washington won the men's Pac-10 regular-season basketball title?
5. Who holds the mark for consecutive road wins to start an NHL season?
6. Which team has appeared the most times in Major League Soccer's championship game?
7. Name the last U.S. boxer to win an Olympic gold medal in the lightweight division.

ANSWERS

1. Frank Robinson, with 324 home runs. 2. Lou Piniella, in 1995, '97, '00 and '01. 3. Miami's Dan Marino had six such seasons. Manning had 10 through 2009. 4. The Huskies were co-champs of the Pac-10 in 1984-85. 5. Buffalo (05). 7. Oscar De La Hoya in 1992.

My Stars ★★★

FOR WEEK OF FEBRUARY 8, 2010

ARIES (March 21 to April 19) Your natural Arian leadership qualities make you the person others will follow in tackling that important project. But don't get so involved in the work that you neglect your personal life.

TAURUS (April 20 to May 20) Aspects favor sorting through your possessions, both at work and at home, to start giving away what you don't use, don't need or don't like. Relax later with someone special.

GEMINI (May 21 to June 20) The issues are not quite as clear as they should be. That's why you need to avoid getting involved in disputes between colleagues at work or between relatives or personal friends.

CANCER (June 21 to July 22) You'll get lots of support from others if you own up to your mistake quickly and include a full and honest explanation. Learn from this experience so that you don't repeat it.

LEO (July 23 to August 22) There might be some early confusion over a major move, whether it's at work or at home. But once you get a full breakdown of what it entails, it should be easier to deal with. Good luck.

VIRGO (August 23 to September 22) Creating order out of chaos, even in the most untidy spaces, should be no problem for organized Virgos. So go ahead and do it, and then accept praise from impressed colleagues.

LIBRA (September 23 to October 22) Whether it's for business purposes or just for leisure, a trip might be just what you need right now. You would benefit both from a change of scenery and from meeting new people.

SCORPIO (October 23 to November 21) While things generally go well this week, a romantic situation seems to have stalled. But you can restart it if you want to. Then again, maybe this is a chance to reassess the situation.

SAGITTARIUS (November 22 to December 21) A meeting that was promised quite a while back could finally happen. So be sure you're prepared with everything you'll need to make your case sound convincing and doable.

CAPRICORN (December 22 to January 19) A workplace blunder could create a problem down the line unless you deal with it right now to see how and why it happened.

Don't be surprised at what you might learn.

AQUARIUS (January 20 to February 18) This is a good time to re-sort your priorities and see if adjustments are called for. Be honest with yourself as you decide what to keep, what to discard and what to change.

PISCES (February 19 to March 20) Letting yourself be bathed in the outpouring of love and support from those who care for you will help you get through a difficult period sooner rather than later. Good luck.

BORN THIS WEEK: You have an uncanny gift for reaching out to all people and creating bridges of understanding among them.

THIS WEEK IN HISTORY

- On Feb. 14, 278 A.D., Valentine, a holy priest in Rome, is executed. Ruler Claudius the Cruel was having a difficult time getting soldiers to join his military because of their strong attachment to their wives, and had banned marriages. Valentine had continued to perform marriages in secret and was beheaded for it.

- On Feb. 11, 1858, in southern France, Bernadette Soubirous, a 14-year-old French peasant girl, first claims to have seen the Virgin Mary. The apparitions, which totaled 18 before the end of the year, occurred in a grotto of a rock promontory near Lourdes, France.

- On Feb. 13, 1914, The American Society of Composers, Authors, and Publishers (ASCAP) is formed in New York. This was the first U.S. group to help protect copyrighted music against illegal public performances for profit.

- On Feb. 12, 1934, Bill Russell, the legendary center for the Boston Celtics during the 1960s, is born in Monroe, La. During his 13-year career with the Celtics, the 6-foot-9-inch Russell helped the team to 11 NBA championships.

- On Feb. 8, 1943, Japanese troops evacuate Guadalcanal, leaving the South Pacific island in Allied possession after a prolonged campaign. The American victory halted Japanese expansion and paved the way for further Allied gains in the Solomon Islands.

- On Feb. 10, 1962, American spy-plane pilot Francis Gary Powers is released by the Soviets in exchange for Soviet Col. Rudolf Abel, a senior KGB spy who was caught in the United States five years earlier. The two men were brought to separate sides of the Glienicker Bridge, which connects East and West Berlin across Lake Wannsee, and

released at the same time.

- On Feb. 9, 1973, Max Yasgur, owner of the 600-acre dairy farm in New York where the original Woodstock took place in August 1969, dies in Florida. More than 400,000 people attended the three-day music festival.

STRANGE BUT TRUE

- It was American journalist, author and humorist Don Marquis who made the following sage observation: "Procrastination is the art of keeping up with yesterday."

- A giant carnivorous plant has recently been discovered on a remote mountaintop in the Philippines. The second largest pitcher plant on record, *nepenthes attenboroughii* secretes a nectar that lures insects, frogs and even rats into its trap, where enzymes and acids break down the animal and digest it.

- There has been a lot of debate about whether older drivers should be required to pass driving tests in order to renew their licenses, with failing sight and diminished judgment being cited as reasons for the more stringent requirement. However, statistics tend to indicate that, as a group, teenagers are the more dangerous drivers, with their auto-accident death rate roughly triple that of the elderly.

- If you're thinking about going back to school during this economic downturn, you might want to consider working toward a master's degree in business administration. The average salary increase enjoyed by new MBA holders is a whopping 64 percent.

- The men's formal attire known as the tuxedo takes its name from the Tuxedo Park Club in New York, where the clothing first became popular. The word itself is derived from the Algonquian word for wolf.

