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Island Sun

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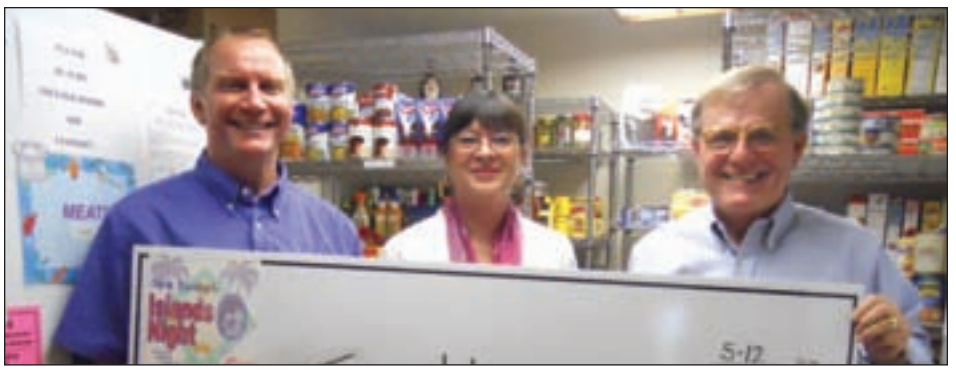
MAY/JUNE SUNRISE/SUNSET: 30 6:36 • 8:16 | 31 6:36 • 8:16 | 1 6:36 • 8:17 | 2 6:35 • 8:17 | 3 6:35 • 8:18 | 4 6:35 • 8:18 | 5 6:35 • 8:19



Richard Johnson and Marty Harrity presenting a check from Islands' Night to Maggi Feiner of FISH

Beer Challenge To Debut At Islands Night

by Jeff Lysiak

The battle for bragging rights will be put on the line next week during Islands Night, when members of the Sanibel-Captiva Kiwanis Club and the Rotary Club of Sanibel-Captiva square-off to see who can sell the most beers.

The 1st annual Beer Challenge will take place on Wednesday, June 4 at Hammond Stadium during Islands Night. The Fort Myers Miracle will be taking on the Lakeland Flying Tigers. Gates open at 5:30 p.m., the parade of island clubs, groups and organizations begins at 6:15

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CHR Annual Report Approved By Commission

by Jeff Lysiak

After presenting the annual report, goals and objectives to the city's Below Market Rate Housing subcommittee, the planning commission heard and unanimously approved Community Housing & Resources' year-end report.

Presented by CHR board chair Richard Johnson on Tuesday morning, the commission offered praise for the program in meeting its objectives and overcoming several challenges during the past few years.

"Below Market Rate Housing is not only alive and well, but successful," said Johnson, filling-in for the absent Kelly Collini, executive director of CHR. "We've made tremendous strides from where we were… we got ourselves into this challenge or situation, but we're going to get ourselves out of it."

Among the highlights from CHR's past year of activities:

• CHR addressed all previous year's notes from the Auditor's Report to Management letter, which stated, "No financially significant comments noted" for the current year.

• CHR operated in the black since January of 2013, having paid all outstanding debts and eliminated a $30,000 deficit.

• The CHR/CICLT board of directors designated $60,000 to establish two reserve accounts: $30,000 to establish a rental replacement reserve fund for maintenance and/or replacement of roofs, staircases and other capital projects for CHR rentals buildings. And another $30,000 to establish a Limited Equity Ownership (LEO) appreciation reserve fund to ensure that funding is available to pay for the appreciation owed to LEO owners upon selling their home back to CHR/CICLT.

• The agency sold the last available

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Chloe Essig, Ronald McDonald and Tim Ward

Chloe Essig clowning around

Good Deed For The Day

Grampy's Charities' good deed for the day on Saturday, May 17 was to provide dinner for the parents staying at the Ronald McDonald House in Fort Myers while their children are in the hospital. Various groups and individuals provide meals at the facility. Warren Bibbins, executive chef and owner of Olive B's restaurant in Big Sky, Montana prepared the meal, which included braised short ribs, mashed potatoes, lobster mac

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Looking Back:

The First Schoolhouse On Captiva

The Captiva Island Historical Society, which has opened its new History Gallery, is focused on presenting the history of Captiva with a series of photos. The History Gallery is accessed through the Captiva Memorial Library located on Chapin Lane on Captiva. This week's image is the first schoolhouse on Captiva, established in 1901 by William Herbert Binder, on the property now home to Chapel by the Sea. The school was attended by students who lived on both Sanibel and Captiva. photo archives of the Captiva Island Historical Society

Registration Under Way For Road Rally

The 35th annual Road Rally on Sanibel is Friday, July 4. So grab your sunglasses, put on your driving gloves and prepare to have some fun.

Sanibel-Captiva Optimist Club's longest-running 4th of July event celebrates 35 years of fun for teams and families as they puzzle out the clues while following a prescribed driving course around the island. Prizes will be awarded for correct time, mileage and for the most correct answers to the quiz about things seen along the route, as well as for the best decorated vehicle. There will also be a 50/50 raffle and an after-rally party.

Choose your team (a driver, navigator and spotters are usual). Entry forms are available at Bailey's General Store, Sanibel Cafe, Sanibel Captiva Community Bank, *Island Sun* newspaper or at the starting line. Mail with entry fee of $35, to San-Cap Optimist Club, PO Box 1370, Sanibel, FL 33957, or bring it to the starting line. Entry fee includes car, driver, navigator, unlimited crew and one commemorative Road Rally T-shirt. Additional T-shirts will be available for $15. The number of entries is limited so register early.

This year the rally begins in Timbers Restaurant/Sanibel Grill parking lot (only one-half block north of Bailey's on

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Back from left, Robyn Moran, president; Lynn Ridlehoover, vice president; Kris Ritts, club treasurer and club past president, ex officio; Barbara Beran; Carol Gestwicki; Jill Janda-Kanner; Linda Robison, Area 6 director; and Karen Storjohann, foundation past president, ex officio. Front from left, Susan Tucker, foundation treasurer; Gini Jones, president-elect; Dalia Jakubauskas; Ruth Mayer; and Maddy Mayor, foundation secretary. Not pictured, Ava Hinojosa, club secretary; Helen Ramsey; and Marietta Meacham, foundation board, Zonta Club of Fort Myers.

Zonta Installs New Officers, Directors

Members of the Zonta Club of Sanibel-Captiva gathered recently at the home of Linda Robison, club member and Zonta Area 6 director, where Robison formally installed the leadership for the club year 2014-2015, which begins June 1.

During the past year, the club has moved to combine two boards – that of the club and that of the Zonta Foundation of Southwest Florida, the club's 501(c)3 – for simpler administration and record-keeping. For the first time, the members of the club board (most of the officers plus the members-at-large) will also function as the foundation board, with the exception of the positions of secretary and treasurer, which are each unique to that board. A seat on the foundation board is also reserved for a representative from the Zonta Club of Fort Myers.

Incoming president Robyn Moran presented outgoing president Kris Ritts with an etched vase by Luc Century, and commented in jest that, with the hard work of merging the boards behind them, Zontians can look forward to a year "with nothing to do." For this award-winning club that raised over $100,000 from its recent fundraiser, A Peek at the Unique, that is highly unlikely.☆

American Legion Post 123 News

On Sunday, June 1, American Legion Post 123 on Sanibel will serve meatloaf and mashed potatoes from 1 to 8 p.m. The following Sunday, June 8, the legion will serve BBQ ribs and chicken all day long.

Every Monday, 9-Ball Pool Tournament action begins at 5 p.m. Every Wednesday, the legion offers Hump Day specials.

Texas Hold'em is played every Thursday at 7 p.m. and Saturdays at 4:30 p.m. Players are welcome and must be members.

Every Friday, a six-ounce ribeye steak sandwich is available all day. There are daily specials as well as the popular half-pound burgers. The public is welcome.

Hours are Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m.

American Legion Post 123 is located at mile marker 3 on Sanibel-Captiva Road. For more information, call 472-9979.☆

From page 1

Good Deed For The Day

Grampy's board members Jim Castle, Bob Risch and chef Warren Bibbins

Chef Warren Bibbins overseeing the head table

and cheese, and carrot cake.

The meal was well received by the two dozen guests. "It was a special occasion and a lot of fun, which is always welcome," said Laura Regin, executive director of the Ronald McDonald House. There were toddlers in the group who had a great time playing with the "magic appletree" and the statue of Ronald MacDonald gracing the house's front portico as well as with a bag of clown noses. Several members of Grampy's board of directors were on hand to peel potatoes.

Grampy's raises funds in support of organizations who work with comfort and resource based charities who make a difference in the lives of kids who need it most. Last January, Grampy's held a fundraiser at The Dunes Golf & Tennis Club for the Ronald McDonald House CareMobile and Muscular Dystrophy. They plan to do it again next year.☆

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Debora Baker and her third grade class with Richard Finkel

photos by Jeff Lysiak

Slash Pines Planted By Third Graders

by Jeff Lysiak

The annual tradition of giving back to the earth was repeated again last Friday morning at The Sanibel School as both third grade classes planted 40 slash pines near the front of the school's property on Sanibel-Captiva Road.

With the assistance of Richard Finkel, environmental educator from the Sanibel-Captiva Conservation Foundation, youngsters planted their trees in the center aisle of the parking lot as well as alongside the field adjacent to the covered pavilion.

"This project started with a field trip to the Pick Preserve, where the children helped plant a number of trees," said teacher Debora Baker. "Then for Arbor Day, all of the students received a slash pine to take care of."

According to Baker, each student measured, graphed and determined growth averages of the slash pines, which complemented classroom work about trees.

On May 23, third graders from both Baker's and Emily Wells' classes planted the slash pines they took care of this year. The pupils learned how to remove the tree from its pot, place it in a pre-dug hole, surround it with soil and pack it securely.

"I liked this project… especially planting the trees," said student Lily Doster.

One by one, the students took their own trees, and then assisted their friends in planting the slash pines around the parking lot area.

"I like getting dirty," added Preston Hall, a sentiment echoed by fellow third grader Sammy Rose: "Filling in the holes is fun… I like patting down the dirt, too."

Finkel returned later in the day to water the newly-planted trees, and will monitor their progress throughout the summer.

Richard Finkel points out the roots of the tree prior to planting

Debora Baker, right, assists Sammy Rose in planting a tree

Third graders planted 40 slash pine trees with the assistance of environmental educator Richard Finkel during a class project last Friday morning at The Sanibel School

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Lily Doster sprays her tree with water, which caught Preston Hall by surprise

John Kanzius

Kanzius Foundation To Close

by Jim George

Five years after the death of its founder, the Kanzius Cancer Research Foundation will close its doors on June 30. The announcement was made last week by the board of directors of the organization. Islander John Kanzius developed the possible alternative treatment for cancer while living on Sanibel and research has continued for the past 10 years to bring the treatment to fruition. The foundation was started in 2008 and has raised about $17 million for research for the project. The foundation's board said it has "reached the peak of its progress" and "funded all of the research of the Kanzius Non-invasive Radiowave Cancer Treatment necessary to launch human trials." Much of that money came from local Southwest Florida donors, although the foundation does not release donor names. Residual assets of the foundation will be divided among Lee Memorial Health System; Erie, Pennsylvania Medical Center; and Baylor University.

Kanzius died in 2009 from leukemia related complications. Kanzius, a former radio engineer and broadcast manager, invented a device that uses radio waves to heat and destroy cancer cells targeted with nanoparticles without affecting nearby healthy cells.

Although the foundation will cease operations, researchers will submit their application in coming weeks to the Food and Drug Administration to start human clinical trials under the auspices of AkesoGenX, Houston, Texas, owners of the technology patents. The application will focus on pancreatic and liver cancer. If and when the FDA approves human trials, those trials are expected to take place at Lee Memorial Health System, one of five sites. AkesoGenX will cover the cost of human trials, according to Mark Neidig, executive director of the foundation.☆

Lee Republican Women Meeting

The Lee Republication Women Federated will meet on Monday, June 9 at The Edison Restaurant, 3583 McGregor Boulevard in Fort Myers. The social will begin at 5:15 p.m. followed by dinner and the program. The program will be a panel discussion on the pros and cons of the marijuana legislation. Cost is $22 to attend. RSVP by calling 432-9389, email rmh738@aol.com or go to www.leerepublicanwomen.com.☆

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Twenty seven teachers from The Sanibel School were treated to a VIP tour of the JN "Ding" Darling National Wildlife Refuge on May 20, with narration provided by Tarpon Bay Explorers naturalist Wendy Rex and refuge manager Paul Tritaik

photos by Jeff Lysiak

Sanibel School Teachers Take Refuge Tour

Last Tuesday's group from The Sanibel School attempt to identify some of the birds flying overhead

Several teachers take in the scenery at the refuge's Red Mangrove Overlook boardwalk

Refuge manager Paul Tritaik, left, explains to a group of teachers potential reasons why mullet can be seen "jumping" in the water

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Is Your Community Ready For Hurricane Season?

submitted by Ken and Kate Gooderham,
ASBPA executive directors

For coastal communities across the nation (especially those in the Atlantic and Gulf coasts), June 1 holds a special place on the calendar – the official start of hurricane season.

While hurricanes and coastal storms can strike any time of year, June 1 is the date everyone focuses on – for good reason. Conditions can be ripe, preparations need to be started and residents (and others) need to start paying attention to the potential risk.

What makes a beach storm-ready? With some exceptions for localized conditions, it means a beach that's sediment-rich and stable, often with high vegetated dunes and elevated structures set back from the wave zone. Now, it may be too late to achieve that this season if your beach doesn't fit that description, but this is a goal you could set for your coast. That's a target that takes time and planning to achieve, but one that pays off in terms of damage reduction and community recovery.

Further, your coastal managers should be looking over the beach with a critical eye – looking for vulnerable infrastructure such as roads and utilities as well as littoral weaknesses and likely problems such as hot spots that will need to be shored up or low spots prone to overwashing in even the more routine storm events. That will help customize both preparation and recovery efforts, as well as guide future work to make your coast more resilient overall.

Has your community – meaning residents, visitors and businesses – planned for a post-storm beach profile and coast? They may be surprised at the sand loss, but may need to be reminded the sediment was just moved offshore due to the scouring nature of storm waves, and it will migrate back onshore once waves and currents return to normal. That's also a good time to educate communities how coastal systems work, and to remind communities of the importance of pre-event mitigation for upland properties and infrastructure.

Do your coastal residents have a emergency preparedness plan – particularly those most at risk? Are their preparations in place – securing home and possessions, and the knowledge of local dangers, the expected warnings and local evacuation plans? Do they have a safe place to go or to stay, and the supplies to handle either? Is there a post-storm protocol for restoring services, repatriating residents and returning things to normal?

Remember, there are a number of ways a storm can attack your beach and community, and you need to be ready for each of them:

• Waves – The most obvious destructive force on the ground during a storm, scouring away sand and then upland ground, buildings and infrastructure once the protective beach is gone or the storm surge pushed the wave zone landward. Your best defense is to relocate critical infrastructure away from the hazard zone and to have a wide beach and elevated structures, with perhaps some hardening of critical infrastructure such as roadways and bridges in vulnerable areas that cannot be relocated areas.

• Winds – Destructive on two fronts… as an assault on structures and infrastructure either directly or by accelerating other wind-borne items as missiles, and as the force which piles up water and waves to push surge shoreward as a storm makes landfall. For the former, good building codes (to enhance building integrity in the face of assault) and removing potential missiles (by cleaning up debris and small items pre-storm) will help. For the latter, locate structures away from the inundation zone and make sure structures and infrastructure are reinforced and elevated with a wide protective beach and high dunes.

• Surge & Tides – Perhaps the most serious destructive force, especially in slow-moving storms that have a lot of time to build their watery momentum before landfall. As was seen in Sandy (a minimal hurricane for wind, but a monster in terms of size and surge), surge and tidal rises can cause flooding problems on both sides of a barrier island. As before, strong elevated structures and infrastructure behind a wide beach make a real difference… but also look for unsuspected vulnerabilities, such as low-lying bayfronts subject to flooding or evacuation routes with weak links that will wash out or over too quickly.

• Rainfall Flooding – On top of everything else that's happening, a wet storm wreaks its own special havoc – both further inland, as creeks and streams turn into some much larger and low-lying areas because instant lakes, and along the coast, where surge and high tides prevent drainage of rainfall flooding. Look at your area's flood risks and drainage systems – particularly those that rely on tidal outfalls to carry away excess water.

The most important step you can take, however, is to heed local emergency managers when they tell you how to prepare for storm dangers and what to do to survive an approaching storm. They are more aware of local conditions and vulnerabilities, are working with the most up-to-date information and probably have the best handle on the true nature of the storm situation – so listen to them.

Experts are eyeing a quieter than normal season in the Atlantic and a stronger than normal for the Pacific thanks to an expected strong El Nino – above-normal

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INSIDE CITY HALL

From page 1

CHR Annual Report

LEO unit, thus reducing long term debt by $160,000.

Johnson also noted CHR establishing a website (www.sanibelchr.org) as well as a new database for tracking donors and gifts.

During discussion of CHR's annual report, which also included long-term goals and objectives, fiscal year 2013 demographics and a vacancy loss report, commissioner Holly Smith asked about the waiting list and procedures the program uses to fill vacancies. Johnson offered a number of details on the process, noting that CHR continues to update its list of potential residents on a regular basis.

Following several positive comments from the commission on Johnson's report, the panel approved passing it along to council for consideration.

In other business, Director of Planning Jimmy Jordan noted that Tuesday's meeting would be the first to broadcast live via the city's website (www.mysanibel.com), and that new software has been installed that allows citizens to monitor local government meetings either streaming live or via playback.

"There isn't going to be a video component," Jordan noted, but also explained that instead of having to listen to an entire meeting, people will be able to skip ahead to specific items on an agenda.

"We're very excited about this software," said Vice Mayor Doug Congress during his council liaison report. He added that the program can be expanded to carry video, and that the first city council meeting that will broadcast audio starts on July 22.☼

Planners Pass Permeable Paver Ordinance On To Council

by Jeff Lysiak

During Tuesday's planning commission meeting, a draft ordinance which would amend a city Land Development Code allowing – under certain conditions – the use of permeable pavers within the driveways and parking areas of single-family, duplex and triplex residences was introduced.

Jimmy Jordan, director of planning, told the commission that according to a study conducted by LaRue Planning and Management Services, the effectiveness of permeable pavers varies with the installation, maintenance and the geographic area due to weather, soil and sub-surface conditions.

"Permeable pavers without a storage bed are placed only on a thin layer of sand and crushed stone that provides only structural support for the paver surface and has no significant runoff storage volume," the report reads in part. "We suspect, with the likely high water table in Sanibel, that permeable paver systems are most likely built without storage beds. Even without storage beds, a portion of the runoff from the pavers can still collect in the surface voids and infiltrate through the sand and crushed stone bed into the soil below."

Jordan noted that several considerations associated with permeable paver systems – including applicability, installation, maintenance and permeability – were investigated, along with how other communities' regulations for permeable pavers vary.

"It is apparent from this study that the use of materials such as sand, shell and gravel as driveways and parking areas can become more compacted and less pervious over a period of many years," the city's staff report reads in part. "It is similarly apparent that pervious pavers, when they are properly installed and maintained, can enhance the treatment and filtration of stormwater runoff carrying contaminants and siltation from shell and sand driveways and vehicular parking areas."

A draft ordinance amending LDC standards was submitted along with Jordan's report. The use of permeable pavers for driveways and parking areas at all new and existing single-family, duplex and triplex residential developments, and the replacement of existing sand, shell, asphalt, brick or concrete driveways and parking areas with permeable pavers, shall be deemed to be 100 percent permeable. Among the provisions are:

- The pavers are installed to the manufacturer's specifications and are not less than 50 percent permeable
- The slope of such surfaces does not exceed one to 12, vertical to horizontal
- A vegetated landscaped buffer at least 10 feet in depth is provided on each side of the driveway, unless the driveway is existing, and is located closer than 10 feet to a side property line, and cannot be relocated in order to comply with this requirement, then the buffer on the one side of the driveway can be less than 10 feet in depth
- The driveway shall not be curbed or blocked along its sides in order to ensure that stormwater is allowed to drain into the adjacent vegetated landscape buffer
- Where there is a shared use path, the paver driveway must stop at and abut the interior edge of the path in order to allow for a continuous pathway without any changes in either height or texture

During a discussion on the proposed legislation, commissioner Chuck Ketteman asked if there was a "backlog" of applications pending passage of the amended ordinance. Jordan responded that he and his staff anticipate a number of applications coming forward once the ordinance becomes effective, however, no applications were currently pending.

A request to look into permeable pavers as they relate to commercial and mixed use properties was also discussed, and commissioners may address the issue at the June 10 meeting.

Ketteman made a motion to approve the draft ordinance, which was seconded by Dr. Phillip Marks and approved unanimously, 6-0, with Tom Krekel absent. It will be passed along to council, which is expected to conduct a first reading of the law on June 3.☼

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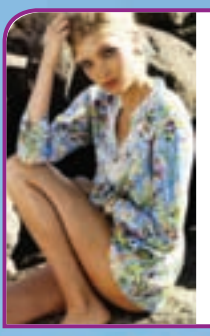

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UNITARIAN UNIVERSALISTS OF THE ISLANDS:
Meets on the first Sunday of each month from December through April at the Sanibel Congregational Church, 2050 Periwinkle Way at 5 p.m. A pot luck is held at a member's home on the third Sunday of each month. For more information call 433-4901 or email ryi39@aol.com.☆

OBITUARY

PATRICIA GRACE (MCKEON) MAXEINER

Patricia Grace (McKeon) Maxeiner, 89, of Fort Myers, Florida left the loving arms of her family on Friday, May 17, 2014. Patricia was born on July 15, 1924 in Montgomery, Minnesota to Dr. Joseph and Grace (Sullivan) McKeon. Patricia graduated from the University of Minnesota with a bachelor of arts degree and membership in the Phi Beta Kappa honor society. She worked as a social worker in New York City before moving to Edina, Minnesota to marry and raise her family. There, in addition to being a full time mom, she tutored high-risk students in reading and math, and founded the non-profit corporation the Adoption Option Committee, Inc. (currently known as the highly successful Adoption Option Council of Minnesota). Patricia relocated to Southwest Florida 30 years ago and became a resident of Sanibel Island and later Fort Myers. She served as a volunteer and community leader at The Bailey-Matthews Shell Museum, COTI (Committee of the Islands), BIG ARTS, and the Sanibel-Captiva Sail and Power Squadron. She belonged to the parish community of St. Isabel Catholic Church on Sanibel.

Patricia will be dearly missed by her loving husband, Dr. SR Maxeiner, Jr. (Bob); daughter, Madeline "Maddy" Maxeiner and son-in-law, Tom Mahoney; daughter, Margaret Duxbury (David); daughter, Melissa Kodaly (Kryss); and five grandchildren: Nicole Marie Duxbury, Christine Melissa Duxbury, Jacob Han Duxbury, Mischa Fisher (Amber Rockliffe) and Heather Fisher, and the Murphy kids, her treasured nieces and nephews. She was preceded in death by one grandson, Jonah T. Fisher, by her brother James McKeon, and her beloved sister and brother-in-law, Mary (McKeon) Murphy and William JD Murphy.

Tricia, a steel magnolia, was both fiercely independent and heart-and-soul committed to family. Over her 66-year marriage, she shared many adventures with Bob. Her entire family felt the warmth of her fierce loving protection. From her insight and faith came simple but profound wisdom that provided steady light in times of trial. She could find the ridiculous in the most frustrating or humiliating situation – if you listened carefully enough. She did not insert herself into the situation, just offered "opinions" from the sidelines that could reduce one to hilarity. She never spoke ill of others, no matter what. She was feisty, opinionated, deeply loving, funny, elegant, and a pillar of strength and grace. She will be missed forever.

A private funeral service and interment will be held in Minneapolis. A celebration of her life is planned in Minnesota on July 15, 2014, the date of her 90th birthday. Memorial contributions may be sent to St. Isabel Catholic Church, 3559 Sanibel-Captiva Rd., Sanibel, FL 33957; or to The Harry Chapin Food Bank, 3760 Fowler St., Fort Myers, FL 33901. Visit www.harvey-engelhardt.com for online condolences.☆

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Island Seniors At The Center 4 Life

Meet your friends and make some new at the Center 4 Life. Browse through the following activities, then stop by to sign up.

Trash & Treasures Sale will be back in November – The center is now accepting donations of clean, gently used items. Drop off at the Center 4 Life Monday through Friday between 8 a.m. and 3:30 p.m. No books, clothes, shoes, computers or TVs. If you have any questions, call Island Seniors, Inc. at 472-5743.

Page Turners with Ann Rodman – To be on the Page Turners list, email annrodman@aol.com or contact the Center 4 Life. On Wednesday, June 11 at 2:30 p.m., the featured book is *The Round House* by Louise Erdich, a political novel that won the National Book Award for Fiction in 2012.

Sunset Social on the Sanibel Causeway – Tuesday, June 10 at 6:30 p.m. Contact the center if you are interested in participating and for directions to the viewing area. Bring an appetizer to share and a beach chair. Weather permitting.

Watercolor & Collage with Bea Pappas – Fridays, May 30 and June 6 and 13 from 12:30 to 3:30 p.m. Additional sessions will be available May 30, June 6 and 13. Work from a still life in watercolor. Pappas will also be teaching an easy approach to collage, both figurative and abstract. Collage can be worked from torn magazines, found papers, which include book pages or handmade papers. Cost is $20 per session for members and $25 for non-members.

