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Island Sun

VOL. 20, NO. 39

SANIBEL & CAPTIVA ISLANDS, FLORIDA

MARCH 22, 2013

MARCH SUNRISE/SUNSET: 22 7:30 • 7:40 23 7:29 • 7:41 24 7:28 • 7:41 25 7:27 • 7:42 26 7:26 • 7:42 27 7:25 • 7:43 28 7:24 • 7:43



David E. Carter

Emmy-Winning Producer Begins Local Project

A seven-time Emmy Award-winning TV producer who lives on Sanibel full time has announced that he has begun producing a film titled *The Top 20 Things To Do On Sanibel-Captiva*.

David E. Carter, whose most recent film was honored by the Baseball Hall of Fame in Cooperstown, New York, began shooting on the new project last week, spending time in the JN "Ding" Darling National Wildlife Refuge, at the Sanibel Lighthouse and on the Sanibel bicycle paths.

Carter is actively soliciting suggestions for the "Top 20" list. The website www.TheSanibelDVD.com lets people email their suggestions for attractions for the film and also get frequent updates on the project. In addition, a Facebook page has been set up and linked to the website.

Carter's Emmy-winning work includes four documentaries that ran on PBS stations around the country. His most-viewed work, however, was numerous comedy sketches that he produced for *The Tonight Show starring Johnny Carson*. The best of that work also appeared on one of Carson's prime-time anniversary shows.

A documentary he produced for CROW wildlife clinic in 2008, narrated by Nick Clooney (*American Movie Classics* host, and father of George) was nominated for an Emmy Award.

He expects to have the Sanibel-Captiva Top 20 video completed by early summer.✪

CROW Re-Opens Visitor Center

On Tuesday, CROW (the Clinic for the Rehabilitation of Wildlife) re-opened its Visitor Education Center (VEC) following a closure due to a lapse in Workers' Compensation Insurance coverage.

"The VEC was closed for seven days that would normally be open during this busy season, however, our wildlife rehabilitation hospital remained open and accepted patients as usual with no compromise in the quality of care provided," said John Schubert, CROW board president.

He said, "We deeply appreciate the hard work of our students, volunteers, and volunteer veterinarians who did a great job managing the demands of the hospital during this difficult period. As is so often the case, CROW's volunteers made the difference."

As to the lapse in insurance coverage, Schubert said, "Now that our primary objective of being re-opened has been achieved, we will continue to research what happened between CROW and the



The Kolbet family from Kansas City visited CROW on Tuesday

insurance company that led to this lapse; it certainly wasn't our intention to operate without insurance."

CROW's Visitor Education Center is open Tuesday through Saturday from 10

a.m. to 4 p.m. Live educational presentations are at 11 a.m. each day. CROW is located at 3883 Sanibel-Captiva Road, across the street from The Sanibel School.✪



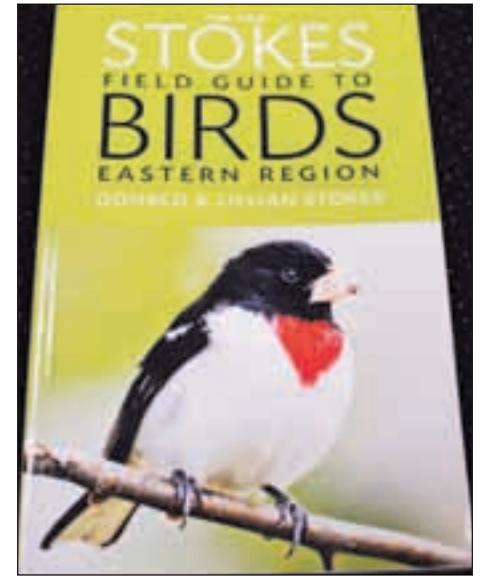
Don and Lillian Stokes with Refuge Nature Store manager Lise Bryant

Birding Authors To Sign New Book At 'Ding' March 27

Longtime winter residents of Sanibel and nationally acclaimed bird authors and TV personalities Don and Lillian Stokes will make a personal

appearance at the Refuge Nature Store in the "Ding" Darling Education Center on Wednesday, March 27 from 10 a.m. to noon to sign copies of their just-released *Stokes Field Guide To Birds: Eastern Region*.

The latest in their line of more than 30 photographic birding guides, it – along with their new *Stokes Field Guide To Birds: Western Region* – draws on the



expertise of their definitive, comprehensive *The Stokes Field Guide to the Birds of North America* to create portable guides that regional birders can easily use in the field.

The Eastern guide features nearly 550 North American bird species and more than 2,000 color photographs by Lillian Stokes. The photographs cover all significant plumages including male, female,

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Sanibel Historical Village Honors Women Pioneers During Women's History Month

Women's History Month is a great time to offer thanks to the many island women who embraced this almost forgotten little barrier island and battled through hardships and near unbearable circumstances, just to call it home. Here, the Sanibel Historical Museum and Village provides some information about the female pioneers without whom this island could not be what it is today.

Here's to the years when rare shells rolled in endlessly, water was collected in cisterns, mosquitoes embedded themselves in window screens, Periwinkle Way was a dirt road, and the people of Sanibel – often under the guidance or following the example of their women – had the foresight to preserve and protect its unique environment.

1884-1894: The Early Years And Homesteading

In 1880, Sanibel Island was open to homesteading. There were few requirements, and if one could withstand the sweltering heat, relentless mosquitoes, lack of most creature comforts and almost total isolation, it was just about bearable. Quite simply, to be given 160 acres of land, one would have to be at least 21 years old, work the land for five years and have never borne arms against the United States Government. Since most of the island men had gone to war for the Confederacy, a large number of the homesteads were registered under the names of women. The Woodrings were the first homesteaders. The population grew to 120, and the Barnes family built the first hotel and called it "The Sisters," which later became Casa Ybel.

Anna Woodring

Anna Woodring and her family homesteaded on Sanibel in 1895. At the age of 44, after 25 years of marriage, she was widowed. At that time, she became the sole provider for her five children. She established a boarding house in the family home and called it "The Woodring House." It catered to fishermen, tourists and "drummers." The Woodring House was Sanibel's first lodging establishment.

Jean Barnes and her husband built, and she operated, "The Sisters" hotel (Casa Ybel). It was greatly through her efforts that the first church was erected on hotel property. Jean was married to the Reverend Barnes. They moved here from Kentucky, encouraging many others to follow.

Jennie Doane, as postmistress of Wulfert, shipped out more than 1,000 crates of fruits and vegetables per week. As an advocate for women's suffrage, she was both opinionated and strong-willed. One of her opinions was that a woman had the right to dress according to the job she held. So she wore pants under her skirt, which was considered rather "fashion forward" for the time.

Jane Matthews, was a single-minded gal who saw life on this rather remote island as both an adventure and an opportunity. She homesteaded 160 acres. Jane erected two piers: Matthew's Wharf, a commercial pier on the bay that made it possible for the ferry to dock and supplies to be delivered, and a pleasure pier on her own gulf-front property that featured both a bathhouse and a pavilion. Jane lived next door to Hallie Matthews. Although they shared the same last name, they were not related. Jane paid to take her meals at Hallie's. Others followed and Hallie found herself in the home restaurant business. When Jane died, Hallie inherited Jane's house through a trade with Jane's niece and the Matthews Hotel – later the Island Inn – was established.

1895-1910: Great Expectations

Sanibel's reputation as a farming community continued and Sanibel tomatoes, considered to be just about the best, were served in upscale restaurants across the country. Land was plentiful and in 1896, the population was 350 and the first Sanibel School was built. The Spanish-American War raged and in 1899, Frank Bailey founded the Sanibel Packing Company.

Hallie Matthews was a Sanibel homesteader who built three houses directly on the beach. Folks arriving

to enjoy the island "flavor" would be allowed to stay in one of the cottages, as long as they agreed to take their meals with Hallie. Hallie, a rather "no nonsense" lady, was admired for her determination and business savvy. She is credited with establishing The Matthews Hotel, which later became The Island Inn. Hallie was grandmother to John, Francis and Sam Bailey.

Laetitia Nutt and her daughters were the island's first teachers and full-time residents. They founded and ran the private Sanibel Home School. Laetitia's Homesteading Certificate, in her name alone, is dated 1895 and signed by President Grover Cleveland. Laetitia ran a boarding house in her home known as "The Gables." She was also the island's first postmistress. Laetitia was regarded as strong, positive and resourceful. It was the Nutt family who donated the land for the Community Center.

1911-1928: Sun And Storms

The Kinzie Brothers started the ferry service to Sanibel in 1926. A year later, Charlotta Matthews opened her tearoom at the ferry landing and the first Shell Fair was held.

Anne Mead Matthews, a school teacher, was the wife of Frank Bailey and mother to Francis, John and Sam Bailey. Anne was actively involved in the Community Association and a devoted member of the Community Church. Her sons remember her with great affection and pride.

Charlotta Matthews, affectionately dubbed "Chebum" by her nephews, John, Francis and Sam Bailey, established and ran Miss Charlotta's Room at the ferry landing. Charlotta wore numerous hats throughout her days in Florida, including that of manager of the day-to-day operation of "The Matthews," which later became the Island Inn. By her family, she is most remembered for her devotion to all of them, both before and after the untimely death of her sister, Anne Mead Bailey.

1929-1954: Depression And War

Remarkable changes occurred on this tiny barrier island. In 1939, the population had decreased to just 100. Electric service came to Sanibel in 1942 and was followed by the founding of the JN "Ding" Darling National Wildlife Refuge in 1945. The island was heavily impacted by the 1949 hurricane, which brought 163 mph winds. Once again, our island sisters firmly planted their hats on their heads and persevered.

Alice O'Brien (born in 1891) was from St. Paul. Her family was in the lumber business and she would arrive on Captiva aboard her yacht, *The Wannigan*, so named for a trunk used in lumber camps to store "anything that just might be wanted again." According to her family, Alice was an astute businesswoman, adventurer, sailor, philanthropist, fisherwoman and animal lover. She supported the early organization of the Sanibel and Captiva Island Association. She was a dear friend of "Ding" Darling and his wife and shared their concerns regarding the negative impacts of beach erosion and red tide on our islands. In the early 1960s, she provided the much needed seed money for the Sanibel-Captiva Conservation Foundation. During WWI, she was a mechanic and Red Cross ambulance driver. Alice died in 1962 while on her way to visit the Darlings.

Esperanza Woodring was the wife of Sam Woodring, Jr. and came to Woodring Point in 1917 at the age of 16. She remained in the same house until her death in 1992. Her husband's death in 1942 left her with 5-year-old Ralph to rear on her own. She continued to fish commercially and became one of the island's most sought-after fishing guides. An avid reader, she was self-educated with a love of the area and its natural environment. Esperanza was determined and resourceful. Her hard work allowed her to retain the Woodring homestead on the bay and to purchase additional property on Periwinkle Way where The Bait Box is located.



Laetitia Nutt



Anne Mead Matthews



Charlotta Matthews



Alice O'Brien



Esperanza Woodring



Anna Woodring



Jean Barnes



Jennie Doane



Hallie Matthews

1946-1959: Growing Again



Mary Bell

For nearly 20 years, Sanibel was somewhat forgotten. After the war, people with leisure time and money to spend discovered its fishing, shelling and sandy beaches. Small, family-owned motels sprang up. Kinzie ferries were back on schedule, telephone lines were strung and Sanibel made an attempt to shed its unofficial title as "Mosquito Capital of the World."

Mary Bell was the original owner of the Seahorse Shop and Cottages. Locals say it had the most unusual little outdoor market atmosphere, with a row of doors that opened back, leaving the entire front adrift with the sounds and winds of the sea. It provided an outlet for the shell jewelry made by her husband. Today, the Seahorse is the second-oldest retail shop on the island. Mary's involvement in numerous pre-city issues aided in the incorporation of Sanibel.



Priscilla Murphy

Priscilla Murphy established the island's first real estate company. At the time, Lee County was forever changing the name of Sanibel's main thoroughfare. Priscilla found the names inappropriate for this lovely island paradise and rather forcefully suggested to the county that the name be changed to Periwinkle Way in celebration of the vibrant flowers that grew wild along its roadside.



Mozella Jordan

Mozella Jordan was a crusader for equality in education for all island children. Along with Mary Bell, she was instrumental in the Sanibel School becoming the first integrated campus in Lee County. Mozella and her husband were the first black couple to purchase property on the island. Mozella was dedicated to her family and church. She became Sanibel's most popular caterer.



Dorothy Stearns

Dorothy Stearns was a remarkable wife, mother and grandmother. She was an avid boater and could captain a craft with the best of them. Dorothy was a dedicated sheller and shell crafter, publishing books on the subjects. Her family remembers that her home was filled with shell

crafts. She was an accomplished, self-taught artist and the inspiration for the naming of Gramma Dot's Restaurant. She baked the pies and cakes for the restaurant. Dot was involved in the organization of the Shell Fair and had her own booth. She often used tarpon scales to decorate mirrors. This fun-loving woman enjoyed going out dancing, exercised daily, was a phenomenal marksman and avid fisherman. Her family shares a smile in remembering a time when, at over 90 years old, she asked, "Do you think that I could pass for 80?"

The 1960s And Forward: Island Life Changes Forever

Much to the dismay of most islanders, 1963 saw the opening of a causeway that linked the island to the mainland. Soon after this, Lee County revealed its plans for Sanibel. This plan

included high-rises, increased commercialism and a population of about 90,000. In 1974, the residents of Sanibel decided to take control of their own destiny, designed a mission statement and voted to incorporate.

The City Of Sanibel Is Born

In 1974, **Zee Butler** chaired "Sanibel Tomorrow," an organization dedicated to incorporation. She became the first female mayor and served in both 1974 and 1978. Zee is remembered for her exceptional approach to problem solving and her great stamina. She was ever watchful over city government. In his eulogy, Porter Goss remembered her for saving the beaches from "man's improvements," protecting the wetlands and her tireless involvement in the creation of the bike paths.



Zee Butler

Elinor Dormer moved to Sanibel in 1924. She was a noted island historian. She is credited with coining the phrase "Old Town Sanibel" in reference to the area around the Seahorse Shop. As a member of the Historic Committee, she contributed to the drafting of the Comprehensive Plan. Elinor was instrumental in petitioning the federal government for desegregation in 1984 and was involved in the founding of the Sanibel Historical Museum. She is the author of *Seashell Islands*.



Elinor Dormer

Emmy Lu Lewis was known as "the great lady of island conservation." She and her husband began wintering on the island in 1942. She was instrumental in the establishment of St. Michael and All Angels Episcopal Church and was an active member of the "Ding" Darling Committee (which later became the Sanibel-Captiva Conservation Foundation). Emmy Lu was its first chairperson.



Emmy Lu Lewis

Learn more at the Sanibel Historical Museum and Village, open Wednesday through Saturday from 10 a.m. to 4 p.m. Full guided tours take place at 11 a.m. and 2 p.m. each day. Visit the Museum Gift Shop, which carries sailor's valentines, pine needle baskets and more. All the merchandise in the museum store is made in America.

The village operates as a non-profit organization with a mission to preserve, protect and share the island's history. It is located at 950 Dunlop Road (next to BIG ARTS). Admission is \$5 for adults over 18; members are free. For more information, call 472-4648 or visit www.sanibelmuseum.org.*

What's Happening At The House In 2013

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Sanibel Community Association needs your support. Go to www.sanibelcommunityhouse.net for more information, and become a member today!


The Community House
SANIBEL COMMUNITY ASSOCIATION

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'Ding' Campaign Steps Up Efforts As It Nears Goal

Ongoing contributions to the "Ding" Darling Preservation Campaign bring the total pledged to the \$1.3 million mark this week, short of the \$1.8 million goal by \$500,000.

"The closer we get, the harder we have to work at it," said campaign chair Jim Sprankle. "We see light at the end of the tunnel, but we are making a final big push as season comes to an end and we try to capture the attention of our seasonal visitors and residents that this project deserves."

Funds from the campaign will purchase the environmentally sensitive land of Woodring Point at the entrance to Tarpon Bay and improve the 12-year-old "Ding" Darling Education Center. Site of the historic Woodring homestead, Woodring Point is also home to myriad species of birds, marine creatures, and vegetation.

Last week, the Woodring homestead was included in the Zonta's Peek at the Unique island homes tour in an effort to raise awareness. Campaign worker Lisa Heidrick and her husband, Chris, have committed to raising \$40,000 from the islands' 40-something population. Committee members are organizing private events to try to raise the final dollars.

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Preservation Campaign Chair Jim Sprankle with a fellow campaigners Doris Hardy, Lisa Heidrick, DDWS President John McCabe and DDWS Executive Director Birgie Vertesch


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Limited Edition Raffle Tickets

As part of its annual fundraising efforts to support operations, The Community House has announced a unique raffle featuring three prizes and, with only 300 tickets to be sold, a heightened chance for being one of the lucky winners.

Prize one is a dream vacation in the wine country of the Cote d'or area of Burgundy, France. The winner of this prize will have a week's stay in a charming, fully-equipped, three bedroom guest house in the village of Santenay for a party of up to six people. Your activities for the week will be personalized for your interests by tour organizer Hidden France. You can chose to tour exclusive wineries, visit local historical and cultural sites, go bicycling in the countryside, or dine in award winning restaurants. This prize is ground package only and does not include air travel.

Prize two is a \$2,000 gift certificate from Congress Jewelers in Periwinkle Place, where you can find a new piece of designer jewelry for yourself or as a gift for special someone in your life. Congress Jewelers has an array of fine jewelry and watch brands to choose from, including many designer lines. Their Sealife by Congress collection is now available in its own boutique at Periwinkle Place, featuring shell-inspired jewelry and nautical creations in 14k gold or sterling silver.

Prize three is an airline trip, with two round-trip tickets on JetBlue to any destination served by its system. You can



You could win a week in the wine country of Burgundy, France



Two round-trip tickets to any JetBlue destination could be yours



A \$2,000 gift certificate at Congress Jewelers in Periwinkle Place is another prize

choose a getaway to New York, Chicago, or San Francisco, or an exotic locale like Grand Cayman, Turks and Caicos, Barbados or Santa Lucia.

Raffle tickets are \$100 each. They are available at The Community House, 2173 Periwinkle Way, Bank of the Islands, 1699 Periwinkle Way, or Congress Jewelers in Periwinkle Place Shops. The drawing will be held on Saturday, April 13 at 8 p.m. at The Community House during the Soul and R&B House Party. You need not be present to win. Prizes must be used within one year of the drawing.

Proceeds from the raffle will be used for operating expenses of The Community House.

For more information go to www.sanibelcommunityhouse.net, call 472-2155 or stop by The Community House at 2173 Periwinkle Way.*

American Legion Post 123 News

On Sunday, March 24, barbecue ribs and chicken will be served from 1 to 8 p.m. at American Legion Post 123. Cost is \$12. There will

be live music with Robby Hutto from 6 p.m. to close.

A ham dinner will be served from 1 to 8 p.m. on Easter Sunday, March 31.

Every Friday throughout the month of March, the Legion will host a fish fry from 4 to 8 p.m.

Every Monday night is 8-Ball Pool League, playing at 5 p.m. Stop by and watch some great shootin.'

Texas Hold'em is played every Thursday night at 7 p.m. and Saturdays at 4:30 p.m. New players are always welcome.

Every Friday, Post 123 serves a six-

ounce ribeye steak sandwich all day. Check out the daily specials and the entire menu. Food is served all day, every day. The public is welcome.

American Legion Post 123 is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m., located at mile marker 3 on Sanibel-Captiva Road. For more information, call 472-9979.*

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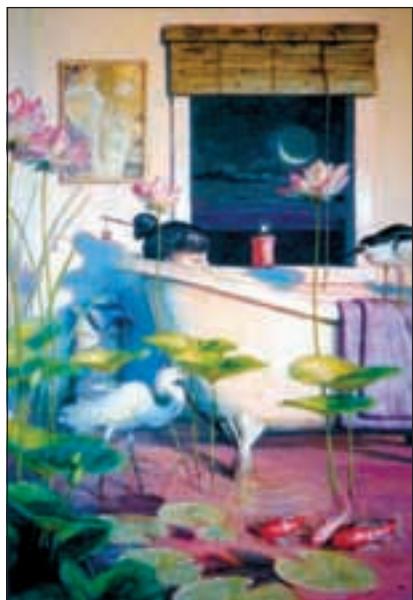
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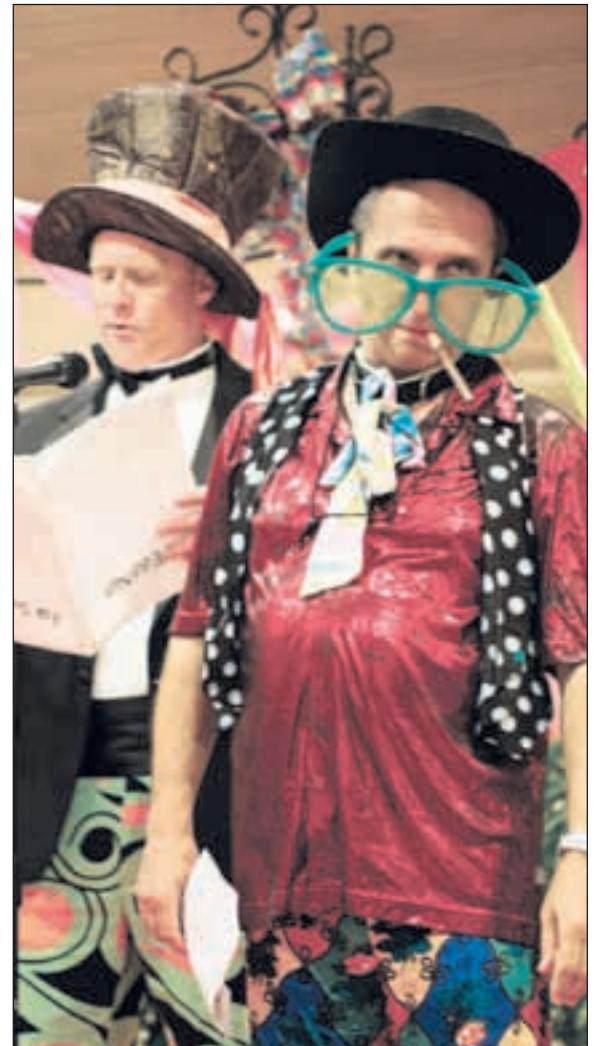
Eric Pfeifer



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Nicole McHale



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Wedding Reception



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Democratic Women's Club Meeting April 13

The Democratic Women's Club of Lee County is welcoming as its April speaker Nan Rich, former State Senator and announced candidate for Governor of Florida. The club will meet at the Hilton Garden Inn in Fort Myers on Saturday, April 13 at 10:30 a.m.

Rich was first elected to the Florida State Senate in 2004 after serving in the House of Representatives from 2000-04. She served as leader of the Senate Democratic Caucus from 2010-12 and was term-limited in November

2012. Prior to her election, she was the National President of the National Council of Jewish Women.

Senator Rich is widely recognized as one of Florida's leading champions of children's and social justice issues. She served on numerous Senate committees including Health and Human Services Appropriations as Vice Chair; Children, Families, and Elder Affairs, Vice Chair; Regulated Industries; Reapportionment, Environmental Preservation and Conversation; and the Joint Legislative Budget Committee.

The DWC is growing and outreach efforts are under way for Florida registered Democrats to join the club. The public is welcome to attend the DWC meeting beginning at 10:30 a.m. to hear Senator Rich's remarks. To attend an optional lunch (at a charge of \$18), to be served following the meeting, make reservations by contacting Dr. Pat Fish at fishpatricia@yahoo.com or call 466-8381.

The Democratic Women's Club of Lee County is a member of the DWC of Florida. It works year-round to organize the Democratic voters of Lee County, Florida. The DWC of Lee County brings together in common purpose all Democratic Women of Lee County, although men are members as well. The DWC strives to stimulate interest in civic affairs, encourage good citizenship and educate the public on questions of public interest. The DWC encourages the active participation of Democratic voters, seeks to increase Democratic voter registration and supports qualified Democratic candidates for public office.*

League Of Women Voters Annual Meeting



James L. O'Leary II

Attorney James L. O'Leary will be the guest speaker at the next meeting of the League of Women Voters on Saturday, April 6 at the Hilton Garden Inn of Fort Myers. Registration begins at 8:45 a.m., followed by breakfast at 9 a.m., the guest speaker at 9:30 a.m. and the LWV annual member meeting at 11 a.m.

O'Leary will talk about recent U.S.

Supreme Court cases of interest to the League of Women Voters, including the Affordable Care Act, Citizens United and the Voters Rights Act. O'Leary is a civil trial attorney practicing personal injury law. The mission of his law practice is to advance the public health, safety and welfare. He is a recent president of the Rotary Club of Bonita Springs, guest law professor at Florida Gulf Coast University, furthering law related education in the State of Florida, and Justice Teaching volunteer at Bonita Springs Middle School. He is a strong believer in personal development, goal setting and continuing education and promotes these values when speaking with students by enthusiastically encouraging them to follow their dreams, focus on education, and pursue excellence in their work.

The Hilton Garden Inn is located at 12601 University Drive in Fort Myers, at the northeast corner of Summerlin and College Parkway.

To make reservations, call 462-3444 or email carolbf@centurylink.net by April 2. Cost is \$15 per person for breakfast. Student rates are available. The meeting is open to League members and the interested public.

For more information, contact Sandy Frank at 415-7654.*

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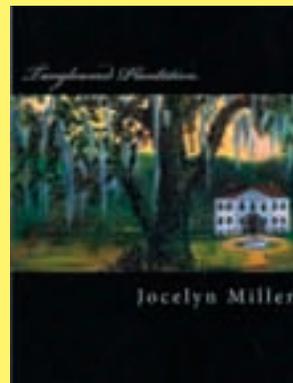
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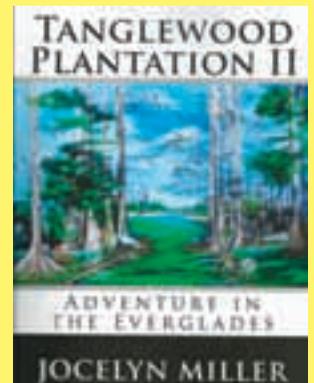
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Back row from left: Kim Kouril with son Kyler, Missy Sullivan with son Riley, chef Carl, Kim McGonnell, Raynauld Bentley, Mark Marinello, Jean Crenshaw, Liz Harris, Chef Kris Zook, Jodi Willis, pre-k teacher Cindy DeCosta, CECI Director Jana Yates. Front row from left: Audrey Mulka, Kate Sawicki, Liza Agibolova, and Jack Willis.

Spring Festival Time Is Almost Here

The Children's Education Center of the Islands (CECI) will hold its 19th annual Spring Festival on March 30 from 10 a.m. to 1 p.m. at Sanibel Community Park. CECI thanks its sponsors: Bank of the Islands, Doc Ford's, The Burns Family Real Estate Team, Periwinkle Park, law offices of Jason R. Maughan, LLM, Periwinkle Park Coffee Club, Tropical Tradesmen General Contracting, Periwinkle Place Shopping Center, Quest Resources and Friday's Child.

The festival will be a family-friendly event for all ages. It will begin with an Easter egg hunt by age group. Other activities include pony rides, a bounce house, games, contests, crafts, a giant inflatable slide and sack races. The Easter bunny is also taking time out of his busy schedule to take photos with the kids. There will be live music, food and "Ding" Darling will have a craft booth as well. Admission is a \$10 donation per child, parents are free.

All proceeds benefit the Children's Education Center's scholarship fund and general operating expenses.*



The Island Water Association

- NOTICE -

The annual meeting of
The Island Water Association, Inc.,
will be held at 10:00 a.m.
on Monday, April 8th, 2013
at the offices of the Association
located at
3651 Sanibel Captiva Road,
Sanibel, Florida.

James M. Griffith
Secretary

All IWA Members are encouraged to attend.

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INSIDE CITY HALL



Standing from left, Marty Harity, Mick Denham and Jim Jennings; seated, Kevin Ruane and Doug Congress

Ruane And Congress Elected

by Anne Mitchell

Kevin Ruane was elected mayor of Sanibel for another year by the city council on Tuesday. The vice mayor will be Doug Congress.

Otherwise, nothing changed the composition of the council and its five unpaid elected representatives. The three members whose terms expired this year – Marty Harity, Mick Denham and Kevin Ruane – were unopposed and therefore kept their seats without having to undergo an election.

The council members unanimously nominated and voted for Ruane and Congress, who replaces Mick Denham in the position of vice mayor.

The three were sworn in as family members and friends watched from the audience or participated in the ceremony.

The council spent considerable time on annual housekeeping duties, allocating duties on island and off-island boards and committees.*

Mayor Wants To Speed Up Action On Retail Revamp

by Anne Mitchell

Mayor Kevin Ruane on Tuesday said he wanted to act “swiftly” to get some new rules on the books that would encourage owners of dilapidated shopping centers to make improvements.

And Ruane said he would use his mayoral “prerogative” to take on the task of liaising with the planning commissioner to speed up the process.

Councilman Mick Denham had stated several times his desire to be involved in the upcoming deliberations of the commercial redevelopment project, which recently got under way. After Ruane got dibs on the job, Denham said he was “extremely disappointed” to not be involved.

Ruane said he didn’t want the project to drag on for months, like the resort redevelopment review had done – and he wants to get it completed before many residents head north for the summer.

Commercial redevelopment is a challenge, because there are major issues at play, such as many older structures being nonconforming under current codes, and some being snarled by setback rules. Changes to those codes are expected to be highly controversial.

However, efforts to spruce up the Palm Ridge Road commercial area are seen as necessary to encourage the development

of a “town center district” incorporating BIG ARTS, city hall, the library and museum.

Larry Schopp, resident, said the issue of how to handle nonconforming uses was “the 800-pound gorilla in the room.” He questioned whether a fast track would leave enough time for ample citizen input and whether an ordinance would be before the council at the April meeting. Ruane assured him that was not the case.

“I don’t envision an ordinance at the next meeting. Some staff input is really the starting point... I am trying a different approach,” Ruane said. He wants the council to craft the ordinance and give clear direction before it goes to the planning commission. He also asked staff to prepare an inventory of all the nonconforming commercial properties on Sanibel.*

Open House For Bike Path

Proposed drawings and alignment for East Periwinkle shared use path and road improvements will be available for public viewing on Wednesday, April 3 at MacKenzie Hall, 800 Dunlop Road.

City public works and other staff members will be on hand from 8 a.m. to 1 p.m. and from 4 to 7 p.m. to answer questions about the project.

Those who cannot attend the open house but who would like to review the plans may contact Public Works Director Keith Williams to schedule an appointment at keith.williams@mysanibel.com or 472-6397.*

more city on page 53



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USPS 18: Bulk Rate permit paid for at Sanibel, Florida, 33957
Postmaster: Send change of address to Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957
Published every Friday for the people and visitors of Sanibel and Captiva Islands. Distribution: 10,000 - 12,000 per week (seasonal).
Mailed free to Sanibel and Captiva residents every Friday.
Subscription prices: Third Class U.S. \$50 one year, \$25 six months (Allow 2-3 weeks for delivery). First Class U.S. \$115 one year, six months \$58 (Allow 3-5 days for delivery).
Prices include state sales tax. Send subscription requests to: Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957.
The Island Sun will correct factual errors or matters of emphasis and interpretation that appear in news stories. Readers with news, tips, comments or questions, please call (239) 395-1213, or write to: Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957. FAX number: (239) 395-2299.
E-mail: press@islandnews.com

Read Us Online: www.IslandSunNews.com

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BAT YAM-TEMPLE OF THE ISLANDS:

The Reform Congregation of Bat Yam Temple of the Islands meets for Friday night services at 8 p.m. in the Fellowship Hall of the United Congregational Church 2050 Periwinkle Way, Sanibel
 Rabbi Selwyn Geller For more information 239-472-0177 or adsilby@gmail.com

CAPTIVA CHAPEL BY THE SEA:

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 Sunday School - 10:30 a.m.; Wednesday evening meeting - 7:30 p.m.; Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours). 472-8684.

SANIBEL COMMUNITY CHURCH

1740 Periwinkle Way, Sanibel, 472-2684
 Dr. Daryl Donovan, Senior Pastor
 Sunday Worship Hours:

8 a.m. Traditional Service with Communion
 9 a.m. Contemporary Service with Kids' Church
 10:45 a.m. Adult and Youth Sunday School classes; 11 a.m. Traditional Service with Choir. Childcare available at all services.

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST:

2050 Periwinkle Way 472-0497
 The Rev. Dr. John H. Danner, Sr. Pastor.

The Rev. Deborah Kunkel, Associate Pastor
 Sunday Worship Services: 7:45 a.m. Chapel Service, 9 and 11 a.m. Full Service, with Sunday School and Nursery Care provided. Elevator access.

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 Sunday Masses 8:30 and 10:30 a.m.
 Daily Mass Wed., Thurs., Fri. 8:30 a.m.
 Communion Service Mon. and Tues. 8:30 a.m. Confession first Saturday of the month 9 a.m. by appointment. Holy Days call

ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH:

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 Worship Services: Saturdays at 5 p.m. Sundays at 8 and 10:30 a.m. Sunday School (PreK-gr.5) at 10:30 a.m. Wednesdays at 9 a.m. and 5 p.m. Potluck Supper 1st Wed. of the month 5:30 p.m. Morning Prayer Tuesdays at 9 a.m.

UNITARIAN UNIVERSALISTS OF THE ISLANDS:

Meets on the first Sunday of each month from December through April at the Sanibel Congregational Church, 2050 Periwinkle Way at 5 p.m. A pot luck is held at a member's home on the third Sunday of each month. For more information call 433-4901 or email ryi139@aol.com.

Easter Services At Captiva's Chapel By The Sea

Captiva's historic Chapel by the Sea will be celebrating the Easter holiday with the following services:

- March 24 Palm Sunday 11 a.m. Worship
- March 28 Maundy Thursday 7 p.m. Holy Communion

Remembrance of Our Lord's Last Supper

- March 29 Good Friday 5 p.m. The Story of the Passion of Our Lord
- March 31 Easter Sunday 11 a.m. The Resurrection of Our Lord

Worship with special music
 Chapel by the Sea is located at 11580 Chapin Lane, next to the Captiva Memorial Library. For more information, call 472-1646.✱

What Is The Lenten Mystery Play?

The *Way Of The Cross* is a dramatic multi-media presentation of the Passion and Death of the Lord. It is offered during the Lenten season in church sanctuaries and a living meditation on the stations of the cross. Written and directed by Father Francis Pompei, ofm, a Franciscan Friar from Holy Name Province, and team member of St. Francis Inn Soup Kitchen in Philadelphia.

The mystery players are made up of 14 teenagers and four adults. The performances will be in the tradition of the medieval mystery plays, which were frequently sponsored by Franciscans who advocated popularizing scriptural events.

The Way Of The Cross calls for no speaking parts. Through the use of special lighting, inspirational music, drama and soul-searching meditations, a person is able to get in touch with themselves; their goodness, struggles and their sins. Then, in a very unique way, it becomes a prayerful vehicle for the Lord's spirit to forgive, heal and renew.

It is the kind of event that one can experience over and over again and always walk away with something new each time.

The Way Of The Cross will be presented on Wednesday, March 27 at 7 p.m. at St. Michael and All Angels Episcopal Church, 2304 Periwinkle Way on Sanibel.✱

To advertise in the *Island Sun* Call 395-1213

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

Palm Sunday, March 24, 2013

7:45AM Chapel Service with Palms
 9:00 & 11:00AM Worship Service featuring
 Choir & Suncoast Brass with Palms
 Sermon Title: "Shouting Stones"

Maundy Thursday, March 28, 2013

7:30PM Communion Service with Tenebrae

Good Friday, March 29, 2013

Noon Worship Service
 with Special Dramatic Monologue

Easter Sunday, March 31, 2013

7:45AM Chapel Service
 9:00 & 11:00AM Worship Service
 with Choir & Liturgical Dance
 Sermon Title: "It's All in the Name"

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Rev. Dr. John H. Danner, Senior Pastor
 Rev. Deborah Kunkel, Associate Pastor

Holy Week at Sanibel Community Church

Sunday, March 24---Palm Sunday.
 8:00 a.m. and 11:00 a.m. Traditional
 9:00 a.m. Contemporary

Thursday, March 28---Upper Room Luncheon
 12:00 noon: Come enjoy an inspiring lunch of readings, songs and prayers. Reservations are required.

