Food And Wine Festival Is This Sunday

The Sanibel-Captiva Optimist Club will host its 6th annual winter food and wine festival, entitled Sanibel Uncorked, on Sunday, February 23 from noon to 4 p.m. at Lily & Co. Jewelry Gallery. All are invited to share an afternoon of food, wine, music and a silent auction to benefit kids’ needs, such as recreation and scholarships.

Local wine distributors will provide a variety of fine wines for sampling during the festival and also will have wines available in the silent auction. Cooking demonstrations with samples and complimentary wine pairings will be presented by Matt Asen of Timbers Restaurant and other local gourmet chefs. Chef Karl Hamme of Bailey’s Catering and prepared foods department will also present a cooking demonstration. Hamme is in charge of

continued on page 10

Purchase Mardi Gras Tickets Online

Calling all partgoers! Tickets for the inaugural Mardi Gras, a fundraiser for Community Housing and Resources (CHR), went quickly last year. This year, a helpful innovation is in place: buy your tickets at www.sanibelchr.org without having to leave the comfort of your home. Click on the link under the colorful Mardi Gras poster, the first screen to appear.

The 2nd annual Mardi Gras, presented by Bank of the Islands, is set for Saturday, March 1 at The Dunes Golf & Tennis Club from 6 to 9 p.m. Tickets are $35 for adults, including a complete Cajun dinner with crawfish, crab and corn chowder and Bourbon-glazed chicken, and $10 for children (special hot dog meal).

Organizers have the goal of establishing the Mardi Gras as the premier affordable and family-friendly island event. More seating has been added this year.

CHR, which since 1983 has provided affordable housing on Sanibel for those who work on the island, plus retired Sanibel residents and the disabled, always needs additional funds to balance its operating budget and meet its mission of ensuring that many citizens who wish to stay on the island can do so.

“We depend on approximately $100,000 in community support to supplement rental income and keep rents affordable for our families,” said Executive Director Kelly Collini. “We have a mission of providing diversity in the community, ensuring a viable island-based work force, and offering shelter to senior citizens who have served the island during their working years.”

Many CHR residents, she added, not only provide vital services through their work but also volunteer for island organizations.

Another factor that sets Mardi Gras apart from many other island functions is the low ticket price, reflecting CHR’s philosophy of

continued on page 10
Sanibel-Captiva Rotary Club Remembers Ikki

Sanibel-Captiva Rotary Club took the occasion of its recent 31st Sanibel-Captiva Rotary Club Arts & Crafts Fair to honor the memory of internationally recognized artist Ikki Matsumoto. For at least 10 years, Matsumoto had allowed the club to use his designs on a series of collectable Arts & Crafts Fair T-shirts with sales proceeds helping the club fund many of its projects.

Matsumoto, along with his wife Polly, participated as vendors at the fair and, according to Rotarians, added to the reputation of this fair as one of the best in Southwest Florida.

To honor Matsumoto, a new Best of Show award was presented at the juried fair this year.

First place blue ribbons in three categories were presented to: Booth, 11 Marilyn Vaillancourt, jewelry; Booth 84, Christine Reichow, painting; and Booth 100, John Thomas Herbon, pottery. From these three first place winners, Herbon was judged the overall Best of Show and the award was presented to him by Polly Matsumoto, Sanibel-Captiva Rotary Club President Scott Congress and Rotary Arts & Crafts Juried Committee Chair Robert Monk.

As a complete surprise, Congress presented a Luc Century vase to Polly Matsumoto from the Sanibel-Captiva Rotary inscribed with a special appreciation dedication in memory of Ikki.

Share your community news with us. Call 395-1213, Fax: 395-2299 or email press@islandsunnews.com
Looking Back:
Holtzendorf And Freight Carrier

The Captiva Island Historical Society, which will debut the new History Room inside the Captiva Community Center soon, is focused on presenting the history of the islands with a series of vintage photographs. In this week’s image, Lovick Holtzendorf and his freight and luggage carrier on Randall’s Dock on Captiva (early 1900s).

photo archives of the Captiva Island Historical Society

ABWA Little Black Dress Fundraiser

Interested in attending a spring fundraiser that not only celebrates women in business but also will raise funds for education and scholarships? A special event, hosted by the Sanibel Captiva Charter Chapter of the American Businesswomen’s Association, will take place on Sunday, April 6.

The fundraiser, called The Little Black Dress, will feature a brunch with a fashion show and live auction held at the Crown Colony Golf and Country Club, 8851 Crown Colony Boulevard in Fort Myers. All accessories and wearing apparel will be furnished by B Unique Boutique of Sanibel. Admission is $35 per person.

The American Businesswomen’s Association (ABWA) is the largest professional women’s organization in the United States and the Sanibel Captiva Charter Chapter is but one of 450 chapters that has been helping women reach personal and professional goals for over 35 years. Forty-nine percent of the raised funds go to scholarships, while 51 percent will fund education based programs, regional conferences, interactive online educational training and mentoring.

For more information and to sign up for the event (pre-registration is required), email abwasanibelsanib@gmail.com or call 395-2661. Registration deadline for the event will be March 30.

ABWA Recruiting

Sanibel-Captiva American Business Women’s Association will host a spring recruitment reception on Wednesday, March 5, at George & Wendy’s Sanibel Seafood Grille from 5:30 to 7:30 p.m.

All are invited to join ABWA for wine, cheese and appetizers and to hear what ABWA is all about.

The organization brings together women of diverse occupations and backgrounds to grow through leadership, education, networking, support and recognition.

RSVP by March 1 to cshap00@yahoo.com or phone 466-1956.

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Doo-Wop Dance Party Friday Night At The Community House

This month’s House Party will transport guests back in time with a celebration of American music from the 1950s and 1960s, performed by the 10-piece band Uptown Express. The band’s material includes a blend of favorite oldies from the Chicago rhythm and blues, New York doo-wop and Motown soul. The party will be held at The Community House on Friday, February 21 from 7 to 10 p.m. Snacks and beverages will be provided by Bailey’s General Store. Event sponsors are Michael Kelly and Joe and Marge Meek. Make your reservations in advance by calling The Community House at 472-2155. Tickets are $25 for SCA members and $30 for guests. Ticket price includes the show, dancing and appetizers. Alcoholic beverages are available by donation. For more information, visit www.sanibelcommunityhouse.net.

Our email address is press@islandsunnews.com

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Astronomy Program At The Library

The Sanibel Public Library will host an astronomy program with Sanibel resident John Hicks on Friday, February 28 at 2 p.m. An avid solar astronomer, Hicks will give a talk on the Threat of Asteroid and Comet Impacts on Earth.

Hicks is author of several books on astronomy. The latest is the second edition to his first book on designing and building astronomical observatories and is titled Building a Roll-Off Roof or Dome Observatory: A Complete Guide for Design. Hicks has concentrated on solar photography for the past 30 years.

Since comets and asteroids are visitors from the early primordial solar system, they are also of interest in terms of their make-up and their origin. The presentation will include slides and other images covering the most dangerous objects, their past near-misses and their future orbital returns to threaten planet Earth (presently a topic of concern in NASA’s space program).

The library is at 770 Dunlop Road.
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Historical Village Plans Party
For 30th Anniversary

As the Sanibel Historical Village celebrates its 30th anniversary, its board members and staff are looking forward as well as back. Much has been accomplished since the Rutland House became the Island Historical Museum in 1984, and much work is under way to make the village better than ever.

In October 2012, the village acquired two buildings that share a long history together – Shore Haven, a rather large Sears kit home, and the Caretakers Cottage used by Hannah and Isaiah Gavin as they assisted Shore Haven’s owner Daisy Mayer in her declining years. Costs demanded that work on the two buildings be divided into two phases. The first phase is to completely restore the exterior of Shore Haven to its original form; the second phase targets the Caretaker Cottage restoration. To date, the work on Shore Haven is about 70 percent complete. When it re-opens, Shore Haven will serve as the museum’s entrance and welcome center with displays of new or traveling exhibits. Other possibilities for its use are also being explored.

A 30th anniversary campaign is in progress with a $200,000 goal. To date, almost $153,000 has been raised. A dollar-to-dollar challenge match has begun for all gifts made up to $45,000. All are invited to participate.

“This is the museum’s first capital campaign and the enthusiasm the people of Sanibel have shown has been very rewarding for all of us at the museum,” said Ellen O’Neill, museum board member in charge of development.

The campaign will culminate in a party on March 20 beginning at 6 p.m. on the village grounds. In addition to cocktails, dinner and a live auction, Island Jazz will provide music. Victor Mayeron will serve as master of ceremonies. Reservations are required by March 17 and tickets are $150 per person. To make a reservation, call 472-4648. Seating is limited.

The Sanibel Historical Village is a joint partnership with the City of Sanibel. Since 1984, when the Rutland home stood alone as the island’s history museum, the museum has grown into a village of 11 buildings that attracts 10,000 visitors annually.

The city provides a modest annual budget allocation that covers salaries for the museum’s small staff and some ongoing maintenance of the grounds. The museum received $67,000 in 2013-2014, less than one-third of its annual budget. The acquisition of buildings and major improvements to the property have been funded by private donations to the 501(c)3 corporation, which operates the museum, working to preserve Sanibel’s heritage.

“We hope many people will consider joining us to make this 30th anniversary year very special,” O’Neill said.

The historical village is open from 10 a.m. to 4 p.m. Wednesday through Saturday. The village is located at 950 Dunlop Road (next to BIG ARTS). Admission is $10 for adults 18 and older; those under 18 and members are free. Docent-guided tours are available at 10:30 a.m. and 1:30 p.m. at no extra charge, based upon docent availability. There is handicap access to all buildings. Admission for entrance to the gift shop only is free. For information, call 472-4648 during business hours or visit www.sanibelmuseum.org.

Shorehaven on the barge

Roofers working on Shorehaven at the museum

Shorehaven painting by Myra Roberts
Lots of attention is given to dogs and cats who are homeless, abandoned or displaced. But it seems that the fate of more exotic pets – such as parrots, macaws, cockatoos, conures and other birds – rarely receives any sort of publicity.

A nonprofit organization founded in 2010, the primary mission of the Punta Gorda-based Parrot Outreach Society is placing into safe custody birds who may have been abandoned, abused or are in need of a home for any reason.

The underlying mission of the group, however, is educating the public. “People go out and see these gorgeous birds and they want to bring one home,” said Pam Hill, founder and president of Parrot Outreach Society. “But the pet stores aren’t about to tell them that they’re a lot of work – they can be loud, demanding and destructive at times. It isn’t long before these new bird owners realize that they may have bitten off more than they can chew.”

According to the Parrot Outreach Society’s website, the displaced captive bird population is increasing at a dramatic rate. Like other exotic “pets,” parrots are often much more difficult to keep than people anticipate because they are wild animals, not domesticated as human companions for generations like dogs and cats. High care demands, behavioral challenges and an extremely long life expectancy – up to 80 years for some birds – leave many parrots unwanted and displaced as they mature.

“Some parrots are guaranteed to have five to seven homes during their lifetime, so there’s no such thing as a ‘forever home’ for them,” said Hill, who began adopting displaced birds out of her home for nearly a decade. Now at her third location, a large majority of which is dedicated to Parrot Outreach Society, she and her team of volunteers are focused on six programs: education, rescue, rehabilitation, foster care, adoption and conservation.

The society’s educational mission solution is threefold:

1. Education Before Commitment – Thousands of captive parrots lose their homes each year because they were bought on impulse by someone unaware of a bird’s potential noise, mess, aggression, destructiveness, expense, time commitment and daily care needs. If thinking about purchasing or adopting a bird, read current bird books and magazines first, then join a local bird club to learn from other members. Also, volunteer at a bird adoption organization for hands-on bird care experience.

2. Don’t Breed Birds – Breeders and pet stores must stop supplying more and more “fresh” baby birds to a highly uneducated market that is already spilling over with displaced birds at the other end. Why bring more birds into the world when the ones who are already here don’t have homes?

3. Adopt, Don’t Buy – If you have done your research and are ready to continued on page 37
When Francis Bailey passed away, he left a priceless legacy to his beloved Sanibel: his daughter Mary Mead Bailey Johnson, her husband Richard Johnson and their children Callaway, Bailie and Dane.

The Johnson family would travel occasionally to Sanibel from their home in Jacksonville, but in August 2004 Richard, whose background is in information management and disaster recovery, made an extended visit after Hurricane Charley decimated the island.

As he worked with Francis and Sam Bailey every day for three weeks to help restore their business, the brothers, both now deceased, instilled in him the importance of customer service and service to the community – the philosophy they had inherited from their father, Frank, one of the first settlers on the island and founder of the Sanibel Packing Company, dba Bailey’s General Store.

Johnson was deeply impressed by the Baileys’ business values and commitment to the community. And the Baileys were equally impressed by his willingness to work hard and embrace their approach. Returning to Jacksonville, Johnson took with him an offer to join the family business.

Today Richard and Mead Johnson are co-owners/managers of Bailey’s, and wholeheartedly sustain the Bailey tradition of putting customers and community first. So, when Johnson was approached by Community Housing and Resources (CHR), which administers Sanibel’s affordable housing program, he hesitated only slightly before agreeing to join the board of directors to undertake a challenging, time-consuming commission.

When you want something done, the saying goes, ask a busy person. As president of the CHR board for the past three years, Johnson has drawn upon his professional skills to lead the board in bringing this essential community service from near-collapse to financial stability. CHR is currently in the black, has reduced its long-term debt, is building reserves for capital projects, and will continue to provide homes for the work force Sanibel needs.

Now young adults, the fourth generation of Baileys is also keeping the family tradition alive. Bailie and Dane Johnson work with their parents, and Calli Johnson may join them after she completes graduate studies in psychology at the University of Florida. Francis Bailey’s legacy lives on, and Frank Bailey, the man who started it all, would be justifiably proud.

CHR depends on donations to help cover the ongoing maintenance, refurbishment and repair of CHR buildings and grounds, and will hold its second annual Mardi Gras fundraiser on March 1. For tickets and more information about CHR, visit www.sanibelchr.org, stop by the office at 2401 Library Way, or phone 472-1189.

CHR is a 501(c)3 organization that has partnered for more than 30 years with the City of Sanibel to provide affordable housing for people who live and/or work on the island, plus senior and disabled Sanibel citizens. With more than 117 residents occupying 74 rental units and 14 limited-equity ownership homes in 11 complexes throughout the island, CHR is an essential resource for those who provide the services islanders need. CHR residents contribute in numerous ways to island life and often volunteer for/lead island organizations.®
Guest Speaker At Unitarian Service

Unitarian Universalists of the Islands will meet on Sunday, March 2 at 5 p.m. in Fellowship Hall at the Sanibel Congregational United Church of Christ, 2050 Periwinkle Way. The public is welcome.

Rev. Allison Farnum, minister of the Unitarian Universalist Church of Fort Myers (UUCFM), will lead the service. In her sermon, entitled The Health of the Whole, she will explore how to hold up community over hyper-individualism in this age of consumerism and “me-focus.” Rev. Farnum will discuss how people can pledge mutual loyalty to the spirit of love and shared values. She is an inspirational speaker who broadens perspective and deepens understanding through her sermons.

Rev. Farnum began serving the Unitarian Universalist Church of Fort Myers in August 2008. In community and denominational life, she is currently serving on the board of Interfaith Action of Southwest Florida, an ally organization of the Coalition of Immokalee Workers. She is also co-president of the interfaith congregation-based community-organizing group Lee Interfaith for Empowerment (LIFE).

A member of the Unitarian Universalist Ministers’ Association since 2005, Rev. Farnum received her preliminary Unitarian Universalist Association fellowship in September 2007 and final fellowship in 2010. She received her master of divinity degree from Meadville Lombard Theological School in June 2008. Prior to becoming minister of the Fort Myers congregation, she served as contract minister at the Open Circle Unitarian Universalist Fellowship of Fond du Lac, Wisconsin, as intern minister at the First Unitarian Church of Baltimore in 2005-06 and as summer minister at the Unitarian Church of Evanston, Illinois in 2007.

Discussion, fellowship and refreshments follow the service.

Healthy Heart Month Events

Week 4 of Healthy Heart Month continues with the following activities:

**Thursday, February 20**
- Biking the Refuge – 10 a.m. (meet at the flagpole)
- Pet First Aid Course – 1 to 4 p.m.

**Friday, February 21**
- High Energy, Low Impact Aerobics To The Oldies – 10 to 11 a.m.
- Pet First Aid Course – 1 to 4 p.m.
- Compression Only CPR – 1 to 2 p.m.

**Saturday, February 22**
- Aqua-Thon – 9 a.m. to noon

So many options - just change the clasp!

Dr. John T. "Jack" Boorman

Dr. John T. "Jack" Boorman will address the Democratic Club of the Islands on the subject The Financial Crisis: Its Cost, Legacy and Impact on Inequality at the Sanibel Public Library on Thursday, February 27 at 7 p.m. The meeting is free and open to the public.

Boorman was the director of the policy development and review department of the International Monetary Fund (IMF) from 1990 to 2002. He served as counselor and special advisor to the managing director until 2006. Earlier in his career, Boorman held positions in the Asian and European departments of the IMF.

He taught at the universities of Southern California and Maryland, and was in the research department of the Federal Deposit and Insurance Corporation. As an author, Boorman covered diverse topics in his books and papers, such as macroeconomics, monetary theory, developing country debt, merging market issues, international insolvency, international governance, as well as IMF policies.

Currently serving as advisor to the independent evaluation office of the IMF, Boorman continues to write and speak from his broad economic background. Most recently, he served as a member of the Palais Royal Group, comprising eminent persons from around the world, that produced a report recommending reform to the international monetary system. Boorman and his wife Helen live on Sanibel from November through April and spend significant time in Washington, DC.

For more information, email demclubislands@gmail.com or call 395-9078.
From page 1

**San-Cap Kiwanis Raffle And Auction**

of prizes in a lively raffle, silent auction and live auction. This year, more than 125 items will be awarded, with a total value of over $25,000.

This year's prizes include artwork, jewelry, hotel and resort stays, travel packages, toys, games, restaurant gift certificates, fishing and nature trips, theater and concert tickets, home services, golf outings, sports equipment, bicycles and more. Raffle and auction items are donated by many island businesses, organizations and individuals who do so in support of the event's fundraising cause: scholarships and youth programs for island children.

**continued on page 16**

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**What's Happening At The House In 2014**

**DooWop Dance**
Feb. 21  7-10pm
$25 members in advance
$30 guests in advance

**Shell Festival**
March 6, 7 & 8
9am-5pm

**Amelia Earhardt**
March 26  Luncheon & Show
$30 members; $35 guests

**Honky Tonk House**
March 28  7-10pm

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**CLASSINES/PROGRAMS**

**Complimentary Shell Crafting**
Lesson: Monday 10 am - Noon
Crafts on sale Mon.-Fri. until 3 pm

**Astronomy**
Feb. 24  6:30 pm
$5

**Beads With Shells**
Feb. 26  9am
$35 members; $40 guests

**Optimize Your Health**
March 12  1-3pm
Public Service Energy Workshop

**iPad/iPhone**
March 13  9:30am
$30 members; $35 guests

**Glass Painting Class**
March 25  3-30pm
$40 member/$45 guest

**Sissi's Paint Party**
March 26  7 pm
$40 members; $45 guests

**Painting with Sissi**
Tuesday 10 am
$30

**Sanctioned Duplicate Bridge**
Tuesday & Thursday at 7 pm; $10

**Yoga**
Mon & Thurs  8:30 am; $15

**Zumba**
Tues & Thurs  10 am; $15

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**La Bella Villa**

Tuesday, March 26
2 pm

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**SCHOLARSHIPS AND YOUTH PROGRAMS**

Scholarships and youth programs for island children.

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**Sanibel Uncorked**

preparation of the festival hors d'oeuvres.

Music will accompany the silent auction, which will include nights at several local resorts, and golf for four at several island courses. A night with a gourmet meal cooked in your own home will be up for bid as well as a magnum of red wine, hand-signed by golfer Jack Nicklaus. Lily & Co. will be offering discounted prices on select jewelry.

Tickets are a $30 donation ($25 for designated drivers) and are available at Bailey's General Store, Sanibel Cafe in Tahitian Gardens, Sanibel Captiva Community Bank and Lily & Co. Tickets will be available at the door on the day of the festival beginning at noon. A commemorative etched wine glass will be given to each guest. Free valet parking will be available.

Lily & Co. Jewelry Gallery is located at 520 Tarpon Bay Road, across from Bailey's Center.

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**CHR Mardi Gras Tickets**

making something affordable for more families.

"This is why we are so grateful for generous sponsorships, which help keep the ticket price attractive," Collini said.

In addition to scrumptious food and live music from the Blue Dirt Dixieland Jazz Band, the Mardi Gras this year will feature a silent auction, door prizes and -- for the first time -- a costume contest with prizes. The silent auction will offer, in addition to traditionally popular gift certificates and baskets, a new item: all-inclusive trips to big-city locations including Chicago, New York and, of course, New Orleans.

Visit www.sanibelchr.org to purchase tickets online. For those who prefer to buy tickets in person, ask for them at Bank of the Islands, the Sanibel Cafe or Bailey's General Store, or stop by the CHR office located at 2401 Library Way or call 472-1189.

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**From page 1**

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Temple of the Islands meets for Friday night services at 8 p.m. in the Fellowship Hall of the United Congregational Church
2050 Periwinkle Way, Sanibel
For more information call 239-472-5317 or email ADSilby@yahoo.com.

**CAPTIVA CHAPEL BY THE SEA:**
The Rev. George E. Morris
Resort Hotel. 9 a.m. Bible Fellowship and the Sandpiper Room of The Sundial Beach
Join us for worship Sunday mornings in NEW SANIBEL CHURCH, SBC
12 p.m. (summer hours). 472-0497.
When the Sandpiper Room is open, Monday, Wednesday and evening meeting 7:30 p.m.; Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours) 472-8684.

**FIRST CHURCH OF CHRIST, SCIENTIST:**
2950 West Gulf Dr., Sunday 10:30 a.m.;
Sunday School 10:30 a.m., Wednesday evening meeting 7:30 p.m.; Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours) 472-8684.

**NEW SANIBEL CHURCH, SBC:**
Join us for worship Sunday mornings in the Sandpiper Room of The Sundial Beach Resort Hotel, 9 a.m. Bible Fellowship and 10 a.m. Worship. For information call 239-671-5502.

**SANIBEL COMMUNITY CHURCH:**
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Dr. Daryl Donovan, Senior Pastor
Sunday Worship Hours:
8 a.m. Traditional Service with Communion
9 a.m. Contemporary Service with Kids’ Church
10:45 a.m. Adult and Youth Sunday School classes;
11 a.m. Traditional Service with Choir. Childcare available at all services.

**SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST:**
2050 Periwinkle Way 472-0497
The Rev. Dr. John H. Danner, Sr. Pastor.
The Rev. Deborah Kunkel, Associate Pastor
Sunday Worship Services: 7:45 a.m.
Chapel Service, 9 and 11 a.m. Full Service, with Sunday School and Nursery Care provided. Elevator access.

**ST. ISABEL CATHOLIC CHURCH:**
3559 San-Cap Rd., Sunday 10:30 a.m.;
Saturday Eucharist 5 p.m.
Pastor: Rev. Christopher Senk,
3559 San-Cap Rd., 472-2763

**ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH:**
2304 Periwinkle Way
Rev. Dr. Ellen Sloan, Rector
Saturday Eucharist 5 p.m.
Sunday Eucharist 8 and 10:30 a.m.
Sunday School 10:30 a.m.
Saturday Eucharist 5 p.m.
Tuesday Morning Prayer 9 a.m.
Sunday School 10:30 a.m.
Saturday Eucharist 5 p.m.
Commemoration Service Mon. and Tues. 8:30 a.m.
Holy Days call.

