



# Island Sun

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SANIBEL & CAPTIVA ISLANDS, FLORIDA

OCTOBER 19, 2018

OCTOBER SUNRISE/SUNSET: 19 7:30 • 6:57 20 7:30 • 6:56 21 7:31 • 6:56 22 7:31 • 6:55 23 7:32 • 6:54 24 7:32 • 6:53 25 7:33 • 6:52

## Shell Museum Remodeling Project Approved

by Jeff Lysiak

During the October 9 Sanibel Planning Commission session, a conditional use permit to revise parking, driveway, stormwater drainage and associated site improvements at the Bailey-Matthews National Shell Museum, part of an elaborate remodeling and expansion project at the 23-year-old facility, was approved.

According to the staff report, presented to the commission by Senior Planner Roy Gibson, building alterations will consist of interior and exterior remodeling, including the relocation of the entrance lobby and gift shop to the ground floor of the building and the conversion of existing storage areas into a new museum aquarium facility for the exhibition and study of live animals. Proposed site

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Artist rendering of the exterior of the renovated and expanded Bailey-Matthews National Shell Museum

Image provided by Bailey-Matthews National Shell Museum



Judges from left, Chelle Koster Walton, Holly D. Smith and Monica Scroggin

photos provided

## 'Ding' Darling Days Photo Contest Winners

The "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) announced the winners of its annual "Ding" Darling Days Amateur Nature Photography Contest on October 13 at a Conservation Art Day presentation in

the Refuge Visitor & Education Center, part of the weeklong "Ding" Darling Days celebration on Sanibel.

Earlier, on September 28, judges had selected three winners and 11 honorable mentions out of 121 entries from 20 states, the Netherlands and Switzerland. All photograph entries were shot at the JN "Ding" Darling National Wildlife Refuge complex.

First place went to Frank Brinker of Oberageri, Switzerland for his great blue



First place: *Shakin'* by Frank Brinker

heron portrait titled *Shakin'*. Contest judge Holly D. Smith, City of Sanibel councilwoman, remarked on its stunning depth-of-field and unique capture. "I love its personality, pure and simple," she said of the bird's disheveled appearance, looking as though it just shook water from its feathers.

John Hoyt from Lewes, Delaware took second place with a black-and-white close-

up of a female anhinga. "It's so strikingly artistic with dramatic lighting and great detail," said judge Chelle Koster Walton, a Sanibel photojournalist.

In third place was Cheri Hollis from Sanibel with a blue-winged teal shot titled *True Blue*. "She actually got all the fine details of the duck, even the color under its wing, and the ripples in the water," said

continued on page 27



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Bailey Fest  
Sunday, October 21

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Saturday, October 27th

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Halloween Party  
To Benefit CHR  
Featuring The Marty Stokes Band  
Wednesday, October 31st

Sanibel Sea School  
"Flip Flop Scavenger Hunt"  
Saturday, November 3  
10:30-3:00

Bollitieri Tennis Event  
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## School Fundraiser For Disney World Performance



Members of The Sanibel School's Seahorse Chorale performed on the Disney Springs Marketplace Stage in February 2018 photo provided

by Jeff Lysiak

For the first time ever, members of The Sanibel School Seahorse Chorale and Elementary Choir will be performing the National Anthem prior to a Florida Everblades hockey game at Hertz Arena in Estero, part of a fundraiser for the school's music department to support the chorale's upcoming trip to Walt Disney World.

"We're selling tickets through a special link with a promo code," said Joey Giangreco, music educator at the K-12 school. "Tickets are only \$18 each, and the school receives \$8 from every ticket sold."

Tickets for the Friday, November 9 Florida Everblades home game against the Jacksonville Icemen are only available online at [www.floridaeverblades.com/SanibelNight](http://www.floridaeverblades.com/SanibelNight). Use the promo code SANIBELSCHOOL to receive this special offer and sit in the Sanibel section with your fellow school supporters and island neighbors.

In addition to it being Sanibel Night, it's also Swampee the Everblades mascot's birthday. The first 3,000 children attending the game will receive a special Swampee Growth Chart, courtesy of sponsor Arthrex. Children 12 and under eat free in the Breakaway Sports Pub at Hertz Arena with the purchase of an adult entrée.

According to Giangreco, funds raised through the purchase of tickets to Sanibel

Night will help offset the costs to bring the school's Seahorse Chorale to Lake Buena Vista, Florida later this year. On Friday, December 7, the group will be performing on the Disney Springs Marketplace Stage starting at 11 a.m.

"In the past, we've brought two different groups to Walt Disney World," said Giangreco. "In 2017, the school's steel drum band performed at Disney Springs. And in February of this year, the Seahorse Chorale performed on the Marketplace Stage there, too."

For their upcoming performance, six songs have been planned: *We Will* by Jim Papoulis, *Homeward Bound* by Marta Keen, *Pompeii*, arranged by James Narverud, *Keep Your Lamps Trimmed and Burning*, arranged by Greg Giplin, *We're All In This Together* from *High School Musical*, arranged by Alan Billingsley, and *This Is Me* from *The Greatest Showman*, arranged by Mack Huff.

"I think it's a great setlist; we'll be able to showcase a wide variety of musical genres," added Giangreco. "My students have been working together since August, and they've worked really hard and are sounding great. Everybody's looking forward to performing at Disney again."

Tickets for Sanibel Night must be purchased by Thursday, November 8. Hertz Arena is located at 11000 Everblades Parkway in Estero. The puck drops at 7:30 p.m.✪

Dr. Ellen Sloan, rector at St. Michael's, will serve as the guest narrator for the program. St. Michael's Minister of Music Hank Glass will be the guest organist.

The concert is free and open to the public; tickets are not required. Freewill donations will be accepted. A meet-the-artists reception, with light refreshments, will follow the concert in the church Parish Hall.

For more information, call 472-2173 or visit [www.saintmichaels-sanibel.org](http://www.saintmichaels-sanibel.org).✪

## Touring Ensemble To Perform At St. Michael's

Dr. Bruce Vantine's Cornerstone Chorale & Brass – a widely acclaimed professional touring ensemble – will perform at St. Michael and All Angels Episcopal Church on Friday, November 2 beginning at 6 p.m.



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Classmates examining their patient

photo provided

## The Doctor Is In

Preschoolers from Summit Christian Preschool at Sanibel Community Church have fun learning about the different professions in the community. During playtime while learning about the medical profession, student Taylor

Szymanczyk played a great patient while allowing "doctors" Blake Walsh, Truman Jones, Hudson Hanni and Isabelle Quillen to "fix" him.

If you are interested in enrolling your preschooler at Summit Christian Preschool, located at Sanibel Community Church, 1740 Periwinkle Way, call 472-2684.✱

## Churches/Temples

### ANNUNCIATION GREEK ORTHODOX CHURCH

Reverend Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. 8210 Cypress Lake Drive, Fort Myers, annunciation.fl.goarch.org, 481-2099.

### BAT YAM-TEMPLE OF THE ISLANDS

The Reform Jewish congregation has Friday Shabbat services at 7:30 p.m. (7 p.m. from May to Sept.) in Fellowship Hall of Sanibel Congregational UCC, 2050 Periwinkle Way. Rabbi Stephen Fuchs. President Alan Lessack. www.batyam.org, 579-0296.

### HISTORIC CAPTIVA CHAPEL BY THE SEA

The Rev. Dr. John N. Cedarleaf Services every Sunday 11 a.m. November 11, 2018 thru April 28, 2019 11580 Chapin Lane, Captiva 472-1646

### FIRST CHURCH OF CHRIST, SCIENTIST

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### SANIBEL FELLOWSHIP, sbc

Join us for Bible study and Worship Sunday 10 a.m. at Island Cinema. Call Pastor Mark Hutchinson 284-6709.

### SANIBEL COMMUNITY CHURCH

Dr. Daryl Donovan, Senior Pastor Sunday Worship 8, 9 and 11 a.m. Traditional in historic Chapel, 8 a.m. Contemporary

and childrens church in the main sanctuary, 9 a.m. Traditional in the main sanctuary, 11 a.m. Childcare available at all services. 1740 Periwinkle Way, 472-2684

### SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor, 7:45 a.m. Chapel Service and 10 a.m. Worship Service. Sunday School and nursery care at 10 a.m. 2050 Periwinkle Way, www.sanibelucc.org, 472-0497.

### ST. ISABEL CATHOLIC CHURCH

Pastor Reverend Christopher Senk, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., Sunday Mass through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Holy Days call. 3559 San-Cap Road, 472-2763.

### ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Dr. Ellen Sloan, Rector. Saturday Eucharist 5 p.m. Sunday Eucharist 9:30 a.m. Sunday School 9:30 a.m. (until May 20). Tuesday Morning Prayer 9 a.m. Wednesday Healing Eucharist 9 a.m. Prayer and Potluck first Wednesdays 6 p.m. 2304 Periwinkle Way, saintmichaels-sanibel.org, 472-2173.

### UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the second Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member's home on the third Sunday of each month. 2050 Periwinkle Way, ryi39@aol.com, 433-4901.✱



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Students meeting for prayer at the flagpole

photos provided

## Annual Gathering At Sanibel School

On September 26, about 30 students, parents, teachers and staff met at the flagpole in front of The Sanibel School for this year's See You at the Pole event. The annual gathering of thousands of Christian students across the country and throughout the world meet at their school's flagpole to pray for their school, community, city, state, country and world.

This year, See You at the Pole at The Sanibel School was sponsored by the Fellowship of Christian Athletes (FCA) club that meets on Friday after school hours until 4 p.m. Both See You at the Pole and FCA are student-led.

This year's leadership of FCA at the school is Lilly Doster, Gabby McKinney and Kristian Schafer. The FCA website defines it as "a non-denominational Christian sports ministry that focuses on coaches, campus, camp and community ministry."

All middle school students are invited to attend the meetings at The Sanibel School every Friday. A student does not need to be an athlete or a Christian to attend the club. The students meet



Students meeting for Fellowship of Christian Athletes (FCA) at The Sanibel School

for fellowship, food, activities, service projects and a short Bible study, all of which are led by the students.

H2O Students Ministries at Sanibel Community Church is in full support of both of these ministries at The Sanibel School.

On Sunday, October 21, Sanibel Community Church is hosting a free movie night open to anyone from the community. The movie *Wonder* will be shown that evening in the main Sanctuary at 5 p.m. Free food in the courtyard will be prepared and served to all who come at 4:30 p.m. A free-will love offering will be received, with all proceeds given to the local FCA club at The Sanibel School.

H2O Student Ministries is a youth ministry program for sixth grade through 12th grade young men and women. The group meets on Wednesday evenings from 5 to 7 p.m. for middle school students, from 6 to 8 p.m. for high school students, and on Sunday mornings at 11 a.m. in the Youth Center at Sanibel Community Church. All students on the island and surrounding communities are welcome to attend.

Sanibel Community Church is an evangelical, non-denominational congregation with the church campus at 1740 Periwinkle Way (next to Jerry's Market). For more information, contact Pastor Kevin Schafer at kevin@sanibelchurch.com or call 472-2684.\*

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Kaylee Forsyth walks her dishes backwards to the kitchen photos provided



Preschooler Malachi Livermon has his ice cream cone before dinner

## Backwards Night At Sanibel Church

The intergenerational ministry of GenOn LOGOS kicked off its welcome back bash by hosting Backwards Night at Sanibel Community Church on October 3. Everything about this particular night was backwards. The children wore their clothes backwards, played backwards relay races and ate upside down ice cream cones, served before the meal.

Children ages 3 years through fifth grade gather every Wednesday night from 3:30 to 6:45 p.m. to participate in music, recreation, crafts, Bible study and a family-style meal.

For more information on the LOGOS ministry, contact Holly Patton-Roark at 472-2684. Sanibel Community Church is located at 1740 Periwinkle Way.\*



Gretta Livermon races to the finish line where table parent Lori Richter catches her



image provided

## Free Movie Night This Sunday

Sanibel Community Church will show the movie *Wonder* at this month's Free Movie Night on Sunday, October 21 beginning at 5 p.m.

*Wonder* follows the inspiring story of the Pullman family, whose youngest child, Augie, is born with facial deformities.

"Born with facial differences that, up until now, have prevented him from going to a mainstream school, Augie Pullman becomes the most unlikely of heroes when he enters the local fifth grade. As his family, his new classmates,

and the larger community all struggle to discover their compassion and acceptance, Augie's extraordinary journey will unite them and prove you can't blend in when you were born to stand out."

- *Moviefone*

This extraordinary story unites a community. Bring the whole family to see the movie for a heartwarming and uplifting time. Snacks will be served at 4:30 p.m. Childcare will be available for ages 3 years and younger.

Sanibel Community Church is an evangelical, non-denominational congregation with the church campus at 1740 Periwinkle Way. For more information, call 472-2684 or visit [www.sanibelchurch.com](http://www.sanibelchurch.com).\*

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# Rotarians Deliver On Dictionary Day

by Jeff Lysiak

Last Friday morning, four members of the Sanibel-Captiva Rotary Club delivered new dictionaries to each third grade student enrolled at The Sanibel School, part of the club's annual tradition of promoting literacy in local schools.

Sanibel-Captiva Rotary Club President John Danner, along with members Cindy DeCosta, John Carney and Joleen Raho, arrived at the third grade classroom – shared for the occasion by teachers Karen Thompson and Alexis Perry – shortly after 10 a.m. on October 12, bringing with them several cases of softcover dictionaries to be distributed to each of the students.

"Why do we need to look up words," Danner asked the students. "We look up words because we want to know how to pronounce them. We also look up the meanings of words."

Upon receiving their new books, each student was asked to write their names inside.



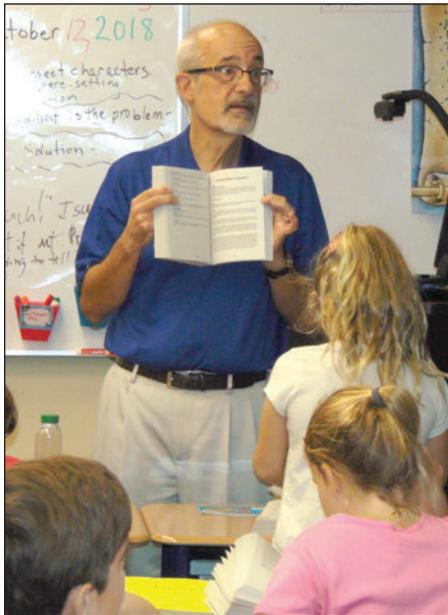
Students from both of the third grade classes at The Sanibel School received free dictionaries from the Sanibel-Captiva Rotary Club on October 12, part of Rotary's annual traditional Dictionary Day at the school

photos by Jeff Lysiak

Later, Danner asked the class what their favorite word was. Among the responses: "Mermaid." "Unicorn." "Watermelon." He then challenged the youngsters to look up the word "automobile," pointing out several

interesting elements of the dictionary – including a section dedicated to American sign language – while both teachers assisted their students in learning more about the multi-purpose book.

More than 10,000 dictionaries are handed out by Lee County Rotarians each year on Dictionary Day, which became a tradition of the Sanibel-Captiva Rotary Club in 1999.\*



John Danner pointing out the page containing the United States Constitution



From left, Alexis Perry, Joleen Raho and Karen Thompson



Rotarian Joleen Raho handing out a dictionary to a third grader

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## Community House



Watercolor by Kathleen Taylor

image provided

### Featured Artist

Kathleen Taylor is the featured artist for the month of October. The watercolor exhibition features scenes of Sanibel as interpreted by the artist. Many of the paintings were done on location.

The exhibition may be viewed during operating hours Monday through Friday.

### Community Hog Roast

The Smoke on the Island community hog roast returns on Saturday, October 20 from 6 to 8 p.m. Slow roasted pork will be paired with Chef Jarred's barbecue sauce, tomato and mozzarella salad, black beans and rice, and Love Boat Ice Cream bar. Cost is \$15 in advance for adults, \$18 at the door; \$10 for children 10 and under. Dessert is \$5. Limited number of tickets available.

### Floral Workshop

Dutch Master Floral Designer Mark Frank will lead a workshop and demonstration on Wednesday, October 24 from 3 to 5 p.m. Cost for the workshop is \$95 which includes all supplies and a piece to take home.

Following the workshop, there will be holiday entertaining-themed event. String musicians will perform and Champagne will be served. There will be an opportunity to book reservations with musicians, photographers, caterers and bakers. Advance tickets are \$15; \$20 at the door. Raffle prizes will be awarded.

### Cooking With Chef Jarred

Resident Chef Jarred Harris will hold a cooking demonstration on Thursday, October 25 at 4 p.m. Watch the chef as he prepares Lentil Paté, Toasted Brioche and Pear Chutney, Seafood Stew and Grilled Focaccia, and Frozen Lemon Soufflé. Cost is \$35 for members and \$50 for guests. Online payment available.

### Pumpkin Carving

Resident Chef Jarred Harris will teach pumpkin carving and design ideas along with a little cooking instruction on Tuesday, October 30 from 4 to 6 p.m. The class is designed with youth in mind, but is fun for all ages. Older children and adults can help decorate The Community House for the Halloween Carnival. Reservations are required.

### Halloween Fall Festival

The Halloween Fall Festival Candy and Costume Carnival will be held on Wednesday, October 31 from 5 to 7 p.m. There will be carnival games, a hay ride, costume contest, prize booth, \$2 meals and plenty of candy. Admission is one bag of Halloween candy.

Adult volunteers are needed as well

as high school students looking to earn community service hours.

Sponsors are Sanibel Captiva Community Bank, Friends Who Care, Sanibel-Captiva Kiwanis Club, Judy Montclare Family, Billy's Rentals and The Island Cow.

### Kids Cooking First Mondays

The next kids cooking class will be held on November 5. Classes are held on the first Monday of the month from 2:30 to 5:30 p.m. Additional dates are December 3, January 7, February 4, March 1, April 1 and May 6.

Young chefs will learn basic cooking skills, kitchen awareness and food preparation. They will explore different cultures using nutritious whole foods. Cost is \$50 per session or \$175 for four classes

when paid in advance. Register online.

Some scholarships are available, thanks to the Rotary and Kiwanis clubs as well as private individuals.

### Baking With French Chef

Learn how to make macaroons with French Chef Andre Gratesol on Friday, November 16 beginning at 10 a.m. This will be a hands-on class and is the second of four baking classes with Chef Gratesol. Cost is \$50 and you can sign up online.

### Shell Crafting

Shell Craft lessons are held at 10 a.m. on Mondays. All ages are welcome but children must be accompanied by an adult. Shell Crafters are on site until 1 p.m. on Mondays for those who would like to view or purchase their work.

### Honey For Sale

There is honey for sale, harvested from the hive at The Community House. Mango chutney is also available, made from locally grown mangos. In November, there will be holiday spiced pumpkin chutney available.

### Parent And Child Cooking

The next parent and child cooking classes will be held on November 11 and December 13. Classes are designed for 5- to 9-year-old children with a parent/adult. Cost is \$35, \$10 per each additional family member.

The Community House is located at 2173 Periwinkle Way. For more information, visit [www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net) or call 472-2155.✳



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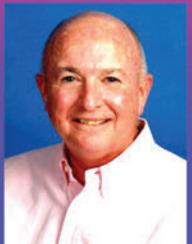
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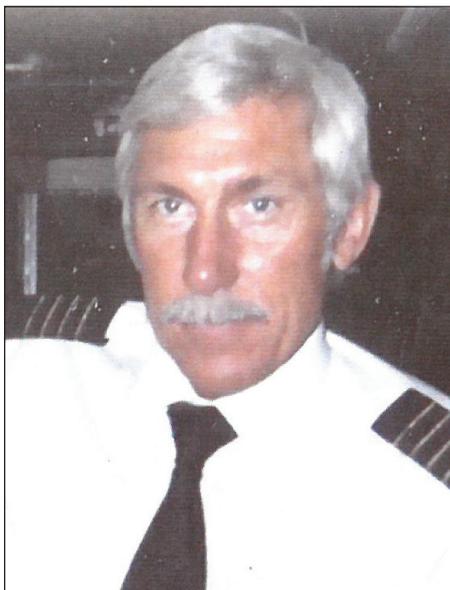
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**OBITUARY**



**ALDEN W. OSTERBUSCH**

Alden W. "Buzz" Osterbusch, born on January 8, 1932 in Chicago, Illinois, passed away on June 17, 2018 in Fort Myers. He attended Wheaton (Illinois) Community High School, where he lettered all four years in basketball, football and track. At age 16, instead of obtaining a driver's license, he earned his pilot's license.

Following high school, he enlisted in the United States Air Force, where he served during the Korean War. After the war, he started flying for Capital Airlines – which became United Airlines – a career he

continued for 35 years. In 1988, he purchased a home on Sanibel Island, where he continued to fly, took up sailing and enjoyed playing basketball with his younger friends. He is survived by his loving partner, Nancy Cleaveland; his son, Kurt Osterbusch; his wife, Kris; and two granddaughters, Charlotte and Chloe; his daughter, Candy Simons, and her husband, Lee; and daughter, Linda Osterbusch. A memorial service will be held on Saturday, November 3 at 11 a.m. at St. Michael and All Angels Episcopal Church, 2304 Periwinkle Way, Sanibel, FL 33957. A reception at the church will follow. In lieu of flowers, donations may be made to St. Michael's Discretionary Fund.✽

**Vietnam Veterans Pins**

Veterans of the Vietnam War who reside in Southwest Florida are being sought to register for a special event to be held on Monday, November 12 from 9 to 11 a.m. at JetBlue Stadium in Fort Myers. Hosted by Collier-Lee Honor Flight, the ceremony will honor Vietnam War veterans for their service with a 50th anniversary pin.

United States veterans who served between November 1955 through April 1975 qualify. All veterans, including those who served state-side, will be honored.

To apply, visit [www.CollierHonorFlight.org](http://www.CollierHonorFlight.org), fill out the application and write "50" at the top.