Thursday, March 28---Maundy Thursday Communion Service
 7:00 pm. An original service of readings and songs arranged by our own Lee Deputy to bring us to the cross. The service will conclude with communion.

Friday, March 29---Good Friday film, "The Passion of the Christ"
 7:00 p.m. Mel Gibson's film on the "big screen" in the Sanctuary.

Saturday, March 30---SCC Community Easter Egg Hunt
 11-1:00 p.m.---For all families with kids ages 3 year through 5th grade. Games, prizes, food, crafts, storytelling and thousands of eggs to redeem. Invite your friends.

Sunday, March 31
Sunrise Service on the Causeway
 6:30 a.m.: Teen Challenge, H2O Teens, Contemporary Worship and preaching the Resurrection story! Free Coffee and Donuts for prior to the service. Believers Baptism by immersion following the service.

Sunday, March 31---Resurrection Celebration on SCC Campus at 8:00 a.m. and 11:00 a.m. Traditional 9:00 a.m. Contemporary.



Sanibel Community Church
 1740 Periwinkle Way - Sanibel, FL 33957
www.sanibelchurch.com - 239-472-2684

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Holy Week At Sanibel Community Church

Sunday, March 24 is the beginning of Holy Week, culminating with Easter Sunday on March 31, with the celebration of the Resurrection of Jesus Christ.

On March 24, Palm Sunday, children will sing, waving palm branches commemorating Christ's triumphal entry into Jerusalem. Three worship services will be conducted that morning:

- 8 a.m. – Traditional with Communion
- 9 a.m. – Contemporary with Praise Band
- 11 a.m. – Traditional with Chancel Choir

Dr. Daryl Donovan, Senior Pastor will bring a stirring message entitled, "Jesus Goes to the Garden."



An Easter sunrise with teens from Sanibel Community Church

On Thursday, March 28, the church will offer two services to remember Christ's gathering with His disciples in the upper room just before his arrest. At noon, An Upper Room Luncheon will be held in the beautiful new sanctuary. There

will be the washing of feet, just as Christ did, and the celebration of the Lord's Supper. The luncheon is free, but reservations are required.

That Thursday evening, an original musical and dramatic reading service compiled by Lee Depuy, director of the church choir, will be held in the historic chapel. This service will conclude with a reverent communion service.

On Good Friday, March 29, all are invited to attend the showing of Mel Gibson's epic film, *The Passion of the Christ* at 7 p.m. on the big screen in the new sanctuary. The movie is free and open to all.

On Saturday, March 30, the whole community is invited to a unforgettable Easter Egg Hunt from 11 a.m. to 1 p.m. with lunch provided. Lots of candy and prizes, with fun for all. The true meaning of the Easter weekend will be shared. Admission is free.

Thousands will gather on the Sanibel Causeway on Easter morning for a glorious sunrise service at 6:30 a.m. Prior to the service, there will be free donuts and coffee. Bring your lawn chair and a friend to declare, "Christ is risen!" "He is risen indeed!" Believer's baptism by immersion will be offered following the service.

At 8, 9 and 11 a.m., Resurrection Morning services will be held on the campus of Sanibel Community Church with the Easter message, "Jesus Lives!" Dr. Ed VanderHey will preach at the 8 a.m. service, with Dr. Daryl Donovan preaching at 9 and 11 a.m. There will be child care offered at all services.

Sanibel Community Church is located at 1740 Periwinkle Way (next to Jerry's Market). For more information, visit www.sanibelchurch.com or call 472-2684. ✨

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Israel Fest To Be Held On April 21

The Jewish Federation of Lee & Charlotte Counties celebrates Yom Ha'atzmaut (Israeli Independence Day and the country's 65th birthday) with the cultural celebration known as Israel Fest.

Israel Fest will be held on Sunday, April 21 from 12:30 to 4 p.m. on the Jewish Federation campus, located at 9701 Commerce Center Court in Fort Myers, just across Summerlin Blvd. from Health Park Hospital. Admission to Israel Fest costs \$2 per person. Children's amusements and food may be purchased for an additional cost.

This year's Israel Fest features musical entertainment by BMI Award-winning and Grammy nominated songwriter, producer and cantorial soloist Lawrence Dermer along with his band, Third House Rising. Other entertainment includes Israeli folk dancing by The Shalom Dancers, belly dancing performances and a DJ spinning Israel's hottest pop music.

There will be a wide array of Israeli delicacies offered, including authentic falafel, a hummus bar, Israeli couscous, Israeli salads, an Israeli wine tasting station and traditional Jewish desserts. For those with less adventurous palates, cheese pizza and fudge in flavors that offer an American salute to Israel; milk and honey and citrus, will also be available. Sun Harvest citrus juices will also be available, as citrus is a major agricultural industry in Israel.

Children's activities include an inflat-

able slide and inflatable obstacle course, an arts and crafts station, a story time station featuring Jewish children's books offered through PJ Library, (PJ Library provides subscriptions for free books and music delivered monthly to children from newborn to 8 years old), a petting zoo, a mock archaeological dig, face painting and an Israeli flag-making art contest open to elementary-aged children will be judged and awards will be given from the stage at Israel Fest. Dead Sea skin care products, Judaica and Kabbalah jewelry will also be available for purchase.

Yom Ha'atzmaut centers around the declaration of the establishment of the state of Israel by the Jewish leadership, led by future Prime Minister David Ben-Gurion on May 14, 1948. This was declared eight hours before the end of the British Mandate of Palestine, which was due to finish on May 15, 1948. The new state was quickly recognized by the Soviet Union, the United States and many other countries, but not by the surrounding Arab states, which marched with their troops into the area of the former British Mandate.

The Jewish Federation of Lee and Charlotte Counties was incorporated in Southwest Florida in 1985. It provides and supports philanthropic, educational and social service programs that promote Jewish values such as benevolence, repairing the world and taking responsibility for one another in order to enrich the Jewish community locally, in Israel and throughout the world.

For additional information, visit www.jewishfederationlcc.org, call 481-4449 ext. 3 or email amypadilla@jfedlcc.org. ✨



Cooking with Kids education session on how to cook nutritious food from the FISH Food Pantry

Help FISH Help A Family

Alexis, Tom and family have lived on Sanibel for more than 12 years. This family of four – two adults and two children – have been struggling financially since last summer when Tom's hours were drastically reduced and Alexis' job ended when the island business she worked for closed down earlier this year. The family was struggling to make ends meet when a neighbor referred them to FISH of Sanibel, Inc.

Alexis and the children visited FISH and, once they completed the intake

process, were successfully qualified and became food pantry clients. At the end of last month, Tom found a full time job. Using the FISH job board, Alexis has been able to search for employment and use the client computer room to update her resume. Alexis joined the FISH workshops on resume writing and the FISH social workers counseled her on interview skills.

FISH assisted financially by making back rent and utility payments to the landlord and utility company, and helped the family find bicycles so they could get around the island. Their car had been repossessed earlier this year. The children were also signed up for the FISH back

continued on page 18

ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

Invites you to join us during
HOLY WEEK
March 28-31

MAUNDY THURSDAY — 5:00 pm

Washing of the Feet, Holy Eucharist & Agapé Meal

GOOD FRIDAY — 12:00 Noon with Communion

THE GREAT VIGIL OF EASTER — Saturday — 5:00 pm

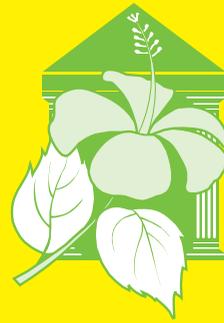
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— **EASTER SUNDAY EUCHARIST** —

7:30, 9:30 & 11:30 am

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The Rev. Dr. Ellen Sloan, 239-472-2173

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Susan Black with a sample of her Sailor's Valentines kits, available exclusively on Sanibel at the Bailey-Matthews Shell Museum Store

Shell Museum Store Features Exclusive Sailor's Valentines Kits

The Bailey-Matthews Shell Museum is proud to announce that the Museum Store is now the exclusive retailer on Sanibel for an outstanding collection of affordable Sailor's Valentines kits, designed and produced in the United States by a crafter in Colorado.

Susan Black from Boulder, Colorado recently attended the 76th Shell Festival on Sanibel and met with museum staff to "seal the deal" of providing the Museum Store with the kits exclusively. Susan designs, assembles and sells do-it-yourself kits for re-creating Sailor's Valentines.

"The shell art involved is beautiful and fun to do – and the history behind them is fascinating," said Black.

Seafaring men in the 1800s couldn't easily send cards home to their sweethearts; instead, they brought back elaborate shell mosaics made by craftspeople on the Caribbean island of Barbados, a frequent stop on the maritime trade routes of the time. Black became enamored with Sailor's Valentines when she first spotted them in a Nantucket whaling museum.

"The antique versions are rare and can cost thousands of dollars," she said. "That's when I decided to design kits inspired by them."

Each of the kits, sold at The Bailey-Matthews Shell Museum Store, contains dozens of shells, along with instructions, a pattern and a handmade octagonal wood shadow box with a glass front and brass hinges. Black's nine original patterns boast geometric or floral motifs, including hearts, stars and rosettes, and sentimental messages spelled out in shells. The museum is currently working with Black to develop kits that reflect Sanibel and Captiva, their shells, and the museum's permanent exhibit on Sailor's Valentines.*

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19th Annual Spring Festival

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\$10.00 for unlimited games and crafts

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Saturday March 30, 2013
 10-1 Sanibel City Park
 (Next to the Community Association)

Bring Your Easter Basket for our FREE Egg Hunt Sponsored by: Bank of the Islands



Kenny Broad during a cave dive

photo courtesy National Geographic

National Geographic Live! With Extreme Cave Diver Kenny Broad

BIG ARTS presents National Geographic Live! explorer Kenny Broad at 7:30 p.m. on Friday, March 29. A cave diver and environmental anthropologist, Broad will reveal his visually-spectacular multimedia presentation with captivating stories from the front lines of underwater exploration.

Largely unexplored, unimaginably beautiful and considered among the most hazardous places to dive, the flooded caves – or “blue holes” – of the Bahamas are a potential treasure trove of scientific knowledge. Broad, National Geographic’s Explorer of the Year for 2011, will guide you through this incredible underwater world.

The underwater caves in the Bahamas Islands can be thousands of feet deep and feature a maze of passages and tunnels, which act as liquid time capsules. Led by the National Geographic explorer Kenny Broad, a team of divers and archaeologists are investigating these caves to unlock the mysteries of an ancient time, teeming with life that quickly vanished, leaving the islands now mostly barren. What caused these animals to disappear, and could 800-year-old human skulls provide the answer? A witty and entertaining speaker, Broad was named a “freshwater hero” by National Geographic’s Freshwater Initiative, for his research studying climate change and groundwater pollution.

“You can’t send a remotely operated vehicle in to explore caves because the technology simply doesn’t exist,” Broad said. “It’s one of the few environments left on the planet where you must physically go to learn about it.”

This family-oriented evening will be illustrated with award-winning photography, video, a question-and answer session and an opportunity to meet Kenny Broad.

BIG ARTS Schein Performance Hall is located at 900 Dunlop Road on Sanibel. Tickets are \$35 for general admission and \$10 for children 17 and under.

Groups of 10 or more are eligible to take advantage of group discount rates, prices range from \$9 to \$33 per ticket. Groups of 50 or more receive a greater discounted ticket price.

National Geographic Live! with Kenny Broad sponsor Hans and Leslie Fleischer.

For more information, call 395-0900, e-mail info@BIGARTS.org or log on to www.BIGARTS.org.*



Kenny Broad

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From page 15

Help A Family

pack program at The Sanibel School.

Now, Alexis also works full time on the island and she attends the FISH budgeting class, women's empowerment group and mom's group at the walk-in center. The family received a tax refund through the FISH VITA tax program and can once again begin saving.

This family is a prime example of a success story for FISH. Through hard work, perseverance, support and assistance from FISH, Tom and Alexis are back on their feet again.

You can help get more people back on their feet by responding to the FISH Annual Appeal which began last week. A

letter and donation envelope were mailed to all Sanibel and Captiva residents. Every donation, however small, will help FISH continue its work for those in need on Sanibel and Captiva.*

Rosenberg To Speak At Sanibel Community Church

Joel C. Rosenberg, *New York Times* bestselling author of seven novels – and five nonfiction books – will

speak at Sanibel Community Church on Wednesday, April 3 at 7 p.m.

As an author, Dr. Rosenberg has been interviewed on hundreds of radio and TV programs, including ABC's *Nightline*, CNN Headline News, FOX News Channel, The History Channel, MSNBC and *The Glenn Beck Show*. He is an expert scholar on Middle Eastern affairs, especially as they relate to Bible Prophecy.

Sanibel Community Church is located at 1740 Periwinkle Way (next to Jerry's Market). For more information, visit www.sanibelchurch.com or call 472-2684.*



Joel C. Rosenberg

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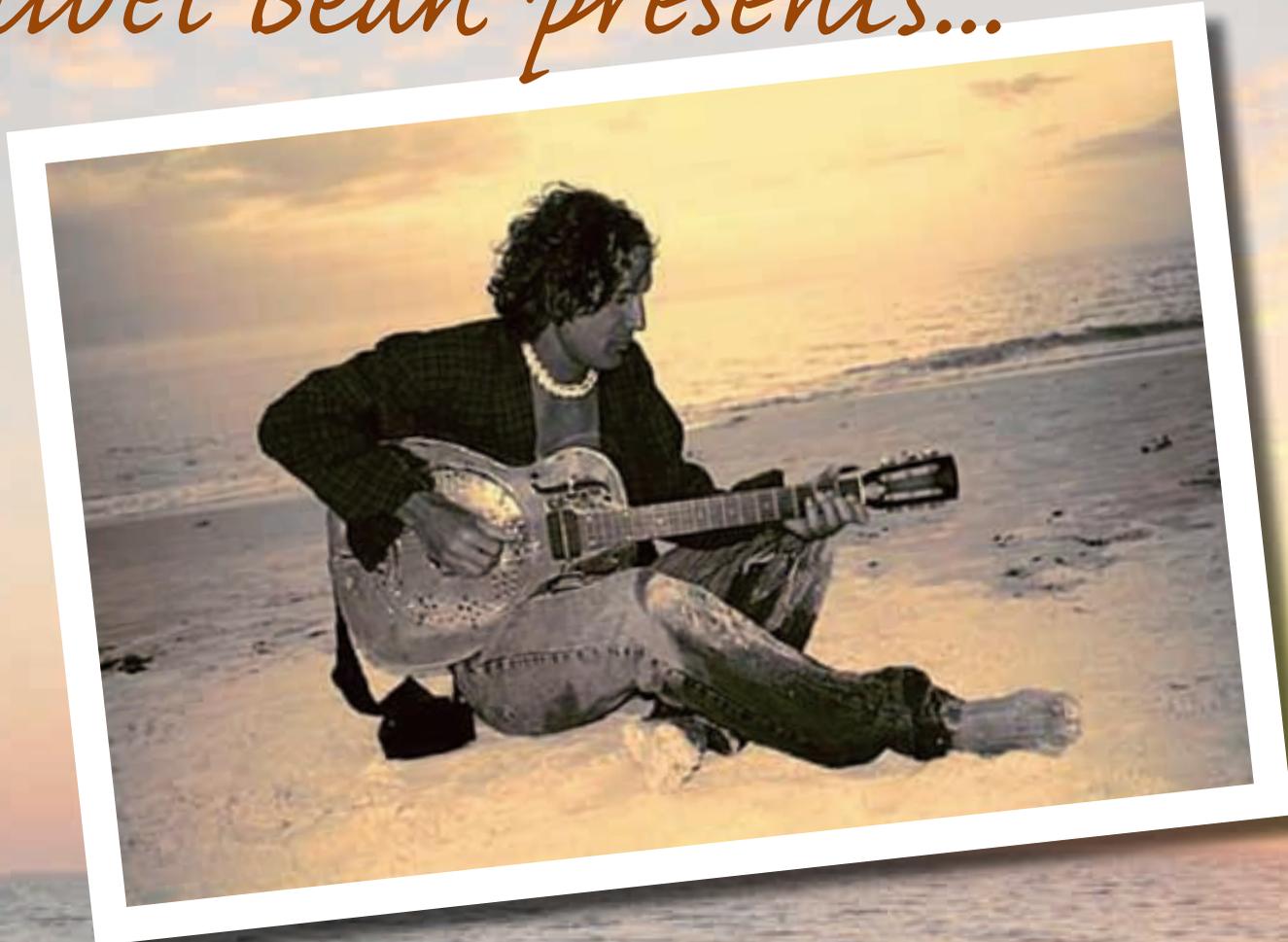
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Mel Jager and Ada Shissler of the Captiva Island Yacht Club

Change Of Watch At CIYC

The Captiva Island Yacht celebrated their annual Change of Watch on March 16. Each year, there is a Change of Flag officers who guide the club each year. This year, Mel Jager, Commodore, passed the title over to Ada Shissler, who will be the Commodore for the upcoming 2013-14 year. She will be joined by Vice Commodore Ed Stringer and Rear Commodore Paul McCarthy.

Captiva Island Yacht Club is a private equity club enjoying the best of boating, social and educational programs throughout the year, while having the benefit of one of the best locations in Southwest Florida. CIYC is a member of the Florida Council of Yacht Clubs as well as the Yachting Clubs of America.*



From left, Ada Shissler, Ed Stringer and Paul McCarthy

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CROW Case Of The Week

Double-Crested Cormorant



by Patricia Molloy

The cormorant is a legendary bird due to the fact that it has evolved into a sea bird that prefers freshwater fish. Its name is derived from the Latin for "sea crow." They rarely fly far from

the shore, preferring inlets, bays and large rivers. Despite spending much time in the water, they do not possess the waterproofing oil of other seabirds (enabling them to dive very deeply for fish) and spend much time drying their feathers, standing ashore or on pilings with their wings expanded.

A downed double-crested cormorant (*Phalacrocorax auritus*) was found and admitted to CROW earlier this month, likely suffering from brevetoxins (or BTX). The respiratory illness is caused by ingesting the algae responsible for red tide. The patient was very thin and lethargic upon arrival. Dr. Heather Barron, hospital director, immediately ordered injections of subcutaneous fluids, an electrolyte solution that can be given to animals for hydration, twice per day.

"He is eating well, but he is coughing, which would indicate that the brevetoxicosis is taking a big toll on him as it can

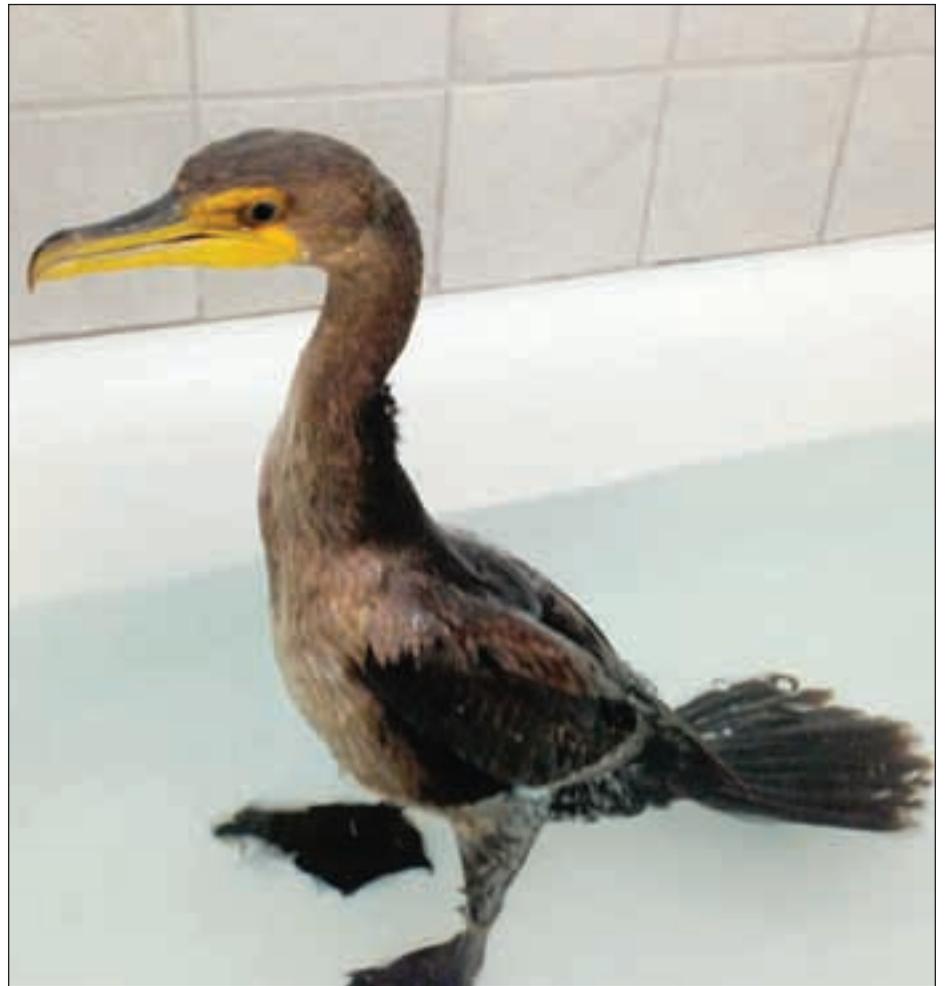
greatly affect the respiratory tract," said Dr. Helen Ingraham, DVM intern.

"Unfortunately, its cough is a dry one, not a productive one. Its lungs are clear which mean the cough is a result of irritation," added Dr. Heather. "We have to be careful what medications we use to treat its condition because its liver is already very busy fighting off the brevetoxicosis."

After fluid injections, the cormorant is placed in one of the clinic's bathtubs to snack on smelt and to swim and stretch its wings, which is great physical therapy. Once the cormorant's cough improves and the weather remains warm, Dr. Heather plans to move it to an outdoor enclosure on the property.

It often takes weeks or months for young, sick or injured animals to be rehabilitated at the clinic and become strong enough to survive in the wild. You can do your part to help local wildlife by donating items from the clinic's wish list: paper towels, Purina ONE Kitten Chow, Purina Puppy Chow (no colored chunks), wild bird seed, bleach, fragrance-free laundry detergent, new or gently used bath and hand towels, red heat lamps (250 watts), garbage bags (42 gallons) and ceramic crocks of all sizes (ramekins, etc.).

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.



This beautiful double-crested cormorant, patient #0388, enjoys daily visits in one of the clinic's bathtubs. It allows the bird to exercise and keep its feathers clean



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Fishing Is Quickly Rebounding



by Capt. Matt Mitchell

What a difference a week can make, with our temperatures finally starting to rebound. Fishing made a major turn for the better and we started to see the

first signs that spring is close.

Although our water temperature is still 10 degrees lower than where it should be this time of year, it's a whole lot better than the almost 20-degree drop we had after our last cold front.

Redfish action really picked up as things began to warm up. After catching only small redfish with an occasional mid-slot-sized model for what has seemed like the last month or more, the size and quantity got a whole lot better this week.

Redfish were caught on live shrimp and while throwing soft plastic jigs on mangrove shorelines. The big redfish of the week was 29 inches, but the average size was a great improvement over prior weeks, with lots of 20- to 25-inch fish.

The key to finding and catching these redfish on live bait was to spot a few fish in the sand holes just out from the mangroves. Once I spotted one or two, I would set up and generally within a

few minutes, we would catch a couple. After going 10 minutes without a bite, I would then bump down another 50 yards on the same shoreline and try it again.

Lots of these same sand holes also held some really good sized trout. Having my clients bounce their live shrimp all the way back to the boat caught trout to 24 inches. These have been much bigger than the ones I have been catching out on the flats, although the average size of the open water trout is slowly starting to increase, too.

Trout fishing will get better and better over the next month, with April being one of the better months we have for the larger ones of the species.

Sheepshead fishing remained strong this week, with fish up to 19 inches caught both in the passes, on deeper mangrove shorelines and around docks with good tide flow. My preferred method was fishing chunks of shrimp on a 1/4 oz. jig head. Most docks just off the intracoastal held good numbers of fish. Some of these docks are better on an incoming tide while others are better on an outgoing tide.

This sheepshead action will really start to slow down in the next few weeks as the water warms up. Sheepshead remained my go-to species this week and are a great way to start a charter off by quickly bending the rods and getting dinner fillets out of the way before moving on to another species.

This has been one of the better years I can remember for sheepshead action in recent years, with huge numbers found throughout the sound. It seems just about everywhere you go is loaded



John Majewski with a 29-inch redfish caught while fishing with Capt. Matt Mitchell this week

up with them.

Winter really seemed to start late this year and then just stuck around, it seemed, for so long. Warming temperatures mean that our fishing is finally getting back on track and should only keep improving from here on out.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com. ✨



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Dave Doane

Shell Museum Launches Oyster-lympics

Everyone is invited to join the “mollusk madness” during the 4th annual Oyster-lympics, co-sponsored by The Bailey-Matthews Shell Museum and The Timbers Restaurant & Fish Market. The event will be held on Saturday, April 20 from 11 a.m. to 2 p.m. at The Timbers. Proceeds from the event will benefit the museum’s exhibit and educational programs.

As in prior years, not only do the best oyster eaters win a prize, but spirit, costume and fundraising awards will also be up for grabs. Although the annual Oyster Eating Contest is the main attraction, this year the event committee and museum volunteers are planning additional “games” to add to the excitement of the competition.

There will be an Oyster Shucking Contest, with local hotels and restaurant “shuckers” competing for Best Shucker, an exciting Pearl Dive sponsored by Lily & Co. Fine Jewelry Gallery, and other fundraising activities to make this year’s event “Oyster-lympic!”

As in the past three years, Clay Miller, co-anchor from our local NBC-2 affiliate, will emcee the event. This year, he’ll be joined by Krista Fogelson, his co-anchor.

“I think it’s great,” Miller said of the contest. “I like the camaraderie, the community coming together to do what



The Winner's Circle from the museum's 3rd annual Oyster Eating Contest in 2012 includes, from left, Chuck Woods, Ron Clayton and 2012 champion Lamar Williams

they can for The Bailey-Matthews Shell Museum. Anytime you can put money towards stuff that deals with our environment and what’s out in our oceans, I think it’s wonderful.”

The event includes food and drinks from The Timbers, a mini-exhibit from the museum, and shell crafting and face painting for kids. The 25 contestants in last year’s competition tried various methods of ingesting as many mollusks as possible in one minute – including dousing the oysters in butter, beer, Tobasco and cocktail sauce – before slurping them

down. The rowdy crowd of nearly 500 sampled a plethora of delicious oysters, cuttlefish and shrimp and baby octopi from The Timbers. They also waved signs, shook noisemakers and cheered wildly for their favorite contestants.

The 2012 annual Oyster Eating Contest was a slurping success. Lamar Williams successfully defended his title to remain the “King of the Mollusk Munchers.” There was some drama involved, as Williams and fellow competitors Ron Clayton and Chuck Woods finished in a three-way tie with 48 oysters

eaten in one minute – the same number that won last year’s competition. After a 30 second tie-breaker, Williams was declared the winner after having downed an additional 37 oysters.

Sponsored by R.C. Otter’s Eats (Stilwell Enterprises), Lamar explained his victory: “I just ate like I was on fire. That’s all I did. I just grabbed them and ate them as quickly as I could. There wasn’t any strategy to it... I didn’t put anything on them. Great oysters!”

There are several event sponsorship opportunities available. To learn more about sponsorships or to participate as a contestant, visit www.shellmuseum.org or contact John Suau at 395-2233 or info@shellmuseum.org.

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Sanibel-Captiva Conservation Foundation Upcoming Programs



Florida softshell turtle

Tank Talks

On Tuesday, March 26 at 10 a.m., join an SCCF biologist for Tank Talks in the SCCF Nature Center. The SCCF Nature Center has educational ambassadors living in tanks. There is Indie the endangered Indigo snake, Jewel the Diamondback Terrapin, Happy the Florida Snapping turtle, Salty the mangrove water snake, plus baby box turtles and other critters in the touch tank. Take a guided tour to learn about these living ambassadors many of which are SCCF research subjects. Cost of the talk is \$5, with SCCF members and children free.



Indigo snake

Shorebird Walks At The Sanibel Inn

On Wednesday, March 27 at 8 a.m., meet your SCCF guide poolside at the Sanibel Inn, 937 East Gulf Drive. Learn the stories of the shorebirds you encounter; some have migrated thousands of miles to local beaches. Sanibel continues the commitment to protect local beaches by leaving the wrack community of cast ashore seaweeds and sea grasses that feed the insects, shorebirds and beach plants that live there. This program is free to all.



Shorebird walks at the Sanibel Inn



Mother and baby bobcat photographed along West Gulf Drive in March 2008

Bobcat Tales

There is a bobcat that calls every inch of Sanibel and Captiva home. Female bobcats may be giving birth to kits in January. Baby bobcats have been spotted. Come to SCCF and learn more about these shy felines that live so peacefully amongst us. The program begins at 10 a.m. on Wednesday, March 27 at the SCCF Nature Center. Cost is \$5 per adult, with SCCF members and children free. Following the program, take a walk on the trails to the Sanibel River, look for bobcat scat and climb the tower overlooking the Sanibel River.

Turtle Tracks

Learn about the life-cycles and habits of sea turtles that nest on local beaches and what SCCF is doing to protect them. Get an update on the whereabouts of RECON2, a satellite tagged Kemp's ridley being tracked by Mote Marine Lab and the Conservancy of Southwest Florida. The Kemp's ridley is the world's most endangered sea turtle. Juvenile Kemp's use Pine Island Sound as a nursery. Since 1992, SCCF sea turtle volunteers and staff have monitored every inch of Sanibel and Captiva beaches each morning from May 1 through October, looking for tracks to nests laid the night before or nests that have hatched. The Turtle Tracks program is Thursday, March 28 at 10 a.m. at the Sanibel-Captiva Conservation Foundation. The program is free to SCCF members and children, or \$5 for adults. Take a walk on the trails or visit the butterfly house following the program.



Charles LeBuff, left, and Eve digging a turtle nest

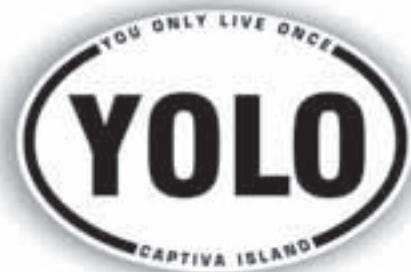
Snowy Plover Program

Watch where you walk... there are plovers on the beach. SCCF has been monitoring and staking the nests of this bird on Sanibel beaches for 10 years. Join SCCF biologists to learn about this threatened species and what you can do to protect their small nesting populations. Join an SCCF biologist for the snowy plover program on Thursday, March 28 at 2 p.m. in the SCCF auditorium. Cost of program is \$5, with SCCF members and children free.



Snowy plover sibling chicks

Call SCCF at 472-2329 for more information on these programs unless. The SCCF Nature Center is located at 3333 Sanibel-Captiva Road.*



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Dan and Gina Deddens from Shrewsbury, Missouri have been visiting "Ding" Darling for years. They opted to pledge to the campaign by a monthly credit card donation

From page 4

'Ding' Campaign

Committee members include Mary Lou Bailey, Chauncey Goss, Porter Goss, Doris Hardy, Jon Heinrich, Kip Koss, Chip Lesch, John McCabe, Mike Mullins and Bill Vanderbilt.

The "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) leads the Preservation Campaign to acquire the 6.56 acres on Woodring Point for the JN "Ding" Darling National Wildlife Refuge and to update and enhance the refuge's Education Center exhibits and facilities, including the addition of an elevator.

The property preservation is a cooperative effort. DDWS and Lee County's Conservation 20/20 program will each purchase part of the land; the refuge will assume responsibility to restore and manage both parcels. DDWS must raise private funds to purchase its parcel by September of this year.

If not preserved by the refuge, zoning would permit as many as five dwellings and boat docks extending into Tarpon Bay. Construction of new homes and the increase in boat traffic would have significant impact on the sensitive habitat.

"With a successful campaign, this land acquisition will protect rare bay beach habitat that more than 80 different land and marine species call home or visit for food and shelter," said DDWS President John McCabe.

For more information, contact

DDWS Executive Director Birgie Vertesch at 292-0566, or visit www.dingdarlingsociety.org/campaign-update. To donate online, go to www.dingdarlingsociety/donations-text.

As a non-profit 501(c)3 organization, DDWS works to support J.N. "Ding" Darling National Wildlife Refuge's mission of conservation, wildlife and habitat protection, research, and public education through charitable donations and Refuge Nature Shop proceeds.

To support DDWS and the refuge with a tax-deductible gift, visit www.dingdarlingsociety.org or contact Birgie Vertesch at 292-0566 or director@dingdarlingsociety.org.

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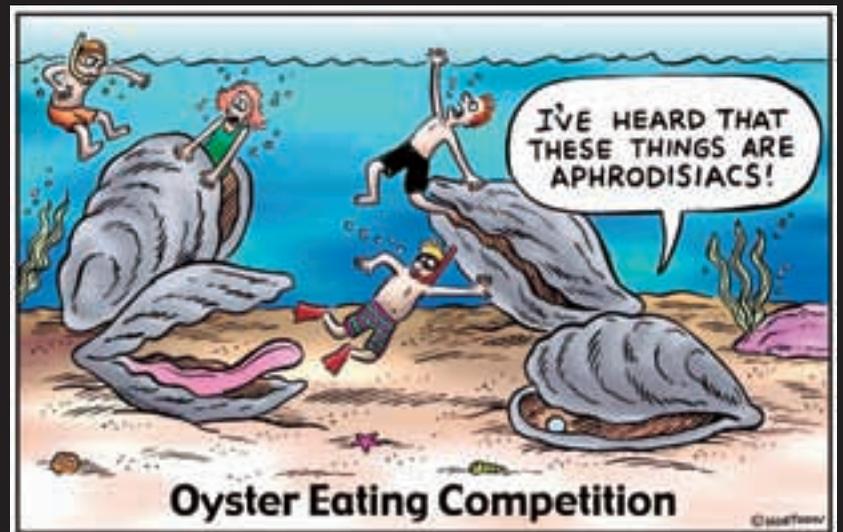
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Saturday, April 20, 11:00 AM - 2:00 PM
The Timbers Restaurant & Fish Market



Oyster Eating Competition

Join the fun this year with an expanded version of the annual fundraiser! New events include an **Oyster Shucking Contest**, a revised **Oyster Eating Contest**, a **Pearl Dive**, and other fun oyster-related activities. Let the games begin! To participate or to sponsor the 2013 Oyster-lympics, please visit shellmuseum.org or contact John Suau at (239) 395-2233 or info@shellmuseum.org.

'Ding' Darling And Doc Ford's Tarpon Tournament Educates And Conserves

The "Ding" Darling Wildlife Society—Friends of the Refuge (DDWS) and Doc Ford's Rum Bar & Grille have teamed up again for a second year to host a tarpon competition termed a "catch, release, and care" tournament on Saturday, May 4.

"Saltwater fishing has a nearly \$5.5 billion economic impact in the state of Florida, according to the Florida Fish & Wildlife Conservation Commission," said DDWS President John McCabe. "That's huge, and we feel it is part of our mission to step up to educate the fishing population about responsible sportsmanship. We are working together with Doc Ford's and other partners to promote the sport of tarpon fishing in Southwest Florida and the importance of understanding and appreciating the amazing tarpon, so that future generations will have the opportunity to 'bow' to the Silver King decades from now."

Again this year, *New York Times*' bestselling Doc Ford murder-mystery series novelist Randy Wayne White will be participating in the "Ding" Darling and Doc Ford's Tarpon Tournament.