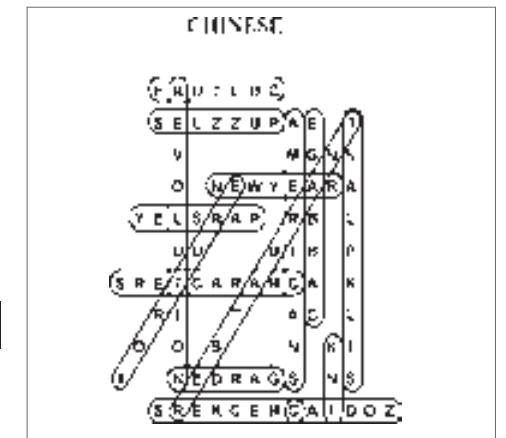
- The man who holds the world record for running 100 meters and 200 meters, and who has won three Olympic gold medals, is a Jamaican by the name of Usain Bolt. Yes, Bolt.

- The Zagat restaurant rating system recently conducted a survey of Americans' tipping habits. The results? It seems that residents of Philadelphia are the most generous tippers in the nation, leaving an average of 19.6 percent. The average across the country is 19 percent.

THOUGHT FOR THE DAY

"People who have no weaknesses are terrible; there is no way of taking advantage of them." -- Anatole France

PUZZLE ANSWERS



Prince And Princesses Of Edisonia

The 2010 Prince and Princesses of Edisonia will be presented for the first time at the Kazen and Ques Ball on Saturday, February 6 at 8:30 p.m. at the Harborside Event Center. They were chosen by a vote of the members of the Edison Pageant of Light and the Fort Myers Woman's Community.

The Prince and Princesses served a one year term as the 2009 Dukes and Duchess, prior to being elevated to the title of Prince and Princess. A vote of the membership will crown a new king and queen at the Coronation Ball on February 19 at 8:30 p.m. at the Harborside Event Center, when the reign of King Marcus Corbin Henderson and Queen Kelly Anne Williamson comes to a close.

Williamson is the 21-year-old daughter of Dr. and Mrs. Donald C. Williamson, III (Don and Silvia). A graduate of Fort Myers High School class of 2006, she is a senior at the University of Florida in Gainesville. Williamson is pre-med, majoring in human nutrition. She was the recipient of the George Merrick Academic Scholarship. Williamson worked as an undergraduate molecular biology research assistant at Shands Teaching Hospital and this summer completed a microbiology course at the Pasteur Institute in Paris, France. She is



Kelly Anne Williamson, outgoing queen

a member of Zeta Tau Alpha sorority, Alpha Epsilon Delta pre-health honor society and Golden Key honor society. Williamson enjoys hunter-jumper horseback riding, shopping, and Gator football. She was the 1995 Junior Queen and served the Royal Court as family banner bearer and hostess.

Marcus Corbin Henderson, 21, is the son of Mr. and Mrs. Randall P. Henderson, Jr. (Randy and Ginny). A graduate of Fort Myers High School, class of 2006, Henderson is currently a senior at the University of Florida in Gainesville, where he is majoring in food and resource economics. He is a member of Kappa Alpha fraternity. He enjoys fishing, hunting, photography, Gator football and basketball. Last summer he worked as a merchandiser for Suncoast Distributors. Henderson was a prince on



Marcus Corbin Henderson, outgoing king

the Junior Court and previously served the Royal Court as page and usher.

The Edison Pageant of light was the inspiration of the late Robert Halgrim, newspaper man and personal friend to Thomas Edison. Halgrim created a celebration that would pay homage to the great inventor and would become a living memorial to the man who gave us incandescent light. The Woman's Community Club and the Jaycees enthusiastically helped Halgrim develop his concept of the mythological kingdom of Edisonia.

In 1938, seven years after Edison's death, The Edison Pageant of Light was launched. The foundation for the realm of Edisonia was laid in 1928 when James E. Crafton, Jr. a real estate promoter started the Sunshine Court to celebrate 1,000 days of sunshine in Fort Myers.

A link between the two celebrations was forged when Sunshine King, Robert Halgrim, abdicated in favor of new monarchs, Virginia (Sheppard) Holloway and James E. Hendry. These monarchs were crowned the first royalty of Edisonia. The event has been held each year since, with the exception of the war years 1942 to 1945.

There are two royal balls hosted by the Edison Pageant, the first honoring the reigning monarchs and past kings and queens, and the Coronation Ball crowning the new King and Queen. The pageant royalty also participate in the Edison Festival of Light Grand Parade.✪

Music At Miromar

The Acoustic Music Society of Southwest Florida and Miromar Outlets will present Frank Corso and Spoonfull on Saturday, February 6, from 3 to 6 p.m. Miromar Outlets is at Corkscrew Road and I-75 in Estero. For more information log onto www.acousticmusicsociety.com.✪

Tri Sigma Alumni Officers Elected

Officers of the Tri Sigma alumnae are Fran D'Alessandro, president; Tippy McClimans, vice president; Teresa Walker, treasurer; Jody Van Cooney, secretary; and Linda Clemons, Web master.✪

Bluegrass On The Green Grass

The Acoustic Music Society of Southwest Florida will present Bluegrass on the Green Grass at Estero Community Park on Sunday February 7 from 2 to 5 p.m.

It will feature The Bugtussel Ramblers, Curt Dunn and Company and Telegraph Creek.

Bring a lawn chair. Admission is \$6, free for members and children under 16.

Pickers are welcome to jam away from the stage.