If working in watercolor, bring artist quality paint and paper or purchase paper for $4 a sheet. Collage artists will need a pint of fluid matte medium, scissors, papers, magazines and substrates. Substrates can be watercolor paper, canvas, canvas board or mat board.

Broadway Palm Dinner Theater: *Mid-Life The Crisis Musical* – Friday, June 6, dinner at 5:30 p.m. and show at 7:30 p.m. Advance registration due by Friday, May 30. Cost is $45 for members and $55 for non-members.

This amusing, yet sometimes moving musical comedy pokes fun at the curiosities and inevitability of middle age. Regardless of age or gender, everyone will enjoy a comic look at the trials and tribulations of the middle years.

Holocaust Museum and Education Center of Southwest Florida & Hollywood's Who's Who in World War II Exhibit – Wednesday, June 18. Travel to Naples for lunch at Season 52. After lunch will be a trip to the museum with a guided tour to explore the role of actors, actresses and athletes in World War II. From the front lines to the concentration camps, the exhibit will highlight iconic men and women that affected or were affected by World War II and the Holocaust. Advance registration due by Monday, June 16.

Games:

Bridge – Monday and Wednesday at 12:30 p.m. Cost is $2.50 for members and $5 for non-members. Prizes are awarded.

Mahjongg – Thursday at 12:30 p.m. Cost is $2.50 for members and $5 for non-members. Prizes are awarded.

Tuesday Kayaking – June 3 and 17, 8:30 a.m. There is space for 16 people on eight two-person kayaks and unlimited space for those who own their own kayaks. Island Seniors, Inc. will provide kayaks, paddles and life jackets. Bring water, a small snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is $5 for members and $10 for non-members. Advance registration is required.

Fitness Classes

Classes are available and all ages are welcome. Cost is $3.50 for members and $6 for non-members. Annual membership is $20. Sanibel Recreation Center members must show their membership cards to attend.

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. This class keeps your brain fit and your heart, lungs and muscles strong with a combination of aerobics and muscle conditioning exercises and balance. Hand weights, stretch cords and your body weight will be used. Class begins with a joke and ends with a positive thought for the day. Silvia Villanueva is the instructor.

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Mahnaz Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Mats are used to meet the needs of varying experience levels. Bring a towel. Kris Brown is the instructor.

For more information on programs or to join Island Seniors, call 472-5743 or stop by 2401 Library Way.

In Service To The Islands

Screenings Are Cornerstone Of Lions Community Outreach

by Jeff Lysiak

Members of the Sanibel-Captiva Lions Club in front of The Community House, where they meet twice monthly photo by Jeff Lysiak

Many people may look upon the Sanibel-Captiva Lions Club as one of the most visible community service organizations on the island. And that is certainly true… especially when you consider most of the time, Lions are seen dressed in their signature bright yellow polo shirts and baseball caps.

But given that one of the club's primary goals is to provide free glaucoma screenings (along with screenings for diabetes, blood pressure and hearing), you could say that the Lions main focus – no pun intended – is ensuring that the community takes care of their eyesight.

"We do vision and hearing screenings every month at the Sanibel Recreation Center, and they're open to everyone from preschoolers to adults," said Kurt Peters, first vice president of the San-Cap Lions Club. "We also check for diabetes and blood pressure, too. In all, we perform about $350 worth of medical screenings free of charge."

In addition, the Lions collect all sorts of eyeglasses – clear, prescription and sunglasses included – along with eyeglass cases and hearing aids, in working or broken condition. Between 300 and 400 pieces are boxed and shipped to the Lions national processing facility in Indiana, where they are repaired and refurbished, then sent out to clinics in need throughout the United States.

"From Sanibel and Captiva, we ship

continued on page 54

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Dangerous By Design

submitted by Ken Gooderham

Florida continues to be the most dangerous state in the nation for pedestrians, and Lee County's numbers are among the worst for Southwest Florida, according to a new report released by the National Complete Streets Coalition. From 2003 through 2012, 5,189 people were killed while walking in Florida, with 163 of those in Lee County.

The report, Dangerous By Design 2014, ranks America's major metropolitan areas according to a Pedestrian Danger Index (PDI) that assesses how safe pedestrians are while walking. The top four deadliest major metropolitan areas in the country for pedestrians are in Florida – Orlando, Tampa, Jacksonville and Miami. The report also found that the majority of those deaths likely could have been prevented with safer street design.

While the Cape Coral/Fort Myers metro area is not among the 51 largest metro areas that were ranked by PDI, the report presents data on pedestrian fatalities in every U.S. metro area and every county, including Lee County. According to the report, Lee County's pedestrian fatality rate was 78 percent higher than the national average during the decade of 2003-12. Lee County's rate was 2.77 pedestrian fatalities per 100,000 people, compared to 1.56 nationwide and 2.83 for Florida overall. In Lee County, there were 163 pedestrian deaths during the last decade, comprising 16.9 percent of all traffic fatalities -- 37 percent higher than the national average (12.3 percent), but slightly below the Florida average of 17.7 percent.

The report looks at the annual pedestrian death rate (per 100,000 people) for the past five years (2008-12) in the 20 metro areas in Florida, including the Cape Coral-Fort Myers area, and shows that our area ranked in the bottom 20 percent of Florida metro areas for pedestrian death rate (ranked 18th out of 20). This is a major improvement over the 2011 report, when our metro area ranked fifth out of 20 when ranked by fatality rate. A key difference is that the data set eliminates the period of 2005-07, which saw record high pedestrian fatalities in Lee County.

In terms of Lee County's ranking compared to all 67 Florida counties, Lee County's pedestrian fatality rate for the 10-year data period covered (2003-12) ranked 31 out of 67 counties, above both the state and federal averages and highest of Southwest Florida's coastal counties. This is a significant improvement over the 2011 report, when Lee County ranked 17th out of 67 counties.

While Lee County's relative rankings within the state have improved, it's important to remember that our pedestrian fatality rates and percent of all traffic deaths that are pedestrians far exceed the national averages.

Compared to the 2011 Dangerous By Design (which used 2000-09 data), Lee County's performance made moderate improvements relative to both national and Florida numbers (see attached table). This is tempered by the knowledge that the county's performance worsened in 2013, when Lee County had a record 24 pedestrian fatalities--the highest since 2005 (which saw a record 32 fatalities).

While the Dangerous By Design report only focused on pedestrian fatalities, bicycle fatalities are also of great concern -- and in fact, Lee County's performance relative to both the nation and Florida is far worse than our pedestrian record. During the same period (2003-12), bicycle fatalities represented 4 percent of all traffic fatalities in Lee County – double the national average and one-third higher than the Florida average. The bicycle fatality rate was 0.66 per 100,000 population – three times the national average and 53 percent higher than Florida's average.

The majority of pedestrian deaths occur on roadways that are dangerous by design – engineered for speeding traffic with little to no provision for the safety of people walking, biking or using public transit. As the report points out, Florida grew in the post-war period, mostly through rapid spread of low-density neighborhoods that rely on wider streets with higher speeds to connect homes, shops and schools – roads that tend to be more dangerous for people walking. Seventy-three percent of pedestrian deaths in Florida were on roads where the posted speed limit was 40 mph or greater (compared to 61.3 percent nationally). In Lee County, the percent was even greater – 81.8 percent.

Pedestrian safety is often perceived as a strictly local issue but, for decades federal dollars have been invested in thousands of miles of state and local roads in the heart of communities. In fact, 68 percent of all pedestrian fatalities over the past decade occurred on federal-aid roads – roads that follow federal guidelines and are eligible to receive federal funds.

"Older adults have the greatest fatality rate of any group," said AARP Florida State Director Jeff Johnson. "Although Florida has made strides to address pedestrian fatalities in the last few years, there is clearly much more work to be done to make Florida streets and highways safer for all pedestrians. AARP stands ready to work with Florida state, county, city and advocacy groups to make our streets safer for all."

The Dangerous By Design report includes recommendations for federal, state and local officials to help communities save lives and improve the safety and comfort for everyone who uses the roadways. Since the last report in 2011, Lee County has undertaken some of these recommendations. First, the county's adoption of a complete streets policy and implementation plan in 2009 serves as the critical long term framework for making our streets safer for all users. In 2011, the Lee County MPO adopted its first ever countywide bicycle and pedestrian master plan, followed by a countywide bicycle and pedestrian safety action plan in 2013. This action plan includes many improvements highlighted in the national report. The plan also takes a collaborative approach, bringing together transportation, public health, law enforcement agencies and advocates to work on these problems.

Southwest Florida Statistics

County	Total Fatalities 2003-2012	Total Pedestrian Fatalities 2003-2012	Percentage of traffic deaths that were pedestrians 2003-2012	Annual pedestrian deaths per 100,000 pop.	State rank 2003-2012
Hendry	162	14	8.60%	3.66	11
State total	29,302	5,189	17.70%	2.83	N/A
Lee	964	163	16.90%	2.77	31
Charlotte	282	38	13.50%	2.4	41
Collier	487	53	10.90%	1.69	56
Glades	60	2	3.30%	1.6	58
U.S. total	383,489	47,025	12.30%	1.56	N/A

Source: "Dangerous by Design 2014," National Complete Streets Coalition
To view the full report, click here: http://www.smartgrowthamerica.org/documents/dangerous-by-design-2014/dangerous-by-design-2014.pdf
To review the Florida report, which contains data at metro and county level, click here: www.smartgrowthamerica.org/dangerous-by-design/state-statistics.
Link to interactive map of fatalities: www.smartgrowthamerica.org/dangerous-by-design/map

National, Florida and Lee County's Pedestrian Fatality Trends: 2011 Dangerous by Design Report vs. 2014 Report

	2011 Report (2000-2009)			2014 Report (2003-2012)		
	Total Pedestrian Fatalities	% of traffic deaths that were pedestrians	Annual pedestrian deaths per 100,000	Total Pedestrian Fatalities	% of traffic deaths that were pedestrians	Annual pedestrian deaths per 100,000
National	47,700	11.6%	1.6	47,025	12.3%	1.56
Florida	5,163	16.7%	3.0	5,189	17.7%	2.83
Lee	178	17.0%	3.4	163	16.9%	2.77
Percentage than higher national:						
Florida		+44%	+ 88%		+44%	+81%
Lee		+47%	+113%		+37%	+78%

Source: "Dangerous by Design" Reports: 2011 Report, p. 35 & Florida report p. 14;
2014 Report, Florida Report, Appendix C: County-level data

"The key now is for each local jurisdiction and agency leaders to implement the approved action plan," said Darla Letourneau with BikeWalkLee, a local coalition working to encourage complete streets in Lee County. "It will take commitment and sustained leadership to implement this plan, but it is vital to the safety and quality of life of our citizens that our unacceptably high pedestrian and bicycle fatalities and injuries be greatly reduced."

Florida and Lee County have a long way to go to improve the safety for all road users, but we're on the right path. We look forward to the day when Florida no longer holds the dubious distinction as the most dangerous state in the nation for both pedestrians and bicyclists.

• To view the full report, visit www.smartgrowthamerica.org/documents/dangerous-by-design-2014/dangerous-by-design-2014.pdf

• To review the Florida report, which contains data at metro and county level, visit www.smartgrowthamerica.org/dangerous-by-design/state-statistics.

• Link to interactive map of fatalities: www.smartgrowthamerica.org/dangerous-by-design/map.

Over the past decade, Lee County has received millions in funding from the federal Transportation Alternatives program (and its predecessor programs), which have supported sidewalk and bike path projects throughout the county that have made it safer for pedestrians, as well as cyclists. In September 2013, the Lee MPO was successful in winning a $10.4 million federal TIGER grant for its complete streets initiative project, which will close gaps in the county's pedestrian and bicycle infrastructure and improve safety of our roadways. Closely tied to the TIGER grant is the Lee MPO's Bicycle Pedestrian Safety Action Plan (BPSAP) adopted in September 2013, aimed at greatly reducing pedestrian and bicycle fatality and injury crashes through a wide range of recommended activities – from education, engineering to enforcement. Visit www.leempo.com/documents/BikePedSafetyActionPlanSept2013t.pdf; pages 8 to 11 has the 18 specific action items.

State Steps Up For Safety

As the national report highlights, while the federal government can set the tone for national approach to safety, states have ultimate responsibility for reducing pedestrian and bicycle fatalities and injuries. The year 2011 was a turning point for Florida, when the Florida Department of Transportation (FDOT) decided the state had to take action to shed its ranking as worst in the nation. In 2011, FDOT Secretary Ananth Prasad launched a statewide pedestrian and bicycle-focused initiative, led by FDOT District 1 Secretary Billy Hattaway. This comprehensive initiative is focused on Florida's top 10 worst regions, which includes Lee County. For the past two years, FDOT has provided additional assistance and resources to help Lee County in improving pedestrian and bicycle safety.

"Since 2011, there has been a sea change at the state level, with FDOT taking many steps to improve policies, procedures, staffing, and its agency's culture, and Lee County is benefitting from FDOT's leadership," said Darla Letourneau with BikeWalkLee. "We are confident that FDOT's initiative will make Florida a safer place to walk and bike; however, the results in terms of reduced fatalities won't show up immediately. Roads that are dangerous by design take years to be modified and improved for pedestrian and bicycle safety, so the task is like turning a battleship, not a rowboat." "We are especially looking forward to the soon to be released FDOT complete streets policy and implementation plan and guidance on road diets, context-sensitive-based pedestrian and bicycle design, mid-block pedestrian crossings, and promotion of roundabouts. All of these policies and guidelines will be valuable tools for local agencies working to improve the safety on our streets," added Letourneau. "We hope that in the future FDOT will also pursue additional policy changes recommended in report, such as reforms in evaluating roadway performance to account for the needs of all travelers, reforms in policy for establishing speed limits to provide local control, and allowing a wider range of guidelines."

– Southwest Florida statistics

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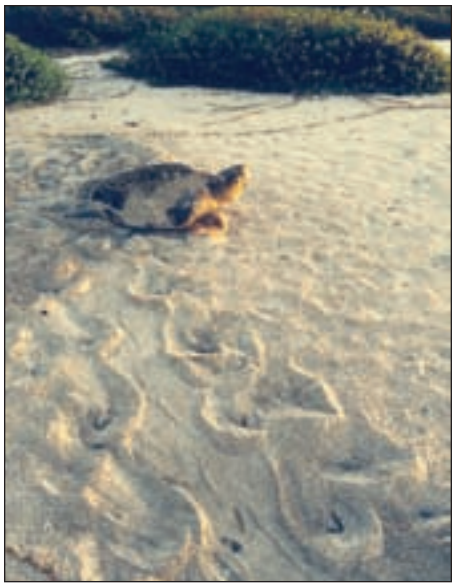

Loggerhead sea turtle finishing up her next on Sanibel's East End on May 19. Her crawl is clearly visible in the foreground.
photo by Linda Estep

Two Nesting Sea Turtles Spotted On Sanibel

Most loggerhead sea turtles come ashore at night to lay their eggs. However, twice last week, females were still on the beach at sunrise, finishing up their nesting duties.

On Monday, May 19, Sanibel-Captiva Conservation Foundation (SCCF) sea turtle patrol volunteer Linda Estep was walking her East End zone when she came across a loggerhead finishing up the nesting process.

Loggerhead sea turtle heading back to the Gulf of Mexico after nesting on Bowman's Beach on May 21
photo by John Debitetto

On Wednesday, May 21, John and Pam Debitetto – regular visitors from Massachusetts – came across a second loggerhead female heading back into the Gulf after nesting on Bowman's Beach.

For anyone who comes across a nesting sea turtle, please be aware it is against the law to disturb a nesting sea turtle and it is a federal offense to disturb or interfere with a nest. The photos were taken from a safe distance without disturbing the turtle.

Following are some additional guidelines from the Florida Fish & Wildlife Conservation Commission (FWC):

• Though sea turtles usually nest at night, it is very possible for humans to cross paths with nesting sea turtles and hatchlings on their way to the Gulf. If this happens to you, it is important to stay out of the sea turtle's way.

• Keep your distance, stay quiet, and don't put your hands on or near the turtle. Any distractions may frighten or disorient them, causing a female to return to the ocean before finishing her nest.

• Light can also cause a major disruption in the natural behavior of the turtles. Don't use any flashlights, flash photography or video equipment. This can cause a female to false crawl or lead her away from the water.

SCCF's Sea Turtle Coordinator Kelly Sloan coordinates more than 100 dedicated volunteers who patrol the beaches of Sanibel and Captiva every morning during the May-through-October nesting season. Learn more at www.sccf.org.☆

Offshore Rodeo Kids Fishing Tournament

Reel in some fun with Ronald McDonald at the Offshore Rodeo Kids Fishing Tournament, to be held on Saturday, June 7 at Port Sanibel Marina, 14341 Port Comfort Road in Fort Myers.

The event kicks off at 10 a.m. with various stations where young anglers will spend time learning, hooking and catching different types of fish. Lunch and a magic show with Ronald McDonald will follow at 11:30 a.m. The tournament is open to the first 50 kids, ages 12 and under, who are pre-registered.

Registration is $20 per child and includes tournament entry, T-shirt, fishing rod, trophy and lunch with Ronald McDonald. To register online, visit www.rmhcswfl.org. For more information, contact Angela Katz at 437-0202. All donations from the tournament will benefit Ronald McDonald House Charities of Southwest Florida.☆

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CROW Case Of The Week:

Teeny Tiny Turtle

by Patricia Molloy

Earlier this month, an injured Florida box turtle was brought into CROW by the Sanibel-Captiva Conservation Foundation (SCCF). The non-profit agency – which actively conducts studies in area water quality, fish populations, native wildlife populations and native plant growth – had been monitoring a select group of Florida box turtles as part of an on-going study.

Like all patients, the young Florida box turtle, now known as #0900, was given a thorough examination upon arrival to the wildlife clinic. "He came in at only 126 grams with evidence of a predator attack to the left part of his carapace and a small fracture to his plastron," explained Dr. Kristin. "There is a big deficit that is going to take a long, long time to heal."

Found exclusively in North America, there are four subspecies of box turtles found in the U.S. Very little overlapping occurs between the subspecies; the ones found exclusively in peninsular Florida are the Florida box turtle *(Terrapene carolina baur)*. Possessing bright yellow and green lines on their carapace (upper shell) and head, this variety of box turtle grows to be approximately 11 cm x 8 cm. Amazingly, some box turtles are believed to have lived to the ripe old age of 100 years!

While the ultimate goal for all CROW patients is to be released back into the wild, it is not always possible. Dr. Heather Barron, hospital director, will not release any animal that is not well enough to adequately feed itself or protect itself from predator attack in the manner which nature has intended. While she has not entirely given up hope with regard to this tiny turtle, she is looking into an alternative future for the patient.

"We might look at finding someone who wants to keep him as an educational animal, because whatever we put over that area to protect him when he goes out into the wild, will eventually fall off. There's nothing I can permanently do. As he grows, he will grow out of whatever we put on him," added Dr. Heather.

Until its future home can determined, CROW will continue to provide critical care for the young box turtle.

Be a good steward of the environment by sponsoring CROW's patients, as they do not have health insurance to cover their bills. You may specify that your donation to be used to help specific patients or species.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

This baby Florida box turtle, patient #0900, is no larger than a silver dollar. Here, it basks under a heat lamp on a dampened towel to ensure proper hydration.

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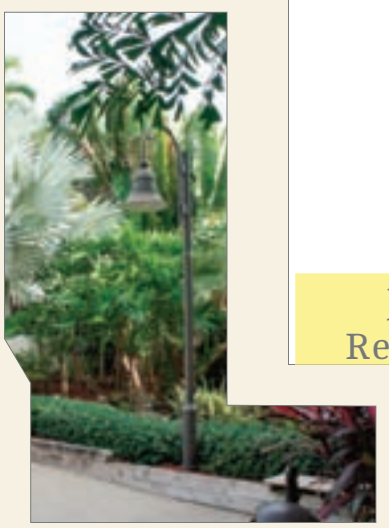

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The Tarpon Have Arrived

by Capt. Matt Mitchell

After what must have been almost three straight months of windy conditions it finally happened; the wind laid down. Anglers were greeted this week with tarpon fishing conditions we could have only dreamed about for the last month. Slick calm mornings and light afternoon sea breezes are just what the doctor ordered. Although it's about a month behind schedule at this point, it sure looks like we are going to have a tarpon season after all this year.

With the awesome conditions, it seemed the tarpon appeared and just came out of nowhere. After seeing very few tarpon all month, I saw more rolling fish on one morning tarpon charter than I had seen the whole of May. Slick mirror like conditions made the fish easy to locate from what seemed like miles away. Tarpon guides and anglers are finally smiling again as the month of frustration quickly ended and we are back in rolling fish, just how it should be this time of year.

All the usual places had tarpon this week. Good sized schools of fish where reported gulf side from Fort Myers Beach, Knapp's Point and out along the outside of Captiva all the way up Cayo Costa. I having been spending my time on good numbers of fish in the northern sound from Redfish Pass up to Cabbage Key, along with a few fish in the middle sound in the Demiere Key area. As the water continues to clear up, tarpon fishing should only get better and better.

Returning to a GPS mark on a personal favorite set of sandholes up by Captiva Pass three days in a row, this week we hooked at least two fish every trip. My best morning so far was jumping three tarpon. These tarpon in the sound seemed to be more keyed in on eating live pinfish and crabs presented under a float than the cut bait offerings.

Scott from New Jersey with his first tarpon caught fishing with Capt. Matt Mitchell this week

Just to watch these tarpon roll and free jump sure makes this fishing much more entertaining and not the grind and boredom it has been for weeks.

Another thing that made fishing these tarpon so cool was the variety of size of fish. Tarpon anywhere from around 40 pounds all the way up to 150-pound plus monsters where all in this mix. After landing a smaller tarpon in the 40-pound range without even having to chase it down, the next bite would often be a full sized model that would scream out 200 yards of line within 30 seconds. Twice this week we got to see the tarpon circle and eat our live baits. Talk about making your heart race.

Nothing makes me happy like getting a client their first tarpon and this week I got to do it two days in a row. Add to that the fact that twice we had to chase the fish through a pack of anchored up fellow guide friends all trying to do the same thing and it simply just does not get much better.

I know we have only had a few calm days in a row but the 10-day weather forecast looks like much of the same as we are getting into our regular weather pattern of light winds and the perfect tarpon fishing set up. The 4:30 a.m. mornings of waking up to howling winds with a tarpon trip booked, knowing your day is pretty much gonna stink before it even starts and will consist of sitting soaking cut baits and hiding from the wind while trying to pull off the next to impossible seem to be over for now. The last few mornings while walking out to the boat at 5 a.m., I have that pep back in my step and am excited about getting out to the tarpon. The long tarpon fishing depression we have all been experiencing is coming to a end as the big numbers we see annually have started to arrive.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.☆

Send Us Your Fish Tales

The *Island Sun* would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the *Island Sun*, 1640 Periwinkle Way, Suite 2, Sanibel, or email to islandsuncity@aol.com; or call Anne Mitchell at 395-1213.

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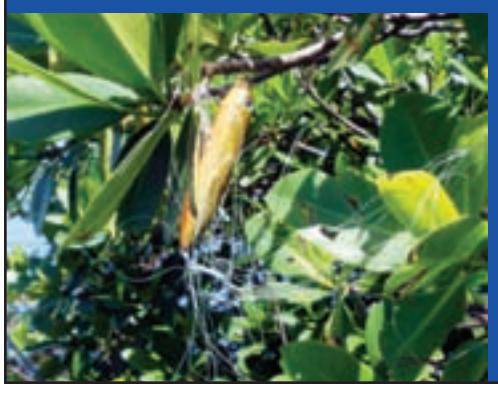

Cast carefully to avoid tangling tackle in mangroves

From page 9

Hurricane Season

water temperatures in the equatorial Pacific that enhances hurricanes in the Pacific but boost wind shear in the Atlantic. However, even a quiet season produces a few storms – and if one comes calling, things won't be so quiet after all.

For more information on ASBPA, go to www.asbpa.org, Facebook or www.twitter.com/asbpa.☆

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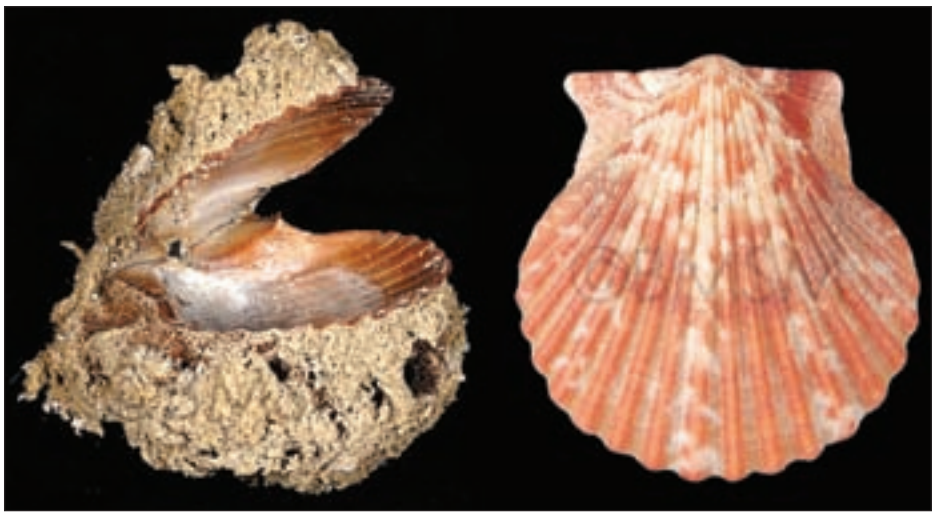
Dave Doane

Shell Of The Week

The Rough Scallop

by José H. Leal, PhD, The Bailey-Matthews National Shell Museum Curator and Director of Education



Rough scallop valve (right) and paired valves (bottom) found in 2010 in association with sea sponge by Shell Museum collection volunteer Smoky Payson

Despite the strong attraction lion's paws exert on local shellers, my favorite local Pectinidae is the rough scallop, *Lindapecten muscosus* (W. Wood, 1828). The rough scallop derives its common name from the sculpture of micro-scales that impart a coarse aspect to the shell surface. Rough scallops can be found in many shades of oranges, yellows and reds.