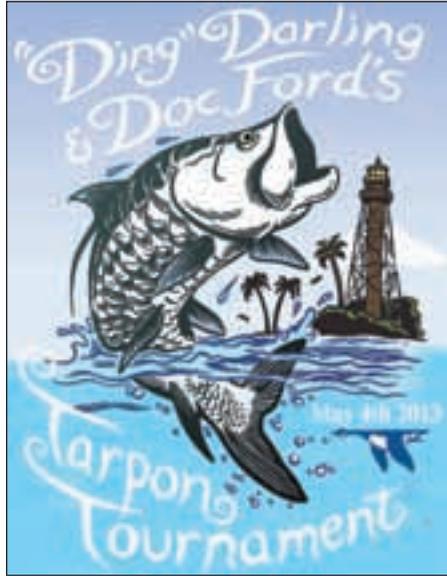
"The inaugural tournament brought a day of great action and getting together with a lot of local fishermen I haven't seen in a while," said White, a former area fishing guide. "I'm really looking forward to doing it again this year."

The "Ding" Darling tournament demonstrates mindful fishing in many ways. First of all, it forgoes harmful weigh-in practices that require bringing the fish back to the starting point. It works within an honor system by declaring winners from photos taken on-board. Furthermore, the rules do not allow a controversial fishing practice called jig fishing, and the tournament committee assigns extra points for anglers who perform a DNA scrub on their catches.

As part of the FWC's Tarpon Genetic Recapture Study, the scrub sampling helps scientists track tarpon and educate the public. Professional, field-based data collection is costly, making it difficult to obtain the large number of DNA scrubs needed to study tarpon effectively. Anglers in this tournament are encouraged to become citizen scientists and obtain scrubs, which are key to getting the number of samples needed to better understand tarpon and learn how to protect them.

The final component in the catch, release, and care equation: Proceeds from the tournament directly benefit wildlife conservation efforts at JN "Ding" Darling National Wildlife Refuge, a 6,400-acre complex of protected wetland and marine habitat on Sanibel.

"Sport fishing is here to stay, and it's important that anglers are educated to be better stewards of our waters and its marine life," said DDWS Executive Director Birgie Vertesch. "Responsible, sustainable fishing has always been a part of the National



Teams pulled hefty tarpon to the surface in the inaugural tournament last year

Wildlife Refuge System's mission, and we continue that tradition with this conservation-minded tournament."

Tournament entry fee is \$500 per boat; only 20 slots remain in a field of 50 boats. One hundred percent of the entry fees is awarded in prize monies to the teams that catch the most tarpon, with event sponsorships and donations going to support the refuge.

Doc Ford's, with locations on both Sanibel and Fort Myers Beach, believes strongly in supporting the refuge and sport fishing, said co-owner Marty Harranty.

"Anglers from all over the country participate in this tournament, which sold out last year," he added. "It's a real testament to good, honest fishing with a twist of science and conservation."

This year, the public is invited to the Silver King for "Ding" After-Party. Limited tickets are available at \$50 for each non-fisherman and includes dinner and a silent auction.

For tournament reservations or After-Party tickets, visit www.dingdarlingtarpontourney.org or contact Birgie Vertesch at 292-0566 or director@dingdarlingsociety.org.

Tournament sponsors include Title Sponsor: Doc Ford's Rum Bar & Grille; Presenting Sponsor: Diversified Yacht Services of Fort Myers Beach, Sanibel Bean; Platinum Sponsor: *Florida Weekly*, Lamar Advertising, Suncoast Beverage; Gold Sponsors: Anisa Stewart Designs, Bella Signs & Designs, Dan Hahn Custom Builders, Holiday Inn of Sanibel, *Island Sun*, Myers, Brettholtz & Company, PA; Silver Sponsors: Fort Myers Beach Tarpon Hunters Club, Gulf Star Marina, John Grey Painting; Paradise Advertising and Design, R.S. Walsh Landscaping, Sanibel Captiva Daily, Sanibel Island Fishing Club.✪



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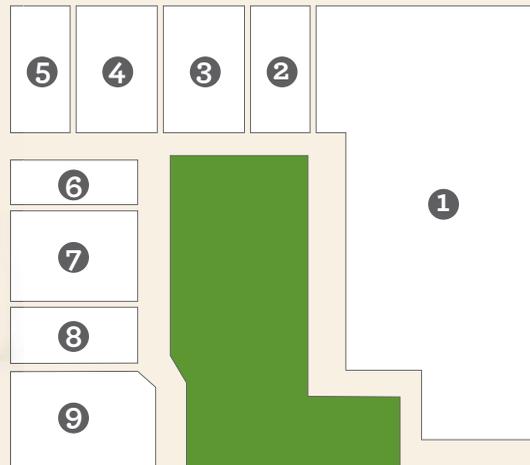
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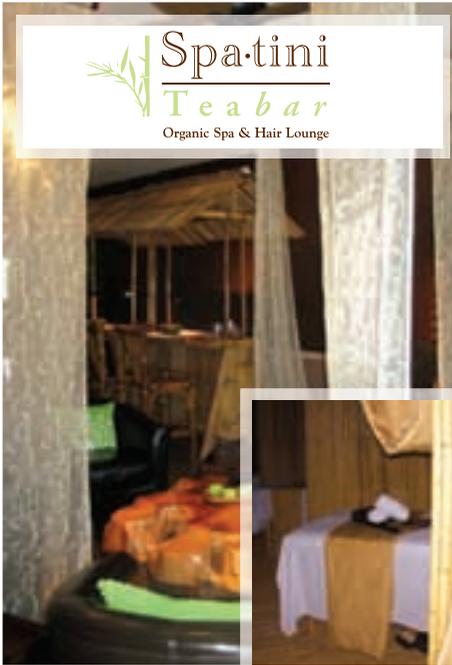


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Snowy plover

FWC Invites Input On Draft Plans To Conserve Eight Species

The snowy plover, American oystercatcher, black skimmer and least tern lay their eggs and hatch their young on Florida beaches, spoil islands and rooftops. Loss and degradation of habitat are major threats to the shorebirds' survival, with their colonies and nesting areas becoming fewer and more fragmented. Because of their declining numbers in Florida and habitat loss, these beach-nesting birds qualify for listing as state-threatened species.

The just-released draft action plan for imperiled beach-nesting birds is among the second group of draft species action plans covering 60 species that the Florida Fish and Wildlife Conservation Commission (FWC) is unveiling in 2013.

The alligator snapping turtle, Florida bonneted bat, white-crowned pigeon and Florida tree snail also have newly drafted species action plans. The public is invited to review and comment on the plans at <http://share1.myfwc.com/ISMP/default.aspx>



Roseate spoonbills with chick

now through April 23.

Earlier this year, the FWC released the first group of draft species action plans that included 23 species. The agency will roll out the remaining plans later this spring and summer. For a full list of species and to review all of the draft species action plans, visit our website at www.MyFWC.com/WildlifeHabitats and select Imperiled Species.

The draft action plan for imperiled beach-nesting birds spells out steps to conserve these four species with the ultimate goal that they no longer will be listed as threatened.

"The dynamic nature of Florida beaches,



Snowy egret

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White ibis

from natural changes caused by storms and erosion to the presence of beachgoers and the loss of habitat, poses significant challenges to the survival of beach-nesting birds," said Claire Sunquist Blunden, the FWC's stakeholder coordinator for imperiled species management planning.

The FWC's draft plan outlines commonly shared conservation measures that will benefit the snowy plovers, American oystercatchers, black skimmers and least terns throughout our state. Successful conservation of beach-nesting birds will require action not only by the FWC but also the cooperation of the many different groups which use, own and care about Florida's coastal resources. They include local, state and federal government agencies, the public, private property owners, non-governmental organizations, businesses and researchers.

People enjoying Florida beaches during spring break need to be aware they should keep their distance from beach-nesting birds. For more tips, go to www.MyFWC.com/WildlifeHabitats and select "Share the Beach with Beach-nesting Birds."

The draft species action plans are a vital component of Florida's new conservation model, which first involved preparing Biological Status Reviews for 60 imperiled spe-



Brown pelican

cies and now requires developing plans to conserve each of them. Once the 49 plans covering 60 species are revised based on public input, FWC teams will look for common themes and actions to develop Integrated Conservation Strategies.

"We hope the public and stakeholders will comment on the draft species action plans and share their ideas on common themes or actions among plans," said Claire Sunquist Blunden.

Finally, an Imperiled Species Management Plan will be developed that ties together the action plans covering 60 species, addressing the commonalities of what's necessary to conserve all the wildlife represented in the plan.

For more information and to see the species action plans, go to www.MyFWC.com/Imperiled. ✪

all photos courtesy of FWC



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Thickets of catbrier provide cover and nesting sites for birds

Plant Smart

Catbrier

by Gerri Reaves

This native vine has a Latin name suggesting a smile, but it might not bring a smile to your face if you encounter its claw-like thorns that give it the common name catbrier (*Smilax* spp.).

But the plant has its uses. On a fence or by a window, the sprawling vine can help deter burglars.

It's worth noting, too, that catbrier species provides cover and nesting sites for birds as well as food for wildlife such as birds, deer and black bears. It grows plentifully in natural areas such as woods and pinelands.

Many catbrier species are native to Florida. Among the most common are



The fruit is a food source for birds and other wildlife

bamboo vine (*S. laurifolia*), also known as laurel greenbrier, and earleaf greenbrier (*S. auriculata*).

Everglades greenbrier (*S. havanensis*) is listed as threatened in the State of Florida.

Several species are very similar in appearance. Leaf shapes can vary even among a species, and the thorns are not always present either.

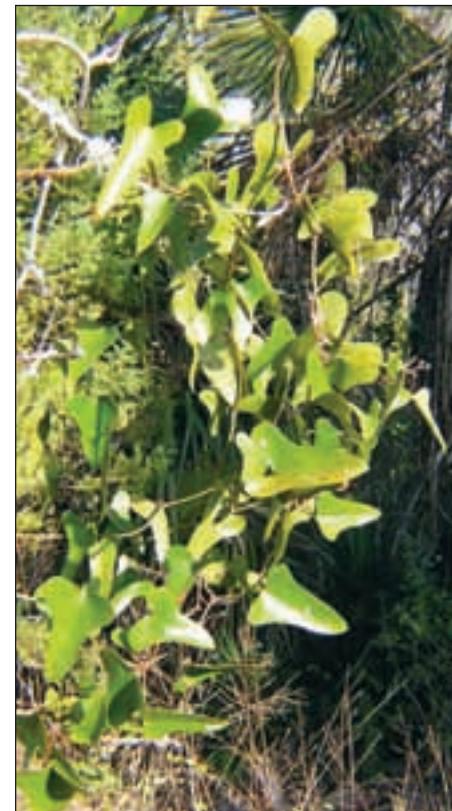
Both bamboo vine and earleaf greenbrier have somewhat elongated oval or oblong leaves with a mid-vein and two prominent lateral veins, the former's less so. The bases of the leaves are sometimes lobed.

Both produce greenish white flowers in spring on a stalked umbrel, or cluster which resembles an umbrella because the branches radiate from the same point.

Both species produce blue-black berries in fall.

Catbrier climbs and clings with tendrils. If eradication is desired, all of the underground tubers should be removed, or the plant will return.

But if you appreciate this hardy native, cultivate it with seeds or cuttings.



Several species of catbrier are native to Florida. Leaf shapes vary from oblong, oval and even elongated heart-shape, pictured here

photos by Gerri Reaves

The edible new growth of earleaf greenbrier is said to taste like asparagus. The Seminole Indians used the flour made from the roots in various foods.

Sources: *The Guide to Florida Wildflowers* by Walter Kingsley Taylor, *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, *The Shrubs and Woody Vines of Florida* by Gil Nelson, *Everglades Wildflowers* by Roger L. Hammer, sfrc.ufl.edu, and FloridaData.com.

Plant Smart explores sustainable gardening practices that will help you create an environmentally responsible, low-maintenance South Florida landscape. ✨

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Fish Caught



Skipp Tutor with his catch

Using a skitterwalk lure, Skipp Tutor caught a 24-inch trout outside of Redfish Pass last week. Tutor had visited Sanibel for several years and is now a full-time island resident.✪

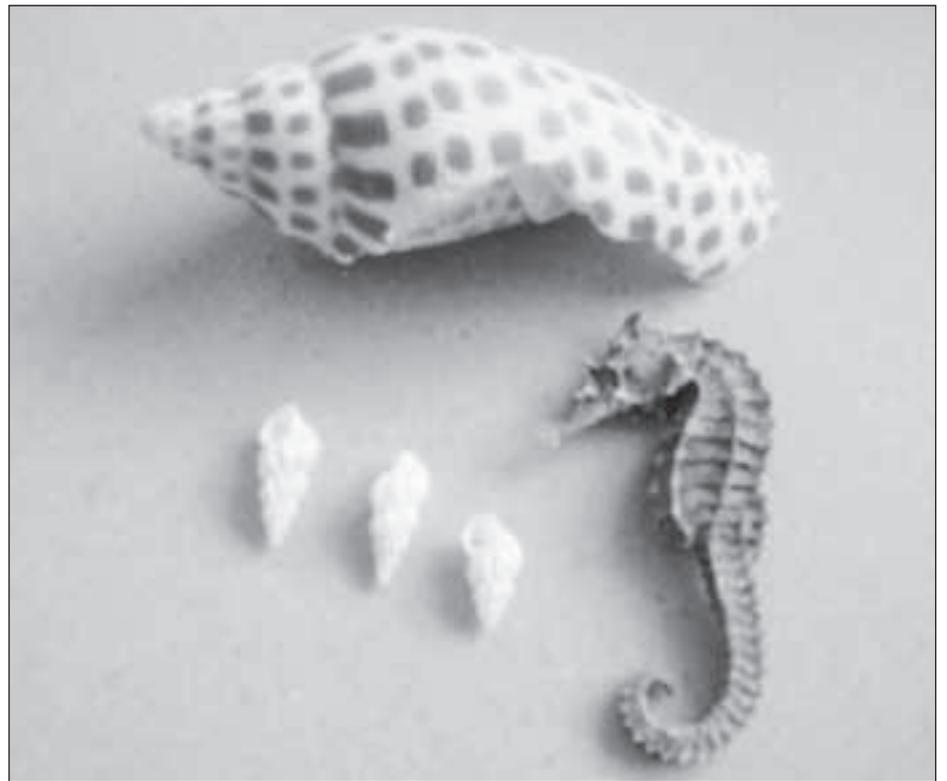
Fish Caught



Gene Taylor with his catch

Gene Taylor caught this 24-inch sea trout with a top water lure outside McCarthy Cove last week. Taylor is the golf pro at Sanibel Island Golf Club.✪

Shells Found



Suzanne Reece's shell finds

My husband and I moved to Sanibel on February 10 from California. Around February 23, I found a seahorse; on March 5, a junonia; and just last week, three wentle-

traps. We have been coming to Sanibel for several years and have never seen a seahorse or junonia. The shelling goddess has been good to me!

Suzanne Reece, Sanibel✪

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Just Say No To Rat Poisons

by Dee Serage Century, Living With Wildlife Educator, SCCF

Where have all the barn owls gone? In 1980, 50 barn owl boxes were installed on Sanibel by SCCF volunteers to provide nesting sites now missing since the disappearance of island farming. The box on the side of the SCCF Nature Center was occupied first that year by a reproductive barn owl pair. Soon, there were four more pairs that nested: at CROW, the refuge and the homes of presidents of the SCCF Board of Directors and the local Audubon Society... an urban legend in the making.

For 29 years, barn owls continued to nest yearly at the SCCF Nature Center. In 2007, a nest box camera with sound was installed. To the delight of staff and visitors, we watched as eggs hatched, rats caught the night before were fed to the noisy chicks in pieces, and then whole as they grew. Eighty-two days later, the chicks fledged. Did you know that barn owl chicks sometimes nap on their backs with legs sticking straight up?

The last time the barn owls nested at SCCF was 2009. At the refuge, the last nesting was in 2010. What could have happened to our admittedly small nesting population of island barn owls? Maybe the great horned owls got them, magnificent predators that they are. But I have a "gnawing" feeling that the use of rat poisons has something to do with the barn owls disappearance. Compared to 1980, the use of rat poisons and black boxes has definitely increased, by homeowners as well as professional pesticide companies.



Male and female barn owls released recently on Sanibel by CROW and JN Ding Darling. Male is white breasted and female is beige breasted.

There are no rodent poisons that are safe for wildlife. Anti-coagulant poisons, known as "second generation" or "single feed" rodenticides, are sold under various product names. They are strong enough to kill a rodent after a single feeding. A rodent consumes the poison at a bait station, and then slowly dies of internal hemorrhage. What makes these poisons so dangerous to wildlife is that, although a single feeding of poison will eventually kill, it takes four to seven days for the rodent to die. During this time, rodents can consume more bait, raising the level of toxins in their bodies to a dose lethal to the larger animals that eat rodents and carrion, such as bobcats, hawks, owls, eagles, foxes, raccoons, snakes, opossums, domestic animals and heaven forbid children. According to the EPA, 25,549 children suffered poisoning symptoms from rodenticides between 1999 and 2003. A study of the urban bobcat populations in Southern California suggests that the exposure to rodent poisons may have increased the susceptibility of bobcats to severe mange disease; 19 of the 19 cats that died from notoedid mange were exposed to the poisons.

In 2011, over-the-counter purchase of these rat poisons by homeowners was supposed to end due to a 2008 EPA ruling in response to the documented poisonings of wildlife and children. Manufacturers of these products were given until June 2011 to come up with safer alternatives. June 2011 has come and gone, and the pesticide companies have refused to comply. They are now in legal battles defending their "right" to sell these harmful poisons. Instead of waiting for a court decision, California's Marin County and San Francisco passed resolutions asking retailers to voluntarily not sell these EPA-banned products.

As island homeowners and consumers, we are in the driver's seat. If you have a rodent problem, the best long-term defense is exclusion. Seal up openings around structures with copper wool or ask your professional to help with exclusionary methods so the rodents can't get in. Leave the outside rodents for the bobcats, hawks, fox, eagles and owls to eat. Try working with a professional wildlife removal business instead of a pesticide company. Call Dee at 472-2329 for more information.

To catch rats, use instead snap-traps in areas where pets and children can't be harmed. These kill the rat quickly. Battery operated rat zappers also work. This all may be more work for you and your pest control company, but you are the boss. If you can't give the poisons up, never leave them out all year, but only when there is a problem. How much wildlife has quietly died out of sight from the use of these poisons?

Recently, baby barn owls were released by CROW and JN "Ding" Darling on the islands. Let us all work hard to make sure they survive. If you have sighted a barn owl or great horned owl recently, call Dee at SCCF.

For a list of the banned products and their manufacturers, go to www.raptorsarethesolution.org and click on "Rodenticides That Kill."*

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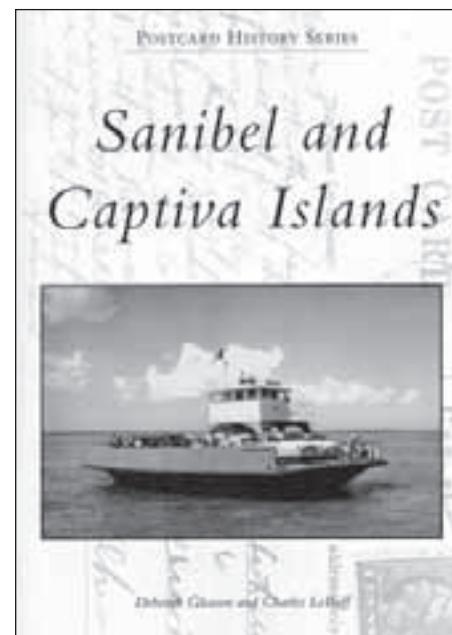
Sunset Cruise With LeBuff And Gleason

This Sunday March 24, Captiva Cruises will offer a sunset cruise with Charles LeBuff and Deb Gleason aboard the *Lady Chadwick*, Captiva Cruises' flagship vessel. LeBuff and Gleason are co-authors of a new book entitled *Sanibel and Captiva Islands: A Postcard History*.

In 1958, LeBuff accepted a position with The Sanibel National Wildlife Refuge, which was renamed The JN "Ding" Darling National Wildlife Refuge in 1967. LeBuff worked at the refuge for 32 years and had the opportunity to talk with Jay Norwood Darling about conservation on the islands. LeBuff pioneered sea turtle research in Southwest Florida and formed Caretta Research in 1968 to study the loggerhead sea turtle. He became a charter member of the Sanibel City Council and played an instrumental role in the city's incorporation and its conservation legacy.

Gleason grew up on Sanibel, helping with family rental cottages and later helping visitors become islanders in the world of real estate. She now serves as chairperson of the Sanibel Historical Preservation Committee.

This unique cruise will depart McCarthy's Marina on Captiva at 6:15 p.m. and travel on Roosevelt Channel, passing by the historic "Ding" Darling



fish house on the way to Redfish Pass for sunset.

Learn about the fascinating history of Sanibel and Captiva from these colorful islanders. There will be an opportunity to purchase books and have them signed by the authors.

Space is limited and reservations are required by calling 472-5300. Cost is \$40 for adults and \$25 for children. Light hors d'oeuvres will be provided. The *Lady Chadwick* is equipped with a full-service cash bar, enclosed lower cabin and open-air deck.*



Jeremy Conrad on the job

'Ding' Lecture To Focus On Benefits Of Fires At Refuge

“Ding” Darling biologist Jeremy Conrad, along with refuge fire operations and fuel technician Paul Ryan, will talk about Fire: The Secret To A Healthy Eco-System at a special presentation at JN “Ding” Darling National Wildlife Refuge on Friday, March 29 at 10 a.m. and 1 p.m. in the free “Ding” Darling Education Center.

Conrad started working at Loxahatchee National Wildlife Refuge on Florida’s East Coast as an invasive species biologist in 2008. He got involved in the prescribed fire program, an integral tool for treating invasive species in the Everglades.

“I was very active in the fire program at Lox, and since 2008 I have traveled around the state of Florida participating in fire training, executing prescribed fires, and combating wildfires,” he said. “I have been involved in the fire program here at ‘Ding’ since 2010, when I first started working here. Paul Ryan is the ‘fire dude’ – a forester whose primary job responsibility is managing the fire program here at ‘Ding’ and supporting the FWS [Fish & Wildlife Service] fire mission throughout the country.”

Ryan, who has been at the refuge since 1995, travels throughout the country year-round training and fighting fires and is the technical expert for the talk. He will be available for questions after Conrad’s presentation and will wear some of his fire gear for visitors to see and ask about.

The refuge and other public lands conduct prescribed burns not only to eradicate invasive vegetation species, but also importantly to rid forested tracts of undergrowth that can fuel a wildfire and cause property damage.

Admission is free to the lecture, which is sponsored by Shell Point Retirement Community and “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS), as part of its 11-week Friday Lecture Series.

continued on page 37



Paul Ryan discusses fire strategy at a prescribed burn last year at “Ding” Darling NWR

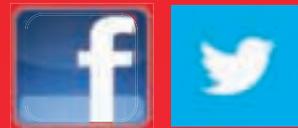
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Bird's Eye View

The Media's Most Dangerous Animals: Bears II



by Mark 'Bird' Westall

Although the mountainous valleys of the North American West have always been the favored habitats of the grizzly, there is evidence that after the post-glacial

period began, they could also be found east of the Mississippi as far as the western shores of Lake Ontario and as far south as the Ohio River. West of the Mississippi, they roamed all the way down into Mexico.

The early people who lived in North America co-existed with a lot of grizzly bears. But by the time Europeans had arrived on the continent, these big, ferocious omnivores had retreated back west across the Mississippi to where Lewis and Clark found them in 1805. However, they were still a force to be reckoned with out on the prairie and they were so common in California in the mid-1800s that it was eventually placed on the State Flag. There was even a saying in that state that you couldn't ride a horse for a mile without seeing 10 grizzly bears.

How did civilized humans live with that potential danger? Well, they didn't!

By 1890, the last grizzly was removed from the wild in California and, today, it has almost been completely exterminated from all of the lower 48 states, except for the Yellowstone and Grand Teton National Parks and the most remote parts of Idaho, Montana, Washington and Wyoming. They still dominate the landscape in western Canada and, as I wrote about last week, Alaska. But it seems that when civilization moves into the wilderness, there is no room for a creature that demands a lot of caution and respect.

I hope the grizzly will be able to survive in the far north. So far, the tough stamina and character that the north country demands translates into a citizenry that is more willing to accept a creature like the grizzly on its own terms. Humans who move there really want the "wilderness experience." If some "chechaquo" moves up there with only the pretence of coexisting with the harsh environment, they either only last part of the first winter before they turn tail and run for home; or they die! Maybe the grizzly is lucky that western Canada and Alaska winters are so difficult and civilized folks find that environment less acceptable to their genteel way of thinking.

As far as the grizzly habitat still available in the lower 48, only time will tell if the grizzlies will be allowed to remain there as civilization moves in. Lately, they have been making some recoveries, but people are now subdividing the big ranches into little 20-acre "ranchettes" and the mountains and valleys of the west

are becoming "suburbanized."

Several years back, I had some friends that lived in Jackson Hole, Wyoming and they thought it was cool that a moose would sometimes use their garage as a windbreak during a winter snow storm and just accepted it when they were late for an appointment. But they were also big supporters of lengthening the airport runway so more people would move to the valley and increase the economic development of the community.

They would look at me as though I was un-American when I would try to explain to them that as the valley became more civilized, there was going to be an increase in people who didn't want that moose keeping them from the ski lift on time. They would be demanding, "Put that moose in the surrounding parks and national forests. That's why we have those places around the valley." Unfortunately, the wildlife does not recognize civilization's boundaries. And I can just about guarantee that very few of the "newcomers" will be willing to tolerate the possibility of a grizzly living within the vicinity.

This is going to sound crazy, but with civilization encroaching in from all sides, the best chance for the survival of the grizzly in the lower 48 states will probably be if its numbers can reach a high enough threshold that sustainable hunting can be initiated. I say this not because I support this idea, but humans find it very difficult to politically justify the existence of a species - particularly a large potential predator living within close proximity to civilization - unless humans can gain a direct benefit from that species.

Hunting has been a historically acceptable justification for forcing the general public to co-exist with wildlife ever since the government decided wildlife populations had to be managed if they were going to survive!

The grizzly might be a "keystone" species and, therefore, very important to the

health of the ecosystem where it is found, but the government bodies put in charge of its survival and management will find it politically difficult to force the human communities to tolerate its presence unless humans are allowed to hunt it. As a general rule of thumb, having wildlife around cannot have only an indirect benefit to humans; the benefit must be a direct one.

The obvious difficulty for this scenario is that in order for the grizzly population in the lower 48 to be able to sustain an annual harvest through hunting, its numbers will probably have to be so great that there would be way too many confrontations between the bears and people. I just don't see suburbanites and grizzlies co-existing and, since I believe that all of the private land in the west will eventually be civilized, I don't have much hope for the grizzly in the lower 48.

Now, the other bear species in North America, the black bear; it represents a totally different scenario than that of the grizzly and, actually, has a halfway decent chance of survival in our civilized world. The American black bear is the world's most common bear species and in Florida, its numbers have grown from a low in the 1970s of 300 individuals to more than 3,000 today. I am sure most of you remember it was not so long ago when even Sanibel had a black bear roaming its wild lands.

Next week, I will continue my discussion about the black bear and the potential threats it, and the grizzly, actually present to humans.

A former city council member and mayor, Mark "Bird" Westall has owned and operated Canoe Adventures, Inc. on Sanibel for over 33 years. Visit www.canoewithbirdwestall.com for more information.✪

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Fish Caught



Eric Fjelstad with his catch

Eric Fjelstad, visiting his uncle, islander Jim Fjelstad, caught this 42-inch snook off a reef in 25 feet of water this past week. The pair were fishing for sharks using ladyfish tails for bait when the monster snook hit. The fish was released unharmed.✪



Island native marsh gentian

From page 35

Benefits Of Fires

Seating is limited and available on a first-come basis. Future events are listed below; both include two presentations at 10 a.m. and 1 p.m.

As usual, Wildlife Drive is closed on Friday, but visitors are welcome to enjoy the free Education Center and the recreational opportunities at Tarpon Bay Explorers, the refuge's official concessionaire located at its Tarpon Bay Recreation Area.

For more information on the lecture series, call 472-1100 ext. 241 or visit www.dingdarlingsociety.org/lectures.

Upcoming "Ding" Darling Lecture Series Events include:

- April 5 – Amanda Bryant, SCCF biologist, and Jeremy Conrad, refuge biologist – Sea Turtles of Sanibel

To support DDWS and the refuge with a tax-deductible gift, visit www.dingdarlingsociety.org or contact Birgie Vertesch at 292-0566 or director@dingdarlingsociety.org.

From page 1

Birding Authors

summer, winter, immature, morphs, important subspecies and birds in flight. It also provides special help for identify-

ing flying birds through insider clues on behavior, plumage and shape using methods the Stokes pioneered.

Those who pre-purchased the Eastern guide after the Stokes' lecture at the refuge earlier this month can pick up their pre-signed copies. Others can purchase copies for signing that morning at the Nature Store, proceeds from which support "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) and refuge wildlife.

For more information, call 472-1100 ext. 241 or email bookstore@dingdarlingsociety.org.

Weeds And Seeds

Love native plants? Explore with Weeds and Seeds, a group of amateur botanists who like finding and identifying native plants on Sanibel. The group gathers every Monday morning on the porch of the Sanibel-Captiva Conservation Foundation (SCCF) at 8:45 a.m. Walks, lasting for two hours, are guided by a leader with a plant list. Destination habitats include beach, mangroves, wetlands and dryer inland areas.

The walks are free but donations for SCCF are welcome. You may need parking money. Bring a hat, water, sun block and comfortable enclosed shoes with socks. For more information, call Elaine Jacobson at 395-1878.

Birding At Community Park Trail



Osprey with fish

The final Birding at the Preserves this season will be held on Monday, March 25 at 8 a.m. at Community Park (Mariposa) Trail on city-owned land. Both new and experienced birders will have a chance to see a variety of birds in a diversity of wildlife habitat. Botany enthusiasts are also welcome to help identify plants along the trails. The walks are free. Call the Sanibel-Captiva Conservation Foundation (SCCF) at 472-2329 for more details.

Community Park (Mariposa) Trail is on conserved lands owned by the City of Sanibel, behind The Community Center and abutting SCCF's Frannie's Preserve. Meet in The Community House parking lot adjacent to the playground.



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A pair of brown pelicans soar across the sky during SCCF's Sunset/Moonlight Rookery Birding Cruise, offered in cooperation with Captiva Cruises on March 14

photos by Jeff Lysiak

Sunset Rookery Birding Cruise Offers Rare Glimpse At Nature

by Jeff Lysiak

Armed with their binoculars, cameras and an eagerness to witness a little bit of nature that isn't often seen – or, perhaps more correctly, appreciated – two dozen passengers boarded the *Santiva* last Thursday evening to take part in the Sanibel-Captiva Conservation Foundation's special Sunset/Moonlight Rookery Birding Cruise.

Heading east out of McCarthy's Marina towards Chino Island, a secluded treasure hidden in the middle of Pine Island Sound, Captiva Cruises' environmental educator Richard Finkel shared some of the history of Southwest Florida, the people who have lived here and the wildlife that call it home.

"We're always talking about the environment, but when we do, we're focusing on the environment here in Pine Island Sound," said Finkel. "The Sound is an excellent habitat for wildlife, a great resource for food and the home to so many species of fish – tarpon, redfish, snook, you name it... this is the sport-fishing capital of the world – and none of it would be as attractive if this body of water weren't as healthy and productive as it is."

As the boat sailed past the historic Captiva Fish House, constructed in 1942 by editorial cartoonist Jay Norwood "Ding" Darling, a leader in the



Passengers spotted a juvenile bald eagle perched in its nest on York Island, one of the treasures nestled in the middle of Pine Island Sound



Bertha and Chris Kirby are avid birders who spill their time between Sanibel and Ottawa, Canada

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The brown pelican, one of only two pelican species that feeds by diving into the water, have a wingspan of nearly eight feet

conservation movement, Finkel noted that Pine Island Sound has a relatively low tidal fluctuation, ranging between four and six feet.

Passing the first group of mangrove islands, where several brown pelicans were spotted roosting amongst the branches, passengers pointed their cameras and binoculars towards the island. Finkel pointed out an aninga (also called the "piano bird," evidenced when its wings are stretched out), several loons, a snowy egret and an osprey. The osprey, sitting in a nest perched atop a piling, had been spotted during a previous cruise by Finkel.

"I think she still has some eggs in there with her... she's sitting pretty low," he told the crowd as the *Santiva* slowly chugged by. "I don't think they've hatched yet."

"Probably too cold," joked one passenger, noting the chilly temperature of the evening.

Readjusting the course of the cruise after spotting a number of frigatebirds heading in to roost for the night, the boat was joined by a pod of dolphins, which playfully followed the *Santiva*, much to the delight of the picture-taking passengers and Finkel.

"They're always a crowd-pleaser... and it never gets old for me, either," he added.

Arriving at York Island, a secluded sanctuary under the protection of the JN "Ding" Darling National Wildlife Refuge, the group spotted a few frigatebirds (also called "Man of War"), a great blue heron wading on a shallow oyster bar and a bald eagle. The eagle circled several times above the vessel before veering off and disappearing beyond a distant island.



Passing the historic Captiva Fish House, built in 1942 and previously owned by Jay Norwood "Ding" Darling

Later, a juvenile eagle was spotted in a nest at the north end of York Island.

"We've been coming down here for 20 years, and over the past five years, we've noticed a decline in bird populations," said Chris Kirby, who attended the SCCF Rookery Birding Cruise along with his wife, Bertha. The part-time residents of Sanibel and Ottawa, Canada said they enjoyed the trip. "They're always informative and fun."

"I really enjoyed seeing the bald eagle," added Bertha. "That was pretty exciting."

On the way back to Captiva, after being "chased" by another pod of dolphins, Finkel entertained the group with his knowledge of astronomy. Following sunset, a clear evening sky revealed a crescent moon, also known as "Earth Shine." Directly above the *Santiva*, what appeared to be a star was actually the planet Jupiter; the brightest star in the night sky - Sirius, also known as the Dog Star - was an indicator in ancient times that the Nile River would be flooding.

Finkel, who will again host SCCF's Rookery Birding Cruise on Tuesday, March 26 from 7 to 9 p.m., explained that people who enjoy getting an up-close look at nature will appreciate the cruise.

"The shoreline of Southwest Florida hasn't really changed that much in a couple of thousand years, so it's easy to imagine yourself stepping back to the time of the Calusa," he said.

Passengers should dress appropriate for the weather, bring binoculars and their cameras. Cost is \$40 per person, and space is limited. Proceeds will help support environment education programs at SCCF. To make a reservation, call Captiva Cruises at 472-5300.*



Environmental educator Richard Finkel

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W	27	Ballet in Cinema: <i>La Bayadère</i>	7 PM
F	29	National Geographic LIVE: Diver Kenny Broad	7:30 PM
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**A Play On Words
At Theatre
Conspiracy**

by Di Saggau

Words, words, words. There are so many of them in *The Liar*, now playing at Theatre Conspiracy. Memorizing all these words, plus saying everything in verse and couplets is quite a feat, and the cast has it down pat. I was especially impressed with Daniel Benzing, who plays the lead

character Dorante. Having just arrived in Paris in 1643, Dorante is a charming young man with a serious flaw: he always lies.

Taylor Murphy Hale plays Cliton, a manservant who cannot tell a lie. I loved the scene where Dorante gives Cliton lying lessons. "All the world's a lie and all the men and women merely liars." It's one of the wittiest scenes. Dorante's lies are brilliant. He uses whatever thought is at hand to say what he wants to say at the moment. "The Unimagined life is not worth living," he tells us. Cliton, his servant, says, "He minted all those lies.

continued on page 53

**Sons Of Confederate Veterans
Meeting On March 23**



Confederate soldiers

The Major W.M. Footman Camp #1950 Sons of Confederate Veterans will meet at noon on Saturday, March 23 at the Smoke N Pit BBQ, 1641 N. Tamiami Trail in North Fort Myers. The guest speaker will be Dr. Ted Childress and the program will focus on 1863: The Turning Point. An optional lunch starts at 11 a.m. The public is invited to attend. For further information, call Robert Gates at 332-2408.✱



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New Series At BIG ARTS

by Di Saggau



First Position is the first film in a new critically acclaimed documentary series at BIG ARTS. It will be shown at 1:30 p.m. Wednesday, March 27, in Schein Hall at BIG ARTS, 900 Dunlop

Road. The award-winning documentary follows six young ballet dancers, ages eight through 19 from around the world as they prepare to compete in the Youth America Grand Prix. The success of this documentary is in finding individual competitors with personal charisma who come from all walks of life.