For more information log onto Acousticmusicsociety.com.✪

Airport Board Chair Elected

The Lee County Board of Port Commissioners elected Tammy Hall as chair for 2010 during its first meeting on January 11. Bob Janes was appointed as vice chair by Commissioner Hall. The board, composed of the five Lee County commissioners, meets bi-monthly as the Board of Port Commissioners to set policy and direct the operations of Southwest Florida International Airport and Page Field General Aviation Airport in Fort Myers. The other port commissioners include Brian Bigelow, Ray Judah and Frank Mann.✪

Symphony Valentine Performance

Take a stroll down lover's lane with plenty of dancing and romancing at the Gulf Coast Symphony's *Symphonic Valentine: Mancini & Moonlight* concert at Barbara B. Mann Performing Arts Hall February 13 at 7:30 p.m. Be swept away by lush arrangements of *Moon River*, *The Days of Wine and Roses*, *Dear Heart*, *Charade* and orchestral features such as

The Baby Elephant Walk, *Peter Gun*, *The Pink Panther* and *Victor Victoria*.

Single tickets are \$29, \$35, \$40 and \$51. Tickets are available online at www.gulfcoastsymphony.org, by calling 481-4849 or in person at the Barbara B. Mann Box Office one hour prior to the concert. For more information, email: info@gulfcoastsymphony.org.✪

New Executive Director

Tim Ficker was recently named executive director of Cypress Cove at HealthPark Florida, Inc., a continuing care retirement community in South Fort Myers. In addition to his responsibilities at Cypress Cove, Ficker will support development initiatives as the vice president of senior services for Lee FP, Inc., a subsidiary of Lee HealthCare Resources.

Ficker spent the past four years at Shell Point Retirement Community in Fort Myers, where he served as executive vice president and chief operating officer. Prior to that, he spent 12 years in regional operations with Erickson Retirement Communities in Baltimore, Maryland. Ficker began his career in youth ministry, serving for 12 years with Young Life Ministries in South Carolina and Pennsylvania. He received his BA degree from Denison University in Granville, Ohio, and his MA in theology from Fuller Seminary in Pasadena, California.



Tim Ficker

Ficker said, "This was a terrific opportunity to take all that I have learned in my previous positions and apply it in the senior leadership role of a dynamic organization. The residents and staff members of Cypress Cove have welcomed me with warmth and enthusiasm and I look forward to a strong partnership with all the members of this active community."✪

Professor Patches Magic Show

Professor Patches will perform a hands-on magical show at 7 p.m. Friday, February 5 at Cape Coral Yacht Club, 5819 Driftwood Parkway.

Doors open at 6 p.m. for free children's crafts and activities.

Admission is \$5 per person with children under two admitted free.

For tickets, call Cape Coral Parks and Recreation Department at 574-0806 or pay at the door.✪

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PUZZLE ANSWERS

SUDOKU

3	5	8	6	7	4	2	9	1
9	1	7	3	2	5	8	4	6
6	4	2	8	1	9	7	3	5
5	2	9	4	6	3	1	7	8
8	7	3	1	5	2	9	6	4
1	6	4	7	9	8	3	5	2
7	3	5	2	8	6	4	1	9
4	8	6	9	3	1	5	2	7
2	9	1	5	4	7	6	8	3

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Current Positions:

Cage Cleaner, Gopher Tortoise Grazer, Patient Driver, Emergency Response Transporter, & Gift Shop/ Education Center Volunteers. Other positions are available throughout the year. Call for a full listing. If you're interested in hard work and would like to become a volunteer call Marguerite Jordan at 472-3644 ext 5.

A time-sensitive training is involved in all of our patient-care. We do ask our volunteers to make a service commitment of 3 consecutive months per year with a minimum of 3-5 hours per week
SR 9/5 N TFN

SALES POSITION

BEACH HOUSE SWIMWEAR on Sanibel and Captiva now hiring.

Energetic and interested in learning how to sell swimwear?

Apply online

jobs@thebeachhouseswimwear.com or call Kim @ Sanibel 472-2676 or Peggy @ Captiva 395-5383.

SR 12/11 B TFN

WANTED - WAITRESS/WAITER

for downtown Fort Myers restaurant. Must have experience and transportation. Above salary plus tips. Must be available Wed.

through Sat. nights.
Call 239-405-0340

RS 2/5 N 2/12

WANTED - DISHWASHER/BUSER

for downtown Fort Myers restaurant. Must have experience, transportation and speak English. Split shifts.

Call 239-405-0340

RS 2/5 N 2/12

SANIBEL SCOOP NOW HIRING

Part time positions available.

Apply in person at 2411 Periwinkle Way or call 472-9866.

Ask for Brittany.

RS 2/5 M 2/5

SERVICES OFFERED

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SR 9/11 B TFN

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Computer repair, setup, file recovery & troubleshooting for home or office. 15 year Island resident. Guaranteed work & low rates. Call Justin at 677-0226 or email at jlstrauss3@yahoo.com

SR 1/11 V TFN

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RS 11/14 M TFN

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SR 10/23 V TFN

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Call Lisa 239-472-8875

Available day/night/weekends

RS 10/23 B TFN

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SR 10/3 B TFN

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SR 11/12 B TFN

HOUSE CARE

While you are away by a retired architect, & a Sanibel resident.

Call 395-1649

SR 9/30 N TFN

PROFESSIONAL CLEANING SERVICES

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SR 11/13 N TFN

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RS 11/27 V 2/12

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TomTechinFL@yahoo.com

RS 2/5 B 2/5

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RS 2/5 A 2/26

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SR 8/6 N TFN

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\$399,000

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near Bowmans Beach

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239-398-0404

SR 1/1 M 2/5

CONDO FOR SALE

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floor condo, close to Sanibel and

Fort Myers Beach, \$95,000.