For more information, call 777-9295 or email [info@CollierHonorFlight.org](mailto:info@CollierHonorFlight.org).✽

**OBITUARY**



**STEVEN GARY CHANCE**

Steven Gary Chance peacefully breathed his last earthly breath surrounded by his loving family on July 23, 2018. He was born May 19, 1947 in New York City to Dr. MD Chance and Madeline Howe. Steve was proud to be a third generation chiropractor, graduating from Palmer College of Chiropractic in 1971. He had the type of chiropractic career and practice that other doctors dream about; as he traveled extensively all over the world as the private chiropractor to some of the richest and most powerful people in the world. He was greatly beloved by all of his patients; respected and revered by his colleagues.

Steve loved speedboats, Harley motorcycles, and his bicycle beach cruiser with the big fat tires where he securely affixed his signature "Sanibel Island" license plate to the front basket. When he wasn't out riding his cruiser along the beach, he proudly drove around the island in his EZ Go golf cart which he aptly named the "Chet-Mobile."

Perhaps you may have spotted him on one of the island roads, driving his royal blue golf cart with the LED undercarriage lights, and his infamous fog/smoke machine, tightly fastened to the back and inconspicuously hidden. No, it wasn't exhaust fumes puffing out of the back of the cart, on the contrary; he was fogging out the speeders and tailgaters who followed too close behind him – he loved

doing that. If you were lucky enough to avoid getting smoked, then perhaps you were one of the fortunate ones to hear his holiday harmony. Steve was musically gifted and could play beautifully, both the trumpet and guitar. Each year, on Sanibel's Luminary Night, he would festively decorate his golf cart with twinkling lights and a life-sized lighted snowman. Then, Santa Claus and his wife would drive that cart up and down Periwinkle Way, as Steve, filled with Christmas cheer; blew out the melodies of carols on his trumpet for all to hear – never missing a note, and creating the most exquisite sounds.

In addition to his quick wit and sense of humor, Steve had an adventurous spirit. As a champion water skier and an avid swimmer, he loved snorkeling, scuba diving and spearfishing. He also had a bit of a fascination with pirate treasure, and searched most of the island's beaches and shores with his metal detector, hunting for the elusive mother lode he suspected might be buried somewhere on our island.

Steve was a true Sanibelian and a 38-year resident of the island. He loved everything about Sanibel; shelling its beautiful beaches, its wildlife and ecosystems, its native flora and fauna, and its brilliant shimmering sunrises and luminous glowing sunsets.

As a licensed pilot, Steve knew everything about weather patterns, air temperatures, the clouds, the moon and the multitude of stars that make up our solar system. But it was his family that was the center of his universe. And his life; his beautiful blessed and joy-filled life truly revolved around them.

His bright and beautiful star has now dimmed, and his golden sun has set behind the horizon, but his altruistic legacy and unflinching love will live on forever. His children will tell you that there was not one question they could ask their Father that he did not have the answer to. Steve not only had a great depth of knowledge, he was a loving father and husband – a man of great wisdom, discernment and integrity.

Steve is survived by his wife of 43 years, Naomi, daughters Coral Chance Pross (Damon), Marianne Chance Rollmann (Patrick), son Steven "Chet" Chance, and four loving grandchildren, Alexa, Keegan, Brayden and Sydney Grace. He is also survived by his three brothers, Chuck (Ramona), Michael (Sandi), and Chris (Mary) Chance, and many nieces and nephews.

A Celebration of Life for Steve will be held on Friday, November 2, 2018 at 6 p.m. in the Historic Chapel at Sanibel Community Church. All islanders who knew and loved Steve are welcome to attend.

For memorial contributions, the family has designated Hope Healthcare of Fort Myers, 9470 HealthPark Circle, Fort Myers, FL 33908.✽

**Public Notice**

An election was held at the Island Water Association (IWA) on August 7. The employees of IWA voted unanimously to join the International Union of Painters and Allied Trades Local 2301, District 78 AFL-CIO. This will in no way change the service, commitment, or dedication of IWA employees to its customers and members.✽

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Museum staff, from left, Front Desk Assistant Sandy Nering, Executive Director Emilie Alfino, Business Manager John Friedlund and Volunteer Coordinator Jan Symroski photo provided

## Historical Museum Seeks Volunteers

The Sanibel Historical Museum and Village is up and running after its summer hiatus. "The museum needs volunteers to staff the museum in a variety of ways," said Executive Director Emilie Alfino. "We have a devoted group of volunteers now and hope to add more this year."

New volunteers are always needed at the village. There are opportunities to lead tours or staff just one building. Some volunteers like to work in the museum store. There are also opportunities to help with event planning, decorating and administrative tasks. Training takes place on November 5 and 12. Those interested should call Alfino at 472-4648. "It's easy

to find something you like to do and enjoy. We're a friendly family here," Alfino said. If the training dates are inconvenient for someone, the museum will gladly offer additional training.

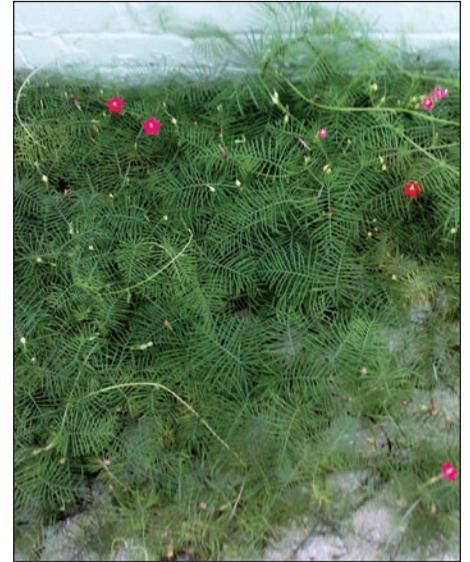
Volunteers are offered educational opportunities and lectures, as well as a 20 percent discount at the museum store. Social gatherings are held each year.

The museum is open Tuesday through Saturday from 10 a.m. to 4 p.m. Full guided tours take place at 10:30 a.m. and 1:30 p.m. at no additional charge, depending on docent availability. The museum is located at 950 Dunlop Road (next to BIG ARTS) and there is handicap access to the buildings. Admission is \$10 for adults over 18; no charge for members and children. For more information, call 472-4648 or visit [www.sanibelmuseum.org](http://www.sanibelmuseum.org).\*



The crimson star-like flowers attract butterflies and hummingbirds

photos by Gerri Reaves



Despite its delicate appearance, this hardy cypress-vine morning-glory is thriving as a groundcover in an alley

### Plant Smart

## Cypress-Vine Morning-Glory

by Gerri Reaves

Cypress-vine morning-glory (*Ipomoea quamoclit*) is a native of Mexico and tropical America, and grows widely in the eastern U.S. and into Canada.

In Florida, it has escaped cultivation and is found in disturbed sites, undeveloped lots, home landscapes, sidewalk cracks, untended areas such as alleys and along roadsides.

This fast-growing member of the morning-glory family has a host of common names, including cardinal climber, star glory and hummingbird vine.

Smooth twining stems can reach 20 feet long in good growing conditions.

The alternate ovate leaves are divided, feather-like, and one to 3 1/2 inches long.

Numerous threadlike leaflets give them an overall look of a delicate fern, although the common name refers to the leaves' similarity to bald cypress leaves.

Very slender funnel-shaped crimson flowers of about an inch across appear on long stalks in the leaf axils.

Five fused petals flare out, forming star-like blooms that attract butterflies and hummingbirds. The stamens and pistils extend beyond the flower's long tube.

The vine blooms most of the year and

is a nectar source for butterflies such as the cloudless sulphur.

It prefers a well-drained spot in full sun to partial shade. It is drought tolerant, but does best with plenty of moisture.

The vine will quickly cover a trellis or fence or scamper up a wall, but can also be used as groundcover.

It is easily propagated with cuttings or with the seeds in the spherical beaked pod, and it often self-propagates.

An interesting tidbit of plant history: In 1791, Thomas Jefferson sent seeds of this vine from Philadelphia to his daughters Mary and Martha, and the seeds were planted in window boxes at Monticello.

Sources: *The Guide to Florida Wildflowers* by Walter Kingsley Taylor, *Weeds of the Southern United States*, *Wildflowers of Florida Field Guide* by Jaret C. Daniels and Stan Tekiela, [www.floridata.com](http://www.floridata.com), [www.ifas.ufl.edu](http://www.ifas.ufl.edu), and [www.monticelloshop.org](http://www.monticelloshop.org).

*Plant Smart explores the diverse flora of South Florida.*\*

## Hibiscus Sale

The James E. Hendry Chapter of the American Hibiscus Society will be holding a hybrid hibiscus plant sale on Saturday, October 27 from 2 to 4 p.m. (or until they are all sold) at The Salvation Army building, located at 10291 McGregor Boulevard in Fort Myers.\*

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Get your team ready for the scavenger hunt, scheduled for November 3 photo provided

## Tickets On Sale For Flip Flop Scavenger Hunt

Can you name the first mayor of Sanibel? And would you know which restaurant to visit to find Doc Bruce's chair? If yes, your group already scored 10 points for Sanibel Sea School's Flip Flop Family Scavenger Hunt. This family-friendly, all-ages event will be held on Saturday, November 3 beginning at 10:30 a.m. All proceeds will support the nonprofit's scholarship fund, which makes it possible for children and families in need to have meaningful ocean experiences.

"In the morning, teams will be given a book of clues and challenges, each worth a set amount of points," said event

coordinator Chrissy Basturk. "Some will test your knowledge of our islands and the ocean, and others will require you to take funny pictures or find specific items to bring back with you," she added. There will also be an obstacle course, and one lucky participant will win a diamond flip-flop pendant valued at more than \$2,000, donated by Lily & Co. Jewelers.

"If you've never participated in a Sanibel Sea School scavenger hunt before, you are in for a treat," said Basturk. "We have offered this as a live auction item at past fundraisers, and the winning groups have described it as one of the most fun days they have ever had." The game will be followed by an evening bonfire celebration at Lighthouse Beach.

Tickets are \$25 per person, and teams of up to eight people can register together. To learn more and reserve your spot, visit [www.sanibelseaschool.org/flipflopfundraiser](http://www.sanibelseaschool.org/flipflopfundraiser) or call 472-8585.✪

## Donations Sought For Trash And Treasures Sale

by Jeff Lysiak

The biggest fundraiser of the year for the Island Seniors, the annual Trash and Treasures Sale, will return to the Center 4 Life on Saturday, November 3 from 9 a.m. to 2 p.m.

According to Dorothy Sawyer and Bea Pappas, two members of Island Seniors, collecting, pricing and displaying items to the one-day rummage sale is a process that lasts all year long.

"For us, it's work that happens all summer long," said Pappas. "We sell things year-round, and it's exciting to see what new things we get in."

"For me, I like the camaraderie of getting ready for the big sale," added Sawyer.

The sale is a fundraiser that grew out of their yearly arts and crafts festival, book sale and bake sale. It remains the group's biggest fundraiser of the year; in 2017, the sale generated \$9,300.

Donated goods, already on display inside the Center 4 Life, include

"something for everyone." Everything from artwork and antiques to jewelry and everyday household items can be found among the myriad of miscellaneous goods on sale. People may pay using cash or checks.

During the sale, there will be grilled hot dogs and other refreshments.

The Center 4 Life is currently accepting tax-deductible donations for the annual sale. All are invited to bring their clean, gently used items to the Center 4 Life - located at the corner of Palm Ridge Road and Library Way - during operating hours (8 a.m. to 3 p.m.). If you need assistance in delivering your items, call 472-5743 to make arrangements.

Items being accepted include household furniture and home decorations, cookware, glassware, dishes and utensils, luggage, jewelry, fishing gear, boating supplies and sporting goods, toys and games, CDs and DVDs, small electronics, hardware, tools, linens (towels, sheets, pillows and blankets), fashion purses, wallets and collectibles.

According to Sawyer, any donations made for the sale should be clean and in good condition. "Thanks to everyone who makes a donation," she said. "We try to encourage people to bring in their

continued on page 16



## CAPTIVA ISLAND YACHT CLUB ENVIRONMENTAL EDUCATION PROGRAM The Islands of Pine Island Sound



**TUESDAY, OCTOBER 30TH**

**10:30 – 11:45 am**

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For more information contact the clubhouse  
at 239-472-4133, ext. #2

# Zero Red Tide



by Capt. Matt Mitchell

Finally two good news stories about our water this week: For the first time in almost a year, FWC reports Lee County is red tide free and the long-awaited Water

Resources Development Act has been authorized by Congress. This act is the first step in returning the natural flow of water south to the Everglades.

Finally some positives after poor water management supercharged a giant 150-mile red tide bloom we had to deal with on and off for almost a year. This red tide did major damage to our environment, killing many of our marine mammals, turtles, fish while also crippling local businesses. This act passed by Congress is only the first step and a reminder to everyone that we have to stay involved and keep on the right path to fix this water quality issue once and for all.

As Hurricane Micheal luckily skirted by us mid-week, conditions were windy and rough. Strong winds kept most boaters off the water until at least the end of the week when things finally calmed down. Catch-and-release snook fishing on either side of this weather event was outstanding on the few days I

did manage to make it out. Snook of all sizes are being caught at almost every stop. Along with this crazy fall snook bite, we also managed a few redfish and limits of keeper-sized mangrove snapper. Jack crevalle and ladyfish have been all over the sound and easy to locate by just finding the birds. The above normal high tides brought on by the passing hurricane proved to be the perfect set up to fish both mangrove shorelines and oyster bars.

Both bait fish and feeding birds have returned to the sound in huge numbers. Causeway bridges have just started to load up with shiners over the past few weeks, like they do every fall. With so many shiners around, it's been possible to live chum for the first time since spring. This live bait chumming quickly lets you know if the fish are hungry as they explode on the surface. Free-lined shiners are the go-to bait all fall until the water gets cold, which hopefully won't happen until at least January.

Hopefully this clean bill of health we just received means we can all get back to work after the slowest summer anyone can remember. Not only are the fish out there, they have had very little pressure on them. Add in cooler fall-like mornings, and it's a perfect time to go fishing.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com). ✨



John from Maryland with a redfish he caught and released this week while fishing with Capt. Matt Mitchell photo provided

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# CROW Calendar Of Events



The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact David Waszmer, Visitor Education Center and gift shop manager at 472-3644 or [dwaszmer@crowclinic.org](mailto:dwaszmer@crowclinic.org). Hours are 10 a.m. to 4 p.m. Monday through Friday. Daily presentations are offered at 11 a.m. only. Wildlife Walk hospital tours are offered on Wednesdays, Thursdays and Fridays at 11 a.m. CROW is located at 3883 Sanibel-Captiva Road.

**Throughout the month of October, mention this article and offer code "Sea Turtle" to receive 10 percent off general admission to the Visitor Education Center. Wildlife Walk hospital tours not included.**

**Friday, October 19, 11 a.m. to 12:30 p.m.**, \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Friday, October 19, 11 a.m.**, adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Why Animals Come to CROW (daily presentation).

Whether animals are sick, injured or

orphaned, CROW aims to lead in their recovery. From fishing line entanglement to abducted babies, this presentation will address the most likely reasons patients are admitted to the hospital.

**Monday, October 22, 11 a.m.**, adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – CROW Case of the Week (daily presentation).

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

**Tuesday, October 23, 11 a.m.**, adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Virginia Opossums (daily presentation).

Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly

adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.

**Wednesday, October 24, 11 a.m. to 12:30 p.m.**, \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Wednesday, October 24, 11 a.m.**, adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Birds of Prey (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW's animal ambassadors will be present.

**Thursday, October 25, 11 a.m. to 12:30 p.m.**, \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Thursday, October 25, 11 a.m.**,

adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Gopher Tortoises (daily presentation).

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a keystone species. CROW's presenter explains why they are admitted and how the medical staff treats this species. One of CROW's animal ambassadors will be present.\*

From page 13

## Trash And Treasures

items themselves, but we do have the ability to pick up items such as small furniture."

The last day donations will be accepted for the sale is November 1.

One of the items featured at this year's sale will be a large wooden display cabinet, accented with glass and mirrors. Organizers are donating proceeds from the sale of the cabinet to Community Housing & Resources (CHR), which shares space with the Island Seniors at the Center 4 Life.

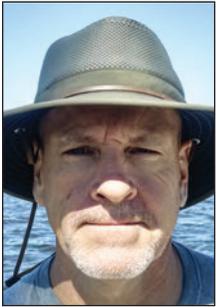
"The thing about the Trash and Treasures Sale is everything has to be reasonably priced," said Sawyer. "But every year, there's always a couple of items that are a big surprise."

"It's a real treasure hunt," added Pappas.

Clothing, shoes, computers, printers and TVs are not being accepted for donation. Contact the Center 4 Life at 472-5743 with any questions.\*

CROW Case Of The Week:

# Southern Flying Squirrel



by Bob Petcher

The southern flying squirrel (*Glaucomys volans*) is also known as an assapan or an eastern flying squirrel.

The main difference between a southern flying squirrel and a common tree squirrel is body structure, as the flying squirrel has a gliding membrane, called a patagium, and a flattened tail. Another distinguishing feature is its size, as it averages only nine inches in length and 2.5 ounces in weight compared to the 12-inch length average and one pound weight average of the eastern gray squirrel in this region. Flying squirrels are also nocturnal, while most tree squirrels are more active during the day.

Interestingly, while not seen very often due to their nocturnal activity, flying squirrels can be identified by their high-pitched, bird-like "cheeps" after sunset... if you can hear them. These sounds, which are meant to warn or keep track of other flying squirrels, sometimes are above the upper limits of frequencies heard by human ears.

At CROW, an infant southern flying

squirrel was admitted to the clinic from Estero on September 25. The young squirrel was found on a pool deck and was covered in ants. Upon admittance to the hospital, the squirrel weighed just 12 grams, and its eyes were still closed. Veterinary staff noted the squirrel to be hypothermic and that it had a depressed mentation. There were no ant bites noticed on the squirrel.

Dr. Robin Bast, CROW's staff veterinarian, explained depressed mentation.

"Normal babies are active, alert, and often vocalizing to alert the parent to their need for food," she said. "This baby was cold, laying in one place and only moved when touched. In other words, this is "depressed" compared to normal activity level and neurologic status."

The squirrel was given fluids and an oral sugar source. Once the squirrel received the sugar source, its mentation immediately improved, leading the veterinary staff to believe it was hypoglycemic (low blood glucose).

"In this case, we gave a small amount of Manuka honey orally since we stock it for other reasons - namely wound care. Other options for an oral sugar source include a dextrose solution or Karo syrup," said Dr. Bast. "Within five minutes after being given a supplemental heat source and a small amount of honey orally, the baby perked up and was moving around more on its own. After it warmed up, we gave it subcutaneous fluids to help with rehydration, and started it on a feeding schedule."

Rehabilitation staff noted that the



**Patient #18-3788 receives a small amount of Manuka honey to help with its low blood glucose level**

photo by Brian Bohman

squirrel immediately began suckling when they attempted to nipple feed it later in the day. Since admission, the squirrel has continued to eat well. It has gained 4.6 grams in weight, has opened its eyes and continues to grow toward release weight.

"We release the flying squirrels around 60 to 80 grams or approximately 20 weeks of age," said Dr. Bast. "In order to be cleared for the release, they must be climbing well in an outside enclosure and eating dry diet entirely on their own."

The baby patient is nearing an ounce in weight, and will need more care and

size before the challenges of the wild.

"The squirrel's most recent weight was 20 grams, so it still has a lot of growing up to do, but continues to do well," concluded Dr. Bast.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org).



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Shell Of The Week

# Beautiful Crassatella



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

The Beautiful Crassatella, *Kalolophus speciosus* (A. Adams, 1854) is a medium-sized

local clam that reaches about 50 mm (2 inches). A member of the family Crassatellidae, the Beautiful Crassatella has a heavy, wedge-like shell with a surface sculpture of about 50 to 60 commarginal ("concentric") ribs. Beautiful Crassatellas are light-yellow, orangish-yellow, sometimes orange, and are common occurrences in the Florida fossil record. Learn more about this species and other local mollusks at [www.shellmuseum.org/southwest-florida-shells](http://www.shellmuseum.org/southwest-florida-shells) and [www.shellmuseum.org/blog](http://www.shellmuseum.org/blog).

**Shell Museum Events**

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The Beautiful Crassatella, *Kalolophus speciosus*, from Sanibel

photo by José H. Leal

in North America devoted entirely to shells. Drop by and let us inform and inspire you. Visit [www.shellmuseum.org](http://www.shellmuseum.org) or call 395-2233.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit [www.shellmuseum.org](http://www.shellmuseum.org).

## Shell Found



Cynthia and Ronald Zenobi photo provided

While staying at Island Inn for their 40th wedding anniversary, Cynthia and Ronald Zenobi of Chareston, South Carolina found a junonia while strolling the beach at Blind Pass on October 5. The next day, the couple's find was confirmed by an Island Inn shell tour guide, who instructed them to go to the Bailey-Matthews National Shell Museum for a photo.

"(I was) helping my wife look for small shells for crafting, (and) this shell caught my eye in three feet of water, just offshore," said Ronald. "The Island Inn shell tour guide from the shell museum overheard us in the Island Inn lobby trying to identify it from their collection and said that it was a junonia."\*

Our email address is [press@islandsunnews.com](mailto:press@islandsunnews.com)

# flip flop

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## Pig Roast Fundraiser This Saturday

The Children's Education Center of the Islands (CECI) invites community members to its 4th annual Pigs in Paradise hog roast on Saturday, October 20 from 4 to 7 p.m. at the Children's Education Center of the Islands, located at 350 Casa Ybel Road. The family-friendly evening will feature pigs roasted in two different styles by CECI parents and staff. Admission will include roasted pork, side dishes, beverages as well as a cookie bar. Beer and wine will also be available. There will be a silent auction plus a 50/50 raffle.

Tickets are \$30 in advance, \$35 at the door and \$10 for children ages 13 to 18; children 12 and under are admitted at no charge. Advance ticket purchase is requested. Proceeds will help fund student scholarships as well as capital improvements to the facility.