One 16-year-old young man left Colombia to live in Queens and study in Manhattan. A 14-year-old girl, adopted from war-torn Sierra Leone, yearns to be like the graceful dancer she saw on a magazine cover in her childhood. An 11-year-old boy has the face of a Dickens orphan and the proud air of a born master; he comes from an army family whose father willingly took a tour of duty in Kuwait to keep the kid with his teachers in Naples, Italy.

Each of the six young subjects is a wonder of self-imposed discipline in service to art. All seem powered by inner dynamos and when they perform they leave youth far behind.

First Position is the first of four documentaries in the new Wednesday series. April 3 is Milton Glaser: To Inform and Delight, April 10 is Jiro Dreams of Sushi and April 17 is Kinshasa Symphony. There will be a short introduction before each film and an open discussion following the showing. Tickets are available at the BIG ARTS box office. Call 395-0900 for more information or visit www.BIGARTS.org.

Community Players To Hold Auditions

BIG ARTS launched a program for community theater and staged play readings of works by playwrights in Southwest Florida. All readings will feature the Community Players and other local talent, volunteering onstage and backstage.

BIG ARTS Community Players are holding open auditions for the original play *Old Money* by Thomas C. Riti of Cape Coral. Auditions will be held at 1 p.m. on Saturday, March 23 and Sunday,

March 24 at BIG ARTS Schein Hall, 900 Dunlop Road on Sanibel. The director is seeking two females age 60 or older, one male or female age 8 to 12, one male and one female age 25 to 35, and three males age 35 to 55. No monologues necessary. Sides available at auditions. The show will run for three weekends: Thursdays, Fridays and Saturdays, from May 16 to June 1. For more information, or if you cannot make these audition dates, email oldmoneyatbigarts@gmail.com.

The comedy *Old Money* focuses on two fictional characters, Harriet Turtlebub and Meredith Weatherbee. These seniors are an unlikely pair of counterfeiters who use the manufactured money to support

their favorite local charities. The local mob is out to put an end to this unexpected counterfeiting competition, which brings out comical situations right up to the unexpected final curtain.

The Community Players are also in need of volunteers to help with set-building, prop acquisition, stage managing and stage hands our theater productions. If you are interested in being part of our production team, contact srjewell@embarqmail.com.

Audition and other cast information is available at visit www.BIGARTS.org. To purchase tickets, go online, stop by BIG ARTS or call the Marks Box Office at 395-0900.*

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Cast of *Other Desert Cities*

Secrets And Lies At Florida Rep

by Di Saggau

Other *Desert Cities* is experiencing its Southwest Florida premier at Florida Repertory Theatre. This is a thought-provoking, serious and yet humorous play that I highly recommend. The story is set on Christmas Eve at the beautiful desert Palm Springs home of Lyman and Polly Wyeth, played by William McNulty and Carrie Lund. The play is not about the holidays, rather it's how a family can be torn apart by those they love.

As the play opens, there is laughter – a lot of laughter – but as the play continues, the laughter gives way to anger and frustration that family members have hung onto for years. When daughter Brooke (Rachel Burtram) announces she has written a tell-all memoir focusing on the apparent suicide of Henry, her older anti-war activist brother, her parents are devastated. Brooke has a history of emotional problems and she thinks her politically conservative parents are to blame for her brother's death.

The Wyeth's have modeled their lives after the Reagans. Lyman, a former actor

turned ambassador, has kept the couple active in Republican politics. Brooke gives her parents and brother a copy of her book to read. Her younger brother Trip (Eric Mendenhall) was too young to remember Henry. Trip cautions his sister on publishing the book. He wants to support her, but he also wants peace within the family. Lyman refuses to read the book but Polly reads enough of it to lash out at Brooke about the consequences that publishing it will have on the family.

Aunt Silda (Sara Morsey) is the recovering alcoholic sister of Polly and she has secretly given information to Brooke about her parents to use in the book. She portrays a delightful caustic mix of disdain for her sister and herself.

The best lines are given to Morsey, Lund and Mendenhall. They fill the stage with plenty of humor in spite of the serious situation. All the actors are well cast and do a fabulous job with their complicated characters. Lund gives an absolutely stunning performance.

Other Desert Cities is an electrifying drama that is incredibly moving. It plays through April 6 at Florida Repertory Theatre, located in the Historic Arcade Theatre on Bay Street between Jackson and Hendry in downtown Fort Myers River District. For tickets, go online to www.floridarep.org or call 332-4480.*

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Dick Wright's Art Of Gentle Persuasion

by Max Friedersdorf

During the past 11 years, Dick Wright, using his previous experience as a fighter pilot and corporate market and sales guru, managed to cajole 92 of the highest paid speakers in the United States to appear at the FORUM lecture series at BIG ARTS for a comparatively small honorarium.

How did he do it? This week, Wright, 80, who spent 19 years with Johnson & Johnson as vice president of marketing and sales, revealed some of his trade secrets during an interview with the *Island Sun*.

For example, in pursuit of one Washington, DC quarry, Wright, a fanatically meticulous record keeper, made 77 phone calls, wrote 14 letters, sent flowers, flirted outrageously over the phone with the secretary, and visited the capital office – all over a period of four years. (All in vain; this prospect has never come to Sanibel).

In a flash of inspiration and serendipity, Wright, serving on the board at BIG ARTS, decided in 2002 that it would be beneficial and stimulating to Sanibel Island residents and visitors if experts on key domestic and foreign issues could participate in an annual BIG ARTS lecture series.

Wright heard from the naysayers that “you won’t get them, and there is already

too much going on.” Wright composed invitational letters to 100 proposed guests and received responses from all but one or two.

One of the letters went to Newsman Ted Koppel in care of a post office box as a shot in the dark after Wright picked up on the rumor that Koppel had a home on Captiva.

Wright hit pay dirt when Koppel phoned and offered to speak and also help round up other FORUM guests. Newsman Marvin Kalb signed on and U.S. Senator Richard Lugar of Indiana was another early participant who is a frequent Sanibel visitor.

Wright was off and running with the FORUM becoming an instant hit with BIG ARTS patrons. The program has expanded to eight speakers per season, four discussing domestic issues and four on foreign policy.

Tickets are at a premium with the 400-seat Schein Performance Hall sold out for the season, and a five-year waiting list for any available seats. There is only a five percent turnover each year.

Wright concedes that the standard two-night accommodations, travel expenses, and \$5,000 honorarium is a hard sell with many of the big names he pursues that command speaking fees of up to \$60,000 per appearance.

One recent highly popular speaker, former Senator Alan Simpson, a member of the presidential commission for spending review, joked in his speech about the amount of the check he received (Simpson’s normal fee is reported in the \$40,000 range).

Another highly paid expert asked



Maureen and Dick Wright

Wright how he could get people to come to Sanibel, and Wright replied, “How did I get you?”

continued on page 44

SANIBEL Music FESTIVAL

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Diane Bish To Perform On Easter Sunday At Shell Point

The Village Church at Shell Point Retirement Community welcomes virtuoso organist Diane Bish on Easter Sunday, March 31 at 6:15 p.m. as the next concert in the 2012-13 Season of Praise Concert Series. This series of inspirational performances, sacred music and gospel songs brings the finest music and musicians into the heart of our church and community where it may be enjoyed by all.

Bish is the most visible and influential classical organist performing today. She has displayed her dazzling virtuosity and unique showmanship the world over to international acclaim, and her performances have been hailed by critics as stunning, fiery and astonishing. Bish is well known for her television program, *The Joy of Music*, which is celebrating its 30th anniversary this year.

"It will be a very special privilege on Easter Sunday to host organist Diane Bish, particularly in light of the milestone anniversary of her television program, *The Joy of Music*," said Pastor Randy Woods, minister of worship and music for The Village Church. "She has performed at Shell Point in the past, and the audiences loved her music. No doubt this concert will be exceptional."

Tickets are now on sale and are \$10 each. To purchase tickets online, go to www.shellpoint.org/seasonofpraise. To receive additional information about the concert series, call 454-2147.

The Village Church at Shell Point is a ministry of The Christian and Missionary Alliance and serves a congregation of more than 600 people. The Village Church is located near the entrance to the Island at Shell Point.✽



Diane Bish

From page 43

Dick Wright

One New York politician nearly blew Wright off the phone when fees were discussed. The New Yorker (Wright is very wary about using names) said he was used to \$20,000 per pop and fumed I'm "not negotiating," when Wright went into his usually effective marketing and sales mode.

One of Wright's greatest coups was getting U.S. Supreme Court Justice Ruth Bader Ginsburg to speak to The FORUM. She accepted after Wright sent a hand written personal invitation. During her visit to Sanibel, Justice Ginsburg noted that she receives thousands of invitations, but has only accepted three, including Wright's, because it was so "courteous." She gave Wright a hug before she stepped out the back door at BIG ARTS and into her waiting limousine.

"Sanibel is a huge draw for most people," Wright explained. The royal treatment they receive, the quality of our audiences, and the peer pressure from previous speakers who become strong advocates for the program and Sanibel, make it possible to attract the caliber of lecturers we are seeking, Wright noted.

The royal treatment comes from Dick's wife Maureen, who double checks the housing and entertainment for the visiting notables, including a grand tour of the island and hosting dinners at Sanibel's finest restaurants.

The couple met when they were seven-years-old in their native Kingston, Pennsylvania and have been married 57 years. Their four children and eight grandchildren are located in Dallas, Boston, New York and Cincinnati.

Neither will miss the five hours, seven days a week, from November through May, that Dick has put in for 11 years in service to the FORUM.

Both Dick and Maureen agree, however, that it is all worth it when you get a note like the one from Congresswoman Jane Harman of California, who wrote, "How pleasantly I was surprised to find a bipartisan group of well-informed political junkies on a lush island off the west coast of Florida! I wish we could transplant them to Washington."

Wright's hand-picked successor, Neal Halleran, has been on the job for a year. The pair are in contact three times a day. "He is my choice; he is very good, outstanding," Wright commented as he handed over the FORUM chair earlier this month at the conclusion of the highly successful 2013 season.

Wright concluded that he has pending "over 600 recommendations" for speakers proposed by Sanibel residents. "You ought to get my Aunt Tillie," they tell me, Wright laughed.✽

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Painting classes are being offered at The Community House

photo by Sissi Janku

Painting Classes May Increase 'Flow'

submitted by Sissi Janku

I was particularly taken by an article found recently in *Positive Psychology News Daily* where the author, Jeremy McCarthy, discussed the concept of "flow."

Flow is a level of deep engagement characterized by complete immersion in an activity that brings a profound sense of enjoyment and well-being. People experience flow activities through arts, sports, work, relationships, and really any activities where they are able to use their strengths to meet enjoyable challenges.

Achieving flow states is all about finding the right balance between one's skills and the level of challenge in the environment. When

skills are low and the challenge is high, people experience anxiety. If skills are too high or the challenge is too low, people experience boredom or apathy. Flow can be found in the sweet spot where we rise to meet the challenges before us.

Flow activities are often characterized as solo experiences, like artists or novelists losing track of time while working on their crafts, but flow experiences can also be highly social, like an engaging conversation or a team sport.

Studying Flow, Alone Vs. Together

This brings up interesting questions for those seeking the best pathways to well-being.

Psychologist Charles Walker from St. Bonaventure University research surveyed college students and made an interesting discovery.

The more social the activity, the higher ratings of joy given to it by the participants. Co-active flow activities were rated higher if they allowed for conversation, than if they did not. Participants gave fewer examples of solitary flow activities than more social types of flow.

The research concludes that "performing [a flow activity] by oneself is joyful, but not as joyful as performing with another person."

Painting classes can satisfy the "flow" seeker in you, or perhaps you simply want to have a creative good time during your time on this beautiful island.

Classes are held every Wednesday at The Community House, 2173 Periwinkle Way, from noon to 3 p.m. All art materials are provided. Cost is \$25 (canvas extra). Call the instructor, local artist Sissi Janku, at 321-282-6332 for registration information or email her at sissijanku@msn.com. Visit her website at www.sissijanku.com for more details.

Let the flow be with you!✧



A participant at one of Sissi Janku's earlier painting classes at The Community House

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Opera Theater Of Connecticut To Perform At Sanibel Music Festival

The final season offering of the Sanibel Music Festival will be the Opera Theater of Connecticut (OTC). They will present a concert titled Viva Verdi on Saturday, March 23 at 8 p.m. at the Sanibel Congregational Church, 2050 Periwinkle Way on Sanibel. Tickets are \$45 each. The concert is sponsored by the Estate of Christine Johnson, Claire and Ted Sawyer, and Friends of Opera.

For 27 years, OTC has provided young professional singers on the cusp of major careers an invaluable opportunity to practice their craft. OTC focuses on standard and appropriate repertoire that provides young singers with roles they will need to enter a professional career. It also brings the performing arts into underserved communities at affordable prices. Several of the company's gifted young singers, who have performed at the festival through the years, have gone on to the Met, the New York City Opera and Lyric Opera of Chicago. Its educational outreach program, Overtures, has made presentations to more than 9,000 people, from children to seniors. Kate Ford, co-



Scott Bearden



Tiffany Abban

founder of the company, serves as general director and Michael Fennelly serves as music director

The all-Verdi program is planned in honor of the 200th anniversary of the composer's birth. An exciting evening of arias, duets and ensembles from Verdi's best known work will be sung by Tiffany Abban, Catherine Affleck McPhail, Sarah Heltzel, Luigi Boccia, Kevin Courtemanche and Scott Bearden. Founding artistic director Alan Mann will supplement each segment with supertitles and with his witty commentary.

The March 23 program will include music from *Oberto*, *Un Ballo in Maschera*, *Don Carlo*, *Otello*, *Aida*, *La Traviata*, *Rigoletto*, *Il Trovatore*, *Falstaff* and *Nabucco*.

Single tickets are available by cash and check only at Bank of the Islands, 1699 Periwinkle Way, or Sanibel Captiva Community Bank, 2477 Library Way on Sanibel. Tickets may be ordered online at www.sanibelmusicfestival.org or by calling the festival's hotline at 344-7025.✦



Sarah Heltzel

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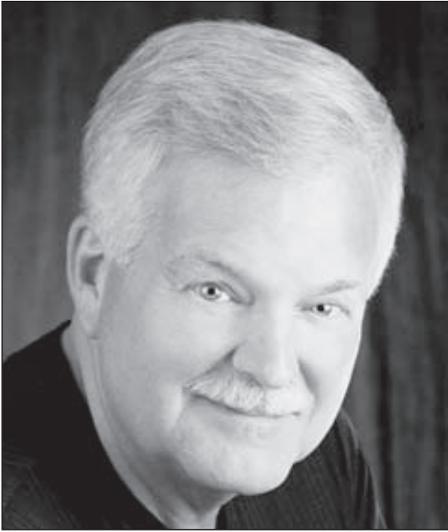
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Douglas Renfroe

Concerts And Conversation Series Concludes

The Concerts and Conversation Series at Shell Point will offer its final presentation of the season on Tuesday, March 28 at 7 p.m. with Douglas Renfroe, bass baritone, and Joy Bowe, pianist. This event allows participants to enjoy a beverage and dessert reception with the performers after the concert. Tickets for this concert are \$25 each.

Renfroe is a nationally acclaimed bass baritone who made his Lincoln Center

debut in Schumann's *Paradise and Peri* and his Carnegie Hall debut in Orff's *Carmina Burana*. He has specialized in oratorio works and has performed throughout the United States and Europe. His concerts have included Beethoven's *Ninth Symphony*, Brahms's *Requiem*, Mendelssohn's *Elijah* and Haydn's *Lord Nelson Mass*. Renfroe has appeared with the Washington Opera and Boston Opera, and he has been a concert recitalist under Columbia Artist management.

As a pianist, Bowe has performed extensively throughout the west coast of Florida. Originally from Houston, she has accompanied Renfroe on tour for the past five years. In addition to her accompanying, she is the assistant musical director for Temple Bat Yam on Sanibel and pianist at Beach United Methodist Church on Fort Myers Beach.

"The residents of Shell Point love the Concerts and Conversation Series because it allows them the exclusive opportunity to mingle with the artist following the performance," said Dawn Boren, director of resident life for Shell Point Retirement Community. "We only offer a select number of tickets for each performance, and in the last few years, we decided to open ticket sales to the general public, and it has been a great success."

Space is very limited, so tickets and reservations are required to attend this concert, which will be held in the Grand Cypress Room of The Woodlands.

To purchase tickets or receive more information, visit www.shellpoint.org/concerts or call 454-2067. ✪



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The Community House will host a luncheon on Thursday, March 28 at 12 p.m. featuring a one-woman performance of *Wallis Simpson – Royal Obsession* by actress and noted performer Joanna Olsen.

Through extensive research, Simpson’s letters to her aunt in America, and those recently discovered by her second husband, Ernest Simpson, Olsen invites you to enter the world of post-World War I London. Olsen will take you on a fascinating journey into the 1930s England and the life of ambitious Baltimore socialite who ultimately became the Duchess of Windsor.

This performance is sponsored by Sanibel Holiday.

Tickets for members are \$20, guests are \$25. Call The Community House at 472-2155 for a reservation.

The Community House is at 2175 Periwinkle Way.*

Call To Artists For Upcoming Exhibit At BIG ARTS

BIG ARTS invites artists to submit entries for the juried Fine Crafts Exhibition. A call to artists for entries of original, fine art objects with a high level of craftsmanship. The juror is Anica Sturdivant, interim gallery director at Florida Gulf Coast University. Entries must be entered for submission by Tuesday, April 2. The exhibit will be open in BIG ARTS’ Phillips Gallery April 4 through 30.

Awards will be given for first place (\$500), second place (\$250), third place (\$125), the Gail Jones Ceramic Award (\$125), two merit awards (\$50 each) and four honorable mentions.

The prospectus, information about awards and prizes, and other detailed information is available at www.BIGARTS.org.

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For additional information about these exhibits, call 395-0900, e-mail info@BIGARTS.org or log on to www.BIGARTS.org.*

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A Call For Professional Artists And Other Donations For Arts For ACT

ACT, Inc. needs donations of art from professional and emerging artists for its fine art auction fundraiser and hand-made jewelry. They are also seeking weekend get-a-ways, day spa trips, music, fine wines and fine dining certificates, sports and music memorabilia and more. This gala event benefits our clients, the survivors of domestic violence, human trafficking and sexual assault and their children.

Abuse Counseling and Treatment, Inc., the domestic violence, human trafficking and sexual assault center serving Lee, Hendry and Glades counties, hopes we can count on you to donate to this fine art auction fundraiser, Arts for ACT 2013. ACT is a non-profit agency that provides safe shelter, counseling, a 24-hour hotline, information and referral, forensic examination, advocacy and education.

In the past, live auction items have been auctioned off by a guest celebrity auctioneer (past celebrities have included Jesse Metcalfe, Lily Tomlin, Sharon Stone, Meryl Streep, Joan Rivers and Niecy Nash). Artwork may be two- or three-dimensional and of any media. Only original works will be accepted into the live auction. Art must be delivered on or before May 1 to the ACT administrative offices. Silent auction artwork and other items are also being accepted. Artists and donors will receive one free ticket to the art auction for their donation, which will be held on August 10 at Harborside Event Center.

They need artists and donors participation to make this auction a success and raise the necessary funds to help our victims of domestic violence, human trafficking and sexual assault.

Contact Claudia at 939-2553 or cgoode@actabuse.com with any questions about participating in this event. Forms may be downloaded from www.artsforactfineartauktion.com or from www.artsforactgallery.com - Click on Portfolio, then click on Artist Art Donation Forms for Arts for ACT 2013.

Arts for ACT Gallery is located at 2265 First Street in Fort Myers. Call 337-5050 or visit www.artsforactgallery.com for more information.✧

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Art, Education At FGCU Supported Through Center

by Kharli Rose

Florida Gulf Coast University recently hosted a Peruvian-based art exhibit, which was directly supported by funds raised during last year's Rachel Carson Distinguished Lecture Weekend on Sanibel. The annual event, which is sponsored by the Center for Environmental and Sustainability Education, brings public intellectuals to Southwest Florida to discuss issues such as sustainability, ethics, democracy and literature.

A fundraising celebration concludes the weekend and proceeds benefit grants, scholarly publications, student employment and ongoing educational events. Gifts from the center's event in February currently being matched by Sanibel residents Peter and Mallory Haffenreffer up to a total of \$12,000, and will fund similar projects in the future.

Gifts from last year's event helped to fund Earth Charter Mini-Grants, which are awarded each year to projects that advance the center's mission through innovative educational research methods, emergent eco-pedagogies, and educational philosophy and practice based on ethics of care and sustainability.

The recent work of artist Cesar Cornejo was partially funded through a



The sculptures of Cesar Cornejo were partially funded by the Center for Environmental and Sustainability Education at FGCU

mini-grant because the artist's work focuses intensely on integrating social elements into sculpture and painting as a means of communication. The recent exhibit, Puno MoCA, educated people about Puno Peru, an Andean Mountain Village that was described as a forgotten town with basic infrastructure, limited resources, and extreme temperatures that commonly cause malnutrition and poor living conditions for children and their families.

The Earth Charter is an international framework with guiding principles for pursuing a just, sustainable and peaceful world and the project was a worthy

recipient of the Earth Charter Mini-Grant because it aimed to revitalize the community, improve living conditions and generate opportunities for financial growth and development in the region through an interactive museum model.

Ten Earth Charter Mini-Grants were awarded in the 2012-13 school year and more than \$14,000 has been awarded to recipients over the past three years. Recent projects have included presentations and curriculum improvements in



FGCU students draw from wall hangings of the recent Cesar Cornejo exhibit

environmental art, literacy and education, as well as civil and engineering courses, green chemistry and green building. Contributions to the Center help further research and educational programs for a variety of mini-grants and other scholarly endeavors both at home and abroad.

For more information or to make a contribution, call center director Peter Blaze Corcoran at 590-7166, email cese@fgcu.edu or visit www.fgcu.edu/cese.

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The recent exhibit, Puno MoCA: A Project by Cesar Cornejo, was funded by an Earth Charter Mini-Grant of the Center for Environmental and Sustainability Education

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Webb will sing and play piano, accompanied by Danny Morgan on guitar and John G. McLane on saxophone. They will be performing songs from Webb's new CD, *Edge of Town*, as well as songs from her previous CDs and a few new compositions.

Webb has been described as an "undiscovered American treasure," by Tim Cahill of *Outside Magazine*. *People Magazine's* Steven Dougherty says her music is "tough, fragile and enduring." Jeff Klinkenberg, columnist for *The St. Pete*

Times says her voice is "achingly beautiful."

There will be a reception at 7:15 p.m., hosted by Doc Ford's Sanibel Rum Bar & Grille. Tickets are \$30 for adults, \$10 for children 17 and under.

Visit www.BIGARTS.org for more

event and performance information including links to performers' websites. Tickets are available at both box offices, BIG ARTS Center, at 900 Dunlop Road, or at The Herb Strauss Theater. Call 472-6862 or 395-0900.*

Our email address is press@islandsunnews.com

Wendy Webb

An Evening With Wendy Webb And Friends



Danny Morgan

BIG ARTS presents a concert with singer-songwriter Wendy Webb on Monday, April 1 at 8 p.m. Webb will perform at BIG ARTS Herb Strauss Theater, located at 2200 Periwinkle Way on Sanibel.



John G. McLane

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Sid Simon will host the final Stories For Grownups of the season on April 6

Final Stories For Grownups Event Of The Season

submitted by Cathy Cameron

The Sanibel Public Library reports that Dr. Sidney B. Simon, winner of the Lee County Literary Artist of the Year 2011, will be the final storyteller this season at Stories For Grownups on Saturday, April 6 from 2 to 3 p.m.

It's on Saturday this time, because so many people told us they work, or can't get away on a Friday afternoon. They regretted missing Stories For Grownups, and wondered when Dr. Simon might do one of his sessions again, and maybe on

a Saturday. So, we've scheduled a command re-appearance of Dr. Simon. The big room at the library fills up for Stories For Grownups, so plan to get there early.

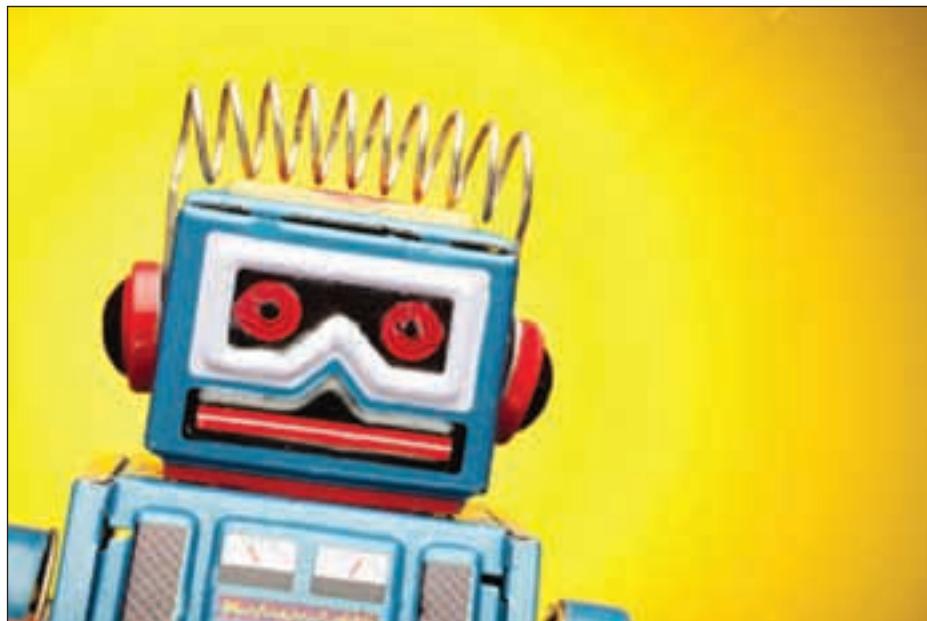
A reporter, in his review of an earlier Simon program wrote, "Whether the stories were long, or short, each one elicited laughs and familiar feelings due to Simon's magic as a storyteller. The effortless way in which he wove tales from his own life with stories that have endeared themselves to him along the way had the audience amused and awed."

Simon tells for the first half hour, and then he draws out stories from those present, usually triggered by one of his stories. Sid always does that with warmth, kindness and encouragement. You don't have to tell a story. Just come to listen if that's your preference. But, if one occurs to you, you just might get the chance to tell it to the rest of us in the audience.

If you've never been to Stories For Grownups, show up on April 6 and be part of a Sanibel story phenomenon. No one ever regrets it. It's a great memory to take away with you.

Call the Sanibel Public Library at 472-2483 if you have any questions. And plan to come early... even the parking lot fills up quickly.*

Call To Artists



Vintage toy robot

The Sidney & Berne Davis Art Center is seeking submissions of two- and three-dimensional artwork for its annual juried exhibit, with an opening reception held on Friday, June 7 during the downtown Fort Myers River District Art Walk. The exhibit will close on June 28. The Davis Art Center is located at 2301 First Street in the River District.

This year's juried exhibit asks artists to explore all things games and playing, and the nostalgia these memories bring. The incorporation/reuse of toys and games in an inventive way or the creation of original toys and games is encouraged. While there are no specific guidelines for dimensions or sizes of the pieces that will be accepted for exhibit, the curator encourages innovative and unique installations – artwork of immense proportions can be hung from either its massive walls or from its 20-foot ceiling or displayed on its magnificent granite floors. This exhibit will open to the general public, so please submit art work appropriate for all audiences.

Prizes will be awarded for: Overall Best of Show, a cash prize in the amount of \$500; People's Choice, a cash prize in the amount of \$250; and Berne's Pick, a cash prize in the amount of \$250.

Submit entries online via the Davis Art Center's official entry form. Digital files of artwork cannot exceed 500KB or 800 pixels, and the file format must be JPEG. For more information and to access the entry form, visit www.sbdac.com. Digital submissions must be received by email no later than Monday, April 15.*

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Refuge Transit Plan Details Are Presented

by Anne Mitchell

The 30-day citizen comment period began Tuesday for the plan to develop an alternative transportation system for the federal JN "Ding" Darling National Wildlife Refuge on Sanibel. The aim is to reduce traffic in the refuge and its impact on wildlife and the environment, as well as improve visitor mobility.

Scott Pringle, with Jacobs, a Tampa-based consulting firm, gave the Sanibel City Council an update on Tuesday on a plan that began in 2007.

He said plans include the possibility of using motion detectors and wildlife crossings to prevent wildlife traffic deaths and a lower speed limit on Sanibel-Captiva Road should be discussed.

"Public input is very important," he said of the draft Environmental Assessment. "They are responsible for developing these final recommendations that we are discussing today."

The plan calls for more trams, expanded parking, new trails and connecting bike paths. Pringle said there would be no negative impacts. The trams would be similar in size to those used for refuge tours. Councilman Mick Denham said so long as the trams don't use gasoline, they are acceptable to him.

However, he objected to 10 signs that Pringle said would be needed, saying, "That's 10 too many," and that there are already too many on the island.

Pringle said some signs will be consolidated or upgraded and will not necessarily be additional.

City Manager Judie Zimomra said the next phase is to seek funding. The project is a joint one between the refuge, Lee Tran and the City of Sanibel. Pringle said the capital investment could be \$2.3 million to \$8 million, depending on aspects incorporated into the plan, but that would be offset by ticket sales on the trams.

Sanibel citizens' comments made at open houses in 2011 and 2012, and in online surveys, were incorporated into the draft recommendations. Those elements that did not have a majority of public support were eliminated, including all forms of public transit outside the refuge.*

From page 40

Play On Words

I stand in awe. Well, let us not forget, he studied law." Every line is a punch line and it's all said in rhyme, a choreography of sound.

Dorante falls in love with Clarice (Brittany Albury), whom he unfortunately mistakes for her friend Lucrece (Tera Nicole Miller). Our hero does not know that Clarice is secretly engaged to his best friend Alcippe (David Monagas). Nor is he aware that his father Geronte (Scott Thomson) is trying to get him married to Clarice, whom he thinks is Lucrece, who actually is in love with him.

With all these misunderstandings and

a series of intricate lies, the audience is introduced to a marvelous comedy. Playwright David Ives, adapted the play from Pierre Corneille's 1643 French comedy. It's a terrific reinvention. To do this, Ives said, "You have to write the play Corneille would have written today, in English." The result is a lively script with constant motion of word play and body movement. You'll love the sword fight scene without swords, between Dorante and Alcippe.

Others who add greatly to the cast are Alexandra Hale, who plays twin sisters Isabelle and Sabine, the latter resembling a female Hunchback of Notre Dame, and Bernard Gomez as Philiste, who actually loves Sabine. Everyone finds their ideal

mate by the plays end and there's also an interesting twist regarding siblings. The cast's finely-tuned comic timing and sense of pace keeps us all on top of the action.

The Liar, directed by Bill Taylor, is a fresh, funny and good comedy. It plays through March 30 at Theatre Conspiracy, Alliance for the Arts, 10091 McGregor Boulevard in Fort Myers. Tickets are available at www.theatreconspiracy.org or by calling the box office at 936-3239.*

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Bash Raised Record \$61,000

Barry Roth, chairman of Sanibel's Financial Assistance Program, told the city council on Tuesday that the New Year's Eve party at the recreation center raised a record \$61,088.

The money is used to offset the cost of the after school and summer recreation programs for parents who live or work on the island and have financial need.

Roth said in its four years of existence, the annual fundraiser has generated \$212,700.*

Monday Night Movie

A Late Quartet

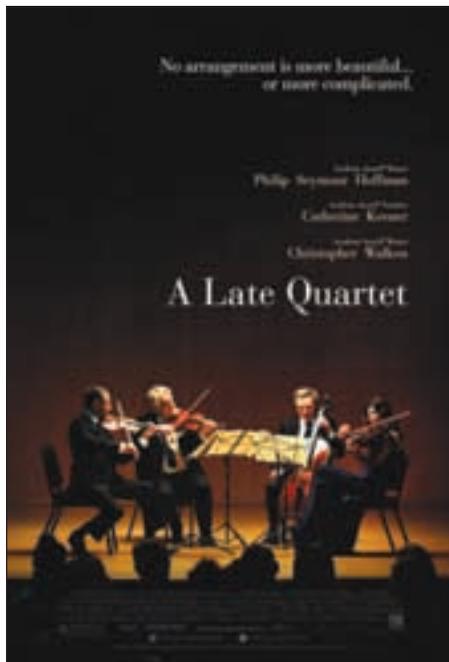
by Di Saggau

The BIG ARTS movie for Monday night, March 25 is *A Late Quartet*.

The film features a dream cast. It stars Christopher Walken, Phillip Seymour Hoffman and Catherine Keener, along with Mark Ivanir, and Imogen Poots. The movie is about a famous string quartet that has played together for over 20 years. Suddenly they have to deal with one of their members being diagnosed with Parkinson's. Christopher Walken is a revered cello player who will not perform unless he can be at his very best. He tells the group he might have to step away unless treatment can ensure his playing will not be affected.

With the performing season just around the corner, this is understandably a blow to the other members of the quartet. Hoffman and Keener are married and Keener is best friends with Ivanir. Hoffman is sick of playing second-fiddle to Ivanir's lead violin and suggests a change. Keener does not back her husband which leads him to make some bad decisions. The film is a character driven drama, the performances humbling in their power.

Each scene in *A Late Quartet* is loaded with emotional moments in a portrait of people struggling with individual egos to produce something nobler than themselves. Walken gives



one of the best performances of his career. Some of the most memorable scenes are when he leads a class of young students. As the *New York Post* stated, "Walken finds his most rewarding role leading a terrific ensemble in what amounts to one of the best Woody Allen movies that Woody Allen wasn't involved in making."

Roger Ebert wrote, "One of the pleasures here is to see familiar and gifted actors forming an ensemble of their own. Phillip Seymour Hoffman, Christopher Walken and Catherine

Keener join with a newer face, Mark Ivanir, to play the members of the Fugue String Quartet, a world famous ensemble based in Manhattan. Walken is Peter Mitchell, the cellist, who is the wisest and most thoughtful member of the group.

Hoffman and Keener are Robert and Juliette Gelbart, the second violin and viola, who are married. The first violin and youngest member of the group is Daniel Lerner (Ivanir)."

Ebert goes on to say, "How much does one need to know about classical music to appreciate this film? Not very much. Like all masterful films, it contains what is needed to appreciate it. All that is needed is an interest in human nature, which during the quartet's period of crisis is abundantly revealed. Actors such as Keener, Walken, Hoffman and Ivanir are frequently seen in roles that don't really test them.

"That's the nature of the commercial cinema. What a pleasure to see them sounding their depths."

Ray Galligan will lead a discussion after the film.

BIG ARTS Film Society's Monday Night Film Series presents a mixture of critically-acclaimed independent and foreign films and documentaries. After each movie, a group of film buffs leads discussions on Gainer Veranda, complemented by refreshments.

Films are \$8 and begin at 7 p.m. in Schein Performance Hall, located at 900 Dunlop Road.

Films are shown in high-definition on a large screen with surround sound.

Assistive listening devices are available.

Sponsors are Bank of the Islands and Stan and Visnja Gembicki. Supporters are Sanibel Taxi and Jerry's Foods of Sanibel.

For tickets, stop by BIG ARTS, call 395-0900, e-mail info@BIGARTS.org, or log on to www.BIGARTS.org.