In the season 2009-10, rough scallop shells washed ashore in large numbers, mostly in association with the sea sponge *Myxilla incrustans* (Esper, 1905). The association between the rough scallop and sponge is mutually beneficial, as it affords protection to the scallop and motility to the sponge. Learn more about the rough scallop at http://shellmuseum.org/shells/shelldetails.cfm?id=193.

This Week At The Museum

Exhibit Chat: This 10-minute presentation will provide an in-depth look to an exhibit daily at 11 a.m.

Live Tank Demonstration: See live mollusks up-close and personal. Watch a fighting conch use its foot for locomotion, spy a lighting whelk slam its trap door shut for protection, or witness scallops zip across the tank with the jet propulsion skills. Daily at 3 p.m.

Carolyn's Collection: Would you pay $300 for a shell? Come see and learn about shells from a collector's point of view. Her collection is of the gem quality. Learn from an enthusiast every Monday at 2 p.m.

What Is A Mollusk?: Ever wonder where all of those shells on the beach came from? They were created by animals known as "mollusks." What is a mollusk, you ask? Come learn about the fascinating life of our local mollusks and have all your questions answered. Join our marine naturalist for this discussion Tuesdays at 2 p.m.

Shell ID Clinics: This weekly program will provide shelling enthusiasts additional information about their shelling finds and Southwest Florida shells. Join museum curator Dr. Leal Thursdays at 2 p.m.

Island Inn Beach Walks: Join our marine naturalist for a beach walk on the sand near Island Inn on Sanibel. This guided beach walk leaves from Island Inn every Tuesday at 10 a.m. Come learn about the shells, the mollusks who create them, and other marine life that has washed ashore. The cost is $10, and parking at Island Inn is free for beach walk participants. Space is limited. Call 395-2233 to make a reservation. All participants receive a coupon for half-off museum admission.

Marine Naturalist Adventure Cruise: The Bailey-Matthews Shell Museum and Captiva Cruises present an ecological expedition that will educate and excite marine enthusiasts. Join a marine naturalist from the museum for an unforgettable day with a small group aboard the 40-foot sailing catamaran *Adventure*. The trips set sail Tuesday, Thursday, Friday and Saturday at 9 a.m. at South Seas Island Resort on Captiva. The four-hour cruise costs $100 for adults and $75 for children and includes the boat trip, lunch and museum admission.

Weekly Schedule

Friday, May 30 – Marine Naturalist Cruise at 9 a.m., Exhibit Chat at 11 a.m.; Live Tank Demonstration at 3 p.m.

Saturday, May 31 – Marine Naturalist Cruise at 9 a.m., Exhibit Chat at 11 a.m.; Live Tank Demonstration at 3 p.m.

Sunday, June 1 – Exhibit Chat at 11 a.m.; Live Tank Demonstration at 3 p.m.

Monday, June 2 – Exhibit Chat at 11 a.m.; Carolyn's Collection at 2 p.m.; Live Tank Demonstration at 3 p.m.

Tuesday, June 3 – Marine Naturalist Cruise at 9 a.m., Beach Walk at 10 a.m., Exhibit Chat at 11 a.m.; What Is A Mollusk? lecture at 2 p.m., Live Tank Demonstration at 3 p.m.

Wednesday, June 4 – Exhibit Chat at 11 a.m.; Live Tank Demonstration at 3 p.m.

continued on page 25

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Bird's Eye View

New Classification Scheme For Invasive Species

by Mark 'Bird' Westall

Those of us who have spent several years on Sanibel have probably heard about Brazilian pepper and why the habitat managers try so hard to eradicate the species from our wild lands. As an exotic species that originated from a faraway ecosystem, the introduced landscaping plant eventually out-competed the island's native plant community to such a large degree that by the mid-'70s most of the island's interior freshwater wetlands had become a monoculture of the species.

And with lower plant diversity, more complex species declined as well. Yes, it was green, but it wasn't ecologically healthy.

Then, the island environmentalists began an effort to fix the ecological mistakes made in the past. We partially restored the ability of the freshwater wetlands to hold and maintain higher water levels during the rainy season by rebuilding the weirs that Mosquito Control had put in place in the early 1960s. And a massive Brazilian pepper eradication program was implemented.

The pepper had become so dominant, when the crews began to clear the pepper forests away on SCCF, refuge and city preserved lands, they could use bulldozers in their work and hardly destroy native species. People wrote letters to the editor complaining that the environmentalists were now building parking lots for the tourists on preserved land. That's how much the pepper had taken over the system; when only the pepper was removed, it looked as though we were preparing those sites for paving.

Luckily however, there were thousands of seeds of the native species still viable in the ground where the pepper forest had come to dominate and, combined with seed dispersal from less disturbed habitats, those vacant fields were relatively quickly recolonized within a few years. Sanibel's efforts to restore the island's preserved land should be something the whole community can be proud of.

Unfortunately, the threat presented by the invasion of exotic species is something the whole world now has to deal with. This issue is such a worldwide problem that scientists from across four continents (Australia, Africa, Europe, North America) have recently proposed a new sort of classification scheme for understanding the risks to biodiversity that alien species represent.

This classification is modeled after the approach taken by the International Union for Conservation of Nature (IUCN) Red List. That list has been used for years to identify those species on the planet most at-risk of extinction. The new "Black List" classifies invasive or alien species based on the level of impact they have on the recipient ecosystem.

"A critical need for invasion biology is the capacity to evaluate, compare and predict the magnitudes of the impacts of different alien species," wrote the researchers, led by Dr. Tim M. Blackburn of the Zoological Society of London's Institute of Zoology, "in order to determine and prioritize appropriate actions where necessary." The reasoning goes that humans aren't just impacting the world's biodiversity by driving species towards extinction; we are also moving species beyond their natural geographic ranges, either intentionally, or sometimes, unintentionally.

When these exotic species are introduced into a new ecosystem, their impact can range from positive to negligible to negative, and when the impact is negative, it can range from minor to severe; such as it was with the Brazilian pepper on Sanibel. Classifying these species according to the magnitude of the harm they can create is a first step towards creating more effective legislation and prioritizing actions more efficiently.

If you have ever left the country and wondered when you came back why the customs form asks if you are bringing plants into U.S. or visited a farm while you were away, now you know why.

Some years back, I took out a grad student on one of my canoe trips who was a botanist. After listening to me go on and on about how humans were always messing things up, he told me a story about how when he and his fellow classmates got together during happy hour at their local drinking establishment, they would sometimes come up with some crazy ideas about how to solve some of the world's ecological calamities caused by humans.

One of his classmates made the observation that much of North America was being severely impacted by exotic species introduced from Asia. But then he also noted that Asia was being heavily impacted by introduction of species from North America. Then someone suggested that maybe what should be done was to have the scientists from both continents introduce all the plants and animals from one continent into the other; just trade ecosystems. Then, it was theorized, life would simply start all over again and "balance" would be reachieved.

I really miss those happy hour discussions from my college days.

Of course, this idea would not be very practical to implement and was only the fanciful thinking of a few grad students influenced by a few too many libations. But the idea does reinforce my premise that life will survive no matter what we humans do to it. Whether we survive the next hundred years as a species, or the next several million, life will evolve into the niches that the Earth's ecosystems provide for it. And as a naturalist, that is a good thing to have faith in.

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But I am also a human being concerned about whether my species will be able to continue our comfortable existence on the planet as the world's ecosystems go through drastic changes. A woman once told me that she did not believe that God would let us go extinct. "Maybe not," I said, "but God had no problem wiping most of humanity off the planet when Noah built his ark!"

Wouldn't it be a shame if the human species had to go through a similar "bottleneck" before we finally understood what the true meaning of living in harmony was all about?

A former city council member and mayor, Mark "Bird" Westall has owned and operated Canoe Adventures, Inc. on Sanibel for over 33 years. Visit www.canoewithbirdwestall.com for more information.☆

From page 23

The Rough Scallop

Thursday, June 5 – Marine Naturalist Cruise at 9 a.m., Exhibit Chat at 11 a.m.; Shell I.D. Clinic at 2 p.m., Live Tank Demonstration at 3 p.m.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.☆

Monofilament Line Is Perilous For Pelicans

Fishing is an important part of the Florida lifestyle as well as its economy. In spite of the obvious benefits, this leisure-time activity, on occasion, can lead to problems for birds and other wildlife such as sea turtles and manatees. According to Florida Fish and Wildlife Conservation Commission (FWC) biologists, monofilament fishing line and fishing hooks can entangle these animals, leading to injury and even death.

The brown pelican is one species that is especially impacted by monofilament line. These birds frequently spend time looking for an easy meal at piers and other fishing hotspots, where they are often hooked accidently when trying to grab bait off an angler's line. Discarded monofilament line hanging from trees, piers and other structures can ensnare these birds. Once entangled, pelicans can have a difficult time flying and feeding.

"It is not uncommon to find dead pelicans entangled with fishing line and hooks," said FWC biologist Ricardo Zambrano. "If they are not rescued, these birds may suffer for days before succumbing to injury or starvation."

Here are some simple things people can do to help protect brown pelicans and other wildlife:

- Properly dispose of monofilament line. Store unwanted line safely and securely until it can be placed in a recycling bin.
- Don't leave fishing line unattended, as pelicans may be tempted to steal the bait on the end of the line.
- Avoid casting near trees, utility lines and other areas where line may get caught.
- Check tackle frequently for frayed line that may easily break.
- Do not feed pelicans or other wildlife, since it encourages them to approach fishing boats, piers and anglers. If available, use fish-scrap repositories. If they are not available, discard fish scraps in a garbage can or at home.

If you do accidentally hook a pelican, you should avoid cutting the line. Gently remove the hook if you feel confident you can do so without causing harm to yourself or the bird. If you cannot safely remove the hook and line from the pelican, contact a local wildlife rehabilitator. For a list of wildlife rehabilitators in your area, contact any of the FWC's five regional offices or visit MyFWC.com/Conservation and select "How You Can Conserve" then "Wildlife Assistance."

For more information on the statewide Monofilament Recovery & Recycling Program, visit mrrp.MyFWC.com/.☆

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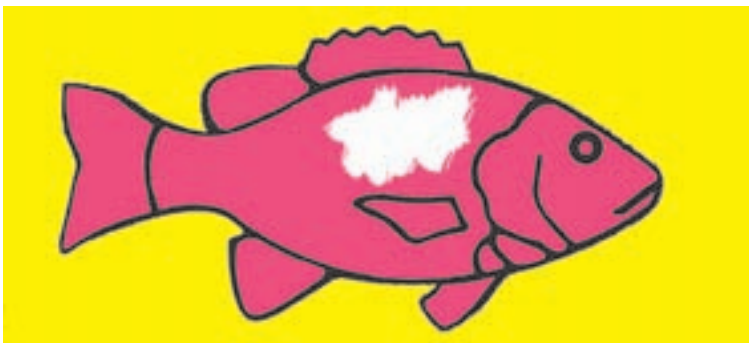

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Sanibel-Captiva Conservation Foundation

Snowy Plovers Are Nesting

Have you ever wondered about the staked nests on the beach or the families of birds with tiny chicks running around? Do you simply want to know which of the birds on the beach actually is a snowy plover? The Sanibel-Captiva Conservation Foundation (SCCF) will offer a program on Tuesday, June 3 at 1:30 p.m. to learn about the biology of the snowy plover, the threats to their survival, and the ongoing research and conservation efforts on Sanibel. The cost of the program is $5; SCCF members and children are free.

Snowy plover chick photo by Paul Wellman

Sea turtle tracks

Snowy plover chick photo courtesy of Hugh McLaughlin

Nesting Statistics

The Sanibel-Captiva Conservation Foundation reported sea turtle activity as of May 23:

Sanibel East – 10 nests, 10 false crawls
Sanibel West – 37 nests, 61 false crawls
Captiva – 15 nests, 14 false crawls

Two of the false crawls this week were from green sea turtles (one on Sanibel East and one on Sanibel West).

As of May 23, the nest total for snowy plovers is 12:

- Four are active with eggs
- Three have hatched; two with two chicks, one with three chicks
- One was lost due to human interference
- Three were lost due to depredation
- One was lost either due to abandonment or depredation.

*false crawl – a failed nesting attempt.

Call SCCF at 472-2329 for more information on these programs unless otherwise indicated. Sanibel-Captiva Conservation Foundation is located at 3333 Sanibel-Captiva Road.☆

Snowy plover chicks photo by Hugh McLaughlin

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Baby turtles soaking

Baby gopher tortoise soaking

Injured baby gopher tortoise

An Inside Look At Wildlife Recovery

The CROW Picture Show presents informative anecdotes about the native and migratory wildlife species brought to CROW (Clinic for the Rehabilitation of Wildlife), along with photos of patients admitted to the facility.

In 2013, CROW's wildlife hospital cared for 3,391 sick, injured and orphaned animals. Of the 200 different species, 60 percent were birds, with 33 percent mammals and seven percent reptiles.

CROW is not permitted to display its patients publically, so this presentation offers the next best thing; numerous candid snapshots of current and past patients with commentary by Claudia Burns, a veteran clinic volunteer.

The next CROW Picture Show is on Friday, June 6 at 11 a.m. in CROW's Visitor Education Center at 3883 Sanibel-Captiva Road, across from The Sanibel School. Admission is $5 for adults, $3 for teens, free for members and children 12 or under. The entry fee also includes access to the Visitor Education Center, which exhibits CROW's efforts to save wildlife through care, education and collaboration.

For more information, call 472-3644, ext. 228. To learn more about CROW, visit www.crowclinic.org.

Baby softshell turtle

photo(s) courtesy of CROW

Encouraging Responsible Use Of Fertilizer

Ten Southwest Florida counties, municipalities and organizations have joined to engage and educate the citizens of Southwest Florida on the responsible use of fertilizer. The unique consortium consists of Lee County, City of Sanibel, City of Bonita Springs, City of Fort Myers, Town of Fort Myers Beach, City of Cape Coral, Charlotte County, South Florida Water Management District, Sanibel & Captiva Chamber of Commerce and Sanibel-Captiva Conservation Foundation.

"The purpose of the campaign is to provide information on how over-fertilization impacts our water quality, our quality of life and the local economy," said Larry Kiker, chairman of the Lee County Board of County Commissioners. "We want to encourage Southwest Florida citizens to limit the use of fertilizer or at least apply fertilizer properly."

As a result of perceived limited knowledge of the relationship between poor landscaping practices and degraded water in general, the campaign will inform and educate the public about how nutrient loading negatively affects waterways as well as compliance with applicable fertilizer ordinances.

To launch the multi-media campaign, a slime monster character was created to spread the word about importance of fertilizing properly.

"The slime monster symbolizes the effect of over-fertilization and runoff," said Kevin Ruane, mayor of Sanibel. "Our consortium is committed to helping inform Southwest Florida on the dangers of 'feeding the monster.'"

To help publicize the program and message to "don't feed the monster," the partnership is utilizing broadcast, print and social media with in-store signage.

Organizing the consortium and raising funds for the outreach effort was led by Sanibel City Councilman Mick Denham, who noted that he is pleased with this cooperative effort by all the counties, municipalities and nongovernmental agencies.

"I hope we can increase the members in the future which will enable us to continue to share this critical message," said Denham.

"We all must be smarter with the use of fertilizers in our gardens and landscapes," added Kiker.

For community fertilizer regulations or additional information, visit www.FertilizeSmart.com.

Shell Found

Kent Chapman

Kent Chapman of Calgary, Alberta found a shell in the rolling surf off of West Gulf Drive on May 20. Chapman was a resident of Sanibel from 1971 through 1985, and comes back annually to visit for 10 days.

Fish Caught

Charlie and Charlene Thompson display a 26" redfish

Charlie and Charlene Thompson from Wisconsin caught a 26-inch redfish on white bait while fishing with Sea Reed Charters.

Email your editorial copy to: press@islandsunnews.com

Poet's Corner

We invite submissions from local poets. Anyone interested may submit their work via email to tutsie@comcast.net. Each week, individual work will be showcased.

selected by Tanya Hochschild

White Wings And Perseverance

by Sawyer Michaelson

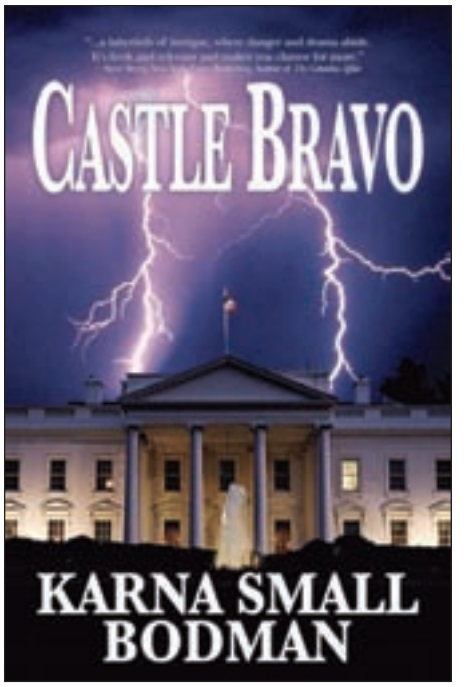
The little big bird seagull,
Flying down the beach.
An orange beak,
with white wings.
A basic but fitting outfit.
Over the sand, a majestic shadow.
Under the sun, your big strong brother.
Keep on flying.
In and back between the waves.
Dive down in the water.
Pulling out a snack.
Look at the little seagull,
king of all the fish.
Over all the whitecaps,
ruler of the seashells.
The big man on the sand,
The gold star of the beach.
Little, but strong,
he perseveres,
searching for his next adventure.

Sawyer Michaelson, a 12-year-old from Minneapolis, Minnesota visits Sanibel annually. He participated in his first poetry reading at age 8 on Sanibel. He is the 2014 recipient of two Keren Or writing prizes, and was the only young writer to place both in the poetry and prose categories.☆

A Frightening Scenario

by Di Saggau

I recently heard Florida author Karna Small Bodman speak at Continental Women's Club, where I bought her newest book *Castle Bravo*. It was so intriguing I read it in one day. The topic is the terrorist threat of an EMP, Electro-Magnetic Pulse. Such an attack would cripple the country resulting in a complete breakdown of society. I contacted Bodman and asked if this could happen and are we prepared if it did? She said, "Not at all. Certain government facilities are "hardened" against an EMP attack but the rest of us are not protected at all. We're completely vulnerable. This is one of the scariest scenarios I can imagine and that's why I wrote about it in *Castle Bravo*. I'm trying to call attention to this very real national security threat."



In the novel, White House Director of Homeland Security Samantha Reid receives intelligence about the creation of an Electro-Magnetic Pulse, sending shock waves that would fry all electronics on the ground in its line of sight. It would set us back to the year 1910.

"We would have no communications, internet, electricity, refrigeration, sanitation or transportation," Bodman said. "Don't think our enemies aren't researching this option. Our electric utilities need to harden the grids, purchase backup equipment and we also need to harden other facilities. We could do a lot of this for around $2 billion, a mere pittance compared to the utter devastation that would occur. We need to contact our members of Congress as well as our utility companies and ask them to pay attention."

Bodman speaks from experience. She served in the Reagan White House for six years, first as deputy press secretary and later as senior director and spokesman for the National Security Council.

"I was in morning staff meetings in the Situation Room, committee meetings in the Roosevelt and Cabinet Rooms and occasional meetings in the Oval Office," she added. "I use all of these settings in my novels. Many authors write stories from the headlines, but when you think about it, headlines are often made in the White House. Those are the stories I'm trying to write."

I loved reading the quotation from John Adams carved into an oak paneling in the White House: "I pray to Heaven to Bestow the Best of Blessings on THIS HOUSE and all that shall hereafter inhabit it. May none but Honest and Wise Men ever rule under this roof." Amen to that.

Her descriptions of White House settings and appointments are accurate. I was happy to read that a portrait of Dolley Madison hangs over the fireplace in the Red Room. I just finished reading a biography about this great First Lady.

Castle Bravo is a fascinating read. It takes you inside the the hallowed halls of government where decisions are made concerning our nation's future.

I agree with author Kyle Mills, who said, "Bodman has an amazing gift for creating scenarios that terrify and the government background to make them feel so real you find yourself checking the news to make sure they aren't really happening."

Bodman is working on two more novels. *Trust But Verify* and *Affairs Of State* are due out soon. The first features some of the characters from *Castle Bravo* and the other is first in a series of romantic thrillers with some new White House and State Department characters. Visit www.KarnaBodman.com for more information on all of her books.☆

Sanibel Library Awarded Certificate Of Excellence

The Sanibel Public Library received a TripAdvisor Certificate of Excellence award. The accolade, which honors hospitality excellence, is given only to establishments that consistently achieve outstanding reviews on TripAdvisor, and is extended to qualifying businesses worldwide. Establishments awarded the certificate of excellence are located all over the world and represent the upper echelon of businesses listed on the website.

When selecting certificate of excellence winners, TripAdvisor uses a proprietary algorithm to determine the honorees, which takes into account reviews ratings. Businesses must maintain an overall TripAdvisor bubble rating of at least four out of five, volume and recency of reviews. Additional criteria include a business' tenure and popularity ranking on the site.

"There is no greater seal of approval than being recognized by one's customers. With the TripAdvisor Certificate of Excellence based on customer reviews, the accolade is a remarkable vote of confidence for the library and its continued commitment to excellence," said library director Margaret Mohundro. The library board of commissioners and staff appreciate all of the Sanibel Public Library patrons and visitors who have taken time to write about their personal experiences and impressions of the library.☆

Email your editorial copy to:
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Photo Exhibition Of Pioneer Now On Display At Historical Society

The Southwest Florida Historical Society has a marvelous, never before seen collection of Lorraine Heitman photographs on view at their Fort Myers headquarters and research center on the campus of the Alliance for the Arts. Heitman, who was born in 1908, was the daughter of two pioneer Southwest Florida families.

Her father, Harvie, was perhaps the most influential early developer of Fort Myers, particularly the downtown area. Her mother, Florida Shultz Heitman, was the daughter of George Shultz, who operated the famed Tarpon Hotel at Punta Rassa.

The exhibit includes photos of Lorraine as a child and others from the 1920s and 1930s.The collection is courtesy of local historian, writer and society board member Kathryn Wilbur. The exhibit runs through Saturday, June 28.

Lorraine Heitman portrait circa 1925

There is no admission charge. The Southwest Florida Historical Society, a non-profit organization run by volunteers, is located at 10091 McGregor Boulevard in Fort Myers. Hours of operation are from 9 a.m. to noon and 4 to 7 p.m. on Wednesday and from 9 a.m. to noon on Saturday. For more information on events, monthly meetings and membership, call 939-4044.☼

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2014
Sanibel Public Library
Summer Reading Program

The Summer Reading Program is supported with funds provided by the Joan Hunt Corey Children's Fund and the Sanibel Public Library Foundation, Inc.

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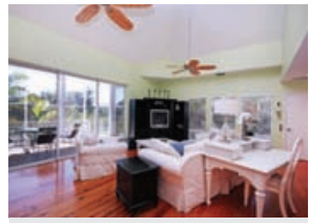

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My Stars ★★★★

FOR WEEK OF JUNE 2, 2014

ARIES (March 21 to April 19) There's nothing an Aries Lamb likes less than having to tackle a humdrum task. But finding a creative way to do it can make all the difference. A more exciting time awaits you this weekend.

TAURUS (April 20 to May 20) Finishing up a job on time leaves you free to enjoy your weekend without any Taurean guilt pangs. A romantic attitude from an unlikely source could take you by surprise.

GEMINI (May 21 to June 20) Moving in a new career direction might be seen by some as risky. But if you have both the confidence to see it through and the facts to back you up, it could prove rewarding.

CANCER (June 21 to July 22) Holding back on a decision might be difficult, considering how long you've waited for this opportunity. But until you're able to resolve all doubts, it could be the wiser course to take.

LEO (July 23 to August 22) You still need to move carefully where financial matters are concerned. Better for the Lion to move slowly than pounce on a "promising" prospect that doesn't keep its promises.

VIRGO (August 23 to September 22) A rejection of an idea you believe in can be upsetting. But don't let it discourage you. Get yourself back on track and use what you've learned from the experience to try again.

LIBRA (September 23 to October 22) The early part of the week could find you looking to balance your priorities between your family obligations and your career responsibilities. Pressures begin to ease by week's end.

SCORPIO (October 23 to November 21) An associate's problem could cause unavoidable delays in moving ahead with your joint venture. If so, use the time to look into another project you had previously set aside.

SAGITTARIUS (November 22 to December 21) Although a financial problem could be very close to being resolved in your favor, it's still a good idea to avoid unnecessary spending for at least a little while longer.

CAPRICORN (December 22 to January 19) Support for some unwelcome workplace decisions begins to show up, and continues to build, so that by week's end, the gregarious Goat is as popular as ever.

