



Kate Skales Band

photo provided

Art Vibe Reception At BIG ARTS

BIG ARTS has something a little different planned for the opening night reception for its latest fine art exhibits, *Altered Realities* and *Handmade:*

the Art of Ceramics, on Saturday, December 1 from 5:30 to 7:30 p.m. “We wanted to reach out and invite everyone to experience the excitement of BIG ARTS and enjoy one of the most impressive juried exhibits we have ever mounted. More than 121 submissions were received in two days from right here in our own backyard to artists as far afield

continued on page 3

Shell Museum Opens Pop-Up Store



Retail manager Gretchen Falk in the Bailey-Matthews National Shell Museum's Pop-Up Store at Sanibel Outlets, which opened on November 5

photo by Jeff Lysiak

by Jeff Lysiak

While plans for breaking ground on the Bailey-Matthews National Shell Museum's major renovation and expansion project is quickly approaching, one element of the museum has already stretched beyond the walls of

the Sanibel institution.

On November 5, the museum's retail gift shop has relocated off-island, opening a seasonal pop-up store at the Sanibel Outlets in Fort Myers. There, shoppers can find the museum's premier collection

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From left, Maj. John Boone, James Evans and Fred Bondurant

photos by Jeff Lysiak

Sanibel Armistice Day Celebration

by Jeff Lysiak

This past Sunday morning, more than 150 attended the annual Veterans Day memorial service held on the grounds of Sanibel City Hall, when island

citizens and former members of the United States military – Air Force, Army, Coast Guard, Marines and Navy – gathered to recognize those who made the ultimate sacrifice for their country.

Organized by the Lee Coast Chapter of the Military Officers Association of America (MOAA) and hosted by Fred Bondurant, the event included speeches delivered by distinguished guests, award-



Members of Boy Scout Troop 1740 raising the American flag

winning essays read by students, patriotic songs performed by the BIG ARTS Concert Band, and remembrances offered by veterans and family members.

World War I, also known as “The Great War,” was responsible for roughly 40 million military and civilian casualties. A

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Thanksgiving Celebration Supports Neighbors In Need



From left, Mary Bondurant, Pat Boris, Judy Pryor, Linda Scherer, Marj Nordstrom, Lyn Kern, John Pryor and Fred Nordstrom photo provided

The annual Sanibel Thanksgiving Celebration will take place this Sunday, November 18 starting at 6:45 p.m. at The Community House, located at 2173 Periwinkle Way. All are invited to join this non-denominational service, which is a celebration of Thanksgiving in music, words and song. Guest are encouraged to bring non-perishable food items for the FISH of SanCap Food Pantry.

This year, the BIG ARTS Community Chorus and The Sanibel School Seahorse

Chorale will perform seasonal music and traditional songs. The clergy of the island will present Thanksgiving Thoughts followed by FISH of SanCap board chair Nicole McHale on Neighbors Helping Neighbors, speaking about the needs of the island and how FISH strives to meet those needs, especially with the help of non-perishable food items and monetary donations from the community.

Fellowship with friends and neighbors over cookies and apple cider will follow the celebration of thanks.*

From page 1 Art Vibe

as New York and Maryland,” said Michael Dest, marketing manager at BIG ARTS. Art Vibe: A Free Celebration of Art, Food and Music is for everyone. In addition to the two juried shows featured in Phillips and Founders Galleries, there will be live music provided by Kate Skales Band in the Boler Garden, passed hors d’oeuvres provided by Paper Fig Kitchen, craft beer provided by Point Ybel Brewing Company, wine provided by Bailey’s General Store and coffee from Shift Coffee Bar.

Altered Realities, on view in Phillips Gallery, is a surrealist show that reveals the ways that different artists manipulate underlying form to express their unique, abstracted vision of the world before them. The show features works that represent abnormal or manipulated realities. In Founders Gallery, Handmade: the Art of Ceramics will feature works that are functionally beautiful and uniquely created, exploring the possibilities of the medium beyond functionality. Awards for both exhibits will be announced during the celebration.

The four-piece Kate Skales Band will perform outside in the Boler Garden, where guests can sample a variety of food and drink. Kate Skales recently appeared on the Southwest Florida music scene and has already made a name for herself with her powerful and soulful vocals. “We were looking for a band that would appeal across a wide demographic and when we

heard Kate, we thought her voice and sound matched the energy and feel of the event perfectly,” said Dest.

Paper Fig Kitchen will provide a variety of their offerings, including duck confit wontons, coconut shrimp and ahi carpaccio. Passed hors d’oeuvres will be available throughout the evening.

Point Ybel Brewing Company will serve its award-winning craft beer and Bailey’s General Store will feature some of the top picks from their wine collection. Shift Coffee Bar will be making its first visit to Sanibel. The mobile coffee bar will bring its signature nitro cold brew.

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Captiva Island Historical Society

Looking Back: Herbert And Hattie Brainerd

This week's image features Herbert and Hattie Brainerd, pictured standing near a shell fountain near the Gore Hotel on Captiva. The post office was located at the front of the hotel and Hattie was the second postmistress on Captiva.



Herbert and Hattie Brainerd photo courtesy Captiva Island Historical Society Archives

The History Gallery, developed by the Captiva Island Historical Society, features many photos like this. All ages are welcome to step aboard a wooden replica of the old mailboat, *Santiva*, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane and open during library hours. Call 533-4890 for information.

Visit the Captiva Island Historical Society website www.captivaishistorical.org/archives/research to view many more images to bring you closer to Captiva. ✨

Churches/Temples

ANNUNCIATION GREEK ORTHODOX CHURCH

Reverend Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. www.annunciation.fl.goarch.org, 8210 Cypress Lake Drive, Fort Myers, 481-2099.

BAT YAM-TEMPLE OF THE ISLANDS

The Reform Jewish congregation has Friday Shabbat services at 7:30 p.m. (7 p.m. from May to Sept.) in Fellowship Hall of Sanibel Congregational UCC. Rabbi Stephen Fuchs, President Alan Lessack. www.batyam.org, 2050 Periwinkle Way, 579-0296.

HISTORIC CAPTIVA CHAPEL BY THE SEA

The Rev. Dr. John N. Cedarleaf Services every Sunday 11 a.m. November 11, 2018 thru April 28, 2019. 11580 Chapin Lane, Captiva, 472-1646.

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Join us for Bible study and Worship Sunday 10 a.m. at Island Cinema. Call Pastor Mark Hutchinson, 284-6709.

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Dr. Daryl Donovan, Senior Pastor Sunday Worship 8, 9 and 11 a.m. Traditional in historic Chapel, 8 a.m. Contemporary and childrens church in the main sanctuary,

9 a.m. Traditional in the main sanctuary, 11 a.m. Childcare available at all services. 1740 Periwinkle Way, 472-2684.

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. 7:45 a.m. Chapel Service, 9 a.m. Blended Worship Service, 11 a.m. Traditional Worship Service. Sunday School and nursery care at 9 a.m., www.sanibelucc.org, 2050 Periwinkle Way, 472-0497.

ST. ISABEL CATHOLIC CHURCH

Pastor Reverend Christopher Senk, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., Sunday May through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Holy Days call. 3559 San-Cap Road, 472-2763.

ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Dr. Ellen Sloan, Rector. Saturday Eucharist 5 p.m. Sunday Eucharist 8 and 10:30 a.m. Sunday School 10:30 a.m. (until May 20). Tuesday Morning Prayer 9 a.m. Wednesday Healing Eucharist 9 a.m. Prayer and Potluck first Wednesdays 6 p.m. Taizé Service third Wednesdays 6 p.m., www.saintmichaels-sanibel.org, 2304 Periwinkle Way, 472-2173.

UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the second Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member's home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 433-4901. ✨

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Noah's Ark To Host Christmas Open House

Noah's Ark, a popular island thrift shop located on the grounds of St. Michael & All Angels Episcopal Church, is redecorating for Christmas. To celebrate, Ark volunteers invite one and all to its 1st annual Christmas Open House, to be held from 9 a.m. to 2 p.m. on Monday, December 3. On that day, the shop will sparkle with Christmas items and Christmas cheer.

The event, Noah's Noël, will feature complimentary refreshments, including iced holiday cutter cookies with sprinkles, gingerbread men and candy cane cookies, plus a Christmas punch. Santa Claus will pose for pictures with customers and there will be raffle giveaways of items from the shop's Christmas stock.

Shoppers at Noah's Noël will see twinkling lights from a forest of trees and ornaments from all over the world, including many with beach themes. Shelves will be lined with toys, Santas and other items to delight children and bring fond memories back to adults.

A kitchen section will feature holiday cookbooks, cookie cutters and pans – anything Christmas related. Other items include baskets filled with poinsettias, wreaths, greenery and garlands scattered throughout the store, providing a magical and old-fashioned Christmas



Noah's Noël volunteers, from left, John Pryor, Sally McGowan, Harriett Pattison, Mary Jane Proctor, Linda Korn, Jackie Renner, Carol Heath, Bettie Modys, Susie Scufakes, Neva Poole and Adele Mattern photo provided

theme. Christmas books and numerous gift ideas will also be available.

Noah's Ark chairwoman Adele Mattern describes its 80 volunteers as the Noah's Ark miracle. "They come together to do all it takes to run a thrift shop, and to provide an essential service to islanders and the islands' workers," Mattern said. "The Ark is a welcoming place to shop and to raise money for important causes. I am honored to

lead this mission and the wonderful volunteers who work at Noah's Ark. My goal is to continue, and build on, our reputation for service."

In operation for more than 50 years, Noah's Ark is run by the women of St. Michael & All Angels Episcopal Church. Proceeds from Ark sales, coupled with monies from the parish's annual budget, go to more than 25 local, regional and global charities.

Noah's Ark accepts donations, which can be left any time at the shop's loading dock. Furniture items are accepted upon prior approval. Items should be clean and in good condition.

The Ark is open weekdays and the first Saturday of each month from 9:30 a.m. to 12:30 p.m. It will be closed on Saturday, December 1 to prepare for the open house. For more information, call 472-3356.*

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Stephanie Schafer and Claudette Beerman serving popcorn photos provided



From left, Rick Zurbruggen, Marit Foster, Kennedy Hanni and Crystal Jones



Youth leaders Jamie and Jim Senkeleski

Youth Ministry Hosts Gathering In Gumbo Limbo

The H2O middle school and high school youth ministry from Sanibel Community Church (SCC) participated in an outreach event on Halloween in Gumbo Limbo. Instead of meeting for youth group on October 31, the students decided to host a Treat-N-Meet party. The teens wanted to give back to the community and serve their friends and families some treats.

Youth leaders and Kitty Kat (Helle Munk-Madsen) handed out glow-in-the dark goodies and bottles of water to young and old trick or treaters. SCC youth ministries provided buttered popcorn, snow cones and cotton candy. Over 300 full-size candy bars were given out.

From 6 to 8 p.m., drivers and passengers along Bunting Lane were handed popcorn or cotton candy as they cruised by. Barbie and Ken (Pastor Kevin and Stephanie Schafer) made sure families received a photo souvenir. Polaroid pictures were taken of families in costume to remind them of the time of fellowship they had at the Treat-N-Meet.

Supergirl (Faye Cole) manned the cotton candy machine. She had to spin floss "faster than a speeding bullet" to keep up with the children swarming the machine. The Pink Crayon (Claudette Beerman) made over 40 batches of popcorn. Brody Burns served the masses raspberry and cherry ices. Panda (Hunter Borman) was on exhibit from China at the welcome table along with a Ghostbuster (Preston Hanni). The Incredible Hulk (James Senkeleski) maintained the tents and provided lights and power.

There were many more volunteers who helped make this event a success and H2O youth ministries sends out a thanks to all. H2O youth ministry leaders, teens and volunteers went above and beyond.

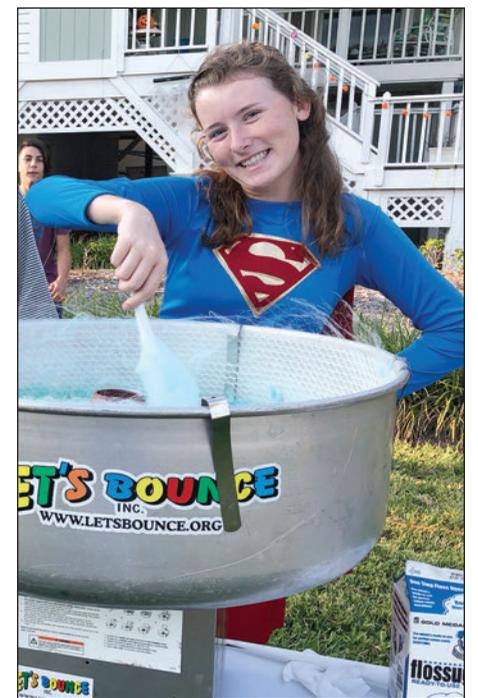
The big winners of the night were: Grant Muddell, who won the five-pound Hershey's chocolate bar; and Valentina, who won the gigantic Sugar Daddy. ✨



Preston Hanni passing out free cotton candy



Grant Muddell won a five-pound Hershey's chocolate bar



Faye Cole making cotton candy



From left, John Peterson, Luke Jankauskas, Jianna Senkeleski and Hunter Borman



Stephanie and Kevin Schafer as Barbie and Ken

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West Gulf Drive Subdivision Plan To Be Reduced

by Jeff Lysiak

Following a lengthy public hearing and after hearing a considerable amount of opposition voiced by members of the audience filling MacKenzie Hall, members of the Sanibel Planning Commission agreed to table deliberations on a development permit application that was seeking to subdivide a 4.56-acre property into four separate parcels.

During Tuesday's meeting, commissioners were considering the application – submitted by attorney Steven Hartsell on behalf of property owners Swanson Family Investments, LLC – that proposed dividing the parcel located at 3869 West Gulf Drive into four parcels approximately 78.52 feet in width.

"Dividing the parent parcel into smaller parcels roughly equal in width is, in planning staff's judgment, the best available option," the staff report, presented by City Planner Benjamin Pople, read, in part. "Alternatives, such as flag-shaped lots, would force some structures to be built much closer to West Gulf Drive than is common and would have much more constrained usable development footprints; buildings on such alternative lots would most likely maximize the allowed height in order to obtain the best possible views of the Gulf of Mexico and adjacent beach areas."

Pople also explained that prior to the city's incorporation in 1974, the parcel – then owned by Muriel and Porter Goss – had been two single lots, which were subsequently combined with a third adjacent lot. By the mid-1980s, the property had been legally changed to a single parcel.

During deliberations on the application, Commission Chairman Dr. Phillip Marks expressed his displeasure that the property had not been clearly

marked with survey stakes so that he and his fellow commission members could adequately assess the proposed dimensions of the subdivision during their site visits. Pople explained that despite the planning department's request for the demarcations, the applicant did not believe this could be accomplished on short notice, declining to do so as "an unnecessary added expense."

Commissioner Karen Storjohann asked whether there was a legal mechanism available that would allow the parcel to be "unmerged," further inquiring if the property was merged only for tax purposes. Fellow Commissioner Richard Johnson also asked if prospective buyers should have a reasonable expectation to build a structure that conforms with the rhythm and harmony of the neighborhood. Of the latter, City Attorney John Agnew said, "Strictly speaking, 86-43 (the Sanibel Land Development Code related to the appearance of structures) does not apply directly."

Hartsell told commissioners that the subdivision request ought to be approved simply because the application met all of the development permit requirements. Regarding 86-43, he added, "These standards are so subjective that it's almost in the eye of the beholder... With all due respect, you all should not be in a position to approve this. This should have been done at the (planning department) staff level."

Keith Williams, the city's community services director, took umbrage of Hartsell's assertion that the application was only brought before the commission due to the amount of public opposition received by the city. More than a dozen letters and emails expressing concern for the subdivision request had been submitted prior to the November 13 hearing.

"Density is very much a factor here," said Storjohann, noting that one of the major reasons behind the city's decision to incorporate were plans by Lee County to build some 30,000 residential units on Sanibel. She also pointed out

that of the more than 80 properties in the surrounding neighborhood, only six contained structures that would fit within the proposed subdivided lots. "I'm a little bit uncomfortable with that," she added.

Hartsell responded that while his client could have requested to subdivide the parcel into five individual lots, they were only requesting four.

"I'm gonna drive serious contention that any home that's going to be built in this subdivision isn't going to comply with the rhythm and harmony of the neighborhood," said Commissioner Chuck Ketteman.

During the public comment portion of the hearing, 10 people – including two attorneys, each of whom delivered detailed presentations opposing approval of the subdivision request – spoke against the application. Dr. Steve Brown, who owns a neighboring property, read a letter written by Porter Goss that he was "very distressed" about the proposal. "This city was incorporated to keep density down," added Brown.

"Smaller lots will be disruptive to the neighborhood," said fellow West Gulf Drive resident Tony Lapi, while Mary Lou Bailey read portions of the Sanibel Vision Statement to further support the desire for reducing density on the island.

After a short break, Hartsell told commissioners that after consulting with his client, they would consider reducing the number of lots in the proposed subdivision from four to three. He also asked how long it would take before the revised application could be heard. Williams suggested that commission could hear their proposal at their December 11 meeting.

"I'm confident that we can get a plan by then," said Hartsell.

Commissioners voted unanimously to continue the public hearing until next month.

Lauding the civil and productive process of the hearing, Marks commended the applicant for making a "major concession," adding "No one gets everything, but everyone gets something."

"I look forward to seeing your new plan," added Johnson.

Also on Tuesday, commissioners approved multiple variances and a development permit to allow for the construction of a new single-family residence and elevated swimming pool at a property located at 1898 Woodring Road.

At their September 25 meeting, the planning commission decided to continue the hearing on the applications in order to allow the applicant to revise their proposed building, site and landscape plans in accordance with some staff recommendations. Among those revisions were plans to relocate the driveway entrance and reduce the overall driveway area, removing the upland portion of the boat ramp and eliminating the pool screen enclosure.

Senior Planner Roy Gibson delivered that staff report to the commission, noting that each of the variance standards had been met and 21 conditions were recommended for approval.

"All of the conditions are acceptable to the applicant and we would urge you to approve the variances and development permit as requested," said Hartsell.

Following a brief discussion, commissioners voted unanimously to approve the application.

In other business, a variance application to allow for the installation of a boat lift on a property located at 615 Lighthouse Way was approved. A variance was required due to the existing dock extending farther than the 20 percent limit of the width of the waterway.

"The existing dock exceeds the maximum dock area over water by 13 square feet, and the eastern edge of the dock encroaches approximately 1.1 feet into the required side property line setback," the staff report, presented by City Planner Josh Ooyman, reads in part.

After deliberations, commissioners voted 6 to 1 – with Commissioner Matt Kirchner dissenting – to approve the variance.✪

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Luminary Night Christmas Celebration At Historical Village

The Sanibel Historical Museum & Village's free Luminary event on Friday, December 7, to be held from 3:30 to 5:30 p.m., will celebrate A Sanibel '70s Christmas: Change Comes Riding In. "We look forward to sharing some of the things that were taking place on the island during the 1970s, a very important decade in our history," said Emilie Alfino, executive director. "This event gives visitors a chance to see the museum at no cost. Visitors can see how residents and snowbirds decorated for the holidays and view memorabilia from that exciting decade."



From left, event co-chairs Judy Addison and Bonnie Frankel with volunteer Terry Jacob photo provided

Emphasis will be on the historic vote to incorporate Sanibel as a city, and on the shared-use paths that started in the 1970s. "Also celebrated will be the accomplishments of the Sanibel women of the era, and just some fun Christmas stuff," said Bonnie Frankel, event co-chair.

The Sanibel Community Chorus will perform at 4 p.m., followed by the BIG ARTS Brass Ensemble at 4:30 p.m.

"There will be a drawing for prizes using the 'ballots' attendees fill out and, of course, homemade cookies," Frankel added.

Event co-chair and board member Judy Addison said, "This is something we love to do for the community. Luminary gives us the perfect chance to say thank you to all our friends and neighbors who offer us so much support throughout the year."

The Sanibel Historical Museum & Village is open from 10 a.m. to 4 p.m. Tuesdays through Saturdays. The village is located at 950 Dunlop Road (next to BIG ARTS). Admission is \$10 for adults 18 and older; no charge for members and those under age 18. Docent-guided tours are available at 10:30 a.m. and 1:30 p.m. at no extra charge, based upon docent availability. There is handicap access. For more information, call 472-4648 or visit www.sanibelmuseum.org.

Traveling Program Gives Students Up Close Look At Mollusks

Students at the Children's Education Center of the Islands (CECI) experienced the Mollusks on the Move program by the Bailey-Matthews National Shell Museum last week. Mollusks on the Move is an interactive STEM presentation experience, in which a museum staff member came to the preschool with live mollusks. The presentation focused on the importance of observing the natural world, which in preschool terms means watching as the mollusks shot water at them.

Each student went home with a shell guide and a local shell to start their own scientific collection, a gift from the shell museum.



Layla Riegert observing the horse conch photo provided

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Highlights From Trunk Or Treat At Sanibel Community Church



Island seniors

photos provided



A couple of Florida Crackers



A pirate, mermaid and Egyptian princess



Batman and Superman



A Sanibel police officer comes to the aid of superheroes



Bumble Bee and Optimus Prime



Children made their way through the parking lot to find trunks filled with goodies



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Plant Smart

Moses-In-The-Cradle

by Gerri Reaves

Moses-in-the-cradle (*Tradescantia spathacea*) is a member of the spiderwort family and native to Central America, Mexico and the West Indies.

It was once a popular potted plant and low-maintenance groundcover in south Florida.

This succulent was introduced in Florida as an ornamental in 1933, and the very same year was reported as naturalized in some habitats.

It grows in shade or sun, reaching up to about eight inches tall, thus needing no mowing.

It is drought-resistant and grows not only in low-nutrient soil but sometimes in no soil at all – on rocks and in crevices, and even on tree trunks or buildings.

It flowers and seeds all year long, spreading by wind-borne seeds and offshoots.

It's easy to see why the plant that began as a pretty groundcover has long since escaped cultivation and been listed by the Florida Exotic Pest Plant Council as a category-II invasive species.

Such species are defined as having shown "a potential to disrupt native plant communities."

Moses-in-the-cradle has rosettes of sword-shaped leaves, each measuring six to 12 inches long and about 1 ½ inch wide. Stiff, waxy and upright, they are



Moses-in-the-cradle was introduced to the U.S. in 1933 as an ornamental groundcover. It is now listed as a category-II invasive pest plant photo by Gerri Reaves

green on the surfaces and purple on the undersides.

The small three-petaled flowers are nearly concealed in the boat- or envelope-like purple bracts, or modified leaves.

This feature inspires the common names Moses-in-the-cradle, -boat, -basket, an -bulrushes, as well as ladies-in-a-boat and men-in-a-boat. Two other names are oyster plant and boatlily.

Two-seeded capsules are contained within the bracts.

The plant's red sap was used traditionally by the Mayans as a cosmetic. It can cause skin irritation and, if ingested, severe mouth and throat irritation.

Donations From Spirit Tree To Benefit CHR

In The Garden – Sanibel's Retail Garden Center and Outdoor Showroom has planted a spirit tree that benefits local nonprofits. The olive tree was chosen because it represents love and charity. Spirit tree donations from November 1 to 30 will benefit Community Housing and Resources (CHR).

Canvas spirit tree tags can be purchased at the garden center gift shop for \$5. Purchasers can write well-wishes or blessings on the tags and attach them to the tree. All tag sales will be donated to CHR. In The Garden will match all tag sales.

"CHR invests in our future by providing secure and stable housing for our dedicated community members," said Lisa Walsh, owner of RS Walsh Landscaping and In The Garden. "CHR helps ensure that Sanibel remains a vibrant community where caring, experienced people are committed to our health, safety and welfare."