The preschool, which opened in 1974, is a nonprofit parent co-op which serves families who live or work on Sanibel and Captiva. It is open to children ages 12 months to 5 years. For more information, call Cindy Decosta at 472-4538.✳



CECI students Fisher Stewart, Steele Floyd, Pace Padgett, Kaia Keating, Layla Riegert and Matthew Cavanagh photo provided

## Paddle-Powered Vessels As Research Tools

by Ocean Tribe Paddlers



Most people think of paddle-powered vessels as recreational equipment, but these relatively slow, quiet boats with little to no hull draft can also be useful for scientific research. Whether scientists are working in shallow areas or trying not to disturb the wildlife they are studying, kayaks and paddleboards have their benefits.

Last year, a group of biologists traveled via stand up paddleboard to look for smalltooth sawfish in and around San Carlos Bay. The habitat use of these creatures is not well understood, and sightings are rare, so every sighting can provide new and useful information. Standing up on a paddleboard creates minimal disturbance and provides a clear view into the water, so it is an excellent position for spotting marine life. If you are out paddling and you spot a smalltooth sawfish, note the date and time, the approximate length, the water depth, location and any other details you observe - this can be contributed to the Florida Fish and Wildlife Conservation Commission's ongoing study.

At Sanibel Sea School, the sand dollar research team uses paddleboards to

transport equipment through shallow water. The work takes place primarily on sandbars, and heavy dive gear is required. The paddleboard also offers a perfect floating work surface to measure the organisms and record data.

Researchers on the Pacific coast have used cameras mounted under kayaks to capture footage of juvenile great white sharks close to shore. The videos allow them to identify the sharks based on specific body markings, record multiple sightings, and learn about the sharks' behaviors and movement patterns.

If you would like to learn about more opportunities to participate in paddle-based citizen science projects, stay tuned for an upcoming column on that topic.

*Ocean Tribe Paddlers is a club that helps the Southwest Florida paddling community better explore, enjoy and understand the ocean. Visit [www.oceantribepaddlers.org](http://www.oceantribepaddlers.org) or follow on Facebook to learn more.*✳

## Top Ten Books

1. *Map of Days* by Ransom Riggs
  2. *Fabulous Bouvier Sisters* by Sam Kashner
  3. *Grant* by Ron Chernow
  4. *Mrs.* by Caitlin Macy
  5. *If the Creek Don't Rise* by Leah Weiss
  6. *Uncommon Type* by Tom Hanks
  7. *Juror #3* by James Patterson
  8. *Florida* by Lauren Groff
  9. *Bridge of Clay* by Markus Zusak
  10. *Last Mrs. Parrish* by Liv Constantine
- Courtesy MacIntosh Books and Paper.✳



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## Tasting Partners Return For SCCF's Wines In The Wild

Catering by Leslie Adams and Sweet Melissa's Café are returning as Food Tasting Partners for the Sanibel-Captiva Conservation Foundation (SCCF) fundraiser, Wines in the Wild, scheduled for Friday, November 9.

"Catering by Leslie Adams, as well as Sweet Melissa's Café and its owner, Gretchen Valade, have been strong SCCF supporters for many years," said SCCF's CEO Erick Lindblad. "We are so happy both of these culinary stars will be highlighted Food Tasting Partners at this year's event."

Wines in the Wild guests will stroll among six stations on SCCF Bailey Homestead grounds. Each will feature a dish from one of Sanibel's finest kitchens. The returning Food Tasting Partners include Catering by Leslie Adams, Il Cielo and Sweet Melissa's Cafe. They will be joined this year by three new Food Tasting Partners - Cip's Place, Sanibel Catering Company, and Malia, one of Sanibel's newest restaurants. The foods will be paired at each station with specially selected complementary wines. It will be a great opportunity to



Caterer Leslie Adams photos provided

explore the grounds and unique features of the Homestead while sampling wines donated by Bailey's General Store, returning Wine Tasting Partner. To finish off the evening, there will be a dessert surprise in the Homestead Pavilion, music from the Danny Morgan Trio, and a live auction of special experiences. There will also be valet parking sponsored by Doc Ford's Rum Bar & Grille, and a thank you gift underwritten



Sweet Melissa's Chef Melissa Talmage

by Island Taxi. Guests in "Island Festive" attire will gather from 6:30 to 9 p.m. at the beautifully lit Bailey Homestead Preserve, located at 1300 Periwinkle Way. Reservations for Wines in the Wild can be made by calling founding co-chair Linda Uhler at 472-3817. Cost is \$125 per person. Because this event is likely to sell out in advance, tickets will not be available at the door.\*

## Shell Found



Sheryl Favorite photo provided

Sheryl Favorite from Sylvania, Ohio found her third Chinese alphabet cone while vacationing on Sanibel. Favorite found the shell in front of Casa Ybel Resort where she stays each year. She considered not vacationing this year due to red tide, although she now believes her decision to come for her normal three weeks was rewarded with another rare find.

Favorite has found alphabet cones every year for the last three years.\*

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The Community House

# The Peanut



by Resident Chef Jarred Harris

**P**eanuts, also known as goobers or the groundnut, are a staple food source globally. But did you know that the peanut is not really a nut? It's actually a legume, a member of the pea family and related to soybeans, chickpeas and lentils.

Peanuts originated in South America where they have existed for thousands of years. The peanut played a very important role in the diet of the Aztecs, Incans and other native tribes throughout South America. The Spanish and Portuguese explorers discovered peanuts growing in the New World and brought peanut seeds with them on their voyages to Africa and Asia.

The peanuts flourished on both continents and were incorporated into many traditional food cultures throughout. Because the peanut was considered a sacred food, they were placed aboard African slave ships traveling to North America during the beginning of the slave trade. This is how they were first

introduced into the southern regions of the United States.

During the 19th century, peanuts gained popularity in the U.S. because of the efforts of African-American botanist named George Washington Carver and a physician in St. Louis, Missouri, who created a ground up paste made from peanuts and prescribed it to his patients. While he may not have actually invented peanut butter, since peanut paste had been used by many cultures for centuries before, the paste gained popularity and soon became known as peanut butter.

Here is an interesting peanut recipe to try:

### Papaya and Peanut Salad

#### Ingredients

- 1 large papaya, about 1 ½ pounds (skin removed and thinly sliced)
  - ½ small nappa cabbage (shredded)
  - 2 carrots (shredded)
  - ½ bunch mint (roughly chopped)
  - 1 red onion (thinly sliced)
  - 8 ozs. cherry tomatoes (halved)
  - 4 ozs. green beans (sliced)
  - 8 ozs. unsalted peanuts (roasted)
- #### Dressing
- 3 tblsp. fish sauce
  - 3 tblsp. rice wine vinegar
  - 1 tsp. sesame oil
  - 1 lime (juiced)
  - 2 tblsp. palm sugar or brown sugar
  - 1 clove of garlic (minced)
  - 1 serrano pepper (seeded and finely chopped)

#### Method

To make the dressing: Place all the ingredients in the bowl and mix until well blended.

To assemble the salad: Place all the

vegetables in a bowl, then place the peanuts on top of the vegetables. Pour the dressing over the peanuts and toss the salad.

Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel. For volunteer opportunities or questions, contact him at [kitchen@sanibelcommunityhouse.net](mailto:kitchen@sanibelcommunityhouse.net) or call 472-2155.✳

## Adult Programs At Sea School

**O**n November 2, Sanibel Sea School will launch its first session of adult programs for the 2018-19 season, called Sanibel Sea School Lifers. The organization's adult offerings have been completely restructured this year, and will offer something for everyone. There will be boat trips, guest speakers, social events, documentary screenings and other offerings.

"We believe that learning is at its best when it is enjoyable, locally and culturally relevant, and tied to meaningful experiences," said Director of Education Shannon Stainken.

The programs will be divided into three series – fall, winter and spring. Each will have a theme, and there will be a variety of learning opportunities related to that theme.

First up is Fisheries Management. "We live in an area with a rich fishing history, and both commercial and recreational fishermen are affected by the

management choices we make, so this topic is very interesting and applicable," said Stainken, who explained that, while the topic should be taken seriously, the learning will be fun. "We planned an evening of Fish Bingo, screenings of some of our all-time favorite documentaries, and a fly tying workshop, because we thought these were things our community could really look forward to. We hope everyone will come out and join us."

Sanibel Sea School Lifers Fall Schedule:

November 2 (9 a.m. to noon): Boat Excursion with Doc Bruce – Save Our Fish;

November 9 (7 to 9 p.m.): Film & Discussion Night – The End of the Line;

November 16 (4 to 6 p.m.): Social Event – Fish Bingo;

November 28 (7 to 9 p.m.): Fly Fishing Films & Discussion – Fly Fishing in the Anthropocene & Select Shorts

November 30 (4 to 6 p.m.): Guest Lecture – Dr. Ross Boucek from Bonefish & Tarpon Trust;

December 14 (7 to 9 p.m.): Fly Tying Workshop with Local Notaries;

December 7: Ocean Ornament Making during Sanibel Luminary Festival; no charge.

Most scheduled programs are \$20 per person and do not require advance registration, but there are some exceptions. Sanibel Sea School will also offer weekly boat trips in November and December.

For more information and to register, visit [www.sanibelseaschool.org/sanibel-adult-classes](http://www.sanibelseaschool.org/sanibel-adult-classes) or call 472-8585.✳



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[jerrysfoods.com](http://jerrysfoods.com)

At Periwinkle & Casa Ybel



Strawberry and Grapefruit Cocktail

photo courtesy Fresh From Florida

**Strawberry and Grapefruit Cocktail**

4 cups fresh strawberries  
 2 cups grapefruit juice  
 1/3 cup Key lime juice  
 1/4 cup orange blossom honey  
 4 quarts sweet tea (your favorite)  
 Grapefruit vodka (optional, to taste)  
 Place the strawberries in a food processor or blender and blend until completely smooth. Pass through a fine strainer to make a velvety puree (optional). Combine all ingredients (except the vodka) and stir to combine. Add vodka, if desired, to individual servings. Served chilled, over ice.\*

**LIVE ON THE ISLANDS**

**Il Cielo** has live entertainment with Scott McDonald on Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday.

**Island Cow** on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it's Dan Confrey.

**Traditions on the Beach at Island Inn** has live entertainment on Friday with Woody Brubaker and Marvella Marzan. Dusk performs on Saturday. Woody Brubaker plays on Sunday. Dusk returns on Wednesday.

*Restaurant owners/managers, please email or fax any changes to your entertainment schedule to [press@islandsunnews.com](mailto:press@islandsunnews.com) or 395-2299.\**

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The Only Dockside Dining on Sanibel  
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**Get The Word Out About Your Take-Out!**  
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# HOWL-O-WEEN

Celebrity  
*Drag Queen*  
Costume Contest  
**PARTY**

**Wednesday, October 31st**  
**5-8pm at Lily & Co. Jewelers**

**\$35 ENTRANCE FEE INCLUDES:**  
Delicious buffet-style meal, refreshments  
and 2 drink tickets. Sponsored by  
Sanibel Catering & Lily & Co.



JOEY A.



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DOUG B.



WHITNEY J.



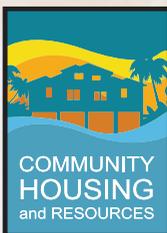
CRAIG A.



ERIC P.



DAN S.



To Benefit CHR  
Live Music By  
Marty Stokes Band  
featuring  
Jennifer Mazziotti



# French Pastry Class A Success



**Chef Andre Gratesol and his assistant Cassie demonstrate how to assemble strudel using puff pastry** photo provided

The second in a series of French pastry classes held at The Community House gave the students more than they expected.

Master Baking Chef Andre Gratesol of Aux Delices and his assistant, Cassie, demonstrated many well-known French favorites made with puff pastry. From Napoleons to Palmiers, from savory to sweet, made with apples, apricots, pastry

crème, this was a class to be remembered. Participants tasted the finished products and took samples home to share.

Chef Andre will be holding his next class on Friday, November 16 making macarons and a special bread. Cost is \$50 and class size is limited. Sign up online at [www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net), or call The Community House at 472-2155.\*



**From left, Best in Show winner Angela Scozzari, Lauren Huff and Jack O'Brian**

photo provided

## Gallery Manager Selected To Jury Naples Exhibit

The Naples Art Association selected BIG ARTS Programs Coordinator and Gallery Manager Lauren Huff to jury its latest exhibit, *Feel The Art*, which opened on October 1. The exhibit encourages visitors to touch and interact with the pieces in the exhibit.

Last season, BIG ARTS hosted its own touch show, *Please Touch The Art*, in the Founders Gallery, juried by the curator of the Naples Art Association Jack O'Brian.

"It was pleasure working with Jack last year on our touch show," said Huff. "I was thrilled when he reciprocated and asked me to jury their touch show. It's great to get off the island and

work with fellow arts organizations in Southwest Florida."

Huff was on hand for the award ceremony during the opening night reception for the exhibit held on September 28 at the Naples Art Association. "This was a fantastic opportunity to reach out and meet new exciting artists that haven't yet made their way north to Sanibel," she said. "It's also a fantastic opportunity for us to reach new people off the island and let them know about some of the amazing artists and exhibitions we have at BIG ARTS this season."

Jurying shows is just one of the ways BIG ARTS looks to reach out and partner up with other regional artists and art associations in Southwest Florida and beyond.

"BIG ARTS is always looking at new ways to bring the incredible Southwest Florida art scene to Sanibel, as well as

continued on page 39

### Where The Locals Shop!

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### WHAT'S NEW?

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BV donates \$1 per bottle to Oceana to conserve our oceans for future generations.

**Stolen Spirits**

11-Year-Old Whiskey and Smoked Rum

**"Drink it like it's Stolen!"**

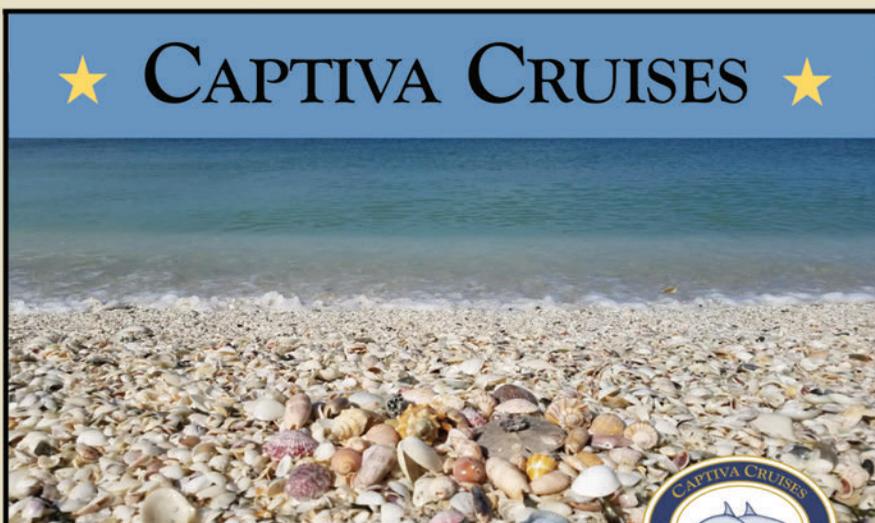
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## CAPTIVA CRUISES



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Beach & Shelling ★ Boca Grande ★ Dolphin Adventures

Pine Island ★ Gulf of Mexico Sunsets ★ Private Charters



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[CaptivaCruises.com](http://CaptivaCruises.com)

Call or Book Online - Reservations Required



Second place: *Female Anhinga* by John Hoyt

photos provided

From page 1

## Photo Contest

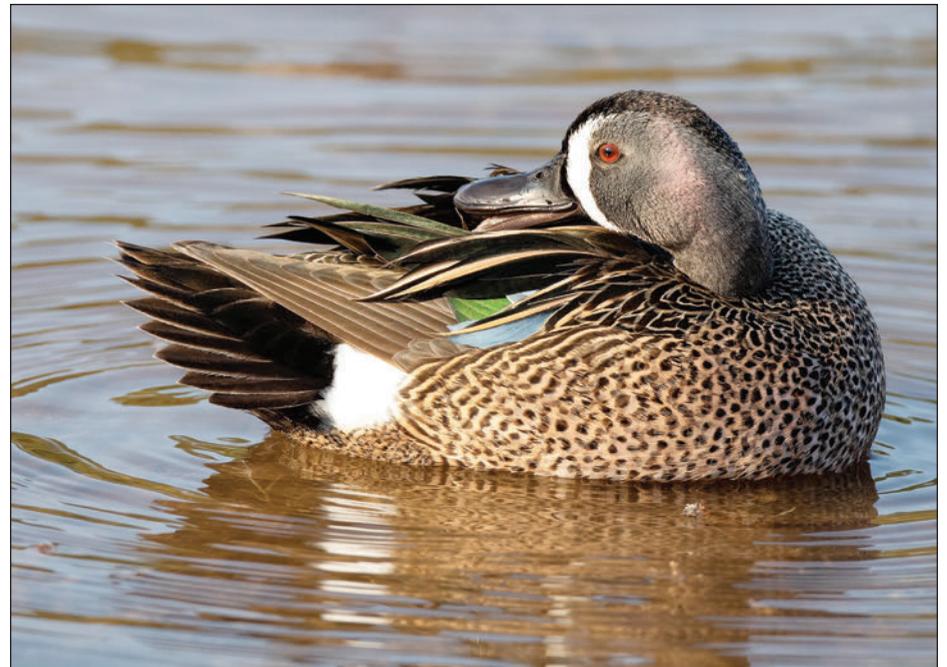
Refuge Ranger Monica Scroggin, the third judge.

"We always choose three judges for the contest," said Terry Baldwin, who coordinates the contest along with DDWS Development Officer Sierra Hoisington. "A refuge staff member, a professional photographer and a member of the

Sanibel community."

The three winners received cash awards from DDWS at the presentation on Saturday – \$250 for first place, \$150 for second and \$100 for third. Each honorable mention winner received a \$25 award, which reflects a refund of the contest entry fee.

The winning photographs and honorable mention award entries will be on display in the Refuge Education



Third place: *True Blue* by Cheri Hollis

Center throughout the year.

To view the other top-ranking entries, visit [dingdarlingsociety.org/articles/photo-contests](http://dingdarlingsociety.org/articles/photo-contests).

Honorable Mentions (in alphabetical order):

Ronald Clark, Milburn, New Jersey – *Who Is in Charge Here?*;

Rebecca Clemens, Sanibel – *Morning Hunt*;

Heidi Dirkse, Wolverine, Michigan – *Shades of Green*;

Bill Fischer, Sanibel – *Mangrove Cuckoo Resting on Branch*;

Christie Hammond, Nashville, Tennessee – *Early Morning Reflections*;

Valerie Heldt, Cape Coral – *Fungus Among Us*;

Kent Jager, Sanibel – *Illuminated Gator*;

James Lotstein, Canton, Connecticut – *Look at Me*;

Barry Nagle, South Barrington, Illinois – *Tug o' War*;

Linda Normoyle, Fort Myers – *Baby Tri-colored Heron*;

Anthony Pietranello, Merrick, New York – *The Dance*.✧

Eat, Drink & be scary

COSTUME CONTEST CASH PRIZES

**\$1,000** Grand Prize  
**\$500** 2nd PLACE  
**\$250** 3rd PLACE

HALLO' TWEEN



'TWEEN WATERS  
 ISLAND RESORT & SPA

Saturday,  
 October 27

Wristbands \$10

(21 and up only after 10pm)



CROW'S NEST

Bar open 4pm-2am

Dinner 5pm-10pm

Gatlin 9:30pm-1am

CANOE & KAYAK

Dinner 5pm-9:30pm

WAKEFIELD ROOM

DJ/Dance Party 10pm-2am

BIG ARTS Ethics Film Series

*Incendies*

by Ron Green



On Wednesday, October 24 at 12:30 p.m., the Island Cinema will show *Incendies*, the second film in this year's BIG ARTS Ethics Film Series. The film runs 131 minutes. After the

movie, a discussion will take place at the cinema. Other films in the series will be announced prior to the weekly showing.

*Incendies* is a 2010 historical drama directed by Denis Villeneuve and based on the play of the same name by Wajdi Mouawad. It stars Lubna Azabal as Nawal Marwan, a refugee from the Lebanon civil war, residing in Montreal. When Nawal suddenly dies, her grown twins, Jeanne (Mélicca Désormeaux-Poulin) and Simon (Maxim Gaudette), are sent on a journey to the Middle East in search of their tangled roots. What they learn about their mother's unknown previous life and their family history is shocking.

While most films reflect the ethical values of the world they present, only a select few films present sharp and not easily resolved conflicts between competing ethical values. Each of the four films in this series asks its leading characters and viewers, "In view of the

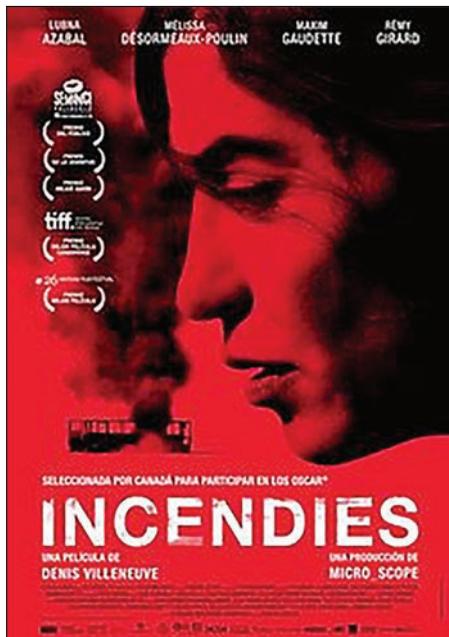


image provided

values in conflict at the center of this story, what is the right thing to do?"

Among the ethical questions raised by *Incendies*: "Are there limits to a mother's love?" and "Can love transcend ethics? Should it?"