Top Ten Books On The Island

1. *Dry Grass of August* by Anna Jean Mayhew
 2. *Night Moves* by Randy Wayne White
 3. *Snow Child* by Ivey Eowyn
 4. *Invisible Thread* by Laura Schroff
 5. *Wisdom from the Gifts from the Sea* by Anne Morrow Lindbergh
 6. *Sanibel Flats* by Randy Wayne White
 7. *Paris Wife* by Paula McLain
 8. *Sense of an Ending* by Julian Barnes
 9. *Sanibel and Captiva Islands* by Debora Gleason and Charles LeBuff
 10. *Language of Flowers* by Vanessa Diffenbaugh
- Courtesy of Sanibel Island Bookshop.*

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—Charles Wadsworth, founding artistic director of the Chamber Music Society of Lincoln Center



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—Ken Wells, legendary principal dancer of the English National Ballet

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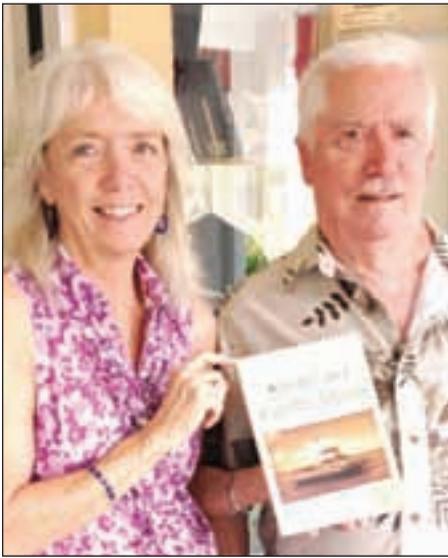
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Book Signing



Deb Gleason and Charles LeBuff

Sanibel authors Deb Gleason and Charles LeBuff will be signing copies of their new book, *Sanibel and Captiva Islands*, at the Island Book Nook, 2330 Palm Ridge Road, on Tuesday, March 26 between

12:30 and 2:30 p.m. Their book is among the most recent releases in the Postcard History Series published by Arcadia Publishing. This book complements the other local Arcadia books: *Sanibel Island, J.N. "Ding" Darling National Wildlife Refuge* and *Along The Caloosahatchee River*.

The authors each found an island niche in 1958 when they became permanent residents of Sanibel Island. LeBuff came to work at Sanibel National Wildlife Refuge and lived in one of the lighthouse quarters for 22 years. His earlier book, *Sanybel Light*, chronicles his unique life experiences on the islands in a historical context. He was a charter member of the Sanibel City Council and had a part in keeping Sanibel Sanibel. Gleason grew up on the beach, helping with family rental cottages and later helping visitors become islanders in the world of real estate. She now serves as chairperson of the Sanibel Historical Preservation Committee.

The authors will be present at the Book Nook between 12:30 and 2:30 p.m. to autograph their fact- and image-filled book and chat about their days on these barrier islands, which when combined total 110 years.✱

Author Reading And Reception

Entrepreneur and tax-reform advocate Travis H. Brown will be at The Community House from 9:30 to 11:30 a.m. on Wednesday, March 27 for a reading and reception.

Brown's book, *How Money Walks*, is garnering buzz nationwide. He has appeared on CNBC and Fox Business, among other outlets. During his Sanibel appearance, Brown will share fascinating (and sometimes startling) facts about the states that are winning and the states that are losing.

Brown, the co-founder of the public-affairs and advocacy firm Pelopidas, LLC, is an expert in the area of tax reform. Major news outlets, think tanks and business groups turn to him for his well-researched, data-based, non-partisan views on economic growth. A regular contributor to Forbes.com, *How Money Walks* uses unimpeachable IRS data to answer tough questions – such as why, between 1995 and 2010, millions of Americans moved between the states

and took with them more than \$2 trillion in adjusted gross incomes. Brown will illustrate his research with the help of an interactive, 55-inch touchscreen.

How Money Walks explores why some states, like Florida, saw tremendous gains (\$86.4 billion in a 15-year period) while other states, like New York, experienced massive losses (\$58.6 billion in that same timeframe). Money – and people – moved from high-tax states to low-tax ones, and the tax that seemed to matter the most was the personal income tax. The states with no income taxes gained the greatest wealth, while the states with the highest income taxes lost the most.

How Money Walks received its national launch in New York City last month. The book is available through Amazon.com and at HowMoneyWalks.com.✱

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Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to tutsie@comcast.net. Each week, individual work will be showcased.

A gardener's saw
cut through his home and
his body – leaving
the bright red flesh
only days old
open to danger and pain.

Human hands
skilled and gentle, work
to save this small life.
They treat the wound
and cover it in blue bandages
giving the tiny rodent
a sad and comical appearance.

His greedy suckling
of manufactured milk
inspires hope and foretells
that his hunger to live
will overcome the odds.

Deb Walz is a seasonal visitor to Sanibel and volunteers at CROW. Much of her writing is nature oriented. Happy news is the grey squirrel made it. On March 27 at 3 p.m. CROW's annual meeting is scheduled.✱

selected by Tanya Hochschild

Rescue

by Deb Wlaz

EGS is marked on the chart
just an eastern grey squirrel
the back yard variety,
curled in towels on the
metal table

The tiny creature squirms,
eyes closed, stick thin legs
Sprouting needle size claws
searching the air, desperate
for familiar comfort;
but no comfort will come this day.

Recycled Book Sale On March 24

The popular Recycled Book Sale at Sanibel Congregational Church will hold its final open to the public sale for the season on Sunday, March 24 from 1 to 3 p.m.

Included in the sale will be gently used books, DVDs, CDs, puzzles, games, jewelry, small gift items and lots of other bargains. Fiction is arranged alphabetically by author, and non-fiction by subject. Proceeds will benefit local charities supported by the church.

The sale will be held in the Rookery Bookery, located on the ground level beyond the courtyard garden of the Sanibel Congregational United Church of Christ, 2050 Periwinkle Way. For more information, call 472-0497.✱

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Sanibel-Captiva Cares Needs Your Support To Purchase Ambulance

submitted by Diana Day

A new Pediatric Transport Ambulance is needed. For the past 13 years, Sanibel-Captiva Cares has supported The Children's Hospital of Southwest Florida by raising over \$4 million to date. This year, at the upcoming Island Celebration Gala, the group continues to support the newly renamed Golisano Children's Hospital's ongoing capital campaign specifically to build new freestanding facility at HealthPark. As part of that effort, \$200,000 is being raised to fund a new Pediatric Transport Ambulance – a virtual Intensive Care Unit (ICU) on wheels – that will be stationed at the hospital and operated by hospital staff to serve patients ages one month to 18 years old. Each donation towards the ambulance is eligible to be matched dollar-for-dollar by the Golisano matching funds.

Imagine your child or grandchild needing to be moved quickly to the hospital for urgent medical treatment. Having a well-equipped transport ambulance in the right place with a team that works with children every day helps assure this need is met for the infants and children of our community.

Five years ago, Sanibel-Captiva Cares outfitted a neonatal transport ambulance for the children's hospital for the tiniest of patients. It has been a great benefit to Southwest Florida families. Currently, hospital teams transport approximately 700 children per year from Lee County, Collier County, Charlotte County and outlying regions to the NICU, the PICU or to one of the Pediatric Subspecialty Units at Golisano Children's Hospital. As the hospital continues to expand its capabilities and capacity to meet the increasingly complex healthcare needs of children in Southwest Florida, this demand will only grow.

It is well known that children are not little adults. For critically ill or injured babies, children and adolescents, a timely commute to the hospital with the specialized care



The NICU transport ambulance sponsored by Sanibel-Captiva donations in 2008 transports hundreds of small patients each year, providing a well-staffed hospital on wheels to assure seamless, safe transportation to The Children's Hospital of Southwest Florida

they receive en route can be the difference between life and death.

The Neonatal and Pediatric Transport teams, who travel to the patient and accompany them on their journey, consist of Neonatal ICU and Pediatric ICU nurses, respiratory therapists and EMTs. They have the specialized knowledge and skill to provide the very best care for newborns and children who are being transferred to The Children's Hospital. Transport teams focus on issues of safety, evidence-based practice and exceptional care for all children.

continued on page 4B

Tourism On The Rise In January

by Anne Mitchell

In January, The Beaches of Fort Myers & Sanibel had a 65.5 percent hotel occupancy rate, a 10.4 percent increase compared to 59.3 percent in January 2012, according to Smith Travel Research.

RevPAR (revenue per average room) increased 17.5 percent during the same period, from \$68.01 a night to \$79.90.

Also in January, 755,232 passengers traveled through Southwest Florida International Airport, an increase of 7.2 percent compared to January 2012. The traffic leader in January was Delta with 161,665 passengers traveling in and out. Rounding out the top five airlines were AirTran (107,800), JetBlue (79,686), Southwest (75,587) and US Airways (74,181).

The Lee County Board of Commissioners recently named Colleen DePasquale and Jeff Webb as new members of the Lee County Tourist Development Council. DePasquale is the executive director of the Greater Fort Myers Chamber of Commerce. Webb owns and operates the Hampton Inn &

continued on page 33B



Barry Sherlock, Sue Sherlock, Trey Johnson and Logan Sherlock in front of the PlaneDriven Glasair Sportsman roadable aircraft in the driveway at Sunset Captiva

The Ride Of A Lifetime For Some Lucky Grandchildren

submitted by David Rohn

Two lucky grandchildren received lots of waves, smiles and stares as the recipients of a ride aboard a one-of-a-kind roadable aircraft, thanks to a winning bid at the Captiva Civic Association's annual ABC Celebration dinner and auction by their grandmother, Sue Sherlock.

The two grandchildren, Logan Sherlock, 10, and his sister, Barry, 8, were surprised when a bright yellow aircraft with its wings folded up taxied into the driveway at Sunset Captiva, where they were visiting their grandmother, who lives there. They were even more stunned when pilot and developer Trey Johnson offered them a ride.

Their parents, Stephen and Thea Sherlock, said it would be OK.

Sue said her grandson has been playing with Legos ever since he was about two years old and never uses the Lego kits. He devises his own designs to make cranes

continued on page 15B



Mary Bondurant
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Del Sega Home w/Private Dock

Tropical Santiva Splendor! Modern 4BR 3BA Dream home built in 2004 w/ private dock across from the house which allows canal access to the intercoastal waterway. Beautiful open floor plan with fireplaces in both the Great Room as well as the Master Bedroom. Extra features include open kitchen, wood flooring, 2 upper level decks, large screen enclosed pool/ lanai area w/ gorgeous mural wall, just to name a few. 6433 Pine Ave.

Offered at \$1,495,000



Canal Access in Shell Harbor

Magnificent East End canal 3BR 2.5BA plus office home in Shell Harbor. Michigan style house with upper level master suite; other features include , screened pool/ lanai w/ hot tub, boat dock and lift. Lovely well maintained home. 1001 Kings Crown.

Offered at \$1,159,000



Serene Living in Gumbo Limbo

Spacious pool home in Gumbo Limbo holds many surprises from the vaulted ceilings to the beautiful wrap around screened lanai. Walk through your choice of french doors out to the jetted spa off your master bedroom. This #BR 4BA home has a large workshop and 3 car garage. 9459 Begonia

Offered at \$694,000



East End Home w/Private Dock

Spacious 3/2.5 East End Pool home has gorgeous architecture including dramatic ceilings, open kitchen and great room leading out to the screen enclosed lanai. Enjoy the sounds of the Gulf from the upper level deck. Cross the road to be at the beach or hop in your boat from your 30' of private canal dock. 912 Almas Ct.

Offered at \$1,249,000



Architectural Gem

Bright open floor plan in this Dunes 3BR 2BA home. Vaulted ceilings in the great room w/decking off all bedrooms and the open kitchen. Close to San Carlos Bay at Bailey Rd for fishing, kayaking or sun bathing. Only a few homes away from the Dunes club house. 970 Sand Castle Rd.

Offered at \$569,000



Peaceful Water Views

Relax & Watch the wildlife from this 3000+ sq ft 3BR 3BA home. The screen enclosed lanai, overlooking the water, adds extra living space for your enjoyment. Quiet small neighborhood, convenient to beaches and shopping. This home is waiting for you to call it your own. 1667 Sabal Sands

Offered at \$499,000



Tranquil Lifestyle

Island Living! Enjoy a tranquil life style in this beautiful 2BA 2BR, remodeled home with attention to detail everywhere you look! Lots of privacy and the two adjacent lots will convey with this property. Roam the property and pick fresh fruit from your mini orchard outside your door. Enjoy the orange, grapefruit, key lime, meyer lemon, leche nut and papaya at your island retreat home. 9307 Dimmick Dr.

Offered at \$559,000



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Wide Lake View

Spectacular lake & golf course views from this ground level 2BR/2BA pool home. Enjoy the dunes community living in this home that is ready for you to call it your own. 1481 Sand Castle
Offered at \$595,000



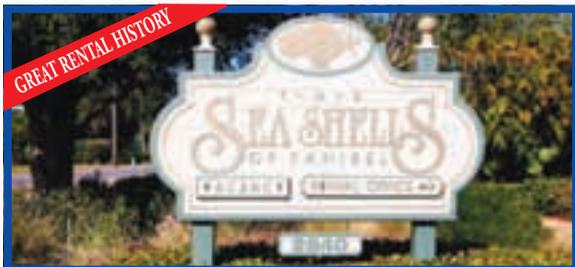
Open & Bright Dunes Duplex

Cool and shaded, this 3/2.5 duplex home is peaceful with views from the lanai of Sanctuary land. With high vaulted ceilings & Master Bedroom on the main living level, this home won't last long. Close to bike path, hiking trail and a short distance to Bailey Beach. 966 Greenwood Ct.
Offered at \$349,000



Panoramic Golf Views

Sweeping golf course and lake views from this fully furnished Dunes duplex. Home features include a glass slider enclosed porch w/ vaulted ceilings both in the great room and on the lanai; remodeled kitchen cabinetry and hard surface countertops; nicely landscaped. Extra storage space. 1639 Sand Castle
Offered at \$399,000



Seashells of Sanibel Unit #6

Remodeled Island style Condo. This is one of the larger units and boasts a great rental history. It is only a short distance to the beach from this 2BR/2BA second story corner condo. On site rental 3 day minimum.
Offered at \$335,000



Duplex with Lake Views

Serene views of Horseshoe lake from this immaculate 2BR/2BA duplex. The kitchen has granite counters and a nicely appointed glass enclosed lanai. Enjoy the peaceful outdoors from the large exterior deck. 1415 Sandpiper Cir.
Offered At \$339,000



Dunes Golf Views

Darling duplex with panoramic views of dunes 18th fairway. This 3/2.5 Has expanded deck & porch and extended masterbedroom on main living level. This home will not last long! 1613 Sand Castle
Offered at \$399,000



Duplex Close To Bay

Terrific Duplex in the Dunes Golf & Tennis Community. Close to the Bay, only 1/10 OF A MILE to the water. This 3 BR 2.5 BA home boasts a large screened lanai with access from both the Great Room and the Master Bedroom den/office. 1002 Greenwood Ct.
Offered at \$349,000



Sweeping Golf & Lake Views

Lovely 3BR 3 BA pool home in the Dunes Golf & Tennis Community. Walk out onto your lanai and enjoy panoramic views of the golf course and lake. Fully Furnished. Turn Key. 1031 Sand Castle Rd.
Offered at \$690,000



3344 Twin Lakes

Serene views of the lake in Murex Lakes community. Walk into this well built home to an open great room with views from the bay window and the glass sliders throughout. This 3 BR 2 BA pool home has plenty of outdoor living space as well.
Offered at \$549,000

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Some of the special equipment in a transport ambulance for PICU/pediatric patients include a defibrillator, cardiac and respiratory monitoring equipment, ventilator and normally room for at least one parent to accompany the child to the hospital

From page 1B

Ambulance

Helping Our Island Children

One reason Sanibel-Captiva Cares is eager to fund the needed pediatric transport ambulance is past experiences of several committee members before The Children's Hospital had dedicated pedi-

atric/neonatal ambulances.

Island resident Heidi Marinello remembers the time her son Matthew stopped breathing as an infant.

"The emergency vehicle that took Matthew to the hospital was only equipped with adult oxygen masks, one of which was badly rigged to fit over his mouth and nose," she said. "A frightening situation became even more unsettling

because we were afraid the mask would not work properly."

Matthew was diagnosed with a rare form of cancer and received treatment at The Children's Hospital for two years. He is now 13 years old and thriving.

Daughter of founding member Amanda Cross, Lindsay Torpey-Cross, 25, recalls the nightmare 16 years ago of her harried emergency flight from Fort

Myers to Miami for life-saving cardiac surgery. Transportation delays from The Children's Hospital to a plane waiting at Page Field made the already stressful situation nearly unbearable, and would have been avoided with a dedicated pediatric ambulance.

Sue Ellen Cutler has another story of how a hospital on wheels was a life-saving resource for her newborn in critical condition. Her son, Beach, who is now 19 and has been on a ventilator since birth, was transported urgently when he was only 12 hours old.

"It can be literally the difference between life and death," said Cutler.

It's Up To Us

Critical success factors in the seamless transportation of infants and children include the Timing, the Team and the Technology readily available. You can help improve care to our children through your donation to the Golisano Children's Hospital through Sanibel-Captiva Cares, and it will be matched by the generous Golisano fund.

Please make checks payable to the Golisano Children's Hospital, and send to Sanibel-Captiva Cares, 1349 Bay Drive, Sanibel, FL 33957. For further information, contact Amanda Cross at 472-2082 or SanibelCaptivaCares@gmail.com.*

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HORTOONS



Florida Wiener Dog Derby

The fourth annual Florida Wiener Dog Derby will be held on Saturday, March 23 at the Lee Civic Center in North Fort Myers. Pre-race ceremonies begin at 10:45 a.m. and the races commence at 11 a.m. This will be a fun-filled family day with vendors, dog demonstrations, entertainment and activities. A new event, the Wiener Wannabe Race, will be debuted. All leashed dogs are welcomed to attend.

There is no fee for admission, however, a \$6 parking fee is imposed by Lee County. Race registration is available online at www.floridawienerdogderby.com.

Prospective vendors and sponsors may also go to www.floridawienerdogderby.com for more information or contact Donna Ellis at donna@floridawienerdogderby.com.

The Florida Wiener Dog Derby, Inc. is a non-profit organization devoted to the support of local animal welfare organizations.*

Center 4 Life Programs

Sanibel Fit 4 Life is the motto at Center 4 Life. All ages are welcome.

Island Seniors, Inc. members may attend fitness classes held at the Center 4 Life, 2401 Library Way, by presenting a coupon. Booklets of 12 coupons can be purchased at the center; cost is \$42, or buy three coupons for \$10.50. Cash or checks to the City of Sanibel are accepted. Members of the City of Sanibel Recreation Center must show their membership cards to attend.

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. with Sandi McDougall. Format is 45 minutes of cardio, 20 minutes of balance, core strength and flexibility exercises.

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 and 11 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Mahnaz Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords and stability balls, along with mats, are used to strengthen your muscles. Improve core strength and balance. Mahnaz Bassiri is the instructor.

Gentle Yoga with Kris Brown – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Mats are used to meet the needs of varying experience levels. Bring a towel.

Chair Yoga – Tuesday and Thursday at 11 a.m. Chairs are used to stretch, tone and strengthen while improving flexibility, alignment and circulation.

Tuesday Kayaking – April 2, 9, 16, 23 and 30, 8:30 a.m.

There is space for 16 people on eight two-person kayaks and unlimited space for those who own their own kayaks. Kayaks, paddles and life jackets provided. Bring water, a small snack, change of clothing, sun lotion, bug spray, sunglasses and a hat. Cost is \$5 for members and \$10 for non-members. Stop by the center to sign up.

Florida Repertory Theatre – *Educating Rita* by Willy Russell, Saturday, April 20. Olivier Award-winning Best Comedy from the author of *Shirley Valentine*.

Page Turners with Ann Rodman – Wednesday, April 10, 2:30 p.m. The Room by Emma Donoghue. The entire world of a five-year-old boy is the 11'x11' room in which his mother is being held against her will.

Storytelling by Bert MacCarry – every Friday at 11 a.m. – in the Kraft Room. Free to open to all ages. For more information call 472-1781.

Tenth Annual Friday Coping With Life Series

March 22, 2 p.m. – **Creative Problem Solving** with Millennium Cognitive staff. Limited to 25 participants. Cost is \$10 for members, \$15 for non-members. Creative problem solving is not just about getting the right answers, it's about sharpening your mind to think logically. The human brain thrives on learning and experiencing new things. If something is routine or too easy, brains are essentially operating on autopilot, which does little to boost cerebral strength. Class will include working with matchsticks and toothpicks in order to come up with the solution for the given problem.

April 12, 2 p.m. – **Brain Basher Puzzles** by Millennium Cognitive staff. Limited to 25 participants. Cost is \$10 for members, \$15 non-members. Travel to Brain Boot Camp in order to boost your IQ and sharpen your memory. At the end of the program, you'll discover your memory will be sharper and your mind more agile. The puzzles are organized in levels from easy to difficult so you can increase the intensity of your mental workout as you progress.

Intermediate Bridge Lessons with Linda Tedeschi – March 25 and April 1, 11 a.m. to 12:15 p.m. Improve your game. Bring a partner or you will be paired up. Basic knowledge of the game is required. Cost is \$5 for members and \$10 for non-members per session.

GAMES:

Backgammon – 1 p.m. Wednesday

Bridge – 1 p.m. Monday and Wednesday

Hand & Foot – 1 p.m. Tuesday

Mahjongg – 1 p.m. Thursday

Mexican Train – 1 p.m. Thursday
Cost is \$2.50 for members and \$5 for non-members. Prizes are awarded.

Computers – Picasa with Patty and Your Photos, Wednesday and Thursday, April 3 and 4, 1 to 3 p.m. Hands-on training in Picasa, a free program from Google. Copy photos from your camera or memory card to your PC and create and edit albums that are easy to email. Learn to crop, resize, sharpen and brighten colors. Class limited to six. Cost is \$60 for members, \$90 for non-members, due at sign up. Bring your camera, cable, memory card and reader with 10 to 20 photos. Sample photos will be available.

Call 472-5743 for details on programs or stop by to register.*

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Art In Bloom Opening Reception At Sanibel Public Library



Artist Marcy Calkins and floral arranger Judy Mauer with the artwork, *Glass & Cloth Pastel*
photos by Jeff Lysick



Floral arranger Pat Haggerty and artist Randon Eddy with the artwork, *4 Dinghies*



Artist Gloria Krekel and floral arranger Sandie Trandas with the artwork, *Tropical Delight*



Artist Ellie Gause and floral arranger Sally Parsons with the artwork, *Dancer*



Artist Jaye Boswell and floral arranger Harriett Pattison with the artwork, *Reef Ranger*



Artist Carolyn Johns and floral arranger Fay Carney with the artwork, *Florida Butterflies*



Floral arranger Karen Searles and artist Jane Hudson with the artwork, *Little Black Dress With Pearls*



Artist Eleanor Dominek with her artwork, *Leo II*



Artist Pat Baker and floral arranger Lisa Newmayer-Cochrane with the artwork, *Evening Egret*



Floral arranger Carolyn Zell and artist Peter Zell with the artwork, *Singing Cowboys*



Artist Pat Smart with her artwork, *Batik Fabric*



Baby osprey photo courtesy of a happy client. Taken from her island condo. Thanks, Ellie!

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Single-family home lot overlooking natural vegetation in The Dunes golf/tennis community \$299K



Sanibel Bayous over-sized cul-de-sac parcel within walking distance of Bowman's Beach \$399K



Corner 1/2+acre lot overlooking intersecting canals in Shell Harbor, community beach access \$885K

HTAP's Bling Bash To Smash Slavery

For the first time, Human Trafficking Awareness Partnerships (HTAP) is holding a signature fundraiser, Bling Bash To Smash Slavery, at the Forever Green Shops on Saturday, April 6 between 3 and 6 p.m. Human Trafficking Awareness Partnerships (HTAP) was formed in on Sanibel in 2006.

HTAP's mission is to build awareness of human trafficking and to help communities form effective coalitions like the one that Zonta and the Lee County Sheriff's Office started in 2005 in Lee County. Nola Theiss, a Zonta member and founder of HTAP, has become a nationally and internationally known speaker on the issue and spoke at an event at the U.N. Commission on the Status of Women in New York City earlier this month.

At the Bling Bash, four Southwest Florida jewelry designers will sell their



Some of the unique jewelry items that will be offered during Bling Bash To Smash Slavery, scheduled for April 6 at the Forever Green Shops on Sanibel

original pieces, gift certificates for local restaurants and stores, etched glass by



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Luc Century, cruises on Adventures In Paradise and jewelry from local stores will be part of a silent auction. A live auction of special prizes will be held, including fine jewelry and stays at South Seas Island Resort and the Hyatt Regency Hotel. In addition, tables full of previously loved and vintage jewelry from "Downtown Abbey to Abbey Rose" will be available. Cip's is providing light refreshments and will be offering a donation to HTAP, with meals and wine served during and after the day's event.

Money raised at this event will be used to support HTAP's many programs, including a new program - Point Of Contact, Point Of Rescue - which has recently been featured on local newscasts.

In 2010, HTAP started its first prevention program aimed at American girls between 10 and 18 and has since conducted 15 programs around the county and has conducted three programs to train volunteers to organize ARTREACH programs. It has scheduled programs in the Harlem Heights new community center for this spring and summer.

In 2012, HTAP and Catholic Charities

and Abuse Counseling Treatment joined forces to start a new program, Point Of Contact, Point Of Rescue, which trains mall security and fast food restaurant owners and employees to recognize the signs of trafficking in people who frequent their business. Employees are trained to call 911 and the ACT hotline and to not approach the person or persons in question. First responders and the ACT hotline operators are trained to respond with immediate care. A protocol is in place to get treatment for the identified victims.

"Victims and potential victims are often seen in public places, but unless we are trained to recognize the signs of trafficking, we can't get them help," said Theiss. "This program trains those who may come into contact with them and establishes a protocol for the professionals to get them the care they need and to stop the perpetrators."

For further information on HTAP and how to help prevent and stop human trafficking, contact Nola Theiss at 415-2635 or 292-3834.✪



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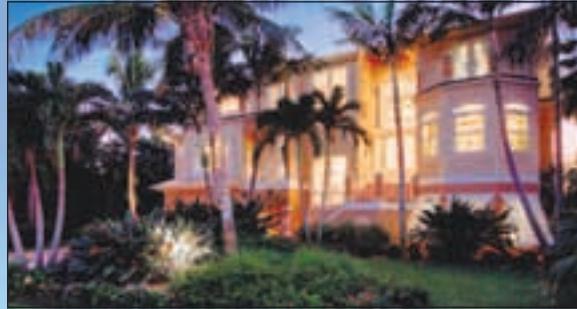
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Dear Phaidra, We can't thank you enough for all the time you spent with us. We really enjoyed working with you and I think you're a "true" professional and look forward to working with you in the future. Highest Regards, Michelle and Scott J

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Rotary Happenings

submitted by Shirley Jewell

How one small Rotary Club here on Sanibel can make a difference in the lives of people around the globe is mind-boggling. Knowing that we are contributing to a better future for so many with just a small hand-up is so rewarding. Most of our Rotary Happenings readers know about our club's recent Wheelchair Challenge (raising \$5,500 by the end of last year, which was matched by our Rotary Trust for a total of \$11,000) to purchase a cargo container of wheelchairs to be sent to a Rotary designated country.



Jack Drury, president of Wheelchair Foundation Florida-Southeast Region; and Steve Agis, Rotary District 6960 Wheelchair program chair, dropped by this week to show their appreciation. Agis recently returned from a wheelchair distribution trip to Honduras. He said, "Each time I make these trips and participate in the distribution process, it renews my spirit and energy to continue this work. My life is ever changed by being part of this program." He also made note of the relief he witnessed in the eyes of the caretakers.

A heart-wrenching video from the Wheelchair Foundation was shown,

which brought to life the need for wheelchairs for so many in third world and emerging countries. Disease, disaster and military conflict are leading factors in the loss of mobility.

Drury announced that our wheelchairs will be delivered to a hospital in Kingston, Jamaica sometime in late May. The hospital has identified the recipients of the wheelchairs and will be in charge of distribution. Sanibel-Captiva Rotary Club members have been invited to join the distribution team and some members are considering this.

Agis also heads up our Rotary District 6960 Gift of Life program, which began in 1975. At that time, the primary purpose was to help children from developing countries in need of corrective heart surgery receive that surgery in a Gift of Life participating hospital in the U.S. Each surgery was done at a minimum cost of \$5,000 per child. Health professionals donated their time and housing, and per diem costs were provided by Rotarians. Because of costs and government regulations here in the U.S., these surgeries were suspended for a while. Surgeries and other medical procedures are being performed in qualified hospitals located closer to the regions where patients live.

There are now three areas of care: diagnostic screening, surgical and medical training. Surgical missions require a team of surgeons, cardiologists, nurses



Jack Drury



Steve Agis, John Grey and John Danner

and other healthcare professionals to travel to a country where children do not have access to medical procedures needed to save their lives. Missions have become more prevalent over the past couple of years. With Gift of Life's focus on establishing sustainable pediatric cardiac surgery programs in developing countries, these missions have become the center point of that effort.

The Sanibel-Captiva Rotary presented Agis with a \$5,000 check to continue the amazing work done through the Gift of Life program.

The Sanibel-Captiva Rotary Club

meets at 7 a.m. every Friday at Sanibel Island Golf Club, 1100 Par View Drive. If you have any questions regarding Rotary, e-mail Sanibel-Captiva Rotary Club President, John Grey-John@JohnGreyPainting.com or President-Elect, Scot Congress-Scot@scotcongress.com.*

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Rec Center kids with the Healthy Heart Month quilt sewn together by Sophia Kuharich

Sanibel Rec Volunteer Of The Month Sophia Kuharich

The City of Sanibel Recreation Department would like to recognize Volunteer of the Month Sophia Kuharich.

Kuharich is one of the Rec Center's newest volunteers. She spent many hours with the kids in the youth program creating a quilt for Healthy Heart Month. The kids were able to decorate fabric squares for the quilt which Kuharich then took home to sew together. The finished product is an amazing quilt that the kids felt so special to play a part in creating. When asked how volunteering has impacted her life Kuharich replied, "Being able to use my creativity to make something of deep meaning and realizing the importance of making something with love." She most enjoys making people happy and filling them with joy, especially children.

Kuharich and her husband spend three months of the year on Sanibel and the rest

of the year in Huntley, Illinois where the rest of their family resides. They have five children and five grandchildren (with a sixth arriving in July). Their grandchildren are the highlight of her life. Kuharich took up quilting six years ago when she retired. She loves the artistic value, whether for art or for personal use.

Volunteer opportunities are now available. For information on joining your friends and neighbors who serve as Rec Center volunteers, call 472-0345.✧

Make A Splash Over Spring Break

Looking to cool off during spring break? Head over to the Sanibel Recreation Center. The water features pool and slide hours have been expanded to 1 to 5 p.m. for the week of March 25 through March 29.

Additional amenities include open gym time, tennis courts, lap pool, leisure pool with water features and water slide, state-of-the-art weight room with cardio equipment, gymnasium and over 40 fitness classes a week included with your membership.

When accompanied by a Sanibel resident who purchases a daily, weekly, six month or annual membership, their visitors qualify for a reduced member guest rate. All persons 18 years and over must present valid photo ID at the time of purchase and on each visit.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. For more information, call 472-0345 or visit www.mysanibel.com.✧

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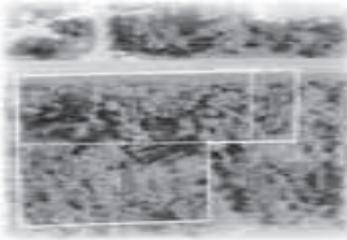
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CARD OF THANKS

The annual Seahorse Festival, now at The Dunes Golf and Tennis Club, was quite the success with its new "Irish luck." More than 600 islanders celebrated at the event, enjoying the live music from Celtic Stew, delicious Irish food fare from the culinary talents of Bailey's General Store, green beer, games, bounce houses and much more. The silent auction had over 150 donated items from so many Sanibel businesses and the highlight of the event was the live auction for a trip to Ireland to a vacation home on the West Shore, complete with airline vouchers. Donated by Jason Maughan, Terry Igo and Jeff Powers, the trip was auctioned off for \$6,500 by island resident Dick Larson.

Overall, the Seahorse Festival raised almost \$30,000... all "for kids sake."

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The Seahorse Festival, held on March 16 at The Dunes Golf and Tennis Club, offered plenty of activities for children and adults

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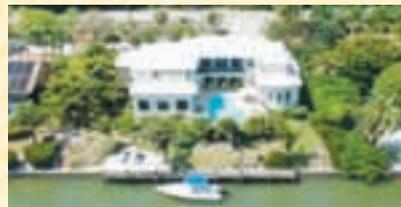
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Teddy Bear Drive At Bank Of The Islands

The Children's Advocacy Center of Southwest Florida is in desperate need of stuffed animals for its young clients, and Bank of the Islands is asking islanders to help them collect as many as possible just as soon as possible.

"The Children's Advocacy Center is a place of refuge and healing for sexually and physically abused children in Southwest Florida," said Bank of the Islands Captiva office manager Willy Ocasio. "Having a teddy bear to cuddle can be enormously comforting to a traumatized child. We want to make sure every one of CAC's clients has a stuffed animal buddy of their own."

Please bring new and very gently used stuffed animals to Bank of the Islands' Captiva and Sanibel offices. Bank of the Islands is located at 1699 Periwinkle Way on Sanibel. The Captiva office is at 14812 Captiva Drive, next to the Captiva Post Office. Donations will be delivered to CAC's Fort Myers crisis center right away.✪



Bank of the Islands Captiva office manager Willy Ocasio and Sanibel office manager Rob Lisenbee pose with teddy bears bound for new friends in need at the Children's Advocacy Center

Stairclimb Challengers In Training

Registration is under way and teams have begun training for the 2013 Fight for Air Stairclimb, scheduled for April 27 at the High Point Place, 2104 West First Street in Fort Myers and hosted by the Gulfcoast Chapter of the American Lung Association.

Last year's event raised \$45,000 for the battle against lung diseases such as asthma and lung cancer, which is the leading cancer-related death for men and women in the United States. Event organizers hope to up the fundraising effort to \$50,000 this year.

During stairclimbs, which the American Lung Association (ALA) hosts throughout the country, participants raise money by collecting pledges to ascend the stairway in a high-rise tower. High Point Place, the tallest building between Tampa and Miami, has donated access to one of its towers for the climb. Climbers ascend the high rise's 30 floors and 514 steps.

"Nearly 250 climbers participated last year, and we anticipate that number to increase substantially this year," said Kurt Goerke, regional director of the ALA's Gulfcoast Chapter.

As is the trend nationally, the Fort Myers stairclimb is attracting an increasing level of support and participation from local firefighters. Firefighters don their full gear during the climb, providing a healthy competition between neighboring fire districts while inspiring non-firefighting participants.

"A very healthy rivalry has developed among the local fire departments," Goerke said. "The firefighters all want to be the fastest up the stairs and generate the most donations. The event and our important cause certainly benefit from their involvement."

For teams who have registered, practice climbs are scheduled weekly on Saturday mornings. The cost to register \$25 and each climber must raise \$100. More information and online registration is available at www.FightForAirClimb.org.

Fight for Air Climbs are unique fundraising events for the ALA, usually occurring in prominent skyscrapers, stadiums or arenas and involve climbing multiple steps. Sometimes called a "vertical road race," teams and individual participants often use the event as a fitness target, as a race or as a way to be active and meet new friends. Many climbers participate to support someone who has lung disease or as a memorial to someone who has passed away.

Sponsors of the Fort Myers event include: Lee Memorial Health System, High Point Place, Lee County Electric Cooperative, Bagel Bagel, Simplified Technologies, Culligan Water, Starbucks, Allyn International, Story Book Realty, McDonald's, Kings Brand, The Morgan House and Sun Harvest Citrus. For more information, or to get involved, call 908-2685.✪

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Sue Sherlock, the winning bidder on the 2013 ABC Celebration auction for the roadable plane ride

From page 1B

Ride Of A Lifetime

and other things that move and do things.