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SR 10/9 N TFN

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SR 12/11 B TFN

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SR 2/5 B 2/5

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SR 2/5 B 2/5

FOR SALE

Single wide unit number 30 in Adult Periwinkle Park on Sanibel Island. One bedroom one bath with central air. Located on quiet street with great view overlooking the pond. Has a large finished lanai including washer and dryer. All in great condition. Willing to pay monthly lease fees for first six months.

Asking price 87,900.

For more information

call 239-246-5769.

SR 1/29 M TFN

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SANIBEL CANAL FRONT
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RS 11/27 N TFN

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Lovely fully equipped 2BR 2BA units (3) available on
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RS 1/29 V 3/19

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Single level, sea wall,
under one million
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SR 1/15 V 3/6

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Lake Glenville • Sapphire Valley
www.TheNorthCarolinaMountains.com.

SR 4/24 B TFN

COMMERCIAL PROPERTY

OFFICE SPACE FOR LEASE

Convenient location on Periwinkle Way, Island
Tower Plaza, Sanibel. 1st Floor availability with
700 sq. ft. of space. Leasehold improvements
negotiable. Call Joe at 516-972-2883 or toll free
at 800-592-0009. Fax is 212-371-2290

SR 10/12 B TFN

PRIME COMMERCIAL/OFFICE SPACE

For sublease on Periwinkle Way, Sanibel.
Excellent exposure and convenient location,
flexible square footage available to suit your
needs. Call 239-472-2183 for more information.

SR 12/3 B TFN

FOR LEASE

Architecturally designed real estate office
on Periwinkle with 7-12 private offices
depending on configuration. Freshly
painted, new floor covering, reasonably
priced. Call 239-940-7823 for showing

RS 12/14 B TFN

OFFICE SPACES FOR LEASE

Iona Schoolhouse Professional Center
Great Location at McGregor Blvd & Kelly Road.
685 sq feet & 1350 sq feet units available. Will
negotiate year lease! Call Lisa at 239-472-2792

RS 1/4 B TFN

TOTALLY RENOVATED

800 Sq. ft. Doc Ford's Center. New large white
tiles on floor. New bathroom. Raised ceiling
and new windows. Motivated owner - some
FREE RENT. Call Nancy 239-246-4075.

SR 8/7 B TFN

RETAIL SPACE FOR RENT

Retail space available on Periwinkle Way.
Frontage 2,100 sq. ft.
Call 239-283-8581

RS 8/14 B TFN

RETAIL OR OFFICE SPACE

For Rent
East End of Sanibel
Call 239-472-0121 or 239-410-2553

SR 12/11 P TFN

PRIME PERIWINKLE FRONTAGE! - 1000 sq ft
perfect for retail, office, other. Hardwood floors -
beautiful! Ample parking, no cam fees!
239-472-6385

SR 7/31 A TFN

PRIME RETAIL SPACE FOR sublease. Corner unit,
1,500 sq ft, great visibility. Location, location, loca-
tion. Call 239-738-1609

SR 11/13 M TFN

SEASONAL RENTAL

SPECIAL INTRODUCTORY RATES

Adorable ground level 2 bedroom home
newly renovated and very close to beach
Sparkling new swimming pool! Available
March 1 - Call for info 239-691-3319

SR 1/8 M 2/12

ANNUAL RENTAL

PROPERTIES AVAILABLE

For a complete list visit our Website
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Call Dustyn, RE/MAX of the Islands
239-472-2311

RS 10/9 B TFN

SANIBEL

2BR/1BA

Completely renovated
Corian and tiled throughout.

Quiet Street
and near shopping
Ground level

W/D on site.
\$950 month plus electric
330-289-1798

SR 11/27 V TFN

EAST END 2BR/2BA

1/2 of duplex. Walk to beach.
Fully remodeled.
Kitchen/Bath/Tile
\$1,095 per month
410-692-0200

RS 1/29 V TFN

ANNUAL RENTAL

Two bed/ two bath unfurnished ground floor
condo off Kelly Road. Close to Sanibel and
Fort Myers Beach. Annual lease \$875/mo.
Six month lease also avail.
Pets under 25 lbs. OK. Call 851-3506.

SR 1/29 N TFN

LOVELY SANIBEL CANAL HOME

Watershadows, direct gulf access, new
dock, 3-bd/2-bath, walk to Bay.
Available May 1. \$2,195/month.
blsulvnl@roadrunner.com or 603-356-5646

RS 2/5 V 2/19

ANNUAL RENTAL

Centrally located 2-bed, 1-bath cottage.
Washer & Dryer, unfurnished.
957 Fitzhugh.
\$950/mo.
Call 239-645-4850.

SR 2/5 B 2/12

SMALL ELEVATED 3-BED/2-bath, no pets.
Unfurnished. 2550 Sanibel Blvd. 239-472-2225.
\$1,400 per month. \$1,000 security deposit
SR 11/13 B TFN

SANIBEL 2BR/2BA, w/large office, LR/DR, UF
ground level home in quiet neighborhood w/ large
one car garage. Renovated, corian counters and ter-
razzo floors, large back yard deck. Pets welcome.
Available April. \$1,450 plus utilities. 239-472-2464
leave message.