Wednesday's discussion will be led by Ronald M. Green, Sanibel resident and professor emeritus for the study of ethics and human values at Dartmouth College. Tickets are \$7 available at BIG ARTS or on the day of the film at Island Cinema, located at 535 Tarpon Bay Road in Bailey's Center.\*

Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to [Islandsunpoetry@gmail.com](mailto:Islandsunpoetry@gmail.com). Each week, an individual poem will be showcased.

selected by Hannah Star Rogers

**Sand Fairies For EJ**

by Hannah Star Rogers

As soon as the waves receded, the tidal faires

appeared and moved first to one pale rock

and then another, exploring Barnacles with tiny hands and

growing quicker as they tried the dark doors of shells,

snatching back damp fingers from the orange tongues of molluscs,

taking shelter in the dunes under undulating seagrass

towers, shimming up for a view of the moon.

Hannah Star Rogers holds an MFA from Columbia University and a PhD from Cornell University. Her writing has appeared in the *Kenyon Review*, *LA Review of Books*, *Carolina Quarterly* and *Southern Women's Review*.\*

International Games Week At Captiva Library

Branches of the Lee County Library System will join more than a thousand libraries around the world during International Games Week, November 4 to 10, as they transform their libraries with games. Like many other libraries across the country and around the world, Lee County libraries will offer special gaming programs and events suitable for the whole family.

International Games Week is an international initiative supported by the American Library Association, the Australian Library and Information Association, Nordic Game Day and L'Associazione Italiana Biblioteche. For more information on International Games Week, visit the Games in Libraries blog <http://games.ala.org>. For more information on the events at Lee County Library System, visit [www.leelibrary.net](http://www.leelibrary.net)

continued on page 30

*The Launch*

SATURDAY, NOVEMBER 17TH  
6:00 - 10:00 PM

*location*

The Sanibel Community House

*attire*

Island Casual

*Guests will enjoy dinner and drinks, auctions, entertainment, and more.*

Celebrating The Past, Present and Future of Our Coastal Heritage

Tickets are \$100 per person  
To reserve your spot, please contact Sam Lucas at (239) 472-8585 or purchase tickets at [sancapcoastalkeepers.org/the-launch](http://sancapcoastalkeepers.org/the-launch)

Proceeds will fund local conservation initiatives created by Coastal Keepers, the conservation initiative branch of Sanibel Sea School, a 501(c)3 non-profit corporation.

COASTAL KEEPERS



# Give Back Wednesday Halloween Party

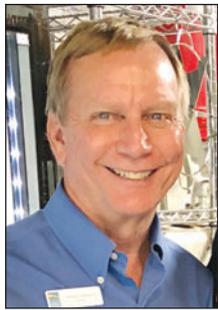
The next Community Housing & Resources (CHR) fundraiser, Give Back Wednesday, will be a Halloween party on Wednesday, October 31 from 5 to 9 p.m. at Lily & Co. Jewelers. Co-sponsoring the party with Lily & Co. is Sanibel Catering Company. Guests can vote for the best-dressed drag queen contestant and listen to live music by the award-winning Marty Stokes Band.

“CHR is a valuable organization that provides affordable housing on the island, which gives its qualified tenants an opportunity to be a part of this special community,” said Dan Schuyler, co-owner of Lily & Co. with realtor Karen Bell. “It was an easy decision to be a part of its Give Back Wednesday fundraiser.”

Lily & Co. dedicated its 12th anniversary celebration in July to CHR.

“Our community benefits from affordable housing in many ways, but social and economic diversity is a priority for Sanibel and part of the Sanibel Plan,” said CHR Board President Richard Johnson, owner of Sanibel Catering Company.

Eight local celebrities – Richard Johnson, Bailey’s General Store; Joey Almeida, Joey’s Custard; Jeramie Campana, Paper Fig Kitchen; Craig Albert, Sanibel Captiva Community Bank; Whitney Jones, Whitney’s Bait and Tackle; Doug Babcock, Sanibel Captiva Beach Resorts; Eric Pfeifer, Pfeifer Realty



Richard Johnson



Jeramie Campana



Dan Schuyler



Whitney Jones



Joey Almeida



Doug Babcock



Craig Albert



Eric Pfeifer

Group; and Dan Schuyler, Lily & Co. – will transform into drag queens for the cause. They will each to walk “the red carpet” and perform under a hand-picked stage name at 7 p.m.

“We are grateful to these generous members of our community for dressing in drag to help our island be a better place to live and work,” said CHR Executive Director Melissa Rice. “It will be a don’t-miss evening of music, food and laughter.”

Guests will vote for their favorite drag queen contestant, with the winner being the one raising the most money. There will

be live and silent auctions. Sanibel Catering Company will serve a buffet-style meal and refreshments, including a cash bar of wine or beer. The entrance fee of \$35 includes food and two drink tickets.

Tickets to the Halloween party can be purchased in advance at Lily & Co. Jewelers, 520 Tarpon Bay Road, or Bailey’s General Store, 2477 Periwinkle Way. All proceeds benefit CHR.

“This Halloween party is our way of showing our gratitude to the community and giving back in a meaningful way – through CHR,” said Schuyler.✧

# American Legion Post 123

American Legion Post 123 is serving stir fry this Sunday, October 21 from noon to 8 p.m. The following Sunday, October 28, barbecued ribs and chicken are on the menu from noon to 8 p.m.



On Tuesdays, tacos are served all day. Spaghetti and meatballs are served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

Every Monday night beginning at 5 p.m., the 8 Ball Pool League is in play.

The American Legion Ladies Auxiliary is having a bake sale and shell ornament sale on Saturday, October 27 from noon to 6 p.m. The auxiliary is also collecting non-perishable items for FISH of SanCap throughout October.

If you have a flag that needs to be retired, drop it off at Post 123.

American Legion Post 123, located at Mile Marker 3 on Sanibel-Captiva Road, is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome. For more information, call 472-9979.✧

## “Top 5 Breakfast in Florida” - Southern Living

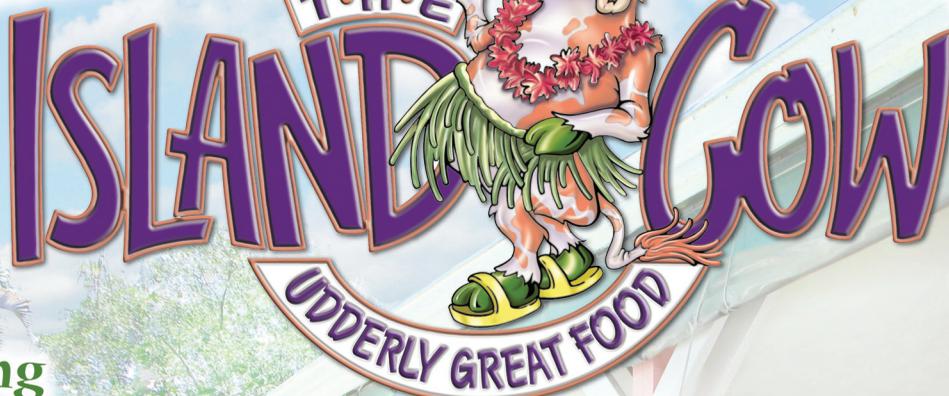
# BEST LUNCH & BEST FAMILY DINING



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## Book Review

# The Good Son



by Di Saggau

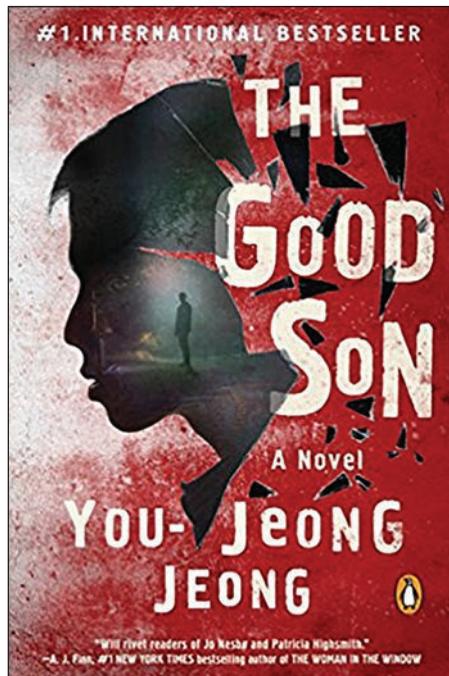
I read about *The Good Son* by You-Jeong Jeong in a recent issue of *Entertainment Weekly*. It definitely caught my attention because it is Jeong's first novel to be translated

into English. She is South Korea's preeminent author of psychological thrillers, and now it has arrived here. It's an ingeniously twisted mother-son saga that keeps your heart pumping and then breaks it.

With great precision and unflinching bluntness, Jeong takes readers into the mind of her tormented main character, Yu-jin, a young man with a faulty memory and some very dark secrets. The story is original, unpredictable and a shocker. It asks the question, who can you trust if you can't trust yourself?

Early one morning, 25-year-old Yu-jin wakes up smelling a strange metallic odor and receives a phone call from his brother asking if everything's okay at home. He discovers he missed a call from their mother during the night. Yu-jin soon finds her murdered body, at the bottom of the stairs of their duplex in Seoul, lying in a pool of blood.

Having suffered from seizures for most



of his life, he can't remember much about what occurred the night before. All he has is a faint impression of his mother calling his name. But why was she calling him for help or begging for her life?

Yu-jin begins a frantic three-day search to try and uncover what happened that night. He finally learns the truth about himself and his family. *The Good Son* explores the mysteries of mind and memory, and the twisted relationship between a mother and son. A protagonist whose memory loss

coincides with the gruesome discovery of his mother, makes this crime fiction story well worth reading. Yu-jin has lost time and tries to put all the pieces back together. The story takes many directions and leads the reader somewhere never expected.

I highly recommend *The Good Son* for the seasoned crime reader who doesn't mind bloody scenes and appreciates a head-on, no-holds-barred candid story that sends chills down one's spine. I hope a future translation of Jeong's work comes our way soon.✱

## School Smart



by Shelley M. Greggs, NCSF

**D**ear Readers,

As a former director of a very large, urban public school gifted program, I worked diligently to provide the gifted students with the variety of

resources needed for their educational experiences. And as a parent of gifted children, I have first-hand knowledge of their social and emotional needs as well.

Working with and parenting a gifted child is both exhilarating, frustrating and exhausting. Looking from the outside in, it might seem wonderful to have a 3-year-old who reads fluently or not to have to help your child with their homework, but there are other challenges.

Does this sound like a child you know? The 7-year-old who wants to learn algebra, and is quite capable, but can't remember to bring home her spelling book? Is it the child who writes amazing stories, perhaps books, but refuses to write his five-paragraph essay homework?

Gifted people and parents of gifted children often feel isolated and misunderstood, and this can have detrimental effects on mental and emotional well-being. Parenting the gifted often brings unusual challenges including social/emotional and educational concerns. Approximately 8 percent of gifted individuals are also Twice Exceptional or 2E children, those who are gifted and learning disabled – at the same time. These additional challenges often confound gifted identification and complicate gifted education.

Community resources for parents of the gifted as well as gifted students themselves are few in most areas, however there are some great online resources. This fall, there is an opportunity to participate in online support groups through SENG,

(Supporting Emotional Needs of the Gifted), an association dedicated to meeting the social and emotional needs of the gifted and their families although there is a fee involved. You may contact them at [office@sengifted.org](mailto:office@sengifted.org) or 844-488-SENG.

Other excellent online resources include Hoagies' Gifted Education Page, "the all-things-gifted site, full of resources, articles, books and links to help and support parents, teachers, and gifted children alike," or visit [www.hoagiesgifted.org](http://www.hoagiesgifted.org).

Another premier association for the gifted is the NAGC (National Association for Gifted Children) at [www.nagc.org/about-nagc](http://www.nagc.org/about-nagc). "NAGC's mission is to support those who enhance the growth and development of gifted and talented children through education, advocacy, community building and research. We aim to help parents and families, K-12 education professionals including support service personnel, and members of the research and higher education community who work to help gifted and talented children as they strive to achieve their personal best and contribute to their communities". Membership in this organization includes participation in up to three of their networks or special interest groups such as assessment, STEM, creativity and many other topics.

I urge you to get involved with any or all of these groups. Their information is evidence (research) based, and you will find a sense of community that may dispel that feeling of aloneness that many parents of the gifted and the gifted themselves experience.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to [smgreggs@gmail.com](mailto:smgreggs@gmail.com). Not all questions submitted can be addressed through this publication.✱

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\*Excludes Frontline and Coffee Table Books

From page 28

## Captiva Library

or call 479-INFO to find a games program near you.

Schedule of events at Captiva Memorial Library, located at 11560 Chapin Lane:

Variety Games, November 6 to 10 – Available during normal library operating hours: Tuesday, Thursday: 10 a.m. to 6 p.m.; Wednesday: noon to 8 p.m.; Friday, Saturday: 9 a.m. to 5 p.m. Drop in during regular library hours. A variety of board games will be available to play.

Checkers, November 6 to 10 – Available during normal library operating

hours: Tuesday, Thursday: 10 a.m. to 6 p.m.; Wednesday: noon to 8 p.m.; Friday, Saturday: 9 a.m. to 5 p.m. Play classic checkers or try other versions such as Fox and Geese, Give Away, Shifting Pyramids, Corner Checkers or Goban. Instructions included. Alternatively, reverse the field and play Tic-Tac-Toe or Super Tic-Tac-Toe.

Cornhole Game, 2 to 4 p.m. Friday, November 9, and Saturday, November 10 – Cornhole or beanbag toss is a lawn game in which players take turns throwing bags of corn at a raised platform with a hole in the far end. A bag in the hole scores three points, while one on the platform scores one point.✱



Ann Hood photo by Beowulf Sheehan

## Sanibel Island Writers Conference

Florida Gulf Coast University invites working and aspiring writers to learn from and mingle with published authors, editors and literary agents at the 13th annual Sanibel Island Writers Conference, to be held November 8 to 11 at BIG ARTS.

Registration is open for a variety of paid workshops, panels, lectures and readings presented by acclaimed

and experienced writers and teachers. Bestselling authors Ann Hood and Joyce Maynard and celebrated singer-songwriter Alastair Mook headline the conference, which also features some free events.

Keynote speaker Hood is the author of 14 novels, including the bestsellers *The Knitting Circle*, *The Obituary Writer* and *The Book That Matters Most*. She has published three memoirs, most recently *Morningstar: Growing Up with Books*. Hood's presentation is free and open to the public and begins at 6 p.m. on Saturday, November 10 in Schein Hall at BIG ARTS. Authors Jill Bialosky and John Dufresne also will do readings.

Maynard's most recent memoir, 2017's *The Best of Us*, is about finding her husband and losing him to cancer four years later. She also wrote the darkly comic novel *To Die For*, which was adapted as a film starring Nicole Kidman. Maynard will give a free public reading along with award-winning poet January Gill O'Neil and bestselling travel writer Stephanie Elizondo Griest at 6 p.m. on Friday, November 9 in Schein Hall.

Folk and Americana singer-songwriter Mook will perform at 6 p.m. on opening night of the conference. Poet Major Jackson and bestselling author Steve Almond will give readings before the free public show in Schein Hall.

For a complete schedule of workshops, presentations, panels and readings, visit [www2.fgcu.edu/siwc](http://www2.fgcu.edu/siwc), where you can also register. For more information, contact conference director Tom DeMarchi at [tdemarch@fgcu.edu](mailto:tdemarch@fgcu.edu) or 590-7421. BIG ARTS is located at 900 Dunlop Road.✱



Deanna Evans leads Family Storytime at Sanibel Public Library

photo provided

## Tech And Youth Programs At Sanibel Library

Parts of the Sanibel Public Library are being renovated as the facility is open for normal operating hours. Popular services like computers and printers, high speed WiFi, newspapers, puzzle table and the Reading Porch are available. There is a big sale going on in

the library, with hundreds of books, DVDs and music CDs available for purchase.

The library is offering a new service to cardholders, called Freegal music. Freegal offers access to about 15 million songs, including Sony Music's catalog. Download up to three songs or videos per week using your library card. If you need help with any of the services offered on the eShelf, call 472-2483 to make an appointment with staff.

Weekly youth events run October 16 continued on page 34

Save the time, purchase your admission and CROW Bucks online!

Inside the Community House:  
**Meet CROW's Animal Ambassadors!**

**CROW Presentations**  
1:00, 2:00 & 3:15 pm

Enjoy Live Music by: **PRIVATE STOCK**

Enjoy Silent Auction

Presenting Sponsor

Support local businesses affected by red tide!

**Sunday, November 11**  
**12:30 p.m. - 5 p.m.**  
**at Sanibel Community Park**

Admission \$7, Under 12 Free

Redeem your toll receipt for \$2 in CROW Bucks!

Thank you to our sponsors!

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Silver: SUNCOAST BEVERAGE, FREDRICKS & CO., Dave & Jennifer Nichols

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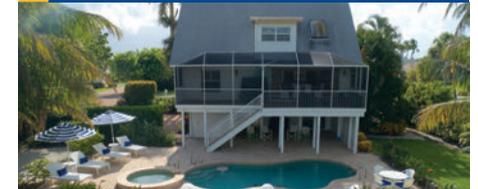
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#### CAPTIVA - BELLE MAR

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#### PREMIER SANCTUARY GOLF CLUB

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Barbara Beran accepting the award from Elisha Baird

photo provided

## Zonta Club Recognized For Charitable Work

submitted by Sue Denham

At the regular Zonta Club meeting on October 3, Habitat for Humanity of Lee and Hendry Counties presented a recognition award to the Zonta Club of Sanibel-Captiva to thank Zonta for its sponsorship of, and service to, Habitat's 2018 Women Build project.

The award, presented by Elisha Baird, community program director for Habitat for Humanity, was accepted by Zonta Club President Barbara Beran.

"We are so happy and proud to support and be a part of the Women Build program and to be able to empower women through affordable home ownership," said Beran.

Habitat's Women Build project involves building and rehabilitating houses to provide safe, low-cost homes for Lee County residents who qualify within certain guidelines; Zonta's sponsorship for the past three years has helped provide homes for female heads of household and their children.

In addition to monetary grants, Zonta

supports the Women Build program in Lee County through hands-on service. Zonta volunteers provide physical labor at various locations, accomplishing such tasks as exterior and interior painting and laying flooring, while working under the guidance of construction professionals and alongside other volunteers and future Habitat homeowners.

The Zonta Club of Sanibel Captiva was also recognized at Zonta's District 11 Conference, held from September 28 to 30 at the Sanibel Harbour Marriott Resort & Spa, receiving outstanding performance awards for club activity and initiative as well as for service and advocacy.

"Our club always strives to do its best to bring the problems women face to the attention of the public and to help women and children in need," added Beran.

In fact, the successful relationship between Zonta of Sanibel Captiva and Habitat's Women Build program has led to Women Build being named Zonta District 11 Project for 2018-19. District 11 is composed of the southeastern United States – Alabama, Florida, Georgia, Mississippi, North and South Carolina and Tennessee – as well as the Bahamas, Puerto Rico and the British Virgin Islands.

For more information or to learn about joining Zonta, visit [www.zontasancap.com](http://www.zontasancap.com) or email [info@zontasancap.com](mailto:info@zontasancap.com).\*

From page 31

## Sanibel Library

through November 15:

Geared specifically for children in fourth through sixth grade, the After-School Clique meets on Tuesdays at 3 p.m. The group will be crafting, building, making and playing, with books and a snack.

Family Storytime for preschoolers and their caregivers will be held on Wednesdays and Thursdays at 11 a.m. The program helps develop pre-reading skills through songs and stories.

The After-School Crew, for children in kindergarten to third grades, meets at 3 p.m. on Thursdays. Favorite books, never-knew-existed books, games and

crafts, plus a snack will be provided.

If you love dogs and books, you can read to Bessie, a bearded collie and reading education assistance dog. Sign up on-the-spot on rain-free Thursdays at 3:45 p.m. The program finishes by 5 p.m.

Weekly children's programs are listed on the library's online calendar.

On Friday, October 26 from 10 a.m. to 1 p.m., learn about 3D Printing with Makerbot in the ThinkTank. See an object printed. Print a small object with Makerbot 3D printer. The Makerbot demonstration will be repeated on Tuesday, October 30 from 1 to 3 p.m.

No advanced registration is required for these library programs.