AQUARIUS (January 20 to February 18) Congratulations. Deciding to attend a social function you might have earlier tried to avoid could turn out to be one of the best decisions you've made in a long time.

PISCES (February 19 to March 20) Getting into a new situation could prove to be a more difficult experience than you expected. Don't hesitate to ask for advice in coping with some of the more irksome challenges.

BORN THIS WEEK: Your strong sense of duty makes you a valued and trusted member of your community. Have you considered a career in law enforcement?

THIS WEEK IN HISTORY

• On June 7, 1692, a massive earthquake devastates the infamous town of Port Royal in Jamaica, killing thousands. A large tsunami hit soon after, putting half of Port Royal under 40 feet of water. In the 17th century, Port Royal was known throughout the New World as a headquarters for piracy and smuggling.

• On June 4, 1754, 22-year-old Lt. Colonel George Washington begins construction of a makeshift Fort Necessity, near present-day Pittsburgh. The fort was built to defend his forces from French soldiers enraged by the murder of Ensign Joseph Coulon de Jumonville while in Washington's custody.

• On June 3, 1800, President John Adams becomes the first acting president to take up residence in Washington, D.C. Unfortunately, the White House was not yet finished, so Adams moved into temporary digs at Tunnicliffe's City Hotel near the also half-finished Capitol building.

• On June 5, 1922, George Carmack, the first person to discover gold along the Klondike River, dies in Vancouver, British Columbia. In 1896, near the confluence of the Yukon and Klondike River, Carmack stumbled across a deposit of gold so rich that he needed no pan to see it: Thumb-sized pieces of gold lay scattered about the creek bed.

• On June 2, 1935, Babe Ruth, one of the greatest players in the history of baseball, ends his Major League playing career after 22 seasons, 10 World Series and 714 home runs. The following year, Ruth was one of the first five players inducted into the sport's hall of fame

• On June 8, 1945, President Harry Truman issues Executive Order 9568, permitting the release of scientific information from previously top-secret World War II documents. Executive Order 9568 was a stepping stone to future transparency-oriented legislation, including the Freedom of Information Act, passed in 1966.

• On June 6, 1971, after more than two decades of weekly productions, "The Ed Sullivan Show" airs for the final time. The show is now remembered most for providing so many iconic moments in the history of televised rock and roll.

STRANGE BUT TRUE

• It was beloved "Peanuts" cartoonist Charles Schulz who made the following sage observation: "Life is like a 10-speed bike. Most of us have gears we never use."

• If you're like the average American, you will consume 22 pounds of lettuce this year.

• You might be surprised to learn that some fish can hibernate. During the long, dark winters, the Antarctic cod will burrow under the seabed and stay there for days at a time, cutting its metabolism by two-thirds.

• The name of the state of Wyoming comes from the Algonquian word chwewamink, which translates as "at the big river flat."

• If you pay attention to politics at all, you've almost certainly heard the term "gerrymander" used to describe the practice of carving up electoral districts in such a way that one party has an advantage. You probably don't know, though, how that term entered the lexicon. In 1812, a new district in Essex County, Massachusetts, was created, and a journalist thought the twisting boundaries caused the district to resemble a salamander. A cartoon highlighting the resemblance was created, and because the party that did the redistricting was led by Gov. Elbridge Gerry, the practice was dubbed "gerrymandering."

• Even the world's best high jumper is unable to stay in the air for more than a single second.

• Before he became a comedian and actor, Bob Newhart worked as an accountant at the Illinois State Unemployment Office.

• Those who keep track of such things say that Elvis Presley had 18 TVs at Graceland. One of them was installed in the ceiling over his bed.

THOUGHT FOR THE DAY

"It is far better to grasp the universe as it really is than to persist in delusion, however satisfying and reassuring." -- Carl Sagan

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ISLAND FARE

Dine Your Way Around Sanibel And Captiva With Anne Mitchell

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RESTAURANTS

The variety of dining options on Sanibel and Captiva just keeps getting better. For their size, the islands offer an extensive culinary array – all making the most of the area's fresh and abundant seafood and local produce. You'll find everything from burgers to barbecue, bistro style, Italian, Mexican, American, classic deli fare, organic, vegan, gluten-free, café food and Caribbean.

In this column, each week you will be able to stay updated on our local dining establishments and what they're offering and get the scoop on the island dining scene, whether it's fine or casual, take-out or frozen desserts.w

AMONG THE FLOWERS CAFE

Among the Flowers Cafe Gifts and Bakery in Tahitian Gardens, Sanibel, features fresh smoothy and green juices by Chelsee, and ice cream, pizza, french croissant featuring special sandwich like lox and cream cheese, eggplant caprese towers, fresh gluten free vegan soups, smoked turkey and brie, espresso bar, crafted coffees, as well as quality Italian and French breads, desserts, and lasagne along with vegan and gluten-free options. You'll also find made-to-order specialty cakes and cupcakes and party planning and catering is offered for the Sanibel island area and most of Fort Myers. There's outdoor seating on the shaded deck.

BAILEY'S GENERAL STORE

Bailey's General Store has a full deli, bakery, daily lunch specials, take out and catering for cook-outs, picnics and parties. This is the oldest supermarket on the islands, established long before a causeway linked Sanibel to the mainland.

The bakery has freshly made donuts, scones and breads. The deli offers a variety of hot foods for breakfast, lunch and dinner, as well as catering services for special events. Services include shopping for your groceries and delivering them to your home or vacation destination. If you are on a gluten-free diet, pick up the extensive list of gluten-free products near the entrance to the supermarket.

The Coffee Bar at Bailey's serves espresso based drinks, hot chocolate, smoothies and specialty coffees.

BLUE GIRAFFE

Blue Giraffe serves breakfast, lunch and dinner from 10 a.m. to 9 p.m. This restaurant offers casual island dining seven days a week from a menu featuring fresh local seafood, chowders, salads and steaks. Besides dessert choices, you can get hand-dipped Edy's Grand Ice Cream.

Dine outside on the boardwalk or inside at hand-painted tables decorated by a local artist, or sit at the full liquor bar for a mixed drink, glass of wine or cold beer.

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Justin Harris, bartender at Doc Ford's on Rabbit Road, serving up an Island Mojito

CIP'S PLACE

Cip's Place is named for the late Jimmy Cipriani, a longtime islander and owner of the property on which the restaurant sits. Jimmy always made time for a good conversation, good company and great food. In Jimmy's memory, Cip's styles itself as a local watering hole. A mural that takes up an entire wall shows lots of islanders through the ages – including Cip – and if you don't recognize them all, ask to see the "key."

Food choices range from "comfort" to culinary with some Caribbean and island favorites as well. And do try the home-made potato chips, the fried buttermilk chicken with sage gravy and the snapper tacos.

Choose between the outdoor garden patio or front porch. Indoor seating and full bar are also available. Hours are 11:30 a.m. to 9:30 p.m. daily with happy hour from 4 to 6 p.m.

CHIP'S SANIBEL STEAKHOUSE

Chip's Sanibel Steakhouse has many great options for locals and tourists alike. It is open seven nights a week with daily happy hour from 5 to 6 p.m., featuring two-for-one drinks and $4.95 appetizers. For early diners, there's a three-course prix fixe menu for $35 including a cocktail. In addition to an updated wine list, seasonal house-infused liquors such as strawberry-jalapeño tequila, blood orange vodka and cucumber gin are available.

The menu features steaks and seafood, including a six-ounce filet mignon topped with jumbo lump crabmeat finished with Hollandaise and served with of asparagus and choice of potato; Parmesan-crusted seabass served with mushroom risotto and finished with a creamy dill sauce. Save room for dessert though, because whether you are a chocolate lover or Key lime pie fan, Chip's has something for every sweet tooth.

CROW'S NEST AT 'TWEEN WATERS INN

The Crow's Nest at 'Tween Waters Inn is a more casual place than its sister the Old Captiva House. It's home to the famed Captiva Crab Races on Mondays and Thursdays and is a popular venue for live entertainment on Fridays and Saturdays.

There is a nightly happy hour.

DOC FORD'S RUM BAR & GRILLE

Doc Ford's Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels.

This summer, in addition to its Sanibel restaurant, Doc Ford's added a Captiva location, in Chadwick's Square.

It's a well known gathering place and tropical theme sports bar with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chipotle glaze or a marinated grilled chicken sandwich. The fish tacos are an island favorite and there's a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito.

THE DUNES RESTAURANT

You may not be aware that the restaurant at The Dunes Golf & Tennis Club on Sanibel is open to the public for lunch and dinner.

The clubhouse offers great views of the lush greens and fairways and the sunsets are spectacular.

There's a new gourmet chef on board, a brand new lunch menu and sunset dinner specials every night. In addition, there are comedy nights, wine dinners, trivia nights, murder mysyteries and Name that Tune.

GEORGE & WENDY'S SEAFOOD GRILLE

George & Wendy's Seafood Grille features live music Fridays and Saturdays and Karaoke on Thursdays. Specials include prime rib on Tuesdays for $18, snow crab legs on Wednesdays for $18, and Friday night fish fry, $15.

Happy hour is celebrated from 11 a.m. to 6 p.m. The full bar has an extensive wine list, 20 beers on tap, local, domestic and craft beer, mojitos, martinis and tropical favorites.

Football specials are served in the bar area during NFL games and Saturday college games. Food specials include 50-cent wings, $1.50 sliders and $2 chili cheese jumbo hot dog. For $5, choose from pretzels with beer cheese, chicken quesadilla, jalapeno poppers, loaded cheese fries or bratwurst. Cheese flatbread is $6.

Drink specials include $1 Jello shots, $2 drafts of Bud Light and Yuengling, $2 bottles of Bud, Bud Light, Coors Light, Millter Lite and Rolling Rock, and $2 off all wines by the glass. Bloody Marys are $3. There are free Jello shots with each Chicago or Buffalo touchdown.

Hours are 11 a.m. to midnight seven days a week.

GRAMMA DOT'S

Gramma Dot's, the only dockside dining on Sanibel, offers a lunch and dinner menu seven days a week from "Sanibel's only Seaside Saloon" where you can leisurely dine at the Sanibel Marina in view of luxury yachts and modest fishing boats and watch the comings and goings of seagoing folk and fishermen. The menu features a full line of "only fresh" seafood, salads, sandwiches and more. Appropriate dress is required.

If you're arriving by boat, check in with dockmaster for a lunch slip, monitor VHF 16. You can tie up for a night or two at the available dockage if you wish. Gramma Dot's is open daily at 11:30 a.m. For dinner, arrive before 8 p.m.

GREEN FLASH

The Green Flash has marvelous waterfront views of Captiva's bayside and Pine Island Sound. The Green Flash was built on the site of the historic Timmy's Nook, opened in 1950. Fittingly, seafood dominates the menu, although other options are offered as well. The Green Flash is easily navigable by boat and is located southwest of Marker 38 on the Intracoastal Waterway.

Hours are daily from 11:30 a.m. to 3:30 p.m. for lunch and 5:30 to 9:30 p.m. for dinner.

GREAT WHITE GRILL

The Great White Grill is a sports bar featuring 29 beers on tap and a good wine list. It's home of The Steel Curtain Pizza. There's free pizza delivery too. The Great White carries the TV Baseball package and the NFL package for sports enthusiasts and has arcade games for kids of all ages.

The regular menu includes hand-cast fresh dough pizza, wings, fries, chicken fingers, salads, gyros, sandwiches and burgers. Check out the Pittsburgh Salad, which consists of grilled chicken, French fries, cheddar cheese, cucumbers, tomatoes and onions on a bed of lettuce.

GREENHOUSE GRILL

The Greenhouse Grill offers happy hour pricing on a special appetizer of the day as well as beer and wine by the glass from 4 to 6 p.m. daily. The menu stretches from fresh salads, homemade soups and grilled black Angus burgers to pasta, steaks and fresh seafood. A must-have is the signature dish of the house, bouillabaisse, a medley of six seafoods prepared in a light broth of fresh aromatic herbs. All meals focus on fresh seasonal ingredients.

You can sit under the market umbrellas on the

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pet-friendly patio or inside the quaint and casual dining room.

The grill is open daily from 10:30 a.m. to 9 p.m. Reservations appreciated and carry out orders are welcome.

IL TESORO

Il Tesoro serves authentic Italian food "with the taste and feel of a Tuscan holiday," according to owner Chef AJ Black. He infuses flavors from the old world to the new world of cooking using only fresh seasonal ingredients to bring his dishes to life. Daily specials focus on pairing authentic meals with a bold array of fine Italian wines.

Il Tesoro (The Treasure) serves dinner seven nights a week from 5 to 10 p.m.

ISLAND COW

The Island Cow is a family favorite with its colorful indoor and outdoor seating and live entertainment. "Come as our guests… leave as our friends!" is the motto. The Cow serves breakfast, lunch and dinner featuring fresh local seafood and meats and has an extensive children's menu. Starbucks coffee is also on the menu.

Breakfast is served between 7 and 11 a.m. Hours are 7 a.m. to 10 p.m.

JACARANDA

The Jacaranda Restaurant & Patio Lounge is a Sanibel mainstay. with a reputation for fine seafood and steaks. Dinner is served year round and starting Tuesday, November 12, the Jacaranda will be serving lunch from 11:30 a.m. to 2:30 p.m. Monday through Saturday. You can eat inside or outside on the pretty patio with its fairy lights and tropical vegetation. The Jac Bar with its live music nightly is the unofficial HQ for Sanibel's social scene. The patio lounge menu includes a selection of "happy apps" for $5.95 and half price drinks during happy hour, 5 to 7 p.m. There is also a raw bar.

JERRY'S RESTAURANT AND DELI

Jerry's Restaurant and Deli in Jerry's Market is the next best thing to dining in a tropical garden. This family-style restaurant has large windows to view the lush garden with caged tropical birds that are favorites with visitors and residents. Daily specials are offered in the spacious restaurant and you can order a sandwich or hot food from the deli or help yourself at the well-stocked salad bar to take out.

The restaurant is open for breakfast, lunch and dinner from 6 a.m. to 8:30 p.m.

LAZY FLAMINGO

The Lazy Flamingo is a famed island hang-out with two Sanibel locations: one at 1036 Periwinkle Way, the other – the original – at 6520 Pine Avenue, near Blind Pass. "If our seafood were any fresher, we would be serving it under water!" is the Flamingo's motto. And that includes, shrimp, grouper, oysters, conch fritters and chowder as well as chicken.

The Flamingo Bread and the Caesar Salad are signature items. Pull up a stool to the rustic bar or take a high or low table. The interior feels like the inside of an old pirate ship with its portholes and hewn wood surfaces. The atmosphere is definitely casual and beer is available by the bottle, on draft or by the pitcher.

MATZALUNA ITALIAN KITCHEN

In the mood for pizza? Matzaluna Italian Kitchen has a wood-fired oven to bake authentic pizzas, including gluten-free ones. That's in addition to a big selection including over 20 combinations of pasta dinners from $11.95 (including soup or salad and fresh baked bread), affordable veal, tender chicken, choice steaks and seafood (Italian style) in a casual market-like setting. Gluten-free pizza is also available.

Matzaluna recently added craft beers on tap. On Wine Wednesdays, every bottle priced $25 and over will be discounted by $8 all evening. Hours are 4:30 to 9:30 p.m. daily and happy hour is from 4:30 to 6:30 p.m.

MUCKY DUCK

The Mucky Duck may well be the most famous restaurant on the islands due to its longevity and quirky name. Then there's the fabulous sunsets. Patrons gladly wait on the beach for tables - this place draws crowds - sipping cocktails and beverages until they can take their seats. Reservations are not accepted.

The Duck is open for lunch and dinner, serving fresh seafood, pub-style food, sandwiches, steaks and other items.

OLD CAPTIVA HOUSE AT 'TWEEN WATERS INN

Old Captiva House at 'Tween Waters Inn, Captiva, offers romantic sunset dining in an historic setting with live piano music. Executive Chef Jason Miller prepares New Florida island favorites, tropical seafoods, classic meats and daily fresh-baked breads and pastries, served with an extensive selection of wines, liquors and coffees.

First built as a one-room school for children of Captiva's pioneer settlers, the Old Captiva House still reflects much of its original charm – from white French doors to hardwood floors to the Gulf of Mexico sunset that streams through the western windows. Its collection of famed cartoonist JN "Ding" Darling's 1930s whimsical vacation illustrations has led to its designation as a landmark in Southwest Florida.

OVER EASY CAFÉ

Over Easy Café is a pet-friendly place with indoor and outdoor dining for breakfast and lunch. The covered patio is a popular spot. Choose from 22 different Eggs Benedict, scramblers and omelettes, 11 pancakes and French toast choices, 15 egg specialties and wraps, eight salads and 26 sandwiches and burgers, plus baked goods. Beer and wine is available.

Breakfast is served all day. Summer hours are 7 a.m. to 3 p.m.

POCOLOCO

Need a pick-me-up? Looking for some downtime? Either way, your best bet is PocoLoco on the tropical courtyard at Jerry's Center. Indoors or out you will savor gourmet coffee, tea, signature sandwiches, pastries, or a cone of the region's most popular ice cream, Love Boat. PocoLoco is the Sanibel source for this ice cream and always features a couple dozen delicious favors. Stop by, sit in the sunshine and chatter with six cheerful parrots for a unique and memorable experience.

RC OTTER'S, CANTINA CAPTIVA, SUNSHINE SEAFOOD, KEYLIME BISTRO AND CAPTIVA PIZZA, YOGURT & GIFTS

Five Captiva eateries under the same ownership – RC Otter's, Cantina Captiva, Sunshine Seafood, Keylime Bistro and Captiva Pizza, Yogurt & Gifts – offer a fun and casual dining experience with a tropical flair reminiscent of Key West.

RC Otter's and Keylime Bistro have live music outdoors most of the day. Cantina Captiva serves Mexican food. Sunshine Seafood Cafe Wine Bar specializes in fine dining with a very respectable wine list. You have your choice of dining inside or outdoors.

ROSIE'S CAFÉ & GRILL

Rosie's repertoire includes crab cakes, grouper and shrimp entrees and steaks with all the trimmings, Southwestern dishes such as burritos and fajitas, soup and sandwich combos, and salads. Among the most popular items is Rosie's Famous Cheese Steak made from shaved rib eye, grilled mushrooms, onions and green peppers, Ultimate Cuban and Classic Reuben, home-made muffins and cinnamon rolls and Key lime pie, root beer floats and banana splits. A children's menu and carry-out are also available and outdoor seating is available.

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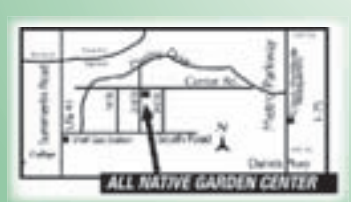

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Breakfast is served from 8 a.m. to 3 p.m. and happy hour is from 3 to 6 p.m. seven days a week with two-for-one draft beer and wine and a menu that starts at $4.50 for items such as nachos with cheese and salsa and $5.50 wings and chicken tenders. The ice cream bar has 20+ flavors of locally made Royal Scoop ice cream.

SANIBEL BEAN

The Sanibel Bean coffee shop is java central on Sanibel Island. With its indoor and outdoor seating and free wi-fi, it's a popular venue for laptop-toting coffee lovers to relax and check their inboxes, have breakfast or lunch or recharge the batteries in the afternoon.

Besides a big selection of coffee from around the globe and a variety of coffee drinks, The Bean has tea and other beverages and a variety of hearty sandwiches, pastries and muffins, plus other light fare.

SANIBEL DELI & COFFEE FACTORY

Sanibel Deli & Coffee Factory offers a gluten free menu in addition to regular choices, along with pizza and wings, Boar's Head meats, frozen yogurt and ice cream. There is indoor seating as well as outdoor tables shaded with umbrellas, and free wi-fi.

SANIBEL GRILL

The Sanibel Grill has 19 big screen TVs with satellite TV tuned to every televised sporting event. The Grill shares a kitchen with The Timbers, serving the same fresh seafood, along with burgers, sandwiches, pizzas and salads. Crunchy Grouper and Crunchy Shrimp are signature dishes.

SANIBEL SPROUT

The Sanibel Sprout is the place to go for organic, vegetarian, gluten-free take-out. All food is prepared by The Sprout's own vegan gourmet chef Nikki.

To complement the food, The Sprout features an organic, sugar-free and dairy-free juice and smoothie bar.

Favorite dishes include Vegan Lasagna, Mexican Salad, Zucchini Pesto Pasta, Indian Curry, Quinoa Salad and Untuna Sanwiches. Desserts include Lemonylicious Tart, Fresh Berries with Cashew Creme, Raspberry Cacao Truffles, gluten-free brownies and The Sprout's popular Sproutaccino Smoothie. Last but not least, there's always good coffee and a pot of tasty soup.

Healthy Happy Hour is Fridays from 4 to 6 p.m., when juices and smoothies are half price.

Talk to Chef Nikki about her 30-Day Vegan Challenge, for weight loss, optimal health or just a month of no cooking.

Read us online at IslandSunNews.com

SUNDIAL BEACH RESORT & SPA

At Sundial Beach Resort & Spa, all restaurants and bars are open to the public. Waterview is open for dinner on Friday and Saturday from 5 to 10 p.m. with panoramic views of the gulf. The signature dish is Clay Pot Baked Mediterranean Gulf Grouper.

Sea Breeze Café offers breakfast, lunch and dinner seven days a week, serving a combination of classic tavern fare and innovative entrees, salads and sandwiches. Indoor gulf view or outdoor terrace dining. Breakfast is from 7 to 11 a.m. and an all-day menu is available from 11 a.m. to 10 p.m.

Pool & Beach Bar is open from 11 a.m. to 7 p.m. daily. Food, tropical drinks, imported and domestic beers, and an array of popular wines are available. Entertainment is offered on select dates on the pool deck. The All-American-Poolside Buffet is held every Saturday from 1 to 4 p.m.; $19.95 for adults, $9.95 for children 3 to 12, kids under 3 dine free.

Happy hour is daily from 3 to 5 p.m. at Pool & Beach Bar and from 5 to 7 p.m. at the Sea Breeze Café with appetizers from $3 to $8 and beverages from $3 to $5.

Register to win an Escape Weekend at Sundial Beach Resort & Spa. Entry forms are located at each resort restaurant.

TIMBERS RESTAURANT & FISH MARKET

The Timbers Restaurant & Fish Market and the adjoining Sanibel Grill are mainstays of the island dining scene, boasting 35 years of fresh fish on Sanibel Island. The restaurant offers 13 dinners for $15 daily before 5:30 p.m. plus a large selection of local seafood such as grilled shrimp, fried grouper, oysters, clams and crab cakes.

Besides specializing in fresh local seafood, the restaurant has a seafood market that opens at 11 a.m. (except Sunday, when it's 2 p.m.)

TRADERS STORE & CAFE

Traders is unique in that is combines a bustling restaurant with a large shopping emporium selling casual clothing, jewelry, accessories, home decorating and gift items, books and lamps.

The restaurant serves bistro style food with an island flair with offerings such as black beans and rice, blackened fish and fresh salads from an open kitchen. There's no fryer in this place!

The tables are freshly wrapped in white paper for each party and there's a pot of colored crayons for doodling, whether you're an adult or a child. Traders has been around long enough to have become a favored local hang-out. Lunch is served from 11 a.m. to 3 p.m., happy hour 3 to 6 p.m. and dinner 5 to 9 p.m. There's live music from 7 to 10 p.m. Tuesdays and Thursdays with Danny Morgan and Wednesdays with Chris Workman.

TRADITIONS ON THE BEACH

Traditions on the Beach is one of the few Sanibel restaurants with beachfront dining. The menu features Italian and Mediterranean cuisine based on fresh local seafood, meats and produce. Dining is from 5 p.m. until late and there is live entertainment most nights for listening and dancing.

Besides fish and steaks, you'll find Moroccan Lamb, roast duck, Texas Wild Boar Saddle and veal. Pasta, grilled items and a raw bar round out the menu. There's an attractive bar area also serving food and an extensive wine and cocktail list.

ZEBRA FROZEN YOGURT

This bold and bright cafe/store offers a variety of frozen yogurt flavors – try the caramel sea salt pretzel – with more than 50 toppings such as strawberries, blueberries, chopped candy and sprinkles. Other offerings include milk shakes, smoothies and frappes.

Zebra has indoor and outdoor seating.

The store recently added frozen yogurt to go, by the pint and quart.

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LIVE ON THE ISLANDS

Gene Federico plays on Thursdays and Saturdays at The Mucky Duck on Captiva

The Jacaranda has entertainment nightly. On Friday and Saturday, various artists are featured starting at 8:30 p.m. Weekdays, music is from 7 to 11 p.m. On Monday, it's Renata, playing jazz, contemporary music and dance; Tuesday, David Christian, funk, pop and top '40s; Wednesday, Trevor Earl, with contemporary music and reggae; Thursday, Malibu Duo, contemporary, reggae and dance; Sunday, Jamaica "Dave" & Co., reggae and dance.

George & Wendy's Seafood Grille has live music tonight, Friday, with rock bank Robby & The Absent Minded. Saturday it's Robby Hutto, guitar and vocals plus half-price drinks for the ladies from 9 p.m. to midnight. Sunday Brunch is from 9 a.m. to 1 p.m. Sunday is Hospitality Night with happy hour pricing from 8 p.m. to close. On Tuesday, it's open mic night from 8 to 11 p.m. Karaoke is Thursdays from 9 p.m. to midnight.

Traders Store & Cafe features music by Chris Workman on Sundays and Wednesdays from 7 to 10 p.m. and Danny Morgan and Friends on Tuesdays and Thursdays from 7 to 10 p.m.