RS Walsh In The Garden is located at 3889 Sanibel-Captiva Road, across from The Sanibel School, and is open Monday through Friday from 10 a.m. to 4 p.m. and on Saturday from 9 a.m. to 1 p.m. For more information, call 395-5859 or visit www.rswalsh.com.✽

If this "legacy" groundcover is in your yard, remove it, taking care to dispose of all broken stems, which easily sprout.

Replace it with one of the many native or Florida-friendly groundcovers, grasses, or wildflowers.

Sources: *500 Plants of South Florida* by Julia F. Morton; *Florida Landscape Plants* by John V. Watkins and Thomas J. Sheehan; *Identification & Biology of Non-Native Plants in Florida's Natural Areas* by KA Langeland and K. Craddock Burks, eds.; www.cabi.org; www.floridata.com; and www.plantbook.org.

Plant Smart explores the diverse flora of South Florida.✽

The Community House presents the first of its COMMUNITY INTERESTS SERIES

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PHOTO BY Cliff Beittel

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Include name, phone and a short description of the photo.

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Essay winners Samira Turnage, left, and Connor Nickerson, right, with emcee Fred Bondurant
photos by Jeff Lysick

From page 1

Armistice Day

century ago, on the eleventh hour of the eleventh day of the eleventh month in 1918, a ceasefire agreement brought silence to the most destructive and gruesome war, known as the “war to end all wars.” This agreement was made between Allied nations and Germany and was known as Armistice Day.

“Today, the world is commemorating the 100th anniversary of the Armistice that ended the fighting in World War I at 11 a.m., November 11, 1918,” Sunday’s program noted. “Today, Veterans Day is celebrated every year on November 11th in honor of all those who served our country in military service.”

Following the Pledge of Allegiance, delivered by Brayden Williams, and the raising of the American flag, presented by members of Boy Scout Troop 1740 and Cub Scout Pack 1740, assisted by Sanibel Police Officers Magdiel Bernier, Matthew Casola and James Serrago, the *National Anthem* was led by Kathy Lamade. Rabbi Stephen Lewis Fuchs of Bat Yam Temple of the Islands delivered the invocation.

“It takes courage to serve and protect our country. On behalf of the citizens of Sanibel, we proudly salute each City of Sanibel employee who has served in our country’s military service,” said Sanibel Mayor Kevin Ruane. “It is most appropriate that MOAA recognize the extraordinary contributions of James Evans to our city and our country. We are very proud of them all.”

Evans, director of the city’s department of natural resources, spent eight and a half years serving in the United States Army. Later, he served with both the Ohio National Guard and Florida National Guard, earning numerous commendation medals and ribbons. Evans was introduced by Maj. John Boone, a veteran of the Korean War.

In addition to Evans, Sunday’s ceremony saluted 21 other City of Sanibel employees who have served our country. They include Rodd Bell, Magdiel Bernier,



The Chair of Honor, left vacant in memory of veterans missing in action

Luther Bledsoe, Mike Claney, Adam Dees, Matthew Fannon, John Hall, Samuel Halverson, Lance Henniger, Jim Isom, Edward Kilcomons, Christopher Kwek, Daniel Leen, Chad Maik, Josh Ooyman, Kelsey Reed, Michelle Rose, Christopher Salter, Sabina Schroeder, Arthur Stallsmith and Anthony Thompson.

“Each military veteran among our workforce has earned the respect of our town and our nation. As city manager, I am extremely proud of our outreach to veterans when we recruit new employees. As the daughter of a deceased disabled military veteran and the niece of a deceased POW, my family is aware of the cost of freedom,” added Judie Zimomra.

Later, fifth grader Samira Turnage and seventh grader Connor Nickerson from The Sanibel School read their award-winning essays. After a sing-along of military marches, Michael Macray delivered a stirring Veterans Day address. Closing remarks were made by Bondurant after the ceremonial playing of *Taps*, performed by Gary Eertmoed and Dennis Berry of the BIG ARTS Concert Band.*



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BAILEY-MATTHEWS
NATIONAL SHELL MUSEUM

Shell Of The Week

Miniature Lucine



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

At about 10 mm (about 0.4-inch), the Miniature Lucine, *Radiolucina amianta* (Dall,

1901), is one of the smallest among many species of the family Lucinidae found along the barrier islands of Southwest Florida. There are at least 13 lucinid species found on local beaches – the Buttercup Lucine, *Anodontia alba*, is probably the best known among them. Lucinid clams are known to host *chemosynthetic* bacteria in their body tissues; these bacteria derive their life energy from simple chemical reactions (in contrast to plants, which derive their energy from sunlight, in the process known as *photosynthesis*). Lucinid clams derive part or most of their food from those bacteria. Learn more about this species and other local mollusks at www.shellmuseum.org/southwest-florida-shells and www.shellmuseum.org/blog.

Shell Museum Events

See truly giant shells. Watch a live Tank Talk. Take a daily beach walk.



The Miniature Lucine, *Radiolucina amianta*, from Sanibel

photo by José H. Leal

Check out our family programs. We are the only natural history museum in North America devoted entirely to shells. Drop by and let us inform and inspire you. Visit www.shellmuseum.org

or call 395-2233.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.

Ghost Orchid Topic Of Meeting

The topic for the Monday, November 19 meeting of the Sanibel Captiva Orchid Society will be Into the Slough – The Ghost Orchid at Home. The program will be presented by Wendy Mazuk at 1:30 p.m. at St. Michael & All Angels Episcopal Church, located at 2304 Periwinkle Way. Mazuk has immersed herself in the orchid world since 2008, studying the ghost orchid, working at orchid shows and doing research at Fakahatchee Strand Preserve while studying environmental studies at Florida Gulf Coast University. This is the first meeting of the season for the society.

Orchid enthusiasts are encouraged to come to the Fundamentals Session at 1 p.m. to hear members talk about their techniques for growing orchids. Anyone with questions or an “ill orchid” that needs diagnosis can bring their plants to the meeting during Show and Tell.

Orchid Society members are invited to participate in a monthly show. Ribbons are awarded for best hybrid and best species orchids. There are orchids for sale at most meetings, as well as an orchid raffle. Annual society membership is \$25 for an individual or \$45 for couples. Guests are \$5.

This year’s holiday luncheon will be held at The Dunes Golf and Tennis Club on Monday, December 3 at 11:30 a.m. Tickets will be available at the November meeting. For more information, visit www.sancaporchid.org.



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Fast-Paced Action Is Easy To Find



by Capt. Matt Mitchell

Weather and fishing was simply awesome this week. I did a few trips targeting sharks along with some family-style fishing trips casting jigs in and around fish-

feeding frenzies all throughout the sound. The catch-and-release snook bite also continued to be good on both tides.

Casting soft plastic jigs in and around the many feeding birds in the sound has caused fishing action to be on fire. Small green plastic tails on a 1/4-ounce jig head caught a wide variety of fish including trout, mackerel, ladyfish, gag grouper, snapper and jacks. When the bite is this good, jigs are just a better choice than even live bait and often get hit multiple times during a retrieve. If you want to catch sheer numbers of fish, this is it. The farther north in the sound, the better the water clarity was and the more schools of feeding fish and birds were found. The most productive stretch of water for me this week was from Red Light Shoal north to the fish camps. This same high-activity fishing for ladyfish and jacks was a great place to put out a cut bait and catch a shark. Sharks of all varieties



The shark bite is still going off both in the sound and out on the beaches

photo provided

and sizes had clients smiling.

We also targeted Spanish mackerel both around the passes and out within sight of the beaches. To locate these mackerel, watch for them jumping all the way out of the water as they gorge on the small fry bait schools. These fish can be caught by a variety of methods, ranging from trolling to casting flies, and are just a sporty, high activity fun fish to catch.

Probably the most popular way to catch these Spanish mackerel is to cast through them with a small jig or spoon. A fast retrieve is key to this as these fish are crazy fast. I often tell my clients “you

can't reel it too fast” when targeting these speedsters. Flies work really well for these mackerel too with small clouser minnows being just deadly. The old school way and probably simplest method to catch them is to troll spoons out along the beaches in these schools of feeding fish. Free-lining live shiners on a long shank hook is another option. Long shanked hooks will save you many of the cut-offs from their razor sharp teeth and get you a lot more bites than using steel leader. Whatever your skill level, these fish just cooperate.

There are going to be sharks of all sizes out on the beaches, in the sound or any place you locate birds and feeding

fish. While fishing in these blitz-like feeding frenzies a few times a trip, we hooked trout, mackerel or ladyfish cut in two by the taxman. You should have a bigger rod rigged and ready to go, or better yet use a live ladyfish on a circle hook and just sit it in the rod holder. Most of the time, it won't take long to hook into something big.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com. ✨

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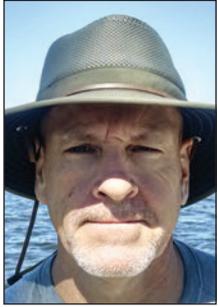
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CROW Case Of The Week:
Cattle Egret

by Bob Petcher



The cattle egret – also known as a cow heron, cow bird, elephant bird or rhinoceros egret – is so named for its ability to forage among livestock by either eating the insects stirred up

by the farm animals or eating ticks off the backs of these large beasts. If given a choice, they would prefer to dine on grasshoppers and crickets.

Cattle egrets are generally smaller than the average egret with a short yellow bill and short thick neck that it draws in when perching. They are the member of the egret family less likely to be found near water, instead choosing pastures and fields as their playgrounds.

You can tell when a cattle egret is breeding by the color of its plumage. It will have golden plumes on its head, chest and back instead of the fully white plumage when not breeding.

Interestingly, cattle egrets are native to Africa and only reportedly migrated to the U.S. in the 1950s after reaching South America in the late 1800s.

At CROW, an adult cattle egret was admitted from Cape Coral after two hikers witnessed the bird being



Patient #18-4213 in an outside enclosure, nearly fully recovered from its attack injuries
 photo by Brian Bohlman

attacked by a hawk. In the attack, the egret suffered an eight millimeter laceration on the right side of the head penetrating into the esophagus, a one centimeter laceration near its mouth, a five millimeter laceration to its lower right eyelid and several other small wounds. The bird was anesthetized, and the larger wounds – involving the esophagus and mouth – were cleaned and stitched closed.

“Prior to closure of the wounds, the area was flushed with sterile fluids so that any contamination was removed,” said Dr. Kyle Abbott, CROW veterinary

intern. “The repair of the lacerations involved multiple levels of sutures. The esophagus was closed using one set of sutures and the skin was closed using a second set of sutures overlying. It was important for each layer to be closed independently so that the esophagus and skin could each heal appropriately and maintain this bird’s ability to swallow normally.”

The eyelid laceration was left open due to the difficulty of closure. The bird was started on pain medications, antibiotics and an antibiotic eye ointment to prevent and treat infection.

“The eyelid laceration was not closed due to the small size of the wound, as well as the extremely thin nature of the eyelid,” said Dr. Abbott. “The eyelid will heal without our intervention, and sutures may pose an additional risk as they may rub against the eye and cause abrasions.”

Dr. Abbott further explained the reasoning for allowing the eyelid laceration to heal on its own.

“The bird’s ability to blink is normal, which is an important consideration. Since the laceration in the eyelid is small, it can slowly close over time due to the normal healing process,” he said. “However, if the laceration was larger or the bird’s ability to blink normally was compromised, then closure would be performed even with the risks of abrasion to the eye being present.”

After nearly a week at the clinic, the patient is showing positive signs of recovery.

“The egret is doing well and eating great. The lacerations are healing well, and the patient was moved outside after five days inside the ICU,” said Dr. Abbott on November 13. “Once the wounds have fully healed, then the egret will be released, likely in the next few days.”

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

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Nature Photo Contest Begins

RS Walsh Landscaping is resuming its photo contest that showcases the islands of Sanibel and Captiva. Each month, from December through April, individuals can submit photos for a chance to win a \$50 gift certificate to RS Walsh In The Garden – Sanibel’s Retail Garden Center and Outdoor Showroom. Each month will feature a different theme and readers can submit up to five photos per month. The theme for December is Sunrise – Sunset. The deadline for submissions is December 1.

“This is the fourth year we have hosted this contest. We are amazed at the quality of the photos submitted that capture the uniqueness of our islands, said Robert Walsh, president of RS Walsh Landscaping. “Our contest celebrates the natural beauty of Sanibel and Captiva.”

Submissions should include the photographer’s name, phone number, location of the photo and a short story behind the picture. Submissions can be sent via e-mail to inthegarden@rswalsh.com. Finalists will be posted on RS Walsh’s Facebook and Instagram pages, website and displayed at RS Walsh In The Garden. Voters can visit In The Garden or the In The Garden Facebook and Instagram pages to vote.

The themes and deadlines for each month are:



Pelican photo by Judie Zimomra

- December: Sunrise – Sunset; deadline December 1
 - January: Birds on the Beach; deadline January 1
 - February: Life in the Mangroves; deadline February 1
 - March: Palms in Black and White; deadline March 1
 - April: Living on the Wild (Life) Side; deadline April 1
- RS Walsh In The Garden is located at 3889 Sanibel-Captiva Road, across from The Sanibel School, open Monday through Friday from 10 a.m. until 4 p.m. and Saturday from 9 a.m. until 1 p.m. For more information, call 395-5859 or visit www.rswalsh.com ✨

CROW Calendar Of Events

The Clinic for the

Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.



For reservations, contact the Visitor Education Center at 472-3644 ext. 229 or reservations@crowclinic.org. Hours are 10 a.m. to 4 p.m. Monday through Friday. Daily presentations are offered at 11 a.m. only. Wildlife Walk hospital tours are offered on Wednesdays, Thursdays and Fridays at 11 a.m. CROW is located at 3883 Sanibel-Captiva Road.

Friday, November 16, 11 a.m. to 12:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Friday, November 16, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Why Animals Come to CROW (daily presentation).

Whether animals are sick, injured or orphaned, CROW aims to lead in their recovery. From fishing line entanglement to abducted babies, this presentation will address the most likely reasons patients are admitted to the hospital.

Monday, November 19, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – CROW Case of the Week (daily presentation).

CROW’s teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While

on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW’s animal ambassadors will be present.

Tuesday, November 20, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Virginia Opossums (daily presentation).

Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida’s wildlife, playing an important role in the function of a healthy ecosystem. One of CROW’s animal ambassadors will be present.

Wednesday, November 21, 11 a.m. to 12:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Wednesday, November 21, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Wildlife Rescue 101 (daily presentation).

Have you ever come across wildlife in “distress” but did not know the appropriate steps to help? Florida is home to more than 700 terrestrial animals and other invertebrates, and they all depend on our sustainable recreational practices to survive. From posturing to vocalizations, animals communicate in a variety of ways and, at times, indicate their need for human assistance. Whether it is deterring visitors from feeding birds on the beach or detaching a pelican from fishing line in the mangroves, this program will cover wildlife rescue assessment as well as handling techniques.

Thursday, November 22, Closed – The Visitor Education Center is closed in observance of the holiday. Happy Thanksgiving! ✨



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Snap Beans with Caramelized Onions and Mushrooms photo courtesy Fresh From Florida

Snap Beans with Caramelized Onions and Mushrooms

1 pound snap beans, stems trimmed
 16 large button mushrooms, rinsed and sliced
 2 large onions, peeled and sliced
 2 teaspoons olive oil
 2 tablespoons Worcestershire sauce
 4 cloves garlic, chopped fine
 1 tablespoon unsalted butter
 Sea salt and fresh ground pepper, to taste
 Preheat a large sauté pan over medium-high heat. Add 1 tablespoon olive oil to the preheated sauté pan. Add sliced onions to pan and cook them for 3 to 5 minutes until almost caramelized. Add the green beans and garlic to the pan and continue to cook ingredients for another 3 to 4 minutes until the green beans are almost to desired tenderness. Add mushrooms, Worcestershire sauce and butter. Cook another 2 minutes. Taste and adjust seasoning with salt and fresh ground pepper to taste. Remove from heat and serve warm.*

LIVE ON THE ISLANDS

Il Cielo has live entertainment with Scott McDonald on Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday.

Island Cow on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it's Dan Confrey.

Traditions on the Beach at Island Inn has live entertainment on Friday with Woody Brubaker and Barbara Dexter. Dusk performs on Saturday. Woody Brubaker plays on Sunday and Wednesday. Dusk returns on Thursday.

*Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandnews.com or 395-2299.**

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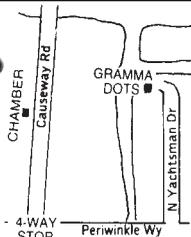
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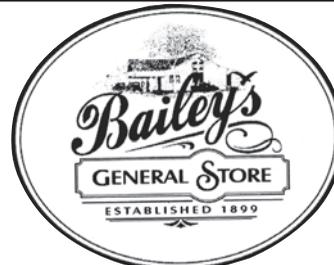
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Shell Found



Melissa McFadon photo provided

Melissa McFadon, visiting from Muscatine, Iowa, found a junonia while shelling on November 3 at Bowman's Beach.

"I have been coming to Sanibel Island for the last three years and have tried to find a junonia every visit I've made," said McFadon. "This was the best and most exciting part of visiting Sanibel this time. I found 'The Pride of Sanibel.'"

Shells Found



Suzanne Knox photos provided

Suzanne Knox and Kim Coen, visiting from Memphis, Tennessee, recently vacationed on Sanibel and found a lot of good shells on the beach along West Gulf Drive. "The top ones were a junonia, a Mexican fan, a king's crown and a very large horse conch," said Coen.



Kim Coen

History Cruises To Pine Island Sound Resume

Captiva Cruises' newest expedition in its Discover Southwest Florida History tours, A Thousand Years of Fishing, will focus on the fishing cultures in Pine Island Sound. Departing weekly from McCarthy's Marina on Captiva, the cruise will take you to Pineland on Pine Island. Along the way, you will get an up close look at historic fish houses of Pine Island Sound and discuss the area's diverse fishing cultures from the indigenous Calusa, to Spanish Cuban ranchos, to the Punta Gorda Fish Company and the tarpon and sport fishing of today.

Passengers will be greeted at Tarpon Lodge and get acquainted with this unique location, the family run business and its storied tradition of fishing within Pine Island Sound and Charlotte Harbor. Lunch will be served in the 1926 Tarpon Lodge overlooking Pine Island Sound and the mangrove islands.

After lunch, the tour will continue with a walk across the street to the Randell Research Center (RRC). The RRC, a program of the Florida Museum of Natural History, is located on the mangrove islands. continued on page 30

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The Community House

Butternut Squash



by Resident Chef Jarred Harris

The butternut squash is one of the most popular winter squash vegetables in the world. It has a delicious sweet, nutty flavor that reminds me of autumn and it's one of the first vegetables I fed my son when he was a baby. Because butternut squash has such a mild flavor similar to pumpkin, the squash is often used instead of pumpkin. In fact, butternut squash is called "butternut pumpkin" in Australia and New Zealand.

Although technically a fruit, butternut squash is classified as a vegetable. It is a member of the field pumpkin family which also includes melons and gourds. The squash originated in Mexico and has been around for thousands of years. Native Americans once called the squash "apple of the gods" and believed the seeds increased fertility.

Due to its versatility and health benefits, the butternut squash is widely

used in the culinary world. It can be used in sweet recipes as well as savory ones, and can also improve your health if eaten regularly. Butternut squash can improve lung health and studies have shown decreased incidents of lung cancer. It's also good for digestive health and used to lower and prevent high blood pressure.

The butternut squash contains vitamin C, dietary fiber, protein, folate, potassium and zinc. It can also provide increased amounts of vitamin A, which is important for eye health and immune functions. This is a wonderful vegetable to add to a healthy diet.

Here is an interesting recipe to try:
Butternut Squash and Roasted Garlic Hummus

- Ingredients**
 2 pounds butternut squash
 4 tbsp. olive oil
 2 whole garlic bulbs
 Zest and juice of 1 lemon
 2 tbsp. tahini
 10 sprigs of fresh thyme (leaves removed)
 1/2 bunch of flat-leaf parsley (finely chopped)
 2 ozs. goat cheese
 Salt and black pepper

Method
 Preheat oven to 375F. Cut the butternut squash in half and remove the seeds. Rub it with olive oil, salt and pepper. Bake for 45 to 60 minutes, or until tender.

Split the garlic into individual cloves. Keep the peel on and rub them with olive oil, then bake for 20 to 25 minutes beside the squash (the garlic cloves should be

tender and golden, not hard and burned).

Scoop out the flesh of the butternut squash and peel the garlic cloves. Place both in a blender and add the lemon zest, juice, tahini and half the parsley. Pulse until the garlic and squash are well combined. Transfer to a bowl.

Add chopped parsley and season to taste with salt and pepper. Serve with crumbled goat cheese and a splash of olive oil on top.

Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel. For volunteer opportunities or questions, contact him at kitchen@sanibelcommunityhouse.net or call 472-2155.*

American Legion Post 123



American Legion Post 123 is having a fish fry this Sunday, November 18 from noon to 8 p.m. A turkey dinner with all the trimmings will be served on Thanksgiving, Thursday, November 22 from noon to 8 p.m.

Last call for Thanksgiving pumpkin pies, prepared by the Ladies Auxiliary. Orders must be placed by Friday, November 16; pick up is Wednesday, November 21.

On Tuesdays, tacos are served all day. Spaghetti and meatballs are served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

Every Monday night beginning at 5 p.m., the 8 Ball Pool League is in play. If you have a flag that needs to be retired, drop it off at Post 123.

American Legion Post 123, located at Mile Marker 3 on Sanibel-Captiva Road, is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome. For more information, call 472-9979.*

November Fun Day At Rec

Registration is open for the upcoming Fun Day at the Sanibel Recreation Center on Wednesday, November 21. The Fun Day will offer a variety of athletic games, craft projects and entertainment. Enrollment is available for children in kindergarten through eighth grade. This program operates from 8 a.m. to 5:30 p.m. Each child needs to bring a lunch, swimsuit and towel. Light snacks will be provided.

Cost is \$36 for members and \$48 for non-members.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. To register, call 472-0345 or visit www.mysanibel.com.*

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Reusable bag with sea turtle design photos provided

Local Business Supporting SCCF

In support of the environment and the Sanibel-Captiva Conservation Foundation (SCCF), She Sells Sea Shells has reduced the price of their popular reusable shopping bags to promote their use and is donating a \$1 to the foundation for every bag sold.

The National Environment Agency (NEA) reports that the use of one reusable bag over a year could replace the use of 125 single-use plastics bags or 52 single-use paper bags.

The reusable bags are now \$5 each



Manatee design

and made from recycled materials and come in several island inspired designs including sea turtles, manatees, dolphins, mermaids and beach scenes. They are washable and durable. Consider purchasing them as gifts as well to spread the awareness and support this important environmental cause.

The Joffe family, owners of She Sells Sea Shells, believes this will have a positive impact on Sanibel Island and the planet. Giving back to the community is a core value of She Sells Sea Shells and has been an ongoing practice for its 40-plus years on Sanibel. The store is located at 1157 Periwinkle Way. For more information, contact Tamara Joffe at 472-6991.*

Mix Up Your Exercise Routine

by Kealy McNeal

Paddling is often thought of as an activity for the young and highly active, but that is not always the reality. Paddling activities such as kayaking, canoeing and the increasingly popular stand up paddleboarding can be low impact while improving your health. No matter your fitness level, we think becoming healthier by getting out on the water and enjoying the natural world sounds a lot better than going to the gym.