For more information, call 472-2483 or visit [www.sanlib.org](http://www.sanlib.org).\*



### EASY LIVING AT CAPTAINS WALK

Well-equipped & with remodeled bath, new HVAC, & impact windows, this unit is an easy-access 1st level 1 bedroom. Just steps to carport, guest parking, laundry, & community docks with kayak/canoe racks. Convenient to both gulf & bay beaches, causeway, marina, bike path, & east-end restaurants/shops. \$239,000 furnished



### TAKE YOUR PICK AT MARINER POINTE - WATERLOVERS' PARADISE

Offering two 2-bedroom 2-bath condos: #1061 is bay-front ground-level reconfigured with waterside screened lanai (~900 sq. ft.); #312 is 2nd floor remodeled bay-view, expanded with balcony enclosed with impact glass (~1,130 sq. ft.). Though at different ends of this 100-unit peninsula, both are handy to the community's two swimming pools, canal-side deep-water-access boat dockage, tennis/pickleball courts, bbq areas, private fishing pier, & shuffleboard. Deeded beach access path on East Gulf Dr. Both now are used as 2nd home/vacation properties, but with weekly rentals allowed here, could easily become income-producing investments too. \$499,900 partly furnished & \$599,000 fully furnished



### POINTE SANTO PRIVATE ROOF-TOP

Reap the benefits of rental income & this ~324 sq. ft. perch in the sky above condo #C43. Decorator-furnished 3 bedroom with expansive water views at mini-resort with 600' of beach, gulf-side pool & clubhouse with spa, sundeck, & activities. Tennis, bbq areas, shuffleboard, & Wi-Fi. \$1,125,000 furnished, future bookings convey too



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### RESIDENTIAL SUNSET SOUTH

This condo lives like a home. Natural view over Sanibel River to golf course. Top-floor #6D has semi-private elevator, garage, big storeroom, & recently-remodeled interior including new kitchen & baths, easy-care wood-look tile floors, & washer/dryer hookups. Beachside clubhouse has pool & social activities. \$649,000 partly furnished



### TRICK OR TREAT - GUMBO LIMBO

In a community known for being family-friendly, 9441 Peaceful Dr is one of the last remaining vacant parcels. Deep into the subdivision it backs to conservation land. Handy to causeway, bike paths, shopping, bay, & beach. Wide configuration offers flexibility in the size/type of single-family home that could be built here. \$249,000



### BEACH-FRONT MOONSHADOWS #2C

Lowest-priced Sanibel gulf-front home. Reconfigured remodeled. This spectacular view from great room & master suite. Open white bright kitchen. 3 bedrooms 3 full baths. Lower-level family room & beachside patio too. Not a condo, though 12 owners in this private residential community share the pool & tennis. \$1,695,000 furnished



### BELLE MEADE NEAR SCHOOL & REC

Single-family home lot at 9270 Kincaid Ct on private road with preserved land across street. ~10,270 sq. ft. Midway between Sanibel & Captiva. In addition to being handy to school & recreation center, also convenient to wildlife refuge, bike path, & Sanibel Center. Great entre to the island. Build now or later. \$149,000

# Paper Fig Kitchen Hosts Give Back Wednesday Fundraiser



From left, Eric Carlson and Mona Strasser with Debra Campana, owner of Paper Fig Kitchen, who hosted the Give Back Wednesday fundraiser for Community Housing and Resources (CHR) on October 3. Proceeds from the day's sales were donated to the organization for affordable housing on the islands.

photos provided



From left, Richard Johnson, Jeramie Campana, owner of Paper Fig Kitchen, and Dan Schuyler



Patty Zimmer and Maureen Black Tesoro



Holly Smith and Melissa Rice



Emerson and Christopher Lange



Melanie Moraga and Bailie Johnson



Lena and Steve Brown



From left, Henry, Sandy and Les Boyle



From left, Birgit Peck, Melanie Congress and Doreen Ruane

## Assistant Manager Hired For Refuge Store

Carrie Harmon recently accepted the full-time position as assistant manager for the Refuge Nature Store operated by the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) at the JN "Ding" Darling Wildlife Refuge. She, along with Chris Galloway, serve as support staff for store manager Ann-Marie Wildman.

A native of Casper, Wyoming, Harmon moved to Sanibel from Fort Collins, Colorado with her then-fiancé Paul in August 2017, about two weeks before Hurricane Irma hit. The two married on September 18, 2018.

"We gave out stainless steel straws as wedding favors and asked our guests, in lieu of gifts, to make a donation to CROW or Coastal Keepers," said Harmon. "We had a dollar donation dance to benefit the refuge planned for our reception but we were unable to have it due to rain."

Harmon works part-time for the Condominiums Association of Sanibel Island and volunteers her time to a number of charitable events, including DDWS' Go Wild for "Ding" fundraiser in February and "Ding" Darling & Doc Ford's Tarpon Tournament in May.

"We went to the Nature Store holiday shopping event in 2017 and not only took care of all of our Christmas



Carrie Harmon photo provided

shopping but also befriended many of the society and refuge employees," said Harmon. "The evident passion and vibrancy of everyone involved with the refuge and the legacy of 'Ding' inspired us to find ways to give back to the refuge and help in whatever way we could. Driving through the refuge and kayaking the trail in Tarpon Bay are two of the things we make a point to do with visiting friends and family."

"Carrie's enthusiasm and energy have already proved invaluable in the Nature Store and beyond," said Wildman. "She has quickly become an asset to the entire 'Ding' team."\*

## Chamber Adds Director Of Technology

The Sanibel & Captiva Islands Chamber of Commerce welcomed Cory Mills to its team as director of technology and visitor experience, a reinvented position born out of changes coming to the visitor's center.

Renovations are under way at the chamber visitor's center, which welcomes more than 100,000 people each year, to introduce modern technology for today's traveler while keeping its vibrant coastal feel. The project includes complete interior renovations of the ground floor and digital displays that can change dynamically versus static displays. Mills will assist visitors and members with the technology.

"He will be communicating with our members, so they get the most out of the new displays, and lending a hand as needed to our visitors who will have an enhanced experience at our visitor's center," said Chamber President John Lai. "We are pleased to have him join our team."

Mills is a Florida native, growing up on his family's multi-acre land in Lakeland. In his spare time, he enjoys boating and activities with his family.

"I have visited the islands, but my wife grew up spending summers on Sanibel," said Mills. "So, I know it's a special place and look forward to getting to know the islands and members better."

Mills is excited about the upgrades. "It

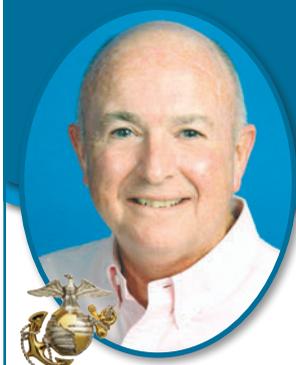


Cory Mills photo provided

will provide more options for our visitors, including quick ideas for day trippers," he said. "Our members will have more detailed data on exposure and flexibility for short-term promotions."

Mills will also oversee the many volunteers it takes to run the visitor's center 365 days a year. A temporary visitor's center is located in the parking lot at 1159 Causeway Road, with renovations scheduled to be completed in early November. The public is invited to a ribbon cutting, planned for Luminary Night, December 7.

For more information, visit [www.sanibel-captiva.org](http://www.sanibel-captiva.org) or call 472-1080.\*



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#### 3941 Coquina Dr.



New! New! New! 3 BR/2 BA, great room, fire place, impact glass and enclosed salt water pool.

**\$899,000**

#### Seashells of Sanibel #43



2BR/2BA with 3-day minimum rentals. Quiet location, deeded beach access close by. A great investment opportunity.

**\$329,000**

#### Seashells of Sanibel #36



Easy walk to beach from this 2BD/2BA second floor condo. Great rental income. 3-day minimum rentals.

**\$380,000**

#### 3790 West Gulf Dr.



Across From Beach! Fabulous renovation of this 3 BD, 2-1/2BA plus office elevated home Great room with gas fireplace. Kitchen, dining and master all access the screen enclosed deck overlooking the oversized salt water pool

**\$1,699,000**

#### 836 Donax St.



Sanibel Shores opportunity. 3 BR/2BA single family with WEEKLY RENTALS. Community pool and easy walk to beach

**\$599,000**

#### 9248 Kincaid Ct.



Perfect investment opportunity. 2 BR/1BA; Close to school and Rec Center; Move in ready!

**\$429,000**

#### 3832 Coquina Dr.



West Rocks w/deeded beach access, 3-BD en-suites, open great room. Private elevator, large studio/workout area. Enclosed lanai overlooks pool with beautiful lake views.

**\$1,100,000**

# Rotary Happenings

submitted by Shirley Jewell



Our guest speaker last Friday was Rotary District 6960 Governor Sandra Hemstead. Hemstead doesn't just talk the talk, she exemplifies the extraordinary leadership qualities of a dedicated Rotarian who, as she explained it, dreams of a better world for everyone, and knows how Rotary is helping to achieve this.

Hemstead joined Rotary in 2006, after attending one of our Rotary District Foundation seminars and realized the scope of what Rotary does. The Rotary Foundation is a nonprofit that supports the efforts of Rotary International to achieve world understanding and peace through international humanitarian, educational and cultural exchanges.

Hemstead jumped right in after joining the Bonita Springs Rotary Club. She had a passion for global service. She took on leadership roles for some of her club's global grant initiatives. Becoming the club president broadened her opportunity to make a difference in supporting service projects that could make a better world.

She went on to serve at district level as global grants chair, inspiring Rotary clubs to take their dreams of making this world a better place and doing something about it, one project at a time. She helped in finding financial support and Rotary District and Rotary International matching grant funds to get these projects done with successful outcomes. Her inspiration and passion for her job came from observing firsthand needs of people she came across in her travels, especially in Central and South America.

Hemstead is inspired by the district Rotary clubs that are working on global water projects, school construction projects in Haiti and the Caribbean,



Sandra Hemstead photo provided

literacy programs in the states and abroad. Rotary's premier worldwide health initiative is polio eradication. This program started in 1988 with a reported 350,000 cases at the time, to reports of only 13 cases around the world today. October 24 is World Polio Day.

Her inspiration comes from seeing outcomes of dreams like those of the Rotary Wheelchair Foundation, providing wheelchairs to those in need, no matter where they live. The Wheelchair Foundation has been able to deliver more than 895,000 plus wheelchairs worldwide. Rotarians have changed hundreds of thousands of lives with the gift of mobility.

She is inspired by the Rotarians who helped Bonita Springs clean up, restore and renovate homes after Hurricane Irma. Our Rotary District is already making plans to help in the Panhandle after Hurricane Michael.

"Be the Inspiration" is Rotary's motto for the year. Governor Sandra Hemstead is an inspiration.

*The Sanibel-Captiva Rotary Club meets Friday mornings at 7 a.m. at The Dunes Golf & Tennis Club. Guests are welcome.\**

## Superior Interiors

# Warm Weather Design Trends

by Jeanie Tinch



This season creates an opportunity to transform a home's interior into an atmosphere of inspiration and comfort by utilizing current home interior trends. Bring the good vibes of

summer inside while ditching the heat.

Adding plants into the home not only adds a pop of natural green but can improve emotional health as well. Adding foliage, especially in rooms where you spend most of your time, can improve mood by lowering stress levels and promoting soothing thoughts. Perfect for summer.

Gold-colored accents can make the living room, bedroom or entryway feel warm and inviting. Like the inviting hue of a shining summer sun, notes of gold can help one feel at ease when relaxing at home. Used in excess, gold can quickly become gaudy – but when used to embolden more prominent color choices, it adds depth and character. Bring the beach home without the sand by adding gold accents alongside seafoam green and dark blues. This can create a sensation of light shimmering on the cresting waves of a calm ocean.

There's no reason why positivity shouldn't trickle into the office. Our warm weather offers a chance to throw open the windows and let in some fresh air to promote creativity and motivation. Filling the space with inspirational quotes, productivity accessories and desk plants can help to keep an eye on the prize. Bringing a desk away from the wall and into the center of the room, instantly creates a space that feels open and inviting – a place where productivity is at its highest.

Incorporating pastels is a surefire way to lighten up a room. According to *The Cut*, pale pink – also called blush, delicate pink, or millennial pink – first became widely used in 2012 and has only grown in popularity. Unlike more intense shades of pink, this comforting hue is gender neutral and pairs well with blues, grays

and purples. This season, consider adding pale pink with Pantone's color of the year – ultraviolet. Pale pink with darker accents adds depth and visual interest, creating a calming atmosphere.

Remember those vintage photos of your grandparents sitting poolside in their brightly colored swimwear and sunglasses? Channeling those groovy vibes can be done by adding faux vintage lamps, chairs and tables. Bring back the good old days by adding a few tropical-themed pieces inspired by citrus fruits and birds of paradise.

*Jeanie Tinch is an interior designer on Sanibel/Captiva Islands. She can be reached at [jeanie@coincideciden.com](mailto:jeanie@coincideciden.com).\**

# Recycle For Sight Program Shows Increase

The Sanibel Captiva Lions Club reports a strong collection of eyeglasses in September, as part of its Recycle for Sight Program. The month exceeded July and a slow August with a total of 338 items collected.

"We are very pleased with the number and thank our community for stepping up in this cause," said Lion Rick Wagner. "Many people in need benefit from the used eyeglasses, cases and hearing aids collected. Sight is undoubtedly one of the Lions' defining causes and this is a part of our work."

There were 253 clear and dark glasses collected in September, along with 75 eyeglass cases. Donations can be made in the specially-marked Lions Recycle for Sight collection boxes at the following businesses:

Sanibel – Ace Hardware, Bank of the Islands, Bailey's General Store, Island Pharmacy, Sanibel Captiva Community Bank on Library Way and Periwinkle Way, Sanibel Community Church, Sanibel Public Library, Sanibel Eyecare, Island Seniors Center 4 Life.

Captiva – Bank of the Islands  
The SanCap Lions meet on the first and third Wednesday of the month at 6 p.m. at The Community House. Meetings are open to the public and feature a guest speaker. Dinner, catered by Sanibel Catering Company, is served at 7 p.m. The cost is \$15 for non-members. RSVP to Lion Steve at 233-6261 or Lion Jeff at 302-521-1158. For more information, visit [www.sanibelcaptivalions.org](http://www.sanibelcaptivalions.org).\*

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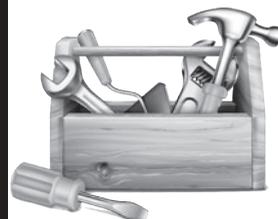
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## Tourism Discussed At Chamber Luncheon

Sanibel & Captiva Islands Chamber of Commerce held its monthly business luncheon on October 9 at the Captiva Island Yacht Club. Lee County Visitor & Convention Bureau Executive Director Tamara Pigott was the guest speaker.

Pigott directs the VCB staff to effectively market the county, leverages tourist tax fund expenditures and resources, and evaluates and develops all market segments. She opened her presentation with the results of the 2018 Island Hopper Songwriter Fest, which featured a new mobile app and was advertised for the first time in the Tampa and Miami areas.

Pigott briefly addressed the OneLee campaign to encourage local shopping, but focused on red tide recovery plans. The VCB has received two grants to be used for advertising in *The New York Times*, the Southwest Florida region and through a specialized Google campaign. The water crisis action plan also includes a lineup of press conferences and paid media.

"It's a big plan, but we are ready to go when given the green light. We just need a little cooperation from Mather Nature," said Pigott, who reported tourist tax revenue is up by 6.8 percent for the fiscal year due to a strong fourth quarter in



From left, chamber team members Mitch Orr, Ashley Gibbons, Cory Mills and board chair Aaron Pruss, photographer Rob Hoovis, Barb Harrington of Vector & Ink, and chamber president John Lai

photo provided

2017. August revenue is reportedly down by 16.4 percent.

Chamber members were invited to attend the VCB's annual sales and marketing meeting on Thursday, November 15 at the Westin Cape Coral Resort, hosted in conjunction with the Tourist Development Council meeting, which begins at 9 a.m.

Vector & Ink sponsored the luncheon, which was highlighted by the unveiling of the 2019 visitor's guide cover featuring a photograph by Rob Hoovis, owner of Old Sparky Productions. The visitor's guide,

published by Vector & Ink, will be available in late January at the chamber visitor's center. More than 120,000 copies are distributed each year.

"We are very proud of the visitor's guide and congratulate Rob (Hoovis) on his winning photograph," said John Lai, chamber president. "It will be seen by thousands of people, who will pick it up

and learn about our islands."

The next luncheon will be on Tuesday, November 13 from 11:30 a.m. to 1:30 p.m. at The Community House, with catering by Sanibel Catering Company. Community Housing and Resources (CHR) Executive Director Melissa Rice will be the guest speaker. Bailey's General Store is the sponsor.✪

## Island Democrats Potluck Supper



Chef Sadler

Garry Weiss

On Thursday, October 25, the Democratic Club of the Islands will host a Bring It Home Potluck Supper at The Community House, located at 2173 Periwinkle Way. This annual event is held to renew old friendships and welcome new ones who are interested in working to elect Democrats at local, state and national levels. Supper begins at 6 p.m. and is

free and open to the public.

Entrée meats and beverages will be provided by the club, and attendees are asked to bring a dish to share. BYOB for those who have a preferred drink.

Representatives from local, school board and county campaigns will be present, as well as Democratic representatives for Congress, United States senator and Florida governor campaigns, to discuss their positions. Any remaining questions on ballot issues will be covered. Democratic Club of the Islands President Chet Sadler and Vice President Garry Weiss will be presenting GOTV (Get Out The Vote) efforts, and the final "Bring It Home" actions.

All club members are urged to attend, as well as people of every persuasion who are interested in supporting progressive politics and electing Democrats in the mid-term election. Club members are reminded that 2019 dues are now payable to DCI, \$30 for a single and \$60 for a family membership. For more information, call 634-4295 or e-mail demclubislands@gmail.com ✪

From page 26

## Gallery Manager

how to share Sanibel's art scene with the rest of the Southwest Florida community" said BIG ARTS Executive Director Lee Ellen Harder.

BIG ARTS 2018-19 Fine Arts season features and host of talented artists from Lee County including Todd Andrew

Babb, Barbara Yoemans, Judith Brust and Mary Sullivan Voytek. On March 7, BIG ARTS will also be hosting an art gallery trip for Sanibel and Captiva residents who will stop for lunch at The Edison, have refreshments on the bus and visit some of the finest galleries in the area: Marcus Jansen's Unit A, DAAS Co-Op, Alliance for the Arts and The Bob Rauschenberg Gallery at FSW.✪

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# Major Changes Under Duress Not A Good Idea



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

It's not uncommon to panic under extreme pressure. And there's no pressure like when a loved one is very sick or near death. There's a temptation to "tie up loose ends" and to direct our financial advisors and attorneys to make "last minute adjustments" before it's too late.

Resist that temptation, especially if you've recently updated your planning.

I've seen families make irrational decisions that can be attributed to a lack of understanding about their estate plan. Even though they may have revocable living trusts, for

example, they title everything in "Pay on Death" or "Transfer on Death" accounts. This is absolutely the wrong thing to do. Most trusts have continuing trusts, either for the surviving spouse or sometimes for the children or even grandchildren. By transferring assets to "Pay on Death" accounts defeats all of the estate protections and tax planning thought that went into the creation of the documents.

Sometimes panicked families will collapse trusts before the sick spouse dies and put everything in the well spouse's name. As I pointed out in the preceding paragraph, doing this will likely defeat the tax planning and asset protection features of the estate plan that was put into place.

Other times families will reposition assets between the trusts just before the sick spouse dies. This can also lead to problems related to capital gains taxes. Normally, when a person dies holding appreciated assets, the assets receive a "step up" in tax cost basis, equal to the date of death value. If I purchased Coca Cola Company stock at \$1/share and when I died it was worth \$10/share, then my beneficiaries will normally inherit the stock at the step-up value of \$10/share. If they sold it shortly after my death for \$10/share, then the capital gains tax that would have been realized had I sold the stock the day before my death disappears.

But if the family tries to transfer appreciated assets into a dying person's name in an effort to receive the step-up in tax cost basis, they have an unpleasant surprise. The tax law anticipates people trying to take advantage, so there's a rule that disallows step-up if the asset was transferred within one year of death. So making last minute changes here could actually do harm to the family.

Should a family therefore not worry about last minute planning if a loved one is gravely ill? Certainly if that person's documents haven't been updated in quite some time, it makes sense to review them with competent counsel. But the family would be wise to carefully think through any choices that they have, and consider the time it would normally take to implement those choices successfully. If the health and mental stability of the sick person isn't expected to hold out for long, then it makes sense to "triage" the strategies in such a way as to take care of the most important things first.

Another important thought in late-stage planning includes the fact that any significant changes might be subject to challenge. If a sick person suddenly disinherits someone in favor of another family member, undue influence and competency issues might arise.

If this is a possibility, the family might want to ask attending physicians for

statements regarding the sick person's competency, carefully document all of the medications that are being administered (with an eye towards whether any might affect decision making) and take steps to ensure that the sick person visits alone with counsel rather than having family members who might be or become beneficiaries present at the meetings.

Dealing with the loss of a loved one is almost always stressful. No one wants to compound the stress by having to deal with legal, tax and financial issues at the end of life. The best way to avoid that problem is to take care of things well ahead of time. But if you or a loved one find yourself in this situation, be very careful that you don't cause more harm than you solve.

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Robbie and Geoff Roepstorff, center, with colleagues and friends at the Industry Appreciation Awards

photo provided

## Industry Appreciation Award Presented

Edison National Bank/Bank of the Islands was recognized with a 2018 Industry Appreciation Award from the Horizon Council and Lee County Economic Development Office during the annual awards program at the Hyatt Regency Coconut Point in Estero.

The Business Citizenship Award for businesses with up to 50 employees was presented to Edison National Bank/Bank of the Islands for its financial, volunteer and active involvement in community organizations and programs that create a better quality of business and civic life in Lee County.

In a prepared statement, the program organizers shared that the bank was chosen for recognition because it "is

invested in the success and well-being of its customers and community. In its 20 years, the bank has given in excess of \$2.5 million in sponsorships, donations and support to the community. Bank leadership gives generously of their personal time, talents and resources to benefit those in need through local nonprofits, serving as leaders who inspire other businesses, employees and customers."

The award was accepted by bank President Robbie Roepstorff and CEO Geoffrey W. Roepstorff. They attended the event with staff members as well as guests including Reverend and Mrs. Jon Zehnder of St. Michael's Lutheran Church.

"To call yourself a community bank, you really have to be part of the fabric of the community," said Robbie Roepstorff in a video presentation during the event. "That means giving back to the community that gives to you. That's been our philosophy from day one."

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## Bank Supports Taste Of The Islands

Bank of the Islands/Edison National Bank has returned as the Presenting Sponsor of the 37th Taste of the Islands, the signature fundraiser for the Clinic for the Rehabilitation of Wildlife (CROW).

Geoffrey and Robbie Roepstorff, who founded Bank of the Islands/Edison National Bank in 1997, have supported CROW throughout the bank's history. This is the ninth year the bank has led the sponsorship.

"For five decades, CROW's wildlife rehabilitation services have helped native and migratory birds and animals in Southwest Florida. This year's red tide event has been especially hard on wildlife. We believe we have an obligation to support the communities we serve," said Geoffrey Roepstorff, CEO of Bank of the Islands/Edison National Bank and past treasurer and member of the CROW board of directors. "We invite you to join us, and CROW, to celebrate our great community at Taste of the Islands."

Taste of the Islands will be held on Sunday, November 11 from 12:30 to 5 p.m. at Sanibel Community Park, showcasing 13 Sanibel and Captiva restaurants including Blue Giraffe, The Bubble Room, The Clam Shack, Doc Ford's Rum Bar & Grille, Il Cielo, The Jac Sanibel Island Grille & Rum Bar, Matzaluna, Sandollar, Sanibel Deli, Sanibel Fish House, Shima Japanese Steakhouse & Sushi Bar, Thistle Lodge and The Timbers Restaurant & Fish Market.