**ST. MICHAEL & ALL ANGELS CHAPEL OF THE ISLANDS:**
Sunday Masses 8:30 and 10:30 a.m.
Chapel Service, 9 and 11 a.m. Full Service, Choir. Childcare available at all services.

**UNITARIAN UNIVERSALISTS OF THE ISLANDS:**
Meets on the first Sunday of each month 6 p.m. sermon followed by Potluck Supper. For more information call 472-2173 or www.saintmichaels-sanibel.org

**UNITARIAN UNIVERSALISTS OF THE ISLANDS:**
Meets on the first Sunday of each month from December through April at the Sanibel Congregational Church, 2050 Periwinkle Way at 5 p.m. A pot luck is held at a member’s home on the third Sunday of each month. For more information call 433-4901 or email ry139@aol.com.

**ST手持. ISABEL HOSTING WORLD PRAYER DAY**

Standing, from left: Emily Kletzien, Chapel by the Sea; Kathy Lear, St. Isabel Catholic Church; Carolyn DiCosta, Sanibel Congregational United Church of Christ; Lolly Murray, Christian Science; Marilyn Schmidt, St. Isabel’s; Jan Anderson, Sanibel Community Church; Genny Gray, St. Isabel; Julie Kocourek, St. Isabel; seat: Lois Codair, St. Isabel; Mary Miller, Christian Science. Kneeling: co-chairs Leslie Anding and Nancy Venuto, St. Isabel.

**St. Isabel Hosting World Prayer Day**

contributed by Devan A. Norris

Each year, around the globe, Christian women of faith come together on the first Friday in March for the World Day of Prayer. Here on Sanibel women from at least six different congregations – St. Isabel’s Catholic Church, Chapel by the Sea of Captiva, Christian Science, Sanibel Congregational United Church of Christ, Sanibel Community Church and St. Michael and all Angels Episcopal Church; will meet for service at 10:30 a.m. on March 7 at Saint Isabel’s.

The focus of the day varies every year, and World Day of Prayer International annually selects one country to write the program for all of the participants worldwide to celebrate. This year the country is Egypt and the chosen theme is Streams in the Desert. This harks to the story of Jesus meeting the Samaritan woman at the well, and continued on page 13

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**Sunday, February 23, 2:00 pm**

**Roadmap for Life**

Free inspirational talk for everyone!

In his “Sermon on the Mount,” Jesus left the world a map for going higher in life. He taught people how to love in the face of hatred, how to live without fear, how to focus on what really matters. Come discover how this timeless message can be a practical guide in your life at a free community event.

Chet Manchester, from New York, is a Christian Science lecturer who enjoys talking to interfaith audiences worldwide. He will tell of his own journey to Galilee where Jesus first shared his revolutionary teachings and how you can make them your own. This 60-minute interactive talk is for all ages and faiths.

Sanibel Community House, 2173 Periwinkle Way, Sanibel
For more information, call: 239-395-0593

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Sanibel Congregational United Church of Christ
2050 Periwinkle Way, Sanibel, FL 33957
(239) 472-0497

Proceeds support area missions supporting women and children

continued on page 13
In loving memory of William A.
Goliszeski
“Happy Birthday”
February 22, 1976 – February 29, 2004
You touched our souls and will stay in
our hearts forever. We miss and love you
more than ever.

Dr. Douglas Renfroe
Ensemble To Perform

Songs On Sanibel, a series featuring Voices Of Naples, will perform on Sunday, February 23 at Sanibel Congregational United Church of Christ, 2050 Periwinkle Way on Sanibel. The performance will begin at 3 p.m.

The Voices, the small vocal ensemble of the auditioned chorale Voices Of Naples, will be presenting Bach To Broadway. Conducted by Dr. Douglas Renfroe, the program will feature soprano Lesley Frost. Lauren Dillard will play flute. Dan Sweet will be featured on double bass and trumpets. Mary Bowden and Christ Neron will also play on several compositions. The afternoon will feature a musical perspective of music from Bach’s magnificent Crucifixus from his Mass in B-minor to Handel’s Let Their Celestial Concerts All Unite, moving into selections by Verdi and Gershwin. The concert will also include several familiar arrangements of contemporary Broadway productions.

World Day Of Prayer
is highly symbolic of both the divisiveness of our time as well as of the joy and comfort that the faithful find in Jesus.

In this time of political and social unrest in Egypt as in many parts of the world, it is important to be mindful of the needs and concerns of people everywhere. It is comforting to know that at least on that one day, people from all over the globe will be coming together to pray for them and for lasting peace.

The service will be followed by refreshments, including traditional foods of Egypt, served in the parish hall. All are welcome to attend, men and women of all faiths, to share in the day and the ecumenical celebration.

Inquiries and information can be directed to St. Isabel’s at 472-2763, located at 3559 Sanibel-Captiva Road on Sanibel.

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PALM RIDGE PLACE
Artist Seminar At Sanibel Church

Sanibel Congregational United Church of Christ will host a special seminar conducted by pastor and sculptor the Rev. Dr. Charles McCollough on Tuesday, February 25 at 1:30 p.m. McCollough was ordained as a minister in the United Church of Christ and worked as a teacher, editor, writer and speaker throughout the country. While finishing his PhD in theology, he began to study art, specifically drawing and sculpture at such institutions as the Pennsylvania Academy of Fine Arts, Princeton Art Association, Johnson Atelier, Mercer County College and Joe Brown’s Studio.

McCollough’s presentation will be based on his book The Non-Violent Radical: Seeing and Living the Wisdom of Jesus and accompanying sculptures in clay, bronze, wood and stone. McCollough will use multimedia projections to present Jesus’ wisdom and ways to resist violence with non-violent techniques that preserve the respect and dignity of oppressed people.

The presentation is free and open to the public. For more information, contact the church office at 472-0497 or visit the website at www.sanibelucc.org. The church is located at 2050 Periwinkle Way.

From page 10

Dinner will be held on Saturday, February 1, 2014. Advance tickets are $15, kids under 12 are $10, and it’s free for members. Dinner is served from 4 to 8 p.m., and the plane can eat dinner includes spaghetti with meatballs, salad, garlic bread and beverages. Dinner is served from 4 to 8 p.m., after which the raffle and auction prizes are awarded. Admission price is $8 in advance or $9 at the door. Tickets are available at Bank of the Islands, Bailey’s General Store, Tween Waters Resort, The Sanibel Bean, Sanibel Air & Electric, Sanibel Rentals and Lazy Flamingo II.

The Sanibel Captiva Spaghetti Dinner will be held at Saturday, February 22 at The Community House, 2173 Periwinkle Way on Sanibel. The all-you-can-eat dinner includes spaghetti with meatballs, salad, garlic bread and beverages. Dinner is served from 4 to 8 p.m., after which the raffle and auction prizes are awarded. Admission price is $8 in advance or $9 at the door. Tickets are available at Bank of the Islands, Bailey’s General Store, Periwinkle Park, Big Red Q Quickprint or from any Kiwanis Club member.

To register, please call our administrative offices at 239-472-8585, or just stop by at 455 Periwinkle Way.

American Legion Post 123 News

On Sunday, February 23, American Legion Post 123 will serve barbecue ribs and chicken dinners from 1 to 8 p.m. Live music with Robby Hutto will run from 5:30 until 9 p.m.

The following Sunday, March 2, a Mexican fiesta will be served all day. A fish fry will be featured every Friday in March from 4 to 8 p.m.

The 8-ball pool league is every Monday at 5 p.m. Every Wednesday, the legion has Hump Day specials. Stop in and see what’s cookin’.

Texas Hold’em is played every Thursday at 7 p.m. and Saturdays at 4:30 p.m. Players are welcome and must be members.

Every Friday, a 6 oz. ribeye steak sandwich is available all day, along with daily specials. The public is welcome.

Hours are Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m.

The legion is at mile marker 3 on Sanibel-Captiva Road. For more information, call 472-9979.

Our email address is press@islandsunnews.com
Shell Festival Time Approaching

It has been said that shell collecting is the second most popular collection hobby after postage stamps. Perhaps that is why last year’s Sanibel Shell Festival was voted The Best Island Event of 2013.

This year’s festivities promise to be bigger and better than ever. The dates for the upcoming event are March 6, 7 and 8. Parking is free, and food and beverages will be available.

This year when visitors attend the 77th festival and go to see the Shell Show inside The Community House, they will again receive an added bonus. Anyone who donates the requested $5 for entering will also receive a free admission to the Bailey-Matthews Shell Museum that is valid during the show weekend. That coupon is worth $9.

An always-popular stop at the festival is the Live Tank building. Here, sixth graders from the Sanibel School explain to visitors about the live creatures inside the various large sea tanks.

The students are taught by teachers and volunteers and they enjoy telling visitors how mollusks live and eat, how they move around, and how they create their beautiful shells from the minerals in ocean water.

Inside the building are the artistic and scientific exhibits. There are specimen shells, sailor’s Valentines, floral arrangements, wreaths and various other shell creations for sale.

There is an author’s table at which the books cover a wide range of topics from scientific journals, craft how-to and shell guides, beach novels to children’s coloring books. The following authors will be available on a varying schedule to sign their books: Marianne Berkes, Katie Gardenia, Charles Sobczak, Jane Tuccillo, Dr. Gary Schmelz and Harlan Wittkopf.

The Sanibel Shell Festival is the major fundraising event for both the Sanibel Community Association and the Sanibel-Captiva Shell Club. Money raised by the sale of seashells and fossils in the shell tent and by the sale of artistic shell craft items on the grounds are used to maintain The Community House. Funds raised by the shell club from the admission donations are given out in the form of grants to local educational and conservation organizations, including scholarship funds at both University of South Florida and Florida Gulf Coast University.

Guests will find world-class, prize-winning shell specimens on display, educational exhibits, plus an array of intricately made shell art and crafts. In addition, attendees will find treasures from the sea that they can take home as gifts or souvenirs.❤️

Freda Willis selling T-shirts

Sanibel School sixth-graders showing off the creatures in the Live Shell Exhibit

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Mangrove cuckoos are rare inhabitants of the mangrove forests of Southern Florida and are found nowhere else in North America. So elusive are these birds that a sighting is considered an uncommon occurrence. The Sanibel-Captiva Audubon Society will host a program entitled Unlocking The Secrets of the Mangrove Cuckoo on Thursday, February 27 at 7:30 p.m. at The Community House. Presenter Rachel Frieze Mullin, research scientist with Ecostudies Institute, will detail findings of her ongoing pilot study of the mangrove cuckoo being conducted at Sanibel’s JN “Ding” Darling National Wildlife Refuge.

The mangrove cuckoo (Coccyzus minor) is a tropical bird species which resides in Southern Florida, as well as in the Bahamas, Caribbean and both coasts of Mexico and Central America. Best distinguished by its black facial mask and buffy underparts, the adult bird measures 11 to 13 inches in length, 15 to 17 inches across the wings. These birds are among the most poorly known of North American birds and what little is known is based on anecdotal and casual observation. Primarily because of its narrow range and specialized habitat requirements, the mangrove cuckoo is at risk of becoming endangered, and recent analyses of population trends lend credence to this concern. Mangrove cuckoos have declined by 87.1 percent between 2000 and 2008 in the Ten Thousand Islands region of Southwest Florida where they once were common.

With a BS from Humboldt State University, Mullin has worked as a research scientist for environmental consultants Monk & Associates of Walnut Creek, California, conducting studies of many special status plants and animals. From mid-2012 to the present, she has continued her work with Ecostudies Institute of Southern Florida, studying the seasonal movements and ecology of the mangrove cuckoo.

This is the last of eight Sanibel-Captiva Audubon lectures to be held in 2014. All are welcome to attend. Doors open at 6:30 p.m. and parking is available at The Community House and as across the street in the Herb Strauss Theater parking area. A $5 donation is appreciated, with proceeds after costs being used to promote conservation on Sanibel and in Florida.

For more information, call Elaine Jacobson at 395-1878 or visit www.san-capaudubon.org.
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Hundreds of Dresses on SALE!
Surprises lie around every corner of Rosalyn McGlynn’s vibrant Captiva cottage, to be featured on Zonta’s Peek at The Unique, the sold-out home tour set for Saturday, March 15. A custom-designed, sea life iron staircase, a playful white heron peeking around a corner, and rooms bursting with tropical flourishes are just some of the delights awaiting Peekers.

Each room is awash in bright colors and creative touches that showcase McGlynn’s talents as an artist and interior designer, and her love of the island she calls home. Drawing on inspirations from her travels in Europe, she set out to transform the once dingy cottage into an oasis of tropical charm for her family and guests.

Taking the four-bedroom house down almost to the studs, McGlynn and her son, Colby Jerdon, a contractor, tackled most of the renovations themselves. “We took it apart a board at a time,” she said. “I love to do the work myself. We could come up with any crazy idea we wanted to.”

Their crazy ideas resulted in bright splashes of custom faux-finish work on the walls; bathrooms decorated with iridescent glass and custom glazed tiles; and whimsical additions to custom-built furnishings.

Outside, the French Riviera-inspired gardens are lined with towering royal palms and contain mature fruit trees. The front of the house features a walled courtyard and fountain reminiscent of an Italian villa.

McGlynn and her late husband, Burton McGlynn, purchased the cottage in 2004 to complement their primary residence – a gulf-front home that was featured on the Peek in 2009.

Now in its 13th year, the popular home tour is the signature fundraiser for the Zonta Club of Sanibel/Captiva, executing the event through its foundation, the Zonta Foundation of Southwest Florida.

Peekers, benefactors and local businesses generously support Zonta’s work through personal donations, placing ads in the event’s keepsake program, and purchasing raffle tickets ($10 each from any Zonta member). Personal, tax-deductible donations can be made online at www.zontasancap.com.
Birthday Party
For ‘Piano Man’
by Jeff Lysiak

One of Southwest Florida’s most beloved local musicians – known by many simply as “The Piano Man” – is on the mend following a recent health scare, and his family is inviting the community to attend a birthday and recovery party held in his honor this weekend.

The Cracker Box Jamboree honoring Jim Welker will take place on Saturday, February 22 from noon to 11 p.m. at The Cracker Box, located at 16910 McGregor Boulevard in Fort Myers. Live music will be featured throughout the day along with a cookout barbecue, auction items and a 50/50 raffle.

“We hope a lot of people from the area come out to the party, including musicians who want to jam with or for Jim,” said Jody Jones, Welker’s daughter. “He’s been through a lot over the past few months but he’s on the road to recovery.”

According to Jones, Welker underwent what was supposed to be a minor procedure to improve circulation in his legs last July. However, due to a series of complications that nearly took his life, Welker ultimately spent 145 days in the hospital – including more than 40 days in critical ICU – before being released on December 17.

“Everything that could’ve gone wrong did go wrong,” said Jones. “He was told by one doctor that nobody above the age of 30 ever went through that many blood transfusions and lived.”

A musician from Indiana who has opened for Jerry Lee Lewis, Buck Owens and Jimmy Buffett, Welker and his wife, Judy, have lived in Southwest Florida for 42 years. They purchased The Cracker Box in 1975.

“My dad told my mom she could do anything (with the business) she wanted, as long as he could play his music,” recalled Jones, who also noted that her father is the commander of American Legion Post 123 on Sanibel. “He invited other musicians to play here, too, but it wasn’t for money. It was so he could jam with them.

During his recovery, Welker practiced playing the piano to increase dexterity in his fingers. He also underwent vocal therapy, and has progressed from using a wheelchair to a walker to a cane.

The 77-year-old Welker also returned to The Cracker Box stage on February 6, and plans to play there on Thursday evenings from 7 to 10 p.m.

This Saturday’s fundraiser, to help offset the cost of Welker’s rehabilitation, will rely upon donations, food sales, several auction items and the 50/50 raffle. For more information, contact The Cracker Box at 466-4344.

Jim Welker
Two Florida softshell turtles are currently undergoing treatment at CROW, patients #0076 and #3330. Both have shell fractures consistent with being hit by careless drivers, having sustained damage to their carapaces (upper shells) and plastrons (breastplates).

“The carapace lesion has made a vast improvement,” Dr. Kristin Dubé, DVM intern said of #3330. “When he came in, there was a gaping hole that was contaminated with algae and mud. He’s heading in the right direction.”

However, “the plastron lesion is unstable,” she continued. “Every time he gets picked up or moved, the pieces shift. We need to repair that again with another surgery. It’s a hard area to keep closed and dry because he won’t eat if he’s not in the water.”

“Number 0076 had an avulsion of the soft part of the shell away from the bone,” explained Dr. Heather Barron, hospital director. “We repaired it surgically, but the first surgery failed. We repaired it again, with partial success, and we are going in again. It’s an unusual injury and there’s really nothing about how to treat these in medical literature. But we’re getting there.”

Both softshell turtles will continue receiving supportive care; nutrient-rich food, pain medications to keep them comfortable and antibiotics to stave off infection. Once they have made full recoveries, they will be released back into the wild.

It takes approximately four months for a shell fracture to heal and an additional six to 12 months for full recovery, which is traumatic for the turtles and expensive for CROW. Be a good steward of the environment and do your part to keep wild turtles out of harm’s way.

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It takes approximately four months for a shell fracture to heal and an additional six to 12 months for full recovery, which is traumatic for the turtles and expensive for CROW. Be a good steward of the environment and do your part to keep wild turtles out of harm’s way.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: www.crowclinic.org.
Go FISH Gala
A Fundraiser For Food Pantry
by Jeff Lysiak

Go FISH, a major fundraising gala to support the upgrade and redesign of the FISH food pantry, will be held on Sunday, March 2 at The Sanctuary Golf Club on Sanibel. The first-time event, which will begin at 5:30 p.m., includes a buffet dinner, beer and wine, games, dancing with music provided by DJ Robert McDonald, auctions and raffle prizes.

In 2013, FISH of Sanibel-Captiva distributed 76,459 pounds of food to 295 households, an increase of 21 percent over the prior year and nearly 60 percent more than what was distributed in 2010.

“The focus of our inaugural event is to raise funds to upgrade and enlarge the FISH food pantry,” John Morse, president of the organization, wrote in a letter to supporters. “Since we opened it at this location in 2010, it has grown to the point a redesign is critical to meet the needs of our clients.”

According to FISH board member Nicole McHale, the event will also include the screening of a film created with the assistance of local filmmaker Ken Burgener, which will feature three FISH clients and the services provided to them. Eric Pfeifer will serve as auctioneer, and among the many raffle prizes available is a basket filled with gift certificates from local restaurants and businesses as well as a vacation stay at the W Hotel in South Beach, Miami.

In addition, the gala will offer a live auction for prizes including a four-night stay at an Orlando deluxe vacation home for six people, Walt Disney World tickets and convertible car rental; an original Charles Krypell emerald, blue sapphire and diamond ring in 18kt yellow gold; a Napa Valley Backroads & Railways trip for two; a one-week stay at an executive house on a 10-acre estate in Stowe, Vermont for up to eight people; a three-night weekend trip to New York City, including accommodations at The Hilton New York, a pair of prime tickets to two Broadway shows plus roundtrip airfare; and a $5,000 shopping spree at Lily & Co. Jewelry Gallery on Sanibel.

Tickets for the Go FISH gala are $150 per person, and may be purchased at the FISH Walk-In Center, 1630-B Periwinkle Way on Sanibel, or by calling 472-4775. The deadline for purchasing tickets is Wednesday, February 26. For more information, visit www.fishofsanibel.com.

Genealogical Program

A special genealogical program presented by Carolyn Ford of the Lee County Genealogical Society, will take place at Sanibel Public Library on Wednesday, March 5 at 2 p.m.

The program will focus on techniques to preserve an assortment of heirloom items. Participants are encouraged to bring keepsakes or other mementos to discuss.

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Island Sun - February 21, 2014

Island Sun - February 21, 2014
The Ups And Downs Of Winter Temperatures

by Capt. Matt Mitchell

With another short blast of winter air this week, water temperatures quickly dropped back into the mid-60s. Fish that had been out in open water feeding well and basking in the spring-like weather headed back deep into the mangrove creeks. But even with the near 10-degree drop in our water temperature, fishing continued to be very consistent with redfish, sheepshead, mangrove snapper and trout making up the majority of the fish caught.

After a few weeks of awesome, gin-like water clarity out on the sound, the few days of high winds we experienced really stirred the water back up. Back deep in the sheltered mangrove creeks though, anglers still found pretty clear water conditions and lots of fish. With a week of near-perfect weather forecast again, the open water in the sound will clear right back up.

Most of my week was spent hiding from the wind, trying to keep my clients comfortable and dry. Rough crossings of the sound all seemed to be part of a normal day of fishing. Once tucked away in the mangroves of the “Ding” Darling Wildlife Refuge, live shrimp caught crazy amounts of fish, yes, most of them small, but for sheer numbers this type of fishing is hard to beat. Daytime low tides made the perfect set up for creek fishing.

The larger deeper bays back in sheltered mangrove systems are holding a good variety of fish. With stirred up and cold water on the open sound many of the fish that are normally out on the open flats headed back, just like the anglers, into the much more comfortable mangroves. Trout, mackerel, ladyfish and even a few pompano made for non-stop action on popping cork rigs baited with live shrimp. Many of these trout are on the small side of the slot but catching them just about every cast is never a problem.

I’ve been targeting the channel edges in the three- to four-foot range with this rig. Look for the edge of where the shallow flat drops off into the deeper water. During higher tide periods these same fish will push up on top of the mangrove bay flats. It seems the colder things get, the better this action is.

Moving further back in the mangroves into the narrow creeks, I switch rigs and bounce the bottom with a jig and shrimp set-up. The faster the tide in these creeks, the better the action. Along with lots of sheepshead, some of these creeks held some larger mangrove snapper and rat redfish. The average size on these redfish is starting to get a little bit bigger with one trip this week producing four keeper-sized reds out of a dozen or more redfish caught.

Not having to go far and catching lots of fish is the best part of our winter fishing. The downside is the often windy and cold conditions which offer anglers very few options on where to fish. Even though all my clients were happy and caught lots of fish, I am so ready for things to warm back up and get into our springtime fishing pattern.

I honestly do not remember the last time I got to fish a high tide pattern and had favorable weather conditions to simply go out and do whatever type of fishing I wanted. I know our northern friends are experiencing a much tougher winter than we are but for a fishing guide, Mother Nature can be a very tough boss to work with.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmattmitchell@aol.com.
Magnificent Frigatebird Tracking
Subject Of ‘Ding’ Darling Lecture

Dr. Ken Meyer, founder of the Avian Research and Conservation Institute (ARCI) and adjunct associate professor in the University of Florida’s Department of Wildlife Ecology and Conservation in Gainesville, will present two programs on bird research projects in Florida beginning at 10 a.m. and 1 p.m. on Friday, February 21 in the free “Ding” Darling Visitor & Education Center on Sanibel.

Dr. Meyer obtained his Ph.D. in zoology from the University of North Carolina – Chapel Hill in 1987. From 1987 to 1997, he served as a post-doctoral and then research associate in UF’s Department of Wildlife Ecology and Conservation and was employed as a research biologist with the National Park Service in Big Cypress National Preserve. He founded ARCI in 1997 and today serves as executive director of the nonprofit organization, which conducts studies that support the management and conservation of rare birds.