Sherlock said, "I asked him, 'Logan, what do you want to be when you grow up?' He said, 'You already know grandma, I'm going to be an engineer.' So, I thought this would be the perfect thing for him, and, of course, his sister had to go, too."

The unusual aircraft has been receiving stares ever since Johnson flew it from his home near Seattle, where he is developing it, and drove it out to the islands from Page Field while visiting his mother, Captiva artist Stella Farwell. Johnson said the PlaneDriven package he created to enable the Glasair Sportsman aircraft to be a street-legal vehicle is nearing the end of development and should be in production in about a year.

Sue had an ulterior motive for bidding on the plane ride.

Last year, she placed the winning bid at the ABC auction for a ride on the Captiva fire truck that two of her other grandchildren, Nicholas and Benjamin Hitchcock, of Hingham, Massachusetts, rode on. To even things up, Sue won the fire truck bid again this year so two more of her six grandchildren, Caroline and Olivia Karbel, of Stamford, Connecticut, can ride when visiting this year.

It seemed only fair that Logan and Barry, both from Long Island, New York, would get the plane ride.

"It's just too cool to be cool," Sue said. "I'm just thrilled to have the opportunity to do this. I think it's a great surprise. And, yes, for the money I could have gone crazy shopping for them, but I think they'll remember this a lot longer."

A surprised David Jensen about fell off his bike while riding to work at Jensen's

Marina as he took his hands off the handlebars and flapped his arms like a bird when the plane passed him by on Captiva Drive.

Every time the plane pulled in the driveway of Sherlock's condo complex after taking Logan and Barry out for a spin, there was a convoy of curious onlookers pulling in behind to find out more about it.

"I had to run over here from my hotel and see what it was," said Dean Penn, who was busy taking pictures of the plane and e-mailing them to friends on his smartphone. Penn, a pilot from Missouri who was vacationing at the Castaways, said his father flies a Glasair and will be thrilled to hear about the PlaneDriven roadable package for it.

Grandma Sue will also long remember the day.

After ferrying the two grandkids around, Johnson surprised Sherlock by telling her to jump in the plane for a surprise bonus ride.

It was hard to tell who got the biggest thrill out of their ride - Logan, Barry or Sue.

"It was fantastic," Sue said. "Everywhere we went, there were waves, stares and people shouting at us. This plane cre-



The PlaneDriven aircraft on Captiva Drive

ates smiles wherever it goes."

Her generous bids were not just about indulging grandchildren.

Sue, who is on the board of governors of the Captiva Civic Association, was helping raise funds for the association to remodel its Captiva Community Center, a project that also includes the Captiva Memorial Library and the resident deputy sheriff's house.

The association raised a record \$167,000 on more than a dozen items auctioned, including \$90,000 raised from Lots of Love pledges made directly to its capital campaign. That puts the organi-

zation about 75 percent along the way towards about \$800,000 needed for the project.

Sue's friend, Sarita Van Vleck, who placed the winning bid on a ride aboard the Rev. Tom Nyman's Harley-Davidson motorcycle, has decided to give Sue her ride with the Reverend.

"Maybe Tom can come by to pick me up on the bike in front of my two granddaughters when they are here," Sue said. "And I can hop on that Harley and casually wave goodbye. Now, would that wow 'em?*"✱



The Reverend Tom Nyman, pastor of Chapel-By-The-Sea, will give Sue Sherlock a ride on his Harley-Davidson motorcycle



Barry Sherlock and her brother Logan in the cockpit



Florida Gulf Coast University Men's Golf Team

CHR's First Golf Tournament A Sunny Success

Fabulous weather, a great course and the charming FGCU Men's Golf Team? What more could they ask for?

Organizers of the 1st annual FGCU-Sanibel Invitational Golf Tournament on March 16 to benefit Community Housing & Resources (CHR) pronounced themselves "more than happy."

"We were delighted with the turnout, and with the support from our sponsors," said Kerri Maw, chair of the organizing committee. "With calculations still being done, initial estimates are that we raised at least \$5,000 for CHR, all funds which

will go toward essential maintenance and refurbishment of rental units. For a first-time event during Sanibel's busiest time – and at very short notice – this was better than we had hoped."

CHR has been providing affordable housing on Sanibel since 1983 for individuals and families who work on the island and/or serve the community. With 74 units in various locations throughout the island, CHR provides a home for more than 150 people, many employed by island businesses, who would otherwise need to live off-island. The golf tournament is part of an annual plan to assure sufficient funds for ongoing maintenance and upgrades – funds that do not come from rentals, which are structured to be affordable, based on each resident's income.

On a glorious Saturday morning, 33 golfers turned out to be partnered with



1st place team - Jeff Burns, Don DeLuca, Phillip Boljanovich (FGCU) and Mike McMurray



2nd place team - Craig Albert, Craig Holston, Bobby Hodosky and Steve Greenstein

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3rd place team - Rudy Zahorchak, Jake Sherwin (FGCU), Cole Connor and Rick Sturgeon



Bailey's team - Karl Hamme, Jim Dentinger, Kaleb Moon and Wendell Williams



'Tween Waters team - Mathis Boesmans (FGCU), Doug Babcock, John Gray and Jason Miller

nine members of the Florida Gulf Coast University Men's Team, and one local pro. The course, formerly Beachview and now named the Sanibel Island Golf Club, is under new management and the new owners were pleased to offer their support for this event.

"This is a great cause, and we are delighted they have chosen to hold their inaugural event on our course," said Ed Lockard, co-owner.

Prizes were awarded to the top three teams: First place, Royal Shell team of Don DeLuca, Jeff Burns and Mike McMurray; second, San-Cap Community Bank team of Craig Albert, Steve Greenstein, Craig Holston and Bobby Hodorsky; and third, the team of Rudy Zahorchak, Rick Sturgeon and Cole Connor. Prizes were given out during lunch by CHR board president Richard Johnson.

Sanibel-Captiva Community Bank generously served as principal sponsor, with other individuals and businesses stepping up to serve as Eagle, Birdie and hole or tee sponsors. Craig Albert and David Wright from the bank were among those on the course.

Participants enjoyed not just the sunshine, Gulf breezes and some great golf, their outing also included snacks, beer (provided by Miller and Budweiser distributors) and lunch in the clubhouse. FGCU golf coach Brent Jensen spoke during lunch and commented, "The team had a great day - we are already looking forward to next year."

Kelly Collini, CHR executive director, also addressed the group and offered her thanks on behalf of the island residents that CHR serves.✪

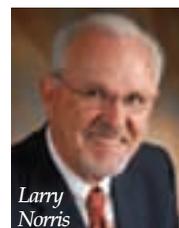
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Around The Islands With Anne

New Dance Studio On Sanibel; Season Brings More Dining Options

by Anne Mitchell



After falling in love with ballroom dancing during Dancing with the Island Stars on Sanibel several years ago, Susan Scott embarked on competition dancing and now wants to share her joy with others. She has opened **Enchanted Ballroom** on Sanibel, offering private, couples, and group lessons.

You name it, waltz, foxtrot, tango, rumba, cha-cha, west and east coast swing, samba, merengue and salsa, they teach it. Your first lesson is free. No need to sign up for a block of lessons, go when you can.

Scott says she's planning do a Night out on the Town, perhaps twice a month, where students will meet at a restaurant and dance to put into practice what they learned at the studio.

Also in the planning stages is a Dancing with the Island Stars reunion on Saturday, April 27 for all those who took part in the three annual events – including the judges and instructors. It will be a catered affair at the studio – with lots of dancing, of course.

Scott and her dance partner David Flory, an instructor, have traveled around the country winning various competitions for several years. She's not hanging up her dance shoes – quite the contrary. She wants others to have the fun and benefits – both health and social – of tripping the light fantastic.

Scott stresses that dancing is so much more than learning steps – it covers every aspect of personal growth and health.

Enchanted Ballroom is at 2495 Palm Ridge Road. To book a complimentary lesson with Flory, or to attend classes, call 579-0468 or 471-6797.

Looking for a new lunch spot? **The Old Captiva House** is now serving lunch Wednesday through Sunday from noon to 2:30 p.m. You'll dine on the outdoor garden patio.

Also, The Old Captiva House is offering sushi and tapas – also on the patio – on Wednesday and Friday evenings from 6 to 9 p.m.

The restaurant is located at Tween Waters Inn, 15951 Captiva Drive, phone 472-5161.

The winter season crop of additional dining options also includes dinner at the **Lighthouse Café**, which is famed for its breakfasts and noted for lunch as well. Dinner from 5 to 9 p.m. includes fresh fish, notably the hard-to-find menu species such as cobia and tripletail along with snapper, salmon and grouper. You can get your fish crusted with potato/onion/Parmesan, blue crab and butternut garlic, among others.

Reservations are required for dinner. Call 472-0303. The Lighthouse Restaurant is on Sanibel's east end at 362 Periwinkle Way.

Jerry's of Sanibel must be one of the most picturesque shopping centers in Florida – and possibly beyond. It's a veritable garden filled with lush vegetation, tropical birds, pretty pathways and an umbrella-shaded patio where you can have a snack or lunch.

But beyond the courtyard setting, Jerry's has some fine shops and businesses. There's a full service restaurant inside the supermarket, **Jerry's Café**, a popular eating place for breakfast, lunch and dinner among locals as well as tourists, and the prices are very reasonable.

In the same center, there's a coffee and ice cream shop, a day spa, a gallery and stores specializing in footwear, clothing, beach gear, novelties, jewelry and a liquor store.

Poco Loco sells Love Boat Ice Cream, which has been made locally for more than 35 years, as well as coffees and coffee-based drinks, natural fruit smoothies, fresh pastries and sandwiches. It also offer free wi-fi for laptop and smartphone users.

Sanibel Surf Shop is more of an emporium with its vast and eclectic mix of everything beachy. It's as though someone took a collection of seaside shops and packed the contents into a vaulted hall from which hang blow-up gators and sharks and all kinds of wind charms. The sheer variety will amaze you. It includes gator crossing road signs, shelling ID charts, personalized items such as beer mats, bookmarks and sticker books, beach toys and supplies, candy, surfer jewelry, puzzles, books, clothing, footwear and accessories.

Footloose and sister store **H2O Outfitters** have all you need in terms of sandals, shoes, swimwear and casual clothing with brands such as Teva, Reef, Sperry, Crocs, Tommy Bahama, Life is Good and Quicksilver.

Sanybel's Finest is packed with driftwood art, carved wildlife, framed art and pieces by local artists Ellie Stephens, Joe Elias and Rod Becklund.

Then there's **Spa-Tini**, which offers all-natural services for nails, facials and massage, organic hair color, natural and organic facials, even an organic spray tan. It's a



Susan Scott and dance instructor David Flory of Enchanted Ballroom, which opened recently on Sanibel

serene oasis where you can drop in for a complimentary organic iced tea or hot tea from a menu of international teas.

Jerry's of Sanibel is at 1700 Periwinkle Way, across from Casa Ybel Road.

LIVE ON THE ISLANDS
George & Wendy's Seafood Grille offers music Tuesday through Sunday. Tonight, Friday, there will be live music by Robby Hutto and the Absent-Minded. Saturday is Ladies Night with drink specials and DJ Eric with a turntable full of hits from 9 p.m. to midnight. Sunday Jazz Brunch features live smooth jazz from 10:30 a.m. to 1 p.m. Karaoke is Wednesdays from 9 p.m. to midnight. Slow Deal, a rock band, will entertain on Thursday.

George & Wendy's is at 2499 Periwinkle Way, Sanibel, phone 395-1263.

This week's lineup at **Traditions on the Beach** at the Island Inn includes: Friday Night Dance Party with Joe McCormick and singer Barbara Smith; Saturday, smooth music with Joe McCormick and singer Marvilla Marzan; Sunday, Mike Arnone aka "The Jersey Kid," a pop pianist and vocalist performing everything from The Rat Pack to Mo-Town; Monday, Dusk Duo, Dean & Kathy Winkleman on piano, guitar and vocals; Tuesday, Woody Brubaker on the piano, saxophone, and vocals; Wednesday, Prime Rib and Prime Jazz!; and Thursday, Joe McCormick and Marvilla Marzan with the sounds of Broadway, Latin hits and all styles of popular dance music.

Traditions is at 3111 West Gulf Drive, Sanibel, and is open from 5 p.m. until late Monday through Saturday. Live entertainment starts at 7 p.m. For reservations, call 472 4559.

Traders Store & Cafe features music by Chris Workman on Sundays and Wednesdays from 7 to 10 p.m. and Danny Morgan and Friends on Tuesdays and Thursdays from 7 to 10 p.m. Traders is at 1551 Periwinkle Way, phone 472-7242.

The Jacaranda has entertainment nightly from 7 to 11 p.m. On Friday and Saturday, various artists are featured. On Sunday, it's Jamaica "Dave" & Co., reggae and dance; Monday, Renata, jazz, contemporary music and dance; Tuesday, Steve "Scooter" Reynolds, acoustic guitar, contemporary music and dance; Wednesday, Buckeye Ken, contemporary, Top 40 and blues; Thursday, 2 Hot, contemporary, reggae and dance. The Jacaranda is at 1223 Periwinkle Way, phone 472-1771.

The Mucky Duck on Andy Rosse Lane, Captiva, features music by Mark Dupuy on Mondays; Rich Lancaster, Wednesdays; Gene Federico, Thursdays and Saturdays; and Buckeye Ken, Fridays.

The Crow's Nest at Tween Waters Inn has live entertainment on Fridays and Saturdays from 9 p.m. to 1 a.m. Crab races take place Mondays and Thursdays. The Crow's Nest is at 15951 Captiva Drive, phone 472-5161.

The Island Cow on Periwinkle Way has live entertainment on Friday with Dan Confrey; Saturday, Diana Lynn; and Sunday, Buckeye Ken. Phone 472-0606.

RC Otter's, 11506 Andy Rosse Lane, Captiva, has live music daily with dining inside and out, phone 395-1142.

Keylime Bistro features live music days and nights seven days a week with Ken Limeri playing jazz sax from 6 to 10 p.m. every Tuesday. The bistro is at 11509 Andy Rosse Lane, Captiva, phone 395-4000.

Restaurant owners/managers, please e-mail or fax your entertainment schedule to Anne Mitchell at islandsuncity@aol.com or 395-2299.✧



Visitors love to interact with the many tropical birds at Jerry's center, including GW, the macaw, pictured here



Sanybel's Finest in Jerry's center features a great selection of original wildlife carvings



5 Car Go painting by David Ruhe

Ruhe Art Exhibit

Currently showing at Sanibel Art & Frame, the wonderful work of David Ruhe. Fine art is more than just a painting on the wall, there is a story behind every image and behind that story, even a larger tale of the artist himself. Ruhe's style is "realism with a magical touch," and his paintings are unique. Several of his works are available at Sanibel Art & Frame, located at 630 Tarpon Bay Road.

For more information, call 395-1350 or visit www.sanibelartandframe.com.*

Jeweler To Host Open House And Reception

Lily & Co. Jewelers will host an Easter "Eggstravaganza" from 11 a.m. to 9 p.m. Friday, March 29 and from 10 a.m. to 4 p.m. Saturday, March 30 featuring the entire line of The Henderson Collection by famed jewelry designer Lecil Henderson.

"We are excited to welcome his collection back to Lily & Co.," said co-owner

continued on page 29B



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Twins' GM Terry Ryan Vows A Better Record... Or Else



by Ed Frank

After two consecutive years with the worst record in the American League, Terry Ryan, general manager of the Minnesota Twins, put it bluntly: "We've simply got to get better... you cannot put up with that (record) today."

A shrewd evaluator of talent – the Twins had won six Central Division titles in nine years prior to the 2011 and 2012 freefalls – Ryan said there are no shortcuts to restore winning baseball to the Twin Cities.

"We signed a bunch of players in the off-season," he said, but added that pitching is the key component to success. And the lack of good pitching was the major factor in the 99 and 96 losses suffered by the Twins the last two years.

"We need pitchers who can take the ball 35 times a year and who can give us 200 innings of work," he said.

A team with four or five hurlers who can perform with those numbers will be in the post-season, according to Ryan.

If you examine the Twins' pitching record last season, where overall they ranked near the bottom of the American League, only one pitcher – Scott Diamond – came anywhere close to 200 innings, posting a 12-9 record over 173 innings of work.

In addition to signing several pitchers in the off-season, Ryan feels that talent in their minor leagues will help in the future. For example, in a trade with Washington, he acquired Alex Meyer, a strapping six-foot, nine-inch right-hander who was the Nationals first-round draft pick in 2011.

Kyle Gibson, the Twins first round selection in 2009, is coming off Tommy John surgery and likely will start the season at Triple A Rochester. A solid early season performance there could see a quick call-up to the Major League roster.

Ryan signed veteran right-hander Kevin Correia to a two-year, \$10 million contract to bolster his starting pitching. He posted solid 12-11 records the last two years for lowly Pittsburgh.

Another newcomer is Mike Pelfrey, who prior to season-ending Tommy John surgery last year, was ranked No. 11 among National League right-handers with 132 starts since 2008. A first-round pick by the New York Mets in 2005, Pelfrey had a 47-46 record with the Mets over five seasons.

In a trade with Philadelphia, the Twins acquired Vance Worley, a promising right-hander who was 17-12 with the Phillies the last two seasons.

With improved starting pitching, the Twins should better than a year ago. Catcher Joe Mauer and first baseman Justin Morneau are former American League MVPs. The signing last year of outfielder Josh Willingham provided Minnesota with home run power and defensive prowess. He led the team with 35 home runs and won a 2012 Silver Slugger Award.

And catcher-outfielder Ryan Doumit, new to the Twins last year, had 18 homers and a .275 batting average playing in 134 of the 162-game season.

Ryan bristled when asked if he would be satisfied with a .500 record this year.

"Forget all that stuff. We want to win the division," he replied. He pointed out that in 1991, the Twins went from last to first and won the World Series. But he also said that defending American League Champion Detroit will be favored atop the AL Central, particularly with the addition of former Twin Torii Hunter and the return of the injured Victor Martinez.

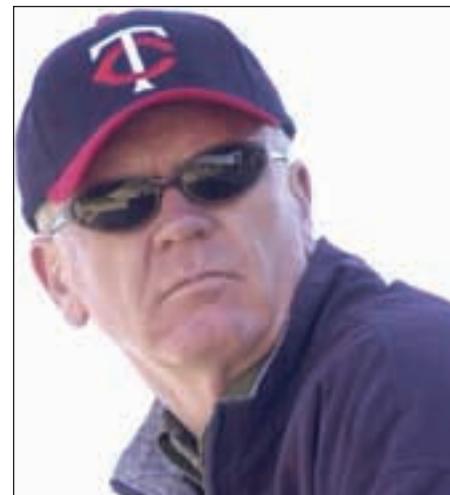
The Twins payroll in 2012 was approximately \$90 million but is expected to be lower this year, according to Ryan. He said, however, that added payroll will be available should they become interested in other players as the season progresses.

The Minnesota organization leads professional baseball in having 16 players selected to play in the World Baseball Classic. While he relishes the competition the WBC provides on a worldwide basis, naturally he fears the potential of injuries that could occur.

For example, New York Yankees All-Star first-baseman Mark Teixeira suffered a partially torn wrist tendon while taking batting practice before a WBC game and faces possible season-ending surgery.

Ryan, now in his 15th year as Twins general manager, has earned the reputation as one of the smartest and hardest-working GMs in baseball.

It's a good bet he will have restored a competitive and winning Minnesota Twins baseball team in the not-too-distant future.



Terry Ryan

continued on page 23B



CAPTIVA'S MONDAY AFTER THE MASTERS

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SCCF Tennis Tournament founder Lucas Century, left, presents awards to last year's 4.0 champions and finalists Barbara Chappell, Nancy Orr, Nancy Day and Debbie Fairbanks

SCCF Tennis Tournament Returns

The 21st annual SCCF Tennis Tournament will be played on Saturday and Sunday, April 6 and 7 at The Dunes Golf and Tennis Club. It seems like only yesterday that Lucas Century and SCCF Executive Director Erick Lindblad cooked up the idea for the event. Join this dedicated group of tennis players, have some fun, win Century-made glass awards and support the ongoing preservation work of the Sanibel-Captiva Conservation Foundation.

For questions about the SCCF Tennis Tournament, call tournament chair Lisa Cochran at 246-8875. To sign up for play, call Diane at the Pavel-Blackwood Tennis Academy at 472-3355.✱

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Indoor Pickleball At Rec Center

The Sanibel Recreation Center is now hosting pick-up indoor pickleball nights on Wednesdays from 5 to 6:30 p.m. All skill levels are welcome. Non-skid, closed-toe shoes are required. This activity is for ages 14 and up. The cost of this program is included with your daily, weekly, six-month or annual Sanibel Recreation Center membership. Day pass is required for non-members.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information call 472-0345 or visit www.mysanibel.com.✱

SPORTS QUIZ

1. Who holds the major-league record for most Gold Gloves awarded to a catcher?
2. The 1933 New York Yankees had nine future Hall of Famers on the roster. Name six of them.
3. Who threw the longest pass in Notre Dame football history?
4. Name the last Milwaukee Bucks player before Ersan Ilyasova in 2012 to have at least 25 points and 25 rebounds in a game.
5. When was the last time the Toronto Maple Leafs won a series in the NHL playoffs?
6. In 2012, Gabby Douglas became the third consecutive U.S. athlete to win the women's Olympic all-around gymnastics title. Who were the previous two?
7. Which golfer has made the most appearances in the Ryder Cup?

ANSWERS

1. Ivan Rodriguez, with 13. 2. Earle Combs, Bill Dickey, Lou Gehrig, Lefty Gomez, Tony Lazzeri, Herb Pennock, Red Ruffing, Babe Ruth and Joe Sewell. 3. Blair Kiel completed a pass for 96 yards in 1981. 4. Sven Nater had 30 points and 33 rebounds against Atlanta in 1976. 5. It was 2004. 6. Carly Patterson (2004) and Nastia Liukin (2008). 7. Nick Faldo, with 11.

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Jeff Passantino

After his initial visit to Sanibel Island over 20 years ago he knew there was something special about the beaches and on going preservation that only Sanibel can offer. In 2004, he took a leap of faith and relocated from Kansas City to Southwest Florida. Jeff graduated from Kansas State University with a Bachelor of Architecture. After college Jeff started his architectural career in the health care industry, designing over 24 elder care facilities throughout the midwest. He was not only the lead designer, but also managed oversight of the land acquisitions and building construction for the new facilities. In 2004, Jeff and his wife, Elizabeth, and their three children, Jeffrey, Cassie, and Ella were ready for year-round subtropical weather, and life near the beach. Sanibel Island proved to be the destination of choice! Jeff immediately entered into the real estate market, and utilized his knowledge of Architecture/Construction/Land Acquisition to help other folks make informed decisions when purchasing their piece of paradise. Jeff quickly became successful in the real estate business in Southwest Florida, and was most recently honored by RE/MAX International as a member of the Executive Club. This award recognizes agents who exemplify professionalism and provide top quality service. Jeff's past clients have described Jeff as: responsive, accessible, knowledgeable about the market conditions, and always hard working. Jeff's design and development background coupled with his communication skills are a winning combination for a successful and smooth transaction.

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City Of Palms Baseball Events

Spring baseball fans' attention might be focused on jetBlue Park and Hammond Stadium, but the City of Palms Park is hosting players, too.

Minor League players for the Minnesota Twins organization are working out from 8 a.m. to noon on selected dates through March at the City of Palms, which until 2012 was the spring training home of the Boston Red Sox before the team moved to JetBlue. The public can park and watch for free.

During the estimated 15 days the Twins use the City of Palms, 50 to 60 players work out in the stadium and the adjoining practice field as well as the bullpens, batting cages and training room.

"It's extremely helpful for us to get these players on the field as we simply don't have enough space at the Lee County Sports Complex," said Brian Maloney, Florida Operations Coordinator for the Minnesota Twins.

Practice dates are March 22 and 23, with possible additions of March 24, 27 and 28. The City of Palms Park is at 2201 Edison Avenue in Fort Myers.

Fans looking for additional baseball and softball options still can catch part of the 23rd annual Gene Cusic Collegiate Classic, a three-week softball and baseball tournament for Division III schools that runs through March 24.

Spectators can watch at five locations in Fort Myers and Cape Coral. The

event, coordinated by Lee County Parks & Recreation, offers baseball in two Fort Myers locations: Terry Park, 3410 Palm Beach Blvd., and the Lee County Player Development Complex, 4301 Edison Avenue.

Collegiate softball will happen at three locations: Cape Coral Northwest Complex, 1030 N.W. 16th Place; Cape Coral Sports Complex, 1500 Sports Blvd.; and in Fort Myers at the Lee County Sports Complex, 14100 Ben C. Pratt/Six Mile Cypress Parkway, on days when the Twins are not playing there.

The Cusic event annually draws about 6,000 hotel room nights and \$3.8 million in direct visitor spending. Spectators can park and watch for free. For a complete schedule and other information, visit www.leeparks.org/cusic or call 533-7275.*

Fan Appreciation Night At The Everblades

Join your friends from the Sanibel Recreation Center on Friday, March 29 for Fan Appreciation Night at the Florida Everblades. Game time is 7:30 p.m. vs. the Orlando Solar Bears at Germain Arena. Tickets are only \$15 for adults or children for premium seats, \$5 off the regular admission price. Purchase your tickets at the Sanibel Recreation Center by Friday, March 22 and receive a commemorative Sanibel Fit 4 Life

Florida Everblades T-shirt at the game. Also, with each ticket purchase receive an entry into a chance drawing to ride the Zamboni during the game.

Food Drive At Ball Game

Community Cooperative Ministries, Inc. (CCMI) will have a food drive as part of the JetBlue Community Corner program on Thursday, March 28 during the Boston Red Sox night game vs. the Minnesota Twins at JetBlue Park.

This is the third year the Red Sox have held this day-of-game initiative towards continuing outreach efforts with JetBlue to help raise awareness of and support for local community groups.

"We are very grateful to JetBlue and the Red Sox for their continued support of helping to feed the hungry in our area," said Tracey Galloway, CEO of CCMI. "Many of our winter residents will be packing up and heading back up north soon, and this will be the perfect opportunity to drop off their unused nonperishable food items so those less fortunate will not go hungry."

JetBlue is the sponsor of JetBlue Park at Fenway South, the Red Sox's 106-acre Spring Training and Player Development Complex located at 11500 Daniels Parkway in Fort Myers.

A different nonprofit organization occupies a kiosk booth just inside the concourse off Fenway South Drive at

For more information, call the Sanibel Recreation Center at 472-0345 or visit www.mysanibel.com.*

each home game where its volunteers can distribute information to the 11,000 fans that regularly attend Red Sox Spring Training games.

"JetBlue strives to be a part of the communities we serve," said Tracy Morgan, airport manager Fort Myers, JetBlue. "We have proudly served Lee County for more than 12 years, and we are excited about this partnership which will allow us to encourage Red Sox fans to also become engaged in this great community."

Fans are asked to bring nonperishable food items to be dropped off at the community corner kiosk during the March 28 evening game. Gates opens two hours prior to game time.

A wish list of items includes cornbread mix, cereal, peanut butter, packaged cookies and snacks, jelly, flavored rice bags and pasta, spaghetti and sauce, macaroni and cheese, Ramen noodles, Vienna sausages, Spam, canned meats, pop-top cans of vegetables, chili, meats and fruit, as well as pet food and non-food items including handheld can openers, zippered sandwich bags, diapers, bug spray, sun block and travel-size toiletries.

Nonperishable food donations can also be made daily to CCMI's Everyday Cafés and Marketplaces located in Fort Myers at 3429 Martin Luther King Jr. Boulevard or in Cape Coral at 1105 Cultural Park Boulevard.*

Cycling Safety Notes

WHEN SLOWING OR STOPPING, WARN BIKERS BY HOLDING YOUR HAND DOWN, PALM FLAT

Sometimes you don't know when someone is following right behind you. So let's establish a good habit and always signal to warn anyone who may be behind you if you're slowing, turning or stopping. It could help avoid an accident. Let's all be courteous to each other.



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Attention Tennis Players and Fans!

Please save the date for:

The 21st Annual SCCF Tennis Tournament

Saturday and Sunday

April 6 and 7, 2013

Players and Sponsors Courtside Happy Hour - Saturday 5 pm

Dunes Golf & Tennis Club

Sanibel Island, Florida

To register or for more information, please contact
 Tournament Co-Chairs Lisa Cochrane (239-246-8875) or
 Warren Schwab (239-395-8774).

SCCF gratefully acknowledges Barbara Chappell & FineMark National Bank & Trust as our first two lead sponsors to be announced - we are actively seeking more sponsors!

Dunes Women's Golf Association

Dunes Women's Golf Association announced the results for the Friday, March 8 event.

Format: B.O.B.S.

Flight #1

1st	Karen Hendricks	40
2nd	Irmingard Markusch	41
3rd	Anne Frymoyer	44

Flight #2

1st	Grethe Christensen	46
2nd	Betsy Cox	47
3rd	Tanya Hochschild	54

Flight #3

1st	Maureen O'Brien	47
2nd	Mary Donovan	50
T3rd	Pat Wentling	52
T3rd	Wanda Malone	52

Chip-Ins

Pat Wentling

Janice McNeal

Lil Galus

Also completed last week were the DWGA Club Championships. The results were:

Championship Flight – Karen Hendricks over Irmingard Markusch

A Flight – Annie Wainwright over Sharon Hannon

B Flight – Ann MacDonald over Nancy McConnell

C Flight – Carol Broderson over Kenene Weymouth*

Angels Among Us 5K Walk

The 5th annual Cape Harbour fundraiser – Angels Among Us 5K Walk – will be held on Saturday, April 6 at The Pavilion at Cape Harbour.

Proceeds go to support brain tumor research at the Preston Robert Tisch Brain Tumor Center at Duke Medical Center.

Many businesses in the Cape Coral community have helped make each year more successful than the year before. Last year, the fundraiser contributed over \$25,000 to the Duke Medical Center.

Over 43,000 men, women and children are diagnosed with brain tumors each year. However, progress is being made. The money helps with faculty recruitment, purchase of equipment, new glioma treatments for children and adults, vaccines that prolong life and a focus on brain tumor genetics.

The fundraiser on April 6 begins at 8:30 a.m. at The Pavilion at Cape Harbour. There is a \$25 entrance fee (or \$30 at the door). The fee includes a continental breakfast, 5K Walk, silent auction, lunch and a T-shirt.

Make checks payable to Duke University - 13BT and drop-off or mail to Maggie Robison at 5820 Harbour Preserve Circle, Cape Coral, FL 33914. For more information, call 549-5640 or email dsimaggie@aol.com.*

Dunes Men's Golf

The Dunes Golf & Tennis Club announced the Dunes Men's Golf Association event results from Wednesday, March 13.

Format: 4 Man - 2 Best Ball

1st	Sandy Cortopassi	110
	Gary Dutton	
	Dave Jones	
2nd	Jim Bradford	110
	Dave Parmalee	
	John Frymoyer	
	Don Evans	
3rd	Bruce McLaughlin	118
	Don Weymouth	
	Chuck Hogg	
	Dick Hopkins*	

Dunes Mixed Golf

The Dunes Golf & Tennis Club announced the Sunday Mixed Golf results from March 17.

Format: 1 Net Better Scramble Score of the 2 Couples

1st	Jerry Nichols	
	Gay Nichols	
	Jack Chesnut	54
	Fay Chesnut	
2nd	Gordon Rains	
	Maureen Rains	
	Bill Hotchkiss	55
	Valerie Hotchkiss	
3rd	Dod Wainwright	
	Annie Wainwright	
	Marv Seibold	56
	Helen Seibold	
	Closest to the Hole	
	Val Hotchkiss	#2
	Gordon Rains	#9*

From page 20B

Better Record

Everblades Close In On Playoff Spot

With just six games remaining in the regular season, the Florida Everblades started the week in fourth place in the Eastern Conference of the ECHL after winning two of three hard fought games last weekend from South Carolina.

Florida is home again this weekend at Germain Arena facing Cincinnati, a team that already has won their division and clinched a playoff position. The puck drops tonight, Friday, at 7:30 p.m. and Saturday at 7 p.m.

Following the weekend series, the Everblades have four regular season games remaining all against Orlando, two at home and two away.*

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My Stars ★★★★★

FOR WEEK OF MARCH 25, 2013

ARIES (March 21 to April 19)
 Congratulations, Lamb. This is the week to finish your project and then bask in your well-earned approval. (And if you like, you also can say "bah" to all those detractors.)

TAURUS (April 20 to May 20) The bold Bovine could find a new opportunity too intriguing to be ignored. But don't charge into it. Go slowly so you see how things develop as you get more involved.

GEMINI (May 21 to June 20) You might try to soften your stand on that important issue. A little more flexibility actually could get you what you're looking for. A new friend enters the picture midweek.

CANCER (June 21 to July 22) Your inner voice is on the mark when it advises you to tackle that family problem now! The sooner you're able to come to terms with it, the better it will be for everyone.

LEO (July 23 to August 22) Someone reveals important news about a longtime associate. But before you decide how to deal with this information, make sure it's reliable, and not simply self-serving.

VIRGO (August 23 to September 22) Some intensive soul-searching early in the week can help you reach a decision by week's end that should please both you and the other person involved. Good luck.

LIBRA (September 23 to October 22) The possibility of a career change is intriguing. Learn more about what it can offer and what it cannot. Weigh everything carefully. And ask questions.

SCORPIO (October 23 to November 21) Work is your priority this week as you try to make up for lost time. Expect help from someone who cares about you. Things take a welcome turn by the weekend.

SAGITTARIUS (November 22 to December 21) A health problem causes some anxiety early in the week. But prompt medical attention soon eases everyone's concerns. Enjoy an arts-filled weekend.

CAPRICORN (December 22 to January 19) As much as you might resent it, a changing situation could require you to adjust your plans accordingly. The good news: An associate agrees to cooperate.

AQUARIUS (January 20 to February 18) That old problem is finally resolved, just in time for you to take on a new work-related project. This one could be the super door-opener you've been looking for.

PISCES (February 19 to March 20) The early part of the week presents some difficult hurdles. But once you get over them, you can start to focus on matters that are more important to you.

BORN THIS WEEK: You are respected for your honesty and your dedication to doing the right thing, no matter how difficult that might be.

THIS WEEK IN HISTORY

- On March 27, 1905, fingerprint evidence is used for the first time to solve a British murder case. The fingerprint on a cash box was the only clue in the murder of Thomas and Ann Farrow, shopkeepers in South London.
- On March 29, 1929, President Herbert Hoover has a phone installed at his desk in the Oval Office of the White House. It took a while to get the line to Hoover's desk working correctly, and the president complained to aides when his son was unable to get through to the Oval Office phone from an outside line.
- On March 25, 1933, the newly commissioned USS Sequoia becomes the official presidential yacht. Before it was

commissioned as the presidential yacht, the Department of Commerce used the Sequoia as a decoy to catch Prohibition law-breakers.

- On March 28, 1941, workers start clearing hundreds of acres of land near Ypsilanti, Mich., for the construction of the Ford Motor Company's Willow Run plant, which will use Henry Ford's mass-production technology to build B-24 bomber planes for World War II. Willow Run eventually employed more 42,000 people, and by 1944, the plant was producing one plane every hour.

- On March 26, 1950, ever on a witch-hunt, Sen. Joseph McCarthy charges Johns Hopkins University Professor Owen Lattimore with being a top spy for the Soviet Union. Lattimore's career was ruined, even though no evidence ever surfaced to support the charges.

- On March 31, 1968, in a televised speech to the nation, President Lyndon B. Johnson announces a partial halt of bombing missions over North Vietnam and proposes peace talks. At the same time, he also stated that he was sending 13,500 more troops to Vietnam -- and that he would not seek nomination for another term as president.

- On March 30, 1981, President Ronald Reagan is shot in the chest outside a Washington, D.C., hotel by a deranged drifter named John Hinckley Jr. In an impressive feat for a 70-year-old man with a collapsed lung, Reagan walked into George Washington University Hospital under his own power.