"We have an amazing lineup of restaurants this year" said Linda Estep, executive director for CROW. "This is



From left, Linda Estep, CROW executive director with Robbie and Geoffrey Roepstorff of Bank of the Islands/Edison National Bank

photo provided

a great opportunity for the community to come together to support each other after being hit hard with the effects of red tide this summer."

The restaurants will offer an array of menu items for six CROW Bucks or less while competing for honors in a variety of categories including Best Appetizer, Best Seafood and Taste of the Taste. Attendees will cast ballots to decide the winner of the coveted People's Choice award. Admission to Taste of the Islands, which can be purchased online or at the event, is \$7 for adults and free for children under 12 years of age.

This year's family-friendly event also features live entertainment by Private Stock Band, and inside The Community House, guests can meet CROW's animal ambassadors and bid on silent auction items.

Event sponsors also include The Silverman Organization as Gold Sponsor, Jensen's Marina, Dave and Jennifer Nichols, Suncoast Beverage, and Heidrick & Co. Insurance and Risk Management Services as Silver Sponsors, FOX 4 as Lead Media Sponsor, *The News Press* as Lead Newspaper Sponsor, and *Island Sun/The River Weekly News, Coaste Magazine, Florida Weekly*, and Times of the Islands Media as Supporting Media Sponsors.

For more information, visit [www.CROWClinic.org/articles/37th-taste-of-the-islands](http://www.CROWClinic.org/articles/37th-taste-of-the-islands).✪

## Deadline Approaching For Teacher Grants

The deadline for the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) 13th annual Teacher Conservation Grants is October 31. Up to \$10,000 in grant awards are available to districts, schools, and individual teachers in Lee, Charlotte and Collier counties this school year for conservation education-related projects.

Teachers in the three-county area may apply for grants up to \$1,000 each to fund new classroom science projects, promote stewardship, purchase teaching aids, acquire classroom materials, and conduct work projects in their community or beyond. This year, two grants up to \$3,000 are also available for school- and district-wide projects.

The approved proposals will be awarded by December 2018 for projects to be completed by May 2019.

"This year, we are offering two new \$3,000 grants to encourage larger creative projects that will touch more students. Plus, we still offer \$1,000 grants for teachers with single-class projects or smaller needs," said Wendy Kindig, DDWS environmental education committee chair.

For more information, visit [tinyurl.com/dinggrants](http://tinyurl.com/dinggrants), contact Sierra Hoisington at 472-1100 ext. 4 or [shois@dingdarlingsociety.org](mailto:shois@dingdarlingsociety.org).✪

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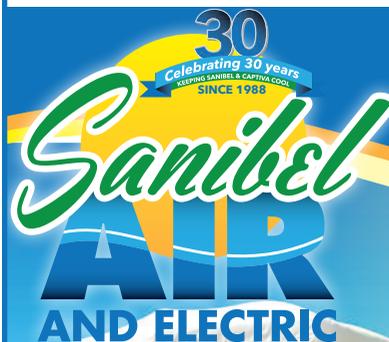
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Redfish Pass Tides				
Day	High	Low	High	Low
Fri	10:02 am	4:02 am	11:48 pm	4:42 pm
Sat	11:07 am	4:54 am	None	5:21 pm
Sun	12:06 am	5:35 am	11:59 am	5:54 pm
Mon	12:22 am	6:12 am	12:45 pm	6:22 pm
Tue	12:37 am	6:47 am	1:28 pm	6:47 pm
Wed	12:54 am	7:22 am	2:10 pm	7:11 pm
Thu	1:15 am	8:00 am	2:54 pm	7:35 pm

Point Ybel Tides				
Day	High	Low	High	Low
Fri	9:07 am	4:04 am	10:53 pm	4:44 pm
Sat	10:12 am	4:56 am	11:11 pm	5:23 pm
Sun	11:04 am	5:37 am	11:27 pm	5:56 pm
Mon	11:50 am	6:14 am	11:42 pm	6:24 pm
Tue	12:33 pm	6:49 am	11:59 pm	6:49 pm
Wed	1:15 pm	7:24 am	None	7:13 pm
Thu	12:20 am	8:02 am	1:59 pm	7:37 pm

Punta Rassa Tides				
Day	High	Low	High	Low
Fri	8:58 am	3:35 am	10:49 pm	4:25 pm
Sat	10:30 am	4:43 am	11:46 pm	5:19 pm
Sun	11:47 am	5:46 am	None	6:08 pm
Mon	12:24 am	6:37 am	12:39 pm	6:50 pm
Tue	12:53 am	7:20 am	1:21 pm	7:27 pm
Wed	1:19 am	8:00 am	2:03 pm	8:02 pm
Thu	1:40 am	8:39 am	2:48 pm	8:36 pm

Cape Coral Bridge Tides				
Day	High	Low	High	Low
Fri	1:36 am	7:18 am	12:12 pm	7:58 pm
Sat	1:58 am	8:10 am	1:17 pm	8:37 pm
Sun	2:16 am	8:51 am	2:09 pm	9:10 pm
Mon	2:32 am	9:28 am	2:55 pm	9:38 pm
Tue	2:47 am	10:03 am	3:38 pm	10:03 pm
Wed	3:04 am	10:38 am	4:20 pm	10:27 pm
Thu	3:25 am	11:16 am	5:04 pm	10:51 pm

## Island Seniors At Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

**Donations Needed for Trash & Treasures Sale** – Clean, gently used items are needed for the annual Trash & Treasures Sale. You may bring them to the Center 4 Life Monday through Friday between 8 a.m. and 3 p.m. A tax deductible receipt will be provided for your donation. Books, clothing, shoes, computers or old TVs cannot be accepted. If you have any questions, call 472-5743.

**Page Turners with Louise Fitzgerald & Ann Hartman** – If you are not on the Page Turners list, and wish to be, email oceann@comcast.net or contact the center. The featured book for Wednesday, November 14 is *Before You Were Ours* by Lisa Wingate. There will be a book discussion at 2:30 p.m.

**Line Dancing Classes** – Mondays, October 22 and 29 at 11 a.m. Cost is \$2.50 for members and \$5 for non-members. Join the group for an hour of fun. The instructor will review dance steps then turn up the music for dancing. Bring a friend.

**New York Jets at the Miami Dolphins** – Sunday, November 4. Cost is \$159 for members and \$169 for non-members. Includes round trip transportation, reserved upper level end zone seat, pre-game lunch and beverage. The Hard Rock stadium recently went through a \$500 million

renovation including sunshade that covers many of the seats. Excessive drinking and use of profanity will not be tolerated. Limited seats available. Depart from Fort Myers location at 7:30 a.m.

**Seven-Day Christmas Trip to New Orleans** – Sunday to Saturday, December 2 to 8. Cost is \$1,364 for members (per person, double occupancy) or \$1,774 (single occupancy). Non-members are \$1,389 (per person, double occupancy) or \$1,799 (single occupancy). Includes round trip bus transportation, six-night accommodations including four nights in the heart of New Orleans, Oak Alley Plantation, New Orleans Cooking School, Mardi Gras Museum, World War II Museum and Mississippi Jazz Brunch Cruise. Advance registration required, while spots last.

**A Southern Christmas: Savannah & St. Simon's Island** – Tuesday to Friday, December 11 to 14. Cost for members is \$574 (per person, double occupancy) or \$774 (single occupancy). Non-member are \$599 (per person, double occupancy) or \$799 (single occupancy). Includes round trip bus transportation, three-night accommodations (one in St. Simon's Island and two at the Holiday Inn Express in Savannah), five meals (three breakfasts, two dinners), the live Savannah Theater Christmas Show, tours and other attractions. Advance registration required, while spots last.

**The Magic of the Keys** – Tuesday through Thursday, January 22 to 24. Cost is \$574 for members (per person, double occupancy); \$844 single. Non-members are \$599 (per person, double occupancy); \$869 single.

Includes round trip transportation, two nights at the Hyatt Place in Marathon, five meals (two breakfasts, two lunches and one dinner), Schnebly Winery tour and tasting, and lunch, full day in Key West with private tram tour and all-day hop-on/hop-off privileges, and tour of Dolphin Research Center. Advance registration required on a first come basis.

**Let's Write with Vicky Lettmann** – Mondays, October 29, November 5 and 19 from 10 a.m. to noon. Cost for members is \$15 per class; non-members are \$20 per class. This class is for anyone who wants to write. During class, you will look at short examples of effective, engaging writing and then plunge into your own writing using exercises, prompts and various jumpstarts. Bring a notebook and pen. Space is limited, so sign up early.

**Games** – Cost for all games is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

**Bridge** – Monday and Wednesday. Registration begins at noon; the game begins at 12:30 p.m.

**Mahjongg** – Monday and Thursday at 12:30 p.m.

**Hand & Foot** – Thursday at noon.

**Hearts** – Friday at 12:30 p.m.

**Kayaking on Tuesdays** – October 23 at 8:30 a.m. (weather permitting). There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors, Inc. will provide kayaks, paddles and life jackets. Bring water, a small snack, sun screen, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$20 for non-members. Advance

registration is required.

**Fitness Classes** – Island Seniors, Inc. members pay \$4 per class, visitors pay \$10 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend. Fitness class schedule is as follows:

**Happy Hour Fitness** – Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs and muscles strong. Hand weights, stretch cords and your body weight will be used. The format is 40 minutes of cardio, 20 minutes of balance exercises, core strength, flexibility exercises and mat work. Athletic footwear is required. Connie DeCicco is the instructor

**Essential Total Fitness** – Monday, Wednesday and Friday at 9:30 a.m.

Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor.

**Power Hour Fitness** – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

**Gentle Yoga** – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

**Chair Yoga** – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.✪



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From left, Lily & Co. Jewelers owners Dan Schuyler and Karen Bell, with Lily the Labradoodle, SCCF Marine Lab Director Dr. Eric Milbrandt and Beachview Tennis Club owner Toni Halski photos provided

## Tennis Event To Benefit Clean Water Efforts

Lily & Co. Jewelers is once again partnering with International Tennis Hall of Fame Coach Nick Bollettieri and his IMG Academy team to present a tennis event from 9 a.m. to 2 p.m. on Saturday, November 10 at Beachview Tennis Club. Proceeds will benefit clean water efforts through the Sanibel-Captiva Conservation Foundation (SCCF).

"We have been organizing this event for several years and it has benefited a number of charities," said Dan Schuyler, co-owner of Lily & Co. with realtor Karen Bell. "Our community has been suffering from water quality issues, so it only seemed right to choose this valuable organization."

SCCF has been dedicated to conservation of coastal habitats and aquatic resources on the islands and surrounding watershed for more than 50 years. Throughout that time, its program areas have grown to include wildlife and habitat management, sea turtle research and monitoring, environmental education, marine research and natural resource policy. Lately, it has been at the center of advocating for proper solutions to the current water crisis.

The charity event, titled Raise a Racket for Clean Water, will be doubles round robin play, divided by skill level, with instruction by Bollettieri on one of the five HydroGrid clay courts. A courtside continental breakfast and grilled lunch will be provided by Sanibel Catering Company by Bailey's, and SCCF will provide information on the current water crisis. Attendees will have the chance to win one of several raffle prizes from Lily & Co., Sanibel Catering Co., Beachview Tennis Club and IMG Academy.

Doron Hakimian, Doves chief jewelry designer, will mark his fourth visit to Lily & Co. during the event with a trunk show at the store. He will also participate on the tennis court. Doves' pieces are



International Tennis Hall of Fame Coach Nick Bollettieri giving instruction on the court

inspired by nature as Hakimian combines 18-karat gold, diamonds and precious gemstones to create unique treasures. His attention to detail produces dramatic creations, yet it's his unrelenting pursuit of perfection that sets apart his designs.

"Doves has become synonymous with eye-catching and wearable heirloom-quality jewelry," said Schuyler. "We welcome him back to our island and are delighted he will be participating in our charity tennis event."

Trophys, donated by Lily & Co., will be presented to all finalists with an opportunity for a courtside photo. Cost is \$100 for players and \$50 for spectators, but space is limited. To register, contact Schuyler at Lily & Co., 520 Tarpon Bay Road, 472-2888, or Toni Halski at Beachview Tennis Club, 1101 Par View Drive, 472-9099.

The day is made possible by the following sponsors: Skip Leonard, Lee Health; Sanibel Catering Company by Bailey's; Dr. Marius Espeleta, Pediatric Medicine; Rich Vernsey, Wrigley's Tennis; Duane Chaney, Arch Capital Advisory Group; Alex Blagojevic, CFP, Morgan Stanley; and *Island Sun*.✽



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# Knicks Dump Noah, But Gator Fans Will Recall His NCAA Championships



by Ed Frank

Let's roll back the calendar more than a decade to the glory years of University of Florida basketball when the Gators won back-to-back national championships.

In 2006 and 2007, Florida won those titles with teams led by Joakim Noah and Al Horford and coached by Billy Donovan, marking the last team to win back-to-back championships.

Those memories came to light last week with reports out of New York that the Knicks had dumped Noah after two disappointing and controversial seasons. The bombastic Noah had played nine seasons with the Chicago Bulls who had selected him as the ninth pick in the 2007 draft. Despite his great talent, he was

a problem child for the Bulls in his early years.

Once, his teammates actually suspended him for a few games after he got into it with one of the coaches. But no one ever doubted his great talent. He was voted NBA Defensive Player of the Year and first team All-NBA in 2014.

And his salary climbed from \$2.1 million to \$13.4 million in his last season with the Bulls.

He had begun battling injuries when the Knicks signed him to a four-year, \$72 million free-agent deal. His first season with the Knicks ended with a 20-game suspension for a failed drug test – a suspension that carried over to the start of the 2017-18 season. He also clashed with former Knicks coach Jeff Hornacek.

Unable to regain his job in the starting rotation, Noah averaged just 4.6 points and 7.9 rebounds in 53 games with New York.

We shouldn't, however, feel sorry for Noah as the Knicks will be paying him \$6.4 million a year annually until 2022. And there are reports that the Minnesota Timberwolves and the Los Angeles Lakers may be interested for his services in backup roles.

Meanwhile, his Florida sidekick, Al Horford, has had a distinguished NBA career, nine years with the Atlanta Hawks and two with the Boston Celtics. He will earn approximately \$29 million this season with Boston.

As for Donovan, the most successful coach in the history of Florida basketball, he has also moved to the NBA as coach of the Oklahoma Thunder.

If you're a Florida Gator fan, you will likely never forget those championship years

## SPORTS QUIZ

1. In 2017, the Angels' Mike Trout became the fourth player in American League history to hit 20-plus home runs six times before turning 26 years old. Name two of the three others.
2. The New York Yankees' C.C. Sabathia, in 2017, became the fourth left-hander to strike out at least 2,800 batters. Who are the other three?
3. In 2017, Atlanta QB Matt Ryan became the first NFL quarterback to toss three touchdown passes in four consecutive playoff games. Name three of the five others tied at three games.
4. When was the last time before 2018 that the University of Virginia's men's basketball team beat the Blue Devils at Duke's Cameron Indoor Stadium?
5. Chris Kunitz won three Stanley Cups with the Pittsburgh Penguins (2009, '16, '17). With which team did he win his first Stanley Cup?
6. Who was the first American male to win gold medals at three separate Winter Olympics?
7. Name the only female golfer to make the cut at a PGA Tour event.

## ANSWERS

1. Mickey Mantle, Alex Rodriguez and Tony Conigliaro. 2. Randy Johnson (4,875 strikeouts), Steve Carlton (4,136) and Mickey Lolich (2,832). 3. Tom Brady, Joe Flacco, Bernie Kosar, Aaron Rodgers and Kurt Warner. 4. It was 1995. 5. Anaheim, in 2007. 6. Shaun White. 7. Babe Didrikson Zaharias, in 1945.

with Noah and Horford.

### World Series Betting Odds

Writing this column at the beginning of this week, the Los Angeles Dodgers and the Milwaukee Brewers were tied 1-1 in the National League Championship Series and the Boston Red Sox and the Houston Astros likewise were tied one game apiece in American League Championship Series.

Here were the MLB Future Odds on the World Series as the week began:

- Houston 8/5
- Los Angeles 13/5
- Boston 3/1
- Milwaukee 5/1

But with Milwaukee winning Game Three over the Dodgers to take a 2-1 game lead, those odds have likely changed.\*

## ISLAND SUN BUSINESS NEWSMAKERS

### Royal Shell Real Estate

The top producers for the month of September at Royal Shell Real Estate Sanibel/Captiva were: The Berry Team, top listing producers team; The Radigan Team, top sales producers team; and Cathy Rosario, top sales producer individual/partners.\*



Ken Frey and Jennifer Berry



Bob and Vivienne Radigan



Cathy Rosario

### VIP Realty Group

The top producers at VIP Realty Group for the month of September were: Lynda and Kit Traverso, top sales and top listings; and Mary Lou Bailey, top producer.\*



Kit and Lynda Traverso



Mary Lou Bailey with Murphy and Jackie O

### RE/MAX of the Islands

The top producers at RE/MAX of the Islands for the month of September were: Chuck Bergstrom, top selling associate; and Sheila Hammons, most productive listing/marketing sales associate.\*



Chuck Bergstrom



Sheila Hammons

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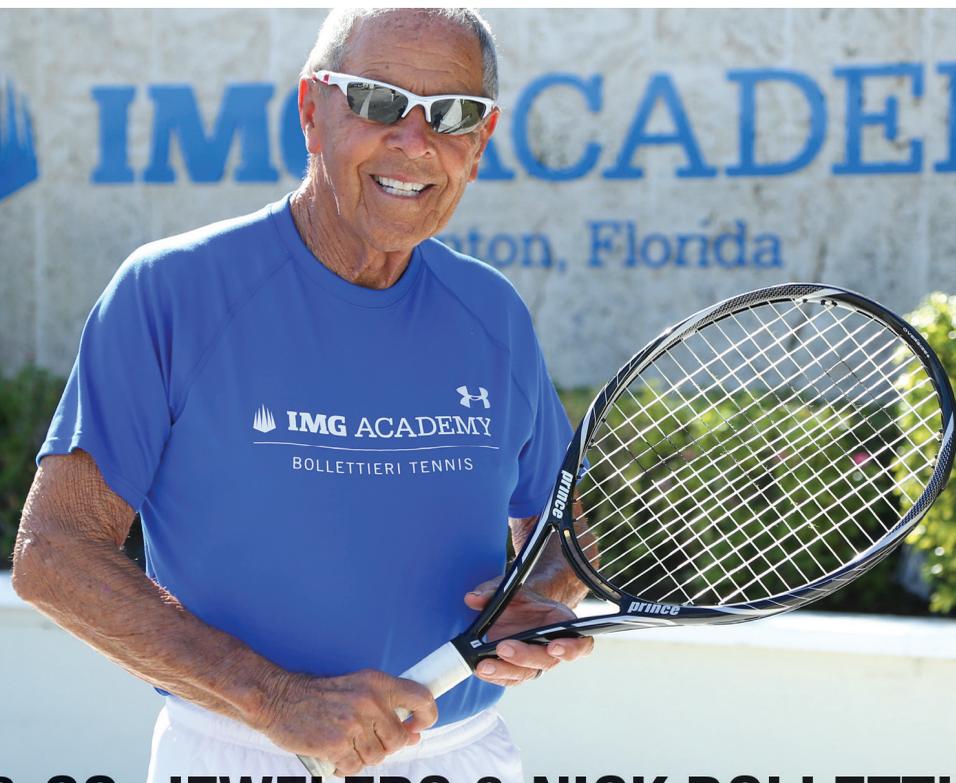
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From left, race committee members Nicole McHale and Diane Cortese, Il Cielo General Manager Marcus Preece, and race committee members Pete Bender and Ed Ridlehoover photo provided

## Il Cielo Signs On As Premier Sponsor Of Race

Il Cielo is a Premier Sponsor of the 10th annual 10K Race 4 FISH, scheduled for Saturday, October 27 at The Community House. As Sanibel's only foot race, it draws hundreds of runners every year.

"We are a small team of passionate people and understand the importance of the services that FISH provides for the people who live, work or visit Sanibel," said Il Cielo's General Manager Marcus Preece. "We are proud to be a supporter of the organization's mission and its 10K race."

"Il Cielo's support of FISH is greatly appreciated," said Ed Ridlehoover, race committee member. "Their commitment to our community helps make it a better place." \*\*

## Shell Museum

improvements include modifications to the visitor driveway and parking areas, conversion of some of the existing asphalt to pervious pavers, pedestrian and bicycle access improvements, alterations to the onsite stormwater retention system, and new landscaping.

"What they are proposing will only enhance the existing number of visitors that they intend to provide these new accommodations for," Gibson told

commissioners.

The proposed remodeling and additions to the building will add approximately 3,431 square feet to the museum, which will encompass 14,069 total square feet. "Although the gross floor area of the building will remain essentially the same, the increase in new conditioned areas – primarily due to remodeling and conversion of existing storage areas – will provide for new aquarium exhibits, a new lobby and gift shop, new restrooms, and administrative support and service areas on the ground floor," the staff report reads, in part.

### Doctor and Dietician

## The Problem With Cortisone



by Ross Hauser, MD and Marion Hauser, MS, RD

A cortisone injection is a conventional treatment for joint pain. But did you know that receiving a cortisone shot is one of the quickest ways to weaken your joint? Cortisone and other steroid injections increase the arthritic rate and have detrimental effects on articular cartilage. Yes, that is correct! Corticosteroids, such as cortisone and prednisone, have adverse effects on joint healing. Corticosteroids inactivate vitamin D, which limits calcium absorption. They also inhibit the release of growth hormones and chondrocytes, the cells that make articular cartilage, which further decreases the ability of the joint to repair. Ultimately, corticosteroids lead to an overall decrease

in bone, ligament and tendon strength. The result is a weakened joint, which perpetuates the cycle of increased joint pain and recommendation for more cortisone. Though these injections have played a huge role in pain management, their use should be limited. It is true that steroid injections may reduce pain, but they do so at the cost of destroying tissue. Studies show that even after one steroid injection, cartilage remains impaired.