His “Ding” Darling presentations will focus on magnificent frigatebirds, but will also touch upon upcoming reddish egret tagging in the Sanibel Island area and on great white herons.

Magnificent frigatebirds can be seen along the coastal areas of the United States and throughout the Bahamas, Caribbean and islands off the coast of Central and South America. In the U.S., their only known nesting colony is on a small island in the Dry Tortugas.

In late 2012, ARCI began efforts to deploy satellite/GPS tracking units on magnificent frigatebirds in the Florida Keys National Wildlife Refuges and at this time is tracking six birds.

Studying the birds’ movements is determining, for the first time, where the birds breed, the timing of migration from roosts to breeding areas, patterns of seasonal movements, their faithfulness to roost sites and the rate of survival for individuals. ARCI is also documenting the year-round effects of human disturbance due to recreational activities, the most likely cause of the species’ ongoing decline.

The female frigatebird at center wears a tracking antenna. photo by Marjesca Brown

ARCI researchers tagging a magnificent frigatebird for tracking

Magnificent frigate bird nest photo by Marjesca Brown

continued on page 28
From page 27

Frigatebird Tracking

As ARCI builds understanding of the ecology and movements of magnificent frigatebirds, researchers will be able to galvanize solutions to eliminate threats to the survival of the spectacular species.

Admission is free to the lecture, which is sponsored by The Sanibel Captiva Trust Company and “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS), as part of the latter’s 12-week Friday Afternoon Lecture Series.

Future events are listed below; all include two presentations at 10 a.m. and 1 p.m. except where otherwise noted.

As usual, Wildlife Drive is closed on Friday, but visitors are welcome to enjoy the free Visitor & Education Center and the recreational opportunities at Tarpon Bay Explorers, the refuge’s official concessionaire located at its Tarpon Bay Recreation Area.

For more information on the lecture series, call 472-1100 ext. 241 or visit www.dingdarlingsociety.org/lectures.

Upcoming “Ding” Darling Lecture Series events include:

• February 27 at 5:30 p.m. – Brian Lapointe – Investigating the Demise of the South Florida’s Estuaries: The Science of Nutrient Pollution (reservations required at director@dingdarlingsociety.org)
• February 28 – Volunteer Luncheon (no lecture)
• March 7 – Joy Hazell, Florida Sea Grant – Learning & Loving Mangroves
• March 14 – Mike Owen, Biologist – Fakahatchee Strand
• March 21 – Rick Bonney, Cornell Lab of Ornithology – Citizen Science
• March 28 – Erin Myers, U.S. Fish & Wildlife Service – Florida Panthers
• April 4 – Charles LeBuff and Chris Lechowicz, authors of Amphibians & Reptiles of Sanibel & Captiva Islands
• April 11 – Clyde Butcher, Nature Photographer – Florida: Where Water, Earth, & Heaven Meet

As a non-profit 501(c)3 organization, DDWS works to support J.N. “Ding” Darling National Wildlife Refuge’s mission of conservation, wildlife and habitat protection, research, and public education through charitable donations and Refuge Nature Shop proceeds.

To support DDWS and the refuge with a tax-deductible gift, visit www.dingdarlingsociety.org or contact Birgie Miller at 292-0566, 472-1100 ext. 4 or dingdarlingsociety@gmail.com.

In 2013, CROW’s wildlife hospital cared for 3,391 sick, injured and orphaned animals. Of the 200 different species, 60 percent were birds, with 33 percent mammals and seven percent reptiles.

CROW is not permitted to display its patients publicly, so this presentation offers the next best thing: numerous candid snapshots of current and past patients, with commentary by Claudia Burns, a veteran clinic volunteer.

The next CROW Picture Show is on Friday February 28 at 11 a.m. in CROW’s Visitor Education Center at 3883 Sanibel-Captiva Road, across from The Sanibel School. Admission is $5 for adults, $3 for teens, free for members and children 12 and under.

The entry fee also includes access to the Visitor Education Center, which exhibits CROW’s efforts to save wildlife through care, education and collaboration.

For more information, call 472-3644, ext. 228. To learn more about CROW, visit www.crowclinic.org.

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Traders Struts Its Stuff

About 150 people attended a fashion show at Trader’s Café & Store on Sanibel, held to showcase a new and expanded selection of women’s clothing and jewelry that co-owner Gretchen Wilson has added.

Emcee for the show was Kathleen McClanaghan Gruhl, a Trader’s employee.

Fashions included hand-made ponchos, crinkle-textured palazzo pants, handkerchief hem cardigans, easy care dresses, hats and accessories, all available at the store.

The models were local women: Nancy Dreher, Anne Mitchell, Merrill Taylor, Nancy Dreher and Leslie Adams.

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Special ‘Ding’ Lecture Explores Nutrient Pollution

Dr. Brian Lapointe pioneered a scientific system to "fingerprint" land-based nitrogen sources and established the longest low-level nutrient record for a coral reef at Looe Key in the Florida Keys. The JN "Ding" Darling National Wildlife Refuge on Sanibel Island presents the nutrient biology expert for a special evening lecture titled Investigating the Demise of South Florida's Estuaries: The Science of Nutrient Pollution on Thursday, February 27 at 5 p.m. in the free "Ding" Darling Visitor & Education Center on Sanibel.

Admission to the lecture, which is sponsored by The Sanibel Captiva Trust Company and "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS), with special support from Ocean's Reach Gulf Front Condominium Resort, is free, but advance reservations are required by emailing director@dingdarlingsociety.org.

Dr. Lapointe has worked at Woods Hole Oceanographic Institution and Skidaway Institute of Oceanography. He is currently a research professor in the Marine Ecosystem Health Program at the Harbor Branch Oceanographic Institute at Florida Atlantic University in Fort Pierce. The biologist has garnered extensive experience in assessing nutrient pollution and harmful algal blooms in the coastal waters of South Florida and the Caribbean region. He has received numerous awards for his work and currently serves on the editorial board of Harmful Algae and the board of advisors of the Arthur Marshall Foundation, and is a national fellow in the Explorer’s Club.

For more information on the lecture series, call 472-1100 ext. 241 or visit www.dingdarlingsociety.org/lectures.

Shell Of The Week
The Cross-Hatched Lucine

by José H. Leal, PhD, The Bailey-Matthews Shell Museum Curator and Director of Education

Clams are cool! The elegant, inch-long cross-hatched lucine, valingaquadri-sulcata (d'Orbigny, 1846), can be distinguished from other “little white clams” from our area by the distinctive, oblique etched lines on the shell surface.

This well-preserved shell was found by Gail Carr on the Captiva side of Blind Pass during one of Pam Rambo's (www.iloveshelling.com/blog/) beach walks. It was probably deposited there as a result of the recent beach renourishment around the pass. Learn more about this uncommon species at http://bit.ly/cross-hatchedlucine.

This Week at the Museum
Exhibit chat: This 10-minute presentation provides an in-depth look at a different exhibit daily at 11 a.m.

Live Tank Demonstration: See live mollusks up-close and personal such as a fighting conch using its foot for locomotion, or a lighting whelk slamming its trap door shut for protection, or scallops zipping across the tank with jet propulsion. Daily at 3 p.m.

Shelling 101: Everything You Always Wanted to Know About Shells, but Were Afraid to Ask. Learn how to find, clean and pack shells for safe travel. Discover how mollusks are classified into families and classes. Monday at 2 p.m.

Shell ID clinics: This new weekly program provides shelling enthusiasts additional information about their shell-finding and Southwest Florida shells. Thursday at 2 p.m. (no clinic March 6).

The Bailey-Matthews Shell Museum is at 3075 Sanibel-Captiva Road. Phone 395-2233 or visit www.shellmuseum.org.

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Regards,
Jerry’s of Sanibel
1700 Periwinkle Way, Sanibel Island, FL 33957
Sanibel-Captiva Conservation Foundation

Sanibell-Captiva Conservation Foundation

Caloosahatchee Oxbow Cruise Added

Tour the historic upriver
Caloosahatchee on a two-and-
a-half-hour Caloosahatchee Oxbow & Riverlore Cruise that explores the meanders of the Caloosahatchee back to a time when a waterfall served as the headwaters of the Caloosahatchee and settlers braved living amongst the wilderness.

The adventure begins by locking through the WP Franklin Lock in Olga. Heading east toward Alva, you will enter the historic bends of the river and revisit the activities of the pioneers who traveled the same river to find paradise. Stories of the settlements and their adventures are blended with an understanding of the river’s oxbows, the wild creatures that call it home and the challenges the river faces.

The tour is guided by Rae Ann Wessel, a river researcher, long-time river advocate, historian and SCCF (Sanibel-Captiva Conservation Foundation) natural resource policy director. The vessel is the stable and spacious 47-passenger Manatee Rover pontoon boat that goes out for daily manatee tours. All seats have a great view for photographs and bird watching.

Cruises depart at 1 p.m. from the WP Franklin Lock and Dam off SR 80 in Olga. A new cruise date has been added for February 23. Additional cruise dates are Sunday, March 9, Sunday, April 13 and Mothers Day, Sunday, May 11. Private group cruises can be scheduled by appointment.

Advance reservations are required and payment is due at time of reservation. Cruises return by 3:30 p.m. Tickets are $40 per person. Reservations must be made by noon Friday, February 21 for the February 26 cruise. Call SCCF at 472-2329.

How To Catch A Cane Toad

Learn about Sanibel’s newest invasive non-native amphibian at SCCF on Tuesday, February 25 at 10 a.m. The giant marine toad, aka cane toad, was documented during SCCF’S annual frog call survey this summer for the first time. Learn about this newest invader and how to help control them in your neighborhood and yard. A live cane toad will make an appearance for the program.

You will leave the program as a graduate “toad buster,” hopefully returning to your neighborhood to catch cane toads around lights after dark. No one knows what will happen to native critters that try to eat these toxic toads. Dogs can die if they eat one. What happens to a bobcat that eats a cane toad? The toads are not toxic to handle unless you eat one. Wash your hands after handling or use gloves or a net to capture them and bring them to SCCF for freezing. Call SCCF habitat management at 472-3984. The program is free to all.

Bowman’s Beach And Birds

Meet an SCCF guide at the pay to park station in the Bowman’s Beach parking lot. Take a walk across the bridge over the bayou to the beach and the back dune trail. Keep your eyes open for shorebirds, gopher tortoises and alligators.

The walk is free but you must pay to park. The walks begin at 8 a.m. on Wednesdays; February 26, March 12 and March 26.

Turtle Tracks

On Thursday, February 27 at 10 a.m., learn about the life cycles and habits of sea turtles that nest on island beaches in the summertime and what SCCF’s nest monitoring program is doing to protect them. On all of Florida’s beaches this summer, the endangered green sea turtle nested in record numbers, a 70 percent increase since 1989. The program is free to SCCF members and children, $5 for adults.

Birding In The Preserves

Join experienced birders on outings on the 2nd and 4th Fridays of the month to two island preserves: Sanibel Gardens Preserves, jointly owned and managed by the Sanibel-Captiva Conservation Foundation and the City of Sanibel, and the Shipley Trail at the Bailey Homestead Preserve. Both new and experienced birders will enjoy a variety of birds in a diversity of wildlife habitats. Botany enthusiasts are also welcome to help identify plants along the trails. All walks begin at 8 a.m. but the locations do vary. Walks are free for members and non-members. Please call 472-2329 for more information.

February 28 For the Shipley Trail, meet in the parking lot at Roadside City Park on Periwinkle (just east of Islander Trading Post). The Shipley Trail runs through the Bailey Homestead Preserve and connects the City’s Pond Apple Park Trail to Roadside City Park. The Shipley Trail is not yet open to the public, nor is the rest of the Bailey Homestead Preserve, which is still undergoing restoration.

Visit shellpoint.org/concerts or call (239) 454-2067

Shell Point Concert Series

2013-2014

Barbary Coast Dixieland Band

Friday, February 28 at 7:30 p.m.

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**Beach Walks At West Wind Inn**

Meet your SCCF guide on the beach at the West Wind Inn at 3345 West Gulf Drive at 10am. Take a walk on the beach identifying what the local tides, currents, and winds have deposited for you to see. Sanibel continues the commitment to protect local beaches by leaving the wrack community of cast ashore seaweeds and sea grasses that feed the insects, shorebirds and beach plants that live there. This program is free to all. Every Tuesday in February and March at 10 a.m.

**Trail Walks: Explore Sanibel’s Interior Wetlands**

Sanibel Island is a unique barrier island in Florida because it still has an interior freshwater wetland ecosystem that has not been lost to development. Take a guided walk through the interior wetlands and mid-island ridges of the Center Tract with discussion of native habitats, natural and cultural history and preservation efforts. Trail walks are on Tuesdays, Wednesdays, Thursdays and Fridays at 11 a.m. Cost is $5 for non-members, free to SCCF members and children.

**Endangered Smalltooth Sawfish: Past, Present And Future Of Research And Recovery**

The smalltooth sawfish (*Pristis pectinata*) is an endangered species that is found in Southwest Florida. In fact, it was the first endangered marine fish in the United States. Detailed studies on the species were never conducted prior to the population collapse so researchers with Florida’s Fish and Wildlife Conservation Commission (FWCC) have been working in the Charlotte Harbor estuary for over a decade conducting research on the remaining population.

Are sawfish found throughout Florida? How do sawfish use Southwest Florida as a nursery? When are sawfish born? How long do sawfish remain in the nurseries? How fast do sawfish grow? How do hurricanes affect sawfish? Hear the answers to these questions and more from head researcher Gregg Poulakis of FWCC on Friday, February 28 at 10 a.m. at SCCF.

Call SCCF at 472-2329 for more information on these programs unless otherwise indicated. Sanibel-Captiva Conservation Foundation is located at 3333 Sanibel-Captiva Road.

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Who Really Rules The Roost?

by Mark ‘Bird’ Westall

The basic force behind heterosexual life is the replication of two individuals’ genetic code. Different species evolve various behavior patterns that increase the odds of individuals within the species in successfully accomplishing that task. With many larger raptors (like ospreys and bald eagles), a long-term pair bond is established and usually the same pair will mate together year after year using the same nest.

I figure long-term relationships evolve whenever it is cost effective. And if any of my readers have ever tried to maintain a relationship with a single mate, you know how much energy goes into sharing that same nest.

For three or four years, the male and his lady osprey tried unsuccessfully to raise their young in that nest. But every year, raccoons raided the nest. Eventually, she decided that she had wasted enough of her energy on that beautiful home in a bad neighborhood and decided that she wanted to raise her young in a better environment. What has been fun to watch has been the poor male showing up every fall and start putting a few new sticks in the same old, unsuccessful nest trying to entice the female back to the old territory.

It’s as if he’s saying, “Look, honey! Isn’t this just the most beautiful, big nest you have ever seen? Wouldn’t this be a great place to raise our young?”

And the female will actually go and sit in the old nest for a few days. But after a while, she remembers the problems associated with that nest and she says, “Look! If you want to stick with me, hoping to get a chance to do your breeding thing, you’re going to follow me down the creek a few hundred feet and build me a new nest! One that is more difficult for those darn raccoons to climb. Then, and only then, will you get what only I can give you!”

You see, the male’s hormones are telling him that his number one goal is the act of reproduction. And that force is so powerful that he will do just about anything to accomplish that act. He would like to stay at the old site because he wouldn’t have to do much more each breeding season than add a few new sticks. But the female’s hormones are more maternally aligned and she is not going to go through all the effort of producing the eggs and feeding, shading and protecting the hatched young unless the chances are good that she will be successful.

Males want to mate, but females want to be successful in that endeavor! Otherwise, why waste their time?

And the same thing happened with the eagle pair at Gulf Pines/Gulf Shores this last August and September. As the sun was coming up every morning, the male would leave their perch tree and fly over to the remains of last year’s nest and say, “Look, honey! There are still a few sticks here at the old site. Let’s try it again here like we did last year.”

And she would fly over and actually land on the remains of the nest for a few minutes. But then she would glance over at that really solid, big platform, with the built-in sun shade for the chicks and she would leave the old site and fly directly over to the new platform. He would watch her for only a few minutes and then he, too, would fly over to the new platform. That happened for about a week, but the next thing you knew, both were bringing new nesting material to the platform and making it their new home.

We males like to think that we “rule the roost,” but everyone knows who really gets the last say in the matter!

A former city council member and mayor, Mark “Bird” Westall has owned and operated Canoe Adventures, Inc. on Sanibel for over 33 years. Visit www.canoewithbirdwestall.com for more information.\n
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Plant Smart

Disposable Or Sustainable?

by Gerri Reaves

One common landscape practice is the frequent replacing of plant beds to achieve a continual round of seasonal color, especially by community associations.

It peaks in December and January, a yen for bright red flowers brings an abundance of non-native annuals.

Like putting new throw pillows on a sofa to refresh the look of a room, this routine has its advantages, and many homeowners feel it is worth the high-maintenance and cost.

In fact, many landscaping contracts include this practice as a matter of course.

The plant bed pictured here typifies the practice. April’s red and white color scheme yielded only several weeks later to a yellow, purple and pink one. Several other plantings followed, and in a few months new pots of geraniums arrived, this time in red and pale pink.

A splash of vivid color in the landscape is desirable, but the disposable plant approach can exact a high toll in resources.

There is an alternative, however. It is possible to plant sustainably and have color.

Choosing native and Florida-friendly species and planting the right plant in the right place will go a long way to reduce maintenance and cost.

Careful planning will ensure that the plants will be beautiful for more than a few weeks.

The Florida Yards and Neighborhoods website is a good place to start: lee.ifas.ufl.edu/FYN/FYNHome.shtml.

You’ll find help choosing plants that will thrive in your landscape’s specific conditions.

Also, you’ll learn which species attract butterflies and birds, how to choose a mulch to minimize water use and how to suppress weeds, among other things.

And if you simply must have those pretty impatiens or other annuals, there’s the option of limiting them to only one plant bed or even growing them in pots.

Sources: Waterwise: South Florida Landscapes and lee.ifas.ufl.edu.

Plant Smart explores the plant life of South Florida and sustainable landscape practices.

A few weeks later, purple, yellow and tiny pinks

April brings red and white to the disposable plant bed

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On Tuesday, February 11, I fished with John Miller of Lewes, Delaware and Sanibel Island. He has caught tarpon with me before on conventional tackle and has now started to fly fish and has been perfecting his fly-fishing techniques.

The first place we went on Tuesday morning was to the same place where Art Kaemmer had hooked up and lost a tarpon on fly the previous day. After Miller took a few warm-up casts, we started our search for laid-up tarpon. It didn’t take long before I spotted this beauty lying on top of the water showing a color as black as the ace of spades – at about the 3 o’clock position pointing to the right. Miller had an easy time seeing the fish and let loose with his first cast using a brand new black and purple 5” Puglisi fly.

While the fly was in the air, I spotted another fish directly below the fish he was casting to. When the fly hit the water, I saw the bottom fish kick its tail, moving it forward and that fish was the one that ate the fly.

The first jump of the fish was a matter of two or three seconds after the hook-up and my immediate impression was that this was a very, very big fish. Well, for a tarpon that large, in all my years of tarpon fishing, I had never seen one that big jump so many times. We counted 12 times – twice, there were consecutive jumps, one time three consecutive jumps. I said to Miller, “As much as this big fish is jumping we might be able to land it in quick time.” And, that’s what took place.

Miller knows how to fight big fish and he did a heck of a job in handling that tarpon. When a tarpon jumps a lot, it’s tough to keep the hook in it because you have to continually bow (thrust your rod out) creating a little slack in the line to keep the hook in.

He put the fish alongside the boat. I had leader in hand, trying to lay the fish out as best I could for pictures. We were in awe when the fish was beside the boat as it was easily six feet plus and its girth was just huge. I try to be conservative in my estimates of the weight of tarpon, when they’re that big they could be 130- or 160-pounders. It was in that giant size category of at least 130 pounds. Whichever it was, it was one incredible catch.

Amazing, Miller’s very first cast to a tarpon on fly, he hooked up and landed a monster.

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CAPTIVA CRUISES
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Center Celebrates 10th Anniversary
submitted by Kevin Bedson

Excitement is building as the Center for Environmental and Sustainability Education’s 10th anniversary celebration approaches. The center is hosting its Rachel Carson Distinguished Lecture on Friday, February 21 at 7:30 p.m. in the Schein Performance Hall at BIG ARTS on Sanibel. For the first time in the center’s history, this signature event will be a theatrical performance. Actress Kaiulani Lee will perform her one-woman show A Sense of Wonder, which is based on the life and works of Rachel Carson.

Immediately following the performance, the center will host its 10th anniversary celebration in Phillips Gallery. Refreshments will be served while center director Peter Blaze Corcoran and co-chairs Mary Evelyn Tucker and David Orr make remarks on the center’s 10-year history, and its future. Rachel Carson scholars Rick Clugston and Lee will join them to reflect on the importance of Carson’s work.

A Sense of Wonder, written and performed by Lee, portrays Carson’s love of the natural world and her fight to defend it. The play has been performed at over 100 universities and has been the centerpiece of regional and national conferences on conservation, education, journalism and the environment. Peter Dykstra of CNN describes Lee’s powerful performance: “Rachel Carson shook the world of journalism and changed the shape of environmental politics. There are few if any comparable figures in either field. Kaiulani Lee’s figures in either field. Kaiulani Lee gave me the opportunity to feel I had met this remarkable woman and experienced the quiet courage of Rachel Carson.”

Patron tickets are sold exclusively by the center for $75. Patrons will have reserved elevated loge seating during the performance. Call Kendra Carboneau at 590-7444.

General admission tickets are $50 and available at the BIG ARTS box office, students and children are $15. The general admission floor seat selection is on a first-come, first-served basis. General admission tickets include the performance in Schein Hall as well as the reception in Phillips Gallery.

The Center for Environmental and Sustainability Education is a scholarly center located at Florida Gulf Coast University. The center works toward realizing the dream of a sustainable and peaceful future for Earth. For more information please visit us at www.fgcu.edu/cese.

Peter Blaze Corcoran
Mary Evelyn Tucker
David Orr

Zach, 13, and Jake, 9, Vanderpool from Uoquet, Minnesota found a horse conch and a “nesting” set of Atlantic giant cockles at Gulf Side City Park. They were staying at their aunt and uncle’s house. This was the boys’ first trip to Sanibel and first shelling experience, and they found these treasures.

Kenneth, Sydney and Christian Kim

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Peter Blaze Corcoran
Mary Evelyn Tucker
David Orr

Zach and Jake Vanderpool

Kenneth, Sydney and Christian Kim
Women’s Discussion Group To Host Distinguished Speakers

The Women’s Seminar Discussion Group at BIG ARTS will continue to host distinguished speakers for the remainder of February and into March.

Margaret Mohandro, director of the Sanibel Public Library, has spoken about Opportunities for and Contributions by Women Authors and Librarians. Former Massachusetts Senator Marian Walsh spoke to a large audience in Schein Hall about Challenges Facing Women in the Political Arena.

The group looks forward to the following speakers and discussions for the remainder of this season:

- February 20 - Rabbi Myra Soifer of Temple Bat Yam, Breaking the Sacred Ceiling Can Be A Holy Pain.
- February 27 - Jodi Andrews, global programs manager for a large multinational technology company, Challenges, Opportunities and Contributions of Women in Business.
- March 6 - Amy Tardif, WGCW station manager and news director, Women in the Media.