If practiced consistently, paddling can increase muscle strength in your back, arms, shoulders and chest. Paddling activities can also be a great cardiovascular workout to increase stamina and promote weight loss. As the holiday season nears and you have many opportunities to feast, this is one more way to burn calories in a very fun manner.

One more health benefit offered by paddling is the dose of vitamin D provided by the sun. Prolonged exposure to the direct sun increases your chance of getting sunburned, but the right amount of vitamin D helps our bodies absorb calcium and promotes strong bones. Always protect your skin by applying sunscreen before and during your paddle.

If you are interested in paddling but aren't sure where to begin the process,

Ocean Tribe Paddlers organizes meet-ups each month for paddling enthusiasts to enjoy the community of a group paddle, share tips and meet new friends to paddle with. Learn more about our upcoming events at www.oceantribepaddlers.org. You can bring your own equipment or you can borrow some of ours – come explore with us!

*Ocean Tribe Paddlers is a club that helps the Southwest Florida paddling community better explore, enjoy and understand the ocean. Visit www.oceantribepaddlers.org or follow on Facebook to learn more.**

Free Black Friday Beach Walk

submitted by Leah Biery

There's so much to be thankful for when you live near the beach, like manatees, sand dollars and sandy feet. On the day after your Thanksgiving festivities, join Sanibel Sea School for a beach walk to enjoy the fresh ocean air and explore what has washed ashore. The nonprofit organization's executive director, marine biologist "Doc Bruce" Neill, will talk a bit about our island ecosystem and any interesting creatures encountered along the way, and will be happy to answer your questions.

Meet at Sanibel Sea School, 455 Periwinkle Way, at 8:45 a.m. on Friday, November 23. This walk is free and all ages are welcome. Visit www.sanibelseaschool.org or call 472-8585 for more information.*

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Workshops
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BIG ARTS is offering the following workshops and seminars.

Glass Fusing with Petra Kaiser – Wednesdays, November 28 to December 19, 9:30 a.m. to 12:30 p.m.

Glass Fusing with Petra Kaiser – Thursdays, November 29 to December 20, 9:30 a.m. to 12:30 p.m.

Instructed Life Drawing with Francesco Gillia – Mondays, December 3 to 17, 9:30 a.m. to 12 p.m.

Basic Drawing with Pen & Ink with Linda Benson – Tuesday and Wednesday, December 4 to 12, 9 a.m. to noon.

Creating with Polymer Clay with Martha Grattan – Tuesday, December 4, 4 to 6 p.m.

Adult Tap with Bobby Logue – Tuesdays, December 4 to 18, 12:30 to 2 p.m.

Beginner Tap with Bobby Logue

– Tuesdays, December 4 to 18, 2:15 to 3:15 p.m.

Pine Needle Basketry with Gisela Damandl – Thursday and Friday, December 6 and 7, 9 a.m. to 4 p.m.

Intermediate Tap with Bobby Logue – Fridays, December 7 to 28, 9 to 10:30 a.m.

Hip Hop/Jazz with Bobby Logue – Fridays, December 7 to 28, 10:45 to 11:45 a.m.

Life Drawing Open Studio, Non-Instructed, with Carol Rosenberg – Fridays, December 7 to 21, 9:30 a.m. to noon.

An Invitation to Photographic Storytelling with Harvey Schipper – Fridays, December 7 to 21, 9 a.m. to noon.

Call 395-0900 or stop by the BIG ARTS Center at 900 Dunlop Road to enroll. Preregistration is recommended.

For complete course descriptions and the full season's workshops and class schedules, visit www.bigarts.org/workshops, or email info@bigarts.org.✳



The children's section is filled with toys, games, books and stuffed animals

photo by Jeff Lysiak

From page 1

Pop-Up Store

of gifts just in time for the holidays.

"We only had about 500 square feet of space to operate our store at the shell museum," said Gretchen Falk, retail operations manager of the museum gift shop. "Here, we've got at least double the amount of space... plus lots more room for storage space, too."

Over the past several months, Falk, facilities manager Lorin Buckner and executive director Dorrie Hipschman have been carefully planning the gift shop's trial run at Sanibel Outlets, located just one mile east of the Sanibel Causeway. Looking to gain greater exposure for the shell museum, the 2,400-square-foot space is filled with marine-themed trinkets and treasures, home décor, children's gifts and books and exquisite pieces of fine jewelry from Congress Jewelers' Sealife by Congress collection.

Starting in late October, museum staff began moving the museum's gift shop inventory of items, along with display cases and shelving into the new space.

"I don't think Lorin's had a day off in weeks, and I've been here over 100 hours

during the past few weeks," said Falk. "But it's a labor of love... it's been a lot of fun putting this together."

November 25 will be Museum Store Sunday from 10 a.m. to 7 p.m. at the pop-up store. More than 700 museum stores representing all 50 states, 10 countries and three continents participate in Museum Store Sunday. During this post-Thanksgiving event, shoppers will receive a 25 percent discount storewide (fine jewelry excluded).

Ongoing specials include spending \$100 at the pop-up store at Sanibel Outlets for one free museum admission (a \$15 value). And those who bring a receipt for admission at the museum will receive a 10 percent discount on purchases at the pop-up store (some restrictions apply).

"The best thing is that we only have a six-month lease here, so we're not stuck with a one-year lease," added Falk. "We've already seen some great foot traffic coming in here. It's exciting to be here."

The museum's pop-up store at Sanibel Outlets is open to the public through the month of April during regular outlet hours, located between Swim Mart and Maidenform at 20350 Summerlin Road in Fort Myers. Call 437-1502 for more information.✳

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Book Review

Beneath A Ruthless Sun

by Di Saggau



Gilbert King's chilling new book *Beneath a Ruthless Sun* tells a powerful, page-turning story rooted in the fears that rippled through the South as integration began to take hold,

sparking a surge for virulent racism that savaged the vulnerable, debased the powerful and roils our own times still. It's December 1957 when an arctic freeze causes a major disaster to hit Florida and scores of citrus shippers and juice-concentrate plants. They are unable to harvest an estimated 90 million boxes of product. As much as 75 percent of the state's orange crop has been lost to freezing temperatures.

A week into the freeze, Blanche Bosanquet Knowles, wife of a Florida citrus baron, is raped in her home while her husband is away. She says a "husky Negro" did it, and the sheriff, the infamous racist Willis McCall, tells his men to round up every black man they can see. He rounds up a herd of suspects, but within a few days he turns his sights on Jesse Daniels, a gentle, mentally impaired white 19-year-old. Soon Jesse

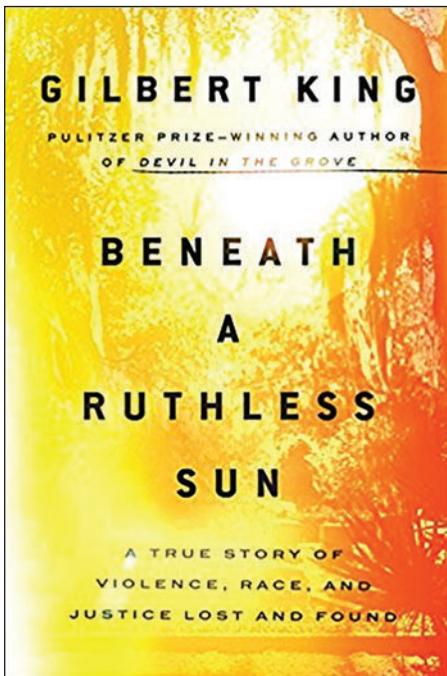


image provided

is railroaded up to Chattahoochee, the state hospital for the insane. During the 14 years that Jesse is locked away, the state's population balloons to more than seven million, an increase of about 70 percent since 1957.

Sheriff McCall was last seen in King's *Devil in the Grove* brutalizing four young black men accused of rape, and still in office when *Ruthless Sun* picks up. He and the people of Okahumpka are mired in the bigoted dark ages, ruled over by citrus barons and Klansmen. With

well-researched detail, King describes the Florida State Hospital, giving us a nightmarish look into the crude medical practices of the time. Between 1882 and 1930, Florida had the highest per capita lynching rate of any state in the nation.

There are also heroes, most of all Mabel Norris Reese, a smart, gutsy newspaper reporter who cannot stop fretting over the case and its baffling outcome. She goes above and behind to get the Daniels story out to the public, resulting in a cross-burning on her front lawn. Bit by bit, the unspeakable truths

behind a conspiracy that shocked a community into silence come to the surface.

One reviewer wrote, *Beneath a Ruthless Sun* plunges the reader deeply into the legal practices, civil rights battles and stubborn sexual inequalities of the mid-20th century, but this fast-moving and impeccably sourced book is anything but a slog. It's a scorching, compelling, and unfortunately still entirely relevant new book." I found it to be a fascinating reminder of how the unspeakable beliefs of 1957 haunt us still.*

School Smart

by Shelley M. Greggs, NCSP



Dear Shelley, My son's teacher gives the kids "brain breaks" in his class. I have no idea what this means, and my son just says these breaks help the

kids learn better. I don't want to seem like I don't believe the teacher and am questioning her skills, but I would really like to know more about these brain breaks. Have you ever heard of them?

Caitlyn T, Fort Myers

Caitlyn,

It's very respectful of you to honor the teacher's instructional methods. I can assure you that "brain breaks" are a real, evidence-based technique to help students learn and to help children cope with stress and overload. According to recent research at the University of Michigan, these two-minute exercise breaks, brain breaks, in the classroom may help school children meet physical activity goals without disrupting learning. These researchers also reported that short bursts of in-classroom activity can trim childhood obesity rates while helping elementary schools provide 30 minutes of daily exercise for students.

"What we're showing is that we can give kids an additional 16 minutes of health-enhancing physical activity," said lead investigator Rebecca Hasson, an associate professor of kinesiology and nutritional sciences. Children in the United States are supposed to get at least one hour of exercise each day, including 30 minutes of physical activity during school hours, the study authors explained. Most don't reach this daily goal. "Many kids don't have PE (physical education) every day but they might have recess, and if they get 10 more minutes of activity there, it would meet that school requirement," Hasson said in a university news release. "This doesn't replace PE, it's a supplement. We're trying to create a culture of health throughout the entire school day, not just in the gym."

The researchers conducted five studies to analyze the effect of activity breaks on the mood, thinking, appetite and overall physical activity of 39 children. In a lab setting, kids aged 7 to 11 completed a series of experiments, including eight hours of sitting interrupted with

two-minute low, moderate, or high-intensity activity breaks. The researchers also tested the effect of two-minute, sedentary screen-time breaks.

The study showed that when given high-intensity activity breaks, the kids burned an additional 150 calories a day and didn't overeat to compensate for the increased physical activity. The screen-time breaks triggered more notable improvement in the students' moods but both types of breaks resulted in good moods. The children also rated the activity breaks as more fun than the screen time. The activity breaks also had a lingering positive effect on the moods of overweight or obese students, the study authors noted. This may mean they got more gratification from this extra exercise.

The researchers also said taking time out for movement did not alter the students' class performance. "Teachers were worried it would make kids more rowdy, but 99 percent of kids were back on task within 30 seconds of doing activity breaks," Hasson said. "We even had one teacher who did an activity break in the middle of a math exam -- she realized the benefit of getting them up and moving."

It's very clear that even short bursts of physical exercise, like brain breaks, helps our children's bodies and minds and should be encouraged.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.*

Top Ten Books On The Island

1. *Past Tense* by Lee Child
 2. *Nine Perfect Strangers* by Liane Moriarty
 3. *Alice Network* by Kate Quinn
 4. *The Wife* by Alafair Burke
 5. *Fear* by Bob Woodward
 6. *Reckoning* by John Grisham
 7. *Florida* by Lauren Groff
 8. *Lullaby Road* by James Anderson
 9. *Sting-Ray Afternoons* by Steve Rushin
 10. *Origin* by Dan Brown
- Courtesy MacIntosh Books and Paper.*

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Young actors from Creative Theater Workshop

photo provided

Creative Theater Children's Performance

Creative Theater Workshop, a nonprofit theater company on Sanibel, is presenting *Winnie the Pooh Kids* at the BIG ARTS Strauss Theater now through November 18.

Disney's *Winnie the Pooh Kids* is a delightful 40-minute show based on

the beloved characters of AA Milne and the 2011 Disney animated feature film. Welcome to the Hundred Acre Wood, where Winnie the Pooh is once again in search of honey. Along the way, he meets his pals, Tigger, Piglet, Eeyore, Rabbit and Owl, but soon discovers that Christopher Robin has been captured by the mysterious Backson. As they prepare for a rescue operation, the animals learn about teamwork, friendship and, of course, sharing snacks.

For tickets, visit www.sanibeltickets.com or call 738-3525.*

Cocktail Party With Famed Jewelry Designer

Lily & Co. Jewelers invites the public to an exclusive showing of the artistry of jewelry designer Charles Krypek with a cocktail party from 10 a.m. to 9 p.m. on Saturday, November 24 and a second chance to meet the artist from 11 a.m. to 5 p.m. on Sunday, November 25.

"Charles' ability to connect with the human spirit through his designs comes from more than three decades of creating timeless jewelry for the sophisticated wearer," said Dan Schuyler, who co-owns Lily & Co. with Karen Bell. "This two-day show is the perfect opportunity for an introduction to Krypek pieces, or grow your existing collection."

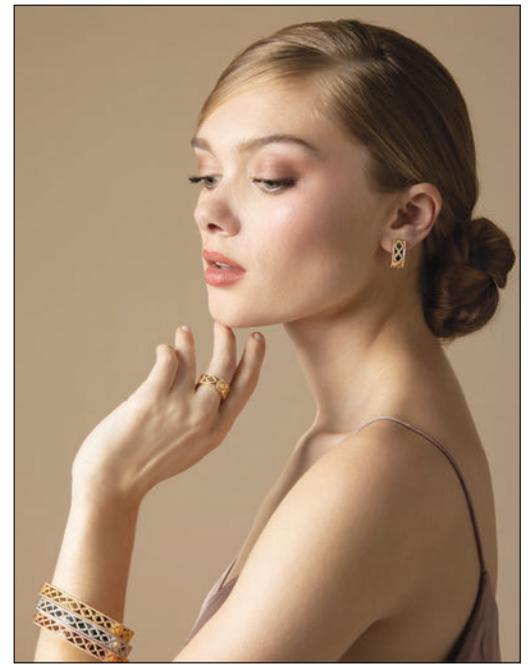
Krypek, a sculptor before becoming an internationally-known designer, will showcase his Gold, Sterling Silver, Diamond and Precious Pastel collections as well as the Love Story collection during the two-day event.

"I design jewelry with the modern woman in mind," said Krypek.

"You have passion, you have style and wearing my jewelry will seamlessly blend both passion and style. I strive to develop and add to my collections' designs that are unique, versatile and generational."

Bring a friend to the cocktail party and each will receive a gift to kick off the holiday season. Bring an unwrapped gift or canned food item to be entered in a drawing for a \$2,500 shopping spree.

Lily & Co. Jewelry Gallery is located at 520 Tarpon Bay Road. For more information or to schedule a private showing, call 472-2888.*



Model wearing pieces from Charles Krypek's Gold Collection

photo provided

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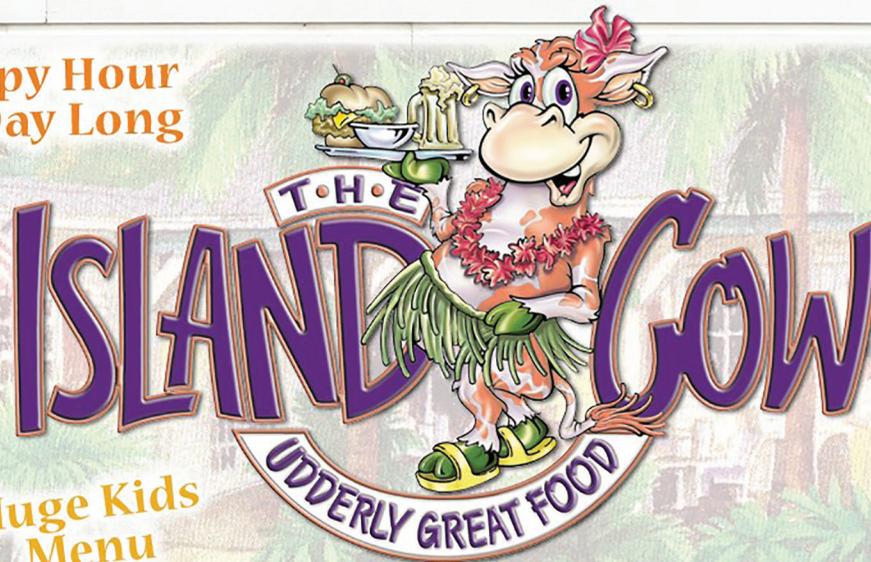
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BIG ARTS Monday Night Film Series

Film Stars Don't Die In Liverpool

by Di Saggau



The BIG ARTS Monday Night Movie for November 19 is *Film Stars Don't Die in Liverpool*. It focuses on the melancholy final days of Gloria Grahame, a famous femme fatale in a series of black-and-white film noirs in the '50s. By the time Technicolor took over the silver screen, Grahame had earned a reputation for being difficult and obsessive about altering her looks. It also didn't help that she had an intimate relationship with the 13-year-old son of spouse number four, Nicholas Ray. The film sticks to the period between 1979 and 1981 when Grahame had a fling with a British stage actor in his late '20s, Peter Turner, before she succumbed to breast cancer at age 57. Jamie Bell portrays Turner in his meatiest dramatic role since his debut in *Billy Elliot*.

As the film opens, we see an older Grahame, played by Annette Bening, prepping backstage at a Lancaster, England theater where she is starring in *The Glass Menagerie*. Before the show begins, she crumbles to the floor in pain. She demands that the now-estranged Peter take her to his family's house in Liverpool to recuperate.

Several flashbacks show us how Grahame and Turner meet. Both leads pour their hearts into their roles. The two



image provided

develop a credible chemistry that renders age irrelevant. *Film Stars Don't Die in Liverpool* is a fond farewell to a distinctive talent. It runs 105 minutes. Moderators for the evening are Kassie Witte and Rob Randell.

Admission to BIG ARTS Monday Night Film Series is \$10 and all screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary reception and discussion. BIG ARTS is located at 900 Dunlop Road. Tickets are available at www.bigarts.org, at the door or by calling 395-0900.*

Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to Islandsunpoetry@gmail.com. Each week, an individual poem will be showcased.

selected by Hannah Star Rogers

Elegy For Neil Armstrong

by Jamie Smith

See me as I see myself, he says

As a child, tabula rasa, eyes wide as moon-saucers
Even as a child,
I lived in wonder, waiting
For the world to start calling my name:
Cornelius: Neil: Centurion
And calling my name worthy.

See me how I see me, he says,

You cannot craft my persona by hindsight
I speak for myself

I spoke with my footprints

With the kicked up dust of a Pared down do-si-do

I danced on the Moon

For the joy of it
For all of us

And the giant stone sang

Hannah Star Rogers holds an MFA from Columbia University and a PhD from Cornell University. Her writing has appeared in the Kenyon Review, LA Review of Books, Carolina Quarterly and Southern Women's Review.*

From page 23

History Cruises

History, is a permanent facility dedicated to learning and teaching the archeology, history and ecology of Southwest Florida. A RRC educator will guide a tour of the Calusa Heritage Trail to one of the pre-Columbian mounds of the ancient Calusa. This is a great opportunity for families and neighbors to get together and learn about the natural and cultural history of Southwest Florida. You will observe fish and other marine life during the cruise trawling net experience while out on the water.

This cruise is available on Tuesdays beginning November 20 and continues through April, departing at 10 a.m. from McCarthy's Marina on Captiva returning at approximately 3 p.m. Captiva Cruises also offers cruises to Cabbage Key, Useppa Island, Boca Grande, beach and shelling excursions to Cayo Costa State Park, sailing adventures, sunset cruises, and dolphin watch and wildlife adventures with Sanibel-Captiva Conservation Foundation.

For more information and reservations, call Captiva Cruises at 472-5300.*

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From left, Danny Hussey demonstrates circuitry to Grace and Faith Mitchell photo provided

Upcoming Children's And Tech Programs

As Sanibel Public Library continues the next phase of its remodel project, parts of the library are being renovated as the facility is open for normal operating hours.

Sanibel Public Library IT Manager Danny Hussey and Youth Librarian Deanna Evans demonstrated working with electrical circuits using bananas, watermelons, oranges and other items as conductors. The circuits allow electrical flow. The food was connected to a computer, to be played like a musical instrument. Bananas become bongos, potatoes become pianos, and soon an entire band was formed.

The Makey Makey circuit demonstration is part of the library's new Think Tank, supporting STEM initiatives and encouraging youth interest in science, technology, engineering and math. The library is

planning more Think Tank hands-on demonstrations in the coming months for children and adults.

The Think Tank is funded with a grant from Hans and Leslie Fleischner and the Sanibel Public Library Foundation, with new STEM-related gift books from the Sanibel-Captiva Kiwanis Club.

On Monday, November 19 and Tuesday, November 20, explore your creative STEM side from 1 to 4 p.m. with ROK Blocks. Young builders can create 3D construction models with the blocks. No registration is required.

A kindergarten through 12th grade Thanksgiving-themed food craft begins at 3 p.m. on Tuesday, November 20.

There are no weekly youth events during the week of November 19; the weekly schedule resumes November 27. Events are listed on the library's online calendar.

The library will be closed Thursday, November 22 for the Thanksgiving holiday.

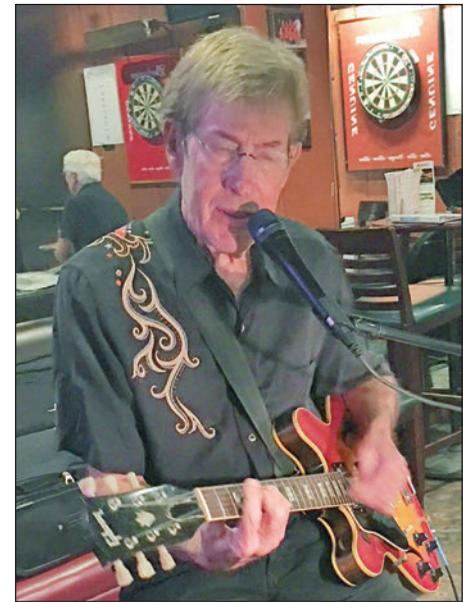
For more information, call 472-2483 or visit www.sanlib.org.

FISH Benefit Concerts To Begin

FISH of SanCap board member and local entertainer Chris Coile will begin his performances at George & Wendy's Seafood Grille on Monday, November 19 from 6 to 7:30 p.m. Coile plays classic rock and roll, country, island and big band standards, and each performance helps raise awareness and donations for FISH. Other island talent, including Cindy Cola, Dee Kelly and Sandy Greco, will join Coile periodically throughout the season.

Coile donates his CDs at each performance to encourage voluntary donations that benefit FISH. "Last year, we had a great time performing and almost all of the shows were totally reserved. We've got some real talent here on our small island," Coile said. "I'm happy to bring awareness about FISH, a neighbors helping neighbors organization and the great things they do right here on Sanibel and Captiva. It's been a particularly tough summer for them with the red tide crisis, and I'm really looking forward to getting a whole bunch of folks out to have a good time while listening to great music and supporting FISH."