This week's lineup at **Traditions on the Beach** at the Island Inn includes: Friday and Saturday, smooth music and dancing with Joe McCormick and Marvilla Marzan; closed Sunday; Wednesday, Mike Arnone, aka "The Jersey Kid," pianist and vocalist, performing everything from The Rat Pack to Motown; Thursday, Woody Brubaker on the piano and saxophone, accompanied by Barbara Smith on vocals.

Scott McDonald plays piano every Thursday, Friday and Saturday at **Il Cielo's Cloud 9** Grill from 7 to 9 p.m. McDonald, a Sanibel resident, has had a long music career including being pianist for singer Andy Williams.

The Crow's Nest at 'Tween Waters Inn will feature Live Wire on Friday, Saturday and Sunday, and Taylor Stokes Tuesday and Wednesday. Crab races take place Mondays and Thursdays at 6 p.m. for families and 9 p.m. for adults.

The Mucky Duck on Andy Rosse Lane, Captiva, features music by Mark Dupuy on Mondays; Rich Lancaster, Wednesdays; Gene Federico, Thursdays and Saturdays; and Buckeye Ken, Fridays.

Sea Breeze Café at Sundial Beach Resort & Spa features Margarita Monday from 5:30 to 8:30 p.m. every Monday with $5 margaritas, taco bar for $12.95 and the Danny Morgan Band. Canary & Keys provides Sanibel soft rock on Wednesdays from 7 to 10 p.m. with $5 pina colada specials. There is live entertainment on Friday and Saturday from 7 to 10 p.m. Happy hour is daily from 5 to 7 p.m. with a new drink menu and drink specials.

The Pool & Beach Bar at Sundial Beach Resort & Spa presents live entertainment every Friday and Saturday from 2 to 5 p.m.

The **Island Cow** on Periwinkle Way has live entertainment on Friday with Dan Confrey; Saturday, Diana Lynn; and Sunday, Buckeye Ken.

RC Otter's on Andy Rosse Lane, Captiva, has live music daily with dining inside and out.

Keylime Bistro on Andy Rosse Lane, Captiva features live music days and nights seven days a week.

Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299.☆

Sundial Beach Resort Is Serious About Patriotism

Sundial Beach Resort & Spa held official flag raising ceremonies at 8 a.m. on Memorial Day and is planning similar events on Flag Day, June 14 and July 4, accompanied by a musical tribute from attendees. A costumed Uncle Sam will share in the festivities.

Bob Kramm, general manager of the resort and an air force veteran, said, "On these special days, all resort staff, management, guests and island visitors are invited to meet at our flag pole in front of the resort. We will have a brief meet and greet with those assembled, present attending veterans with a flag pin to honor their service, share a moment of silence and then our safety and engineering department will raise the Florida and U.S. flag according to standard military protocol."

As the flags are raised, the group will sing *America the Beautiful* with Kramm conducting the ceremony. Song lyrics will be provided. Bottled water, coffee service and pastries will be available. A costumed Uncle Sam – in patriotic bathing trunks – will be present on Flag Day and July 4, walking the property, waving and shaking hands and distributing flag pins to veterans, visitors and guests.

All employees will wear flag ribbon pins on these holidays and housekeeping will place an American flag in each occupied room on Flag Day and over the July 4th weekend. Resort guests who are veterans will be given a thank you note for their service, along with food vouchers for use during their holiday vacation, plus an invitation to the flag raising ceremony. Guest messages will be broadcast as reminders. Special patriotic activities will be scheduled for guests during these holiday weekends.

Sundial Beach Resort & Spa is 1451 Middle Gulf Drive. For more information, visit SundialResort.com.☆

Sundial Celebrates Wednesdays With Island Professionals

Sundial Beach Resort & Spa is planning Sundial Celebrates, a new gathering every Wednesday throughout the summer to celebrate different groups of island professionals. The event will also provide networking opportunities, live entertainment, drink specials and a new seafood bar.

Bob Kramm, general manager of Sundial Beach Resort, said, "We wanted to host a weekly event for separate groups of island businesses or organizations to provide a fun environment for networking and relaxing after work every Wednesday from 5:30 to 8:30 p.m. With the season now concluded, we wanted to celebrate the locals who have worked so hard to ensure that our island visitors had a great time this year."

The first event was held on Wednesday, May 28 and featured members of the Sanibel-Captiva Chamber of Commerce. Upcoming gatherings will include area realtors, property managers, hospitality and attraction businesses. Contact Donna Brown at 395-6004 to be placed on the list.

There will be different business card drawings every week for $200 worth of prizes. Prizes will include gift certificates from the newly opened Kay Casperson Lifestyle Spa & Boutique located at the resort, dining certificates, a golf game with Sanibel Island Golf, a kayak rental through the resort and a resort amenities package for a family day of fun, complete with a s'mores party.

Guests can also register to win an Escape Weekend at Sundial with entry forms provided at the resort. The winner will be selected on September 22.

Sundial Beach Resort & Spa is at1451 Middle Gulf Drive.☆

Beautiy Inside Out

Five Summer Beauty Tips

by Kay Casperson

School is out and summer has arrived! Here are some of my favorite tips for a balanced, beautiful summer in Southwest Florida.

Go Outside And Enjoy Nature

One of my favorite affirmations is "I will love and protect nature." Don't take the natural beauty of Sanibel and Captiva for granted – embrace and enjoy it every single day. Go on a beach walk by yourself or a bike ride with your friends. Go kayaking or swimming. Explore the beauty that surrounds you and celebrate it with people you love.

And don't forget to take time to care for yourself. Treat your trips to the beach like a visit to the spa – let the sand and saltwater exfoliate and sooth your skin as you soak up your daily dose of summer sunshine.

Get Plenty Of Sun, But Not Too Much

One of Mother Nature's most beneficial beauty and wellness tools, sunlight can make a positive impact on physical and mental health as long as proper precautions are taken. Moderate sun exposure helps our bodies produce the essential nutrient vitamin D and can be useful in treating various skin conditions (like psoriasis and acne) as well as helping to alleviate depression.

On the other hand, too much sun can cause damage to the skin and cause you to overheat. When you're going to be outside or in the sun for long periods of time, make sure you're protecting yourself – always remember to use (and occasionally reapply) broad-spectrum sunscreen, wear loose and comfortable clothing, and shade your face and eyes from the sun with a hat and sunglasses.

Use Double-Duty Beauty Products

Because of the summer heat and humidity, it's important to use beauty products that protect your skin and stay put. For an effortless summer look that's perfect for both work and play, I recommend using a lightweight BB cream or tinted moisturizer with SPF protection on the face and neck, lengthening mascara and a waterproof top coat for lashes (use the top coat to tame and set eyebrows too!), and a gorgeous lip gloss (also with SPF protection) in a rich, vibrant jewel tone.

Check the label when buying sunscreen and cosmetics with SPF protection, and always look for broad spectrum UVA-UVB protection and mineral ingredients like titanium dioxide and zinc oxide. Protecting skin from harmful UV rays helps to prevent photo damage and delay the formation of fine lines and wrinkles.

Stay Hydrated And Energized

If you're on the go, at work or just relaxing poolside, make sure you're getting all the right nutrients. Fill up on fresh fruits and vegetables, drink plenty of water, and try a daily multivitamin or B-12 supplement to keep your energy up. Staying hydrated is essential for overall wellness and plays an essential role in keeping your skin looking fresh and healthy.

Spend Time With Friends And Family

Whether it's a barbecue, ballgame or a day at the beach, make time to celebrate summer with the people you care about. Find seashells, enjoy sunsets or just relax – whatever you do, have a beautiful summer!

Beauty and lifestyle expert Kay Casperson lives on Sanibel with her husband, two daughters and dogs. She produces her own inspirational collections of skincare, cosmetics, apparel and accessories, and operates four Lifestyle Spa & Boutique locations (at Sundial on Sanibel, across from South Seas on Captiva, the Promenade in Bonita Springs, and Downtown Disney Orlando). Learn more about Beauty Inside Out at kaycasperson.com.

Share your community news with us.
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From left, Ken Kouril, Sawyer Smith, Jason Maughan and Brett Kist

Blue Ribbon Classic Golf Tourney At The Sanctuary A Big Success

With more than 100 golfers in attendance, a beautiful course and gorgeous weather, great fun was had by all at The Sanibel School Fund's Blue Ribbon Classic Golf Tournament. The event culminated in a Helicopter Ball Drop, with three tournament players winning a trip around the island in the helicopter, followed by a lively live auction, which included a vacation to Ireland.

To top it off, the evening reception included performances by Sanibel School parent Mike d'Abo, the lead singer/songwriter of the group Manfred Mann, and singer/acoustic guitarist Bobby James.

Many thanks to all of the Blue Ribbon partners, sponsors and players for making this a successful event. Because of their support, students at The Sanibel School are able to take lessons in Spanish beginning in kindergarten through eighth grade, and benefit from enhancements in educational technology. The school serves approximately 340 students, is a nationally-recognized Blue Ribbon School and is rated the top K-8 school in the state of Florida.☼

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From left, Antonette McDonald, Kelly Weisse, Jack Tucker, Brett Kist, Kim and Ken Kouril, Terrie Weisse, Denise and Jason McKee

Realtor Sponsors Successful Team At Blue Ribbon Classic

Realtor Valerie Tutor with her team: Gene Taylor, Helmut Peters, Bill Fellows and Mike Mallouk

The golf team sponsored by Valerie Tutor, realtor for John R. Wood Island Real Estate, captured second place in the A Flight of the 2014 Blue Ribbon Classic Golf Tournament. The tournament was held at The Sanctuary Golf Club on Saturday, May 17. The annual tournament is a major fundraiser for The Sanibel School.

"When I heard The Sanibel School was looking for Blue Ribbon sponsors, I jumped at the chance. Not only do I love golf, but The Sanibel School is a great asset to our community and I couldn't be more proud to participate," said Tutor.

The second place winning team was comprised of Gene Taylor, Helmut Peters, Bill Fellows and Mike Mallouk. "I'm so proud of them. What a great team," said Tutor.☼

From page 3

Road Rally

Tarpon Bay Road) at noon, and also ends there for the "afterglow" party. Staggered starting times will be pre-assigned by the rally master.

Sponsorships are available for tax-free donations of $100 or more. There are three levels:

Lion's Paw – $500
Junonia – $250
Conch – $100

Each sponsor gets publicity and a placard on one of the rally vehicles. All proceeds from the rally provide funds for the local Sanibel-Captiva Optimist Club's college scholarships.

For more information, call Randy Carson at 699-8739.☼

Email your editorial copy to:
press@islandsunnews.com

Youth Group Swim Lessons

Improve your child's comfort level and abilities in the water with American Red Cross Youth Group Swim Lessons, which will be offered this summer at the Sanibel Recreation Center.

Group lessons are offered for youth of all ages starting at 6 months. Registration is on a first come, first serve basis. These free American Red Cross Swim Lessons are made possible by the Sanibel Swims grant from the Charitable Foundation of the Islands and the Golisano Children's Hospital of Southwest Florida. Each participant can register for one session of nine lessons at the appropriate level. A class schedule with detailed lesson information is available at the Rec Center's front desk. Accompanying parent/guardian must present a valid photo ID.

The Summer Session will be held on Saturdays: June 28, July 5, 12 and 19, August 9, 16, 23 and 30 and September 6. (No lessons on July 26 and August 2 due to facility closure.)

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information, call 472-0345 or visit www.mysanibel.com.

Community CPR/AED/First Aid Class Offered At Sanibel Rec Center

The American Red Cross Community CPR/AED/First Aid course will be held on Sunday, June 1 from 12:30 to 5 p.m. at the Sanibel Recreation Center.

The course provides participants with the knowledge and skills necessary to sustain life and minimize the consequences of injury or sudden illness until advanced medical help arrives. Upon successful completion of this course, participants will hold an adult, infant, child CPR/AED/First Aid certification valid for two years.

The cost of the course is $70 for members and $87.50 for non-members and includes all materials. Skills acquired in this course cannot be applied to a lifeguarding certification as this course certifies participants in rescue skills for lay responders, not professional rescuers.

For more information, contact Tasha Maddix, aquatics manager, at tasha.maddix@mysanibel.com or call the Sanibel Recreation Center at 472-0345.

Expanded Pool Hours At Sanibel Recreation Center

Expanded summer leisure pool and slide hours began on Tuesday, May 27 at the Sanibel Recreation Center. Other amenities include; open gym time, tennis courts, lap pool, state-of-the-art weight room with cardio equipment, gymnasium, and over 40 fitness classes a week, included with membership.

Leisure Pool Hours:
Monday through Friday: 12 to 5 p.m.
Saturday: 10 a.m. to 5 p.m.
Sunday: 12 to 5 p.m.

Slide Hours:
Monday through Friday: 2 to 5 p.m.
Saturday and Sunday: 12 to 5 p.m.

All persons 18 years and over must present valid government issued photo identification. When accompanied by a resident who holds a daily, weekly, six-month or annual membership, guests will qualify for a reduced member guest rate.

The Sanibel Recreation Center is at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. For more information, call 472-0345 or visit www.mysanibel.com.

SANIBEL ISLAND GOLF CLUB

Golf and Grub Fridays

Come join us for a day of golf including lunch or dinner.

$45 includes green and cart fees for 18-holes and your choice of four options for lunch or dinner.

All meals include a non-alcoholic beverage.
If going the dinner route please call the Blue Coyote for reservations 239.472.9222.

Please mention "Golf and Grub" when booking your starting time 239.472.2626.

Summer Rates
18-holes - $49 including cart
9-holes - $39 including cart
Weekly passes and ten round packages available!

Summer Junior Rates
Under 15 years old no charge with a paid accompanying adult
16 & 17 years old $20 with a paid accompanying adult

BLUE COYOTE SUPPER CLUB

Conquer Your Fear Of Color!

Whether You're Looking For Bold or Subdued, Let Us Show You How To Work Your Favorite Colors Into Your Home! Who Knows, Maybe You'll Discover A Color Or Two You Never Thought Of!

SANIBEL HOME FURNISHINGS
1618 Periwinkle Way "Heart of the Island" Shops Sanibel 472-5552
Summer Hours: Mon, Tues, Thurs, Fri and Sat 10 - 5. Wed. By Appt Only.
www.sanibelhomefurnishings.com
Furniture · Lighting · Paintings · Prints · Mirrors · Pillows · Bedding · Accessories
Island Inspired Interior Design • Colorful By Nature

A stage production during the 2013 BIG ARTS Summer Camp

BIG ARTS Summer Camp Features Fun Themes Every Week

The 2014 BIG ARTS Summer Arts Camp is now open for enrollment for ages 4 through high school level students. Beginning on June 2, BIG ARTS Summer Arts Camp will be held Monday through Friday, 9 a.m. through 3 p.m. for all age groups. Enrollment is on a weekly basis and costs $150 per week for children aged 4 through those who will be attending fifth grade in the fall. The fee for campers who will be attending middle or high school in the fall is $80 per week. Tuition assistance may be available for all age groups.

For the younger campers, each week of the BIG ARTS Summer Arts Camp will feature a fun theme with programs and classes revolving around that theme. For children aged 4 and 5 as well as campers in enrolled in first through fifth grade, the weekly camp themes are as follows:

Week 1: June 2 to 6: Animal Kingdom – From the wilds of the Savannah to the pets in your home and the oddities on island, we will be inspired to sculpt, print, create and even become various animals.

Week 2: June 9 to 13: Around The World In Five Days – We'll make our own passports and explore the culture, traditions, music and art of eight specific destinations. On Friday, the campers will perform the songs and dances of the specific countries and display their versions of the travel-inspired artwork.

Week 3: June 16 to 20: Imagine, Create, Illustrate – A favorite book, story or legendary tale will serve as the inspiration to create great art this week and then bring stories to life through drawing, painting, collage, puppetry and live production. Campers will even be able to make their own book.

Week 4: June 23 to 27: I'm A Rock Star! - Each camper will be a star this week as they participate in a red carpet event and perform on stage in a talent show. Musical creativity will be encouraged to make cardboard instruments in the visual arts class.

Week 5: June 30 to July 4: Stars and Stripes (There will be no camp on July 4 at BIG ARTS, but campers may participate in the Sanibel 4th of July Parade) – The

continued on page 43

The DUNES Golf & Tennis Club

SUMMER SPORTS CAMP and GOLF & TENNIS PROGRAMS

JUNE 2 THRU AUGUST 8

The Dunes introduces ten weeks of unforgettable, educational and fun-filled summer camp options for children ages 5-17 years. With a schedule of activities and recreation-packed events, The Dunes' summer camps include professional instruction in golf and tennis and continue with instruction in soccer, hockey, art, theatre, water sports and more. Lunch provided.

OPEN TO THE PUBLIC

Contact The Dunes at 239.472.3355 to sign up or for more information
www.dunesgolfsanibel.com | 949 Sand Castle Road | Sanibel Island

Attention Lads & Lassies!

Summer Camp Kick Off with Pirate Themed Family Day

Friday, May 30, 2014

4:00-7:00PM

music • food • drinks • lifeguard on duty • mini tennis sessions • golf short game clinic • prizes • crafts • family-fun •

Summer Day Camp Registration Open, Early Bird Rates Available

The Sanibel Recreation Department's Summer Day Camp is a traditional 11-week day camp which will run from Monday, June 2 through Friday, August 15. Summer Camp is offered to children entering grades first through eighth and will operate Monday through Friday from 8 a.m. to 5 p.m. on all days except Friday, July 4.

Campers will participate in activities such as swimming, arts and crafts, athletics as well as a variety of games. Special guests along with an enhanced field trip itinerary will also be a part of the action. Campers should bring a swimsuit, towel, sunscreen and a brown bag lunch daily.

The cost is $85 per week for members and $105 for non-members. Register in advance and receive the "Early Bird" rate. Financial assistance is also available to qualifying families.

For more information, call the Sanibel Recreation Center at 472-0345 or visit www.mysanibel.com.

Date	Early Bird Rate	After Early Bird Rate
Week 1 June 2 – 6	Member: $85 Non-Member $105 (registration by May 26)	Member: $102 Non-Member: $126 (registration on or after May 27)
Week 2 June 9 – 13	Member: $85 Non-Member $105 (registration by June 2)	Member: $102 Non-Member: $126 (registration on or after June 3)
Week 3 June 16 – 20	Member: $85 Non-Member $105 (registration by June 9)	Member: $102 Non-Member: $126 (registration on or after June 10)
Week 4 June 23 – 27	Member: $85 Non-Member $105 (registration by June 16)	Member: $102 Non-Member: $126 (registration on or after June 17)
Week 5 June 30 – July 3	Member: $85 Non-Member $105 (registration by June 23)	Member: $102 Non-Member: $126 (registration on or after June 24)
Week 6 July 7 – 11	Member: $85 Non-Member $105 (registration by June 30)	Member: $102 Non-Member: $126 (registration on or after July 1)
Week 7 July 14 – 18	Member: $85 Non-Member $105 (registration by July 7)	Member: $102 Non-Member: $126 (registration on or after July 8)
Week 8 July 21 – 25	Member: $85 Non-Member $105 (registration by July 14)	Member: $102 Non-Member: $126 (registration on or after July 15)
Week 9 July 28 – August 1	Member: $85 Non-Member $105 (registration by July 21)	Member: $102 Non-Member: $126 (registration on or after July 22)
Week 10 August 4 – 8	Member: $85 Non-Member $105 (registration by July 28)	Member: $102 Non-Member: $126 (registration on or after July 29)
Week 11 August 11 – 15	Member: $85 Non-Member $105 (registration by August 4)	Member: $102 Non-Member: $126 (registration on or after August 5)

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BIG ARTS Summer Camp

patriotic spirit will soar as the campers devote their time this week to completing crafts and costumes for the 4th of July parade float. All the campers will be invited to either ride or walk in the parade down Periwinkle Way, but please note that children under 7 years must fill out a waiver to participate or be accompanied by a parent or guardian to participate.

Week 6: July 7 to 11: Beach Party! – A week dedicated to learning about the perks of island living as the campers discover the vibrant world under the sea and create nautical crafts as well as sing and play popular summertime songs. There will even be a beach-themed show on Friday.

Week 7: July 14 to 18: Superheroes Unite! – Campers will be discovering their inner superheroes this week as well as designing their own costumes, masks and capes. After learning about the artists behind graphic novels, campers will create their own comic book starting their superhero character. The week will end with a superheroes production on Friday.

Week 8: July 21 to 25: Mission Is-Possible With Art – Anything is possible with art and each day, campers will learn about renowned artist and use their works as inspiration.

Week 9: July 28 to August 1: Under The Big Top – A big adventure under the big top for the last week of camp as kids create their own circus, learn a few magic tricks and end the week with a one-of-a-kind event inspired by the campers creativity and hard work.

Middle school and high school age children are welcome to enroll in BIG ARTS Summer Arts Camp and are encouraged to submit an application to volunteer as part of the BIG ARTS Fine Arts Apprentice Program to receive volunteer/community service hours required by the local schools. Since BIG ARTS Summer Arts Camp for middle school and high school students features a half day of classes, the enrollment fee to participate in just the camp or to participate in the camp as well as in the BIG ARTS Fine Arts Apprentice volunteer program is $80 per week. Tuition assistance may be available for all ages groups enrolled in BIG ARTS Summer Arts Camp.

Middle school and high school students enrolled in BIG ARTS Summer Arts Camp and BIG ARTS Fine Arts Apprentice Program may participate class sessions held in the morning, from 9 to 11:30 a.m.) or in the afternoon, from 12:30 to 3 p.m. This level of camp features more advanced projects and skills including:

Week 1: June 2 to 6: Fused glass – Petra Kaiser, instructor

Week 2: June 9 to 13: Geometric drawing – Jon Montoya, instructor

Week 3: June 16 to 20: Irish dance – Jamie Knaub, instructor

Week 4: June 23 to 27: Print making – Megan Davis, instructor

Week 5: June 30 to July 4: Documentary Photography – David Meardon, instructor (There will be no camp on July 4 at BIG ARTS, but participants in the BIG ARTS Fine Arts Apprentice Program will be asked to help with the younger campers for the Sanibel 4th of July Parade)

Week 6: July 7 to 11: Acrylic painting – Megan Davis, instructor

Week 7: July 14 to 18: Film production – Chris Bright, instructor

Week 8: July 21 to 25: Film production - Chris Bright, instructor

Week 9: July 28 to August 1: Photography – David Meardon, instructor

BIG ARTS Fine Arts Apprentice participants will be assigned volunteer service hours based on experience and on a first come, first serve basis. Responsibilities may include assisting the kindergarten to fifth grade campers with program activities and providing supervision during as well as in-between classes. In addition, the volunteers will assist camp instructors with class set-up/clean-up and provide administrative/office assistance. Although middle school and high school students may submit an application just to volunteer, priority volunteer placement will be given to campers enrolled in the BIG ARTS Fine Arts Apprentice Program, which involves a half-day class and a half-day volunteering.

To reserve a space in the 2014 BIG ARTS Summer Arts Camp or the BIG ARTS Fine Arts Apprentice Program, please submit payment, along with a completed registration form. Camp begins promptly at 9 a.m. and please plan on providing a non-perishable snack, lunch and drink for each day your child attends camp. Although a water fountain is available, there will not be access to refrigeration or a microwave for the campers.

For additional information or the BIG ARTS Summer Arts Camp registration and application for tuition assistance forms, call BIG ARTS at 395-0900, stop by in person at 900 Dunlop Road, Sanibel or visit www.BIGARTS.org/family.

A non-profit 501(c) 3 organization, programming at BIG ARTS is made possible through the generous support of more than 300 dedicated volunteers and donors as well as our corporate sponsors, including BIG ARTS Summer Arts Camp sponsors Sanibel-Captiva Kiwanis Foundation, L.A.T. Foundation, Hans and Leslie Fleischer and Sanibel-Captiva Community Bank.☆

Share your community news with us.
Call 395-1213, Fax: 395-2299
or email press@islandsunnews.com

Commercial Lots - Tamiami Trail

Two parcels, A & B zoned Commercial General on Tamiami Trail. Survey available.
(A)$1,150,000 (B)$400,000

6433 Pine Avenue

4 BR/3 BA w/pool in Santiva near beach. Community boat launch across the street on gulf access canal.
$949,000

9247 Dimmick Drive

Nicely renovated 3 BR/2 BA w/studio on a double lot overlooking caged pool and conservation lands.
$629,000

917 Pepper Tree Place

Custom built 4 BR/3 BA in Gulf Pines on large lot. Enjoy pool, tennis, walk to beach.
$799,407

561 Lighthouse Way

Completely renovated 5 BR/4 BA with pool and dock on Gulf access canal.
$1,895,000

690 Birdie View Point

Build your Island dream home on Sanibel Island Golf course. Walk to beach.
$384,000

4203 Dingman Drive

Beautiful Renovation! 4 BR/3 BA with pool on approx. 1 acre across from beach.
$2,495,000

589 Rabbit Road

Elevated 2 BR/2 BA pool home with split floor plan overlooking river. Walk to beach.
$499,000

529 Lighthouse Way

Newly updated 3 BR/3 BA pool home on Gulf access canal w/dock. Many upgrades!
$985,000

Opportunity on Lighthouse Way

Special bay views. 105' existing seawall. Create your bayfront vision of paradise.
$1,995,000

Sunset South 9D

River and sanctuary views! 2 BR/2 BA with garage and storage. Steps to pool and beach.
$449,000

CHUCK BERGSTROM
Island Resident
Award Winning Realtor®

www.BuySellChatSanibel.com

RE/MAX of the Islands
2400 Palm Ridge Rd.
Sanibel, FL
(239) 209-6500
or
800 388-2311
(239) 472-2311

Buying, Selling or just want to chat...Talk to Chuck!