The Women’s Seminar discussions have evolved during the past twenty years from a group called Creative Women in History, which began in 1994. It has morphed into Women Reflecting on Women, Women’s Issues and now Women’s Seminar.

The history of the Women’s Movement, the lives of sung and unsung women and first ladies in all walks of life have been studied, as well as the skills and abilities which enabled women to overcome obstacles, break the glass ceiling and succeed in areas where few had succeeded in the past.

The discussions are not limited to women only, all are welcome. The group meets on Thursdays at 10 a.m. in the Bonser Room at BIG ARTS. There is a $12 fee for each session for those not already registered members of the Women’s Seminar. Call BIG ARTS office at 395-0900 if you wish to attend any particular session and for further information.

Preschoolers Take Art Classes

D.J. and Olivia of Sanibel Christian Preschool show off their interpretations of Pemaquid Lighthouse, Maine, by Don Rogowskey. Rogowskey’s pen and ink piece challenged the students to learn several new art concepts. The students created their own masterpiece representation in color or black and white, working one-on-one with teacher Ms. Miltner, as part of their continuing fine arts education.

Their drawings were part of the students’ display at the Don Rogowskey and Friends Silent Art Auction to benefit the weekday preschool provided by Sanibel Congregational United Church of Christ.

DEFAMATION is a riveting courtroom drama with a twist: the audience is the jury. In this case of a striving African-American professional woman suing a wealthy Jewish businessman for defamation, the real issues on trial are race, religion and class -- all of which the audience/jury must openly untangle in order to reach a verdict.

“A BRILLIANT, shifting jigsaw puzzle of a courtroom drama, Defamation holds the audiences own prejudices under a powerful lens, and does not let us go except by the way of unsettling self-examination. No one escapes the jury’s deliberations unchanged.” - Rabbi Debra Kassoff

Defamation
A Play by Todd Logan
Adult: $42 Student/Child: $5
All Shows at 8 pm unless otherwise noted
7 pm, Opening Night Reception: Thursday, February 20
4 pm, Sunday Twilight Shows: February 23 and March 2

DEFAMATION is a riveting courtroom drama with a twist: the audience is the jury. In this case of a striving African-American professional woman suing a wealthy Jewish businessman for defamation, the real issues on trial are race, religion and class -- all of which the audience/jury must openly untangle in order to reach a verdict.

Show Sponsor: Linda & John Kramer

COMING SOON...
All Shows at 8 pm unless otherwise noted

Discounts & Specials Available For Group Rates.

Romance/Romance
Book and Lyrics by Barry Harman
Music by Keith Hermann
March 7 - April 5
Adult: $42 Student/Child: $5
7 pm, Opening Night Reception, Friday, March 7
2 pm, Wed. Matinées: March 12 & 19
4 pm, Sun. Twilight Shows; Mar. 9, 16, 23 & 30

The Big Bang
Music by Jed Feuer
Book & Lyrics by Boyd Graham
April 11 - May 3
Adult: $42 Student/Child: $5
7 pm, Opening Night Reception: Friday, April 11
2 pm, Wed. Matinées: April 16 & 23

2200 Periwinkle Way, Sanibel, Florida 33957
Tickets: (239) 472-6862
and ONLINE at www.BIGARTS.org

Season Sponsor:
Opening Night Receptions Hosted by:
Starfish ★ Grille

The Sanibel Captiva Trust Company
PRIVATE WEALTH MANAGEMENT
From left, Don Rice (BIG ARTS President, Board of Directors), Marina Lomazov, Joseph Rackers, Nanelle Wehmann (sponsor of the concert reception) and Phil Johnson during The Lomazov/Rackers Piano Duo Reception

Two Steinway Artists Featured At BIG ARTS Fundraiser Concert

BIG ARTS welcomed Steinway artists Marina Lomazov and Joseph Rackers on February 6 for the second special fundraising event held in Schein Performance Hall to celebrate the 35th anniversary of BIG ARTS.

A home for all the arts, BIG ARTS offers an array of programming that covers more than 250 performances of theater, dance, music of all kinds, educational lectures, film series and productions for young people. Lee Ellen Harder, BIG ARTS Executive Director noted, “the high caliber of performers, such as The Lomazov/Rackers Piano Duo and the John Pizzarelli Quartet, our first special fundraiser concert this season, demonstrate our continued commitment to producing and presenting the best of national and international arts to residents and visitors of Sanibel, Captiva and surrounding Southwest Florida regions.”

BIG ARTS Development Director Howard Wheelordon added, “After both special events, every member of the audience was invited to meet the performers while enjoying a special reception. We appreciate all of our supporters and are very pleased to provide a diversity of programming for our fundraising concerts as well as throughout the year.”

BIG ARTS memberships start at $50, and all members enjoy a variety of networking opportunities and special events as well as discounts on over 200 workshops and classes. A non-profit 501(c)3 organization, programming at BIG ARTS is made possible through the generous support of more than 300 dedicated volunteers and donors as well as individual and corporate sponsors, such as The Lomazov/Rackers Piano Duo Grand Patron Sponsor Kenneth L. Nees and Reception Sponsor Nanelle Wehmann.

Discover more by visiting BIG ARTS, 900 Dunlop Road on Sanibel, online at www.BIGARTS.org, by phone at 395-0900 or via e-mail at info@BIGARTS.org.

Island Resident Leads Mastersingers To Another Successful Season

Sanibel resident Jill Janda-Kanner is playing a key role as the Fort Myers Symphonic Mastersingers’ president for the fourth year. This is the 13th season for the Mastersingers.

There have been two performances at the Barbara B. Mann Performing Arts Hall this year, with a third scheduled for March 2, when the group will perform Carl Orff’s Carmina Burana. In January, the Mastersingers appeared with Tony Award winner Donna McKechnie in a tribute to Marvin Hamlisch and a Deck the Halls Christmas concert with the Gulf Coast Symphony in December. The Mastersingers spring concert is scheduled for April 5 and 6.

Janda-Kanner was elected to lead the ensemble in 2011 and has served on the board of directors for 10 years. She was previously chorus manager of the organization. She is a life-long singer and retired music educator. A soprano, Janda-Kanner also sings with the 18-member Chamber Chorus the Mastersingers formed to entertain in venues too small for the full choir. The smaller segment has four concerts on its schedule for 2014, including a 3 p.m. concert on Sunday, March 16 at the Sanibel Congregational United Church of Christ. The program is a variety of choral masterpieces that includes madrigals, folk songs and jazz standards.

“I know there is something truly unique to choral music,” Janda-Kanner said. “Singing is a very personal experience — our musical instruments are us. When musicians gather to be an ensemble, they must work together to create beautiful music.”

Janda-Kanner and her husband, Mort Kanner, have been full-time residents of Sanibel since 2004 and are volunteers at BIG ARTS.

For a full listing of programs, please visit: www.BIGARTS.org

Discounts & Specials Available For Group Rates.

For a full listing of programs, please visit: www.BIGARTS.org
A Sense of Wonder
A one-woman play based on the life and works of environmental activist, Rachel Carson
Starring Kaiulani Lee

Please Join Us!
Rachel Carson Distinguished Lecture and Tenth Anniversary Celebration
Friday, February 21, 2014 at 7:30pm
BIG ARTS, Schein Hall, Sanibel

Seats are still available!
Tickets include the play and a reception with fine wine and dessert.
Patrons: $75
General Admission: $50
Both levels of tickets will be available at the door at BIG ARTS

The Center for Environmental and Sustainability Education works toward realizing the dream of a sustainable and peaceful future for Earth through scholarship, education, and action. For more information visit www.fgcu.edu/cese or call 239-590-7166.
Hawryluk moved to Naples six years ago from Huntington, New York, where she was president of the Nathan Hale Garden Club. Now a member of the Naples Garden Club, she served as chair of the club flower show held recently. She is an accredited National Garden Club flower show judge, the director of judges council District IX and president of the Naples Ikebana International #106.

She and her husband live on a five-acre parcel planted with a large variety of fruits and semi-tropical foliage. Her design presentations make use of different design styles using containers readily available at resale shops. Her designs and containers will be raffled to attendees.

To quote Ms Hawryluk, “Serious designers will find my presentation very worthwhile and not-so-serious designers will find it entertaining.”

For more information, call Dotty Mount, 472-1821.

Pond Apple Trail Bird Walk

The next Sanibel-Captiva Audubon bird walk will be Saturday, February 22 at the Pond Apple Trail. Meet in the Matzaluna parking lot nearest Periwinkle Way at 8 a.m. These bird walks are open to the public and all levels of experience. A $2 donation is appreciated. Call Hugh Verry at 395-3798 for more information.

Members of the Shell Islands Garden Club tour Kathleen Hawryluk’s home while in Naples for the Naples Garden Club flower show. From left, Anne Deignan, Peg McGann, Glenda Campbell, Connie Wolters, Kathleen Hawryluk, Sally Parsons, and president, Maggie Butcher.

O n Tuesday, March 11, the Shell Islands Garden Club will host Kathleen Hawryluk, an award-winning floral designer from Naples. The meeting will be held at The Community House, 2173 Periwinkle Way, Sanibel, at 12:15. The public is invited. A $5 donation is requested.
Center For The Arts Presents Musical Comedy

Cypress Lake High School Center for the Arts will present Stepping Out by Richard Harris, with performances March 6 to 9 at 6:30 p.m. Stepping Out is the story of eight women and one man who attend a Thursday evening adult tap class in a church basement. The class is taught by fading Broadway chorus girl, Mavis Turner. The lessons begin as social engagements, but as a performance opportunity approaches, skill levels increase and so does performance pressure.

Stepping Out won London’s Evening Standard award for Best Comedy in 1984. The show ran for three years in London’s West End. It was turned into a movie starring Liza Minnelli, Shelley Winters, Ellen Greene, Andrea Martin, Jane Krakowski, Bill Irwin and Julie Walters. Kander and Ebb (Chicago, Cabaret, Curtains) wrote the title song Stepping Out for Minnelli for the 1991 film. A stage musical version of the play was introduced in 1998 under the same title, then reworked and released as the musical One Night A Week in 2010.

Stepping Out stars senior Halie Boling as Mavis, the ex-professional dancer and teacher of the class. Boling’s most recent roles include Judy Bernly in 9 To 5: The Musical and Elle Woods in the Florida Rep Conservatory production of Legally Blonde. Mrs. Fraser, the class’ accompanist will be portrayed by Courtney Camarillo. The role of Lynne will be portrayed by Tricia Garmager while Madeleine Arana will play Dorothy. Freshman Callie Atkinson plays Maxine. Cat Marks will play the tragically shy and uncoordinated Andy, with junior Zach Holmer playing Geoffrey. Sylvia will be played by Melissa Menard, and Rose will be played by Aria Hartwell. Rounding out the cast is her third mainstage production of the year is sophomore Gillian Marino as Vera Andrews, the role for which Julie Walters was nominated for the BAFTA Award.

The creative team for Stepping Out includes director Jason Loete, choreography by Broadway Palm and BIG ARTS Herb Strauss Theatre favorite John Ramsey, costume design by Garrett Nowlin, lighting design by Monty Stobb and properties management by Marcos Martins.

Tickets for Stepping Out are $5 each and are available at the Center for the Arts box office. The box office is open from 7 a.m. to 3 p.m. Mondays through Fridays and show night one hour before curtain. Performances begin at 6:30 p.m.

Sanibel Island Cotillion Valentine Dance

On February 12, the Sanibel Island Cotillion held its annual Valentine’s Day Dance at The Sanctuary Golf Club. The formal dance was hosted by Judy and Bill Cheney, Jan and Pete Halliday, Dorothy Donaldson and Aaron Cohen.

After a sumptuous dinner, the Perry Fotos Orchestra provided the music for the 106 attendees who danced the night away. Of those attendees, 16 are new members and were formally introduced by JoAnn McKelvey, who chairs the Steering Committee.

The last dance of the season, which will be held on Wednesday, April 2 at The Sanctuary Golf Club, will be a country western theme, with music provided by The White House Band.

The Island Cotillion was founded in 1986 for the purpose of organizing and supporting several formal and informal dinner dances each season. Membership is by invitation and is comprised primarily by couples who reside on Sanibel and Captiva islands who enjoy dancing and the camaraderie of their fellow members.

Persons desiring more information about membership are encouraged to contact JoAnn McKelvey at 395-2237 or Andrea Gainer at 395-3184.
Arts Exhibit At Sanibel Library

Fifty-five members of Sanibel Captiva Art League have paintings on exhibit at the Sanibel Library. This non-juried show was judged by artist, Neil Walling. First prize was awarded to Neil Glaser for his painting *The Shipyard*, a watercolor. Audrey Chiaradio won second place with her oil, *Before the Rains*, and third place went to Pauline Healey, with her watercolor, *Golden Coconuts*. Honorable Mention awards were won by Marion Hall, Daphne Hammond and Audrey Otto. A variety of media including oil, pastel, batik, watercolor, and acrylic are included in this display, as well as diverse artistic focus. The art is on exhibit until February 28, which will also be the date when the next Sanibel Captiva Art League juried show will begin.

All members of Sanibel Captiva Art League are eligible to enter the shows. Membership forms and information about the art league may be found at www.sanca-part.com.

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Times may change, but a dedication to offering quality jewelry and outstanding customer service with every experience hasn’t changed for Ron and Fran Dioguardi. Their latest creation is MetalsInArt.com, a full service jewelry website.

In addition to the fine jewelry pieces created by Ron, Metals In Art offers jewelry cleaning, stone replacement, ring sizing, watch battery and band replacement, clasps repaired or replaced as well as jewelry restoration. Drop-off and pick-up for repairs and services is at Tuttle’s Sea Shell Shop, 362 Periwinkle Way on Sanibel’s east end. All items are 100 percent insured throughout completion of these services. Private consultations are also available.

For more information, visit www.MetalsInArt.com, email MetalsInArt@gmail.com or call 239-671-6112.
Call To Artists
For Entries

BIG ARTS invites all photographers to submit their best black and white images for the juried exhibit, Trick of the Light. The entry fee is $10 for members and $15 for non-members.

A photographer may submit up to two entries for consideration and the entrance fee will remain the same, regardless of whether one or two pieces are submitted.

Bea Pappas and Deborah Butler, artists, instructors and Visual Arts Committee co-chairs, will serve as the judges for the exhibit. There are no cash prizes for this juried exhibit.

All entries must be submitted for review to BIG ARTS between 9 a.m. and noon on Friday, February 28. No entries will be accepted prior to the official receiving date and time.

The full prospectus is available online at www.BIGARTS.org and at BIG ARTS, located at 900 Dunlop Road, Sanibel. The exhibit will be free and open to the public for viewing in Phillips Gallery from March 3 through March 31. The artists’ reception on Saturday, March 15, 5:30 p.m. to 7 p.m. will also be free and open to the public.

BIG ARTS is at 900 Dunlop Road, Sanibel.

Bonita Wood Carving Exhibit

Wood carvers – both experienced and novice – will be exhibiting their carvings and demonstrating their various carving techniques at the annual Wood Carving Exhibit on Saturday, March 1, at the Estero Recreation Center, 9200 Corkscrew Palms Boulevard. The exhibit will be held from 10 a.m. to 2 p.m.

The public is invited to attend the exhibit, presented by the Bonita/Ester Wood Carvers. There is no charge for admission or parking.

Attendees will be able to view carvings from recent competitions as well as com-
The BIG ARTS movie for Monday night, February 24 is Fill The Void, a 2012 Israeli drama film. It focuses on life in an ultra-Orthodox Hasidic community in Tel Aviv. Shira, a naive 18-year-old girl is looking forward to an arranged marriage with a young man whom she likes. However, on Purim, her family suffers a tragedy when Shira’s older sister Esther dies in childbirth. Yochay, the widower, brings his son regularly to Shira’s home where she cares for the young child.

When Yochay’s mother suggests her son marry a widow in Belgium, Shira’s parents, distraught over their grandson being taken out of the country, suggest that Yochay marry Shira instead. Shira is forced to make a difficult choice. Should she take her sister’s place alongside a man who is much older and raise his child as her own? Or should she determine her own path?

The filmmaker, Rama Burshtein, lets her female characters demonstrate their impact on the community in order to create a greater understanding of the Orthodox community, in part by dispelling the common misconceptions that women are often forced into arranged marriages; despite the differences in structure, the woman is always given the final say in whom she marries. The film, well received by critics for its depiction of Orthodox Jews and their lifestyle, won seven Israeli Academy Awards. It runs 90 minutes.

Monday, March 3, a special event called A Movie Mogul Speaks Out will take place at 6:30 p.m. in Schein Hall, featuring an interview with David V. Picker, a former producer and film executive. He will talk about the Oscars and what goes on behind the scenes in Hollywood. A movie that Picker produced, The Jerk, will be shown, followed by a champagne reception.

First Lee County Fair Pageant
The first ever Miss Southwest Florida/Lee County Fair pageant will be held on Saturday, March 1 at the Lee Civic Center in North Fort Myers. The pageant will start at 4 p.m.

The pageant is an official preliminary to both the Miss Florida International and Miss Florida American Beauty pageants. The winners will proceed to the state competition in November.

There will be divisions for all ages and there will be no talent requirement. Prizes, crowns and banners will be awarded and winners will take part in a year of parades, fashion shows and community events.

For information or to obtain an entry form contact the state offices at: 822-4661 or by e-mail at famenmodeltalent@aol.com.

Top Ten Books
1. Obituary Writer by Ann Hood
2. Me Before You by Jojo Moyes
3. Orphan Train by Christina Baker Kline
4. Fill Game by Darryl Bollinger
5. Night Moves by Randy Wayne White
6. Husband’s Secret by Liane Moriarty
7. Secret Daughter by Shilpi Somaya Gowda
8. Gone by Randy Wayne White
9. Promise of Stardust by Priscilla Sibley
10. Unlikely Friendships by Jennifer Holland

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11:30am

Serving Lunch Daily
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11:30am

NOW OPEN FOR LUNCH MONDAY THRU FRIDAY
11:30am-4pm • Happy Hour at Lunch

We have some spectacular bands scheduled this season on Friday & Saturday

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This weekend’s entertainment is
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DUSK
Saturday, Feb 22

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Miss Florida U.S. International Valerie Trinidad, right, and Miss Pre-Teen Florida American Beauty Rose Hatch

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FAMENMODEL TALENT
Poet’s Corner

selected by Tanya Hochschild

**The Seasons, Driving I-475**
by Marcia Goldberg

Winter clamps down too suddenly,
the road’s concrete ribbon offering
somber sights
muted by cloud-filtered gray-white
light:
stick trees sprouted from browned
yards,
lifeless homes shuttered against
approaching snow,
and 

a giant vertical ice cube the beacon of
the downtown cityscape.

But one morning, nature gladdens the
scene,
Spring announces its arrival
with tiny pinpoint glimpses of palest
green
here and there among the awakening
brown trees,
and 

until the roadside boasts its bouquets
of brightgreen
accompanying sunbright forsythia and
daffodils,
promising azaleas, rhododendron and
roses to come:

an urban joyscape.

But it is autumn that most delights the
senses,
climaxing in a unified, glorious burst
when a sufficient number of sufficiently
cool nights
coaxes the trees into their sugarfree
eye feast
of caramel, butterscotch, milk choco-
late,
plum, raspberry and cherry,
strawberry, grape and mango:

an artistry in both palate and palette.

Marcia Goldberg retired from the
practice of law in Toledo in 1996.

Having vacationed in the area, she
moved here and is now a permanent
resident. This poem is a memory of
what she enjoyed seeing as she drove to
work in downtown Toledo each day.

Academy Awards Contenders

**Dallas Buyers Club**
by Stan Gembicki

On Wednesday, February 26 at 1 p.m., the
Island Cinema will
show the 8th movie
in the BIG ARTS
Academy Awards
Contenders Film
Series. After the
movie, a discussion
will take place at
George & Wendy’s
Seafood Grille. Tickets are available at
the Island Cinema. This will be the last
film in this year’s
Oscar Contender
Series. The Oscars
will be awarded on
Sunday, March 2.

Dallas Buyers Club is
inspired by true
events. Matthew
McConaughey
portrays the real-
life character Ron
Woodroof, who
is an electrician and rodeo cowboy. In
1985, he is well into an unexamined
existence with a devil-may-care lifestyle.
Suddenly, Ron is blindsided by being
diagnosed as HIV-positive and given 30
days to live. Yet he will not, and does not,
accept a death sentence.

Dallas Buyers Club has been nomi-
nated for six Academy Awards, includ-
ing Best Picture, Best Actor and Best
Supporting Actor. The film is 1 hour and
56 minutes in length and showtime will
be at 1 p.m.

We invite submissions
from local poets. Anyone interest-
ed may submit
their work via
email to tutsie@
comcast.net. Each week, indi-
vidual work will
be showcased.
Sanibel Island:

**Book Signing Event!**

**March 2nd & 3rd**

12-2pm & 4-6pm

Details Online

Meet The Author!

Ft. Myers Beach:

975 Rabbit Rd.
Sanibel Island, Fl 33957
239.472.8311

708 Fisherman's Wharf.
Ft. Myers Beach, Fl 33931
239.765.9660

Captiva Island:

South Seas Island Resort
Captiva Island Fl 33924
239.312.4275

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It’s All About the Food & Fun
‘Ding’ Darling And Doc Ford’s Tarpon Tourney

A 100 percent purse and Randy Wayne White’s participation promise to make the 3rd annual “Ding” Darling & Doc Ford’s Tarpon Tournament on Saturday, May 3 the hottest competition on the water.

Award-winning Doc Ford murder-mystery series novelist White has already signed on for fishing the tournament, in which 100 percent of the entry fee ($500 per boat of up to four) will be distributed as tournament awards.

“I’m really looking forward to the tournament,” said White, a former area fishing guide. “It’s for such a great cause, and a good excuse to get out and meet people and hopefully hook into some feisty tarpon.”

Following the catch-release-and-care competition, the Silver King For “Ding” After-Party will be open to the public, with limited tickets available at $50 for each non-fisherman, including dinner and a silent auction. The Captain’s Dinner will take place the previous evening, on Friday, May 2 at Doc Ford’s Rum Bar & Grille on Fort Myers Beach.

Doc Ford’s – with locations on Sanibel Island, Captiva Island and Fort Myers Beach – has again committed to being the title sponsor for the 2014 tournament, along with the “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS). Proceeds will benefit wildlife and conservation education at JN “Ding” Darling National Wildlife Refuge on Sanibel.

“There’s not another tarpon tournament like it in the area,” said Marty Harrity, Doc Ford’s co-owner. “In past years, we’ve had fishermen from all over the country.”

“Doc Ford’s has been a faithful supporter of our efforts at ‘Ding’ Darling, helping greatly to bolster refuge programs and research to balance federal budget shortfalls,” added Birgie Miller, DDWS executive director. “Last year, we raised $40,000 for the refuge as a result of sponsorships, donations and auction proceeds. We’re so grateful to Doc Ford’s for this huge effort in our behalf.”

For more information on the tournament, visit www.dingdarlingtarpontourney.com. Anyone interested in becoming a tournament sponsor should contact Miller at 292-0566 or director@dingdarlingsociety.org.

Tournament sponsors include: Title Sponsor, Doc Ford’s Rum Bar & Grille; Presenting Sponsor, Diversified Yacht Services of Fort Myers Beach and Sanibel Bean; Platinum Sponsors, Florida Weekly, Lamar Advertising and Suncoast Beverage; Gold Sponsors, Bella Signs & Designs and Sanibel Captiva Community Bank; Silver Sponsors, Myers, Brettholtz & Company, PA; and the Sanibel Island Fishing Club.
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Mary & Fred Bondurant are proud to represent clients in the purchase or listing of these fine properties.