Concerts will continue through March,



Chris Coile photo provided

held on the third Monday of the month from 6 to 7:30 p.m. at George & Wendy's Seafood Grille. Upcoming dates are December 17, January 21, February 18 and March 18. All are welcome but reservations are recommended by calling George & Wendy's Seafood Grille at 395-1263, located at the corner of Periwinkle Way and Tarpon Bay Road.✱



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From left, Sanibel Sea School's Johnny Rader, Chrissy Basturk, Sam Lucas, Dr. Bruce Neill, Nicole Finnicum and Christina Gould with the new Coastal Keepers bags manufactured in Haiti photo by Jeff Lysiak



A factory worker sewing one of the bags

photo provided

Reusable Bags Helping Haitian Community

by Jeff Lysiak

Thanks to a new partnership between one of Sanibel's nonprofit organizations and a small Haitian manufacturing workshop, led by an ownership group comprised primarily of women, islanders who are using Coastal Keepers' canvas bags can take even greater pride in taking part in the successful program.

Since it was established, the Bring Your Own Bag (BYOB) campaign has distributed more than 15,000 reusable and washable canvas bags on the islands. But until recently, those bags were being manufactured in the Far East.

"When we started looking into getting bags made with organic cotton five years ago, we found a United States source, but those bags were very expensive and very thick," said Dr. Bruce Neill, co-founder and executive director of Sanibel Sea School, of which Coastal Keepers operates as an independent branch. "We asked how could we get more bags but for less money, so we went to China."

According to Neill, the BYOB bags being produced overseas were made of cotton canvas, but were not organic.

"To be honest, we always felt a little uneasy about buying the bags directly from

China because we didn't know anything about where they were being made or what kind of working conditions there were," added Neill. "But thanks to one of our private donors on the island, they told us about an emerging company in Haiti we could be doing business with."

Located in Port au Prince, Haiti, the fashion brand Deux Mains – which translates to "Two Hands" – was founded following a devastating earthquake in 2010. The business, which manufactures men's and women's footwear, handbags, jewelry and accessories, provides its employees career guidance, training in product development and mentorship.

However, when Coastal Keepers inquired about the costs for producing 5,000 canvas bags to replace their inventory, they discovered the price was "significantly higher" than what was being produced in China.

"Thanks to the same family who told us about the factory in Haiti, they decided to make a donation to offset the costs of producing the bags in Haiti," said Neill, who called the effort "From Haitian hands, but at a China cost."

Once the order from Coastal Keepers had been placed with Deux Mains, some amazing things began to happen for the growing business. According to an impact report sent from the company to Neill, 22,000 hours of sustainable employment was provided for 37 artisans employed at Deux Mains. Each job directly impacts more than 350 people in the community.

"All raw materials for your bags were



The logos are affixed during the silk screening process

photo provided

sourced in Haiti, ensuring that each dollar impacts the local economy," the report reads, in part. "The Coastal Keepers bag brought more than \$34,000 into the Haitian economy, helping Haiti to rise out of poverty and become more sustainable."

In addition, Deux Mains noted that the Coastal Keepers bags were the very first order to take place in their new factory, which is fully powered using solar energy.

As a result, the manufacturing process kept more than 3.5 metric tons of carbon from being emitted into the atmosphere.

"We are contributing to economic growth with our sustainable business model," the report concluded. "We define good business as: ensuring living wages, encouraging local leadership and minimizing environmental footprint. Deux

continued on page 21B

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TUESDAY, JANUARY 15

Downsizing – From Start to Finish

Jacqueline Drake, ASID - Professional Organizer

Learn how to face the complexity of transitioning from a larger home or multiple homes to a more manageable and carefree lifestyle.

MONDAY, FEBRUARY 4

Investing in the Age of Artificial Intelligence

Timothy P. Vick - Director of Research

Gary W. Dyer, CFA - Senior Portfolio Manager

Technology and A.I. play an increasing role in your portfolio. Learn about the dynamics of the human/A.I. partnership in the 21st Century.

TUESDAY, FEBRUARY 26

Why Selecting a Trustee Matters

Craig R. Hersch, P.A. - Shepard, Brett, Stewart, Hersch, Kinsey & Hill, P.A.

Your choice of trustee can lead to the success or failure of your estate plan.

Learn which characteristics to look for when choosing those who will handle the future of your estate.

MONDAY, MARCH 25

Power Eating to Help Keep Disease at Bay

Presented by Lee Health

Learn about the foods that infuse every cell of your body with strength and vibrancy for a longer and energetic life.

MONDAY, APRIL 8

The Art of the Appraisal

Kristin Vaughan, Estates & Appraisals - Leslie Hindman Auctioneers

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Agent Joins Realty Group

Island realtor John Van Voorhis has joined VIP Realty Group.

After obtaining his graduate degree from the University of Northern Iowa, Van Voorhis and his wife, Peggy, moved to Southwest Florida in the late 1960s. Van Voorhis was an educator and coach before working in sales in the gladiola flower industry that flourished in Lee County. The blend of teaching and his love of the land motivated him to become a realtor.

Van Voorhis began investing on the islands in the late 1970s and has worked full time as a realtor since 2001. He is a member of the national, state, Fort Myers and Sanibel-Captiva boards of realtors, and holds the prestigious (SCIS) designation as a Sanibel and Captiva Island Specialist.

Van Voorhis enjoys golfing, hiking, biking, boating, fishing and spending time with his children, Amy and Boyd. He has also spent considerable time volunteering with youth sports, primarily baseball and



John Van Voorhis photo provided
 basketball, and is one of the founding members of the Southwest Florida Eagles traveling baseball program.*

Board Appoints New Trustee

Sanibel Sea School recently welcomed Scott Fischer to the nonprofit organization's board of trustees.

Fischer's love for the ocean began at age 16, when he started scuba diving in the Caribbean and the Gulf of Mexico. During his undergraduate program at Georgia, he worked as an assistant instructor and accompanied countless groups of students on their first open water dives in the ocean.

Like many others in the community, his life in Southwest Florida began with a quick, unplanned stop in Fort Myers. Now a full-time resident, he lives here with his wife, Jennifer, and 12-year-old daughter, Michaela. Fischer is the founder and managing partner of SRI, a full-service advertising agency based in Fort Myers. His other interests include traveling, boating and just about anything outdoors.

"Overcoming a fear of the unknown was always the biggest challenge for my dive students, which is one of the many reasons I have so much respect for the



Scott Fischer photo provided
 work Sanibel Sea School has done for so many years," said Fischer. "I am honored to have the chance to support this world class program."**

Island Realtor Completes Training

Becky Mulka of VIP Realty Group, Inc. successfully completed the Spokesperson Issues Training program conducted by Florida Realtors, held at its headquarters in Orlando.

The course, designed to improve public speaking abilities, enhance communication with the media and increase awareness of the issues affecting the realtor profession, was taught by Tom Morgan and Joan McCain, Orlando-based communications experts who have extensive experience with print and electronic media news.*



Becky Mulka photo provided



East-End Easy-Access Residential Captains Walk #B2

Handy to causeway, bay, marina, beaches, bike path, & olde Sanibel shops, Captains Walk has mature tropical gardens & a healthy conservative association. #B2 is a ground-level 1 bedroom with new HVAC last year, updated bath with walk-in shower, & impact glass. Amenities include carport, laundry, & canal-side docks. \$239,000 furnished

Bay-Front Mariner Pointe #1061, A Stunning Remodel

Every detail meticulously considered when this 2 bedroom 2 bath was reconfigured & updated to expand the views & increase the storage. Now with bay views from the front door, right through the kitchen & great room to the screened lanai, plus the master suite. Unique & spectacular with custom design & expert craftsmanship. \$499,900 partially furnished



Beachfront Sanibel Arms West #E2 With Great Income

Known for its large floor plan with two screened lanais (~1260 sq. ft.) & easy on-site rental program with low fees (just 10.5%), Sanibel Arms West is a great vacation destination & smart investment. Both baths were just remodeled. Kitchen is opened & was expanded into great room. Stack washer/dryer. This fantastic view & excellent rental history. \$874,000

3-Bedroom Penthouse, Pointe Santo #C43, With Private Deck

With expansive water views from upper deck, this decorator-appointed condo has enjoyed years of successful weekly rentals. Resort-style community has central clubhouse with activities, pool, hot tub, & sun-deck; tennis; & bbq areas. Convenient on-site office, assigned parking & both inside & exterior storerooms too. \$1,125,000 furnished



Gulf-Front Home at 1351 Middle Gulf Dr

In community of Moonshadows where 12 homeowners share pool & tennis. #2C is one of just four beach-front residences. 3 bedrooms, 3 full baths, bright white remodeled kitchen, enormous great room with enclosed balcony, plus separate family room, utility room, & entry porch too. Beachside patio & plenty of parking also. \$1,695,000 furnished

9270 Kincaid Court

Single-family home lot in Belle Meade on private road just off Sanibel-Captiva Rd, convenient to bike path, school, rec center, & wildlife preserve. \$149,000

9441 Peaceful Drive

Gumbo Limbo parcel next to conservation land. Almost half acre, ~170' x 155'. Handy to causeway, bay, gulf, & shopping. Quiet central location. \$249,000



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Rotary Happenings

submitted by Shirley Jewell

Rotary in Action is the phrase this year for community service and this past weekend, Rotarians were an extremely busy group.



Rotarian Roger Triftshouser, former president and founder of the Lee County Chapter-Military Officers Association of America (MOAA), spoke recently on the history of America's dedicated U.S. servicemen and women.

On November 11, bells tolled to mark the 100th anniversary of the end of World War I – Armistice Day. Veterans' Day is November 11 because on the eleventh hour of the eleventh day of the eleventh month at 11 a.m. (Paris time) November 11, 1918, the armistice between the allies and the central powers took effect.

Triftshouser said that "many servicemen refer to World War I as the forgotten war or unknown war" because of the lack of public attention it received both during and after the war. Yet during World War I, a total of 116,516 American troops were killed. The United States sent 4,355,000 soldiers to war, and roughly seven percent of them were either killed, injured or captured. The first three men



Roger Triftshouser photos provided

to die in combat in World War I were Cpl. James Bethel Gresham, Pvt. Merle David Hay and Pvt. Thomas F. Enright.

Triftshouser summarized a late friend's words, Congressman Barber B. Conable, past president of World Bank, U.S. Marines Iwo Jima survivor: "You can all think of somebody fine who would be with us today, a soldier who might have stayed in their foxhole a minute longer or moved their head 8 inches to the right at a critical moment, or if a sniper had just wavered. That friend would have had a chance to be a good father, or have his own business, or serve on a school board.



Volunteers at the meal packing event

"Our good fortune to not be that person, carries with it an obligation to do a little of his work as well as our own, to make the world a little better place than it otherwise would be."

Triftshouser spent 33 years in the U.S. Navy, six active and 27 in the reserves, rising to the rank of rear admiral, though his time in service did not send him to the front lines. As he said himself, "I'm no ace pilot, or Navy Seal. I've never been down in the trenches, but as a Navy dentist, you might say, instead of scaling cliffs, mountains and desert terrains, I scaled teeth. One phrase we did coin for the

Dental Corps was, 'You can't fight, if you can't bite.'

Triftshouser was a dedicated military officer who served our country and continues to do so today alongside his fellow MOAA members who believe in giving back to our veterans.

On November 10, Sanibel-Captiva Rotary and the Sanibel Congregational United Church of Christ sponsored a Meals of Hope meal packing event with a gathering of 100-plus volunteers. The goal was to package up a total of 25,000 meals for distribution by the Feeding America Food Bank Network to victims of natural disasters in America and economically depressed areas around the country. Rotarians, The Sanibel School Rotary Interact Club members and their advisor, church members, church youth group members, our Rotary Youth Exchange student from Taiwan, and community members accomplished the goal in just two hours. Thank you all for a job well done.

One last thing to do over the weekend for Rotarians on November 11 was to direct traffic and park cars for CROW's Taste of the Islands.

"Service Above Self" is the Rotary motto and Rotarians don't just talk the talk, we walk the walk.

There will be no meeting on Friday, November 23 due to the Thanksgiving holiday.

The Sanibel-Captiva Rotary Club meets Friday mornings at 7 a.m. at The Dunes Golf & Tennis Club. Guests are welcome.✧

We are so grateful to have you as customers and neighbors.



(l-r) Rob Lisenbee, V.P./Lending, Willy Ocasio, V.P./Sanibel-Captiva Office Manager, and Darrin Grotrian, Asst. V.P./Asst. Sanibel-Captiva Office Manager

As our way of giving thanks, we invite you to stop by Bank of the Islands on Monday, November 19 to receive a gift for your Thanksgiving celebration.

Please consider bringing non-perishable food items to contribute to our ongoing lobby collection for the F.I.S.H. of Sanibel-Captiva food pantry.

To learn more about F.I.S.H. of Sanibel-Captiva and the other ways you can help them help our neighbors in need, please visit www.fishofsancap.org

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Kiwanian Alan Marcus presents a check to Jamie Reid, assistant principal of The Sanibel School photos provided

Southwest Florida Symphony Board President Tom Uhler receives a check from Alan Marcus

Kiwanis Awards Grants To School And Symphony

This time of year, the Kiwanis Club of Sanibel and Captiva is busy awarding annual grants to island youth education and recreation programs, following the club's mission of improving

the lives and well-being of local youth. The club has been active on Sanibel and Captiva since 1973.

At a recent breakfast meeting, the club welcomed representatives from The Sanibel School and the Southwest Florida Symphony Orchestra, who received grants for the coming year. Both organizations have been supported by Kiwanis for many years.

On hand from The Sanibel School

was Assistant Principal Jamie Reid. The Kiwanis grant to The Sanibel School helps to support the annual Seahorse Festival, a day of fun for students, families and friends, held each year to benefit the Sanibel School Fund and the PTA. Proceeds from this program help the school to secure teaching equipment and materials not covered by its basic budget.

Receiving the grant on behalf of the Southwest Florida Symphony Orchestra was Tom Uhler, symphony board president and longtime Kiwanis member. A major part of the symphony's mission is to bring an understanding

and appreciation of classical music to area youth. The Kiwanis grant helps the symphony to underwrite its extensive school outreach programs, including free presentations by professional musicians for fifth grade students at area schools each year, including The Sanibel School.

"Kiwanis is proud to support these fine local organizations and the work they do with our local youth," said Kiwanis President Doug Congress. "Their educational and cultural programs help to give our young people the balanced development important to their future success."*

ABWA Speaker Series Luncheon

Sandra Stilwell Youngquist is the featured speaker for the American Business Women's Association (ABWA) November luncheon. She will give a presentation, titled *Balancing Act - Broadening Your Reach to Others While Keeping Your Focus*, as part of the Women in Leadership Speaker Series on Tuesday, November 27 at Sundial Beach Resort and Spa. Networking begins at 11:30 a.m. with lunch and speaker from noon to 1 p.m.

As CEO and owner of Stilwell Enterprises & Restaurant Group and president of SWFL Children's Charities, Stilwell is uniquely qualified to examine this powerful topic. Her signature advice - "be honest and true in all you do" - reflects her dual commitment to business success and community service.

Stilwell launched her first business venture at age 17, building from an entrepreneurial bank cleaning business to her true calling, hospitality. Now with an inn, shopping centers and six restaurants, including the national award-winning Key Lime Bistro on Captiva, Stilwell credits her success to faith and a tenacious work ethic.

In community service, Stilwell has an equally impressive resume. Under her leadership, SWFL Children's Charities will present the SWFL Food & Wine Fest on February 24, 2019, an event that raised \$2.9 million for pediatric health care last year. She also serves on the board of directors of Hope Hospice, immediate past board chair for the PACE Center for Girls, the board of trustees for Hodges University, advisory boards for Florida Gulf Coast University's Resort & Hospitality



Sandra Stilwell Youngquist photo provided Management Program and *Gulfshore Life Magazine*, Captiva Community Panel and the Healthy Lee Steering Committee.

"Sandy makes it look easy, but she promises to candidly examine the challenges we all face balancing our most important priorities," said Gloria Garrett of HMG, president of Sanibel-Captiva ABWA. "Sandy's recent laureate award from Junior Achievement (JA) of SWFL sums it all up; JA acknowledges role models like Sandy, who inspire best practices in both entrepreneurship and business ethics."

The luncheon is open to the public. Cost is \$20 per person. RSVP at info@abwasanibelcaptiva.org or register on Eventbrite at <https://abwasanibelcaptiva.eventbrite.com>. Sundial Beach Resort and Spa is located at 1451 Middle Gulf Drive on Sanibel.*

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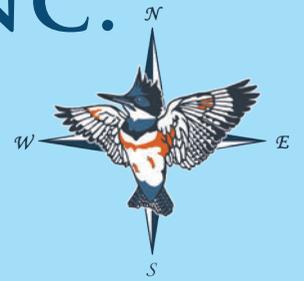
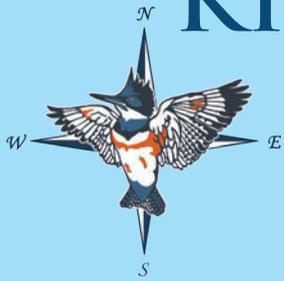
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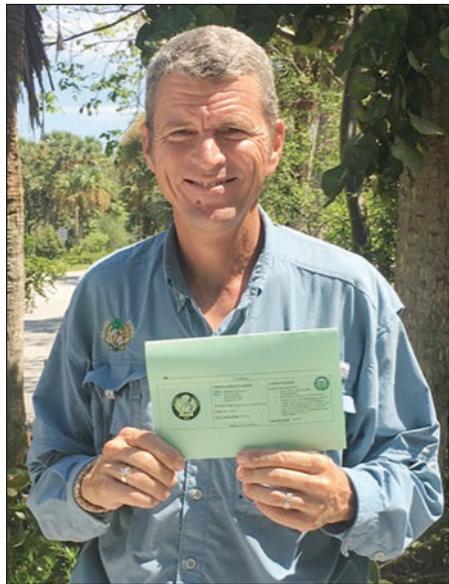
City Of Sanibel Vegetation Committee

Things To Know When Hiring A Landscaper

Sanibel is fortunate to have an abundance of lush vegetation, and because of this, seasonal and full-time residents frequently need help with maintaining “the look” we all love. This article will help to answer some frequently asked questions regarding landscaping and landscaper selection.

Why do we have vegetation standards and requirements on Sanibel? “To preserve and protect vegetation from improper planting, transplanting, removing, pruning, trimming or damage or destruction,” as stated in the City of Sanibel’s Vegetation Standards. The retention of native plants is part of the Sanibel Plan, which ensures the conservation and protection of ecosystems and wildlife. The Vegetation Standards require that for new development, the landscape must be at least 75 percent native plants in three categories: trees, shrubs and groundcovers. Furthermore, the use of native plants is also encouraged for existing landscape projects.

Why should I hire a licensed contractor? The city requires vegetation contractors working on Sanibel to obtain a vegetation competency card, certification achieved by passing a written test covering Sanibel’s Vegetation Standards and a field plant identification test. When working on Sanibel, there must be at least one licensed landscaper on site to oversee



City of Sanibel Public Works Department tradesworker Steve Schweitzer with his vegetation competency card

photo provided

any type of vegetation work. This helps to ensure compliance with the Vegetation Standards. Hiring a licensed contractor is also important to homeowners because it protects the property owner from potential litigation should an unlicensed vegetation worker be injured while on the job.

What can your “yard person” do without a vegetation competency card? Landscape companies may cut grass, edge or blow clippings without a vegetation competency card. All other activities, such as trimming or pruning, require a vegetation competency card.

Can my landscaper trim mangroves? The State of Florida’s 1996 Mangrove Trimming and Preservation Act requires mangroves to be trimmed by professional mangrove trimmers. Sanibel’s professional mangrove trimmers are required to take a mangrove competency test separate from the vegetation competency course. Additionally, all mangrove trimming activity requires notification to the city.

How do I find a licensed landscaper? A comprehensive list of licensed vegetation contractors and professional mangrove trimmers can be found online at www.mysanibel.com/content/download/24058/149710.

Where can I learn more about native plants on Sanibel? The vegetation committee hosts free plant walks from November to April at city hall to view and discuss the use of native plants. All are welcome.

To view pictures of the Invasive Exotic Plants Worst of the Worst or the city’s *The Alien Invasion* brochure, visit www.mysanibel.com/Departments/Natural-Resources/Vegetation-Information/Exotic-Vegetation/Other-Invasive-Exotic-Vegetation or contact the city’s Natural Resources Department at 472-3700.

The Natural Resources Department section of the city’s website, www.mysanibel.com, offers information on native plants, a listing of licensed contractors, Sanibel’s vegetation standards and codes, and the *Environmental Reference Handbook* prepared by the city’s vegetation committee. The committee also offers free native plant tours. For more information, call 472-3700.✧

Help A Family This Holiday Season

The FISH of SanCap Adopt-a-Family program allows FISH client families to experience the many joys of the holiday season they otherwise may not be able to afford. Adopt-A-Family was started years ago to help make the holidays merrier for the families FISH serves. Through this program, donors may “adopt” an individual or family and provide gifts for the holidays. Many of the participants FISH serves live on very low fixed incomes, are underemployed and/or have recently lost their income due to the red tide disaster. For many, these will be the only gifts they receive at the holidays.

FISH is asking individuals and businesses to become an Adopt-A-Family donor this year to ensure that island neighbors will be able to create their own special holiday memories this year. If you would like to be a donor for the program, contact Maria Espinoza at FISH at 472-4775. You may sign up as an individual or a group. This is a great team building opportunity for companies and organizations.

FISH will provide a wish list from client families so you can shop for gifts. All items must be new purchases. Wrap and label your gifts. Label each gift individually with the participant’s gender and age. This information will be on the wish lists. Deliver gifts to FISH. All wrapped and labeled gifts must be dropped off at the FISH Walk-In Center, located at 2430 Periwinkle Way, by Wednesday, December 12 between 8 a.m and 4 p.m.✧

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Trinity Auto Body Solutions owner Angel Rodriguez and Legendary Automotive & Truck Service owner Jason Stretch photo provided

Legendary Auto Car Giveaway

Legendary Automotive & Truck Service officials will again be giving away a vehicle to a nominee of the community. The giveaway will occur at the automotive facility on December 1 at 1 p.m.

Owner Jason Stretch believes this is an great way to give back to the local community. "At Legendary, we service and repair vehicles, it is what we do. What better way to help someone than with reliable transportation, that helps them help others."

Stretch said his fellow shop owners have done similar car giveaways through a program called Wheels to Prosper and believes he has a responsibility to help improve the auto repair industry.

The vehicle for the giveaway is a 2006 Subaru Forester.

Last year, a Honda Odyssey minivan was awarded to a woman who helps foster children. She was able to help many foster children with the vehicle.

A team effort got the Subaru back into shape: O'Reilly Auto Parts donated many of the parts needed; Trinity Auto Body Solutions repainted the vehicle; and Jasper Engines and Transmissions provided a newly remanufactured engine.

Legendary Automotive is seeking nominations of community residents that give back to others, but are struggling with reliable transportation. To nominate someone, visit www.legendaryfl.com and click on the nomination link.

Legendary Automotive And Truck is located at 1921 Courtney Drive in Fort Myers. For anyone that would like to contribute a vehicle or other support, email service@legendaryfl.com.*

Food Drive And Customer Appreciaton Day At Island Bank



Willy Ocasio with donated food items for FISH of SanCap photo provided

As Thanksgiving approaches, Bank of the Islands is giving thanks for its customers and island neighbors. On Monday, November 19, all visitors to the bank's Sanibel and Captiva offices will receive a gift for their Thanksgiving celebration.

"This is just a small way we can show how grateful we are to be your island bank," said Bank of the Islands Vice President and Sanibel/Captiva Office Manager Willy Ocasio. "It's also an important time to remember those less fortunate, so we hope you will bring a contribution to our canned food drive."