ROYAL SHELL Real Estate

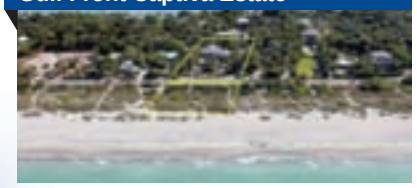
RoyalShellSales.com
239.472.0078

Florida: Bonita Springs, Fort Myers, Naples, Ocala, Sanibel and Captiva Islands

North Carolina: Cashiers, Franklin, Highlands, Lake Glenville, Lake Toxaway and Sapphire Valley

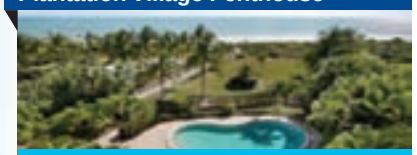
LUXURY | PRESTIGE MLS Member

Gulf Front Captiva Estate



- 4BD/3.5BA, Large Heated Pool/Spa
- Direct Access Dockage
- Pristine Condition, Offered Furnished
- **$3,995,000** MLS 2121356
- **Jim Branyon 239.565.3233**

Plantation Village Penthouse



NEW PRICE

- Space & Luxury of Gulf Front Home
- 3BD/3BA Condo, Private, Secluded East End
- Private Garage, Poolside Cabana, Rooftop Sundeck
- **$2,299,000** MLS 2130412
- **Burns Family Team 239.464.2984**

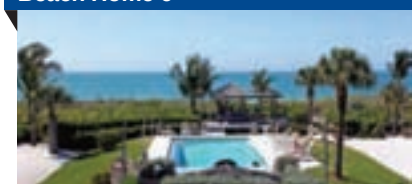
Beachcomber

- Stunning, Expansive Gulf Views
- Spacious & Pristine 2BD/2BA + Den
- Beautifully Updated & Furnished
- **$1,575,000** MLS 2140465
- **Cindy Sitton 239.810.4772**

Bayfront Home with Views & Boat Dock

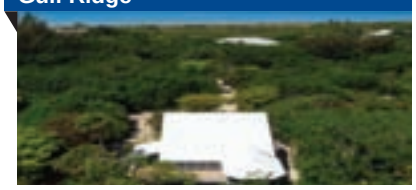
- 4BD/4.5BA, Private Pool
- Gorgeous Views of Bay
- Boat Lift, Dock & Gulf Access
- **$2,995,000** MLS 2131313
- **Burns Family Team 239.464.2984**

Beach Home 6



- Directly on Beach at South Seas Resort
- Large, Updated 3BD/3BA Stand Alone Home
- Residential Privacy with Condominium Care
- **$1,895,000** MLS 2130265
- **Fred Newman & Vicki Panico 239.826.2704**

Gulf Ridge



- 3BD/2BA, Steps to Beach
- 1 Acre of Land, Multiple Lanais
- Private, Peaceful Beach Home
- **$975,000** MLS 2140611
- **Burns Family Team 239.464.2984**

South Seas Beach Home

- Direct Beach front home with incredible sunsets
- 4 BD/3BA with new tile throughout 1st floor
- Breathtaking water views from almost every room
- **$2,675,000** MLS 2140113
- **Fred Newman & Vicki Panico 239.826.2704**

East End Canal Home

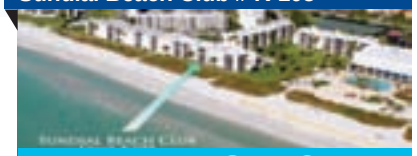
- 4BD/4.5BA Ground Level
- Private Dock & Boatlift
- Separate Guest Suite w/Kitchen & Bath
- **$1,895,000** MLS 2140231
- **Burns Family Team 239.464.2984**

Ventura Captiva Townhouse

NEW PRICE

- Direct Bay Views and Deep-water Dockage
- 3 Bedroom 3 Bath Loft with Cabana
- Bayside pool
- **$975,000** MLS 2140132
- **John & Denice Beggs 239.357.5500**

Sundial Beach Club # K-105



NEW LISTING

- Two Bedrooms, Two Baths Plus Den
- Virtual Tour : www.SundialK105.info
- Great Established Rentals
- **$888,000** MLS 2140600
- **Bob & Viv Radigan 239.691.6240**

Pelicans Roost

- 2BD/2BA Gulf View Condo
- On-Site Rentals & Management
- Rare-to-Market Corner Unit
- **$775,000** MLS 2130603
- **Burns Family Team 239.464.2984**

Best Value 2 Bedroom at Sundial

- 2 Bedrooms, 2 Bathrooms
- Fully Furnished on Beach
- Close to All Amenities
- **$440,000** MLS 2130290
- **Sally Davies 239.691.3319**

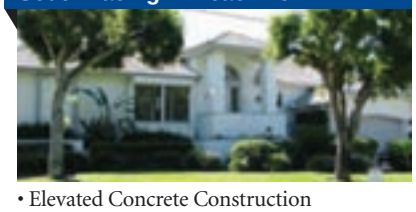
McGregor Woods

- Lovely, Spacious & Updated 3BD/3BA Pool Home
- Granite & Stainless Kitchen
- Split Floorplan- 3rd BR Murphy Bed/Home Office
- **$424,900** MLS 2140491
- **Sarah Ashton 239.691.4915**

Popular Dunes Subdivision

- Beautifully Updated 5BD/3.5BA
- Panoramic and Serene Lake Views
- Multiple Sliding Doors, Tons of Natural Light
- **$825,000** MLS 2130291
- **Burns Family Team 239.464.2984**

South Facing In Beachview



- Elevated Concrete Construction
- 3BR/2BA, Fairway & River Views
- Vaulted Ceilings, Updated Kitchen
- **$759,000** MLS 2121107
- **Burns Family Team 239.464.2984**

Coquina Beach

- 2BD/2BA Beachside Condo
- Updated and Offered Furnished
- Pool, Tennis, BBQ Grills, Beach
- **$395,000** MLS 2131369
- **Jennifer Berry 239.472.3535**

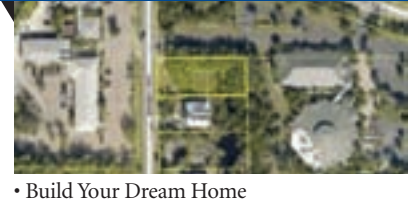
Gulf Access Canal Home

- 3 BR/2 BA home in Sanibel Estates
- Pool, dock, 10,000 lb. boat lift
- New roof in 2013, newer AC & pool heater
- **$775,000** MLS 2140641
- **Burns Family Team 239.464.2984**

South Seas Beach Villas

- Direct Gulf Front
- 2 BR/2BA Plus Loft Villa
- Parking, Pool and Tennis Courts
- **$739,000** MLS 2131012
- **John & Denice Beggs 239.357.5500**

Rabbit Road Lot

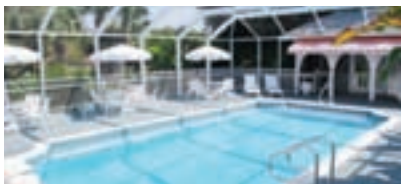


- Build Your Dream Home
- Close to Beaches
- West End Location
- **$299,000** MLS 2140095
- **Burns Family Team 239.464.2984**

"Side-By-Side" Captiva

- Two Free Standing Homes
- Over 170 ft. Beach Frontage
- Large Private Pool
- **$4,949,000** MLS 2140177
- **Burns Family Team 239.464.2984**

East End Charmer - Near Beach



- 4BR/3BA w/separate guest house
- Wood flooring, wood beamed ceilings
- Multiple porches, sparkling pool, double lot
- **$1,849,000** MLS 2140495
- **Burns Family Team 239.464.2984**

Direct Bayfront

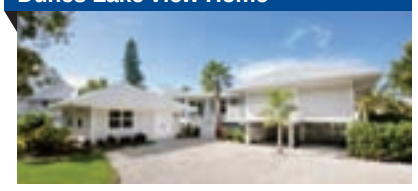
NEW LISTING

- Awesome Location w/Panoramic Bay Views
- 3BD/2BA Beautifully Finished Interior
- Ferry Landing Subdivision
- **$1,389,000** MLS 2140634
- **McMurray & Nette 239.281.4435**

Spectacular Dunes

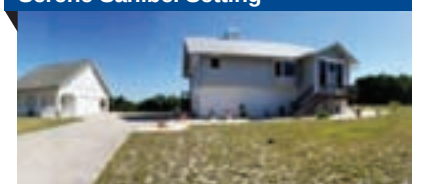
- Gorgeous 3 Bedroom Old Florida Style
- Great Location w/Big Lake Views
- Newly Remodeled Interior
- **$787,500** MLS 2140631
- **McMurray & Nette 239.850.7888**

Dunes Lake View Home



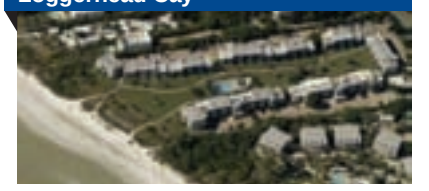
- Beautifully Remodeled 4BD/3.5BA
- Separate Guest Quarters with Kitchenette and Bath
- Stunning Views of Lake and Golf Course
- **$729,000** MLS 2131283
- **Burns Family Team 239.464.2984**

Serene Sanibel Setting



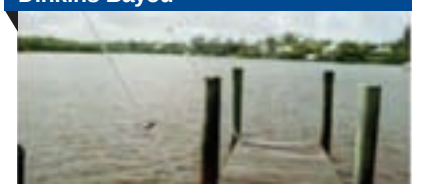
- 1 1/4 Acre Lot Borders Wildlife Refuge
- Private Setting-Deeded Beach Access
- Walk to Beach & Tennis Court
- **$699,000** MLS 2131264
- **Jim Branyon 239.565.3233**

Loggerhead Cay



- Totally Remodeled Kitchen and Bathrooms
- Beautifully Furnished
- Very European Look and Feel
- **$549,000** MLS 2131294
- **Andre Arensman 239.233.1414**

Dinkins Bayou



- Stunning Views of Dinkins Bayou
- Large Lot – 30,000+ S.F.
- Dock in Place
- **$499,000** MLS 2130696
- **Sarah Ashton 239.691.4915**

Sanibel View Condo

NEW PRICE

- Penthouse Corner Unit
- 2 Bedrooms Plus Den
- Private Gated Community
- **$269,000** MLS 2140334
- **Cindy Sitton 239.810.4772**

Sundial of Sanibel

- Large 1BD/1BA Condo
- Sundial Beach Resort Rental Program
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Highlights Of STEM Night

Wyatt Scott and Gunnar Liljequist displayed fossil finds

photos by Jeff Lysiak

Danielle Flood, left, a representative from ECHO, discusses the benefits of worms on the environment with students attending STEM Night at The Sanibel School on May 22

Kearra Holton, Sophia Tata and Marissa Thomas at the Make Your Own Chromosome Bracelet booth

At the LCEC booth, from left, Gib Warren, Laura Puerto and Sarah Jarlowe

Nick Leonardi with SCCF representatives Leah Reidenbach and AJ Martignette

Cycling Safety Notes

WHEN SLOWING OR STOPPING, WARN BIKERS BY HOLDING YOUR HAND DOWN, PALM FLAT

Sometimes you don't know when someone is following right behind you. So let's establish a good habit and always signal to warn anyone who may be behind you if you're slowing, turning or stopping. It could help avoid an accident. Let's all be courteous to each other.

SANIBEL BICYCLE CLUB

Richard Finkel discussed sea grass critters, offering a look at them through a microscope

Officers John Jakubowski and Grace Towler demonstrated the sciences of crime scene investigations

At the CROW booth, from left, Brooke Yelenich, Dr. Heather Barron, Yvette Carrasco, EB McKibben and Stevie Gorka

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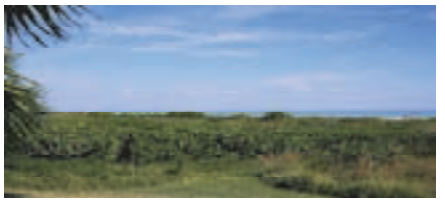

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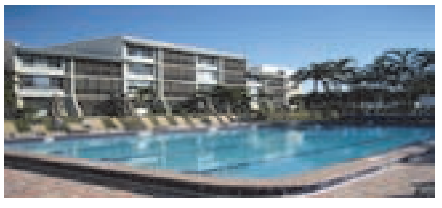

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Red Sox Demise After Last Year's Victory Is Baseball's Puzzlement

by Ed Frank

It's almost impossible to believe. What in the world has gone wrong with the World Champion Boston Red Sox in 2014?

When this week began, the Red Sox had lost a staggering 10 games in a row, their longest losing streak in 20 years. With the second worst record in the American League at 20-29 (.408), the Bosox already had fallen eight games behind first-place Toronto in the AL East.

The last-to-first finish of a year ago was a distant memory as two months into the 2014 season, Boston was once again in last place.

Never, never when the team left here two months ago at the end of spring training was such a disastrous season anticipated.

The reasons are many for the unexpected collapse. During the 10-game skid, Boston hit a feeble .212 overall. With runners in scoring position, the team batting average was .197 and a mere .207 against right-handed pitching.

Last year, the team never experienced anything more than losing three games in a row.

The frustration of the day-after-day losses boiled over last Sunday during an 8-5 loss to Tampa Bay at Tropicana Field.

After the Rays' Yunel Escobar had doubled home two runs to give Tampa an 8-3 lead, he took off for third base in an uncontested swipe of the base. Red Sox catcher David Ross began to bark at Escobar from the dugout and Escobar began to shout back.

Then Red Sox left fielder Jonny Gomes, a former Ray, rushed in from the outfielder and shoved Escobar. The benches cleared and when order was restored, Escobar, Gomes and Sean Rodriquez were ejected.

Obviously, the uncontested steal with an 8-3 lead by Tampa did not sit well with Boston. But Rays' manager Ray Maddon harkened back to Game One of the 2013 AL Division Series between the two clubs. With Tampa trailing 8-2 in the eighth inning, Jacob Ellsbury singled to lead off the inning and then stole second.

"I did not take exception when they stole on us last year in the eighth inning of the Division Series. I really wish they (Boston) would roll back the tape and look at that more specifically," Maddon said.

But Ross countered: "I think our whole team took exception to the stolen base down five with two outs in the seventh. He (Escobar) is in scoring position. I think we're just tired of getting beat. We're frustrated."

Within minutes of that 10th straight loss, the downtrodden Red Sox learned that Josh Beckett, the former Red Sox pitcher who was traded away two years ago, had pitched a no-hit game that afternoon for the Los Angeles Dodgers.

You might remember that the 34-year-old Beckett was dumped by the Red Sox in the deal that also sent Adrian Gonzales and Carl Crawford to the Dodgers in a $275 million salary-saving transaction.

Beckett reportedly was the ringleader in the infamous beer-and-chicken-eating episodes during Red Sox games.

As bad as the first two months of the season have been for Boston, remember it is a six-month season and there is time to correct the ship. But that course correction must come soon or the Red Sox will fall so far down in the basement they will never see daylight.

Miracle Start Week Just 1-1/2 Games Out of First Place

After winning four of their last six games, the Fort Myers Miracle started this week with a 28-21 season record and trailed first-place St. Lucie by just 1-1/2 games in the Florida State League South Division.

Miracle starter Jose Berrios, a first-round draft pick last year by the Minnesota Twins, pitched Fort Myers to a 6-1 win last Sunday by limiting Jupiter to just one run and seven hits over six strong innings. He struck out seven to raise his strikeout total to a team-leading 52.

The 19-year-old Berrios improved his season record to 4-2 with a low 2.55 ERA.

The Miracle begin an eight-game home stand tomorrow, Saturday, at 6:05 p.m. against the Tampa Yankees. Tampa is here for four games followed by a four-game series with Lakeland.☆

SPORTS QUIZ

1. Only two players in major-league history have had a season of at least 30 home runs and 50 stolen bases. Name them.
2. How many major-league seasons did Julio Franco play, and did he ever appear in a World Series?
3. Who was the first black quarterback to win the Heisman Trophy?
4. Name the last rookie before Portland's Damian Lillard in the 2012-13 season to lead the NBA in minutes played for a season.
5. In 2013, Cornell's Mitch Gillam became the third hockey goalie in NCAA history to score off a direct shot. Name either of the other two to do it.
6. When was the last time before 2014 that a South American country hosted the World Cup for men's soccer?
7. Who was the only world heavyweight boxing champion not to win a title bout?

ANSWERS

1. Eric Davis (1987) and Barry Bonds (1990). 2. He played in 23 major-league seasons, with no World Series appearances. 3. Houston's Andre Ware, in 1989. 4. San Diego's Elvin Hayes, in the 1968-69 season. 5. Chad Alban of Michigan State (1998) and Mike Mantua of Western Michigan (2002). 6. Argentina hosted it -- and won it -- in 1978. 7. Ken Norton was awarded the WBC title in 1978, then lost it to Larry Holmes later that year.

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A group of fourth grade students dance to *Aquarius/Let The Sunshine In* at The Game Guys' mobile video game truck photos by Jeff Lysiak

Million Word Readers Get Rewarded At Sanibel School

by Jeff Lysiak

With incentives including 45 minutes of free video game play, lunch at a local restaurant and a high-speed boat tour around the islands, students from The Sanibel School might not consider that their successful participation in the Million Word Challenge comes with an even more impressive benefit: better grades.

Last week, more than 100 pupils – including 68 from the elementary school and 41 from the middle school – reaped the rewards of completing the challenge. Throughout the day on May 22, youngsters from the school's first through fifth grades were treated to a visit from The Game Guys, a mobile video game truck loaded with the latest arcade and dance-themed games. On May 23, middle schoolers boarded the *Sanibel Thriller* for a 90-minute boat excursion; repeat challenge winners took in lunch at Captiva's Bubble Room.

"We started the program last year, which brings attention to the importance of reading," said Barbara Von Harten, principal of the school. "The main goal of the Million Word Challenge is to motivate students to read more."

According to Von Harten, the number of students completing the Million Word Challenge more than doubled from last year.

"I'm very happy when a student reaches one million words," said Von Harten. "I think that this program helps develop a lifelong love of reading."

This year, one fourth grader, Beru Pierce, exceeded 6.1 million words read.

"My favorite was the first book in The Hunger Games series," said Beru, 10. "It's a very interesting story… I like fantasy books the best."

Beru, who read three million words as a third grader last year, said that she likes reading for enjoyment, and plans on continuing to read as much as possible this summer.

Fourth grader Beru Pierce, who read more than six million words this year, with Sanibel School Principal Barbara Von Harten

"Right now, I'm reading one of the Seekers books," she added. "It's about bears who go on a quest. It's an interesting story with very descriptive words."

Wendy Wassman, the school's reading coach, lauded the pupils who participated in the Million Word Challenge.

"All it takes is to read 20 minutes per day," said Wassman. "It makes a big difference in whether you wind up being in the 90th percentile of students, or the 40th percentile."

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Will Power

Are All Of Our Kids Equal?

by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Any parent of more than one child knows how different our kids are – even if they have the same mother and father and were raised in the same household. One's an athlete, the other a bookworm. One's an A+ student while another struggles to get Bs and Cs. One handles stress easily while another melts down at the slightest provocation.

It's almost mind blowing, until one considers how different one's own siblings are from oneself.

But then again, most parents won't admit to loving one of their children more than another. We may love them in different ways, but we love them nonetheless.

But are they equal? And more to the point of this column, should we treat our children equally inside of our estate plans? Is treating our children the same in our will or trust an implicit obligation to demonstrate – through our very last words and actions – that we really did love them all equally?

There is no right or wrong answer here. Suppose that you have a daughter, "Sandra," who is a world renowned neurosurgeon. Sandra has speaking engagements in London, lives in a mansion and enjoys the good life. Your son, Thomas, is an eighth grade schoolteacher. He works very hard but struggles to take modest vacations with his family and to save for his children's college education.

Should you leave more money to Thomas then you leave to Sandra?

John Sheppard, my retired law partner, commonly counseled his clients to treat his children equally when making these types of decisions. He would say that the children made their own choices in building their lives, and that we are all just stewards of everything that we own anyway. It was his thought that when leaving more to one child than to another, one makes an implicit nod favoring that child that can leave a hole in the other child's heart.

I don't know if I agree with his philosophy. I can tell you from first-hand experience, when children are treated differently in an estate plan that the one who is treated less favorably will commonly ask if I knew of anything that they may have said or done to upset their parent. Unfortunately, the parent isn't around any longer (or we wouldn't be reading his or her will) to provide assurances that their love was just as strong for the one child as the other who was left more assets or money.

But that shouldn't preclude one from leaving more to one child than another, particularly where there is a real need. Consider the child who has a disability, and because of decreased lifetime earning potential may not be able to accumulate sufficient savings to take care of himself in retirement. Leaving that child a larger chunk of one's inheritance would certainly be justified.

Or how about another child who needs a little more help to educate her children? Or the other child who experienced unfortunate medical problems? There are all sorts of reasons for treating our children differently inside of our estate planning documents.

The key to avoiding any emotional trauma that may result from our decision is communication. Whether that communication is through a heart-to-heart with a son or daughter to ensure that they know your estate plan is not representative of your love for him or her, or through a letter that is only to be opened at the time of your death, a few words of explanation can go a long way.

If it were up to me, I would suggest the lifetime heart-to-heart as opposed to the letter to be opened later. A letter doesn't allow for the give and take that a conversation does. It's best to look your child in the eyes and tell him or her what you really feel.

What about a punitive situation? You and the child have had a falling out. Or you don't like his or her spouse and fear that the spouse will squander the inheritance that you leave your child. These situations are much more volatile.

Here I usually suggest that the parent take a few days – or even weeks – to consider the emotional impact of reducing that child's inheritance or leaving them out altogether. There's no moral judgment here, just a pause to make sure that the emotions and thoughts are true and consistent. This is never an easy decision to make.

So in the end, there's a great deal of emotion in our estate plans, whether we are leaving everything equally to our children or not. Whatever you do, make sure that your heart is in sync with your mind, and that you've done your best to communicate your intentions where appropriate.

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School Smart

by Shelley M. Greggs, NCSP

Dear Shelley, My child has an IEP for some behavioral and academic problems. We are going to meet soon for his annual review and I need some help to understand what is meant by measureable IEP goals. How are goals supposed to be measured?

Lynnette C., Fort Myers

Lynette,

You have asked an excellent question. IEP goals provide the basis for instruction, describing what a child needs related to their disability. Goals are typically written for what a student can reasonably accomplish in one school year. A measureable goal is generally written in quantifiable terms. That means numbers in some form very often in percentages, words per minute, time or amount and scores.

There is a process for writing measureable goals and it is essentially the same for academics and behaviors. It begins with identifying a target or specific behavior. The behavior must be clearly defined in non-judgmental terms and must have baseline data collected on it. Sometimes, behavior goals are harder to write as measureable goals. Often, behavior goals indicate that a behavior needs to increase such as work production or paying attention but it is not written clearly.

You can make behavior goals measurable by describing the factors surrounding the behavior. These factors include:

• Precipitating events – What happens before free time, lunch, specials

• Environmental factors – Physical conditions of the setting, i.e. instructional setting, cafeteria, etc.

• Results of the behavior – Consequences of the behavior, i.e. how is the student rewarded?

• Other observable patterns, i.e. time of day, associations, etc.

Identifying the factors surround the behavior can really key in and provide specific answers about the behavior. For example, a common mistake would be to write a goal that says the student must complete more work in class. That is not a measureable goal, however, it can be turned into one. Here's an example:

By end of school year, this student will independently complete five assignments per day, with five or less prompts, with 85 percent accuracy on four out of five trials as documented on this student's log.

Here is an example of a well-written measureable academic goal for early reading. By end of school year, the student will increase his ability to sequence a story with using three or four pictures by 30 percent over baseline data.

Remember that IEP goals must describe what the child will do, be observable, functional, meaningful, achievable, measureable and related to grade/state standards. Here is an easy acronym – SMART (one of many used in special education) – that may be helpful when trying to assess IEP goals. SMART stands for specific, measurable, achievable, relevant and timed. It takes time and energy to review your child's goals each year but it is well worth it given that this is the key to his education. For more information on IEP goals, visit www.wrightslaw.com.

Ms. Greggs is adjunct faculty at Edison State College where she teaches psychology and education courses. She is also Nationally Certified School Psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.

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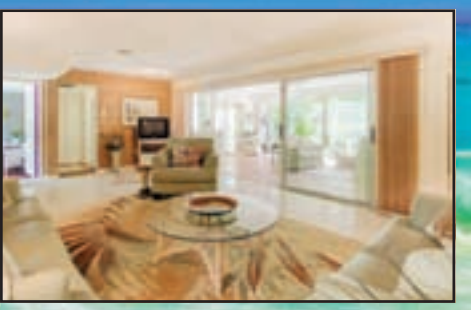

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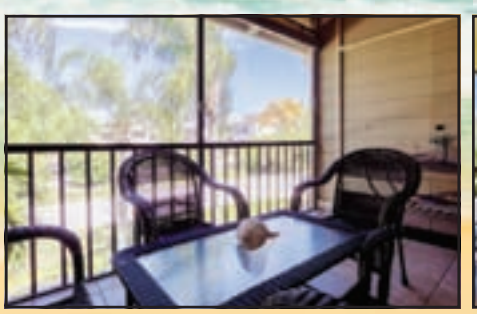

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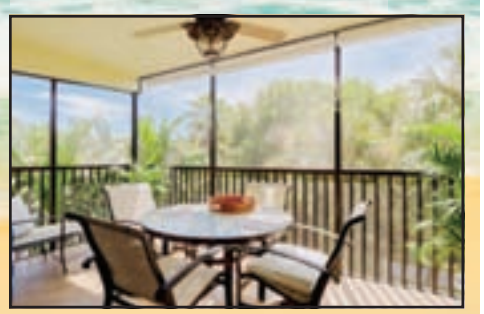

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Superior Interiors

'Face-Lifting' A Few Tired Spaces

by Cindy Malszycki

Any time of year can be a great time to spruce up your home – with new colors, new styles, even a few new furniture and accessory pieces to breathe life and energy into a tired old space.