OPEN HOUSE SUNDAY 11AM - 3PM

Adorable East End Condo
Located on desirable east end, this adorable ground level, corner unit is beautifully upgraded. Relax on your lanai and take in the tropical landscaping and a view of the canal. Bait that hook and head to the marina and fishing pier that are close by! Enjoy east end restaurants, shopping and quick access on and off the Island. This is a great opportunity to buy on Sanibel at a terrific price! Captains Walk #C1
Offered at $319,000

OPEN HOUSE SUNDAY 11AM - 3PM

Garden Apartment on the Gulf
A Sanibel Island tropical paradise on the Gulf of Mexico. This breathtaking location has an enchanting botanical garden and a wide stretch of private shell covered beach. Wonderful condo amenities also include a community room, laundry, gas grills, pool and tennis courts. This 2 bedroom, 2 bath garden apartment offers unlimited possibilities as a private or investment property. Sanibel Moorings #422
Offered at $475,000

OPEN HOUSE SUNDAY 11AM - 3PM

Immaculate Home in the Dunes
Immaculately maintained 3 bedroom, 2 bath home in the Dunes Golf and Tennis Community. This home features a large living room/dining room combination and a tiled kitchen. The living room sliding glass doors lead to a large screen enclosed deck where you can enjoy a lovely dinner or an evening relaxing while watching sunset skies! Just steps away from the Dunes clubhouse and tennis courts. 950 Sand Castle Rd.
Offered at $549,000

OPEN HOUSE FRIDAY 11AM - 2PM

Immaculate East End Canal Home
Magnificent Canal View in the desirable neighborhood of Shell Harbor. With 3 bedrooms plus a den/office and 2.5 baths this home has a wonderful flow. Enter through the outdoor atrium into this immaculate home with canal views. Other features include screen enclosed pool/lanai area with a hot tub, fireplace in the family room, boat dock & lift and a deck off of the Master Bedroom suite. Deeded beach access. Enjoy quiet East End living with easy access on and off the Island.
1001 Kings Crown.
Offered at $975,000 PRICE REDUCED

Immaculate Home in the Dunes
Immaculately maintained 3 bedroom, 2 bath home in the Dunes Golf and Tennis Community. This home features a large living room/dining room combination and a tiled kitchen. The living room sliding glass doors lead to a large screen enclosed deck where you can enjoy a lovely dinner or an evening relaxing while watching sunset skies! Just steps away from the Dunes clubhouse and tennis courts. 950 Sand Castle Rd.
Offered at $549,000

Mary Cell: 239.839.3633  Fred Cell: 239.281.5356

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OPEN HOUSE FRIDAY 11AM - 2PM

Location is Everything
Beautiful 3 bedroom, 3 bath home situated on a quiet cul-de-sac in the Dunes Golf and Tennis Community. This home features tiled flooring and the large living/dining room is enhanced by a stunning wood, tongue and groove vaulted ceiling. Sliding glass doors open on to a glass and screen enclosed porch overlooking the pool with a sweeping golf and water view. This home also offers a permitted, private guest suite with bath just off the pool. This is definitely a must see! 1182 Kittiwake Circle.

Offered at $745,000

OPEN HOUSE FRIDAY 11AM - 2PM

Sweeping Lake & Golf Course View
You will be amazed by the spectacular lake and golf course views from this ground level 2bd/2ba, pool home located in the Dunes Golf and Tennis Community. Relax and enjoy the views from the open, screened-in lanai or take a dip in the pool with its new energy efficient pool pump. This is a wonderful location for bird watching or watching a “birdie” on the golf course. 1481 Sand Castle Rd.

Offered at $539,000 PRICE REDUCED

A Tranquil Paradise
Stunning Florida Style 3 bedroom, 3 bath home in desirable neighborhood of Sea Oats. Enter into a bright and airy Great room with a fireplace, wet bar and three French doors that lead to a glass and screen enclosed porch overlooking a beautiful pool and lush landscaping. Other features include bay windows, central vac, beautiful cabinetry throughout and a two car garage with loads of storage space. Near beach. A beautiful and tranquil paradise! 473 Sea Oats Drive.

Offered at $835,000 PRICE REDUCED

Nicely Upgraded
Nicely Upgraded Immaculate 2BD/1BA home in the Dunes Golf and Tennis Community. This home features an open floor plan, the living room features a stone fireplace, gorgeous wood floors and a vaulted ceiling with wood beams. The kitchen has new countertops and the dining room sliding glass doors open to a porch overlooking the private/screened pool. The master bedroom includes an extra large 10X6 walk-in closet and a separate private screened porch with a view of the beautiful landscaping. 1076 Sand Castle.

Offered at $620,000

Adorable Island Home in the Dunes Community
Bright open floor plan in this Dunes 3BR/2BA home which lends itself to beautiful architectural design. The vaulted ceilings in the living area & decking off all bedrooms and an open kitchen add to the open airy feel. Close to San Carlos Bay at Bailey Rd for fishing, kayaking or sunning. Only a few homes away from the Dunes Clubhouse. The best priced 3BR/2BA home in this community! 970 Sand Castle Rd.

Offered at $525,000 PRICE REDUCED

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Tree Tops Center Office Condo
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NEW OPPORTUNITY

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Nestled in the heart of Sanibel Island’s tourist district, Dolce Tesoro/Simply Cupcakes is renowned among residents and visitors as Sanibel’s premier source for Queenie’s Ice Cream, Lavazza fine Italian coffee and Simply Cupcakes gourmet cupcakes. Currently rated # 1 on Trip Advisor! The quaint atmosphere of Dolce Tesoro/Simply Cupcakes is accentuated by authentic cobblestone floors and bright and energetic display cases. Offered at $49,000
Highlights From Noah’s Ark 50th Anniversary And Fashion Show

On February 10, The Episcopal Church Women of St. Michael & All Angels Church celebrated the 50th anniversary of Noah’s Ark Thrift Shop with an annual fashion show, which drew the largest crowd ever. Here, Rev. Dr. Ellen Sloan, left, introduces one of the show’s volunteer models.

Rev. Dr. Ellen Sloan enjoys a light moment during the fashion show.

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Rev. Dr. Ellen Sloan enjoys a light moment during the fashion show.
Island Seniors At The Center 4 Life

Meet your friends and make some new at the Center 4 Life. Browse through the following activities, then stop by to sign up.

iPad & iPhone Classes – Instructor is Ronda Selle Wallis
  * iPad Introduction: March 4 and 6
  * iPad Intermediate: March 11 and 13
  * iPhone Intermediate: February 18 and 20

A session includes a Tuesday and Thursday from 9 to 11 a.m. Cost is $60 per session for members and $90 per session for non-members. Class size is limited to four. You must provide your own device.

Coping with Life Series
  * Friday, February 21 at 1:30 p.m.
  The topic is Isolation: The Enemy of Positive Aging with Rita Southern, director of assisted living and resident support services at Shell Point Retirement Community. Are you struggling to meet the daily challenges that accompany the normal aging process? This presentation examines the positive steps that an individual can take as they encounter the frustrations that aging will often present on a daily basis. It is focused on providing insight on how to stay connected to your community as you age and when energy becomes a valuable commodity.
  * Friday, February 28 at 1:30 p.m.
  The topic is Scam Prevention with Kurt Schulte, police detective with the Sanibel Police Department. In society today, fraud prevention, online privacy and cyber security can be hard to understand and difficult to manage. Here are some objectives for scam prevention training:
  1. How to recognize and protect yourself from identity theft, frauds and scams; 2. Safe practices for online and email usage; 3. What to do if you become a victim of identity theft; 4. How to obtain a free credit report.

Thanks for the Memories: A Visit with Dolores Hope by Damaris Peters Pike – Friday, March 7 at 1:30 p.m. Pike is professor emeritus of music at Hiram College and a center favorite. She is the founder of Women of Note, a speaking series that dramatizes the lives of women in music. She will be portraying Bob Hope’s wife Dolores, who was a singer and philanthropist. Pike’s dramatization will include songs and stories about Bob Hope’s rise to becoming a Hollywood star. Register at the center due to limited seating. Members are $5, non-members are $10.

Page Turners with Ann Rodman – To be on the Page Turners list, email annrodmarni@aol.com or contact the Center 4 Life. Wednesday, March 12, the featured book is Life of Pi by Yann Martel. The movie will be shown at 12:30 p.m. Bring lunch or a snack. Immediately following the movie (around 2:30 p.m.) will be discussion of both the book and movie.

AARP Safe Driving Classes – Thursdays, March 20 and 27, 1 to 4 p.m. Classes are held in the Center 4 Life building on Library Way. Cost is $20 with a $5 discount for AARP members. Participants will be eligible for a discount on their auto insurance. Register by calling Ed Vander Hey at 292-4012. No membership required.

Games:
  * Bridge – Monday and Wednesday at 1 p.m. Cost is $2.50 for members and $5 for non-members. Prizes are awarded.
  * Hand & Foot – Tuesday at 1 p.m. Cost is $2.50 for members and $5 for non-members. Prizes are awarded.
  * Canasta – Tuesday at 1 p.m. Cost is $2.50 for members and $5 for non-members. Prizes are awarded.
  * Mahjongg – Thursday at 1 p.m. Cost is $2.50 for members and $5 for non-members. Prizes are awarded.

Trips:
  * Ybor City Tour and Tampa Bay History Center – Tuesday, February 25. Cost is $79 for members and $89 for non-members. Includes round-trip transportation, guided walking and riding tour of Ybor City, lunch at Spaghetti Warehouse (converted from a cigar factory) and tour of Tampa Bay History Center. Deadline to sign up is Friday, February 21.
  * Ybor City Tour – Monday, February 26.
  * Historic St. Augustine Three-Day Tour – Sunday through Tuesday, March 2 to 4. Cost is $349 per person, double-occupancy for members and $399 per person, double occupancy for non-members; $499 single for members and $549 single non-members. Includes round-trip transportation, three days and two nights at branded hotel with five meals (two breakfasts, two dinners and scenic lunch cruise on the St. John’s River), private trolley tour of St. Augustine with all day hop on, hop off privileges, free time in the historic area. Deadline to sign up is Wednesday, February 26.
  * From Batman to Bond – The Dezer Collection of Cars & More – Monday, March 3. Cost is $69 for members and $79 for non-members. Includes round-trip transportation, admission to the Dezer Collection in North Miami/Sunny Isles and lunch at the museum. See over 1,000 of the most collectible vehicles in the world, including Cars of the Stars and the James Bond Collection. Depart from Fort Myers at 7:30 a.m. Deadline to sign up is Wednesday, February 26.
  * Clewiston Sugar Tour with Lunch at The Clewiston Inn – Wednesday, March 5. Cost is $79 for members and $89 for non-members. Includes round-trip transportation, guided tour to hear about the history of Clewiston’s agricultural growth and lunch at The Clewiston Inn. Depart from Fort Myers at 8:30 a.m. Deadline to sign up is Wednesday, February 26.

Fitness Classes:
  * Classes are available and all ages are welcome. Cost is $3.50 for members and $6 for non-members. Annual membership is $20. Sanibel Recreation Center members must show their membership cards to attend.

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. This class keeps your brain fit and your heart, continued on page 25B
Hundreds Involved In Planning Ace Group Classic Tourney

by Ed Frank

The 27th Ace Group Classic golf tournament is over. The players have departed, the viewing stands taken down and the chore of restoring the TwinEagles Golf Club to its pristine pre-tournament condition has begun.

But did you know what it takes in the way of planning, logistics and the hundreds of tasks that must be accomplished to stage a tournament of this magnitude?

The prime responsibility rests with tournament director Gail Graham, a former successful golfer on the LPGA Tour and former president of the LPGA Tournament Owners Association, who took over the Ace Group Classic reins last October.

“I've had the experience of playing golf professionally and working outside the ropes in various jobs, so this is a natural fit,” she said. “We also had a great staff in place when I came here.”

There are five permanent staff members here year round, all employees of the Octagon, a worldwide company that owns the local tournament franchise. Contracting vendors and corporate suites, securing local sponsors, developing marketing programs, securing county building permits and booking hotels and banquets – the pre-tournament responsibilities appear endless.

Prior to the tournament itself, Octagon supplements the local staff with about 12 representatives brought in from Arkansas, Texas, Michigan and North Carolina who remain during tournament week.

About 700 volunteers are recruited and trained for more than 20 specific jobs such as concessions, marshals, transportation on and off the course, players' services, ecology and many, many more tasks.

About a month before the tournament, work begins on the course to assemble the grandstands and suites, installing miles of electrical cable for TV, scoreboards and communication systems, erecting concession stands, the placement of hundreds of signs and a myriad of other details.

Just how much damage occurs to the magnificent TwinEagles links with thousands of fans trooping the grounds for a week? Interestingly, according to Graham, very little as the crowd is confined to the roughs and a few fairway crossings.

“Within a month, you would never know a tournament was held here because everything grows so fast in Florida,” she said. And within a week to 10 days, all of the temporary tournament facilities have been removed, she added.

The Ace Group Classic is one of the longest running tournaments on the Champions Tour. The Ace Group sponsorship runs through the 2016 tournament as does the contract with TwinEagles, with additional options for both, thus adding continuances for the popular event.

The enthusiasm and commitment that Gail Graham brings to this local tournament is reflective of her past accomplishments in the field of golf.

A native of Canada, she began playing golf at the age of 13 and was an amateur champion there before attending Lamar University in Beaumont, Texas, where she was an Academic All-American in 1986.

In 1988, she turned professional and won the Canadian PGA Ladies Championship. She played on the LPGA Tour from 1990 to 2006, winning twice, the Fieldcrest Cannon Championship and the Alpine Australian Ladies Masters.

She continues to compete on the Legends Tour on the World Team that won the Handa Cup last October.

The thought perhaps that running a large tournament like the Ace Group is a man's job. Gail Graham proves it is not.

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A CPA spends years preparing for moments just like these.
The Dunes Golf Club

Championship Quarterfinal Round

Results from the quarterfinal round of the 2014 Dunes Men’s Golf Association Club Championship held Monday, February 17, at The Dunes Golf and Tennis Club, were as follows:

Championship Flight
(1) Bob Rohl def. (8) Jack Czarnecki 4 and 2
(2) Jerry Muench def. (7) Gordon Rains 4 and 3
(6) Felix Curcuru def. (3) Tom August 1 UP
(5) Noel Davis (defending Champion) def. (4) Doug Mallon 4 and 3

Platinum Flight
(1) Bob Schoen adv. with a bye
(2) Bill Hotchkiss adv. by forfeit
(3) Terry Finzen def. (6) Roger Blouin 2 UP
(5) Tom Veratti def. (4) Skip Jewett 1 UP

Gold Flight
(1) Joe Raboy def. (8) Tom Winkler 3 and 2
(2) Jim Bradford def. (7) Dave Blue 4 and 3
(3) Frank Cassavell def. (6) Dick Hopkins 1 UP
(5) Jim Boughton def. (4) Don Weymouth 1 UP

Silver Flight
(8) Greg Jennings def. (1) Jack Pagel 4 and 3
(7) Howard Dwyer def. (2) Bob Lindman 2 UP
(3) Stan Hirschfeld adv. by forfeit
(5) Bruce McLaughlin def. (4) Bob Kent 1 UP

Gold Flight
(1) Joe Raboy def. (8) Tom Winkler 3 and 2
(2) Jim Bradford def. (7) Dave Blue 4 and 3
(3) Frank Cassavell def. (6) Dick Hopkins 1 UP
(5) Jim Boughton def. (4) Don Weymouth 1 UP

Bronze Flight
(1) Mike Hnatow def. (8) Ken Grosse 2 and 1
(7) Dan Alton def. (2) Tom Donovan 4 and 3
(3) Ray Galligan def. (6) Bruce Sprinkle 4 and 2
(5) Pat McNeilus def. (4) Dod Wainwright 3 and 1

The semi-final round was held Wednesday, February 19.

Sanibel 8-Ball Pool League

Ball Busters Extend Lead

Rich Ennis, Bunt’s Ball Buster’s top shooter, came off of five weeks of rest and relaxation and showed that his short vacation did not adversely affect his game. Ennis won his four games against Odd Ball’s Ray Walker. Dave Doane, Terry Ricotta and Bob Buntrock chipped in with three wins each for the victorious Ball Busters as they routed second place Odd Balls, 13-3. With four weeks left of league play, the win almost assures the Ball Busters of their fourth top finish in seven years of league play.

Sandycappers and Sanibel Café played to an 8-8 tie, with Jack Dalton posting three wins for the Sandycappers and Joe Mason doing the same for Sanibel Café. Both teams picked up five games on second place Odd Balls. Sanibel Café is now in third, nine games behind the Odd guys and Sandycappers is in fourth, six games behind Sanibel Café.

Gator Gates, captain of the Fresh Legion Crew, showed he’s still a force to be reckoned with as he pounded Island Lifer ace Steve Gordon, 3-1. His teammates, Tom Yorgey and Jerry Welker, backed him up with two wins each over Jack Cunningham and Tom Walters.

Standing | Team Name          | Won | Lost |
----------|--------------------|-----|------|
First     | Bunt’s Ball Busters| 209 | 95   |
Second    | Odd Balls          | 175 | 129  |
Third     | Sanibel Café      | 164 | 140  |
Fourth    | Sandycappers       | 158 | 146  |
Fifth     | Island Lifers     | 116 | 188  |
Sixth     | Fresh Legion Crew  | 90  | 214  |

February 17 Results

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<thead>
<tr>
<th>Team Name</th>
<th>Won</th>
<th>Lost</th>
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<tr>
<td>Bunt’s Ball Busters</td>
<td>13</td>
<td>3</td>
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<tr>
<td>Fresh Legion Crew</td>
<td>9</td>
<td>7</td>
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<tr>
<td>Sanibel Café</td>
<td>8</td>
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Exercise, Athletics And Aging Talk

Claire Coolbeth, a doctor of physical therapy and certified strength and conditioning specialist, will present a program and lecture on Tuesday, February 25, at 11 a.m. at the Sanibel Recreation Center in recognition of Healthy Heart Month.

The program is free and open to the public.

Coolbeth will discuss the age-related changes that affect body systems and how to stay injury-free and active into your nineties. She will demonstrate techniques to stay flexible and strong, as well as review modifications to increase safety during exercise and sports activities.

Her presentation will include fitness tips appropriate for varied athletic levels and ages.

Along with her skills in treating orthopedic and sports injuries at the Island Therapy Center on Periwinkle Way, Coolbeth is an avid runner and cyclist, completing 10 marathons, a half Ironman triathlon and scores of distance running and cycling races.

To pre-register, call the recreation center at 472-0345.

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- Excellent Rental History
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Best Priced Beach Home - Sanibel Island

- 3BD/3.5BA on 2 Levels
- Completely Decorated & Furnished
- Virtual Tour: www.4809Tradewinds.info
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- Expansive Gulf Views
- Close to All Amenities
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- Expansive Gulf front Western View
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- Private Corner Unit, Wrap Around Lanai
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- Jennifer Berry 239.472.3535

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- Incredible Views from Glass Enclosed Lanai
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- Deeded Beach Access
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- Private Setting-Deeded Beach Access
- Custom Built - One Owner - Many Upgrades
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- Jim Brannon 239.565.3233

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- Almost 2 Acres of Private Bay Front Tranquility
- Boat Lift & Dock
- $1,995,000  MLS 2130947
- Burns Family Team 239.464.2984

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- Beautiful Sunset Views
- New Pool & Spa
- Great Rental Income
- $2,249,000  MLS 2120780
- McMurray & Nette 239.850.7888

East End Canal Home

- Remodeled 3BD/2.5BA
- Open Kitchen w/Granite Counter Tops
- Pool & Spa with Caged Deck
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- Burns Family Team 239.464.2984

Sunset South

- 2BD/2BA Condo w/Expansive River Views
- Garage & In-Unit Elevator- Updated
- Directly Across From Beach
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- Gorgeous Gulf Front 3BD/3BA
- Low Density, East End Location
- Pool, Private Garage, Large Floor Plan
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Wedgewood Penthouse

- Gulf Views Over the Brick Pavered Pool
- Spacious 3 Bedrooms, 3.5 Baths
- Full laundry/Utility Room + Den
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- Burns Family Team 239.464.2984

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- Excellent Rental History
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When one looks upon artist David Ruhe and the varied subject matter of his works, finding a single adjective to describe his paintings would be an exercise in futility.

“Art is a two-time Best of Show winner at the Hemingway Festival (1998 and 1999). His works may be found in the private collections of Gov. Jack Dalrymple of North Dakota and film producer Jon Landau (Titanic and Avatar) as well as several art galleries across Florida.

Ruhe lived on Sanibel during the 1990s, then moved to Fort Myers and Jupiter, Florida, and returned to the island last fall. He explained that he typically works on a painting for one-and-a-half to two weeks. However, the ideas for his new creations are always coming.

“Doing the same thing over and over again gets boring,” he said. “Art should be fun and interesting. I’ll never retire... I’ll keep on painting as long as I can hold a brush.”

To view Ruhe’s artwork, visit Sanibel Art & Frame, located at 630 Tarpon Bay Road in the Olde Sanibel Shoppes. Gallery hours are Monday through Friday from 9 a.m. to 5 p.m. and Saturday from 10 a.m. to 4 p.m. For more information, call 395-1350 or visit www.sanibelartandframe.com.
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Spectacular gulf views from lanai and master bedroom in this updated gulf front luxury condo. Rare opportunity third floor gulf front in this beautifully maintained large property. Glass lanai providing additional living area to an already spacious and desirable floor plan. Large master suite with walk in closet. 2nd bath services the guest bedroom and den or 3rd bedroom. Maple wood floors throughout. Updated kitchen with stainless steel appliances, granite and wood cabinets. Mirrored hallway entrance and crown molding in great room. Amenities include oversized swimming pool and tennis court. $1,899,000.

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Youngsters Take Part In Trike-A-Thon

The Children’s Education Center of the Islands hosted a Trike-A-Thon fund-raiser for St. Jude’s Children’s Hospital. Throughout a week-long preparation, the students learned about bike safety such as wearing their helmets, riding on the bike path and being cautious when crossing a driveway, all important lessons on a bike-friendly island. They then rode their tricycles and bicycles around the figure-eight bike path on the playground.

The students, families and friends raised over $1,400 for St. Jude’s Hospital.

1st Gordon Rains 56.5
Mo Rains
Doug Mallon
Jeanne Mallon
2nd Bill Walsh 56.7
Terry Walsh
Hank Humphrey
Ann Humphrey
3rd Jerry Muench 57.4
June Muench
John Hendricks
Karen Hendricks
4th Dod Wainwright 60.4
Annie Wainwright
Howard Dwyer
Margaret Dwyer

Closest To The Pin
Terry Walsh #2
Jim Clapp #9†
The Dunes hosted its **LIVE COMEDY SHOW** last Thursday, bringing Laugh-In Comedy Cafe to the island. Members and guests enjoyed an evening of dinner, drinks and lots of laughs with comedian James Yon. By the end of the night, even the audience went on stage for some island fun. Come join the Dunes every week for new and exciting event nights and save the date for the **next Comedy Show**, **MARCH 6th**, featuring G David Howard.