Donations to the canned food drive

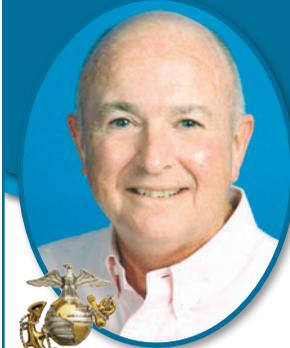
will be delivered to FISH of SanCap. Non-perishable food donations are also appreciated for the FISH Food Pantry.

"FISH provides much appreciated support and services for our neediest neighbors," said Ocasio. "While we accept lobby donations for FISH all year long, it's our honor to spearhead this community drive to offer extra help as we enter the holiday season."

Freshly baked cookies and coffee will be available for visitors to the bank between 9 a.m. and 4 p.m. The Sanibel branch is located at 1699 Periwinkle Way and the Captiva branch is located at 14812 Captiva Drive.*

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<p>836 Donax St.</p>  <p>Sanibel Shores opportunity. 3 BR/2BA single family with WEEKLY RENTALS. Community pool and easy walk to beach</p> <p style="text-align: center;">\$599,000</p>	<p>9248 Kincaid Ct.</p>  <p>Perfect investment opportunity. 2 BR/1BA; Close to school and Rec Center; Move in ready!</p> <p style="text-align: center;">\$429,000</p>	<p>3832 Coquina Dr.</p>  <p>West Rocks w/deeded beach access, 3-BR en-suites, open great room. Private elevator, large studio/workout area. Enclosed lanai overlooks pool with beautiful lake views.</p> <p style="text-align: center;">\$1,100,000</p>	<p>Across From Beach! Fabulous renovation of this 3 BR, 2-1/2BA plus office elevated home Great room with gas fireplace. Kitchen, dining and master all access the screen enclosed deck overlooking the oversized salt water pool</p> <p style="text-align: center;">\$1,699,000</p>

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Sea School Scavenger Hunt Was Fun For All

submitted by Leah Biery

On November 3, Sanibel Sea School hosted its 1st annual Flip Flop Family Scavenger Hunt. Teams traveled around Sanibel and Captiva to gather photographs, objects and information, competing for the grand prize horse conch trophy.

Participants ended the day with a bonfire celebration at Lighthouse Beach. All proceeds from the event will support the nonprofit organization's scholarship program, which provides meaningful ocean experiences to those in need.

For more information about Sanibel Sea School, visit www.sanibelseaschool.org or call 472-8585.✱



Sam Lucas with the official clue book photos provided



The winning team, back row from left, Kyle Szymanczyk, Bruce Neill, Taylor Szymanczyk, Christine Szymanczyk and Carol Plassard. Front row from left, Ryder Szymanczyk, Sunny Plassard and Marlow Plassard.



Ryder Szymanczyk and Taylor Szymanczyk warming up for the scavenger hunt



From left, Sharon Dodson McDonald, Brooklyn McDonald and Alex Dunavant



Katherine Schwartzel bobbing for apples



Caitlin McCallion helping Zahra Samtani on the balance beam



Karoline Tyrrell and Joseph Schwartzel volunteered to help with the event



From left, Evelin Rienzo, Fin Summit and Grayson Rienzo at the bonfire



Tom Louwers and Karen Bell

photos provided

Realtors Feeling The Holiday Spirit

On October 25, members of the Sanibel & Captiva Islands Association of Realtors (SCIAR) came together for the Fall into Christmas fundraiser that followed the 2018 Annual Association Meeting.

Tom Louwers was in attendance to tell members about the Friends Who Care organization and how they help families

and seniors within the community. Members brought toys, gift cards and monetary donations to help Friends Who Care kick off their annual toy drive. A Designer Spotlight tree auction raised funds as well.

Overall, the realtors and affiliate business partners raised about \$1,800 in cash, gift cards and other monetary donations. A large amount of unwrapped toys and other items were also donated.

Along with all of its members, the SCIAR would like to thank the following



Christmas tree surrounded by presents

sponsors, affiliate business partners and local businesses for their help in making this year's fundraiser a success:

American Momentum Bank; Brittany Paige Interior Designs; Catering by Leslie Adams; Constance Davidson Interior Designs; Decorating Den Interiors; JMA Photography; Lake Michigan Credit Union of Florida; Private Client Insurance Services; Rosier Insurance; Seacoast Cottage Company; Superior Title Services; and *Sanibel & Captiva Real Estate Guide*.✱

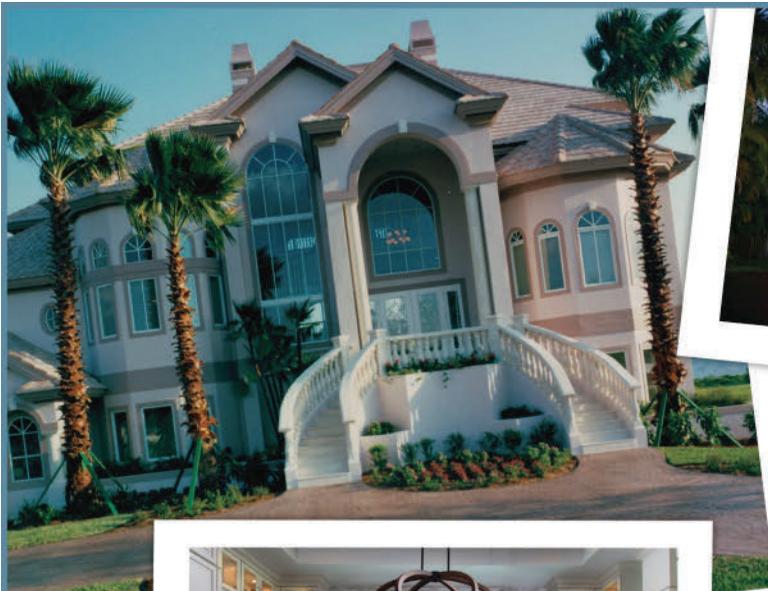
School District Acknowledges Tax Referendum

The School District of Lee County thanks the voters of Lee County for approving the half-cent investment in education. Revenue from the approved sales tax is expected to help pay for new schools, renovation and maintenance projects, technology upgrades, and enhancements to campus safety and security. The sales tax is expected to generate \$754 million over the next 10 years. Collection will start in January of 2019.

Calling it a "huge vote of confidence," Superintendent Dr. Greg Adkins and Board Chair Cathleen Morgan appreciate the support and trust the community has placed in the district saying, "We do not take the responsibility lightly, and we will not waste this opportunity."

"Thank you for helping us continue the long tradition of providing a quality education for our students, and for helping them reach their highest personal potential," said Morgan. "Without your support, we truly don't know how or if we would be able to fund the worldclass school system outlined in Envision 2030."

The school district will now form an independent oversight committee that will track district's expenditures and use of this tax. If interested in joining the committee, apply at www.leeschools.net.✱



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Joint Accounts Don't Count Towards Bequests



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Salvadore created a trust that first distributed \$2 million to his wife, Sophia, before making \$500,000 bequests to each of his two daughters, Gloria and Dorothy. When Salvadore created his trust, he considered the bequest to his wife to be enough for her to live off of the rest of her life, also considering that she had other assets of her own in her own trust. He didn't want Gloria and Dorothy to wait until both his and Sophia's deaths before enjoying any of their inheritance, and that is why he included those bequests.

When Salvadore died, his trust had less than \$2 million of assets in it. Salvadore had more than \$1 million of other assets, both those were all held jointly with rights of survivorship with Sophia. They were not ever funded into Salvadore's trust.

So Sophia took the joint assets as her own. When Salvadore's trust was administered, the entire balance also went to Sophia. Gloria and Dorothy received nothing from Salvadore's estate.

And this is the important point that I wish to make today. Salvadore may have considered the joint account to count towards what he wanted to leave Sophia from his estate. But Salvadore didn't direct his attorney to draft language into his trust indicating that was his intent. Maybe Salvadore assumed that the joint account gift would serve to satisfy part of what he intended to leave Sophia through his will and trust.

But that isn't the case.

Maybe Salvadore intended to fund the joint account into his trust account in order to satisfy his intent. Transferring a joint account into a single trust generally requires both signatures of the joint account owners. Perhaps upon discovering this, Salvadore decided not to do it and didn't believe it necessary to alter the terms of his trust.

Upon discovering what was to occur in Salvadore's estate administration, Gloria and Dorothy wondered if anything could be done to rectify the situation. The answer is not unless Sophia wants to cooperate. Sophia could, for example, file a legal disclaimer for some portion or all the \$1 million in bequests that Gloria and Dorothy didn't receive. A legal disclaimer must be signed in accordance with Florida law and with the Internal Revenue Code. There are several requirements that must be satisfied to file a disclaimer.

Sophia could also cooperate if she simply gifted some of her inheritance to Gloria and Dorothy. The gift would be taxable, as it would be above the \$15,000 annual exclusion limitation, which only means that the gift would reduce Sophia's current \$11.2 million federal estate tax exemption. Provided Sophia's taxable estate at the time of her passing is below the then-available federal exemption, the gift would not affect her. If, on the other hand, Sophia's estate could be in danger of exceeding the limitation, she has the option of filing a Federal Estate Tax Return Form 706 on Salvadore's estate to transfer any of his unused exemption to her own estate, negating the gift transfer.

Depending upon the assets that Sophia transfers, and whether they came from the joint account or from assets she inherited from Salvadore, there could be unrealized capital gain that may one day be realized by Gloria and Dorothy that would require the payment of capital gains taxes. This is because joint account assets do not receive a full step up in tax cost basis upon one of the account holder's deaths.

Sophia may also choose not to cooperate, leaving Gloria and Dorothy with no inheritance. Much of this depends upon the relationship between the parties as well as

Sophia's comfort as to whether she has sufficient funds to live off of the remainder of her lifetime.

As you can see, an assumption on Salvadore's part could lead to some very real problems between his loved ones. If you have questions as to whether certain accounts will serve to satisfy bequests you have in your will or trust, be sure and discuss your questions with your estate planning attorney.

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ISLAND SUN BUSINESS NEWSMAKERS



McMurray and Nette

Royal Shell Real Estate

The top producers at the Royal Shell Real Estate Sanibel/Captiva office for the month of October were: McMurray & Nette, top listing producers team; Tracy Walters, top listing producer individual/partners; McMurray and Nette, top sales producers team; and Tracy Walters, top sales producer individual/partners.*



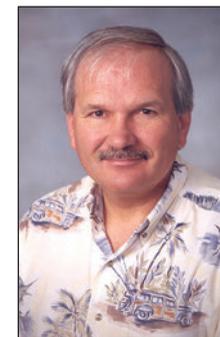
Tracy Walters

VIP Realty Group



Tina DiCharia and Glen Simmons

The top producers at VIP Realty Group for the month of October were: Tina DiCharia and Glen Simmons, top sales; Mary Lou Bailey, top listings; and Charles Sobczak, top producer.*



Charles Sobczak



Mary Lou Bailey with Murphy and Jackie O

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Refuge Hires New Development Officer

Dot Voorhees recently accepted the full-time position as development officer for the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS). She, along with fellow development officer Sierra Hoisington and director of development Lynnae Messina, works with executive director Birgie Miller in strengthening and enhancing overall development efforts to support the mission of the JN "Ding" Darling National Wildlife Refuge.

A native of Katonah, New York, Voorhees brings more than 15 years of experience in nonprofit events management, marketing and communications to the refuge team. Most recently, she was in charge of events and communications for the Friends of the John Jay Homestead in Katonah for 10 years.

Voorhees has served as a consultant working with clients from around the country on market research for television advertising and has put to use her biology degree from the University of Miami as a wildlife researcher.

"Dot and her husband, Scott, recently moved to Fort Myers and the 'Ding' team is very lucky to have her as its newest member," said Miller. "Her former colleagues spoke very highly of her as a patient, conscientious, relaxed colleague



Dot Voorhees photo provided and someone who always gets the job done."

Voorhees will head events and communication coordination for DDWS fundraising efforts. In her spare time, she plans on exploring the refuge. "I love being outdoors and am an avid birdwatcher, so the refuge is a wonderful place to be," she said.*

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DAV Uses Your Donations For Helping Veterans

submitted by Ted Tyson

According to statistics of the National Hospice and Palliative Care Association (NHPCO), more than 1,800 American veterans die every day. Of that group, only four percent die in the care of the Veterans Administration. That's only 72 veterans, which leaves 1,728 veterans not covered by the U.S. Government for death benefits for themselves and their families. Of course, not all die in Southwest Florida and not all veterans need help of the several hospice groups and organizations like DAV to get a decent burial, but many do. Hospice organizations can help.

DAV is often contacted by care groups, families and friends of the veterans to see what assistance the deceased and the family are entitled to receive. DAV Chapter #108 is called often and responds with trained disabled veterans experts in determining what is the entitlement and how to get it quickly, and at no charge to the veteran's family. Many times, the family of the deceased finds out that medical records from their time of service are pertinent and bills for hospitalization services can properly be paid by government rather than the family, thereby helping the family cope with financial demands.

But that is only the beginning. The



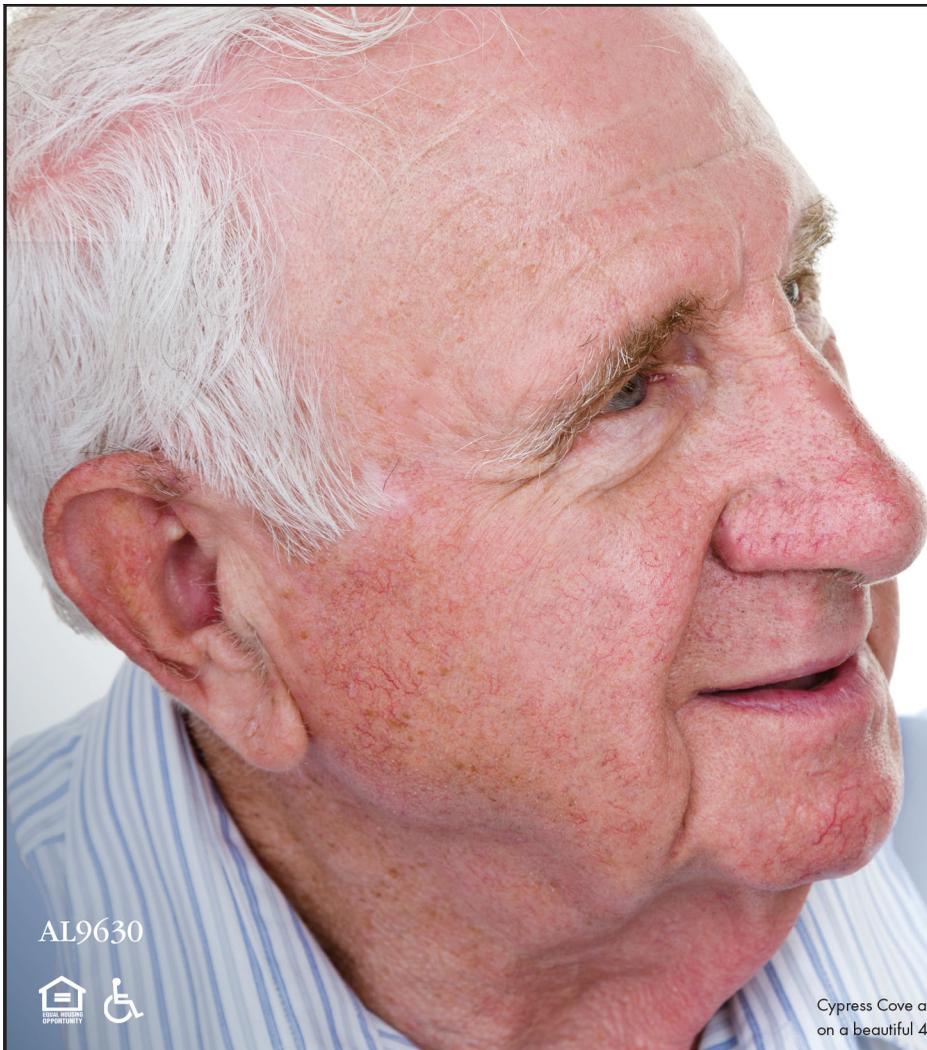
Chapter #108 serves Sanibel-Captiva, Cape Coral, Fort Myers and Lee County

image provided

deceased veteran's family has certain rights that are often not known to them, have never been requested, and are there only if requested by the DAV expert investigation and post-death support of the family. The veteran's family is not left alone after his/her death, expert DAV service can be continued as required, until the partner remarries and/or the children complete school/college, all at no cost to the family.

DAV works with several other groups to assist disabled American veterans. Emergency assistance is coordinated by calling 211, the emergency number for many groups and being directed to the proper group. The DAV Chapter #108 Lee County phone number for disabled vets is 239-984-5920 and is usually

continued on page 20B



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Highlights From The 37th Taste Of The Islands



Crowds filled Sanibel Community Park during the 37th Taste of the Islands, a foodie-friendly fundraiser for the Clinic for the Rehabilitation of Wildlife (CROW) photos by Jeff Lysick



Dr. Heather Barron and Dr. Kyle Abbott of CROW

The Clinic for the Rehabilitation of Wildlife (CROW) announced the winners of the 37th Taste of the Islands. This year's event featured 13 restaurants from Sanibel and Captiva. The winners were selected by a four-member panel of judges that voted on a variety of categories while those in attendance voted for the People's Choice Award.

Taste of the Islands Winners

- Best Appetizer: Sanibel Fish House – Wasabi Crab Cake
- Best Meat: Thistle Lodge – Short Rib & Gratin
- Best Seafood: The Timbers Restaurant & Fish Market – Crunchy Grouper Fingers
- Best Vegetarian: Matzaluna – Zoodle Mediterranean
- Best Dessert: Sanibel Fish House – Stuffed Key Lime Cheesecake
- Taste of Taste: Sanibel Fish House
- People's Choice: The Clam Shack

"It was great to see the community come together for Taste of the Islands, particularly after the rough summer everyone on the island has faced. The food was amazing and everyone enjoyed the live entertainment provided by the Private Stock Band," said Debra Neri, event chair. "Thank you to everyone who attended and supported CROW's mission, especially the participating restaurants, sponsors and volunteers who made it all possible."

Funds raised through the event will benefit CROW's mission to save wildlife through state-of-the-art veterinary care, research, education and conservation medicine.✪



From left, volunteers Ginny Holford, Tina Flannery, Judy Thompson, Pat Appino, Barb Vickers and Ron Frazer



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The Clam Shack



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From left, Stevie Clifford, Joan Mikelsons and Sherry Fisher



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2018 Golf Course Report Card Presented

by Jeff Lysiak

During the November 6 Sanibel City Council meeting, Environmental Specialist Dana Dettmar of the city's Department of Natural Resources delivered a presentation on the report card summary for the island's Golf Course Nutrient and Lake Management Recommendations program.

Now in its seventh year, the program focuses on protecting water quality, targeting four individual categories – education, lake management, fertilizer management, and irrigation and fertigation (injecting fertilizers into an irrigation system) – at each of the island's three golf courses.

"Every year, each golf course is presented with a report of what they're doing well and what areas need some work," Dettmar said, noting that the program is completely voluntary. "They are assigned a score from one to five for each best management practice (BMP) to grade how well they are complying with the city's guidelines. Since the beginning, all of our golf course managers have been receptive to the program and have worked closely with city staff to implement BMPs on their courses."

According to Dettmar, two golf courses – The Sanctuary Golf Club and The Dunes Golf & Tennis Club – are in full compliance with the city's recommendations for lake management to help reduce nutrient



Lake 7 on The Sanctuary golf course, showing new spartina planted along the shoreline

photo by Kyle Sweet

loading, while one golf course – Sanibel Island Golf Club – was determined not to be in compliance.

The 2018 Golf Course Report Card concluded:

The Sanctuary Golf Club earned 62 out of 65 points, for a score of 95 percent and a 3.3 percent improvement since 2011, but a three percent decrease from last year. The Sanctuary is in "Full Compliance" with the city's BMP recommendations.

The Dunes Golf and Tennis Club earned 61 out of 65 points, for a score of 94 percent and a 31 percent improvement since 2011, and a one percent improvement from last year. The Dunes is in "Full Compliance" with the city's BMP recommendations.

Sanibel Island Golf Club earned 53 out of 65 points, for a score of 82 percent and a 13 percent improvement since 2013, but a decrease of 11 percent from last year. The Sanibel Island Golf Club is "Not In Compliance" with the city's BMP recommendations.

In the report, it was noted that The Sanctuary regularly conducts plant tissue and soil sampling for the greens on the course. Grass clippings are analyzed for 12 nutrients and the data used by golf course personnel to make adjustments to the nutrition program as needed.

"The city encourages continued efforts by The Sanctuary to increase the size of native plant buffers around the course's environmentally sensitive areas," the report reads, in part. "Since 2005, The Sanctuary has removed more than one acre of paved cart paths, replacing impervious pavement with shell path and native planting areas. The Sanctuary continues to experiment with native and 'Florida friendly' groundcovers within existing buffer areas."

The Dunes report pointed out that in 2017, after large quantities of floating vegetation was discovered in Lake 4, management hired a company to remove

the vegetation manually rather than using chemicals. This year, when the floating vegetation returned, they again brought in the Truxor algae-harvesting workboat to remove the growth.

"Working in conjunction with The Dunes Homeowner's Association, 13 aerations systems – each equipped with three diffusers – were purchased for placement in all stormwater lakes throughout the course," the report stated. "The oxygen delivered from the aeration systems will promote bacterial decomposition of nutrient-rich bottom sediments, help to bind phosphorus to naturally occurring iron making it unavailable to algae, and enhance fish and wildlife habitat."

Dettmar stated that Sanibel Island Golf Club lost points over the last year due to the lack of training in BMPs, providing updated water quality data and for having issues with their wash-down facility.

"So you know, we did have a meeting with the Sanibel Island Golf Club before we went out on the course and we did discuss these areas with them and what they can do to improve them for next year," said Dettmar.

"And how did they respond to that?" asked Councilman Jason Maughan.

"Pretty well, I think," Dettmar said. "As far as water quality monitoring, they asked for the past reports so they know what labs they've used in the past."

The report also noted that over the past year, Sanibel Island Golf Club staff has removed approximately two acres of turfgrass. "The removal of turfgrass results in a decrease in the amount of area on the course that would need to be fertilized, likely reducing the amount of nitrogen and phosphorus applied to the landscape," the report concluded, adding that course management has plans to continue to further reduce turfgrass areas.

"I'll tell you what... I'm very impressed," said Maughan. "I've very proud of them all. For all Sanibel golf courses, at least I'm seeing an effort and that matters more than anything else."