SR 12/25 B TFN

CUSTOM HOME, PRIVATE, river view, guest loft with
sun porch, pool, tennis, beach. No smoking or pets.
Available monthly beginning April. 405-210-2341 or
405-307-8949

SR 1/8 M TFN

ANNUAL RENTAL

BEAUTIFUL HOME OFF SO. McGregor. \$1,200/
mo. 2br/2ba/den/2car. Granite, wood cabinets, tile,
screened lanai, eat-in kitchen. No pets. Security
\$1,200. 239-357-1700

RS 1/22 V 2/5

BEAUTIFUL GATED TOWNHOUSE \$590. 2br/1.5ba
off College Parkway. Close to shopping, beaches,
Sanibel. New tile throughout. W/D. Screened patio.
New a/c. No pets. Security \$650. 239-357-1700

RS 1/22 V 2/5

ANNUAL RENTAL WANTED

Local Island Family looking for annual rental on is-
land. Furnished or unfurnished. Please call 239-738-
4309

RS 2/5 V 2/5

ANNUAL/SEASONAL RENTAL

ANNUAL OR SEASONAL RENTAL

Sanibel 2BR/2BA - Furnished, Central
A/C, Wet Bar, Vaulted Ceilings, Direct TV,
Internet, Pool, Screened Lanai, Garage. Call
954-605-3325 or 800-618-3325 for details.

SR 7/17 M TFN

SANIBEL WATERFRONT

Sanibel Waterfront 2BR/2BA home fur-
nished. Manatees & otters are neighbors.
4 months - \$9,600, 6 months - \$13,600.
2010 - 2011 Season.
Please call 973-398-6315.

SR 9/18 V TFN

CONDO FOR RENT

2BR/2BA on 1st Floor Davis Rd, Fort
Myers. Furnished with living room, kitchen,
dining area & screened lanai. W/D, TV,
heated pool & tennis. Close to beaches,
shopping & golf. Call 239-267-7697

RS 1/29 V 2/5

VACATION RENTALS

EAST END COTTAGE

Steps from the beach. 1 bdrm/1 1/2 bath,
AC/heat, full kitchen, laundry. \$3,500/mo + tax
Jan-Mar, neg.off-season.
Call for availability: 239-738-3021.

SR 1/9 B TFN

VACATION RENTAL

Completely remodeled Dunes duplex with
fantastic golf course views available for monthly
or seasonal rental. 3BR/3BA, vaulted ceilings,
two floors, light and bright, large kitchen.
Upgrades include granite, marble, tile, pavers.
Call 703-548-0545 for more information.

SR 3/7 V TFN

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S 10/9 B TFN

VACATION RENTALS

SANIBEL ARMS 2/2

First floor condo, completely redone -
kitchen/bath/appliances/furniture -
November 2005. TVs/DVDs, internet, pool/
clubhouse. Just a few steps to beach.

Weekly/Monthly/Seasonal
Call owners: 401-253-2511

S 1/26 M TFN

SANIBEL ARMS

2 BR 2 BA 1st floor corner unit on canal. Free boat
dock. Fishing, lanai, pool, steps to beach. Interior
& furnishings new Jan 2006. Weekly/monthly/sea-
sonal. Call owner 419-566-8670.

SR 4/13 V TFN

NEAR BEACH PRIVATE HOME 3 BEDROOM, 2 BATH

3bedroom, 2bath Home with heated pool,
in quiet Sanibel neighborhood. Seasonal
and monthly rentals. 239-472-0692 or
www.4sanibel.com.

SR 12/25 P 10/1

VACATION RENTAL

Walk to beach - Near causeway
2-1 completely remodeled.
Deck, new kitchen, bath and tile.
Feb-\$3,500, March-\$3,700, April-\$3,000
410-692-0200

RS 1/29 V TFN

TOWNHOUSE ON CAPE COD BAY

Country Club Townhouse on Cape Cod
Bay in Plymouth, MA. 2 miles from Cape
Bridges. Golf, tennis, pool, restaurant,
sandy beach. 2BR, 2BA. Available July &
Sept. \$6,000/Mo. Call Agent 508-561-1666

RS 2/5 V 2/26

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DOCKAGE

Hourly, Daily, Weekly
and Monthly.
Captiva Island 472-5800

SR 1/30 B TFN

SECURE INDOOR BOAT STORAGE FOR RENT

10x12x30 GROUND LEVEL Dry Dock
at Sanibel Harbor Yacht Club
(Next to Sanibel Bridges)
Unlimited In/Out Privileges - 7 days/week
Complete Boat Wash/Engine flush after each use
Total use of club facilities (no dues)
(Restaurant, Marina Supplies & Boat Shop
& Certified Mechanics & Repair Shop);
showers, Fuel at Wholesale (gas & Diesel)
Slip #157
Call Phil 239-395-0407

SR 11/13 V TFN

★ ★ CLASSIFIEDS ★ ★ CLASSIFIEDS ★ ★

MISC. FOR SALE

32" TV
JVC I'Art 32" TV
Silver case, good looking, good working order, w/remote and manual. \$150
472-6837 (leave msg)
SR 11/20 N TFN

MISC. FOR SALE

SONY TRINITRON TV
36" in 7' cabinet, extra speakers
VHS & DISC Players
\$500
395-1649
SR 2/5 N TFN

ESTATE SALES

ISLAND ESTATE SALES
Unique Old High End Silver, Jewelry, Art, Coins, Wicker, More. Pick-Up & Donations can benefit local charities. BOGO 1/2 off Sale. Wall Art & Beachy Items.
2431 Periwinkle, www.SanibelAuction.com
RS 2/5 V TFN

FOR SALE

2 brand new table lamps - crystal with white shade \$50
Gray office chair \$15
Call 246-4716
RS 2/5 N TFN

SCHWINN AIRDYNE UPRIGHT EXERCISE Bike.
Heart Rate Monitor, Time, Distance, Calories. \$300.
395-1649
SR 1/8 N TFN

**TIME TO SAY
GOOD BUY!
SEE YOU
NEXT WEEK**

3					4		9	
	1			2				6
		2	8			7		
5			4				7	
		3			2			4
	6			9		3		
		5		8				9
4					1		2	
	9		5			6		

SUDOKU

To play Sudoku:
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 35

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Wire rope

BELAC

Good buy

GARABIN

Visitor

STEGU

Offend

TINSUL

TODAY'S WORD

answer on page 35



"Don't think of sweeping as a chore. Think of it as practice for the Olympic team."