**THE DUNES 3.5- LADIES TENNIS TEAM** swept all four matches against Team Lexington last Wednesday during a competitive and exciting match. A lot of practice with Dunes Pro Jeff Solomon and a little home court advantage led the ladies to a victorious afternoon. After the match, the ladies raised their winning glasses of champagne in the clubhouse for a well deserved victory toast! The Dunes has 6 Ladies Teams and 5 Mens Teams that play weekly in the Lee County Tennis League and the club also hosts weekly clinics and round robins for tennis players of all levels. **COME OUT AND PLAY!**

For Reservations, call 239.472.3355 and visit www.dunesgolfsanibel.com for more information.

The Newest Dunes Members Whalens and Stiglers pose with Comedian James Yon

Top Row, Left to Right, Dunes Pro Jeff Solomon, Sherri Hughes, Ann Kurn, Clarence Kursds, Comedian James Yon, Ron Pfl erand, Diane Cortese

Al Marty, Pat Kursds, Jayne Lumley, Ann Kurn, Clarence Kursds, Comedian James Yon, Ron Pfl erand, Diane Cortese
Twins Travel Director Moves
Baseball Team 30,000 Miles A Season

by Ed Frank

His formal title is director of team travel but in actuality he is “Mike the Mover,” with the awesome task of handling the transportation, housing and a myriad of other details for the Minnesota Twins during the long coast-to-coast 30,000-mile baseball season.

The job requires endless planning, patience, rapid-fire decisions, a keen understanding of airline travel and a steady, cool personality.

And this describes Mike Herman, the Twins director of team travel, one of 30 baseball executives charged with these responsibilities from season start to season finality. And the job, to a lesser degree, also includes spring training.

Herman, 38, was thrust into this job in the middle of the 2012 season after beginning his career with the Twins 15 years ago as an intern and working his way up to director of baseball communications before this present complex assignment.

“I devote the off-season to mapping our schedules, negotiating rates, reserving at least 65 hotel rooms in every city we play, chartering buses for local transportation and equipment handling arrangements,” Herman said.

And that’s just the beginning of this multi-million dollar program.

Throughout the season, the Twins, like all teams, are constantly shuffling players from the Major League team to the minors and in reverse due to injuries, promotions and demolitions. The call might go out to get a minor leaguer, for example, in Rochester, New York, to Oakland, California by the next day.

“That’s my job to get him on the first plane available,” he said. And this occurs dozens and dozens of times throughout the season. Obviously, Herman must travel with the team.

During our interview, his phone rang and two players flying from Venezuela to Atlanta had their flight canceled in Atlanta to Fort Myers due to an ice storm. Unruffled, he said he would figure something out to get them here for the start of Spring Training.

Each Twins charter flight carries 50 to 55 persons including players, broadcasters, trainers, coaches and administrative personnel. Even the menu planning aboard flights is closely administered by the team trainer and the four lead Delta flight attendants.

Flight manifests and hotel rooming lists must be filed prior to each trip. The Twins open the 2014 season March 31 in Chicago and these documents must be filed by March 15—a near impossibility since the Major League roster will not be finalized until the closing days of Spring Training.

“I’ll do some guessing and changes,” he said.

The season is not without off-field incidents and unusual requests for Herman.

Early one morning, his phone rang with an urgent message from a player to come down to his hotel room immediately.

“I honestly didn’t know what to expect and all kinds of horrors ran through my mind,” Herman said.

The player had turned on the hot water in the shower to steam wrinkles from a shirt. Then he proceeded to fall asleep and the hot water and steam ran for 10 hours. When he awoke, the paint from the room had peeled from the walls, “I guess I was relieved it wasn’t worse,” he laughed. But the player had to pay for the room to be repainted.

Another urgency occurred last season when All-Star Joe Mauer was notified that his wife had gone into labor early prior to the birth of their twin girls. She was in Minneapolis and the team was in Anaheim, California.

The call came in at 6 p.m. and Herman quickly arranged a charter flight for Mauer. He arrived at the hospital 25 minutes before delivery.

As Spring Training opens this week, Herman is on hand with his phone “on ready.” It’s another season of challenges, problems and long travel. But that’s the job as director of team travel.

Mike Herman

The Dunes Golf Club
Sweetheart Tournament Winners

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Winners of The Dunes Women’s annual Sweetheart Tournament are, from left, Anne Frymoyer, Julie O’Neill, Mo Raines and Hank Humphrey

W

inners of The Dunes Women’s Golf Association’s annual Sweetheart Tournament were the foursome of Anne Frymoyer, Julie O’Neill, Mo Raines and Hank Humphrey. Other event winners included:

Longest Drive (Women) – 10th hole, Karen Hendricks

Longest Drive (Men) – 10th hole, Gordon Rains

Closest To The Pin (Women) – 2nd hole, Carol Curcuru and 17th hole, Annie Wainwright

Closest To The Pin (Men) – 9th hole, Gordon Rains and 11th hole, Felix Curcuru.
One Best Ball

On Saturday, February 15, the Men’s League at Sanibel Island Golf Club played a one best ball net event with 80 percent handicap applied to each participant. The winners were the foursome of Tom Rathbone, Bill Sadd, Dave Bugby and Jack Tukey with a final score of 52. Captain of the team, Rathbone scored a double eagle on the par 4 sixth hole, which offset a net par on one hole. The team averaged a net birdie on every hole and finished 18 under par for the event.

In second place was the team of Rich Rompala, Jim Purviance, Rene Lobser and Dick Arnould with a score of 54. They had several net birdies and Lobser had a double eagle on the third par three hole. There was a tie for third place at 56, between the foursome of Skipp Tutor, Buddy Long, Dick Chocol and John Kilkenny, and the threesome of David Graham, Guy Tober, Tom Ware and a blind draw. Tutor’s team was awarded third in a scorecard playoff.

**SPORTS QUIZ**

1. Who was the first major-leaguer to have 40 or more steals and 30 or more home runs in his rookie season?

2. How many times did Rickey Henderson steal four or more bases in a game during his 25-year major-league career?

3. Which college football team has played in the most Orange Bowl games?

4. In 2013, Portland’s Damian Lillard became only the fourth unanimous selection as NBA Rookie of the Year. Name two of the first three to do it.

5. How many NHL players have tallied at least 155 points in a season?

6. In 2013, Chris Horner became the oldest cyclist (41) to win a Grand Tour event. Who had been the oldest?

7. Who is the only male golfer to win all three Australian majors in the same year?

**ANSWERS**

1. The Angels’ Mike Trout, in 2012.  
2. Nineteen times.  
3. Oklahoma, with 18 appearances.  
5. Three -- Wayne Gretzky (nine times), Mario Lemieux (four) and Steve Yzerman (once).  
6. Firmin Lambot was 36 when he won in 1922.  

**Adult Co-Ed Softball League**

The Spring 2014 Sanibel Adult Co-ed Softball League will start on February 26. Teams need to be registered no later than Friday, February 21. Games will be played at the Sanibel Ball Fields on Wednesday nights. League T-shirts and team trophies will be awarded to top teams. The fee is $495 per team.

An informational meeting was slated for February 19 at 6 p.m. at the Sanibel Recreation Center. For more information, or for those looking for a team, contact Kayla Schuneman at the recreation center at 472-0345 or visit www.mysanibel.com.

**VIP REALTY GROUP ANNOUNCES AWARD WINNERS!**

VIP Realty agents were recently honored at the Sanibel Captiva Association of Realtors Awards and Installation Banquet held at The Sundial Resort.

- **Shane Spring** was honored with the prestigious Realtor of the Year Award.
- **David Schuldenfrei** and **Shane Spring** were honored with The President’s Award for their hard work in fighting SWFL water quality issues and changes to floor insurance guidelines.
- **David Schuldenfrei** was also inducted as the 2014 Sanibel Captiva Association of Realtors Board President.
- **Janie Howland** was presented with the Community Service Award for her many years of involvement with local charities and organizations.
- **Diane Barr**, VIP Realty’s Office Manager, was honored as the Support Person of the Year.
- **Joel Goodman** and **Martha Smith** were sworn in as new Board Members for the Realtor Board.

“Jaim very proud of all of these hardworking VIP Agents” commented Jim Hall, Managing Partner of VIP Realty. “VIP is consistently a strong supporter of our Real Estate Board and local community.” VIP Realty Group is the oldest and most successful Real Estate Company and was founded on Sanibel in 1975 with eight offices throughout Lee and Collier Counties. VIP offers Real Estate sales, rentals, title and mortgage services.

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RESTAURANTS

The variety of dining options on Sanibel and Captiva just keeps getting better. For their size, the islands offer an extensive culinary array — all making the most of the area’s fresh and abundant seafood and local produce. You’ll find everything from burgers to barbecue, bistros, Italian, Mexican, American, classic deli fare, organic, vegan, gluten-free, café food and Caribbean.

In this column, each week you will be able to stay updated on our local dining establishments and what they’re offering and get the scoop on the island dining scene, whether it’s fine or casual, take-out or frozen desserts.

BAILEY’S GENERAL STORE
Bailey’s General Store has a full deli, bakery, daily lunch specials, take out and catering for cook-outs, picnics and parties. This is the oldest supermarket on the islands, established long before a causeway linked Sanibel to the mainland.

The bakery has freshly made donuts, scones and breads. The deli offers a variety of hot foods for breakfast, lunch and dinner, as well as catering services for special events. Services include shopping for your groceries and delivering them to your home or vacation destination. If you are on a gluten-free diet, pick up the extensive list of gluten-free products near the entrance to the supermarket.

The Coffee Bar at Bailey’s serves expresso based drinks, hot chocolate,smoothies and specialty coffees.

BENNETT’S FRESH ROAST
Bennett’s Fresh Roast has prided itself on its fresh-from-scratch doughnuts made daily and serving fresh roasted coffee from the finest beans resulting in the most flavorful and freshest cup of coffee around. Bennett’s also offers fresh desserts including praline bread pudding, lemon bars and pies and packaged whole bean or ground coffees, breakfast muffins, oatmeal and bagels.

On the weekends, Bennett’s Strata, a layered baked breakfast dish, is a regular seller. Tea lovers can choose from a large variety of Harney & Sons Fine Teas. Lunch offerings include paninis, soups, sandwiches, three signature salads and Bennett’s Chicken & Donut and Donut Dog.

BLUE GIRAFFE
Blue Giraffe serves breakfast, lunch and dinner from 10 a.m. to 9 p.m. This restaurant offers casual dining seven days a week from a menu featuring fresh local seafood, Chowders, salads and steaks. Besides dessert choices, you can get hand-dipped Edy’s Ice Cream.

Dine outside on the boardwalk or inside at hand-painted tables decorated by a local artist, or sit at the full liquor bar for a mixed drink, glass of wine or cold beer.

CIP’S PLACE
Cip’s Place is named for the late Jimmy Cipriani, a longtime islander and owner of the property on which the restaurant sits. Jimmy always made time for a good conversation, good company and great food. In Jimmy’s memory, Cip’s style is itself as a local watering hole. A mural that runs up an entire wall shows islanders through the ages — including Cip — and if you don’t recognize them all, ask to see the “key.”

Food choices range from “comfort” to culinary with some Caribbean and Italian favorites as well. And do try the homemade potato chips, the fried buttermilk chicken with sage gravy and the snapper tacos.

Choose between the outdoor garden patio or front porch. Indoor seating and full bar are also available. Hours are 11:30 a.m. to 9:30 p.m. daily with happy hour from 4 to 6 p.m.

CHIP’S SANIBEL STEAKHOUSE
Chip’s Sanibel Steakhouse has many great options for locals and tourists alike. It’s open seven nights a week with a daily happy hour from 5 to 6 p.m., featuring two-for-one drinks and $4.95 appetizers. For early diners, there’s a three-course prix fixe menu for $35 including a cocktail. In addition to an updated wine list, seasonal house-infused liquors such as strawberry-jalepeño tequila, blood orange vodka and cucumber gin are available.

The menu features steaks and seafood, including a six-ounce filet mignon topped with jumbo lump crabmeat finished with Hollandaise and served with asparagus “and choice of potato; Parmesan-crusted seabass served with mushroom risotto and finished with a creamy dill sauce. Save room for dessert though, because whether you are a chocolate lover or Key lime pie fan, Chip’s has something for every sweet tooth.

CROW’S NEST AT ‘TWEEN WATERS INN
The Crow’s Nest at ’Tween Waters Inn is a more casual place than its sister the Old Captiva House. It’s home to the famed Captiva Crab Races on Mondays and Thursdays and is a popular venue for live entertainment on Fridays and Saturdays.

There is a nightly happy hour.

DOG FORD’S RUM BAR & GRILLE
Doc Ford’s Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White’s best-selling mystery novels. This summer, in addition to its Sanibel location, Doc Ford’s added a Captiva location, in Chadwick’s Square.

It’s a well-known gathering place and tropical theme sports bar with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chutney glaze or a marinated grilled chicken sandwich. The fish tacos are an island favorite and there’s a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito.

THE DUNES RESTAURANT
You may not be aware that the restaurant at The Dunes Golf & Tennis Club on Sanibel is open to the public for lunch and dinner.

The clubhouse offers great views of the lush greens and fairways and the sunsets are spectacular.

There’s a new gourmet chef on board, a brand new lunch menu and sunset dinner specials every night. In addition, there are comedy nights, wine dinners, trivia nights, murder mysteries and Name that Tune.

GEORGE & WENDY’S SEAFOOD GRILLE
George & Wendy’s Seafood Grille features live music Fridays and Saturdays and Karaoke on Thursdays. Specials include prime rib on Tuesdays for $18, snow crab legs on Wednesdays for $18, and Friday night fish fry, $15.

Happy hour is celebrated from 11 a.m. to 6 p.m. The full bar has an extensive wine list, 20 beers on tap, local, domestic and craft beer, mojitos, martinis and tropical favorites.

Football specials are served in the bar area during NFL games and Saturday college games. Food specials include 50-cent wings, $1.50 sliders and $2 chili cheese jumbo hot dog. For $5, choose from pretzels with beer cheese, chicken quesadilla, jalapeno poppers, loaded cheese fries or bravatuz. Cheese flatbread is $6.

Drink specials include $1 Jello shots, $2 drafts of Bud Light and Yuengling, $2 bottles of Bud, Bud Light, Coors Light, Miller Lite and Rolling Rock, and $2 off all wines by the glass. Bloody Marys are $3. There are free Jello shots with each Chicago or Buffalo touchdown.

Hours are 11 a.m. to midnight seven days a week.

GRAMMA DOT’S
Gramma Dot’s, the only dockside dining on Sanibel, offers a lunch and dinner menu seven days a week from “Sanibel’s only Seaside Saloon” where you can leisurely dine at the Sanibel Marina in view of luxury yachts and modest fishing boats and watch the comings and goings of seagull folk and fishermen. The menu features a full line of “only fresh” seafood, salads, sandwiches and more. Appropriate dress is required.

If you’re arriving by boat, check in with dockmaster for a lunch slip, monitor VHF 16. You can tie up for a night or two at the available dockage if you wish. Gramma Dot’s is open daily at 11:30 a.m. For dinner, arrive before 8 p.m.

GREEN FLASH
The Green Flash has marvelous waterfront views of Captiva’s bayside and Pine Sound Island. The Green Flash was built on the site of the historic Timmy’s Nook, opened in 1950. Fittingly, seafaring dominates the menu, although other options are offered as well. The Green Flash is easily navigable by boat and is located southwest of Marker 38 on the Intracoastal Waterway.

Hours are daily from 11:30 a.m. to 3:30 p.m. for lunch and 5:30 to 9:30 p.m. for dinner.

GREAT WHITE GRILL
The Great White Grill is a sports bar featuring 29 beers on tap and a good wine list. It’s home of The Great White Curtain Pizza. The beer of your choice is delivered too. The Great White carries the TV Baseball package and the NFL package for sports enthusiasts and has arcade games for kids of all ages.

The regular menu includes hand-cast fresh dough pizzas, wings, fresh chicken fingers, salads, gyros, sandwiches and burgers. Check out the Pittsburgh Salad, which consists of grilled chicken, French fries, cheddar cheese, cucumbers, tomatoes and onions on a bed of lettuce.

GREENHOUSE GRILL
The Greenhouse Grill offers happy hour pricing on a special appetizer of the day as well as beer and wine by the glass from 4 to 6 p.m. daily. The menu stretches from fresh salads, homemade soups and grilled black Angus burgers to pasta, steaks and fresh seafood. A must-have is the signature dish of the house, bouillabaisse, a medley of six seafoods prepared in a light broth of fresh aromatic herbs. All meals focus on fresh seasonal ingredients.

You can sit under the market umbrellas on the pet-friendly patio or inside the quaint and casual dining room.

The grill is open daily from 10:30 a.m. to 9 p.m. Reservations appreciated and carry out orders are welcome.

IL CIELO
Chef Neil Griffin and his team are reinventing II Cielo to bring diners creative American cuisine and internationally inspired specials in an upscale casual atmosphere. From locally caught fish, American lamb and grass-finished beef to farm fresh organic produce, there is a thoughtfully-prepared dish on the menu for everyone. Visit us to see what’s new at Il Cielo.

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The Lazy Flamingo

The Lazy Flamingo is a famous island hangout with two Sanibel locations: one at 1036 Periwinkle Way, the other – the original – at 6520 Pine Avenue, near Blind Pass. “If our seafood were any fresher, we would be serving it under water!” is the Flamingo’s motto. And that includes: shrimp, grouper, oysters, conch fritters and chowder as well as chicken.

The Flamingo Bread and the Caesar Salad are signature items. Pull up a stool to the rustic bar or take a high or low table. The interior feels like the inside of an old pirate ship with its portholes and hewn wood surfaces. The atmosphere is definitely casual and beer is available by the bottle, on draft or by the pitcher.

Matzaluna Italian Kitchen

In the mood for pizza? Matzaluna Italian Kitchen has a wood-fired oven to bake authentic pizzas, including gluten-free ones. That’s in addition to a big selection including over 20 combinations of pasta dinners from $11.95 (including soup or salad and fresh baked bread), affordable veal, tender chicken, choice steaks and seafood (Italian style) in a casual market-like setting. Gluten-free pizza is also available.

Matzaluna recently added craft beers on tap. On Wine Wednesdays, every bottle priced $25 and over will be discounted by $8 all evening. Hours are 4:30 to 9:30 p.m. and daily and happy hour is from 4:30 to 6:30 p.m.

Lazy Flamingo

Over Easy Café

Over Easy Café is a pet-friendly place with indoor and outdoor dining for breakfast and lunch. The covered patio is a popular spot. Choose from 22 different Eggs Benedict, scramblers and omelettes, 11 pancakes and French toast options, 15 egg specialties and wraps, eight salads and 26 sandwiches and burgers, plus baked goods. Beer and wine is available. Breakfast is served all day. Summer hours are 7 a.m. to 3 p.m.

The Mucky Duck

The Mucky Duck may well be the most famous restaurant on the islands due to its longevity and quirky name. Then there’s the fabulous sunsets. Patrons gladly wait on the beach for tables - this place draws crowds - sipping cocktails and beverages until they can take their seats. Reservations are not accepted.

The Duck is open for lunch and dinner, serving fresh seafood, pub-style food, sandwiches, steaks and other items.

IL TESORO

Il Tesoro serves authentic Italian food “with the taste and feel of a Tuscan holiday,” according to owner Chef AJ Black. He infuses flavors from the old world to the new world of cooking using only fresh seasonal ingredients to bring his dishes to life. Daily specials focus on pairing authentic meals with a bold array of fine Italian wines.

The Cow

The Cow serves breakfast, lunch and dinner featuring fresh local seafood and meats and has an extensive children’s menu. Starbucks coffee is also on the menu.

Breakfast is served between 7 and 11 a.m. Hours are 7 a.m. to 10 p.m.

JACARANDA

The Jacaranda Restaurant & Patio Lounge is a Sanibel mainstay with a reputation for fine seafood and steaks. Dinner is served year round and starting Tuesday, November 12, the Jacaranda will be serving lunch from 11:30 a.m. to 2:30 p.m. Monday through Saturday. You can eat inside or outside on the pretty patio with its fairy lights and tropical vegetation. The spacious restaurant and you can order a sandwich or hot food from the deli or help yourself at the well-stocked salad bar to take out.

The restaurant is open for breakfast, lunch and dinner from 6 a.m. to 8:30 p.m.

JERRY’S RESTAURANT AND DELI

Jerry’s Restaurant and Deli in Jerry’s Market is the next best thing to dining in a tropical garden. This family-style restaurant has large windows to view the lush garden with caged tropical birds that are favorites with visitors and residents. Daily specials are offered in the spacious restaurant and you can order a sandwich or hot food from the deli or help yourself at the well-stocked salad bar to take out.

Mucky Duck

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OLD CAPTIVA HOUSE AT ‘TWEEIN WATERS INN

Old Captiva House at ‘Tween Waters Inn, Captiva, offers romantic sunset dining in an historic setting with live piano music. Executive Chef Jason Miller prepares New Florida island favorites, tropical seafoods, classic meats and daily fresh-baked breads and pastries, served with an extensive selection of wines, liquors and coffees.

First built as a one-room school for children of Captiva’s pioneer settlers, the Old Captiva House still reflects much of its original charm – from white French doors to hardwood floors to the Gulf of Mexico sunset that streams through the western windows. Its collection of famed cartoonist JN “Ding” Darling’s 1930s whimsical vacation illustrations has led to its designation as a landmark in Southwest Florida.

Rosie’s Café & Grill

Rosie’s repertoire includes crab cakes, grouper and shrimp entrées and steaks with all the trimmings, Southwestern dishes such as burritos and fajitas, soup and sandwich combos, and salads. Among the most popular items is Rosie’s Famous Cheese Steak made from shaved rib eye, grilled mushrooms, onions and green peppers, Ultimate Cuban and Classic Reuben, home-made muffins and cinnamon rolls and Key lime pie, root beer floats and banana splits. A children’s menu and carry-out are also available and outdoor seating is available.

Breakfast is served from 8 a.m. to 3 p.m. and happy hour is from 3 to 6 p.m. seven days a week with two-for-one draft beer and wine and a menu that starts at $4.50 for items such as nachos with cheese and salsa and $5.50 wings and chicken tenders. The ice cream bar has 20+ flavors of locally made Royal Scoop ice cream.

Sanibel Bean

The Sanibel Bean coffee shop is java central on Sanibel Island. With its indoor and outdoor seating and free wi-fi, it’s a popular venue for laptop-toting coffee lovers to relax and check their inboxes, have breakfast or lunch or recharge the batteries in the afternoon.

Besides a big selection of coffee from around the globe and a variety of coffee drinks, The Bean has tea and other beverages and a variety of hearty sandwiches, pastries and muffins, plus other light fare.
SANIBEL CAFE
This longtime Sanibel restaurant specializes in island-style cooking in its open air kitchen. Patrons love the unique tables, which are fashioned from fossil seashells displayed in beautiful patterns in handmade shadow boxes. Home-made jams are popular. The cafe is open seven days a week from 7 a.m. to 2:30 p.m. for breakfast and lunch. In the winter season, dinner is served Monday through Saturday, 4:30 to 6 p.m.

SANIBEL DELI & COFFEE FACTORY
Sanibel Deli & Coffee Factory offers a gluten free menu in addition to regular choices, along with pizza and wings. Boar’s Head meats, frozen yogurt and ice cream. There is indoor seating as well as outdoor tables shaded with umbrellas, and free wi-fi.