STRANGE BUT TRUE

- It was Robert Kennedy who made the following sage observation: "One-fifth of the people are against everything all the time."

- An adult ostrich can reach up to 9 feet in height and weigh upward of 300 pounds.
- The Taj Mahal, a tomb built by Indian Mogul Emperor Shah Jahan in memory of his wife, Mumtaz Mahal, is a UNESCO World Heritage Site and one of the most-visited tourist attractions in the world. It wasn't always so, though; from the time of the building's completion in 1643 until the British occupied the Indian subcontinent, only Muslims were allowed onto the grounds. If any non-Muslim ventured into the forbidden Taj Mahal, he or she was put to death.

- When World War I started, the U.S. Air Force had a grand total of 50 soldiers.

- The frigid island nation of Iceland is, by all accounts, a peaceful place. In the entire history of the country, there has been only one armed robbery.

- When Albert Einstein was 9 years old, he still wasn't able to speak fluently. His parents worried that he might be retarded.

- In 1957, famed crooner Frank Sinatra wrote for a magazine called "Western World" a piece that included the following: "My only deep sorrow is the unrelenting insistence of recording and motion picture companies upon purveying the most brutal, ugly, degenerate, vicious form of expression it has been my displeasure to hear, and naturally I'm referring to the bulk of rock 'n' roll." He goes on to call it "the martial music of every sideburned delinquent on the face of the earth."

- If you're like the average human, your body produces about two quarts of saliva every day.

THOUGHT FOR THE DAY

"Enemies are so stimulating." -- Katharine Hepburn

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SANIBEL 8-BALL POOL LEAGUE 2012-13 Standings through March 11, 2013

Standing	Team Name	Won	Lost
First	Bathroom Magic	184	84
Second	Bunt's Ball Busters	176	92
Third	Sanibel Café	147	121
Fourth	Odd Balls	126	142
Fifth	Island Lifers	114	154
Sixth	Sandycappers	112	156
Seventh	Deep Pockets	111	157
Eighth	Fresh Legion Crew	101	167

March 11 Results

Bunt's Ball Busters	9	Sandycappers	3
Deep Pockets	9	Odd Balls	3
Bathroom Magic	7	Sanibel Café	5
Fresh Legion Crew	7	Island Lifers	5

Sanibel 8-Ball Pool League

Magic Challenge Will Close Season

Bathroom Magic outlasted Sanibel Café 7-5 to hold an eight-game lead as the Sanibel 8-Ball Pool League heads into its last night of play on Monday, March 25. John Earle won three straight for Sanibel Café and Magic's Terry McCullough also went 3-0. Bathroom Magic plays Bunt's Ball Busters next Monday and needs only three wins to clinch the title for the second year.

Island Lifers lost to Fresh Legion Crew 5-7 but still climbed in to fifth place all alone as Sandycappers fell to Bunt's Ball Busters 9-3. Carmen Senese went 3-0 for the Lifers. Chip Gelpi racked up another 3-0 for the Legion Crew, and Dave Doane and Bob Buntrock posted 3-0s for Bunt's Ball Busters.

When one of the coin-op tables malfunctioned, Odd Ball Matt Hall came to the rescue displaying a vast depth of mechanical ability in solving the problem. Unfortunately, his mechanical know-how did not extend to his pool game. Hall lost three straight to George Sell and the Odd Balls were blasted 9-3 by Deep Pockets. Tom Schaner also had a perfect night for Deep Pockets.✱

Airport Reports February Traffic

During the month of February, 827,147 passengers traveled through Southwest Florida International Airport, an increase of 5.8 percent compared to February 2012. Year-to-date, passenger traffic is up 6.5 percent from the same period last year.

The traffic leader in February was Delta, with 172,412 passengers traveling to and from Fort Myers. Rounding out the top five airlines were AirTran (127,360), Southwest (94,781), JetBlue (87,375) and US Airways (83,299).

Southwest Florida International Airport had 8,230 aircraft movements (takeoffs and landings), an increase of 0.9 percent compared to February 2012. Page Field saw 7,670 movements, a 0.7 percent increase from February 2012. In addition, nearly 2.8 million pounds of air freight moved through Southwest Florida International Airport, a decrease of 3.7 percent compared to February 2012.

Southwest Florida International Airport served more than 7.3 million passengers in 2012 and is one of the top 50 U.S. airports for passenger traffic. No ad valorem (property) taxes are used for airport operation or construction.

For more information, log onto www.flylcpa.com.✱

RSW Airport Safety Efforts Recognized

The Federal Aviation Administration (FAA) Southern Region Airports Division has honored Southwest Florida International Airport (RSW) with its 2012 Air Carrier Airport Safety Award. This award is given annually to a commercial airport that has taken actions, instituted programs or otherwise operated in a manner deserving of special recognition for improving airport safety.

The award recognized Southwest Florida International Airport's Safety Management System (SMS) program. The first element was the Safety Risk Management (SRM) tool that creates a quantitative report that shows how SMS risks are being reduced at RSW. The SRM tool keeps all information in one place and creates a one-page model, including photos, to help identify and

mitigate risks. As part of safety assurance, the second tool developed was Safety Alert Bulletins, a communication tool for airport tenants and airlines. Last, an incentive-based program called "Safety Sam" was established to encourage all airport employees to identify and report safety-related hazards.

"The Lee County Port Authority is dedicated to safety and our employees work every day to ensure that Southwest Florida International Airport meets or exceeds the safety requirements and standards set forth by the FAA," said Robert M. Ball, A.A.E., executive director of the Lee County Port Authority.

The FAA's Southern Region Airports Division manages airport planning, environmental, compliance, design and safety for eight southeastern states, Puerto Rico and the U.S. Virgin Islands.

Southwest Florida International Airport served more than 7.3 million passengers in 2012 and is one of the top 50 U.S. airports for passenger traffic.

For more information, log onto www.flylcpa.com.✱

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Portraits In Print

by Jane Vos Hogg



Honeyed History

Often first impressions aren't the ones that linger on for me. For instance, when I think about James Frizzell what comes to mind is that as I was getting into my car to head home

the morning? Here he just pantomimed it... and since theirs was a dairy and poultry farm, whatever he was shoveling was less than savory. "That's when I knew I didn't want to be a farmer. I decided to be a doctor instead."

He worked his way through college, the University of New Hampshire, selling eggs. Then, in 1964, his independent streak made a statement, loud and clear. He bought his own car, a brand new Mustang... it was the first one in the dealer's showroom and it cost \$2,300. When his somewhat shocked father said, "I didn't say you could buy a car," Jim's answer was, "I'm 18. I can do what I want."

After college, still using egg sales to help fund his education, he went to the University of Vermont, then the only state medical school in New England. "I think I have an entrepreneurial streak buried somewhere inside me," he mentioned. I asked what made him think so and that's when he described his big teenage purchase. "I was about 16 when I bought five hives and all the bees from a neighbor for \$100. They say we learn from our mistakes but I'm not sure I did. My family thought the hives were too close to the house so I took an unused chicken coop and moved it way far away to relocate them. Lesson learned: bees don't stay re-located. They return to their original homes at their earliest convenience.... theirs, not mine."

Amateur apiarists have a learning

curve... it's slow going. They travel a path strewn with failures. Eventually his first bee colonies petered out but what remained was his admiration for these fascinating creatures. "Bees are the only insect that produce food for humans. And honey never goes bad." Those facts stayed with him only to blossom forth years later.

Med school finished, internship, residency, and now he was a doctor, his specialty gastroenterology. Married, he and his wife settled in Maryland where he enjoyed a thriving medical practice for 38 years. Back when it only cost \$79 dollars to fly to Fort Myers they'd often come to Sanibel for a long weekend. Love for the island was growing; he knew eventually he'd retire here. Fifteen years ago they bought their first house on the island and not too long before Hurricane Charley, they bought the place they live in now, near the end of West Gulf.

And that's when the long buried bee idea buzzed again. After Charley, he noticed a palm tree which had fallen and been there for a few years. Hollow inside, it was occupied by bees. They must like the sea grapes, he thought. Slowly he moved towards his next step. He decided to keep bees, except this time he wouldn't put the hives too close to the house.

Last year he got his first hive. Lessons learned long ago seem to have paid off. His colony thrived and he was able to capture almost 30 pounds of honey, a process rather like an assembly line production... lengthy but exacting. His animated description of the procedure, beginning with the bee keeper's removal of the frames, slicing off the outer layer of wax and readying it for

the extractor, straining it and finally transferring it to sterilized bottles put me front row center to a bee keeper's passion.

His initial batch was sold here at Huxter's, which incidentally he owns, so his product is appropriately named Huxter's Honey. Clearly a success, once they sold out he got repeated requests for more of the same. Encouraged, he added another three hives to his bee farm last month and expects their honey to be ready for harvesting sometime in May.

Much like a proud parent, he seemed delighted to show me the colonies and describe their inhabitants. He's worried that some of his Italian bees might have gotten mixed in with Africanized ones, a concern because, as he explained, "Italians bees are the best... gentle ...and they produce more honey." That's why he is re-queening with new queens from California. At this point he looked past the hives, out across the gulf beyond and said, "my bees have a great view, and there are sea grapes all around."

When this apiarist isn't tending his hives you might find him at the Sanibel Historic Museum and Village. A board member, both he and his wife are also active docents. What does he like most about being up there? "I'm happy doing tours and working on things I enjoy. Focusing on a specific project and seeing it through to its completion is particularly gratifying."

My "Where will you be in 10 years?" got an immediate answer - "Right here in Sanibel." That's a sweet thought.*

he told me a joke. He barely knew me... how could he even know what I might find humorous? Surely he didn't do it to make me feel at ease... after all, we'd been sitting, talking for a good hour by then. The simple fact is that he's a mellow mix of the unlikely.

Born and raised on a farm in rural New Hampshire, his family members been farmers all the way back to the 1600s. Jim was the youngest in the family... first there were three girls, next his brother and then, when his mom was 40, he came along. "I think I was an afterthought," he explained.

When he was a 5th grader his dad told him he was old enough to help out around the place. "Just set your alarm for 5 o'clock tomorrow," he was told. "Back then when your father said jump you said, how high," he explained. And what was the first chore he was given in

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Dr. Dave

Awe, Nuts



by Dr. Dave Hepburn

On rare occasions, when I find that my pantry is low on the essential food groups such as Cocoa Puffs, Snickers and Dr. Pepper, I go grocery shopping.

Not one to linger too long in the tofu and wheat germ aisle, I slink over to the bulk food section, salivating fondly over these massive barrels of massive calories. When it comes to the cases of nuts, admittedly, I am a bit of a nutcase. I scoop up a large mixture of nuts, flick aside the ugly Brazil nuts, flick in a few more cashews and make for my pantry. But I happen to have two teenage sons/squirrels nesting in my home. By the time I get around to treating myself, I notice that all of the cashews have mysteriously fallen out of the bag. My "Keep your hands off my nuts!" command does nothing but garner snickers, which as I mentioned is, in fact, one of the more essential and lovely food groups. Returning later, the almonds have been selectively extricated and are gone. Finally, the walnuts are freed from the mix, leaving me with nothing but a bag of filberts and salt. This drives me... exactly.

Nuts, though unquestionably chock full of fat, just might be the healthiest snack in your cupboard.

Almonds – A handful of almonds a day will keep the cardiovascular surgeon away. The lowering of LDL cholesterol, known as the mother of all evil cholesterol, is essential for routine heart pump maintenance. In fact, in those who are at risk of heart disease, the aggressive

lowering of LDL cholesterol is necessary. According to the nutty professors at Harvard who study these things, a daily handful of almonds can lower LDL cholesterol enough to reduce cardiovascular disease by a whopping 20 percent! In some cases, a handful of almonds may be used instead of cholesterol-lowering medication. Almonds are also rich in folate, a vitamin important in keeping hearts, fetuses, bone and brain healthy.

Cashew – Gesundheit. These luxurious nuts are nothing to sneeze at. Cashews are rich in selenium, a mineral shown to protect against prostate cancer. (This being the case, my sons should have the healthiest prostates south of Spitzbergen.) Cashews, like most nuts, are best eaten unsalted and raw while the oil is fresh. Like almonds, these nuts are loaded in monounsaturated fats, which is good fat. If "good fat" makes as much sense as "slumber party" or "cat owner," realize that, like good cholesterol, unsaturated fat acts biochemically to reduce the risk of cancers and coronaries.

Walnuts – Rich in omega 3 fatty acids, walnuts are, like fish, beneficial in lowering cholesterol. They are also rich in arginine, an amino acid important in the synthesis of nitric oxide, which helps relax tense blood vessels.

Pistachios – These nuts have been known to cause an unfortunate disease known in the medical field as Pistachio Nail. Wrestling vigorously to get at a pistachio may cause scrapes under the tender thumbnail skin, which when further irritated with salt will cause its victim to insert the injured thumb deep into the mouth. Sucking vigorously at the thumb, the victim is often seen simultaneously sifting through the bag for easier pistachios.

Peanuts – Peanuts are not your normal nut. In fact, peanuts are no more a nut case than Michael Jackson isn't. They are legumes. But as we can salt them, roast them and sell them in the bulk food containers, let's consider them nuts. The

average child will eat 1,500 peanut butter sandwiches by the time they graduate from high school. This is not necessarily bad as peanuts are high in fiber, niacin and a powerful antioxidant called resveratrol, the same flavanol that gives red wine its reputation as a protector of hearts. Same benefit, less hangover at recess.

So as I sit here with my bag of filberts and salt, my everlasting-prostate sons are fully sated. While a corn doodle or other empty carb snack leaves the snacker hun-

gry again in 30 minutes, a handful of nuts satisfies hunger pangs for several hours. Nut snackers actually eat less, lose weight and have less diabetes. Satisfying, fat, tasty and highly nut-ricious.

Dr. Dave's book *The Doctor is In(sane) is now available for those with a sense of humor and half a sense of health. Pick up a copy at Sanibel Island Bookshop. Contact Dr. Dave or read more at www.wisequacks.org.*✱



The complete Henderson Collection by designer Lecil Henderson will be a part of Lily & Co. Jeweler's Easter Eggstravaganza

From page 19B

Open House

Dan Schuyler. "All of Henderson's pieces are handcrafted in Italy with his signature Italian upscale, fashionable design."

Cocktails will be served during the reception on Friday and Danny Morgan will provide live entertainment. An open house will be held Saturday.

The Henderson Collection designs merge old-world craftsmanship with new-world technology.

During high school and college, Henderson studied under his father, an account executive for a successful jewelry design firm. Following graduation, he joined the company full time and created an Italian import division. Soon he ventured to Europe to study under master artisans.

Henderson's Venetian Collection showcases diamonds and gemstones set in satin, polished or matte gold adorned with 18-karat yellow, white and rose gold. The black gold pieces are especially popular.✱

Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days on Market
Walden's Riviera Estates	Fort Myers	1989	5,781	2,249,500	1,900,000	78
St. Charles Harbour	Fort Myers	1998	7,147	1,995,000	1,575,000	772
Harbour Preserve	Cape Coral	2003	5,035	1,950,000	1,560,000	126
Palm Acres First Addition	Fort Myers	1995	4,690	1,495,000	1,249,000	97
Unit 6 Part 3	Cape Coral	1974	2,252	899,900	870,000	14
Gulfhaven	St. James City	1995	2,743	890,000	850,000	2
Riverside Yacht Club	Fort Myers	1996	2,622	869,900	805,000	59
No Subdivision	Cape Coral	1996	2,256	730,000	595,000	69
Metes and Bounds	Sanibel	1979	3,043	789,000	710,000	95
Sandpiper Village	Fort Myers Beach	1986	3,725	659,000	574,000	93

Courtesy of Royal Shell Real Estate

Superior Interiors

Shake Things Up

by Jeanie Tinch



No matter how long you've lived in your home, it's always fun to shake things up a little bit – and what better time to think about giving one, two or even three rooms in your home a

brand new makeover? A fresh new look will definitely have a positive impact on every single person who lives in your home. Just think about the enjoyment you would derive by sharing something new for your friends, family and guests to admire!

Here are just a few ideas to help you get started on your makeover:

Color Your World – If you're living in an all white or beige world, than nothing will spark your room's makeover faster than color. Perhaps its just one simple accent wall painted a dramatic and exciting color. Maybe a new piece of art will find a new home over your fireplace mantle, adding color and spice to your family room. Replacing a worn area rug that's seen better days with a new textured multi-colored area rug might "fit the bill" perfectly. Nothing adds more instantaneous drama and pizzazz to you room's entire decor more than color.

Rearrange – Although new furniture definitely gives any home an instant face lift, often times, it's not something new you crave but perhaps simply a new furniture "arrangement plan." Have you consider transferring pieces from one room to another? Have you tried angling your larger furniture pieces? Have you considered adding a new accent table or two? Maybe reupholstering that chair or sofa will do the trick. Often time, small changes can make the biggest impact.

Lighting – Unfortunately, improper and inadequate room lighting is very common. Few things can rekindle our spirits on a gray, rainy or snowy day like a home's interior bathed in warm light. In fact, good artificial lighting is known to have such a positive effect on one's moods that some consider it preventive medicine. When developing a lighting plan, you first need to take stock of what types of activities you enjoy in each of the rooms that you're consider making over. Then, call in a professional decorator to help determine the best lighting plan to accommodate your activities.

So, if a few rooms in your home are crying for a facelift, then there's no better time than now to begin the process. You, your family and your home will definitely benefit from a brand new look!

Jeanie Tinch is an interior designer on Sanibel/Captiva Islands. She can be reached at jeanie@decden.net.

Four Things You Should Never Do To Your Home

by Bryan Hayes



1. Work On Your Own Plumbing – First off, because I absolutely hate plumbing work, I can work on a/c and electrical all day long... but ask me to change the smallest little

plumbing thing and I'm at the hardware store 15 times before I even start. Not to mention the disaster that could result. Trust me, it's cheaper to hire a plumber.

2. Don't Do Your Own Electrical – This might sound like it's self serving, but think about it this way. Think about what you do or did for a living. Now imagine the average person trying to do what you did... let's say you where a boat mechanic. Would you go out on a boat that the Average Joe repaired, with little or no experience? Again, it's usually always better and safer to hire the right professional.

3. Don't Do Your Own A/C Repair – Please change your filters, but when it comes to the rest, see 1 and 2 above.

4. Don't Leave Your Home For More Than A Day Without Turning The Water

Off – If you are going away, turn your water off. The damage that can result from leaking pipes is incredible. I was at a home that the occupants had left for a long weekend, a pipe had burst in the third floor, the damage to this home looked like a bomb went off.

But please, for the sake of your family, check your smoke detectors on a monthly basis. Smoke detectors save lives, but only when they are working. A good way to remember is check them every time you pay your electrical bill.

Bryan Hayes is a Sanibel air conditioning contractor. He also owns, with his brother Todd, an electrical business on Sanibel. He can be reached at Bryan@Sanibelair.com.

NARFE Meeting

The NARFE (National Active and Retired Federal Employees Association), South Lee County Chapter #1263, will meet on Thursday, March 21 at 11:30 a.m. at Famous Dave's Barbeque, 12148 South Cleveland Avenue in Fort Myers. For additional information, call 482-6713.*

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Will Power

Documenting Your Intent



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Most of the time our wills and trusts aren't controversial, or at least we don't think that they are. We might leave amounts either outright or in trust for our surviving spouse and then when we're both gone it all goes equally to our children.

But sometimes, it isn't so straightforward. We might be in a second marriage situation. In that case, we could decide to leave amounts in trust for our surviving spouse and then when he or she dies the remainder of what is left is destined to be distributed to our children. But every dollar that the surviving spouse spends is one less dollar that our children will one day inherit. Because he or she has only a step-relationship to our biological children, things could get a little testy when it comes to our money and assets.

Another instance is where we want to disinherit a child or other loved one. Perhaps the child has had alcohol or drug dependency problems that leave us afraid that when we die the child will squander their inheritance on booze or illegal substances. Or perhaps there has been

a dispute in the family that has become irreparable. You'd rather leave the inheritance to the ones that you share a close relationship with, or skip the child entirely in favor of the grandchildren.

When we have more delicate interpersonal relationships that are going to affect our estate planning, it is imperative that we get the intent documented. It might be written inside of the will or trust itself, including the reasoning behind the bequests or lack of bequests. Or sometimes, it will make sense to write a separate letter explaining why we are choosing to do what we do.

Absent a clear narrative of our intent, others might try to fill in the gaps after our deaths as to why we did what we did. They could claim that we weren't in our right mind when we left such large amounts to our second spouse, or wrote the child out of the document.

Another popular challenge to a will or trust is the claim of undue influence. The complaining party could file a court action declaring that absent the influence of a party who otherwise benefited from our action, then we wouldn't have written the will or trust that way that we did.

Aside from worrying about challenges to the legal documents themselves, we have to guard against challenges to the

way that our wills or trusts are administered following our passing. Allow me to explain by example.

Suppose that Bob leaves amounts in trust for his second wife, Mary. Mary is to receive the income from the trust for the remainder of her life, and she can take principal from the trust if the income is insufficient for her health, maintenance and support.

Suppose that Mary needs a new car. She withdraws amounts from the trust to pay for it. What if one of Bob's children challenges the withdrawal? The child says that Mary could have bought a less expensive model or even a used car. This would have preserved more of the trust for the children to inherit once Mary dies. What happens now?

Imagine that Bob included language in his trust that says this: "During Mary's lifetime, Mary shall be the primary beneficiary and her needs should be first considered notwithstanding the effect that it may have on the inheritance of my children." Doesn't that kind of language strengthen Mary's position?

Now instead, let's add a scenario where Mary has plenty of her own assets. Bob still wants the trust to pay her income, but she should only invade the principal if she doesn't have sufficient assets of her own. Now Bob's trust reads: "During Mary's lifetime, the Trustee shall pay Mary the income from my trust. The trustee may also pay Mary from the principal of my trust for her health, maintenance and support, but in so doing, the

Trustee shall first consider Mary's other assets, income and resources available to her for such purposes."

Do you see how the two different provisions give all of the parties more clear direction on what Bob wants the trust to pay for and what Bob doesn't want the trust to pay for? Can you also see how each one of the provisions gives more specific direction than a generic clause that says: "pay Mary the income and principal that she needs for her health, maintenance and support."?

Statements of intent go a long way to not only thwarting a challenge to your estate planning documents in their creation, but also in providing clear direction to your loved ones which should result in warding off conflict between them.

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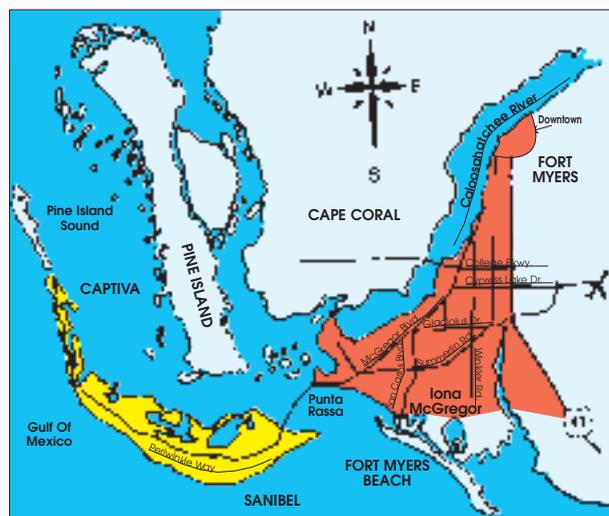
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School Smart



by Shelley M. Greggs, NCSP

Dear Readers, Every so often, I come across some reviews of free and/or low cost apps that seem to provide great learning opportunities and instructional

activities for children. I have read several reviews lately and would like to share them with you.

E-school News has recommended several new apps for children both in elementary grades and in the upper grades as well and can benefit all students, no matter their grade level. Text-to-speech, a feature on most new computers and tablets, is an excellent way for students to increase their reading and writing skills. As we know, some students learn better by listening. Often they can benefit from the text-to-speech feature found on most computers to have certain books or other information read to them. Text-to-speech is also an excellent way for students to edit and proofread their written work. It's amazing what the spoken word reveals even though one has used a spell and grammar check. I always encourage my students to use this feature before they submit something to me. Unfortunately, there are a few limitations with the built-

in text to speech systems on most computers. Typically, they do not provide a seamless reading experience and it is difficult to pause or move around to different parts of a text.

A new app that is allowing students to experience a more effective way to access text is Dream Reader – Text To Speech. It works with Apple devices including the iPhone, iPad and iPod and offers some customizable features as well. It is recommended for all students, however, it costs \$4.99.

Two more great math apps both for all students were recommended by e-school news. They are iSolvelt: MathScaled; iSolvelt: MathSquared. These apps are research based and have been developed by CAST, a non-profit research and development organization that works to expand educational opportunities for all individuals through Universal Design For Learning. These two research-based educational games teach essential math reasoning and problem-solving skills. The apps are presented in a puzzle-like format. Some of the skills they address include finding patterns or functions, creating models, working with variables, and making predictions. The puzzles are not tied to any particular curriculum or content, so they can be used at different grade levels and ages. Both of these apps are free and can be found in iTunes.

Being able to recognize and respond to facial emotions and cues is key in making friends and developing strong social skills. Some special needs children and other children who have difficulty with

social cues often struggle in interpreting these non-verbal messages. Here is one app that teaches children how to recognize facial features and emotions. This app is called Touch And Learn – Emotions, it's for Apple devices and it's free. Kids play by looking at four photos and then touching the photo of a person showing a specific emotion. Selecting which emotions are shown, adding personal photos and determining whether the requested emotion is spoken as well as displayed in writing can customize this app for any unique needs.

I think most students could benefit from these apps and I encourage you to explore them with your children.

*Ms. Greggs is adjunct faculty at Edison State College where she teaches psychology and education courses. She is also Nationally Certified School Psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.**

From page 1B

Tourism

Suites Fort Myers. The tourism council is an advisory board to the county commission and works to promote business in the off-season.*

Edison State Scholarship Application

Edison State College scholarships are now available for the 2013-14 school year. Applications will be accepted online through June 1. Edison offers a variety of scholarships based on need, merit and other criteria listed for each opportunity.

To receive details on the criteria and how to apply for the Edison State College scholarships, visit www.edison.edu/financialaid/scholarships/apply/index.php. By completing one online scholarship application, students will be considered for all available Edison State College scholarships.

"We want to encourage students to pursue their professional goals by offering assistance when possible with financial scholarships," said Dr. Christine Davis, Vice President, Student Affairs and Enrollment Management, Edison State College. "Edison State College gave out \$1.2 million last year in scholarships from Edison State College Foundation to help students get the education they need to be leaders and professionals in our community."

In addition to the online scholarship application, students are encouraged to submit the 2013-14 FAFSA (Free Application for Federal Student Aid) by

the college's May 1 priority deadline. The application can be found online at www.fafsa.ed.gov and is required to be considered for need-based scholarships, as well as other Federal and State aid. The information contained in the FAFSA will not affect a student's eligibility for merit-based scholarships.

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Top Agents For February



David Schuldenfrei



Jason Lomano



John Nicholson



Glenn Carretta



Karen Bell



Mary Lou Bailey

VIP Realty Group announced the top agents and sales teams for the month of February.

David Schuldenfrei was recognized as top sales agent.

Lomano, Nicholson & Associates were recognized as top sales team.

Glenn Carretta was recognized as top listing agent.

The Karen Bell Team was recognized as top producing team and top listing team.

Mary Lou Bailey was recognized as top producing agent.✪

Nasworthy Joins Edison Bank

Robbie B. Roepstorff, president of Edison National Bank/Bank of the Islands, announced that Susan Nasworthy has joined the banking staff as senior vice president, retail administrator.

"Susan will make great contributions to the bank's retail operations," said Roepstorff. "She has 33 years' of banking experience in Lee County, which is invaluable in understanding what our customers want in their banking relationships. Susan will help ensure the highest level of customer service in all four Edison/Bank of the Islands' offices."

Nasworthy will oversee the bank's customer service representatives, tellers, concierges and office managers.✪



Susan Nasworthy

February Top Producers



Mike McMurray and Trevor Nette

Royal Shell Real Estate recognizes their top producers for the month of February.

Top Listing Producers – Team: Mike McMurray and Trevor Nette

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Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

We recently moved to be closer to our son and his family. All is fine except that the medical care is dreadful.

Where we lived before, if we needed to see a doctor, we would call the office and make an appointment with his secretary – but not here. We are supposed to consider ourselves very special that the doctor would even take us as patients. When we call, it is always on answering. We are confronted with his telephone menu: punch this, press that, leave your name and address, date of birth, social security number and home phone number, and the office will return the call at their earliest convenience. If it is an emergency, call 911 or go to the nearest hospital. Sometimes they are too busy, and after the non-medically trained secretary evaluates the call, you may have to wait

three days for a return call.

For many years, we were surrounded with the availability of good medical care but we didn't need it, and now, when we are in our senior years and may need some care, we find this situation. It is very disturbing. Please comment.

Carolyn

Dear Carolyn,

I sympathize with you. I always find my need for calling never really fits into the neat options. So I end up either pushing or pressing or mashing (yes, living in the south, one recording directed callers to mash the different options) zero, or yelling into the phone.

Medical offices, as well as all other offices, seem to have gone to answering systems to better route calls in the name of business efficiency.

I think a physician is as good as the nurses and office staff she/he has around. What good is a wonderful physician if he/she does not get the messages? How good is health care if you cannot reach the physician in a reasonable time?

Talk with your physician about your concerns and try to work around the system. If this is not possible, look around for other options.

Pryce

Dear Carolyn,

Apparently, this is happening all over. The patient is no longer the one to be considered; they must always adjust to the routine of a professional office. The canned answering is very frustrating, and I feel exactly the same way you do. I try to remember times past, then think of the marvels of modern medicine, and I guess the 10 minutes – when you finally get to the doctor – is better than an hour of just talk in the past.

Lizzie

Lizzie and Pryce's email address is momandmeaging@hotmail.com.*

Night For Life Buffet Dinner, Show & Auctions

On Monday, April 1 from 5 to 9 p.m., the annual fundraiser, Night For Life, will be held at the Broadway Palm Dinner Theater in Fort Myers. The event is sponsored by the Organ Transplant Recipients of Southwest Florida, Inc. to benefit local organ transplant patients and those on the transplant waiting list.

Entertainment for this year's event will feature Broadway Palms' performers from *The Sound of Music* and *The Calendar Girls*.

Tickets are \$35, \$50 for VIP Seating and includes a buffet dinner, entertainment, and the very popular silent and Chinese auctions. Bid on original art, jewelry, golf packages, boat trips, vacations, dinners, services, unique gifts and more.

Auctions begin at 5 p.m.; buffet dinner at 5:30 p.m. Ask about table sponsorships. There is also available a \$10 ticket which includes the entertainment and auctions but not the buffet dinner.

This event raises money for the Fletcher Trust Fund, which was established in 2004 to assist transplant recipients and those who are waiting for transplants in Southwest Florida. An average of 18 people die each day in the U.S. due to a lack of available organs and tis-

sue donors.

For tickets and information, call 440-223-2662 or 768-1814. If you are interested in learning more about this nonprofit organization, contact swmson@embarqmail.com. For additional information, visit www.organsupport.org.*

Shell Point Informational Meetings

Residents of Southwest Florida who would like to learn about resort style retirement options and lifecare are invited to attend one of several informational meetings at Shell Point Retirement Community. One of Shell Point's experienced retirement counselors will explain the numerous benefits of becoming a Shell Point resident.

The informational meetings will be held at 10 a.m. on the following dates in the main Commons located in The Woodlands neighborhood at Shell Point:

- April 3, 9, 17 and 23
- May 1, 7, 15, 21 and 29

A brief presentation will be given on the benefits of lifecare at Shell Point during the casually-structured meeting, where guests will learn about the numerous retirement options available at Shell

continued on page 36B

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dearPharmacist

A Laxative That Works At Both Ends



by Suzy Cohen, RPh

Dear Pharmacist: I heard you recommend a drug called Lactulose as a laxative, but you said it helped with brain fog, too. How can it work at both ends?

JC, Decatur, Illinois

encephalopathy). Start with a low dosage and gradually increase, if needed. A typical dose might be one or two tablespoons by mouth every day, but again, you can go up or down from there, depending on what your doctor says is right for you. Lactulose can cause severe dehydration and depletion of electrolytes which can affect the heart so a trace mineral supplement (taken 60 minutes or more away from the Lactulose) may be needed, especially magnesium which runs the heart. Drink water during the day.

Once you take a dose of Lactulose, the sugar molecules (which never get digested, so don't worry if you have diabetes) get broken down by the bacteria that live in the lower part of your gut. Probiotics are needed to metabolize Lactulose. In fact, if you had a healthy probiotic stash, you probably wouldn't have constipation to begin with. But anyway, the probiotics in your colon digest the Lactulose and produce compounds that cause a little more acidity in your lower bowel (you want that, it has nothing to do with acid reflux, so don't worry). As a result, more water is retained in your bowel, and thus more water in your stools. It softens them, making them easier to pass. Lactulose is particularly helpful for people in nursing homes. It takes a few days to begin working.

Lactulose helps draw ammonia out of the body, which can become elevated in people with liver cirrhosis as well as Lyme disease patients. True story, you didn't know? The Lyme germ (from tick bites) can raise ammonia in the brain,

which then causes astrocyte swelling, and that triggers nasty neurological symptoms such as mild encephalopathy, brain fog, lightheadedness, fatigue, body pain, confusion, visual disturbances and altered sense perception. There are more specific ways to treat this, the topic of a future column.

The drug valproic acid may increase ammonia and lactulose helps. Inborn errors of metabolism increase ammonia. Usually, the condition requires intravenous drug treatment but in mild cases, a prescription for lactulose solution is pretty common along with a protein-restricted diet.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.dearpharmacist.com.

From page 35B

Shell Point Meetings

Point. Included in the visit is a tour of two of the three neighborhoods – The Island and The Woodlands – where guests will receive information on the many amenities that are available to residents at Shell Point.

Admission to these informative sessions is free; however, seating is limited, so reservations are required and may be made by calling Maureen Thomson at 466-1131 or 1-800-780-1131.

Got A Problem? Dr. Connie Is In

by Constance Clancy

The Paradox Of Our Aging Process



We have bigger houses, but smaller families; more conveniences, but less time.

We have more degrees, but less sense; more knowledge, but less judgment.

More experts, but more problems;

more medicines, but less healthiness;

We've been all the way to the moon and back, but have trouble crossing the street to meet the new neighbor.

We built more computer to hold more information to produced more copies than ever, but have less communication; we have become long on quantity, but short on quality.

These are times of fast foods, but slow digestion; tall man, but short character; steep profits but shallow relationships. It's a time when there is much in the window, but nothing in the room.

– His Holiness the 14th Dalai Lama

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Eden Energy Medicine

Feeling Faint Or Disconnected – Let’s Hook-Up



by Karen L. Semmelman, Certified EEM, JD, AAML

Are there times when you feel disconnected from yourself or others; feel spacey, dizzy or faint; have a feeling of losing it; have a need

for calmness; just experienced a sudden shock or change in your system; or perhaps feel uncoordinated? If so, try the exercise Hook-up. It is part of the Five Minute Routine. There are two meridians (defined energetic pathways) that circle our core, one called the Central Meridian, which begins at the pelvic area, runs up the front of the body, ending deep in the throat at the level of the bottom lip; and the second called Governing Meridian, which begins at the base of your tailbone, runs up the spine, over the head, ending deep in the back of your throat in line with the top lip. These two meridians act as an energetic casing, bridging the energies between front and back, head and torso, and send energy to all the other energetic systems of the body. Thus, when you connect the two, you are literally creating an immediate neurological boost and centering yourself. Central and Governing Meridians have dual roles, also serving as Radiant Circuits (an energetic system with very subtle energy flows that enhance all other energy systems, are highly responsive to our thoughts and serve as our joy juice of life. By activating this system, feelings of joy, gratitude and peace are increased).