THE RIVER
WEEKLY NEWS
FROM THE BEACHES TO DOWNTOWN FORT MYERS

- Emergency.....911
- Lee County Sheriff's Office.....477-1200
- Florida Marine Patrol.....332-6966
- Florida Highway Patrol.....278-7100
- Poison Control.....1-800-282-3171
- HealthPark Medical Center.....1-800-936-5321
- Ft. Myers Chamber of Commerce.....332-3624
- Foundation for Quality Childcare.....425-2685
- Ft. Myers Beach Chamber of Commerce.....454-7500
- Fort Myers Beach Library.....463-9691
- Lakes Regional Library.....533-4000
- Lee County Chamber of Commerce.....931-0931
- Post Office.....1-800-275-8777
- Visitor & Convention Bureau.....338-3500

ARTS

- Alliance for the Arts.....939-2787
- Arts For ACT Gallery & Studio.....337-5050
- Art League Of Fort Myers.....275-3970
- Barbara B. Mann Performing Arts Hall.....481-4849
- BIG ARTS.....395-0900
- Broadway Palm Dinner Theatre.....278-4422
- Cultural Park Theatre.....772-5862
- Florida Repertory Theatre at the Arcade.....332-4488
- Florida West Arts.....948-4427
- Fort Myers/Estero Island Barbershop
- Fort Myers Symphonic Mastersingers.....472-0168
- Gulf Coast Symphony.....489-1800
- Harmony Chorus, Charles Sutter, Pres.....481-8059
- Naples Philharmonic.....(239) 597-1111
- The Schoolhouse Theater.....472-6862
- S.W. Florida Symphony.....418-0996
- Theatre Conspiracy.....936-3239
- Young Artists Awards.....574-9321

CLUBS & ORGANIZATIONS

- Animal Refuge Center.....731-3535
- American Business Women Association.....463-1221
- Audubon of SWFL.....339-8046
- Audubon Society.....472-3156
- Caloosahatchee Folk Society.....677-9509
- duPont Company Retirees454-1083
- Edison Porcelain Artists.....415-2484
- The Horticulture and Tea Society.....472-8334
- Horticultural Society.....472-6940
- Lee County Genealogical Society.....549-9625
- NARFE (National Active & Retired Federal Employees).....482-6713
- Navy Seabees Veterans of America.....731-1901
- Paradise Iowa Club of SWFL.....667-1354
- Southwest Florida Fencing Academy.....939-1338
- Southwest Florida Music Association.....561-2118

Kiwanis Clubs:

- Fort Myers Beach.....765-4254 or 454-8090
- Fort Myers Edison.....694-1056
- Fort Myers South.....691-1405
- Gateway to the Islands.....415-3100
- Iona-McGregor.....482-0869

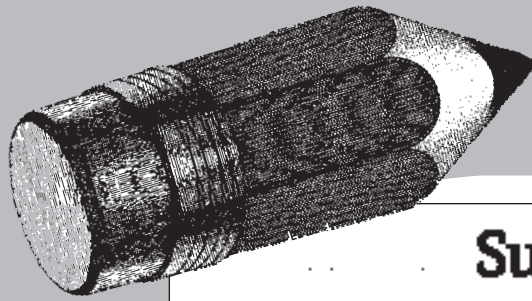
Lions Clubs:

- Fort Myers Beach.....463-9738
- Fort Myers High Noon.....466-4228
- Estero/South Fort Myers.....898-1921
- Notre Dame Club of Lee County.....768-0417
- POLO Club of Lee County.....477-4906
- Rotary Club of Fort Myers.....332-8158
- Sanibel-Captiva Orchid Society.....472-6940
- United Way of Lee County.....433-2000
- United Way 211 Helpline (24 hour).....211 or 433-3900

AREA ATTRACTIONS

- Bailey-Matthews Shell Museum.....395-2233
- Burrough's Home.....337-9505
- Calusa Nature Center & Planetarium275-3435
- Edison & Ford Winter Estates.....334-3614
- Fort Myers Skate Park.....321-7558
- Imaginarium Hands-On Museum & Aquarium.....321-7420
- JN "Ding" Darling National Wildlife Refuge.....472-1100
- Koreshan State Historic Site.....(239) 992-0311
- Ostego Bay Foundation Marine Science Center.....765-8101
- Skatium.....321-7510
- Southwest Florida Museum of History.....321-7430

If you would like your club/organization listed in The River Calling Card, phone 415-7732