Here are a few great ideas guaranteed to "uplift" any tired room:

1. Lighten, Brighten & De-Clutter – Try clearing your rooms of excessive clutter, and even consider downsizing your precious collections. Brighten your floors with a new area rug. Change out your window treatments to lighten your room. Add a few accent pillows to your furniture for a fresh new look.

2. Try A New Color Scheme – How about adding an accent wall to a room, perhaps in a shade (or two) darker than the room's other three walls? Or, consider block painting a wall for more visual interest. It's amazing what a fresh, new color scheme can do to uplift your room, and give you a totally new outlook on life in the process.

3. Add Some Fresh New Patterns – Perhaps it's time to consider replacing that tired, worn-looking sofa. Smart fabric choices of bold stripes, botanicals, leafy patterns or geometric designs would definitely add some spice to your décor.

4. Refresh Your Accessories – A new lamp or lampshade might just brighten up one dark corner in your room. Perhaps a new piece of art or the addition of an exciting piece of sculpture might just set the tone for a wonderful, fresh room makeover.

Whatever your pleasure, consider breathing a little life into your tired interior. You won't be sorry, once your new look is complete!

Cindy Malszycki is an interior designer on Sanibel/Captiva Islands. She can be reached at cindy@decden.net.

From page 1

Beer Challenge

p.m. and the game starts at 7:05 p.m.

"We were talking during one of our meetings and had a good idea for a laugh – to challenge the Rotary Club and see who could sell more beer," said Dick Muench, longtime member of the Kiwanis Club. "We were looking to have a bit of fun and engage in a little friendly competition."

Of course, the Rotarians gladly accepted the challenge.

"There was a big discussion about it at our meeting this morning," said Chet Sadler, secretary of the Rotary Club. "Our booth is going to be set up by some of our lady members. We're gonna show the Kiwanians how hard we can work – the ladies are up to the challenge!"

Members of the Sanibel-Captiva Kiwanis Club will be selling beer on the first base side of Hammond Stadium while the Rotary Club of Sanibel-Captiva will be pulling taps along the third base side.

While bragging rights may be their only reward, all of the money raised by both clubs will go to charity. Monies raised last year went to The Sanibel School, Golisano Children's Hospital of Southwest Florida, Sanibel-Captiva Cares, FISH of Sanibel-Captiva and Hope Hospice.

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Staff of Ocean's Reach Condominiums on Sanibel

Ocean's Reach Honored With TripAdvisor Certificate Of Excellence

For the fourth year in a row, Ocean's Reach Condominiums has been named a TripAdvisor Certificate of Excellence award winner. The award celebrates hospitality excellence and is only given to establishments that consistently achieve outstanding traveler reviews on TripAdvisor, the world's largest travel site.

Ocean's Reach has maintained the number one ranking for specialty lodgings on Sanibel Island for several years, with an average 99.65 (out of 100) Customer Satisfaction rating since 2011, a score based on specific feedback for factors such as cleanliness, location, rooms, service, value, overall rating and likelihood to recommend.

"On behalf of our owners and staff, we're proud to have once again been honored by TripAdvisor," said Andy Boyle, general manager. "We strive to provide an extraordinary beach experience for our guests and feel that our guest reviews on TripAdvisor reflect the tremendous vacation value we try to provide."

"TripAdvisor is pleased to honor exceptional hospitality businesses for consistent excellence," said Marc Charron, president of TripAdvisor for Business. "The Certificate of Excellence award gives top performing establishments around the world the recognition they deserve, based on feedback from those who matter most – their customers.

For more information on Ocean's Reach, call 800-336-6722 or visit www.oceansreach.com.

New Limited-Edition Vintage Circus Posters Stamps

Step right up and share the magic of the circus as the U.S. Postal Service issues the new, limited-edition Vintage Circus Posters Forever stamps. Available as a set of 16 stamps, customers may purchase the Vintage Circus Posters stamps at the Postal Store, at 800-STAMP24 (800-782-6724) and at post offices nationwide or visit ebay.com/stamps to shop for a wide variety of postage stamps and collectibles.

The new Vintage Circus Posters Forever stamps are modeled after original circus posters – including those promoting the Ringling Bros. and Barnum & Bailey Circus – and are now part of the Tibbals Digital Collection at The John and Mable Ringling Museum of Art in Sarasota.

Each stamp features one vintage circus poster. The pane's verso text includes a brief description of the history and purpose of circus posters. The selvage features an image of a circus entrance shot by photographer Edward J. Kelty in 1937. Art director Greg Breeding worked on the stamp pane with designer Jennifer Arnold.

ISLAND SUN BUSINESS NEWSMAKERS

Top Sales

Deb Stone was the top sales associate for the month of April at RE/MAX of the Islands.

Deb Stone

Top Marketing

Dave Gilchrist was the top marketing associate in April at RE/MAX of the Islands.

Dave Gilchrist

The lush grounds of Shell Point Retirement Community

Shell Point Informational Meetings

Residents of Southwest Florida who would like to learn about resort-style retirement options and lifecare from an experienced retirement counselor are invited to attend one of several informational meetings at Shell Point Retirement Community.

The meetings will be held at 10 a.m. in the main Commons located in The Woodlands neighborhood at Shell Point on June 10, 18 and 25.

After the presentation, guests can tour The Island neighborhood and visit furnished models in The Woodlands neighborhood. Guests will also learn more about The Estuary, Shell Point's newest neighborhood, which will include 50 residences in a combination of single-family and twin villa homes along with a community center and a pool. Admission is free; however, seating is limited, so reservations are required and may be made by visiting www.shellpoint.org/seminars or by calling Maureen Thomson at 466-1131 or 1-800-780-1131.

Shell Point Retirement Community is just off Summerlin Road and McGregor Boulevard, two miles before the Sanibel Causeway.

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Beckwith Participates In U.S. Senate Special Committee On Aging Panel

Samira K. Beckwith, president and CEO of Hope HealthCare Services, participated in a U.S. Senate Special Committee on Aging panel in Washington, DC on May 21 that focused on end-of-life issues and how the private sector and government can be more responsive to patients and their families.

"Our health care system is excellent at managing acute episodic illness or injury, but there is great need to establish appropriate care systems for the number of aging boomers with advanced progressing illness," Beckwith shared with the committee. "Hospice benefits need to be more accessible for individuals as they experience significant physical, emotional, spiritual, and financial burdens and become eligible for hospice care."

The U.S. Senate Special Committee on Aging is chaired by Sen. Ben Nelson (D-Fla.) with ranking member Sen. Susan M. Collins (R-Maine).

Samira K. Beckwith

Beckwith urged the committee to examine the nine significant regulatory changes in 2014 that occurred without coordinating policy changes or their implementation, and without considering the impact on patients and families. Administrative and regulatory burdens that present obstacles include the new Medicare Part D requirements, face-to-face requirement and a "one size fits all" approach across providers and patient populations that does not work for end-of-life care.

"The Medicare Hospice Benefit was designed to be flexible enough to meet the wide variety of needs and experiences that can be present in our vulnerable patient population," said Beckwith. "These are the very aspects of the benefit that seem threatened now through the scrutiny on variations in length of stay, levels of care, setting of care and utilization of various staff on the hospice interdisciplinary team."

Beckwith advocated for a national effort to increase hospice use during the last two years of life – instead of "misguided" efforts to reduce the length of stay – to reduce costs and improve patients' quality of life.

Joining Beckwith in the Continuing The Conversation: The Role of Health Care Providers in Advance Care Planning roundtable discussion were Carmella A. Bocchino, RN, America's Health Insurance Plans; William Novelli, Coalition to Transform Advanced Care and McDonough School of Business, Georgetown University; Randall Krakauer, MD, Aetna; Daniel O'Brien, Ph.D., Ascension Health; and Paul Malley, Aging With Dignity. Jennie Chin Hansen, RN, of the American Geriatrics Society, moderated the panel.

For more information, call 855-454-3100 or visit www.HopeHCS.org.✡

Read us online at IslandSunNews.com

FISH Upcoming June Workshops

FISH of Sanibel-Captiva, Inc. announced a number of upcoming complimentary workshops for the month of June:

• Mom & Toddlers Group – Monday, June 16 from 10 to 11 a.m. at the FISH Walk-In Center. Join this fun and educational group to connect with other island moms and children. Open to all island parents and their children ages birth to 5 years.

• Friendly Faces Lunch – Tuesday, June 10 starting at 11:30 a.m. at George & Wendy's Seafood Grille. Visit with FISH staff, volunteers and board. Cost is $8 per person, all inclusive. RSVP to Sally Ennis or call 395-8821. Exact cash requested.

• New Volunteer Social – Tuesday, June 17 from 5 to 6:30 p.m. at Zebra Frozen Yogurt in Bailey's Center. Learn how to become a new FISH volunteer.

• Affordable Healthcare Q&A – Friday, June 20 from 10 a.m. to noon at the FISH Walk-In Center.. Healthcare navigator Chelsea Cicero will answer questions or assist with sign up for healthcare coverage. RSVP to Christine Swiersz or Jessi Zeigler or by calling 472-4775.✡

Top Ten Books On The Island

1. *Me Before You* by Jojo Moyes
2. *The Girl Who Fell from the Sky* by Heidi W. Durrow
3. *A Dog's Life* by Martin Clunes
4. *The Light Between Oceans* by ML Stedman
5. *Gift from the Sea* by Anne Morrow Lindberg
6. *Bone Deep* by Randy Wayne White
7. *House at the End of Hope Street* by Menna Van Praag
8. *Time Keeper* by Mitch Albom
9. *Six Mornings on Sanibel* by Charles Sobczak
10. *Z: A Novel of Zelda Fitzgerald* by Therese Anne Fowler

Courtesy of Sanibel Island Bookshop.✡

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From page 14

Outreach

out about 4,500 pieces – including 2,000 eyeglasses – every year," added Peters. "Actually, I'm amazed at how many we get."

Back in 1925, Helen Keller challenged the Lions to become the "Knights of the Blind." Today, the club continues that work to help those afflicted with sight impairment and blindness through local education and testing, surgeries, as well as providing eyeglasses and guide dogs to those in need. The San-Cap Lions Club supports organizations including Southeastern Guide Dogs, Lighthouse Foundation, Trailways Camp, Conklin Center for the Blind, UNICEF, Florida Lions Foundation for the Blind and Lions Clubs International Foundation.

"Because we raise money locally, we give priority to those who are right here on Sanibel and Captiva," said Jim Graham, assistant treasurer of the San-Cap Lions. "There is a great need here on the islands. Our giving is a continuation of that community culture."

Locally, the Lions help support groups including FISH of Sanibel-Captiva, Inc. and Friends Who Care. They provide parking assistance at many island events, including the Sanibel Public Library's Author Series as well as Sanibel Shell Fair & Show. They also participate in Luminary Night every December.

"Our arts and crafts fair every year is a 12-month project," said Roger Grogman, a director of the San-Cap Lions. "We make a great effort to populate the show with quality artists and quality materials, and the people on this island appreciate and respect that quality."

Additionally, the Lions host the yearly Christmas tree sale at Bailey's Center, an annual pancake breakfast and fish fry at The Community House and a golf tournament, which they are planning to return this November.

"I love being a part of such a local and powerful service club," said Debi Almeida, second vice president of the San-Cap Lions. "For me, being the first woman to serve on the Sanibel-Captiva board of directors is quite an honor. I think women now joining the club adds a formidable force to accomplish much of what the board has planned this upcoming year and a different perspective that complements it."

"It's all about service," added Grogman. "The Lions are actively involved with so many activities… there's not a group on this island that doesn't use our services."

Through the Lions fully-funded Bailey Scholarship Program, the club offers individual scholarships to students to advance their higher education. It also supports the handicap student program at Edison State College and WGCU, which offers audio programs for those who are blind.

Working with the Periwinkle Partnership of Sanibel Beautification, the Lions have sponsored 29 benches along the Shared Use Path system, another "subtle way you can see our presence," added Grogman.

Lions International is comprised of 1.35 million members scattered across 46,000 clubs worldwide. The Sanibel-Captiva club – founded 50 years ago by a group of islanders, including the late Francis Bailey – has approximately 100 active members, which meet on the first and third Wednesday of every month at The Community House. Gathering begins at 6 p.m., with the meeting starting at 7 p.m.

"It is also wonderful to be speaking to someone in another part of the country for business and when they say they are a fellow Lion, I know they have a heart to serve," added Almeida. "That really means something to me. Instantly, a trust factor is there."

For more information about joining the Sanibel-Captiva Lions Club or to make a contribution, email info@sanibel-captivalions.org, contact a member or attend an upcoming meeting.✡

deaRPharmacist

How To Keep Yourself From Fainting

by Suzy Cohen, RPh

Dear Pharmacist: I've been fainting (or almost fainting) several times a year for the last six years, and no one has been able to figure out why. I've done every scan on my brain and arteries, and everything is normal. I take two blood pressure medications, something for depression and thyroid. What can you say to someone prone to fainting?

BW, Silver Springs, Florida

Normal? It's not normal to pass out. After passing out, a person requires little more than just lying flat (supine) until consciousness is regained. Smelling salts can help you "come to" a little faster and you can buy those online. The real danger is hitting your head on the way down! Your physicians should keep asking the question "Why?" The sudden loss of consciousness from fainting is scary and occurs from diminished blood flow to the brain. I'm relieved your scans are okay, but that leaves you in a quandary as to how to manage another episode. I'll help you think this through. Most fainting is triggered by damage to the vagus nerve which connects your brain to your digestive system. When you eat, this nerve sends blood to your stomach and intestines and pulls it from your brain. If it yanks too much, you could pass out. Same thing can happen if you reduce blood pressure too quickly, if you bear down for bowel movements, or if you vomit or have chronic diarrhea. So eat slowly, and nurture your digestive tract by eating well, taking probiotics and avoiding food triggers. Check your blood pressure routinely, your medication dose may be too high, or the combination of your two drugs could be triggering this. The vagus nerve is a touchy little nerve that could be infected. I truly believe most people carry pathogens in their body that attack the vagus nerve, and you don't even know it. Images don't show these bugs on MRIs, MRAs, CT or CTA scans.

Definitely avoid dehydration. Too little water in your bloodstream lowers your blood pressure (plus you take medicine), and this stimulates the vagus nerve, causing dizziness and fainting. Living in hot climates can make this worse. So can anxiety, like the sight of blood or shocking news. Drinking alcohol or taking certain drugs, even prescription drugs, can cause blood vessel relaxation and dehydration, which cause fainting. Diuretics like HCTZ, furosemide or natural diuretics can make the lights go out in your brain! Other medications that make you more prone to fainting include nitrates for angina, stimulants for attention-deficit, heart drugs and all the blood pressure medications. A condition called "carotid sinus hypersensitivity" occurs in elderly men and the slightest rubbing to a certain area of the neck can make you drop. Doctors don't usually look for this. Heart disease, anemia and hypothyroidism are other common causes for fainting. More on that at my new website www.TheThyroidSummit.com. Bottom line is to keep exploring why the blood drains from your brain so quickly and don't resign yourself to living with this.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✲

Support Group

On Monday, June 9 beginning at 11 a.m., Faith United Methodist Church is launching an Alzheimer's Caregiver Support Group sponsored by the Southwest Florida Gulf Alzheimer's Association.

On the second Monday of each month, caregivers of diagnosed loved ones will find excellent resources, information and emotional support.

Free respite care may be provided by a professional facility near our church for the hour of meeting. RSVP at least one day prior to the meeting is required.

Call Pastor Kathy at 482-2030 ext. 233 for more information. Faith United Methodist Church is located at 15690 McGregor Blvd. in Fort Myers.✲

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- Why conventional medicine has failed most thyroid patients
- What are the best lab tests to order
- Which blood test you don't need
- Why you're always the coldest one in the room
- What are the best ranges for certain blood tests (because your lab "normals" are not ideal)

Mom And Me

by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

I used to have the time to exercise and watch my diet, but no more. My elderly parents moved in, and their care appears to be more than I can physically and emotionally handle. I have gained 70 pounds and on a recent visit, my doctor has told me I am now diabetic.

We are thinking of moving my mother into an assisted living community to ease my burden, because living with this stress is destroying my health. Do you have any suggestions to help ease our burden?

Winifred

Dear Winifred,

Caring for elderly family members can be very difficult – more difficult than most families realize when they first make the invitation. In order for you to care for them, you must care for yourself.

It may be the right choice to move your mother, but first try having some part-time help – maybe two or three hours a day – in your home. While the help is there, do something for yourself; ask a friend to go for a walk or go walking in a nearby mall. Talk to a nutritionist and make a diet plan for yourself, and lose the weight.

These are just starting solutions; when your physical health improves, you can go on to the next step and make further decisions.

Lizzie

Dear Winfred,

Your parents need to move into an assisted living community or other living environment. While I can tell from your letter that you love your parents and want to care for them, there are many ways to love and care for older parents. Additionally, if something happened to you, what would happen to their best advocate? In a way, it is in your parents' best interest to care for yourself.

I am not suggesting that you pick a place without involving them and then leave them there. I am suggesting you talk with them and make this a family decision and planning process. If you need outside assistance, contact their primary care physician for a mental health referral.

Pryce

Lizzie and Pryce's email address is momandmeaging@hotmail.com.✲

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Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
McPhie Park	Fort Myers Beach	2013	4,321	$1,759,000	$1,550,000	50
Verona Lago	Miromar Lakes	2003	3,368	$1,100,000	$1,025,000	235
Ravista	Bonita Springs	2004	3,290	$1,098,999	$1,020,000	67
Longlake	Bonita Springs	1995	3,437	$1,099,000	$980,000	182
Northridge	Bonita Springs	2003	3,382	$836,500	$810,000	30
Chateaux Sur Mer Unrecorded Subdivision	Sanibel	1969	2,303	$809,000	$788,000	339
Copper Lake	Bonita Springs	2002	2,882	$699,000	$670,000	168
Belle Lago	Fort Myers	2006	3,132	$690,000	$665,000	42
Abbey Subdivision	Fort Myers	1992	3,587	$699,500	$645,000	58
Belle Lago	Fort Myers	2005	4,420	$749,000	$630,000	19

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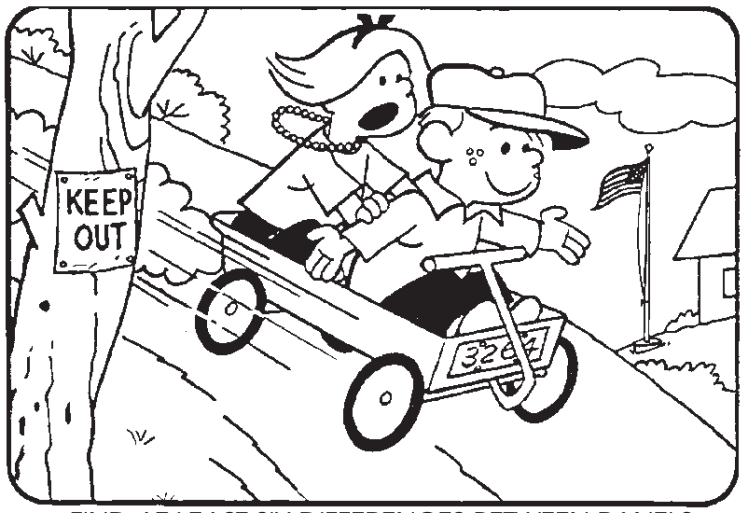
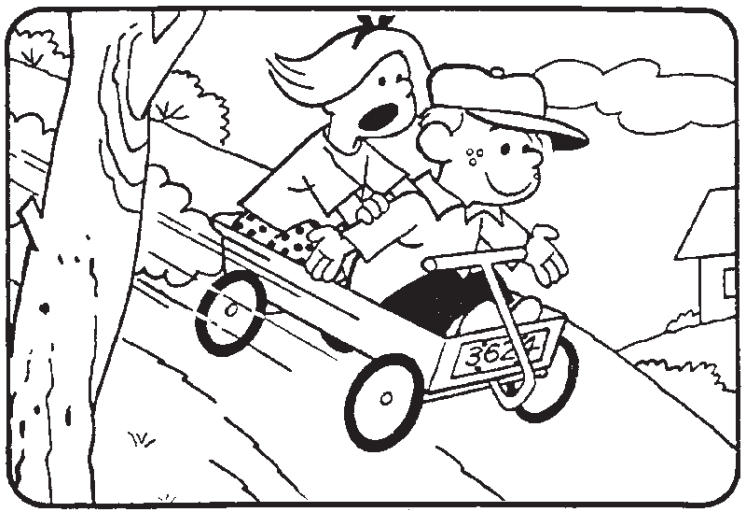
HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Sign is missing. 2. Beads are missing. 3. Slacks are different. 4. Arm is moved. 5. License number is different. 6. Flag is missing.

"I think we're going to have to put up a _____ about these people who jog to work."

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Tasty **VARYOS**

Cherish **PREZI**

Provoke **CINITE**

Hook **RANCHO**

TODAY'S WORD

answer on page 58

		3	4				5	
	1			9		2		
7					5			9
	3			6				7
6			8			9	4	
		9			7			8
		2	3			1		
	7			1			6	
8				4	2			5

SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 58

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PUZZLE ANSWERS

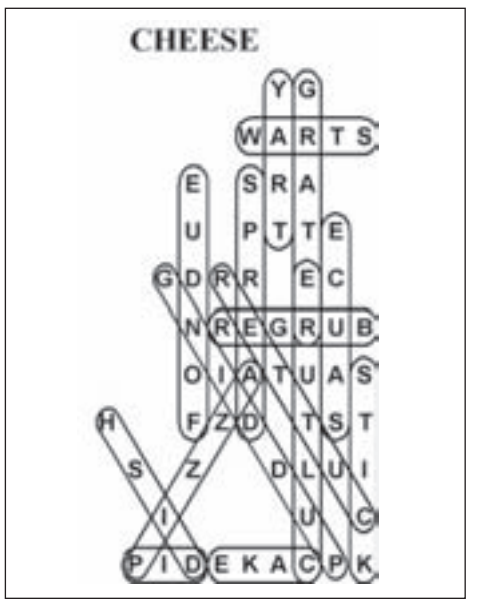
SUDOKU

9	2	3	4	8	1	7	5	6
4	1	5	7	9	6	2	8	3
7	8	6	2	3	5	4	1	9
1	3	8	9	6	4	5	2	7
6	5	7	8	2	3	9	4	1
2	4	9	1	5	7	6	3	8
5	6	2	3	7	8	1	9	4
3	7	4	5	1	9	8	6	2
8	9	1	6	4	2	3	7	5

SUPER CROSSWORD

KING CROSSWORD

MAGIC MAZE



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SCRAMBLERS

solution

1. Savory; 2. Prize;
3. Incite; 4. Anchor

Today's Word:

NOTICE

FISH Facts Did you know?

In 2013, FISH of Sanibel-Captiva, Inc. impacted the lives of 1,217 households comprised of 1,634 individuals on Sanibel and Captiva. Volunteers provided 6,311 hours of service and drove 27,319 miles on behalf of FISH and its clients.

Some accomplishments were:

Assisted 58 elderly or disabled households with hurricane preparedness

Delivered 2,565 meals to clients with limited mobility or needing assistance

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Provided $150,148 of other client support through various programs

Distributed 76,459 pounds of food to 295 households

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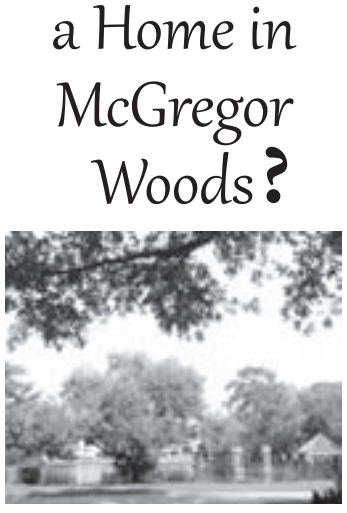

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VACATION RENTALS
PROPERTY MANAGEMENT & SALES
359 Periwinkle Way, Sanibel Island
239-579-0511
✲RS 1/4 CC TFN

CONDO RENTAL

SUNDIAL BEACH AND TENNIS RESORT CONDO
Ground floor, one bedroom,screened lanai just steps to the beach. Freshly painted. Long or short term rental. Please call for details. Claudia 917-208-6018.
✲NS 4/25 CC 5/30

ANNUAL RENTAL

ANNUAL RENTALS

BEACH FRONT COMPLEX
This updated 2/2 UF condo is minutes to the beach thru the courtyard. Pool & tennis. $1,850/Mo. Includes most utilities. Close to Causeway. Call for more info.

BAYOU FRONTAGE
This property offers a boat dock & lift, along with 3 BR/ Plus office, 2 baths UF, updated home. Located in an Island Paradise! $3,300/Mo.