As you begin working with your energies, some techniques will have greater impact than others, but in combination, the energy fields will be strengthened and balanced, resulting in greater stamina, vitality and overall health. There is no limit to the amount of times to do an exercise, so do it as often as a need is felt.

Learning the Hook-up technique is easy. Place the middle finger of one hand on the “third eye” (between the eyebrows and bridge of the nose) and the middle finger of the other hand in your navel. Press both middle fingers into the skin and gently pull upwards, holding up to 30 seconds (or longer if it feels good). If you experience a yawn, sigh and take a deep breath; you know your energies just connected. Another method to Hook-

up which helps to balance hormones (a quick remedy when you are feeling overwhelmed) is to hold the third eye point and the power point at the base of your skull (bend your neck back slightly, place your middle finger in the recessed space at the center base of the skull). Hold up to 30 seconds.

Have fun with your energy. Send me your questions. Next week’s topic is Taking on Others’ Stuff? – Let’s Zip-up.

*If you have a questions for Karen, email her at ksemmelmanenergy@gmail.com. Learn more at www.sem-melmanenergy.com. EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.**

Eden Energy Medicine Courses Offered At Community House

Karen L. Semmelman, certified Eden Energy Medicine practitioner, matrimonial and trial lawyer for more than 30 years, Reiki and radionics practitioner, believer in quantum physics and owner of Semmelman Energy Center, is offering Eden Energy Medicine introductory 101 and 102 courses at The Community House on Sanibel. Learn the basics of self-care and healing with Eden Energy Medicine in this fun, interactive and useful class.

Donna Eden, who developed the protocols used in the practice of Eden Energy Medicine, will show that techniques from ancient healing and spiritual traditions make powerful contributions to contemporary health care.

The particular type of basic Eden Energy Medicine (EEM) that Semmelman practices is that if energy is clogged, blocked or trapped, then one can expect pain, discomfort or disease that results. By unclogging the blockage, the healing commences on the energetic level.

continued on page 38B



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- Do your eyelids close while you are reading?
- When you play tennis, do you have trouble serving?
- Do your eyelids feel heavy?



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Ribbon cutting ceremony at the Harlem Heights Improvement Association's food pantry

Ribbon Cutting At Food Pantry

On March 9, the Harlem Heights Improvement Association in South Fort Myers held a ribbon cutting ceremony to open the expansion of their food pantry. The pantry has been expanded from 400 square feet to encompass 2,400 square feet. It will be operated as a Choice Food Pantry, which allows clients to choose food for

their families in lieu of being handed a bag of food.

Fr. Joe Clifford and Fr. Pat Boyhan from St. Columbkille Catholic Church, Rev. Dr. John Adler from Iona Hope Episcopal Church and Pastor Mobley from Mount Pleasant Baptist Church gave blessings for the people who come to the pantry, those who volunteer, the donors, the board members, the Harlem Heights community and the building. Duera Mae Everett who died in November 2012 and was one of the original founders of the

Harlem Heights Improvement Association was also honored. DJ Domingo provided music and lunch was prepared and served by community residents and other volunteers. There were approximately 250 people in attendance.

The food pantry is in need of ongoing support to sustain the progress we have made. If you are interested in helping financially, by volunteering or having food collections, contact Miriam Ortiz at 437-8122 or harlemheightsia@gmail.com.*

From page 37B

Eden Energy Medicine

The foundation of EEM is a series of exercises that activate each of the energetic systems. The combination of these exercises is known as the five-minute routine, which assists the body in achieving a state of wellness in balance with one's energetic systems.

Courses 101 and 102 are offered on Saturday and Sunday, April 6 and 7 at The Community House, 2173 Periwinkle Way. Cost is \$125 per course, or \$225 for both courses. To register, send an email to ksemmelmanenergy@gmail.com or visit www.eemmelmanenergy.com. For more information, call 443-786-0472 or email ksemmelmanenergy@gmail.com. (Credits: 6 CEU's for Licensed Massage Therapist and Nurses)*

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- 4 six-ounce mahi-mahi fillets
- 16 fresh okras
- 2 zucchinis, sliced into 1/4-inch rounds
- 2 large yellow squash, sliced into 1/4-inch rounds
- 2 bell peppers, sliced large
- 1 1/2 tablespoons olive oil
- 12 grape tomatoes, for garnish
- 4 sprigs fresh Florida basil, for garnish

Preheat charcoal or gas grill to medium-high. Add all the vegetables to a large mixing bowl. Add the olive oil and seasoning blend to the sliced vegetables and mix lightly until coated. Lightly season the mahi-mahi fillets with salt and pepper. Carefully place the seasoned vegetables and fish on the hot grill. The vegetables should cook rather quickly; keep checking the underside of the vegetables for grill marks. Flip over the vegetables and continue to work the grilling surface by moving the vegetables around to the hot spot for even cooking.

Grill steaks over medium-high heat for 4 minutes per side or until cooked through. The vegetables should have nice char-grill marks on them and the texture should be crisp-tender. Remove the vegetables from the grill as they become your desired doneness.

To serve, arrange an even amount of grilled vegetables on each plate. Add a fish fillet on top of the grilled vegetables. Garnish with grape tomatoes and fresh herbs.

Yields four servings.*



Char-Grilled Florida Mahi-Mahi with Vegetables

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Pets Of The Week

Hello, my name is T-Bone. I'm a male brindle hound mix. I am 7 years young, and if it weren't for a bit gray on my muzzle, you'd think I was a young pup. Do you want low maintenance? I'm your guy. I'm laid back, easy-going, good with other dogs, and so grateful to be let out for a romp and a sniff in the play yard. The sparkle in my eye and the spring in my step are sure to put a smile on your face.

My adoption fee is \$25 during Animal Services' March Madness Adoption Promo. Make a basket and get an extra \$10 off.

My name is Joanie and I'm a 2-year-

old female black-and-white domestic short-hair. I'm wearing a great big heart on my chest, so all you need to do is love me back. I don't just look lovable, I truly am a lap cat who loves to give kisses and be petted. Besides my sweet personality, I have beautiful green eyes and a soft coat.

My adoption fee is \$35 (regularly \$50) during Animal Services' March Madness



T-Bone
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Adoption Promo. Get an extra \$10 off when you make a basket.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour, so you will be able to see if these or any other pets are still available.



Joanie

The shelter is open for adoptions from 11:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee and a bag of Science Diet pet food.

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John Gee & Company

*RS 3/22 BM TFN

SANIBEL OPEN HOUSES POSTED DAILY



VISIT:

SanibelOpenHouses.com

Pfeifer Realty Group
Sanibel Island, FL
239-472-0004

*RS 1/4 BM TFN

REAL ESTATE

MODIFIED MOBILE HOME PERIWINKLE PARK

Affordable year-round or seasonal living on beautiful Sanibel Island! \$49,000. Fleetwood Prowler Regal with addition, vinyl siding and metal roof-over to create nearly 600 sq ft living space. Large living/dining room, den, kitchen, dinette, bathroom with shower stall, study and bedroom with queen bed. Sleeps 7. Beautifully landscaped, private terrace, lots of storage. Motivated seller.

Pictures and details at: <http://www.mhivillage.com/Mobile-Homes/Mobile-Home-For-Sale.php?key=706511>

Call 440-427-1573 or email
elpete7148@gmail.com.

*NS 3/22 CC 4/5



ISABELLA RASI

**HAPPY TO HELP YOU
WITH ALL OF YOUR
REAL ESTATE NEEDS!**

- International Client Base
- 600 Shops Worldwide
- Multi-Lingual Staff



**ISABELLA RASI
(239) 246-4716**

EMAIL

ISABELLARASI@AOL.COM



**1101 Periwinkle Way #105
Sanibel, FL 33957**

*RS 1/4 NC TFN

REAL ESTATE

OPEN HOUSE BEACHVIEW CC

Monday, March 25th 10am - 2pm
657 Birdie View Pt. Sanibel
Beautifully Constructed Custom Built
3 BR/3 BA Pool Home with Office
Only Steps to the Beach
Chuck Bergstrom, 239-209-6500
Island Resident, Realtor
RE/MAX of the Islands

*RS 3/22 BM 3/22

HOUSE FOR SALE

Donax St, Sanibel,
SF 4/2 Home for sale. \$470,000 OBO,
Over 2000 SF, built in 1986.
No pool. ML#201302314
Call for details 239-825-2608.

*NS 3/15 CC TFN

FOR SALE BY OWNER

3BEDROOM/2BATH
POOL HOME
IONA/MCGREGOR AREA
\$169,900
CALL FOR DETAILS
239-565-2155

*NS 3/22 NC 4/5

COMMERCIAL RENTAL

OFFICE / COMMERCIAL SPACE FOR RENT

PALM COURT CENTER
2424 PALM RIDGE ROAD
SANIBEL, Florida
HIGHLY VISIBLE
GROUND FLOOR SPACE
520 SQUARE FEET
MOVE IN CONDITION
IMMEDIATE OCCUPANCY \$750 / MONTH
Landlord pays all common maintenance.
Call 239-472-6543 or 973-726-3213

*NS 3/22 CC TFN

VACATION RENTAL

SANIBEL VACATION RENTAL

Adorable 2 bdrm/1 bath, 1/2 duplex,
East End. Easy walk to beach, Close to
shopping, restaurants. Fully equipped,
newly remodeled, Private deck Seasonal &
monthly rentals. Call Bob 410-913-2234.
foxwatch@comcast.net for pics/info

*NS 3/22 CC TFN

LIGHTHOUSE REALTY

Paul J. Morris, Broker
VACATION RENTALS
PROPERTY MANAGEMENT & SALES
359 Periwinkle Way, Sanibel Island
239-579-0511

*RS 1/4 CC TFN

VACATION RENTAL

ATRIUM CONDO RENTAL

2 bedroom/2 bath updated condo.
Gulf Front, pool & tennis.
Call on this rare offering
Rentals Bi-weekly, monthly or Seasonal
239-633-9396 or DSears2007@aol.com

*RS 2/8 CC 3/29

Island Vacations

Of Sanibel & Captiva
Million \$ Views Await You!

• Cottages • Condos • Homes •
Miles of Beaches & Bike Paths

239-472-7277

1-888-451-7277

*RS 1/4 BM TFN



WE ARE FULLY BOOKED! ARE YOU?

Rental Properties Needed!
Kingfisher Vacations Inc.
www.vacationkingfisher.com
239-472-2100

1633 Periwinkle Way Suite G

*RS 3/22 CC 3/22

VACATION RENTAL

One bedroom furnished Condo in Ft. Myers
River District available April 1; will lease
short term up to 9 months. Rent depending
on length of lease. Non-smoking, no pets.
Great river view. 2875 Palm Beach Blvd.
815-985-9039.

*NS 3/22 CC 3/22

ANNUAL RENTAL

FOR RENT

Community Housing & Resources (CHR)
has apartments for rent to individuals
who work full time on Sanibel.

Rent based on income.

For information call 239-472-1189.

*NS 3/8 CC 8/30

ANNUAL RENTAL

ISLAND EAST END Nice large 1-2 BR's
furnished, ground level, screened lanai,
washer dryer, etc. \$895/\$1,595 seasonal.
239-339-2337; 239-980-3592.

Please leave message if no answer.

*RS 3/22 CC 3/22

★ ★ CLASSIFIEDS ★ ★ CLASSIFIEDS ★ ★

ANNUAL RENTAL

SANIBEL DUPLEX

1 B/R, 1 bath (\$950/mo + elec.) + water
2 B/R, 1 bath (\$1,350/mo + elec.) + water
Tile floors; modern kitchens; screened
porches; fenced side yard; pleasant quiet
area; walk to banks, stores & restaurants.
Waste & sewer incl. Available March 1st.
239-395-8774.

*NS 2/8 CC TFN

ANNUAL RENTAL SANIBEL

2 BD/1 BA- 1/2 Duplex, East End
Walk to Beach. Private deck
tile floors, new kitchen, new central air,
storage shed, all appliances
Clean, bright & modern
\$1,275 + util + water.
Call Bob 410-913-2234
Non Smoking Unit

*RS 3/22 CC TFN

ANNUAL RENTAL

Apartment for lease on Sanibel, Mid Island,
Furnished, 1B/1B \$895. per month.
Call 734-761-7600 ext. 231.

*RS 1/4 CC TFN

RE/MAX OF THE ISLANDS

Putting owners and
tenants together
Call Dustyn Corace
www.remax-oftheislands.com
239-472-2311

*RS 1/4 BM TFN

SERVICES OFFERED

ELIZABETH ZELAYA

Professional Cleaning Service.
Residential Specialist.
Licensed & Insured.
Sanibel & Captiva.
954-279-3122

*RS 3/8 CC 3/22

COMPANION SERVICE

Sanibel-Captiva Care and Companion Service,
LLC Medical appointments, general transportation,
shopping, light meal preparations, and light
cleaning. Our services are customized to meet
our clients needs. Call 239-395-3591, or
for an emergency call 239-472-0556.

*RS 1/4 BM TFN

PUESTA DEL SOL CLEANING SERVICE

Residential * Commercial * Medical * Banks
Local/seasonal references/free estimate
Low prices with free laundry!!
Puestadelsolcleaning.com 239-770-4008
Juliasalazar3@hotmail.com 239-878-4472

*RS 1/4 CC TFN

SERVICES OFFERED

SCARNATO LAWN SERVICE

Lawn Service, Shrubs and Tree Trimming
Weeding, Installation of Plants, Trees and
Mulch (one month free service available)
Joe Scarnato (239) 849-6163
scarnatolawn@aol.com

*NS 1/25 BM TFN

PAINTING GOAT

Professional Painting & Home Maintenance
Free Estimates Sr Discounts
Fully Insured
www.paintinggoat.com
239-271-2919

*RS 3/22 CC 4/12

HOME WATCH SANIBEL

Property Management-Bookkeeping
Call Bob or Sally Island Residents
239-565-7438, sanisal186@gmail.com
WWW.HOMEWATCHSANIBEL.COM

*RS 1/4 CC TFN

HELLE'S CLEANING SERVICES

Residential Cleaning to Satisfaction
Sanibel & Captiva • 239-565-0471
Sanibel Lic. #11412 Lee Co. Lic. #051047

*RS 1/4 PC TFN

HOME/CONDO WATCH CONCIERGE SERVICES

Dorado Property Management
Full Range of Services * Island Resident
* Licensed & Insured * 24/7
Call Lisa or Bruce at 239-472-8875

*RS 1/4 BM TFN

SANIBEL HOME WATCH

Retired Police Captain
Lives on Sanibel
Will Check Your Home Weekly
Very Reasonable Rates
(239) 728-1971

*RS 1/4 BM TFN

LOST AND FOUND

FOUND

Prescription sunglasses found in parking
lot of Limetree Center on Wednesday,
February 27. Claim at Island Sun
newspaper, suite 2 in Limetree Center, or
call 395-1213.

*NS 3/8 NC 3/22

LOST AND FOUND

Lost Ladies Watch
Make: Brighton
Area of Mucky Duck on Captiva Island
Lost on Dec. 10, 2012 around noon
If found call: 941-639-5395

*RS 1/4 NC TFN

AUTO FOR SALE

2007 PONT SOLSTICE CONV

ONE OWNER, ISLAND CAR
7,200 MI, RED BLK. TOP
ALL OPTS. NEW COND.
\$16,995 239-395-8874

*RS 3/22 CC 3/29

1995 MERCEDES SL500 CONVERTIBLE

Only 67k mi. Black with black interior,
hard top included. Well maintained and
serviced. New tires with less than 5k mi.
\$8,500. 239 823-2146.

*NS 3/22 CC 3/29

BOATS - CANOES - KAYAKS

DOCKAGE

Hourly, Daily, Weekly
and Monthly.
Captiva Island 472-5800

*RS 1/4 NC TFN

WANTED TO BUY

CASH PAID FOR MILITARY ITEMS

Cash Paid For Old Military Items.
Medals, Swords, Uniforms,
helmets, old guns, awards & more.
Local Toll Free 1-866-440-3280

*RS 3/15 CC 5/31

FOR SALE

30% Off SALE STORE CLEARANCE!

Large OLD indoor lighting fixtures
Remington Bronzes Whitehead Prints
Rauschenberg Memorabilia SeaShells
Tiny Italian Mosaics Chinese Snoofs
Taxco Mexican Southwester & Peruvian
OLDER 925 Sterling Silver Jewelry
Earrings Rings Bracelets Necklaces
Vast array ONE OF A KIND unqiuties!
Sanibel Consignments
2431 Periwinkle Way
472-5222, www.sanibelauction.com

*RS 3/22 CC TFN



GARAGE • MOVING • YARD SALES

HUGE SALE GARAGE AND INSIDE HOUSE

Saturday, March 23 9AM-1PM
Antiques, Collectables, Furniture,
Electronics, Linens, Jewelry, Clothes,
King Bed, Books, Decorator
and Household Items
3706 West Gulf Drive

*NS 3/22 CC 3/22

INVESTMENT OPPORTUNITY

ATTENTION HOMEOWNERS/REALTORS

Family looking for Owner Financing
on a 3/4 bedroom, 2 bath, 2 car garage
Sanibel Home. Presently renting a home
on Sanibel we are looking to purchase.
If you are interested in offering owner
financing please contact us.
sanibelforme@hotmail.com

*RS 3/1 CC 3/29

INVESTOR

Long time recording production studio
seeks financial backing for upgrade and
expansion. Produced professional audio
for over 25 years, for local and national
musical groups, entertainer's and hundreds
of national commercials for Radio and TV.
Interesting business, excellent return. Look
at my web-site at www.soundcheckstudios.
us call Jim at 239-340-0515.

*NS 3/15 CC 3/22

HELP WANTED

SERVERS ASSISTANT SERVERS LINE COOK

IL Tesoro Ristorante,
751 tarpon Bay Rd. Sanibel
Now hiring; Servers, Assistant Servers
and Line cook Email resumes to:
iltesoro@me.com or fill out
applications between 11-2 daily.

*NS 1/18 NC TFN

CURRENT POSITION NEEDED: HANDYMAN

Must have knowledge of
plumbing, electrical and general repairs.
Must have own truck and tools.
Work will mostly be on Sanibel.
Salary negotiable and
benefits after 90 days.
Call 239-481-2929.

*NS 2/22 CC TFN

CUSTOMER SERVICE/ OUTSIDE SALES

We need you to pamper our customers and
spread the word about our services. Union
Mechanical Inc. 239-437-5595 Knowledge
of construction/contracting a plus.

*NS 2/8 CC TFN

LINE COOK and BUSER POSITIONS AVAILABLE

FRESH TAQUERIA ON SANIBEL
We serve fresh latin fusion cuisine.
We are looking for someone dependable
with a positive attitude. Please come by
the restaurant, 2411 Periwinkle Way,
between 10-11 am or 3-4 pm
anyday except Sunday.

*NS 3/8 CC TFN

EXPERIENCED REALTORS



80/20, No Office Fees
Robert 239-472-3334

*NS 3/1 CC 3/22

HELP WANTED

Volunteers needed for Independence Day
parade on Sanibel. Help needed prior to
and during the parade. Various duties. If
you can help out, call Trish Phillips at 246-
2981 or email trishphillips@mysanibel.com.

*NS 2/22 NC TFN

TO PLACE A CLASSIFIED LOG ONTO:
IslandSunNews.com

CLICK ON

PLACE CLASSIFIED

PAWS

Meet sisters Sanibella and Marvelle, two sweet little girls looking for new homes. PAWS took them in when they were just tiny babies and now they are five and half months old and in need of a forever home. If you can adopt Sanibella and Marvelle, call Pam at PAWS of Sanibel at 472-4823.*



Sanibella



Marvelle

★ ★ CLASSIFIEDS ★ ★ CLASSIFIEDS ★ ★

HELP WANTED

CUSTOMER SERVICE JOB

We are in need of someone to support our vast bicycle rental operation within our boat, bike and golf cart division. The ideal candidate will have experience working on bicycles, such as fixing flats, loose chains and other general maintenance and must also enjoy working outside and in a resort atmosphere.

Additional responsibilities include meeting and greeting guests as they arrive, assisting with the necessary paperwork, coordinating and managing reservations; light computer skills required. The candidate must have a strong work ethic, be punctual, organized and have a terrific customer service mentality and a can-do attitude. Call 954-850-9240 to set up an interview. *NS 3/22 CC 3/22

HELP WANTED

VOLUNTEER OPPORTUNITY

The Sunshine Ambassador Program is a new and exciting volunteer opportunity offered at the Golisano Children's Hospital of Southwest Florida located within HealthPark Medical Center. The Sunshine Ambassadors will greet, assist and be a positive first point of contact for patients, families and visitors entering the hospital. The Ambassadors also make a difference to families by providing educational and healthful resources to assist in GRANDparenting for GRANDchildren.

We are currently seeking year-round volunteers to work one 4-hour shift Monday through Friday from 8:00 am to 12:00 pm or 12:00pm to 4:00 pm.

If you would be interested in learning more about this wonderful new opportunity, please contact Lisa Ellinwood, Volunteer Resources Coordinator at 239-343-5062 at the Golisano Children's Hospital. *NS 2/8 CC TFN

HELP WANTED



3883 Sanibel Captiva Road, Sanibel, FL
Phone: 239-472-3644, ext 1
Fax: 239-472-2334
www.crowclinic.org

HELP US PLEASE!!

We need volunteers for:
Clinic emergency patient admissions desk and baby animal feeders
Visitor education center greeters and gift shop cashiers
CROW - (239) 472-3644, ext. 231 or volunteers@crowclinic.org
*RS 1/4 NC TFN

Island Sun

NEWSPAPER
Sanibel & Captiva Islands

CALLING CARD 239-395-1213

- Emergency 911
- Sanibel Police 472-3111
- Lee County Sheriff's Office 477-1200
- On Call Captiva Deputy 477-1000
- Fire Department
- Sanibel 472-5525
- Captiva 472-9494
- Florida Marine Patrol 332-6966
- Florida Highway Patrol 278-7100
- Poison Control 1-800-282-3171
- Chamber of Commerce 472-1080
- City of Sanibel 472-4135
- Administrative Office 472-3700
- Building Department 472-4555
- Community Housing and Resources 472-1189
- Planning Department 472-4136
- Library
- Sanibel 472-2483
- Captiva 472-2133
- Post Office
- Sanibel 472-1573
- Sanibel (toll free) 800-275-8777
- Captiva 472-1674
- Sanibel Community Association 472-2155
- Senior Center 472-5743
- ARTS
- Arcade Theater 332-4488
- Art League Of Fort Myers 275-3970
- BIG ARTS (Barrier Island Group for the Arts) 395-0900
- Broadway Palm Dinner Theatre 278-4422
- Fort Myers Symphonic Mastersingers 472-0168
- Gulf Coast Symphony 472-6197
- Lee County Alliance for the Arts 939-2787
- Naples Philharmonic 597-1111
- The Herb Strauss Schoolhouse Theater 472-6862
- Sanibel Music Festival 336-7999
- Sanibel-Captiva Art League 472-4258
- S.W. Florida Symphony 418-0996
- CLUBS & ORGANIZATIONS
- ABWA (American Business Women's Assoc.) 565-7872 or 433-7798
- American Legion Post 123 472-9979
- Angel Flight SE 1-877-4AN-ANGEL
- Audubon Society 472-3744
- Sanibel Bike Club sanibelbicycleclub.org
- Community Foundation of Sanibel-Captiva 274-5900
- CROW (Clinic For The Rehabilitation of Wildlife) 472-3644
- FISH of Sanibel (Friends in Service Here) 472-0404
- Sanibel Island Fishing Club 472-8994
- Horticultural Society of the Islands 472-6940
- Horticulture and Tea Society of Sanibel and Captiva 472-8334
- Kiwanis Club 677-7299
- League of Women Voters 472-6689
- Lions Club (Tom Rothman) 395-3248
- Master Gardeners of the Islands 472-6940
- Newcomers 472-9332
- Notre Dame Club of Southwest Florida 768-0417
- Optimist Club 472-0836
- PAWS 472-4823
- Rotary Club 472-7257 or 472-0141
- Sanibel Beautification Inc. 470-2866
- Sanibel-Captiva Orchid Society 472-6940
- Sanibel-Captiva Power Squadron 472-3828
- Sanibel-Captiva Shell Club 395-1770
- Sanibel Youth Soccer 395-2040
- www.sanibelsoccer.org
- The Military Officers Assc. of America (MOAA, Alex MacKenzie) 395-9232
- United Way of Lee County 433-2000
- United Way 211 Helpline (24 hour information line) 211 or 433-3900
- Zonta Club 671-6381
- ISLAND ATTRACTIONS
- Bailey-Matthews Shell Museum 395-2233
- J.N. "Ding" Darling National Wildlife Refuge 472-1100
- Sanibel Historical Museum & Village 472-4648
- SCCF (Sanibel-Captiva Conservation Foundation) 472-2329

To those who are hungry, \$20 is a fortune.

But \$20 can feed a family of four for a week, thanks to the...

Harry Chapin Food Bank!

The Food Bank can acquire \$6 of nutritious food for every \$1 you donate, turning your \$20 into a week's worth of meals for a family of four...

Thank you for your generosity!



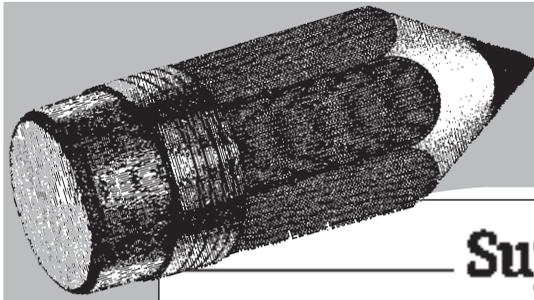
Scan to connect to the Food Bank!

Mail your tax-deductible donation to:
The Harry Chapin Food Bank
3760 Fowler Street, Fort Myers, FL 33901
Call (239) 334-7007
Or donate online at:
www.harrychapinfoodbank.org



Harry Chapin Food Bank





BEACH CHAIR PASTIME

Answers on page 43B

Super Crossword

WILLIAM VII

- ACROSS**
- 1 Designated land for
 - 10 Hawaiian U.S. president
 - 15 Acute
 - 20 Unlawful and taxes?
 - 21 March law
 - 22 One final act
 - 23 Fossiliferous prehistoric gorp around something?
 - 25 Baseballer
 - 26 A. in Arts
 - 27 Sculpture
 - 28 "nature"
 - 29 Mamba and
 - 31 High land
 - 32 Who Said Gay —?
 - 34 Letter of Arabic
 - 37 Lumber
 - 41 — melt
 - 42 Manufactured name
 - 43 Thrill-seeking baby sheep
 - 47 Area
 - 49 Newspaper
 - 50 First that means "step"
 - 51 Carrots
 - 52 Zoroaster's river
 - 55 "saw" (verb)
 - 57 Spiced liqueur
 - 58 Medical activity?
 - 65 Not done
 - 67 At the home
 - 68 See
 - 69 One name
 - 70 From name
 - 71 Waxed
 - 73 Highest greeting
 - 75 Flung
 - 76 Family fight
 - 78 40 of infancy
 - 80 Car number
 - 82 People taking out dated wages?
 - 86 Turn to mush
 - 88 Hammered
 - 89 Pans
 - 90 Began in Syria
 - 92 HDTV
 - 93 Walked
 - 96 SNAPEL
 - 98 Sive fabric
 - 99 Acronym for
 - 101 Stop up
 - 102 "S4" used
 - 106 Portable PC
 - 107 60 elements
 - 108 "S4" used
 - 109 "S4" used
 - 110 By Jacques
 - 114 Simple card game
 - 115 Seal for
 - 116 60 Actors in
 - 117 Knappek of
 - 120 "S4" used
 - 121 Connected
 - 123 They're
 - 124 "S4" used
 - 127 "S4" used
 - 128 "S4" used
 - 129 Acute
 - 130 The "S4" used
 - 131 "S4" used
 - 132 "S4" used
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King Crossword

ACROSS

- 1 Bakery
- 2 Youngster
- 3 Brats
- 4 Austria
- 5 Reverse
- 6 Lake
- 7 Pop
- 8 Sleeper
- 9 Fish
- 10 Lighter
- 11 Enter
- 12 Honorary
- 13 Refrigerator
- 14 Hammer
- 15 Gave a darn
- 16 Flyer
- 17 Creep
- 18 Inventions
- 19 Primate
- 20 Sad
- 21 — &
- 22 Loose
- 23 To and
- 24 I'm a
- 25 by League
- 26 majority
- 27 list of
- 28 options
- 29 Club
- 30 "Hey you"
- 31 Herbie
- 32 Beyond
- 33 Legend
- 34 Unsub
- 35 Pronger
- 36 Partner
- 37 Heede
- 38 Bally
- 39 Carpenter
- 40 Blues
- 41 United
- 42 Japanese
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JOHN NAUMANN & ASSOCIATES

island real estate

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 1451 Middle Gulf Drive
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Islands
 Since 1975

BEACH RD. VILLA

The name, "beach road villas" says it all. Just a short walk or ride to the beach sands of the gulf of Mexico. This east end complex consists of six town homes and their own private pool. The highlights of this home include recently remodeled kitchen and baths featuring stainless appliances, granite counter-tops, new cabinetry and more. Beautiful neutral tile throughout the living area including the lanai. Master suite upstairs includes a private bath, ample closets and a balcony overlooking the tranquil lake. **Offered for \$349,000. Contact Brian Murty 239/565-1272.**



SOMERSET AT THE REEF

Enjoy the great view of the Gulf of Mexico. Beautifully maintained, large property. Glassed in lanai providing additional living area to an already spacious and desirable floor plan. Large master suite and bath, second bath services the den (or 3rd bedroom) and the guest room along with an additional powder room. Available fully furnished and ready for you to move in. **Offered for \$1,225,000.00. Contact Linda Naton 239/691-5024.**



CAPTIVA- DUPLEX

Wonderful Captiva beach-home style mirror image duplex. Great rental history and of course the property offers so many owner options. Bright and clean ready for fun floor plan, contemporary furnished and decorated, fabulous open kitchen with everything at your fingertips. Each side has its own private caged pool and each pool has enough in-pool seating for the whole family plus. Very large family room size loft with huge open air second floor sundeck. First floor screen playroom and Laika Lane beach access. **Offered for \$1,800,000. Contact George Kohlbrenner 239/565-8805.**



DIRECT LAKEFRONT SANCTUARY HOME WITH PANORAMIC SUNSET VIEWS.

With over 3500 sq. ft, this stunning home features four bedrooms, 4 1/2 baths, vaulted ceilings, hardwood floors, gourmet kitchen with granite counters, gas stove, and high end appliances. Master bath opens to private garden and offers 2 oversized walk-in closets. Living room with fireplace, dining room with pass through bar area and wine fridge. Two sets of sliding doors pocket out of the way and open the living/dining area to the oversized screened lanai/patio with fabulous pool and barbecue area. 2 car garage with air conditioned workshop. **Offered for \$1,395,000. Contact Steve Harrell 239/565-1277, Toby Tolp 239/239/848-0433 or Kasey Harrell 239/850-7602.**



789 PYRULA

You will love this inviting 4 bedroom, 3 bath luxury pool home in Beachview Country Club Estates. This home offers a fabulous floor plan with all rooms leading to the bright and open great room with soaring ceilings, built-in entertainment wall and overlooking the large pool and nicely vegetated backyard. Spacious master suite with sitting area, master bath with separate tub/shower and his/her walk-in closets, kitchen with wood cabinets/granite counters, sunny breakfast room, big laundry room and plenty of space for family or guests make this a must see home. Large garages with great extra storage. HUGE patio/pool area makes for a great recreation or entertaining area. Beachview offers deeded beach access, clubhouse, semi-private golf course, tennis, pro-shop and restaurant. **Offered for \$1,160,000. Contact Nancy Finch 239/822-7825.**



"BAY-JAH-VIEW" IS THE EPITOME OF THE CAPTIVA LIFESTYLE.

They say to have a great day on Captiva all you have to do is be there. This handsome, tastefully tropical 3+ Bedroom, 3 bath beach home is a short stroll to the ocean, boasts Bay views and includes all the amenities you expect. Private elevator to all floors, master suite with office, wet bar, personal balcony and bath which resembles a mini spa. A more than spacious ground floor screened playroom seamlessly blends indoors and out with access to a large open to the stars heated pool and spa. Complete privacy and serenity yet just around the corner from all the best the Captiva Village has to offer in dining, shops and entertainment. **Offered for \$1,465,000. Contact George Kohlbrenner 239/565-8805.**



LOGGERHEAD CAY #521

Look no further for the perfect vacation home or investment property! This ground level condo is located in the popular Loggerhead Cay complex and is only one unit back from the beach. Enjoy the sunsets and breathtaking views of the ocean. This 2/2 is tiled throughout and features updated bathrooms. Easy access to the pool and beach through the screened in lanai helps keep the sand and mess to a minimum! **Offered \$559,000. Contact Tracy Walters "Mr. Listr" 239/994-7975 or Connie Walters "Ms Listr" 239/841-4540**



ISABEL DRIVE

This home offers stunning water views from nearly every room. This sprawling bayfront estate home has direct deep water access for large boat. Built with superior strength & handsomely appointed features. Spacious floor plan, over 6,000 sq.ft. Glass elevator, vaulted ceilings, 3 fireplaces, gourmet kitchen with an open plan & breakfast bar, cozy family room with spectacular view. 4 en suite bedrooms, cabana/fitness room. Master Wing includes spa-like bath, jetted tub, rainfall & body sprays w/glass shower enclosure, enormous walk-in closet & private office opening to deck. 3 car garage, plenty of storage & addtl workrooms. Heated free form pool & spa with lush landscaping for utmost privacy. **Offered for \$3,900,000. Contact Debra Hobbs 239/565-0549 or Tracy Walters 239/994-7975.**



TARPON RIVERFRONT ESTATES - A NEIGHBORHOOD RIVERFRONT SUBDIVISION

RARE opportunity to create a legacy property in an Up & Coming Neighborhood. Recreate a part of Fort Myers's history by redeveloping this extremely rare property. The first early 1900s historic home consisting of a single level, plantation style residence with wrap around decking, screened in lanai's & modish pool, stone hearth fireplace, cypress floors, vaulted ceilings, double pane windows, renovated kitchen and a Royal Palm lined entrance. A second two-story residence offers the original restored heart pine floors, galley style kitchen, office, family room & a 'tini' upper deck overlooking expansive grounds to the water. **Offered for \$4,900,000. Contact LeAne Suarez 239/872-1632.**



JONATHAN HARBOUR

Spectacular waterfront lot on Connie Mack Island in Jonathan Harbour with wide open views overlooking Connie Mack Bay, 243+ feet of water frontage. The Best of the Best. Perfect spot to build your dream home and enjoy magnificent sunsets and all that SW Florida has to offer. Very close to Sanibel Island, great restaurants and fun shopping. Jonathan Harbour is a gated community that offers tennis, a community pool and clubhouse. This lot is filled and ready for building. **Offered for \$795,000. Contact Ralph Galietti 239/826-5897 or Cathy Galietti 239/826-5807.**



SANIBEL HARBOUR YACHT CLUB

A lifestyle for the boater! Location, convenience married with luxury makes this dry dockominium ownership hassle free. Sanibel Harbour Yacht Club is located across the bay from Sanibel Island. Like no other, amenities include: valet parking, limo service, sunrise-sunset unlimited boat launching, whole sale pricing, owners lounge, martini bar, gourmet deli, beach area with tiki hut, bbq, 24 hour security, boat wash down and engine flush. **#102- \$50,000. Contact LeAne Suarez 239/872-1632. #159- \$37,000. Contact Tracy Walters 239/994-7975.**



SUNDIAL SPECIAL

I-302

Wonderful views of the Gulf of Mexico from this finely appointed condominium, recently re-done and tastefully furnished, this 1 bedroom, 1 bath condo features new kitchen with solid surface counter tops, raised panel cabinetry, crown molding and up lighting. Featuring diagonal tile flooring in the kitchen, living room/dining room, tiled hallway and baths, double sliding glass doors lead to the large breezy lanai. **Offered for \$489,000. Contact Brian Murty 239/565-1272.**