Unfortunately, many people suffering from chronic pain look for quick relief without thinking about the long-term side effects that could occur. For example, athletes often receive cortisone shots in order to continue to play. They then go onto the playing field with their injuries. Because they feel no pain, they play as if the injury does not exist. The athlete is, therefore, causing further injury by playing beyond what the joint is safely capable of handling. The same goes for non-athletes who are just trying to stop the pain in order to perform daily activities. The alternative to cortisone is regenerative injection therapy, like PRP or prolotherapy, which is the opposite of cortisone and make more sense for most chronic pain conditions.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@ caringmedical.com.\*\**

Commissioner Chuck Kettman questioned whether the proposed expansion might draw additional visitors to the museum, which might necessitate additional demand for onsite parking. Keith Williams, the city's director of community services, responded that based upon traffic studies, the facility has "more than" adequate parking.

Domie Hipschman, executive director of the museum, told commissioners that the renovation and expansion project will break ground "as early as we can," estimating that work will begin around the Thanksgiving holiday, with construction completed around May or June. The entire project is estimated to be completed before the end of 2019.

"We would like to supplement (our shell collection) with an additional collection of live animals," said Hipschman. "This proposal really is to take the museum to the next level. We know that people

come to Sanibel because of our shells. We also know that nine out of 10 people have no idea that that is a living creature that creates that shell. Our goal, whether they're in the museum or on the beach, is to change that perception."

Resident Claudia Burns asked what impact the project would have on the wetlands surrounding the museum's main building. Gibson explained that while the entire site is located within the interior wetlands conservation district, the project will mitigate any impacts by removing fill in developed areas and re-landscaping those areas. "There is no net increase," he said.

Commission Vice Chair Dirk deWerff recommended approval of the permit, subject to 10 conditions recommended by city staff. The permit was approved by a 5 to 0 vote, with commissioners Richard Johnson and Roger Grogman abstaining due to their involvement with the museum's capital campaign committee.\*\*

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dearRPharmacist

## Essential Oils To Help You Relax And Sleep



by Suzy Cohen, RPh

**D**ear Readers: One of the most powerful attributes of essential oils is that they contain powerful compounds with constituents in them that promote relaxation. It's fun to experiment with oils

because they work. Doctors from around the world have used oils to relax patients prior to surgery, ease depression and anxiety, and impact GABA receptors, which calm us down. Fragrances instead of pills – it's a novel idea, right?!

In one fascinating study, researchers learned that sniffing jasmine essential oil may be as effective as commonly prescribed barbiturates or benzodiazepines when it comes to inducing calm and sleepiness.

Essential oils do not pose serious adverse health risks or side effects such as daytime drowsiness, morning hangovers or tolerance withdrawal. Also, unlike OTC sleep aids, they don't induce anticholinergic side effects such as constipation, blurry vision and dry mouth.

The easiest way to get essential oils into your blood stream within seconds is to inhale them. Pour a few drops onto the palms of your hands, rub together and inhale deeply. Do this three to five times, then rub your palms onto your neck, or the bottoms of your feet.

My favorite way to use essential oils at night is in a diffuser. You can add a few different oils to the diffuser and enjoy better sleep. Here are a few ideas to get you started:

**Lavender Dreams** – If there's one, number one proven oil to relax the body and mind, ease melancholy and enhance sleep, it's lavender. Combine lavender essential oils with any number of other oils for great sleep. For example, you could mix it with vetiver, frankincense or calendula. My favorite is three drops lavender combined with three drops sandalwood (equal mix) plus one drop

bergamot, all in my little diffuser by the bed. I nicknamed it lavender dreams, lol.

**Sleep Like a Baby Blend** – Another blend for enhanced sleep and relaxation is four drops clary sage essential oil, four drops ylang-ylang essential oil, four drops Roman chamomile and two drops wild orange (or bergamot). Depending on the size of your diffuser, you may want to use fewer drops. But either way, keep the ratio the same.

Clary sage, ylang-ylang and Roman chamomile are wonder ingredients for promoting relaxation and curbing anxiety. Clary sage is especially effective for helping women balance hormones, including fat-storing cortisol, which leads to belly fat.

**The Knock-Out Blend** – For when sleep seems like the farthest thing from your mind, and you've been in front of that computer all day with all that circadian-disrupting blue light pouring into your eyeballs, this is the blend I really recommend. Combine three drops each of frankincense, bergamot and sandalwood essential oils.

Instead of filling your home with synthetic perfumes that have hundreds of strange artificial chemicals, try natural essential oils.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).\**

## FISH Offering Free Program On Medicare

**F**ISH of SanCap, along with the Area Agency on Aging for SWFL and SHINE (Serving Health Insurance Needs of Elders), is offering Medicare 101 and Updates, a presentation to help participants make informed Medicare coverage decisions. This presentation will be held at the Sanibel Congregational Church, located at 2050 Periwinkle Way, from 4 to 6 p.m. on Thursday, October 25. Snacks will be provided.

Areas of discussion, presented by Pat Archibald of SHINE, will include:

Prepare for the annual election period (began on October 15); 2019

updates; Part D Information; 2019 Medicare updates.

"This is an opportunity for individuals to ask questions they have for the upcoming open Medicare enrollment period," said Kathy Y. Monroe, MSG, FISH program director. "This session will help them make important decisions about their Medicare and prescription plans."

SHINE counselors provide free,

## Got A Problem? Dr. Connie Is In



by Constance Clancy

**Q:** I have an older brother who takes everything too seriously. How can I get him to lighten up?

**A:** If your brother is the first born in the family, he fits the birth order theory as first borns tend to be very serious and, actually, it would do them good to lighten up. One thing we know is that laughter influences the body's physiology. It can result in restoration and healing of any physical and emotional wounds your brother may have experienced. Perhaps you could offer to take your brother to a comedy show or funny movie for

unbiased and confidential counseling to Medicare beneficiaries, their caregivers and those soon to be eligible for Medicare. Participants will learn information to help make informed decisions about 2019 Medicare coverage and costs.

For more information, contact Kathy Y. Monroe at 472-4775. This program is a courtesy of the Area Agency on Aging for SWFL.\*

starters. If he could learn to laugh for one, both his physiological and psychological system will reap long-term positive effects.

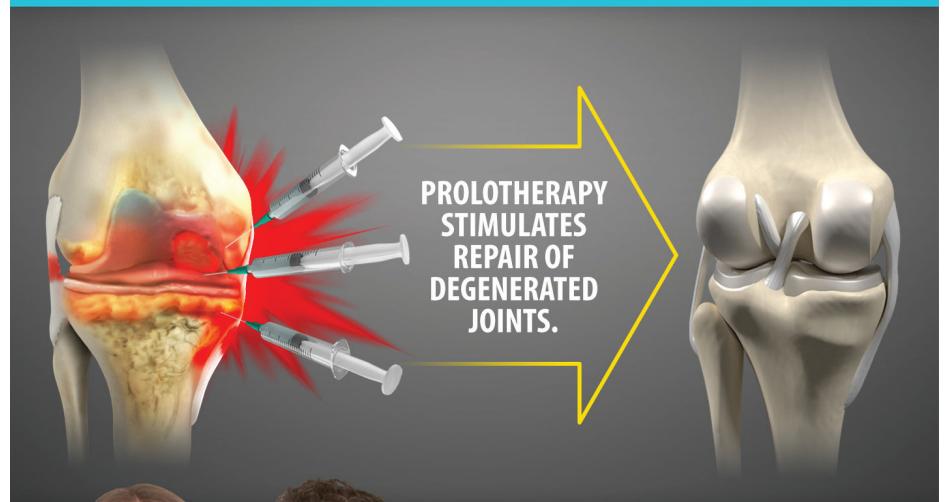
Get your brother to laugh at himself about his conditions and predicaments, and, as he learns more about the great effects of humor therapy, one laugh can lead to another. He is actually loosening up his solar plexus and receiving self-validation. The greater quality of humor and laughs, the greater quality of sensation and pleasure.

What you can hope for is that your brother will catch on, and his humor and laughter can be contagious in helping reduce his seriousness, which will increase his optimal well-being.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email [Constance at drconstanceclancy@gmail.com](mailto:Constance@drconstanceclancy@gmail.com) or visit [www.drconstanceclancy.com](http://www.drconstanceclancy.com).\*

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# PETS OF THE WEEK

photos provided

## Haven on Earth Animal League

### Siamese And Dylan

**H**! I'm a beautiful 12-year-old male Siamese cat named Siamese. I am a very sweet kitty and am in need of a new home as my human can no longer keep me. I am looking for a quiet home with someone who wants to give me lots of affection. I have been fully vetted and brought up to date on all vaccines. My adoption fee is \$75.



Siamese

Hello, I'm Dylan. Aren't I just adorable? I'm only 8 months old, so I'm quite the playful kitten. I

like other cats and hope I can find a home with another young kitty to play with. I'm neutered and up to date on all vaccines. My adoption fee is \$100. To find out more about me, call Diane at 860-833-4472 or email Haven on Earth Animal League at [www.havenonearthanimalleague@yahoo.com](http://www.havenonearthanimalleague@yahoo.com).



Dylan

*We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email [havenonearthanimalleague@yahoo.com](mailto:havenonearthanimalleague@yahoo.com).*

## Lee County Domestic Animal Services

### Daphne And Kimmie

**H**ello, my name is Daphne. I am a 4-year-old female dachshund mix who is a pint-sized cutie looking for the perfect lap to curl up in. I can be shy at first, but once I get to know you, my true personality shines. If you are looking for a lifetime companion that will be loyal till the end, I am your gal. I will be by your side through thick and thin and follow you wherever you go. My beautiful tri-color coat is as shiny as can be, which shows I have been well cared for. I am definitely missing the comforts of a home. Could you provide the perfect new home for me?



Daphne ID# A756849

My adoption fee is \$30. Hi, I'm Kimmie. I am a 2-year-old female domestic shorthair who is a rambunctious little girl that loves to play, especially with my toys. I am a joy to watch when I am investigating the world around me. My curiosity will keep me busy for hours. Even though I am a bundle of energy, I am still very affectionate and will cuddle right up in your lap. That's the perfect combination – especially when you factor in my stunning good looks.

My adoption fee is \$10 and you can get a send kitty for free.

Lee County Domestic Animal Services (LCDAS) will be joining the American Society for the Prevention of Cruelty to Animals (ASPCA) with the #FindYourFido initiative for the second consecutive year. The campaign's goal is to raise awareness of homeless animals and to help find safe, loving homes for dogs in the community. To encourage local supporters to #FindYourFido, LCDAS has reduced its adoption fees for dogs to \$30 through October 31. The ASPCA #FindYourFido campaign is designed to expand the digital exposure for animals nationwide and raise awareness regarding the benefits of adopting a pet. During the month of October, "Fido," a cardboard cutout ambassador for adoptable dogs, will be in the lobby of Animal Services to illustrate how easy it is to picture a shelter pet in someone's daily life and encourage animal adoption.



Kimmie ID# A754677

*The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit [www.leegov.com/animalservices](http://www.leegov.com/animalservices) or call 533-7387.*

## PAWS Of Sanibel

### Sonny And Cher

**T**his is Sonny and Cher. Some of you may remember them. Three years ago, four kitties, the momma and three kittens were trapped between the Sunset Beach Resort and Lantana condominium on West Gulf Drive. All were adopted (Lana, Tanner, Sonny and Cher) to lovely people. However, Sonny and Cher's mom



Sonny

has reached a time in her life when she feels she must move in with family over on Pine Island. Unfortunately, in addition to her granddaughter being allergic, her son operates a business out of his home that is directly on Pine Island Road and the doors are always opening and closing, so it's not safe for kitties. These are very special kitties, and need to be together forever. Call Pam at 472-4823 if you can give these sweethearts a new home.



Cher

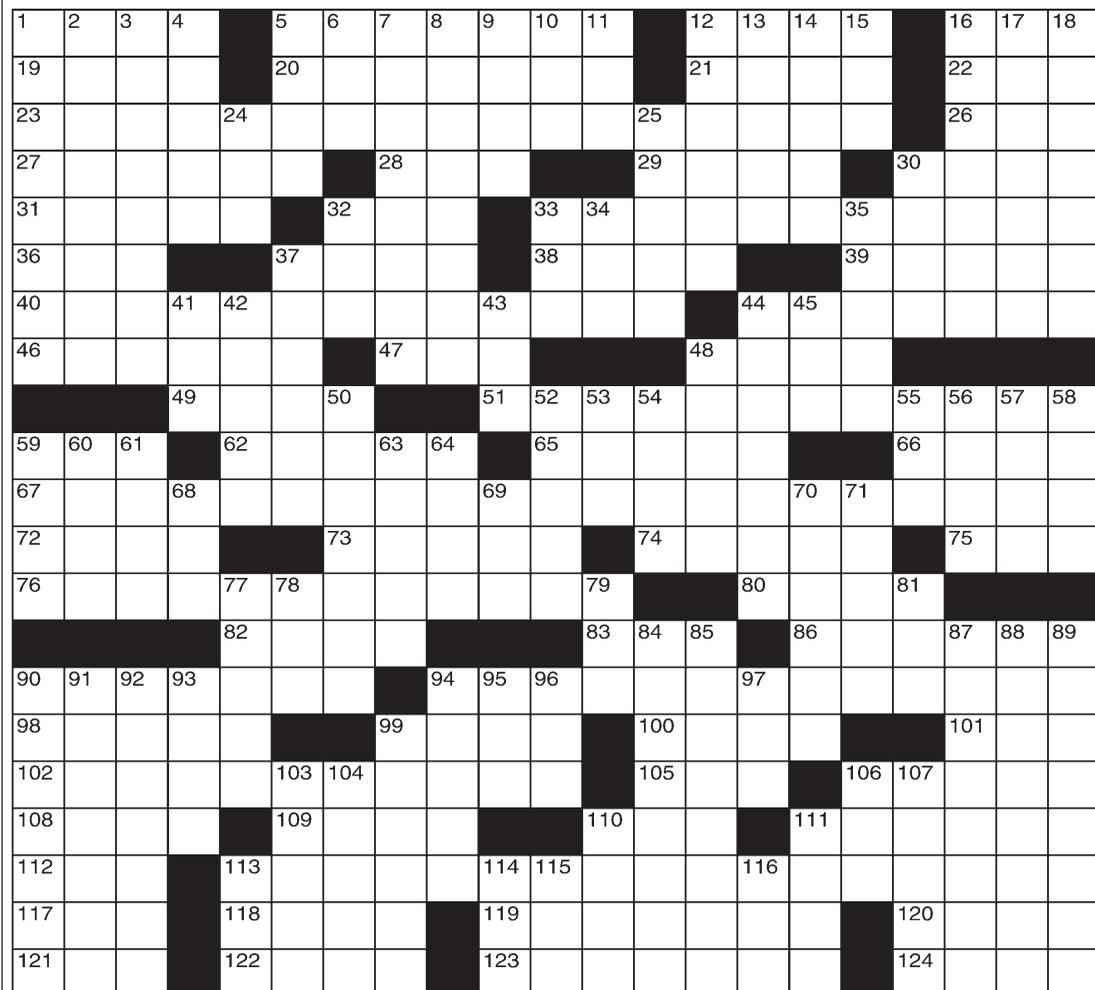
# PUZZLES

Answers on page 53

## Super Crossword

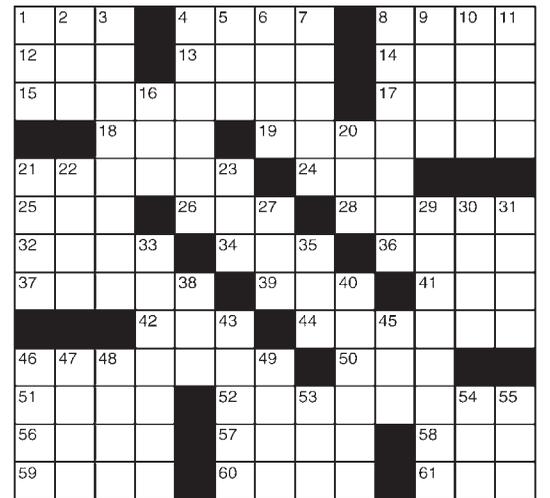
BE AWARE

- ACROSS**
- 1 Goof (up)
  - 5 Gland near a kidney
  - 12 NASCAR units
  - 16 ER skill
  - 19 Vocal quality
  - 20 On the dot
  - 21 Jai —
  - 22 "... boy — girl?"
  - 23 "This shop sells every fruity frozen dessert flavor?"
  - 26 Ryan of films
  - 27 Hot peppers
  - 28 Bank charge
  - 29 In — (bored)
  - 30 Three or four
  - 31 Segway inventor Dean
  - 32 Broncos' gp.
  - 33 "John Brown's Body" poet's wages?
  - 36 Mexico Mrs.
  - 37 Long cut
  - 38 TV's Swenson
  - 39 Lofty nest
  - 40 Flying disc that toy spaniels love to fetch?
  - 44 Was a blowhard
  - 46 Big name among cello virtuosos
  - 47 Label for Elton John
  - 48 Bric-a- — (trinkets)
  - 49 Ship's trail
  - 51 Thorough search of an Apple computer?
  - 59 Pierre's "here"
  - 62 Virile type
  - 65 Inferior to
  - 66 Mixed in with
  - 67 Lots of sundried brick surrounding an empty space?
  - 72 Former Navaho foes
  - 73 Toy with short
  - 74 Massive mammal, for short
  - 75 K'ung Fu- (Confucius)
  - 76 Political group turns against one of its own members?
  - 80 This, in Argentina
  - 82 Dinghy pair
  - 83 — polloi (the masses)
  - 86 Some electric cars
  - 90 Early-flowering leguminous trees
  - 94 Flemish painter being violent?
  - 98 Love, in Paris
  - 99 Slacken
  - 100 Beard, e.g.
  - 101 Ming of basketball
  - 102 "The Zoo Story" playwright with red hair?
  - 105 — Jima
  - 106 "— de Lune"
  - 108 Momentous time periods
  - 109 Omanis, e.g.
  - 110 D.C. ballplayer
  - 111 Milano of "Charmed"
  - 112 Was idle between Siberia and Alaska?
  - 117 Broke bread
  - 118 Years on end
  - 119 Put in place
  - 120 Tony winner Adams
  - 121 Danson of "Dad"
  - 122 Player's fee
  - 123 Mutinied ship of 1839
  - 124 Mems. of the upper house
  - 33 Highchair neckwear
  - 34 Atlanta-to-Charlotte dir.
  - 35 Racial rights gp.
  - 37 Twisted and turned
  - 41 "— goes it?"
  - 42 Largest city of Nebraska
  - 43 Walton of Wal-Mart
  - 44 Chocolate treat
  - 45 Sturdy wood
  - 48 Kiosk, e.g.
  - 50 Stage hams
  - 52 Nuns' home
  - 53 Co. honcho
  - 54 Hazy image
  - 55 Rally yell
  - 56 Skip over
  - 57 Boxes for recycling
  - 58 Ax feature
  - 59 "It's my turn"
  - 60 — rug (dance)
  - 61 Cake froster
  - 63 Helps illicitly
  - 64 Approaching
  - 68 Pres. before DDE
  - 69 White — ghost
  - 70 GM security service
  - 71 Clan symbol
  - 77 "— one to talk!"
  - 78 Severe
  - 79 The lady
  - 81 Nile slitherer
  - 84 Away for an extended break
  - 85 Cry after catching someone in the act
  - 87 Save for later
  - 88 "Little Birds" author
  - 89 Warehouse charges
  - 90 Directs fury toward
  - 91 Dubai, e.g.
  - 92 Gave away
  - 93 Pesters
  - 94 Shul head
  - 95 Spend
  - 96 Stinging flier
  - 97 Brazilian port city, in brief
  - 99 Pass by
  - 103 Expose by blabbing
  - 104 "— you clever!"
  - 106 The Indians, on sports tickers
  - 107 U-shaped instruments
  - 110 Terse denial
  - 111 Undercover?
  - 113 Viking realm
  - 114 Intel org.
  - 115 Senator Kaine
  - 116 Hellenic "H"



## King Crossword

- ACROSS**
- 1 Light touch
  - 4 Ducks' home
  - 8 Creche trio
  - 12 Swelled head
  - 13 Acknowledge
  - 14 Touch
  - 15 Its capital is Gaborone
  - 17 Give a darn
  - 18 Massive weight
  - 19 Mistake in print
  - 21 Bouquet component
  - 24 Online help page
  - 25 CD- —
  - 26 Badly lit
  - 28 Ancient African kingdom
  - 56 Arp's style
  - 57 Storyteller
  - 58 Long sandwich
  - 59 Watchful one
  - 60 Hamburg's river
  - 61 Afternoon affair
  - 62 Help surreptitiously
  - 34 "— Town"
  - 36 Billions of years
  - 37 Now
  - 39 Oft-tattooed word
  - 41 Placekicker's pride
  - 42 Dylan or Dole
  - 44 Potassium source
  - 46 Set free
  - 50 Can material
  - 51 Off base
  - 52 Form of food poisoning
  - 6 Zilch
  - 7 Happy, for one
  - 8 Rhesus monkey
  - 9 Blind as —
  - 10 Mentor
  - 11 Thing
  - 16 Boar's mate
  - 20 Skedaddled
  - 21 "Animal House" group
  - 22 See 23-Down
  - 23 With 22-Down, John Wayne movie
  - 27 Silent
  - 29 Gregor Mendel, e.g.
  - 30 Part of the loop
  - 31 Cruising
  - 33 Arranged in rows and columns
  - 35 Plagiarize
  - 38 — Kippur
  - 40 Ripe
  - 43 Sacred text
  - 45 Zero
  - 46 Put together
  - 47 Vacationing
  - 48 Protuberance
  - 49 Labor
  - 53 Bill
  - 54 Seek damages
  - 55 Biz deg.
- DOWN**
- 1 Newcomer to society
  - 2 Past
  - 3 Reached the nadir, with "out"
  - 4 Hocked
  - 5 Eggs

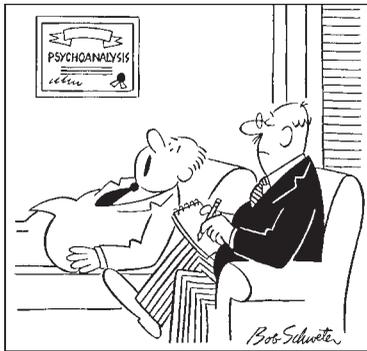


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 V T R ( M I C R O P H O N E ) P N  
 L J H F Y D B Y S T T M P T X  
 V T R S V P O M M K A I I O G  
 E D B Z A X R O R I T H P R W  
 U T R Q R E O D L E O N E C N  
 L J I G G F D S D C P T C H O  
 A Y X W V T A I S R T P A P T  
 O N E T A L P W L U O K E J A  
 I G F E T K C U B E H T P P B

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Baton
- Gravy
- Peace pipe
- The hat
- Butter
- Hot potato
- Pepper
- Torch
- Emails
- Ideas
- Salt
- Wisdom
- Germs
- Microphone
- The buck



"I had a very happy childhood —  
 \_\_\_\_\_  
 was much cheaper then!"  
 answer on page 55

### SCRAMBLERS

Unscramble the CAPITAL letters below to form four ordinary words. Then rearrange the boxed letters to form the mystery word to complete the gag!