472-6747
Gulf Beach Properties, Inc.
Serving The Islands Rental Needs Since 1975
www.sanibelannualrentals.com
✲RS 5/23 BM TFN

ANNUAL RENTAL
Nice 3/2 Sanibel cottage on double lot. Private and quiet, last house on a dead end street. Close to Periwinkle and shopping,easy on and off island. $1,800. a month, you pay utilities. Call 773-507-8095.
✲RS 5/30 CC 5/30

HOUSE FOR RENT
3 bed, 2 bath elevated home with large pool and veranda, 2 car garage & storage area, close to beach location in the west of Sanibel. Available May 1st. 2014. $2,800.- per month. Call 239-297-1932.
✲RS 5/30 CC 6/13

RE/MAX OF THE ISLANDS
Putting owners and tenants together
Call Dustyn Corace
www.remax-oftheislands.com
239-472-2311
✲RS 1/4 BM TFN

ANNUAL RENTAL
2 Bedroom, 1.5 Bath, + Office home. Convenient Sanibel location. Tile living areas, fenced back yard. $1,795/mo. Available Immediately.
239-472-2603 x228
✲NS 5/23 CC 5/30

ANNUAL RENTALS ON SANIBEL ISLAND
3/2 units in duplex & triplex with pool. Newly remodeled.
Pet friendly. $2,100/month
2/2 units in duplex. Newly remodeled.
Pet friendly. $1,700/month
2/1 condo. Newly remodeled.
Sorry,no pets. $1,600/month
Call Bridgit @ 239-728-1920
✲NS 4/11 CCTFN

ANNUAL RENTAL

DAVIS COURT
2 bed/2 bath top floor condo for rent. Minutes to Sanibel, $810/month plus utilities. Now available to show. First and security required. Call Chris at 851-3506.
✲RS 5/30 NC TFN

SERVICES OFFERED

SANIBEL HOME WATCH
Retired Police Captain
Lives on Sanibel
Will Check Your Home Weekly
Very Reasonable Rates
(239) 728-1971
✲RS 1/4 BM TFN

SCARNATO LAWN SERVICE
Lawn Service, Shrubs and Tree Trimming Weeding, Installation of Plants, Trees and Mulch (one month free service available)
Joe Scarnato (239) 849-6163
scarnatolawn@aol.com
✲RS 1/25 BM TFN

HOME/CONDO WATCH CONCIERGE SERVICES
Dorado Property Management
∗ Island Resident ∗ Licensed & Insured
∗ 24/7 ∗ www.doradoproperty.com
Call Lisa or Bruce at 239-472-8875
✲RS 3/21 CC TFN

ROGER NODRUFF ELECTRIC
Lic# EC12002788.
Call Roger 239-707-7203.
Aqualink - Motor Controls.
Office & Store Maint.
✲RS 6/7 CC TFN

AFFORDABLE HOME CARE
HomeCare Services
With A Difference Specializing in Alzheimer's,Parkinson,Stroke etc.
Live-in's, 8 hrs, 24 hrs.
FBI Background Check available.
Licensed & Insured.
References Available, call
Cell: 561-509-4491 or 239-963-8449
✲NS 10/25 CC TFN

Island Sun NEWSPAPER Sanibel & Captiva Islands

SERVICES OFFERED

HOME IMPROVEMENTS JOE WIRTH GENERAL CONTRACTOR, LLC
When It's "WIRTH" Doing Right!
Florida Certified General Contractor & Long Time Sanibel Enthusiast
Over 20 Years Experience
Renovations, Additions & Repairs
Decks, Kitchens, Flooring, Etc.
Call 239.339.7988
www.joewirthconstruction.com
Licensed & Insured #CGC1521967
✲RS 5/9 CC 5/30

HELLE'S CLEANING SERVICES
Residential Cleaning to Satisfaction
Sanibel & Captiva • 239-565-0471
Sanibel Lic. #11412 Lee Co. Lic. #051047
✲NS 1/4 PC TFN

HELP WANTED

Clinic for the Rehabilitation of Wildlife CROW Sanibel Island, Florida

3883 Sanibel Captiva Road, Sanibel, Fl
Phone: 239-472-3644, ext 1
Fax: 239-472-2334
www.crowclinic.org

HELP US PLEASE!!
We need volunteers for:
Clinic emergency patient admissions desk and baby animal feeders
Visitor education center greeters and gift shop cashiers
CROW - (239) 472-3644, ext. 229 or volunteers@crowclinic.org
✲RS 1/31 NC TFN

VOLUNTEERS NEEDED
Volunteers needed for light general maintenance. Call (CHR) Community Housing & Resources, Inc. 472-1189.
✲NS 11/1 NC TFN

FULL TIME HEAD CUSTODIAN
Benefits
Tolls Paid
Call Maureen at the Sanibel School
239 472-1617
✲NS 3/21 NC TFN

★ ★ ★ Classified Deadline Friday at Noon ★ ★ ★

★ ★ ★ CLASSIFIEDS ★ CLASSIFIEDS ★ ★ ★

HELP WANTED

SHOP AT WHOLE FOODS & TRADER JOE'S
Shuttle to one or both every Thursday.
$40 Sanibel, $50 Captiva roundtrip.
Door to door service. Help with bags.
Call Santiva Cab at 239-472-0151.
Ask about personal shopping services.
✲NS 5/30 CC 5/30

LPN AVAILABLE
LPN available for home health care, able to work 24/7. References available upon request. Many years of experience taking care of elderly in their homes.
Call 207-350-9410.
✲NS 5/30 CC 6/20

RN- PART TIME (FORT MYERS, FL)
One week per month.
Stem Cell and Prolotherapy clinic.
Learn more about our specialty treatments at www.caringmedical.com
Email resume with cover letter to Mandi Jones at jonesm@caringmedical.com
✲NS 5/23 CC 5/30

VOLUNTEERS NEEDED
Volunteers needed for the After School Program which runs Mon.-Th, 2:30 – 3:15 pm
call Linda Reynolds 472-1617
✲RS 1/4 NC TFN

VOLUNTEER OPPORTUNITY
The Sunshine Ambassador Program is a new and exciting volunteer opportunity offered at the Golisano Children's Hospital of Southwest Florida located within HealthPark Medical Center. The Sunshine Ambassadors will greet, assist and be a positive first point of contact for patients, families and visitors entering the hospital. The Ambassadors also make a difference to families by providing educational and healthful resources to assist in GRANDparenting for GRANDchildren.
We are currently seeking year-round volunteers to work one 4-hour shift Monday through Friday from 8:00 am to 12:00 pm or 12:00pm to 4:00 pm.
If you would be interested in learning more about this wonderful new opportunity, please contact Lisa Ellinwood, Volunteer Resources Coordinator at 239-343-5062 at the Golisano Children's Hospital.
✲NS 2/8 NC TFN

HELP WANTED

PUBLIC RELATIONS / COMMUNICATIONS MANAGER
Community Housing and Resources, Inc. (CHR) is seeking applicants for a full-time Public Relations and Communications Manager to lead outreach and public relations efforts for the agency. Duties include: writing and coordinating press releases, advertising, newsletters and website content; creating brochures, posters and other collateral materials; public speaking and assisting with events. Applicants must be adept public speakers, possess exceptional writing and organizational skills, and have a strong working knowledge of Microsoft Word, PowerPoint and Publisher. A Bachelor's Degree or equivalent experience is required. Experience working in a non-profit setting is a plus. This is a fully benefitted position. Please mail or deliver resume and cover letter to Kelly Collini, Executive Director 2401 Library Way Sanibel, FL 33957 by 4 p.m. Friday, June 13. See a complete position description on CHR's website at SanibelCHR.org. EOE
✲NS 5/16 BM 6/13

ART TEACHERS
BIG ARTS is looking for energetic art teachers of all disciplines for BIG ARTS 2014 Summer Camp. Supplies are provided, all you need to bring is your imagination. For more details contact Jessica at jbaxter@bigarts.org.
✲NS 4/4 NC TFN

VOLUNTEER/ JOB OPPORTUNITIES
PAID volunteer opportunities to seniors, age 55 and over, to tutor/mentor children in elementary schools & after-school programs. Offering a stipend, mileage reimbursement, annual physical, holiday, vacation, and sick pay – all tax exempt. Providing struggling school children a chance to succeed in school, and offering opportunities that will last a lifetime.
Call Joan at The Dr. Piper Center at 239-332-5346.
✲NS 1/17 NC TFN

TO PLACE A CLASSIFIED LOG ONTO:
IslandSunNews.com
CLICK ON
PLACE CLASSIFIED

BOATS - CANOES - KAYAKS

30 FOOT +/- BOAT SLIP FOR RENT
On Bay Drive.
Deep Water Direct to Bay and Gulf.
413-374-3995.
✲NS 5/2 CC 5/30

DOCKAGE
Hourly, Daily, Weekly and Monthly.
Captiva Island 472-5800
✲RS 1/4 NC TFN

WANTED TO BUY

CASH PAID FOR MILITARY ITEMS
Cash Paid For Old Military Items.
Medals, Swords, Uniforms, helmets, old guns, awards & more.
Local Toll Free 1-866-440-3280
✲RS 3/7 CC 5/30

LOST AND FOUND

FOUND
Prescription sunglasses found in parking lot of Limetree Center on Wednesday, February 27. Claim at Island Sun newspaper, suite 2 in Limetree Center, or call 395-1213.
✲NS 3/8 NC TFN

GARAGE • MOVING • YARD SALES

GIANT YARD SALE
Antiques, Printers, Laptops, Games, Books, TONS of Unused Nail Polish, Collectibles, Bass Amp, Toys & MORE
645 Donax Street,
Saturday, MAY 31, 9 AM No Early Birds!
✲NS 5/30 CC 5/30

To those who are hungry, $20 is a fortune.

But $20 can feed a family of four for a week, thanks to the...

Harry Chapin Food Bank!

The Food Bank can acquire $6 of nutritious food for every $1 you donate, turning your $20 into a week's worth of meals for a family of four...

Thank you for your generosity!

Scan to connect to the Food Bank!

Mail your tax-deductible donation to:
The Harry Chapin Food Bank
3760 Fowler Street, Fort Myers, FL 33901
Call (239) 334-7007
Or donate online at:
www.harrychapinfoodbank.org

Harry Chapin Food Bank

Island Sun

The Island Sun and The River Weekly News

Always on the table, and online, with everything you need to know about your community.

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Island Sun NEWSPAPER Sanibel & Captiva Islands

THE RIVER WEEKLY NEWS From the Beaches to the River District downtown Fort Myers

www.IslandSunNews.com

★ ★ ★ CLASSIFIED DEADLINE FRIDAY AT NOON ★ ★ ★

Pets Of The Week

Good grief Charlie Brown, why haven't I been adopted? My name is Sally and I've been patiently waiting for well over a month for someone to notice what a sweet little dog I am. I'm the right size, shape, breed, color and temperament that most families want. I'd be a great match for a couple that just needs a little buddy to cuddle with and take for walks. So come see me, I'll be waiting… My adoption fee is $75.

My name is Fairy. Don't you think I'm absolutely precious just like a little fairy? If you can't resist my sweet face, you will fall in love with my personality for sure. Don't forget that cats and kittens are always two-for-one here at Animal Services so why not bring home a friend for me too. I get along with all the cats here at the shelter. My adoption fee is $50.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 11:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive, Fort Myers, next to the Lee County Sheriff's Office, off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at $500.☆

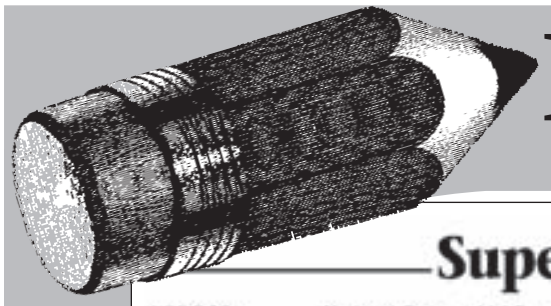
Sally ID# 585827

Fairy ID# 587179

Island Sun
NEWSPAPER
Sanibel & Captiva Islands

CALLING CARD 239-395-1213

Emergency	911
Sanibel Police	472-3111
Lee County Sheriff's Office	477-1200
On Call Captiva Deputy	477-1000
Fire Department	
Sanibel	472-5525
Captiva	472-9494
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
Chamber of Commerce	472-1080
City of Sanibel	472-4135
Administrative Office	472-3700
Building Department	472-4555
Community Housing and Resources	472-1189
Planning Department	472-4136
Library	
Sanibel	472-2483
Captiva	472-2133
Post Office	
Sanibel	472-1573
Sanibel (toll free)	800-275-8777
Captiva	472-1674
Sanibel Community Association	472-2155
Senior Center	472-5743
ARTS	
Arcade Theater	332-4488
Art League Of Fort Myers	275-3970
BIG ARTS (Barrier Island Group for the Arts)	395-0900
Broadway Palm Dinner Theatre	278-4422
Fort Myers Symphonic Mastersingers	472-0168
Gulf Coast Symphony	472-6197
Lee County Alliance for the Arts	939-2787
Naples Philharmonic	597-1111
The Herb Strauss Schoolhouse Theater	472-6862
Sanibel Music Festival	336-7999
Sanibel-Captiva Art League	472-4258
S.W. Florida Symphony	418-0996
CLUBS & ORGANIZATIONS	
ABWA (American Business Women's Assoc.)	565-7872 or 433-7798
American Legion Post 123	472-9979
Angel Flight SE	1-877-4AN-ANGEL
Audubon Society	472-3744
Sanibel Bike Club	sanibelbicycleclub.org
Community Foundation of Sanibel-Captiva	274-5900
CROW (Clinic For The Rehabilitation of Wildlife)	472-3644
FISH of Sanibel (Friends in Service Here)	472-0404
Sanibel Island Fishing Club	472-8994
Horticultural Society of the Islands	472-6940
Horticulture and Tea Society of Sanibel and Captiva	472-8334
Kiwanis Club	677-7299
League of Women Voters	sanibelLWV@gmail.com
Lions Club (Tom Rothman)	395-3248
Master Gardeners of the Islands	472-6940
Newcomers	472-9332
Notre Dame Club of Southwest Florida	768-0417
Optimist Club	472-0836
PAWS	472-4823
Rotary Club	472-7257 or 472-0141
Sanibel Beautification Inc.	470-2866
Sanibel-Captiva Orchid Society	472-6940
Sanibel-Captiva Power Squadron	www.usps.org/localusps/sancap
Sanibel-Captiva Shell Club	395-1770
Sanibel Youth Soccer	395-2040
www.sanibelsoccer.org	
The Military Officers Assc. of America (MOAA, Alex MacKenzie)	395-9232
United Way of Lee County	433-2000
United Way 211 Helpline	(24 hour information line) 211 or 433-3900
Zonta Club	728-1971
ISLAND ATTRACTIONS	
Bailey-Matthews Shell Museum	395-2233
J.N. "Ding" Darling National Wildlife Refuge	472-1100
Sanibel Historical Museum & Village	472-4648
SCCF (Sanibel-Captiva Conservation Foundation)	472-2329



BEACH CHAIR PASTIME

answers on page 58

Super Crossword

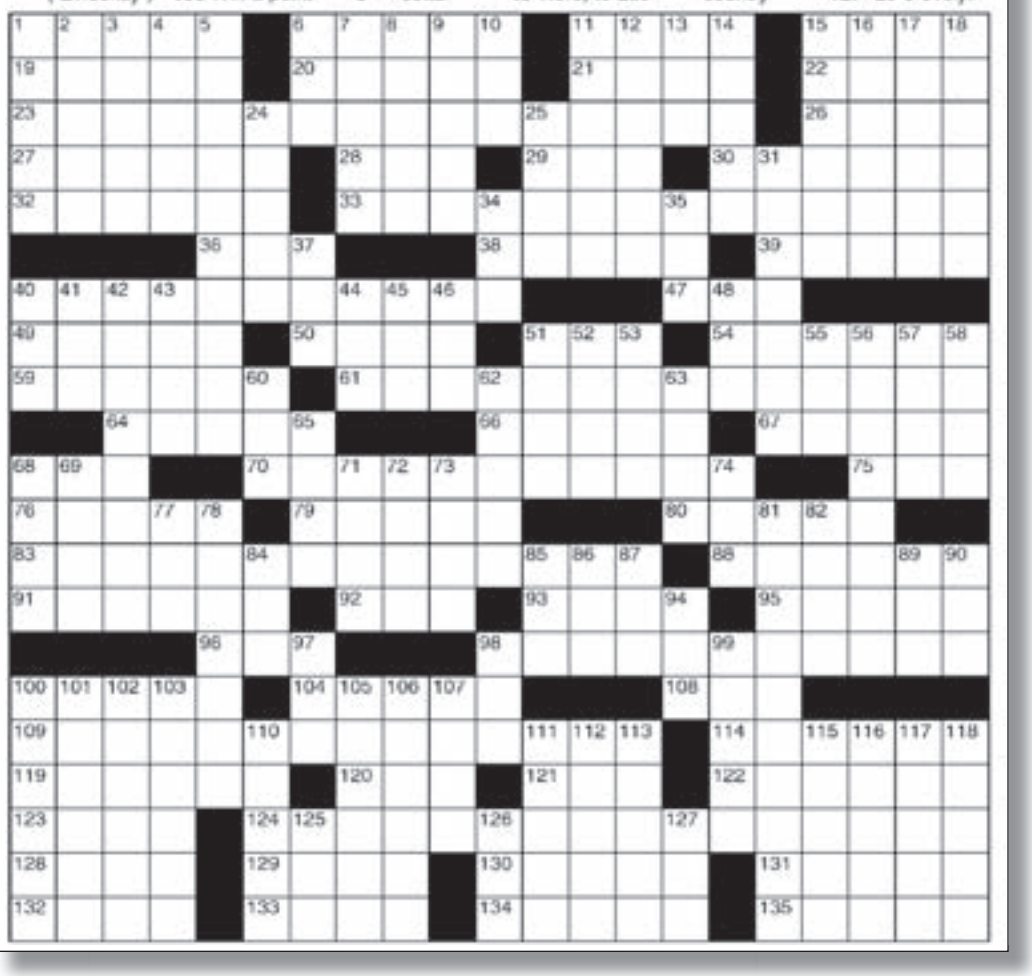
FIRST LANGUAGES

ACROSS

1 Occasions to use tubs
6 Really dislike
11 Animal's nail
15 Composer Khachaturian
19 Igloo builder
20 Believer in God, of a sort
21 Mortgage adjustment, for short
22 "Vincent & —" (1990 film)
23 Firm bigwig, in a first language?
26 Not "for here"
27 Misprint list
28 With 100-Down, did an axel or a lutz
29 Hold the title to
30 Coiled about
32 Gave temporarily
33 2002 Bond film, in a first language?
36 Illuminated
38 Pollster's prediction
39 Hoinz canful
40 Gust, in a first language?
47 "— see" ("Evidently")
49 Actor Sean
50 Tostada kin
51 Z, to Brits
54 Painter — del Sarto
59 Straighten up
61 Oval circuit specialty, in a first language?
64 Pop or rock
66 — lump sum
67 Severeness
68 Right, to left: Abbr.
70 Without uncertainty, in a first language?
75 Thick — brick
76 "I — vacation"
79 Plague
80 Meat dish
83 Bailiff's cry, in a first language?
88 Lay to rest
91 Directs
92 Dot-com address
93 Collect, as benefits
95 Charity recipient
96 Pig product
98 Keying-in skill, in a first language?
100 Win a point
104 Past chunky
108 Form a hole
109 Very jealous, in a first language?
114 Packed down firmly
119 "What a Girl Wants" star Bynes
120 Yes, to Luc
121 Archer's need
122 Melodic
123 Tepee
124 1725 Vivaldi work, in a first language?
128 Fringe
129 Falco or McClurg
130 Tree that's a source of chocolate
131 Prefix with 30-Across
132 Like many Easter eggs
133 Animal pouches
134 "Revenge is — best served cold"
135 Obstinate equines

DOWN

1 Deli offering
2 Olds of 1999-2004
3 — cotta
4 Earthling
5 Places for "Welcome to ..." signs
6 Big flap
7 Suit adequately
8 Snag
9 Milo of stage and screen
10 I-85, e.g.
11 "Larry —" (2011 Tom Hanks film)
12 Rest against
13 One of the seven conts.
14 Side-to-side extent
15 Raiment
16 Beach Boys title girl
17 Naxos' sea
18 Big name in bond credit ratings
24 Comaneci of gymnastics
25 Wild tusker
31 Live online lecture
34 "— be nice if —"
35 NFL stats
37 Blasting inits.
40 Did a dash
41 Practice
42 Pasture peril
43 In — (as first placed)
44 Infant's cry
45 Here, to Luc
46 Prefix with interference
48 Crew tool
51 Element in brass
52 Sci. of the environment
53 Fyn citizen
55 Roman 601
56 Ribbed pasta
57 Cain's nephew
58 Home of the Taj Mahal
60 Zilch
62 Inflicted on
63 Back
65 Lacks what it takes
68 Burden
69 Impudent
71 Waikiki's island
72 Now — (artist like Enya)
73 Table salt, symbolically
74 Mass of eggs
77 Yet to be paid
78 Ditz
81 "The Lost City" director and co-star
82 Arrest
84 Top-secret gp.
85 S. Amer. country
86 On Soc. Sec.
87 Tic- — -toe
89 Grown boys
90 Solicit alms
94 Prof's deg.
97 Manicure, as a lawn
98 Subpar mark
99 Cronus, e.g.
100 See 28-Across
101 Humor
102 Like carrots
103 Chartered
105 Like the "Six Million Dollar Man"
106 Pianists' dexterity improvers
107 Actor LaBeouf
110 Specifics
111 Greek water nymph
112 "The Da — Code"
113 Some urban rec facilities
115 Bearings
116 PC jacks
117 Socialite Lauder
118 They may be slammed
125 Tooth doctor's org.
126 JVC rival
127 "Lo-o-ovely!"



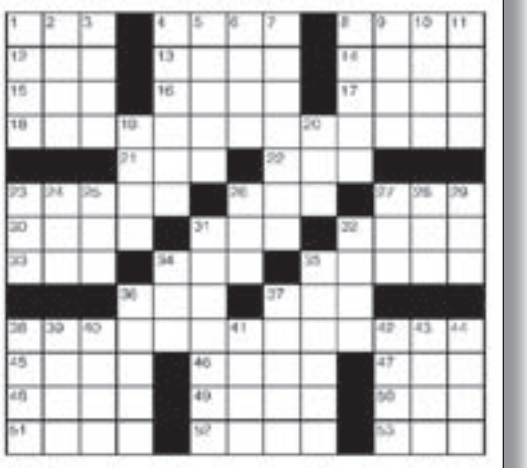
King Crossword

ACROSS

1 Winter woe
4 On in years
8 Decelerate
12 You can't stand to have one
13 Rid of rind
14 Comedy Central's "— .0"
15 Pismire
16 Ear-related
17 Capri or Wight
18 Veep under Jefferson and Madison
21 "Of course"
22 Early love boat?
23 Check recipient
26 Raw rock
27 — Mahal
30 Hot tubs
31 Average guy?
32 Precursor to Surrealism
33 Annoy
34 Energy
35 Chest wood
36 Shriner's topper
37 Resistance measure
38 "Syriana" Oscar winner
45 Long ride?
46 Physiques, for short
47 Fuss
48 Tehran's land
49 Duel tool
50 Bookie's earnings, for short
51 Crooked
52 Redgrave or Fontanne
53 Greek vowel

DOWN

1 Banner
2 Highway division
3 Doing
4 Orbit's furthest point
5 Microsoft founder
6 Idle or Bogosian
7 State with conviction
8 Reek
9 Missing
10 Norway's capital
11 Timely query?
19 Deli loaves
20 Rage
23 Omega preceder
24 Spring mo.
25 Tie up the phone
26 "Alley —!"
27 Wee bit
28 Oklahoma city
29 Cookie holder
31 Hussy
32 Showroom sample
34 Cribbage scorer
35 Picked
36 Facade
37 Bygone
38 Smooth-talking
39 Green land
40 Muscat's place
41 Imitate
42 Church part
43 Tend texts
44 Relaxing exercise



MAGIC MAZE ● CHEESE —

F A X U Q N K H E B Y Y G V S
P M J H E B Y V T Q W A R T S
O L I G D B E Y E W S R A T R
P M K I F D L B U Y P T T E W
U S Q O M K F G D R R I E C F
D B Z X W U F S N R E G R U B
Q O N L J H U F O I A T U A S
D C A Y W H O V F Z D T T S T
S Q P N L K S I Z H F D L U I
E C B Z Y W V I U S R Q U P C
N M L J I H P I D E K A C P K

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally.

Burger
Cake
Culture
Cutter
Dip
Dish
Fondue
Grater
Pizza
Pudding
Sauce
Spread
Stick
Straw
Tray

Sanibel Island

975 Rabbit Rd.
Sanibel Island, Fl 33957
239.472.8311

Ft. Myers Beach

708 Fisherman's Wharf.
Ft. Myers Beach, Fl 33931
239.765.9660

Captiva Island

South Seas Island Resort
Captiva Island Fl 33924
239.312.4275

Visit Us Online @ www.DocFords.com
Live Music & Happy Hour Available - Details online!

THE BEACHED WHALE
Barbeque & Seafood House
Fort Myers Beach

TheBeachedWhale.com

239-463-5505 | 1249 Estero Blvd.

Live Music
Every Night!

Happy Hour
Mon-Fri 2-5pm

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