"It's great to see everybody working towards the same goal," added Councilwoman Holly Smith. ✨

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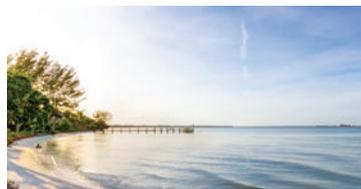
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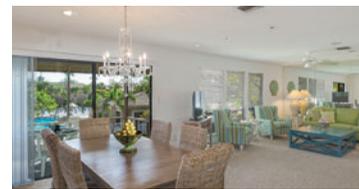
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Redfish Pass Tides				
Day	High	Low	High	Low
Fri	6:40 am	1:14 am	9:14 pm	1:48 pm
Sat	8:19 am	2:32 am	9:38 pm	2:36 pm
Sun	9:37 am	3:28 am	10:00 pm	3:18 pm
Mon	10:40 am	4:13 am	10:21 pm	3:54 pm
Tue	11:35 am	4:54 am	10:43 pm	4:26 pm
Wed	12:26 pm	5:32 am	11:07 pm	4:55 pm
Thu	1:16 pm	6:11 am	11:35 pm	5:22 pm

Point Ybel Tides				
Day	High	Low	High	Low
Fri	5:45 am	1:16 am	8:19 pm	1:50 pm
Sat	7:24 am	2:34 am	8:43 pm	2:38 pm
Sun	8:42 am	3:30 am	9:05 pm	3:20 pm
Mon	9:45 am	4:15 am	9:26 pm	3:56 pm
Tue	10:40 am	4:56 am	9:48 pm	4:28 pm
Wed	11:31 am	5:34 am	10:12 pm	4:57 pm
Thu	12:21 pm	6:13 am	10:40 pm	5:24 pm

Punta Rassa Tides				
Day	High	Low	High	Low
Fri	5:38 am	12:55 am	8:06 pm	1:45 pm
Sat	7:36 am	2:19 am	8:55 pm	2:34 pm
Sun	8:56 am	3:19 am	9:44 pm	3:19 pm
Mon	10:14 am	4:14 am	10:27 pm	4:04 pm
Tue	11:13 am	5:04 am	11:01 pm	4:49 pm
Wed	11:59 am	5:48 am	11:29 pm	5:31 pm
Thu	12:42 pm	6:30 am	11:50 pm	6:10 pm

Cape Coral Bridge Tides				
Day	High	Low	High	Low
Fri	8:50 am	4:30 am	11:24 pm	5:04 pm
Sat	10:29 am	5:48 am	11:48 pm	5:52 pm
Sun	11:47 am	6:44 am	None	6:34 pm
Mon	12:10 am	7:29 am	12:50 pm	7:10 pm
Tue	12:31 am	8:10 am	1:45 pm	7:42 pm
Wed	12:53 am	8:48 am	2:36 pm	8:11 pm
Thu	1:17 am	9:27 am	3:26 pm	8:38 pm

Island Seniors At Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

The center will be closed on Thursday, November 22 and Friday, November 23 in observance of the Thanksgiving holiday.

Island Seniors, Inc. Annual Meeting – Friday, December 7 at 11:30 a.m. at the Sanibel Recreation Center. All Island Seniors members are invited and encouraged to attend. You will learn about the center's many activities throughout the year, its financial standing and representatives will provide an update regarding the Center 4 Life building. Lunch will be provided. Register in advance.

Sanibel Public Library Tour – Wednesday, December 5 at 10:30 a.m. Visit Sanibel's "Reimagined" library. Bring your iPhone, iPad or other devices and staff will assist with download of apps for library catalog, eShelf services (eBooks, streaming videos, online magazines, and more). They will also issue cards to those who need them. Registration is required.

Page Turners with Louise Fitzgerald & Ann Hartman – If you are not on the Page Turners list, and wish to be, email oceann@comcast.net or contact the center. The featured book for Wednesday, December 12 is *The Widow* by Fiona Barton. There will be a book discussion at 2:30 p.m.

"The Widow is a nonlinear psychological thriller that takes place in various neighborhoods of London spanning the years 2006-2010. The novel begins with first-person,

present-tense narration from Jean Taylor as she describes answering the door to a reporter from the Daily Post named Kate Waters. It is June 9, 2010, and Kate has come to speak with Jean about the recent death of her husband Glen, and Glen's involvement in a kidnapping that took place on October 2, 2006." – *Book Rags*

Line Dancing Classes – Tuesdays, November 20 and 27 at 1:30 p.m. Cost is \$2.50 for members and \$5 for non-members. Join the group for an hour of fun. The instructor will review dance steps then turn up the music for dancing. Bring a friend.

Walking Guided Tour of ECHO and Lunch at Farmers Market Restaurant – Monday, December 10. ECHO's Global Farm tour is a fascinating guided walk of a creative working farm. Along the way, you will find unique demonstrations, plants and techniques useful to farmers and urban gardeners in developing countries. Experience the seven settings of the farm which feature crops, techniques and animals from around the world. Carpooling available.

The Magic of the Keys – Tuesday through Thursday, January 22 to 24. Cost is \$574 for members (per person, double occupancy); \$844 single. Non-members are \$599 (per person, double occupancy); \$869 single. Includes round trip transportation, two nights at the Hyatt Place in Marathon, five meals (two breakfasts, two lunches and one dinner), Schnebly Winery tour and tasting, and lunch, full day in Key West with private tram tour and all-day hop-on/hop-off privileges, and tour of Dolphin Research Center. Advance registration required on a first come basis.

Let's Write with Vicky Lettmann – Monday, November 19 from 10 a.m. to noon. Cost for members is \$15 per

class; non-members are \$20 per class. This class is for anyone who wants to write. During class, you will look at short examples of effective, engaging writing and then plunge into your own writing using exercises, prompts and various jumpstarts. Bring a notebook and pen. Space is limited, so sign up early.

Games
Cost for all games is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

Bridge – Monday and Wednesday. Registration begins at 12:30 p.m.; the game begins at 1 p.m.

Mahjongg – Monday and Thursday at 1 p.m.

Hand & Foot – Thursday at noon.
Hearts – Friday at 12:30 p.m.

Kayaking on Tuesdays – November 20 and 27 at 8:30 a.m. (weather permitting). There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors, Inc. will provide kayaks, paddles and life jackets. Bring water, a small snack, sun screen, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$20 for non-members. Advance registration is required.

Fitness Classes – Island Seniors, Inc. members pay \$4 per class, visitors pay \$10 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend. Fitness class schedule is as follows:

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs and muscles strong. Hand weights, stretch cords and your body weight will be used. The format is 40 minutes of cardio, 20 minutes of balance exercises, core strength, flexibility exercises and mat

work. Athletic footwear is required. Connie DeCicco is the instructor

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 and 11 a.m.

Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.✪

Young Professionals Networking Event

The Young Professionals Group is hosting a night of networking and conversation at the Blue Giraffe restaurant, located in Periwinkle Place Shopping Center, 2075 Periwinkle Way, on Wednesday, November 28 from 5:30 to 7 p.m.

This event is free and open to all young professionals. Appetizers will be provided. Bring your business cards.✪

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Trust Company Hosts Welcome Back Program

The Sanibel Captiva Trust Company held its annual Welcome Back program last week featuring Hodges University Professor Dr. Aysegul Timur, senior vice president of academic affairs and dean of the Johnson School of Business, who spoke on the changing characteristics of Southwest Florida.

Ninety guests attended the event at The Community House to reconnect with friends at the evening reception and hear Dr. Timur's presentation regarding the changing demographics, resources and needs throughout the five-county area. The eye-opening study is a product of Workforce Now, a regional research initiative inspired by education summits produced by *The News-Press* in 2011 and 2012. This has become a collaborative economic effort between Hodges University, FGCU and Florida SouthWestern State College.

Al Hanser, founder and chairman of The Sanibel Captiva Trust Company, said, "We were delighted to see all of our clients and friends congregated on the islands again, and proud to begin our season with such an informative and important community program."

Lee County is thriving, and population estimates are projected to increase from 774,458 people in 2020 to 1,077,763 in just 20 years by 2040. Population increases will continue to speed up with a projected number of 1,243,696 by 2050. This leads researchers and community leaders to consider how to prepare to meet the needs of this population across education, employment, human services and other areas.

A shift in ethnicity is projected as well. From this year through 2050, the culture of the population will transition from 79 percent non-Hispanic and 21 percent Hispanic to 60 percent non-Hispanic and



Dr. Aysegul Timur and Al Hanser
photo provided

40 percent Hispanic. Number shifts are similar in Collier County.

Additional topics discussed included the gap between work wages and housing for many working families; education and addressing how the STEM program aligns the types of degrees or certificates from the educational system with available local employment opportunities. Southwest Florida's fastest growing industries by employment are currently construction, accommodation and food services, retail trade, healthcare and social assistance, and administrative and waste services.

Yet, there is also an abundance of STEM positions that need filling in Southwest Florida: healthcare practitioners and technical; computer and mathematical; architecture and engineering; business and financial operations, management and others.

The conversation will most certainly continue. To learn more about Workforce Now's Regional Economic Overview, and obtain a copy of the slides from this presentation, email atimur@hodges.edu.✱

Dunes Women Set Date For Tournament

The Dunes Women's Golf Association is beginning to make plans for its annual Play for PINK Breast Cancer Research Foundation fundraiser to be held at The Dunes Golf and Tennis Club on Saturday, February 9. With the support of the sponsors, the association was able to donate over \$25,000 after last season's successful golf tournament. The organizers worked with the Estée Lauder Foundation, which donates 100 percent of funds raised to breast cancer research and is rated A+ by CharityWatch.

The association looks forward to your continued support of this worthy cause and encourages our islanders to patronize the local financial institutions, artists and businesses who are part of our contributing family:

The Sanibel Captiva Trust Company, Sanibel Captiva Community Bank, the

Hanser Foundation, and a member's family foundation. Hole sponsors included Bank of the Islands, Bondurant Realty Group, H2O Outfitters, Island Grooming, Lighthouse Cafe, On Island, Over Easy Café, Pfeifer Realty Group, Rosier Insurance, Sanibel Day Spa, The Timbers Restaurant, Traders, John R. Wood Realty, and Walgreens. Jerry's Foods provided fruit for breakfast and Bailey's General Store donated donuts.

The following local and island businesses/artists provided items to be auctioned: Billy's Bikes/Segway of Sanibel, Cape Nails, Captiva Cruises, Luc Century, many Coach/Anne Klein items (privately donated), Congress Jewelers, The Dunes Golf and Tennis Club, Eileen Fisher, Gale's Designs, Golf4Less/Lumpy's, Miguel Hnatow, Sue Housler, The Mad Hatter, Sandbar Restaurant, Sanibel Day Spa, Sanibel Health Club, Sanibel Home Furnishings, Sanibel Inn, Sanibel Pilates & Yoga, Sanibel Sea School, Sanibel Skin Spa, South Seas Island Resort, Stone Harbor Golf Club, Sundial Beach

continued on page 23B

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Retiring Twins Player Was A Credit To Baseball And Will Be Missed



by Ed Frank

Allow me to indulge in lingering memories this week – memories of the baseball career of the Minnesota Twins' Joe Mauer, who announced his retirement last week.

As has been chronicled previously, Mauer, a St. Paul native, was the No. 1 overall pick in the 2001 Major League Draft, signing a \$5 million bonus right out of high school.

I first met the teenage Mauer in 2002 on a family trip north when he was playing for the Twins Low A Quad City. Quiet and shy, Mauer hesitated to answer my question of what it was like as a millionaire playing alongside other minor leaguers who were making probably \$900 a month."

His manager quickly interceded saying something like: Joe is a hard worker and the money doesn't make a difference.

Mauer advanced rapidly through the Twins Minor League system playing here for the Fort Myers Miracle in 2003 where he bought a home. By 2004, just three years out of high school, he was promoted to the Major League Twins where he began a record-setting, 15-year career.

Just look at his highlights – many of which remain records today: Three American League batting titles as a catcher, the 2009 American League MVP; six All-Star selections; more than 2,000 hits; Minnesota's all-time leader in doubles; five Silver Slugger Awards; three Gold Glove Awards. Combined, these records should make him Hall of Fame bound.

This reporter remembers attending an evening press conference in 2010 where he signed an eight year \$184-million contract – the highest ever awarded a catcher then and still today.

In 2013, Mauer suffered a serious concussion when a foul ball caromed off his mask. This required extended rehabilitation, after which the Twins moved him to first base. By 2017, he was a Gold Glove first baseman while hitting .305 in 141 games played.

And even this past season in his farewell season, he had a .282 average in 127 games.

With his contract ending, he bid farewell to his team and Twins fans in an

emotional ceremony at Target Field on the last day of the season where his twin daughters, adorned in Twins shirts, rushed onto the field for a loving hug from their dad.

And then, Mauer put on his catching equipment one last time to receive one final pitch as the Target Field fans gave him a standing ovation.

Following that final game, Mauer released a beautiful letter to teammates and Twin fans in part of which read:

"The decision to retire did not come easily as baseball always has been and always will be one of my greatest passions. The last few months of this season were very emotional for me, and I wanted to take time to separate some of those emotions and think with a clear frame of mind.

"The decision to retire came down to my health and my family."

Those of us that have charted his wonderful career along with tens of thousands of Twins fans will miss Joe Mauer.

He was a credit to the Twins and a credit to baseball.✧

Team Store Open Until December 7

Due to overwhelming demand, the Boston Red Sox Team Store located at JetBlue Park will remain open for special hours through Friday, December 7. Store hours are Monday through Friday from 10 a.m. to 3 p.m.

According to store manager Doreen Arsenault, merchandise for the 2018 World Series Champions Boston Red Sox will be available while supplies last and additional merchandise is arriving each day.

JetBlue Park is located at 11500 Fenway South Drive in Fort Myers. Call 226-4732 for more information.✧

she do? Can anybody help? DAV quickly made three calls.

The first call was to the hospital and authenticated the fact that the woman was in the hospital, coherent and expected to die within 48 hours. The second call was to the airline to get her on the plane with two children. The third call was to the woman to get her and her kids ready to leave in 30 minutes because a DAV representative would be at her home to take them to the airport. "But I can't pay for the tickets" she said. "What can I do?" The answer was short and sweet, "Just be ready to go when the car gets there, don't worry, it is all taken care of." To make a long story short, she got to Washington in time with the kids, her husband got there the next day and the woman saw all her kin before she died.

Your donated dollars were not spent on the airline tickets. The airline chosen by the DAV chapter has a policy to take care of the cost of the tickets for authenticated emergencies. Even the car ride to the airport costs donors nothing, because DAV chapter members did that too.

With the fires in California devastating multi-thousands of acres and even an entire city in Northern California, I know it is hard to donate to every charity that needs money.

But if you can help our disabled American veterans, please write your check to: DAV Chapter #108, and take it or mail it to: Bank of the Islands, 1699 Periwinkle Way, Sanibel, FL 33957. Be sure to include your name and address so we can mail you a tax deductible receipt for your records (no cash, please).

Your heart, your friends, your country and your veterans will thank you, and you'll be proud. God bless.✧

SPORTS QUIZ

1. In 2017, three Oakland A's hit their first major-league home run in the same game. Name two of the three players.
2. Which two teams played in the first World Series?
3. Five NFL players have scored three touchdowns in a Super Bowl. Name three of them.
4. When was the last time before 2018 that the University of Virginia men's basketball team was ranked No. 1 in The Associated Press poll?
5. Winnipeg Jets forward Mark Scheifele set an NHL single-year playoff record in 2018 for most goals as a visitor (11). Who had held the mark?
6. When was the last time before 2018 (Brad Keselowski) that a Ford driver won NASCAR's Brickyard 400?
7. Rafael Nadal set a men's tennis record in 2018 for most consecutive sets won (50) on the same surface (clay). Who had held the record?

ANSWERS

1. Matt Olson, Jaycob Brugman and Franklin Barreto. 2. The Boston Americans and the Pittsburgh Pirates. 3. Roger Craig, Jerry Rice (twice), Ricky Walters, Terrell Davis and James White. 4. It was December of 1982. 5. Pittsburgh's Sidney Crosby (2009) and Calgary's Joe Mullen (1989), with 10 each. 6. It was Dale Jarrett, in 1999. 7. John McEnroe won 49 straight sets on carpet in 1984.

From page 13B

Helping Veterans

manned during normal working hours.

DAV Chapter #108, does many other things for disabled American veterans, active duty personnel and their families. Like other chapters, the unusual cry for help will not go unanswered. One day, a woman called a chapter, distraught, because her husband was overseas. She was alone, taking care of her two children when she received a call from a hospital in Washington. Her mother-in-law was in the hospital, expected to not live more than two days, and she wanted to see her family and children before she died. The military had already notified her son, and he was on emergency leave but not expected to arrive in Washington before his mother died. The wife said she didn't have the money to take herself and the kids. Could anyone help her? What can

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From page 1B

Reusable Bags

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Reading the impact report put a huge smile on Neill’s face.

“It makes us even more happy and proud about this product,” he said. “It was a great lesson learned for all of us.”

Sam Lucas, conservation initiative coordinator for Coastal Keepers, expressed both optimism and delight in having the opportunity to work cooperatively with the upstart company.

“It means a lot to me that through this order we have helped to support and empower Haitian women both economically and socially,” said Lucas. “It makes me feel hopeful that even a small product such as a canvas bag can elicit such a ripple effect, positively impacting the communities of Sanibel and Haiti simultaneously.”

The next BYOB event will take place on Saturday, November 24 from 8 a.m. to noon at Bailey’s General Store, located at 2477 Periwinkle Way. Coastal Keepers canvas bags may also be found at Sanibel Sea School’s flagship campus, located at 455 Periwinkle Way.

Fall Fundraiser This Saturday

The second rendition of the annual



One of the employees at the Haitian factory ironing one of the canvas bags

photos provided

fundraiser for Coastal Keepers, dubbed The Launch, will take place from 6 to 10 p.m. this Saturday, November 17 at The Community House, located at 2173 Periwinkle Way on Sanibel.

The evening will include beer, wine and cocktails, a sustainable buffet dinner prepared by Sanibel Catering Company by Bailey’s, live and silent auctions, a 50/50 raffle, music with dancing, Coastal Keepers swag bags plus a few surprises – all in support of local conservation initiatives.



Coastal Keeper bags hanging on a line during the drying process

Guests at The Launch will have a chance to own a piece of the islands’ history during the live auction. Throughout the evening, artwork will be on display featuring famed photographer Charlie McCullough. McCullough beautifully captured historic images of Sanibel and Captiva through his camera lens. His black-and-white photography transports viewers back in time and into the lives of those who resided here.

Among the other silent auction items: a Captiva Cruises trip for two to Cabbage Key, gift baskets from MANG and MacIntosh Books & Paper,

a standup paddleboard excursion from Sanibel Sea School, canvas prints of photographer Ada Shissler’s work and a Pine Island Sound excursion from Castabout Charters.

Sponsors for the event include Sanibel Captiva Community Bank, The Sanibel Captiva Trust Company, Doc Ford’s Rum Bar & Grille, Dan Hahn Custom Builders, Tim Smith Brick Pavers and Sam Galloway Ford Lincoln.

Tickets to The Launch are \$100 per person, including dinner and drinks. For more information and reservations, call 472-8585 or visit www.sancapcoastalkeepers.org/the-launch.✱

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Content

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KATIE GARDENIA

Upon arrival each guest may choose their own energy healing doll created, hand-stitched and lovingly embellished by Katie Gardenia as a remembrance of this seminar. To hold and embrace when needed as a reminder of the protective energy you can manifest for yourself.

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FOR ADDITIONAL INFORMATION

Contact Brooke Brownyard at sanibelbrooke@aol.com or 239.281.4179

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Doctor and Dietician

Weak Ankles Due To A Ligament Problem



by Ross Hauser, MD and Marion Hauser, MS, RD

Most chronic musculoskeletal pain is due to weakness, specifically weakness in the ligaments and tendons. Weak ankles are due to weak and injured ligaments. But what does that all mean? Let's take a common ankle sprain. Most people have "rolled" or "twisted" an ankle at some time point. When this happens, the ligaments on the side of the ankle can get overstretched. The injured ankle usually recovers to a certain degree but the ligaments may remain overstretched and lax. Left untreated, this ligament damage weakens the whole joint. How does it do that? A ligament's primary function is to stabilize the joint and maintain smooth

joint motion. Ligaments connect bone to bone, and they must be strong in order to sustain force while walking, running, etc. When injured, the ligaments are like a stretched-out rubber band. Stretched-out ligaments fail to stabilize joint movement as they should, and you end up with a wobbly joint! That's why, when left untreated, the ankle is prone to re-injury. The ankle will often swell as a defense but, eventually, unstable joint motion wears down cartilage and leads to degenerative arthritis.

Do you have a weak, unstable ankle that "gives way," swells easily, or causes pain? It could be an undiagnosed ligament injury. Though not seen with MRI or x-ray, musculoskeletal ultrasound shows lax ligaments and ankle instability when the joint is put through certain stress maneuvers. Specific tender areas where the ligaments attach are also noted on physical exam. If ligament injuries are the determined cause of pain, the treatment is regenerative injection therapy, also known as prolotherapy, at the site of the ankle ligament attachments. It stimulates the body to rebuild and strengthen the ligament tissue, thereby improving ankle stability and alleviating pain.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@ caringmedical.com.**

Superior Interiors

Make Your Dining Room A Dream



by Barb Cacchione

Attractive dining rooms serve as invitations to guests, whether it be to a special or casual meal or a lively conversation.

Lighting is a key feature to any room; different types bring in different qualities. From natural to artificial lighting, layering fixtures and candles creates an atmosphere that will make your family and guests feel right at home. If the room is intended for day-to-day activity, opt for ample lighting to allow work and school-related tasks to be easily completed. A softer ambiance can be reached with the help of fixtures equipped with a dimmer. The type of chandelier or pendants

that shine above the room depends on the shape of the table. A long, rectangular table should be paired with a linear or oval fixture, or perhaps even a pair of large pendants, whereas a round table should relate accordingly, with a circular chandelier.

The setting of the table truly tops off the room. Casual dinnerware creates a laid-back feel that encourages lively conversation. Turn to crystal and china for more formal gatherings, an option many gravitate towards during the holiday season. Centerpieces have made a name for themselves for bringing festivity into rooms. Think outside the box... during autumn months, a hollowed pumpkin filled with pine cones or a display of citrus fruit with rosemary and berry potpourri bring in the cozy feeling the season is known for. Winter ornaments, candles and lights can have the same effect as the new year comes closer. Of course, seashells, used as a natural element, are a mainstay in our coastal setting.

*Barb Cacchione is an interior designer on Sanibel/Captiva Islands. She can be reached at barb@coindcedden.com.**

Beautifulife:

Wander



by Kay Casperson

What does it mean to wander? According to the dictionary, it has various meanings, but they all circle back to something that I believe to be an important part of living your

most balanced and beautiful life. In a nutshell, to wander means to move about without a fixed course, aim or goal, to follow a winding course or to meander. It can also mean to go astray either physically or mentally.

The English writer, poet and university professor JRR Tolkien once wrote:

"All that is gold does not glitter, not all those who wander are lost; the old that is strong does not wither, deep roots are not reached by the frost."

I love this, and if you really think about what it means to wander, you will realize as I did, that there is a desire in all of our hearts to do so. How cool is it to just go somewhere without a plan, a goal or a purpose? When was the last time you just parked your car, put yourself on a path and followed it? Or how about doing something as simple as letting your mind go down a new road to a world that you have not traveled but often think about. Nothing wrong with that, right?

Of course, there are always those responsibilities that bring you back to the reality of your world, but I think there is magic in letting yourself wander once in a while. Some of the ways you can get yourself into wander mode are to:

Carve out a day where you give

yourself a couple of hours to take a drive, park your car and explore a new path, whether it be a walk around a lake, park, trail or the beach. Find something you have not done before and wander down the road.

Grab a pen and paper and write down places you would love to visit or experiences you would like to have. Writing things down is the first step in making things happen in your life. The next step is to visualize yourself there and then make it a reality.

Book your next trip to somewhere that you have not been and make it a point to learn and experience something new and different. There is a big world out there, and it is always fun and exciting to travel and explore a new destination.

Take a "chill" day and lock yourself away from the world, your responsibilities, electronics and people, and just drift off. Only allow beautiful and positive things to enter your thoughts and try to direct them to places and things that bring peace, tranquility and comfort to you.

I can assure you that if you do any of the above, you will enter into wander mode and you will join a huge group of individuals who understand the importance of escaping the reality of everyday life once in a while and embracing the idea of letting yourself wander off just a bit... without getting lost.

My affirmation for you this week is: "I will take time to wander down a road not yet traveled in my journey to a more balanced and beautiful life."

*Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson.**

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dearRPharmacist

Reasons To Eat More Oatmeal



by Suzy Cohen, RPh

Dear Readers:

People conjure up an image in their mind about eating oatmeal. It's usually the vision of someone over the age of 60, seeking the joys of regularity. But it should not

be that cliché. If you're interested in a good meal that is packed with vitamins and minerals, and even some cancer-fighting phytonutrients, oatmeal is top of the list. Oatmeal can help support you in your quest to fight diabetes, obesity and colon problems. Here are three really convincing reasons to start eating oatmeal.

1. Want protection from germs or cancer? – Oats are a very healthy source of carbs, fat, protein and fiber. The most famous fiber of all is "beta glucan," a natural immunomodulator. It makes sure that your immune system's radar detector is on alert, thereby placing your fighter cells on guard in case home-invaders show up. The most common attackers are bacteria, viruses and rogue cells that cause cancer. Scientists have found evidence that it can stimulate the growth of new stem cells too.

2. Feeling Tired or Anemic? – Oats contain many vitamins and minerals, especially iron. Just one cup of dried oats contains 26 percent of the

recommended daily allowance for iron. Obviously, you want to cook the oats. What's nice about this is that iron supplements can be very hard on your gastrointestinal tract, and can cause stool discoloration, cramps, constipation and severe nausea or vomiting. So to have a delicious meal and know that you're getting much needed iron can be a blessing.

3. Need to work on blood sugar or cholesterol? – It is the soluble fiber in oatmeal that can slow down the rate at which carbs are broken down and digested. This stabilizes your blood sugar, and prevents crazy peaks and troughs.

Because it keeps blood sugar stable, oatmeal is theoretically great at preventing complications from diabetes or other chronic illnesses. It literally improves insulin resistance. I am definitely an oatmeal fan if you haven't deduced that by now. I think I make the best too.

Oatmeal lovers rarely go on statins too. Eating oatmeal even twice a week can have an immediate impact on longevity. Researchers have stated that no matter when you begin upping your intake of dietary fiber, the benefits to your health are virtually immediate.

If you'd like my delicious recipe for oatmeal, as well as a longer version of my article, sign up for my free newsletter at www.suzycohen.com and I'll email it to you. You'll also get a downloadable copy of my ebook, *Spices That Heal*.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: I have been feeling exhausted and drained by my college roommate. I want to escape, and I'm stuck with her at least until semester break. I have caught her in lies, and everything

is all about her.

Any suggestions?

A: It sounds like your roommate is a taker, and you have taken on her negative energy to the point that you feel drained. People like this tend to be self-absorbed and will drain the life blood energy from you. It's important that you learn to set some healthy boundaries. Setting a healthy boundary means being able to say "No," which is a yes for you. Don't feel as though you have to "fix" her. You are not responsible for her nor do you have to try and protect her. If she asks you to do something you can respond with, "I simply am not able." Thank you for asking, however, I won't be available."

Or you can just say plain "No." You do not have to feel guilty and "put up" with her tactics regardless of the manipulative moves she tries with you. If you are both in the room together, try using ear plugs to drown out noise or put your buds in while studying. If you have to, cut off all communication and talk with housing officials and make a plan to find a more suitable situation for next semester.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@gmail.com or visit www.drconstanceclancy.com.

Overeaters Anonymous

If food is a problem for you, Overeaters Anonymous can help. Meetings are held in Room 132 at Sanibel Community Church on Tuesdays at 5:30 p.m. and on Fridays at 4 p.m.

For more meeting information, visit www.southwestfla.org.

Sanibel Community Church is located at 1740 Periwinkle Way.

To advertise in the *Island Sun* Call 395-1213

From page 19B

Tournament

Resort and Spa, Tween Waters Inn, Vera Bradley, and Annie Wainwright.

The following businesses donated raffle items: Adventures in Paradise, Amy Jo's Boutique, B-Unique, Chico's, Cip's Place, The Clam Shack, Coach, Doc Ford's Rum Bar & Grille, Finnimore's Cycle Shop, Floral Artistry, Her Sports Closet, JB Designs, La France Dry Cleaners and Alterations,

Lazy Flamingo, MacIntosh Books and Paper, Massage Envy, Nanny's Children's Shoppe, Pandora's Box, Randi, Sandcastle Gifts, Sanibel Day Spa, Sanibel Fresh, Sanibel Surf Shop, Sanibel Synergy, Three Crafty Ladies, Vineyard, Whims, and Wilford & Lee. Individuals who donated: Mike Dutton, Nancy Greenberg, Kate Nichols, Linda Miller, Roberta Rohl, and Pat Wentling.

The Dunes Women's Golf Association looks forward to working with you in the near future.



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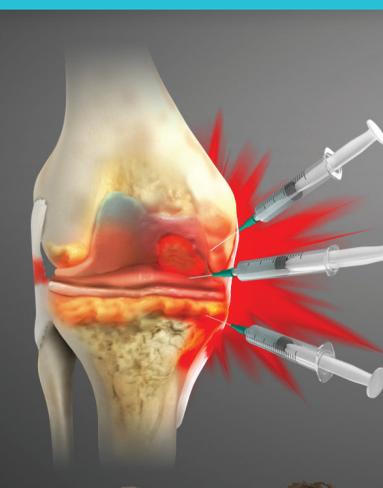
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Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
Chamber of Commerce	472-1080
City of Sanibel	472-4135
Administrative Office	472-3700
Building Department	472-4555
Planning Department	472-4136
Library - Sanibel	472-2483
Library - Captiva	239-533-4890
Post Office - Sanibel	472-1573
Post Office - Sanibel (toll free)	800-275-8777
Post Office - Captiva	472-1674
Sanibel Community Association	472-2155
Center 4 Life - Senior Center	472-5743

ARTS

Arcade Theater	332-4488
Art League Of Fort Myers	275-3970
BIG ARTS - Barrier Island Group for the Arts	395-0900
Broadway Palm Dinner Theatre	278-4422
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	277-1700
Lee County Alliance for the Arts	939-2787
Naples Philharmonic	597-1111
The Herb Strauss Schoolhouse Theater	472-6862
Sanibel Music Festival	336-7999
Sanibel-Captiva Art League	sancapart.com
SW Florida Symphony	418-0996
Symphonic Chorale of SW Florida	560-5695

CLUBS & ORGANIZATIONS

ABWA - American Business Women's Assoc ..	http://abwasanibelcaptiva.org
American Legion Post 123	472-9979
Angel Flight SE	1-877-4AN-ANGEL
Audubon Society	472-3744
CHR Community Housing & Resources	472-1189
Community Foundation of Sanibel-Captiva	274-5900
COTI Committee of the Islands	coti@coti.org
CROW - Clinic For The Rehabilitation of Wildlife	472-3644
Democratic Club of the Islands	Demclubislands@gmail.com
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League of Women Voters	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald	302-521-1158
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Sanibel Youth Soccer	www.sanibelsoccer.org
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United Way 211 Helpline 24 hour	211 or 433-3900
Zonta Club	728-1971

ISLAND ATTRACTIONS

Bailey-Matthews National Shell Museum	395-2233
JN "Ding" Darling National Wildlife Refuge	472-1100
Sanibel Historical Museum & Village	472-4648
SCCF Sanibel-Captiva Conservation Foundation	472-2329

To be listed in calling card email your information to: press@islandsunnews.com

PETS OF THE WEEK

photos provided

Lee County Domestic Animal Services

Finn And Sheeba

Hello, my name is Finn. I am a 2-year-old male pit bull mix who would be a great addition to your home. I have lots of energy to run around with and help burn off the extra calories from your Thanksgiving meal. And, with ears like this, I am sure to not miss hearing any crumbs hitting the floor... that's for sure.



Finn ID# A757976

My adoption fee is \$40. Hi, I'm Sheeba. I am a 2-year-old domestic shorthair female who doesn't need to know my name to think I am the queen bee around my

home. I am quite the independent spirit. My gorgeous onyx coat will go with everything and is as shiny as my eyes. I get along well with other cats, so take me home with another one of our feline beauties for twice the love.



Sheba ID# A756922

My adoption fee is free and take home another cat through November 30.

The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www.leegov.com/animalservices or call 533-7387.✪

Haven on Earth Animal League

Trixie And Dylan

Hello, my name is Trixie. I'm a beautiful 2-year-old female calico with a very sweet personality. I am very mellow and loving and would like a home to call my own. I have been fully vetted and brought up to date on all vaccines. My adoption fee is \$55.

Hi, I'm Dylan. Aren't I just adorable? I'm only 8 months old, so I'm quite the playful kitten. I like other cats and hope I can find a home with another young kitty to play with. I'm neutered and up to date on all vaccines. My adoption fee is \$100.

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email havenonearthanimalleague@yahoo.com.✪



Trixie



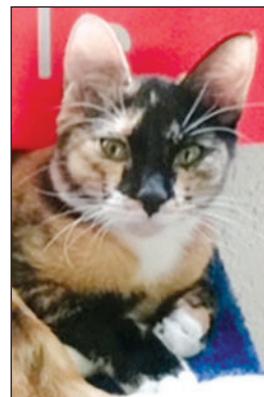
Dylan

PAWS Of Sanibel

Brava And Lucy



Brava



Lucy

Two very unusual and beautiful sisters are up for adoption. One is tortoiseshell cat with white or calico features, while the other is a dilute tortoiseshell.

These photos do not do them justice, as they are much more adorable in person. Adopt one, or keep them together and adopt both. They are four and five months old. They come with complete vet check-up, all shots, tests, wormed, treated with flea preventative and spayed.

Call Pam at PAWS at 472-4823 to adopt one or both.✪



Sonny



Cher

Sonny And Cher

This is Sonny and Cher. Some of you may remember them. Three years ago, four kitties, the momma and three kittens were trapped between the Sunset Beach Resort and Lantana condominium on West Gulf Drive. All were adopted (Lana, Tanner, Sonny and Cher) to lovely people. However, Sonny and Cher's mom has reached a time in her life when she feels she must move in with family over on Pine Island. Unfortunately, in addition to her granddaughter being allergic, her son operates a business out of his home that is directly on Pine Island Road and the doors are always opening and closing, so it's not safe for kitties. These are very special kitties, and need to be together forever. Call Pam at 472-4823 if you can give these sweethearts a new home.✪

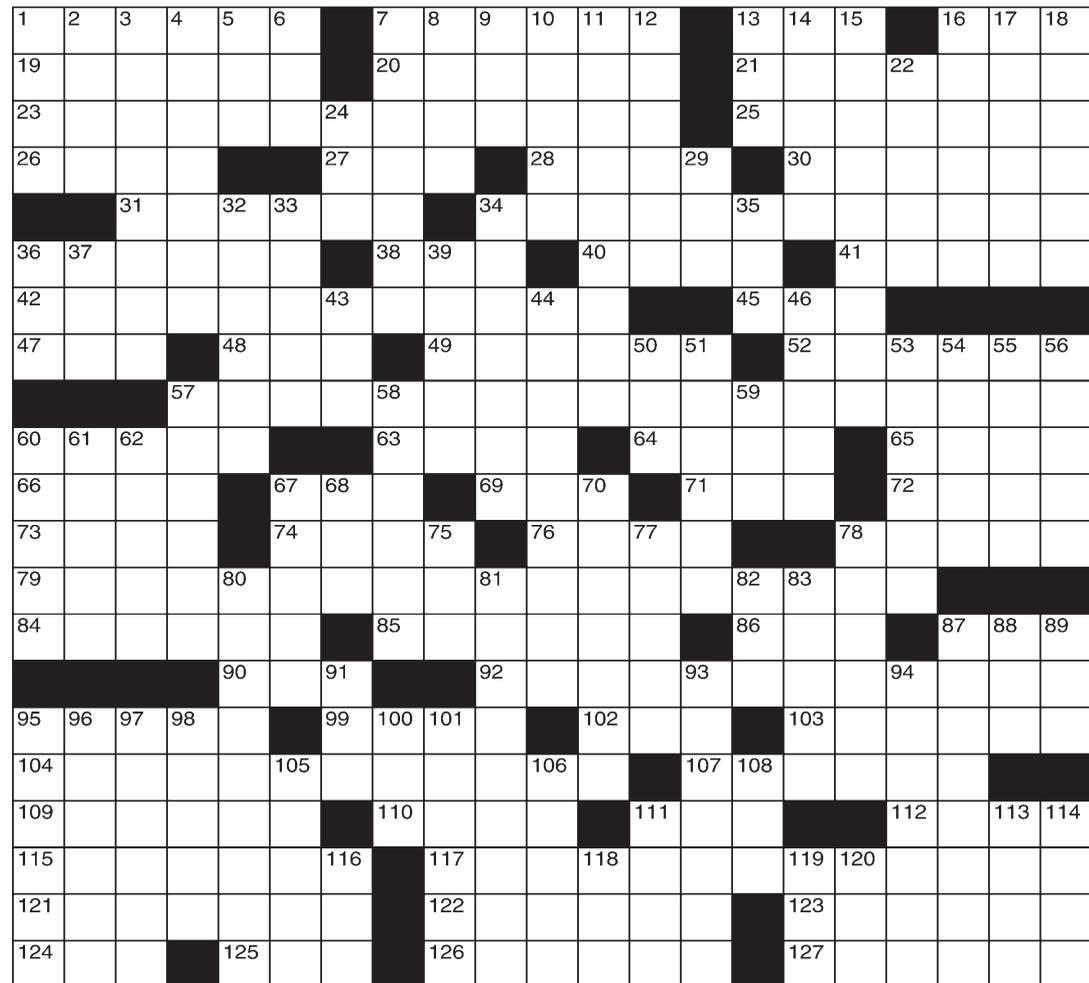
PUZZLES

Answers on page 29B

Super Crossword

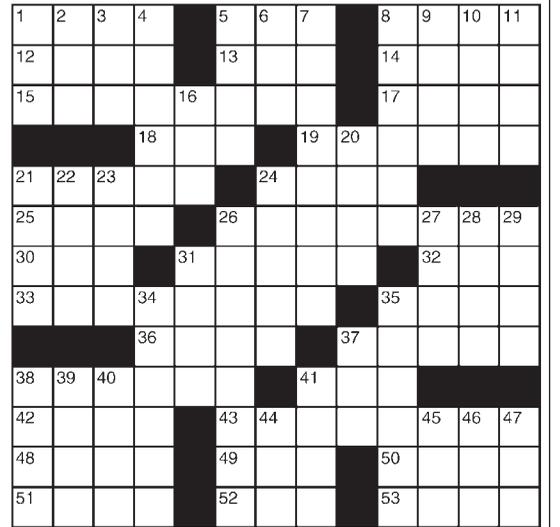
HAVING A FLING

- ACROSS**
- 1 Not rough
 - 7 Small digital images expressing ideas
 - 13 Bus schedule abbr.
 - 16 Bouquet-bringing co.
 - 19 Oahu greetings
 - 20 Extreme eccentricity
 - 21 Ivy — (Yalie, e.g.)
 - 23 Diamond events
 - 25 Any of 13 Catholic leaders
 - 26 Experts at CPR
 - 27 Prefix with gauge
 - 28 On — streak (winning big)
 - 30 Was in need of restocking
 - 31 Strong Italian cheese
 - 34 They're over gables
 - 36 Lakota's language family
 - 38 Lilting syllable
 - 40 Parris Island mil. branch
 - 41 Sticky, chewy candy
 - 42 Shelters for backpackers
 - 45 Sash for Cio-San Cio-San
 - 47 Texter's "As I see it ..."
 - 48 Election day, often: Abbr.
 - 49 Hold fast (to)
 - 52 "Pieces of Me" singer
 - 57 They often include spiels
 - 60 LuPone who played Evita
 - 63 Bygone autocrat
 - 64 Grimm bully
 - 65 "Dash it all!"
 - 66 The "A" of ACLU: Abbr.
 - 67 Mu — beef
 - 69 Some NFL linemen
 - 71 With 83-Down, like Rudolph Barrett
 - 72 "Behold!," in Latin
 - 73 Dirt-dishing
 - 74 Dear old dad
 - 76 "— dog's life"
 - 78 Super-angry
 - 79 Orchestral array
 - 84 Reply to "Am so!"
 - 85 More chancy
 - 86 Mauna —
 - 87 Prefix with angle or fold
 - 90 "Not impressed"
 - 92 Thrown-away items
 - 95 Tricky pool shot
 - 99 Kosovo native
 - 102 Norse god of battle
 - 103 PC-sent holiday greetings
 - 104 Some paved arteries
 - 107 "Phooey!"
 - 109 Capital of Albania
 - 110 New attempt
 - 111 Palmtop device, for short
 - 112 "— yellow ribbon ..."
 - 115 Salon colorant
 - 117 Theme of this puzzle
 - 121 Whole number, e.g.
 - 122 Writer
 - 123 Tackled energetically
 - 124 Niger-to-Zambia dir.
 - 125 Tram rock
 - 126 Beat back
 - 127 Luanda's country
 - DOWN**
 - 1 Mr. Kotter
 - 2 Jack of old Westerns
 - 3 Spaceship in "Alien"
 - 4 2004-15 sarcastic recap series on E!
 - 5 R&D room
 - 6 Sofia's "that"
 - 7 "E.T." boy
 - 8 Steins, e.g.
 - 9 Bump — log
 - 10 Actor Malcolm- — Warner
 - 11 Places to store frozen blocks
 - 12 B-board runners
 - 13 Skiing peak
 - 14 Co. shuffling
 - 15 Hip-hop performer
 - 16 Rife with
 - 17 Drive, in golf
 - 18 Half-asleep
 - 22 Largest port in Italy
 - 24 K-O middle
 - 29 Cook with Apple
 - 32 Luau cocktail
 - 33 Make invalid
 - 34 Desert rodent
 - 35 Cpl. or sgt.
 - 36 Ecol., e.g.
 - 37 Sam- —
 - 39 Gets, as profits
 - 43 "No kiddin'!"
 - 44 Declaration while pointing
 - 46 Bleated
 - 50 Car of the early 1900s
 - 51 Memory trace
 - 53 People in concealment
 - 54 Poet Federico Garcia —
 - 55 Sign into law
 - 56 Lauder of perfume
 - 57 Virus variety
 - 58 Half-witted
 - 59 Half of sei
 - 60 City ENE of 22-Down
 - 61 Love, to Luc
 - 62 Wrought up
 - 67 Sudden rush
 - 68 Actor Sparks
 - 70 Curb locales
 - 75 "Shy" singer DiFranco
 - 77 Ill-tempered
 - 78 Lake — (Mississippi River source)
 - 80 Be sporadic
 - 81 Explore a reef, maybe
 - 82 High RRs
 - 83 See 71-Across
 - 87 Become
 - 88 Rustic mail abbr.
 - 89 What- — (conjectures)
 - 91 '48 electee
 - 93 Tending to wear down
 - 94 Adorning tawdrily, with "up"
 - 95 Singer Johnny
 - 96 Mongolians, e.g.
 - 97 Elfish one
 - 98 Allotment
 - 100 Require a 110-Across, maybe
 - 101 Movie critic Richard
 - 105 Onion part
 - 106 Is a little too fond
 - 108 "I've — it!"
 - 111 — ed (gym)
 - 113 The same, in France
 - 114 "The Thin Man" dog
 - 116 Afore
 - 118 151, to Nero
 - 119 Old rival of Pan Am
 - 120 She cackles



King Crossword

- ACROSS**
- 1 "Phooey!"
 - 5 Snapshot, for short
 - 8 Judi Dench, for one
 - 12 Farm implement
 - 13 George's brother
 - 14 1946 song, "— in Calico"
 - 15 Pastor
 - 17 Yuletide beverages
 - 18 Biden, Cheney, et al.
 - 19 Pooch
 - 21 Bewildered
 - 24 Two-wheeler
 - 25 Wail
 - 26 Mosque towers
 - 30 Historic time
 - 31 Skewered Thai recipe
 - 32 Whopper
 - 33 Troubadour
 - 35 Hay bundle
 - 36 Stir-fry pans
 - 37 Bivouac structures
 - 38 Soldiers
 - 41 Have bills
 - 42 Vagrant
 - 43 Labyrinth beast
 - 48 On
 - 49 Performance
 - 50 Existence
 - 51 Golf gadgets
 - 52 Ultramodernist
 - 53 Cupid's alias
 - 9 Eager
 - 10 Creche trio
 - 11 Differently
 - 16 Hot tub
 - 20 Fine
 - 21 Throat clearer
 - 22 Actress
 - 23 Former ugly duckling
 - 24 Chomps
 - 26 Sharpshooter
 - 27 Verve
 - 28 Be at an angle
 - 29 Witnesses
 - 31 Halt
 - 34 Descends like an eagle
 - 35 Pvt. Bailey
 - 37 Pair
 - 38 Just one of those things?
 - 39 Memorization method
 - 40 Reed instrument
 - 41 Aware of
 - 44 Lemieux milieu
 - 45 Melody
 - 46 Venusian vessel?
 - 47 In medias —
- DOWN**
- 1 Spinning abbr.
 - 2 Boxer Muhammad
 - 3 Heavy weight
 - 4 Turn on a pivot
 - 5 Mining areas
 - 6 Rage
 - 7 Red bird
 - 8 Peril



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 D B R G Z Y W T H K V T N R E
 Q O N E L K I N C S H F I E E
 D C A Z P X W A T S L I A R T
 V U S R R M B L A I P Q O N N
 M K O J I H A F M W G A B E A
 D G Y R E N E C S S A P M O C

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- | | | | |
|----------|---------|-------------|----------|
| Backpack | Gorp | Map | Tent |
| Camper | Hiking | Matches | Trail |
| Canteen | Insects | Scenery | Wildlife |
| Compass | Lantern | Swiss knife | |



"Trying out your new _____?"
answer on page 31B

SCRAMBLERS

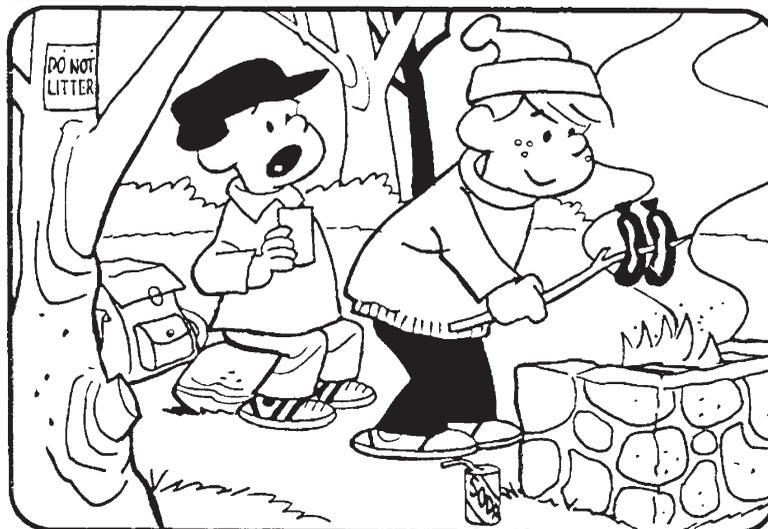
Unscramble the CAPITAL letters below to form four ordinary words. Then rearrange the boxed letters to form the mystery word to complete the gag!

- Smart: STATUE
- Shout: LOBWEL
- Focus: ETIFAX
- Direction: SPAMSOC

TODAY'S WORD

HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: Sign is missing, 2. Backpack compartment is missing, 3. Shirt is shorter, 4. Cap is different, 5. Can is missing, 6. Hot dog is missing.