Guide  
**STROEC**   

Trap  
**RONCER**   

Method  
**YOTHER**   

Doodle  
**CRAWLS**   

**TODAY'S WORD**

\_\_\_\_\_

9		5		3		2		
3				2			6	1
	7		4		5	8		
	9	3			1		8	
8			6	4		9		
	1				9		5	3
	2		3		6		4	
		1		7		3		6
7		6	8					5

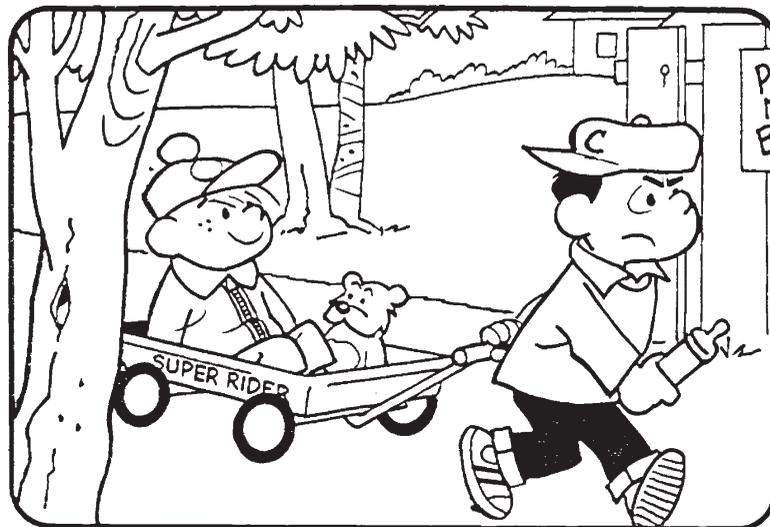
### SUDOKU

**To play Sudoku:**  
 Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

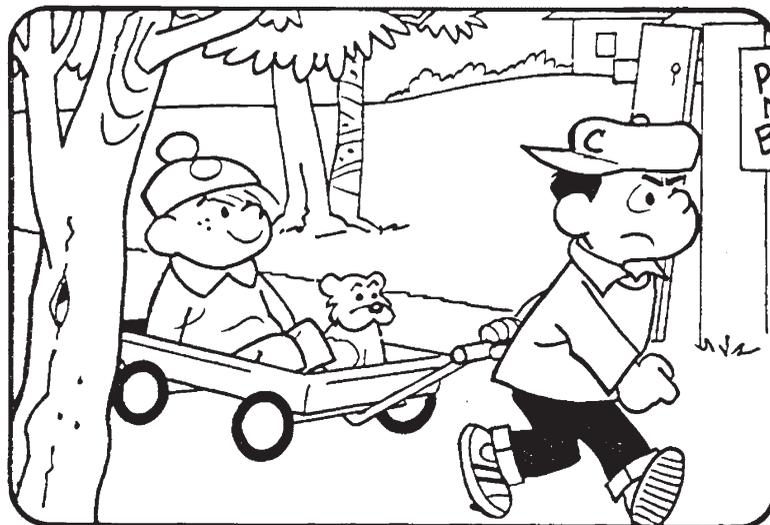
answer on page 53

### HOCUS-FOCUS

BY  
 HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Cap is different. 2. Zipper is missing. 3. Wagon name is missing. 4. Teddy bear is turned. 5. Fence board is moved. 6. Bottle is missing.

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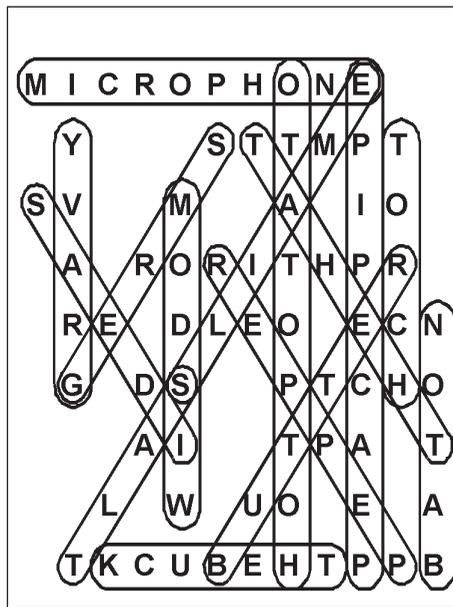
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 REDBUDS RUBENS RAMPANT  
 AMOUR EASE HAIR YAO  
 GINGERALBEE IWO CLAIR  
 ERAS ARAB NAT ALYSSA  
 SAT STEPINTOTHEBERING  
 ATE EONS SITUATE EDIE  
 TED ANTE AMISTAD SENS

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 EGO AVOW ABUT  
 BOTSWANA CARE  
 TON ERRATUM  
 FLOWER FAQ  
 ROM DIM NUBIA  
 ABET OUR EONS  
 TODAY MOM TOE  
 BOB BANANA  
 MANUMIT TIN  
 AWOL BOTULISM  
 DADA LIAR SUB  
 EYER ELBE TEA

## MAGIC MAZE



## SUDOKU

9	6	5	1	3	8	2	7	4
3	4	8	9	2	7	5	6	1
1	7	2	4	6	5	8	3	9
6	9	3	2	5	1	4	8	7
8	5	7	6	4	3	9	1	2
2	1	4	7	8	9	6	5	3
5	2	9	3	1	6	7	4	8
4	8	1	5	7	2	3	9	6
7	3	6	8	9	4	1	2	5

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10/19 \* TFN

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3BR/2B Annual Rental \$2,700 month. Furnished, two car garage. Ground level, no stairs, on canal, 3 miles from school near Ding Darling. 239-770-5568. Call in evening.

9/28 \* 10/19

**SANIBEL ISLAND ANNUAL RENTALS**

2/1 on Main Street \$1,800  
 2/1 on Sandpebble \$1,800  
 2/2 on Sandpebble \$2,000  
 3/2 on Periwinkle \$2,200\*  
 \*(w garage & shared pool)  
 Dogs okay.  
 Call or text Bridit @ 239.728.1920

10/5 \* TFN

**SANIBEL ANNUAL RENTAL**

Canal front home 3 bedrooms, 2 bath pool home in Shell Harbor - close access to the beach and causeway on the East End of Sanibel. Perfect location - \$3,800 per month. Call or text Rose at 239-851-5188.

7/27 \* TFN

**ANNUAL RENTAL**

**ANNUAL RENTAL SANIBEL**

Waterfront - 3/2+ den, dock, Direct access. \$2,950/mo. Gorgeous, Custom home.

**GUMBO LIMBO**

This 3/3 UF pool home backs up to Conservation Land \$2,300/mo.

**472-6747**

Serving The Islands Rental Needs Since 1975

**Gulf Beach Properties, Inc.**  
 Paul H. Zimmerman, Broker/Owner  
 10/5 \* TFN

**ROOMMATE WANTED**

**ROOMMATE WANTED SANIBEL**

Share House, Private BR & Bath. Beautiful, clean lakefront home to share. \$850/mo. + 1/2 utilities.

239-246-3394  
 9/28 \* TFN

**ROOMMATE WANTED**

Health Park Area, Single Woman, BR & Bath, Private Garden.

239-671-5655.  
 10/12 \* 10/19

**OFF MCGREGOR/ RIVERSIDE**

Furnished Room/Bath for one 50+ IN PRIVATE HOME, Utilities incl. No Smokers/Pets. Employed Only \$795 mo. Sec+ 239-297-8983

10/19 \* 10/19

**RENTAL WANTED**

**RENTAL WANTED**

Moving from NY to Sanibel for dream job. 38yr old female and 8yr old well trained & friendly Boston Terrier need a room to rent on Sanibel or Captiva ASAP until we find our own.

Please call/text  
 716-435-1947  
 THANK YOU  
 10/19 \* 10/26

**SERVICES OFFERED**

**PROFESSIONAL CAR WASH & WAX & DETAIL BY HAND**

Sanibel & Captiva Islands & South Fort Myers. Exterior & Interior Cleaning. Tire Dressing. No job too big or too small. I come to your Home, Condo, or Hotel. Reasonable Rates. Satisfaction Guaranteed. Call Bryan 239-284-3639

10/12 \* TFN

**SERVICES OFFERED**

**HELLE'S CLEANING SERVICES**

Residential Cleaning to Satisfaction  
 Sanibel & Captiva • 239-565-0471  
 Sanibel Lic. #11412 Lee Co. Lic. #051047  
 1/4 \* TFN

**ROGER NODRUFF ELECTRIC**

Dock Lighting, affordable LED conversion. FPE panel replacement, Landscape Lighting. Generator Sizing, etc, etc, etc. Call or text Roger 239-707-7203  
 State License #13002788  
 4/20 \* TFN



Complete Landscaping Services & Weekly Lawn Service  
 New Client Special 10% OFF your Mulch Installation, Landscaping Project, or Tree Trimming Project.

**239-896-6789**

4/13 \* TFN

**SCARNATO LAWN SERVICE**

Lawn Service, Shrubs and Tree Trimming Weeding, Installation of Plants, Trees and Mulch (one month free service available)  
 Joe Scarnato (239) 849-6163  
[scarnatolawn@aol.com](mailto:scarnatolawn@aol.com)

1/25 \* TFN

**HELP WANTED**

**HELP WANTED**

Kitchen help. Monday-Friday. Days. Apply in person. Sanibel Deli  
 472-2555  
 10/19 \* 10/26

**JERRY'S FOODS SERVERS & BARISTAS**

Part Time Evening And Weekend Front End Associates Needed. Looking for energetic, personable, and fun individuals, with open availability Monday through Sunday. If interested call and ask for John, Norm Sarah 472-9300. 1700 Periwinkle Way

5/6 \* TFN

**HANDY-MAN - PAINTER - LIGHT CARPENTRY**

SANIBEL MARINA  
 634 N YACHTSMAN DR  
 SANIBEL  
 472-2723  
 8/17 \* TFN

**HELP WANTED**

**SANIBEL HOME FURNISHINGS**

Upbeat, energetic, personable sales associate needed. Be a part of the team. Must be reliable, professional, organized and focused with good communication skills and a willingness to learn! PT/FT, Saturdays required. Call Diane at 239-887-9126

10/19 \* 11/2

**OFFICE ASSISTANT PT**

20 hrs/wk; set schedule; Bookkeeping exp. required; efficiency & accuracy a must! Email resume to: sandy@sanibelucc.org

10/19 \* 11/9

**BOATS - CANOES - KAYAKS**

**DOCKAGE**

Hourly, Daily, Weekly and Monthly. Captiva Island 472-5800

1/4 \* TFN

**AUTOS FOR SALE**

**2013 TOYOTA PRIUS HYBRID 5 DOOR**

Excellent Condition, 76,000 Miles Navigation System, Back Up Camera, new tires and all the extra's \$12,000

**2013 TOYOTA CAMRY XLE 4 DOOR**

Excellent Condition, 28,500 Miles Navigation System, Back Up Camera, Sun Roof, Leather Seats, All the extra's, \$12,500. Owner Lives on Sanibel island Call Dave Zuhusky 239-565-5180 or email dzuhusky@embarqmail.com

10/19 \* 10/26

**GARAGE SALE**

**GARAGE SALE**

Baby equipment, toys, bedding (K,Q,T), dishes, kitchen, misc. Saturday, October 20 8am-2pm 1734 Bunting Lane

10/19 \* 10/19

To advertise in the *Island Sun* and *The River Weekly News* Call 239-395-1213

# My Stars ★★★★★

## FOR WEEK OF OCTOBER 22, 2018

**Aries** (March 21 to April 19) A colleague might offer to open a door for you professionally. But before you walk through it, be sure this “favor” isn’t attached to an obligation you might find difficult to discharge.

**Taurus** (April 20 to May 20) Your creativity, your persistence and your reliability could lead to a major career shift. Be sure to use that other Taurean trait, your practicality, when discussing what the job offers.

**Gemini** (May 21 to June 20) A changing situation might require some adjustments you might not have been prepared to make. However, flexibility in this matter could be the best course to follow at this time.

**Cancer** (June 21 to July 22) You’re in a period of fluctuating moods, which is not unusual for the Moon Child. Your emotions stabilize by the 26th. Meanwhile, try to hold off making major decisions until then.

**Leo** (July 23 to August 22) That keen sense of perception helps you hunt down those minute details that others overlook. And, of course, your Leonine ego will accept the expected praise with good grace.

**Virgo** (August 23 to September 22) Be careful not to be confrontational when raising a work-related issue. Better to make a request than a demand. And, of course, be prepared to back up your case with facts.

**Libra** (September 23 to October 22) Your ego might be hurt when a colleague turns down your offer to help. But accept it as a rejection of your offer, not of you. A friend from the past could re-emerge by week’s end.

**Scorpio** (October 23 to November 21) A flow of positive energy turns a work project you didn’t want to do into something you actually love doing. Now, take that attitude into your social, intimate life – and enjoy what follows.

**Sagittarius** (November 22 to December 21) Working hard to meet your professional goals is fine. But don’t neglect your private life, especially where it concerns your more cherished relationships.

**Capricorn** (December 22 to January 19) “Patience” remains the key word in dealing with an emotionally sensitive situation involving a close friend or family member. Help comes your way by week’s end.

**Aquarius** (January 20 to February 18) With new information coming in, it’s a good time to rethink some of your goals without

taking suggestions from others, no matter how well-meaning they might be.

**Pisces** (February 19 to March 20) Making progress on your project is relatively easy in the early part of the week. A problem could arise midweek. But all goes swimmingly once it’s resolved.

**Born This Week:** Holding fast to your principles, no matter what, inspires others to follow your example.

### STRANGE BUT TRUE

- It was 17th-century French author Francois de La Rochefoucauld who made the following sage observation: “Some people with great virtues are disagreeable, while others with great vices are delightful.”

- If you wanted to dig to the center of the earth, you’d have to go down about 4,000 miles.

- If you’re a fan of fishing, here’s a cautionary tale regarding the weather: A 48-year-old Colombian man named Felipe

Ortiz (for reasons unknown) decided to go out fishing in a raging storm. He cast his line into a strong wind, but the line blew back and caused the baited hook to lodge in his throat, killing him.

- Are you a dipsomaniac? The root of the word is from the Greek “dipso,” meaning “thirst” – and we’re all familiar with the “mania” part. “Dipsomaniac” is just a fancy name for a drunk.

- Feeling pressed by ever-increasing postage rates? Well, consider this: To send mail by Pony Express originally cost \$5 per ounce – the equivalent of more than \$150 in today’s dollars.

- At one time the game of checkers was known as “chess for ladies.”

- Unless you’re a professional dairy farmer who milks cows on a daily basis, it’s unlikely that you’re aware of the fact that it takes, on average, 350 squirts to get a gallon of milk.

- Jewelry lovers, pay attention: Oysters

aren’t the only creatures with the capability to make pearls. Pearls can come from any mollusk that makes a shell, including mussels, clams, conchs and even land snails.

### THOUGHT FOR THE DAY

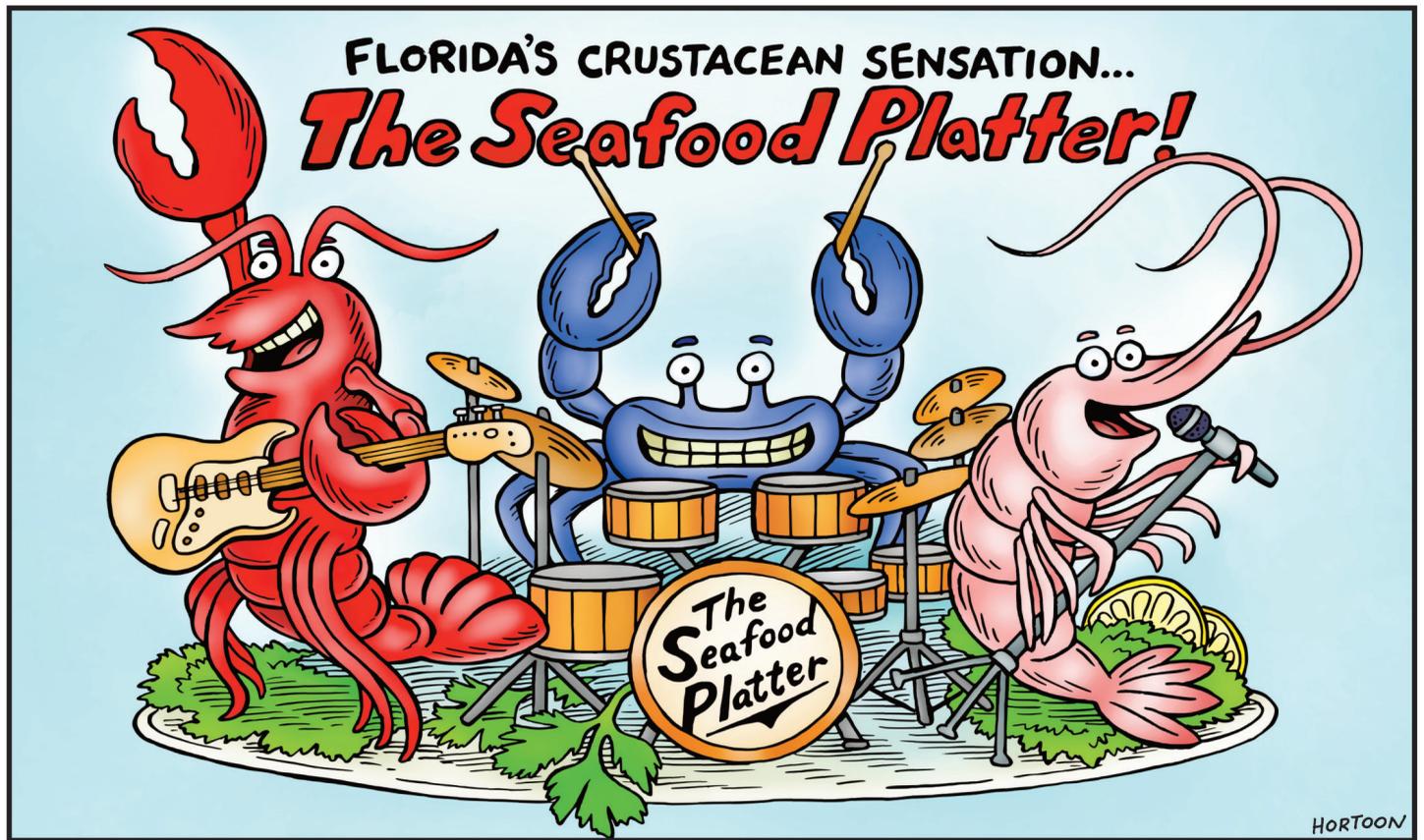
“I like an escalator because an escalator can never break, it can only become stairs. There would never be an escalator temporarily out of order sign, only an escalator temporarily stairs. Sorry for the convenience.” – Mitch Hedberg

### SCRAMBLERS

1. Escort; 2. Corner;
3. Theory; 4. Scrawl

Today’s Word  
**CHOCOLATE**

## HORTOONS



## Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Dickeys John R Subd	Captiva	2005	4,700	\$6,795,000	\$6,000,000	1080
Gulf Island Manor	Fort Myers Beach	1947	1,919	\$2,299,000	\$1,995,000	110
Tarpon Estates	Cape Coral	2012	4,330	\$2,295,000	\$1,875,000	130
Not Applicable	Sanibel	1972	3,143	\$1,690,000	\$1,600,000	396
Orchid Ridge	Estero	2001	3,444	\$1,199,900	\$1,087,500	161
Sunset Trace	Estero	2006	3,069	\$895,000	\$875,000	144
Corkscrew Shores	Estero	2014	3,950	\$825,000	\$765,000	322
Cape Harbour	Cape Coral	1998	2,704	\$740,000	\$720,000	88
Bonita Lakes	Bonita Springs	2014	2,710	\$729,000	\$700,000	22
Cape Harbour	Cape Coral	2018	1,381	\$695,000	\$695,000	45



It's been a tough summer,  
& we just want to say  
**THANK YOU FOR  
YOUR SUPPORT.**

The Original  
Yucatan Shrimp

**“For the sun-kissed & sun-desirous  
alike, a vacation on a plate.”**

The New York Times  
Magazine

Flat Breads • Outdoor Seating • Island Mojitos

### Sanibel Island



**2500 Island Inn Rd**  
Sanibel Island FL, 33957  
239.472.8311

### Captiva Island

Open to the Public!



**South Seas Island Resort**  
Captiva Island FL, 33924  
239.312.4275



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