SANIBEL GRILL
The Sanibel Grill has 19 big screen TVs with satellite TV tuned to every televised sporting event. The Grill shares a kitchen with The Timbers, serving the same fresh seafood, along with burgers, sandwiches, and wings, Boar's Head meats, frozen yogurt and ice cream. There is indoor seating as well as outdoor tables shaded with umbrellas, and free wi-fi.

SANIBEL SPROUT
The Sanibel Sprout is the place to go for organic, vegetarian, gluten-free take-out. All food is prepared by The Sprout's own vegan gourmet chef Nikki. To complement the food, The Sprout features an organic, sugar-free and dairy-free juice and smoothie bar.

Favorite dishes include Vegan Lasagna, Mexican Salad, Zucchini Pesto Pasta, Indian Curry, Quinoa Salad and Untuna Sandwiches. Desserts include Lemon/Citrus Tart, Fresh Berries with Cashew Creme, Raspberry Cacao Truffles, gluten-free brownies and The Sprout's popular Sproutaccino Smoothie. Last but not least, there's always good coffee and a pot of tasty soup.

SANIBEL BEACH RESORT & SPA
Sundial Beach Resort has undergone a $5 million renovation and is celebrating its first winter season open to the public in five years with three new restaurants and a new chef specializing in fresh gulf seafood and other culinary creations.

Traders is unique in that it combines a bustling restaurant with a large shopping emporium selling casual clothing, jewelry, accessories, home decorating and gift items, books and lamps.

SANIBEL CAFE
The Sanibel Cafe is open seven days a week from 7 a.m. to 2:30 p.m. for breakfast and lunch. In the winter season, dinner is served Monday through Saturday, 4:30 to 8 p.m.

TRADITIONS ON THE BEACH
Traditions on the Beach is one of the few Sanibel restaurants with beachfront dining. The menu features Italian and Mediterranean cuisine based on fresh local seafood, meats and produce. Dining is from 5 p.m. until late and there is live entertainment most nights for listening and dancing.

Besides fish and steaks, you’ll find Moroccan Lamb, roast duck, Texas Wild Boar Saddle and veal. Pasta, grilled items and a raw bar round out the menu. There’s an attractive bar area also serving food and an extensive wine and cocktail list.

TIMBERS RESTAURANT & FISH MARKET
The Timbers Restaurant & Fish Market and the adjoining Sanibel Grill are mainstays of the island dining scene, boasting 35 years of fresh fish on Sanibel Island. The restaurant offers 13 dinners for $15 daily before 5:30 p.m. plus a large selection of local seafood such as grilled shrimp, fried grouper, oysters, clams and crab cakes.

Besides specializing in fresh local seafood, the restaurant has a seafood market that opens at 11 a.m. (except Sunday, when it’s 2 p.m.)

TRADERS STORE & CAFE
Traders is unique in that it combines a bustling restaurant with a large shopping emporium selling casual clothing, jewelry, accessories, home decorating and gift items, books and lamps.

The restaurant serves bistro style food with an island flair with offerings such as black beans and rice, blackened fish and fresh salads from an open kitchen. There’s no fryer in this place!

The tables are freshly wrapped in white paper for each party and there’s a pot of colored crayons for doodling, whether you’re an adult or a child. Traders has been around long enough to have become a favored local hang-out. Lunch is served from 11 a.m. to 3 p.m., happy hour from 3 to 6 p.m. and dinner from 5 to 9 p.m. There’s live music from 7 to 10 p.m. Tuesdays and Thursdays with Danny Morgan and Wednesdays with Chris Workman.

George & Wendy’s Seafood Grille has rock music tonight, Friday, by Busted Stuff; Saturday, it’s Robbie Hutt, guitar and vocals. Sunday Jazz Brunch
is from 9 p.m. to 1 p.m. with live jazz from 10:30 a.m. to 1 p.m. Sunday is Hospitality Night with happy hour pricing from 8 p.m. to close. Tuesday is Open Mic Night from 8 to 11 p.m. with guitar and vocal performances by various local artists. Roy Schneider and Kim Mayfield will be entertaining Wednesday. Karaoke is Thursdays from 9 p.m. to midnight.

Traders Store & Cafe features music by Chris Workman on Sundays and Wednesdays from 7 to 10 p.m. and Danny Morgan and Friends on Tuesdays and Thursdays from 7 to 10 p.m.

This week’s lineup at Traditions on the Beach at the Island Inn includes: Friday, Mike Arnone and singer Barbara Smith, with music for dancing; Saturday, smooth music and dancing with Woody Brubaker and Marvila Marzan with the sounds of Broadway. Latin hits and all styles of popular dance music; Sunday, Dusk Duo with Dean & Kathy Winkelman on piano, guitar & vocals; Monday, Mike Arnone, “The Jersey Kid,” piano and vocals; Tuesday, Woody Brubaker on the piano, saxophone, and vocals accompanied by Barbara Smith; Wednesday, vocalist Paul Ventura, joined by Father Al & the Jazz Congregation; and Thursday, pianoman Joe McCormick for popular favorites and smooth vocal styling. Live entertainment starts at 7 p.m.

Scott McDonald plays piano every Friday and Saturday at Il Cielo’s Cloud 9 Grill from 7 to 9 p.m. McDonald, a Sanibel resident, has had a long music career including being pianist for singer Andy Williams.

The Crow’s Nest at ‘Tween Waters Inn will feature Taylor Stokely Friday and Saturday from 9 p.m. to 1 a.m. Chicago Mob is playing Tuesday and Wednesday nights. Crab races take place Mondays and Thursdays at 6 p.m. for families and 9 p.m. for adults.

The Mucky Duck on Andy Rosse Lane, Captiva, features music by Mark Dupuy on Mondays; Rich Lancaster, Wednesdays; Gene Federico, Thursdays and Saturdays; and Buckeye Ken, Fridays.

Sea Breeze Cafe at Sundial Beach Resort features the Danny Morgan Band Fridays from 7 to 10 p.m. and on Margarita Mondays from 5:30 to 8:30 p.m. There is also live entertainment on Saturdays from 7 to 10 p.m.

Turtles Beach & Pool Bar at Sundial Beach Resort features live entertainment every Friday, Saturday and Sunday from 1 to 4 p.m. with Danny Morgan performing on Fridays.

The Island Cow on Periwinkle Way has live entertainment on Friday with Dan Confrey; Saturday, Diana Lynn; and Sunday, Buckeye Ken.

Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299.

Stilwell’s Eighth Restaurant Is Moving Along

A new nautical-themed restaurant and fish market near the Sanibel toll plaza is taking shape after a six-week setback. Restaurant owner Sandra Stilwell said things are now moving along with her latest venture, SS Hooker’s.

“I’m very pleased that the Lee County building inspector discovered the problem and we were able to redesign and correct the problem before much further construction went on, she said.

“We lost approximately six weeks of season and that is very painful. However, I’m glad to put that behind us and move toward the goal. Far worse had it been discovered later and we wouldn’t have met the elevation guidelines.”

The restaurant will offer a lofty view of San Carlos Bay, the Gulf of Mexico and the Sanibel Lighthouse. Stilwell didn’t give a completion date but said, “The container of yacht furniture will arrive in a few weeks and we are moving along. Nora Price is my interior designer. We have worked on several projects in the past and she has caught my vision for what I want to create.”

Stilwell’s goal is to add “a warm and inviting restaurant with a rather yacht club kind of feel” to her seven other restaurants on Sanibel and Captiva and in Fort Myers. The SS Hooker’s staff will be dressed in fishing-style apparel.

The other restaurants in the Stilwell Enterprises and Restaurant Group chain are Keylime Bistro, RC Otters, Cantina Captiva, Captiva Pizza, Sunshine Seafood Cafe and Wine Bar and Latte Da Coffee & Ice Cream Shop on Captiva and Sunshine Grille in Fort Myers.

A Very Special Home...For You - 1077 Bird Lane

This magnificent bay-front home completed in 2008 offers: a state of the art cook’s island kitchen with custom cabinetry, TurboChef dual ovens, Luxe refrigerators, Dacor six burner gas stove, pot filler, KitchenAid washers, Bosh built in coffee maker, Sharp microwave, custom marble sinks, floor, carefully selected granite tops, four seat bar, walk in pantry; domed foyer with imported inlaid decorative floor medallion, laundry room with Bosch washer & dryer; four bedrooms en-suite; two half-baths; an office with custom cabinetry; theatre with 100 inch screen & motorized curtain, nine recliners, each with a subwoofer in stadium arrangement, wet bar, RF controlled theatre system with theatre opening to upper lanai and bay views; outdoor kitchen and living area with marble gas fireplace and Dacor grill; ten car garage with rear door to access 125’ beach and a huge storage area on the ground level; automated switch-over back-up generator, elevator, heated pool with spillover spa and waterfall; separate H2X swim spa with LED lighting, audio component and resistance swim feature; whole house audio, intercom and IT networking; security system with cameras; dumb waiter; European styled façade wall; shutters for all glass openings; and enclosed lanais that offer a cool mist system & fans. This great home with breathtaking views of the bay, designed and constructed with meticulous attention to detail, is one of the finest homes on Sanibel.

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**FOR WEEK OF FEBRUARY 24, 2014**

**ARIES** (March 21 to April 19) Try to say as little as possible about the work you’re doing through the end of the month. Then you can make your announcement and accept your well-deserved plaudits.

**TAURUS** (April 20 to May 20) You face a more difficult challenge than you expected. But with that strong Taurean determination, you should be able to deal with it successfully by week’s end.

**GEMINI** (May 21 to June 20) Before you act on your “feelings” about that upcoming decision, it might be wise to do a little fact-checking first. You could be very much surprised by what you don’t find.

**CANCER** (June 21 to July 22) A recent workplace success can open some doors that were previously closed to you. On a personal level, expect to receive some important news from a longtime friend and colleague.

**LEO** (July 23 to August 22) Put your wounded pride aside and do what you must to heal that misunderstanding before it takes a potentially irreversible turn and leaves you regretting the loss of a good friend.

**VIRGO** (August 23 to September 22) One way to kick a less-than-active social life into high gear or rebuild an outdated Rolodex file is to throw one of your well-organized get-togethers for friends and associates.

**LIBRA** (September 23 to October 22) Getting out of an obligation you didn’t really want to take on can be tricky. An honest explanation of the circumstances can help.

**SCORPIO** (October 23 to November 21) Use your Scorpion logic to push for a non-nonsense approach to a perplexing situation. This could help keep present and potential problems from creating more confusion.

**SAGITTARIUS** (November 22 to December 21) A friend’s problem might take more time than you want to give. But staying with it once again proves the depth of your Sagittarian friendship and loyalty.

**CAPRICORN** (December 22 to January 19) The Sea Goat can benefit from an extra dose of self-confidence to unsettle your detractors, giving you the advantage of putting on a strong presentation of your position.

**AQUARIUS** (January 20 to February 18) You might want to ask a friend or relative for advice on an ongoing personal matter. But be careful not to give away information you might later wish you had kept secret.

**PISCES** (February 19 to March 20) Use the weekend for a creativity break to help restore your spiritual energy. Once that’s done, you’ll be back and more than ready to tackle whatever challenge you need to face.

**BORN THIS WEEK:** You get great joy out of creating beautiful things and sharing them with others who appreciate them.

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**THIS WEEK IN HISTORY**

- On Feb. 26, 1564, poet and playwright Christopher Marlowe is beheaded in Canterbury, England, two months before the birth of his fellow playwright William Shakespeare. Historians believe Marlowe served as a spy for Queen Elizabeth while at Cambridge.
- On Feb. 25, 1862, the U.S. Congress passes the Legal Tender Act, authorizing the use of paper notes to pay the government’s creditors.
- On Feb. 24, 1981, socialite Jean Harris is convicted of murdering Dr. Herman Tarnower, the author of the bestselling “The Complete Scarsdale Medical Diet.” Harris claimed that she had been trying to kill herself, but that Tarnower was shot when he tried to wrestle the gun away from her. He was shot four times.
- On Feb. 28, 1993, at Mount Carmel in Waco, Texas, agents of the Bureau of Alcohol, Tobacco and Firearms (ATF) launch a raid against the Branch Davidian compound as part of an investigation into illegal possession of firearms and explosives by the Christian cult. During an extended gun battle, multiple agents and Branch Davidians were killed or wounded.

**STRAIGHT BUT TRUE**

- It was novelist, poet and playwright Gertrude Stein who made the following sage observation: “Everybody knows if you are too careful, you are so occupied in being careful that you are sure to stumble over something.”
- Some people enjoy novelty when dining out, but restaurateurs take a big risk when adding new items to a menu; it seems that less than a third of diners will actually try a new menu item.
- Two-thirds of all Tony award-winning composers and lyricists have been Jewish.
- Everyone knows you should not drive while under the influence of alcohol, but riding a bike? A *stationary* bike? It seems that in Tennessee in 2007, a woman was arrested at her gym while riding an exercise bicycle while drunk. But, or simply disorderly conduct? The record isn’t clear.
- If insects give you the creepy-crawlies, you might not want to read the following tidbit: Researchers have discovered a kind of caterpillar that emits a sound eerily like a human scream. This particular species is often a victim of predatory wasps. When the wasps approach, the caterpillar rubs two special organs together to produce the sound. The “scream” calls a troop of ants that protect the caterpillar, and in return the caterpillar secretes an amino acid that the ants need.
- The name of the state of Vermont comes from the French “mont vert,” which means “green mountain.” (If the explorers who named the state saw green mountains, they obviously were not there in the winter.)

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**THOUGHT FOR THE DAY**

“I don’t trust a man who uses the word evil 18 times in 10 minutes. If you’re half evil, nothing soothes you more than to think the person you are opposed to is totally evil.”

-- Norman Mailer

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- Lots of Room to Build Your Island Dream Home! Short Walk to Beach. Enjoy Beautiful Fairway Views on Sanibel Island Golf Club!
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**4203 Dingman Drive**
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**529 Lighthouse Way**
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**Tennis Place B-24**
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- Two Parcels, A & B Zoned CG (Commercial General) Located on Tamiami Trail. Parcel A is Approx. 4.5 Acres and Parcel B is Approx. 2.0 Acres. Survey Available. (A) $1,150,000 & (B) $400,000
- **$985,000**

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Gulf Front Living
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Seahorse Sculpture Now On Display

The seahorse sculpture, sponsored by Bank of the Islands/Edison National Bank, is complete and on display in the lobby of the bank’s Sanibel office.

A Seahorse Dream, a not-for-profit fundraising public art project created to help raise funds for construction of the New Golisano Children’s Hospital of Southwest Florida, presented five-foot tall “blank canvas” seahorse sculptures to their donors in early Fall 2013. Bank of the Islands could think of no better partner in the project than the principal, art teachers and students at The Sanibel School.

“The moment we were approached, I knew the school had to be our partner in this project,” said Bank of the Islands/Edison National Bank President Robbie Roepstorff, a longstanding school supporter. “Since the school’s mascot is the seahorse, they can now create one for permanent installation at the campus entrance. Through this wonderful project, we’re delighted to be helping the Children’s Hospital and The Sanibel School at the same time.”

With the support of Principal Barbara von Harten, art teachers Tylor Stewart and Andi McCarter worked with their students to create a sophisticated mosaic design for the seahorse sculpture.

“It is just spectacular,” said Bank of the Islands Vice President and Sanibel office manager Rob Lisenbee. “We invite folks to come see what a great job the students did under their teachers’ direction. And don’t forget to have a freshly baked cookie while you admire their creativity.”

The seahorse sculpture will remain on display until it is moved to the Marriott Sanibel Harbour Resort for the Seahorse Dream Project gala dinner and auction on March 7. Following the gala, plans will be announced for the permanent installation of the seahorse sculpture at The Sanibel School.

To learn more about the Seahorse Dream project, visit www.a-seahorse-dream.org or call 481-3907.

Share your community news with us.
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or email press@islandsunnews.com
Dear Readers, I am pleased to pass along some good news today. The issue at hand is children who wander. In 2012, the journal *Pediatrics* published results from a survey of more than 1,200 families of children with autism that confirmed that child wandering is a very big concern for these families. Researchers found that 49 percent of children with autism ran off at least once after age 4. About half of those who ran away were gone long enough to be considered “missing.” These “missing” children experienced close calls with traffic injuries in 65 percent of cases and 24 percent of missing kids found themselves at risk of drowning, according to the research.

The journal article reported that more than half of parents surveyed said that wandering was among the most stressful things they encounter in caring for a child. Parents often feel being viewed as neglectful when their children leave from safe places. This study demonstrates that we urgently need interventions to address elopement and provide support to affected families.

Tracking devices are an intervention that has gotten the go ahead in terms of funding from the U.S. Justice Department. Tracking devices can be worn as a bracelet, attached to a child’s shoe or belt loop or even sewn into clothing. If the child wanders and goes missing, the parent can contact the monitoring company for the device to identify the child’s location.

The Justice Department will make funding available immediately to provide free electronic tracking devices for kids with autism who are at risk of wandering. U.S. Attorney General Eric Holder said that his department has existing grant money that can be used for the technology according Disability Scoop, an online newsletter.

Police departments nationwide can begin applying for funding immediately, Holder said. Local law enforcement would then use the money to pay for tracking devices to distribute to families who want them.

Further positive news on this topic is that U.S. Sen. Charles Schumer, D-N.Y., said he was introducing legislation that would then use the money to pay for tracking devices to distribute to families wishing to monitor their kids with autism and other developmental disabilities due to wandering concerns. The plan is modeled after an existing federal program that provides tracking devices for those with Alzheimer’s disease.

Obviously, this is not a cure-all but it is a step in the right direction to assist parents and caregivers of autistic children in protecting and keeping their children safe and that’s good news.

Ms. Greggs is adjunct faculty at Edison State College where she teaches psychology and education courses. She is also Nationally Certified School Psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.

Need Cash For College?

Fort Myers Institute of Technology (FMIT) will be hosting College Goal Sunday on February 23 from 11 a.m. to 2 p.m. in the school’s cafeteria. Free assistance is available to help students complete the Free Application for Federal Student Aid (FAFSA), the Florida Financial Aid Application (FFA), and their federal tax return. High school seniors who attend will be entered into a drawing to win one of five $100 scholarships.

Call FMIT at 334-4544 for more information or visit www.collegegoalsunday.org.

**Mathematics Conference**

The Edison State College Mathematics Department is hosting the 47th annual Joint Meetings of the Florida section of the Mathematical Association of America (MAA) and the Florida Two-Year College Mathematics Association (FTYCMC) on Friday and Saturday, February 21 and 22.

The event will consist of:

- Sessions and workshops presented by college and university students and professors from around the state of Florida.
- Plenary sessions with guest speakers from around the nation.
- An integration contest, a math puzzle competition, and a math Jeopardy challenge specifically for students.
- Business meetings for FTYCMC and the Florida section of the MAA.
- Commercial displays from education-related vendors.

All sessions and workshops are taking place in the Classroom Building (Building U) on the south side of the Lee Campus of Edison State College.

The event is free for students and $20 for all other attendees.

The full program and additional registration information can be located at http://sections.maa.org/Florida. For more details, contact Professor Donald Ransford at Donald.Ransford@edison.edu or 435-8056.

From page 5B

**Center 4 Life**

For more information on programs or to join Island Seniors, call 472-5743 or stop by 2401 Library Way.
Beautiful Window Treatments For Dining Rooms

by Cindy Malzycyki

Great top treatments are the crowning glory of any window treatment. Sheers, over-drapery or side panels are shown at their best when a top treatment has been added. Top treatments are truly unique and make a definite statement that shows your special style and personality. What better way to set off your dining room than with a custom designed window treatment, complete with a dramatic top treatment.

Top treatments can actually save your energy, transform the height and width of your windows, coordinate with other fabrics in the room and, best of all, they can cover up utilitarian drapery hardware and rods. The most attractive drapery can be spoiled by opening it and exposing plain white rods.

The simplest and most well-known top treatment is probably a pleated or shirred valance. Made like its traversing drapery treatment is probably a pleated or shirred white rods. Spoiled by opening it and exposing plain cover up utilitarian drapery hardware and rics in the room and, best of all, they can energy, transform the height and width of custom designed window treatment, com-
to set off your dining room than with a
definite statement that shows your special
treatments are truly unique and make a

Insurance Tip
Have You Protected Your Family?

by Angela Larson Roehl

Let’s get personal this week and touch on a subject no one likes to think about: death. Every one of us will someday pass away and our families will be left with memory and mementos that we have collected over our life span. However, we may also leave behind debt or burdens of our funeral expenses that our loved ones will have to deal with.

Every one of us should have a plan in case we pass away, whether it be a life insurance policy or other means to meet the needs of our loved ones, so they will not endure financial hardships from our passing.

I personally can attest to the importance of having a life insurance policy, as in 2005 I lost my spouse of 14 years unexpectedly. We had just bought our first home two weeks beforehand and were excited to provide our girls with a home they could grow-up in. As you all are aware, life happens and those dreams were shattered.

There were many uncertainties, however, the one assurance in the time of all the confusion was that my husband did have a life insurance policy. Having a life insurance policy assisted in some of the financial responsibilities that allowed me to spend time with our girls, and help them to adjust to losing their dad.

The passing of a loved one never goes away and you don’t really get over the loss, you just learn to live with the loss. And in time, the pain subsides to allow the sweet memories to come without the hurt.

There are many life insurance options available and I encourage all of you to take the steps to protect your loved ones in case you pass away.

Angela Larson Roehl is a local Sanibel-Captiva insurance agent with over 20 years of insurance experience. She can be reached at info@rosierinsurance.com.

NEWS FROM OUR ADVERTISERS

 Acquisition Of Accounting And Tax Practice

Michael Miller, CPA of SanCap CPA, announced an agreement to acquire William E. Boswell CPA, an accounting, tax and bookkeeping practice located on Sanibel.

“Boswell has been providing outstanding service to business owners and individuals for over 25 years,” said Miller, who noted that SanCap CPA is the only full-time, full service, locally-based firm on the island. “The acquisition of Bill’s practice fits into SanCap CPA’s niche of services to island businesses and individuals. We offer the convenience to the community with a full-time office centrally located on Periwinkle Way.”

Clients will benefit from increased services provided by SanCap CPA, including audits, reviews and QuickBooks consult-

Michael Miller

New Owner

Dustyn Corace is now an equal share owner of RE/MAX of the Islands, along with his parents Art and Sandi Corace. He began his real estate career by developing the RE/MAX of the Islands vacation rental and annual residential lease programs. He holds several designations: realtor, Sanibel and Captiva Island Specialist (SCIS), Short Sale and Foreclosure Resource (SFR), and Certified Distressed Property Expert (CDPE).
Reverse Estate Plan To Eliminate Capital Gains

by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Estate taxes will not concern most families now that the federal estate tax exemption amount has increased to $5.34 million. The increase in the marginal estate tax brackets, coupled with the Medicare Surtax result in income tax planning becoming more important inside of many family’s estate plans.

I recently attended the Heckerling Estate Planning Conference, a one-week high level continuing education course designed for trust and estate attorneys, CPAs and trust officers. Top academics and lecturers impart wisdom on the 5,000 attendees from around the country on how to help family’s plan their estates to minimize taxes and achieve the family’s goals.

During one of the sessions, an interesting idea surfaced related to the elimination of capital gains by “reversing” the normal estate plan. Instead of leaving assets down the generational line, this strategy actually moves assets from a younger generation member to a parent or other older generation family member.