		5		2		8	
9		4	8				6
	6			3		5	
7				4		3	1
	3		1				4
		6			5		2
2			4			8	
	5			9	8		7
		1		7			9

SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 29B

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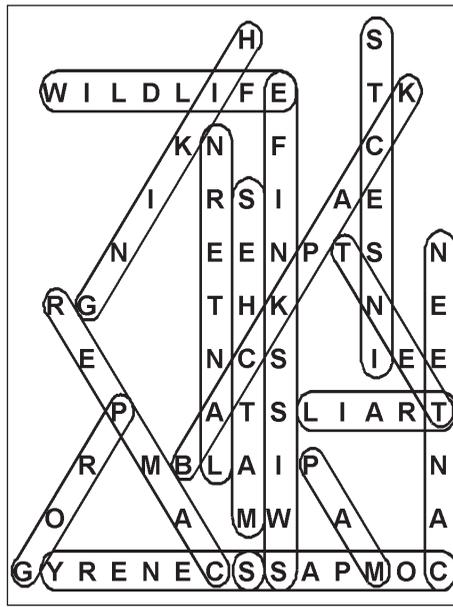
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 TEES NEO EROS

MAGIC MAZE



SUDOKU

3	7	5	9	6	2	1	8	4
9	2	4	8	5	1	7	3	6
1	6	8	7	3	4	5	2	9
7	8	2	6	4	9	3	5	1
5	3	9	1	2	7	6	4	8
4	1	6	3	8	5	9	7	2
2	9	7	4	1	3	8	6	5
6	5	3	2	9	8	4	1	7
8	4	1	5	7	6	2	9	3

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★ ★ ★ ★ ★ CLASSIFIED ★ CLASSIFIED ★ ★ ★ ★ ★

REAL ESTATE

GARCIA REAL ESTATE AND CONSULTING



RICHARD J. GARCIA, GRI, BROKER
239-472-5147
 garciaonsanibel.com

Offering Personal, Private, and Professional Real Estate Services on Sanibel and Captiva Islands. 30 Year Resident of Sanibel. Licensed in Florida, New York, Pennsylvania and New Jersey.

4/29 ★ TFN

COMMERCIAL RENTAL

COMMERCIAL UNIT FOR RENT

East End of Sanibel in Punta Ybel Plaza. Perfect for Office or Small Retail. Call Dee at 472-0121, leave a message.

7/13 ★ TFN

OFFICE SPACE IN DESIRABLE TREE TOPS CENTER

1101 Periwinkle Way. Conveniently located very close to causeway! Approx. 700 sq. ft. w/ 1/2 bath. Call Mike at 970-476-9204 or email pazzos@vail.net

10/12 ★ 11/30

WONDERFUL RENTAL IN POPULAR LOCATION ON SANIBEL



2 Rooms, Bathroom, Approx. 1,000 sq. feet. This was Molnar Electric's old office. Call Judy at 239-851-4073.

8/5 ★ TFN

VACATION RENTAL



Cottages To Castles
 Unique Vacation Rentals
 2427 Periwinkle Way
 Sanibel, FL 33957
 Local: (239) 472-6385
 Toll Free: (800) 472-5385
 Fax: (239) 472-5858
 www.cottages-to-castles.com

1/26 ★ TFN

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 Miles of Beaches & Bike Paths
239-472-7277
1-888-451-7277

1/4 ★ TFN

ANNUAL RENTAL

ANNUAL RENTAL

SANIBEL
 Waterfront – 3/2+ den, dock, Direct access.
 \$2,950/mo. Gorgeous, Custom home.
472-6747
 Serving The Islands Rental Needs Since 1975
Gulf Beach Properties, Inc.

11/2 ★ TFN

SANIBEL ANNUAL RENTAL

Canal front home 3 bedrooms, 2 bath pool home in Shell Harbor – close access to the beach and causeway on the East End of Sanibel. Perfect location – \$3,800 per month. Call or text Rose at 239-851-5188.

7/27 ★ TFN

SANIBEL ISLAND ANNUAL RENTALS

2/1 on Main Street \$1,800
 2/2 on Sandpebble \$2,000
 Dogs okay.
 Call or text Bridgit @ 239.728.1920

11/9 ★ TFN

ANNUAL RENTAL ON SANIBEL

2 bdrm / 1 bath, East End. 1/2 of Duplex, piling home. Walk to beach. Washer & Dryer in unit, Private sundeck. Includes yard service & pest control. No Smoking / No pets. \$1,750. Call Bob 410-913-2234.

10/19 ★ TFN

ROOMMATE WANTED

SANIBEL
 Share beautiful lake front house, private BR & Bath, split plan, furn. Walk to beach.
 \$850/mo.
 239-246-3394

10/26 ★ TFN

SERVICES OFFERED

ROGER NODRUFF ELECTRIC

Dock Lighting, affordable LED conversion. FPE panel replacement, Landscape Lighting. Generator Sizing, etc, etc. Call or text Roger 239-707-7203
 State License #13002788

4/20 ★ TFN

SCARNATO LAWN SERVICE

Lawn Service, Shrubs and Tree Trimming Weeding, Installation of Plants, Trees and Mulch (one month free service available)
 Joe Scarnato (239) 849-6163
 scarnatolawn@aol.com

1/25 ★ TFN



Complete Landscaping Services & Weekly Lawn Service
 New Client Special 10% OFF your Mulch Installation, Landscaping Project, or Tree Trimming Project.
239-896-6789

4/13 ★ TFN

PROFESSIONAL CAR WASH & WAX & DETAIL BY HAND

Sanibel & Captiva Islands & South Fort Myers.
 Exterior & Interior Cleaning. Tire Dressing. No job too big or too small. I come to your Home, Condo, or Hotel. Reasonable Rates. Satisfaction Guaranteed.
 Call Bryan 239-284-3639

10/12 ★ TFN

HELLE'S CLEANING SERVICES

Residential Cleaning to Satisfaction
 Sanibel & Captiva • 239-565-0471
 Sanibel Lic. #11412 Lee Co. Lic. #051047

1/4 ★ TFN

BOATS - CANOES - KAYAKS

2001 GRADY WHITE 208 ADVENTURE

2001 Yamaha 150 TXRA. 2012 Sea Lion Trailer. Custom T-Top. Full Canvas Cover. Sanibel \$19,750.
 401-255-8394.

11/2 ★ TFN

DOCKAGE

Hourly, Daily, Weekly and Monthly.
 Captiva Island 472-5800

11/2 ★ TFN

HELP WANTED

PART TIME RETAIL SALES

Island Pursuit, located in the Periwinkle Place shopping Center is looking for a Reliable, Enthusiastic PartTime Associate. Retail Clothing experience a must. Please Email resume to: sanibel@islandpursuit.com

11/2 ★ 11/16

THE SANIBEL CAPTIVA TRUST COMPANY
 PRIVATE WEALTH MANAGEMENT

FAMILY OFFICE SERVICES ASSOCIATE

The Sanibel Captiva Trust Company is a highly regarded, privately held, independent trust company chartered in the state of Florida in 2001, currently with \$2 billion of assets under management across approximately 370 families.

Job Description:
 The Family Office Services Associate is a full-time position reporting to the Director of Family Office Services and requires the knowledge and experience to support a broad range of client needs across estate planning services.

Job Responsibilities:
 • Act as a Family Office client advocate in all regards, including ability to manage account/cash flow needs, address estate planning questions, review estate documents, refer/coordinate meetings and client reviews with members of clients' professional advisor circle; fulfilling requests for information to those advisors regarding our mutual clients' needs.
 • Ability to open new accounts; set up remittances and disbursements, cash management, transaction monitoring and tracking.
 • Ability to gather and analyze client information and assist with services including, but not limited to personal balance sheet management, insurance policies, income tax and estate tax planning, real estate and business appraisals, bookkeeping and bill paying, cash flow analysis and budgeting, and document retention.

• Provide clients with concierge-level interpersonal communications and expediency.

Skills and Qualifications:
 • The Family Office Services Associate position requires attention to detail, accuracy, efficient time management, professional interpersonal skills and a team attitude.

• Must be proficient at related computer and programs to properly function and execute within the position.
 • Bachelor's Degree (BA) from a four-year college or university with a concentration in accounting or finance; and four to six years related experience and/or training; or equivalent combination of education and experience. Competitive compensation is commensurate with education, expertise and length of experience in the industry. Please submit resumes to Imobley@sanicaptrustco.com

11/16 ★ 11/23

HELP WANTED

SANIBEL PUBLIC LIBRARY LIBRARY TECHNOLOGY ASSISTANT

Pt, 20-24 hrs/wk. Eve. & Sat. hrs. required. Qualifications: commitment to excellent public service, knowledge of personal computers, PC & Mac, ability to troubleshoot hardware and software, high school diploma, computer equipment and software experience; some college preferred.
 \$10-15/hr. dependent on exp. Tolls pd. JD avail at sanlib.org/employment. Send resume to secretary@sanlib.org

11/9 ★ 11/30

PART TIME DATA/CONFIRMATION PROCESSOR

Part Time Data/confirmation processor for Sanibel Vacation Rental company. Good working knowledge of Excel spreadsheets; MS Word. Strong command of spoken and written English. 30+ Hours per week Mon-Fri. Compensation based on experience. Please fax resume to 239 437-7543 or email to DLS@Schuldenfrei.com.

11/9 ★ TFN

JERRY'S FOODS SERVERS & BARISTAS

Part Time Evening And Weekend Front End Associates Needed. Looking for energetic, personable, and fun individuals, with open availability Monday through Sunday. If interested call and ask for John, Norm Sarah 472-9300. 1700 Periwinkle Way

5/6 ★ TFN

GARAGE SALE

MOVING SALE

All furniture, Kitchen items, outdoor furniture and grill, generator, yard equipment, shell mirrors, crafting items, tandem bicycle, and alot more.
 1035 South Yachtsman, Sanibel
 November 16 & 17, Friday and Saturday from 9-1.

11/9 ★ 11/16

YARD SALE

Downsizing. Lots of great items. Power washer, generator, Hammock, Ping Pong Table, patio furniture, paint sprayer, Vintage Woodard Patio table with 6 chairs, planting pots, silverware, Kitchenaid Mixer.
 Too many items to mention Sat. Nov. 24, 9 a.m. to 4 p.m. 9307 Dimmick Drive, Sanibel.

11/16 ★ 11/23

My Stars ★★★★★

FOR WEEK OF NOVEMBER 19, 2018

Aries (March 21 to April 19) Although your energy level is high, be careful not to commit to too many projects at this time. You'll do better focusing on just a few tasks rather than spreading yourself too thin.

Taurus (April 20 to May 20) Your heart might be leading you in one direction, but pay attention to your keen Bovine intellect. I'm cautioning you to think things through before making any commitments.

Gemini (May 21 to June 20) Your "serious" Twin has been dominant in your life for quite a while. It's time now to let that "wilder" half take you out for some good times – perhaps with someone very special.

Cancer (June 21 to July 22) Career aspects are high for Moon Children who make a good impression. Show people not only what you can already do, but also how you can be more valuable to them in the future.

Leo (July 23 to August 22) Things start to brighten for the Lion's immediate financial future. But be careful to resist the urge to splurge. You need to tuck something away to help you through another tight period.

Virgo (August 23 to September 22) Having to do too many tasks in too short a time could lower your mood to just above the grumbling level. But if you handle things one at a time, you'll get through it all soon enough.

Libra (September 23 to October 22) Your usually carefully made holiday plans could be subject to change later this month. Use this week to prepare for that possibility by starting a Plan B just in case you need it.

Scorpio (October 23 to November 21) Be careful about joining a colleague's plan to solve a workplace problem. Investigate it thoroughly. Otherwise, you could find yourself in a predicament with other associates.

Sagittarius (November 22 to December 21) Slow down that high-paced whirl you've been on. Spending quiet time alone or with people you care for can be both physically and spiritually restorative.

Capricorn (December 22 to January 19) Make suggestions, not demands. You'll be more successful in getting people to follow your lead if you exercise quiet patience instead of strong persuasion to get your ideas across.

Aquarius (January 20 to February 18) You still need more facts before you can make an informed career choice. One note of caution: Be careful about whom you ask for that information; otherwise, you could be misled.

Pisces (February 19 to March 20) Changing situations through the end of the week could lead to some challenging opportunities for those perspicacious Pisceans who know how to make them work to their advantage.

Born This Week: You have a way of being both daring and cautious, traits that could make you a research scientist or maybe even a rocket-ship designer.

STRANGE BUT TRUE

- It was British philosopher, logician, mathematician, historian, writer, social critic and political activist – and, not insignificantly, Nobel laureate – Bertrand Russell who made the following sage observation: "The fundamental cause of trouble in this world is that the stupid are cocksure while the intelligent are full of doubt."

- In an odd coincidence, President Abraham Lincoln had a secretary named Kennedy, and President John F. Kennedy

had a secretary named Lincoln. Kennedy the secretary told Lincoln the president that he shouldn't go to Ford's Theatre the night he was shot; Lincoln the secretary tried to convince Kennedy the president not to go on a trip to Dallas, where he was shot.

- If you're like the average man, your beard grows about half an inch every month.
- Those who study such things claim that an average bank robber in the United States nets about \$4,000 for every job. No info at hand on how the researches acquired their data.

- You might think that hot dogs are a relatively recent food offering, but you'd be wrong. The first sausages were created more than 3,500 years ago when ancient Babylonians began stuffing spiced meat into the intestines of animals.

- The fastest of all non-domesticated canines, the African wild dog can sprint faster than 40 mph.

- Many people make provisions in their wills for their pets; it's the compassionate

thing to do. Singer Dusty Springfield went a bit further than most, though; she specified that her cat was to be fed only imported baby food.

THOUGHT FOR THE DAY

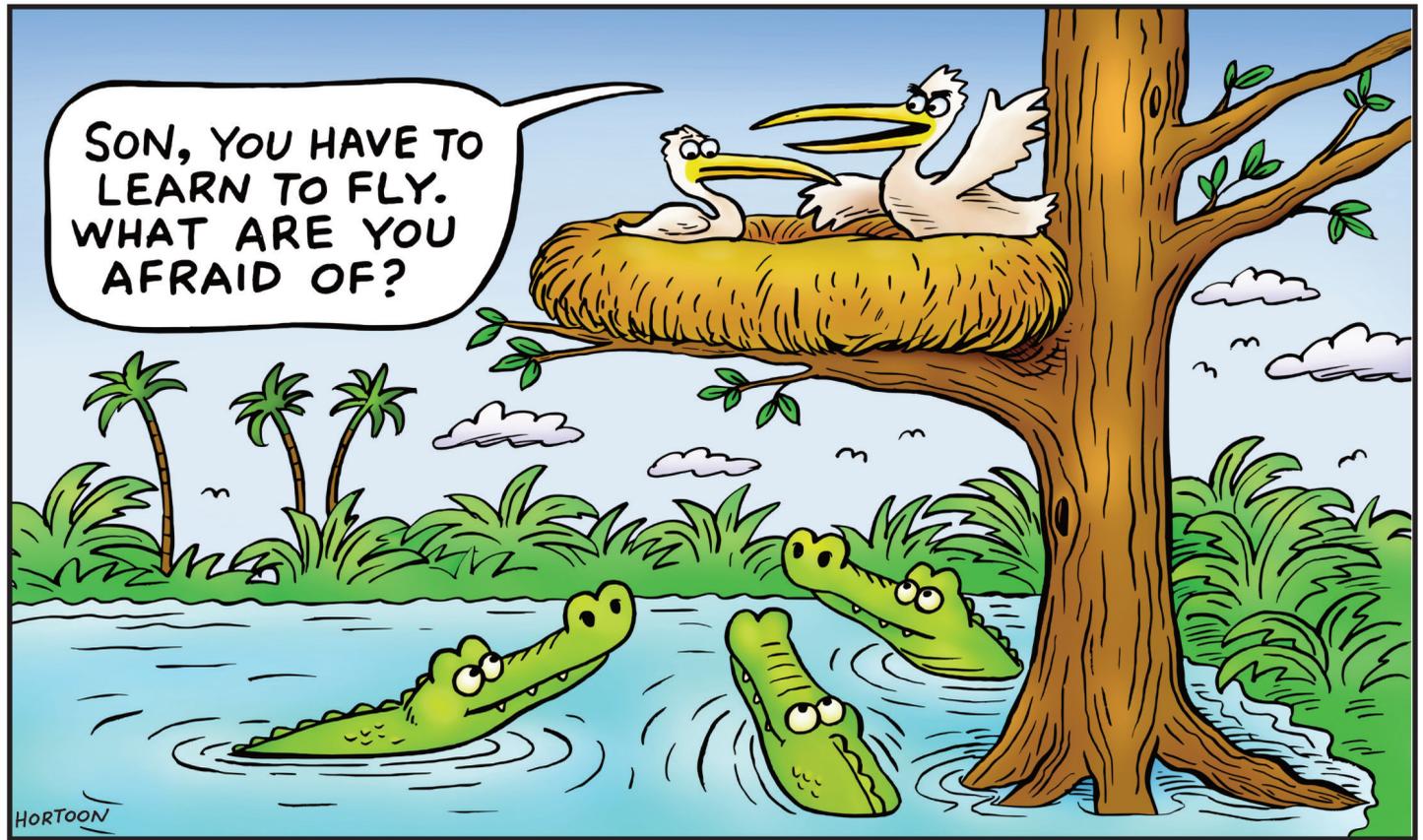
"Every man possesses three characters: that which he exhibits, that which he really has, and that which he believes he has." – Jean-Baptiste Alphonse Karr

SCRAMBLERS

1. Astute; 2. Bellow;
3. Fixate; 4. Compass

Today's Word
BIFOCALS

HORTOONS



Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Tarpon Estates	Cape Coral	2012	4,173	\$2,195,000	\$1,990,000	128
Cape Harbour	Cape Coral	2002	2,979	\$1,299,000	\$1,250,000	0
Sunset Captiva	Captiva	1979	1,920	\$1,095,000	\$1,025,000	18
Natoma Park	Fort Myers	1994	3,481	\$860,000	\$833,750	35
Cornwallis	Cape Coral	2007	2,819	\$715,000	\$700,000	8
Siesta Isles	Fort Myers Beach	1960	1,948	\$659,000	\$625,000	0
Riverside	Fort Myers	1925	2,419	\$649,500	\$630,000	21
Shell Mound Park	Fort Myers Beach	1962	1,349	\$649,000	\$620,000	50
Sabal Shores	Fort Myers Beach	1965	5,000	\$629,000	\$615,000	302
Cape Coral	Cape Coral	1996	2,961	\$620,000	\$586,000	55

CAPTIVA VILLAGE



11523 ANDY ROSSE LN., CAPTIVA
 • Steps to the Beach
 • 5 BR, 5.5 BA, Pool & Spa
\$2,499,000 **MLS 218055240**
 McMurray & Nette 239.281.4435

SOUTH SEAS ISLAND RESORT



1629 LAND'S END VILLAGE, CAPTIVA
 • Highly Desirable Direct Waterfront, Fantastic Views
 • Large 2 BR w/Open & Screened Lanais
\$1,429,000 **MLS 218049777**
 Vicki Panico & Fred Newman 239.980.0088

BEACHVIEW CC ESTATES



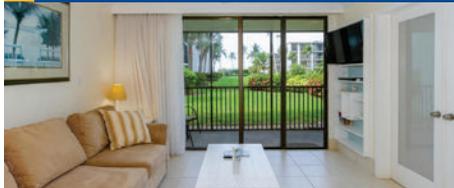
1244 PAR VIEW DR., SANIBEL
 • Open Kitchen w/New Appliances & Countertops
 • 4 BR, 3 BA, New Master BA w/Luxurious Shower
\$1,149,000 **MLS 218021869**
 Linda von Wowern, McMurray & Nette 239.223.3382

BEACHVIEW CC ESTATES



1270 PAR VIEW DR., SANIBEL
 • Pool Home, 4th Green & Fairway View
 • Eastern Exposure, 3 BR, 2 BA, Fireplace
\$795,000 **MLS 218035210**
 John Nicholson 239.849.3250

SUNDIAL BEACH RESORT



1501 MIDDLE GULF DR. #H108, SANIBEL
 • 1 BR, 1 BA, Newly Remodeled
 • Phenomenal Rental Opportunity
\$475,000 **MLS 218048816**
 Brian Murty 239.565.1272

SANIBEL HIGHLANDS



OPEN 11/18 1:00PM – 4:00PM

531 PIEDMONT RD., SANIBEL
 • Move-In Ready! All Impact Glass
 • Ground Level, 3 BR, 2 BA, New Kitchen & BA
\$449,500 **MLS 218046215**
 Sally Davies 239.691.3319

ROYAL SHELL
Happy Thanksgiving

Florida Locations: Bonita Springs/Estero, Cape Coral, Captiva Island, Fort Myers, Naples/Marco Island, Ocala and Sanibel Island
North Carolina Locations: Cashiers/Lake Glenville, Highlands and Sapphire Valley/Lake Toxaway

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OCEAN'S REACH



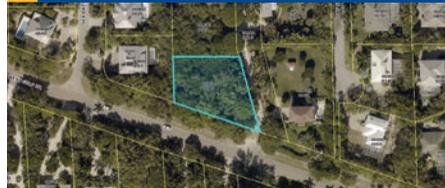
2230 CAMINO DEL MAR DR. #3A1, SANIBEL
 • Massive Rentals, Ground Floor Walk-Out Unit
 • Completely Remodeled & Updated
\$982,289 **MLS 217047642**
 Shane Spring 239.229.3242

OCEAN'S REACH



2230 CAMINO DEL MAR DR. #4B1, SANIBEL
 • 1 Bedroom, 1 Bath, Direct Gulf Front
 • Beautiful Updates, Excellent Rental Income
\$777,777 **MLS 216019723**
 Cindy Sitton 239.810.4772

HUSCHKA



SAWGRASS PL., SANIBEL
 • Incredible Building Site on W. Gulf Drive
 • Beach Access Directly Across Street
\$949,000 **MLS 218002687**
 John Nicholson 239.849.3250

**SANIBEL ISLAND
 NEW PRICE**



1325 PAR VIEW DR., SANIBEL
 • Owner Wants Offers!
 • 3 Bedrooms & 3 Full Bathrooms
\$670,000 **MLS 218050253**
 Andre Arensman 239.233.1414

SANIBEL HARBOURS



1226 ISABEL DR., SANIBEL
 • Direct Bayfront Parcel
 • Cleared w/Seawall
\$1,695,000 **MLS 218015347**
 McMurray & Nette 239.850.7888

BEACHVIEW CC ESTATES



1248 PAR VIEW DR., SANIBEL
 • Gorgeous 4 BR, 4.5 BA, Near Beach
 • Meticulously Appointed & Renovated
\$1,380,000 **MLS 218023342**
 Cindy Sitton 239.810.4772

THE DUNES



OPEN 11/18 1:00PM – 4:00PM

9027 MOCKINGBIRD DR., SANIBEL
 • Fantastic Lake View, Gorgeous Sunsets
 • 4 Bedrooms, 3 Bathrooms
\$849,000 **MLS 218050671**
 Jamie Gates 239.910.2778

COMPASS POINT



1299 MIDDLE GULF DR. #232, SANIBEL
 • Inviting 2 BR, 2 BA Condo
 • Warm Gulf Breezes from Screened Lanai
\$659,000 **MLS 218064888**
 Tracy Walters 239.994.7975

SUNDIAL BEACH RESORT



1501 MIDDLE GULF DR. #G-206, SANIBEL
 • Fully Furnished 1 BR, Updated w/Tropical Touch
 • 2nd Floor Unit Easily Accommodates 4
\$469,900 **MLS 217067862**
 Fred Newman & Vicki Panico 239.826.2704

CABBAGE KEY



29 CABBAGE KEY, CABBAGE KEY
 • One of Area's Most Famous Small Islands
 • First Available Building Site in Years
\$75,000 **MLS 218067020**
 John Nicholson 239.849.3250

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