BEACH CHAIR PASTIME

Answers on page 32

Super Crossword MUSIC STAND

- ACROSS**
- 1 Treatise
 - 8 Then do it
 - 10 Now rank
 - 13 Bother
 - 19 Hook on a hawk
 - 20 Kluge's cry
 - 21 Jean — Godard
 - 22 + 1 for farming
 - 23 Start of a decline of a perfectionist
 - 26 Channel
 - 27 Plead
 - 29 Skeleton part
 - 29 Elizabethan instruments
 - 31 Yen
 - 32 Relinquish
 - 33 Occur earlier
 - 35 To — (perfectly)
 - 36 El — TX
 - 39 Puppeteer Lewis
 - 40 TV's — "Shoot"
 - 42 Part 2 of definition
 - 48 WWII abbr.
 - 51 Palm oil?
 - 62 Aristocratic address
 - 63 Dual tool
 - 64 Metric measure
 - 55 Re shed a roast
 - 56 Dismay
 - 57 Chest material
 - 59 Sun screen
 - 60 Ultra of Metaphor
 - 62 Caustic atom
 - 63 Ryan of "Boston Public"
 - 64 Book to amuse teens
 - 68 Thornfield governess
 - 68 Part 3 of definition
 - 69 Black
 - 70 Sullivan's partner
 - 73 — even keel
 - 74 Hoel
 - 76 Impresses immensely
 - 78 Confess
 - 80 He copier part
 - 82 Party present
 - 84 Picnic post
 - 85 Aulianho
 - 86 Anapest, for one
 - 87 Spanish lute
 - 88 Broadway letters
 - 89 Prohibit
 - 90 Part 4 of definition
 - 94 Borach ingredient
 - 95 Giva Leontyne
 - 96 Petty or Chandler
 - 97 Sial on's sweetie
 - 99 Mideastern kingdom
 - 102 "The Rainyana," e.g.
 - 105 — song (cheaply)
 - 106 Casual cloth
 - 107 School founded in 1440
 - 108 Absorb, with "up"
 - 111 "The Barber of Seville" noisily
 - 114 End of definition
 - 118 Carved a canyon
 - 119 Sue — Langdon
 - 120 — Linda, CA
 - 121 Avis
 - 122 Became rigid
 - 123 Golanst Paul
 - 124 "— River" ('61 hit)
 - 125 Be grateful
 - DOWN**
 - 1 Use a disk
 - 2 Drac's wrap
 - 3 Couturier Cassini
 - 4 Negative correlative
 - 5 Follow
 - 6 Metaphysical poet
 - 7 Nebraska neighbor
 - 8 Spaced-meter abbr.
 - 9 "— Beso" ('82 hit)
 - 10 Pianist Arrau
 - 11 — del Este
 - 12 Mid-size band
 - 13 Curtains
 - 14 — deco
 - 15 One in a million
 - 16 Diminish
 - 17 Pizza
 - 18 Son of Adam
 - 24 Time-honored
 - 25 Oilcan worker
 - 30 "Georgy Goo" group
 - 32 Pigeon English?
 - 33 Med. professional
 - 34 Umwe came out?
 - 35 Donkey
 - 36 Parsy
 - 37 "West Side Story" role
 - 38 "The New Yorker" humorist
 - 39 Where to find a plover
 - 41 Positive voice
 - 43 Singer Sumac
 - 44 Steering device
 - 45 Polka's need
 - 46 Ancient Sanskrit
 - 47 Mineral spring
 - 48 Indecisive
 - 49 Bum remedy
 - 50 Firewood measure
 - 54 One of the Aleutians
 - 57 Chavez or Romero
 - 58 "— go bright!"
 - 59 Rocker Morrison
 - 61 Astronavigator
 - 63 Mrs. Jupiter
 - 65 Skaler to postal actor
 - 67 Club creed
 - 70 Apparel
 - 71 Concept
 - 72 Puffed a sulky
 - 74 Hawthth's transport
 - 75 Dec and
 - 77 Join up
 - 78 Abolitionist name
 - 81 Aah's partner
 - 82 Use
 - 83 Across
 - 85 "Pshaw!"
 - 87 Vaudeville bit
 - 90 Elliot
 - 91 Revolts
 - 92 Freddie the freeloader, e.g.
 - 93 Father Brown monogram
 - 94 Pigtails
 - 97 Booger Archie
 - 98 Fiery felony
 - 100 Copper or cobalt?
 - 101 — fell swoop
 - 102 Painted Alien
 - 103 Lulu dish
 - 104 Map feature
 - 105 Worry
 - 107 Admiral Zumwalt
 - 108 Adventure story
 - 109 Potent
 - 110 Company car, e.g.
 - 112 Bam
 - 113 Snap on
 - 115 Shady character?
 - 116 Leeds laboratory
 - 117 Uh-huh

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18			
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105																		108	109	110
111																				117
118																				
122																				

King Crossword

ACROSS

- 1 "Humbert"
- 4 Trade
- 6 Lines
- 8 Picture
- 12 Export
- 13 Great Britain
- 14 Fight the clock
- 15 Michael Jackson album
- 17 Frequently owned
- 18 Shaded curtain
- 19 Harriet
- 20 Sordid
- 21 Unlikely
- 22 Gubernatorial
- 23 Sordid
- 24 Unlikely
- 25 Gubernatorial
- 26 Gubernatorial
- 27 Indulgent
- 28 Check our codes
- 34 "— Towel"
- 35 Tinseltown medium
- 36 St. Louis, Mo.
- 37 Extremely impressive
- 39 Bow tie
- 40 Saffron
- 41 Erdemlier
- 45 Piece of work
- 48 German
- 50 Leafy shrub
- 51 Subsequently
- 52 Swiss
- 53 WWII
- 54 Ethical
- 55 19th-century
- 56 Immature
- 59 Foxglove
- 60 Cupelles
- 61 Homer's epithet
- 62 Elizabeth
- 63 Of the upper
- 64 Hunch
- 65 Places
- 66 Henry
- 67 Chapters
- 68 Musica
- 69 Based on
- 70 A surname
- 76 American company
- 77 Need-in-kind
- 78 Any of the
- 79 Quinine
- 79 Harthouse
- 87 Striped
- 88 South Korean capital
- 89 Symbols of antiquity
- 90 Rex's last girls
- 91 "The Bop" artist
- 92 Paris
- 93 Summer
- 94 Plumbing problem
- 95 Little prelude
- 96 "The Haven" author
- 97 Submachine gun
- 98 Clock
- 99 Dwarfling