In order to understand the strategy, one must first understand the “step up” in tax cost basis concept. If I purchase a stock at $1/share and later sell that stock for $10/share during my lifetime, I recognize a $9 capital gain and pay taxes on that capital gain. If, however, I die with that stock in my estate and it is worth $10/share, generally speaking, my beneficiaries receive a step up in tax cost basis equal to that asset’s date of death value.

So, in my example, if I die with stock worth $10/share and leave it in my will to my children, and if my children were to sell the stock at $10/share shortly after my death, then they would not recognize the capital gain that I would have recognized had I sold the stock the day before I died. Normally individuals’ estate plans leave assets to their spouses, children and grandchildren – not to their parents who have a shorter life expectancy. But consider a strategy where an individual has an asset worth $1 million that has a tax cost basis of zero. If he were to sell the asset, then he would recognize a capital gain equal to $1 million and pay 23.8 percent in federal capital gains taxes, totaling $238,000.

Assume in my example that the owner of the $1 million asset is a wealthy middle-aged child who has a poorer parent. Provided that the family members can work together, there is an opportunity to eliminate the capital gains tax.

Suppose, for example, that the child transfers the asset into a trust for his parent that pays the income to his poorer parent for the parent’s lifetime. At parent’s death, the trust contains something known as a “general power of appointment” that allows the parent to direct the disposition of the asset, but if the parent doesn’t so direct then the asset continues on in a generation skipping tax exempt trust to the child and that child’s descendants who originally gifted the asset to the parent.

If parent survives the transfer by at least one year, then on parent’s death the asset would receive a step up in tax cost basis to its current fair market value of $1 million. If the parent then dies, leaving the asset back to the child in trust, and the trustee sells the asset then the original capital gain could be eliminated.

There are issues that must be dealt with for the strategy to be successful. The trust must be drafted in such a way so as to avoid the IRS claiming that the whole transaction is a fraud to evade taxes, so the parent should not be so restricted that he must leave the asset back to the child who made the gift. Along those same lines, if the parent isn’t restricted, then the child may lose the asset in a gift to his or her siblings. Another danger is if the poorer parent has any creditors who could have an interest in the assets of the poor parent’s estate. Again, these types of issues must be considered and planned for.

This is just one example. With the increase of both the federal gift and estate tax exemptions, a multi-generational family that shares common goals can work to save estate, gift and income taxes in a number of different ways. I’ll be exploring more of those ways in future columns. ©2014 Craig R. Hersch. Learn more at www.sbslaw.com &

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Spiraling White Flies feast on more than 60 types of trees and shrubs and leave behind a white, waxy substance called honeydew that spreads rapidly. A black sooty mold develops destroying leaves, and covering cars, pools and patios. The end result is weakened trees, defoliation and a big mess.

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How United Way 211 Helps Our Community

submitted by Chauncey Goss, Sanibel-Captiva United Way Campaign Committee Member

As a Sanibel-Captiva United Way Campaign Committee member, I have had the opportunity to learn about the hundreds of health and human services agencies that are available to our friends and neighbors in our community. Frankly, there are so many agencies and services available it can be hard to find the right one to help us when we are in need. Fortunately, United Way has a program to help people navigate the large number of agencies and provide referrals to the agency most likely to give them the help they need.

We all know to dial 9-1-1 in an emergency, but did you know that United Way staffs a 24/7 service that provides non-emergency information and referrals to Lee County’s health and human service agencies? By dialing 2-1-1 you will reach a referral specialist who will provide information on emergency food, housing, utility, employment, medical assistance and many other types of help.

Perhaps you think you won’t ever need United Way 211, but what if your aging parent develops Alzheimer’s disease and you need information on the disease and what to expect as a caregiver. United Way 211 can help you find a number of resources such as the Alvin A. Dubin Alzheimer’s Resource Center. They have Alzheimer’s support groups for both those with Alzheimer’s and their caregivers. They have educational resources, lending library of materials, and individual assistance. They even have meetings at the Sanibel United Way House.

And there are so many other services like help for veterans returning home through the American Red Cross, food pantries that can help with emergency food needs, or meals delivered to individuals who are homebound, mental health and substance abuse counseling and much more.

We all know what to do in an emergency, but most of us don’t know where to begin when we need a hand in a non-emergency or in navigating the many excellent health and social service agencies in Lee County. United Way’s 211, makes it easy and is a great place to start.

Sanibel’s United Way campaign ends on February 28. We are very near our goal thanks to the continued generosity of this community. If you have not yet made a donation and would like to, please feel free to contact me or United Way at 433-2000 (www.unitedwaylee.org).

Night For Life To Benefit Organ Transplant Recipients

On Monday, February 24, from 5 to 9 p.m., the annual fundraiser, Night for Life, will be held at the Broadway Palm Dinner Theatre in Fort Myers. The event is sponsored by the Organ Transplant Recipients of Southwest Florida Inc., to benefit local organ transplant patients and those on the transplant waiting list.

Entertainment this year includes Broadway Palm’s Les Miserables performers and the Del Prados. Tickets are $35 general seating and $50 for VIP seating and include a buffet dinner, entertainment and the silent and Chinese auctions. Guests can bid on original art, jewelry, golf packages, boat trips, vacations, dinners, services and gifts. Auctions begin at 5 p.m., the buffet dinner will be at 5:30 p.m. Table sponsorships are available. A $10 ticket may also be purchased, which includes the entertainment and auctions only.

Proceeds from the event benefit the Fletcher Trust Fund, which was established in 2004 to assist transplant recipients and those who are waiting for transplants in Southwest Florida. An average of 18 people die each day in the U.S. due to a lack of available organs and tissue donors.

For tickets and information call 440-223-2662 or 768-1814. To become a sponsor, call 768-1814. For tickets, call 440-223-2662. For more information about this nonprofit organization, email swxnson@embarqmail.com. Visit the website at www.organsupport.org or on Facebook at https://www.facebook.com/pages/Organ-Transplant-Recipients-of-SW-Florida-Inc/456165927762457.

Duplicate Bridge

On Thursday, February 17, there were seven tables in play at The Sanibel Community Association. The winners were:

North/South
1. Jarit Witte and Tom Giles
2. Kenneth Appel and Al Simon
3. Helen and Jim McCartney

East/West
1. Irma and Mel Rotstein
2. Gayle and Barry Trubitz
3. Karen and Jeffrey Mass

There are two ACBL-sanctioned games at The Community House, located at 2773 Periwinkle Way, Sanibel. The games are held on Tuesdays and Thursdays at 7 p.m. from the beginning of January through the end of April.

For information, contact Susan Willoughby at 287-3258.
The annual FISH (Friends In Service Here) Home Healthcare Meeting, held on February 4 at the Sanibel Public Library, was a successful gathering of on- and off-island healthcare representatives who met to share information regarding services available for senior clients, and to provide a forum to network with one another regarding resources in Lee County to assist seniors. Twenty-six individuals, including FISH representatives, local parish nurses, companion services, private duty caregivers and health care companies attended. Three guest presenters spoke on the following topics:

Dotty St. Amand, executive director of Arden Courts Memory Care Community, spoke on Dementia and Alzheimer’s Care for seniors. The focus of Arden Courts Memory Care is on family support and client care. St. Amand stressed the importance of maintaining partnerships with area agencies to provide needed services for the aging, the caregivers and other family members.

Stacey Daniels, RN manager of Shell Point Retirement Community, discussed depression assessment in seniors and available resources to address depression. Jill Waruszwski, MSW, director of Comfort Care at Hope HealthCare Services, talked about the various services available through Hope HealthCare Services, such as The Valor Program – for veterans of all four branches of the armed services; bereavement counselors for those who need it; Rainbow Trails Camp for children who have lost someone close to them; Comfort Care Program to look at options for end-of-life situations; and Hope PACE, a program of all-inclusive care for the elderly with Medicare/Medicaid.

FISH sponsors the home healthcare meeting annually, which includes an opportunity for those in attendance to update their listing of home healthcare services annually for those needing medical, physical therapy or personal care. The agencies and individuals are known, licensed and insured, and have developed a relationship with FISH on Sanibel. The individual caregiver list and agency list are available by calling 472-4775.

Dr. Matthew L. Davis, DDS has acquired the Island Dental practice on Sanibel, formerly owned by Dr. Lyle Hotchkiss.

Dr. Davis has been established in Fort Myers since 1982
Dental Hygienist Mary Romulus is on staff for your cleanings

SANIBEL OFFICE OPEN MONDAY - FRIDAY CALL 395-1211 FOR AN APPOINTMENT
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Sanibel & Captiva Islands, Florida
**These Herbs Work Like Medicine**

by Suzy Cohen, RPh

**Dear Pharmacist:**

What are popular medications, and their natural counterparts?

**AT, Dallas, Texas**

This is a great question, and there’s a lot of different things that come to mind. For example, when I think of popular medications, I think of allergy drugs (antihistamines), pain relievers, antacids, blood pressure drugs, cholesterol reducers and sleeping pills. That covers a lot of ground. I’ll give you some options, but these natural choices do not work as strong as a drug, and I’m not recommending you stop your drugs and take these either. This sort of decision is between you and your doctor.

With that said, here are some interesting ideas:

- Allergy drugs (antihistamines): Quercetin, a supplement, that occurs naturally in fruits and vegetables is a powerful mast cell stabilizer, which means that it helps reduce histamine in the body. Think of it as a natural version of loratadine, a popular effective drug used to treat allergies. As a benefit, quercetin may help with other things like stress induced anxiety, asthma and inflammatory pain syndromes.

- Pain relievers: Willow bark and California poppy are two herbal remedies used to relieve pain by holistic physicians. There are drug interactions and side effects to herbs too, but these two herbs offer effects like natural aspirin and natural (weak) opiate drugs, respectively.

- Antacids: slippery elm, marshmallow root, digestive enzymes, DGL and probiotics are my go to supplements here. It’s not that they directly reduce acid (they don’t) but they help reduce gut inflammation and other problems that could trigger the burn. There is also the possibility you need more acid (betaine with pepsin supplements) to digest your food.

- Blood pressure drugs: Grape seed extract can help reduce systolic blood pressure (the top number). Potassium citrate found in foods and supplements can do so too. Be careful though, not everyone can tolerate potassium, it has interactions. Magnesium is a strong anti-hypertensive too. You’ll want to eat more basil, and perhaps garlic. I recommend eating garlic, or taking ‘aged garlic’ supplements.

- Cholesterol reducers: I think of natural “statins” here Red Yeast Rice or vitamin C, particularly “liposomal C.” Coenzyme Q10 can help as can a cup of Tulsi tea each day.

- Sleeping pills: This category is perhaps the hardest. As humans, we sleep thanks to melatonin and GABA. To get this pathway running, you have to get this pathway running, you have to

- Go slowly and carefully, under supervision. Supplements of 5-HTP turn into serotonin, then melatonin (provided you have good B vitamin status, but I suggest low doses. Special “pharmaceutical” GABA supplements may help like “Kavinace” sold online. Lemonbalm, hops and passionflower are other natural relaxation herbs to discuss with your doctor.

**In summary, there are many choices you can consider, I’ve only touched the surface. I love natural options, and your safety comes first. While natural, and expected to be safer than pharmaceuticals, botanicals may cause similar interactions, allergies and setbacks. Always discuss changes to your health regimen with your doctor because we are all individual.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24 Hour Pharmacist and is a registered pharmacist. To contact her, visit www.dearpharmacist.com.

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**New Year Resolution: Strengthen Your Heart Energy Part III**

by Karen L. Semmelman, Certified EEM, JD, AAML (03-12)

**To welcome and celebrate the new year, the next two columns were devoted to boosting heart energy. So far, we have learned about: 1. Improving our internal compass to help revitalize; 2. Holding our heart source point to reduce heart dis-ease; 3. Biting down on the little finger to calm the body; 4. Tracing the heart meridian; and 5. Learning how to open the horizontal band of energy at the waist (Belt Flow). Today, you will be introduced to yet additional tools to strengthen the heart energy. The fascinating part of these approaches is that they are endless. When working one on one with a client, the energies are assessed with a determination made as to which technique is the most viable. I have helped clients reduce and eliminate prescription medications that were taken for years (of course, with the monitoring of their physician) all by moving the energies.

Today, the focus will be on three exercises that boost and strengthen heart energy. By doing these exercises, expect to find more comfort and calm with heart dis-ease. They are easy, quick and beneficial, so enjoy.

- **Cross Arms and Push Hard with Fingers.** Cross the hands over the chest and wrap the fingers around the outside of the arms. Push into the outside of your arms, massaging from the shoulders to elbows. Use nice pressure and for as long as it feels good.

- **Yin Bridge Flow Radiant Circuit Exercise.** This connects you to yourself and your heart, correcting inner schisms (alienation of mind/body; or head and heart; or love and sex)
  - Hands on back of head in breadth
  - Hands over forehead on out breadth
  - Hands over cheeks on in breadth
  - Hands crossed over front of chest with hands over shoulders on out breadth
  - Trace three hearts around your heart.

**Got A Problem?**

**Dr. Connie Is In**

by Constance Clancy

Q: How can I break the habit of eating when I feel stressed?

A: It’s helpful first to learn more about stress itself, especially the so-called normal stress of daily life. It’s considered normal for two reasons: 1. No traumatic event triggers the stress; 2. The kind of pressure we all feel is generally low-level. If you find yourself eating without being able to put your finger on why you suddenly wanted food, it’s likely that you are trying to cope with stress.

Food even though comforting, shouldn’t be your main way to cope and...
Mom And Me

by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

When the kids were small, we did our best and hoped that they would turn out well. All was fine until their teenage years, and suddenly our lives fell apart. For a long time we blamed ourselves, but we now realize that they both must have inherited some bad genes that were destined to surface.

Visiting two different jails on a regular basis is extremely difficult now. We are elderly and will be long gone before there is even a chance for them to be released. We have been so badly hurt, we have no more love left and we have decided to forgive, forget and go our own way.

What advice do you have?

Rena

Dear Rena,

I am sorry to hear about your family situation. I honestly think all of us are one decision away from disaster and it is by grace that more of us are not in a bad way. If you have done all that you can, then you cannot do any more. I understand if you cannot visit any more for your own reasons.

Pryce

Dear Rena,

Retirement is your time, time to do what gives you pleasure. You have done your best; your family made the decision to pursue a lifestyle that has resulted in their being in a detention facility.

Enjoy your remaining years, and forgiving and forgetting I think is a wonderful plan.

I am not a psychologist, so I do not know if criminal behavior is the result of genetic background.

Lizzie

Lizzie and Pryce’s email address is momandmeaging@hotmail.com.

From page 30B

Dr. Connie

certainly not the first thing you reach for. There are three factors that make stress worse in daily life:

1. Repetition: Doing the same thing over and over dulls the mind; in and of itself, this is stressful.

2. Unpredictability: This kind of stress is perhaps worse than repetitive stress, because when you cannot predict the next thing, you remain vigilant and apprehensive even when it’s not happening.

3. Lack of control: This is actually the worst factor in stress. Having control over your own life is important, yet for anyone, lack of control creates frustration and a sense of helplessness.

It is helpful to recognize what stress is in your life under each of these factors. With awareness and recognition, you are able to pinpoint the cause, therefore, you can begin the work in breaking this habit. Ask yourself if there is a way to eliminate these stressors. There are many books written on this subject and perhaps you may want to seek professional help for guidance.

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Alligator Wonton With Orange Ginger Sauce

1 tablespoon olive oil
1 onion, finely diced
1 tablespoon garlic, finely minced
3 tablespoons ginger, freshly grated
1/2 pound shrimp, peeled, finely chopped
3 canned water chestnuts, drained, finely chopped
1/2 pound lean gator meat, ground
1/2 cup scallions, chopped
1 tablespoon oyster sauce
2 teaspoons low sodium soy sauce
1 tablespoon rice wine or dry sherry
2 teaspoons salt
1 teaspoon white pepper
1 package prepared wonton wrappers (12)
canola oil for frying

Heat olive oil in a sauté pan over medium heat then add onion, garlic and ginger; sauté until translucent and set aside to cool. When cool, combine onion mixture, chopped shrimp, water chestnuts and remaining ingredients (except wonton skins) in a large bowl mixing well.

To assemble, lay one wrapper on a cutting board and moisten all edges of the wrapper with water. Place a tablespoon of wonton filling in the center of wrapper and fold in half diagonally over filling. Make sure the edges meet and press edges down firmly to seal.

Press down on filling to flatten slightly; repeat with remaining wontons. In a deep-fryer, heat canola oil to 375 degrees F. Fry wontons in small batches for 2 to 3 minutes until golden brown, turning occasionally. Remove with slotted spoon and drain on paper towels. Serve immediately with Orange Ginger Sauce.

Orange Ginger Sauce
1 cup orange marmalade
1/2 cup low sodium soy sauce
1 tablespoon rice wine or dry sherry
1 teaspoon pickled ginger, chopped

For the dipping sauce, combine the orange marmalade, soy sauce, rice wine and ginger in a bowl; mix well. Serve as dipping sauce warm or room temperature.

Alligator Wonton With Orange Ginger Sauce

Schedule free estimates or visit our new show room
To play Sudoku:
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.)
There is no guessing and no math involved, just logic.

answer on page 35B
## Top 10 Real Estate Sales

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<tr>
<th>Development</th>
<th>City</th>
<th>Year Built</th>
<th>Square Footage</th>
<th>List Price</th>
<th>Selling Price</th>
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**Courtesy of Royal Shell Real Estate**

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**Read us online at IslandSunNews.com**
PUZZLE ANSWERS

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ANNUAL RENTAL RENTALS

ANNUAL RENTALS

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RENTAL INCOME

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ANNUAL RENTAL WANTED

RENTAL WANTED

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ANNUAL RENTAL WANTED

ANNUAL RENTAL WANTED

HOMESTAY: 3 BR/3.5 BA with Pool,
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PRIVATE BEACH ACCESS

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ON PARADISE

Two 3/2 units available
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Washer/Dryer in each unit
Recently remodeled
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GULF PINE HOME
W/PRIVATE BEACH PATH
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3200 sq ft single family home in beautiful,
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online at
IslandSunNews.com
Hi, I’m Baxter, a youthful, active, handsome hound looking for a family with some room for me to run. I am a working breed traditionally used to herd cattle. You don’t have to buy a herd of cattle to keep me happy, though. I’d be content to be the family pet.

You can adopt me for $75, plus you’ll be entered to win a $100 gift certificate from Angelina’s Ristorante.

My name is Olaf and when I was found, my front left leg was broken and I had a couple of other injuries. I lost the circulation in my leg so the vet had to remove it. Wish I could tell everyone what happened but I’m just glad they fixed me. You’d never know I only had three legs by the way I act. I’m very playful but when I run out of steam, I’m a lap cat. I get along well with other animals and people too. My adoption fee is $75, plus you’ll be entered to win a $100 gift certificate from Angelina’s Ristorante.

For information about this week’s pets, call 533-7387 (LEE-PEETS) or log on to Animal Services’ website at www.LeeLostPets.com. When calling, refer to the animal’s ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 11:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive, Fort Myers, next to the Lee County Sheriff’s Office, off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at $500.

Baxter ID# 580317

Olaf ID# 581375

photos by squaredogphoto.com
**LAKE COTTAGE**
**NEW LISTING**
- True artistic charm
- Two story, great room
- Country kitchen with beams
- 2BR/2BA plus den
- $449,000, (2140164)
  James & Penny Hetmanek 472-5187 x 219/202

**SUNDIAL GULF VIEW**
**NEW LISTING**
- Fully furnished, turn-key, 3rd floor
- Excellent rental potential, large lanai
- Pet friendly complex – no limits
- 1 bedroom, sleeps four with ease
- $339,000, (2140179)
  Robin Humphrey & Assoc. 472-5187 x 218/241

**BOAT LOVERS DREAM**
**PRICE REDUCED**
- Spacious 2/2 with screened lanai
- Canal and bay views, furnished
- Private fishing pier, 2 pools, 2 tennis
- 33 direct access boat slips
- $384,900, (2130927)
  Fred & Cathy Gerasin 472-5187 x 232/236

**PERFECT VIEWS!**
**PRICE REDUCED**
- Cleared parcel in West Rocks Subdivision
- Lake front and close to Gulf beach path
- Rare offering, wonderful neighborhood
- Few buildable lots remaining on Sanibel
- $349,000, (2120819)
  Mary Lou Bailey 472-5187 x 246

**PALMETTO COVE SUNSETS**
**PRICE REDUCED**
- Lake view, gated complex
- Community pool & spa, clubhouse
- Upgraded granite counters, tile, appliances
- 2BR/2BA, detached 1-car garage
- $151,900, (2131222)
  Jayne Lumley 472-5187 x 237

**BEACH FRONT COMMUNITY**
**NEW LISTING**
- Two lots from private beach access
- Large corner lot, Gulf Shores subdivision
- 3BR/2BA 2-car garage
- Peaceful views of the Bayou
- $499,000, (2140233)
  Linda Gornick 472-5187 x 261

**COCONUT CREK LAKE FRONT**
**PRICE REDUCED**
- Major remodel and upgrades
- Unique octagonal DR w/20’ ceiling
- Screened, heated spa and deck
- Beautiful, traditional landscape
- $425,000, (2131258)
  Dave & Judy Osterholt 472-5187 x 235/230

**COCONUT CREK ESTATE HOME**
**PRICE REDUCED**
- Architect designed, lake front home
- Expansive & open kitchen, DR & LR area
- Four bedrooms, office and loft
- Screened pool & sunset views over lake
- $539,900, (2130753)
  Arika Bjorkedal 472-5187 x 252

**COCONUT CREEK ESTATE HOME**
**PRICE REDUCED**
- Completely gutted & redone
- Near beach, six-unit community
- Stone countertops, bamboo floors
- Tranquil lake views, community pool
- $359,900, (2130904)
  Brian Johnson 472-5187 x 291

**REMODELED TOWN HOME**
**PRICE REDUCED**
- 2BR/2BA + den remodeled condo
- Gorgeous new kitchen, upgraded baths
- Glass enclosed lanai affords extra space
- On-site manager, pool, tennis, beach
- $649,000, (2140102)
  Jim Hall 472-5187 x 215

**DIRECT ACCESS CANAL LOT**
**NEW LISTING**
- Deep water sailboat access
- Minutes to the river
- Upscale homes being built on street
- Concrete Dock & seawall in place
- $225,000, (2140163)
  Deb Smith 472-5187 x 251

**NICE GULF VIEWS**
**PRICE REDUCED**
- 2BR/2BA + den fully furnished condo
- Expansive & open kitchen, DR & LR area
- Concrete Dock & seawall in place
- $225,000, (2140163)
  Deb Smith 472-5187 x 251

**CROWN COLONY GOLF & COUNTRY CLUB**
**NEW LISTING**
- Well maintained 3/2 + den home
- Ground level, over $50K in upgrades
- All stainless kitchen, crown molding
- Former model home, plantation shutters
- $324,900, (2131373)
  Jackie Natzke 472-5187 x 223

**NEW LISTING**
- 8930 Crown Colony villa home
- 2BR/2BA + den with lake views
- Lovingly cared for, many newer features
- Golf & membership choices, none mandatory
- $339,900, (2131373)
  Anthony Gaeta 472-5187 x 231

**NEW LISTING**
- 2BR/2BA + loft, fully furnished condo
- Private corner location, tennis court view
- Granite baths & kitchen, soaring wood ceilings
- Gulf front complex, beach access, pool, BBQ
- $429,900, (2130688)
  Jackie Natzke 472-5187 x 223