DOWN

- 1 Decrease
- 2 Breading
- 3 Political party
- 4 Impassioned
- 5 Roman
- 6 Condo
- 7 Smiling
- 8 French
- 9 Cupelles
- 10 Cupelles
- 11 Homer's epithet
- 12 Of the upper
- 13 Hunch
- 14 Places
- 15 Henry
- 16 Chapters
- 17 Musica
- 18 Based on
- 19 A surname
- 20 American company
- 21 Need-in-kind
- 22 Any of the
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- 30 Paris
- 31 Summer
- 32 Plumbing problem
- 33 Little prelude
- 34 "The Haven" author
- 35 Submachine gun
- 36 Clock
- 37 Dwarfling

MAGIC MAZE • CHINESE

C E R U I L F C C A N V I R
 P N S E L Z Z U P A E L T C H
 F D B V Y X Y I R M G N N P O
 M K I O G N E W Y E A R A E E
 D Y E I S R A P B R B Z I S R
 W U T U R Q O U I B N P L T
 S R E I C A R A H C A J K I A
 G F R I D U T A Y A C X I W F
 V O T O S S R P O N N K I L H
 T R I N E D R A G S I N S G T
 F E S R E K C H C A I D O Z

Use the clues to find the words hidden in the maze.

- Armer cans
- Culture
- Parsley
- Silk plant
- Cabbage
- Garden
- Puzzles
- Texture
- Characters
- Ink
- Restaurant
- Zodiac
- Checkers
- New Year
- Revolution

Still-Life Works On View At Burroughs Home For Art Walk

Florida artist Veronica Benning will display her artwork at the Burroughs Home, 2505 First Street, Fort Myers, Friday, February 5 through Friday, February 19. All of her artwork will be available for sale and partial proceeds from this showing will benefit the Uncommon Friends Foundation to further the work of the foundation in its effort to teach ethics in a program designed for school children.

An artist's reception will be held at the Burroughs Home between 6 and 9 p.m. on Friday, February 5. The opening of the exhibit is part of the February Art Walk in the River District. Shuttle buses will stop at the Burroughs Home so that participants can view Benning's work.

The artwork will be available for public viewing and sale daily February 6 to 19 between 10 a.m. and 4 p.m., or by appointment at other times by calling 337-9505. Art Walk and the art display are open to the public. Benning's art features many colorful and lively studies done directly from still life. Both representational and abstract works are in oil, acrylic, oil pastel, ink, graphite and gouache. Much of her work is done directly from nature.

Benning has participated in numerous one-person, juried, and group exhibitions around the nation, many of them in the Lee County area, including the Alliance for the Arts, Edison State College, Cape Coral Arts Studio, Caloosa Yacht and Racquet Club, U.S. Court and Federal Building, Art League of Bonita Springs, and Gallery Naive. She has also exhibited at the von Liebig Art Center in Naples.✱

NARFE Meeting

NARFE (National Active and Retired Federal Employees Association) South Lee County Chapter #1263 will hold its quarterly evening meeting on February 9 at 6:30 p.m. at the Lakes Regional Library on Bass Road. For more information call 482-6713.✱

Share your community news with us.

Call 415-7732,

Fax: 415-7702

or email

press@riverweekly.com

New Opportunities at Shell Point

The public is invited and many of these events are FREE!

Shell Point's Life Enrichment Series offers the opportunity to discover new things about yourself and the world you live in.

explore
imagine
play
create
laugh
inspire
learn

February Events



Shell Point Showcase Open House

Thursday, February 11 • 10 a.m. to 3 p.m.

See the best Shell Point has to offer! Narrated Tours • Decorated Models • Farmer's Market • Presentations about Shell Point's Lifestyle with Lifecare • Health Fair • Entertainment • Arts & Crafts Sale • Light Refreshments • Library Annual Book Sale

The Academy presents: Ancient Egypt and Us

Thursday, February 11 at 7:15 p.m. • The Island at Shell Point
Respected Egyptologist, Professor Adrian Kerr of Edison State College, will take us on a tour of ancient Egypt in this Academy presentation. No reservations necessary.

FREE!



Dr. Gary Small: Keeping Your Brain Young

Friday, February 12 at 7:00 p.m. • The Island at Shell Point

A leading expert on memory, aging, and the brain, Dr. Small, director of the UCLA Center on Aging, will discuss the effect lifestyle has on one's ability to live with health, vibrancy, and cognitive sharpness. Tickets \$30. Call 454-2067.

National Christian Choir 150+ Voices!

Saturday, February 13 at 7:15 p.m. and
Sunday, February 14 at 6:15 p.m. • The Island at Shell Point
Direct from our nation's capital, the National Christian Choir will present two evening performances. Tickets \$10. Call 454-2147.



FREE!

Informational Presentations & Tours

Tuesday, February 16 at 9:30 a.m. • Wednesday, February 17 at 9:30 a.m.

Tuesday, February 23 at 9:30 a.m. • Wednesday, February 24 at 1:30 p.m.

Join us for one of these group presentations about the Lifestyle and Lifecare available at Shell Point followed by a narrated bus tour of the community. Light refreshments. Space is limited, so call 466-1131 to reserve your place.



Dr. Harold Koenig: Religion, Spirituality & Health

Thursday, February 25 at 7:00 p.m. • The Island at Shell Point
Founder of the Center for Spirituality, Theology and Health at Duke University, he will discuss mind-body connections and their effects on immune functioning and longevity. Tickets \$30. Call 454-2067.



SHELL POINT
Retirement Community

(239) 466-1131 • www.shellpoint.org

Shell Point is located in Fort Myers, 2 miles before the Sanibel Causeway.

